



TOTEM TIMES

19 Wing CFB Comox

THURSDAY 12 AUGUST 1999

Comox Valley's Longest Running Newspaper

VOL. 41 NO. 13

Inside this issue:



**Camp
Isfeld
dedicated**
page 11

**Have you
ever
been to
sea
(Cadet
Camp)
Billy?**

*See photos
pages 6 and 7*

Sharpen your blades - *the ice is in !*

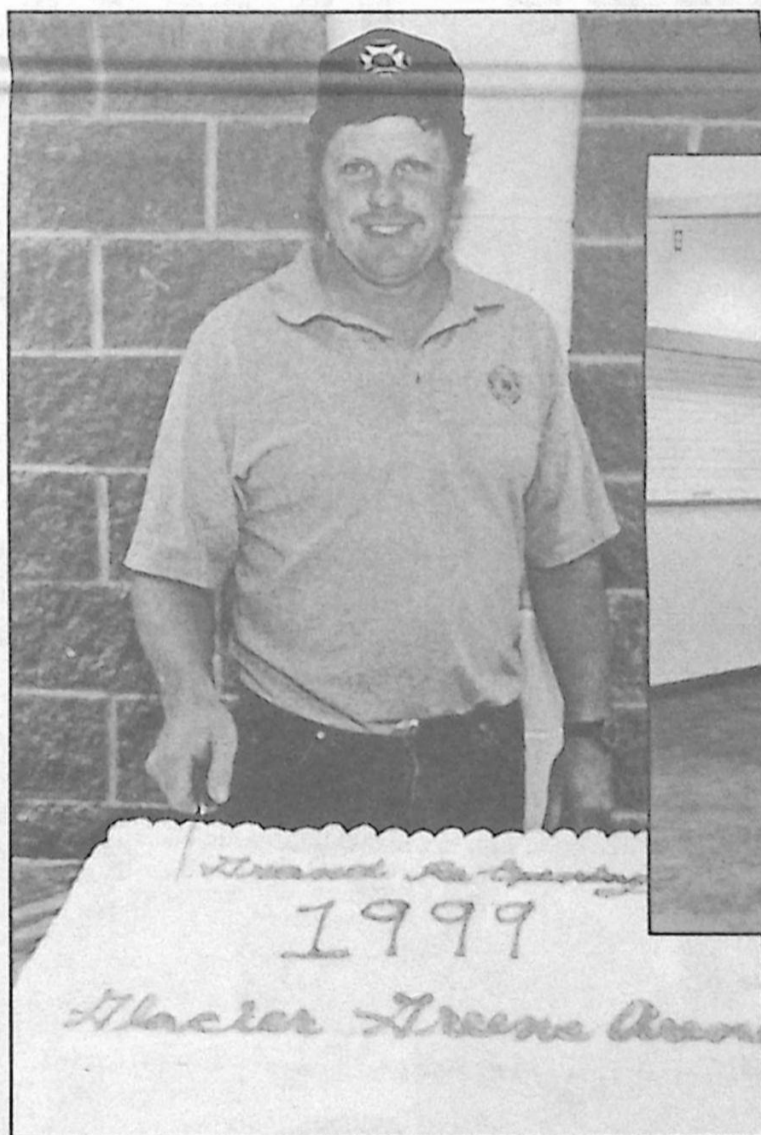
On Thursday, August 5, the much anticipated opening of the newly renovated Glacier Gardens arena occurred, with 19 Wing Commander Col W.J. Neumann presiding over the opening ceremony. A number of local civic leaders were also in attendance.

Glacier Gardens is now ready to accommodate the summer hockey school and Wing hockey teams for the 99/00 season.

The retrofit took ten months to complete and cost a total of 1.2 million dollars, \$600,000 from non-public funds and \$600,000 from federal funding.

Included in the extensive retrofit were upgrades to the ice plant, a new fully insulated roof, the construction of a new rink control room and front entrance, upgrades to the heating system and fire alarm system, the construction of four new team change rooms and a new referee and gender non-specific change room, a new parking lot and much more.

The project was undertaken as an "in house project" and all construction and design work was performed by WCE personnel, AEF personnel and the U.S. Air National Guard.



Photos by Wing Imaging



Liz Aldridge
337-8942



Seeking Rural Lifestyle... before Sept 1st? Check out this private 4.8 acres with 3 bed, 2 bath home, PLUS mobile home pad for family members residence! Extras include heat pump heating/air conditioning, greenhouse, hot tub, etc.

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Tom McNee
334-2865

Congratulations!



Sgt Dan Cyr receives his new rank from MWO Armstrong, WFC.

Learn
not



to
burn

Kitchen fire safety

Fires in the kitchen may be avoided by following these basic rules:
* Do not let grease accumulate on the stove. Remove pans of cooking fats and oils from the stove when not in use; it is easy to turn on the wrong burner.

* Do not use water to extinguish a grease fire. Turn off the heat and watch your clothing. If a fire extinguisher is not available, use a lid or cover to smother the flames. Do not carry a burning pan.

* Unplug kettles, frying pans and other appliances when not in use. Always inspect the stove before leaving the house. Do not hang material above a stove to dry as they may fall on the burner.

* Arrange your kitchen so that curtains, towel racks, paper towel dispensers and waste paper containers are a safe distance from the stove.

* Guard against spontaneous ignition fires by keeping oily rags and cloths saturated with furniture polish, paints or wax in closed metal containers and not in hot, closed closets or cupboards.

* Ensure that all electric appliances are in a state of good repair, including wiring, as these items can cause serious burns and fires if they are at all defective.

407 Demons have new leader



Above: LCol G.F. Reaume congratulates LCol G. Szczerbaniwicz on his new command while WComd Col W.J. Neumann looks on.



Photos by Cpl L'Ecuyer, Wing Imaging.

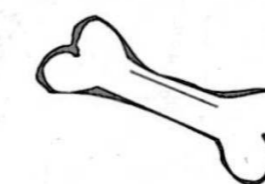


Handing over the Squadron Colours.

Inspection by new commanding officer.

Dog Morsels

By
Gerry
Gerow



Right from the Start

By Race Foster, DVM and Marty Smith, DVM.

(Howell Book House, Macmillan Publishing, New York. \$27.95)

This book enables dog owners to recognize, understand and deal with the problems they are most likely to encounter with their pet over the course of its life. Beginning with puppy care, ending with geriatrics, and including everything else in between at any stage of their lives, 90% of all dogs suffer from the same 10 or 12 medical problems. They need to be taught the same basic commands, experience the same dozen emergencies and display the same 10 behavioral problems. The authors tackle these common medical and training problems with a book that guides dog owners all the way through their pet's life. Why own a dog? Which dog is right for you? Where to get your new dog and much, much more.

The authors are both practicing veterinarians in Wisconsin and have several decades of experience. They have written several other books, such as "What's the Diagnosis," a book I consider very valuable in my doggy library.

This is a 250 page attractively bound hard cover edition, which is excellently indexed. It would make an excellent gift for that friend or relative who is just getting a first dog. It was published last year and should be on the shelves now. Or you can order it.

The Complete Idiot's Guide to Rottweilers

By Richard Beauchamp.

(Howell Book House, Macmillan Publishing, New York. \$22.95)

These "Idiot's Guides" are a new series by Howell. So far, I have received two of them and I am impressed. They are 6" x 9" attractively bound paperbacks, easy to read and well illustrated.

I can't do better than quote the text on the back cover. "Don't let your Rottweiler train you!" You're no idiot, of course, but handling a 100-pound dog is no job for the uninformed. A big dog needs a firm hand and a lot of loving care. This book shows you how to combine them both. This is a comprehensive, step by step guide to living with a Rottweiler. From the breed's ancient history to its modern popularity, you'll find everything you need to know to live a long, healthy, happy life with your Rottweiler.

You will find sensible advice on what to look for when you buy your dog, an explanation of the Rottie's nutritional and exercise needs, step-by-step instructions on Rottweiler care and training, what to do if your dog has a medical emergency and many tips, definitions and warnings to help you along the way.

This is a well illustrated 275-page edition, which is hot off the press. You will probably have to order it through your book or pet store or go to Howell's web site at www.mgr.com

September courses coming

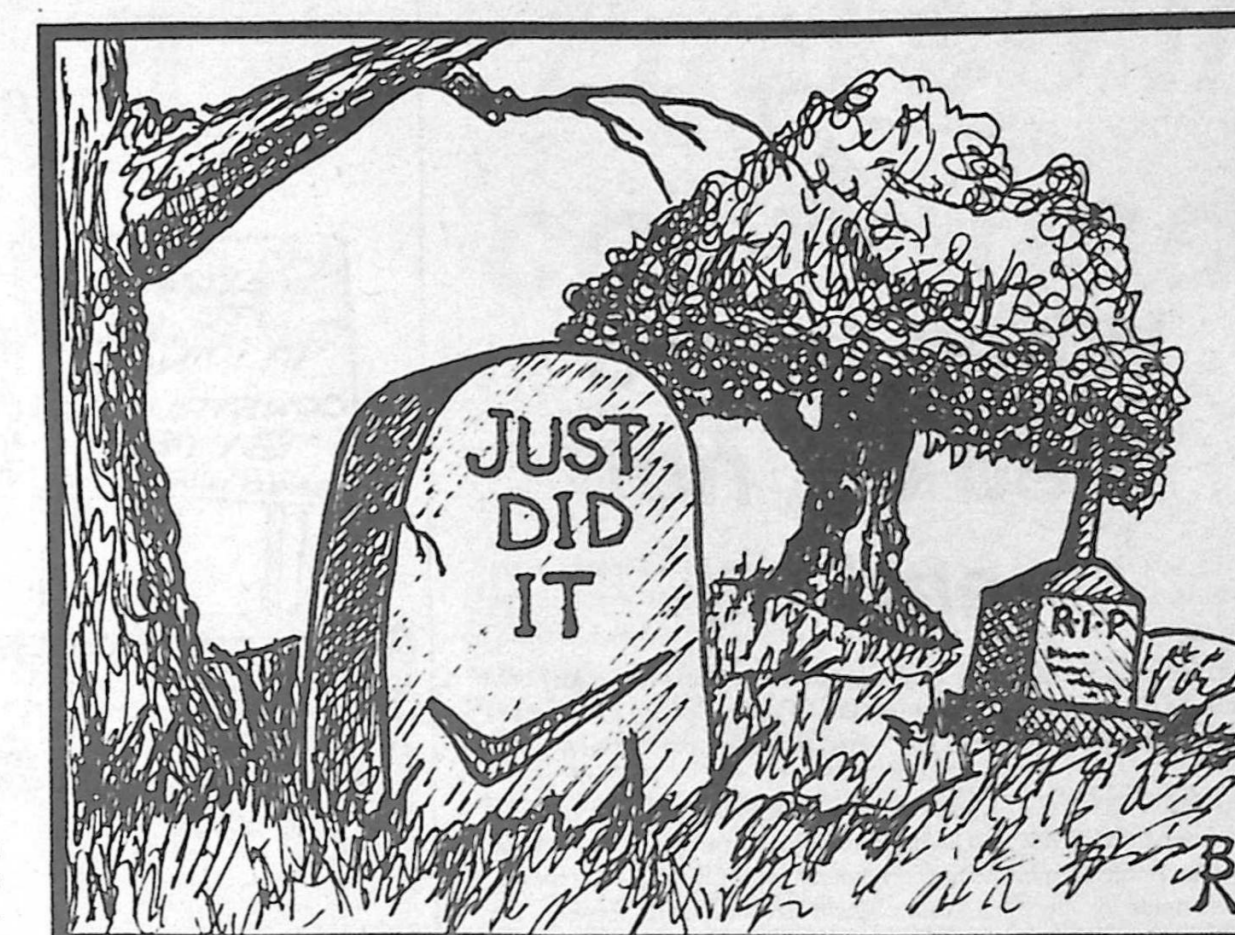
By Pat Allan, CFCCN Coordinator

It hardly seems fair that we are only half way through enjoying the less structured days of summer, but it's already time to think about school. If you have been toying with the idea of taking some courses in the fall, read on.

Most regular college courses are full by now, many with waiting lists. In fact, many students who will be starting full-time studies at North Island College probably applied in January. However, the Canadian Forces Community C09011lege Network will be offering three courses at 19 Wing, open to military, civilian and NPF personnel and their families.

First, we will be continuing to offer courses in the Management Development Program. This program consists of six courses, designed for supervisors and those who would like to become supervisors. All courses are offered on base, about once a month, from Friday evening to Sunday afternoon. New students are welcome to join the program at any course. Classes are active and engaging, with group discussions, case studies and real life examples. On September 10-12, join us for Administration, an excellent course to begin the program with. It provides an overview of the management

FREAKSHOW



function and tools to use every day on the job.

We also plan to offer a Small Business Bookkeeping course. After a very successful "How to Start a Small Business" course last spring, many students requested a bookkeeping course to round out their understanding of successful small business operation. This course will be an evening class, running for 10 weeks. There are no prerequisites, so you only need to be eager to learn.

The third course we will offer is "Introduction to Calculus" as part of the Loyalist College's Electronic Engineering Technician credit program. We offered "Introduction to Engineering Math" last spring and both those graduates, and others who are confident that their math skills are strong enough, will be

able to register for this course.

In addition to these on-base courses, there will be a lot of interesting North Island College Community Education courses to choose from, starting in early September. These do not count for college credit, but may be the opportunity you've been looking for to learn more about personal interests.

Yes, we're still in the middle of summer. But think about how you'll take advantage of the opportunities education can provide, and make a commitment to yourself to carry through. More information about on-base courses will be available as details of time and place are finalized. In the meantime, if you have any questions about college courses, call me at local 8889.

Next Deadlines

Advertising:

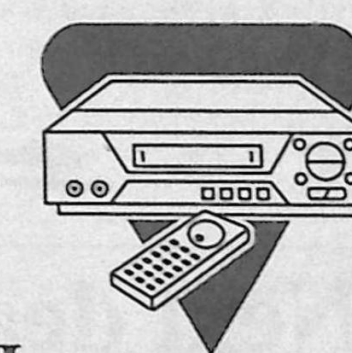
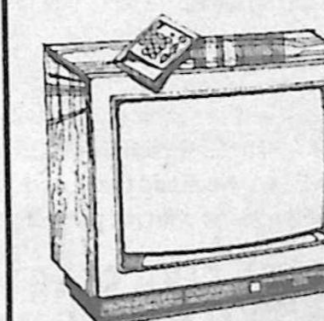
1 Sept.

Articles:

3 Sept - Noon

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When they'd feed us, not need us

Things have tended to heat up a lot since the Cold War. For the Air Force that means two shooting wars in less than 10 years. Not bad for a country that prides itself, and justifiably so, on its peacekeeping abilities.

Back in 1980, when I was with 409 Squadron, I remember a local promotional event calendar that featured sayings and quips from many of the local retired Air Force members. One particularly galling quip, at least for me, was one made by a local real estate agent. He said that he served in the Air Force when "they'd need us, not feed us." I was, after all, flying daily in what I considered to be a very dangerous aircraft and the very thought that the populace thought that I was not "necessary" and therefore just a drain on rations was, well, insulting.

In light of circumstances after the Cold War, maybe the man had a point. During my time in, life was pretty good. And the chances of blasting off to nuke Soviets bombers was about as remote as my being selected for Chief of the Defence Staff. The money was pretty good too. Not so today. I thought that the Canadian involvement in the Gulf War was a bit of an anomaly. Now that the Crisis in Kosovo has also involved many aircrew and much of our F-18 fleet, I'm not so sure.

The compensation and benefits package for persons serving during the Cold War was not all that bad. Not rich by any stretch of the imagination, but compensation none the less with a high prospect of having the majority of your body parts still intact. That package has been updated but no substantial allowance is made for those who serve, or are about to serve, in an active war zone. Perhaps it is time to recognize that and make some allowances for those who are put in harm's way. As retired MGen Mackenzie noted in his last article in the Vancouver Sun, the average eight year Land Force veteran has as many theatre and campaign medals on his chest as he did after 35 years of service, and his duty was more widespread than most! For that they deserve more compensation than bragging rights.

I guess we're back to the time when "we'd need them, not feed them."

Joel Clarkston



Next deadlines
Advertising: 1 Sept.
Articles: 3 Sept. Noon



July Weather Summary

July's temperatures were average, but the mean maximum temperature was somewhat cooler than normal. Precipitation for this month was slightly below average. The number of days with winds exceeding 16 knots was almost half of the norm for the month.

Highest monthly temperature	27.5°C on 28th
Lowest monthly temperature	9.0°C on 5th
Total monthly rainfall	28.4 mm
Average monthly rainfall	29.6 mm
No. of days with 0.2 mm or more rainfall	7
Total hours of bright sunshine	314.1 hrs

(Information provided by 19 Wing Comox Military Weather Unit.)



JUST WAIT FOR IT!

Rec Centre News

By Jake Plante

Softball goes "Orthodox"

The next Commander's Cup Sport will be softball and this year we are introducing orthodox style pitching to the championship.

The six-team race is very close and softball should stretch the placing somewhat. We hope to see all six teams in the tournament: 442, 407, 414, 19 AMS, Log and Admin. Competition dates are 25-27 August.

Commander's Cup Hockey

The most popular Commander's Cup sport is scheduled early this year—20 to 23 September, then there will be a weekend break and action will resume with the playoff

on 27/28 September.

Esquimalt wins Fastball

The CFB Esquimalt Triton won the Men's Pac Region Fastball Championship on the weekend, defeating the 19 Wing Comox Totems in two straight games. The Tritons' bats proved to be too much for the Totems. John Hawman of the Triton popped out four home runs in two games, leading his team in RBIs and giving the Tritons the runs they needed to win.

Now Esquimalt is off to the Nationals to be held at CFB Borden 12-17 September. We wish them good luck.



GOALTENDING GREATS

(NC) - In honour of our most treasured sport, Seagram Canada has put together a Five Star selection of hockey trivia questions for the 1998-99 season to challenge even the most avid hockey fans. This question focuses some of hockey's top netminders of the past and present.

Who holds the record for the most 40-win (or more) seasons by an NHL goalie?

- A. Terry Sawchuk
- B. Bernie Parent
- C. Patrick Roy
- D. Jacques Plante

Answer:

D. Goaltending legend Jacques Plante holds this record with three 40 or more win seasons with the Montreal Canadiens.

If you want to see more facts and trivia on the NHL you can visit Seagram's Five Star Hockey Trivia page in the sports section of the newscanada.com web site.

- News Canada



BLUELINE HEROES

(NC) - In celebration of the 1998-99 hockey season, Seagram Canada has put together a Five Star Selection of facts and trivia questions on Canada's most treasured sport. Here's a question on some of hockey's top scoring defencemen past and present.

Who holds the record for the most goals by a rookie defenseman in one season?

- A. Ray Bourque
- B. Bobby Orr
- C. Brian Leetch
- D. Paul Coffey

Answer:

C. New York Ranger's defenseman Brian Leetch scored 23 goals in his rookie season immediately establishing himself as one of the top offensive defencemen in the NHL.

If you want to see more facts and trivia on the NHL you can visit Seagram's Five Star Hockey Trivia page in the sports section of the newscanada.com web site.

- News Canada



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"Fore" a good cause Fuel spill contained on Base

On 9 July, Wing Supply/Traffic held their 4th Annual Charity Golf Tournament and raised a total of \$1,250 for the Comox Valley Boys & Girls Club. All participants had a great day with the 4-ball best ball format. The team of Scott Klein, Rick Patterson, Steve Thomas and Bob McCully took first place with a score of 62 after 18 holes.

Thank you to all who donated and also all those who participated.



Picture (L-R) are tournament organizers Dan Gillatly and Rob King, a local sponsor - Fred Best of Van-Kam Freight Ways Ltd., CV Boys & Girls Club President Susan Wharram and Board Director Luc Lapointe with organizer Tim Dobbs.

19 AMS AVN Comp Shop News



Cpl John Yaniuk and MCpl Suzy Cuerrier speaking with two former RCAF members.

An estimated 20,000 litres of aircraft fuel were accidentally discharged on July 30 into a containment barrier at a fuelling point on the south-west corner of the base. Emergency response teams immediately proceeded to the scene and began arranging a clean up. No injuries were reported.

Base Environmental Officer Bob Allan expects the environmental impact of the spill to be minimal. "The spill was contained within an epoxy-coated concrete barrier," said Allan. "None of our monitoring wells are showing any escap-

ing fuel."

Fuel from a nearby Petroleum Oil and Lubricants (POL) storage facility is pumped to the fuelling point where it is then transferred to delivery vehicles. The vehicles then deliver the fuel to waiting aircraft. Neither civilian nor military aircraft operations are expected to be significantly impacted.

The cause of the spill has not yet been determined, however a mechanical fault is suspected. There is no connection between the spill and the fuel bowser accident that occurred in March.

Jake's Trivia Corner

1. Who was the first coach of the NHL's Winnipeg Jets?
2. What team did goalie Roger Crozier play his last NHL game for?
3. Which Cy Young award-winning pitcher earned a Ph.D and made it big in Kinesiology?

(Answers on page 11.)

With so much repetition in our day to day work, preparing for the Air Show was a welcome change in the AVN Component Shop. Shari Dunn volunteered to be the i/c of our display and actually got invited to one of the meetings. For the AOAP Labs display, Shari created a ferrographic comparison chart that she presented in the form of a quiz. Although it helped clear up the mystery of Ferrography, picking out the correct answer was no easy feat! Her idea to hand out suckers and photocopies of aircraft pictures made our display appealing to the many children who dropped by.

Marie Lapierre worked very hard at her "Air Force Then & Now" display board. Using a variety of resources to help the project along, she was able to put together a display that showed an interesting comparison between technicians working in 1942-1944 and those working in 1999. A special thank you is extended to Wing Imaging, the Comox Rec Centre, LCol Leversedge, 19 AMS

Refinishers and the 442 Sqn personnel for their time and effort toward making this display the success it was.

The "Component Shop At Work" Power Point slide show was the result of a collaborated effort as well. Wing Imaging personnel took excellent photographs of our always co-operative shop personnel, while Terry Hietanen spent many hours on his home computer creating the entire program necessary to present the slide show.

Once Suzy Cuerrier put the pictures and captions into the program, Terry fine-tuned the whole show to create a professional looking presentation. Terry also set up the Brake and Wheel display while John Yaniuk researched information for a very informative Battery Shop display. With the remaining available personnel helping with the set up and tear down of the display, the 19 AMS AVN Comp Shop display was truly one that all shop personnel could be proud of.

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And the band played on.....



Cadets "enjoy" a very dark and scary confidence course.

HMCS Quadra 48 years young

By Acting Sub/Lt Mark Clarke

HMCS Quadra is a Sea Cadet Training Establishment located in the Comox Valley, on Goose Spit in Comox Harbour, approximately 150 miles north of Victoria on Vancouver Island.

Quadra was opened as a Training Establishment in 1952 and was commissioned as HMCS Quadra until 1956, operating continuously since. Today Quadra trains Sea Cadets from every region in Canada. During the summer Quadra trains and employs over 1,000 cadets with an in-house population of approximately 940 personnel.

Training aboard HMCS Quadra is conducted in accordance with established Course Training Standard promulgated by National Defence Headquarters, Director of Cadets. In addition to the course training provided to junior cadets, on the job training is conducted within the Staff Cadet population, the Chiefs and Petty Officers of the Ship's Company.

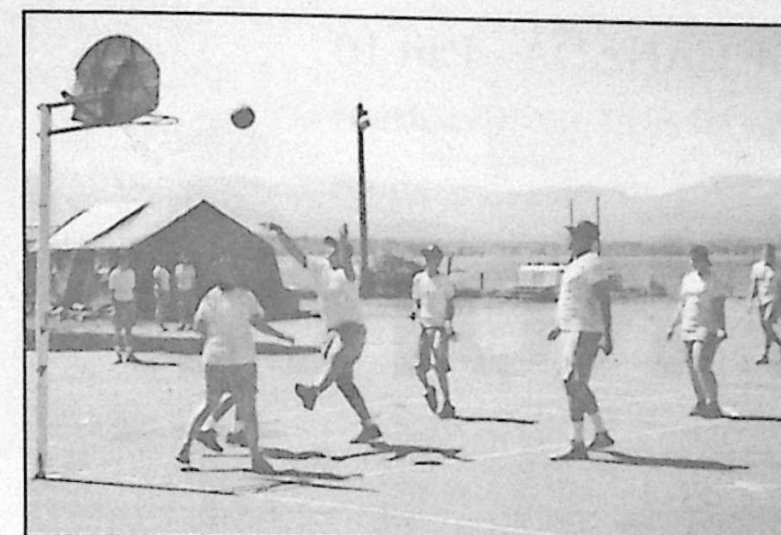
Quadra conducts an extensive sea training program for all Boatswain and Marine Engineering Cadets. A flotilla of vessels conducts overnight training exercises of three or five day's duration.

The adventure-training department also operates away from the main site of HMCS Quadra. This department conduct four-day overnight hikes in various areas of the Comox Valley.

The Ship's Crest is taken from the family crest of Captain Juan Francisco de Bodegay Quadra - the Spanish explorer who charted the west coast of B.C. in the same period as Captain George Vancouver surveyed for the British.



The Hon Guard at the "Rest on your arms" reverse position during the playing of the hymn "Crimond" at the Ceremony of the Flags.

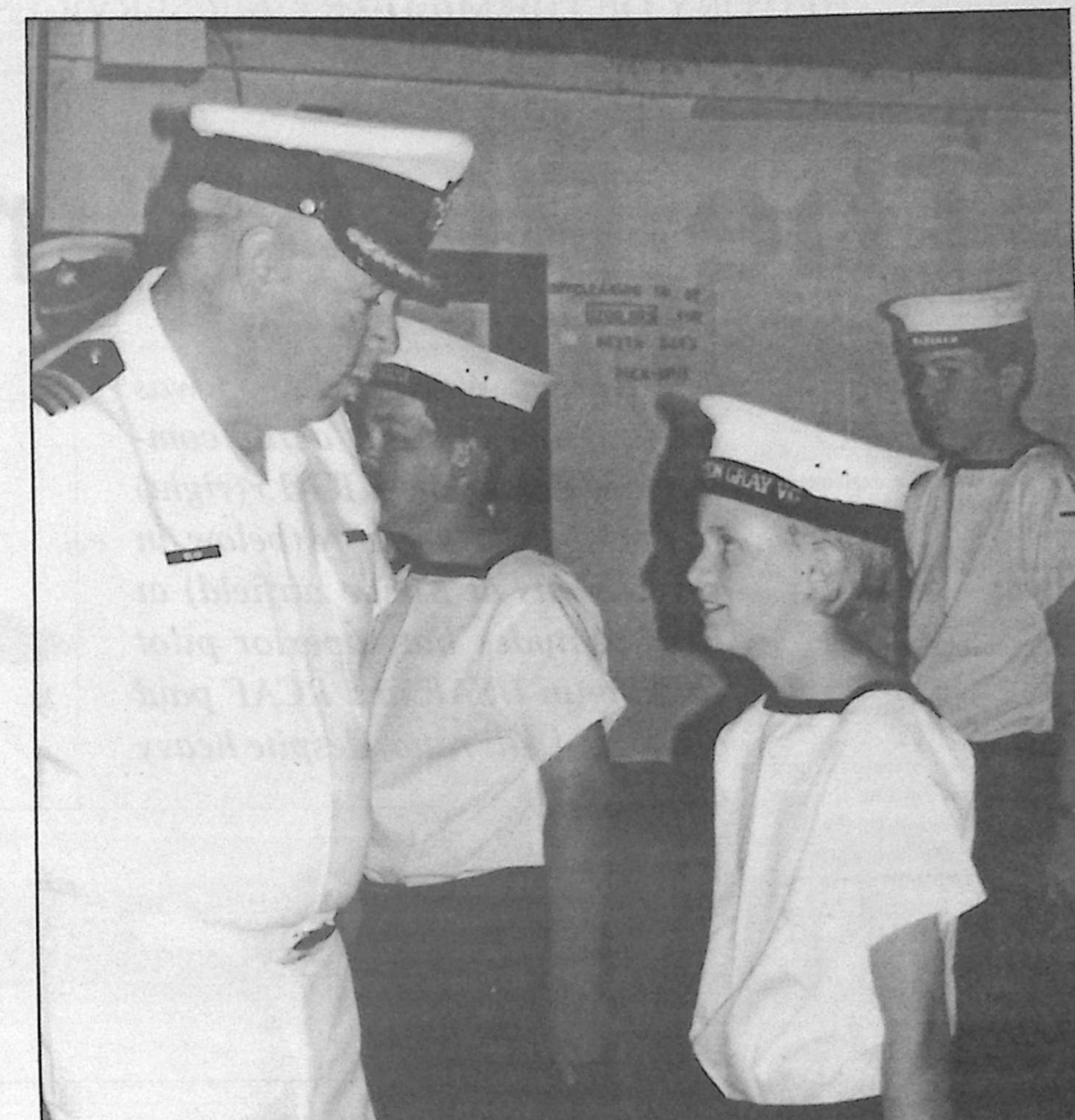


A quick game of hoops.



The territorial flag of Nunavut flew at the Ceremony of the Flags in Victoria

First Time Ever



Cadet Brandy Denny stands to for inspection by Cdr. Head.



Firing of the cannons during the Ceremony of the Flags in Victoria B.C.

HISTORY OF THE MILITARY AIR SERVICES OF CANADA - Part 10

(Original prepared by Capt D. Nicks. Editing and additional material by LCol Leversedge.)

The RCAF in Korea

Because the RCAF was rebuilding her fighter forces at the time of the Korean conflict (four wings of three squadrons each for NATO), it did not contribute any fighter squadrons. However, the RCAF did make significant contributions to the war effort.

Soon after the outbreak of hostilities in Korea, Canada committed her primary transport squadron (No.426 Sqn) to United Nations service. In July 1950 the RCAF ordered No.426 Sqn stationed at RCAF Station Lachine (Dorval) up to wartime strength (12 North Star aircraft) and, in late July, its personnel were detached to McChord AFB, Washington. From 25 July 1950 until 9 June 1954, No.426 (T) Sqn provided outstanding service to the UN in Korea, completing 599 missions for a total of over 34,000 flying hours. This was a feat, which amazed the U.S. Military Air Transport Service, "How so few could do so much with so little?"

Although Canada did not send any fighter squadrons to Korea, she did send pilots there on "exchange" with the United States Air Force. A total of 22 pilots served on Sabre squadrons and one RCN pilot served with a U.S. Navy Panther Fighter Squadron in Korea.



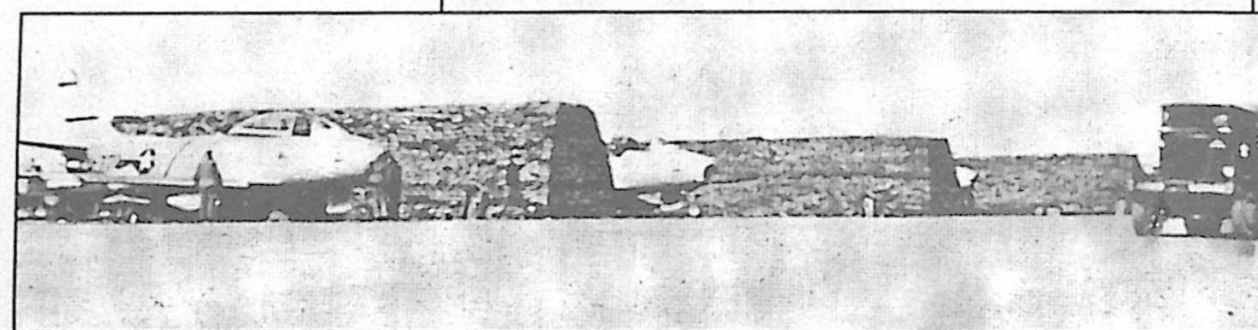
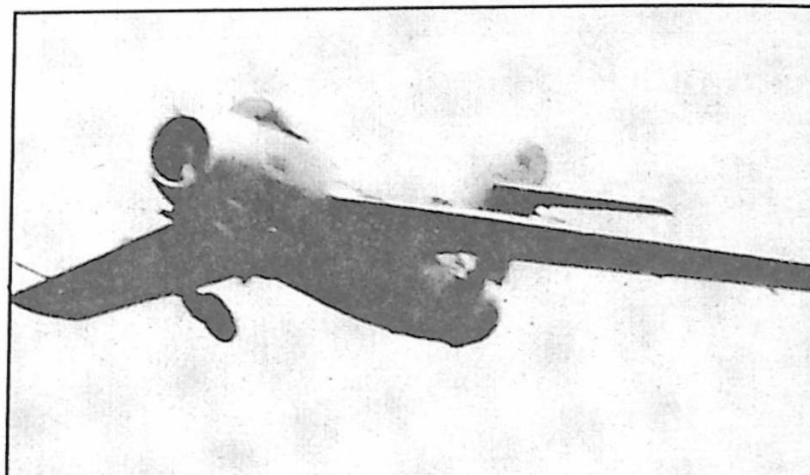
S/L J.D. Lindsay

A few of the RCAF's less well known Korean conflict Sabre pilots.



W/C R.T.P. Davidson

The Korean War of 1950-53 was the first time jet vs jet aerial combat took place. The MIG-15 (right) out-performed the Sabre (below, in revetements at Kimpo airfield) at high altitudes but superior pilot training in USAF and RCAF paid off in 10-1 kill ratio, despite heavy odds.



These pilots accounted for a total of 9 Mig-15s confirmed, 2 probable and 10 damaged. RCAF pilots were awarded seven U.S. Distinguished Flying Crosses, one Commonwealth Distinguished Flying Cross, four U.S. Air Medals and flew a total of 1,036 sorties in Korea. Of these pilots, only one was shot down and became a POW (S/L "Andy" MacKenzie was accidentally shot down by a USAF pilot). In addition, because the US could not produce the numbers of Sabres needed to sustain the war effort, Canada supplied the USAF with 60 F-86 Sabre Mk 2s (USAF F-86E-6).



F/L E.A. Glover



S/L A.R. Mackenzie

Air Display Teams

Lieutenant Colonel William Barker, one of Canada's much decorated air aces of the First World War, founded his own flying team of four captured German "war trophy" Fokker D VII scout planes. Based at Leaside, Lt Col Barker's team put on the first public exhibition of formation flying in Canada. A premier attraction at the 1919 Canadian National Exhibition (CNE), this demonstration team was the forerunner of all Canadian military aerobatic teams to follow.

The first official air display team formed by the RCAF were the "Siskins" in 1934 to celebrate the 25th anniversary of aviation in Canada. This team flew three Siskin fighter aircraft in close formation at many festivals and events throughout the summer season of 1934. The RCAF would not see another air demonstration team until after World War Two.

The first post-war jet demonstration team was formed at St Hubert in 1949. This team, known as "The Blue Devils," was formed from members of No.410 "Cougar" Squadron. They flew air demonstrations throughout the 1949 season. In the early 1950s a Centralia based team of Harvards, "The Easy Aces," flew close formation and aerobatic demonstrations in south-western Ontario.

In 1954, the Air Division decided to support an air demonstration team. The concept was each wing would provide a team on a rotational basis. The first wing selected was No.3 Wing Zweibrücken and the team was named "Fireballs." In their dis-

tinctly painted bright red Sabres, these boys dazzled crowds across Europe. The following year, 1955, No.2 Wing was selected to provide a team. The Air Division team was now called "The Sky Lancers." Approximately 20 shows were flown during the 1955 season. In 1956 No.4 Wing provided the members of The Sky Lancers. Unfortunately, on 2 March 1956, while practising their routine over the Rhine Valley, The Sky Lancers crashed near the Vosges Mountains south west of Strasbourg, killing four of the five team members. This accident put an end to RCAF aerobatic teams for several years.

1959 was the Golden Anniversary of aviation in Canada and the 35th anniversary of the RCAF. This event was not to go unannounced by the RCAF. A team was formed and they were to fly gold-painted Sabres with a large red and white hawk painted on each side. These were the "Golden Hawks." After a two-month work up at RCAF Station Chatham, N.B., they flew 69 shows across Canada. Although the Golden Hawks were formed for only one year, they were so popular that they continued for another year. 1960 saw the first performances of the Canadian team in the United States. The team continued their sterling performances until 1963 when they were transferred from Chatham to Trenton and then, after a total of 317 displays, on 7 February 1964 the Golden Hawks were disbanded. The reason given was to save \$750,000 a year in operating costs.

Between 1962 and 1964 an RCAF Station Moose Jaw based team called "The Goldilocks" was formed and flew air demonstrations across Canada. They were formed as a parody of The Golden Hawks and flew Harvards in some

of the craziest formations every seen by the public. The team disbanded when the Tutors replaced the Harvards.

To celebrate Canada's Centennial year, another single year-only team was formed and they were a part a large aerial demonstration. The formation team was called the "Golden Centennaires" and was formed at Portage la Prairie, Man. The plan was to perform 100 demonstrations across the country during the centennial year. Their final demonstration was on 18 November 1967 at Nellis AFB for the "Thunderbirds" reunion. The other members of the centennial demonstration were a solo CF-104, a solo CF-101 and two restored AVRO 504s.

A solo demonstration that flew the Canadian airshow circuit for many years was the bright red T-33 of "The Red Knight." Between 1958 and 1969 the Red Knight performed solo jet demonstrations across North America. The last years of the Red Knight were spent in a Tutor. The Red Knight was officially phased out in 1970 after the fatal crash of the last Red Knight.

The "Snowbirds," Canada's longest running air demonstration team, started in early 1970, when the base commander at CFB Moose Jaw noted that the Ex-Centennaire Tutors were painted all white. This new team was composed of pilot instructors from 2 Canadian Forces Flying Training School who practised after hours and on weekends and their demonstration was close formation only. Officially they were the 2 CFFTS demonstration team; it was not until 1971 that the name "Snowbirds" was used (the name was suggested by a seventh grade student in Saskatchewan). In 1974 they officially became the Canadian Forces Air Demonstration

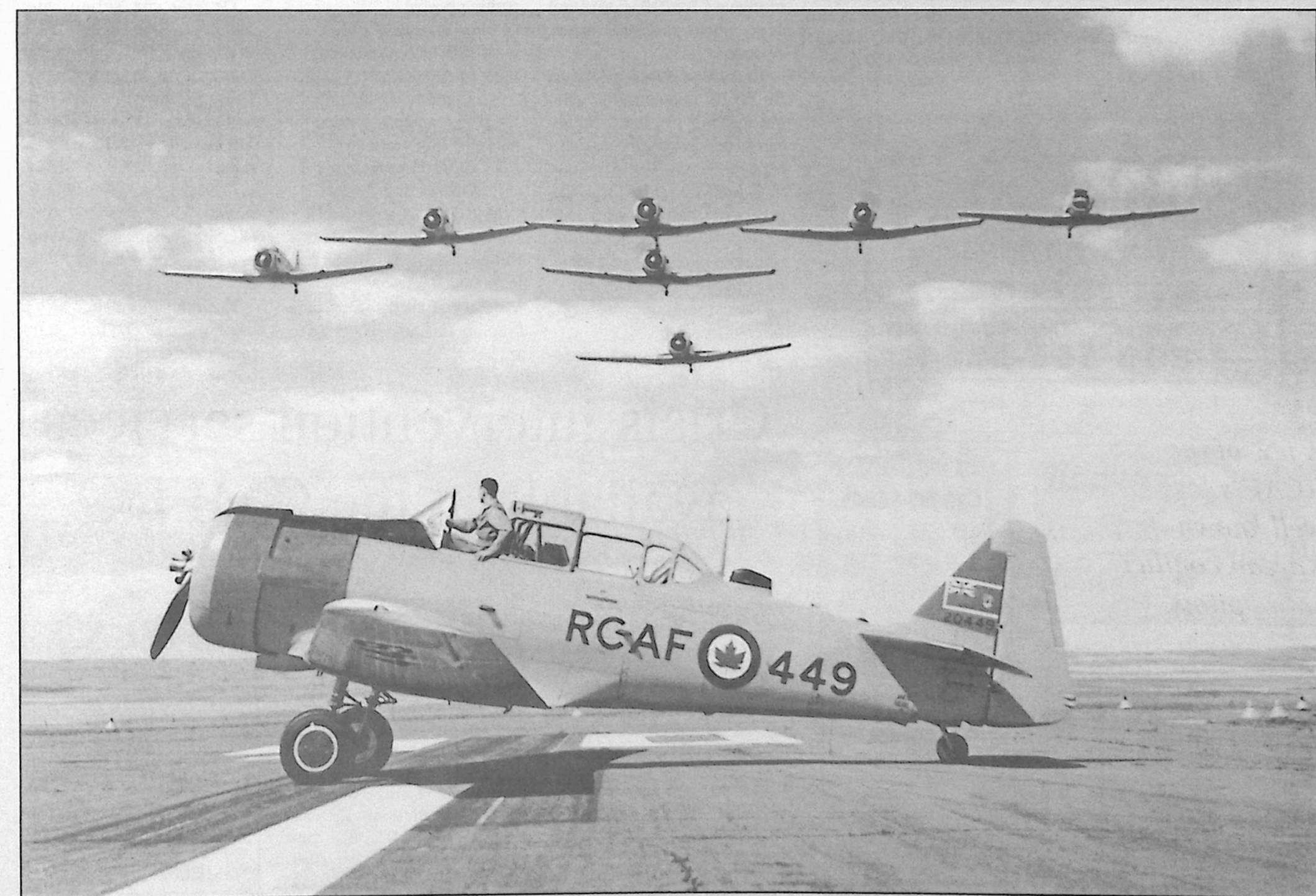


Team and in April 1978 they received squadron status, becoming 431 Air Demonstration Squadron. The Snowbirds have continued through to the present day as Canada's Air Ambassador to the world.

Many squadrons throughout the years have provided unofficial air demonstrations teams. Some of the teams have had some interesting names: The Bald Eagles (CF-100s), The Bobcats (CF-101s), The Warlocks (CF-101s), Roy and the Boys (CF-101s), The Vikings (Tutors), Musket-Gold (Musket-eers), The Dragonflies (Kiowas), The Hummingbirds (Kiowas), The Deadeye Zips (CF-104s) and many more.



Golden Hawks F-86 Sabre in Comox.



The Goldilocks Display Team.

Glacier Green golf shots



By Joyce Merrill
**Tuesday
Ladies**

What a grand day as 40 ladies came out for Pin Day on August 3.

Congratulations to Liz van Boeschoten with a low net score of 65. Helen Williams had 2nd low net on a C/B with 66. Pat Everett had 3rd net also with a 66 and 4th net Joyce Merrill with a 67. Low gross went to Duane Miles with an 84.

Tied for least putts were Lori Cameron, Verle Lafferty and Marguerite Fournier with 29.

KPs went to Ellie Nicholas #4, Marg Rushton #12 and Jean Maxwell #15. Sharon Warne won on #8 with her second shot closest to the pin. All received pizzas from Boston Pizza. Gussy Prichard won the 50/50 draw.

Don't forget the Club Championship August 14/15. Enter at the Pro Shop. Cost is \$25.

Monday Night Ladies Verchere Eagles #1

By Pat Belanger

Thirty ladies turned out for a very pleasant evening of golf on 26 July. Sue Powers won low gross, Sue Leakey low net and Jan Edwards least putts. Those winning a logo ball for birdies were: Gill Iddiols and Bobbi Howard-Muir; for Chips Ins: Jean Maxwell, Gill Iddiols and Pat Belanger; for an awesome Eagle on #1: Pat Verchere.

Sponsor winners were KP#4 - Fran Hume (Panagopoulos Pizza), KP#3 - Marie Israel (Aero Art), Longest Putt - Linda Picard (Scott Fraser Pro Shop), Longest Drive - Leah Wheeldon (Steve Dodd Catering), Betty Pearsall (Arderton Nursery), Sue Powers (Canadian 2 for 1 Pizza), Judy Brown (Aroma Crystal Therapy - The Garden Gate), Pat Belanger (Fish "N" Stitches), Pat Everett (The Griffin Pub), Teri Healey (Mystery Prize) and 50/50 draw.

Vehicle storage

By MWO M. Baye

The reconstruction of the Military Police Vehicle Storage Compound has been completed and it is requested that the owners of the following items remove them from the Wing to the compound as soon as possible:

1. Black "Raider" truck cap;
2. Utility trailer;
3. Utility trailer with ATV;
4. White Oldsmobile;
5. Utility trailer, Newfoundland Lic. #TDV 151;
6. Vanguard trailer/boat, hull #SZE 23811;
7. Black Jeep hardtop;
8. White Jeep hardtop;
9. CFB Comox bathtub;
10. Utility trailer;
11. Black Utility trailer;
12. Grey Plymouth Voyager, decal #16185; and
13. Bellevue tent trailer, BC Lic. #608 297

Entry to the compound can be arranged through LS Solloway at 339-8218. Items not removed by 20 August 1999 may be towed at the owner's expense.



Leaving on vacation? Don't forget your Camera!

Once again this year, the Military Family Service Program is looking for charming family pictures to illustrate their year 2000 Program Calendar.

This year's theme "Our Proudest Asset-Our Families" will be featuring the military life at its best. So it's time for you to get your camera and film and take advantage of good photo opportunities with your loved ones. Photographers will receive a fifty dollar prize for every photo published in the calendar.

Every year, the calendars are distributed at no cost throughout the military communities across the country through the Military Family Resource Centres (MFRC). The proceeds generated from corporate sponsorship are used to enhance the numerous programs and services offered by Military Family Resource Centres all over the country.

A multitude of super prizes

will be awarded in several different categories. Winning entries may be selected (with the permission of the entrant and properly accredited) for the following purposes:

- For publication in DND or CF publications and magazines, or on the DND Intranet;
- As already mentioned, for publication in the Military Family Services Program calendar for 2000;
- For display as part of a recruiting poster;
- For display at public forums such as National Exhibitions an Armed Forces days;
- As a poster advertising the DND Photography contest for the following year;

DND Photographic Awards and Prizes
Military Family Life Awards and Prizes:
Military Family Life Category: Prize \$300.00
Military Family Services Program Calendar, 2000: Prize \$50.00

You can submit your photos formally following the rules of the DND Photography Contest and by sending an entry form and your photos before 1 October 1999 to the following address:

DND Photography Contest
Canadian Forces Photographic Unit
National Research Council
Montreal Road Campus,
Building M-23
Ottawa Ontario K1A 0K2

Or you can submit any number of good quality photos in any size, black and white or colour through your Comox Military Family Resource Centre located at 119 Kinnikinnik. The deadline for informal submissions through the CMFRC is 17 September, 1999. Photographers must meet the same eligibility criteria as DND Photography Contest And fill an entry form.

For more information on the contest and to obtain an entry form and the rules, please contact the CMFRC at 339-8290.

Crisis intervention services available at the CMFRC

Do you know that the Comox Military Family Resource Centre has a Crisis Intervention and Referral service? Although it is not a program that is widely talked about as other MFRC programs (child care and youth for example), it is a community service that is as essential and as needed as our other favourites.

To every individual the word "crisis" is defined differently. To use this service your situation does not have to have reached an absolute critical state. It is often best to seek assistance and support before things get too far out of hand. Your dilemma may be one of a personal nature. It may involve your marriage, your friends, your children or it may be work related.

When you meet with Coreen Cherry, the Counselling Services Coordinator at the CMFRC you will have an opportunity to discuss your situation in an open and confidential manner, receive assistance in a mutual assessment of your situation, and, where appropriate, receive a referral to a local community helping agency.

The service is absolutely confidential, free of charge, and available to any member of your family. Any books, materials, or videos in our resource library you find helpful can be signed for and taken out at no cost.

If you are feeling "bummed out", "stressed", "on the edge" or simply need to talk something out with another party contact Coreen Cherry at 339-8286.



Swim Registration

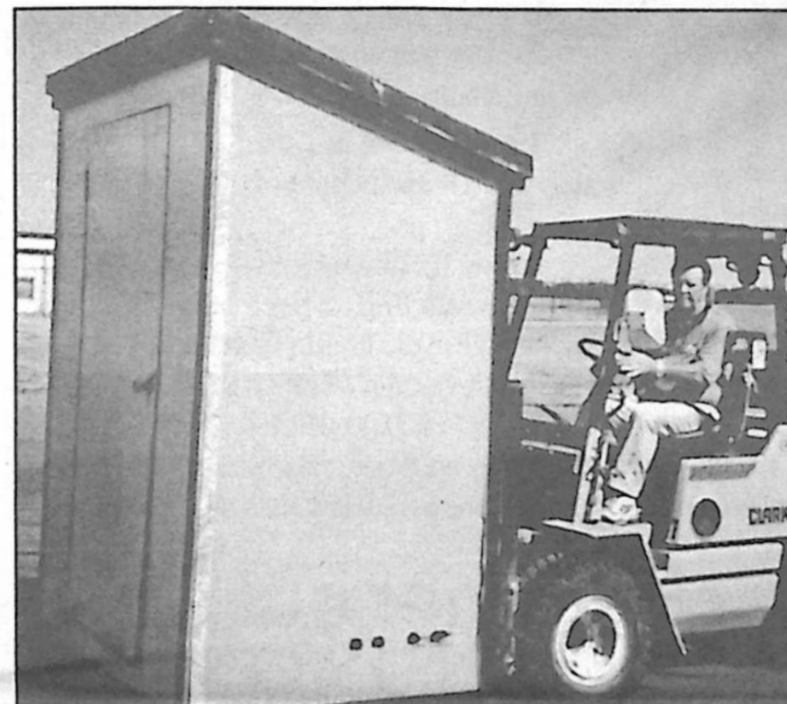
13 August
Base Recreation Centre
0800 - 1130 hrs.
Session 4 swimming starts
on 16 August
For more information, contact:
J.C. Fromont, Rec Coordinator
Loc 8989



C. E. Happenings

By
Finn

No RV patent pending - yet



CE storesperson Andy Clark - generating genius ideas.

It may look like a poor man's recreational vehicle, but CE storesperson Andy Clark doesn't mind. If he felt so inclined, he could easily make it from Base to Tee Pee Park in less than two days. From there to Kin Beach - probably - in under 10- hours. There may not be much room for pets, washing machines, bicycles and the sort, but three may quite comfortably sleep in tiers, using hammocks. Cooking is best done outdoors, and so it would go also for games like tennis, badminton and rugby, but dice may be safely played on the floor, and indoor darts is made easy by the restricted space. With binoculars and two chairs on the roof, an excellent viewing platform is assured with prospect of a small income if rented out on an hourly basis.

CE storesperson Andy Clark doesn't mind either the envy or the ridicule because all he is doing is removing the generator used at the wash hangar during the Air Show dance. But if the forklift-with-shed combo should inspire him to seek patent - well, many have made millions with much less to offer.

1 CAD acknowledges efforts



CE Structural Designer Al Donovan receives his certificate from WCEO Maj Wayne Gauthier.



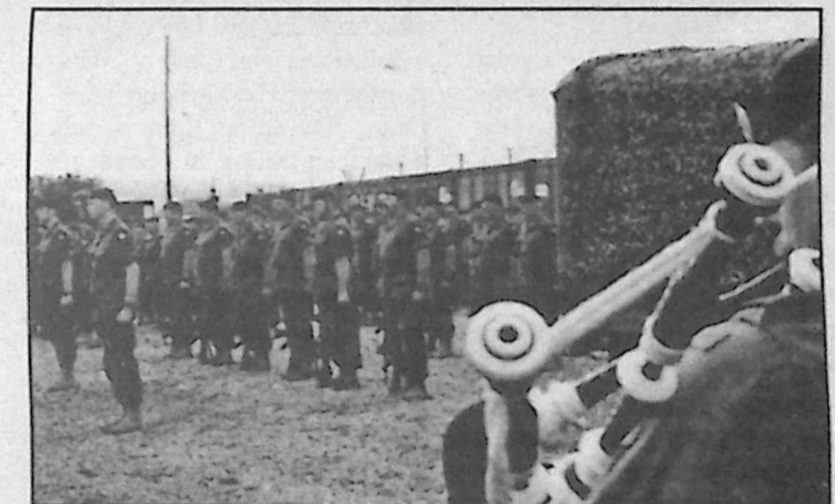
Camp Isfeld sign, made by WO Dave Hatcher, with the Cdn Contingent Commander, Col Ward.

Five years ago, MCpl Mark Isfeld from ICER was felled in the line of duty, killed while clearing mines in Bosnia. On the anniversary date of his death, 21 June, a dedication ceremony took place in Kosovo as the Canadian encampment was named Camp Isfeld in his memory.

Mark Isfeld's parents continue to live in Courtenay. His mother, Carol, has been featured on CBC TV, showing the dolls she is making in furtherance of his memory, sending them off to the children of Bosnia. He is also survived by his wife, Kelly.

"The days are long, so it is good to have a comfortable home to come back to," writes Capt Job Burbee, CE, currently on a six-month tasking to Kosovo. "Our people are hard at it building the main forward camp for 408 Tac Hel Sqn and the Armd Recce Sqn.

"Our own (AEF) Master Corporals Joe Huard, Glenn Baird and Robert Lamothe, are doing very well. Each have had strong roles within their sections, and the AEF is showing great morale and production."



Day camp was dedicated to the late MCpl Mark Isfeld. Capt Jon Burbee nearest in front row of officers.

Isfeld's memory honoured

Jake's Trivia Answers

1. Tommy McVie
2. Washington Capitals.
3. Mike Marshall.

When you
can't breathe,
nothing else
matters

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...to her baby's future!

Support USC community
development
programs in Nepal!

Call
1-800-5656-USC
With your pledge today!

Comox Military Family Resource Centre

Phone: 339-8290

Being a non-custodial parent

Your marriage is over and your ex has custody of the children. Working out the logistics of your parent-child visits - when to see them, what to do, the picking-up and the dropping off - may seem complex and a big effort for everyone involved.

So why bother?

No matter how much hurt, guilt and embarrassment you might feel - or how great the temptation is to "make a clean break" - your children deserve and need to have an ongoing relationship with you. Two parental role models, two branches to their family, two directions to turn when the chips are down, two parents to observe, think and talk about - this brings balance to a young life, boosts confidence and provides security.

As a non-custodial parent, you have a privileged relationship with your children. Being interested but not closely involved in their daily lives makes your perspective unique and something your children may come to value very much. Your point of view and the discipline and concern you offer can be very positive influence in their lives.

Positive, persistent and planned

The launching pad for a great non-custodial parent is an unshakable determination to act in the best interests of the children. This means you must:

- hide any and all antagonism you might feel towards your ex, so your children will be able to relax with you;
- resist all attempts to tie access to your children to financial support: spending time with you is a separate issue from money.
- resist any temptation to involve the children as messengers, confidants or spies;
- be persistent in your efforts to see and get through to them. It shows the children you care and that you didn't leave just to get away from them;
- be dependable - arrive on time

As a non-custodial parent, you have a privileged relationship with your children. Being interested but not closely involved in their daily lives makes your perspective unique and something your children may come to value very much.

and stick to any arrangements you make with the children your ex or a go-between;

• keep their health and safety in mind: offer them nourishing food, steer them clear of risky situations and suggest activities appropriate for their age;

• talk to your children: let them know how often they will see you, what sort of things you could do together and what kinds of limitation there will be on your relationship. Encourage them to talk about their feelings. Be open about money: let them know if you cannot afford their requests;

• try to spend some time alone with each child, especially if you become involved romantically with someone new. Each child needs to be reassured that he or she will be part of your new life too;

• give them time - gifts are no substitute.

Think and plan

Many non-custodial parents come to resent the artificiality of their visits with their children. They can get into a rut of expensive outings and predictable conversations. Here are some ways out:

• Consider the various roles parents play: caregiver, nurturer, friend, playmate, provider, cook, chauffeur, role model, coach. Experiment with those you have not tried before - this can be an opportunity for some fun, new skills and interests.

• Try making something together: go on a photo shoot, bake some cookies, decorate a photoframe - a bonus is you will have a reminder of the time you share together.

• Drop by your local parent resource centre: get involved, attend with your child, volunteer, or just visit and take note of the bulletin board.

• If you are faced with an uncommunicative child or one who says no to a visit, try to guess what's happening "on the other side of the wall". Is boredom, not being with friends or a feeling of disloyalty a factor? Are you treating them like little kids? Are their personality and interests changing? Adjust your approach when you call next week.

It will help if you can meet and get to know your children's teachers and friends a bit. You'll understand their stories better and know who to call if you're concerned about their education. And you'll learn what sort of people they enjoy spending time with on a regular basis - valuable information as you head out on another Saturday outing together.

Reprinted from The Canadian Association of Family Resource Programs Newsletter

News from the Kinnikinnik Child Care Centre



Preschool Update

French Immersion Sessions

Monday and Wednesdays 12:15 - 2:45pm

English Sessions

Tuesday and Thursdays 8:30 - 11:00am

and

Friday 12:15 - 2:45pm

These programs will be starting on September 8th, 1999. There is still space available in the English and French Immersion so please contact the Kinnikinnik Child Care office at 339-5051. The registration cost is \$20.00 which will be credited to your September bill. Birth certificate and immunization record must be presented at the time of registration.

Summer out of school day camp program

Spaces are still available for August sessions. The Out of School Program runs from 7:00am until 5:30pm. Children enrolled in the Day Camp will join the Out of School Care from 8:30am until 4:00pm. The participants will be busy with many activities including crafts, art, music, drama, crazy games and recreational sports. For more information call 339-5051.

A big thanks

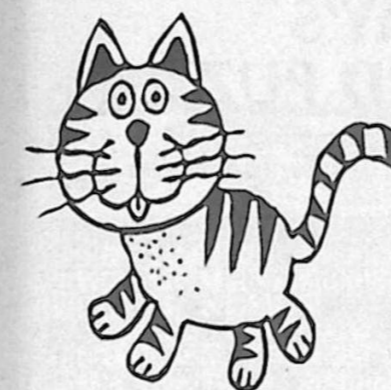
Thanks to everyone at the Kinnikinnik Child Care Centre and all the Military Personnel who helped make the Air Force's 75th Birthday a huge success.

The Air show drew many spectators from the Comox Valley as well as from out of the area. We can be proud to be a part of the community that hosted such a party!

We were glad to be able to offer the daycare service to the hard working Military members who helped make this a day to be proud of.

Comox Valley Fall Fair committee looking for volunteers

The Comox Valley Fall Fair takes place, September 18th and 19th. Entry books are available at the Comox Mall, Fanny's Fabrics, Art Knapps, or on line at <http://www.comoxfallfair.bc.ca>. If you live in the Comox Valley, this is your fair too! So let's see the entries from the military community, and if you have an hour or a day to give, come join us Thursday or Friday to help get the Fall Fair together, and to help make it the best one yet. For more information please call Sherry at the Fair office at 338-8177 or Carol at 338-4114.



Time for Pet Registration

WSO 2007.3 states:

No person shall acquire, own, keep, or harbour any pet within 19 Wing Comox resident areas unless such pet is licenced as herein provided.

WSO 2-07.4 states:

The owner of every pet shall each year pay a licence fee in accordance with the following schedule:

- a) for each male and female dog or cat \$20.
- b) for each neutered male and spayed female dog or cat \$10.
- c) all other pets \$5.

Pet registration is due once more. As of 31 August, all pets residing in the MQ areas must once again be registered. All pets may be registered at the Wallace Gardens office Mon - Fri, 0730 - 1200 hrs.



Our Mayor and Deputy Mayor would like to take this time to send a belated, but much appreciated "Thank You" to the people from WASF for all their help with the Canada Day celebrations. Without your help and all the dedicated volunteers, the day would not have been the success it was. Even if the weather did not cooperate, fun was had by all. Thank you again!

GREENPEACE GREEN TIPS

(NC)—When cutting your lawn, keep your mower blades high. The best height for grass is two and a half inches. Anything shorter is hard to maintain, encourages weeds and disease and requires more intervention. Longer grass also protects the roots, offering more shade and preventing water evaporation.

For a free copy of "Stepping Lightly on the Earth, Recipes for Responsibility" to learn more environmentally-friendly tips for your home and garden, please write: Greenpeace Information Office, 250 Dundas Street West, Suite 605B, Toronto, Ontario M5T 2Z5.

- News Canada



Your help is needed!!

WGCA is looking for Leaders for our Brownie/Guide groups for the 1999/2000 year.

The goal is to help young girls become responsible citizens, develop positive leadership skills, and to help them provide service to their community. They learn to cooperate with others and make new friends, while having fun, fun, fun!!!

If you are interested and would like more information, please call Terry Newell at 334-8898.



We still need a few ward reps

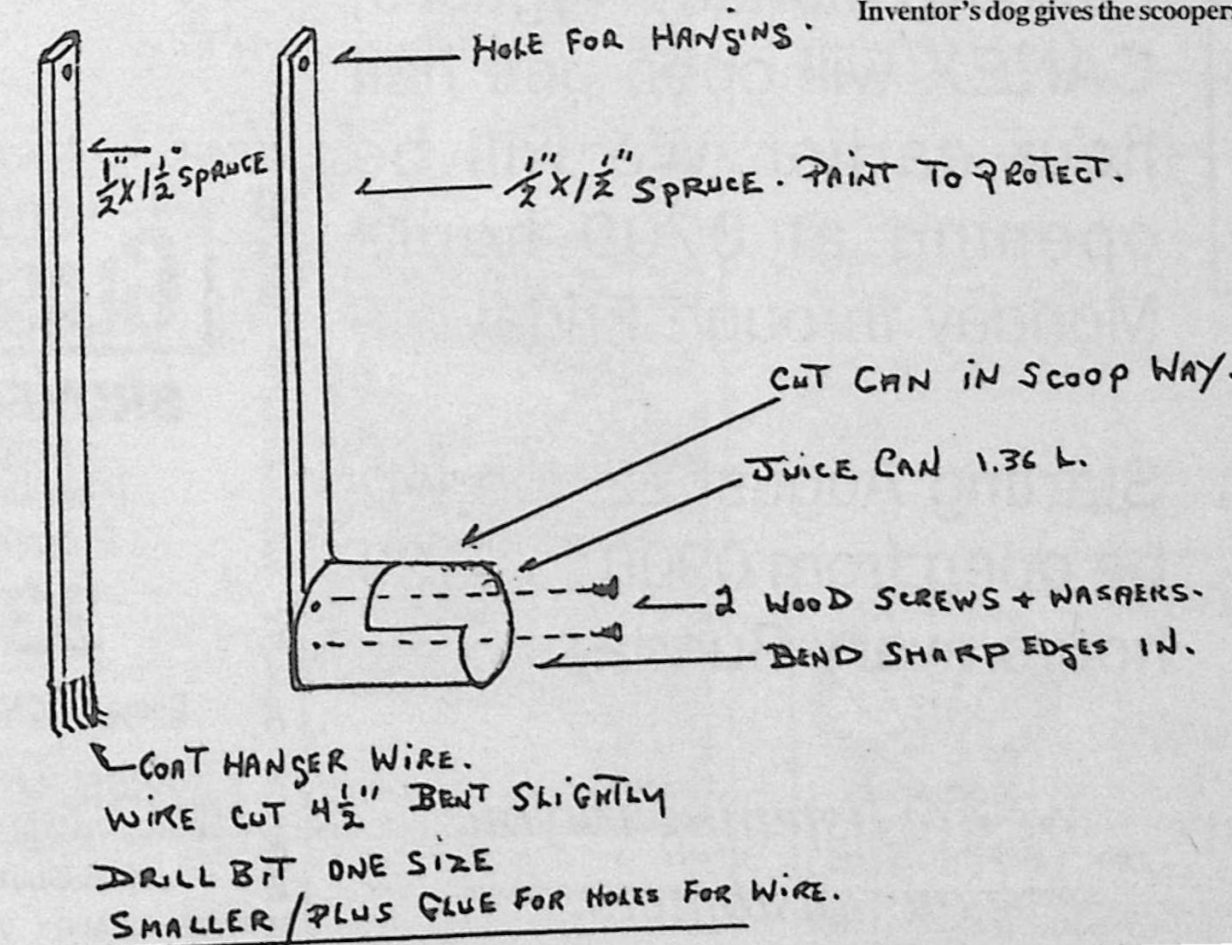
The WGCA consists of volunteers who organize and promote projects and services to enhance the quality of life in our community. All residents, 18 years of age or over, are eligible to become members of the association. The community is presently divided into nine wards, each having at least one representative on the community council. Each ward representative acts as a liaison between their respective ward residents and the WGCA on all matters pertaining to their ward.

We still have vacancies for reps as follows: Ward 2 (Blocks C, D, E, F & Houses 12 to 17A, Ward 5 (Houses 66 to 83A), Ward 6 (Houses 84 to 100A), Ward 7 (Blocks 102, 103, 105, 107, 108 and 110).

A ward rep is required for each ward and, if no one volunteers for the position, one will be appointed. Please do your part to help make your community a little better.

For more information please call the Town Clerk at 339-8211 loc 8571.

Looking for a easy way to remove those unwanted "pet droppings" from your property? Below are the simple plans for a super duper scooper provided by a local retired serviceman.



Inventor's dog gives the scoopers his seal of approval.

Please Note:

the date of the Fall Yard Sale has been changed to 18 September

Bins will be placed in the school parking lot Friday 17 September after school hours and picked up on Sunday September 19. They will be marked as follows:

1. **Scrap Metals & Appliances bin** - refrigeration units will be accepted ONLY if they have been purged and are clearly marked as being empty of all refrigerants. Propane bottles MUST be empty, devalued and purged.
2. **Cardboard bin** - please empty and flatten all cardboard boxes; contents of boxes to go into leftover bin.
3. **Furniture & Clean Wood bin**.
4. **Leftovers bin** - this includes everything else, i.e. the contents of cardboard boxes, book, magazines, stereos, TVs, pots, pans, etc.

TIRES & BATTERIES WILL NOT BE ACCEPTED.

Sorry, there will NOT be a bin for hazardous materials, paints, or wastes. Should you have any hazardous materials to be disposed of, please contact the W Eng O at 339-8187 or Terry Hide at 339-8721. Empty dry paint and aerosol cans are considered garbage. Paint cans with leftovers may be returned to the supplier.

YOUR COOPERATION IS REQUIRED!

For more information, please call Mr. P. Cartwright at 339-8185.

Employment assistance services for civilian spouses of CF members

Military families are faced with the many challenges that come with relocation and a military lifestyle. Many civilian spouses of CF members have voiced frustrations with the way the deployment, temporary posting and training programs impede their ability to find or sustain employment and/or pursue a career. Now, there is support available for military spouses to get help with job related issues such as: access to important career finding information, job searches and resume writing.

The new Family Resource Centre Spousal Employment Assistance federal initiative has been designed to help address these frustrations and attempts to find some solutions. Michelle O'Neill,

the CMFRC Spousal Employment Coordinator, will assist you with your job search:

- Learn how to create targeted and self-promoting resumes and cover letters.
- Practice and develop interview skills and receive constructive feedback.
- Explore career, educational, and self-employment options.
- Referrals are provided to relevant community agencies, services, colleges, and training institutes.
- Group workshops and programs related to personal and professional development.

Other CMFRC Resources
Available Include

Web based training (from Irenyx Data Group)

You can sign up to access over 190 on-line training courses on professional development, computer skills, technical courses, how to use the Internet, etc. Call the CMFRC at 339-8290 to schedule time on the computer.

CMFRC resource library

Book loans are available on job readiness and preparation skills - career planning - how to start a home-based business - distance and local educational opportunities - employment opportunities in BC - creating a business plan - personal development, etc.

Information on local community Brochures are available from employment centres, services, and educational institutions in the Comox Valley.



Income Opportunity
Millionaire maker reveals exciting new way to earn residual income in the comfort of your own home. 1-800-521-8563.
<2/2>

Miscellaneous for Sale

- Air Force female mess kit size 4.
- Hockey equipment for Pee Wee: Shin Pads size 14.5" \$20; Shoulder Pads size M \$30; Skates Tack 352, size 6 (?) \$45. Call 339-7972. <1/2>



Summered (early Macs) & Gravenstein apples ready 3rd week August.
Apple chips, Jams, Honey, Apple Juice.
Fruit Stand open daily 9:00 a.m. - 6:00 p.m.
339-7784
1507 Philmonte Road, Comox.

For Sale
Mick's Munchies
Thriving kiosk in the Comox Mall. Excellent couple or family business. Owners will train and recipes are included. Cheryl or Cliff 339-4460 or 897-0019.

Comox Valley Minor Hockey registration
contact:
Dale Stewart 334-0567
or
John Jackson 339-1901

Groupe AA en français
Le Groupe l'Espoir vous invite à venir fraterniser le dimanche soir à 7:30 p.m. au 1413 Little River Road, Lazo. Le Groupe l'Espoir est un groupe ouvert (Bienvenue aux AL-ANON). Pour plus de renseignements, appelez Emile 339-4008.

ReUnion 99
407 Sqn
Demon Association
17-19 Sept 99

We proudly invite all Demon squadron members, past and present, to a weekend of reminiscing and tale telling of days gone by. Come out and reunite with old friends.

Where: 19 Wing Comox
Cost: \$60.00 per person
(make cheque payable to 407 Sqn ReUnion)

Contact:
Maj R. Barrett (250)339-8211, loc 8538 or
Capt A. Laird, loc 8204.

St. Joseph's Hospital Auxiliary Society

Sale of Collectibles

including:
Linens, Books, Pictures, Silver, China, Jewellery
(We have a quantity of satin inserts which were Imperial Tobacco premiums prior to WWI)

At the Driftwood Mall
Fri 27 August
9:30 a.m. to 9:30 p.m.
Sat 28 August
9:30 a.m. to 6:00 p.m.
All proceeds to care and comfort of hospital patients.

Canadian Cancer Society Comox Valley Branch Calendar of Events August

14th Annual Volunteer Appreciation Luncheon in Fanny Bay, 12:00 noon. Car pool from Cancer office at 11:30 a.m.
28th Canadian Cancer Society Golf Tournament (18-hole Texas Scramble) at Sunnydale Golf Course. Registration at 11:30 a.m. Start 1:00 p.m. Cost: \$70, includes steak dinner & several contests. Entries accepted until Aug 23 at the Pro Shop or Cancer Society office, 102-1509 Cliffe Avenue, Courtenay.

Money and Youth

Sounds like an oxymoron, doesn't it? Not with a new **Money and Youth** program to be offered again this fall at Highland Secondary School. Grade 10 business class teacher Mr. Pat Lewis, together with Duane Gee, CFP and Kevin Dobbeltsteyn, CFP from Investors Group Financial Services will teach students the basics in personal financial management, goal setting, earning and investing, buying on credit and saving for future needs. Those life skills are presented in an interactive CD ROM classroom presentation package. The feedback from previous students and teachers has been very positive.

Money and Youth was developed in consultation with the Ministry of Education and other advisors. Investors Group sponsored the development of **Money and Youth** in consultation with the Canadian Foundation for Economic Education. If you would like more information on this program, contact Duane or Kevin at 338-7811 or Pat Lewis at 339-5525.

ENVIROtips...

Using your car less makes everyone breathe easier.

(NC)—A preferred "Green Zone" parking area for vehicles used for car pools has been introduced by Canada Mortgage and Housing Corporation in Ottawa as an incentive for employees to travel together to reduce emissions.

Envirofacts...

(NC)—Climate change is a change in the "average weather" taking into account temperature, wind patterns and precipitation. It is influenced also by human activity such as greenhouse gas emissions. The rate and magnitude of change, even fractions of degrees, have many implications for national ecosystems.

Notice CANEX NEW HOURS

Effective Monday August 9, CANEX will open one half hour earlier. We will be opening at 0700 hours Monday through Friday.

Starting August 22, we will be open from 0900 to 2100 hours every Sunday.

*We are listening to you,
our customers.*

TODAY'S CROSSWORD PUZZLE

ACROSS

1 File
5 Shore playthings
10 Baby garments
14 It comes back at you
15 Poetic
16 Western state
17 Trickle
18 Wrist's counterpart
19 McEntire of country music
20 Station, as troops
22 Reshuffled word
24 Likely
25 Made a hole in one
26 Preventing
30 Sweetheart
35 Gun a motor
36 Barnyard sound
37 Blazing
38 More caked with dirt
41 Blue-pencils
43 Gawks
44 Actress Gardner
45 Genesis name
46 Unprepared students' banes
47 Tumdowns
50 Unexplained sightings, maybe
53 Monk's title
54 Ask earnestly
58 Natural

DOWN

1 Actor Fox
2 Land measure
3 Ocean vessel
4 Willow relative
5 Recess
6 Writer Rand
7 Vex
8 Fragrant flower
9 Landscape
10 Dinky village
11 Caesar's route
12 "Ali" — and the
13 Forty Thieves
14 Fake
21 Choose
23 Ike's two-time opponent
25 In the past
26 Jargon
27 Firm
28 Vices
29 Word in the Postal Creed
31 On many

PREVIOUS PUZZLE SOLVED

ELMO PHASE MATS
BEEP ROVES AREA
BONETOPTICK GIST
RACED MINUTE
PEALED AMIE
GENTLE ADOPTED
ARTE DOLES SIRE
FIR VIP TEN
FOES SEATS SHAD
DETOURS UTTERS
LIZARD ALTAR
AVON ANNUALRING
RANG EATEN EOTE
KNEE STIRS DALE

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CANEX News

By Donna Young

Last year, when we had all the hot weather, we were very busy selling fans and were soon sold out. There wasn't a fan to be had in the whole Comox Valley. This year we still have a stock of fans for all of you who couldn't find one last year!

While most of us are enjoying the sunshine and the warmth of the sun, I feel sorry for the fellows working so hard on the demolition of the old vault from the old Wallace Gardens building and the fellows working construction on the new Recreation Centre as well as the new motel/barracks. The days are long and hot when you are working outside.

Manon, Erich and Stephanie made it home safely from Ontario after an enjoyable visit with family. Manon said it was nice to leave the high humidity levels there and return to the valley, even if it meant she had to come back to work!

We all send speedy recovery wishes to David, son of Denise and Claude, after his brief stay in Victoria Hospital. Have patience with your Mom, David; we mothers have a difficult time handling these things.

Renovations are set to begin on the CANEX again. This time they will be fairly extensive with major parts of the store being moved from one end to the other. The coolers

will all be moved and walls rearranged to give us a lot more display room. I believe there are to be new shelving units and fixtures as well. So, please pardon the dust and we will be open to serve you, as always.

Check out our flyer with all the specials for our next big sale coming up soon. I heard somewhere in the last few days that some people had started Christmas shopping already. I guess that is a good thing but to be that organized seems almost like a sickness! The thought just makes me shudder!

We would like to welcome Manon Gauthier, a new staff member, on board. She will be working as a cashier. Scott is back from his leave looking all rested and calm and Gary was very happy to put the warehouse back in Scott's hands. By the Friday of the last week of Scott's leave, Gary was really looking forward to going back to his own job as cashier. You did a good job Gary and welcome back Scott.

We are all looking forward to a staff golf tournament at Longlands — it doesn't really matter if you are a golfer, the main idea is to have fun and a few laughs together away from work. We are looking forward to the barbecue at Scott and Katie's, everyone who was at the last one is still raving about

how great it was. Terry and Marg are hoping to get moved back into their house after a problem with a water pipe that burst while they were camping one weekend.

Terry likes camping but, after a month in the motorhome, I think he and Marg are both ready for more space! George and I have company arriving from Alberta and from the interior. Planned is a voyage to Minstrel Island, where my family lived many years ago. There isn't much left of the settlement but we are eager to see the country again. My memories are somewhat faded as we left there when I was four, and that was a few years ago!

This is my last column for the Totem Times as I have resigned from my position at CANEX and will be taking up a new position at the CIBC in Courtenay. Thank you to all the staff at CANEX for their kindness and friendship. It has been a good place to work and I will miss seeing you all every day. To the readers of the Totem Times, thank you for your comments. It was nice to know that you took the time to read this column. Have fun with what is left of the summer, back to school starts very soon.

Remember
CANEX is
YOUR store!

Lottery Winner at CANEX!

When customer Doris Folliott purchased a "Much Ado About Nothing" scratch ticket, it was soon a "Big Ado About Something" as she won \$1,000! Congratulating her is Sheila O'Callaghan, the CANEX staffer who sold her the winning ticket.



Royal Canadian Legion

Branch 17 Courtenay (334-4322)

Dance: every Friday evening, 8:00 p.m.
Aug 13 Andrew & The Machine
Aug 20 Country Cousins
Aug 27 Eldorado

Special Events:

-1st Annual Ladies Pageant - Sat Aug 21 at 8:00 p.m.
-Branch Toga Party - Fri 27 Aug.
Come out for a fun evening and enjoy yourself.
-Aug 28 Fun Golf at Longlands, 3:00 p.m.
\$15.00 entry includes BBQ. Register at bar.

Branch 28 Cumberland (336-2361)

Every Wednesday, Bingo 7:00 p.m.
Hall rental: non-members \$75, members \$50, kitchen use \$25.

Branch 160 Comox (339-2022)

Mondays...Ladies Auxiliary Drop-in Bingo
(Upper Hall doors open 6:30 p.m., Bingo 7:00 p.m.)
Friday Night Dances 8-12 p.m.
Aug 13 Eldorado
Aug 20 Highway 19
Aug 27 Country Cousins
Sep 03 Island Country

Special event: Sun 22 Aug.
Hank Wardal-King Picnic, Air Force Beach 1:00 - 6:00 p.m.
Friday & Saturday: Meat Draws (3:00-6:00 p.m.)
For hall rentals contact Ken Seymour 339-2022, Mon-Fri.

888 (KOMOX) RCAF WING



Air Force Association of Canada

Calendar of Events

July 10 - Aug 16 every Saturday to:

Steak Night - August 16: Cards/Darts/Bocci and Rollover Raffle, 5:30 - 7:00 p.m. \$7.00

Battle of Britain Parade - 19 September: form up at CFB Ice Arena 10:30 hrs. A maximum attendance by members is requested. Dress - traditional, regalia.

Sunday Brunches & Games: First Sunday each month, commencing September 3.

Golf Tourney - 4 September. Tickets August 18.

Candlelight Supper - 25 September. Seating plan, music by New Music Man. Tickets September 8.

Pub Grub starts September 10. Horse Racing, Darts, Cards.

Oktoberfest - October 23.

Next Wing General Meeting: Wednesday, 6 October, 8:00 p.m.

Regular Force Members Welcome!

888 Wing hours:

Monday - closed* Tuesday - closed
Wednesday, noon - 6:00 p.m. Thursday, noon - 1:00 a.m.**
Friday, noon - 1:00 a.m.** Saturday, noon - 1:00 a.m.**
* Bar open on Holiday Mondays. ** Bar could be closed as early as 9:00 p.m. if there are no customers, at the discretion of the Bar Manager.



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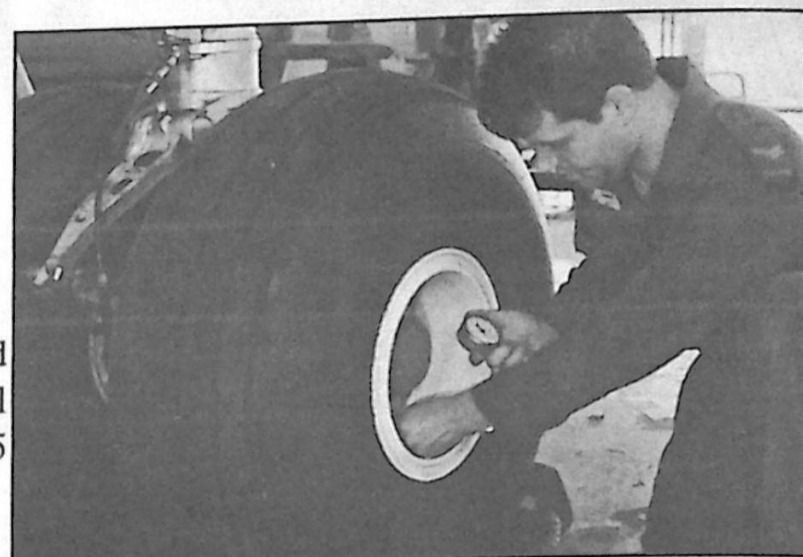
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SERVICE QUALITY WORKMANSHIP SERVICE QUALITY

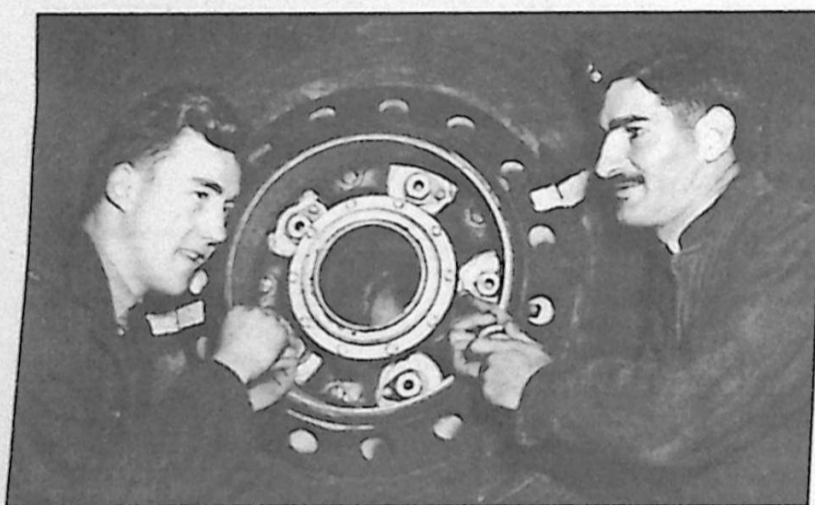
Airframe technicians then and now



1942: Tech checking the tire pressure on a Handley Page Halifax tail wheel.



1999: Cpl Lessard checking the main wheel tire pressure on a CC115 Buffalo aircraft.



1942: Techs working on a main wheel.



1999: Cpl Lefebvre & Cpl Healey working on a CP140 Aurora main wheel.



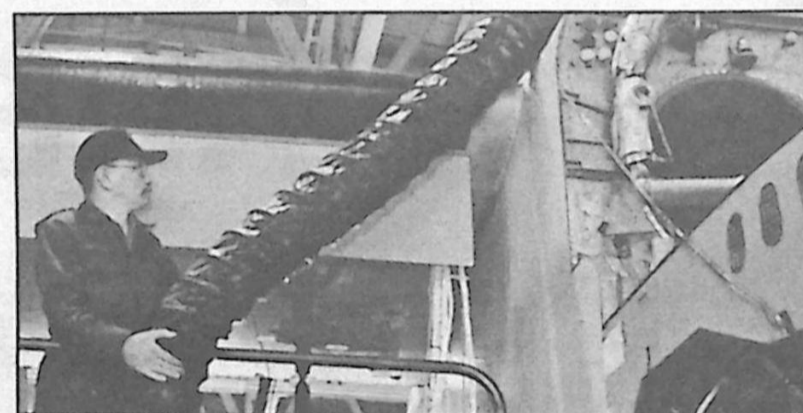
1942: Jeannette Touchette working on an airspeed gauge on an Avro Anson MK III.



1999: Cpl Lamontagne installing a CC115 Buffalo engine oil pressure gauge.



1944: Tech working on a fuel snag on what looks like a Short Sunderland aircraft.



1999: MCpl Melville working on a CC115 Buffalo fuel snag.



1944: Tech installing an intercom box.

1999: Cpl Larocque installing an electrical component on a CH113 Labrador aircraft.



Many thanks to Marie Lapierre and MCpl Suzy Cuerrier for allowing us to use their Airshow display for our Heritage page.



Summer Hours
for
Comox Air Force Museum
Located at the entrance to CFB Comox
Open weekdays, weekends & holidays
10:00 a.m. till 4:00 p.m.

