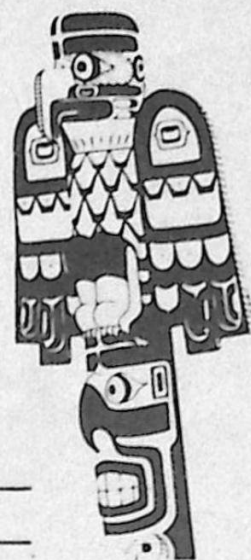


TOTEM TIMES

Totem Times implicated in Watergate scandal

VOL. 15 — NO. 9

CFB COMOX TOTEM TIMES Thursday, May 3, 1973



JOHN FOX INSTRUCTS a group of CFB Comox Sailing Club members in the techniques of sailing during the course held last weekend at Goose Spit. Photo by Gary Raindahl

Tests NATO suitability

AWACS deploys to Europe for tests

ENT AFB — The U.S. Air Force's Airborne Warning and Control System (AWACS) testbed aircraft took part in operation test flights in the Central European and Mediterranean areas.

Objectives of these flights were twofold:

- To demonstrate the potential of AWACS to increase the overall effectiveness of the existing NATO command and control system.

- To insure that AWACS capabilities are operationally suitable in this environment.

These tests and demonstrations began April 11 out of Ramstein AB, Germany. The aircraft returned to the United States April 30.

AWACS is being developed by the Air Force to fill a much-needed requirement for airborne surveillance and command and control for its air defense and tactical forces. Using a modified Boeing 707-320B topped by a 30-foot rotating rotodome, AWACS will employ a newly-developed radar system to detect and track aircraft flying at high altitudes over both land and water.

The Boeing Company is prime contractor to the U.S. Air Force Systems Command's Electronic Systems Division for the AWACS program. The radar, which will be able to "look down" and separate targets from ground clutter returns that confuse current radars, was developed by the Westinghouse Electric Corporation.

The AWACS radar system has been thoroughly tested in the western part of the United States, tracking fighter aircraft at all altitudes over sea and various types of terrain. Late last year the aircraft participated in the Joint Chiefs of Staff exercise Brave Shield III, greatly expanding the command and control capabilities of the friendly forces. AWACS visited Peterson Field, Colorado

Springs, last Dec. 10-13 to provide demonstration flights for the Aerospace Defense Command and North American Air Defense Command commanders to observe, first hand, the unique capabilities and potential of the AWACS deep radar surveillance and control systems.

The European-Mediterranean deployment represents the next phase of the AWACS operational testing.

New BComd named for Suffield

OTTAWA — Lt. Col. J. R. Beveridge, 43, Montreal, has been appointed commander of CFB Suffield, Alta., and promoted to the rank of colonel, effective Aug. 6.

Col. M. L. A. Weisman, 45, of North Bay, Ont., who has been base commander at Suffield since November 1967 will attend the National Defence College in Kingston this September.

Col Beveridge enrolled in the Canadian Army, regular force with the Canadian Officers Training contingent at Sir George Williams University, Montreal, in September, 1952.

A year later he was posted to the Royal Canadian Dragoons at Petawawa, Ont., and served with that unit until 1961, except for a one year stint at the Royal Canadian Armoured Corps School, Camp Borden in 1956-57. He attended The Canadian Army Staff College, Kingston, Ont., in 1961.

After staff appointments in Ottawa and with the United Nations Force in Cyprus, he became a squadron commander with 8 Canadian Hussars (Princess Louise's) in June 1965.

He served in Ottawa from December 1966 until he was named commanding officer of 8 Canadian Hussars in July 1971.

Names asked for flight safety award

OTTAWA (CFP) — Nominations are now being solicited for the James Martin award, presented annually to a British Commonwealth or NATO airman whose idea or deed has helped make military flying safer.

Since Canada's nomination must be forwarded to the guild of air pilots and navigators by July 27, fully documented citations from commands must reach NDHQ, attention DGAOTR, by July 6.

The award was instituted in 1969 to commemorate the Martin-Baker ejection seat which has saved more than 1,000 lives. The award recognizes acts of valour in military air-craft either on the ground or in the air.

Aircraft technicians are also eligible since significant modifications to aircraft, engines or instrumentation leading to increased safety in the air can be considered.

Hamilton AFB to reserves

Realignment affects USAF ADC units

HQ ADC — The Department of Defense announced April 17 274 military base realignment and reduction actions including a number that will affect the Aerospace Defense Command.

Foremost affecting ADC is the September conversion of Hamilton AFB, Calif., to an Air Force Reserve facility. Hamilton has been the home of the 84th Fighter Interceptor Squadron with the 4661st Air Base Group as a supporting unit. The 84th FIS is to move to Castle AFB, Calif., in late 1973. Hamilton itself will be an Air Force Reserve activity with the Western Air Force Reserve Region headquarters remaining there.

ADC military personnel involved in the action will be absorbed at other locations in the command or will be assigned elsewhere. Career and career-conditional civilian personnel will be afforded the full advantage of the Department of Defense program for stability of civilian employment.

Disposition of the ADC NCO Academy has not yet been decided. Other ADC locations are presently being considered.

Other ADC units affected by the fiscal year 1974 base closure and realignment package are the 4713th Defense Systems Evaluation Squadron and Detachment 2 of the 552nd Airborne Early Warning and Control Wing. The 4713th will move its squadron of EB-57 aircraft to Dover AFB, Del., from Westover AFB, Mass., which is slated to convert to an Air Force Reserve facility. Det. 2 of the 552nd is to move its EC-121 aircraft operations to Homestead AFB, Fla., from McCoy AFB, Fla., also slated for closure.

Other actions affecting the Aerospace Defense Command include the transfer of operational responsibility for Otis AFB, Mass., to the Massachusetts National Guard. Operational jurisdiction of that base was transferred from ADC to the Director of the Air National Guard in January of this year. It is the home of the 102nd Fighter Interceptor Wing (ANG) converting to F-106 Delta Dart aircraft. Another base closure due by September 1973 is Laredo AFB, Tex. That is an Air Training Command Pilot training base, but it also is the home of ADC's 14th Missile Warning Squadron, which operates the nation's sea launched ballistic missile (SLBM) warning system. The disposition of that squadron is still under study although it is considered capable of conducting its operations independent of the air base.

All of these actions are a part of the package released by Secretary of Defense Elliot L. Richardson which will result in a savings of approximately \$3.5 billion over the next 10 years. Some 42,000 military and civilian positions will be eliminated in 32 states. (ADCPs).

Canadian Padres aid Vietnamese orphans

SAIGON — The "biggest beggar" in Saigon got a charitable response from members of the Canadian Forces contingent with the International Commission of Control and Supervision in Vietnam.

Rev. Lucien Olivier, 70, originally from Levis, Que., said, "They call me the biggest beggar in Saigon, but it's for the good of the people."

Father Olivier, who left Canada 44 years ago for Saigon, runs the Redemptorist Orphanage in that city where about 800 children are cared for.

Maj. Maurice Labrie, also from Levis, a padre with the Canadian contingent marshalled the Canadian resources to help Father Olivier in his work.

Maj. Labrie who had heard of the priest's work before he left Canada, visited him after his arrival in Saigon and decided to help.

Donation boxes were placed in the Canadian pay office and outside the Canadian post office at nearby Tan Son Nhut air-base.

Medical Officer Maj. Jean-Paul Vezina of Quebec also gathered a variety of medical supplies for the orphanage.

Maj. David Estey of Dartmouth, N.S., also a padre, helped Maj. Labrie unload the supplies into Father Olivier's small office.

After the supplies had been delivered the paymaster, Capt. Raymond Dussault, Valcartier, Que., presented Father Olivier with the money that had been collected. Capt. Dussault had met the priest when Capt. Dussault was in Vietnam with the old International Control Commission in 1966.

The Canadian donation will also help support 100 families (Continued on page 6)

Exciting summer for 20,000 cadets

Activities galore are in store for 20,000 sea, army and air cadets during summer '73.

Sea Cadets will train at Halifax and Cornwallis, N.S., and Esquimalt and Comox, B.C.

Courses offered include seamanship, operations and watchkeeping, engine operation, communications, air technical trades, supply and administration, first aid, physical education, music, cooking and leadership.

A national sailing regatta, sponsored by the Navy League of Canada, involving 20 two-man crews, will be held at Burlington, Ont., from Aug. 25-26.

Exchange visits will be made between Canada and the United States, Britain, the Netherlands, Belgium, Sweden and West Germany.

For army cadets training will be offered at 14 locations across Canada. Exchange visits will be with Caribbean countries and Britain. Main training camps will be established at Gagetown, N.B.; Valcartier, Que.; Ipperwash, Ont.; Banff, Alta.; and Vernon, B.C.

The over-all program, involving about 9,000 cadets, includes courses in leadership, adventure training and orienteering, parachute training, mountaineering, instructional techniques, driver communications, survival training, band and rifle training, as well as sports and recreational activities.

Air cadets are slated to attend camps at Greenwood, N.S.; Bagotville, Que.; Trenton, Ont., and Penhold, Alta.

Selected air cadets receive pilot training at civilian flying clubs under a 'Flying Scholarship' program.

Air cadet exchange programs this year will be with Britain, the U.S.A., Austria, Israel, Germany, Belgium, France, the Netherlands, Norway, Portugal, Spain, Sweden and Switzerland.

Militia marches on Parliament hill

OTTAWA — Scarlet tunics, bearskin headdress and precision manoeuvres are all part of the military pageantry for this summer's changing the guard ceremony on Parliament Hill.

The centuries-old ceremony will be performed by the Canadian Forces Militia from June 24 through Labor Day, Sept. 3.

This summer marks the 15th consecutive year that the ceremony has taken place on Parliament Hill.

Again this year 120 guardsmen from Ottawa's

Governor General's Foot Guards and the Canadian Grenadier Guards from Montreal will perform daily at 10 a.m.

Bulk of the reservists are university students who spend a one-month training period at CFB Petawawa, Ont., before moving to their summer quarters in Ottawa.

The Royal Canadian Regiment Band from CFB Gagetown, N.B., the Royal Canadian Artillery Band, Montreal, and the Central Band of the Canadian Forces, Ottawa, will provide musical accompaniment on the Hill.



RECENTLY CMSGT. HARLEY E. ROBBINS, of the 425th Munitions Maintenance Squadron, was honored by being elected Vice President of the Sergeants' and Warrant Officers' Mess. As far as can be determined, this is the first time that this position has been held by an American at any Canadian Forces Base. Within six months Cmsgt. Robbins can expect to be upgraded to the position of President of the Mess.

Seen congratulating Cmsgt. Robbins on his recent selection are Col. D. W. McNicol and Warrant Officer Jack Ross, the current President of the mess. (CF Photo)

(Continued on page 2)



From 442 Sqn

OPS ODDITIES

The 442 Telestars took two individual trophies, with Jerry Delamont taking the High Single, and Stan Prime the High Triple. Apart from some mutterings about the statisticians being asleep at the switch, all went well on the lanes for the fungus bowlers this year.

FUTURE FEATURES

Saturday, the 26th, with prizes and a fish fry in the afternoon. Details are posted in the canteen.

The biggie for the summer will be the beach party with music, steaks, wine and refreshments all evening. Date for the event is Saturday, the 16th of June, so watch for the poster announcing details.

That's all the pickin's from the patch for this issue, except for a parting piece of advice for the "local CIA"; if ya wanta keep your powder dry, don't go near the Watergate.

Congratulations to all the marathon one and a half milers. It seems that everyone made it with minimum effort. There were some that found the last lap twice as long as the first, but they made it with a few short breaths to spare. It just goes to show that most people are in better shape than they realized. It's a good way to be, with all the summer activities coming up.

The BAMEO golf tournament last Friday was a great success with an excellent turn-out of about 80 participants. There were many holes replayed on the 10th green after the event. The shots got tougher as the contestants recouped their energies with ample refreshments. Some of the prize winners were Cpl. Mugs Mulligan, 1st, Capt. Gus Hay, Cpl. Hugh Knockwood and

It's been rumored by many that there seems to be quite a changeover in hospital personnel lately. In reality, it's just that many telephone directories have not been amended for such a long time that they seem to be new ... on paper.

There's an extra Sergeant wandering the hallowed halls of the hospital these days. For those not already in the know, Larry Cole is he. But, even with the added stripe, he still gets no respect ... from the fish. Still ain't caught any yet, right Skip?

FAREWELL ... to Capt. Shirley Begin on her way up to Holberg to try out her new umbrella.

WELCOME ... to Capt. Marg Antwis, our soon-to-be new Matron upon the departure, in May, of Maj. McAloon to Cold Lake. Marg comes to us from a tour of exchange duties with our bigger southern cousins. Quite a change for her to be sure.

NEEDLES & JABS
Who's this strange new M.O.? ...Dr. MacNaughton returns home, and to Sick Parade call, after many moons of absence on the Flight Surgeon's Course.

Sgt. Ed Velestuk is still, surprisingly, receiving sealed bids on his Supercar. Top bid so far - \$1.49 from the Dept. of Highways going halfers with the Dept. of the Environment (Litter & Pollution Control Branch).

Property values have taken

a sudden nose-dive in Comox. Reason: our two young female Dental Techs, P.J. and Marty Heinrichs, have moved in. Party, anyone?

Dunc McIlvenna, our new Hygiene Tech, has been watching too many Raid commercials lately. Recently, he checked his apartment block out for termites. Finding one crawling up the external wall, he ran over it with his car. Score: Termites - 1; Hygiene Tech - a zeroed car.

Our very own Spook - Bob Fraser - has been unanimously voted to be the first MALE centerfold in a forthcoming issue of that popular new magazine - The Geritol Generation ... for those who feel young - but aren't.

And why is our girl Med A Theresa Rolheiser smiling these days? And why is Cliff Andre so glassy-eyed? That engagement ring on her finger is blinding the hospital staff

NOT WEIGHTING AROUND ... Nursing Officer Capt. Monique LaFleur and MedA Cpl. Barb Friesen have recently asked for release due to sudden weight gains. Would 5 BX help?

And our one and only Pharmacist Capt. John Faddegon, presently taking leave before his retirement this summer, is rumored to be secretly taking a course in Pharmacy in preparation for his role in civilian life.

With meat prices being what they are these days, I'm surprised that one or two residents of the PMQs didn't take advantage of the opportunity we gave them last week. Imagine — probably well over a quarter of a million pounds of meat thundering aimlessly around in ever diminishing circles, completely unprotected save a stopwatch. A perfect rustling situation. All they had to do was wait until we were half way through the sixth lap and a rapid walk would have sufficed for overtake. I'm sure a few would have willingly given in to a well placed shot from a sledgehammer or, better yet, given them the names of those who didn't show up, since they represented some of the choicest beef.

Incidentally, both A and B squadrons weren't there in their entirety because CIB warned the Colonel that all that weight concentrated in one small ballpark would tilt the BX and God knows we wouldn't want anything to happen to our BX. Also 10 crews had to be kept in the war reserve vault should something unexpected have occurred during our absence.

The dust was flying and hooves were pounding till well after midnight as each crew was released to parlay their pounds for six times around. Once again ADC has proven that theirs are the finest aircrew in ADC.

When we do this trick again, try and team up with Tom Murray or Stu Living. Tom laughs and giggles and counts laps with the skill of a two fingered illiterate while Stu lopes around with the gusto of a 30-year-old car which has failed to qualify for a

demolition derby. Stu says he's practising for retirement at which time he's taking employment as an Edsel salesman with the Firenza as his second line. Stay clear of Rick St. Germain, though. Rick races around the track like a man who has just consumed 25 gallons of Mexican water and is in search of a privy.

While most of the guys were lying supine on the grass practising natural birth deep breathing exercises, Ken Carr and Jack Langille held the annual Mighty Mouse Speedster Sprintoff. Ken edged out Jack this year but it seems that there was some foul play at the starting line. Ken apparently tied Jack's jock to the passing shorts of Les Cox who seemed to have lost something on the track on his first lap and slowed down for the remaining laps in order to conduct a more thorough search. Anyway, Jack went southbound, his jock went northbound and Les found what he was looking for. Next comes survival - now that's an exercise in human endurance and physical composition.

Rog Lamothe is off to Baguville come September where his talents will be utilized by the OTU. They wanted him in June but Rog, being the clever devil that he is, persuaded them to postpone his arrival till he can take delivery of the 225,000 remote computers he has on order. He's hoping to flog them to the OTU pupes for a buck apiece to help defray the cost of outfitting Louise and himself with flack suits and some suitable protection against visiting Nighthawk relief teams. He's planning on keeping the old Ford so that

he'll look like a local but he's trading the Volvo for an Army half track to drive to and from the "Sag" on Friday nights. It should be interesting at the round point at about three in the morning.

Dan and Claudine Baker are preparing for their up and coming move to SAC headquarters in Omaha, Nebraska. They're on their way back to the land where margarine eaters wear crowns and bulls bear down on beer drinkers. It's not necessary to say how much they'll be missed — even the Volkswagen dealer has promised to send flowers. Knowing how much Dan enjoys SAC weenies and hence how enthusiastic he is about his future assignment we dedicate the following:

AN ODE TO DANIEL, SIMON

Daniel Simon met a SAC man taking to the air;
 Said Daniel Simon to the SAC man, "Hey, dumrny, wanna buy some genuine Hudson Bay underwear?"
 Said the SAC man to Daniel Simon, "Please so, Sir, have thee pairs for all?"
 Said Daniel Simon to the SAC man, "I'll see what I can find to fit – the asses in SAC seem so small."
 Said the SAC man to Daniel Simon, "From which command come you? I recognize the shoulder bars but not the Air Force blue."
 Said Daniel Simon to the SAC man "I'm not what I may seem – I'm really a Yank with American rank on a suit of Canadian green. I've come from the land known for ice and snow; where whiskey's drank and the friendship's aglow; where fighter pilots always get their hack and there is no goddamned command known as SAC."

(Continued from page 1)
universities on an equal basis
with men.

Mr. Speaker: Order, please. The hon. member has a supplementary and he will be recognized for that purpose. I believe the Minister of State seeks the floor on a point of order but I will first recognize the hon. member.

Mr. Hees: Mr. Speaker, I was not referring to those who wish to upgrade their education and are allowed to go to university because they do not get these advantages at all. As a graduate of RMC I can tell the minister that women would be very welcome at these colleges.

Mr. Speaker: The Minister of State on a point of order.

entry in the annual Nanaimo Bathub Derby are progressing very favorably. The craft is superbly built by the expertise of Mr. Len Willing of Base Workshops - with lots of expert help and advice from various sources. The Air Force Beach boat launching ramp is now operational and looks like it will be suitable for boat launching at even the lowest tide. There's only one problem left and that's the few large rocks that are just below the surface at medium tide. If you're not familiar with the area keep a sharp look-out and go easy on the throttle until you are well out in deep water.

(Continued on page 3)

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CFB Suffield natural gas source

OTTAWA (CFP) — The Defence Department and the Alberta Government have been negotiating a plan which will permit the province to explore and develop natural gas resources at CFB Suffield.

Alberta's Premier Peter Lougheed announced in the Legislature Mar. 14 that it was estimated that the Suffield range might hold enough gas to supply the combined population of 900,000 in Edmonton and Calgary with enough gas for the next 200 years.

"The Government of Alberta has now identified the Suffield block (comprising 1,000 square miles) as a potential undeveloped natural gas reserve. Preliminary geological mapping indicates the possibility of over four trillion cubic feet of natural gas," Premier Lougheed said.

As a result of the report on which his estimate was based, Premier Lougheed said, "Negotiations between the government of the Province of Alberta and the Federal Government in Ottawa for the development of the non-renewable resources of the Suffield block are progressing most favorably, through the Provincial Department of Federal and Intergovernmental Affairs."

"The Federal Government is co-operating in every way and it appears there will be no significant problems in obtaining access for the purpose of exploration and production," he added.

Frank D. Millar, director general Properties and Utilities, DND, told CFP that discussions have been going on over a period of months in Ottawa and Edmonton, between DND, the provincial government and Col. M. L. Wiseman, commander of the base.

The program calls for drilling more than 70 wells, about 23 this summer, followed by 54 wells on the remainder of the block after the 1973 summer military program has been completed.

He said that it is anticipated that there will be no interruption of military activities caused by the program.

Premier Lougheed explained that the citizens of Alberta are experiencing a drainage loss of gas under the range because of competitive operations on lands adjacent to Suffield.

The Premier said, "By 1975 the total drainage losses in terms of natural gas will have reached \$3,550,000 with annual losses thereafter totalling \$2,200,000. This loss can be curtailed by fully developing block production adjacent to the presently producing natural gas properties."

Personnel on release are MCpl. Ed Chernaski, and Cpl. Al Milner of Base Workshops, Cpl. J.F. Plant from RS Labs and Pte. Burt Mazerall from Servicing. We wish them all the best on their venture into civvy street.

Cpl. Vern Evers is heading for the valley of gold - better known as Val d'Or, P.Q. A good place to go prospecting, Vern with the price of gold topping \$90 an ounce. If you don't find a gold mine, you can enjoy the scenery.



COMOX VALLEY SNOW QUEEN, Jeannette Bryant, draws one of the six tickets for the Credit Union Savers' Game contest while Comox Canadian Forces Credit Union Manager Rick Kellow beams his approval. The tickets went into a final draw and the car was won by a Campbell River woman.

Savers' Game Results

On Friday last, the Comox Valley Snow Queen, Miss Jeannette Bryant, graced the Credit Union Office and drew out our six tickets for the automobile being offered as a prize in the Credit Union Savers' Game.

The names that were drawn are as follows: E. R. Miller, PMQ 101A; J. Yager, Box 122, Lazo; B. A. Morris, 1622 Arbutus Comox; J. A. Turcotte, CFB Comox; A. W. Sheppard 325 Rodello,

Comox; and A. Siberski, Box 226, Lazo.

These names were placed into the draw box along with tickets from the many other participating Credit Unions and the winner was Mrs. Phillips of the Campbell River District Credit Union.

To all of those who participated we wish to extend our sincere thanks. Your savings are the stuff of which our growth is made.

Gordons reunite May 25-27

The Canadian Scottish Regiment (Princess Mary's) will hold a reunion in Victoria May 25 - 27 to commemorate the 60th anniversary of the 50th Gordons.

The 50th Gordons formed the Victoria contingent which travelled to Valcartier, Que. in 1913 as part of the 16th Battalion Canadian Scottish along with the Argylls and Sutherland Highlanders, the Seaforth Highlanders and the Cameron Highlanders.

This battalion became known as the "fighting 16th" and won four Victoria Crosses during World War I. After the war, the battalion became the Canadian Scottish Regiment (Princess Mary's), a reserve unit of Victoria.

The reunion will include such ceremonies as the Freedom of the City observance, a regimental ball, church service, wreath laying, shooting competitions and numerous social functions. All ex-members of the Canadian Scottish are welcome. Further details may be obtained from the Bay Street Armouries, Victoria, B.C. Telephone: 384-8718.

19 shows

Snowbirds' schedule

OTTAWA (CFP) — Canadian Forces' precision flying team, the Snowbirds, from CFB Moose Jaw, Sask., will perform at four major air shows across Canada this summer.

Their first engagement is at Abbotsford, B.C., Aug. 10 - 12, for the 12th annual International Air Show.

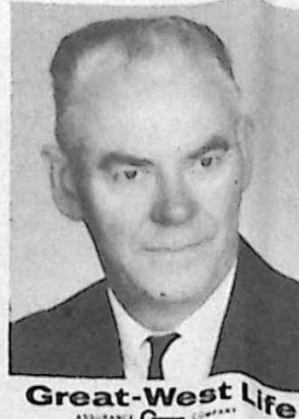
Hopping to Prince Edward Island the formation demonstration team will appear Aug. 19 at CFB Summerside in conjunction with that province's centennial celebrations.

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What MPs ask

OTTAWA (CFP) — The following are extracts from Hansard:

MQ RENTS

Mr. J.M. Forrestall (Dartmouth-Halifax East); Mr. Speaker, I wish to ask a question that is supplementary or related to an earlier one. About five or six weeks ago I asked the Minister of National Defence whether he would review with his colleagues the question of rent increases for Canadian Armed Forces married quarters, with a view to attempting to hold the line with respect to inflation. Has he had an opportunity to review this matter and can he give us some word about his conclusion?

Hon. James Richardson (Minister of National Defence): Mr. Speaker, we have carefully considered rent increases for permanent married quarters and, generally speaking, they are consistent with the rates in what is called "civvy" street, or the private sector.

VIETNAM PAY
Mr. Walter Baker (Grenville-Carleton): Mr. Speaker, I should like to direct a question to the Minister of National Defence. In view of the fact that the Department of National Defence personnel are working as long hours and under conditions that are as dangerous as the conditions under which employees of the Department of External Affairs are working in Viet Nam, is the minister going to announce an increase in pay rates for the defence personnel equal to that paid to external affairs and other civilian personnel serving in Viet Nam?

Hon. James Richardson (Minister of National Defence): Mr. Speaker, the arrangements for foreign service pay are determined by the Treasury Board, not directly by the Department of National Defence or the Department of External Affairs.

Mr. Baker: Would the minister care to enlighten the House now as to what the minister's recommendations are to the Treasury Board with respect to this matter and with respect to pay for Department of National Defence personnel equal to that of members of the Public Service of Canada?

Mr. Richardson: Broadly speaking, we have achieved equality of pay for the armed

forces and the public service. When we look at something specific, such as the matter mentioned by the hon. member, foreign service allowances, we have to consider other elements in the total package of allowances and benefits. We have to look at the pension plan, at housing conditions and even medical care. There is a lot in the package that has to be weighed, not just one item.

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Service Air

The Canadian Armed Forces are running the third largest airline in the country. At least, that is what a recent story in one of the Ottawa dailies would have you believe.

The story results from a series of written questions asked in the House of Commons with regard to Canadian Forces transatlantic airlift capacity, duty and non-duty travel, and whether or not the two largest airlines had been given the opportunity to tender on these flights.

The questions and the story gave the impression that, firstly, we should not be in the airlift business and secondly, non-duty travel is a no no.

The answer to the first is very clear -- there is just no other way. We have troops stationed around the world as well as in many isolated parts of Canada. They all rely heavily on air support for supplies and rotation of personnel. If we still used the Dakota and the North Star there would probably be no complaints, since they are not what is called a luxurious flying machine. However, now that we have caught up with the commercial airlines and many foreign armed services in acquiring modern equipment such as the Boeing 707, there are cries of foul.

These segments of the population are of the belief that we are taking business away from the airlines. To this we say if they can do it better let's let them. If the airlines can have aircraft available around the clock on a standby basis let them. If they can obtain the crews with the global experience let's let them. If the airlines would like to take on the job of refueling our CF-5s let's let them. If the airlines want to fly into deserted arctic strips let's let them.

However, to date, the airlines have made no such overtures. They know better. They know that they couldn't compete in this kind of operation. The armed forces do it well and no civil outfit could come in and do it better. It takes a lot of irregular hours on behalf of the groundcrew and decades of expertise, built up on countless operations and exercises, by the pilots and operations staff.

Some figures were also released on the number of non-duty seats used in the past several years. It is forgotten that the servicemen go where he is posted, be it Ottawa or Lahr or Cape Perry. He is taken away from his many friends and relatives with no questions asked. Surely we can send him and his family home once in awhile when he is on leave. It is always on a space available basis and in fact, is somewhat similar though inferior to the plan used by most airlines for their employees.

Another item often forgotten here is that the serviceman is actually paying for these flights. They were included in the fringe benefits section of the pay package when it was worked out to bring equality with the civil service.

We'll probably hear about the service airlift again next year. Let's hope they have some better arguments then. Air Transport Command provides a needed service with efficiency and professionalism.

The servicemen are proud to be passengers whether on duty or on leave.

Courtesy The Falcon

Boswell Picks a Poem

DOVER BEACH

The sea is calm to-night.
The tide is full, the moon lies fair
Upon the straits; - on the French coast the light
Glimmers and is gone; the cliffs of England stand
Glimmering and vast, out in the tranquil bay.

Come to the window, sweet is the night-air!
Only, from the long line of spray
Where the sea meets the moon-blanch'd land,
Listen! you hear the grating roar
Of pebbles which the waves draw back, and fling,
At their return, up the high strand.
Begin, and cease, and then again begin,
With tremulous cadence slow, and bring
The eternal note of sadness in.

Sophocles long ago
Heard it on the Aegean, and it brought
Into his mind the turbid ebb and flow,
Of human misery; we
Find also in the sound a thought,
Hearing it by this distant northern sea.

The Sea of Faith
Was once, too, at the full, and round earth's shore
Lay like the folds of a bright girdle furled.
But now I only hear
Its melancholy, long, withdrawing roar,
Retreating, to the breath
Of the night-wind, down the vast edges drear
And naked shingles of the world.

Ah, love, let us be true
To one another! for the world, which seems
To lie before us like a land of dreams,
So various, so beautiful, so new,
Hath really neither joy, nor love, nor light,
Nor certitude, nor peace, nor help for pain;
And we are here as on a darkling plain
Swept with confused alarms of struggle and flight,
Where ignorant armies clash by night.

Matthew Arnold

TOTEM TIMES

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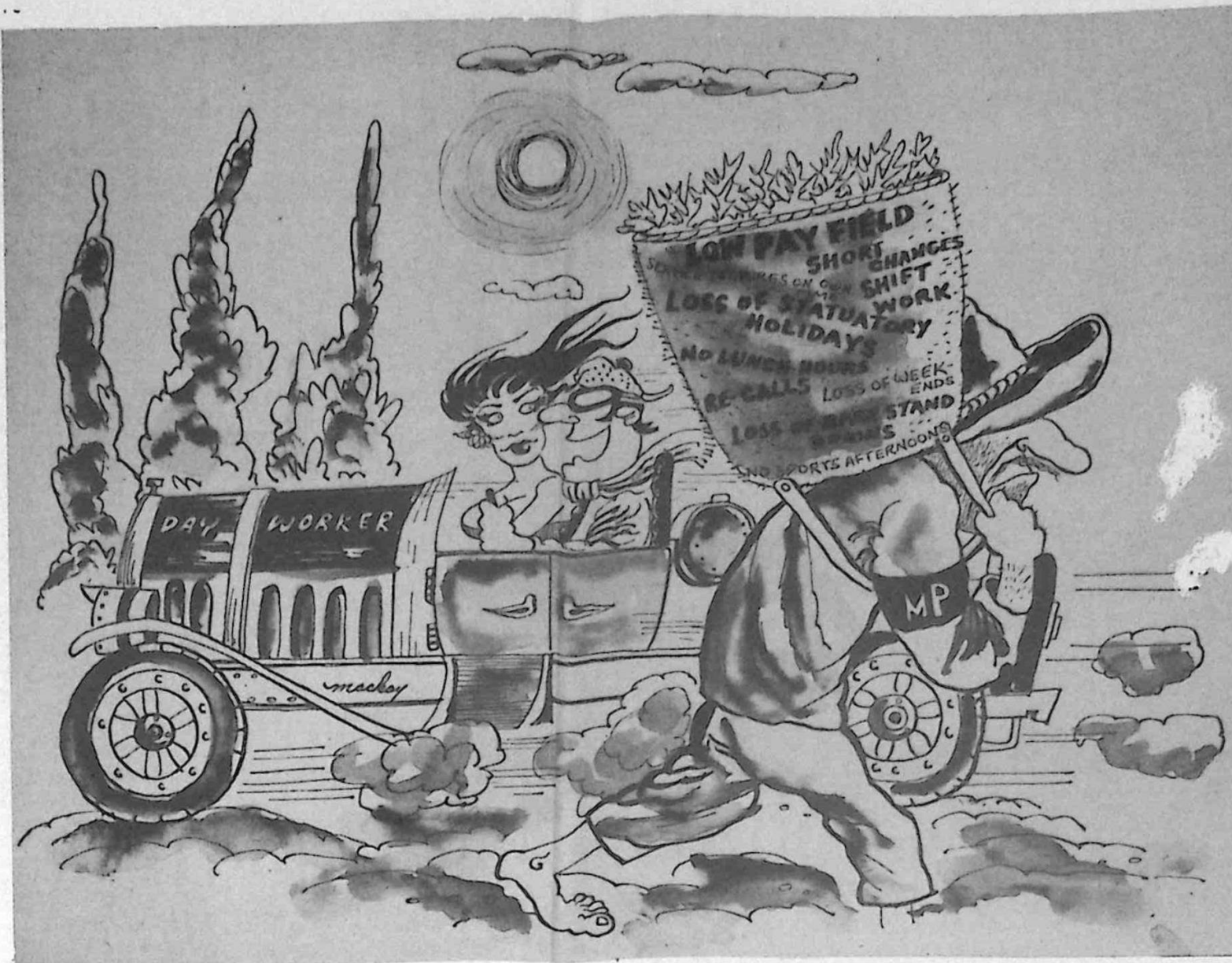
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"Ignore heem Senorita, 'e is jus' wan of thee local peons!"

Neighbours

We had recently moved into a new house. That is to say, it was a new house to us while in actual fact it was an "older home" as it had been built in the year I was born. We were, of course, still excited over finally buying a place of our own, a house which we could make into a home, and one which seemed to suit us completely.

It wasn't long before we met our neighbours, almost all of them at any rate. They are a great bunch of people, this microcosm of the greater Canadian whole, and like many communities in British Columbia, they are representative of other parts of Canada. We value this in our acquaintanceships, for when I talk over the back fence with Mr. Clark, and I witness the lines of age in his octogenarian face, the "crows feet" of humour about his clear blue eyes, the ease of his laugh, and the homeliness of his philosophy, I appreciate again the years he spent homesteading at Yorkton, his service in two World Wars, his deep and abiding human decency, and I seem to understand him better.

Across the lane from ourselves and Mr. Clark live the Bjarnassons. Retired from Gimli and fiercely proud of their Icelandic heritage, their clear blue eyes seem to reflect the many winters spent on the wind swept prairie, the ice of Lake Winnipeg, and the strain of their Viking blood. Wonderful people. Raised a wonderful family of boys and girls who congregate regularly with some fine looking grandchildren. Good neighbours.

I won't enumerate them all, that might be tedious, although there is nothing tedious about any one of them, taken individually. We seem to share mutual respect whether it be because of our interest in our gardens involving the trading back and forth of plants, or our instinctive desire to do as well as we

can for each other and the neighbourhood. Age differences are a bond rather than a barrier and a deep love of nature exists in each household, that is, almost each household.

I have forgotten one neighbour's name and that is understandable as I've only talked with him once, but I think of him as the "bear hunter". It came about this way. I noticed he worked in his garage a lot, doing repairs to cars. I admire such skills immensely as I admire the ingenuity of both man and machine. One evening when I heard him working away I strolled over and we had a yarn.

He was working on his hunting van and all he wanted to talk about was hunting; the trips he takes into the interior and the animals he has killed. This was hardly ground of mutual interest for my wife and I are conservationists; but I let him talk without interruption as I was interested in what he might have to say.

After relating in eager but unsolicited detail about the big game he goes after, and the trophies he has gathered, he seemed almost to drool in anticipation of the hunt yet to come. One story remains in my mind, however, above all others that he told that night.

They had been hunting up in the interior and had made camp deep in the wilderness. One morning he had gone berry picking and the fineness of the day, the warmth of the sun, and the bounty of his harvest led him farther and farther from the camp.

He had left his gun behind as he was not expecting to see any game near the campsite. Gradually he wandered farther than he had intended and his step was silent on the thick moss and grass.

Suddenly he turned a corner and there, rolling in a sunlit glade was an albino bear with her cub. She was snow white, as white as a polar bear, and so was the cub. He watched for a long moment and silently cursed his ill luck at being without his high powered rifle. God, how he wanted to shoot that bear! A rarity like that for a trophy would be the envy of his pals for a long time to come.

The white bear saw him. Fifty feet separated them, and they stared at each other across the distance. He told me he could think of only one thing and that was to rush back to camp, to get his rifle and the others and to hunt and kill that white bear. Slowly he backed away while the bear gathered her cub beneath her and they too backed into the underbrush across the glade. Then he turned and ran, he ran as hard as he could until, panting and shouting, he reached the camp and organized the subsequent hunt.

My neighbour, the bear hunter, was still disappointed as he related the episode of the white bear and her cub, the rarest of trophies, which eluded him and his brother hunters that afternoon. They never saw her again.

I returned home that evening somewhat downcast myself. I was depressed by the thought of what he had intended to do and the relish with which he told it, and it bothers me still.

I haven't sought his company since, and even if time and circumstances allowed it, I don't think I would.

In the meantime, the neighborhood children grow up, the gardeners trade plants, the backyard bird feeders and bird baths are kept filled, while in juxtaposition, just down the lane the noises of tinkering on the infernal tumbrel occasionally assault the soft evening air.

Dear Uncle Al

Dear Uncle Al:

A few weeks ago, a very attractive young lady and I were sitting together at a little intimate dinner party for 120 couples. Being the suave debonair type, I immediately won her attention by spilling my soup on her dress. With an opening like this, I knew that striking up an acquaintance would be quite simple.

Knowing this, I immediately won her admiration with a few lightning quick conversational gambits concerning the weather, the trials of a fighter's lot and women's lib. To save the evening from my attempts at conversation, we traded a few riddles back and forth. Unfortunately, she figured out my stoppers about the fireman's red suspenders. With equal misfortune, she asked me the answers to a riddle. I urgently request your assistance in this matter as she will not talk to me until I come up with the answer.

Sincerely yours,
The Connecticut Yankee

The last trumpet call had finally been blown and God decided to have a party to welcome all the new souls to Heaven. He wanted Adam and Eve on the welcoming committee and sent Saint Peter out to fetch them. After searching for a few hours, Saint Peter ran into Sherlock Holmes and told him the problem.

"How can I ever find Adam and Eve without asking everyone in Heaven? In our perfect innocence and lovely climate (much like BC), no one wears name tags or even clothes."

"Elementary, my dear Saint Peter," replied the famous detective. "A simple bit of deduction and I'll have them here in 10 minutes."

True to his word, the sagacious sleuth produced the sun loving pair ten minutes later. Saint Peter was as overjoyed as he was curious. "How in Heaven did you ever find them, Sherlock?"

How did Sherlock find them?

Dear Con:

This riddle I find puzzling. Give me a couple of weeks and I'll try to find the answer to it.

Uncle Al

Education

POST SECONDARY EDUCATION IN THE COMOX AREA

The response to last issue's article dealing with post-secondary education in the Comox area has been encouraging but not overwhelming. Thus far, indications are that there are enough applicants to justify one subject being taught locally and possibly two. Probably a lot of people are sitting back waiting to see what the response will be before they make a commitment. Let us point out that we are only in the preliminary stages and the questionnaires, available at the BITO's office, do not commit anyone. There is no obligation and we are not asking you to lay money on the line - yet! Get those questionnaires in prior to May 15.

THE EX-SERVICEMAN'S EDUCATION

The recent proposals by the University of Manitoba in the field of education for service personnel bring to light the point that many military men have been trying to make for years - that some military training and experience does relate directly to university training. Educational institutions in the United States have recognized this for years and in some state universities, service personnel are given one or more years' university credit depending on their military training and experience. Of course, the renowned "GI Bill of Rights" also provides funds to help ex-military personnel complete university or trades training after they have completed their fixed-term of service.

The Canadian military, on the other hand, offers subsidized university training to a select few under such plans as ROTP, UTPM and UTPO in return for a period of obligatory service. But the Canadian service person who retires or leaves the military after a fixed term of service, is left to fend for himself or accept the hand-outs of Canada Manpower. After release, the military in effect passes the buck to another government department. Canada Manpower do offer some re-training schemes, but only up to 52 weeks of non-university training is allowed. A member of the military, who is fortunate enough to receive subsidized university training under ROTP, UTPM or UTPO must serve up to five years after graduation, and only then he may leave the service without penalty. Many do.

What about the Canadian service person who has put in 15 or more years of faithful service? Why couldn't he receive subsidized university or trades training - in arrears? For argument's sake, let's say two semesters for each five years of service up to a maximum of eight semesters. The hierarchy may argue that the military wouldn't reap the benefits of such a programme. But the point is that the service now releases personnel at the apex of their mature adult life into the already crowded civilian labour market. How much better it would be for the individual and the country as a whole if these persons were given the training and educational opportunities their military service and abilities deserve. The Federal government already puts many millions of dollars into schemes as such: Opportunities for Youth, student summer travel, etc. - not to mention unemployment insurance and welfare. Why not a few dollars invested in ex-serviceman's training with an almost guaranteed return? What do you think?

CREATIVE-JOB-SEARCH DISCUSSION

One of the most potent and successful methods for finding a job is called "creative job-search technique". This is a proven program which has been in existence since 1962.

At Victoria, which is where creative job-search technique was first tried in Canada, many people have completed this programme and follow up on the first 100 participants indicated a 73 per cent success rate. This is not bad in a tight labour market such as Victoria which, when the follow up survey took place, had an 11 per cent unemployment rate. Statistics from the Victoria questionnaire revealed that of the 73 per cent who were successful - 88 per cent found work on their own, eight per cent found work via Canada Manpower and four per cent via a union.

Canada Manpower at Courtenay, in conjunction with the CFB Comox BPSO, will be presenting a programme on creative job-search technique on the 8th and 15th of May, 1973. The presentation will be held at 1930 each evening in room 400 at Vanier High School.

All persons (military or civilian) who expect to be looking for a job within the next year or so are urged to attend both sessions. The first session is introductory and is a prerequisite for the second session.

For further information contact the BITO at Local 469.

Letters

Shift or shiftless?

Dear Sir:

I write this letter in reply to that one which was written by N.O. Einstein. Although I do not intend to get into a mathematical battle with the Einstein about the number of days off or leave one gets in a year, I'm sure if he counts up his total number of days off to ours he will find out we end up on the "short end of the stick." He has to take into consideration, of course, that our positions must be manned twenty four hours a day.

To me the main point about this whole issue is that of compensation. Shift-workers in civilian life are given more pay or some other benefits for working shifts to make it more appealing. However, we suffer the same disruptions in life as our counterparts. The variation of times in meals and sleep are only two. Many more points could be brought to light about the trouble of shift work, although it seems fruitless in doing so.

I do not think anybody should complain about the few benefits any shift worker gets. As far as I'm concerned we get far too little now.

There's only one more question I would like to ask, "Mister Einstein, do you work shifts?"

Cpl. Whynacht, S.H.
M.P.

A quiz

How are your reactions?

A little girl in Vancouver ran to her father and told him that her playmate had fallen into a nearby swimming pool. The man dashed to the pool, dove in and pulled the child to the surface from a depth of eight feet. He applied mouth-to-mouth resuscitation until breathing was restored. The child was saved.

Tragedy was averted by instant action.

Unfortunately, spontaneous reactions aren't always the right ones.

In Toronto, a little girl slipped off a rock into a creek. Without thinking, her three brothers, one after the other, jumped in to save her. Not one of them could swim, and all four drowned.

A camper tried to douse a spreading woods fire with what he thought was water. It turned out to be gasoline. He suffered serious burns.

A Calgary couple, returning from an evening shopping trip, smelled gas as they entered their home. The husband's immediate reaction was to turn on a light. The spark from the light switch set off an explosion.

Your first reaction in an emergency could be deadly. By thinking first and acting later, you may avoid complicating an accident situation or, better yet, keep an accident from happening. You can't always trust your impulses in a crisis.

Your best bet is to remain calm long enough to be sure your immediate response is a reasonable reaction.

Following are 16 situations based on common accidents. Spur-of-the-moment action could be a decisive factor — for better or worse.

In most the reaction is wrong. In a few, the instant action taken is proper. Brackets indicate the action

in question. See if you recognize which are correct and which are incorrect actions. Do you know the reasons why?

Answers are on page 7

1. A man was awakened in the middle of the night by the smell of smoke. He found his living room sofa burning. (Getting a fire extinguisher, he began using it on the fire)

2. A woman found her husband, who had been cleaning up broken limbs around their farm home after a severe windstorm, lying in the yard with a downed service wire touching him. (She ran back into the house, grabbed a broom and used it to move the wire away from her husband). She then gave him mouth-to-mouth resuscitation.

3. When a woman returned from putting a load of clothes into a basement washing machine, she found a skillet of grease in flames. (She grabbed a pan of water from another burner and poured it on the fire).

4. As a man approached a stop sign, he felt his car start to skid. (He immediately applied his brakes, releasing them after an instant, then braked again, then released them. He repeated this on-off braking process several times).

5. A woman found her young daughter coughing and a bottle of some kind of cleanser lying open on the floor near her. The woman knelt and (stuck her finger down the girl's throat to induce vomiting).

6. A hunter was bitten by a snake. Before attempting any kind of first aid, the man's companion (gave the victim a slug of whiskey).

7. A woman was choking on a piece of meat in a restaurant. A waiter saw what was happening, (hurried to her and firmly slapped her on the back several times).

8. A picnicking couple saw a girl struggling in the water a short distance from shore. (They emptied their large thermos jug and replaced the lid, then threw it to the girl).

9. A man driving on an icy road felt the rear of his car start to slide to the right. (He quickly turned the steering wheel to the left to whip the car out of the skid).

10. A skater fell through the ice. (He immediately grabbed the broken edges of the ice and tried to hoist himself up).

11. An elderly man stumbled on a broken sidewalk and fell. Two passersby (rushed to his aid and lifted him back to his feet again).

12. A driver felt his right wheels slip off the pavement onto the gravelly shoulder. (Instantly he turned hard to the left and accelerated) to get back on the road.

13. A man in a fourth floor hotel room awoke to find the building on fire. (He wet some towels and stuffed them into openings under the door). Then he raised the window and stayed near it.

14. A man was driving about 65 miles an hour when his right front tire blew out. (He immediately slammed on the brakes).

15. A gasoline explosion in a garage set a mechanic's clothes on fire. (He started running, shouting for help).

16. A woman's feet slipped out from under her on an icy sidewalk. (She tensed her muscles and tried to break the fall with an extended arm.)

(Answers on page 7)



TWO YOUNG ART ENTHUSIASTS examine a painting of an Argus over Comox Glacier by Ivy Morand. The painting was one of many at a recent Golden Palette Art Club exhibit at the PMQ School.

(Comox District Free Press Photo)

Billet doux for the MPs

OTTAWA (CFP) — Anyone who has entered the front door of "A" Building at NDHQ in recent times will appreciate there is a fairly standard identification procedure. As each person enters, a sharp-eyed military policeman checks his or her identification card. It's a simple enough procedure. A quick glance by the MP at the face of the individual and a confirming look at the photo on the ID card. It's routine enough that anything more than a glance by the trained MP is a sure indication that something isn't right.

Because of the identification requirement, many of the men carry their ID cards in the familiar blue plastic folders that slip neatly into the back pocket.

Now, consider the young officer who dutifully whipped out his plastic folder and flipped it open to display his ID card to the MP.

The MP fixed his eyes on the folder and didn't look up. The officer, after due delay, turned the folder to find the reason.

To the officer's dismay he found his wife had inserted a note over the face of his ID card — obviously intended for his eyes only. It read: "I love you"

A bargain or bomb?

Don't let skyrocketing food prices lead you to pick a bomb instead of a bargain. The B.C. Safety Council recommends that you check all cans of food carefully for signs of potential botulism. Here are some warning symptoms:

Swelling or bulging of can sides.

Rusting. Leaking or deep denting. Peculiar odor.

With today's strong, efficient packaging your chances of botulism poisoning are one hundred to one — but who wants to be that one?

Art show draws crowd

Once again the Golden Palette Art Club has held a successful exhibit. Hundreds of art lovers and critics came out to view over 170 oil paintings, being displayed at the Airport School gymnasium on April 14th and 15th.

The annual spring exhibit was set up in an interesting manner with groups of easels, displaying the local scenes, dramatic still lifes, portraits, and seascapes, with "Coup de maître" from our professionals, as well as our amateur painters.

The "Young Artists" corner was an excellent arrangement of art and certainly interested all who attended. Another

added attraction this year was the "Timed Specials" a different painting put on special every half hour for a fifteen minute period.

The Golden Palette Art Club has 22 confident artists, whose enthusiasm will take them through another exhibit this year, possibly two or more field trips and outdoor painting, as well as lectures on other interesting art topics. The executive members are always busy finding new and exciting activities for their members.

New memberships will be accepted in the fall for anyone interested in our hobby.

Chapel Chimes

RC Chapel

Father Joseph A. Borg — Base Chaplain (RC) Telephone No. 339-2211 Loc. 273

MASS: Saturday, 7:00 p.m. Sunday Vigil Mass (Folk Mass); Sunday 9:30 and 11:00 A.M.

WEEKDAYS: Tuesday — 7:00 p.m. in private homes (except when CWL meets); Friday — 10:00 a.m. in the Chapel.

On other days Father Borg will celebrate Mass on request.

SACRAMENT OF PENANCE: Before Mass on Saturday from 6:30 to 7:00 p.m. and before other Masses.

BAPTISM: By appointment. Whenever possible on the third Sunday of the month at 1:30 p.m. On other Sundays for a good reason.

CATHOLIC WOMEN'S LEAGUE: The regular meeting of the CWL will take place on Tuesday, 8th of May in the Parish Hall following 7:30 Mass. All ladies welcome, come out and bring a friend.

INSTALLATION OF NEW OFFICERS OF CWL COUNCIL: There will be the Installation of New Officers of Our Lady of the Airways CWL Council, CFB Comox, B.C. at the Sunday Vigil Mass on the 5th of May at 7:00 p.m. Everybody is welcome to attend this beautiful ceremony.

FOLSS: There will be a Folk Mass celebrated on Saturday, 5th of May at 7:00 p.m. in the Chapel.

PARISH COUNCIL: The regular meeting of the Parish Council — Chapel Committee meeting will be postponed until Sunday, May 20th at 1300 hours in the Parish Hall.

PROTESTANT CHAPEL

R. J. Ritchie - Base Chaplain (P) Telephone No. 339-2211 Loc. 273.

6 May 1973

11:00 a.m. - Divine Worship - Guest Minister will be The Reverend Bob Garvin of Port Alberni.

13 May, 1973

11:00 a.m. - Mother's Day - Family Service. Come and worship as a family.

NOTE: No Sunday School this Sunday.

15 May, 1973

8:00 p.m. - Ladies Guild - This will be a work meeting. Come and join in the work and fellowship.

Advance Notice: - Protestant and Roman Catholic Congregational Picnic - Date: 27 May - Time: 1300 hours. Place: Airforce Beach. Keep this date open for family fun.

DID YOU GO AND DO IT AGAIN?

Did you unwittingly and unnecessarily pay too many income tax dollars last year to the federal and provincial tax collectors?

START NOW PLANNING FOR '73 SAVINGS

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Hatch o' the Patch

Monday's Bingo saw the return of 95 people to the Totem Lounge for another evening of PMQ-sponsored fun and games. More words about future Bingos in upcoming issues of the Totem Times.

Well, we cajoled, pleaded and generally made known the fact that we were in dire need of support for kids' baseball.

At the ball meeting two weeks ago, save for the kids themselves, there weren't enough people for two tables of bridge. In the pee wee division alone there were 121 enrolled boys, 10 teams, and 10 and behold, 7 coaches. Wonderful, one and a half teams per coach. Not enough for a conflict of interest maybe, but it sure generates interest as to what the other 99 per cent of baseball parents were doing. Funny, you sure hear from some of them at the games when their Johnny doesn't get to play 14 innings in every game. Keep score for the game, no way, they want to be free to announce the fallacies of the coach and the virtues of the umpire to the world. However the apathy shown towards baseball is by no means peculiar to sports. I'm told the last ladies auxiliary meeting for the Brownies and Guides didn't have enough mothers out to fill a Volkswagen. Well done Wallace Gardens!!

Many thanks to all the young people who pitched in to help with the playgrounds and playground equipment over the last few weekends as well as a good part of the Easter holidays. Most closely involved were Sam Klein, Gerry Ross, Kevin Arneil, Christine Christmas, Donna Staley, and Karen Head. Sam and Gerry are especially deserving of a "good show," having spent the most hours getting acquainted with the business end of the post-hole auger and assorted

shovels, rakes, and wheelbarrows. I think special mention should be made as well of the extensive efforts of Gord Staley on behalf of the playground venture. His behind the scenes direction and drive are more than worth a "good show". To all who helped thanks again.

I understand that 409 Squadron will have to discontinue their Canex patrols. Pretty glamorous job, any volunteers from the lodger units? Bring your own lunch, of course.

Al Young is now accepting applications for the position of summer recreation supervisor. Call Al at local 396 or 339-4390.

Interest in gymnastics is growing by leaps and bounds (little pun). Hats off to those people who channel their energies in this direction.

Students of lacrosse have recently been cementing relations with each other at the arena. That's one game that really takes a lot of bounce.

Understand Ron Bartholomew and his Rat Patrol spent the night at said arena protecting judo mats from the furry creatures with buckteeth. Seems the rodents have taken up the age-old art of Shindu self-defence and favor the judo mats to practice upon. Saves time too when you don't have to carry a lunch. Nine out of ten rats questioned recommended judo mats to the Diners Club. Maybe the rec centre should only buy those mats which have been certified by Duncan Hines.

The guy that tried to donate my car to the spring clean-up sure had his share of nerve. I hope someone hides your box lunch.

Remember: tie your dog, spay your cat, and smile at your neighbour.

The hatch ends.

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is 43.5% more than last year. During the past year, credit unions helped 418,680 British Columbians of all ages save and borrow.

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Child Safety Week

OTTAWA (CFP)-- Each year more children under 15 die accidentally than from all leading childhood diseases combined, the Canada Safety Council reports.

This year Child Safety Week, May 1-7, will focus again on the dangers to children and educate adults on the ways to reduce the annual toll.

Traffic is the leading killer. It took the lives of more than 45 per cent of the 1,979 children under 15 accidentally killed in 1971.

Here are some things that can be done to protect your own child and others:

Make sure children understand traffic rules and pedestrian safety before they are allowed "out to play" or to ride bicycles on public roads;

Secure very young children in approved child restraint devices in cars, or if they are old enough, have them wear seat belts. (The best way to encourage children to wear seat belts is by doing so yourself);

See that children wear clothes with retro-reflective tape attached to ensure that motorists can see them after dark;

Don't use airtight plastic film or bags in crib or carriage;

Keep small objects such as pins, buttons, coins out of the reach of curious little hands;

Don't discard old refrigerators without removing the doors;

Teach youngsters to swim at an early age, and never leave them unwatched near any body of water no matter how shallow;

Keep matches and lighters out of the reach of young children and teach older children to observe fire safety rules as early as they can grasp them;

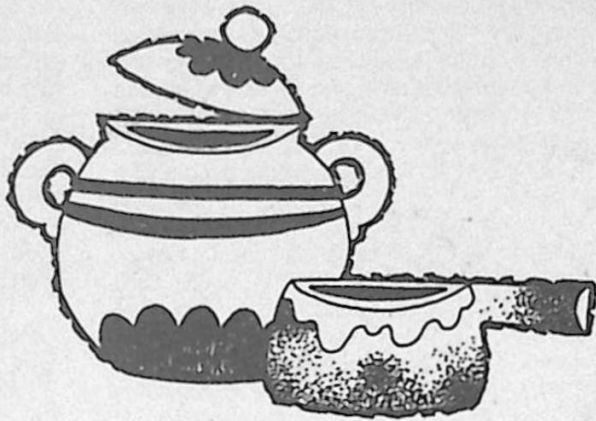
Guard youngsters against falls by placing gates across stairways and by keeping a watchful eye on infants while dressing them;

Keep all household cleaners, cosmetics, insecticides and medicines out of reach or under lock and key

(poisoning accounts for less than two per cent of childhood deaths but is a major cause of childhood injuries);

Firearms and ammunition should be locked up separately and weapons should be unloaded when not in use.

These are only a few of the possible preventative measures. Remember, children look to you as an adult to teach and guide them in the ways of safety. Don't let them down.



Glazed ceramics

Everyone knows that lead bullets can kill. It is not so well known that lead can also cause illness or death in more subtle ways.

Lead that is consumed either through the air you breathe or the things you eat, can only be disposed of by the body in the most microscopic amounts. If you consume more than your body can dispose of, you could become a victim of lead poisoning.

For this reason, government agencies have been systematically searching out and eliminating, wherever possible, sources of lead that might be consumed. Lead has been used in paints, for example. Because babies have a natural tendency to chew on almost anything within their grasp, the use of leaded paints on children's furniture and playthings was among the first things to be banned under the Hazardous Products Act.

Glazes used on ceramicware, such as pottery and chinaware, are another possible source of lead. If glazes containing lead are improperly fired or formulated, acidic foods such as citrus fruit juices, soft drinks and pickles can dissolve the lead. Beginning May 5, 1971 the sale of glazed ceramics for use in serving, storing or preparing foods was prohibited if more than seven parts per million of lead could be dissolved in 18 hours.

These regulations under the Hazardous Products Act have been established to help protect your health and safety. To protect yourself, be extra cautious. Store acidic foods in glass or plastic containers.

There's a warning here for those who make pottery as a hobby. Unless you're an expert, don't make dinnerware articles. And remember, you are handling hazardous materials. Fumes from the kiln may present a risk of lead poisoning unless properly vented to the outside.

How are your reactions

Answers to Quiz on Page 5

1. Wrong. You should fight a fire only after you have first gotten occupants out and called the fire department. Houses have burned down while homeowners have attempted to put out fires that could have been handled easily by the professionals.

2. Right. The woman might have been electrocuted if she had touched her husband without breaking his contact with the wire. She properly used a dry piece of wood — the broom handle — to accomplish this. A dry rope or some other dry, non-conductive material could have been used.

3. Wrong. Pouring water on a grease fire will cause the fire to splatter and spread.

4. Right. The most effective way of stopping on icy or snowy surfaces is to pump the brakes (hard, rapid jabs on the pedal).

5. Wrong. Serious damage could be done to the victim's throat and mouth if the poison contains petroleum distillates, caustics or alkali. Induced vomiting is also taboo if the victim is unconscious or convulsing. Best action — summon medical care. Consider inducing vomiting only if you're sure the ingested poison will cause no further damage.

6. Wrong. Alcohol speeds up blood circulation, thereby speeding up the circulation of the venom. It's a dangerous remedy for a snakebite. Best thing to do is have the victim lie quietly. Summon medical aid as soon as possible.

7. Right. This is a recommended measure in a choking incident.

8. Right. You should never dive in after a floundering swimmer. A struggling swimmer might pull you down, too. Throw something

that will float and is large enough to give support until the victim is rescued.

9. Wrong. Experts recommend that you steer in the same direction your car's wheels are sliding.

10. Wrong. Trying to hoist yourself over the broken edge will probably cause the edge to crack off each time. It's best to extend both arms along the surface of the ice to spread your weight, kicking your legs vigorously. This will lift your body up to the surface, help propel you forward and make it easier to slide onto solid ice.

11. Wrong. This could complicate the man's injuries. It would be better to let him lie until the extent of his injuries can be determined.

12. Wrong. There's always the possibility that you will lose steering control. It's best to slow down gradually, braking intermittently. Then, pull two or three feet to the right and come back on at about a 45-degree angle.

13. Right. Block as best you can the entrance of smoke, stay near a source of fresh air, and resist the strong urge to jump (unless it's a reasonably safe drop).

14. Wrong. This could throw you into a spin or out of control. Keep a firm, steady grip on the steering wheel. Brake gradually and smoothly.

15. Wrong. Running is the worst thing you can do. If it's not practical to remove clothes and there's nothing like a rug or blanket handy to roll up in, it's best to roll on the floor or ground.

16. Wrong. If you're relaxed, you're less likely to suffer broken bones. It's best to crumple like an empty sack and try to roll on the fleshy parts of your body.

THINK SAFETY



THOSE LOVELY POISONOUS PLANTS

Plants — in gardens, fields, forests and homes — they're pretty but some can be poisonous.

While meaningful statistics on plant poisonings are hard to get, the possible danger to health can't be ignored.

Poisonous plants may harm the individual in four ways. They may cause: — stomach and intestinal irritation (1) — poisoning of the system (2) — mouth and throat lining irritation (3) — skin irritation (4)

The seriousness of plant poisoning will usually depend upon the amount swallowed. For some plants, even a small amount can be dangerous.

Look at the list of common toxic plants below to see the hazards they may present. The numbers represent the effects listed above.

HOUSE PLANTS

- Caladium (3 & 1)
 - Castor Bean (1 & 2)
 - Dieffenbachia (3 & 1)
 - Elephants Ear (3 & 1)
 - Lantana (2)
 - Mistletoe (1 & 2)
 - Poinsettia (4)
 - Philodendron (3 & 1)
- A number of other poisonous plants, which are not native to Canada, also are grown indoors.

VEGETABLE GARDEN

- Potato (New shoots) (2)
- Rhubarb (leaf blade) (2)

FLOWER GARDEN PLANTS

- Autumn Crocus (Meadow Saffron) (2)
- Christmas Rose (1 & 4)
- Foxglove (Leaves & Seeds) (2)
- Golden Chain (2)
- Daffodil (1)
- Hyacinth (1)
- Iris (Blue Flag) (1)
- Larkspur (Delphinium) (2)
- Lily-of-the-Valley (2)
- Monkshood (2)
- Morning Glory (2)
- Narcissus (1)
- Snowdrop (1)
- Sweet Pea (2) (in large amounts)

ORNAMENTAL PLANTS

- Daphne (1)
- Mountain Laurel (2)
- Rhododendron (2)
- Wisteria (1)
- Yew (1)

Points to remember about poisonous plants:

- Learn about the plants in your area that could cause harm;
 - Don't eat wild plants, including mushrooms, unless you are positive of their identity and safety;
 - Don't brew home-made medicines from plants;
 - Teach children — how to recognize the most common poisonous plants, like poison ivy; — not to eat unknown plants, or to suck plant nectar; — not to play with plants;
 - Keep plant seeds, bulbs and fruit well away from small children.
- If a child chews on or swallows part of a plant which you think is poisonous, make the victim vomit. Seek medical help. Even simple skin irritation may deserve medical attention. Take a sample of the plant along to aid in the determination of needed treatment.

KNOW THESE PLANT FACTS AND HELP AVOID NEEDLESS INJURY.

Consumer and Corporate Affairs Consommation et Corporations

KEEP CANADA GROWING



PLANT TREES!

Padres aid orphans

(Continued from page 1)

that Father Olivier aids in the neighborhood.

"Altogether we help and feed about 1,600 people," Father Olivier said.

The Canadians also have undertaken to help the To-Am nursery, near Father Olivier's orphanage where European volunteers care for about 300 babies. Monetary aid and medical supplies have been given to the nursery, including a 6,000 pound shipment of cribs, medical supplies and other material. This shipment was flown in from Canada aboard the same plane which carried External Affairs Minister Mitchell Sharp on his tour of Vietnam in March.

The Canadian padres plan to continue providing aid for both the orphanage and the nursery.



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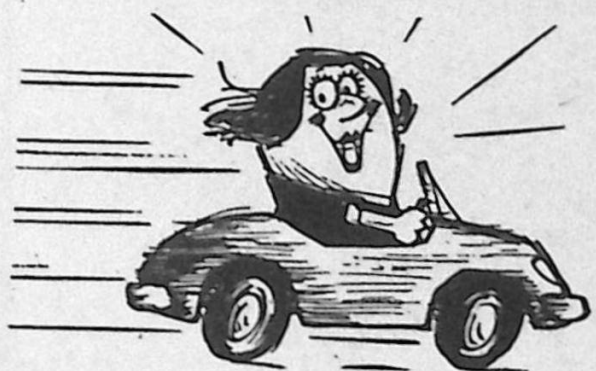
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Sunday, May 13th



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POOR OLD YORICK SMOKED IN BED

Glacier Greens Report

By RED BROWNRIGG

Brisk winds and low temperatures didn't deter eighty golfers, led by Col. Don McNichol, from teeing off in the first annual Earlybird golf tournament at Glacier Greens on Saturday, 28 April. Fortunately, the winds abated, the temperature rose, the golf scores improved and a good time was enjoyed by all in attendance.

Bob Sleigh emerged as the Low Net winner in the men's division following 18 holes of highly competitive golf. Bob was presented with the Comox Moving & Storage Trophy by the company's manager, Bill

DiCastri. Low Gross honours went to none other than yours truly, Red Brownrigg after having beat out John (Six Pints) Webber in an extra hole playoff. I only had two dark'n'dirty before the playoff so John suffered a bit of a handicap. I'm not apologizing, John; you've got more trophies at home now than you know what to do with and besides, you'll be here next year and I won't. John, of course, took Low Gross runner up followed by third place Low Gross winner, Jerry Arthur. Al Jarvis wasn't to be outdone; he accepted two prizes for the

longest drive and closest-to-the-pin.

The Comox Valley Realty Low Gross trophy, which will be competed for annually, was won this year by Gen Beehler. Joan Webber and Mona Ledgard, respectively and respectfully, were one-two for Low Net honours in the ladies' division. Joan Webber also won the ladies' longest-drive competition; Rose McClesch took the closest-to-the-pin and Cathy Keener the ladies' hidden-hole.

John Beehler, not to be outdone by mother (or is it sister), walked away a double winner. He captured the junior boys Watson & Ash Transportation trophy for Low Gross honours and also the prize for the longest drive.

Joy Palmeter, representing the junior girls division, also came home a double winner. Joy's name will be the first to be inscribed on the junior girls Watson & Ash trophy for Low Gross honours and she also won the girls' closest-to-the-pin competition. Penny McNeil took the longest drive prize for the junior girls.

Free barbecued hamburgers were enjoyed throughout the day and following the keen competition (or was it during) these were washed down by liquid refreshments from the bar.

We'd like to take this opportunity to thank Stretch McNeil, Gord Smeaton, et al, on the Club Captain's committee for a fine job of organizing our first Earlybird golf tournament. Our plaudits also go out to Mike Rafferty who organized the junior boys and girls divisions. Don Pelmetier, Al Rosen and Gord Speers are responsible for the condition of the greens and fairways. Keep up the good work, guys. To the companies which donated the perpetual trophies and individual keepers, thanks a bunch. And last but not least, the ladies committee which helped immensely in making this tournament the success it was.

COMMITTEE CHANGES

Summer postings have taken our Club Captain, Vice-President and Public Relations Officer, but don't despair, we've come up with three very capable replacements; Jack Austad will take over from Stretch McNeil as Club Captain; Jim Greenough relieves Denny Webb as Vice; and, Doug McKean will be replacing ich as Public Relations Officer.

COMING TOURNAMENTS

As yet the dates aren't set for our next major tournament but we would like to take this opportunity to remind you that the next two-ball foursome will be held on Mothers' Day, Sunday, 13 May at 1300 hours. This one is open to everybody. Just be at the clubhouse by 1230 hrs. If you have a husband or wife, boyfriend or girlfriend, bring him or her along. We only play nine holes and you never know until you get there who you will be playing with. Anyway, it's always a lot of fun and you are invited. Food will be served following play.

ETIQUETTE

We would like to ask the section heads who organize weekday golf tournaments for their sections to coach the non-golfer participants in the art of golf course etiquette.



THE UNIDENTIFIED GOLFER in foreground hams it up prior to teeing off in the first annual Earlybird golf tournament held at Glacier Greens during the past weekend.



COL. DON McNICHOL, Base Commander, poses with Earlybird golf tournament winners following presentation of prizes at Glacier Greens clubhouse.

Top gliding instructor honored

KINGSTON (CFP) - Sgt. Ken Brisson, 42, Westneath, Ont., was presented with the Soaring Association of Canada, top instructor's award at the annual banquet in Kingston recently.

About 15 Canadian soaring and gliding clubs submitted nominations for the award which is presented annually to the instructor who does the most voluntary work for his club.

Sgt. Brisson was nominated by the Air Cadet League (Quebec), for his work in teaching young air cadets how to fly in gliders. The award, a piece of exotic wood with an engraved plate will be on display at the Quebec unit's headquarters in Montreal for a year. Sgt. Brisson is awarded a lapel pin as a permanent memento of his accomplishment.

Presentation to Sgt. Brisson was made by Walter Piercy, vice president of the association, and chairman of the instructor's committee.

Sgt. Brisson is an air cadet instructor at CFB Montreal.



GEN BEEHLER ACCEPTS the Comox Valley Realty ladies' trophy for Low Gross from Maj. Rud Richardson following the Earlybird golf tournament at Glacier Greens.

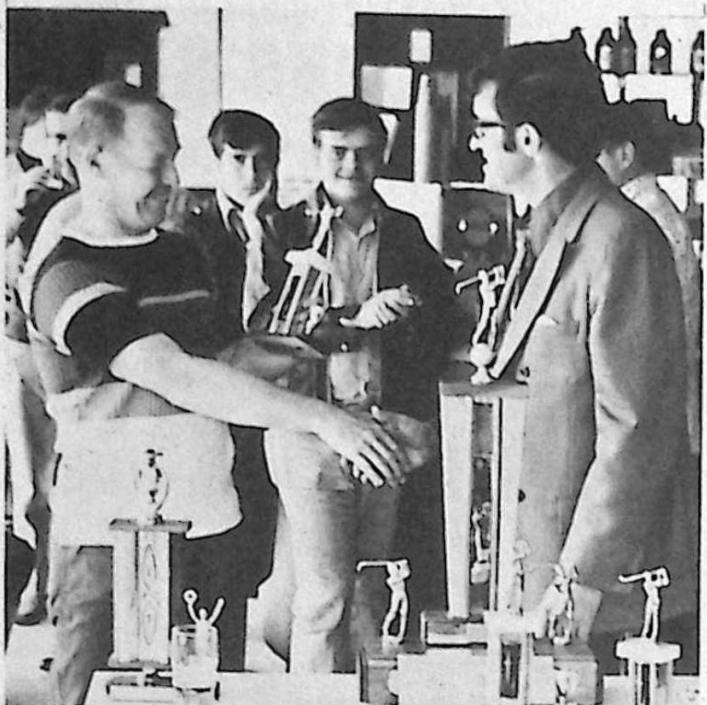
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RED BROWNRIGG RECEIVES congratulations from Bill DiCastri of Comox Moving and Storage for winning Low Gross honours in the Earlybird golf tournament at Glacier Greens

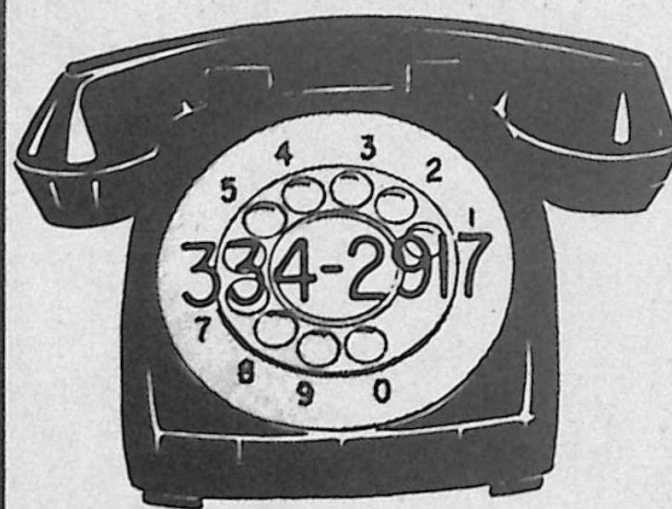


BOB SLEIGH (left) accepts the Comox Moving and Storage trophy for Low Net from the company's manager, Bill DiCastri. Bob's name will be the first to be engraved on this new trophy which will be up for grabs annually in the Earlybird tournament.



JOHN BEEHLER ACCEPTS the Watson & Ash Transportation junior boys' Low Gross trophy from Glacier Greens President, Maj. Rud Richardson following the Earlybird tournament.

YOU JUST DIAL
WE'LL DO THE REST



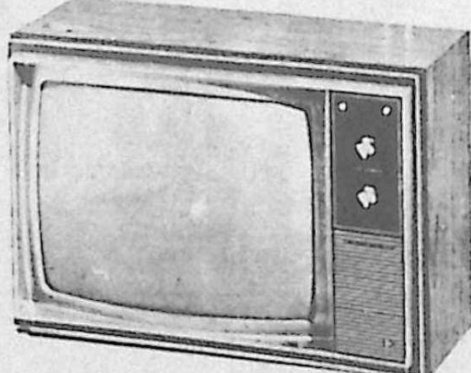
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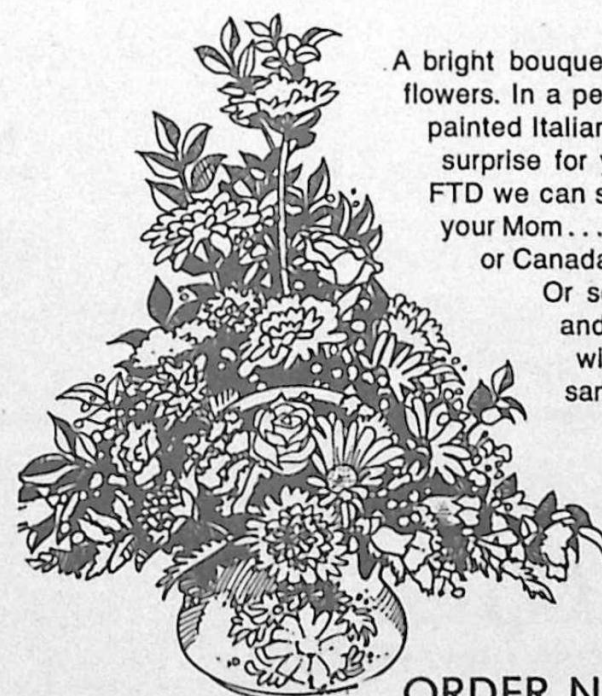
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IT WAS A cool day for the Sailing Club opening. Col. D.W. and Mrs. McNichols take shelter from the cold wind with Commodore Anderson, Rear

Commodore Fox and other members of the Comox Squadron, CFSA.

Sailing Club News Rag Baggers, et al

By "WATER RAT"

We're afloat! After a year of dreams, paper work and boat building, the Comox Squadron of the Canadian Forces Sailing Association is an actuality. Five Mirror dinghies are now housed in the boat shed at our new location on Goose Spit.

On April 15, our new home was officially christened by Col. D. W. McNichols. Although the weather was disappointingly cool and blustery, the occasion was well attended and one Mirror did go sailing. Since then the red sails have been seen often in Comox Harbour. On April 22 and 29 the Mirror Spring Series was held in conjunction with Comox Bay Sailing Club's Signet Series. CBSC kindly allows us to use their course and these races are hotly contested. Alec Fox usually leads the fleet home. Experience shows!

But fear not - experience can be gained! Each Saturday morning a Beginners Course is held at 9:00 a.m. on the Spit. The program is five weeks long and the next Course begins on May 26. Completion of this program or similar

training will soon enable the beginner to try his hand as skipper. After each lesson there is an opportunity for recreational sailing. So, it's not all work!

If Saturday is "training day", Sunday is the day for organized events. May 13 is the Mothers' Day race, when hopefully the ladies will take the helm. May 20 is the start of the Mirror Summer Series. June 23 and 24 we are hosting the fourth of the CFSA Inter-Squadron Series. Since we are lacking in facilities here (a situation we hope to rectify soon!) this event will be held at Esquimalt.

If you are interested in sailing at all, we have the program and the boats! More information is available from the CFSA Comox Squadron Newsletters on the bulletin boards of the Canex and the Recreation Centre.

If this column is half as successful as the Comox Squadron, we'll be here again in two weeks. Until then, may your winds be fair and all your jibes be successful!



TWO MIRROR DINGHIES sail in Comox Bay. Ernie Friesen, John Taylor (25192); Commodore Anderson and his son (34184) are four of our earliest Rag-Baggers.

407 Tech Ramblings

TORP TOPICS

It seems that the faithful perusers of this column are to be blessed with the butchered prose of yet another amateur scribe. The mighty Hood is about to go down - down home that is, by way of Shearwater. According to one's particular regional and element preferences, this could or could not be construed as a fine posting and, in a similar vein, about half the section strength is making horrifying predictions to Brad concerning matelot life while the other half seems content to walk about with "better you than me" looks on their faces.

Another imminent posting involves WO Joe Wood who is headed for Ottawa where he will be the nemesis of the WTEchAir boys when he takes up his new duties with Postings and Careers. Somebody down there must have heard about Joe's skill as a dart player. Early indications are that his head shed job will not be a bed of roses since, within half an hour of receiving his own posting notice, he was the recipient of a telephone complaint about someone else's posting.

There were some rather caustic comments from some of the WTEchA old sweatshirts the other day when they got the happy word that they had finally made the grade as an aircraft trade.

Some of our more drastic cabin fever cases have been back into the woods already this young season. It must be real fun to play chicken with a

Beetle against a big loaded logging truck, eh Paul? Even Camper Bob decided to pull his big rig over and let the loggers have their own way. For those of you not in on the story, the boys were on public roads in the Fry Lake area a couple of Saturdays ago when they were suddenly confronted with two big logging trucks so, as they say in Philadelphia recently, "keep your head up."

We had a fine golf tournament recently with Bob Cuvilier, who came in on post maternity leave, winning the low gross. According to Captain Fisher's proposed handicap system, Bob will have to take leave in order to play in the next tournament as well. Organizer - Dennis Wickham won the low net with only mild screams of "fix" while Ray St. Michael finessed Fred Neild out of the hidden hole prize.

AVIONICS

The Avionics Social Society held a gathering on Friday the 13th (no superstitious members in this fraternity) for the purpose of saying farewell to some of our departing stalwarts who were either on posting or pulling the plug after many years of service. Pete Reiss is going to Saskatchewan; you know, the province two over from here. According to recent weather reports you had better wait a while yet, Pete, still snow there.

It seems rather strange that, on the Monday following the aforementioned social, the AVSWO rushed off to

Esquimalt to attend a seminar on alcoholism. Just a coincidence, we're sure.

ASW LABS

Two of our stalwarts, Cpls Jack West and Al Karila, are back from Greenwood where they spent some time on courses pertaining to the various equipments carried aboard our Argi. As the result of some recent internal transfers, Jack was immediately shuffled off to Maintenance while Chuck Lawson joined us from Servicing and Fred Lang moved down to the line.

It would appear that Howie Hilloughby is either trying to start a new fad or to impress the bosses with the new haircut he is sporting. Rather than representing the skilled handiwork of one of the local tonsorial emporiums, his appearance is more like that of someone who spent too long sleeping on the lawn.

Del Christensen had to take some leave in order to try flogging such items as his boats, motors, truck, etc., before proceeding on his overseas posting.

A monster avionics golf tournament is slated to tee off at the Glacier Greens at 12:00 hours on May 4th so, since time is short and your money is urgently required, call your registration in to "Sweet Pea" Brown at local 275.

Our AVSO, Capt. Colin Wortley, has returned to the fold from Greenwood where he partook of the Argus superintendents' course. How many gas holes does our favorite bird have, Sir?

Watch out!

Next time a jeweller or watchmaker tells you your timepiece needs cleaning, stop and think. Stop, and think when it was last cleaned. If it was cleaned within the last three years, tell him not to bother. Under normal conditions it shouldn't need another cleaning.

That's the advice the Watchmakers of Switzerland (a trade organization) tells us. One cleaning per watch every three years; that's all it needs. Since you can't see dirt in the watch, and watch doctors don't usually show it to you either, the one-clean-every-three-years is a reliable guide. So resist saying "yes clean it" automatically. The response should be... "wait a second and let me think when it was last cleaned." Watch cleaning is not cheap.

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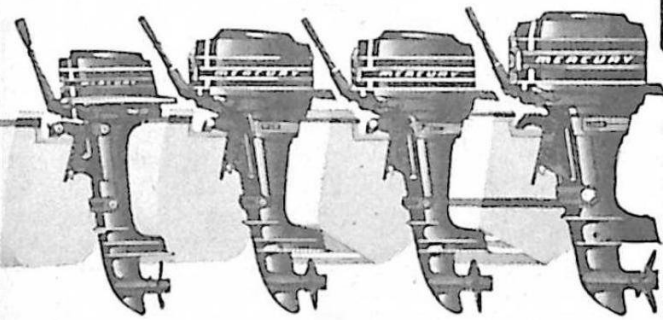
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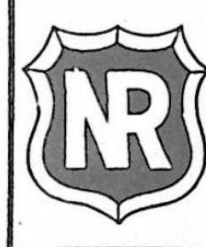
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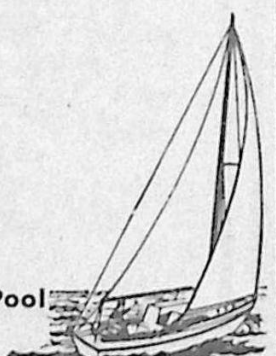
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Check the label on household products packaged in aerosol cans. There is a warning symbol that says "caution, explosive". Why? When an aerosol container is heated, the pressure generated by the vaporization of the liquid propellant that is used to spray the contents, builds up quickly until the container cannot hold it in any longer. So aerosols should be kept away from sources of heat such as stoves or radiators or sunlight. A real danger in dealing with aerosols exists in the disposal of the container. If the can is

tossed into a fire, or heated in any other way, the result may be an explosion and the violent projection of container parts. Puncturing the container can also cause problems: this releases the contents in an uncontrolled way.

Along with the explosive danger, problems from inhalation are also the subject of research. While present evidence has not shown any danger for a person using aerosol products according to instructions, it's better to avoid breathing in the spray and to prevent contact with eyes, nose, ears and mouth.

Remember that safe use of aerosols will avoid most dangers. Make sure that they aren't used as toys. Dispose of them carefully.

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Saturday, May 5 - Western Nite. Dance 2130 - 0130 to "California Country." Hip-o-Beef. Dress Country & Western
Sunday, May 13 - Mother's Day Family Dinner. Reservations by noon Friday, May 11. Menu flyer to be distributed later
Thursday, May 17 - Retirement Mixed Dinner. Reservations by noon Tuesday, May 15. Dance 2130 - 0130 to "Winds"
Saturday, May 19 - Exquisite meal - Irish coffee. Dinner commences at 2000 hours. Dance 2130 - 0130, open to everybody. Music by the "Music Factory." NOTE - Reservations required by noon May 17. Limited reservations. No guests unless openings available after deadline.
Friday, May 25 - Mixed Monster TGIF. Seafood.

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Saturday, June 9 - Hawaiian Nite
Thursday, June 21 - Retirement - Lt. Col. Warren

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Please note change of showtime - As of 2nd May, shows to start at 2000 hrs.

| TO BE ANNOUNCED | | Showtime: 2000 hrs. |
|--|---------------------------------|---|
| Thur. 3 May | NAPOLEON & SAMANTHA | Walt Disney |
| Fri. 4 May Sat. Mat. 5 May | | Showtime: 2000 - 2150 hrs. |
| Sat. 5 May Sun. 6 May Drama | TELL ME THAT YOU LOVE ME | Lisa Minelli Robert Moore |
| | | Showtime: 2000 - 2200 hrs. |
| Wed. 9 May Thur. 10 May Spy Espionage | THE ASSASSINATION BUREAU | Dianna Rigg Oliver Reed |
| | | Showtime: 2000 - 2200 hrs. |
| Fri. 11 May Horror - Suspense | SHUTTERED ROOM | Gig Young Carrol Lynley |
| | | Showtime: 2000 - 2155 hrs. |
| Sat. 12 May Sun. 13 May RESTRICTED Action - Drama | ALFIE | Michael Caine Jane Asher Shelley Winters |
| | | Showtime: 2000 - 2200 hrs. |
| Wed. 16 May Thur. 17 May Fri. 18 May A maniac with a bomb | SKYJACKED | Charlton Heston Yvette Mimieux Walter Pidgeon |
| | | Showtime: 2000 - 2155 hrs. |

CHILDREN'S MATINEES

| | | |
|-------------|--------------------------------|----------------------------|
| Sat. 5 May | NAPOLEON & SAMANTHA | Walt Disney |
| | | Showtime: 1400 - 1550 hrs. |
| Sat. 12 May | THE NUTTY PROFESSOR | Jerry Lewis |
| | | Showtime: 1400 - 1555 hrs. |
| Sat. 19 May | LIVING IT UP | Jerry Lewis Dean Martin |
| | | Showtime: 1400 - 1550 hrs. |

NOTE: All matinees are 40¢ admission price
SHOWTIMES: Evenings - 13 to 29 Apr. - 1900 hrs.
02 to 18 May - 2000 hrs. Matinees 1400 hrs.
RESTRICTED SHOWS - 18 years and above - under 18 years of age must be accompanied by a person over 18.
ADULT SHOWS - 16 years of age and above - under 16 must be accompanied by a person over 16.

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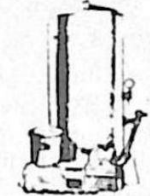
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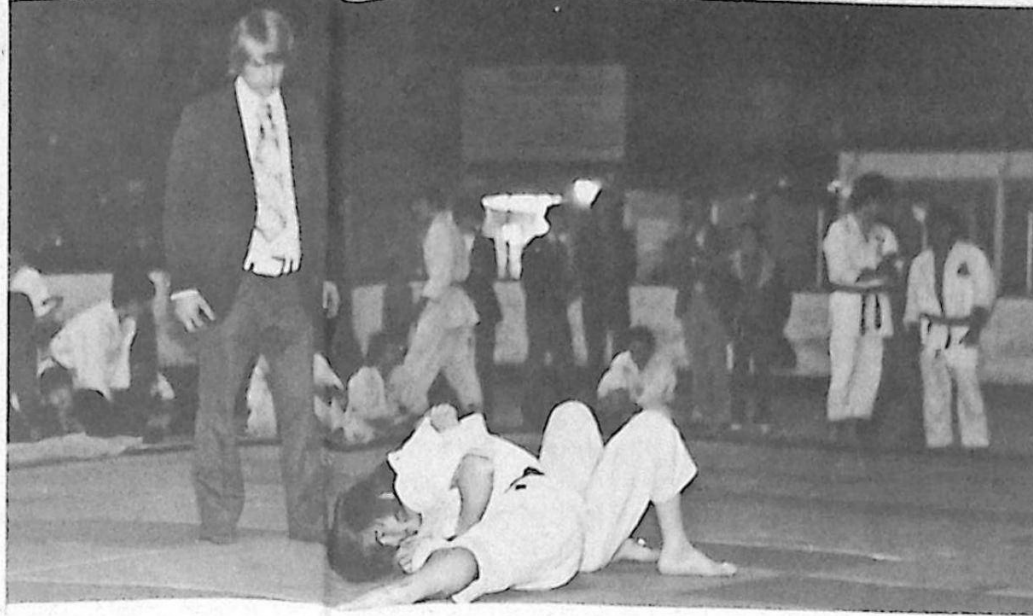
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LAST SUNDAY, the CFB Comox Judo Club hosted a Junior Judo Tournament in Glacier Gardens. Competition was keen and trophies were presented to the outstanding participants. Gary Raindahl Photo

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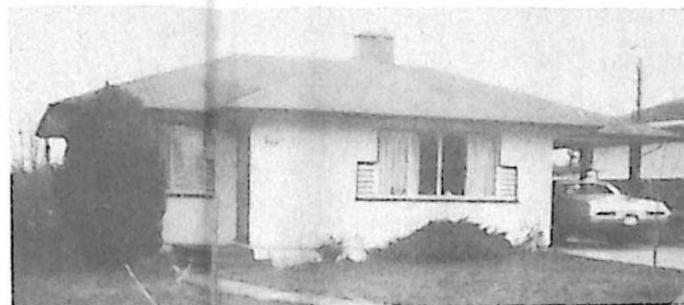
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