



TOTEM TIMES



Canadian Forces Base Comox B.C.

VOL 30 NO 18 OCTOBER 20, 1988

NEXT DEADLINE IS MONDAY, OCTOBER 31, 1988

COST: PRICELESS

EVERYONE IN THE ACT AT MARCOT

The Maritime Command Operation Training Exercise, dubbed MARCOT 2/88, is an international exercise, involving over 4000 sailors and airmen, 15 ships and approximately 35 aircraft from Canada and the U.S. MARCOT exercises are conducted regularly to provide intensive training periods for the employment of all types of maritime and supporting forces. This is the fourth MARCOT to be conducted on the West Coast which started on the 13th of October.

Captain (N) Duncan E. Miller, Commanding Officer, Canadian Forces Maritime Warfare Centre in Halifax, N.S. will be the officer conducting MARCOT 2/88 on behalf of Rear-Admiral Robert E. George, Commander, Maritime Forces Pacific. Captain (N) Ken J. Summers, Commander Second Canadian Destroyer Squadron in Esquimalt, B.C. will be the at-sea Tactical Commander.

MARCOT 2/88 is a multi-threat exercise designed to test command and control

procedures, assess tactical procedures and new ideas and to provide participants with the opportunity to practice all aspects of maritime warfare.

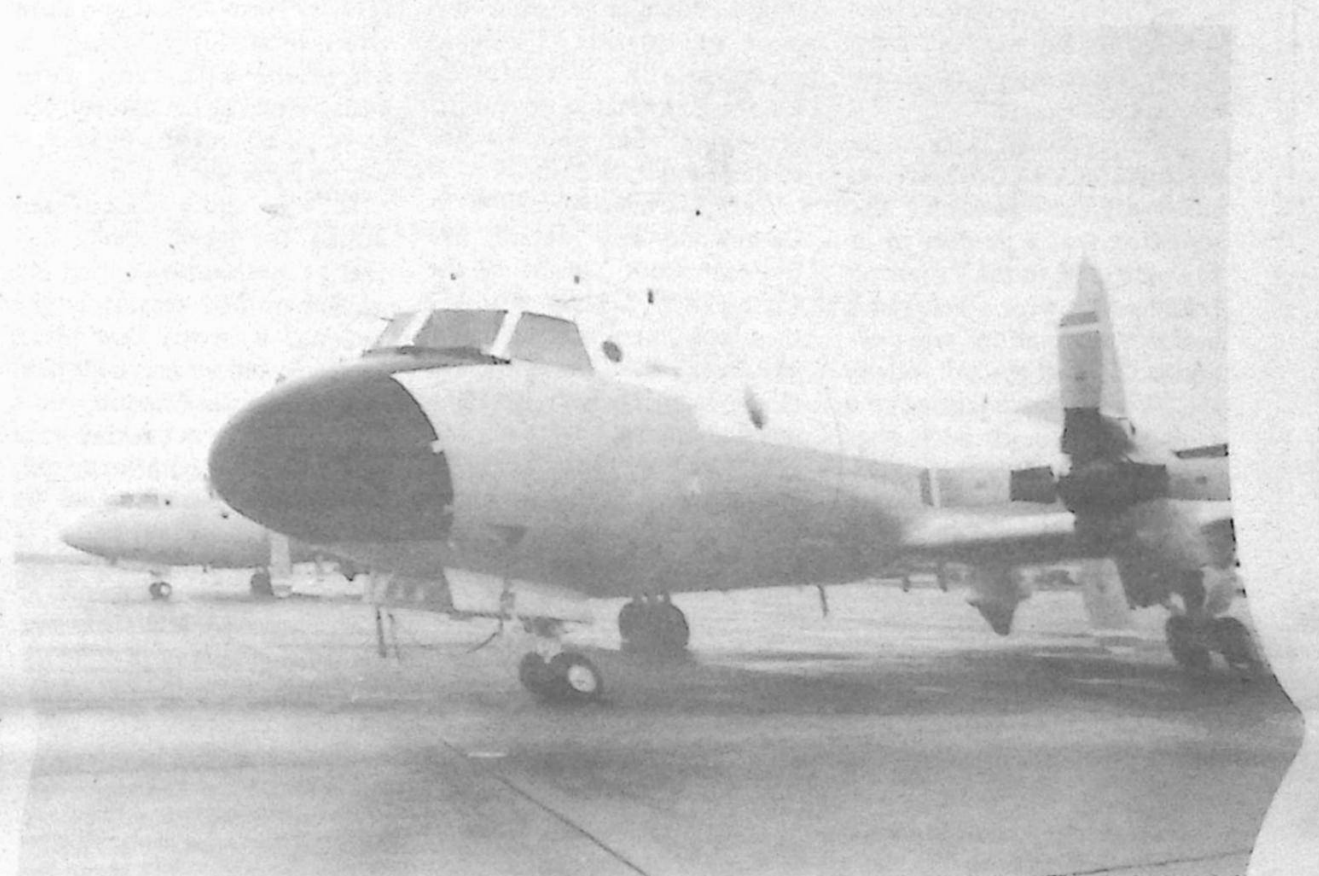
Lt Cmdr Jack Sweeney, Detachment Commander of VP 47 Squadron, praised the efforts of the CF. "We are overwhelmed with the gracious hosting and support from CFB Comox, and we couldn't be happier with the way the exercise is being run."

Lt Cmdr Sweeney and approximately 50 air and ground crew personnel on the Navy P-3 Orions are here from Moffatt Airfield, located 40 miles south of San Francisco.

Canadian aircrew participation in the MARCOT Exercise comes from Greenwood, Summerside, North Bay, Cold Lake and, of course, Comox. The myriad of aircraft include Auroras, Trackers, T-Birds, Challengers, and F-18s.

The Naval Forces include ships from USN Destroyer Squadron 31 out of San Diego and from 2 and 4 Canadian Destroyer Squadrons located at CFB Esquimalt. Also par-

ticipating is the USCG Cutter Active. The exercise will run until the 28th of October.



Two P-3 Orions with VP 47 Squadron, participating in MARCOT, sitting on the ramp at CFB Comox.

NOBEL PEACE PRIZE

All members of the Canadian Forces can take great pride in the award of the 1988 Nobel Peace Prize to United Nations Peacekeeping Forces. Over the years, we have made a major contribution to world peace through participation in every one of the UN's peacekeeping forces. Some 80,000 Canadian military personnel have taken part in this vital activity, 78 of whom lost their lives in UN service. Our record is second to none among the world's armed forces.

The Minister of National Defence addressed parliament

on the occasion of the announcement, and he concluded with these words: "I join all Canadians in extending our congratulations and best wishes to our peacekeeping forces around the world. Their job is difficult and dangerous, but their dedication over decades has done much to further the cause of peace in the world."

I wish to add my personal congratulations to all members of the Canadian Forces who, in one way or another, have helped to bring this great recognition to the United Nations and indeed to Canada

and her military forces. Although special credit goes first and foremost to those CF members who serve or have served in the front lines of peacekeeping, I wish also to recognize the many who have provided support to our peacekeepers over the years. You, too, have been recognized by this award.

May the great distinction of receiving the 1988 Nobel Peace Prize give us a renewed determination to contribute effectively to the resolution of world conflict through peacekeeping. Congratulations.



A T-33 "T-Bird" from 414 Electronic Warfare Squadron, North Bay, just prior to take-off during MARCOT 2/88.

LAST CF-18 DELIVERED TO CANADIAN FORCES

COLD LAKE, Alta. -- The official acceptance of the last CF-18 fighter aircraft delivered to the Canadian Forces by McDonnell Douglas under the original purchase contract took place here on Sept. 28.

The original contract, signed on April 16, 1980, was for 138 aircraft. All aircraft were delivered to 410 Tactical

Fighter Operational Training Squadron here for acceptance testing prior to allocation to other squadrons. The CF-18 program remains on time and within budget.

To date, the program has generated approximately \$3 billion in benefits for Canadian industry.

"The state of the art CF-18 aircraft has greatly enhanced

our surveillance capabilities and demonstrates a strong Canadian presence, particularly in the northern regions of Canada," said the Honourable Perrin Beatty, Minister of National Defence. "As a multi-role aircraft fulfilling both an air-to-air and air-to-ground role, it is a valuable asset to both NATO and NORAD forces."

"FISHWRAPPER" EXPOSED

Section News.....	2
Editorial.....	4
Sports.....	9
Photo Contest.....	12
Lifestyles.....	15
Origins of the Species.....	16

OUR NEXT DEADLINE
OCTOBER 31st - NOON

SECTION NEWS



Demon Doins



AIRCREW

The young man was confused. There were so many unfamiliar faces around the squadron. Had a MOAT course just graduated? One with so many exchange officers! And, my, did 407 have that many airplanes? P3s too! Boy, that White Paper was working up a storm! Then suddenly, following a severe blow to the head, it all became clear: MARCOT 88 was in town. That's right ASW fans, the exercise has begun!

With a keen interest in having MARCOT go as smoothly as possible, the squadron sent a number of its key personnel to the Esquimalt briefings last week where much useful information was obtained. To start the ball rolling, the Navcoms were treated to a gripping lecture on what flags to use for visual communications. After that it was off to a simple brief in Naval tactics where they learned that ALPHA ZULU was ALPHA DELTA except when they were BRAVO ROMEO, unless it was Sunday and SIERRA TANGO wore a blue dress on Tuesday. Lt (N) Warren Wightman, our MP liaison, was seen liaising in the vicinity of the briefings. When asked if he was set to sail the seven seas (that's an alliteration) Warren replied with an alliteration of his own, which falls well outside the family context of this publication.

After playing to sell out audiences in Hawaii, Paine Field and San Diego, the Crew 6 Terminators continued their Pacific Rim Tour with a command performance in Adak, Alaska. Due to the classified nature of this trip, some low grade codes are required. In one remarkable incident the crew (Groups 4) N7L ADZ M6L XF8. As if this wasn't enough, the Terminators (Groups 5) BDZ GFT CFN 6LT F2D, which everyone on the Island agreed was the funniest and most profound occurrence in the history of the universe. In another incident, unclassified at this time, MCpl "Riser" Ron Beyerback arrived for a flight with a complexion which resembled the paint scheme of the Aurora. Despite not feeling his best, Ron insisted on helping during Condition 4 checks, and spent the better part of 5 minutes checking the lavatory for fire after take off.

There are some OJT NAVCOMS on squadron, and their training is proceeding nicely. Lt Kevin Beaulne has advanced to the stage of developing experimental tactics. Under the superior guidance and tutelage of his Crew 2 partners, Kevin has discovered that telephoning

Vancouver Military after landing is a sure fire way of closing watch. Lt Paul Ormsby of Crew 6 is also proving to be a crackerjack NAVCOM. Paul has progressed to the point that it is more the exception than the rule for him to forget which coast he's on.

FLASH! An urgent plea from Crew 4's Capt Jeff Hill. Will a particular person whose name begins with "I" please pick up his "California Raisins," Jeff was misquoted as saying, "But they've got some good songs!"

Crew 5 is back from OMS in Greenwood and looking like the cast from "Night of the Living Dead," which is to say they look like a crew that just got back from an OMS in Greenwood. Nobody is saying much about the adventure, but most agree that next to Verkoyansk, Siberia, Greenwood is their favourite spot.

And before I forget (which I actually did until someone said, "Don't forget"), best wishes to Crew 3 who shoved off to Tuesday. Lt (N) Warren Wightman, our MP liaison, was seen liaising in the vicinity of the briefings. When asked if he was set to sail the seven seas (that's an alliteration) Warren replied with an alliteration of his own, which falls well outside the family context of this publication.

1 CREW SERVICING

Since our last report personnel from this crew have participated in two apparently very uneventful trips. At least there have been no stories circulating. One Crew has experienced several changes of personnel and we would like to welcome Sgts Bob Shentaler and Red Murray from 3 Crew and VU 33 respectively. I guess both wanted some additional excitement in their lives. MCpl Brian Gowen comes to us from Greenwood where he has been a fixture in the school, responsible for instructing many of our IS techs, and Cpls Rob Egan, Colin Winterburn and Kim Devries. Colin and Kim are internal transfers from maintenance and 2 Crew. Rob Egan arrived from Baden where he has been soaking up the German atmosphere for the past few years. A hearty welcome to all. We hope your stay on 1 Crew is exciting and interesting.

Of course several key members have been lost in the annual shuffle. Off to Toronto is Sgt Bill Brulotte, who will probably have to win a LOTTO just to make ends meet. Sgt Jim Helparu is off to 2 Crew to bolster the supervisory staff. It seems that Jim couldn't deal with the pace of 1 Crew and took flight to the relaxing pace of 2 Crew. In exchange for Colin we had to give up Cpl Jim Randall. Best of luck to all of you in your new positions.

Bernie Hebert asked for some leave to pick up a car and

help a friend move. After he got the leave he happened to mention that the car was in Montreal. It seems a long way to go to get a car, Bernie. We can't wait to see this one. Pauline Larocque has been very cheerful the past couple of days. She has been bouncing around the section in anticipation of her better-half's return from his course in Greenwood. Dave Wheeler is off to the land down under with the rest of the competition crew. Good luck to all the crew during Fincastle.

It was sadly discovered during the recent sports day that 1 Crew has no aspiring pro golfers or ball players in the making. It seems that Hank Budny lost more golf balls than he found. John Chequis won a beaver. We're not asking what that was for. Red Murray did, however demonstrate that he was an above average golfer. It must be the practice he got while in VU 33, or was it at CFB Borden? Next time we play ball Colin is only allowed to be the umpire. Perhaps that way he may not need sick leave the next day.

The annual small arms qualification has produced some interesting results. Former combat arms having to clean weapons. What about the person who was saying the range officer only gave him nine rounds to fire on the target that counted. We're not buying that story WO Roberts, and we find it hard to believe two rounds went through the same hole. Perhaps we should have a standing side bet that anyone who misses the target completely should buy a round of beer.

The recent crew sports afternoon and corn boil was a resounding success for those who attended. The inclement weather did put a damper on the planned ball game but no one was injured playing volleyball. Knobby tried to eat as much of the corn as he could but there were still 48 dozen left over. Well, corn for breakfast is not that bad. Some people will eat anything at work.

Buckle Up BC!
Infant car seats must face the rear of the car.



Congratulations to Sgt Doug Warriner for his promotion to Warrant Officer, effective 23 Oct 88. It was presented to him by Lt Col Bennett 30 Sep 88. Sgt Warriner arrived at 407 Sqn Aug 84 and was employed on various crews including maintenance. He was the Groundcrew Leader for the winning O'Brien Cup Crew. Presently Sgt Warriner is in Australia as Groundcrew Leader in the Fincastle Competition.



Cpl Guy Belanger has been selected as Demon Tech of the Month for August. It was 0200 hrs on 19 Aug 88 and Cpl Belanger was on the last night of a long and arduous shift. He had towed the aircraft out of the hangar and was in the process of straightening out the tow bar, in order to turn the mule around and pull the aircraft to the line, when the mule's brakes failed. Even after a long and hard, non-stop 11 hour shift, Cpl Belanger exercised quickness and professionalism when he managed to stop the mule in time to avoid any serious damage to the aircraft. Congratulations to Cpl Belanger, who has proven to be a very deserving Demon Tech.

THE LEEWARD
NEIGHBOURHOOD PUB & BREWERY

PUB HOURS:
Monday to Thursday 11:00 a.m. to 1:00 a.m.
Friday and Saturday 11:00 a.m. to 1:30 a.m.
Sunday 11 a.m. - 12:30 a.m.

good food! good times!
KITCHEN HOURS 11AM - 10PM

- *country cooking
- *rural hospitality
- *reasonable prices
- *clean air system
- *brewing our own natural Leeward lager

649 ANDERTON RD., COMOX 339-5400

AROUND THE BASE



From The Top Rung

COL TED GIBBON

After a few days' absence the first thing I saw on return was the United Way thermometer which indicated this year's appeal was off to a flying start and our goal was already in sight.

I was also delighted to note on the update that Squadron spirit and competition is alive and well with 407 and 442 exceeding their goals in a tight race for first place honours. 33 is lagging a bit, but I'm sure it's because they haven't realized what effect a former CO sitting on the ladder in a position with excellent visibility can have on their future plans. No threat, just an observation.

The remainder of the sections are coming along nicely and will achieve their goals, as the idea of participation and the realization of the worth of the endeavour are appreciated.

If everyone employed here gave just \$20, we would surpass our goal significantly and that isn't much to contribute to 18 worthwhile agencies. About \$1 for each one doesn't sound like much, does it? Get to your unit representative before he gets to you. This is a particularly worthwhile cause and deserves your generous support.

NDHQ HOTLINE FOR TEST VOLUNTEERS

The Honourable Perrin Beatty, Minister of National Defence, reaffirmed today his announcement in the House of Commons last Friday that the Department of National Defence will do everything in its power to alleviate fears of individuals who took part more than 20 years ago in nerve agent tests for the development of protective clothing and equipment at Canadian Forces Base Suffield, Alberta.

Former Departmental and Military personnel concerned about their exposure to the agents may call the DND Toll Free at 1-800-267-1985.

We want to identify every individual who was involved in the pre-1968 testing and provide a follow-up medical examination if necessary, said Mr. Beatty.

To date, there has been no evidence of any long-term medical effects to volunteer participants who were exposed to the agents during testing of military gear designed to protect them.

Allegations have been raised in the House of Commons that some individuals' health may have been affected by the tests. Mr. Beatty has called upon all members to forward any inquiries on the matter to the telephone number listed above.

What's important is to conduct a full review and to ensure that people are not frightened unnecessarily, said the Defence Minister.

There is a continuing need to provide CF personnel with adequate chemical warfare defensive training and protective equipment, and activities at CFB Suffield are conducted to this end. This need will remain so long as chemical weapons continue to exist in the arsenals of other nations. The evidence of chemical weapons use in the Iran/Iraq conflict and the presence of Canadian peacekeeping troops in that area further demonstrates that such defensive and protective measures are both prudent and responsible.

CHRISTMAS SEAL CAMPAIGN

The B.C. Lung Association's annual Christmas Seal Campaign to fight lung disease is now under way, says Comox Valley-area Christmas Seal chairperson Madge Howarth of the Ladies Auxiliary Fraternal Order of Eagles No. 3099. The purpose of the Campaign is to raise public awareness about lung disease and to raise funds for lung disease research and health education.

This year's goal for the Comox Valley area is \$16,030. "When the Lung Association was founded 81

years ago, its sole concern was tuberculosis. Now, with tuberculosis under control, the Association is aggressively challenging lung cancer, emphysema, asthma and occupational lung diseases. Tobacco use, air pollution and environmental hazards in the workplace are also of great concern," says Maurice Cowden president of the Association.

The B.C. Lung Association expects the 1988 Christmas Seal Campaign will generate \$1,100,000.



Back Row L to R: MCpl Brown CD1, WO Levasseur CD1, Cpl Roe CD1, MCpl Graham CD1. Front Row L to R: Sgt Iulunde CD2, Base Commander Col Gibbon and WO Gray CD1.

ICBC-CF DRINKING DRIVING PREVENTION PROGRAM

Base Commander CFB Esquimalt, Capt (N) B.H. Beckett, on behalf of the Commander Maritime Forces Pacific, Rear-Admiral R.E. George, joined with Hugh Lindsay, Manager of the Traffic Safety Education Department for the Insurance Corporation of B.C. (ICBC), in a cake cutting ceremony to demonstrate their support for a cooperative drinking driving prevention program.

The ceremony kicked-off the September 13th meeting of the Drinking Driving Advisory Committee with guests from other bases, ships and militia.

The cooperative effort is part of the Canadian Forces Drug and Alcohol Prevention Program (DAPP). The campaign is being planned by a

committee, chaired by Regional Drug Education Coordinator LCdr Lou Farrell. To date, this committee includes 15 CFB Esquimalt personnel; Barry Burch and Alison Jones of ICBC's Traffic Safety Education Department; Constable Bob Martin of Esquimalt Police Department; and Janice Carlson of the Ministry of Labour and Consumer Services.

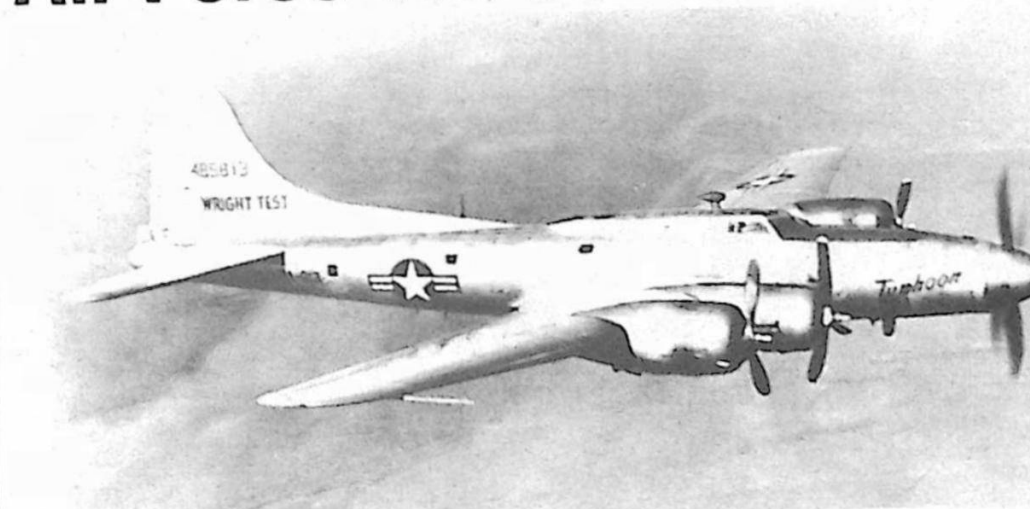
With the theme of "Friends Don't Let Friends Drink and Drive," the committee hopes to encourage Forces' personnel to "Be Part of the Solution" in combatting drinking and driving in the military community. They plan to organize programs in alternative transportation, server training and preventive education.

The September 13th meeting addressed campaign objectives and implementation strategies. ICBC staff members outlined the components and elements of the program, including the resources they can make available. Janice Carlson reviewed the newest research in transportation alternatives. The program is likely to have province-wide appeal. For instance, two of the invited guests, Capt L.R. Anderson of CFB Chilliwack and Capt J.E. Peterson of CFB Comox, indicated a strong interest in getting their respective bases on board with the campaign.

The program will be presented to all B.C. Commanding Officers on November 2, and to Regional Drug Education Coordinators November 7-9.

Air Force Trivia

WHAT WHERE WHEN WHY



Answer from Last Issue



THIS WEEK'S TRIVIA:

Seeing as how our last trivia photo was fairly easy, our Editor even guessed it right away, what was the actual designation of this highly modified B-17? If anyone thinks they know what the ten letter/number designator is, let us know.

TRIVIA ANSWER:

This is a Hawker Typhoon from 440 Squadron somewhere on the European continent.

EDITORIAL



TERRY STROCEL

"Why should I vote, my ballot isn't going to make a difference! - I'm not really interested in politics so I'm not going to bother voting! - I really don't understand the issues and I don't know the candidates!" Well, there you have it...the start of the long list of excuses why people do not exercise their democratic right to choose freely and privately who will represent him or her in the House of Commons.

Now I'm not about to get caught up in the old campaign trail to convince you who is the best candidate. It's not that important who you vote for, but that you vote. And it's also important as members of the Canadian Forces, to understand that we, as a transient community, are a special consideration in the electoral picture.

During the week of 7 to 12 November 1988 the voting for Canadian Forces and Public Service electors at CFB Comox will take place at the Parish Hall, which is Building 10. This is done according to special voting rules because we are entitled to vote in our home town electoral district. So please check the Weekly Routine Orders for times and dates and get out and vote. You are already registered and there will be a voting ballot with the candidates in your home riding and what party they belong to.

Someone once posed the question "Well if 41% of the country think this party is right, and 32% of the country vote for that party, and 27% go for what's his name, then why don't the three leaders get together for an "O" group, solve the problems of the world, so that 100% of Canadians will be happy?" Hmmm...what a nice thought, but that's not the way it works. Eventually someone will

disagree with their views and, after an acute case of snowballitis we'll be back to square one. It's just the means by which one party keeps the party in power honest.

I mean you have to take a look at the rest of the world in order to appreciate our democratic freedom. You could be living in a country where there's only one name on the ballot and if you vote against him you are immediately given a free vacation to an ice cube factory. Or look at some countries in Central and South America where the people are ruled by dictatorships. Recently Chile had a vote to see whether they should have a vote. It's a step in the right direction but still those people who celebrated a democratic victory were hosed down by water cannons. Some freedom, right? Look what happened in Haiti last year when some of the people who tried to vote were gunned down. I think we're pretty fortunate to be able to watch candidate debates and hear election promises that may or may not materialize.

Speaking of media campaigns, did you know that there is a media blackout that is lifted 29 days prior to a general election. That means that tomorrow your World Series Game will be even more exciting because of all the campaign commercials. And did you also know that there are eleven officially registered political parties in Canada including a Communist Party and Rhinoceros Party.

Anyway it's your right and privilege as a citizen in a democratic country to be able to vote. It's also your responsibility to vote because if you're not happy with the way the country is being run and you didn't vote...you haven't got my sympathy. Until next time keep the blue side up.

AND FOR ALL YOU MARCOT BUFFS...



TOTEM TIMES

CFB COMOX, LAZO, B.C. V0R 2K0

Published every second Thursday, with the kind permission of Colonel Gibbon, Base Commander, CFB Comox. Second Class mail registration is 4098.

Office Phone: 339-2541

EDITOR
EDITORIAL ASSISTANT
EDITORIAL STAFF
BUSINESS MANAGER
SECRETARY
CIRCULATION
CAMERA OPERATORS

Capt. Terry Strocel Local 8239
Norm Blondel
Robin May Mark Forseille Winnie Yu
Lt. Christa Robertson 339-8291
Judi Hooge
Brad & Helaine Shipley 339-4680
Norm Blondel

The Totem Times is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item. "Advertising is an offer to sell and may be withdrawn at any time." Address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C. V0R 2K0. Subscription rate: \$6.50 per year.



SECTION NEWS



TRUCKIN' TALES

It has been a long time since the readers of this fishwrapper have read the goings on at Base Transportation.

The summer was incredibly busy with saying goodbye to old friends and wishing a warm welcome to some new and some not-so-new faces. Maj Tom Fisher, our new BTNO, is also keeping quite busy. Within a few days of his arrival, he left for the Pacific Region Roadshow in Chilliwack. Recently he was the acting BTNO and he will soon attend a career manager visit in Ottawa. And let's not forget the various presentations he attended including Safe Driving Awards to MCpl Casey and MCpl Helmer as well as a recent promotion to Cpl for Lea Brandt.

A few days ago, the Base Commander presented Good Show Award signed by the Prime Minister to Pte Chasse, Pte Ignacz, Pte Bonnier and Pte Levigne. These MSE drivers were tasked to drive at the Toronto Economic Summit Conference in June.

1988 is the year to say goodbye to CWO Hunter. Mr. Hunter is now enjoying the good life. CPOI Booth is now the proud father of the bouncing Marine Section which is in "Ship-Shape"!

Two of our drivers, Pte Belley and Pte Clement will be leaving soon for Borden. We wish them luck on their TQ3 courses.

WO Foreman, WO i/c Safety presented statistics showing that CFB Comox continues to have unnecessary vehicle accidents. Most of them are backing accidents due to inattention and negligence. All personnel are reminded to practice defensive driving techniques.

Congratulations go out to Les and Karen Blackmore on their newest arrival, a daughter born the first part of Sep and to Bill and Vivian Davie on their addition to their family, a baby girl.

A big hello to all the new veh techs and their families. Welcome to Sunny Comox!

Although BEME is part of the BTNO organization, they had their own fishing derby and congratulations go to Norma who won all three prizes.

It's that time of year again where the SNIC (Snow and Ice Control) season is almost upon us. Both, mechanics and

drivers are busily getting equipment ready before the first big snowfall.

Although hard to believe, it is a not so well known fact that there are certain people on base who snicker at the sight of our ploughs and blowers.... "it doesn't snow in Comox," they say. Well either they haven't been here long enough, or they really believe that we're "California North." According to all our oldtimers, (okay-Knobby!), we are going to get some of the white stuff and not just a dusting. We also have a new Crew Chief posted in, MCpl Vern McLearn, and he says that everywhere he's been it's snowed - Edmonton, Moncton, Whitehorse....

People who may be concerned that Base Transport may not be holding its own in the bilingual department can rest assured that we will be ploughing snow in both French and English. We have a large contingent of "parlez-vous eh!" coming to SPV to augment our predominately English crew.

On other things, we just had a few people return from far off lands. Gabe Audet recently returned from Chilliwack where he was on his XC (Dozer, for you lay people) course. He also was the recipient of the most improved student award!

Word has it he is looking for anti-tank ditch digging jobs. Also, just back from Nova Scotia is Frank Campbell. All you potential semi-drivers can ask Frank about all the new technological aspects of driving, as he is our newest tractor-trailer instructor. Congrats to both you guys!

A message from MSE Safety. First of all let us welcome to the MSE Safety WO Foreman and MCpl Conroy.

Recently we conducted a Defensive Driver's Course, 6 and 7 October 88, we are including a photo of the course. See anyone you know?

For this course we were fortunate to have our BTNO, Major Fisher, instruct as well as MCpl Russell and Cpl Rowe. Thank you for a job well done and we're hoping to see more of our BTNO with regard to instructing future courses.

To give you an idea on what we have planned for the near future, we will be conducting a

minimum of five courses by the end of November. They are Safe Backing, DDC, Ramp DDC, Air Brake and Propane Refuelling, not necessarily in that order. Coming up soon as well is a DDC for dependants. We will be stepping up safety patrols also to let our presence be known. I would also like to take this opportunity to remind you winter is approaching along with a "little" rain and very strong winds. Therefore, when entering or exiting your vehicle, hold on to your door or you may lose it!

At this time I will leave you with a little trivia:

The chief reason for maintaining the correct air pressure in all tires at all times is to:

- make a vehicle steer more easily;
 - make smoother riding;
 - keep vehicle from swaying when brakes are applied; or
 - conserve tires by preventing tread wear, rim bruises and carcass breakdown.
- Watch for the correct response in the next edition of the Totem Times.

LIFE IN THE FAST LANE

Lt Christa Robertson, MSEO, has been enjoying her favourite pastime involving many strokes and dimples balls, however the stroking portions have decreased as she won the Pacific Region Female Golf Championship and came in third in the Nationals. Good Show!

Base Transportation Fishing Derby was fishless. As soon as Major Fisher took time to buy fishing equipment the weather turned fishy. To make up for it, the Marine Section put on a fantastic bash.

Some time ago Traffic Section challenged the MSE section to Volleyball. MSE suffered a minor loss, our excuse: Cpl RICK Carr was wearing a skirt which took the attention away from the ball. A rematch should be in order. The the MPs took their turn in a pickle ball tournament challenging MSE, BEME, and Tfc. Winners are Cpl Carr and Sgt Myers but don't ask Capt Cossette.

Lastly, we'll leave you with a little something to think about...Remember there are only two kinds of people, truckers and those who want to be!..... "Safety Dave"



Cpl Brandt receives her promotion to Cpl from Major Fisher, BTNO.



MCpl Casey received his 10 year Safe Driving Award from Major Fisher, BTNO. MCpl Casey has served as a MSE OP since 1977.



MCpl Helmer receives a 5 year Safe Driving Award from Major Fisher, BTNO. MCpl Helmer qualified for this award when he was a MSE OP.



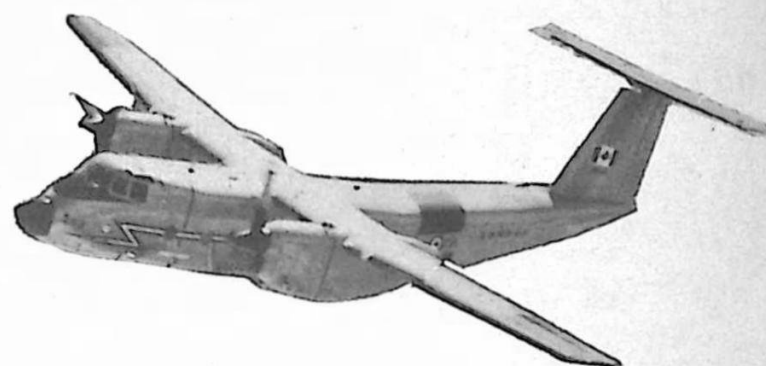
Defensive Driver's Course.

DRINKING DRIVING
COUNTERATTACK

SECTION NEWS



442 SQUADRON



LAHR EXPRESS

What?! Take a Buffalo from Comox to Lahr, West Germany! Not likely. Sounds like another technicolour dream to me. Well, the trip was scheduled in June but was postponed til October...Strike One! Then October arrived and a 24 hour delay...Strike Two! At this point the local bookies said the odds were hovering around one million-to-one. Departure hour and the weather was less than an eighth of a mile in fog and no alternatives...Strike Three you might say but two hours later the sun was up, the gear and flaps were up, and their spirits were up! They didn't know where they would end up but the departure message was sent. The mission commander, Maj Howe, and the aircraft commander, Maj Allott, could only grimace. But the grimace became a smirk, and the smirk became a grin, and the size of the grin was directly proportioned to the distance they travelled from Comox.

The first night in Churchill, Manitoba was enjoyed with the Legion buying the first round of drinks for the visitors. The second night was spent in Iqaluit (we couldn't pronounce it either so we used the old name of Frobisher Bay). Dinner was cancelled after checking the menu. The seafood platter was a bargain at \$42.00! The next morning on start up an engine quill shaft was sheared. A sign of things to come? Nope. The techs had it fixed in twenty minutes and we were on our way to Keflavik, Iceland. Knowing that they had done the work that their contract required by fixing the quill shaft, the techs realized that they would be able to sleep all during the next day's flight, so they took advantage of the opportunity to celebrate. I know they must have had a good time because the first thing they heard the next day was, "Canforce 621 cleared to land. Check the gear. Welcome to Lahr!" and we didn't arrive until 1700 hrs!!! At least they were awake so we could all go to the Winefest. Also, by now, we were so far from Comox that Allott and Costello, I mean Howe, were giggling hysterically, "We made it. We made it."

We had a few problems in Germany, the first being that we arrived late Saturday and left Monday morning. Consequently, all the stores were closed and we were unable to buy gifts for our loved ones and cases of wine for our peers and/or supervisors who write our PERs. However, we were

able to sample some of the wines but they weren't very good...they were excellent!! Our other problem was who to send home on the Boeing because we needed to carry more fuel on the return trip. Pete Howe solved this by saying that anyone with a BMI over 30 was going on the Boeing. So Larry, Curly, and Moe stood up, took Dave Roberts with them, and went to the AMU. Problem solved.

Speaking of Dave...he was responsible for all our publications, i.e. enroute charts, let down plates, etc.. These he stored in boxes in the aircraft. What he learned in Germany was that it is much more convenient if you have a Flight Bag available to store your thing(s) in.

We were able to catch a few of the sights in Germany and visit with friends on Sunday but it was back to trying to understand the Air Traffic Controllers on Monday. (The ones that speak Canadian are hard enough to listen to.) It was a short hop to Prestwick, Scotland for the night and although we had to start out very early the next morning, listening to the Scottish burr of the young ladies made it a highlight of the trip!

The next stop was Sondrestrom. We were now on our fifth different currency...Canadian and American dollars, German deutschmarks, Scottish pounds and p's, and now gronks or kronen or something? Sandy was an experience! The bunk beds in Marc Ouellet's room were too small so he put the mattress on the floor but the room was too small!! Marc slept with his feet up against one wall and the upper part of his body bent at an angle against the hallway door at the other end of the room! As this was too uncomfortable he finally opened the door, did a 180 and slept with his feet sticking out in the hall!! (And some people think these long range trainers are fun.) On our way to these luxurious accommodations we were in the local taxi-van with all our luggage and some friendly townspeople. The van stopped to let the locals out and as Dave Muldoon was in the way he took his sack and stepped outside to let the young lady beside him disembark. Unbeknownst to the quiet and unassuming Dave, she had taken a shining to him. He quickly realized this when she reached down, grabbed his bag and requested that he accompany her for the evening.

The ever-polite Dave politely grabbed his bag back, politely

thanked her for her hospitality, politely blushed, and politely told her he was happily married and then quickly jumped on the bus!!

The final night was back in Churchill, Manitoba but now it was -13° and since we weren't new visitors the Legion didn't buy us a round. The next day we stopped in Calgary for fuel and one of the engines didn't want to leave (neither did I). The techs, who were awake by now, got out a rope and ladder, tightened the elastic band and hand cranked it. Next thing we knew, just like in a dream, we were back in Comox. On time, on schedule. To all you disbelievers who thought we were just dreaming...pay up!!! It was an Arduous task, but the Stars made it.

Per Ardua ad Astra.
LAB FLIGHT

The big news from Lab Flight is "Where's Lab Flight?" Now that the Big Move has occurred, with the Squadron playing its own version of "musical offices," the Lab pilots can be found in new, more spacious accommodations down the hall from their old abode. They'll be sharing their new nest with an assortment of other creatures, both Buffalo drivers and navigators. It should be one big, happy family.

Tom Hughes has had an addition to his family. He and his wife Gwen now have a 9 lb 4 oz son named Craig. Congratulations!

To be noted for posterity: The unusual occurred recently when a Labrador helicopter actually filed and flew an IFR flight. Capt Lorne Reid and crew (at the almost continuous insistence of the First Officer) returned from Victoria to Comox at the dizzying altitude of 8,000 feet. Incredible. The aircraft flew through cloud, performed instrument approaches, and even spoke to Vancouver Centre, although the controller had difficulty believing that their True Airspeed was 87 knots. It can be done.

Our helicopters are back home again after The Great Fog recently when they were being abandoned all over the place. At one point three of our four serviceable birds were stuck afield by the weather. Two crews were toughing it out in Victoria, while another crew had driven home from Port Alberni in disgust, leaving their Lab behind.

So once again it's "ops normal" in Lab Flight.

FROM THE FE SECTION

442 Squadron welcomes three baby FEs on the Lab con-

version course. Cpls Don Person and Gord Neave will have the opportunity of being blessed with our beautiful BC weather at the successful completion of course. The third candidate Cpl Dave Potter will join the ranks of 424 Sqn.

On the home front MCpl Boxer Scott and Bert Howard have returned from their European trainer - oh - the stories to be told there. We understand that the Iceland taxis are expensive.

MCpl Dan Daniels and Laurey have added a 8 lb 3 oz bundle for what was a spare bedroom. Brad arrived on scene that end of Sept. Congratulations to the family.

Sgt Cutler and Casey will soon develop those opt skills that one can only gain on the SGT SEMINAR. Have fun guys.

We anticipate to have two new rotor "O" cat FEs soon, as Cpl Trevors and Poirier spruce up for that all important check ride.

WO McDonald is busy learning what the REAL WORLD is all about, as he develops skills used by the Lab FEs on the Phase 2 part of the course.

Enough said - have a good day all.

FROM THE SNAKE CHARMERS

The Career Managers have come and gone and believe it or not, the work is still getting done. Some good news for some and bad for others. Next year is going to be a lot colder for more people if the stories are accurate - at least Chuck Trenholm knows he is in for a White Xmas. He and his family are off to the other Island - a big guy like Chuck may tip the East Coast off the map.

Transferred in are Sgt Stephens from Shearwater, Sgt Hamilton from Borden and back from Camel land are Cpls Kneller, Levesque and MCpl Stajkowski. Their tans are ready for the ski season already.

Congratulations to now WO Jim Diamond. He will do us up proud in "Charm School."

The Buffalo was nursed across the pond and back by our own MCpl Dunham, MCpl McIsaac and Cpl JR Paine. All apparently went well as the A/C is back but none of the groundcrew seems to remember the trip. Very tiring journey "they say." HA.

Everyone seems to be settling in after the APS. All the latest changes are to the hangar. The offices are all being moved, the roof is being done and unexpected designs were carried out on a hangar door that jumped in front of a mule. Nuff said.

AVSO section saw all the

hockey buffs making their annual draw and pool. A lot of strategies and thinking into this annual event. Anyone needing help just get Biskey, he will ensure you get a better team than even he can pick. How much commission does he get if the other guys win.

Some of our techs did some rescue work of their own this past week. It was in a backyard hot tub and Cam claims he remembers nothing.

Guy Letellier is off to servicing and the Sqn's favourite lady Lt O'Brien presented him with a well deserved accelerated promotion to Cpl. Hope he comes to the golf course soon.

In other news, the winning team in the latest 442 Sqn Sports Day was team No. 6 consisting of Dick Mohns, Grant Griffiths, Dave Pacquet, Stan Rolsky, Louis Limoges, Rick Poirier and Marco Plasse. They won the volleyball tournament with over 50 people in attendance. Fun was had by all.

That's all for this edition. Look out for Snakes.

SAR SUMMARY

These last few weeks have been fairly quiet, with relatively few incidents occurring. This rarely means, however that the aircraft or crew sit idle. The ELT gremlins have been keeping the Squadron, particularly Buff flight, quite occupied.

On 26 Sep a Buffalo was launched to look for an ELT in the northern interior. The signal was localized, and communications were established. The pilot obligingly shut down his ELT. The next day, on 27 Sep, the gremlin was heard near Chilliwack, and a Buff localized it to the Knight's Bridge area near Vancouver.

Later that day a fisherman was reported overboard from a vessel in the Race Rocks area. The standby Buffalo searched for three hours, but nothing was found. By 29 Sep the gremlin had moved into the interior, and a Buffalo was launched to do battle with it. Nothing was found and the aircraft returned to base.

The Lab wasn't idle during this period either. On 02 Oct the standby Labrador responded to reports of a person yelling for help in the water off of Mayne Island, near Active Pass. B.C. Ferries reported one car without a driver. The Lab searched the area in conjunction with two Coast Guard vessels, but nothing was found.

On 03 Oct it was the Buffalo's turn to pursue mysterious sightings at sea. Red parachute flares were

CONTINUED ON PAGE 7

SECTION NEWS

442 SQUADRON....

CONTINUED FROM PAGE 6

reported seen by a ship at sea west of the Queen Charlotte Islands. The area was searched extensively, but in the words of one crew member, "nothing seen, nothing heard, nothing found. 9.4 hours of nothing." Later the same day the Buff was tasked to search for a man overboard from a fishing boat 30 miles west of Cape Flattery. This time it took only three hours to not find anything, and the aircraft returned to Comox.

03 Oct was a busy day. The Lab was launched to assist two injured divers at Diana Island, near Bamfield. The victims were medevaced to Port Alberni while the Buffalo provided top cover and a communications link to RCC.

On 06 Oct the ELT gremlin began to rear his head again, luring the Buff to Marion Lake, where a single engine floatplane had accidentally activated his beacon.

The next day, on 07 Oct, the Lab was launched to assist two injured crewmen from a fishing vessel near Pachena Point, off the west coast of Vancouver Island. The SARTECHS were hoisted to the boat to perform first aid, then they and the victims were hosted aboard, and the Lab proceeded to Victoria.

The weather deteriorated enroute, and the Lab found

Royal Jubilee Hospital through low ceilings and drizzle with the help of Sgt Pat Callaghan's knowledge of Victoria's road plan. "Turn left at the lights and it's just past the shopping mall," is an odd way to navigate an aircraft, but at the time it was welcome.

Meanwhile, the Buffalo was keeping busy chasing the ELT gremlin around the province. On 07 Oct they launched after one signal at 12:52, and then another one at 16:30. The next day the gremlin was heard near Spruce Lake, but the Buffalo was unable to localize it, as their direction-finding equipment became unserviceable. (Or was it just tired?)

People, rather than gremlins, were again the concern on 09 Oct when the Buff was launched in the early evening to prepare to assist the crew of a burning tug boat who were abandoning ship. With the Buffalo standing by on scene, the Bull Harbour lifeboat picked up the crew and the Buffalo was stood down.

On 12 Oct the Lab was launched to search for a small vessel reported missing in the straits between Gibson's Landing and Pender Island. The vessel was found uneventfully.

That wraps up this SAR Summary.



SUPPLY SIGNALS

To start with, I hope everyone had a fantastic Thanksgiving turkey spread and thoroughly enjoyed pigging out without hamming it up too much! And speaking of "hamming it up," I was gathering dirt for this article and ran across a few "hams" out there in Customer Services. I hear that the reincarnation of Elvis Presley is actually living, breathing and working (in between TD tips) in Customer Services. However, our Elvis is the pushed down version. I also hear he's been losing his teeth, old age perhaps!

Some confusion was experienced lately in Customer Services, more so than usual. It seems no one knew where to sit one morning when they arrived at work because the desks had all been rearranged. So, customers beware, it could take a couple of weeks for things to get sorted out.

And welcome to the wide, wide world of MUXING to our new addition, Diane Levesque, who, after only four gruelling days of rigorous training under the oh-so-experienced hand of Cpl Cathy Hailes, will take over and overcome all obstacles in the nerve centre, if we don't driver her to develop a nervous "TIC" that is!

Well, nuff said about that area, on to General Stores, where I hear Pte Hailes is currently on TD from CRS to help out in their time of need. Too bad, he was just getting used to his newly designed office in CRS complete with real walls and entrance door. The flu and a rash of other tragedies has taken its toll on General Stores staff, leaving June Kinshella hobbling around with a foot cast and several leaves of absences due to sickness. MCpl Pat Adams is on his 6A course in Borden and WO Pearce has taken over the show.

Cpl Davis Mitchell will be leaving Nov 15th for Europe as

part of the elite Canadian Forces National Basketball Team which will undergo extremely rigorous training (I was informed by Davis to emphasize the "extremely rigorous" part; there, did I do okay Davis?) in Lahr, West Germany before heading to Shape, Belgium to pulverize the rest of the NATO allies. Remember Davis, keep a stiff upper lip during training and try not to "dribble" too much! With any luck, you'll be back just in time for Christmas leave!

Speaking of Davis, Pte Kathy Edwardson is now gainfully employed on the Hazardous Material Project with Lil Davis, who recently returned from the Middle East. The project is designed to have Hazardous Material Data Sheets in the hands of our customers by end October (is that 1988 Kathy?).

Base Supply Adventure Training trip took place Sunday, Monday and Tuesday, 18-20 Sep. All went well.

However, several improvisations had to be made. The trip started out smoothly with a gruelling route march from the highway north of Campbell River to Brewster Lake campsite. The driver and MWO Smith set out with the truck and excess equipment to the Brewster Lake campsite to set up and prepare "field coffee" for the troops. Mother Nature did her best to deter us from our mission. The monsoon rains could not deter us from the first night's entertainment. By Monday morning she realized we were too tough and determined to beat, so she gave way to sunny weather and calm seas upon which to sail...oops, I was fantasizing again! Sorry! Yes, we experienced nature close up, the cry of wolves in the early morning, the pull of fresh trout at our fishing lines (survival training don't you know) and occasionally the lonely lament of "Ziggy, save me!" from off to the left somewhere...

Many fish stories were told at the corn boil that evening but the highlight of the evening had to be watching, agog, as Wendy Shaw plowed through cob after cob to run up an amazing total, I can't remember what it was now...



JUNIOR RANKS' MESS HAPPENINGS

THURSDAY, OCTOBER 27
LADIES CLUB FASHION SHOW
1900 hrs - \$5/person
Lunch - Prizes

FRIDAY, OCTOBER 28
"LIGHTEN UP" at the Junior Ranks
Try a LITE draft at a LITE price

SATURDAY, OCTOBER 29
HALLOWEEN DANCE
Wear a costume - get in FREE
No costume - \$2 each
Prizes - DJ - 2000 hrs

WEDNESDAY, NOVEMBER 2
LUNCHEON
1230 hrs - Cost \$10
Acquittance Roll at Mess Office

FRIDAY, NOVEMBER 25
"MS GAY CUP PAGEANT"

This is an All Ranks fun event for participants and spectators alike. 1st Prize is weekend accommodation in Harbour Towers in Victoria. Participants are to contact JRM office for entry and/or info.

TBA REMEMBRANCE DAY - GREY CUP - and more. For more information please call 339-8430 or 339-8452. See you at the Mess!



480-C 6th St., Courtenay, B.C. V9N 1M3

338-7855

SECTION NEWS



ANKER KLANKIN'

Since the last edition of *Anker Klankin'* graced the pages of the "Fishwrapper" we at the Fightin' 33rd have welcomed two of our members back from courses. Capt Pete Bush returned from a month long sojourn in North Bay where he was schooled in the ancient art of T-33 piloting. Being a jet pilot again has put a smile on Pete's formerly stern visage. Capt Ron Franklin recently spent two weeks in Winnipeg on a flight safety course. Handing over the Squadron FSO duties was a great relief for OpsO Capt Orlando Bokor, whose other desk is overflowing with MARCOT message traffic.

Pete arrived back on the Squadron brandishing a recently published book on T-33s by noted aviation journalist Michael O'Leary. Mr. O'Leary gathered some of his material during a visit and formation flight with VU 33 in October 1987. Several pages of excellent photos of Squadron aircraft and personnel feature prominently in the chapter on Silver Stars.

The MARCOT exercise which began last weekend will be the focus of activity at the Sqn for the next two weeks. In conjunction with MR 880, 414 and 441 Sqn's, VU 33 is providing air defence and gunnery training to Canadian and US Navy ships. The Squadron's participation in this exercise is extensive and scheduling our aircraft and crews required a lot of work. Thanks to D/OpsO Sgt Wayne

Larson for his efforts and hours spent at the Ops board.

The retirement mess dinner for one of VU 33's favourite sons, Major Mike Cummings, will be held on 17 Nov. With all the Sqn pilots and former member Maj Richie Clements planning to attend the event is already shaping up to be a party of epic proportions.

Cpl Frank Dumoulin has the distinction of being chosen as VU 33 Sqn's Tech of the Quarter for Jul-Sep. Cpl Dumoulin has consistently demonstrated outstanding initiative, cooperation and a very conscientious approach to his duties. He has recognized deficiencies and provided sound recommendations for corrective action. On many occasions he has volunteered to remain after his regular shift was finished to assist other trades. Well done Frank and congratulations.

During the period 12-31 Oct MP 407 Sqn's Crew 3, headed by Maj Dave Armstrong, is in Australia competing in the Fin-castle competition. We at VU 33 will be following their progress with much interest and wish them every success.

TECH SIDE

It's MARCOT time again and the weather isn't playing along. All of our visitors are getting the famous Comox wet welcome. VU 33 expects to be quite busy for the next couple of weeks with this exercise on, so, expect to see us dashing about all over the place.

Curling season is now upon us with our team losing one and winning one. Hopefully we will just keep on winning. It used to be that a few of us got together on the weekend and went horseback riding. With this "nice" weather and MARCOT on I guess it'll be awhile before we go again. Here's a puzzle for you. How can five people go horseback riding and come back smelling of strawberries? For the answer ask Cpl Himsl.

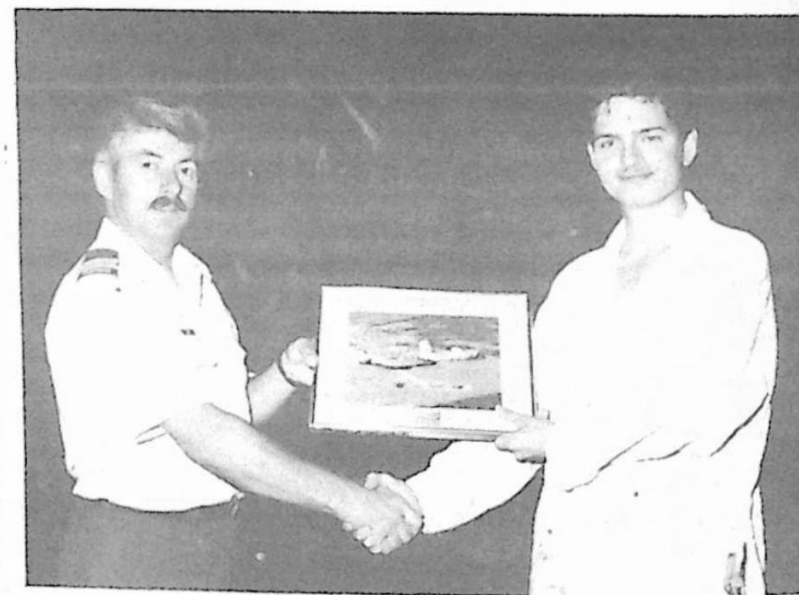
Now for the news from the crews. 1 Crew has the answer to the Hell's Angels bike gang, it's the Chris Shelly Mountain bike gang. A common sight these days, the gang biking to work in their cool shades. We welcome the addition of Cpl Dave Brown to our crew. 2 Crew's loss is our gain. MCpl Tom Cook can be seen now doing day work while MCpl Yaciuk goes to school and does night shift. Mike is at school preparing for his nursing course. MCpl Fred Kay has left 2 Crew for a couple of weeks to look for the elusive moose. Maybe if he gets one then we'll all get a taste. Maintenance has lost a fitter to 2 Crew, Pte Boivin has come out just in time for the nice winter weather. I haven't seen Cpl Martin Lavigne lately and I don't know where he is. When I find out though be assured that you'll know too. Lastly from Safety Systems, comes this bit of news. It seems Cpl Bull is getting ready to sell a bike, but what's he selling it for. Or should I say for how much?



Capt Martin Baggaley explained the many virtues of the T-33 to Air Vice Marshall Neville and Squadron Leader Hamilton, RNZAF during their tour of the Base on 22 Sep 88.



Sgt Ted Town being presented with his CD by CO Maj Roger ARsenault.



Cpl Frank Dumoulin receiving VU 33's Tech of the Quarter Award for Jul - Sep 88. SAMEO Capt Bill Snow presenting.



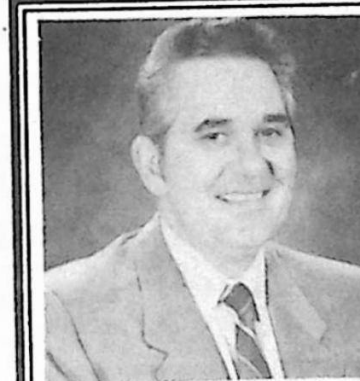
SPORTS & RECREATION

LINE TWISTS

CFB COMOX SPORT PARACHUTE CLUB

Blue skies have turned to grey skies and with it thoughts of skiing are on club members' minds as they put away their gear after another successful season of sport jumping. Updating since the last article, a number of notable events have occurred, starting with congratulations to Reid Wharton who captured the Gold Medal in the Intermediate Accuracy Class at the Summer Games this past July. In addition, his combined score over eight jumps was the second lowest total score of all the competitors who entered. Tradition continued as in past summer games, with Roger Skidmore and Roy Wharton hooking their canopies together in what is termed a bi-plane formation and landing them to the applause of an appreciative crowd. Dan Lindquist got the only dead centre of the competition—a score of 0.0 cm on a 5 cm electronic scoring pad; and Clive Webb placed fourth in the Senior category as well as scooping an interview by the B.C. Sports Council. All in all, a fine competition held in incredible weather conditions and one that will not be easily forgotten. On the international scene, Al Sharpe competed in the World Championships of Style and Accuracy in Sweden in August. Despite bad weather he performed well, and of the five Canadian men on the team, was second best. Al has since left the club and the CF to pursue a degree program at Simon Fraser University and will be missed by all. He served the club well in his six years as president and will be remembered for his dedication, commitment for excellence, and fine sportsmanship.

Towards the end of the summer, former club member Brian Wnuk has opened the Vancouver Island Parachute Centre at Qualicum Beach Airport. The Comox Club aircraft has been flying down and club instructors extending an "out-reach" program to assist the new club in getting off the ground, so to speak! It is a monumental undertaking and a success so far. Plans call for year round operation and training is done with the "Square" shaped parachutes commonly known as ram-air canopies. Those who watched the opening ceremonies of the recent Olympics in Seoul no doubt saw the impressive display of the freestyle formation of the Olympic Rings performed by some of the top sport parachutists in North America; in addition to the top accuracy parachutists who did pinpoint landings into the world's largest target. It has taken the organizers a long time to convince the officials to include this type of precision work and lobby for sport parachuting recognition. It has finally paid off as recent reports state that some discipline of sport parachuting will be included as an exhibition sport in the 1992 Summer Olympics in Barcelona, Spain. At long last international recognition to the sport has taken seed. For the 1992 Winter Olympics, lobbying is being done to include the combined disciplines of parachute accuracy on a mountain target and giant slalom ski racing (commonly known as para-ski). On a much lesser scale of course, the Annual B.C. Para-Ski Championships are scheduled for the end of January 1989 on Forbidden Ski Mountain as in the past. This will see the regular appearance of the bulk of the Canadian National Para-Ski Team as well as a few members of the U.S. National Team. On that wintery sounding note I shall close and put the pen into hibernation until spring. Bring on the snow!!



MEL FERRABY

REALTY WORLD Inc. - Coast Country Realty Ltd.
576 England Avenue, Courtenay, B.C. V9N 5M7
Bus: (604) 334-3124 Res: (604) 339-4692 Telex: 044 62541
Each office independently owned

Thinking of buying or selling a home? Contact Mel NOW for complete, confidential information. Most important for first time buyers.

MEL FERRABY
Bus 334-3124 Res 339-4692

Our Next Deadline October 31

GLACIER GREENS GOLF CLUB

The membership of Glacier Greens Golf Club gathered at a general meeting last Wednesday night to elect a new executive committee for the 1988/1989 season. Outgoing president Roger Arsenault gracefully stepped down from his year long post to make way for the new club president, Major Dick Mohns.

"I really enjoyed the year I had as president," said Roger "and I really want to thank all committee members for all their help." He especially praised the work of Base Comox CE and MSE Sections for all this past year. He also passed along his best wishes and good luck to the new club committee for the year to come. We wish you luck, Roger, in spending more time working on your handicap.

Also in the limelight at the meeting was John Ferguson who will be retiring this month. Many words of praise and thanks were passed along to John who has done just a great job as course supervisor for the past nine years. There have been many improvements made to the layout of the course as a result of John's dedication. For those of you who would like to show your appreciation to John, there will be a Golf game/Dinner and Roast for him on Friday November 18th at the golf club. More advertising to follow.

Glacier Greens Winter Golf starts this Sunday at the club and will continue every other Sunday throughout the winter. Tee off time is 1100 hrs; hope to see you all out there come rain or shine.

The Closing Banquet for Glacier Greens is this Saturday 22 October at the Glacier Greens Golf Club. Tickets are \$13.50 each, available at the bar, and it promises to be a great time. All club members welcome.

The last item on the agenda for the meeting was the election of a new executive committee. After a flurry of balloting the end results look like this;

President..... Dick Mohns
V/President..... Chris Bodner
Men's Club Capt. Wally Berger
Tournament Chairman..... Murray Jacklin
Handicap Chairman..... Stu Mohler
Planning & Engineering.. Doug MacArthur
Junior's Chairman.. Ted Sauve

CONTINUED ON PAGE 10

OVERSEAS GOLFERS AT MEMORIAL

Good weather and a huge turnout helped to make the Yvon Geneau Memorial 2-Ball Golf Tournament a huge success.

Participants came from as far away as Australia, Mill Bay and Seal Bay to enter the event. Following the golf and presentations there was a superb barbeque.

WINNERS

Men Partners
1st L.N., Mike Geneau, Ted Sutton, and Tony Clarke
1st L.G., Dan Geneau, Steve Hadada

2nd L.N., Dan Geneau and Steve Hadada
2nd L.G., Peter Geneau and Kevin Frost
3rd L.N., Kevin Frost and Peter Geneau
3rd L.G., Neil Havers and John Wood

Lady Partners
1st L.N., Tuckey Schellinck and Rose McClesh
1st L.G., Tuckey Schellinck and Rose McClesh
2nd L.N., Anna Sutton and Halana Frost
2nd L.G., Dorothy Branch and

Ardyth Wood
3rd L.G., Carol Branch and Elodie Geneau
High Net - Women - Joyce Richard and Jude Mansfield
High Net - Men - Ken Jarvis and Darren Wood

Longest Drive - Peter Geneau
Shortest Drive - Mike Geneau
Closest To Pin - Steve Hadada
Least Putts - Men - Ted Sutton
Least Putts - Women - Rose McClesh
Best Dressed - Tony Clarke
Door Prize - Mike Schellinck

THE GRIFFIN PUB

SATURDAY LUNCH SPECIAL

CHILI & BUN OR GARLIC TOAST
\$2.95

SUNDAY SPECIAL CHANGES EACH WEEK

COMOX VALLEY'S ONLY COLD
BEER DRIVE THRU SALES

ROAD TO KIN BEACH.
LITTLE RIVER RD
& KILMORLEY

ENTERTAINMENT

FRIDAY & SATURDAY 9 TILL 1

OCTOBER 21 & 22 - LYNDIA SCOTT
OCTOBER 28 & 29 - JIM MC COY
NOVEMBER 4 & 5 - GORD KRUGER

JUNIOR RANKS
LADIES CLUB
FALL FASHION SHOW

COST: \$5.00
DATE: 27 OCT 88
TIME: 7:00 PM
PLACE: JR Mess, Totem Lounge

CLOTHES by Reitman's, Lady Footlocker, Men's Footlocker, Connections. HAIR & MAKEUP by Makario's Hair Design. FLOWERS by Comox Flower Pot

There will also be door prizes

Open to all JR members and spouses, other ranks wives and female members.

For more info or tickets call: Shelma Young 339-5098 or Theresa Swinemare 339-0410

SPORTS AND RECREATION

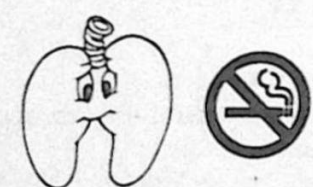
More Golf....

CONTINUED FROM PAGE 9

Secretary..... Mike Dunham
 Membership
 Chairman..... Russ Wreggitt
 Public
 Relations..... Terry Strocel

And lastly I would be remiss if I didn't mention something about the Men's Closing tournament that took place on 1 Oct. Many thanks to the organizers like Wally Berger and Bill Chiki for an excellent tourney, and for arranging such perfect weather. The winning team for Low Gross was made up of Wayne Tresierra, Russ Wreggitt, Bill Bate and Lee Johnson. Winning the Low Net prize was the team of Dick Mohns, Pat Armstrong, Jim McCaffery and Terry Strocel.

PROTECT YOUR LUNGS



DON'T SMOKE

† British Columbia Lung Association

EFFECTIVE 15 OCT 88
 THE CANEX SERVICE STATION
 HAS BEEN AUTHORIZED TO REDEEM
 CANEX GAS COUPONS
 REGARDLESS OF FACE VALUE
 FOR \$1.00
 PER COUPON PER MINIMUM 25 LITRE
 FILL-UP
 DIG OUT THOSE OLD COUPONS

LIMITED TIME OFFERS

From the Royal Bank

Residential Mortgages

Choose one of these money-saving options:

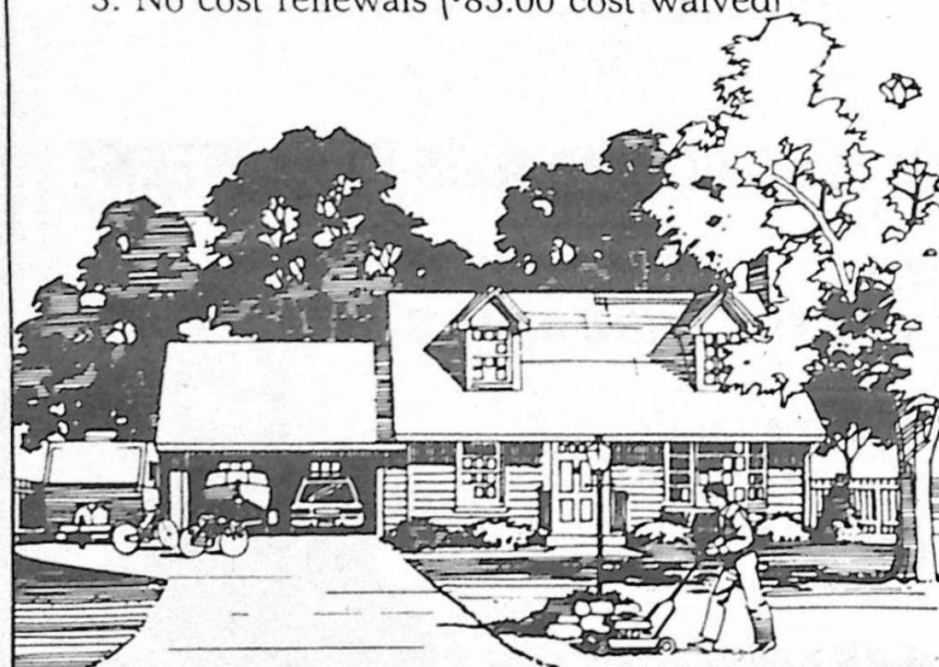
1. Switch your existing mortgage to us FREE! (normally \$85.00)
2. \$85.00 discount on appraisal fee
3. No cost renewals (\$85.00 cost waived)



Personal Loans

We're offering reduced rates on our popular Variable Rate Personal Loans until **October 31, 1988 only!**

Drop in and see us today - and ask us about a **Pre-Arranged Vehicle loan!**



ROYAL BANK

COMOX

338-4821

COURTENAY

338-6561

CUMBERLAND

336-2265

FINANCIAL TIPS — BIG TICKET ITEMS

When people talk about big ticket items, they usually mean a refrigerator, a new car, or a modern sound system for the den.

What they may not realize is that the year's largest single expenditure is probably something else - income tax. We don't put income taxes in the same category as other major household purchases, probably because they come off our income before we get our pay cheques.

So when you're attempting financial planning, the impact of today's and tomorrow's income taxes have to be considered in developing your plans for buying other items or entering into financial transac-

tions.

It may be best to consult a chartered accountant for sound professional advice or managing tax liabilities. Management involves four basic strategies;

-Realizing tax-exempt income.

-Reducing taxable income.

-Using tax-favoured investments.

-Deferring income tax to future years.

The first \$100,000 in capital gains is tax-exempt for individuals resident in Canada. In 1988, an additional \$400,000 exemption will be provided to individuals on capital gains from the sale of small business corporations. Enhanced exem-

ptions are provided for gains on sales of farms.

In addition, you are entitled to claim tax exemption for anything you make on the sale of your home. Careful planning is essential to make sure you obtain the maximum benefit from the capital gains exemption.

If you want to reduce taxable income, perhaps you can shift some of your income to someone else with lower income. For instance, income can be shifted to a dependant who is over 18, other than your spouse, through a gift or an interest-free loan. Or you can make tax-deductible contributions to your spouse's registered retirement savings

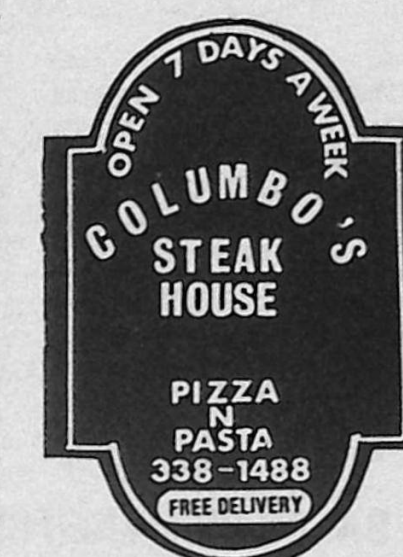
plan (RRSP).

You should also keep good financial records, and borrow to buy qualified investments while using cash to pay off your consumer debt (that new car).

Capital gains which are not eligible for the lifetime capital gains exemption are still taxed favourably relative to other income. Or, you may be better off increasing dividend income and reducing interest income which is taxed more heavily than dividends.

For our brochure on personal financial planning, please write: Ron Park, Executive

Vice-President, Institute of Chartered Accountants of B.C., 1133 Melville Street, Vancouver, B.C. V6E 4E5.



Adopting a Special-Needs or Older Child:

It takes much more than love alone.

There are many people in British Columbia who have been waiting a long time to adopt a baby. At the same time, there are many special-needs and older children waiting for adoption.

In order to help unite more of these children and parents, your Government is providing new information and support services because we recognize that successful adoption is not an easy task.

Adopting an older or a special-needs child is a major decision for a family to make. It requires an informed decision based upon the strength of the family and the particular needs of each child.

Special-needs children include some with physical or mental handicaps, learning disabilities, developmental delays, or who may have been abused. In addition to providing a stable home, families may need to obtain therapy, counselling, rehabilitation services or special equipment to help children deal with medical problems.

In Vancouver and Prince George there are adoption projects in place supported by staff specially trained in assisting potential parents in making the best decision, and to help them meet the challenges of older and special-needs children.

If you would like to learn more about adopting an older or a special-needs child, contact your local office of the Ministry of Social Services and Housing.



Our future needs responsible decisions.



Ministry of Social Services and Housing
 Honourable Claude Richmond, Minister

AROUND THE BASE

FROM THE
MAYOR'S OFFICE

The PMQs recently enjoyed a Street Dance held in the gym of Airport School. Those who attended enjoyed the line music, food and beverages provided by the PMQ Association. Our next function is planned for in early January with the Christmas Tree Burn.

The results for our PMQ Garden Contest were published in the last issue of Totem

Times, but appeared somewhat confusing. The first name in each ward was the winner receiving \$25 and the second name was for an honourable mention. Hopefully, this will clear up any misunderstanding.

Finally, Mr. Ron Bennett will be organizing a Fall Babysitting Course in the near future for any youth interested. Details will follow.

SALON DU LIVRE/FRENCH BOOK SHOW

SALON DU LIVRE/FRENCH BOOK SHOW

L'ASSOCIATION FRANCOPHONE DE LA VALLEE DE COMOX a le plaisir de vous inviter a son "SALON DU LIVRE" qui aura lieu le 4, 5 et 6 novembre au gymnase de l'ecole de l'aeroport. M. Pierre Geoffrion des Librairies Colombiennes mettra a votre disposition une grande quantite de livres, disques, cassettes et materiel scolaire.

Merci de votre encouragement!

HEURES D'OUVERTURE:

Vendredi 04 Nov: 17h30 a 21h00

Samedi 05 Nov: 09h00 a 21h00

Dimanche 06 Nov: 10h00 a 15h00

THE COMOX VALLEY FRANCOPHONE ASSOCIATION has the pleasure to invite you to their upcoming FRENCH BOOK SHOW on the 4th, 5th and 6th of November at the gymnasium of Airport School. Everyone is welcome to attend. You may find just that special book you are looking for, for that special French friend of yours! You will also find a great choice of records, tapes, cards and school books. Thank you for your support.

OPENING HOURS:

Friday 04 Nov: 1730 hrs to 2100 hrs

Saturday 05 Nov: 0900 hrs to 2100 hrs

Sunday 06 Nov: 1000 hrs to 1500 hrs

ACTIVITES FUTURES — UPCOMING ACTIVITIES

21 OCT 88

Partie de quilles au centre recreatif de la base a 19h00. Prix \$4.00 par personne.

Bowling at the rec centre on the base at 1900 hrs. Cost \$4.00 per player.

29 OCT 88

Fete d'Halloween pour les enfants. Tout le monde se costume (si possible). Prix: gratuit pour les membres et \$2.00 pour les non-membres.

Halloween party for children. Everybody wears a costume. Cost: free for club members and \$2.00 for non-members.

TIME: 13h00 to 15h00

03 NOV 88

Tops and Trends. Au local de l'Association, 493C Puntledge Rd., Courtenay. Toutes les dames sont invitees a se joindre a nous. Votre hotesse sera Betty Ferdinand.

Tops and Trends party for the ladies at our local situated at 493C Puntledge Rd. Your hostess will be Betty Ferdinand. Everyone is welcome.

YOGA

BEGINNERS AND INTERMEDIATES

with PEGGY JONES-GREGORY

-certified Yoga Instructor and
Holistic Health Counsellor
-12 years teaching experience

Experience the many benefits of yoga. Weight control, increased flexibility, greater energy, a more positive outlook on life, relaxed peaceful state of mind, stress-reduction. The joy of practicing yoga can add zest and enthusiasm for life!

BEGINS — MONDAY, OCTOBER 24, 1988

MONDAY AND TUESDAY 1:30 - 3:00 P.M.
MONDAY AND WEDNESDAY 4:00 - 5:30 P.M.

Place: AIRFORCE RECREATION CENTRE

TO REGISTER CALL:

PEGGY 339-7992

CFB COMOX 3RD ANNUAL "PHOTO CONTEST".



PRIZES AWARDED TO WINNERS
CONTEST IS OPEN TO ALL MILITARY,
DND EMPLOYEES & DEPENDENTS.
DROP OFF POINTS ARE

BASE PHOTO or REC CENTRE

FOR MORE INFORMATION CONTACT

CPL. LOURIE ROY LOC. 8403
CPL. NEIL LAUDER LOC. 8525

PRINTS WILL BE ON DISPLAY FROM 1 TO 8 DEC
AND THE JUDGING WILL TAKE PLACE ON THE
9th of DEC 88.

CATEGORIES

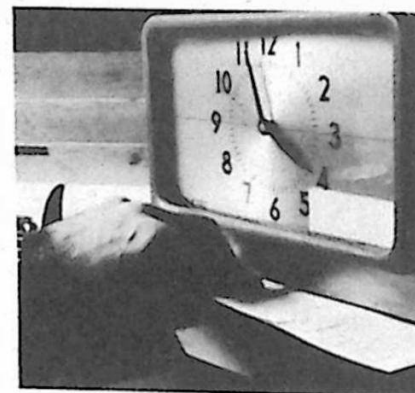
- 1) COLOUR OR B&W PRINTS OPEN
- 2) COLOUR OR B&W PRINTS PEOPLE IN ACTION
- 3) COLOUR OR B&W FAVORITE SNAPSHOT

CONTEST RULES

- 1) ENTRY IS FREE
- 2) PRINTS MAY BE OF ANY SIZE
- 3) PRINTS MAY BE MOUNTED (NOT FRAMED)
- 4) ALL ENTRIES MUST BE IDENTIFIED WITH NAME, PHONE, AND CATEGORY.
- 5) LIMITED 3 ENTRIES PER CATEGORY.

SO DUST OFF YOUR CAMERAS & ENTER
TODAY !!!

Today, for 164
British
Columbians,
timing is
everything



Did you know that 60,000 more British Columbians are working today than at this time last year? How about the fact that 164 new jobs are created every day — one every nine minutes?

What's more, these jobs are being created in a more diversified economy, one that's moving away from the sharp peaks and valleys of our old primary resource based way of life. Of course, British Columbia's natural resources will always play a big part in our future,

but today, a whole new economy is emerging.

From inner space to outer space, and woodchips to microchips, British Columbia is becoming one of the leaders in the new

"knowledge based" industries. And like those 164 British Columbians, it's about time. For more information on B.C.'s growing economy, contact your MLA, your nearest Government Agent, or write to the Ministry of Regional Development, Parliament Buildings, Victoria V8V 1X4.

Challenging the 90's



Together. A Better B.C.

SECTION NEWS

CONGRATULATIONS



WO Breese, BOC/DIAC AESOP, being presented with his retirement certificate by LCol Bishop, BOpsO. WO Breese' service extends over 33 years in both the RCAF and CF.



Major C.M. Bodner, BCompt presents CD to MCpl R.W. Hewitt.

CFB COMOX SKI CLUB

SKI SWAP

Location: Washington Inn Hospitality Room

Time: 1 - 5 PM 26 OCT 88

EQUIPMENT REGISTRATION

5 - 9 PM 26 OCT 88

SALE

5 - 9 PM 27 OCT 88

SALE

COST: \$1.00 per article
REGISTRATION FEE: 10% of each item sold

LOCAL SKI SHOPS IN ATTENDANCE

WE RESERVE THE RIGHT TO REFUSE UNSAFE EQUIPMENT
FOR ADDITIONAL INFORMATION PLEASE CALL:

Jim Kightley 339-8304

Corina Miller 339-8358

DO YOU LIKE COUNTRY MUSIC?
THEN JOIN

Westwind

EVERY SATURDAY AND
SUNDAY AFTERNOON

JAMMIN' AT THE "MEX"

Washington

338-5441

From The
Fire Chief's
Office

SMOKE KILLS PEOPLE

Smoke causes the majority of fire-related deaths. Hot flames are low on the list of killers during a fire. Smoke contains deadly killer gases such as carbon monoxide and, when smoke is produced, life-sustaining oxygen is consumed. Most fire victims die from these factors, frequently before they are awakened. In many fires, extinguished in the early stages, people have been found dead of smoke inhalation without having suffered any skin burns.

Smoke alarms can alert the occupants in these early stages of a fire while conditions are such that a safe evacuation is still possible.

HOW DO SMOKE ALARMS WORK?

Smoke alarms work by sensing the rising smoke from a fire and sounding an alarm. They can detect smoke far from the origin of the fire. Smoke alarms are most valuable at night, alerting family members to the presence of fire when they are asleep.

There are at present basically two types of smoke alarms on the market: photo-electric type and the ionization chamber type.

The PHOTO-ELECTRIC ALARM contains a light source and a special photosensitive cell in a darkened chamber. The cell and light are positioned within the alarm so that either the light beam is interrupted by the smoke as in the obscuration type or the beam is deflected into the cell as in the light scattering type.

The IONIZATION ALARM contains a radioactive source in a smoke chamber that emits radiation, resulting in a weak

flow of electric current. When particles such as those produced by fire enter the smoke chamber, they reduce the current and trigger the alarm.

DOES THE RADIOACTIVE SOURCE IN THE IONIZATION TYPE PRESENT ANY HEALTH HAZARD?

None whatsoever. Generally the average background radiation level in a home will far exceed any radiation from a smoke detector. When americium 241, the radioactive substance, is used in smoke detectors it is in a form of americium oxide, usually not larger than a grain of salt, bonded to a gold alloy. In this form it is biologically extremely inert. It is therefore totally wrong to think that the source could be dangerous if ingested, inhaled or handled with bare hands. When one considers the remoteness of the possibility of someone breaking open a smoke alarm unit, and swallowing the source, the radiation risk is microscopic and is invisible in comparison to the protection offered by such units.

WHICH IS BETTER, THE PHOTO-ELECTRIC OR THE IONIZATION TYPE?

Both types of alarms are equally effective in the home. If properly installed, they can provide adequate warning for the family. Some differences exist between the two when they operate close to the origin of the fire. These differences, however, are not critical.

The alarm you buy should be listed by a recognized testing laboratory such as Underwriters Laboratories of Canada (ULC).

KNOW HOW TO ESCAPE

The best fire-detection equipment can only awaken you if there is a fire, but you may not be thinking clearly. You should practice escaping before an emergency strikes.

Once a fire has started, it spreads rapidly. You may have only seconds to get out.

Normal exits from bedrooms may be blocked by smoke or fire. It is important that everyone knows exactly what to do.

IDENTIFY ESCAPE ROUTES

Plan two exits from every room. Second storey windows may need a rope or chain ladder to enable occupants to escape safely.

Choose a meeting place outside the home so you'll know everyone has escaped.

WHAT DO I DO IF THE ALARM GOES OFF?

Do not waste time getting dressed or gathering valuables.

Follow the pre-arranged escape plan and get out of the house.

Call the fire department from a neighbour's house, not from the fire scene.

Once outside, go to the meeting place established in your plan.

Do not re-enter the house until the fire is out and the smoke is cleared.

FACTS

Careless use of smoking material is the greatest single cause of deaths by fire.

Over 40 percent of accidental fire victims are asleep at the time of the fire.

75 percent of fire fatalities occur in residential fires.

CFB COMOX
FIRE DEPARTMENT

The
OLD
LADY

WHO LIVED IN A SHOE



ON AND OFF THE BASE

STUDENTS: MAKE IT HAPPEN

Interculture Canada, the country's leading international student exchange organization, is eager to select next year's class of young Canadians, aged 15 to 18, who will study abroad for a full school year.

This not-for-profit, charitable organization specialized in intercultural learning is in its final month of student recruitment across Canada. It urges students interested in living the cultural and personal challenge of a lifetime to apply now for one of over 200 home and study stays available in any of 32 different countries.

"We want to give these students the opportunity to enrich themselves by living and learning in an environment completely different to their own," says Bill Mitchell, an ac-

tive Interculture Canada volunteer in Delta. "The more students we can recruit, the more we'll feel we're doing for young Canadians."

While a few placements remain available in the popular winter departure destinations, such as Brazil, Australia and Japan, Interculture Canada is now pushing to fill its many other summer departure placements around the world. Students on the program live with a carefully selected host family and complete a full year of studies in the language of the host country. Throughout, the student's immersion is backed by the support of a local volunteer counsellor.

"Our program turns the discovery of another country and another language into the discovery of self," concludes Mr. Mitchell, "and its effects

don't just last a year, they last a lifetime."

Participation fees, which are all inclusive, are comparable to the amount often spent on an adolescent over an 11-month period. For financially disadvantaged families, assistance is available.

Interculture Canada is a member of AFS Intercultural Programs, the world's largest network of intercultural exchange programs established in 1947. Now operating in over 70 countries, this network is known for the quality of its programs, maintained through over 100,000 volunteers around the world.

For more information, please contact Bill Mitchell at 591-5873 or, toll-free, 1-800-361-1879.



LEGION LOG

BRANCH 17 COURTENAY

ENTERTAINMENT

Fri & Sat 21-22 Oct
Fri & Sat 28-29 Oct
Fri & Sat 4-5 Nov
Sat 29 Oct

Sun 30 Oct

Music by COUNTRY MEN
Music by COUNTRY CLUB
Music by PRIME TIME
HALLOWEEN DANCE
Prized for Best Costumes
1st, 2nd, 3rd Men & Ladies
Free Admission
FUN CRIB TOURNAMENT
Doubles Format Registration 12:30-1PM
For Info - R.Fitzpatrick 338-6260

REGULAR ACTIVITIES

BINGOS - Thu, Fri, Sun at 7 p.m.

MONDAY Fun Euchre
TUESDAY Pub Darts
WEDNESDAY League Crib
THURSDAY Fun Darts
FRIDAY TGIF & Money Draw at 6:30
SATURDAY Fun Bridge at 12:30
SUNDAY Something doing every Sun afternoon

"MORE PLAYERS WELCOME"
Phone 334-4322 (days) for more information.
NOW OPEN SUNDAYS...12-7 PM

**Dress Code in effect 8 p.m. Fri & Sat
(NO JEANS OR T-SHIRTS)

BRANCH 160 COMOX

ENTERTAINMENT

Oct 21 Music by COUNTRY CLUB
Oct 28 Music by WESTWIND
Nov 4 HALLOWEEN NIGHT-Prizes for costumes
Nov 11 Music by WESTWIND
Nov 18 REMEMBRANCE DAY - NO BAND
Nov 25 Music by COUNTRY CLUB
Music by PRIMETIME

REGULAR ACTIVITIES

SUNDAYS 11 am to 6 pm
MONDAYS L.A. Drop-In-Bingo 7:30pm
TUESDAYS Mens Dart League 7:30 p.m. Navy Room
WEDNESDAYS Mixed Dart League 8:00 p.m. Upper Hall
THURSDAYS Ladies Crib League. Lounge 7:00 pm
FRIDAYS Navy League Drop-In Bingo
SATURDAYS Upper Hall 7:00 pm
Men's Crib League (Home & Away) 8:00 pm

*1st Br Exec Mtg 8:00 pm
Nov Mtg ONLY 7:00 pm L.A. Exec Mtg as required
*2nd L.A. General Mtg. Upper Hall 8:00 pm
*3rd Br. General Mtg. Upper Hall 8:00 pm

TGIF in Lounge 2-6 pm
Meet Draws *Lounge* 2-6 pm
Dance-Lounge-Downstairs unless advised
Meat Draws *Lounge* 2-6 pm

UPCOMING EVENTS

ANNUAL POPPY CAMPAIGN & REMEMBRANCE DAY
OCT 25 - Wreath Sales begin
NOV 2 - Poppy Sales at CFB by Ladies Auxiliary
NOV 5 - Poppy Blitz-Town of Comox starting 10:00 am
NOV 7-10 - Awareness Week-Legion booth in Comox Mall daily 9:30 am to 6:00 pm.
NOV 10 - Members Night in Lounge
NOV 11 - Remembrance Day Parade from Legion Hall to Cenotaph. Leaves Legion Hall at 10:30 am.

LIFESTYLES



IN THE MAGS....

A REPORT ON WHAT'S NEW ON CANADIAN NEWSSTANDS

BY PADDY BATEMAN

"Go ahead, make my day" was the movie line that made him famous in 1985, he was ranked by young Americans as first among their heroes, ahead of President Reagan, Mother Teresa, and the Pope. He's a multimillionaire, a former Mayor, restaurateur, and movie producer who once said "When you get to the end, you don't want to have 'em say, 'Well, he did fifteen cop dramas and twenty westerns, and that's it.'"

Well, that's certainly not it for Clint Eastwood! His latest cinematic venture, a biography of jazz sax great Charlie "Bird" Parker, is considered to be one of the finest of its genre, and the first truly honest jazz movie.

For a good look at why the man who once said, "A good man always knows his limitations" decided to stretch his own in a wonderfully rewarding risky venture, read "Clint Eastwood Shoots Us the Bird" in the current Esquire.

Their nicknames alone evoke giggles and bring back fond memories of Saturday morning cartoons. They carry wonderfully childish names like, "Honky Tonk Man," "Ravishing Rick Rude," "The Weasel," "The Dragon" and "King Kong Bundy." And where will you find them? In the "rassling ring," of course.

"Crowd Control" in the current issue of Saturday Night does a great job of letting readers know the inside scoop on modern professional wrestling. Even if you've never attended a match yourself, it'll be high on your list when you finish this piece!

If you suffer with what dentists refer to as "needle phobia," don't give up going to the dentist yet. Your fear of dental pain just might be controllable with the introduction

of some innovative new methods of nerve deadening for cavity fillings and other such wonderful experiences.

For a thorough review of this new technique, check out "The Saturday Evening Post." Your "chicken little" dentist says just might be nearing an end.

The legitimate name for it is "kleptomania." The police department booking sheets call it "shoplifting." Most everyone calls it stealing.

According to retail experts, one in every 10 shoppers steals something from the store they're patronizing, and the women who do it outnumber the men by more than two to one.

Even more surprisingly, an increasing number of these women are career women - educated, affluent, outwardly successful women with strong and secure social positions in their community. In short, they're the last people you'd expect to find being hustled down to the local police department for fingerprinting.

There's lots of speculation about why these women shoplift, and even wider differences of opinion among the experts who treat them.

For an interesting inside look at this growing social problem, read "Women Who Steal" in the current New Woman.

Montreal's Cirque du Soleil (Circus of the Sun) continues to stun audiences across North America, and promises to get only more famous, and more in demand, with the passage of time. Without a doubt, they're the country's best known export of the year. In L.A., scalpers hawked tickets for 10 times their original price and in New York the show was held over five weeks.

Life Magazine doesn't often pay much attention to Canada, but the current issue offers several pages of beautiful pictures on this dazzling troupe.

Don't miss "The Slight Fantastic" if you're a Canadian with any pride. True to the magazine's tradition, these are "tear out and hang on the wall" pictures.

A little more than a year ago, the tragedy of little Jessica McClure was the focus of attention and much of the tension of much of the civilized world. The little Texas toddler, now two, was finally rescued after spending more than two days trapped 22 feet down a narrow, dank well in her aunt's backyard.

Now, as restless, curious and mischievous as any other child her age, Jessica shows few visible signs of her ordeal beyond a skin graft scar and an amputated little toe.

How are things with the McClure family today? Find out for yourself in the exclusive Ladies Home Journal feature, "The Untold Story." It's a heart tugger with a quiet lesson for all parents.

Vanity Fair calls him a "Gatsby for the Reagan era," to the Louvre and New York's Metropolitan Museum of Art he was a "benefactor," to much of the world he was a wealthy entrepreneur who backed charity balls and decorated his Paris apartment with \$26 million in art and antiques. To Italian police, however, he was a con man who swindled investors of more than \$110 million.

His name was Roberto Polo, and he's now a 37-year-old Cuban-born American doing time in an Italian prison while awaiting the determination of his fate.

For an inside look at how a man who once gave millions to charity and thought nothing of buying his wife a 41.37-carat flawless diamond, has ended up sitting in a cell, read "GRANDIOSITY: The Fall of Roberto Polo." It's a fascinating read!

BADMINTON CLUB

IN THE REC CENTRE

Hours of Operation:
Wed, Sun 1900 - 2200 hrs
Membership Fee:
Service Personnel \$10.00
Service Dependents \$10.00
Civilian \$15.00
Couple (Military) \$16.00
Couple (Civilian) \$25.00
Drop-In \$1.00
Contacts:
President MCpl M. Guitard 8285
V/Pres Cpl G. Williams 8443
Everyone is welcome, come on out and have some fun.

About
The House
with Lorry



Recently I was asked to reprint my fruit leather and sugar cookie recipes. Here they are.

The fruit leather is a real family favourite and never lasts very long. Apples are really plentiful right now and are very tasty when turned into leather. This sugar cookie is really great for any type of special occasion, e.g. for Halloween cookies, or anything you want to use cookie cutters with. It rolls very well and the cookies freeze very well if you can get them into the freezer before the family knows that you made them. This is great dough for kids to work with as well.

SUGAR COOKIES

INGREDIENTS
1C butter, softened
1C icing sugar
1 tsp vanilla
1 egg
2-2 1/2 C flour
1/2 tsp salt
1/4 tsp baking soda
1/4 tsp baking powder

METHOD

Preheat oven to 350°. Baking time 8-12 minutes. Cream butter, sugar, vanilla, egg and icing sugar together. Add the dry ingredients. If mixture is too soft, chill for about 1 hr. Roll out to 1/4 inch thickness and cut in desired shapes. Decorate as desired.

FRUIT LEATHER (Or how to use up old fruit and still have it taste good.)

ANY TYPE OF FRUIT.
Preheat your oven to its lowest temperature setting. Take any amount of fruit you like and peel and core if necessary. Use the blender or food processor to puree the fruit. Place in a saucepan and cook for 5 minutes, and add one tsp of honey for each piece of fruit used. (e.g. 5 apples, 5 tsp honey). Cook fruit until thick and not runny. Place saran wrap on your cookie sheet and make sure it is covered completely. I spray the wrap with Pam before spreading the hot fruit mixture over it. Pour the fruit onto prepared cookie sheet and spread very thin taking care to stay away from the edge of the pan. Cover this with another piece of saran and place in the oven for 6-8 hours. The plastic wrap will not melt - the oven is too cool. The leather is done when it is dry to touch. Peel off the saran and eat fruit. The children really like this and it is cheaper to buy your apples, etc. and make "Fruit Roll-Ups" yourself than buy them. We have used blueberries, apples, apricots, strawberries, a mixture of apples and apricots and pears.

The Government of Canada wants to do business with you.

We are making it easier for you to do business with us.

In July we announced **Access Small Business** - a series of measures to ensure that our procurement system is as open and fair as possible. Under **Access Small Business**:

- you'll have more chances to bid for contracts with our improved bid rotation system.
- we're putting small business advocates in key areas of our organization to work directly for you and with you.

- it will be easier for you to sub-contract on major government purchases.
- we're setting up a contract information centre and improving our publications so you'll have more and better information to work with.

For more information on **Access Small Business** call or visit your nearest Supply and Services Canada office. Our number is in the blue pages of the phone book.

Supply and Services Canada
The Hon. Otto Jelinek
Minister

Approvisionnement et Services Canada
L'hon. Otto Jelinek
Ministre

Canada

SERVICE DEPARTMENT

NEW HOURS:
FOR YOUR CONVENIENCE
6 DAYS A WEEK SERVICE
7 A.M. — 7 P.M.

Drop your car or truck off and we will drive you to work.

FORD COMOX VALLEY FORD SALES
MERCURY (1984) Ltd.
360 Island Highway, Courtenay
334-3161

WE
SPECIALIZE
IN GROWING QUALITY ORNAMENTAL
TREES & SHRUBS

Harry and Roberta are on local
Cable 10 T.V. every Tues. 7:30 PM
with demonstrations and phone-in
segment.

JENSEN NURSERIES
Idiens Way, One Mile North of Comox off Anderson



John Bradley

426 SQUADRON

THE BOMBING ERA

One of Canada's more unique World War II units within the RCAF was 426 Squadron. They started their war as a Bomber squadron and immediately after cessation of hostilities, converted to the transport role. When they converted to transports, the unit would be the RCAF's only overseas squadron to be equipped with the Consolidated Liberator.

426 (Bomber) Squadron was the RCAF's seventh Overseas bomber unit when it was formed at Dishforth in Yorkshire on 15 October 1942. The first Commanding Officer was W/C S.S. Blanchard who was tasked to train and then lead the squadron on both strategic and tactical bombing missions. To carry out this task the unit was equipped with the Vickers Wellington Mk. III and later the Wellington B. Mk. X.

The Vickers Wellington, used by a number of RCAF squadrons, was a relatively large twin engined bomber of geodetic construction. The first version used between October 1942 and April 1943 by 426, was the Mk. III. This version utilized 1,375 hp Hercules III or XI radial engines and many other features such as a four gun tail turret. The B. Mk. X, used between March and June 1943, differed from the Mk. III in that it was equipped with 1,675 hp Hercules VI or XVI radials. These aircraft and all types to follow, with the exception of the Liberators, would carry the OW fuselage code.

OPERATIONS

As was normal for all new squadrons, 426 underwent extensive training in their first months of life. By mid January they were deemed to be ready and on the night of 14 January 1943, proceeded, as part of a larger bombing force, on its first operational mission. Seven aircraft participated on a raid over Lorient, France.

Missions utilizing the Wellingtons, both versions, began to build in number. But the aircraft was beginning to show its age as the RCAF also wished to equip their bomber squadrons with large four engined aircraft, 426 was converted to the Avro Lancaster B. Mk. II during July 1943.

426 operated the large Avro aircraft up to May 1944 when they again completed conversion to a new type of aircraft. This time the aircraft was the Handley Page Halifax B. Mk. III, which they had begun to receive the previous month. Within two months the unit turned in their B. Mk. IIIs for the B. Mk. VII version of the Halifax. The main difference between the B. Mk. III and THE B. Mk. VII was that the latter

had a redesigned fuel system for its Hercules XVI radials, extended wingtips, and an H2S radar cupola. 426 was the first unit in Bomber Command to operate this version of the "Halibag." In fact, No. 6 (RCAF) Group, to which 426 belonged, was the only formation to use this version of the Halifax.

Even though the end was clearly in sight by the Spring of 1945, 426 members began to hear rumours that they would be converting to another aircraft type and a new mission. But before the rumours were confirmed, they had a final task to perform. This mission took place on 25 April 1945 over the Island of Wangerooe. By this stage of the war elements of the 1st Canadian Army were engaged against stiff enemy resistance in this area. Bombing missions were requested and all of the RCAF's Overseas bomber squadrons attacked the enemy positions. For all of the bomber squadrons these would be their last offensive sorties of the war.

426's bombing era record included 268 missions for a total of 3,233 sorties. A total of 14,511 combined operational and non-operational hours were flown. 88 aircraft were lost with 561 aircrew killed, wounded, missing or taken POW. 8,997 tons of bombs were dropped and 4 enemy aircraft were confirmed destroyed with one claimed as probably destroyed. In addition, 5 enemy aircraft were damaged.

TRANSPORT ERA

426 Squadron was slated to become part of the Pacific "Tiger Force" but unlike their counterpart RCAF squadrons selected for this Force, they were to convert to the transport role. For this new job they were equipped with the Consolidated Liberator C. Mk. VI and VIII. With a new aircraft and a new tasking, the fuselage code also changed and officially became OLW. Due to reasons best known to the members of the unit at the time, it has been reported that they also used the OLP and OWL codes. In any case, it was rare to find any of the 426 Liberators marked with anything more than a single code letter and the individual aircraft letter.

At the time of their redesignation the unit actually had no aircraft and an almost complete turn-over of aircrew and groundcrew. By 25 June the unit moved to Tempsford in Bedfordshire and finally began to receive the first of their aircraft in early July. Within two weeks the total complement of 19 aircraft had been delivered. Training began

in earnest through the months of August and September. After a successful proving flight that took a couple of aircraft as far as Castel Benito in Libya and a trial trooping flight to Karachi, India, the unit dispatched their first operational transport mission on 28 September 1945.

From that day on the Thunderbirds carried British troops to Cairo. At Cairo they picked up Indian soldiers and carried them home to Karachi. When they returned they carried repatriating British soldiers and airmen back to Tempsford. A round trip took an average of six days. By mid October the route had been changed slightly to include stops at Castel Benito, Habbaniyah in Iraq and Maurpir, India on the way out and Lydda in Palestine on the return trip.

The passengers had a round time of it in the Liberator but in the long run an uncomfortable trip lasting three days was preferred over a month long sea voyage by troopship. A large number of these troops had been away from home for up to five years. The passengers, a total of twenty-six per aircraft, were seated facing each other in the converted bomb bay. Their legs and knees were intertwined making any sort of movement very difficult. Additionally the

passengers only had a few minutes to get out and stretch at each stop while the aircrew would depart and hand over the aircraft to a slip crew for the next leg.

By December word was received that they would be disbanded and on 26 December the last trooping flight was carried out. On 31 December 1945, 425 Transport Squadron was disbanded and turned their Liberators over to the RAF.

426 flew 242 sorties for a total of 9,347 operational and non-operational flying hours. They suffered no casualties and had transported 5,500 passengers.

During the war, 426 Bomber and Transport received 2 DSOs, 2 Bars to DFC, 130 DFCs, 1 CGM, 25 DFCs, 2 BEMs, 1 DFC (USA), and 13 Mentioned in Despatches. The squadron itself was awarded the English Channel and North Sea 1943, Baltic 1943, Fortress Europe 1943-1944, France and

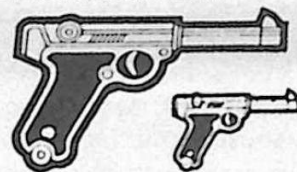
Germany 1944-1945, Biscay Ports 1943-1944, Ruhr 1943-1944, Berlin 1943-1944, German Ports 1943-1945, Normandy 1944, Rhine, and Biscay 1943 Battle Honours.

It is interesting to note that 426 (T) Squadron was soon reformed after their war time service. On 1 August 1946 they were brought back onto the establishment and were equipped with the Douglas Dakota.

426 Squadron had been adopted near the beginning of their existence by the City of Regina Auxiliary. They had been authorized by King George VI their own Squadron Badge in October 1943. The badge consisted of a Thunderbird which is a mythical bird that is supposed to cause havoc and death to those who perceive it. The Thunderbird also signified disaster to those on the ground who have incurred its displeasure. The motto, On Wings Of Fire, was in English.

COMOX CUSTOM GUNSMITHING
AND MACHINING Sales and Service

1755 ARDEN ROAD, COURTENAY

MARK JESSE
Ph. 338-1203P.O. BOX 1256
COMOX, B.C. V9N 3Z0

ANNOUNCEMENT

THE LAW FIRM OF SWIFT DATOO DOHERTY IS PLEASED TO ANNOUNCE THE OPENING OF THEIR COMOX OFFICE.

OUR LAW FIRM HAS BEEN LONG ESTABLISHED IN COURTENAY AND WE HAVE, OVER THE YEARS, ACTED FOR MANY ACTIVE AND RETIRED MILITARY PERSONNEL AND THEIR FAMILIES. IN FACT, ONE OF OUR SENIOR PARTNERS SERVED WITH THE R.C.A.F. IF YOU LIVE IN COURTENAY, WE ARE LOCATED IN THE COMOX VALLEY INSURANCE BUILDING ACROSS FROM THE COURT HOUSE. IF COMOX IS MORE CONVENIENT, WE ARE LOCATED ON COMOX AVENUE NEXT TO THE LORNE HOTEL AND IN ADDITION TO OUR WEEKLY BUSINESS HOURS, OUR COMOX OFFICE IS OPEN FROM 9:00 A.M. TO 12:00 NOON EVERY SATURDAY.

THE LAWYERS OF SWIFT DATOO DOHERTY OFFER A FULL RANGE OF LEGAL SERVICES. IF YOU REQUIRE A WILL DRAWN, WANT ADVICE ON A FAMILY OR CRIMINAL MATTER, ARE BUYING A HOME OR STARTING A BUSINESS, HAVE BEEN INJURED IN AN ACCIDENT OR ARE SUING OR BEING SUED, YOU MAY WANT ADVICE ON THESE OR OTHER LEGAL MATTERS.

IF WE CAN HELP, PLEASE CALL.

RICHARD J. SWIFT AZIM M. DATOO PETER M. DOHERTY
PAUL B. DREYER STIRLING W. FRASER

COURTENAY

201-467 CUMBERLAND ROAD
COURTENAY, B.C.
PHONE: 334-4461

COMOX

1782B COMOX AVENUE
COMOX, B.C.
PHONE: 339-7779

OFFICERS MESS

FRIDAY OCTOBER 21

OKTOBERFEST

Bavarian Buffet 1900-2130 hrs

Show begins at 2000 hrs

Free engraved mug and fillup * Free hats

Dress: Casual or Bavarian Style

Cost Per Couple: Members \$20; Ltd Assoc & Guests \$25

Reservations required.

FRIDAY OCTOBER 28

HALLOWEEN DANCE

Food served at 1700 hrs

Baked chicken, steamed veggies & baked potato

Dance to DJ at 2000 hrs

Dress: Costume (prizes for best costumes)

Cost Per Person: \$5

Reservations Please

WEDNESDAYS OCTOBER 26, NOVEMBER 2, 9, 16, 23, 30
OFFICERS COFFEE HOUR: Coffee will be served in the Lounge at 1000 hrs. Dress will be dress of the day. All officers are invited to attend.

FRIDAY NOVEMBER 4

MIXED TGIF: Food as indicated 1700-1900 hrs. Come out with your spouse, enjoy some free food and have a quiet drink with your friends.

WEDNESDAYS, OCTOBER 26, NOVEMBER 9, 23
LADIES BRIDGE CLUB

FRIDAY NOVEMBER 11
REMEMBRANCE DAY

WEDNESDAY NOVEMBER 16
LADIES CLUB FASHION SHOW

THURSDAY NOVEMBER 17
RETIREMENT MESS DINNER TO HONOUR:
Major D.A. Nelson
Major M.J. Cummings
Capt G. Kruger

FRIDAY NOVEMBER 18

REGULAR TGIF: Food as indicated 1700-1800 hrs. Free taxi. Ask at Bar.

SATURDAY NOVEMBER 19

HOT TUB PARTY

COST: Free

TIME: 1900 hrs

Music by DJ

RESERVATIONS ARE NOT REQUIRED FOR THIS EVENT

FRIDAY/SATURDAY/SUNDAY NOVEMBER 25/26/27
GREY CUP WEEKEND

FRIDAY NOV 25

All Ranks Mixed Pre-Game Huddle

Junior Ranks Club opening at 1800 hrs

Live Band

MISS GAY CUP PAGEANT (Go through your spouse's drawers and be all that you can be) BIG PRIZES - trip to Victoria, Canuck tickets, etc.

SATURDAY NOVEMBER 26

MUD BOWL

Canex Sports field at 1400 hrs

Commissioned vs Non-Commissioned

Mixed Post Game Wash Up/Down Party at WOs & SGTs Mess

Names to S/Lt Chung 8267 or sign up at Mess

SUNDAY NOVEMBER 27

GREY CUP CHAMPAGNE BREAKFAST

Officers Mess at 0830 - 1030 hrs

Big Screen TV for game

Munchies/Finger food at half time

"Special" Coffee Bar available

COST PER COUPLE: \$5.00

UPCOMING EVENTS FOR DECEMBER

Dec 3 - DOUG & THE SLUGS (Tickets available from the Mess Mgr)

December 8 - Decorating Party

December 11 - Children's Christmas Party

TBA - WOs & SGTs at HOME

December 31 - New Year's Eve Formal

January 1 - New Year's Levee

LIFESTYLES



Aids Awareness

by JAMES GREIG

TESTING ADVISED FOR THOSE IN HIGH-RISK CATEGORY

Should women be tested for the AIDS virus antibody?...M.M., Ottawa, Ont.

If you do not engage in high risk behaviours, it is unlikely that you have been exposed to the AIDS virus and do not need to be tested. High risk behaviours include having more than one sexual partner (a non-monogamous relationship) and indulging in unsafe sex practices and/or using intravenous drugs or being involved sexually with someone who does.

If you have been involved with any high-risk activity, or think you may have been exposed to the virus, you may want to be tested. This is particularly important, if you are considering having a child. (Although there is no test readily available that will identify the virus, the AIDS antibody test will tell you if you have been exposed to the AIDS virus.

Don't make a blood donation in order to have the blood test. If you want to be tested, contact your doctor or your local AIDS group. If the test shows that you have the virus antibodies in your blood, this does not mean you have AIDS. It does mean that you have been exposed to the AIDS virus, you are likely to be infectious, you should take safer sex precautions, and should consider contraception.

Recently in the U.S. voluntary testing has been recommended for women prior to marriage or pregnancy, but only if they have a history of high risk activities, and are from urban areas with a relatively high rate of AIDS virus infection. Such voluntary testing in Canada is now being considered by various jurisdictions.

I work as a lifeguard at a public pool every summer and I'm thinking about quit-

ting because I wouldn't want to give mouth-to-mouth resuscitation to somebody who might be an AIDS virus carrier. What would you recommend I do?...T.A., Kitchener, Ont.

You'd be giving up a great job out of the fear of AIDS and it wouldn't be necessary. Although very small quantities of the AIDS virus have been found in saliva, there have been no cases of the virus infection being transmitted through mouth to mouth or CPR (Cardio Pulmonary Resuscitation) on a person who has AIDS or through contact with a mannequin during CPR training.

Health care workers and other emergency personnel who regularly give mouth-to-mouth resuscitation or CPR may protect themselves from a variety of diseases by using a specially designed, disposable mouthpiece. Health care workers particularly may choose to keep this disposable, resuscitation equipment at the bedside of persons with AIDS. However, the risk of infection is so slight that no one should hesitate to give emergency resuscitation without a mouthpiece.

Are patients not at risk if doctors or other health care workers are infected with the AIDS virus?...T.S., Guelph, Ont.

The case of the doctor who died in Guelph a few weeks ago, and who had AIDS was somewhat sensationalized by the media.

Infection control procedures in hospitals or clinics that protect doctors and other health care workers also protect patients. In most hospital situations, there is little opportunity for a patient to be exposed to the blood of a doctor or health care worker and, such as surgery of kidney and, therefore, there is very little risk. During invasive

procedures, such as kidney dialysis, precautions are already in place to prevent bloodborne infections such as hepatitis B, and they would also protect against the AIDS virus.

As a private citizen, how can I help the fight against the AIDS epidemic?...Mrs. R., Sault Ste Marie, Ont.

First, you should be seriously concerned about the AIDS epidemic, not panicked. A healthy and mature attitude towards AIDS will only be developed through your knowledge of the disease and how the virus is transmitted and how it can be prevented. No one need fear AIDS if they have this understanding. The factual information (and be sure that it is accurate) that you learn about AIDS you should pass on to your friends and neighbours. It is misinformation and irrational concerns that create an "epidemic of fear" which is almost more dangerous and alarming than the disease itself.

Second, all concerned citizens should be sure that AIDS information is being circulated in their community. If you think your community is not being provided with sufficient information on AIDS, contact or write your local politicians, and/or members of parliament and express your concerns. Remember, an informed community is a healthy and more productive one.

Third, if you have time and there is a local AIDS group in your area, volunteer your services. You may be called upon to do anything from stuffing envelopes to assisting persons with AIDS, but whatever efforts you make as a volunteer will be personally gratifying and genuinely appreciated.

Whatever you do to help will be in your interest and that of all Canadians.

UNDERSTANDING ACETAMINOPHEN

Acetaminophen is a common, non-ASA pain reliever available in nearly every drugstore and supermarket in Canada. It can also be found in the medicine cabinet of more and more homes.

Though not generally as effective as ASA for some conditions because it has no anti-inflammatory action, acetaminophen has fewer side-effects than ASA. It is generally mild enough to take with either ASA or non-steroidal anti-inflammatory drugs to achieve the same im-

act as large doses of ASA.

Products containing acetaminophen are equally effective in capsule or tablet form, and are available under a number of brand names: Mose can be purchased without a prescription.

Acetaminophen comes in either a pure form, or in combination with caffeine or other substances. Some, like codeine, are narcotics, so be sure to read the list of "active ingredients" printed on the package. Ask your Shoppers Drug Mart pharmacist should you have

any questions.

Like ASA, acetaminophen is generally less expensive when bought in the generic or "house brand" forms. Your best bet is to shop around and check for the best buy. If you're unsure, check with your doctor or pharmacist.

Acetaminophen is relatively harmless on the overall scale of drugs, but it is still a drug and should never be taken in excess amounts, mixed with other drugs, or added to your treatment program without the prior approval of your doctor.

LIFESTYLE

Helping B.C. Industry

Western Economic Diversification is listening to your ideas for:

- New Products
- New Technology
- New Export Markets
- Import Replacements
- Industry-wide Productivity Improvements

Economic development and diversification are vital to British Columbia and its future well-being. It means more job creation opportunities as our economic prospects improve and British Columbia's products and services become more competitive at home and abroad.

The Federal Government's Western Economic Diversification Program is helping British Columbia's entrepreneurs with financial solutions as well as with direction and assistance in identifying alternate funding sources. WD is also playing an active role in advocating western interests in the formulation of national policies and programs.

For further information, please contact our Vancouver office at 666-6256.

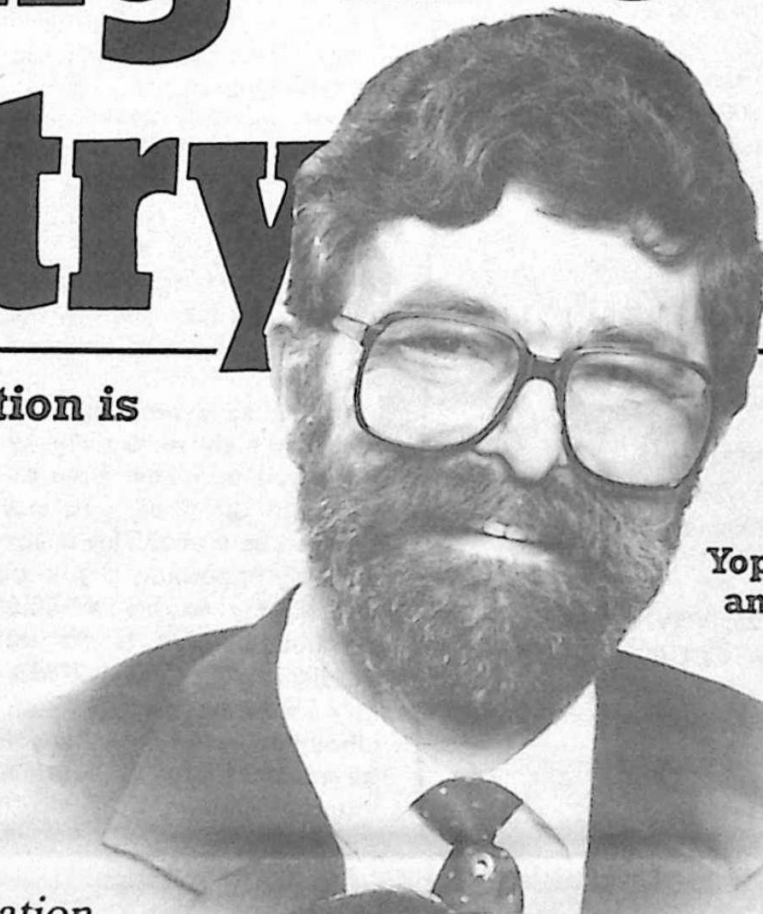
Western
Economic
Diversification
Canada

Ministère de la
Diversification de
l'économie de
l'Ouest Canada

Western Economic
Diversification Canada

Diversification de l'économie
de l'Ouest Canada

Canada



Yope Van Kaauwen is building on the entrepreneurial spirit in Vancouver for Delta Injection Locator Inc.

Yope Van Kaauwen had an innovative idea but needed marketing material support.

He needed to develop an educational and promotional video and purchase projection equipment in order to market a new diabetes 'injector locator' device.

Yope Van Kaauwen turned to Western Economic Diversification for direction and assistance. With WD's help, he is now able to market his company's innovative product that could create new job opportunities for British Columbians and expand market potential.



Bob Reimer is building on the entrepreneurial spirit in Vancouver for Adventures in Learning Inc.

Bob Reimer knew he could make a good idea sound even better.

He wanted to produce locally top-notch educational and motivational tapes like the 200 or more titles his company already sells (two of which are now on the best-seller list). All the company needed was its own facilities. Reimer turned to Western Economic Diversification.

With WD's help in providing the funding he's able to build a recording studio for spoken word cassettes which will mean new job opportunities for British Columbians and could secure the company's leadership in replacing cultural industry imports.



Tony Orlitzky is building on the entrepreneurial spirit in Delta for A.T.S. Electro Lube Ltd.

Tony Orlitzky has proven that for once, bigger is better.

He wanted to expand his line of small-scaled automatic lubricant dispensers, designed for use on industrial bearings, to include a bigger model, the 'Jumbo-Luber'. Orlitzky turned to Western Economic Diversification.

With WD's help to cover part of the development costs, he's able to move ahead to meet increased customer demands, create new jobs for British Columbians, and look towards an international export market potential.



AROUND THE BASE

Comox Air Force Museum

ARTISTS WITH A MISSION

In our modern world of instant images, events are captured with the push of a button. Images are fleeting and disposable...here today, gone tomorrow.

Chroniclers of the activities in our lives seldom commit to canvas as once was the practice of artists or painters in bygone days. Until the emergence of the impressionists around 1850, artists or genre painters of the time used the medium of paint and canvas to portray everyday scenes and events around them.

Today, the Canadian Forces commissions artists from across the nation to record activities in places as far apart as the Golan and Alert on Ellesmere Island; their subjects have been as varied as the tasks of the Canadian Forces.

Many prestigious Canadian artists, members of the Group of Seven among them, have received public exposure through such commissions in the past. During the first and

second World War, the Canadian War Memorials Fund provided many Canadian artists with the opportunity to have their artwork exhibited in galleries in Europe and here at home.

An exhibition of paintings produced through the Canadian Armed Forces Civilian Artists Program (CAFCAP) is being shown at the Comox Air Force Museum through Oct 28. We have now changed over to winter hours and the Museum is open Sat - Sun 10 - 4.

B.C. HERITAGE TRUST AWARDS GRANT FOR RESTORATION OF HISTORIC AIRCRAFT

The B.C. Heritage Trust has awarded funds up to \$24,800 to the Canadian Museum of Flight and Transportation for restoration of a Waco AQC-6 aircraft to flying condition.

The aircraft, registration CF-CCW, has a unique and colourful B.C. history, having

spent many years as a "Flying Ambulance" operated by Dr. Jack Pickup of Alert Bay, B.C.

Restoration is scheduled to begin shortly. The restored aircraft, when not on display at the Canadian Museum of Flight's site in Surrey, will be flown to selected locations throughout the province as a travelling exhibit, as well as airshows and other special displays. This will enable people who may not be able to visit the museum to view an important part of our heritage.

This project is financially assisted by the Government of B.C. through the B.C. Heritage Trust. For further information, please contact the Canadian Museum of Flight, 13527 Crescent Road, Surrey, B.C. V4A 2W1, or phone (604) 531-3744.



EIGHTH ANNUAL TERRY FOX RUN SUCCESS

The people of Terry Fox's home province of B.C. recognized their local hero in record numbers on September 18th. So far more than \$300,000 has been received for cancer research. This amount of money represents a 50% increase over this time last year. The Provincial goal of \$500,000 will be reached by the time all the pledges and donations have been received. Participants are encouraged to turn their contributions in to any chartered bank by October 21, 1988.

The event, which saw people on horseback, skateboard, canoe, wheelchair, bicycle and foot going the 1 - 10 km distance, was an unprecedented success. Even bad weather virtually province-wide could not deter what will be both record numbers of participants and monies pledged and donated.

"I'm overwhelmed by the response for the Eighth Annual Run by the people of B.C. and the Yukon," announced Kathy Staley, Provincial Coordinator

for the Run. "I knew the results would be better than last year when one week before the Run we had over 100 more locations registered than last year," said Staley.

It is estimated that over 100,000 participants and volunteers took part - an increase of almost 75% over 1987. As well, 430 sites held runs, up from 325 in 1987. Participating sites included schools and communities as far north as Dawson City, Yukon.

Nation-wide, participation and monies raised is up and the National goal of \$5 million appears well within reach. Staley went on to say "It is a tribute to people all over Canada who refuse to give up Terry's dream of finding a cure for cancer and continue to support this very important annual event."

"I would like to thank all the media for their great interest and support. Their help in getting Terry's message and the message of the Run out to people was a major factor in the success of this year's event."

SERVICE DIRECTORY

BAYVIEW INTERNATIONAL **COLOR CENTRE**
PAINTS*WALLPAPER*DECORATING SUPPLIES
BAPCO PAINTS
CIL PAINTS
SHERWIN WILLIAMS PAINTS
INTERNATIONAL
MARINE PAINTS
PHONE 339-3711
3080 COMOX ROAD, COURTENAY, B.C.

COMOX HARDWARE LTD.
A COMPLETE LINE OF
HARDWARE PAINT
APPLIANCES AND
FISHING TACKLE
IN THE SHOPPING CENTRE **339-2911**

COMOX MINI WAREHOUSE
"BEST LITTLE WAREHOUSE IN THE WEST"
Store It
Lock It
Keep the Key
CLOSE TO THE BASE & TOWN
*Safety *Security *Supervision
Knight Rd & Pritchard Rd,
Comox, B.C. **339-3424**

CVA Tel 336-2700
Comox Valley Auction Sales Ltd.
WE PICK UP AUCTION ITEMS
2591 DUNSMuir AVENUE
COURTENAY, B.C. V9N 1S0
DAVID STEVENS
AUCTIONEER AND APPRAISER

Courtenay
Chrysler * Mitsubishi
Sales * Service * Parts
7 days wk Mon - Sat 8 - 5
ICBC approved collision shop
Mon - Fri 8 - 5
Top of Mission Hill Courtenay 338-5451

GOODS GROCETERIA
P.O. BOX 190, LAZO, B.C.
339-2376 VOR 2K0
LOTTO TICKET CENTRE
RED & WHITE FOOD STORES
OPEN 8AM - 10PM DAILY

HARTMAN AUTO SUPPLY 338-7261
367 Sixth St., Courtenay, B.C.
BRANCHES IN
CAMPBELL RIVER
& PORT ALBERNI

LAWSON ELECTRONICS
355 4th St. 338-6631
COURTENAY, B.C. V9N 1G8
Service For All Makes
T.V., Stereo & Microwave Ovens
Warranty Depot For Most Major Brands
Sales & Service For Auto
Stereo, Marine VHF, C.B.s, Depth
Sounders, Zenith T.V.

MARKET TRAVEL
WORLDWIDE
PROFESSIONAL TRAVEL
ARRANGEMENTS
(AREA CODE 604) **338-1474**
OR B.C. TOLL FREE 1-800-232-9294
549 ENGLAND AVE., COURTENAY, B.C. V9N 2N2
ACROSS FROM THE BANK OF NOVA SCOTIA

Westwind
"A Band for All Reasons"
Good Music at Reasonable Prices
For Bookings Please Call
Gord Kruger 339-4389

Bicycles, Tricycles
and lots of accessories
Full repair service
PEDAL PUSHER
NOW OPEN AT OUR NEW LOCATION
137-5th St.
BELOW THE MAIN CIVIC PARKING LOT
334-4845

TSOLIM GLASS SERVICES
SINGLE GLASS OR THERMAL CUSTOM CUTTING
NEW WINDOWS & PATIO DOORS
MIKE
REAR 5976 ISLAND HIGHWAY NORTH
COURTENAY, B.C. V9N 5M9
339-1813
338-8781

AROUND THE BASE

THE ROTARY-WING MOUNTAIN FLYING COURSE

by Lt. Rob Erdos

"Where?"
"On that flat spot up there. We call it the low pinnacle."

"You're kidding."
"Nope." I could hear my instructor smiling.

The landing area to which he was referring was a flat patch of snowy rock, slightly larger than the top of a school bus, perched on a thick trunk of stone some 7800 feet above sea level.

I was in Penticton to learn the intricacies of mountain flying from Okanagan Helicopters, an obviously essential skill for a Search and Rescue pilot in Comox. At the conclusion of the three week course I was a firm believer in its value. Apparently the Air Force is too, because they've been sending pilots to train with Okanagan since 1950. The course syllabus cryptically states some of its objectives: landings on ledges, shoulders and platforms, recognition of visual illusions in mountainous terrain, flying in mountain confined areas, canyons and dead-end valleys. Easier said than done? You bet.

Helicopter mountain flying is challenging largely because of the low air density encountered at mountain elevations. While some people contend that helicopters levitate only as a result of some black necromancy, it does so even more tenuously in the thin mountain air. Compounding the problem are the powerful and unpredictable winds which surge and flow between the peaks. While winds are commonly pictured to be like a river of air, flowing along horizontally above the surface, the picture is rarely so simple in the mountains. This "river" is churned up, often violently, by the mountain peaks, resulting in turbulence. Geysers erupt from the river of air where the flow is deflected upward by rising slopes, whereas the downslope sees the equivalent of a waterfall, as the air flows down the slopes. The result is a powerful and dynamic environment; one that can on occasion exceed the performance limits of helicopters. Flying safely in such conditions requires a fine feel for the nature of the winds, acquired through years of experience.

Okanagan's staff of instructors are among the most experienced anywhere. My instructor, Bill Foote, began flying for Okanagan over two decades ago (at about the same time that I landed on this planet). After having accumulated, over 8000 hours of flight time, although he's not sure because he hasn't bothered to log all of it. When flying he always took pains to stress the point that, instructor and student alike, one must always consider himself a student of what they call "the science of terrain airflow." The student is taught to use every available clue to sniff

out the "good air" - smooth, rising air - from the "bad air" - turbulent, downflowing air. He called our flights "fact-finding missions."

The first thing the student is taught is to fly the helicopter smoothly. The clues one is looking for are often subtle, and are apparent in the way that the airflow affects the helicopter's flight path. One flies close to the ridge line, back and forth past the intended landing area, in a procedure called a "contour crawl." Finding the clues comes from asking the right questions: How is the groundspeed changing? Is there any drift? How much power is being used? Is there turbulence? Gradually one forms a mental picture of the airflow. When one feels the picture is complete the next step is to form a plan of attack and to try an approach. You soon see if your plan was correct.

The first landing sites which Bill chose for me seemed simple enough, but instructors as a rule are never satisfied, and it took a few tries to land to his

"YOU WANT ME TO LAND WHERE?"

satisfaction. Just landing is not enough. One has to develop a feel for the air as well. Later came steadily more challenging sites.

One such spot, in an area ironically called Happy Valley, was situated on a shelf on the side of a steep slope. The trick was that the valley is shaped just such that the horizon seems askew from every angle, fooling the pilot into climbing or descending. Bill knew this of course, but it remained for me to discover as I, with mounting frustration, weaved a crooked course to the landing site. Once we were on the ground Bill knew he had a believer, and introduced the topic of terrain illusions.

"Look at that tree over there," he said, pointing across the valley to a spot on the far slope. "How high is the base of that tree?"

"About three hundred feet below us," I announced, foolishly believing my own eyes. Bill took control and hover taxied toward it, holding our indicated altitude constant. As we approached it, the tree

slowly climbed the hill until it was clear that the tree was at least one hundred feet above us. I accused him of having built a mechanical tree on rails, of using mirrors, of voodoo magic. Visual illusions in the mountains can be striking, and potentially dangerous to those unaware of them.

During the course of three weeks, Bill exposed me to a wide variety of situations and challenges. The experience gained will prove a definite asset in the serious business of Search and Rescue, meaning that I won't have to gain all of my experience "the hard way."

Many of the procedures and techniques taught will need to be adapted to the Labrador, which weighs about seven times as much as the Bell Jet Ranger used by Okanagan for training. The real objective of the course though, to give pilots an understanding of terrain airflow and to make them safe mountain fliers, was definitely accomplished. After nearly one hundred challenging mountain landing exercises I feel confident that I can bring what they taught me back to Comox. After all, in SAR our "customers" are rarely very accommodating in their choice of landing sites.



CAN Network Classifieds

USE OUR COMMUNITY NEWSPAPER NETWORK CLASSIFIEDS.
87 MEMBER PAPERS THROUGHOUT B.C. AND YUKON.
CIRCULATION TO OVER 1 MILLION HOMES.
2.4 MILLION READERS.

AUTOMOTIVE

Trucks, Trucks, Trucks. Diesel, Gas, Propane. Lease, Purchase, Trade. Pickup Hi-way haul. Call for last best price. Bob Langstaff, Norm Diederich 327-0431. Free Delivery.

Buy/lease any gas, diesel car or truck, new or used. Direct from volume factory dealer. Call for pre-approved credit. Call collect 464-0271. D5231.

\$1 Down leases a new car or truck. Seven year warranty. Payments from \$139/Mo. O.A.C. Call lease manager at (604)465-6931. DL5584.

1989 Ford 4X4's to lease, 1989 Ranger 4X4 \$399/mo; 1989 F250 4X4 \$369/mo; 1989 F250 Supercab 4X4 \$409/mo; 1989 F250 Crewcab \$479/mo. 60/mo lease, \$0-down. O.A.C. Range Truck Rentals 1-524-9531. D-8052.

Jeep replacement parts, accessories for 1942 to 1989 Jeeps. Huge stock, lower prices, instant service. Gemini Sales, 4736 E. Hastings, Burnaby, B.C. V5C 2K7. Phone: 1-294-2623, 1-294-4214.

BUSINESS OPPORTUNITIES
Amazing Profits turning quarters into dollars full or part-time, no selling. Minimum investment \$3000. Free information 1-800-361-8910 or 1-604-589-1606.

Cash in on Tax Reform! Inquire about exclusive franchise opportunities, with the largest Canadian Tax Company, U & R Tax Services, 3 - 942 Hillside Avenue, Victoria, B.C. V8T 2A1. (604)381-5646.

Vancouver Island excavating business. Ford 750 backhoe, Komatsu PC200LC excavator, 12 yard gravel truck with H-Plate. Pilon, R.R.6, Site 692 Courtenay, B.C. V9N 8H9. 334-3582 evenings.

With a \$1000.00 no risk investment you can start your own exclusive fashion and accessory business and earn \$6-8,000/Mo. consistently. (604)737-2827 (24 Hrs)

BUSINESS OPPORTUNITIES

Be sure to attend the largest International Franchise and Dealership Exhibition. See and meet in person a complete selection of leading Business Opportunities. Full and Part-time. Investments from \$50 - \$150,000. Friday October 21, Noon to 6:00 p.m. Sat/Sun October 22 and 23, 10:00 a.m. to 6:00 p.m. Sheraton Landmark Hotel, 1400 Robson Street, Vancouver. Admission \$10. per person. For information call 687-2900.

BUSINESS PERSONALS
Body? Mind? Spirit? Who are you? Call Dianetics Hot Line Toll-Free 1-800-F.O.R.-T.R.U.T.H. 1-800-367-8788.

EDUCATIONAL
Diploma correspondence. Free calendar, high school up-grading, accounting, management, administration, secretarial, computers. Established 1964. National College, 444 Robson, Vancouver. 688-4913 toll free 1-800-387-1281, 24 hours.

EQUIPMENT AND MACHINERY
N.H.853 round baler, done 2500 bales \$9800. N.H.852 bale wagon, 69 bale capacity, auto tie \$4700. J.D.2130 with three point hitch \$9800. Bassano Farm Equipment Ltd. Call Collect (403)641-3813.

A matching pair of 1979 Drott 40's. Both have 24" Spruce City heads. Fair to good condition. (604)395-3778 evenings. Box 31, Lone Butte, B.C. V0K 1X0.

FOR SALE MISC.
Gun Bargains - Save up to 40% by subscribing to The Gunrunner. The Canadian monthly newspaper listing hundreds of new, used, modern and antique firearms for sale or trade. Subscription \$20. per year to Gunrunner, Box 5657, Lethbridge, Alberta, T1J 3Z4. Sample copy \$1.75.

FOR SALE MISC.

Lighting Fixtures. Western Canada's largest display. Wholesale and retail. Free catalogues available. Norburn Lighting Centre, 4600 East Hastings Street, Burnaby, B.C. V5C 2K5. Phone 1-299-0666.

Stamps! 25 different Canadian stamps for only 10c. Approvals. Start your collection today. Moose Jaw Stamp Company, Dept. BC, Box 1479, Moose Jaw, Sask. S6H 7A8.

Production/Graphics equipment for sale. 7500 and 7200 Compugraphic Type-setters, 30 typesetting fonts, Minolta copier, waxer, processors, 65 line screen, miscellaneous work and light tables etc. All excellent condition. Offers. Wally after 7 p.m. 534-9673.

GARDENING

Greenhouse and Hydroponic Supplies. Best selection and pricing in Canada. Same day shipping. Toll free order line 1-800-663-5619. Western Water Farms, 1244 Seymour Street, Vancouver. Call for our catalogue.

HELP WANTED

Permanent full time Mon-Fri. Work available in Vancouver L/M owner operation of Vans and pick-ups. Training provided for Courier. Messenger Positions. Contact Doug (604)683-2175, 400 - 905 W. Pender, Vancouver, B.C. V6C 1L6.

Overseas Work: Experience farming in Denmark, Sweden, Norway, Germany, The Netherlands or United Kingdom. If you are between 19-28 and have practical farming experience contact: IAEA, 206, 1501 - 17th Ave. S.W., Calgary, Alta. T2T 0E2.

Wanted: Journeyman Mechanic with ticket. Preference given to applicant with transmission and/or import experience. Reply Box "B", Cariboo Observer, #4 - 463, Reid St., Quesnel, B.C. V2J 2M6.

HELP WANTED

"Lease operators/brokers". Job opportunities across Canada w/reputable trucking companies. Accounting services monthly or annually. Licensing and permits. Consulting services. Extended Medical, Dental and Group Life Insurance. For more information please contact: Transpo Services Ltd., Wayne or Christina (604) 946-8801 or 1-800-663-5609.

Nurse Administrator. Applications are being accepted for the position of Nurse Administrator for the Fraser Lake Diagnostic and Treatment Centre. The Centre is an active facility, with a staff of 13. X-Ray, Laboratory and Physiotherapy service. A new expansion is presently being planned. The successful applicant will have strong management and administrative qualifications and experience. The applicant must be eligible for B.C. Nurses Registration. Duties will include all management and administrative functions at the D & T Centre and some emergency nursing. Salary is negotiable according to qualifications and experience. Fraser Lake is a rural community located on Highway 16, 100 miles west of Prince George. It offers excellent outdoor recreational facilities. Applications will be accepted up to 30 October, 1988. Reply in confidence to: Mr. Ken Ponsford, Board Chairperson, Fraser Lake & District Health Society, Box 785, Fraser Lake, B.C. V0J 1S0.

PETS AND LIVESTOCK

Wrinkle Puppies: Purebred, registered Chinese Shar-Pei. Full written health guarantee. Call 1-403-887-5694 or Pei, Box 269, Eckville, Alta. T0M 0X0.

Akita (Japanese Bear Dogs) excellent family pets and guard dogs from champion stock for show, obedience or just love. Available immediately. For more information 1-766-2282.

PETS AND LIVESTOCK

41 Steer calves, 12 replacement heifers, 200 tons hay. Canyon Valley Ranch, R.R.#4, Canyon Road, Quesnel, B.C. V2J 3H6. Phone: 992-2294.

REAL ESTATE
White Rock-Bay Motor Inn-By The Ocean. Newly renovated, panoramic ocean view from all suites. Daily, weekly and monthly rates. For reservations phone: 531-5557.

Commercial building 6400 sq. ft. & 1600 sq. ft. office. Conveniently located on two highways in 100 Mile House, B.C. Close railway access. 593-2226 evenings or write Box 1283, 100 Mile House, B.C. V0K 2E0.

Vernon Sunny Okanagan. 27 unit motel, coffee shop, heated pool, etc. \$450,000. Possible trades. 82 pad trailer park \$590,000. Offers. Midtown Realty, 3410 Coldstream Ave., Vernon, B.C. V1T 1Y2. (604)542-5010.

Senior's rental apartments. B.C.'s incredible Okanagan Valley. Central dining, light housekeeping, laundry, activities, 24 hour staffing. Emergency call system. From \$675/month. For brochure: Sun Village, 1147 Main St., Penticton, B.C. V2A 5E6. (604)492-2020.

SERVICES
German Pension! In Deutschland oder oesterreich gearbeitet? Dann Koennen Sie eine Zusaeztliche Rente erhalten. Rentenberatung, bearbeitung und freile brochueren. Telephone: 669-1325.

ICBC Injury Claims? Call Dale Carr-Harris - 20 years a trial lawyer with five years medical school before law. 0-669-4922 (Vancouver). Experienced in head injury and other major claims. Percentage fees available.

Get a complete Divorce 5-15 weeks. Just \$69.95 plus Court Costs. Processing extra. No court appearance. No consent of spouse necessary. Eligible? Find out. Free Information and Divorce Act! Divorce Service, 687-2900, 201 - 1252 Burrard, Vancouver, B.C. Same system since 1970.

OF GENERAL INTEREST

B.C. WILL DO BUSINESS IN SPACE

VANCOUVER - With the 21st century just around the corner, it's encouraging to know that over two thousand jobs in the B.C. economy are directly involved in the Canadian and International Space Programs and that figure will climb dramatically in the next few years. Canada's Federal Government is expected to commit over 2.3 billion dollars to Canadian and International Space Programs between now and the year 2000. Frank Oberle, Minister of State for Science and Technology, has pledged that at least ten percent of that amount (230 million) will be spent here in B.C.

B.C.'s Minister Responsible for Science and Technology, the Hon. Stanley B. Hagen, recently announced that the Science Council of British Columbia will sponsor a one day forum, **Opportunities in Space: For Science and Industry in British Columbia**. Slated for Vancouver's Canada Place, the November 24th event is intended to increase industry's awareness of the potential the Space Program provides for developing technology and spin-off benefits. The forum will provide a special focus on the tremendous economic opportunities which the Space

Program offers to B.C. industry and science.

Speakers will present both federal and provincial overviews of the Space Program. In addition, a key representative of the U.S. Government will be on hand to address the forum on emerging private sector initiatives in the Space Program.

Several B.C. firms, such as MacDonald-Dettwiler & Associates, and Microtel Pacific Research, are already major contributors to the Canadian Space Program and many other B.C. companies are presently working directly or indirectly on space related projects.

DRUG AWARENESS WEEK

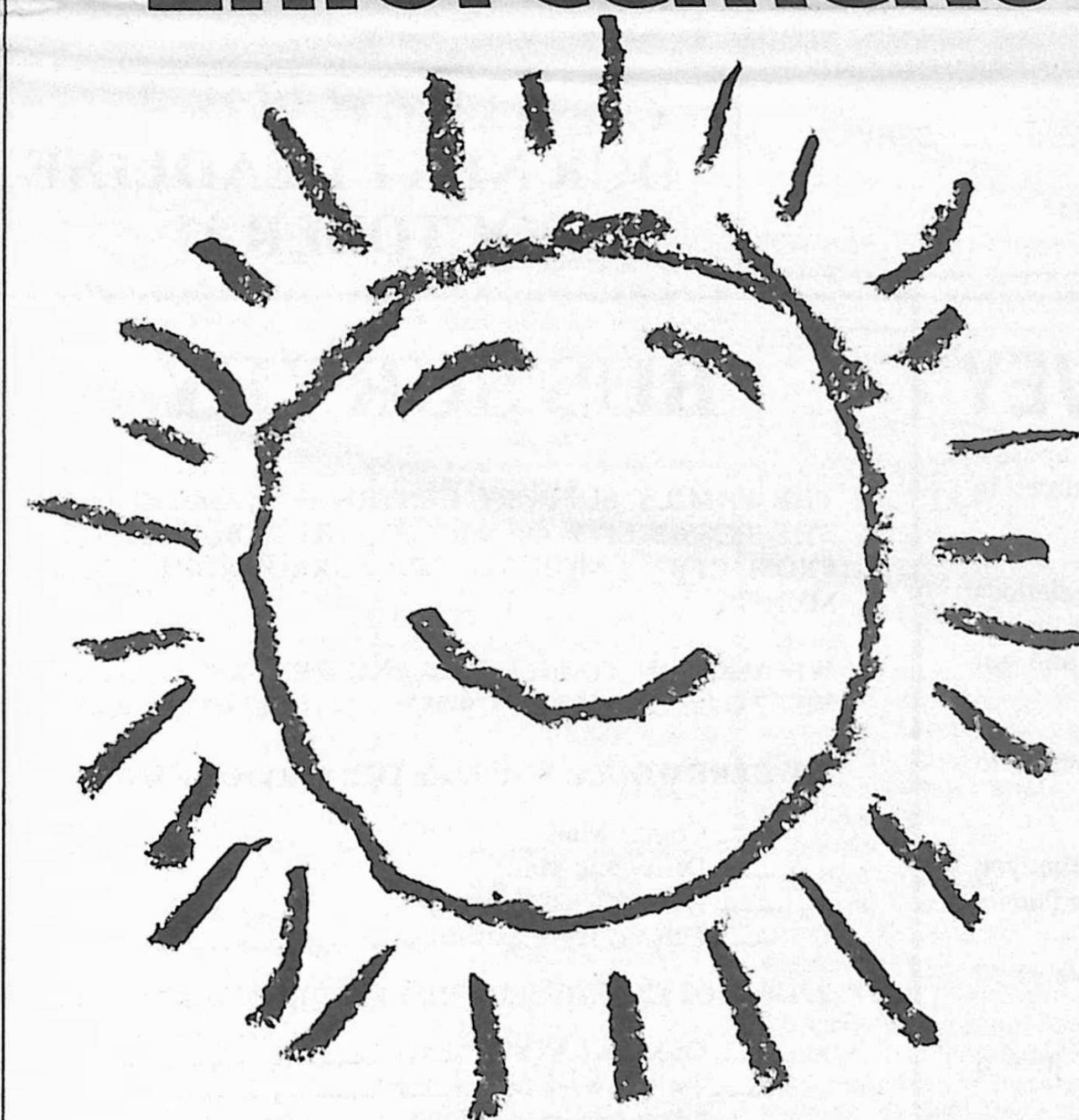
For the second year Vancouver Island communities are supporting Drug Awareness Week November 14 - 19. The provincial campaign with the theme "You Have A Choice" is being coordinated by the Alcohol-Drug Education Services. Art Steinmann, Executive Director of A.D.E.S., says "DAW is a unique type of campaign. Although both the provincial and federal governments will be formally involved in the week, the energy and initiative comes from the community."

Alcohol and Drug problems affect everyone in B.C. DAW is a chance for British Columbians to work together to

promote the message "You Have A Choice." Employers can include information on DAW in the November paycheck. Libraries and hospitals can put up displays. Service clubs can sponsor a local project. Businesses can put up a sign announcing the week. Schools can organize a poster, essay or rap contest.

On Vancouver Island, Carol Savage, Program Development Officer for the Alcohol and Drug Programs, is coordinating Drug Awareness Week activities. For information on what is happening in your community and how you can get involved phone Carol in Nanaimo at 755-2311.

Announcing British Columbia's New Family Maintenance Enforcement Program



We owe it to our children.

If the well being of your children depends on regular child support payments, you can now register with a new program of the Ministry of Attorney General to ensure you receive those payments on time. After all, we owe it to our children.

How to register.

Starting now we'll do all we can to ensure your children receive their support payments. Simply call either of the toll free numbers listed below, or pick up a filing kit at any court house, government agent or legal aid office.

Call toll free.

Lower Mainland residents call

660-3281

Outside Lower Mainland residents call

1-800-663-9666

Families are the strength of our future.



Ministry of Attorney General
Honourable Bud Smith, Attorney General

PROVINCIAL



STAN HAGEN

A few weeks ago I had the distinct pleasure of joining my colleague, the Honourable Dr. Terry Huberts, Minister Responsible for Parks, in announcing that no new mineral exploration will be carried out in Strathcona Park.

As many of you know the government had commissioned the Strathcona Park Advisory Committee to conduct an independent review of issues affecting the park and to provide advice and recommendations regarding park boundaries, resource tenures, and related planning and management concerns.

The Advisory Committee affirmed, on a number of oc-

GOOD NEWS FOR STRATHCONA PARK

casions, a commitment that through open dialogue and public input, they hoped to make recommendations that were both environmentally sound and socially responsible. I commend the Advisory Committee for doing just that.

As the Committee and public repeatedly emphasized, Strathcona is unique in being the first park in the province. Minister Huberts said "it is now time to clear up old mistakes made at Strathcona so that the park can achieve its potential as first perceived so many years ago."

Thus, no new tenures will be issued, and no new mineral exploration or logging allowed. The government will work to arrange fair compensation where legitimately held rights are affected by this policy.

Strathcona Park is a mountain wilderness. It is a cornerstone of economic development and tourism potential for Vancouver Island. It is for these reasons that I commend all the residents of Vancouver Island

for their diligent efforts in bringing this case to both government and the Strathcona Park Advisory Committee.

I want to commend the Advisory Committee for their hard work and diligent efforts in ensuring the public had ample opportunity to make their views known. As I said at the announcement - maintaining the integrity of Strathcona Park has always been an important priority for me and I am happy that we have a firm commitment from this government supporting my views.

Copies of the report, titled "restoring the Balance," can be obtained by writing to me at either of my constituency offices:

Box 2999
146 Port Alberni Hwy
Parksville, B.C.
V0R 2S0

450 Ryan Road
Mt. Washington Plaza
Courtenay, B.C.
V9N 3R5

Hewter Room Restaurant Everything for your dining pleasure
EUROPEAN CUISINE
FRIENDLY SERVICE
498 ISLAND HWY., 334-4401
Excellent Dining • Steak & Cordon Bleu Specials
\$6⁹⁵ — \$8⁹⁵

CHILD MINDING SURVEY

The Family Support Centre at CFB Comox hopes to establish a Child Minding Service, if there is sufficient need and interest in the community.

A Child Minding Service as defined by government regulations as "Supervised group care for children 18 months to the age they enter school, for not more than 3 hours a day and not more than 2 days a week."

The Centre would be staffed and equipped according to provincial child care regulations.

In order to determine a need for such a service we ask that you fill out the following questionnaire and return it to the Family Support Centre.

1. How many children do you have between the ages of 18 months and 5 years?
2. Do you feel that you would use a Child Minding Service if it were available?
3. Estimate how many hours a week you would use the service.
4. Would you use it most often in the morning or the afternoon?
5. What would you consider a reasonable hourly rate to charge for the service?

Chapel Chimes

OUR LADY OF THE SACRED HEART CHAPEL (RC)

BASE CHAPLAIN (RC) - Maj G. Veilleux
CHAPEL - Our Lady of the Sacred Heart (on Base)
OFFICE - Headquarters, Bldg 45, Rm 48, Telephone 8274
MASS SCHEDULE:
Saturday 1900 hrs
Sunday 1000 hrs
Daily Masses As announced in the Bulletin, usually at 0900 hrs, except during Lent & Advent at 1900 hrs.

RECONCILIATION - Confessions will be heard before each Mass or upon request. Penitential Celebrations are held during the Advent and Lenten Seasons.

BAPTISMS & MARRIAGES - By appointment - notice well in advance please.

CATHOLIC WOMEN'S LEAGUE - Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:00 p.m. President: Mary-Anne Stagg, Tel: 338-6214.

CATECHISM CLASSES - September - May in the PMO School at 1830 hrs. every Wednesday. Religious Education Co-ordinator Mr. Fred Chiasson, Tel: 339-6488.

ST. MICHAEL & ALL ANGELS PROTESTANT CHAPEL

BASE CHAPLAIN (P) - Maj G.A. Milne
CHAPEL - St. Michael & All Angels, Wallace Gardens, Bldg 88
OFFICE - Headquarters, Bldg 45, Rm 48, Telephone 8273
SUNDAY WORSHIP - Each Sunday at 1100 hrs
HOLY COMMUNION - First Sunday of the month
SUNDAY SCHOOL:

0945 hrs for school aged children (Sep/May)
1100 hrs for pre-schoolers

NURSERY SERVICES - Provided during Divine Worship for children up to three years of age.

SENIOR CHOIR - Practices 1830 hrs - Tuesdays at 612 Pritchard Rd., Comox.

CHAPEL GUILD - Regular meetings first Thursday of the month. President: D.M. Milne - Phone 339-3710.

OUR NEXT DEADLINE
OCTOBER 31

BUS SURVEY

THE FAMILY SUPPORT CENTRE IS LOOKING INTO THE POSSIBILITY OF ARRANGING A BUS SERVICE FROM CFB COMOX TO THE SURROUNDING COMMUNITY.

WE ASK YOU TO FILL OUT AND RETURN THIS SURVEY TO US OR PHONE 339-8654 WITH YOUR ANSWERS.

1. WHERE WOULD YOU LIKE THE SERVICE TO GO?

- ___ Comox Mall
- ___ Driftwood Mall
- ___ Downtown Courtenay
- ___ Other (Please specify) _____

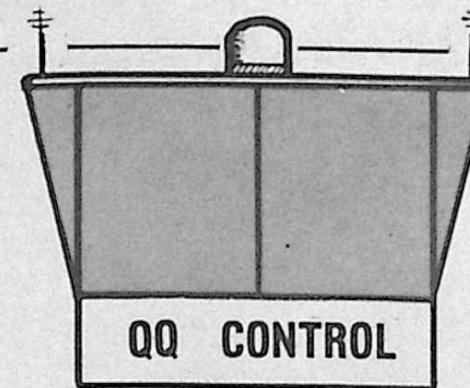
2. HOW OFTEN WOULD YOU USE THIS BUS SERVICE?

- ___ Once a week (which day) _____
- ___ Twice a week (which days) _____
- ___ Other (please specify) _____

3. WHAT TIME WOULD BE BEST FOR YOU? LENGTH OF STAY.....HRS?

- ___ Morning
- ___ Afternoon
- ___ Evening
- ___ Weekdays
- ___ Weekends

HOME & FAMILY



As The Beacon Turns

ORCAS ORCAS ORCAS. You'll hear our cry far and wide. Winter sports are upon us once again. The ATC teams have been dry land training all summer for this season. It seems that the curling crew could have used a bit more practice as they are now standing at 0-2. We hope that improvement will come with time.

A welcome back goes out to Lts Martin Gagnon and Marie Claude Carre. Both back from the traces course in Trenton.

Also on course is WO Dave Tack also known as WOTACK. Presently on his

Hockey started up on Oct 17 and the team should be sporting its new colours in the near future. Under the new coaching of Cpl Tom Banks and with a few new players we should be able to go quite far this year.

SLC course in Borden. Learning all those important things that one likes to forget on the way up the ranks.

A warm welcome goes out to the newest addition to Comox ATC...Sgt Steve Knox and his family. Steve comes to us from the Mobile Quad team in Trenton.

Capt Bob Trainor has been seen lurking in the depths of the Ratcon. Capt Trainor will be undergoing the rigorous task of checking out in Radar. Tower says that he is just on loan but we'll see about that. Good luck on your check ride.

Sgt Red McLean has been the envy of the entire ATC Section. The beauty of the islands has lured Sgt McLean to a relaxing vacation. (No, not Denman and Hornby Islands). Yes, beautiful Hawaii, cool drinks and beautiful beaches.

Pipe Smoke

Remember the song: "How Much Is That Doggie In The Window"? Let me tell you a story that just came to my attention. I was recently approached for advice by a young lady who told the following tale of woe. She was taken by the appearance of a puppy in a pet store, and after assurances by the store owner that the puppy was registered and guaranteed she paid him \$399 for the animal.

When she took the puppy to her veterinarian for his shots it was discovered that he was a monorchid (only one testicle), could never be shown in a show and should never be bred because the condition is frequently hereditary. This condition is normally detectable within a few hours of birth by a knowledgeable person. By the time this lady had discovered her puppy's condition she was thoroughly in love with the little guy. She went back to the store owner and rather than offer her a reduced price for the defective animal, he merely offered to see if the breeder would take him back and refund the money.

Then she asked about the papers she had been promised in writing. Not here yet was all the answer she could get. A letter to the breeder resulted in no answer at all. A letter to the American Kennel Club resulted in a form reply stating that if the litter was registered the puppy would be registerable. This however must be done by the breeder who won't even answer her letter. Papers in this case are really not too important because the dog can never be entered in dog shows or used for breeding.

The Canadian Kennel Club polices its members very strictly. Failure to follow the rules (one is that it is illegal to sell a dog as purebred and not provide papers) results in the loss of registration privileges. Pet stores normally get their stock from American puppy farms. Puppy

Gerry Gerow



farmers are in the business for the money. They breed anything as long as it is registered without regard for genetic defects.

No ethical breeder will sell his/her puppies to a pet store. Had this lady approached a breeder she would have probably paid less for the puppy. If would have been examined by a vet, certified as healthy, had its shots, and been dewormed. She would have received Canadian Kennel Club papers in due course.

The first thing any ethical breeder does is consider the female he plans to have bred. He looks at her conformation, health, temperament and things such as hunting, herding, guarding instincts, depending upon the breed. Then he has the dog examined by the veterinarian and x-rayed for certification by The Orthopedic Foundation for Animals that she is free of hip dysplasia, a crippling disease that normally shows up in later life. Then they carefully select a male taking the same things into account. When the puppies are born they are examined by a veterinarian in exactly the same way a new born infant is checked by a doctor. Only healthy puppies are kept.

Breeders also attempt to send puppies to their new homes at the proper time. Not too early and not too late. Puppies should remain in their litter until at least seven weeks of age. Puppies from puppy farm operations are often shipped out at a much younger age, before they are old enough to adapt properly.

A puppy is going to be a part of your life for 12 to 15 years, so choose it carefully.

This lady could have gotten a puppy every bit as good as the one she paid \$399 for, by visiting the local SPCA and paying \$75. She is now writing a letter of complaint to the American Kennel Club. *Tsable's papers will be here soon, Frank.*

Classified

RATES

Effective October 1, 1987 ALL insertions will be \$3.50 per column inch.

MUSIC MUSIC MUSIC
35 Years of Gold Music
Music for all occasions
Reasonable Rates
Lights Show Available
Our specialty "Solid Gold Music"
Call 339-5806

FOR RENT
Furnished bachelor suite-\$250
Unfurnished one bedroom-\$275. Rent includes: heat, hot water, cable. Close to Base. Greenwood Apartments 1751 Greenwood Crescent 339-3090

BOWLING SPECIAL
3 FOR 2 NIGHT
EVERY THURSDAY NIGHT
6 TO 9 PM
AT THE BASE BOWLING ALLEY
BOWL 3 GAMES-PAY FOR 2
GOOD FOR ADULTS & KIDS
REGULAR RATES
ADULTS..... \$1.00
KIDS..... \$.75/game
SHOE RENTAL..... .25
CASUAL BOWLING
EVERY SUNDAY 1-4 PM

BUILDING MATERIALS
Lumber & Plywood
Panelling - Arborite
Doors & Windows
Builders Hardware - Tools, etc
Electrical & Plumbing Supplies
Paints & Finishes
Roofing - Siding
Cement Department
Truck Delivery
Customer Financing

CENTRAL BUILDERS
610 Anderton Avenue
Phone 334-4416

OBITUARIES
RECALMA - Alfred, passed away in the Nanaimo Regional General Hospital on October 12, 1988. He is survived by his sister, Martha Recalma and brother William Recalma, both of Qualicum Beach, and Jim Mitchell of Comox. Also his many other relatives and friends. There will be no service by request.

BAD BOYS
YOUR FIRST GOOD
STOP FOR
FURNITURE
NEXT TO THE
COURTENAY HOUSE
HOTEL
OPEN 10 - 5 MON-SAT

Advertising helps make jobs.
CANADIAN ADVERTISING FOUNDATION

FOR SALE - Washer & Dryer - Westinghouse stacking unit - \$400 339-2612

ANTIQUE & Collectible Sale
DRIFTWOOD MALL
COURTENAY
NOV 3 - 6

NPF SYSTEMS AUDITOR
CFB COLD LAKE
POSITION
The NPF Systems Auditor is responsible for carrying out examinations for the review of all NPF Financial, Administrative and Personnel Systems and Records.
-N/A Sales
-Zero Staff
-Salary to be discussed
-Date Required: ASAP
-Local Accommodations Available
PREFERRED QUALIFICATIONS
Successful applicant should have knowledge of Auditing Principles and Techniques. Thorough knowledge on NPF Accounting Regulations and Procedures. Ability to write and collate Comprehensive Reports for Management. Thorough knowledge of all NPF Policies and Directives.
Reply in person or send resume to:
Non-Public Funds Personnel
P.O. Box 2650
Medley, Alberta
T0A 2M0
NO LATER THAN 17 OCT 1988

COMOX VALLEY CHRISTIAN WOMEN'S CLUB
Invites you to a "Buffet" Luncheon at the Westerly Hotel
Wednesday, Nov 9, 8:00-11:30 am - \$8.00

THEME: "Fashion Flair"
SPECIAL FEATURE: "Styles For The Season" - Fashion Show featuring Leslie King of LESLIE'S FINE CLOTHES FOR LADIES
MUSIC: "Stylish Serenade" - Audrey Sawchuck
SPEAKER: "Right In Style" - Sarah Gooding, Delta, B.C.
INVITE A FRIEND, SHE WILL BE GLAD YOU DID!!
"FREE" BABYSITTING at Elm Chapel 566-5th Street
Please reserve or cancel reservations by Nov 7, Courtenay - call Anita at 338-9071, Jackie at 338-1167, Campbell River - call Sue at 287-8597

Upkeep Home Rentals

If you are posted in 1988, and are planning on renting out your property.
Call us now for best tenant selection.

We can tailor our package to suit.
334-4486

LOST - COMOX AIR-SHOW. Small gold cross - no chain. Some engraving on face of cross. 335-0524

We are the talk of the town with over 600 units sold last year. We're not the best because we're the biggest...we're the biggest because we're the best!

LANTZVILLE RECREATION CENTRE LTD.

Cash & Consignment Service
LET US SELL YOUR RECREATION PRODUCT FOR YOU
WHY?

-There are no listing charges to you at all.
-We sell no new units to distract you from your used units.
-We have the finest advertising promotions.
-We take trades.
-We will buy out the trade so it's cash to you for your product.
-We will do a 30, 60, 90 day guaranteed buy-out plan to you.
-We have full time security.
REMEMBER
...We still sell a lot of RV units through the winter.
Free appraisal and pick up anywhere on Vancouver Island.
We are open 7 days a week for your inspection.
WEEKDAYS 9 to 6

LANTZVILLE RECREATION CENTRE LTD.

PHONE 390-3441

Display No. 7363



**GIVE TO THE RESEARCH THAT'S SAVED MORE LIVES.
CANADIAN HEART FOUNDATION -- OUR GOAL \$5,000**

NISSAN

BIG TENT SALE

NISSAN

• IT'S A SHOW • IT'S AN EVENT
• IT'S AN INTRODUCTION

We are out to sell

50

new cars and trucks in just 4 days

Some say it can't be done. We disagree... we say it can be done and just to make sure, we have dropped the lowest new car prices EVEN LOWER! But remember, these prices are in effect only during this sales event and only at Riverside Nissan, 1355 Comox Rd., Courtenay, B.C.

Starting:

THURS., OCT. 20 to SUN., OCT. 23

HOURS: 9 a.m. - 9 p.m.

**RIVERSIDE NISSAN INVITES YOU TO COME ON DOWN
TO SEE THEIR LINE UP OF 1989 CARS AND TRUCKS
ALL UNDER THE "BIG TOP" TENT**

ENTER YOUR NAME IN THE DRAW FOR A VEHICLE VALUED AT \$3,995

All that is required is a donation of any amount to the B.C. and Yukon Heart Fund

HAVE



A HEART

WHAT DOES THE B.C. HEART FOUNDATION DO?

It fights Canada's Number One Killer: Heart and Blood Vessel Disease. Established in 1955, the B.C. Heart Foundation, affiliated with the Canadian Heart Foundation, is a non-profit organization dedicated solely to the prevention and cure of cardiovascular disease. We are in business to put ourselves out of business!

PROFESSIONAL EDUCATION:

Our goal is to improve the medical care of cardiovascular patients. To achieve this, we have developed ongoing continuing education programs for health professionals offering them the newest techniques in diagnosis and treatment from a world-wide network.

RESEARCH:

The prime purpose of the B.C. Heart Foundation is to fund research, our most strategic battle plan. We are providing the equipment, supplies, and technical assistant/student stipends to support 58 research projects. Over 200 research personnel are supported by B.C.H.F. funding, through our grants-in-aid and personnel support program. B.C.'s Research Scientists are among the best in the world, closing in on premature strokes and heart attacks, hypertension, and children's heart ailments. So your donation continues to be one of the best investments you can make.

SPECIAL INTRODUCTION! 1989 240 SX

**THE 240
IS BACK!**

**You'll have
to come down
and see it for
yourself!**



**3 Years - 60,000 km
Bumper to Bumper
6 Years - 100,000 km
Power Train Warranty**

• Life Insurance
• Disability Insurance
• Layoff Insurance
All Available On All Loans

**No Down
Payment
Required**

**100%
Financing**

**No
Payment
Until
December**

O.A.C.

**No
Previous
Credit
Required**



**ONLY AT
Riverside Nissan**



1355 Comox Rd., Courtenay 338-1988

"Your Nissan Dealer Who Sells For Less"

**Phone
Me
Collect
For Prior
Credit
Approval**

Open 9 a.m. to 9 p.m.

Dealer No. 8561

Built for the Human Race

338-1988