



TOTEM TIMES



See Montreal This Summer - Book Now With COJO Travel

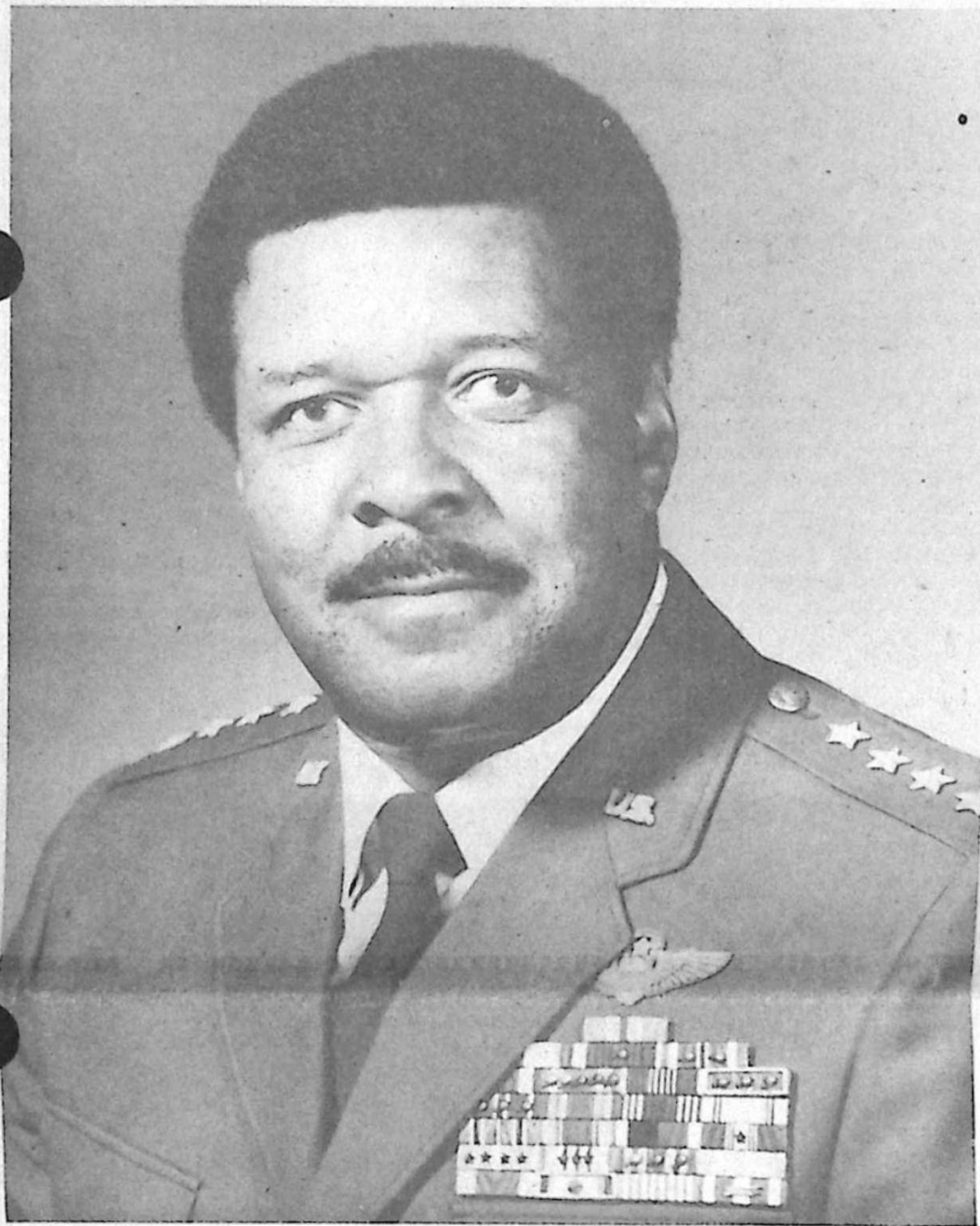
VOL. 18 - NO. 2

CFB COMOX TOTEM TIMES

THURSDAY, JAN. 22, 1976

NORAD C in C

General James to Visit



General Daniel (Chapple) James Jr., Commander-in-Chief of North American Air Defence Command is expected to arrive at CFB Comox on Friday afternoon. He will be briefed on the operation of the Air Defence portion of the base before being feted at a Mess Dinner in the Officer's Mess.

Born on Feb. 11, 1920 in Pensacola, Florida, General James has had a long and extremely varied career in the USAF.

After receiving a bachelor of science degree in physical education in 1942 he completed a civilian pilot training course under the Government-sponsored Civilian Pilot Training Programme. He continued his stay there as a civilian instructor to the Army Air Corps. Aviation Cadet program and entered the USAF in July 1943 as a second lieutenant. He completed fighter pilot combat training and was assigned to various units in the United States for the next six years.

His combat service was gained in Korea in 1950 and Vietnam in 1966 where he flew 101 and 79 combat missions respectively.

General James has travelled extensively and has been stationed in England, Thailand, Libyan Arab Republic as well as numerous bases in the USA. He has held just about all positions in the USAF which includes, Commander of 437th and 60th Fighter Interceptor Squadrons, Deputy Chief of

Operations Air Defence Division, Director Operations Training, Davis-Monthan AFB, Vice Commander 33rd Tactical Fighter Wing Elgin AFB, Deputy Assistant Secretary of Defence and finally Commander-in-Chief of NORAD-ADCOM on Sept. 1, 1975.

General James is also a highly honored and decorated officer holding the Department of Defence Distinguished Medal (the highest non-combat award which can be presented to a member of the Armed Forces), Air Force Distinguished Service Medal, Legion of Merit, with oak leaf cluster, Distinguished Flying Cross with two oak leaf clusters, Meritorious Service Medal, Air Medal with 13 oak leaf clusters, Distinguished Unit Citation Emblem with one oak leaf cluster, Presidential Unit Citation Emblem with one oak leaf cluster, Air Force Outstanding Unit Award Ribbon with two oak leaf clusters and the Republic of Korea Presidential Unit Citation Ribbon as well as some 15 other honorary awards.

General James is married and has a daughter and two sons, one of which is a Captain in the USAF.

He was promoted to the grade of General Sept. 1, 1975 and CFB Comox is indeed proud to have this distinguished officer visit our base. We hope his stay will be a happy one.

CM Visit

Airmen Get the Word

The Aerospace Technicians' Career Manager Team visited CFB Comox during the period 12-16 January. Led by Major Frank Demsys, the team members gave informative general and trade briefings; interviewed individuals; discussed personnel problem areas with supervisors; and, spent some time in the working areas with the tradesmen.

"Things haven't changed much in the last three years in the career management business," declared Major Demsys, "although the promotion boards appear to

be placing more weight on academic upgrading and on bilingual capabilities in the two official languages."

"There won't be any postings other than those considered absolutely necessary in 1976 until the Summer Games are ended in August."

He also stated that supervisors assessing their subordinates should ensure that the Performance Evaluation Report is accurately completed and that all levels agree with the final evaluation indicated on the form before it is forwarded to

NDHQ. No changes should be made without prior consultation with the immediate supervisor.

The career manager team was composed of the following members: Major F. Demsys, Capt. R.K. Fisher, MWO E.A. Brenton, MWO J. Deschamps, MWO R.A. McInnis, MWO R.E. Robertson, and Pte. M.R. Gerard.

Major Demsys departed for CFB Esquimalt and Capt. Fisher for CFB Chilliwack on 18 January by service vehicles. The remainder of the team left by service flight on Monday, 19 January.

Associations Meet

Defence Matters Pushed

OTTAWA - Significant increases in the defence budget and more funding for Canada's reserve force were two of more than 30 resolutions put forward for discussion here last Friday and Saturday, before more than 80 delegates and observers from across Canada to the Annual Conference of Defence Associations.

The conference comprised representation from associations of the naval and air reserve and 10 militia corps. Two of its objects are to

assist and make recommendations to the federal government on defence matters, and to make defence problems known to the people of Canada.

Chairman of this 39th meeting of the 44-year old organization will be Colonel S.E. Wood, an Edmonton lawyer.

The sessions began Friday at 9 a.m. (Chateau Laurier Convention Hall), with an of the Defence Staff, General J.A. Dextraze.

Other activities during the

day included executive committee reports and a panel discussion entitled: "Military communication with the public."

The panel was chaired by the publisher and editor-in-chief of the Toronto Globe and Mail, Richard S. Malone, a former Brigadier who ran Canadian Army Public Relations in Northwest Europe during the second World War.

Panel members included Charles Lynch, Ottawa, Chief of Southern News Service; The Commander of Mobile Command, Lieutenant General Jacques Chouinard, Montreal; The Senior Officer in the Reserves, Major-General Bruce J. Legge, Toronto; and the Colonel Commandant of the Royal Canadian Infantry Corps, Major-General (Ret.) George Kitching, Toronto.

Also included among resolutions presented during the two-day sessions was one urging the federal government to promulgate a policy of job security and protection of seniority in support of compulsory leave for reserve military training, applicable to both the federal government and private industry.

Another will ask the government to undertake a major naval construction program to provide unsophisticated, ice-capable patrol vessels to protect Canada's off-shore interests.

General sessions, syndicate reports and election of officers took place Saturday, ending Saturday evening with an annual dinner.

Apart from naval and air reserve associations, militia corps representation included delegates from armoured, artillery, engineers, signals, infantry, medical, dental, intelligence and security and logistics associations across the country.

**Next
deadline
February 2nd**

Daring deed

HALIFAX - Four crewmembers of the Halifax-based helicopter-destroyer HMCS Annapolis have earned commendations from the chief of the defence staff, for working in exceptionally hazardous conditions during the salvage of a Sea King helicopter in the North Sea off Holland in June, 1974.

Lieutenant Gerald J. Mailloux, 27, Halifax; Master Corporal Hugh Livingstone, Dartmouth, N.S., 22-year-old Able Seaman David A. Dubois, Redvers, Sask., and Roger T. McCullough, Digby, N.S., worked together and in conjunction with The Netherlands naval supply ship HNLMS Poolster, to keep the foundering, 10-ton helicopter afloat after it was forced to ditch with an engine malfunction. There were no injuries.

Soon after the helicopter ditched safely at dusk, Lieut. Mailloux swam to the

helicopter, which was rolling gently on fuel-slicked swells seven to 10 feet high.

Once aboard, he jettisoned the aircraft's external smoke generators, which had ignited on impact, posing an explosive threat and pouring dense, white smoke into the area.

He then entered the gradually-sinking helicopter and cleared out moveable gear, which was recovered by AB McCullough, a diver who swam to the aircraft's side along with AB Dubois. They helped Lieut. Mailloux secure a lifting-sling to the helicopter, disregarding danger of the helicopter capsizing.

M-Cpl. Livingstone, though a weak swimmer, swam in a life-jacket to assist in the salvage.

Climbing on top of the helicopter, M-Cpl. Livingstone and Lieut. Mailloux worked in darkness for nearly one and a half hours, sawing off rotor blades with hacksaws. The blades had to be removed in order to complete the salvage.

All four were in danger of being trapped, possibly drowned, if the 50-foot long aircraft capsized. The helicopter later was picked up by the Dutch buoy-tender Breevertien and taken to Den Helder, The Netherlands. Annapolis, at the end of its NATO deployment as flagship of the Standing Naval Force, Atlantic, at the time, later brought it back to Halifax.

Lt.-Cdr. Michael Hodgson, Annapolis' executive officer, reported later that "Lieut. Mailloux's drive and bravery in hazardous circumstances inspired the other men in the salvage."

He added that "due to the conspicuous bravery of M-Cpl. Livingstone and others, the helicopter was successfully salvaged."

CF5's on the Prowl

Exercise Rapier Thrust

During early January 1976, 434 Tactical Fighter Sq. from CFB Cold Lake, Alberta staged out of CFB Comox for Exercise Rapier Thrust. The main exercise area was located in the interior of B.C. near Puntzi Mountain and Tatla Lake. Throughout the exercise, four CF-5 aircraft provided visual reconnaissance, photographic reconnaissance, and close air support for No. 1 Combat

Group during the simulated war.

Two silver dual aircraft flew cover for the enemy elements while two camouflaged single seat aircraft flew combat missions for the friendly forces. In the actual combat area, Forward Air Controllers (FAC's) controlled the air support activities by radioing the location of positions to be attacked and directing the

CF-5 attacks from helicopters. All reconnaissance missions were preplanned in Comox. To allow the friendly or enemy forces to react quickly to new developments, the results of attacks and visual recon missions were replayed immediately to the appropriate Tactical Air Control Unit (TACU). Once back in Comox, the squadron intelligence people debriefed the pilots thoroughly and sent the more detailed summary to the TACU by message. While the pilots debriefed, the maintenance support personnel rapidly serviced the aircraft making them available for new missions.

While the entire 31 man deployment team enjoyed the mild temperatures, Maj. Harold Alston, the detachment commander, was particularly pleased with the operational experience gained by the squadron.

The six pilots gained valuable tactical experience flying simulated combat missions in hilly, forested terrain against military targets. The maintenance crew, under the supervision of Capt. Fred Becker, also gained experience in maintaining excellent aircraft serviceability while on deployment with limited resources available. The exercise should prove to be very valuable to the squadron for planning its deployment to Norway for three weeks in March.

Throughout the visit, cooperation from CFB Comox was excellent in all respects. VU33 squadron donated half of their hangar to the squadron and the fire fighters took the opportunity to get a thorough briefing from Capt. Don Fair on safety precautions and emergency exit procedures when responding to emergencies with the CF5 aircraft.



CPL D.W. ARMSTRONG

CDS Commendation

A CDS Commendation has been awarded Cpl. D. W. Armstrong of the Fire Department, CFB Comox, for his action in fighting a fire at the Co-Operative Petroleum Inflammable Liquid Bulk Plant in Courtenay on 28 Sept. 74. Cpl. Armstrong volunteered to accompany the Base Fire Chief, Maj. MacLean, and entered the fuel storage tank enclosure under conditions of intense heat and danger of explosion, where he assisted in manually turning off the valves to eight tanks, thereby stopping the flow of fuel that was feeding the fire; in so doing, Cpl. Armstrong acted bravely in hazardous circumstances. Cpl. Armstrong will be formally presented with the CDS Commendation at a later date. Maj. MacLean, who is awarded a CDS Commendation for his part in the same incident.

MP Explains

A sun tanned, healthy looking Hugh Anderson, MP, at a luncheon on Tuesday, explained to the Rotarians and their guests, the Federal Government's anti-inflation program. "Canadians are generous and outgoing people not selfish," he said.

"The voluntary restraints did not work; therefore, the wage and price controls were made into law."

He continued, "In the long term, the program will only succeed with the support of the people."

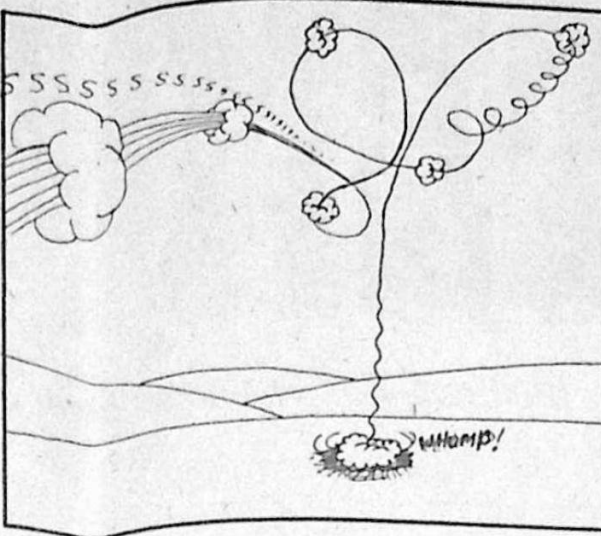
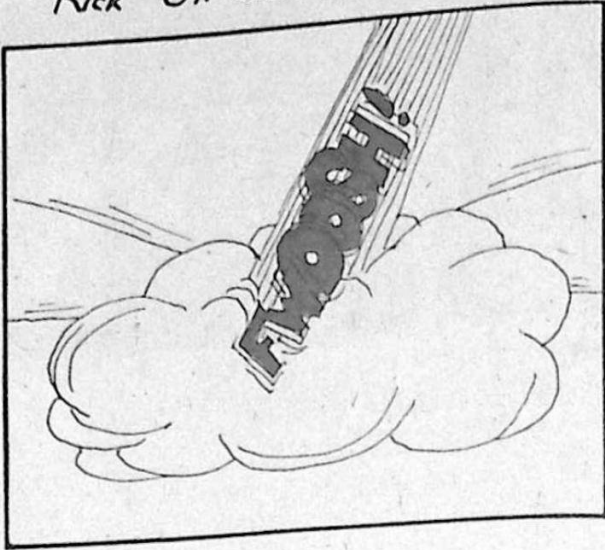
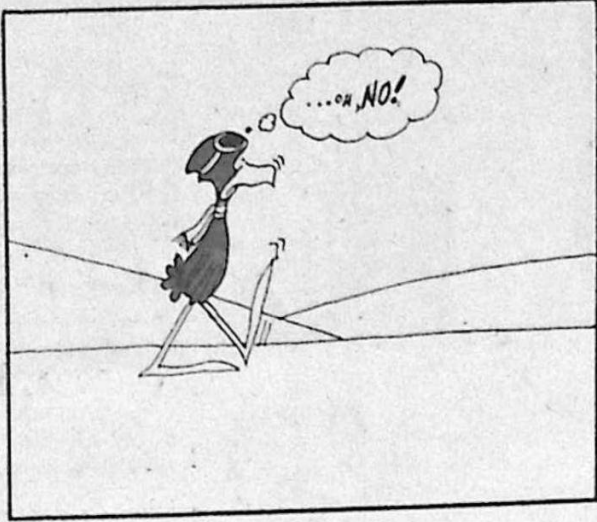
"What kind of society should Canada build for the future?" he asked. In replying to a question from the floor, Mr. Anderson stated that a 20 per cent cut will be made in the bilingual program in 1976.



434's Freedom Fighter

CUDGEL STEW

by Rick St. Germain



"WELL....!"

Nighthawk's Nest

A Day in the Life ...

The ground flashed quickly underneath as the Voodoo rocked gently left then right as it positioned itself on the center line. The incessant whine of both engines grew louder followed by a fractional rise of the nose as the afterburners kicked in. The ground, closer now, streaked by even more quickly as the hangar line grew larger and larger. Suddenly and without warning, a great weight pushed Norman and his crewmate deeply into their seats as the Voodoo dug in and the nose rose rapidly into the deep blue sky. Someone groaned. Then, as the sun disappeared under the black nose, a persistent blaring of a warning horn raised one eyebrow over a slit grey eye. A sudden wave of nausea engulfed the two as a shudder and wrench transformed bright blue sky into spinning green earth.

With a surge of panic, our intrepid aviator bolted upright in his bed. Everything was quiet except for the persistent ringing of the bedside phone. Thrusting aside sweat-soaked black satin sheets, our hero reached over and gently picked up the phone. "Squadron recall" came a tired, bored voice. The phone went dead.

Fifteen minutes later, Norman strode into the squadron, tossed his wedge on the log book shelf and wrote the time with a well-used grease pencil beside his cudgel number on the reporting board. Nodding to a few bleary eyes, he strode past a group of 2 1/2's by the F-17 desk who were busy shuffling crew lists and aircraft assignments with apparent abandon.

With the comment that "If I don't get a cuppa java ASAP, I'm gonna die!" Norman disappeared into the back room only to reappear a moment later with a steaming cup, whereupon he slouched into the briefing room and sat in the far corner, right at the back.

By now everyone was seated and Major Zee was struggling under a great weight of about fifty overhead projector slides trying to

figure out if it was all really necessary. The closed-circuit TV flashed into life showing a mass of black concentric circles accenting a huge "L" which seemed to be centred in the middle of the screen. "(Censored)", came a muttered reply from somewhere in the audience. With the room darkened, some members of the audience instantaneously dropped off into deep slumber.

"Hey, comment ca va estee? Dis ees your ippy dippy wedder mons wit da sees mont forecast for da world. Pelots can eggspet to hencontair severe clear condition ober da Yukon, wedder ships Bravo and above fifty tousand feet. Truout much of Canada and da U.S. ofa A., da sky conditions will be marked by period of intermittent light-dark movink from da eas coast gradually spreadink to da wes coat. Da chance of tundertorm activity ober Greenland will be a pproximately fifteen percent. Der will be gustee winds ober Calgary, rain and fog ober

Dartmouth ..." The dreary monotone rambled on and on. Major Zee with a pained expression on his face, turned the volume off and clutching a vast bundle of slides started to speak.

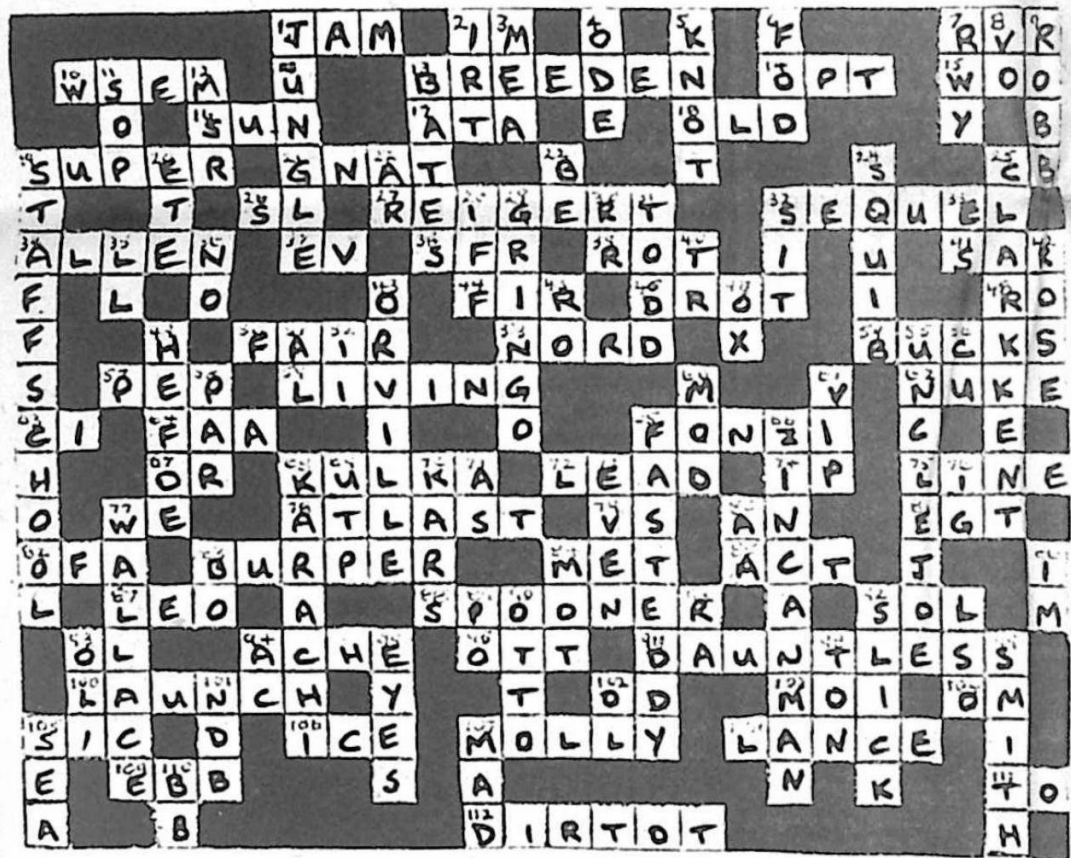
"It seems there was a giraffe, a three legged German Shepherd, a navigator and a pilot who happened to find themselves locked up together in the Fargo drunk tank ..." Minutes later, those who had decided to take a notice combat nap were catapulted back to reality by catcalls, lecherous laughter and approving applause. Leaning on the podium, P.Z. commented, "Well, now that I have your attention, we'll just run through these slides, then you can all go out and accept your aircraft. Crew line ups are on the board."

Uncle Joe nodded in approval. An hour later, the briefing over, Norman, encumbered with parachute, mae west, check-lists and other paraphernalia, trudged with his crewmate out to their sleek aerodyne to commence

yet another day.

All that morning and afternoon, both the groundcrew downstairs and the pilots and naves upstairs waited in calm anticipation for the announcement "Aircraft 010 and 032, SCRAMBLE!" which sent bodies flying out the doorways and clattering down the stairs. Throughout the day, comrades with mask-lined faces wandered back into the Squadron talking with flamboyant gestures (and with obvious hilarity) concerning the latest verbal comment heard over the air while in the thick of battle.

Hour after hour, man and machine marched in perfect harmony (much to the credit of the groundcrew), scoring kill after kill till all targets were gone and the job was completed. The final test, however, was yet to come. Tradition has always required that debriefing should take place in the Snake Pit and no one can say that 409 Sqn. is one to break tradition. Another day in the life of Norman Nighthawk.



Tech Ramblings

SERVICING SNICKERS:

Our beloved Argus has been called many names in the past and referred to at times as a "Greasy Pig" etc., etc.

However, a recent T349 entry by an esteemed flight engineer indicates that at least we are attempting to clean up the ecology. The entry read as follows: "water leaks through main entrance door bottom seal. Creek continues to run under wooden floor and emerges at the ASW well and then cascades onto the radar altimeter transceiver, thence out bottom of lower air frame compartment."

Servicing riggers were last seen damming the creek; the fish and game authorities contacted to supply trout for seeding the pool. Who knows—actual dinghy drills while on patrol—and wouldn't fresh caught trout be better than peanut butter sandwiches??? ASW LABS:

And here's the news from downtown APS 20 and surrounding neighborhood. Jim Hagar is finally back. Look fast as you might not see him again. We are wondering what he looks like after so many trips, leave, etc.

Brent Hart is taking a French Course because he thought it was about kissing. It must have worked because he got a few Franco's to help him move his piano. Wayne Roberts has volunteered (?) to return to the LABS to replace Gene Prystay. Welcome back Wayne—the new blue smock looks real smart.

consequences. The facts were never bared at least as far as we were concerned.

1. The article stated there were no SAR vessels in attendance. The Pilot Boat from Steveston stood by for six hours with great danger of grounding on the jetty and possibly capsizing. The cutter Racer, plus its rubber canova boat, was in attendance after answering the distress General Marine Broadcast issued by the Rescue Centre. As well, three other vessels were in the immediate area and answered the general marine broadcast.

2. Further, it was stated that five hours passed before any official SAR craft was on scene and this was a United States Coast Guard helicopter. The previous paragraph negated this claim and, as to the helo being there, it was decided to do a night flare drop with the Buffalo; our helos are not equipped for night operations; therefore, a call was made to Port Angeles. The weather was so bad that the helo pilot requested and was given a

direct order to comply. The flare search was carried out by the Buffalo, helo and surface craft until near first light. As well, initially we were unsure about the number of people on board the pleasure craft. It was not until some two hours later when we found out that, in fact, there were four on board and two were missing.

3. At first light the Labrador from Comox was dispatched for a visual search of the area. Additionally, the Coast Guard Cutters Mallard and Moorhen, the Fisheries vessels Star Rock, Chilco Post and their jet boat were dispatched to the area to assist the previously mentioned cutters and the Public Works vessel Fort Langley who had been in attendance from the outset.

For people who were not there, our records show a total of 67.1 search hours by 10 vessels and 3 aircraft in an 18 hour period. The risk will not be mentioned because that is self-understood and falls within the parameters of our (Continued on page 7)

POSTED IN OR OUT

Give me a call or write for information on:

- Homes
- Lots
- Acreage

TOM PROCTER
RCAF/CAF
Retired

Nanaimo Realty
(Courtney)

Office 334-3124 Residence 339-2668

McConochie's

FURNITURE AND APPLIANCES (1974) LTD.

Your Home Furnishings Headquarters

- ★ WESTINGHOUSE
- ★ B.P. JOHN
- ★ QUASAR
- ★ FLEXSTEEL
- ★ GIBSON
- ★ SIMMONS
- ★ SPEED QUEEN
- ★ GRANGE
- ★ LLOYDS
- ★ COMFORT
- ★ PRINCEVILLE

Complete ALL MAKE Appliance Service including Domestic Refrigeration Where Service Follows the sale

430 Fifth St.
Courtenay, B.C.

Phone 338-8114

Winter Festival

Winter is here, and the 5th Annual British Columbia Winter Festival is just around the corner. From January 22 to February 16, 1976 you can participate—or just observe—various fun-filled programs and events. The British Columbia Winter Festival is a province-wide celebration designed to focus the attention of all British Columbians on developing progress in the areas of recreation, culture and sports, and to encourage interest and participation in these activities by people of all ages.

This year the opening ceremonies will be held in Kelowna on Thursday evening, January 22, immediately following the Kelowna Snowfest '76 parade. Premier Bill Bennett will officially open the Winter Festival in outdoor ceremonies in front of the Royal Anne Hotel at 348 Bernard in Kelowna. Everyone is invited to attend and lend support to this 26-day, action-packed, Winter Festival Program.

On Vancouver Island, the Mount Waddington District North Island Winter Games will attract participants and observers from all over the province. The fun begins at Port McNeill on February 6 with shuffleboard, darts, chess, bridge, and a dinner-dance featuring a male beauty contest. Port Hardy takes over on February 7 with curling, water events, a rallyette and a dance where a wine skin competition will be

highlighted. Look to Port Alice on February 8 with broomball, a tug-o-war, smosh, snowshoe races, dog team races and, for a finale to the Winter Games, there will be a wind-up social get-together.

The Gold River Winter Carnival begins on February 13 with a torchlight parade, and continues with several events ... a minor hockey jamboree, figure skating display, bingo, Funspiel Curling with prizes, free snowmobile rides for the kids, plus various displays and (Continued on page 8)



"BIG MAC" McCaffrey, former Totem Times Editor, passed on sage advice at the recent T.T. staff party. "Mac" is still "pressing on" with the North Island Advertiser.

Ed Ellis photo

Studded Tires

Studded tires can be legally used in British Columbia from October 1st, 1975 to April 30th, 1976.

Section 19.03(3) of the Motor-Vehicle Act Regulations requires studded rear tires on the vehicle if studded front tires are used. With the greater percentage of brake force exerted by the

front wheels this creates a frontal pivot, allowing the rear of the vehicle to swing to the side uncontrollably, hence the logic of requiring studded tires on the rear if studs are used on the front wheels. However, a vehicle may be equipped with studded rear tires without the necessity of studded front tires.

BOB'S TOWING and BOB'S VALLEY SERVICE



24 HR. SERVICE
CALL 334-4124

After Hours 334-4967
SERVING THE COMOX VALLEY ANYWHERE - ANYTIME - ANY SIZE
260 Island Hwy. N., Courtenay

CENTRAL MEATS LTD.

ALBERTA FREEZER BEEF SALE

ALBERTA "A1" GRAIN-FED STEER BEEF

SIDES	lb. 99¢	2 HINDS FOR	lb. \$1.15
OR BUY		FRONTS	lb. 89¢
2 SIDES FOR	lb. 95¢	OR BUY	
HINDS	lb. \$1.19	2 FRONTS FOR	lb. 85¢

IF YOU'RE NOT SHOPPING AT CENTRAL MEATS YOU'RE NOT GETTING FULL VALUE FOR YOUR FOOD \$\$\$ DOLLAR

CENTRAL MEATS LTD. (1975)

491 - 5th Street

Phone: 334-4921

Courtenay, B.C.



442 ROGUE'S GALLERY? Last month, Major Osborne, action CO of 442 Sqn. presented awards to Squadron personnel. (L to R): Cpl. Gord Trenholm (1st clasp to C.D.); MCpl. Ted Miller (1,000 hrs on Labradors); MCpl. Bill Wacey (1,000 hrs. on Labradors plus 1st clasp); Capt. Frank Player

(10,000 hrs. as a Navigator); Capt. Gord McLaren (1,000 hrs. on Labradors); Cpl. Ron O'Neill (1,000 hrs. on Labradors); Major Osborne; Sgt. Pinky Hogg (1,000 hrs on Labradors); Sgt. Don Buchan (1,000 hrs. on Labradors) and Sgt. Bob Pokeda (1,000 hrs on the Buffalo).

Base Photo

Mushroom mutterings

THE UPPER DECK

The festive season passed with surprising tranquillity, even Maj. Anglesey and his white collar workers had time to eat their turkey.

We are happy to welcome two new members to the Squadron, one temporary and one permanent. Capt. Athol Malcolm is our new navigator, raring to fly after a grand tour at CFB Chilliwack. Athol's wife Lynn is a tower controller we can undoubtedly get a preferential treatment when he is aboard. Our other newcomer is Capt. Ian Stenberg who is with us on T.D. from 424 Sqn. in Trenton for three weeks.

By the usual democratic selection three of our pilots are going on T.D. in Feb. - Mar. Capt. Nels Gesner is off to France for a tough two week skiing course, while Bob Sexton and Kip Caudrey were chosen (from numerous volunteers) to go to Resolute Bay for the Arctic survival course. Nels has had a grin on his face since the word leaked out; his only decision is whether to take his skis or not!

Maj. Simpson has been busy at the ark, however, the dirty rumor that Local 342 rings a phone in his office on Ryan Road has been emphatically denied. The ark is a 40 ft. boat he is building in the trees on corner of Ryan and

Anderton. The concrete hull was designed by Farley Mowatt (the boat that wouldn't float).

MCpl. Al Stephenson has to be awarded the frustrated guy of the month award after continual problems with the auto pilot on 453. Added to obvious functional errors were one or two first O's (no names) and even the odd A.C. who are not too sure what button does what. Our apologies Al, but when we all get checked out it may clear up.

Para Rescue have pulled another 'bad' - following a normal STOL approach and smooth landing by a competent 1st O. Cpl. Jerry Boucher rearranged the cabin to look like a hurricane had passed through - he was laying on the floor! Remember Jerry - vengeance is sweet. The only other noteworthy event was Ron O'Neill's decision to buy a second T-shirt.

Talking of frustration Ron Buss has to be runner up after the southern trainer was delayed for two weeks in a row; it's annoying carrying the golf clubs back and forth from work.

On the subject of southern trainers, silence has prevailed and I can repeat nothing on the December trip south.

Coming up next month - the return of the boss - Lab pilots get ahead on your pole time!



MORE MUSHROOMERS MAKE IT (l to r): MCpl. Dan Dumont (Good Show Award), Sgt. Bob Pokeda, who wore his best dress uniform to receive his C.D., LCol C. B. Lang, Cpl. Gavin McLean (Good Show Award).

Base Photo

TECHNICAL GEN

And now for some real news. The boys over at 116 ATU Ismailia pass on a hearty thanks to 442 for the Christmas parcels, which actually arrived in time to provide for a dandy New Year's feast. The most recent arrivals back from the Middle East are Jean Menard and Ken McRory. In true Mushroom fashion, Ken was soon back playing his trade on the hangar floor by pushing his broom around it. Alas, the more things change, the more they remain the same.

Up in Log Control, the floors don't creak as much since Rud Beal kicked his two-cheeseburgers-a-day habit. Now if we could just get Jim Ross to quit singing, the structural integrity of No. 1 hangar might remain a little more stable. After all, the hangar has to last another century or two.

Finally, the mushroomer of the week: Is there any truth in the theory that the dramatic increases proposed for I.C.B.C. rates are directly related to the fact that the CO's secretary is taking driving lessons?



Devil's Brigade

Greetings from the Supply World and may your New Year be as busy as ours. Due to the tremendous workload thrust upon us it is difficult to meet the T.T. deadline every time. However, it would be wonderful if one of our young lovelies would step up with writing stick and paper for the next edition?

One hundred Party-minded people attended the Supply Xmas Party on 12 Dec. 75 and all who attended had a great time, based on comments received by the Committee. We thank all members of the Committee and also some willing assistants who provided additional help to make this Annual Function so pleasant. Bouquets of thanks also extended to the Mess Kitchen Staff for the excellent dinner provided for the Party.

Pace is expected to slow down a notch or two in Base Supply due to vastly increased workloads and reduced personnel because of commitments to Egypt and Olympic Games. Command Inspection and Pre-OSMET teams visited in Dec. and the first week of Jan. The spade work is currently in progress and this certainly increases the work. However, both

teams were complimentary towards our OJT program and stated, "... best Rotation system and OJT program in Air Command." The co-operation of all officers and supervisors is reflected in this fine effort. Congrats to all for your concern and strong support!

Sgt. Ponsford decided to retire and expects to depart on 4 Feb. 76. Sgt. Orr is leaving for greener pastures on his posting to CFS Alsask on 28 Apr. 76. Sgt. Gillis reported to CFB Esquimalt for observation on a pink body. Sgt. Morro dreams of mirages on shimmering sand? MCpl. Harris finally got his transfer out of Barrack Stores - What, Seven Years? Pt. Cathy Dykman and MCpl. Andre Duchesneau are currently receiving needles and jabs for their scenic tour in Egypt in Apr. and May. Pte. Diane Joly is practically packed up for her duties at Olympics for 3 months this summer. Diane and several volunteers are waiting to hear news of who her assistants will be for COJO.

Welcome back to work to Mrs. Ev Palmer (BSupO Steno) after a long rest due to a nasty car accident in Nov.

75. We sure tucked away some extra work for you. Hope you enjoyed your 'Welcome Back Cake.' A speedy recovery is wished to Pte. Alain Racicot, who is currently recovering from a severe "road rash". A recovery is also wished to Pte. Carey Nemes who somehow

developed a bad knee. (Details not available). Meanwhile, dedicated efforts shall prevail in all areas of supply and again this summer the chant will be heard, "Never has so much been accomplished by so few!"

At the Top of the Hill COURTENAY CHRYSLER PLYMOUTH (1970) SALES LTD.

Dealer Lic. D1821

TOP
QUALITY

TOP
QUALITY

★ CHRYSLER - DODGE - PLYMOUTH ★
DODGE TRUCKS
MOTOR HOMES - TRAVEL TRAILERS
BOATS - MOTORS

Bank Financing
available on
approved credit.

QUALITY
USED CARS



WALTER YEOMANS
W02 (Retired)



Kinsmen Mothers' March - 1976

From January 25-31, the Kinsmen Mothers' March for 1976 takes place in support of the Kinsmen Rehabilitation Foundation of B.C. In scale it will exceed that of 1975 when the combined efforts of some 2,000 Kinsmen and Kinettes from Clubs all over the province and an army of more than 20,000 Marching Mothers volunteers raised a total of \$434,000.

The purpose of this year's March, as always, is to fund the Kinsmen Rehabilitation Foundation's services to the disabled of the province, work that had its genesis in the polio epidemic of 1944. This left in its wake a tragic number of people disabled by the disease. And since then the Kinsmen movement, through the KRF, has been committed to the relief and

rehabilitation of people of all ages, disabled from whatever cause.

The money raised is spent entirely in the province, and much of it goes to the relief and rehabilitation of people of all ages disabled by accidents or crippling diseases. But one third of the Foundations resources is devoted to children handicapped by birth defects.



'ZAPPED AGAIN!' says LCol C. B. Lang, as he congratulates Cpl. Earl Berg of 442 Servicing on 22 years of undetected crime.

Base Photo

Gomox Valley Ford

RENTAL

Cars and Trucks

Mavericks, Comets, Pintos

1-Ton Furniture Van

¾-Ton Pick-up

Club Wagon

For Daily Rental

Call 334-3733

COMOX VALLEY



SALES LTD.

Your Local Ford and Mercury Dealer

360 N. Island Highway, Courtenay, B.C.

Phone 334-3161

MOTOR DEALER LICENCE NO. 5028



VIEW LOT HOME - 3 bedroom, new mobile with beautiful view of the water at Union Bay. Call Jo Robinson 338-5366 evenings 338-5758.

RETIRE IN COMFORT in a lovely, well built 2 bedroom home. Let me show you this one, it's immaculate. Call Jo Robinson 338-5366 evenings 338-5758.

ONE ACRE plus, 3 bedroom home. Good soil, duck pond, and an opportunity for country living. A great buy for the handyman at \$27,000. Call Jo Robinson 338-5366 evening 338-5758.

THERE IS NO HOUSE that is better built than this house. Fresh and sparkling clean. Sited on 66 ft. of walk-on beach - it has to be the buy of the year! Call Ed Riley 338-5366 evenings 339-2887.

CLOSE TO BEACH ACCESS. Ideal starter or retirement. Mobile home - many improvements have been completed. Call Dave Paterson 338-5366 evenings 334-4581.

LOVELY OCEAN VIEW LOTS, 6 miles south of Courtenay - easy access to beach. Call Charlotte Willis 338-5366 evenings 338-8762.

RUSTIC CEDAR HOME on 2.78 acres, small barn with clearing in treed setting. 3 large bedrooms, separate dining room, lovely fireplace. Call Charlotte Willis 338-5366 evenings 338-8762.

LOTS! LOTS! LOTS! 2 spectacular view lots overlooking the valley and mountains. Have a look at these. Call Jo Robinson, 338-5366 evenings 338-5758.

IN A TREED SETTING. ON A LARGE LOT IN THE CITY OF COURTENAY. Almost new 3 bedroom home. Quality that is easy to see. Come with me to see. Call Ed Riley 338-5366 evenings 339-2887.



105 CFB Avenue Courtenay, B.C. V9N 2N6 338-5366

PICK UP YOUR SCHEDULE OF EVENTS



BRITISH COLUMBIA WINTER FESTIVAL

SCHEDULE OF EVENTS
JANUARY 22 - FEBRUARY 16, 1976

FREE AT BRANCHES OF THE



CANADIAN IMPERIAL
BANK OF COMMERCE
B.C.A.A. OR RECREATION OFFICES
THROUGHOUT BRITISH COLUMBIA



IT GIVES
YOU
ALL THE
DETAILS

Looking for something different and exciting to do this time of year? You'll find most everything happening during the 1976 British Columbia Winter Festival.

CELEBRATE! Applaud the talents, skills and achievements of others in sports, drama, music, dance and the visual arts.

PARTICIPATE! Take an active part in family and individual recreation events planned in every region of the province.

Choose from eighteen Community Festivals and more than 350 events in close to one hundred centres province-wide.



A programme of
the Government of British Columbia,
Department of the Provincial Secretary,
Leisure Services Branch.
Hon. Grace McCarthy, Minister.
Eric F. Broom, Associate Deputy Minister.

BRITISH COLUMBIA WINTER FESTIVAL
JANUARY 22 - FEBRUARY 16, 1976

EDITORIAL

Career manager visits

Do we really need them?

As individuals the career managers are dedicated servicemen who endeavour to do a good job in the Directorate of Personnel at NDHQ; however, do they serve a useful purpose by visiting field units? Do the technicians and the supervisors appreciate their efforts?

If a vote were taken, the majority of the military personnel would probably say that they are in favour of having career managers come to a base, squadron or unit and that the visits should be more often than once every two years. They may not be happy to hear the message that the career manager conveys, but they appreciate receiving straight forward answers about their performance over the years and their chances for promotion.

The "Puzzle Palace" (NDHQ) is a long way away from those who labour on airframes, engines, release units, reports, claims, etc. It is great to find out from someone who knows for sure just what that certain policy decision means to the guy on the hangar floor.

"How does the National Representative Group (NRG) political decision affect the promotion system?" "What about the operational requirement for bilingual personnel?" "Does the promotion board actually take into account large deviations in PER numerical assessments amongst units?" "Are 'Brownie Points' given for academic achievement and ability in the two official languages?" "What are my chances for promotion this year?" "When am I going to be posted?" The answers may be disheartening but ... A career manager has available to

him a man's PER and Confidential Personal Files, the merit list and easy access to the people who make the policy directives. He has not received any special training to do his job although his many years of experience is beneficial. He appears to get a better response from individuals during personal interviews than the boss would get.

The tradesman or supervisor who has been consistently assessed over the years as having a performance in the average range may feel slighted when told; however, he is usually man enough to accept the fact that promotions are few and far between in a military organization as small as the CF, and that the chance for an average performer being promoted is unlikely. He also realizes that his performance is quite satisfactory and that the CF could not operate without the support of the 75 per cent or so tradesmen who are considered as average.

It's the above average individual, the one who is always the bridesmaid never the bride, who is always so frustrated after a visit with his career manager. He has been doing everything in his power to get ahead, but just falls short of the top positions on the merit list.

Yes, personnel normally look forward to seeing their career manager. Their efforts are appreciated; they are the people who add the personal touch to that big cold computer orientated world at NDHQ.

P.S. THE CAREER MANAGERS PROBABLY LEARN A LOT TOO!

From the fur-lined foxhole

The new year finds the CAF with somewhat brighter prospects for survival than it has had for a long time. It is now possible to believe that we have indeed hit rock bottom and are on our way up. The details of the recent policy changes have been fully covered in the last issue of Totem Times.

What gives hope is that even in a time of relative austerity no further cuts could be made to the CF. For the first time in a decade we are actually getting new equipment and hopefully a "real" increase in our budget. The 10 per cent decrease in NDHQ staff should be welcomed by all. Too often the "administrative tail wags the operational dog." While some bases may be closed we are to remain at the same strength. There is even talk of a much needed base in the North. It is nice to be positive for a change.

The really big decision the one to purchase 18 Orion LRP aircraft, will be truly welcomed in Maritime Command (or is it Air Command!) This decision was a must if the Government was to maintain any credibility whatsoever when it talked of Arctic or Open ocean surveillance. Considering that these 18 aircraft will have to operate on both coasts and in the Arctic, we can see that they will be spread thinly indeed. It is too bad the government couldn't make up its mind earlier, I understand that we could have had four more aircraft for the same price. Should the government proceed with the establishment of a 200 mile fishing limit then these 18 aircraft might be inadequate to fulfill the increased surveillance role.

The recent efforts of the government to restructure the Canadian Aerospace

industry has resulted in a decision to back "full commercial production" of the de Havilland Dash 7. Should these aircraft fail to sell on the commercial market, and as yet there are apparently only a few orders, then we might expect several of the reconnaissance model for the fisheries and surveillance role. These, together with the 18 Orions, would allow Maritime Air Command, more flexibility in these tasks.

The decision to purchase or lease new tanks for our European land force is indeed welcome. This purchase in particular has removed the main stumbling block to our much heralded economic discussions with the Common Market.

Just a few days after these decisions were made the EEC approved in principle the idea of a "contractual link" with Canada. A coincidence? While we should be pleased, let us not congratulate our government too much. It was and is its duty to provide for the national defence. These decisions were made only after costly delays. One might conclude that these changes were not the result of our government's will, but a tribute to the persistence and pressure of our Allies and friends.

It seems that at long last our government has recognized the importance of defence policy in the formulation of its overall foreign policy. Hopefully from now on, we should hear a certain amount of realism when government officials discuss the Canadian military. It is very late but it is most welcome.

Seventy-six should then be a somewhat better year for the CF. We hope so.

Legal Ramblings

Kids, booze and the law (Part II)

By LCOL ARTHUR K. SWAINSON
Legal Officer

(NOTE: Generally, these articles are valid throughout Canada, although some are based on Ontario law. If acting on the contents of an article outside Ontario, ensure that the applicable provincial law is the same.)

Part I on the subject of kids, booze and the law dealt with minors drinking at home. Minors may drink at home in all provinces and territories except Ontario and Nova Scotia, provided that the drink is served or supplied to them by their parents or guardians.

This article will deal with drinking by minors outside the home. A minor is a person under the age of 18 or 19, depending on the age of majority in your province or territory.

Drinking in Eating Establishments
Minors, accompanied by their parents or guardians, may, apparently, drink in licensed eating establishments in Quebec, New Brunswick, Newfoundland, Manitoba, the North West Territories, the Yukon, and, possibly others, but in New

Brunswick and the North West Territories, they may drink beer or wine only. Only in New Brunswick may a wife, who is a minor, drink in an eating establishment with her husband, and I suppose she may drink beer or wine only. Minors cannot drink legally in eating establishments in the other provinces, but they may enter to eat with their parents or guardians.

Drinking in Bars, Lounges
Here the law becomes a lot more consistent, in that it appears illegal for minors to drink in bars, taverns or lounges anywhere in Canada. Bars or taverns can generally be defined as establishments that serve drinks, but not meals.

A lounge seems to be a cocktail bar with a connecting door or opening to a dining room. So, to be on the safe side, if you want a few drinks before dinner, and you have the kids with you, do your drinking in the dining room, and play the children with pop.

It is almost universal in Canada that minors are not allowed to enter taverns, beverage rooms, liquor stores or drinking establishments that do not serve food. Additionally, it is an offence in

all provinces for minors to purchase or be in possession of alcoholic beverages.

The liquor laws in Canada are extremely complicated and varied, and I want to emphasize again that the above may not be entirely accurate nor complete because of the difficulty in understanding terms used in the various Provincial and Territorial Statutes, and because I have not obtained all of the Liquor Regulations

for all the provinces and territories.

No mention at all has been made in these two articles about minors in military messes, because the subject is not discussed very much in the Provincial Statutes. Therefore, the rules laid down by your mess about family nights should be rigidly adhered to. Please keep your children out of the bar room when you bring them to dinner.

"Elements" back to science

A VIP (Very Important Point) has been made by CDS in his address to the Conference of Defence Associations on 16 Jan. 76. In the transcript of his speech provided from NDHQ there are headings which are as follows: "Canada"; "The Canadian Air Force"; "The Canadian Army"; "Although CDS probably did not use the heading in his address, he did state under the first heading, "... our Canadian Navy", and under the last heading, "... I see the army being affected most". The term "air force" does not appear in the text proper, but it is there in bold face type as a heading. All of which must lead one to the conclusion that perhaps the days of the sea, land and air "elements" are past, and the Canadian Forces are getting on with the respective Navy, Army or Air Force. We are all probably glad to see the term "elements" removed from the lexicon of the military and returned to that of science, where it belongs. Well done, Sir!

Dear Sir:

The "Pigspiel" which is considered as the Military Engineers' Annual Branch Curlers Bonspiel is now preparing for its Ninth Annual appearance and will be hosted by CFB Petawawa on 5, 6 and 7 Feb. 76. Last year the Pigspiel was held at CFB Petawawa with a total of sixty-four rinks competing from units as far away as Lahr. It has been decided that sixty-four rinks is the maximum number of rinks that can be accommodated in such a short time frame. It is hoped this year there will be at least one entry from the Middle East.

'A' Event and Pigspiel Trophy Winner in 1975 was CFB Shilo and, from all indications, the competition should be very keen again this year. Curlers will invade CFB Petawawa on the morning and afternoon of Wed., 4 Feb. 76. MGen Ashton RE, Chief of Construction and Properties will be throwing the opening

rock of the Pigspiel at 0800 hours 5 Feb. 76 and curling will commence following the opening ceremonies.

Final Draw for all events will take place after 1000 hrs on Sat. 8 Feb. 76. Presentation of prizes will be made by

MGen Ashton at 1600 hrs 8 Feb. 76.

Spectators are most welcome. Come out and support a favorite rink and witness some fine engineering "Drawing".

D.R. Amesbury

Rebuttal

Your editorial "There's Help on the Horizon" (Oct. 23 75) misses one important point. Sure, the Canadian Forces Long Service Pensioners Association has been formed and we wish them well - but the RCAF Association has been working on CFSA problems since 1963 (and with some success).

It is unfortunate that a Forces paper at a predominantly "air" base does not know that the Air Force was the only service with an association to work for them in this regard. It is also true, as you state, that

serving personnel have been very silent on annuity matters.

Currently we are trying to form a Wing in the Comox-Courtenay area and would like to see many of your serving readers come forward and invest a bit in helping us further their interests. The person to see is Master Corporal Pete Pate in the Base Transportation Sections.

Ron Butcher
General Manager
Royal Canadian
Air Force Association

Request for assistance

Dear Sir:

In conjunction with the "Military Police Blind Fund", we are attempting to assist the Vancouver School for the Blind by collecting used phonograph records for a new

school program.

This school has a requirement for used phonograph records for use as instructional aids and to start a record library for the patients. Usable records of any type or speed would be appreciated. Any donations may be given to Military Police at the Base Guardhouse for onward transmission.

Thank you,
C.B. Goold

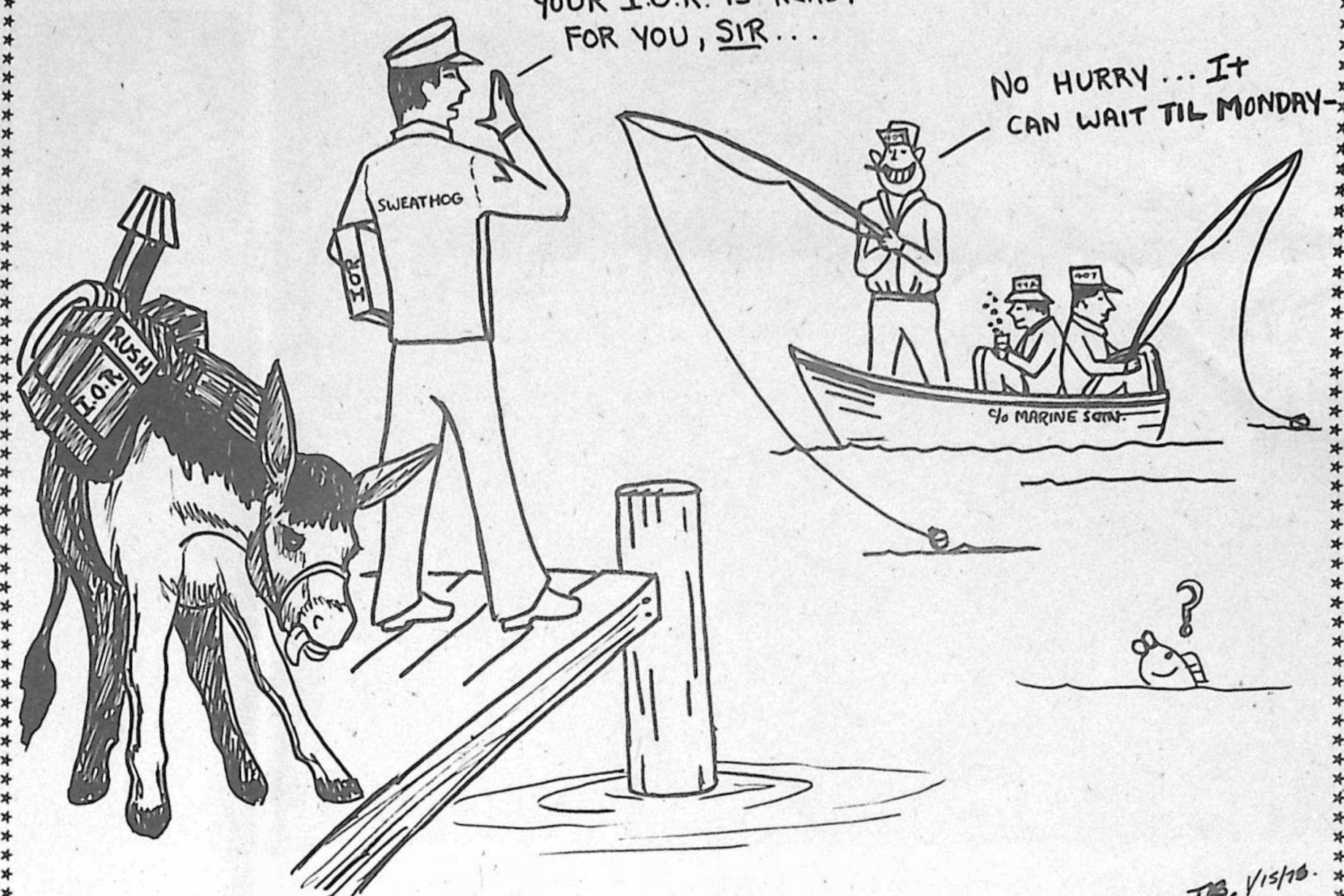
We need your support



The Editor

YOUR I.O.R. IS READY
FOR YOU, SIR...

NO HURRY... IT
CAN WAIT TIL MONDAY



Back Lash from Base Supply

Letters to the Editor Engineers' Pigspiel

Tax Talk

It's that time
of year again

From the Institute of Chartered Accountants of British Columbia

The recent distribution of personalized income tax returns by Revenue Canada, Taxation warns us that tax time has come again. We should be conscious of the April 30 deadline for filing personal tax returns and begin to make preparations. Although the deadline for

filing personal tax return is April 30, people who are expecting tax refunds should file their returns as soon as possible to receive their tax refunds quicker.

At the time you file your tax returns, you will be required to provide receipts on items where you are claiming a deduction. This includes charitable donations, medical expenses, registered retirement saving contribution, registered home ownership saving contribution, annual union or professional dues, tuition fees and federal political contributions.

On the other hand, you are not required to send the receipts for child care expenses, carrying charges, moving expenses and alimony payments, but you should retain these receipts in case they are required for examination by the tax department.

Records and vouchers relative to capital transactions do not need to be filed with your income tax return but should be retained as they may be required for examination by tax authorities.

There are some new items affecting your 1975 return such as pension income deduction, interest and dividend income deduction, and eligible deductions transferable between spouses. A new credit is also available for 1975 to all B.C. residents who paid rent during 1975. There are some conditions to be met before you become eligible for this credit and you will find an additional form (TIC (B.C.)) attached to your return for this calculation.

It is not too early to start organizing and collecting the particular information that you will require for the correct preparation of your return.

PROJECT DOGWOOD

Further information has been received on the subject project and is available for viewing at the BITO office, located upstairs in the Recreation Centre.

A brief description of the course is as follows:

A one year educational program designed to prepare mature students with a background in the military for a future career in Business Management. The program is seen as a "finishing process" since the mature student is expected to draw heavily on his practical experience, in "Interpersonal Relationships" and "Administrative Practices", two subjects which may be encountered throughout his previous career. The aim of this program is twofold: first - to provide the mature student with a formal and operational framework for the practical knowledge that he possesses in these two aforementioned areas. And second - to give the student a sound working knowledge of some essential managerial skills namely: Business Math and Statistics, Financial and Cost Accounting, Finance and Money Markets, Business Law, Marketing, DATA Processing and Management Information Systems.

Thanks!

To the Editor:

May we take this opportunity to thank all of those who have given their time and assistance in the search for our missing daughter.

Debbie has still not been found, and we would appreciate any information regarding her whereabouts. Again, our heartfelt thanks to all.

The Burns Family

TOTEM TIMES

Published every second Thursday, with the kind permission of Col. R. L. Mortimer, Commanding Officer, CFB Comox.
Editor: Al Wilson (302)
Assistant Editor: Jim Brown (491)
Editorial Staff: Chris Hosford, Norma Simms, Sally Robinson, Moira Montgomery, Bob Shawcross, Norma Mortimer.
Photographers: Ed Ellis, Jack Begin, Sports & Recreation: Harvey Gates
Proofreaders: Pearl Kingyens, Blanche Campbell, Cecile Begin
Circulation: The Geneau Family
Advertising: Michel Naud, Marc Legault, Bernie Boutlaught.

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributors unless expressly attributed to DND, CF or other agencies. In case of typographical error, no space charge for the erroneous item. Advertising in this newspaper whose liability is limited to a refund of the address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C.
Printed in Courtenay, B.C., by Comox District Free Press



We Stand On Guard For Thee!

- Photo Begin -

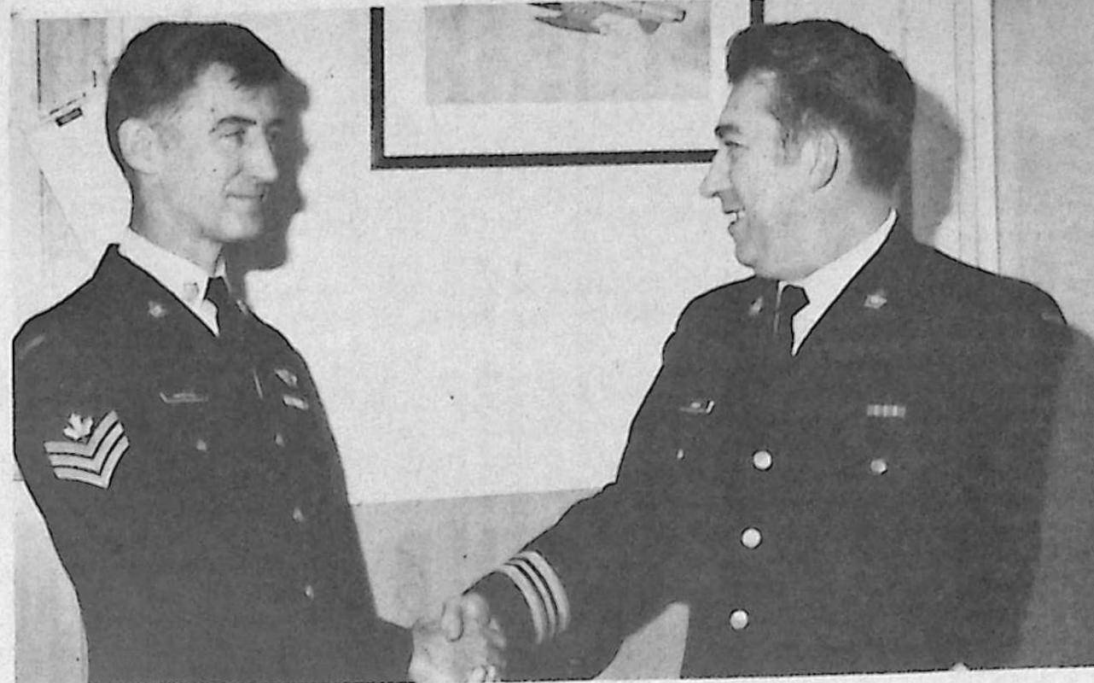


434 SQN. DETACHMENT from CFB Cold Lake, Alta., deployed from CFB Comox for Exercise Rapier Thrust. Base Photo



FRANKLIN RIVER, B.C. - KEEP ON TRUCKING - One of MacMillan Bloedel's new pre-load logging trucks rumbles down a logging road in the company's Franklin River division on Van-

couver Island with a 100-ton load. The new trucks haul detachable trailers which free the diesel tractors during loading and unloading operations for other hauling duties.



"THE BIG LETDOWN" came recently for Sgt. Art MacIntosh, when he was congratulated by the BATCO, Major Howard, on completion of 25,000 radar controlled approaches.

Base Photo



"AND I DID THEM ALL WITH MY EYES CLOSED," says Sgt. Dave Bews, as Major Howard congratulates him on carrying out 10,000 radar approaches.

Base Photo

HDX truck at work

FRANKLIN RIVER, B.C. - Thirty years after MacMillan Bloedel's Franklin River division introduced the modern logging truck fleet to Vancouver Island, the big logging operation finds itself in the middle of another transportation revolution.

Originally serviced by more than 100 miles of logging railway, Franklin River introduced its first logging trucks in 1946 and they soon supplanted the legendary "steam locies" as the primary means of hauling the logs out of the woods.

Today, Franklin River is working with the company's latest innovation in log hauling - the pre-load logging truck - and it is expected to have almost as big an impact here as did the transition from steam engines to gasoline and diesel trucks three decades ago.

The company has acquired a \$1 million fleet of seven HDX tractors and 14 pre-load trailers for Franklin River, one of the largest logging operations in the world. Since the pre-loads began replacing some of Franklin's conventional trucks, the division has been hauling approximately 30 per cent more logs with the same number of vehicles.

"We work the HDX tractors and the pre-load trailers like a relay race," said Ken Miller, divisional transportation foreman. "We run a shuttle service, moving the loaded trailers and the empties back and forth in a manner that allows us maximum utilization of our equipment and a tremendous degree of flexibility."

Under the pre-loading system, there are three key steps: the landing area out in the woods, where the timber is yarded in after harvesting; an intermediate stop at the Franklin River camp, where the loaded and empty trailers are dropped and swapped by two teams of HDX tractors; and the log dump on Alberni Inlet, where the pre-loads are unloaded, about 25 miles from the actual logging operations.

First step in the process is hauling the empty trailers up to the landing areas, where they are dropped. The tractor leaves the trailer behind for loading of up to 120 tons of logs and heads out for other duties - moving trailers that have already been loaded, picking up another empty trailer or hauling heavy logging equipment from one site to another.

Franklin has split its

hauling into two stages. Three trucks are generally used to haul loaded trailers from the woods down to the camp staging area, two other trucks shuttle the trailers back and forth from the camp to the dump. The flexibility in the system results from the ratio of two trailers for each tractor, which allows the tractors to work almost constantly.

The essential difference between the pre-loads and conventional logging trucks is that with pre-loads the tractor and trailer can be separated while the load is still aboard the trailer. This means that the 500-horsepower diesel unit retains its mobility for other duties while its trailer is being loaded or unloaded.

With a conventional truck, the load has to be removed before the tractor and trailer can be divorced. And the tractor is tied to the trailer for the entire hauling cycle, from loading to unloading.

"When you leave the woods with a load of logs on a conventional truck, you're heading for the log dump and nowhere else," said Miller. "Your driver and his tractor are tied up for a considerable period of time in loading and unloading because the conventional rig doesn't have this new pre-loading capability."

In addition to the pre-load feature, the new tractors also load and unload their own empty trailers. The trailer is lifted hydraulically and stowed behind the tractor cab when the unit is running empty. It's essentially a push-button operation, requiring only one man - the driver.

On a conventional truck the trailer is lifted onto the back of the tractor by the dump equipment after removal of the log load. When the unit returns to the woods, the trailer is removed by the log loading machine. In both instances this ties up men and equipment normally used for other functions.

In addition to the pre-loads, Franklin River's 15 drivers also work with 13 conventional logging trucks, which are used on shorter hauls from less formidable logging areas where the mobility of pre-load units is a less important factor in terms of log hauling efficiency.

The "admiral" of the Franklin River truck fleet is the divisional dispatcher. In constant radio communication with all the trucks as well as the logging operations and the log dump, he keeps track of all truck

movements and routes them for optimum efficiency.

If the situation warrants, the dispatcher may override the shuttle system and route a pre-load directly from the woods to the dump and then have it take up shuttle duties from the camp to the dump to clean up a backlog of loaded trailers.

Miller said the key to a successful pre-load system is provision of as many trailers as the diesel tractors can handle. The division eventually hopes to provide three trailers for each tractor.

"In terms of adaptability you just can't compare a conventional truck with a pre-load," said Miller. "And there's a heck of a difference in paying \$29,000 for a new pre-load trailer and \$100,000 or more for a new conventional truck."

The adjacent Cameron division is using four of the new units and six trailers. Cameron's machine shop crews are also converting three more trailers for use with HDX tractors.

Miller said the Franklin drivers like the new tractor-trailers and many of the ideas on how to use them to best advantage have come from the drivers themselves.

"This is a new aspect of logging. We're all for it, and the men have really been working at it," said the transportation foreman. "It makes their jobs more interesting. I drove trucks and there's nothing more boring than sitting at a landing for a couple of hours waiting for a load. When you're a driver, the best part of the job is the actual driving."

In addition to the seven tractors and 14 trailers, Franklin River also has a pair of 3,000-gallon slip-on water tanks, specially built for fitting on the HDX tractors.

The idea, said Miller, is to locate the water tanks close to operational sites during fire season, giving the loggers immediate access to a water supply in the event of an outbreak.

The division also plans to convert sand boxes to fit the tractors, for use in sanding slippery logging roads during the winter months. And two self-propelled steel spars, used in cable yarding, have been adapted for hauling by the HDX tractors.

"The things you can do with these units are almost unbelievable," said Miller. "They are so versatile we've got all sorts of plans for them."

20th Anniversary

On Sunday, 25th January, 1976, the special service celebrating our 20th Anniversary will be held. At this time we shall hold our Annual Meeting and Pot-Luck Dinner commencing at 1830 hours.

LCol Paul Delong, the Air Defence Group Chaplain (P) from North Bay will be our special guest.

Entertainment will be provided for the children

during the meeting. Everyone is requested to bring along their own cutlery and serving spoons.

A WARM WELCOME IS EXTENDED TO ALL.

RC Chapel

Father Francis Swoboda - Base Chaplain (RC) Telephone 339-2211 local 274, Residence 339-2102

SUNDAY MASSES: Saturday - 7:00 p.m. (Sunday Vigil); Sunday - 9:30 a.m. and 11:00 a.m.

WEEKDAY MASSES: are said at convenient times in the Chapel and in private homes on request.

SACRAMENT OF PENANCE: Before and after all Masses.

CATECHISM CLASSES: Catechism Classes for Grades 1 to 8 are held regularly each Wednesday evening from 6:30 p.m. to 7:30 p.m. at the Airport School in PMQs.

BAPTISM: By appointment. Instructions for parents required prior to Baptism.

MARRIAGES: Minimum of three months advance notice. Marriage counselling and preparation courses are required prior to marriage.

Protestant Chapel

Telephone 339-2211 Local 273 D.L. Martin, Major (Base Chaplain P.)

HOLY COMMUNION - Holy Communion 1200 hours last Sunday of each month.

BAPTISM - Services of Holy Baptism are held every month.

WOMEN'S GUILD - All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2000 hours on the third Tuesday of the month.

CHAPEL CHOIR - Our senior choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain. Senior Choir Practice - 2000 hours, Thursday; Junior Choir Practice - 1800 hours, Thursday.

SUNDAY SCHOOL - The Sunday School operates from September to June. Ages 6-15 meet in the Chapel at 0930 hours each Sunday, and the ages 3-5 hold their sessions during the Church period at 1100 hours. All children are invited to attend. OFFICE HOURS - 0800 - 1630 hours. Phone 339-2211 local 273.

HOSPITAL VISITATION - The Chaplain would appreciate the cooperation of the members of the congregation and would request that they phone the Secretary's office (339-2211 local 273) to report the names of any members of the congregation who may be in the hospital.

Protestant Chapel Ladies Guild

On Tuesday evening, Jan. 13 at 8 p.m., eighteen members met at the Social Center for the first Guild meeting of 1976.

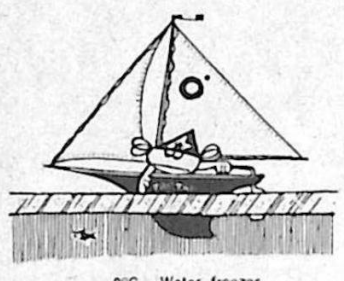
Plans were made for the annual Congregational Pot Luck Dinner to be held on Jan. 25 at 6:30 p.m. at the Chapel. Families are asked to provide their own cutlery and serving spoons. This will also commemorate the Twentieth anniversary of the Protestant Chapel in Wallace Gardens.

It was decided that \$250.00 be sent, as our contribution, to the Vellore-Ludhiana Medical Centers in India.

Next month's meeting is to be held at 7:30 at Norma Mortimer's followed by a Tupperware Party with proceeds going to the Guild Fund. Guests may be invited.

Following the business meeting, we were joined by the CWL for an informative talk by Major Stroud about wills and death benefits.

A delicious lunch was provided by both groups, bringing to a close a most enjoyable evening.



0°C - Water freezes

What MP's Ask

Mr. Wenman asked about whether the department had ever considered some special mortgage provisions through Central Mortgage and Housing for retiring Canadian Forces personnel on the basis that these individuals may not have sufficient time during their service period to settle down. This question was explored some time ago but it was decided that it would not be appropriate for the servicemen alone in view of the difficulty being encountered by all Canadians. Instead, it was agreed that the difficulties of a member in the forces to invest in a house should be recognized in the pay package. The military factor of four per cent premium in determining comparability with the public service includes determinants to cover such things as the inability to invest in a house because of frequent movement.

 140 pairs of these new skis with boots and poles are available for rent at only \$6.50 a day. If you want to buy a new pair of skis the rental amount will be refunded. A great way to try before you buy. Also available to rent is the complete line of Rossignol skis. Open 7 days a week for easy pick-up and return.
TELEMARK SKI SHOP
 355 - Fourth Street
 Courtenay, B.C. PHONE 338-6333

"Redcoat '76"

VICTORIA - More than 200 merchant vessels are participating in an Allied naval communications exercise, Redcoat '76 in the Pacific January 19 - 30. The ships involved will not disrupt their normal commercial operations during the exercise.

Redcoat '76 is primarily a communications exercise designed to test plans and procedures for the control and protection of civilian merchant shipping in the event of war or other national emergency. Participating countries include Australia, Canada, New Zealand, the United Kingdom and the United States.

The exercise is under the over-all direction of Vice-Admiral Robert P. Coogan, USN, Commander Third Fleet with headquarters at Pearl Harbor, Hawaii. Maritime Forces Pacific operations are under the control of its commander, Rear-Admiral A.L. Collier of Esquimalt.

Canada's participation is limited to West Coast operations and includes the manning of the facilities of HMCS Discovery in Vancouver and of Admiral Collier's operational staff in

Esquimalt. Forty naval reserve personnel, assisted by communications specialists from the militia, will take an active part in the exercise as will personnel from other federal government departments including Revenue Canada, Ministry of Transport and Environment Canada.

Naval Reserve personnel are routinely trained to assist the regular force in a control of shipping role. They participate in multi-nation exercises similar to Redcoat '76 regularly.

Redcoat '76 is the latest in a series of routine periodic Allied exercises in the naval control of shipping.



Quality is the Best Bargain Known

*Contemporary Furniture
 *Appliances *Zenith
 *Gifts

477 - 5th St., Courtenay
 Phone 334-4214

NEED WINTER TIRES?

PHONE ANTONIO TIRE FIRST: OUR STOCK IS STILL QUITE GOOD AND WE PROBABLY HAVE YOUR SIZE
 KEEP YOUR CAR ON THE ROAD WITH QUALITY UNIROYAL TIRES From ANTONIO'S

Don't Forget Your Exhaust System

ASK ABOUT ANTONIO'S
CARLINE MUFFLERS
 Lifetime Warranty
 On All North American Cars and Light Trucks

THE ANTONIO MEN
 SERVE YOU ROYALLY!

780 Cumberland Rd., Courtenay, B.C.
 Open six days a week to serve you better

Don't Forget About Your Brakes!

Ask About Antonio's

BRAKE RELINE

With 30,000 MILE or 2 YEAR WARRANTY. Applies to most North American, Datsun, Toyota & Volkswagen cars.

- Install No. 1 H.D. Lining
- Turn and true drums
- Inspect wheel cylinders
- Pack front wheel bearings
- Check complete brake system

For Disc Brakes Add \$11.00

\$54.95 Reface Rotor Extra we do trucks too

ANTONIO TIRES LTD.

UNIROYAL CENTRE

UNIROYAL

CHARGEX
 MASTER CHARGE

Phone 334-2414
 Hours: Mon. to Sat. - 8:00 to 5:00

Entertainment and Events

JUNIOR RANKS CLUB

JANUARY AND FEBRUARY ENTERTAINMENT

Friday and Saturday, January 23 and 24 - Dance to the sounds of "Sunday Morning Sunrise." This is one of the best discotheques in Western Canada.

Sunday, Jan. 25 - Dance to the sounds and voice of Holcombe and his "Contraband." No admission.

27 Jan. - Movie - My Name Is Nobody.

28 Jan. - Bingo CANCELLED due to renovations.

31 Jan. and 1 Feb. - Dance to rock and roll band - "Vintage Rock."

3 Feb. - Movie - Harry and Tonto.

4 Feb. - Bingo as usual.

7 and 8 Feb. - Dance - "Small Craft Warning."

10 Feb. - Movie - California Split.

11 Feb. - Bingo as usual.

13, 14, 15 Feb. - Valentine's Weekend.

Remember the Great "Marty Davis Show" in October when the club was filled for three consecutive nights? He is returning with his back-up band "The Murphys". Admission \$1.00 per member, \$2.00 non member.

17 Feb. - Movie - Day of The Dolphin.

18 Feb. - Bingo.

21, 22 Feb. - Dance to The Michael Scott (Duet).

24 Feb. - Movie - The Sting.

25 Feb. - Bingo.

27, 28, 29 Feb. - Dance, starring Stewart Freman.

TGIF Every Friday Nite in the Annex.

NOTE: Annex CLOSED Mon., Tues., Wed., 26, 27, 28 January for renovations.

For Weekly Entertainment call 339-5212.

Watch for the Big Name Entertainment in Mid March.

WANTED

TOTEM TIMES
 BUSINESS
 MANAGER

Qualifications:
 Interest

FOR DETAILS
 CONTACT
 Lt. Marc Legault
 at
 Local 354

BASE THEATRE SCHEDULE CFB COMOX

Thur., 22 Jan.
 Fri., 23 Jan. **THE McCULLOCH'S**

Sat., 24 Jan. **REPORT TO THE COMMISSIONER** Michael Moriarty
 Sun., 25 Jan. "Warning - coarse language" - B.C. Director Susan Blakely

CROSS IT -- and you just might get crossed off!

MACON COUNTY LINE

"Brutal violence, rape and some coarse language" - B.C. Director

Wed., 28 Jan. **MACON COUNTY LINE** Alan Vint
 Thur., 29 Jan. Cheryl Waters

Fri., 30 Jan. **THE LAND THAT TIME FORGOT** Doug McClure
 Sat., 31 JAN. John McEnery
 Sun., 1 Feb.

Wed., 4 Feb. **EVEN ANGELS EAT BEANS** Bud Spencer
 Thur., 5 Feb.

MATINEES

Sat. Mat., 24 Jan. **SAVAGE WILD**

Sat. Mat., 31 Jan. **LION** Story of young girl who raised a lion.

RESTRICTED SHOWS: 18 years and above - Under 18 years of age must be accompanied by a person over 18.
 ADULT SHOWS: 16 years of age and above - Under 16 years must be accompanied by a person over 16.

Arts Alliance

PRESENTS

"LION AND THE CHILD"

a contemporary jazz ensemble

SATURDAY, JAN. 31st

8:30 P.M.

Courtenay Civic Theatre

Admission \$2.50

EW
 Courtenay
 Adm. \$2.25 OAP \$1 Child \$1

Mon. to Thurs., 8:15 p.m.
 Two Shows Fri. and Sat.
 7:00 p.m. & 9:00 p.m.
 No Matinee the next two Saturdays

THURS., JAN. 22

Two Shows - 7:00 & 9:00 p.m.

General

the MYSTERIOUS MONSTERS

FRI., SAT., MON.,
 TUES., WED.,
 JAN. 23, 24,
 26, 27, 28

Mature

"Some nudity, frequent swearing and coarse language." - R. W. McDonald, B.C. Director

CLINT EASTWOOD THE EIGER SANCTION



THURS., FRI., SAT., JAN. 29, 30, 31

Mature Entertainment

Henry Fonda Terence Hill "My Name Is Nobody"

MON., TUES., WED., FEB. 2, 3, 4

Roger Daltrey

"LISZTOMANIA"

"Occasional nudity & sex, religious ridicule." - B.C. Director

Sports Capers

Junior Ranks Curling



WINNERS — Finishing in the top spot in the Junior Ranks Bonspiel held on Friday and Saturday, was the Wally Berger rink. The Honorary PMC, Capt. Jack Begin presents the "Spoils".



SECOND PLACE RINK — "By golly, I thought I was getting shafted, but the girls came through in the clinch," states a very happy Skip.

Pac/Reg Curling

The Pac Reg Curling Championship was held at CFB Chilliwack 12-16 Jan 76. The final standings after the single round robin found three

bases tied for first place. CFB Chilliwack, Esquimalt and Comox. The Comox team of McLoughlin, Vikland, Alexander and Peterson saw

fit to leave prior to the playoff. CFB Chilliwack played off with Esquimalt and was declared Pac. Reg. Champions. CFS Kamloops was declared Small Base Champs.

Curling Capers

by Bev Muskett

In the Junior Girls' Playdowns held at the Nanaimo Curling Club Jan. 16, 17 and 18 Marnie Vallee and her rink of Cheryl Rahn, Tracy Fielding and Debbie Parker were unsuccessful in their attempt at winning the Island District 8 title. The winners were Shelley Wilson's rink from Victoria defeating the Heller rink from Duncan 8-2. The Wilson rink will now compete for the B.C. Finals at Kimberley, Feb. 6, 7 and 8. I am very pleased to report that Pat Horning and his rink of Doug Sawyer, Charlie Hagg and D. Wright won the "A" side of the draw at the Men's Consuls N.I. Playdowns held Jan. 16, 17 and 18 at the Alberni Valley Curling Club. They will now compete at the Island Finals being held at the Nanaimo Curling Club Jan. 23, 24 and 25. The other "A" winner was the Norm Thiessen rink from the Nanaimo C.C.

February and March Bonspiel Calendar:

Feb. 1 - 8 Tunnel Town (Men's); Feb. 3 - 8 Abbotsford (Men's); Feb. 5 - 8 Cowichan (Men's); Feb. 6 - 9 Powell River (Mixed).

Feb. 12 - 15 Racquet (Men's); Feb. 13 - 15 Capilano

Boxing

The Boxing Club is hard at work getting into shape for its up and coming fight card. It will be held 28 Feb. They are hoping to have a fine card with lots of new faces coming out, so keep that date open - 28 Feb. at 8 p.m.



Support Minor Hockey

Staff photo

Rescubits

(Continued from page 2) job (it's what we're paid for). Now it's time for our earth-shattering statistical comparison for 1975. Naturally, as everyone knows, the total of

incidents is up, some 434 over 1974. For what it's worth, we did more business in June, July and August of 1975 than we did in the entire year of 1969.

Here are the totals:

	1975	1974
Marine Incidents	1924	1810
Air Incidents	555	325
Mercy Flights	436	334
Civilian Assistance	22	34

Significant are the increases in Mercy Flights and Air Incidents. The Victoria Search and Rescue Region had 45.9 per cent of the nation's SAR business. Humble beginning but now we're holding No. 1.

Now for you aspiring naval officers, here is an aptitude question.

How many commandments (approx.) was Moses given? Per Ardua Ad Rescutatem!

Indoor Soccer

Well, the Indoor Soccer League got off to a slow start after Xmas break with the floor being done. Games played 12 Jan. saw the Wolves beat the Lions 1 to 0 on a goal by Percy Miller, assisted by Greg Hill. In the other game the Falcons and Bears played to a 0 to 0 score. On 19 Jan. Wolves downed the Bears 3 to 0. Scorers for the Wolves were Mike Naso with two and Shawn Fortune. The Falcons outlasted the Lions 3 to 1. Scoring for the Falcons were George Bulawka with two and Shane Hartmann. For the Lions it was Francis Gosselin. The playoff will be played Sun., 22 Feb. from 9 a.m. to 12 a.m.

STANDINGS:

	P	W	L	T	Pts
Falcons	9	5	0	4	14
Bears	9	1	7	1	3
Lions	9	2	5	2	6
Wolves	9	5	2	2	12

For All Your Automatic Transmission Needs See Dave



Quick Reliable Service

★ COMPLETE STOCK OF PARTS FOR AUTOMATICS

★ Gets Your Car Back on The Road SOONER

ALL WORK GUARANTEED
DAVE'S TRANSMISSION REPAIR
370 Puntledge, Courtenay Phone 334-2917

CFB Totems hockey

The Totems had a busy schedule with three games to play this past weekend.

On Friday night, the Totems were hosted by the Courtenay Elks at the Comox Valley Sports Centre. In a somewhat

lacklustre game, the Totems were beaten by a score of 6-1. Graham Walker put in the Totems goal with Lloyd Noseworthy and Dan Cloutier getting assists. Courtenay was assessed nine penalties while Comox players went to the penalty box four times.

The Totems played at home against the Parksville Cohos on Saturday night and emerged as winners in a closely played game. The Totems took a 2-0 lead in the first period with Ken Miller scoring both goals. Parksville scored their first goal of the game in the second period to make it 2-1. During the third period, the Totems and Cohos exchanged goals to make it a 3-2 score and a win for the Totems. Jim Whelen scored

the winning goal with the assist going to Rolle Cramer. The Totems had 42 shots on net and Parksville had 38.

On Sunday afternoon in Parksville, the Cohos avenged their loss of the night before with a win over the Totems by a score of 7-2. Totem scorers were Rick Hamel with a pass from Oland Richard and Rolle Cramer, assisted by Larry Harkar. Shots on net were 37 for Comox and 35 for Parksville. Both teams had thirteen penalties but two Totem players were given ten minute misconducts.

On Saturday, Jan. 24, the Totems will be playing at Glacier Gardens against Parksville. Game time is 8:15 p.m. Come out and support YOUR team.



DAVE MELLIN

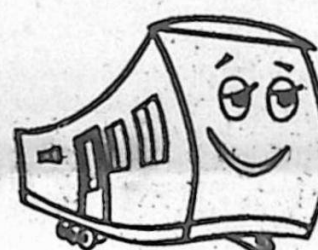
WE SPECIALIZE IN INSURANCE

It's Our Only Business at



COMOX VALLEY Insurance Ltd.
INSURANCE BROKERS AND CONSULTANTS

Opposite Court House Courtenay
Phone 334-3195



OPEN HOUSE JANUARY 31st

Featuring 1976 Models

C.F.C.P. RADIO ON LOCATION

OUR REGULAR LOW PRICES ARE REDUCED EVEN FURTHER TO CLEAR OUR STOCK OF 1975 MODELS

On The Spot Bank Of Nova Scotia Financing with Low Down Payment and Up To "12 Years To Pay"

DROP IN AND SEE THE NEW MODELS AND FIND YOUR HOME AT -

CYPRESS



Island Highway
Two Miles South of
COURTENAY

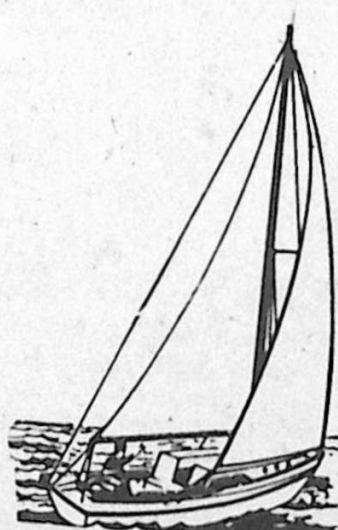
Open 10 a.m. to 8 p.m.

Motor Dealer Lic. No. D-7843

PHONE 334-2181

PORT AUGUSTA MOTEL

- Deluxe Units
- Cable Television
- Heated Swimming Pool
- 1 & 2 Bedroom Housekeeping Units
- Dining Room



A MOTEL BUILT BY AIR FORCE ENCOURAGEMENT AND EFFORTS TO CATER TO THE SPECIAL NEEDS OF OUR SERVICEMEN.

Centrally Located in Comox overlooking beautiful Comox Bay.

RESERVE NOW AT THE PORT AUGUSTA

PHONE 339-2277

576 England Ave., Courtenay, B.C.
334-3124

AND
208 Port Augusta, Comox, B.C.
(Comox Shopping Centre) 339-2228



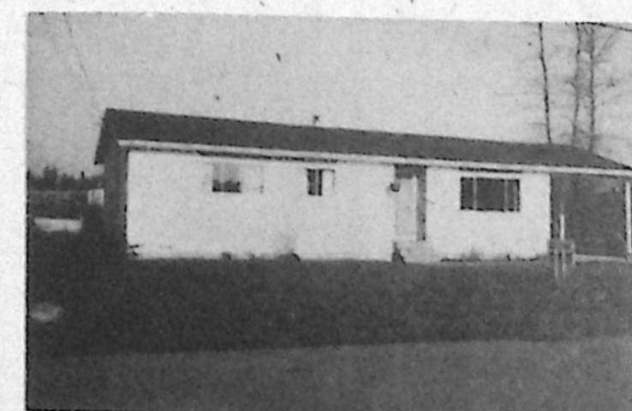
HOME WITH CHARACTER AND WARMTH

WITH A FULL BSMT: 4 Bedrms. with W.W. carpet, F.P. in living room and H.W. floor, dining room, large kitchen, 1 1/2 bathrooms, many extras such as leaded glass doors and windows. Located in a new subdivision close to schools. Can be bought with a low down payment. Full price \$38,000. Call me today!

Tom Proctor - Res. 339-2668
Office: 334-3124



Nanaimo Realty



3-BEDROOM BUNGALOW, COMOX

Just put on the market is this cosy bungalow in Comox. Located in a nice quiet area close to schools and shopping. Ideal for the young family at a price you can afford. Price \$34,900.

Danny & Fremont - Res. 339-2714
Office: 339-2228



New recruits for 75/76



Initiation jump by Collin Blair

Winter Festival

(Continued from page 2)

exhibits from participating Gold River service clubs. The broomball tournament will be an on-going activity throughout the Carnival. The fun and festivities start with the Carnival dance and follow through to the hot dog roast on February 15, when a draw will take place for the grand prize ... a trip for two to Reno.

Nanaimo will be the scene for the Senior Citizens Arts and Crafts display at the Bowen Park Complex, and afterwards, the seniors will cut-a-rug to the music of the Merry-makers at their Valentines dance. For sports fans, Nanaimo will also be hosting the Junior Invitational Badminton Tournament, and, not to be overlooked, the Olympic Weightlifting Competition with participants from throughout B.C., as well as from Washington State ... a lot of activity in Nanaimo during this year's B.C. Winter Festival.

A baton twirling competition will take place in Victoria, along with the University's Mens and Womens Basketball Tour-

naments. The Junior Pacific Coast Bowling Championship will be hosted by the Victoria Five Pin Bowling Association ... and, also included as part of this year's B.C. Winter Festival, are the Senior Ladies and Mens Open Curling Bonspiels. For a slight variation in sports events, the Victoria All-Weapon Fencing Team Tournament will take place at the University of Victoria. The Arion Male Voice Choir of Victoria will be presenting a "Festival of Song", and the Victoria Conservatory of Music will be hosting a musical recital ... two great events for music enthusiasts.

More sports events will take place in Courtenay where a basketball tournament and two skiing tournaments are scheduled, and the Senior Men's Invitational Volleyball Tournament, sponsored by CFB Esquimalt, will be held at Royal Roads Gymnasium. The Duncan Senior Curling Club is sponsoring the Duncan Seniors Invitational Bonspiel this year, and Shawnigan Lake will be the site for two exciting Squash tournaments ... a variety of events for sport fans.

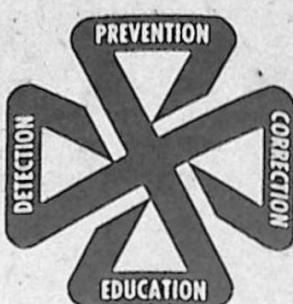
The B.C. Winter Festival General Arts & Crafts Exhibition will be hosted by the Comox Recreation Commission, and in the Long Beach area an Arts Festival will take place in Ucluelet ... artists and craftsmen from all

areas will display their work, including native beadwork and candlemaking.

Schedules of Events booklets, listing times and dates for all Winter Festival events being held throughout the province, are available at any branch of the Canadian Imperial Bank of Commerce, BCAA or Recreation Offices in British Columbia. Plan now, to celebrate and participate in the British Columbia Winter Festival - January 22 to February 16, 1976.

ACCENT SAFETY

By Safety Sam



If you are lured to the Forbidden Plateau ski area for an initial try at this popular sport, for a fun-in-the-snow day, for the splendid view from the top or the Winter Carnival activities, you should brush up on your winter driving skills.

Access to the Forbidden Plateau ski area is provided by a well-marked, paved road for the first three or four miles after you leave the Island Highway. The actual distance is academic, because the blacktop ends at the "Cat Shack" (a shelter for road maintenance equipment - not what you think!) and there you stop worrying about the road you just left and start worrying about the gravel road.

Jacking or working beneath a car on a slope is dangerous, so most drivers put their chains on at this lower, level

spot, or leave their cars and hitchhike up with others (commonly known as the Colonel Saunders option). To help you decide whether or not you should bother, the local radio station broadcasts local snow and road conditions at 0705 and 0910 hours. The second information agency is a Dept. of Highways sign near the Cat Shack which tells you if chains are mandatory.

As an added incentive to join the chain gang, be advised that the RCMP often station themselves further up the hill on "chains mandatory" days and delight visitors with picturesque Canadiana and souvenir traffic tickets, if they fail to heed the sign.

Once your decision has been made and you are on your way, you will notice the pleasant, reassuring sounds and vibrations that chains bring into your life. You will also notice that the conditions change quite drastically as you begin climbing and you begin to appreciate the wealth of meaning hidden beneath the brief statement on the ski report "The road is good but chains are mandatory."

By now you will be used to the tendency of your car to want to travel sideways rather than forward at every opportunity. Do not be

Skiing - getting there is half the fun

alarmed, chains are just like that. One thing that most newcomers do is drive to slowly uphill. This is particularly bad if the vehicle is Detroit Iron and weighs in at 3500 lbs. plus. With the exception of "Switchbacks," try and keep your speed between 20 and 30. Keep a sharp lookout ahead for downhill traffic; keep your headlights on; keep well to the right on sharp turns. Visibility at these points is limited to about 20 feet and you have little or not time to react and correct your road position.

At the two major crisis

points: The Forbidden Plateau overnight lodge and the infamous "Cranapple Corners", try to avoid gripping the steering wheel too hard. It doesn't help the traction and may turn your knuckles permanently white. The road grade at these points is demanding on most cars and impossible for some - depending on the road surface; the temperature; how recent the snowfall; and particularly the driver's technique. When you finally reach the parking area, be sure and turn right at the sign. This avoids one more

demanding grade and a possible head-on collision.

On busy days, a staff member will direct you to a parking spot. If you do not get that far and choose your own parking spot, be sure to avoid corner locations that will make your car an obstacle to others. Finally, turn off the ignition and headlights, place transmission selector in gear or in "Park", set your parking brakes, heave a giant sigh and mentally shift your thoughts from the questionable pleasure of driving to the unquestionable pleasure of skiing.

Akela says:

In '76, 1st Lazo Group plans the Father-Son Banquet for 4 Mar. '76 in the Combine Mess at 1900 hours. Dr. John Bristol Foster, Naturalist, is the invited guest speaker.

On 7 Mar. '76 the group is sponsoring the 2nd Annual Cub & Scout Hobby Show, in the Lazo Scout Hall, 1300 hours. Prizes galore in all categories.

"What is Boy Scout Week?" This is a contest sponsored by the Group P.R. member, to induce some creative thinking among the boys. Prizes will be given to the best of each unit and winning entries will hopefully be published by the news media.

Possible other events to come include Bicycle Road-D-O; Cub Camp; Scout Camp Outings and trips.

OFFICER PROFESSIONAL DEVELOPMENT (OPD)

Study material for the OPD program has finally arrived and is being held at the BITO's office for distribution.

All officers registered in the OPD program are asked to contact the BITO's office to arrange pick-up of their course material.

FRENCH CLUB

The first meeting of the French club was well attended and received favorable response. After group discussion it was decided to increase the frequency of meetings to weekly sessions and change the meeting day to Thursday evening from 7 - 10 p.m. as opposed to Tuesday.

The next session of the French club will be held in the classroom next to the BITO's office on the top floor of the recreation center on Thursday, 29 January. All interested persons are invited to attend.

Get your rear in gear. Take a walk.



THE SERVICEMEN'S AUTOMOBILE CLUB LIMITED

Why Pay More For That New Car or Truck?

You can save up to \$1200.00 or more by purchasing through your club



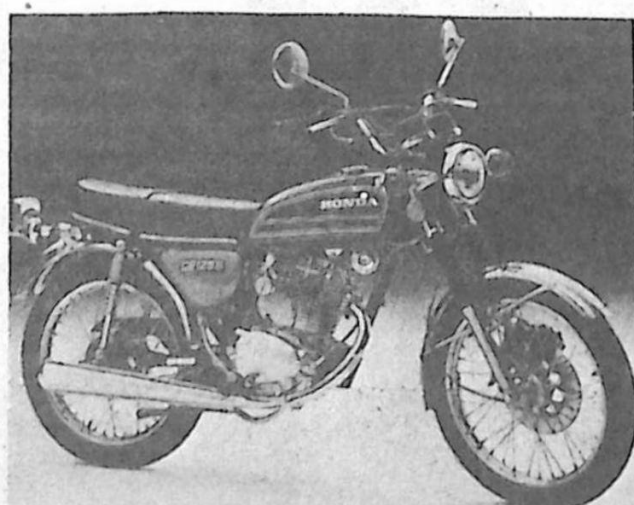
All Service Personnel, DND Employees, and Service Pensioners are eligible to join and purchase through the Club for a nominal \$4.00 Membership.

Members are entitled to a fat 12% discount on Mobile Homes and 8% to 10% on Motor Homes, Travel Trailers, Tent Trailers, 5th Wheel Trailers, etc.

Orders can now be taken for early delivery of all 1976 models

Contact Your Local Club Representative:
M/CPL. KEN MCKINNON
Phones Loc. 474 or residence, 334-3809

HONDA HAS IT ALL!



PUT YOUR DOLLARS TOGETHER WITH GOOD SENSE. What you get is a Honda CB125 S2. A swift-moving, gas-saving commuter's dream. The four-stroke overhead cam, single cylinder engine pumps out ample power for shopping sprees, scooting to school, or taking a country tour. The five speed constant-mesh transmission gives you a gear for nearly every situation. And the front brake is a unique, cable-operated, mechanical disc-type. Extra stopping power! Look the CB 125 S2 over very carefully. It delivers real power.

Only \$46.00 per month. (No down payment O.A.C.)

HOLIDAY MOTORCYCLE CENTRE

3080B Comox Road, Courtenay, B.C.

Phone 339-5112

CLASSIFIEDS

FOR SALE - 1970 Ford Cougar, 351 engine, Holly carburetor, mag wheels, quadraphonic 8 track, snow tires and 5 spare wheels complete with summer tires. Phone 339-4457

FOR SALE - 1975 Honda CB125S motorcycle. Excellent condition, complete with 2 helmets. Only 4,300 miles. Phone 339-4457

BOAT - 12' fibreglass over plywood 9.2 Viking motor and tank. Trailer, oars, life jackets, etc. \$300.00 firm. Don Graham 339-4653 - home, Loc 440 - work. Box 537 Lazo.

FOR SALE - 1970 Epic - 36,000 miles. Good condition. Asking \$800. Ph. 338-8581 or loc. 418

EXPANDING CANADIAN OIL COMPANY needs dependable person who can work without supervision. Earn \$14,000 in a year plus bonus. Contact customers in Courtenay. Limited auto travel. We train. Write M.R. Dick, Pres., Southwestern Petroleum Canada Ltd., 87 West Drive, Brampton, Ontario, L6T 2J6.

EXPERIENCED babysitter available days Monday to Friday. I have trained family aid course. Phone 338-5539

CLUB MANAGER - Manager position open at Canadian Forces Base Edmonton Golf and Curling Clubs. Year round employment commencing 1 April. Wage and amenity package attractive and competitive with local clubs. Applications stating experience, qualifications should be forwarded to: Base Services Officer, Canadian Forces Base Edmonton, Lancaster Park, Alberta, T0A 2H0.

INVENTORY REDUCTION SALE

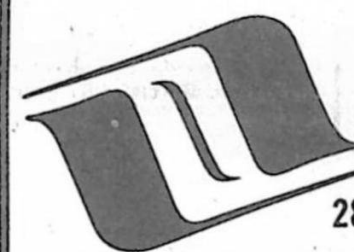


SAVINGS UP TO 50%

Regular	Sale Price	Regular	Sale Price		
<u>SOFAS, LOVESEATS, CHAIRS</u>		<u>OCCASIONAL TABLES</u>			
2 pce Sofa & Chair - Traditional	799.00	549.00	Round Lamp Table	124.95	99.00
2 pce Sofa & Chair - Pillow Back	809.95	639.00	Coffee Table	129.95	79.95
2 pce Sofa & Chair - Modern Style	929.95	749.00	Coffee Table	159.95	129.95
1 Loveseat - Tynan	399.00	289.95	Commode Table	179.95	149.95
1 Loveseat - Gem	500.00	295.00			
1 Loveseat - "La-Z-Boy"	552.00	399.00			
1 Sofa - Contemporary	509.90	419.00			
<u>BEDROOM FURNITURE</u>		<u>TV AND STEREO</u>			
3 pce Suite - Modern Style	579.00	429.00	Hitachi CT-910 20" Color (1 only)	809.95	549.95
5 pce Suite - By Delfcraft	925.00	819.00	Hitachi TS-326 26" Color Console	959.95	799.95
5 pce Suite - Spanish Style	1049.95	779.00	Hitachi 30W (PMP) AM/FM Stereo Rec.	249.95	189.95
5 pce Suite - By Vicart	1139.95	849.00	Hitachi 85W (PMP) 4 Ch. Rec.	499.95	399.95
3 Drawer Chests from	79.00	79.00	Hitachi 60W (PMP) Spanish 3 Module Stereo	1099.50	849.95
<u>DINING ROOM</u>		<u>HIDE-A-BEDS</u>			
9 pce Pine Dining Suite - By Delfcraft	1499.00	1499.00	Simmons Hailey II	382.00	343.95
9 pce Suite - Maple Finish	1174.00	879.50	Simmons Executive	444.00	399.95
9 pce Suite - By Vicart	2369.00	1699.00	2 pce Davenport and Chair	389.95	239.00
<u>KITCHEN SUITES</u>		<u>MATTRESS AND BOX SPRINGS</u>			
9 pce. (Table, 8 Chairs)	220.00	139.95	33" unit	132.00	89.95
5 pce. (Table, 4 Chairs)	212.00	139.95	46" unit	149.00	124.95
5 pce. (Table, 4 Chairs)	245.00	175.00	Queen Size unit	199.00	169.95
7 pce. (Table, 6 Chairs)	239.95	159.95			
<u>LAMPS, MIRRORS & CARPETS</u>		<u>HASSOCKS - REDUCED UP TO 30%</u>			
Assorted selection at drastic reductions.		<u>GIFTWARE</u>			
		Selected items - savings up to 50%.			

LAMPS, MIRRORS & CARPETS

Assorted selection at drastic reductions.

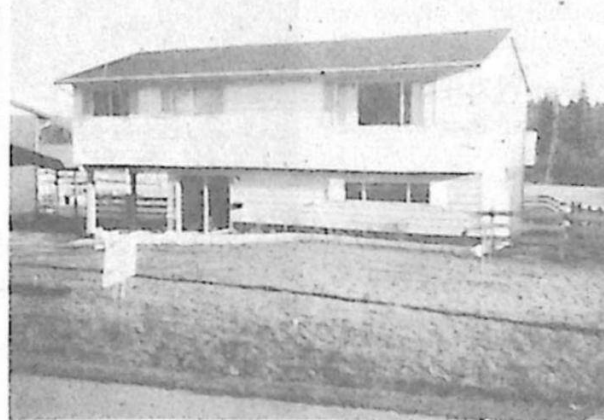


A REAL OPPORTUNITY TO SAVE

MANY ONE-OF-A-KIND ITEMS. SO SHOP EARLY FOR BEST SELECTION

285 - 5th St., Courtenay

Ph. 338-7221



628 NOOTKA - COMOX

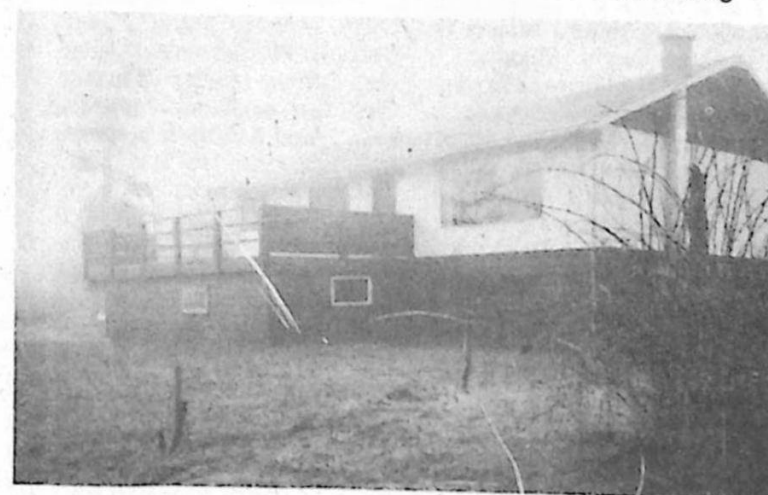
1050 sq. ft. home in quiet area of town. Close to schools and shopping. Three bedrooms with extra bathroom roughed in in basement. Large 12 x 16' family room and sundeck off dining room. \$43,500.

Ernie Anderson - 338-5018.



FANTASTIC 3-LEVEL SPLIT

1315 sq. ft. one-yr.-old home on large well treed lot. Feature wall of old brick with Heatilator fireplace. Three large bedrooms with quasi ensuite off master bedroom, finished family room on third level. \$59,500. Stu Living - 339-3541



641 Kwakiutl Ave., Comox

Three-bedrm., 2 bathrm. 1650 sq. ft. home with full bsmt. Beautifully landscaped yard with many rose bushes and perennials plus 4 fruit trees. \$43,000.

Ernie Anderson - 338-5018

UNION BAY

Two year old home with a view of the ocean. Large sundeck. Built-in range and oven. Custom built cabinets. Lots of extras, large garden area with fruit trees and a berry patch. \$46,000.

Fred Parsons - 339-2813

Art Meyers, Sales Manager

FRED PARSONS 339-2813
BRUCE MOWAT 339-3137
CLAY GRANT 339-3945
DUKE SCHILLER 334-2203
ERNIE ANDERSON 338-5018

MAX WEEGAR 334-4568
HOWARD HAMPSHIRE 339-2627
RAY PAGE 338-6267
MIKE EMERSON 338-5233
AL DIXON 334-2682

GAYE WORK 334-2220
LLOYD WORK 334-2220
DOUG COOK 334-2015
DICK GARDINER 337-5327

BLOCK BROS. REALTORS
440 - 5th STREET, COURTENAY (CAM-CO LTD.)

PMQ Preamble

Well, here we are into a new year and with the new year we have some new changes and a few exciting new projects in our community. The newly formed PMQ Council has started into 1976 with lots of enthusiasm to serve you. We'd like to take this time to send a vote of thanks to our outgoing Mayor, Capt. Art Arsenault, for a job well done. Good luck, Art, to you and

your family on your new venture at CFB Chilliwack. We would at this time like to welcome our new Mayor, Maj. Rob Vinnedge. Mayor Vinnedge is by no means a new face to the council, having served one year as a councillor in his ward. Along with Mayor Vinnedge at the reins we have the rest of your PMQ Council.

Ward 1: Sgt. A. Gagnon, MCpl C.E. Wallace, Wrd 2: MCpl D.P. Grenon; Cpl. G.R. Whaley, Ward 3: MWO H.H. Alstad, MCpl S.M. McNamee, Ward 4: MWO L.B. Muloin, Sgt. R.C. Ord, Wrd 5: Capt. M.D. Phoenix, Lt. D.J. Barney, Ward 6: Capt. G.L. Greer, Capt. R.R. LeLong, Ward 7: MCpl B. Gray, Cpl. B.J. Lavigne

Ward 8: Cpl. A.B. Tuck, Cpl. D.G. Jones, Ward 9: Cpl. W.J. Ouellette, Cpl. B.G. Uddenberg. The PMQ Council will be sponsoring a "Community Service Award." This award is intended to be presented to those persons whose contributions to our community warrant the recognition that is deserving. If you know of someone that you feel deserves a "thank you" from this community, contact your ward councillor and let him know.

By now you should have received a handful of goodies from your ward representative. The reflective tape that is being distributed is the beginning of a bicycle safety program sponsored by the PMQ Council. All parents are encouraged to participate with their children.

Along with bicycles we have a few trail bikes and mini bikes in the neighborhood. These machines can be lots of fun if they are operated safely and with due regard to the rights and property of others. By law, an unlicensed trail bike cannot be operated on the roadway. However, this does not mean riding across lawns

and through playing fields and ball diamonds can be allowed. We encourage those of you in the community who have trail bikes to use the area known as the "gravel pit." It's full of paths and hills.

In the past there has been a problem with parking spots in the rowhouse area. In the spring when the monsoon season is over and things start to dry out the base CE Section will be painting the parking lots. Every household will be allotted one parking spot in a location that we hope will be suitable to all concerned.

TV cable has been a concern to some lately. Our base cable TV technicians are in the process of renewing faulty equipment that will hopefully improve service. They ask that if you are having reception problems, give them a call so that they can tackle the problem right away.

The Base CE Section has also ensured that they will have flowers available for those residents who wish to plant a flower bed. Last year the shrub and flower beautification program was a big success. We are hoping that more people will take

advantage of this service. If you are interested, watch future columns for further information. Unfortunately, shrubs may not be available this year.

On a very important note, there is a serious problem with people exceeding the set speed limit. Our community is very fortunate to have only local traffic to tend with. Our streets are very often used as play areas by small children. We, as responsible adults in control of a car, must be extra aware of our children playing - no one wants to see a small child seriously hurt nor does anyone wish it on his conscience. Our Military Police have the ways and means to enforce the speed limit. Let's hope they don't have to be called on. The back road leading to Ryan Road and the grocery store is not a drag strip - the speed limit is 20 mph.

"GO SLOW AND LET OUR CHILDREN GROW."



"Good grief, the front end is kaput!"

LCol Jenks was the first to learn that the B.C. Motor Vehicle Branch Mobile Vehicle Safety Inspection Unit considered his vehicle safe to operate. The inspection campaign was considered highly successful, with 227 vehicles being tested and 69 per cent "passing".

C to C COAST TO COAST REAL ESTATE SERVICE

As an Associate Broker of the A. E. LePage Coast to Coast Real Estate Service, our Company can obtain information concerning your housing needs from more than 160 highly reputable realtors across Canada. An advance referral can have an agency waiting to greet you with your specific requirement having been researched ahead of time.

To assist your advanced planning, we have comparative catalogues available in our office and experienced salesmen to advise you.

Start now to plan your next move. We're able to make it easier at both ends. Drop in to see us soon.

P. LEO ANDERTON & CO. LTD.

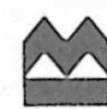
526 Cliffe Avenue, Courtenay, B.C.
PHONE 338-5321

NORM HOWARTH	334-4576	CHARLES DOVE	339-3816
DAVE AVENT	338-8333	MERT FLETCHER	339-2484
JOHN CALDER	339-3839	TONY NAGY	337-5030

LOANS

What Are Your Needs?
Can We Help?

Phone G. GILLIS or J. PHILP
At 334-3181



The First Canadian Bank

Bank of Montreal

585 England Avenue, Courtenay, B.C.

RESTRICTED

To Up Islanders staying overnight in Victoria.

Special Rates - Free Continental Breakfast
Quiet rooms - Extra long Queen beds

PHONE 388-6667

THE INTOWN INN BEST WESTERN

Just off Douglas at Burnside Rd.
(turn right at the big orange 76 ball and you're home)

Use your local businesses

SERVICE DIRECTORY

to save time and money

KING'S PIANOS & ORGANS
Factory To You
★ HEINTZMAN PIANOS
★ HAMMOND ORGANS
PRICES THE SAME CANADA WIDE
Leslie Speakers Large Selection of Music
Royston, B.C. Sales, Service, Lessons 338-5662

**Small Appliance
Repair Business**
No opposition. New appliance sales also. Excellent man and wife operation. This plus your retirement pension is the best proposition we have to offer.
CALL AL DIXON now at 334-3111 days, 334-2682 evenings.
BLOCK BROS. REALTY (CAM-CO) LTD.
449 - 5th Street, Courtenay, B.C. 334-3111 V9N 1J7

SPECIALISTS IN:
★ CARPETS ★ LINO ★ TILE ★ CERAMICS
★ PAINTS ★ STAINS ★ WALLPAPERS
★ PROFESSIONAL INSTALLATIONS
Phone 338-5314
Comox Paint & Floor Coverings
1475 Dyke Rd. Courtenay

COURTENAY-COMOX TRAVEL SERVICE LTD.
REGISTER NOW FOR
ALL CHARTER FLIGHTS TO
ASTA
For the First Time
ALL YEAR CHARTERS
TO BRITAIN AVAILABLE
Accommodation and Flights
Courtenay, B.C. P.O. Box 3190
338-5421
441 Cliffe Ave.

**Alpha Electrical Appliance
Repair Co. Ltd.**
REPAIRS FOR ALL MAJOR APPLIANCES
"Factory Authorized Service For"
JOHN HAUGHTON - Owner
339-4443
2135 Robb, Comox

MOHAWK COURTENAY SERVICE
2350 Cliffe Avenue
★ Quality Tires
★ Quality Service
★ Qualified Mechanic
on duty 8 - 5
OPEN 24 HOURS

THE FRAME HOUSE
Specializing in
READY-MADE FRAMES
• NEEDLE POINT • ART SUPPLIES
• PETIT POINT • ART GALLERY
• PHOTOS
We Frame To Please
1801 Comox Avenue 339-5341 Micki Carr-Hilton
Comox, B.C. Lucette Little
Eleanor Williams

**BAYVIEW
COLOR CENTRE**
3080 Comox Rd.
Courtenay, B.C. 339-3711
(Next to Animal Hospital)
SERVING THE COMOX VALLEY WITH SHERWIN-WILLIAMS,
BAPCO PAINTS AND OLYMPIC STAINS.
Come in and see our large selection of
Wallpaper Books.

**QUALITY
BICYCLES**
PARTS AND ACCESSORIES
COST LESS AT THE
PEDAL PUSHER
168 Fifth St.
CHARGE ★ MASTER CHARGE ★ TRADES
334-4548

SERVING UPPER VANCOUVER ISLAND
TAYCO PAVING CO. LTD.
867 FIFTH ST., COURTENAY, B.C.
PAVING CONTRACTORS
• INDUSTRIAL • RESIDENTIAL
• COMMERCIAL • MUNICIPAL
Phone 334-3136

TELEPHONE 338-8200
OK TIRE STORES
OUR TIRES GO AROUND WITH THE NICEST PEOPLE
971 CUMBERLAND ROAD
COURTENAY, B.C. WAYNE ANDERSON

THE MALL TOYS AND HOBBIES
NEW ADDRESS
317 - 4th ST., COURTENAY

**Danish Teakwood
Center Ltd.**
Danish Modern Teak Furniture
Now a Dealer for Norge Appliances
445 - 10th Street
Courtenay, B.C.
KAREN HALLUM
President Phone 338-5053

BILL'S AUTO ELECTRIC
Alternators - Generators - Starters
- Electric Motors
Automotive - Marine - Industrial
Sell and Service
Courtenay, B.C. Ph. 338-5073

COURTENAY BAKERY
FANCY CAKES
BREADS - BUNS - PASTRIES
"IN THE HEART OF THE VAST
METROPOLIS OF COURTENAY"
Phone: 334-4234 P.O. Bread Box 3218

COMOX HARDWARE LTD.
A COMPLETE LINE OF
HARDWARE, PAINT,
APPLIANCES AND
FISHING TACKLE
IN THE SHOPPING CENTRE
339-2911

SERVICEMEN AND FAMILIES WELCOME AT
**CHELTENHAM
COURT MOTEL**
COURTESY ★ CLEANLINESS ★ COLOR T.V.
994 Gorge Rd. West Phone (604) 385-9559
Corner of Gorge & Admirals Rds.
CLOSE TO C.F.B. ESQUIMALT
Victoria, B.C.

CATHAY RESORT
KYE BAY R. R. 1, COMOX
Phone 339-2921
New fully equipped large 2 bedroom family units
Daily, Weekly and Monthly Rates
Owners: BETTE & DOUG HANDEL

COMOX SHOES LTD.
Complete Family
Footwear
in
COMOX SHOPPING CENTRE
OPEN 6 DAYS A WEEK

**PETER'S
SPORT SHOP LTD.**
ALL SEASONS SPORT SHOP
HIKING AND CAMPING
SPECIALISTS
505 Duncan Ave. Courtenay

THE PUMPHOUSE
UPPER ISLAND DAIRY SUPPLIES LTD.
DIRECT DRIVE
PUMP PUMPS
SUBMERSIBLES
JET PUMPS
FULL LINE OF
SEWAGE, WATER
AND PIPE FITTINGS
COPPER AND
GALVANIZED
Consult us about your Water Systems and Pumps
Bus. Ph. 338-8737
Res. Ph. 339-2867
No. 5 241 Puntledge Ave.

ZENITH
Sales - Service
Rentals - Parts
We Service All Makes
COMOX RADIO AND TV
1826 Comox Ave. 339-3221
Call Bob Jarvis for Quality and Service

THE COURTENAY FLORIST
Phone 334-3441
Day or Night
FLOWERS FOR
EVERY
OCCASION
877 - 5th,
Courtenay
"By The Tracks"
See Bev and Tom McNea for personal service

COMOX BUILDERS CENTRE LTD.
554 Anderton Road, Comox, B.C.
We offer a good, general selection of lumber,
building supplies and hardware
BUT our specialty is service
Saws Sharpened Drop in and see us or
phone 339-2207 Free Coffr

Youth Bowling

Seniors

Team Standings	W	L	Pts
Pres us Cap	23	16	33
No. 8	24	13	32
High Rollers	23	16	30
Sweat Hogs	22	17	30
Team Canibis	19	20	27
Gutter Dusters	20	19	25
Trikingage	15	24	19
Team Canada	9	30	12

TOP 10 AVERAGES BOYS:	
Wayne Trenholm,	190
Keith Tucker	189
Steve Sleigh	185
Yvon Taillon	180
Grant Faulkner	179
Don Acton	176
Darrell Aucoin	175
Brian Belliveau	168
Glen Prime	164
Pete Morro	160

TOP 10 AVERAGES GIRLS:	
Helen Earl	189
Karen Tucker	185
Karin Naso	179
Diana Earl	178
Kerry Salmon	172
Joni Sleigh	163
Karen Pearson	160
Brenda Mann	157
Marg Jones	154
LeeAnn Wilson	153

TOP 10 AVERAGES BOYS:	
High Single Weekly: Grant Faulkner 319; High Single Season Wayne Trenholm 320; High Triple Weekly Grant Faulkner 700; High Triple Season Steve Sleigh 712.	
TOP 10 AVERAGES GIRLS:	
High Single Weekly: Joni Sleigh 282; High Single Season Karin Naso 288; High Triple Weekly Joni Sleigh 628; High Triple Season Karen Tucker 675.	

Juniors

Team Standings	W	L	Pts
No. 14	18	8	27
No. 3	15 1/2	10 1/2	25 1/2
No. 5	15	11	24
No. 10	15	11	22
No. 1	15	11	22
No. 9	13	13	20
No. 12	13	13	20
No. 11	13 1/2	12 1/2	19 1/2
No. 2	11	15	16
No. 7	10	16	16
No. 13	10	16	16
No. 6	11	15	15
No. 4	11	15	15
No. 8	11	15	15

TOP 10 AVERAGES GIRLS:	
Laura Justus	185
Tracey Sleigh	171
Joan Justus	166
Nancy Stagg	155
Karen Gillis	154
Janet Jones	153
Natalie Brooks	146
Kellie Lavigne	142
Barbara Kuhn	142
Marg Stroud	138

TOP 10 AVERAGES BOYS:	
Glen Peters	164
David Zielke	158
Ronnie Shaw	147
Kevin Tucker	143
Terry Eddy	141
Kevin Brown	139
Kevin Sleigh	139
Allan Cameron	137
Mike Brown	135
Kevin Mann	131

HIGH SCORES BOYS:	
High Single Weekly: Glen Peters 189; High Single Season Kevin Tucker 252; High Double Weekly Ronnie Shaw 351; High Double Season Glen Peters 411.	
HIGH SCORES GIRLS:	
High Single Weekly: Laura Justus 315; High Single Season Laura Justus 315; High Double Weekly Laura Justus 444; High Double Season Laura Justus 457.	

Bantams

Team Standings	W	L	Pts
Invaders	24	15	24
Cheetahs	24	15	24
Jets	22	17	22
Creamers	21	18	21
Scramblers	19	20	19
Cats	19	20	19
Strikers	19	20	19
Red Baron	18	21	18
Osmonds	16	23	16
Blockers	13	26	13

TOP 10 AVERAGES BOYS:	
Steven Brown	126
Stace Blackmore	125
Steven Duchesne	112
Raymond Hill	112
Glenn Belliveau	111
Scott Woodburn	106
Michael Eddy	96
Sylvain Gagnon	95
Richard McRae	92
Russel Kurn	91

TOP 10 AVERAGES GIRLS:	
Jennifer Redshaw	142
Carole Herauf	111
Patricia Stallard	105
Nancy Gosselin	104
Karen Zielke	103
Kim Korbutiak	102
Lisa Lyon	99
Debbie Cummins	97
Sylvia Gagnon	97
Michelle Maniak	93

HIGH SCORES BOYS:	
High Single Weekly: Glenn Belliveau 155; High Single Season Steven Brown 214; High Double Weekly Glenn Belliveau 266; High Double Season Steven Brown 335.	
HIGH SCORES GIRLS:	
High Single Weekly: Jennifer Redshaw 167; High Single Season Jennifer Redshaw 223; High Double Weekly Jennifer Redshaw 297; High Double Season, Jennifer Redshaw 343.	

Firing Away

THE BIG DANGER WITH FLAMMABLE LIQUIDS:

Vapours spread into the air...then only a spark or small flame can touch off a fire or explosion.

Would you permit a few sticks of dynamite to lie around your home? Ridiculous? Many of us, by the careless use and storage of flammable liquids, expose ourselves to a similar situation.

Flammable liquids are very dangerous, but with a little knowledge of their proper care and handling, the danger can be controlled. Know the names of the most common flammable liquids: gasoline, naphtha, kerosene, paint thinners, turpentine and varsol.

Use non-flammable cleaners wherever possible. Liquids labelled non-flammable by a nationally recognized testing laboratory such as the Underwriters' Laboratories will not burn.

Never store flammable liquids in glass or plastic containers. If you were to drop the glass container and the liquid spilled on the basement floor a source of ignition may end your life. Store them in metal cans painted red and prominently identified as to contents. Standard safety cans with tight covers that shut automatically are preferred.

Never use flammable liquids to start wood or coal stoves. Take extreme care when lighting charcoal briquettes in outside barbecues and use only approved type fuels.

Do not keep large quantities of flammable liquids on hand. Use only non-flammable cleaners to remove spots from clothes.

Paints and varnishes are also flammable liquids capable of quickly turning a tiny flame into a roaring fire. Partly used cans of paint should be stored carefully with the lid on firmly so that vapours will not escape.

The contents of spray type cans such as hair sprays are frequently highly flammable. In use the cans could become a "blow torch" if ignited by a cigarette or other similar source of ignition. Never throw a used container in a fire - they could act like a bomb!



SEATBELTS SAVE LIVES!

More than 500,000 road accidents are reported in Canada each year, resulting in more than 230,000 injuries - about one for every ten persons.

According to all estimates, the Canadian economy suffers annually losses in excess of \$2 billion a year, including health care cost of \$100 million.

There is unanimous agreement that the use of

safety belts in vehicles reduces the risk of serious injury or death up to 50 per cent.

Some people think they can withstand the force of a thirty mile per hour car accident. The force you hit the steering wheel or windshield represents several thousand pounds. This force you cannot brace yourself to withstand. If everyone wore a seat belt, deaths due to car accidents

would be reduced by an incredible fifty per cent. Think about it - if you are not wearing a seat belt, what is holding you back?

Some people only wear their seat belt for highway driving. It is a fact that the majority of serious accidents occur at speeds under forty-five miles per hour. The use of seat belts can reduce serious injury in these accidents by a whopping seventy per cent.

Some people think it is better to be "thrown clear" in a car accident. In one test area 500 people died from being "thrown clear" in car accidents. It is estimated that 400 of these deaths could have been prevented had the person remained in the car, if the person had worn a seat belt. Think about it - if you are not wearing a seat belt, what is holding you back?

ASK ABOUT THE FOREST

The growth of a forest could be compared to the growth of a city.

Let us pick a city and look at its beginnings. Suppose we find it starting out with a number of farms and a few general stores run by hardy pioneers, the kind of people who are able to contend with the challenges of rugged frontier conditions. Now, let us look at this city's forest counterpart. We will find that the fledgling forest too has its pioneers. For instance, here in B.C. we have trees such as the Douglas fir or the several kinds of pine. Seedlings of these trees thrive in unprotected situations and must have sunlight to grow. Such species are usually the ones that establish a new forest in an open landscape, often where forest fires have occurred in the past.

As our young city develops - expands and grows more prosperous, the community becomes a little less primitive. This change allows somewhat larger business enterprises and minor industries to become established - a hardware store, a chain restaurant, a glove factory perhaps. In the young forest a similar change takes place. The Douglas fir (or the pines) become taller and provide shade to the forest floor. Now, new species can enter the community. These might be balsams, hemlocks or cedars which do not like to grow in an open area, but do well in shaded conditions.

The years pass and the city grows very much more prosperous. The climate becomes favourable for the development of heavy industry and big business. But now the pioneer businesses do not expand because, for them, the changed situation is not

favourable. They can't compete with the newer enterprises. Back in the forest what happens is much the same. As the balsams, hemlocks and cedars grow, they provide even more shade, which is what their own seedlings need. But the small Douglas fir or pine must have sunlight and cannot develop in the deep shade of the changed community. This means that as the next generation grows up, it will be made up of balsams, hemlocks, cedars or other "shade tolerant" species - not the original Douglas firs or pines - because, rather like the early city settlers, the pioneer species cannot reproduce in the new sheltered environment.

In the forest, everything proceeds very slowly and gradually, but, as in a city, growth and change go hand in hand. If you are out in the woods picnicking or hiking, look around. You will see some stage of this kind of process going on.

We invite your questions. A book will be sent to each person submitting a question that is published. Write "Ask About the Forest," care of Canadian Forestry Association of B.C., No. 410 - 1200 West Pender Street, Vancouver, B.C. V6E 2S9.

SEAFUN DIVERS LTD.
540 Comox Rd. (Beside George's)
334-4643

AIR RENTALS
SERVICE
EQUIPMENT
INSTRUCTION

FOR ALL YOUR DIVING NEEDS

Enjoy Some Great Winter Diving!!
NANAIMO 754-4813
CAMPBELL RIVER 287-3622
PORT ALBERNI 723-5511



Prototype for West Coast?

Academic upgrading

An academic upgrading program designed primarily for shift workers at CFB Comox has been expanded and will resume on Feb. 9th. Four Grade 12 subjects will be offered with identical classes run afternoon and evening. The purpose of the "parallel class" system is to provide shift workers with the flexibility they need to work shift and attend school. For example: a shift worker can attend the afternoon classes when he is on night shift, then

switch to the evening classes while on the day shift, thus he does not miss classes because of irregular work hours.

The success of the program continues to be dependant on the response received from interested servicemen.

Personnel interested in registering for academic upgrading or wishing further information are asked to contact the BITO at local 469.

NORTHGATE MOTORS

CATCH A RABBIT



250 Island Highway
Phone 338-5305
Dealer Lic. No. 2576

HELPFUL financial advice...

yours for the asking.

We'll be happy to provide you with consumer information to guide you in making a wise purchase. If you have any questions about mortgages or any other money transactions, we can assist you. By helping to keep you informed, we can help you make the most of your money.

In these times of high inflation, it makes sense to rely on your credit union, where you get a special understanding of your particular financial needs.

REMEMBER!!

If you draw a pension you are eligible for a \$1,000.00 deduction on your income tax. See Tax Guide, Item 47.



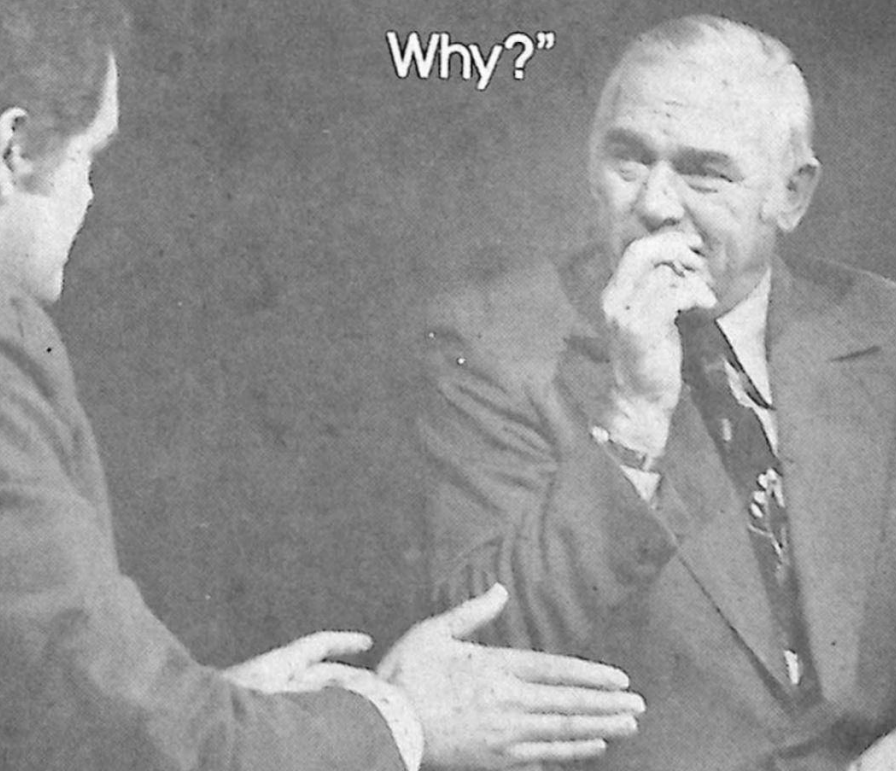
COMOX (CANADIAN FORCES) CREDIT UNION

CFB COMOX, BOX 400, LAZO, B.C. V0R 2K0 (604) 339-2344

Joel Aldred talks to Brian Bristow, financial advisor for B.C. Central Credit Union, about registered retirement savings plans:

"Your plan is one of the fastest growing in B.C."

Why?"



Brian: "The B.C. Central Credit Union Retirement Savings Plan pays a high rate of interest and, unlike many other plans, there's no "front-end load" or "start up" charge. Also, funds aren't locked in for a long period of time. Should you decide to withdraw from the plan, all that's required is sixty days written notice. With our RSP, there's no "withdrawal charge" or "interest penalty". Every dollar you invest works for you!"

Joel: "It's a great way to plan your future now. Remember the deadline for contributions is Saturday, February 28."

B.C. Central CREDIT UNION

Retirement Savings Plan

for members at all participating credit unions and co-ops

PLATEAU GLASS

241 Puntledge Road
Courtenay, B.C.

CUSTOM MADE

STORM WINDOWS

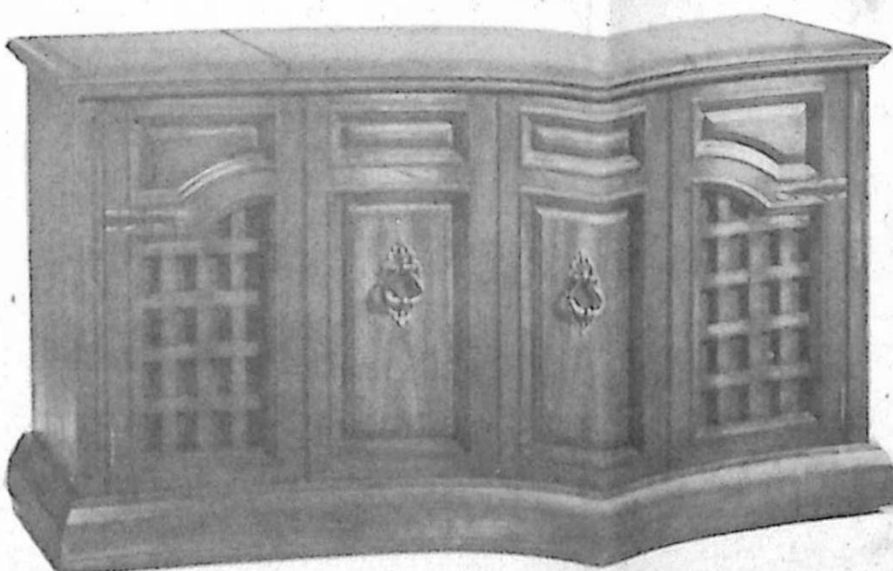
BRING YOUR I.C.B.C. GLASS CLAIMS DIRECTLY TO US

— WE ALSO —

Repair Fine Goblets, Custom Cut Mirror, Shower Doors, Skylights, Table Tops, Tub Enclosures.

OPEN 6 DAYS A WEEK

PHONE FOR ESTIMATES - 338-5308



Madrid H27-424 (Dual 1220 Changer) Mediterranean styling • Finishes: Autumn Oak or Walnut • Concealed casters.

Reg. \$729.95

Sale

\$629⁹⁵

Features: Discernment Solid State chassis with deluxe AM/FM Stereo tuner □ High-quality record changer with performance-matched cartridge □ Genuine diamond stylus □ Full-response speaker system.

ARV
AUDIO RADIO VIDEO

SERVICES

319 - 4th St., Courtenay
Phone 334-4114
Box 3430
(Across from the Civic Parking Lot)