



# TOTEM TIMES



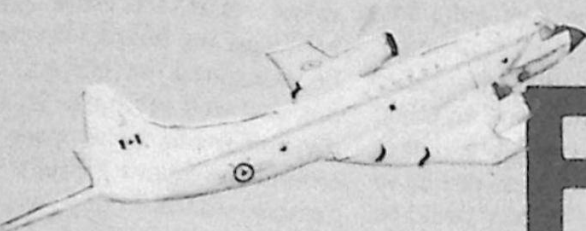
Vol 27 No18

CFB COMOX TOTEM TIMES

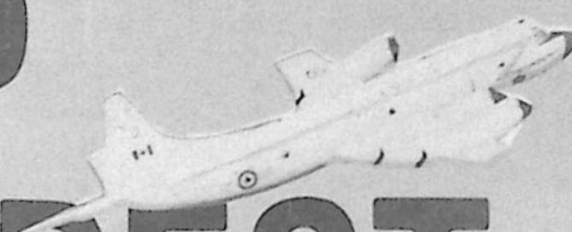
Thursday October 10, 1985

Deadline is Monday October 21, 1985

Cost: Priceless



## FINCASTLE '85 SUB-BUSTERS ARE BEST



*Bagby's boys prevail to win first ever for VP407*

For the first time in the history of VP-407, a Demon crew has earned the coveted Fincastle Trophy, marking Antisubmarine Warfare excellence and supremacy. This elite international ASW meeting annually witnesses fierce competition waged by the Royal Air Force, the Royal Australian Air Force, the Royal New Zealand Air Force, and of course by the Canadian Armed Forces. The win, which will repatriate the trophy after a four year absence from our shores, was announced by Head Demon—LCol Terry Rogers during an early morning phone conversation from Kinloss, Scotland.

The Fincastle Trophy was originally presented to the RAF in 1960 by the late Mr and Mrs Aird White in memory of their son, Sergeant Nairn Fincastle Aird White, who was killed-in-action in 1943 while serving as an Air Gunner in the RAF Coastal Command. The competition was originally run from each country independently, with the results being sent to a committee in London where they were analyzed and judged. In 1971 the Fincastle was developed into its present format — that is, sorties flown from a common venue and rotating through the participants. Each crew flies one day sortie and one night sortie. The crews are also assessed on a variety of skills demonstrated in their individual presentations at a tactical symposium. It is interesting to note that Canadians have won the Trophy five times in the twenty five year Fincastle history. Two of these five wins have been ushered in during the brief period since the CP-140 AURORA was brought on line.

This year's winner, Crew Three, demonstrates a radical change in the nature of the crews which prevail in the VP community today. Where yesterday's subhunter was often equipped with a decade of ASW tactical know-how, as well as thousands of hours in various types of patrol aircraft, today's trend leans toward a younger, less experienced airman. The average age of our competition crew is twenty seven, and the experience level in VP flying amounts to an average of 1100 hours. The



Crew Commander, Lt (USN) Cal Bagby, is the only member of the crew who has had previous patrol experience. But don't be fooled by the numbers! What these fellows lack in years, they easily gain by their initiative, their energy, and their diversified origins. Picture this mosaic if you will: Cal Bagby from Red Bluff, California; Ron Stecum from Gosford, Australia; Dennis Sawatzky from Bistkoff, France; Rick Sponder from Hudders Field, England; Claude Mackay from Goose Bay, Labrador; and Jake Southern from Cumberland, B.C., to mention only some of those involved.

The crew's first victory was won within 407 Squadron early this year when they clinched a spot to represent the Squadron in the national ASW competition for the O'Brien Cup. In Greenwood, Nova Scotia they handily bested the East-coast contenders and earned the right to represent all Canadian VP Squadrons at the Fincastle Competition staged out of RAF Kinloss, Scotland. It is important to note that this type of selection typifies the methods followed by all the participating countries. The result — an exciting event manned by the very best crews that the respective countries can field. Truly, the winners of this contest have uncovered a fortuitous blend of skill, experience, and yes—luck. Of course, all the skill and cunning in the world amounts to nothing without a serviceable aircraft with which to demonstrate these talents. Crew Three was able to succeed in Greenwood and Kinloss because of the superior efforts expended by the Competition Ground Crew. Their attention to detail did make an important contribution to this victory. In fact, none of this would be possible without the widespread support so enthusiastically offered by all CFB Comox supporters.

So, warmest congratulations to the Competition Crew, and welcome home! To the victor go the spoils.

The Sub-Busters will be arriving home this Saturday, October 12, at 1630. All personnel are welcome and indeed encouraged to come out and participate in the welcome.

### The Air Team

Lt (USN) Cal Bagby  
Capt Ralph Southern  
Lt Chris Ketelapper  
Capt Ken O'Brien  
Capt Sam Ness  
Capt Ron Stecum  
Lt Dennis Sawatzky  
Maj Rick Sponder  
WO Rick Kidlark  
WO Ron Gibson  
Sgt Claude MacKay  
MCpl Keith Rodrigue  
MCpl Terry Leslie



Courtesy Base Photo

### The Ground Team

Sgt Jack Campbell  
Sgt Chris Stoyles  
MCpl Serge Peters  
MCpl Ron Gouglas  
Cpl Juan Trescher  
Cpl Garry Grass  
Cpl Frank Boyer  
Cpl Bud Peters  
Cpl Brad Morris  
Cpl David Colquhoun  
Pte Mark Wells

### — CONGRATULATIONS

On behalf of the men and women at Canadian Forces Base Comox we would like to extend our heartiest congratulations on a job well done.

—Bravo Zulu—

....The Editor & Staff





# Section News

## Promotions



Fred Johnsen to MWO

LCol Bowes &amp; "Friends" presenting



Ray Lapiere to Sgt

LCol Brown presenting

## Base Supply

Supply! Supply! Supply! Everyone's favorite people. 'Once again glisten the pages of the Totem Times.

Well we'll start with the bad news. Clothing stores is doing a wall to wall stocktaking. What a way to spend a weekend. One last bit of bad news is that Shelly is going down to meet Hutch, who is coming off course. Of course this is not bad for us but, poor Hutch. NOW for some juicy gossip and a few interesting questions. Who will do Donna Middelbrook's Income Tax? Darrel's going to Germany, is anyone else? Brad Lourie's wife is away and he has had to take care of the kids and of course the dog. The kids are no problem but, the dog is walking a thin line. On Nov. 8 a moment of silence will be given for Dan Martin, who will be lying in hospital somewhere with sprains, getting his jaw broken. Good Luck Dan. Just a few Bye's and Hi's. Goodbye to Mr. Wally 'Wobbly' Berger who has remustered to navy

and is now working with his 'mate' Adam in Quadra. John Ewert who is better known to most of us as 'The Bird' or better yet 'Tiny Tootsy's.' But we'll really miss you John. Best of luck.

Cpl Hutchinson (that's the her of the him and her Hutch's) is on her way for a JL Course. Good Luck Shelley. We know you can do it kiddoe. Welcome back to Ray Robert or because there's so many NAVYboys (and girl) welcome

aboard. Also George Orbell who has assumed Barry Brown's (the constitution kicker) position in General Stores. Welcome George. Cpl Buxcey's hubby is back, so all keys distributed during his absence can be returned to the LPO section. Pte. Heath's boyfriend is back and all of a sudden, like some kind of miracle, the phones in 5 Supply group are no longer busy. Smile on Kim. Sgt. Channen says he likes the idea of getting an Army Uniform to wear. He has already ordered his pace stick. On amore serious note

we turn our attention to the sport. The Annual BTSO slow pitch tournament was recently held and in the semi-finals Supply Team No 2 overwhelmed Supply Team No 1 with a squeaky victory of somewhere in the neighbourhood of 82 to 1. Then the Supply Team trudged forward to overtake the Fire Hall, in probably the best and closest game in the history of the tournament with a score of 7 to 6. Congratulations to all the players and supporters. Oh and to all the guys who were on the Fire Hall team thanks for being tired.

Trivia Time. Why is Lt Russell smiling?

- a. the Budget has balanced;
  - b. he is moving into the MCO's position;
  - c. his new daughter Sarah Ashby born 22 Sep at 1822 (6:22 pm) weighing in at 6lbs 4ozs; or
  - d. all the above.
- The answer is obvious of course, congratulations Neville and Lori. And many, many, many more. THAT'S IT FOLKS. J.R.L.C.



## 442 Squadron

The past two weeks have been rather quiet for the Snakes of 442 Sqn. Capt Marv Macauley and crew returned from their northern trainer unscathed. Donations are being accepted to purchase a wallet (and chain) to replace the one that Marv misplaced.

Maj Lantnier and his Lab crew also made it back, though word has it that his crew had to physically restrain him to prevent him from boarding another cruise ship (legend has it that a few years ago he was spotted waving frantically from the stern of the SS Rotterdam as it headed north out of Juneau. If it hadn't been for a passing tug, it's anybody's guess where he'd be today.

Another Law crew went up to Masset for a very exciting PEPEX (ha!ha!). We are happy to report that their engineer recovered quickly after his argument with an errant rotor blade.

The operational SAR scene has been relatively quiet also, although

a Buffalo crew was kept quite busy the last weekend in September. Saturday evening they were called upon to check out a flare sighting. One thing led to another and they eventually ended up crew resting in Prince George. 'Crew rest' could be a misnomer — however as a Beta Sigma Phi sorority convention was being held at their hotel. We trust that they behaved as the gentlemanly snakes that they are. Their complaints at a Met briefing on Monday were understandably not given a lot of sympathy.

On Sept 30 a Lab crew got an opportunity to perfect their hide-and-seek technique. Launched to airevac an injured logger to hospital, they apparently came dashing (helicopters dash?) around one side of a hill into the logging camp as a civilian Bell-206 that had just "scooped" their patient vanished around the other side of the hill. Great timing Garry!

A few days later, 442 Sqn had an opportunity to work together with 407 Sqn when a Panamanian con-

tainer vessel, the Palm Ace, had a crewman on board that needed to be evacuated to hospital from a position well offshore. By the time the Lab managed to work its way around the island through very inclement weather the vessel was approximately 160 nm from Port Hardy. Meanwhile, an Aurora, callsign MQ-250 had taken up station overhead the vessel to provide homing and communication assistance to the Buff and Lab. Scuttlebutt has it that the crew of MQ-250, who were providing heading input to R-307, owe the FO a case of beer over a wager as to the exact course to fly to the vessel in question. Squadron rivalry is one thing, but sending a helicopter off to Japan is quite another! On a more serious note, the Squadron would like to take this opportunity to thank the crew of MQ-250 for their very fine assistance.

Well folks, that's it for this edition. Be careful out there, and fly safely.



## Demon Doins

The news media has once again made budding stars of one of the fighting Four-Hundred and Seventy's aircrews, as a CBC crew tagged along with Crew 5 on their recent NORPAT, and I'm sure that the Emmys will be plentiful for the crew next spring. Best performance by a long in the tooth Tacnav would have to go to Maj Bill Mazey for his outstanding comedy routine at the briefing. Best performance while flying an airplane would be Capt 'Chuck' Ellis, who proved that pilots DO NOT have to look out the window while flying, and a special Schenley Award must go to Capt Deutsch for the Best Tackle in an aircraft, after attempting to level the cameraman. Mike claimed later it was because "He wasn't filming my best side!". Autographs are by appointment only now, and the show is expected to be released in video in time for Christmas. They,

like Crew 6 before them have embarked on a promotional tour down east, starting in lovely Downtown Greenwood.

Crew 6, miffed by the lack of media attention given them lately, decided to leave town and be 'at one with nature' for a few days on a SURVIVALEX. Reports back say they did in fact survive, although many 'replenishment' trips to the Campbell River Trading Post were required. It was said that in an emergency the crew could have been located in the woods simply by following the 300db Country and Western music, or by watching for flares on your approach to runway 29. The much advertised Outdoors Mess Dinner was said to be a great success and is being considered to become an annual event.

The Crew 7 'Moosemen (I think that's what they're calling themselves this week) have announced

they are throwing a Halloween bash at the RCAFA on-you-guessed it — October 31 commencing at 1900, lasting until you are 'MOUSED OUT'. Costumes are mandatory — NO Boy George or Prince costumes please. Crew 7 also wishes to announce they have ready made crew crests for sale — CHEAP. I take it EWE didn't like them? (sorry).

Crew 2 recently returned from an OMS/FDS session and found themselves a new Tacnav in Training (no acronym) in the form of Capt Bill Bowers, who has recently graduated from the MOAT, after being posted from CFMWS. Bill has already been seen around squadron talking some kind of down east dialect with Maj Bishop. Welcome to Lotus Land Bill.

Well that's all for now folks, until later keep your flaps flapping, your computers computing, and your lures deep.

## As The Beacon Turns

are Dave Jensens mugout which will be on the 17th of October and not to far away the section Hallowe'en Party at the Lion's Den on the 2nd of November. Tickets are still available from your areas entertainment representative.

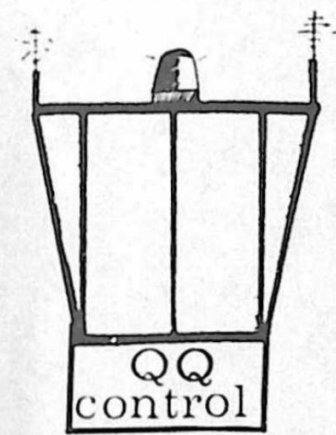
Sgt Don McLean is the ATC Canada Savings Bond representative and Lt Jim Hutton is the ATC United Way fund raiser. Both are getting good support from the section.

Last friday Cpl Warren Webber

left for the PAR course in Cornwall and Sgt Phil Nakashima will be departing shortly for the SIT 1 course. We are awaiting the arrival of Cpl Melissa Cave from MSE on the 14th of October for her transition to the Air Traffic Control environment. Also Darlene and Kathy are going to Victoria for an exciting weekend to relieve some of the OJT pressure.

Is it true Dale that you miss those cats?

RIF



This past week the ATC annual golf tournament was held at the Glacier Greens Golf Club. The day turned out perfect. The weather was good, sunny with a slight breeze and great participation from the section. Many interesting and amusing scores came in after nine holes completed. There was a three way tie for top honors after the Calloway system was used. Gene Graham, Arnie Mathus and Kevin King all shot a 74 but Kevin won because he birdied the ninth hole. He won the infamous Golden Balls and Arnie received the Silver Ball for his par of the same hole.

The Gravel Pit II is under renovation once again. Sgt Neil Garlough and brother Paul with a lot of section assistance poured the concrete steps leading to this magnificent structure. The next major item to be completed is the hot tub.

The section hockey team is coming along quite well thanks to the organization of Lt Pete Foley. The ATC Team made up of ATC and MP personnel should make an almost undefeated combination this season. Entertainment functions this month



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## October 1985 OFFICERS' MESS

COMING EVENTS: NOVEMBER 1985 TBA

GREY CUP

### OFFICERS COFFEE HOUR

Coffee will be served in the Lounge every Wednesday at 1000 hrs. Dress will be dress of the day. All Officers are invited to attend.

Fridays 11, 18, 25  
REGULAR TGIFs

Food as indicated 1700-1800 hours.  
Free taxi. Ask at Bar.

### OKTOBERFEST

SATURDAY OCTOBER 19

A combined Oktoberfest will be held in Hangar No. 3 at 1800 hrs. Cost per person \$10.00. Tickets may be purchased at the Mess.



Coming Events — Navy Day, Grey Cup.

## M.S.E. Driver Safety

### What would you do?

You're running 80 kph in the No 2 lane of a four-lane divided highway and the hood of your car flies open. What should you do?

- ☐ Check rear view mirror for traffic. If clear hard brake, stop quickly, fix hood.
- ☐ Brake gently to slow. Stick head out of left window to see ahead, signal, ease right and pull off highway to fix.

Answer on page 11.





## VU33 Squadron

Relax Cold Lake, It's now all back together.



VU-33 Maintenance Crew displays what happens to what was a perfectly good T-33 before it was sent to Comox for periodic maintenance. Maintaining the Birds from "Cool Pool" is a primary responsibility of VU-33.

### VU-33 AIRCREW

VU-33, a continuing class act, held a send-off luncheon for the 407 'Sub-busters' (or was that Ghostbusters). This apparently was the only official function showing the Base's support for the Demons in Scotland. The luncheon included the usual VU-33 wine labels, formal flying suit, good food and mediocre speeches. The next class act will be a squadron, all ranks mess dinner commemorating the Tracker and T-33's 25th year of service.

Dave 'P.U.T.S.' Gibson left the Navy leaving through their code books during a MARCOT Tracker flight. Thinking he was transmitting on intercom, Dave broadcast his lost Cherry Blossom to the world. I'm certain the exercise was almost halted to commence a search for the delinquent candy!

The moustache growing contest between Nip Owing and Tuck Hacorn has heightened. The boss' boss was inspecting the goods using that excuse to kiss any man with a moustache. Cathy found Rollie's growth to be the softest while the CO's appeared bristly and just about cut her upper lip. Owing, however, seems to have pulled ahead of Hacorn. When asked for his comment, Hacorn stated 'the ragged blossoming moustache gives me that youthful dashing look I have longed for'. You'll have to kiss them for your opinion.

Mountain Mike's Travel Bureau hit new heights last week. It seems, unbeknownst to the adventuresome young pilots, that a gay time awaited them in McChord. The first recommendation was a \$10.00 taxi ride to downtown Tacoma to some waterfront eateries. Twenty

one dollars later the troopers landed at the preferred restaurant to find spilled water, flying utensils and chopped (or was that top) sirloin. After breaking the piggy bank getting down to this wonderful area, the pilots found a 35 cent city bus ride a little more reasonable. We waited for a transfer in downtown Tacoma in a gay part of town and finally arrived back on base after a two hour experience. If you're ever in Tacoma, go visit the Polar Bear club and especially the Ice Berg Bar. (highly recommended by Mountain Mike's Travel Bureau).

ANKR 99

### TECHSIDE VU33

What is round, grey, wet and glitters when the sun is shining? I don't know but it is not Dave Coyne's gold pan!

Alas, another two weeks have passed and there is still no news about VU33 "6-49ers" winning the jackpot but don't despair as long as Ken Forsey is still there.

Something should be said about the Squadron football team, although we are not quite sure what. Just to confirm the rumour: Yes we did get a touchdown last week. After a spectacular drive down field John (don't stop me now) Reimer took the pigskin over the line for the big points.

Not to worry we might lack it on the grass, but when it comes down to hockey we don't sit back on our —! The team is already on the ice and is shaping up nice (I couldn't resist that one). We have lost some substantial talent since last year but this can be made up for in drive (and we still have Clive). A new face on the bench this year, imported from Edmonton — Weiner Hay, his experience at being

an oldtimer should help when we face the ancient ones themselves.

A word to the wary "to heed would be wise, We'll score goals in a flurry In our new disguise.

According to Harry Weeds, the bowling team got off to a somewhat shaky start, not being sure whether high scores or low scores were better. Once Lyle McManus went on course the team shot up from murky depths to better more than half the teams. Rumour has it Lyle is soon going on another course, who do you know Harry?

Pat Lemieux has moved into the squadron supply liason's job. After a somewhat confusing week, Pat seems to have things under control — at least we have pens once again. (By the way that is a polite term for squadron scrounge.)

Courses: Wayne Hay, Clive Webb and Alain Ladouceur are all blessing Shearwater with their presence. Last heard from, Wayne was on the waterfront taking pictures of some minor hurricane.

We were told John Dimock came home for a few days from Kingston where he has been studiously taking his POET course. I cannot really confirm this as Bev wouldn't let him out of the house ...May...June...July...August...I can't say I blame her.

Randy Arrowsmith was going to be sent on his Battle Damage course, but after seeing repairs to his truck we have nominated him as chief instructor. Now if he could only learn to drive.

By the way Pete Morro, I'm not going to mention your name this article. You have a two week reprieve.

R.B.



## BAMSO News

### A WORD FROM THE BAMSO

Faithful readers of the BAMSO NEWS will remember that barely a year ago there was no BAMSO NEWS column. I would like to thank Capt Bob Williams for getting the column going and all the writers who have contributed for their shops. I, for one, have thoroughly enjoyed reading your articles. Keep up the great work. Somebody's going to have to tell me what the Penguin Club is though.

Faithful readers will also have noticed that we now have a badge at the head of our column. The art work and most of the ideas that went into the badge are the product of the talents of Cpl Karen Stockklauser of IE/IS Labs. We think it represents pretty accurately the broad range of support that all of you in BAMSO provide to the aircraft of CFB Comox, not to mention to the base itself. Thank you all, and we thank you Cpl Stockklauser for our crest. We hope that soon we will have a cloth badge for wear on work dress.

### BAMSO NEWS

Things have been quiet for the last week or so and the writer was unable to gather a lot of news as he was on temporary duty for a while in Victoria. One thing he did note though is that the quality of cookies sure has improved since the orderly room staff started providing those niceties for us. You sure do a good job of cooking Anndalyn and I am really impressed with the trouble you go to to provide such beautiful serving dishes.

Mike has been away on TD for so long we almost forget what he looks like. Funny, but we never forgot what Darlene looked like when she was away. Monty learned that skate is a good eating fish but sorry to say that he found that out after he threw a rather big one back into the pond. Said he didn't have room in the boat. Bob caught one of the bigger fish he has ever caught but I wouldn't dare publish the size for everyone to see. Still speaking of fishing, we can't forget to mention that the boss appears to finally be getting the hand of west coast fishing or that Larry is well organized and decided to put his boat and fishing gear away for the rest of the year and to spend time reading up on how to catch salmon to be prepared for the next season. Sure would be interesting if I could

publish the cost per pound of all of the fish caught by the upstairs BAMSO staff this year. How about it guys, or are you afraid to figure it out.

This week, in addition to our regular columns, we have an input from Major Monahan, our Base Aircraft Maintenance Support Officer. But first of all we will hear from the shops starting with —

### BASE PHOTO

They finally let me out of the dark to write another of my newsy little articles for our much loved newspaper. First off let me say that our hearts go out to Private Rob Granger, a fellow Photo Tech, who is in hospital recuperating from injuries sustained in a motorcycle accident. Get well real soon Gumby.

Our fearless leader, Doug Slauenwhite, has returned from his connector repair course in Greenwood. He played in a golf tournament while he was there and managed to come third. My! My! My! He says he enjoyed the Maritime sunshine and good lobster but didn't enjoy losing his luggage on the way back.

Gilles is all finished at the P.N.E. He met lots of interesting people, including Steve Fonyo, but says that the highlight of his trip was meeting Miss P.N.E.

Tammy's beau has gone home and Tammy is back to work. I must say, however, she looks more tired than before her three weeks of R & R. I notice she is wearing an extra ring on her left hand. Does this mean anything significant? Tell me truly Tammy.

Base Photo has entered a team in the mixed bowling league. So far it's fun. Everybody is having a good time and improving their averages. Everyone except me, that is. If I could just quit bear walking I'd probably have it made. The name of our team is "The Flashers". Personally I think we should have been called "Doug and The Slugs".

Anyway, that's about it. Take care until the next time.

### BRAKE AND WHEEL

Pierrot Larrivee has acquired a new addition to his impressive collection of expensive "Toys for big boys". His latest addition is an ultra light aircraft. Pierrot invites all of his fellow aviators to drop by for a simulated demonstration flight. With PER time drawing close it has been noted that Pierrot has been "hanging around" the section a lot more. When one of the "more mature" members of the section was offered a ride he replied "No thanks, flying is for the birds".

In other section news Dave Devries is back with us after a short stay in 442 Squadron. He has taken over as coach of the Base Soccer Team and keeps looking for someone on the base called Pele.

Gerry Bodner recently joined us from 444 Squadron in Lahr and is already planning a Christmas trip back to the "Fatherland".

Caroline is starting a correspondence course to become a dental assistant and Sgt Ted is leaving for back to back courses in Borden and Trenton.

The only news from Doug Poole is that he still has a yen to play golf in China when he retires.

See you all next time with more exciting news from Brake and Wheel.

### WORKSHOPS

"As The Machine Turns" now bids farewell to yet another member this year; Cpl Frank Thalhofer, the one who recently remastered. He will be on his way to CFB Shilo by the end of October to bang dents out of tanks, in his future endeavors as a 441 Tech.

With the cut back in staff at Workshops the machinists have volunteered to help out with the duty crew. To this the metal workers give magnanimous thanks, as this will give them a much needed break.

Trade gossip is away down as none of our people made it to the twelfth annual shop reunion in Trenton this year. We do have local gossip though. WO Terry Orcutt and his wife are now the proud parents of a new baby girl and MC-pl Ken Ferr made his 2000 Km Aerobic Certificate.

Congratulations to both of you. Terry now has two certificates and jumped out of a perfectly good aircraft last month so you will have good company if you go Air-borne JC. MWO Win Dryden is off to Winnipeg for a conclave on the remains of the 561, 562, and 563 trades and to help work out the future of those trades.

The last bit of news is the promotion of our last private who is now Cpl Shawn Elliott. Congratulations to you too Shawn.

### NAVCOM LABS

Anyone who has ever written a column before will understand how difficult it is to open one without sounding redundant. This article

however, will not be an exception. To put it mildly, life in NAVCOM Labs has been mundane during the previous six weeks.

Some of our 'supertechs' have returned from afar. Marc Neumann was on a dangerous mission at the PNE. He gave us a thorough debrief in which he emphasized the inevitable inflight incidents which occur on the roller coaster. Sylvie has returned from her resort stay in Borden which preceded her compulsory R & R etc. Clif returned back from Greenwood to find that George had moved back into his old office. (Nice try Clif, but George found the elevator just wasn't going anywhere as an office). John has completed his liason duty for MARCOT. Our American friends are definitely grateful John, but why do they keep asking about your pink Eldorado?

And some of our supertechs are still afar. We finally found Dave Maloney. He is reluctantly in Penhold on his Junior leaders Course. Dave you should know that a flat tire at the ferry terminal is not grounds for a course cancellation. Joe Glidden is back to Cold Lake on yet another course. We suspect that is the location of the secret Penguin Club's headquarters.

Something suspicious is going on because Joe always comes home just long enough to recruit a bunch of unsuspecting penguins, (or should I say pigeons?), before returning to Cold Lake. The rigorous initiation does not include subversive brainwashing but something much worse...sake! ("A Japanese fermented alcoholic beverage made from rice").

That completes the here and there portion of our article and now its time for the up and down section. In our midst we have four, count them, four gimps: Bob Gauvin Harold Peacock, George Stecko, and Carl Charko. They all claim that their injuries were due to unforseen accidents but we strongly suspect that they all made a pass at the same girl. If Charko continues to purposely break his cast we are going to be led into believing that he has a thing for one of our Medical Assistants.

Now we get to the best part of any article...the gossip section. Bruce Aitken, a fairly new RS Tech here, claims that there are so many discrepancies between the working of Comox and Chatham that he is contemplating a remaster to administration. (We can't keep him out of the BAMSO Orderly Room.) I suppose I should mention something about RTT. Something about RTT (yawn). Ed Note: You take a lot of flak RTT. I'll give you equal time if you want to write a column.

Another bit of juicy gossip floating around the rumour mill is that now that Deb Burns outranks Steve Walters, Steve has revamped his plans and is now going to spend Christmas in Mexico with his lizard. Now to worry Deb, Mexico is not really the best place to go visiting this year (earthquake season).

Finally we must not forget to welcome our new tech, Cpl Gilles Hamel, to our happy little family. Gilles is a Telecom remaster from Nanaimo. Our shop has already seen the benefits that an experienced electronics tech (who has obviously seen the light) has to offer.

And there you have it. Another exciting, action packed, fun filled article. Stay tuned for our next report which will include excerpts from the Johnson's shower and baby draw as well as Duane York's farewell from NAVCOM and bachelorhood party.

### Retirement



Mr Bill MacVicar

LCol Bowes presenting



# Editorial

## Kids & safety

It's on the decline! The good news is that we are losing less and less of our Kids to accidents. But the bad news is that we are still losing them — one is too many!

Latest statistics show that all categories of child accidents are down. However, the ever present motor vehicle accident, still seems to haunt us with higher than acceptable numbers. Almost one half of all accidental deaths of children are due to traffic related situations.

The Canada Safety Council's theme for '85 is "To make life last, put

safety first" and the campaign to save lives is being emphasized during School Safety Week from October 17th to 23rd. The theme quite simply serves as a reminder of the benefits that result from being safety conscious and making safety a priority.

Make your kids practice the rules of safety and you as parents should ensure that the roads are made safer for children. We at the old "Fishwrapper" have emphasized the whole concept in this issue. We hope that we can help drive the point home and do our part in keeping our kids alive.

G.M.K.

### TESTING OF FIRE HYDRANTS — PMQ AREA

The Base Fire Department will be carrying out hydrant flow testing in the PMQ area on Thursday 17 October 1985 between the hours of 1700 hrs and 2200 hrs. PMQ residents may experience some discoloration of their domestic water supply during this time.



## Young Offenders

Your 14-year-old granddaughter is charged with stealing a pair of jeans at the local shopping mall. She's been picked up and brought home by the police before but this is the first time she's been charged.

This, according to Dorte Pittaway of the John Howard Society in Nanaimo, is a fairly representative picture of how a young person ends up in the alternate measures program she manages, the Neighborhood Accountability Board.

When a young person is charged with his or her first criminal offence, a prosecutor will sometimes permit the young person the option of being screened out of the justice system and into an alternative measures program.

This practice is encouraged by the Young Offenders Act, the federal law covering crimes by 12 to 17-year olds. The Act says that young people who break the law should be handled outside the court system if this is possible without risking the safety of the public.

In B.C. only about 50 per cent of young offenders charged actually end up in court.

According to Pittaway, most of the young people in her program are male, 14 to 16 years of age, and have average marks at school.

Their most common offence is shoplifting or theft under \$200 of such items as clothing, food or cigarettes.

"But there's no easy composite picture," she adds. "We've had kids from every social and economic group."

Alternate measures programs typically involve a commitment on the part of the young person to live up to certain conditions, such as doing a certain number of hours of free labor for a local charity, apologizing to the victim and staying in school. Likewise, the young person may be referred to alcohol and drug abuse counselling.

Whatever alternative measure is chosen, it cannot be more burdensome than the penalty the young person might receive if he or she goes to court. B.C. policy sets out that no alternative measures program may last more than 3 months or involve more than 50 hours of community work.

In order to take part in an alternative measures program, the young person must admit responsibility for his or her offence. This admission, however, cannot be used in court. The young person has the right to talk to a lawyer before agreeing to take part in alternate measures and, as well, may insist on going to court and having a trial.

"The important thing," says Brian Pollick, Senior Project Officer with the Attorney General of B.C., "is that alternative measures provide an opportunity to voluntarily repair the harm. The truth of the matter is that most kids are 'accidental offenders'. They do something stupid once."

"Our experience is that the vast majority of young people complete their agreement and feel good about it," he says.

According to Pollick, the re-offence rate for young people who've gone through the alternative measures program is only about 12 per cent, compared to 28 per cent for those who have gone to court.

The provincial government, he says, has made funds available to such non-profit groups as the John Howard Society and the Elizabeth Fry Society so that they can operate alternative measures programs in 30 communities throughout B.C.: "Certainly every major town has one and so do many smaller ones," he says.

Pittaway describes the John Howard Society program in Nanaimo: "Very few refuse the offer to take part," she says. "And, although told of their right to counsel, most accept the program without speaking to a lawyer."

Parents of the young person, she says, are stunned and grateful that alternative measures exist: "They usually can't believe the offence has taken place and they're grateful that alternate measures are available and that their child is not going to have a criminal record."

"Once the young person has agreed to take part, my co-worker or I arrange for an accountability panel of three volunteers from the community to meet with the young person and his or her parents. The volunteers are trained in the panel process and come from all walks of life. We have homemakers, business people, nurses, college students and others offering their time and experience to the young people involved."

The panel discusses the offence with the young person and his or her parents. If you work with young people, you realize that adults often lecture them rather than discuss concerns with them so, when you have four adults seriously listening to you, it has a lot of impact."

"If someone's attitude is poor, we talk it out with them," she says. "If peer pressure is at the root of the problem, we try to get them to think about whether a real friend would encourage them to get in trouble with the law."

Once the panel has discussed at length with the young person the causes of his or her behavior, Pittaway says, it recommends a course of action by which the young person can make amends. Called restitution, the activity may involve doing community work up to 50 hours duration, apologizing to the victim, repaying the victim for damages caused, thanking the arresting police officer for recommending alternative measures, or writing a research essay.

According to Hank Mathias, Project Director of the Young Offenders Act, Corrections Branch of B.C., "What you're looking for in kids is that they understand the effects of their behavior."

A requirement to apologize to the victim, he says, can be very effective because it forces the young person to meet his or her victim. A requirement to compensate the victim for the damage done likewise forces the young person to realize the consequences of his or her behavior.

An apology or compensation, Mathias says, can also benefit the victim, especially if the victim is elderly: "Elderly victims often become very fearful after the crime," he says. "They may be unable to sleep or cope with living alone. But it's often the case — if we can control the situation — that they're willing to meet the offender. When they do, they don't feel quite so cut off from the justice system."

By Gordon Hardy of the Peoples Law School.

### Alternate measures

## Letters

Ref: Air Force Trivia - August 29th issue.

By chance I happened across your Trivia picture and noticed a much younger Jack MacKay.

What: Pilots of 442 and 444 Squadron (F86 Sabre era) — Back Row - Miller, Ron MacQuiggan, Jack MacKay, Chire Liners, Rod Violette. Front Row - Gary Brooks, Ron West, Bob Hallowell, Gord James, Ron Glen.

Where: Taken at 4(F) Wing, Baden Baden prior to leaving for Norway for flypast (attached) 3 June '62.

Why: 50th Anniversary Aviation in Norway - I think?

When: 3 June '62.

NOTE: The CF 100 Crews were not included in the photo as being unnewsworthy.

Sincerely

Jack MacKay

Retired

Editorial Note:

Dear Jack:

Your writing is still so atrocious that I allowed 'Jock MacKay' to go through as Jack MacKay. Serves you right!

The group picture taken at 4 Wing prior to departure included the CF-100 crews. This photo was taken at Rygge the day we put on the Sabre show at Gardemoen.

What is an old fighter 'Jock' doing in Grand Forks?

Your friendly proof-reader

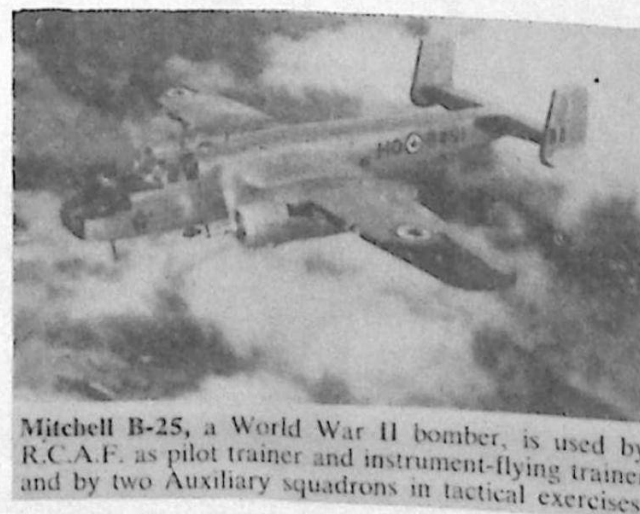
Bob H. Ex-422

## Air Force Trivia

What? Where? Why? When?



Answer from last issue



Mitchell B-25, a World War II bomber, is used by R.C.A.F. as pilot trainer and instrument-flying trainer and by two Auxiliary squadrons in tactical exercises.

## TOTEM TIMES

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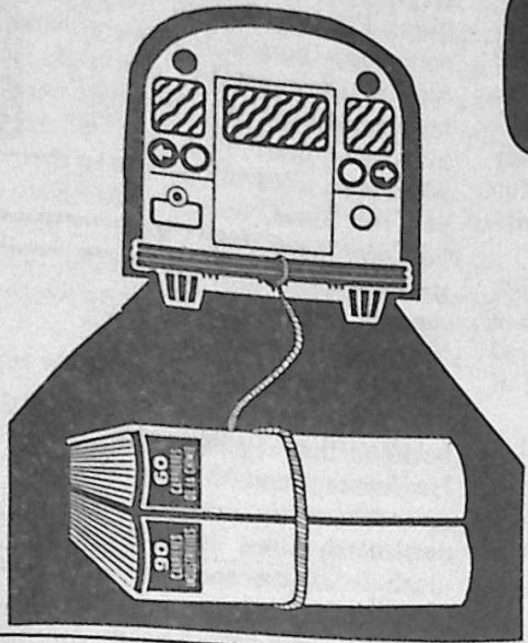
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# School safety week

## October 17 to 23<sup>rd</sup>



*To make life last, put safety first*



### STATISTICS SHOW DROP

Statistics just released by the Canada Safety Council indicate the number of children involved in fatal accidents has been dropping steadily over the past ten years. The latest figures available show that 784 children under 15 years were killed accidentally in 1983, compared with 1,850 in 1973, and this has caused the accidental death rate per 100,000 population in this age group to drop from 29.4 to 14.4 in the same period.

With one exception, all major categories of accidental deaths to Canadian children have shown significant decreases over the past decade. The greatest percent change was among machinery and equipment related accidents which dropped 68% from 1973 to 1983.

Some of the contributing factors that account for the lower number of accidental deaths to children include: the introduction of legislation pertaining to child automobile restraint systems, child-resistant containers, and hazardous consumer products; increased public awareness to the causes of accidents; the introduction of school safety programs which address attitudinal and behavioral patterns conducive to safety; and improved treatment facilities and rapid professional medical response to accident scenes.

Motor vehicle traffic accidents continued to be the leading cause of accidental death in 1983, accounting for 41% of the total. Drownings are next at 17%, followed by fire (13%), suffocation (11%), motor vehicle non-traffic accidents (5%), industrial-type accidents (4%) and falls (3%). All other causes of death are relatively minor, each comprising less than 3% of the total.

As part of the Canada Safety Council's work in public education, the Council sponsors an annual School Safety Week campaign held each year from October 17 - 23. The campaign provides information to educators to enhance their safety programs and requests support from the media to draw attention to child safety issues. The theme for 1985 campaign, "To Make Life Last, Put Safety First", serves as a reminder of the benefits that incur when we make safety a priority.

### TEEN DRIVERS AND PASSENGERS AT HIGH RISK

The Canada Safety Council estimates that only 35 percent of teenage drivers and 40 percent of teenage passengers always wear their seatbelts; compared to a national user rate for all drivers/passengers of 53.3%.

Because the use of seatbelts has been shown to significantly reduce the likelihood of serious injury or death in a motor vehicle collision, Dr. R.A. McInenly, Co-ordinator of Program Development for the Council, urges all parents and teachers to reinforce the value of seatbelt use during this year's School Safety Week campaign, held October 17 - 23.

McInenly stresses that an increase of 10 percent in teenage belt use could potentially save over 40 lives per year. "Seatbelts are one of the most effective safety devices for reducing teenage death" McInenly states that "it's a sure-fire way to protect yourself from serious injury against other drivers over whom you have no control."

The Council is currently undertaking research to determine why teens do not wear seatbelts as frequently as other age groups.

Hey kids! The Canada Safety Council is always trying to get motorists to slow down to make roads safer for children and grown-ups, but drivers need your help too. Always watch for cars and never take chances on the street.



October 17 - 23 is School Safety Week and the Canada Safety Council says, "To Make Life Last, Put Safety First". This message is brought to you by the Canada Safety Council and this newspaper.

### PRACTICE TRAFFIC SAFETY WITH CHILDREN

For many children, the day begins with a walk to school. For most, this is a time to get together with classmates, to exchange stories and lunches. But for some, the walk to school is marred by tragedy. Approximately 100 young pedestrians of ages 5 - 14 are killed each year in this country; many more are injured, some resulting in permanent disabilities.

Unlike the adult's, a child's peripheral vision and body co-ordination have not yet fully developed. These physical disadvantages, when coupled with a lack of experience in judging a vehicle's speed can make the traffic environment a hazardous place, especially if the child does not possess a sound knowledge of the rules of the road.

October 17 - 23 is School Safety Week and the Canada Safety Council urges all parents of young children to take this opportunity to review, model and practice the basic rules of traffic safety with their children:

- Look all ways before stepping off the curb. Do your own looking — don't rely on the person ahead of you;
- Don't jaywalk. Cross only at intersections or at midblock crosswalks where drivers will be more alert to pedestrians;
- Walk, don't run, when crossing the street;
- Where there are no sidewalks, walk in single file off the road pavement on the left side, facing oncoming traffic. In this way, you will be able to see oncoming vehicles and, if necessary, step to the left out of their way;
- Where there are traffic lights, obey the 'WALK' and 'DONT WALK' lights;
- Keep away from parked cars. Stress that children should never accept a ride to school from a stranger, even if they are late or have missed the bus. Explain that strangers can be old or young, male or female and that sometimes people will try to lure children with treats or false excuses (i.e. "Your mother asked me to drive you home");
- Play in safe places, away from traffic;
- Ride bikes safely and obey all signs and signals;
- Know the Block Parents homes in your community. These are places where children in difficulty can seek refuge;
- Wear a seatbelt at all times while riding in the car;
- Secure retro-reflective materials to outer wear (i.e. school bags, running shoes, jackets, rainwear, bicycles). This is recommended to make children more readily visible to motorists. Retro-reflective tape can be purchased at most hardware and sporting goods stores.

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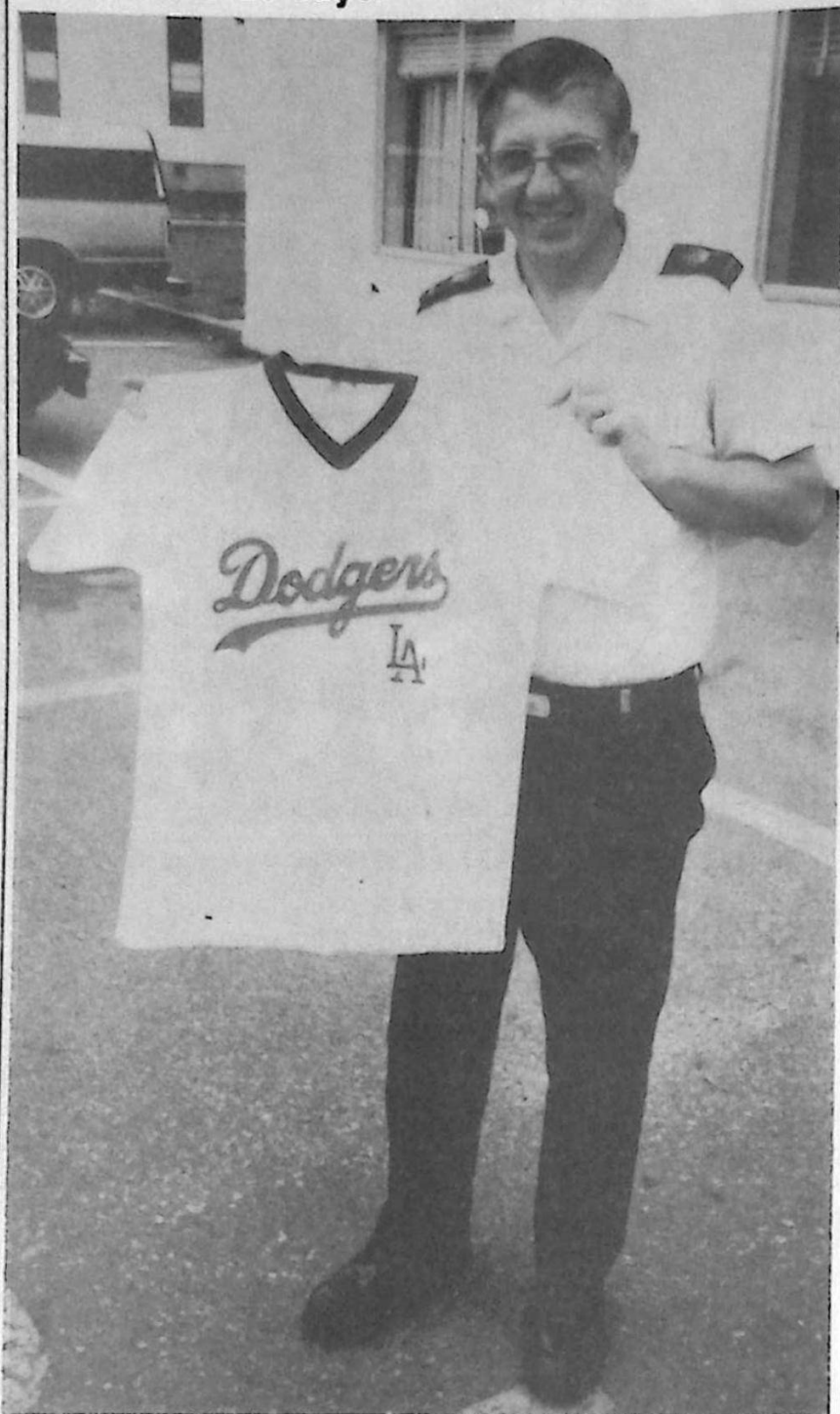
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# Sports & Recreation

## Look Out Blue Jays!



Al Brazeau calls in Dodger faithful

Gord Kruger Photo

## Rugby routed

Ron Butlin, Chairman of the British Columbia Games today announced that Rugby has been suspended from the British Columbia Summer Games for an indefinite period — but not less than one year.

Butlin said, "The James Bay Junior Rugby team played one of the best players on Vancouver Island under another player's name during the B.C. Summer Games at Nanaimo, with the Coach and Manager having full knowledge of this deceit. The B.C. Rugby Association has subsequently dealt with the incident in a very casual way, which from my viewpoint, is not good enough."

Butlin said, "For a Coach and Manager to play an athlete under another name is the cardinal sin in sport and the Coach and Manager should have been suspended from being involved with sport for several years."

Butlin concluded, "It was bad enough to have two of the players from that team ending up in jail for being drunk - but - to play a ringer is a disgrace to amateur sport."

## Ski swap

A ski swap will be held at the Airport School gym on Saturday 26 October, 1985.

Articles for sale received from 0900 to 1200 hrs. Sale from 1300 to 1600 hrs.

There will be an afternoon Fashion Show, so come out for some good bargains and entertainment.

## By Gerry Gerow

Most breeds of dogs were developed to hunt or work in some fashion. Even the Poodle was originally a hunting dog. There is, however, a group of dogs that were specifically bred and developed to be companions, usually to ladies of the nobility. These are known today, as the toys.

These dogs are all small and generally of a loving disposition. In some cases their small size gives them a particularly endearing and interesting appearance. Take the Italian Greyhound for instance. His appearance is almost identical to an English Greyhound, but he weighs in around eight pounds (4 kg).

The Chihuahua is the world's smallest dog, weighing between four and six pounds. These little guys come in two varieties, the short and the long coat.

The Cavalier King Charles Spaniel is one of the larger of the toys. They weigh between 12 and 18 pounds (5-8 kg).

The Maltese is that long haired little darling often seen in shows with bows in their hair. One of the most ancient of dog breeds, their likeness has been found on art objects 3000 years old.

The Papillon is an elegant little dog, standing only eight inches high at the shoulder.

Pekinese are probably one of the best known toy breeds. Their expression suggests their Chinese

## Pipe Smoke



origin. They may weigh up to 14 pounds (6 kg), but are frequently smaller.

There are two small Pinschers. The Affenpinscher, and the Miniature Pinscher. They are generally around 11 inches tall. Affenpinscher translates to monkey terrier, and describes the dogs fun loving behaviour as well as his appearance.

The Mexican Hairless is another cute little toy dog. He has no hair at all, except for a tuft on his head and sometimes on the lower half of his tail.

Pomeranians are a small member of the Spitz family. They are furry little critters who will normally weigh between four and six pounds (1.8 — 2.7 kg).

Toy Poodles are the same as the other Poodles except for size. They are always under 10 inches at the shoulder.

A very popular toy breed is the Pug. They are characterized by their short blunt muzzle and turned up tail. Pugs are large for toys, weighing between 14 and 18 pounds (6-8 kg).

There are also a number of toy terriers. So, if you feel a large dog is more than you can handle, there are alternatives. Get yourself a toy. They are interesting, distinctive, and certainly the most loving of all dog types.

XXXXXX

Where is your pet today? In the last few days I've seen two highway tragedies where pets have lost their lives. I'll bet that in both cases somebody thought they were being nice to their pet by letting them have freedom. Both these pets were killed at night. The time of day when most uncaring people let their pets run loose, because the neighbors won't see them. But it is also the most dangerous time of day for the pets, when there is a road nearby.

There's a dog in my neighborhood that regularly runs loose. He leaves deposits on my lawn quite frequently, and while I don't particularly like it, there's not much I can do about it. (Except find novel ways to return the deposits). The dog's owners know that the pet control people are far to undermanned to do more than make occasional appearances in each neighborhood. Interesting enough, most of the dogs running loose don't have the required licences, either.

I, for one, do not think my dogs should create a nuisance for my neighbors. I also think far too much of them to take a chance on having them run over. I know the majority of pet owners think the same as I do, but there are still too many on the other side of the fence.

## Ski Club meet & greet

The CFB Comox Ski Club will hold its annual pre-season Meet and Greet at 7:00 pm Wednesday,

23 October, 1985, at the Glacier Greens Social Centre.

There will be displays by local ski shops as well as presentations by Mt Washington and Forbidden

Plateau, including ski films. A draw will be held for lift passes.

Club registration and information on planned events will be available.

Bring the family and come out to support the ski club.

## Glacier Greens

By Marg Shaw

Glacier Greens Ladies played host to the Gabriola and Pacific Playground ladies on September 10th.

The winners from Gabriola 1st Low Gross, Ev Mackie 1st Low Net, Marg Davidson 2nd Low Gross, Pat Skinner 2nd Low Net, Rusty Baxter

Putts, Phyllis Davidson And from Pacific Playground 1st Low Gross, Gladys Grycan 1st Low Net, Issy Braun 2nd Low Gross, Joan Collins 2nd Low Net, Peggy Hobenshield Putts, June Berry

Glacier Green Ladies were, 1st Low Gross, Pat Verchere 1st Low Net, Martha Campbell 2nd Low Gross, Kay Banks 2nd Low Net, Rose McClesch Putts Trudine Berger

**LADIES CLUB CHAMPIONSHIP**

Sponsored by Comox District Credit Union.

Once again our club championship took place on September 14th and 15th with Francine Fredrickson coming out on top. Francine shot 173 two day total, to take the field Low Gross. Rick Kellow of Comox District Credit Union was on hand to present Francine with the Trophy and Prize which was donated by them.

Field Low Net was won by Martha Campbell. Anna Sutton presented Martha with her gift donated by Anna's Coiffures. Martha had 127 Net. Closest to the pin was Millie Legg. Jim Nolan from the Pro Shop donated this gift. Our thanks to all the sponsors for their contributions. This folks, is what makes our Tournaments such a success.

**A Flight Winners:**  
1st Low Gross — Pat Verchere  
1st Low Net — Kay Banks  
2nd Low Gross — Rose McClesch  
2nd Low Net — Mona Ledgard  
3rd Low Gross — Frankie McCaffery  
3rd Low Net — Millie Legg  
4th Low Gross — Claire Rathbun  
4th Low Net — Barb Carter

**B Flight Winners**  
1st Low Gross — Jan Riordan  
1st Low Net — Sylvia Radford  
2nd Low Gross — Marg Shaw  
2nd Low Net — Rose Jacobson  
3rd Low Gross — Mickey Behan  
3rd Low Net — Vi Willander  
4th Low Gross — Lil Davis  
4th Low Net — Lori Cameron

Thank you all for taking part in this Tournament. Hope to see more of you turn out next year. 'Till next time ...Happy Golfing.

## Youth bowling

By Larry Carlson

The 1985-86 Season of the Youth Bowling Council (YBC) at CFB Comox Lanes has been underway since mid September.

This season's registration has been most encouraging in that there are very few vacancies for further registration in any of our shifts. There are still a few vacancies in our PeeWee divisions, ages 5-7, and in Junior/Senior divisions, ages 12-18 inclusive. Our registration to-date is approximately 75 young people of our maximum of 80. We would like it brought to all readers attention that dependant children of Military and Civilian employees of CFB Comox are welcome to join our program. Inquiries can be made by contacting Harry Lavoie 338-1049, or Larry Carlson 339-7738 or Local 2313.

Our Program director, Harry Lavoie, and coaches, Joan Lavoie, Larry Carlson, Rita Carlson, Tim Berlet and Bob Shentaller will be providing your children with the fundamentals of the game of bowling, attempting to develop their natural skills, encouraging good sportsmanship with our main emphasis on their enjoyment of the sport no matter what level of ability the young people display.

At this time we do not have many bowling coaches to instruct 16 teams of young bowlers but we are coping. Any of you that are interested in coaching young bowlers will be welcome. If you do not have formal training as a coach it can be provided, and it is not necessary that you have a high average to be a capable teacher, just the desire to help.

help.

Many of the parents of our bowlers also offer their time and ability to scorekeep and for this we thank you.

We do have a request of the parents to please permit the children to enjoy the game with a minimum of interference regarding the efforts of the children and those of the coaches. The greatest thing you can do for your children is provide encouragement, compliment individual achievements, and console them during their periods of difficulty. We would appreciate your support in stressing the responsibility they have taken on as a member of a team and the effect they can have on their team if they are irregular in their attendance.

Bowlers and their parents are reminded of the following bowling times:

**Saturday:**  
9:00a.m.—10:30a.m. Jrs/Bantams  
10:30a.m.—1:00p.m. Bantams  
1:00p.m.—2:00p.m. PeeWees  
**Tuesday:**  
4:00p.m.—6:00p.m. Seniors

**Pre-Bowling** - if your child needs to bowl ahead of the normal bowling time, there will be a coach at the bowling alley each Wednesday at 4:00 p.m.

**Costs:** effective 1 Oct 85:  
\$2.00 per week Bantams/Juniors/Seniors  
\$1.00 per week PeeWees

In upcoming issues of the Totem Times we will be inserting a column, to show off the accomplishments of our bowlers and to advise of upcoming events.

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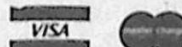
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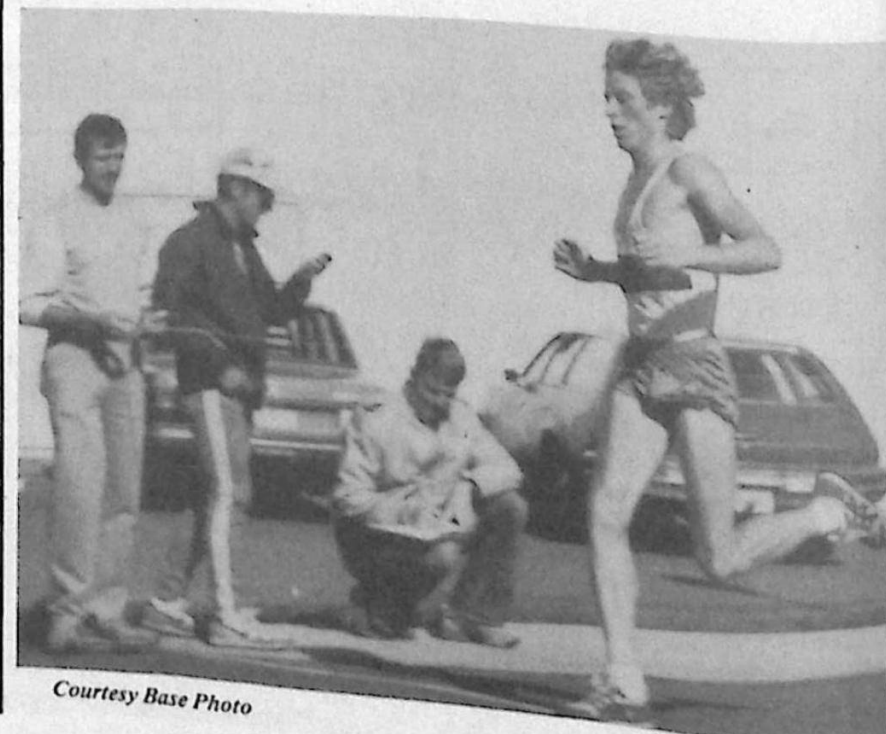
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# Sports & Recreation

Thursday October 10, 1985

CFB Comox Totem Times

7

## Sports shorts.....

### BASKETBALL REFEREES' CLINIC

The Comox Valley Basketball Officials' Association CVBOA needs new male and female officials to supplement their ranks. The CVBOA will be sponsoring a Referees' Clinic commencing Thursday October 24th at 6 pm at Highland School Gym. The Clinic will consist of four three hour sessions which will run on consecutive Thursday evenings (6 - 9 pm). No previous playing or officiating experience is required. There is no charge for this clinic and students receive Provincial/National certification upon successful completion. For further information contact :Dennis Webber at 338-6608 or Major P.N. Devana at Local 2308 / (H) 338-0543.

### WALLACE GARDENS MINOR HOCKEY PROGRAM

The Wallace Gardens Minor Hockey Program will commence its 1985/86 season on Wednesday 16 October, 1985. This program is open to all military and DND Dependents, ages 5 — 14. Ice times will be every Monday and Wednesday from 1600 - 1745. Registration will take place on Wednesday 16 October, 1985 at the Base Arena. Cost per child will be \$30.00. For more information contact WO Al Brazeau, Local 2315, Base Rec Centre.

### INTERSECTION CURLING

Yes we will have Intersection Curling this year at CFB Comox. We presently have twelve (12) teams and play will take place every Thursday from 1700 - 1900 hrs. An organizational meeting was held on the 8th October and play will commence on 17th October, 1985. If any section is still interested in participating please contact Sgt Wayne Moore or MCpl Joseo Descoteaux at the Base Rec Centre, Local 2315.

### MILITARY PHYSICAL FITNESS CLASSES

Now that summer has pretty well left us and the winter months are slowly creeping up on us, it is time to start thinking about shedding those extra pounds we all seem to obtain thru numerous back yard barbeques, beach parties and summer vacations. All military personnel are cordially invited to attend the Physical Fitness Classes being conducted at the Base Gymnasium on Tuesdays, Wednesdays and Fridays from 0730 — 0830 (summer) and 0800 — 0900 hrs (winter). Grab your buddy and come out and enjoy an hour of fitness and recreation.

Yes, Barry it's Free.

### INTERSECTION VOLLEYBALL

Intersection Volleyball commenced its 1985/86 season on Tuesday, 8 October. This year we have twelve teams competing for the coveted trophy. Games will be every Tuesday and Thursday at 1130 and 1215. For information on when your team is playing contact your section Sports Rep or Base Rec Centre, Local 2315.

### INTERSECTION HOCKEY LEAGUE

Intersection Hockey will commence its 1985/86 season on Wednesday, 16 October 1985. Ten teams will battle it out this year in their quest to be the Base Intersection Champs. Games to be played on the 16th October are:

1800 Hrs.	442 vs BAMTelO
1925 Hrs.	BTelO vs FH/CE
2105 Hrs.	RCMP vs VU 33
2230	Devils vs Demons

Good Luck, Good Sportsmanship and May The Best Team Win. (P.S. Remember the new stick rule).

### KARATE CLUB

The CFB Comox Karate Club meets every Sunday, Wednesday and Friday at the Airport Elementary School gymnasium.

The class starts at 6:30 and ends at 8:30 p.m. All are welcome, 14 years and older.

For more information contact: Bruce 339-7761, Russ 339-3745.

### MENS' VOLLEYBALL

The Mens' Base Volleyball Team commenced their 1985/86 season on 1 October, 1985. Practice times are every Tuesday and Thursday from 1800 — 2000 hrs. Military personnel interested in playing are urged to attend these practices. For more information contact: MCpl Josee Descoteaux at the Base Rec Centre, Local 2315.

### INTERSECTION FLAG FOOTBALL

442 Sqn continues to lead the League with a perfect record, while BTelO and 407 Sqn are fighting it out for second and third respectively with 2 and 2 records. VU33 holds down 4th spot with a 0 - 4 record to date.

### BASE HOCKEY TEAM

Our Base Team opened the 1985 - 86 season last Friday with a 6 - 3 loss to the Kings in Campbell River. New Head Coach CWO Doug Ford (442) was pleased with the work & effort of all the players. Our team plays most of their games in our Base Arena. Fan support is needed for your Totems to have a successful year. Thanks Dave for Video Taping the game.

### BASE BROOMBALL TEAM PLAYERS

There will be a meeting of all interested Broomball players in the Base Rec Centre on Wednesday 16th October at 1500 hrs. For more info contact MCpl Bedard at 2565

### SERVICEWOMENS' VOLLEYBALL

Presently the CFB Comox Base Team practice twice a week on Tuesday and Thursday between 1800 — 2000 hrs at the Base Gym.

They will have an exhibition game on 25th October 1985 at Royal Roads Military College in Victoria. We wish them Good Luck.

## Lings go better with Coke!



Caught by Bernie Sandluck

31 pounds of Ling

## "Big Shot" opens new range



"I was sure they all went through the same hole." Col Kadonoff upheld his reputation as a crack shot as he left the bull's-eye in tatters. Any foolhardy gunslingers want to challenge him?

## Promoted



LCol Bowes presents promotions to... (Back Left to right) Sgt RE Floyd, Base Transport; MCpl RW Pennell, WO B,J, Whitehead and MWO FH Johnsen, Fire Hall; WO DB Annesley, CE Section. (Front Left to Right) MCpl DI Burns and MCpl MCM Veldhuizen, Base Supply; LCol RK Bowes, BTSO.

## GLACIER GREENS PRO SHOP

### Closing Out Sale!

All golf clubs have had their prices slashed 20% to 40%. [No trade] Featuring top name clubs such as Wilson, Daiwa, Spalding.

### SPECIALS

Spalding Executor Woods, Irons  
Reg. \$550<sup>00</sup> — Now \$399<sup>00</sup>  
(4 sets in stock)

Daiwa Trypower Woods, Irons  
Reg. 550<sup>00</sup> — Now 425<sup>00</sup>

— Ping, Daiwa, Acushnet, Slazenger Putters 20% Off!

— Crested Mens' & Ladies' Sweaters 20% Off!  
Now Only \$28<sup>00</sup>

— Crested Ladies Shirts — \$18<sup>00</sup>

— Non-crested shirts, vests, sweaters 20% Off. (Make Great Christmas Presents)

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## Golf banquet

October 26/85 7 p.m.  
At the Clubhouse

20 bucks a couple gets you wine, dine & dance

Music by Westwind



# Around the Base

## Bicycle Rodeo



Courtesy Base Photo

Grand prize winner of the BMX bicycle, Jamie Lawson. From Left to Right: Col B. Kanonoff, Cpl L. Guibord, Ms Sandra McCormick, Pedal Pusher.

### 1985 MILITARY POLICE SECTION BICYCLE ROADEO

The 1985 Military Police Bicycle Rodeo was a successful event which involved 60 military dependant children between the ages of 4 to 15 years old.

The day started with the viewing of a film on bicycle safety. The children were quizzed on their knowledge of road safety. They were then divided into four age group categories and went through five manned stations and performed the following:

- balance test;
- equilibrium test;
- slalom;
- traffic light; and
- figure "8".

Points were awarded and trophies were awarded to the three highest scores in each respective category. The following are the winners:

- |                       |            |                    |
|-----------------------|------------|--------------------|
| a. 4 - 6 years old:   | 1st place: | Aaron Bowes        |
|                       | 2nd place: | David Lambert      |
|                       | 3rd place: | Chrissy Lambillion |
| b. 7 - 9 years old:   | 1st place: | Mike Gavin         |
|                       | 2nd place: | Sandy Rogers       |
|                       | 3rd place: | Joanna Gagnon      |
| c. 10 - 12 years old: | 1st place: | Susan Daniel       |
|                       | 2nd place: | Greg Rose          |
|                       | 3rd place: | Brent Carlson      |
| d. 13 - 14 years old: | 1st place: | Roger Poll         |
|                       | 2nd place: | Ray Hunter         |
|                       | 3rd place: | Guy Tinnion.       |

The grand prize winner of the BMX Bicycle was Jamie Lawson who was randomly selected by a draw.

Food and refreshments consisting of hot dogs, french fries and juice were served to the children. When not being tested, the kids were able to view two films "The Return of the Jedi" and "Star Wars", which were shown on video in the BNDO classrooms throughout the day.

This bicycle Rodeo would not have been possible without the following sponsors:

- Pedal Pusher who donated a BMX bicycle;
- PMQ Council who donated subsidiary prizes i.e. locks, tool set, etc, and helped through the day;
- Super Valu, Courtenay store who donated the trophies;
- Overwaitea who provided the hot dog buns and wieners; and
- McDonald's Restaurants who donated the juice, french fries coupons and provided the film on bicycle safety.

The RCMP also assisted by providing safety stickers and the traffic lights used in one of the manned stations.

A big thank you to all who volunteered their help to make this Rodeo so successful.

## Our Lady of the Airways

The Catholic Womens' League of CFB Comox is very interested in contributing to our Food Bank of the Comox Valley.

One of our means is by receiving \$20.00 grocery store vouchers on collecting \$5000.00 in cash register tapes from Super Valu, Safeway, and Overwaitea stores.

As a non-profit organization we are allowed to receive \$500.00 in vouchers per year from each store.

Just drop your tapes in the box provided at the back of the Chapel or mail them to me Cpl Ridgway c/o Base Mail Room.

On Sunday, sixth of October our Sunday Eucharistic Celebration was held for Alan Lagrange. Alan is leaving for The Mission of St. Michaels in Paraguay on the fif-

teenth of October. During Mass Father Dabrowski blessed a Bible for Alan which was then presented by a long time friend and CWL member Madame Connie Lamouche. Alan is the youngest son of Ron and Gail Lagrange.

Following Mass a bon voyage reception was held for Alan. A lovely table of food was enjoyed, highlighted by a cake decorated by one of our CWL members Mrs. Nicole Gagne. During the reception our President Mrs. Edna Sinclair presented Alan with a small gift from the CWL and all our best wishes for the future.

Richenia Ridgway  
Communications and Public  
Relations Convenor



## BINGO

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FEATURING: 18 Regular Games, Early birds, Lucky 7

Mini- Bonanza, Floating Jackpot, Late Birds.

Free Turkey Bingo Each Thursday Until Thanksgiving

Each Thursday LIONS DEN, COMOX

Doors Open 6:45 pm \* Start 7:30 pm

## ST. MICHAELS AND ALL ANGELS PROTESTANT CHAPEL

BASE CHAPLAIN (P): Major G. Milne  
CHAPEL: St. Michael & All Angels, Wallace Gardens, Bldg #88  
OFFICE: Headquarters, Bldg #45, Room #48;  
Telephone: 339-2211, local 2273.

SUNDAY WORSHIP: Each Sunday - 1100 hours.

HOLY COMMUNION: First Sunday of the month.

SUNDAY SCHOOL: From September - May for all children from age three to fourteen.

JUNIOR/SENIOR CHOIR: Commencing in September.

LADIES GUILD: Meets once monthly September - June.  
President: Mrs. Joyce Brown; telephone: 339-2685



## OUR LADY OF THE SACRED HEART CHAPEL CFB COMOX, B.C.

BASE CHAPLAIN (RC): Padre J. Dabrowski

CHAPEL: Our Lady of the Sacred Heart (on Base)

OFFICE: Headquarters, bldg #45, Room #48; telephone: 339-2211, local 2274

MASS SCHEDULE HOURS: Saturday - 1900 hours.

Sunday - 1000 hours.

Week Days - 0900 hours.

BAPTISMS & MARRIAGES: By appointment - notice well in advance please.

CATHOLIC WOMEN'S LEAGUE: Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. (No meetings during July/August). President: Mrs. Edna Sinclair, telephone: 339-6883.

PARISH COUNCIL: Second Wednesday/month at 1300 hours in Parish Hall.

CATECHISM CLASSES: From September - May in the PMQ School at 1830 hours.

## CFB COMOX MILITARY CHRISTIAN FELLOWSHIP



Meetings held from Monday to Thursday from 1130 - 1230 hours in the R.C. Parish Hall next to the Tennis Courts.

## Unclassified

### RATES

First Insertion - NO CHARGE

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1 BEDROOM FROM \$320.  
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(After Rebate)

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For Sale - Hammond electric organ; also built in dishwasher. Telephone 339-5254

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For Sale By Owner — Good Family Home — full basement — Fireplace — beautiful Ocean View — Union Bay. Telephone 334-4673

For Sale 1967 Mustang Fastback — 289 rebuilt motor, 4 speed. New tires. Completely restored stock. Telephone 338-1408

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For Sale Colt Woodsmen Match Target .22 (8" bbl) Marlin .444 Lever Action c/w Lee Loader Remington 700 Classic .243 cal c/w Redfield Scope. Telephone Local 2447 or 339-3472 after six.

For Sale REGISTERED German Shorthaired Pointer Puppy is looking for a special home. Female which will become an excellent family pet and hunter. The right owner is more important than the price. Ready to go now and has had first shots. 335-0701

HOUSE TO RENT; Bates Beach. Cosy 4-bedroom country house, 1/2 acre, garden, fruit trees, Close to School, Bus Stop convenient to CFB & Courtenay. \$475.00. Phone 334-2623.

For Sale: 1966 Volkswagen Beetle. \$1000. 339-7868

For Sale: 15 cu. ft. Viking deep freeze - \$60; auto. washer - \$150; auto. dryer - \$50; outdoor gas grill - \$150; Sansui 4-channel receiver, Sansue turn-table, 4 speakers, Akai 4-channel stereo type deck, complete - \$750; 10 speed bike - \$50. Phone 339-6391.

14' Vanguard Travel Trailer. Sleeps 4 (2 adults, 2 children) Three burner gas stove, 3-way fridge, furnace, screens, separate toilet. Excellent condition. \$2500.00. Tel. 334-2918 evenings.

for sale: Dark green combat sweater. Size 40-42. \$14.00  
Lakefield 22 cal. bolt action clip rifle with scope and cleaning kit. \$90.00 o.b.o. — Craig 334-3792

Yard Sale - Kitchen ware, some clothing and other interesting articles. 240 Back Road, Courtenay on October 19th (Saturday) from 10:00 to 2:00.

For Sale: 1967 Buick Skylark, Motor and Body in good condition. \$600.00 Firm.  
Bicycles; Girls. Suitable for 7 - 8 yr old and Boys Moto-Cross. Suitable for 8 - 9 yr old. Tel 339-5664

For sale: 1977 Oldsmobile Delta 88. Loaded, good running condition. \$2,500. Phone 339-6391.

Mountain holiday - Mt. Washington - 2 bedroom. Fully equipped condominiums. Great hiking. Fishing. Or just peace and quiet. Reasonable rates on request. Phone 338-6281, 339-7493 or 338-5253.

Wanted — Garage to store Aspencade Motorcycle. Must be dry, locked. Also, Cabin for non-smoking male. Leave message for Keith at 339-3613.

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Two Shows Each Evening  
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Open 7 Nights a Week  
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NOW SHOWING — THURSDAY October 10  
COMPROMISING POSITIONS (MATURE)

"Occasional violence, Some nudity and suggestive scenes" — B.C. Director.

OPENS FRIDAY — Oct 11, 12, 13, 14, 15, 16, 17

DOUBLE BILL — See One or See Them Both

Adults & Students 9:00 INTIMATE MOMENTS (MATURE)

\$2.50 Warning - Completely concerned with Sex — B.C. Director

TUESDAYS 7:15 CRIMES OF PASSION (MATURE)

Warning - Frequent very coarse language and suggestive scenes, occasional violence — B.C. Director

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Box Office 7:30 pm

Show Starts 8:00 p.m.

Final Weekend Of Season  
Fri. & Sat. — Oct 11 & 12 ONLY  
Compromising Positions  
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Plus EXPLORERS

Special ALL NITER Oct 13

\*Fright Night

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\*Lifeforce \*Volunteers

\*The Bride

"Gory violence, coarse & suggestive language, nudity."





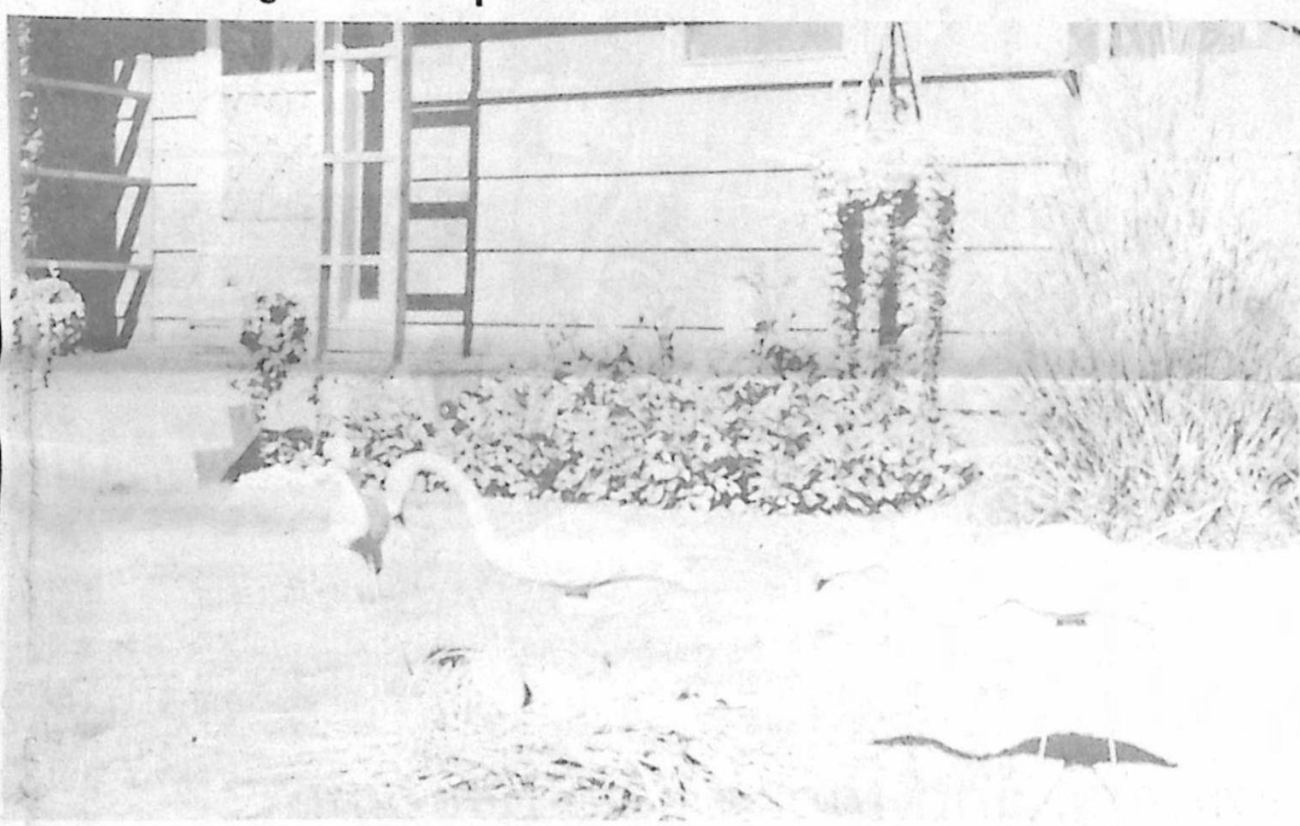
...Courtesy "The Duke"



LCol (Retd) Duke Warren, DFC, CD gets a thank-you handshake from Maj Len Dodd, the Commandant of the Air Force Indoctrination School, following LCol Warren's presentation of the book, "The Right of the Line" to AFIS. Capt Doug Hutchison, the AFIS instructor who's in charge of the AFIS library, looks on with feigned indifference: if that book falls into the fireplace the history of the RAF will be just a flaming memory!

Duke presented "The Right of the Line" in his brother's memory: F/Lt Bruce Warren, DFC, who flew Spitfires during the war and was killed in April, 1951, test-flying a CF-100 while on loan from the RCAF to AVRO. Bruce and Duke were twins whose RCAF service as fighter pilots made them well-known throughout their service careers. Duke, retired and living in Comox, is a frequent lecturer at AFIS and a devoted airman and friend of AFIS. Service personnel who are interested in military aviation are welcome to use the AFIS library. The library is open during normal working hours, in Bldg 22.

Bob's Flamingo Farm in production



Fresh eggs in PMQ's...It seems that the Pink Flamingos over at "Bob's Flamingo Farm" have come thru with a fresh batch of eggs. Now there will be no problem in finding enough scrambled eggs for all those hats on Pine Crescent. By the way, "Is it legal to raise flamingos in the married patch? —over to you BHousO.

The Military Police Blind Fund



The CNIB Chalet lodge

Cpl Dave Poll of the Base Military Police recently attended the Canadian National Institute for the Blind (CNIB) Children's Week at the CNIB Lodge on Bowen Island. The Military Police Blind Fund, with CFB Comox as a major contributor, provides support and funding for visually handicapped children to attend functions of this nature. Further support and donations, nationwide, are provided to assist in the purchase of medical and research equipment to aid the visually impaired.

Thirty-four children, ranging in age from nine to eighteen, from throughout B.C., attended this year's gathering. Festivities included water sports, land sports, reptile displays, crafts, farm tour, hayride, scavenger hunt, drama, dance, talent night and games.

Awards prizes and food were all plentiful.

These visually impaired children benefit greatly from being together at least one week a year as many are the only ones who are visually handicapped within their own community. The children vary in degrees of blindness however, it is not a handicap they are not unable to overcome, and this handicap does not impede their many talents as can be seen by the accompanying photographs.

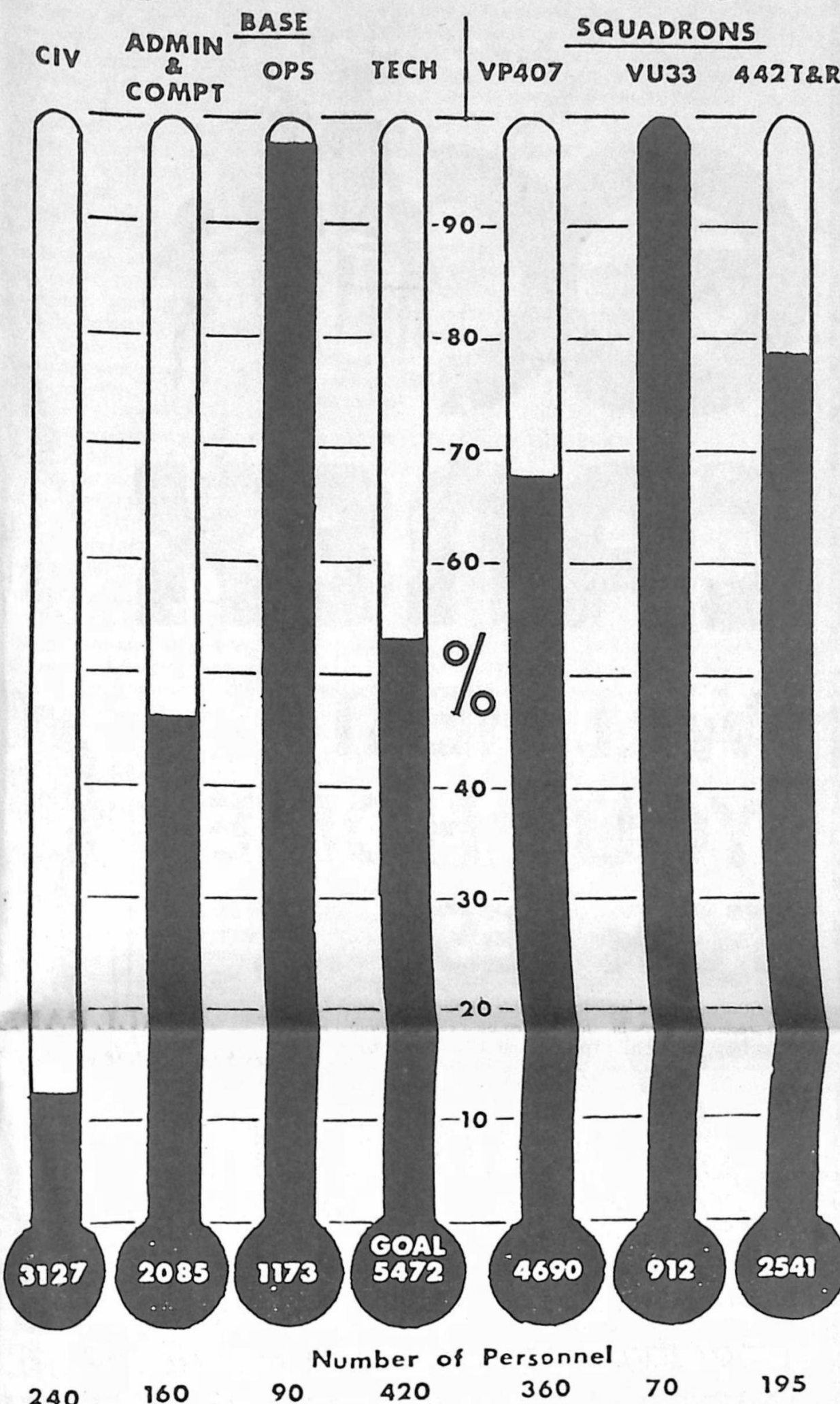
The camp is very beneficial and of great inspiration to the children making CFB Comox's donations to the Military Police Blind Fund very worthwhile and of considerable importance. Your donations are well spent and go far to put a smile on the face of a visually impaired child.

Thanks for past donations. Keep the money coming.

The United Way...



UNITED WAY 85  
BASE GOAL  
\$20,000.00



UNITED WAY 1985 UPDATE

The CFB Comox 1985 United Way Campaign has been underway for two weeks now and the initial results are very encouraging. You can see on the graph that most sections are well on their way to reaching their goal for this year's campaign.

These totals are not final as there are three more weeks of canvassing left and the Kiwi Club has scheduled its annual wheelbarrow race for the 19 of October. Please note that the civilian thermometer seems low but keep in mind that a large section of the base civilian workforce is canvassed through their respective sections.

The committee is pleased with the latest total estimated at \$11,700<sup>00</sup>. We hope that those who haven't yet contributed will do so generously. Remember, we are raising money to help in our own community.

Next Totem Times Deadline October 21st



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THE TEAM I BELIEVE  
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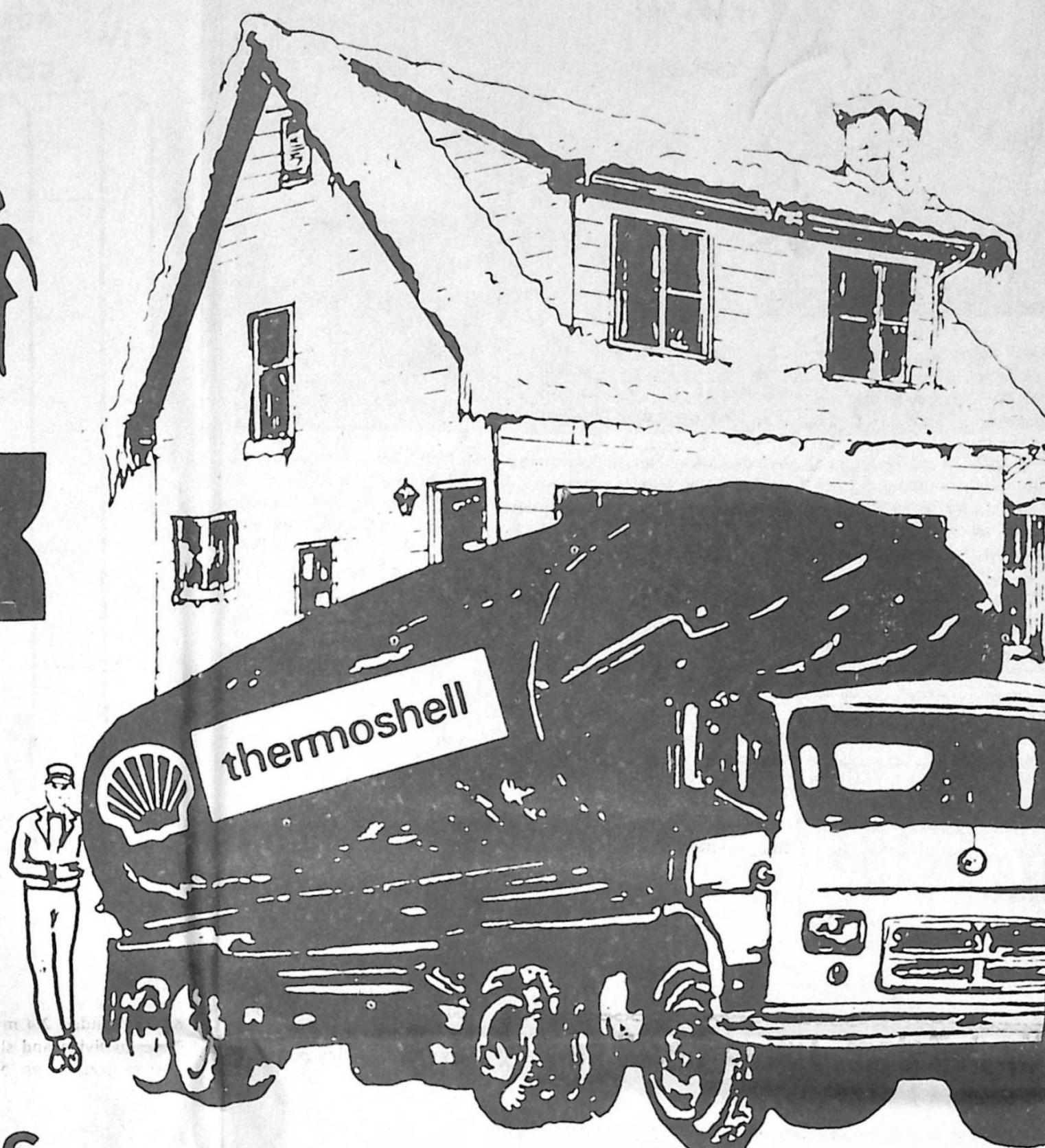
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**A LITRE LESS**  
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*Here's good news for all authorized members, and those who become members of our Home Heating Plan. During the 1985/86 Home Heating season - 1st September 1985 to 31st May 1986, you will receive:*

**2¢** PER LITRE (9.09¢ PER GALLON)  
DISCOUNT OFF  
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*Thanks to you, it's working! By grouping our purchases of Home Heating Oil, Canex can continue to offer you better prices.*





**CWO Gary Boss**  
GCWO...Maritime Air Group

You will not recognize the Group Chief Warrant Officer by a unique badge or other distinctively different insignia, but he is one CWO in Maritime Air Group who you should know. His duties include acting as an advisor to the Group Commander, with particular emphasis on keeping the Commander informed of the conditions of service of other ranks. He also accompanies the Group Commander on visits, as well as travelling on his own within the Group. On these visits, one aim is to hold many informal talks with members. The GCWO represents your voice to the MAG Commander; therefore, when the opportunity arises, speak openly to him.

The present incumbent, CWO Boss (Gary) was born in Springhill, Nova Scotia, on 17 January 1942 and joined the Royal Canadian Naval Air Service in April 1959. Trained in the Air Ordnance/Weapons Technician Air Trade, he served at Shearwater, Bagotville, Chatham as well as on the ships Bonaventure and Protecteur. CWO Boss was appointed Group CWO upon joining Maritime Air Group Headquarters on 3 July 1984. In this capacity, as well as acting as the MAG Command Explosive and Range Safety Inspector, he replaced CWO Broderick (Ron) who retired after 36 years of distinguished service.

CWO Boss is a progressive thinker who believes in looking to the future and not dwelling on the past. Considering this outlook and the opportunity to serve as the MAG Group CWO, his thoughts are channelled towards closing ranks and instilling confidence, pride and esprit-de-corps within the Group. An admirable goal which requires the support of all rank levels. CWO Boss is looking forward to the personal contact which is vital to this aim and to understand the general attitude and concerns within the Group so that he may convey these, good or bad, to the MAG Commander.

## Colonel of 12 RBC extended

Ottawa — The Chief of the Defence Staff, General Gerard C.E. Theriault, has announced the extension of the appointment of retired Major-General J.P. Robert LaRose as Colonel of the Regiment of 12<sup>e</sup> Regiment blindé du Canada (12 RBC) until September 1987.

Major-General LaRose, a native of Kapuskasing, Ontario, began his military career in 1944.

Major-General LaRose, who is currently Executive Director of the Association of Canadian Community Colleges, was first appointed Colonel of the Regiment of 12 RBC in 1982.

The position of Colonel of the Regiment is an honorary appointment of great prestige that is awarded to a high ranking retired officer in his field of specialization.

Pacific Militia Area is one of five regional commands of the Militia or army reserve in Canada. It is composed of about 1,500 Reservists and 76 Regular Support Staff.

With headquarters at Jericho in Vancouver the Area is composed of 14 units or Regiments spread throughout British Columbia. About half of these units are found in the lower mainland region.

The Reservists who make up the troops of Pacific Militia Area represent a broad spectrum of the

Canadian population at large. Varying in age from 17 to 55, the men and women come from different occupational and ethnic backgrounds. They are your next-door neighbor, students, professionals, civil servants, mechanics and clerks.

Training for Reserves varies according to the type of trade or classification each particular member enrolls in, however all servicemembers receive general military training at the recruit level.

Members of the Reserve train all year round, according to individual commitments and training opportunities. During September to May training is conducted at the unit level during week nights and weekends. During the summer programs such as Area Rank and Trade Schools and Summer Youth Employment provide seasonal employment for Reservists.

In 1985 over 700 servicemembers, more than 300 of them students, were involved in the above programs.

Canada's Reserve Forces form integrated sub-units of Canada's Regular Force. In recent years the Armed Forces has introduced a program of operationally tasking Militia units to provide fixed sub-units to augment Regular Force units in Training.

## Divers set depth record

Ottawa - Four divers have shattered the Canadian experimental diving record at the Defence and Civil Institute of Environmental Medicine (DCIEM) at Canadian Forces Base Toronto. The new record was established during a recent project to test and evaluate prototype diving equipment.

The project's culminating point, a 28-day simulated dive at DCIEM's diving research facility (DRF) by a team of four Royal Navy divers, started June 25. In the fourth day of the trial, the divers "reached bottom" at a depth of 360 m, more than doubling the previous record for the DRF. For Royal Navy diving personnel, this depth was also a record, improving their old one by 60 m. For a week, the divers conducted tests on prototype diving equipment such as thermal protection suits and diver monitoring equipment that will be used on the Royal Navy's new Seabed Operations vessel, HMS CHALLENGER.

"Needless to say, the DCIEM was pleased to host this project," said Lieutenant-Commander Brent Hobson, DCIEM's Chief of diving operations. "These experiments

will bring the latest developments in deep diving technology to Canada and further enhanced DCIEM's reputation as a world class research facility."

All the prototype equipment performed extremely well during tests, and on July 23, the divers began 17 days of decompression where the pressure was gradually brought down, from 37 times higher than normal that it is at 360 m, to one atmosphere or 101.3 kilopascals.

The \$1.85-million DRF where the experiments took place consists of three distinct chambers whose steel shell is more than 15 cm thick. A 6.4 m cylinder, 2.4 m in diameter, serves as living and sleeping quarters; a second 7.6 m long wet cylinder (half filled with water) enables divers to test diving equipment; both cylinders are linked up by a sphere 2.7 m in diameter housing showers and toilets.

This project has been underway for the last six months between DCIEM and the Physiological Laboratory of the Admiralty Research Establishment (England). Prototypes were developed by an anglo-norwegian team giving this project an international scope.

## Shorties

### TURN YOUR LIGHTS ON

Studies conducted by Transport Canada and DND have conclusively proven that driving in daylight with vehicle lights operating has displayed definite accident prevention potential.

Transport Canada is, therefore, working toward the promulgation of regulations which will require day-time operation of running lights to be incorporated into all vehicles built and operated in Canada.

Until such time as Transport Canada comes out with new regulations, National Defence Headquarters has directed that headlights shall be used at all times when MSE or DND rental vehicles are in motion.

The staff at MSE Safety will be on frequent patrols in order to remind drivers of DND vehicles that they are required to have lights on.

### FAREWELL FALCONBRIDGE

CFS Falconbridge is planning a farewell/reunion weekend to commemorate its closure.

The weekend of the 4th — 6th of April, 1986, has been selected to celebrate this memorable occasion.

Limited accommodations are available on a first come basis. Hotel arrangements will be booked for those wishing to attend. Transportation to/from the airport/bus station and hotels will be provided.

In order to make the necessary arrangements, we request all personnel indicate their intentions prior to 15 January 1986.

Contact OPI Sgt Russ Roux GPSN 664-6011, local 267, for further information.

### AIRCOM TOPS IN SUGGESTION AWARDS

The Department of National Defence Suggestion Award Program is designed to encourage interest in greater efficiency and effectiveness in the functioning of D.N.D. by members of the Canadian Forces and civilian employees.

Air Command surpassed the combined totals for all other commands in fiscal year 1984 - 85 — Air Command's best year since its inception — in terms of the number of suggestions received, the total number adopted, total awards paid, and measurable savings to D.N.D. Air Command personnel submitted 297 suggestions, not including 266 suggestions which were carried over from the previous year. Out of the total of 563 Air Command suggestions, 161 were adopted and 289 were carried over for consideration next year. Total Air Command awards paid were \$75,540.00; measurable savings to D.N.D. totalled \$2,889,658.69. A D.N.D. total of \$125,506 in awards paid expressed appreciation for a total savings to D.N.D. of more than 4½ million dollars. Other adopted proposals produced intangible but nevertheless important benefits, improving efficiency morale, safety, and economy.

### MARITIME COMMAND FLAG UNVEILED

September 26, 1985 will go down as a historically significant date when reviewed by Canadian naval historians in years to come.

To mark the introduction of the new Maritime Command Flag, a ceremony of consecration was held at CFB Halifax.

Taking the general salute at the ceremony was Vice-Admiral J.C. Wood, Commander Maritime Command.

Assisting Admiral Wood with inspecting the 800 personnel on parade was Rear-Admiral F.W. Crickard and Captain(N) J.E.D. Bell. Naval service personnel from the Canadian Fleet, Canadian Forces Fleet School (Halifax), CFB Halifax and Maritime Air Group were on parade.

### UBC SCHOLARSHIPS AVAILABLE

The Canadian Armed Forces University Training (CAFUT) Scholarships offered by UBC are valued at \$500 each and three such scholarships are available. To be eligible, candidates must have at one time served with the Canadian Armed Forces and be proceeding with their University studies. Further details on this scholarship may be obtained by contacting the BPSO, Local 2469.

## Answer to MSE Safety Quiz

Brake gently to slow, stick head out of left window to see ahead, signal, ease right and pull off highway.

Remember is to do things slowly so the other drivers will have a chance to adjust themselves to whatever you do. They see you're in trouble and they'll help you to get off the road, but they don't know what you're going to do until you do it. If you act slowly, they'll be able to judge their actions accordingly.

way to fix is the wise decision. You're right. You never stop in the roadway to repair anything unless you just can't make the car move. The most important thing to

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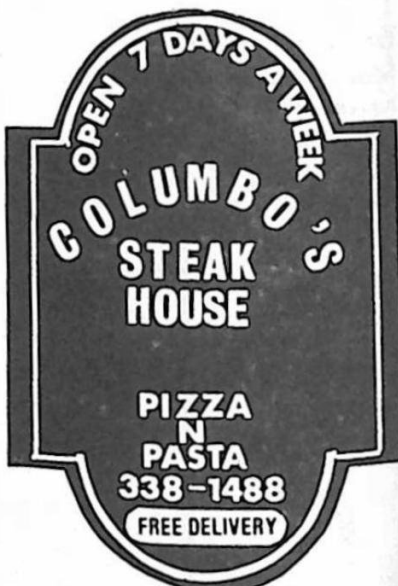
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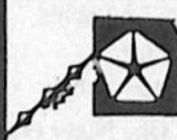
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MEL PFEFFERLE RES: 339-2133



# People & Places

## WO's & Sgt's Wives Club

The first meeting of the new year was held on September 9th in the Mess Lounge and proved to be a lively evening. There were 36 ladies present for the Pot Luck Supper which served up a variety of interesting and delicious dishes. Several new members and guests were in attendance and we hope they now feel a little more welcome at CFB Comox.

At this time I would like to in-

roduce the Club's new executive — President, Shirley Stiel; Vice President, Karen Millman; Treasurer, Ann Ikle; Secretary, Susan Campbell. The executive would like to thank all the people who volunteered to serve on the various committees. We are looking forward to a busy and fun year and the support and participation of all members will ensure a successful year.

## OFFICERS' WIVES CLUB

The first function for the 1985 Officers' Wives Club Season was a Wine and Cheese "Meet & Greet", held at the Mess on September 18th.

It was thoroughly enjoyed by all fifty-one ladies who attended. The "Meet & Greet" Mixer game was won by Gail Blamire, Wendy

Cummings and Shirley Carlyle. Jan Parker took home the raffle prize and the door prize went to Sheryl Gibbs. Congratulations to all.

**October's Function** is to be a Base Information Night followed by exploring your Psyche with our Crazy Clairvoyants, held at the Mess on Wednesday, October 16th,

The entertainment committee has a few tricks up their sleeves for the October meeting so keep the evening of October 21st free. Be sure to "dress" for the Halloween meeting as there will be prizes for the costumes, games to play and a pumpkin carving contest. See you at 8:00 p.m. in the Mess Lounge on October 21st. Be There!!

Susan Campbell  
Secretary

7:30 for 8:00. (We regret our original speaker, Jill Bauman is unable to attend.)

**Reminder** — November's function is our annual Craft Show on Wednesday, November 20th and anyone who would like to have a table for their crafts is to call Heather Rogers at 339-6472.

## Pipers wanted

The North Island Highland Dance Association requires pipers interested in experience as a dance piper or if experienced the opportunity to play for dancers. The opportunities to learn would include pipe practices, recitals or small performances and experienced pipers could be used for future competitions. Please direct all inquiries to:

Susan Devlin  
822 Kalmar Rd  
Campbell River, B.C.  
V9N 2A2 (923-4585)

or  
Clair McGrath  
2773 Wentworth Rd.  
Courtenay B.C.  
V9N 6B7 (334-2304)

## Royal Roads Open House

As part of National Universities Week, Royal Roads Military College in Victoria is hosting an OPEN HOUSE on Sunday, 20 October 1985 from 9:30 a.m. to 5:00 p.m. The OPEN HOUSE will feature a military parade at 11:00 a.m. Spectators are requested to be seated by 10:45 a.m.

In addition, there will be numerous academic and military displays, sports competitions, magic shows, tours and refreshments.

Castle Tour  
Computer Display  
Undergraduate Study  
Displays  
Sport Competitions  
Refreshments

Research Displays  
Historical Display  
Physical Fitness Display  
Magic Shows  
Recruiting Display

There is no restrictions on photo coverage. Please contact the College PIO Capt Denys Guerin for further details at (604) 380-4614

## B.C. PAVILION REPORTS

**IT'S OUR SHOW.** Since the 1851 Crystal Palace Fair in London, World Expositions have linked together the nations of the world to celebrate achievements in new technology. Now, after 78 fairs have come and gone, it's our turn.

From May 2 to October 13, 1986, the eyes of the world will be on British Columbia as we host Expo 86 — a festival of events, innovations and entertainment. It's an exciting tradition which B.C. is carrying on in grand style.

But we mustn't forget that Expo is much more than an exciting event. It's the greatest opportunity of this century for British Columbia to promote our industries, skills and tourism potential to the world.

That means we have two major responsibilities at the B.C. Pavilion. The first is to create B.C.'s home at the fair — a place where people from all over the province will feel comfortable and proud. The second is to play host to the world — and make the best possible impression on our visitors. Everyone in B.C. has a stake in this process, and we need to work together to put our best side forward. As shareholders, you need to stay advised on how we're doing — and how we're presenting you to the world.

That's what this report series is about.

**WELCOME TO YOUR PAVILION.** Let's begin by setting the stage — the B.C. Pavilion Complex now under construction. We've selected the largest site at Expo — 4.5 hectares (11 acres) of land between B.C. Place Stadium and False Creek. It's a prime location, and the three pavilions we've built here will be a permanent legacy for us to enjoy in years to come.

To thrill residents and visitors alike, we designed our flagship pavilion as a voyage of discovery into all that is unique and unknown in the province. Called "Discovery B.C.," this 98-foot high, glass-roofed building is home to the Discovery Trees — circular exhibit towers focusing on how our spirit of innovation has made us creators of sophisticated technology.

Below is a 200-seat B.C. Restaurant; above, our 520-seat Theatre — the first in North America designed exclusively for the giant Showscan film medium.

Here too is the Regional Marketplace, where the nine B.C. regions are represented in photomurals, theatre and audio visual displays. And because we want our guests to return to British Columbia after Expo, we've designed a Tourist Information Centre complete with computer terminals and hosts, located close by.

There's more. Next to Discovery B.C. is the Challenge Pavilion offering a reflection of our economic past and future. There is also a Conference Facility for trade delegations, and a Business Information Centre to brief them on investment opportunities in B.C.

All this is clustered around the Plaza of Nations, a paved and covered area where up to 10,000 people can gather for major ceremonies and special presentations.

**WE'RE STEAMING AHEAD.** Our pavilions are up and 70 percent complete. Exhibitory is in the fabrication stage and our programs are in motion. By February, 1986, we'll be installing exhibitory for our May opening.

This is it, British Columbia.

Our time to shine.

Next month: Our world class exhibitory.

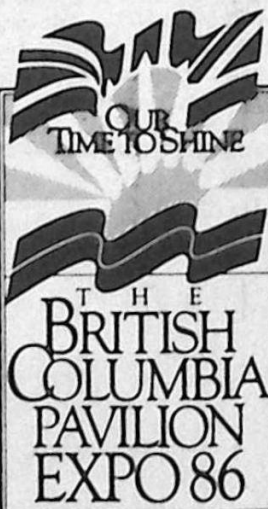
THE HONOURABLE DON PHILLIPS, MINISTER RESPONSIBLE

## UPDATE

LOOK FOR THE B.C. MOBILE PAVILION IN YOUR COMMUNITY. IT'S A "PREVIEW ON WHEELS" OF THE LARGER PAVILION. OUR MOBILE HAS BROUGHT THE EXPO THEME TO 15 B.C. COMMUNITIES IN THE PAST THREE MONTHS.

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## Credit Union Day

In recognition of International Credit Union Day I welcome the opportunity to acknowledge the worthwhile contribution being made to the military community by Military and Affiliated Credit Unions. Credit unions have become increasingly involved in our day to day financial activities. I am particularly pleased to learn that, in the forthcoming year, financial counselling will be emphasized by our Credit Unions.

I strongly support this initiative and believe that through the combined efforts of Credit Unions and military financial counsellors much progress can be made in promoting greater financial awareness and responsibility amongst our personnel.  
G.C.E. Theriault  
General  
CDS

## Across my kitchen table

— by Rosemary Gibson



The circle tour of the Sunshine Coast is something we had missed until last week. Although both "local folk", i.e. Vancouver Islanders, and despite a total of seven years in the Comox Valley, we hadn't taken the time to make this trip. Last week we decided to indulge ourselves, and spent two leisurely days exploring all the little by-ways, from Lund to Gibsons on the beautiful Sechart Peninsula. We took lots of pictures from the quaint old hotel pub in Lund to Molly's Reach, of the "Beachcombers" fame. The Sunshine Coast really lived up to its name — the weather was gorgeous, warm and sunny and the trees flaunting their bright autumn foliage against the deep blues of lakes, sea and sky should reward us with some beautiful pictures for our album. If you haven't made this tour part of your stay in B.C., we strongly recommend that you do.

Method:

Bake in a loaf pan at 350°F for one hour.

\*\*\*\*\*

And here's a recipe for an easy supper, or even breakfast, luncheon dish. Serve with a green salad and rolls.

## EGG AND BACON PIE

Ingredients:

1 pastry shell, uncooked  
1 top pastry crust  
5 eggs  
½ pound bacon  
3 medium to large tomatoes  
12 medium mushrooms (optional)

Method:

Crack the eggs into the bottom of the pastry shell. Fry the bacon. Break bacon into pieces and sprinkle over the eggs. Add one layer of sliced tomatoes. Season with salt and pepper. Add layer of sliced mushrooms. Add top pastry crust. Bake at 375°F for about 40 minutes. This is equally good served warm or cold.

\*\*\*\*\*

HINT:

To find out how much propane is left in a tank, pour boiling water down the outside of the tank (not over the top). The empty part of the tank will absorb the heat, the full part will remain cold to the touch. It really works!

\*\*\*\*\*

THOUGHT FOR TODAY:

A good example can overcome a lot of bad advice.

HAPPY THANKSGIVING!

## BROWNIE'S BOILED FRUIT CAKE

Ingredients:

1 cup sultana raisins  
1 cup currants  
½ cup Crisco  
1 cup sugar  
¼ teaspoon salt  
1 teaspoon cinnamon  
1 teaspoon nutmeg  
½ teaspoon cloves  
1 cup water

Method:

Put all together in a saucepan. Boil for a few minutes. Cool. When lukewarm, add:

Ingredients:

2 cups flour  
1 teaspoon baking soda  
1 teaspoon baking powder  
1 egg

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## JR. Ranks' Mess

OCTOBER  
ENTERTAINMENT  
SPECIAL EVENTS:

Oct. 11 DJ Summit Music  
TGIF - Euchre  
Oct. 18 DJ - Terrible, Terrible, Terrible  
TGIF - Darts  
Oct. 25 DJ Wayne's Mobile Music  
TGIF - Crib

**OKTOBERFEST** All Messes  
To be held in No. 3 Hangar  
Admission - \$10.00 per person  
Ernest Rilling Band — One Night Only!  
18:00 Hrs

SNACK BAR: 339-4333







## Expo Update

### A WALK THROUGH EXPO 86

**EXPO 86.** It's as varied as dozens of nations, hundreds of special events, thousands of performances! It's a World in Motion — World in Touch filled with amazing demonstrations and displays. But most of all, EXPO 86 is people — from all corners of the globe — sharing a once-in-a-lifetime experience in a once-in-a-world place.

There's so much to see and do at EXPO 86...

At the East Gate, the gleaming Expo Centre is a beacon for visitors from around the world. Inside, the 500-seat OMNIMAX Theatre totally surrounds viewers with the stunning film, *A Freedom to Move*.

Southward, catch the Folklife Festival. Twenty-five free shows a day feature Canada's top folk performers. On the way is the People's Republic of China Pavilion, vying with the U.S.A. and U.S.S.R. for the largest Expo pavilion. The Northwest Territories and Yukon flank the Boulevard. Provinces, territories and corporate exhibitors are all represented in unique pavilions of their own design.

Over 80 pavilions are open daily celebrating the theme of transportation and communication. Cars and boats, trains and planes from every nation take you on a merry-go-round of movement.

Time to head west toward the fabulous Land Plaza, a full-scale international traffic jam. Right next door is HIGHWAY 86, a whimsical 217-metre-long sculpture. There are many stops along the way including the pavilions of Kenya, Senegal, Pakistan, Yugoslavia, Romania, Australia, Ontario and Saskatchewan. At the Japan Pavilion, take a free ride on the HSST, the train that flies.

Next is the classic 1907 Philadelphia Toboggan Co. Carousel, one of five major rides. Try the Space Tower, Cariboo LogChute, Challenger Starship and the thrilling Scream Machine roller coaster too.

Expo is for walkers, and riders of gondolas, monorails and ferries. On-site transportation is free with the price of admission. It's all aboard the 5.4-kilometre monorail circuit, riding on track elevated five metres above the ground.

Further west, the huge B.C. Pavilion complex rises near the covered dome of the B.C. Place Stadium. As host province, British Columbia has pulled out the stops to create a dynamic complex. Over

10,000 visitors relax under its glass-canopied Plaza of Nations, enjoying National Day ceremonies. Nearby is the 4300-seat covered outdoor Expo Theatre where top pop and rock stars entertain eager audiences. By night, the B.C. Pavilion area lights up with Expo After Hours. A laser-and-fireworks extravaganza starts it all off with restaurants and cabarets hopping until the wee hours.

Mexico, the Organization of Eastern Caribbean States, Peru, Columbia, Czechoslovakia, Switzerland and Saudi Arabia, they're all here. At the fantasy towers of the Aviation Plaza, billowing parachutes, space capsules and early flying gizmos float overhead.

Just beyond, the enormous Union of Soviet Socialist Republics Pavilion hugs the south shore. The dramatic pavilions of Thailand, Singapore, Indonesia, the Philippines, Alberta, Barbados and Norway are nearby.

Moving west, a potpourri of international sights and sounds delight visitors. The cuisine of France, authentic omm-pah-pah bands of the Federal Republic of Germany, wines of Italy and folk dances of Britain, Spain and Belgium are all part of the celebration.

Catch the magic of the Roundhouse, a few steps north. Inside this renovated heritage building are magical flying machines designed by the Czechoslovakian team that delighted Expo 67.

Continuing west are the United Nations, Quebec, Cuba, Ivory Coast, the Republic of Korea and the huge U.S.A. Pavilion with its affiliates of California, Oregon and Washington.

Priceless treasures from the tomb of Ramses II are on show in the Beginnings Pavilion. This magnificent exhibit is free with the price of admission.

The world-renowned RCMP Musical Ride performs daily at the 3000-seat Kodak Show Bowl. A vehicle demonstration track, airship moorage, helicopter pad and underwater tank also operate at this outdoor amphitheatre.

Head back to the Canada Portal for a non-stop run to the Canada Pavilion on Burrard Inlet. Here the varied faces and features of Canada are highlighted in every exhibit and performance. A major attraction is CN's IMAX Theatre with its 3-D version of the amazing IMAX format.

The Canada Place complex, which houses the pavilion, is a spectacular site in itself — one you'll want to explore.

The crackle and pop of fireworks announces the 10 p.m. closing of the pavilions and the launch of Expo After Hours. Evenings are charged with the excitement of top-name performers, cabaret shows and all the laughter and good company of an international event.

### CONTRACT AWARDED

**Vancouver B.C. — EXPO 86** today announced the awarding of contracts totalling \$800,000 for the supply of uniforms and wardrobe requirements for the 1986 World Exposition. 75 percent of the dollar volume was awarded to B.C. suppliers and that 100 percent of the contracts went to Canadian suppliers.

"A total of 19 British Columbia suppliers have been chosen while 9 suppliers from other parts of Canada will produce a total of 85,000 individual wardrobe pieces for on-site staff at EXPO 86."

### GLOBAL INVITATION PROGRAM LAUNCHED

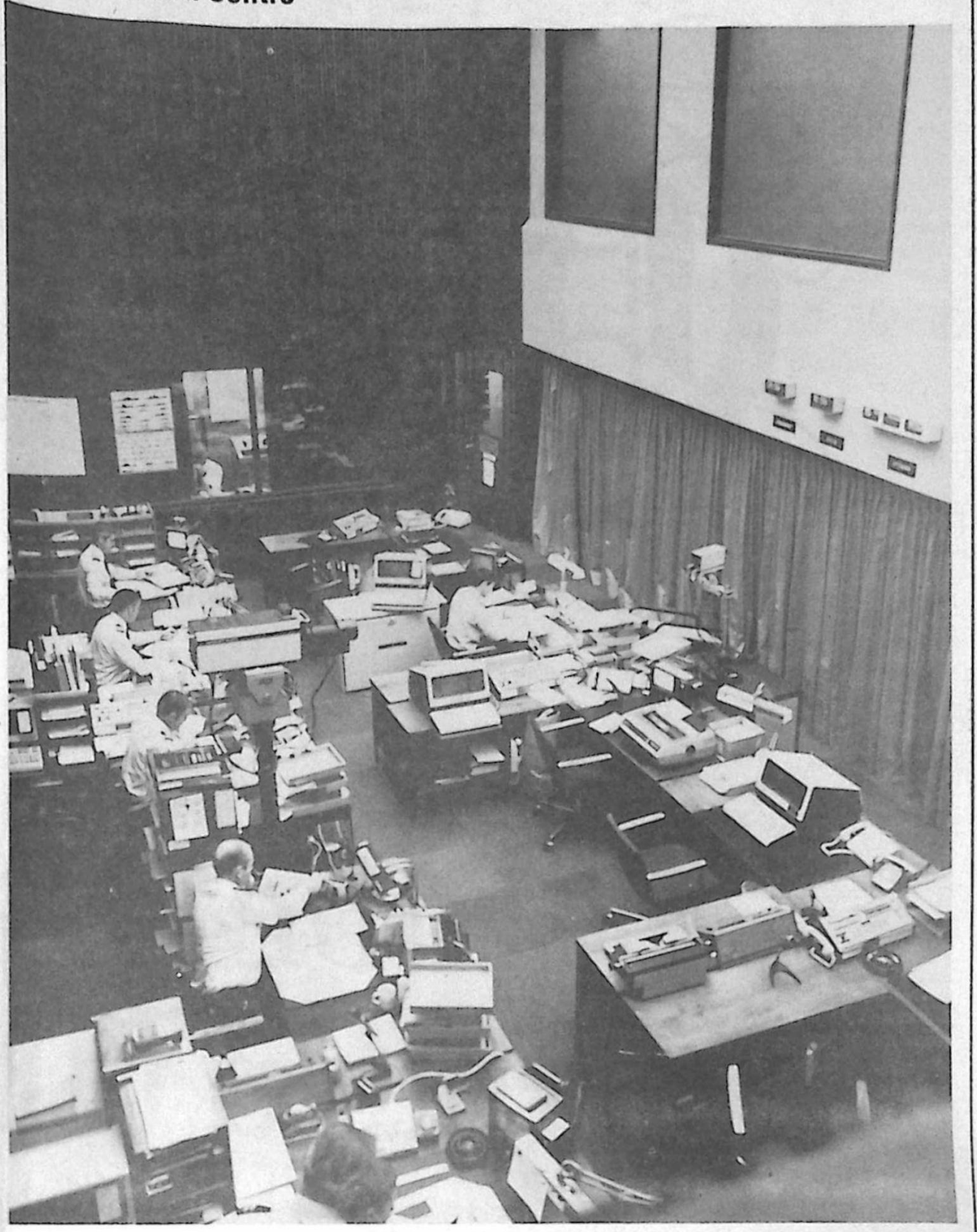
**Vancouver, B.C. — Premier Bill Bennett** was joined by hundreds of British Columbians to launch the 1986 World Exposition's massive B.C. Invites the World invitation program. With the assistance of the residents of British Columbia, host to EXPO 86, an astounding international guest list will be gathered in the next few months.

The province's leading entertainers and athletes helped celebrate the occasion. Nineteen-hundred-and-eighty-six helium-filled, prize-bearing balloons were sent aloft. Prizes included vouchers for three trips for two to Vancouver from anywhere in the world during EXPO 86, as well as 1,986 Royal Bank 3-Day Tickets.

British Columbians play a major role in the success of B.C. Invites the World. Each resident is asked to add the names and addresses of as many out-of-province family members, friends, club and business associates as they wish to the EXPO 86 guest list using special entry forms or by writing EXPO INFO (P.O. Box 1800, Vancouver, B.C. V6C 3A2.)

Every person on the Expo guest list will receive a personalized invitation from the Premier to visit EXPO 86. Each invite will also include the name of the inviting provincial resident and an invitation to their home town.

### NDOC - Action Centre



**Buffalo Narrows, Sask.** A Chinook carries out a recovery mission for a Canso water bomber stranded on a lake while fighting a forest fire.

**London, Ontario** Sixty or so service members help local authorities search for people injured or missing after a tornado.

**Southeast of Sydney, N.S.** Warned that hurricane "Diana" is on the way, a Voyageur helicopter helps to evacuate the Gorilla drilling rig. Five days later, another Voyageur, a Buffalo and a Sea King are dispatched to evacuate personnel from the Zapata Scotian rig, where an explosion is feared.

No matter what the situation may be — a military operation, field exercise, official visit, medical evacuation, sport event, or the testing of new equipment — if it involves the military, it involves the National Defence Operations Centre (NDOC).

In short, the NDOC is the command post for the Chief of the Defence Staff in peace and war. It allows him to transmit operational orders and to handle the vast flow of data about the status of all the elements and commands.

As the Operations Centre for the National Defence Headquarters, the NDOC fulfils the double role of collecting military information and co-ordinating a national response, if necessary. Its first function is to track all events, whether operational or training, that involve or are likely to involve the Canadian Forces. As such, it also serves as the point of contact for all other federal departments. When the Soviet nuclear powered satellite, Cosmos 1402, re-entered the atmosphere, for example, the NDOC was in daily contact with ten or so other federal departments including the Prime Minister's Office and the Privy Council Office.

Its second function mainly relates to unexpected events or periods of international tension or crisis, including wartime. Any operation that can be planned or is a matter of routine is handled through the established staff system; however, NDOC co-ordinates sudden requirements for CF personnel and equipment through the commands. Central coordination obviously makes for more rational management of the resources within the department as well as a quicker and more effective response by the forces involved.

The size of the group manning the Centre at any one time varies according to the situation, but falls into one of three general categories — normal, enhanced operations, and period of crisis or wartime. The selection of personnel for the Operations Centre is designed to ensure the broadest possible range of operational experience.

In peacetime and in wartime, the three operational elements — land, sea and air — are represented by their own specialists who maintain close liaison with each functional command. A military engineering desk co-ordinates all requests for Canadian Forces assistance from the civilian population or authorities. As well, a communication and electronics engineering officer is responsible for maintaining the communications system. The automated data processing (ADP) system is maintained by a civilian specialist.

In a time of enhanced operations, this regular team, under the overall direction of the Director General Military Plans and Operations, is reinforced by officers from various other directorates of NDHQ, the number again varying according to the situation and the type of assistance being provided.

In period of crisis or wartime each team will be augmented with 35 members and is thus able to work in shifts providing a 24-hour watch. Special desks are also established to meet operational needs of the forces in such circumstances. The Alert Measures Desk oversees the orderly transition to increased readiness and plots the various declarations of the status of alert at NATO, NORAD and various government agencies. A special cell is created in wartime to provide surveillance on the enemy's use of nuclear, biological and chemical weapons. Two additional cells provide liaison with the NDHQ Personnel Control Centre and the Logistics Control Centre. Lastly, a Transportation Desk, which is also responsible for postal services, is set up and works closely with the logistics liaison officer.

The Operations Centre controls a vast communication system that gives it direct access to NATO and NORAD commands, the federal government, the provincial governments and some of their departments, national and provincial police forces and all Canadian bases. Communication links are maintained by a computer, teleprinters and a number of telephone networks.

Other tools play an essential part in the Centre's activities — its library includes at least 2,500 documents dealing with Canadian and Allied defence plans — and access to its nerve centre has to be strictly controlled because of the sensitivity of the information stored there. Furthermore, the confidential traffic transmitted by automated systems must be impervious to electromagnetic detection or intercept.

The Operations Centre provides uninterrupted service and section heads carry a paging device that enables them to respond to any call.

To be ready to respond at any time to any eventuality — that is the whole purpose of the NDOC.



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# Oktoberfest

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