



Canadian Forces Base Comox B.C.

Vol 28 No 5

March 13, 1986

Deadline is Monday March 24, 1986

Cost: Priceless

Update.

DEMONS TO HOST REUNION

407 Sqn would like to announce a reunion of all its former members to be held 1 - 3 August 1986 at CFB Comox in British Columbia. This event includes a change of command parade, an informal dinner and dance, as well as the Armed Forces Day airshow to be held on the third. Come and visit your old squadron on your trip to EXPO '86. For further information, interested personnel should contact: Lt. O. Crampton, 407 Sqn, CFB Comox Lazo, B.C. Canada. VOR 2K0. or Telephone (604) 339-2211, Local 2204 Autovon: 237-8204.

ALSASK REUNION

CFS Alsask will be holding a station reunion for past and present members during the period 01 - 03 Aug 86 to commemorate this Stations closure in 1987.

Activities planned include mess events, a street dance and pancake breakfast. Limited accommodation is available on station as well as parking for trailers.

Past members of CFS Alsask interested in attending are asked to contact the SWO at GP 826-2221 or SCOMPT at GP 826-2218. Responses should be in before I Jun Rh

CYMC ANNOUNCES APPOINTMENTS

The Comox Valley Music Society announces the appointment of Timothy Vernon as Artistic Director and Marcus Handman as General Manager for the 1986 season of Courtenay Youth Music Centre Summer School and Festival.

Courtenay Youth Music Centre is celebrating its 20th anniversary as B.C.'s longest running summer music school and community of musicians. Program dates for the school and "Summer Music from Courtenay" concert series are July 6 to August 10. The gala reunion for former faculty and students will take place Aug 2 and 3. Further info at 338-7483.

LEME COLONEL COMMANDANT EXTENDED

The LEME Branch Adviser is pleased to announce that Col G.W. Bruce, CD has accepted a one year extension to his appointment as Colonel Commandant of the LEME Branch.

Col. Bruce has been very active as the Colonel Commandant visiting many Bases and Units. The one year extension is for the period 1 July 86 to 30 June 87.

LAZO PENSIONERS NEED TO RENEW

Vancouver - Pensioners in the Lazo area have one month to apply for the Guaranteed Income Supplement of the Old Age Security, says federal Income Security Programs District Manager, Dennis Stevenson.

Some 160,000 B.C. pensioners already receive the supplement in addition to the Old Age Security Pension, but must re-apply by March 31, 1986 to avoid any reduction in their monthly cheques.

The Guaranteed Income Supplement requires annual application because of possible changes in income of the recipient. Those whose income dropped in 1985 will receive larger monthly payments, while pensioners whose income increased during the year will receive a reduced rate.

26 Years Ago....it all began

GREAT DAY FOR GREAT



Circa March 1960

Ah, sure an' it's a great day for the Irish! And what better day would we be pickin', what with the shamrocks bustin' out all over, the very air full of liltin' Irish songs, an' the Lit-tle People peepin' from the hind of every bush an' boulder, to be comin' forth before all the populace with a journal as filled with blarney as though it had been written by the blessed Saint myself, and put to press on the Sacred Stone of Castle Blarney, back in the land of the beginning, and of the end, so it was, so it is now, and ever shall be-County Cork.

'Tis a happy day, indeed, to be makin' an appearance before the world, or, at least, this little corner of it, and well do the how of searchin' men's souls that if the deeds of the staff be as good as their intentions, the "Times" will do harm to no man, but will strive, in every way, and all manners of persuasion, to better, an' lighten, an' brighten, each corner an' cranny into which it reaches, an' if you should be findin' a smile, a chuckle, or mayhap a little knowledge within these pages, then 'tis a blessed day indeed.

Multinational agreement

Ottawa - Associate Defence Minister Harvie Andre has announced the signing of a Multinational Memorandum of Understanding (MMOU) governing Allied military activity at Goose Bay, in Labrador.

The purpose of the MMOU is to standardize existing adarrangements ministrative covering the conduct of flying activities of air forces from the Federal Republic of Germany, the United Kingdom and the United States in Goose Bay. At the present time, Allied activities in Goose Bay are managed through several bilateral agreements with dif-

ferent terms and conditions involving other federal agencies. Under the terms of the new standardized agreement, the Department of National Defence will become the Canadian agency through which Allied military training is administered. The signatories will also be required to pay all costs directly associated with their operations and to share in the costs of common infrastructure and services.

The 10-year agreement, which comes into effect April 1, 1986, was signed here today by the Commander Air Command of the Canadian Forces, Lt.-Gen. Donald McNaughton; the Chief of Staff of the German Air Force, Lt.-Gen. Eberhard Eimler; the Deputy Commander in Chief of the Royal Air Force Strike Command, Air Marshal Sir Joseph Gilbert and; the Deputy Chief of Staff of the US Air Force, Lt.-Gen. Merrill McPeak.

"The 10-year agreement augurs well for the present and future economic stability of Goose Bay. It is also a prime example of the sort of contribution that Canada is able to' provide to the NATO alliance whereby we share bases and training facilities with our allies," Mr. Andre said.



We Are 26 Years Old... and Proud of it



SECTION NEWS



442 Squadron

Boeing Awards



Capt Mike Vermette Capt Bob Grant Capt Paul Vanderbasch MCpl Brian Cornish MCpl Walt Matheson

FROM THE MAIN FLOOR

I have my own fairness doctrine which is observed in these 442 columns, (except for Lorne Munden): "Do not pick on one person all the time: The squadron is full of individuals to whom something newsworthy will happen eventually." I therefore have no further comment to make about a member of 442 who likes to dive in after fish instead of baiting a hook and catching them like other people do.

A name from our recent past echoed the other day: Mel Mills, a fellow twice as tall, has sold his home in North Bay and will be here on a HH trip,

commencing 16 March. Mel also likes to immerse himself in his hobbies, the last occasion being a semi-baptism at the base golf course. Standing up. Anyone else would have drowned.

Sporran McDougall, civilian now, is diligently feeding some of the masses from his Comox Valley Vittle Van Food Services Ltd., and enjoying being the boss...Rick Macnab is into math and John McKenzie into OPDP studies...3 Crew has been busy away from work; several babies are expected in July and August...The hockey team has hung up its skates, and some members of it are now prepping for baseball...In the

Yellow Broom Briar, it will be The route is through Courtenay, Comox and King Coho. Greasy Paws Vs mum 2 person teams, Avionics...Cpl Leslie will be \$2.00 per team entry fee. Prices off to Lahr, shortly...Sue and for navigators and drivers. For Dot(not a form of legal punfurther details, see Lt. ctuation) are together again; Sue is on OJT in BOR, prior to Borden...Transient Crew handled a DC8 last week: ver-

To finish, here are the new people you will be seeing this year: WO Parkin, AVN Tech, Baden; Sgt Ness, AE Tech, Holberg; MCpl Antoine, AF Tech, Moose Jaw; MCpl Blouin, AF Tech, Baden; MCpl Limoges, IS Tech, Baden; Cpl(W) Corbin, Adm Clk, Shearwater and Cpl Mac-Donald, IE Tech, Summerside.

This is my -30- column. See

Norm Blondel

2000 hrs with ATG

satile, eh?...Gord Trenholm

scheduled for a remedial euchre

course...A certain career

manager is so impressed with

Al McGrath looking through

what appears to be a porthole

in the latest Sentinel, that sea

duty is rumoured...442 will be

having a car rally on April 26,

commencing at 1400 hours.

The course length is 61.8km,

starting and ending on base.

Claude Audet are

and

Courtesy Base Photo



MCpl Jim McDougall LCol Lett presenting LCol Lett presenting



Capt "Mikey" Clarke

AIRCREW

The "flyin snakes" have had it fairly quiet over the past couple of weeks, though there have been a few Medevacs and a couple of boat incidents. On February 27th, the standby Labrador flew a pregnant suffering comwoman plications, from Holberg to St. Joseph's Hospital here in Comox.

On March 3rd, both standby aircraft took part in a search for an overdue fourteen-foot pleasure boat in the Port Hardy area. Both aircraft, as well as Coast Guard vessels searched the area for several hours before the Labrador, with Captain Mike Dorey in command, located the boat and its three occupants, ashore and alright on Bell Island.

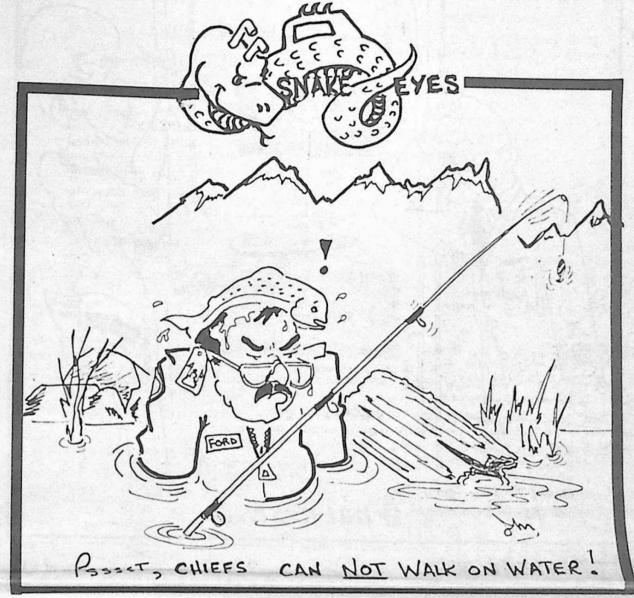
March 4th saw the standby Labrador with Capt Grant in command, perform medical evaculation of a heart attack patient from St. Joseph's Hospital to Kitsiland Coast Guard Pad in Vancouver. Finally, on Sunday the 9th, just after midnight, the standby Buffalo with Captain Rick Tillotson in command, picked-up a patient with a severed thumb from Tofino and transported him to Victoria. The standby Labrador was unable to reach Tofino for this mission due to icing and cloud enroute.

On the less mundane side of Captain Marv Macauley had his annual shower the other day, courtesy of Buff flight and the Base Fire Department. In a 442 traditional send-off, Mary was doused upon departing the aircraft following his last Buff trip...a picture is worth a thousand words...! And not to be outdone, the Lab flight has a new helicopter; but what's this, isn't it a bit small, guys? Actually, the incrediblydetailed model of a 442 Squadron Labrador was presented to the Squadron by Vancouver modeler Jason White, who modified a Boeing Sea-Knight kit, and meticulously added details to produce a miniature version of 11302. Thanks, Jason!!

Once again, we have another of Ian Murray's artistic/comic efforts for your perusal...sorry, Mr. Ford! 'Til next issue, snakes....out!

.. more with 442 squadron

SECTION NEWS



Heroism Award Rotary Wing Aviation

Avco Lycoming (Sikorski Helicopter Associate) and the North American Aerospace Writers Association have selected, from over 1200 nominations, the 1985 winners of the prestigious award for Heroism in Rotary Wing Aviation.

1985 Helicopter Heroism Award will be presented jointly to the crew of Rescue 305, a 442 Sqn Labrador and a USCG H3 operating from Sitka Alaska for their combined rescue operation in the Hecate Straights on 25 April 85 when a fierce storm struck the 400 plus halibut fishing fleet without warning off the Queen Charlotte Islands. The rescue efforts by Capt Grant and his crew involved the 55 foot fishing vessel, MISS RACHEL. foundering with four souls on board. The vessel's propeller had fouled and although anchored, she was at the mercy of the 70 knot winds and seas in excess of 40 feet. Rescue 305 working in conjunction with the CCG Point Henry successfully hoisted two crewmen to safety before their hoist cable was severed resulting in the near loss of Cpl Gough, a Search and Rescue Technician. The entire crew's tenacious and examplary efforts in the face of the most extreme conditions resulted in their selection to receive the 1985 Helicopter Heroism Award.

The award will be made in Arlington Virginia on 10 May 1986. In addition to the engraving of something you could use for their names on the permanent trophy, individual modellions are to be something to the something to the something to the something to the engraving of the something to the som their names on the permanent trophy, individual medallions are to be presented to each crew member at that time.

PEWTER ROOM RESTAURANT

Everything for your dining pleasure

· Excellent Dining · Steak & Cordon Bleu Specials $$6^{95} - 8^{95}

COURTENAY HOUSE -- 498 Island Hwy., Courtenay



Thunderbird Notes

Are you a person who hesitates about calling the Military Police when you see something which you suspect is wrong? You should always call the Police, even if it turns out that the call was unnecessary. Many crimes can be prevented and criminals caught if people trust their initial judgement. Listed below are a few everyday situations. They could happen to you. See how you fare.

For instance, if you observed someone shoplifting, would

- a. ignore it, because "it's none of your business'?
- b. apprehend the thief before he or she gets away?
- c. note as many details as possible and notify store per-

You strongly suspect that a child is subject to neglect, or to physical or sexual abuse. You don't have proof. What would

- a. keep an eye on the child and see if the situation worsens? b. report your suspicions to the local office of Health and
- c. ignore it? After all you may be wrong. If it becomes obvious, someone else will probably notice. The answer is "B".

You come home at night and find the back door, which you're sure you locked, open. What would you do:

- someone is inside?
- b. go to the neighbour's house immediately and call the Police?

make a getaway? The answer is "B".

You, as a next door neighbour, observe a person ride away with your neighbour's bicycle. What would you do:

- a. forget about it because you don't want to get involved?
- b. you think that no one would attempt to steal a bicycle in broad daylight, therefore the person obviously has permis-
- c. call the Police immediately, giving a full description of the person, the bicycle and the direction of travel? The answer is "C".

You see a robbery in progress at your local conget away. What would you do:

- a. enter the store immediately? (Maybe the robber will give himself up if he sees the storekeeper is not alone);
- b. if that doesn't work, try to disarm the person?
- c. without endangering yourself, get as good a description of the robber as you can, including any getaway vehicle (don't forget the licence number) and call the Police?

The answer is "C".

A person should never hesitate to call the Military Police if they live in PMQs or the Civilian Police if they live in civilian accommodation, because he or she thinks the incident is too insignificant, or perhaps, that his or her own carelessness contributed to the incident. Calling the Police is always a good idea. It is one way the Military Community can work with Police to prevent



EDITORIALS

26 years ago.....

Hey ... here we are alive and well after twenty six years and several hundreds of issues! We've had our good times, bad times and in-between times but through it all we have done our best to bring you our version of Service happenings according towhoever was here at thetime.

The "Fishwrapper" as it has so lovingly been dubbed over the years fell into many different hands. Each of us have had our own ideas about what was best for the paper so things certainly did vary.

As it is with most service newspapers, the volunteers are its life blood. We have had many! As someone who has sat in the Editor's chair several times, I remember many of them so very well. The late nights or should I say early mornings were always part of the game even though the overtime rate was low.

We started as a little tab, grew to a full size broad sheet and recently returned to a tab

....simply changing with the times! Through it all we tried to be an unofficial voice of the real service, not necessarily the one that the government portrayed in its media releases.

We gave "down to earth" relevant and sometimes very frank opinions about the pros and cons of service life. For this we received some glory but also received some slapped knuckles as well. We tried to be objective within the boundaries of reasonable taste.

However, we must have been doing some things right over the years, as we received many awards after being judged against our peers. The Community Newspaper Association have always recognized us as a winner and I would hope that readers have too.

We that do this, do so because we are "newspaper junkies." Ya gotta love it to work here!

And so we're 26 so big G.M.K.

Letters we get

Tongue in cheek, but I can

- Units of the "Amazing Amazons" and the "Fightin' Feminists" with their new BattleMother tanks will face opposing forces of the "Gallant Gay Blades" and the newly formed airborne regiment, the

- Air support will be provided by F-18 Butterflies, C-130 Hera's, and Darling helicopters

age will be wheeled into

clude a display of battle ribbons and crochet work followed by a moment of silence for comrades fallen victim to - High Tea will be served by the Exercise Commander, Air Chief Mother Brunhilde Bas-

I am grateful for this most recent insight into the Bill of Rights which affects everyone except me, but boy, (pardon the expression), am I ever glad I retired in time!



Published every second Thursday, with the kind permission of Colonel Kadonoff, Base Commander, CFB Comox.

Second Class mail registration is 4098. Office phone: 339-2541

EDITOR: Gord Kruger (Local 2289) BUSINESS MANAGER: Ron Fisher (Local 2560) CIRCULATION MANAGER: Shawn & Susan Johnson 339-0580 SECRETARY: Marion Kroemer 334-2918 CAMERA OPERATOR: Dave Blamire, Dave Gibson Jerry Walton, & Tammy Boucher PHOTOGRAPHY: Base Photo EDITORIAL STAFF: Bob Hallowell, Gerry Gerow Dick Ulm, Norm Blondel & Cathie Gibson

The Totem Times is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND. CF or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper whose libility is limited to a refund of the space charge for the erroneous item. "Advertising is an offer to sell and may be withdrawn at any time." Address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C. VOR 2KO. Subscription Subscription rate: \$6.50 per year.

Printed in Courtenay, B.C., by the Comox District Free Press





see it now -NDHO announces the annual Canadian Forces exercise, "Autumn An- - Warriors over 65 years of

"Leapin' Lesbians."

of the Lioness Squadron.

position by remnants of the now defunct non-minority nonprotesting Canadian platoon. - Opening ceremonies will in-

motherhood

Bob Hallowell Wing Commander retired

A Bevy of Beauties.....



442 sqn's "Snake 60" limousine was used recently as a courtesy car during the BC Ladies Curling Championships at Courtenay. Driver Carol Wolfe (L) and members of the Kamloops Curling Club (L-R(Gailyd Waslik, Janet Fawdry (skip), Sandra Rayner (kneeling) and Valerie Lahucik), posed in the February sunshine.

EDITORIALS

What he said 26 years ago G/C R.F. Miller

Commanding Officer's Message

It is a great pleasure to witness the first publication of the Totem Times at RCAF Staion Comox, and I am happy to welcome this new addition to the activities of our Station. I know of the many difficulties that were surmounted before this newspaper could be inaugurated, and, on behalf of the Station, I wish to thank the Editor and his staff for their cheerful persistence and ingenuity in the fact of many worrisome delays and discour-I think it can now be said

that Comox is coming of age as an air force station. There as every reason to be proud of the operational record of both squadrons based here. To suptional, social and cultural pur- ization of these facilities. suits. Cur new messes, built or Station newspaper, all pro- into being,



port these squadrons and to vide essential outlets for the

I hope that all sections will the Motor Club and Hobby Totem Times, and will give Shop, the Station Band and every support to the few hardthe Drama Club, and now the working people who brought it

build a genuine service com- social needs and creative enmunity, we have made notable ergies of our personnel. I think progress in providing facili- we can be proud of the fact

at Canex." I was about to comply with

ties to encourage the develop- that we have contributed a ment of worthwhile recrea- great deal toward the organnearing completion, the re- do their share to ensure the lurbished recreation centre, continuing success of the

The Joy of Six

BY Norm Blondel

suggesting that retirement for replaced all the other parts'!" civil servants might extend beyond age 65 has caused a grandparent Supply Tech., closely tied with the civilian hours be changed to 0730

proposed changes in human ternoon nap." rights have been discussed at ground for their manic sense of humour in the idea that CF members might serve beyond age 65. The following, which Times of March 2016:

"78 year old Sgt C. Brash received his CD5 yesterday. Asked if he now planned to retire, he snorted, "Listen sonny, the only way I'll change my mind is if they give me a

A recent announcement head transplant. They've

"MCpl Annie Teak, a great ripple of conjecture among CF won an award of \$500, recently members, whose fortunes are for her suggestion that working 1130 and 1430 - 1700. This will In our six-man section, these allow an extra hour for the af-

"A contract was placed with some length, not always Boeing-DeHavilland Canada seriously. Leaving aside the this week, to extend the rear more sensitive issues, our ramp on all CC115 Buffalo airmerry band found fertile craft. The ramp extension will permit better access for technicians' wheelchairs." And finally:

"Cpl Pelucid, junior man in we should publish in a book en- the section at 65 and concerned titled, "The Joy of Six," are about lack of promotion, appotential items from the Totem parently attempted to hurry things along by removing the training wheels from the section bicycle. His Warrant Officer will be released from hospital early in 2017. Cpl Pelucid has applied for a job in the Civil Service."

Next Totem times Deadline March 24th

Personwatching can kill-

It is an awesome thing, to feel responsible for temporarily shutting down an airbase. All I was doing was obeying my wife, who had issued the following order of the day: "Pick up two cartons of milk

the order, enroute to Canex on foot, when I noticed some crows twirling around above the transformer complex adjacent to the guardhouse. I'm not a birdwatcher ordinarily, but these black ornithic thugs reminded me of an Alfred Hitchcock movie, so I was on my guard. One feathered gangster was giving me a particularly evil eye: doing a bit of personcrave human flesh?

I'll never know, because in the next moment, he decided to perch - to get a better look, maybe. The resulting explosion as he put one leg each on two high voltage wires, blew him high into the air and away from the complex in a smoking, burning arc, like a downed Messer-

Simultaneous white flashes erupted all around as satellite transformers reacted to the power surge. The noise was horrendous. I jumped, but my bootlaces held. Pieces fell from poles. Diesel-electric power triggered smoke alarms. Power remember, the crows will.

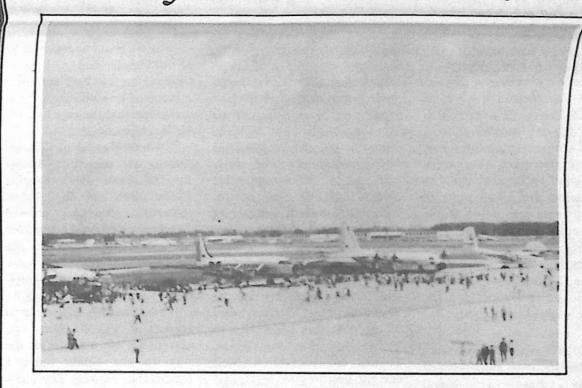
watching perhaps, or did he outages triggered fire alarms. The fire hall emptied. People emerged from buildings, like flies in the sun. The Base ground to a halt.

> I cringed back through the main gate carrying my cartons of milk), hoping no one would point a finger, shouting "That's him!", and managed to reach the safety of QA, where I hurriedly locked the door and prepared for an ad-

So far, nothing has happened. Power has been restored, and the firefighters have resumed their volleyball. units started up, all over the But I'll never walk through that base. Smoke from the diesels gate again. If the MPs don't

Did you know In a reading lamp, the lower edge of the shade should be slightly below eye level when you're seated so that the glare doesn't blind you

Military trivia What? Where? Why? When?



Answer From Last Issue



Dakota # KP221 of 1 Air Division on the ramp at Lahr, West Germany, 1969.

SECTION NEWS

Ray Morrison overheard

Windless Wayne talking to an

Aussie crew at 407-something.

about keel parameters. Not to

be outdone, Lufty Ray is

"boning up" on keel haul (or is

it Haul the Keel)-how you do it-

and states that the race to Land

Wayne Hay and Jaques

Leroux are presently heading

up the Cool Pool Tracker

Fixers Det. at 33 below

(celsuis). Wayne phoned

Trackers West and requested

some of our weather but

declined our offer of snow

flurries and negative degrees-

It's all ones when it comes to

hockey at VU-33. With one

season win we made it all the

way to the finals (haven't

figured that out yet). The finals

went-one win-one protest-one

VU-33 team out for the season.

Chris Shelley and Pete Morro

say they are already working on

has been lining up some great

Ray Webber

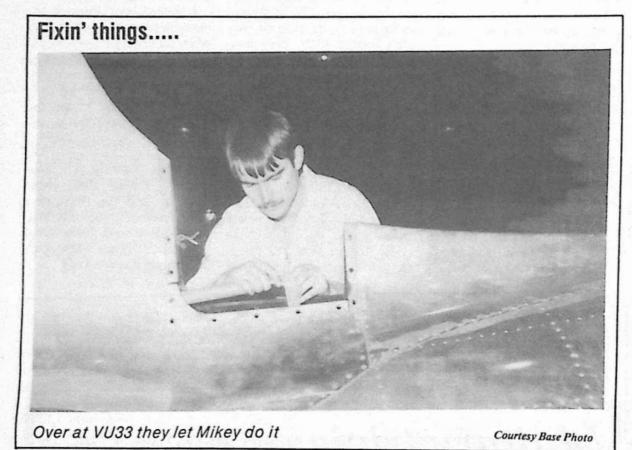
headed by Dave.

made him feel better though.

Ho Expo is a no-go.



VU 33 Squadron



VU - 33 AIRCREW

In a personal, highly confidential interview with this scribe, Bernie Kipling admitted numerous scintillating tidbits of info that I'll share with you. Bernie attempted to quit smoking, but after a tough two hours she had to have another ' fag. Throughout the interview, she admitted being a very weak individual and highly open to suggestion and pressure from the opposite sex, which Rollie will vouch for. In search for a smoking work place, Bernie has located 407's Navigator's offices. I don't know if she'll be allowed entrance into the men's washroom though.

VU-33 Snow to Surf team for 1986 has been hand-selected (Rollie has a Naval background) and named after the historic Herman Gluck. Herman's Heroes will take on all attempts at competition on Once again, it's Teck Talk time this historic 1st Sunday of at the Track & T(bird) corner. May. The team members include: Major Motion Owen in Livingston returns (via cruthis quick uphill dash and, ches) from a stay in Campbell downhill flight, Slats Acorn River Hospital. He is still swishing his way to victory for a handoff to darin', carin' Fair, who releases his energy in a downhill sprint, Joggin' Johnny (never on the same be sailing" look. Everyone but spot) continues the downhill he knows that there are only flush and dumps the armband two mag units on a Twin onto Bicycle Bobby, who Radial. He keeps coming up madly manouevers his rocket with 3. Little does he know that on wheels to Motorboat Mike Barry has the situation in harand Cruising Cuthbert. These ness.

powerhouse paddlers will wind their way to a top place victory. Altogether a powerful team that stands-defying any challenge!

One of the more sad notes since last print has been the departure of H.T. Murgatroyd to the wilds of N.W.T. 'Heavens To' arrived at VU-33 an innocent young babe, single easily influenced. He and departs VU-33 a not-soinnocent, married, investor in precious metal, and has one child to his credit. H.T. served VU-33 well in his first tour becoming current on both T-33 and Tracker, serving as the Squadron Ops Officer, and taking a jammy away trip to Yellowknife for his finale. Thanks for everything Nick and the best to you, M.B. and

ANKR 99

Angela in Yellowknife.

It's Hoblers Four as Tom smiling (a no-no for Sgts). The nurses must be pretty there too. Welcome back Tom.

Wayne has that "I'd rather

Supply Here we are once again in the fast paced world of Base Sup-

LPO finally sees the return of their new computer wiz J.P. Ullock, but must say goodbye to Pte Lynn Gauthier, who is off to "Jolly Old England" to be married. Good luck in both your new home and with your new husband, Lynn.

Base

Newly promoted Leading Seaman Cam Bailey is off to his Sea Environmental Course, but not before informing us that Customer Services has, after long hours of deliberation, figured out the difference between a reject and a computer printout.

Who is the happy Sgt (formally known as our infamous IOR Clerk) walking around Supply? Must be Sgt Channen who has finally received his posting message to CFSD Toronto, on 15 March. All of us in Base Supply wish you the Best of Luck.

Everyone is not so lucky however. A certain MCpl (Diane Shea) is getting pretty worried the Career Managers have forgotten her message and will only be shipping hubby

The Olsson's house-warming party was a big success. Lots of talented Supply Techs turned up to play all imaginable instruments. The whole crowd seemed to have a great time and enjoyed the music.

There seems to be more movement in and about Supply not the one to ask.

yet again. Kim Heath is going to Clothing Stores, Deanna Graham is moving to the MUX, and Daniel Brown is moved to P.O.L.

The "no smoking" rumours that have been circulating the base are sure being talked about by smokers and nonsmokers alike. However, the Base Commander's challenge to kick the habit does make a person wonder, especially when everybody can benefit. Those who don't smoke can now walk into smoke free offices, and those who have just joined the quitting team not only benefit from better health, but get to enjoy 5 days off at the end of a year. There's never been a better time to get healthy.

There was lots going on during 'Slave Night' at the Jr. Ranks Club, the majority of the slaves being Supply Techs (what else is new). Although less people showed up than planned, the auction began and benefits going to local charity. While we are on subject of slaves, people are still wondering how many veils an Arab dancer can lose without blushing.

Before signing off, many people are wondering lately how one goes about avoiding having one of those unique PERs written about him. We have heard through the grape vine that Mr. George Orbell is

WOs' & Sgts' Mess **ENTERTAINMENT** March 1986 next season's strategy. Thanks to the whole team for the very T.G.I.F. March 14 exciting games. Mery Larrivee ski-days. Don't miss your chance-the season will soon be 'Luck Of The Irish' March 15 Monte-Carlo Night ... Food. A well deserved"Tech of the Quarter" award was recieved by Dave Coyne at the Sqn get together last week. Lots of training, new people, and work. A"Well Done" by the whole safety systems section T.G.I.F. March 21 T.G.I.T. (Thursday) March 27

SECTION NEWS



Demon Doins

Looking around squadron these days, one can tell that Spring is close at hand. Golfing and fishing enthusiasts have that maniacal gleam in their eyes, contemplating victories to be achieved over their enemies, the small sphere and wee finned critter. Those that prefer the crunch of snow under their skies and the feel of wind in their hair also have a somewhat frenzied look about them as they scurry around trying for that last "Ski-day" before the big thaw. For all these people I ask that you pay heed and stand with bowed head and perhaps shed a tear for those familymembers and friends that live in the East. For they too wish to golf and fish and ski, but alas, in most cases they are either too cold or snow-bound to do any activities. They deserve our thoughts at this time of year, so pick-up a phone and call them-AND RUB IT IN.

The time has finally arrived when 407's representative crew has been selected for the 1986 O'Brien Cup competition. With much fanfare and ceremony, including a stunning rendition of a Top-40 song by the Crew 3 "Sub-busters", the CO announced the winning crew. For 1986, it will be the Crew 6"Terminators", under the leadership of John Bouffioux and Steve Brabant, they carry the "Seaman" banner into battle against 415 and 405 Sgns. Crew 6 is going to be very busy for the next few months preparing for the contest. All the best guys and if you don't win don't come back.

Our latest Readiex exercise has come and gone with Crews 4,5, and 2 participating. While down at Moffet, it seems that the hosting Squadron, VP-40, challenged 407 to a game of baseball. Members of Crews 5 and 6 made up the team and despite a fine showing sent was VP-40 '12' and 407 ... at this point modesty prevents me from telling you our score but I have been assured that it was

Crew 1 has recently departed the fix for a little OMS time in be on edge desperately waiting Greenwood. Once again they for it. O.G. at present, is in are demonstrating that "Training" part of their title "Training & Standards" really means something. However, fun). Wayne is presently enand you can correct me if I'm wrong, but I thought that you were supposed to be training

us, not each other.

Finally, the time has come to say "Adieu" (This is now a bilingual article) to several squadron members who will be leaving in the not-too-distant future. To Chuck Ellis, our beloved Flight-Safety Officer, we offer our best wishes for your new task in Moose Jaw and advise you to read paragraph one of this article again. Sgt. Al Smith is off to choppers and we wish him luck and bemoan the fact that Crew 5 has lost an island of sanity in this turbulent world. WO Rick Kidlark is also leaving to follow a new and exciting career modeling swimwear (honest, that is what his crew told me) and should be a valuable addition to the photographic world. MCpl Keith Rodrique will soon be leaving the Forces and striking out in the (shudder) Real World. Within a couple of years he will

probably own the Forces. We must also say good-bye to Lt. Olwynne Crampton who is off to be a Company Comma at Chilliwack. The very thought of her standing infront of a group of Officer-Cadets saying "Let's be careful out there", brings tears to my All is not lost, however, since

we also have a new addition to the Squadron. 2Lt. Fiona Berchem will be taking Olwynne's place and will soon learn what a pain-in-the-butt that aircrew can be. But a word of advice before I go Fiona, keep an eye on Sgt. Lesage. He has shifty eyes and likes to pick on people.

"Nuff Said"

SERVICING (3 CREW)

Here we are at a close of another fiscal year and as usual things are fairly quiet with only a few minor drawbacks. Our trip down south was postponed down to defeat. The final score a few days but they did manage to just get away before we got dumped on with snow (Darn lucky I'd say).

> The recent news is that O.G. Trevor and Dan finally got their 2nd hook. They seemed to cool Greenwood on JX and Bruce will go there later this month (home you guys have joying himself on his J.L.C. in Penhold, (better you than me). Later this month Doc will be

doing his P.O.E.T. in Kingston, good luck and hope you do well. Speaking of Armourers, welcome back B.C. (Dave). By the way Rob, its nice to see your shoulder back

I want to take this time to congratulate the people that wrote their A.T. exams, even the person that did it as if it was a pushover (eh, Bruce). In case some people haven't noticed, the big thing these days is everyone trying to smoking due to the regulations coming in. I wish you all luck because I for one, know its not easy but it is

Last but not the least, is to say goodbye to Yvonne who has gone to maintenance and to welcome Eva back to the crew.

DIAC MAINT/TRAINING

Well, it's time for DIAC to let you know what's going on upstairs. We understand that what goes on up here is above have been assigned to pass on the information so that those who care to study it may get a brief look at what it is like to work directly for "God".

I am of course refering to Lt. P.E. Godbole. Since our last article our great leader "God" has had a vacation is USA where he got to work in the

personnel should contact:

Aircraft maintenance field instead of the Helter Skelter pressure cooker that some call the DIAC.

Speaking of those who are away, we were starting to get worried about MCpl Skid, as we had no word from him until last night, he assured us that JLC is a fun course and that he is enjoying it. These words have cleared up some strange rumors: 1. That they had marched him so hard that they wore his feet down to the upper jaw, or 2. He got lost on a map exercise (accidentaly or on purpose) or 3. Somebody (Instructor or Student?) lost him either on purpose or by accident, or

He says that he is enjoying the course, the only problem now is why? The rumors were only replaced with questions, like, who hit him on the head, with what, and how

Now if you want courses this is the place that you should ask to get transferred to, with direct DIAC/FTAS equiptment courses you would think

that would be enough, but not according to those that know. Just to fill in time they send you on all sorts of odds and ends courses like high reliability soldering (XF), and instructor training (TA), then you will be able to confuse students (It's

407 SQN REUNION

August 1 - 3, 1986

C.F.B. COMOX

All former Demons are welcome and interested 2

Lt. O. Crampton

407 Sqn, CFB Comox

Lazo, B.C. Canada

VOR 2KO

Tel: (604) 339-2211 Loc 2204

OR

AUTOVON 237-8204

States, has more than 50 miles of waterfront.

fun) by teaching so deep that when your students take a short cut through the grass they will think they are walking through Cathedral Grove. That is of course if the instructor that taught you didn't do the same

Now after all this, still more can be found: UDF, Everybody except two has been qualified. They will be.

Thank God (and the SAMO) they have decided to send us some help. A hearty welcome is extended to Cpl Don Vinette. He had time for one week of on job familiarization and training by Red Gallinger before he was thrown to the wolves (instructors) in DIAC Training. First course being served is "Display and Control".

We have Cpl Mark Adam on the same course and know that he will do well. Also on this course are Cpl Glen Curtis and Cpl Ron Stelzl from ZX. We wish them the best and hope they enjoy their stay in sunny B.C. snicker..snicker..snicker!

On a farewell note, we ex-Gallinger who has happily departed to CFB Ottawa to work on Rotary Wing Aircraft for a much needed rest. All his training should come in handy when repairing a Chinook in a nice muddy field Ha! Ha!

P.S. Gord, isn't that program working yet?



Tsolum River Road Courtenay, B.C. Phone 337-8621

When the Sun Shines Come Out And Ride

*Trail Rides *English and Western Lessons *Boarding *Tiny Tot Programs

mother



********** Philadelphia, the largest fresh-water port in the United

339-5111 PROMPT MAIL ORDERS

DISCOUNT FOR SENIOR CITIZENS

SECTION NEWS



BAMSO

but now I have to be careful

gate and heading for 7 hangar

Reading over the above

plight of the smokers who are

I guess the posting season is

I asked WO Terry Orcutt to

That's our business, total

control of all tools used on or

TOOL CONTROL

As I sit down to start this column I must say that I never cease to be amazed at the number of reportable events that occur between issues. As I send one column to the editor I often wonder what I will find to write on for the next issue.

To start with, we had a pretty informative flight safety have to follow. I have briefing presented by the Direc- been following the rules since tor of Flight Safety from Ot- that time and I must admit that tawa. It really makes one think I sure feel stupid gettin off of about how easy it is for ac- my bicycle and pushing it the cidents to happen. I've been at- last hundred or so yards when I tending these for years and the return from Headquarters to statistics indicate we are getting the hangar. I also used to jump better but I must say that I still on the bike and ride to the mess see a lot of repeat errors.

Major Monahan and Mado there too, as the road from the are enjoying a much deserved bicycle rack to the main road holiday in Hawaii. Hope they leading to the Officers' mess is really enjoyed themselves and also one way. To ensure that I that they were able to com- was not breaking the law, I pletely forget about this place have been coming in the main for the whole two weeks.

One of the big items under via the parking lot in front of discussion these days is the new General Stores and the EX Service Station. I now find that I smoking policy. If you want to get people up in arms all you am breaking the law there too have to say is that it's about as the road in front of General time that non-smokers got their Stores is also one way, or at rights. As a non-smoker, I least there is a no entry sign at might be tempted to say that the entrance road at the corner but I also realize the problems of the CE Section Grounds that smokers have. I'm sure its Maintenance shop. We have not easy to quit, or to cut almost as many bicycles on the down, after having had com- base as the average European plete freedom to literally smoke City of the same size so maybe wherever and whenever they the base should consider wanted to. Speaking of providing special bicycle paths smoking, or should I say as those cities do. QUICK speaking of not smoking, it's SUMMARY OF ABOVE: Be time for a GOOD SHOW. I careful where you ride your know of at least two people in bikes on the base, as I have a labs that are taking the Base feeling that there will be quite a challenge few tickets given when the seriously and have joined the military police get serious. "Butt Out" program. Congratulations guys, and helped me to understand the good luck.

Mike just returned to work going to have to give up after having a long weekend priveleges that they have had with Lisa, his future bride. Boy unchallenged for such a long that must have been some period of time. Us cyclists and weekend as he returned with his you smokers are in the same arm in a sling. He said it was a boat but at least they haven't hockey injury but a lot of us sent the military police after have our doubts. What did you do to him Lisa? If this is any indication, we can expect to see getting close as I noted this morning the list of people being Mike exhibiting many injuries after the marriage next month. posted is now longer than the There was one good side to it list of those retiring this year. though, as Monty was able to give me a small piece on the point out that those who smoke and don't go in for strenuous Tool Control shop that he is sports aren't so likely to injure running for a short while and here is what he came up with. themselves.

Speeking of Good Shows, I have another one to report. I must congratulate (and thank) the young military policeman

who stopped me while I was around aircraft. We hold all riding my bicycle from the tools on our distribution ac-Headquarters building to the count and are responsible for bicycle parking spot under the the replacement of broken DIAC in 7 hangar. He very ones. Lost tool reports are inpolitely explained the base (and vestigated and reported to Air BC) policy which forces Command Headquarters by bicycles to follow ALL of the this shop. traffic rules that automobiles

We are housed in building 46 on the east side of 7 hangar and our employees Warrant Officer Orcutt, Corporal McGrath and Private Deveries are kept very busy helping users of the system.

Smiles are upon two of our faces these days as the whole shop except the Warrant Officer have received posting messages. We will be looking for replacements shortly. Any

Thanks Terry. Another thing that I have often meant to comment on is what I would call "Elevator Courtesy". We have a personnel elevator in the hangar that has to be one of the slowest elevators in captivity. I timed it and found that it takes over thirty seconds to go from the ground to the top floor and a little longer to go the other way. As most of us are quite capable (or at least we should

be) of negotiating the stairs in a downward direction I would like to suggest that the elevator should be used mainly to carry people in an upward direction. All of the above is to get to the point that I would like to recommend that, when you get off of the elevator at the top or middle floor, how about pushing the down button and

needss it. Had the pleasure of witnessing an F18 execute a barrier engagement the other day and found it quite interesting. I've been around air planes for thirty some years but that was the first barrier engagement I have ever seen. Actually, I was quite surprised as I expected something more

returning it to the main floor so

that it will be waiting there for

the next person that really

spectacular. Speaking of being around for a while and still learning, I found out the other day that there are advantages to delivering posting messages to your people in person. It's amazing some of the reactions one witnesses (experiences) in that situation. 'Nuff said, but I

think the people concerned know what I am talking about.

Al Grinnell must really want a candle-lite dinner for his retirement as he was overheard advising the PMC of the Warrant Officers' and Sgts' mess that he would gladly pay for the candles if they would give him that type of retirement I see that Warrant Officer

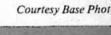
Bill Hill has real support from the guys in his section. They think that he is such a great guy that he should go up in the world and they took steps the other day to help him do just that. Is it lonely at the top Bill? Those mountains sure are beautiful aren't they.

My congratulations to Andy who took special precautions to see that I had nothing to report about her this issue (She lost didn't she).

Once again it's time to hear from the shops and once again I will print them in the order that I received them.

Private McKay just recently returned from CFB Borden af-

Suggestion award winner





Sgt McArthur, an MSE operator in the Base Transport section, suggested that a safety modification that had been applicable to 1974 and 1975 three ton stake trucks, be adopted for all three and one and one half ton stake trucks. NDHQ granted this Base authority to modify all of our trucks and amended procurement specifications to ensure that all future purchases for the Canadian Forces would have this valuable safety improvement incorporated. LCol Bowes, our Base Technical Services Officer, presented Sgt McArthur with a certificate and a \$400.00 award.

SECTION NEWS

More with BAMSO -

ter completing the POL course. When they asked about the course content Cpls Farina and Slater were informed about the extra subject material covered while visiting the outlying area outposts (Crossroads, etc.)

Thursday March 13, 1986

Private Martin, as you must realize from the latest Totem Times, has finally had her dream of dreams come true. Chances are that you will see her driving her dream around town as she just got a new 1986 Nissan 200SX. The boys in the AMSE shop give a big "thank you" to the Nissan dealer.

Private Kelly has gone off into the sunset and is now temporarily employed with 442 Squadron. Her colleagues from the AMSE shop miss her dearly but, understanding as they are, they realize that employment elsewhere brings benefits for herself and the shop.

Advancement from Corporal to Master Corporal could now be indefinite in the AMSE shop due to the fact that both MCpl Levy and MCpl Nichols have been given extensions. That may be so but we all realize that experience and technical knowledge is really ar

just got promoted to Master Corporal. Congratulations Zane, from all of us involved with the production of this

Congratulations to Private Young who, on January 18th, became the proud 'Poppa" of a bouncing baby boy. No. his name is not Sue".

REFINISHING

Muppet News flash from the Refinishing Shop. The Muppett Gang is being disbanded. Cpl "Kermie" Imbeault is off to Cold Lake and MCpl "Ernie" Nicholson is off to Ot-

"Chef" Roger is going to Borden for a weeks course and "Fonzie" Behmer is in love. "Beaker" Harvey was seen in the back yard cleaning his barbeque so it appears that he is getting ready for his spring

new yacht and will soon be hitting the high seas to see if he his posting message. Were they can beat MCpl "Bert" Brown in the fishing department. Rumor has it that he doesn't stand a chance

the process of going through

appears he will continue to Steve's decision to rid himself remain a refinisher.

That's it for the latest news flash. Bye 'till next time.

After having spent the last five winters in Winnipeg, it's rather shocking to see the birds on the trees so early. Nevertheless, with spring just around the corner and all, the IE/IS lab is blossoming with activity.

Mike Gauthier has been showing a great deal of interest toward abnormal psychology. Perhaps this interest has been generated out of a need to better understand his subor-

Ken Sullivan's daughters have been demanding much of his time on the weekends. Could it be that they are taking him for a ride. Or is it that he takes them riding?

It's true, Mike Roy is leaving Sgt "99" Keefe purchased a the nest in July. There were tears in his eyes when he read tears of sorrow, or tears of joy? We don't know.

Steve Lazar's bird has flown the coop and apparently Steve the door behind it. Perhaps THE PRESSES - Cpl Slater re-engagement ceremonies so it Mike Gauthier influenced

of his feathered friend.

Karen Stockklausner has returned from her winter vacation without a tan!!! The fact that she chose to vacation in Cold Lake might have something to do with it. Speaking of Cold Lake, why are you so happy with a posting to that northern outpost Karen?

Sue McKay is anxiously awaiting the return of her husband from Moffett. Supposedly, Moses has promised to bring her back a little something or other from Hollywood. Hollywood is a long way from Moffett Sue.

Tim England is going on course again. This time to Borden for the much coveted H.R.S. course. Gee Tim, we sure hope the occasional working isn't interfering with your T.D.

Who has gained six pounds in two weeks? Therese Boyer has. After all, she is eating for two now.

Mary Penney is experiencing a bit of trouble training her puppy. Have you consid

Recently, Karen Thompson was caught off guard by a

group of roving electrons. They rudely interrupted her and then departed. Needless to say. Karen was shocked by their

These days, Claude Ouellette can be found in one of two places. He is either patrolling the slopes of Mount Washington, or working in the Battery Shops. I suspect his wife won't see him until the snow is gone.

What's Dan Lefebvre wearing with his hockey gear? Is it some sort of ear protection? "It's a walkman," you say. "Dan, how are you able to communicate with your teammates wearing that? Dan, can you hear me? Turn the volume down Dan."

James Scally is still having a sabbatical over at 442 Squadron. How's it going James? What do you mean, you're not coming back.

The IS techs have a welcome addition to their team. Yvan Cote has been with us for a him last week. He's so quiet Are you guys sure he's an IS

Suggestion Award



Mrs Susan MacKenzie, the BSUPO secretary, pointed out that the typewriter tabs had to be reset every time that a continuation sheet was used with a certain form, as the spacing of the columns on that sheet were different than on the primary sheet. NDHQ agreed with her suggestion that both sheets should have the same layout and granted her an award of \$350.00 LCol Bowes, our Base Technical Services Officer, made the presentation. Courtesy Base Photo

> **Next Totem Times Deadline** March 24th

LOIS ELLIOTT

FOR YOUR NEW OR USED CAR OR TRUCK, SEE THE "LADY SALESMAN"





COMOX VALLEY FORD SALES

334-3161

1742 Cliffe Avenue, Courtenay V9N 2K8

Call AL ROBB to enroll all the forces of Block Brothers Realty to complete your BUYING or SELLING of Real Estate.

ONLY Block Bros. Realty can provide you with

Block Bros. National Real Estate catalogue for NATION-WIDE coverage

MLS Catalogue for local coverage.

FOR PROMPT PROFESSIONAL SERVICE

Call or Write...

Res. 339-3077 AL ROBB Office 334-3111



A WORLD STAGE IN OUR BACKYARD

Expo 86 — it's an exposition, a festival and an

The British Columbia Pavilion believes everyone

should have a chance to participate in this premier world event. That's why we're bringing the whole province into

IT'S A SHOWCASE OF B.C. TALENT

will come alive as thousands of young performers bring the

site. This is our Regional Weeks Showcase - a chance for

communities everywhere to share the spotlight during this

Langley will dramatize B.C. history for our international

guests. A fanciful sea battle by the Small Ships Society

B.C. talent which has already gone on to greater heights. They'll be there too - performing for the world and

> IT ALL BEGAN LAST SPRING That's when we asked community groups and

will demonstrate our marine heritage. There'll be sailboat races, numblers, native dances, and our very own Sea Monster Convention – all in celebration of Expo and the

In the process, we've discovered new and exciting

Epic events such as the historic Fur Brigade from

heart and soul of British Columbia to the centre of the Expo

For 10 weeks this summer, the Host B.C. Pavilion

opportunity rolled into one; a chance for B.C. to take the

stage and share our special spirit with the world.

AND EVENTS GALORE

exciting part we're playing in it.

supported by a cast of thousands!

associations everywhere to build the

Regional Showcase program. They

committees and developing themes

dealing with the unique character

place all over B.C. as thousands of

hopeful performers try out for

the Showcase - and you can

represent our people, history

Because Expo is more

THE HONOURABLE PATRICK L. McGEER, MINISTER RESPONSIBLE

UPDATE

PRESENTED THROUGH MURALS,

DISCOVERY B.C. PAVILION.

SPONSORED BY:

WATCH FOR IT DURING EXPO.

AT THE B.C. REVUE - AN EXHIBIT

AREA TAKING SHAPE AT OUR MAIN

ARTIFACTS AND LIVE STAGE EVENTS

be sure the very best will

and culture at Expo 86.

than an international

for us to share our

with each other.

special province with

the whole world - and

showcase; it's a chance

Now, auditions are taking

responded by forming regional

of each region.

our pavilion during Expo 86.

SPORTS & RECREATION

Sports shorts

INTERSECTION VOLLEYBALL

After a long pre-season double round robin schedule, intersection volleyball started the single elimination finals in early February 86.

The two teams that made it to the championship games the best 3 out of 5 were CE and 407 SAMO.

With CE thought to be the strongest team, a walkover was expected, but 407 SAMO surprised everyone and held their ground for 3 games, yet ended up being defeated.

CE's team was comprised of the following players: Maj Eggleston, WO Buckley, Sgt Hunter, Cpl Taylor, Cpl Mitchell, Cpl Evens, Sgt Carlson, and Sgt Laing.

Congratulations go out to the whole team for a great effort. Also to all the other participating teams for their sportsmanship throughout the season.

SERVICEWOMEN VOLLEYBALL

Another season of volleyball is almost nearing the end. The servicewomen's volleyball base team has participated in the last invitational tournament in Royal Roads Military College in Victoria on Sunday, 9 March 86.

The Base Team won the consolation division against CFB Chilliwack 2 - 0.

Now, there still remain practices for the Pacific Region Championship in CFB Chilliwack on 11 - 13 April 86. Good luck to you, Girls.

TRIATHLON CLUB

CFB Comox will be starting a Triathlon club this year. All personnel who are interested, submit your name to the Base Rec Centre, MCpl J Descoteaux at Local 2315.

The Rec Centre will be holding a meeting on Monday, March 17, 1986 at 1530 hrs.

BASE SOCCER TEAM

After a long lay-off due to inclement weather the Base Soccer Team is back at it, making up the games lost due to the

On Saturday 8 March 86 the team made the long drive up to Port Hardy for a make-up game. With only 10 players, the team gave Port Hardy a hard game, yet came away with a loss of 3 - 2. Goal scorers for CFB Comox were none other than the famous Glen Rooke, who is one of the top scorers on the team. The other goal was scored by Bill Strachan, again one of the top scorers on the team.

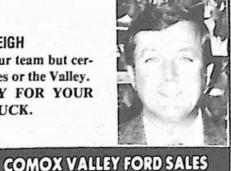
Sunday, 9 March 86 CFB Comox travelled again up to Campbell River to play the Strikers. Strikers being one of the more talented teams in the league walked away with a 4 - 1 win. But Glen Rooke wouldn't let them get away with a clean win and fired one into their net.

The team has been losing players due to courses and postings and are now looking for more talented players. If you are interested, contact Cpl Shanks at Local 2315.

BOB SLEIGH

A new member of our team but certainly not new to sales or the Valley. CALL ME TODAY FOR YOUR NEXT CAR OR TRUCK.

FORD



MERCURY

360 Isl Hwy 334-3161

Pipe Smoke

By Gerry Gerow

Behind my home is a swampy area that, if their calls are any indication, is inhabited by about a million frogs. The frogs seem quite happy, chirping away and enjoying the bonanza of insects that spring brings to the swamp. But it's not all that great for the frogs. Their ceaseless chatter is bound to be heard, and it was, recently, by a beautiful big blue heron. He settled down in the swamp and suddenly things got dead quiet. Then the waiting game began. The heron stood absolutely still, waiting for the slightest sound to betray the presence of a frog and the frogs remained absolutely silent for obvious reasons. The wait lasted over two hours and then I lost interest. I don't know who won out in the end, but when I checked later the heron was gone and the frogs' chatter had recommenced.

We don't see too many herons. Why? Because we're killing them off. Oh, not deliberately, but indirectly we are. We spray the insects the frogs eat, because we don't like insects. Let a person see one insect, and out comes the poison. The frogs eat the poisoned insects, and the herons eat the poisoned frogs. Soon, no more herons. But we didn't really want to kill off all the herons, you say. Similar things are happening all over. In some instances we are even poisoning ourselves. Even this doesn't bother us. It's spray, spray, spray. The makers of these

sprays are laughing all the way to the bank. Every year, by vehicle, boat and airplane, we spread a layer of poison across our environment. Then we wonder where the birds and wildlife went. When will we wake up and smell

XXXXXX

Every year I have to buy licence tags for my dogs. I have never figured out why and I wonder when someone will test this outrage in court. My dogs are never off my own property except on a leash, or when being used for hunting under strict control. Granted, not every dog owner is a responsible person, but why not let them pay for their own failings. Why penalize all dog owners?

No one makes a cat owner buy a licence, and yet these predatory little beasts prowl the neighborhood, preying on birds and small wildlife. How many notice that when a new neighbor with a cat moves into a cat free area the birds start to disappear. Chipmunks and squirrels are particularly vulnerable to cats. It is a shame that we are denied the pleasures of birds and small animals, just because the neighbor has a cat.

Now someone is saying that I'm an anti-cat person. Wrong! I'm simply saying that they should remain on their owners' property in the

Golf News

The winter golf tournament that was played on the 2nd of this month was a great success. 62 avid golfers who supported the weekly happening throughout the winter took part in this yearly event. The weather was clement and the homemade "Chili" after the game was excellent. Before the game we discovered the true character of Wally Berger on the practice green. Wally made an outstanding demonstration of deep concentration when he collected all of his energy and succeeded in breaking his balsa shaft putter in a single attempt. Needless to say, a lot of golfers were impressed. The best low gross score went to Steve Bailey's team (Harry Lewis, Stu Mohler, Jan Verbeek and Diane Bainbridge) with a team score of ± 24. Jim Ferguson's team (Bill VanNess, Art Dreger and Bob Hutchinson) won the best low net with a team score of 204. Many thanks to the organizers (Andy Clark and his committee) for this excellent tournament. The next event, the "Early Bird" tournament, will be held on Sunday the 6th of April, so plan ahead and don't forget to enter your scores on your handicap card. By the way, talking about handicap, if anyone wonders why we have more sand in the trap near the 9th green, well that's because Stan "sandy" Lawless has dropped some from his inflated handicap score. I am sure that by the time you read this article, he will

be a 21 handicap and fading or slicing.

GOLF * JUNIOR GOLF * JUNIOR GOLF * JUNIOR

The Glacier Greens Junior Golf organizers for this season are Bill O'Neil and Wally Berger. This year, the age limit for juniors was dropped to 8 years old so we hope to see more of the youngsters on the course. If you are a junior and wonder what are the playing times for you, here are the times that you CANNOT tee off:

1530 to 1730 hrs or during Business Ladies night.

Wednesday

1530 to 1730 hrs 1530 to 1730 hrs or during Mens Night

1530 to 1730 hrs

1530 to 1730 hrs

No play until 1130 hrs

No play until 1300 hrs No play until 1300 hrs

All juniors between the age of 8 and 12 are restricted to play only during junior hours and must be accompanied by an adult member of Glacier Greens G.C.

Water Awareness week Mar 24-28

SPORTS & RECREATION

Low gross winners

Thursday March 13, 1986



Left to Right ... Diane Bainbridge, Jan Verbeek, Andy Clark (presenting), Steve Bailey, Harry Lewis, Stu Mohler. (Roto Rooter Trophy.)

Low net winners



Left to Right ... Bob Hutchison, Wayne Smith of Pearson Tire, Jim Ferguson and Art Dreger. (Missing from photo is Bill Van Ness.)

Jr. Ranks Club

ENTERTAINMENT

13, 14 & 15 - Band "THE LINK" 21:00 to 01:00 hrs Admission \$4.00

15 March - St Patricks Day Dance

21 March - DJ SUMMIT MUSIC 21:00 to 01:00 hrs

27 March - - DJ TERRIBLE, TERRIBLE, TERRIBLE 21 March - MIXED TGIF

SNACK BAR: 339-4333 ***************

TOTEM TIMES

CFB Comox

DLUMBIA

Visually handicapped children visit Comox

Military Police Donate Blind Childrens Fund



All kids love planes



Six Grand brings smiles all around

Having previously obtained the permission of the Base Commander, Cpl Poll, the MP driving the police car, let the Visually Impaired Children use the siren, flashing lights, the external PA system and the 2-way radio. Just like any kids, they thought this was neat. That's how the Comox Valley visually handicapped children started their visit to CFB Comox on Tuesday 25 Feb 86. On arrival at 442 Sqn, those in the back seat could not get out. The doors would not open. When it was explained to them that this was the way police cars were built to prevent arrested criminals from escaping, again they thought this was

As can be seen by the photos, the visit went very well and the children no doubt will remember CFB Comox for a very long time. The main purpose of the visit was to present the Canadian National Institute for the Blind BC/Yukon Chapter with a \$6,000 cheque. This year's money will be used mainly to fund a summer camp or listand near Vancouver which is in keeping with the purpose of the MP Fund for Blind Children which is to provide the little things the Provincial/Federal governments don't provide in the form of equipment or recreational activities.

In the past few years alone, CFB Comox has helped subsidize the Bowen Island summer camps and in the purchase of Vitreous Infusion Suction Cutter (10,000 from the MP Blind Fund). This unit is utilized for delicate eye surgery and is in current use at St. Joseph's Hospital in Comox; \$3,000 for the purchase of a Visualtek Delux Voyager Model VR-2 (Close Circuit Television System) currently in use in the Comox Valley School District No. 71. This unit is employed as an aid to teach visually impaired children; also a project which is currently being studied is the purchase of two Speech Synthesizers which will aid local Visually Impaired students participating in Computer Science courses. This project will eventually be fulfilled after equipment trials have been completed.

As can be seen, the money donated by the Military Police Blind Fund is put to very good use in the Comox Valley.

As of this past November, the Military Police Fund for Blind Children has reached the 1 million dollar mark. All but \$100,000 of this money has been distributed to needy visually impaired children or institutions throughout the

The visit to our base was the first such visit. We hope to make this an annual event. On behalf of all the MPs, I would like to thank the Pilots, Flt Engineers, SAR Techs, and maintenance technicians of 442 Sqn for their support and for answering all those questions and acceding to most of the children's request even if some of them had to be answered with a no "Can I please start it up?" from a kid sitting in the pilot's seat.

I would also like to thank the Base Foods people for the lovely cakes and cookies. I would also like to thank the base photo section and thanks to all the rest of you who made this visit usch a success. VU 33, get ready for next year cause here we come, sirens blarring and lights flashing!

SECURITAS



Ray points out the finer points of aviation



The good guys ... Sgt Pete Abrams PDSIU Victoria, Capt Ray Cossette BSecurO and WO Doug Anderson CFB Esquimalt.

Courtesy Base Photo

SPORTS & RECREATION

WATER AWARENESS WEEK

WATER AWARENESS WEEK 24 - 27 Mar 86

A Static Display

A static display will be set up in the gym including pamphlets on boat safety, life jackets, safety equipment, boat handling, etc.

Pool Demonstration

A pool demonstration will take place Monday through Thursday at 1130 hrs, involving the following items:

- How to get in and out of a boat/canoe;
- What to do if your boat or canoe tips;
- -How to turn your canoe over;
- How to float;
- How to paddle; and- Proper entry into the water from a boat/canoe.

For further information please call the Rec Centre at Local 2315.

Alcohol

Never mix alcohol and guns: The same holds true for fishing. You need all of your concentration and patience to capture your prize. Alcohol is a depressant which dulls the brain, and increases kidney function. Never stand up

in a boat, especially to relieve yourself. A sudden shift and you're overboard in cold water. Do not become a statistic - take every

Trip Plan

Always file a trip plan with friends, relatives or local RCMP or MPS. If you run into trouble and don't return when you planned, a rescue party can quickly begin to search for your group.

Operating Your Boat Safely

Before starting out, determine the number of persons you can carry safely on your boat.

The Canadian Coast Guard recommends these weight loads, based on the length of your

Overloading is dangerous. The number of persons that can be carried safely depends on the type of boat, distribution of passengers and equipment to be carried. Each operator must know the limitations of his/her vessel.

Length of Boat	Number of Persons (Smooth Conditions)	Max Weight Load
3 M	2	185 Kg
3.7 M	3	260 Kg
4M	4	335 Kg
5M	5	440 Kg



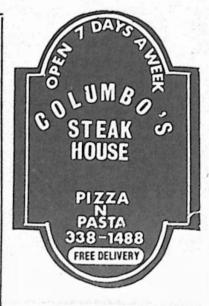
Intersection volleyball Champs

Courtesy Base Photo

Flash

BAMTelO are winners.

Proving that a BAMTelO always gets his mountie, the boys with the electronic shots defeated the Oueens Cowboys 2 games to none in the best of three finals and are now intersection Hockey Champs.





Friday

Sunday

Legion Log

Entertainment

BRANCH 17 - COURTENAY

March 14 and 15, dancing to the music of **COUNTRY CLUB**

March 15 from noon to ???? Giant Auction Saturday

Donations requested. Phone 334-4322 days. March 16--SUPER SUNDAY--Open House, four courses of Chinese food, music, all for \$3.50 each. Members and their guests with

pre-sold tickets. Noon til 6. March 21 and 22 enjoy the tunes of Rick

Friday and and Dee. Saturday

Regular Activities:-

Monday.....Fun Euchre Friday....TGIF & Money Draw

Tuesday.....League Darts Wednesday...Crib Thursday..... Fun Darts

at 6:30 Saturday.Fun Bridge at 12:30 "More Players Welcome"

"JOIN COURTENAY LEGION WHERE THE ACTION IS" SERVING MILITARY PERSONNEL WELCOME

BRANCH 160 — COMOX

Entertainment: Fri Mar 14 Leprechaun Dance - Music by MIXED COMPANY 9p.m. Sat Mar 15 St. Patricks Dance - Irish Stew Music by

MIXED COMPANY 9p.m. Fri Mar 21 Week-end Get-Together Sat Mar 22 Music by THE COUNTRYMEN

9p.m. Fri Mar 28 Legion closed Sat Mar 29 Long Week-end bash 9p.m. Music by BRANDY Sports:

DARTS...DARTS...DARTS...DARTS

Mens League every Monday night. Mixed League every Tuesday night. Open to Legion members and bonafide guests only.

Ladies Auxilliary Bingo - Every Monday night, Upper Legion Hall. Doors open 6 p.m....Early Bird 7.30. p.m. ... Everyone Welcome



AROUND THE BASE

888 Wing — Officers' Wives' Club

888 (KOMOX) WING

Thursday March 13, 1986

Election day at the Wing has come and gone again. Congratulations to John Haughton for accepting the position of President for a second year. John has provided strong leadership over the past year, and his continued support can only enhance Wing efforts.

Although many members of the Executive retained their positions, we welcome those newly elected members, and remind them that their presence is requested at Executive meetings to double-bank with outgoing incumbents. The new Executive assumes authority on August 1st, 1986.

Thanks also to Irish Ireland for looking after the nominating committee and chairing the elections in the absence of immediate past Presidents.

Some Notes: - tickets for the Charter Ball are now on sale at the Wing. This focal event of Wing activities takes place on April 19th, and a seating plan is available at the Wing after you purchase your tickets.

- the Wing is now open on Thursday afternoons. If in doubt, look for the RCAF Ensign. If it is flying, the Hangar is open for business.

We would also like to remind all CF serving members that they are welcome to make use of Wing facilities, and we would very much like to see more of them become mem-

One of our members has received an invitation to attend the second Aerobatic Pilots Reunion in Moose Jaw in mid-October. Is there anyone else in the area going who would like to share travel arrangements and expenses? If so, please contact Bob Hallowell,

386 SQUADRON RCAC

There is no doubt that the Air Cadet organization provides excellent training in discipline and fellowship for the youth of the Comox Valley and Campbell River area. Government restraint measures have curtailed the activities of the cadets, however their sponsoring group, 888 Wing RCAFA, is attempting to overcome these cutbacks. To do this, the Squadron will be conducting a door to door light bulb sale on the evening of Thursday, March 20th. More cars and drivers are needed to help the Cadets, so if you can volunteer, contact Bob MacKelvie at 339-4254. Starting point for the drive is at the Wing at 6:30 pm.

Concerning Squadron strength, 386 is now authorized an increase of one officer, to six and a level of 95 cadets. making the Squadron the second largest in Pacific Region.

Congratulations to our top achiever: L.A.C. Stewart Grimm attained results of 96% on the Flying Scholarship examination. He tied for first place in Pacific Region.

Thirty-eight cadets and three staff will be travelling to Ancaster, Ontario, on March 28th on an Air Cadet "Open House Canada" exchange.

During the weekend of March 1st and 2nd a second standard first aid course was conducted for 21 cadets. All attained St John Ambulance standard level

So, come on all you serving and retired types: join us at 888 Wing in supporting this impor-

Per ardua ad Astra

CLIDDI VI TU SUFFLI LIV.

"Everything For The Builder"

LUMBER - PLYWOOD - DOORS WINDOWS - GYPROC **INSULATION - ROOFING** HARDWAR - MASONRY PLUMBING - ELECTRICAL

- 334-4416 -610 ANDERTON, COURTENAY

"Serving The Island Since 1924"

BIRD

The Officers' Wives Club sent many 'a new woman' home to her husband, following the February "Beauty tips and make up/over night" at the mess on February 19th, thanks to Ann MacDonald and all her staff from Hairport. Everyone in attendance had either; a cut, hair or eyelash coloring, or makeup application done to them free of charge. It was great fun. Thanks Hairport!

March event is entitled "personality plus" (we've all got it -

LIBRARY HOURS

[Back of Building 22]

11 am - 1 pm

6 pm - 9 pm

6 pm - 9 pm

11 am - 1 pm

speaker Liz Wouters, on Wednesday, March 19th, 7:30 for 8:00 pm. Refreshments: pie a la mode and coffee. Cost \$2.00 and guests.

Fashion Show with fashions by D.D.'s; New Jersey Active Wear, Scotch & Soda; Serendipity Boutique, and The Wardrobe, with hair fashions by Hairport. To be held at the Mess on Wednesday, April 16th, 1986. Doors open 7:00

6 pm - 9 pm

let's learn to use it!) with guest for 8:00 pm. Admission by advance ticket sale only. All guests welcome. Tickets are \$5.00 each available from the O.W.C. executive. Call members, \$3.00 non-members Heather 339-6472; Barbara 339-6439, Robin 339-0468, April's event is to be a spring Diane 339-6663, Susan 338-8898 or Tammy 339-5880.

> Models and dressers are needed. If you are interested, please call the Fashion Show Co-ordinator Cindy Riemer at 339-4693. Hope to see everyone there!

CUMBERLAND VOLUNTEER FIRE DEPARTMENT Garage & Bake

Sale CUMBERLAND FIREHALL March 15 - 8 to 1

FREE COFFEE

- Did you know?

Tuesday

Wednesday

Thursday



The normal American woman speaks at the rate of 175 words per minute as against 150 for the average male.



MERCURY

BRIAN HORLEY

As a member of the VIP Team I believe value and service counts. If you want true value & good service GIVE ME A CALL TODAY

COMOX VALLEY FORD SALES

360 Isl Hwy 334-3161

COURTENAY CHRYSLER PLYMOUTH :::

Island Highway North - at the top of Mission Hill, Courtenay, B.C. CHRYSLER

NEW YORKER * E CLASS * LEBARON * LASER

- HORIZON TURISMO
- RELIANT
- CARAVELL
- OMNI CHARGER ARIES
- DODGE 600 DAYTONA * COLT

DODGE TRUCKS & VANS-

MAGIC WAGONS-PLYMOUTH VOYAGER * DODGE CARAVAN

-GQLD KEY LEASING-



RAM TOUGH DODGE TRUCKS '84 KEEP YOUR EYES ON



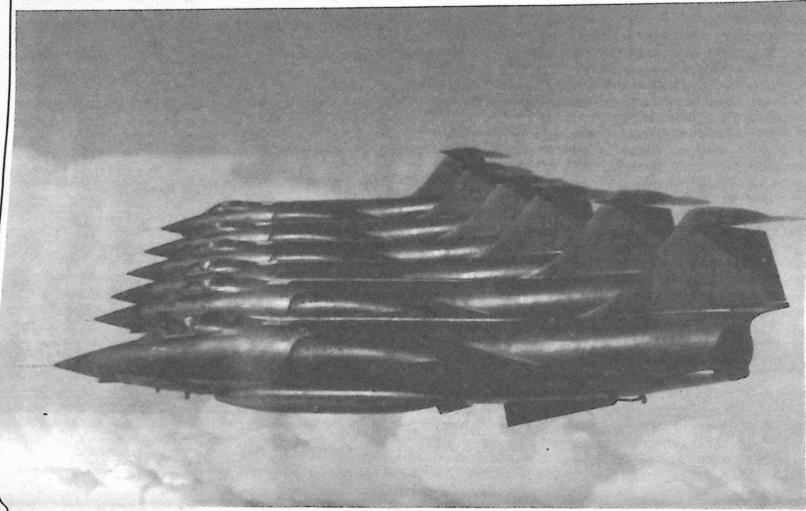
Revolutions

Only Chrysler backs you 1. Engine and Powertrain for 5 years or 80,000 km. 2. Outer Panel Anti-Corresion See dealer for details.

PEOPLE & PLACES

Retiring the lady

CF-104 s fly into the past



1 Canadian Air Group Circa 1979 ... during the glory days

London - Canada flew its last squadron of CF-104 Starfighters into retirement recently just two months short of the controversial plane's 25th anniversary in service with the Canadian Forces.

Praised by some and grimly dubbed the "Widowmaker" by others because of its high attrition rate, the sleek aircraft with its trademark stubby wings was once one of the most widely deployed combat aircraft in the North Atlantic Treaty Organization.

craft, introduced with great early days we had problems be Widowmakers," he said. anfare as a high-altitude inter- with it because it was a new However ceptor in the 1950s, paled as a technology...but they were rec- Canada's loss of nearly half its result of early technical problems. It later sank even good term." further when the aircraft was forced into low-level tactical support, a role for which it was from the Canadian Forces Base never designed.

The Widowmaker tag arose praised the CF-104. from the great number of crashes involving West German at 35,000 feet," Engstad said. planes. So far about 200 of the "The strike role was just right 800 Starfighters bought by the for the 104. She was fast, Luftwaffe have crashed — an responsive at high speeds and attrition rate of 25 per cent.

Although the rate was even really make her talk." higher for the Canadian Forces

- of the 238 CF-104s purchased by the Diefenbaker government startin in 1961, about half have since crashed - many Canadian pilots bristle when they hear the nickname.

"It bothers me very much when I hear that term," says Lt Col George Adamson, Commanding Officer of 441 Squadron in Baden-Soellingen, West Germany, the last Star-fighter squadron.

flown exceedingly well when one considers the large number But the popularity of the air- of hours it has flown. In the

> Lt Col Phil Engstad, in a trition rate." telephone interview last week in North Bay, Ont., also

"She was made for Mach 2 had great visibility. You could

Mike Gaines, a defence

national magazine, says the retirement ceremony. Widowmaker was West Germans and their "really bad safety record."

The Germans didn't have a background in jet fighters and they used two-year conscripts for servicing them." he said.

Tim Rickson, aviation editor for Jane's Defence Weekly, also believes the term "I think the aircraft has Widowmaker, only applied to the German air force."

"Nobody else found them to tified and Widowmaker is not a CF-104s during their 24 years of service "is a rather high at-

The aircraft originally performed a nuclear-strike role for Canada in NATO. But in the early 1970s, the Trudeau government abandoned that mission and the aircraft was switched to ground attack

Until a year ago, 54 CF-104s still flew over West Germany from Canadian Forces Base BADEN—Soellingen.

aviation specialist with the only about a dozen remain ac-London-based Flight Inter- tive in Canadian colors for the

The military began injustified when applied to the troducing the new and more sophisticated CF-18 to Europe last year to fill the gap left by the demise of the CF-104. There are 24 CF-18s currently stationed at Baden, a number due to double by the end of the

Other NATO countries still fly Starfighters, although most, including West Germany, are also in the process of phasing them out in favor of newer

retirement, the CF-104 couldn't avoid controversy. Rather than simply scrap the aircraft, Canada decided to give its last remaining Starfighter away to NATO allies.

Greece turned down the ofbut complained vociferously when Turkey accepted 50 of them - 20 for active service and 30 for spare parts. Although both are members of the NATO alliance. Greece and Turkey are at odds over territorial disputes in the Aegean Sea and over Cyprus. -Courtesy Canadian Press

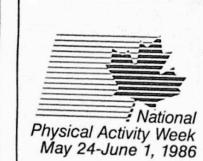
Sports Council

Ottawa - The Canadian Forces are participating now in the biathlon and cross-country run competitions of the Conseil International du Militaire (CISM).

CISM is an 86 member world-wide association composed of the armed forces of various nations dedicated to the promotion of world peace through the development of military sports. The Canadian Forces joined CISM in 1985.

Approximately 30 male and female servicemembers from various bases and units across Canada are participating in the biathlon and cross-country run events, which are being held in Rupholding, Federal Republic of Germany, during February 28 - March 1 and in Algiers, Algeria during February 25-28. respectively.

CISM was founded in Cannes, France, to encourage physical activities and military develop friendly relations between the armed forces of member nations, further mutual technical assistance between members and contribute to universal peace through comradeship and



The fourth annual National Physical Activity Week is a nineday celebration of physical activity, fitness and fun from May 24 to June 1. The goal is to motivate Canadians, either individually or as a group, to participate in activities of all kinds.

Coordinated by Fitness Canada, National Physical Activity Week is the cooperative effort of numerous national sport fitness associations municipal and provincial governments and the corporate sector A wide variety of exciting events and activities are being planned for young and old, the disabled, families, corporate employees and social groups - both on local and national levels.



Saving for your retirement a Registered Retirement Savings Plan can not only help you build for your future and maintain your standard of living during retirement but can also reduce your current taxes. Tax free income as long as your savings remain in the Plan, and in many cases the possibility of income splitting between husband and wife, and also a higher retirement income are possible through an RRSP.

Thursday March 13, 1986

SRRSP

When the SRRSP was introduced 10 years ago it had two primary objectives; one was to promote the accumulation of retirement savings dollars and the other was to provide a safe and easy vehicle by which as many members of the Canadian Forces as possible could participate in such a plan. At that time many companies were offering multiple choices to service members all over the world and there was considerable confusion about the merits of the various plans.

The growth in the number of participants in the SRRSP has been significant over the years. There are now over 13,000 members in the Plan with more than \$230 million on deposit. Most of the funds have been generated through either the deposit of severance pay or monthly deposits via the pay allotment system

Over the past ten years, with interest rates rising from 10% to 22% and now dropping back to 1975 levels, we have seen the importance of planning for the future. For example, for someone who started their SRRSP in 1975 with \$1,000, it is now worth \$2,700, for an average gain of 17%. If \$1,000 had been deposited annually, it would now be worth over \$20,000. If these amounts had been put into a non-RRSP savings program, there would be a considerably smaller available retirement income.

We can now look back and realize that the Plan with its better than competitive interest rates and no fee benefits has provided a more comfortable retirement income to it's many members. We can also see the importance of planning for the future now.

Canada Trust will continue to offer better than competitive rates and superior service to members and former members through the Canadian Forces sponsored service Registered Retirement Savings Plan.

Canada Trust has now opened a branch in Courtenay: Suite 201, 307 Fifth Street---Phone 334-2469

Protection means planning

CANADIAN FORCES UPDATE

PROTECTION

into the plan to reduce rates or

boost benefits. Plus, bulk

buying advantages mean that,

PROTECTION FOR YOU

protects your income earning

capacity. If you become totally

disabled by sickness or injury

for an extended period of time,

benefit is an adjustment for in-

protection. And SISIP may

add further benefit increases

during times of high inflation.

This high benefit level, and ad-

ditional cost of living allowan-

ces are possible because all

"profits" generated by SISIP

are kept in the plan and used to

LTD goes beyond protection

to provide full rehabilitation

counselling, designed to bring

an LTD beneficiary back to a

meaningful and satisfying oc-

cupation by developing his/her

talents and capabilities. The

Rehabilitation Program is

based on close personal coun-

selling by a Rehab specialist,

and full financial support of

the program participant for

educational and re-training

courses, plus interest-free loans

LTD-full and continuing

protection for you, againt ac-

PROTECTION FOR YOUR

for special equipment.

cident or sickness.

FAMILY

your advantage.

protect you.

SISIP-the insurance program now. owned by and designed by Survivor Income Benefit Canadian Forces personnel of-(SIB) will help make sure that fers protection. Protection for your spouse (or orphaned you and protection for your children) are looked after in the event of your death, providing family, for very low cost. SISIP's complete line of life that it was not as a result of an and disability coverages act of war. SIB provides a provide for almost any con- steady monthly income of 50% tingency. And those coverages of your last rate of pay less spousal benefits payable under are constantly being reviewed and improved-on the basis of the CFSA and Pension Act (if your suggestions. SISIP is applicable). And like LTD, SIB tailored to the unique insurance includes adjustments for inneeds of Forces members to flation to help keep your surcomplement government comvivors comfortable in difficult pensation arrangements. As well, SISIP provides income - the plan for family protection if you haven't yet accumulated enough service to Dependent Life (DL) is life qualify for an annuity. SISIP is insurance for your spouse and the right plan for you, at the dependent children with you as right price. If there are fewer beneficiary. The benefit for your spouse under SIB and the claims than expected, any "profits" earned are put back benefit for your children under

> provided at no extra cost. PROTECTION PLUS

SIB, OGTI, and CAR is

as a member of the Canadian SISIP - offers flexible protec-Forces, you're able to get extion to suit you. Optional Group Term Incellent insurance coverage surance (OGTI) is extra, optailored exactly for you at very tional life insurance for those

economical rates. And with the convenience of pay allotment Forces members whose needs the low monthly SISIP for protection are greater than premiums are handled in one that available from SIB. OGTI is available in coverage amounts from \$10,000 to \$150,000 -Your job is to protect your for you and your spouse. OGTI country. SISIP is here to premium rates are excellent and change when you move from

Long Term Disability(LTD) one five-year band to the next. Plus, there's a discount for non-smokers. Coverage After Release (CAR) protects you after you LTD will pay up to a generous leave the Forces up to age 65. 75% of your last monthly pay SIB, OGTI, and all SISIP rate. Also included in the LTD Dependent Life insurance can be converted to CAR without flation-to ensure continued full evidence of insurability up to the coverage amounts carried

> before release from the Canadian Forces. CAR is part of SISIP, and is available at the same low rates as OGTI. OGTI and CAR - more protection when you need it. War Clause provides that

> only in the event of hostilities between major powers will benefits not be paid under LTD, SIB, and OGTI. PROTECTION PLUS VALUE.

Protection means full insurance coverage designed with benefits to meet your needs in

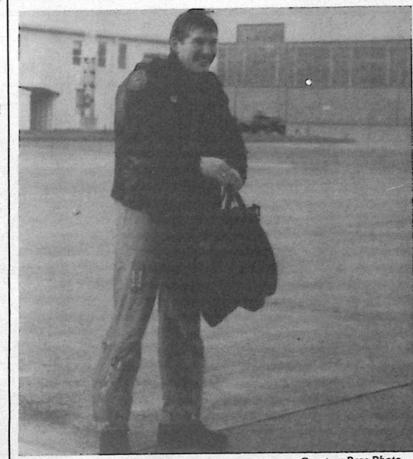
the event of tragedy. SISIP coverages are designed specifically for Canadian Forces personnel and dependents, and are constantly updated to

provide the fullest protection possible.

Protection plus value - SISIP offers both. For more information, contact your unit SISIP Advisor.

Referees best friend....

All wet!



NOTICE OF

Annual general meeting

Comox District Credit Union

> Wednesday 8 p.m. 26 March 1986 "DUSTYS DEN"

BEAUFORT ST. COMOX, B.C.

HARBOUR FIEW **FITNESS CENTRE**

COMOX CENTRE MALL EASTER SPECIAL

Our Annual Membership Fee enables you to keep fit for less than 85 cents Per Day!!

> Get In Shape AT HARBOURVIEW FITNESS CENTRE

Based on single membership our financing plan allows you to pay for your Annual Membership for the monthly cost of \$27.00 (0.A.C.) Call DONNA for more INFORMATION

KEEP A Summer Tan All Year 'Round

TANNING SPECIAL

 $10 - \$50^{00}$

DIET CONSULTANT & 12 MONTH FINANCING PLAN

Looking for male/female Masseuse Therapist and also Qualified Male Instructors.

Call for appointment.

AROUND THE BASE



Advanced training course Front Row, L - R Capt R.A. Prior, WO1 D. Silla, Sgt Dagg, Cpl L. Snowdon, Comm S. Lazoruk, Comm (W) K.J. Taylor, Comm R.E. C.H. Arnold, LtCol W.R. Stewart, Maj J.P.O. Saunders, LtCol J.E. de Hart, Lt C. Johnson, Cpl T.R. Wilson. Hranka, Sgt H.M. Peterson, WO1 R.C. Dossett, WO1 B.J. Reid.

Centre Row L - R: Sgt R.H. Encarnacion, Comm I.M. Tubbs, Comm (W) B.I. R.W. McKay, Sgt H.L. Flager, Comm D.E. Sawatsky, Sgt W. Thomas, Cpl R.A. Paisley-Parker, Capt R.H. Jessome, Comm G.A. Cook, SSgt J.W. Lyndon, Const Bent, Comm B. Harper, Sgt D. Moore, Comm C.C. McKay, Comm R.H. Rick-D.J. Bond, Comm J.B.C. Maier, Const J.N. Smith, Lt R. Grant, Comm M.K.

Back Row L - R: Comm G. Heisler, Cpl R. Hope, Comm M.A. Westby, Comm wood, Comm G. Stevenson, Comm R. Bown, Comm D.J. Conley, Cpl R.A.

Courtesy Base Photo

The Canadian Corps of Commissionaires

IN CANADA

The Corps in Canada obtained its Charter in 1925 at which time three companies were organized; Number 1 in Montreal, Number 2 in Toronto and Number 3 in Vancouver. In 1936 - 37 the Corps was reorganized and spread to all major cities in Canada, each of which had its own Board of Governors, each autonomous but co-ordinated under a Dominion Headquarters.

Today there are eighteen Divisions (Member Corps) and a National Headquarters in Ottawa, these eighteen Divisions are located in;

Newfoundland (St John's), New Brunswick and P.E.I. (Saint John), Nova Scotia

Kingston, Toronto, Hamilton, London and Windsor), Manitoba (Winnipeg), Saskatchewan (Saskatoon and Regina), Alberta (Edmonton and Calgary), British Columbia Esquimalt. (Vancouver and Victoria).

The aim of the Corps is to provide meaningful and respectable employment for exmembers of the Canadian Forand former R.C.M. ces Police.

ADVANCED TRAINING

In response to a Federal Government request that the Corps establish a more active training program, a National (Halifax), Quebec (Quebec and Supervisors' Course was set up. ted by their Commandants.

The first course was run at CFB Some may become supervisors Kingston in 1975, with subbeing run on Canadian Forces Bases across Canada from CFB Summerside to

In 1983 some modifications were made to the course to allow greater flexibility in the Corps training program. The course is no longer specifically designed for supervisors or potential supervisors. It is an advanced training course designed to give Commissionaires an understanding of human relations and problem solving thereby enabling them to carry out their duties more confidently and ef-

depending on the requirements sequent courses, two per year, of their respective Member

> The course consists of a number of lectures followed by a series of syndicate workshops during which problems involving human relations, Corps operations and administration are presented which require the candidates as a syndicate to solve. In some cases they must play the role of a supervisor.

> The subjects covered are: a. Criminal Threats to Security

b. Emergency procedures c. Supervision

d. Human Relations

e. Physical Security Surveys f. Note Taking and Report Writing.

This is the twenty-third cour-

se run by National Headquar-

There are 32 candidates on this course from the following Member Corps:

Kingston, Ottawa Division, Toronto & Region, North Saskatchewan, South Saskatchewan, Northern Alberta, Southern Alberta, British Columbia Corps, and the Victoria and Vancouver Island Division. In addition there are two police constables from the Victoria City Police.

21 - 27 Feb. '86

The Directing Staff are from various Member Corps; on this course they are from National Headquarters in Ottawa, Kingston, Toronto, Edmonton, Calgary, Vancouver and

OFFICERS MESS

fectively. Candidates are selec-

MARCH 1986

ENTERTAINMENT

Fri Mar 14 TGIF (Fish & Chips) Fri Mar 21 TGIF (BBQ Spareribs)

Sat Mar 15 Dinner/Dance & Floorshow Sun Mar 30 Giant Easter Smorgasbord

TGIT Mar 27 (Hot Dogs) Tuesday- April 1 - RCAF Anniversary Mess Dinner

OFFICERS COFFEE HOUR

Coffee will be served in the Lounge every Wednesday at 1000 hrs. Dress will be dress of the day. All Officers are invited to attend.

433 ETAC Retires CF-5

To all ex Ti-Pics who have not yet heard, the flying operations of CF-5 of 433 ETAC ceased on 21 Feb 86. The Squadron is presently planning the closing ceremonies of the CF-5 era to be held at BFC Bagotville on the 18, 19 and 20th of April 86. Invitations will be sent by mail in the near future. Qui s'y frotte, s'y pique! Info: Capt Michel Fortin AV 621-9471

AROUND THE PROVINCE

Did you know? -

"Art is man added to nature."

Maximick Original in Officers Mess

Thursday March 13, 1986



Local artist Bill Maximick presents his "Hawk One" original to Lt Martinello. The painting will be hanging in the Officers Mess along with several other Maximick originals. Mr. Maximick is well known for his works. Courtesy Base Photo

-EXPO Update

Vancouver, B.C. - British Columbia Premier Bill Bennett announced recently that the 1986 World Exposition has now sold and received full payment for 10 million - 73 per cent of the budgeted 13.75 million visits.

The purchaser of the 10 millionth visit — Richard Rozman of Fullerton California - received a telegram of congratulations last Friday from Expo Chairman Jim Pattison, inviting him, his wife and two children to be the guests of honour at a special event celebrating the occasion.

The Rozman family received royal treatment as they arrived at the Vancouver International Airport earlier today. Members of the RCMP were on hand to escort the family to a special ceremony at the Plaza of Nations on the Expo site. Premier Bennett and Expo Chairman Pattison were both present to welcome the Rozmans.

IVANHOE TO BE FLAGSHIP

Vancouver - The historic B.C. towboat "Ivanhoe" will be the flagship of the British Columbia Pavilion at Expo 86, Patrick McGeer, Minister Responsible for the B.C. Pavilion, announced today.

"The Ivanhoe is a living legacy of British Columbia's maritime heritage, something that will be very evident at the Dockside area of the B.C. Pavilion where she will be moored," said McGeer, Minister of International Trade and Investment. She's a very fine example of a vanished breed - the 100-foot wooden towboats that once plied the waters of our coast."

Built in 1907 at Wallace Shipyards in False Creek, the Ivanhoe worked the B.C. coast for Kingcome Navigation Co. Ltd. until 1971, when she was privately sold. Restoration was begun in 1982 by the Ivanhoe Heritage Foundation - a group of boat enthusiasts and businessmen with a shared desire to restore the "businesslike elegance" of her cabins, galley and decks. Through consultation with the former crew and descendants of her owners, this was finally achieved in 1985.

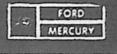
As flagship, the 34-metre Ivanhoe will be available for charter use by corporate participants at the British Columbia Pavilion. Facilities on her three decks include a large lounge and dining area, a nine-seat galley and staterooms.

McGeer said the Ivanhoe will be a key exhibit at the Dockside area of the B.C. Pavilion, where model boat shows, commercial vessels, boat-building displays and a working submarine will by displayed.

TIM KENNELLEY

13 YEARS ON THE VIP TEAM Need a car or truck GIVE ME A CALL New or used, I'm your man





COMOX VALLEY FORD SALES

334-3161



MY 3 6 8 BICYCLES

UNSURPASSED QUALITY FOR OVER 90 YEARS



•Ukai 7C Alloy Rims Sanschin Alloy Hubs with Chromoly Axles

•Shimano Derailleurs

BLACK SICYCLE

Hours: Mon. - Sat. 9 am - 6 pm 274 Anderton Rd., Comox (Strathcona Plaza)

339-5127





COURTENAY HOBBY FARM - Attractive circular driveway leads to this 3 bedroom home that features a living room with attractive fireplace, a family room with efficient woodstove, two bathrooms and an office. The property is fenced, cross fenced with some outbuildings. Offered for sale at \$77.000 BOB KOESTER

RES: 338-1943



HAVE BREAKFAST in your 12 x 30 glass enclosed sunporch with a glacier view. Send your children off to schools right in your own neighbourhood. This fully finished home is immaculate, like brand new and features skylight, orley, upper balcony, private ground floor patio, bright kitchen with extra cupboards, 5 bedrooms, 21/2 baths, fully screened workshop, fenced yard, garden and wood sheds, double driveway.

CANADIAN FORCES UPDATE

ST. MICHAELS AND ALL ANGELS PROTESTANT CHAPEL

CFB Comox Totem Times

BASE CHAPLAIN (P): Major G. Milne CHAPEL: St. Michael & All Angels, Wallace Gardens, Bldg #88 OFFICE: Headquarters, Bldg #45, Room #48; Telephone: 339-2211, local 2273.

SUNDAY WORSHIP: Each Sunday - 1100 hours. HOLY COMMUNION: First Sunday of the month. SUNDAY SCHOOL: From September - May for all children from age three to fourteen.

JUNIOR/SENIOR CHOIR: Commencing in September. LADIES GUILD: Meets once monthly September - June. President: Mrs. Joyce Brown; telephone: 339:2685



OUR LADY OF THE SACRED HEART CHAPEL CFB COMOX, B.C.

BASE CHAPLAIN (RC): Padre J. Dabrowski CHAPEL: Our Lady of the Sacred Heart (on Base) OFFICE: Headquarters, bldg #45, Room #48; telephone: 339-2211, local 2274

MASS SCHEDULE HOURS: Saturday - 1900 hours. - 1000 hours. Week Days - 0900 hours. BAPTISMS & MARRIAGES: By appointment - notice well in

advance please. CATHOLIC WOMEN'S LEAGUE: Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. (No meetings during July/August). President: Mrs. Edna Sinclair, telephone: 339-6883.

PARISH COUNCIL: Second Wednesday/month at 1300 hours in Parish Hall.

CATECHISM CLASSES: From September - May in the PMQ School

CFB COMOX MILITARY **CHRISTIAN FELLOWSHIP**



Meetings held from Monday to Thursday from 1130 - 1230 hours in the R.C. Parish Hall next to the Tennis Courts.



FUTURE PARTIES



FOR ANY OCCASION REQUEST LINE 339-6662

RES: 819-770-4239

Canada Trust Realtor

DANCE MUSIC



Communications system



CANAC/MICROTEL CONTRACT SIGNING CEREMONY The Canadian consortium of CANAC Consultants Ltd., of Montreal, and Microtel Limited, of Burnaby, B.C., has been awarded a \$268 million defence contract to supply a satellite-based communications system for the North Warning System (NWS). The contract was confirmed by Associate Defence Minister Harvie Andre (left) during a contract signing ceremony at Microtel's research facility, Microtel Pacific Research. To witness the event, Mr. G.A. Franklin (center), Executive Vice President Operations Microtel Ltd. and Mr. Mirto De Pellegrin, President and CEO of CANAC.

Contract awarded to CANAC -

Microtel of Burnaby B.C. have been awarded the creation of long-term jobs in British Columthe defence contract to supply a satellite-based bia and in Northern Canada" added the Memcommunication system for the North Warning ber of Parliament for Cariboo-Chilcotin, Mr. System (NWS).

The NWS communications will be based on large terminals located near the Region Operations Control Centres in North Bay, Ont. This defence contract will provide on-site communications at the long and short-range radar through the economy for many years to come." including on-site controllers, slow-scan television, radio beacons, trollers, slow-scan television, radio beacons, concentrators and multiplexers in addition to the ground terminals. The contract will also provide for the operation and maintenance of the NWS communications system from 1987 until 1992.

Mr. Andre said, "As an integral component of the North American Air Defence Modernization (NAADM) program, the project will enhance Canadian sovereignty in the Arctic and will contribute significantly to the joint defence of North America".

Baffin Island and 36 unmanned short-range in Canada and abroad, and is an example of radar sites in addition to providing NWS com- cooperation which could be followed by other

CANAC Consultants Ltd. of Montreal and "This contract will also play a crucial role in Lorne Greenaway. An estimated 2,100 direct and 3,150 in-direct person-years of employment will be created.

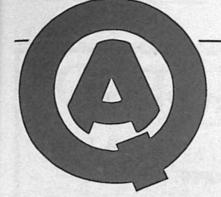
The president of CANAC Consultants Ltd., the Canadian ANIK satellite system and connect Mr. De Pellegrin said, "We are proud to be a ground terminals at each radar site with two part of this vital project because of the many benefits it will bring to Canada, and to the Canadian North, in particular. The gains from this contract should continue to reverberate

> As a result of this project, approximately \$30 million will be invested in the North, a technical training facility will be established in Yellowknife, N.W.T., and employment will be generated for northern residents.

> This contract is expected to have an impact on the research and development in the high-tech communications and systems engineering fields

The president of Microtel, Mr. Robert Alexander, said that CANAC/Microtel represents the most diverse pool of telecommunications consulting experience in any single organization in Canada. "This contract is a chance for Canadian companies to expand their Under the NAADM agreement, the United marketing horizons. Neither we, nor our partner States will provide the radar equipment and CANAC, could have handled this project alone. Canada will build three new manned long-range The partnership approach to tackling a project radar sites on the East Coast of Labrador and of this magnitude will help us in the future, both munications, system integration and project Canadian companies." (Canadian Forces Photo by Sgt J.F. Smith)

SECTION NEWS



Quality

Assurance

It is ironic, isn't it, that a few days after 'Flight Comment' (No. 5, 1985) appeared in circulation with an article about turbine intake danger areas, a civilian fuel tender operator with ten years experience in the job was fatally ingested by a CF-18 at Bagotville.

No matter how old and wise we get, a split second's worth of inattention to proper procedure can cause a personal and technical disaster. CFTO C-05-040-006/TS-001 warns personnel not to enter an area Let's be careful out there!

within 25 feet of the intake MORE AND MORE OF LESS when the engine is at intermediate or AB power, and 8 feet when at idle (for CF-18 s), in an arc of 220 degrees.

A recent message advises all units (VU-33 and 407 Sqn in our case) who handle transient CF-18s, that the nose gear grounding point, which is outside the engine danger zone for idle RPM, should be used in normal operations. No matter which aircraft you approach:

AND LESS

Something we are noticing

more and more after our first round of section inspections, is that we are making fewer obervations. Does that mean we are getting slack in QA? No, an observation is a written comment on a situation that does not conform with regulations and procedures. Some sections are so well run that no observations are made at all. Others. which have the potential for hazards and improper

procedures, suprise us by receiving such minor observations as, "Extraneous material in UERs, or. "Red tincture not removed from first aid kit as per updated checklist." Such sections deserve a "Good Show."

A sign posted in many offices these days is,"The World needs more Lerts." Since complacency is the antonym for alertness, it must have impressed most of us who attended the recent Flight Safety have had!

Briefings that, for those who always use The Book, never get careless, and are noted for their attention to the task at hand, the flaming pyres of aircraft accidents are also never on their conscience. The price in lives and dollars is only one consequence of not being alert. Try carrying guilt around.

OA Comment

In China, at one period, there were 3000 rules of conduct to be learned and obeyed. What a QA Section they must

SERVICE DIRECTORY

GOODS GROCETERIA

P.O. BOX 190, LAZO, B.C. VOR 2KO

MEAT SHOP

339.3800 RED & WHITE

FOOD STORES



TIRE STORES

TELEPHONE 338 8200

OUR TIRES GO AROUND WITH THE NICEST PEOPLE

971 CUMBERLAND ROAD JOE PARKINSON COURTENAY, B.C.

MARKET TRAVEL WORLDWIDE **Professional Travel Arrangements**

Diai 112-800-232-9294 (harpe) 549 England Ave., Courtenay, B.C. V9N 2N2 across from the Bank of Nova Scotia 604-338-1474

LAWSON ELECTRONICS

338-6631

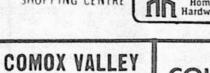
478A 5TH ST. COURTENAY B.C.

service for all makes IV, Stereo & Microwave Ovens Warranty Depot For Most Major Brands Sales & Service For Auto Stereo, Marine VIII., C. B's, Depth Sounders, Zenith '.V.

COMOX HARDWARE LTD.

A COMPLETE LINE OF HARDWARE PAINT APPLIANCES AND FISHING TACKLE

SHOPPING CENTRE Home



Elliott

COMOX MINI WAREHOUSE

Lock It

- Store II

CLOSE TO THE BASE & TOWN

* Security * Supervision

Knight Rd. & Pritchard Rd. Comox B.C. 339-3424



OLYMPIC STAINS CABOTS STAINS SHERWIN-WILLIAMS PAINTS SIKKENS STAINS VALSPAR STAINS PHONE

339-3711

COURTENAY BC

Ready Mix Concrete Sand and Gravel Trucking Cement Finishing

Drain Rock Loaders

READY-MIX LTD. LUMBER CUMBERLAND, B.C. PH. 336-2218 QUALITY SERVICE

120 ISLAND HWY. COURTENAY, B.C. 338-6788

COURTENAY SUPPLY 338-7261

BRANCHES IN CAMPBELL RIVER & PORT ALBERNI



SEASIDE MOTORS

SERVICE SALES PARTS ALL VOLKSWAGENS

430 Puntledge Avenue

Courtenay, B.C. PHONE 338 6791



BAPCO PAINTS

INTERNATIONAL

JOSO COMOX ROAD

MARINE PAINTS

C.I.L. PAINTS

'Bicycles, Tricycles and lots of accessories' Full repair service

PEDAL PUSHER

NOW OPEN AT OUR NEW LOCATION - 137 - 5th St. -BELOW THE MAIN CIVIC PARKING LOT 334-4845

Cochrane

Cindy

SHEADLOCKS Family Hair Care NTHE OLDESTONS BUILDING REDKEN

NO APPOINTMENTS uite 206 Mon-Sat 9-5 07 5th St

338-8812

AROUND THE BASE

The Fishwrapper visits E.W. Bickle

Ninety-five years....



Composer Don Guilbeault of EWB explains to Totem Times' Norm Blondel the operation of computer laid out advertising, while tour guide Beverley Edwards (NI Advertiser) listens in. Pat McElroy Photo

Totem Times were among the approximately 100 visitors to the modern printing plant of E.W. Bickle Ltd. at McPhee and 17th St. in Courtenay on February 26. The occasion was the 95th anniversary of E.W. Bickle Ltd. printer to the Totem Times for 26 years.

Norm Blondel and Michel Cordeau were given the tour, a layout sketch. Print and picstarting with an introduction tures are called up from the by Phil Bickle, Publisher and President, and conducted by Bev Edwards, who is advertising manager of the North Island Advertiser, one of the many newspapers printed by EWB.

The complex is an efficient mix of the old and the new close by the computers and word processors of the editorial department, are drawers of "hand grab" type - the individual letters, made of lead, which are still used for special machine was removed less than they print better - and the

MERCURY

over by the word processing and computer system.

highly skilled, nimble fingered printers who operated the linotype machines, now work with a computer graphic display, assembling pages of advertising with a light pen and computer, where it has been fed by other expert staff, and assembled on a large screen. When the compositor is layout to film. Another deparnews, headlines of the news portion. Type styles and sizes are selected from the computer EDITOR'S NOTE: On our

printing jobs. The old linotype change the pictures to dots —

DAVE GARLAND

New To The VIP TEAM

But has many years experience of

Vehicle Sales. Take advantage of

my knowledge.

CALL ME TODAY

COMOX VALLEY FORD SALES

(1964) LTD

334-3161

Two staff members of the a year ago, its function taken image is then transferred to a sheet of thin, coated aluminum. This becomes the printing plate for the Goss web The compositors — those offset printer, using three

> colours and black for the final Throughout the tour, which was extended to three hours for our two reporters, the entire staff was friendly and very patient, considering the number of questions they had to handle. Handle them they did, and we would particularly like to thank Bev Edwards, Don Guilbeault, Debra Martin and satisfied, he transfers the Grant Lawrence for an informative and rewarding aftertment assembles the columns of photographs and

The film is processed to the E.W. Bickle organization

26th we would like to extend a great big big birthday wish to on their 95th....Congrats! G.M.K.

-Did you know? -

-Norm Blondel



The Spanish explorers in the New World thought smoking tobacco a headache remedy.

BLOCK BROS.

BUYING OR SELLING YOUR HOME OR PROPERTY.

FOR: PROFESSIONAL SERVICE, COURTESY AND PROMPT RESULTS CALL

TOM PROCTER RES: 339-2668

> OFFICE: 334-3111 10 YEARS REALTY EXPERIENCE AND SERVICE TO THE SERVICES IN THE

> > COMOX VALLEY.

CALL ANYTIME.



Thursday March 13, 1986

BAR AND GRILL

OPEN TO 7 EVERY EVENING

Our Facilities are available to all Base Personnel and Dependents. We are open for lunch every day (but the gourmet soup sells out early). Cable TV is now available. We are the Base experts in recycling DND dollars.

Call us the BASE SOCIAL CENTRE

CALL US THE GOLF CLUB but for Advanced Bookings or Queries DUE CALL. Local 2592

PRO SHOP OPEN SATURDAY, MARCH 15TH



Do you find teenagers scary?

eenagers are not as frightening as many people imagine. They have the same basic needs as all people. They need love and understanding. They need to feel

Least basic needs as all people. They need love and understanding. They need to teet they belong, that they are special.

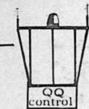
There are teenagers in this community who need foster homes for a while. If you are willing to provide a temporary or long-term home or a room and board situation with some supervision for a local teenager please contact your local Ministry of You could make a difference in a teenager's life.

For information please call the FOSTER CARE WORKER at



BECOME A FOSTER PARENT

SECTION NEWS



As The Beacon Turns-

Capt Mike Fournier on TD on leave until April. Good from Goose Bay. He is presently checking out as a terminal controller. Capt Paul Anderson is returning the favor as he is going to Goose in the middle of April on TD to check out up there. Then later this summer. they will change postings. We welcome back Cpl Melissa Cave, Pte Lorraine Comeau. Vermeulen and congratulate them on the successful completion of their TQ3 course. Lorraine will be starting her check out immediately

work, ladies!!

Sgt Don 'Red' McLean will be going to Operation Boxtop with the Trenton Quad Unit. Since the ATCCU was Don's previous posting, he has done this operation before and he knows that this is a 'cool' exercise. Operation Boxtop is the controlling of numerous airlifts between Thule, Greenland and

On a sombre note, Joyce Forsythe, who worked as the

The ATC Section welcomes while Melissa and Sandra are ATC section secretary, passed away on the weekend. We offer our most sincere condolences to her husband Don, eldest son Kevin, twin daughters Kim and Karen and youngest son Ken.

The rainy season is here now, which to Aircrew and ATC to it, they will circle and then personnel means bird problems. The seagulls are the main concern as they enjoy roosting on the pavement of the runways. Many hours are spent trying to scare the birds off. Ops 8 driven by OCdt Rob Dimmer and Sgt Neil Garlough use the wail and screech siren to Demons in the semi-finals

PROPERTY

MANAGEMENT

334-3124

PARADISE PRODUCE

Two locations to serve you bet-

In Comox

1744 Comox Ave.

339-4131

In Courtenay

2885 Cliffe Ave.

(In Front of Zellers)

Specializing in high quality

fruits and vegetables. Open 7

RIVERSIDE PARK

RENT REDUCTIONS

Does Your Rent Include?

338-1446

nesday is 10% discount day.

and dryer in all 2 bedroom units.

- fireplaces and large balconies

-party room with wet bar and ping

PHONE: 338-7973

"Best value for your

rental dollar"

Custom Property

MANAGEMENT LTD.

-11/2 baths with Jucuzzi tubs

-saunas and exercise room

-excellent view suites available

pong

If not -

-swimming pool

-free cablevision

-extra large suites

-rents from \$380.00

scare birds, sometimes to no avail. They just received a new tower shotgun that fires special cracker shells. The shot goes into the gathering and then explodes. We are one up on them right now but as they get used land on their original roost.

Where did the "Birdman" go? Many thanks to Capt Pete 'Hammer' Foley for his time and efforts in making the ATC/MP Orca hockey team season a good one. The Orca's last game was against 407

where the Demons prevailed 8

Pte Paul Fleury received good news last week that his wife Brenda is pregnant. Paul has been seen around the section in stitches.

The tower has become a 'redlight' district. On a directive from Air Command, whenever there is vehicular traffic on the runways, a portable flashing red light will be turned on. This is only a precautionary measure thinking of everyone's safety.

Classified

RATES

Effective February 24, 1986 ALL Insertions will be \$3.00 per column inch.

Ski Mount Washington, 2mid-week rates. Special Telephone 338-8114. Sundays and after 6 call 339-7493 or 338-5253.

BATES BEACH RESORT & 2 Bedroom furnished apar ments. Waterfront. Heat & Hydro included.

From \$285.00 Call 334-2151 or 338-0501.

Owner Transferred — For sale 26" RCA Victor TV. \$50.00: 16 cu ft Moffat Chest freezer. \$75.00 Collectors Item - 1969

MACH 1 Mustang. As is Tel. 334-2918 evenings.

Customers Waiting

We have ready made Customers waiting for your ...such as...Good clean Motor Homes, Travel Trailers, Trucks, Van Conversions, Cars, 5th Wheels, Boats.

We have the finest exposure on Van Island. We have full time, live-in

security. FREE pick up and delivery anywhere on Van Island. Open 7 days a week for your inspection.

Consign with us — with a guaranteed payout price in

Lantzville Recreation Centre Ltd.

6 miles North of Nanaimo with 600 units sold last year. Phone 390-3441 Dealer 7363

Electronic Technician with electronic organ repair experience. Transportation a necessity. for this part-time position. Sommers Piano & Organ Sales & Service. Telephone 338-8434.

Courtenay Yamaha Centre Sales, parts & Service 2440 SOUTH ISLAND HWY **COURTENAY — 388-5055**

NOW OPEN

Be sure your home and belongings are properly insured. See-

BOB EMMERSON Nanaimo Reality Insurance Courtenay, and call 334-3124 or home 339-5259

BUILDING MATERIALS

Lumber & Plywood Panelling - Arborite Doors and Windows Builders Hardware - Tools etc. Electrical and Plumbing Supplies Paints and Finishes

Roofing - Siding Cement Department Truck Delivery Customer Financing Central Builders 610 Anderton Avenue Phone 334-4416

Luxury Home, 2,000 foot grass air strip, 6 bay hangar, located in Merville, B.C.. Home interior, natural cedar. 1 fireplace, 2 wood heaters, propane furnace, 4 bedrooms, 3 bathrooms. Large kitchen, Citation cupboards. Full basement, recreation room, large workshop, Carport, Satellite dish, Pool Table, 2,700 sq feet total. 64 acres. Price \$225,000. Courtenay Vancouver Island - 337-5188 or 337-5395.

Support NANAIMO REALTY RENTAL DEPT. Advertisers 576 England Ave. **PROPERTIES** AVAILABLE

Dick's **Quality Meats** TWO LOCATIONS TO SERVE YOU BETTER Corner 29th St. & Island Highway Courtenay, 334-3200 and

Our

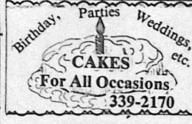
1745 Comox Avenue Comox - 339-3100

Complete line of Grade "A' Alberta beef, pork and poultry Freezer orders of custom cutting our specialty. Every Wednesday 10% discount off counter prices.

Antique and Collectible Sale

Thu Apr 3 9:30 - 9:00 days a week, 9-6. Every Wed- Fri Apr 4 9:30 - 9:00 9:30 - 6:00 Sat Apr 5 Sun Apr 6 12:00 - 5:00

Driftwood Mall, Courtenay



AARAN HOUSE Spacious 1 & 2 bedroom apartments available now in this nearly new building. Suites are bright and clean and include large fridge and stove and are

> 1 Bedroom from \$320. 2 Bedroom from \$345.

close to town.

(After Rebate) \$30 rebate on 1 bedroom 60 rebate on 2 bedroom Call Gordon or Edna Brady at 338-1624 Managed By West Coast savings Real Estate Division Ltd.

Going Concern **Fully Equipped** Lease with Option To Purchase Get Ready For EXPO

2270 CLIFFE Ave. Courtenay, B.C.

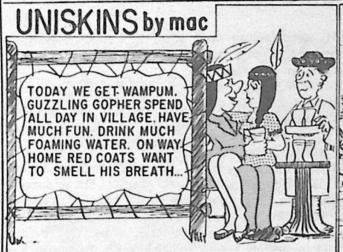
FARMER DAN'S **Produce Grocery**

Ideal Family Business

FARMER'S MARKET V9N 2L4 --------

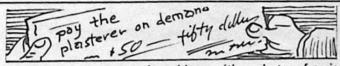
Remembering "Mac" on our 26th

CFB COMOX TOTEM TIMES - Thurs., October 3, 1968









An irate taxpayer recently paid up with a plaster-of-paris check weighing several pounds.



SERVICE For your next vehicle LET ME HELP YOU

14 YEARS OF VIP

COMOX VALLEY FORD SALES

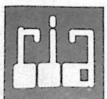
"A Band for All Reasons" **Good Music at Reasonable Prices**

For Bookings Please Call Gord Kruger 339-4389

Accounting Technologist

This spring, qualify for a better accounting position by taking the S.M.A. Accounting Technologist Program. It was developed to satisfy a need in the work-force for accounting para-professionals and designed to be completed while you work at your present job. As an Accounting Technologist, you will be able to offer employers a solid understanding and practical knowledge for intermediate accounting positions. And, the diploma meets the entrance requirements into the RIA Professional Program.

The enrollment deadline for new students is March 14, 1986. For more information contact The Society of Management Accountants of B.C., Box 11548, #1575-650 W. Georgia St., Vancouver V6B 4W7. Tel. (604) 687-5891 or Toll Free 1-800-663-9646.





Next Totem Times Deadline March 24th





Budget information

Toll free. 8 am - 8 pm weekdays. EDT.

Or you can pick up a copy of any one of our 5 pocket-size booklets at your local participating Supermarket Information Centre or InfoPlace Mall Distribution Centre.

Canadä



Department of Finance Ministère des Finances Canada

Canada