

RCAF Station Comox

TOTEM TIMES

VOL. 4

RCAF Station Comox, B.C., Thursday, July 25, 1963

No. 10

Air Commodore Visits Comox Base



On Friday, July 18, 1963, Air Commodore G. G. Rutan, Chief of Operations, Air Force Headquarters, inspected the facilities at RCAF Station Comox. Having two fully operational squadrons on hand, RCAF Station Comox constitutes part of the vital North American defence. The 409 "Nighthawk" Squadron, equipped with the CF 101-B "Voodoos," watches air traffic over the western seaboard, and 407 Maritime Patrol Squadron, furnished with twin engine Neptune's, is on the alert for all nautical activities that might enter Canadian waters. Air Commodore Rutan made an inspection tour of both operational squadrons. In addition to reviewing operational aspects of Station Comox, he attended briefings of 407 and 409 units, and watched a run up of the CF 101-B Voodoos. Above, Air Commodore Rutan, right, is seen prior to his departure conversing with Wing Commander L. H. Croft, left, Officer Commanding of 407 Squadron, and Wing Commander G. Inglis, centre, Commanding Officer of 409 Squadron.

409 Sqn. Deputy CO To Staff College

The Deputy CO of 409 Sqn., S/L Kenneth E. Jackson, will soon be leaving RCAF Station Comox to attend the RCAF Staff College in Toronto.

S/L Jackson (39) joined the RCAF in 1943 and received his pilot wings and commission in 1944. He left the RCAF in 1945 to attend the University of Toronto where he majored in Physical Education. He re-joined the Air Force in 1948 and was stationed at Trenton until 1950, London until 1952 and Centralia until 1954. In 1954 he commenced flying CF-100s and joined 445 Sqn. at Ottawa. In 1956 he accompanied the Sqn. overseas to 1(F) Wing where he was OC of the Wing Instrument Flight. In 1960 he was transferred to 409 Sqn.

S/L Jackson has been an active participant in community, sports and Mess activities during his stay at this station. Every one extends to him, his wife Mary Ann and their two daughters, best wishes and every success during their stay at Toronto and subsequent transfers.



Deadline Next Issue -

Friday, 2 August.

The next issue will be published Thursday, 8 August.

W.O. KOZAK TRANSFERRED

Bill Kozak has received word that he has been transferred to 1 Wing. The "friendly giant" entered the Airforce as a WAG but was washed out because of his height. His friends likened it to trying to put a moose in a birdcage. After remustering to an armourer he went overseas with 432 Sqn. (Halifax's). At the end of the war he was demobilized but after 11 months saw the light and re-listed in his wartime trade.

In 1951 Bill re-mustered to ARMAMENT SYSTEMS and joined 410 Sqn. at St. Hubert, travelling with the squadron to 1 Wing, then in Luffenham, 4 Wing and 1 Wing, Marville.

Since his return to Canada he has served at St. Hubert, 11 T.S.U. Montreal and finally Comox. He has had the rather dubious pleasure of being on 22 stations in 20 years.

Here at Comox Bill has been active in Boy Scouts, Station Band, and the Protestant Chapel as well as acting as P.M.C. of the Sgts. Mess.

His wife was equally active in the Girl Guides and the church.



They have two children - Richard 16, and Sheryl aged 13. Comox is losing the nucleus of their community organization. The Kozak family will certainly be missed. Good luck from us all.

407 Fishing Derby

The OC and a number of other ardent fishermen on 407 Sqn have not been getting their share of salmon so Monday, 29 July will be devoted to a 407 fishing derby.

Prizes will be awarded for:

1. The heaviest salmon.
2. Most salmon by weight.
3. Heaviest other specie of fish.
4. A hidden time prize.
5. Two special prizes.

Entry fee is only 50c and weight-in will be held at the Social Centre 2000 hrs to 2200 hrs.

P.M.Q. Youth Programme

With the help of many parents and P.M.Q. teenagers, a variety of clubs have been started. They include Drama, Soccer, Photo and Junior Leaders. An addition to these clubs has been the Tumbling Club.

COMING SPECIAL EVENTS
The Penny Carnival has been postponed until further notice.

CLUBS

Drama

The Drama Club hopes to put on its first play for Awards Night, August 21. This club is under the leadership of Mr. J. Magee.

Photo

The Youth Photo Club, under LAC Prowse, has been a big

success thus far. On Wednesday, July 24, they will start to develop their own films. So far there are 10 members: 3 girls and 7 boys. More members are welcome. The next meeting will be held at the Rec. Centre, July 24, at 7:30 p.m.

Tumbling

This new club will include all children from the ages of 6 and over. The instructor for this new activity is Frances Leuszler.

Junior Leaders

The Junior Leaders held a Car Wash, July 13, which netted them \$31.68.

To show our appreciation for their hard work we have planned for them a Crash Boat ride

and beach party. A camping trip to Fry Lake for the Junior Leader boys is another way for us to say "Thanks".

NEW PROGRAM FOR PRE-TEENERS

The staff has reevaluated the program for the pre-teens. As a result, there will be new emphasis on the playground. Unless there is a special event, each day will see a group of youngsters leaving in the morning for all day car trips or a hike to the beach. Please note when these hikes are, and have your children properly equipped. Several adults will be helping in the mornings in a more extensive Arts & Crafts program.

Tri-Service Fish (Salmon) Derby

RCAF Station Comox, August 16-18

1. The first annual Tri-Service Fish Derby will be hosted by Station Comox, commencing at 1300 hours 16 August and finishing at 1100 hours 18 August.

2. Team entries will consist of the following: 1 team of Royal Canadian Navy; 1 team of Canadian Army; 2 teams of Royal Canadian Air Force. Teams to consist of the following: 2 officers, 2 senior NCO's; 2 other ranks. NOTE: Two teams of RCAF personnel will compete, as two fishermen will fish from each boat. A total of 12 boats are required.

3. Trophies will be presented for the largest salmon by weight and the total team catch by weight.

4. Boats, rods, lines and reels will be provided visiting fishermen by Station Comox. Lures, bait, etc. to be provided by each fisherman.

5. Contest will start at 1300 hours 16th August with the weigh in of catch each day by 2300 hours. Weigh in on 18th August will be at 1100 hours.

6. All fishermen are required to sign in at the Recreation Centre, Comox, by 1000 hours 16 August.

OCTOPUS vs. BIPED

By AL SLAKAT

A little while ago, two members of the RCAF Station Comox King Neptune Diving Club invited a member of an east coast RCAF club to an outing in the Campbell River district salt chuck. Fred Race and I decided to take our guest from Greenwood (Steve Burak) on an octopus hunt. Bare handed, no less.

Now, Steve had been used to swimming in eastern clear coastal waters, such as the muddy flats of the Bay of Fundy, so Fred and I explained to him that at this time of year our western coastal waters were mucky and polluted with millions of species of algae and

we hoped he wouldn't be too disappointed. As it was, the water was dirty, visibility was only 40 to 50 feet. As compared to 2 to 3 feet visibility in the Bay of Fundy it was heaven for Steve. In fact, if my grape vine is correct, a transfer may take place shortly.

Now, at Campbell River the tides are lovely to watch, nice to ride on in a boat, but somewhat wicked when one is underwater. If it wasn't for the bull kelp that grew up from the rocks, we wouldn't have had a chance to maintain our positions. By holding onto these long slippery thick macaroni type anchors, we managed to inch along the bottom.

Our situation at this point, taking into consideration the normal hazards involved, was getting more difficult. By letting go of the kelp and to move ahead, one had to kick one's flippers at 200 movements per minute and at that it would take about 10 years to move 100 feet.

Steve, armed with a spear, (which we confiscated later), Fred with a camera, and I with a knife embarked on our search. We entered the water and maintained a separation of about 20 feet between each of us, and in about 10 minutes of pulling ourselves along the bottom an octopus was sighted!

This alone is quite a feat. Octopuses (plural for eight legged cats) are absolutely invisible from about 10 feet or more away. So imagine when one does meet up with one it is a little close, especially when one has a repugnance to these animals. It was my good fortune to meet up with the first one, so with as much savoir-faire as I was able to muster, I managed to scoot over to Steve and Fred, frantically motioning to them that our

prey was sighted. We slowly approached the vicinity that I last saw the wiggly-puss. Naturally Fred and I insisted that Steve precede the position, as he did want to wrestle an octopus, or so he said all the way to Campbell River.

Reluctantly he advanced, but due to a red film that seems to shade the eyes in moments such as this, he couldn't or didn't want to see wiggly-puss. So after Fred and I calmly disturbed the beast by waving our arms and making faces etc., it moved!!

Slowly, but with great energy, we retreated. The octopus resettled. We advanced (Steve leading) a little closer. Wiggly didn't move. Closer and closer we went and suddenly Steve reached out and touched it. Naturally being so brave he immediately retreated behind Fred and I, expecting seventeen thousand arms to reach out and encircle him at any moment.

Well, old wiggly-puss didn't move. He probably thought if he ignored us we might leave. Realizing that he was in no immediate danger, Steve, with our black looks, attacked the octopus with vigor by poking it on one of its many arms. Again Steve retreated, but this time we managed to stay behind him. So, now seeing that this great big monster seemed to be either asleep or dead, Steve grabbed onto one of the tentacles. It quickly grabbed Steve in return.

Have any of you seen a mouse with his tail caught in a trap? Well, Steve took all the honors. If he could have slipped out of his diving suit he would have. Fred and I decided that Steve required some assistance, but before we could advance, old wiggly-puss decided to let go, when he found out Steve was anxious to part company.

Steve fell back and we both rushed to his side, but he wouldn't have anything to do with us. His dander was up! With a gulp of air and a flurry of flippers away he went, back to do battle. This time, Steve hauled back and let go with a Sonny Liston type haymaker right betwix the beady eyes of wiggly-puss. I guess the octopus never had anything like this happen to it because as the second roundhouse headed his way, all except two of the arms lifted up in a John L. Sullivan pose and commenced to spar with Steve. After about five minutes of piston-like punches from Steve and flailing tentacles, Fred and I just about drowned from laughter.

It was the most hilarious fight that was ever witnessed by Fred and I. It ended as fast as it started. Steve sat down and tried to catch his breath. It is difficult to catch your breath when fighting, but underwater, with an octopus!! Well, Steve had his troubles, but have you ever had stitches in your side from laughing? Try it underwater.

After regrouping and allowing the water to settle down, Steve and I tried to lift the octopus off the bottom, but he just wouldn't co-operate. We called on Fred to assist. Now if we would have had one more diver, with one more set of hands, we might have been able to lift him. But, with two of his arms more than the three of us together, it was just impossible to get wiggly-puss to let go of the rocks. This called for strategy. As we sat back to think this situation over, wiggly-puss decided to move. We all sat in wonder (I think) as the octo-leggy slowly slipped his jelly-like body over Fred's steady legs.

Now came the moment we were all waiting for. The moment we had been fighting and laughing over for 20 minutes. Fred slowly moved off the bottom carrying the octopus with him. Steve and I rushed to assist as Fred was sort of

Inter-Mess Fastball

League standings as of the 22 July games are as follows:

Team	P	W	L	T	P
Cpls. Club	5	3	1	1	3 1/2
Sgts. Mess	5	2	2	1	2 1/2
Totem Inn	5	2	3	-	2
Officers Mess	5	2	3	-	2

As can be seen this is still anybody's league and should provide some interesting games in the future and the dates to look for are:

Monday 29 July - Officers vs. Totem Inn, Cpls vs. Sgts.
Monday 5 August - Totem Inn vs. Sgts., Officers vs. Cpls.
Monday 12 August - Sgts. vs. Officers, Cpls. vs. Totem Inn.
Monday 19 August - Officers vs. Totem Inn, Sgts. vs. Cpls.
Monday 26 August - Semi-finals - Semi-finals.

INTER-SECTION FASTBALL
We are rapidly approaching the end of the fastball season here at Comox. At present there is a race for play-off positions. League standings as of the 22 July are as follows:

Team	P	W	L	T	Pts
Stn. Telecom	11	9	1	1	9 1/2
407 Groundcrew	11	7	3	1	7 1/2
Headquarters	10	5	5	-	5
409 Groundcrew	10	4	6	-	4
407 Aircrew	12	4	8	-	4
409 Aircrew	10	2	8	-	2

The schedule for the remainder of the season is as follows:
Tuesday 23 July, 1730, 407(G) vs. 409(A) - HQ vs. 407(A).
1930, Telecom vs. 409(G).
Wednesday 24 July, 1730, Telecom vs. 409(A).
Thursday 25 July, 1730, 407(A) vs. 409(A), 409(G) vs. 407(G).
HQ vs. Telecom.
Tuesday 30 July, 1800, HQ vs. 409(G).
Thursday 01, Aug., 1800, HQ vs. 407(G), 409(G) vs. 409(A).
Tuesday, 06 August, 1800, 1st and 3rd teams, 2nd and 4th teams.
Thursday 08 August, 1800, 4th and 2nd teams, 3rd and 1st teams.
Tuesday, 13 Aug, 1800, 1st and 3rd teams, nd and 4th teams.
Thursday, 15 Aug., 1800, Finals start.



Say It With Flowers
From
The Garden Patch

The time has arrived for outside planting
All Varieties of Shrubs and Roses
at
GARDEN PATCH FLORIST
431 - 5th Street
Phone 334-3213

Where to turn for money?



More servicemen go to HFC!

Get the exact loan for your exact need. Pay bills, buy a car, take a leave. If you need cash for any good purpose, go where more servicemen go—to HFC.

Life insurance available at low group rate	AMOUNT OF LOAN	MONTHLY PAYMENT PLANS			
		16 months	30 months	24 months	12 months
	\$100	\$.....	\$.....	\$ 6.12	\$ 9.46
	550	22.73	32.86	51.24	
	750	31.65	44.13	69.21	
	1000	41.45	58.11	91.56	
	1600	60.88	88.81	141.11	145.52
	2200	83.71	124.62	191.41	201.46
	2500	95.12	137.52	217.05	228.93

HOUSEHOLD FINANCE HFC

W. E. Johnson, Manager
549 England Avenue Telephone 334-2406
COURTENAY

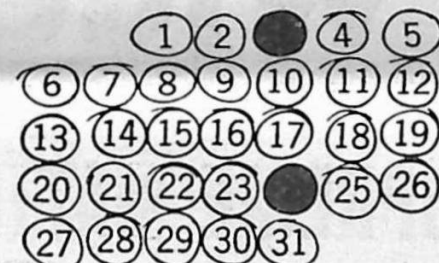


LAKE and STREAM

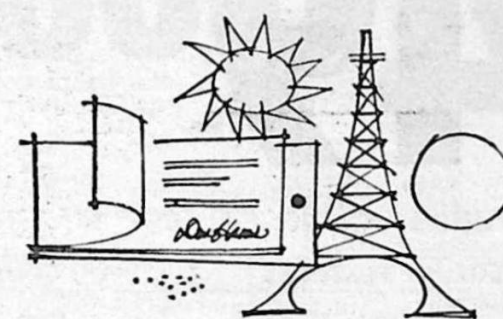
by NUMB-ROD
My plan to convert my wife thusisat backfired badly. Of course it was my fault for choosing a remote conversion

Are you making the most of all these Banking Services?

Your local branch of the Canadian Imperial Bank of Commerce offers a complete range of banking services. Here are a few examples:



AUTOMATIC SAVINGS PLAN...the easy way to save. All you do is authorize us to transfer an agreed amount to a special Savings Account at regular intervals. Your savings and interest grow automatically!



TRAVEL FUNDS...the safest way to carry funds. For all trips, at home or abroad, always carry Travellers' Cheques purchased at any Bank of Commerce branch.



BANKING BY MAIL...makes any Commerce branch as close as the nearest mail box. A service for customers who find it difficult to get to the bank.

These are just some of the many services offered by the Bank of Commerce. For full details, visit your nearest branch. Let the Bank that Builds simplify the business of banking for you!

CANADIAN IMPERIAL BANK OF COMMERCE

Over 1260 branches to serve you



site and then giving her a 26-lb. back-pack to carry on the hike over the Plateau. We were in cloud during most of the hike in and suffering from muscular aches and pains plus the odd duff knee by the time we had made camp. I managed a few hours of fishing during the evening and early the following morning, and then we started the long haul back to the lodge.

As my wife didn't ever wet a line during this outing I didn't get to first base in the indoctrination. To add insult to injury she refuses to go back for a second try.

The rainbows were very much in evidence on Douglas Lake but the majority of the activity was out toward the centre of the lake and as I had not brought my waders I had to be content with throwing a fly around the shore. While I did experience some action on black gnats, I was only successful in landing one decent Rainbow.

Some good-sized Cutthroats are showing in the Courtenay River on the rising tide. I have seen many rising to my fly and then breaking off in a hurry when only 6-12 inches from the fly. A change of flies did not remedy this and my catch has been limited to a few medium-sized trout.

One of the veterans of the river tells me that a small run of salmon entered the river last week and the odd one was seen jumping in the pool just below the junction of the Puntledge and Tsolum Rivers. I spotted a salmon in the pool below the Condensery Bridge on Saturday and tried to entice him onto a fly without

It costs about 50 per cent more to drive at 80 miles an hour than at 50.

Complete INSURANCE Service

**AUTO
FIRE
BOAT
PERSONAL EFFECTS**

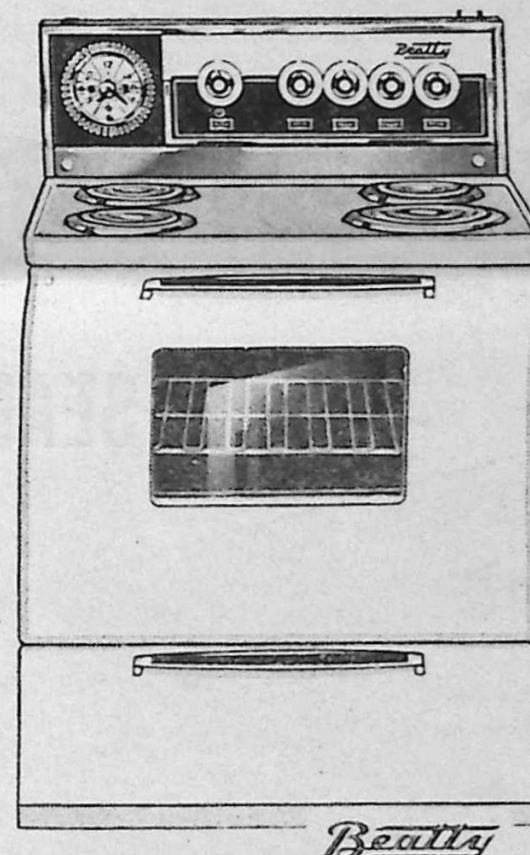
and all other classes, including
LIFE INSURANCE

FARRINGTON INSURANCE AGENCIES

439 Cumberland Road
Phone 334-4012
Opposite the Court House

THE LAST REVISION

The draftsman and the engineer
Are men of skill and vision.
At least they are until they hear
The hated word — REVISION.
The engineer with practiced eye
Surveys his grand design.
The draftsman draws so expertly
Each complicated line
"Complete!" they sigh contentedly.
"Miraculous precision."
O optimists! Tomorrow brings
Catastrophe! Revision!
Revision one adds this new piece
Revision two improves it.
Revision three makes it just right.
Then number four removes it.
"You can't do this, you can't do that!"
"We'll wait for a decision."
"But in the meantime, just revise"
That last revised revision.
Revise, revise, the very word
Fills engineers with dread
Tho' die they must, they'll be revised
To make damn sure they're dead.
They hope that God's no engineer
When He makes His decision.
If once they win their wings
they hope
There'll be no last REVISION.
—Mac
(Without brother Bob's permission)



30" Deluxe Range 234.50

July Special Price Only

Featuring:

1. Fully automatic oven.
2. Visulite oven door.
3. High Speed Chromolox elements.
4. Lift-off oven door.
5. Removable side racks.
6. 3-Year element warranty.

Finlayson Furniture

THE STORE YOU CAN TRUST
Phone 334-3631 Fifth Street, Courtenay
St. Ann's Street, Campbell River

BUY YOUR GIFTS AT THE STUDIO ART AND GIFT SHOP



YOUR COURTENAY CENTRE FOR

- ★ Giftware
- ★ Totem Poles
- ★ Indian Sweaters
- ★ Carvings
- ★ Local Arts and Crafts
- ★ Local Jewellery
- ★ Art Supplies

Classes in drawing, painting and ceramics will continue through the summer

Why not come in and browse awhile?

The Studio Shop
Ph. 334-4821 Fifth Street

It Pays to Know About Spots and Stains

Whenever possible, take garments with spots and stains to your dry-cleaner promptly.

They may set permanently if there is a delay. The dry-cleaner is technically trained in correct spot removal... you can help him by pointing out spotted areas.

Home Economy Cleaning Service
4 lbs. for \$1.00

Pacific Coast Cleaners

for
FAST 2 HOUR SERVICE

Serving Wallace Gardens, Tyee Park and the Airport Area

Free Pick-up and Delivery Phone 334-2361



TRAIL TREASURES

With ILES

Coho, unlike spring salmon, seldom stray any great distance from their spawning grounds. They can be found in varying abundance throughout the summer months in most sheltered bays and inlets along the coasts of Vancouver Island, the Queen Charlotte and the B.C. mainland. Because they are more abundant than the spring, they provide good fishing after entering the spawning streams.

The blueback is an immature coho in its final year of sea growth. Later in September, it may go from its 4 to 6 lbs. to 15 lbs. Coho generally spend one year in fresh water and two years in salt water.

August and September are usually the best months for coho fishing when they are feeding extensively and their movement toward the spawning streams has begun. June and July are also good months. In October, they can still be taken on the fly. After they have entered the spawning streams they can be taken until they begin to darken.

Coho spend their first year feeding on shrimp, but turn to herring and needfish in their second year. It stands to reason, therefore, that herring and needfish are the best baits for coho or blueback, however, many are caught on lures which bear a close resemblance to those darting fish. Personally, I still maintain that live herring is the best bait.

The herring dodger serves a dual purpose. It attracts the



12-19 RAYS
PACIFIC SALMON



SPOTTED PLAIN
SPRING COHO

fish and also whips the lure or bait in imitation of a crippled herring. Since some insist that salmon seldom feed on live herring, but that they rush through a school sticking right and left with their tails to then return and sate their appetite on those they have crippled in their furious onslaught, the herring dodger must certainly increase the baits appeal to the salmon. Recently, surf casting has

Smokey's Corner

With all of you in the midst of summer activities, we hate to put a blight on things, as the weather is doing its best to do that.

But, we would like all you good folks who are camping, either in tents or trailers to remember your Fire Prevention, and when in the woods, to play your part in keeping B.C. green. When you go out picnicking or camping don't forget your fire permit which your Fire Department will gladly give you.

Remember your Fire Department will be doing a fire check on the P.M.Q.'s in the near future, but don't clear up these fire hazards just because the Fire Department will be paying you a visit. Keep your homes free from all hazards at all times. It is not much to ask that you bear in mind good Fire Prevention regardless of where you are; in the home, in a trailer, or in a tent.

So with that we hope you

become quite popular. On calm evenings at slack high tide, schools of herring surge in towards shore. The feeding springs and coho dart savagely among them. A small spoon cast into these schools may hook several in an evening. With light spinning gear this can be an exciting sport. Surf fishing is popular with the family-man who doesn't care to leave his wife and family alone day in and day out while he is enjoying his favourite sport.

will all have a happy, fire-free holiday. In the personnel sphere, we would like to bid bon voyage and happy hunting to Cpl. Huges and family who have just left us for a sojourn in Europe. Our good Welshman, Taff Evans is, we hope, enjoying his holidays in Wales. We had a card from him saying it hadn't stopped raining since he arrived. If he only knew it has not stopped raining since he left.

Congratulations to Cpl. Carmichael in getting on the ladder to fame and fortune. Congrats Ron, don't be too hard on the boys.

STOP PRESS!!!

TOO DARING

An 18 year old boy died from burns in San Fernando when he climbed a high tension wire tower and tried to light a cigarette on a 66,000-volt power line.

THE OLD SALT CHUCKER

Haven't too much to report as I have been too busy fishing and catching them. The fish are really here, and by all reports King Coho down Little River way is the place to get them. Bill Flemming, the owner of King Coho, was casting in front of his fishing camp the other evening and bang, he had a strike. His reel contained 300 feet of 12 1/2 pound test nylon. Well sir, that fish ran, and there was Bill up to his arm-pits in the water trying to slow it down. Finally as all but the last few feet of line left the

reel one of the visitors to the camp noticed his plight. He ran his boat over to Bill and dragged him aboard. They took off after the fish in the boat. Sixty minutes later, after much grand sport, Bill Flemming was able to lift a 28 1/2 lb. spring salmon aboard (the net wasn't big enough to net the fish). These old ears have heard many a strange fishing tale, but this one has many witnesses. Bill isn't the only one taking fish from down there, Jack Sweeney, Bill Presley and even the triple WO's have been noticed getting their share. Yours truly has been using small herring with a flasher and doing well.

Sorry I haven't a thorough report of the Bell Buoy, being strictly a Little River fisherman during the summer months. However, from all accounts it's good there too.

One little thing I would like to pass along to you fishermen—as you know the water and the beaches belong to all of us, but roads leading to them are another thing. As you may know the owner of King Coho fishing camp has a large investment there, and depends on business and customers. The parking lot down there is private and is for the use of you, their customer. If you are going casting from the beach, don't be the type that drives into the parking lot, taking much needed space and hike off down the beach. I have even heard of some that drive in, take down a car top boat, carry it over the sand, go fishing, then drive out without even saying hello or goodbye.

Thursday, July 25, 1963

R.C.A.F. STATION COMOX, TOTEM TIMES

Page 7

Photography, Sportsman's Pal



If there is one thing better than gathering friends or family around to tell them all about the day's game, Bob's unique golf style, the one that got away, or cousin Fred's spectacular dive, it is being able to show it actually on film, by slides, snaps or home movies.

So compact have cameras become that they can be a constant companion. So automated in setting correct exposure that no technicalities are involved.

Summer in Canada is water sports—swimming, water skiing and boating.

Swimming except at organized swimming meets is a generally casual affair photographed from boat, float or pier. Concentrate on action that is close to you, there is nothing less identifiable than a small portion of head in the middle distance. Clear water, or your own pool on a bright day is a good spot to try out underwater photography with a low cost uncomplicated underwater outfit. Don't try taking your camera down there unless it is in a specially designed water tight container!

High dives can be spoiled photographically in several ways: by blurred image or no diver in view at all. Power poles, and other distracting elements which you didn't notice in the background while concentrating on the subject may ruin the scene in your finder.

The last named calls for just a careful look and perhaps a change of position before shooting. What about the blurred diver and the one who isn't there?

He'll be there—with practice. The travelling time from board to pool is very brief and initially it often happens that, by the time the photographer has located the subject in the finder and tripped the shutter, he's gone.

Then, in anticipating too much we get pictures of him still on the diving board. A little practice soon hits the happy medium. If you are unable to get a full field of view that takes in the board and the pool, centre the diver in your finder before he dives. As he takes off, move the camera keeping him in the centre of the finder. *ripping the shutter at the moment you want to catch.

This system has another advantage. With snapshot cameras and their slower shutter speed, the camera moving with the subject prevents blurring. It may blur the background but your diver remains sharp! Holding it still, will a snapshot camera take unblurred action pictures? Yes, if you catch the diver at the split second of immobility when he has stopped moving upward after his initial spring from the board and is just starting his

downward dive. This again takes practice, but it works!

Water skiing! Fine shots can be taken from the rear of the tow boat, or from one running alongside. You will get sharper pictures in the smoother segments of the run, wait for them. Panning the subject—as with the diver, the camera moving to keep the subject in the centre of the finder is a good way to photograph a water skier passing close to a jetty or beach. In fact, this panning habit works well with any action sport from auto racing to the office picnic egg and spoon race!

Auto racing, action plus, and while like all other subjects fine still photos but even more exciting home movies.

Spectator sports full of action, whether in movie form or a collection of still photos or slides can be boring to viewers

FOOTSTEPS IN THE FOREST

by RED WOLF

SURVIVAL!

In recent years many individuals lost or strayed in remote areas have very nearly starved. In B.C. this is not unlike an Indian starving in the isle of a grocery store for lack of knowing how to open a can.

The woodland is laden with edible plants and berries that have kept the Indian healthy for many centuries.

The most versatile and perhaps the most easily identified survival food is the DANDELION. Tender leaves once boiled lose their bitterness and taste much like spinach. The roots boiled and sliced provide an acceptable substitute for parsnips. Roots roasted and ground or crumbled provide us with an excellent coffee.

On the other hand a little knowledge is a dangerous thing—many have become quite ill as a result of eating semi-poisonous foods—especially mushrooms.

No simple rule exists by which one may definitely distinguish edible from non-edible mushrooms—if you don't know, don't eat.

The best information on survival foods is contained in the book:

Guide to Common Edible Plants of B.C.
c/o B.C. Provincial Museum
Department of Recreation and Conservation, Victoria, B.C.
Cost is less than \$1.00.

without some relief, some interest closer than the action on the track or field.

Watch for interesting shots of spectators' reactions and activities to fit in as a change of pace and interest.

Canadian Football League Telecasts

CBC television will present live coverage of 11 Saturday games from the Canadian Football League this season.

In Vancouver and Victoria, three of these games will be black out in accordance with football league regulations. But areas served by CBC stations or CBC affiliates in the rest of the province will see them all.

Starting times of the football telecasts vary from 11 a.m. to 2:30 p.m. Comox time, because all games are being covered "live."

The schedule involves eastern, western and interlocking CFL games. Here is the schedule:

DATE	TEAMS	COMOX TIME
Aug. 10	Montreal at Hamilton	5:00 to 7:30 p.m.
Aug. 24	Ottawa at Hamilton	5:00 to 7:30 p.m.
Sept. 14	Ottawa at Winnipeg	7:00 to 9:30 p.m.
Sept. 21	Vancouver at Hamilton	5:00 to 7:30 p.m.
Sept. 28	Winnipeg at Edmonton	8:30 to 11:00 p.m.
Oct. 5	Vancouver at Edmonton	8:30 to 11:00 p.m.
Oct. 26	Calgary at Edmonton	8:30 to 11:00 p.m.
Nov. 2	Edmonton at Calgary	7:30 to 10:00 p.m.

BLACKOUT GAMES

DATE	TEAMS	COMOX TIME	B.C. STATIONS BLACKED OUT
Sept. 7	Calgary at Van.	8:30 to 11:00 p.m.	CBUT, CHEK
Oct. 12	Edmonton at Ott.	11 a.m. to 1:30 p.m.	CBUT, CHEK
Oct. 19	Cal. at Regina	1:30 to 4:00 p.m.	CBUT, CHEK

Soccer News

by KEN WRIGHT

It's time once more to hear from the Soccer Club. As some people know we have just started our practice sessions prior to the season opening, at the end of August. So every Tuesday and Thursday night at 7 p.m. you are welcome to come and join us at the PMQ sports field.

We are always on the look-

out for new players, so if you have played soccer at school, or have never played, but are willing to get fit and learn, come out and enjoy yourself. The station team has entered in the Peakes Cup Tri-Service competition, and the B.C. area play-offs have to be decided by September 20.

So let's get out and win the B.C. area play-off for Comox.

Bicycle Parts & Repairs

See Us For All Your

We Re-tire Baby Carriage
Wheels, Wagon Wheels, etc.



BRYANT'S CYCLE SHOP

Fifth Street Phone 334-4024
YOUR CCM DEALER

Guaranteed Twice!

SEALY'S GOLDEN SLEEP SUPREME MATTRESS

\$49⁸⁸

Mattress or box
spring, twin or
full size

WITH FEATURES FOUND ON \$69⁵⁰ MATTRESSES

ALL THESE LUXURY FEATURES	YOU COULD PAY
New Sealon ticking has outstanding quality and durability	\$69.50
Luxurious quilted-to-foam top	\$69.50
Extra firm 312 coil construction	\$69.50

Any way you measure dollar-for-dollar value, this buy is so big it can't be beat! That's why Sealy double guarantees it. But you be the judge. Shop and compare this great combination of extra firm support and quilted-to-foam luxury. Your money back if you can beat this double guaranteed buy!

EXTRA SPECIAL! SEALY GOLDEN SLEEP MATTRESS \$39⁸⁸

Made with the same fine cover formerly used on the Hotel Posturepedic...first time on public sale

ALL THESE DELUXE FEATURES	YOU COULD PAY
Heavy 8 oz. woven stripe cover	\$59.50
Smooth, button-free surface	\$59.50
Edge Guards* prevent sagging edges	\$59.50

Top quality in a budget-priced mattress...and it's double guaranteed by Sealy. Come in and see it today!

*If, within 30 days after purchase, you are not completely satisfied or you can buy another mattress with as much value for the same or less money, return your Golden Sleep or Golden Sleep Supreme mattress or box spring for full refund.

T. EATON CO.
CANADA LIMITED
COURTENAY BRANCH

Made by the makers of the famous \$79.50 Posturepedic mattress



Butterworth's

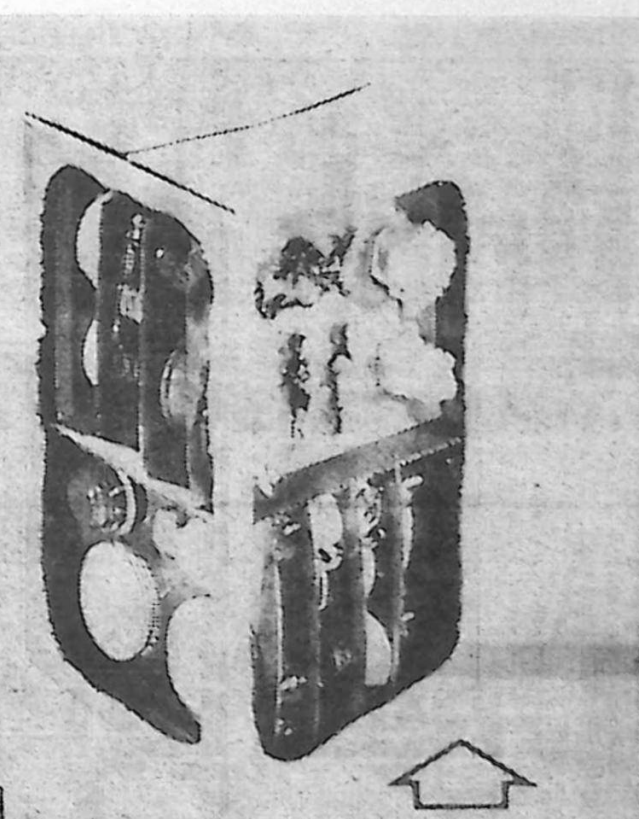
POLY-TITE

PACKING

"Moving Day Magic"



NOTE: The fully portable POLY-TITE machine does the packaging right in the customer's home.



This photograph of a cut-barrel is packed by the POLY-TITE method. Fast safe, easy, clean.

The chinaware is securely vacuum sealed in corrugated board with POLY-TITE film... without further wrapping the board is then placed into a standard barrel.

- ★ Local and Long Distance Moving
- ★ Short and Long Term Storage
- ★ Heated and Palletized Storage
- ★ Poly-Tite
- ★ "All Risk" Insurance

Butterworth's

"Moving With Care, Everywhere"

Agents for United Van Lines

Phone 339-2431

Kye Bay Road, Comox

Les Palmer LIMITED

Clothiers & Haberdashers

Specialists in Military Uniforms and Requirements for a Quarter Century

TAILORS & SUPPLIERS TO OFFICERS & MEN OF

HER MAJESTY'S NAVY, ARMY & AIR FORCE

714 View St. - Victoria
831 W. Pender - Vancouver

Prompt Service on
Mail Orders

REAL ESTATE

H. A. ROBERTS (Courtenay) LTD.

439 Cumberland Road Opposite Court House

- * **THIS WEEK'S SPECIAL** — Located in Courtenay on well landscaped lot with full basement, large living room with fireplace, dining room, bright kitchen and four bedrooms for only \$12,000, with \$2,000 down.
- * Located in Comox, new 3 bedroom home, living room with fireplace, modern kitchen with built-in stove and oven. Owner transferred and is willing to sacrifice.
- * Excellent country buy. Is qualified for V.L.A., and consists of 11 acres with large fruit orchard. Well constructed 3 bedroom home with full basement, all for \$12,500.
- * Attractive well kept 3 bedroom home qualified for V.L.A. in the Village of Comox. Easy terms can be arranged.
- * We have three excellent revenue properties that we would be glad to discuss with you by appointment.
- * Mortgages on all types of homes, businesses and resorts. Phone for an appointment with Mr. Regan, 334-2472 to discuss your requirements.

Evenings phone 339-2145.

H. A. ROBERTS (Courtenay) LTD.

439 Cumberland Road Opposite Court House

numbered red buoys. The left side of the channel is marked with odd-numbered black buoys. For complete description of buoys and other navigational aids, boatmen can write to the Department of Transport, Ottawa, Ontario, and ask for the booklet "Safety Afloat."

Classified Ads

To place an advert, please contact Mrs. Diana Abel, secretary to the CTSSO, phone local 416. All ads are to be prepaid.

CARS

1962 AUSTIN 850 Station Wagon. Excellent condition. Four new tires. Can be financed. Trade in may be acceptable. Call 339-3140.

1959 BUICK Lasabre 4-dr. H.T. Will accept trade. A-1 shape. Reasonable. Call 339-3652 or 241 local.

1955 CHEV. Station Wagon.

One owner, V-8, overdrive, radio, new paint on corrosion-free body; new battery, carburetor, muffler and tail pipe, good tires—two ground grips and extra spare, excellent mechanical condition and very clean. Ideal for hunting, fishing or camping as it is equipped with a 4" foam rubber mattress. Will accept an older car as part payment. Full price \$825.00. WO2 Girard, Phone 339-2750 or PMQ 75.

FOR SALE

SINGER SEWING MACHINE COMPANY

New machines, 62.50 and up. Vacuums, 69.50 and up. Floor polishers and shampooers 39.95 and 69.50. Portable typewriters, 79.50. Reconditioned sewing machines, sewing needs, buttons, etc. C. L. Hill, local rep., 243 Fourth St., Courtenay. Ph. 334-3852.

BABY CARRIAGE, 6 months old. Phone 339-2563, PMQ 14A. J125

SEWING MACHINES to clear at \$17.50 and up. Treadle and portable electric. Rent brand new machine for only \$2 weekly. See or phone Dave Sawyer at Fletchers. Phone 334-4711.

MISCELLANEOUS

SEWING MACHINE parts and repairs for all makes. White, Elna, Pfaff, etc. Ph. 334-4711, Dave Sawyer at Fletchers.

WEAR AND SHOW OUR TAILORED CLOTHES without cost and earn over 30% commission with our generous cash bonuses, selling our made-to-measure clothes. Low prices, high quality. Customer satisfaction guaranteed. Gigantic new 300 cloth samples. Write today, STEPHEN TAILORING, Box 366, Station "B", Montreal.

STATION THEATRE

Matinee - Sat. 27, July

**SON OF
ROBIN HOOD**

Sat. 27 - Sun. 28 - July

GRASS IS GREENER

Cary Grant - Deborah Kerr
ADULT

Thurs. 1 - August

DAMN YANKEES

Gwen Verdon - Tab Hunter

Matinee - Sat. 3, Aug.

JUNGLE CAT

Adventure

Sat. 3 - Sun. 4, Aug.

MARCO POLO

Rory Calhoun

Thurs. 8 - August

THE RAVEN

Peter Lorre - Vincent Price
Boris Karloff

Buy Better - Save More

**Milk
BORDEN'S**

5 lb. tin

1.39

Drink Mix
Stuart House, 4 Flavour

4^FOR 49^C

Chuck Steaks
Canada Choice, Canada Good lb.

45^C

Apricots

B.C.

16 lbs.

Approx. ea.

2.19

**SUPER
VALU**

100% B.C. OWNED
AND OPERATED