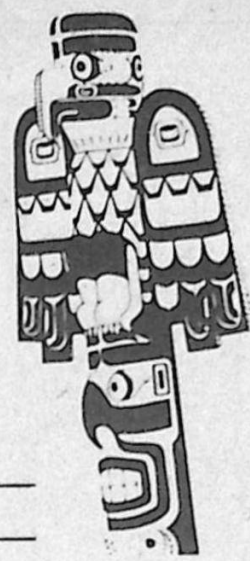


TOTEM TIMES

The CF is Not a 'Striking' Force (Unfortunately)

VOL. 16 - NO. 8

CFB COMOX TOTEM TIMES THURSDAY, APRIL 25, 1974



Snowbirds Team Visits Comox



LT. COLONEL W. H. D. HEDGES congratulates WO Ron Herman, on attaining 10,000 hours, while Lcdr. Tom Loosbrock, Crew Captain, looks on. Base Photo

2 Retire Forces Deny Rift at Top

OTTAWA (CP) - The impending retirement of two top naval officers has nothing to do with rumors of discontent and low morale in the armed forces, defence spokesmen said Friday.

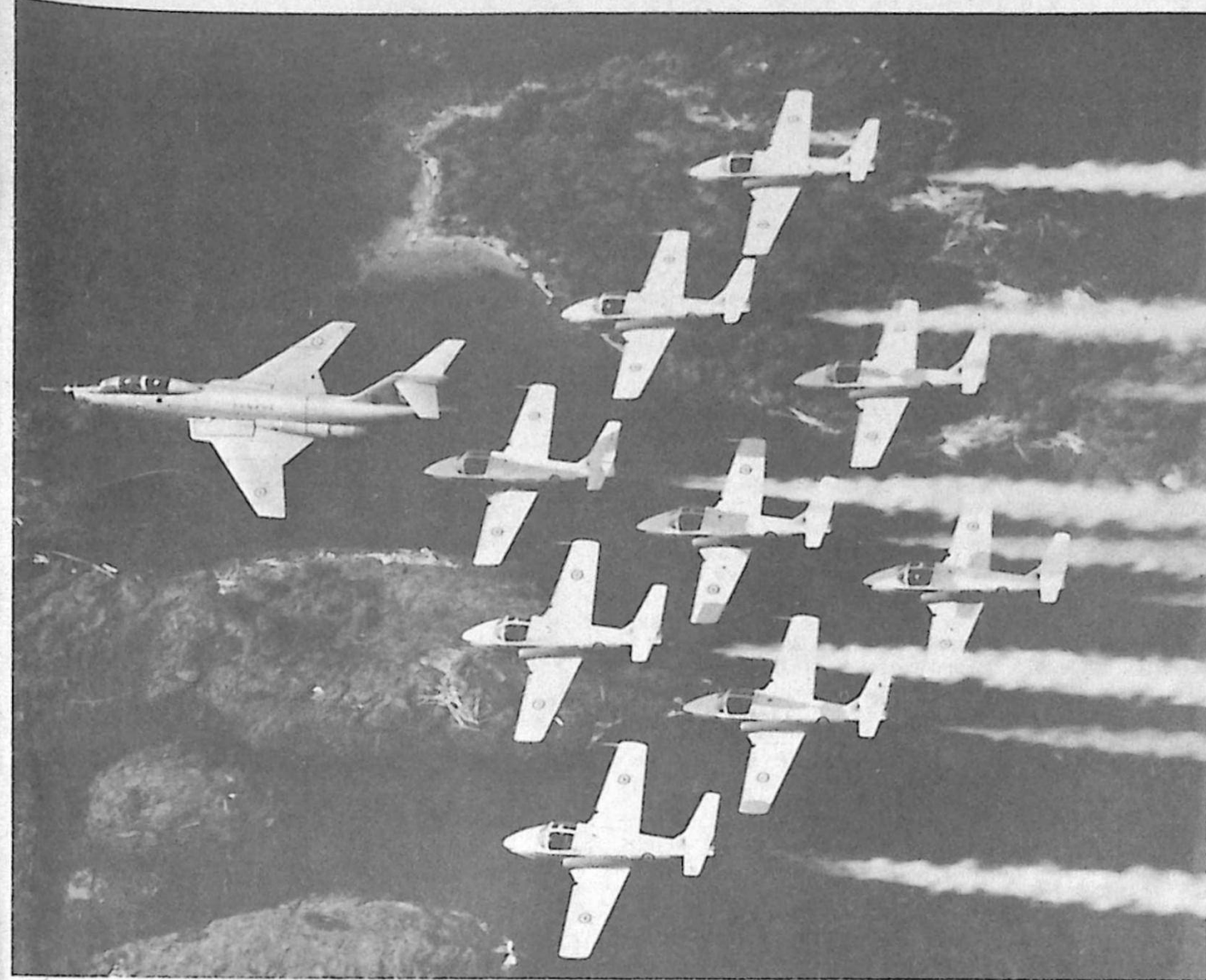
They announced at the same time the coming appointment of a naval man to be vice-chief of the defence staff. It will be the first time since integration of the navy, army and air force in 1964 that a naval officer has held the country's second-highest military post.

The retiring officers are Rear Admiral Richard Lear, 52, chief of maritime operations at defence headquarters in Ottawa, and Commodore Robert Cox, 49, chief of staff for logistics and administration at maritime command in Halifax.

The new vice-chief of the defence staff will be Rear Admiral Robert Falls, 50, who has been in the naval forces 29 years. He became deputy-chief of the defence staff last July and will take over his new job next July 15.

Confirmation of the Lear and Cox retirements came in the wake of East Coast reports that Lear, a native of Penikese, B.C., had quit after a dispute with Gen. J. A. Dextrase, chief of defence staff.

Cox, who was born in Victoria, was said to have opted for retirement rather than accept appointment as Lear's successor.



THE SNOWBIRDS, OUR CANADIAN Forces Aerobatic Team, recently visited Comox to do some training. Our wide runway permitted them to

practise their nine-plane take off. A 409 Sqn. Voodoo is pictured escorting the team back to base after they became lost over Royston.

Non Smokers Day

May 31, 1974, will be recognized as Non-smoker's Day in British Columbia. Referring to a proclamation to this effect today, the Minister of Health, the Hon. Dennis Cocke, stated "In my department, we are ever mindful of the dangers to health of smoking, and the NDP Government is pleased to be associated with the Non-smoker's Association of Canada who is sponsoring the Non-smoker's Day."

"In 1973," said the Minister, "704 British Columbians died from lung cancer and many of these deaths were attributable to smoking." The Minister added that it has been established that the total death rate increases with the number of cigarettes smoked per day and, generally speaking, the total death rate increases with the duration of cigarette smoking. Furthermore, the total death rate is higher in those who start smoking at an early age.

"On the other side of the picture," continued the Minister, "the total death rate is lower in those people who have stopped smoking cigarettes than in those who continue, and this proclamation will serve as a reminder to all smokers that they face serious health hazard."

Red Cross Month - BLOOD

How is a 260-lb M.P. like a 109 lb. supply-tech? If you expect the answer to be a joke, it isn't. It's a miracle.

Both can be blood donors and each donation is of equal value. Size, strength or sex doesn't matter. Neither does race, creed or color. Every blood donation is of equal value. Each can save a life.

So the next time you think about the state of the world, and despair that one person can change anything, remember the equality of blood donations. One donation DOES matter. Every donation matters. There IS something you can do to make the world a better place in which to live. You don't have to be wealthy; you do have to be healthy. You don't have to be as strong as Tarzan; you do have to be between 18 and 65 years of age (17 if you're a boy and have your parents' permission). You don't have to be as beautiful as Helen of Troy; you do need a nice hemoglobin count. You don't need hours and hours of spare time; you do need one-half hour each three months.

The Red Cross has been operating the blood transfusion service for 26 years and they haven't lost a donor yet! Being a blood donor isn't

difficult or painful or costly (it's not fattening either!) You get a nap on a bed, a free cup of coffee, cookies, and the thanks of all of the clinic workers. But you get something else too.

There's no way to beat that warm inner glow you get from doing a job you KNOW matters. During March, Red Cross month, be a part of the action. Support your local Red Cross.

COME GIVE BLOOD!
30 April 1000 - 1200, 1330 - 1500
in Rec Centre

CF in the 1980s

Who says nobody listens to Lieutenants and Captains? The Canadian Forces Staff College Association does, and is willing to pay for the privilege.

The Association is sponsoring an essay contest, open to all CF regular and reserve-militia junior officers. The topic - "The role of the Canadian Military in the 1980's."

First and second prizes are \$150 and \$100 respectively. Essays must be documented,

original work, no less than 2,000 and no more than 3,500 words in length.

Manuscripts will be judged on the basis of originality, accuracy, logical presentation, clarity and conciseness.

Applicants are requested to send two copies of their essay to the CF Staff College Association, PO Box 2964, Postal Station D, Ottawa, Ont. K1P 5W7. They must be postmarked no later than May 31, 1974.

Air Reserves Revitalized

TORONTO - In a major address last night (14 Mar.) to a combined meeting of 411 Air Reserve Squadron and 400 City of Toronto Squadron, James Richardson, Minister of National Defence, announced a new "Total Force Concept" in which the Air Reserve Squadrons will work with the Canadian Forces Regular Squadrons and will share aircraft and other equipment with the Regular Force.

Mr. Richardson also declared that it was his objective to "double the size of the Air Reserves" in the near future, particularly by the creation of new Air Reserve Squadrons throughout Canada.

The first specific step towards the achievement of a Total Force Concept, he said, was to "make common" the roles and equipment of 440 Transport and Rescue Squadron of the Regular Force, and 418 Air Reserve Squadron at Edmonton. The 418 Reserve Squadron will, in future, operate aircraft from a common pool, which will include not only single-engine Otters and twin Otters, but also the regular force Buffalo aircraft. Maintenance of these aircraft will be carried out by combined ground crews of the Reserve and Regular Force. Mr. Richardson estimated that as much as 20 per cent of the rescue work of the regular force would be performed by the Reserve Squadron.

There are countless highly skilled personnel across Canada, he said, who could participate in the Air Reserves. These new members of the Air Reserves, Mr. Richardson states, would be encouraged to contribute to the achievement of the Canadian Forces' operational goals.

Defence in the House

Mr. J.M. Forrestall, (P.C. Dartmouth-Halifax East)

Has the government adopted as a matter of policy the principle of meeting the annual increase of the Consumer Price Index in terms of annual increases in pay and allowances for members of the Canadian Armed Forces and, if not, for what reason? Hon. C.M. Drury (President of the Treasury Board)

No. Pay rates for members of the Canadian Armed Forces, which are reviewed annually, reflect the principle of paying salaries comparable to those prevailing in the Public Service of Canada. Pay rates in the Public Service compare, in turn, with those paid by outside employers. Therefore, pay rates for the Canadian Armed Forces are indirectly related to rates paid the private sector.

Question Mr. Donald W. Munro (P.C. Esquimalt-Saanich)

Mr. Speaker, I have a question for the Minister of National Defence. Can he tell the House whether a decision has been taken not to replace the Centurion tank? Hon. James Richardson (Minister of National Defence)

Mr. Speaker, no decision has been taken. The service

life of the Centurion tank has been extended to 1976.

Mr. Munro

Mr. Speaker, in view of the fact that the Centurion tanks in service in the Canadian Armed Forces date from 1946 and 1947 and that in consequence many of the crews are younger than the vehicles they man, will the minister say whether the government, in reaching its decision to extend the life of this elderly veteran, while at the same time refusing to extend the Veterans Land Act, gave full consideration and weight to the technical advice supplied by those servicemen who have devoted their lives to the role of armor in the Canadian Armed Forces and in modern warfare?

Mr. Richardson

Yes, Mr. Speaker, the advice of the experienced personnel in the Canadian Armed Forces is always taken into consideration in these decisions.

Mr. Munro

I should also like to know whether due consideration was given to the intelligence reports reaching the minister and the government about the rank strength of the Warsaw Pact powers facing NATO? Mr. Richardson

Yes, Mr. Speaker, all

factors were taken into consideration. The Centurion has performed well. It is, as I am sure the hon. member knows, a very effective tank. Editor - The Veterans Land Act has since been extended to March 31, 1975.

Totem Talk

RCAF Academy awards for best song to go to - "The Way We Were."

We hear that the Minister of National Defence is considering a major new policy directive involving disintegration of the Armed Forces.

We understand that there is no longer any Navy, Army, or Air Force; in fact, not even Sea, Land or Air Elements, so who are those "cats" who are reverting to Naval ranks.

The Totem Times editorials on B & B have now appeared in four other military papers, the latest being the CFB Shilo "Stag".

We hear via the grapevine that the "Navy" has 50,000 'round-rig' uniforms hidden away. I wonder why?



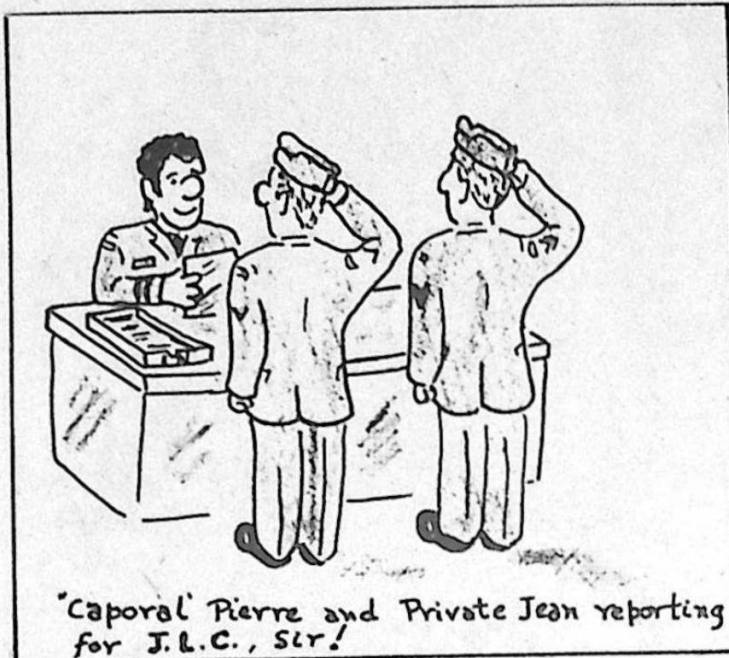
TOP EDITORIAL POST IN the best Canadian Forces newspaper soon to be vacated - applicants

for the job must be able to read or write, but not necessarily both.

Totem Times
Deadline
Monday,
May 6



BG. JAMES A. YOUNG, the new boss of 25th NORAD region, paid his first official visit to CFB Comox this month. - Base Photo



Hospital Anaesthesia

We would like to start this issue's column on a very serious note. We would like to ask everyone for a favor. DONATE - an hour of your time and a pint of blood to the forthcoming Blood Donor Clinic. Said clinic will be held on the 30th April in the Rec Centre. Times will be from 1000 hrs - 1200 hrs and 1330 hrs - 1500 hrs. It's an old saying now, but well worth repeating always: Give - So That Others Might Live.

(In a show of appreciation we will continue writing this column for the next year.)

NEEDLES & JABS

No matter how sickly we look or how sick, in your eyes, we are, it is now proven history that the Hospital staff are in fine shape. ALL ran and ALL passed their Bi-Fiscal Fitness Test, except our "Male Chauvinist" ... Nursing Officer. Of course, the ambulance, with a respirator set up, followed the motley procession.

The only one who had any trouble with his run was Dr. Barnes. Seems he couldn't see the road through the smoke of the cigarette he had in his mouth. Well, the Surgeon General warned him of the hazards of smoking. Even so, he was humming "Smoke Gets In Your Eyes" as he ran. (One of the fastest times, too, we might add.)

PROMO'S ... Congratulations MAJOR Barnes on the recent extra 1/2 stripe. Congratulations, also, to Dr. MacNaughton, to be known as MAJOR MacNaughton as of July 1st. (If anyone wonders why the Medical staff wear sunglasses, it's those new bright lights and reflections off all the brass around these days!)

Attention, flyers, and be warned! Our rumor machine (bless his sneaky soul!) has choked up the fact that Capt. Helen Gerrard has received her Private Pilot's Licence ... and a GREAT Big bottle of

Gravol. Oh well, more Crash Calls on the weekend, we guess.

Cpl. Bill Phaneuf of our Orderly Room, had the first-hand experience of attending one of our "minor" hospital parties and had to take a week off to recover. Actually, Bill's going back East to renew his acquaintance with his family and bring them out here.

"Wonder Boy", Sgt. Cole, who has just finished the WO Qualifying Course, felt he shouldn't let his short hair and shoe shine go to waste, so before the hair could grow, he signed up as the BWO's assistant for a few days. He now says he's seen a few places he didn't even know existed! He also learned to say "Get that hair cut!!" without offending anyone. (The real reason he quit, we've learned, was because no one knew who was who - George Cole or Larry Howard.)

Sgt. Les Andrews, besides moving into the new Hospital Orderly Room, is also moving into a newly purchased house ... he can't really remember where he put his what'-cha-macallit.

Cpl. Mel Fullerton will be "moving over" and making room (?) in his Lab for a new Tech. Mel and Nicole have been posted to Esquimalt as of July 2nd. Lots of luck, Mel ... or, should we say Esquimalt?

FOOT (IN-THE-MOUTH) NOTES ... With the many recent postings, and thereby shortened careers, one really wonders - is there actually a Postings and Careers Dept. in Ottawa, or is it really what it appears to be ... a put on?

...Many of us would be happy to have only the money the CF has been spending on ECG paper used in doing release medicals. For those of us that remain we can feel the more that get out the better our chances to move upwards - ME TINKS!! (MERCI)



407 SQN. ASW COMPETITION CREW... Back Row (l. to r.) - Sgt. Massey (Crew Chief), MCpl Jones, Cpl Hill, Cpl Wood, Capt. Drury, Lt. Collier, Capt. Pharoah, Capt. Thompson (TACCO), Capt. Greenough (VPCC), Capt. Sander, Maj. Watson, Capt. Perron, Cpl. Dunn, Cpl. Steadman. Front Row (l. to r.) MCpl. Anderson, MCpl. Sleeman, Cpl. Hanson, Sgt. Wood, WO Oke, Cpl. Anderson, Sgt. Godden (Lead Observer), MCpl. Reardigan, Cpl. Gray, Cpl. Rogers, WO Fox (Lead F. E.), MCpl. Green, Cpl. Masson, Cpl. Pearce. (Missing from photo - MCpl. Bazeley).

CFB Comox hosts Maritime Command ASW competition

This year CFB Comox is hosting the national Maritime Command ASW Competition from 21st to 24th May. Participating in the competition will be aircrew and technical support teams from the four operational VP Squadrons; 415 Sqn., CFB Summerside, 404 and 405 Sqn's, CFB Greenwood, and 407 Sqn., CFB Comox.

The Demon aircrew is

under the command of Captain Jim Greenough with Sgt. Herb Massey at the helm of the technical support team. At the time of writing the whole team is engaged in active training. The whole crew feels confident that 1974 is the year that the national championship and the right to represent Canada in the international competition belongs to them. We wish them every success

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COURTENAY, B.C.



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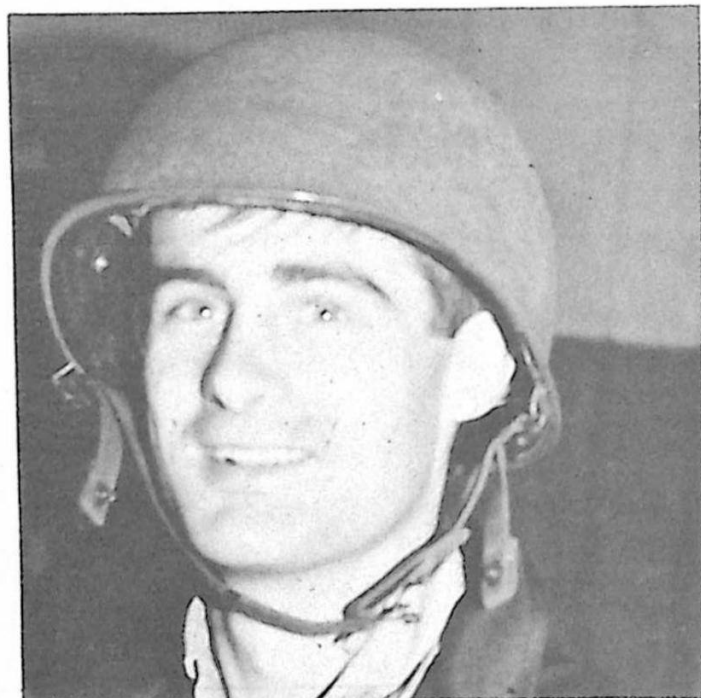
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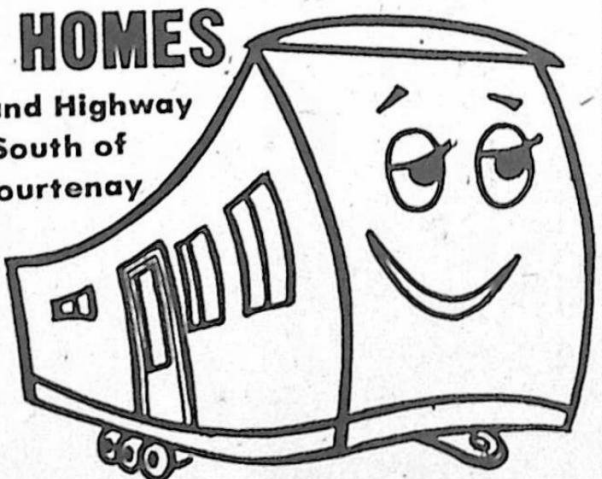
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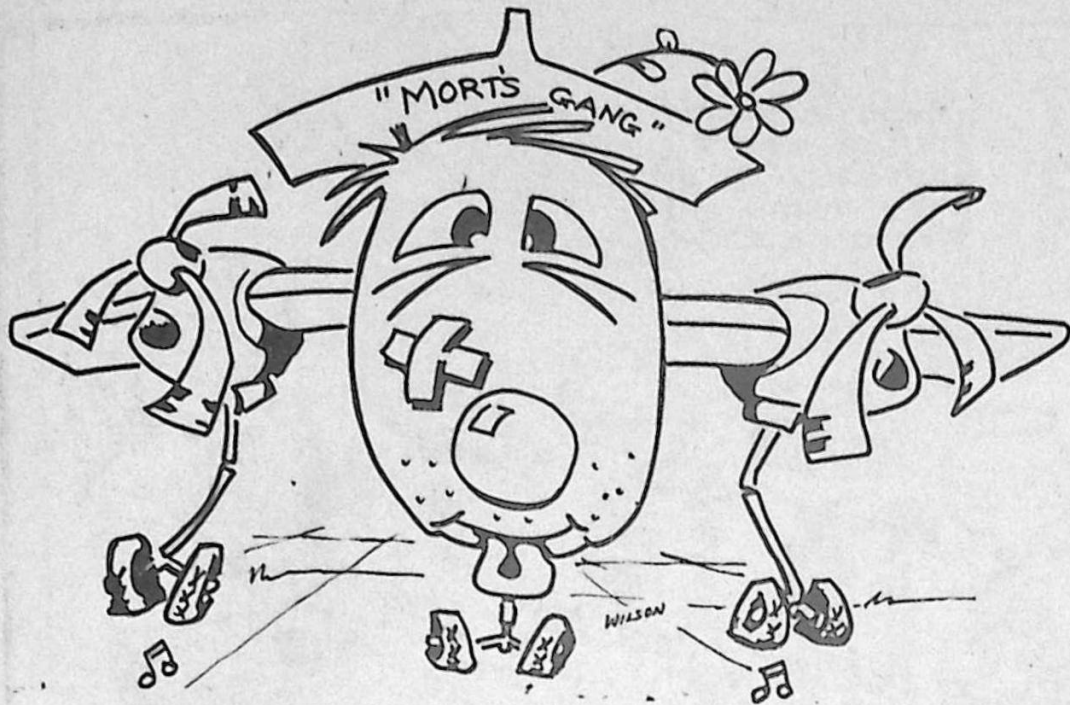
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DOWN THE LINE from 409 ... There dwells a motley crew. They have odd shaped things ... With high placed wings ... It's flowery 442!

Mushroom Mutterings

First of all, this week, Fungus Felicitations go out to Cpl. Kirk Cedar, who last Saturday tied the knot with Miss Cynthia Franklin, daughter of Mr. and Mrs. Reg. Franklin, of Courtenay. Reg is an ex-442 Mushroomer, so the Fungus Family continues to remain intact. Best wishes, Kirk and Cindy.

Meanwhile, the burning sands of the mystic Middle East continue to beckon, and so Capt. Russ Wright, navigator extraordinaire, and MCpl "Ready Freddy" Quarrie are being fitted for their tailored combat rags complete with matching camp cot.

Last Friday evening, the walls of the Totem Lounge reverberated to the weird

sounds of guitars, drums and deathly shrieks as 442 Squadron members enjoyed a quiet social evening. Mushroom Men Trophies were presented to Maj. Wilf Gammie and WO Jack Ross, both recently retired. Maj. Gammie also received, on behalf of the Avionics Section, a genuine foolproof, Mk I Mod. O. Kentucky Windage Direction Finder, so that he may continue his career as a crack navigator, whilst driving up and down the Island, wheeling and dealing in scandalous real estate ventures. Meanwhile, Jack Ross is up in Port Hardy, digging holes in rocks for a mining company. Best wishes to you both, gentlemen.

All in all, the evening went very well, thanks to Larry

Bodell and his newly appointed entertainment committee. When asked, during the evening, if he was enjoying himself, Pete Schmidt stuck his head out from under a table, opened one eye, and croaked, "Let's boogie." And, to give you an idea of how formal the dress for the evening was, Sam Edwards even wore his boots laced up and tied in little neat bows. Now, that's class!

Don't forget the forthcoming stag, scheduled for the latter part of May. In the offing is a mass Mushroom presentation to departing members, plus Gawd knows what else. And so, before I give my feeble brain a hernia, I'll cease these scratchings and go to my room.



Devil's Brigade

Well, here we go again friends with another super fantastic masterpiece of literary art!

To start things off on the right foot (uh, uh. Sorry about that. We're in the Army now so that should be left foot), I'd like to welcome our newest member to the family. Pte. Lucille Goddu has joined us from CFSAL at Borden and will be working in Stock Control. By the way, anytime you would like a tour of the dead file room, Lucille, just give me a call.

And today's latest riddle is - what is tall, wears glasses, has two gold bars on each shoulder, has a funny hat badge and a long frown on his face? Give up? Why, it's Capt. Jack Gibson, of course, and he's frowning because he just got posted to NDHQ in Ottawa. I'd laugh but I'm in a bad spot myself. Yes, friends, you humble but true blue and efficient reporter, Pte. Steve Dew, has just been posted to Esquimalt and HMCS Gatineau. (Alright, there's no need for all that cheering!) I look at it this way, gang, if it's the only way I can get off B.D.F. I'll go! I understand Jack's replacement is a Capt. Oldsmobile. Ooops, I'm sorry, that should be Capt. Buick. Anyways, he'll be here from 5 CFSD Moncton sometime in July.

One and all are reminded of the Golf Tournament on Friday. Tee off time is 12:30 so bring your clubs and your bag (no fella, your golf bag not your wives) and lots of money, because there will be a going away party afterwards along with trophy

and prize presentations.

The semi-annual tootsie torture is over for another six months with everyone making it through. The only minor incident we had was when, because of the terrific pace he was putting out, Mac McDonald blew a runner and was put out of the race momentarily. But, undaunted by this minor technicality (big words, huh?) he fought back to the finish line in record time, (23 minutes!!) Jock Reid put everyone to shame with his 9:12 time, and for anyone who's interested, Jock is 45 years old.

Our hard working and industrious VCR clerk, Peggi Clark, made a fast trip in and out of the hospital last week. Hope it was nothing serious.

Sgt. Keith Stagg has returned from his TD trip to Ottawa and North Bay. Apparently we're months ahead of schedule so things will be fairly easy for awhile. For anyone who's interested K-Day has been moved back six months to June 2, 1975.

Sgt. Bob Orr who accompanied Keith on the trip should be back sometime this weekend. And, don't worry too much if Bob comes running into the Club and asks you to step outside. He doesn't want to fight you, he just wants to show you his new car.

Boy, oh boy! Do I have a surprise for everyone today. Cliff Medland has written a poem and does wish to have it published. Cliff also wishes to dedicate this poem to Andre Duchesneau for reasons which will remain secret for the time being.

MONTREAL CANADIENS' FANS' LAMENT

Comox Valley Tennis Clinics

The British Columbia Lawn Tennis Association is sponsoring a two day clinic, May 1 & 2 for all tennis enthusiasts in the Comox Valley. The BCLTA is sending two top coaches who will be instructing all interested persons in tennis fundamentals and strategy at the major courts throughout the area. The Clinic schedule for the Wednesday and Thursday is as follows:

Wednesday, May 1:
Cumberland - 9 - 10 a.m.;
Vanier H.S. - 11 - 12 noon. Lake Trail School - 2 - 3 p.m.
Thursday, May 2: Anderton Park - 9 - 11:30 a.m.; Robb Rd. School - 1 - 2 p.m.; CFB

Comox - 6 - 8 p.m.

These instructional clinics will be given by Les Sallay and Kerry Bourdon, two coaches hired by the BCLTA to conduct clinics throughout the province.

So, for a worthwhile hour or two of top notch tennis instruction, choose the clinic that is most convenient and come out with your racquet and sneakers ready to learn some tennis.

Any further information may be obtained by calling Lt. Power at local 315.



On April 28, you'll have more to go on:

PACIFIC WESTERN AIRLINES' NEW SCHEDULE HIGHLIGHTS:

Fly Comox to Vancouver and Port Hardy morning or evening; two jet flights daily except Sunday. Three jet flights a week to Sandspit with connections to Prince Rupert.

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VANCOUVER		
	1120	1145 PDT/Daily ex Sun
	1920	1945 PDT/Daily
VICTORIA		
Via Vancouver	1120	1255 PDT/Daily ex Sun
	1920	2120 PDT/Daily

Cargo carried on all flights.

For further information and reservations see your travel agent or call Pacific Western Airlines at 339-2237



"I FEEL LIKE THE LITTLE 'Dutch Boy' plugging this (Blankety-blank) fuel leak with my finger!"

Nighthawks Nest

It's getting so a guy can't buy his own martini anymore. Promotions are coming thick and fast and some of the new found wealth is finding its way over to the back bar. Tony Nichols was overjoyed to find that his promotion would not change his income tax bracket too drastically. The new Major figures that with interest and carrying charges, the raise in pay will cover the cost of his fancy new hat in about three years. Congratulations are also in order to soon-to-be Lt. Col. Ev McKay who will be changing his rank and responsibilities in mid May. Michael J. Pollard, 409's paripatetic pilot, received his promotion

to Major just in time to welcome his new son into the world. Congratulations to all of you.

To Jon and Diane Pew, sincerest congratulations and best wishes for the years ahead. It isn't often that anyone can trap one of 409's crusty old bachelors but Diane is someone very special. Welcome to the Nest. Jon has done a real fine job putting in all those gardens around the house and has become an all around domesticated fighter pilot, he did have a few minor problems laying a carpet however.

We had a little party last Thursday. Frank Martin has

done himself. The first half of the evening was a truly memorable experience. Champagne cocktail followed by the old rubber chicken in sherry trick, a never ending supply of very good white and rose wines and a few after dinner drinks to go with the music produced a truly memorable first half. Unfortunately, someone spiked the sasperella and nobody remembers the second half. Pete and Lil Ott had a little after the party party, and almost all of the guests are either back to work or accounted for. It was good to have Bill Grip, Ken Carr and Mike Pollard back for the party, ave atque vale.

Jock Campbell is back from Bagotville and brings the number of navigators named Campbell on 409 to a grand total of three. There's no real problem telling them apart, we have a balloon, a gringo and captain. The only problem they have is that language barrier again. Jock speaks Scots, Frank speaks Merican and Ed speaks Canajin.

The 409 Call Shot team is shaping up quite well. The boys have adopted a rigorous training schedule and are keeping to it in the true Nighthawk tradition. The only problem is that it is very hard to get them to fly the morning after they train.

British Columbia is more than just your Province.
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A land where waves pound down on long beaches.
A land of deep green forests filled with fish and game. And silence.
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A land that offers to those fortunate enough to live here, the qualities of life that tourists travel miles to experience.
In a world that's being civilized out of it's senses, come back to yours this summer. Take the time to look around you. At a land to love. To be part of. To be proud of.
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AN "A" FRAME ON A SEMI-WATERFRONT LOT at Ship's Point with public access to beach only a stone's throw away. Large lot (65x170) is mostly cleared. Vendor is in process of putting in sinks and counter. It has 220 wiring and has had the perc. test. A beautiful spot to spend the vacation and week-ends with the family.

JERRY BURTT RES. 334-4323



LANDSCAPED RETREAT. Graceful trees and green lawns provide a restful backdrop for this 2 or 3 br. home. Located just across the street from a park and the Georgia Straits.
CHUCK CRONMILLER RES. 339-2153

Editorials

The inverted pyramid

Since the beginning of organized communities among men, there has always been a rank structure based on a pyramid sitting firmly on its base. The broad base of the pyramid is formed by those who are governed, be they bees or men, while at the top is the Queen Bee or the Big Boss. In between, the number of leaders at each level is supposed to taper off in more or less a straight line, representing the slopes of the sides of the pyramid.

Since biblical days both the civilian management structure and the military chain-of-command has been based on the formula that approximately ten private soldiers require one corporal, three or four corporals require one sergeant, three or four sergeants require one warrant officer, and so on, right up to the top where three or four lieutenant-generals require the supervision of one general. Based on this rank pyramid, given any establishment of men, it was relatively a simple matter to decide just how many supervisors were required at each level of leadership. Whence came our war establishments and finite restriction on each rank in our forces, dependent, in the final analysis, on the size of the unit in question.

In Canada's Armed Forces this is no longer true. Instead of one corporal for ten privates we now have three corporals for one private and instead of one captain for three or four lieutenants, we now have three captains for one lieutenant. To make matters even worse, lest lack of qualifications should prevent appointments to fill these seemingly limitless vacancies, our forces have obligingly watered-down or even cancelled formal qualifications for rank in certain cases.

Canada's Armed Forces are now below 20 per cent of their peak wartime strength. Does this mean that we have only one-fifth the number of major-generals and one-fifth the number of corporals we had in WW II? Not at all! It means that we have as many or more major-generals and far more corporals than we had at the height of hostilities; but now each general is only a fifth of a general and each corporal is only a tenth of a corporal, insofar as responsibility is concerned.

How did this horrible thing happen to us? Were we the victim of some perfidious plot on the part of a foreign

power? Not bloody likely! History, if it is honest, will have to conclude that this near-mortal wound was entirely self-inflicted.

We were doubtless influenced in some degree by the inflated rank structure of our friends, the Americans. Veterans will recall the envious jest rampant in UK in 1944: "There is nothing basically wrong with the Americans except they are over-ranked, over-paid, over-sexed and over here!" In a more serious vein I was impressed with the dilution of authority in rank in the American Army on a visit to Fort Benning in 1965, while carrying out an investigation of leadership training for NCOs on behalf of our Army. One of the very intelligent and competent infantry sergeants asked me if there were any NCO vacancies in the Canadian Army. "I don't even care about the pay," he blurted out in front of his startled officer, "I just want to get into an outfit where a sergeant is a sergeant."

Our own RCAF must share some of the blame. Even prior to unification they had fallen into the error of awarding rank for the quick reflexes and manual dexterity needed to drive an expensive machine, rather than to base it on its only sound foundation - the command of men. Doubtless this "light blue" thinking in the unified force helped materially to topple the rank pyramid.

In the final analysis, however, the error was made, as are so many of the colossal blunders of history, by otherwise intelligent and well-meaning staff officers who were simply trying to pry more pay for the military out of a reluctant Treasury Board.

Certainly by now all of the corporals know that it was a mistake to suppose that a pyramid was meant to rest upside-down on its point, and so do the majority of the captains. The major-generals for social and financial reasons and not for lack of common sense, will take a good deal longer to convince.

In the meantime it appears that the organization most likely to come to the rescue of the sagging morale in our Armed Forces brought on by this dilution of rank and authority may well be their old enemy, the Treasury Board. From where else can so much immediate and long-term benefit derive directly from not spending money?

(As was published in the LEGION Magazine March 1974.

Down with TV

We live in an age of electronic wizardry that has brought the world into our homes ... and igloos, through the media of television.

Now we can see news in the making and be entertained in the comfort of our living rooms. Television gives us a ring side seat in the world of sports and throws more facts and knowledge at us than our brains can assimilate.

So, what is wrong with television? First of all, our television set can isolate us from the rest of the world. If dad is tired of the kids, he can turn up the volume and drown them out - and mom too! Have you ever sat glued to the one-eyed monster, almost afraid to leave or even to talk? For some mothers, television is a gift - an electronic babysitter that keeps the kids spell bound and out of her way. What has happened to family life, fireside chats, the sharing of the experiences of the day - not to mention parental responsibility? Television can isolate you from your family and that can be damaging to all concerned.

Next, television can do strange things to your mind. Just notice the role of the females on family shows. She is either dumb and weak or she is divorced. Her main purpose in life is to serve her children, husband or boss with un-

swerving devotion. Females on television are not permitted to outshine their husbands. Now, what basis does this have in real life? It is little wonder that divorce is coming to be accepted as the norm. And what does such "entertainment" do to the self-image of young girls? If you are male and under 35 you are probably part of the mass of society that suffers from television hypnosis. Now you know why you get angry if the wife does not stand up to your high standards of obedience and subservience.

One could go on forever, but we can "kill" the topic with violence. It is a fact that children can learn by osmosis. That means your child can learn violence as a way of life from television. Why is there so much violence in the world today? Why did the neighborhood bully hit your little fellow and laugh? Violence means high entertainment ratings to television, but it could mean death to our peaceful society! Look south of the border, they have ten channels to every one channel up here!

Instead of trying to get more television channels, we should try to get more sensible programming on the channels that we have.

Holberg Seagull Courier

So Long!!!

CBC Radio carried a very interesting news story recently. Dated Edmonton the reporter stated that during 1973 Canada's three largest airlines, Air Canada, CP Air, and Pacific Western Airlines hired sixty-nine ex-Armed Forces pilots. He went on to explain the reasons many of the pilots gave for leaving the Forces - these included the lure of more money, and a feeling that they had reached a point where promotion in the service was unlikely.

Now where have we heard those lines before? Every day we hear about another of our companions in green who has made the big decision and is leaving the forces - sometimes for pastures no where near as green (pardon the pun) as the one he's in now. How come?, we ask. Some people are indeed going to better paying jobs - the pilots are a prime example, but what about all the other Joes that are leaving by the score - what are they going to do?

Some of the troops who are leaving have no job to go to and they say they'll carry about it later. Now that is really coming away from the tough, level-headed service image! So, what's the deal about getting out now? Try these on for size: I'm too old to learn a new language and how am I going to

get ahead without it? Integration, consent to serve, going to sea - that's not for this kid; Junior Leaders Course - hell, I've been leading men for 15 years - how come I gotta take the - "?! course now?; or I've been an engineer for 20 years, all of it in the air and I'd like a desk job for a change but they're short of people so I'm flying more than ever now! If you heard all these tales and more, you're probably wondering what NDHQ is doing to solve the problems that have led these people to throw in the towel. You've undoubtedly seen all the recruiting spots on TV and in the newspapers - we aren't meeting our quotas for a lot of trades so things are probably going to be a little tougher before they get better.

What we don't need is a study at NDHQ to find out why people are leaving. What we do need is a re-evaluation of goals and a serious hard-hitting policy to cure some of the ills that are causing a lot of the Forces people to leave before their time is up. If action isn't taken soon, there'll be a lot of people shaking hands and offering that old cliché - SO LONG, IT'S BEEN GOOD TO KNOW YA!

Moff.

Greenwood Argus

The Time: 1980.

The Scene: The gleaming laboratory of Professor Herr Doktor Fritz von Pippik, a brilliant, but slightly weird scientist.

We find the professor hard at work amid a jungle of stainless steel and glass. From this jungle, strange smells wafted, as strange colored liquids bubbled and fumed.

"Himmel!" muttered this brilliant man, from deep within a book. "I have been given an impossible task. Der Kanadischer government wants me to produce for them der perfect mechanical serviceman, and I must not fail! Der specifications are unrealistic! How can I build a machine that will function

equally well at high altitude, in dirt and sand, and salt water. Not only that, it must be programmed for two languages and painted completely green! Zounds, dis is ein terrible job, but I must complete it by 1984, or lose mein Defence Research Board grant. Igor, hustle your twisted frame in here!

Presently, the door creaked open, and in shuffled the good Doktor's hunchback assistant, his one big eye glaring from the centre of his head. "Yes master?", he rasped as he finally made it to the professor's side. "Igor I want you to go down into der city and bring me some specimens. Roam der streets around der Parliament Buildings and find two

citizens speaking der two different languages, and den stop at der hardware store for a gallon of green paint. Don't get der good stuff, ve haff to save money!"

By the next morning, Igor had returned with the professors requirements and work was commenced immediately. Into the body of the robot serviceman went wires, tubes, and other bits and pieces scrounged from what was left of the country's ships, tanks and aircraft.

Then came the critical phase of the experiment; the transplanting of the brains from the two hapless souls Igor had managed to kidnap from Parliament. This done, the monster was given a final coat of the cheap green paint,

and had its battery terminals connected.

"Und now, ve shall see vot ve shall see!", crackled Doktor von Pippik as he danced with glee. "Stand back, Igor, or better still crouch back!" And with that, he threw the switch. But nothing happened. He hit the switch again and still nothing.

"Hmmm", thought the professor scratching his head. "Maybe if I paint some stripes on its arm, it will work." This was tried but to no avail. By now, he was getting desperate and had even resorted to stuffing money in its hand, a trick that used to work on humans. Finally, his patience worn out, the mad scientist gave the useless machine a good swift kick, and to his surprise, got a response!

Lights, flashed, gears whirled, smoke emitted from its nostrils, a few guttural sounds in the two official languages, a half-hearted salute and finally it fell to pieces on the floor.

"Oh vell," sighed Doktor von Pippik, "back to hiding in Argentina. Vot vill you do now, Igor?"

"Well, master," wheezed the one-eyed wonder as he swept up the pieces. "I thought I might go back into politics, since people have short memories."

"You were in politics before?" inquired the puzzled professor.

"Oh yes master," chortled the half-wit, his eye gleaming, "I was once the Minister of National Defence."

DER MUST BE A solution here some ver.

In a few short years . . .

Letters To The Editor

Vox Clamantis in Deserto

Dear Sir:

Down through the years when I was bending my pen to various places and media on several of the subjects commented on in the articles AN OMBUDSMAN, WHO'S APATHETIC and the lead editorial, my motto was VOX CLAMANTIS IN DESERTO.

Although I received plenty of verbal support no one ever put pen to paper to agree or even disagree with my plaintive observations nor did an editor ever comment.

The Conditions of Service (CS) at NDHQ was set up to hear and handle our complaints and action them if possible and tell us if they could not. Perhaps OMBUDSMAN problems are not of the nature that the CS can handle. My list of unhappiness was formidable, name a subject and I probably wrote on it. I can honestly say that action has been taken and my list has shrunk considerably and that many of the things we now enjoy are as a result of the Conditions of Service branch efforts.

My list is quite short now - to name a few items, our annuities (CFSA), increased widows benefits, reduced age for Supplementary Retirement Benefits (SRB), female personnel annuities, VLA cut-off date for still serving personnel, pay realtor fees on CRA moves, journeymen papers for our trades, increase the number of incentive pay increments, block heater plug-ins for ALL personnel on severe winter bases, severance pay for any unexpired rehab leave should we die on rehab leave (we've earned the money) advice on tax avoidance loop-holes used by people that can afford tax lawyers, some decent technicians environmental clothing, extended tours by the odd troops, UIC Special Severance Benefit for those of us that really retire at CRA

(another hosing the serviceman gets for his contributions to government coffers).

I understand the American service has some sort of Ombudsman that is meeting with some success. Theoretically, our BWO and CCWO are our Ombudsmen. I have no idea of their batting average on complaint problems passed to them.

An Ombudsman in every section was tried at Gimli some years ago. They met once a week or so and some good results were obtained. After a while they petered out due to a lack of work!

I don't think anyone takes it out on a troop on his PER if he has a sensible problem or complaint. I've read hundreds of PER's and never detected this abuse. I think we've lost sight of the original intention of an ombudsman "Official who investigates private individuals grievances against State authorities". On a complaint in the service of the nature - redress is the way to go. As pointed out in Personnel Newsletter on several occasions redress carries no stigma and the role is shorter than one thinks. How about listing some of the problems complaints you've had that fit your list of reasons for the necessity of an Ombudsman? By the way, my door is always open.

I've put on quite a few pounds in this last few months and I must admit that old commands are about as hard to break as it is for some people to quit smoking. DON'T ANYONE tell me were a "horror to watch" a bit ragged is because we didn't get enough PRACTICE. I'm pleased to have you on parades, volunteers are more than welcome.

He pay raises not keeping least of the cost of living increase is sad alright, but I think the Pay People in NDHQ are working to rectify this, it may be apparent at the next pay raise. I think it's a dirty trick to raise PMQ rents after each pay raise. It is done so you can't save any money to buy a house at CRA (a time when the civilian populace have theirs paid for). Did the last pay raise money go to print B&B Pubs?

Annuitants! Bill C194 March 1970 went over-board amending our MP's pension system, reducing the time required to qualify and increasing the benefits substantially. All that same Bill did for us was to increase our contributions, make some of us wait till age 60 for our SRB and work out a formula to reduce our annuity at age 65 by CPP. (MP's pension is stacked with their CPP). You bet our computation should be based on the last three years - like it was in the past, BEFORE we started getting "equated" to the PS. When the time was changed to six years from three years our pensions were for all intents and purposes, LOWERED.

To provide an incentive for personnel to stay in until CRA annuity computation should be on the last year of service for all those staying to CRA and the best six for all others (excluding medical releases). I don't think annuities are programmed for senior officers, CFSA's indicate quite a number of them getting out on 4A. It would help if they said a few words though.

Schemes to improve CFSA benefits have been suggested in the past. I even put one in that could double pensions and in a few years waive our contributions. These ideas would cost the Government cash on-the-barrel-head to implement and they don't have the money. Anyhow, how can one improve on an account (CFSA) that as of Dec. 31, 1970 stood at four - BILLION eight hundred and

nine million, one hundred and sixty-thousand dollars, all of it tidily accounted for and spent far into the distant future?

Something must be done about widows benefits. Statistics verify our spouses will out-live us. There is no way our dependants can survive with dignity on half of our annuity in these times of rampant inflation. Particularly when trying to make payments on a home we had to purchase late in life due to the fact our deductions just about equal our paychecks.

It should be pointed out that the PS have a union and their pension is in the same bad shape as ours.

Speaking of unions, I had occasion to talk with one of the PS high brass union guys. He didn't know who I was. I asked him what they would do for the CAF if they were unionized. What did servicemen want? He didn't have a clue. But he sure knew what our union dues would add up to - \$5.00 x 82,000 a month - another deduction! If I appear anti-union, I am. I

have a publication (in English) on unions in several countries' forces. They don't appear to accomplish much - just another job - job with no extra pay. Come in and read it some time.

Unless steps are taken to curb inflation SRB should start immediately one retires at CRA. The idea behind the SRA is to make up for inflation. I think it's OK for one to nag his MP over this - we pay the contributions - HE makes the rules.

It was commented on the other day that the Grits no longer have to carry the can for unification cause the guy that did is now a Tory. For it to be undone he would now have to renegue, get the picture?

Well, I've probably rattled on to the point where olde Totem will not have space to publish this missive. Anyhow it is done so these brave contributors will not feel that they too have to consider adopting the above mentioned motto.

Jim Brown, CWO
Continued on page 5

TOTEM TIMES

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"AND, I'M NOT WORRIED about retiring; I've already had one offer to be the Head Wine Steward at the Royal York Hotel..."

— Base Photo

Letters to the Editor

(Continued from page 4)

Healthy athletics

Dear Sir:
I recently attended a hockey game between the "Comox Checkers", our local midget rep team and the midget rep team from Powell River. The match was exciting, seeing back and forth. Our local squad could have tied it in the last few minutes except for a lack of finish around the opposition's net. Both teams acquitted themselves well, and it was unfortunate anyone had to lose.

The whole game was marred in my estimation not by the players who played their hearts out, but by quite a number of ignorant and inconsiderate fans. By the end of the game, a thick haze of cigarette smoke hung over the whole arena, although "NO SMOKING" signs are very prominently displayed throughout the whole building. I proceeded to point this out to a member of the staff who happened to be strolling by, but I knew my protests would be in vain, as I spied a cigarette dangling from his fingertips.

In the light of our reassessment of the whole system of organized sport, I would hope we would also reassess our conduct and attitudes if we wish our young people to grow and develop healthy minds and bodies needed to change our society deteriorating at an ever accelerating rate.

Y. Callaree

Housing costs trying

Dear Sir:
Recently I have been informed of being the recipient of a posting to Ottawa. I immediately enquired about the availability of PMQ's in that area. I was informed that no date can be given re housing. The same message stated that civilian housing in the area is considered as extremely expensive. In fact PMQ's in the area aren't

really a bargain either. The point is this — my pay does not increase because I have been posted to an area where the cost of living is about doubled.

Does the Treasury Board do anything about this — not a chance. So when I move to Ottawa I starve, and when my counterpart in Ottawa moves to Comox he is suddenly rich — or at least has enough money left over at the end of the month to buy the kids bubblegum. If I had been working on "Civvy Street" and been transferred, a big fat raise would have been offered as well, thus making one able to cope with the increased cost of living. What are the solutions to my problem? — live in the slum, put the wife to work or put in for my release and stay here.

Because things are the way they are, the latter is about the only thing one can afford to do. . . .

The Comox Cid

Retirement Annuities Discriminatory

Dear Sir:
The reactions and response to the articles in the April 11th issue of "The Bible" were staggering in numbers and pointed out that most people if apathetic or not are at least sympathetic. Let me, at this time, delve into the issue of pensions which should be of prime concern to all of us regardless of "time in", six years or twenty-six.

The three main issues to my mind are: No. 1, the cost of living supplement which is available only to top WO's and senior officers as they are the only ones who can meet the magic figure of 85 (age on retirement totalled with years of service), No. 2, the lack of pension fund itself and, No. 3, the annuity on retirement based on the six best years of service.

Going back to number one...why must a Cpl or a Capt. who retires at age 44 and 45 respectively, under the

new plan, with 25 years service wait for a further 16 and 15 years to get the same cost of living supplement that a CWO or General gets after one year out as he can stay in till age 55. Stop and consider the monetary difference in the respective annuities and tell me who needs the extra money more? The General drawing \$1100 as a minimum for a general list Colonel or above — or the Cpl. at \$350 or \$400 a month. The system seems to say "them that has gets". This has to be the biggest "rip off" in current times. The Cpl. will have to go to a full time job just to maintain his family costs for, living, education, and the like. Once a person has attained the required time in to obtain a pension he should and must be entitled to the same extra benefits regardless of his age or extra years of service.

Point number two...Pensions based on the best six years service! Let us have a realistic look at this and discover how ridiculous it is. Pensions should be based on the best 3 years at the very worst or the best 2 or 1 at the best.

Number three...What of the pension fund that so many speak of? Well, there isn't any! There is no money pile to draw from, just Treasury Board sitting as smug as a Buddha doling out their meagre annuities as they see fit, making sure that the people closest to the top get the biggest bite as described in point number one. Why isn't the individual given the opportunity for the bigger say on the subject of pensions or given the chance to "opt out" and invest in the registered retirement savings plan of his or her choice. One suggestion would be to phase out Canex as a commercial enterprise keeping a small percentage of the proceeds from, the sole of existing stocks and buildings and funds, etc. for a recreation fund. Lump this together with the pension contributions. The next step is possibly the hardest and that is to get hold of some of the

monies in the Benevolent Fund or funds. What's the percentage of servicemen who benefit from the fund and what are its assets?

If the dollars from these three sources were lumped together it would make a very attractive sum I'm sure. Then if a person were allowed to borrow up to, say 30 per cent of his accumulated contributions for down payment for a house or the like at a rate of 5 - 10 per cent this would in turn add more money and you're money would be working for you instead of being in "limbo".

It all boils down to this: The Canadian Armed Forces are known throughout the world as great peacemakers and if someone's rights are threatened ferocious fighters.

Well, someone's rights are being abused; yours and if you don't get off your apathetic asses and do something about it or at least try then God help you, no one else will. I would like to know what course or courses of action if any that a serviceman can take to attempt changes in the system?

Is there someone we can turn to with or for questions and answers without miles of "red tape"? Can we redress the system or does it have to happen to us first? As Treasury Board appears to be "God Almighty" can I legally correspond with my member of Parliament on this matter without fear of service interference? Are "we" to sit and wait for the ones on the top of the pension pile to act?

I believe the onus lies with us to stand up and be counted; write somebody, service or other paper, shout to anyone who will listen but don't be there and take it. It took from 1966 till now for the Government to admit it made a mistake and give the Navy back its rank, so that should give us fair indication of the long fight ahead to get anything done about pensions. I will save some breath to speak on Canada Pension Plan later.

Cpl. B. J. Lavigne (A)

Entertainment and Events

Rescuebits

Rescue Co-ordination Center - the hub of Search and Rescue. The Victoria RCC is responsible for initiating all Search and Rescue (SAR) action in British Columbia, the Yukon, and, at sea, as far west as eight hundred miles. To carry out this task, we have at our disposal certain facilities which are classified either Primary or Secondary. Primary facilities are those totally committed to the SAR task. These include: three helicopters (Labradors) and three turbo-prop (Buffalo) aircraft based at CFB Comox. Supplementing our aircraft are eight Coast Guard ships, based at fixed locations in B.C. or on continuous patrol in the coastal waters. Also included are the three 40 foot crash boats at Comox and the B.C. Air Force (B.C. Government) for Medevacs. No list would be complete without the inclusion of para-rescue personnel, dedicated people who, with no hesitation whatsoever, jump into some of the wildest country to save lives. Considered primary facilities, while their main function is elsewhere, are military doctors, nurses and ground teams. Secondary facilities are those that, while their function is other than SAR, can be called on in time of need. These are quite extensive and, without elaborating too much, boil down to just about everything we can beg, borrow or coerce west of the Rockies. Included are other military and Coast Guard facilities on this coast. Particularly worthy of mention is the Weather Ship, on station a thousand miles from nowhere, who has come to our aid many times. Other Federal Government ships and Ministry of Transport aircraft form an integral part, as do the RCMP and local police. The Provincial Emergency Program (PEP) cannot be overlooked nor should the Harbour Boards. Civilian volunteers also form a nucleus from which a wealth of information and knowledge can be drawn. Working together, we form what I think is an effective, if sometimes maligned, Search and Rescue organization. Not ideally outfitted perhaps, but able to carry out the task as determined by the Federal Government.

What we would like to do in this column is maybe give a better understanding of what we do, a running commentary of the incidents, highlighting the ones which draw interest. Maybe even a few facts to coincide with the comments levelled by our critics. It seems the critics of SAR work on the first-last-first principle. First to sound off about our operations, the last to tell anyone where they are going, and usually the first we have to go looking for. However, let us not get niggly, others do it better.

The RCC is physically located in Victoria and armed with phones, maps and, we hope, copious amounts of common sense. We co-ordinate SAR in the Yukon and west of the Rockies. The RCC is staffed twenty-four hours a day by two military personnel and a Coast Guard officer. We classify an incident as where we take some form of action and, as they say on the Prairies, last year was a bumper crop. The RCC handled 2031 incidents in 1973, an increase of 25 per cent over 1972. The total to date this year is roughly 25 per cent higher than last year. Marine incidents form about three-quarters of our business while the remaining quarter incorporates air incidents, mercy flights (medevacs), communications searches, missing persons and others. At a later date, I'll try and explain the foregoing in greater detail.

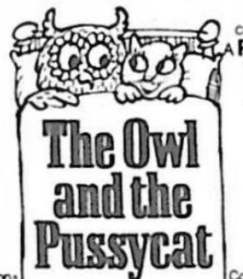
Some of the more outstanding incidents naturally involve the helicopter. Due to its manoeuvrability, the helo is able to get into those quiet little hideaways that you often read about. Getting in and out may be hair-raising but it's all part of the effort. Hovering, on an ice field with very little visual reference to the surface, to get a crash survivor out or above an abandoned net loft, to evacuate a critical heart attack victim, is par for the course for this half of our primary air team. The Buffalo crews are by no means overshadowed by these feats. Consider a runway whose length would be doubled by adding 500 feet to it and our guys have probably landed on one like it. Possibly the precision air drop of a pump

(Continued on page 8)

MINI THEATRE

Something New in Movie Entertainment

VIDEO CENTRE (60 Seats)
(Next to Central Meats)



Barbra Streisand
George Segal

April 26
to
May 02

ADMISSION:

1 p.m. & 3:30 p.m. 7 p.m. & 9 p.m.
Adults - \$1.25 OAP & STUDENTS - 75 cents \$1.75
Children - 50 cents \$1.25
75 cents

TCV VIDEO CENTRE

485 - 5th St. Courtenay
Manager: Mr. Bob Reed - 334-3262

Miracle Drive-In

BLACK CREEK, B.C. 337-5097

GATES: 7:30 SHOW: 8:00 P.M.

APRIL 25, 26, 27, 28
BUTTERFLIES ARE FREE

Goldie Hawn Eddie Albert Jr.

\$...DOLLARS...\$

Goldie Hawn Warren Beatty

SPECIAL PRESENTATION
ONE WEEK — APRIL 29 - MAY 5

PAPER MOON

Ryan O'Neal Tatum O'Neal
(Academy Award Winner)
(Best Supporting Actress)

SECOND FEATURE

SUPER FLY

Ron O'Neil Roscoe Brown

DON'T FORGET SWAP & SHOP EVERY SUNDAY
10:00 - 4:00 P.M. COME & SELL, BUY, TRADE OR BROWSE -
FUN & BARGAINS FOR EVERYONE

OFFICERS' MESS ENTERTAINMENT

SATURDAY, MAY 4th - SPRING FORMAL - Reservations by May 1st.

SUNDAY, MAY 5th - Brunch 1145 - 1300 - Lunch Menu - Casual Dress

FRIDAY, MAY 10th - Mixed Happy Hour - 1700 hrs - Italian Food

SUNDAY, MAY 12th - Brunch 1145 - 1300 - Mothers Day Smorgasbord 1700 - 1900

WEDNESDAY, MAY 15th - Wives Club

SATURDAY, MAY 18th - Club Nite - Dine 1930 - 2130 - Dance 2130 - 0130

SUNDAY, MAY 19th - Brunch 1145 - 1300

SATURDAY, MAY 25th - Dance Nite - "Music Factory" 2130 - 0130

SUNDAY, MAY 26th - Brunch 1145 - 1300

FRIDAY, MAY 31st - Happy Hour 1700 - 1800. Free Snack Bar 1830 Hours.

WO & SGTS MESS

ENTERTAINMENT FOR MAY

SATURDAY, MAY 4th - Mixed TGIF, 2000 hrs.

FRIDAY, MAY 10th - Mess Dinner, 1900 hrs.

MOVIES - Every Monday at 2000 hrs.

TGIF - Every Friday except May 10th.

JR. RANKS CLUB

ENTERTAINMENT FOR MAY

Friday, May 3rd - Dining-in Night

Dance to Sunday Reign

Saturday, May 4th - Vision

May 11th and 12th - TBA

May 18th and 19th - Cross Country Express

Saturday, May 25th - Kings Biscuit

Sunday, May 26th - Taxi

WIN! WIN! WIN!

GLACIER GREENS GOLF CLUB

RAFFLE

"All Proceeds To Improvement Of Club Facilities"

Tickets \$2.00 Each

Coordinator: Lt John Power, Loc 315

WIN! WIN! WIN!

BASE THEATRE

Wed 24 Apr Thu 25 Apr
Warning: drugs, brutality, sex.
RESTRICTED. Showtime: 2000 to 2155 hrs

SUPERFLY

Ron O'Neil
Carl Lee

Fri 26 Apr Sat 27 Apr Sun 28 Apr
Showtime: 2000 to 2155 hrs

GUMSHOE

Albert Finney
Janice Rule
Private Eye

It's a grubby, violent, dangerous world. But it's the only world they know. And they're the only friends Eddie has.



Wed 01 May Thu 02 May
MATURE
Warning: frequent use of coarse language

FRIENDS OF EDDIE COYLE

Robert Mitchum
Peter Boyle

Fri 03 May Sat 04 May Sun 05 May
Showtime: 2000 to 2200 hrs

THE CANDIDATE

Robert Redford
Peter Boyle

Wed 08 May Thu 09 May
Action
Showtime: 2000 to 2155 hrs

SOUL OF NIGGER CHARLEY

Fred Williamson
Denise Nicholas

Fri 10 May Sat 11 May Sun 12 May
Showtime: 2000 to 2210 hrs

LIVE & LET DIE

Roger Moore
James Bond

Wed 15 May Thu 16 May
Same Dude with a different plan
Showtime: 2000 to 2155 hrs

SUPER FLY TNT

Roscoe Lee Brown

Fri 17 May Sat 18 May Sun 19 May
Showtime: 2000 to 2150 hrs

WHAT BECAME OF JACK & JILL

Vanessa Howard
Thriller

SATURDAY MATINEES

27 Apr Adventure
Showtime: 1400 to 1550 hrs.

THE SAFARI

Victor Mature
Janet Leigh

04 May Comedy
Showtime: 1400 to 1600 hrs

WHO WAS THAT LADY

Dean Martin
Tony Curtis

11 May Adventure
Showtime: 1400 to 1550 hrs

VALLEY OF THE DRAGON

Sean McClory

18 May Adventure
Showtime: 1400 to 1550 hrs

EAST OF SUDAN

Anthony Quayle

Theatre Information
Call 339-2433 Anytime
RESTRICTED SHOWS: 18 years and above — Under 18 years of age must be accompanied by a person over 18.
ADULT SHOWS: 16 years of age and above — Under 16 years must be accompanied by a person over 16.

Demon Doin's Out



SAY, FELLAS, did any one remember the shark repellent??

In the past couple of weeks residents of coastal communities around Georgia Strait have been shaking their heads and discussing the crazy antics of many amphibious members of the Squadron. Some locals have come to the conclusion that the Squadron has spawned a new breed of the polar bear club, some, that the Squadron is testing new pyrotechnic devices for Quebec new year and yet others, that all those funny men in orange and khaki green wet suits are actually diving for submarine treasure. All wrong. In fact, crews one and six have been undergoing the MARCOM sea survival training. Strange, though it may seem, a few intrepid techs from the support crews also volunteered??for the same training.

According to one unreliable source the sea was just choppy enough that at least one raft had Canada geese on board.

It was during this warming experience that crew six was informed that it was to be the Demons representing the



Squadron in this year's ASW competition. All were so pleased with the news, that one man polished his boots and two others volunteered to miss important career opportunities. The latter two, a senior Captain and a senior Master Corporal, both made similar statements which sounded something like, "The Squadron must come first, not my career and the chance of being promoted."

As a reward for being selected competition crew and completing the sea survival, crew six was cancelled off a sunshine trip to Hawaii and instead sent to an Alaskan outpost. Hard on the heels of

the "green brigade" came crew two. Needless to say, Anchorage will never be the same. A reliable source reports that the Canada Council gave both crews funds to carry out research projects whilst there. A technical group did extensive research into the side effects of cortisone, or should that be front effects. The other group did a cultural similarities except in the type of coffee they drink. The former of the two teams realized after they had departed the city that their research was not completed and therefore persuaded the aircraft captain to turn around and give them a

twenty-four hour extension to complete their investigation.

In the congratulations department this week are Captains Gaede, Vinnedge, Fawcett, Lebouef and Bonenfant, all of whom learned of their intended promotion to Major. The first two effective May 1, the next on July 1 and the latter two on September 1. To L. Col. Montgomery for being appointed Demon effective the 8th of July even though it's rumoured he'll take over the reins earlier as the incumbent Demon wants out. Further rumour states that the five promotions were based on the last five men standing at the bar on 'Demonite' and the C.O.'s appointment because he was able to get them out of the Mess before the third bar extension.

The final congratulations must go to Balloon and Colleen on the birth of their son; just think, in another twenty-one years there may be two balloons in one squadron. Happiness is a sprog promoted to sprocket and paying a dollar ninety-five for a hamburger.

In The Chuck



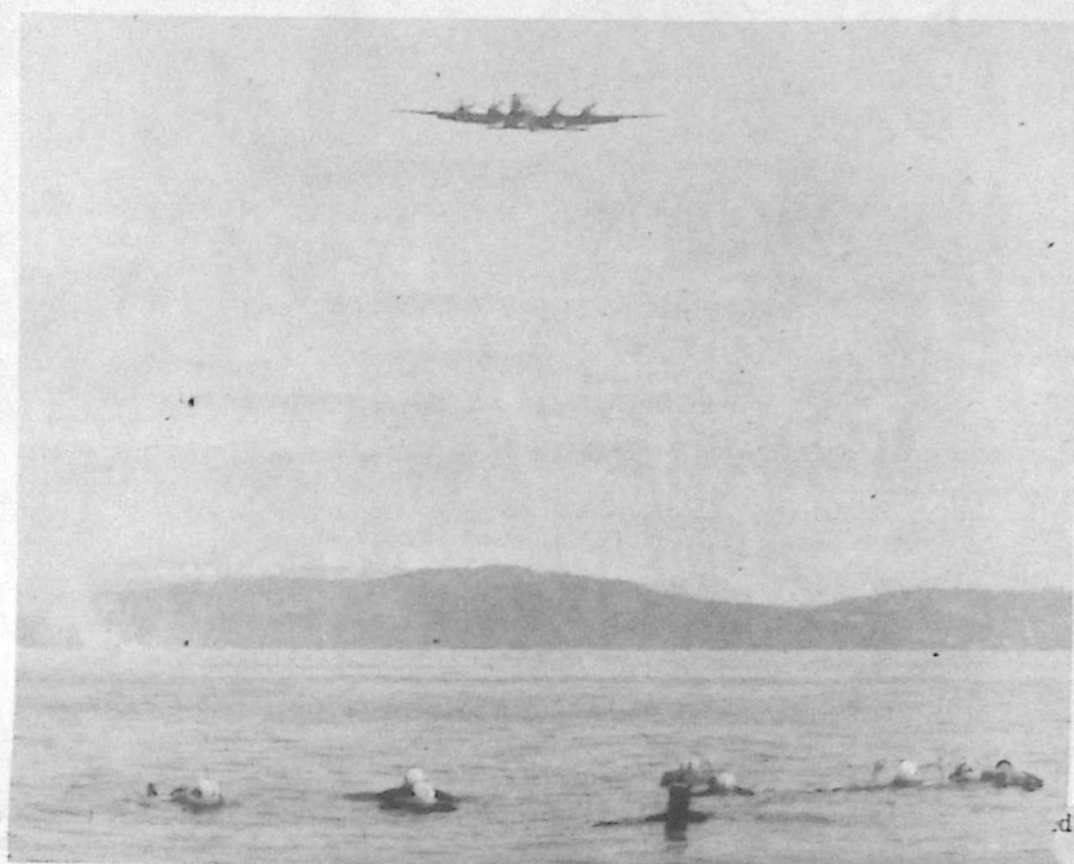
OH MY GAWD!! I've hit a seagull.



ZZZZZZZZZZ



MY SMOKE'S prettier than your smoke!



O. K. MEN, WATCH OUT for the oil slick!



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WHERE DOES IT HURT DEPT.

While the hammer and saw specialists were doing their thing in the Base Hospital - Cpl. McIlvanna, our base hygiene technician, conducted a one-man experiment in mind-over-matter. Calling on his deep resources in concentration and an enormous pile of medical injury reports, he counted, computed and compared the human anatomy and the injuries. No positive correlation exists between the descending numbers and the descending anatomy but one could be made between injury locations and the wearing of eye, head and hand protection.

EYES 42 injuries or 16 per cent	HANDS 38 injuries or 15 per cent
HEAD 35 injuries or 12 per cent	FINGERS 39 injuries or 15 per cent
FEET 23 injuries or 8 per cent	ANKLES 22 injuries or 8 per cent
SHOULDERS 18 injuries or 6 per cent	KNEES 18 injuries or 6 per cent
LEGS 12 injuries or 4 per cent	CHEST 9 injuries or 3 per cent

FORWARD!

Many thanks to those who lent their imagination, skill and efforts to identify our base with the goals of the "Safety 75"

Special mention to Capt. Blamire (ATC) and Mr. Bob Gibson - "of course" (CE). Under the stern gaze of "The Great Safety Bird" we now enter the final year of the campaign, with a 15 per cent accident reduction target. And while we're handing out bouquets - one apiece to each person contributing to our special General Safety supplement in the 28 March issue!

I SPY DEPT.

A general move toward a lower allowable sound level in industry. Presently, Workman's Compensation Board regulations sets the British Columbia maximum level at 90 dBA for an eight hour day. A sliding scale permits higher noise levels for shorter periods of time, up to 115 dBA (for 15 minutes). New target, already being eyed by WCB is 85 dBA for an eight hour day.

New dimension for first aid training. Direction has now been received that all military and civilian personnel within ADC shall be trained to a minimum of the St. John Ambulance "Emergency" certificate level. Additional training for those personnel whose primary or secondary duties encompass first aid responsibilities.

The beginning of another year of grass-cutting. If you look closely at the photo, you can see that the wall plaque should have included one more thing to beware of power lawn mowers.

WATCH YOUR BIRD!

Spring Clean Up Week
April 22 - 26

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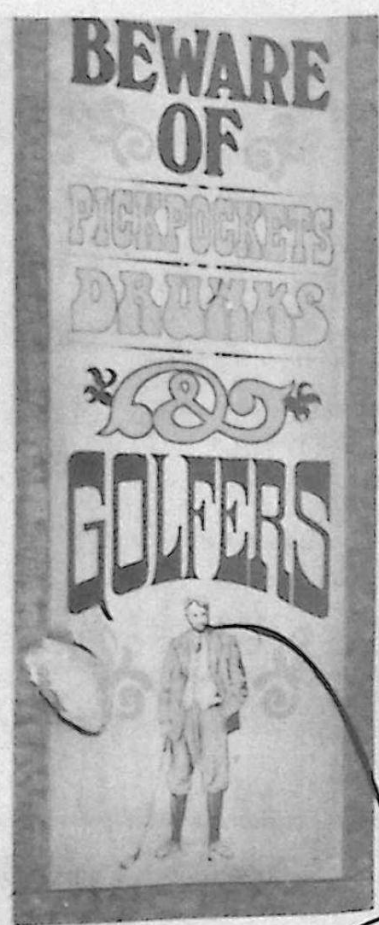
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— Base Photo

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Card of Thanks

We wish to thank all our friends and relatives for their love and help during our recent bereavement. Special thanks to Lt. Col. W.H.D. Hedges and staff of 407 Squadron, also to Padre R.J. Ritchie and Father J.A. Borg, Piercy's Funeral Home, Ambulance Attendants, Dr. Fairley, and the Medical Doctors of CFB Comox.

I would also like to thank the Pall Bearers, Guards, Escort Party, Ushers, Drivers, N.O.K. Escort Major C.L. Smith, Insignia Bearer W.O. F.R. Rayer, and Photographer, Sgt. J.W. Johnson.

I would also like to thank our many friends and relatives for the floral tributes, wires, cards and the donations that they have sent to the Heart Fund in loving memory of a very dear Husband, Father, and Grandfather, Captain E.A. Al Classen.

Irene Classen
and Family.

Ladies Golf News

Now that the warm weather has arrived and with it, drier fairways, our ladies' committee has done its homework in ensuring that activities will be plentiful. Our latest additions to the committee are: Millie Legg - prizes, Joyce Geneau - housekeeping, Marilyn Stroud - food con- venger and Nettie Bonenfant - publicity. Also, special thanks to Pat MacIver for volun- teering to be secretary- treasurer again this year.

As a reminder for those gals who so far have been afraid to get their toes wet, every Wednesday is ladies' day so take out those clubs, dust them off and join the crowd for a day of fun. During the month of March, our winners were: Barbara Carter, Millie Legg and Joyce Geneau.

The 4 Ball Best Ball held on Sunday April 7 saw a good turnout for this time of the year and although the fair- ways were still somewhat damp, everyone enjoyed themselves. The leaders were: Marilyn Stroud, Don and Lois McNichol, Chet Behan, Fred Legg, Garie and Carol Bouet and Joe Forbes.

Because of the success of such tournaments, the Two Ball which was scheduled for May 12 will be replaced by a 4 Ball Best Ball on the same date. We hope to see everyone out there again.

EARLY BIRD

On a cold and windy Sunday morning, the Glacier Green was invaded by a flock of human birds including various species (men, ladies & juniors). All day noses ran, the going was tough but only a few gave up. In all, it was declared a very successful Early Bird Tournament. The Comox Valley Realty Early Bird Ladies trophy was won by Mona Ledgard. 1st low net Millie Legg, 2nd low net Pat MacIver, 3rd low net Barbara Carter, longest drive Gail Barlow, closest to pin Mona Ledgard and the poker hand Pat MacIver. For the junior girls: low gross Joyce Palmetier, 1st low net Dianna Bearl, 2nd low net Doria Stroud and the highest hidden hole Helen Bearl. Our congratulations to the winners and thanks to all for your participation.

SCHOLARSHIP EXAMINATIONS

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AND
SATURDAY, JUNE 8th, 1974
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SOME DAYS JUST DON'T have enough hours. MCl Fraser keeps watch in the Spotter's window.

Plan Benefits Handicapped Children

By VIRGINIA PUGH

The first steps are now being taken toward the establishment of a child development program, to provide essential services for handicapped children of the Comox Valley and Campbell River.

Such a centre would provide an integrated program to help children with severe long-term handicaps to develop to the maximum possible potential.

Jean Harder, district physiotherapist, chaired a meeting held recently at the Upper Island Health Unit, Courtenay which was attended by some 25 interested parents and professional people concerned about the need to provide a developmental program to aid the handicapped youngsters of this area.

Out of this meeting there was formed a six-member steering committee, headed by Ken Osmond, to make the beginnings toward the establishment of this vital program.

One of the first essentials is to compile a complete registry of handicapped children in the Valley and Campbell River who are in need of such a program.

When, and if, such a program is established it should include the services of a physiotherapist, an occupational therapist and a speech therapist. These professional people would be an integral part of a co-ordinated day care program intended to meet every fact of the handicapped child's special needs.

The ultimate goal of such a program would be, where possible, to integrate the handicapped child into regular school programs and into society, as quickly as possible. To achieve this, the sought-for program should be individualized to the needs of each child.

At the initial meeting Pat Phillips, executive director of the B.C. Cerebral Palsy Association, described in-

tegrated child development programs which are being carried out in other communities within the province. There are nine such programs now underway in British Columbia. She said the emphasis now is away from institutional care for severely handicapped children. Keeping the child at home, within the family circle, and providing the fullest possible developmental program, through day care, is the best possible method of helping the severely afflicted child.

To get this beneficial program underway in this community will require the total co-operation of families of handicapped children, professional people, and the community at large.

Parents of severely handicapped children are urged to contact the Health Unit. It is well known that there are many children in this district who could benefit from the planned program. However, to get this program underway it is essential to have a complete list of children who could benefit.

In addition to the families of children who might participate in the program, anyone who is willing to offer help, in any form, to get this program underway, is also requested to contact the Health Unit telephone 334-3141.

Floor Hockey

All interested persons or sections wishing to play floor hockey are asked to meet in the Recreation Center Tues., April 30, at 1630 hrs.

If successful, the league will play every Tuesday and Thursday at 1630 hours prior to summer hours, and 1530 hours after May 6.

Any further information may be obtained by contacting the Rec Center at 315.

Torp Topics

The Torp Shop troops have again proven their superiority as the fastest Torpedo Techs on the west coast, with the colorful running of the "Fisher Stakes", down at the local, scenic, puff and pant oval. The rumour that Gerry Cook will be forced to carry two copies of the new MK 46 CFTO's as handicap weight the next time out are unfounded, and believed to have been initiated by a disgruntled Armament MWO. The one sour note was the poor condition of the track. Without going into the obvious problems that do exist in maintaining it in its present location, surely with the existing emphasis on running we deserve a facility in better condition.

Ray St. Michael has been proudly sporting his new "Crummy Canopy" on the back of the red rice burner lately, while Dennis Wickham's blue one is packing a shiny new camper, complete with "Porta Potty". We're with you Dennis. If it ain't got a terlet id don't have class.

Alex Barth and Gerry Cook are now learning the fine art of furniture refinishing, after placing successful bids on some chairs from the Annex. Some guys will try anything to save a buck.

We all had the pleasure of demonstrating our technical skills, or lack of same, as Lt. Louise Chevalier took some OJT with us. By the time she goes through all the sections she will be the only person around who really knows what goes on in this squadron. That should almost guarantee her a transfer.

Rescuebits

(Continued from page 5)

to a vessel taking on water is worth mention. Consider too, the Coast Guard on continuous patrol, forever towing broken down or neglected boats somewhere. Their job? Sure, but a lot of it escapes the realm of reality. Picking up people who take the middle exit from the Granville Street bridge. Standing by a herring seiner so loaded that, if you gave the captain change for a quarter, the seaworthiness of the vessel would be in doubt. Little things, of course, but part and parcel of an outfit called Search and Rescue.

Food for thought: Where does carelessness stop and foolishness begin??...

Mountaineers from all around the world - Japan, Switzerland, Germany, Spain, Italy and the United States have climbed in the St. Elias Range in Canada's Yukon as a stepping stone to the Himalayas. The St. Elias range contains Mt. Logan, the highest in Canada at 19,850 feet.

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Base Swimming Pool Hours

MAY 1974

1. Effective 1 May 1974, the Base Swimming Pool will be opened for open swimming at the following times:

Monday - Friday 1145-1245 hrs. Noon hour swim
Saturdays 1400-1600 hrs. Open swimming
Sundays 1830-2030 hrs. Open swimming
Wednesdays 1830-2030 hrs. Open swimming

2. Servicemen with ID cards will be admitted free of charge. All other pool users will be charged 25 cents or usage of swim tickets which are available at the Canex Snack Bar at the cost of \$2.50 per booklet.

BASE GYMNASIUM HOURS

WEEKDAYS -

Monday - Open Recreation from 1830-2130 hrs.
Tuesday Ladies fitness classes - 1930-2130 hrs.
Wed. & Thurs. - Open Recreation from 1830-2030 hrs.
Sunday - Open Recreation from 1830-2030 hrs.
Weekends - Saturday & Sunday - 1330-1430 - Open Recreation.

District Band

The Comox District Concert Band have arranged an exchange concert with the Powell River Community Concert Band.

Recently the executive of the Comox Band travelled to Powell River to meet with the executive of the Powell River Band. It is intended that each band will play separately during the concert but both bands will join together to perform at least two musical selections.

Recently the executive of the Comox Band travelled to Powell River to meet with the executive of the Powell River Band. It is intended that each band will play separately during the concert but both bands will join together to perform at least two musical selections.

On the weekend of May 25 and 26, the Comox D C B will travel to Powell River. A social event is to be held in the evening and a tour of the pulp mill is to be arranged. Sunday afternoon the concert will be performed and members of the band will be able to return to Comox on the late afternoon ferry, undoubtedly giving passengers an impromptu jam session.

June 8 and 9 will provide a chance for the Powell River band, who have an excellent reputation, to perform for the people of the Comox Valley. This concert is to be held at the Courtenay Civic Theatre on Sunday afternoon June 9th.

Now might be a good time to mark your calendar for an afternoon of music on June 9th. Tickets will not be sold but a silver collection will be taken to offset expenses and to provide new equipment and music for the bands.

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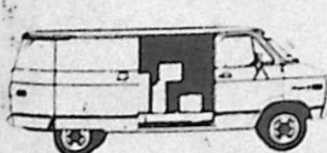
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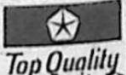
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Library Report

Library membership is free. The library is located on the second floor of the Recreation Centre. We have a pocketbook exchange system: ONE for ONE. We accept donations. The library hours: TUES. to THURS.: 12:30 to 14:00; 19:00 to 20:30. FRIDAY: 12:30 to 14:00. Here is a list of some recent books which we think will intrigue you. Most were published in 1972-73.

OKLAHOMA CRUDE by Marc Norman. An exciting tale about a female wildcatter and a drifting con-man who buck the big oil companies in the early 1900's. Has just been made into a movie starring George C. Scott and Faye Dunaway.

MANTICORE by Robertson Davies. A sequel to his international success **FIFTH BUSINESS**, this novel probes a man's self analysis through psychological study.

HALF BREED by Maria Campbell. A heartwarming account of her life as a Metis; told with honesty and painful human dignity.

THE UNKNOWN ISLAND by Ian Smith. Ian Smith knows Vancouver Island intimately and has produced a rare kind of book, showing the island's great beauty. Over 120 photographs, 90 in full colour. Newcomers to this area will enjoy this very informative book.

ACROSS THE MEDICINE LINE by C. Frank Turner. The Epic confrontation between Sitting Bull and the North-West Mounted Police.

EXENIA FIELD'S BOOK OF ROSES. This book provides a practical guide to all aspects of rose growing and the use to which these beautiful flowers can be put in the garden. A section of this book is the author's selection of modern, old-fashioned and species roses. There is also advice on exhibiting and growing roses under glass. The student of art and professional artist will appreciate this profusely illustrated book in colour.

Among the Moguls

Hi there, all you ski drivers. The season is just about over locally but Whistler is still operational. Anyway, it seemed like a good time to hold an end of season dance. The people from the Forbidden Plateau Ski Club have been invited to join us for a do in the Social Centre. This event is to be held from nine 'til one on the 26th of April. No admission will be charged and the bar is going to be open. Music is to be provided by the Wurlitzer Co. and "loose change".

We have a new member on our executive who will prove a valuable and welcome addition. Jock Campbell, who recently arrived here from Bagotville is now our Treasurer. Jock mentioned he'd like to meet some girls so here's your chance ladies.

A meeting was held recently and besides electing a treasurer sans funds we now have a name. Our ski club has been christened the Sasquatch Ski Club; Mike Fournier won a season membership for having suggested this title. A constitution with by-laws was also passed and copies will be made available to the general membership.

Included with this article is a photo of the Pacific Zone Alpine Ski Team. As mentioned in the previous article the team finished a respectable fourth, Jean-Guy Rivest having had the best individual record of this group. Not that the rest of these hardy fellows were sitting back by any means. You'll notice the picture isn't like a commercial in a magazine, for they all have different makes of skis. In fact, the men noted that each came from a different Squadron on Base.

This will be my last article of the season and I would like to thank everybody who helped me with these reports. A special 'Merci' to Ray Griffiths and the "Deacon O' the Patch". Have a good summer.



FROM LEFT: Russ Crum (407 Sqn.), Lance Chambers (409), Bob Gilbey (Beaver Lodge), Jean-Guy Rivest (Base), Mike Fournier (442) Richard Roy (USAF), Rick Brown (Chilliwack), Missing: Bruce Montgomery (Manager - 407).



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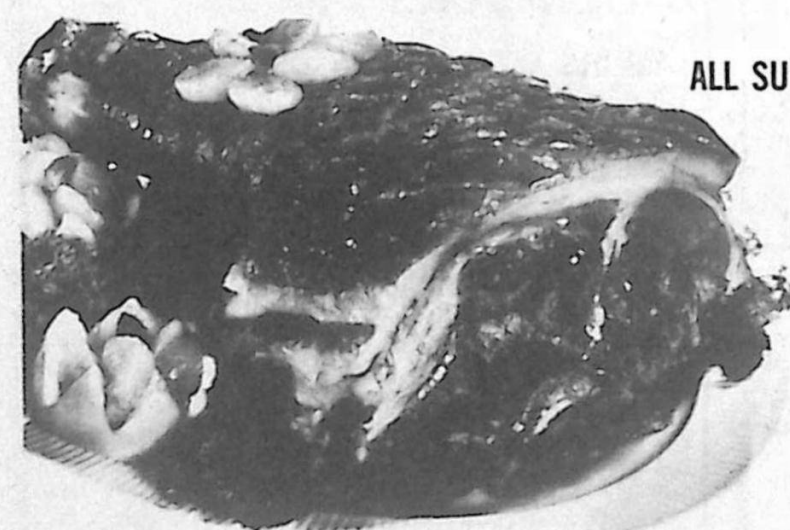
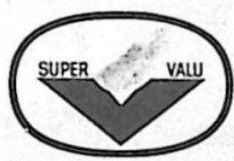
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