



# TOTEM TIMES



NICKLES, DIMES, DOLLARS TOO - TAXES ARE WELCOMED (LIKE THE FLU)

VOL. 18 - NO. 6

CFB COMOX TOTEM TIMES THURSDAY, MARCH 18, 1976

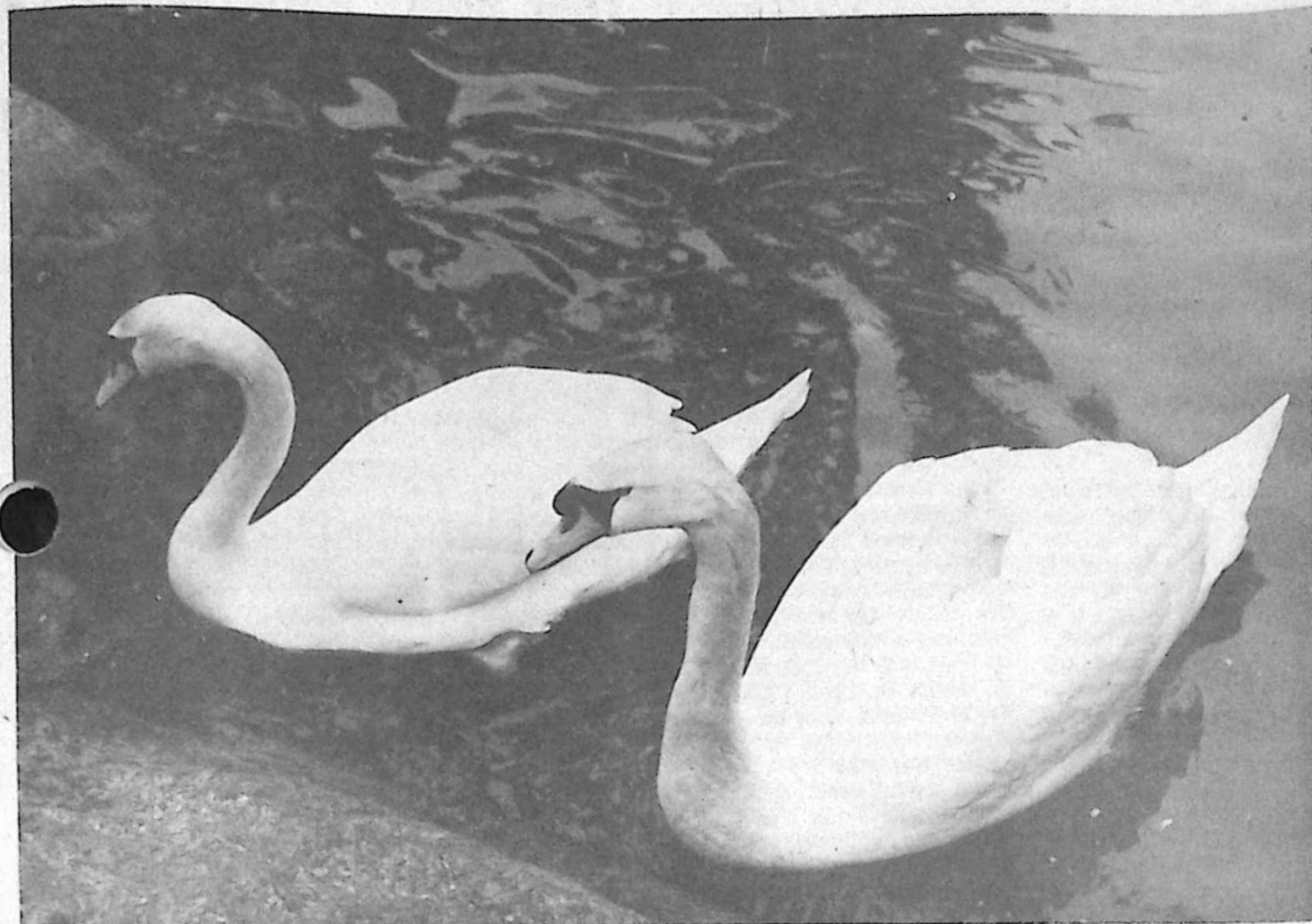


Photo Begin

Spring Brings Out The Swans

## Jet Jocks To Compete

VENTHE, The Netherlands - Aircrews from seven nations including Canada will gather at Twenthe Air Base in The Netherlands in late April and early May as Allied Air Forces Central Europe (AAFCE) conducts its 1976 tactical weapons meet. Twenthe Air Base is located near the City of Enschede, in the extreme eastern part of The Netherlands.

Tactical weapons meet 1976 is a biennial competition designed to test the level of proficiency attained in tactical fighter-bomber operations by national air forces assigned to NATO's Central European region. It also promotes the exchange of information and techniques

between participating units; the improvement of air combat tactics and procedures by a symposium of national views and experiences; and promote mutual understanding and cooperation.

The meet is organized as a practical test of AAFCE's Two Allied Tactical Air Forces and is not a competition between nations. Aircrews from Belgium, Germany, The Netherlands and the United Kingdom will join forces to form a team representing the 2nd Allied Tactical Air Force. They will compete for the title of meet champion against a team from the Fourth Allied Tactical Air Force composed of fliers from Canada, Germany and the United States.

A team from the French Air Force will participate in the tactical weapons meet 1976 on a guest basis.

Tactical weapons meet 1976 officially opens April 30, with competition flying set to begin May 3. It will feature a variety

of air tactics, including bombing, rocketry and strafing.

The meet ends May 14 with the presentation of awards to the winning teams by His Royal Highness, Prince Bernhard of The Netherlands.

## Jadex Gets Extension

OTTAWA -- Defence minister James Richardson has announced that Canada's senior military man, General J.A. Dextraze, has been extended in his post as chief of the defence staff until Sept., 1977.

In making the an-

nouncement Mr. Richardson said that Gen. Dextraze, now 56, normally would have relinquished his appointment later this year, but will remain for the extended period to implement decisions emanating from an extensive defence structure review now nearing completion.

He is the fourth to hold the appointment since Armed Forces unification in 1966. His three predecessors retired from military service between the ages of 56 - 58.

Gen. Dextraze rose from the rank of private to general during service that has spanned 36 years. As a 25-year old infantry company commander in France he won the Distinguished Service Order for gallantry, after which he became commanding officer of Les Fusiliers Mont-Royal, the regiment he joined as a

private four years earlier. He later won a bar to the DSO for persuading a German general to surrender the Dutch city of Groningen.

He left the army in 1945, but returned to active service again in 1950 to take the 2nd Battalion, Royal 22e Regiment, to Korea. For services there he was made an Officer of the Order of the British Empire.

In 1963, as chief of staff of the United Nations forces in the Congo, in the rank of brigadier, he was made a Commander of the Most Excellent Order of the British Empire, for outstanding planning and leadership in directing rescue operations.

Before becoming chief of the defence staff in Sept., 1972, he was chief of personnel of the Armed Forces, in the rank of lieutenant-general.

OTTAWA (CFP) - "We're just seeking a better deal for the Canadian Forces pensioner."

That's the word from Daniel Nadon, 55, of St. Thomas, Ont., an ex-RCAF serviceman and national president of the recently incorporated Canadian Forces' Long-Service Pen-

sioners' Association (CFLSPA). He says the organization represents about 50,000 former service personnel receiving pensions.

The association presented a brief last fall to the Special Joint Committee on Employer-Employee Relations in the Public Service, and met with several MPs to

discuss grievances on behalf of ex-servicemen.

WHAT SOME PENSIONERS WANT

Among the submissions

presented was a complaint about the minimum age (55), a retired serviceman must reach before he is eligible to draw a pension that is adjusted annually to the increase in the consumer price index (CPI).

"Most Canadian Forces personnel reach compulsory release age (CRA), while in their 40s; and it's not uncommon for many to wait about 15 years before they are able to receive pensions that are adjusted to the CPI," the 24-year air force veteran said.

The current requirements of service personnel to be 55 years of age and have 30 years' service before their pensions are adjusted to the CPI are unjust, he said.

"The civil servant can remain within the government for 30 years and pass the age of 55, making him eligible for a CPI indexed pension immediately on retirement," he said. "Here's the discrimination."

Ex-servicemen's pensions should be indexed automatically to the cost-of-living as soon as the person retires, Mr. Nadon said.

Retired servicemen often are forced to take lower-paying jobs while they enter middle age, a time when their children are about to enter university, he added.

About 31,000 ex-service pensioners are not yet eligible for CPI indexed pensions because they are below age 55 on retirement, and or have less than 30 years continuous service.

The association's brief also asked for housing assistance for the service pensioner.

Because of the transient nature of service personnel, it says, service families find it impossible to sink roots in any community, and find it difficult to buy a house at an early age. It suggested special mortgage-financing arrangements be made, using ex-servicemen's contributions to the pension fund.

The brief also says the current pension system discriminates against women by halving servicemen's pensions to their wives when they die. It requested that a widow receive 100 per cent of her husband's pension after he dies.

"After all, if a service pensioner's wife dies, he continues to get 100 per cent of his pension," Mr. Nadon said. "It should be true for the wife as well."

(Continued on page 10)

## Charges Up April 1

OTTAWA (CFP) - Monthly charges for material and single quarters for members of the Canadian Forces will be adjusted April 1.

The charges reflect the inflationary economic trend that face all Canadians, and follow the principle that service members should pay the same for government quarters as people renting similar accommodation in the same areas from private or commercial sources.

Fewer than half of married service personnel occupy married quarters, and defence officials say it would be inappropriate to subsidize that group of married personnel through lower rents.

In levying the new charges, the national consumer price index for fuel and utilities is used, and an annual CMHC appraisal of the quarters, based on the local area norms, is used to determine accommodation charges.

Certain factors of military life, such as enforced occupancy because of duty, and age and conditions of the quarters are taken into consideration in setting individual charges.

Eventually, the value of a garage or car port will be included in the re-appraisal of the housing, when it is on the same property or forms part of the particular unit. Meanwhile, the \$5 monthly charge for garages and car ports will continue until April, 1977.

There are about 27,000 government-owned rental units on bases and stations in Canada and Germany.



JAMES CAVE

31 MAY 1965-5 MARCH 1976

Jimmy Cave, as his friends knew him, was a pupil of Comox Elementary School. He was involved in the music program there and played the violin well. Jimmy had many other interests including swimming, figure skating, and reading. He was an avid stamp collector; his collection containing over 6,000 stamps. Some of his most rewarding times were his three years of being a Cub-Scout with the first Lazo Group, assigned to Red Pack. Jim was also an active member of the Base Catechism Class. He was born in Brandon, Manitoba, to Jim and Irma Cave. He had one sister, Terri.

## Comox Men Earn Commendation

OTTAWA - Courageous action by two firefighters from Canadian Forces Base Comox in helping to extinguish a potentially-disastrous gasoline fire at Courtenay, B.C., Sept. 28, 1974, has earned them commendations from the chief of the defence staff, General J. A. Dextraze.

Major G. W. Lorne MacLean, 45, Summerside, P.E.I., former fire chief at CFB Comox, and Corporal Donald W. Armstrong, 31, Hedley, B.C., entered the city's fuel storage tank enclosure to turn off valves feeding gasoline to a nearby fire around a loading platform and tank truck.

Working in intense heat and with the risk of explosion, the two closed seven valves leading from 5,000 gallon tanks and discovered an eighth lock open. They left the enclosure, picked up a pair of bolt-cutters, and then returned to the valve and cut the lock to turn it off.

With the fuel source cut, the fire was quickly extinguished by other firemen.

The fuel enclosure is near a residential area.

## For Risking His Life

### Pte Earns Award

OTTAWA - Risking his life in attempting to stop an exchange of gunfire between Greek-Cypriot and Turkish forces last April on Cyprus has earned a commendation from the chief of the defence staff, General J.A. Dextraze, for a Newfoundland soldier. He is Pte. George E.

Warren, 22, of Arnold's Cove, Placentia Bay, a member of 1st Battalion, The Royal Canadian Regiment.

Three times he attempted to crawl out of his observation post, under heavy-machine-gun fire at night, to contact the Greek National Guard

company commander to end the shooting.

He also assisted his fellow sentry, Pte. H.M. Chaulk, who said "... Pte. Warren crawled out of the OP to tell (them) not to fire. Upon doing this, he drew considerable fire from the Greek side, forcing him back inside."



Begin photo

"I'm Gonna Get Five Copies For My Mother"

The popular group Contraband seen performing their latest hit "The Cover of the Totem Times" during a recent appearance in the Totem Inn Lounge. Band members are Doug Holcombe, Keith Field, Brian Parkin and Chris Dewitt.

## Comes early

## First Call For CF Aid in '76

GUATEMALA CITY (CFP) - Week-long, round-the-clock flights by Canadian Forces Boeing-707 and Hercules aircraft airlifted hundreds of thousands of pounds of supplies to earthquake-torn Guatemala early in February.

During the week, the Hercules and 707s each made four trips. They chalked up more than 100 hours' flying time and carried 468,351 pounds of material.

A Hercules from 436 Transport Squadron, Trenton, Ont., airlifted 140,000 pounds of powdered milk and 1,500 pounds of medical supplies.

And a Boeing from 437 Transport Squadron, also based at Trenton, carried 72,000 pounds of powdered milk and 254,851 pounds of blankets.

The supplies had been requested by Clive Carruthers, charge d'affaires

at the Canadian embassy in Guatemala. They were purchased by the Canadian International Development Agency (CIDA), which also requested the help of the Forces in transporting them.

The Guatemalan authorities told Mr. Carruthers that the powdered milk provided an easily transported and distributed source of protein for the million or so people left homeless by the earthquake, and later they asked for supplies of blankets for protection from night-time temperatures reaching below 0-degrees Celsius in the highlands.

The first Hercules flew its provisions from CFB Toronto, and carried a spare aircrew for pre-positioning in New Orleans. That way, following Herc flights always had a fresh crew for the final nighttime leg from New Orleans to

busy Guatemala City International Airport.

The Boeing, after its initial flight from Trenton to Guatemala, returned to Winnipeg to pick up a second load of blankets.

A crew with Capt. Wayne Gray of Trenton, flew the Toronto-New Orleans leg of the Hercules flights. And Capt. Glen Stewart of Fredericton, N. B., was commander for the New Orleans-Guatemala leg.

Crews under Captains Al Suba, George Graham and Ron Dodd, handled the Boeing flights from Trenton to Guatemala and the Winnipeg to Guatemala flights of the Boeing.

Often in relief efforts there is a question whether the supplies actually get through to those who need them most. But in this case there was no doubt.

One of the reasons was that a crew of expatriate Canadians took the supplies as soon as they landed in Guatemala, repackaged them, and personally handled the distribution.

The back-breaking job was under the direction of William Harris, a former Montrealer, now an exporter of tropical plants and flowers in Guatemala.

He marshalled a crew of about 60 teenagers, children of Canadian residents and Guatemalan school students, to repack the 50-pound bags of powdered milk into three-pound plastic bags.

A visiting Hinton, Alta., rancher and amateur archeologist, Rick Bronson, took charge of the distribution to the destroyed towns outside the capital.

Some blankets were distributed by other

Canadians in Guatemala City. Most of the 40,000 blankets were turned over to the Guatemalan Army which distributed them on an equitable basis.

Summing up the week's activities, Mr. Carruthers complimented CIDA, the Canadian Forces and the Canadian people for their prompt response and generous efforts on behalf of the people of Guatemala.

"More than 500 Canadians, expatriates and tourists, volunteered to help in Guatemala City. And evidence of the Canadian presence here was made possible by the government's quick reaction to our request for help from home. The Canadian Forces' airlift was efficient and tireless to provide the necessary link between Canada and Guatemala," he said.





WHO ELSE....? But 6 of 409's finest WO's.....



Base photo

I'LL LAY 4 TO 1 odds that the bag comes back full.

Base photo

## 407 Tech Ramblings

### ENGINE BAY

This is our first contribution to our Base Newspaper in many months. No excuses, it boils down to lots of talk but no action when it comes to writing.

The recent hike in auto insurance has hit one of our members harder than the rest. Cpl. Steadman found last year that the tires for a camper come dearly. Now the insurance on the beast has made it a very expensive set of wheels. Speaking of transportation, our leader, WO Tillack, has graduated to the three car family and there are times when not one of them is serviceable! Many is the evening that Bill is to be found working on the cars. You're not interested in a used camper are you, Bill?

In the spring a young man's fancy turns to thoughts of love, but Cpl. Ferguson's first love is fishing. During the winter lull, Fergie has acquired a bigger and better boat that is supposed to catch bigger and better fish. Hope it works out, Fergie. Any thing bigger will require a crew to run it. Speaking of boating, if you should encounter Ron Kempton in his new boat waving his shirt (again) don't laugh. Just tow him in. Somehow motors and Ron were never meant for each other and the last time they had problems was directly in the path of the Denman Island Ferry.

It's nice to see Barbara Kempton home again. You've had enough of hospitals to last you a lifetime, Barb, so here's hoping things work out for you.

Cpl. Steadman is heading for "Cool Pool" in August. Very nice timing, Stead. Just after the height of the black fly season and just before the first snow flies. The boat won't see much water this year.

M-Cpl. Mark Hull is departing this month to learn the ins and outs of the Tracker Propeller at Shearwater. Mark is a down easterner by birth and is perhaps weighing the chances of a Maritime transfer.

That's about it for the super techs for this issue.

**A S W L A B S**  
Welcome once again to the ASW gossip column. Our last reporter, Brent Hart, has retreated to Servicing, (the coward).

And your new reporter was volunteered by a roving Sgt., so be prepared. We'd like to extend a hearty welcome to Andre Fontaine who has come up to the labs to complete his

PLA. He's obviously thinking of the future as he spends half of his time on a French course.

WO Raymer after being knee deep in PER's with the rest of the wheels, is leaving us to go to Servicing on the 1st of March. Congratulations go out to Jim Freeman who recently reached the dizzy heights of MCpl.

Quietness is once more about to bless our coffee tables as Mark Jacobs departs to Borden on his PL5 course. (Good Luck!)

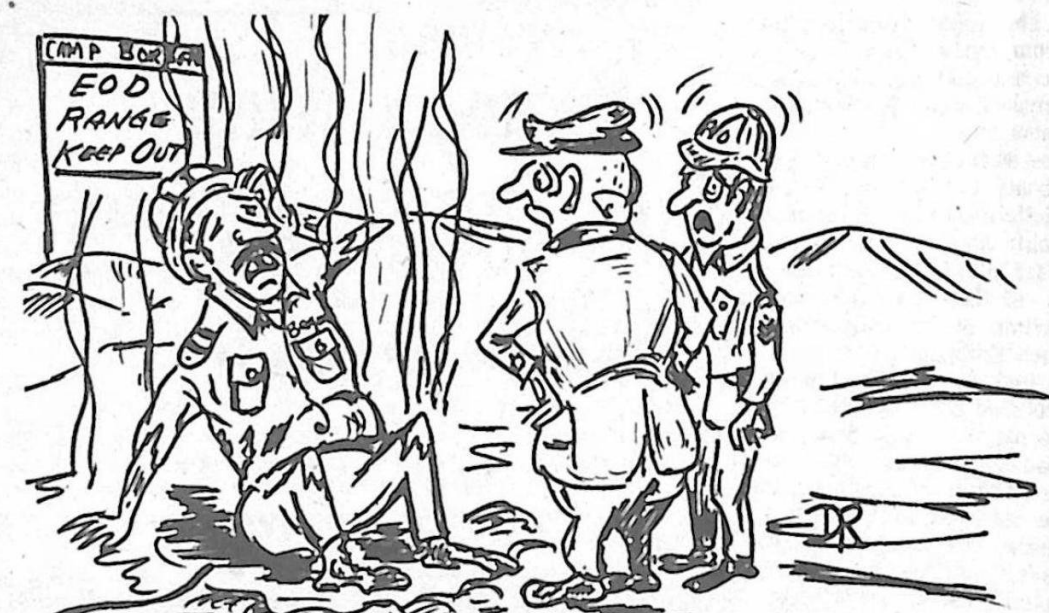
One last word of caution to those of you thinking of driving in Montreal this summer - DON'T!! Due to the olympics there are some new taxi drivers in the city consisting of Pte. JJG Labrecque, Pte. JJR Lavoie, Pte. P. Forget and Pte. HG Brand. Pte. PJ Cloutier is also taking in the Olympics as a medal distributor.

Well that's about all the news for now but we're still wondering where Ken MacLean is going to find all the required money for that new car of his.

### Armament

#### MWOGREER

Happy and stout and blithe and gay -  
Delirious on this joyful day.  
For WO Greer is now no more,  
MWOGreer comes through the door.



I TOLD HIM TO LIGHT THE FUSE, COUNT TO THREE AND WALK TO COVER. HOW WAS I TO KNOW THAT CAPTAINS COULDN'T COUNT TO THREE.

The friendly neighbour-hood exercise.



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#### Announcement



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### St. Patrick's Day Tea and Bazaar

The regular monthly meeting of the C.W.I.L. took place on Tuesday, March 2nd. with 16 members present. Prior to the meeting, Father Swoboda celebrated Mass in the Parish Hall.

The President, Barbara Arsenault opened the meeting and welcomed new member, Mrs. Bev Pierce. Mrs. Maggie Korbatiak, who is leaving for Trenton, Ontario was presented with a spoon.

Final plans were made for the annual St. Patrick's Day Tea and Bazaar to be held on March 20th. at the Airport School from 2-4 p.m. The ladies are all working very hard to make it a big success. All our friends and neighbours are invited to be there.

After the meeting was adjourned a birthday party was held for our oldest member, Mrs. Daisy Payne, who was celebrating her 89th birthday.

The gate is locked so big, bad Dave Opens it wide - isn't he brave? (He has to be with Zeke at the wheel).

We drive on through up to the door 'Till the truck can't move a fraction more.

Zeke opens the big door wide Then through the opening the big (?) three stride.

Zeke stands and figures then climbs up top Heaven help us if he lets one (?) drop.

Zeke hands them down and Big Dave stacks

While poor old Gloria loads and packs.

The truck is packed and we're ready to go But Dave finds a problem so its no go.

Unpack the truck with much fuss, no muss

Big Dave is so mad he forgets to cuss.

A tire is flat with a heavy load So with an empty truck we hit the road

Only to return another day - What a living to earn this way!

This great trip just goes to show If a tire goes flat, Zeke doesn't know.

If you want to have a real fun day

Don't go with Zeke out to Seal Bay.

Gloria Gallant-Boehl

### Free Bags

The British Columbia Department of Environment and Outdoors Unlittered will donate a total of 25,000 free, large, plastic garbage bags to community organizations or schools for community clean-up projects to be undertaken during Anti-Litter Week, May 10-16, 1976.

To receive these 26" X 36" bags, schools or organizations should write Outdoors Unlittered, 200 - 1326 Johnston Road, White Rock, B.C., outlining when, where and by whom the bags will be used.

### Tax Treaty

Finance Minister Donald S. Macdonald announced today that meetings will take place in April 1976 to commence the negotiation of an income tax treaty between Canada and Grenada and between Canada and Antigua, Belize, Dominica, Montserrat, St. Kitts-Nevis-Anguilla, St. Lucia and St. Vincent. Meetings will also

take place in the following months to commence negotiations with Egypt. The purpose of this release is to ensure that persons whose interests are affected have an opportunity to inform the government of any particular problems of double taxation which might be resolved in Canada's tax treaties.



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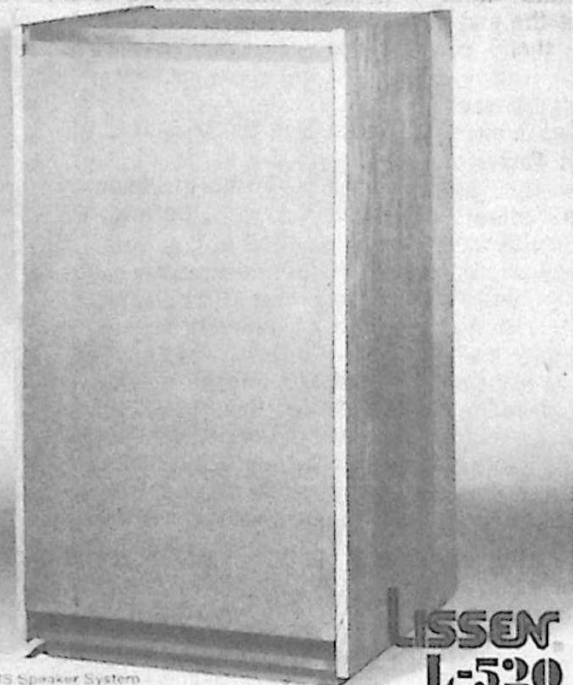
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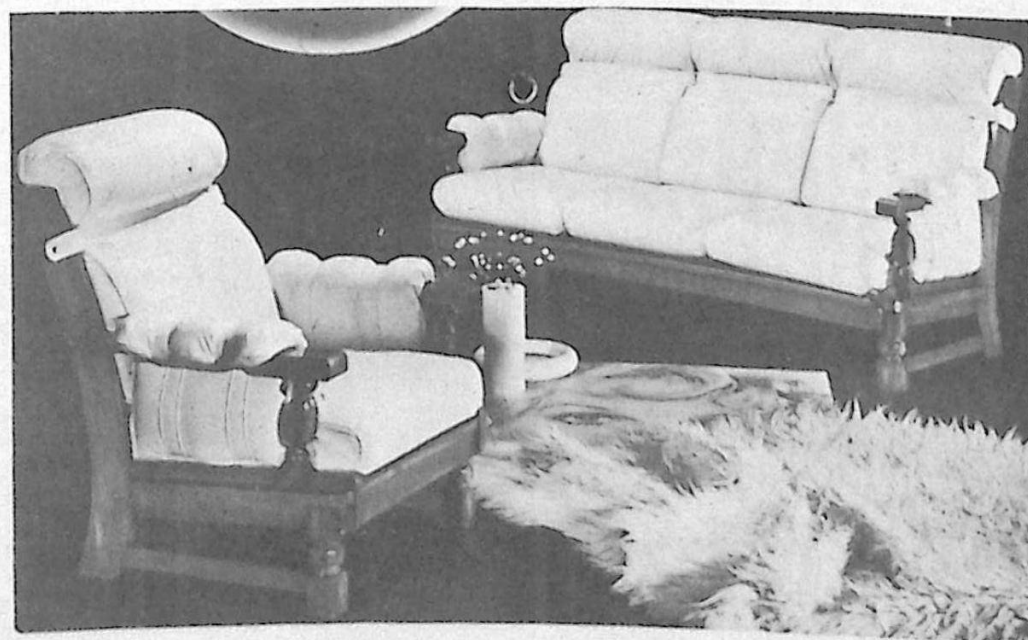
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Power Rating: 80 watts RMS  
Impedance: 4 ohms  
Crossover Type: 3 section R/C/L  
Crossover Frequency: 400 Hz and 6,000 Hz  
Enclosure Type: Base Reflex, tuned port

Woofer: 15", 54 oz. ceramic magnet, 2" voice coil, impregnated pleated cloth surround.  
Midrange: 17" x 7" x 20" deep — Exponential Horn  
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## Nighthawks Nest

I suppose first off I should apologize to all my faithful readers for missing the last column. You see the incessant pressures of Tac Eval made me miss a week of my life and my personal deadline was 7 days later than the official one. Or, as my wife says, I was out drinking five nights in a row and consequently didn't know which week it was. The only one who didn't mind the slip up was Rick St. Germain because his Cudgel Stew received twice the space it normally does. I have it by God authority that Norman Nighthawk is about to have an addition to his strip which, I presume, makes young Rick a father.

The day of the last Mess

Dinner fast Eddy Leask, lumbering Len Bates, loveable Larry Faulkner and yours truly, suddenly found themselves diverted to McChord for the night courtesy of our seldom right Met Section. I wonder if their forecasts would be better if they had to pay the claims? Anyhow with no clothes or money we did what any foursome would do, we went to the museums in our flying suits. Had we taken our flush riveted big silver jets downtown we probably could have sold them as antiques and raised enough money for a six pack. I gather the Mess Dinner went well enough without us but that staunch conservative Al Robb

bought Hugh Anderson a drink thinking it was Pete Ott. I just hope Shirley doesn't find out.

Boss Man McKay threw a party for all the 409 troops last week to celebrate their fine showing in Tac Eval. He started the ceremony by having a parade and presenting numerous awards and medals. It must be said in all honesty that he kept marching to a minimum because he didn't want to embarrass all the navigators. The Photo Section then tried to capture all 300 of us - plus three aircraft - on film but mother will have to buy a magnifying glass to pick your face out of the crowd. The afternoon was topped off with a cup of cheer in the Totem Lounge. There is absolutely no truth to the story that Officer Breeden put money on the Bar because he understood every word of Paul's speech. Sterling fellow that he is, he donated a substantial amount of his winnings from the infamous 409 Draw back to the masses in the way they'd appreciate most.

It seems that half the Squadron is away, or going away on leave. The noteworthy exception is Mike McKay who was back for a weekend rest from Hometown. I didn't see him around but perhaps he spent the weekend trying to convince Jeannie he had to buy his own books. By the time this paper comes out Rich Little should be back from 10 weeks at SANC in Winnipeg. I'll lay odds he won't talk to Phyllis about inertial platforms and the like for a long time. Orv Malcomson took his family to see Reno. I hope he can pull himself away from the gambling long enough to take his kids to the Mustang Ranch. An entourage consisting of the Livings, Leaks, Martins and Cox's are taking their horse to see Disneyland shortly. California is known as the land of nuts and honeys so I really don't see why we have to export four more of each. Knowing Stu he'll get a listing on the place and try to sell it. Too bad the NDP is no longer in power because they'd probably buy it. Balloons Reith and Smerdon went to Tahoe for a little skiing. Kent

and Liz are back already but as of this writing there is no sign of Jim and Marg. I hope the Bunnies at the Playboy Club aren't holding him for ransom. Would you believe Hugh Heffner wanted a lesson in Backgammon? Spring's arrival in the valley proved too much for Tony "Nuts to the Jungle" Nichols and he finally went on his arctic survival course. I really don't know why; after last month's snow he could have done it right here.

All the Major's have been under a great deal of stress lately writing PERs. In defence of all Captains, it must be said that they have been very co-operative and have tiptoed around the Squadron making as little noise and being as inconspicuous as possible. About the only noise being heard is the movement of Acey-Doucey Chips by those slack CAC types Hallstrom and Codner. That's allowed though because they sure do need the practice if they ever want to beat the "B" flight champs of Potter and Smith. I can understand Roy being good at it but Pilot Tom must be completely out of his element since it involves counting up to twelve.

In closing this week's trivia I just want to confirm the rumour that Ed Leask wasn't invited to the Defence Minister's Party because someone was afraid he'd utter his immortal Mess Dinner words to some V.I.P.

## Spring driving

### SPRING DRIVING

While your car is having it's spring check up, it's a good idea to have it thoroughly washed and checked for signs of rust. Once the spring check-up is complete, however, don't neglect your vehicle. Read and refer to your owners manual regularly and follow the advice for recommended service checks.

Not only will this save you from big service bills but it will insure your own safety. If you buy a used car, make sure you get an owners manual even if you have to write to the manufacturer.

## Mushroom Mutterings

Here are the latest block-busting exclusives from the hangar floor.

Former Mushroom Mechanics, Red Borne and Garry Fiske have managed to escape the clutches of Trenton's snow storms and seek refuge on the Coast for a week, before taking "Arnold" back east.

Petty Officer Second Class, Robert L. Smith, R.C.N. has decided to "Swallow the proverbial anchor" after many years ashore and afloat. Soon to pick up their walking papers for civvies street are Bob McNeilly and Dan Campbell, while our rivet basher, Ted Hawkins will be heading for North Bay this summer. Seems like the incoming never catches up with the outgoing these days.

And now, here's a recipe from the Fungus Cookbook which will not only please the palate of the saltiest old Navy Chief, but help to fill this column up. Here it is, a recipe for:

### ELEPHANT STEW

1 elephant  
salt and pepper  
2 rabbits (optional)

First, cut the elephant into bite-size pieces. This will probably take about two weeks. Add salt and pepper to taste. Cook over a kerosene fire at 470 degrees for about 8 days. (A J-57 engine with afterburner should do the trick). This will serve 1,360 people. If more guests are expected, add two rabbits. Do this only if necessary, as most people do not like to find hare in their stew.

## Demon Doings by Hammer

### BY HAMMER

FLEETEX, the first exercise of spring has been held and crews 1, 3, and 5 have returned from Moffett. I've heard varying reports from the participants but your regular demon scribe has promised to reveal all in the next issue.

Around squadron we've been kept busy with fisheries patrols and crew trainers and such. It is now herring season which presents more opportunities for involvement in search and rescue. The fishermen seem to have their season off to a good start with a few capsizing. Crew 4 made good their escape on a NORPAT to somewhere via the north pole and perhaps we could press them for a few details on their return.

On the personnel side we have a couple of happenings to report. Maj Tom Dandeno attends his retirement mess dinner this week. Good luck to both he and his wife Irene who are remaining in the local area upon retirement. Maj Dandeno has obtained a position as opposed to getting a job. He is to be head honcho in charge of the vast service enterprise at the spit where he will be wearing a variety of hats as the situation dictates and responsibilities vary.

Capt Newt Worden is moving over to sqn ops from trainer. Capt Doug "The Doctor" Mackean is also returning for a sqn tour in ops.

The only other item I have is a report on the sqn colours. I personally had a look at them and our flag fared better than that of 442 Sqn. They should come clean with a trip to the cleaners and a minor repair or two. 442's flag was torn a bit with the fringe ripped and the whole thing heavily soiled. There are lots of rumors about who did the dastardly deed but hopefully he won't go unscathed. The investigation is continuing at this time.

The following is a report from the ops personnel involved in FLEETEX. Thanks Smokey. With mukluks and snow boots removed the 407 ops staff were up and away aboard the here destined for Moffett Field in sunny California. It was steage class all the way. Our arrival in Moffett was met with several cases of beer to quench our thirsts.

After customs and a few cool beer it was off to the sleepy village of Sunnyvale (our home for the next two weeks). The anchorman of the ops staff Capt Bates and Lt Alexander shared a room. We were among the lucky ones to have TV and phone. Sleep was a problem as each accused the other of snoring. Capt's Bate, Worden, Perron and Lt Alexander worked in the TSC (tactical support centre). This is the heart of the exercise and proved to be

a rewarding experience.

Much was learned and ideas exchanged working with other nations on teams. We were lucky to have our own driver in the name of Capt Reid Delong. Without his expertise in transportation phenomena and the adroit handling of his vehicle we would have taken more than 45 minutes to travel point to point. Reid, full of confidence navigated a one way street against the flow of traffic much to the chagrin of Gord, Newt and Smokey. Newt Worden not knowing the full extent of his strength shut the car door with his backside and caused \$300.00 damage.

On the golfing scene it seems we have quite a golfer. Gord Bate with a look of determination did not hesitate to select a driver after checking the wind (the WX vane got cumbered after 18 holes). He swung his wood in a graceful arc and the ball (35 cent special) zoomed out into the middle of the fairway 250 yds. Gord carefully selected a three wood and deposited the ball within 10 ft. of the green. Picking out his favorite nine iron, Gord proceeded to chip the ball onto the green. There was a hush in the crowd (Reid and Smokey) as the ball rolled toward the cup. Would it go in? Yes it did!! The crowd was ecstatic. Gord in his casual way bowed and proceeded to tee off the next four holes with his nine iron. Keep your cool Gord. The above is an analogy

of ones first birdie. Keep it up Gord!



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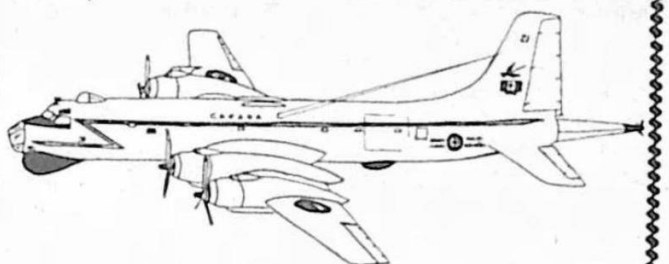
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# EDITORIAL

## From the Fur-lined Foxhole

A Rebuttal to: "Defence - Dangerous Game"  
Green Sheet Wed., 10th Mar. 76.

Dear JBB:

I read your recent article in the Green Sheet and feel that statements such as yours must be refuted as soon as possible lest they misinform and mislead others.

Let us start with your conclusion. In it you urge that we withdraw from the "most absurd and expensive game in town." I hope to show that, because the stakes are so high, we have no choice but to play the game.

I shall disregard much of the irrelevant rhetoric contained in your first three paragraphs. The first significant point that you made was that the "arms race has already produced enough weaponry to destroy the entire globe." This of course, is true. However, this in itself does not prove that re-equipping and re-arming the CAF is unjustified. The weapons systems to which you refer are controlled almost exclusively by either the U.S.A. or the U.S.S.R. Increasingly, it is the U.S.S.R. who has the biggest and best in the greatest numbers. You see JBB, it is not a case of wanting to use these weapons but of having a credible range in deterrence. Increasingly, the Soviet Union is obtaining such a superiority in all types of weapons in all areas that soon no resistance will be possible. The communists have been battering away at the West for a generation. Recently, however, they have begun to succeed even beyond their wildest dreams. Early in the cold war, when we were much stronger militarily, and NATO was more united, we managed to rebuff several expansionist attempts by the Soviet Union. Over the years we won some; i.e., Greece, Berlin Blockade, and lost some.

Even as late as 1968 it looked as if Czechoslovakia might be drawn away from the Soviet orbit. Recently, events have changed dramatically. Now virtually every area of conflict is in our backyard so to speak. Portugal and Italy, areas that have always been considered Western are now, or were recently in danger of Communist control. Other areas, long dominated by Western influence such as Angola and Algeria have had to be abandoned to communist supported leftist regimes. Let's face it J.B.B. the West is on the defensive and you want us to give up. FOR SHAME -- Liberty has a price and apparently you are not willing to pay that price.

Your next point, that it is both "sad and absurd to see Canada being played for a pawn" could not be further from the mark. For years now, our neighbour to the south and our other Allies have complained bitterly that we have not pulled our weight in the Alliance. Our percentage of GNP devoted to defence is exceeded by every other NATO country save Luxembourg. We are now being

asked to pay more for our common defence; to begin paying our share. So you see J.B.B. it is we who have been taking our friends for a ride. It is only now that our low level of defence spending has caught up with us. Manifestly, we cannot defend ourselves. Yet while we are part of a credible alliance it is not just our own "military capability" that we have to rely on. The isolationism or neutralism that you seem to suggest is fine if you can afford to arm yourself fully to protect your own territory. Precisely because this is impossible for Canada our alliances make sense. They give us the most defence for the least cost. By ourselves no defence is possible; in our Alliance however, defence is not only credible but within our financial resources. Apparently you would rather continue to be given a free ride. FOR SHAME JBB.

The point that really annoyed me is the statement that we could be used for more constructive jobs. Firstly, we do as we are ordered, an unusual trait these days. JBB, you would be amazed how good we are at all sorts of jobs: eg. Search and Rescue; aid to the civil power (such as prison riots); building bridges and air strips in the North; fishery and Arctic patrols. And, oh yes, we're in the Olympic business this year. Believe me JBB when we're given the tools we're second to none, even with old equipment we do better than most. You're getting a good return for your defence dollar. You may not think so but it's true.

Your statement about setting an example for other nations is, I suggest, also irrelevant. I suggest that our low expenditures on defence recently were done with that in mind, and look at the result. Being unarmed JBB is the problem not the solution. Few countries are as passive as Canada. Few countries would find it easier to bow out of the arms race than Canada. Yet, our example in recent years has had no effect on the Communist nations. Has any communist state frozen its expenditures as we did, have any failed to re-equip when necessary? I suspect not. Don't kid yourself JBB the name of the game is power and without enough of it we will lose all that makes our society worth living for. Take a look around the globe. Count the democratic states that remain. Each year a couple more succumb to either communist pressure or to some brutal right wing coup. Talk to someone who has fled one of these nations. They are willing to pay the price for liberty.

There was a time JBB, that we were not afraid to play the game. Failure to play it now, whatever the costs will, in the long term, mean a loss of liberty for all. The liberty that now enables you to bemoan the costs of an adequate defence. The game is absurd only if liberty itself is absurd.



Ancient Argus Attracts Attention

## What MPs Ask

OTTAWA (CFP) - The following is an extract from Hansard March 2, 1976  
Lockheed Contract - Delay in Signing Contract - Possible Representations about Canadair

Mr. J. M. Forrestall (Dartmouth-Halifax East): Mr. Speaker, my question is supplementary to questions asked earlier. It is directed to the Minister of National Defence. Can he indicate whether he or any of the officials of his department have had any representations about Canadair with regard to this prolonged delay in the signing of the contract for the

Orion and whether or not any such representations had to do with refurbishing of the Argus or the bringing back up again of the so-called Phoenix program?

Hon. James Richardson: Mr. Speaker, some months or years ago Canadair was one of the contenders during the evaluation phase and did put forward a proposal which was not accepted. Until we have completed the negotiation on the Lockheed contract one way or the other we are not entertaining proposals from any other source including Canadair.

Mr. Forrestall: Mr. Speaker, I understand from the minister then that there have been no representations from Canadair along these lines. Could the minister indicate when we might expect a conclusion of the present negotiations in respect of the Orion contract.

Mr. Richardson: Well, Mr. Speaker, in completing the answer to the first question, there have been no representations from Canadair to me personally. I cannot say how long it will take to complete the negotiations with Lockheed.

## Red Cross seeks help for disabled

A clinic to train volunteers interested in helping with Red Cross aquatics programs for the disabled will be held at the Beban Pool in Nanaimo, Saturday, March 20.

Volunteers need not necessarily be swimmers. Helpers are needed to dress and drive participants, as well as to help them in the water.

Further information can be obtained from Lois Gonger, at the Beban Pool.

## TAX TALK

There are two relatively new provisions in the federal tax laws that you should look into if you're setting aside money to buy a home or if you're putting a little aside for retirement. Or both!

Under these plans, you can save for a home and for retirement and get an immediate income tax deduction. But if you want to claim your deductions against your 1975 income, time is of the essence. If you don't act before March 1, you will have to wait another year for your tax benefits.

Under the Registered Home Ownership Savings Plan, you can put up to \$1,000 a year for ten years into a savings plan for the purchase of a home.

If the plan is properly administered by an authorized trustee, such as a bank, credit union or trust company, you need not pay tax on the money you put into the plan up to a maximum of \$10,000. You must, however, use this money to purchase a home or home furnishings and you are not eligible to contribute to an RHOSP if you already own a home. You have until March 1 to contribute to an RHOSP and still have the amount tax deductible on this year's return.

Then, there is the Registered Retirement Savings Plan.

If you are self-employed or employed with a company that does not have a registered pension plan, you can contribute up to 20% of your annual earned income to a maximum of \$4,000 per year to a RRSP. If you contribute to a registered company pension plan, or if the company also contributes on your behalf, your contributions to the company plan and the RRSP may not exceed 20% of your earned income to a maximum of \$2,500 per year.

If your company has a pension plan but you do not contribute to it, and your company doesn't either, you can contribute up to 20% of your earned income to a maximum of \$4,000 per year into a RRSP provided contributions were made prior to June 24, 1975.

If you are employed and a member of a registered pension plan and you contribute to a RRSP after June 23, 1975, the maximum combined deduction of registered pension plan contributions and registered retirement savings plan premiums is limited to the lesser of \$2,500 or 20% of your earned income.

And what's more, if you borrow the money to contribute to a Registered Retirement Savings Plan, the interest you pay to borrow the money is also tax deductible. The income earned in the plan is tax free until withdrawn.

You only have to pay tax on a Registered Retirement Savings Plan when you wish to withdraw your payments. However, by that time, your income will probably be much lower so you will be taxed at a lower rate. This year you must make your contributions to the plan by March 1, to receive a deduction for the previous year.

If you want more information, the tax department publishes two pamphlets, one on Registered Home Ownership Savings Plans and one on Registered Retirement Savings Plans. You can get them by contacting your local tax office. The address is on the back of your 1975 tax guide.

The tax guide is included in the envelope with your tax return. Leaf through it. You may find other benefits you've overlooked.

**NEXT DEADLINE**  
**MARCH 29**

Dapper Dan Says:

## Gimmicks for Dollars

OTTAWA (CFP) - Once again it's that time of year when the hills are still being paid for the annual spending spree at Christmas and pretty soon the golfing fees will be due. Where can a red-blooded Canadian boy get his hands on some real money?

Well let's have a look at some of the ways we were parted from our long green at Christmas and maybe we can come up with a gimmick or two.

Strolling through the departmental stores last December, I noticed that a red hot item was "Pet Rocks". For only a measly \$4.00 you could take home a pet rock and learn to care for, feed and love it to your heart's desire.

What happened here was a bright young man from California went down to Mexico and gathered up thousands of small polished rocks from the beaches and came up with the scintillating idea of packaging selling them at four bucks a throw. This little enterprise netted him over a million good old greenbacks in a few short months.

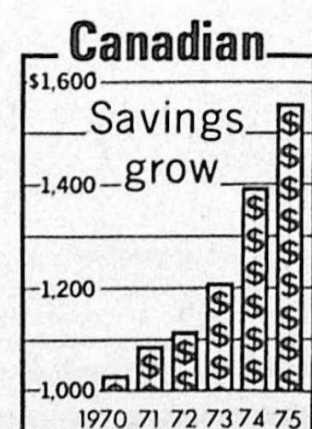
Continuing my stroll down the aisle, I came across another best seller - mood rings. Now these rings are guaranteed to change colours with your different moods. I contemplated buying one for the better half but I decided she wouldn't appreciate wearing a ring that was black all the time.

Now don't worry, if you missed out on the rocks and rings because another golden opportunity is coming your way. Out of the windy city of Chicago a new gimmick has been introduced. This is called the "Trained Stick." When you receive your stick which

is a six inch dowel, you are also furnished with a small booklet called the Unofficial Trained Stick Training Manual. This manual points out that stick is trained to do such tricks as play dead and lean and maybe even stand on end. Oh yes, I forgot to mention that this will only cost you \$4.50.

All this reminds me of an enterprising young man who placed ads in all the major newspapers a few years back, in which he guaranteed to change black and white TV sets to colour for a cheque or money order in the amount of \$15.00. After he received the payment he forwarded the kit which of course consisted of a small paint brush and a little bottle of paint.

"Ah yes," as the late W.C. Fields used to say, "A sucker is born every minute." But what about you and I, how can we get in on this gravy. A friend of mine has suggested that we buy up a lot of pasture land around the capital and cultivate a sod farm. Then for those lazy types who don't like to mow grass we could pour a lot of cheap wine over the sods and sell them as half cut. I may finally make my first million from this enterprise.



## Letters to the Editor

## CFSA & SRB Discussed

Dear Sir:

I have seen a few letters like the one in the last issue of Totem Times. They are all magnificent exercises in public relations. They all start out the same way. A big, long lecture on the CFSA, SRB etc. This is especially galling when the lecturer didn't know one end of the CFSA, SRB from the other. WE KNOW ABOUT THE WORKINGS OF CFSA, SRB. What we want are changes. Not more equations to the Public Service.

Each time the referenced letters appeared they, as did this last one, studiously ignored the reasons MP's

received the correspondence. And that is that Bill C-136 1965, Bill C-194 1970 and Bill C-52 1975 all included magnificent increases in the MP's pension scheme and none for us. All with no apparent concern as to how much it would cost to support these elegant benefits.

I'm sure that giving our widows 100 percent of our pension would not break the account.

Our contributions are not at a fixed rate. They have been increased in the past without any increase in benefits. When will our Hon. Members realize that we get one-fiftieth of our pay and allowances for

each year of service. The same one-fiftieth we have been getting for about 70 YEARS. A fiftieth is a fiftieth, is a fiftieth. A fiftieth by any other name....

No one seems to think that we know our CFSA account stands at almost a SIX BILLION DOLLAR credit balance. Or take into account the millions that we have contributed down through the years. Or that the actuary report is computed to show the six billion is spent away off into the far distant future so as not to show any profit so we won't start clamouring for bigger pensions as a result of these surpluses.

## Gasoline Prices

With reference to Mr. R. W. Bush's letter to the editor of 4 March '76 comparing gasoline prices between here and CFB Esquimalt.

CFB Esquimalt is in the midst of a price war, their prices must remain competitive and at present, to be competitive, they sell gasoline at 69.8 cents per gallon. We are not in a price war, and do not wish to be responsible for starting one. Our prices will, however, continue to be competitive in the Comox-Courtenay area.

Does our price have to be 79.9 cents per gallon? Certainly not, it could be higher or lower. It was set at this

price in order to generate a reasonable margin of profit for base fund and at the same time remain competitive.

It would appear from Mr. Bush's letter that my office isn't as accessible as I thought it was, or as it should be. This is to remind anyone interested in contacting me that I can be reached at local 372 or in the Administrative Office of the Base Exchange. I'll be happy to discuss all aspects of Canex with anyone, and constructive criticism is eagerly sought and appreciated.

H. P. Hoffart  
Captain  
Base Exchange Officer  
372.

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The Editor



**TOTEM TIMES**

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# Akela Says . . .

BY MSGT. LITT

During Baden-Powell Week, it's only proper that the "Scouts of Canada" Honor their Parents. They truly are the most important people in the scouting program, because without them there would be no scouting. Most of them prefer to remain in the background, but readily take on such aliases as: Pack Leader, Troop Leader, Assistant Leader, Committee Member, Ladies Auxiliary Member, Drivers, Collector, Server and many others that are valuable to the scouting program.

On 4 Mar. 76, the 1st Lazo Beavers, Cubs, and Scouts honored their parents, along with the founder of Scouting, Lord Baden-Powell of Gilwell (1857-1941) with their annual Father-Son Banquet. Toasts were made by the boys to their Parents for all they have contributed to the scouting movement since 1908, when Scouting came into being.

The guest of honor this year was Dr. John Bristol Foster, a naturalist with the Ecological Reserve in Victoria, B.C.

Dr. Foster gave a brief summary of his activities during his life, and then showed a 26 minute film about the beautiful Queen Charlotte Islands. The film depicted him and others making studies, collecting data, and visiting the native villages in the area. Many items of interest were presented and discussed in the film. After the movie a question and answer period was held. Many questions were asked and answered.

The banquet also found Lt. Col. Lang in attendance with a thought-provoking message to the boys and parents about the intent of Scouting and who really makes it work. He represented the Base Commander during his absence.

The District Chairman, Mr. Rick Warren, was on hand with a few words for the group. Both base Chaplains were present for the blessing before the meal.

Mrs. Sarita Treat, social director for the L.A., was introduced from the head table, as representative of the L.A. After the meal, Rob Vinnedge praised her for six (6) consecutive years of service to the Lazo Group Scouting program. Brent Vinnedge presented her with a silver serving tray as a token of appreciation from the group. She is leaving for Colorado Springs, Colorado in June, with her family. Thanks Sarita, we'll miss you!

Ladies of the L.A. your service at the Banquet was super, (and we got coffee before the meal was over this year) but then it's always flawless at every function. Thanks Ladies!

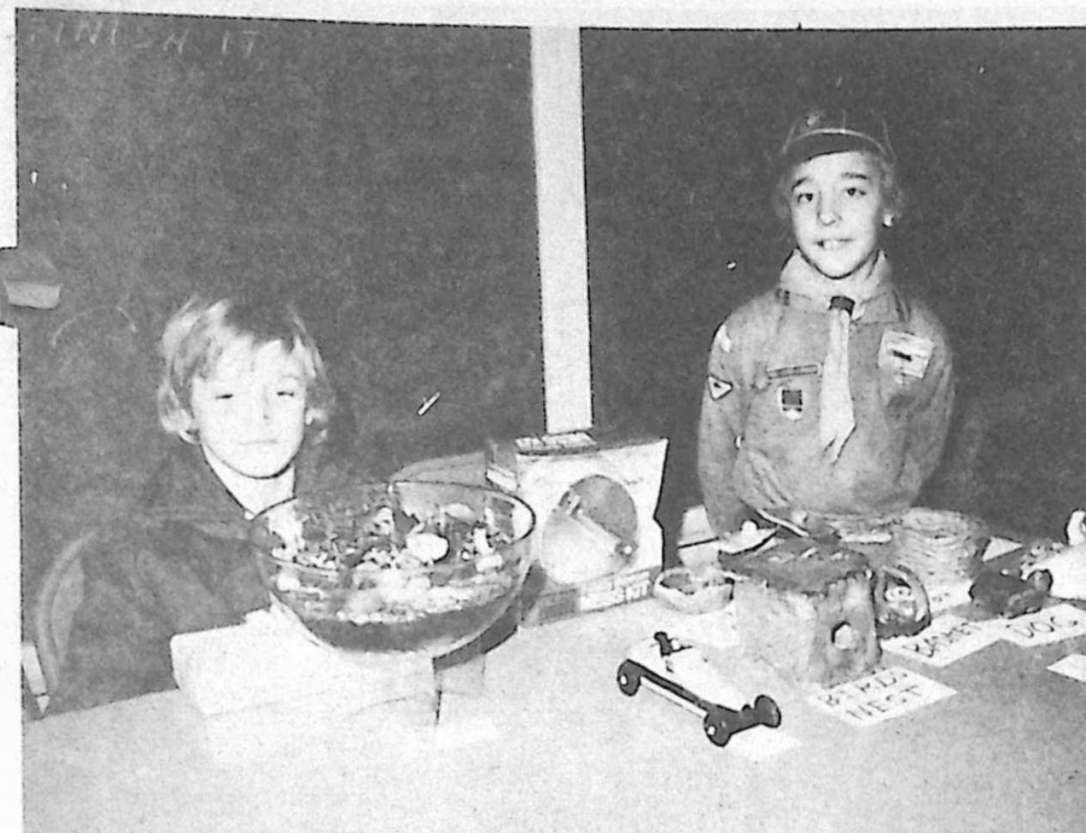
Sunday afternoon, 7 Mar. 76, the scout hall was a very busy place with the presentation of the 3rd annual Scout Hobby Show. The boys' hobbies were entered in one of four categories, as follows: 1. Plan, build, or finish it 2. Plan and paint it 3. Plastic Models 4. Collections. Each viewer was given a ballot and voted for one entry in each category. The voting was not easy as there were many excellent entries.

The winners in each category were: 1. Rob Rusnak, 2. Steven Redmond, 3. Bruce Sinclair 4. John Litt. Steven Brown received a prize for the most unusual entry of a terrarium.

OK Boys, next month is Kub Kart races, so get those cars ready now! Remember Sat. 20 Mar. 76, is Bottle Drive time again. Boys, we'll meet you at the Hall at 10 a.m. Parents dig out your support and all contributions are welcome.



JOHN LITT WINNER of collections. Steven Redmond (R) winner of category No. 2 plan and paint it with "String Art". Photo Litt



STEVEN BROWN DISPLAYS "Most unusual" entry winner. Rob Rusnak (R) with clay models that took first in category No. 1. Photo Litt



BRUCE SINCLAIR SHOWING his winning entry of plastic models. Photo Litt



MOM WONDERS --- will there be enough Kool-Aid left to make the toast? Photo Begin



MWO DUDER ACCEPTS a token of appreciation from Committee Chairman, Rob Vinnedge for the excellent banquet. Photo Begin



ROB VINNEDGE, Committee Chairman of 1st Lazo Group looks on as his son, Brent, presents

Mrs. Sarita Treat with a silver tray for six years service. Photo Begin

## Lord Baden-Powell Of Gilwell 1857 - 1941

Robert Stevenson Smythe Baden-Powell (B.-P.) was born on February 22, 1857 in London, England.

He had a distinguished military career, culminating in his heroic defence of Mafeking in South Africa.

He was asked to write a book for boys based on his army training manual "Aids to Scouting." After testing his theories with boys at an experimental camp on Brownsea Island off the south coast of England he wrote "Scouting for Boys" in 1908. It was an instant success and British boys, and subsequently boys throughout the world responded to the ideas and programs by forming patrols and organizing themselves as Scouts. It soon became evident that this was a vital job and B.P. (now a Lieutenant-General) was asked by King Edward VII to devote his full time to this growing youth movement.

Scouting came to Canada in 1908 and was incorporated by Act of Parliament on June 12, 1914.

B.P. was married in 1912 and his wife, Lady Olave Baden-Powell, is Chief of the Girl Guides of the World.

B.-P. died January 1941, in Kenya, Africa at the age of 83.

## Rescuebits

Greetings from downtown dockyard, the nerve centre for the annual sink the herring fleet escapade. After week two, the running score is 2 dead, 5 vessels sunk, 4 damaged, scads assisted, 1 helo crashed and salvaged, many people rescued, and we still haven't run the gamut of the treacherous north coast which opened Mar. 14. The cutter Rider followed 50 or 60 herring vessels down the Straits of Juan de Fuca the other day, some of them with decks awash they were so chuck full of herring.

Couple of the more outstanding events were at Cape Beale on Vancouver Island. The Cape Beale lightkeeper spotted a vessel entering Barkley Sound a little too close to the rocks. Later one of the station inhabitants was out walking when he heard what he thought were cries for

help. Sure enough, the vessel Bruce I, with four on board, was on the rocks. The Bamfield Lifeboat was dispatched and Uncle Sam's Coast Guard was asked for a helo. The lifeboat picked up two survivors and the helo one. Later, in the course of the search, the helo had an engine failure and had to make a forced landing on the crashing surf. The lifeboat rescued 4 more from the helo before the aircraft was beat to death on the rocks. The skipper of the lifeboat, which is 44 ft. in length, pulled off some real feats of seamanship. He rode the crest of the swells over the reefs to effect some of the rescues. The guys on the helo heard the boat scrape coming over the rocks to get them. In the succeeding 48 hours, another vessel, the Starshine, was found overturned sans crew, and a full scale search

was launched. The two survivors were later found huddled in a herring skiff by a Labrador helo from 442 Sqn. Comox after some 39 hours adrift. All proves a point "Don't quit". Some questions were beat about as to why the United States Coast Guard was called. Pure and simple, there were lives to be saved and they were closest. Consider that the same storm that put the herring vessels in peril also affected flying. Weather precluded helos going down the Alberni Canal from Comox to the search area and, as a net result, the Labrador helo would have had to fly twice as far as the boys from Port Angeles, and expediency is the watchword where people are concerned. That there was a USCG helo sacrificed in the SAR operation only lends credence

to the statement that "the border disappears when a human life is at stake".

I guess one of the more common statements now heard in the grand shack back east is the grand Shakespeare's smash hit starring Omlet and McBethlehem in the "Merchant of Kapuskasing" "P3 or not P3 - that is the question".

It is simply not true that they do not give Army officers coffee breaks because it takes too long to retrain them.

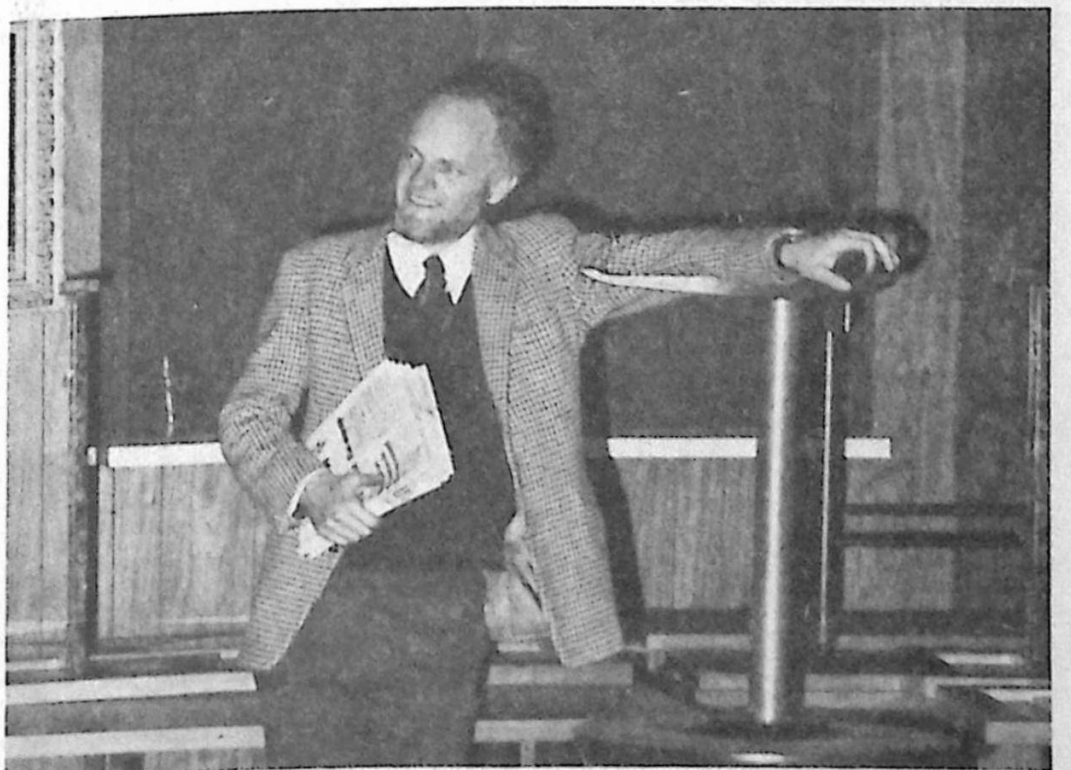
Rescue Rumor: CFS Lac St. Denis will disappear from the order of battle. For those of you (both) who couldn't break the code P3 is the designator for the Lockheed Long Range Patrol aircraft which we have-have not (pick one) bought.

"That others may live" Per Ardua Ad Rescuetem.

## Cyprus Rotation

OTTAWA - Defence Minister James Richardson has announced that the 2nd Battalion, Princess Patricia's Canadian Light Infantry, stationed at CFB Winnipeg, has been selected to serve a six-month tour of duty with the United Nations peacekeeping force in Cyprus. Commanded by Lieutenant Colonel Robert I. Stewart, 39, of Saskatoon, a 430-man group from the battalion will be airlifted to Cyprus from Winnipeg between April 10 and 14.

The 2nd Battalion is replacing the 3rd Battalion of the same regiment, commanded by Lt. Col. H. G. (Greg) Leitch, 36, of Edmonton. Home base for the 3rd Battalion is Work Point Barracks, Victoria, B.C. They have been serving in Cyprus since last November.



DR. JOHN BRISTOL FOSTER, Naturalist with the Ecological Reserves in Victoria, B.C., during the questions and answers period. Photo Begin



## RC Chapel

Father Francis Swoboda  
Base Chaplain (RC)

### SUNDAY MASSES:

Saturday - 7:00 P.M. (Sunday Vigil)  
Sunday - 9:30 A.M. and 11:00 A.M.

**WEEKDAY MASSES:** Mass will be celebrated in the Chapel at 4:00 P.M. Monday to Friday inclusive during Lent.

**SACRAMENT OF PENANCE:** Before and after all Masses.

**CATECHISM CLASSES:** Catechism Classes for Grades 1 to 8 are held regularly each Wednesday evening from 6:30 P.M. to 7:30 P.M. at the Airport School in PMQs.

**BAPTISM:** By appointment. Instructions for parents required prior to Baptism.

**MARRIAGES:** Minimum of three months advance notice. Marriage counselling and preparation courses are required prior to marriage.

## Protestant Chapel

D. L. Martin, Major (Base Chaplain) (P)

### CHAPEL SERVICES

The Protestant Chapel is located in Wallace Gardens (PMQ area) and Divine Service is held every Sunday at 11:00 hours. This is the Base Chapel and everyone is warmly invited to share in the Service.

**HOLY COMMUNION** — Holy Communion 12:00 hours last Sunday of each month.

**BAPTISM** — Services of Holy Baptism are held every month.

**WOMEN'S GUILD** — All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2:00 hours on the third Tuesday of the month.

**CHAPEL CHOIR** — Our senior choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain.

Senior Choir Practice - 2:00 hours, Thursday  
Junior Choir Practice - 1:00 hours, Thursday.

## RESTRICTED

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Special Rates - Free Continental Breakfast  
Quiet rooms - Extra long Queen beds

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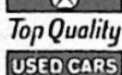
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wagons

Bank Financing  
available on  
approved credit.



WALTER YEOMANS  
W02 (Retired)

## Lenten Services

Special Lenten Services are being held in The Protestant Chapel at 7:00 p.m. on Tuesday evenings during the Lenten Season. This is a time of Scripture Study and Meditation on the great Christian Beliefs of The Bible.

Each one is invited to make these services a part of your Lenten Devotions that this pre Easter period will become an exercise in spiritual renewal. Come and bring a friend.

**THE LENTEN THEMES**  
Tuesday, 16 March - 7:00 p.m. - "God and Jesus Christ"  
Tuesday, 23 March - 7:00 p.m. - "The Holy Spirit and The Nature of Man"  
Tuesday, 30 March - 7:00 p.m. - "Sin and Salvation"  
Tuesday, 6 April - 7:00 p.m. - "Future Life and The Christian Way of Life"  
Tuesday, 13 April - 7:00 p.m. - "The Bible and The Church"

Make a decision to take one hour a week for your spiritual enrichment.



**SHIRLEY, FONZIE AND LAVERNE?** No, just local teenagers (and adult supervisor) jivin' it up in the Social Centre, March 12.

Hosford photo



**HONDA**  
**XL250**

On the road, on the trails or whether it comes to features, the XL250 doesn't lag behind.

It's got the new, slim exhaust system. New centre-mounted carburettor. New ear r shocks and increased travel. And the newly redesigned chassis geometry.

The result is a narrower riding position combined with a quicker, lighter, off-road feel.

Two things haven't changed: Honda's hard-earned reputation for reliability and durability and the service you get from the best motorcycle mechanics on Vancouver Island at:

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3080B Comox Road, Courtenay, B.C.

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**\$27. FOR 36 DOZEN**  
SEND MONEYORDER TO:  
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**NEW WESTMINSTER**  
**V3L 4Y8**

## 407 Tech Ramblings

### AVIONICS SERVICING NOTES

The usually smiling face of MWO Len Tesky has taken on new lines. Could this be the look of a WO (Charm School) Instructor. It is also noted that Steve (Stick Handler) McNamee is proceeding to Egypt via 442. His many contributions to the Squadron and the community will be greatly missed. But it's only for a little while, he shall return sometime next November! The Silver Haired Fox (Junior Edition) J.G. Brown will be leaving our ranks for Lac Froid. It is hoped that the green mist will be just a little bit thinner. With all kidding aside, we will miss you all and wish each every success with their new postings.

We in Avionics Servicing have been blessed with a new "Boss" a warm welcome to WO Ross Raymer. Others moves effective in May in-

clude Cpl. Meldrum to 409. That's where the pointed end of the Aircraft comes first. Locally, MCpl. Wilford was pried from the MAD SHACK to No. 1 Crew, Cpl. Staub of No. 1 Crew changes places with Cpl. Hillaby on No. 2 Crew. Cpl. Draper to No. 2 Crew from No. 1 and last but far from least Pte. Hart to No. 1 Crew from Labs.

Congratulations are in order to Pte. Cloutier on his promotion to A-Cpl., a rank he will carry to CFB Borden with the Hockey Club, remaining there for his Pay Level Five course. Cpl. Sharp has been seen making use of a cane while recuperating from his recent knee operation, take care Al!

With the Olympics, Pay Level 5 courses, transfers and releases, there are an awful lot of extra coffee cups hanging on the wall-Careers and Postings please take note. So until the next time.

## Crooks active

A rash of breaking and entering offenses, during the phase of the full moon, kept police on their toes in recent days.

Thieves who broke into the Comox Valley Curling Club stole liquor, \$273, and damaged doors, in an incident which was reported to the RCMP on Monday morning.

Thieves who broke into a Comox home on Saturday, stole a power saw and several tools.

**COMOX**

2 OFFICES:

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1775 Comox Ave.  
339-5712

**COURTENAY**

532 England Ave.  
338-8583

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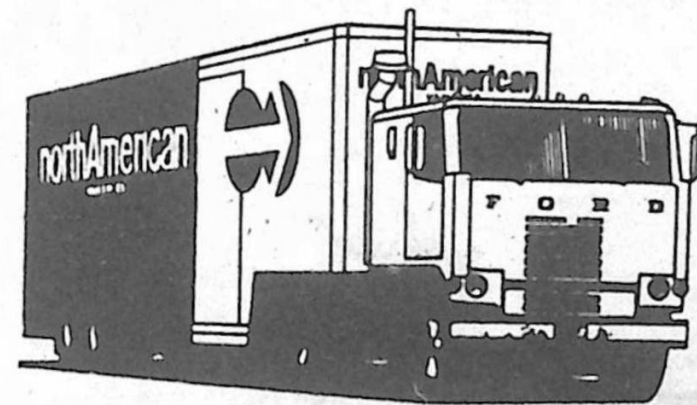
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**Free Chequing**

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Minimum Share Deposit \$25.00

Effective March 15, 1976.

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CFB COMOX

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Tubeless - Black - Load Range B		
Size		Price
5.205 - 10 1/2	.....	\$21.25
5.50 - 12	.....	\$21.25
6.00 - 12	.....	\$21.95
6.00 - 13	.....	\$21.95
6.50 - 13	.....	\$22.95
6.45 - 14	.....	\$24.95
5.60 - 15	.....	\$21.95

Tubeless - Black - Load Range B		
Size		Price
A78-13	.....	\$29.95
C78-14	.....	\$29.95
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G78 - 14 & 15	.....	\$33.95
H78 - 14 & 15	.....	\$35.95

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## CLASSIFIEDS

**FOR SALE:**  
Boat, 16 ft. Mirro-Craft 20 h.p. Evinrude, trailer, many extras. New in 1975. Total time 65 hrs. Also hard-topped tent trailer. Phone 339-4365.

**FOR SALE**  
**BAKERY THRIFT STORE:**  
Surplus bread and pastry at discount prices. Open 1-5 p.m., Tues., Wed., Thurs., 9-5 Fri. and Sat. 279 Puntledge Rd. Courtenay.

**FOR SALE**  
1973 TRIUMPH Bonneville, 5 speed gearbox plus extras. 3600 miles mint condition. Offers, Phone 339-4789.

**SERVICES OFFERED**  
Are you going to the Olympics and need a 14 ft. travel trailer free of charge in exchange for towing to C.F.B. Borden. Please phone 339-2843.

**FOR SALE.** 1961 Rambler - running condition - cheap - phone 339-2843.

**TRANSFERRED - FOR SALE**  
66 Chevelle Malibu, 283. Good condition. Salmon gear - 3 rods, 2 reels, tackle box c.w. assorted tackle. \$25.00. Phone 339-4537 home; local 383 work.

**EXPERIENCED babysitter**  
available days Monday to Friday - I have trained family aid course. Phone 338-5539

**REAL ESTATE:** Starting soon 2 quality homes Williams Rd., 3 bedrooms, fireplace in living rm., lovely view across valley. Contact P. Pearce. Phone 334-3306. Blue Spruce Construction.

**WORK WANTED:** Responsible lady will do house-cleaning. References available. Phone 339-2928 after 5 p.m.

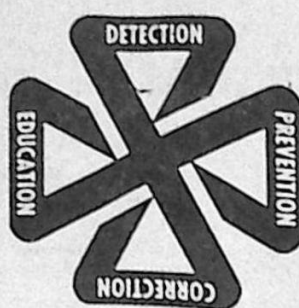
**HOUSE FOR SALE** in Ottawa area, 22 miles from Uplands available 1 July 76. Lovely old country home, 4 bedroom brick house 16 acres, family room, fireplace, orchard, lawns and garage. Contact Capt. B. D. Woodcock, Base Ops Ottawa 998-3353. Financing negotiable.



# ACCENT SAFETY

How is Your General Safety Program?

By Safety Sam



How do you operate effectively and safely in areas that include the risks of fire, burns, cuts, strains, slips and falls? How do you manage it 365 days a year and four times a day?

Armed with the experience gained during the "Safety 75" campaign, Capt Tom Krayden and the CFB Comox Food Services staff are finding the answers: Inspections of equipment and work areas to

## Food Services Safety - Getting It On!

detect hazards before they contribute to an accident; giving adequate direction and training to minimize those human factors that contribute to accidents; thorough accident investigation and positive corrective action!

During the "Accent Safety" campaign, special efforts are being directed to accident prevention in Food Services. The object of the campaign is a marked

reduction in the injury frequency rate affecting food services personnel. Our overall goal is professional safe performance, and that includes food services at the Quadra Cadet Camp.

The roving eye of the Base Photo section records the commitment of the Base Food Services staff to identifying, eliminating or controlling their workplace hazards.

SAFETY SAM

## Base Photos



Capt. Tom Krayden, Base Food Services Officer checks for a hazardous pressure cooker condition reported by CFS Mont Apica.



MWO Jack Duder updates No-Smoking warning signs in the Combined Mess Kitchen.

## Hero Evicted

It was with a heavy heart this week that the staff of the Totem Times learned that young John Stevens, Navigator and part-time human being was evicted from "scenic" (Mel's) Trailer Land in downtown Little (Creek). What a blow it was for all of us to hear this sad news.

It seems that our hero had taken in a helpless young kitten, soon to fall victim to some final solution had not our young St. Francis intervened. This merciful act contravened section 6 of the park by-laws that our noble hero had read and signed.

Finding himself suddenly

alone, against odds that would overwhelm a lesser man, our hero was quietly overwhelmed, pulled up his skirting and moved to the south, hoping to find a warmer and more hospitable climate.

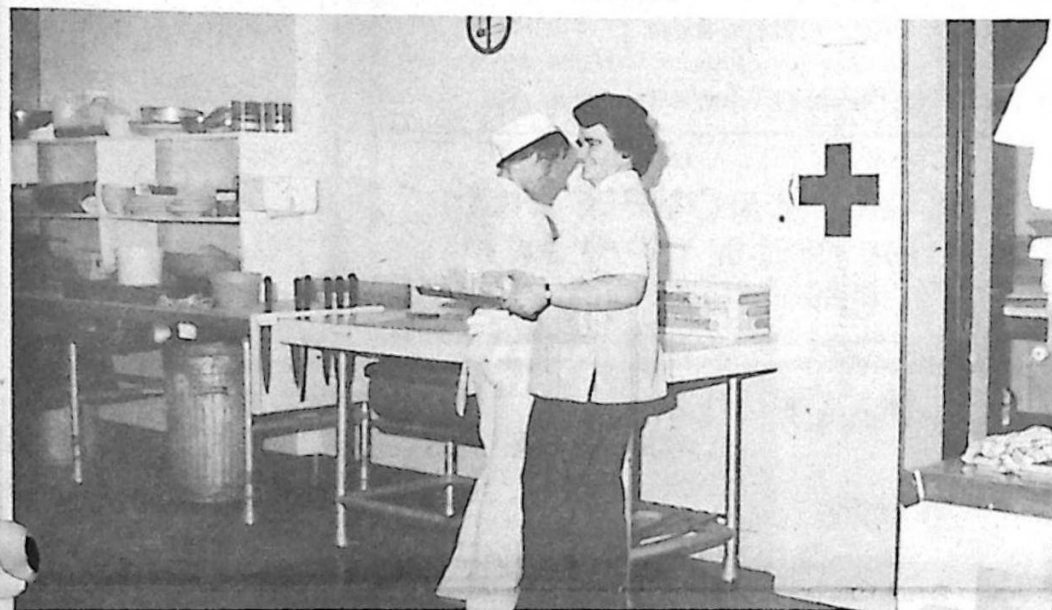
407 and 409 squadrons flew a flypast or two over John's Trailer in tribute to this brave young fellow and his cat (an act they have been rehearsing for about 10 years).

Further news of this event will be reported as it becomes available to our newsroom. Donations to the "Save the Trailer for the Sailor" fund will be consumed at the back bar, during TGIF.

## FORESTS PART OF ALL OUR LIVES!



Getting into the Safety swing, "Bernie" Nelson uses another Food Services innovation -- a "Slipstop" sign adapted from a General Safety poster.



Can you spot the success formula? Anti-slip matting + knife rack + no smoking sign + first aid-emergency provision equals smiles from Helen Kelly and Vi Shimla.



This locally manufactured knife rack guards against accidental contact, while the plastic, hinged cover adds to visibility and ease of cleaning.



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250 Island Highway  
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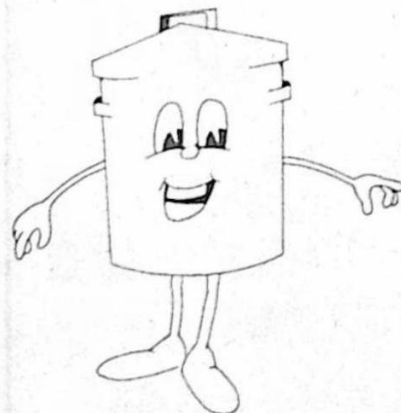
Home of courtesy and rest.

COLOUR TV

Mrs. Searle welcomes all service personnel, whether it's for a weekend or a week.

CHARGE AND MASTERCHARGE ACCEPTED

## What's His Name?



Outdoors Unlittered wants a name for a cartoon character used to promote the litter-prevention message. The character is a smiling, animated garbage can.

The deadline for the contest is April 15, 1976. The envelope should be marked "What's his Name Contest". Entries can be submitted to Outdoors Unlittered, 200 - 1326 Johnston Road, White Rock, B.C.

## COLLINGWOOD MOTEL

Young Couple with No Children

SELF CONTAINED SUITE

Unfurnished, but has a stove. Light, heat, phone and T.V. included.

CALL 334-3435

RENT: \$90.00 per month



## OPEN HOUSE

DAILY 1:00 P.M. - 4:00 P.M.  
7 DAYS A WEEK



## PLATEAU GARDENS TOWNHOUSES

C.M.H.C.C. - A.H.O.P. FINANCING

DOWN PAYMENTS FROM \$800.00  
ASSISTED MONTHLY PAYMENTS

### FEATURES:

- 3 and 4 bedrooms
- 3 baths
- fireplaces
- patios

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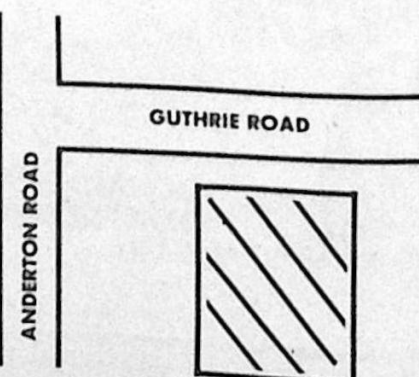
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Pac/Reg Hockey Champs

C.F.B. Comox Totems Borden bound to C.F. National Championships

## Comox Rec News

### Spring Courses

All of our Winter courses are drawing to a close and most classes will be ending the week of March 22nd. We do however, have two classes that will be re-registering right away. They are BATON and Woodworking.

Baton will be commencing again on April 5th. Any girls (ages 5 up) interested in this course may register now at the Rec. Centre, Noel Ave., Comox, any day until the start of classes. Cost will be \$10.00 for 14 weeks of instruction. The Instructor for this course is Linda Grundy.

Woodworking classes will also be held for another 10

weeks. Classes will be offered Tues. morning 9:30 - 11:30 a.m., Tues. afternoon 2:00 - 4:00 p.m., and Thurs. evenings 7:00 - 9:00 p.m. These classes will all commence the week of April 6th. Cost for this course will be \$30.00. Instructor: Mr. E. Brocklehurst.

You may register for these courses now at the Rec. Centre. For more information please phone us at 339-2255. Square Dancing

Have fun while you learn to Square Dance. 13 week course to start March 24th at Rec. Centre. For more information as to costs, times, etc. please

contact Stan McMullin 338-8823 or 334-3569.

The "Merry Mixers Square Dance Club" is being reorganized for Fun Level Dancing. Callers will be Ted Wright and Stan McMullin. This will be Wed. evenings. For more information please contact the above.

An adult Sailing Course is also being offered commencing April 21st. This is a 12 hour course which will be held Wed. 6 - 8 p.m. Cost \$25.00. Instructor - Liz Ball. To register please phone Rec. Centre 339-2255 and leave name. Each class will be limited to 12 students.

Take a step in the right direction. Take a few.



## Tennis

The Comox Valley Tennis Club held their annual meeting at the home of Kathy Haynes Wednesday March 3. Election of Officers was held and the following were elected.

President: Christina Duchesneau; Vice President - Chris Fera; Public Relations and Promotion Director - Chris

Fera; Secretary - Maureen Fidell; Treasurer and Director of Membership - Kathy Haynes; Chairman of Social Committee - Shirley Lind; Tournament Coordinator - Geoff Harris. The season opening date will be announced shortly and the club is hoping for more members. Anyone interested in joining please contact Kathy Haynes at 338-5593.

## 1978 MacDonald's Brier to Vancouver

A four-year effort by the Pacific Coast Curling Association to secure the 1978 MacDonald's Brier culminated Tuesday when the prestigious event was awarded to Vancouver.

Awarding of the Canadian men's curling championship to Vancouver was announced by the Canadian Curling Association during this year's national final in Regina.

It marks the fourth time B.C. has hosted a Brier.

B.C. hosted its first Brier at Vancouver's Kerrisdale Arena in 1950. In 1958, the Brier set attendance records at Victoria's Memorial Arena, and in 1968 was held in Kelowna.

Site of the 1978 Brier will be the spacious Pacific Coliseum which, with its 15,570 seats offers potentially the largest live audience in the Brier's long history.

Don R. McRae of Vancouver, a long-time curling enthusiast and one of those responsible for Vancouver hosting the 1966 Scotch Cup world championship at the PNE Forum, is general

chairman of the 10,000-member P.C.C.A.'s 1978 Brier Committee.

Vice-chairmen are Vancouver residents Jack Bain, instrumental in Vancouver's hosting of the 1954 British Empire Games and a key official of Vancouver's hosting of Grey Cup games, and Herman Burkart, also involved in Vancouver's Grey Cup activities.

In addition, former Ontario Brier competitor Ken Ingo of Vancouver - an accountant by trade - is Finance Committee chairman.

P.C.C.A. President Ken McLeod of Richmond said today the awarding of the 1978 Brier to Vancouver represents an unprecedented

opportunity for large numbers of B.C. residents to view a national final.

"The stated objective of the P.C.C.A. is to have as many people as possible view Brier Games," said McLeod.

"We're delighted our bid has been approved and extremely pleased that we were able to offer the Coliseum as a site. For viewing curling, every seat is a good one."

It is estimated that from 25,000 to 27,000 B.C. adults are active curlers. The P.C.C.A. has 41 member clubs on Vancouver Island Greater Vancouver and the Lower Mainland.

FOR FURTHER INFORMATION Ken McLeod 277-5651 or L. Rose 936-8095.

## Miracle Drive In Theatre

Black Creek, B.C. March and April Program  
Gates 7:15. Show 8:00 p.m. Adm. \$2.50 - 13 and over

MAR. 19, 20 & 21, FRI.-SUN.  
(Weather Permitting)  
**OPENING SPECIAL**  
3 Comedies - Restricted  
1. *Up Your Alley*  
2. *She'll Follow You Anywhere*  
3. *The Amorous Headmaster*

MAR. 28 SUNDAY (Adm. \$3.00)  
**SPECIAL SPRING BREAK ALLNITER**  
1. *LET'S SCARE JESSICA TO DEATH* (Horror)  
2. *SACRED KNIVES OF VENGEANCE* (Kung Fu)  
3. *McINTOSH MAN* (Suspense, starring Paul Newman)  
4. *PHASE IV* (Science Fiction)  
5. *THE HAPPY HOOKERS FROM AMSTERDAM* (Sex Comedy)

MAR. 26 & 27 - FRI. & SAT. ONLY  
**Proud Rider**  
Plus  
*The Happy Hookers From Amsterdam* (Restricted)

APR. 2, 3 & 4, FRI.-SUN.  
**HORROR DOUBLE BILL**  
*THE HOUSE OF TERROR* and  
*BLOOD FOR DRACULA*

## Plateau REALTY LIMITED

**HOBBY FARMS**  
5 acres with small new home, cleared and ready for a horse, close to Courtenay. Only \$39,500.  
2.8 acres, 3 bedroom home, with fireplace, new barn, garage and workshop, well fenced with lots of room for your livestock. \$49,500.  
2.7 acres with lovely rustic home, large bedrooms, fireplace and part basement. \$56,000 full price - includes new barn on this beautifully treed property. Try your offer!  
Call Charlotte Willis 338-8962 or 338-5366 on any of the above.

**FOR RENT**  
Large 3 bedroom home with fireplace \$275.00.  
**SNUG AS A BUG** - 3 bedroom home beautifully renovated inside. Ideal for the newlyweds.  
Call Dave Paterson 338-5366 (Res.) 334-4581.  
**LOTS - MOBILE HOME SITES**  
Call Dave Paterson for information 338-5366 (Res.) 334-4581.

**RETIREMENT SPECIAL: or HONEYMOON RETREAT.**  
So simple to care for and to maintain you can spend all your time living. A bungalow on a private waterfront lot. \$50,900.00.  
Call Ed Riley 338-5366 (Res.) 339-2887.  
**HAVE HOUSE WILL TRAVEL!!**  
Some say you can't have both, but if you take a look at this beautiful Mobile home, already to live in on a large lot you will agree that it is the best of two worlds. If you tire of the location, you can likely sell it for \$12,000 or more and take your home along. DON'T MISS this opportunity.  
Call Stan McMullin 338-5366 (Res.) 338-8823.

**COMOX**  
Immaculate 4 bedroom home. Many extras must be seen to be appreciated.  
Call Jo Robinson 338-5366 (Res.) 338-5758.  
**A VIEW AND A HOME** for \$30,000 - Call me for details.  
Jo Robinson 338-5366 (Res.) 338-5758.  
**MOBILE HOME PARKS.** 15 and 25 pads, one with 3 bedroom full basement home. Call for particulars - Charlotte Willis 338-5366 or Res. 338-8962.

Plateau REALTY LIMITED  
1875 CFB Avenue, Courtenay, B.C. V9N 2V9 338-5366

## Entertainment and Events

**EW** Mon. to Thurs. - 8:15 p.m.  
Two Shows Fri. & Sat. - 7 & 9 p.m.  
Admission \$2.25 OAP \$1.00 Ch. \$1.00  
No Matinee next 2 Saturdays

THURS. TO WED. - MARCH 18, 19, 20, 22, 23, 24  
FRIDAY & SATURDAY - 6:45 & 9:00 P.M.

Charlton Heston **EARTHQUAKE** Mature

THURS. TO WED. - MARCH 25, 26, 27, 29, 30, 31  
Marilyn Hassett, Beau Bridges  
**"THE OTHER SIDE OF THE MOUNTAIN"** General

COMING SOON: George C. Scott  
**"THE HINDENBURG"** - Mature

**Stardust** Fri., Sat., Sun. - March 19, 20, 21  
"ALOHA, BOBBY & ROSE" plus "CHOSEN SURVIVORS" Mature Entertainment

Drive-In Theatre Fri., Sat., Sun. - March 26, 27, 28  
Maitalm McDowell "ROYAL FLASH" "Occasional nudity, suggestive dialogue" plus "FRENCH CONNECTION II" Mature - Drug taking, violence, coarse language.

Williams Beach Rd. & Isld. Hwy.  
Admission \$2.50 O.A.P. \$1.00  
Gates Open 7:30 p.m.  
Show starts 8:00 p.m.

### OFFICERS' MESS ENTERTAINMENT

#### MARCH 1976

Friday 19 March — T.G.I.F. cancelled due to Mess Dinner.

Sunday 21 March — Candlelight Dinner. Reservations required.

Friday 26 March — T.G.I.F. Fish and Chips.

Saturday 27 March — Mongolian Night. Dance to "Music Factory". Reservations required.

Sunday 28 March — Brunch 1200-1300.

Friday 2 April — T.G.I.F.

### W.O. AND SGT'S. MESS

20 MAR. — Hard Times Dance to Powerhouse. Admission Free. — Food (Cold Cuts / Pick Trays) and Steaks at the Bar — 21:00 to 0100 hrs.

26 MAR. — Retirement Mess Dinner. Details TBA.

27 MAR. — Dance to the Travellers. Admission Free — Food: (Cold Cuts / Pick Trays) and Steaks at the Bar — 2100 to 0100 hrs. Casual attire.

03 APR — Dance to Powerhouse — Admission Free. Food: (Pick Trays) — 2100 to 2400 hrs.

10 APR — Harvest — Admission Free. Food: (Pick Trays) — 2100 to 2400 hrs.

**BINGO EVERY SUNDAY EVENING**

## JUNIOR RANKS CLUB

### ENTERTAINMENT

March 20 - 21 - Dance to Alley Cats, 2000 hrs.  
March 23 - Movie "Jeremiah Johnson"  
March 24 - 2000 hrs. Bingo. \$300 Jackpot.  
March 27 - 28 - Dance "Contraband"  
March 30 - Movie T.B.A.  
March 31 - Bingo. \$300 Jackpot.  
April 2-3-4 - Dance, "Midnight Train"

### MOVIES . . .

April 6 - White Dawn April 20 - Mixed Company  
April 13 - McQ April 27 - Deadly Trackers

### BINGOS . . .

April 7 \$300 Dollar  
April 14 Jackpots

## BASE THEATRE COMOX

### SCHEDULE

Thu 18 Mar Drama **HEX** Keith Carradine Robert Walker  
Showtime: 2000 hrs to 2150 hrs  
SOME VIOLENCE & FRIGHTENING SCENES

Fri 19 Mar Sat 20 Mar Sun 21 Mar **ROBERT REDFORD The Great WALDO PEPPER** Margot Kidder Barnstorming  
Showtime: 2000 hrs to 2150 hrs

Wed 24 Mar Thu 25 Mar **MICHAEL CAINE in "THE BLACK WINDMILL"** co-starring DONALD PLEASANCE DELPHINE SEYRIG CLIVE REVILL and JANET SUZMAN  
Showtime: 2000 hrs to 2150 hrs

RESTRICTED SHOWS: 18 years and above - Under 18 years of age must be accompanied by a person over 18.

Fri 26 Mar Sat 27 Mar Sun 28 Mar Showtime: 2000 hrs to 2155 hrs  
OCCASIONAL SWEARING & COARSE LANGUAGE  
They'd do anything for a story...and do.

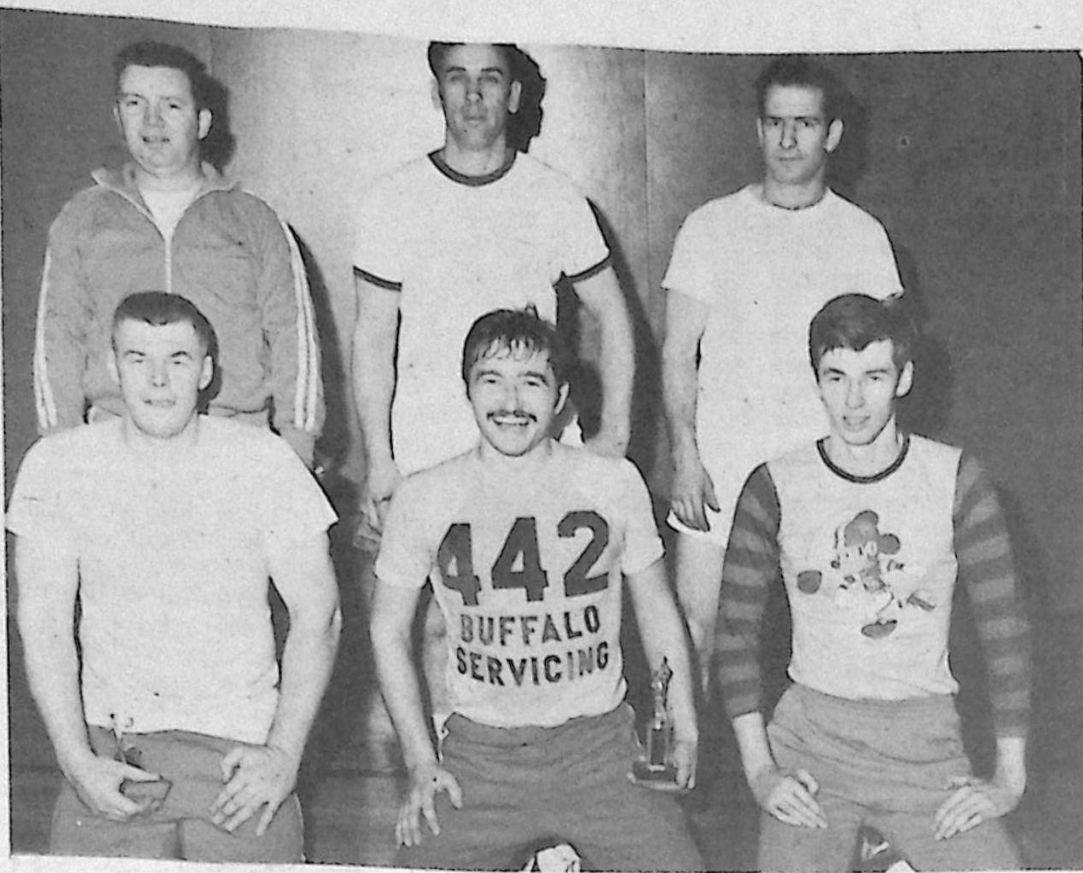
**JACK LEMMON • WALTER MATTHAU THE FRONT PAGE**  
VINCENT GARDIA • SUSAN SARANDON • ALLEN GARFIELD • DAVID WAYNE  
CHARLES DUNN • AUSTIN FENDLER • CAROL BURNETT

Most cops play it by the book. Newman wrote his own! **GEORGE PEPPARD**  
Showtime: 2000 hrs to 2150 hrs

Wed 31 Mar Thu 1 Apr **NEWMAN'S LAW** - ROGER ROBINSON  
EUGENE ROOPE • MUSIC BY ROBERT PRINCE  
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## 442 - Base Volleyball Winners

Top left to right Doug Sears, Team Capt. Gavin MacLean, Len McCormack.  
Bottom left to right Ted Miller, Mark Decurtins, Warren Wasyluk.

## CFB Comox bowling

Hal Justus has been selected C.F.B. Comox bowler of the month.

Hal is well known on the Base for his work in the Bowling Program at C.F.B. Comox Lanes.

Hal is Supervisor and Coach of the Senior Bowlers' Division of our Y.B.C. Program. He is an active bowler in two leagues on base and is always prominent in the Pacific Region Roll-offs. Keep up the good work. "Congratulations Hal."

## Rec Hockey

22 Mar. 76 2030 hrs. 407 vs MP's  
2215 hrs. Avion vs 409  
24 Mar 76 2145 hrs. Arm vs ATC

## Curling Capers BY BEV MUSKETT

**PARKER RINK WINS "A" EVENT:**  
The Comox Valley Ladies Curling Club 16th Annual Open Bonspiel was held March 12, 13 and 14. The Official opening was held at 10:50 p.m. Fri. The Comox Valley Piper's paraded around the rink followed by all the curlers.

Kay Dick, Bonspiel Chairman officially opened the spiel and turned the mike

over to Joyce Vanetta, president of the Ladies Curling Club who welcomed all the curlers and wished them good curling. Joyce then introduced Mayor Bill Moore who had the honor of presenting the "Key to the City" to the Hassel rink from Tofino as they were the rink travelling the farthest. They were also presented with complimentary tickets from Mr. Mike's for four steak

dinners.  
Mayor Moore welcomed all the curlers to the City of Courtenay and then threw the first rock to officially open the Bonspiel.  
Results as follows:  
"A" EVENT - Sponsored by Searle's Shoes: 1. B. Parker, M. Davie, A. Horning, H. Hayward. C.V.C.C. 2. R. Hudson, E. Derkson, G. Reid, O. Cretney. C.V.C.C. 3. G. Grycan, N. Clarkson, P.

Walsh, M. Morgan, Campbell River. 4. I. Creally, C. Brooks, J. Jeffery, K. Walker, Mill Bay.  
"B" EVENT - C. G. Graham Trucking Ltd. 1. R. Niemeyer, B. James, M. Miller, F. Edel. Victoria; 2. M. Bolen, G. Dion, A. Klock, L. Gramchuck, Port Alberni; 3. J. Bean, O. Acorn, D. Waugh, I. Morrey, C.V.C.C.; 4. E. Staples, M. Thompson, I. Kirkwood, A. Marshall C.V.C.C.



Irene Harker of the Glacier Greens Golf Club was recently presented with the British Columbia, Canadian Ladies Golf Association, District 6, Handicap Reduction Award trophy for 1975.

District 6 comprises of 14 clubs (approximately 950 members), covering an area from Duncan to Port Alice, including clubs at Port Alberni, Powell River and Gallinao.

Irene, who started playing golf in 1974 at Glacier Greens reduced her handicap from 29 to 18, improving it by 37 per cent. At her own club at the end of the 1975 season Irene was also the recipient of prizes for the lowest score on the ringer board and Pin Day winner for the year.

Bev Aitken of the Sunnydale Golf Club was runner up for the District 6 Handicap Reduction Award. Pearl Kingyens.

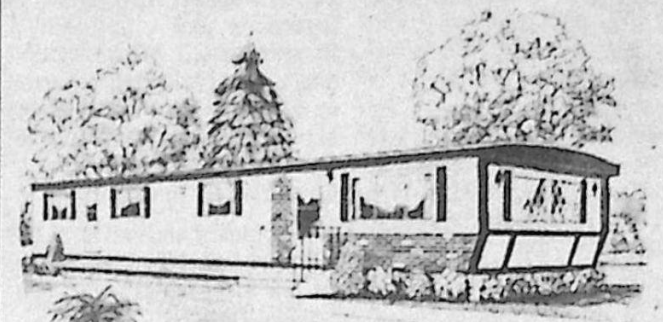


Mr. R.A. Annett, President is pleased to announce the affiliation of Lorne Lister with the sales staff of Nanaimo Realty Ltd. Lorne who is from the Lower Fraser Valley, has spent 25 years with the C.A.F. Since Service retirement in 1974 he worked a short period in St. Joseph's Hospital in Comox and 1 year in Campbell River. A resident of the Comox Valley for the past 7 years, Lorne who will be working in our Driftwood Plaza office (soon to open), will be pleased to assist any of his many friends and associates in their real estate ventures. He may be contacted at 339-2228 or 334-3124 or residence 339-4217.

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## Silver Top Goes Supersonic

BY JIM BROWN CWO

Several weeks ago I mentioned to our Test Pilot that I had, after all these years, never flown super-sonic. He asked, "how is your HAI?" I said that I had let it lapse when I got to be 51. "Too bad", he advised, "we could have gotten you up on a small test flip in a Voodoo."

A couple of days later by coincidence I had a very late in the week cancellation by one of the troops scheduled for HAI in Winnipeg. By some quick foot work and soft-soaping I managed to put myself on in his place.

The HAI troops were a little startled to see a beat-up grey-haired-old-chief sitting in class. But they managed to take it in stride and in spite of knowing things that can happen to you if you don't obey the proper oxygen, strap-in and bail-out procedures I managed to pass the HAI.

Back at the camp Maj Robb was anxiously waiting to take me up and through the sound barrier. We insisted however, that we wait for a clear day so I would (between using my motion sickness bag) see some of the magnificent B.C. scenery.

I borrowed a flying suit from Capt Gill (became an instant Captain) and got the remainder of my gear from the Safety Systems Section. Leading Seaman O'Brien gave me a thorough check-out in Voodoo seat operation.

The info was not hard to absorb but all the comical remarks about very old troops going Voodoo flying smarted a little.

Maj Robb said "to-day's the day," and briefed me on his itinerary. We were going to test an aircraft that had had a flight control snag. In the back of my mind I thought this was an excuse to really wring the aircraft out to make sure the controls were OK and to smarten up the Old Chief.

They (servicing) laid on extra people to strap me in this was done with a minimum of comical remarks. All asked if I had my motion sickness bag handy and if it was big enough. HA! Old Chiefs don't get sick they just get mean.

I must admit I was a little apprehensive. After all I was about 8 days from terminal

leave and most interested in starting it in serviceable condition.

Take off was an exciting experience. When the after-burners (A-B) are turned on the aircraft just ups and goes like a Voodoo. The power is enormous and climb out a thing to behold. All during taxi and take-off Maj Robb carried on a blow by blow briefing and kept me informed ahead of time of what he was going to do and what to expect.

We quickly arrived at 35,000 feet and he advised we would do our first super-sonic run.

He switched on the A-B's and pretty quick MACH 1.2! He then did a snap up to 50,000 feet and advised we (he) would now do a few maneuvers to try out the controls. SMOOTH is the word for Maj Robb's flying! I could have held my scotch and water in my hand and not spilled a drop through them all.

We worked our way down to 35,000 feet again and burned off some fuel. He said the sensation of super-sonic flight and snap up would be more apparent with the aircraft lighter. Once again A-B's on and off we went. This time I was pushed back into my seat and held there until our speed stabilized. The snap-up to 50,000 feet was also more sensational this time. Once again I was thrust back into the seat and held there until level off.

The controls checked, he took me to see the highest mountain peaks in this area and a most formidable glacier. I took quite a few pictures and I'm anxiously awaiting for them to come back from developing to see what kind of an aerial photographer I am.

We were up one hour and 10 minutes and I say if you get a chance to go Voodoo flying-go! If with Maj Robb so much the better. He was not really out to chill the Old Chief.

He said he guessed I was the oldest troop he ever had up flying.

I say thanks Maj. Robb to an unforgettable ending to my S-A flying.

To the SS Techs I say here is your little white bag back. UNUSED.

(Continued from page 1)

The brief pointed out that the average widow's pension is less than \$1,000 a year, very much below the poverty level.

About \$130 million of the annual veterans affairs department budget is allotted for pensions.

CFLSPA, chartered last fall, has a current membership of more than 3,000. Serving members with more than 10 years' service are eligible to join as associate members.

More information is available by writing to Canadian Forces Long Service Pensioners' Association, Box 2531, Terminal "A", 217 York Street, London, Ont.

These were the grievances submitted by the CFLSPA - now for some explanations.

### THE WAY IT IS

Commenting on the aims of the CFLSPA, the Directorate of Compensation Development at National Defence Headquarters says any association organized to assist ex-service personnel is to be applauded. The CFLSPA is obviously sincere in its requests, and Forces' personnel certainly will not disagree with their aims in requesting more benefits for the pensioner. However, to present grievances is one thing, - to find solutions is another.

The first complaint was that a retired service person must reach age 55 before he is eligible to draw a pension that is adjusted annually to the increase in the consumer price index. The viewpoint of the CFLSPA is that an annuitant should receive escalation immediately when he retires.

This sounds reasonable, but because of the Forces' earlier retirement ages, there would be a requirement for significantly higher premiums to be paid by Forces' members to provide for this earlier escalation. In fact, the contribution would be so high as to be unacceptable to all concerned.

CFLSPA also stated that retired servicemen often are forced to take lower-paying jobs when they enter middle-age, a time when their children are about to enter university. This may often be

the case, depending on the individual concerned. Surely the association does not expect that ex-servicemen will retire completely from the work force on the annuity provided by their service with the Canadian Armed Forces.

Service personnel can and should compute their CFSA annuity well in advance of retirement. They must decide themselves whether the annuity provided will be sufficient for their individual needs on retirement. In other words, to receive more benefits from a particular pension plan, one must contribute more money before retirement under that particular plan.

If that plan does not fill the bill, then it is up to the individual to augment his or her retirement funds through any number of savings or investment plans available to all Canadians. If a savings or investment plan is not financially feasible, and more money is required, then the individual quite naturally must continue to work.

The same facts apply to widows (or widowers) of Canadian Armed Forces long-service pensioners. To increase the benefits to 100 per cent to the annuity entitlement would again require an increase in contributions, because contributions are computed to include an actuarial factor sufficient to provide for widows' current benefits. Most service personnel are not prepared to pay an increase at this time. Those who are prepared to pay, plan to augment the annuity through private insurance companies.

The CFLSPA states also that a widow's average pension is less than \$1,000 per year. The Department of Supply and Services report the following concerning widows of former Canadian Armed Forces members, as of Feb. 7, 1975:

- number of widows receiving monthly pensions: 4,412
- approximate amount in allowances to widows per year: \$8,901,840;
- average allowance is approximately \$2,015.00 per year; and

## Pension Squabble

-2,344 widows (53 per cent) receive allowances, from \$1,800 a year to more than \$3,600 a year (approximately).

This is a part of yearly income and is therefore taxable.

Finally, the association asked for housing assistance for the service pensioner, using ex-servicemen's and servicemen's contributions to the pension fund. They also stated that the transient nature of service personnel makes it impossible to sink roots in any community, and that servicemen find it difficult to buy a house at an early age.

Housing assistance has been considered many times over the past few years, but it was not thought to be appropriate when, in fact, all Canadians were encountering difficulties. Instead, difficulties of a member of the Forces in investing in a home were included in the military pay package under the general heading of "turbulence." The military factor of four per cent is applied to establish comparability with the public service, and includes problems caused by the transient nature of life in the Forces.

Forces' severance pay puts a lump sum of money into the hands of a retiring member

(computed on the number of years of service). He or she may use it as they see fit, including a down payment on a home.

A popular misconception is that there is a pot of money somewhere in Ottawa, labelled "The Canadian Forces Pension Fund", that contains the pension contributions of Forces and ex-Forces members. This "fund" simply does not exist.

There is no fund of liquid assets, such as cash and investments, set aside for the purpose of providing annuities. What does exist is a general obligation on the part of the Government of Canada, established by statute, to pay annuities when they become due, in accordance with the CFSA.

Forces' members concerned with their future should remember that to increase benefits paid out, more payments must be put in; there is no magic pot of gold hidden in Ottawa; and ultimately, it is up to the individual to assess and ensure (within his or her means) that their retirement goals are

realistic and attainable.

### WHAT OTHERS THINK

A recent article on pensions in The Ottawa Journal, by Peter Thomson of their Parliamentary Bureau, contained these comments about pensions paid to members of the federal public service, including the Armed Forces.

"The best policy going in this line is a pension plan which is fully tied to the consumer price index after retirement, and to have the pension itself based on the average of earnings towards the end of your career."

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on the best six years' salary; and two per cent for up to 35 years' service."

The Journal quotes the executive vice-president of The Bank of Nova Scotia, R. M. MacIntosh, as saying, "at current rates of inflation, an escalated pension at the end of your career is extraordinarily attractive... if you have all these little gimmicks going for you, you are on a permanent escalator all the way to heaven."

Mr. MacIntosh is also attributed as saying that the best piece of investment advice to a young man or woman is to get a job in the federal public service.

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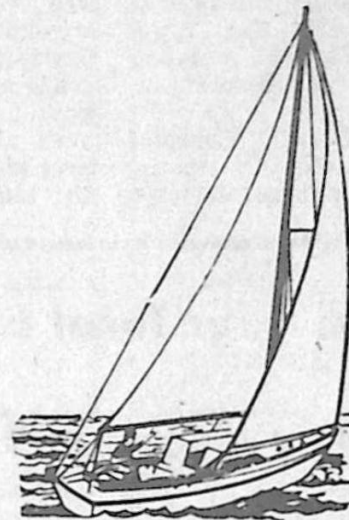
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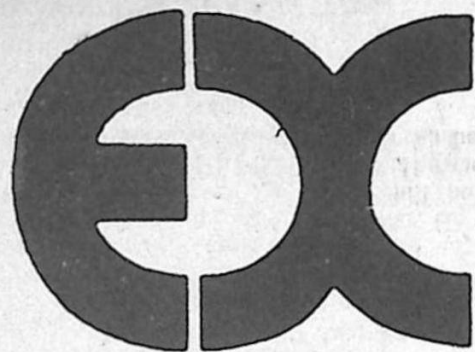


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