



TOTEM TIMES



Vol. 26 No. 19

CFB COMOX TOTEM TIMES

THURSDAY October 11, 1984

Deadline is Monday, October 22, 1984

COST: PRICELESS

United Way - 1984

At one time CF bases were inundated with various campaigns for charitable donations. Today we are canvassed only once a year to help a programme that supports our local charities - the United Way. For those of us who are fortunate enough to have good health and a steady income it is our social responsibility to help those less fortunate than ourselves, and your donation to the United Way is one of the best ways to do this. This year eight agencies applied, and were accepted, under the Comox Valley United Way umbrella. There are the Arthritis Society, Stroke Club, CNIB, Block Parents, Multiple Sclerosis, Canadian Diabetic Association, Red Cross and the Childrens Hospital.

The concept of combining many social programmes under the United Way umbrella and employing volunteer workers, (there are no paid United Way workers in the Comox Valley), has reduced administrative costs to ensure the maximum assistance value is obtained for each dollar collected.

Besides being efficient, there are many other reasons for supporting the United Way. It reduces the number of appeals for funds. It ensures a distribution of money that is both open and fair. It helps people with a wide range of needs, each as important as the other. And since the money collected stays in the area, it provides you with a convenient way to help your community.

It is worth noting that former income tax laws allowed a deduction of up to \$100.00 of charitable donations without receipts. New tax laws however require receipts which your canvasser will issue with your donation on request. If you donate through the pay assignment process your donation will be annotated on your official T-4 slip. Either way, it means less income tax. Remember, no donation, no deduction.

Please, consider those who need our help and give a warm and generous reception to your "volunteer" canvasser when he or she comes around.

IT'S UP TO YOU!

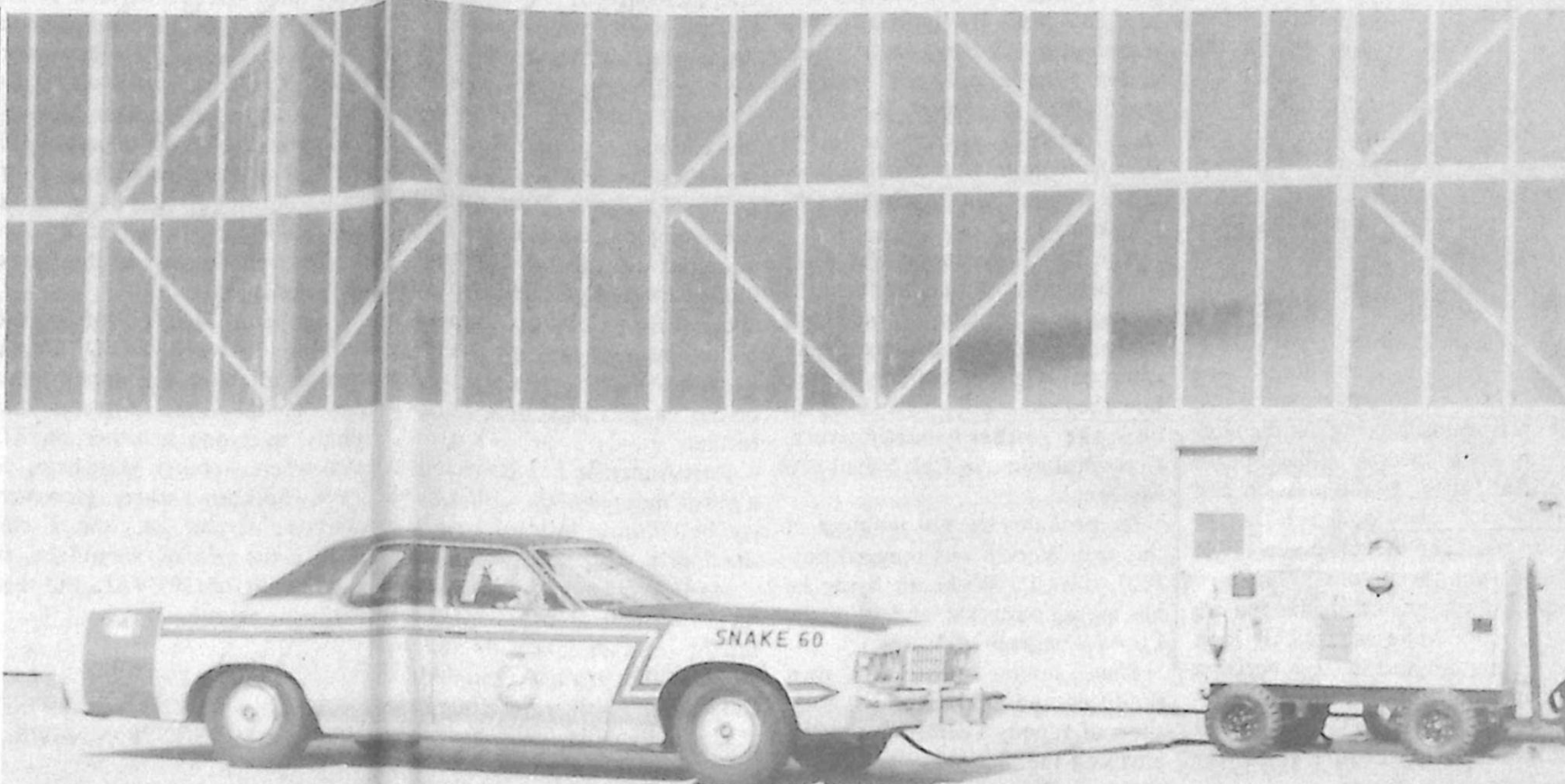
Thanks to you it works...



FOR ALL OF US

United Way

New SAR vehicle for 442 Sqn.



Question: Do Buffalo (of the aluminum variety) reproduce? Was aircraft 451, (the white orphan from Trenton), really seen making "eyes" at the native Comox yellow birds late one night in #1 Hangar? Could the strange vehicle in the accompanying photo, be the 'offspring' of such a union?

Sadly, the answers to the foregoing queries, vivid imaginations notwithstanding, are negative. As the 'Snake 60' moniker attests, it's 442's Commanding Officer's new 'staff car'!

Originally dressed in matte-grey, low visibility, radar-absorptive 'fighter' paint, (ala CF-18), LCol Stuart's 1974 Mercury Montcalm has recently been upgraded to become a first class 'SAR' vehicle. Its dull surfaces have been treated

to high-visibility yellow; its hood to a non-glare flat black; its flanks to a broad band of red, resplendent with Canadian flags; its doors bedecked with the Squadron badge; and lastly, wide, reflective lightning bolt stripes decorate its sides to enhance early recognition. During these modifications, the 442 'Battle Damage Repair Unit' also massaged-out the scars of several hundred sorties up and down Mt. Washington as well as insidious attacks of rust.

To achieve maximum effect of surprise (or should we say, shock!), all was accomplished while LCol Stuart was away 'showing the flag' at the Salinas Airshow, 21-24 September. Those left behind, passed the hat around the Squadron, purchased bodyfiller, sandpaper and

paint, and set to the task at hand. By Monday morning, 24 September, 'Snake 60' was receiving its finishing touches of tape-stripping, decals and an interior clean-up. When aircraft 456 from Salinas turned into line and parked that afternoon, a small contingent of well-wishers (sadists!) were on hand to witness the handover.

As LCol Stuart stepped-down the ramp and was presented with the keys by his secretary, Mrs. Merle Wadsworth, he was heard to utter: "I don't believe it... how am I going to sneak around, now?" Mrs. June Stuart, a co-conspirator from the start, (she gave us the keys!), brought a bottle of wine to help ease the boss's pain, and enjoyed a healthy chuckle at her husband's expense. Their son Jim, was

overheard to declare that he wouldn't ride in the car, and with that, we suspect the Stuart's Chevette has assumed the role of family transportation.

There is, as they say, a bright side to every story, and this is no exception. The CO has promised to will the car to the new Commanding Officer, due next summer, so that 'Snake 60' will remain with 442 for years to come. One has to wonder though, whether this is evidence of true 'Squadron spirit', or merely in defer to a family not enamoured of riding around in a Buffalo with its wings clipped. At any rate, we do know that LCol Stuart loves his car: after all, why else would he lock the doors now, wherever he parks it!

Forces' training seeks to mold bodies, minds

Chilliwack, B.C. (CP) -- Eric Nicoll's fatigues are stuck to him with dust and sweat.

The 17-year-old's matted hair is stuffed under a toque and his face is smeared with green camouflage. He has slept only two hours after hacking through bushes and digging trenches all night.

The only thing keeping him upright is adrenalin.

Exercise Feudal Warrior - a three-day, gut-wrenching test of leadership and boot camp's most demanding test - is in high gear in the forest and dirt pits east of Cultus Lake in the Fraser Valley.

Several hundred potential young officers are hauling 32-Kilogram packs, ambushing "enemy" classmates and clashing in an all-out, blank-bullet battle.

Nicoll was one of eight high school graduates from Hope who signed up for eight years.

Today, boot camp has pounded his body into shape and he is three days away from leaving for university to train as an aerospace engineer.

Canadian Forces Base

Chilliwack, nestled in the mountains of the Fraser Valley, is the testing ground for aspiring officers to prove they can toe the military line and deserve a free education.

Of the 400 officer cadets who started (315 men and 85 women), 31 have quit and 28 will fail before the graduation day parade.

Scott MacDonald, 18, of Waterloo, Ont., wants to be a pilot but this afternoon he is in command of a 12-member section.

His men are grim. Some have had less than 45 minutes sleep.

In a tired voice, MacDonald details his section's mission: march through the forest to Liumchen Creek, where a blown-out bridge must be replaced by one of rope; pick up a cache of weapons left by a friendly partisan.

Just before the section heads off in single file, a boy on a motorcycle bumps up the nearby road past a cadet sentry.

The sentry's semi-automatic rifle cracks out a single shot and remains trained on the youth.

The officer in charge of the students runs over shouting: "Don't shot him!" and the boy

roars off, oblivious to the fact that in a real war he would be dead.

While at the base, cadets march about under orders to salute every officer they see.

They are awakened at 5:20 a.m., run a couple of kilometres, hop through calisthenics and then set out their kit for a rigorous inspection at 7 a.m.

In classrooms, they are taught a myriad of regulations ranging from aid to civil powers (protecting the Pope), security classifications (who should talk to reporters), the Geneva Convention (how to fight a fair war) and military writing (communicating with jargon).

LCol Rick Neugebauer, the school Commander, says the most common complaint of the cadets is that they are always tired.

"We're looking for leadership potential," he says. "We're looking for somebody who can make decisions and not break under pressure."

Adds Nicholl: "It puts a lot of stress on you. You learn you can do things you never thought you could do before."

Papal visit '84

The visit to Canada of His Holiness Pope John Paul II can only be judged as an unequalled success. The Canadian Forces played an integral role in the visit and contributed significantly to the highly successful results achieved. Our extensive commitments in support of the national program and regional activities were all accomplished in a thoroughly professional manner which reflected considerable credit on the Canadian Forces and every member involved.

In every respect, I was most impressed and take considerable pride in the exemplary military bearing and dedication displayed in carrying out our responsibilities and in the way the Canadian Forces worked with the many other agencies and organizations involved in the conduct of the visit.

This historic visit was an event and an experience that Canadians will not soon forget, nor will I forget the professionalism displayed by the Canadian Forces. I extend my congratulations, appreciation and thanks for a job well done.

NDHQ - Ottawa

Clean sweep for VP407 at National ASW competition

In the period 14-18 May VP407 participated in the National ASW Competition in Greenwood. This competition in fact consists of three smaller competitions consisting of an aircrew, a groundcrew and a weapon load crew competition. 407

Squadron came home with all three trophies. Local award presentations form the competitions were made by Dennis Peeks, the local Lockheed Field Service Representative.

Photos on page 7.

"Fishwrapper" Exposed

Section News.....	2
Editorial.....	4
A.F.V.C.	5
Sports	6
Promos & Awards.....	7
Around the Base.....	8

Section News

Demon



Doins

AIRCREW

VP407 would like to welcome VU33 to the big 7 Hangar. While we don't envy you the achus-posterior of your move over here, we are delighted to share the spaces and the line. Watch out for the washrack . . . If you don't use ZERO we hear it shrinks the fabric to leave you with only little airplanes. Small airplanes, big people, good neighbors. Welcome.

It's that time of year again, Wet Ditching time. By now most of the squadron will have had a turn at sitting in the life-raft in the Straits. It's debatable which is worse, sitting in the raft or listening to the song Cold, Cold Water. Sitting in a life-raft seems to bring out the worst in some people. Mike Sparks decided after 5 minutes he had enough of it and pulled in the anchor and tried to sail to shore. He hadn't got far before a big grey boat pulled up and demanded we stop. Since Mike can quickly look at a situation and make a decision we dropped anchor and waited. After all the boat was a lot bigger than us and nobody was sure which way we were going anyway.

Our competition crew has departed for Australia to fly in the Fin-castle. Crew 6 is representing Canada in the VP ASW competition which has crews from Great Britain, New Zealand and Australia competing for the Fin-castle award. This is like the World Series of VP ASW with the winner being considered the best in the world. Just to make sure that the crew will do well, the CO joined the group. To make sure the squadron will do well, MAST came along. To make sure they are making sure, Commander MAG, BGen McLellan went with them. Good luck and good hunting.

With Steve James down in the FDS a group of the squadron's Officer Cadets have taken up residence in his office. Not content just to occupy the office it looks like they are having it painted and redecorated. If they don't go on course soon who knows how far they will go. Everybody is treating them carefully as rumour has it they have an in with Mr. Big himself. (The guy who marks the OP-DP exams.)

The VP407 invitation Car Rally is now history. With entrants in the thousands and competition fierce the girls from the Orderly Room came out winners. Nobody is sure how they did it but they showed up all the other participants. Congratulations to Cpls Schall and McDonald.

On probably the last mug-out of the year Woody was mugged out. With over 15,000 hours flying he has more hours than any 10 of the Lts on squadron.

Steve James showed his own produced and directed sound/slide show of Woody's career. It rivalled anything the National Film Board puts out. First of all he would like to thank the Academy . . . well done, Steve. To John Wood, our thanks and best wishes to a friend and fellow aviator.

Chris Kirby is back in one piece from spending 9 days with the boat people in the recent MARCOT. With sea time under his belt he must be a shoe in for the next Sea King posting.

To Crew 3, a big BZ for a rapid SAR launch. Mission done, time for fun, love the Sub-busters. Speaking of the Sub-busters, did you catch the act at the mess dinner? Complete with make-up and costume, song and dance. Well done, and thanks for the enter-

tainment. Wow, can the TPP do a break dance or what!

DIAC MAINTENANCE/TRAINING

This week we welcome MCpl John Arbic to the high-tech world of DIAC. John comes to us from 10 FTTU Cold Lake and no doubt his previous experience as an instructor will be put to good use here at DIAC Training. He probably got the wrong impression of the fishing potential in this area when he hauled in a 25 pounder from the shore at King Coho on his first try. He has been washing his bait in the Campbell River area lately, but the results haven't been quite so spectacular.

Russ Anderson has left us to join a servicing crew. We wish him all the best during his tour down on the floor.

Marty Wohlgenuth is back from the TQ6A course in Borden chock full of tech-admin smarts for the MOC 500 trades and Mike Coulombe is half-way through the JLC in Penhold. We have not heard from Mike so no news is good news.

Our bi-monthly "Fishwrapper" input would not be complete without a sick report so Roger the Skid obliged us by rearranging some collar bones which were thought to be fully mended after a previously reported motorcycle thing. Oh well . . . people who jump out of perfectly serviceable airplanes . . .

ARMAMENT

Well another term has gone by and it is Armourers turn to write at least try to write an article to keep the faithful readers up on what is happening in our section.

To begin with we had the MAR-

COT Exercise in conjunction with the United States Navy. Everything seemed to run very smoothly with no major hitches.

We have lost two Privates to the outside world, the first one is Dennis Moreau from the Torp Shop who was with us from Sep 81 'till Sep 84 and the second one is Don Marianchuk from the Servicing part of 407 Armament who was with us from 16 Jun 82 'till 30 Sep 84. I would like to wish, on behalf of 407 Armament, all the best in the future and good luck.

I am sure that all of us are looking forward to OPEVAL coming up later this month, but right at this time it seems that almost everyone is either on TD somewhere, course elsewhere, or leave who knows where. However, everyone should be, and I emphasize the phrase, should be, in good shape for OPEVAL. But then again one never knows.

VP407 SAMO SECTION NEWS

AMCRO

While the SAMO's away the mice will play. At least that was Lt Godbole's intention when he tried to slip a five week leave pass in through the Acting SAMO. Nice try, Push, but Capt Poulin outfoxed you! Meanwhile Marilyn did manage to get away on a few weeks of "R & R" down home in Nova Scotia. When Lt Irvine approved her leave pass he thought he was signing just another one of her Log Control forms. (Push - perhaps a few pointers from Marilyn will result in better luck next time!) Lt Irvine isn't doing too bad himself jam trip wise, as he prepares for the upcoming trip to Hawaii. He's been

watching VCR's of all the old "Five-O" shows and never misses "Magnum P.I." He's also been heard humming don Ho tunes a lot lately. It's all rather sickening. MWO Jack Jackson finally got his boat into the water after a year of fixing, tinkering and pouring money into her. His only problem now is getting "Good Times" back and forth from home as his trailer's broken! Perhaps you should re-name her "Good Time\$", Chief!

SERVICING

Well, things are starting to wind down at the ole servicing section with two airplanes in Australia and the conclusion of the MARCOT Exercise. We did what we had to do (whatever that was) with typical VP407 flair and efficiency.

It's TD time again, folks. We have in store trips to such exotic places as Hawaii and New Zealand in the upcoming months, plus the above mentioned Fincastle competition in Australia. All VP407 eyes are focused on this competition where it will be decided as to who is the best ASW nation in the Commonwealth. We all wish the best of luck to Major Fred Bishop and the rest of Crew 6 and Sgt Bill Folliot, the raging bull of aircraft serviceability, on their exploits down under.

Well, it had to happen, Pte Dan "I'll hold your twenty-five bid" Marianchuk has left us for greener (or blacker) pastures in the coal mines of Tumbler Ridge, B.C. Dan will best be remembered for his abilities as a . . . wh . . . well . . . mmm . . . well, he'll be remembered anyway. 3 Crew wishes you lots of luck with your new future, Dan.

3 Crew welcomes it's newest

faces, Cpls Rick Verbeek, Paul Sorrenson, and Frank Nadon respectively from CFB Trenton, 409 Squadron and 407 Maintenance.

I was recently handed a Line Sergeant's College Entrance Exam and I would like to pass on a few of the questions so we lower ranks can see if we have the "right stuffing" it takes to hold this prestigious position. Question #1 I's 2300 hours, you've sent everybody home and Ops calls down wanting a patrol airborne in 2 hours. As Line Sgt you: (a) run up to the Bowser area, grab the fuel truck, fuel aircraft to specified load, complete all trades B checks and have fresh hot coffee waiting for the aircrew; (b) sit numbly by the phone that Ops called you on, thinking of better times; or (c) immediately start panicking, having no rhyme or reasons for your actions.

Question #2 You've signed the "inspected by" column for a recent propeller change and that aircraft's next mission is aborted due to faulty prop installation. As Line Sgt you should: (a) quietly explain to the Flight Safety Officer that this is indeed a tragedy while you're deftly whitening-out your name and replacing it with the MC-pl'sa of that crew; (b) type a report placing all of the blame on the private who started the aircraft stating "he does this sort of thing all the time"; or (c) immediately start panicking, having no rhyme or reasons for your actions.

If you've answered (c) to the two above questions you might, just might, have what it takes to fill this high-pressure job.

In conclusion I'd like to congratulate all 407 personnel who wrote their Trade Boards in September as all passed.

Base Supply

BASE SUPPLY

The time has come again for me to write about what every good Supply Tech craves - gossip! And, as always, the Supply system is rampant with stories about our co-workers.

First we start with the comings and goings of our section. Debbie Smith leaves for her TQ-5 course in Borden on Friday. Dianne wants to know if your eye infection has cleared up yet Deb? Marie-Jo Bourdon and Kim Heath are both absent from General Stores this week. Kim is said to be having some hot holidays even though she is in a colder region of Canada. Dave Boudreau should be enjoying life on his sun (rain) deck at home. Hope your wife is feeling better Dave. Debra Burns has left Customer Services for parts unknown. No sooner had we lost one Tech to the Middle East (Wayne Davis), we're getting another one back (J.P. Ullock). J.P. won't have any time to settle back into a routine however, as he and Down are getting married on October 20th. Stan Stevens is wearing a smile these days as he has just returned from a trip to California. We can wonder if he will end up retiring down there in the future considering the good mood he was in when he came back. Deanna Graham is returning from her TQ-5 course this week, her comments from it will probably be in the next Totem Times article. And finally, we are welcoming to the Base our newest Tech, Karen Parrott. She will be working in One Group for the next few months, so help her in her training by giving her lots of work to do.

You may notice a few familiar faces in different places around the system. Claire Gagnon is putting her CF uniform to good use in LPO now. Hutch has moved out of LPO

but not far enough away that the bosses can't keep an eye on him. He is in the next office in charge of the major equipment desk. With Shelley Reyenga gone from LPO, that office is quieter now. Sue Wilson and Shawn Price have switched around with her going to the MUX and he to CE. Chuck Harvey has moved down to POL taking the place of Ken Minor who has had to re-enter the real world of 2 Sup Group.

Sports have played an important part in the Supply section over the years and this fall is no exception. Carrying on the tradition of the baseball team this summer, our football team has started the season with a perfect record. Unfortunately, it means that were lost every game we've played. Hopefully, that will all change on our next outing.

A large number of the Sup Techs have signed up for the aerobics classes here on Base, including two unlikely ones, Dan Brown and Claude Cipelletti. We aren't sure if they're there for the exercise or the chance to meet some women. (Is it true that they were wearing leotards at the last class?)

One Group and Wally Berger organized a fishing trip to Vernon Lake this past weekend. It was deemed a great success, Rob Truesdale claimed he caught a 12 lb. salmon while Bob Cotton only caught a 2 1/2 lb. minnow - it sounds pretty fishy to me.

Rumour has it that Larry Potter, our eternal bachelor in 2 Sup Group will be walking down the aisle on Dec. 21st - I don't know about you but I won't believe it until I see it. Besides, Larry has a \$20.00 bet with his dad that he won't get married until he is 25 years old.

Other romances include Mary-Anne Baer who's been very active

with a certain Base team quarterback (I hear he's been making passes at her). Kathy Segriff says she is not going out with Roger, she says she is just letting him hang around her for \$50.00.

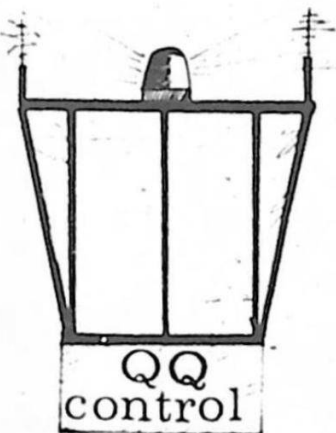
It is said that nothing moves slower than a Sup Tech with a demand in his hand. Thanks to the diligent work of a few individuals in General Stores, that will change in that section. They have programmed the computer with an automatic location system which will speed up the processing of demands and issue instructions. All the work has to be done after hours so a lot of overtime was put in. Thanks are owed to Derrel Sears, Mel and Sue Wilson, Dan Brown and Mario Seguin for all their efforts.

Mel had a little scare when taking all the locating cards to Victoria for sorting, I guess the pilot from 442 aborted the flight when taking off from Victoria airport only a few seconds after lift off. Mel only had enough time for half his life to flash before his eyes before they were safely on the ground again. He took the bus home instead and on top of all that he just got promoted to MCpl - congratulations.

Now for a few short subjects, beware of Majors who say they're only dropping by for a visit, you may end up paying \$2.00 for 5 tickets on some turkeys. Cal Francis spent the Thanksgiving Day holiday with a butter ball, it seems Cal suckered Mary Pratt into cooking him and Cam Bailey dinner if they supplied the bird. It tasted pretty good and last but not least, if anyone makes another joke about my white legs on TV I'll kill them. Though you could hardly tell it, this is the darkest tan I've ever had. Until next time - rock on!

Yeliob Ma.

As The Beacon Turns



AS THE BEACON TURNS

The past couple of weeks have been a time of hellos, good-byes and a shuffle of people around the section.

Saturday night is the ATC First Annual Shipwrecked Party - in honor of the Sundancer. The party is to say good-bye to Maj Les Al-Molky. Les is off to the dew-line after his recent promotion to major. Also, Pte Greg Alton will be leaving the section shortly for some OJT on the Base side. Greg leaves for Borden in February for his Steward course.

A welcome goes out to MCpl Greg Templeton. Greg is busy checking out as a PAR controller.

Capt John Myers has moved into the Standards slot replacing Maj Les Al-Molky. Sgts Neil Garlough, John Stirton, and Phil Nakashima have been playing shuffle the desks this week. Neil is now NCO i/c twr, John is in Standards and Phil moves back to IFRCC as a PAR controller.

Our Section Defence Force is busy with arms training, learning search and seizure procedures and fortifying the section. Who knows what new improved defences they will come up with next.

S.H.

Be Water Wise. Play it Safe.

Always wear a Personal Floatation Device or a lifejacket when around the water

The Canadian Red Cross Society

Jr. Ranks Club

OCTOBER, 1984

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
	1 DARTS	2	3	4	5 D.J. MAC (WHEELCHAIR WONDERS)	6 DJ MAC
7	8	9	10	11	12	13
					Mixed Oktoberfest at Base Rec Centre	
14	15	16	17	18	19 D.J. MAC	20
21	22	23	24	25	26	27
					BAND HIGH RISK Halloween dance	
28	29	30	31			

SNACK BAR: 339-4333

OKTOBERFEST
October 12 & 13, Friday & Saturday

Tickets available at PMC's office on both sides.
Cost: \$8.00 per person per night. Includes: hat, mug, one fill of beer, meal and entrance to Rec Centre. Band: Ernst Rilling Band. Doors open 1700 hours. Band starts at 1800 - 0100 hours.

October 26 & 27, Friday & Saturday - **HIGH RISK** - Top 40's band - 5 piece. Cost \$3.00 per person. Time: 2100 - 0100 hours. Also on the 27th, it's the **Halloween Dance**, come in a costume and get in for 1/2 price. There will be door prizes and prizes for best costume. Cost: \$3.00 - \$1.50 if in costume.

All DJ's cost: \$1.00 per person. 2100 - 0100 hours.

Section News

VU



33

442



Sqn

OPS

Another two weeks has gone by and with it the old VU33. The "new" VU33 is located in 409's old digs at 7 hangar. That's the good news. The bad news is that the six pilots it took to move Barry Van Dusen's locker all reported to MIR Tuesday morning with sore backs. We are not sure what was in his locker but due to the fact that the mess dinner was on the previous night it well could have been Barry himself.

Our crews returned recently from Salinas, Ca., where much was gained. For instance, Ken Farrar was fortunate enough to get T-33 formation tips from the Cold Lake pilots, Dave Bekolay exceeded his all time record for amount of sleep obtained on a single crosscountry trip, Nick Murgatroyd was able to claim 4 nights accommodation on a 3 day trip, and Norm Potvin was again able to eat free all weekend.

The Rock Bay survival exercise is one again over and at this time I'd like to thank all Base personnel who supported us in this excursion. Particularly, Base Transportation, Base Supply and Base Foods. This exercise is a highlight of our yearly calendar and we certainly appreciate the support. Also, I'd like to mention Pete Wyberge, Darryl Mackinnon, John Dimock, John Tomko, Ray Morrison and Cal Pearson for their extra effort. The success of this exercise, however, was really due to Barry Vandusen and Wayne LaChapelle who unselfishly cooked for everyone throughout the exercise. Your work was not taken for granted.

I'd also like to thank the CO for giving me some of his worms after my collection was exhausted. (Actually he caught more fish than I, though smaller.)

I'd like to mention Shirley Acorn. (Just to keep up the circulation at St. Joe's.)

The annual Luck-sac awards were presented to Pete Wybenga (biggest salmon), Glen Lichfield (biggest trout), and Ken Saunders (for making the mud hole at Stella Lake Road with his pickup).

In concluding, I'd like to ask a certain CO's wife (first name Cathy) why she was seen at Zeller's buying a red wig and black shoe polish. (Rollie told me to print that, honest!)

C.F.

MAINTENANCE

We're back with some more exciting news from everyone's favourite squadron, VU33. Since

there is so much that I have to tell, I guess we better get started.

We're finally moving down to the bigger hangar. No more living out of the baby blue hangar, and with that ends an era with this squadron. Of course, with an end comes a new beginning, a beginning that's expected to have just as much excitement as before. So to all our new customers, welcome to our new location.

Rock Bay has come and gone again for another year. When I first asked around, I was beginning to think that nothing happened, till I asked the right people.

There was, of course, a few fish caught as per usual. The biggest salmon was caught by Pete W. Ken F. caught the biggest cod, weighing in at 17.5 lbs. Of course, there was some fresh water fish caught, from what I understand Glenn L. caught the biggest fresh water fish. A few people caught some fish which had a diet of rocks. I guess these people were not allowed to weigh these fish, tough luck guys.

While we're still on the subject of fish, there was one or two that caught their fish, just by their line. That's okay Brent S., you will just have to get a better rod for next year.

As per any good fishing expedition, there were a few good fish stories but as per the history of this squadron not all the stories were about fish, as you're about to see.

I understand that everyone was under strict rations. For three days, a person got an ounce of steak, a pork chop, one and a half egg, and one strip of bacon. You've got to hand it to Barry VD, he made sure that all the food lasted longer than it was supposed to.

A few boats had some surprises this trip. One of our honorary members from workshops found out about the usual tides in the area. There is nothing in the world like returning from a fishing expedition and finding your boat trailer under ten feet of water. One can imagine the surprise on our member's face when he found out that the tide does come back.

As per tradition Phil W. pulled his disappearing chair routine again this year. You got to watch those chairs Phil, they're always moving on their own.

Of course, Phil isn't the only one who had strange happenings that evening, Chris S. had turned to liquid form that evening. From what I understand, three people had to pour him into his sleeping bag. You might say that it was a real wet experience.

Dave C. had his Chinese-a-la-Dave again this year. From what I

understand three delighted aircrew feasted on "Chicken Chop Worm" with Mactac Sauce sprinkled profusely with a topping of jellied Cod eyes". Talk about eating high on the cod.

Another first timer who came by water to sample the rigors of Rock Bay was delighted????? by the spectacular display of fireworks (in action, and around his boat) put on by the person(s) who shall remain nameless for health reasons. Why are you sweating DD?

Glenn L. led the troops in a sing-song around the camp fire. From what I understand from the Forest Wardens, it was more of a Class 2 forest fire.

To finish off the Rock Bay story for this year, a few thanks have to go out. One to Mrs. Livingstone for all the extra goodies that she supplied her husband with for the boys. As a matter of fact the goodies were so good that Tom L. hardly got any of said goodies. Jamie L., a good friend of Tom L., would like to thank the boys of the squadron for their generous donation.

So Rock Bay ends for another year. But don't forget, for all you guys who missed it this year, there's always next year.

We have some good news, another tech has been recognized for some unknown talent. Daryl M. has received 250 smackers for a suggestion in making it easier and safer for all us shorter people to refuel the T-33. I'm glad to see that someone likes your ideas.

Tell me, Ray M., is it true that you're looking for a rhinoceros to help you with your gold panning. I can see where you'd have it over Dave C. and his jack, but can you really teach a rhino to pan for the yellow stuff??

Well, that's it for this week, I'm off to Shearwater for a 2 week course, but I'll be sure to tell you all about it.

L.J.C.

Wos' - SGTs' MESS

**October 12 and 13
OKTOBERFEST**
At the Base Recreation Centre.

(This is a combined event with the Junior Ranks Mess.) "Oomph Band" - Daily from 1800 to 0100 hours.
Cost: \$8.00 @ person/night which includes: food, hat & feather Oktoberfest mug full of beer.

Open to all members - associate, honorary and guests.



**October 27
HALLOWEEN DANCE**

Live band - munchies. costumes please - No cost.

UPCOMING EVENTS

November 9 - WESTERN NIGHT
"Dance with Kenny Shaw" Advance tickets at \$20.00 for regular and associate members. \$25.00 for honorary members and guests.

For further information contact Sgt K.I. Paulsen, local 2465.

Major Lloyd Snyder, Mission Commander of this year's SAREX team, sends the following report:

The travelling troubadours and harbingers of good will have attended another SAREX; and returned empty-handed. They did however, improve their showing from last year, by placing ninth versus eleventh out of twelve. At that rate, they will win all the marbles in about five years!

The trip was certainly anything but uneventful. It started when we found that the Aircraft Commander and the two Labrador Flight Observers were not booked out on the Service Flight. That problem was quickly resolved and we all set off in high spirits. Our brief "high" was soon dashed when we discovered in Edmonton that only the AC and Lab Flight Observers were booked on the Herc from Edmonton to Eglin AFB. It was at this point that the AC, Maj Snyder took the bull by the horns and, more specifically, his brother Sgt Snyder of Edmonton MAMS by the ear, and got the entire travelling circus into the Astra computer. After a scintillating evening in Trenton, we finally arrived at Duke Field, Eglin AFB Florida. We checked into our hotel in Ft. Walton Beach and proceeded to plan our strategy.

The afore-mentioned strategy meeting was held in the AC's room. All crew members put forward excellent plays for the winning of all trophies with the exception of the First Officer, Capt Lindsey, who whined incessantly about the opulence of the AC's furnishings in comparison to the early K-Mart decor of his own hovel. When the whining reached such a volume that it drowned-out all else, the meeting was adjourned and all went for dinner. The AC and Cpl Conley unfortunately, were sidelined at another high-level conference around the pool, and failed to depart with the gaggle, choosing to dine fashionably late. Upon his return, the AC did a double take as his room had been redecorated in early K-Mart. The Ace Moving Company had pulled a fast switch! This will serve to explain why Capt Lindsey now walks into more walls than usual, as he is constantly looking over his shoulder to see how the boss will get even.

Day one arrived, clear, sunny and hot! Ninety-five degrees fahrenheit in the shade! The main briefing was held in the Base Theatre, an unauthorized smoking area. The navigator, Capt Puttock, is still trying to determine what that is. We drew team number three, first to do the MEDEX and NAVEX. . . all the heavies in the first day. Play time was over!

Day two, 0530 hours, the crew is up and ready to go. The SAR Techs are muttering incomprehensible gibberish about B.P., cardiac fibrillations, chronic phlebitis (take that, Daigle!) and the possible complications. Our team, Cpls Conley and McClusky are ready. Especially since Cpl Conley had already experienced a case of cardiac arrest, by showing the AC and the First Officer a rubber snake in a garbage can; a ploy which was to continue for two days later when the maids made up his bed with the rubber snake in it; not funny, eh Rob? We arrived at the medical site at 0730, where Capt Lindsey experienced an attack of a killer "leaf". Apparently a motion on the ground caused him to jump into the trunk of the car (no small feat if you're Tom's height!). The leaf went on its way, and Sgt Callaghan was able to convince the young Captain that it was a harmless variety. The medical team did extremely well, garnering 85 points out of a possible hundred. They incurred a ten point penalty, however, for going three minutes overtime, and finished fifth overall with a 75.

Next came the Vav route, Capt Puttock, our steely-eyed navigator, outdid himself in vectoring us around the route. Targets were found and plotted with fantastic precision. When the smoke had cleared, we had thirteen penalty points: second overall. At this point we knew it was in the bag; nothing left by the parajumps, and our jumpers hadn't missed the target in two weeks. We had already set the example in the NAVEX by having the best team jump in the competition.

The jump competition was plagued by tremendously variable winds. The jumpers followed the artillery motto "Ubique"; "All Over The Place". Out first jumper, Cpl "Gator" McCluskey set the stage by missing the target by a mere 300 metres. Not to be outdone, our second jumper, Cpl Rob Conley, landed 200 metres short. The team leader, Sgt Pat Callaghan, sent up a shower of dirt at 21 metres. From then on it was all uphill, and we never recovered, placing eleventh in the individual jumps and ninth overall. We thought all was not lost however, as Gator should win the most improved jumper award with his final leap of six metres. It was not to be though, as Cpl Ken Power of the Gander contingent won the award with a first jump miss by over half a mile, followed by a bell-ringer . . . dead center.

The overall results did show Canadian supremacy, if not 442 supremacy. First place went to 103 RU from Gander; 413 Squadron, Summerside was second; 424 Squadron, Trenton was third; 440 Squadron, Edmonton, fifth; 435 Squadron, Edmonton, sixth; and 442 finished ninth, overall. Next May in Edmonton, we continue our charge to the top of the heap!

OFFICERS' MESS

Fridays - October 12, 19 and 26
REGULAR TGIFs: 1600 - 1700 hours. Food as indicated below -- 1700 - 1800 hours. Free taxi - ask at bar.

October 12 - TGIF PIZZA & SALAD
October 19 - TGIF CHICKEN IN A BASKET
October 26 - TGIF LASAGNA & FRIES

Wednesday, October 24
OFFICERS WIVES CLUB - BRIDGE



Wednesday, October 17
OWC TACKY TOURIST COSTUME PARTY
1930 hours for 2000 hours.

Featuring a Penny Auction. Wear your wild and crazy clothing. There will be prizes for the tackiest. Admission is by Gag Gift or baked goods, etc.

Saturday, October 20
OCTOBERFEST PARTY: "EIN PROSIT!!!"

Come out and join in the "Gemuetlichkeit" German food featuring Goulash soup, Bratwurst, Knackwurst, Bockwurst, Sauerkraut and pan-fried potatoes will be served from 1930 - 2100 hours. Dance to the Black Forest sound of "Bourne Tyroleans" from 2100 - 0100 hours. There will be free beer steins and door prizes. Cost per couple: members - \$25.00; guests - \$30.00. Reservations to the Mess Manager by 1200 hours, Tuesday 15 October 84.



COMING EVENTS IN NOVEMBER

November 1 - RETIREMENT MESS DINNER
November 18 - GREY CUP PARTY
November 22 - MIXED DINING-IN

M.S.E. Driver Safety

What would you do??

You're driving at 90 kph (55 mph) on a paved country highway when ahead, without warning, the pavement ends and the road becomes freshly laid loose gravel. What should you do?

- ☐ Brake hard and ease off to medium brake, release brake entirely, grasp wheel firmly, and steer straight ahead.
- ☐ Take foot off accelerator, do not brake, grasp wheel firmly and steer straight ahead.

Answer on page 8

Editorial

New uniforms!

In a recent edition of the "Fishwrapper" a reader expressed his elation at the governments intention to bring back distinctive uniforms for the Navy, Army and Air Force. I share that reader's elation. The government has declared that it wants the new uniforms within one year. It could happen, but I have my doubts.

The committee on dress is now probably one of the busiest groups in Ottawa and I can imagine that steady stream of "brass" going before the committee to put forward their personal ideas on what they think the new uniform should look like, I am sure that by now the endless suggestions have them frustrated to a point where they would like to scream "Enough! Enough!" and lock the door.

Every member of the service's has a personal view on what the new uniforms should be like and I have heard many opinions expressed. What seems to be common in these opinions is that the new uniforms should be comfortable, distinctive and Canadian. To have a distinctive Canadian uniform is a must; to go back to a "care package" from the RAF and RN would be a horror to frightening to contemplate. Hopefully we will

never again be mistaken for being British as was the case in the days of the RCAF and RCN.

The Navy will undoubtedly go back to the navy blue but it is hoped that all else will be a departure from the RN pattern. The old salts would like to see the "executive curl" back on the braid for officers. They younger thinking would like to see a maple leaf instead of the curl. I am with the younger thinking, but I am not a Navy type.

The Air Force has an opportunity to have a blue uniform that is different in hue to other air forces and thereby being distinctively Canadian. One item of dress that I would like to see retained would be a wedge hat. This would give the Air Force uniform a link with its heritage.

There is one item of dress that all three elements desire as standard issue and that is the parka. No matter where you are in Canada during the winter months, even in Comox, a parka is the most sensible garment.

Soon the days of our officers glittering like a multitude of banana republic generals will be gone and it will be obvious at a glance that we are either Navy, Army or Air Force.

D.B.



IT'S THAT TIME OF YEAR AGAIN!

Letters:

416 Reunion

(for the pussycats meet)

After 22 years of flying the CF101 Voodoo at CFB Chatham, 416 All Weather Fighter Squadron will be temporarily stood-down at the end of 1984 awaiting conversion to the CF18. The Squadron will be hosting a Reunion/Close-Out Party, now open to all past and present Lynx Squadron members and will be held on the 23rd and 24th of November 1984, at CFB Chatham,

New Brunswick. This occasion will also be used to bid farewell to the CF101, as 416 AW(F) Squadron is the last remaining operational Voodoo squadron in the world.

The Reunion/Close-Out Party is open to all past and present Lynx Squadron members and will be comprised of a Meet and Greet function on the 23rd and a Dinner and Dance during the evening of November 24th. Anyone wishing to obtain further information should contact Capt Darrell Synnott, 416 AW(F) Sqn., CFB Chatham, Curtis Park, New Brunswick EOC 2E0, or telephone (506) 773-4421, local 316.



CYPRUS ROTATION

Ottawa -- Canadian troops will begin their 52nd rotation to Cyprus during the period of October 2-15, 1984. The 1st Battalion, Royal Canadian Regiment (1 RCR) based at London, Ont., augmented by other units from Mobile Command, will take up Canada's portion of the UN peacekeeping role on the island for a six-month tour.

The 425 members of 1 RCR, under the command of Lieutenant-Colonel Larry Bowen of Montreal, are replacing members of the 1st Battalion, Princess Patricia's Canadian Light Infantry who will return to their home base in Calgary.

Air Command's 437 Transport Squadron, located at Canadian Forces Base Trenton, Ont., will fly the 1 RCR to Cyprus and bring home the 1 PPCLI. This will be the fourth tour of duty on the Mediterranean island for the 1 RCR.

Canadian Forces personnel have been in Cyprus since March 1964.

VPI COMOX WING Meeting and Social Gathering

RCAF ASSOCIATION BUILDING
1900 hours -- 16 October 84

All members welcome to join in an evening of VP fellowship.

New members welcome "only 2000 VP hours required"

Points of Contact:

Capt Poole: 2308/339-7137 -- Capt Pasanen: 2327/339-6782;
WO Wood: 2308/339-4962 -- Maj Gibbs: 2308/339-5728

Navy searching for oldest sailor

Halifax -- Maritime Headquarters in Halifax is currently searching for the oldest veteran of the Naval Service of Canada.

The Canadian Navy is planning celebrations for 1985 marking the 75th Anniversary of the Naval Service of Canada. The ceremonies will include special events, parades,

ships assemblies and numerous reunions of former members who served with the Canadian Navy.

The personnel search will not only identify the oldest naval veteran but will also update the list of retired sailors and maintain contact with their fellow members.

Anyone who could assist in

locating the oldest naval veteran or update our list of retired naval personnel, is asked to write to:

Maritime Command Headquarters
FMO Halifax, Nova Scotia
B3K 2X0
Attention: Senior Staff Officer
75th Anniversary

Next Totem Times Deadline - Monday,

October 22, 1984



Law Talk

by the Law Society of British Columbia

Anyone who has suffered physical pain or mental anguish as a victim of a criminal offence knows how frustrating it is to obtain adequate compensation. Often it appears that the offender is allowed to go free, while the victimized party is left alone to deal with his or her loss.

The fact is, a victim of crime has several legal courses of action by which to seek fair and just recompense.

A victim can launch a civil lawsuit to obtain compensation for loss or damage to property or for personal injury. Civil and criminal law are independent of each other so an offender who has been punished for a criminal offence can also be sued in a civil suit. If successful, the victim can obtain the return of stolen property, if the offender has it in his possession, and monetary damages.

Unfortunately, victims of crime often find the situation necessary to bring about a successful civil action less than ideal. For one thing, the victim must be able to locate and identify the offender. In cases involving property damage, often the

victim does not know who is responsible.

Secondly, even if the victim manages to bring an offender to court and wins the case, it may be difficult to collect any money from the culprit. If the offender has little or no assets, the victim will have gained nothing from the civil suit.

Thirdly, a civil procedure may take as much as a year or more before reaching the courts because of the heavy backlog of cases awaiting trial. Once an action has been initiated, the legal costs involved can be very expensive. Many victims are forced to act as their own counsel in Small Claims Court to avoid costly legal fees.

In addition to a civil action, the Criminal Code provides for two other types of compensation for victims of crime: restitution and property compensation. A convicted offender may be ordered to pay compensation of up to \$50 for willful destruction or damage to property. However, this amount will only be awarded in cases where the damage is not greater than \$50, and victims of theft do not qualify.

There is another recourse available to victims at the time of sentencing. The victim may ask the court to direct the offender to pay him an amount of money equivalent to the loss or damage his property suffered as a result of the crime. A similar section of the Code grants the same rights to innocent buyers of stolen goods. In both of these cases, the court will not award damages for pain and suffering by the victim. Restitution may also be included as part of a probation order.

If a victim can prove that stolen property recovered from a culprit is rightfully his, the Code requires the court to order the property returned to its rightful owner. Generally, the police will return stolen property recovered from a crime if sufficient proof of ownership is provided.

Personal injury victims may be entitled to criminal injuries compensation. This legislation exists all across Canada, with the exception of Prince Edward Island. These compensation schemes are designed to compensate a victim of crime for

the injury or disability incurred as a result of specified offences in the Criminal Code. This includes injuries sustained while lawfully arresting or attempting to arrest an offender, attempting lawful prevention of a crime or assisting a peace officer. If necessary, a victim may be awarded rehabilitative and medical benefits as well as financial compensation under B.C.'s Criminal Injuries Compensation Act. If the victim is killed or dies as a result of his injuries, his dependents are entitled to this compensation.

A victim has one year to apply for criminal injuries compensation in the case of injury and his dependents have one year to apply in case of death. The victim must also choose between suing the offender in a civil action or applying for criminal injuries compensation. He may not do both.

For further information on B.C. Criminal Injuries Compensation write: The Criminal Injuries Compensation Board, c/o Workers' Compensation Board, 6951 Westminster Highway, Richmond, B.C. V7C 1C6.

TOTEM TIMES

Published every second Thursday, with the kind permission of Colonel Kadonoff, Base Commander, CFB Comox.

Second Class mail registration is 4098. Office phone: 339-2541.

INTERIM EDITOR: Ron Fisher (local 2560)

BUSINESS MANAGER: Margrit Buchholz (loc 2595) or 339-5468

CIRCULATION MGR: Shawn & Susan Johnson: 339-0580

SECRETARY: Kathy Pincombe: 339-3497

CAMERA OPERATOR: Dave Blamire & Dave Gibson

EDITORIAL STAFF: Gilles Doiron, Lloyd Gernack, Jack & Rosemary Gibson, Bob Hallowell, "Jeff" Jefferson, Doug McArthur & Bill Stephens.

PHOTOGRAPHY: Base Photo

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item. "Advertising is an offer to sell and may be withdrawn at any time." Address correspondence To The Editor, Totem Times, CFB Comox, Lazo, B.C., V0R 2K0. Subscription rate: \$6.50 per year.

Printed in Courtenay, B.C., by the Comox District Free Press



A.F.V.C.

Visite Papale 84

La visite au Canada de sa Sainteté, le Pape Jean-Paul II, a connu un succès sans précédent. Les forces canadiennes ont joué un rôle primordial au cours de cette visite et ont contribué d'une manière significative à ce très grand succès. L'envergure de notre participation au programme national et aux activités régionales et la compétence dont vous avez fait preuve sont tout à l'honneur

des forces canadiennes et de chacun d'entre vous.

J'ai été très impressionné à tous les égards, et je suis fier de votre comportement exemplaire et du dévouement dont vous avez tous fait preuve en assumant vos responsabilités ainsi que de votre attitude envers les représentants des nombreux organismes qui ont contribué au bon déroulement de la visite.

Cet événement historique restera gravé dans la mémoire de chaque canadien, et pour ma part je n'oublierai pas le degré de professionnalisme démontré par les forces canadiennes. Je vous adresse à tous mes félicitations, et je vous remercie de vos efforts et de l'excellent travail accompli.

NDHQ Ottawa

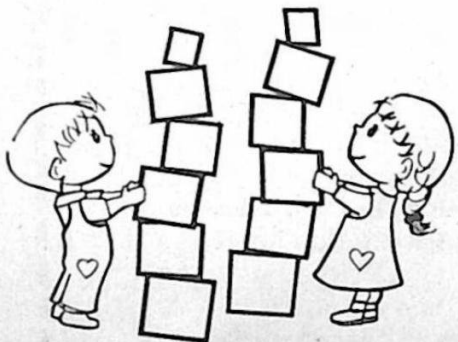
Mot du président

A cause du manque de pré-enregistrement le Rally automobile planifié pour la fin octobre est annulé.

Nous n'avons eu aucun appel au bureau au sujet du rally.

Gilles Doiron
President

Le Monde Enchanté



Pour votre enfant, un avant-midi de plaisirs tout en apprenant. Voilà en gros ce qu'offre la prématernelle, Le Monde Enchanté. C'est le temps pour inscrire votre enfant pour Septembre.

Sonia Hauser - 339-2637
Margot Doiron - 339-3802

ASSOCIATION FRANCOPHONE DE LA VALLÉE DE COMOX

PRÉSIDENT:	Gilles Doiron	Res: 339-3802
VICE-PRÉSIDENT	Marc Beaulieu	Res: 339-4258
TRESORIER	Sonia Hauser	Res: 339-2637
SECRÉTAIRE:		
DIRECTEURS		
ÉDUCATION:	Gérard Gagné	Res: 337-5787 Bur: 286-3282
SUPPLÉANT:	Jean-Charles Lemieux	Res: 338-8815
LOISIRS ET SPORTS:	Jacques Côté	Res: 338-5670
CULTUREL:	Marie-Paule Gregor	Res: 337-5785

SECRÉTAIRE: Claudette Potvin

Pour plus de renseignements, contacter une de ces personnes.

ASSOCIATION FRANCOPHONE DE LA VALLÉE DE COMOX
493 Fitzgerald
Courtenay, C.B., V9N 2R1
Tel: 338-6125

HEURES D'OUVERTURES
MARDI - VENDREDI: 1:00 p.m. - 4:30 p.m.

LA PROCHAINE RÉUNION DU COMITÉ SERA JEUDI
18 OCTOBRE à 7:30 P.M.

RABAIS SUR HUILE À CHAUFFAGE ÉCONOMATS

Bonne nouvelle pour tous les membres autorisés et pour ceux que deviendront membres de notre plan d'huile à chauffage domestique. Pendant la saison de chauffage 1984-85, du 1er septembre 1984 au 31 mai 1985, vous obtiendrez...

2¢ LE LITRE
PLUS

5¢

LE LITRE

7¢

LE LITRE

(31,82¢ LE GALLON) De remise totale

Déduit de la facture

(Au moment de la livraison)

En dividende

(En fin de saison de chauffage)

Obtenez de plus amples détails sur la façon de devenir membre du Plan d'huile à chauffage Économats à votre débit Économats ou communiquez avec le bureau du C Écon.

Merci de votre appui! C'est en groupant leurs achat d'huile à chauffage que les Économats parviennent à vous offrir de meilleur prix.



Unclassified

RATES

First Insertion - NO CHARGE
Subsequent Insertions - \$2.00 per inch

RIVERSIDE PARK RENT REDUCTIONS

Does Your Rent Include?

—fridge, stove, dishwasher, washer and dryer in all 2 bedroom units
—fireplaces and large balconies
—1 1/2 baths with Jacuzzi tubs
—saunas and exercise room
—party room with wet bar and ping-pong
—swimming pool
—free cablevision
—excellent view suites available
—extra large suites
—rents from \$380.00

If not —

PHONE: 338-7973

"Best value for your rental dollar!"
CUSTOM PROPERTY MANAGEMENT LTD.

Be sure your home and belongings are properly insured. See —

Bob Emmerson
Nanaimo Realty Insurance
Courtenay, and call 334-3124 or home 339-5259

For sale by tender. 1973 brown Mustang. Automobile requires body work and engine work. Interested parties may submit sealed bids to Capt Hackett BHousO by 20 Oct 84. This is an estate sale and the highest bid may not necessarily be accepted. Inquiries call Capt Hackett at local 2322.

BUILDING MATERIALS

Lumber & Plywoods
Panelling - Arborite
Doors and Windows
Builders Hardware - Tools, etc.
Electrical and Plumbing Supplies
Paints and Finishes
Roofing - Siding
Cement Department
Truck Delivery
Customer Financing

CENTRAL BUILDERS
610 Arderton Avenue
Courtenay, B.C.
Phone 334-4416

Bates Beach Resort
1 & 2 bedroom furnished apartments. Waterfront. Heat & Hydro included. From \$285.00. Call 334-2151 or 338-0501.

Urgent - Babysitter required to sit mornings until children leave for school. Could start as early as 0430. PMQ area Lazo. Call Rod or Tanya at 339-7746.

mother nature
HEALTH FOODS
• Good Health Through Natural Foods & Vitamins
• Bulk Quantities Available
• Trolleys, Appliances, Books
• Wine Art Supplies
• Vitalizer Rebounders
COMOX - 1783 Comox Ave.
339-5111
DISCOUNT FOR SENIOR CITIZENS

DO YOU
WANT TO
SELL? BUY?
RENT?
TRADE?
THIS IS
THE SPACE

EW
Courtenay

2 SEPARATE SHOWS
EACH EVENING AT
7:00 p.m. & 9:00 p.m.
OPEN 7 DAYS A WEEK

Adults \$3.75, OAP \$1.75, Child \$1.75

NOW SHOWING - Thursday, October 11
THE LAST STARFIGHTER

(MATURE)

Friday to Thursday - October 12, 13, 14, 15, 16, 17, 18

DOUBLE BILL

7:00 - GHOST BUSTERS

(MATURE)

"Warning - May frighten young children. Some coarse and suggestive language." - B.C. Director

9:00 p.m. - SHEENA

(MATURE)

"Warning - Some violence, occasional nudity, swearing and coarse language." - B.C. Director

WATCH YOUR LOCAL NEWSPAPER FOR
THE NEXT EXCITING FILM FEATURES

Stardust

Drive-In Theatre

ALL ADMISSIONS \$4.00

ALL-NITER \$4.50

BOX OFFICE - 7:30 p.m.

SHOW STARTS - 8:00 p.m.

Friday, Saturday, Sunday - Oct. 12, 13, 14

REVENGE OF THE NERDS

(MATURE)

"Warning - Some very coarse & suggestive language, occasional nudity & suggestive scenes." - B.C. Director

PLUS - BACHELOR PARTY

"Warning - Frequent suggestive scenes & occasional nudity." - B.C. Director

CFB COMOX

RESTAURANT GUIDE



EAT IN - TAKE OUT
HAMBURGERS - NUGGETS
FISH & CHIPS - COFFEE & TEA
SOFT DRINKS - DESSERTS

1743 COMOX AVE., COMOX

MR. MIKE'S

HOURS:
SAT TO THURS.
11 a.m. - 8 p.m.
FRI.
11 a.m. - 9 p.m.

BROWNIES

fried chicken

COME AND GET
A REAL MEAL

Mon.-Sat.: 10 am-9 pm
Sunday: 12 noon-8 pm



UNITED WAY
A good idea
that works.



ARRAN HOUSE
SPACIOUS 1 & 2 BEDROOM APARTMENTS AVAILABLE NOW IN THIS NEARLY NEW BUILDING. SUITES ARE BRIGHT AND CLEAN AND INCLUDE LARGE FRIDGE AND STOVE AND ARE CLOSE TO TOWN.

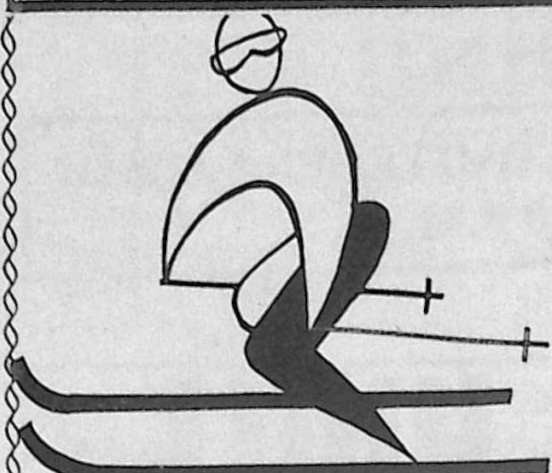
1 BEDROOM FROM \$320.
2 BEDROOM FROM \$345.
(After Rebate)

\$30 rebate on 1 bedroom
\$60 rebate on 2 bedroom

Call Gordon or Edna Brady at 338-1624

Managed by West Coast Savings Real Estate Division Ltd.

Sports



CFB Comox

Ski Club

Once again skiers get that far away look in their eyes, gazing towards the mountains, looking for that first trace of snow. For a dedicated skier this is a difficult time of year, trying to be patient, yet praying the white fluffy stuff will come early.

Skiing is just around the corner, a mere 5 weeks from now all self-proclaimed ski nuts can indulge in an orgy of powder. If the past two years are an indication, we should receive between 15 and 20 feet of snow again this year. Yes, you easterners, that's FEET.

For the new arrivals at CFB Comox, be prepared for the best skiing of your life. We are blessed with two superb facilities, Mt. Washington and Forbidden Plateau, a mere 45 minutes from the Base. There is also a very active ski club on Base, that can initiate you to the area and where you can meet other skiers with the same passion as you.

On Tuesday, 30 Oct 84, at 7:00

p.m., the CFB Comox Ski Club will host a Meet & Greet at the Glacier Greens Social Centre. Representatives from both Mt. Washington and Forbidden Plateau will be there to outline their programs for the coming season. Comox Sports, Ski Tak Hut and Mountain Meadows will also be on hand displaying the latest in ski equipment for 1985. The evening will be topped off with some exciting ski movies to get the adrenalin flowing. Come out, meet some new people, regenerate old friendships and spin tales about your favourite sport.

Following quickly after the "Meet & Greet" is the Ski Club's second annual ski swap and fashion show which will be held at the Airport School gymnasium on Saturday, 3 November. Last year with over \$4,000. worth of equipment being sold there was a wide selection of skis, boots and clothing for sale with many bargains being

found. Knowledgeable representatives will be on hand to aid you in your selection. Equipment for sale will be received between 8:30 - 12:00 noon with the swap commencing at 1:00 - 4:30 p.m.

The last event in November will take place on Wednesday the 15th at 7:00 p.m. The Ski Club will be offering a ski tune-up clinic at Comox Sports in the Comox Shopping Centre. This is an excellent opportunity to ensure that you equipment is in safe working order for the season and also learn how to wax your own skis and sharpen the edges. Safe, well tuned equipment can improve your skiing a great deal.

In addition to the above noted events, the Ski Club will also host two fun days, one in December and one in April as well as sponsor a ski trip to either Whistler Mountain or Mount Baker. These will be the subject of future articles. In the meantime, remember the Meet & Greet and pray for snow.

Glacier Greens report



Who were the idiots on the course last Sunday??

The Annual Closing Banquet will be held on Saturday the 27. Cocktails at 7 followed by dinner at 7:30 then at 9 - dance to the music of DJ Mac.

Winter golf starts on Sunday the 28th at 11 o'clock - be in the clubhouse by 10:45. It will be run on the same format as last year, looking forward to seeing all you ardent golfers each and every Sunday.

Look forward to a General Meeting at the end of the month so put on your thinking caps and come up with some nominations for the 1985 Executive.

The First Annual Number One in the number two business Left/Right Handers Golf Tournament will be held on Saturday the 13th October with the tee time of 9 a.m. - be in the clubhouse by 8:30 if you have not previously paid and signed up in the PRO Shop. The fee for this event will be five dollars.

The Friday Night Mixed Two Ball Windup will be held this Sunday at 9 a.m. - be out one half an hour earlier to register.

Going out New Year's Eve, if so plan on attending the New Year's Dinner Dance at the Social Center.

Fall Arena Schedule

DAY	HOURS	ACTIVITY
Monday	0800 - 1100	—Ice maintenance
	1100 - 1300	—Intersection broomball
	1300 - 1430	—Fire Hall
	1430 - 1545	—Open
	1600 - 1745	—Wallace Gardens
	1800 - 2400	—Intersection Hockey League
Tuesday	0800 - 1000	—Open
	1000 - 1100	—Moms & Tots
	1130 - 1230	—Base Team Broomball
	1230 - 1345	—407 Squadron
	1400 - 1530	—Old Timers' Hockey
	1600 - 1730	—Base Team Hockey
	1800 - 1915	—Minor Hockey
	1930-2030	—Public Skating
	2100 - 2245	—Commercial Hockey League
	2300 - 2400	—Open
Wednesday	0800 - 0900	—Open
	0900 - 1045	—ATC
	1100 - 1300	—Intersection Broomball
	1300 - 1430	—Open
	1430 - 1545	—442 Squadron
	1600 - 1745	—Wallace Gardens
	1800 - 2400	—Intersection Hockey League
Thursday	0600 - 0800	Minor Hockey
	0800 - 1000	—Open
	1000 - 1100	—Moms & Tots
	1130 - 1230	—Base Team Broomball
	1230 - 1345	—407 Squadron
	1400 - 1530	—Old Timers' Hockey
	1600 - 1730	—Base Team Hockey
	1800 - 2145	—Commercial Hockey League
	2200 - 2400	—Commercial Broomball League
Friday	0600 - 0800	—Minor Hockey
	0800 - 1000	—Ice maintenance
	1000 - 1145	—VU33
	1200 - 1345	—MSE
	1400 - 1545	—Open
	1600 - 2145	—Minor Hockey
Saturday	2200 - 2400	—Dept of Transport
	0600 - 1545	—Minor Hockey
	1600 - 1730	—Public Skating
	1800 - 1900	—Base Broomball League
	1900 - 2145	—Base Hockey League
	2200 - 2400	—Church Hockey League
Sunday	0600 - 1315	—Minor Hockey
	1345 - 1545	—Old Timers' Hockey
	1600 - 1730	—Public Skating
	1800 - 1945	—Commercial Broomball League
	2000 - 2400	—Commercial Hockey League

DID YOU KNOW?

Beaver Travel 1983 Ltd. Provides a complete Travel - Service. Just one call does it all.

- A) Complete World Wide Travel Arrangements
- B) Hotel Accommodation - Reservations.
- C) Travel & Medical Insurance
- D) Complete Tour Arrangements
- E) Ask us about our Free Ticket Delivery Service

Phone: 338-6781

Toll Free Zenith - 2689

**BEAVER TRAVEL
1983 LTD.**

WILL MAKE A World of Difference

We are located at 1509 Cliffe Avenue
Courtenay - Ample Parking (Across from The Westerly)

Casual Bowling at Base Alleys every Sunday

from 1230 to 1600

and Thursday evenings

from 1730 to 1900

ON THURSDAY: 1900 to 2130 - ADULTS ONLY

COST

Adults - 80¢ per game
Children (18 years & under) - 45¢ per game

Yes, we have shoes!

SKY DIVE!!

DISCOVER THE THRILL AND EXCITEMENT OF SPORT PARACHUTING

JOIN THE CFB COMOX SPORT PARACHUTE CLUB

AND LEARN TO SKY DIVE!!

FOR MORE INFORMATION CONTACT:

Lt Al Sharpe, local 2308 (work) or 339-5720 (home)
MCpl Mark Howarth, local 2431 (work) or 338-0845 (home), or
Cpl Roger Skidmore 339-2480 (home)



**LEEWARD
NEIGHBOURHOOD PUB**

PUB HOURS:
Mon.-Thurs. 11 am - 1 am
Fri.-Sat. 11 am - 1:30 am

KITCHEN HOURS:
11 am - 10 pm

- COUNTRY COOKING
- RURAL HOSPITALITY
- WARM, COZY ATMOSPHERE
- CLEAN AIR SYSTEM
- GAMES ROOM

Reservations suggested for large groups.

649 ANDERTON ROAD, COMOX 339-5400

Remember the saying "You don't have anything if you don't have your health". It's true.

PARTICIPATION

BLOCK BROS. REALTY LTD.

Buying or Selling
Real Estate

I WANT TO BE YOUR
PERSONAL REALTOR

After 8 years, inclusive as
VIREB Leader for Comox/
Courtenay in both Sales
and Listings, I am ready to
assist you with buying or
selling.

★ For buyers special
market history
analysis and advice.

LET'S TALK ABOUT
YOUR IDEAS TODAY

TOM PROCTER

334-3111
OFFICE

339-2668
RESIDENCE

**BLOCK BROS.
REALTY LIMITED**

SAVE ON HOME HEATING OIL WITH CANEX

Here's good news for all authorized members, and those who become members of our Home Heating Oil Plan. During the 1984/85 home heating season - September 1, 1984 to May 31, 1985 you will receive...

2¢ PER LITRE OFF INVOICE
(AT TIME OF DELIVERY)

5¢ PER LITRE DIVIDEND
(AT END OF HEATING SEASON)

7¢ PER LITRE TOTAL DISCOUNT
(31.8¢ per gallon)

Information on how you can become a member of the Canex Home Heating Oil Plan is available at your Canex outlet, or you may wish to contact your Base Exchange office.

Thanks to you, it's working! By grouping our purchase of Home Heating Oil, Canex can continue to offer you better prices.



Promotions and Awards



Colonel Kadonoff recently presented clasps to the Canadian Forces JDecoration to the following: front row (l to r) -- WO H.K. Beebe (2nd clasp), Colonel Kadonoff, Maj J.S. Graitson (2nd clasp) and Cpl B.H. Chesworth (1st clasp); rear row (l to r) -- Sgt D.J. MacDougall (1st clasp), Sgt K. Nakashima (1st clasp), WO R.A.G. White (1st clasp), MWO J.E. Renaud (1st clasp) and MCpl M. Cornfield (1st clasp). That's 196 years of service -- congratulations gentlemen.



MCpl Roberts, an Instrument Electrical Technician on 407 Squadron, suggested that the large mobile tool boards on 407 Squadron should have additional handles fitted to make them easier and safer to push. Investigation revealed that the handles were actually authorized on the drawing so an award was not granted, but he was given \$50.00 for bringing a problem that required corrective action to light. Maj Caddey, his SAMO, made the presentation.



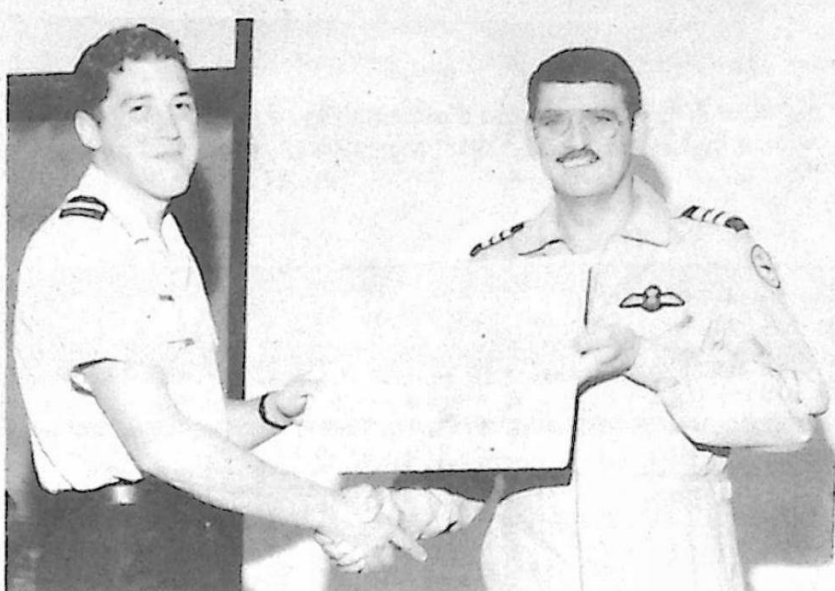
Pte Vinette, a Communication Systems Technician on 407 Squadron, recommended that the CP140 HF antennae tension cable assemblies be lubricated with LPS1 to prevent corrosion. Investigation revealed that use of the lubricant was actually authorized in an existing CFT0 but obviously it was not known by his section. As he brought a problem that required corrective action to light he was given a \$50.00 award, Maj Caddey, the squadron SAMO, made the presentation.



MWO Don Knight receives his Certificate of Service from LCol Rogers, CO VP407.



Dennis Peeks, Lockheed Rep, presents Groundcrew Competition Trophy to Sgt Folliot.



LT Graham Edwards received his Commissioning Scroll and promotion the same day. Not bad for a new squadron member. Shown making the presentations is LCol Rogers, CO VP407.



Sergeant Jim Diamond is congratulated on his promotion by Maj Trevor Owen, CO VU33 Squadron. The hardship part of Jim's promotion is his posting from VU33 to 442 Squadron. All members of VU33 join in best wishes and regards in your new job.



Cpl (W) Coulombe, an Integral Systems Technician on 407 Squadron, was given a \$150.00 award for her proposal that CP140 parking spots on the 407 Squadron servicing line be painted with fluorescent paint to enable better visibility at night. Maj Caddey, the squadron SAMO, made the presentation.



Dennis Peeks presents the Lockheed sponsored Load Crew Competition Trophy. Accepting the trophy on behalf of the load crew is Sgt Maltais.



Cpl Goddard, an Aero Engine Technician on 407 Squadron, suggested that the squadron servicing extended cab vehicle be equipped with a rotating warning light for safety while being driven on the flight line. Maj Caddey, the squadron SAMO, presented him with a certificate and \$200.00 for his proposal.



Presentation of the Lockheed sponsored Aircrew Competition Trophy by Dennis Peeks to the 407 Flight Commander, Maj Bishop. Looking on is the Deputy Flight Commander, Capt Wright.



La Mirage
TOTAL FAMILY HAIR CARE
Your image is our Reflection
1801 Comox Ave.
Comox 339-6651

OPEN 7 DAYS A WEEK
COLUMBO'S
STEAK HOUSE
PIZZA
PASTA
338-1488
FREE DELIVERY

ROUNDEL HOBBIES
PRE XMAS SPECIAL
\$45.00
LARRY MILBERRY'S BOOK
60 YEARS-RCAF/CF
reg \$50.00
ORDERS TAKEN UNTIL 15 NOV FOR
XMAS DELIVERY

Red Cross Blood Donor Clinic

October 15, 1984 -- 4 pm - 9 pm
October 16, 1984 -- 2 pm - 8 pm

Westerly Hotel on the 2nd floor. The Canadian Red Cross Society +



COURTENAY HOUSE

Everything for your dining and entertainment pleasure.

- Pewter Room - EXCELLENT DINING
Neighbourhood Pub
- Garden of Eden Lounge
- Coffee Shop

334-4401

COURTENAY HOUSE -- 498 Island Hwy., Courtenay

Around the Base



Major R. Young accepted a presentation to the Officers' Mess from Major R. McPhail, showing renovations to the Mess in 1958. Major McPhail was honoured at a retirement dinner on 20 September.



In honour of the personnel who provided 407 Squadron with a "clean sweep" at the National Competition, Capt Dave Harris makes a presentation to LCol Rogers, CO VP407.

Answer to MSE

safety quiz

Your choice of action, Brake hard and ease off to medium brake, release brake entirely, grasp wheel firmly and steer straight ahead, is the best choice.

These are the same things you do when you approach oil, ice or water. If you have any chance at all to reduce your speed, that's what you want to do. But, if you're in it and don't have time to slow down, then don't brake, accelerate or decelerate -- just steer across.

You do the same things as you approach gravel, but the same things won't happen to you. Gravel won't make you skid or slide. It turns you and forces your wheels either right or left and makes it difficult to straighten them out.

COURTENAY CHRYSLER PLYMOUTH
Island Highway North — at the top of Mission Hill, Courtenay, B.C.

CHRYSLER
NEW YORKER • E CLASS • LEBARON • LASER

PLYMOUTH & DODGE

- HORIZON
- TURISMO
- RELIANT
- CARAVELL
- OMNI
- CHARGER
- ARIES
- DODGE 600
- DAYTONA
- COLT

DODGE TRUCKS & VANS

MAGIC WAGONS
PLYMOUTH VOYAGER • DODGE CARAVAN

GOLD KEY LEASING

RAM TOUGH DODGE TRUCKS 84
KEEP YOUR EYES ON THE RAM

Only Chrysler backs you for 5 years or 80,000 km.

1. Engine and Powertrain
2. Outer Panel Anti-Corrosion

See dealer for details.

Join the Chrysler Revolution!

Comox Valley Ford Sales (1964) Ltd.



RENTALS



We rent all size cars, 3/4 ton pickups, moving vans, 15 & 20 passenger buses, 1 ton flat decks, ladder trucks

SALES SERVICE & RENTALS 334-3161
PARTS 338-5318
OPEN 8 a.m. - 5 p.m. Mon. to Sat.

For prices & reservations
Call Ken Cochrane

334-3161

Your Local Ford and Mercury Dealer
3611 N. Island Highway Courtenay, B.C.

MOTOR DEALER LICENCE NO. 5028

BLOCK BROS. REALTY LTD.
NRS NATIONAL REAL ESTATE SERVICE
449 - 5th Street, Courtenay

Call Al Robb to enroll all the forces of Block Brothers Realty to complete your buying or selling of real estate.

ONLY Block Bros. Realty can provide your property with BOTH:

- Block Bros. National Real Estate catalogue for NATION-WIDE coverage, and
- Vancouver Island Real Estate Board MLS Catalogue for local coverage

FOR PROMPT PROFESSIONAL SERVICE
call or write -

AL ROBB
Res. 339-3307
Office 334-3111

SERVICE DIRECTORY

GOODS GROCETERIA
P.O. BOX 190, LAZO, B.C.
339-2376 VOR 2K0

MEAT SHOP
339-3800

RED & WHITE FOOD STORES

LAWSON ELECTRONICS
2703H Kilpatrick Ave. 338-6631
Courtenay, B.C. (Behind the Driftwood Mall)

service for all makes
TV, Stereo & Microwave Ovens
Warranty Depot For Most Major Brands
Sales & Service For Auto
Stereo, Marine VHF, C/B's, Depth
Sounders, Zenith T.V.

COMOX HARDWARE LTD.
A COMPLETE LINE OF
HARDWARE, PAINT,
APPLIANCES AND
FISHING TACKLE

IN THE SHOPPING CENTRE

339-2911

COMOX MINI WAREHOUSE
"BEST LITTLE WAREHOUSE IN THE WEST"

U
Store It
Lock It
Keep the Key

CLOSE TO THE BASE & TOWN
★ Safety ★ Security ★ Supervision

Knight Rd. & Pritchard Rd. Comox B.C. 339-3424

TELEPHONE 338-8200

OK TIRE STORES

OUR TIRES GO AROUND WITH THE NICEST PEOPLE

971 CUMBERLAND ROAD JOE PARKINSON
COURTENAY, B.C.

BAYVIEW COLOR CENTRE
3080 Comox Rd. 339-3711
Courtenay B.C. (Next to Animal Hospital)

SERVING THE COMOX VALLEY WITH SHERWIN WILLIAMS
BEPKO PAINTS AND OLYMPIC STAINS
COME IN AND SEE OUR LARGE SELECTION OF
WALLPAPER BOOKS

COMOX VALLEY READY-MIX LTD.
CUMBERLAND, B.C.
PH. 336-2218

Ready Mix Concrete
Sand and Gravel
Trucking
Cement Finishing
Drain Rock
Loaders

COURTENAY LUMBER
SPIKE SEZ
QUALITY SERVICE
& LOW PRICES
120 ISLAND HWY.
COURTENAY, B.C.
338-6788

HARTMAN AUTO SUPPLY 338-7261
367 - Sixth St., Courtenay, B.C.

BRANCHES IN
CAMPBELL RIVER
& PORT ALBERNI

SUNSHINE BOOKKEEPING SERVICE
Payroll Financial
Typing Statements
Payables
Receivables

334-2556
339-4551

Sunshine Bible Book Store
Books, Gifts, Music, Cards

224 - 6th Street
Courtenay, B.C.
334-2556

'Bicycles, Tricycles
and lots of accessories'
Full repair service

PEDAL PUSHER

NOW OPEN AT OUR NEW LOCATION
- 137 - 5th St. -
BELOW THE MAIN CIVIC PARKING LOT
334-4845

Help
say
YES!



the
UNITED WAY

FOR MEN & WOMEN

Toresa Rayne
• Massage Reflexology
• Bach Flower Therapy
• Stress Release by Accupressure
• Muscle Testing for Vitamin & Mineral Supplements

Call for an Appointment or at Comox Mall
at "FACES" -- 339-4241

ADVERTISING
WORKS!

SEASIDE MOTORS

SERVICE SALES PARTS
FOR
ALL VOLKSWAGENS

430 Puntledge Avenue
Courtenay, B.C.
PHONE 338-6791

Cindy Cochrane Vicki Elliott

SHEARLOCKS Family Hair Care
IN THE OLD EATONS BUILDING *REDKEN

NO APPOINTMENTS
Mon-Sat 9-5

Suite 206
307 5th St.
Courtenay, B.C. V9N 1J9
338-8812

Etc.

Astro is all-new compact van



AUTO FACTS

(NC) — Prototype vehicles from major manufacturers are usually counted among the world's most protected products, their lines are kept hidden from prying eyes until the first production models can be revealed to an eager audience. Not so with Chevrolet's new Astro. A fibreglass-bodied version of this up-coming compact van has been on public exhibition to gauge reaction to the first all-new van design from GM in 20 years.

Following a flurry of compact van introductions by domestic and overseas makers, the Astro van offers advantages by having rear-wheel drive, a much larger optional engine than its competitors and yet comparable high-way fuel economy. Although only 22mm longer than the next biggest van dimensionally, the Astro has a cargo capacity 27.1 litres greater than the largest ones in its class. It also has a flat load floor and a trailer towing capacity of 2269 kilograms.

Two models of the steel-bodied production version of the Astro van will make their debut this fall, one mainly for cargo, the other mainly for passengers. The Astro will be offered with the widest variety of window, seating and equipment options yet offered on a compact van. The base engine is GM's 2.5-litre four; the optional engine is a 4.3-litre, 155-horsepower V-6. Base transmission is a four-speed manual unit; five-speed manual and four-speed automatic transmissions are available.

Interior room is generous. While the overall width is 76.2 mm narrower than Chevrolet's conventional vans, the Astro has almost identical seating dimensions. Up to eight passengers can be carried. Cargo capacity is a maximum of 429.28 litres; maximum gross vehicle weight is 2540.2 kilograms.

Despite its load carrying ability, the Astro van will have good fuel economy, thanks to its wind-tunnel developed shape, which has a drag coefficient of only 0.38, better than many passenger cars.



Investors
SYNDICATE LIMITED
Brian (Dan) Daly
Advanced
Financial Planner
1994 Comox Ave.,
Comox
339-7811
A Member Company Of
The Investors Group

REGISTERED RETIREMENT SAVINGS PLANS - RHSP's
GUARANTEED INVESTMENTS - TAX PREFERRED SERVICES
INVESTMENT FUNDS - INSURANCE - PENSIONS
ANNUITIES - ESTATE PLANNING



DO YOU WANT SPACE — this fine 3 bedroom up and one down home, situated on 1.25 acres, gives you privacy and yet you're only 5 kilometers from a shopping mall. Fireplace plus 2 car garage. \$68,000. Adjoining 1.5 acres also available for \$22,500.
FRED DAVIS **RES: 338-5027**



COUNTRY CHARM — If you desire privacy of location yet close proximity to town this 2 bedroom has it all. Nestled on a 1/2 acre with ceramic tile entrance, hardwood floors in the oak kitchen, living and family rooms, woodstove to supplement the electric heat and YES a separate guest cottage. Very realistically priced at \$59,900.
TERRY CARR **RES: 339-6296**

This is Nanaimo Realty Country
576 England Ave., Courtenay, B.C. Phone: 334-3124

Fall EXPRESSMART SALE

Phone: 339-5622

OPEN: 7 days a week
9:30 a.m.-9:00 p.m.

FREE REGULAR COKE FROM SNACK BAR!

Clamato Juice 1.36 l. . . . 2⁰⁷

Nabob Coffee 369 g. . . . 3²⁷

Kraft Dinner 55¢

Kraft Miracle Whip 500 ml. 1⁷⁷

Hunts Tomato Paste 2/97¢

Or Sauce 2/77¢

Planters Cheez Curls, Balls, Corn Chips 212 g. 1²⁷

Pepsi, 7up, Coke, Sprite 750 ml. 77¢

PLUS DEPOSIT

Viva Paper Towels 2's 96¢

Purex Bathroom Tissue 4's 1⁴⁶

Hostess Potato Chips & Snacks . . . 97¢

Dristan Tablets 24's 2⁰⁷

Neo-Citran 10's 2¹⁷

Good News Disposable Blades 8's 1⁴⁷

Q-Tips 400's 2⁴⁷

Kiwi Rapid Shine Assorted - 100 ml. 1⁷⁷

Nestle's Puddings Assorted - 4's 1⁷⁷

AUTHORIZED PATRONS ONLY
I.D. CARDS REQUIRED

Prices effective until October 14 or while quantities last.

EX Quality
Brand Names
Value
Service

Savings Everyday!

Basic Skirt by KOVAC

Casual comfort and smart good looks!
Kovac skirt in 24kt polyester fabric. Available in navy, black and brown. Sizes 10-16.

Canex regular low price **14⁹⁹**

Lady Manhattan Blouses

2 Different Styles!
100% polyester. Smart styling to suit all wardrobes. Colours ivory, grey, ruby and blue. Sizes 8-16.

Canex regular low price **21⁹⁹**

Basic Slacks by KOVAC

Comfort! Versatility! Great Fit!
Kovac slacks in 24 karat polyester fabric. Available in black, brown and grey. Sizes: 10-16.

Canex regular low price **13⁹⁹**

Shirt by SWEET BABY JANE

Basic Styling!
Poly-cotton oxford cloth, button down shirt. Sizes: 5-13. Available in blue and white.

Canex regular low price **10⁹⁹**

Wonder Bra

Full support bra in a feminine styling. Available in white or skin-tone. Cup size B.C.D.

Canex regular low price **14⁹⁹**

Ladies Briefs

Full Brief!
100% nylon superstretch, elastic leg and waist. With cotton gusset. Colours white and beige. Sizes S.M.L.

Canex regular low price **1⁶⁹**

BRAUN Hair Dryer

Compact size. Complete with air concentrator, adaptor plug and travel bag. 1400 watts.

Canex regular low price **24⁹⁹**

BRAUN Quick Style Curler

Two-in-one Value!
Styling versatility curling iron or styling brush. Stay cool tip and ready dot indicator.

Canex regular low price **22⁹⁹**

Nylon Tote Bag "Le Grab Bag"

Quality bags in 420 denier lightweight water repellent nylon. adjustable shoulder straps and self-repairing coil zipper.

Canex regular low price **9⁹⁹**

Ladies Quartz Watches

Now you can give her everything.
We carry a good selection of ladies timepieces at our Everyday Low Price!

Canex Regular Low Price! **121⁹⁹ to 221⁹⁹**

BASE EXCHANGE

HOURS:
Monday-Friday: 9:30-5:00
Saturday: 9:30-4:00

PHONE: 339-5342
VIDEO CLUB: 339-6424

90 day credit plan & 90 day layaway plan



RICOH AF-5

Check our value!
The Ricoh AF-5 represents the latest development in technology and design to bring complete photography to the amateur. Canex is pleased to present it to you at a very special low price!
Camera features: automatic focus, automatic film load, automatic rewind, automatic exposure, automatic film wind and infra-red autofocus beam.

159⁹⁹
Canex Regular Low Price!

tasco
Binoculars 7x35mm
7x35 quality, all purpose binoculars, centre focus. Field of view - 346. Fully coated optics.
Canex Regular Low Price! **29⁹⁹**

Intercraft Family Frame
Beautiful family frame with 9 picture possibilities.
Canex Regular Low Price! **4⁹⁹**

Holiday Luggage
Attaché Case
Beautiful leather like attaché case ready for all business action.
Canex Regular Low Price! **29⁹⁹**

LLOYDS
Combination Telephone Clock Radio
FEATURES: touch pulse dialing system, privacy mute, LED display, wake up to music or buzzer.
Canex Regular Low Price! **59⁹⁹**

SEIKO
Men's Watches
Quality, Value, and Low Price!
Come on in today and check out everyday low prices on all men's Seiko watches.
103⁹⁹ to 227⁴⁹

Everyday Low Prices on Photofinishing
Come on in today for our everyday low prices on all photofinishing.

DID YOU KNOW?

At your Exchange department store, we service what we sell. Even the best of products can malfunction occasionally, or in time need some adjustments or repairs. You purchased the item at another base? Any Canex store will service it for you wherever you are now or are posted in the future.



Prices effective until October 14 or while quantities last.

"We will not knowingly be undersold."