

Base Commanders Message

It is with considerable pride that I comment on the 20th Anniversary issue of the Totem Times. The fish-wraper is an outstanding triumph of a Base newspaper created and sustained by a legion of dedicated volunteers over the last two decades.

Communications is one of our biggest problems in the Canadian Forces as it is with any large organization. The Base newspaper is one of the most effective methods of disseminating accurate information and news from higher headquarters, from other Bases, and from within our own Base. The Totem Times has fulfilled this need as a high quality Base newspaper for its entire 20 year life.

There have been 468 editions of the fishwraper and this represents an enormous effort by the volunteer staff. Every two weeks the staff celebrate a victory when they succeed in meeting their deadlines and producing a paper that is readable.

The paper substitutes factual stories in place of rumors circulating throughout the Service. It tells our people what is happening on the Base and in the surrounding communities and documents the results. It makes an invaluable contribution to keeping our personnel aware of what is going on in the system.

In 1977 the Totem Times was awarded by the Canadian Newspaper Association the Blue Ribbon Award as the best all-around newspaper in Canada for their circulation category. This is a well-deserved comment on the efforts of the Totem Times staff.

Col. B.T. Burgess

Happy 20th ANNIVERSARY TOTEM TIMES



From the Editors desk. . . .

Our man Brian has picked a convenient time to fade away for a couple of weeks but with the help of an energetic staff it gives me a great pleasure to give you this 20th anniversary issue.

For 20 years now the old fishwraper has continued to thrive due to the boundless energies of many a volunteer. Their efforts would have of course been in vain had it not been for the exceptional understanding and response of our many wonderful advertisers. They have continued to support us through the good and bad times and to them goes a big Totem Times "Salute".

On behalf of Brian Puttock and the staff I would like to say thanks to those stalwart advertisers and I only hope that your faith in us has found tangible rewards.

We would also like to thank the many authors and columnists who over 20 years have kept the pages full of the tasty tidbits of "in house" humor and news. For them, the only reward was the bittersweet joy of seeing their names in print and being criticized by others too shy to have their thoughts bear public scrutiny.

And finally to you, gentle reader, thank you for bearing with us through typographical and grammatical errors, faulty sentence construction, biased thoughts, and individual egotism. You have made the whole thing worthwhile.

As a past editor and contributor for many years I say thanks again to you all and I hope you continue to support as warm heartedly during our next 20 years.

Sincerely,
Gord Kruger



TOTEM TIMES

It's our Birthday. . . . Happy Birthday to us!!!



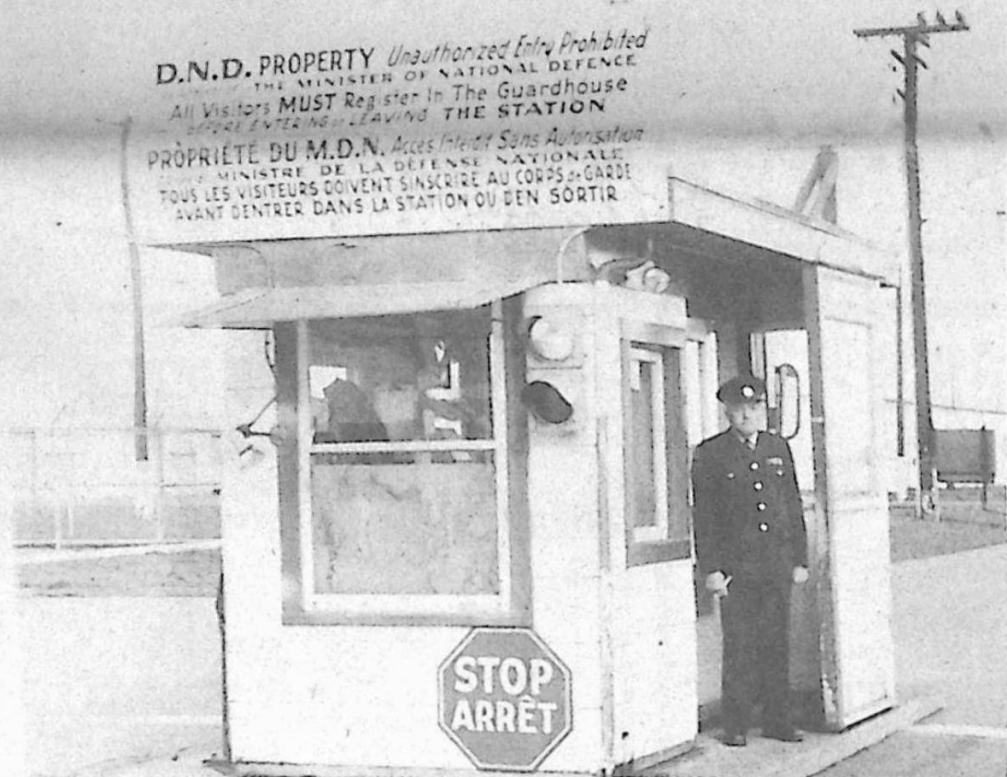
Vol- 22 NO. 6

CFB COMOX TOTEM TIMES

THURSDAY, MARCH 20, 1980

NO CHARGE

That li'l old shack



SOON TO BE GONE ... No -- not our good friend Bert Warren but the "little white shack" will soon become part of the past. The main entrance is about to be renovated so that there will no longer be lineups to Anderson Road during opevals. Bert however will remain stalwart and steady as he has for the past 15 years. Congratulations Bert on your many years of fine service.

Summer employment

The Canadian Armed Forces will provide employment for approximately 13,000 students across Canada this year as its contribution to the federal Summer Youth Employment Program (SYEP). To finance the project, the Department of National Defence has been allocated \$12.6 million.

Under the SYEP, the Forces will conduct Reserve Force and cadet training programs designed to give both secondary and post-secondary students tem-

porary employment while developing good citizenship, leadership and physical fitness.

The Reserve Force training program will permit approximately 5800 students to train with the Militia and the Naval, Air and Communication Reserves. Subjects to be covered include general military skills, selected trades training, fieldcraft, watermanship, first aid, orienteering and weapons training as well as sports and physical fitness.

Open to students 17 years of age or older on the first of July, the Reserve program pays a minimum of \$147 per week for six to 12 weeks' employment between June 1 and September 1. Those interested should apply as early as possible to the nearest Canada Employment Centre or Reserve Force unit.

Additionally under the SYEP, the Forces' existing summer cadet programs will be allowed an increase of approximately 6800 cadets and student staff.

Army cadets to England

Ten of the Royal Canadian Army Cadets' best are eagerly updating their passports and assembling their kit in preparation for an intensive 10-day training course to be held at Wretham Camp, Norfolk, England from April 12 to 22. The United Kingdom Land Force Cadet Leadership Course is designed to challenge and develop leadership skills while providing first-hand experience with the regular army.

Included in the rigorous program are physical training, assault course, weapons training including

live firing, orienteering and patrolling, section and platoon tactics involving use of helicopters, motorcycle riding, watermanship, communications training and a 36-hour escape and evasion exercise.

Cadets selected are James Andrews of 254 King's College School Cadet Corps, Windsor, N.S.; Richard Belecque of 204 Algonquin Cadet Corps, North Bay, Ont.; John Brown of 68 Lincoln and Welland Cadet Corps, St. Catharines, Ont.; Craig Tucker of 2355 Church Lads Brigade Cadet Corps, St. John's, Nfld.; Daniel

Duchesne of 2600 Corps de Cadets Ecole Supérieure de Ste-Foy, Ste-Foy, Que.; Kim Murphy of 1442 River Hebert District High School Cadet Corps, River Hebert, N.S.; Todd Paproski of 2293 2nd Battalion North Saskatchewan Regiment Cadet Corps, Saskatoon, Sask.; Martin Schell of 2806 Royal Montreal Regiment (City of Pointe Claire) Cadet Corps, Pointe Claire, Que.; Richard Sluyk of 2402 Governor General's Horse Guards Cadet Corps, Downsview, Ont.; and Lorne Stuart of 2370 10th Field Artillery Regiment Cadet Corps, Regina, Sask.

RCAF Station Comox TOTEM TIMES

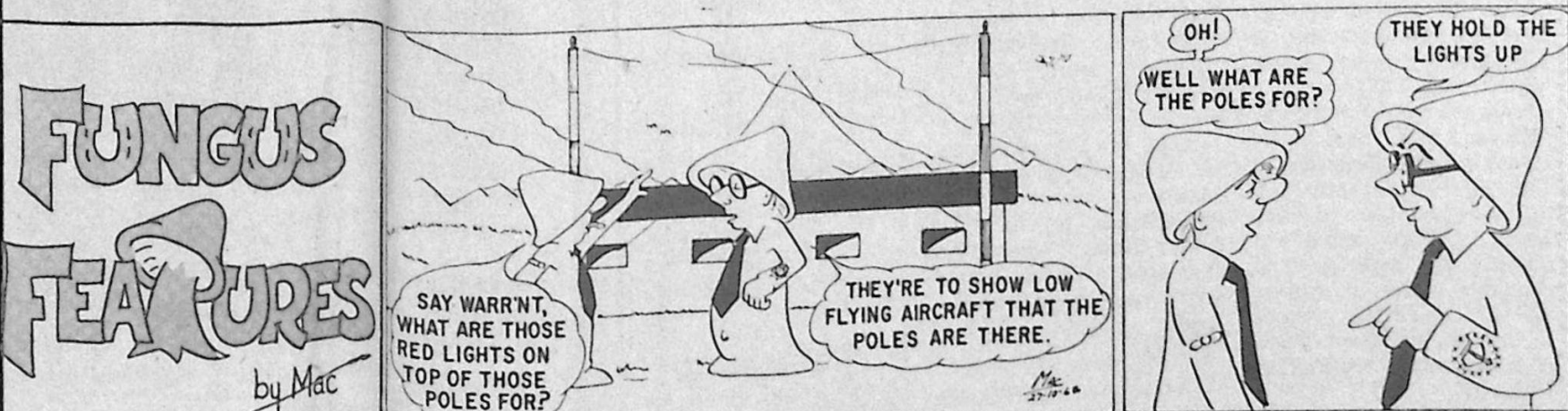
Vol. 1

R.C.A.F. Station, Comox, B.C., Thursday, March 17, 1960

No. 1

BLARNEY REIGNS SUPREME

The way it looked on March 17, 1960



A touch of McCaffrey, Oct. '68

Noted salmon expert

Charlie White coming

A two-hour salmon fishing seminar with unique underwater film of fish striking lures, will be held next month at Duncan, Nanaimo, Port Alberni, Courtenay and Campbell River.

Charlie White, author of seven books on sports fishing said that the seminar was designed to help anglers improve catches, offering a new look at fish in their own habitat.

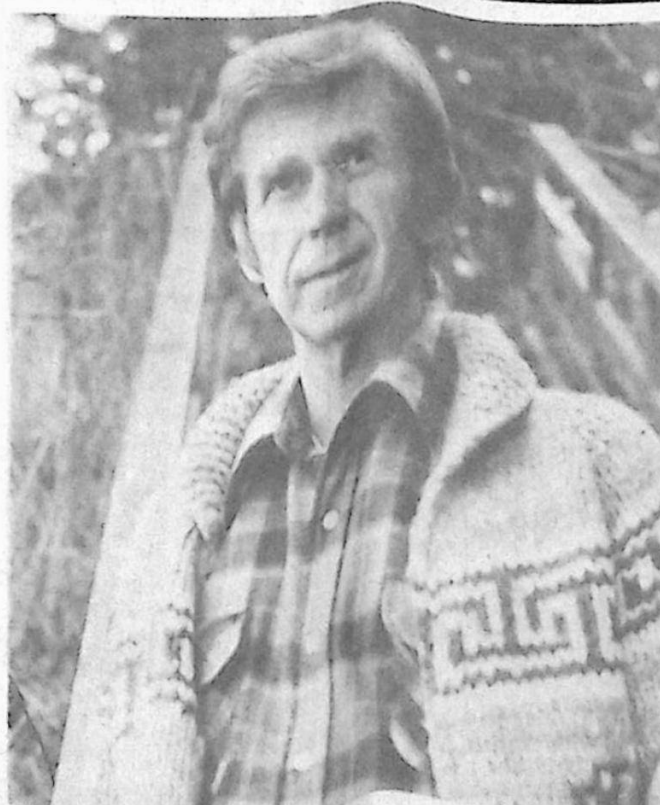
"There are more than 200,000 saltwater sports

fishermen in British Columbia," White said, "and the same questions are asked repeatedly by all of them... What are those salmon doing under water?... What causes them to strike a lure?"

"By watching them take trolled lures, we can get new ideas on techniques, tackle, trolling speeds and methods; just a better general idea for improved fishing. It's thrilling to watch... a twenty-pound salmon, on full size theatrical screen, as it passes and then

grabs a lure." Special slow motion sequences are used to analyse strike behavior.

This seminar is similar to a series of shows held last spring in Seattle, Tacoma and Victoria which played to sell-out crowds totalling more than seven thousand persons. The show "Charlie White's Salmon Seminar" will be held at Courtenay Civic Centre on March 28 at 6:30 and 8:30 p.m. Tickets are available at Happy's Sports and Peter's Sports.



Charlie White

**NEXT TOTEM TIMES DEADLINE
MONDAY, MARCH 31 12 NOON**

... PLEASE MEET OUR DEADLINE

CFB

SAR SITREP

In keeping with Flight Engineer Neil Patterson's call out record the Buffalo was launched last week on a search for the tug "Detour". (Neil is the only FE who can substantiate his claim to being a working man.) The Detour went missing in the Skidegate Channel west of Sandspit; four days of intensive searching by air and sea turned up nothing more than her deck cargo.

While deployed on SAR "Detour", one Cpl. Sar Tech was heard to say, "It sure is nice to be able to pour a cup of coffee in the morning without your hands shaking and spilling it everywhere." Clean living?

On the following morning Capt. Alain Chouinard moaned, "This is even worse than being in Ops!" Alain has been doing time in Ops since early January and then has the gall to complain when he has to spend the night in Sandspit on a bona fide rescue mission. He'll soon be known as the Gary Flath of the Buffalo world if he keeps that up!

About the only people not complaining were our guests from 408 and 422 Squadrons. These brave men of the air (with their 4 dirty colored Twin Hueys) are on loan to 442 to help cover the helicopter standby commitments while our own Labs are involved with the 1980 Herring Roe deployments. The visiting crews are lapping up all the operational missions in the B.C. mountains and sunshine but they still keep track of the Edmonton and Galetown hourly reports and leer knowingly at those sub-zero temperatures and spring snows.

Not exactly leering (more like grimacing) were Sgt. John McCullough and MCpl. Larry Atkinson after they returned from their Arctic Survival training. They have decided that they're not talking to their boss WO Sam Fatt. "Colder than cold" was how John described it.

Meanwhile, in another section in the Squadron: a navigator (who will remain unidentified) was heard to protest that he is no longer willing to carry the entire burden of the Nav Section whilst Fletcher, Fisher and Collinson enjoy the wild-eyed pleasures of the West Coast. This is not to mention Arksteijn, who is no doubt enjoying a cultural tour of South Africa. This unnamed navigator (a quiet unassuming, slender wisp of a man) while bearing up steadily under the increasing load cries out to his superiors for relief, "Where is there justice?" he was heard to ask. Help him dear reader before the branch breaks, so to speak.

Somehow this distraught individual found time to accompany a group from the sar Tech section on their last diving expedition to Port Hardy. When asked to describe the experience he remarked, "Gee, it was so pretty." (An obvious attempt to impress his dive buddies with his grasp of the English language.)

ZULU LIMA

Words of wisdom

In commemoration of this paper's 20th anniversary I have borrowed an article from the DARTS Newsletter which some of you may remember from days gone by as the "Flying Control News". As "Words of Wisdom" probably does not receive the kind of readership that this article is aimed towards, "Flying Control News Dec. '67" will appear elsewhere in this paper.

Those of you who work all day in the dark are cordially invited to view the recently renovated 'Glass House'. Our new combination dining, entertainment, and storage unit tastefully tinted Battleship grey provides the perfect complement to set off the eye opening shades of red enmeshed in the brand new wear-ever carpeting. For a look into the future, or a sneak preview of the proposed decorum for the new IFR Control Centre, don't get left out in the cold, reserve early.

Anyone interested in a fun filled, all expenses paid vacation for two to sunny Goose Bay should see the Standards and Training Officer at your soonest convenience. No offer will be refused.

All interested parties are reminded of the upcoming fire fighter training course. If you feel inconvenienced by being compelled to attend, and could use a little motivation, speak to Captain Boswell. Ask him about the day he watched his VW Bug go up in smoke and almost eliminated the need for any further postings to greater Goose Bay.

The next few months promise to bring a number of changes to the section. Marg Backlund will be taking that big step down to the dark room to get her eyes acclimatized before her radar course this summer. I had hoped to solicit her comments on the change but was unable to arrange an interview at a time that would not conflict with her karate classes.

It has been confirmed that the notice posted in the tower for the past two weeks reference the Roy Stag was in error. To set the record straight, there never really was a stag scheduled for the 16th and the 17th of March. For those who showed up with empty mugs and brimming expectations, Serge regrets the inconvenience. The stag will take place as originally scheduled on the 16th and 17th of April. Come one, come all!

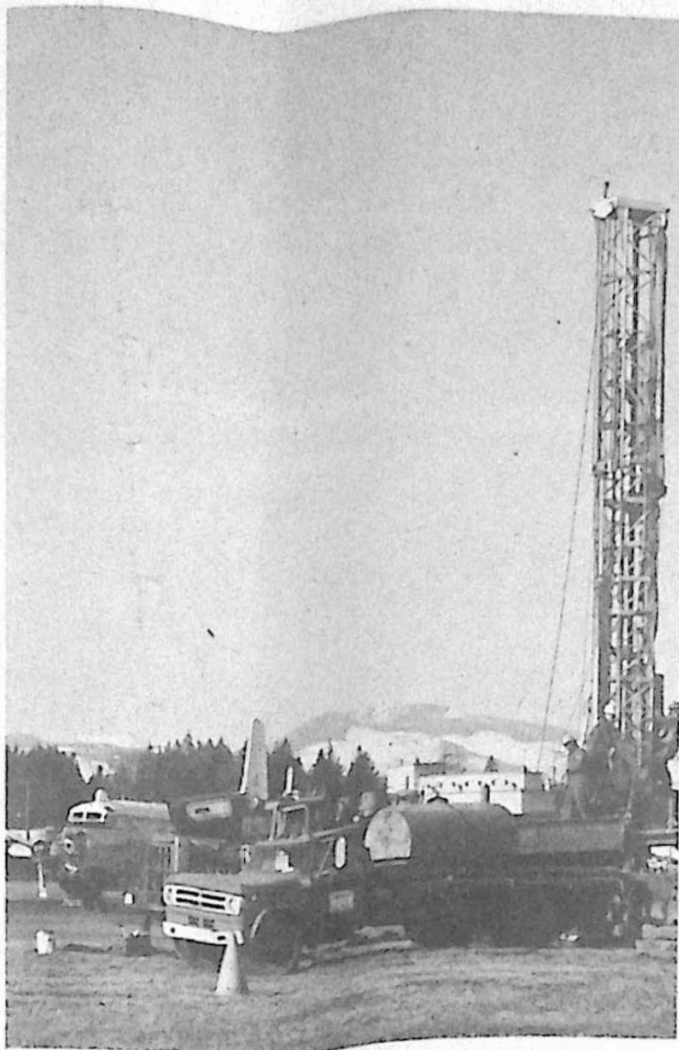
Our CO obviously enjoyed his time in Portage - been back less than a month and he's off to PG again! This time with a small contingent of Squadron personnel and one of our Buffalos (said he was just going to see how Mort was doing but we know better). Former Buff driver Capt. MacDonald is converting to the helo world but staying in Search and Rescue (he's posted to the unit in Gander).

It is now our pleasure to announce that Capt. Harry Ellis, Sqn. PADO will be staying on at 442 for yet another year. Harry has been with the Squadron for almost six of his 33½ years in uniform (he enrolled in August '46).

In the office right next door works a busy little Cpl (W) who does her utmost to keep her name out of the paper. Marilyn Bell did not want us to mention the fact that her volleyball team (Comox Women's Team) had won the....

(MCpl. Jim Harvey and his son Randy are much more talkative about their achievements at the B.C. Winter Games where the Vancouver Island Junior Selects came home with the Gold Medal for hockey).

(MCpl. Jim Harvey and his son Randy are much more talkative about their achievements at the B.C. Winter Games where the Vancouver Island Junior Selects came home with the Gold Medal for hockey).



Self sufficient

In oil

Residual surface oil findings and the presence of a drilling rig on the airfield at CFB Comox fuelled rumors of a possible major oil field adjacent to the Cumberland coal field and centred on Cape Lazo. The drilling rig was in position for four weeks and although results have not yet been announced, the rig was quietly removed after drilling reached the 200 foot level.

Roughnecks on the crew stuck to their somewhat naive cover story of drilling for

water to wash aircraft. However no water was found, and a knowledgeable informant suggested that the Argus aircraft parked adjacent to the drilling site was not particularly dirty nor did they leak enough oil to cause residual surface deposits. It is therefore speculated that CFB Comox is trying to keep an oil find under wraps until foreseeable aircraft fuel needs are met and to avoid a PetroCan takeover of the base.



The descendants of a single pair of rats would number more than 350 billion if unmolested for three years.

OFFICER'S MESS ENTERTAINMENT

FRIDAY, MARCH 28 - Regular TGIF's. 1630-1730 hrs. Food as indicated. Bottle and Jackpot draws at 1730 hrs. Member must have signed in and be present at time of draw in order to be eligible to win Jackpot. Free taxi service - ask at bar. **Note:** Change of time for subsidized drinks. No TGIF March 21 due to decorating for Medieval Night.

FRIDAY AND SATURDAY, MARCH 21 AND 22 - MEDIEVAL NIGHT - Come out and enjoy a real old-fashioned feast. Dinner includes Cornish Game Hen, Fish, English Mead, and Claret. Dance music by System 525. Cost: \$14 per couple and \$18 per guest couple per night. Dress: Medieval Garb. Time: Festivities start at 1930 hrs. Only 75 couples per night. Reservations to Mess Manager stating which night you wish to attend by 1300 hrs. Wednesday, March 19.

OFFICERS' WIVES CLUB - Wednesday, March 26. OWC Bridge Night. 2000 hrs. in Lounge. New members contact Mrs. Pritchard - 339-5844.

COMING EVENTS - OWC Fashion Show - April 16.

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Jr. Ranks Club

ENTERTAINMENT

29 MARCH - "Disco" by Peter May. Admission: Members \$1.00, Guests \$2.00.

05 APRIL - Dance to "Counter-Punch". Admission: Members \$2.00, Guests \$3.00.

MOVIES:

25 MARCH - "Five Fingers Of Death."

01 APRIL - "Klute". Jane Fonda, Donald Sutherland.

TICKETS FOR THE WESTERN NIGHT - 19 Apr. will go on sale 01 Apr. 80 in the PMC's office. Admission: Members \$10.00 per couple. Guests \$14.00 per couple. Watch for further advertising on this upcoming event.

Bingo's Every Wednesday at 2000 hrs. in the Lounge.

T.G.I.F. - Every Friday: Food and Games every other Friday.

FOR UP TO DATE ENTERTAINMENT INFORMATION
PHONE 339-5212.

Wo's & SGT MESS

ENTERTAINMENT

MAR. 21 - T.G.I.F.
MAR. 23 - Movie 20:00 hrs. "Five Fingers Of Death"
MAR. 28 - Mixed T.G.I.F. & Games.
MAR. 30 - Movie. 20:00 hrs. "Klute".

APRIL

3rd - T.G.I.F.
11th - T.G.I.F.
12th - **SPRING BALL**
Band & Food - T.B.A.
Cocktails - 1900 hrs.
Cost - \$20.00 per couple.
Pre Ticket Sale. Dress: Semi-Formal.

Section news
Nighthawks nest

Awright, awright - we'll let you know who's been winning the 409 Club draw the past few weeks. Judging by the number of people harrying us to discover the lucky ones, it's obvious that few, if any, of you realize the time, effort, and soul-searching that occurs in trying to pick a winner. In these days of racial, sexual and religious equality, it is ludicrous to suggest that any contest singling out individuals as prize winners could be based purely on chance. Therefore the selection committee at 409 has eliminated the nauseating quality of sheer luck by carefully screening all ticket holders to ensure an adequate, public-pleasing cross section of society.

Categories were established with all potential winners being sifted and sorted into representative slots. The most outstanding examples in each division were then declared the weekly winners. So here are the past half-dozen winners and the categories they represent:

Feb. 2 - Capt. Jake Jacobson (409 Sqn). Category - "Navigators With Mustaches That Make Them Resemble A Muskrat Swimming Upstream With A Mouth Full Of Weeds".

Feb. 9 - Mrs. E. Johnson, (Courtenay). Category - "Women living on Island With Exorbitant Ferry Rates".

Feb. 16 - Mr. Don Fast (Vancouver). Category - "Fathers of Pilots Who Make Their Own Furniture".

Feb. 25 - Mr. "Irish" Ireland (Comox). Category - "Retired Colonels Named After Countries Rife With Exploding Packages".

March 1 - Maj. Charlie

Gladders (409 Sqn). Category - "Elderly Navigators of Whom Lieutenants Should Be Afraid".

March 8 - Mr. Larry Merchant (Winnipeg). Category - "Men From the Eastern-most Reaches of Civilization in Canada".

As you can clearly see, this is a fairly complete list of eligible categories, so if you entertain thoughts of becoming a winner, may I suggest you align yourself with one of these groups.

The procedure to determine a winner from amongst candidates equally qualified in the same category has been changed from a battle to the death (frowned upon by HQ after we lost a full Argus crew in January who fought each other fanatically in the mistaken belief that the winner received a Voodoo ride), to a fair and equitable arrangement based on bribery for males and body type for females.

The major event for us at present is a detachment sent to Boise, Idaho to visit and fly against the Air National Guard. Twelve aircrew and seventeen groundcrew were turned loose, and I'm afraid the details of the event will have to appear in print at a future date, as I've been advised the police report is not yet complete.

I'm not sure people are aware of the fact that the main problem with these cross-border deployments is the legal hazard that exists for the pilot. Every time he takes a navigator across an international boundary, he risks being charged with dope smuggling.

Ahh, yes - we have some new arrivals on the squadron. Joining the brood in March are Lieutenants (they're thick as flies ain't they?) Joel Clarkson, Bill Ricketts and Drew Foulds.

Joel is a first-tour pilot,

owns his own private plane, enjoys skiing and was voted by his high-school graduating class as the man most likely to marry out of his species.

Bill is a navigator and will start Combat Ready Training shortly. He is the only one of the new group that is not a bachelor, which shows that there are actually some women who trust aircrew. Whether this trust is misplaced or not is a moot point.

Drew is another pilot who recently arrived from Bagotville, and this is also his first posting. Knowing Drew quite well, I can assure you he is the type of person who always says exactly what is on his mind - with the result that he is speechless a great deal of the time.

The three arrive on squadron at a time when renovations to the briefing room lend the area the romantic air of working in a Crown Zellerbach Mill. We are pleased at these efforts to give us a more aesthetically enjoyable room to sleep in during ground school, but must take this opportunity to file a protest against the refusal to build in a bar and a dart board, with a draught beer machine and free popcorn for the apres-night flying crowd. Poor foresight, gentlemen!

It is time again to say goodbye, and to wish you an enjoyable Spring (today marks the first official day). You realize of course, that this leaves precious little time until O.D.H. season - so for those of you who haven't thought about it since the end of last year's season, it would be wise to get some pre-season training in so as not to be embarrassed the first few times out.

B.G.J. Kennedy



The yo-yo comes from a Filipino jungle fighting weapon. The word means come-come!

BASE THEATRE SCHEDULE CFB COMOX

Thurs 20 Mar 80
Fri 21 Mar 80

Sat 22 Mar 80
Sun 23 Mar 80

F.M.

Michael Brandon - Eileen Brennan
COMEDY
SHOW TIME: 2000 hrs - 2150 hrs.

Thur 27 Mar 80
Fri 28 Mar 80

Sat 29 Mar 80
Sun 30 Mar 80

SAME TIME NEXT YEAR

Allan Alda - Ellen Burstyn
COMEDY DRAMA
MATURE - Some suggestive scenes.
SHOW TIME: 2000 hrs - 2155 hrs.

SUPPORT YOUR BASE THEATRE
AUTHORIZED PATRONS ONLY

EW

Adults \$3.00, O.A.P. \$1.25, Child \$1.25

Mon. to Thurs. - 8:15 p.m.
Two Shows Fri. & Sat. - 7 and 9 p.m.
No Matinee This Saturday

Thurs., Fri., Sat. - March 20, 21, 22
More Entertaining than Humanly possible!
"THE MUPPET MOVIE" (GENERAL)

Mon., Tues., Wed. - March 24, 25, 26
"BUTCH & SUNDANCE THE EARLY DAYS" (MATURE)
"Some violence & swearing" - B.C. Director

Thurs. to Wed. - March 27, 28, 29, 31, April 1 & 2
Alan Alda
"THE SEDUCTION OF JOE TYNAN" (MATURE)
"Some coarse language" - B.C. Director

Starts Thurs., April 3 - Sally Field **"NORMA RAE"**

Stardust

Drive-In Theatre

March 21, 22, 23 **"SILENT SCREAM"**
- plus - "SEARCH AND DESTROY"
"Some violent scenes" - B.C. Director

March 28, 29, 30 - **ROCKY II**
Sylvester Stallone - plus - "AMERICAN"
"Some coarse language & swearing" - B.C. Director

April 4, 5, 6 - **"HOTSTUFF"**
- plus - "SKATETOWN"

Island Hwy. & Williams Beach Rd.
Phone 337-5033
All Admissions \$3.50, All-Niter \$3.75
GATES: 7:30, SHOW 8:15 p.m.

Firing away

A message recently received by this fire dept. from the Ministry of the Attorney-General, Office of the Fire Commissioner, Vancouver, B.C.

WOOD-BURNING APPLIANCES

In the past week I have expressed my concern over the installation and use of 'A' type metal chimneys when used with solid fuel (wood and coal) burning appliances.

The cause of my concern stems from potential fire hazards related to incidents regarding the inability of metal chimneys to withstand a creosote fire, corrosion of the metal chimney, structural damage to the metal chimney either in transit or during installation, insufficient insulation within the metal chimney, improper installation of the chimney, improper use of the fireplace or stove, and the use of non-listed components.

As a result of discussions with an Association of British Columbia Fireplace Manufacturers, Distributors, Dealers, I am re-instating approval of type 'A' metal chimneys subject to the following conditions, which the chimney manufacturers have agreed to:

(1) Supply radiation shields at manufacturer's cost to wood stove owners where required contact your dealer for information.

(2) Supply replacement lengths at no charge for any material which may have corroded or contains insulation voids.

(3) Assist the Fire Commissioner in any way to further information as to the installation and maintenance of their products.

RECOMMENDATIONS

To all owners of factory built fireplaces, stoves and metal chimneys:

1. Inspect the metal chimney along its entire length for corrosion or warpage of the inner liner and corrosion or discoloration of the outer casing.

2. If defects are found, do not use your appliance and contact your dealer for further instructions.

3. Ensure your factory-built fireplace is quality made, warranted by the manufacturer, listed by a recognized testing laboratory and is installed according to the manufacturer's instructions and local building code.

4. Ensure your factory built stove is quality made, warranted by the manufacturer, listed by a recognized testing laboratory or is installed according to the manufacturer's instructions and local building code.

5. Read your installation, operation and maintenance instructions. Follow manufacturer's instructions carefully and retain for reference. If in doubt concerning your installation, consult the local building or fire authority having jurisdiction.

6. Inspect your appliances and chimney frequently. Clear creosote deposits using nylon or steel brushes as required, but not less than

twice yearly. Several effective chemical cleaners are also available, check with your chimney and fireplace dealer regarding their use.

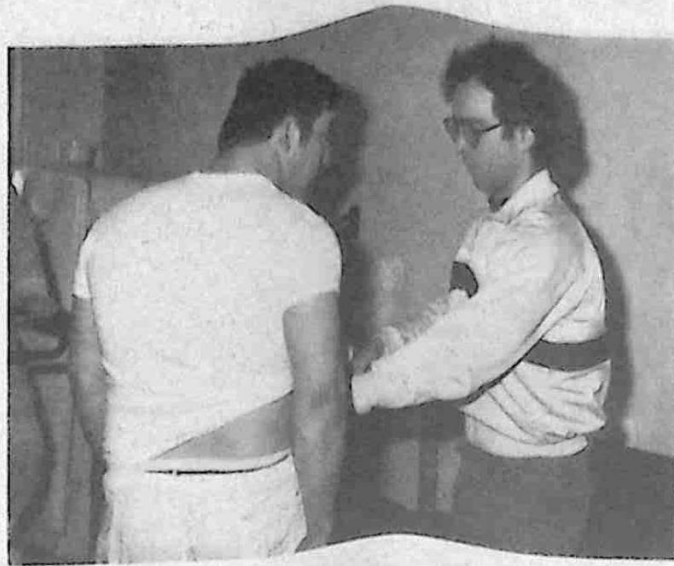
7. Use dry seasoned wood. When using metal chimney, avoid use of salt water driftwood and trash, as they contain chemicals that may be harmful.

8. Do not in any way modify your woodburning appliance, as this could be hazardous and will void your warranty.

9. At this time there is no requirement that fireplace inserts be listed. Extreme caution must be exercised when considering installation of a fireplace insert. There are likely to be concealed combustible framing members within the house wall in the immediate vicinity of the fireplace. These combustible framing members may ignite if located closer to the fireplace insert than recommended by the manufacturer. Ensure that the fireplace insert is capable of being removed for masonry box and chimney inspection and cleaning.

As Fire Commissioner, I will work in co-operation with Building and Fire Authorities towards the development of improved inspectional procedures. My office, together with the fireplace industry, will soon publish additional guidelines respecting the safe installation, use and maintenance of solid fuel burning appliances.

Gordon R. Anderson
Fire Commissioner



Photos by Bowman

I had a little extra for lunch

Action B.C.

Action B.C., a non-profit organization devoted to Health Promotion, was here at Comox during the period of Feb. 13-15, 1980. During that time they tested the state of fitness of some 60 service members, measured their extent of body fat, and administered a Health Hazard Appraisal (HHA) to them. The HHA is designed to assess a person's lifestyle in terms of their chances of dying of various diseases, the cause of which can be traced to certain human habits, e.g. lung cancer and smoking. Recommendations are subsequently made for improvement of lifestyle, and thus improvement of health and longevity.

The team also had a Nutrition Appraisal available. The form asked questions regarding quantity and quality of food intake and then interpreted such input in terms of optimum nutrition.

On Thursday evening, a running clinic was given during which a film by Dr. George Sheehan - the widely acclaimed guru of runners - was shown.

For those who missed this visit, Action B.C. will be returning for a week commencing the 9th of June. They will repeat the events described above and offer as well a Stress Clinic, Smoking Cessation Clinic, a Fun Run and broaden their fitness assessment to include flexibility and strength. The Base Health Team (Food Services, Physical Education, Hospital and Dental) will sponsor a Health Promotion Week to coincide with this visit. Future information on this will appear in the Totem Times and WRO's.

J.E. Bardsley
Maj
B. Surg
265



RCAF Assoc.

Looking ahead to its second year of formation, 888 Wing (Komox) of the Royal Canadian Air Force Association met the evening of March 5th to elect the new executives. Total membership of the wing is at present at the 155 mark and the prospects likely much higher. After the opening ceremonies conducted by the inaugural president "Irish" Ireland, the nominations were ruled over by guest executives from 808 wing (Nanaimo), Normman Baine and Ernie Crispin.

New executives elected are: Wing President-elect, Al Scott; First V.P., Stu Crites; Second V.P., Al Adams; Treasurer, Bob Halliwell; Wing Secretary, Rex Rexin; Recording Secretary, Ms. Marty Cunningham; Membership-Admin., Marg Robinson; Membership Campaign Chairman, Jerry McNutt; Resources and Projects, Pauline Waycott and Jim Simpson; Publicity Chairman, Gord Fisher; Housing, Stu Living; Welfare and Regalia, Ted Seal. These new officials for the 1980-81 year will be sworn in at the Charter Anniversary Ball to be held on June 7th.

The wing has been meeting through the courtesy of the

Comox Legion Branch in the upper lounge of the branch facilities. With the prospects of having eventual housing for the wing, past president Ireland told the audience that plans are in the offing to make a survey of Crown properties adjacent to CFB Comox and reportedly available for such purposes.

He also reported that the wing's certificate of incorporation had been received from authorities in Victoria. Jim Simpson, leading resources and projects, told the group of a dinner dance to be held March 29th, aiming at fund raising for air cadet activities and a mid-April giant garage sale directed at the building fund. The wing's Comox Day effort is also in the works. Stan Paddison of the Air Cadet committee remarked on the recent family night held by the Courtenay Air Cadets (386 Squadron). L. Col. Duke Warren was the inspection official. He also commended a cadet who made 100 per cent on flying scholarship exams, F Sgt. Kevin German, Courtenay.

A scrap book with accumulated publicity data for the first year was presented to the wing by Scott Hunter; also

a framed picture of the charter night event to "Irish" Ireland in recognition of his dedicated efforts.

Membership in the RCAF is not restricted to ex-RCAF members. It has a no-rank structure, male or female. It's objectives are to foster Canadian aviation generally, encourage youth development, civic programs, and work on behalf of the RCAF benevolent fund society.

1st Lazo Beavers

Happy Anniversary to the "Totem Times" from Blue Colony Beavers and their leaders.

An outdoor program for Beavers on 6th March saw the white tails working with Hawkeye, Mr. MacDonald and Robert Horton, doing compass work and learning new knots. I was later told the boys did the knots as fast as they were taught. Good work boys. Keo and I had the red and green tails out on a nature hike with a stop in route to sing a song for one of the boys home ill. We viewed many wonders of nature, from birds on the trees to poliwogs in the streams. We had a few "soakers" (yes even Rain-

bow), lots of exercise and fun was had by all. During campfire the boys were introduced to skits with five beavers acting one out with Mr. MacDonalds help.

The 13th March the Beavers toured Search and Rescue. Special tail slap of thanks to Mr. Schonberg and Mr. Trumbly for a most enjoyable and informative tour. The boys were impressed and so were their leaders. Training required, equipment needed and amount used is very complex and Beavers had a lot of questions for Mr. Trumbly to answer. Helicopters and Buffalo's were inspected and each boy had a chance to be a pilot and

co-pilot, also to inspect buttons windows etc. Very exciting and special thanks to the men again. Your giving of your time is greatly appreciated.

Our posters were judged on 15th March during our Bazaar and Congratulations to Ryan Ansle our winner. Another colony Beaver who was also lucky at the Bazaar was Todd Houston who won a lovely cake. (Hope it was good)

I also have the Parent-son Banquet tickets. They are \$3 per head. The tickets have to be bought by April 3rd.

Till next time Busy Beavering

Rainbow.

CFB happenings



a. PICTURED ABOVE AT the Annual Safe Driver Award presentations are L to R: Mr. Tab Davis - 15 years safe driving; Cpl Hank Wardale-king, 15 years; Maj D. Breer (BTnO), Cpl Dominique Violante, 5 years; Capt N. Boehme (MSEO), Cpl Don Burgess, 5 years and Cpl Ernie Brown 15 years. Base Photo.

Ranges

Ranges have long been a part of the kitchen scene. From the early cast iron wood and coal stoves to today's sleek efficient models, a range is truly the "heart" of any kitchen.



Home economists from Whirlpool Corporation advise that your needs and lifestyle are the important factors to consider when selecting a range or any other appliance.

For example, a large family might have need for double oven convenience to accommodate the preparation of large quantities of food. Apartment dwellers may need a smaller, free-standing model that can travel with them if they should move to another dwelling. For those who are building a new home or totally remodeling the kitchen, a built-in oven and cooktop might be the ideal selection. A variety of features, capacity and styling is available to suit every need.

Other important considerations before purchase should be the reputation of the manufacturer for quality and reliable after-the-sale service if it is ever needed.



Square dance

The Ocean Waves Square Dance Club recently shared their favourite past-time with the friendly seniors at the Cumberland Intermediate Care Unit on their Pub Night. Sober caller for the evening was Stan McMullin!

We welcome new members Anne and Wolfe Clar and wish Lorraine and Larry Caldwell much happiness as they settle in their new home in Winfield, B.C. Thanks to Mike and Lena Groendyk from Parksville for calling at our workshops.

Brenda and Jack Goosen of Courtenay have been chosen as our new club Couple of the Year in appreciation of their unselfish contributions to the club.

Caller Bob Aitken and his Mavericks Square Dance Club

travelled from Victoria for our Valentine Dance, and several Ocean Waves dancers recently travelled to dance with the Haymakers in Port Alberni and to the "Spring Fling" in Parksville.

We would like to thank the Westerly Hotel for the delicious buffet dinner at Christmas where donations were collected for Courtenay's Friendly Visitors in lieu of exchanging gifts amongst ourselves.

Square dancing keeps wit and limb nimble so why not join our Beginner class and see if you would like to make it your favourite past-time. Call Jackie and George Rayson at 338-8002 or Sharron and Dave Reed at 338-6268 for more information.

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Sound financial management can provide the programs British Columbia needs... and a strong economy to pay for those programs.

This year's Provincial Budget provides:

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- \$388 million to cover the first year costs of a five-year \$1.4 billion forest management program.
- \$10 million for an Energy Development Agency to find alternatives to fossil fuels and help British Columbia to become self-sufficient in energy needs.
- \$30 million for the first Dental Care Assistance program.
- \$613 million for transportation and highways including \$100 million for an accelerated highway construction and maintenance program.
- \$48.4 million direct tax reduction in ten fields ranging from income tax to the probate fees tax.
- \$176.2 million—a 24% increase—for municipal governments through the Revenue Sharing Fund.
- \$69 million as the provincial share of Urban Transit costs.

But the big cash benefits are not all the benefits sound budgeting can bring. Good financial management enables the government this year to:

- increase Home-Owner Grants for senior citizens to \$630 a year.
- reduce the sales tax from 4% to 2% on fuel efficient new cars.
- increase the amount of aid to small businesses.
- reduce the cost of energy conserving equipment by removing the sales tax.
- provide \$6.5 million for park development in British Columbia this year.
- and add \$4.5 million to the Employment Opportunity Program for young people.

Write for your copy:
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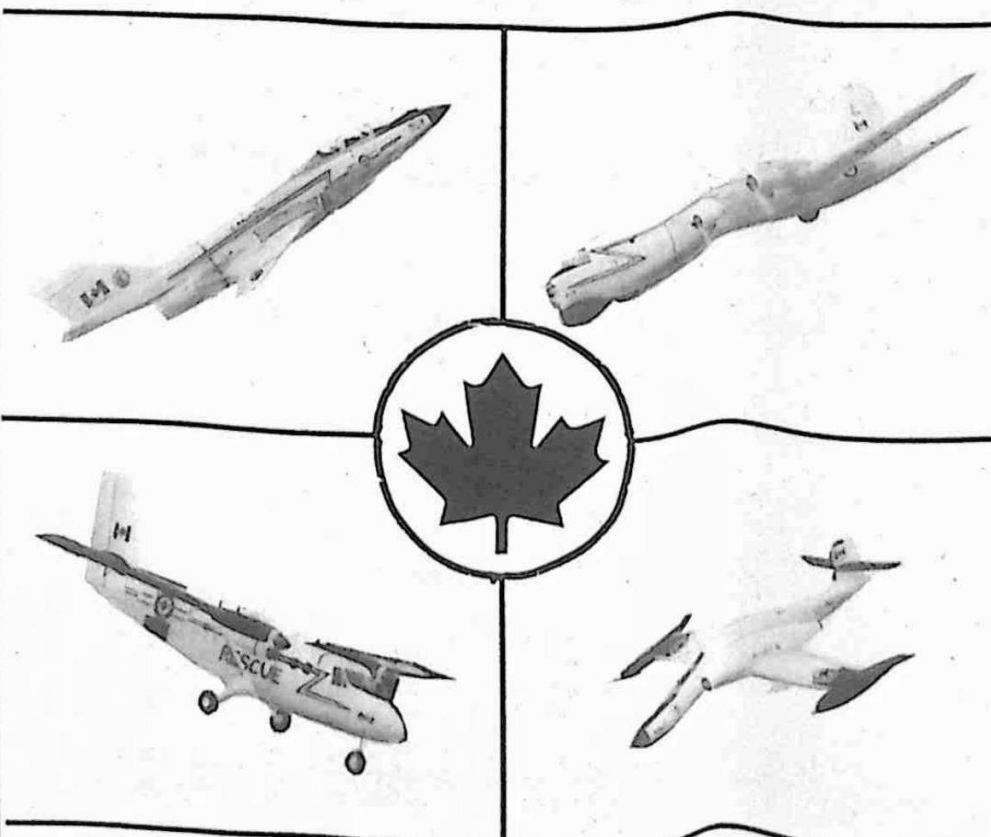
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Editorials

The continuing struggle

With this issue we enter our twentieth year of production. Those of us that have had opportunity to serve the "Fish-wrappers" can appreciate the trials and tribulations encountered over those 20 years.

In his congratulatory message our publisher and Base Commander speaks of the victory achieved in struggling to meet each deadline. Believe me, it is just that in many cases -- a struggle. Only through the ingenuity of a dedicated staff are we able to succeed in producing another issue.

Certainly we receive some share of enthusiasm and support from the various sections and feature writers but it is far from adequate. There is in this day and age a creeping apathy of anything voluntary and injections of such ideas are slow in coming. We not only request your support but demand it if there be any hope of continuing to bring you a paper worthwhile of reading.

We differ from other secondary activities on the base in that we have a

deadline to meet. It's the same deadline every two weeks and it must be met regardless of delays, inconveniences and shortages of material. We are prepared to write, rewrite or help in any way possible to bring to our readers the latest available news. Therein however lies the problem -- we must have your help in finding out this news. What is news you ask? Well news is any event which reflects the life of personnel and their families at Base Comox. People are interested in one another and want to read of each others' achievements, hobbies, outside interests or social activities. So climb aboard and join the team. You can help us achieve our goal of an ever-improving publication.

Support your paper and its advertisers. If you have something of note to pass along, give one of our staff a call or if you have a flair for this sort of thing then come forth my friend. For you we have a special deal!

Cheers!
Gord

Tests to be tested

There has been discussion recently in the local press about the use of tests and examinations in our public schools. In years past, tests and exams were used to assess a student's progress. The student needed to know and the parents usually wanted to know. Teachers considered the results of class tests as vital information and feedback which could be used to enhance future lessons or repair the odd omission or error in existing ones.

There are two disturbing ideas surfacing in the recent controversy, which, by the way, is far from settled. One was the idea that tests were regarded as checks upon the efficiency of the teacher, and that is a poor idea at best. The other shocking thought suggested that children should not be subjected to tests and examinations because of the potential harm to the child's sense of self-worth if he does not come out at, or near, the top of the class.

Completely ignored is the idea that children might be stimulated by less than perfect scores to try a little harder. Completely ignored is the student's wish for an appraisal of his progress. There are those who say that to cut out all tests shows a fine appreciation of the feelings of children and a natural desire to protect them from any feeling of failure. BUT, a more general reaction is to say "nonsense". This over-protection is not good for anyone, including children. It reminds one of a parent trying only to keep a child away from friends with a contagious disease, instead of taking the precaution of immunization. The disease problem can occur again, one cannot protect children for life by avoiding problems.

In the same way, children cannot be protected forever from the risk of encountering failure or frustration. Trying to keep such risks away from them does

NOT show much real appreciation for their feelings. The time to experience some failure and frustration is while they are young enough to overcome, without embarrassment and, more importantly, learn from the experience.

The school system is dedicated to preparing children for adult life. Children are shortchanged in this preparation if they do not experience any sense of "not always being on top" -- of having to compete.

The Canadian way of life is based on a competitive market system. Its good standard of living is due to the spirit of competition which made one person strive to do something a little better, to produce a better product or service than his neighbor. Without that spirit of competition, that drive to excel, there would be no telephones, insulin, aeroplanes and many other conveniences that are taken for granted.

Competition is at the base of our enterprise system. It is not easy to fit into the working world, a world based on that competition, if the idea of competition is distasteful or if one has been badly prepared for it by poor attitudes and a lack of understanding.

To enjoy one's working life and find satisfaction in it, it is important that one enjoy competition. If not, there is every likelihood that the bottom of the ladder is not only the starting place, it's also the finish.

If that is what Canadians want for their young people, yes, by all means, do away with all tests and examinations. Let's protect young people from any sense of failure and frustration. It's not the way Canada was built and it's not the way she will continue to build and prosper. Once again, there appears to be a choice -- what should it be?

Courtesy of The Vancouver Board of Trade.

Quebec dilemma

The Quebec referendum, according to one leading French Canadian, will not be the end of the world as we know it.

Probably not. But there is little doubt that the result will signal the beginning of the end for the status quo on the constitutional question in Canada.

The climate surrounding the debate on the future of Confederation in Quebec will be grim. It will feed as much on partisan political bickering as on the referendum question itself. It will find troubling echoes in the growing alienation of the West and the jurisdictional claims of other provinces such as Newfoundland.

Petitions will be signed in English Canada and a plethora of pseudo-scientific documents will be published to support one side of the argument or the other.

For most Quebecers, the referendum is much more of a

Courtesy Mainstream Canada.

Right or licence

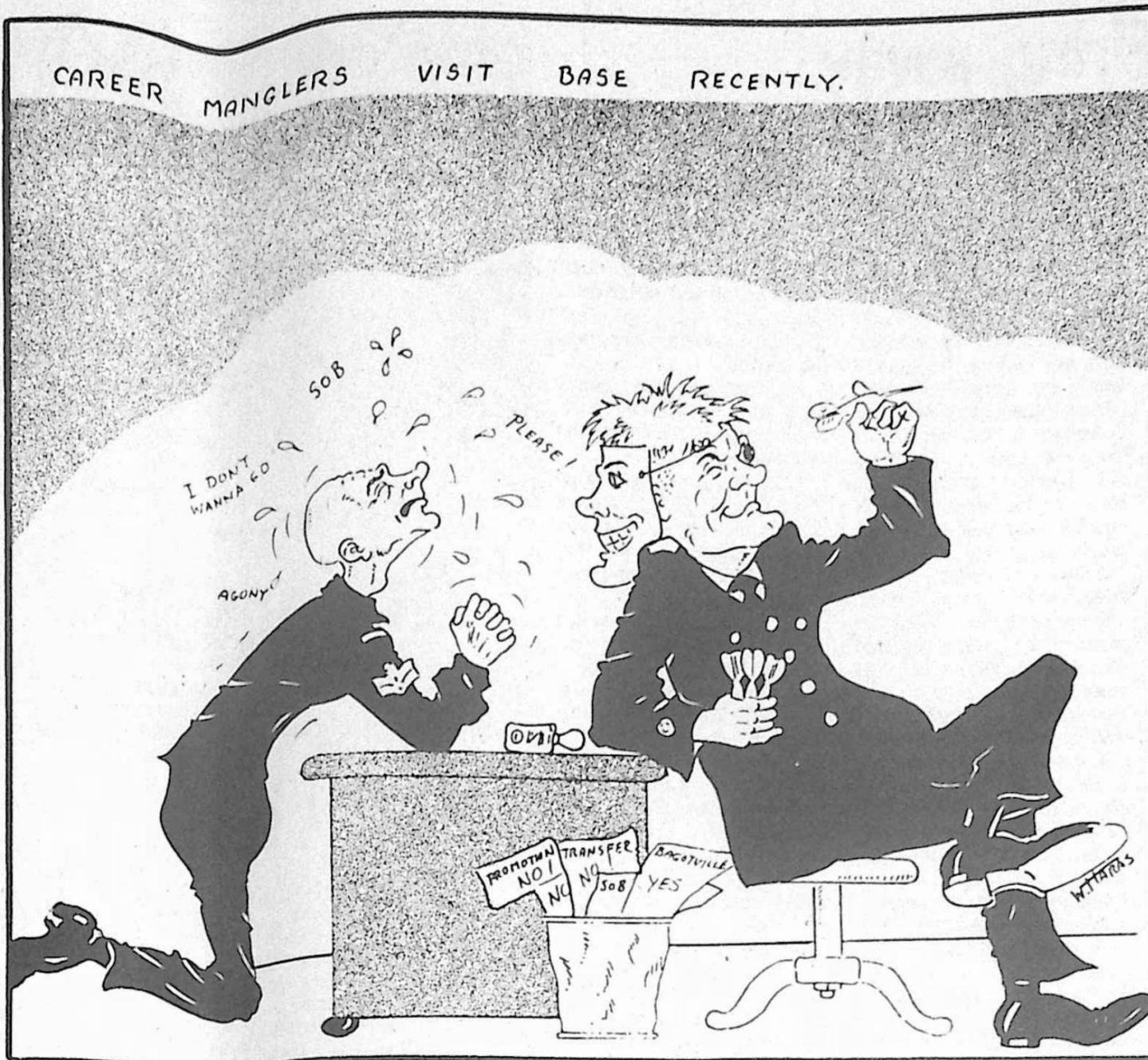
Editors Note: The following editorial appeared in July 1968 issue of the Fishwrapper. It makes interesting reading.

One of the most jealously guarded rights in most of our Western democracies is the right to freedom of speech. Let the President of the U.S. be accused of trying to regulate the copy that flows out of Washington, and the newspapers vociferously yell "foul". Any citizen not willing to co-operate with the press in their quest for the fact runs the risk of being cut to ribbons in print. This may be all very well, but with every right there is a corresponding responsibility. We all know that our free press often shows a distinct lack of good taste, but is it not also, in some cases, guilty of irresponsibility?

A few days ago the front page of a large circulation B.C. newspaper carried a large picture of a young couple sitting in their living room in a town in New Hampshire, U.S.A. The scene was far from cosy -- the man's unshaven face wore an easy half grin and his right hand held a gun which was pointed directly at his young wife's head. The caption below the picture stated that the woman was being held hostage. The accompanying story said that the woman had later been "accidentally shot and killed by her husband."

Now where in blazes would a red-blooded American boy get the idea that it was a good thing to hold his wife hostage, that he could do so with no discernible reason other than to get attention and publicity, and above all that he could do it with impunity. Why, he very probably got the idea from the newspapers. Now, such a fellow would doubtless not have the intelligence or the inclination to read the editorial page of a newspaper, but he would read with interest the violent and sensational items on the front page. A couple of weeks prior to his "accident" he would have noticed the wide coverage given to an Australian who was wanted by police in connection with theft. That resourceful fellow held his girlfriend and her baby hostage at gunpoint while everyone tripped over themselves giving him everything he wanted.

Police supplied him with an arsenal; the justice of the peace conducted a ceremony for him and gave him a marriage licence; newspaper reporters and photographers gave him a great deal of attention and news coverage around the world; and finally, according to reports, he was granted his wish to fight a war in Viet Nam, with no hint of reprisals for the time and money and trouble that he had cost his country. Quite a success story, what? Small wonder then that some other creep was so quick to try the same technique. Perhaps Dubcek should hold his wife hostage until all Russian troops have been withdrawn from Czechoslovakian soil.



Some old cacophony

Editor's Note: The following is some nonsense that appeared in a 1968 issue of the Fishwrapper. In those days there was "coboc" and some of us of thinning hair can still remember.

Once upon a time there was a great and wonderful kingdom known as Comoxelot. It was situated in a beautiful valley between many snow-capped mountains with clear rushing streams and an azure blue sea called the Sea of Georgia. Comoxelot also contained a gathering of very interesting inhabitants.

The ruler of the kingdom of Comoxelot was a man known as good King K. C. As a ruler, he was quite popular amongst his followers and although he didn't associate directly with all of them, was generally well known. Since his kingdom is too large for King K.C. to rule alone he entrusted his Knights of the Egg-Shaped Table to stand guard over Comoxelot for him. The ruler of Comoxelot wanted dearly to roam over his Kingdom with his Knights however he was unable, because of a bondage called marriage. Some Knights of the Egg-Shaped Table had no such bondage.

One of the leaders amongst

the Knights of the Egg-Shaped Table was Sir Buzzy Valiant. Sir Buzzy was a robust and well fed knight with a cherubic countenance and a fun loving disposition. He was respected throughout Comoxelot for his courage in foraging far and wide in search of adventure. Sir Buzzy's jaunts into the untamed wilds of Saskatchewan were especially well known.

Another Knight who could speak highly of his reputation was a converted minstrel called Sir Wayne Lancelot. Sir Wayne was known mainly for his beautiful melodic voice which he claimed was mightier than the sword. This Knight was also the lord of a private domain centered in Comoxelot sometimes known to its residents as "actionland."

One of the most feared of the Knights of the Egg-Shaped Table was Sir Douglas the Dark. Sir Douglas was the Knight of the realm given the task of supplying King K.C.'s Knights with strong healthy steeds on which to conduct their campaigns. A reliable horse was a necessity in those days and Sir Douglas took it upon himself to supply all the Knights of the Egg-Shaped Table with the finest steeds available even if it meant personal suffering.

The Knights of the Egg-Shaped Table could even boast of international flavour amongst their number. Sir Pepe La Gwayne was a Knight from Western Gaul who gave up his heritage to seek fun and adventure in Comoxelot and abroad.

Other loyal Knights of the Egg-Shaped Table were Sir Dicky, Sir Bearcat, Sir James, Sir Gilles, and Sir Toad. To say the least the non-married members of the Egg-Shaped Table were members of a fun loving and loyal Brotherhood. The Bachelor Knights dissociated themselves with their married counterparts and their spouses. The Knights of the Egg-Shaped Table Wives Club.

As it came to pass, the fearsome foursome first mentioned in our fable Sir Buzzy, Sir Wayne, Sir Douglas, and Sir Pepe, decided to conduct a crusade to the kingdom of Vancouver during the festive season. With flasks filled and steeds fed, the foursome received King K.C.'s blessing and set out on their journey.

Out rode the foursome in search of adventure in the name of their King. South to a sea port they travelled and soon they were sea-borne bound for Vancouver. Days later they arrived at their destination, and lo and behold they did not find a place entrenched in squalor, filth and deprivation, but instead found a city filled with mirth and full of beautiful people. Sir Buzzy turned to his three cohorts and humbly stated, "This is great. Let's take advantage of it." The three quickly nodded their approval.

So again as it came to pass the foursome made their way to an inn known as the Ye Olde Devonshire, a pub of rather high repute. They had just settled in to a flagon of mead when a dragon of rather small proportions took a fancy to them. The dragon made its way to Sir Wayne's side and he quickly remarked "what's a dragon like you doing in a nice place like this?" The dragon retreated once again proving Sir Wayne's philosophy, the voice is mightier than the sword.

Soon it was closing time and the quartet from Comoxelot found themselves roaming the streets. They wandered around in search of refuge when they happened on a joyful gathering of merrymakers and were quickly invited to join in. The svelte Knights from far away soon found themselves in favour with the many fair-haired maidens in attendance much to the chagrin of their suitors. All through the night the merry making continued until exhausted the Knights slipped into slumber.

Much later the foursome awoke and lo and behold a miracle had taken place. Where once there were but four now there were eight. The Knights were admiring the sleeping beauties beside them when the tumultuous shouting from an approaching mob brought the Knights back to reality. "Where's my wife? Where's my wife? Which one of you rats is with my girl friend?" came the shouts from outside. The knights quickly clothed themselves, kissed their new friends goodbye, exited to the rear, mounted their awaiting steeds and absconded. Soon they were back in Comoxelot with gay hearts, pleasant memories, and empty pockets. The moral of our story? Crusades sure haven't changed much!

A letter from Bob

Dear Sir,
Salutations from Borden! In response to your invitation for ex-editors to come out of hiding, I offer you a tear-stained account of my "Times with the Times".

I joined the Fishwrapper staff as 442 Squadron reporter cum proof-reader in 1972, when Ray Griffiths was enraging the puzzle palace establishment. Ray threw down his pen and eyeshade in '74, and when no one else picked it up, well I just couldn't see Portuguese Joe's best salmon being sent back east in anything but the best.

With the help of a super staff, we hit the street every two weeks and managed to survive. Thanks to the talents of cartoonists such as Mackay (the unknown MP), and my good friend Al Wilson, a picture really could say a thousand words. (Incidentally, the "O.C." on page 4 of the Jan. 24 edition was originally yours truly).

In the summer of 1975, I passed the buck to Al Wilson and the ol' Silver-haired Chief, Jim Brown.

It's been almost 4 years since my wife and I migrated east, where we are enjoying raising our two sons in the tranquility of small-town Ontario. I look forward to the Totem Times arriving regularly in the mail, and each copy manages to find its way through the hallowed halls of CFSAOE, where it is snatched up by many of the ex-Comox types. Maybe the next one will come wrapped around a salmon.

Well, dear Editor, here's wishing you and your staff sincere best wishes as you launch the Totem Times into its second twenty years and the computer age. Such progress can only raise the Fishwrapper to greater heights. Next stop, birdcages!

Sincerely,
Bob Shawcross

Little deflators

Editor's Note: This editorial appeared in the Feb. 5, 1970 issue of the Fishwrapper.

The federal government's war on inflation has become serious business. Many segments of the economy have yielded to moral persuasion and agreed to postpone price and wage hikes for a short period of time. Some square pegs, of course have stubbornly refused to co-operate. The B.C. woodworkers are now pressing for a wage increase of more than 25 per cent. But then, many sectors of B.C. feel that Canada is a myth and any request from the federal government is not deemed worthy of consideration; any demand by that government is a challenge to do the exact opposite -- not really like a wayward child, but more like an irascible and crotchety old man.

In the next year the supply of mortgage money in Canada will decrease across the board. First priority will be given to increased low cost housing which means, of course, that fewer mortgages will be available to the middle income bracket. This is the group which provides the bulk of the income tax for the treasury coffers and this is the group which will compete within itself for medium priced dwellings and medium sized mortgages, driving the price of both house and mortgage to new highs.

Mortgage money will be in short supply because the major mortgage investors, large financial organizations like trust companies and insurance companies, have found more lucrative investment opportunities elsewhere. Imagine that! With many mortgages drawing more than 11 per cent interest, there are still more profitable places for large investment.

The individual consumer is now beginning to do more to combat inflation than any organized body. He is doing so out of protest, and it's about time. The consumer is getting tired of the high cost of gracious living and is willing to settle for less grace and more independence. He is starting to think that perhaps that old car can be made to last an extra year, perhaps the washing machine can be repaired one more time before it goes to that big scrap heap in the sky, perhaps planting and looking after the garden would be a relaxing diversion. That new stereo will still be available a year from now, and interest on a colour TV loan is a trifle high. One can't be very independent when he's in debt, so perhaps it is time to regroup and count the cost of instant gratification in terms of future sacrifice and worry.

Maybe some of the old virtues (like saving) did have some merit and should not have been discarded so readily.

Procrastination has always been considered by fundamentalists to be akin to sin, but delaying your buying, in these inflationary times, can only be a virtue, a virtue which benefits all but the drooling financial giants who can't wait to part every one of us from the money which we have not yet earned.

CNA TOTEM TIMES

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National report

Comox close

Akela says:

Chapel Chimes

BY VIC BEAUDRY
It was Feb. 22, a cool, breezy day in St. Jean Quebec. The six regional champions had formed up on the battle grounds of the St. Jean arena to participate in the opening ceremonies of the 1980 National Broomball Championships.

The more experienced teams began to snicker and laugh at the young group of warriors who made up the Pacific Regional team, because in the two previous years, CFB Comox had failed to win a single game in the Nationals and no one expected this young team of 11 rookies to do much better.

The first game saw the home town St. Jean club, representing Quebec Region, battle it out with the Vandoos, who were representing CFB Lahr. Unfortunately, the home town fans were up for the game more than their players and St. Jean fell 3-1 to the Lahr team.

The second game was the battle of the oceans. Atlantic, represented by Shearwater, against Pacific, represented by CFB Comox. It was quiet in the Comox dressing room, nervous jitters plaguing the team as they dressed for battle. They knew Shearwater would not be merciful, trying to disgrace them as they had done a year before.

In the stands, the fans awaited the arrival of CFB Comox. Then from the quiet emptiness of the passageway leading to the playing surface,

came the chant of GREEN MACHINE. GREEN MACHINE. Starting low and soon echoing from the rafters in the arena.

The Green Machine was young and fit, perhaps the fittest team Comox had ever sent to the Nationals. It didn't take long for the Green Machine to roll, with first half goals from Dale Harty and Kevin Phinney. The Machine was in high gear!

Unfortunately the second half saw the inexperience show. Comox tried to sit on their two goal lead, a lead that was cut to one midway through the final half. Shearwater scored the equalizer with only one minute and 48 seconds left in the game. The machine was in trouble.

It was the great goaltending of Steve Rodrigues and the experience of the old timers that saved the machine. Jim Hooley supplied the grease which got the machine rolling. He sent a hard pass from the point to Tom Gorman, who left it go in one motion and scored, only twelve seconds after Shearwater had tied it up. An empty net goal by Patty George sealed the 4-2 victory. It was the first National victory for a Pacific regional team since 1977.

The third game saw the Prairies, represented by Edmonton, against Ontario, represented by CFB Ottawa. The west was best in this match up as Edmonton defeated Ottawa 3-1.

The second day of the tourney saw Ottawa pick up their first win with a 2-1 win over a now bewildered Shearwater team. The second game saw St. Jean down Edmonton 3-2 in a close, well fought contest.

The third day started off with a bang. Lahr, enraged by their loss to Comox, took their revenge on Edmonton, blowing them away 4-2.

The emotional high experience by Comox the previous day was to be in contrast with the frustrating experience today. When the buzzer sounded to end the first half, Comox was down 1-0 to Ottawa. In the second half, Ottawa scored again in the opening minutes. Comox's offence just could not find a weak spot in Ottawa's defence and the game ended 3-1 in favor of Ottawa.

St. Jean won a controversial game over Shearwater and the third round ended with Comox, Ottawa and St. Jean tied for first place with Lahr.

The fourth round was to be the most gratifying for the Green Machine. The goaltending was terrific but defence wasn't the problem. St. Jean led 1-0 going into the closing minutes of the game. There was only 38 seconds remaining in the game when Patty George started the Machine rolling by scoring the tying goal. The five minute overtime period that followed proved to be one of the most exciting of the tournament, and when it was over the

scoreboard showed a 3-3 tie. Thus another overtime period, but this time it was to be sudden death. Cliff Fuller and Russ Toux combined for the winning goal just seconds into the period.

The days proceedings ended with Comox and Ottawa tied for first place, Lahr, Edmonton and St. Jean next with 4 points each and Shearwater last.

The first game of the last round saw Ottawa take on St. Jean and Ottawa eliminated St. Jean by defeating them 3-1. In the second game, Shearwater proved the spoilers by defeating Lahr 4-2 in overtime.

Although Comox lost the game and were out of the playoffs they had won the respect and admiration of their peers.

In the final game Ottawa battled second place Edmonton for thirty minutes to a 0-0 tie. With half the overtime period gone, Edmonton scored, but the lead was short-lived as Ottawa came back quickly to tie it up. In the dying seconds of the game Edmonton got a break and scored with only 8 seconds left in the period to wrap up the 1980 Broomball National title.

Although the cup went to Edmonton, congratulations are in order for the players of CFB Comox, and of course their designated import from Esquimalt (Jean St. Louis), who set a new record for the Pacific Regional champs.

The 1st Lazo Gray Pack has been very active over the past few months. We have had excellent visits to the Base Hospital, the Base Dental Clinic, the Weather Office and the Fire Hall. We would like to thank these sections for their time and effort and contributions to our boys.

Our annual Kub Kar Rally was held on Tuesday, 19 March. We had some good racing cars and excellent show cars. The results were as follows: 1) Racing cars: 1st - Paul Bardsley, 2nd - Scott MacKenzie, 3rd - Dan Holloway; 2) Show cars: 1st - Jeffrey Bardsley, 2nd - Bradley Erhardt, 3rd - Chris Landry, with special mention to Jim Fiddy for making his car all on his own. Presentations will be made to the boys at our annual Parent Son Banquet, Sunday, 20th April at 1600 hours at Airport School.

The first three boys in our race cars and the first place of our show cars represented the Pack at the District Kub Kar Rally which was hosted by the 1st Lazo Group. Our boys did very well with Paul Bardsley 1st and Scott MacKenzie 2nd in the racers, and Jeffrey Bardsley 2nd in the show cars.

Our 11th of March meeting was the highlight of the year. Our Akela, Paul Leger, was presented with his fourth Gilwell bead, signifying his achieving Trainer III status.

On March 25th we will be starting a Nature Program designed to make the boys aware of the world of nature.

During this program the boys will be working toward their Black Star and World Conservation Badge. There will be hikes, rambles and clean-up projects along the way. The program will end up with our annual Cub Camp from 2nd to 6th of July.

Paul Leger and John Bardsley will be instructing on the Part II phase of the Wood Badge Leader's Award and one of their students will be Bob Gray. This course is designed to make the leaders more effective in their roles. This year's course is from the 28th to 30th March at Moorecroft United Church Camp near Nanaimo. Most of our Scouters will also be attending a Regional Scouter's Conference in Nanaimo on Saturday, 22nd March.

On Saturday, March 8th, both Cub Packs were taken to Esquimalt and toured HMCS MacKenzie and the Maritime Museum, with a stop at MacDonald's in Duncan on the way back. The boys had an exciting and tiring day. Our thanks to the Base Transportation Section for the bus and driver. We hope his nerves will recover soon; he was just great.

Finally, the Ladies Auxiliary have done it again. At this year's Bazaar they earned \$1,708.00 for the Group. We would like to take this opportunity to thank the ladies who participated and gave of their time and energy to support us. Without you, our programs would be difficult at best.

Father M. Allan Stack - Base Chaplain (RC)
Telephone 339-2211 Loc. 274

PALM SUNDAY
Sat. 29 March - Anticipated Palm Sunday Mass - 7:00 P.M.
SUN, 30 March - SOLEMN PALM SUNDAY SERVICE & MASS - 10:45 A.M.
(Weather permitting the congregation shall assemble in the CE parking lot and proceed with palms to the Chapel).

PENITENTIAL SERVICE with Confessions - 4:00 p.m.
Mon., Tues., Wed., (31 March, 1 and 2 April) - Weekday Masses - 9:00 a.m.

HOLY THURSDAY (3 April).
SOLEMN MASS OF THE LORD'S SUPPER - 7:00 p.m.
(Confessions precede Mass 6 to 6:55 p.m.)

1. Liturgy of the Word enacted.
2. Ceremony of the Washing of the feet.
3. Lenten alms may be presented.
4. The Eucharist and the Procession.
5. Private adoration until 10 p.m.

GOOD FRIDAY (4 April) - THE COMMEMORATION OF THE DEATH OF THE LORD & COMMUNION SERVICE - 3:00 P.M.
(Confessions precede Service - 2-2:55 p.m.)

1. Readings, the Passion.
2. Solemn prayers of intercession.
3. The Veneration of the Cross.
(Lenten alms may be presented).
4. Communion Service.

STATIONS OF THE CROSS (No Communion) - 7:00 P.M.
(Confessions from 6:30 to 6:55 p.m.)

EASTER
SAT. (5 APRIL) - SOLEMN EASTER VIGIL SERVICE - 7:00 P.M.
(Confessions 6 to 6:55 p.m.)
SUN (6 APRIL) - ONE MASS at 10:30 a.m.)

THE PROTESTANT CHAPEL
Telephone: 339-2211 Loc. 273
L.R. Coleman, Maj. (Base Chaplain (P))
L.M. Clifton, Capt.

CHAPEL SERVICES
The Protestant Chapel is located in Wallace Gardens (PMQ area) and Divine Service is held every Sunday at 1100 hours. This is the Base Chapel and everyone is warmly invited to share in the Service.

HOLY COMMUNION: Holy Communion (ACC) 1200 hours normally is first Sunday of the month.

BAPTISM: By appointment. Consultation with parents expected 2-3 weeks in advance of Baptism.

WOMEN'S GUILD: All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2000 hours on the second Wednesday of each month.

CHAPEL CHOIR: Our Choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain. Senior Choir: 2000 Hrs. and Thursday at the Chapel.

SUNDAY SCHOOL: The Sunday School operates from September to June. Ages 6-15 meet in the Chapel at 0930 hours each Sunday, and the ages 3-5 hold their sessions during the Church period at 1100 hours. All children are invited to attend.

OFFICE HOURS: 0800-1630 hours. Phone 339-2211, Loc. 273.

HOSPITAL VISITATION: The Chaplain would appreciate the co-operation of the members of the congregation and would request that they phone the Secretary's office (339-2211 Loc. 273) to report the names of any members of the congregation who may be in the hospital.

Under the toadstool

The monthly Guiders meeting was held on March 3 at Comox United Church. The meeting was opened by Madam Commissioner, Mrs. Ruth Hupman, reading a new Guide Prayer.

Mrs. Marlene Neufeld, Tawny Owl 3rd Comox Pack, and Eleanor Matheson, 1st Comox Brownies, received their Warrants. They were congratulated by Madam Commissioner and received a round of applause from the Guiders present.

Madam Commissioner explained to the new Guiders how the Canadian monies from Thinking Day were distributed to the World Friendship Fund to help under-privileged countries in Guiding. Also, it is used to send girls to International Camp. Two of our Rangers from our district had the privilege to go to "Our Cabana" in Mexico two years ago.

Mrs. Hupman said the fifty packages of seed received

our Area will be distributed later for planting. Hopefully, a spot will be donated, and the seeds will be planted in the shape of a Trefoil, the symbol of Guiding, to celebrate our 70th birthday.

It is cookie time again! The Brownies and Guides will be knocking on your door at CFB Comox on Wed. April 30. Please be kind and buy our cookies. Cookie and calander sales are the two main money making affairs the Brownies and Guides have.

Kodak Company is having a picture taking contest. Any Brownie or Guide may enter. The subject does not have to be related to guiding alone. See your Guider in charge for more details, if you would like to enter.

The Thinking Day Church Parade at the R.C. Chapel was well attended, even though the Brownies and Guides were not

informed until quite late.

The 6th Pack is having a fly-up May 5th. We are losing four terrific Brownies whom I know will make fantastic Girl Guides! We have new Tweenies, so our toadstool is no longer bare. We also have another leader, Tawny Owl, Gladys Foster. Gladys is an ex-Brownie, ex-Guide and an ex-Ranger. She is qualified in first aid, and has worked with the deaf, so we extend a welcome to you, Gladys, and our new Tweenies.

The next Guiders meeting is March 31 at the Comox United Church. May 5th will be the final meeting of the year.

Until next month:
It's not very often a seven-year-old can celebrate a birthday ten times fold, but that is the magic that comes your way when you give your time to Guiding today. We're seventy years old, we Blue and Brown to "lend a hand" to all around.

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Memories

Feb. 11, 1965

Demon doins

BY BUD TAGGART

Lately the squadron resembles the emergency ward of the Toronto General Hospital on a Saturday night.

The hockey casualties from "Glacier Gardens" limp into briefings swathed in assorted plasters and bandages. The big talk on the flight line is, "We'll get them next time..." and "If it hadn't been for that last penalty?" I admire their mettle but can't help but feel that they have been influenced too much by the rough stuff of the NHL. For an evening of excitement and hard play, I say "get out there and cheer our boys on to victory." (Even 409 Sqn. has a team).

Once more our plans for the squadron party were disrupted. This time it was a call to duty that made the walls come tumbling down. To the cry of "Cherchez La Jonquiere" the Demons leapt into the air to save us all from ??? There are plans in the mill to have the party sometime this month so don't despair. News of when and where will be announced shortly.

F-T Tom Trinder has left us to return down under. Tom and Joan will be missed in the mess but their stories of life among the Kangaroos will always be remembered. Replacing Tom as Australian Exchange Officer as F-L Bob Stewart and his wife Ann. A hearty welcome to Bob and Ann from all the Demons.

S-L Hal Bowman will be retiring in July of this year. Now we will have to find someone else to lead the 407 Light Opera Company. It also means a search for a new "baby-sitter" for A Flight.

F-O Ivan Hawley has been transferred to 2 (M) OTU at Summerside. F-T "Jungle Jim" Ganderton, who is at present on course at Winnipeg has been transferred to the National Research Establishment at Ottawa. F-O Lorne Scott has started a rumor that he has been posted overseas.

The recent influx of personnel has had its humorous moments. As one fairly new arrival submitted a leave pass, the comment was passed, "I didn't think he had been in the service long enough to qualify for leave." It's tin helmet time again as all the old war stories are fed to the sprogs.

Rumor of the month - "Danny Donaldson is giving up cigars."

A hot scoop has February 20 as the tentative date for the next attempt to launch the 407 Officers' Christmas Party. Further news may be picked up in the laundry room of the Comox Apts.

The number of VIP's visiting the station these days makes me a bit hesitant to start any good rumors. One never knows when they will get carried back to Ottawa and become policy. So till next 21st, "BE GOOD MUSHROOMS".

Jan. 28, 1965

Record snowfall

Ninety-seven inches of snow so far this winter, plus a shivering 10 degrees above zero on December 31.

On December 16 snow began to fall on the cold wet ground of Comox Air Force Station. Fourteen days later 73½ inches of snow had fallen. This broke the previous December snowfall record of 51 inches established in 1949. Sgtr. R.S. Liman of the Meteorological Section stated that on the morning of December 31 a record low of 10 degrees above zero was set. He further stated however that precipitation records only went back 20 years and temperature records to 1925. On the 18th and 19th of December a total of 29 inches of snow fell, while the heaviest snowfall for one 24-hour period so far has been 23 inches on the 30th of December. So far 97 inches of snow has descended upon this fair sea coast flying station. Sgtr. Liman said that although the majority of people complained of a long wet year, 1964 was actually one of the driest as far as total precipitation goes, over the past 20 years.

The job of clearing this huge deluge from runways, taxiways, roads and many other areas fell on the shoulders of the Mobile Support and Construction Engineering Sections. The MSE Section had to run two 12-hour shifts for their snow removal crews. Finally the whole section had to revert to the same schedule in order to cope with the task at hand.

They had two blowers, two plows, four sweepers, one grader and two bulldozers in

operation. In addition, one grader, three front-end loaders and seven trucks had to be rented. All these items worked continuously until January 12 by which time most of the major clearing and removal had been accomplished.

This record snowfall obviously was not expected and certainly not wanted by most.

The problems involved in coping with it were many. First of all, they hadn't enough equipment. This problem was eased by the airlifting of a snow blower and a plow from storage at Station Namas, via C-130B Hercules and also by the renting of several items. Secondly, the task of co-ordinating the removal was difficult because of communications. At the suggestion of the Commanding Officer, G C Ireland, a radio transmitter receiver was set up at the MSE Section. This one solution alone helped immensely in ensuring that the whole operation would run as smoothly as possible and with a minimum of wasted time. Contact with the working equipment was continuous.

FINE CO-OPERATION

F L Eric Cook, the MSEO, emphasized that without the continual and expert help by all sections concerned especially Station Workshops and the Flying Squadrons, his job would have been almost impossible. "Station Workshops worked day and night making spare parts, new parts and fixing all the damaged equipment. I was extremely happy with their work," he said.

Mar. 15, 1965

Flying boat pilots

RCF Station Comox, B.C., March 15 - Among the activities of 121 Rescue Unit at RCF Station Comox is the operation of the only flying boat school in the Air Force. Pilots (with their instructors) who recently completed the six weeks initial course are F L J. Johnstone, F O M.J. Laird, instructors, F L's Frank Steven, Earl Neale and Doug Metcalf, F L G. Shorey and F

O B.A. Lockerby. F L John Johnstone of Glasgow, Scotland was a flying instructor at Penhold, Alberta and will now serve with 103 Rescue Unit at Greenwood, N.S., the RCAF's East Coast rescue unit.

F O "Mac" Laird of Watrous, Sask., has just completed his RCAF pilot training and will join F L Johnstone at 103 Rescue Unit



Vol. 6 R.C.A.F. STATION COMOX, THURSDAY, JUNE 10, 1965 No. 10

Ban the bombers 'Sit-in' fizzles

Protest group ignored
return July 18, Aug. 28-29

RCF Station Comox had the dubious pleasure of hosting a group of "Peace Marchers" during the week of 2-6 June.

The demonstration was in protest of Canada's participation in the nuclear weapon club, and was the climax of an uneventful 140 mile walk from Victoria, B.C.

The group varied in size from four to fifty. They were, generally speaking, of the beatnik type; dishevelled, young but serious in their beliefs.

Though definitely not looking for trouble, perhaps they enjoyed the offbeat demonstration and the kicks it provided.

Eleven marchers arrived in Comox at 1 p.m. on June 2nd and stood outside DND property with placards and symbols, trying to pass out hand-bills.

This first vigil was totally ignored by the public as people simply went on with their business, giving the demonstrators only a passing glance. The first phase ended at 6 p.m.

On June 3 the force had dwindled to six patients, but bored, youngsters. Again outside the main gate, and again uneventful, and terminating at 6 p.m.

Friday June 4 produced five marchers at 8 a.m. and as before they rotated about every three or four hours and quit at 8 p.m.

Just after midnight four marchers began a vigil which was to last until Sunday morning. At 8 a.m. Saturday about forty-five to fifty sympathizers showed up and remained outside the DND property line.

Where there previously were eleven major commands in Canada there will now be six: Mobile Command, Maritime Command, Air Defense Command, Air Transport Command, Training Command and Material Command.

A CIBC and 1 Air Div will continue to report direct to CFBHQ because of nature of their roles.

Administration of militia, aid to civil power, civil survival and provincial representation will be provided by small regional offices reporting direct to CFBHQ. Initially there will be four regional and twelve subordinate

THEN THWARTED BY "TOO MANY GATES"



"BAN THE BOMBERS" SITTING IN FRONT OF MAIN GATE

Ottawa undertakes second major step in integration

Command structure of Canadian forces has been redesigned and disposition of these offices is under study.

Largest of new functional commands will be Mobile Command composed of First and Third Cdn. Infantry Brigades Groups, special service force, and tactical air units.

Role of Mobile Command will be to maintain combat ready land and tactical air forces capable of rapid deployment in circumstances ranging from service in European theatre to U.N. and other peace keeping operations.

Location of HQ Mobile Command is under study. Maritime Command will consist of sea and air Maritime forces on Atlantic and Pacific coasts. Primary responsibility will continue to be anti-submarine operations but with added versatility including provision of sealift in support of Mobile Command.

HQ Maritime Command will be in Halifax with deputy Commander in Esquimaux. ADC role will be as heretofore to provide combat ready air defence forces to meet NORAD commitments.

The new command structure is the product of careful study by defence staff. Major field commanders of all services have been consulted in detail on the plan which is four months ahead of schedule. The commanders whose names will be announced shortly will be responsible for the detailed planning of the organization and operational procedures of their commands.

Feb. 11, 1965

Glacier Gardens opens



G/C E. G. Ireland - F/O L.E. Stedman

The official opening of the "Glacier Gardens" ice arena was held on January 30th, 1965.

The ice arena was opened by Group Captain E.G. Ireland, Commanding Officer of Station Comox. He was accompanied by several visiting dignitaries including Rear Admiral and Mrs. M. G. Stirling, Maritime Commander Pacific; Captain and Mrs. Nairn, RCN Naden; Mayor and Mrs. Hobson of Courtenay; Commissioner Ellis of Comox and Commissioner Henderson of Cumberland. Also in attendance were the president of the Comox-Courtenay Chamber of Commerce, Mr. C. Pierce, Mrs. Pierce, and several civilian contributors to the construction of the rink.

AIR COMMODORE BREAKS LEG

Air Commodore R.C. Weston was to have attended the opening, but unfortunately broke his leg, while skiing at the Forbidden Plateau 15 miles west of Comox. The Air Commodore spent the night in the RCAF hospital here and motored back to Victoria the next day with Mrs. Weston.

COMMANDING OFFICER'S MESSAGE

Group Captain Ireland stated that the official opening was the culmination of a great deal of planning, organization and straight forward hard work.

He went on to say that since 1962 several plans had been presented but it was not until early 1964, when non-public funds became available for a loan, and with additional financial backing of all the service personnel of Station Comox, that the plan was approved.

Personal appreciation was expressed for the invaluable work done by the Technical Administrative and Recreational sections of the Station. All this work was done in off-duty hours and represented a huge task. Accounts and Construction Engineering were especially helpful. Aside from the bare frame-work, walls and roof, most of the work was done by volunteer labor. A great deal is owed the dedicated handymen of our Station.

A debt of gratitude was paid to those public spirited individuals and firms who freely contributed their resources to the very tight budget that the rink was constructed on. Group Captain Ireland stated that this generosity is evidence that the arena will be a good thing not only for Station Comox but also for the whole Comox Valley.

The name of the arena, "Glacier Gardens", was selected from a suggestion contest, and was submitted by Flight Lieutenant McKenzie, Flight Sergeant R.S. Eldridge and Corporal E.V. Langlois.

In conclusion the Commanding Officer mentioned that only the bare essentials were available now. Dressing rooms, a snack bar and changing rooms will come in the future.

Mar. 25, 1965

121 reports

During the past couple of weeks the troops haven't had much problem in getting their flying time. As usual at this time of year, everybody with any leave left is frantically trying to weave it in. Throw in a mixture of searches, air-evacs and half a dozen training trips into the half empty pot and it keeps everybody pretty well hopping.

A fairly intensive search was made two weeks ago of the Hecate Strait region, off the Queen Charlottes, for a 65 foot fishing boat that went missing in heavy seas with seven souls on board. A bit of debris was found in the vicinity, but nothing that could be identified. To date nothing else has shown up.

A number of long range and cross-country training trips have been completed so far this month. On one of these, I think we've got another first. I'm speaking of F L Keith's short field landing at Kelowna. Surprising how quickly those beats will stop when the wheels won't turn. This of course is only the land record. F L Willard, I'm sure, has the water landing by far.

Seeing that nothing much else has occurred on our illustrious unit, I'm going to use this tres valuable space to repeat a small incident taken from "Air Clues" who have taken it from "Flight International". You can just tell it's going to be good.

It seems some of the airlines have the R T piped over the PA system for the interest of the passengers. This would be particularly interesting in making a controlled approach in low IFR conditions. A certain pilot in Australia after making such an approach forgot he was "live" to the cabin and on rolling to the end of the runway remarked to his co-pilot, "What I want now is a cold beer and a hot woman." The stewardess who had been walking toward the front cabin, broke into a run to remind the pilot that he was still talking to the passengers, when someone in the second row called "Don't forget the beer."

Man! That's real crew cooperation. The moral of the story of course is to always demand the woman before the beer.

Mar. 15, 1965

RCAF's new helo Renamed "Labrador"

The Royal Canadian Air Force's new CH-113 helicopter has been named the "Labrador", Canadian Forces Headquarters announced today.

The change in nomenclature is to differentiate the CH-113 from the CH-113A Voyageur operated by the Canadian Army.

Both of the helicopters are Vertol 107s produced by the Boeing Company's Vertol Division. The differences are in refinements of the basic model for the specialized jobs they perform.

The Labrador (CH-113) operates from RCAF search and rescue units across Canada. It is an all-weather helicopter fitted with additional fuel tanks for increased range needed in search and rescue operations.

Both the Labrador and the Voyageur can be used as troop carriers and both have a cargo capacity of 2,000 pounds.

April 29, 1965

121 Helo aids

Mt Kennedy ascent

The recent participation in the Mt. Kennedy expedition by a Boeing-Vertol Labrador helicopter of 121 KU crewed by F L Campbell, F L Hughes, Sgt. Scobey, Cpl Hodge, Cpl Franks and LAC Mader was totally by chance and came as a complete surprise to the crew as well as to the rest of the Air Force. On Monday the 22 March, Labrador 10402 was flown into Whitehorse for a refueling stop before proceeding to Trapper Lake to pick up equipment left there on a previous mission.

The helicopter had already started up and was preparing to take-off when Senator Robert Kennedy and party arrived from Juneau on a Wien Airlines Fairchild F-27. The weather at the time, though good in Whitehorse, was reported to be too bad for fixed wing aircraft at Mt. Kennedy so the Senator asked Mr. G.R. Cameron, the Commissioner of the Yukon, if the services of the Labrador could be obtained.

The Commissioner put through a phone call to the office of the Minister of National Defence and the helicopter, which by now was twenty miles south, was recalled. Approval from the Minister was received and about three p.m. and the Labrador, with the Senator and party on board, took off for the mountain.

SUNRISE AWAKENING - AS CREW RETURNS

The weather at the mountain remained amazingly good and the climb was made in record time,

being completed by late Wednesday night. Thursday morning the 25 March the helicopter departed Whitehorse at 5 a.m. and proceeded to the mountain, arriving at 6 a.m. The noise of the helicopter which was audible in the still mountain air from 20 miles away had awakened the tired climbers and tumbled them out of their tents as the helicopter landed.


Cpl Vic Hodge of the helicopter crew has a comb, now probably carefully framed, that Mr. Kennedy borrowed at this time to try to tame his famous unruly locks. The helicopter was quickly loaded and the still tired climbers were returned to Whitehorse for a very welcome breakfast, shave and shower.

KENNEDY'S ORDEAL OVER

Since the completion of the climb there have been many derogatory comments in various news media about how easy the Senator's climb was. It should be pointed out that for anyone not experienced in climbing even walking at these altitudes, let alone on snowshoes, mukluks or crampons, that one has never worn before, can be an ordeal.

It should also be pointed out that only one reporter had the stamina to make it to the high camp which was the easiest part of the climb and he got no higher. Senator Kennedy's climb was a fitting tribute to his brother and an accomplishment he can be very proud of.

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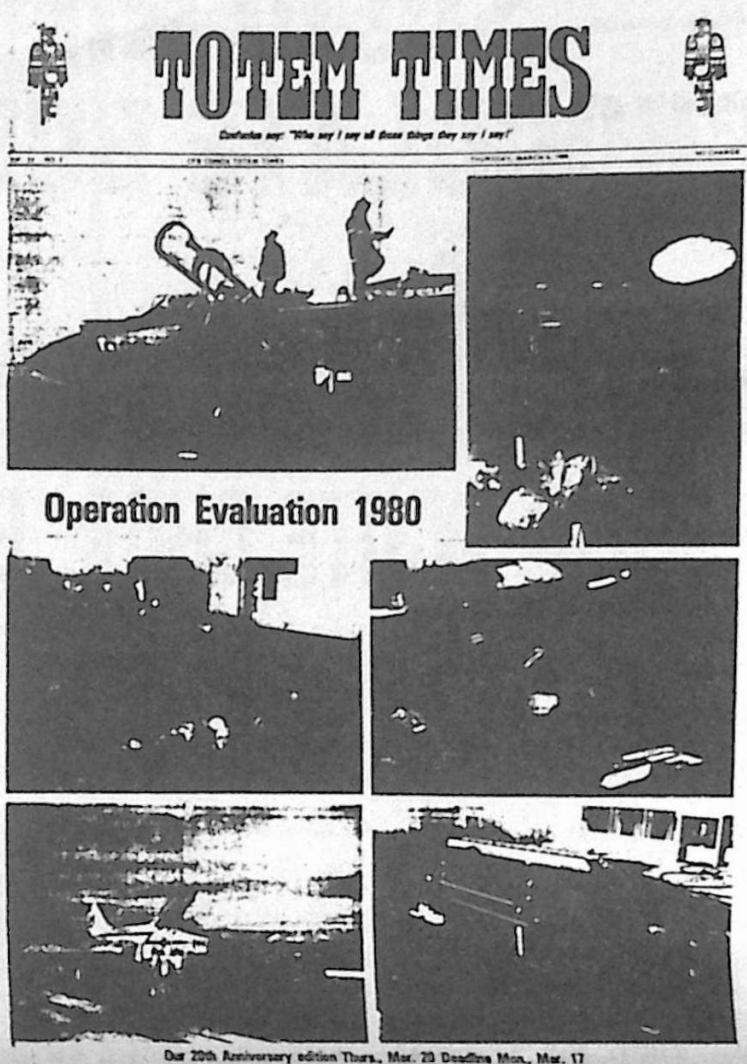
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Totem sports

Youth bowling

Jennifer Hall's superb 317 single, Michelle Maniak's 277 and a fine all around team effort sparked the junior girl's team to a fourth place finish in the 12 team YBC Provincial Playdowns in Vancouver on March 15th. Joining Jennifer and Michelle in this excellent showing were Debbie Steele, Leanne Houston and Patricia Stallard. The girls were in the running for top honors from the start and their game totals of 978, 888, 910 never left them out of sight of the eventual winners from Richmond.

The Bantam girls team of Nicole Young, Lori Davies, Karen Chislett, Cheryl Turk and Lorill Hill also represented the North Island in the provincials and while not having quite the success of their older counterparts made a very good effort and gained much valuable confidence.

Win or lose the trip to Vancouver was very rewarding for all the girls and an experience they will long remember. Each one demonstrated personal character that is a credit to her family and her league and they received many compliments for their deportment and appearance during the superbly organized tournament.

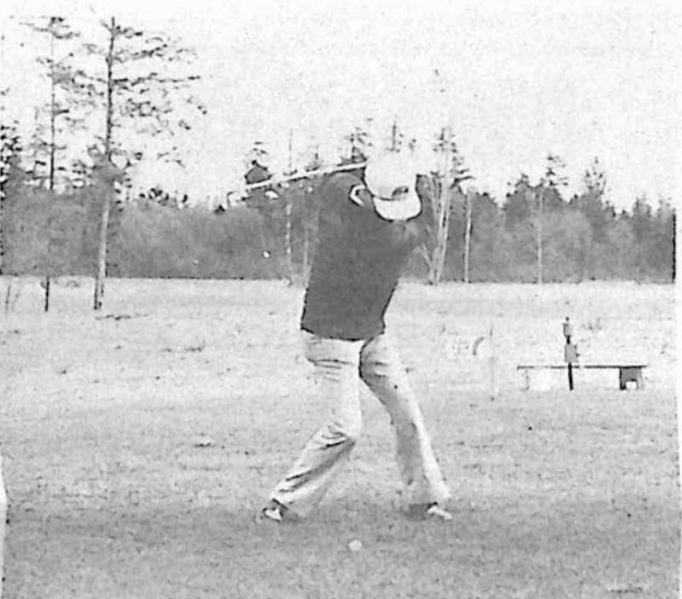
While the two girl's teams were beating out eight challengers in the North Island Zone rollofs we had several others that were not so fortunate but showed the same good competitive spirit. Those not advancing included:

Bantams: Singles - Tanya Dickins and Jerry Veldhuis; boy's team - Curtis Dyer, Jeff Parker, Brian Hall, Craig Dyer and Lief Freeman.

Juniors: Singles - Nadine Leger and Danny Veldhuis; boy's team - Raymond Hill, Earl Scott, Peter Bourgeois, Pat McMahon and Darren Lavigne.

Seniors: Singles - Madeline Verchere and Pat Hudson; girl's team - Donna Cook, Kellie Lavigne, Sherry Rossiter, Angela LeGault and Linda LeGault; Boy's team - Kevin Sleight, Michael Smith, Warren Mead, Richard Gillard and Richard Hall.

On matters close to home, a reminder that league playoffs start on March 29 and teams will be selected to meet Courtenay on April 12 for the valley YBC Challenge trophy. Also the rec centre is under the control of the YBC staff on Saturdays and entry to the building is restricted to bowlers and adults in possession of special passes.



Head down eyes on the ball. . .

BASE COMMANDER COL. B.T. BURGESS is seen driving a ball to the top of the hill on the No. 1 Fairway to officially kick off the 1980 golf season at Glacier Greens. The season is well underway with a lot of avid golfers taking advantage of our relatively good weather and fair condition of the course. Don't forget the general meeting on Sunday 23rd March at 1300 hrs. in the club house. If you haven't already joined you can do so at the pro shop by paying by cash or by taking advantage of a no interest pay assignment.



Intersection B-ball Champs

Well, the season has now reached its end and it has the headquarters team being the champions. Powered by the leagues' top two scorers, Roux and Phinney, they eliminated the BAMSO squad two straight in the semi-final and the colorful 407 Squadron

team, 3 games straight in the final. It was a good season for the H.Q. team losing only 2 of the 25 games to the combined 409-442 team who were eventually defeated by 407. H.Q.'s had superb goaltending by Roy and strong defensive efforts by Andrews, Pitcher,

Stringer and Christensen. Great checking from Beaudry and scoring abilities of Dick, Mathieu, and St. Pierre enabled the H.Q.'s team a clean sweep of the playoffs 5 games to nil. Final game was 6-4 overtime.

Photo by M. Robert

PMQ ball

The first baseball registration will be held on March 22, 1980 at the Airport school from 10:00 to 1:00. This includes Squirts, 6 to 9 years of age, Midget girls, 10 to 12 years of age, Little League, 10 to 12, Bantam Girls, 13 to 15 years of age, and Babe Ruth Prep, 13 to 18 years of age. Persons registering need to bring proof of age either birth certificate or medical card, preferably birth certificate. Looking for personnel who are interested in giving a little of their spare time to helping young kids learn about ball.

Also looking for anyone interested in helping get the ball diamonds back into shape so we can have good and safe fields to play on. The next registration will be held on April 12, 1980, the same place and time. Anyone not being able to make these dates can still get their child registered by contacting SSGT Tucker at Loc 446 or home phone 339-5937, or coming by PMQ 7A. The cost of registration will be as follows:

PMQ resident - \$5.00 per child or \$10.00 per family.
Non-residents - \$8.00 per child or \$16. per family.
Personnel not paying PMQ Assentment - \$6.50 per child or \$13.00 per family.

Oldtimers take 2nd

The CFB Comox Oldtimers played their way to a second place finish in the "D" division of the National Oldtimers Hockey tourney in Vancouver. There were one hundred teams in divisions A to H and sixteen teams competing in "D" division. The Comox squad played five games, winning four and losing only one.

In the first game Comox beat Sagkeeng Manitoba 4-2. Goals scored for Comox were Greyjules with three and Tressell one. Comox defeated Enoch, Alberta 5-2 in the second game with Bailey, Flath, Blais, Fraser and Burgess scoring. Again in the third bout, Comox came up on the winning end of a 5-3 tussle with Orillia, Ontario. Blais and Fraser combined for the winners getting all the goals.

After playing to a 1-1 tie with Surrey, in both regulation and a five minute sudden death overtime period, the teams went into a shoot off. Comox managed two goals, and goaltender Don LaMouche played outstanding in the nets to earn a shutout and secured the Comox win.

The championship game was played in the Vancouver Coliseum and saw Comox play Oshawa, Ontario. Going into the third period, Comox trailed 3-2. Oshawa went ahead 4-2 then Comox narrowed the score to 4-3. The old legs couldn't put out as much as the players hearts demanded and the smooth skating team from Ontario added two more insurance markers to end the game 6-3.

Saturday the team suffered several frustrating and emotional events that did not distract them from their ability to give one hundred per cent on the ice. First, the bus blew a tire on the way to the forum, and during the second game old Ron Bailey suffered a broken leg and still remains in hospital. He is however recovering well after successful surgery.

During the second period the teams dressing room was broken into and over \$500.00 was stolen. Although it dampened the spirits the team rebounded with a win and a final game Sunday afternoon. The members of CFB Comox oldtimers wish to thank all those Base personnel who made this trip not only possible, but successful.



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TEAM	GP	W	L	T	Pts.
HQ	18	16	2	0	32
407	20	11	6	3	25
409-442	20	7	9	3	19
BAMSO	19	7	11	1	15
MP's	19	2	16	1	5

SCORING				
PLAYER... TEAM	GP	G	A	Pts.
Roux, HQ	17	22	22	44
Phinney, HQ	16	18	11	29
Beaudry, HQ	13	8	9	17
Kerr, 407	16	12	4	16
Mathieu, HQ	14	8	7	15
Pitcher, HQ	11	7	8	15
Price, 409-442	14	8	6	14
O'Gorman, 409442	17	9	5	14
Pivin, 409-442	11	4	8	12



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BACK ROW: Vic Wheeler, Jim McBride, Blair Wilkinson, Kevin Garland, "Newt" Coffield, George Goodman, Bill O'Connell, Hal Gold, A. Simpson. **Front row:** Brian Smith, Ray Ramsdale, Cam Copeland, "Jock" Brown, Al Burden and Pat Patterson.

1960 Base soccer

On Sunday, September 18, the Station soccer team entertained Cumberland United in their first league game. In driving rain, G C Miller kicked off and the season was officially opened.

Under difficult conditions both teams played good football. Brian Smith scored the first goal of the season to give the Station a 1-0 lead at half time. With the wet ground making the ball difficult to control there were many exciting moments in both goal areas. Gord Barker scored after a good attack to make it 2-0, and shortly afterwards Cam Copeland scored a third for the Station. Cumberland were always a threat with some dangerous attacks and reduced the lead with a fine

goal. No further goals were scored and the Station were the winners 3-1.

For their second game, the team travelled to Port Alberni to play the "Alberni 54's". This team play the Continental short-passing game and scored 15 goals against Courtenay in their previous match. Unfortunately, the Station were not at full strength but managed to field a fairly representative side. The Alberni team, moving very fast to the ball, scored two good goals in the first 20 minutes but the Station team settled down and came more into the picture. In the last 15 minutes, after a series of attacks, a shot from Pat Patterson on the right wing was pushed out by the Alberni

goal keeper and Hal Gold, following up well, put the ball into the net to make the half time score Alberni 2, RCAF Comox, 1.

After the interval the Alberni team gradually gained the ascendancy and scored three more goals. The overworked Station defence did very well to keep the final score Alberni 5, RCAF Comox, 1.

The station team's next game will be against the Tyees at Campbellton at 1400 hours on Sunday, October 2 at the Sports Grounds. We hope you will come out to the station sports field on Sunday, October 9, also at 1400 hours, when Courtenay will be the visitors.

RCAF wins '65 Basketball

Last Friday afternoon the Station basketball team headed south to HMCS Naden for the annual Tri-Service Tournament. The team held a practice early that evening so the players could adjust their ball handling to the new gym floor. So everyone would be well rested for the coming Saturday contests, most of the team hit the hay early Friday night.

SATURDAY MORNING.

The tournament consisted of the three Service teams and each team played two games. The Army and the Air Force drew the first match out of a hat. The winner would get a bye to the third game and the losing team would play the Navy. Then in the third game the Navy would have to play the winner of the first game. This meant that two teams would have to play games back to back. As it turned out both the Navy and the Army had to play back to back while

the Air Force team had a good rest period between their two games. This set-up favored the Air Force team and was especially noticeable in the final game.

The first game which was between the Army and Air Force remained a tight-fought battle all the way with both teams going into the lead at times in the first half. The second half saw the Air Force pull into the lead and stay there. The final score of the first game was 64 to 52 for the Air Force.

The second game between the Army and the Navy was the most crowd-pleasing of the afternoon. The game started off at a terrific pace for the first ten minutes then the Army jumped into a ten point lead. The battle kept up for the duration of the second and third quarters. It was not until the final five minutes that the Navy team came back to life and made a bid for the lead. But the Army team

was just a little too strong and managed to hold the Navy at bay. The final score was 76-74 for the Army over the Navy.

SATURDAY AFTERNOON

The third and final game of the day became a rout for the Air Force team. The Navy were obviously tired from the preceding game and within the first five minutes of play the Air Force had a commanding 24-6 lead. From then on there was no looking back for the Air Force as they began to pile up the points. The weary Navy squad just couldn't keep up with the pace set by the Air Forces team. The final score was 97-42 for the Air Force over the Navy.

This is the third consecutive year that the Air Force has walked off with top honors in the Tri-Service championship. The competition this year was as keen as ever but the local squad is hoping to keep the cup around for a couple of more seasons.



CFB COMOX Zone One Champions: 1 to r, back row: WO R. Ellery (manager), Grant Morrison (coach), Stew Smith, Ivan Grant, Dave Wood, Stephens, Jerry Lappierre, Mike Fawcett, Art Howald, Bill King (trainer); 1 to r, front row: ??? how did he get there, Barney Neupoff (team doctor), John Sluggert, Al Roque, Paul Godin, Ken Shields, Pat Fogarty and Marty Fraser. Missing John Calback, Rod Harrison, Doug Calberry and Russ Buglass.

QQ wins '67 hockey

Elements of what used to be the three services formed up long enough to have an Army, Navy, Air Force hockey tournament at Glacier Gardens on the 29th and 30th of March. The Comox team made up of players from the Intersection League won the tournament in a walk by defeating the Army reps from Chilliwack 10-4 and the Navy reps from Esquimalt 25-0. Both the visiting teams suffered from the absence of their best players. The Army team from Chilliwack was only their second best as the first team could not play as the local league is not registered with the BCAHA. The Esquimalt team was minus one of their best players due to duties. Comox was represented by the high scoring Calback line from 409 and the Calberry line from 121 along with a sprinkling of players from the other teams in the Intersection League.

In the first game between the Army and the Air Force it only took the Roque, Calback, Lappierre line 36 seconds to score. From that point until the end of the first period the local team scored four more goals to the Army's one. In the second period the Chilliwack team skated hard but could only manage to keep even with the Air Force team as both teams scored two goals to make the score 7-3. Early in the third period the Army scored their final goal and managed to hold off the Comox barrage until half-way through the period. The last Air Force goal was scored by Wood with 9 seconds to go to make the final score 10-4.

The second game of the tournament was between the Army and the Navy. The first half of the first period was an even match with no scoring. The Navy finally gained the upper hand and by the thirteen minute mark were leading 4-1, however, the Army came back in the last minute of the period to score two goals.

The Navy scored with 12 seconds to go to lead 5-3 at the end of the first period. As in their first game the Army came out full of fight in the second period and scored the Navy four goals to one to lead the game 7-6. In the third period the teams checked closely and the score held until the 14 minute mark when Sears of the Navy evened the score at 7 a piece. With two minutes to go in the period Watts of the Army went in alone and put the puck past Storrer in the Navy nets to put the Army ahead. This goal and the failure to score on a penalty shot seemed to take the wind out of the Navy's sails and with 10 seconds to go Hygaard scored from Grant to give the Army a 9-7 victory.

The last game of the tournament involved a certain amount of confusion for the stalwart fan as the Air Force team showed up in the Army uniforms. As it turned out the only complete set of intersection sweaters that were available were a basic white, the same colour as the Navy sweaters. The strange paraphernalia seemed to make no difference to the Comox team as they proceeded to trounce a game gaggle of sailors. Roque started the Air Force scoring with a goal after a minute of play in the first period. From there Comox went on to score six more goals in the period as they completely outskated, outpassed and outmanoeuvred the Esquimalt team.

With a 7-0 lead one would have thought the Comox players would have taken it easy, however, the coach Grant Morrison harangued them and Smitty treated them to a few comments about other years when the sailors were on the other end of a big score. With an eye to pride and yesteryear Grant started off the scoring in the second period as the Air Force bombarded Storrer in the Navy nets. At the end of the period the Air Force had scored 11 goals and were leading 18-0. The highlights of the period were a breakaway save by Smith in the Comox nets and three goals in the 31 seconds by the Air Force line of Roque, Calback, and Lappierre. By this time the Navy team was convinced it wasn't their day, however, they continued to display good sportsmanship. After a few more words from the coach the Air Force team came out to score in the third period. Lappierre started it out with only 17 seconds gone in the period. He scored on the Navy sub goalie, Murray, who was injured on that play and as a result only managed to play 17 seconds in the game. The game ended with the Air Force ahead 25-0.

TOP FIVE SCORERS	G	A	Pts.
Calback (AF)	8	7	15
Lappierre (AF)	6	9	15
Roque (AF)	5	9	14
Fawcett (AF)	2	8	8
Sluggert (AF)	5	2	7

Tournament Badman: Kimberly (Army), 24 minutes.



'74 pigskin champs

PACIFIC REGION CHAMPS: Front (L-R) Dave Boxall, Vic Lee, Bob Orr, Brian Lavigne, Barry Hunter, Claude Roberts, John Power. Rear (L-R) Rolly Cramer (coach) Glen McDonald, John Mieder, Dennis Tipton, Marc Simpson, Tim Murphy, Byron Stanley, Gary Anderson, Ed Silva.

409 V-ballers best in '61

409 Aircrew proved their fitness (through 5BX of course) by trouncing the other Airforce entries in the 5 Air Div. tournament and then going on to defeat the Army and Navy in the Tri-Service Series to win the Brigadier Bishop Trophy for volleyball.

Representing Comox in the Inter-Air Division tourney, the 409 Nighthawks took 12 straight games to defeat Station Vancouver and Sea Island. This win gave them the right to represent the Air Force in the Tri-Service Meet.

On Friday evening, February 3, the Army took two games from the Navy in the first series, while the Air Force team took three straight from the Navy in the second.

The 409 team, led by playing coach S L Ken Jackson, used only one extra man for this tourney, Ed Mullaney.

Saturday's games proved to be more interesting, as the teams seemed refreshed, and showed more co-ordination. In meeting the Army, the Airforce took two while Army counted the other. Again the Station Boys downed the Navy in three straight and the Army did likewise, giving them the opportunity to meet the Air Force in the final playoff game.

Some of the best volleyball of the tournament was seen during this game as once again the Nighthawks plus one proved their volleyball superiority by defeating the boys in brown in three straight games.

In all, the Station Comox squad took 13 games to give the top honors, and the Brigadier Bishop Trophy.



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Tri-service basketball champs

D. NEWMAN, P. MCALOON, W. Womack, R. Gillespie, M. Premesler (coach) E. Neilson, R. Lemm, G C E G. Ireland, F. Niccum, Q. Kea, R. Pierce and R. Norrie. RCAF Basketball Champs.

PAC broomball champs in '75

This year the CFB Comox Totems broomball team has won the Pacific Region Championship for the third straight year. Unfortunately the National Championships to which we would be going, are not being held this year, and unless we are challenged by someone, the season for us is over. Let me at this time issue an invitation to any team anywhere to a game, the time and place to be decided upon as soon as possible.

And now for the team line-up. Centres: Jim "Crazy Legs" Whelan; Mark "Fuzz" Simpson; George "Chubby" Chequis; Norm "Smokey" Hebert.

Right Wing: John "Read Runner" Bergeron; Brian "Spook" Uddenburg; Garry "Goal Post" Woods.

Defense: Bob "Spaghettilles" Cuvillier; Garry "Andy" Anderson; Mike "The Entertainer" Lemieux; Mike

"Captain Weird" Dandurand. Goaltenders: Jack "Bus Driver" Dupont; Ron "Broken Nose" Burnell. Coach: Brian "Weiner" Lavigne.

There are only words of praise that I can say about the team, and anyone who witnessed the games we played in the Zone Playoffs can attest to the players' ability. Team spirit is high, and we all hope that with the opening of the new arena in Courtenay, next year there will be a league downtown as well as the biggest and best intersection league ever on the Base.

As for the spectators and fans - if you would like to see more broomball, perhaps if you let your feelings be known to the arena and "rec" centre personnel, and if there were enough of you, they could schedule some night games for next season; or maybe even one or two of the playoff games for intersection in the

next week or two?

We would like to thank everyone for their support, and hope that we have the privilege and opportunity to perform for you again in the near future.

We would also like to thank the "rec" staff for their efforts on behalf of the people involved in the "Zones". We hope that it established the belief that broomball can be as crowd pleasing and as good a drawing card as hockey. Let us hope their support increases as the game develops into a major sports attraction, especially for the non-skaters, as it gives them a chance to enjoy a winter sport without the special skills required in skating.

Thank you all again, and until next game or next year as the case may be, we are the Pacific Region Champions - CFB Comox Totems Broomball team.



Pacific Region's Broomball Champs, for the third year in a row.



Seen any of these lately???

AND HERE we have ... old Muddy proudly holding his 13 lb. fresh run doe steelhead caught in the Puntledge on Jan. 4. The fish tried to devour one of old Muddy's No. 8 spin and glo lures but came up with the short end of the deal. Notice the bright silver color of this fresh run fish.

'69 fishing notes

Steelhead fishing is now in full swing up and down the Island. The Qualicum Rivers, Big and Little, the Puntledge, Campbell and Quinsam are all producing lots of big sea-run rainbows. Rumour has it that a 21 pound fish was taken from the Puntledge, but this has not been confirmed.

The New Year's leave period fishing, though restricted by snow in the woods along the rivers, was very productive, and the Spin-N-Glo lure proved just as productive as roe. So if you're a bait fisherman why not try lures for a change, you'll find it a more satisfying method of fishing, at least in my books. Constantly baiting and rebaiting a hook in 30 degree weather is not the most comfortable practice; and with lures you can wear gloves and still cast satisfactorily.

The first 1969 meeting of the Base Rod and Gun Club with newly elected (CNR) president Jack Parker in the chair, assisted by new secretary Bill Field, was held 15 Jan. '69 in the BGTO's lecture room. Among the subjects discussed were rentals of NPF cartop boats, the launching ramp tragedy and steelhead fishing methods and gear. A trophy for the best set of deer horns was presented to "Dinger" Bell, 409 Weapons Loading. His first B.C. deer was equipped with a nicely balanced set of horns which measured out the winner. It was decided to hold future meetings on the third Tuesday of the month to avoid conflict with hockey telecasts and Mess functions. The next Club meeting will be 18 Feb. '69, place - BGTO's lecture room in Rec Hall, time - 2000 hrs. All interested sportsmen are welcome - bring a friend!

Flying control and aircrew

1. Turn from thy appointed way hurriedly when instructed by him, lest ye find thyself making merry with thy fellow birdman's appendage, for the controller's sight encompasses that which thine eyes cannot see, yea, even unto thy wildest dreams.

2. When the controller sayeth unto thee with the voice of urgency "HOLD", holdest thou with the greatest expediency and without argument lest this be the final opportunity for thee to hold.

3. Should the voice from the air which is the controller's, clear thee for takeoff, go thou like the wind, for perchance there is a machine of flight on a short final which planneth to use the very surface upon which thou sittest in a very short time, yea, even unto seconds.

4. Should conditions surrounding thee be that which are known as IFR, ask him not for VFR takeoff, for should he allow it he will find himself in more trouble with that agency (administration) known as the FAA, and the law of the land adjureth harsh penalties upon these happenings.

5. Speak unto him with a voice of honey. Use him as a brother lest he become excited, confused, loseth his wits, and give thee a right turn out when a left turn benefiteth the occasion, for lo, a controller loveth a calm, courteous pilot above all things.

6. While in his area, keep the controller informed well in advance of thy every intention, and believeth not that he readeth thy mind, for in spite of popular opinion he is human even as thee and me.

7. When thou hearest the words from the little black box sayeth "Unable to approve account traffic", beseecheth thou not from thy lofty position to change his decision for, lo, had not the traffic been there the words would not have been uttered; for he hath the eye of an eagle, and sees all without restriction.

8. When the clearance is of the VFR-On-Top type, stay ye from the proximity of thy brothers who are holding, for lo, the poor controller is sorely tried to explain to his IFR charges the presence of strange birds.

9. Asketh for instructions in a voice that is calm and clear so the controller will understand thy wants; confuseth him not lest he clear thee for final on "36" while clearing one of thy brothers for takeoff on "18".

10. Watch thou closely for all four-wheeled earthbound vehicles. They are numerous and unpredictable, yea, even as a whirlwind. Treat them with fear and respect while taxiing lest they charge upon thee with the speed of a lion and the fury of a tornado, for their drivers may be uninstructed in the ways of birdmen.

The preceding article appeared in the January 1980 issue of the DARTS (Directorate of Air Regulations and Traffic Services - NDHQ) Newsletter.

WOs' & Sgts' wives club

The Warrant Officers and Sgt's Wives Club held their monthly meeting Monday March 10th.

After the business meeting, a games night was enjoyed by all, with delightful prizes being awarded to the winners. Our next meeting will be Monday April 14th when we

will be entertaining members of the Officers Wives Club, with a wine and cheese party and a fancy Easter Hat contest. There will be prizes for the prettiest, most original and many other categories. All members are cordially invited to attend this fun meeting.

PMQ preamble

PMQ Residents: A few of you are still ignoring the facts that your pets, dog and cat, are NOT to be allowed to run around the PMQ area. If you are one of the individuals who are letting your animal run loose a fine is staring you in the face if your pet is caught by the dog catcher.

It's for your own good if you keep your pet confined to your own yards. If you don't mind shoving out the bucks then by all means let your pet run loose, but just think if there is 3 or more complaints against you letting your pet run free, your pet could be looking new owners in the face. THINK ABOUT IT!

In my last article concerning the siding being put up some people were intimidated by the remarks I made. If there was no truth in the statement then why were these people upset (this is putting it mildly) with me?????

I feel that the MILITARY people should know of their rights and that is the main reason which was behind the last article.

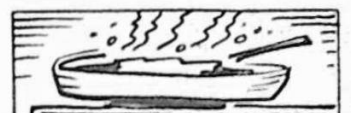
COUNCILLORS: The next PMQ Council meeting will be held on March 27, at 0830 hours in the Parish Hall. This meeting will welcome all the new councillors and say farewell to all of us which are retiring.

Be a star

The Totem Little Theatre has openings for 5-7 male parts for the annual spring production. Interested personnel must be committed for Mondays and Wednesday, for two hours each night.

In addition, the following areas are also open: Stage Manager (will be advised of duties); Publicity Manager responsible for advertisement, ticket sales, posters, printing of programs; Spot light and stage hands (Will be advised of duties).

For detailed information, please call Peter Witter at Loc. 434 or 339-3782.



Try cooking sweet potatoes tempura style in a light batter, quickly fried in hot peanut oil.

Bazaar bazaar bazaar . . .

. . . over and done!!!!



The Ladies Auxiliary of 1st Lazo Beavers, Cubs and Scouts held their annual Bazaar Sat., March 15th. Mother nature was very kind to us in providing us with a nice sunny day which helped to make our Bazaar a huge success.

The Convenors of all the tables are to be congratulated for each making their tables so attractive. The whole setup looked beautiful and many compliments were received.

The Bazaar opened with the introduction of our PMQ



mayor Bob Horton by our L.A. president Donna-Lee Kuntz. He then cut the ribbon for the official opening. Miss Wallace Gardens, Margie MacInnis was on hand to greet and mingle with our patrons.

A very special thank you to Mrs. Burgess, our CO's wife, Ted Crumpton and Bob Horton for judging the cub cakes. All of the boys did a swell job on their cakes and I know judges had a hard time picking winners. Congratulations to 8 year-olds - 1st James Dunsun, 2nd Trevor Kuntz, 3rd Ashley Slater; 9-year-olds - 1st Jeff Parker, 2nd Mike Burgess, 3rd Lance Schonberg; 10-year-olds - 1st Chris Landry, 2nd Joe Michaud.

The judges of the poster contest - Mike Lamoureux for Beavers, Marg Horton for cubs and Paul Leger for scouts also had a hard time choosing a winner. Congratulations to Ryan Ainslie the beaver winner, Tim Houston the cub winner and Keith Henn the scout winner. All the boys did a great job.

We would like to thank everyone for helping and making our Bazaar a great success. If I don't mention your names please don't feel left out as we had so much great help.

I would like to thank all the convenors of the tables:

Bake table - Leslie Lewis; raffle table - Jane Parker; craft table - Francine MacLeod; book table - Carolyn Burgess; candy table - Edie MacDonald; plant table - Ev Dyer; children's table - Marg Horton; white elephant table - Diane L'Arrivee; tea room - Joanne Nash; cub cake table - Jeanette Michaud and all their helpers for a job well done.

Keep up the good work for next year girls. Also a big thank you to Robert Horton and Michael Hume for dressing up and helping with the children's table, you really did a swell job and the children enjoyed you.

A very special thank you to the Bazaar convenor Sue Dodge for an excellent job done. Without you, Sue, I'm really sure our Bazaar wouldn't have been such a huge success.

Thank you Peter Witter for coming out and taking pictures. Thank you to all the scouts who came out to set up the tables and clean up and thank you to Vic Michaud and Mike Lamoureux for getting our tables and Merv L'Arrivee for taking them back. A big thank you to all mothers who donated their time and talents for our Bazaar. Thank you one and all and I hope we have this kind of help next year.

A big thanks to Mr. Shields the school principal and all the boys who helped clean up the gym for us to hold our Bazaar.

Congratulations to the winners of all the raffles: Burl Clock - Simon Boyachuck; the afghan - J.K.



DeGruchy; the stuffed rabbit - Susie Smith; the Raggedy Ann and Andy - Dave Dyer; the plant - Joy Schonberg; the candy doll - Riley Nash; the leprechaun cake - Todd Houston; the chicken assembly - Ester Hamling; the food hamper - E. MacLeod; the floral arrangement - E. Denton.

In closing, many thanks to all who gave their time and donations to make this Bazaar a great success.

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3 get iced

VICTORIA, B.C. - Two scientists from the Physics Department at the University of Victoria are going to the Arctic in April as a result of a \$48,500 Department of National Defence contract awarded to physicist Dr. Harry Dosso.

Dosso's research associate Dr. Wilf Nienaber and UVic graduate student Garry Heard will make the field trip to the north.

The DND Defence Research Establishment Pacific contract will enable Dosso and his associates to carry out "electromagnetic modelling and field station studies of the coast effect in bays".

Nienaber and Heard will carry out electromagnetic measurements on land and sea in the Arctic, the first time this has ever been done. They expect to spend two or three weeks in the Arctic before returning to UVic to continue the research.

POUR UN FRANCAIS CORRECT

ne pas dire
canceller
en temps
appointment
faire sûr
mettre à date
passer des remarques
mesure drastique
il la manque
à la journée longue
céduer

dire plutôt
ANNULER
A TEMPS
RENDEZ-VOUS
S'ASSURER DE, QUE
METTRE A JOUR
FAIRE DES REMARQUES
MESURE ENERGIQUE
ELLE LUI MANQUE
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Memories

April 12, 1965

Nighthawks nest

409 Squadron, after completing conversion to the CF101 B from the CF100, with flying colors, at RCAF Station Namao, is firmly re-established with the new supersonic fighter at Comox. Conversion by 425 Squadron at Namao, provided the Nighthawks with one problem: re-adjustment to the climatic conditions existing in North-Central Alberta. Indoors, many members suffered from a phenomenon called static electricity. Reliable sources revealed that this strange creature thrives prevalently in very dry air. Outside, the brilliant, white landscape and clear, cold air justifies Edmonton's claim to a fine winter hinterland. Edmonton welcomed us by honoring us with the sharing of the coldest weather recorded there in some 40 years. Perhaps these circumstances had some bearing on one of our stalwart young officers departing the "Select" group in favor of Matrimony.

Last year our volleyball team under the astute guidance of S L Jackson advanced to the RCAF volleyball finals. This year, once again under S L Jackson, the team have already won the station championship and the West Coast RCAF volleyball championship.

Congratulations to F O Thatcher on his recent marriage. The Nighthawks wish the best to both he and Mrs. Thatcher.

To F O and Mrs. Rohr and F O and Mrs. McGimpsey, congratulations for the recent arrivals of their sons.

We welcome to Comox and 409 Squadron six members from the EWU at St. Hubert. To F L Oikle, F O's Barker, Caldwell, Gunhouse, Cretney and Roberts, we hope you will enjoy your stay at Comox. To all those concerned, especially F L McCartney, a pleasant "Boom-Boom" or "Booooo" whichever it may be.

Nov. 15, 1962

New council in

October saw the first two meetings of the PMQ Council launch new Mayor Rushton and the new council into the business of this term.

The first meeting extended to retiring Mayor Lavin and his staff high praise for a job well done over the past term. The new members were very comprehensively briefed on last year's endeavors by departing controllers and councilmen. The financial report was appraised, assessed and re-assessed, then allowed to die a natural death, as most financial reports are.

Initial discussions did not take up the vast dimensions of city government the new members anticipated ... but seemed confined to such topics as pot plants and piano lessons, pyrotechnics and parking facilities, back-up storm drains and baby sitting. However, pot plants now appear to have a brighter future on our unit, piano lessons are in progress, pyrotechnics were displayed last Halloween, the storm sewers were peered into and a course for baby-sitters is underway.

With these small beginnings the new council has settled in for this term. It is hoped now that its operation for the overall good of the community can be made to grow. Part of this growth is the responsibility of each and every resident of the PMQs, and not just the executive. Many of YOUR ideas can come before

council through YOUR ward representative.

This year's councillors are: Mayor and controller of community organizations - S L CE Rushton - Local 217 - Pilot Leader, 407 Sqn. replacing F L Lavin.

Controller of publicity and social - F O JW Kuzyk - Local 212 - PRO - replacing FS Mottershead.

Controller of recreation - W O JH Girard - Local 416 - CTSO EA - replacing W O J Parker.

Controller of works - Sgt. J L Chapman - Local 317 - CE section - replacing F L Grice.

Ward 1: F O EH Cook - Local 260 - MSEO - completing final term. Cpl HE Frenette - Local 304 - SAE0 section - replacing F O Egan, completing final term.

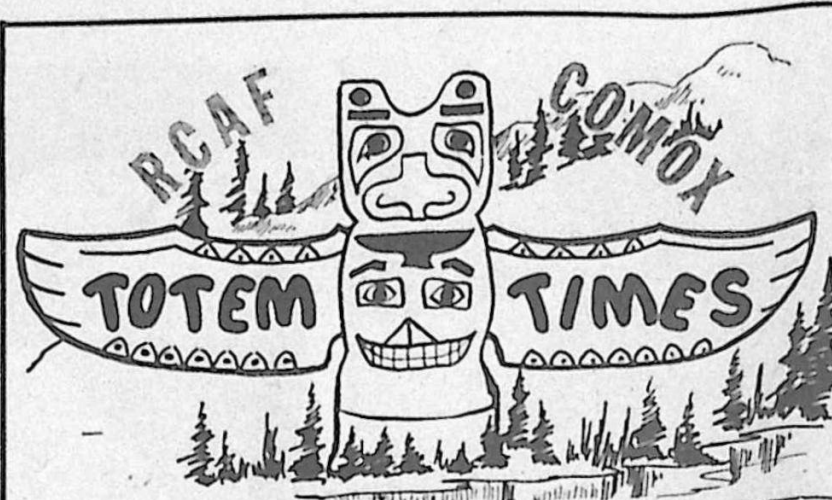
Ward 2: Cpl GH Tackaberry - Local 282 - AFP - replacing Cpl Frenette, LAC GM Jaheny - Local 329 - Filt Sim (409) completing final term.

Ward 3: Sgt. SC Plant - Local 363 - MSE Driver Training - completing final term. Cpl JP Derby - Local 277 - SWO office - replacing Sgt. Hayes.

Ward 4: Sgt. JJ Macdougall - Local 222 - Flying control - completing final term.

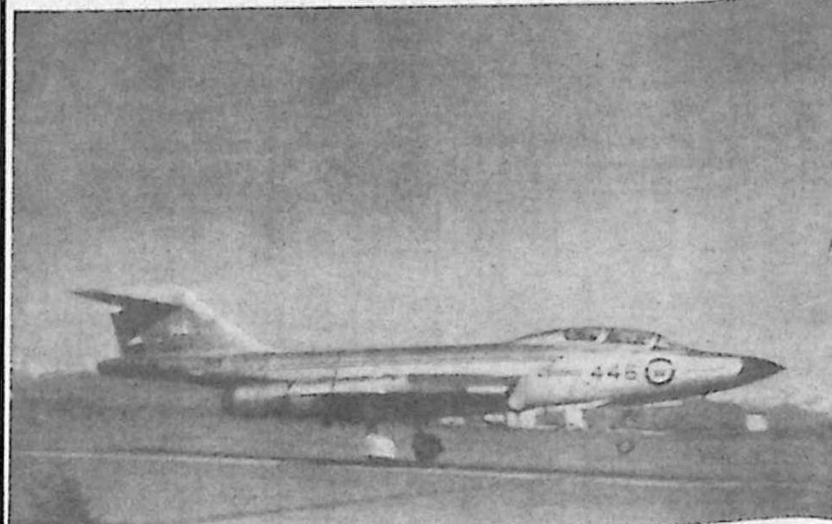
Sgt. JA Hamelin - Local 319 - Mess Hall - replacing Sgt. Jonasson.

Ward 5: F L JH Helgason - Local 222 - Flying control - replacing F L Lavin. F O GH Stock - Local 248 - Tel (G)



Vol. 3 - No. 4 Thursday, April 12, 1962

THE AIRCRAFT - CF101B



409 Operational With New Voodoos

The CF-101B is an all-weather fighter interceptor produced by McDonnell Aircraft Corporation. It is a two-place aircraft designed to execute two primary missions - the identification of unknown aircraft and their destruction if found to be hostile. It is powered by two Pratt and Whitney turbojet engines that together, with after burners, develop 30,000 pounds thrust, and a speed of over 1,000 m.p.h.

Designed to meet requirements of all weather air defence against the manned bomber, the CF-101B is one of the main air defence aircraft of the USAF. With the RCAF flying this aircraft, many areas of the joint defence operation, such as maintenance, servicing, deployment, re-arming and re-fuelling, will be simplified.

The F101B was first introduced to the USAF's Air Defence Command in 1958. More F101Bs are used by the USAF's ADC than any other type of interceptor.

One of the most notable achievements of the aircraft was "Operation Firewall" - the successful assault on the world's speed record which had been held by the British. The record topped before an F101A (predecessor to the newer F101B) onslaught on December 12, 1957, at Edwards Air Force Base, California. This aircraft completed both legs of the measured ten-mile course at an average speed of 1,207 miles per hour.

Less than a month previous - on November 27 - a flight of six F101s underscored the range range and dependability of the aircraft in "Operation Sun Run". Of stake were the transcontinental speed records of the United States. The F101's range was extended by mobile "filling stations" in the sky - giant tanker aircraft that met and re-fuelled the "Sun Run" airplanes. The complete operation was flawless.

The Sun Run team went on to make aerial history. Before the day's end the "101's" had swept up all three transcontinental records ... west to east, east to west, and round trip. Record time from west to east was three hours, five minutes. The round-trip was made in six hours, forty-six minutes.

"Mobile Zebra" - another USAF operation - again proved the operational mobility of the "101's". Leaving from Shash Air Force Base, North Carolina, the group flew to the west coast and then island-hopped the entire Pacific to arrive in Tokyo. During the return trip a new speed record from Japan to Hawaii of six hours, three minutes, was established.

The records continued to pile. A flight of seven "101's" from Bergstrom Air Force Base, Texas, completed a 6,100 mile hop to England in a record 11 hours, two minutes. Later the Atlantic was again spanned - from Washington, D.C. to Belgium in six hours, 12 minutes. Still later, three "101's" flew 2,000 miles non-stop and non-refuelled, in three hours and nine minutes. This flight, from Kindley Air Force Base, Bermuda, to Carwell Air Force Base, Texas, was the longest non-refuelled flight ever made by supersonic aircraft.

The F101B (note no "C" - USAF) successfully completed its first testflight on 27 March 1957. This and its Canadian designation, the CF101B, have been designed with a high safety factor. Two other versions of the basic aircraft, the F101A and RF101A, had the lowest accident rate of any operational aircraft in the history of the USAF during their first year of service.

Operation Bullshine

We know that all our airwomen, and probably many of the wives in PMQs with former service, experience (especially during the last war) will appreciate the film being shown at the Station Theatre on Easter Sunday, "Operation Bullshine". It attempts to explain away the trials and tribulations of the basic training of some of the first women recruits in the British Army during World War II and is well endowed with all the lunatic situations of the traditional English comedy.

So if you want to have a good laugh over the holiday weekend, why not come out on Sunday night to the theatre and bring your family and friends with you?

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officer - replacing FS Trew.

Ward 6: F L JA Richardson - Local 371 - Stn Flight - completing final term. F L JR Jolley - Local 375 - 409 Squadron - replacing W O Hopkins.

Ward 7: FS R Mountford - Local 241 - FE Section - replacing Sgt. Lewis. LAC DB Maitland - Local 304 - SAE0 Section - replacing Sgt. Braithwaite.

Ward 8: Sgt JE Braithwaite - Local 418 - Telecom - completing final term. Cpl R Davison - Local 317 - CE section - replacing Sgt. McAuley.

The Chief and the Airman say farewell



LAC CLARKE, who will soon be leaving us to take up new duties at Chibougamau, has worked unceasingly with Chief Frank for many months past to find a means of preserving the fast dying arts and culture of the West Coast Indians. It is through their work that the school has become a reality. On his arm LAC Clarke holds an Eagle Design Indian Sweater presented to him by Chief Frank as a token of friendship, esteem and appreciation for his great efforts.



COMOX TRIBAL CHIEF, ANDY FRANK is seen here saying farewell to LAC "Bob" Clarke (Station Telecom.) on the site which has been selected for the proposed Totem Carving School, which, as a result of their combined efforts, will be built on the reservation at Comox.

a chapter from our 20 year history

Nov. 15, 1962

New CO at 409

An official "Welcome" is extended by all station personnel to the new Commanding Officer of the Voodoo Squadron - Wing Commander Grahame Inglis.

Wing Commander G. Inglis was born in Glasgow, Scotland September 22, 1923, and was educated in Glasgow Academy.

He enlisted in the Royal Air Force as a pilot in February 1942 and received his flying training at Penhold, Alberta, under the British Commonwealth Training Plan. He returned to England and engaged in staff training and flying duties until 1945 when he was transferred to No. 207 Bomber Squadron, 5 Group, RAF where he flew Lancaster bomber operations over Europe until the end of hostilities.

Following his release from RAF, W.C. Inglis was employed as a commercial pilot in England until he immigrated to Canada in late 1947. In December 1948, he enlisted in the RCAF.

W.C. Inglis was posted to Station Summerside, P.E.I. for a short refresher course and was then attached to the same unit as an instructor of the Staff Navigation Instructor Pilot's Course.

In May 1950, he attended the Fighter Controller Course at Tyndall Air Base, Florida, USA and was then transferred to No. 1 Aircraft Control and Warning Unit at St. Hubert, Que., as Deputy Officer Commanding. Late in 1951 he was called on to undertake staff duties at Air Defence Command Headquarters, also at St. Huberts, and one year later was named Officer Commanding of the Air Defence Combat Operations Centre there.

From September 1953, W.C. Inglis served as Staff Officer AC&W at the RCAF's No. 1 Air Division Headquarters in Metz, France, until July 1956 when he returned to Canada for a refresher flying course and a check out on the CF-100 at the Operational Training Unit at Cold Lake, Alta. He was then transferred to 414 All-Weather Fighter Interceptor Squadron at North Bay, Ontario, as a Flight Commander.

W C Inglis returned to the aircraft surveillance field in November 1959 as Chief Operations Officer at No. 12 AC&W Squadron at Mont Apica, Que. In June 1961 he was selected to attend the RCAF Staff College in Toronto, Ont., and was appointed Commanding Officer of the 409 'Nighthawk' All-Weather Fighter Interceptor Squadron at Stn. Comox in October 1962.

NOTE: Wing Commander should not be written as I have done -- W.C. but should have an oblete in between a slash.

Jan. 1962

Flyers win

Outstanding goal-tending by Flyers' Benny Routhier proved too much for the Port Alberni Luckies as they were beaten soundly by the Comox RCAF Flyers in a regular Nanaimo District Hockey League game at Nanaimo on Sunday afternoon 7 January. The win moved the Flyers into sole possession of third place. Routhier blocked Port Alberni drives from all angles during the entire game and was particularly brilliant when he stopped two successive break-aways, as the Luckies had a two-man advantage late in the third period.

The RCAF team opened the scoring early in the first period at 6:45 as centreman Dixie Walker picked up a loose puck in the centre ice zone and skated in on left wing to flip the disc past Port Alberni goal-keeper Slater, catching the lower left hand corner. A minute later, linemate Jake Millburn banged one home from a scramble in front of the Luckies' net making it 2-0 for the Flyers, both goals being unassisted and rounding out scoring for the period.

The winners added one more to the scoreboard in the second period when speedy centreman Billy Marley of the razzle-dazzle Cunningham - Marley-Litowski trio, rapped in the third goal from goal mouth passes by Cunningham

and Millburn on a power play, when, the Valley team had a man advantage as P. Blais of Port Alberni was serving a tripping penalty.

The third period saw the RCAF charges outscore their opposition by 3 to 1. At the 4:20 mark "Legs" Litowski, on a neat play by Marley, raced in alone on Port Alberni goalkeeper Slater and literally took him for a swim as he pulled him out and easily slid the puck into the empty net.

Two minutes later, winger Johnny Hunter made it 5-0 on a passout by Rae Jones from behind the net. The lone Port Alberni goal was scored by Paul Blais after 16:00 minutes of play in the third period when he lifted the puck over sprawling Flyers' net-minder Routhier in a wild melee near the RCAF goal. But 55 seconds later, hard-driving Comox defenceman "Mully" Mulligan drilled one of his low sizzlers from the blue line which deflected into the goal off goalkeeper Slater's skates, ending the scoring for the game at 6-1 for the RCAF team.

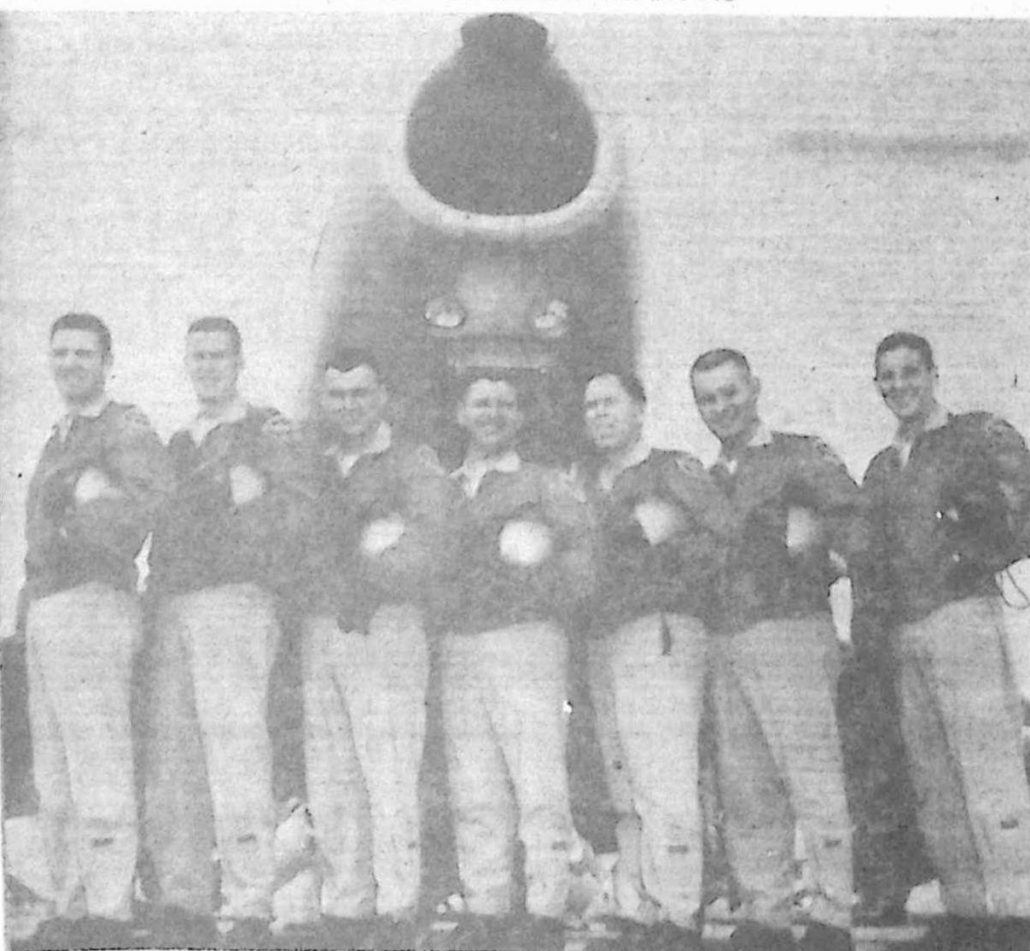
The game was fast throughout and was well handled by referee Ross Valliere who assessed a total of nine penalties.

Even trout come big up here!



EVEN IN MID-WINTER the fishing is good. So claims Sgt. H. Moorecroft as he holds his prize, a 36", 19 1/2 lb. steelhead, taken from the Puntledge River near Meafle. The fish was taken in a 30-minute struggle on spinning gear, using fluorescent red wool as bait.

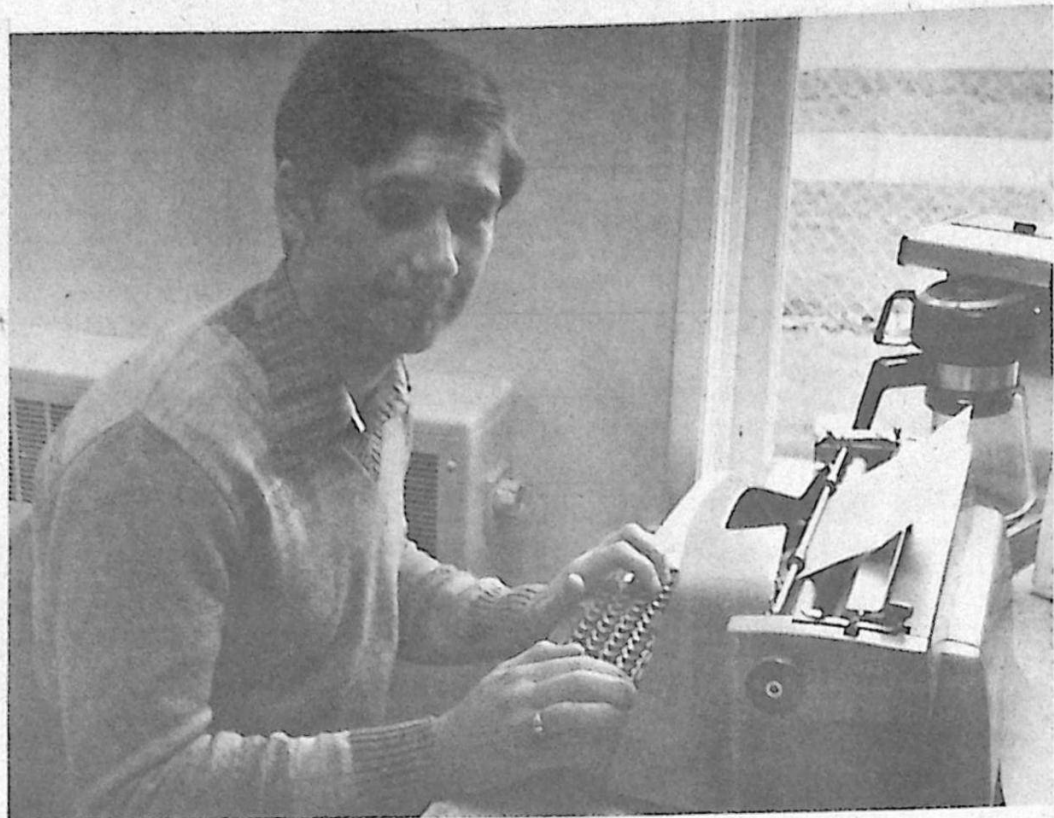
1962 GOLDEN HAWKS



MEMBERS OF THE "GOLDEN HAWKS" aerobatic team for 1962 posed in front of one of their gold-painted F-86 Sabre jets are (left to right): F L John L. Frazer, Vancouver, B.C. (slot); F L Norman J. Garriock, North Vancouver, B.C. (left wing); F L Edward J. McKeogh, Montreal (standby); S L Lloyd J. Hubbard, Delta, Alta. (leader); F L A.F. McDonald, Barrie, Ont. (lead solo); F L B.R. Campbell, Almonte, Ont. (right wing); and F L George E. Miller, Ottawa (solo).

20 years of publication

Some of those who keep it going



SPORTS EDITOR RICK Boswell slam dunking the key board. Score: Rick - 0, Typewriter - 40.



GORD KRUGER, our assistant editor ... "Eat your heart out Lou Grant!"



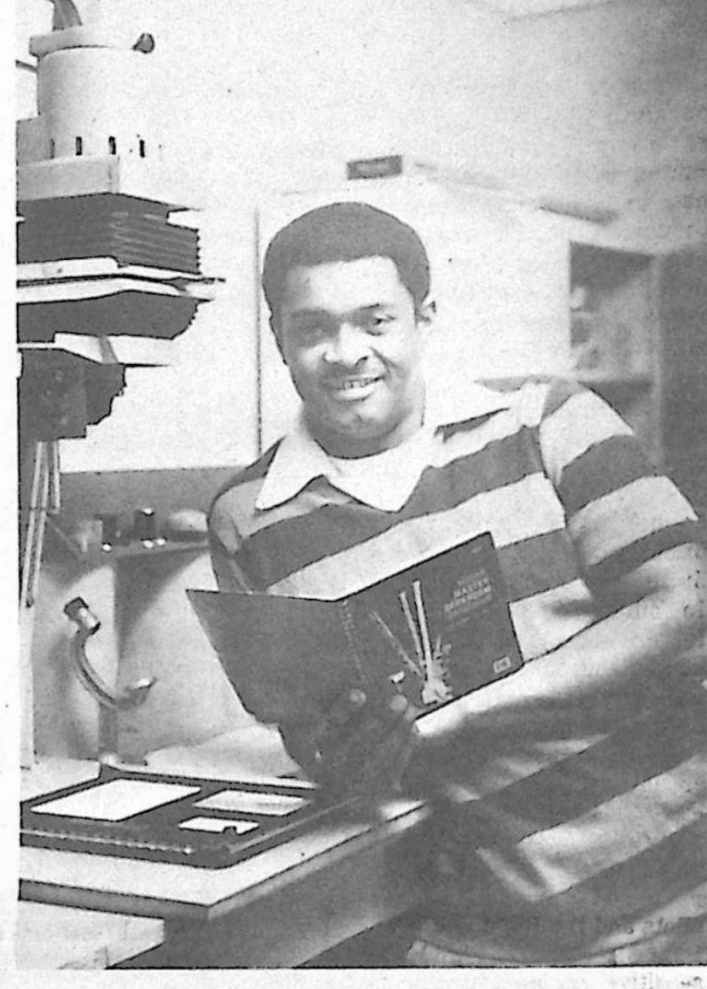
ONE OF OUR proofreaders hard at work correcting the numerous spelling errors made by our editorial staff.



IT'S SO crowded that Doug Baker, of the Editorial Staff, had to become left-handed. "Six months in this Biz -- when do I get a bigger desk?"



FUTURE EDITOR Barry Kennedy learning the tricks of the trade from retiring editor Brian Puttock.



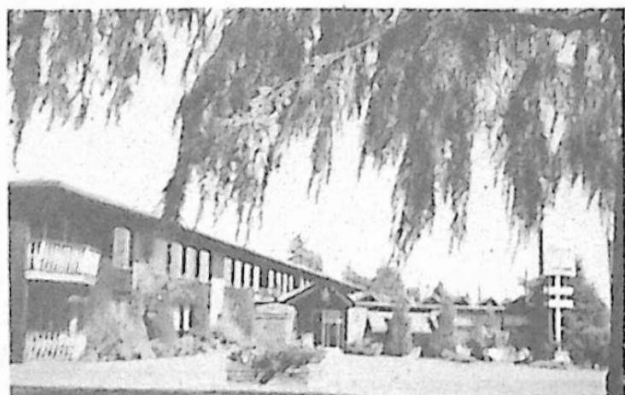
PETE WHITTER, photographer and member of the editorial staff, perusing the centerfolds.



SERGE WONG Advertising Manager, sells enough ads to keep the paper in the black (and read). "Would you buy an ad from this man?"

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CONGRATULATIONS
TO THE EDITOR AND STAFF
OF TOTEM TIMES
ON YOUR 20th ANNIVERSARY

QUALITY HOMES



COMOX - This extremely well built home features 3 bedrooms upstairs. Large kitchen with adjoining family room and formal dining area. Formal dining area opens to covered sundeck and mountain view. 2 1/2 bathrooms. F/P and Fisher range in downstairs family room. 2-car garage and double glazed windows throughout. Mid \$70's.



COMOX - Bambrick Place 3 bedrm. luxury bungalow ensuite bathroom off master bedroom. House built around central courtyard. cul-de-sac street. All nicely landscaped.

COMOX 4 BEDROOM

Home with large family room. 2 bathrooms fireplace in family room a steal at \$55,900

COUNTRY COTTAGE

on 1.1 acre with 306 ft. of road frontage lots of trees and a detached guest cottage with pot belly stove. Mid \$40's



COMOX 4 bedrooms, 2 bathrooms and a fireplace. Large family room, sun deck and a built-in Bar-B-Que on Salish Street. A recommended buy at only \$55,900.



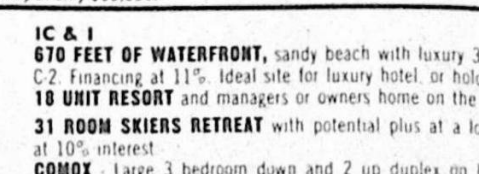
MYSTERY BEACH Large attractive lot. Short walk to the beach only \$16,900

KITTY COLEMAN Whitaker Road. 3 lots only. Piped water system from \$14,500.

2 ACRE LOT Nicely treed in Coleman Wood Park \$22,500



NEW LISTING IN COURTENAY NORTH 3 bedrooms upstairs. 2 fireplaces. 2 bathrooms, full basement. Finished rec room. Large lot and mountain view. All for \$55,900.



IC & I 670 FEET OF WATERFRONT, sandy beach with luxury 3 bedroom bungalow. 4.5 acres land. 3 revenue bungalows. Zoned C2. Financing at 11%. Ideal site for luxury hotel or holding property. 10 UNIT RESORT and managers or owners home on the beach. Convenient for skiing & fishing, close to airport. 31 ROOM SKIERS RETREAT with potential plus at a low low price on 5.52 acres with C2 zoning. Assumable financing at 10% interest. **COMOX** Large 3 bedroom down and 2 up duplex on large well treed lot on outskirts of town. Only \$45,000. Monthly income of \$467.00. Call today.

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MONDAY, MARCH 31
12 NOON**

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Memories

The Argus

Some factual info

Since the introduction of the Snorkel and atomic propulsion, detection of submarines has become increasingly difficult. Development of submarine launched missiles has made detection increasingly vital. There is a need for a highly sophisticated search and attack weapon system to protect Canada from the threat of these submarines.

The Canadair Argus, designed specifically to fulfill this need, is capable of long periods of ocean patrol duty and, using the latest Maritime surface and subsurface detection equipment along with tactical co-ordination with naval surface craft, it can seek out and destroy submarines far from Canada.

The Argus is the most formidable search, strike and kill Maritime patrol weapon in the air today. Adapted from the original configuration of the well known and proven Bristol Britannia in 1954, the Argus has undergone hundreds of thousands of hours in engineering design research, development and functional testing by Canadair engineers and RCAF personnel.

A flying platform for a full complement of the most up-to-date submarine detection and attack equipment, the Argus has the ability to economically fly great distances and long patrol durations at reduced speeds. In addition, it has a plus feature of ample space to accommodate both equipment and crew in efficient and comfortable operating stations and off-duty rest areas.

ELECTRONIC AIDS
A full complement of the latest flight and engine instruments is installed for the pilot and the flight engineer. Included is a large number of sensitive engine instruments to permit refined cruise control techniques.

The most sophisticated instrumentation is available as dictated by the operational control of the airplane. The Air Navigation and Tactical Control (AN-TAC) system provided continuous corrected track and course data for normal navigation, together with GPI and instrument presentations specifically designed for Maritime use; though linkages to radio navigational aids can also provide a variety of bearing references to the pilot.

Communications equipment for use by the routine operating crew includes duplicated HF command transceivers, a VHF command set and complete provisions for a UHF command set. An intercommunication system is provided for all stations, including outlets for ground use. Special attention to external antennae has included the development of an electronic isolated upper fin HF antenna and low silhouette sense antennae.

Navigational aids include dual radio compasses, marker beacon receiver, VHF and UHF homing adapters, Loran, and complete provision for TACAN equipment. Complete provisions are made for the installation of a "Sarah" search receiver.

Tactical electronic equipment is fitted for detection, localization and tracking of all forms of submarines. Systems of this nature cannot be described in detail due to security restrictions, but account for a total weight of 3,650 lbs. on the existing airplane, not including the communications and navigational equipment. Development work in this field has included the design of antennae, radomes, waveguide systems and similar special-purpose components.

CARRIES HEAVY ARMAMENT
The Argus can carry a complete offensive armament load of approximately 8,000 pounds to a patrol area greater than 750 nm from base, then search an area of 50,000 sq. nautical miles and return to base with an ad-

ditional 500 nautical miles diversion allowance. This can be done with the aircraft carrying full armament throughout the operation.

The Argus' highly sophisticated detection equipment can detect, localize and shadow both submerged submarines and surface vessels. Submerged submarines are discovered by means of the most up-to-date sonobuoy or magnetic equipment. Surface vessels are detected with active search radar.

Once located, submerged submarines may be destroyed with depth charges and torpedoes which can kill to depths exceeding 700 feet, while attack on surface vessels or surfaced submarines is carried out with a combination of missiles, rockets, torpedoes, and bombs. Armament combinations are variable in order to provide a full range operational effectiveness encompassing training, practice and combat.



TOTEM TIMES

Read in the best messes in the Canadian Forces



a chapter from our 20 year history

February 5, 1970

First Argus Posted in to 407

100 Eyes on West Coast

The Canadair Argus, which for years has been blotting out the sun on the east coast of the country, is now cutting down the amount of available sunlight on the west coast. 407 (MP) Squadron was this week re-equipped with the 100-eyed monster to enable it to seek out submarines long before they approach the Canadian mainland.

The venerable Neptune with which the squadron was equipped will join the CF-100 in that big museum up in the sky, although there is a rumour that some of them will supplement the Yukon on the weekly cross-Canada sked. You don't really need too many points to have your lunch cooked by an RO.

The Argus has a wingspan of 142 feet, and is 123 feet long. Four Wright turbo-compound engines are required to get the 145,000 pounds of Argus off the ground, and the Argus' fuel capacity of almost 6,700 gallons ensures that it will stay off the ground for over 30 hours.

For the crews, the advent of the Argus will mean longer sorties. Argi have remained airborne for as long as 33 hours, although this is not normal. Eighteen or nineteen hours is though, and that is a lot of flying for one day.

The Argus is fully equipped with the latest in anti-submarine weapons, and the crews have spent the past few months training in the use of the weapons. There will be no degradation of combat capability while the crews sort out their new toy.

But some people are never satisfied. One unidentified whaler-killer was overheard to say, "Now that we've got the Argus, let's start working on the Orion."



"ARGUS 720 is cleared to land at Comox, check the gear down and locked." With those words, the first of 407 Squadron's Argus aircraft, complete with crew, is taken on strength at CFB Comox. The aircraft will officially be handed over to the squadron at a ceremony commencing at 1415 hours on Friday afternoon.



TOTEM TIMES' annual Rya'n Water and mud in your eye rally winner. This poor sunken car tried to navigate the renowned Ryan Road extension last week and from the picture it is self evident that this long promised paved thoroughfare is not quite ready for travel. Although the extension got well under way around election time last year the work level now appears to have come to a standstill. So much for election promises, but you never know, it may be completed by 1977.

Aug. 12, 1971

Tech staff enhances beach area

BY PAUL KLEM

The beach picnic Shelter that was the dream of LCol Bob Smith, our previous BTSO, and Major Gerald McKay, our former BTLO, has become a reality in its final stages of construction.

The project was started in May with the pouring of the footing and foundation, which was under the keen supervision of MWO Ken Barlow. Major McKay insisted that it be a precision project. Considering that all the labor was volunteer, and few had any building experience, it is amazing that it still turned out to be a thing of beauty.

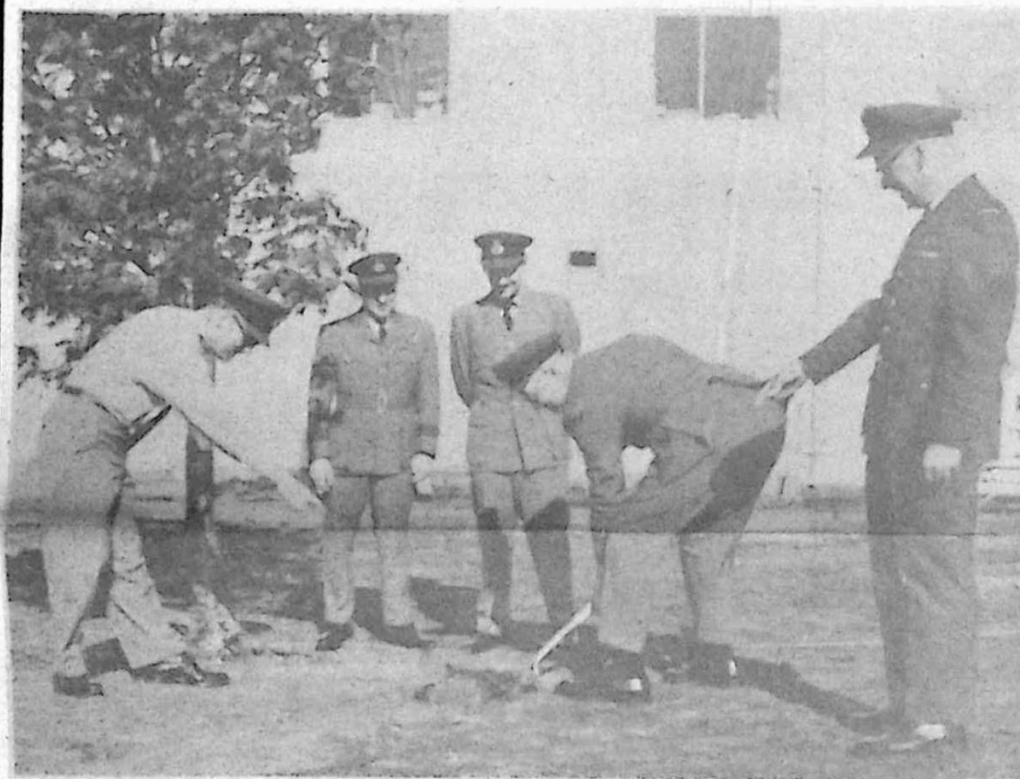
Cpl Ken Currie of the Tel Ground Section was responsible for the framing of the building with many hours of sweat to his credit. The construction of the roof was raum-todded by MWO Dick Zala of our very capable and co-operative CE Section.

The fireplace and the Barebecue pit still under construction is being closely scrutinized by CWO George Howard of the 407 VP Sqn Flight Engineers.

Last but not least, the crest was designed and made by LCol Bob Smith himself, a fitting emblem for a project that everybody will enjoy in the years to come. To all the volunteers and people involved in the design and construction of our picnic shelter; our heartiest congratulations for a job well done.

CWO George Howard, who is still building the fireplace, mentioned that he would like to make the facing of the fireplace as interesting as possible by using a variety of rocks for the design.

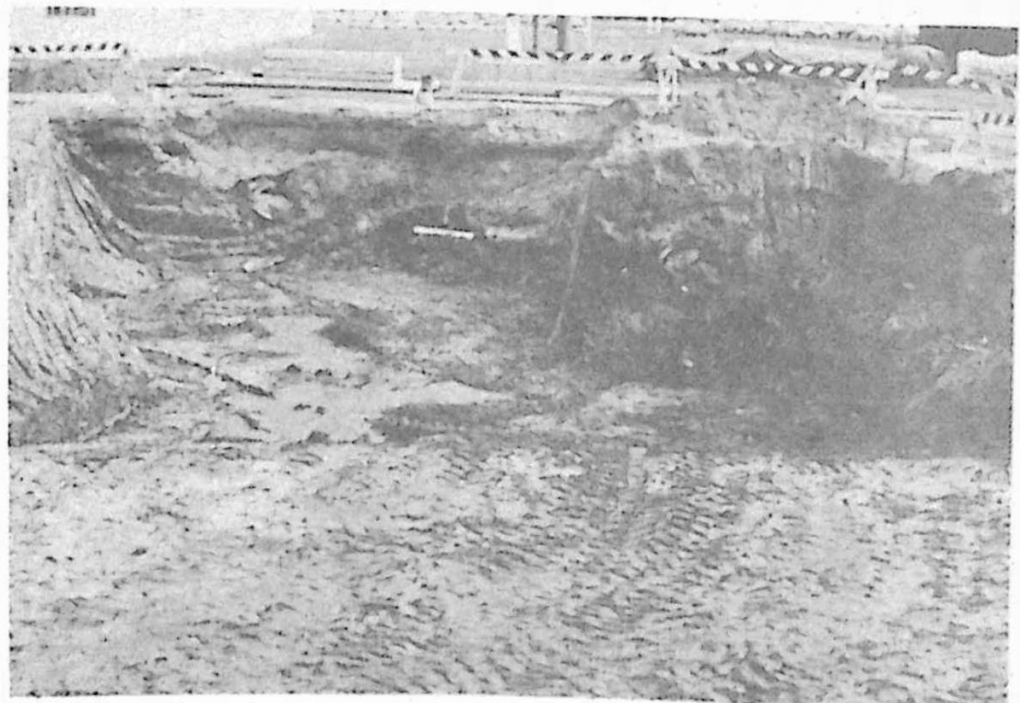
IF I HAD A SHOVEL...



SHOWN AT THE BEGINNING of the base's successful "Dig-A-Hole" Contest is Lt. Col. R. C. Orpen, Lt. R. LeMay (L) and Maj. R. Cousins (R), point to the precise spot where the hole is to be dug. In the background, Maj. Ford and Capt. Hill, the overseers of this particular fitness contest, stand ready to time Lt. Col. Orpen through the earthmoving part of his fitness test.

— DND photo

...I'D DIG A BIG HOLE...



EIGHT HOURS LATER, and the Lt. Col. had completed digging the hole. "God-zooks," said Major Cousins, "that sure looks as though it could be used for a swimming pool." "I just happen to have some concrete," said Lt. LeMay, and before you knew it, a contract had been let and the pool was almost a reality. Lt. Col. Orpen did not wish to discuss the feat, and there was no comment from the shovel.

— RFE photo

...IN BASE FUND

Construction Starts on Swimming Pool

On May 8 the ground was broken by the BAdO, Lt. Col. R. C. Orpen, and construction of the base swimming pool started. The pool, which will cost Base Fund \$46,000 is expected to be in use by the latter part of June.

Initially, the pool will not be covered, but a windbreak will be built, and provision has been made to heat the pool deck to provide comfortable, year-round swimming, for servicemen and their dependents.

Although no details have as yet been worked out, it is expected that completion of the pool

will enable the base to offer a complete swimming and water safety course to interested personnel.

It has not been officially confirmed, but it is understood that Treasury Board has suggested that the Alberts can practice their water landing in the pool, and thereby save the amount of gasoline currently being used to fly to their present practice area.

One saving made possible by the pool's location in the lee of the Rec Centre is a saving on dressing rooms. The dressing rooms in the Rec Centre will be used for the swimming pool as well, creating a considerable saving in construction costs.

Construction of the pool will fulfill a long-standing need at this base, and it comes at a time when the local swimming facilities are being heavily taxed by an ever-growing population.

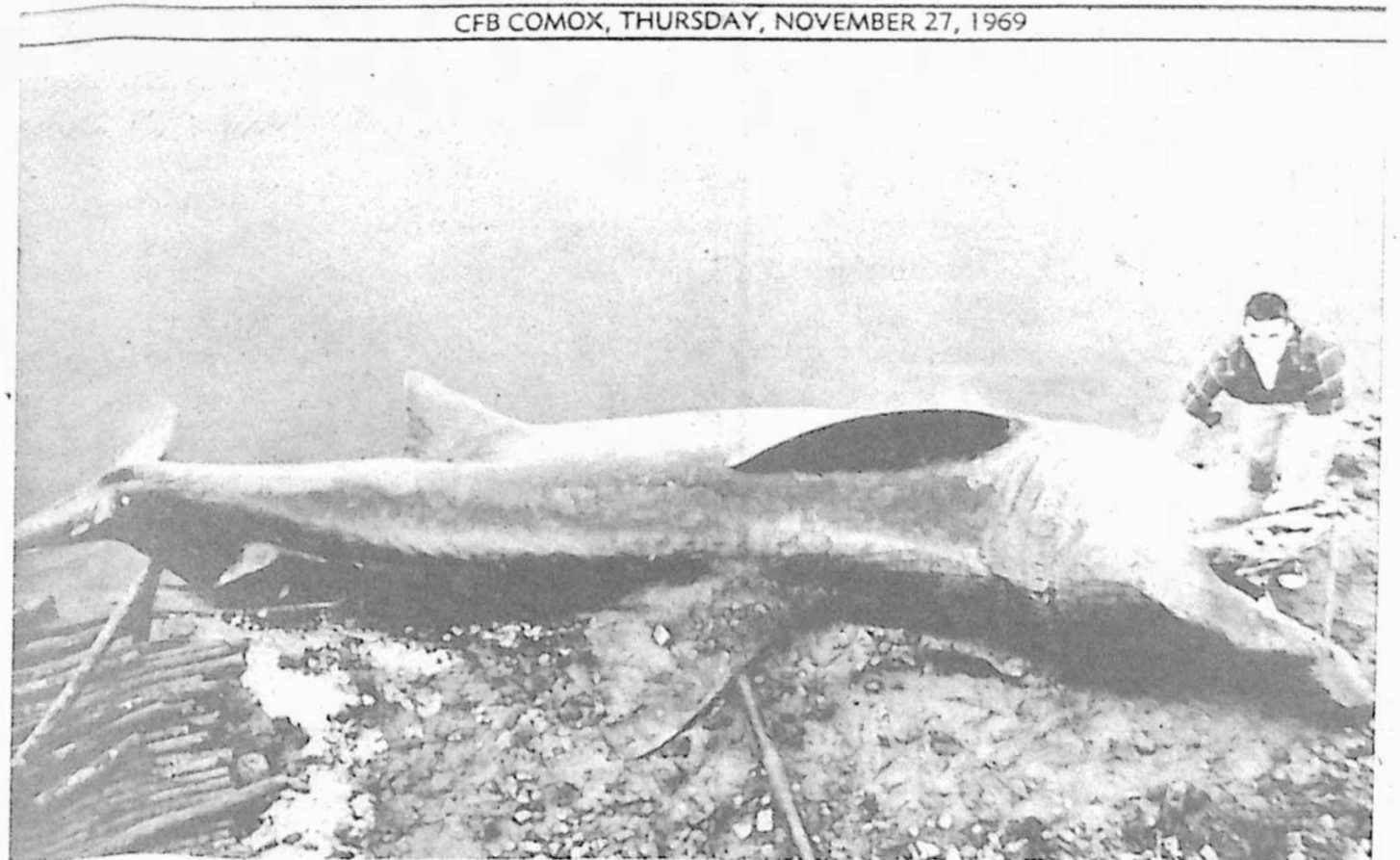
It is the hope of Base Fund that all servicemen and their dependents will take advantage of this new facility which has been provided for their recreation and well-being.

July 25, 1968

Merry mushrooms have busy day

Starting on Monday the 15th of July 121 KU had the most eventful day in its history since the day that they learned that Sea Island was closing up. In a 24 hour period, 121 was disbanded and redesignated as 442 Squadron, had two major searches underway and carried out two air-evacuations. All this plus their regular scheduled flying and Boat School duties.

The new Squadron is not really a new one at all. 442 Sqn. (City of Vancouver) is an old wartime squadron that was one of the squadrons formed out of Western Air Command in 1943. The complete history of 442 is unavailable at press time, but 442 was a long time neighbor of 121 at Sea Island when 442 was a reserve Sdn. Details of 442s glorious past will be published as they become available.

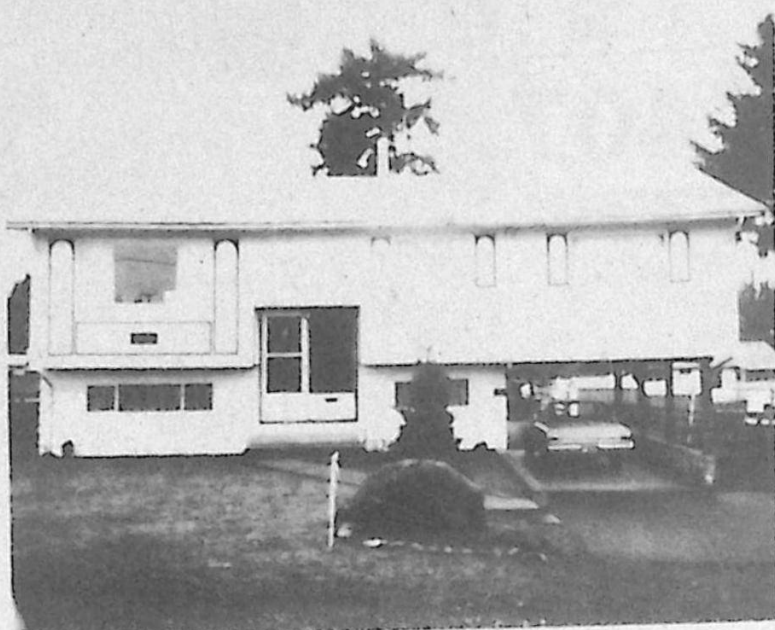


CPL. R.L. RICHARDSON inspects his prize-winning dogfish on the shoreline of beautiful Goose Spit. The 21-foot winner was taken on a "Lucky Louie" plug and a flasher on a 20 pound line. "All that 'bunk' about this being the worst year's fishing we've ever had, is just a pile of rumors started by jealous 'Easterners'," said the corporal. For the benefit of those who believe everything we print, the dogfish is really a sick Basking Shark. Cpl. Richardson came across it on his way to the 'Spit' last Tuesday morning. Using his 16-ft. boat and a bathook he herded the beast into shallow water. Once during this operation the shark stopped and the boat over-ran it, at this point the shark decided

to surface, which gave the corporal the thrill of his life. After thrashing around in the shallows for the best part of the day, the shark finally died, and was then pulled up on shore for a closer inspection. The basking shark is quite common in these waters (which should be exciting news for potential Sea Survival School students). It is considered a nuisance by net fishermen as it has a nasty habit of getting caught up in their nets. The Fisheries Department tells us they have a boat based at Nanaimo fitted with a special ram that is used to sneak up on basking sharks basking and cutting them in two.

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1 1100 FT. COMOX HOME

On large lot with double driveway in quiet central Comox location. At \$50,800, the price is within the B.C. \$2,500 grant limit and the mtge. is 11 3/4 per cent. Features include ensuite and storm doors.

AL ROBB 339-3307

2 DENMAN ISLAND WATERFRONT ACREAGE

8.25 acres with a gentle sloping south-west exposure providing a great view. Well treed and with good soil. \$69,500.

ALL ROBB 339-3307

3 HORNBY ISLAND RETREAT

100x230 ft. semi-water front lot at Galleon beach with a great view and close to beach Park with water pump.

AL ROBB 339-3307

4 ACREAGE ON SEWER MAINS

One acre parcels selectively cleared with good garden soil, close to schools, shopping. Excellent investment potential for future subdivision, only \$12,500.

RAY PAGE 338-6267

5 RESIDENTIAL

4 BEDROOM HOME IN CUMBERLAND

On almost 1/3 of an acre with 2 baths, 3/4 basement, fireplace and good garden area. Full price just \$23,000. Ask me to show it to you.

DUKE SCHILLER -- 334-2203

6 APPROX. 5 ACRES OF SUBDIVIDABLE PROPERTY

With a charming 3 bedroom home right in the city of Courtenay. Ideal for the gardener, horse lover and investor. Call to view.

DUKE SCHILLER -- 334-2203



7 BUNGALOW BY THE WATERFRONT

In a quiet area of Royston with quick access to the highway and Courtenay this 3 bdrm. bungalow is just a short half block from the shore and boat launching. Features include double garage, new roof, extra insulation, fully fenced large lot. \$34,000 with 10 per cent mtge.

AL ROBB 339-3307

8 SUBDIVIDABLE .58 ACRE

Country setting close to all amenities on sewer and water mains in Cumberland. Good inflation fighter at \$13,500.

RAY PAGE 338-6267

9 2 1/2 ACRES BORDERING THE CITY LIMITS

With 2 homes, 2 garages and beautiful landscaping. Located on Mission Hill, the view of the mountains, bay and valley are unexcelled.

DUKE SCHILLER -- 334-2203

10 3 BEDROOM MODULAR

With an added family room with fireplace, large lot, well landscaped with a substantial patio and cement BBQ. Located on a cul-de-sac in Arden area.

DUKE SCHILLER -- 334-2203

11 HORSES, CHICKENS, GARDEN AND THINGS

3.78 acres mostly cleared for pasture, some fencing, 2 wells, greenhouse, workshop plus a beautiful 1152 sq. ft. modular with fireplace. \$47,900.

DICK GARDINER -- 339-5345

12 GENTLEMAN'S ESTATE HOME -- 5 1/2 ACRES

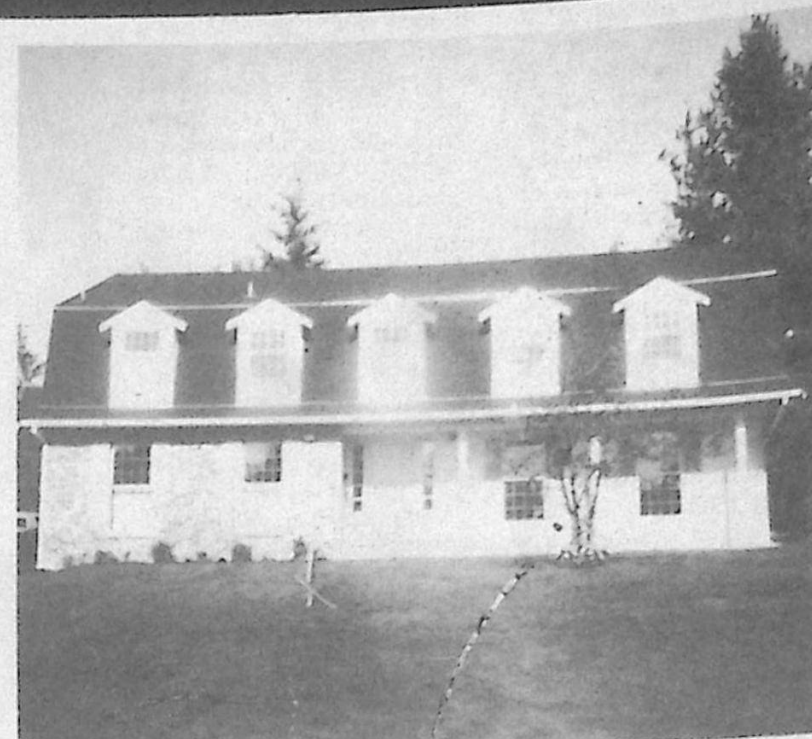
For those who appreciate quality and comfort. Solid, spacious and elegant 3 level, 4 bdrm. home featuring large living room and family room, also sauna. Liberal use of soft-toned cedar, and rustic beams and soaring ceilings. For appointment to view, call.

DICK GARDINER -- 339-5345

13 2.82 ACRES OF WATERFRONT

Elegant 2088 sq. ft. one level home beautifully appointed. Home is sited to take advantage of the best view in the area. Dbl. garage, dbl. C-P and workshop. \$125,000.

DICK GARDINER -- 339-5345



14 2780 FT. OF FINISHED LIVING AREA

You must view this spacious home in a prime Comox area with luxurious finish and a multitude of extra features. 1440 ft. on the main floor with all the family, living and dining areas and 5 bdrms. upstairs. Two brick heatlator fireplaces and 3 bathrooms head the list of features. Existing mortgage is at 12 per cent and a great investment at \$87,500.

AL ROBB 339-3307

15 NOT JAMMED IN

Quiet area -- close to amenities. Immaculate 1412 sq. ft. one level home featuring 2 bdrm. family room, real brick FP plus a huge back yard with an excellent garden area. Comox. \$48,900.

DICK GARDINER -- 339-5345

16 BETTER BELIEVE IT!

There's plenty of elbow room in this 1380 sq. ft. home in Comox. 5 bdrms., rec room, large country style kitchen and spotlessly clean. A family affair at \$58,900.

BILL MORRISON -- 339-4063

17 21 ACRE NATURE PARK

Unique home and acreage property close to town in a quietly rural setting. Features include a tidy 2 bdrm. home, 2 ponds, 2 year round salmon streams and a wealth of trees for an everlasting wood supply. The buy of the year at just \$59,500.

BILL MORRISON -- 339-4063

18 10.54 ACRE FARM

Picture perfect farm property with a 1420 sq. ft. home, an orchard, barn, outbuildings, huge garden, pasture and timber. A rarity in the marketplace at \$89,500.

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