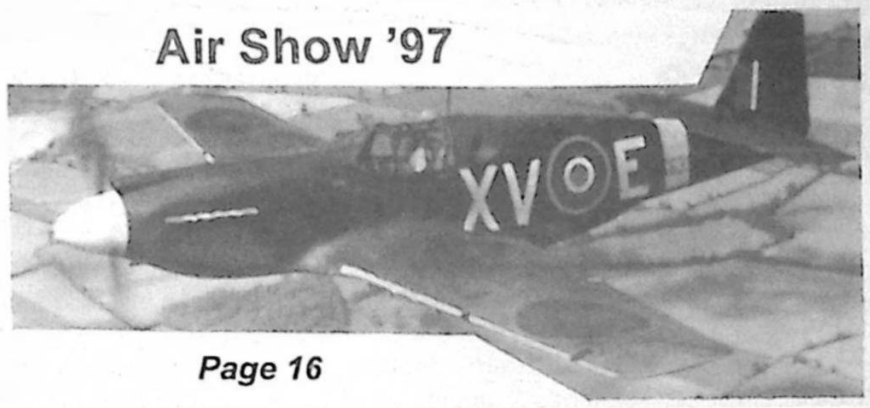
Air Show '97



Page 16

Comox Builders' Junior Golf Tour

See Page 8

TOTEM TIMES

19 Wing CFB Comox B.C.

VOL 39 NO 11 | The Comox Valley's Oldest Newspaper | THURSDAY 17 JULY 1997 | COST: PRICELESS

Cake, balloons & fireworks too!

After many pre-Canada Day meetings, the Wallace Gardens Community Association Canada Day Organizing Committee, aided by the tremendous efforts of its many volunteers and the various sections from 19 Wing Comox, held Canada Day family activities at Air Force Beach on July 1, 1997.

The Air Force Beach parking lot was turned into a large activity centre. A majority of the setup was completed the day prior, thus making life a lot easier for the volunteers scheduled to assist with the actual Canada Day activities. This was a result of extremely hard work by the Events Grounds setup coordinators Gary Dixon, Andy Euyteneier, Mark Parker and Ed Trenholm. The four coordinators were not alone in their efforts, many volunteers lent a helping hand.

Canada Day itself started off somewhat wet with early morning showers but by early afternoon the showers had stopped and we settled in for overcast with cloudy conditions. The committee agreed this was good enough for the activities to begin.

Families started arriving almost a half hour prior to the scheduled activities. Upon entering the grounds they were greeted by Carmie Dixon and her dedicated group of volunteers who gave to all visitors a variety of Canada Day memorabilia. It was at this location that visitors were informed of the schedule of activities, their locations, as well as given the opportunity to purchase tickets for the food concession stands.

Three large modules were set up for the food concession area. Volunteers sporting aprons with cooking utensils in hand cooked up fantastic hot dogs and hamburgers.

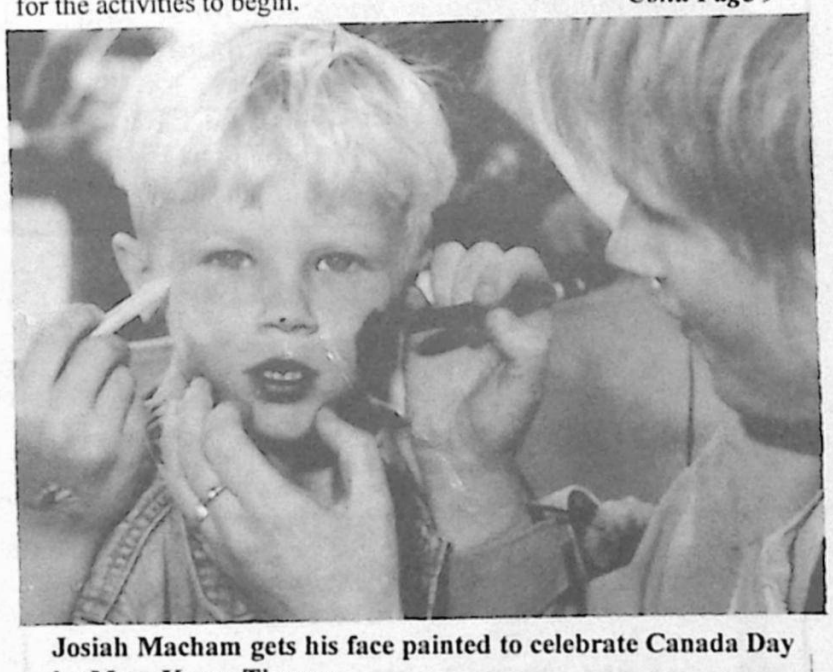
Once families had the opportunity to acquire a hot meal, the tour began of the many different activity setups. The WGCA Fish Pond allowed children a chance to test their fishing skills. Using a fishing pole and the assistance of a little yellow plastic duck children fished for prizes.

Not far from the Fish Pond, Bouncemania provided three different sizes of bouncers for the

Cont. Page 9

Just dropped in, Gran

Gladys Shaw (90 years old) of Sardis, B.C., greets her grandson Sgt Bill Shaw, a SARTech with 442 Squadron, after he rapelled into the AG Rec Centre in Chilliwack, commemorating the closure of CFB Chilliwack July 1.



Josiah Macham gets his face painted to celebrate Canada Day by Mom Karen Tierney.

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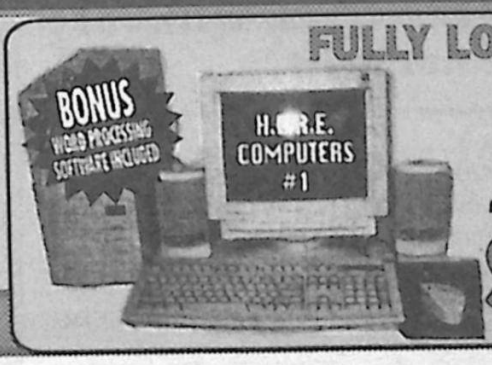

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Legion Log

BRANCH 160 COMOX 339-2022

ENTERTAINMENT:

Fri July 18	...	HIGHWAY 19
Fri July 25	...	FATMAN'S KARAOKE
Fri Aug 1	...	STRIKE IT RICH
Fri Aug 7	...	ALLEYCATS
Fri Aug 15	...	THE EASTERNERS

REGULAR EVENTS:

SUNDAYS.....Lounge Hours 12:00 Noon to 7:00 pm
MONDAYS.....LA Drop-In Bingo, Upper Hall, 7:00 pm
Monday night Men's Dart League recessed to Sept 97
TUESDAYS.....Mixed Dart League recessed to Sept 97
Ladies Crib League 7:30 pm in Lounge recessed to Sept 97
WEDNESDAYS.....Navy League Drop-In Bingo, 7:00 pm
Upper Island Men's Crib League recessed to Sept 97
THURSDAYS.....*1st Br.160 Exec. Mtg. Upper Hall, 7:30 pm
1st L.A. Executive Meeting (as required) 7:30 pm
*2nd L.A. General Meeting, Upper Hall. 8:00 pm
*3rd Branch 160 General Meeting, Upper Hall. 8:00 pm
FRIDAYS.....TGIF, Meat Draws in Lounge, 3:00 - 6:00 pm
Dance, Lounge (unless advised)
SATURDAYS.....Meat Draws in Lounge, 3:00 - 6:00 pm

Hall Rentals or requests for Special Functions: Please contact **Ken Seymour** in office, Mon - Fri, at **339-2022**.

BRANCH 17 COURTENAY 334-4322

REGULAR EVENTS:

BINGO.....every Thur, Fri & Sun 7:00 pm
MEAT DRAW.....every Fri 6:30 pm. Also every Sat 3:00 pm
DANCE.....every Friday night, 8:00 pm
18 July.....Andrew Schmidt
25 July.....Eldorado
FUN CRIB.....every Wednesday night 8:00 pm
FUN DARTS.....every second Thursday night 7:30 pm
BARGAIN DAY.....every Tuesday, all day
BBQ LUNCH SPECIALS...every Weds & Fri 11:30 am - 1:30 pm
"New" Steak Sandwich $4.00

GENERAL MEETING.....cancelled for July & August.
Next General Meeting will be held 23 September.

Special Events

Saturday Night Dances: 19 July.....Wayne's Music

Complimentary (free) membership for serving CAF members. Phone office for more info.

BASE PERSONNEL WELCOME AT BR. 17
Office: 334-4322 Service Officer: 334-3613

NEXT DEADLINES

Advertising - 23 July.

Articles - 25 July, NOON

Thank you for your support

We, at the Totem Times, would like to encourage all our readers to support our advertisers, without whom we would not exist.

Murphy's Laws on Combat Operations

The enemy only attacks on two occasions: when you are ready and when you aren't•Fortify your front well enough and they'll for sure come from behind•If you are forward of your position, the artillery will be short•Team work is essential; it gives them someone else to shoot at•Your weapon was made by the lowest bidder.

CF Photo Contest

The annual CF Photo Contest will be held in Ottawa 30-31 October 97. It is open to Regular, Reserve and Civilian employees and their dependants. Cadets and retired CF military members are also eligible. Colour or black and white prints can be entered in the following categories: Military Life, Portraits, Special Effects, Sports, Technical and Open, up to a maximum of six entries per person.

The 19 Wing Photo Section is the unit contest coordinator. All entries are to be submitted to the section by 17 October for forwarding to Ottawa with all the proper entry forms.

For more information on contest rules and details, watch for the Routine Orders or contact your friendly Photo Section at local 8324.

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Posted to 4 Wing Cold Lake?

Medley Family and Community Services exists to provide services and programs that serve to strengthen family and community life. Through volunteer efforts and community input, needs are identified and programs established.

We offer **Information and Referral**; **Family Education and Preventative Progrrms** (such as Before and After School Supervision, Youth/Teen Centre, Parenting Courses, Suicide Prevention Seminars, Connecting Friends, and Spouses of Spouses Away); **Counselling** (individual and family); **Community Services and Events** (such as RV Compound, Arts and Craft Shows, Medley Days, and Canada Day); **Childcare Services** (Day Care, Satellite Day Homes, Babysitting, Pre-School, Toy Library and Play With Me); **Lifeskills Program**; **Volunteer Opportunities** and much, much more!!!

We are looking forward to your arrival. We will help you get settled in your new community. We invite you and your family to contact or visit our offices. We can help you find information you may need to get settled in, meet other members of the community and more. Give us a call or drop in!

Medley Family and Community Services, Medley Community Centre located in Bldg. #674, 4 Wing, CFB Cold Lake. Phone (403) 594-6006. Office hours: 0800 - 1630 Monday to Friday (including lunch hours).
Mailing address: PO Box 5260 Station Forces, Cold Lake, Alberta T9M 2C3.

Canadian Forces Housing Agency News update

One of the things that MQ residents may have noticed over the past month or two is the participation in the self-help program that CFHA has started. The program may include just about anything that a resident may wish to do to their unit, within the financial limitations of the program.

We have had residents participate by doing things like adding plants and shrubs to their yards, to painting the entire exterior of the row house in a joint effort by all the tenants in the building. Perhaps some of you have had the opportunity to go by Row house 117 and see the great job they did on the building.

The guidelines of the program are quite simple - as long as it enhances the quality of the building or the life style of the people, we're all for it. For example, a person may decide to plant some flowers in their yard. As long as they are perennials and not annuals, great. You want to paint your bathroom or fix that clothesline? That's also great.

If you have any ideas on projects you would like to try, come on down and see us, or give us a call. We will be glad to answer any of your questions. Also, if you have any thoughts on what additions you would like to see to the Self-help Program, let us know. We would love to hear them.

In closing, we'll leave you with these thoughts from our manager, Mr. V.J. Izquierdo:

They left as they arrived, everywhere around the world. Some people decide to live nomadic lives, some sedentary lives.

My friends, our friends, will soon or are already gone. The friendship that was created might be for a short or a long period, only time will decide.

To all those who, like my family, see their friends leaving toward other adventures, other lives, it may not be easy to say goodbye.

However, we will keep making our destiny and one day, since the earth is relatively small, we will meet again somewhere with laughs, smiles and hugs.

To all the Pierres, Andrees and Fannys I'll say to you have a good trip towards your new life, grow up, have fun, and every time you look at the sun we will be doing it in unison.

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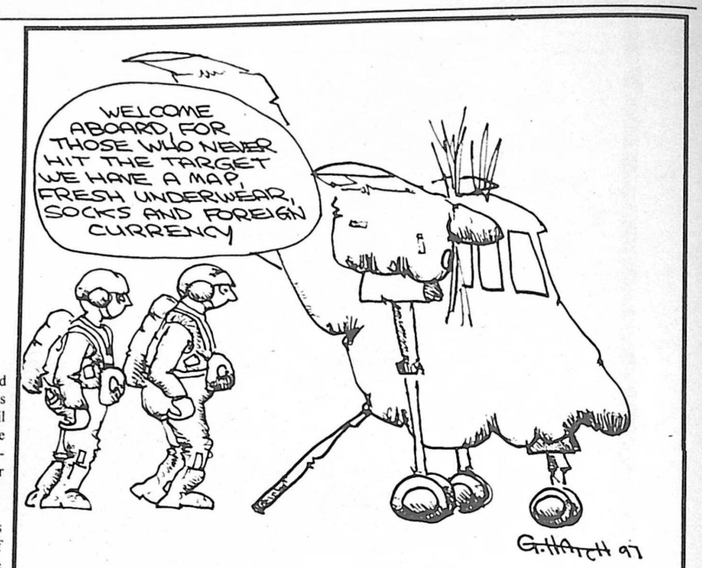
Editorial

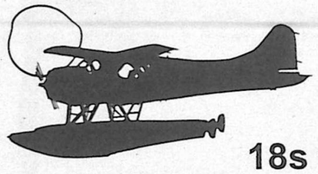
The more I try to organize my work schedule, the more I am convinced that there is a higher being that just enjoys watching me/us try. There is no such thing as an organized, pre-planned event that runs smoothly, until the event is over and the debriefing begins. Only then, in the collective memory, did everything work smoothly. So smoothly, in fact, that everybody looks forward to the next event. That's the little joke that the Higher Being plays on us, in order to perpetuate the fun.

Each issue of this paper is fun to produce - after it has been produced. It's one day to deadline and the usual crowd shuffles in. The weekend staff at the Museum left a note saying "the photocopier doesn't work." The ARAF computers were taken in two days ago to have their memory updated. The good news is that all the computers now have more memory, the bad news is that none of them work. The Managing Editor is away, and the Editor in Chief is left in charge. You know what it means when the boss actually gets to touch the switches - chaos, of course. Yet despite all of this, the real publisher of the paper, the typesetter/bookkeeper (how misleading) will see us through again. And we will debrief it as a success that requires repeating. And the Higher Being will continue to have its fun. Did I hear Airshow 98?

Joel Clarkston



BE A SARTECH - SEE THE WORLD



LETTERS TO THE EDITOR

Shout it Aloud

I read the paper,
and the news was good,
and so I learned the story
of how our Search & Rescue
folks
had aided a sinking dory.

Three lives were saved,
and I was glad,
for the stormy seas are cold.
But the story I read
was *Record* news
and more than three days old.

It's here I toil
and spend my days,
in support of those who fly.
How come that
noble deeds are told us late
- pray, tell me - *why?*

An HQ we got,
and a PA, too,
and reasons none to hide
that news that's good,
broadcast at speed,
instill a certain pride!

May I submit
a humble plea:
Let good news travel fast.
To cheer the deed
make us the first
- not everytime the last.

finn

18s to Bosnia

On 27 June, 1997, the Ministry of National Defence announced that Canada will provide six CF-18 fighter aircraft and up to 125 personnel for three months to support NATOs SFOR operations in Bosnia.

As Commander of the Air Force, I am extremely proud that SACEUR sought our assistance and that our government agreed to our participation. It is another indication of the high regard that we enjoy in the international arenas.

In his announcement, the Minister of National Defence said "The deployment of CF-18s will contribute to the operational capability of NATO's integrated air force and the safety of the troops on the ground. Canada has consistently been a strong advocate of international security and our participation in this mission is evidence of our commitment to continued peace in the region."

The CF-18s will depart from 4 Wing Cold Lake in mid-August for their operating base in Aviano, Italy. The aircraft will carry out air patrols over Bosnia assisting NATO in detecting violations of the "No-fly Zone."

I know that our people will do extremely well in this mission. Soon training and preparations will begin. Good luck and Godspeed to all involved and to those who will support here at home.

A picture is worth....

Will you be submitting an article on an upcoming event? Would a photograph make your article more appealing and eye-catching? We now have a photographer on staff who will try to be there and capture the moment on film for you. At least one week prior to the event call 338-1956 and ask for Bob, or leave a message. We will do our best to get the photo you desire.

Disbandment of Fighter Group

Since the Silver Dart first took to the air at Baddeck, Nova Scotia in 1909, air power had been vital to Canada's interests. With respect to the defence of the nation, the ability to control our skies and, if necessary, to project air power overseas is now part of our basic doctrine. To this end, Fighter Group and it predecessors succeeded in ensuring that Canada had a multi-role, combat capable fighter force. This acknowledges the debt that we owe the men and women of Fighter Group.

Almost 15 years ago, on 15 July 1982, Fighter Group was formed with a mandate to look after the fighter forces stationed in Canada. Its main role was to control Canadian air space and to contribute to the security of North America in conjunction with American forces are part of NORAD. Following in the footsteps of Air Defence Command and Air Defence Group, Fighter Group fulfilled its missions with a spirit of dedication and professionalism second to none. This organization has helped to keep Canada and North America secure since the end of World War II.

The men and women of Fighter Group have been asked to take on many tasks over the years. From contributing personnel to peacekeeping operations, flying counter-drug operations, or manning remote radar sites, they have met each task with a quiet confidence. When Canada participated in the Gulf War in 1991, Fighter Group personnel, from Canada and Europe, in the air and on the ground, found themselves in combat for the first time since Korea. Their efforts in the Middle East are now part of our heritage.

Perhaps their greatest achievement was accomplished without a shot ever being fired in anger. Through participation in NORAD and NATO, Fighter Group personnel helped to keep not only their country secure, but also those of our allies. With the end of the Cold War, Fighter Group could gratefully acknowledge a victory, albeit one for which no battle honour would be awarded.

Collectively we owe the men and women of Fighter Group more than a simple "thank you" will ever be able to convey. Their pride, dedication and professionalism have always been a source of pride for the Air Force and for Canada as evidenced by the outstanding results of Team Canada during the William Tell Competition. I am sure that this spirit will continue as we face new challenges in the future and as their role and responsibilities are assumed by 1 Canadian Air Division and Canadian NORAD Region HQ on 31 July 97.

On behalf of Air Command, I wish Brig-Gen David Jurkowski and the men and women of Fighter Group all the best on this historic occasion. You have done well. Sic itur ad astra

LGen A.M. DeQuetteville

RCAF Station Comox
TOTEM TIMES

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OFFICE HOURS

Thursday	0900 - 1600
Deadline Friday	0830 - 1600
Monday	0830 - 1600
Tuesday	0830 - 1200

Section News

407 Sqn

Demon Doin's

Although summer has arrived on the calendar, it seems to have neglected us meteorologically. I should have known when I saw CE changing the locks on the Met section. I wonder why we don't see "Met Doins" or "Cloud Chat." In any case, the squadron has completed a very busy and successful spring and is on to the Summer Leave Period. Since leave is mandatory now, and not earned, Crews 3 and 5 have started the leave period off. Crew 3 has returned to us safely from the clutches of the sunny Caribbean. The Vikings have recently arrived back from Italy.

Crew 2 has returned from Midway, bringing back fame and glory to the squadron with their prosecution of a driftnet vessel. The mission was a success as the ship was caught red handed. Flying in and out of Midway also proved to be a challenge as the giant Albatross seemed to make every attempt to enter our Pratt & Whitney 4600 shp food processors. I can't wait to see the 35mm shots. Crew 6 arrived in Midway to bring a reporter along to show them first hand what the Cowboys had found. This is only a rumour now: apparently since Crew 6 flew onto Wake Island with acoustic operators onboard, they had to change the name of the island. In any case, they arrived home to us from "Sleep Island" in one piece. One of the finest pieces of journalism this reporter has seen, graced not one, not two, but *three* pages of the Comox Valley Record. 442 Sqn is launching an investigation as to why!

The "FE Pool" seems to be doing well, at least until they receive that chemical that turns the water red when someone... I think you get my drift. The servicing department seem to be looking forward to their leave slot also. I received no dirt on them and they were reluctant to pass any on so I can only assume that there is none.

Ron Schauer has departed Demon halls for good. This well-loved AESOP will be missed by all. A send-off luncheon was held and I must say that he never looked better in his Hawaiian attire, sitting proudly in a booster seat. Best of luck to you Ron, and thanks for everything.

I would like to take this opportunity to wish all Demons a great well deserved holiday with your families and we will see you all at the squadron BBQ in the fall. This year, however, the date is being kept hushed so as not to alert the Met section.

Safe holidays and we will see you all in the fall.

442 Squadron

LCol Terry Burt, after receiving an unexpectedly firm handshake from CWO Bradley (famed stock car driver) presents him with his Chief's scroll.

Halifax restoration under way

Duke Warren recently visited the Trenton Museum and brought back this photo of the Halifax bomber under restoration. The bomber was recovered in remarkably good condition from a lake in Norway and is being restored at CFB Trenton.

Clone exemplifiers

by finn

Scientists recently cloned a sheep. Now fears abound that man may be next in line. *Fears!?* We should all exult!

Cloning cheats death.

In pre-Cambrian times, death did not exist. How could it? Amoeba swell and divide. No algae bear young. Worms cast off one end and both halves happily carry on. All retain existence within their derivatives.

When John Donne declared "Death, thou shall die!" man, to be resurrected, himself still first had to die. A fly in the ointment, surely.

Cloning is different. The individual lives on in his or her clones, in the most infinitissimally minute details. The sexually produced progenitor produces precise mirror images asexually begotten.

By cloned immortality, mankind finally pays back the debt owed proconsul for risking all by coming down off the trees some twenty million years ago. To this day orang-outang and chimpanzee differ 26% in armlength, man and chimpanzee only by 16%.

Nor was cloning unknown in classical antiquity. The dragon teeth sown by Cadmus turned to warrier clones, and gloriously tragic Thebes was born. How could Oceanus and Thetys possibly find time, much less the energy, to sexually produce 6,000 sons and daughters? No coincidence the work "clone" is derived from Greek, "klon."

Unfortunately, no gain is without cost. Sex is out. Sex reshuffles elements of heredity by splitting them up in order to produce new individuals of greater variety - the antithesis of cloning. Death wish, that inborn tendency to seek one's own demise, will forever frustrate the questor. And alas - *xestobium refuvillosum*, also known as the death watch beetle, *will become permanently unemployed.*

But there are obvious benefits. By returning to the utopia of organic ooze, we also return to an absence of fear. We say farewell to Darwin and natural selection. No more poker playing with hands of genes.

Logical selection will determine whom to clone. Someone of superior breeding and character. Someone industrious, dedicated, reliable. Certainly, good looking, too.

Anyone from Construction Engineering, one should think.

Look no further.

Save Those Stamps

Please clip and save any used stamps you receive in the mail. They are needed to raise funds to assist cancer victims. This insert is designed to appeal to all of you to put aside as many as you can, to support us in this project. Ask your friends to save as well. Every stamp is important. Please clip the stamps with a minimum of a quarter inch of paper surrounding–do not peel the stamps from the envelope or parcel. Send the stamps to the address below. Please include your name and address. Thank you.

A.J. Mellandaine
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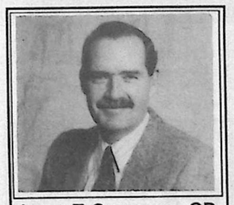
RR#1 Site 139 C-37
Bowser, B.C.
V0R 1G0



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Jake's back!

Hi folks! You have read and familiarized yourselves with Bobbi Howard and Mike Chatwin who, in the last issue of the Totem Times, told you of the demise of our trade (PERO/PERI), so I won't go there.

I'll begin on a personal note: I hail from the Maritimes, born in Middleton, N.S. but grew up in the west end of Moncton, N.B. We had a short break from the Maritimes when my Dad was stationed at RCAF Station Whitehorse, but I am a proud Maritimer with an equal mix of Herring Choker and Blue Noser in me.

I had an enjoyable 24 years of service, hopping across Canada, meeting and making many friends and having great postings to boot. My career has had many highlights but the greatest was being able to share my career with my family - Shirley, Brianne and Rian. My postings have included Montreal, Ottawa, Kingston, Greenwood, Borden, Holberg, Comox, Debert, the Naval Officer Training Centre in Victoria, Esquimalt, along with a short stop at the 1976 Olympic Games and CFS Alert.

I am here now at 19 Wing Comox as the Sports Coordinator - looking after all the Wings' sporting needs: from sports afternoons, inter-section sports, and base team sports. So, for all your sporting needs, give me a call at local 8783 - we'll chat sports, where I've played, what I've played and still play, who we may mutually know, and stretch a few singles into stand-up triples.

I'm glad to be back and I look forward to meeting you all.

FACILITY	Swimming Pool					MONTH	JUL- SEP 97
TIME	MON	TUE	WED	THU	FRI	SAT	SUN
0700	POOL MAINTENANCE						
0730							
0800	RED CROSS SWIM LESSONS 0800 - 1130						
0830							
0900							
0930							
1000							
1030							
1100							
1130	MILITARY SWIM 1130-1300						
1200							
1230							
1300	OPEN SWIM 1300-1430 JUL-SEP	CMFRC SUMMER CAMP 1300-1400 2 JUL-29 AUG			OPEN SWIM 1300-1500 JUL-SEP	OPEN SWIM 1300-1500	
1330							
1400			OPEN SWIM 1400-1530 JUL-SEP				
1430	WEME 1430-1530	CV NURSING 1430-1530		CV NURSING 1430-1530			
1500						LANE SWIMMING 1500-1600	
1530	BLUE DEVILS SWIM CLUB 1530-1630		BLUE DEVILS SWIM CLUB 1530-1700	BLUE DEVILS 1530-1630	BLUE DEVILS 1530-1700		
1600							
1630							
1700							
1730							
1800							
1830	OPEN SWIM 1830-1930 LANE SWIMMING 1830-2000					CLOSED	OPEN SWIM 1830-1930
1900							
1930							LANE SWIM
2000	SCUBA CLUB 2000-2100			SCUBA CLUB 2000-2100			
2030							
2100							

THE ROYAL VICTORIA 8 KM RUN - 12 OCT 97
REGISTRATION FORMS AT THE REC CENTRE
FROM JAKE PLANTE, LOC 8783

PACIFIC REGIONAL / CF NATIONAL SPORTS CHAMPIONSHIP

	REGIONAL	NATIONAL
SOFTBALL	17-20 JUL 97 _ CFB ESQUIMALT	17-22 AUG 97 _ CFB BORDEN
SOCCER	14-17 AUG 97 _ CFB ESQUIMALT	14-19 SEP 97 _ CFB BORDEN
RUNNING	05-06 SEP 97 _ 19 WG COMOX	26-28 SEP 97 _ CFB BORDEN
GOLF	14-17 SEP 97 _ 19 WG COMOX	NO NATIONAL
TENNIS	TBA _ CFB ESQUIMALT	NO NATIONAL
BALL HOCKEY	11-13 JUL 97 _ 19 WG COMOX	NO NATIONAL

Amanda Peters, of the 1st Komux Girl Guides serves up some delicious strawberry shortcake at the annual Filberg Lodge Strawberry Tea held recently.

Pick funds like an expert

by Kim Vogel
Comox Valley Rice Financial

Did you know that there are currently over 1,000 different mutual funds available in Canada? No wonder some investors may at times be overwhelmed by the range of fund options available to them. Keeping track of all these funds is a full-time job, and it's true that the experts who monitor fund performance employ sophisticated computer models and elaborate mathematical techniques. But, at the end of the day, experts and non-experts alike employ basic concepts to arrive at their conclusions: comparative fund performance; consistency of returns; investment management philosophy; fund management company reputation; and manager track record.

It's a numbers game

It's the same in the world of politics, competitive sports or investing. People are attracted to strong performers - to winners - and assets tend to flow to managers who perform well. In the investment industry, performance is measured by how well a particular fund did in comparison to a recognized industry benchmark, typically a stock index such as the Toronto Stock Exchange 300 Composite Index or the S&P 500 Index in the U.S.

As any advisor will tell you, what you want to find is good comparative numbers. But that's not all. Investors should also be looking for consistently strong performance over a reasonable time horizon - at least three and more likely five years years or longer. One year returns can be very misleading, as some funds perform better over the short term because of particular economic or market conditions. Also remember that in any given year, a majority of fund managers may actually underperform the major indices. So, always think long term when you're doing comparative fund shopping.

Consistency is a virtue

Then there's the consistency factor. If you're comparing performance on a fund-by-fund basis, it pays to make sure you're comparing apples and apples, not apples and oranges. That's why global or emerging market funds can be particularly difficult to assess - funds investing even in the same markets may be doing so with a very different overall investment mandate. So it's a good idea to depend on your advisor for more information about comparative fund performance and related matters.

The other key point is a consistent investment management philosophy. Consistency means not following every investment gimmick or flavour of the month: derivatives this month and something else the next. It also means running a portfolio that accurately reflects the fund's stated investment objectives. So ask your advisor for assistance or advice, but also do you own homework. The moral of the story: consistency may sound old fashioned, but it's a virtue in the investment world.

Musical chairs

Investment managers, like people in most other professions, can and do move around in the course of their careers. But should you forget about sleeping at night if the manager of your fund happens to join another investment company? The simple answer is that most fund portfolios are run by a team of experts. Even star-performing money managers are ultimately team players, who share collective responsibility for the overall investment process. So a change in management doesn't necessarily imply diminished performance expectations in future. In fact, some funds have continued to flourish with several different managers over the course of time. Fidelity's Magellan Fund is a case in point. A good, long-term performance record and consistent approach to money management are probably better indicators of where you should keep and place your money than the manager-on-the-move syndrome.

But this raises another issue. What we have been discussing applies to existing funds with historical track records. What should you do when a new fund comes along? As usual, there are two basic schools of thought. Wait and give the new fund a year to perform - but potentially miss out on good returns - or look into the manager's past to try to evaluate the likelihood of continued investment success. Your best bet is to consult your adivsor before making up your mind.

Your next step

Consult with your advisor for the background, advice and insight you require to select the funds that are best for you. And, always remember your bottom line. Comparative returns can be a useful factor in helping you choose fund investments, but they are not always or necessarily the most important ones. That's because investment returns themselves are really just benchmarks, a reflection of past performance. Now it's true that while history may be an imperfect predictor of the future, it's better than nothing. But it cannot guarantee future results.

Happy (and informed) fund shopping.

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Combat boots & Uniforms
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Tents• Medals• Pepper spray
Outdoor supplies•Nato•Cdn
U.S. Sleeping bags• Tents
Medals• Ribbons-mounting,
Raingear-military & civilian
new/used• Sunglasses • Flags
Parachutes • Packsacks,
Webbing • Camo uniforms,
Everything for the outdoors,
We Also BUY Military Items

414 Presentations

CD medals were presented to 414 Sqn personnel (L-R): CWO W. Johnson, MCpl T. Duff, LCol A. Hunter, Cpl K. Johnson and Cpl P. Heron.

Cpl Rich "Moses" Malone, CD.

Cpl Perry Heron, CD.

Cpl Kevin Johnson, CD.

Staff from Construction Engineering Flight assist the CO of 414 Sqn in cutting the tape to celebrate the opening of a new canteen area for the ground crew (L-R): MWO Marty Cote, Mr. John Stokes and LCol Al Hunter.

MCpl Trevor Duff, CD.

MCpl J.E.G. deChantal, Flight Safety - For Professionalism.

Capt Carey Wortman with his new rank.

Cpl Tim Traill, Flight Safety Good Show Award.

MCpl "Nort" Kennedy received a squadron plaque on the occasion of his retirement from the CF.

Cpl Rick Jomha, letter of appreciation from Commander Air Command.

Cops Corner

by Cpl K.E. LeBlanc

In this issue we would like to say goodbye to our members who are moving on this APS.

Sgt Doug White, wife Rose and children Brandy and Ryan, will be heading to beautiful Ottawa this summer. Doug will be taking on a position with the NIS there, as well as trying to adjust to living in an actual city again. All we can say is that our loss is truly Ottawa's gain.

MCpl Peter Klingerman, wife Rhonda and daughters Marcia and Meagan, will be making a cross-country trek where he will join the ranks of the 14 Wing Greenwood SAMP Flt. We wish them the best in Nova Scotia.

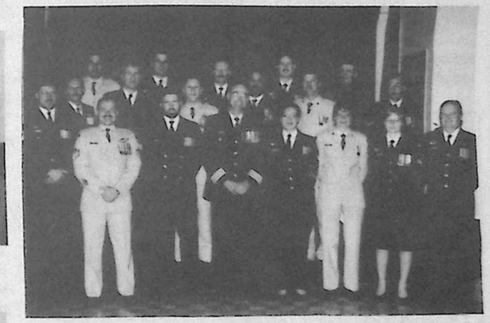
Cpl Eldon Turton, wife Helen and son Jared, are off to the wonderful world of 2MP PL, CFB Petawawa. Eldon just couldn't get enough time in the woods with the Field Engineers, so he thought he'd give it a shot as an MP as well.

LS Steve Choquette will be returning to his home town of Winnipeg, where he will join the 17 Wing SAMP Flt. I guess he didn't get enough of those lovely winters there while growing up. If you want to know about a new place to go for dinner in Winnipeg Steve, just ask any of the T-Bird Challenge team (we won't say anything else!).

LS Cyril Odo is back to the navy environment at the Guardhouse in CFB Halifax. It's not quite Esquimalt, Cyril, but it is a lot more navy than Petawawa.

Last, but by no means least, Cpl Mike Rodgers will be going to Tokyo, Japan, to become a member of the MSGU section there. Those seven years you put in here at Comox have finally paid off for you, Mike. I just hope that Japan is ready for you!

We wish the very best to all our members moving on this year, and we would also like to welcome our new members and their families: Sgt Huard (CFSU Ottawa), LS Hebert (St. Hubert), Cpl MacDonald *(Goose Bay), Cpl Grosspietch (MSGU Tokyo), Cpl Crispin (2MP PL Petawawa and Cpl Card (SIUS Kingston).*



Wing Logistics recipients of awards presented by LCol P.G. Abbott, CD at a ceremony held on 5 June.

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LADIES DAY

by Barb Carter

Canada Day and 44 gals came to play on Glacier Greens Ladies' Day. It was a dicey day, both weatherwise and teamwise, but the roll of the dice determined the winning team with a Low of 50 to be Marie Israel, Jean Maxwell and Gussy Pritchard. On the other side of the scale it was: Lorraine Courtmache, Shirley Chapman, Barb Myatt and Joyce Merrill. Putts went to Fran Hume and Mary Kelly. All received shiny new balls for their efforts. Of the 44 gals present, 36 played the Dice Game and four groups played Match Play, with some interesting results.

We welcome to Tuesday's Ladies Edith Thompson and Margaret Johns. We hope you will enjoy your season.

Gussy Pritchard has graciously volunteered to replace the tablecloths we have misplaced and we thank you so much - what a great asset to the club.

Canada's birthday was also Shirley Wallis's birthday. Happy Birthday Shirley, and we all know you are much younger!

August 16/17 will be the Ladies Club Championships. It will be flighted and the cost will be $25.00 for the 2-day event. But lots of time before then.

TUESDAY NIGHT BUSINESS LADIES

It was a windy cool night but that didn't deter 16 gals from playing from the white tees. Low Net was tied at 42 and Caryl Diewert and Betty Pearsall shared the honours. The other Net was Corrine Innes. Putts went to our junior player, Leslie Eigler, while Rose McCleish had two chip-ins. Well done to all.

GG "KICK BUTT" AT STOREY CREEK

by Len Doyle

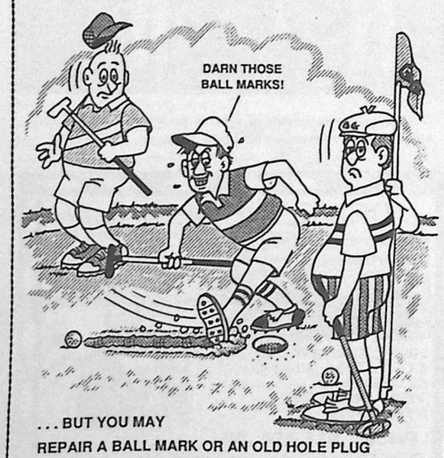
On July 6, 23 Glacier Greens Men's Club members were hosted by the Storey Creek Club for the first half of our away and home inter-club match. The course was in excellent shape and the rain, although threatening, was not a problem.

Following the match, Storey Creek coordinators stated that *they had had their butts kicked by the vistors. The final result was* GG by 28 strokes. Low Gross and Low Net prizes were also awarded to the GG team.

You can be sure the Storey Creek team will have fire in their eyes when they visit us for the return match on Sunday, 20 July.

RULES OF PLAY – THE PUTTING GREEN

YOU MUST NOT TOUCH THE GROUND IN YOUR LINE OF PUTT . . .



. . . BUT YOU MAY REPAIR A BALL MARK OR AN OLD HOLE PLUG

Ball Marks

Get in the good habit of repairing your ball mark on the putting green immediately - even before marking your ball. Then fix any others you see. To repair a ball mark properly, bring the outer edges of the mark inward (not straight up). A ball mark repairer works better than a tee.

Comox Builders' Junior Tour

by Scott Fraser

One of the questions continually asked of today's Club Professionals is: "What are we doing to promote junior golf?" In Comox, B.C. the answer is "Lots."

Starting in 1998, a new era in junior golf will begin. The official name for the new program will be "Comox Builders' Junior Tour." Thanks to Bruce Kehler of Comox Builders, a local building supply dealer, and assisted by myself, there will be much to be exited about if you are a junior golfer. The "Comox Builders' Junior Tour" is much more than a tour - it is an education program, a full-fledged junior tour and a chance for the juniors to win scholarships towards schooling.

Probably the largest area of innovation revolves around the education program. The focus of the education will be non-conventional instruction. Everything revolves around non swing related instruction. Educational areas will include: sports psychology, course management, tournament planning, public relations, practice methods and pre-tournament course planning. We hope that this can complement an area that Canadian golf has always been strong in and that's swing instruction. We want to be able to take the juniors past hitting the ball and teach them how to *play and prepare for the game at a highly competitive level. We feel* that this is where the Canadian junior golf program needs the biggest boost.

As far as the tournament area goes, the new tour will help the juniors by making them more aware of their own games. This is the area that tackles practice methods. When you ask a junior specific questions about his or her game, they usually don't exactly know where their strokes are allocated. By making the juniors keep statistics, such as putts per round; fairways hit; greens hit and scoring average; not just handicaps, we can help them analyse their own game. In addition, there will be more monies available for prizes.

Other educational areas will include holding a qualifying tournament with an etiquette clinic. This will help the juniors better know how to conduct themselves on the golf course. The qualifying tournament will not be used to limit the number of participants on the tour but instead will help seed the juniors for flighting on the tour. There will be a Code of Conduct expected from the tour players and this will be an important part of their education. It's as important to have top junior players be pleasant and well mannered as it is to have them be great players. We feel that the total package approach is the best method and to have a program that gives juniors an education in all areas of golf is important to success. The scholarships are to reward the players who have excelled at the game and given back to the game. It's a two-way street.

All those involved with the new Junior Tour idea are very excited. From the Junior Organizers at the various clubs to the zone and provincial officials, everyone is quickly starting to take this under their wing.

One thing that is the backbone of the tour is, of course, money. There will be approximately $10,000 put into the tour in 1998 and, hopefully, more after that. The monies are being raised through a Charity Pro-Am at Glacier Greens, my home course. The sponsors have made a commitment to this tournament which, in turn, allows us to make a commitment to the Junior Tour. It's nice to be able to make such a difference to something through a game that we all enjoy. Our Pro-Am has very quickly become a major area tournament and it feels great to allocate the monies to such a worthy cause. It's now making us work even harder on the Pro-Am so we can do an even better job with the Junior Tour. We can hardly wait until 1998.

Comox BUILDERS' SUPPLY LTD.
HOLE-IN-ONE CAR ON 15th
4th Annual Comox Builders'
CASINO NIGHT & PRO-AM
GLACIER GREENS
Thursday & Friday, September 11 & 12, 1997
STRATHCONA SUNRISE ROTARY & COMOX BUILDERS JUNIOR TOUR
SUPPORTING THE 1998
COST: $100.00 Per Player
EVERYONE WELCOME
(Must have a valid B.C.G.A. Handicap Card)
Scott Fraser, Host Professional
ITINERARY
Thursday, September 11
CALCUTTA PARTY
with Vegas Night Gambling
Friday, September 12
1 p.m. Shotgun for Pro-Am with dinner and prizes to follow at Officers' Mess, CFB Comox

****

Clean those spikes!

With the advent of "soft spikes" and the promotion of the use of them, there are several facts that everyone should be aware of. Besides the obvious of saving the greens, they are also easier to walk on, saving your back, and are cheaper to purchase. One consideration though is keeping your soft spikes cleaned. It seems that they are more prone to clogging up with dirt and grass when conditions are wet or damp, especially early in the morning. To clean your soft spikes you can use a tee or your ball mark repair tool. Another good way of cleaning them is with the foot brushes found at each tee block. It's a good habit to get into, cleaning your soft spikes each time prior to teeing off. This ensures solid contact with the ground and lessens the chances of slipping, falling and sustaining an injury, or missing your shot. If you find that cleaning your soft spikes is too much trouble, or you just don't have the means to do so, you can always go back to those old hard-on-the-back, green damaging metal spikes.

You can now pick up your Totem Times from the Overwaitea newspaper shelf, located next to the Lottery Booth.

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Canada's birthday *(con't from page 1)*

children to exercise their jumping and slamming desires. Next was the legendary WGCA Water Slide. Although the temperature wasn't exactly hot, actually it wasn't even close to hot, approximately 500 children went down the water slide soaking themselves in what could be considered cold water. Still, after displaying blue lips and extreme shivering, they continued to use the water slide until its closure shortly after supper.

Once again, teens from within the community, and some visiting from as far away as Fredericton, New Brunswick, were busy painting the faces of the younger children with designs that clearly indicated that this was a day of celebration.

Canada Day activities would not be complete without Beach Games. Sure enough, Krista Galbraith and Kevin Leblanc, backed by their group of volunteers, ran a variety of beach activities for the children. The windy conditions ensured all participants took home with them sand samples compliments of Air Force Beach.

Following the beach activities, the Durst family, aided by their Bingo caller Terry Newell, ran a Family Fun Bingo. For two hours families attempted to warn up a little by gathering under tentage and playing BINGO. For some reason 0-76 was never called.

The daytime activities closed down about 6:00 p.m. in preparation for the night time festivities. This was good news for the volunteer coordinators Leanne Dixon and Dean Trenholm - finally, a break! However, the break was short lived as people began arriving at approximately 7:00 p.m. for the night time festivities.

19 Wing Comox's hidden musical talents were brought to the forefront when Steve Wetmore and Claude Potvin, both active members of the military, took to the stage. Steve dressed for the weather and Claude, with wires ground to himself, provided excellent entertainment for over 100 minutes. They played a large selection of music from Canadian artists, mixed with an abundance of humour which ensure all enjoyed their efforts.

In conjunction with the live entertainment, Aero Art was busy selling T-shirts sporting the traditional "Canada Eh." As the sun began to set, the Air Force Beach turned into a sea of yellow and orange glow sticks in anticipation of a fireworks display.

Just prior to the fireworks, LCol Terry Burt, acting 19 Wing Commander, welcomed all visitors to Air Force Beach. The crowd paused for a moment of silence in respect for the Canadian soldiers who were away from their nation this day on duty. A WGCA Canada Day Appreciation Award was presented to Tony Dixon for his continued contributions to the CMFRC and WGCA youth programs throughout the year. Also, it was at this time two lucky people had their names drawn to win two mountain bikes. Collin Olsen, who coordinated the Mountain Bike Raffle, proudly awarded the winners their mountain bikes.

Keeping his promise of providing a fireworks display that the Comox Valley would not soon forget, John Scotton and his amazing group of volunteers concluded the Canada Day activities with a show that was phenomenal. An estimated crowd of over 15,000 people cheered, clapped, oohed and simply adored a 16 minute display of bright colours and sparkle failing from the sky.

The 19 Wing Comox Military Police and members from the Wing Auxiliary Security Force ensured that the owners and passengers of some 5,200 vehicles were able to vacate the grounds safely and in very short time.

The 1997 WGCA Canada Day activities were indeed an outstanding success. Our sincere appreciation and thanks to the many volunteers, businesses, organizations and sponsors for their excellent support.

CANEX APPLIANCE SALE
WHITE WESTINGHOUSE
REFRIGERATOR - 18 CU.FT. REG. $ 839.99
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JULY 18, & 19, 1997
Clowns, Jugglers, Clown Costume Parade, Face Painting,
WHAT FUN..... DON'T MISS THIS EVENT!
FRIDAY 18, JULY 1997
TICKLES, PO-CO AND DOTS-A-LOTS WILL ENTERTAIN BETWEEN 2:00PM & 6:00PM
SATURDAY 19, JULY 1997
12:15PM - 12:45 PM TICKLES, POCO AND DOTS-A-LOTS
12:45PM - 1:15 PM SPARKLE AND SWEEZIE
1:15PM - 1:45PM MIKE BATTIE - JUGGLER
1:45PM - 2:15PM GARRY GUMBOOT
2:15PM - 3:00PM CLOWN PARADE & COSTUME CONTEST
3:00PM - 3:30PM MIKE BATTIE - JUGGLER
3:30PM - 4:00 PM GARRY GUMBOOT
ALL EVENTS WILL TAKE PLACE IN SKYLITE AREA
Driftwood Mall
Managed By First Commercial Management(1995)Inc.
GARRY GUMBOOT'S WORLD OF FUN!

Promotions and Transfers

MS Jedda Neville, promoted 6 August, receives her Maple Leaf from Maj A. Donaldson and will move to Financial Management at 19 Wing.

Capt Kim Saunders, promoted 1 May, receives her bars from Maj A. Donaldson. Kim is enroute to NDHQ Ottawa to pursue training in the Public Affairs world.

Sgt Kim Krienselokker, promoted 25 June, receives her stripes from LCol T. Burt on her way to her new position with D FIN Ops in Ottawa.

MWO Andrea Gaudreault, promoted 2 July, is presented with her updated crown by Maj A. Donaldson. MWO Gaudreault is off to Edmonton Garrison to perform Financial Counsellor duties.

Wing Commander's Awards

Receiving their CD1 are (L-R): LCdr C. Mury (W Chap), Capt A.G. Basinger (19 AMS), Capt A.T. Whynott (WATCO), WO W.A. Erskine (442 Sqn), WO A.R. Lirette (WATCO), Sgt C. Guerin (407 Sqn), PO2 W.M. Scott (W Sup O) and Cpl W.H. Morgan (19 AMS).

Cpl J.G.R.Y. Desfosses, Flight Safety - For Professionalism.

Sgt B.J. Buttnor, CD2.

Cpl E.R. Perry (W SAMP) NATO Service Medal.

Sgt D.A. Sheppard, Commander's Commendation Insignia.

MWO L.M. Anderson, CD2

MCpl D.J. Murphy, Canadian Contingent Commander Commendation, Honourable Mention.

Sgt J.B. Shackleton, Wing Commander's Commendation.

MCpl Klingerman, Wing Commander's Commendation.

MWO A.J. King, General Safety Commendation

LCdr R.W. Brittain (W Surg) NATO Service Medal.

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COMOX MILITARY FAMILY RESOURCE CENTRE

CMFRC CRFMC

phone: 339-8290

Deployment Support at the CMFRC

Are you the spouse or the partner of a mlitary member on deployment orexpended TD? Would you welcome a well deserved break from the kids Or maybe the experience of enjoying some great food in the company of other adults who are experiencing separation from a loved one? Or what about the convenience of sending e-mail to your loved one? or the opportunity to get updated on what our Peacekeepers are doing in those far away places? If you answered yes to any of the above, then the Family Resource Center is the place for you.

The CMFRC has a wide variety of support programs in place to help families that are experiencing extended separation due to deployment or TD. These include:

e-mail
The CMFRC has a computer available for people wishing to send an e-mail to a military member who is on a UN deployment or extended TD.

Spousal Assistance Resource List
The CMFRC has a list of people (military and civilian) who are willing to help out with heavy chores and other odd jobs like mowing the lawn or putting in storm windows.

United Nations Information Line 1-800-866-4546
Serving families of peacekeepers by offering information and assistance.

Telephone Contact
The CMFRC calls the spouse of the military member who is on a UN tour or an extended TD posting. The purpose of these calls is to see how things are going, to find out if we can be of any assistance and to inform the person of the services available at the CMFRC.

Networking List
The CMFRC has a list of people who are experiencing separation due to deployment or extended TD, who are willing to be in contact with others in a similar situation. The net work is for informal support and the possibility of organizing family get-togethers, such as a picnics. Please phone the CMFRC if you would like to be on the list.

Radio Messages
Canadians can send a personal greeting by radio to CF personnel on UN Peacekeeping duty. To record a message dial 1-800-216-3443. This toll free number is available 24 hours a day from anywhere in Canada.

Respite Child Care
The CMFRC is pleased to offer respite childcare for families with a military member on a UN Deployment or extended TD. The program is dependent on the amount of funds available.

Deployment Support Resources
The CMFRC Resource Library has a variety of resources on coping with deployment, the stages of deployment, ideas for what to do with children.

For more information on these services please contact Coreen at 339-8286 or the CMFRC at 339-8290.

PRESCHOOL REGISTRATION

Preschool registration (ages 3-5 years) for Sept. 1997 is being taken throughout the Summer at the Kinnikinnik Child Care Centre. For more information call 339-5051 or drop by.

Kinnikinnik Child Care Centre

Summer Krusader's Summer Day Camp
Ages 6-10 years
Weekly Sessions
Cost: $65.00 per week
Time: 9:00am - 4:00pm
Child minding available before and after camp.

Kool Kidz Summer Day Camp
Ages 11 & 12 years
Weekly Sessions
Dates: Jun. 30 to Aug. 29
Cost: $65.00 per week
Times: 9:00am - 4:00pm
Includes sports, computers, field trips, overnight camps and more...

Toddler Day Care
(ages 15 - 36 months)
Full-time, Part-time and Drop-in care.
Cost: Phone 339-5051
Times: 7:00am - 5:30pm
Monday - Friday.

Wreathmaking Workshop

Wreathmaking for all Seasons
Learn to make a simple yet elegant wreath out of local plants. Once you have the basics you can dress your wreath up for any occasion!

Facilitator: Edith Picard
Time:1:00 - 3:00 pm
Date: Sat., Aug. 16th
Location: CMFRC Program Building - 120 Kinnikinnik

Cost: *$7.00 includes all supplies*
Registration: CMFRC Administration Building 119 Kinnikinnik, ph. 339-8290. Fee due by Friday August 8th.

Counselling Services

CMFRC #119 Kinnikinnik, Phone 339-8286

- Confidential Crisis and Short Term Counselling is offered free of charge to military families, couples, and individuals.
- Relationship and Life Stress Issues such as communication, marital difficulties, parenting, deployment. assessment and referral.
- **Ask for Counsellor, Coreen Cherry, at 339-8286.**

Youth Activities

For registration in Youth Activities call Jill at 339-8211 (local 8656)

Preteen Outdoor Beach Volleyball/ Dodgeball
Weather permitting we will meet at Airforce Beach. Otherwise the Base Gym has been booked from 2:30 - 3:30 pm, on the same dates and we can play indoor sports instead. Any questions phone Jill.
Ages: 8-12 year olds
Dates: Tuesdays, July 22 and 29
Times: 1:00- 2:30 pm
Location: Air Force Beach
Cost: $5.00 (for snacks)

Preteen Outdoor Basketball
Ages: 8-12 year olds
Dates: Wednesdays, July 23 and 30
Times: 2:30 - 3:30pm
Location: Airport School
Cost: free

Teen Outdoor Beach Volleyball/ Barbecue
Ages: 13-18 years
Dates: July 23, August 13 and 27
Times: 6:00- 10:00 pm
Location: Air Force Beach
Cost: free
Registration: Phone Jill at 339-8211 local 8656 or Carmie at 339-7696
Joint effort by the CMFRC and Wallace Gardens Community Council

Outdoor Teen Excursions
please refer to Wallace Gardens page

Volunteer News

Welcoming Newcomers - Volunteer Opportunities
We need volunteers to help welcome newly posted families to the Comox Valley over the summer and into the fall. Everyone knows just how hectic and stressful this can be for a family. Just a warm hello and a friendly get together with someone will help them feel more at home. Your generous time and effort will be greatly appreciated! For more details, please call Michelle at 339-8211 (local 8655) or 339-8290.

Teen Volunteer Appreciation Party - Lots of Fun and Food!

Amazingly, we had a sunny evening for our beach party! Hotdogs and hamburgers were inhaled by the teens. Hacki sac, dodgeball, and football were enjoyed by all. The delicious cake from Safeway disappeared quickly. All the teens who helped out throughout the year went home with cool certificates and chocolates. Any teens new to the community, who are interested in getting involved with the Youth Program contact, Jill Sturrock at 339-8211 local 8656.

Wallace Gardens

An evening of fireworks

The WGCA Canada Day Volunteers

Canada Day Organizing Committee

Chairperson — Leo Phillips
Co-Chairperson — Ray LaPlante

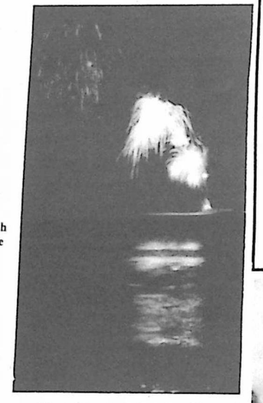
Committee Members — Gary & CarmieDixon, Collin Olsen, Shelia & Ed Trenholm, Mark Parker, Terry Winters, Linda Durst, Terry Newell, Andy Euteneier, Janina & Steven Nicholls, Krista Galbraith, Linda & Wayne Jeffrey

Fireworks Coordinator — John Scotton

Entertainment: — Claude Potvin, Steve Wetmore

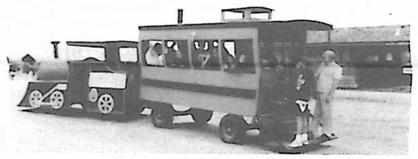
Volunteers:

Pat Mckernan	Cody Winters	Kevin Leblanc	Frank Perry
Kyle Wilson	Tony Dixon	Jennifer Solloway	Sheri Mould
Doug Mckernan	Leanne Dixon	Colin Graham	Edward Ellsworth
Lance Teichrib	Jodie Teichrib	Rhonda Crew	Brian Morrissette
Claude Mury	Vince Mckernan	Andrew Gauthier	Donna Hibbert
Julie Mckernan	Chris Parker	Ken Ilnitski	Jennifer Moxam
Wendy King	Rob King	Terry McDonald	Sarah Wilson
Mike Beland	Janet Beland	Mat Bolduc	Leon Van Parys
Brendan King	Peter Durst	Dennis Dupuis	Sandra Dupuis
Melissa Durst	Sarah Durst	Marla Legroulx	Kyle Wilson
Kevin Durst	Valerie kendeu	Sherri Scotton	Mairi Phillips
Ryan Lewis	Marc Doucet	Amanda Phillips	Christina Phillips
Lisa Clarke	Helen Doucet	Neill Boyes	Stacey Wood
David Gautreau	David Potvin	Bernie Marchand	Dean Trenholm
Chad Benoit	Yvon Benoit	Diana Benoit	Ryan Benoit
Noah Overby	Crystal Lyttle	Aaron Lapointe	Tyler Barnes
Gary Tibbo	Debbie Barnes	Carole Wishart	Tony Wishart
Emmanuelle Briere	Mike Briere	Nadine Briere	Amy Kirkland



(Photo by Randy Tremblay of Moonlight Photography.)

In amongst all the activities "Mr. Toot" Rob King was busy as conductor for the infamous CFB Comox Little Toot engine and passenger car. Station manager Padred Mury ensured the waiting passengers and those onboard adhered to all rules: HAVE FUN, ENJOY THE RIDE.



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Bill's Country Meats	White Spot Restaurant	Comox Kiwanis Club
Black Creek Lions Club	Royston Lions Club	RCAF 888 Wing
Royal Canadian Legion Branch 17		CMFRC
Zellers	Nu World Awards	Comox Centre Mall
Driftwood Mall	Tee Pee Park	John Howard Society

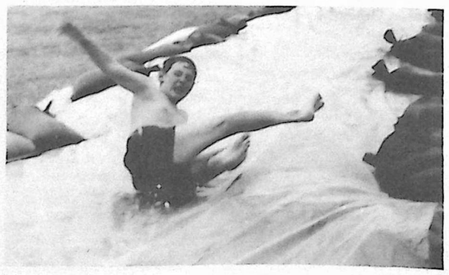
The Wallace Gardens Community Association Canada Day Organizing Committee would like to thank all it's sponsors for their support and dedication. Your sponsorship greatly contributed to the outstanding success experienced at this celebration, our nation's birthday Canada Day 1997.

Winners of the 1997 Canada Day essay contest

Congratulations to the following winners:

Jenni Graham, Mike Lyon, Michelle Bekus, Daniel Maye, Richard Anderson and Brittney McGregor.

Baby Emily waves a flag for Canada.



The waterslide was "cool."

Fishing for duckies was lots of fun

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Training makes a better employee

by Jennifer Faubert

Misconceptions and wrong information can cripple a company. So when Flight Plan for Life heard that many air reserves were discontented with the limitations on training and career advancement, we knew we had some work to do. So we went to the source, SO Reserve Training and Management's top gun Maj Grimshaw.

He fully admits that there are flaws in the system but points out that his team is looking at alternatives, and changing the way that they do business.

Traditionally air reserves are provided with regular force courses whose training tends to be intense and longer. It has become increasingly difficult to get reserve slots on regular force courses due to cutbacks, restructuring and reduced recruitment and training.

"There was a time when two or three trade courses were offered each year at the schools. This is not the case today," he said. "Course serials are not "commissioned" until sufficient demand or nominees are known."

In essence, training has become demand driven. Unless the minimum number of participants, (which is determined by the system) is availabie, the course may not be scheduled. Yet, this is where Maj Grimshaw sees opportunity. If the air reserves can forecast their demands, and match these needs with the regular force or other reserve elements, courses can be commissioned.

In fact, under this stem, it is conceivable for reserve training to initiate courses and offer slots to the regular force. "The regular force can round off the numbers required for the courses much easier because they are a captive audience who can go at any time," explained Maj Grimshaw.

Typically, reserves are only available during certain time periods and are not always available for lengthy courses. Yet for those who are able to attend, it is worth their time as they are afforded with the same standard and recognition which allows for an effortless assimilation into a total force environment.

However, all is not lost for those who cannot afford the time, another alternative falls under the trade accreditation program. Many MOCs have an equivalent counterpart in the public sector. Where military courses are not available, community college programs are being considered.

"We had one case where we needed a plumber/gas fitter. If we had not been able to provide in-service training, we were prepared to go the community college route for the civilian plumber course and upon graduation, provide the member with OJT and prescriptive training to fill in the missing pieces," he said. "So we do try to consider the member and keep an open working relationship to meet their needs."

Prior to enrollment, community college graduates or persons with civilian work experience will be examined on an individual basis by a MOC branch or career manager. They will determine what or how much prescriptive training is required to bring a recruit up to QL3/QL5 standard.

The training cell has also become more flexible and innovative. They are considering modularizing courses and breaking training into phases. However, Maj Grimshaw cautions that the concept will not work for all MOCs and courses. To date they have modularized Basic Recruit Training and Professional Development Level 23 to accommodate air reserve officers in two phases. They will also determine whether JLC can be conducted this way after results and recommendations of a militia study have been received.

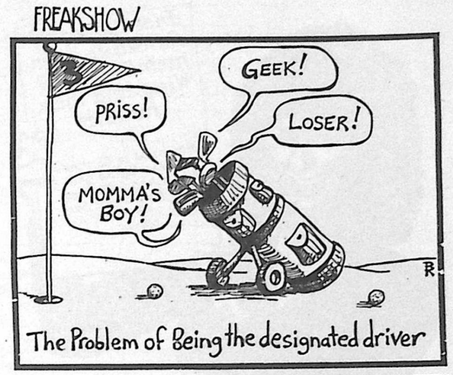
Another variation on training is the Basic Helicopter training conducted at Portage la Prairie. Currently civilian helicopter pilots can take a threshold knowledge test and be slotted into a regular force course where they supplement their knowledge and experience. Once they have met the standard they are graduated.

"We have two pilots there now on a trial basis. The course was not specifically designed for them, instead they occupy a course position and take the required training to fill in the blanks determined by their threshold knowledge course," he explained.

Often there are selected tasks a reservist can do without needing the full training of a regular force trade. For that reason they developed a number of reserve 500 series occupations.

"Reservists in these new MOCs have a meaningfull and important job but focus on a few aspects of the trade," he explained, citing 515-servicing techs, which is part of the 514-aviation tech trade as an example. This particular MOC only deals with only one aspect of the trade, which is servicing aircraft. Even though it seems limiting, a 500 series trade person could conceivably end up supervising their own crew in due time and will become expert in their field. In addition, there is always the opportunity to continue ones' training and eventually become a full aviation tech.

Many initiatives and opportunities exist for air reservists with regards to training. Gone are the days of haphazard recruiting and back to back courses. Continued planning and foresight will ensure that reserves are afforded the same training opportunities, and this existing skills recognized, thus ensuring a flawless transition into the total force environment.



TODAY'S CROSSWORD PUZZLE

ACROSS
1 Worship
6 Rear
10 Exercise system
14 Exists
15 — Alda
16 Guitars' cousins
17 Ships' jails
18 Dressing gown
19 Lean and —
20 Riverbank plant
21 Dart-player's goal
23 Quiet — mouse
25 Airport info
26 Gorilla or chimp
28 Mouth parts
31 Author Sinclair —
36 Impress greatly
37 — monster
38 Type of system
39 Water or oil
42 Plays
43 Horse color
44 Actor Jaffe
45 Squeals
46 Talking bird
47 "— a girl!"
48 Greek letter
50 Machine part
52 Like a monk
57 Gush
61 Excavation
62 Type of shark
63 Souvenir
64 Writer Haley
65 Epochs
66 Some exams
67 Piggy bank opening
68 Grant
69 Divulges

DOWN
1 Priests' robes
2 Extreme
3 Roman poet
4 Jamaican pop music
5 Curvy letters
6 Fishhook part
7 Felipe or Matty
8 Wires
9 Bent one's knees
10 Christmas season
11 Approve
12 Dancer Kelly
13 Question
22 Croquette ingredient
24 Pseudonym
26 Conscious
27 Flower part
29 Sick
30 Ward off (a blow)
32 Flightless bird
33 Sausage
34 Andes natives
35 Appear
36 Actor Griffith
37 Understands
38 Musician — Hayes
40 Rel's counterpart
41 Very long time
46 Desert phenomenon
47 Adulterated
49 Wild shrub
51 Neckwear
52 Highway fee
53 Butter substitute
54 The boy — door
55 — out: made do with
56 Doctor's spoonful
58 — Mountains of Russia
59 Stream
60 Flip (a coin)
61 Owns

PREVIOUS PUZZLE SOLVED

S	H	E	E	P		R	A	W		P	R	I	M	E
W	I	D	E	R		I	C	Y		L	A	S	E	R
A	V	A	L	A	N	C	H	E		U	N	I	T	S
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	E	R	A	S	E		P	I	G	E	O	N	S	
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G	E	S	S	O		S	E	R	E		N	E	A	R
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S	P	O	O	N		E	N	D		T	W	I	S	T

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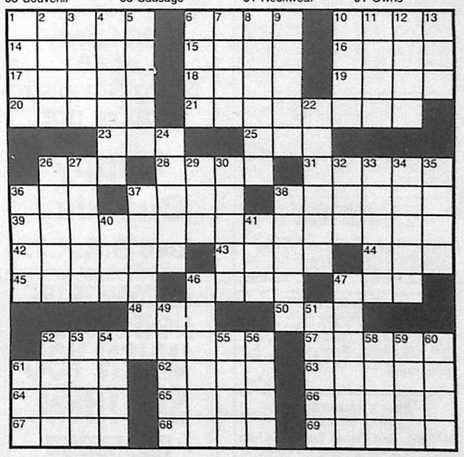

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NEXT DEADLINES

Advertising - 23 July.

Articles - 25 July, noon.

Oh, Lordy at 40 Marg Simpson you're not!

Happy Birthday love B.A.R.T.

RECOGNIZE THE SIGNS OF STROKE WHEN YOU SEE THEM.

✓ **VISION PROBLEMS** Sudden loss of vision, particularly in one eye or double vision

✓ **HEADACHES** Sudden, severe and unusual headaches

✓ **WEAKNESS** Sudden weakness, numbness and/or tingling in the face, arm or leg

✓ **TROUBLE SPEAKING** Temporary loss of speech or trouble understanding speech

✓ **DIZZINESS** Unsteadiness or sudden falls, especially with any of the above signs

Seek immediate medical attention if you have any of these symptoms

HEART AND STROKE FOUNDATION

For more information, contact your local Heart and Stroke Foundation office.
NC

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Personnel Support Programs
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Fax: 613-965-2196
Check out our Reunion Website at:http:www.achq.dnd.ca/8wing/stewards/

Sisters of the Heart

Are you new to the area or just wish that you knew more people? Beta Sigma Phi is an International Women's Organization that offers social and cultural enrichment and a lifetime of friendship.

In the Comox Valley there are over 100 members in 10 Chapters. Many of these women say that Beta Sigma Phi was a lifeline to them when they were posted because membership is transferable from posting to posting.

All women over the age of 18 are invited and welcome to join our local Chapters. If you are interested in learning more about Beta Sigma Phi, or you know someone who needs a little friendship in their lives, please call us: Pat 339-6556, Donna 339-3692, or Wendy 338-8545.

Caregiver required

Family oriented childcare for 4 year old girl and 6 year old boy, on call Mon-Thurs. Can only afford $5.00/hour or $20/day. Must be in PMQ area. Call Shaunine or Pascal **339-0340.** <1/2>

Loving "Grandma type" care giver needed starting mid-July for children 2-1/2 and 1-1/2. Part time with occasional short full time. Must have own transportation or live within walking distance of Quarry Road area. References required. Donna or Rob **339-3692.** <2/2>

Condo - Mexico

Want to vacation in Mazatlan? Use our time share. Units have partial kitchen w/facilities. Take another couple and split the cost - $500 per week. More info - Donna 339-3692. <2/2>

For sale

Floater jacket & pants, large size, ex. for boating or kayaking. **$175.00 o.b.o. 890-0784** ask for Peter or leave message.

Need to lose Weight?

Do you need more energy? Would you like to lose some pounds and inches in a safe and healthy way? Call **339-0340.**

Old Orchard character home

853 Third Street, Courtenay
Immaculate character home in Old Orchard area boasts beautiful gardens, fruit trees, southern exposure, hardwood floors, seated bay window, vaulted ceilings and bright living room/dining area with cosy wood stove. 3-bedrooms, 2 large bathrooms, kitchen opening onto den, sunny porch. Situated on large lot on no-through street. Quiet family neighbourhood. Walking distance to town, parks, schools and Puntledge River. **$169.000.** Phone **(250) 334-2189.**

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Attention prospective sailors!

The Comox Squadron of the Canadian Forces Sailing Association has two keelboats available for skippered charter. Daily rental rates, very reasonable. For more information call Regent at 339-2554.

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Are you ready for the BIG one?

St. John Ambulance will conduct a series of free Earthquake Preparedness Workshops at their Training Centre, 463 Fifth Street, Courtenay on:

Thur 7 Aug: 7 - 9 p.m.
Wed 13 Aug: 10 a.m. - noon.
Wed 27 Aug: 7 - 9 p.m.

Seating is limited so participants must pre-register by calling 897-1098. Register early. Don't be left standing on shakey ground!

Final Sailpast

At 1422 on 2 July 97 *HMCS Cormorant* commenced its final sailpast, taking the salute from Commarlant Adm Maddison.

After 19 years of dedicated and challenging work in support of naval, OGD, national and international institutes, Cormorant bids farewell to the Canadian Navy. On behalf of the crew, present and past, it is with a great sense of accomplishment and pride that we complete our final sailpast. Many thanks for the outstanding support provided Cormorant over the years. We are proud to say we are Cormorants.

Five bells past and received - our work is done.

Earthquake! Be Prepared

Several areas of the United States and Canada have the potential to experience damaging earthquakes. In particular, the Pacific coast contains the San Andreas fault network and the Midwest contains the New Madrid fault system. No reliable earthquake warning system exists. This factor, coupled with the widespread damage that a quake can bring and the recent tremors experienced on the island, is a warning. ARE WE PREPARED?

Therefore, it is important to know the appropriate steps to take when one occurs. You must develop and be familiar with an earthquake plan to enable you to react quickly and safely.

Before

Gather your family together and develop an Earthquake Plan. The following questons will aid you in planning ahead. Record your answers and review them twice a year. When you review, make sure everyone understands the Earthquake Plan and record any necessary updates.

Manitoba Flood Appeal

As a result of the special appeal for Manitoba flood victims, under the auspices of chaplains and CF congregations, bases and units, a cheque for $25,000 has been forwarded to the Manitoba Red Cross Relief Fund. It specified that the money came from Canadian Forces personnel, civilian personnel of DND and their families. The Chaplain General wishes to thank all those who contributed and assures all that their kind response will greatly assist in the alleviation of stress in Manitoba.

We anticipate receiving more donations. The money will be forwarded to the Red Cross as it comes in.

ASK THE PROFESSIONAL

QUESTION:

My only asset is my RRSP worth $100,000. I've named my sister as the beneficiary. Have I just beat the taxman?

Kim Vogel
Financial Advisor

ANSWER:

No. If an estate does not have the money to pay the income taxes due on the RRSP, Revenue Canada would "ask" the beneficiary to pay the taxes on the amount received from the RRSP. Since you named your sister as the beneficiary, the financial institution would normally pay $70,000 ($100,000 less $30,000 withholding tax) directly to your sister for the additional tax due. Let's hope she didn't spend it all.

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Actions to take if an earthquake strikes

The greatest threat during an earthquake is from falling debris. Earthquakes are unpredictable and strike without warning. Therefore, it is important to know the appropriate steps to take when one occurs, and to be thoroughly familiar with these steps to be able to react quickly and safely.

IN THE OFFICE

During the earthquake

Step	Action
1	**Remain inside** the building.
2	**Seek immediate shelter** under a heavy desk/table, or brace yourself inside a doorframe or against an inside wall. • Get at least 15 ft away from windows.
3	**Stay there.** If shaking causes the desk or table to move, be sure to move with it.
4	**Resist the urge to panic.** Organize your thoughts; mentally review the established psychological considerations for earthquake safety. • Don't be surprised if the electricity goes out, fire or elevator alarms begin ringing, or the sprinkler system is activated. • Expect to hear noise from broken glass, creaking walls, and falling objects.

Immediately after the earthquake

Step	Action
1	**Remain in the same position** for several minutes after the earthquake in case of aftershocks.
2	**Do not attempt to evacuate** or leave your immediate area unless absolutely necessary or when instructed to do so by a proper authority.
3	**Check for injuries** and administer first aid. Recognize and assist co-workers who are suffering from shock or emotional distress.
4	**Implement your survival plan.** Establish a temporary shelter if rescue teams are expected to be delayed.
5	**Use stairway** when instructed to exit building.

AT HOME

During the earthquake

Step	Action
1	**Remain inside** your house.
2	**Seek protection** from flying debris or fixtures. Brace yourself inside a doorframe or against inside walls. Seek cover beneath a table, desk, or bed.
3	**Stay in position** until the shaking stops.

After the earthquake

Step	Action
1	**Remain calm.** Organize your thoughts by reviewing your home earthquake survival plan.
2	**Check for injuries** and administer first aid. Be prepared to respond to the psychological aftereffects generated by a major earthquake.
3	**Check water, gas and electric lines.** If you suspect damage, turn off the main valves and leave them off until advised by a utility company representative or other competent source.
4	**Do not use** candles, matches, or other open flames, or turn lights on/off, either during or after the tremor because of possible gas leaks.
5	**Turn on the radio** to receive emergency instructions. Reserve telephone usage for emergency calls only.
6	**Check your house for structural and internal damage.** Wear boots, if possible, to protect against shattered glass. • Chimneys are earthquake prone if not well enforced and should be approached with caution. Look for separation down the sides or for loose bricks. Unnoticed damage could result in a fire. • Check the interior of the house for dislodged items. The continued swaying motion from an earthquake will cause loose doors of medicine and kitchen cabinets/drawers to open and their contents to spill out. • Check closets and bulk storage areas (garage/basements) for items which may have toppled or collapsed during the earthquake spilling substances which could produce fumes or become potential fire hazards.

IN PUBLIC

During the earthquake

Step	Action
	▪ **On the street**
1	**Enter the closest structure immediately**—do not look up. Enter a store, terminal, office building, etc., just get inside. NOTE: The greatest danger during an earthquake is falling debris.
2	**Remove yourself from windows** that may shatter.
3	**Brace against** an inside doorframe or against inside walls.
	▪ **In a stadium, amphitheater or church**
1	**Remain in your current location. Do not** rush to exits. The chaotic fleeing of large crowds diminishes the effectiveness of an evacuation procedure and frequently results in unnecessary injuries or deaths.
2	**Seek cover** under a bench or chair. If unavailable, crouch down, and cover your head with your arms to protect against falling debris.
3	**Keep away from overhead electric wires** or anything that might fall.
	▪ **In a vehicle**
1	**Stop the vehicle** if it is currently in motion. **Avoid** stopping either **on** or **under** a bridge or overpass.
2	**Remain inside vehicle** until the shaking stops.

After the earthquake

Step	Action
1	**Remain calm.**
2	**Check for injuries** and administer first aid. Recognize and assist individuals who are suffering from shock or emotional distress.
3	**Await emergency evacuation instructions.**
4	**Watch for hazards** created by the earthquake when traveling to another location such as downed electrical wires, broken or undermined roadways, collapsed freeways, overpasses, or bridge structures.
5	**Stay away** from waterfronts or beach areas. Tsunamis may result as an aftereffect of the earthquake.
6	**Avoid sightseeing.** Emergency vehicles will need ready access to respond to emergency situations.

Heritage Happenings

by Maj Joel Clarkston

It's a busy time around the museum with the staff preparing for the radio controlled scale model event and the Heritage Aircraft Committee working on the H-21 restoration and the maintenance of the aircraft in the air park.

The scale model event is set to take place on the weekend of 26 July with numerous participants arriving from various parts of the island and mainland. This year, there will be an open scale category that will permit the flying of any scale aircraft, and a military scale category that will be restricted to military aircraft.

Better than 30 large aircraft are expected and the level of flying skill is good so there will be plenty of realistic sights and sounds. This event is taking on increased visibility in the community and this year will be the lead event for the first weekend of Comox Nautical Days. It's an excellent opportunity to pass on a few history lessons and it's fun too. See the ad below for more details.

The museum's entry into the military scale event will be a Mustang MK I in 414 Sqn colours. Each year the museum will attempt to feature a scale aircraft of one of the squadrons on base. Last year the 409 Sqn Boulton Paul Defiant was built and flown. The aircraft's sister ship is now on display in the museum as part of the 409 collection. A similar fate will probably await the Mustang following completion of the scale model event. With the completion of the Mustang, the staff is casting about for next year's feature flyer. 407 Sqn is next on the list in all likelihood, although 442 Sqn may win out because of the less complex models involved. There is considerable enthusiasm however for tackling the construction of a flying Lancaster Mk X in 407 Sqn colours. That's a debate that will have to wait until the end of the summer.

The Heritage Aircraft Committee is doing very well in its efforts to restore and maintain the aircraft in the air park. The park is again open to the public for the summer and is proving to be very popular, with an increasing amount of traffic flowing through it as the weather improves. The H-21 has been completely stripped and is almost ready for painting. There is still some anti-corrosion work to be done on the interior components and this will be completed prior to attempting the external painting. In addition, the ailerons are back on the Dakota and the fittings have been made, allowing the replacement of the elevator and rudder. These are expected to be on in the next few weeks.

The Heritage Volunteers continue to work long hours to maintain the aircraft in display quality condition and their morale is vey high. With each success story the level of interest increases and it's easy to see that the committee has been very successful. Anyone interested in learning more about the committee's work can drop out to the hangar, across from the Heritage Park, on Saturday morning or Monday evening.

Mustang MK I featured in this print of a Martchenko painting located in the Comox Air Force Museum.

It also flies!

(L-R): Capt Richter, Corky Hansen (Museum Curator) and Maj Clarkston pose with the museum entry for the stand off scale competition. The Mk I Mustang is 1/7 scale and is painted in 414 Sqn colours of Flying Officer Hollis Hills, an Amercian flying with the RCAF who achieved the first Mustang kill ever, in a combat over Dieppe. The Mk I was also flown by Charles Stover, a wartime member of 414 Sqn who recently served as the Honourary Colonel of the squadron here at 19 Wing.

Air Defence history

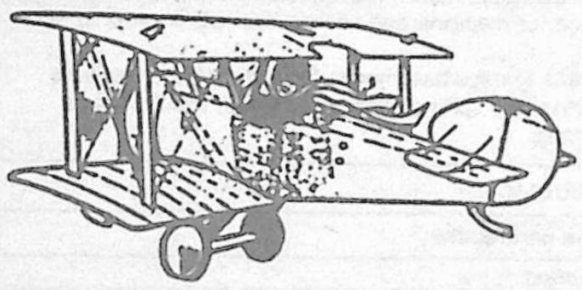
To commemorate the disbanding of Fighter Group, we are releasing a comprehensive history book entitled "A History of the Air Defence of Canada." This will be a hard cover, coffee table style book with a coloured dust jacket. It will have over 200 photographs (with bilingual captions), many of which have never been published before. The photographs will cover all aspects of air defence, including at least one shot of each of the long-serving Pinetree radar sites and the now almost forgotten Bomarc missile sites.

In the post-war era, air defence in Canada formally started with No.1 Air Defence Group Headquarters in 1948 and has continued unabated to the present. the aircraft used or air defence have varied from piston engined P-51 Mustangs to jet powered CF-18 Hornets. The units which flew these aircraft ranged from auxiliary squadrons to "long in the tooth" regular squadrons. The ground equipment has also changed over the years, including the evolution of the AMES 11 convoy radar to the TPS 70 tactical radar now deployed.

From the early beginnings of No.1 Air Defence Group HQ in Ottawa, through to the North American Air Defence Modernization (NAADM) program in the early 1990s, and the transferring of the torch to 1 Canadian Air Division/Canadian NORAD Region HQ, this book covers all historical aspects. North American Air Defence (NORAD) Command, the Pinetree Agreement (phases 1 and 2), the Mid-Canada Line and the Distant Early Warning (DEW) Line, and a brief history of all the air defence stations, bases and squadrons have all been included in this book.

This is a unique opportunity for all who have been association with the air defence of Canada to purchase a historical memento of their service or for those interested in military history to discover much overlooked subject matter. Beautifully illustrated with photographs and over 15 maps, this book presents an excellent compendium of Canadian Air Defence units and stations. The best part of this book is the price: $25.00 plus $1.75 GST and $5.00 shipping and handling for individual orders. (Note: bulk shipping, coordinated through your local wing, may provide further shipping discounts.)

To order this book contact: Cpl Shank, Fighter Group HQ, Hornell Heights, Ontario, P0H 1P0. Phone: (705) 494-6001 ext 6778. Cheques or money orders in the amount of $31.75 Cdn should be made payable to: Base Fund, 4 Wing Cold Lake.



Comox Air Force Museum

and the Radio Control Aeronautical Association

will be presenting a Standoff Scale Radio Controlled Military Aircraft competition during the first weekend of Nautical Days. On Saturday, 26 July, & Sunday 27th come on out and see large scale flying models of a:

Spitfire Mk IX
Harvard
Fleet Biplane
Nieuport II
Curtis P-40 Tomahawk
P-51D Mustang
Boulton Paul Defiant
Hurricane Mk XII
Norduyn Norseman
DeHavilland Beaver, and much, much, more.

Open to the public. No spectator entry fee. Enter by the Tee Pee Park Campground at CFB Comox.

Gate opens at 1:00 p.m. Saturday and 9:00 a.m. Sunday Look for the directing signs on Ryan, Anderton and Pritchard roads.