

Keep your Christmas Spirit below .08

CFB COMOX TOTEM TIMES THURSDAY, DEC. 13, 1973



409 VOODOO SHOOTS DOWN SANTA

TWO SUPERSONIC CF101 Voodoos of 409 Squadron meet Santa in flight. (Artist's impression of the encounter between Voodoos of 409 Squadron and the UFO)

"HO-HO! Next time I'll file a flight plan.

Reindeer and sleigh mistaken for UFO

COMOX EXCLUSIVE (TTP) -- It was learned today, from embarrassed Base Comox personnel, that a member of 409 Voodoo Sqn., CFB Comox, who has not been identified for fear of reprisals from enraged children throughout the world, mistakenly shot down the sleigh bearing Mr. Saint Nicholas, affectionately known to all as Santa Claus.

this time but will be looked into further by a United Nations Board of Inquiry. Fortunately a 442 Squadron Search and Rescue helicopter, again, not identified for fear of reprisals from enraged parents bent on having an inflation-free Christmas, on a training flight in the vicinity of the incident, were able to rescue the Laird of the North Pole from the icy waters of the Channel before he could be

How this dastardly deed

fatally exposed. This was in no way due to the efforts of a 407 Sqn. Argus and its spotters, unfortunately. Unconfirmed reports have it that the crew were on a 'recreational flight' and 'stunt flying' at the time, possibly causing the incident. The Commanding Officer of 407 Sqn. was not available for

The eight reindeer able to fly as we all know, were anxiously circling the rescue operation until the burley gentleman was on board the er. Then, they formed two jour-man, - or reindeer lines in either side of the nelicoper and escorted Santa to an arxiously awaiting Base Commander.

Reliable sources quote St. Nick's first words to the Base Commander as: "Ho-h-ho-ho! (A-choo!)".

Interviewed by an alert Totem Times correspondent, at first a nonbeliever but, later a FIRM believer in the Jolly Gentleman, St. Nick said: "Well (ho-ho); from reports I have receivedfrom my trusty elves I was worried about the world situation as it stood today particularly the fuel crisis, the food crisis, the Middle East crisis and inflation. I was afraid that I would have to cancel my Christmas journey this year, a heartbreaking thought when untold numbers of children are looking forward to it.

"This is why I decided to make a special journey first, to see what lay ahead of me at Christmas time."



Here, our T.T. star was done is not yet known at correspondent reports, Santa tapped his nose and a twinkle (that well-known twinkle) came into his eyes. "However," he continued, "I was 'persuaded' by reasoning that I should leave the world affairs to others, who know more about them, and stick to my own particular brand of peace and harmony and goodwill. For no matter where children are in the world today, Christmas will always be Christmas. For them, it will be a time of love and joy, of giving and receiving." A sob escaped from an overcome Servicing lineman. An officer chuckled and was given a cuff on the head with the butt of an FN by an unknown MP.

Amidst the emotional hush of the Base personnel gathered 'round, "in the twinkle of an eye", he was in his newly constructed CE sleigh, grasping the reins and urging "On Donner! On Blitzen! ..." As his sleigh lifted skyward, heading back to the North Pole, where he would prepare for the one journey that could not, would not be interrupted by anything or anyone, they heard his final words drifting back to them, words that sent a chill down their spines, words that they knew by heart and would hear again in their dreams or in a few weeks time, whichever came first:

"Merry Christmas to all, and, to all, a good night!"



442 SQUADRON to the rescue!! As Usual. Ellis Photo



HE DID IT!! This unidentified member of 409 Squadron, doing his duty, shot down Santa.

Inside exclusive

How they did him in!

T'was the weeks before Christmas, and, all through the Base, not a creature was stirrin' ... except the groundcrew on the Hangerlines cursin' another unserviceable aircraft, except the MP's at the gate receivin' the curses of another "under the weather" motorist, attempting to leave, except at the Messes where the guys were cursin' 'cause they just

wanted to curse. In the Tower, all was quiet. The Duty Controller was slowly falling asleep as his eyes followed the radar screen around in its uninterrupted circle. But, hold it! What's that? A blip! But, there wasn't supposed to be anything flying around in this soup!! (It was as foggy as French Pea Soup.)

What to do? What to do? 'Control yourself, young fella. Be calm, Think,' he said to himself. With that thought in mind, he panicked. He pressed the 'Scramble' but-

ton. Immediately, all hell broke loose. The 'standby' crews, cursing their way out of dreams of sugar plums dancing in their heads, ran to their aircraft where they cursed the groundcrew cursing them. In minutes they

were rolling down the tarmac, listening to the whining instructions of the Duty Controller, who was whining because he had received his comupence from the Ops Officer, who had been awakened from dreams of sugar plums - well, he had been sleeping soundly, anyway.

The situation boiled down to this: a UFO, unidentified flying object, which did not respond to any attempts to identify itself, had wandered into their airspace. It was moving slowly towards the Base and, "if it did not identify itself, it would be considered hostile!" (This from the Ops Officer, still mouthing curses to the Controller, whining behind him.)

Meanwhile, the MP's had scoured the Base, being cursed for their efforts by those trying to get ON, the Commanding Officer cursing the loudest (for which he got to spend the night, in comfort, in the cells). The Hospital was preparing itself for a possible deluge of casualties (the Med A was making himself a sandwich). The Messes merrily continued to make merry and take profits over the bar. Who cared?

To the lead pilot, the situation looked grim. Actually, he had an upset stomach. He was edgy; he admitted it. 'Must have been that peanut butter and ketchup sandwich', he thought, cursing. In minutes, they would be in visual contact with the "enemy". What would he do? His palms were sweaty on the trigger. Would he panic? Would this upset stomach go away? No! he must not panic! He must - not - panic! And, the upset stomach would not go away.

"There it is!" he shouted into his mike (deafening the Ops Officer), and almost hit his head on the canopy. "There it is!"

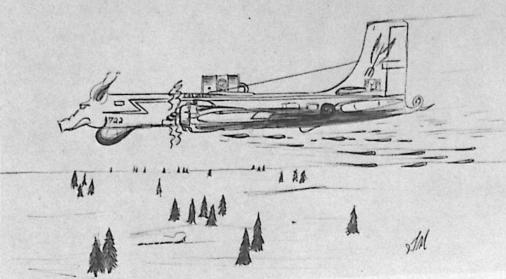
His finger seemed to freeze on the trigger as he watched the fiery stream of his rockets unerringly find their target.

Wood splintered. (Wood?) Animals cried out in pain. (Animals?)

His mind was a jumble of confused thoughts as he watched his prey slowly spiral down, out of control, into the cold, gray Channel (Channel No. 5). Had he been seeing things? Was his mind going on him? Did he actually see a little fat man with a

(Continued on page 2)





NEW OIL DISCOVERY in Canadian North creates uproar in parliament. But we know the truth, don't we??

407 Tech Ramblings

Just in case you have tucked your all-ranks Christmas party tickets away and have forgotten all about them, a small reminder that the Demon's social highlight of the year kicks off in the Rec Centre at 2030 hours, Friday, Dec. 14th. Bus schedules for the affair have been distributed to all sections so, in the event you intend to indulge in the juice of the grape, please use this service - it is provided for your protection. Speaking of grape juice, after a year's absence, Vancouver Island's largest motorized punch bowl will reappear this year with its taps providing a flow of free

Since we have now all but rambled our way through 1973, it is time for our annual wish that you and yours may enjoy a happy and safe holiday season and an abundance of the good things of life in the New Year ahead.

TORP TOPICS

The old Torp Shop has been pretty quiet these last few days. We extend a warm, wet, western, welcome to Cpl. Harry Lunde. Our gain was Shearwater's loss and Harry says that he is happy with the arrangement. His family will be joining him after he completes his courses down Greenwood way.

Daniel Choiniere will be joining the "brown baggers" if he shows up for his wedding to Miss Katherine McManus on December 21st. The section wishes the young couple well and we are all looking forward to meeting the bride. The boys have promised to avoid telling any stories on Dan until the marriage is at least three months old.

Well, that's it for 73, except that the Torp Troops would like to extend a thank you to all the sections on the base and in particular, CE, MSE and Photo for their fine cooperation during the past year. Merry Xmas and Happy New Year to you all.



ENERGY CRISIS HITS 407 SQN. -- The glum look on the Armorers faces is caused by the order to stoke the Argus and forget about the table centre pieces for the annual Christmas party. The wood is used for cooking and cabin heat to conserve other types of energy on the orders of the STechO who said: "A fat and warm aircrew are a happy aircrew". For NDHQ this is a protype only and plans to convert the fleet will be forwarded soonest.

Hospital Mischief

The hospital personnel worked in their usual methodical way throughout the general chaos that was created in the name of renovation. As one of the partitions was unceremoniously detached from the hospital, one of the more astute minds was heard to comment "a room a day takes the hospital away". (As Wayne Warman, otherwise known as 'Super Clerk' would say - "just a little humor

there.") Medical procedures were carried out in a way that has become famously legendary. It was noted that during a period of rather noisy

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complete

from

month

and styles. Your

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patients for the vasectomy clinic became rather violent and incoherent, causing it to become necessary to have him sedated in order to perform the operation. While in recovery, only for a brief period of consciousness, the patient became lucid enough to explain that he was one of the construction workers and has just come in for a drink of

Legal action is pending, but I have been informed via the grapevine that all involved are pleading high tone hearing loss. The patient recovered rapidly and was

recently heard to say that he have proceeded rather well. was doing it more but enjoying it less. The more profound intellects are at- M.Cpls. has totally disaptempting to find out what he meant by that.

It was further noted that the gleeful, smiling, dogged removal of that particular determination displayed on the faces of the demolition men, while employed in that particular line of work, did nothing but lend praise to the morale of these men. The fact that the "Quiet - Hospital Zone" sign, was seen to be

with the exception of a very minor detail. One of the peared without a trace and was last seen conversing on the telephone prior to the section of the hospital. We have since discovered that M.Cpls. are easily replaced and have now stroked him off the inventory.

Our female Med.A., responding to an urgent call from one of the patients, was seen to do the 25 yard dash straight through one of the

totally demolished during the initial renovation period is no newly constructed partitions, discredit to them. (Continued on page 9) All in all, the renovations



The Gravel Pit

Comox. May our future

dealings with each other be

happy and let's remember.

most problems can be ironed

out if we talk to each other

instead of about each other.

(Ed. Note: We will print

ANY material ... regardless of

quality; Merry Christmas).

How they

did him in!

(Continued from page 1)

pajamas (?) sitting in a sleigh

being pulled by eight (count

And, then it hit him. A

them - eight) tiny rein-

horrendous, mind-exploding

cruelest, most vicious act

Through loudspeakers on

words that sent a chill down

those who "cared enough to

"My gawd! I've just shot

- And, to this very day,

can hear it whispered on the

down Santa Claus!!"

WISHING YOU AND AND MERRY CHRISTMAS

Before going on with our Christmas wishes, we, at this time, would like to make one the authors, wishing no ill happy festive season, must any responsibility for errors which may occasionally which may occasionally appear in this column. These errors, many of which the errors, many of which the casual reader may be completely unaware, may be broken down into, in our opinion, the following categories: (1) Omissions words, sentences or entire paragraphs may be left out This could be done for several reasons, none of which we intend to go into here.

(2) Additions – usually just a word here and there for the same reasons as above.

(3) Typographical errors at this time we wish to state that we have not and do not plan to have, anyone by the name of Jack Carbutt or Ron Hunt. These names, which appeared in our last column should be changed to read, Jack Garbutt and Ron Huot. Sorry fellas. (4) Spelling errors - which white beard and in red

we don't worry about because it seems to be a lot of trouble to go to when you have to learn how to spell a word in deer?!? Did he? order to look it up in the dictionary to find out how to spell it. So, now that you know thought. The crime of the the type of errors with which century! Any century! The we scribes are plagued, the next time you see one or more perpetrated by man or beast! of them in this column, please ignore them. You may rest the whole Base came the assured that we will.

On the 30th of November, the spines of all those we had the pleasure of hosting listening, all those who a group of MOT controllers weren't drunk or cursing, all from Vancouver and Victoria. We would like to thank all who hear the very best": joined in making the visit the SMASHing success it was.

We feel this may be as good a time as any to welcome a some say, late Christmas-eve couple of new people to the night, if you listen closely, you fold. This would have been done in the last column but, as blowing winds: you may remember, we ran you may remember, we ran " ... and, to all, a good-out of space. Lt. Helen night!" Wickham and Cpl. Brian Pilon have recently joined us to undergo On-Job-Training in the fine art of Air Traffic Control. Lt. Wickham will become the "other worm" on the mike, the first being as you are undoubtedly ware, Lt. Denise Ferguson who recently became the Canadian Forces first qualified Air Traffic Control lady. Cpl. Pilon, as s many before him, will join the ranks of the silent (?), opressed

majority.

While we hate to put a damper on your enthusiasm for the Section Christmas party on the 14th, we would like to offer this small warning. Remember, the date of the party coincides with the scheduled arrival of the RCMP "Sniffer". The streets won't be a safe place for a drinking driver that night. So remember - Free transportation. Use it. In closing for this edition. we of the ATC Section wish to extend our sincere best wishes for the holiday season and the coming New Year to the Base Commander, Col. McNichol and all personnel of CFB

"PINKY" HOGG GIVING a quick spotter briefing to Civil Defence Air Service pilots from Port Hardy, Nanaimo, Victoria and Qualicum at Victoria, Civil Defence exercise in April, 1973.

Mushroom Mutterings

From 442 Sqn.

Once again, relative sanity AMU. Coach Bill Brown sez reigns over the Fungus Farm, now that search operations in the interior have terminated. (For how long?)

It would be suffice to say that all who attended the Annual Dinner Dance on the 1st had a good time, as the Totem Lounge was filled to capacity.

Last week saw the Annual staff visit by BGen Allison from ATCHQ, who gave us the proverbial "good news and bad news", which boils down to this: if you haven't got the parts to fix the Buffalo, don't worry. It'll give you more time to shop for sun tan lotion, get your shots up to date and pick yourself a blue beret that fits. Anyone for pyramids?

ATHLETIC ANARCHY

Monday night the 442 hockey team beat 409 by a score of 4 - 2, with Bill Frain getting a hat trick assisted by Len McCormack twice and Jock McLaren once. Ted Miller got the other goal, on an assist from Dave Lane of

don't give them too much praise, or they'll be going after Allan Eagleson to get them fat contracts flogging breakfast cereals.

The Fungus bowlers are keeping the alleys hot, with the Telestars still in first place and Repair currently holding the high single. The Boozers are up from last to second to last place, thanks to Marcel Kujli rolling a 790. Marcel says he likes that number; it matches his golf

score. This week's "Bucket O' Tears" award goes to a certain sergeant who was bowling a perfect game up to the last frame, then hit the head pin and blew it all. Oh, the pain!

Again this year two Mushroom curlers, Gabe Sehn and Harvey Herauf, will be on the team representing Comox at the Zone Playdowns, Just don't drop the rock on your foot, Harv. PEOPLE

442 Squadron members

were concerned upon hearing of the unfortunate accident involving Jim Ennis, a retired Mushroomer. We all wish you the best of luck Jim, see you

Couple of new engineers on the choppers these days: Al Ward and Andre Gloutnez. Welcome to the Mushroom Fungus Patch. And Felicitations go out to Stan Prime of avionics, who made sergeant recently.

Don't forget the annual Christmas Stag, scheduled for the 21st of the month, with refreshments and goodies for all. We hope to have a "Bird Dogs versus Groundhogs" broomball game before the festivities start, so save your strength. And with that we shall cease these scribblings for this issue.

The first irrigation canals in the United States were built by the ancient Hohokam Indians in Arizona's Valley of the Sun more than 700 years

THE NEW PHARMACARE PROGRAMME FOR THO 65 YEARS OF AGE ANI OVER IS EFFECTIVE JANUARY 1, 1974.

What is Pharmacare?

Pharmacare is the new prescription drug programme of the Province of British Columbia.

What does it cost to join?

There is no cost of enrollment nor are premiums necessary.

Who is eligible?

All British Columbians who are 65 years of age and over and who satisfy the 90-day residency requirement are eligible to receive a Pharmacare Card. The benefits provided must be for the sole use of the person to whom the eard is issued. Individuals over 65 who are in the same family group will each receive their own card. Dependent children and spouses not over the age of 65 years are ineligible.

How do you enrol?

If you are 65 years of age or over and are presently enrolled in the B.C. Medical Plan, M.S.A., or C.U. & C. you will automatically receive notice of eligibility.

If you are 65 years of age or over and have resided in British Columbia for at least 90 days but are not enrolled in any of the above medical plans you must apply for eligibility. Application forms are available from your pharmacy.

What will Pharmacare mean to you?

If you are eligible, Pharmacare will provide - without cost to you - selected prescription drugs chosen for you by your dector.

When you receive your personalized eligibility card, sign it at once. Your card is for your use only.



YOU CALL ME Cuthbert one more time and . . . BGEN C. Allison, Chief of Staff, Operations, for Air Transport Command arrived at CFB Comox on Wednesday Dec. 5, to conduct the annual Search and Rescue readiness inspection of 442 T&R

The General and his party arrived via Falcon aircraft and were met by the Base Commander, Col. D.W. McNichol and LCol. R.L. Mortimer, Commanding Officer, 442 T&R Sqn.

Following the inspection of the hangar and 442 Squadron facilities, the General briefed all squadron members on recent developments in Command and NDHQ.

Flash flaredrop

"There's no justice, ya hear me, no justice!" screamed Flash as he crushed his scalding cup of tea, ignoring the pain now enveloping his hand. The scourge of the skies had barely returned from a dangerous search mission in Peachpit, (a real dull place), when he found himself as orderly Joe, the very night of his squadrons annual soiree. Flash really missed these functions, having captured the adoring hearts of flyer and groundcrew alike, and really looked forward to entertaining the troops and their ladies with his tales of bravado.

But what knawed at his vitals most was that in a few days time Flash's idol, General Jetstream, would be paying his annual staff visit from Command H.Q., and our

intrepid eagle was detailed for airstrip alert! Oh, there were so many ideas Flash wanted to discuss with his beloved general. His latest was a plan to save fuel by searching on one engine. (This would also save manpower, as nobody wanted to fly with him).

"But", muttered our hero, thinking of an old Newfie proverb, "I do the best I are. My skills are of such magnitude that I must cast aside personal pleasures for my sacred duty. Besides my silk scarf is in the laundry."

The evening of General Jetstream's visit found our Captain of the clouds wracking his brain over a game of solitaire, hard by the Operations phone, oblivious to the fact that he was very much alone. Suddenly, the phone jangled, only to be

snatched from its cradle in a millisecond. "Flaredrop here," barked our man, already halfway out the door. "Major Minor here, flash. I was on my way home from the 1. Eat a good balanced mess when I noticed your car in the hangar lot. It's one A.M.; the General's retired for the night, and the strip alert was cancelled six hours ago. What are you still doing

"I didn't hear anyone leave," gasped Flash, suddenly realizing he had been wearing his helmet all evening. Alas, his chance to bend the General's ear had eluded him again. "What'll I do now?" he wailed, wringing his hands in despair. "Just one thing," answered Major Minor, as he hung up the phone. "Turn the lights out before you leave. G'night

there, anyhow?"

Voodoo, **Nuts Bolts** and Volts

A paucity of information about BAMEO groupies has resulted in no VNBV column in the last Totem Times, and very little for this one.

Engine Bay has a Smart new sergeant, and Bagotville is now avec MCpl. Cote.

Encouraging news for under-achieving salmon fishermen is that a fishmeal plant in Ladysmith is paying \$40 a ton for dogfish. This is to provide our chickens, pigs, etc., with the fish protein that was once obtained from Peru. What is this to do with VNBV? I dunno. It rained last week. If you want a bigger VNBV column, please call Norm B. at local 330 with some news. Merry Christmas all.

Doctor Spook

HOW TO LOOK LIKE MARK SPITZ

Have your trunks shrunk? Want to look like a candidate for the 100 meter butterfly? You can by next summer you'll follow these rules:

breakfast. 2. Never mind the Danish

with coffee. 3. Order fish for lunch. Broiled or baked. Not fried. Salad and green vegetable (Potato is not a green vegetable). Fruit for dessert. 4. Park at the far corner of

the lot and walk briskly. Don't use the escalator. Walk up. 5. Trim the meat at dinner. Pretend you prefer the salad with just a splash of vinegar or lemon. (You may find that you do.) No rolls. No potatoes. No pasta.

You'll look fit - and your Belgium.



Thursday, Dec. 13, 1973

SHAPE Reunion

Is there a SHAPE in your

A committee has been formed in Ottawa to organize a reunion of people, military and civilian, who served at Supreme Headquarters Allied Powers Europe (SHAPE), in Paris, France, or at its present location, Casteau,

It is tentatively planned to hold the reunion in Ottawa sometime during the summer

Those interested are asked to vite to: MWO C. W. Usher, 1233 Maitland Ave., Ottawa.

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Hospital Anesthesia

witty column with that other column written by the unknown "Red Baron". Obviously, the success of our writings has produced an unknown spy within our Section who wishes to capitalize on our glory. We hate to admit it - naw, we DO admit it - the "Red Baron" has something going for him (or her, or it). It's good and we hope to hear more from the "Red Baron" in the future. But, we will keep a lookout for him, and, like Snoopy did before, 'shoot him down' if he gets better than the original, HOSPITAL ANAESTHESIA.

Say, we can't emphasize enough the Blood Donor Clinic being held on Dec. 14th (or today if you're reading this on the 14th). You never know when you or someone you love will have to be a recipient of someone else's blood, someone who did give at the Blood Donor Clinic. So, do

blood may be the best Christmas gift someone will

NEEDLES & JABS

Two important events happened these past two weeks to give us something

The first was Ron Ruggle's Farewell party, and as usual, he wasn't on time. Only kidding, Ron! Enjoy beautiful Victoria as a civvy now. Without dropping any names, a few questions have to be asked, however:

- Who ate up all the eggs (during the food crisis, too!) at a certain someone's house? - Which daring Doc dared to

do the driving home? - Who spiked the punch with alcohol? (Everybody knows the Medical staff don't drink)

- Who chopped down the Cherry tree? (George Washington! that's who). The second great event was

your "Hospital Anaesthesia" staff and their families, a Merry Christmas and a Happy New Year. WE DO hope that everybody has taken our jests and jibes in the spirit with which they were intended - as an inner look at the Hospital goings on and a little poke in the rib at a bunch of dedicated, serious guys and gals who do their job without publicity or fanfare.

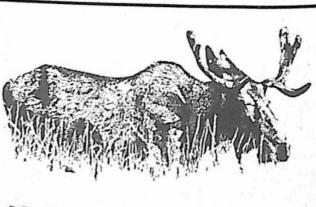
(Wait until next year,

Approximately one in five forest wildfires in Canada result from recreation.

Don't confuse this sharp, your share and give. A pint of the Hospital Staff Curling Our Matron, Capt. Antwis is Bonspiel. The competition in a fog these days. Actually, was rough and dirty, but skill she's visiting merry old and flukey shots won the day. England which is in a fog - if Tied for first were the Hope you believe all those stories. If and McKay rinks, having 2 it's anything like back here wins and I loss apiece. Next rain and all - she'll think she's were the Anderson and never left Comox! Barnes rinks with 1 win and 2 nasty to write about. losses. (That's a Bonspiel??) In the spirit of Christmas, No prizes were awarded because the recipients felt too team would like to wish all our embarrassed to accept them.

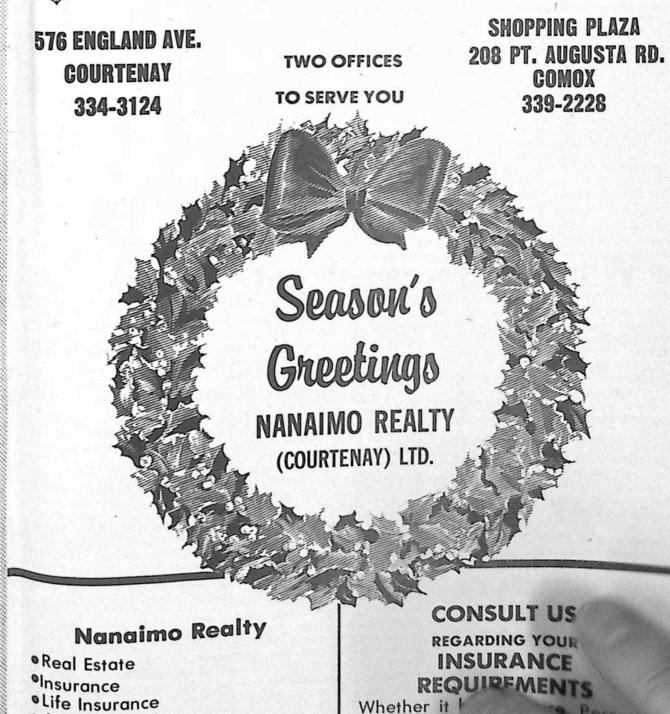
Les Andrews wanted to see if the Med A's really DO work so he stayed in the hospital for a week as a patient to see ... and saw. He got so much Hospital Orderly Room business on the Ward than he did behind his own desk that he said "Fergit this!" and is now happily ensconced behind his desk in the H.O.R. and doing what he normally does. (-er, what DO you do, Les?) Actually he likes Mrs. "T's" cooking - yellow, green or

orange - jelly?





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Editorials From the Editor

It's been a great year" or so the old cliche goes. Trudeau survived minority government, Nixon survived the Watergate affair, Thieu survived the withdrawal of American troops, Golda survived, Sadat survived, Eagle Keys survived and even Totem Times survived. There is some doubt that the first six will survive 1974 but you can be sure that Totem Times will survive and will still be in there "kicking" this time next

For a time in the spring of 1973 it appeared that even Totem Times might go under, but we feel that it is now stronger than ever - ready to enter 1974 from it's lofty perch as the Number One military newspaper in Canada. (The World?) The credit for this has to go to many people, not least the former editorial staffs who set the tone of the paper and the Base Commander who allowed them the licence to do it.

Tops on our hit parade is the present Base Commander, Colonel Don Mc-Nichol who has extremely broad shoulders and under whose benevolent forebearance we operate. We publish with his permission but the locally produced articles and editorials are yours and ours and the only editing is

done by the editorial staff to maintain at least a minimum of respectability.

The staff of the Totem Times is just incredible. Everyone, from the editorial staff through the photographers, business manager, advertising salesmen, cartoonist, proofreaders, and our "girl Friday" are enthusiastic and capable. Capable of providing that little spark of creativity and humor that distinguishes "your" paper from those other bland advertising journals. At this time we must also pay tribute to the professionals at the "Green Sheet" who do the final layout and printing and whose expertise puts a sheen on the

finished product. Because we have been encouraged (not overwhelmed) by your contributions, the staff of Totem Times have decided to return to the old policy of publishing every two weeks on a regular basis. This will commence at the end of January and will only return to a three week cycle during the summer. How

about that Pat? Totem Times would like to wish our many readers a happy holiday season and a profitable New Year. Remember, if our next pay raise is as good as the last one, we'll only be 10 per cent behind the cost of living.



"THEY'RE GOING TO HAVE to do something about this energy crisis."

80,000 people can't be wrong or can they?

There's a "comedy" show on these days that's not shown to the kiddies on Saturday mornings. It's shown during the evening hours and directed at the 18 and over set. It's funnier than "All in the Family" -- although its showtime is only 30 seconds -- and has about as much appeal today as an Edsel.

The "comedy" is the Armed Forces recruiting advertisements on television and radio, being shown to "appeal" to the adventure in you, your desire to learn a trade, meet new people and possibly see the world.

Although a lot of it is true, some of you might want to write to the Better Business Bureau shouting "False advertising!" Of course, you're already in the Service and know something that the potential recruit doesn't.

Adventure? Sure you could call it an adventure to stand out in the rain or snow some night, fixing an unserviceable aircraft, on guard duty or involved in the many land exercises. So what if you really don't have parkas or

warm clothing! Learn a trade? So what if you want to be an electronics genius or communications expert but, because those trades were not open 'we have a need for Admin Clerks or Stewards, so how would you like to be in Finance?' You can always remuster ... in time.

Meet new people? See the world? With the need for more people in the Armed Forces, the 'new people'you meet when you are first posted to a base are still there, two, three, four years later when you haven't had the chance to 'see the world' like you expected because there are just enough people in your section to post you, but 'soon, soon'.

All the money in the world couldn't help the "public relations" of the Armed Forces because of the 'underground' public relations being handed out by dissatisfied Servicemen and the "public relations" attitude held by some of the general public towards servicemen.

And, not to help matters any, when it comes to cutbacks of Federal spending, the Armed Forces are generally near the top. The attitude seems to be: 'People don't give a here nor there about having a Canadian Forces or not, so why should we?' So, with this cutback, go new equipment, improvements, and servicemen on release.

How many unpublished times have the Armed Forces been called up to assist where assistance is needed? In floods, riot control, mercy flights, FLQ crises, etc. How thankful have the citizenry been? Hero, today; ho-hum, tomorrow. It has been said that we are in the public eye and should act accordingly. But "acting accordingly" we are not seen or heard. Step out of the "public eye" and act like they would ordinarily act and you are noticed -"disgracing the uniform", "typical servicemen", and so on.

Many can give their own examples of 'the "public relations" image we present to our fellow countrymen. The pay we get and how we are taken advantage of, job equality with civilian counterparts, ad infinitum.

And, how about the issue of bilingualism in the Canadian Forces. This has probably been a greater cause of increased releases than integration ever was. Bitterness - not at the Frenchman, but against the Federal government's position on bilingualism in the Armed Forces - has forced otherwise highly experienced and dedicated servicemen to look for jobs on civvy street, so as to have a chance for promotion. Sure, let's have bilingualism, but not at the sacrifice of experienced, dedicated men who joined the Service before bilingualism was thought of and had no requirement other than the knowledge and experience of their trade, for promotion. You don't have to necessarily speak French (unless you're in P.Q.) to fix an aircraft or shoot a rifle.

We are supposed to be considered one of the best Armed Forces in the world, but this is not due to better equipment or conditioning or that we can or can't speak French. It is due to the fact that the men take pride in what they do and are doing the best job they know how to do -- under the circumstances.

An open letter to PMQ parents

Mr. Churchill would not mind my adapting his famous statement, but it so perfectly fits the situation I am about to describe I can't help but feel he would approve.

After months of observation I have come to the conclusion that the average PMQ parent is the most selfish, apathetic, lazy, procrastinating, selfcentered individual one could ever meet. Those of you who spend time each month involved in community activities are classed as above average in my estimation. The rest of you, if you have the guts, may read on and I'll tell you a few things about your community.

Item - Last Sept. 2, the Com PMO Residents

so much to so few" - I hope programme were all but ignored;

Item - When all parents of Cubs and Scouts were invited to a meeting - only 8 showed Item - The Totem Times

begged its readers for help for several months before a new staff volunteered - most of the staff do not reside in PMQ's; Item - PMQ Cubs and Scouts

have fewer than 20 leaders for about 95 boys - only 5 of these leaders live in PMQ's BUT ALL 95 BOYS DO. These are only a few items

and I could go on and on. It is common knowledge among the community-minded PMQ residents that one keeps running into the same people over and over again if one is Cub-Scouts appealed it actively involved in com- your child's body but leave the leaders - the appeal wa munity work. These people development of his mind to answered mainly by NON- are, in fact, a community someone else. I call you a within a community.

Item - Cries for help in the The rest of you are easily

"Never have so many owed summer PMQ baseball identified. You are the first to complain about how things are run. You never volunteer. You send your children to all PMQ activities - "to get them out of the house for awhile". You don't volunteer when the school needs some help for sports days, field trips, etc. You only watch your son play hockey when game-time suits your mood. You will drive 200 miles to go hunting but won't drive a group of young people 5 miles to a church or community-sponsored gathering. You haven't time to play catch with your son but you never miss a Friday night at the Mess. You buy your child the most expensive bicycle you can find but don't know where he goes on it or how he rides it. You feed and clothe

> part-time parent. A lot of you reading this will neighbors.

Seat belts

widespread. The leading case

is the British Columbia

vs Farstad. The court decided

that Mr. Farstad was totally

to blame for the accident but

because Mr. Yuan, who was

killed as a result of being

thrown from his car, was 25

per cent to blame for his own

death; the damages payable

to his wife for his death would

be reduced by 25 per cent.

Strangely enough, Mrs. Yuan,

who was a passenger, was

allowed 100 per cent of her

claim because no seat belt

was provided at all for her.

law would be that if you have

seat belts use them, or take

them out of the car. However,

the auto safety approach

would be to use seat belts if

The very technical rule of

Supreme Court case of Yuan

probably be very angry with Shakespeare). If reading this has made you

angry, perhaps it is an anger borne of your own apathy and fed by guilt. There are many ways in which you can relieve your anger but may I suggest that the most rewarding and most constructive is to find They are expecting you. more to do in your community Remember that - tonight for your children and your D.G. Middleton

USE

SEALS

telling us to get at it again.

The GATES were open again

athletic supporter, but a

PATTERSON thing like that

must be given to our boys in

the fancy T-Shirts and warm

sweaters for being the first in

ADC to remind us that

keeping fit is a year round job.

No KEENER and more

Noel to you to.

CHRISTMAS

me and right now you are mentally ticking off all the things you do as a community volunteer and wondering how I dare talk to you this way. I dare because I know that those of you who are truly helping as much as you can are not angry - you know yourselves and realize I am not talking to you. The angry ones might do well to contemplate the words of another famous writer - "Methinks 'some people' doth protest too much" - (My apologies to Mr.

come back and move you again. This time, they will take away the white sheet and cover you with a blanket. You will be placed behind a large glass window, as someone has to identify you ... Yes, ... they are waiting for The Police.

Quietest room

They are ready for you! They expect you!!

You'll never know, so In

give you the few details before the drunk starts.

The beginning (for you) will

be when you stagger happily

The beginning (for them)

will be when the Police radio

announces where you piled un

You won't hear the sirens

coming. The ambulance and

Police car will arrive

together. They will check you over and pronounce you dead

A few curious people will stop

and gaze at your torn, dirty

remains. Some of them will

The ambulance driver will

roll a leather-covered

stretcher to your side. The

attendant will stuff your

hands under your belt, and

they will place you on the

stretcher and cover you with a

They will drive you to the

Coroner's office, and there a

Deputy Coroner will wheel

you to a big scale. He will

remove the sheet. You will be

weighed and measured. He

will make note of any scars or

other marks. Then, he will

cover you again and take you

to a small room, with walls of

They have hoses in the room

- to give you a bath - traffic

victims are always bloody.

chers lined against its pale

green walls. There are 41

crypts. If things are dull, you

will have a stretcher - and a

crypt - all to yourself. BUT, if

it's like the Christmas

holiday, you may have

company. They will leave you

here, in the quietest room in

In an hour or so, they will

Next, you will be moved to a long hall with many stret-

to your car.

your car.

get sick.

sheet.

white tile.

the ambulance. the coroners

at the morgue, the morticians when you toss down that last

drink, and climb behind the steering wheel. DON'T LET THIS HAPPEN TO YOU AS SOMEONE ELSE

IS WAITING TOO

"YOUR FAMILY"

A Christmas thought

Waste not - want not

Somebody's after us all the time now. We have to cut down on our heating fuel and gasoline consumption, not to mention our alcoholic consumption. We have to freeze at night and walk in the rain and snow during the day. If we don't, we may have rationing and you know what that means - cheating, stealing, counterfeiting, black markets,

We may have to leave our super-powered metal monster in the car-port and use juniors ten-speed. That could mean abasing our pampered bodies and inflicting a little muscle tone on our otherwise limp frames.

If we're not so athletically inclined maybe we'll have to join a car-pool and that could cause a few problems as well. George is on 407 Squadron and they start work at 0730 while Pete works in the BOR and they have "bankers hours" and don't have to be in until 0800. Also Larry likes to drop into the club at four for a brew or two before going home and Mike is a tee totaler.

Fuel oil and gasoline aren't the only things we need to cut down on. Although there has been no indication of a shortage in grain and grapes, maybe this is the season to decide that a little less alcohol intake could save us money and discomfort. Yeah, .08 or more could turn into \$300 and the discomfort of spending a night in jail not to forget the three month's suspension, the ten demerit points (resulting in increased insurance costs), the effect on your military career and the prospects of facing your wife after the event.

They say that the shortage of petro

chemical ingredients will mean a decrease of products from the plastics industry. Well that just means that junior may not break so many of his new toys between Christmas and New Years. We could do with a few less GI Joes and Barbie dolls anyway.

What about next summer? All those sailors in their catamarans, dinghys, sloops or what-have-you may have the last laugh on all you power jockeys as their civilian counterparts footers back to Comox wharf from outside the spit. Oh well, think of the fabulous mod-art sculpture a welder could make out of all the 60 to 100 H.P. plus Mercs' and Johnsons.

The amazing thing about the whole business is that for years our economy has been geared to the production of a dazzling array of mechanical marvels cellent examples. which took the work and effort out of everything. Power boats, power mower, move to limiting enpower snow shovels, power vacuums, vironments and are subject to toothbrushes, ice crushers and next one Province to another confronts us with men oil heat, air conditioner, even powered world of plenty, squandering among other things our natural resources of oil. Now, we may be up against it for awhile until we either discover and develop new energy sources or until we discover and develop a more rational method of managing and using the resources we

Go home tonight and think about the ways in which you, personally, can conserve what we have. It'll do your brain and maybe even your body -- a lot

You and the law .

It may sound a little probably be assessed 50 per appears to be becoming more with seat belts in it or install seat belts, you may end up suffering a financial loss in an accident, if you fail to use the seat belts in the car. Most Canadian provinces have a Statute called a Contributory Negligence Act which generally provides that where injuries are caused to a person, but two or more people were involved in the incident, and each one is partially to blame, the degree of negligence of each will be determined, and payment of damages governed accordingly.

For example, if two cars both go through a red light, both driving down the middle of the road and strike head on, each driver would

strange, but if you are a cent of the other's damages person with sufficient along with 50 per cent of the forethought to either buy a car damage claims of the other driver's passengers.

Seat belts enter the situation in this way. You are driving your car, which has seat belts installed, but which you are not wearing. You drive through a green light and a car goes through a red light hitting you broadside and you are injured. If it can be shown that your injuries were caused as a result of being thrown out of the car then, at least in British Columbia, you would be considered partially to blame. The theory is that the driver should know better than to drive without fastening a seat belt already provided. Some courts do not agree with this division of

damages but the principle Guest editorial Education Ours is not to reason why

Military people have through the ages had to give up many of the amenities that take as a matter of fact. The necessity for Military Service is recognized by virtually all countries, even Canada. The Military does provide a visable means of extending Canadian Government Policy; Viet-Nam and the Middle East being two ex-

We are often required to different Provincial Laws and Taxes. Constant moving from confronts us with many annoying problems. House or apartment hunting, fitting the kids into new schools in mid year, getting new drivers licences and car insurance are but a few of the irritants. We suffer this while policy changes erode our few side benefits at an increasing rate. Two years ago the Govern ment came to our aid. We were given wage parity with the Civil Service. The Military

was allowed a small differential as compensation for the problems inherent in Military life. (I might add here that my direct Civil Service equivalent earns \$6,000 - \$8,000 more a year than I, and HE works a 33 hour week!)

This is our first year of full wage parity. Let's look at the results. Civil Service Executive pay raise - 15 per cent.

Average Industrial pay raise - 9.8 per cent. Rise in Cost of Living - 8,5 per cent (Some estimates are

higher) Military pay raise - 6.5 per cent.

Questions: What happened to wage parity? How can an adjustment

two per cent below the cost of living be termed a pay raise? 3. Is it fair to held a Serviceman to a moral contract or commitment when the terms of reference are so often in a state of flux?

Cold Lake Courier

have none, get them installed.

Malaspina College will be the BITO at local 469.

other Malaspina university transfer courses will be offered in the spring semester but it is hoped to offer more courses in the fall

If anyone is interested in driving to Nanaimo one or more nights per week, Malaspina do offer a fairly large selection of academic and technical courses. If enough interest is shown, perhaps a bus or a car pool could be arranged as a convenience to prospective students.

on Rud's Royal Road, the ruts you have them, and if you haven't been filled in, but its open season on joggers - the spring kill. One thing for sure, the sweat hadn't even dried en my

offering Psychology 112 at Vanier High School, at nights, commencing in January 1974. While this course is being given primarily for those who took Psychology 111 this fall, it is a separate course and may be taken without having taken Psychology 111. For further information contact

The time to start thinking about upgrading academic or technical education is NOW, it in terested contact the fifth at local 469.

LENZ me your ears or POWERFUL stroke of ensomething like that for a couragement to keep fit is moment or two for a thought necessary than a swift slap in on the energy crisis. No the rear-end with a wilted, sooner had all the kerfuffel withered peri-staff or a and balderdash subsided, the handful of wet spaghetti to the puffing and panting died down fat ones on the base. But I in our section, the paperwork think an umpire or MARpassed to the physical SHALL could have ruled that wrecking section in regards to the reminder should weight their Fun Programme, in until after the festive season, accordance with the Canadian they could have SLOANed a Armed Forces Obesity project page from the Calories for for the under 45's, than a piece Christmas handout for TOPS. of paper drifted on to my desk So that, I could recharge my batteries without feeling guilty of over-stuffing and let me enjoy my noggin', Parson's Nose (the kids grab the drumsticks) and Christmas Pad with Rum Sauce, without

counting calories again til I'll not be thinking of you bunch as the Grinch who stole Christmas, but the Guys who grease my ticker; just like giving a little time for a few more Christmases and New

Happy New Year to you all.

McNichot Base Commander, CFA Comox Editor: Ray Grittitha (468) Editorial Assistants Paul Klem Bus Frankright Resonary Gibson Jack Gibson, Ray Moslowy, Lloyd H. Lay (1997) Alexander Dieson irculation THE TOTEM !

Theatre Information Call 339-2433 Anytime

RESTRICTED SHOWS: 18 years and above — Under 18 years of age must be accompanied by a person over 18. ADULT SHOWS: 16 years of age and above — Under 16 years must be accompanied by a person over 16.

ACROSS 110th STREET Anthony Quinn Yaphet Kotto MATURE. Very violent, much swearing and coarse language. Showtime: 2000 to 2155 hrs.

Wed. 19 Dec. Thur. 20 Dec.

COLUMBIA PICTURES Pres

MATURE. Frequent swearing and coarse language Showtime: 2000 to 2200 hrs.

Fri. 21 Dec. Sat. 22 Dec. Sun. 23 Dec.



The most electrifying ritual ever seen!

white man tortured to become a warrior. Showtime: 2000 to 2200 hrs.



Showtime: 2000 to 2150 hrs.

Peter Cushing Barbara Shelley



Sun. 30 Dec.

Fri. 28 Dec.

ALSO Ed Ellis

and

Jo Loosbrock Gary Raindahl. Paul Klem Karen Rusnak

The Geneaus

Susan Hampshire Nigel Davenport Great outdoor picture. Showtime: 2000 to 2155 hrs.

Wed. 2 Jan.

Fred Williamson

Coarse language, brutality, sex. Showtime: 2000 to 2150 hrs. Fri. 4 Jan. Sat. 5 Jan.

Sun. 6 Jan.

EASY RIDER

Denise Hoper Motorcyclist in search of America Showtime: 2000 to 2155 hrs.

COUNTESS OF DRACULA Double Horror plus VAMPIRE CIRCUS May be disturbing to children. Showtime: 2000 to 2310 hrs.

SATURDAY MATINEES

Sat. 15 Dec. CHARLIE BROWN Showtime 1400-1555 hrs. You see him in the comics and on TV - now see him on our screen.

Sat. 22 Dec.

SNOOPY Charlie Brown's Dog Showtime: 1400 to 1555 hrs.

RUN WILD, RUN FREE Sat. 29 Dec. Mark Lester Showtime: 1400 to 1555 hrs.

Sat. 5 Jan. CHARLIE BROWN Showtime 1400 to 1555 hrs. Another Charlie Brown adventure

RESTRICTED SHOWS: 18 years and above - under 18 must be accompanied by a person over 18.

ADULT SHOWS: 16 years and above - under 16 must be accompanied by a person over 16.

For information on what's playing at the Base Theatre — Phone 339-2433.

Something New in Movie Entertainment

VIDEO CENTRE (60 Seats)

(Next to Central Meats)

Fri. Dec. 14 to Thurs, Dec. 20

Dec. 15 — Turkey Bingo and PMC's Draw - 2000 hrs. Admission: Reg. and Assoc. \$1.00. Hon. and Guests \$2.00. Dress - Winter Casual.

Dec. 31 - New Year's Eve Ball - Tickets for regular and associate members go on sale from the 3rd of Dec. thru the 14th and for honorary members and guests from the 17th thru the 21st. Reg. and Assoc. \$15.00. Hon. and Guests \$25.00. Get your tickets early, there are seats for only 150

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TO A SECURITOR SOURCE OF THE PARTY OF THE PA Entertainment and Events

The Base Fire Chief and his staff would like to take this opportunity to wish each and everyone a Joyous and Fire Safe Festive Season and a Fire Free New Year.

> L. MacLean Capt. **Base Fire Chief**

Donations to Free Press Stocking Fund

Can be left at Base Fire Hall CASH - TOYS - FOOD Last Pickup December 22nd

Open dance, 2100-0100, Cameos, Informal Dress, THURSDAY, DEC. 20 — Host the Senior NCO's, Commencing at 1500 hours, MONDAY, DEC. 31 - New Years' Eve Ball.

OFFICERS' MESS ENTERTAINMENT

SUNDAY BRUNCHES — Dec. 2, 9, 16, 23, 30 - Lunch menu served 1145 - 1300. Children 75', Adults \$1.25. Casual

Receiving line commences at 2130. The Bobby Herriot Quintet. 2200-0300. Buffet 2300 - 0200. Cost \$15 per member couple \$25 per guest couple. Reservations will cease Dec. 20th. Members limited to one guest couple and guest reserva-tions will not be confirmed until after Dec. 20th.

SATURDAY, DEC. 15 — Children's Santa Claus Party. 1400-1600. Hot dogs - Candy - Soft Drinks.

WEDNESDAY, DEC. 19 - 407 Xmas Dinner.

FRIDAYS, DEC. 7, 14, 21, 28 — TGIF.
Subsidized drinks - Bottle Raffle,
Informal dress in Main Lounge.

DESISTANT OF the Staff of the

TOTEMTIMES

JR. RANKS CLUB December Entertainment

Frl. 14 — TGIF in the Annex Sat. 15 Sun. 16. — Band "Sunset Trio" Tues. 18 - Movie Sat. 22 — Band "Tim Kinnelly" Sun. 23 in the Appear in the Annex.

Sun. 23 — 1300 hrs. - Children's Christmas Party in the Lounge.

Wed. 26 — Wives Cocktail Party. For 1900 hrs. 2100 hrs.

Band "New Music Express." 31st - NEW YEARS EVE BALL.

LEGEND OF A GUNFIGHTER

(General)

Fri., Dec. 21 to Thurs., Dec. 27

GO BETWEEN (Adult)

Julie Christie

Alan Bates

ADMISSION: 3 p.m. & 5 p.m. Adults - \$1.25 OAP & STUDENTS - 75 cents Children - 50 cents

7 p.m. & 9 p.m. \$1.75 75 cents

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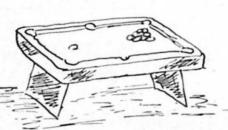
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12 MATTELL ALPHA TRUCKS

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\$299

12 DING LING BRIDGE SETS

Reg

SALE

\$17.95

\$9.99

6 PLAY PENS

Reg \$4.79

SALE \$2 79

12 GAMES

Reg \$5.69 SALE \$7.79 IG BREAD
DOUGH ARTS

Reg \$8.45 SALE \$4.79

WATCH FOR:

Instore "Red Tag" Specials and our good selection of Ladies Perfumes and Cosmetics, mens Toiletrie items, all at good Ex prices.

I expect you are all busy getting ready for Christmas. If you go to school you will be getting ready for your Christmas concert. And at home you are all busy making lists of what you would like for Christmas. But I hope you won't forget another list, the list of all the gifts you are going to give to all your family and friends. Remember it is lots of fun to give somebody a present and then watch their face as they

unwrap it. I expect that by this time you will also be putting up the decorations. Not only will you be decorating the inside of the home with a beautiful tree and lots and lots of colored balls and chains, but you will also be putting lights up outside. When it gets dark you will be able to look out the window and it will be just like

fairyland. Christmas is also a time for parties, lots and lots of them. I hope that you will enjoy yourselves, and have many good things to eat. You can do all sorts of things at parties, wear funny hats, play with balloons, blow hooters and make a big noise, and of course there are all kinds of games to play.

Now I must leave you again and a Merry Christmas to you

SANTA'S HELPERS

Once upon a time there lived at the North Pole, an elf called Freddy. He lived with his mother and father and two big brothers, Johnny and Tommy, in a small house just across the street from Santa's workshop.

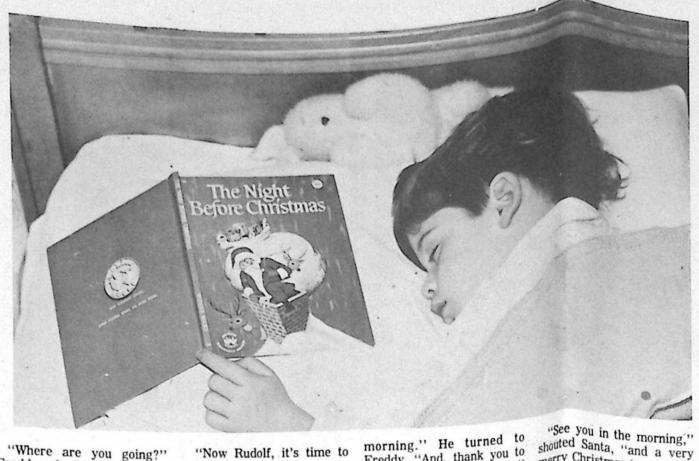
Every day Mr. Elf, Johnny and Tommy would get up early and after a big breakfast, would all cross the street and go to work for Santa. Soon after they had gone Mrs. Elf would go upstairs and wake Freddy and get him ready for school. You see, Freddy was only a very little elf.

Soon it was that time of the year when Christmas was coming. And as usual all the schools in the North Pole closed, so that all the little elves could help Santa prepare for his special ride.

Now, instead of going to school, Freddy would go across the street with his Mother and Father and Johnny and Tommy. All the little elves had their own special jobs. Freddy's friends, Henry and Billy helped to mix the red paint for the toy trains and ran messages for Mrs. Santa.

Freddy had a very special job. He had to polish all the silver bells that Santa used on his sleigh. As this was a big sleigh there were lots of bells and Freddy soon got tired of sitting and polishing. The thing he liked doing best was walking through the workshops to see all the other elves at work.

Mother Elf was busy sewing pretty dresses for all the dolls, long ones and short ones, all the colours of the rainbow. But Freddy wasn't very interested so he soon wandered off to see what else was happening. On the way he bumped into his friend Billy who was running with another message for Mrs. Santa.



Freddy. "And, thank you to

little Freddy for my bells."

Freddy looked sad. "But I

"I know, said Santa, "but

didn't do them all," he said,

you know all about them now,

and next year you will do

"I won't forget, I promise."

ready?" Santa called.

jumped back.

stepped out.

to the bells."

"Oh yes", Freddy laughed,

"Now, Father Elf, is Rudolf

"All ready, Santa," Mr. Elf

'Then away we go," and at

"Oh," said Freddy, "listen stocking when he awoke.

a flick of his wrist Rudolf

hanging his head.

them all.

merry Christmas to you all."

All that could be heard was

the sound of the bells as

Rudolf led the way through

Freddy followed his father

and mother across the street

and went up to his room.

Quickly he opened his window

the starlit sky.

"Where are you going?" Freddy asked.

"Mrs. Santa wants another sack to put presents in," Billy puffed, "and I have to go and get one." And with that he turned and ran off to the sack workshop.

Freddy went on his way, looking into the cowboy shop where the elves were all busy making toy guns and holsters, but they were all too busy to stop and talk to Freddy.

"Why don't you go and finish polishing the bells?"

they all asked. Next he went to the Red Indian room. Here his brother Johnny was busy putting red green, blue and yellow feathers in a Indian Chief's

beautiful headdress. "Oh, please, may I try it

on?" asked Freddy. So Johnny held up the headdress and put it on Freddy's head, but, as you all know, Freddy is only a very small elf and the feathers all trailed on the floor. Johnny laughed, "You will have to grow a bit more," he said, "maybe next year. Now you had better go and finish polishing the bells. Its almost Christmas Eve." So Freddy said goodbye to Johnny and

off he went. Next he went to the Robot room. Here borther Tommy was busy putting all the robots in their boxes.

Freddy went up to a big green robot and looked him up bells aren't ready. and down.

'He is funny," he said, "Please, Tommy, can I wind him up?"

"Alright," said Tommy, "but be careful." "Course I will," said

Freddy, and reaching up he started to turn the key that was sticking out of the robot's

"One. . .two. . .three. . ., there off he goes." Freddy had to jump back very quickly as the robot started to move.

A big yellow light went on in his head and started going round and round. Then a door opened where his tummy should be and a funny gun came out and started flashing red lights Then the robot swung round and headed straight for Freddy.

"Help, help, stop him," Freddy yelled and ran to hide behind Tommy.

Tommy laughed, "It's alright, he won't hurt you, but I think you had better go and finish the bells. It will soon be Christmas.'

the room. He didn't like the green robot very much.

Next he decided to go and see where Father Elf was. He soon found him in the stables. Father Elf was in charge of the reindeer and as Freddy went through the door he

could hear him talking to

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"Now Rudolf, it's time to polish your nose.

There was Father Elf standing at the top of a big step ladder with a duster in his hand.

Rudolf Reindeer very gently stuck his nose out so that Father Elf could start to make it shine.

"Why you doing that?" Freddy asked.

"Hello, Freddy," Father Elf looked down. Rudolf looked down and

blinked at Freddy. "Hello," he said, "have you finished work?"

"Oh no," said Freddy, "I just wanted to see what all the

other elves were doing." Father Elf came down the

ladder very fast. "Freddy, don't you know it is time. All the toys are ready. Mrs. Santa has packed all the bags and now Santa is having his supper. All I have to do is polish Rudolf's nose so that he can lead the way across the sky. All we are waiting for are the bells."

"Oh dear," Freddy squeaked and turning, he ran helter-skelter back to his little workshop and the bells. When he got there he found

Mrs. Elf, Johnny and Tommy all busy polishing the beautiful silver bells.

Mrs. Elf looked up. "Oh Freddy," she said, "where have you been? Santa's is almost ready to go and the

"Why does he need so Freddy grumbled She smiled. "So that when he is flying through the sky, all the bells ring sweetly and all the children on earth know that Santa is on his way!" Mrs. Elf told him. "When they hear the bells they go to sleep and dream of all the toys Santa will put down the chimney for them."

Just then they heard, "Ho, ho, ho" and they knew that Santa had just finished his supper and was on his way to the sleigh.

"Quickly, boys," Mrs. Elf helped them pick up all the bells and out they went to the sleigh.

Then Freddy saw a wonderful sight. There was Santa busy putting all the sacks into the back of the sleigh. Mrs. Santa was putting a red blanket on the front seat, and Father Elf was fixing the last reindeer into the harness. All that had to be done was to put on the silver bells, and quickly all the elves gathered round Freddy quickly ran out of and in a twinkling the sleigh was shining and ringing, and everybody laughed and was

very happy.
"Well," said Santa, "I think it is time to go."

He looked around at all the elves. "Thank you my friends. I know all the boys and girls all around the world are going to be very happy in the

CFB Comox Totem Times 7 Thursday, Dec. 13, 1973 Christmas Parties

the old crooner Bing Crosby would sing, and, along with Christmas comes - inevitably - the annual Christmas Parties.

Inevitably?

Well, some would think so, for a number of good - or not so good, depending on your

own feelings - reasons. Some will feel that it is obligatory that they be there. Why, who knows. Maybe they feel that if they are not there, they will be considered as "being snobbish" or "too good to associate with certain others." Or, maybe, to impress the bosses, they go. Actually, the only obligation we have is to ourselves. If you go, be only obliged to have

Others don't want to go because of the cliques that inevitably form, some because of the rankconsciousness of others, some because of the "backstabbing", some because of the hugeness of the affair, because ... because ... because.

Maybe there are a lot more "becauses". This, naturally, does not say that everybody thinks of Christmas Parties as being inevitable.

and listened. Then he heard, a long way away, the jingle of However, maybe a few tips all those beautiful silver bells. to those who do go to the As he jumped into bed, he parties will be handy, here. whispered "Merry Christ-So let's stick with the mas." and closing his eyes he smaller parties, the ones with fell asleep, to dream of all the one section, or two sections toys he would find in his

Obligation. Don't go if you feel that it is an obligation to

combining.

have fun; you are not going to be fun to anybody else. If you haven't missed anything before, you're not going to

miss anything now. Cliques can be avoided by "circulating". If you are of one or two sections at a party, visit the members of the other section, introduce yourself, let them know that you are having fun at THEIR party as well as hoping they are having fun at YOUR party. Besides, when friendships are made at the party, it usually carries over into work - friendlier relationships between the sections and more cooperation.

Rank-consciousness could be "toned down". Although one person works under another's supervision, it should be realized by the latter that he may not be able to get along without the former.

A Christmas party should be a "gathering of the clan(s)" to celebrate, not berate, and to have fun along with one another.

One may realize another's superior rank (Corporal to Captain, say) and show respect, openly or overtly (by tone or act). But, the reverse must hold true, also. The Captain should realize that the Corporal knows what he is, without the uniform and as a sign of fellowship and goodwill say: "Look, Joe, my first name's Bob (as Joe may or may not know). Let's have another drink!" Joe is going

"Christmas is a-comin'," as go, only. You're not going to to realize the 'Bob' tonight is Captain So and So tomorrow and will probably look up to him more in the future.

Remember, the Christmas party is where you get away from work, DON'T TALK SHOP! The other guy may not care what you did around the section - he did it too. The wives wouldn't appreciate it,

To end, HAVE FUN!! Whether you drink or not, don't spoil the other guy's gaiety. If you don't drink don't be critical of the drinker; if you drink, don't be critical of the non-drinker. We all have our foibles. Don't make your foible his foible!

Joyeux noel and have a fun Christmas party.

L.M.

NEXT TOTEM TIMES DEADLINE January 7th, 1974



Let's be optimistic and assume you don't have an accident. Or hit any parked cars. Or speed, Let's assume you stay at the party longer than you planned and had three or four drinks—enough to drink to make you legally impaired. All in good fellowship. All without malice. And for some reason, you are stopped.

Here's what to expect:

Breathalizer Police officers are extremely adept at spotting impaired drivers. There are dozens of telltale clues. If you are suspected, you will be asked to submit to a breathalizer test. This is mandatory and refusal can result in serious charges. If you have consumed enough to give you a .08 reading, you can be charged with impaired driving.

2 Jail Very likely, you will be jailed overnight. For the average citizen this is a tayifying average citizen, this is a territying experience. Impaired driving comes under the Criminal Code, and that

is just how you will be treated. You will be fingerprinted, asked for alias', relieved of your belt, tie, shoelaces, and personal possessions, allowed one phone call, and be placed in a cell. In the morning, your breakfast will be slid under the bars of the cell door. You will find the night harrowing and have plenty of time to reflect. In the meantime, your wife and children will be worried, distressed and slightly mortified.

3 Fines The arresting officer's report, corroborated by your breathalizer reading, will normally result in a conviction. The number of convictions is increasing every year. Over 12,000 are expected in British Columbia alone this year. If the Judge lets you off with a \$250 fine for the first ofence, you can consider yourself lucky. For having accumulated ten penalty points, the Superintendent of Motor Vehicles will assess you a charge of \$25.00 which will be used to pay for public information

messages like the one you are now reading. Add to this the \$50 to several hundred dollars you'll spend on a lawyer and you've dropped quite a

Suspension Even if you have never had so much as a parking ticket in thirty years of driving, you can expect to have your right to drive reviewed by the Superintendent of Motor-Vehicles. On his judgement and your driving record, your suspension may be one month, three months, six months, or even indefinitely.

5 Insurance The costs don't stop at fines and lawyers. When your insurance company hears all about it, your insurance premium will be surcharged. That means your insurance rates will soar until you can prove yourself a good risk again. That could take years if you have no more problems. And here's another point to ponder. Had you injured or killed someone while impaired, your liability coverage was void anyhow. Your insurance company will pay the claim, but they may demand repayment from you.

6 Publicity Criminal courts swarmwith court reporters. In some smaller communities, your conviction will make front page news. They will list the details of your arrest, trial, conviction, breathalizer reading, fine and suspension. They will print all this, along with your name and address, for all your friends and business associates to read. It is the coup de grace you can expect about one week after the trial.

These are the hard cold facts of how a jovial evening can turn into a nightmare. The police have seen too many dead children to have much patience. The courts have heard too many tragedies to give you much mercy. And that's the way it is.

If you drink, don't drive

Government of British Columbia Motor-Vehicle Branch

British Columbia Automobile Insurance Board



Chapel Chimes

PROTESTANT CHAPEL Rev. R. J. Ritchie - Base Chaplain (P) Telephone No. 339-2211

Dec. 16, 73 — Third Sunday in Advent: 0930-1030 hours — Church Loc 273 School - White gifts of canned or packaged goods.; 1100 hours -Divine Worship; 1400 hours — Sunday School Pageant - parents

and friends invited. Dec. 23, 74 - Fourth Sunday in Advent: 0930-1030 hours - No Church School this Sunday or next.; 1100 hours - Divine Worship; 1900 hours - Christmas Candlelight Service of Carols

Dec. 30, 73 — 0930-1030 hours - No Sunday school; 1100 hours followed by Holy Communion. Divine Worship.

ROMAN CATHOLIC CHAPEL Rev. J. A. Borg - Base Chapolain (RC) Telephone No. 339-2211 Loc 274

CHRISTMAS SEASON SCHEDULE: Dec. 22, 73 - Advent Penance Celebration for School Children 3-4:30 p.m.; 7:00 p.m. Sunday Vigil Mass.

Dec. 23, 73 - 9:30 and 11:00 a.m. Regular Sunday Masses Dec. 23, 73 - Sacrament of Penance 2-3 p.m. and 7-9 p.m. Dec. 24, 73 - Christmas Midnight Mass in the Protestant

Chapel, Carol singing starts at 11:30 p.m. Dec. 25, 73 — Mass at 11:00 a.m. only in the Protestant Chapel.

Dec. 29, 73 — Sunday Vigil Mass 7:00 p.m. Dec. 30, 73 — 9:30 and 11:00 a.m. Regular Sunday Masses SACRAMENT OF PENANCE: Before Mass on Saturday from 6:30 to 7:00 p.m. and before other Masses.

Jan. 1, 74 — Masses at 11:00 a.m. and 5:00 p.m. HAMPER COLLECTION: There will be a pickup of non perishable groceries and usable toys from All PMQ's by the Comox Valley Youth Organization on Thursday, Dec. 13 starting at 6:00 p.m. All items collected are distributed by the Salvation Army to the needy of the Comox Valley and surrounding area so please be generous with your donations.

CATHOLIC WOMEN'S LEAGUE: The members of the Catholic Women's League of Our Lady of the Airways Council would like to thank all parishioners who have helped them in their various undertakings during the past year and wish all a very Blessed

PLEASE NOTE: Christmas Midnight Mass and 11:00 Mass and 11:00 Mass on the 25th of December will be celebrated in the Protestant Chapel.

"The Chaplains would like to take this opportunity to thank all of those who have given their support to the Chapels during the past year. The church is people and without you it does not

"We would invite all our personnel and their wives and families to participate as much as possible in the Chapel Services during this very meaningful season of the year. "We wish you all a truly joyful Christmas Season."

SAR Burdette

have returned to base after 17 consecutive days of searching for missing pilot Brian Burdett and his single engine Beech Muskateer. The search Search headquarters in is still considered open and is Penticton emphasized the to remain under control of Rescue Coordination Centre ELT on all flights, especially in Victoria. All training flights in the light that it will be and operational flights mandatory next year for all through the search area will aircraft in Canada to carry be briefed to maintain a this small and relatively lookout for the missing air-

from 442 T & R Squadron. CFB Comox, two Tracker aircraft from Victoria and a Twin Otter from Edmonton were the main search vehicles used in the mountainous terrain between Princeton and Vancouver. A number of civilian aircraft from Kamloops and Penticton organized by the Emergency Measures Organization and controlled by the military search headquarters in Penticton supported the search. The Burdett family with the aid of a civilian helicopter and a ground search party searched the Hope-Coquihalla pass area where Brian Burdett's air-

craft was last seen. The search for Mr. Burdett was seriously hampered by low cloud, fog, rain and heavy snow showers in the search area. A near continuous snowfall of up to five feet, fell in the first days which made visual searching nearly impossible. Despite the bad weather, search aircraft! logged over 240 hours and covered over 25,000 square

Mr. Burdett's aircraft was

Dedicated search aircraft not equipped with an ELT (electronic locator transmitter) and he carried no gloves or matches and little if any survival equipment. need for pilots to carry an inexpensive radio transmitter. The value of carrying Two Buffalo aircraft and an ELT was more than two Labrador helicopters adequately demonstrated when Mr. Fred Kaminski of Vernon went missing on a flight from Wells Grey Park to his home on the evening of Sunday, November 18th.

A Buffalo was dispatched from Search Headquarters Penticton the same evening and Mr. Kaminski's aircraft was electronically pinpointed by midnight, then with the aid of a military and a civilian helicopter the following day Mr. Kaminski was picked up from the 6500 foot level of a mountain immediately east of the Shuswap Lakes. Mr. Kaminski was recovering from his injuries in the Vernon Hospital less than 24 hours after his unfortunate accident.

Two previous searches this fall from Prince George and Cranbrook in the rugged mountains of British Columbia failed to locate the two missing aircraft, neither of which carried an ELT.

The searchmaster, Capt. R. L. Richardson stated that "had Mr. Burdett's aircraft been equipped with an ELT, the chances of locating the missing aircraft the same day would have been excellent."

442 Sqn. busy

from June 1st to Nov. 30, 442 Transport and Rescue Squadron was involved in 124 air and marine incidents, logging 1500 flying hours.

Of these incidents, nine were full scale searches. Six searches took place during the last three months, during which time members of the Squadron were detached on Search operations for a total of 78 days. Six searches were

In the six month period successful and three have been suspended pending

further information. It is interesting to note that of the nine lost aircraft, only two had automatic ELT's. These two were located, and crews and pasengers rescued within a few hours after search operations commenced. ELT's are supposed to become mandatory for all private aircraft on July 1,

THANK YOU

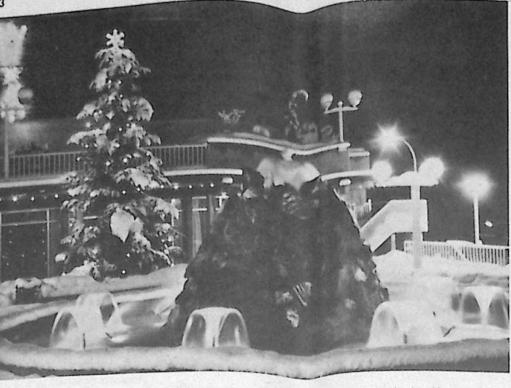


I would like to thank the citizens of Courtenay for their overwhelming support in the Nov. 17th election. I will do my best to serve you as alderman.

Sincerely,

RON WEBBER

RON WEBBER



COURTENAY CIVIC CENTRE in all its glorious black and white for the festive season.

Nighthawks Nest

DEPUTY was carrying around with him a week or so ago? That Lil bit O' the back sidered opinions. They thought it was basically viable heavily to get into the front seat? Well rest easy frontcouple of moldy oldies their pockets - to get their reaction to the suggestion of removed from their instrument covers. Instead, because of its unusual place of insertion, he decided to first seek some expert advice on its

Remember that ittle black, application. He approached sausage-like tube that THE ORV and VERN, a couple of old hands at having their faces in it, for their conbut was a bit too short and needed a little tenderizingseaters, C'est morted! When They then whisked it off to UNCLE ERN first conceived TONY and ERNIE, a pair the idea, his immediate with plenty of muff-time, for reaction was to corner a the final evaluation. Upon seeing the piece of equement preferably without divider in under examination and considering the remarks by the other group, they did what having about 6 inches any self-respecting RO would have done in the same situation - they ate it! So much for the Scientific Method.

Did you know that when

The gift

BY WO R. S. ANDERSON

And as time passed, the great star cooled and luscious

And as it was in those days, huge storms arose, jagged

And as it was written, creatures of great intelligence

And so it was that great gifts were bestowed upon

But it came to pass the creatures were careless with

And it came to pass that great structures arose from

fire came from the black and cold heavens, and the

destruction upon the lush growth was great. The animals

lifted themselves from the great waters and reigned over

these creatures, one of which was fire, and from this

their gift, and great was the destruction upon the lush

the land, and the creatures came from their caves and

dwelt therein. With them they brought their gift of fire,

for it was found that it gave both heat and light to their

the power of the gift came forth with rules and regulations

for the protection of all the creatures, and to these and

those that obey, blessed be ye, for it is written thus:

they shall have a clear path to travel.

unto them shall come peace of mind.

unto them safety is assured.

And it also came to pass that those who understood

Blessed are they that keep all exits free of snow: For

Blessed be they that have a family escape plan: For

Blessed are they that hire a trained baby-sitter; For

Blessed are they that teach fire safety to their

Blessed are they that check the wiring of Christmas

Blessed be they that do not smoke in Bed: For they

Blessed are they that smother a cooking-pan fire: For

Blessed be they that know and respect gasoline; For

Blessed are they that read and heed the labels: For

Blessed be they that heed the advice therein: For unto

MOVING?

Budget rents trucks, too!

Low rates by

338-5305

the hour, day,

Wishing

you the

Season.

best over

the Festive

tree and gala lights: For unto them shall shine the lights

children: For they will be spared anguish and despair.

shall open their eyes to wonder each morning.

they shall remain free of disfigurement.

they shall not perish in a ball of fire.

they shall read of greater things.

them shall come a long life.

Wut-Nut-Hut

1754

COMOX AVE.

12-8 Tues. - Sat. Till 9:00 on Fri.

339-4244

Rent a Truck

CALL:

many other were found which brought great joy.

growth, and the animals that abounded there.

Assistant Fire Chief, CFB Cold Lake

vegetation grew in abundance over its surface.

that abounded there were sorely afraid.

all things, for this was the makers plan.

bodies and dwellings.

of happiness.

TOM MURRAY successfully completed Staff School he was awarded a Doctorate Degree from Memorial University in St. Johns, Nfld? This is no slight upon the Newfoundland educational system. It is merely a reflection of the importance which Tom attached to the course when he was corresponding with relatives back home. So that there wouldn't be any misunderstanding when he made mention of the fact that he was in Toronto to get an education, he explained that he was attending a career course which would certainly mould his future. Unable to contain their enthusiasm, his relatives phoned L.Col. Jenks for a complete description of the course and were so overwhelmed by his account that they made arrangements for an equivalent civilian document to be presented to

things than we have in the past. A "WELL DONE AND THANK-YOU" to all those who were responsible for the Squadron Christmas Party. As always it was an excellently prepared and enjoyable function. We look forward to many more such occasions where good company, good cheer and high bar profits prevail. Keep up the fine work guys - it's much appreciated

Tom upon his graduation.

Tom doesn't expect us to

address him as Dr. - he just

wants us to call him nicer

Speaking of appreciation -Many thanks to the Senior Officers for their spectacular RECOVERY PARTY the following afternoon. If we were going to award prizes for some of the more dazzling performances of the day, a couple of members of the sponsoring committee would be lugging home the first and second place hardware. Good taste and an inherent fear of hoops keeps me from exposing their stunts. Suffice to say that silent flick fans thought that these boys were every bit as good as The Keystone Cops.

Rumor of the Week: Eskimo Nell is alive and well and living in PMQ No. 91.

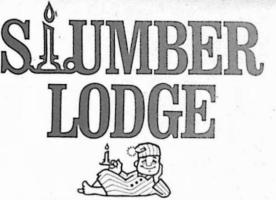


MS. FIRE PREVENTION says: "Remember that Christmas trees are very combustible. They ignite easily and burn furiously!"

Slumber

George and Jean Manning are your hosts at Anco Slumber Lodge on the Island Highway. The 28 Deluxe Unit Motel features some kitchenette units. coffee shop, colour television and swimming pool. Enjoy the highest quality of service, comfort and convenience in motel accommodations.

> Phone 334-2451 1885 Cliffe Avenue, Island Highway



Anco Slumber Lodge in Courtenay is the latest addition to the growing network or Slumber Lodge facilities serving British Columbia in: Cache Creek, Chilliwack, Coquitlam, Hope, Kamloops, Penticton, Prince George, Revelstoke, Smithers, Terrace, Tsawwassen, Vernon, Victoria, Williams Lake.

Coming soon: Dawson Creek, Grand Forks, Kelowna, Osoyoos, Prince Rupert.



Holiday Wish

To all our friends who have done so much to help us sell and advertise our Toyota Products — and to all our customers who have supported us through their patronage.

And to everyone everywhere

SINCERE BEST WISHES TO YOU THIS HOLIDAY SEASON

(FATEA FATEA FA

from

COURTENAY HOME SERVICE LTD.

AND STAFF

Front End

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Neil Blackburn

ALEX BELL

Service Dept. John Taillefer Service Mgr. Bob Leib

week. Most popular sizes, Trust Budget's GM truck fleet. Humphrey Versteegh Get you where you're going

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Reg Miron —Salesman

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Courtenay Home Service Ltd.

2650 Cliffe Ave. Courtenay, B.C. The first for the first for for the for the for the for the first for th

Program being conducted by

the PER Staff at the Base

Gym each Tuesday and

Thursday starting at 1600 hrs

is now in full swing. Thirty-

eight dependants between the

ages of 11 and 14 yrs. have

been receiving instruction in

basketball fundamentals for

the past three weeks from

Capt. Bill Keener, Lt. John

Power and WO Harvey Gates.



407 SQUADRON vs USAF in Broomball action at Glacier Gardens.

- Ellis Photo

Safety - 75 - Securite

HOW IS YOUR GENERAL SAFETY PROGRAM?

Xmas preparations, gay decorations, toys, visits, driving and a cup of cheer are meant to be enjoyed and they can be. Include safety in your guest list!

Here are a few gift tips on toys:

Consider the age and abilities of the child. Electrical toys should

have the Underwriters Laboratory Label. Pass up toys with sharp edges or parts that can be pulled off and swallowed.

Avoid "shooting" toys that may injure eyes. Now - let's look at what the "Remembrance" month of

November brought us!



ACTION IN THE ORR

A body in motion tends to stay in motion -- unless diverted by another and sometimes directly opposing force. Then, says Newton "There will be a constant stream of intersection hockey players to the MIR".



One more time, gang - the objective is physical fitness for the players - not the Medical staff!



DIGITAL DEVIATION DELIVERS DYNAMIC DENT

Lever fever strikes as snow season starts. What should have been a smooth, powerful, hydraulic, upward movement of the plow became an unplanned demonstration of cement plowing. But it wasn't a total loss. The dump box did go up in a smooth, powerful, hydraulic, upward movement.



Remove unsafe conditions look-alike levers should be separated and unnecessary ones' removed, disconnected or immobilized, and obstructions well-marked.



BEGIN WITH A DOUBLE AND LOSE WITH A TRIPLE!

A permanent corneal scar on one eye was the result of allowing one of three darts to fly loose during a triple extraction by a determined dartist.

Keep a simple pastime peaceful - treat darts like a weapon - they are!



AN ARRESTING DEVELOPMENT!

She's heavy, she's yellow, she's ugly and she's engaged! The announcement was not followed by a party, as the establishment frowns on fraternizing between snowplows and runway barriers.



Standard operating procedures are designed to guide personnel and ensure safe operation. Compliment them with good communications.



I SPY DEPT.

-- Safety getting the squeezeplay during the stand-off between the Provincial Government and the Becher Mountain Ski Development Society on who will plow the uphill parking areas.

-- A few graveyard shift workers heading home against heavy eastbound traffic without their headlights on!

-- A tendency to confuse accident prevention with accident report prevention. Automatic membership in the SYA Club is assured.



 Voluntary co-operation to boost our safety program image! Large thank-yous for the donations of imagination and manual skills.

- A strong effort by MSE Safety to promote Safe Driving as part of National Safe-Driving Week. Including Channel 3! - A good effort by our Fire

Department in alerting everyone of the fire hazards that accompany the heating and Yuletide seasons. Air Defence Command is

hard at work redesigning the General Safety Accident Report forms. The name of the game is to make it easier for supervisors to complete the form and to eliminate the need to have CFAO 66-3 there at your side.

FORWARD!

This has been an eventful year for all of us. If you have been - there's still time to compose some good New Year's resolutions.

T'was the night before Christmas Not a sound could be heard While everyone waited For the Great Safety Bird Then on Ryan Road There arose such a clatter

We called out the MP's To see what was the matter. There, bathed in moonlight Twas the Great Safety Bird And the silence was shattered As his squawks became heard.

"Safety!" "Securite!" "Safe Working Conditions!" "Great Fire Hazards!" "Exploding Munitions!"

"Vehicle Accidents!" "Unsafe Acts!" "Endless Statistics!" "Accident Facts!"

Was it another performance That safety men fear? The best of intentions But too much of the beer?

There was one way of telling I'm sad to relate And they did, and he did, And it was point zero eight!

Was over and done For ignoring the Good Rule Of one-drink-in-one.

So Christmas for him

As they led him away One last cry could be heard "Merry Christmas to All - and watch your Bird!"

(Continued from page 2)

inadvertently self-injecting a

sleeping potion. To date, she is

still unable to receive visitors

and has not responded to

orthodox treatment willingly

administered by our

dedicated, conscientious male

The hospital 'Maitre De'

was seen beating one of the

workers over the head for

removing her steaks, together

with her stove, from the

kitchen area. She did not

appear to be making an im-

pression on that particular

worker who was apparently

Med. A's.

Hospital Mischief

The Base Gym will be open over the Holiday Season according to the following schedule. pependant recreation will be organized by the duty PERI according to the schedule with activities such as floor hockey, activities such as floor hockey, activities such as floor hockey. Open Recreation the wishes of those in attendance. of those in attendance. Open Recreation; 18:30-2130 - Sunday, Dec. 23,73 - 1330-1630 - Open Recreation; 18:30-2130 -

Sunday, Dec. 24, 73 — 0800-1630 — Normal Routine; 1830-2130 — Monday, Dec. 24, 73 — 0800-1630 — Normal Routine; 1830-2130 —

Open Recreation.
Tuesday Dec. 25, 73 — Closed
Wednesday, Dec. 26, 73 — Closed
Thursday, Dec. 27 — 0800-1630 - Normal Routine; 1330-1445 - Dependants Org. Rec; 1830-2130 - Normal Routine; 1330-1445 - Friday Dec. 28, 73 — 0800-1630 - Open Rec

Dependants Org. Rec.
Saturday Dec. 29, 73—1330-1630-Open Recreation.
Sunday, Dec. 30, 73—Preparation New Years Ball
Monday Dec. 31, 73—Preparation New Years Ball Monday Dec. 31, 73 -

Monday Dec. 31, 73 — Closed Tuesday Jan. 1, 74 — Closed Wednesday, Thursday, Friday Jan. 2, 3, 4, 74 — Closed - Gym floor will be closed for refinishing.

The Swimming Pool will be open according to the following schedule. Admission is 25 cents per swimmer (Servicemen free) or a book of tickets (value \$5.00) can be purchased at the Canex snack bar for \$2.50. Sunday, Dec. 23 — 1830-2030 — Public Swimming.

Sunday, Dec. 23 — 1830-2030 — Public Swimming. Saturday Dec. 29 — 1400-1600 — Public Swimming Sunday Dec. 30 — 1830-2030 — Public Swimming. The open skating schedule for Glacier Gardens Arena is finalized as follows:

Monday, Dec. 24, 73 — 1400-1600 hours. Wednesday, Dec. 26 — 1400-1600 hours Thursday, Dec. 27 — 2000-2200 hours Friday Dec. 28 — 1400-1600 hours Saturday Dec. 29 — 1400-1600 hours Sunday Dec. 30 — 1400-1600 hours Wednesday, Jan. 2, 74 — 1400-1600 hours.

JOYEAUX NOEL FROM Norm Girard, Mac Hersey

BASE SUPPLY

By GORD PALMER Your firendly Base Supply Section would like to take this opportunity to wish everyone a very Merry Christmas and Happy New Year. At this time of year, with all the parties taking place, remember it will be a lot safer if you take a cab to and from the different places. I don't think any of us would like to become members of the "300 Club".

The annual Christmas Party will be held at the Totem Lounge on Friday December 21st. If you haven't picked up your tickets as yet you had best do so before they are all gone. I heard a rumor that one of the Door Prizes is going to be a FREE dental examination by "Skip" Solomon of the Dental Clinic. The biggest bit of news in Supply lately was the Promotion to Sergeant of

enjoying a "Bon Appetite",

completely unaware of her

presence due to the fact he

was wearing his regulation

A final observation was

made when one of the CE Sr.

NCO's, gesticulating madly,

appeared very upset and irate

as he disappeared into a

recently dug hole, in the bucket of a front-end loader.

He was saved only by

knowledge obtained while

attending the Survival

Training Course,

hard hat.

and Keith Stagg. A very warm welcome is extended to Paul Pare who arrived recently from CFSAL Borden. Two of the boys decided to take their releases, namely Don Livingston and Bob Wilson (who has now gone to New Zealand). In Egypt by this time is Don Grenon, and John Kani has departed for Calgary. Heading for Ottawa in January will be Mac Hersey and Dick Waite.

We were very glad to hear that Jerry Lauzier is coming along quite well down at Naden after his bad car accident. There are rumors floating around that Bill Torchuck will be arriving here from Germany very soon for the holidays. Wally "Red Light" Berger,

isgoing to be pretty busy for te next few months now that h is the new Coach of the Towns Hockey Club. Other Supplypersonnel giving him a hand are Larry Ferris, Wally Romanuck and Gord Palmer. That nickname for Wally apparently was tagged on him back in his younger days when he was a goaltender of some renown.

We have had visitors from quite a few places recently. Still on the Base are the DM Auditors; there was an inspection by "Devil" and also the Performance Evaluation Team from Ottawa. Well, that's about it for this

issue. Take care over the holidays.

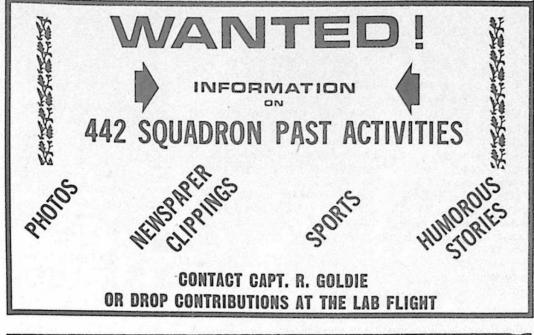
popular game of basketball.

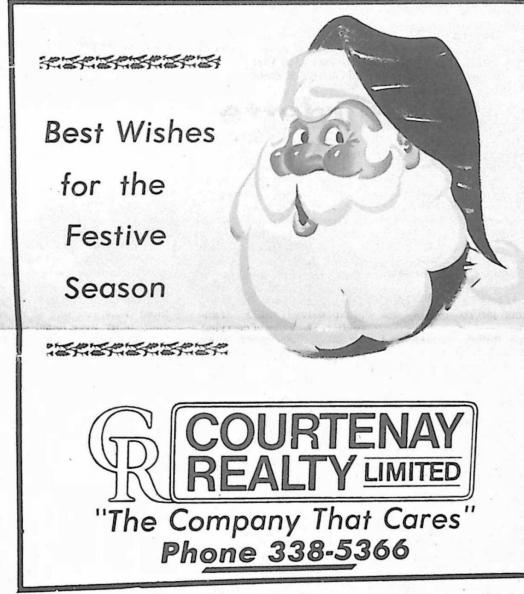
The Base hockey Totems are now scheduling regular practices at the Arena. The team coach is Wally Berger of Supply (while the manager is Lt. Mike Rafferty of MSE). The Pacific Region Championships are scheduled for CFB Comox Glacier Gardens Arena 18 - 22 Feb. 74 so plan to support the hockey Totems.

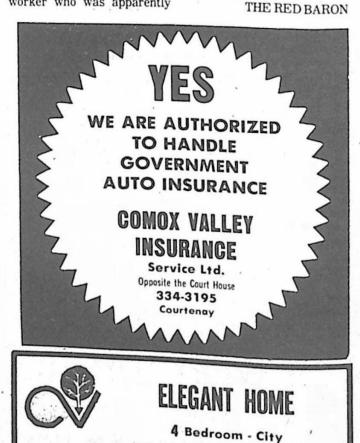
The PMQ Council has supplied shirts for four dif-The very successful CFB ferent teams and a house Comox Invitational league shcedule is now in Basketball Tournament was operation. The four teams are held 30 Nov. to 2 Dec. 73 at the naturally called the Celtics, Base Gym. The details of the the Bucks, the Knicks and the tournament will be covered in Supersonics. Registrations another article - however, are still being accepted so special congratulations to the show up at the Gym and learn organizing committee headed

by the PERI Staff (Capt. Bill Keener, Lt. John Power, WO Harvey Gates, M.Cpl. Chub Lenz, Cpl. Dave Marshall and Cpl. Hal Patterson) and their wives who donated freely of their time to make the tournament a success.

The Base servicewomen enjoyed a successful weekend of fun and sports in CFB Esquimalt recently. Curling, bowling, volleyball and badminton competions were enjoyed by all, and the social mixing with girls from other Bases was well received. Pte. Ruth Laidler of the BCompt staff is currently working with the PERI staff to help organize better programs for the servicewomen of our Base. Keep up the good work

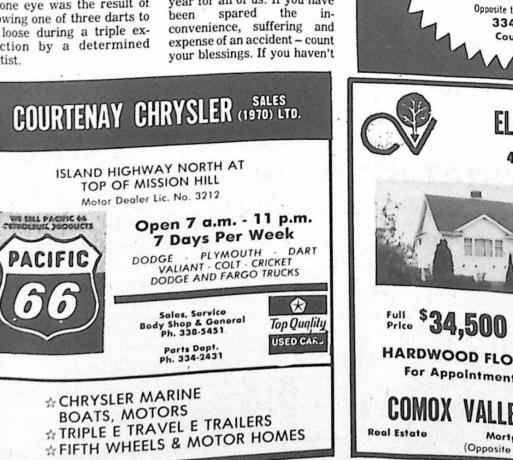






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OPENING TIP-OFF at the recent Basketball tournament held at CFB Comox Ellis Photo



FLASHING THAT FAMOUS McNichol P.R. smile, the Base Commander presents the team championship trophy to John Power of Comox. Which one uses

COMOX WINS

Basketball tournament

The CFB Comox Totem Basketball team won four consecutive games over the Dec. 1st weekend to capture their own invitational round robin tournament: with Terra Nova, Chilliwack, Esquimalt and Masset finishing in that

The tournament was officially opened Friday evening with a congenial welcome extended by Colonel McNichol, who threw up the first ball between Comox and Chilliwack to get the tour nament underway. From then on the rest of the tournament belonged to our Totems, with wins over Chilliwack 53 - 37, Terra Nova 54 - 37, Esquimalt

44 - 33 and Masset 54 - 28. The Totems, playing an aggressive man to man defence had no real trouble with the opposition. They got consistant scoring from John Power, John Peterkin and Bill Keener and very solid rebounding from the big guys, Mike Monteith, Gus Hay, Harvey Gates and Ken Harvey. The Comox team also received strong performances from their bench strength, made up of Barry Watkin, Brian Schow, Russ Crum, Zed Alston and Terry Huxely.

It tends to look fishy when the host team wins a tournament, but in this case they also won most of the awards. Besides capturing the Lorraine Trophy as the top team in the tourney, they placed two players on the all star team, John Power and Bill Keener, with the most valuable player of the tournament going to Lt. John Power.



M/CPL. RAY CROTTEY of Base Armament making a point with a blunt instrument. - Base Photo

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Comox Gliding Club

By DANNY WEBBER & AL HAAN

Air activity has slowed down a great deal this fall. down a great deal this fall, and will slow down even further with the grounding of the Berg Falke. Two of these machines crashed in Europe and ours is grounded until we hear further from MOT. We are planning continued operation with the Dohnlerche and privately owned gliders,

We had our last general meeting for 1973 on the 21st of November and it was well attended by the hard core of our membership. A number of serious, and light, subjects were covered during the two hour session led by Al Haan-Talk of club expansion was hot and cold. Additional equipment, including a winch and a winter trailer were given support but financial considerations are such that we have delayed a decision until our next get-together. Although the club finances do not permit purchase of major equipment, we are in shape as far as operational costs are concerned. During the winter period, when our operation slows down a lot, we decided to keep the present fee structure.

members have The discussed for some time the desirability of a club crest and we finally picked one of 3 designs entered by Brian Wight and Dale Hogg. The design by Dale proved most popular and we hope to be wearing them early in the new year. Seems every group has a Xmas party and we are the same. That is earmarked for late December; maybe at last we can get high in some manner. Also, we accepted the resignation of our Technical Chief Joe Wittington, one of our founding executive. Joe will stay with the club though, as an active member. Our many thanks Joe for your contribution to our formation and growth. Jerry White will be taking over as Technical Chief.

Congratulations are in order for Don Travis. On our flying day, Don culminated months of training by reaching his "solo" status in our hard flying Rhonlerche, and included this with a record 1920 foot launch off the wire! Well done, Don! Keep in there; your Glider Pilot's Licence is next. And the reminds me; Dale Hop-became our first Abinity piot to earn his Glider Filot's Licence. This entails, after 4 and a successful MOT etam, 2 hours and 20 launches solo. Dale well exceeded these requirements. There are several other members well

on the way to licence status. We welcome to the Comox Gliding Club a recent arrival, Gil Boulay. Gil was one of the original members of the Lahr Gliding Club way back when we started building this sport for our people in Germany. He brings considerable experience as a pilot to our club; his flying of Sailplanes in Europe and power aircraft in Eastern Canada constitute a valuable source of knowledge. Welcome back to motorless flying, Gil!

Our second batch of Ground School graduates are also to be congratulated for their success with the MOT exam. The seven week course in Airmanship, Air Regulations, Theory of Flight, Meteorology and Navigation is well covered on the exam and everyone should be proud. A special mention must also be made of Barry Fraser, our Ground School Organizer and tireless teacher - most of the credit for the well run, thoroughly taught and smoothly co-ordinated school lays with Barry. From the students and executive, our warmest appreciation.

On weekends and holidays, local 380 will be manned from 0800 to 0830 to advise if the club can operate that day. One of the instructors will have checked field condition, talked to the Met Section, etc. and then have decided if we fly. So instead of driving to the base early in the morning, you can telephone if you're not sure of the weather. Also, for the next several months. operations begin at 0830 instead of 0730.

Student members may contact me, Danny Webber, to establish a preferred period of training. Members may choose any one of the following periods, Saturday AM or PM, Sunday AM or PM. That way you don't have to hang around the field all day. On holidays we fly on a first come first served basis or by

Well, despite the bad weather lately and a recently grounded Bergfalke, the club has nevertheless experienced a very successful year. Next year we look forward to improved launching facilities. To all members a Merry Christmas and Happy New Year.

Judo club

By BARRIE WOODS Are you fit! If you think so read on!

The 73-74 Judo season is now in full swing. Recently some members of the CFB Comox Judo Club attended a training clinic held at the Victoria Judo Club with the B.C. judo coach, Jack Denbow. All came home weary, as his standards are high, 500 push ups a day and the same for sit ups, just to mention a few exercises. To enlighten a few enthusiasts, the standards in Japan are unbelievably tougher; for example at the Tokyo University, their daily 7 day a week routine includes 1500 push ups per day and 2000 sit ups (that is thousands!) to be exact, 546,000 push ups per year and 728,000 sit ups per year; no wonder they are built like wedges! Whereas Canadians are

content to do 200 uchikomi per practice, (uchikomi is turning in for a throw and back out without actually throwing, this repitition produces a perfect technique) the Japanese do sometimes thousands per day. No wonder they are the best in the world. At this year's world championships in Switzerland, the Japanese won all the weight divisions and most of the second and third places we well. I read of one fine old gentleman of sixty-eight, hanging himself to strengthen his neck muscles, to stop an opponent's attempt for a strangulation hold.

In my estimation, and the Japanese have proved it in many sports, Canada is left far behind in conditioning. No matter what sport you pursue, conditioning is critical. I don't mean the kind of haphazard condition achieved in Canada but to go beyond your endurance, and when you are weak from this conditioning you can no longer rely on strength; at this point you must use technique. Once this is achieved your technique

(Continued on page 11)

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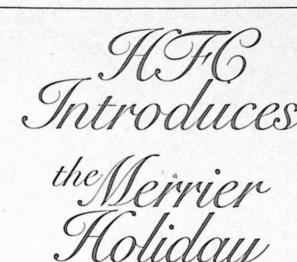
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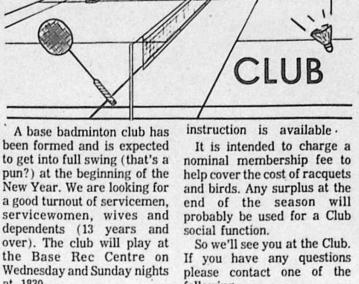
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Book Committee P.O. Box 712 Hamilton, Ontario.

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HE SAFE DRIVER

(Continued from page 10) improves, as well as your endurance and strength. In judo, strength is the very last

resort.

when started at a tender age. The CFB Comox Judo Club will start a new semester in January, there are a lot of vacancies for young and old, nine-to-ninety-nine. Want to

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For information about the judo club activities, contact Judo Club instructor Barrie Woods 339-3838 or 296.

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loss to the section. 'Smilin' Jack as he is known among his many friends in the service elected to retire from the alerts, re-calls and shift work to his Ponderosa in Little River community. He'll not be too far away from the screaming Voodoos and noisy Argus planes that have been part of his life for the last three years. His career spans over 27 years, mainly west of the Rockies, but he has taken the odd sojourn east and also overseas to 3(F) Wing.

There is nothing small about Jack everyone knows of his enormous appetite for food, work, fun and anything else Jack sets his mind to; he goes at it in a big way. Jack is well known as a big supporter of almost any sport - the jogging kick came a little late in his career to attract too much of his attention, but he had a reputation of a powerhouse in the ring in the 50's. His talents lie on the golf course and in the hallowed halls of curling, where he made himself heard.

On the sentimental side, Jack's retirement will leave a big hole to fill in the section.

From the section and his crew, Jack and his wife received many gifts and well wishes for a happy and long retirement, and thanks for a job well done - Big style.

Your dog and you B.Y.O.B.

Registration papers, and what you should receive when you buy a purebred dog. I often find that a great deal of confusion exists among buyers over a dog's papers. This seems to be caused by Registration Certificates and pedigrees, so I'll try to sort them out here.

What is a pedigree? Every dog has a pedigree since it is simply a listing of the dog's parents, grandparents, etc., usually written out to five generations. The importance of a pedigree lies in who is listed on that pedigree. If you simply want a pet, a pedigree isn't of too much importance to you But if you want to breed, then it is all-important to know the dog's antecedents and bloodlines, so you know to whom to breed the dog for best results. So a pedigree is just a copy of the dog's family tree, and unfortunately it is only as good as the person who writes it out is honest.

If a pedigree shows a lot of champions in your dog's background, particularly parents and grandparents, you have a reasonably good chance of getting a puppy you will be proud to have join your family. His ancestors were obviously good specimens of their breed, and will probably pass on their characteristics to their offsprings.

What is involved in registration? First, in Canada, both parents must be registered with the Canadian are born, they are registered as a litter, and when the litter after this extra expense.

The last issue, I wrote about registration is completed, each member of the litter is registered individually, and issued with an individual registration certificate. When you buy a puppy, this certificate is returned to the C.K.C. to have your name entered as the owner, before you receive the certificate. This certificate is usually what people mean when they mention "papers".

Before any dog can be registered in Canada, it must be either nose-printed (similar to finger-painting) or tattooed. These prints or tattoo combinations are kept on the dog's file at the C.K.C. and are a permanent method of identification since no two noseprints are the same. Tattoo letters are issued by the C.K.C. and no two breeders have the same combination. So a dog can always be traced to it's breeder or owner, if the registration certificate is passed on with the dog, and transfers of ownership recorded. If a tattooed dog ends up in the dog pound, they are supposed to check with the C.K.C. for the dog's ownership. Unfortunately with the number of dogs running loose these days, the S.P.C.A. would have to be miracle workers to cope with the amount of paperwork required to find an owner who may not even notice that his dog is missing. Printing and tattooing are the responsibility of the breeder, since it is a prerequisite for Kennel Club. When puppies registration and the buyer should not be asked to look

Since you cannot refrain from drinking, why not start a saloon in your home? Be the only customer and you will not have to buy a licence. Give your wife \$55 to buy a case of in a case. Buy all of your cents a snort and in 12 days, when the case is gone. when the case is gone, your wife will have \$89 to put in the bank and will have \$55 to start up in business again.

If you live 10 years and continue to buy all your boose from your wife and then die in your boots from the snakes, your widow will have \$27,085.37 on deposit, enough to bury you respectfully, bring up your children, pay off the mortgage on the house, marry a decent man, and forget she ever knew you.

In Canadian Guiding, Rangers are aged 14 to 18.

Festive fire safety

Every year, fire turns the happy Christmas season into tragedy. Christmas fires occur because extra hazards are brought into the home. schools, and public buildings. A little knowledge of these hazards and how to prevent them, will help keep Christmas

safe from fire. CHRISTMAS TREES Remember that coniferous trees are very combustible. They ignite easily and burn furiously. When setting up your tree try and find the coolest spot in the house, away from fireplaces and heat

registers. Try not to block any exits or passageways, even if your tree should happen to

Cut the base of the tree at an angle at least one inch from the original cut. Watering it daily will help retard the drying out of the

Remove the tree as soon as possible after the holidays. The Base Fire Dept. will be picking up Christmas Trees from PMQ's on 2nd Jan. at 1300 hours.

LIGHTING

Use only standard electric lights bearing the labels of Underwriters Laboratories (U.L.) or Canadian Standards Association (CSA), Inspect your lights for frayed wiring and cracked insulation.

Use no-combustible, fire retardent, or flame proofed materials. When decorating, avoid hanging decorations over door castings and stairways.

IN CASE OF FIRE Get everyone out of the house immediately and call the Base Fire Dept. 339-

- Fire Prevention Bureau

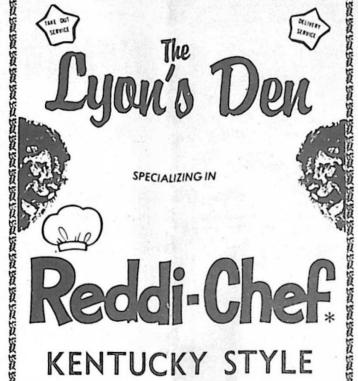
Library Report

The Library has purchased approximately 130 books. We have books for every taste. The new books should be ready for circulation by the time the New Year rolls in. In the meantime, while you are eagerly awaiting for these books here's a list of some of them:

Potato Printing; Complete Amateur Boat Building; Wild Flowers of B.C.; Complete Manual of Skin Diving; Brew It Yourself; Book of Bottle Collecting; Halfbreed; Joy of Sex; Yukon Calling; Sports Illustrated Badminton; Arthritics Cookbook; Hockey New Champions; Artifacts of the N.W. Coast Indians; Infantry Uniforms in Colour; Arts & Techniques of Soaring; Secrets of Winning Hockey; Snakes of Canada; Red Lights on the Prairies; Kamouraska (English); Home Book of Smoke Cooking Meat; World Encyclopaedia of Dogs; Pottery Making; Marilyn; Guinness Book of Records; Shells of the Pacific Coast; Model Railway Engines; Speaking Canadian English; Speaking Canadian French; Dinosaurs; Model Air-

Library Hours for the Christmas Holidays: Dec. 27: 12:30 to 14:00 and 19:00 to 20:30 Dec. 28: 12:30 to 14:00

Normal Library Hours Resume Jan. 3: Tues., Wed. & Thurs: 12:30 to 14:00 and 19:00 to 20:30 Friday: 12:30 to 14:00



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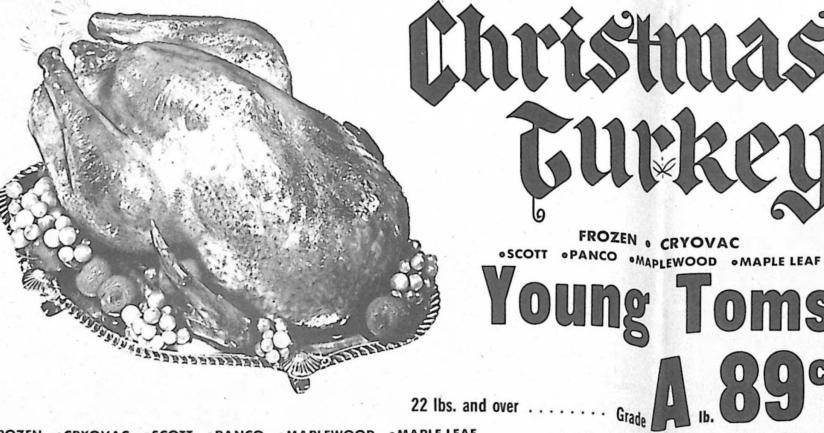
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WE RESERVE THE RIGHT TO LIMIT QUANTITIES

