



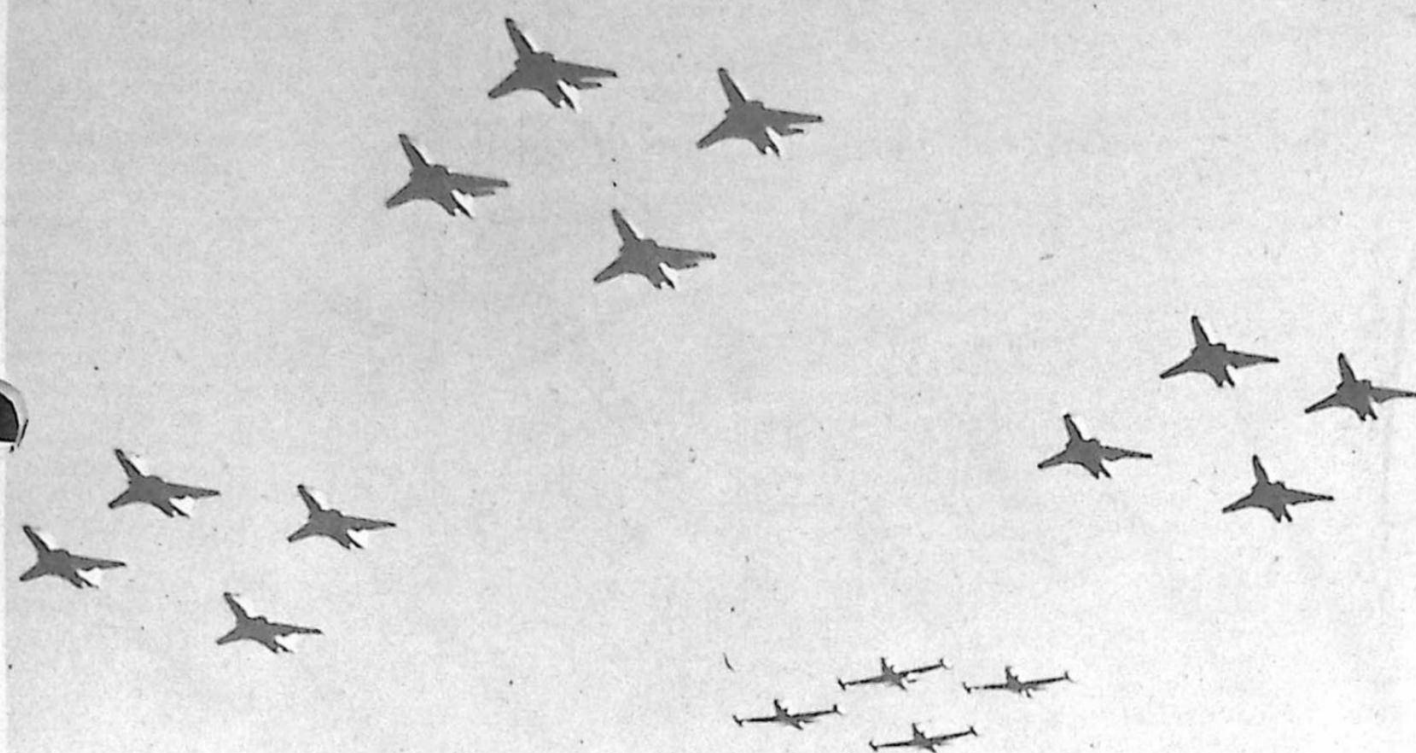
TOTEM TIMES



Canadian Forces Will Wear Green on 17th. of Mar. - And May The Great Chief Take a Liken to Yeh !

VOL. 18 - NO. 5

CFB COMOX TOTEM TIMES THURSDAY, MAR. 4, 1976



NIGHTHAWKS SALUTE

Best Tac Eval Ever

BY JIM BROWN

That was the week that was. All the early call-outs, the practices by the crash disaster group, the Rad Mons, mass loaders, combat turnarounds, security control, aircraft scrambles and working under fall-out conditions only served to sharpen the response of the already superb fighting machine of CFB Comox.

Each year a Tactical Evaluation Team of about 50 personnel from various headquarters, commands and bases descend on the base to

check out our operational readiness and all-out fighting capability hence TAC Eval. There is no in between. You are either acceptable or not acceptable. To be unacceptable is a major calamity for all involved.

Therefore, each area strives to ensure that his section and his part of the operation and its effect on the rest of the operation is flawless.

This year the Team, led by LCol L.C. Price, was hard pressed to come up with anything more than a few

minor discrepancies.

Major Laforge of the Maint- Arm Team and his staff were duly impressed by the professionalism in every maintenance action shown by the troops. He advised that CFB Comox truly deserves a well-earned commendation in these areas.

One of the areas that serves the TAC Eval but does not get inspected, as far as I know, is Capt. Krayden and his staff. Too often do we eat and run without a thought as to the effort that must be put forth to feed (and very well fed, I

might add) some 500 personnel and still look cheerful. Let's hear a well done for Capt. Krayden and his trusty Chefs.

All the readiness, high serviceability, and smooth scrambles in the world, are of no avail unless our Armourers have done their job. Theirs is perhaps the most exacting task of all. They are checked at every single step and move of their operation. Any mistake can fail the TAC Eval. To describe their fete this year I'll just use a small bit of a conversation I overheard by one of the Team members.

"Those Armourers," he said, "are magnificent." I've been through a few TAC Evals and I'm sure we all agree. Upon talking to the Armourers, I found that they were high in their praise for the One and Two man techs for their elegant combat turnarounds. To them also, a tip of the hat, we knew you could do it!

LCol Price and his Team were certainly a co-operative, congenial and a fine group of people. We hope their stay here was enjoyable in spite of the Comox variable weather. We were most pleased to have them in our midst for the evaluation. Come again (next year?).

Well done, to all CFB Comox TAC Eval participants. It couldn't happen to a nicer bunch of troops.

Ellis Photo

Balance Is Objective

We Must Re-equip

"Warsaw Pact countries are increasing their military capability far beyond a defensive requirement," Defence Minister James Richardson stated on Friday, February 27, during a press conference on this airbase.

Squadron Standards Desecrated

Two tangled heaps of tassled silk amid the shattered glass — a tragic sight. Two memorials to the devotion and sacrifice of men in the past, now torn and broken upon the floor.

In a fit of wilful destruction in the black hours of Tuesday morning, March 2, vandals smashed, ripped, broke and tore their way through the Officers' Mess.

A telephone ripped from the wall was apparently used to smash the large plate glass window of the Standards showcase. The 407 and 442 Squadron Standards were yanked from their positions of prominence, and tossed to the floor where their wooden poles were mangled. The fringes were torn away from the silken banners.

Smashed liquor bottles and broken eggs marked the

distressing path from the entrance foyer through the main lounge to the bar.

Broken bottles, like reefs protruding from a sea, lay on the floor of the bar area amid the sticky, oozing mixture of liquor and soft drinks. A black pile was all that remained of safety matches normally kept on the counter top.

Major Alex. Wiersele, Vice-PMC of the Officers' Mess, stated that the matter is under investigation by the RCMP and Military Security personnel. He endeavoured to look calm amid the devastation.

"Valiant Heritage"

Demons Fly South

VICTORIA - Warships and long range patrol aircraft of Maritime Forces Pacific will participate in a five-Nation naval exercise off the coast of Southern California March 2-12.

The Esquimalt-based destroyers are Her Majesty's Canadian Ships Gatineau, Kootenay and Restigouche, belonging to the Second Canadian Destroyer Squadron commanded by Captain (N) Michael Barrow. The supply ship, HMCS Provider, is commanded by Captain (N) Colin H. Shaw. The ships, accompanied by Her Majesty's New Zealand Ship Canterbury, will arrive back in Esquimalt March 19. The New Zealand frigate will visit Victoria until April 1 and Vancouver April 2-8.

407 Maritime Patrol Squadron, based in Comox, will provide two Argus long range patrol aircraft and three crews to become involved in anti-submarine warfare operations. They left Comox February 29, and will return home March 13. While on exercise they will operate from United States Navy Air Station Moffett near San Francisco. The detachment commander will be Lieutenant-Colonel B.T. (Bruce) Montgomery, commanding officer of the squadron.

Other naval forces from the United States, United Kingdom, Australia and New Zealand will participate in the exercise "Valiant Heritage." The name was chosen in recognition of a long standing spirit of cooperation and mutual support among the participating countries.

Under the overall direction of Vice-Admiral Robert P. Coogan, United States Navy, Commander of Third Fleet, it's designed to test and improve combat readiness in all aspects of modern naval warfare. Operations will include anti-submarine warfare, air defence, at-sea-re-arming and replenishing, carrier operations, opposed transits, missile firings at the Pacific Missile Test Centre, and air "attacks" directed against participating ships. Admiral Coogan will observe the exercise from the aircraft carrier USS Enterprise.

Rear-Admiral Edward S. Briggs, United States Navy, Commander of Cruiser Destroyer Group Three, will direct the "opposition" forces from his Flagship, the Guided Missile Cruiser USS Chicago.

"Valiant Heritage" will involve a total of 38 warships, 200 aircraft and about 18,000 officers and men.

Wind Power To Come

OTTAWA— In search for possible alternative sources of power, experiments in wind generation of electricity are being conducted by the Defence Department, at Shirley's Bay, 13 miles west of here.

Conducted by the Defence Research Establishment, Ottawa, with the assistance of the Canadian Forces, the experiments are studying the feasibility of the wind as a dependable power source.

A vertical-axis wind turbine developed by the National Research Council has been

mounted on top of a 40-foot wooden trestle. When the wind whirled it around, the power generated is stored in a series of lead acid batteries.

In its present form, the generator is capable of producing 1½ kilowatts at wind speeds of 20 miles per hour. The system will sustain a continuous drain of 100 watts, enough to illuminate one light bulb.

The wind generator starts to produce electricity at a wind speed of seven m.p.h. But last December average wind

speed at the site was only 5½ m.p.h.

Captain David J. Bristow, 27, Ottawa, an electrical engineer with the Communications Electronic Engineers, is the Forces' resident expert on the subject. He says larger wind generators produce more power.

There are two factors affecting output of the generator, wind speed and size. The power increase is on the ratio of the cube of the wind speed increase. For (Continued on page 10)



MWO J. ADAM

Flt Eng Dies

A message received from a 407 Squadron detachment at Moffett Naval Air Station, disclosed the death of MWO John (Jack) Adam on March 2. Jack, a well known Argus Aircraft flight engineer apparently died while swimming in a pool located in Sunnyvale, California.

Jack joined the RCAF in 1946 and since that time has served as an AE Tech or Flight Engineer on 426, 408, 437, 449, 415 and 407 Squadrons.

He was born in Alberta on March 2, 1928.

He is survived by his wife Elizabeth. The couple had five children, daughters, Elizabeth Deborah, Sharon Patricia, and Heather Dale; sons, Neil Robin and John Williams.

There is no move to return to the three service concept. Mr. Richardson explained "There must be an increased amount of identity for fighting forces. We have always had an army, navy and airforce. However, we must maintain benefits of a unified force as a unit rather than three forces each having its own pay services, supply, medical, dental etc.

"Within a unified force we must increase ways to identify airmen in an airforce, soldiers in an army and sailors in a navy."

"Inflation is the primary cause of the large jump in cost (from \$47 to \$88 million) for construction at CFB St. Jean since approval in 1973." He continued: "It is an extensive rebuilding of the base with new recruit and language schools, accommodation and recreation centres included. It is referred to as a mega-structure of interesting design. Sleeping quarters, dining facilities, churches and dental rooms, to mention a few, are all under the same roof. There are many benefits in this new concept."

The minister concluded his seven hour visit to this West Coast base after being feted at a formal dinner in the Officers' Mess. Hugh Anderson, MP representing Comox-Alberni, was also in attendance.

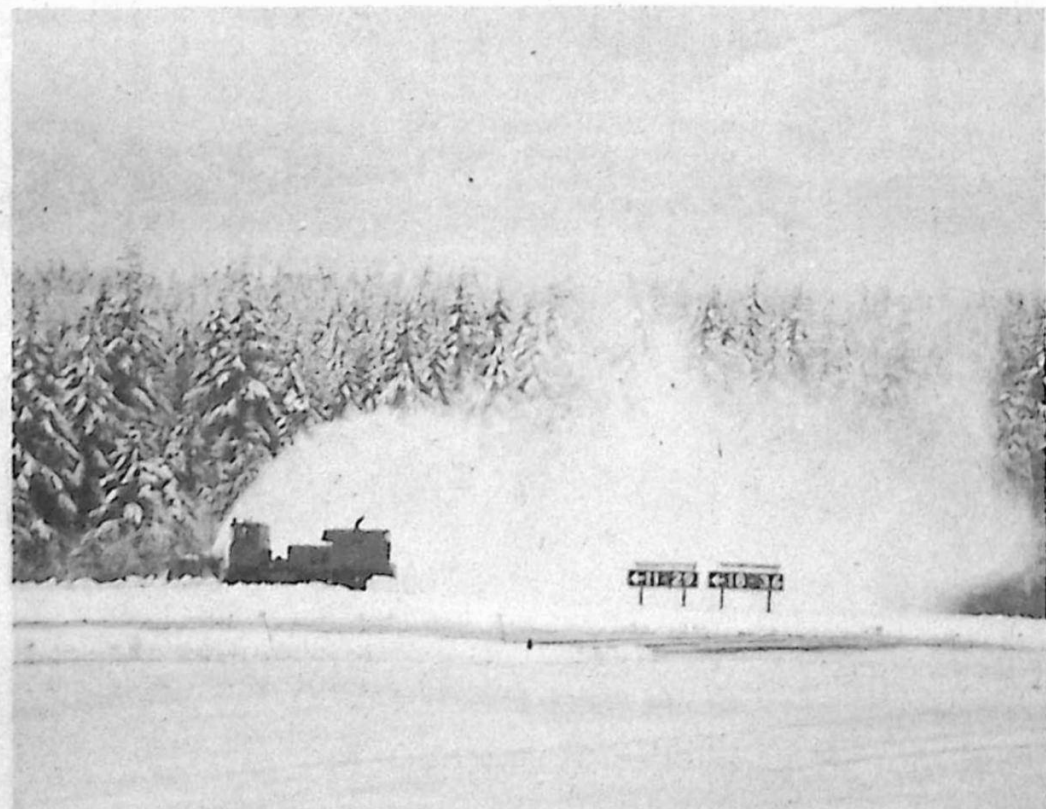
Students Get Jobs

OTTAWA—About 9,500 students across Canada will be employed by the Canadian Forces this summer as part of the federal government's 1976

Student Summer Employment and Activity Program. The defence department's share of the \$23,961,800 project will be \$7,552,000, or about 31.5 per cent.

The armed forces' involvement will be in three areas, similar to programs operated in the past five years. Included are cadet training and activities, community assistance projects and the Reserves.

Students interested in the Reserve program are to apply to local Reserve units or Canada Manpower centre after April 1. Applications for employment on community assistance projects also should be made through Canada Manpower centres. Students should be 16-34 years of age. Only those cadets who have been members of units on or before Jan. 31, 1976, may attend summer camps.



Winter's Here Again!

Ellis Photo

TOTEMS WON PACIFIC REGION HOCKEY

TOURNEY WITH 7-5 VICTORY OVER CFB ESQUIMALT LAST NIGHT

STANDINGS

	W	L
Comox	3	0
Chilliwack	2	1
Esquimalt	1	2
Navy Ships	0	3

Story next issue.

Gravel Pit News



RECENT PROMOTIONS IN 407 New Tax Brackets are in store for the following personnel from 407 in '76. Back L to R, Sgt. Duban, Sgt. Carter, Sgt. Vandusen and MCpl. Freeman. Front - MWO Greer, C.O., MWO Teskey.

Base photo

It has been some time since the last news emerged from the 'Gravel Pit' so it is hard to know where to begin. To cover the highlights of the past month we will start with the biggest event so far this year, the second meeting of the Comox-Vancouver ATC hockey teams. The first game last fall inspired both teams so much and was such a tremendous boost to inter-unit relations, that a second match was held Feb. 6th. The VR boys once again enjoyed a warm welcome and stay here at the base hosted by the 'Gravel Pit Gang'.

Game time was 11:30 a.m. and play got underway with little delay. Both sides played an invigorating and action packed first period, that saw the VR team ahead 3-1. They were obviously eager to revenge their 11-2 defeat of 1975.

The calibre of play didn't let up during the second 20 minutes as Comox stormed back to a 4-4 tie. Unfortunately age started to catch up with the more senior VR

team and the Comox youth showed little mercy, as they stormed ahead to the final 12-5 victory. The scores in these games were secondary though, as it provided an opportunity for members of both control agencies to get together for a fun time. MCpl 'Wayne' Wright and Mr. 'Larry' Bennett of VR are to be congratulated with thanks for the work they did in arranging these games and successful meetings.

The 'never-say-die' VR team has already made arrangements for the next competition to be held in the Richmond Arena, March 26. The Gravel Pit team is looking forward to their first 'away' game, hopeful to return victorious and retain the Pacific Region Air Traffic Control Hockey Championship.

Congratulations are in order on the recent promotions of Capt. 'Dave' Godfrey and 'Art' Brooks, and to Lts. 'Lynn' Malcolm and 'Terry' Wallace for successful completion of their checkout in the tower, also to Cpl. 'Denis' Pettigrew, who recently returned from CFB Borden after completing the radar controllers course. Congratulations of a different type go to Lt. 'Mike' Laliberte and his wife Anne on the arrival of their third income tax deduction an 8 lb. baby girl. Capt. 'Sandy' Cumming and wife Trish are happy with the prospects of an addition to the family this September.

Well, Tac Eval has come and gone for another year, and thankfully this years 'war' went well for both aircrew and ground crews alike. Special mention has

been given to Capt. Harker and Pacowski, and to Cpls. Wright and Doyle for their expertise and control abilities during the heavy periods on Wednesday. Thanks to all the ATC personnel that participated in making this year another success.

Unfortunately, unlike our civilian counterparts who grow firm roots in their control positions, our controllers come and go on a regular basis. Although he has managed to cling to the fertile Comox Valley soil longer than most, it will soon be time to bid farewell to our Chief Controller at Ratcon, Capt. 'Larry' Harker and family. They will be pulling up stakes and heading eastbound for Moose Jaw in April. A departure party will be held Monday, March 22 to enable all friends and section comrades of Larry and Irene to say 'goodbye' in the true gravel pit tradition.

The ATC section's 'Great Big Green Training Machine' grinds on. Lt. 'Pete' Holica is working hard on his checkout in the tower, while Lts. 'Mike' Laliberte, 'Tom' Evers, and 'Dave' Barney have recently moved from the dizzying heights of the tower to the dark depths of the RATCON in a continuing program of training and personnel replacement.

In an effort to introduce our section personnel to the public at large, we will start in this issue with our newest section appendage, the Base Flight Planning Center. Located on the second floor of No. 7 hangar, The Flight Planning Center in its crude early stages of development is run by Sgt. 'Jim' Patterson, with assistance from the section Warrant Officer, MWO 'Blake' Muloin. Also located in the Flight Planning Center is the newly established BATCO's office (or is that the closet?) where Maj. 'Ken' Howard hangs his hat. Next issue we will introduce you to the people that make the Control Tower run effectively, and in a future issue those of the RATCON.

Q. I had interest income of \$285 from Canada Savings Bonds and I paid \$108 of interest on a bank loan to purchase these bonds. What is my interest and dividend income deduction?

A. \$285, the amount of your bond interest. You may also include the \$108 as carrying charges in area D on Schedule 4 of your return package.

Q. I have both pension and interest income. Does the \$1,000 exemption apply to the total or to each one?

A. The \$1,000 maximum exemption is applied to each one separately. See item 46 and 47 of your 1975 Tax Guide for further details.

Q. Can I claim dental expenses incurred at a dentist's establishment as medical expenses?

A. Yes, the stipulations are that the dentist must be licensed, and the expenses aren't paid for by dental insurance plan.

T.T.F.N.

407 Tech Ramblings

SERVICING SNICKERS

It's that time again for Totem Times. Everything is getting back to normal as we have all our world travellers back from warm countries - all tanned and happy to be back home.

Sent WO Boutaught on a southern run. On the fourth try he finally made it without it being cancelled. He had a little problem refuelling. The Old Bird takes a lot of juice

particularly when it's by overwing refuelling.

Things will never be the same on No. 2 crew now that Tex is back with all those foreign ideas from the technical branch from down under. As he says it's all very well to visit but when one sits down to think about it - there is no place like home! Speaking about home, Tex no sooner got back that he was advised on good authority that

he would be leaving beautiful B.C. and moving to the Ottawa area. Just think - he'll be right there where all those weird and wonderful decisions are made! He is now anxiously awaiting confirmation. Maybe there really is a Santa Claus!

Sgt. Marks was on a little trip to the Cool Pool deep freeze. A nice time was had but - 34 degrees F was something else. The old bird doesn't take too well to those temperatures either and it was decided - home JAMES and don't spare the horses!

Had a card from one of our retired Warrant Officers ie Ed Lozanski. As a farmer during the summer, he had a good crop. But as a fruit inspector during the winter, time will tell. Also received word from our former ASO, Capt. Irving. He is down in "Mory Beck" and wishes he was back in beautiful B.C. It's rather cool already in that part of the country.

Well it's that time of the year again. Xmas is upon us; everyone has sent their letter to dear ol' Santa in the hopes he will fulfill their orders. It's also that time for section parties, etc. The roads will be

icy so lets everyone take a little more caution while driving and have a safe and happy time.

We would like at this time to wish every one a Very Merry Christmas and a Happy New Year from all of 407 Servicing.

ASW LABS

Greetings and salutations to all and sundry from your newest correspondent. It seems that the usual purveyor of delightful ditties is absent this week and so it falls on me to attempt to fill his (admittedly) large boots. For the first time in my memory the coffee table was full this morning as it seems all have returned (albeit shortly) from their various voyages. Sgt. Andy Croiter and Cpl. Jim Hagar have returned from Down Under, Cpl. Sam Dunn from the Cool Pool, and Sgt. Ken Maclean from somewhere back east. Australia must be lovely this time of year because every time that Jim Hagar sees our white rain we hear a muttered "Humbbug". JP has come down from his perch on the APS20 and is now learning the ins and outs of the Doppler. Wonder why MCpl Durrance now walks around in a daze muttering about "giant green frogs". The way MCpl Sandy Sams is pushing those 407 Sqn. Party and Raffle tickets we think he must be getting a cut.

What did they offer you Sandy, first go at the 407 Bathub? A big welcome goes out this week to Pte. Harry Brand, a fresh face from Borden. They must teach them better in Borden nowadays since it only took him 10 minutes to begin studying out EO library. (ie Playboy, Penthouse, etc).

Seriously Harry, it's good to have another Anglophone Pte up here as I was tired of trying to speak French. MCpl Durrance is suffering from a lighter wallet this week as it seems the Service Flight he had arranged for his wife was cancelled and he had to pay her train fare back from Edmonton, too bad Bob.

Well, that about wraps it up for this week except for this final word to the wise; the police benevolent fund needs money at Xmas too, so if you are going to the 407 Bash, TAKE THE BUS.

Young Males Lead

More than four out of every ten single male drivers (43 per cent) under the age of 25 were involved in an accident in the 1974-75 insurance year. This is almost twice the percentage for his female counterpart (23 per cent).

This compares to the over 25 category of drivers in which 31 per cent of the male drivers and 17 per cent of the female drivers were involved in accidents during the same period.

"With an average premium of \$239 and an average claims cost of \$442 in 1974-75, the under 25 single male driver category was thoroughly analyzed and their premiums were increased to place this group in an equitable position compared to other driver categories."

407 Armament

EXTRA! EXTRA! Armament has budding Poet Laureate!

Gloria Gallant-Boehl, a young lady recently remustered from Clerk Admin trade to WTeChA, hasn't reached her full potential as a "Gun Plumber" but she can sure stroke a mean pen. The boys of the Armament section are watching their P's & Q's in case they may end up on the sharp end of her pen.

The following are prime examples of her ability and, as you can see, some of the boys are getting it you know where!

"The little poetry I write is all in fun - to Jack it may seem like a pun. To Big Dave so brave, and to Jack who is small - may you both spend your time in that hole in the wall."

THE RETRO VS JACK & BIG DAVE

A stubborn thing, the balky retro. Connect the wires and still no go.

It bleeds the air but will not load And causes Jack to hit the road (temporarily).

Poor old Huff, he's right uptight Over the poor old retro's plight.

To take it down and pull it apart Just break's Huffman's poor old heart (Dave's too).

Its off the bench and stripped right down Then its torqued up and poor Jack frowns (Dave scowls).

It's tested again and the boys seem glad Things don't seem to be looking so bad (Much they know!)

We now have one abandoned retro While the boys try to make the Librascope go (Good luck!).

MCpl Jack Huffman is quite soon to be leaving the 407 Armt. Section. This little ditty is dedicated to the pursuit of his happiness. The Retro Room will never be the same again. Good luck, Jack.

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Is heard the classical "fiddle diddle". Replace this thing and change the other

And the cry goes out, "Get with it, Glover". It breaks Dave's heart if the telephone rings

For it disturbs his train of thought and things. Between pawls and earns and springs and such

Big Dave starts finding it a bit too much, So off he goes and leaves his pet

And the poor Librascope is waiting yet. Gloria Gallant-Boehl

And now on to the more serious items of reporting.... The Section will soon be saying farewell to MCpl Art Zeilke and Sgt. Bob Bird who are both posted to Cool Pool come April. Will 407 Armt ever recover from such a blow? Probably.

At the moment, CFB Greenwood has four of our most outstanding (in the rain?) guys for an Argus course. With Sgt. John Erickson, Cpl. Al Morin, Cpl Pat Sweezy and Pte Dusty Burrows away, the rest of us can finally get a bit of rest.

The upcoming Fleetex has claimed Sgt. Bob Bird, MCpl Ernie Wiwchar, Cpl. Ted Burdon and Pte. Dave Glover. Don't forget your water wings, guys. Such peace and tranquility!

Our resident Kari "The Hun" Cunningham is out giving OJT to the boys in the "X" Area. They called us 3 times about her work. The answer is still "No" we don't want her back.

We hear many stories about Jack leaving soon and all I can say is "Please let them be true". MCpl Lohnes is back working in the shop.

His wife is so relieved he's off shift work. She just can't stand him home in the afternoon any longer. Can't figure out our Training Section. WO Graham and Sgt. Clarke do a rain dance every day but sure enough when they go out it "snows". Boys are you sure you have the right steps? Then again the way they dance - steps don't really matter.

Gary "get off my shoes" Holt is back after his JLC. Just wind him up like a tin soldier (in brown of course) and let him go; he sure is fast on a typewriter.

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Mushroom Mutterings

UPPER DECK

The "going away" dinner for Capt. Dave Royer was held on the 13th Feb. and was a resounding success. The CO paid tribute to Dave's contribution to the squadron and wished him well in his new civilian life. Incidentally, he has no definite plans at present but is investigating several possibilities in the region. In thanking the CO the normally quiet David went at length to suggest improvements to the squadron like knocking the wall down between the Lab and Buff flight, ensuring all Lab pilots hold a green ticket etc. Subsequently, informal speeches were made by Maj. Anglesey and Capt. Rudy Preus. Meanwhile Bob Kozak and Blair Wilkinson demonstrated why they would never make it in a bombing role.

The dinner was also to say goodbye to Lt. Joy Baker who many of us were surprised to hear is leaving the service and is off to Edmonton. In saying farewell Capt. Marg Patte said how well Joy had worked

on Airevacs and had heard nothing but good reports. Those of us who flew with Joy concur, we are losing not only a competent professional nurse but a crew member always a pleasure to fly with.

The weekend trainer to Prince Rupert and Kelowna was successful and contrary to some beliefs the 16 hrs. of flying were well spent. A highlight was the talk given by MCpl Rod Verchere assisted by Cpl. Doug Killen to a large group of search and rescue volunteers in Kelowna. The writer had never attended a similar meeting and was impressed. I was not alone. Rod has a very professional manner and his enthusiastic approach did an excellent job in putting the message across and generally doing a PR job. Consequently, we have gained and retained some good friends in Kelowna.

Around the squadron we welcomed back Maj. Osborne who has been on leave "down south". Capt. Wayne Walsh is still at Staff school and Cpl. Pat Smith is away at Charm School. Next week Capt. Kip Caudrey will be helping Cpl. Jerry Boucher through Arctic Survival.

Coming up next time the CO's First Lab Flight mystery - did he really clip a blade? Til the 11th.

Hunters Reminded

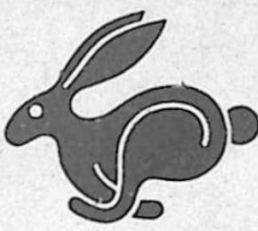
Hunters are again reminded that it is in their best interest to complete and return their Game Harvest Questionnaires. Only moderate response thus far to the Questionnaire indicates a disappointing response rate similar to last year's 23.5 per cent.

Dr. Jim Hatter, Director of the Fish and Wildlife Branch said in Victoria recently that the Questionnaire provides vital wildlife management data such as population size and distribution.

Questionnaires have been mailed to all hunters who purchased species licences in 1975 for caribou, sheep, goat, grizzly bear, and elk, and to a number of those who hunted black bear, wolf, deer, and game birds.

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For crossing town or crossing the country, it's still one of the world's greatest superbikes.

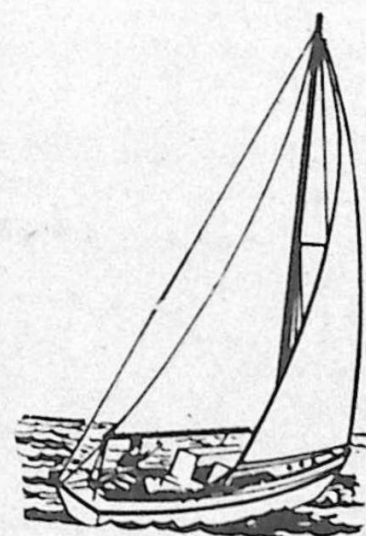
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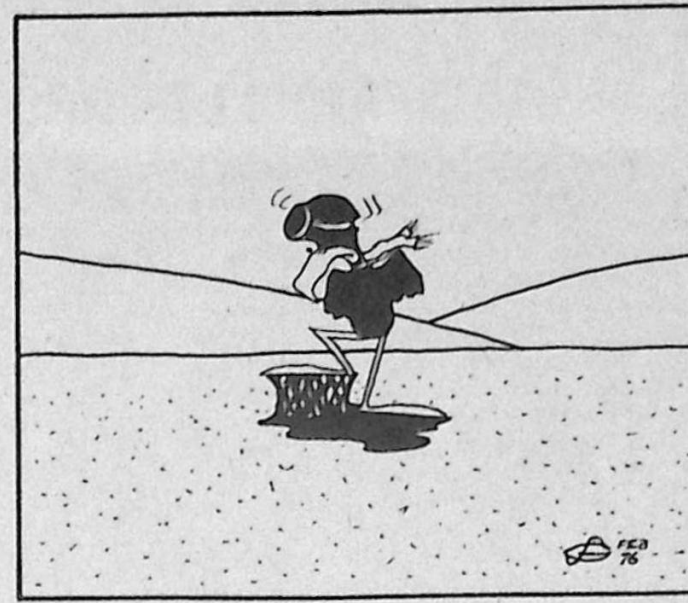
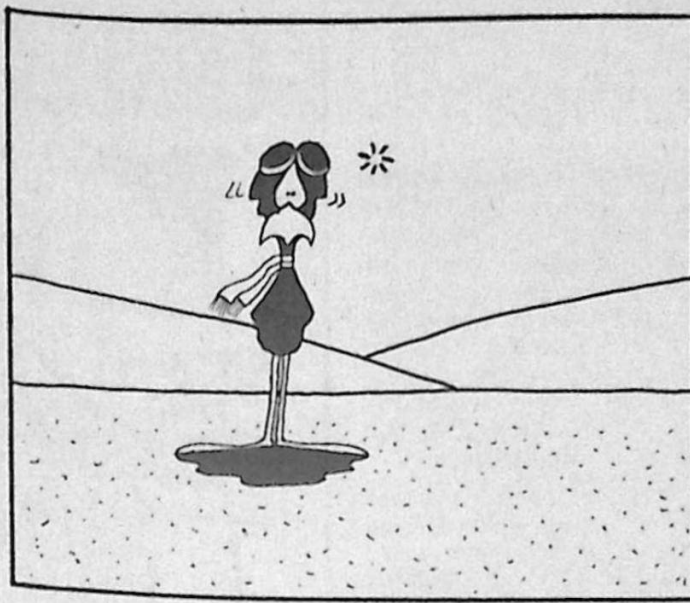
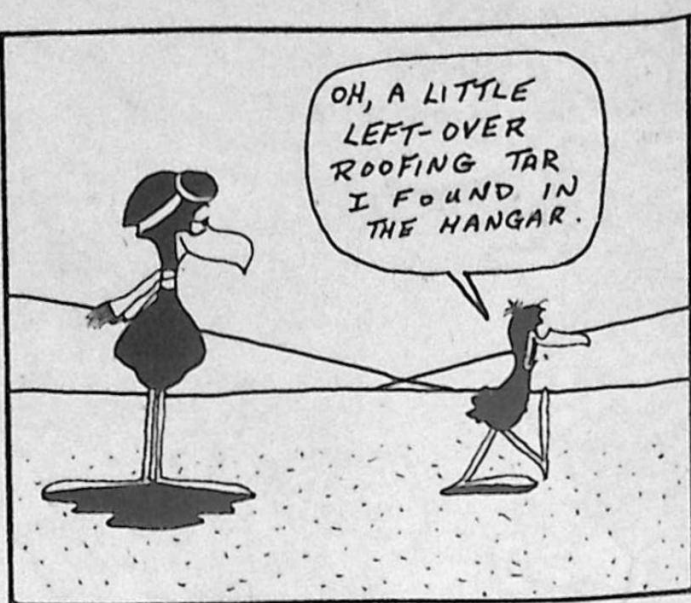
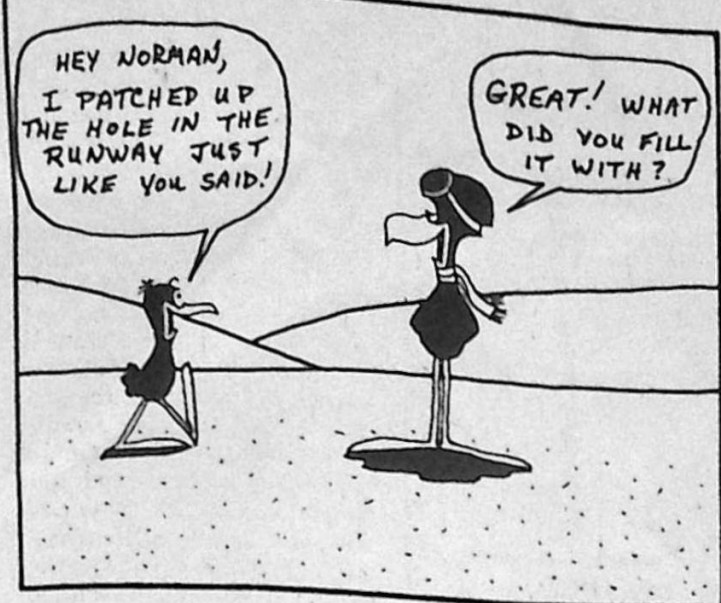
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Rescue Bits

Well, sports fans, in amongst all the criticism levelled at the SAR organization comes a horse of another color. The International Aeronautical Federation (FAI) has granted the Canadian SAR organization its Award of Honor. The Award originated in Paris and was presented to a Canadian in Australia. Accompanying the Award is a very nice covering letter from the grand shack back east. Out of the thorns, etc. Looking at our resources, maybe we should have said

"Don't applaud, send money". However, it was nice to get.

Watched the Queen's Navy charge out of Esquimalt Harbour to greet the Laymore on return from her pay-off voyage. I figured someone declared open season on pigeons at Race Rocks. The weather conditions were terrible and, if that wasn't looking the devil in the eye, I don't know what is. Being a hardened SAR fan, the courting of potential disaster didn't fire me up but the esprit de corps did. It was crazier 'n

hell but from light blue to dark blue, "Bravo Zulu".

Speaking of the former combatant colour of dark blue, you guys on the Provider who do the isometric banana exercises had better watch it. Raise questions reader (s)? The banana isometric exercise is great. Take a five foot piece of string, tie a small loop at one end and tie the other end to the head of your bunk. At the third and fourth foot mark tie a banana. Lie down on the bunk, loop the string around your big toe and move your leg back and forth.

Not only is there a cardiovascular advantage but you can teach the bananas to flop on your chest, on the bed, one on the bed and one on the chest, all sorts of combinations. The only weakness is guys start talking to the bananas and recently someone was seen walking his bananas on the dog-watch. Ever wonder what the number written on the side of those grey boats means? Yup, banana entitlement. Things are going along

Baby Sitters Course

A challenging and interesting course of instruction for anyone over the age of 12, as of 15 March 1976, who is interested in baby sitting, will be held in the Airport Elementary School gymnasium from 6 to 9 p.m. March 16, 18 and 23rd.

Subjects covered: 1. Child Care - feeding, bathing, etc. 2. Child Safety - fire, police, medical; 3. Child Behaviour - age differences; 4. Special Care - convalescent, elderly; 5. Games & Toys - entertaining; 6. Responsibilities and Rights of Baby Sitter and Employer - self-explanatory but often confusing to both.

This series of talks, discussions, films, practical demonstrations and testing will take up the full 9 hours provided, so registration must be done before the course starts by filling out an application form and delivering it to the Fire Department at CFB Comox. No registration fee is charged; you are asked to bring your own pad and pen to take down notes.



A LONG TIME. Cpl. Onno receives his certificates of Service from LCol. A. E. McKay, CO 409 Sqn., for more than 22 years of service. Base photo

Demon Doings

by Hammer

The Demons have a new scribe to share the writing tasks. Actually this informant isn't new per se, but a bit trail worn and balding nicely, and has had a hand in many demon columns in a past life here. It is good to be back to 407 and I hope we can have some different type columns for you. We keep after crews to come up with some info for us and we have a nice piece from Crew 5 for you. Most of the squadron being off one place or another, we will use the Crew 5 article for a main stay and start work on some future columns for you.

CREW 5
Aloha from crew cinq. Its either a feast or a famine when it comes to news from this crew. Our activities are so secret we dare not tell anyone anything. Anyway, on with the show!

Since the last time the world read about us we have had a few crew changes. Capt. Mike Gibbs, our 1st Officer, has left us to attend the Officers Staff School at Toronto. Our Lead

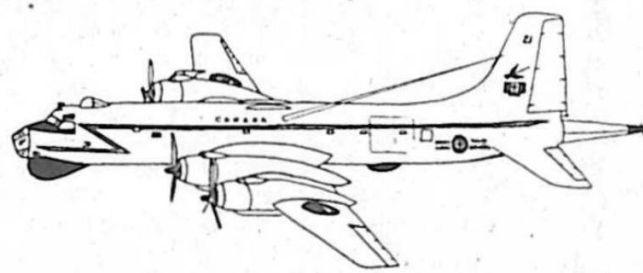
Obs CWO Gord Way has left us to assume the same duties on Crew 6. The position vacated by him has been taken over by WO George Giles. In the navigator cell we say hello once again to Capt. James Dodd who did a tour as our faithful Deputy Flight Commander. Another nav addition is that "West Coaster" Capt. Lloyd Noseworthy. Did I say West Coaster? I meant the west coast of Newfoundland, Corner Brook to be exact. The crew has had to tone down on the Newfy Jokes since, because Lloyd stands 6 ft, weighs 195 lbs., and plays hockey. One crew member found out one day when he cracked a joke in the galley, got hip checked and ended up all the way back to the ASW compartment. Come to think of it, with his size, plus a few other crew members we could just about challenge any other crew to a tug-o-war.

The crew has been somewhat busy these past few months. Lots of Pilot Trainers and such. We did venture

away from Comox for a stint in the OFTT. Obviously the Gods got a copy of our NOVR msg (Notice of Visiting Reprobates) and laid on a winter hurricane for the maritimes. Consequently we were forced to RON at Trenton where, by some fluke of nature, the Winter Carnival was in full swing. Only one person had any complaints about that; our resident FBI, MCpl Bob Delorme. Apparently during the night some members of the crew invited the PPCLI band in for

a nite cap. Unfortunately for Bob it was in the suite he shared with the invitees. Any invitees-invitees who wished to use the bathroom had to transit via Bobs bedroom. Falling water to the tune of "Colonel Bogies March" is no music with which to sleep by. The next day the storm abated and we continued on to Greenwood, where we thoroughly impressed the OFTT staff once more.

Our next and most recent sojourn was on the beautiful (Continued on page 9)



Romanow Retires

OTTAWA - Brigadier-General Joseph R. Romanow, 54, of Saskatoon, Sask., director-general of organization and manpower at National Defence Headquarters, retires in April, ending a military career that spans 36 years.

He joined the Royal Canadian Air Force in 1940 as an airman, was commissioned three years later, and served in India and Great Britain until 1946.

In 1950, he served at Air Material Command headquarters, Ottawa, for five years, then attended post-graduate school in England. He graduated in 1957 with a master's degree in aeronautical engineering.

He worked in a weapons systems project from 1957 to 1959, then was appointed liaison officer for the Bomarc missile program, Hill Air Force Base, Ogden, Utah.

Promoted to the rank of wing commander in 1960, he was appointed chief technical staff officer at North Bay, Ont., a year later. In 1965, he became chief of staff for administrative and personnel and technical services, at Air Transport Command Headquarters, Trenton, Ont.,

and was promoted to colonel in 1966.

In July, 1970, he attended the National Defence College, Kingston, Ont., for a year.

He was promoted to his present rank in August, 1971, and appointed deputy chief of staff, logistics and administration, 4 Allied Tactical Air Forces, in Ramstein, West Germany.

He took up his current appointment in July, 1974.

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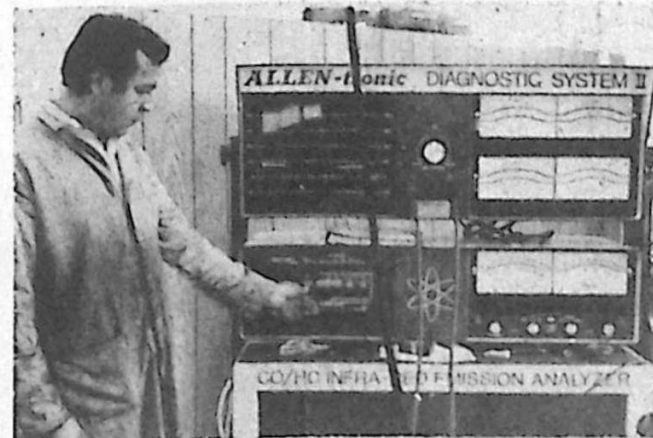
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EDITORIAL

From the Fur-lined Foxhole

Like many of the servicemen, I watched the recent Progressive Conservative convention with great interest. Here was a great national party selecting a new leader, determining new policy, healing old wounds and girding itself for an electoral battle still a couple of years in the future. Yet in all the speeches there were only a few words about National Defence. One candidate, Flora MacDonald, stated something to the effect that should she become leader and eventually Prime Minister she would give the Navy the men and materials to patrol the coasts. It brought a definite cheer from the convention. Needless to say, a certain other unsuccessful candidate, Paul Hellyer to be sure, did not mention one word about National Defence. Funny, his strong suit was to have been his previous experience in government. Other than one other brief mention we were just not there.

Surely something is wrong when those who could quite possibly be called upon to form the government are prevented in part from getting to know any one segment of the governed. At first I believed that they, the politicians, quite frankly didn't give a damn about us because we counted for relatively few votes. I now feel that this opinion is wrong. Could it not be that we are ignored because we have, through our rules, regulations and traditions, isolated ourselves from the political life of the nation we serve. With a few notable exceptions: i.e., Admirals, we are paradoxically enough a passive element in Canadian society.

When there are so many groups competing for public support and understanding we will not survive by putting our heads in the sand. Shouldn't we take advantage of all forms of the communications media to get our side of the message across to the public?

After all, we do have a corner on the market as far as defence goes. If we don't ensure that the public is accurately informed regarding defence matters will anyone else? If we are to survive maybe we had better get used to being the centre of controversy and of feeling public pressure. Our present silence could be dangerous for it might be misinterpreted as acquiescence in our situation. Luck is just not the case.

With regard to the political process then, as a first step, could we not change our rules so that we could have more input and impact into future elections and possibly conventions. According to one politician I know, we, the Military, are the great electoral unknown in the Comox-Alberni riding. Under such changed rules the Base Commander would be allowed to invite speakers from all legal parties to address the Military and their dependents either on or off the Base. It would be strictly understood that the opinions expressed by any serviceman would reflect his feelings alone and cast no reflection on the group as a whole. Similarly, it would be understood that this could not be the proper forum for "in-house" service matters and complaints. We have internal procedures for such matters. What is required is a rank and file input into the National Defence matters in particular without fear of intervention from higher authority. To a great degree it is a matter of being allowed to communicate openly and as a group with our political servants. Surely there is no longer any suggestion that we are not to be trusted. Our loyalty is above question.

Let us hope that by the time the next National (or Provincial) election occurs that we have made sufficient changes in rules and attitudes to insure our survival as a National Institution. Our present attitude could "kill" us.

Guest Editorial

"Pricing Canada Out Of World Markets"

Recently, Federal Finance Minister Donald Macdonald, expressed concern over the attitude of labour to the anti-inflation program. During his comments to a Toronto audience, he noted that there were six senior labour representatives on the Economic Council of Canada.

In spite of this, he commented, the council's report differs sharply in some respects from the official position adopted by a good part of the trade union movement.

"If nothing else," said Mr. Macdonald, "I hope the council's report will persuade labour leaders to ponder whether their outright opposition to this national effort should not be reconsidered in the interest of their own members as well as in the interest of the country as a whole."

"It seems to me that labour leaders in particular should take a hard new look at the view they have held up to the present — namely that there is no reason to believe the cost-price spiral raises a threat to Canada's international competitive position."

The economic council's report referred repeatedly to this very danger. It expressed a deep concern over the deterioration it considered has already taken place in the competitive ability of

Canadian manufactured products.

Meanwhile, the Conference Board of Canada said essentially the same thing. The competitive position of many Canadian exports, particularly manufactured goods, has been significantly eroded by rising unit costs, it warned.

An international body has predicted a worsening of this effect for 1976. "In its December economic outlook," said Mr. Macdonald, "the Organization for Economic Co-operation and Development forecast that, in 1976, the most substantial worsening in competitiveness among the major industrial nations would take place in Canada and Britain, causing market losses for both."

What the minister expressed was, in effect, the deep concern of many Canadians about the enormous deficit in our balance of payments and a major deficit in merchandise trading.

He made it very clear that, in a nation like Canada which is so dependent on world markets, we cannot continue to allow costs (including wages) to price us out of the market.

It may sound like an old, cracked record, but this fact should be of vital concern to all Canadians.

(Vancouver Board of Trade)

Phasing Out the Auto?

By KENNETH McDONALD

It's generally assumed that small towns decayed because people moved away from the farms. That assumption has been exploded by the findings of a study recently completed at the University of Saskatchewan. These revealed that, as incomes rose, people used their cars more. Instead of shopping locally, they drove to the larger towns and cities.

As the number of cars increased so did the demand for better highways. Highways bypassed the smaller towns.

With the advent of the shopping plaza, the decay which had started in the villages spread to the downtown sections of quite large towns. Provinces built access roads to plazas and assessed parking lots at preferential rates. Main street merchants suffered proportionately from this state-subsidized competition. The whole process was the product of cheap, abundant fuel.

But fuel is no longer cheap. The president of Syncrede forecasts gasoline rationing within a

few years. Large automobiles will soon be legislated off the road.

Increased energy costs will change the economics of plant location and encourage the establishment of new businesses in outlying communities. This may well reverse the trend to concentration which is based on the sellout of small firms and not on economies of plant size.

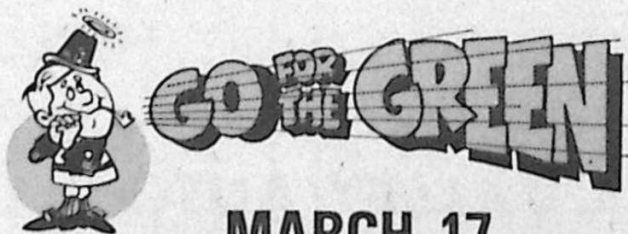
Take West Germany and Britain. In population and area, they are within five percent of each other but Germany has 10 times the number of breweries and three times the productivity.

Canada is following the British pattern. The problems of the Ben Ginter brewery in B.C., presently in receivership, are typical. Harassed by governments and by labour unions, burdened with ever-rising

taxes, small breweries have either sold out to large firms or gone out of business. Yet the economies of large-scale brewing are offset by distribution costs. High priced fuel will make the large plants even less economical.

Meanwhile in Europe and in Asian countries, plans to phase out the automobile are far advanced. Canadian Federation of Independent Business delegates to the International Symposium on Small Business in Tokyo last November heard government officials from those countries outlining policies to ban shopping plazas, to encourage industry in rural areas and to revitalize independent retailing.

Crude oil prices in Canada, held below world levels, have sheltered Canadians from the true ramifications of the energy crisis.



MARCH 17



Letters to the Editor

SRB Act and Bill C-52

Letter To The Editor:

I have received a great number of letters regarding the Supplementary Retirement Benefits Act and Bill C-52 especially in reference to retiring servicemen.

The SRBA which was introduced in 1970 provided for Cost of Living increases to annuitants on reaching age sixty. Subsequent amendments to the SRBA in 1973 now provides the accumulated cost of living increases on a qualification date when a minimum age of 55 plus completed years of service equals 85.

Under the provisions of the SRBA, serving members of the Public Service, the Canadian Forces and the RCMP have been required since 1970 to contribute equally with the government towards the cost of the supplementary cost of living benefits. Additionally in 1973, the government assumed the cost of those benefits for members who had retired prior to 1970 and did not make any contributions.

The amendments to the legislation mentioned above governing escalation of annuities were approved by Parliament after careful consideration of all the classes of retired members involved, bearing in mind the cost to serving members of the Forces, the Public Service and others, as well as the views of taxpayers, many of whom are covered under less generous pension plans.

Since Canadian Forces members generally retire between the ages of 44 and 55 as opposed to public servants who generally retire between the ages of 55 and 65, the viewpoint of some Canadian Forces annuitants is, understandably, that the annuitant should receive escalation immediately when he retires. However, because of the earlier retirement ages, there would, of course, be a requirement for significantly higher premiums in order to provide this earlier escalation. In fact, the contribution rate required would have to be so significantly higher to support the program as to be prohibitive. Even the current rate of contribution of one half of one per cent must be doubled to one per cent on 1 January 1977, with further increases to be determined.

When one views the provisions in the SRBA for escalation as early as age 55 or as late as age 60, in relation to the needs of the members of the Canadian Forces who retired between age 44 and 55, one would normally anticipate, that to sustain a standard of living, or for other personal reasons, a retired serviceman would endeavour to continue in the work force until age 55, at least, and more than likely to an age approaching 60. The need, therefore, for escalation of annuities between ages 44 and

55 would not appear to be as acute as for those who, between ages 55 and 60, have retired from the work force.

The Government Joint Committee on Employer-Employee Relations in the Public Service discussed Bill C-52 which dealt with amendments to the Canadian Forces Superannuation Act

Co-Val Musical

Dear Mr. Wilson,

It is that time of the year again when the annual Co-Val Choristers Musical is in preparation.

This year we are presenting something for the entire family. CO-VAL CHORISTERS presents:

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Thank you very much, see you there.
Yours sincerely
Dave Talbot.

434 Reunion Delayed

Dear Sir:

You may not have heard by the grape-vine as yet but the 434 Squadron Air Standard Presentation-Reunion weekend scheduled for 26 June 1976 has been delayed for approximately one year. The Air Standard Flag will not be completed in time for this June's scheduled events and so Air Command and NDGQ will not allow the Presentation to take place this year.

Allowing for unforeseen events, it appears that the Air Standard Presentation-Reunion will be scheduled for the latter part of June 1977. I have enclosed a letter outlining our plans for this year, and although posed this summer, I am sure that the squadron will have a very similar plan of action for next summer. I have also enclosed a questionnaire which the various sub-committees are using to obtain planning information and would appreciate it if you would complete the questionnaire and return it to the squadron.

Hope to see you in 1977 and am sure that Jim Luesby is also looking forward to renewing old acquaintances.
C.L. Reed
Major
Colors Co-ordinator
Editor's note: This letter was received by MWO Adie J.M.

(CFSA) and other Government superannuation acts. During the meetings the SRBA was reviewed and the question of the present policy regarding escalation procedures was raised, resulting in the decision that no changes would be made at this time.

In order to increase widows benefits to 100 per cent of the annuity entitlement it would require an increase in contributions. The total rate of contribution by a member is currently seven per cent, which includes an actuarial factor sufficient to provide the present widow's benefit. The government is not prepared at this time to change survivor benefits not only because of the prohibitive cost, but because of the discriminatory factor against single personnel. Until such time as Bill C-72 which deals with Human Rights is passed and its terms are firm, the government has delayed any further changes.

A survey of other pension plans reveal that the majority do not have escalation or survivor benefits as beneficial as the Canadian Forces Superannuation Act. The serviceman contributes at a fixed rate to the CFSA during his or her years in the service and the annuity is determined from the combination of the average salary for his best six years and his years of service. The annuity is therefore an entitlement for the period that

he has served and has a direct relationship to the level of contributions which the serving member has made. Or, stated another way, the greater the contribution, the greater the benefit.

Legislation is subject to continuing review to determine whether further liberalization of the qualifying provisions can be made for all those concerned, bearing in mind the cost of further liberalization. Therefore, this very important aspect of cost must of necessity, guide the Government in establishing priorities on this and other items of social legislation.

I trust that this will provide an understanding of the basic equitability of the current provisions of the SRBA widow benefits under the CFSA.

Yours truly,
Hugh Anderson, M.P.,
Comox-Alberni

AID NEEDED

The League of Red Cross Societies, Geneva, has asked the Canadian Red Cross Society to provide assistance for victims of Guatemala's disastrous earthquake.

Needed most at this time is money to buy medical and surgical dressings, antibiotics, water purification tablets, food, blankets and tents.

Acting on this appeal, assistant commissioner David W. Jenkins has asked all branches of the British Columbia-Yukon division of the Canadian Red Cross, to put on an emergency campaign to help meet the request.

Local Red Cross secretary Laura Gordon says she will be happy to receive donations to this worthy cause. Only cash or cheques will be accepted — no clothing or other articles.

Donations may be sent to Laura Gordon, Secretary, Courtenay Branch Red Cross Society, 2 - 575 - 14th Street, Courtenay, or to Red Cross, 4750 Oak Street, Vancouver.

Canex Prices

The undersigned has just been reading the Feb. 26 issue of the Lookout from CFB Esquimalt where the Base Exchange is advertising Regular Gasoline reduced to 69.8 per gallon.

How come our Base Service Station must sell their regular gasoline at 79.9 per gallon? I don't believe the price difference is all transportation charges.

R. W. Bush
Chief Warrant Officer
407 Sqn.

TOTEM TIMES

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TAX TALK

There's a vast difference between income and taxable income. In other words, you don't have to pay income taxes on all your earnings, and every taxpayer should know about the exemptions and deductions.

Revenue Canada, Taxation wants you to know that you are entitled to lawful exemptions and deductions — when you sit down to fill out your annual tax return. In many instances, the tax collector has no way of knowing unless you supply all the necessary information and make your claims. What's taxable and what isn't? First, you must pay tax on your income from employment, but you don't have to pay tax on the full amount. Only your net income is taxable after you have deducted your personal exemptions, medical expenses and charitable donations, certain pension plan contributions, certain tuition fees, moving expenses, child care expenses, and many other deductions which may apply to you. Just remember, the term 'net income' is not the same as 'net pay'.

You must pay tax on any pension plan benefits you receive including Canada or Quebec Pension Plan benefits, but you don't have to pay tax on the Guaranteed Income Supplement, Workmen's Compensation Payments, War Disability Pensions, Blind Persons' Allowances and Mothers Allowances. These are not the same as Family Allowance payments for children.

Family Allowance payments are taxable and must be reported by the parent who claims a dependent exemption for the child.

Interest and dividend income is taxable only if it is more than \$1,000 per year. The first \$1,000 of interest and dividend income is tax free. You are entitled to a federal tax credit of 20% of the taxable amount of dividends from taxable Canadian corporations.

If you rent property, the amount you receive in rent is taxable after you have deducted expenses incurred to earn that rent such as mortgage and loan interest, taxes, insurance and repairs.

Any alimony or separation payments you receive pursuant to a written agreement or court order are taxable, but if you are paying the alimony, you can deduct that from your taxable income.

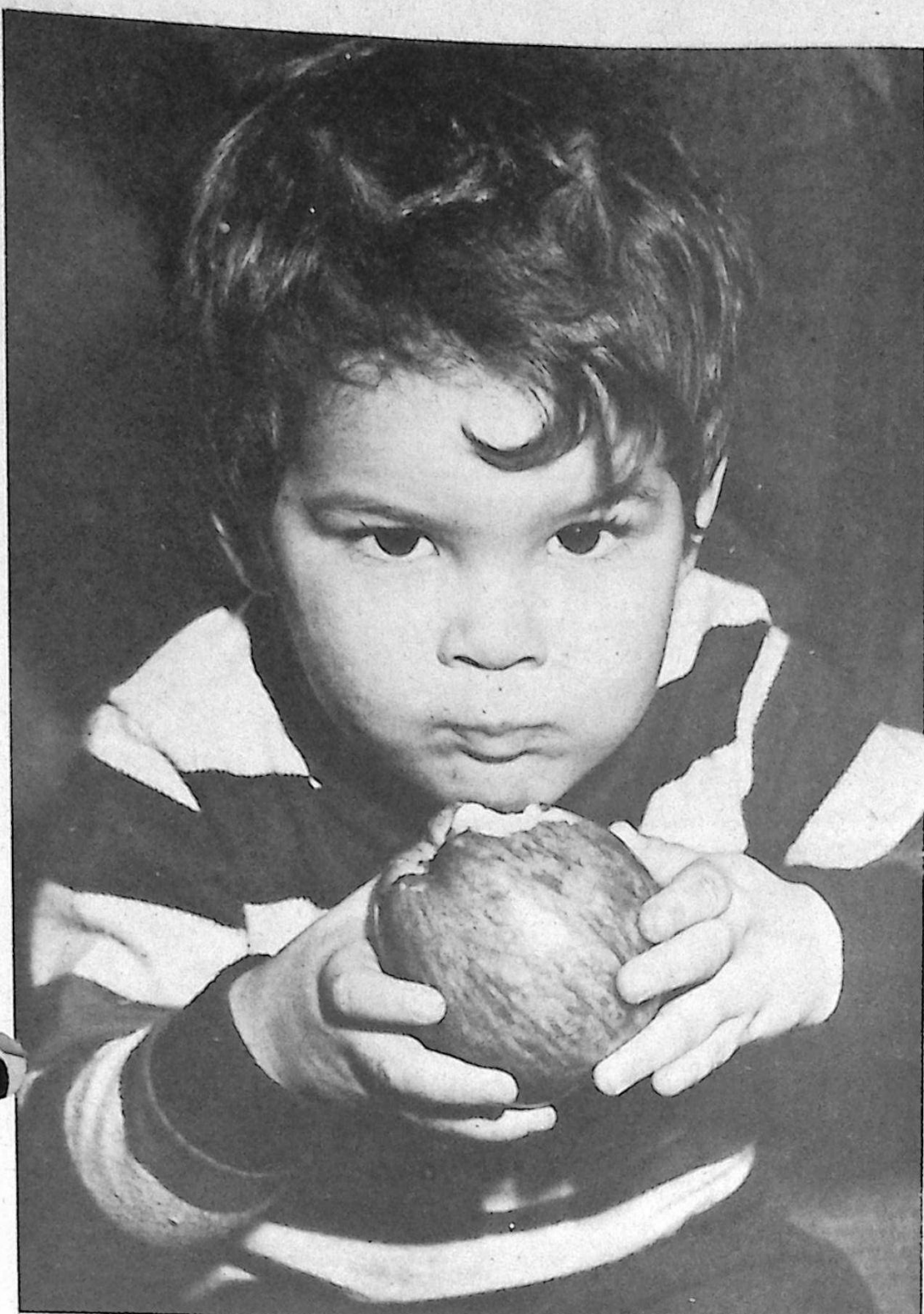
If you lose your job and begin receiving unemployment insurance benefits, either from the government or from a private plan, these benefits are taxable.

Any scholarships, fellowships, bursaries or educational assistance payments of more than a total of \$500 are taxable, and death benefits, lump-sum payments or withdrawals from a pension plan, insurance plan or deferred profit sharing plan are taxable.

Any income earned from self-employment is taxable after you have deducted expenses incurred to earn that income. This includes any money received from copyrights or royalties.

For more information on what is taxable and what isn't, check the 1975 income tax guide that is enclosed in each envelope with the tax return. Chances are you'll find other items of interest to you.

TOTEM TIMES
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MARCH 15

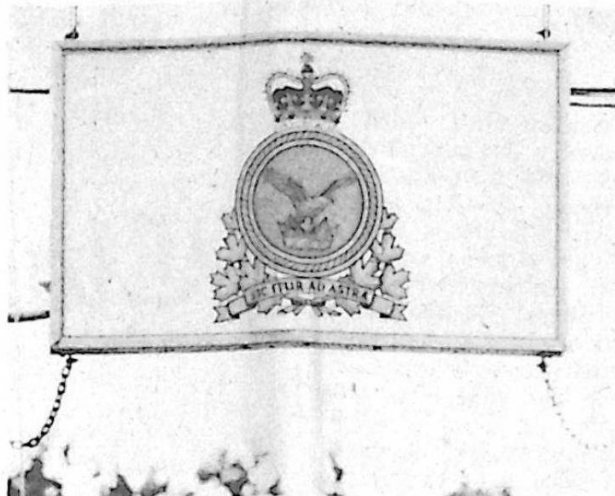


"Like a Bite?"

Says Shawn Lowney

Hosford photo

AROUND THE BASE



"Hmm, Very Interesting"

Minister of National Defence Gets The Word From Sgt Sonny Fullbrook

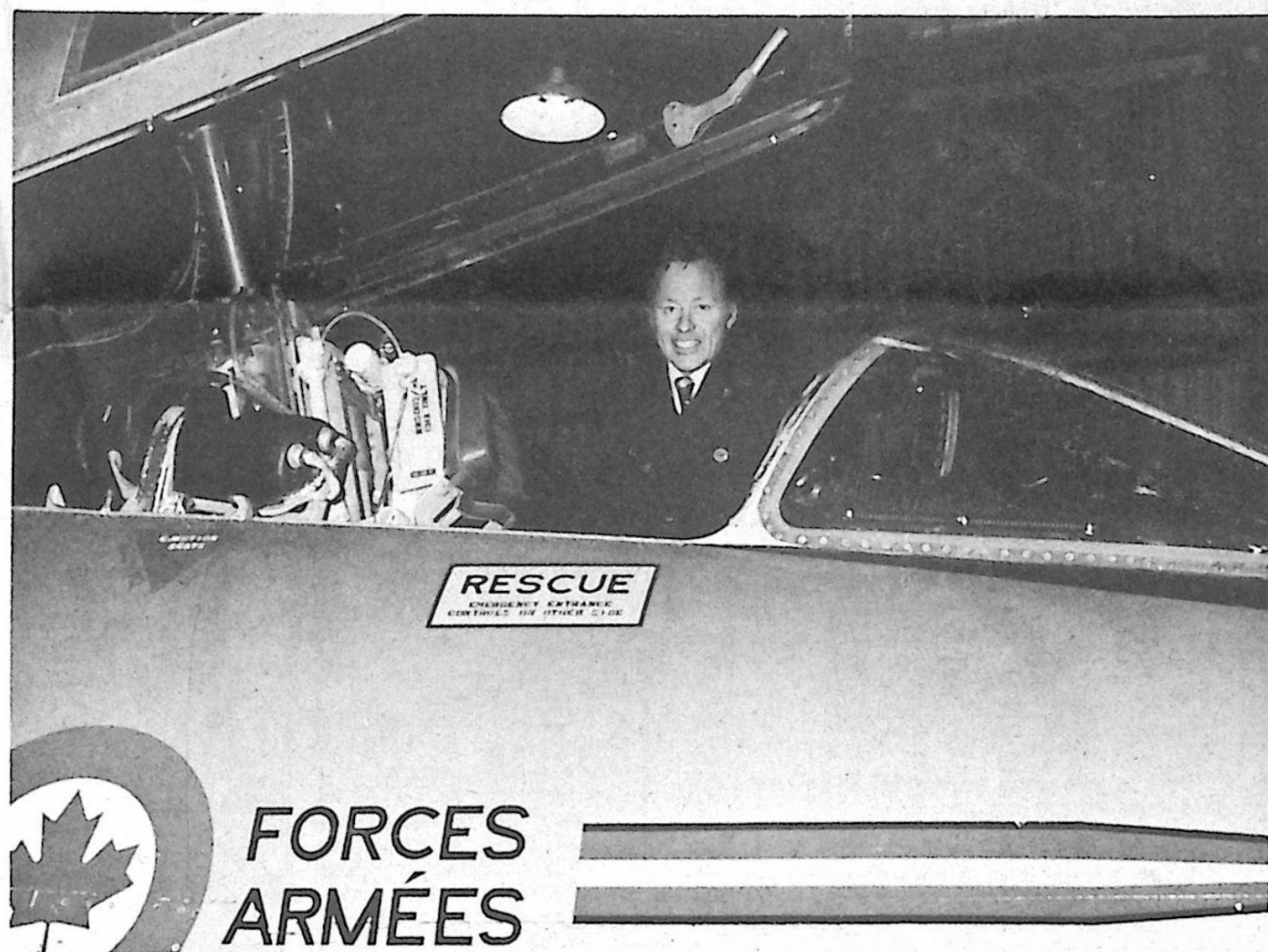
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Off To Dinner

Hugh Anderson, MP (Comox-Alberni); Major J.R. Faubert, PMC; Col R.L. Mortimer, BComd; Hon. James Richardson, Min. Nat. Def; and Piper, Sgt L. Boyle

Base photo



"It's Different"

Base photo



The Sharp End

The Sleek Lines of a Freedom Fighter

Hosford photo



Tac Eval Casualties

A Disaster Simulation

Base photo

In Like A Lion

This slightly shop-worn phrase rang true during the past weekend for 442 Squadron, as they prepared for, and met the onslaught of emergencies that coincide with the opening of the short but hectic herring season here on the West Coast. Beginning with the early hours of Sunday the 29th, both airmen and fishermen battled nature as temperatures dropped below freezing.

29 FEB. 0330 HRS: Standby air and ground crews were routed out of bed to launch, Buffalo 458, which was to provide illumination flares for a U.S. Coast Guard helicopter. The American chopper was rescuing the crew of the fish boat "Bruce I" which sank off Cape Beale on the West Coast of the Island. While hovering, the American aircraft's engine failed. It settled back into the water and remained afloat for 20 minutes. Before dawn, a Canadian Coast Guard lifeboat picked up the U.S.C.G. crew plus the survivors of the "Bruce I" two of which were in a raft, plus one who had swam to the rocks off Cape Beale. A fourth fisherman was lost to the sea. The crew of the Buffalo included Capt. Cross and Kozak; Sgt. Cote; and Cpls. Boucher and Killens.

0710 - Lab. 303 with Cpts. Goldie and Hamilton, Sgts. Buchanan and Hogg, and MCpl Ardelian departed for Cape Beale. They searched for 4 hours but with no results. 0730 Hrs: - Labrador 302 made a rendez-vous with the weather ship "Vancouver", which had steamed in from Ocean Station "Papa" to Quatsino Sound with 3 patients requiring hospitalization. The patients were airlifted to Victoria. The crew consisted of Cpts. Gesner and Preus; Cpls. Rollings and Bjolverud and

MCpl Campbell. The medical staff included Capt. Doty; Lt. Henry and Pte. Andre.

1320 hrs: - Buffalo 454 took off on a test flight with LCol Lang; Maj. Simpson, MCpl Landry; Cpl Kostluk and Pte. Roy on board. Shortly after take-off, they were diverted to Cape Beale to search for survivors of the sinking gillnetter "Starshine". Labrador 303 was also dispatched at the same time. Only some debris was spotted before darkness set in, forcing the aircraft and crews to return to Comox.

2135 Hrs: - Buffalo 458 was tasked to transport three Members of Parliament to Vancouver. 1st March, 0630 hrs: - Buffalo 458 with LCol Lang; Maj. Simpson; Capt. Lee; MCpls Landry and Wacey, and Cpl. Killen was launched to continue to search for survivors of the "Starshine". They were diverted to the Georgia Straits to check out an E.L.T. signal.

0840 Hrs: - Labrador 302 continued the search off Cape Beale, but with no results. Later that morning, MCpl Soup Campbell, aboard Lab. 303 spotted the small skiff from the "Starshine" with 2 men huddled in its forward end. The men were picked up and airlifted to Victoria. It was estimated they had been adrift for 39 hours.

C.R.S.

PMQ Preamble

Since our last report your council has been moving on, we hope, in a positive manner. Here are a few items of general interest to all.

ELECTION - The semi-annual election will be held this weekend in the normal manner. Your councillors will be delivering ballots to your doors on Friday, 5th March and picking up on Monday, 8th March.

SPRING BEAUTIFICATION - In your ballot envelopes will be a form for you to fill out regarding plants that are made available from the kind auspices of the Base CE Section. Please note that expense is the limiting factor in not being able to provide more shrubs this year. Shrubs will probably come again in three or four years.

It's springtime (almost) and we'll soon be in the throes of cleaning up our patches. The Firehall's spring program doesn't normally begin until end April - in the meantime, maybe we should get ahead of the game and

have a paper-junk pickup around the yard. A walk through the PMQ area will give you the idea. The crows and seagulls have a natural glide path, particularly on garbage day, through our entire area.

RECREATION - Mrs. Gladys Wilson has resigned her post as Director of Recreation. In her resignation she has given alternative suggestions for better use of funds allocated for the summer program. From the residents of Wallace Gardens and members of the PMQ Council, a big bouquet and thanks to Gladys for her efforts during the past year.

Your Recreation Controllers are planning to get basketball going in the School Gym this weekend. If you've got interested kids, get them to phone Blake Muloin at 339-5180.

CABLE TV - To any resident of PMQs who has been having trouble with cable TV reception, the people to phone are the Base Cable

TV technicians. Get hold of them through the Base Operator. Our recent survey shows that it isn't the cable that's giving you the trouble - it's a 90 per cent chance it's your tuner.

COMMUNITY AWARDS - We're working on a Community Award. It's hard to come up with solid criteria for selecting award recipients. However, rest assured that it will be going to those people who have had, and presently have a continued interest in the community - he or she will not have to serve on council to be eligible.

Your third mayor for this year will be appointed soon. Please support him as you have your elected councillors in any way you can. We've got a lot going for us in this community if we can keep it all together.

PMQ ELECTIONS

Once again it is election time in Wallace Gardens. Ballots will be distributed by councillors to all residents by 4 Mar. 76 for pick up by 8 Mar. 76. All residents are urged to carefully examine the eligible candidates and have their ballots ready at the specified time. The councillors selected are tasked with serving your interests for the betterment of our community. Don't forget that wives are eligible to serve on council.

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ASK ABOUT THE FOREST



WHAT IS FOREST MANAGEMENT?

Town planners have developed various methods for dealing with the problems of change and growth in our cities. For instance, we have zoning. This means that certain areas will be reserved for single family dwellings, others for apartments, others for manufacturing and industrial development. In addition, regulations will be drawn up, setting out the kind of building and activity that can take place in each zone. This is done to keep our residential areas livable well into the future and at the same time to allow room for growth of the industry and commerce on which the people in our communities depend for their bread and butter. Problems arise, of course, when the needs of one area conflict with the needs of another, and we often see considerable controversy before a satisfactory balance is reached.

Forest land management works with similar problems and essentially the same objectives. Our growing population makes ever increasing demands on our forests, both for wood products and for recreation. At the same time, our watersheds, wildlife, soils and other environmental elements must be protected. Use of our forest lands must therefore be carefully planned.

In British Columbia we have many kinds of forest. We have lands covered with young trees in various stages of development and in different species; we have areas that have reached their peak of growth. We have over-mature or decaying forests, diseased forests and many mixtures and combinations of all these. We have forests growing on steep slopes where soil is easily washed away. We also have trees in rich valleys and trees on poor land that will never grow good timber. One of the most important

aspects of forest management is concerned with studying the nature of this land out in the field and then making an inventory of what is on it (Extensive use is made of computers and the aim is to cover the province once every ten years). Next follows the task of planning what kind of activity should be preferred in each land area. Some forest lands are best suited for growing timber, others are classified as parks and some for wildlife preserves, watershed protection or other uses.

A large part of forest management is concerned with the lands that have been classified for growing the wood-products our society needs. Here, teams of foresters and engineers decide on the ways in which trees should be cut and how logs should be removed from each area. Considerable study is given to techniques of harvesting that will do as little damage as possible to the overall balances of nature, as this has much to do with the healthy growth of future forests. Soils, streams and wildlife must be considered. Then, when logging is complete, forest managers direct reforestation of the area and determine what species and numbers should be planted; also what time of year this should be done.

There is also the very important work of protecting our forest from its enemies - wildfires, diseases, pests and insects. Here, as with all branches of forestry, research into new and better methods carries on continually.

We invite your questions. A book will be sent to each person submitting a question that is published. Write "Ask About The Forest" care of Canadian Forestry Association of B.C., No. 410 - 1200 W. Pender St., Vancouver, B.C. V6E 2S9.

Kit Stores

The policy of this merchandising outlet is to provide members of AIRCOM and the AIR OPS Classification in particular and throughout the Canadian Forces with the opportunity of securing appropriately identified haberdashery and other items. Some of the following range of items are available now and can be ordered:

- (a) Air Force Tartan Cumberbund. Order now with waistsize\$14.50
 - (b) Air Force Tartan Ascot-Dickie. Order now - no sizing\$8.00
 - (c) RCAF Scarf - (Maroon-dark blue and sky blue stripes) British made - double thickness 10 1/2 inches wide by 56 inches long\$11.00
- The following items are not available as yet.
- (d) AIRCOM Badge mounted on wood
 - (e) AIRCOM Tie
 - (f) RCAF Ascot - (Maroon-dark blue and sky blue stripes) - British made - 5 1/2 inches wide by 50 1/2 inches long.
 - (g) RCAF Ascot (dark blue, light blue maple leaf with golden eagle superimposed) British made - 5 1/2 inches wide by 50 1/2 inches long.
 - (h) AIRCOM Brooch-Pin - !Golden crown and eagle motif on a circlet pin in gold over sterling silver.
 - (i) AIRCOM Cuff Links
 - (k) AIRCOM Badge Charm for Bracelet (Sterling silver)
 - (l) Zippo Lighters - (with golden crown eagle motif)

Forward your order to, and make cheques or money orders payable to:

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Further advice will be provided as and when these other items become available.

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Hide-away bed, girl's bicycle, bedroom suite and double bed. Phone 339-2211. Loc 268 or 338-6636.

CAR FOR SALE 1968 Chev. Biscayne, four door-automatic, excellent running condition. Recent brakes and paint job. Gold color with black imitation vinyl roof. Snow tires on rims included 339-3746.

HOUSE FOR SALE in Ottawa area, 22 miles from Uplands available 1 July 76. Lovely old country home, 4 bedroom brick house 16 acres. Family room, fireplace, orchard, lawns and garage. Contact Capt. B. D. Woodcock, Base Ops Ottawa 998-3353. Financing negotiable.

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HELP WANTED. DEPENDABLE PERSON WHO CAN WORK WITHOUT SUPERVISION. Earn \$14,000 per year. Contact customers around Comox-Courtenay area. We train. Write E. R. Dick, 87 West Drive, Brampton, Ont. L6T 2J6.

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WORK WANTED: Responsible lady will do house-cleaning. References available. Phone 339-2928 after 5 p.m.

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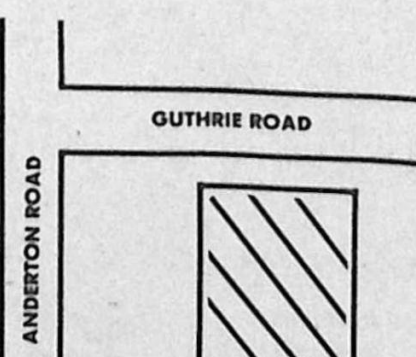
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Darcy

Akela says

TONIGHT - FATHER & SON BANQUET
- 1900 Hours, Combined Mess.

SUNDAY, 7 MARCH, 1300 Hours - 2nd Annual Hobby Show - 1st Lazo Cub & Scout Hall. Come out and cast your vote!

LEADERS - There will be a Group Committee Meeting, 8:30 p.m. Thursday, 11 March, in the Scout Hall.

To the left and right are the winning entries in the P.R. Contest for Baden-Powell Week - 1976.

What Cub week means to me

When I go to cubs each week I learn all kinds of things. At cubs we play games like basketball, ship wreck, and real races. We earn badges by doing skills some of these skills are skating, Fishing, stamp collecting and Gardening. I have met many new friends. I play with them in school and after.

During cub week we wear our uniforms to show others we belong to cubs. I tell others about cubs because I enjoy being one.

David Spiers

Entertainment and Events

TOTEM LITTLE THEATRE

Due to the outstanding number of people who couldn't come to the presentation on the 16th and 17th of February the Totem Little Theatre presents once again

"PLAZA SUITE"

and

"L'HEUREUX COUPLE" on the 15th MARCH AT 2000 HRS.

Come all for a joyful evening
and support
THE LITTLE THEATRE

OFFICERS' MESS ENTERTAINMENT

MARCH 1976

Fri. 5 March — TGIF. Oysters and chips

Fri. 12 March — Monster Mixed TGIF. Dance to the Contraband. Italian food.

Sun. 14 March — Brunch

Fri. 19 March — TGIF. Hamburger and chips

Sun. 21 March — Candlelight Dinner

Fri. 26 March — TGIF. Fish and Chips

Sat. 27 March — Mongolian Nite. Dance to the "Music Factory."

Sun. 28 March — Brunch.

W.O. AND SGT'S. MESS

MARCH 6
MONTE CARLO NIGHT

Combined Jr. Ranks and W.O., Sgt's. Mess function guaranteed to provide a real fun night for all. Dancing in Totem Lounge and games in W.O., Sgt's. Mess Admission: Free.

MARCH 12
"BURGUNDY STREET SINGERS"
DANCE AND FLOOR SHOW

Admission: \$2.50 each member /associates. \$5.00 each honorary/guests.

MARCH 13

"TGIF" — Mixed Games Night. Free food. Subsidized drinks. Time: 1930 hrs.

MARCH 20

HARD TIMES DANCE — More information next issue

JUNIOR RANKS CLUB

ENTERTAINMENT

THE BURGUNDY STREET SINGERS

APPEARING

MARCH 12 IN SGT'S. MESS

MARCH 13 AND 14 IN JR. RANKS CLUB

... without a doubt the strongest act available for the price — Fully self-contained with six people (two very pretty girls and four guys) and able to do both dance and shows. The band consists of five persons and they play good middle of the road material. They have three completely different shows and the normal format would be two shows and three dance sets per night. They have just completed the recording of three new albums which will be released very soon, and, as it happens, they close in Portland on March 6th which makes the timing perfect for your dates. Some of their credits include The Red Skelton Show, The Carol Burnett Show, The Dean Martin Show, three T.V. specials (last year) with Ed McMahon, the show rooms and lounges in two of Las Vegas' top hotels (including the Sahara) and a host of the best night clubs throughout the U.S.A. To give you some idea of their popularity, Klondike Days in Edmonton have engaged them for ten days at a cost of \$10,000.00.

ADMISSION BOTH CLUBS
\$5.00 Per Member Couple
\$10.00 Per Guest Couple

MARCH

6 Mar. — Monte Carlo and Dance to "Ripple Rock"

7 Mar. — Dance to "Ripple Rock"

9 Mar. — Movie - 2000 Hrs.

10 Mar. — Bingo - 2000 Hrs.

13 - 14 Mar. — Dance to "The Burgundy Street Singers"

16 Mar. — Movie - 2000 Hrs.

17 Mar. — Bingo - 2000 Hrs.

20 - 21 Mar. — Dance to "Alley Cats"

TGIF Every Friday Nite in the Annex.

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No Matinee the next two Saturdays

THURS. TO WED., MARCH 4, 5, 6, 8, 9, 10
Charles Bronson
"BREAKHEART PASS"
Mature "Very violent throughout." - B.C. Director

THURS. TO WED., MARCH 11, 12, 13, 15, 16, 17
Carry On Behind
Mature "Some suggestive dialogue." - B.C. Dir.

STARTS MARCH 18 "EARTHQUAKE" Mature

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Henry Fonda • Terence Hill
as Jack Beauregard as "Nobody"
"My Name is Nobody"
Fri. 5 Mar. Sat. 6 Mar. Sun. 7 Mar.

Wed. 10 Mar. MOTHER OF THE YEAR
Thurs. 11 Mar.

RESTRICTED SHOWS: 18 years and above - Under 18 years of age must be accompanied by a person over 18.

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PG TECHNICAL PANAVISION
Fri. 12 Mar. Sat. 13 Mar. Sun. 14 Mar.

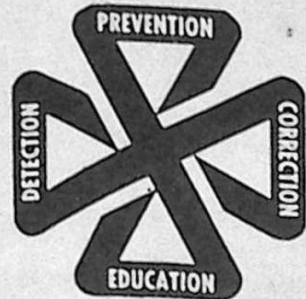
Wed. 17 Mar. Thurs. 18 Mar.

6 Mar. SATURDAY MATINEES
13 MAR. THE KETTLES IN THE OZARKS FRANCIS

ADULT SHOWS: 16 years of age and above - Under 16 years must be accompanied by a person over 16.

ACCENT SAFETY

Motorcycle Film For Release In '76



By Safety Sam

The motorcycle was running quietly through Quebec's famous Gattineau Park, its rider enjoying the peaceful fall scenery.

Suddenly, a car appeared from a blind intersection, only a few feet in front of the motorcyclist.

Fortunately, the rider was experienced - braking and swerving, the machine curled around the vehicle, and the rider could scarcely withhold a look of contempt at the

driver as they both continued northwards.

"Cut," cried one of a group of men clustered around a camera in the bushes on the corner as the car stopped and backed up, and the motorcycle slowly turned and came back to the corner.

The rider, properly dressed for the occasion but looking nothing like the "typical motorcyclist" envisaged by stable, middle-aged society, came to a stop, reached up and removed the visored helmet that covered to the jacket top. Shaking her long blonde tresses free, motor-cycle enthusiast Mrs. Pat Williams asked "How was that?" "Car came out too soon" was the reply, so everyone took their stations again, Pat Williams a quarter of a mile down the road, the car and driver back in the sideroad and the cameraman behind his camera awaiting a

complicated series of instructions.

The purpose was to film one of the sequences that will end up as a part of the Canada Safety Council's film on safe motorcycling, and it will show that even fairly careful motorists are not used to watching out for motorcycles. Their eyes, on open highways or city streets, are more attuned to cars and trucks. As a result, the sequence showing the motorcyclist having to take evasive action as a result of the motorist's oversight is one that occurs frequently everywhere.

It is one of the factors that go into the CSC Motorcycle Training Course, designed to help young and beginning motorcyclists to survive.

But what of Pat Williams? How did this LIP administrator come to be one of the "stars" of the film? And her husband of just eleven days?

Pat Williams is simply one of the most experienced women motorcycle course instructors in Canada. And that means in the world! Countless young people around the Ottawa area can thank Pat (and of course other Ottawa-Carleton Safety Council volunteer instructors) for the fact that they now ride properly and safely.

Stu Munro, of Transport Canada, who was the film's technical director, wanted Pat for the role because she combined technical skill and riding competence with the fact that she is female, young, and attractive. The sexless jacketed and helmeted rider in the early sequences will

surprise many viewers when the helmet is removed and Pat is revealed for the first time.

She becomes a typical "girl next door" and far removed from the raucous, hard-drinking motorcyclist pictured by far too many who do not ride themselves.

The film shows a number of accident avoidance techniques, then asks how this rider learned them - which in turn allows a strong pitch for youngsters and new riders to take the proper Canada Safety Council Motorcycle Training Course.

Munro said latest Transport Canada figures show that one third of all motorcycle accidents are of a single-vehicle nature. That is, with no other vehicle involved at all. This shows clearly that lack of skill or incompetence is directly involved.

He added that of the remaining two thirds, seventy percent are the result of a fault of the other party involved, only thirty percent as result of a motorcyclist's error.

Truck and automobile drivers are conditioned to look for other cars and trucks, and simply do not "see" an oncoming motorcycle, which poses no threat to the driver of the larger vehicle. The film is consequently, also aimed at the car and truck driver, in an effort to heighten awareness of the problems facing a motorcyclist.

That is why a car comes out of a blind intersection as a motorcyclist is enjoying the peaceful fall scenery in Quebec!

From "Safety Canada"

Demons

(Continued from page 3)

island of Oahu where we were greeted by our kind hosts of VP 22. A drunken 'hlo' has been sent to all RIMPAC 75 vets from none other than "The Deacon". Rest assured guys that he is alive and drunk plus looking forward to your next visit. Nothing too much out of the ordinary happened while we rested our weary bodies other than we arrived during the "Presidents Day" celebrations. One thing this holiday means is that there are no rental cars available for love nor money. Five people were forced to trundle around in a pickup which had H & H TRUCK RENTALS emblazoned on the doors.

Also visiting Hawaii at the same time were two vessels of our west coast fleet, HMCS Kootenay and Restigouche. All "pongos" and "crabfats" had a tour while all "Hairys" went "busters" in the direction of the beer machine. The visitors felt rather brave one night and "rang the bell"

several times for our hosts aboard. The reason for such bravado becomes quite clear when one realizes the cost; drinks for approximately 22 for under 5 dollars. If CANEX hears about that its apt to send its pricing machine into convulsions.

The crew has to say goodbye for a while to Sgt. Dave Breese who has been selected to attend the XXI Olympiad at Sherbrook, PQ. Keep grinning Dave, but honestly; was there no other way you could have shed the pubs cust job?

That's it for now guys, see you next trip. I now must run and catch my homatawk lesson. They don't come cheap!

Feeling listless? Out of sorts? Fight it! Take a walk.



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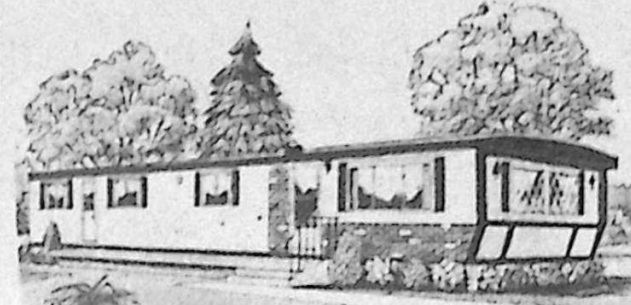
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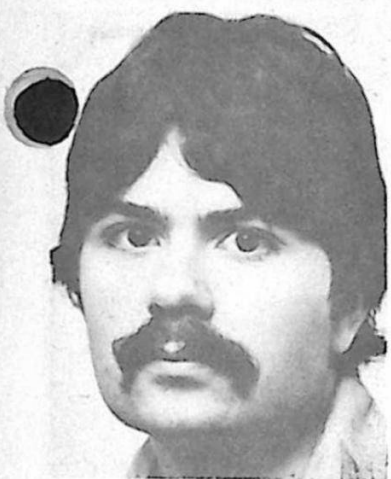
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JEFFREY COLLETT, Law and Security Administration II student at Georgian College received the Bombardier (Ontario) Limited Scholarship at the annual awards day held at the Barrie Ontario Campus recently. Scholarships, awards and bursaries are awarded to deserving students on the basis of academic achievement, financial need and a demonstrated interest in student activities. Jeff is the son of Capt. and Mrs. Derek Collett, 535 Salish Street, Comox, British Columbia.

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NORAD's Eye On The Sky

BAKER-NUNN INSTALLATION - Lieutenant General R. C. Stovel, right, deputy commander in chief of NORAD, presents a model of an optical space object identification (SOI) sensor to Major George MacManus during his recent visit to Colorado Springs. Maj. MacManus is the commander of the Satellite Identification and Tracking Unit at St. Margarets, N.B. (CFB Chatham). His

Baker-Nunn cameras, named after the designers, are the most sensitive and precise of the satellite-tracking instruments reporting information to the NORAD Space Defense Center.

These big, three-ton, 10-foot-high telescopic cameras can photograph light reflected from an object the size of a basketball out to about 20,000 miles in space.

Normally, the cameras are directed to observe satellites which are beyond the range of other sensors and for which precise data are needed.

The Baker-Nunns must be operated in twilight or darkness, with the object to be photographed illuminated by

the sun. The dark atmosphere allows clear photography of the background stars among which the satellite appears to move. By comparison with the known star background, a satellite's position can be determined accurately.

If the camera is stationary, the satellite appears as a streak on the time-exposed film, with the stars as bright dots. Mounted on a gimbal ring, the Baker-Nunn also can be swiveled to match the speed of the satellite. Then the object appears as a dot and the stars as streaks.

The film is processed at the camera site and the information is teletyped to the NORAD Space Defense Center.

unit is now in the construction stage awaiting installation of the Baker-Nunn camera and the sensors shown in model form above. The unit is scheduled to go into operation this summer. When operational Maj. MacManus' organization will consist of 27 personnel. Their Baker-Nunn camera will join five others, including one at Cold Lake, Alta., sending information on satellites to NORAD's Space Defense Center in Cheyenne Mountain near Colorado Springs. The model portrayed in the photograph is an engineering model used to determine configuration during design of the telescope which was designed at the U.S. Air Force Avionics Laboratory. When installed at St. Margarets, the full-sized optical space object identification telescope will be the first to enter the NORAD operational inventory.

NORAD photo

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Wind Power

(Continued from page 1)

instance, twice the wind speed produces eight times the power, he explained.

"There is some lag in getting the larger wind generator started," he says, "but once it's rolling, it's output is significantly greater."

At the moment, small aluminum wind generators are being tested as a source of power for remote radio installations, such as repeater stations.

But larger generators in areas of high average winds could be used for farm or other domestic uses, contends the captain.

"However, it is too early to say whether such large installations would be feasible for farm or domestic use. Our generator costs approximately \$3,000, and larger models would cost significantly more. Whether these costs would be comparable with hydro power or gas-driven motor generators is hard to say," says Bristow.

Canada is the leader in investigating this type of wind generator. In the United States, experiments are being

conducted with more traditional windmills of the propeller type.

Capt. Bristow says that there is more stress with the propeller-type windmills, because they have to keep turning into the wind. The vertical type always faces into the wind.



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NATO Ships To Halifax

HALIFAX, N.S. - Ships of NATO's Standing Naval Force Atlantic (STANAVFORLANT) will arrive at Halifax 19 March, following a series of exercises in the western Atlantic.

The five-ship squadron is currently commanded by Commodore A.C.A. Sigmond of the United States Navy. The ships involved are the United States frigate COONTZ (DDG40); the Netherlands' frigate ISSAC SWEERS (F84); the frigate BRAUN-SCHWEIG (F225) of the Federal Republic of Germany; the Royal Navy Frigate DANAE (F47), and Canada's HMCS Athabaskan (DDH282).

During the visit, Commodore John M.H. Cox, Royal Navy, will succeed Commodore Sigmond, as commander of the multi-national force. In addition, HMS Norfolk (D21) a Royal Navy cruiser, will join the squadron at Halifax, replacing HMS Danae and HMCS Assiniboine (DDH234) will replace HMCS Athabaskan.

The squadron will depart Halifax 12 April for NATO exercises in the eastern Atlantic.

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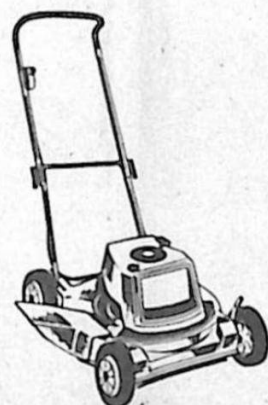
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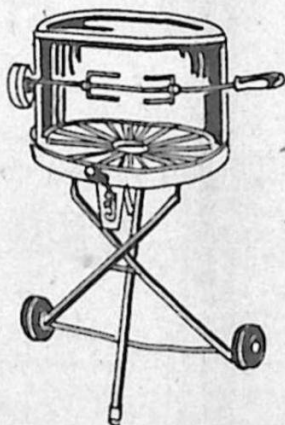


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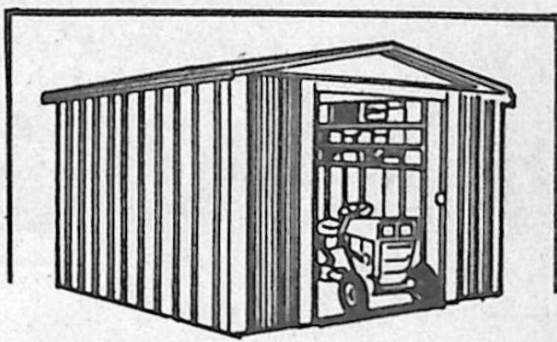
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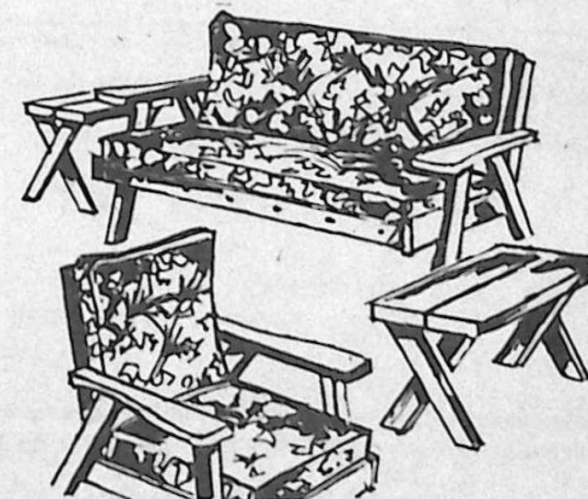


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