



# TOTEM TIMES

Pay — Whispers in a Windstorm



VOL. 17 — NO. 18

CFB COMOX TOTEM TIMES

THURSDAY, SEPT. 25, 1975

## 442 Sqn Hosts

# 1975 Rescue Contest



During the period Saturday, Sept. 27, through Wednesday, Oct. 1, 1975, the Annual Air Transport Group Rescue Specialist Competition takes place at CFB Comox. Teams from 413 Sqn. Summerside, PEI; 424 Sqn. Trenton, Ont.; 440 Sqn. Edmonton, Alta.; CF Survival School, Edmonton; and two USAF teams (1550th ARRS Hill AFB, Utah and 303rd ARRS March AFB, California) will vie for the trophies.

Live parachute jumping, supply dropping, land-free fall bundles, supply dropping, land-para bundles and simulated medical exercises will be the major events. Weather permitting, scuba and sea rescue demonstrations by the 1550th ARRS and a sky genie demonstration by 442 Sqn. will be carried out on Wednesday, Oct. 1 at 1300 hours in the vicinity of Airforce Beach.

The "hardware" up for grabs includes the Para

Rescue Trophy (to the CF team accumulating the least number of penalty points during the para-jumping phase), the Armstrong Proficiency Trophy (to the CF team obtaining the least score of penalty points in all events), the Warrant Officers' Trophy (to the CF Rescue Specialist obtaining the least score in all events), the Allison Cup (to the international team winner) and the Sullivan Award (to the team demonstrating superior performance in the emergency medical treatment exercise).

The miniature trophies were all donated by the Nanaimo Realty Company of Comox.

All Canadian Forces (CF) personnel, their dependents, civil service personnel and their dependents are all cordially invited to come out to see the Rescue Specialists in action.



## Battle Of Britain Commemoration

"At the summit the stamina and valour of our fighter pilots remained unconquerable and supreme. Thus Britain was saved. Well might I say in the House of Commons, NEVER IN THE FIELD OF HUMAN CONFLICT WAS SO MUCH OWED BY SO MANY TO SO FEW."

September 1940  
Winston S. Churchill  
(Photo Barkley)

## Specialists In Action

MCpl Bill Wacey and MCpl Ted Miller are keen (Photo Jazey)

## PMQs Utilities Charges Adjusted

OTTAWA — Monthly charges for utilities in quarters for married personnel at military bases and stations in Canada and overseas will be adjusted Dec. 1. The national consumer price index for fuel and utilities will be used as a basis to determine the adjustment. Families living in government housing have been charged fixed \$21 monthly charges for utilities since 1968. This is considered

inequitable both from the various sizes of accommodation occupied by different ranks and in relation to the economic rise in the cost of fuel and utilities. The current change is preparatory to introduction of a revised policy on charges for quarters for married and single personnel expected April, 1976.

The current consumer price index for fuels and utilities is \$2.68 a month for 100 sq. ft. of living-space. Charges to

families in government housing will be adjusted in terms of this formula. While utilities for most houses will be increased, this increase will not exceed \$19.20 a month and charges for smaller units will be reduced. Utilities for houses larger than 1,500 sq. ft. will be further considered under the new policy. There are approximately 27,000 government-owned houses on bases and stations in Canada and Germany.

**FIRE**

**PREVENTION**

**WEEK**

**5 - 11 OCT**

## U of M Gives Credits

WINNIPEG (CFP) — Enrolment by Canadian Forces personnel and dependents for a special University of Manitoba program offering full academic credit for military training, or four credits obtained at other universities, has increased more than two-fold over last year's figure, a university news release shows.

More than 100 applicants enrolled in the 1974-75 program during the short interval between its introduction Sept. 1 and the beginning of the fall semester. About 250 additional applicants now are registered. The closing date for course

registration was Aug. 31, however, the university advises, application for admission to university may be done anytime.

The program, designed to widen the way for service personnel and their dependents studying toward a degree, is the result of a three-year agreement, signed by the defence department and the university.

University academic staff members, analyzing and equating Canadian forces courses, training and achievements as credits for a degree, have examined studies at National Defence College and Land Forces College, Kingston, Ont., and

Staff College and Staff School, Toronto. Approval of credit recommendations could be announced next month, the university says.

Meanwhile, credit recommendations for courses at the Canadian Forces Language School, St. Jean, Que., and the School of Management, Borden, Ont., are to be examined by a university evaluation team this month.

Credit recommendations for courses at CFB Winnipeg have been made as follows: basic air navigator course, nine hours' credit, (six hours is equivalent to one full

(Continued on page 5)

## United Appeal Campaign 1975

The United Appeal and Community Chest Campaigns for 1975 will soon be commencing in your community, if not yet already underway.

May I remind you that each year the Campaigns are held to gather the necessary funds to support the many volunteer member agencies in their benevolent work for the Communities throughout Canada.

The financial support of DND military and civilian employees is essential, sometimes even vital, in assisting these agencies in making our communities better places to live. Our response in the past has helped to assure the success of United Appeal Campaigns across the country and thereby help in a tangible way the less fortunate members of our society.

I urge all military and civilian members of the Department to contribute financially to this very worthwhile endeavour and to assist the local campaign organizers in every way possible.

J. A. Dextraze  
General  
Chief of the  
Defence Staff



## The Base On Parade

The Honourable Walter Owen, Lieutenant Governor of B.C., inspects the Guard of Honour on his arrival at CFB Comox. The ceremony marked

the beginning of 442 Squadron's Standard presentation activities on September 6.

Base Photo

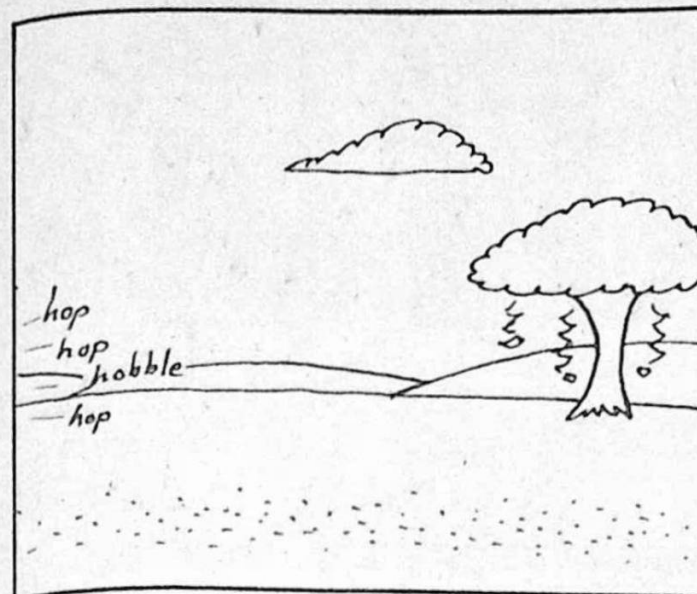
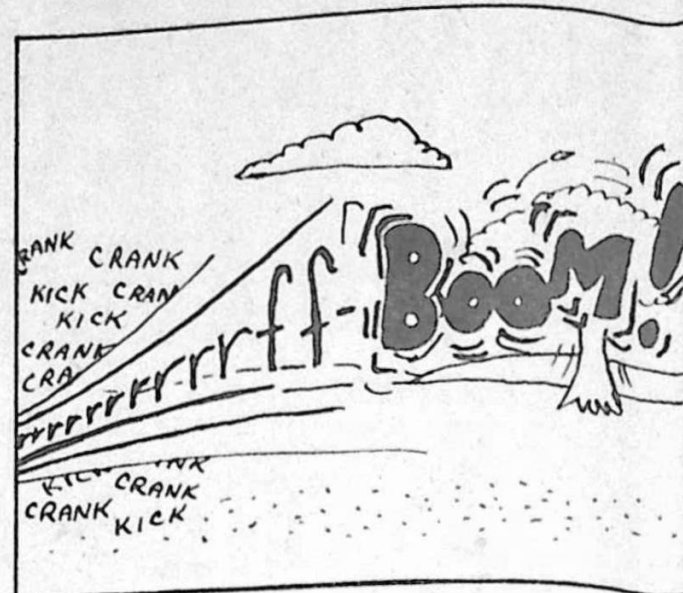
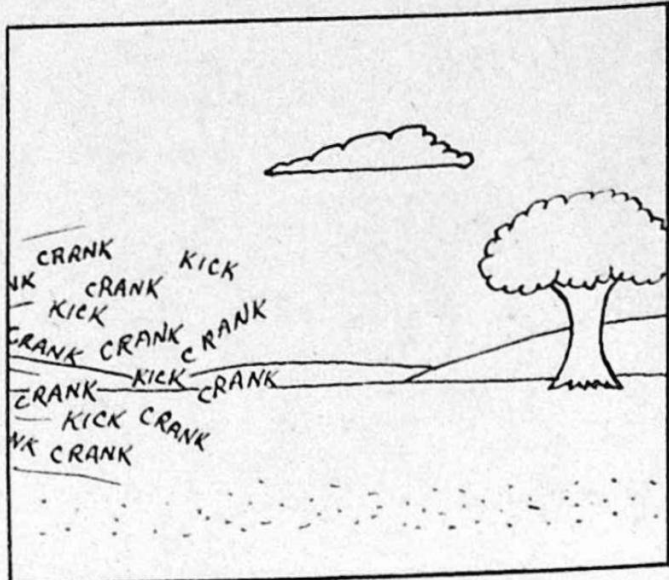


## 442 Sqn On Parade

The Royal Salute is given by Sgt McGuire, Capt Wasyluk and MCpl Miller during the ceremony. (Base photo)



## GUDGEL STEW by Rick St. Germain



## Nighthawk's Nest

Is 442 Sqn. going to let C.B. carry the whole load? Does 407 Sqn. really soak their socks in kerosene? Does the rest of the base know where the 409 Sqn. Officers' Mess is? For the answer to these questions and many more - read on.

In my last column, I, along with my 409 friends extended an invitation to all of you to come and join us at the mess at any time for an evening of comradery, good fellowship, intellectual stimulation and of course the chance to mix with some exciting people. Unfortunately, the response has been disheartening. Obviously my message did not reach you. After reflecting on this problem for at least two or three minutes, I realized what the problem was. Shyness. A very understandable situation. When you take a typical 409'er who has the intellect of Albert Einstein encased in the body of a Greek Adonis, you can't expect him and early Neolithic man to become soul brothers no matter how many drinks he buys. Fortunately the remedy is as easy as the diagnosis. Although I realize that our intrepid comrades-in-arms will always think of us as being on a slightly higher plane than themselves, I believe that I have the solution. I believe that what is required here is a subtle knowledge of the personality quirks...ah...I mean characteristics that inhabit some of the more regular 409 supporters of the 409 Sqn. Officers' Mess. So the rest of this column will have a two-fold purpose. To let the readers know what has been going on in 409 Sqn for the last three weeks and also to give you deeper insight into the 409 Sqn. members.

Well I have some exciting news for all you readers somewhere out there. "B" flight has a new scheduling officer. Chuckles Whirlwind, after sniffing the air and realizing the utter futility of it all, ran screaming into the back office last week and begged for a transfer. A slightly bemused Major Z took pity on him, unquipped his eyes a little and looked a little less tough as he gave him Vern Barkers old job. Chuckles now sits in the CAC with a very cryptic smile on his face as he watches Jacques Bouchier try to unravel some of the mysterious directives Uncle Joe leaves on the grease board for him. I can always tell when Uncle Joe is giving Jacques a hand. About every 2-3 minutes, someone sticks their head in my door and asks me if (1) Jacques' screaming is bothering me and (2) do I have any extra grease pencils?

As part of the squadron reorganization shuffle, Ron Headstrong has taken Pete Ott-not's place in the CAC. A good choice if you ask me. Not only is Ron as big as Pete but Ron should be able to overcome any opposition by sheer eyeball pressure alone. Pete Ott-Not, so named because there is nothing that Ott will not do, is now learning all over again how to lock on to chaff with finesse. Since he is not

nearly as busy as he was before (if that's possible), Ron Headstrong has been seen on many occasions holding down the flying program from the Snake Pit reliving the days of his lost youth with Dick Borofski.

Mr. Dressup has been rather low-key around the squadron for the last couple of weeks. Apparently one day when he was half in his flight suit, half in his CF uniform and half out of his office, he was surprised by our new secretary rounding the corner with a fresh cup of coffee. It's hard to say who was more surprised. Now, about 5 minutes before coffee break, the soft feminine cry "Is zere anybody dere?" can be heard echoing down past Mr. Dressup's office before a refill is obtained.

A rather amusing incident occurred last week. While Fast Eddy was strapping into a 101 last Wednesday, he abruptly realized that he couldn't reach the rudder pedals. A flash of inspiration lit his face. He immediately deduced that he needed more padding behind his back. So he popped his chute. When asked about it later he said that it seemed to be a good idea at the time.

Somewhat the same thing happened to Ed Campbell, affectionately known to his friends as Slimeball. Apparently in the middle of the last heave of a long series, Slimeball got his barf bag caught in his "D" ring. Panic immediately ensued and everything ended up in the bag. Ed commented later that he was glad he had packed the 3 quart size - the one that Powell River makes especially for him.

I'd like to welcome two new members to 409 Sqn. Yes, you guessed it. They're both balloons. Jim Reith and Kent Smerdon have been here for about three weeks now and should be just eligible for the Q. Rumor has it that they were posted to 409 to give Major Z some competition on Friday nights. Molloy claims they were sent here to squire him around the North American continent. He claims that the reason God made pilots was to drive navigators wherever they want to go. Somehow I find that reasoning hard to argue with. Nor do I want to.

Before I close this column, I would like to pay tribute to Les "The Owl" Cox. Like the owl, Les is a night creature. His feats of endurance astound us all. But although he can last into the wee hours of the morning, he fades quickly as the sun rises. Like the owl, Les is able to see 360 degrees around him. There has never been a female born who can sneak into the bar without wise Les knowing. Like the owl, Les is a migratory creature, ever willing to take the uninitiated upon his wings. And like the owl, Les is wise. Les can take any amount of money and divide \$4.00 into it in a split second - leaving change for the trip home. Rumour of the week: 10 million people in Karachi, India can't understand Paul Gill either.

## THE MIDNIGHT SKULKER STRIKES AGAIN!

Maj. E.F. Swoboda - Base Chaplain (RC) Telephone 339-2211  
Local 274  
SUNDAY MASSES:  
Saturday - 7:00 P.M. (Sunday Vigil)  
Sunday - 9:30 A.M. and 11:00 A.M.  
WEEKDAY MASSES: are said at convenient times in the Chapel and in private homes on request.  
SACRAMENT OF PENANCE: Before and after all Masses.  
BAPTISM: By appointment.  
WELCOME SOCIAL:  
A GET ACQUAINTED PARTY will be held in the TOTEM LOUNGE, THURSDAY, OCTOBER 2nd from 8 to 11 p.m. hosted by the Chapel Committee of "Our Lady Of The Sacred Heart Chapel". This will be both a welcome for new members of the Parish and a get-together of the old members. Enjoy the music and dancing. No admission charge. Free drinks and refreshments. Plan to come and welcome them.

## ARMAMENT ANTICS

Aufwiederschden to Chico Hicks who is currently in transit to the Cool Pool and to Don Larson who is literally jumping from the frying pan into the fire - would you believe a future guard at the Crowbar Hotel down Victoria way? Anyway, the best of luck to both of them in their new environments.

The west end of the section has, for the past several weeks, been flourishing with the swish of brushes and the splatter of copious quantities of yellow paint. Cheer up, lads, just a few more trailers to go.

By the time you are reading this, the party for the boys will be history, necessary apologies will have been made, and hopefully, bank ledgers balanced.

Thursday, 11 September was the occasion of a rather unusual happening when MWO Harry Alstad presented himself to the section for the purpose of signing out our female armorer - something to do with a partner for the STechO's golf tournament. From all reports, the tournament was a success but rumor has it that Harry planted some "Canada Cups" in various locations about the perimeter of the Glacier Greens layout. FORE!!

## SERVICING SNICKERS

Well, people, the inauguration of the new Air Command has resulted in the blessing of number one crew with a new "airman". Dennis "Sea Dog" Grimstead is now an official "Crabfat" and says that he loves it - it should have happened years ago, unquote.

Consequently the canteen is now on the second floor vice B deck and going ashore in the liberty boat is now time off, guys, go on home. You know what they say, Dennis, "Per Ardua Ad Astra". AMEN!!

A select crew of hardy souls recently spent three days in the boonies enduring the rigors of survival training and, judging by the appearance and smell of them upon their return, it is im-



**MEN ON THE MOVE?** Recently promoted 407 Squadron personnel share their smiles with Lt Col B. T. Montgomery. (L-R rear) MCpl B. E. Barron SS Tech, MCpl W. H. Hand IE Tech, MCpl T. L. Lohnes W Tech A, Sgt. C. W. Onyett Ref Tech, Sgt. J. O. Erickson W Tech A; (L-R front) MWO S. M. Schwindt Avs Tech, Lt Col B. T. Montgomery COVP407, CWO R. W. Bush Avs Tech.

Base Photo

possible to tell whether they passed or failed the exercise. Bob Gould won a prize for the largest fish taken with a C.I.L. lure and this prompted several remarks to the effect that, when Bob goes out, there is already a fish in the boat. We wonder...? Bill Price caught a small mess of trout, one of which had a full set of "uppers" in its mouth. Obviously that fish had been feeding inshore close to the campsite. Jim Draper was NCO i/c bait and had to make an unscheduled trip to Campbell Creek to replenish the liquid worm supply. Before I forget, Bob Gould says that's the last time he goes fishing with a non smoker. It's a good thing that Robby had the foresight to equip himself with a boat that was pointed at both ends since half of the time he didn't know whether he was coming or going. Gordie Hamilton will have to equip himself with an air mattress fitted with roller skates: apparently he likes to move around during the night. To Steve McNamee from all the guys, a vote of thanks for setting up an excellent outing.

The crew welcome mat goes out for Lt Delong, our new ASO, who has been kicked downstairs from the second floor. Ask anyone in Servicing - that's a promotion!!

Wee Willie Grant was a recent returnee, via the big

white bird, from that other coast where he did his best to ensure that our Argill lived up to its reputation as a prime contender for the oil polluter of the year award. He informs us that he is trading in his hard hat; something about it ruining his image?

## 407 Tech Ramblings

In closing, let me pose a question on a serious note. Have you fitters ever wondered why the same name appears on four or five consecutive trip rosters and at other times on every third or fourth such detail? Your scribe has certainly noted it. Could it be that no one else wishes to fly or that no others are qualified? Possibly we have a tech crewman on our staff and few are aware of it. Anyway, we were under the impression that these details were on a rotational basis and it would be very nice if that was the way it was worked. Food for thought. .... T.T.F.N.



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**FORMER EDITOR RECOGNIZED** — Colonel R. L. Mortimer presents Cpl Bob Shawcross with the Air Defence Command Merrit Award in recognition of his outstanding performance at the head of the editorial staff. Bob relinquished the helm of his beloved "fish wrapper" on Sept 1st after fourteen months in the "hot seat."



**TWO JOE WHITTINGTON** greets a young visitor to the Canadian Armed Forces Display at the PNE. WO Whittington, who lives at 200 Stewart Street, Comox, found Vancouver Fair an interesting change from his normal Air Defence Command Duties at CFB Comox.

## DCOS Maint Visits

Colonel J. A. Torck, DCOS Maint of the newly created Air Command is currently visiting CFB Comox. During his five day visit he is taking every opportunity to talk to the officers and men on this base.



**"A MILLION DOLLAR SMILE"** Warrant Officer "Nick" Dikur looks to "Tallman" for encouragement during a recent 442 Squadron practice parade. Actually, "Nick" is receiving a clasp to his CD. The grin just has to be the most photogenic that has reached this publication in 1975. (Editor)

Base Photo

## Gravel Pit

Once again tis time to speak from the A&W or Air Traffic Control. If you have not seen our newly painted building, A&W refers to the new color. Last week all the ATC warrant officers from across Canada were at Comox for the annual ATC Symposium. The weather cooperated to the extent that a few of them were hesitant to leave. Unfortunately, our establishment does not call for ten WO's and five NCO's. The week long round of talks and exchange of ideas will hopefully improve the trade to some extent, and will standardize the operation of the trade throughout Canada.

This year we are placing a team in the Intersection hockey league. The response to this undertaking has been beyond that expected, and it looks like we will ice a good size team. A meeting of ATC hockey players will be held at RATCON this Sunday at one o'clock and will everyone that will be playing please turn out. The meeting will be short, and it is just to advise everyone of seasons start and rules Etc. It is also hoped that

when the games start, we will have a good turnout of wives and kids to add moral support to the team.

The following is a BILINGUAL GLOSSARY of Flying terms, as reprinted from the Journal of Air Traffic Control from New Zealand ATC.

Aircraft — Der fliegenwagen  
Light Aircraft — Der kleinen fliegenwagen  
Jet Transport — Der gross fliegenwagen mit der schullschplitten schreemen spittenfrenbakof, ensmoken  
Propeller — Der air-fliegenfan  
Control Column — Der pushenpullen schtick  
Rudder Pedals — Der tailschwingen werks  
Pilot — Der tailschwingen pushen pullen werker  
Student Pilot — Der dumbkopf lernien fliegen  
Instructor — Der dumbkopf schtick mit der dumbkopf lernien fliegen  
Air Traffic Controller — Der schweinhund ubbenzie tower watchen aller oder dumbkopfs fliegen  
IFR — Lissenwaitenhopien fliegen



## Devils Brigade

A farewell dinner and dance was held on 28 Aug. 75 to bid a fond and much regretted farewell to our BSUP, Maj. Roy Jones on retirement.

Fifty-two Supply personnel gathered in the Totem Lounge to get acquainted with new members and to greet old friends before proceeding to the Sgt's Mess dining room for "Baron of Beef" dinner. The dinner was most delicious and enjoyed by everyone. Our thanks is extended to the Mess Hall staff for their courtesy and efficient service.

The Chairman called upon Sgt. Gillis who proposed a toast to Maj. Jones and his bonnie lassie for many years of health and happiness during retirement in the scenic hills of Kamloops. Then the party adjourned to the Totem Lounge for dancing to the band of Doug Holcombe and his group.

Pte. Wynn Jackson was introduced by MWO Graham as the youngest and newest addition to the Supply staff at CFB Comox. With this fine introduction, Wynn gave the farewell speech to Maj. Jones and Mrs. Jones on behalf of the Supply Staff. Mrs. Jones was presented with a corsage of yellow roses, home grown and prepared by Sue MacKenzie. Maj. Jones received an engraved B.C. cedar tray with the Comox crest. (Plus "the Comox rock" and "Red Devil"). Three special golf balls were thrown in to encourage the golf game.

Maj. Jones thanked Wynn and the Supply staff and imparted a few well chosen and morale boosting words regarding the efficiency and high standards of his staff during his tenure of office. Maj. Jones anticipated that the same high standard of service would be afforded to his successor, Maj. Jack Lugg. Maj. Jones briefly reiterated his high regard for the service and although he had experienced nearly 30 years of service life, he was really looking forward to enjoying life with family and friends in Kamloops.

The MC (MWO Graham) then presided over the draw for liquid refreshments. He was assisted by MCpl Cliff Medland, Pte Diane Joly and Pte Luce Hotte. Ten lucky winners were drawn but due to poor management, there were no winners from the Committee. The MC thanked the Committee for their efforts in making the party a real success and we must thank Pte Judy Brown for her job in advertising and artistic capers! The evening concluded with more dancing to the Doug Holcombe group.

A Supply golf tourney was held on 03 Sept. 75 on a fine sunny day. The "Major Jones Trophy" for the low net was won by Mr. James Albrecht and low gross by Cpl Wally Zenger. The Duffers award was awarded to none other than Clark Graham. Major Jones presented the awards and prizes to nine winners out of 13 entries. A rumour is going around that the "Silver Fox" (Gord Hodgkinson) will try for the trophy next year. (He didn't say whether it was the low net or Duffers award.) A fine lunch was enjoyed of fresh baked salmon beautifully prepared and donated by Mrs. Glenn Gillis and smoked salmon donated by Clark Graham.

At this time we would like to introduce our new BSUP, Major Jack Lugg who arrived from TCHQ Winnipeg on 02 Sept. 75. Welcome to our island in the blue Pacific, Sir! Maj. Lugg comes to Comox with 25 years experience in the Supply trade and his expertise in dealing with Supply problems will certainly be welcome.

A beautiful B.C. welcome to Lt. Jad Poirier (ICO), MCpl Bill Lowry, Cpl Peter Oke, Cpl Joe Matheson, Cpl Joe Plante and Cpl Dale Smith. Welcome to the land of liquid sunshine! An excellent showing was made by Supply personnel detailed for the Guard of Honor on the 6th of Sept. 75 for 442 Sqn Standards Presentation Parade. Congrats to all!

## Canucks Fare Well In Weapons Load

**COLORADO SPRINGS** - Three CF-101 Voodoo weapons loading teams from CFB Chatham, Bagotville and Comox ended up in the top half of the recent Aerospace Defence Command (ADCOM) Weapons Loading Competition held at Tyndall AFB, Fla.

All told, 21 weapons teams, including seven U.S. Air Force interceptor squadrons, 11 Air National Guard units and the three Canadian squadrons participated in the meet.

The competition, initiated in 1971 by then ADCOM commander Lieutenant General (Ret.) Thomas K. McGehee, was designed to test the skills of crewmen and women who load air-to-air rockets and missiles aboard aircraft assigned to North American air defence.

The announced purpose of the competition was to "foster a competitive spirit" among the participating munitions loading crews, "give recognition to outstanding load crew performance and raise the overall standards of excellence in weapons loading."

Scoring in the competition was based on the times required to execute two loadings, the condition of required loading tools and equipment, and the results of written examinations given all crew members the first day of the meet. Safety precautions and procedures were prime considerations in all events and were considered in the scoring of both loadings.

The three Canadian Forces and six Air National Guard units performed their loading techniques on the F-101 while the other teams used the F-106 Delta Dart.

Giving an added incentive to the mens' teams to do well was an all-girl weapons loading team from the 119th Fighter Interceptor Group (FIG), Fargo, N.D., called the

"Happy Hooligans." They certainly didn't embarrass themselves in the competition marking up 2,244 points for an eleventh-place finish.

When the dust had settled, a team representing 120th FIG, Great Falls, Mont., earned the title of the "best load crew on century series aircraft," by amassing 2,455 points, 45 shy

of the maximum, 2,500 possible, and a first-place finish.

The team from CFB Chatham racked up 2,321 points for a sixth place finish, while CFB Bagotville came in with 2,303, good for seventh place, and CFB Comox 2,284 points for a ninth place position.



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## PUBLIC NOTICE

## COMMISSION OF INQUIRY ON REDISTRIBUTION OF ELECTORAL DISTRICTS

(Public Inquiries Act, R.S.B.C. 1960, Chapter 315)

The Commission appointed to make recommendations for re-defining electoral districts will hold hearings as specified hereunder.

Individuals or organizations intending to submit briefs at public hearings should communicate with the office of the Secretary of the Commission beforehand.

## COMOX ELECTORAL DISTRICT

Courtenay Court House

Thursday, Oct. 2 - 8 p.m.

Briefs and submissions for other electoral districts can be presented at this time. Please advise the office of the Secretary.

The Commissioners will receive written briefs and verbal submissions from individuals and organizations. The Commission will specifically give consideration to three terms of reference:

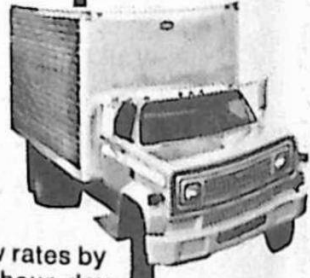
1. To take into account, where feasible and necessary, historical and regional claims for representation.
2. To make recommendations on the basis that the Legislative Assembly comprise not fewer than 55 nor more than 62 members.
3. To give consideration to the provision of multiple member ridings of two members each in areas of dense population.

All representations to the Commission must be made either at a hearing, or by a written brief, or by letter, addressed to the Secretary. Final date for making written submissions will be October 16, 1975.

K. L. Morton  
Secretary  
Provincial Redistribution Commission  
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# EDITORIAL

## From The Fur-Lined Foxhole

Thirty-five years ago this summer the Royal Canadian Air Force received its baptism of fire. After an heroic struggle, the RAF, RCAF and other Commonwealth Air Forces shared an immortal victory. Their stand has been compared to that of Leonidas and his Spartans at the Pass of Thermopylae. Their glory has been immortalized by Churchill.

Their victory bought us precious time; time enough for the Commonwealth nations to survive the Nazi onslaught. Looking back over those thirty-five years, I often wonder if we have not forgotten the lesson of that heroic struggle. As a nation, are we not again in the same perilous position with regard to another potential aggressor; virtually unarmed? Must we repeat our errors?

The public has heard little on this Anniversary of the Battle of Britain. Except for an odd editorial, there will be little to remind the public of the day.

True, here on the Base we had a parade, and the officers held a Mess Dinner. WRO's contained a couple of messages from Ottawa. Give this occasion more than a passing thought. Look back in awe at our part in the Battle of Britain. Look back with pride on the achievements of all who fought with the RCAF during World War II. Their sacrifices and achievements are the source of our collective pride.

Looking forward, however, is another matter. Those who fought in the Battle of Britain were fortunate that a few farsighted men had provided them with a splendid aircraft. The occasion demanded both men and machines of the highest possible calibre. Fortunately both were available. I know that our strength is in our men. That as an Air Force we could fly forth as ordered; but could we even hope of success with our equipment? Could we repeat their valour?

## Guest Editorial

### "Let's Face Facts"

Canada is in trouble. The basic problem is that too few Canadians realize it. In fact, too many of us are part of and contributing to the problem.

Too many of us have false expectations. Our demands for goods, services and incomes is rising at a far faster rate than our ability — and, yes, our willingness — to increase productivity. We have failed to realize that the country cannot distribute wealth or enjoy it before it has been earned.

We have to realize that we are faced with a basic decision about the trade-off between growth and re-distribution. Our country, by world standards, is still relatively under-developed in an economic and industrial sense. We have to decide whether we want to divide a small pie right now, or create a larger pie which can be better divided to the advantage of all.

When it comes to helping the disadvantaged, the record shows that economic growth has been far more important than simple income redistribution. If we don't change our attitudes, not only will the disadvantaged have less and less opportunity to improve their lot, all of us will have less — much less.

Economic growth and world markets are still the key to a successful

Canada. But we appear to be forgetting it. We seem to have forgotten that this country relies on the export proportions of its gross national product to a much greater extent than do most other nations. In our case it's 25 percent. That means we have to be competitive. Our prices have to be right and our productivity equal to or better than that of many others.

What is happening? Demands for high wage settlements and increased public services have never been greater than they are today. Yet it is estimated that Canadian productivity this year will drop by over 3 percent, while productivity in the United States will increase by 2½ percent. Obviously our competitive position is being eroded. Estimates of price comparisons between the United States and Canada are also a little dismal and the value of our currency vis-a-vis the United States dollar, is not very encouraging.

If we don't wish to have a steadily diminishing real standard of living, we must come to our senses and start to build thriving, efficient industry, based on realistic costs, selling prices and continually improving productivity.

These are the facts which we should understand and face up to.

(Vancouver Board of Trade)

## Firing Away

### Fire Prevention Week Coming

A parade, free movies, static displays, demonstrations, contests for children and adults, all are a part of the upcoming Fire Prevention Week, 5-11 Oct. Read on to decide which activities, if any, turn you on.

Get the kids to decorate their bikes and enter the parade through PMQs Sunday, 5 Oct. Judging for the 3 best entries will be held at the CANEX parking lot at 1230 hrs. by members of the PMQ council. The parade leads off at one o'clock.

A free movie dealing with safety in the home will be shown in the fire hall daily at two-thirty, during our open house display of vehicles and equipment. The movie is

suitable for all age groups and rated "General," no sex or violence, so bring the young ones along.

Each evening at six-thirty, there will be a demonstration of various fire fighting exercises from first aid to pumping water from a well with the fire truck, again suitable for everyone. Open House daily from two to four, and six to eight o'clock.

At the school, contests of poster coloring, drawing and a fire prevention essay will be conducted by the principal and staff.

A prize of \$25.00 will be given to the person who comes up with the best fire prevention idea before 11 Oct.

If you have something you think is worthwhile jot it down on a piece of paper and forward it to the Base Fire Chief. The contest is open to all DND employees and dependants (except fire fighters) and can be about any fire safety subject. The winner will be announced on Friday 17 Oct 75, after judging by the Fire Chief and staff.

Sunday 11 Oct. at one-thirty there is an aircraft fire and rescue demonstration at the fire fighter training area. This will be the grand finale of the week's activities. Children of all ages should enjoy the excitement.

Our motto this year is "Learn NOT to Burn." Come on out and learn!

## CFSC '75 Essay Contest Announced

OTTAWA (CFP) — Topic of the 1975 Essay Competition sponsored by the Canadian Forces Staff College Association is "The Canadian Armed Forces - 1976 to 1981." The contest, open to all Canadian Forces Regular and Reserve junior officers, offers cash awards of \$150 and \$100 for the best and second best essays.

The theme is "In view of the developments over the last 10 years both nationally and internationally which have led to the current roles, missions, tasks, organization, force structure and state of operational readiness of the Canadian Armed Forces, what can reasonably and pragmatically be done within the context of the current and forecast Canadian domestic and foreign scenes to improve the professional military competence of the Canadian Forces."

The contest was started by the staff college association in 1974 with the aim of enhancing the professionalism of the members of the Canadian

Armed Forces. Writing on "The Role of the Canadian Military in the 1980s," the winners of the 1974 contest were Captain R. C. Smith currently with 3 Mechanized Commando and Major J. L. S. Viel currently with Mobile Command Headquarters. The winning papers have been submitted for publication in

the Canadian Defence Quarterly.

Essays are to be neither less than 2,000 nor more than 3,500 words in length. Entries are to be submitted in single typewritten copy by Nov. 10, 1975 to CF Staff College Association, P.O. Box 76, Station A, Ottawa, Ontario K1N 8V1.

## July Forest Fires Set Records

OTTAWA — This year's exceptionally dry summer is reflected in Canada's forest fire statistics for July, reported by the Canadian Forestry Service.

During the month, a total of 4,341 fires destroyed 1,514,000 acres of forest, an all-time record high for July or any other month. During the same period last year, the total was 2,091 fires affecting 1,442,000 acres.

For the previous decade, the July averages were 1,791 fires and 648,000 acres.

So far this season, 7,989 fires have burned 1,740,000 acres of forest, compared with 5,571 fires and 1,855,000 acres for the corresponding four months of 1974.

These statistics are included in the monthly report compiled by the Forest Fire Research Institute of the Department of the Environment.



## Peaceful Pond

A Scenic Photograph By Jack Begin

(Verichrome Pan F11 at 125)

## EDITOR'S MAILBAG

### "Fishwrapper" Pleases

Dear Sir:

442 Squadron would like to thank the Editor and staff for the fine coverage given our recent Standard Presentation.

The special edition with our story on the front was a big part of the days activities, and gave our many guests a treasured souvenir of the ceremony.

We of 442 Squadron are proud to have such a fine newspaper on our base.

Yours truly  
V.A. Lee, Captain  
442 Transport and  
Rescue Squadron

### Bob Receives Kudo

Dear Sir:

I would just like to support your comments in your last issue concerning Bob Shawcross, your former Editor. Your Totem Times is widely read here at Happy Holberg and it is people like Bob who make it such a great newspaper. We wish Bob well and congratulate him on a job well done.

Yours truly  
J.W. Tarrant  
Editor  
The Seagull Courier  
CFS Holberg

### Germ Check?

Dear Editor:

For your information a survey has just been concluded on beaches in the Campbell River and Courtenay-Comox areas. Samples were taken every week during July and August at the following places and sent to the Provincial Laboratory for testing for faecal coliform: Beach, Royston; The Spit; Point Holmes; Kye Bay; Miracle Beach; Saratoga Beach; Oyster Bay; Stories Beach; Rotary Pool - Campbell River; MacIvor Lake; Tyee Spit; Forbes Landing and Loveland Lake.

All samples were well within acceptable limits for recreation, although the beaches at Royston, Union Bay and Tyee Spit showed, on two occasions, sudden increase in bacteriological counts.

Director  
Upper Island  
Health Unit

### "Sword" Thrust

Dear Sir:

Mr. Bill Bennett's letter written to newspapers throughout the Province in August, leaves me wondering about the state of the Opposition Leaders' mind. For one who claims he will

"provide sound and stable management of our Provinces resources" he shows a very naive understanding of the purpose of government and the history of British Columbia.

He attacks deficits of the B.C.R., B.C. Hydro Transit, B.C. Ferries, and I.C.B.C.; the first three of which were created by the former government and have never been self-supporting. Certainly some of the increased spending by the new government is due to the neglect by the former Social Credit government, in the running of the Crown Corporations. A case in point is the B.C.R. Fort Nelson extension. If Mr. Bennett feels that any business, large or small, can start without a deficit in its first years, it is a good thing that his father started the chain of hardware stores. The voters should make sure that his hands get nowhere near the control of I.C.B.C.

I have always felt that the purpose of government was to provide people with services. To do this I would assume that more civil servants are necessary, more space is required, and more money needed. Yet Mr. Bennett says we can have "the finest levels of service" and infers he can do it without spending money on office space and without more civil servants. Your cake and eat it too?

Even more ridiculous and hypocritical is Mr. Bennett's cry that health and penal institutions are overworked because the government will not provide funds for additional staff. While I have every sympathy for these sentiments, was it not the same Mr. Bennett who is on record as being against increased government spending and adding to the Civil Service?

Mr. Bennett's attack on the \$750 million overrun is only a politically-motivated shot in the dark. There is nothing new about budgetary overruns, and so long as the money was used for legitimate purposes, there should be no great amount of clamour. If this proves to be the N.D.P.'s greatest failure in their first term of office, it falls far short of having a Cabinet Minister sent to jail.

I used to have a friend who talked in circles like Mr. Bennett. He would say things like, "Nice day out if it doesn't rain"; or, "It's so nice out, I'll leave it out." His name was Bill too. We all called him "Crazy Bill."

Yours truly,  
R.A. Sward.

NEXT  
TOTEM  
TIMES  
DEADLINE  
6 OCT

## A Message

### From The Base Commander

Why Should I Give?

WHY SHOULD I GIVE? ("I am not giving a dime to support those pot-smoking hippies in the hills" or "I am paying through the nose in taxes, for social assistance among other things, so why should I pay again?")

It is that time of year again when all across Canada campaigns are starting to canvass citizens for funds under such names as United Appeal, Red Feather, United Way, or variations of these. In the Comox Valley the campaign is known as United Good Neighbor Fund Campaign (UGN). This is a particularly appropriate name because it most closely describes both the methods and concepts behind the activity. The UGN is essentially a group of charitable and neighborhood associations which have banded together and organized a single campaign, rather than each organization running their own, so that contributors

could give once a year for all.

It is important to describe the function and reason behind this activity because although most of us have been exposed to it in past years, I wonder how many of us really know the why of it and how the funds collected are disbursed. Typical replies that canvassers receive may be the two in the heading above. However valid these statements may be to some of us in terms of the society in which we live, when applied to the work of the UGN they display a lack of understanding of what the organization is about. Living as we do in an increasingly socially oriented society where more and more things are provided by massive governmental agencies, it is easy to assume that our contribution is part of our yearly tax. That is not the case. The UGN may have its equivalents across the land but it is not a gigantic national organization where people and money get lost in the masses. Essentially it is an all-volunteer local effort whose basic concept concerns itself with the well being of the community and its people.

Two key words: community and people. A quick look at the groups which receive portions of the money collected will show that they deal entirely with organization which we, even as members of the military community or our dependents, may have occasion to use or go to for assistance. I will mention only some: The Canadian National Institute For The Blind, Canadian Red Cross Society, Celestial Palsy Association, St. Johns Ambulance, The Salvation Army, B.C. Heart Foundation, Comox Valley Homemaker Service, Childrens Hospital and so on. These are not welfare organizations with large and well paid staffs supported by the state and disbursing funds indiscriminately. These are

organizations that are staffed by unpaid volunteers meeting a need to help other citizens. The sort of people that need the sort of help provided by these societies are all of us: Well off or poor, civilian or military, young or old. We have seen evidence of organizations around our lives and some of us may have had occasion to go to them for assistance. They are not supported by funds from the state - do you realize that they are largely funded by contributions from the public and the local business community? The military community in Comox is a substantial one, if not the predominant among any one group. We are citizens, this is our community, many of us live in town and are thoroughly integrated in its life: Our children are born and raised here, go to school here, get sick here, may have difficulties here. Some of us may be planning to or have retired here. Individually we may be here only for three or four years, nevertheless we form part of the community and should support its activities, as well as using its facilities.

The UGN was formed earlier and a few others to provide a single campaign once a year to bring the message across and have a single contribution to cover all. In past years CFB Comox has actively participated and met its goal. This year again the base is participating in this most worthwhile effort, and our 1975 goal is \$7000.00. Remember: When you help the UGN you give to the community; as a member of that community you may be helping yourself someday. For the Base Campaign, I urge you all to be as generous as your means and circumstances allow and contribute to making the 1975 UGN a success.

Try It! You'll like the feeling after!



WE  
NEED YOU

## TOTEM TIMES

Published every second Thursday, with the kind permission of Col. R. L. Mortimer, Commanding Officer, CFB Comox.  
Editor: Al Wilson (302)  
Assistant Editor: Jim Brown (491)  
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# The Home Front

By MAUREEN ARTHUR  
(Paid Advertisement)



**PART II**  
Do not become a "Panic Buyer." This describes those who are afraid they will not find what they want in a home or make a mistake when they do buy a property. Your interest is highest when you do find that special home and your offer to purchase goes for the seller's acceptance and your interest will wane until you move into that special home. Remember the bride and groom did have thoughts between engagement and wedding day.

I would like to guide you through a tour of viewing property and what you the purchaser and your sales person should be questioning and watching for on each home, keeping in mind Part I of the Home Front on the process of house-hunting.

**LOCATION**  
Location is considered to be the most important factor in selecting a home next to your basic family needs. In real estate, location is what it is all about and in every city, town and village there is a prime area. This is fine if you can afford the price range of the prime area but in the Comox and Courtenay area we have many fine homes available in different locations, at different price ranges for your pocket-book.

**ACCESSIBILITY**  
To your work, schools, shopping, recreation facilities and other points that you and your family will travel to often is also important. With gas prices soaring I feel this will become more predominate unless we all ride bikes. In the Comox and Courtenay area, we have two ice arenas and three swimming pools with one of them being enclosed with a sauna and jet whirl pool bath. Parks are located in each town with excellent recreation facilities for baseball, soccer and tennis also trap and skeet.

**SCHOOLS**  
For many the location of schools is of utmost importance, especially to the families with youngsters just starting primary grades. As mothers we all worry about our little ones going off into that big wide wonderful world but also about big trucks, cars and heavy traffic which can cause our hearts to be heavy each school day. Our high school with Grade 10-11-12 is located in Courtenay with a bus service provided from the Comox Air Base and surrounding area.

**STANDARD SERVICES**  
Standard Services, such as sanitary and storm services, water supply and street lighting can put a drain on your salary if you are not aware of these factors. Your seller or real estate salesperson will and should have the answer to these costs. Ask questions, it is to

your benefit plus your dollars invested.

**THE NEIGHBOURHOOD**  
Have a good look at the surrounding homes, landscaping and structures, at the approach to the area. Query the age level of the children of your immediate neighbors, as this could affect your future happiness in that area.

**RESALE VALUE**  
Consider this foremost. You live in it, you pay for it, does it have good resale value? With service personnel on the move constantly, be careful and don't let your wife fall in love with a house over-improved for that area, or one that the market has no demand for, as it will take time to sell and do we on our next move have the time and money to wait for that purchaser to come along for our dream home?

Now that you have secured your thoughts, wants and needs to these six primary steps, after knowing your basic needs, let's go onto questions that you should ask as you view each property.

Is it the average price? If higher - Why? (Hidden Value)

If lower - why? (paint, depreciation)

Why is the owner selling?

If money tight, no price reduction

If desperate to sell, maybe a good buy for you.

As a prospective purchaser

you by now may feel totally bewildered, but ask any seller of a home, which is the greater anxiety, buying or selling?

The answer is, for every key hole there is a key, and for every home there is a buyer and we in the real estate industry know this and are aware of it.

We at Nanaimo Realty are professional real estate people. We know how to show and sell value, we screen our prospective buyers and we know your needs and will not waste your time. If you are reading the Home-Front series, I am hopeful that you are gaining some knowledge which will enable you to become a qualified buyer, keep in mind that you must be honest with your agent to enable him or her to assist you as you go through each property. I feel from each prospective purchaser, or from any home that I show, that I have learned something and that you will be happy in the house chosen for you and your family in the Comox Valley.

My footnote today: "The first step in selling your home is fixing it up. Of course, you may like the improvements so much you'll decide to stay".

Au votre service, at your service,  
**NANAIMO REALTY (COURTENAY) LTD.**  
Comox Office 339-2228  
Courtenay Office 334-3124.



ON THE RIGHT TRACK — John Litt, the first scout to Register with the 1st Lazo Scouts.

## Akela says

Fall has fell  
Scouters have registered;  
Help is needed or  
Scouts Farewell!!

Yes, we are caught up again in a New Scout Season. On 18 Aug. 1975, the 1st Lazo Group committee met and kicked off the 75-76 Scout Canada Year. (Ida, it may be a bad year. NO Coffee. You may have had files in yours, but at least you always had it).

The Group made plans for the kick-off of this years scouts and on 3 Sept. 75 the hustle and bustle of bodies and noises was evidence that plans were being set in motion. All Scouts (Beavers-Cubs-Ventures-

Rovers) were being registered.

The turn out was great and it looks like this by the numbers: Gray Pack 19 Cubs and meets on WED. nite; Red Pack 16 Cubs and meets THURS. nite; Blue Pack 24 Cubs and meets on TUES. nite; Scouts 23 strong meets on MON. nite; and Beavers 37 Kits meets on MONDAY and THURSDAY in the P.M.Q. School gym.

Anyone still desiring to register their son pick the night and meet the Akela at 6:30 in the Cub Hall with \$6.00.

Other events scheduled for the near future is the Campfire on A.F. Beach, 6 Oct. 75 at 7 p.m.; L.A. BAZAAR 15 Nov. 75 at P.M.Q. School gym; and this SAT. MORN. 27 Sept. 75, 10 a.m., the First Bottle Drive in the Lazo Area.

As the prose indicated at the front of this article, the 1st Lazo Group (all units) are short of leaders this year due to postings and BOYS advancement in the scouting program. If in the next 30 days help is not received, most of the young men will have the disappointment of no scouting program in the LAZO area.

Parents, the choice of your Sons Scouting Future is in your hands. Call 339-4954 for more information, and **VOLUNTEER NOW!!!**

(Continued from page 1)

course); staff air navigator course, three hours; and aerospace systems course, 15 hours.

Three-hours' credit also has been recommended for graduates of pay levels four and six courses at the Canadian Forces Meteorology School, Westwin, Man.

The university stipulates 15 full courses - 90 credit hours - for a Bachelor of Arts or Bachelor of Science (general) degree.

In the past, because Canadian universities were reluctant to accept transfers of credits from other universities, many service people had accumulated more than enough credits normally required for a degree, without being granted one.

Within this program, however, a serviceman can, once he establishes a satisfactory record of studies at U of Man., complete his degree requirements elsewhere, if he is transferred, with the University of Manitoba granting the degree.

Four service personnel - three as part-time students, and one fulltime - who took advantage of the joint DND - U of Man. program last year, received their degrees in May, 1975.

Capt. John D. Smith of CFB North Bay received an arts degree and WO Douglas Jones and St. Hans Conrad of CFB Winnipeg both received Bachelor of Music degrees. The first fulltime student, Lt. Yves Dumas, graduated last

February, with a Bachelor of Commerce degree.

There also are several dependents working towards baccalaureate degrees under the program.

On an individual-student basis, six-hours' credit in physics was granted to a graduate of the former RCAF electronic communications technician course.

Credit also has been granted, on an individual basis, to students who have successfully completed the Canadian Forces Staff School's graduate assistance program in military studies I, social psychology and Canadian geography.

Graduates of Canadian forces computer training courses also are being considered for credits by the university's computer science department, on an individual basis, according to their experience and performance.

The University of Manitoba, the first in Canada to offer academic credits for training and experience to Canadian service personnel, also offers

full academic counselling to serving members, their wives and dependents, who are attempting to upgrade their qualifications on their own time and at their own expense. This includes letters of permission to applicants, allowing them to take courses for academic credit at other universities, in the knowledge that those credits will be accepted toward a degree at U of Man.

The university also will rebate tuition fees to students if interruption or discontinuation of studies occur because of sudden postings or for other duty-related reasons.

A program brochure and application forms are available from headquarters administrative units, base-unit training officers, or The Program Co-ordinator U of Man-DND Academic Upgrading Office of the Registrar The University of Manitoba Winnipeg, Man.

R3T 2N2  
(204) 474-9423.

## Freedom Fighters Compete

CFB COLD LAKE, Alta. - Top gun honors in this year's Open Challenge IV competition between the Forces' two CF-5 operational jet fighter squadrons have gone to 434 Tactical Fighter Squadron, based here.

CFB Bagotville's 433 Escadrille Tactique de Combat placed second overall and walked off with the photo interpretation trophy, one of seven awarded in the competition.

The purpose of Open Challenge is to evaluate the accuracy, reaction and judgement of the regular Forces' fighter pilots and ground crews.

For four days each squadron's 45 team members pitted their skills against each other and the clock.

Pilots flew six missions on weapons delivery, using bombs and cannons, plus photo reconnaissance and interdiction of long range targets at Camp Wainwright.

Ground crews vied for maintenance, weapons loading and photo interpretation awards. Half the allotted points were given for ground activities.

Chief Judge, Lieutenant-Colonel David Huddleston and an expert umpire and control staff from Air Command's HQ 10 Tactical Air Group in St. Hubert, Que. set up and ran the entire competition.

Meet operations office, Major Dave Bergie attributed much of Open Challenge IV's success to the time and effort given by units and formations in Cold Lake, Edmonton, Calgary and Wainwright.

"One of the greatest values of the competition is that we

get to re-examine our methods, and why we do things a certain way", said Lieut-Col Carl Bertrand, commanding officer of 433 Squadron.

According to 434 Squadron's CO, Lieut-Col Scott Clements, the competition provides a challenge and creates a special kind of pressure on the participants - the pressure of knowing that each man is being watched and judged by his peers.

Exercise director Brigadier-General R.L. Lacroix, 10 TAG commander, on hand throughout the meet, was pleased by its success. This is the fourth year Open Challenge has been held.

Presenters of the seven awards included Brigadier-General G.C.E. Theriault, Air Command operations chief, BGen LACROIX and Colonel S.P. Gulyas, Cold Lake Base Commander.

Winners of the awards are: **GENERAL F.R. SHARPE TROPHY** - for the top squadron in the meet - awarded to 434 Squadron.

**CAPTAIN PETER FELIX TROPHY** - for the pilot with the highest reconnaissance mission score - presented to Captain Lynn K. Robertson, 434 Squadron.

**CANADIAN TROPHY** - for the pilot with the highest interdiction mission score - given to Lieut-Col Scott Clements, CO 434 Squadron.

**CAPTAIN DENIS LAMBERT TROPHY** - for the pilot with the highest weapons delivery (range) score - also awarded to Capt. Robertson.

**MAINTENANCE AND ARMAMENT TROPHIES** - for efficiency in maintaining

the aircraft and in weapons loading - both presented to 434 Squadron.

**PHOTO INTERPRETATION TROPHY** - for skill in handling, processing and accurately interpreting photos taken on the photo reconnaissance missions - awarded to 433 Squadron.

### CANADA PENSION PLAN Questions & Answers

Q. I'm going to live in Australia when I retire. Can I still get the Canada Pension Plan to which I have contributed fully?

A. Yes. Upon application all contributors are entitled to retirement benefits as a matter of right, wherever they live.

Q. I have contributed at the maximum since the Canada Pension Plan started on January 1, 1966. Now that the ten-year transitional period is ending, do I have to contribute further to get a full pension at age 65? I am now 58.

A. The transitional period applies only to those who were eligible to receive a retirement pension previous to 1976. In your case your contributory period continues to age 65.

In calculating your pension, however, a drop-out provision of 15 per cent is allowed. Therefore, if you continued to make maximum contributions to approximately 62½ years of age and then retired, you would still be entitled to a maximum retirement pension at age 65.

For more detailed information about your Canada Pension Plan, please contact your district office at 810 Fort Street, Victoria

Trinitron color TV with a 17-inch screen measured diagonally—features a new, slim picture tube in a unique, upright hardwood cabinet

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- Rotatable VHF telescopic antenna
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**KV-1722**  
**SONY**  
**TRINITRON**  
**COLOR TV**



Regular \$729.95 SALE \$660.00

### SERVICES

319 - 4th St., Courtenay  
Phone 334-4114  
Box 3430  
(Across from the Civic Parking Lot)

**ARV**  
AUDIO RADIO VIDEO

## CLASSIFIEDS

**FOR SALE:**  
FRESH FARM  
VEGETABLES  
Corn, Broccoli and Slicing Cucumbers, Tomatoes etc. At the Anderson Road Vegetable Farm Phone 339-4726.

**FOR SALE:** One 9 x 12' dark green rug - good quality \$50.00. Westinghouse Freezer (white) like new, 12 cu. ft., \$200.00. Roll away cot - separates (good condition) - \$100.00. Phone 338-5792 day or 334-2577 after 5.

**FOR SALE:** Westphalia Camper, low mileage. \$3695. Phone 338-6289.

**ANNOUNCEMENT:**  
GLACIER GREENS  
PUBLIC SKATING  
12 & under .....25c  
Students .....35c  
Adults .....50c  
Skate Sharpening .....60c

### BUSINESS OPPORTUNITIES

#### REVOLUTIONARY SCHOOL BEVERAGE SYSTEM

The world's most unique hot and cold beverage system for elementary schools is now available to a limited number of dealers. This patent pending system took 3 years to develop and is now available for world markets. Milk drinks without refrigeration and spill-proof cups are only part of this fabulous concept. All school locations concept. No ex-acquired by company. No experience necessary in this field. Part time opportunities available as well as full time. Must be conscientious, have vehicle and a minimum of \$3,600 to invest. For personal interview, write or phone Reddy-Cup Beverages Ltd., 50 Reddy-Cup Blvd., Port Moody, or Electronic Ave., Port Moody, phone (604) 939-6401 or 941-6449, ask for Mr. Walker.



### TIRED OF LOOKING?

Drive by 798 Stewart Avenue in Courtenay and admire the 4 B/R house with its 1100 sq. ft., F/P, large kitchen and dining area, completed rec. room, 1½ baths, large utility and storage area down. Outside, there's a double C/P with storage area, tarvia driveway, fenced lot (80 x 130). All this, a view of the mountains, and realistically priced at \$42,500.

JERRY BURTT RES. 334-4323 OFFICE 334-3124



This home at Point Holmes features a superb view of the water with easy beach access in front. 1350 square feet, 3 bedrooms and wall to wall carpeting. All this for only \$49,500.

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# Competition Results

## National Softball

### FINAL STANDINGS

Summerside	Won 5	Lost 0	Pts 10
Europe	Won 3	Lost 2	Pts 6
Comox	Won 2	Lost 3	Pts 4
Yorkton	Won 2	Lost 3	Pts 4
Trenton	Won 2	Lost 3	Pts 4
Montreal	Won 1	Lost 4	Pts 2

CFB Summerside of Atlantic Region are the 1975 CF National Softball Champions.

### PACIFIC REGION GOLF CHAMPIONSHIP

CFB Comox by four strokes. The CFB Comox "A" Team of Capt. Creamer, MCpl Abrie, Cpl Matheson, and MCpl Burns won the Pac-Reg Team Trophy Championship at the Nanaimo Golf Course 16-18 Sept. 75.

Individual low gross winner was MCpl Buchanan from CFS Kamloops.

Final standings are as follows:

CFB Comox "A" Team	672
CFB Esquimalt	677
McChord	704
CFS Kamloops	724
CFB Chilliwack "A" Team	729
CFB "B" Team	731
CFB Chilliwack "B" Team	746
CFS Beaverlodge	789
CFS Baldy Hughes	823
Ships - withdrew	

## Intersection Fastball

Well another Fastball season has come to an end at CFB Comox. This year we witnessed what was probably the longest season on record, going way back to the first day of play on 12 May and finally concluding on 16 Sept. over four months.

Of the six teams playing this year, the top four made the playoffs: Firehall (last year's champions), Military Police, 409, and the USAF team. Incidentally, where 409 played in the final rounds may just as easily have been the 407 squad as these two teams were tied for the fourth and final play-off position.

However, a playoff game to decide who would make the semi-finals saw 409 emerge victorious. In the semi-finals, the Firehall crew made it an easy three-game sweep over the Military Police and advanced to the finals. The other semi-final series saw the 409 and USAF battle go right down to the final game, but when the smoke cleared, it was our American visitors going against the Firehall in the finals.

The Americans got off to a fast start taking the first two games by convincing scores. Not willing to lay down and be

counted out, the Firehall came back and soundly thrashed their opponents in the third game. But the following night was to be the last night of play until next year for the Firehall Crew. Consistent hitting proved to be the key as the "Yanks" wrapped up the Inter-section Fastball Championship three games to one. Congratulations to the American team from all inter-section players.

## 'Hot Line' Calendar Photos

"Air Command looking for photographs of current CF Aircraft or personnel in flying related activities for use in 1976 HOT-LINE calendar. Winning entrants will be acknowledged in the calendar and will receive a token prize. Please submit photographs to BFSO or UFO 409 Sqn."



CHECK THAT TIME! "Tallman" leads the pack around the club house turn in the semi annual physical fitness test. Both male and female members are required to undergo this program at CFB Comox. Base photo

## Sports Notes

### BADMINTON

The Base Badminton Club will resume on the 24 Sept. 75 at 1900 hrs. Subsequent meetings will be every Wed. and Sun at 1930 hrs. Young adults may attend.

### NOON HOUR BOWLING

Personnel are reminded that the Base Bowling Alley is open for bowling every noon hour. This hour of bowling is restricted to Service personnel and personnel employed by DND. Cost is 15c per line.

### LADIES' FITNESS

Ladies interested in Keep Fit Classes are invited to attend beginning 29 Sept. Classes will be held in the Rec Centre every Mon. and Thurs. 1000-1100 hrs - games, jogging, walking and exercises to improve the female form. Please - no small children.

### FITNESS TESTING

Fitness testing is in full swing at CFB Comox. All sec-Sqn-branches are reminded that results of testing are to be in to the BPERO by 9 Oct. 75.

### VOLLEYBALL

A meeting will be held for the purpose of organizing the Inter-section Volleyball League on 30 Sept. 75, 1030 hrs., at the Rec Centre. All interested personnel are urged to attend.

Noon hour volleyball will commence Mon., 29 Sept. Subsequent sessions will be conducted on Mon. and Thurs. Come out and enjoy yourself.

### SOCCER

The Base Team will be travelling to CFB Esquimalt on 27 Sept. to participate in the Pac-Reg Championship. "Good luck guys".

### SKIING

Information on ski lessons at Forbidden Plateau is available at the Rec Centre. Lift rates, bus service, ticket rates, and other information is also available in the brochures.

### FLAG FOOTBALL

The first game of the season was played on Tuesday, 16

September, between 442 Sqn and MP-USAF. The winner was 442 Sqn, but the score was not indicative of the play on the field. Other than a couple of mistakes by the defensive team and a little more polish on the offensive squad the game could have been a real thriller.

The big scorer for 442 Sqn was Rollie Creamer with two touch-down receptions and Ron Burnell caught one pass for the other touch-down.

Final score 442 Sqn 21 - MP-USAF 0.

On Thursday, 18 September, 407 Sqn defeated the Firehall-Tower team by a score of 6-0. Gary Anderson was the lone scorer in this excellent defensive game. The Firehall-Tower crew must be praised for their hard work as they only had nine men so they never had a break in the game. Good work guys but let's get a few more bodies out for the next game.

## CFB Totems To Play Again

Yes, we will have a Base hockey team this Winter. The team will play in the North Island inter-city Hockey League which is made up of teams from Parksville, Courtenay, and CFB Comox. The Totems will play a 12-game home schedule.

The team will be coached by Ernie Stocel and managed by Frank Dupreyon. The team President is Gary Anderson and trainer is Howard English. The coach says that these are the only people who have made the team. Light work outs have begun at the Rec Centre each day at 1845 hours for all interested personnel.

Season tickets will go on sale on 6 Oct. The cost of a season's ticket will be \$15.00 and will cover the admission to all home games that the Totems will play.

Home opener will be against the Courtenay Elks on 8 Nov at Glacier Gardens.

SUPPORT YOUR TOTEMS. GET YOUR SEASON TICKET NOW.

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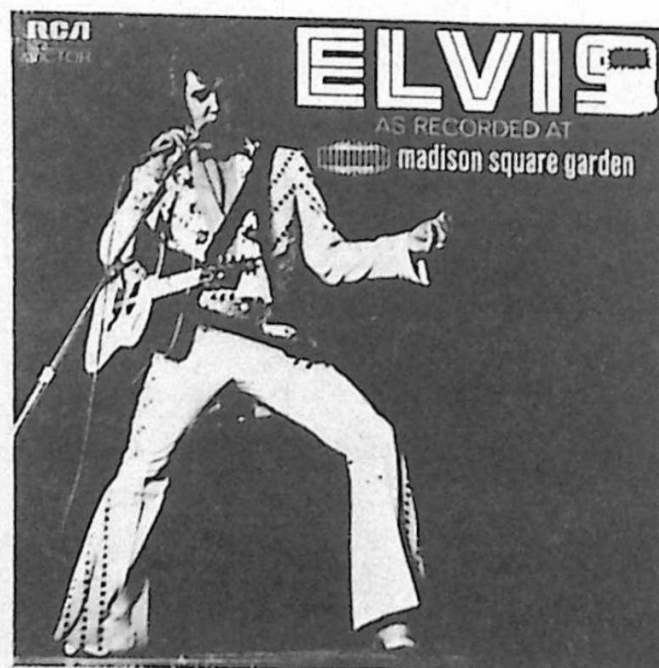
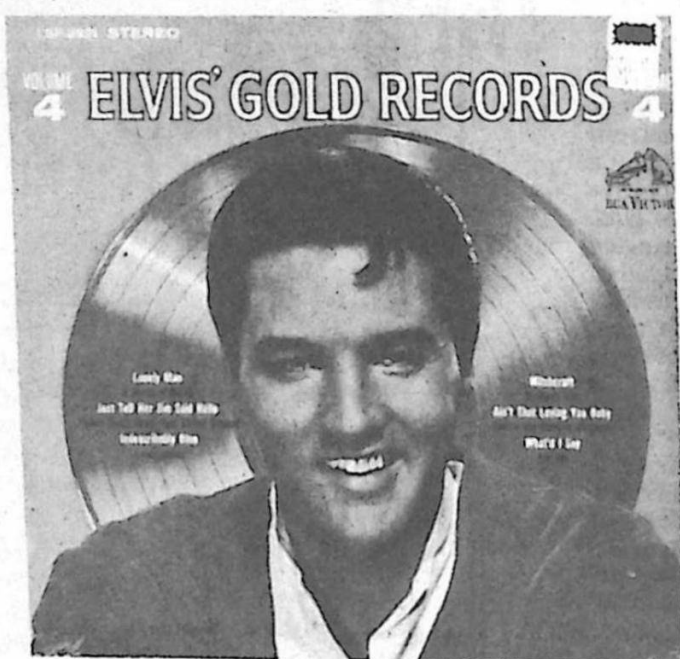
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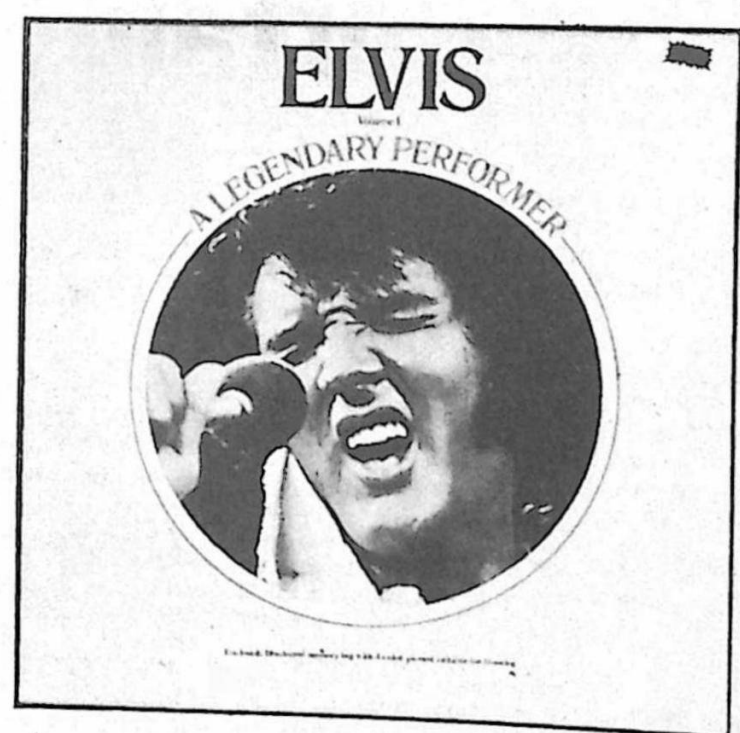


## ELVIS WEEK

SPECIAL PRICES UNTIL SEPTEMBER 28

WORLDWIDE 50 GOLD AWARD HITS	LIST	SALE
Vol. 1 (4 LP Set)	\$24.98	\$16.98
8 Track (Equal to 4 Discs)	24.98	18.98
ELVIS THE OTHER SIDES - WORLDWIDE GOLD AWARD HITS		
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8 Track or Cassette	7.29	3.98
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ELVIS GOLDEN RECORDS - Vol. 4		
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	7.98	4.98
ALOHA FROM HAWAII 2 LP Set		
8 Track or Cassette	8.98	4.98
	9.98	6.48
ELVIS TODAY		
8 Track or Cassette	7.29	3.98
	7.98	4.98
ELVIS - THAT'S THE WAY IT IS		
8 Track	7.29	4.98
	7.98	5.88
PROMISED LAND		
8 Track	7.29	4.98
	7.98	5.88
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8 Track or Cassette	8.98	5.98
	8.98	6.58
BLUE HAWAII		
8 Track or Cassette	7.29	4.98
	7.98	5.88
HOW GREAT THOU ART		
8 Track	7.29	4.98
	7.98	5.88
ELVIS NOW		
8 Track	7.29	4.98
	7.98	5.88
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# Glacier Greens News

As the scheduled activities draw to a close at Glacier Greens for another season, the club championship matches have been held and the club champions decided for the 1975-76 year.

Mona Ledgard won low gross honors and the Lazo Credit Union trophy for the Ladies Club Champion. Rose McCleish took low net honors. Other winners in the 36 hole championship competition were: Irene Harker, 2nd low gross. Barbara Carter, 2nd low net. Mary Shaw, 3rd low gross. Nettie Bonenfant, 3rd low net. Kay Freeman, 4th low gross. Joan McMillan 4th low net. Irene Perry was the winner of the Ladies beginners trophy for this year.

Pete Burns successfully defended his Club Champion title with the field low gross score in the mens championship event. He won the Tee Cartage and Storage Ltd. trophy which was presented to him by Mr. Fred Willander. Graham Walker was the low net winner for the field. Other winners in the events three flights were:

"A FLIGHT" - 1st low gross, Garney Boutet. 2nd low gross, Gilles Bonenfant. 3rd low gross, Ron Burnell. 1st low net, Pat Patrick. 2nd low net, Larry Harker. 3rd low net, Gavin MacLean.

"B FLIGHT" - 1st low gross, John Webber. 2nd low gross, Reg Blois. 3rd low gross, a tie for Ernie Stroel and Doug Tucker. 1st low net, Ron Carter. 2nd low net, Harry Lewis. 3rd low net, Bev Patterson.

"C FLIGHT" - 1st low gross, Alex McLeish. 2nd low gross, Gerry McLaughlin. 3rd low gross, Glen Caslake. 1st low net, Fred Legg. 2nd low net, Reid Delong. 3rd low net, Red Schneider.

Closest to the pin prizes were won by John Webber and Paul Dobson and the longest drive by Larry Cote.

The club Junior Championship was held on Saturday 13th September with 16 members participating in the 18 hole event. Gregg Williams took 1st low gross to become Junior Champion for the 1975-76 year.

1st low net went to Stu Winchester, 2nd low gross to Farley Boutet and 2nd low net to Dave Wood. Carey Mann won 3rd low gross and Bruce Tuck, 3rd low net.

Prizes for first year golfers went to Rodney Adams and Terry Harker, 1st low gross. Terry Finnie, 1st low net. Darryl Clark, 2nd low net and David Kenkel, most honest golfer.

The Col. Lett Tournament open to all base personnel was held on Saturday 20th September with 39 participants - a rather disappointing turn out.

Warren Misen was presented with the Col. Lett trophy for his low net score of 62. Pete Burns carded a 75 for 1st low gross. Other prize winners were - 2nd low net, Rick Salmon. 2nd low gross, Kim Matheson. 3rd low net, Stan Prime. 3rd low gross, Pat Patrick. 4th low net, Graham Walker. 4th low gross, Ron Carter. 5th low net, Lorne Kingyens. 5th low gross, Wilf Schmidt.

Pat Patrick won the longest drive and Jim Albrecht closest to the pin.

Congratulations go to Red Schneider who was the winner of the Block Bros Realty Ltd. trophy for the Mens Match Play, and to the CFB Comox team of Pete Burns, George Abrie, Kim Matheson and Frank Creamer who won first place honors in the Canadian Forces Pacific Region Zone Golf Championships held at Nanaimo last week. A second team from the base with Larry Harker, Rick Salmon, Larry Cote and Dennis Hillier also played in this tournament.

**LADIES NEWS:** Ladies Pin Day winners for the past month were Mary Shaw and Irene Harker. Other prize winners on Ladies Day were, Anne Lang, Diana Jenks and Charlotte Stephenson for August 20th, Millie Legg for Sept. 3rd and Mary Shaw, Millie Legg and Lynn Ellis for Sept. 10th. Irene Harker and Pearl Kingyens were the winners of the 2 Ball held on Ladies Day, Wednesday 17th Sept. Other winners were Barbara Carter and Lynn Ellis.

Congratulations to Mary Shaw who won the Exotic Gift shop trophy for the first year of the Ladies Match Play. Mrs. Lillian Whitehead presented this trophy to Mary at the club championship presentations on Sunday 14th Sept.

Belated congratulations to Irene Harker who was presented with her "Breaking

90" pin and to Nettie Bonenfant and Mona Ledgard who were prize winners in the B.C. C.L.G.A. District 6, Two Ball Championship held at Glacier Greens in August.

The ladies from Glacier Greens and Qualicum were hosted by the Comox ladies to a very enjoyable inter-club visit on Tuesday, September 9th. Winners from this club were: Mona Ledgard, 1st low gross. Mary Shaw, 2nd low gross. Net winners were Joan McMillan, Lila Tucker and Nettie Bonenfant. Audrey Haughn had the lowest number of putts.

**COMING EVENTS:** Wednesday 1st October. Ladies Day closing. Start at 9:00 a.m. for 9 holes. Sherry party to follow. Sunday 5th October, Mr. and Mrs. Tournament. Start at 12 noon for 18 holes. Wind up party following. Sunday 19th October, closing Mixed 4 Ball. Start at 10:00 a.m. for 18 holes. This is the last of the scheduled events for this year. See you at the Golf Club!



ATC HOCKEY TEAM? No, just wishful thinking by the Gravel Pit Gang.

## Curling Capers

By BEV MUSKETT  
The 1975-76 Curling Season will get under way at the Comox Valley Curling Club Sunday Oct. 12.

If you are interested in curling in any of the following leagues please get your name in to the league representative by Sept. 30 as this is the deadline.

**Mixed Curling:** Sunday evening 7-9 p.m. Monday and Wednesday evening 7-9 p.m. Phone 338-8324 or 334-4712 between 2 and 5 p.m. and 7 and 9 p.m.

**School Leagues:** After school Monday, Tuesday, Wednesday, and Thursday 3:15 p.m. to 5 p.m. Contact your teacher.

**Junior Curling:** Boys, Girls and Mixed. Contact Rob Peterson at 339-2359.

**Ladies Leagues:** Tuesday evening alternating 7 and 9 p.m. Tuesday and Thursday afternoon - 1 to 3 p.m. (Baby sitter available at the rink). Contact Erma Derkson between 3 and 7 p.m. at 334-3558.

**Men's Leagues:** Tuesday evening alternating 7 and 9 p.m. Thursday evening 7 and 9 p.m. Thursday evening 7 and 9

p.m. You may enter as a rink or individually. Contact the Curling Club Office 338-8324 or 334-4712 between 2 and 5 p.m. and 7 and 9 p.m.

**Sunday Morning Hangover League:** 9 and 11 a.m. Contact Eric Chayko 334-4240 or the Curling Club Office 338-8324 or 334-4712.

**Seniors League:** 60 years and over. Monday and Wednesday afternoons 1 to 3 p.m. Contact Gerry Garoz 339-2886.

There will be a pot luck supper for the Ladies with a general meeting following at the rink on Wednesday Oct. 1st - 6 p.m. All lady curlers welcome. A Special Invitation is extended to all new curlers in the area. Come out and get to know the ladies before curling starts.

A Social Get-acquainted Night will also be held at the rink for all curlers on Saturday Oct. 18th at 7 p.m. There will be curling and dancing to live music. Come out and get to know everyone and take advantage of our newly improved lounge facilities. A lot of work has

been done on the rink again this year and new chairs have been purchased for the lounge.

For those interested in curling supplies there is a good stock available at the Club Office.



Maj. Mar at the Controls, 407 Squadron's Flight Commander takes his turn in the drivers' seat of an Argus. (CF Photo)

## Judo News

Last week the Judo Club got off to a great start. With classes in both Junior Advance and Junior Beginners, we are off to a good season. It is good to see all the old faces back at practice. And a big welcome to all the newcomers.

The Advance Juniors are practicing on Tuesdays at 6 p.m. until 8 p.m. and on Thursdays from 7 p.m. until 9 p.m. While the beginners classes are on Monday from 6 p.m. to 8 p.m. and Thursday from 5:30 p.m. to 7 p.m. There

is still some room for a few more beginners in this class. Our Wednesday night class of Ladies Judo-Self defence has an excellent turnout. We are concentrating mainly on Judo with a bit of Jujitsu instruction being included.

The Judo Club is working with only Junior members this season. There has been a number of requests for a mens Senior Class, but due to the space availability there will be no Senior Mens Class until larger facilities are found. We are hoping to go around

the Island this season and have inter-club tournaments with local clubs. Any boy or girl who wishes to join the Judo Club is asked to register before the end of Sept. After that date a list will be made for the next beginners class scheduled for some time later in the year.

**NOTICE:** Anyone who has a Judo Suit not being used and wishes to sell it, is asked to contact W. O. Greer at loc. 302.

## BOATLAND OPEN HOUSE

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## Entertainment

### FLEA MARKET

Oct. 18, 1975  
10 a.m. to 4 p.m.

COURTENAY JUNIOR SEC. GYM

Entertainment and Door Prizes  
Food and Refreshments  
COMOX VALLEY CHILDREN'S DAY CARE SOCIETY  
For Information Phone 338-8791

## and Events

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(Take Off Pounds Sensibly)

meets every Monday night at 7:00 p.m. in Life United Church, Comox.

INQUIRIES WELCOME

Please phone - AUDREY 339-5073  
WENDY 334-2766

### EW

Courtenay

Admission \$2.25, G.A.P. \$1, Child \$1

Mon. to Thurs. - 8:15 p.m.  
Two Shows Fri. & Sat. - 7 & 9  
Sept. 8 & 9 - Two Shows each evening at 7 & 9 p.m.  
No matinee the next 2 Sat.

Now Showing - Thurs. to Wed. - Sept. 25, 26, 27, 29, 30, Oct. 1  
Paul Le Mat - Star of American Graffiti  
"ALOHA, BOBBY and ROSE" Mature

Showing 5 Days - Thurs. to Tues. - Oct. 2, 3, 4, 6, 7  
Gene Hackman  
"FRENCH CONNECTION 2" R  
"Drug taking, violence, coarse language throughout" - R.W. McDonald, B.C. Director

Wed. & Thurs. - Oct. 8 & 9 - Two Shows 7 & 9 p.m. each evening  
Starring proof that we are not alone in the universe  
"THE OUTER SPACE CONNECTION" General Entertainment

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Drive-In Theatre

Williams Beach Rd. & Island Hwy.  
Admission \$2.50; OAP \$1.00  
Gates Open 7:30, Show 8 p.m.

OPEN THURS. TO SUN. ONLY

Sept. 25, 26, 27, 28  
Gene Hackman "NIGHT MOVIES" Mature: Some coarse language, sex & violence  
- Plus - "LADY ICE"

Oct. 2, 3, 4, 5 "WHITE LINE FEVER"  
"Brutal violence & coarse language"  
- Plus - "THE RIEVERS"

### CFB COMOX

### BASE THEATRE

SCHEDULE

BRUCE LEE  
Return of The Dragon  
Sept. 26  
RETURN OF THE DRAGON Bruce Lee

"A ROUSING ADVENTURE STORY!"  
- JUDITH CRIST, NBC-TV (Today Show)

From COLUMBIA PICTURES  
A Film by CARL FOREMAN and RICHARD ATTENBOROUGH  
ROBERT SHAW ANNE BANCROFT  
as Lord Randolph Churchill as Lady Jennie

...SIMON WARD...  
YOUNG WINSTON

Sept. 27  
Sept. 28  
YOUNG WINSTON Simon Ward Rober Shaw

Theatre Information - Call 339-2433 anytime  
RESTRICTED SHOWS: 18 years and above - Under 18 years of age must be accompanied by a person over 18.

ADULT SHOWS: 16 years of age and above - Under 16 years must be accompanied by a person over 16.

The Dove  
Panavision Technicolor  
A Paramount Release  
Oct. 1 THE DOVE PG  
Oct. 2 Joseph Bottoms

PETER FONDA  
DIRTY MARY AND CRAZY LARRY  
OCT. 3  
OCT. 4  
OCT. 5  
SUSAN GEORGE

Hollywood Foreign Press Association - Golden Globe Awards selected Marsha Mason as best dramatic actress for her role in

Cinderella Liberty  
Matures: JAMES CAAN  
Some nudity and coarse language - R. W. McDonald, B.C. Dir.

OCT. 8  
OCT. 9  
CINDERELLA LIBERTY James Caan

SATURDAY MATINEE

Sept. 27 BIG MOUTH Jerry Lewis

## JR. RANKS ENTERTAINMENT

SEPTEMBER

26 - TGIF and Sports.  
26-27-28 - Marty Davis Show (Nashville).  
\$1.00 per member, \$2.00 non members.  
30 Sept. - Movie - Emperor Of The North - Lee Marvin.  
1 Oct. - Bingo. Regular (Merch. & Cash).  
3 Oct. - TGIF and Sports.  
3, 4, 5 - Dance. Band: Easy Street.  
7 Oct. - Movie - The Sounder. Cicely Tyson.  
8 Oct. - Thanksgiving Turkey Bingo & Cash.  
10 Oct. - TGIF and Sports.  
11-12 - Dance. Soapstone (Local).  
14 Oct. - Movie. Light At The Edge Of The World. Kirk Douglas & Paul Newman.  
15 Oct. - Bingo. Cash & Merch.  
17 Oct. - TGIF.

17 Oct. - Mixed Mess Dinner. Lounge Closed. \$10.00 per couple. Band: Bronx.  
18-19 Oct. - Dance. Bronx. Cheer.  
19 Oct. - Mixed Car Rally. 9 o'clock at Totem Annex.  
21 Oct. - Movie - Butch Cassidy & The Sundance Kid. Robert Redford.  
22 Oct. - Bingo. Cash & Merch.  
24 Oct. - TGIF. Windup Golf Tourney.  
25 Oct. - Dance. Band T.B.A.  
26 Oct. - Dance. Tidesmen (Local).  
28 Oct. - Movie - Busting - Elliott Gould.  
29 Oct. - Bingo - Cash & Merch.  
31 Oct. - TGIF and Sports.  
31 Oct. - Halloween Dance (Costumes).  
1 & 2 Nov. - Dance. Band T.B.A.





## "A Standard Cake"

Approximately 210 pounds of culinary delight was one of the feature attractions enjoyed by 442 Squadron members and guests during a social event commemorating 25 years of active service.

The 3 by 6 foot masterpiece baked and decorated as a replica of the squadron's standard by MCpl Joe (Red) Staples and John Reichl, contained 56 pounds of coloured icing sugar. "It took two men 9 1/2 hours to decorate", stated Joe, "and

I'm still looking for the 3/4 inch sheet of plywood that somehow went missing after the cake was devoured."

(L-R) Mrs. Lang, Col R. L. Mortimer (partially hidden), LCol C. B. Lang (Sqn Commander), MCpl Joe Staples (NCO in Officers' Mess Kitchen), John Duder, John Reichl (Baker), Capt Bob Goldie, Mrs. Kay Docker, youngsters (not identified and Mrs. Joanne Jansen. Base photo

## Fall-Winter Recreation Program

The following clubs and activities are available to Service personnel and dependants during the Fall and Winter months. Persons interested in these or any other activities may register or make inquiries at the Base Recreation Centre, local 315.

**ARCHERY CLUB** - Oct. Jun, President, Cpl. Don Buchner, local 388, open to all Service personnel and dependants.

**BADMINTON CLUB** - Oct. Jun, Interim President, Sgt. Wayne Green, local 448. Club meets Wed. and Sun. evenings at 1930 hrs. All Service persons and dependants 16 yrs of age and older are welcome. Those dependants under the age of 16 who are interested in joining a junior club under excellent instruction are invited to register their intent with the Recreation Centre staff.

**RIFLE CLUB** - An excellent facility, club is presently looking for a President and Range Safety Officer to continue this excellent program.

**JUDO CLUB** - An excellent program run by President and Chief Instructor, WO Greer, local 302. This club offers a fine instructional program for juniors and self-defence judo for ladies.

Mon - 6-8 p.m.; Tues - 6-8 p.m.; Wed - 7-9 p.m. (ladies); Thur - 5:30 - 9 p.m.

**SQUASH CLUB** - The Base is pursuing the idea of building squash courts. Those people interested in getting in during the development stages or desirous of joining the club for the purpose of utilizing the CRA courts may contact Lt. Power local 315.

**BOWLING** - Sept.-Jun -

Men's, Ladies', Mixed and Youth Bowling leagues. This year's President is Cpl. Wally Korbatiak, local 336. Schedule as follows:

Men's - Mon and Tues evenings; Ladies' - Thurs and Fri evenings and Wed afternoons; Mixed - Wed and Sun.; Service Personnel Bowling - 1100 - 1300; Casual Bowling - Sun 1300 - 1500; Youth - Fri and Sat.

**BASKETBALL** - Tryouts for Base Team commence 7 Oct. - Coach, Lt. J. K. Power, local 315. Practices 1600-1730 Tues and Thur.

**BROOMBALL** - Intersection play daily 1145 - 1300 hrs. - Base team coach, Cpl. Brian Lavigne.

**HOCKEY** - Base Team - Manager, Sgt. Dupeyron Coach, Mcpl Stroel. Practices - Thur. - 2230 hrs; Games - weekends.

Intersection: "A" League and Recreational League. Open to all Service personnel except Base Team. Game times Mon - 1900 - 2300 hrs; Wed - 1830 - 2000 hrs; 2145 - 2300 hrs; Fri - 1400 - 1530 hrs.

**VOLLEYBALL** - Intersection - Thur 1330-1600 hrs commencing Oct.; Noon hour - Mon. and Wed 1200-1300 commencing Oct; Base Team - Practices as scheduled.

Pacific Region Championships in Mar. at CFB Esquimalt. Coach WO H. L. Gates, local 315.

**LADIES' FITNESS CLASSES** - Mon. and Thur 1000 hrs. commencing 29 Sept.

**TABLE TENNIS TOURNAMENT** - Dec. Service personnel and dependants. More information to follow.

**SWIM AND SAUNA** - Pool will be open daily Mon-Fri 1200 - 1300 hrs. Sauna hours

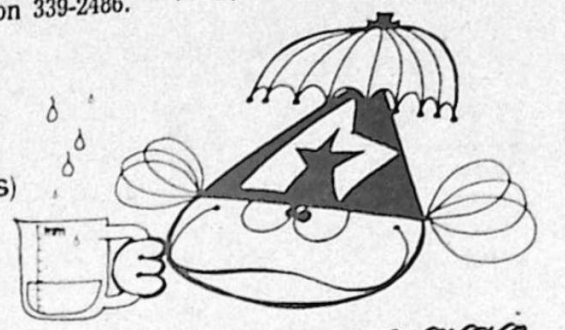
Mon-Thur - 0800-2100 hrs; Fri - 0800-1600 hrs; Sat-Sun - 1300-1600 hrs.

PMQ SPONSORED ACTIVITIES - For information regarding the following please contact Mrs. Wilson 339-2486.

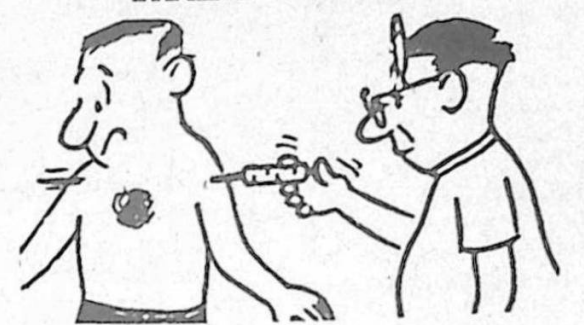
Flag Football; Ringette; Boxing; Indoor Soccer; Basketball.

TEEN NITE - Tuesdays commencing Oct. 7. 7-8 Volleyball; 8-9 Basketball.

Rainfall measured in mm (millimetres)



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# Chapel Chimes



**THE PROTESTANT CHAPEL**  
Telephone: 339-2211 Loc. 273 - D.L. Martin, Major (Base Chaplain (P))

The fall activities for the Protestant Chapel have now begun. This summer has seen many changes in our Military Community. The Chapel looks forward to welcoming all members at CFB Comox to participate in our religious activities. Many new families have moved into this area and each one is given a special invitation to make the Protestant Chapel the "home church."

The following is a schedule for your direction and guidance:  
Sunday, 28 Sept. 1975 - 0930 - 1030 A.M. - Sunday School for school age children in the Protestant Chapel.  
1100 A.M. - Sunday School for Nursery and Kindergarten Children (Pre-school age) in the Chapel Annex.  
1100 A.M. - Divine Worship Service  
Thursday, 2 Oct. 1975 - 8:00 P.M. - Junior Choir  
8:00 P.M. - Senior Choir

## CHAPEL SERVICES

The Protestant Chapel is located in Wallace Gardens (MQ area) and Divine Service is held every Sunday at 1100 hours. This is the Base Chapel and everyone is warmly invited to share in the Service.

Holy Communion - Holy Communion 1200 hours last Sunday of each month.

Baptism - Services of Holy Baptism are held every month. Arrangements should be made through the Chaplain.

Women's Guild - All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2000 hours on the third Tuesday of the month. Chapel Choir - Our senior choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain.

Senior Choir Practice - 2000 hours, Thursday  
Junior Choir Practice - 1800 hours, Thursday  
Sunday School - The Sunday School operates from September to June. Ages 6 - 15 meet in the Chapel at 0930 hours each Sunday, and the ages 3 - 5 hold their sessions during the Church period at 1100 hours. All children are invited to attend.

Young People - 14 to 19 years. Sponsored by Protestant Chapel. Meets every Wednesday at 1900 hours in Chapel Annex.

Office Hours - 0800 to 1630 hours. Phone 339-2211 Local 273

Hospital Visitation - The Chaplain would appreciate the cooperation of the members of the congregation and would request that they phone the Secretary's office (339-2211 Local 273) to report the names of any members of the congregation who may be in the hospital.

## PROTESTANT CHAPEL GUILD

The ladies of the Protestant Chapel Guild will be holding their first meeting of the fall season on Tuesday 30th Sept. at 8:00 p.m. in the Chapel Annex.

A warm welcome is extended to all our members and to those ladies new to the area who would like to share in the fellowship and activities of the Chapel Guild.

Come out and help us plan our fall bazaar - your time and talents are needed, and would be most appreciated.

# PMQ Preamble

## PMQ PARADE - Fire Prevention

The annual PMQ Fire Prevention parade will be held on Sunday 5 Oct 75. The parade will leave the CANEX parking lot at 1300 hrs., travel thru the PMQ area and then back to the Base Fire Hall. Part of the parade is made up of decorated bicycles. The decorated bicycles will be judged in the CANEX parking lot at 1230 hrs., 5 Oct. 75. The Fire Hall has donated cash prizes for the various classes of bicycle decoration.

Come on out, enter your decorated bicycle and win a prize. Whether you win a prize or not you get to ride your bicycle in the parade.

## ELECTION

The election results have been tabulated and the Major will be contacting the new councillors. Some residents remarked on the PMQ number being written on the envelopes that contain the ballots and the other correspondence. The PMQ numbers were written on by the councillors purely as a control to ensure each PMQ got the information. If you were not home when the councillor delivered the envelope then he knew which PMQ he had to go back to. The ballots are collected from you, placed in one envelope and the envelope is delivered to the Major who makes the final

tabulation. If you feel the PMQ number should not be on the envelope, put your ballot in another envelope or erase the number from the offending envelope.

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**FISHING CAN PAY OFF** ask Ken Morrison and "Red" Schneider. The \$500 cheque in the shape of a salmon was won in the recent Port Alberni Fishing Derby. "Red's" fish was caught on August 31, and was the largest, at 38 pounds 4 ounces, taken that day. Ironically there were two salmon checked in at the identical weight. As his fish was weighed in first, he won the prize money. "Red states that he had the salmon under control at all times, but that statement is very doubtful when one considers where the tip of his rod was dragged during the battle. "Next year onto the \$5,000 or bigger prizes," said Ken.

## M for M

# Female Director Changes

OTTAWA - Defence minister James Richardson has announced the appointment of Lieutenant-Colonel Marion Gay, 48, of Truro, N.S. as director of women personnel for the Canadian Armed Forces, effective Oct. 6.

She replaces Colonel Mary Vallance, 51, of Atwood, Ont., who is retiring after 21 years' service.

Lt.-Col. Gay joined the Royal Canadian Air Force in 1952 as a trained stenographer. Two years later she was commissioned as a pilot officer in the personnel administrative branch and posted to RCAF Station MacDonald, Manitoba.

In 1955, she was promoted to flying officer, and held various administrative posts

at RCAF Station Gimli, Man., and Maritime Air Command Headquarters. She then served three years as recruiting career counsellor for Nova Scotia before returning to the administrative field at various RCAF units.

After a three-year tour in Germany, Lt.-Col. Gay attended the Canadian Forces Staff College in Toronto, and since December, 1973 has been deputy director of women personnel. She was promoted to her current rank May 1, 1975.

Col. Vallance joined the RCAF in 1954, and six years later was appointed as a recruiting officer in Regina. Since then, she has done two tours of duty in Germany in personnel positions, and in 1971 was appointed women's personnel advisor in the chief of personnel branch at Canadian Forces Headquarters, and promoted to the rank of lieutenant-colonel.

The position was renamed director of women personnel, and Col. Vallance was promoted to her present rank Mar. 1, 1974.

She has been directly responsible for opening a wide new range of careers to

women in the Forces, including the opportunity for women to serve for the first time with Canadian troops in the United Nations Emergency Force in the Middle East.

Colonel Vallance was appointed this year to the Order of Military Merit in the grade of Officer for her outstanding contribution to the betterment of women in the Armed Forces, and was also appointed the first woman Honorary Aide-de-Camp to the Governor General in recognition of her service.

Thursday, Sept. 25, 1975

CFB Comox Totem Times 9

# Sailing Club News

Recently, the 50,000th Mirror Class Sailing Dinghy was launched. That's a lot of red sails around the world in only 12 years.

Congratulations to Alex Fox and Doug Wilkinson for their fine showing in representing B.C. in the Mirror Class National Regatta at Thetford Mines, P.Q. Congratulations also to Debra Garner for her 2nd place in the Wrenettes Regatta at Victoria.

On the 6-7 September at the CFSA Western Regional Regatta, the teams of Alex Fox and Doug Wilkinson and Mo and Mary Dick, took first and second place, followed by

Esquimalt, Vancouver, Vancouver and Esquimalt. They sailed in "420" Class Dinghies.

Not only do we have our Clubhouse back, but we also now have a decent float at Quadra. Float space may be obtained for privately owned dinghies by phoning Mo Dick at 339-2506.

The Milans have returned from their cruise aboard the CFSA 5-berth sloop the Tally-Ho. More on that later. The Dicks have also returned from their cruise with a tall tale of putting out a galley stove fire with 6 fathoms of water.

Commodore John Fox spent

11½ days on a solo circumnavigation of Vancouver Island and also attended a CYA Instructors Seminar at Schooner Cove.

Only five more keelboat memberships are open. For \$200 you can become a part owner of our 26-foot keelboat for cruising and sailing.

Coming up this month: 27-28 September, CFSA Comox Squadron Team Racing Regatta (subject to confirmation).

Club membership is \$25 per family. Contact John Fox 339-4216 for more information. Sailors do have more fun.

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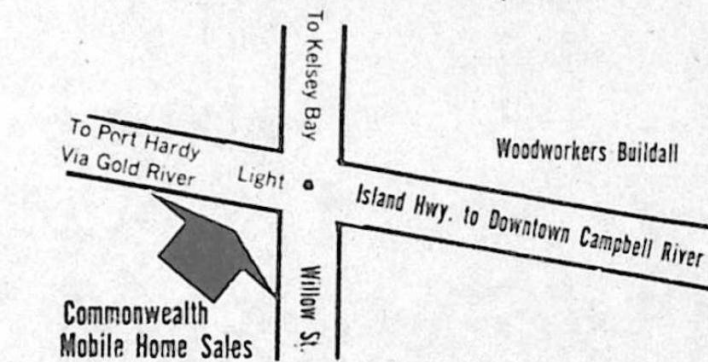
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TERRY LEEMING

# We're all British Columbians. We all have rights.

British Columbia's Human Rights Code guarantees to all of us our rights to employment, to tenancy, to property ownership, to a full range of public services—and to membership in unions and employers' associations—without discrimination on the grounds of race, religion, colour, age, marital status, ancestry, place of origin, political belief, sex, or any criminal conviction unrelated to the job being sought.

Discrimination is still a fact of life—but we don't have to "live with it" in British Columbia.

We have published a booklet, titled "YOUR RIGHTS". It explains the Human Rights Code. You may pick up your free copy at any B.C. Department of Labour office.



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## Safety - 75 - Securite

### NOW HEAR THIS!

You and your family are driving down a mountain road when you suddenly become aware that your ears are stopped up. Without so much as batting an eye, you stretch your jaws and "pop" the plugged ears.

In a few minutes, you'll have to repeat the process but it doesn't bother you. Why? Because you know from years of experience that mountain driving and plugged ears are a common phenomenon and that jaw stretching quickly restores your crystal clear hearing.

Now suppose that one fine day you feel the sensation of plugged ears, stretch your jaws and nothing happens? You've been so busy on the job and performing chores around the house that you haven't even noticed you're speaking louder and asking family and friends to repeat what they were saying. But now that you have an hour or so to enjoy that stereo music system (your pride and joy), you find the sound isn't what it used to be.

You keep struggling to "pop" your ears but the plugged effect won't vanish. Those subtle nuances and delicate overtones you thrilled at hearing from your set are gone; not to the children's ears, but YOURS.

It is no secret that the aging process causes a diminution in our hearing. With the passing of years, the audio range we once enjoyed begins to drop. While as youngsters we could hear above 15,000 cycles, or roughly 9 octaves of sound, we are fortunate to hear 10,000 to 12,000 cps in middle age, and 5,000 to 7,000 cps in our "golden years".

This of course, presumes we have exercised reasonably good care for those sound receivers planted on the sides of our heads. If not, the reduced audible spectrum of old age may haunt us during our younger years.

Industry, long cognizant of hearing loss claims, has attacked the problem and is either able to reduce unwanted noise levels or provide

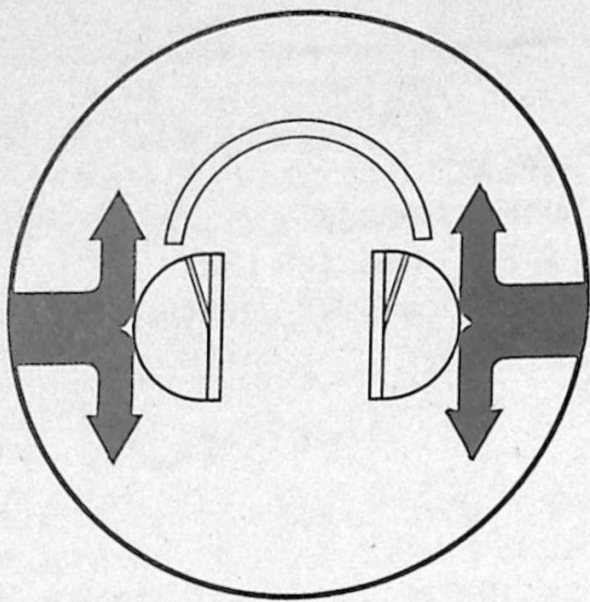
employees with ear protection where noise reduction is impractical or impossible.

The Department of National Defence is especially concerned with hearing conservation because of the noise levels associated with the operation of aircraft, ships, armament, submarines, tanks, heavy equipment and other support equipment. This concern has led to the establishment of standard noise level limits which vary with individual exposure times and the distance from the sound source.

Ref: DNDP 41, Chap. 10, Annex B

The new circular marker is a standard decal five inches in diameter. Larger or smaller symbols may be used in circumstances where the five inch standard would be clearly inappropriate. The new warning sign can be accompanied by the meaning of the hazard and the type of aural protection required.

Several sections have been shown in recent film entitled "The Sound of Sound" which deals with noise hazards and



Of particular concern is the need to identify the items of equipment or worksite areas where a noise hazard exists. The most recent announcement in this program is that a new, standardized warning sign is available, replacing the former CF 480 sign.

-Reproduced from DNDP 41 - "Marker Identification Noise Hazard" NSN 7690-21-870-5449



### 25 mm

A heavy downpour. Dirt roads will be slippery. Raincoats and umbrellas are in order. You won't need to water the lawn or garden for a few days.

## Will There Be

Will there be PMQ's in heaven?  
Will the painter and sanders be there?  
Will the occupants complain about colours?  
Will the drains be plugged with hair?

Will the windows break for no reason?  
Will the baths overflow down the stair?  
Will my telephone vibrate,  
With calls from the irate,  
Who say they are treated-unfair?

If so, Dear God, please excuse me,  
From answering your final bell,  
I'd be more content  
If I quietly went  
And reserved accommodation in Hell.

## Defeating The Fear

Doctors and scientists year-by-year are learning more and more about cancer but the causes of most human cancer remain unknown.

For that reason, the battle against cancer has been described as the greatest medical challenge in history.

While the medical challenge is being tackled in laboratories and hospitals throughout Canada - and throughout the world - The Canadian Cancer Society is tackling another important part of the battle - the fear of cancer.

Through public education, the Society hopes to eliminate much of the fear that many

people cling to when cancer is mentioned. It's quite natural that people look on any disease with apprehension. But a fear that blocks out a rational approach is a great danger in itself.

One of the best weapons against cancer is early diagnosis and treatment and that is one of the main points in the Society's program.

(Pamphlets and information about cancer can be obtained free by writing to: B.C. and Yukon Division, Canadian Cancer Society, 1926 West Broadway, Vancouver, or 857 Caledonia, Victoria, B.C.)

## Construction Electrician's Commandments

1. Beware the lightning that lurketh in an undischarged condenser, lest it cause thee to bounce upon thy buttocks in a most unseamanlike manner.  
2. Cause thou the switch that supplieth large quantities of juice to be opened and thusly tagged that thy days may be long in this earthly vale of tears.

3. Prove to thyself that all circuits that radiateth and upon which thou worketh are grounded and thusly tagged lest they lift thee to radio frequency potential and causeth thee to make like a radiator too.

4. Tarry thou not amongst these fools that engage in intentional shocks, for they are surely nonbelievers and are not long for this world.

5. Take care thou useth the proper method when thou taketh the measure of a high-voltage circuit, so that thou dost not incinerate both thee and thy test meter; for verily, though thou has no plant account number and can be easily surveyed, the test meter doth have one and as a consequence bringeth much woe unto the supply officer.

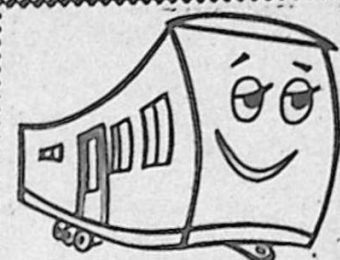
6. Take care thou tampereth not with interlocks and safety devices, for this incurth the wrath of the division officer and bringeth the fury of the Bureau upon thy head.

7. Work thee not on energized circuits, for if thou doest so, thy shipmates will surely be buying beers for thy widow and consoling her in certain ways not generally acceptable to thee.

8. Verily, verily, I say unto thee, never service equipment alone, for electrical cooking is sometimes a slothful process and thou might sizzle in thine

own fat upon a hot circuit for hours on end before thy Maker sees fit to end thy misery and drag thee into His fold.

9. Trifle thou not with radioactive tubes and substances lest thou commence to glow in the dark like a lightning bug and thy wife be frustrated and have no further use for thee except for thy wages.



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The Insurance Corporation of British Columbia regrets that normal service was disrupted during the strike.

But now we're back in full operation. Here is how vehicle owners can get their claim settled as conveniently and as quickly as possible.

# OPERATION CATCH-UP!

No appointment is necessary.

### INJURIES.

Passengers or pedestrians who have sustained an injury in an accident will be contacted by the Corporation immediately after the owner of the vehicle has reported the accident to a Claims Office. These injured people need not request an appointment.

Vehicle owners who were involved in an accident before the strike and have received a claim number but the claim has not been settled will be contacted by an adjuster as soon as possible. There is no need to request a further appointment at a Claims Office.

### NON-DRIVEABLE VEHICLES.

Once your completed appointment form has been received at a Claims Office, we will phone you and make special arrangements to estimate your vehicle damage.

### REPAIRED VEHICLES.

If you have had your vehicle repaired during the strike, and paid either the deductible portion of your insurance or

the entire amount, use this form to make an appointment. We will phone you on how to proceed with your claim.

### BROKEN GLASS.

You don't have to make an appointment if the only damage is cracked or broken glass. We have made special arrangements with glass replacement companies throughout the province. Go to the company of your choice and have the broken glass replaced. Be sure to take along your Owner's Certificate.

We have made special provisions for vehicle owners who do not wish to make an appointment. Two Claims Offices on the lower mainland will operate without appointments. One is at 4399 Wayburne Drive in Burnaby and the other is at 406 S.W. Marine Drive in Vancouver. These Claims Offices will be open from 8:45 a.m. to 6:00 p.m., Monday through Friday, on a no-appointment, first come, first served basis. These Claims Offices will open for business on Friday, September 5th.

**ANY QUESTIONS? CALL OUR INFORMATION CENTRE, COLLECT, AT 665-2800 IN VANCOUVER. PLEASE DO NOT CALL THE CLAIMS OFFICES.**

### AN APPOINTMENT SYSTEM.

An appointment system has been developed to catch up on the outstanding claims and to make it as easy as possible for vehicle owners. Here's how the appointment system works:

If your vehicle has been involved in an accident during or after the strike, simply complete this appointment form. Then mail it directly to the Claims Office where it is most convenient for you to go to make your claim. We'll phone you as soon as possible to give you an appointment at a time and day you would prefer.

If you have already mailed in your accident details during the strike, it is still necessary that you contact us using this form.

If your vehicle has been involved in an accident, but you have no damage to claim, just phone us at 665-2800, in Vancouver, to report the details.

### CLAIMS OFFICES ARE LOCATED AT:

**VANCOUVER LOWER MAINLAND**  
700 Tupper Avenue, Coquitlam, B.C. V3K 9Z9  
5917 Production Way, Langley, B.C. V3A 9Z9  
2885 Threlkway Street, Matsqui, B.C. V2T 9Z9  
1320 - 3rd Avenue, New Westminster, B.C. V3M 9Z9  
1174 Welch Street, North Vancouver, B.C. V7P 9Z9  
285 Simpson Road, Richmond, B.C. V6X 9Z9  
No. 1 - 8050 King George Highway, Surrey, B.C. V3Y 9Z9  
1311 South Kootenay Street, Vancouver, B.C. V5K 9Z9  
999 Kingsway, Vancouver, B.C. V5V 9Z9  
2256 West Broadway, Vancouver, B.C. V6K 9Z9

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P.O. Box 809, Nanaimo, B.C. V9R 9Z9  
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908 Highway, Campbell River, B.C. V9W 9Z9  
378 Boundary Road, Duncan, B.C. V9L 9Z9  
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4001 - 15th Avenue, Prince George, B.C. V2N 9Z9  
2985 Highway Drive, Trail, B.C. V1R 9Z9  
446 Van Horne Street, Cranbrook, B.C. V1C 9Z9  
1107 - 103rd Avenue, Dawson Creek, B.C. V1G 9Z9  
1662 Main Street, Penticton, B.C. V2A 9Z9  
4641 Lazelle Avenue, Terrace, B.C. V8G 9Z9  
No. 2 - 4320 - 29th Street, Vernon, B.C. V1T 9Z9  
74 South 1st Avenue, Williams Lake, B.C. V2G 9Z9  
1658 Springfield Road, Kelowna, B.C. V1Y 9Z9

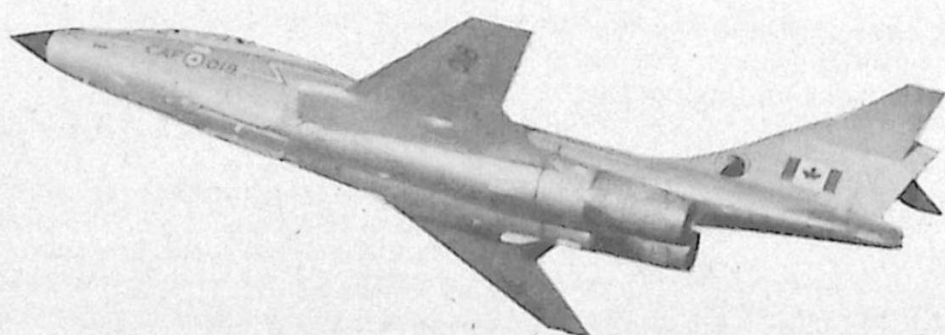
CLAIMS APPOINTMENT REQUEST CARD			
MY NAME _____ - PLEASE PRINT -			
MY ADDRESS _____			
PHONE _____		BUS _____ HOME _____	
MY VEHICLE MAKE _____	MY VEHICLE YEAR _____	MY VEHICLE LIC. PLATE NO. _____	
MY VEHICLE IS <input type="checkbox"/> DRIVEABLE <input type="checkbox"/> NOT DRIVEABLE <input type="checkbox"/> UNDAMAGED <input type="checkbox"/> REPAIRED			
LOCATION OF VEHICLE (IF NOT DRIVEABLE) _____			
WHAT HAPPENED? _____			
DATE OF ACCIDENT _____ WAS ANYONE <input type="checkbox"/> INJURED <input type="checkbox"/> HOSPITALIZED			
IF ANOTHER VEHICLE INVOLVED IN THIS ACCIDENT -			
OTHER PARTY'S NAME _____			
OTHER PARTY'S ADDRESS _____			
PHONE _____		BUS _____ HOME _____	
DO NOT ATTACH OR ENCLOSE ANY SUPPORTING DOCUMENTS WHEN MAILING THIS CARD			
PLEASE COMPLETE THIS FORM AND MAIL TO THE CLAIMS OFFICE WHERE IT IS MOST CONVENIENT TO MAKE YOUR CLAIM.			

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"HEART OF OAK" - The Naden Band receives a 442 Squadron plaque in appreciation for their support during the standard presentation ceremonies on 6 Sept. CWO Moncur accepts the carved momento from LCol C. B. Lang. Base photo

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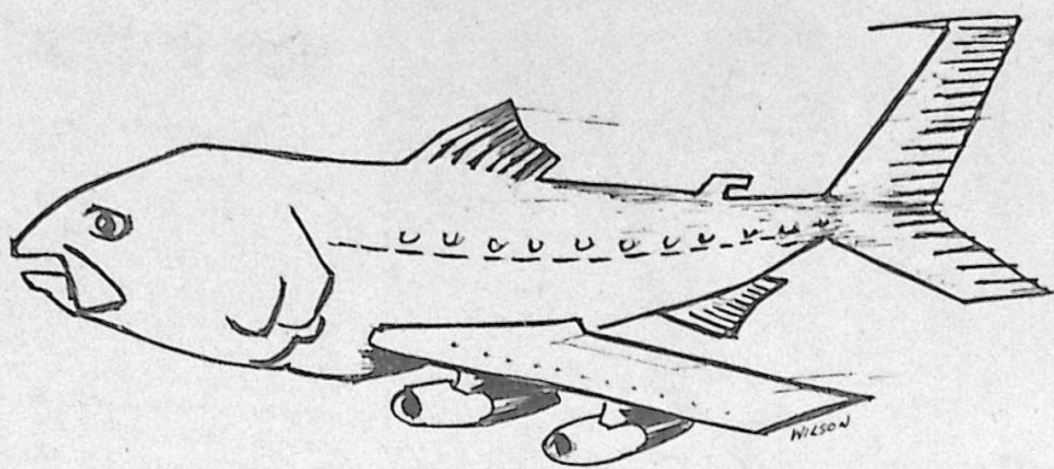
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FISH PATROL? No! Just a 707 taking the MAGIT people back to Halifax.

## 1920 - A Vintage Year

### School Chums Retire

OTTAWA — Three university classmates, who rose to the top rungs of the Canadian Forces, retire together this year. Lieutenant-General William Milroy, 55, of Brownlee, Sask., and Edmonton; Lieutenant-General Stanley C. Waters, 55, Winnipeg; and Vice-Admiral David Allan Collins, 55, Edmonton, were all born June, 1920, and all attended the University of Alberta, Edmonton. All reached the second-highest attainable rank in the Forces.

Lt.-Gen. Milroy joined the Canadian Army in 1940 after two years in the Canadian Officers' Training Corps at University. In August, 1941, he was appointed to the Lord Strathcona's Horse (Royal Canadians) as a troop leader and was awarded the Distinguished Service Order for gallantry in action during the advance of the 5th Armoured Division in Holland. Following a series of post-war appointments, he became director of public relations (army) in 1958. In 1971 he was appointed commander of Training Command, Winnipeg, and a year later became head of Mobile Command, St. Hubert, Que.

General Milroy retired as assistant deputy minister (personnel) at National Defence Headquarters. Lt.-Gen. Waters enlisted in 1941 as a non-commissioned officer in the Canadian Army, served in England, and returned to Canada for officer training. In 1942, he was selected for parachute training at Helena, Mont., with the joint

(Continued on page 12)



DELICIOUS DINNER — Overlooking the Living-in Personnel Smorgasbord held on September 17, are (L-R) Sgt. Reg Todd, Ptes Dave Gaudet, Robert Reiney, and Randy Neufeld.



WHO GETS THE BROWN JOB? Maj Doug Veale from Air Transport Group Trenton or LCol C. B. Lang of 442 Squadron? Check this publication for further happenings next month. Jazey photo

### Militia MPs

OTTAWA (CFP) — Nineteen militia military police platoons across Canada have undergone organizational changes designed to make it easier for them to fit into regular force units for training or personnel augmentation. The platoons, numbering from one to 20 members, have become separate components from their service battalions, and now align themselves closer with regular force MP units, while remaining under battalion administrative control.

At the same time, trade specifications for militia military policemen and support groups have been rewritten to upgrade their training and create additional mobility in training with the regular force.



MUSCULAR DYSTROPHY CAMPAIGN A SUCCESS. For the second year in a row CFB Comox has been presented with a Certificate of Merit for its generous contribution to the Assn.A total of \$643 was collected from base personnel in a one day blitz! M-Cpl Jack Thibideau from R & I pays his toll to Cpl Dusty Miller before leaving the base gate. Base photo

### CPL Doakes Is Soft In The Head

BY DAN HODGERT  
Directorate of  
Social Development  
Services

OTTAWA (CFP) — Since my last brilliant treatise on consumer credit a great number of my many readers (both of them, in fact) have prevailed upon me to expound on my statement that hun-

dreds of dollars can be saved each year in interest costs if the proper credit plan is selected.

You will recall that I suggested you shop around and compare credit costs before you actually purchase any item. Compare the costs in the privacy of your own home, not in some high-

pressure cooker like an automobile dealer's showroom or a lovely carpeted credit manager's office. Now I am positive you wouldn't run out and purchase an automobile just because someone on the boob tube is extolling the many virtues of that specific vehicle. No, the intelligent consumer, especially in these days of high inflation, depleting energy reserves, etc would spend a considerable amount of time comparing models, performance, mileage and a multitude of other features relating to automobiles before making a final selection.

Why not apply the same principle when considering how you are going to pay for your automobile. After you find out the percentage rate, determine what this is actually going to cost you in dollars and cents each year.

For the purpose of this exercise let us say Cpl. Joe Doakes, has selected a beautiful delux Stanley Steamer. After being allowed a generous trade-in-value on his old bucket of bolts he finds he still has \$4,000 to pay on the new vehicle. He has been quoted an offer of 18 per cent per annum over a period of 36 months. Under this arrangement his monthly payment would be \$144.50 and his total interest over 36 months is \$1,202.

DISCOVERY  
Cpl. Doakes is on staff at NDHQ, so he jogs over to his favorite military credit union, Defence HQ (Ottawa) Military Credit union and is told that he can borrow \$4,000 at \$132.85 monthly and the total interest for 36 months is \$782.85.

You don't have to have the brains of an Albert Einstein to

figure out his savings in interest would be \$419.15 in hard cash. But go one step further and, for income tax purposes, let's say Cpl. Joe is in a 33 and one-third tax bracket, and to pay that additional \$419.15 in interest he

(Continued on page 12)

### ORDURE OF THE DAY

It's true as we've heard wise men say,  
That every dog must have his day.  
In "PMQs" though, each day we rue,  
How many dogs have had their do.

The lawns are spattered all through town,  
With beagle beige and boxer brown.  
Though litter we're taught not to strew,  
Still every dog is allowed his do.  
The tree lined yards give off a scent  
Of, mainly, canine excrement  
Which clings to him who wears a shoe  
That steps where Rover has had his do.

In backyards where the toddlers crawl,  
And ball fields where boys bat the ball,  
Too often what will spoil the view  
Are spots where Spot has stopped to do.  
Our quarters will soon go to seed  
With droppings from the pedigreed,  
From cocker, collie, Kerry blue,  
And other curs who can and do.

It's not man's best friend who's at fault.  
No, it's his master who we must halt;  
Our neighbors who expect us to  
Love him and his doggie-do.

The PMQs are for the birds unless  
We clear its grounds of hounds that mess,  
And curb, instead, pet owners who  
Care little where their doggies make do.

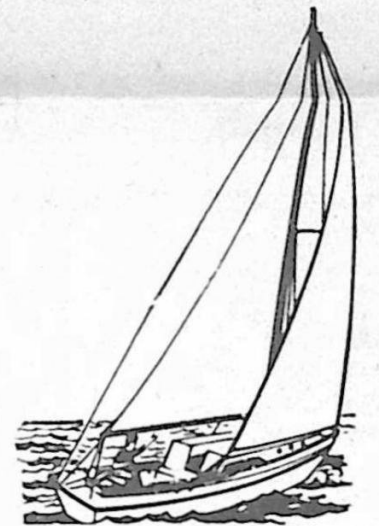
Let's have them, like good parents, toil  
At cleaning up their puppy's soil,  
Removing every tell-tale clue,  
Or we'll all go to the dogs with do.

This little poem is my lament  
Against all this canine excrement,  
So fellow residents I plead to you  
Let's get rid of that "doggie-do!"

Courtesy of Roundup

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### Magits On Prowl

OTTAWA (CFP) — Since the implementation of Air Command is currently underway at CFB Comox. The Maritime Air Group Inspection Team (MAGIT), under the direction of LCol Ron Thacker, is conducting an inspection of all 407 Squadron Technical and Support Sections.

The team, better known as

the Aircraft Maintenance Inspection Team (AMIT), is composed of LCol Ron Thacker SSO AEM, Maj. Bob Cowie AEM-2, Maj. Lem Murphy AEM-4, Capt. Don Elsenhaur AEM-4-2, Capt. Joe Calleja AEM-4-5, Capt. Pete Gartenburg AEM-2-2, Capt. Frank Dowdell AEM-3-3, CWO Eric Edgar AEM-3-4-2, and MWO Joe Bartlow.



"A MAGIT FIRST CLASS" (OF THE AMIT ORDER 1975)

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**MOMENTO APPRECIATED**—LCol C. B. Lang presents a framed replica of the 442 Squadron Standard to the Honourable Walter and Mrs. Owen during a function Base photo on September 6.

## SCHOOL CHUMS RETIRE

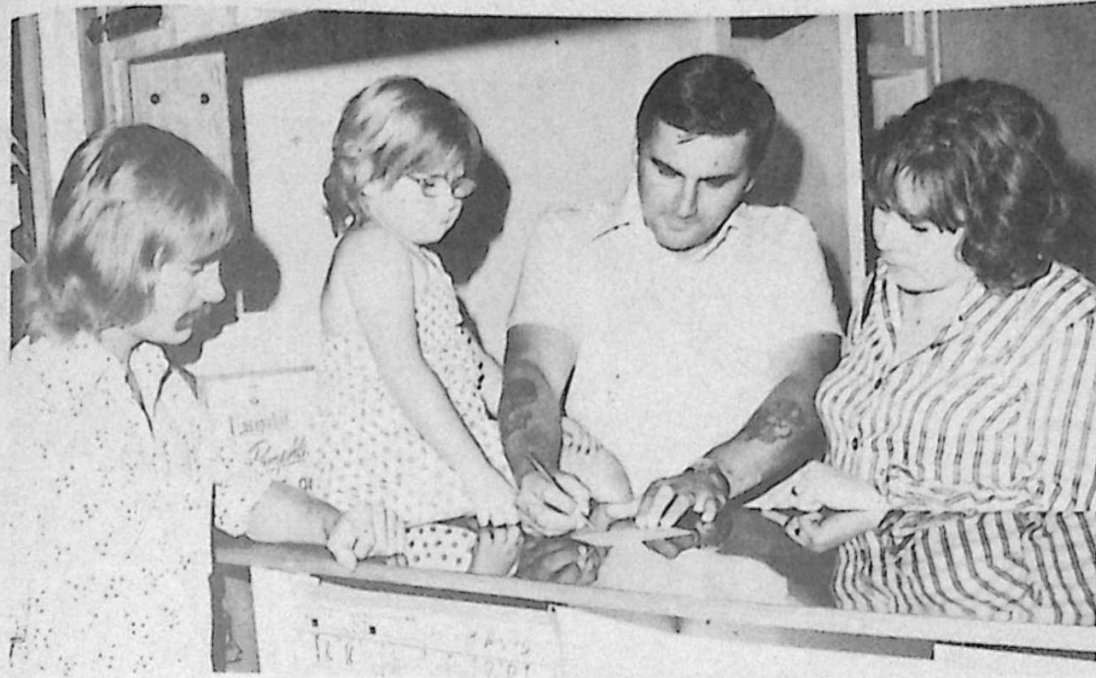
(Continued from page 11)  
Canadian-American Special Service Force, and served in North Africa, Italy and North-west Europe. He was awarded the U.S. Army's Silver Star for gallantry in action.

Gen. Waters retired as commander, Mobile Command, St. Hubert, Que.

Vice Admiral Collins joined the naval reserve in 1940 as an ordinary seaman and was commissioned in 1942. He served in the Royal Navy and transferred to the Royal Canadian Navy in 1945.

He since has held a variety of senior logistics appointments, including director-general, supply.

In May, 1972, he was promoted to his present rank and appointed chief of technical services. His latest appointment was Canadian military representative to NATO's military committee permanent session, Brussels, Belgium.



**THE EUROPAHOF**—Sergeant Donald E. Everaert (centre) signs the guest register at the Europahof, CFB Europe's transient accommodation centre. Sgt. Everaert, his wife Olga Yvonne (right) and their daughter Patricia used the 249,999th, 250,000th and 250,001st beds provided by the Europahof since it was established in 1968.

## Doakes Is Soft In Head

(Continued from page 11)

would have to earn approximately \$630, pre-tax.

Do you think Cpl. Joe Doakes is in a financial position to disregard \$630, just because he didn't compare the cost of credit. I don't think so, and that is why it is so important to learn as much as you can about credit costs, so the money can remain in your wallet, or if you desire, work for you rather than someone else.

So from now on, every time you consider a purchase on time, make sure you get the best financial deal you can. Bewilder them with your newly-acquired sophistication and you'll soon be saving hundreds of dollars in interest costs annually.

My next article will be in the style of a shocking expose where, in the old military tradition of no names — no pack drill, I will outline some of the terrible ordeals some of our servicemen got into because they did not understand consumer credit.

## Transient Accommodations

The Europahof, the transient accommodation centre here on the Canadian Forces NATO base in the Black Forest Region of West Germany, has provided a quarter of a million beds for Canadian Forces personnel and their families since it first opened its doors in 1968.

To mark this milestone in the Europahof's history, Lieutenant-Colonel J. L. Sharpe, base administrative officer, presented a suitably inscribed Canadian Forces plaque and flowers to the Everaerts. The hotel's management and staff had also prepared a large cake for all the guests.

The Europahof is a 300 bed hotel for Canadian Forces personnel and their families. Its primary role is to provide accommodation for service personnel and their families immediately prior to their return to Canada after a three or four year tour in Europe. The hotel is also used to house personnel who are in Europe or passing through on temporary duty. Canadian Forces personnel serving with the United Nations in Cyprus and the Middle East also use the Europahof as a leave centre.

Facilities at the hotel include a dining hall, laundry rooms, nursery, kitchen, a large outdoor playground for

the children and recreation and reading rooms.

The hotel's occupancy rate has more than doubled since it

was established. In 1968, 19,368 beds were used. The hotel provided 48,021 beds in 1974.

## Health Info.

By DR. BOB YOUNG

Flu does mean different things to different people, but to your doctor influenza is a contagious viral infection of the respiratory tract, characterized by fever and weakness. In addition, headache, muscle discomfort, and a profound tiredness and sense of illness go with the often relatively mild respiratory symptoms.

The name comes from "the influence" of the heavenly bodies, and over 30 major epidemics have been recorded since 1510 A.D.

Acute epidemics may occur in the early part of the year in B.C. and any one location usually sees its share of the epidemic come and go in less than a month.

In the usual case, treatment consists primarily of measures designed to make life a little less miserable during the period when symptoms are most severe. Aspirin or aspirin containing compounds are the mainstay of treatment, easing pain and reducing fever. Other measures include bed rest and a light diet with extra fluids.

Antibiotics, although frequently prescribed, are of little benefit in the usual uncomplicated case.

Older people, particularly those with chest or cardiac disease, and individuals of any age with generally poor health may be hit hard by an attack of influenza. These people should consult their physician, who is the best person to manage their particular case.

Influenza virus vaccine is available for prevention, and is modified each year to include protection against the "latest" virus. Inoculation is generally carried out in the fall, and protection lasts several months.

Older people, health workers, people with chronic illnesses, and those living in dormitories or institutions should be protected. Due to variation in virus strains, failure of the vaccine to "take", and other factors, protection is not complete.

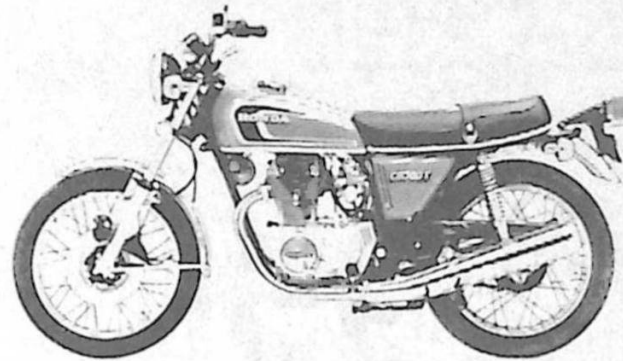
It has been shown that about 70 per cent of a vaccinated population will be protected, and these are pretty good odds.

Weiden 78 km  
Burglengenfeld 12 km  
Amberg 53 km  
Flugplatz  
hub



**TRAFFIC AIDE**... A young German miss chats with two Canadian Military Policemen of 4 Canadian Mechanized Brigade Group during a lull in an exercise near Regensburg, West Germany. Corporal Keith MacKay (left) of Breadalbane, P.E.I. and Cpl. Serge Rene of Asbestos, Quebec were on traffic duty at a bridge junction as units of Canada's NATO-assigned brigade carried out the annual series of fall training exercises in western Germany. Canadian Forces photo

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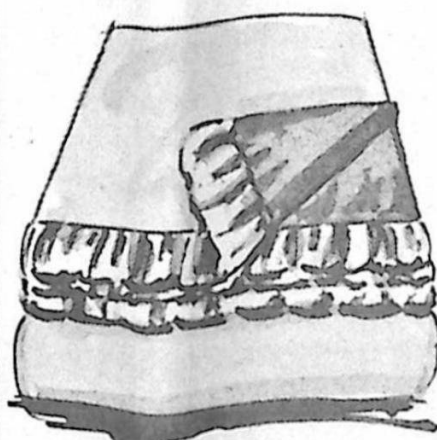


LADIES FALL SUITS

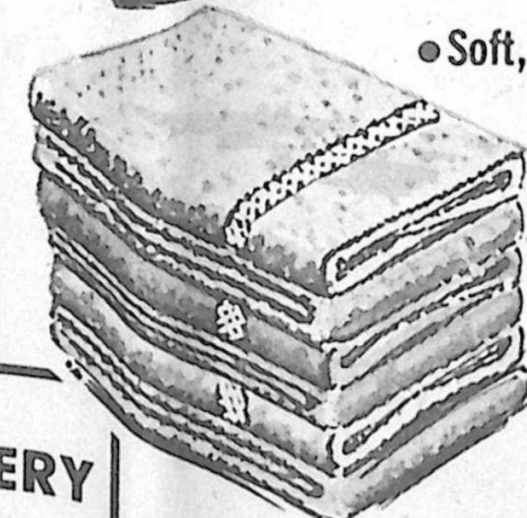
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