



# TOTEM TIMES



Vol. 26 No. 5 CFB COMOX TOTEM TIMES

THURSDAY March 8, 1984

Deadline is Monday, March 19, 1984

COST: PRICELESS

## CFB Comox hosts Defence Minister



BComd presenting gift to Jean-Jacques Blais, Minister of National Defence, during a luncheon at the WOs' & Sgts' Mess on 24 February 1984.

The Minister of National Defence, the honourable Jean-Jacques Blais made a brief visit to the Comox area late last month. He arrived at CFB Comox on the morning of February 24 and was greeted by the Base Commander, Col. Dobson. During his visit, the Minister attended a luncheon at the Sergeants' and Warrant Officers' Mess for forty senior NCOs and officers. Mr. Blais signed the guest book and was presented with a base crest by the Base Commander.

Later, at the Officers' Mess, the Minister had the pleasure of presenting a cheque from the Federal Government, to Courtenay Mayor George Cochrane, for regional sewage development.

After a short, but busy stay in the Comox Valley, Mr. Blais departed from CFB Comox on February 25 for Prince George. The base provided an honour guard and Col Dobson was on hand to escort the Minister to his aircraft.



Col Dobson escorting Mr. Jean-Jacques Blais, Minister of National Defence, on his arrival at CFB Comox.

## Air Command flag to be hoisted

### 1 April 1984

WINNIPEG -- When Air Command members cast their eyes at flag poles at headquarters, groups, bases and stations April 1, they'll witness history in the making.

For the first time since Air Command became the successor to the Royal Canadian Air Force, Canada's current-day air force will have a flag of its own, replacing the once-familiar RCAF ensign.

Barring problems that fit in the "unforeseen" category, it is the aim of planners here to have at least one of the new symbols in the hands of organizations entitled to fly them, by April 1, the 60th anniversary of the RCAF.

Since the new flag was approved by the Governor-in-Council last September, scales of issue have been developed, and manufacturing has gone ahead.

Based on the RCAF ensign, the new flag incorporates the Canadian national flag in the upper left quarter. In heraldic terms, it is described as "light blue, in the dexter (of or on the right side) canton (square division, less than a quarter in upper corner), the national flag, and in the

centre of the fly a red maple leaf superimposed on two roundels, white upon blue."

An Air Command order (ACO 62-4) contains provisions for flying the new flag. It states that it shall be flown at Air Command and Group headquarters, and at the headquarters of all Air Command bases and stations. It may also be flown at individual units and squadrons only when they are geographically remote, meaning outside the confines of the main base area, or when they are lodged on the base of another command.

Also described in the order are circumstances whereby the flag may not be flown. Included are alongside or in the same array as national flags of other countries; shall not replace the national flag of Canada or any other country, or flown on the same flagpole as the national flag; and it shall not be permitted to touch the ground or floor.

The order states that the Air Command flag may be displayed in the office of a brigadier-general, or officer of higher rank, at Air Command Headquarters; the command of a group, base, station or

squadron; in a chapel, where it may also be used to cover an altar for divine services; and in a mess. When specifically requested by next of kin, it may be used to drape a casket.

Other stipulations are that it may be paraded with the national flag and the Canadian Forces ensign; it shall not be attended by an armed escort, but may be paraded with guards of honour or on ceremonial parades, if consecrated colours are not also being carried; and that compliments shall not be paid to the Air Command flag.

Other provisions in the order are that the new flag shall not be used as a cover for a box, table, desk, podium or other object, nor shall it be draped, except on a casket; it shall be flown at the same height or lower than the national flag and the CF ensign, but not higher; and its size shall not exceed that of the national flag and CF ensign, but may be of the same size.

Also, it shall be half-masted, along with the national flag and the CF ensign, when such instructions are received from higher headquarters.

## Anniversary activities

Winnipeg -- "Remember when..." and "Where's ol' what's-his-name..."

Both are good bets to dominate conversations whenever and wherever current and former Canadian military airmen gather this year. Forging the bond of union will be celebrations marking the 60th anniversary of the founding of the Royal Canadian Air Force.

But, be warned. The repartee may be embellished a bit here and there. It's also a good bet that never in the field of human reminiscence will so much be rehashed by so many about so few.

It's safe to say that gatherings, formal and informal, will be numerous, diverse and widely spread; ditto for those casual, impromptu gatherings over a pint or two in "pubs" and "rec" rooms from Lahr, West Germany to Lazo, B.C. In case you didn't know, Lazo is the post office address for CFB Comox.

In the more formally-organized category, anniversary events are scheduled for every month from March to November. Here are the known ones:

30 March 84

Meet and Greet, CFB Winnipeg Officers' Mess.

31 March 84

Canada-wide celebrations, including an Air Command Mess Dinner, at CFB Winnipeg.

1 April 84

Canada-wide observances: — Unfurling of new Air Command Flag at all Air Command elements. — Opening of RCAF Library and Artifacts Museum CFB Trenton. — Publication of RCAF Visual History, 1924-84, by Larry Milberry, Toronto.

14 April 84

Comox Airshow.

19 April 84

5 May 84  
Air Command Band recording 60th anniversary album, "Pop and Circumstance," Toronto.

13 May 84

Major Air Display, Edmonton.

25-26 May 84

All-ranks air force Telecom Reunion at Canadian Forces School of Communications and Electronics, marking the 50th anniversary of the RCAF Telecommunications Branch.

25-27 May 84

RCAF Veterans Reunion, at site of former RCAF Station Aylmer, Ontario.

30 May 84

Air Force/Air Command Presentation to 35th General Meeting of the Canadian Aeronautics and Space Institute (CASI), Ottawa, on past, present and future of RCAF/Air Command.

1-3 June 84

Airshow and major display, London, Ontario.

10 June 84

Tenth anniversary of the opening of the Canadian Warplane Heritage Museum, Hamilton, Ontario.

16-17 June 84

Hamilton Airshow.

17 June 84

Saskatchewan Airshow and major display, CFB Moose Jaw.

24 June 84

Bagotville major air display.

23 June 84

Greenwood Airshow, N.S.

29 June - 2 July 84

RCAF Homecoming, CFB Trenton, Ontario.

End-July 84

Proposal to have Queen Elizabeth II re-dedicate Commemorative Gates erected at CFB Trenton, Ontario, September 30, 1949.

10-12 August 84

Abbotsford International Air Show and major display.

30 August - 3 September 84

Canadian national Exhibition, Canadian International Airshow

6-9 September 84

British Commonwealth War-time Aircrew Reunion, Winnipeg.

8 September 84

Major air display, CFB Portage la Prairie, Manitoba.

16 September 84

Battle of Britain Sunday - Nation-wide observances.

28-30 September 84

Shearwater International Airshow and major display.

2-5 October 84

Convention, Royal Canadian Air Force Association (RCAFA), Saskatoon, Sask.

9 November 84

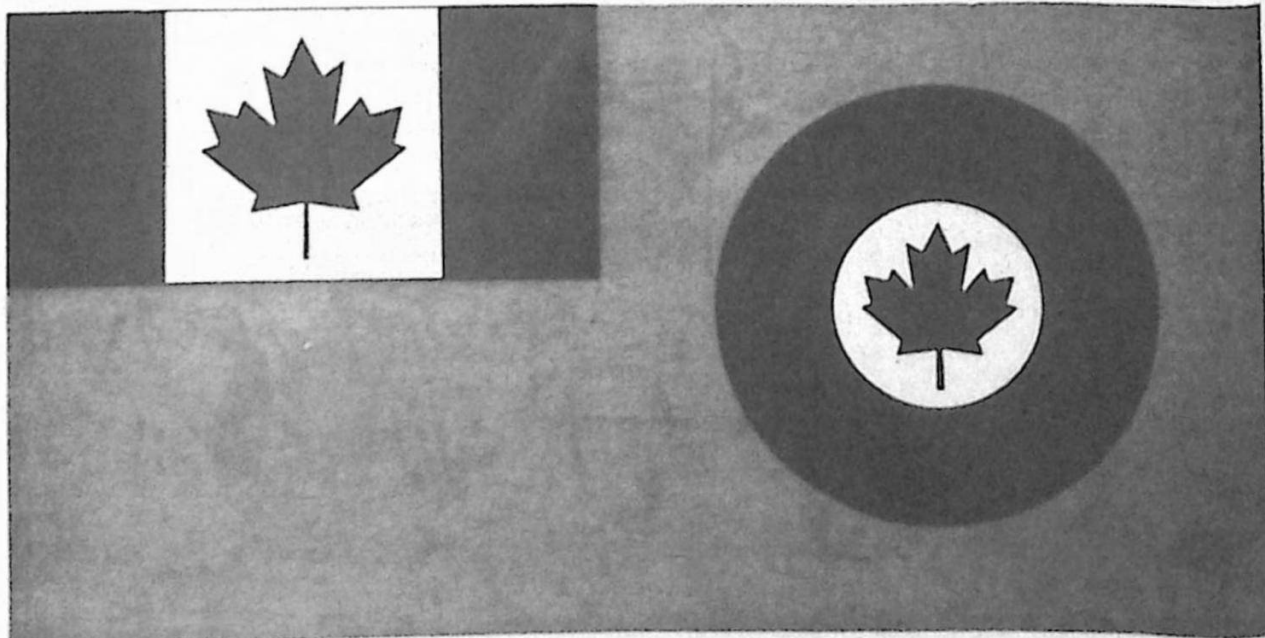
Convention, Royal Canadian

9 November 84

Issue of commemorative RCAF stamp by Canada Post, with first-day cover.

11 November 84

Remembrance Day; nation-wide observances.



Air Command's new flag -- For the first time since Air Command became the successor to the Royal Canadian Air Force in 1975, Canada's current-day air force will have a flag of its own waving at bases and stations across the country and abroad. It replaces the once-familiar RCAF ensign, relegated to history with the integration of Canada's navy, army and air force in 1964. Official flag-raising ceremonies will take place April 1, the 60th anniversary of the founding of the RCAF.

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# Section News



## Nighthawks Nest

Since I've been writing this article I've been told by squadron members who I've tried passing the job to that they just don't have my gift of gab so it would be better if I continued. Others who have taken offense at barbs taken in jest have accused me of possessing a poison pen. After much thought on the issue I've finally realized where both this gift of gab and poison pen were acquired. A couple of years ago when I was in my late teens I took a year off school and travelled throughout Europe and the British Isles. Visiting Ireland I found myself close to the famous Blarney Castle and decided take a look. Of course no visit to the castle would be complete without kissing the legendary Blarney Stone so I did the touristy thing a planted a wet one on the granite slab which accounts for any ability I have for turning a single idea into six pages of hand-writing. Only after kissing the stone and downing some Guinness at a nearby pub did a local find out I was Canadian and cautioned me not to do anything of the sort. It seems the local population have a love/hate affair with Americans, holding their tourist dollars in high esteem yet resenting their affluence. They were polite enough to tourists, not wanting to injure monetary relations, but at nighttime would sneak out to the castle and urinate on the stone. The custodians would of course wash the stone every morning before the tourists arrived. For some reason I still would have preferred to have known this beforehand for although I may have the gift of gab it must have been tainted thereby creating a poison pen.

Howie Tarbet and Gerry Desrochers had a party recently which though held for no particular reason was sort of a housewarming since it is the first Howie's thrown since Dez moved in with him. Visiting Howie and Dez is sort of like walking through a time warp and watching Dobie Gillis and his friend Maynard from the Dobie Gillis Show of the fifties. The music easily dominated the party with the two hosts alternating selections. Howie would start out with Waylon Jennings and start singing along, Dez would switch to Culture Club and everyone would dance, Howie would switch to Kenny Rogers and sing along, Dez would switch to the Police and everyone would dance, etc... Howie a Cordon Yellow Chef from the Kraft Dinner School of Cooking provided his famous Chili which because of its popularity has caused him to become a legend in his own mind. The fete was the ex-

pected success greatly due to Howie's dance floor which has seen so many parties the joists are second only in bounce to the spring mounted suspension floor in Vancouver's Commodore Ballroom.

This years "Hawks" performance team has just started putting together their routine for the upcoming airshow season. Team members this year are pilots Major Terry Hunt and Captain Tom Chester and navigators, Captains Dave Reyenga and Doug Neill. One of the team members who shall remain nameless was overheard commenting on the recent photo session for the Hawks. "We were using a grey Voodoo as a backdrop for the team photo and the photographer wanted to take the shots with the team hatless as they normally would be on the flight line. Major Hunt insisted we wear hats to insure there was enough contrast against the jet to prevent us from fading out into the background". I guess Doug does have sort of a grey complexion. To leave the subject for a moment, someone said they read recently that Maurice Rocket Richard received a large bonus check from the company whose product he endorses in light of a recent surge in sales. They must have been talking about his fishing tackle.

Eric Matheson recounted a recent afternoon he spent with the Crew 7 Moose Men of 407 Christian Maritime Squadron. Steve Pollock who decided to shorten infinity (inside joke, see last issue of Totem Times reference Nighthawks Nest) by putting money on the table to celebrate his recent promotion to captain, rounded up his crew and anyone else who would come along and treated them to an afternoon of imbibing at a local inn. Apart from Crew 7 the only others he found were members of other base units which accounted for Eric's presence. On top of the pleasure of being graced by the presence of a 409er Steve and young red-headed Lt. Sam Ness while watching the entertainment increased their overall sum of knowledge when their older companions such as Eric, Tony Ruthvan and Rudge Wilson explained and indicated the meaning of the term tain't.

Dave Reyenga is finally finished transforming Voodoo number 057 into Hawk One. Dave who volunteered for the task did an excellent job despite the difficulties of trying to enlist the aid of squadron members whose free time is at best severely limited. The aircraft looks great and Dave would like to give his thanks to all the groundcrew and aircrew who helped out. Dave

would probably also like to give hell to anyone who didn't help but since the project was a short term labour intensive one he'll get back to sleeping normal hours and his usual sweet natured self.

Andy Anderson has taken the Kaz Oreziak award for the thickest umbilical cord from a PMQ to the QRA. At last count and from several sources although probably still exaggerated, Andy reached six calls home, none less than thirty minutes long during one QRA. Trying to beat the capital punishment penalty for baby talk in front of other aircrew Andy's defence was that he was talking to his daughter. Andy will be the first aircrew posted out of 409 as the squadron winds down. He leaves for the Electronic Warfare School at Mather AFB in Sacramento, California in early April before proceeding to 414 Squadron in North Bay. Andy's mug out will take place Friday, April 6th and will be attended by all 409 officers and hopefully most other officers on base although judging by recent turnouts it will probably be mostly 409.

Nothing like closing out with a juicy rumour in the journalistic tradition of the National Inquirer. With the squadron closing down what will happen to 409's young bachelors? Could it be that wedding bells are on the horizon for Dave Reyenga and Gerry Desrochers, not to each other of course but their respective interests d'amour? Well if they aren't on the horizon now this should put the pressure on.

I won't be writing Nighthawks Nest for at least the next two issues of the Totem Times so bear in mind that anything anyone writes about Capt Kurt Saladana is probably a lie.



Spring is in the air and the posting season is approaching again. So far, four of our ARAF girls have let us know that their families will soon be on the road again. Marion Dicks and Jeannette Scott are off to Greenwood; Shannon Nadeau is leaving us for Trenton; and Jan Fraser is on her way to Shearwater. We said a fond farewell to Cindy Main at a quickly planned

VU



33

The whole squadron has been eagerly awaiting news of a new member to be posted in soon. Actually this person (male or female, we are not sure) is overdue and the CO is ready to charge him/her for being AWA. The Boss has said that if he/she arrives within the next couple of days, he may grant the arrivee leniency.

In other news, BGen McLellan, commander of Maritime Air Group, visited Comox and VU-33 on his annual review of MAG units. General McLellan was here to see how operational squadrons work. After a sightseeing Aurora excursion, he was treated to real flying in the Tracker. The General accompanied Terry Patterson, Dave Bekolay, and Tom Sullivan on a Fish Patrol.

Craig Flewelling is back from leave; broke and still single. Rollie Acorn is also back from leave, tanned and still married. Both Craig and Rollie must have been doing something wrong.

Nick Murgatroyd took a motley crew down to San Diego this past weekend. Accompanying him were Dave Bekolay, Wayne Lachapelle, Pam Spracklin, and Jenny Martinez. For once, Pam came back from a trip with less money than what she went with. More exploits were being considered for print, however numerous threats prompted this reporter to save them for blackmail.

That does it for this time around. Until next time, keep an eye on your six.

Here we are, back with some more news from VU-33. Things

have been happening throughout the squadron, so let's get at it.

We've got some new colour in the squadron. It appeared that someone has decided that the dull yellow for aircraft stands was just too hard on the eyes. Now we have two stands painted in dull green. I guess they figured that we were homesick, right J.P., that sure was thoughtful of someone. Well, I don't know about you J.P., but I kind of like the yellow ones.

Hey Jenny, I heard that you don't like waiting for amber lights. Don't you know that you should be cautious, especially if a driver examiner is with you! Tell me Jenny, does this mean you won't be getting that new car. Don't worry, to help you out there's traffic lights at different points in the hangar. Be sure to follow their instructions and you shouldn't have any problems next time.

This week our hockey team has played two games. The first didn't impress me one little bit. I thought that our team could accept defeat with a little more grace, even with the bad officiating but the second game was much better. It was one of the best games that I have seen. There was a lot of good passing, and some very good hockey on both sides. But I must ask a few questions:

1) Tell me Randy, isn't it a bit difficult to play hockey with the puck down one's pants?

2) Hey Pete, isn't it easier to play hockey with a straight stick?

I've heard that Pete was giving free advice on the proper method of lockwiring a stand. But tell me Pete, was the stand going clockwise or

counter-clockwise?

As you have seen from the last "Fish Wrapper", hockey isn't the only sport that our squadron excels in. Kevin Binnie has won a medal in the skiing contest. You should congratulate yourself for such a performance Kevin; Merv was telling me that he wasn't good enough for a third place and not bad enough for first place. So there you go Kevin, now your name has been mentioned in the paper. Don't forget Kevin, if there's anyone else who gets into a tiff cause they're not mentioned, just let me know, I'll be more than happy to mention them.

Now most people think that all we ever do at work is service airplanes; well that's not completely true. During our few spare moments we indulge in some educational studies. A study of the card system can be very interesting. Trying to calculate the odds in getting the proper cribbage hands is very difficult. There's even some people who end up getting double skunked in the process of their studies, isn't that right Daryl? Let me tell you Daryl, I haven't seen anyone lose so badly since that game.

We're down one more com tech, that is Dave Maloney. I know that some greasy paws might say who cares. Well Dave will be missed by some of us. But that will of course mean that we have to use a bigger gun, right Dave?

Well, I guess that's it for now. I hope everyone has enjoyed reading about our exciting lives in our baby blue hangar. So long for now.

L.J.C.

## ARAF

"meeting" where she was presented with a desk set to remember her days as a reservist. Cindy joined the regular force and, knowing a good thing when they see it, they wasted no time in sending her to Ottawa where she has already started working at NDHQ. We wish Cindy the best of luck.

A GMT (General Military Training) Course was held in Comox last week. Along with members from ARAF Comox, two ARAFians from Moose Jaw and one from Cold Lake spent five days learning general service knowledge. The course culminated in a parade held March 2 at which course certificates were presented.

Belated February birthday greetings go out to Dan Hutchison and Karen Scott. We hope you had fun! Till next time, keep smilin'!

## Base Supply

Well Supply can breath easier once again. The BSUpO's inspection went off without a hitch but don't let your guards down so quickly, He Shall Return! Rumour has it that his next inspection will include a dress parade. We can only hope!

Just a few words about some of our Wonderful Workers. Oh! and Senior NCO's. Just joking! MWO Mitchell is going to make NDHQ an easier place to deal with. All the best Liz. Oh, and don't forget to take Hubby. Then we have Cpl Thuerer going on course in Borden. Don't forget to come back Wolf. Now that Pte Arnold has left, can anyone tell us the story about her "teddy bear". A great deal of concern should be given to Sgt Pearce; apparently during the BSUpO in-

spection someone caught him smiling. Maybe he's just out of his PILLS. I feel it would be very appropriate, when we find out a date and time, to have a moment of silence for Pte Hutchinson. He and Shelly are engaged. Or should that be for Shelly.

We can't forget to mention the 9th Annual Logspoil which was hosted by Comox. "B" Event was landslided by Darrell Sears and crew. "C" Event was narrowly taken by Wally Bergers' throw together team. You only won Wally because Wayne sobered up and lost. Fred Kennedy stole "D" Event. You can read more about it somewhere else in the "Fish Wrapper".

J.R.L.C.

## OFFICERS' MESS

Fridays, March 2, 9, 16, 23, 30

March 9 - TGIF BURGERS & CHIPS  
March 16 - MIXED TGIF IRISH PUB NIGHT - HIP OF BEEF  
March 23 - TGIF FISH AND CHIPS  
March 30 - TGIF BASKET OF CHICKEN

Thursday, March 29

RCAF 60th ANNIVERSARY MESS DINNER

## WOs' - SGTs' MESS

March 9

TGIF. Food. Games

March 10

DJ DANCE. Munchies. \$2.00 per couple. Relaxed dress.

March 16

TGIF. Food. Games.

March 17

ST. PATRICK'S DANCE

Food - Irish Stew - 1900-2100 hours. Dance - DJ - 2000-0100 hours. Price \$5.00 per couple. Casual dress - wear something green.

March 23

TGIF. Food. Games.

March 24

DJ DANCE. Munchies. \$2.00 per couple. Relaxed dress.

March 30

MIXED TGIF. Food. Games. \$2.00 per couple. Relaxed dress.

### SERVICE PERSONNEL

When uniform is worn, it shall be worn in accordance with dress regulations as laid down in Base Standing Orders.

The following minimum standards of dress shall be observed when and where indicated:

Formal. M1/FM1 and SS/SFS: Tuxedo or dinner jacket for men; full length gown for ladies.

Semi-formal. Business suit or blazer and flannels with appropriate shirt and tie for men; cocktail dress/attire for ladies.

Informal. Leisure suit or sports jacket and slacks with shirt and tie; presentable open neck shirt and turtle neck sweater designed for indoor wear for men; ladies' attire shall be keeping with the decorum of the mess.

Casual. Sports shirt and slacks for men. Ladies may wear any mode of dress within fashion and of a parallel standard to that for men.

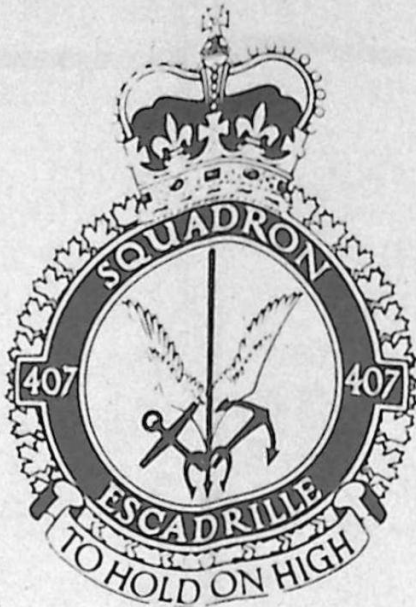
Relaxed. Slacks, clean blue jeans; no patches, not faded, not torn or ripped or cut offs. Walking shorts with suitable shirt (T-shirt with sleeves acceptable). All clothing must be clean and in good repair; T-shirt with dress.

For information: Sgt Lesage, local 2348



Section News

Demon



Doins

AIRCREW

Crew 5 has had enough of the B.C. sunshine that is abundant this time of year, so they departed for Australia. Crew 5 will be participating on a three week ASW Course called AJASS. You can be sure they will consume their quota of Fosters. Crew 4 has returned from a swan in Greenwood. They will be the only 407 participants in the BLIZZARD of 84. Did it snow much in Greenwood?

Crew 6 had their trip to North Island and Corpus Christie cut short. After arriving in North Island the crew was requested to return home due to squadron commitments. Too bad guys, better luck next time. But not all was lost for Capt Dave Wright passed his VPCC check-ride during the excursion. Congrats Dave and welcome to Crew 2. Congrats also go out to Capt Pawelec and Capt Jenkins for passing their sign-out authority check rides.

BGen McLellan visited the base last week. One of his greatest highlights was the chance to go on a VP407 patrol with Crew 6. During this patrol the crew was able to strut their stuff and at the same time let the General do some TACNAV button packing.

Congratulations to Captains - Connors, Ierfino, Burton, O'Brien, Jenkins, Pawelec, Bouffieux, Duguid, Gaboury, Harris, Stortini and MCpls - Synnuck, Schnabel and Rodrigue. All of which have recently been promoted.

Last but definitely not least is saying a final farewell to Capt Mikey Williams and family. We wish you the best of luck on your new posting and flying the 707.

VP407 SAMO SECTION NEWS - SAMO SUB NEWS - AMCRO

I just finished reading the last Totem Times article and here it's time for the next one to be submitted already. Let's see, just what has happened lately.

Apparently Maj Caddey is thinking of remustering to MILE. At least I suspect that when all I ever hear him talk about is beavers.

The Chief is awful quiet lately. Maybe he is just resting between PERs.

Capt Williams is back on the bike again and thoroughly enjoying the use of his arm. Ever hear of a body rejecting an arm. It happened.

Kyle is finding out how busy the upstairs people are. Says he used to have time for a cigar and a break downstairs but not so up here.

Bill is quite happy to be part of the base bowling team that won the PAC Region Championships. He got the third high average out of 26 competitors Good going Bill!

Marilyn starts holidays today - seems hubby has gone to Australia.

Jim is well settled in and is ready for any emergency now. Greg still eats, drinks, sleeps and dreams computers. Gene is home for a couple of days with the Ottawa crud. That must have been some course you were on Gene.

Terry enjoyed himself in Greenwood and is back in the alligator pit again. Cliff took leave the same week and there was no one to answer the AMCRO's questions on the computer. Wally is settled back in after his Greenwood trip.

Things are topsy turvy in the FSR shop since they received word that some of them will be leaving. Looks like Dennis will be the only one left. They can't ship him back

to the States as Lockheed can't afford the shipping costs for his pet rock. That surprise party was a surprise wasn't it Dennis? We all enjoyed meeting your family.

Last but not least. What do we say about Kathy and Allison. That's the project for this period, everybody feed your gossip on Kathy and Allison to me for the next column.

DIAC MAINT/TRAINING

We sure have been busy the last couple of weeks or so. Just to show you how busy we were, last week's issue was out before we even had a chance to think about inputting to it. Well, we can't let 2 weeks slip by without anything to say (looks bad you know), so here's some bits and bytes for this week.

With all the rumours flying around after the career mangler's visit, a person's not really sure what's going on until the member actually gets that precious piece of paper saying, "You're posted", or "You're promoted", or whatever. But for 3 people here it's almost 100% for sure now.

Congratulations to Kurt Paulekat on his promotion to Sergeant and to our section officer, Lt Foster, on getting his Captain.

Also, congratulations to MCpl K. Nanson. He's one of the lucky ones to go to Cold Lake this summer where he'll be working with CF18 simulators.

We've had Phase A of FTAS course 8401 complete on February 9, and we're looking forward to Phase B scheduled to start in April.

Course 8401 (Display and Controls) started approximately one week later on February 20. We welcome Pte (F) Olivera Gale, Pte

Paul Philips and MCpl Clark Taylor all from Greenwood and MCpl Larry Carlson who's been on course here since last September. (I thought he was transferred to Greenwood!) Good luck.

So all in all a very busy couple of weeks. Until next time, whenever that will be, here's a little something to ponder; "Von Neuman's postulate of pragmatic cybernetics states that the value of a computer program in a system is directly proportional to the weight of its output".

SERVICE/MAINT

All our hearts go out to "Moose" Weatherley who is still at Royal Jubilee Hospital in Victoria. Get better soon big fella, cause we miss your smiling mug down here in Servicing.

Last week, the 407 Demons lost to the 407 Devils, 5-2, in an excellent hockey game. Although it's the second time the Devils beat the Demons this year, if they started bragging now, chances are they'd lose to the Demons in the playoffs. Good luck to both teams and one of the two teams bring home the cup!

We'll be able to tell soon whether or not all that Eskimo lingo Bob Roche tried to learn, will actually do him any good up in the great white north. What he doesn't know is that his teacher is a bit of a character and taught him, "Yellow snow don't blow where not grass grow".

Talk about the natives being restless! On the last Aloha cruise, one of the "local" guys devoured Jack Campbell's salad and then ate Spic's Chi-Chi. The next night, another tech almost had his arm bit off by a Sumo wrestler posing as a taxi driver, then she tried to entice

another to go to her place and eat some ribs with the pig still attached. Poor Johnny Hugill went to the washroom, let out a scream and Spic ran to the rescue. John was being dragged into the shadows on his belly by a killer cockroach, the size of a boot. Spic got in behind the beady eyed lil devil, held him down while John made "Pavement" of the critter. Boy, did they ever get alot of free meals in Hawaii, dropping that on the floor of restaurants they went to!

Well, lastly, once our ground crew reach Australia, the Aussies will wonder how we managed to keep our guys so fit or keep them as museum pieces. Little do they know, we've wrapped up the best in to one package, put them into training and sent them down under to accomplish their ultimate test, to drink all the Fosters ale at the brewery, before it ever reaches the boxes. Foam up laddies an av a gud un!

PHOTO

Since our last article in the Totem Times, many changes have been introduced. To start off with, congratulations go to MCpl Wojteck Bok and MCpl Rod Mattson on their promotions to their present ranks. I think their raise in pay was spent on too much beer, as one of the promotees was quite sick, I hear. Again, we congratulate Cpl Mike Giroux on his accelerated promotion to Cpl. His party has yet to come. Payday is around the corner, Mike! And again, congratulations to MCpl Rene LaFontaine and MCpl Jean Dionne. Twelve years of faithful and loyal service, or undetected crime, have earned them their CD.

This time of the year usually

brings on a new round of courses and keeping par with the course, we say farewell to Cpl Mike Valiquette and Pte Jean Plante. Both are on their way to upgrade their photographic abilities on TQ5. MCpl Mattson, MCpl Bok and MCpl Dionne are on their way to Borden as well. The 6A course should teach them how to shuffle papers around a little easier. And finally Cpl Jean Pare is off to Greenwood for Pre-POET training.

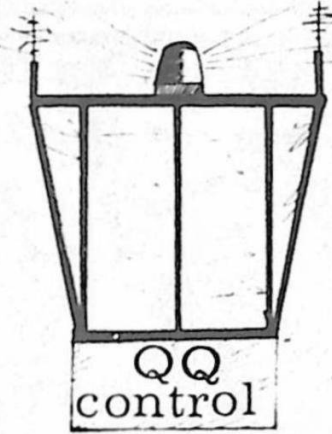
We say welcome back to Cpl Pete Veldhuizen and Cpl Mike Giroux, both having just returned from POET training in Kingston. And to Cpl Rod Cando, back from French Language Training in St. Jean. Rod tells me that the course was good. Finally, Cpl Holly Ford has returned to work after her maternity leave, physically fit and able to participate in our upcoming sports tabloid.

On the lighter side, MCpl Bruce Walls spent a very enjoyable and very wet weekend in Tofino. He says the steak BBQ and fresh crab were very good. A little soggy perhaps, but good.

Of note to all photographers, The Cold Lake Annual Photo Funspiel is fast approaching. The dates are April 6-8 and all people considering attending should make their decisions soon.

MCpl Bok's wife, Joanne, is posted to AETE in Cold Lake May 1. I don't think they are looking forward to a long distance marriage, so plans are underway for a Bon Voyage party for them both.

And that terminates this column until someone else is selected to continue the next chapter of "Days of our Lives" or ..... "What went wrong? I did everything right!"



As The Beacon Turns

Ski day, a day the ATC section will long remember and a day the Mt. Washington staff would like to forget. Wednesday the 22nd of February dawned cold and snowy as our group of adventure skiers headed for Mt. Washington. Once at the mountain, Cpl Dave Jensen decided conditions were unfit for skiing and returned to the lounge. MWO Kincaid's son Steven enjoyed his day of skiing. Steven or as Mt. Washington calls him "Kamikaze Kincaid" started at the top of each run and went straight till he reached the bottom. Next time on skis Steven vows to learn how to turn. Pte Joe "Cool" Gibbons also spent his first day on skis. At one point Joe had the choice of hitting a tree or somersaulting down the hill; Joe decided against hitting the tree and as one observer put it "he went about 10 feet in the air then rolled down the hill". Ever thought of a career in gymnastics Joe? Finally, one instructor will never forget the ski lessons he gave to the section. The group consisted of Lt Rick Champagne (2 years skiing experience), Lt Jim Hatlon (3 years skiing experience) and Ocdt Michele Millet who's been skiing for 10 years. The instructor said follow me and the group did. Unfortunately the problem arose when the in-

structor stopped. Michele stopped too but she used the technique of knocking over the instructor. The section headed off to the lounge to rejoin Dave Jensen and have a quick one to warm frozen toes and fingers.

Capt John Myers recently took a small group of ATC personnel to visit the Campbell River Flight Service Station. John's group had such a volume of questions they turned a 5 minute tour into a 45 minute tour. After leaving the station the group returned to Boston Pizza to discuss the day's events.

Congratulations are in order for Capt George Arajs. George is the first ATC officer selected to attend the Aerospace Systems Course in Winnipeg. This one year course is heavy on the science end and deals with how to run projects and select equipment (ie F-18). Until now the course was attended by AERE officers, pilots and navigators.

A hearty thanks goes out to 407 Squadron. The ATC section was treated right royally on their recent tour of the DIAC, an Aurora and the Armament Section. Special thanks go to 407's EXO, OPSO, DIAC staff and VP Crew 7 for an enjoyable and learning afternoon.

S.H.

**ROCK & SOUL BAND**  
FROM VANCOUVER  
March 9 & 10 - 2100-0100 hours  
Good selection of songs

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FROM 2100 - 0100 hours  
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**BLUE-GRASS BAND**  
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• Orange Blossom Special  
• Rocky Top

## JR. RANKS' MESS

MARCH 1984						
SUN	MON	TUES	WED	THURS	FRI	SAT
				1 Special Ent.	2 DJ NINE TONIGHT	3
					CRIB	
	4	5	6	7	8 Special Ent.	9 ★ BAND ★ TGIF: Euchre
		Special Ent.		Special Ent.		10
11	12	13	14	15 Special Ent.	16 MAGIC SHOW & 9 Tonight TGIF: DJ DARTS	17 ★ BAND ★ BLUE SKY St. Patrick's Day
					23 D.J. MAC TALENT NIGHT TGIF: Crib	24
18	19	20	21	22 Special Ent.		
		Special Ent.		Special Ent.		
25	26	27	28	29 Special Ent.	30 DJ LOU TGIF: EUCHE	31

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**MARCH 23**  
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# Editorial

## Let's communicate

Since man first got up on his two hind legs and began to shape his own destiny the single most important feature of his expanding intelligence was his ability to communicate with other men. Whether it was a grunt or a wave of the hand, it enabled him to develop teamwork with other men which improved his hunting and his survival skills. These communication skills improved over the centuries with the development of spoken language, followed by the written language.

Probably the most important development in modern communication took place in 1843 when Samuel Morse used his primitive electromagnetic telegraph to send the words, "What hath God wrought?" from Washington to Baltimore. Telegraph cables soon linked all the major countries of the world. In 1906, after wireless or radio telegraphy had burst on the scene, the International Radiotelecommunication Union was developed under the auspices of the UN. The 157 member countries of the ITU are dedicated to standardize and improve international communications.

More recent developments have seen dramatic improvements in telephone, teleprinting, telemetry, telephoto, radio, television, microwave and satellite communications. It is now possible for us to witness live action via satellite TV in any part of the world and even in space. We can speak with people in other parts of the world and see them on video at the same time. Why then, can't we really communicate? When we hear and see our leaders speak to us in our own language, we don't really understand them. A budget speech, an address by a government leader, or a press conference (each carefully prepared) is always dissected by "experts" to find its true meaning. The trouble is the experts disagree and we never know exactly what was meant. It becomes even more difficult to communicate between nations where language translation is a problem. The major powers all espouse the same philosophy of disarmament but are unable to sit down and communicate for the common good. The breakdown always seems to result from their inability to communicate clearly.

There appear to be great gaps in our ability to make ourselves clearly understood. Perhaps it results from the sophistication of our language whereby we can express our thoughts in a multitude of ways, all of them open to some degree of interpretation. While our language is a marvelous aid to communication and provides limitless opportunities in the field of literature, it may be too complex when used for the sole purpose of communicating information. Perhaps with the help of modern computer technology we could develop a language to be used where a clear understanding of its meaning is paramount. The ability to communicate clearly, without the possibility of misunderstanding, would provide mankind, for the first time, with the ability to settle his disputes, based on fact alone. That kind of communication could be the first step towards world peace.

J.S.G.



### Comox appreciation

Dear Colonel Dobson:

On behalf of the Town of Comox, I take this opportunity to express my appreciation to the personnel of Canadian Forces Base Comox for their part in the recent bus disaster.

I appreciate the fact that much work and thought goes into the preparation of a disaster plan for any community and I am very reassured that, when such a tragic event does occur, the plan can be carried out as efficiently as was witnessed following the bus accident.

Again, I extend my thanks on behalf of all of the citizens of Comox.

Yours very truly,  
G. I. PIERCY  
MAYOR

## Let the "Fishwrapper" help you

Do you as a military member of CFB Comox have a secondary duty which you do not like? Maybe you can make a deal with your boss and trade that secondary duty for one that you would really like. Here's the deal, the Totem Times is losing some of its staff members and can offer you an interesting and enjoyable secondary duty, as well as a chance to learn about the fascinating world of newspaper production. No previous experience needed. If you are interested in any of the following positions, contact Capt Gibson at local 2516.

**EDITOR:** You would be taught how to produce a newspaper from A to Z including layout, design, photography, advertising and production. You even have the chance to wield the mighty pen by writing editorials if you wish (provided you don't offend too many of our leaders).

**BUSINESS MANAGER:** In this job you would learn a lot about the newspaper business, but particularly the advertising side. You would learn how to design and sell advertising and would be in frequent contact with the local business community. No experience needed.

**PHOTOGRAPHIC ASSISTANT:** This is an interesting and easy job. We would teach you how to operate our Compugraphic camera, used for producing enlargements and reductions of photographs used in the paper. You would also learn about layout and design. No experience needed.

**EDITORIAL STAFF:** Volunteers are always needed to assist with proof reading and production. Learn about layout and design. No experience needed.

Next Totem Times Deadline - Monday, March 19, 1984



## Law Talk

By Gordon Hardy of the People's Law School

### Child Apprehension

The second in a series of four articles on child apprehension.

June and Frank are terrified of losing their 7-year old daughter. True, with Frank working long shifts at the mill and June's medical treatment, they haven't been able to look after the child as well as they would like to. But they love their daughter and fear that a social worker, investigating a complaint from the child's teacher that she is often absent or late, and frequently comes to school unfed and without adequate clothing, will take the child away from them. (Under the Family and Child Service Act of B.C., social workers with the Ministry of Human Resources are required to investigate complaints about child neglect or abuse and may apprehend children in order to take them to a safe place.)

They await the social worker's visit nervously. To their great relief, the social worker offers some alternatives. June and Frank agree to a plan by which the child will be placed temporarily in a foster home. After the two months that June needs to complete her medical treatment, their daughter will be

returned to them.

This kind of arrangement is called a *Short Term Custody Agreement*. Parents and a social worker may come to this kind of agreement when family problems place children in danger of neglect or abuse. Alternately, the social worker may make suggestions for an agreement which leaves the children in the home but which sets conditions which will remedy the problem. In this case, for example, Frank might agree to have a relative or homemaker come into the home to look after the child until June has undergone her treatment.

Dinah Stanley, co-author of a People's Law School booklet on child apprehension, says, "Remember, the Ministry's first aim is to help children stay in the home. The social worker might suggest that you and the Ministry write up a 'contract'. This will say what the Ministry is going to do for you and what changes you hope to bring about".

"Do not sign it right away," she

warns. "Ask to study it. Get a friend or helper to look it over with you."

"The most important thing to watch for," Stanley says, "is that you do not agree to unrealistic goals that you don't think you can reach. If you fail to achieve the goals and you end up having to go to court about the care of your children, the failed contract could be used as evidence against you".

"It's better to set small, realistic goals," she says. "If you sign the contract but later on find out that it's not going to work, ask the worker to agree to some changes that you think would work. Get the changes written into the contract."

Marjorie Martin, Stanley's co-author and a social work professor at the University of Victoria, outlines Short Term Custody and Special Care Agreements which take the children temporarily out of the home but leaves legal guardianship with the parents. With the Short Term Custody Agreement, the parent or guardian agrees that the MHR will provide care for the

children for up to three months.

This agreement can be renewed if both parties consent.

Both kinds of agreements can be cancelled by either party with no notice given by the parents and after seven day's notice by the MHR.

To 'parents who are thinking about this kind of arrangement, Martin cautions, "Be sure you know your financial obligations -- you can be asked to pay part of the cost of the care of your children".

"You are required to tell the Ministry where you are when your child is in their care," she says. "It is important to keep the Ministry fully informed and keep to the agreement dates."

A voluntary agreement, she says, may not be the end of the problem. If MHR officials decide it would be dangerous to return a child to its parents, they may go to a Family Court judge for a court order which places the child either permanently or for a certain period of time in a foster home or institution.

NEXT: Child Apprehension



## TOTEM TIMES

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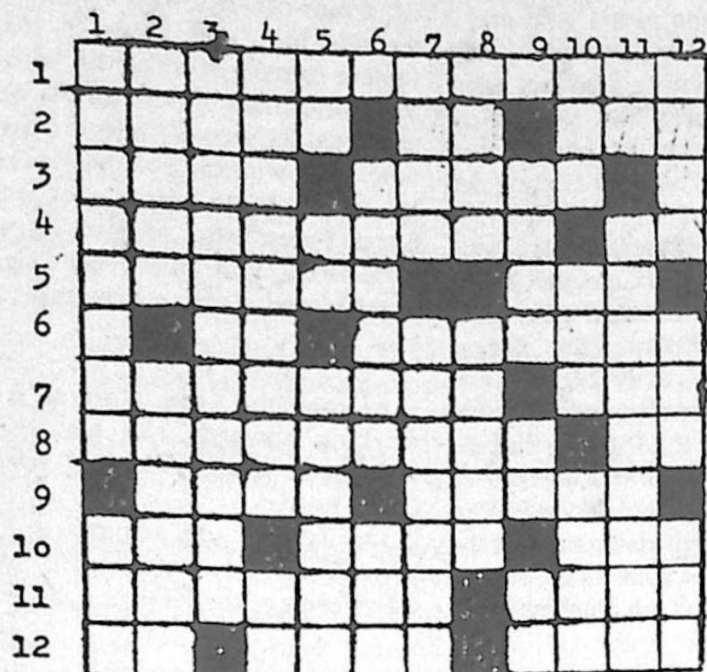


# Gens Du Pays



## MOTS CROISES

NO. 317



### HORIZONTALEMENT

- Continuerait.
- Sérapius Poudrier, par exemple - Strontium - Terre isolée.
- Imprima - Oiseaux qui cajolent.
- Exposèrent pour la vente - Gallium.
- Mettra plus haut - Pluie.
- Avant-midi - Produire un vomissement.
- Qui haïssent quelqu'un - Sert à ouvrir une serrure.
- Pommes à couteau, à peau tachetée - Note.
- Piège - Prénom fém.
- Son eau est salée - Se trouvera dans un lieu - Touché.
- Lettre - Evêché normand.
- En matière de - Etre couvert - Estonien.

### VERTICALEMENT

- Appareil de fausses dents - Madame.
- S'abstient de - Néréide.
- Conducteurs des bêtes de somme, dans une caravane.
- En paroles - Antimoine.
- De naissance - Conjugaison - Chez les chrétiens, le Christ.
- Monte avec effort - Croqua la pomme.
- Détériorée - Oter.
- Royaume du sud-ouest de l'Asie - Se permettra de.
- En outre - Sud-est - Pronom pers.
- Planche de bois - Premiers éléments d'un art - Venues au monde.
- Masc. de elle - Petit crochet double, qui se met au commencement et à la fin d'une citation, d'un discours direct.
- Suga le lait - Roue à gorge - Détruit progressivement.

## Assemblée Générale Annuelle

Dimanche le 15 avril aura lieu l'assemblée générale annuelle de l'association des Gens du Pays ou, se tiendra les élections pour un nouveau comité exécutif. Tous les postes sont ouverts et si vous désirez poser votre candidature vous n'avez qu'à communiquer avec l'association.

N'oubliez pas que pour avoir droit de voter à l'assemblée, votre carte de membre doit être en règle. Le cout est de \$5.00 pour les célibataires et de \$10.00 pour la famille.

Juste un petit avant goût, nous aurons en soirée un spectacle de chansonniers "Charlotte et André".

Vous aurez plus de détails dans le prochain Totem, ainsi qu'un envoi personnel vous sera posté.

A très bientôt  
Votre comité exécutif

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## SEMAINE DE PROMOTION

DU 5 AU 11 MARS 1984

L'association des Parents pour le Programme Cadre de Français annonce sa semaine de promotion. Le but de cette campagne est de sensibiliser la population francophone à l'enseignement en français et d'encourager les parents à inscrire leurs enfants au Programme Cadre de Français. Cette semaine de recrutement aura lieu de 5 au 11 mars 1984.

Pour de plus amples renseignements téléphoner M.R. Shields à l'école Élémentaire Airport (339-3732).

La prochaine reunion du comité  
JEUDI LE 29 MARS 1984 A 7:00 p.m.

Le Centre Francophone d'Alberni, en collaboration avec C.B.C. Radio Canada, vous invite cordialement de vous joindre à nous pour célébrer l'inauguration de la Radio Canada à Port Alberni, samedi, 31 mars, 1984, à 18h30, au Centre Italien, 4065-6ième ave. Port Alberni.

A 17h30... cocktail, suivi d'un buffet à 18h30. La soirée se poursuivra par un spectacle et une soirée dansante offerts par Radio-Canada, avec concours des "Danseurs du Pacifique", avant leur départ pour le Japon. Le prix est de \$12.00 chacun. Les billets sont en vente jusqu'au 15 mars seulement. Vous pouvez contacter Marie-Jeanne Contreras à 723-9807.

Nous espérons avoir le plaisir de vous voir venir vous réjouir avec nous.

P/S Si vous le désirez, nous pouvons s'informer pour avoir des tarifs spéciaux aux hôtels, si vous nous envoyez le nombre de personnes à accommoder.

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Pour plus de renseignements, contacter une de ces personnes. CLUB GENS DU PAYS, BOX 213, LAZO, B.C., V0R

2K0. TEL: 339-5313. Le local est ouvert LUNDI, MARDI, MERCREDI, VENDREDI de 10:00 a.m. à 3:00 p.m., JEUDI FERME.

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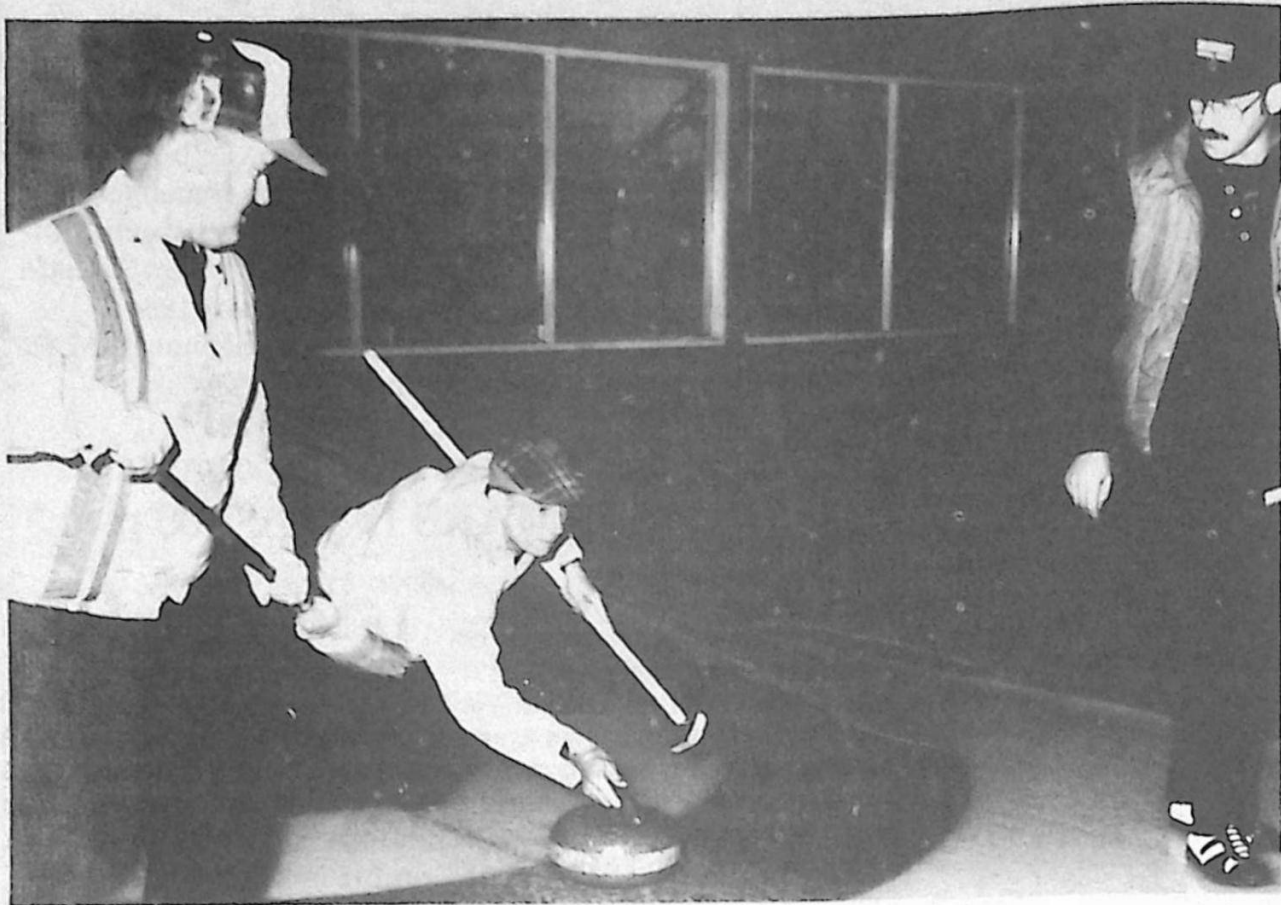
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# Sports

## \*\*\* Logspiel \*\*\*



The Base Commander, Col Dobson, throws the first rock to open the 9th Annual Logistics Bonspiel. On the left is Maj Mike Oades, the OPI for the bonspiel and on the right is Sgt Derrell Sears the draw master.

CFB Comox was the host base this year for the 9th annual Logistics Bonspiel. The committee headed by Maj Mike Oades, BCompt comprised: WO Terry Wall - Sec-Treasure; Sgt Darrell Sears - Drawmaster; Sgt Jack Harvey - Accommodation; WO Ron Boon - Food; MCpl Ron James and Cpl Erny Tuckko - Transportation; Sgt Rus Wildin, Sgt Stan Barclay and MCpl Bob Cotton - Entertainment and Prizes.

By Thursday, February 16, the day of the Meet & Greet, all the motel rooms had been booked by Jack Harvey for the out-of-town teams; they began arriving in town in the afternoon and were settled in their motel. A bus was laid on to pick up the teams at the Washington Inn and bring them out to the Social Centre. At 1930 hours, the bus arrived with the first load of curlers; they were already "happy". Jerry Pavey's team from Esquimalt looked like they were going to a Punk Rock festival instead of a curling bonspiel. We were also ready; Terry Wall, Jack Harvey and myself met them at the door of the Social Centre and gave each skip his curling pkg. All the curlers then started making new acquaintances and renewing old. They filled themselves up with Comox Cheer and danced or talked curling until midnight when the bus arrived to take the teams back to the motel and bed? There was only one small problem at the Social Centre. Wally Berger from Comox talked about golf so much to Jim Davis of Esquimalt that Jim forgot all about his game plan for curling and went home after the bonspiel still talking golf.

Friday the 17th, 7:00 a.m., the

curling started with the first 12 teams on the ice. Some of the curlers were bright-eyed and bushy-tailed, some were red-eyed and bushy-tailed and some were just there. At 1100 hours, Col Dobson, the Base Commander officially opened the bonspiel by throwing the first rock and welcoming all curlers to the 9th Annual Bonspiel. The curling continued all day and into the evening with the final draw going on at 2100 hours. The winners were happy that stayed in "A" Event and the not so happy went to "B", "C" and "D" Event. Every team curled three games this day. Friday evening we had a DJ and the music began at 2000 hours. There was an unexpected draw that went on the ice at 3:00 a.m. This is what the curlers in the World of Curling call the Barefoot Draw. The event was won by Mary Breen from Esquimalt.

Saturday the 18th, 8:00 a.m. The Dogfight Event started. For those people who are uneducated in curling this is the "D" Event and the teams who are in this event must curl 4 back to back games in order to win. Losers being eliminated. At 1200 hours the "A" Event semi-finals started with Bill Francis of Chilliwack knocking off Ken McInroy of Chilliwack in a tightly fought match and George Pollen of Esquimalt beating George Cunningham of Esquimalt in the other "A" semi-final. "B" Event semi-final was Derrell Sears of Comox trouncing Jim Davis of Esquimalt and Dick Jackman of Esquimalt doing the same to John Smith of Esquimalt. "C" Event semi-finals, Wayne Davis of Comox beat Jan Olson of Chilliwack when Olson on a last rock attempt failed to draw to the open house. Wally Berger of

Comox knocked off Murray Reid of Chilliwack in the other "C" semi-final. In the "D" Event semi-finals Fred Kennedy and Maddie Boran of Comox beat Erny Tuckko of Comox and Rick Bertrand of Esquimalt respectively to reach the "D" Finals.

The finals got on the ice at 1645 hours. All final games were 10 ends. The "A" Event had Bill Francis of Chilliwack matched up against George Pollen of Esquimalt. It took Francis only 8 ends to make Pollen the "A" runner-up. In the "B" Event Derrell Sears of Comox took 6 ends to win the game leaving Dick Jackman of Esquimalt as the runner-up. The "C" and "D" Event finals were the two best games with Wally Berger of Comox beating Wayne Davis of Comox in the "C" Event and Fred Kennedy of Comox using all 10 ends to beat Maddie Boran of Comox in the "D" Event.

Saturday evening beginning at 2000 hours we started our banquet with a casserole dinner put on by the kitchen staff of the CVCC. After the dinner the prizes were then presented to all the winners with Col Dobson, Base Commander presenting the "A", "B", "C" and "D" Event trophies. The Base Commander also gave an excellent speech on curling and the effects it has on our spouses. Once the prizes were presented we had another dance for the curlers and guests; this took us to the end of an excellent bonspiel.

I would like to take this opportunity now as the word from the out-of-town teams for the showing that the committee put on for this bonspiel was "You did it again Comox. Brava Zulu" - Thank you.

## Pacific Region broomball championship

The Broomball Regionals took place from the 27th February to the 1st March at the Base Arena. There were eight teams competing: 3 PPCLI, CFS Beaverlodge, CFB Chilliwack, CFB Esquimalt, HMCS Provider, CFS Kamloops and CFB Comox. After the smoke had settled on Thursday afternoon, CFS Kamloops had won the 1983/84 Broomball championship, by coming back and defeating the Comox Totems 3-2 which was a hard fought game. The standings after the round robin are:

A Division	B Division
HMCS Provider	CFB Esquimalt
3 PPCLI	CFB Comox
CFB Chilliwack	CFS Kamloops
CFS Beaverlodge	CFS Holberg

(The above are placed in order of standings, beginning with 1st.)

### Semi-finals

CFB Comox 6.....	HMCS Provider 0
CFS Kamloops 3.....	CFS Beaverlodge 0

### Finals

Kamloops 3.....	CFB Comox 2
-----------------	-------------

Although the Totems lost the Regionals, they had a good season over all. I would like to give special thanks to Sgt Tony Ruthven and Sgt Jack Harvey for all the hard work they put into our broomball team this year. Don't worry guys! Bring it back next year.



It is thought that our first paper money came from China, where the making of paper was developed.

## Base hockey team

The Totems have just won their 1st round of playoffs by defeating the Sabres of the Pioneer League, two games to none.

The 1st game which was played on 18 February at Glacier Gardens, was a score of 5-3 in favor of the Totems. Scoring for the Totems were Andy Meaning with 2 goals, Richard Leblanc with 1 goal and 2 assists, Brian Van Hereweghe and Chrys Forest with a goal and assist each. Jim Burke and Doug Neill chipped in with an assist also. Playing strongly in the Comox net was Gary Grass.

The second game was played on the 4th of March in Campbell River. This was a hard fought battle that went into overtime. The Sabres jumped into an early 2-0 lead and seemed to be headed for a convincing win. But the Totems did not stop working hard and at 17:09 of the 1st period, Brian Van Hereweghe got the team back in the game with a nice goal. In the second period at 12:50, Yvan Duchesne sent

a super pass to a wide open Doug Neill who calmly scored into an open net to tie the score. The Totems were now playing stronger. At the 6:36 mark of third period, Brian Van Hereweghe scored on a nice set-up from Chrys Forest to put the Totems up by 1. With less than 5 minutes left the Sabres tied the game off a face-off. But with 1 minute 25 seconds left, they took an interference penalty of which the Totems took advantage by scoring the winning goal 31 seconds into the overtime. This winning goal was scored by Jim Burke on a drop pass from Chrys Forest who received a pass from Brian Van Hereweghe. Gary Grass played a very strong game in nets.

At present, the Totems are working towards the Nationals which start on the 19th of March at Camp Borden.

The Totems also advance in the playoff Round Robin with two other teams of the Pioneer League.

## Badminton Club news

Thirteen teams entered our second mixed doubles fun tournament on February 15. Dave Crittenden and Jeannine Rodgers were the winners beating our Al Nichols and Sue Young. We will be holding a singles, doubles and mixed doubles tournament during this month, so watch for details to be posted on club nights or see Jack Valcourt. Trophies will be awarded in each category. Find yourself a partner and start practising - let's make this final tournament a success.

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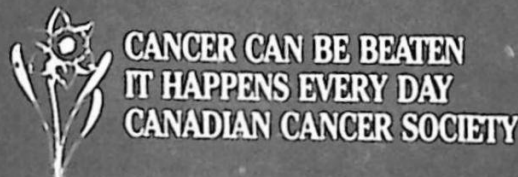
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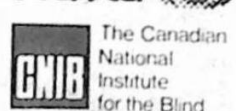
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Sunday - 10:00 am - 4:00 pm

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338-6777



# Sports



The only improvement on a successful three day ski trip to Whistler, is a second one. Twenty-eight of the more avid skiers from CFB Comox Ski Club spent 17-19 February enjoying the unsurpassed slopes of Whistler and Blackcomb mountains. Once again, thanks to Elaine and Ken Markell who put so much effort into organizing the trip, a great time was had by all. Thanks also to "super driver" Campbell who somehow managed to put up with skiers and equipment and still smile all the way.

Old Slow Pokey Al Shanks receives the blue ribbon for being late for the bus each time. We finally put him at the front of the bus so he could arrive first. Congratulations to Elaine and Francine for making it all the way to Nanaimo without a pit stop.

Once on the ferry our little group received repeated ovations for numerous renditions of the latest hit "Great Big Taste". B.C. Ferries are now offering a free Half way fare to the originator. Al Shanks, Karen Finn and Tim Lanouette were the winners of the distance and arrival time lotteries.

Friday morning saw us get down to serious business in better than expected snow conditions. The sun shone brightly as we bashed our way through powder and moguls with only one real telltale wipeout. The honour for crash of the weekend goes to Steve "Lip Stand" Beirnes. Cosmetic surgeons do wonders with scars these days, Steve.

The Kamikazee Twins, sometimes called the Flying Finns, did their usual powder busting routine, this time accompanied by the

Fredericksons. After getting over the initial fright Francine spent the remainder of the weekend screaming "black is beautiful".

The Village RCMP were very friendly and kindly offered Ken and Elaine transportation Friday night. Saturday evening they offered Moe Robert a ride, however he "politely" refused.

Saturday and Sunday saw a steady fall of snow, keeping the conditions in an excellent state and providing many interesting happenings. I don't know what Cathy James had to drink the night before but Michele tells me they were half way up the chair lift when Cathy noticed she was wearing only one ski, with no idea where the other one was. The disembarkation was anything but routine. The hangover of the trip award goes to Michele, who couldn't understand why she felt so ill. She heard that if one doesn't mix one's drinks one does not suffer. Michele, everyone knows that fourteen drinks of anything will destroy your system, especially Zombies. Courage of the trip award goes to Bob Grant who somehow managed to enjoy three days of skiing in spite of the constant torture from his boots. Tour of the trip award goes to Kathi Brown who, after claiming that she knew the way from Whistler to Blackcomb, led Gail, Bob and Dave on a scenic tour of the entire west coast. She also steered Gail down Gear Jammer and Chunky's Choice for which she may never be forgiven.

There was a three way tie for quietest person of the trip between Chris Elliott, Martin Grosiau and

Barry Laycock. In the noise department "Super Grunt" Todd made up for all the rest. Brian, our snow condition checking cowboy, also did some scientific calculations and proved that a cowboy hat holds more Jacuzzi water than snow. Speaking of Jacuzzi, we failed to equal our record of 15 people at once, set last year and managed only 13 this year. Who gained weight?

Ken Markell had quite a fight when Elaine disappeared twice in one afternoon with his charge card. How embarrassing for the trip RSM to miss the bus.

The trip back was mostly uneventful. Campbell was kept alert with numerous requests to turn the heat on or off and the music volume up or down. The highlight of the trip back was Dave Nelson's treating everyone at the Big Scoop. Darn generous of you Dave.

Well, that's it for this year. All in all it was a very worthwhile trip with loads of enjoyment, and most of us are looking forward to next year. Plan to join us and make it bigger and better than ever. Until then, KEEP YOUR TIPS UP.

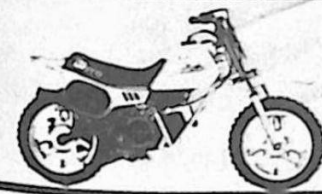
## Umpires clinic

B.C. fastball will conduct an umpires clinic, 7-8 April 84 at CFB Esquimalt. Rations and quarters are available for service personnel. Interested personnel must contact the Rec Centre, local 2315 - no later than 23 March 84. As a reminder, this will be the only umpires clinic on the Island this summer.

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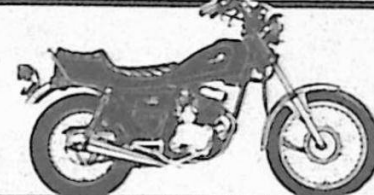
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big bike styling with small size economy & handling

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## Unclassified

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**For rent:** Ski condominium on Mt. Washington, (near Comox) to rent from Sundays to Fridays \$240. This unit is fully furnished for 8 people and has 2 bathrooms and sauna. For more details phone: 339-6216 (or 339-6969).

### POSTED TO CFB BORDEN?

Personal touch with 15 years experience. Call or write RON JONES, Associate Broker, LOU GOEDEMONDT REAL ESTATE Ltd., 35 Essa Rd., Barrie, Ontario. Phone-

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Do you eat compulsively? Do you want to change? Overeaters Anonymous — 338-9849 or 339-4194.

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### CENTRAL BUILDERS

610 Anderton Avenue  
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Phone 334-4416

**For sale:** 14' S/Sears alum boat. 9.5 Johnson (as new)(72). 16' home made tilt boom trailer. Phone 339-4689 after 4 p.m.

**Private Sale:** 1,200 sq. ft. house, McKenzie Ave., Comox. \$69,500.

Large family home, one block from schools, near hospital and shopping. 5 bedrooms (3 main, 2 basement). Oak floors, solid wood kitchen cabinets, 2 baths, 2 fireplaces, fenced yard. Assumable mortgage of \$66,000 due 1986. For more details please phone 339-6969 or write to P.O. Box 1411, Comox, B.C.

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**HELP WANTED:** 409 requires a number of teenagers, 16-18 years old for reunion party cleanup. 28-01 July. If you are interested in making extra cash - contact Capt G. Desrochers, local 2409 or home: 339-5368. NL: 15 April 1984.

**Wanted to buy** 2nd growth timber in Courtenay-Comox area. Phone 752-9746.

**For sale:** 1976 Corvette. New paint. New BF Goodrich tires. T-top 350 C.I. automatic. Asking \$9,500. o.b.o. Phone: 339-4821, evenings 338-9524.

**For sale:** 1981 CMC short stepside pickup, 6 cyl., 4 speed trans. Positrack rearend. Sliding rear window. Heavy duty suspension. Trailer hitch. Asking \$77,000 o.b.o. Phone: 339-4821, night 338-9524.

**For sale:** 4 bedroom basement home. Large landscaped lot on Cul de Sac in Comox. Fireplace - up. Wood heater - down in basement. \$58,500.00. Please phone 339-5208 for viewing.

**CAKES:** For all occasions. Birthday, weddings, anniversaries, parties. Any shape or style. Call 339-2170.

### Bates Beach Resort

1 & 2 bedroom furnished apartments. Waterfront. Heat & Hydro included. From \$285.00. Call 334-2151 or 338-0501.

**For sale:** Lionel tent trailer. Good condition. New Tires. Fridge. Stove. Water tank. Sink & pump. Sleeps 7 persons. Asking \$1,500 o.b.o. Call Doug Mills, local 2386 or after 4 p.m. - 339-7568.

**Attention 'cat lovers!** Is your pet ruining your curtains & furniture? Rather than taking away your cat's means of defence by declawing, why not give your pet one of my specially treated scratching posts? Cats love them! Orders filled promptly. \$12.00 each. You pick them up. 338-0718.

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Adults \$3.75, OAP \$1.75, Child \$1.75

NOW SHOWING to Thursday, March 8 at 7 p.m. & 9 p.m.

**BROOKE SHIELDS**

"SAHARA"

**MATURE**

"Warning - Some violence, occasional suggestive scenes" - B.C. Director

OPENS FRIDAY - March 9, 10, 11, 12, 13, 14, 15  
Each evening at 7:00 p.m. & 9:00 p.m.

**BOB FOSSE's "STAR 80"**

MARIEL HEMINGWAY

"Warning - Frequent very coarse language & nudity; occasional gory violence." - B.C. Director

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**Stardust**

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OPENS TO A NEW SEASON FRIDAY, MARCH 9

Friday, Saturday, Sunday - March 9, 10, 11

"STRANGE BREW"

"Warning - Occasional swearing & suggestive scenes." - B.C. Director

PLUS — "WAR GAMES"

Warning - Occasional coarse language & swearing." - B.C. Director.

### CFB COMOX

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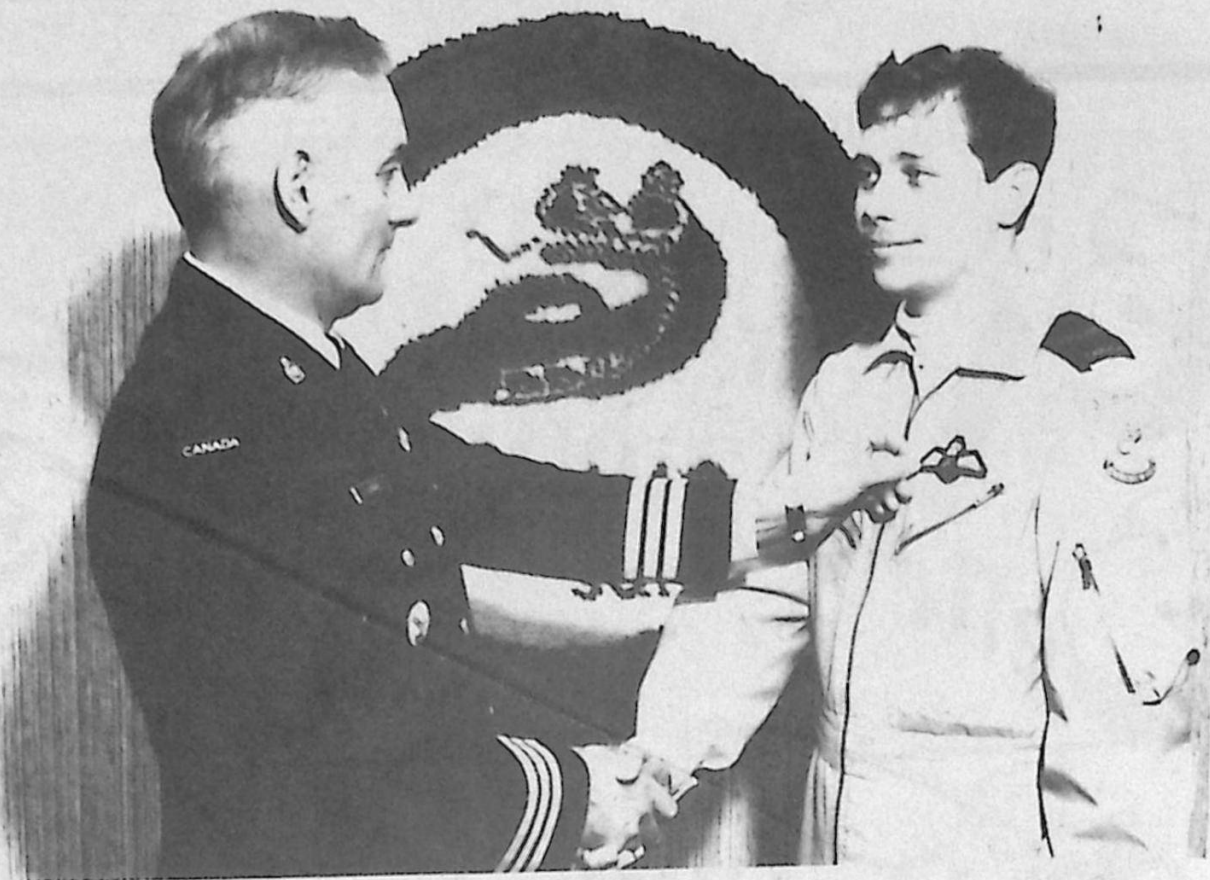
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Fri., Sat. 11 a.m. - 9 p.m.  
Sun. Noon - 8 p.m.



# Promotions and Awards



Cpl Brian Cornish receives his Flight Engineers Wings from LCol D.G. Stuart, CO 442 Squadron.



Cpl Bob Ridgeway receives his CD decoration from LCol D.G. Stuart, CO 442 Squadron.



LCol D.G. Stuart, CO 442 Squadron, presents MCpl Gary Carter his Air Transport Group certificate for having flown 2,000 hours in ATG aircraft.



On his recent promotion, Sgt Stan Lawson is being congratulated by LCol D.G. Stuart, CO 442 Squadron.



LCol D.G. Stuart, CO 442 Squadron, presents MCpl Gary Carter with a Boeing Vertol Rescue Citation for his participation in the rescue hoist of three injured flyers whose aircraft crashed 40 nm east of Dease Lake, B.C. in September 1982.



LCol D.G. Stuart, CO 442 Squadron, presents Sgt Dallas Martin with the DeHavilland Canada pin and scroll commemorating having flown 1,000 hours in the CC-115 Buffalo aircraft.



LCol D.G. Stuart, CO 442 Squadron, presents Sgt Gerry Gray with his Air Transport Group certificate, commemorating having flown 2,000 hours in ATG aircraft.



LCol D.G. Stuart, CO 442 Squadron, presents MCpl Charlie Fleming with the Canadian Forces Decoration for twelve years of service.



# Promotions and Awards



LCol D.G. Stuart, CO 442 Squadron, presents Cpl Rob Conley, a.k.a. "Ramp Walker" with his CD decoration.



Mrs. Pearl Aven receives her Long Service Award from LCol J.E. Jackaman, BAdO.



CD presentation to MCpl Lafontaine Jr. by LCol Brygadyr, CO of 407 Squadron.



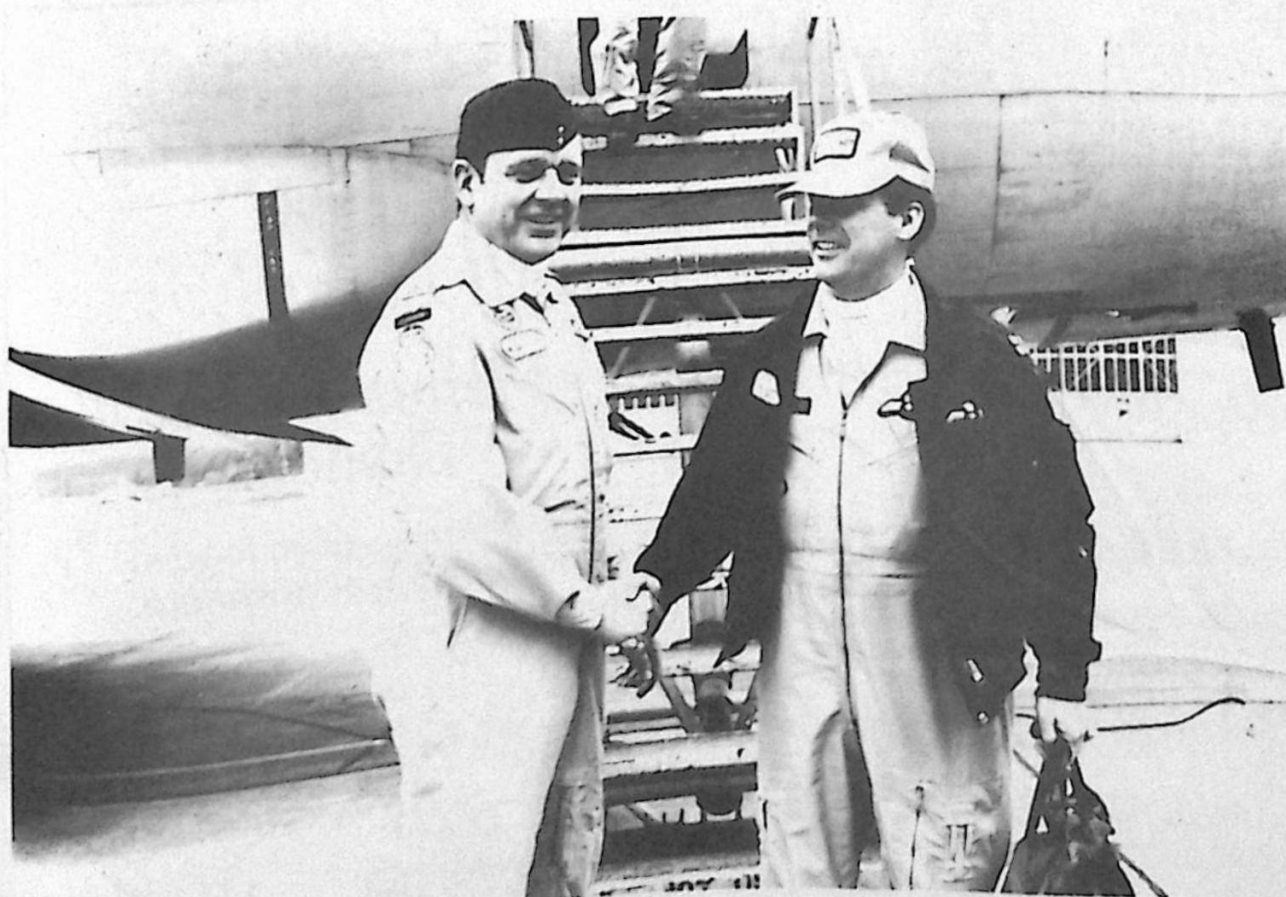
2Lt Bertrand receives his commissioning scroll from 407 Squadron's CO, LCol Brygadyr.



MCpl Dionne J.J.Y. is presented his CD by the CO of 407 Squadron, LCol Brygadyr.



MCpl Ronaldson is presented his CD by CO 407 Squadron, LCol Brygadyr.



Maj Challendar congratulates Capt Williams on his last VP407 flight.





# Around the Base

## Old Totems victorious four in a row



The Old Totem's have once and for all proved their true worth this past two weekends. Initially the home team travelled down to Lake Cowichan and squeaked out an overtime win of 3-2. Lake Cowichan came out the next day to show that they were on equal par with the Totems but were unsuccessful in their attempt and the CFB team won again, this time 4-2. Danny Lamouche came out of retirement to efficiently defend the Old Totem's net for the weekend's play.

The spirit of the Cowichan team was undaunted however, as they returned the following weekend to once again challenge the base. By now the CF team was on a roll and would not accept defeat. Just minutes into game number three, Reg Cote aided by Chuck Rheault opened the scoring, giving the home team the incentive required to pour on the heat. Reg carried right on shortly after, this time with Reg Lanthier, and sneaked another goal by the opposition. Russ Parker and Wayne Estabrooks fed Gary Flath (a pick up from the farm team in Edmonton) and he proved that he could still cut the mustard in vying for a hat-trick, however, restricted to only two goals and one assist. Don Brooks proved to be a superstar in slamming home two goals within seconds of each other. Larry Blais aided and abetted Owen Coffell and Reg Tressel in their drive to pile up the points. As usual (Bill Fraser) continued to display his capabilities by convincing his linies, Gary Flath and Russ Parker, to set him up to get one on by the Cowichan goalie. As to the team's sportsmanly conduct, penalties were uneventful in the first period; period two they all took a breather; but period three the ice hit the fan and at one point

Comox had three men elbowing for room in the box. All this time "sitting around" did not prevent a 9-4 victory for the Old Totems.

With the dropping of the puck in the final game the Totems were definitely flying high. Phil McKinnon and Russ Parker were in the spotlight this match, each acquiring a hat-trick. Phil, helped out by Owen Coffell got the game rolling. Don Brooks, with Reg Cote, followed closely behind with goal number two. In his efforts to justify his place with the old guys (vice the minors in Edmonton), Gary Flath received the puck from Russ Parker and slipped it easily into the net. Gary immediately returned the favour and passed the puck back to Parker who also managed to put it by the goalie. Reg Tressel put the scoring to rest after acquiring the fifth goal in the first period. Reg T. came out in the second period to assist Reg Lanthier in his first point of the game. Then Phil McKinnon turned on the steam, blasting in two goals in succession. Owen Coffell and Chuck Rheault assisted his valiant effort. Wayne Estabrooks helped Russ Parker once again, to acquire goal number 9 and end the period. Russ Parker, unassisted, broke through the lines in the first minute of play in the third period, psyched out two of the Cowichan defence, and drilled in his hat-trick. Reg Cote quickly picked up on the offensive method and charged down the ice to attain another unassisted goal. Wayne Estabrooks, with Norm Rudrique at his side, put in the twelfth point. Phil McKinnon, continuing with his excellent display of stick handling, passed the puck over to Owen Coffell, who closed the match with a delightful win of 13-5. Dave Boudreau was the outstanding goalie in the last 2 games.



Long Service Awards

The Base Commander, Col W.R. Dobson, recently presented Long Service Awards for 25 and 35 years of Public Service to 14 past and present civilian employees. Back Row (l to r): J. Brown, D. Woolcox, E. Menard, H Stolarchuk, C. Hayward, B. Reesor, and B. Bearman.

Front row (l to r): R. Mitchell, H. McGrath, BComd, R. Campbell, W. Caudwell, A. Simpson and A. Horth. Missing from the group picture is G. Gillis.

## BADO Burlblings

The Base Administration Officer's job comes complete with several secondary duties. Some can be interesting and some such as being a judge at the local Winter Carnival Queen competition, can be quite delightful. It is not just the pleasantness of talking and being in the company of a group of lovely young ladies, it is also having your faith restored in young folk. There are some very nice youngsters out there who show great potential for the future. They are the kids that are active in a variety of hobbies, interests and part time jobs. They obviously do not have time to be bored and are out there participating in life to the full. They are also representative of a great number of people in this Valley. These are the folk who volunteer for the jobs that have to be done but which often are not easy or even particularly rewarding. These are the doers of our society.

Within our military community we too, are fortunate to have many who give up much of their spare time to ensure that our children are able to enjoy Girl Guides, Scouts, Brownies and Cubs. Others go out to collect for charities. Others can be found organizing and refereeing various sports activities. Without our volunteers, the facilities and

activities we take for granted would cease to exist. From my own point of view as BADO, my job would be impossible without the help provided by the many volunteers in the areas of my responsibility. It is for this reason that I feel obliged to use the medium of this paper to express my thanks. I would also suggest to those of us who feel they would like to try something different, to volunteer for one of the many jobs that have to be done on our Base or within the community. I am completing this article at the Base Newspaper. It is a busy hive of activity, as once more a group of people are getting the paper ready for the press so that we can enjoy our Base Newspaper this Thursday. It is fascinating work and there is a lot to learn. A paper does not get printed by magic. It takes contributions, advertisements, and pictures which have to be carefully edited and laid out. It is a sort of jig saw puzzle with everyone involved in producing the ideal solution - a well laid out pleasing to the eye newspaper of interest to the reader. So for some of you bored types or those who love to try a new interest, how about joining the Base Newspaper Staff. As far as I can see it is a fun job with lots of nice folk to work with.

## CURLING

### 1st Annual BTSO Bonspiel

WHERE: Comox Valley C.C.  
WHEN: 23 - 25 March 84  
Cost: \$50.00/team

CLOSING DATE: 16 March 84

OPEN: To all serving or retired military personnel, civilians, spouses, boy & girlfriends.

ENTRY FORMS: Can be picked up from ISG Fred Kennedy. Cheques and money orders are to be made payable (BASE SUPPLY PARTY FUND BTSO BONSPIEL)

Note: 1 female or more per team.

For more information:  
Derrel Sears - 2358  
Fred Kennedy - 2509

A broken cigarette is a little freedom gained. Generation.

Courtenay Rotary Anns

Fashion Show & Luncheon

Wednesday, March 28  
11:45 a.m. at the Westerly Hotel  
Tickets available from TOUCH OF CLASS

Contemporary Christian Music Show  
"The Christian Alternative"

CFCP 1440-Comox Valley  
CFWB 1490-Campbell River

SUNDAY - 9-11 p.m.  
Hosts are: Ernie Anderson, Brad Minton, and Marcy Attwood.

## Chips off the old block

Maj Gerry Wharton's interest in lead figure model soldiers has sparked a second hobby - carving and painting wooden soldiers from clothespins. He first fashioned the wee warriors as colourful Christmas tree decorations. When friends and family asked for more, Maj Wharton, an NDHQ staff officer who handles planning for the CF's northern flank commitment to NATO, obliged, creating a collection of miniature combatants in former and present day uniform. Though he can complete a wooden soldier in an evening, Maj Wharton takes more serious interest in lead figure modelling and is president of the Ottawa Valley Model Soldiers Society.



Tender tea breads, moist and chewy cookies and high, handsome cakes—this is the stuff dessert dreams are made of. And here are tips to make those dreams come true:

Plan ahead. Before starting, read the recipe thoroughly and make sure you have all ingredients and equipment needed. Do any advance preparation required. Remember, baking in many ways is a science,

and the best results come from following a recipe carefully.

Use shiny metal pans, or those with a non-stick finish. If you use glass baking equipment, lower the oven temperature by 25 degrees.

Use the right shortening for the job. Cake batter made with butter is hard to blend and the cake comes out heavier and flatter than one made from shortening. An economical new shorten-

ing choice is Butter Flavor Crisco, which makes chewy cookies and lighter, higher, finer-textured cakes—with a delightful plus: a rich buttery taste without sodium or cholesterol. This new shortening is ready to use from the pantry shelf, and can be substituted in any recipe listing butter, margarine or shortening as an ingredient.

Don't overcrowd the oven. If you are baking three cake layers, arrange

them so no pan is directly over another. Also, don't use a cookie sheet that is too large for the oven. Allow two inches on all sides to permit heat circulation.

Often, baked foods must cool a bit before being removed from pans. Don't be impatient—follow directions so the food leaves the pan easily without sticking.

Put these tips to work on your next baking project—you'll be pleased with the results!

### "ITEMS WANTED"

FOR

### — FLEA MARKET —

1st Lazo Scouts, Cubs and Beavers are sponsoring a "FLEA MARKET, BAKE AND CRAFT SALE"  
Sunday 06, May 84  
0900 to 1500 HOURS  
Airport School Gym

If you are able to donate saleable articles please phone:

339 - 6929

All proceeds to be donated to the "Gilwell Park Project"

## The Homestead New! All New!

Menus - Decor  
Owners!

Featuring good food in a relaxing atmosphere.

Tuesday through Saturday  
For lunch 11 - 2  
and Dinner from 5 p.m.

932 FITZGERALD AVE.  
338-6612



# Around the Base

## ST. MICHAELS AND ALL ANGELS PROTESTANT CHAPEL

**CHAPLAIN:** Padre Bob Risch (UCC) Telephone: 334-3575.  
**CHAPEL:** St. Michael and All Angels Protestant Chapel, Bldg. No. 88.  
**OFFICE:** Headquarters Bldg. No 45, Room No. 48. Telephone 339-2211, Local 2273.  
**ORGANIST:** Nancy Nowosad, Telephone: 338-9843.  
**PUBLIC WORSHIP:** Sundays at 1100 hours.  
**COMMUNION:** First Sunday of the month.  
**FAMILY SUNDAY:** Second Sunday of the month.  
**SUNDAY SCHOOL:** Classes are available for all students from age three through youth. Kindergarten through youth meet from 0930 - 1030 hours. Pre-kindergarten classes will be held from 1100 - 1200 hours during the worship service.  
**JUNIOR CHOIR:** Rehearsals are 1830 - 1915 hours at the Chapel. Children in grade two and older are eligible to join. Choir members will be expected to be at rehearsal each week and attend worship services.



## OUR LADY OF THE SACRED HEART CHAPEL CFB COMOX, B.C.

**CHAPLAIN:** Maj Julien Rheault: Telephone 339-2211, local 2274.  
**MASS SCHEDULE HOURS:**

Saturday 1900 hours  
 Sunday 1000 hours  
 Week Days 0900 hours (No Mass on Thursdays)

**BAPTISMS & MARRIAGES:** By appointment - notice well in advance.  
**CATHOLIC WOMEN'S LEAGUE:** Second Tuesday of the month in the Parish Hall, preceded by Mass in the Chapel at 7:30 p.m.

**PARISH COUNCIL:** Second Wednesday of the month at 1300 hours in the Parish Hall.

**CATECHISM CLASSES:** Each Wednesday in the PMQ School from 1830 to 1930 hours.

## CFB COMOX MILITARY CHRISTIAN FELLOWSHIP



Meetings held from Monday to Thursday from 1200 - 1300 hours in the R.C. Parish Hall next to the Tennis Courts.

## Library (Located back Station Theatre)

**HOURS:**  
 Monday to Thursday  
 6 pm - 9 pm

**Can Cancer Be Beaten?  
 You Bet Your Life It Can!**

## WO & Sgts' Wives Club

The White Elephant Sale that took place Monday, 6 February, was very successful and lots of fun thanks to all of you who attended. The Sadie Hawkins dance held on Wednesday, 29 February, was also very successful and a good time was had by all.

Plans are now under way for the Fashion Show which is being held at the mess on Monday, 12 March at 8 p.m. All members and guests are welcome. Tickets are now on sale on a first come first serve basis and are available from Cindy Cedar

(PMQ's) 339-4125 or Sharon Van Volsen (Courtenay) 338-8414 at \$3.00 per ticket. The "Wardrobe" and "Lavers - The Guard House" will be providing the fashions. There will be several door prizes and refreshments will be available. Now that spring is in the air and just around the corner, come out on Monday, 12 March and see the Spring Fashions for 1984. Looking forward to seeing you at the Fashion Show.

Elizabeth Mitchell  
 Publicity Conveynor

★★★★★

## Learning Disabilities Weeks in Canada

March 5-16, 1984

Recognition - The key to hope

Commonly called an "invisible handicap", a learning disability is often not recognized for what it is. Caused by a deficiency in the central nervous system that causes problems in mentally processing everyday living and learning communications, and expressing appropriate responses, a learning disability often manifests itself in behavioural problems (short attention span, hyperactivity, social ineptness, to mention a few), inconsistent or poor learning patterns, difficulty reading/writing/spelling/doing arithmetic, but seems intelligent, lack of gross or fine motor skills (doesn't play sports or draw well etc.) or any of many more misunderstood behaviours.

It is approximated that at least ten percent of the total population has a learning disability, from mild to severe, but it is only recently that it has been recognized and even more recently that proper assessment and treatment techniques have been developed.

We are now, in addition to aiming for early recognition and treatment, trying to catch up with all the learning disabled adults who have spent their lives trying to get along in society and trying to cover up their misunderstood handicap. Even after achieving a correct diagnosis, it is a long hard struggle to learn what

they have missed and even harder to overcome years of self-deprecation and lack of self-esteem.

If you think your child's problem is more than that he is "going through a phase"; if he seems intelligent and is basically a good kid, but is getting poor grades and is called "disruptive"; if his teacher says, "He could do better if he tried."; if he plays primarily with children younger than he or if he has withdrawn socially and his only companion is the T.V. set; if he can't seem to get organized or do things on time; or exhibits other mysterious behaviour, call us.

The Comox Valley Association  
 for Children and Adults with  
 Learning Disabilities

339-3357 or 339-5735  
 or Special Education Centre  
 338-5383

\*\*\*\*\*

For further information, please call the Special Education Centre at 338-5383, and obtain any particular information needed, or if interested in the Comox Valley Association for Children and Adults with Learning Disabilities; phone 339-3357 or 339-5735 (after 5 p.m.)

## Officers' Wives Club

This month our Entertainment Gals have planned a "Mad Hatter Party" so set the evening aside now for a guaranteed good time.

The date is March 21 -  
 see you there.

## Across my kitchen table

- by Rosemary Gibson



With the first days of March, the weather improves and our thoughts turn to outdoor activities. Baseballs and skipping ropes appear. Garden catalogues arrive in the mail with enticing pictures of flowering shrubs, the newest in hybrid roses, and promises of "blankets of bloom from May 'til October." The sunshine this week lured me outside to turn over the soil in our small patch of garden, enthusiastically at first, but with less eagerness as my body grew weary. It felt good, though, to be out of doors with the scent of spring in the air.

A friend from a previous posting left behind the snowstorm in Ontario to visit this banana belt of Canada last week. She came to spend a day with me, and left behind this poem for my collection.

*Life is but a bridge we build  
 To link before and after -  
 And wise is he who builds his span  
 Of faith, and love, and laughter.*

\*\*\*\*\*

Here's a light dessert recipe that's sure to be a hit with the youngsters. My mother-in-law makes this when she expects her grandchildren for dinner, and they love it.

### BROKEN GLASS DESSERT

**Ingredients:**  
 1 red jelly powder  
 1 lime jelly powder  
 1 lemon jelly powder  
 1 envelope plain gelatin  
 ¼ cup pineapple juice  
 1½ cups whipping cream  
 ½ cup sugar

18 graham wafers, rolled fine  
 ½ cup butter or margarine  
 ½ cup sugar  
 ½ teaspoon lemon flavouring

**Method:**  
 Combine crushed wafers, butter, sugar and lemon flavouring. Press into 9" x 12" pan. Set aside.

Dissolve each package of flavoured gelatin in 1½ cups of hot water. Pour into separate pans, ½" or more deep. Chill to firm. Dissolve the plain gelatin in ½ cup cold water, and dissolve in ½ cup hot water. Add pineapple juice. When partially set, add to cream which has been whipped with sugar.

Cut firm jellies into ½" pieces and put in large bowl. Add the other combined ingredients. Fold together gently. Put on top of graham wafer base. Chill. May be made the night before.

\*\*\*\*\*

And this one's just for fun...

### ELEPHANT STEW

**Ingredients:**  
 One elephant  
 Two rabbits (optional)

**Method:**  
 1.) Cut elephant into bite-sized pieces. Add enough water to make brown gravy. Cook over kerosene flame at 465° for about 4 weeks.

Serves about 3,800 people.

2.) Add rabbits if more people are expected. Add only if absolutely necessary, because most people don't like to find hares in their stew.

\*\*\*\*\*

**HINT:**  
 To prevent salmon from sticking to the bottom of pan while it's baking, line the pan with lettuce leaves.

\*\*\*\*\*

**THOUGHT FOR TODAY:**  
 About the only difference between stumbling blocks and stepping stones is how you use them.

\*\*\*\*\*

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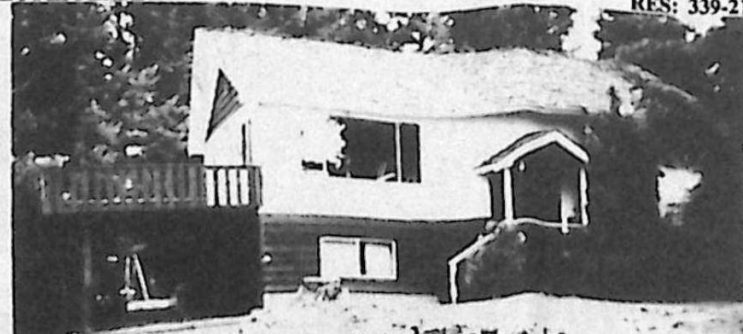
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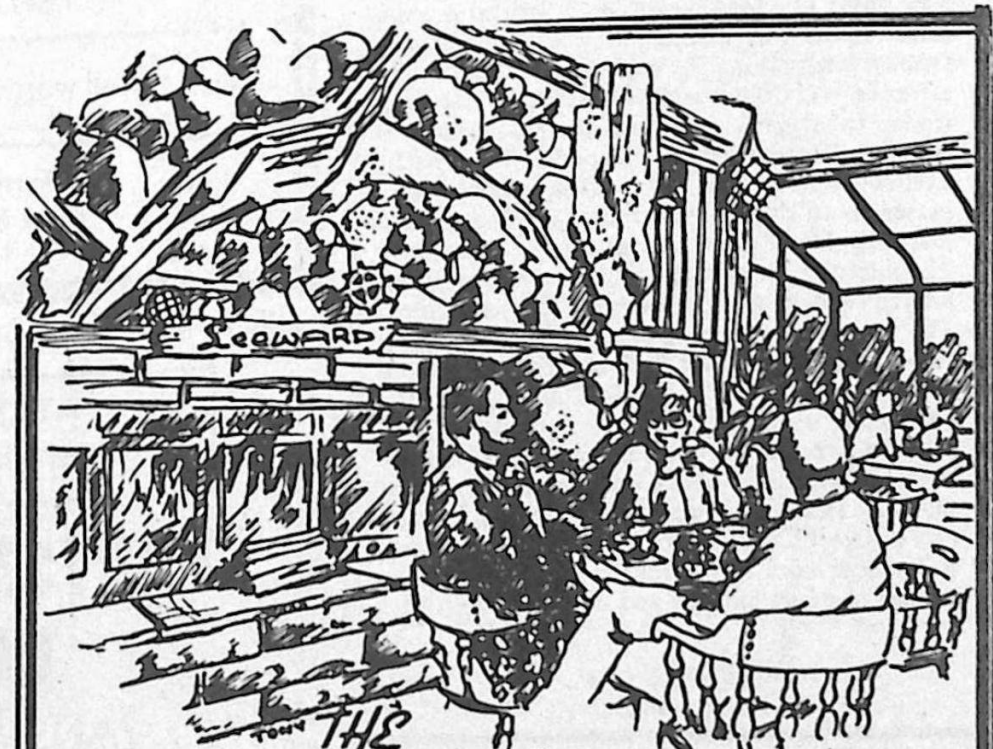
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## LEEWARD NEIGHBOURHOOD PUB

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# Around the Base



LCol J.E. Jackaman, BAO, representing Base Commander upon the arrival of Archbishop R.L. Seaborn, Anglican Bishop Ordinary to the CAF.

## Fire alarm boxes to go



The end of an era, all fire alarm boxes in CFB Comox PMQs will be removed from service by 1 April 1984. The fire alarm boxes on the base will be retained to support internal fire alarms and fire suppression systems. These fire alarm telegraph networks have a proud history, the first system of this type (39 boxes) was installed in the city of Boston in 1852. It was at that time, the only true technological advance in fire service communication in 2000 years. However, today with private telephones and early warning smoke detectors in most all homes, these telegraph type boxes have fallen into disuse and ob-

solescence for municipal use. A large percentage of North American communities have already done away with them.

Remember in future all PMQ area fires are to be reported by telephone to 339-3333.



## Police intensify efforts against drinking drivers

Police will carry out intensive and continuous enforcement action against drinking drivers during 1984, a B.C. police group warns.

The Provincial Police Advisory Committee to ICBC's Traffic Safety Education Department, representing all Municipal and RCMP police in the province, plans a year round enforcement campaign against impaired driving in conjunction with other CounterAttack programs.

"Police will carry out a massive search for drinking drivers, not just during a holiday season, but all year long," says the committee in a statement issued today.

"We are painfully aware that almost 50 per cent of all fatal accidents in the province are alcohol related. The drinking driver continues to be the major contributing cause of death and injury on our highways.

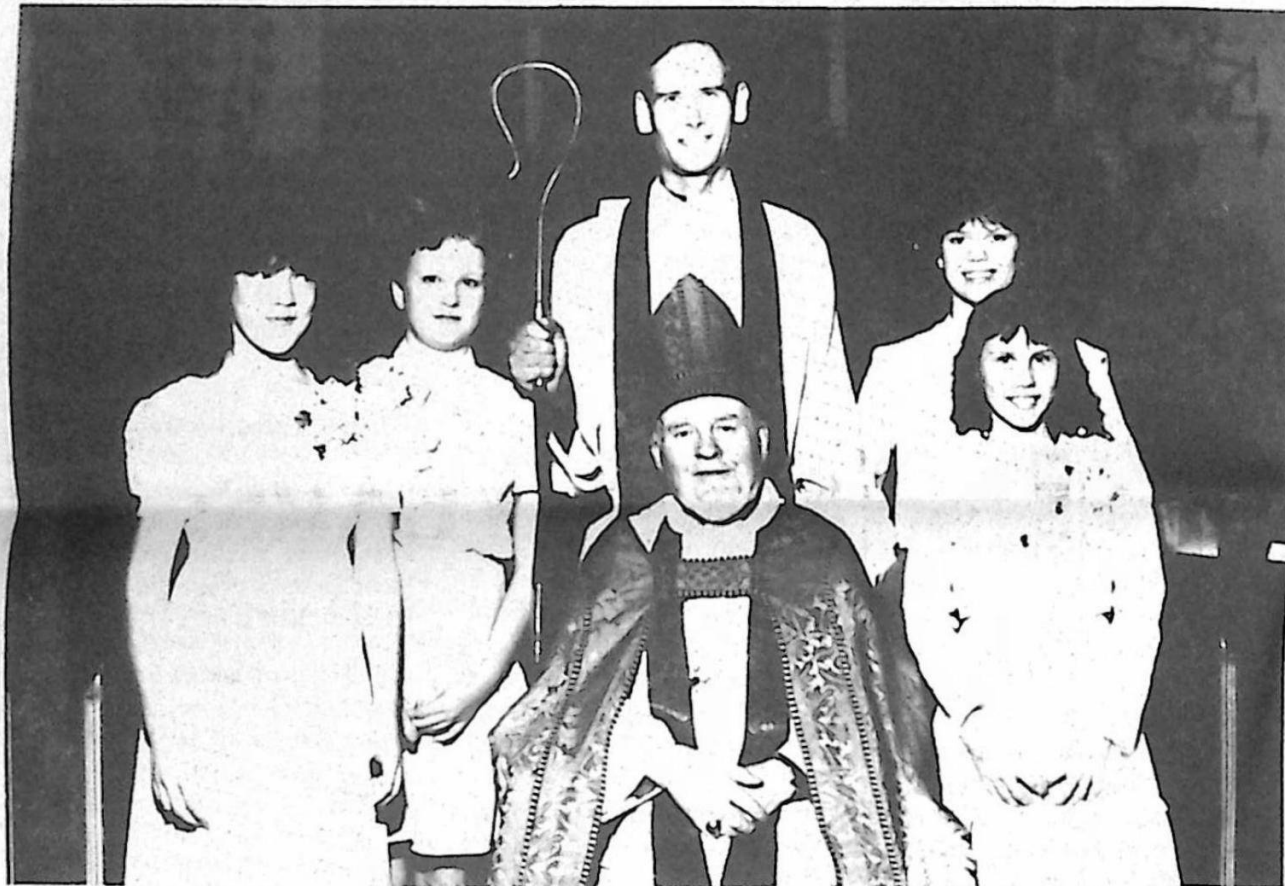
"The police are tired of seeing the grief and suffering inflicted by

drinking drivers. The solution that hopefully will end this misery is education and tough enforcement, applied fairly, firmly and consistently," the committee states.

The police committee was established in 1982 and is dedicated to planning and implementing special enforcement activities.

Last year, members worked with other ICBC traffic safety groups to carry out a province-wide seat belt program, '80 Clicks!'. They succeeded in increasing seat belt use by B.C. drivers to 72 per cent, from the December 1982 rate of 58 per cent.

The 40 member committee represents a co-operative effort unique in Canada. Members include traffic police supervisors from municipal police and RCMP detachments throughout the province, plus representatives of the Ministry of Attorney General, the Motor Vehicle Department and the Justice Institute of B.C.



Archbishop R. L. Seaborn, Padre Risch with four confirmands: Stephanie Low, Melinda Johnston, Tara and Tania Finn.



A Confirmation Service took place at St. Michael and All Angels Protestant Chapel on 14 February, 1984 during which four Anglican candidates joined the church with Archbishop R.L. Seaborn, Bishop Ordinary to the Anglicans in the CAF receiving them.

## Comox controller commended

**EVERYTHING UNDER CONTROL** — During a blinding rainstorm in July, 1981, WO Al Collins, now based at CFB Comox, B.C., helped guide a small aircraft in distress to a safe landing at Ottawa International Airport. The successful joint effort of WO Collins and a civilian air traffic controller to aid the pilot and his passenger was applauded recently by the Canadian Air Traffic Control Association. Awards of honour were presented to the two controllers for their exemplary display of professionalism and teamwork. The pilot ran into trouble when storm conditions limited visibility and the aircraft's altimeter failed. The two air traffic controllers were able to talk down the pilot to a safe landing with the help of a precision radar approach (PAR) unit. Air traffic controllers using the PAR unit, standard in all military airports but less common in civilian airports, can guide an aircraft to a runway from as far away as 32 km. At the Ottawa airport, 11 military air traffic controllers and an air traffic controller work with Ministry of Transport controllers to direct military and civilian air traffic.

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YOUTH BAND**

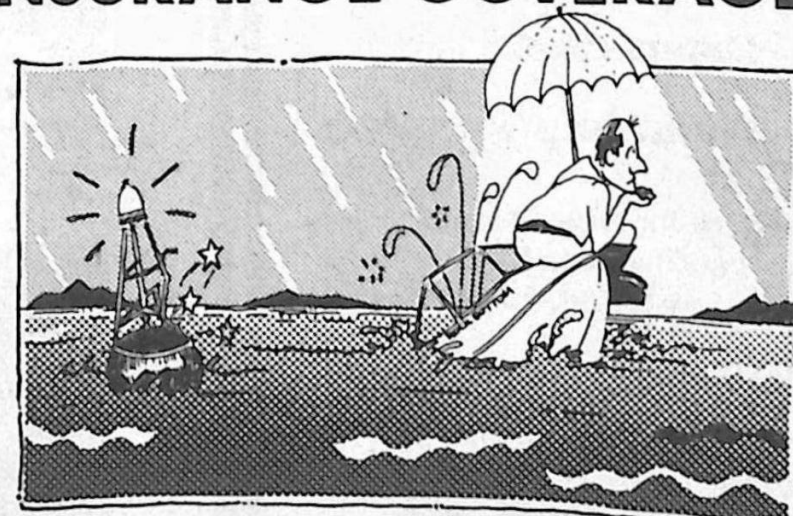
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# Canadian Forces News



LCol D.G. Stuart, CO 442 Squadron, presents Boeing Rescue Citations to: (back row - l to r) - Sgt Ken Ned, MCpl Gary Carter, MCpl Bruce Best and MCpl Tom Elliot; (front row - l to r) - Lt Lorna Nichol and Capt Kevin Batten.

The citations were awarded for the participation in the hoist of a MEDEVAC victim from a tanker 210 miles off the west coast of Vancouver Island on 28 October 1983.

## Edmonton Airshow '84

On February 14, 1984, it was announced by Colonel Peter R. DeTracey, base commander of Canadian Forces Base Edmonton, that Sunday, May 13, 1984 has been selected as the date for the CFB Edmonton Airshow '84.

The fast, colourful and dramatic display of aircraft and aerobatics will also mark the 60th Anniversary of the Royal Canadian Air Force, and the 75th Anniversary of powered flight in the British Commonwealth. Colonel DeTracey highlights this year's Airshow by reminding us of, "the long and lasting association of the Canadian Armed Forces and the City of Edmonton. It is proper that major air-related anniversaries should be recognized and celebrated by holding an event of the magnitude of the CFB Edmonton Airshow '84."

The day's events will include a wide variety of ground displays and exhibits by Canadian Forces units and civilian organizations. Model aircraft, technical equipment displays, modern and vintage aircraft and various bands of interest to all are only a part of the day's ongoing.

Aircraft displays include trainers, fighters, transport planes and helicopters all flown by the Canadian Forces. Various aircraft from the United States Armed Forces will also be on display, with technicians and flight crew available to the general public for information and questioning.

Flying display highlights will feature the breathtaking Canadian Forces Aerobatic Team, the Snowbirds, along with the Canadian Forces Parachute Demonstrations Team, the Sky Hawks, plus highly skilled civilian aerobatic display teams from throughout North America. Another special treat for visitors to Airshow '84 will include a nostalgic show of restored vintage military aircraft piloted by members of the Western Warbirds.

Colonel DeTracey adds with confidence that: "This will be the largest, most spectacular, and best airshow CFB Edmonton has ever assembled!" The previous airshow in 1982 attracted more than 170,000 people from all over Western Canada and the North-West United States.

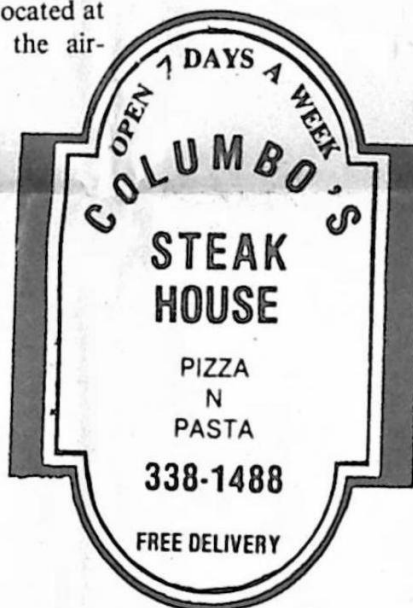
To get to the CFB Edmonton air-

field on Sunday, May 13th, take Highway 28A eight kilometers north of the corner of 137th Avenue and 97th Street. There are numerous other routes accessing CFB Edmonton from the north, east, and west. Admission to the airfield is free. Plenty of parking will be available and a \$2.00 parking fee will be charged to defray expenses.

The base will be open to the public at 9:00 a.m. for access to the displays; flying activities will commence at 1:00 p.m. Refreshment concession booths will be located at various positions around the airfield.



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## Herring fleet protected

VICTORIA -- Three federal government departments will again combine to provide search and rescue cover during the 1984 herring season.

Transport Canada, Fisheries and Oceans and the Department of National Defence will deploy aircraft and vessels late in February to provide as short a response time as possible. Advance preparation and increased safety awareness by governments and industry have brought about a remarkable reduction in the number of search and rescue incidents during the last four herring seasons, but a lot still depends on the weather. It only takes one or two big winter storms to turn all of this into a dangerous situation.

Rescue aircraft from 442 Transport and Rescue Squadron and aircraft from VU-33 Utility Squadron will provide daily patrols over the herring fleet. Aurora long-range aircraft from 407 Maritime Patrol Squadron will respond as required.

The Canadian Coast Guard's (CCG) Primary and Secondary SAR fleets will, in conjunction with other government vessels, be stationed at critical areas as needed throughout the fishery.

The Institute of Ocean Sciences (I.O.S.) will again provide two vessels, Parizeau and Richardson, which will be initially stationed off the West Coast of Vancouver Island and will move into other areas of the fishery as the need arises.

The Department of Fisheries and Oceans (DFO) will task 28 fisheries

patrol vessels for search and rescue support during the season.

Search and rescue operations will be co-ordinated at the Victoria Rescue Co-ordination Centre (RCC), telephone: 388-1543 in Victoria or 732-4141 in Vancouver. Additional backup resources are available from other agencies.

In the event of an emergency, a General Marine Broadcast (GMB)

will be issued by the RCC and transmitted on a distress frequency by CCG radio stations. Fishermen are encouraged to monitor distress frequencies and weather radio channels for local weather and storm warnings. They are also encouraged to make open water transits in company with at least one other fishing vessel for increased safety.

### Got Arthritis? Get The Facts!

Arthritis is Canada's number one chronic disease. It affects more than three million Canadians. 30,000 of them are children under 15 and nearly a million are between 30 and 45. Get the facts about arthritis! Contact the office of The Arthritis Society nearest you.

THE ARTHRITIS SOCIETY

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Prepublication Announcement . . .  
CANAV Books launches its grandest book to date

## SIXTY YEARS: The RCAF and CF Air Command 1924-1984

Following the highly acclaimed best-selling books *The Avro CF-100*, *The Canadair North Star* and *The de Havilland Canada Story*, CANAV Books now announces the most complete and lavishly illustrated history of the Royal Canadian Air Force ever produced.

*Sixty Years* gives an in-depth account of the RCAF from its origins in the aftermath of the First World War, through the Second World War, when it reached its greatest size, the post-war "Golden Years" and the sixties, and finishes with a thorough look at aviation in the Canadian Armed Forces, 1968-84. As well as the text by a team of leading aviation historians, there are numerous first-hand accounts of flying experiences and masses of history from the official records, some of it never before told.

Whether you are looking for photos of your favourite aircraft or authentic accounts of Air Force life through the years or masterfully rendered colour profiles of RCAF aircraft, you will find years of enjoyment in this handsome book. It is truly the finest published tribute to the personnel, aircraft and achievements of the RCAF and CF Air Command . . . a book that no supporter of RCAF heritage will want to miss.

*Sixty Years: The RCAF and CF Air Command 1924-1984* will be published on May 15, 1984.

- Over 400 pages, 8 1/2 x 11 inches
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Still available: *The Canadair North Star* by Larry Milberry, and *The de Havilland Canada Story* by Fred W. Hotson, each at \$29.95 post paid. And . . . CANAV Books other new title, *Austin Airways: Canada's Oldest Airline* at \$24.95 post paid.

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# Etc.

## Real estate report

Six months have elapsed since my last letter and once again it is time to send you a report on the real estate market in the Comox Valley, covering the period, January 1, 1983 to December 31, 1983.

Over this period prices have remained relatively stable, in fact a normal real estate market. Properties that have been well maintained, spotlessly clean, and prepared for sale have sold quickly and have brought good prices. There is a very good supply of used houses for sale at present, and also quite a number of building lots and acreages. 1982 and 1983 have not been good years for builders, so few new houses are available at the present time. I feel that the adjustment of prices within the real estate market from the high point reached in early 1981 is of the nature of 20 to 35% decrease in price.

The latest figures I have been able to obtain on registration in the land registry office are outlined below for your information. The time frame considers the period of time, January 1, 1983 to December 31, 1983 and makes comparison with the same period one year earlier. Prices are in thousands of dollars.

Price	Below 20	20-40	40-60	60-80	80-100	Over 100	Total Sales
No. Sales/Yr.							
1982	168	230	249	208	98	97	1050
1983	270	225	300	188	73	84	1141

Note: That the number of sales are up by 91 which works out to an increase of 8.6% in the number of sales over the 1982 period. Notice that there is a large increase in the number of sales below \$20,000.00. 102 to be exact, an increase of 60.7% and a marked decrease in the number of sales priced above \$60,000.00. From this it appears that the affordability level for lots is below \$20,000 and for houses is between \$50,000.00 and \$70,000.00.

Next, let's look at the total dollars spent in these two periods:

1982.....	\$56,744,832
1983.....	\$50,042,777
	(\$6,702,055)

A decrease of 6.7 million dollars or in terms of percentage, 11.8% less in 1983, which is not so good if you are selling but is pretty encouraging if you are buying.

What of the future? I feel a few scientific, wild assessed guesses may be in order.

- With a decrease in the unemployment rate from its present high of about 14% to below 10%, an improvement in the economy and the housing market will result, probably in 1985-86.

Interest rates will probably remain in the range of 10 to 13% for the next year, this appears to be the feeling of the B.C. Central Credit Union and other economists, with increase and renewed inflation following the U.S.A. Presidential election campaign in 1985.

One of the best omens at present is the demand for rentals; at present it is high. Rents are probably going to rise in the next two years and many renters will find it profitable to buy. The boom market of 1980-81 was preceded by an acute shortage of rental properties.

Increase in number of sales through 1984, with increase in property prices from the present level, starting in the summer of 1985 and 1986 but not reaching the volatile levels of the boom market of 1980-81.

With the present low prices and low interest rates, now is definitely the best time to buy.

I hope that this analysis proves to be of some use to you and I would like to invite you to call me should there be areas on which you would like further information, or clarification.

Tom Procter  
Sales Rep. - Block Bros. Realty Ltd.

Tom Procter is a real estate salesman with Block Bros., Courtenay. After 27 years with the British Army, Canadian Army, RCAF and Canadian Armed Forces, he entered the real estate industry ten years ago and has worked continuously in the real estate of Comox Valley since. The opinions expressed are those of the writer and do not necessarily reflect the opinions of any real estate company.

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## Income tax... don't pay until you have to!

It's that time of year again, when millions of Canadians buckle down to the task of making out their Income Tax Returns.

Although the deadline for sending your 1983 tax return to Revenue Canada isn't until the end of April, the earlier you get your return in the quicker you will receive back any money that is owing to you.

Of course, it only makes sense for you not to send in your return until the deadline if you owe money to the government. The longer you keep your money in your bank account, the more interest it will earn. Mail your return and a cheque to cover any balance owing on your 1983 taxes on Monday, April 30.

Between mail delivery delays and the time the taxation centre handling your return takes to process your cheque, it could be well into May before the cheque amount is debited against your bank account.

Some people have the impression that if they haven't received at their residence an envelope from Revenue Canada containing 1983 income tax return forms and a general tax guide, then the tax-collector has forgotten them. That just isn't so. Eventually the memory bank of Revenue Canada's computer system will come up with your name as a delinquent.

So, if you haven't received the 1983 tax return material from Revenue Canada, you should arrange to get the package from your nearest District Taxation Office or Post Office.

One important thing to remember is that you must use the tax return form which applies to the province where you resided as of December 31, 1983.

Don't confuse this with where you actually were on the last day of

1983. For example, if you lived and worked in Kelowna during the year but visited relatives in Winnipeg over the Christmas and New Year's holidays, you must use the tax return form for British Columbia. The fact you were in Winnipeg on December 31 is immaterial.

On the other hand, if you moved to Winnipeg in December to take up a job after 11 months of employment in Kelowna, then you must use a tax return form applicable to Manitoba.

For the great majority of Canadians, the task of filling out the 1983 tax return is relatively simple -- especially if you worked for an employer who has made regular tax deductions from your gross salary or wage. Unless you had additional income from other sources, it is not very likely that you will owe anything to Revenue Canada. In fact, you may be due a refund, depending on the tax exemptions or deductions you are entitled to claim. Some people persuade their employer to deduct more income tax than is necessary, so that they are sure of receiving a tax rebate each May or June, using the money to help finance a summer holiday. But that is not a prudent approach. In effect, you have been lending some money to Revenue Canada on an interest-free basis during the preceding year.

The wise thing to do is get your employer to deduct at source only the legally required minimum of income tax. The less tax you pay in advance the better off you will be financially.

B. (DAN) DALY  
Financial Planning Consultant



Survival Training -- Captain Lawrence Hickford, 30, of Comox, B.C., prepares a lunch of meager military rations during a Canadian Forces survival training course held near Hinton, Alberta in the Rocky Mountain foothills.

Son of Mrs. Nellie Hickford of Comox, he is one of 29 Canadian and American service personnel selected to undergo the Forces' two-week basic winter land survival course which is normally given to all aircrew members to help them survive in the event of an aircraft crash. Capt Hickford is a navigator with the 407 Maritime Patrol Squadron at CFB Comox.

Canadian Forces Photo by Sgt. Dennis Mah

### 1ST LAZO SCOUTS, CUBS AND BEAVERS

#### "Book, Magazine Drive"

Time: 1000-1400 hours. Date: March 10, 1984. Place: All PMQ area.

If you have any books or magazines you wish to donate to 1st Lazo, please call: 339 - 6929.

WE NEED YOUR SUPPORT !!!

## Help for Young People GET YOUR "CALLING CARDS" FOR 1984 SUMMER EMPLOYMENT

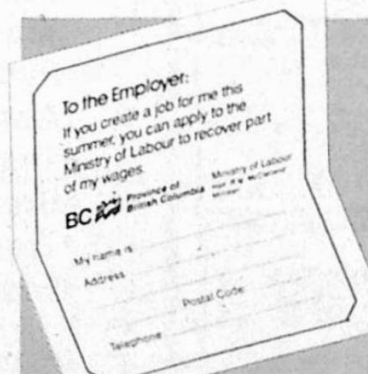
### For Youth and Students

To aid young people in making contact with employers who may create summer employment opportunities, the 1984 JOBS FOR YOUTH Program of the B.C. Government now provides youth and students with a valuable tool.

If you are 15 to 24 years of age or a student who attended an accredited educational institution on a full-time basis for at least one semester since October 1, 1983, you are eligible for the program. The Ministry of Labour will provide you with Calling Cards (see sample at right), and information on how employers can be reimbursed for part of your wages.

### For Employers

Employers who are able to create summer jobs for youth may apply directly to the provincial government for financial assistance. Funds are available for employers in the business and farming sectors, as well as universities, colleges, tourist information centres and museums. Further information is available at your local Ministry of Labour office.



A Calling Card may well be your key to gainful summer employment. Pick them up at any of the Ministry of Labour offices listed here.

### Youth Should Act Now

It's important to remember that your prospective employer must complete an application and receive approval from the Ministry of Labour before your employment qualifies under this program.

Completed applications should be submitted to your Ministry of Labour office as soon as possible, as funding assistance is limited.

### To Apply

Students or young people who wish to pick up their Calling Cards, or employers who wish to apply directly, are requested to contact one of the Ministry of Labour offices listed below. For further information call ZENITH 2210 (toll free).

**MINISTRY OF LABOUR OFFICES:**

**Vancouver Island Region**  
101 - 1180 Ironwood Road  
Campbell River, B.C.  
V9W 5P7  
286-3265  
941B, England Avenue  
Courtenay, B.C.  
V9N 2N7  
334-4403  
238 Franklin Street  
Nanaimo, B.C.  
V9R 2X4  
753-9185  
4000 Seymour Place  
Victoria, B.C.  
V8X 4S8  
389-3088

**Northern Region**  
1201 - 103rd Avenue  
Dawson Creek, B.C.  
V1G 4J2  
782-5931  
1011 - 4th Avenue,  
Plaza 400  
Prince George, B.C.  
V2L 3H9  
564-8131  
Bag 5000,  
3883 - 2nd Avenue  
Smithers, B.C.  
V0J 2N0  
847-4229  
1st Fl. 4548 Lakelse Avenue  
Terrace, B.C.  
V8G 1P8  
638-8191

**Interior Region**  
101, 117 - 10th Ave.  
South  
Cranbrook, B.C.  
V1C 2N1  
426-2283  
240, 546 St. Paul Street  
Kamloops, B.C.  
V2X 5T1  
374-7165  
200 - 1626 Richter Street  
Kelowna, B.C.  
V1Y 2M3  
763-9241  
310 Ward Street  
Nelson, B.C.  
V1L 5S4  
351-2211

**Lower Mainland Region**  
110 - 4946 Canada Way  
Burnaby, B.C.  
V5G 4J6  
294-3878  
45904 Victoria Avenue  
Chilliwack, B.C.  
V2P 2T1  
792-0634



Province of  
British Columbia  
Ministry of Labour  
Hon. R.H. McClelland, Minister