

VP-407



THE "DEMON" SQUADRON



TOTEM TIMES

Hot air to gas - turn'er off!

VP-407



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VOL. 17 - NO. 13

CFB COMOX TOTEM TIMES THURSDAY, JUNE 26, 1975

DEMONS RECEIVE STANDARD SATURDAY



Lt. Governor To Present

Former members of 407 "Demon" Squadron from all over Canada and the U.S. are gathering at CFB Comox this week to join serving members for the presentation of the Squadron Standard. The presentation, made to an air squadron of the Canadian Forces after 25 years of service, was originally planned for June of 1973 but was delayed awaiting delivery of the Standard.

The Standard will be presented by the Honourable Walter Owen, Lieutenant Governor of B.C. at a ceremonial parade of the Squadron to be held at CFB Comox at 2 p.m. Saturday June 28. The parade and presentation will be open to other base personnel and the public. All attending are asked to be in place by 1:45 p.m. Programmes will be distributed detailing the sequence of events.

In addition to Mr. Owen, other distinguished guests include Mr. Hugh Anderson MP for Comox-Alberni, who will also represent the Minister of National Defence, Vice Admiral D.S. Boyle, Commander Maritime Command, who will also represent the Chief of Defence Staff, Rear Admiral R.J. Pickford, Commander Maritime Forces Pacific and Mrs. Karen Sanford, MLA for Comox.

Among former Squadron members already registered are former Wing Commander K.C. Wilson of Delta, B.C., the last Commanding Officer of the Squadron during World War II and former peace-time Commanding Officers W.C. (Retired)

K.O. Moore (1964-65; LCol. J.S. Middleton (1968-71); Col. D. Haire (1971-73) and Col. W.H.D. Hedges (1973-74).

Prominent among the former Demons will be nearly one hundred wartime Squadron members. Contact with these former members was made with the assistance of Mr. G.T. Sutherland of Toronto. "Suds" or "the Adj" as he is often called, was a wartime adjutant of the Squadron who now heads a permanent reunion association that has managed to locate and keep track of some 300 wartime members. The association holds yearly stag reunions usually in Eastern Canada.

Squadron celebrations in conjunction with the presentation will begin Friday afternoon and continue through Sunday, although only the Ceremonial Parade will be open to the public. Included will be a "get reacquainted happy hour", buffet and dance on Friday evening, a tour of Squadron facilities for former members and a coffee party for Squadron ladies on Saturday morning and a Dinner-dance on Saturday evening. It is expected that 400 former Demons and wives will return for the weekend. One exception to this is a former wartime Squadron air woman who will be returning with her husband. It is not known at this time whether she will exercise her prerogative to tour the Squadron on Saturday morning and insist that her husband attend the coffee party.

BATTLE HONOURS

English Channel and North Sea	1941 - 1945
Bay of Biscay	1942 - 1945
Fortress Europe	1942
German Ports	1942
Atlantic	1943 - 1945
Normandy	1944

The Squadron Standard

Standards have been in use for hundreds of years, mainly because of the need for some mark or distinction between battlefield units and the need for a rallying point in battle. In early times banners and standards such as the Roman eagle served to show the position of the commander. The standard or banner was trooped or paraded before the ranks so that every man might quickly recognize it. Within the British Empire the first regimental colors appeared in the 17th Century.

Since about 1880 these standards or colors have no longer been carried in battle.

The Canadian system of standards and colors follows that of the British military. The Squadron color presented to Canadian Forces air units is based on a "fringed and tasseled silken banner" created by His late Majesty King George VI to mark the 25th anniversary of the Royal Air Force in 1943. Squadrons qualify for the award of colors after 25 years of active service or for especially

meritorious operations.

In addition to their military significance, colors also have a semi-religious significance in that each color is consecrated by the chaplains to the service of the squadron, and the colors, when a squadron ceases to be an active unit, are laid up in a public or sacred building - under the care of religious authorities for preservation.

Each color for an air unit is emblazoned with the battle honors of the squadron and serves as the shrine of the

squadron's traditions, a memorial to the devotion and sacrifices of the men of the squadron in years gone by, and an inspiration to those who continue to serve.

The color is honored as a symbol of the trust which the sovereign places in the squadron and as an emblem of its achievements. It is saluted by all military men and always moves under an armed escort.

It is in fact the squadron's most prized possession.

The Roles Of 407

The primary role of 407 Squadron is anti-submarine warfare and maritime patrol duties.

As such, the Squadron observes and monitors all Sino-Soviet surface and sub-surface shipping in their area of responsibility.

On the domestic side, 407 conducts Arctic surveillance patrols throughout the year and aids Western area Rescue Centres in some Search and Rescue missions in Canada's North and along the B.C. coast. Since Canada has instituted a 100 mile pollution control zone on her coast, 407 Squadron has been involved in monitoring shipping in this area and reporting violations. Recently a 407 crew were instrumental in the first prosecution and conviction of a ship captain for polluting Canada's coastal waters. In a parallel task, 407 Squadron crews also observe the fishing fleets off Canada's West coast and report any observed violation of Canada's fishing regulations.

The Squadron members are also extremely pleased that so many of the Lancaster and Neptune air and ground crew have been able to return and join the Argus types for this happy occasion.

The weekend activities will provide the opportunity for all former and current members to renew acquaintances and relive experiences. Once again, 407 Squadron extends a hearty welcome and we know that this will be a weekend to remember.

THEY DID IT!

The Demon Squadron from CFB Comox, will represent Canada in the 1975 Commonwealth Anti Submarine Warfare (ASW) competition at CFB Greenwood, Nova Scotia.

Major "Nick" Winchester and his air and ground crews walked off with the O'Brien and I.B. Morrow trophies Wednesday at CFB Summerside, P.E.I. They won the Bombing, Freeplay, Night and Ground Crew Maintenance exercises. They also tied with two other competitors in the sports activities.

The "Bombex" tests the pilot and his crew's skill in hitting a target from away up there in the wild blue yonder. In "Freeplay" the aircraft and crew puts out on their own to find a submarine in a

general area (something like finding a needle in a haystack). The "Nitex" involves the picking up and tracking of a submarine at night, then homing in on the snorkel with a resulting attack utilizing a search light. The ground crew to win their trophy, must be number one in aircraft handling, maintenance, records, starting and arming procedures.

Ol' Argus serial number 10722 and its Demons will arrive back at Comox prior to the Squadron Reunion and Standard Presentation this weekend.

The Canadian Forces (represented by 407 Squadron) will vie with Australia's RAAF, New Zealand's RNZAF, and Britain's RAF for top ASW rating in the Commonwealth.

Wartime History

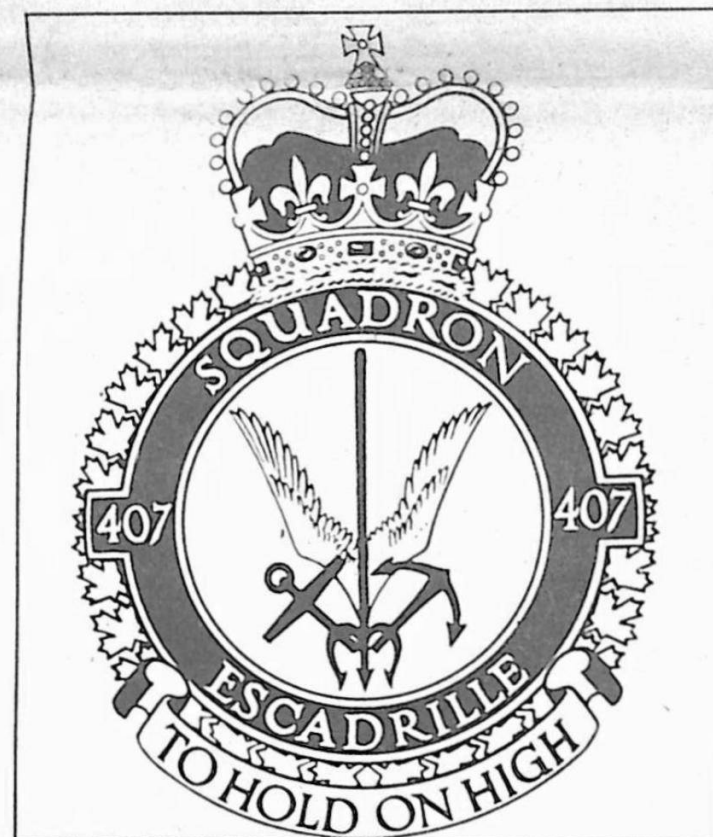
1941 - 1945

407 Squadron was formed at Thorne Island in the United Kingdom on 8 May 1941 and was originally equipped with Blenheim Mark IV aircraft but was soon re-equipped with Hudson Mark V aircraft.

The role of the squadron during World War II may be described in two phases; the first phase ending in January 1943 during which time 407 was engaged mainly in shipping strikes, and the second phase lasting from January 1943 to disbandment during which time the main function was anti-submarine activity. In its four-year period of duty in the British

Isles the squadron, in addition to Thorne Island, was based at North Coates, Bircham Newton, St. Eval, Docking, Skitten, Chivenor, Limavady, Wick, and Langham. The squadron was disbanded on 2 June 1945 at Chivenor.

Although the squadron was engaged in many different areas, as can be attested to by the varied battle honours won, one particular excerpt from the squadron diary will give some indication of the work done by the squadron: "During the month of May 1942 the squadron set up an all



The 407 Squadron Heraldic Badge consists of a winged trident, symbolic of maritime air power, breaking a black anchor, symbolic of Axis sea power. The motto is from the poem "In Flanders Fields". The motto was particularly apt at the time the badge was authorized because of the heavy losses being sustained. The Squadron has continued to be maritime oriented, and the badge remains a meaningful symbol of the Squadron's role.



DEMONS GATHER. Argus aircraft from Greenwood and Summerside are expected at Comox this weekend. The 3350 cubic inch Wright Turbo-compound engines supply the power.

Wilson photo

(Continued on page 11)



Lt. Col. B. T. Montgomery

SQN. COMMANDER'S MESSAGE

On behalf of all the present members of 407 Squadron, I would like to welcome those former squadron members and honored guests to CFB Comox on the occasion of our Colours Presentation and Reunion.

This is an occasion of great honor for your squadron, emphasizing the fact that this unit has given twenty-five years of dedicated service to Canada in peace and war. Number 407 (RCAF) Squadron was formed in England in 1941 at a time when the Allies, after

many defeats, were still on the defensive in every theatre. The squadron's operational record throughout the war years was outstanding, and it is a source of real pleasure and pride to current personnel that so many wartime members have indicated that they will be attending the Presentation and Reunion.

Since reforming in 1952 at CFB Comox this unit has flown three aircraft types in the anti-submarine warfare and surveillance roles.

STANDING ON GUARD FOR THEE!



"ALL YE LONELY and oppressed find comfort in this Nighthawks' Nest, rest easy lads you've naught to fear, the fighting 409th is here."

Nighthawk's Nest

409 Squadron was the scene of much activity last week as the Spy Team from Ottawa made its annual visit. As expected, things went well and the C.I. is over for another year. Tom Murray claims he likes Ottawa but he didn't need his arm twisted to get him to stay an extra four days. He claims it was just for the fishing.

We have had four arrivals in the past two weeks. Major Tom Goodal arrived from Tanzania and will be off to Bagotville for the Voodoo OTU. He doesn't appear too unhappy about the fact that his course may be delayed to Sept and he will have to spend the summer in the Comox Valley. Ron Breeden traded jobs with Joe Parkinson and will become the T-33 Flight Commander. Ron also has taken over from Paul Gill as the senior Captain on the Squadron. George Kukla and Al Sutherland reported in after spending six months in Bagotville. George says he'll be available for flying duties in August after he gets his model railroad set up. Our Ops. Officer, Major Zink-cannon says he is another heavyweight like Ron Hallstrom but not nearly as rowdy.

Married life has really

caught up to and slowed down John Pew. His absence from the mess has been noted for some time now but he is also on a diet and has thrown the pipe away. It was really noticeable though when on one QRA shift he was last airborne on two scrambles and lost all his money on the pool table. His excuse was that he thought he could beat an old man and an academy graduate without even trying.

After his promotion to Captain, Rick St. Germain has so much money he is trying to buy his way into becoming a pilot. Larry Faulkner says he may make it but will never get the Cessna 150 over the rocks and on to Moose Jaw. It seems he has an interest in some Engineering Officer there.

Les Cox has accepted his assignment to the CAC with a smile. He thinks it's a step up in career progression but really it is only to keep him closer to home for the summer. The CAC does strange things to people. Lou Curly seemed quite happy to be transferred to Moose and was even talking of trading his Mazda for a Datsun.

Since the cut back in Voodoo flying, Squadron crews have been maintaining proficiency by more T-33 flying. By pure

coincidence, cross-country requirements had to be met the same weekend as the annual sap-sucking bash in Bagotville. One crew enjoyed it so much they stayed an extra day. It is a possibility that other interests were involved here though.

Major Tony Nichols has been assigned the tremendous task of organizing and planning for the Squadron Reunion and Colors Presentation next summer. If any of our distant readers have information on any ex-squadron members who are now civilians it would be much appreciated. Any ideas or suggestions on fund raising and entertainment activities would be helpful.

For any of you who haven't heard, a soft ball tournament is being planned for the base and a team is requested from our Squadron. John Bourchier is the manager so pass your name to him if you wish to participate. Fans are also welcome. Volunteers may be required shortly to paint a few 409 crests around the hangar.

Rumor of the week - Our bachelor population on the Squadron may be depleted by one in the near future and this is not by means of a transfer. Global commuting is not the answer!



100 MM ANTI-SCROUNGE WEAPON? No, just a cutting machine used by Base Workshops personnel. Attentive spectators are members of "Charm School" BWO course serial number 7512. The CWO students, as part of their training program, visited this air element base on 20 Jun.



Devils Brigade

Derby time is here again. Although plagued with wind and waves, the recent Supply Fishing Derby produced three salmon. Congratulations to our weatherbeaten winners.

1st Prize went to Cpl. Jim Sulek with a 22½ lb. Chinook

2nd Prize to Lt. Poirier with a 4 lb. Coho - not bad for the first try at salmon.

3rd Prize to Pte. Marion Ehry with a 3 lb. 6 oz. Coho which was the exact hidden weight prize.

Our hearty Supply Techs braved the wind and waves but it got to one of the crews. Cpl. "Al" Dubuc, Pte. Marion Ehry and Gord Whaley had their problems. It seems that Al's and Marion's stomachs didn't agree with the waves, so they made a call to Ralph.

Approximately thirty people met for an old fashioned campfire and homemade hamburgers, prepared and bar-b-q'ed by our lovely female committee members. Hopefully the next derby will include better weather and better attendance as well as Maj. Jones.

A special thanks to Glen Gillis and Ray Roberts for the use of their campsites for our festivities.

We would also like to extend Poirier, a new addition to a warm welcome to Lt. Supply.

407 Tech Ramblings

407 AVS REPAIR

Having been a shade delinquent in my correspondence, I shall attempt to recover here in our last column.

Bill Folliott and John Gailey participated in a short Tracker course at Shearwater, and Pat Boulanger has departed to Servicing.

Al Tomlinson, using great deductive reasoning and adhering to numerous posters, DID leave his truck parked at the Mess on Friday night. Upon returning on Saturday morning to claim his said vehicle, he found that someone had redesigned the right side. Tough luck, Al. Beware the person owning a vehicle with orange paint on the bumper.

Speaking of Al, he has decided that there is less to know about panning for gold than golfing. Besides, he was getting tired of making mortgage payments for Len Teskey. I, Jim Freeman, shall not quit but my time will come, Mr. Teskey.

Jim Whelan, Jake Cummins and Pat Boulanger have found the secret of getting off parade. Pat fell (jumped!!!) off a motorcycle, Jake had his toe nail removed, and Jim now sleeps on his stomach and drinks lots of fluids (we thought he was perfect!). Oh well, to each his own.

Jim Draper and Bill Folliott returned from a three-day survival (???) course at Lower Quinsam. They both did so well the first morning, that they were given the next two and a half days off for fishing. Well done, chaps.

Winston Henry Jones has departed to the East Coast, but not before a little beer bash was held at the Golf Club. It wasn't entirely in his honor, as us guys in AVS Repair kind of celebrated the closing of the Section.

Although a swim meet wasn't planned, it did occur. The story goes that W.H. and John Davidson were very undecided as to who was the

better (faster) swimmer. John claims that he would have won had he not lost his glasses at the bottom of the duck pond. Nice try, John. Good luck, Jonesy.

We are now facing the unknown, as Repair is officially closing on 07 Jul. It's been nice while it lasted, and I hope everyone gets to work where they want. It would seem that most are slated for Servicing, although a Tracker repair crew is being formed to work out of the Lab.

To Jim Stanzell - try olive oil or take your wife for a ride over a rough road.

Goodbye from AVS Repair.

407 AVIONICS SERVICING
All the members of the section would like to take this opportunity to congratulate WO Jeffery on his recent promotion to MWO. Along with the promotion came a posting to 442 Sqn. for which we are not too happy; nevertheless, better there than off Base. We will be sorry to lose him, but my time will come, Mr. Jeffery.

No. 1 Crew appears to be slowly recovering from their 'adventure training exercise', a three-day excursion to Quinsam Lake where a good time was had by all who participated. The weather was super fine, the fishing was excellent and the "spirits" looked after us all. It's not too hard to pick out who went along by just sorting out the sun tans that are evident.

The section is a bit thin at present with the absence of Cpls Brown, Reid, Pond and Staub who are away with the competition crew to Summerside. There is little doubt here that with that calibre of talent, the team is well represented, avionics wise.

A welcome from all to Pte. Boulanger, our most recent addition from Repair, although it is suspected that he was sent as an advance party to reconnoitre before their advance in strength.

The adventure group hopes

that Sgt. Guyader is satisfied with his in lieu prize. ARMAMENT ANTICS

There have been a few happenings since the last article - namely, practice parades, weddings, golf tournaments, competition crews, and cleaning bathtubs.

First of all the wedding. Sgt.

Gary Clarke's daughter was married on Friday, 20 June. For the rest of Gary's family this was a very happy event, but rumour has it that Gary was heard saying "Thank God the liquor store doesn't take Master Charge."

The "Arm't Order of the Bath" goes to all those in-



Local Artists' Exhibit

The winner of the draw on the oil donated by Edie Prime was Corinne Barten, and is shown being presented with it by Ivy Morand. Mr. McInnis drew the winning ticket Sunday at 4:00 p.m. Our thanks to Mr. McInnis for the use of the School Gym Saturday and Sunday, the 14th and 15th of June.

We wish to thank all those

who helped make this show such a success.

Over 200 paintings were displayed, including a unique private exhibit of 87-year old Mrs. Gladys Hamersley of Robb Ave., Comox.

Many people delighted in the painting "Raggedy Ann", which was donated June 20 to the Pediatric Ward at St. Joseph's Hospital.



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— and — 208 Port Augusta, Comox, B.C.
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MAUREEN DID IT

Found a king size family home in Comox. Five finished bedrooms all carpeted, two fireplaces and a sundeck with a covered fibreglass roof. Possession for mid-August so plan on viewing it today.

Maureen Arthur Res. 339-3674
Office 339-2228



19TH ST., COURTENAY

QUALITY CRAFTSMANSHIP AND MATERIAL THROUGHOUT

4 bds. Large L.R. with F.P. Formal dining area with adjoining sundeck and view of the Beaufort Range. Large kit. with quality cabinets. Family room with F.P. and further bathroom down. Landscaped. Owner wishes to sell - so priced right.

TOM PROCTOR RES. 339-2668
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PUT YOU AND YOUR FAMILY IN THIS PICTURE

Along with this 4 plus acreage is the 4 br. 1325 sq. ft. full bsmt. home. Must be seen to be appreciated.

CHUCK PERRY RES. 339-3680
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3 BEDROOM, FULL BASEMENT HOME IN COMOX

On large lot. Can be purchased with low down payment and with early occupancy.

Charles D. Roberts 339-4500
Office 339-2228

CLASSIFIEDS

FOR SALE: Meadowbrook Lot. Mountain view - piped water. 339-4631.

FOR SALE: Dehumidifier. Eatons Viking Model DA 9. New condition. A must for anyone moving to Ont. or Quebec. \$80. G. Conrad at 226 Beech Dr., Comox. 339-4676.

BAKERY THRIFT STORE: Surplus bread and pastry at discount prices. Open 1-5 p.m. Tues., Wed., Thurs., 9-5 Fri. and Sat. 279 Puntledge Rd. Courtenay.

FOR SALE: 3 bdrm. town house in Comox. 1½ washrooms, close to schools and shopping, swimming pool, fully carpeted throughout, property fully landscaped only \$30,000.00. Call 339-2211 (Loc 390).

EMPLOYMENT OPPORTUNITY

Glacier Greens Golf Club requires two bar attendants. Must be 19 or over. \$2.60 per hour. Varying hours. Interested persons contact: Mrs. Jean Morgan 339-2211 Ext. 492, or 339-4616, or Sgt. Bob Sleight 339-2211 Ext. 417 or 339-3274, or Capt. Lorne Kingens 339-2211 Ext. 219 or 339-2552.

FOUND: in PMQ area a budgie bird. Owner can claim by phoning 339-5389.

FOR SALE: 14 ft. Vanguard trailer Gross weight: 1,400 lbs. Sleeps four. Propane stove and oven. 3 way fridge - portable toilet. Trailer equipped with electric brakes. Stabilizer hitch, radiator cooler, electrical, brake controls. Asking price \$1,850.00. To view call Loc 419 (CPL Caslake) or 339-2447, or 339-4992 after 5 p.m.

FOR SALE: 8 man dinghy \$75.00. Call 334-2243.

FOR SALE: 14'3" K and C Thermoglass boat. 50 HP Mercury outboard. Explorer Tilt bed trailer complete with spare tire, 3 gas tanks, spare propeller etc. Asking \$1700.00. Contact: D. A. Nelson Loc 208. Home 339-5246.

WANTED TO RENT: 3 or 4 bedroom house. Phone Sgt. Hillier at Loc. 287.

THANKS 442

The ball players and the coach would like to thank 442 Sqn. for the transportation to and from McChord. It makes one feel very good when you know the trouble the Sqn. had to go through and the trouble they had returning the ball players.

YOUR CREDIT UNION

Salutes
407
VP
SQN

COMOX (CANADIAN FORCES)
CREDIT UNION

Box 400, Lazo, B.C.

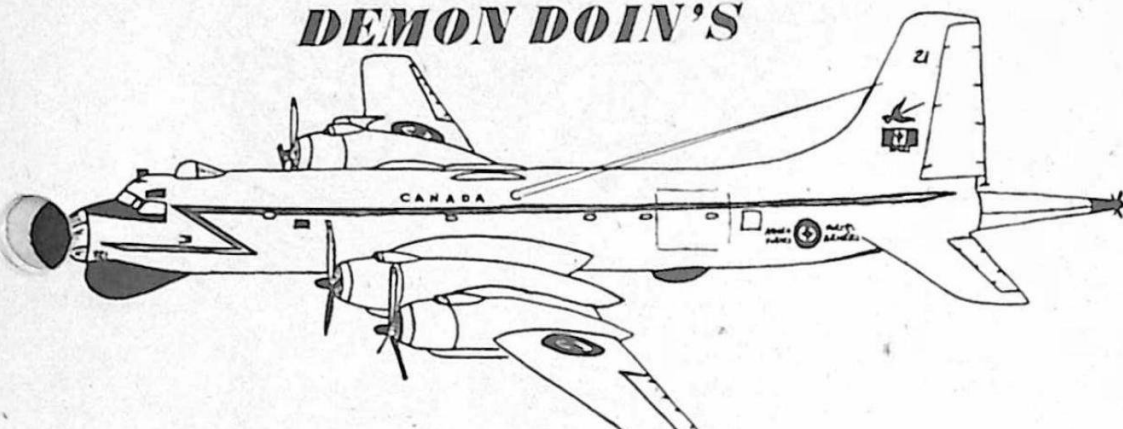




ASW COMPETITION CREW VPCC Maj. Winchester and his loyal Crew 4 pause for a picture

before heading east to compete against other Argus squadrons.

DEMON DOIN'S



One week to go and it's Standards Presentation Day. The next few days should be quite busy with parade practices, party preparations and work parties. Sword drill has been "edging" along quite well with only one ear reported missing and one hat shish-ka-bobed. Everyone at the practice decided they should get out of the CAF and work for television - making commercials for the un-cola. The C.O. concluded he should be issued a shorter sword or longer arms. A few more practices and perfection will be achieved.

A couple more people have received their posting messages. Jim Dunn got his fish and is moving south (?) to Victoria to MARPAC HQ as SO Pers Services, effective the 1st of July. James Glover is heading east to Argus Heaven (Greenwood) to VP 449 as an instructor effective 25th of August. Colin Wortley is going east also to NDHQ with the big title of DAASE 2-2-4 (don't ask what it means), effective the 11th of August (he gets coffee for DAASE 2-2-1, 2 & 3, 2-2, 2-1, 2 and 1). Don Best is going east-west to CFRC Det Kamloops as recruiting officer but the CO CFRSV Vancouver has been trying to get his posting to CFRC Det Victoria effective 15 July. Good luck Don, wherever you go. Al McConnell is going to Quebec land to try and pick up le nouveau language. Actually he's going to FMCHQ Management Study Section, St. Hubert, effective 15 July. He's going to explain to the my in Francophone land how to do their job - better.

Paul Parent is going where he wants to go - Hamilton as Recruiting Officer (15 Jul). Those Nav's sure get all the jammy postings. I wonder if they'll recruit pilots. Brian Drury is going to NORPAT Center, Yellowknife NRHQ as Cadet Liaison Officer. Lots of wide open country to ride bikes up there. Ron Irving is going to Montreal 207 CFTSD effective 2 Sept. People suspect his job is with CANADAIR.

Returning from the mosquito patrol Crew One will finally make a statement on what's been happening lately.

Loaded to the hilt with various assortments of motor bikes, bicycles, fishing rods, guitars and what have you we headed off into the north with great expectations. Never in your life have you seen such an exuberant greeting as I'm sure every mosquito, black fly and Hudson's Bay bomber was on hand to relieve us of our virgin Comox Valley blood. A hasty retreat was the order of the day and off we went to the Yellowknife Inn for a brief respite. Nothing brief about that session. Keeping in tune with our two guitar pickers, Al Pasanen and Ron Mastin, we proceeded to an advanced state of relaxation. Of course we all made it to bed before dark (does it ever get dark) and were up at the crack of dawn for our first patrol next morning. The bumpiest trip of the year which shook up some of our navs but of course they

came through and many hours later we returned much to the delight of the local bugs.

On arrival the aircraft was declared U/S and there we sat for 3 days waiting for Panic Western to deliver the goods.

Thanks to the generous hospitality of NRHQ staff we were treated to several fishing trips which were tremendous successes. Dave Wires takes top honors in the whitefish category catching untold numbers. Did he hook any in the mouth? Bob Hagar takes the award for fastest scoop net in the north. Remember Bob, they have to be hooked before you net them. At the end of the day we returned to NRHQ for a fine feast of barbecued lake trout and whitefish and on with the festivities - and on and on!

Another day of fine fishing was enjoyed by Ed Goski, Hans Schael and Al Pasanen in the tippest looking canoe ever seen. How they ever found room for those jackfish and didn't sink I'll never know.

A word of warning to all 10 speed enthusiasts. Don't leave your pink shorts hanging on the handlebars or the cleaning lady will get it every time. What was she after Russ, the bike or the shorts?

Parts finally arrived on Wed. and our illustrious ground crew rendered the beast serviceable for a Thursday take off enabling us to return home for another parade practice.

It's rather comforting to return to a land where the nights are dark and the sky isn't thick with blood hungry bugs!!!

Crew 3 has been kept busy lately what with throwing charges out all over the ocean, airtests, flypasts, etc. By the way, Barry Hunter, after finally becoming a VPCC, was allowed to sign out 720 and with a few other crew members performed the LAST airtest on 407. The crew has been trying to organize a

crew party but to get everyone in the same place at the same time is another story.

The following is a Crew 4 commentary on why they are the competition crew. Crew 4's recent detachment to San Diego again points up the great sagacity (fancy work!) of our leaders in selecting this hard driving, clear thinking crew to represent the squadron in the upcoming ASW competition. Not only is Crew 4 hard driving and clear thinking collectively, but some individuals have demonstrated flashes of near genius. Pass the shovel please. Many reports have been received from the Southern California region to substantiate this fact.

From the world famous San Diego Zoo came the following report: "There was considerable concern for the safety of the animals here when it was learned that three hard driving Homo Sapiens (Canadian) had escaped and were roaming at large amongst the animals. However, the great American know-how again came to the rescue. The Homo Sapien Canadians were plied with "margaritas" for which they quickly acquired an insatiable thirst, and when they were finally located they were moved to the dangerous animal ark "Terra Nova" where they seem to be right at home".

A report from Tijuana states that certain quick thinking Gringos had demonstrated exceptional persuasive powers and bargaining ability well above the average (for Gringos) when they convinced a local merchant to part with certain priceless works of art, valued at 25 cents, for the small sum of \$2.50. Changing the topic - after many months of research and experimentation the crew's TACCO has finally decided on the easiest way to pick the raisins from the raisin bread - by taking his gloves "off".

On Friday, after assembling in the Totem Lounge, the Squadron assembled on the flight line to wish Crew 4 good luck. After the usual picture taking and the shaking of hands with Col. Mortimer and L.Col. Montgomery, Dave picked up his bag and piped the crew aboard. Bon Voyage and don't come back without the trophy. So until next time and after next weekend, The Demon

Traffic Technicians

BORDEN, Ont. - The first group of females is completing a traffic technicians course at Canadian Forces Base Borden.

Seventeen girls enrolled in the six week course are learning to drive military vehicles including aircraft towing tractors and forklifts. Some of them have had no prior driving experience.

The girls spend part of the course in classroom study and part training on vehicles. Phase two of the course teaches them proper method of loading cargo on aircraft and vehicles.

Girls from this course will receive postings with air movement operations at Canadian Forces bases.

The course is taught by Transportation Training Company, part of the Canadian Forces School of Administration and Logistics at CFB Borden.

FUNGUS IN EGYPT



Fighting fungus drop two

Ft. Nelson, B.C. (Exclusive). The mighty Alaska Highway became the highway of tears to members of 442 Squadron two weeks ago, as the Mad Mushroomers were challenged to two feats of athletic prowess in this northern hamlet and defeated on both counts.

While involved in a search operation, based at the local airport, 442 Squadron crews became friendly with the townsfolk and in particular, C.P. Air employees. Such rapport spawned the idea of a challenge to a soccer game, a sport which is currently en-

joying a rising popularity in North America, no thanks to the Merry Mushroomers. Even though Gerry Boucher scored a single for 442, the C.P. Air side put in two to hand them the predictable victory. The Squadron team consisted of the likes of: Stark, "Hognose" Brown; Ball, Sears; Lee, Landry; Sinclair; Hawkins; Gauthier; McGill; Wasyluk; Berry; Robinson; Blakey; Johnston; Boucher; Miller; Royer and Cote. All that horseflesh and not a Pele among them.

Being gluttons for punishment, the Fungus decided to

try their hand at softball, and the challenge was answered, this time by a mixed team aptly named the "Air-portettes." 442 started out well enough in the first 3 innings, managing to snag six runs, but the home team decided that these "furriners" had had their fun and proceeded to teach them the game to the tune of a final score of 16 to 9. The scorecard, written on the back of an old brown paper bag, shall serve forever as a reminder that Mushroomers are good sports, they just don't play sports good.

The Gravel Pit

Here we are again. I like using "we" when writing, a well known TV publication has a regular feature writer that does the same thing. He tears people and programs apart using the all encompassing "WE" and makes it sound like it isn't his fault or idea, someone else is to blame. We shall now write of Air Traffic Control happenings of which we were aware.

The annual ATC departure party was held in the Totem Lounge this month for three of our staff leaving Comox, and one that changed jobs. The services of our boss, Major Oz Septav will be lost both to us and the Armed Forces this summer as this gentleman is retiring. The usual procedure is to list time at base and accomplishments but I am sure all that know him and respect him as we all do, need not be reminded of the capable way he handled the job, or should that be pluralized, jobs, connected with Air Traffic Control and his position as BATCO.

A farewell is included for Mrs. Septav as well, people sometimes forget that the wives are also retiring after years of service with the armed forces. Although they don't wear a uniform or sign up for the duration they are also affected by the joys (?) of service life.

Captain Jack Garbutt and family have left for CFB Borden where he will take up residence as an instructor at

the CFSAOE establishment. Jack was connected with the local flying club at Comox and was our Standards and Training officer. For all that have seen, he was the innovator of the Gravel Pit and his idea will be a long standing memento of his stay here.

Sgt. Brian Corke is also departing the fix outbound to that other warm spot, Cold Lake, Brian is a Radar Controller and like the rest of us has spent his years here saving pilots day after day, even when they don't need it.

And last but not least, although maybe the shortest, our control person Lt. Denise Ferguson has changed jobs on us. None of us can type, we included, and Denise usually ended up with the task, so instead of part time admin she has decided to concentrate full time on the job. I hope she realizes how hard it is to type with one finger while looking up words in the dictionary. Best of luck in the new job is extended by all.

And pour la gang qui parle Français, a few mots. A votre tour c'est la saison pour vous la guys who avez le bon sens lancez same et trail la ligne avec le hooks pour catchez les fish. Now toute la personnel in ATC (Control des Airiennes) have skill tres bien when it comes to hookez les poissons. Une jour des fishing is upcoming pour un roast (barbecue) de Salmon and cette column will report la success ou la failure dans la next writing.

Smoking Salmon

By DAVE CURTIS

For the salmon fisherman the smoking of the catch can add a new dimension to an already enjoyable pastime. In a previous article I stated that over-mature chum salmon are quite tasty when smoked but so are all types of salmon, large trout and steelhead. Salmon that have been kept too long in the deep freeze and have acquired "freezer burn" can be salvaged by smoking them.

There are as many ways to smoke a salmon as there are to catch them but the following method I have found is a fairly simple operation, an inexpensive one, and the results are excellent.

For a smoker I use an old fridge purchased at the second hand store. Make sure it is an old fridge because the interior will be enamel and not plastic which will melt during the smoking operation. An old hotplate purchased from the same source is sufficient to produce enough heat to start the wood chips smouldering. The local BX sells a small smoker which

comes complete with racks and hotplate. I find it too small for my personal use but it does produce good results.

For wood to produce the smoke I use hickory chips purchased from the local BX. For a different flavor try apple, peach, alder or any non-resinous wood. Use the sawdust or small chips for better results.

To prepare the cleaned fish cut off the tail and all the fins. Cut the fish into two halves along the backbone, removing this bone but leave the rib bones intact. Then cut the fish into chunks of about eight to ten inches in length. Smaller trout can be smoked by the same method but leave the cleaned fish whole.

Rub pickling salt into the flesh side of the meat and don't be afraid to use too much. Then place these salted chunks into a plastic basin skin side down with a layer of fish then a handful or so of

salt, then more fish and so on. Place this basin in your home refrigerator over night.

After 12 to 16 hours remove the basin and thoroughly wash the fish under cold running water. Make sure you get most of the salt off, but don't over do it as you want a bit of salty taste to remain for flavor. You will note that the flesh is now firmer than when you started.

Once the salt has been removed shake off the excess water and rub demarara sugar into the flesh side of the fish as you did with the salt, using lots. For better results use demarara sugar not ordinary brown sugar. Sprinkle black pepper liberally on top of the sugar.

Now that the fish are prepared place them in your smoker skin side down. Leave sufficient room between the chunks for the smoke to circulate freely.

Place a couple of handfuls

of wood chips in a cast iron skillet and place on the hotplate which should be in the bottom of the fridge. Plug it in and close the door. Don't worry if smoke leaks out from around the door as long as it is not excessive. Check the

progress every hour or so adding chips as required. The fish should be done in about four hours and ready to eat.

Your epicurean delight makes an excellent companion when served with your favorite brew.



STANDBY, ON TOP ... NOW, NOW, NOW! M.Cpl. R.D. (Dick) Gallant, 407 Maritime Patrol Squadron, CFB Comox, homes his aircraft to target. The action took place approximately 50 miles west of San Diego during an anti-submarine warfare exercise in early June.

Photo by Maj. Denny Ryan

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EDITORIAL

International Women's Year

We're now six months into International Women's Year, and as far as the Canadian Forces, or for that matter Canada is concerned, things are moving at a fever pitch. I fear however, that fever is affecting the grey matter of some of those responsible for leading us through the land of "Why Not?"

Take for instance the situation in Nova Scotia, where according to Victoria Times columnist Harry Bruce, the government created an International Women's Year Task Force to carry the ball down east. Of course, all seven members of the Task Force are women. Not one male chauvinist inker among them. So, off goes this blue ribbon (pink ribbon?) panel of liberated women to tour the Bluenose province and get opinions from both men and women on how persons should be treated with equality.

Closer to home, a news item recently released by the Directorate of Information Services announced that Major Marguerite Tremblay has been appointed to command the Recruiting Unit in Ottawa. As such, she is the first

woman to command a unit of the Canadian Forces since the end of World War II. With all due respect to Major Tremblay, may I say "Bullroar!" According to the October 1964 edition of the RCAF Roundel (Vol. 16, No. 8) the Officer Commanding of the RCAF School of Food Services at time of printing was of Flight Lieutenant Jean Liberty (a woman), probably the youngest O.C. in the RCAF. I can't vouch for the other former Services, but we "airpersons" had women in positions of responsibility long before it was the thing to do.

The International Women's Year is a concept of the United Nations, and as such was most likely envisaged as a means of raising the status of women in those countries where they have ranked somewhere between sheep and goats. Canada should pride itself, along with other advanced nations, in pursuing human equality without regard to race, creed, or sex. But to allow enthusiasm to cloud facts would be to do a great disservice to all that has been accomplished.

C.R.S.

From The Fur-Lined Foxhole

This is Canada Week. It commences tomorrow with the St. Jean Baptiste celebrations in Quebec, and extends through to 1st July (the proper terminology of which should be "Confederation Day") when it will be celebrated Canada-wide.

It saddens my heart greatly therefore, to pen my thoughts for somehow I have recently arrived at conclusions regarding my beloved Canada that are radically at variance with the general sentiments that will be expressed this week.

After having attended the fourteen-week French language course some time ago, I have been reflecting on its prime effect. It was not in the area of linguistic ability -- although that too improved and was greatly enjoyed as a personal thing. What has gradually emerged from my self-imposed immersion in the French culture was a greatly heightened sense of identity as an English Canadian and an awareness of the cultural gap that mere bilingualism will never bridge. It may provide a temporary span, but never a permanent joining of the two solitudes.

To this heightened feeling of identity was an added awareness of the frustration that many feel being bound to the other. It appears to this writer that each group perceives each important "national" issue in quite different terms, and each for quite logical culturally-determined reasons, feels that the other

is, by its opposition or neglect, merely being perverse. On truly national issues, the resulting compromise of cultural essentials frustrates each group and leaves a residue of ill-will for future generations. In reality, each group is following the logical demands of its cultural make-up.

While it would grieve my heart greatly to see the work of 1867 altered radically, I have come to the conclusion that separation is almost inevitable. Indeed, my reading of the present Quebec scene indicates that separation is gradually taking place and that the discussion now is as to what type of post-separate Quebec will emerge, Capitalist or Socialist. Be that as it may, I do not believe that separation would be the political apocalypse that some fear, but paradoxically somewhat the reverse. It could quite well provide a new impetus for each linguistic group, an impetus for each to consolidate its identity and secure its future free of the artificial restraints imposed by political union. Political separation would come as a shock only to our political system, but would not too greatly affect our other areas, for in our essentials we have always been separate.

Gone is my fear that English Canada would disintegrate. It would, I believe, be drawn closer together by the loss, made more aware of its identity and history, and emerge unscathed as a Nation. So would Quebec.

On Pensions, Annuities and Things

By C.W.O. JIM BROWN

Our pension scheme has been around under various names for a very long time. At about the turn of the century the Defence Services Pension Continuation Act (DSPA) was born. Only officers and warrant officers contributed. A penalty-free pension was payable at 20 years service. Each year from 20 to 25 years counted as two-fiftieths and pensions were computed on the last three years pay and allowances. There were no survivor benefits for those that did not contribute.

It progressed from Part 1 to Part 4 and I guess we are most familiar with Part 4 because of our pre-WWII service acquaintances. When Part 5 arrived in the 1950s the name also changed to the Defence Services Pension Act (DSPA) and all ranks started to contribute. Then in 1959 it was again revamped and given its present name, Canadian Forces Superannuation Act (CFSa).

With the advent of the DSPA Part 5, several changes took place, some good, some not so hot. Some of the good were: benefit allowances for widows, children and orphans; an increase in the value of these survivor benefits; all personnel started to contribute. Some of the not so hot were: the introduction of the six year computation. This actually reduced pensions. It was, I think, our first go at being "comparability" with the Public Service (PS). Gone was the 20-year penalty-free pension (they are now in the process of trying to reintroduce this system - Bill C52). It was also about this time that many of us found out our wartime service did not count as pensionable time per se.

The introduction of the CFSa about 1959 brought a number of beneficial changes, none of which altered the now 70 year old one-fiftieth bit or the six year computation in order to put more annuity money in our pockets.

The introduction of the

Canada Pension Plan (CPP) in 1965 provided another cage opportunity to further erode our annuities. Bill C136-CPP was steered through the House by the then Hon. Ms. Judy LaMarsh. For some reason that I have never been able to fathom, she brought the USA serviceman's pension plan into the debate. She pointed out that US servicemen stack their O.A.S.D.I. (their equivalent to our CPP) onto their service pensions and she advised that this arises by virtue of the fact that in the USA there is compulsory service at an early age for almost everyone. Then, in the infinite wisdom issued to members upon their election, she said and I quote, "It does not seem reasonable in the conditions that prevail in Canada, to stack the Canada Pension Plan on top of the fairly generous service plan," unquote. Fairly generous? In comparison to whom? Certainly not the Members of Parliament's pension plan. Certainly not the US servicemen's. They receive a 50 per cent pension for 20 years service, a 62.5 per cent at 25 years, and 75 per cent at 30 years. It is computed on their pay the month they retire. We are always reminded, when USA pensions are mentioned, that they do not have survivor benefits because they do not contribute. There is no longer a draft but they still stack their O.A.S.D.I. onto their service pensions. No mention is made of the fact we have had since about 1950, female personnel who contribute to our plan and have no survivor benefits. (Legislation is in the mill to have this rectified, Bill C52). Certainly not Dofasco, Canadian Tire or Bell Telephone.

It is interesting to note that in the debate on Bill C194 some five years later in 1970, the then Hon. D.S. MacDonald says we elected (the CAF) to have our CFSa reduced by the CPP at age 65. I have yet to find anyone in the service who will own up to this decision. So at age 65 your CFSa will be

reduced by the .007 formula while your local Member happily stacks his onto his MPRAA allowance. Yep, you guessed it! This same Bill made provision for Hon. Members to stack their CPP-MPRAA benefits.

A very brief explanation on the CPP-CFSa offset calculation may be in order for those of you who are a little hazy on the subject. The reduction is calculated on the average of your yearly maximum pensionable earnings (YMPE) for the year you retire and the preceding two years, times the time you contributed to CPP (it started on 1 Jan 1966), times .007 e.g. suppose you are released on 31 Dec 75, CPP earnings are 1973, \$5300; 1974, \$6600; 1975, \$7400; average \$6433. Time of contributing from 1 Jan 1966 is nine years so your reduction is 6433 x 9 x .007 = \$405.27 per year or \$33.99 a month at age 65. It is pointed out that this reduction is calculated at the same time as your CFSa annuity is calculated and remains constant forever. Any additional CPP benefits you might accrue due to employment after retirement is additional and can be considered (gravy?).

The enormous uncontrolled and incessant rises in the cost of living for the past several years gave birth to the Supplementary Retirement Benefits Act (SRBA) in 1970. It is intended to keep pensions up with the cost of living index increases. Sadly, it does not do this for personnel that need it most (and according to Hansard April 24, 1975, will not be amended to do so). It was to start at age 60 and some 22 government employee groups contribute to the SRBA account.

The PS was not happy with the age 60 proviso so the Act was amended to provide SRB at age 55 and 30 years service for the PS. It was not until several years later that a formula was worked out to include the CAF. Bill C220, (Continued on page 10)



"GOOD GRIEF, what a blood curdling sight!"

Letters

Gotcha!

Attention: Editor
RE "ADMIRAL'S REMARKS
MAKE DEFENCE
MINISTER'S BLOOD
BOYLE"

1. I believe the Admiral's blood will now boil because the picture showing HMCS PROTECTOR operating off the coast of B.C. is a NO, NO. She has never been in B.C. waters, unless someone pulled a swifty without the Admiral's permission.

2. We have another supply ship on this coast called HMCS PROVIDER that looks after all our needs.

Cpl (N) R.J. Allcock
Editor
CFB Esquimalt Lookout

Editor's Note:
Right on, Leading Seaman Allcock! The picture and caption came from the Directorate of Information Services, which just goes to show you, the Ottawa Puzzle Palace doesn't even know where our ships are. The same photo and caption appeared in a recent edition of the Shearwater Warrior, so I wonder what's the matter with our "sharp-eyed" east coast fish heads. Incidentally, the helicopter is a Royal Navy aircraft, not one of Protector's Sea Kings.

Red Baron Champs

Dear Mr. Editor;
With all the complaints and bickerings in softball and baseball this year, it was nice to hear of a very sportsmanlike happening this past week.

One of our girls' midget teams went to play a game only to find the opposition was one girl short to make up the required nine, so our coach asked for a volunteer to go over to the other side, so a game could go on. There were several volunteers and one was chosen and the game went on. One would think with this generosity I would conclude with saying our team won. But it just didn't turn out that way and they lost.

I think a big BOUQUET should be extended to the coach and girls of this team for showing such good

sportsmanship. HERE IS TO YOU C.F.B. RED BARONS.
Yours truly,
Gladys Wilson
Wallace Gdns. Rec. Director

Media Unfair

Dear Sir:

The Queen's Regulations and Orders have a little article concerning rebuke in the presence of juniors.

Several times in the last few years we have been exposed to considerable publicity from the news media upon the calling of Senior Officers to NDHQ to answer for remarks and opinions they have uttered. The media is all too happy to make much of such incidents.

I cannot but help sympathize with our Senior Officers who, after years of meritorious service, are still gravely concerned with the sovereignty of our country, the quantity and quality of our personnel and the adequacy of equipment to carry out their assignments and commitments. Their transgressions cannot be looked upon as self-righteousness or publicity seeking.

I seriously ponder as to the level that we have permitted our Service to descend when we subject our dedicated, very long service, decorated Senior Officers to what amounts to a public rebuke in view of the vast press coverage that has been so prevalent lately.

I have had occasion to meet and discuss service problems with Vice Admiral Boyle. He is an officer I would be proud to serve.

It is a shame our soiled linen is loudly hung out for all to see rather than abide by the provisions of our carefully thought out orders.

I, for one, am embarrassed for my Service, for myself and those involved, and would like to see a return to service dignity and decorum.

J.W. Brown, CWO

Next
Deadline
7 July



Canada Week, June 24 - July 1, is a special week to honour Canada. Its aims are to stimulate national pride, emphasize the advantages of national unity, and encourage greater dialogue and understanding among Canadians.

By choice of profession, men and women of the Canadian Armed Forces amply demonstrate their dedication to these ideals, and the interests and future of this country.

As the prime instrument of its defence, it is obvious that "Canadian solidarity and one Canada for all Canadians" is an aim with which we can readily identify.

This year, as a first step towards involving the Armed Forces in Canada Week, I decreed that Armed Forces Day be held on June 21, the Saturday preceding the opening of Canada Week.

As a personal believer in the aims of Canada Week, I invite you to join with Canadians everywhere in its observance, and in reaffirming our dedication in its ideals.

J.A. Dextraze
General
Chief of the Defence Staff

From The Base Fire Dept.

Can you answer "yes" to all these questions?

1. Do you make it the rule never to leave small children alone or unattended?
2. Do you show your babysitter the escape routes from your home, and give instructions on the right way to call the fire department?
3. Do your babysitters (and you) know the first rule of safety in fire emergencies: Get everybody out fast, and don't go back in?
4. Are your children trained to keep a safe distance from flame and spark sources?

Questions which receive a "no" answer indicate potential danger spots which need prompt attention and correction.

Totem Talk

One sunny hot day, and we did have one this year, our family decided to go to Air Force Beach and soak in the sun. The Beach has a lovely sandy area making it nice for the youngsters as well as the oldsters, but I found you do have to be careful not to step on broken glass. It would be nice if we all were very careful in taking home our glassware or placing it in the garbage cans.

I found it a little annoying to have motorcycles racing up and down the beach, and saw a couple of young men trying to climb the clay banks. I believe the motorcycles are more hazardous than a dog loose on the beach, and dogs are not allowed there unless on a leash. I sure would like to leash a couple of motorcycles.

Watching mothers having a difficult time getting youngsters down the steep clay bank while carrying an arm load of beach gear made me wonder if steps could be built. It certainly would make the trip up and down to the beach much easier.

The pavilion is very nice, but many of us, it seems, couldn't care less in what state we leave it. Would you believe a friend took a Brownie Pack there, and found someone had taken a horse inside and horse manure was on the floor and had been smeared on the benches as well. Needless to say it was an unpleasant job cleaning it up. It has been found pretty messy after a few parties too, having to be cleaned up before it could be used.

We are very fortunate in having such a lovely area to use and enjoy, so let's use it with respect.

TOTEM TIMES

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FLY-UP PRODUCES WINGS Seven girls from 6th Courtenay Pack received their Brownie Wings from Commissioner Mrs. D. Yeoman at a ceremony June 16 at Courtenay Elementary

School. (L - R) Louelyn McKenzie, Shelly Young, Tara Obeare, Laura Finlay, Dawn-Ann Bennett, Corrie Galloway and Sherry Wright.

Brownie's Circus Day

June 16th was Circus Day and a memorable one for rownies of the 6th Courtenay pack. Most received tickets through the schools and the older girls were given passes by local merchants. Many thanks to Shriners and merchants who made it possible for the pack to enjoy the circus. Many were viewing a 3-ring circus for the first time! Mrs. F. Obeare, Mrs. V. McKenzie and Mrs. S. Woodland assisted as drivers and chaperones.

Following the circus, the Brownies joined 1st Courtenay Guide Company in a Dessert Night and Fly-up. The following badges were presented: Pack Holiday - Patricia Stallard; World Friendship - Anne Wilson, Kim Beaucage; Pet Keeper - Cindy Hand; Explorer - Laura Finlay, Corrie Galloway, Tara Obeare, Louelyn McKenzie, Shelly Young, Dawn-Ann Bennett; Native Lore - Kim Beaucage, Dawn-Ann Bennett, Joan Buick, Laura Finlay, Corrie Galloway, Laura Gordon, Lillian Gordon, Sherry Lit-

ler, Louelyn McKenzie, Laurie Manson, Tara Obeare, Patricia Stallard, Kelly Thorlacius, Gina Waterman, Susan Woodland, Sherry Wright, Shelly Young, Lisa Zimmer. **GOLDEN BARS** were presented to: Sherrie Littler, Laurie Manson, Patricia Stallard, Susan Woodland. **GOLDER LADDER** were presented to: Kim Beaucage, Laura Gordon, Lillian Gordon, Susan King, Kelly Thorlacius, Joan Buick, Anne Wilson, Gina

Waterman, Lisa Zimmer. Commissioner Mrs. D. Yeoman pinned the Brownie Wings on the girls flying up to guides. They were: Dawn-Ann Bennett, Laura Finlay, Corrie Galloway, Louelyn McKenzie, Tara Obeare, Sherry Wright and Shelly Young.

A gift was presented to each girl and then the pack sent them off with their best wishes on their voyage

through the sea to the city of Guides where they were welcomed by Captain Mrs. B. Kempton. Following the Fly-up, the Brownies watched with interest the Canada Cord Presentation to four worthy Guides. The evening concluded a very successful year for 6th Pack and we all look forward to resuming activities in the fall.

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The Elusive Salmon

By SUE LAWSON

Unbelievable as it may seem to us, summer has arrived, our gale force winds have calmed down to a stiff breeze and the sun actually shines for more than an hour and a half at one time. The people, their golf carts and their golf courses are the "rough". Beaches are teeming with families and their picnic lunches and on moonlit nights there are the summer lovers. Yes, summer has truly arrived; the smell of suntan lotion is in the air.

We have been taking advantage of these glorious days and nights and the boat rentalmen have been taking advantage of us. When Budget allows us, we go salmon fishing. If I didn't enjoy this outing so much I'd probably head down to the good ol' local

fish markets and buy the salmon. Even at their prices it is by far the cheapest since the salmon aren't too plentiful (for us) at the present time and more often than not we return home empty handed, sunburned and stiff backed with noticeably less money than when we left. However, I enjoy fishing and so I turn my mind from the fact that for a day's boat rental I could probably buy new sheets, next week's groceries or paint the porch. But, there is something invigorating about leaping out of bed at six in the morning and roaring down to one of the local beaches, bleary eyed and damp, then crawling into a boat only to shiver for the first hour or so while the men play with their equipment, discuss weather and argue where the best place is for today's catch.

I have observed that even ardent TV watchers turn into strong, virile "man-versus-nature-and-wins" type, spouting wise sayings such as "red sun at nite - sailor's delight" and so forth, as though they had been doing this all their life. The way they lay it on you would swear that they were born with a fishing rod and tackle tucked under their arm and a hand up testing wind velocity.

In the boat however, we are all for one and one for all; at least that is what I am led to believe. No matter who gets a salmon, everyone becomes excited, lines are reeled in and all eyes are riveted on the spot where the great "twenty-five pounder" is to appear. If by some chance a Dogfish is attached rather than the (by now) fifty pound salmon, the dogfish is credited with the

(Continued on page 8)

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CHERRY AITKEN of the Comox Golf Club, receiving the Port Augusta Motel trophy from Lorne Kingyens, President of the Glacier Greens Golf Club. The trophy was awarded for the field low net winner in the Ladies Third Annual Open Invitational tournament held last Sunday.

Photo Begin



PAT WILSON presents the Hobby's Snack Bar trophy to Sara Chase of Campbell River, low gross winner in the Glacier Greens Ladies Third Annual Open Invitational tournament held last Sunday.

Photo Begin

Glacier Greens News

The Ladies third Annual Open Invitational was held at Glacier Greens on Sunday June 22nd. 70 ladies participated in the three flight tournament, and in spite of rather wet, cool weather, spirits were high and the event enjoyed by all.

Sara Chase of Campbell River scored a 90 for low gross honours and the Hobbies Snack Bar Trophy. Pat Wilson was on hand to present the trophy to the winner on behalf of Hobbies Snack Bar.

The Port Augusta Motel trophy for field low net was won by Cherry Aitken of the Comox Golf Club with a score of 70. Lorne Kingyens, President of the Glacier Greens Club presented this trophy on behalf of the donor.

Other winners were as follows:

"A FLIGHT" - 1st low gross, Peggy Mathews (GV). 1st low net, Edith Hoult (C). 2nd low gross, Trudi Newman (CR). 2nd low net, Margaret Stevenson (C). 3rd low gross, Florence Thulin (CR). 3rd low net, Bernice Sutherland (C). 4th low gross, June Reist (CR). 4th low net, Mona Ledgard (GG). 5th low gross, Elsie Saunders (GV). 5th low net, Kay Quinn (S). 6th low gross, Alma Kasdorf (CR). 6th low net, Liz Stuart (CR). 7th low gross, Nora O'Connell (GV). 7th low net, Irene Harker (GG).

"B FLIGHT" - 1st low gross, Gladys Mitchell (C). 1st low net, Doris Ellis (C). 2nd low gross, Alice Calnan (CR). 2nd low net, Nettie Bonenfant (GG). 3rd low gross, Eileen Orpen (C). 3rd low net, Doris Smith (GV). 4th low gross, Dorothy Thompson (S). 4th low net, Betty Robinson (C). 5th low gross, Fran Henderson (S). 5th low net, Ann Bing (C). 6th low gross, Barbara Carter (GG). 6th low net, Audrey Marshall (S). 7th low gross, June Berry (CR). 7th low net, Evelyn Staples (S).

"C FLIGHT" - 1st low gross, Marion Yeomans (C). 1st low net, Joan McMillan (GG). 2nd low gross, Bev Aitken (S). 2nd low net, Donna Barrs (S). 3rd low gross, Georgette Drake (C). 3rd low net, Edith Norton (C). 4th low gross, Shirley Parsons (CR). 4th low net, Emmie Munro (C). 5th low gross, Jessie Jones (CR). 5th low net, Dorothy Crawford (C). 6th low gross, Norrie Whittle (C). 6th low net, Gladys Knight (S). 7th low gross, Loretta Garceau (CR). 7th low net, Peggy Hillier (GG).

Other prize winners were: Kay Freeman (GG), closest to the pin. Audrey Marshall (S), longest drive. Sara Chase (CR), the least putts (28).

Glacier Greens Events

Glacier Greens recently hosted a CE Golf Tournament, with CE personnel coming from CFB Esquimalt, CFS Holberg, and CFB Comox. The tournament was held on Friday the 13th of June. Trophies were made by Tom Finnie and presented to the winners at the completion of play. The tournament was organized by Tom and Jackie Finnie and Dave Mills.

Listing of winners in order of finish, 1st Low Gross was captured by Bill Branch, 2nd Low Gross went to Fred Mills, 1st low Net was won by Gray

Eileen Orpen (C), low hidden hole. Gladys White (CR), high hidden hole. Irene Perry (GG), most honest golfer, and the best poker hand was won by Gladys White (CR), with 5 6's in a row.

LEGEND - S-Sunnydale, C-Comox, CR-Campbell River, PR - Powell River, GV-Gorge Vale, GG- Glacier Greens.

The ladies committee wish to extend their appreciation to the following for their support of donations:- Base Exchange, George Hamm Watchmaker and Jeweller Ltd., Graham's Jewellers, Papp Electronics, The Frame House, Arbutus Hotel, Bank of Commerce (Lazo), Finlayson Furniture Ltd., Comox Hardware Ltd., Saan Department Store, Living Lighting, Woodland's Drug Store, McConochie's Furniture and Appliances Ltd., Eatons, Laughing Oyster Books, Anna's Coiffures, Style-Rite Beauty Salon, Steadman's Department Store, The All Seasons Boutique, The Outdoorsman, Laver's Department Stores Ltd., Northgate Motors Ltd., Gordon's Supermarket, The Royal Bank (Courtenay), the Officers Mess and the Jnr. Ranks Club.

Thanks also to the Glacier Greens men who helped so much with scoring, spotting, etc., and starting the ladies off from the first tee in such grand style, to Ron Ledgard for the delicious smoked trout and to all who helped in any way to make our third Ladies Invitational so successful.

On Wednesday June 11th, Glacier Greens hosted 22 ladies from Campbell River for the day and in the evening the Glacier Greens men were guests of the Campbell River Club. Winners for the ladies were: 1st low gross, Gen Beehler. 1st low net, Joan McMillan. 2nd low gross, Mary Shaw. 2nd low net, Nettie Bonenfant. 3rd low gross, Irene Harker. 3rd low net, Audrey Haughn. 4th low gross, Millie Legg. 4th low net, Lila Tucker.

A Father's Day 4 Ball Tournament was held on Sunday 15th June and 42 members turned out for this event. Low score winners were as follows: 1st Jack Adams, Anna Sutton, Paul Dobson, Stephen Kingyens. 2nd, Reg Blois, Nettie Bonenfant, Larry Harker, Jim Clarke. 3rd, John Webber, Irene Harker, Charlotte Stephenson, Al Stephenson. 4th, Pat Patrick, Harry Fee, Lillian Whitehead, Gerry McLaughlin. 5th, Chet Behan, Muriel Behan, Doug Mann, Kevin Mann.

The longest drive was won by Pat Patrick and closest to the pin by John Webber. Highest score went to the team of Joyce Foggitt, Vic Foggitt and Darryl Harker. Wednesday 18th June saw 18 members out on Ladies Day to play 18 holes with irons only. Such good scores were achieved rumour now has it there will be several sets of ladies second hand woods going on sale very soon! Winners for the day were: Mary Shaw, Nettie Bonenfant, Betty Krayden, Pearl Kingyens, Charlotte Stephenson, Trudi Berger, and Ann Lang.

Last week good-byes were said to Marga Seymour who has been a charming and faithful worker at the Golf Club for the past four years. Best wishes are extended to her and her family for their happiness in Dana, Sask.

Thanks to the ladies who planted the flowers along the front of the Club House recently. They will be an added attraction when in bloom.

Good luck from all Glacier Greens members to Stu Winchester who is at present in Trail, B.C., playing in the B.C. Junior Championship as a representative from Zone 8.

One Easy Lesson

Hiker To Rockhound

An interesting day on Mount Washington may have converted the Base Hiking Club members into rock collectors last Saturday. The enthusiasm of Mr. Ken Northcote, a geologist with the Mineral Resources Branch of the B.C. Government, was catching as he related the rock history of Vancouver Island and identified each type as it came into view.

Born and raised in B.C., Ken has a great love of this beautiful Province, and doesn't hesitate to pass on his thoughts regarding the outdoors and his favourite topic: rocks. He volunteered his time to make the one day outing more pleasurable to the local military members and their families. He has been associated with the Canadian Forces in the past

and can tell you some pretty good stories about events at Holberg and other stations.

After a strenuous climb over deep snow drifts and steep slopes cut into the side of the mountain by Crown Zellerbach Logging Company, Ken and his group wolfed down their lunches before commencing the serious business of searching for ore (gold?) samples amongst the shattered rock of an abandoned open pit mine. No one got rich that day; however, the following minerals were identified:

Metallic: Pyrite - Iron Sulphide; Pyrrhotite - Iron Sulphide; Chalcopyrite - Copper Iron sulphide; Arsenopyrite - Iron Arsenic sulphide; Molybdenite - Molybdenum sulphide. Non-Metallic: Realgar.

PAC Region Golf 2nd Round

The second round of the Pac Region Golf was played Tues. 17 June. Twenty-six golfers participated with scores ranging from a low 73 to a high 101. The top eight golfers in the second round were: George Abrie - 73, Frank Creamer - 77, Jerry Marks - 81, Dennis Hillier - 82, Wally Berger - 82, Doug Tucker - 83, Kim Matheson - 84, Graham Walker - 84.

The dates for the remaining

three rounds are 26 June - 10 July - 31 July. Remember to

make your intentions known to the Rec. Centre at local 315.

Swimming Pool News

Guess What. Swimming registration has come and gone and you forgot to register the kids in the Red Cross Swim lessons. Well mother don't fret, because we still have a few openings. So call the Rec. Centre and make sure that junior is registered.

Sailing Club

On Sunday, 15 June, a flotilla of six Mirror Dinghies, the TALLY-HO and other assorted sailboats set out for Tree Island (north of Denman Island). Although a Small Craft Warning had been issued, the water was placid and the wind under five knots on. Halfway to Tree Island however, the wind freshened to 12 knots on the bow, making for exciting sailing. When it came time for the return trip, the sky had become dark and menacing, the wind had shifted 180 degrees and increased to about 15 knots. With the spray, wave and wind, the two hour trip was a white knuckle experience.

So far this year, 30 members have successfully completed the Canadian Yachting Association White Sail Beginners Course. There is still a demand for summer sailing instruction, so get your name to our Secretary, Sheila Wilkinson, 339-5025, if you want to learn or improve your sailing skills and expertise.

We have temporarily relinquished our Clubhouse for the sake of national unity. We still have the locker and the heads (cans?) (loos?) (toilets??). We are fortunate however, in being able to keep our Mirrors on a float during the summer.

The keelboat members met last week to continue plans for training fitting and cruising on the TALLY-HO. There are still a few openings available for keelboat membership.

Geoff Frusher has volunteered as keelboat bosun and as Foreshore Chairman.

The Sea Cadets have invited the Sailing Club for

(Continued on page 9)

Babe Ruth League

The Juniors (14-15 yrs) went under the name of C.F. B. Able Movers and had a very good season and I think the boys learned a lot about ball under the able coaching of Charles (Chuck) King and Ed Silva.

They started the season out on the first of May in a four team league, - Comox, Qualicum, Cumberland, and C.F.B. Comox. This was the "B" section, the "A" section consisted of Courtenay, Powell River, Campbell River and Port Alberni.

At the present time the C.F.B. Movers have finished the season and are in third place in their section and are now proceeding with the playoffs.

On the week end of the 13-14 and 15th of June, Chuck entered his team in the Junior Invitational Tournament in Courtenay. They lost the first game 1-0. Rob Agar pitched in a hard fought no hit game. With this loss under their belts, they never looked back. Powell River was their first victim 7-0 with Brian Uddenberg on the mound. This was the game that felt the might of the centre fielder's bat: Chris Jones hit the longest ball of the season.

Next was the Petrol Co-Op in a close game 5-2. With almost every player doing something for his team, hitting, bunting, throwing and catching. In the evening found the Able Movers against Qualicum. This in my estimation was the big test, but the boys came through with a big win, 9-5 for CFB Movers, capitalizing on the batted balls and errors. The final game in a double knock out sudden death found Chuck's team just plumb out of pitchers. Cary Mann had just used up all his innings, Brian Uddenberg had also used up his and Rob Agar had two left. In came Doug Baird, first time on the mound. Doug had to last five innings. First batter came up and swung himself into the ground. The team came alive making good catches and throws. They backed their pitcher to the utmost. The judges and umpires were looking for balks but Doug gave them none - just some fine pitches. The player that deserves a hand is the first baseman Pete Allen. If a player could get a trophy for acrobatics it should be Pete. Pete was running, diving, jumping and just trying his darndest to get the foul tips, but they eluded him.

That's the way it goes. But Pete got his share of runners thrown out at first. Gary VanNest had a good bat, and used it to advantage, punting out some good hits, short and effective with Larry Jepson close behind.

Doug held out until the end of the fifth inning and Rob Agar came in to relieve him. Rob held the Brico's off the bases, while Cary Mann started a batting rally in the sixth and contrary to reports, the Bricos bobbled and a host of over throws cost them dearly, as the C.F.B. team won 6-4.

The C.F.B. Movers came home with the tournament trophy - a good going away present for Ed Silva. Gary VanNest won the Shell Trophy for the most hits of the Tournament.

C.F.B. met a different Bricos in the playoffs Thurs. 19 of June. The Bricos, determined not to take another defeat from the C.F.B. team, won 9-3. The score didn't indicate the play as the Movers left quite a few players on base, three in the last inning. Chris Jones got a stand up double. It just wasn't their night. Wait until next year!

Minor League Report

At the time of writing the playoffs for the Minor League Baseball were half completed, and by the time you read this the winners of the "A" and "B" Divisions will be decided. In the next issue we will have for you a complete wrap up of the season, however the standings at the end of regular season play were as follows:

Team:	GP	W	L	T	Pts
Owls	12	12	0	24	
Pirates	12	10	2	20	
Otters	12	6	6	12	
Twins	12	6	6	12	
Expos	12	4	8	8	
Cardinals	12	2	10	4	
Giants	12	1	11	2	

With the above standings the teams were divided into two divisions for the playoffs, the top 4 teams being in the "A" Division, and the bottom 3 teams in the "B" Division; thereby giving most teams a chance to win one of two trophies.

Pee Wee Boys and Girls Softball:

This week being the finals for most Divisions, the playoffs

Team:	GP	W	L	T	Pts
Demons (Blue)	14	10	4	20	
Tigers (Green)	14	8	6	16	
Roadrunners (Gold)	14	7	7	14	
Cougars (Red)	14	3	11	6	

Midget Girls Softball:

Again this is playoff week for the Midget Girls, and we wish all the teams the best of luck in the finals. The girls have worked hard over the past eight weeks and most have shown great improvement and accomplishment in their quality of play. One of the more outstanding teams in the league improvementwise is our own CFB Red Barons, under the fine coaching of Mr. and Mrs. Fred Kern. In their game against Courtenay No. 3 on June 10th Leanne Beaton wacked a long one for a Home Run to add to the score, then on June 17th Stephanie King was the star with her home

run hit in the last inning to drive in two other runs. Unfortunately though it wasn't enough to overcome the 8 run lead of Comox No. 1, but it just shows the determination of these girls, as they fight till the last strike. The end of regular season standings were as follows:

Team:	GP	W	L	T	Pts
CFB Sluggers	14	13	1	0	26
CFB Jets	14	12	2	0	24
Comox No. 2	14	7	5	2	16
Courtenay No. 1	14	6	6	2	14
Courtenay No. 3	14	7	7	0	14
CFB Red Barons	14	4	9	1	9
Courtenay No. 2	14	3	10	1	7
Comox No. 1	14	2	12	0	4

Bantam Girls Softball: Due to the numerous games that were not played in the past two weeks, or scores not phoned in to the co-ordinators at Comox Rec. Centre, the standing for the Bantam Girls League is not available this week. The end of season standings and playoff winners will hopefully be published in the next issue.

Inter-Section Fastball

Military Police - 1

Billy Hill - 7

And that about sums up the story in the Firehall-Military Police softball game played last June 11. The Firehall squad found itself back in the win column with a convincing 7-1 victory over the Military Police. They had suffered their only defeat of the season in their previous outing against the hard-hitting American Team. Pril Lester and Rod May both scored twice to help winning pitcher Billy Hill record his big win. Also scoring for the Firehall were Roy Dendulk, Joe Pacowski, and Tom Evers. Bit it was Billy Hill night on the ball diamond last Wednesday evening. With great fielding support from his team-mates, Billy was able to throw the first no-hitter of the season. The only inning that the Military Police were able to get anybody on base at all

was the second inning when two costly errors allowed not only a run to score but possibly a chance for a perfect game. To prove it was no

fluke, Bill also threw a season high fourteen strike outs. It was a great coaching debut for assistant to the assistant coach, Bob Carter.

CFB Comox Events Bulletin

6 - 14 Jul - Sea Survival Course

6 - 18 Jul - 1975 ADC Weapons Load School (12 visitors) Host BARMPO (in preparation for Weapons Load competition 20 - 30 Aug. '75)

9 - 11 Jul - CFSME CMEC Course No. 7501 (30 Officers) Host BCEO

13 Jul - 426 Sqn. Validation Training Program Team. Host : 442 Sqn.

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Left to right: John Gailly, Ken Kibblewhite, Owen Coffel, Jerry Murray
Base photo

PMQ Preamble

RECREATION

To all those who have registered for Summer olympics don't forget to bring your ball glove to the first activity on July 3rd at the Base Athletic field. Registration for the summer fun and summer olympics is still open and the art classes too, so be sure to drop by the office any afternoon Tues. to Fridays and sign up. The registration is only \$1.00 for the summer and registrations will be open all summer so why not give it a try?

All those soccer players out there are reminded that to play this fall you must let us know at the office before June 27th. Also any teens interested in starting a "Little Theatre" group phone or drop in to give us your name (339-5322).

We are still in need of any old straw hats, bits of wool, ties, and inflatable inner tubes, as well as your ideas and talents that you would like to share with us.

The annual BULLHEAD FISHING DERBY will be held this year at Airforce Beach, Aug. 2nd and 3rd from 3 to 5 p.m. You can fish both days, with your best fish counting. It is open to Wallace Gardens residents ages 5-12 yrs. There are prizes for the biggest fish caught and hidden weights. But you must register at the Wallace Gardens Rec. Office

Totems Win Two, Drop One

The CFB Totems fastball team won their first game against Anchor Garage on June 10, downing the garagemen 10 to 5.

On the 12th, the team came up with a win against Pete's Towing by a score of 3 to 1. John Gailly did the pitching for the Totems, giving up only 3 hits for the win. The Totems got 8 hits in the game.

The 19th of June saw the squad travel to Campbell River where they went down to Tartan Realty by a score of 5 to 1. Ken Kibblewhite pitched and was charged with the loss, his first this season.

with a parent by July 31st. To all the teens we extend our apologies for the mix up in reservations for the social centre which caused your dance of June 27th to be moved up to June 20th. Despite the unexpected change, the dance was a terrific success, with over 60 youths in attendance. A special vote of thanks to Cpl. Ray Herrington who did most of the organizing and work, and to Gary English who provided the terrific dance music and spot prizes. The dance was so successful that another has been planned for July 25th, and for those that missed last Friday night's be sure to get in on the next. It will open for the 8 to 12 yr. olds from 6 to 8 p.m. and the 13 to 18 yr. olds from 8 to midnight.

Last Saturday morning (while most were still asleep) several members of the Council Works and Recreation Committees went around and surveyed the PMQ playgrounds. It is hoped that with a little co-operation from the CE section that repairs and replacement of our sadly deteriorated playground equipment will soon begin. Also possible new structures in the form of log formations etc. will add to the present facilities. It is also hoped that

something can be done soon to improve the slum appearance of the clothesline stands behind some of the apartment blocks.

In closing this week we would like to remind you that anyone interested in tennis lessons or fun competition call or drop in to the office.

WATER RESTRICTIONS: The present water restrictions are that odd numbered PMQ residences may water their lawns and gardens on odd days and even numbers on even days. There are two reasons for this restriction. First, the Canadian Forces have instituted a conservation program to reduce the amount of electricity, fuel, water, etc., used. Secondly, our water supply system is such that excessive usage drops our reservoir below the reserve required for fire fighting purposes. When this happens the four water pressure pumps run continually until the water reservoir is back up to the required level. These pumps are not designed for continuous operation and the longer the period of continuous operation the higher the risk of a pump failing. Please adhere to the even, odd day water restrictions.

Thursday, June 26, 1975

CFB Comox Totem Times 7

MINI BIKES: Mini bikes nor their operators need be licenced providing they are not operated on public roads or streets. There is a misconception that our PMQ streets are driveways not streets. This is wrong, PMQ streets are just that, streets. Some mini bike operators have been riding them on the ball diamond and sports fields. The mini bikes do damage to these playing areas. There are lots of areas to ride bikes but only a few to play ball. Please remind your children who have mini bikes to stay off the ball diamonds and sports fields. Another word of caution for mini bike operators. When you are riding on the fire roads remember the little tots will come running to watch you. Be alert and watch for the little tots coming and be prepared to stop.

COMPLAINTS: The council is still receiving complaints that fish heads and entrails are being thrown in the woods. In addition to parents, dog owners are complaining about this practice. Fish heads and entrails in the garbage please. **RECREATION TRANSPORT PMQ SCHOOL TO AIR- FORCE BEACH**

The PMQ council has requested and the Base Commander has approved recreation transport from the PMQ school to Air Force Beach. The purpose of this recreational transport is to provide a means whereby dependents who do not drive can go to the beach while the father is at work.

The recreation transport is organized as follows:

- Commencing 2 July, 75, a bus will depart from the PMQ school parking lot at 1300 hrs.
- The bus will run Mon. to Fri. excluding statutory holidays.
- The bus will make as many trips as necessary to take all the passengers to Air Force Beach.
- Children under 14 years of age must be escorted by a person over 14 years of age.
- The bus driver will appoint an adult passenger to act as the bus monitor.
- Return transportation from Air Force Beach is the responsibility of the parents.

Statistics will be kept of the number of people using the recreational transport. If the transport is not being used, the frequency of the transport will be reduced or cancelled.

Meet The Totems

By RAY HERRINGTON
Pitching Staff -

John Baily is a newcomer to the Totems and has fifteen years softball experience, two of them in Senior "A". John pitched five years in Moose Jaw and five years in Cold Lake. He was on the Prairie Region Champion Team, and the C.F. Championship squad in 1972. With this team, John knows they'll bring home the silverware.

Big Ken Kibblewhite stands

six feet three, throws left-handed, and has a wide assortment of "stuff". Ken has played seventeen years of ball, four of them in Senior "A" in Ottawa. He has been on two C.F. championship teams, and was selected twice as Most Valuable Player in the Ontario Region.

Owen Coffel has played for the Totems for the last two years. Owen stands five feet eleven inches and throws right-handed. He has been on

two Pacific-Region Championship Teams and was at the Forces Finals two years. Owen is one of the best pitchers in the Upper Island Fastball League.

Coach Jerry Murray has coached the Totems for the last three years. He has led the Team to two Pacific Region titles. Jerry is looking forward to this year's Canadian Forces Championships. It's his year to win it all.

USA: 2- CFB Totems: 28

During the past weekend the CFB Totems participated in the annual class "A" Lumberjack Tournament hosted by the airmen at McChord Air Force Base. The Totems won all games played and all three pitchers were impressive. John Gailly won most valuable player award. Dennis Rochon and Rick Hamel were selected as all-stars.

On the first game with John Gailly pitching the Totems defeated a Yakima team 7-0.

John had 13 strike-outs and the team played good ball with no errors committed.

The second game was against the McChord team and with Ken Kibblewhite pitching the Totems had their second shut-out by a score of 5-0. Ken had 9 strike outs and again the team played excellent defensive ball.

The third game was against the sailors of USS, Constellation with Owen Coffel pitching and again an excellent defensive seven inning

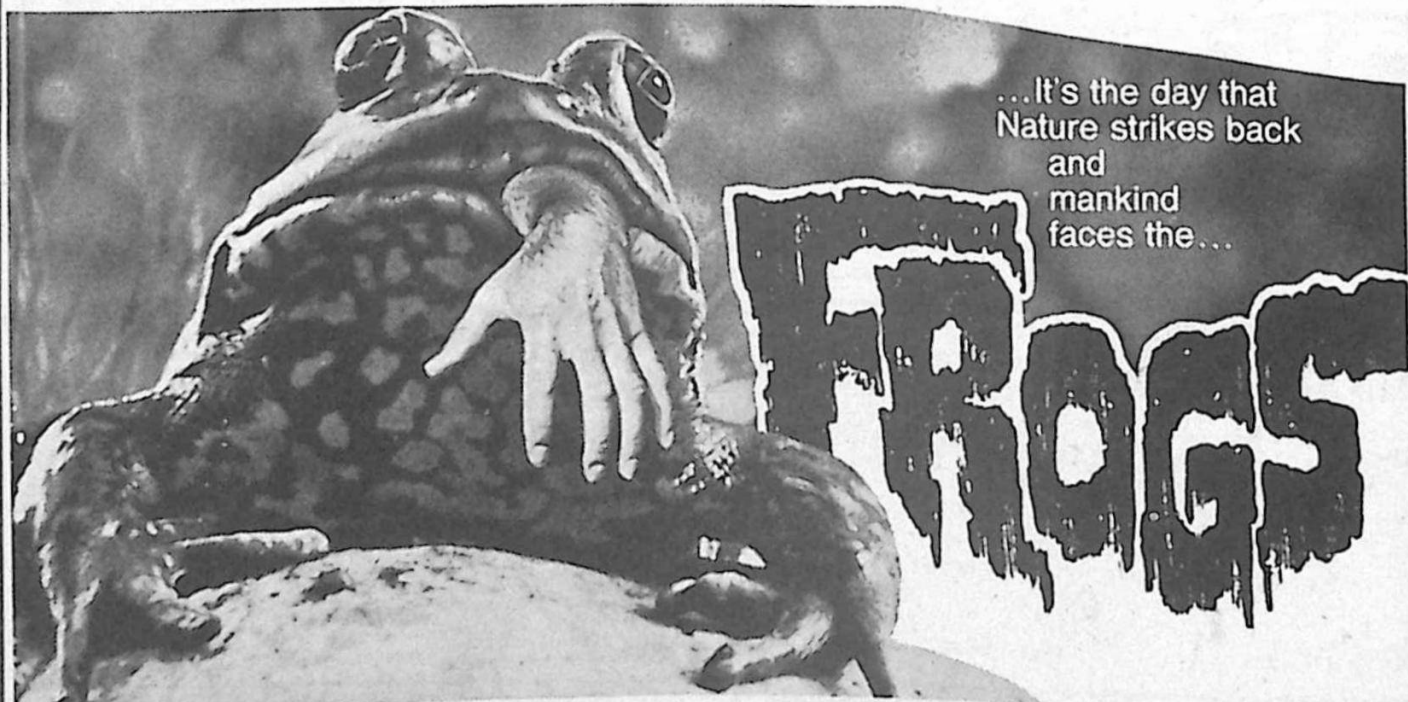
ball game was played by our Comox crew which resulted in a 4-1 victory over the tough navy squad.

The fourth game - a game that meant the championship trophy in four straight games the ball players came out mad and defeated the top team in the area 12-1. John Gailly again pitched a fine game and the lone run was scored on a home run. It was good to see Doug Tucker break out of the batting slump when he lost a ball to the opposite field.

BASE THEATRE SCHEDULE

Theatre Information - Call 339-2433 anytime
RESTRICTED SHOWS: 18 years and above - Under 18 years of age must be accompanied by a person over 18.
ADULT SHOWS: 16 years of age and above - Under 16 years must be accompanied by a person over 16.

FRI. 27 JUNE



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SUN. 29 JUNE



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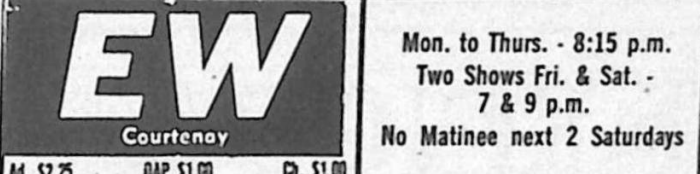
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★ ★ ★ July 2-8 One Week Special ★ ★ ★
The Longest Yard Burt Reynolds
plus Phase IV Eddie Albert

OFFICER'S MESS

June Events

Friday, 27th - No T.G.I.F.
Saturday, 28th - 407 Sqn.
Sunday, 29th - Movie at 2100 hrs
"THE MACKINTOSH MAN"



Showing One Week
June 26, 27, 28, 29, July 1 & 2
General Entertainment
RAQUEL WELCH
THE FOUR MUSKETEERS

Showing One Week -
July 3, 4, 5, 7, 8, 9
"Some swearing & coarse language"
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Mature

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Arrival of The Honourable
Walter Owen
Royal Salute

Inspection of the Parade
Parade forms Hollow Square
Uncasing the Standard
Consecration Ceremony
Presentation of the Standard
Presentation Address
Acceptance Address
Flypast of Aircraft and
O Canada

Trooping of the Standard
March Past in Column of Route

The Advance
Royal Salute

Departure of The Honourable
Walter Owen
Marching Off the Standard

Parade Dismissal

Guests are asked to rise
- Guests are asked to rise
(Military to salute)

- All present remove hats
- Guests are asked to rise
(Military to salute)

- Guests are asked to rise
(Military to salute)

- Guests are asked to rise
(Military to salute)

- Guests are asked to rise
(Military to salute)

The Elusive Salmon



I'm sure they feel that, the long way to go, is going to be an eternity.

On my first trip out I learned to never refer to my rod as a "pole"; poles are made from bamboo stalks and are for back country INEXPERIENCED dudes, not for the truly learned sportsman. If the rod is suddenly snapped forward, straining over the boat and there is a definite weight on the line, never say "something nibbled at my line" or "I think there is a fish on my hook". At the first definite tug, quickly grasp the rod firmly. If the rod springs back lifeless, hunch forward, glare into the murky depths of the water and mumble, "I had a Strike". Whereupon a cool sullen look must cover your face while reeling in the line, then a microscopic check of the tackle is required. As this check is being carried out, refrain from calling lures bait or hooks. Remain detached at all times and never become excited about hooking a dogfish, even if it is the only thing you've had come near in the last five hours. If, after you have hooked "It" (the elusive salmon) and while reeling in it manages to escape, always add a few pounds on and be able to reassure fellow boat mates that it definitely was a salmon; why you could tell just by the fight it put up. This reassurance banishes any fears of falling victim to the lowly dogfish syndrome. Above all, never suggest taking a radio along. "Why the fish would jump right out of the water and laugh at you" so I was told. I'm positive the little dears would prefer even a base drum solo over the rat-

a-tat-tat, spurt and gurgle of the trolling motor.

It is expected that you maintain strict silence, sit tall and gaze intently at the surrounding water, shore and mountains in case there are signs of a good area for trolling; such as a flock of screaming Canada geese dive bombing directly overhead for their meal or ecstatic salmon leaping out of the water to tease frustrated anglers. About the only thing I see are the mountains haughtily protruding up and outwards, icily ignoring me, their peaks with scarves and hats of ice and snow bathed in glorious colours, silently screaming at me that I am an interloper and had best get going while the going is good. I'm sure that they would cheerfully like to change their location to somewhere in Switzerland and with one quick avalanche, wipe us off the island into oblivion.

I look forward to these days, however I still don't totally understand the ritual required before even leaving the house.

My little quip, "Gee, I think it's going to rain for a change," is received with a baleful look and I am told in crisp, short words to hurry up and get dressed.

Once we are on our way in the boat I feel a little more refreshed and am able to sit back and observe the men. After they change the reels for the third time that morning, shuffle around the bait box extracting from its depths, "weights," "Bucktails," "Flashers," clippers, knife, yards of line, etc., (incidentally this is done simultaneously) they commence the arduous procedure of attaching all this

continued from p. 5

paraphernalia to the rods. I have noted that if there is more than one person in the boat this task should be included in the long list for the Purple Heart. I shall refrain from listing the various names, hooks receive when being extracted from an arm or the uncomplimentary adjectives rods are admonished with, as they gaze by an eye, and feel that the danger involved is sufficient to warrant such an award or at least an honourable mention.

I have learned that conversation at this point are to be limited if non-existent. As I sit there, I inspect my rented rod, reel and tackle with a somewhat abject look for even as inexperienced as I am, I realize that my equipment should have been retired years ago, in fact centuries. The rod is chipped and worn, the flasher (an eight inch piece of shiny metal) is twisted, bent and scratched as though it were afflicted with a case of rheumatoid arthritis, and my stationary weight continually squirms its way down to the lure, a "Spoon". It was once a hideous fluorescent pink and now is an anemic rose colour complete with rusty hook. The line itself appears to be so aged and brittle that I'm sure even a minnow just hitching a ride would cause it to snap. However, undaunted, I drop my lure in with a resigned plop, brace myself for the scream of agony the battered, ungreased reel emits as it slowly relinquishes the frail, transparent thread, assume the same intense let's-get-down-to-business look the men are wearing and then settle

myself down for the day.

As the day progresses interrupted occasionally by a strike I allow my mind to wander. Here is where I do my best thinking, furniture moving and planning. I daydream thinking about nothing and everything, a luxury that I rarely have opportunity to indulge in. Big mistake! I'm rudely torn away from my state of limbo by an insensed husband telling me to keep the rod down or ELSE I'LL CATCH IT IN THE MOTOR. Fortunately, I missed the first part of the tirade of words because I imagine none of them were the least bit flattering either towards the fish, motor or me. I have since observed that this sudden one sided conversation is usually preceded by a skillfully executed escape on the part of a salmon from my husband's hook.

Most of the talk consists of "pass the clippers" or "better check your line". Stimulating it is not but manages to snap me back into reality whereupon I slowly (and awkwardly) reel in to check my lures and be reassured that some sneaky dogfish hasn't run off with the tackle. Reality I am in — but not fully awake and so forget to do all the adjusting and turning of knobs and buttons in order to properly reel in. Invariably I hear an exasperated husband growling "I told you to TAKE OFF THAT RATCHET or you'll RUIN the reel." I still haven't figured out just how to go about RUINING a ruined reel.

As the sun begins to turn into a ball of burnt orange, soft pinks and fiery reds forming a puddle-like effect in the sky, the mountains change character, seeming to grow before my eyes becoming lurid and gloomy. No soft

whites and greys now, no feeling of just being snubbed but an outright cold hostility is glared down making me feel even more insignificant than ever. My goose bumps have goose bumps as the damp evening air drips over me and I crouch a little lower in the boat wishing I could diminish in size, small enough to fit into a nice warm pocket.

For me the day is over and I want to head back home. I have found that deep sighs and violent shivers (most of them authentic) and outright cries of "I want to go HOME!" are met with conspicuous silence.

Time drags on. I'm sure that if I were to snuggle up in

a bed of clams I'd even find them cozy. My husband finally remembers me and says, "Just a FEW more minutes and then we'll pack it in." Well, a FEW more minutes pass and stretch into an hour. Just as I'm ready to pack him in, I hear the clackety-tick-tick-tick of the reel informing us that something is on the line. After a long tug-of-war my husband nets a thrashing salmon and then turns to me and says it is about time to go home.

What! Go home!!! The salmon are just starting to bite and I intend to catch one and so I settle myself down for the evening, and if necessary, the whole night.

ability to grab the salmon off the hook and swallow it himself for the sole purpose of infuriating the Sportsman. After removing the dogfish, he is good naturedly clubbed to death both physically and verbally, then dumped unceremoniously into the water while everyone is doing a quick survey of surrounding boats hoping no one else even suspected such capable, experienced sportsmen of catching a DOGFISH.

Women are tolerated — just. We are brought along for the "nice boat ride" with the ever present look in the men's eyes of "you-don't-really-expect-to-get-one-besides-what-w-a nice fat salmon is even more gruelling. I suspect that the only reason for our presence in the boat is the limit each

person is allowed. If by some miracle, the men are able to obtain their limit, then they commence on ours so to speak, that is, if there are three of us in a boat we are entitled to twelve salmon, regardless of who catches them. Upon completion of a fruitful day, it is expressed loud and clear that the MEN CAUGHT ALL these fish and the women came in handy. We allow ourselves to fall prey to such degradation of Women's Rights since occasionally we are lucky and get one ourselves and then "they" get it, in duplicate!

There are several Do's and Don'ts about salt water fishing. I have only started to learn and have a long way to go. By the agonized expression on the men's faces,

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1952 - 1975 (L-R) W.C. C.W. McNeill Jul '52 - Sept '54; W.C. C. McLeod Sept '54 - Jul '55; W.C. W.D. Foster (DFC) Jul '55 - May '59; W.C. H.C. Smale, Dec '65 - Aug '68; L.Col. I.S. Middleton, Aug '68 - Jul '71; L.Col. D.Haire, Jul '71 - Jul '73.

(2nd Row) W.C. T.C. McCarthy (DSO, DFC) May '59 - Jul '62; W.C. L.H. Croft, Jul '62 - Jun '64; W.C. H.O. Moore (DSO) Jun '64 - Dec '65; L.Col. W.H. D.Hedges, Jul '73 - Jul '74; L.Col. B.T. Montgomery, Jul '74 - present

1941-1945 (3rd row) W.C. H.M. Styles (DSO) 1st CO May '41 - Jan '42 (chats with S.L. P.E. Lewis, a Flt Cdr); W.C. A.C. Brown (DSO, DFC) Jan '42 - Sept '42; W.C. R.A. Ashman Nov '43 - Nov '44; S.L. D.G. Pickard, A.CO Sept '43 - Nov '43.

(4th row) W.C. C.F. King, Sept '42 - Nov '42; W.C. I.C. Archer (RAF) Nov '42 - Sept '43 (shown receiving 407 crest from AOC); W.C. K.C. Wilson, Nov '44 - Jan '45.

Air Cadets Busy This Summer

OTTAWA -- Summer camps for 7,000 Air Cadets will be held during July and August at four locations across the country. They are CFB's Penhold, Alta., Trenton, Ont., Bagotville, Que., and Greenwood, N.S.

The cadets, 13-18 years of age, will be involved in a large scale sports program, first aid, water safety, survival training, flying training courses and primary glider training, plus familiarization flights in Canadian Forces' aircraft and Air Cadet League gliders.

Other special activities, involving another 1,200 Cadets, will include courses

for senior leaders, technical training, ground search and survival training, athletic leadership, exchange visits, scholarship flying training and glider pilot training.

For 250 senior leaders it's a six-week course at CFB Cold Lake, Alta., while at CFB Borden, Ont., six weeks technical training will involve 90 cadets.

Two ground search and survival courses will be conducted for 56 cadets at the Canadian Forces' Survival School, CFB Edmonton.

Sixty-one cadets will take a six-week athletic leadership course held at CFB's Valcartier, Que., and Borden, Ont.

Exchange visits to other countries are planned this summer for 63 cadets; 23 will go to Britain; 10 to the U.S.A.; four each to Belgium, France, Germany; three to Israel and Holland; and two each to Austria, Norway, Portugal, Spain, Sweden and Switzerland.

Another 250 cadets will be given the opportunity to take six weeks of flying training - a scholarship worth approximately \$1,000 leading to a private pilot license and the coveted air cadet flying badge.

The Air Cadet League, in cooperation with the Canadian Forces, has greatly increased this year's glider pilot training program. Two years ago, 20-30 glider pilots graduated from summer training courses. This year's six-week glider pilot's course, held at various DND summer camps across the country, involves 253 cadets.

Since the Air Cadet League of Canada was founded in 1941 more than 350,000 Air Cadets have passed through the ranks. Of these, 5,200 earned flying wings.

Although officials emphasize that the League's role is not intended as a stepping stone into the Canadian Forces, some 28 per cent of Canadian Forces' ground crew and 66 per cent of its air crew are former Air Cadets.

Air Cadets attend parades once a week during the school year, and meet an extra evening a week for sports and other training activities.

The aim of Air Cadet training focuses on good citizenship, gaining the attributes of leadership, and developing sound physical fitness stimulating interest in aviation.

There are close to 25,000 Air Cadets attached to the League's 381 squadrons from Newfoundland to the Yukon and North West Territories.

407 Peace Time History

1952 - 1975
407 Squadron was reactivated in 1952 at RCAF Station Comox and equipped with World War II Lancaster Mark 10 bombers. Although the squadron did not come under full control of Maritime Air Command until 1954, it was nonetheless, from its reactivation, engaged in the same role as it had been during World War II, that of

maritime and anti-submarine patrol.

The squadron reached a peak complement of 15 aircraft in 1955, and between 1952 and 1957 thousands of hours were flown by 407 Lancaster crews from detachments at Churchill, Resolute Bay, Cambridge Bay and Torbay in photo and ice reconnaissance operations off Arctic and Eastern Canada coasts. The squadron also continued its wartime work by engaging in regular anti-submarine exercises, and in 1955 alone, participated in eight major joint exercises with NATO countries.

In 1958 the aging Lancasters were replaced with P2V7 Neptune aircraft. However, the addition of this newer and more capable aircraft made no change in the squadron's role.

In July 1959 the squadron was placed under control of Maritime Command Headquarters Pacific in Victoria and full control of the squadron was transferred to the West Coast.

In June 1964, 407 Squadron experienced its first extended deployment when it was based at Patricia Bay, Victoria, while runway renovations were carried out at Comox. The squadron was deployed

for a period of seven weeks, operating out of a small hangar and a tent.

The P2V7 Neptune remained in service with the squadron until May 1968 during which time the squadron flew 62,623 hours with only one major incident. The Neptune was replaced in 1968 by the CP-107 Canadair Argus which greatly extended the squadron's range.

In the seven years the Argus has been in service with the squadron, it has visited Australia, New Zealand, the Philippines, and Japan, not to count Hawaii which is a regular port of call for the squadron, as well as many other Pacific islands which are used as stepping stones to the more remote deployment areas. In addition, the squadron has continued to participate in joint exercises such as RIMPAC, which is a yearly exercise held in Hawaii with forces from the United States, Australia, New Zealand, and, on occasion, the Japanese Defence Forces as well as Canadian Forces.

In 1969, the northern patrol, or NORPAT, became a fact of life and 407 crews continued to fly into the Canadian Arctic to ensure Canadian sovereignty and the protection of Canadian interests.

Sailing Club

(Continued from page 6)

a cruise on their 60 foot schooner, the ARCTIC DOGWOOD at 9 a.m. Saturday, 19 July. Contact Al Whorral for reservations.

The Sailing Club will be participating in the Comox Days Regatta on 2 August. Comox Days will have a nautical theme this year. Club membership is \$25 per family. Contact Capt. Ron Irving, Local 390 or John Fox 339-4216 for more information.

"The sea itself is neither cruel nor kind, it is just supremely indifferent."

Memorial Funds Sought

TRYING EXPERIENCE OF "PLIERS" WHEELER

One of 407's most efficient gunners was "Pliers" Wheeler from Toronto. He gained his nickname from his invariable custom of carrying this instrument in his hip pocket. Sometimes he forgot his purse, sometimes his identification disc, but never his pliers.

On January 10, 1943, "O for Orange" was proceeding on a daylight anti-shipping strike, flying in formation with five other aircraft. In the rear turret sat "Pliers" Wheeler, busily engaged in stripping a gun. Since both hands were occupied, nuts and plungers from the breech block were stowed in his mouth for safe-keeping. All at once a shout came over the inter-com: "There's a JU 88 off to port." Startled by the sudden warning, "Pliers" gave a gulp and swallowed a plunger. Happily there were no ill effects. After the MO had administered a liberal dose of Epsom salts, it all came out in the wash.

WINNIPEG (CFP) -- Funds for a memorial statue to women who served the British Commonwealth in wartime are being raised by the Women's Tri-Service Veterans Association here.

The statue, to be erected on land west of the Winnipeg Cenotaph at an estimated cost of \$50,000, depicts women of the three former services standing back to back.

To date the all-volunteer women's association has received \$29,000 in donations from Legions, Veterans' Associations, ex-service personnel, the Ontario Provincial government, the City of Winnipeg and from various fund raising programs.

The unveiling of the memorial is planned for next summer to honor the more than 100,000 women who served the Commonwealth during the wars.

Donations can be made to the Canadian Imperial Bank of Commerce, 3371 Portage Ave., Winnipeg, Man., K3K 0W0. Further information may be had by writing Mrs. B. Simpson, 2 Gerrond Bay, Winnipeg 12, Manitoba.



PTE. NANCY SMART, daughter of Sergeant and Mrs. D. Smart of CFB Comox takes the wheel of a fork lift truck during training as a traffic technician at CFB Borden, Ontario.

Safe Boating Week

Boating is a pleasurable pastime but one that requires a degree of expertise.

No parent would, or should, allow their teen-agers to borrow the family car without being sure that they have received adequate driving instructions and are capable of handling the responsibilities involved. However, many children, some younger than the legal driving age, are allowed free access to all shapes and sizes of boats which are often highly powered and of fast hull design.

In 1973, the last year for which complete statistics are available, 1,226 Canadians drowned. Of this number 365 involved watercraft and 325 were children under the age of 15. In the case of the youngsters 9 per cent involved watercraft.

A key to the reduction of these outrageous figures is proper training in the handling of all types of watercraft and the instilling of water safety consciousness in all persons disposed to this form of recreation.

To this end the Canada Safety Council strongly urges all boating amateurs to affiliate themselves with an organized club in the particular sport of their choice. Such clubs cover all facets of water sports such as canoeing, sailing, yachting, skiing, swimming, underwater diving, etc.

Enjoy our beautiful Canadian waterways - the safe way!

Courtenay Cricket Club

NOTICE: Courtenay Cricket Club is looking for interested players. Experience desired, but not necessary.

Club meets each Wednesday, 6:00 p.m. at Woodcote Park in Courtenay. If interested contact Howard at 334-2606.

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On Pensions, Annuities and Things

(Continued from page 4)

Sep 1973, instituted the highly controversial 85 figure.

Further to my bracketed comment above, I would say that it's a strange, strange world we live in, Master Jack. The Parliamentary Secretary to the Minister of National Defence, when asked about the possibility of making SRB applicable to all personnel that retire, advised the contribution rate to support such a move would be prohibitive. On the same page we read that a ten-million dollar loan is made to Communist Cuba at 3 per cent interest with no payments for seven years. In yet another Hansard we read where the Arab countries have been given \$75,458,750 in free grants and \$23,738,800 in interest free loans. Makes one kind of wonder doesn't it?

Wonder that is, if those on the hill think that when a guy joins up, he is immediately afflicted with tunnel vision. I also wonder why I can't find in the SRBA where our Hon. Member has to wait to the magic 85 to receive the SRB. It appears he gets it as soon as he retires regardless of age as long as he is in receipt of a pension.

While mentioning our Honorable Members you may like to know a little about their especially generous pension scheme, the Members of Parliament Retiring Allowances Act (MPRAA). Strangely, they did not have a pension plan until 1952. The MPRAA pretty well followed other government plans except the benefits were a little higher and it only took more than two parliaments to attain a pension.

It did not take them long to ascertain that it needed updating, fattening up and a shorter period to attain. As a result of a study made by Dean C.A. Curtis, Bill C194 was introduced in March, 1970. The Bill amongst other things included an almost complete revision of the MPRAA. This re-write took place in the short pace of only 16 years since the MPRAA's inception.

Members contribute at a rate of 6 per cent for some members to 7½ per cent for others. They also contribute

1.8 per cent to the CPP. An ordinary MP's pension is about \$4000 a year after six years service. This represents an almost 100 per cent increase over their old scheme. This basic amount is increased if a member holds any additional office, eg. Minister, Parliamentary Secretary, etc. Widows receive 60 per cent and up to 90 per cent with three children as against four children under the CFSA. Private members can attain a 75 per cent pension in 25 years and a Cabinet Minister in about 13-14 years. All pensions can reach a maximum of \$13,500 a year.

Members that held the position of Prime Minister for four years are entitled to an annual allowance commencing on the day he ceases to hold that office or attains the age 65, whichever is later, equal to two-thirds of his annual salary.

I have been approached several times in the past few months by individuals and organizations concerning information and help in mounting an effort to the government to press for increases in our CFSA and removal of the 85 increment from SRBA. It is a pity that personnel wait till they are no longer a contributor to wake up to the realization that the CFSA-SRBA are in dire need of upward revision and more benevolent application.

But alas, I don't think they can do much to help to induce these changes.

Why? Well, I have noticed that whenever a question is asked in the House regarding beneficial monetary changes in any of our benefit schemes (usually due to the revelation of some unhappy retired troop writing to his MP about his plight) the answer is pretty well always the same. It implies that since the serving members are not complaining, no action is contemplated. For example, the following question from Hansard, 12 Mar 75.

Question No. 1334, Mr. Forrestall: Is the government giving any consideration to amending the superannuation legislation to provide for the payment of Supplementary Retirement Benefits regar-

dless of age, provided a pension is payable in the first instance, with concurrent increases in contributions to the PSSRB Account and (a) if so what is the status of these considerations (b) if not, for what reason.

Answer: Hon. Jean Chretien (President of the Treasury Board): No, because no desire has been expressed by the CONTRIBUTING MEMBERS of these pension plans involved to make up the additional contributions required to meet the cost of such an amendment. (Capital letters are mine.)

What Mr. Chretien is telling us is this, and in previous similar answers I have seen by other ministers when so questioned is that, in order to increase various benefits (CFSA, SRB, CPP, etc.) there will have to be an increase in contributions to cover additional costs. When you are retired you no longer contribute and therefore, you no longer have the right to ask for increased benefits that would increase the contributions of those still serving and contributing. BUT, if those personnel still serving complain perhaps benefits could be increased if they show a willingness to suffer increased contributions.

I am of the opinion that serving personnel could help bring about changes in their various benefit schemes if: (a) they understood the various plans, (b) they knew they could comment without fear of retaliation, (c) if they knew (in spite of what it says on their PER) how to write. I feel we can stand high contributions now better than we can stand pitiful pensions when we are old.

I further submit that there are changes that could be won WITHOUT any increase in contributions. For example: I can see absolutely no reason why our widows should not receive 100 per cent of our pension. It is already paid for. In this day and age it is incredible to think one should have to survive on a half pension. The necessities of life, and expenses of living do not automatically go down to half. The landlord doesn't kindly lower the rent to half, or bank

manager the mortgage payments to half, or the mayor lower the taxes to half. Nor do the light, heat, water and telephone company lower the charges for their facilities to half.

I have no idea what emphasis recruiters place on a service pension these days as an inducement to enlist or how big a factor it is in a person's decision to enlist. I have a couple of ancient recruiting mementos from pre 1 Oct. 1946, that certainly point out how good or better the service pension is in comparison to civilian plans and they included the Public Service. The punch line in one pamphlet says "you can retire on a pension while still young enough to enjoy it." No mention of that "second career" conditioning we keep getting fed now that the CFSA will no longer support us upon retirement.

The CAF pension plan monetarily has not kept pace with the advances in the standard of living or the cost of living. Or the ever increasing number of personnel that must retire at the lower ranks and that will receive a meagre pension for the number of years they have served in comparison to the higher ranks with the same number of years. Last, but not least, it has not kept ahead, as it once was, or in many cases abreast of pensions now available in industry! Since about only one third of those retired are eligible for SRB, or basic CFSA pension should be increased immediately.

An edition of the Financial Post sometime ago was devoted to pension plans. One article by an executive of Chrysler's Windsor, said that of 200 personnel that had retired from Chryslers in the past two years, 97 per cent owned their own home. This is certainly not the case of retiring CAF personnel. Most retiring personnel are just buying their permanent home. Our nomadic service life precludes this nicely for most of our lives. Our "comparable rate" rent leaves little over to sock away for a "western nest" at the end of our careers.

The distressing part of it all is that our mentors remain

blind to the fact that our pension value has not changed from its initial one-fiftieth in some 70 years! It is even more disturbing to be advised that our CFSA appears to be no longer under the jurisdiction of the military but "must" follow the PSSA for any increase in benefits we might require. I am angered to find we have allowed ourselves to be led down such a path. Certainly no mention was made in my ancient recruiting blurbs that I would awake some day to find that my contributions, the CFSA account and their disbursements would be subject to the whims of some civilian organization's attainments - good or bad! Perhaps it is not too late to extricate ourselves from this "comparability" mire. It is certainly getting too late for me to help.

Anyhow, at the risk of boring some readers (if you haven't become bored already and have read this far) I thought there are perhaps some that might be interested in the latest available figures on our CFSA SRB SDB accounts, where we all live on retirement and how many dollars we and our survivors finally win.

As of 31 March, 1974, the CFSA account had a balance of \$5,105,300,383.26. During the fiscal year 1973-74 we contributed \$47,430,071.42. Annuities-pensions-allowances paid out for 1973-74 was \$129,449,706.34. Also paid out

for 1973-74 was \$5,966,929.02 in return of contributions and cash termination allowances. The account (to me anyhow) appears to be in fine shape. The Supplementary Death Benefit Account (SDBA) for the fiscal year 1973-74 went as follows: our contributions \$2,511,315.54; benefits paid out \$3,180,350.50. This should help to explain why there aren't more on pension-annuity.

Where do all the pensioners and survivors live? Well, some places are more popular than others. As of 31 Jan 1975, we spread from East to West thusly:

Province/Personnel	Widows
Newfoundland	198 15
PEI	372 38
Nova Scotia	4,125 378
New Brunswick	1,559 150
Quebec	3,381 458
Ontario	17,677 1,903
Manitoba	1,883 189
Sask.	584 80
Alberta	3,712 298
B.C.	9,352 738
Territories	80 6
Outside Canada	1,195 154

How much do we end up with for our years in the Service? Some poor troops not very much. The pension-annuity of the 46,676 troops on retirement as of 31 Mar 74 is as follows (it is interesting to note that of the above figure, some 3489 are under the old DSPA):

Per month	Personnel
Less than \$10	43
\$20 to \$29.99	66
\$30 to \$39.99	137
\$40 to \$49.99	253

\$50 to \$59.99	239
\$60 to \$69.99	192
\$70 to \$79.99	258
\$80 to \$89.99	341
\$90 to \$99.99	485
\$100 to \$149.99	2885
\$150 to \$199.99	6195
\$200 to \$249.99	8068
\$250 to \$299.99	6790
\$300 and over	18,616

There are 4412 widows receiving monthly pensions at the following rates:

Less than \$20 a month	52
\$20 to \$29.99	47
\$30 to \$39.99	38
\$40 to \$49.99	57
\$50 to \$59.99	61
\$60 to \$69.99	103
\$70 to \$79.99	148
\$80 to \$89.99	212
\$90 to \$99.99	230
\$100 to \$149	1120
\$150 to \$199.99	953
\$200 to \$249.99	639
\$250 to \$299.99	288
\$300 and over	484

There are some 119 orphans receiving pensions and the average is \$53.84 per month.

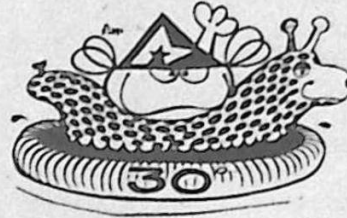
To sum up, if the service annuity is still being used as an inducement to enlistment as it was in my time and for many, many years after, then it must be kept ahead of those offered in civilian life. We should not be obliged to sit back and watch our pension

scheme remain at its 70 year old level while those on the outside are steadily equalling or surpassing it. What is the good of a SRB increase if one's basic pension is already inadequate?

My experience indicates, however, that our troops are of the opinion that the equilibrium of the vessel is paramount. It is far more prudent to stick to the old apple-pie and motherhood themes and to vent one's discontent on loose dogs in PMQs, acts of vandalism by our uncontrolled offspring and the odd DIRT—y word that creeps in, than on the inequities of our CFSA SRBA CPP.

To quote an old axiom I invented: People only do to people what people let them do to them.

Anyway, I guess I must consider myself one of the "obstinacy" people.



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Safety - 75 - Securite

THE "POWER SQUADRON" IS IN OPERATION!

For ten months of the year, most of us devote our mental attention and physical efforts toward the operation or support of the Flying Squadrons based at CFB Comox. But come Dominion Day, a lot of things change. Our sons and daughters are home from school on a full-time basis. The days are long and the beaches, mountain trails, campsites and golf courses beckon. These are the days when families travel; company comes to call; the tourists fill our roads. Water sports are at their best, and the "Power Squadron" comes to the fore...as attention focuses on recreation!

If you've been following the Safety '75 columns you will already be familiar with the specific safety precautions to take when diving into pools, rivers or the sea. Familiar too, with the perils of hypothermia and the way that cold water can critically lower your body "core" temperature.

Each summer, boating, swimming and other water sports give pleasure to Canadians. At our base, there is an unequalled opportunity for fresh or salt water action right at our doorsteps! That's why we should be especially knowledgeable of how to enjoy these activities safely.

If you haven't taken training on safe boating before, by all means do so before renting, buying or borrowing one to use. If you have had the training, review it before starting the new season and include your family and passengers. The law requires that an approved life jacket or life saving cushion be provided for each person on board. Ensure that non-swimmers and children wear approved life jackets at all times afloat.

Check the weather forecasts before setting out and be sure you know or find out about the currents, tides and underwater hazards where you plan to travel. If your plans include extended cruising or overnight trips, take time to plan a friend or relative of your destination and the duration of your trip. The B.C. Safety Council provides a handy card for this purpose, with room for a lot more detail and they are free!

Take along a portable radio. Visibility, wind and sea conditions can vary greatly even from one headland to the next. Keep up to the minute on the weather ahead by dialling one of the radio stations who co-operate with the Atmospheric Environment Service to provide this vital information; wind velocity, visibility and sea conditions. This service is available on the normal AM broadcast band from the beginning of

April until Remembrance Day in November. The B.C. Safety Council makes available a free timetable of daily broadcast times for small craft weather reports. To account for the wide variations between locations, there are standard reference points in use, such as Cape Lazo; Cape Mudge; Sisters Island; Ballenas Island, etc.

We are fortunate in our area, to have active power and sailing associations, both of whom provide the training necessary to know "the rules of the road", navigation and the skills and knowledge to expand our interests and our ability to enjoy the sport of our choice.

As a starting point, the water safety training programmes that are run by the recreation staff can't be beaten. Whether you are intent on boating, sailing, water skiing, Scuba diving or just enjoying your summer swimming, this is a good beginning to being

knowledgeable, aware of the hazards and willing to keep within your own personal limitations.

Here's a special note on children. Kids love the water...it makes them carefree and reckless in their enthusiasm and how we love to see it! But remember, they can disappear in seconds. Flotation mattresses and other inflatable toys can be drowning traps.

In all water sports, set a good example by being water-wise and water-safe and by teaching your family and friends to be the same.

TENT FLAMMABILITY (from Consumer Contact, June 1975)

During the long winter evenings, thousands of Canadian outdoors men, women and children dream of pitching their tents and lazing by the water.

Well, camping season's arrived, and already some of those dreamers have taken to

the woods...not to mention the backyards.

A word of caution, however: every year tent fires take their toll in human injury and death. So it's important for campers to realize just how flammable their tents are, and then take steps to reduce the risk of fire turning their camping excursion into tragedy.

Remember that your tent is a textile article...and like all textile articles, it is flammable. Children's cotton tents, for example, will ignite and burn within a few minutes...and a large percentage of all tents are of cotton.

Paraffin treatment, used to make some tents waterproof, can actually increase flammability as well.

It is a good idea to buy only tents labelled "flame retardant", but don't let them lead you into a false sense of security. Even flame-retardant tents will burn if contact with flame or fire is maintained.

Remember, although these chemically treated tents are more expensive, there is no effective home method to make your tent flame resistant.

And follow common sense camping rules:

- Build your campfire several yards away from the tent.

- Make sure your fire is downwind from the tent.

- Keep only limited amounts of flammable liquids in tightly capped safety cans away from the children and from the tent.

- Never use an open flame, such as a candle or a match near or in a tent. Carry a flashlight on your camping trip.

- If you are using an extension cord be sure the electric wire is of the right gauge to carry the current, and be sure the light bulb does not come in contact with or close to any part of the tent.

- Do not use open flame heating or cooking appliances in or near your tent.

- Keep a fire extinguisher in your tent.

- Make your children aware of fire dangers when camping.

- Have a plan of action in case of fire. Ensure your family is aware of what each member should do.

Follow these simple safety rules, your camping trip should fulfill all your winter dreams.

Have fun — and come back safe!

The "Power Squadron" NOTE: Special films on boating and water safety are planned during the Canada Safety Council Safe Boating Week, the first week in July.



CANADIAN FORCES SAILING ASSOCIATION



"WE'LL DO OUR BEST!"

Manson photo

Wartime History

(Continued from page 1)

time record for damage caused to enemy shipping. A minimum of 83,000 tons of enemy shipping was attacked from April 30 to May 31. Several crews had successfully attacked three ships each during this period and with the exception of very recent arrivals all crews had made claims. The previous record in Coastal Command was also held by this squadron when from September 1 to December 1st, 1941, it was credited with damaging 150,000 tons of enemy shipping. Since April 1st, 1942, 12 crews were lost — in all 50 persons either killed or missing. Furthermore, on every major operation at least two or three aircraft were so badly damaged that they were of no further use.

Small wonder that they had by now earned the nickname "Demons".

Japanese Visit

VICTORIA, B.C. — A nine ship sailpast off Victoria's Beacon Hill Park will mark the commencement July 4, of a four-day visit to Esquimalt by two ships of the Japanese Maritime Self Defence Force.

The ships, Katori and Yamagumo, will be joined in the sailpast by ships of the Canadian Training Squadron, the destroyers Her Majesty's Canadian Ships Qu'Appelle, Mackenzie, Saskatchewan, and the minesweepers Miramichi, Chignecto, Cowichan and Fundy.

Commanded by Rear Admiral E. Tsunehiro, the Japanese ships are on a junior officer training cruise to Eastern Pacific waters and are scheduled to visit Vancouver from July 8 - 12 following their call here.

The sailpast will commence at approximately 9:00 a.m. and, as the ships pass Black Rock, a 21-gun National salute and a 13-gun salute to the Flag of the Commander of Maritime Forces Pacific, Rear-Admiral R. John Pickford, will be exchanged.

Friday afternoon Rear-Admiral Tsunehiro will call on the Lieutenant-Governor of British Columbia, The Honourable Walter T. Owen, Q.C., the Premier and the Mayors of Victoria and Esquimalt. He will also lay wreaths on Saturday at 9:00 a.m. at the Victoria Cenotaph and following at the Naval Cemetery in Esquimalt.



BPERO AND STAFF begin "Summer Ops" as the Power Squadron Canadian Forces Sailing Association

Chapel Chimes

Protestant Chapel

Maj D.L. Martin - Base Chaplain (P)
Telephone 339-2211 Local 273

29 June, 1975 - 11:00 P.A.M. Divine Worship
6 July, 1975 - 10:00 A.M. Divine Worship
SUMMER SERVICE TIME CHANGE:
Starting Sunday, 6 July, 1975, and until Sunday 7 September, 1975, the Divine Worship Service will begin at 10:00 A.M.

RC Chapel

Maj E.F. Swoboda - Base Chaplain (RC)
Telephone 339-2211 Local 274

SUNDAY MASSES:

Saturday - 7:00 P.M. (Sunday Vigil)
Sunday - 9:30 A.M. and 11:00 A.M.
WEEKDAY MASSES: are said at convenient times in the Chapel and in private homes on request.
SACRAMENT OF PENANCE: Before and after all Masses.
BAPTISM: By appointment.
MARRIAGES: Minimum of three months advance notice. Marriage counselling and preparation course are required prior to marriage.

Fresh Tangy Rhubarb

A friend of mine gave me a recipe for "Mothers Rhubarb Relish" which is delicious with wild game. Rhubarb Relish goes with wild game, like cranberry sauce goes with turkey. With fresh rhubarb growing out in the backyard, this is the time to make a batch of the relish.

"Mothers Rhubarb Relish"
2 quarts of rhubarb
1 quart of onions
1 pint of white vinegar
2 tsp. salt
1 tsp. allspice

1 tsp. cinnamon
3 cups brown sugar
Combine ingredients. Boil slowly until thick. When looking through a cook book of time honoured recipes of the Canadian West, I saw a recipe for Rhubarb relish with a little hot stuff added to it. Some of you might find this recipe more to your liking.

Rhubarb Relish II"
1 quart of stewed rhubarb
1 pint chopped or slivered onions, cooked

4 cups brown sugar
1 pint vinegar
1 tsp. each of ground cloves, allspice, and cinnamon.
1 tsp. salt
2 tsp. red pepper sauce.
Combine ingredients. Boil slowly until thick, approximately 30 minutes. Makes 2 pints.

Canada's present energy comes from Petroleum, Hydro, Natural Gas, Coal, Wood and Nuclear sources in that order.



AKELA SAYS: From Kits to eager Beavers, 1st Lazo Beaver Colony

Manson photo

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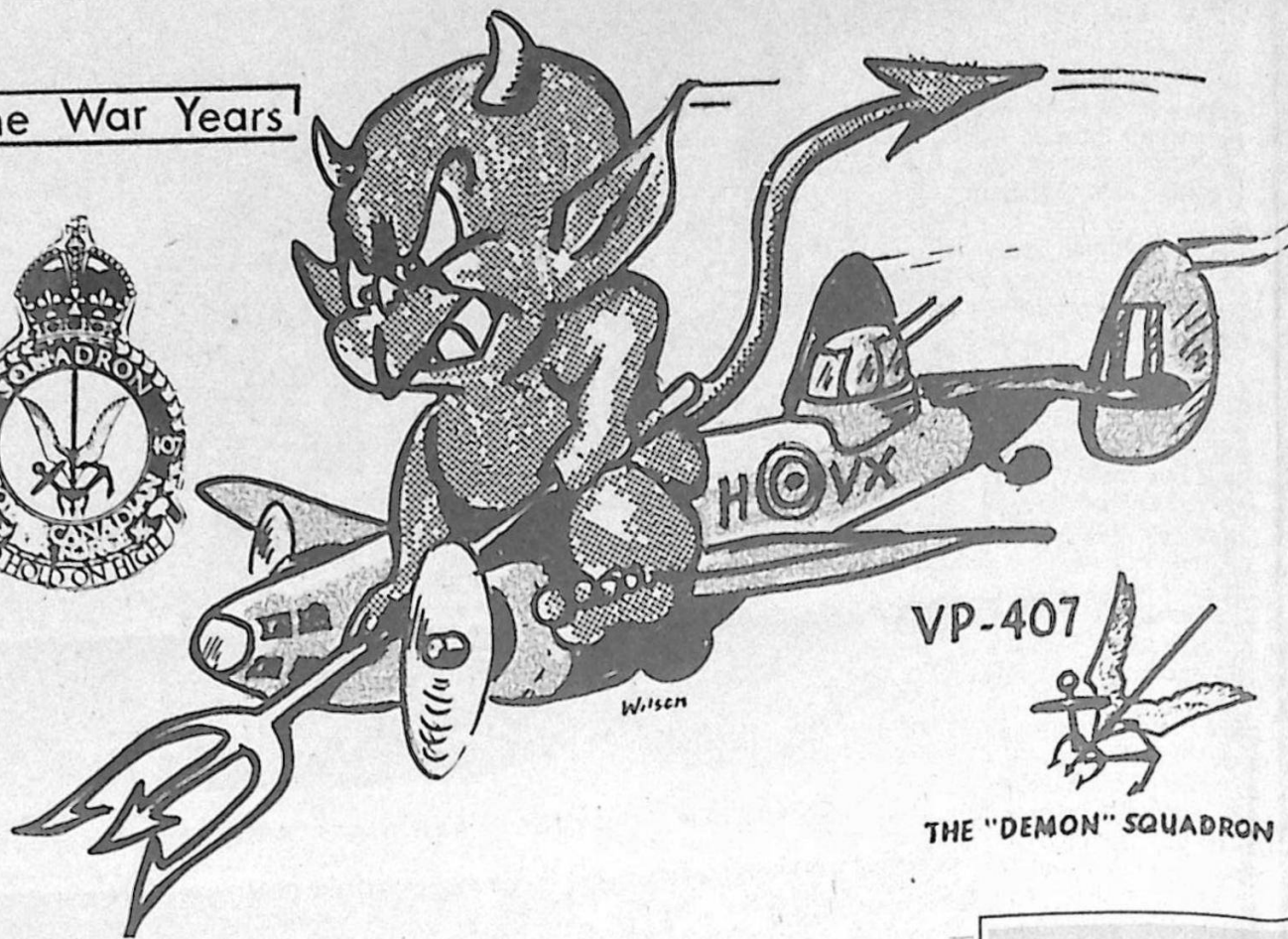
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The War Years



WHAT, NO FLYING SUITS? Gentlemanly Hudson crew keep a firm grip on their "Mae Wests". (L-R) Sgt. S.C. Cox, S.L. P.E. Lewis, P.O. W.F. Cameron, F.S. W.G.V. Puxley

PL4613



"Donner-Krieg"

Dark was the night - the stars scarce shone
With engines roaring one by one,
The aircraft scrambled, their plans well laid
For an orthodox practice bombing raid.

At Donna Nook the A.O.C.
Sat in the target hut, and he
Had others with him, to help him write
A report on the timing and bombing that night.

Above him, huge forms with winking eyes
Rushed by, half seen in the darkened skies;
Stars hung suspended above the ground,
While searchlights circled slowly round...

A wild, fantastic, nightmare scene
As if the mother of birds had been
With all her prehistoric brood
Released from Hell in a party mood.

The A.O.C. thought it too good to be true
When all of a sudden, from where no one knew,
A shower of incendiaries fell and shook
The peace-loving people of Donna Nook.

Some Jerries were flying abroad that night
And the flood-lit target had caught their sight;
They couldn't make out what was going on
And had joined the unsuspecting throng.

The lights were doused and helter-skelter
Everyone dived for the nearest shelter;
But no one minded and all went well,
Until another incendiary fell.

On the kitchen roof. Then, sharp as a knife,
A Winco risked his limb and life,
To remove it and save their supper from burning,
Eternal gratitude justly earning.

The target doused, one Demon mistook
The flare path of Manby for Donna Nook;
With utmost precision and timed to the minute
He opened his bomb door and dropped what was in it

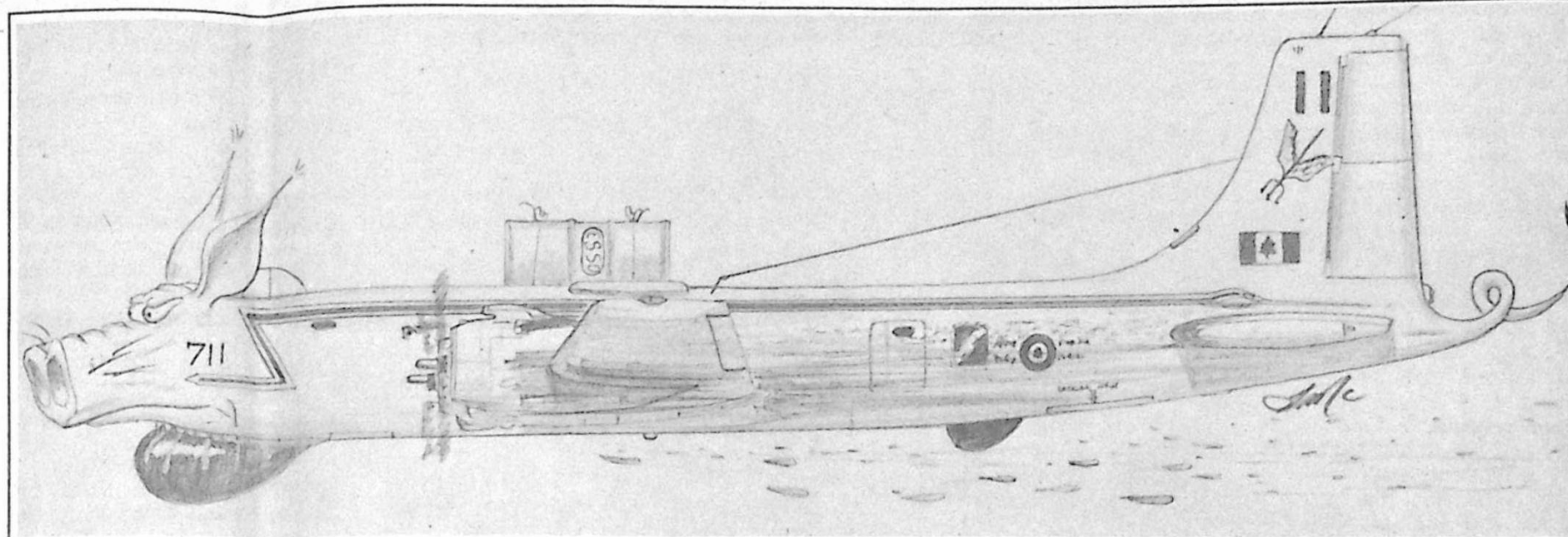
On a Hampden coming quietly home,
After a raid, to his aerodrome;
And the blinding flash and report like a gun
Upset the pilot's e-qui-lib-ri-um.

He wrote off his kite and a car, while his crew
Dived under the chance-light, but all they could do,
Was hide head and shoulders and hope for the best
And trust the Almighty to care for the rest.

The A.O.C.'s Anson was written off
And so was the C.C.'s Tiger Moth;
Which proves, if you care to figure it out,
That there is real justice somewhere about.

" 'Tis Goering were sprechen on der behalffe
Of Reichmaster Hitler and alle his Luftwaffe.
Amazed by your tactics we send you this token
For co-operation with Luftwaffe folk."

"It's a Cross made of Iron at our Fuehrer's behest
Mit oak leaves und Maple to pin on your breast."
This noble insignia adorns Winco B-
The head of the dare-devil Demons of D.



"THE OILY HOG" - The "big bird" still sparks jealous remarks from other units at Comox. Occupants of one particular hangar still do not appreciate the oil inhibiting capability of the Demon machines. Ask any Mushroomer named "CB"



WIMPY CREW IN FIGHTIN' TOGS - (L - R) F.O. A.V. Handy, F.O. L.J. Harwood, F.L. R.D.R. Sargent, W.C. K.C. Wilson (CO), W.O. G.W. Forrest, F.O. F.K. Nevills PL40036

REQUIEM TO '68

Strike the Roundel; hoist the Ensign; the Roundel has gone! Never more will it break at the rising of the sun; never more will it snap to the lifting breeze; never more will it fly against wind-driven cloud; never more will airmen capture it at sunset and fold it reverently away; the Roundel has gone!

(Sentinel, May 1968)

From The Past

The Low-Down on 407's ERKS

The real guardians of any Squadron's traditions are the erks. Aircrew come and go but the erks remain alive the distinctive spirit of the Squadron. On December 14, 1943, there were only three of four aircrew who were with the Demon Squadron when it established its great reputation on shipping strikes. The new personnel know little or nothing of those great days. But there are dozens of erks who were with 407 at that time and who can recall numerous incidents which are not known by new members of the Squadron.

407 has good reason to be proud of its erks. Their capacity for hard work performed in all kinds of weather, their unfailing cheerfulness, the scrupulous care with which they service the aircraft, all these factors have largely contributed to the Squadron's success.

Life is no bed of roses for the erk. He encounters bad food, cold billets, and inadequate washing facilities. But under all such trying conditions he is aided by his sense of humor. He never fails to see the funny side of any situation. This valuable asset is illustrated by the following stories which have been told with great relish by ground men in billets and crew rooms.

KILLED BY PROP

In January 1942, when the

Squadron was stationed at Northcoates, Lincs., "Red" Halton, Lee Williamson and "Slim" Weaver, pulled a fast one on their brother erks. They constructed a headless dummy of life like appearance, stuffing a suit of overalls with straw and attaching to the dummy, straw filled gloves, socks and boots. The "corpse" was then laid on a table in a dark corner of a windowless Nissen Hut and red dope was poured on the table at the position where the supposed neck had been severed. A blanket, hung over the door, gave privacy to the temporary morgue.

When the shift which had gone to early lunch, returned to the dispersal, Williamson, in subdued tones, related the horrible tragedy. A "Limey" erk, venturing too close to the Whirling prop of a 407 kite, had been decapitated. The headless body had been reverently conveyed to the crew room and it was expected that the ambulance would arrive at any time.

Several morbid-minded airmen expressed a desire to view the remains. The three plotters attempted to dissuade them, stating that it would be a nerve shattering sight. Undaunted by the warning, three airmen pulled aside the blanket. Shaken to the core by what they saw, they promptly withdrew, one erk depositing

in the lee of the Nissen Hut his recently eaten lunch. SHOOTING A LINE IS A DANGEROUS BUSINESS

A rigger named Ted Watson is the "hero" of the following story. In November 1942, the "Jerries" staged an air raid at Northcoates and one bomb was dropped, a considerable distance away from the airmen's billets. Watson however, who was walking from the Messhall to the billets, was panic-stricken and rushed for the nearest shelter with such haste that he slipped and fell into a mud puddle, soiling his uniform.

The incident was observed by another erk who reported the details to Watson's amused barrack mates. A few

minutes later, the gallant Watson appeared in the barrack, filled with pride at having passed through his first air raid. "Fellows", he said, "a bomb fell so close to me that the concussion lifted me off my feet and landed me in a mud puddle". The din made by the bomb was only equalled by the roar of laughter which followed his remark.

ED. NOTE Should anyone wish to enjoy other adventures of the 407 Erks, the stories are available for perusal in the Squadron albums.

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