

TOTEM TIMES

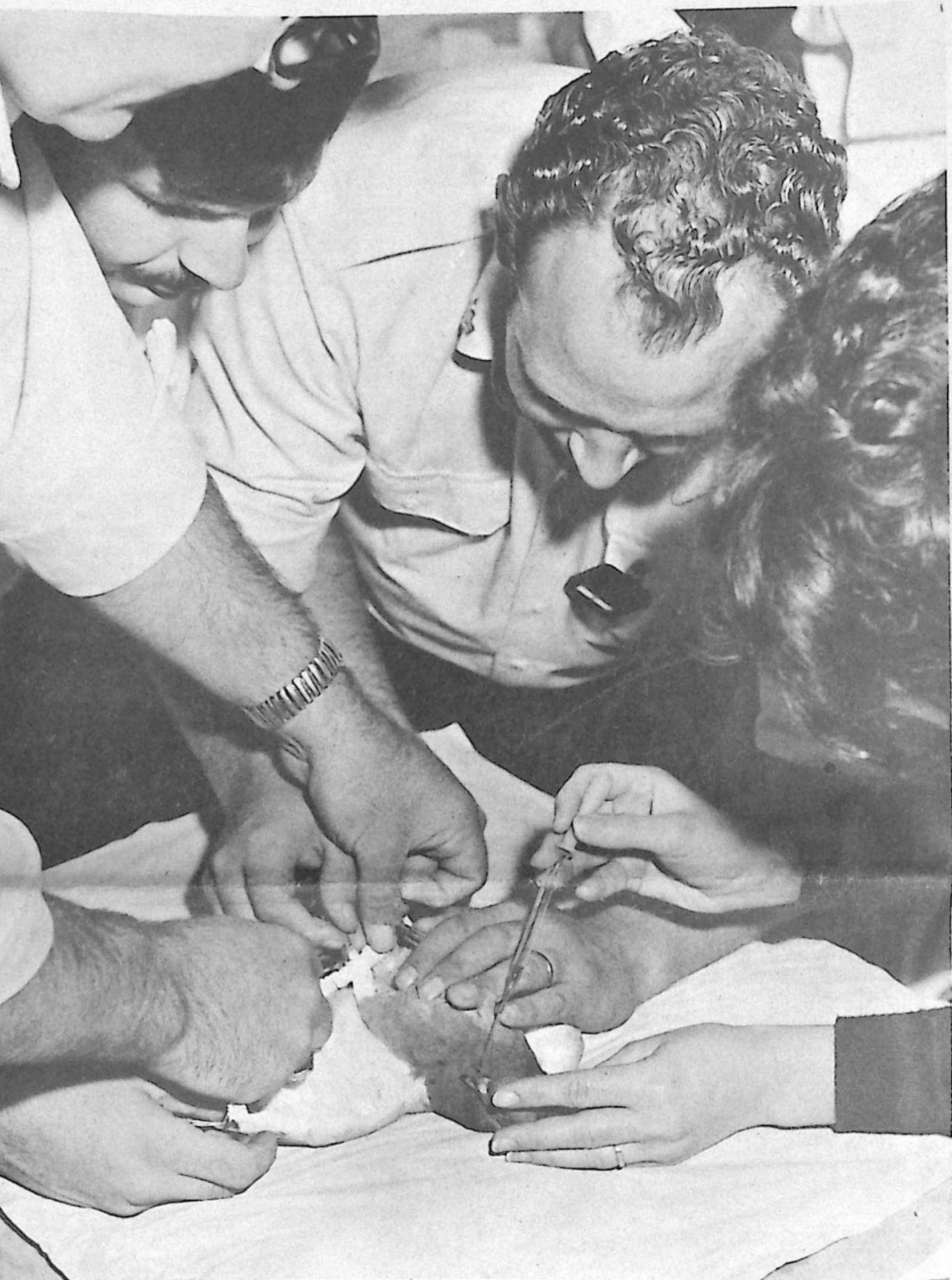
It's easy to get wrapped up in the Totem Times — Ask any salmon

VOL. 14 — NO. 18

CFB COMOX TOTEM TIMES

THURSDAY, SEPT. 7, 1972

407 in four nation anti-sub exercise



A DRAMATIC NEW medical treatment was pioneered at CFB Comox hospital on a patient sent there by HMCS Quadra. All hands are busy as the

medical staff work quickly to relieve pain and suffering using techniques never before tried. For further details see page ten. (CF Photo)

Southern approaches to U.S. get strengthened air defence

HQ ADC — A joint U.S.A.F.-Aerospace Defense Command (ADC) and Federal Aviation Administration (FAA) program is currently underway to bolster the air defenses for the southern perimeter of the United States. Under the direction of the Continental Air Defense Command (CONAD), the project will utilize existing FAA radars and Air Force interceptor aircraft to provide immediate improvements in radar surveillance; interceptor deployment, communications, and command and control of the southern air approaches to the U.S. on a full-time basis.

The system will use five existing FAA radars at New Orleans, La.; Ellington AFB, Texas; Odessa, and Lackland AFB, Texas. In addition, two new military radars will be deployed to improve radar coverage between Tyndall AFB, Fla., and Houston, Texas. Height finder radars will be co-located with each of the FAA sites.

A manual CONAD Control Centre, under the operational control of the 20th CONAD Region, Fort Lee, Va., will be co-located with the existing FAA Air Route Traffic Control Centre at Houston to receive and process the inputs from the Gulf Coast Radars.

Other radars located at El Paso, Texas; Silver City, N.M.; and Phoenix, Ariz., will be tied into the 26th CONAD Region at Luke AFB, Ariz., to complete the southern defense network. Height finders will also be co-located with these FAA radars.

The U.S. Air Force will provide interceptor aircraft on a five-minute readiness status at four sites to support this air defense mission. Present plans call for ADC to maintain alert F-106 Delta Darts at Tyndall AFB, while the Air National Guard will provide two F-102 Delta Daggers at New Orleans NAS,

La.; Ellington AFB, Texas; and Tucson IAP, Ariz.

Communication will be established to link the radars, interceptors, and ground-controlled intercept facilities to form an interlocking air defense network capable of identifying and intercepting intruder aircraft along the entire southern perimeter from Florida westward through Arizona.

The Southern Air Defense System will be partially operational in early October of this year. The full linkup is scheduled to be functional by June 1973. (ADCPS)

New Deputy Commander for 25th

McChord AFB, Wash. — the 25th North American Air Defense (NORAD) Region, headquartered at McChord Air Force Base, Wash., welcomed its new deputy commander last week.

Canadian Forces Brigadier General Howard A. Morrison, new deputy commander, takes the post occupied by Canadian Forces Brigadier General Ralph C. Weston since the 1969 reorganization of the joint U.S.-Canadian air defense team. General Weston retires in September; he has shared the reins of the 25th for nearly three years. "General Morrison's past

experience in NORAD will be a big bonus for the Region," General Weston said of his replacement. "We've been acquainted since the mid-40s but have never been assigned together," he added.

General Morrison's last duty assignment was a similar post at the 21st NORAD Region, Hancock Field, N.Y. He has also been deputy commander of the Central and Western Regions under earlier configurations of the two-nation NORAD organization.

General Morrison, born in December 1919, in Winnipeg, Manitoba, attended Laurier

and Brandon Schools in the same province and the University of Manitoba. He joined the Royal Canadian Air Force in 1940 and served as a flying instructor until his overseas assignment with the 405 Pathfinder Squadron in 1943. His performance during World War II earned the young pilot the Distinguished Service Order and the Distinguished Flying Cross. Between 1945 and 1948, he served at RCAF Headquarters and attended the RCAF Staff College.

In 1948, General Morrison joined the 426 Transport Squadron as operations of-

ficer. He earned the Air Force Cross for his flights to the Far East with this unit during the Korean campaign.

He returned to RCAF Headquarters in 1955. In 1956 he became base commander of the RCAF component of the United Nations Emergency Forces at Naples, Italy. Then he returned to Canada and became chief staff officer of the Canadian Air Transport Command.

In 1959, he moved to RCAF Station, Uplands, Ottawa, as commanding officer, Central Experimental and Proving Establishment. He was ap-

(Continued on page 2)

Three awards for bravery

OTTAWA (CFP) — Two serving members of the Canadian Armed Forces and a former officer are among 19 Canadians to be awarded citations for bravery recently announced by Government House.

Warrant Officer R. L. Clark of the Officer Candidate School, CFB Chilliwack, B.C., earned the Star of Courage for an April 19, 1968 incident at the grenade range where he was an assistant instructor. A recruit accidentally dropped a grenade in the throwing bay and Warrant Officer Clark, without hesitating, hurled the grenade out of the bay and shielded the recruit with his own body.

Awarded the Medal of Bravery is Sergeant J. D. Bouchard, a flight engineer with 436 Transport Squadron, CFB Trenton, Ont., for risking his life to control an aircraft

fire which threatened the lives of other people at CFB Uplands, Ont., Dec. 12, 1967.

Major John A. S. Walker of 31 Evergreen Drive, Bells Corners, near Ottawa, is also a Medal of Bravery recipient. The retired army officer rescued Mr. William Lambton, Mrs. Paul Van Lierde and Miss Catherine Van Lierde who had been trapped inside the cabin of a capsized catamaran on Lake Deschenes in the Ottawa River June 30, 1968.

Commented Mrs. Van Lierde, "I can't think of anyone who deserves a bravery award more. I'm terribly pleased," she said. "Mr. Walker is a very brave man — a very extraordinary man. He thinks coolly in an emergency, and evaluates the situation, and has the courage to act."

CFHQ seeks names for safety award

OTTAWA (CFP) — Have you made a significant contribution to the field of flight safety recently?

If so, you may be nominated for the Laura Taber Barbour Air Safety Award.

This international award is presented annually for original contribution and personal effort beyond the requirements of duty in the field of civil or military flight safety. Each year

nominations are submitted to the Flight Safety Foundation in the United States.

The 1971 award was given to Mr. M.S. Kuhring of the National Research Council for his efforts in reducing hazards to aircraft caused by bird strikes.

Nominations of service personnel should be fully documented and forwarded to CFHQ, attention DGAF by September 30, 1972.

Jamaican forces train in Canada

OTTAWA — More than 130 Jamaican servicemen arrived in Canada last Wednesday for 34 days of intensive training and some relaxed sightseeing.

The main body, consisting of an infantry company and a score of tradesmen, will conduct live weapon firing, sub-unit and on-job-training with 2 Combat Group, at CFB Petawawa, Ont.

Four sailors will go aboard the helicopter-destroyer Annapolis at Halifax for 16 days afloat.

An officer will take flying instructions on the single-engine Musketeer trainer at CFB Portage, Man., while two air technicians will receive training on fixed and rotary wing aircraft there. The technicians will also spend 10 days at the de Havilland aircraft plant in Toronto.

A six-day sightseeing tour of Kingston, CFB Borden, Toronto, Niagara Falls and London will start for all the Jamaicans Sept. 2, before they begin training. A tour of Ottawa is also being con-

sidered for later.

In recent years Canadian Forces have conducted regular exercises in Jamaica. This is the second time the Jamaica Defence Force will be training in Canada, but the first time Jamaican sailors have participated.

The Jamaican contingent arrived at Ottawa's Uplands Airport by Canadian Forces 707 aircraft. The contingent is due to leave Canada Oct. 3.

In 1974

3000 new CF trucks

OTTAWA (CFP) — Trials on three 14-ton utility truck prototypes currently are underway at the Armed Forces' land evaluation and engineering test establishment at nearby Orleans.

They're looking for a replacement for the current stocks of 20-year-old 34 ton vehicles now in service. Approximately 3,000 new trucks will be bought.

Three models now being tested are Chrysler of Canada's XW-350; the Rover FC-101 from Britain; and Volvo of Canada's 4140 model. A contract is expected to be awarded in the spring of 1973, with production scheduled to begin in 1974.

Studies have shown a need for utility trucks with greater mobility and payload capacity than those now in service. The new ones all will have a hard-top cab and heater-defroster system.

They will be used by all elements of the forces, and their dispersion and employment will be similar to the current 34-ton vehicle now in use.

Honolulu — Ships, aircraft and submarines from four Pacific rim nations have gathered here to take part in a two-week anti-submarine warfare exercise which began on Tuesday, Sept. 5.

Code named RIMPAC 72, the exercise will involve approximately 8,000 men from Australia, New Zealand, United States and Canada.

"The purpose of this exercise is training," says Vice Admiral E. P. Aurand, Commander of Anti-Submarine Warfare Forces U.S. Pacific Fleet. We have the mutual advantage of having enough units involved to have a realistic exercise. The exercise will also give the nations an opportunity to test tactical doctrine and interchange new ideas."

Canadian units involved include the destroyer escorts Gatineau and Qu'Appelle, fleet support ship Provider, submarine Rainbow, all from Esquimalt, B.C. and two long range patrol Argus aircraft from CFB Comox, B.C.

Captain Mike Martin, commander of the Canadian units involved, feels the exercise will be most beneficial for his units. "We have no trouble conducting basic training in areas around Victoria, but we do have problems when we try to produce more advanced exercises which require larger number of forces. It's like a graduation exercise where we will be able to try out our exercises and tactics while working with aircraft carriers, destroyers, submarines and aircraft from different nations all operating under one co-ordinating staff."

The exercise will also provide an opportunity to test all new systems on the recently modernized Gatineau.

On completion of the exercise Gatineau, Qu'Appelle and Provider will continue south for further anti-submarine warfare exercises with forces of Australia and New Zealand. They are scheduled to return to Esquimalt on Dec. 18.

PMQ garbage

Base Standing Orders and MQ Orders state that all garbage for disposal is to be placed in suitable covered containers. Open cartons and bags are not acceptable as they are easily accessible to pets and birds, etc. Newspapers and other loose material shall be properly secured so as to prevent being blown around by the wind. Occupants who fail to comply render themselves liable to disciplinary action or dispossession for disregard of Standing instructions.

Corporal breaks baby barrier

Edmonton (Sealandair) — Mr. and Mrs. McDonald had a baby last January, a charming son named Wesley Boyd. Mrs. McDonald is one of many women who has chosen to continue her career while raising a family, which might not be cause for comment normally, but Mrs. McDonald is also Corporal Carol Fern McDonald of the base land maintenance section, CFB Edmonton.

Carol and her husband, Corporal Andy McDonald of 4 RSU decided last year to have a family but try to retain her status in the armed forces. After many letters and messages were exchanged with CFHQ, authority was finally received for Carol to

New NDHQ details revealed

OTTAWA (CFP) — First published information on the restructured National Defence Headquarters organization, to be implemented in late September or early October, is contained in the July-August edition of Canadian Forces Bulletin, just off the press.

The Bulletin, official organ for disseminating news of major activities and policy developments to management at all levels, carries a front-page lead story outlining the changes. A chart, depicting the new organization down to director-general level, appears on pages 2-3. (The Totem Times has reproduced this chart on page 2, for the edification of our readers.)

The story also says that an organization chart down to the directorate levels will be available to NDHQ and commands by the end of August.

Major elements of the new headquarters organization will be known as groups, and will come under two deputy chiefs of staff and five assistant deputy ministers.

Major physical re-locations will not take place until the headquarters moves to its new building in late 1972 and early 1973.

Tale of two poles

OTTAWA (CFP) — Once upon a time two totem poles went on a long journey. Eventually they went their separate ways and one stayed in France and the other in Belgium.

It was in March, 1967, when two totem poles from Canada were presented to the people of Longuyon, France, and Virton, Belgium, as a sign of eternal friendship. The occasion was the departure of 1 Wing — Royal Canadian Air Force from Marville, France.

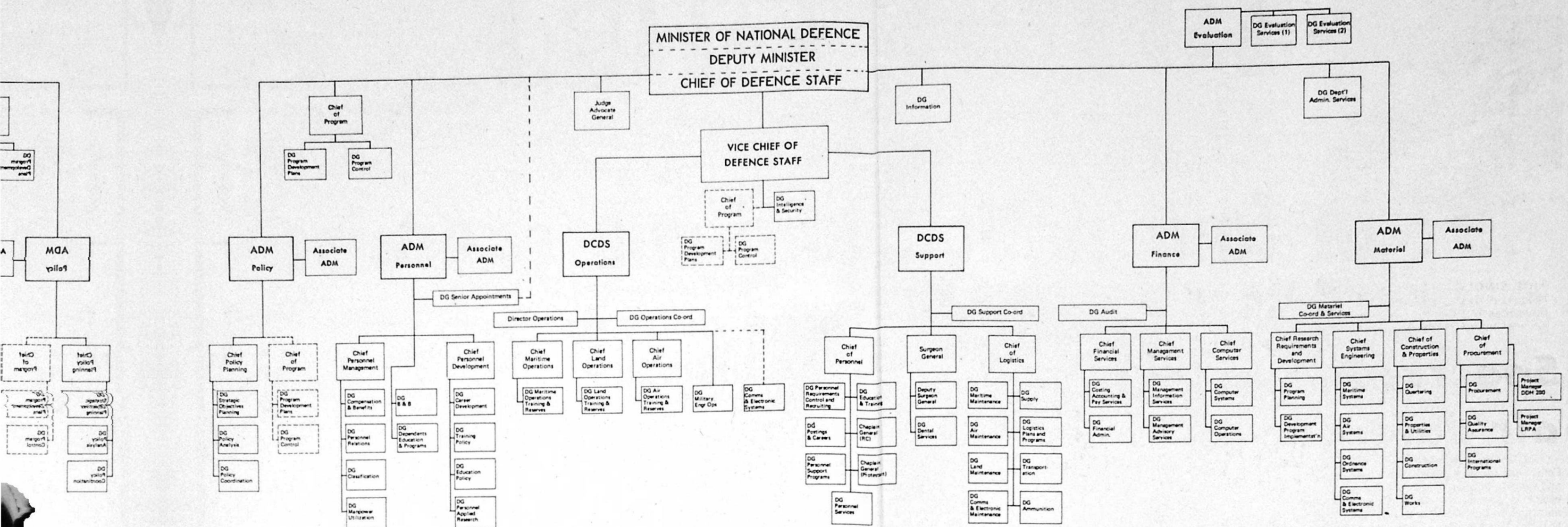
Now, those same totem poles need restoration as a result of weathering. The totem poles originally were the work of Chief Simon Baker of the Squamish tribe of British Columbia.

The task of investigating and gathering the technical data on the type and colors of paint to be used to restore the totem poles has been given to Mr. Peter McNair, curator of ethnology, at the British Columbia Museum.



B. Gen. H A Morrison

Restructured National Defence Headquarters



Restructured NDHQ organization approved

OTTAWA - A revised organizational structure for national defence headquarters, down to director-general level, has been approved by the minister of national defence and the treasury board.

Under the new organization the major elements will be known as groups, and will come under two deputy chiefs of staff and five assistant

deputy ministers. All will hold the rank of lieutenant-general or its civilian equivalent.

There is no change in the position of vice-chief of the defence staff, to whom the two deputy chiefs report.

Immediately under groups come branches, headed by branch chiefs in the rank of major-general or civilian equivalent. Branches are

further broken down into divisions, under directors-general in the rank of brigadier-general or colonel, or their civilian equivalents. In turn, divisions are broken down into directorates, and then in sections.

An organizational chart, down to the directorate level, will be available to NDHQ and commands by the end of August.

Major physical re-locations will not take place until the headquarters moves to its new building in late 1972 and early 1973. Meanwhile, only a minimum of re-location will occur within the old Cartier Square complex.

Significant milestones in the restructuring process include the final adjustments to the new organization and promulgation of the implementation plan by mid-September, and actual implementation of the restructuring in late September or early October.

In the 12 months, following implementation, adjustments to the organization, and resolution of detailed establishment issues, will be carried out through normal staff action.

The restructuring comes about as a result of recommendations by a six-member, military-civilian management review group, set up by the defence minister in June, 1971.

New Deputy Commander

(Continued from page 1) pointed air commander of the United Nations Forces in the Congo in 1961. He returned to Uplands in 1962.

Moving to RCAF Station Trenton, Ontario, in 1963, he eventually became chief of staff, Operations and Plans for the Canadian Air Transport Command. He served there until he joined NORAD in 1968.

General Morrison is married to the former Grace Bernice Keeler of Lauder, Manitoba. They have two sons, Donald Cameron, 26, a graduate of St. Dunstan's University now doing postgraduate work at the University of Kansas, and Peter William, 23, who is attending Carleton University in Ottawa.

In announcing the restructuring, defence minister Edgar Benson said that "lines of authority in the

department have not been sufficiently clear, and areas of responsibility have been somewhat blurred." The new headquarters changes are

designed so that its management can more effectively direct the activities of the department. Planning and im-

plementation of the restructuring is being carried out by a temporary staff agency, the Restructuring Control Group, under Colonel

R. E. Ashton. It was set up by deputy defence minister Sylvain Cloutier and the chief of the defence staff, General F. R. Sharp.

How come the program chief has dotted lines?

On the organizational chart the chief of program is shown as reporting directly to the CDS and deputy minister. He is also depicted in dotted lines, with his directors-general, as coming under the VCDS and ADM (policy), as he will be tasked by both of these appointments.

The chief of program will be responsible for maintaining the single, integrated national defence program, displaying all current and planned activities of the department.

As part of his duties, he will serve as executive secretary of both the Program Control Board (the present Program Review Board with membership adjusted to conform to the restructured organization) which will be chaired by the VCDS; and the proposed Program Development Committee, which will have basically the same membership as the program control board but will be chaired by the ADM (Policy).

Canadians to judge European air meet

BRUNSSUM, The Netherlands - A spirit of international cooperation will be demonstrated Sept. 17-29 when the 10th NATO air tactical weapons meet is held at Florennes air base, Belgium.

The meet is sponsored by Allied Forces Central Europe (AFCEC). Aircrews from five of the six national air forces represented in the AFCEC area will compete in the meet, which tests the level of proficiency attained in dual and attack roles by the air force defending NATO's central region.

Canadian air crews from Baden-Soellingen will be the airborne judges and will fly F-104 aircraft. This year's meet is hosted by the Belgian air force and will be conducted from Florennes, in the Ardennes near Charleroi. Fighter aircrews participating in the competition will be supported by several hundred maintenance and operational staff. A formal opening ceremony will be held at Florennes on Sept. 19.

Two AFCEC teams will be

entered in the competition. The Second Allied Tactical Air Force (2 ATAF) will consist of Belgian, The Netherlands, German and British crews. The 4th Allied Tactical Air Force (4 ATAF), winners of the last competition, will have American and German crews on its team. The French Air Force will enter a team on a guest basis and will fly Mirage III aircraft.

AFCEC aircrews will be flying FGR-2, F-104Gs, Mirage V and F-4D aircraft. Air crews participating in the meet will use the Helchteren bombing range in northern Belgium near Leopoldsburg. The overall winning team will be awarded the Broadhurst trophy. The teams will also be competing for the attack and dual trophies.

The Broadhurst Trophy and other awards will be presented Sept. 29 by Prince Albert, Prince of Liege, at Florennes Air Base.

Sprinkle mushrooms with lemon juice or white wine to preserve their light color.

INSURANCE

For Personal Attention
to your
Insurance Requirements



BETTY WALLACE
Insurance Agencies
542 Duncan Ave.
338-8616

TIME TO GO BACK TO School

SO WHY NOT GO IN COMFORT

WITH

BUSTER BROWN SHOES



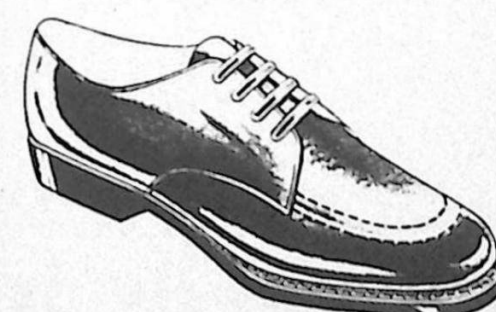
BUSTER BROWN.

The proof is in this versatile shoe for school or dress. Made by Buster Brown with the durability and fine fit you know is a must for your daughter's growing feet.



Chuck
Brown Grain
BOOT

For Boys
10 - 12 \$12.99
12 1/2 - 3 \$13.99
3 1/2 - 6 \$14.99



SCAMP
— Our most popular Oxford.
Black, and Brown.
4 Widths - Sizes 5 - 8 \$8.99
B, C, D, E. Sizes 8 1/2 - 4 \$9.99

Quality's never out of style

"SMILEY"
Brown & Beige Suede
Size 8 1/2 - 12 \$11.99
Size 12 1/2 - 4 \$12.99

"HEATHER"
Brown Leather
Size 8 1/2 - 12 \$11.99
Size 12 1/2 - 4 \$12.99

"JESTER"
Size 12 1/2 - 4 \$13.99



Bonnie

BUSTER BROWN.

Colours: Brown and Black
Size 8 1/2 - 12 \$10.99
Size 12 1/2 - 4 \$11.99

On her first day...
have her
best-dressed

Teacher's pet or not, she'll be proud and happy in her smartly strapped Buster Brown shoes. And you'll be pleased, too, knowing she has the best fit, finest quality, and a one-piece PVC* sole and heel that stands up to recess fun.

*Polyvinyl Chloride



BUSTER BROWN.

Quality's never out of style

The proof is in this versatile shoe for school or dress. Made by Buster Brown with the durability and fine fit you know is a must for your daughter's growing feet.



Searle's SHOES Ltd.

COURTENAY — CAMPBELL RIVER — CUMBERLAND

NORAD

Defensive partnership springs from war years

COLORADO SPRINGS — The big noise of a nuclear explosion in the Soviet Union more than a score of years ago was one of the spurs that roused North Americans into building an air defence fortress to guard their homeland.

The effort created in the formation of the North American Air Defence Command, a two-nation military force with the task of protecting all of the continental United States and Canada against aerial aggression.

Beginning operations Sept. 12, 1957, NORAD is coming up on its 15th anniversary. But the fabrication of the systems it now has available to do its job started nearly a decade before then.

At the end of World War II, when the U.S. had a monopoly on atomic weapons and demobilization and retraining was the order of the day, defenses were weak; systems erected during the war had all been dismantled.

There was no great threat either.

But then 1948 brought a series of crises, including the Russian blockade of Berlin. At one point war seemed imminent and the U.S. Air Force ordered its Air Defense Command and Alaskan Air Command to begin around-the-clock air defense operations.

ADC had one radar operating, while Alaska had four sets turning a few hours a day.

The crisis passed, and continuous operations stopped, but it did show up the lack of clout in the nation's air defense system. The Air Force moved to erect a temporary radar net and Congress approved funds for a permanent system.

Canada formed an Air Defense Group late in 1948 under command of Group Captain W.R. MacBrien, who nearly 20 years later, as an air marshal, would move into the post of deputy commander in chief of NORAD.

From 1948, relations with Russia continued to deteriorate and, punctuating the problem, the Soviets exploded an atom bomb in August the following year. The U.S. atomic monopoly was broken.

Then came the Korean war

and off came the lid of preparedness. The urgent need for an effective, around-the-clock air defense brought a speed up order on programs that we underway or in development.

— Interceptor, rocket and missile programs were accelerated.

— New units were activated.

— Air defenses in the U.S. and Alaska went back on 24-hour operations.

— Radar stations and control centres were manned continuously.

— Interceptors and anti-aircraft guns were placed on alert.

— Armed interception of aircraft that could not be identified as friendly was authorized by the President.

As the buildup pace quickened, the Army established an Anti-aircraft Command (today known as the Army Air Defense Command) at the Pentagon in mid 1950s to control a coming national organization, and early the following year the Air Force re-established the Air Defense Command (now the Aerospace Defense Command) at Mitchel Air Force Base, N.Y.

Both headquarters then moved inland to Ent Air Force Base in Colorado Springs.

Defenses against the manned bomber grew and improved throughout the 1950s, spreading from around a few target areas to cover the continent, and there was continuous modernization.

Supersonic fighter interceptors carrying guided missiles replaced World War II left over prop-driven aircraft fitted with fixed guns.

Anti-aircraft guns gave way to surface-to-air missiles, some equipped with nuclear warheads.

The detection and warning web swelled from the some 50 World War II type radars clustered about only the most vital target areas in 1950 to

hundreds blanketing the continent.

Construction began in 1951 on a chain of radars, called the Pinetree Line, in southern Canada. To push the detection of enemy bombers farther north, two more warning systems were built, the Mid-Canada Line at the 55th parallel and the Distant Early Warning Line along the arctic circle.

A semi-automatic system was put into operation, adapting the speed of the electronic computer to the problem of quickly processing air defense information and aircraft tracks and controlling air defense weapons.

Finally, the whole system of radars and weapons was tied together by a vast communications network into command posts around the country linked, in turn, to the central command post at Colorado Springs.

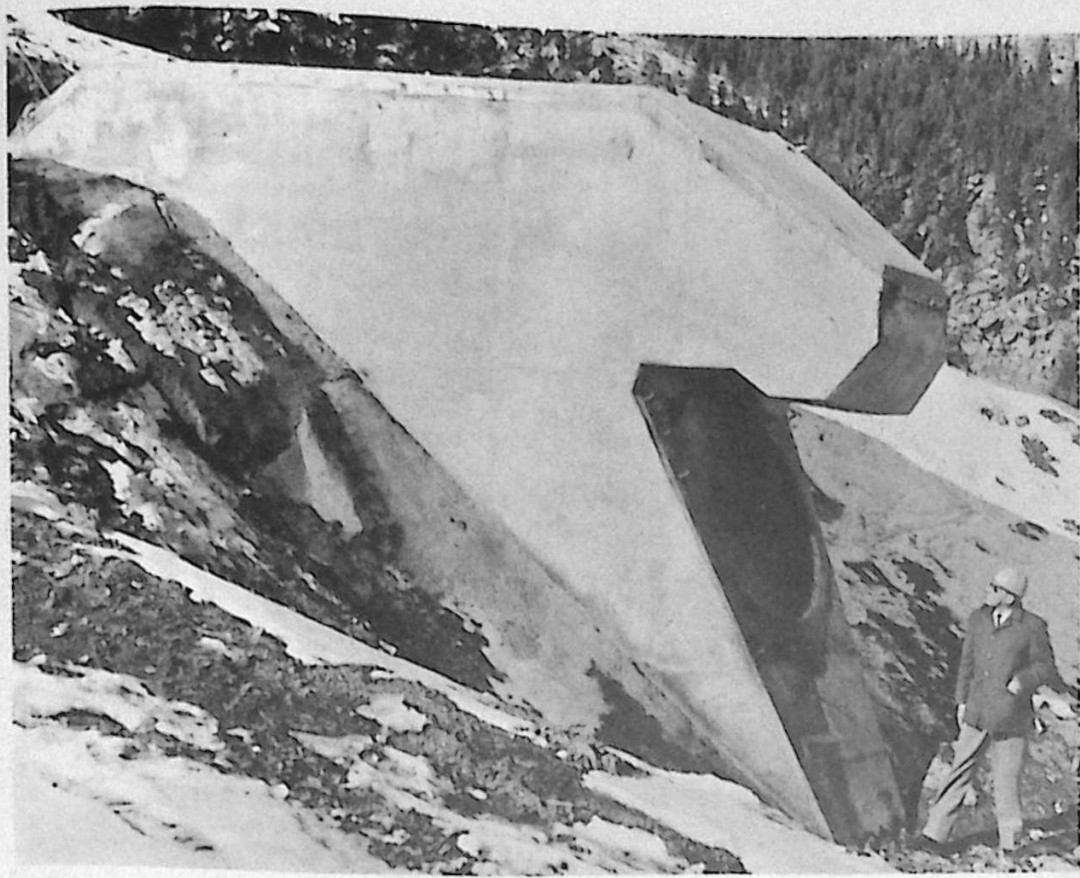
By 1954, the U.S. air defense system had become a huge, complex undertaking involving not only the Army, Navy and Air Force, but also many civilian agencies, the National Guard, and joint ventures with Canada which made it international in aspect.

While air defense cooperation between the United States and Canada extended back to World War II and beyond, it also had long been recognized by both countries that air defense of the continent was a single, common problem and that the system should be planned as such and an attack fought as such.

The upshot was establishment of the North American Air Defense Command Sept. 12, 1957.

NORAD was given operational control of all U.S. and Canadian air defense forces and the responsibility for air defense of the continent, with the peacetime job of preparing plans and

(Continued on page 10)



THIS SINGLE-EYED STRUCTURE, high on the steep slopes of Cheyenne Mountain near Colorado Springs, is a blast resistant radio antenna and the messages it picks up are channeled to the NORAD combat operations centre several hundred feet below and inside the mountain. NORAD Photo

Spectacular gains in air defence warning

COLORADO SPRINGS — Combining forces of the U.S. and Canada to guard the two countries against an enemy air attack by bomber aircraft, the North American Air Defence Command began operations in September of 1957.

Less than a month later, the Soviet Union abruptly displayed to the world its modern might, and at the same time opened up a new challenge to North American air defenders.

The USSR hurled Sputnik 1 into orbit around the earth, and along with it, launched the space age.

At the time, North American air defence men had the Distant Early Warning Line and other systems to spot incoming bombers, but they had nothing to chart the orbital paths of space satellites.

Today, as the North American Air Defence Command comes up on its 15th birthday, it's a different story.

The command's Space Detection and Tracking System is good and getting better. With radars and other sensors spotted around the world, it electronically reports every day in excess of 14,000 observations of the more than 2,700 man-made objects now orbiting the earth.

The seven-league stride has taken warning capability from the human eyeball watching for bombers that reach thousands of miles into space with a vision encompassing millions of square miles.

In the 1950s, when there was a sparsity of radars, the Ground Observer Corps was formed and called on civilian volunteers to fill the gap. They did. By the thousands.

At one time there were some 400,000 active civilian volunteers on sky-watch in the U.S. alone — on roof tops, atop towers. Any place they could scan skies for signs of hostile bombers.

The corps was disbanded in 1959, no longer needed because of better mechanical coverage.

The 1950s saw the stretching of the anti-bomber warning net to provide 360-degree coverage of the continent. They also saw, in the mid

fifties, the development of a new and more potent military capability — the intercontinental ballistic missile which could carry a nuclear warhead up to one-third the way around the globe in something like 30 minutes.

With the closing of that decade came the opening of the space age.

In October of 1960, three years to the month after the launching of Sputnik 1, operation of what was to be known as the Space Detection and Tracking System was assigned to NORAD, placing all military satellite-watching gear under one command.

Included were the U.S. Air Force's Space Track System, a collection of radars and cameras; the U.S. Navy Space Surveillance System, electronic fence across the southern U.S. transmitting radio energy into space to register passing satellites; and the Canadian Forces Baker-Nunn camera installation.

The building of better warning machinery hasn't stopped with these evolutions. Pressed by continuing advances in offensive weaponry, the planners of defences keep looking for ways to step up

alert time and cut down reaction time.

A new radar system designed to plug a hole in the air defence net recently was put into operation and is now supplying at least a limited warning of ballistic missiles launched from off continental shores.

Another defence problem was posed by the Soviet development of a fractional orbit bombardment system, with which warheads would be put into low earth orbit and then de-orbited during the initial revolution following the launch, considerably reducing warning time.

The answer lies in the development of a new satellite early warning system, which holds promise of greatly improving overall warning capability, not only against fractional orbit bombardment system launches, but against ballistic missiles as well.

As speed and capability of the manned bomber increases, North American air defence people are also looking down stream with hopes of seeing forward strides in ability to sound an alert against this offensive weapon.

NORAD views as its most

(Continued on page 9)



THESE COLORADO SPRINGS, weighing a ton each, support the eleven free-standing buildings in NORAD's underground combat operations centre. Located inside Cheyenne Mountain, the springs are designed to allow the buildings to absorb the shock waves caused by nuclear blasts or earth tremors.

INTRODUCING THE NEW PACE-SETTING



MAZDA

808

THE BEST BUY IN TOWN AT \$2674



ON DISPLAY NOW AT

CHALET MOTORS

YOUR MAZDA DEALER

CAMPBELL RIVER RD. COURTENAY, B.C.

PHONE 334-4163

ELK HOTEL

No Cabaret until further notice.

RESERVATIONS TAKEN FOR WEDDINGS, BANQUETS AND PARTIES Seating for 150 people.

Catering done by Doris Milot and Esther Piesher For Reservations Phone 339-2261

Rooms available by the week or month. TAKE-OUT SERVICE

NANAIMO REALTY



- REAL ESTATE
- INSURANCE
- LIFE INSURANCE
- APPRAISALS
- HOME TRADING
- FULL TIME RENTAL MANAGEMENT
- NOTARY PUBLIC
- MORTGAGING

WE HAVE TWO OFFICES TO SERVE YOU

COURTENAY
334-3124

576 ENGLAND AVE.

COMOX
339-2228

COMOX SHOPPING PLAZA

Consult us regarding your insurance requirements, whether it be furniture, personal possessions, cars, trucks, boats and oh yes — people.

YOUR PROTECTION IS OUR BUSINESS



NANAIMO REALTY
(COURTENAY) LTD.



576 ENGLAND AVE.
COURTENAY
334-3124

TWO OFFICES
TO SERVE YOU

208 AUGUSTA ST.
COMOX
339-2228



Picture A
Uniquely landscaped three bedroom home in Comox. Exterior features include a Union Bay brick chimney, panelling, sundeck and an easy-care, well shrubbed front garden.

Picture B
The large living room, dining area has a fireplace with raised hearth, wood panelling and leads into a galley-type kitchen with cabinets and a small nook.

Picture C
A large finished rec room with fireplace, a T.V. room, utility room and workshop are the features in the basement. Full price \$26,500. Call Tom Thomsen (339-3600) or Lorene Leveridge (339-2702) to discuss the incredible terms on this home.

Call Tom Thomsen (339-3600) or Lorene Leveridge (339-2702) on the above

Office 334-3124

The Battle of Britain

Each year, for a long time now, the Commonwealth air forces celebrate the Battle of Britain, the first allied victory of the Second World War, and the first major air battle in history.

We would stress the significance of this battle to the Canadian Forces as a whole rather than to the RCAF or the current air component of the unified force alone, for it was the prelude to a series of battles fought by all three of the Canadian Services in which Canadian units never failed to demonstrate skill, determination, and courage, often in the face of obstinate and able opposition. We airmen are particularly conscious of the blood that was shed by our Army comrades at Dieppe, Falaise, the Schelde, and many other hard-fought engagements, and are proud of their performance. We were there to help, and did, at some cost to ourselves.

In the final analysis, it is the Army that must go in, and their job seems inevitably to be the toughest. It is the aim of the air, first to make it possible, and then as easy as possible, for the Army to achieve the last victory.

The Battle of Britain made it possible.

Fifteen years

We note that the North American Air Defence Command celebrates its fifteenth anniversary on the twelfth of this month. That's a long time, in this modern world of rapid change. We wonder, if, at the time of NORAD's formation, anyone thought that it would outlive the RCAF itself, the force that gave it its international character? We doubt it very much, for those were the hey-days of the RCAF. With nine fighter squadrons in Canada and 12 overseas, all equipped with the hottest and latest, it was a tiger outfit. No one doubted that it was air power all the way, and the name of the game was to counter Communist expansion at every turn.

Well, things change. NORAD came under some minor political fire at its birth, but, as the ground work had been laid by the previous Liberal government with the Conservative government in power merely delivering the baby (so-to-speak!), it was generally agreed to be a Good Thing, what with the indivisibility of the continental air defence problem and the acceptance at the time of the need for collective security arrangements if the free world were to contain Communist power and influence. But it wasn't long before some people were no longer so sure. After all, there were intercontinental ballistic missiles on both sides now, weren't there? A sort of a stalemate, wasn't it? Anyway, surely bombers were out of date. Besides, didn't NORAD and all these bomber defences cost a lot? And those Bomarcas, weren't they kind of expensive, and perhaps a little dangerous, maybe sort of immoral, too?

Well, the Bomarcas have gone now, and we're down to three fighter squadrons in Canada and three skinny ones overseas. The bomber threat is still there but has definitely been overshadowed by the ICBM and the submarine launched missile. It is generally accepted that the USSR has long established strategic nuclear parity with the U.S. and bids fair to match or surpass American naval capability in every ocean. In addition these days the U.S. and the USSR negotiate face-to-face and the U.S. President journeys to Communist capitals. Many people believe the Cold War is over and that the era of confrontation between East and West is giving way to one of co-operation. We won't comment on these beliefs, except to say that someone may indeed have won the Cold War.

Yes, it can be said that there have been a lot of changes since NORAD came into existence fifteen years ago.

Buying with a purpose

The many whale-killers who gained their experience on venerable Argus anti-submarine flight lunch dispensers undoubtedly emitted a mighty cheer when they read the recent announcement that the federal government was inviting aircraft manufacturers to submit proposals for a new, long-range patrol aircraft equipped with a modern maritime surveillance system. According to the announcement, the successful bidder will produce an aircraft that will be capable of fulfilling a variety of roles, civil as well as military, throughout its life-span.

One cannot argue with this concept. New airplanes cost staggering amounts of money. The cost per unit tends to increase if the production run is short, as this one apparently will be. According to the announcement, technological advances will make it possible for this new aircraft to take on all those roles so efficiently that fewer of them will be able to replace the 32 Argi currently blotting out the sun in diverse locations around the country. Therefore, if it is at all possible, the new airplanes should be able to do more than one job, and work for more than one government department.

Another interesting paragraph in the announcement was the one that said "... contractors will be invited to specify in their responses the benefits to Canadian industry, including industry in areas outside the heavily industrialized regions of Canada." One has to ponder that for a moment. Initially it evokes visions of tiny home workshops on, for example, the Gaspé coast, where impoverished farmers turn from their losing struggle to wrest a living from the hard-scrabble land, and attempt instead to produce the new Mark XX sonar from incomprehensible blueprints sent to them by some manufacturer who might not have had a better idea when it came to building sonars, but who sure knew how to sort out, or attempt to sort out, regional disparities.

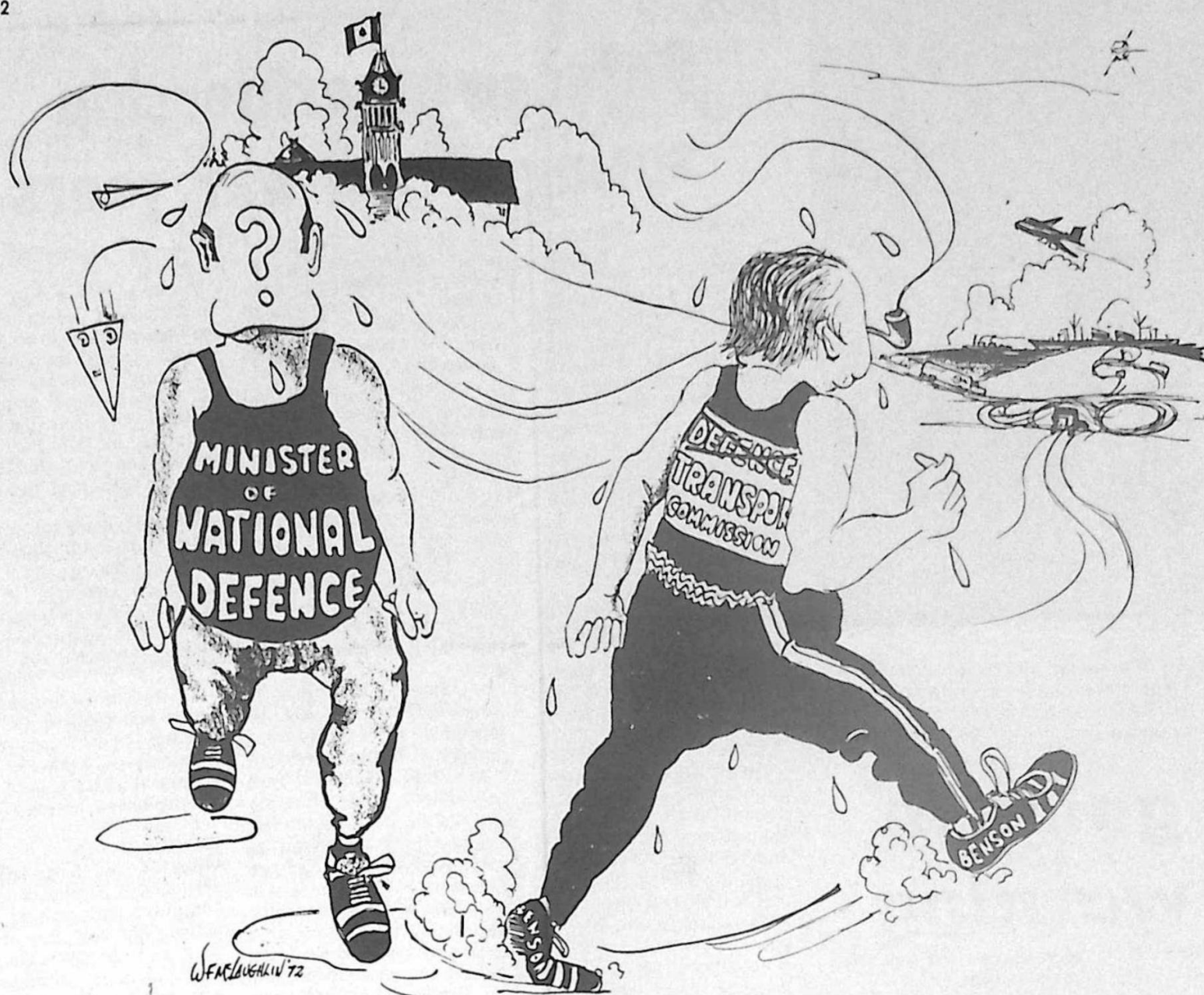
But with the distraction of thinking up many civilian applications for the new aircraft, and with the distractions of encouraging industry to grow in unlikely but needy spots, there is the hazard of losing sight of the fact that what is being produced is a military aircraft, for essentially military purposes. And this is the important thing.

The new airplane should be able to be used by other government departments when they are not required for defence purposes. And the manufacture of them should assist, in as many fashions as possible, the development of the Canadian aircraft industry. If under-developed regions can be assisted by the purchase of such aircraft, so much the better.

But the new aircraft MUST be capable of fulfilling the military role which is the chief purpose for its acquisition, otherwise there will be little purpose in acquiring it.

The long period of time which has elapsed since Canadians have had to participate in a hot war tends to obscure the fact that compromises in the design of military airplanes are often made at great cost to those who must operate those airplanes. When buying military airplanes it is best to keep uppermost in one's mind their primary military roles.

A great many people will await with great interest the final decision on the Argus replacement, and they will have good reason to do so. But those most interested will be those who will have to fly them, possibly in a combat situation. Let's hope that their interest will be given at least as much consideration as the interest of a fledgling electronics factory in East Oxen Yoke, Saskatchewan.



Who will be the next winner in the game of Musical Defence Ministers?

Socrates, we need you . . .

By PROMETHEUS

The following is an exact copy of a brochure for students put out by the Georges P. Vanier Senior Secondary School in the late spring of this year for the information of students who will be in attendance in 1972-73.

STUDENT INFORMATION

General

Starting in September 1972, the school will operate on a "Total Involvement" program. This means that all students attending Vanier will be involved in some educational undertaking at all times during the school day. This system, which is on a trial basis, is aimed at making school a place to get on with education and after the school day is complete to get on with your personal life. To emphasize this approach there will be no prescribed homework. Students taking difficult courses are urged to take a tutorial. In this way you get expert assistance with work or problems in the course. If you like to "tidy up the loose ends" of your courses in the quiet of your own home, this is home study and is recommended but not prescribed.

Schedule

There are four one and one-quarter hour periods planned for each day with two in the morning and two in the afternoon. The break between periods will be extended to enable students to have a few minutes of relaxation.

Program

Students should select courses to meet two goals: firstly, graduation and secondly,

educational interests. Courses for graduation are selected from prescribed courses while educational interest is met by selecting either an activity or a regular course. Students should try to balance their programs with courses they find hard and easy.

Activities

Activities are educational interest undertakings that enable students and teachers to get involved in a topic or skill of particular interest, in a manner most suitable to the group. There should be adjustability in and transfer between activities. The basic requirement is presence, hence involvement. Activities should be treated seriously and a "nonsense" situation will not be allowed. There is no reason why activities cannot develop at any time during a semester and as a need is identified.

This is an interesting brochure. In addition to the brief statement on school policy as it applies to education, it leaves a great deal unsaid. There is no mention of expected standards as they pertain to personal cleanliness, tidiness, and deportment or regulations concerning smoking, the use of or sale of marijuana or harder drugs. I suppose young people are expected to know that indictable offences will result in trouble with the school authorities, but this certainly isn't defined in this brochure, nor does it necessarily follow.

It states that this year the "School will operate on a 'Total Involvement' program."

Were they not totally involved last year? It further states that the system is on a trial basis. So, education is still on a trial basis. After all these years. The last few years were on a trial basis and came in for a great deal of criticism. This year they will attempt another approach and a new trial basis in order to reach and influence young minds. Open area teaching was supposed to provide some sort of panacea in education, was soundly endorsed by many so-called experts in education, and now after astronomical cost to students, teachers and taxpayers alike, is exposed for the failure and chimera it is; it has been largely discarded and partitions used to divide the open areas while the lack of real privacy "to get on with education" is sorely missed.

I challenge the advisability of holding 75 minute periods. It is unlikely that teachers can continually have 75 minutes of meaningful material ready for presentation, and it is equally unlikely that students will continually have the patience to endure such long periods.

The school should be more than just a place to present educational information. It should be the training ground for future generations. A training ground in the development not only of thinking young minds, but in character, deportment and personal disciplines. I don't see sufficient evidence that our training grounds are adequate.

PMQ brats are people, too

By ANNE T.

The article on "PMQ Brats" which appeared in a recent issue of the Totem Times was an outstanding example of the Archie Bunkerism that seems to be invading our society. Seldom does one read a newspaper item which packs so much bigotry, bias, criticism and sarcasm into relatively few paragraphs. Strangely enough, I can't disagree with most of the statements made by M. Humbert, however I feel she has been so busy looking at the weeds that she doesn't see the garden.

It is true enough that some children are unusually thoughtless and destructive -- it is true that some parents don't seem to care what their children do -- it is true that some parents don't feel it necessary to spend any of their own time and energy assisting in community activities. But it is my contention that for every bad child there are at least 100 who are basically good -- for every uncaring parent there are many who devote themselves to their families and communities.

It is also a well-established fact that children learn from their whole environment. A child may easily learn foul language in the playground or in a neighbour's yard. A child may learn disrespect from the attitude of those who show no respect or understanding. We expect our world leaders to find a path to peaceful co-existence but we can't be constructive enough to improve life in our own back yard.

I am quite sure that if Corporal and Mrs. Shudaknown ever decide the time is right to have "brats" of their own they will realize there are woes as well as joys in bringing up children and I hope they will be fortunate enough to be surrounded by understanding neighbours while the little Shudaknows learn how to become people.

Think again Mrs. Shudaknown! PMQs are no different from any other area in which a number of families make their homes. There are good parents, not-so-good parents and some who are not parents at all. There are exemplary children and rowdies and many in

between these two extremes.

I suggest that the Shudaknows entered into PMQ living with eyes and ears closed -- full of self-righteousness. In their hurry to move into a low-rent home complete with utilities and maintenance, they chose to ignore the possibility that they might not fit in.

Rather than spending your time vilifying your neighbours, I say why not build on whatever virtues you can find. If you see a need -- fill it, instead of sitting back full of criticism crying for "something to be done". Go out and find a way of improving the appalling situation that you see.

Frothy foulup

Dear Sir:

I must protest! After we worked long and hard to set up our Beer Festival, you gave the credit to the wrong people. Although many Sgts and WOs helped us consume the frothy fluids, it was the Jr. Ranks Club that organized the event. Thank you

Heinekin Schlitz

Editor's note:

Our deepest apology, but we weren't sure and took a guess. We hope that now the Sgts and WOs receive the credit that is due to them.

Over the counter

BY LCDR. I.F. McKEE

Arthur Lipper Corp of New York is a broker-dealer specializing in mutual fund analysis. They have just released a survey of analysis. They show the funds had an average gain of 57.54 per cent in two years to 30 June. The performance calculations include reinvestment of income dividends and capital gains dividends. The 365 growth funds covered had an average gain of 10.45 per cent during the first half of this year. How do your investments compare with this yardstick?

The market in the last quarter has not shown much life. Most mutual funds for example have had a slight decline. Picking a winner at the moment is pretty hard. However, for the long haul I think there is money to be made in selective pulp and paper stocks which have been out of favor for sometime. The profit outlook is brighter because of the expectation of increased sales and higher prices for lumber and plywood. Prices are much improved over 1971. The outlook for increased newsprint demand is uncertain. Most Canadian producers had to roll back part of their last price increases earlier this year because of competitive factors. There is some doubt if a new increase would stick. Pulp is in over-supply with gradual improvement expected in two or three years. Stronger demand for packaging products is continuing and with any further quickening in the North American economy this could be accelerated.

One company that should benefit from the improving situation is Abitibi. This is one of the biggest Canadian companies with a breakdown of sales as follows, newsprint, pulp and groundwood specialty papers, 49 per cent, fine papers, 26 per cent, board products and corrugated containers 25 per cent. In the same year 52 per cent of sales were in USA, 44 per cent in Canada and 4 per cent in other countries.

Abitibi has suffered through the economic recession and the floating dollar problem. At the moment machinery is not working to capacity. The economics of the business are much improved as the excess capacity is brought more into use. With extra paper capacity future income could well shift to base metal mining through 40 per cent ownership in Mattabi Mines Ltd. Earnings from this source should reach 30 cents in 1973. The economic picture looks like this:

YEAR	SALES (millions)	EARN PER SHARE (before extra ordinary items)
1967	209.3	.72
1968	255.6	.60
1969	287.0	.64
1970	283.9	.24
1971	274.4	.19

The other expected leader in pulp and paper is MacMillan-Bloedel. Both should reward the patient investor. Abitibi at \$9, MacMillan at \$25.

Uncle Al



Dear Uncle Al:

This morning as I was walking by the Officers' Mess, I noticed a group of people standing around looking like a convention of Gulf gas pumpers. When I looked further I realized that this was, in fact, a group of Officers, who were formed up as a platoon, which is also unusual. Can you tell what is going on, and who is this group.

Curious in Comox

Dear Curious:

I did some checking and learned that you probably gazed upon a group of visiting Royal Roads Cadets (one weekers), who now wear the Canadian Forces working dress. At least now they won't always have to turn down tips as they walk by hotels. By the way, it is not considered polite to refer to the working dress as resembling a Gulf uniform.

Dear Uncle Al:

I am a visiting Englishman staying in transient quarters, BB 80. When I looked out of my window I was, to say the least, somewhat amazed at what I beheld. In a tree was the largest cat I have ever seen. I soon realized that this was no ordinary Felix Domestica but was a real live Felix Mons (mountain lion). I know that you probably don't believe me, but I saw it.

What can I do? I am afraid to walk to the mess for breakfast, for fear of becoming breakfast myself.

Felinephobic

Dear Felinephobic:

Don't worry, Mountain lions hate Kippers. As added protection it wouldn't hurt to carry some sort of protection like a club.

If you ask some of the 414 Squadron crews that are visiting, they will probably lend you one of their many frozen salmon which would be quite effective if wielded correctly.

Wait a minute! Our Totem Times offices are also in BB 80. This could be trouble.

Al

TOTEM TIMES

Read in the best messes in the Canadian Forces

Published on alternate Thursdays, with the kind permission of Col. D. W. McNichol, Base Commander, CFB Comox.

EDITOR: Capt. Mike Pollard (Loc. 409)	BUSINESS MANAGER: Lt. Bob Denyer (Loc. 379)	SPORTS: Cpl. Gord Palmer (Loc. 365)
EDITORIAL STAFF: WO Paul Klem (Loc. 388)	ADVERTISING STAFF: Lt. M. Guile (409)	CARTOONIST: Capt. Bill McLaughlin (Loc. 308)
Capt. Norm Blondel (Loc. 330)	Cpl. S. Duncan (409)	CIRCULATION: Cpl. Yves Geneau (Loc. 270)
Capt. John Clark (Loc. 409)		PHOTO EDITOR: Capt. Dave McNair (Loc. 409)
PROOFREADER: Allund Sundry (Loc. 377)		

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of individual contributors unless expressly attributed to the DND, CFB, or other agencies. In case of typographical error, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item. "Advertising is an offer to sell and may be withdrawn at any time."

Printed in Courtenay, B.C., by Comox District Free Press

Continue your education

By VIC CAMILLERI

The survey sessions set up to establish the needs of the community in the field of secondary school subjects were completed on Aug. 16 and 17.

A good number of people took advantage of these sessions. They discussed their particular programs and problems with the counsellors and later stated their preferences for subjects on this program.

As a result of their demands, we will be offering two classes of English 12, one class of Mathematics 11, and one class of Socials 11. The number of people asking for English 12 justifies offering this subject on two different classes and on different nights. This also helps those who wish to take Math 11 or Socials 11 in addition to English 12.

Each of these subjects will be offered in two two-hour sessions per week (Monday and Wednesday or Tuesday and Thursday) starting the week of Sept. 11 and lasting for seventeen and a half weeks. Registration and other details are shown elsewhere in this newspaper.

CHORAL GROUP

Classes started last evening in the band

room of Courtenay Junior Secondary School and will continue every Tuesday until Dec. 19, leading to performances in the Civic Theatre on Dec. 22 and 23.

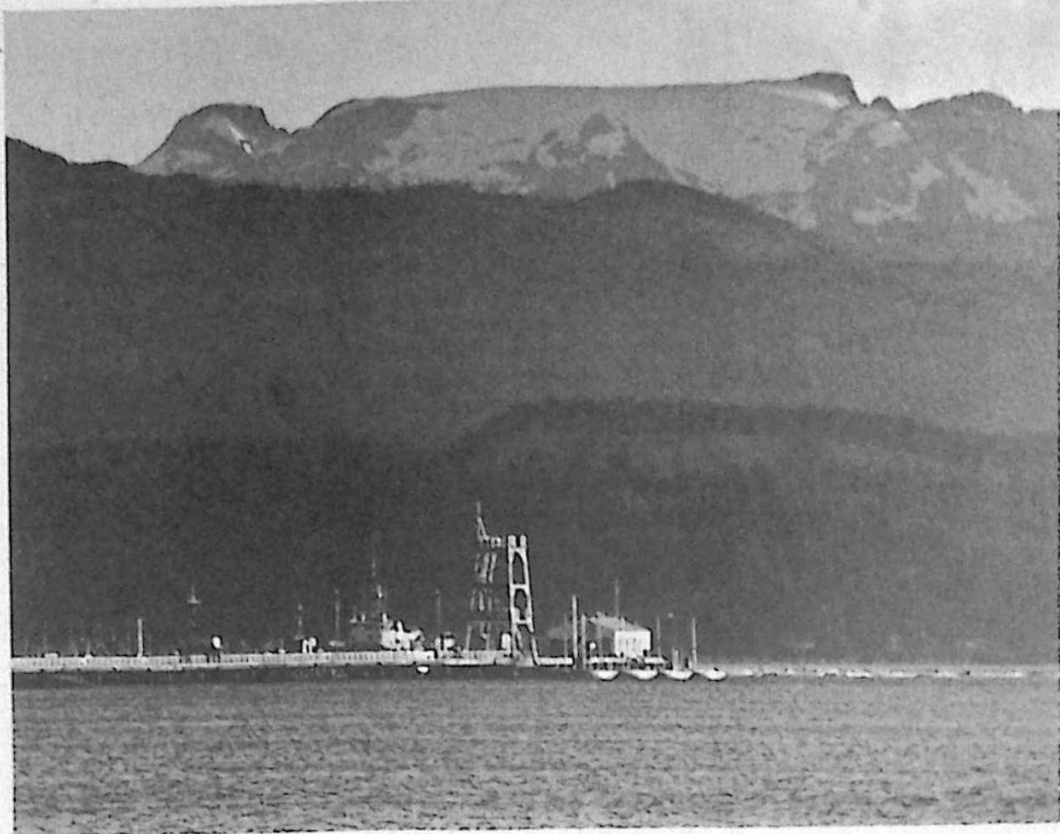
FALL BROCHURE

The brochure, which details the full night school program for this semester (September to January), will be in the mail to every household in the school district later in this week. For those of you who do not have home mail delivery, sufficient copies for each household will be deposited in your area post office.

We ask you not to pick up more copies than you need as the number of copies is limited to one per household. We do keep a few extra copies for those who somehow still miss out on their copy. When you do get your copy, save it for future reference.

Do not waste any time; register early as each class has a limit on the number of spaces available. Those that register early avoid possible future disappointment.

If you have any queries, please do not hesitate to get in touch with us at Courtenay Junior Secondary School or call 338-5383, local 34.



QUADRA SUMMER CAMP has ended for this year and "Terror Tower" waits for its next hapless victim to arrive as the Sea Survival Courses begin again during the fall and winter. Dave McNair Photo

A STORY FOR YOUNGSTERS

The trials of Mr. Dickie

For Karen and Debbie

Mr. Dickie arrived in the neighborhood last spring. He had been away all winter but decided to return to his first home; this is where he first saw the light of day - right over at the old Petersen place.

But things had changed on our street. The Petersens moved away and a family by the name of Mills occupy the old house. They don't look after the place. It's shabby and rundown now.

Just the same Mr. Dickie made up his mind he wanted to live there again. He brought Mrs. Dickie to see the garden and trees which he loved. She seemed to like the place also.

Mary and Mark Blake, who live across the street, knew Mr. Dickie through the Petersens. They all liked him. He's a cheerful fellow, and often sings while going about his business. Why shouldn't he? After all, Robin Dickie is a robin.

Mr. and Mrs. Robin Dickie decided to build their home in a tree in the Mills garden. They gathered twigs, feathers from Blake's chicken run, and even bits of string to construct their nest. They were so busy and happy. Then one day Larry Mills discovered where they were making their nest.

"Look at that nest!" he called to his sister Lila. "Watch me climb the tree and get it!"

"You'll fall and hurt yourself," Lila warned.

"I will not," Larry shouted as he started pulling himself into the tree. Lila stood watching. Suddenly Larry's foot slipped and he fell down, skinning his hands.

"I told you so," Lila said. "Just because you're a year older 'n me, you think you're smart." Larry said, trying to keep back his tears. He was angry. It was Mr. Dickie's fault he had hurt himself. He picked up a stone and threw it at the nest. He missed, but in a temper he found more stones and did manage to damage the home of Mr. and Mrs. Dickie.

"See!" he shouted. "I hit it."

Mrs. Dickie was very upset. She scolded loudly and Mr. Robin Dickie heard. He flew to see what was wrong, and showed his anger by flying close to Larry's head.

The naughty boy did not stop until he hit Mr. Dickie's home a second time. It fell in pieces to the ground. With that he went off as he'd done something clever.

Poor Mr. and Mrs. Robin Dickie talked over their ruined home. They decided to build again but in a different tree on the Mills place. Larry watched them and after the nest took shape he came with a slingshot, making their lives miserable. Another danger came in the form of a scruffy cat belonging to Lila Mills. It was always hungry and wanted to catch the Dickies, stalking them as they hunted insects on the ground.

Mary and Mark felt badly

when they saw Larry worrying their feathered friends. "Leave them alone!" they shouted from across the street.

Larry made a face and threatened them with a rock. He kept using the slingshot till at last he broke the second nest.

Mr. and Mrs. Dickie flew away.

Mary ran to her mother: "Larry's ruined Robin Dickie's nest again. Oh, he is so mean!"

"The naughty boy!" Mrs. Blake answered. "I hope he hasn't hurt them."

"They've flown away, Mummy."

Days passed but the robins did not return.

"We miss hearing Mr. and Mrs. Robin Dickie sing," Mary told her mother. "Won't they come back again?"

"They are probably building in another tree. Just be glad they weren't hurt," Mrs. Blake answered, patting Mary's cheek.

A week later the Blakes awoke to the lilting song of a robin. Mary and Mark scrambled from their beds and rushed to the window. Looking out they saw Mr. Dickie perched on top of their apple tree. He flew down to the lawn and cocked his head,

listening for breakfast worms.

Mrs. Dickie joined him.

"Oh, I do hope they come and live in our tree!" Mark whispered. It wasn't long before they saw Mr. Dickie gathering feathers and flying with them into their tree.

"Hooray! The Dickies are going to live with us!" Mark cried.

"They must know we won't hurt them," Mary said with a smile. "I'm so glad."

"So am I, children," their mother added. "Trees are not complete without birds. Birds eat their own weight in bugs every day, so you see we need them."

"What would happen if we didn't have any birds?" Mark enquired.

"I'm afraid we wouldn't have a nice green world to live in, and perhaps no food either, for the insects would eat everything," Mrs. Blake explained.

"That's why we must look after all dickies," Mark stated.

"Yes, that's why," his mother agreed. "Now it's time to get dressed, children. I'll make you a nice breakfast."

As they left the window Mr. Dickie sang again.

"He's saying 'thank you for letting us stay,' Mummy," Mary said, smiling happily at her mother and Mark.

Chapel Chimes

PROTESTANT CHAPEL
Rev. R. J. Ritchie - Base Chaplain (P) Telephone No. 339-2211 Local 273.

Sunday Service - 10 Sept. 72 - Divine Worship 11:00 a.m. Baptisms during Service
Sunday Service - 17 Sept. 72 - 11:00 hrs. "Battle of Britain Service" During this service there will be a dedication of Offering Plates and Plate Rest in Loving Memory of Capt. Rodney Luneburg who served with 407 Squadron from 1963-69 as an R.O. Capt. Luneburg died 17 Aug. 1970 while flying at CFB Moose Jaw. The presentation will be made by Mrs. E. Luneburg. Choir:

Our Choir Director would like to meet with the Senior Choir members at 8:00 p.m. Sept. 14 in the Chapel.

Sunday School Teachers
We need at least five adult teachers for our Christian Education Program. Please contact the Padre at local 273 or at 334-3226

All departments of the Sunday School meet at 9:30 hours in the Chapel every Sunday beginning with registration on the first Sunday of October (Oct. 1). Children must be accompanied by an adult when registering.

Teacher Training Classes
Will be held in the Chapel Annex beginning on the 14th of September at 8:00 p.m.

RC CHAPEL
Fr. J. A. Borg - Base Chaplain (RC) Telephone No. 339-2211 Local 274

Masses: Saturday, 7:00 p.m. Sunday Vigil Mass; Sunday 0930 and 1100 hours
Weekdays:

Tuesday 7:30 p.m.
Wednesday 4:15 p.m.
Thursday 4:15 p.m.
Friday 7:30 p.m.

Sacrament of Penance
Before Mass on Saturday - from 6:30 to 7:00 p.m. and before weekday Masses.
Catechism Registration
Registration night for Catechism will be on Wednesday 13 September at 6:30 p.m. in the PMQ School.

Catechism classes will be starting on Wednesday the 20th of September from 6:30 to 7:30 p.m. in the PMQ School.

CWL
The first fall meeting of the CWL here on the Base will be held Tuesday, September 12th following 7:30 evening Mass in the Base Chapel.

After the meeting Fr. Borg will show some slides about "Malta, the Island of Sunshine and History." All ladies are welcome.

Junior Choir
Registration night for the Junior Choir will be held in the PMQ School on 13 September 72 at 6:30 P.M. Ages from 10 and over.

(Continued on page 8)

Sentinel From bullets to toilet paper

OTTAWA (CFP) - To the relief of some and chagrin of others the July-August edition of Sentinel gets out of the "all navy" rut noticed by readers in the previous two issues.

The lead feature deals with one small group among the many stalwarts of the Canadian Forces' logistics system - the quality assurance people. They monitor production processes in industry to make sure your ammo fires and your toilet tissue tears only along the dotted lines.

Apart from the usual columns (People, Keeping Posted, Books and Letters) there are seven feature stories. Two of these, one land and one air, are on the historical side.

One recounts Canadian participation in this year's golden anniversary celebrations at Aldershot, England, and looks back at this wartime "home-away-from-home" to many hundreds of our troops. The other, titled "Canucks Unlimited," tells how Toronto Star reporter Ron Lowman, who flew with 436 Squadron in Burma, met the Flying Elephants again in Canada's Arctic.

But the nautical flavor isn't entirely missing from within Sentinel's covers. There's a two-page feature on the Royal Navy's experiments with new uniforms for Jack Tar, including photos of the three top styles now undergoing 12-month user trials.

As for the back cover, it's as nautical as can be. Check the accompanying photo, then start looking for the July-August Sentinel!

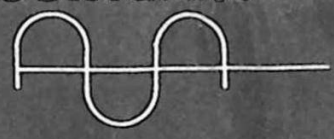
Learn to Square Dance:

Square Dance Beginners Class will commence Thursday Sept. 21 at 8:30 p.m.

These classes will be held weekly in the Comox Rec Centre on Noel Ave.

Teacher-caller: Mr. Bob Jeglum. For more information contact Bob at 334-8780

COURTENAY



ZENITH

FOR ANYTHING ELECTRICAL
YOUR BEST BUY IN THE VALLEY

ELECTRIC & SOUND CENTRE

TV FOR 73

See the New Line of these hand-crafted Super Chromacolor T.V.'s. Also the new stereo and Quadra Sound Systems at your friendly Zenith Dealer

477 - 5th Street,
Phone 334-4214

OR COME IN AND BROWSE



Distinctive Eyewear from

HALE OPTICAL

463 Fifth Street, Courtenay Phone 334-4604



GARTH WIZNUK and his "sort of spaniel" relax between the keenly contested dog show events. They didn't win a prize, but if a boy has a dog and a dog has a boy who needs anything else. (Dave McNair Photo)

Spook wins dog show

The climax to the summer recreation program for dependents was the annual dog show held at the PMQ playing field. Many children watched as four competitors vied for the title of Top Dog. Mrs. Joanne McLeod judged all the events, giving instruction on dog showing at the same time. When it was all over a schipperke named Spook owned by Crystal Patterson had taken the grand prize which consisted of a

trophy and a lot of clapping from the audience.

Other competitors included a spaniel named Sandy owned by Garth Wiznuk, a poodle, Moses, belonging to Kathy Hale, and one other schipperke, Misty, who was put through his paces by Linda Lefevre.



COMOX (CANADIAN FORCES)
CREDIT UNION
Box 400 - Lazo, B.C.

Join your credit union It's where you belong

Your credit union is a group of friends who have pooled their resources for the good of all. When you join you can save with confidence. Or, if you need money, borrow at special, low interest.

At your credit union, you're a member, not a customer. And that means a lot. But you'll never know, till you belong.

BIKE SPECIALS Limited Quantity

Eliminator 10 speed

79.95

Monshee Standard with safety levers

95.00

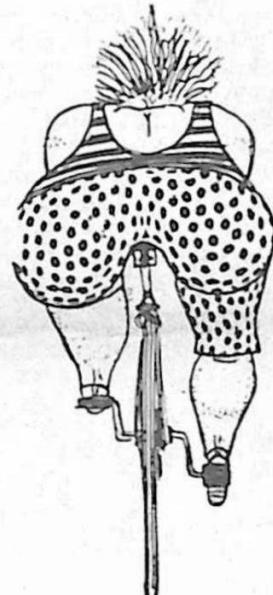
Monshee Deluxe with safety levers, toe clips, straps and pump.

99.50

Peugeot - very few

A08 - 110.00

U08 - 129.00



WE SERVICE AND REPAIR
ALL MAKES OF BICYCLES

THE OUTDOORSMAN

1787 Comox Ave., Comox, B.C.

339-2600



We Carry ...

BUSHNELL, REDFIELD SCOPES, CIL, REMINGTON, BSA, WINCHESTER, MOSSBERG AND PARKER HALE RIFLES AND SHOTGUNS.

ALSO ...

A complete stock of Hunting Accessories, Ammo, Hunting Knives, etc.

Koho Hockey Sticks

Koho Junior	3.50
Koho Champion	4.10
Koho Tournament	4.39
Koho Pro	5.39
Koho Pro-Keeper	9.00

THIS WEEK'S
ANKLE BITE SPECIAL -

1969 and 1970
Back Issues of
Gun Digest... ea. 50c

For your Sporting Goods, it's
The Outdoorsman on Comox Ave.

The One Stop Sporting Goods Store

THE OUTDOORSMAN

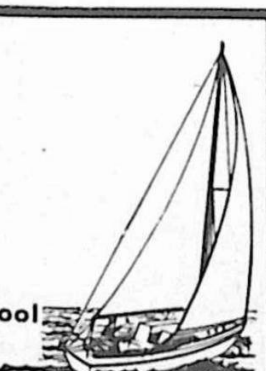
1787 Comox Ave., Comox, B.C.

339-2600

PORT AGUSTA MOTEL

COMOX VALLEY'S NEWEST MOTEL

•Deluxe Units •Cable Television •Heated Swimming Pool
•1 & 2 Bedroom Housekeeping Units •Dining Room



IDEAL ACCOMMODATIONS FOR SERVICE PERSONNEL ON
THE MOVE OR VISITING FRIENDS AND RELATIVES

Centrally located in Comox overlooking beautiful Comox Bay

RESERVE NOW AT THE PORT AGUSTA PHONE 339-2277



IF EVER YOU get to Mile 603 of the Alaskan Highway, you'll see a memento of CFB Comox left there by Sgt. C.D. Curtis and Cpl. M.R. Grieve last month. Wonder whose sign they tore down to make room for theirs?

Voodoo nuts, bolts

By PAUL KLEM
Everything has been relatively quiet and routine for the last few weeks, with our normal quota of snags per flying hour. Somehow we manage to maintain a steady flow of serviceable aircraft to meet our flying commitments. The aircrews of course just hate to see a serviceable aircraft sitting on the ramp when it should be flying, so they always manage to keep us busy.

Repair on the other hand are working their hearts out trying to keep up with their inspections that keep coming up like clockwork, even before they're finished with their last one. Their biggest job is finding enough spares to complete the inspections without robbing. The DEVIL must be working overtime trying to figure how to keep up with the spare parts demands.

Major Phil Perry, Capt. Joe Kenkel, Sgt. Joe Whittington and Sgt. Dick Casselman are on their last air show job that has kept them busy all summer. Perhaps the fringe benefits will make up for all the extra work and time lost.

Cpl. Marie Gabriel (Gabby) Paradis and her husband John have departed for the land of big decisions called CFBHQ, Ottawa. It's someplace in the mid eastern section or bet-

ween Upper and Lower Canada.

Gabby has been a most efficient Clerk Admin, whose unstinting devotion to her job in the BAMEO OR will be hard to replace. Our loss is Ottawa's gain. She has the talent of reading and deciphering even the worst handwriting (including mine). I would like to personally thank her for all the Totem Times articles she typed for me usually at the last minute to meet the deadline.

Sgt. Dave Curtis (Servicing) returned from a holiday trip in the Yukon where he reports that trout fishing is just out of this world. It's the country where two pound trout aren't even keepers. He brought home a 22 pounder as a souvenir. While there, Dave Curtis (Servicing) returned from a holiday trip in the Yukon where he reports that trout fishing is just out of this world. It's the country where two pound trout aren't even keepers. He brought home a 22 pounder as a souvenir. While there, Dave claimed part of the territory for CFB Comox by erecting a suitable sign post along with various other claimants. All we need now is to open a camp to keep out trespassers - any volunteers?

Joining the thin ranks of the "water on the rocks" regime of Ernie Briggs is Tony Brett, Ernie Poole and John Pew. Rumor has it that Jon has lost half his baby fat. Congratulations are indeed in order for these four and their ladies for the temptations are many and the rewards are slim.

The completion of the semi-annual Comox Olympic "treize cent metre" jog was readily apparent by the grimacing, hobbling, truly combat ready crews. What a singular sight it was, watching a select few fighter aces (notably 20 and 21) burning around the cinder track at warp factor 3 while the mob lumbered around with drag chutes seemingly pulled. The Hawks, after having proved themselves, took time out to socialize and replenish their fluids before adjourning to a day on the golf course. A special thanks to the twenty-five per cent that skived out of the run, they will no doubt spend a little extra Rest and Rehabilitation in the QRA in place of it.

"Real" Fighter pilots know where to shut down their heavier than air crafts. Drew, it was said, could not decide whether he was a T-Bird or a Voodoo. It sure is embarrassing to have to get out and push.

Lance by Chance has had more than one deadline to meet recently. The last

ultimatum Lance received involved an ejection of himself and furniture onto the street. Twelve midnight on the thirty first was his limit; accordingly, Lance and friends moved out at eleven thirty that night thereby getting the last word.

John Pew has found a real great place to get his oil changed. Apparently a recent trip to Vancouver convinced him to return to "Midas Muffler".

Hammer, the Fischer of 409, missed two missions on Wednesday, one at 0845 and the other at 1345. Upon returning he mumbled something about voting. I've heard of indecision but this is ridiculous.

Is it a bird, a plane, a meteorite ... No, it was a certain "one-o-wonder", his car in full burner late for morning briefing. Did he make it? ... Ask your local constabulary.

The "man in the moon" seems to have succeeded in tricking Al Schulte. Al's latest IR contact proved to be a quarter of a million miles away. Say Goodnight Al!

Last Friday the mates of HMCS 409 mustered somewhat hastily for a locally generated exercise and for a confrontation sometimes known as group therapy or ground school. The topics reviewed were as assorted as the excuses for failing to attend the ADC forced run. Maj. Sos delivered a short pep talk to the hands something about "shape up or ship out" and "anchors away". The captive audience was then subjected to several typical renditions of the same old ground school themes. Our sardonic "witch doctor" then enlightened the Hawks on such dubious subjects as: the relationship of ringworm and those originating from Halifax and the Surgeon General's simple formula for vasectomies. A new study group was formed on Friday under the direction of Maj. Conn. This committee will be delving into the questionable working conditions in the QRA and how best to improve them legally. Bon Chance! (English equivalent "you got hopes") You will require enormous

patience, strength and a sprinkling of larceny and cunning.

After a summer filled with extra alert commitments, air shows, and just day to day training by skeleton crews, 409 is looking forward to the fall for theirs was the task eternal during the "summer holidays". The Squadron now rests in the proverbial doldrums and awaits its new Nighthawk Commander Lt. Col. L. C. Price. The Nighthawks will no doubt be gripped with fall fever in the

next two weeks. The writing is on the wall for a multitude of changes both locally in the Squadron and more generally on the base level. The C.O. Col. D. W. McNichol and our forthcoming new Squadron Commander will see 409 and ADC Base Comox with a different perspective, as new blood always does. Get your dustbins poised lest one not forget what people say about new brooms.

Rumor of the Week: Morning Briefing will now be changed to 0645.

Nighthawks Nest

Join Now

In Step with the Times



ROYAL CANADIAN AIR CADETS

Enrollment at 386 Sqn. Headquarters

Located on C.F.B. Comox Building 22

If you are between the ages of 13 and 18 come out on

Thurs., Sept. 7th at 7:00 p.m.

ATTENTION Girls 13 - 18 yrs. Join Air Force CADETTEs

Registration Monday, Sept. 11th at 7:00 p.m. C.F.B. Comox Building 22

SCHOOL DISTRICT 71 CONTINUING EDUCATION

ACADEMIC PROGRAMME

Evening Classes - 7:30 to 9:30 p.m.

The Continuing Education Department offers the following courses leading to Grade 12. Classes will be held at G.P. VANIER SR. SEC. SCHOOL.

ENGLISH 12 Mon. & Wed. Commencing Sept. 11

ENGLISH 12 Tues. & Thurs. Commencing Sept. 12

SOCIALS 11 Mon. & Wed. Commencing Sept. 11

MATH 11 Tues. & Wed. Commencing Sept. 12

Courses are of 18 weeks duration. Register - at Continuing Education office in Courtenay Jr. Sec. School - at 799 Grant Ave. in Courtenay - or on first night of course. Late enrolments will be accepted if class is not already filled. The fee, which does not include textbooks, is \$45.00 for each course, payable upon registration.

BIG TOP SPECIAL SALE



Continues



REMEMBER IT'S A '72 GREAT BRAND NAME SALE

ZENITH - INGLIS MOFFAT

Free Balloons for the Kids. Draw for one 8 Track Cartridge every day.

COURTENAY ELECTRIC & SOUND CENTRE

477 - 5th St. Ph. 334-4214



"HELP US TO HELP YOU"

"HUNTERS"

12 GAUGE SHELLS \$2.49 A BOX
SHOTGUNS - 1/2 PRICE
SPECIAL ON HUNTING KNIVES

"BACK TO SCHOOL"

JUST ARRIVED - "FALL"
SLACK/PANTS - FOR THE STUDENTS

"FOR THE MEN"

DON PARKER SLACKS
"SEE OUR FALL SELECTION"

SUPPORT YOUR BASE EXCHANGE

RETAIL DEPARTMENT STORE
AUTO CLUB AND SERVICE STATION
BX SNACK BAR
7 HGR. SNACK BAR
ARENA CANTEN
BASE THEATRE
BASE WOOD HOBBY SHOP

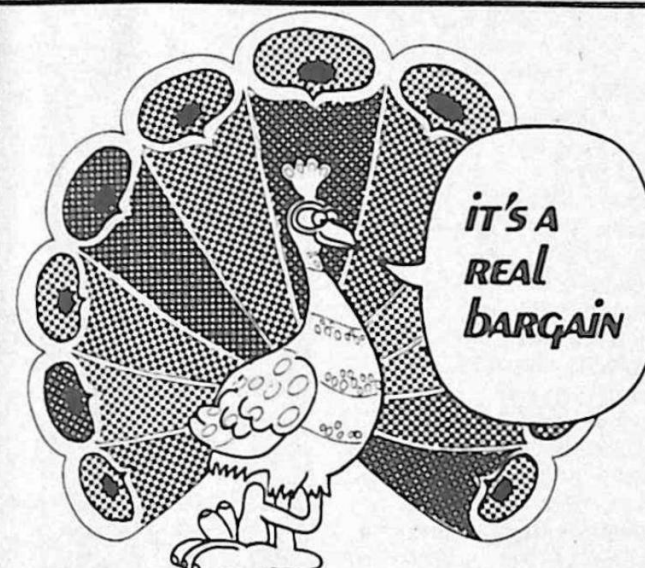
VERY LATEST



SANYO COLORED

20"

T V S



Let yourself go!!!

DECORATE WITH PITTSBURGH PAINTS

SATINIDE LO-LUSTRE ENAMEL
WALLHIDE SEMI-GLOSS
SATINIDE LATEX LO-LUSTRE ENAMEL
WALLHIDE LATEX ONE COAT FLAT
WALLHIDE GLOSS

"SALE COMMENCES 15 SEPT. '72"
Exceptional Values

PITTSBURGH PAINTS PEACOCK SPECIAL

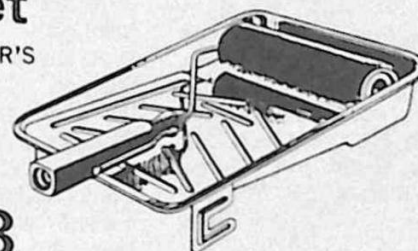
7 1/2" Smooth-Flo roller tray set

MANUFACTURER'S SUGG. RETAIL

\$2.98

ONLY

\$1.98



Brushes.....49¢

Brush Sets.....\$29.95

(Incl. Paint Brush Container)

Cedar Stain.....\$3.33 gal.

PITTSBURGH PEACOCK SALE

AUTO HOBBY SHOP

4 Self-Help Bays & Lube Rack

50¢

an hour plus \$1.00 if left overnight.

ALSO: 4 Mechanic Rental Bays

Contact your Service Station Mgr. or A/Mgr.

OPEN Mon to Fri 0800 - 2100 hrs

Saturdays 0900 - 1600 hrs

Sunday 1200 - 1600 hrs

NEW FALL MERCHANDISE

ARRIVING EVERY DAY
Exciting new colors and new ideas.

"BUY WHILE SELECTION IS BEST"

BUY



AUTHORIZED PATRONS ONLY

WATCH THIS SPACE IN EVERY ISSUE OF TOTEM TIMES FOR EXCITING NEWS AND EXCEPTIONAL VALUES FROM YOUR BASE EX.

Sports around the base

By SCOOP PALMER

There has been and will be quite a bit of activity around the Glacier Greens Golf Course. The Club Championship was held a short time ago with only 36 golfers competing for the title. The winner of the Championship Flight was Jack Smith as he finished the 36 hole competition with 154. The runner up was Gavin McLean with 163. The winner of the First Flight was Gord Smeaton with 180 and he was followed by Bob Sleight with 182. The Second Flight was won by a gentleman named Caslake with 195 while Rick Bryson had 196.

I believe that Jack Smith has only been golfing for about three years. In this short period of time he has done quite well for himself. I have a feeling that he will be winning quite a few more tournaments before he is finished with the game of golf. He is the current Supply Section champion and he will be out to defend his title when the Supply Techs have their Ken Pulham Tournament on Friday September 15th at Glacier Greens. He has won this trophy for the last two years.

The Colonel (now General) Lett Golf Tournament will be held at Glacier Greens on Saturday September 9th. Tee off time will start at 9 a.m. Entries must be submitted prior to September 7th. All you have to do is phone or visit the golf course and then leave your name. To be eligible for the Colonel Lett Trophy you must have an established handicap. There will be other prizes and the Callaway System will be used for those who do not have a handicap. The entry fee is \$1.50 plus green fees for non members. It is expected that General Lett will be here in person. This tournament is open to all Service Personnel and DND employees at CFB Comox, both male and female.

The Ladies Division of Glacier Greens will hold their annual Club Championship on Sunday September 10th. This tournament is open to all female club members. Tee off will start at 9 a.m.

The Comox Valley Tennis Club will once again be sponsoring the Upper Island Closed Tennis Tournament. It will be held at the tennis courts at Lewis Park in Courtenay on September 23 and 24. There will be four different events in this tournament and they are Men's Singles and Doubles and Ladies' Singles and Doubles. The entry fees are \$2.00 for singles and \$1.50 each for doubles. The closing date for entries is September 18th.

For further information contact the tournament coordinator, Stan Whyte, at 339-4210.

This Saturday is the day that quite a few boys have been waiting for. Registrations for the Comox Valley Minor Hockey Association will be accepted at Glacier Gardens Arena between the hours of 10 a.m. and 4 p.m. Each boy MUST have his birth certificate with him when he comes to register or his registration will not be accepted. Registration fees are \$14.00 for all divisions with the exception of Juvenile where the fee is \$15.00. There is a \$35.00 maximum per family.

There will be a Skate and Equipment Exchange held at the Cub Hall adjacent to Glacier Gardens on Saturday September 9th from 10 a.m. till 5 p.m. All merchandise for the sale must be brought to the Cub Hall on Friday night between the hours of 7 and 10 o'clock. All merchandise must be tagged with your name, phone number, size and selling price. All money due the seller must be picked up by 5 p.m. on Saturday.

The Annual Skate-A-Thon will be held on Saturday October 7th from 8 a.m. till noon. This event is open to all boys and girls between the ages of 8 and 18. There will be prizes awarded in four different age divisions. The Comox Valley Minor Hockey Association executive would like to issue a challenge to the Press and Radio to come out and skate in a special segment of this event. More details will be announced later.

BASE GYMNASIUM

OPERATION HOURS

Mon. to Thurs 1830-2130 hrs
Sat. 1300-1600 hrs
Sun 1300-1600 hrs
1830-2130 hrs

Ladies fitness

Date: 12 Sept - 12 Dec 72
Time: Tuesday Evenings 7 - 9:00 p.m.

Place: Base Rec Centre Gymnasium

Cost: \$5.00 per person

Registration: Send name, address, phone number and \$5.00 to Ladies Fitness Club.

Mrs. Dot Welin, 2252 McKenzie Ave., Comox, B.C.

Apparel: as relative to program, bathing suit, etc.

Second Session 1973 - 9 Jan. 73 - 22 May 73.

All inquiries directed to Base Rec Centre, local 315 or Mrs. Dot Welin, 339-2187

Each year the Canada Post Office holds a national auction of unclaimed parcels.



THESE MEMBERS OF THE Fighting Four Hundred and Ninth recently completed the Canadian Armed Fitness test using the time tested theory that speed

kills. All sections are now taking the test to help tell the men from the fat.

Base Photo

Try golf

Not your cup of tea?

OTTAWA -- What does running a mile-and-a-half in 13 minutes prove?

Well, if you're 30 - 39 years old, it means that your heart and lungs have the work capacity to sustain performance, recover rapidly and maintain an energy reserve.

In other words, you have the minimum physiological fitness for your age bracket to perform a day's work in the Canadian Armed Forces.

"The 1½ mile run is just the slide rule we use for measuring the fitness level of our personnel twice a year," says Major W. E. (Hank) Tatarchuk, officer responsible for physical fitness programs at armed forces headquarters in Ottawa. "By no means," he added, "should it be considered the entire fitness program."

The stress is on something called aerobics. That's pronounced air-o-bix. Simply stated, it's a year-round plan of varied physical activities designed to increase the work

capacity of the heart and lungs. Any activity that develops and promotes the efficiency of the oxygen transport system of the body is an aerobics exercise.

Major Tatarchuk said recent publicity about the switch in emphasis in the Armed Forces from the older RCAF 5BX and 10BX programs to aerobics may have confused some people. The Armed Forces are stressing aerobics as means of achieving a minimum level of fitness for all personnel, following up with one of many complementary programs, including 5BX, for personnel employed in more physically demanding positions.

Some combat units, such as infantry, complement the basic program with more physically demanding activities such as obstacle courses, long route marches in full battle order, and hand-to-hand combat.

"Although the only forced-wide physical fitness test at present," says Major

Tatarchuk, "is the 1½ mile run, officers and men undergoing basic training must meet minimum standards related to strength, endurance, agility and balance." Similarly, personnel at operational units are expected to meet specific tests related to their particular role.

Two pocket books on aerobics, explaining the particulars and benefits of the program, are available to the public. Written by Dr. Kenneth H. Cooper, formerly of the U.S. Air Force, they're called "Aerobics," and "The New Aerobics." Soon to hit the

news stands will be "Aerobics for Women" by Millie Cooper. In the program, various sports are assessed a certain number of points according to the time devoted or distance covered. But jogging, according to the experts, seems to be the easiest way for most people to stay fit.

And if jogging 1½ miles in 13 minutes is not your cup of tea, you can get the same benefit - if you have the time - by playing 18 holes of golf 10 times a week.

"But," warns Major Tatarchuk, "don't use a motorized golf cart!"

THE MALL TOYS AND HOBBIES

Your Year Round Toy Store

THE COURTENAY MALL 625 Cliffe Ave.

COMOX VALLEY MINOR HOCKEY REGISTRATION

Sat. 9 Sept. 72 - one day only
10:00 a.m. to 4:00 p.m.

GLACIER GARDENS, C.F.B. COMOX

Juveniles \$15 All others \$14 Max. \$35/family

☆ BIRTH CERTIFICATES REQUIRED ☆

Mosquito - born between 1 Jan. 62 - 31 Dec. 64

pee Wee - born between 1 Jan. 60 - 31 Dec. 61

Bantam - born between 1 Jan. 58 - 31 Dec. 59

Midget - born between 1 Jan. 56 - 31 Dec. 57

Juvenile - born between 1 Jan. 54 - 31 Dec. 55

NOTE

Acceptance may have to be restricted in any or all divisions, since only minor increases over the 71-72 season can be accommodated. A waiting list system will be used.

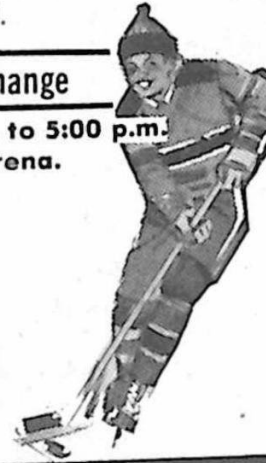
Skate & Equipment Exchange

Sat. 9 Sept. 72 - 10:00 a.m. to 5:00 p.m.

Cub Hall next to arena.

NOTE

All articles must be submitted between 6:00 p.m. - 10:00 p.m., Fri. 8 Sept. 72, at the Cub Hall adjacent to Glacier Gardens. Each item must be tagged with - NAME, PHONE NO., SIZE and PRICE. Unsold articles and money must be picked up at the Cub Hall prior to 5:00 p.m. on Sat. 9 Sept. 72.



Husband-wife

Skeet shooters take top honours

OTTAWA (CFP) — Warrant Officer Doug Burdett of CFB Rockcliffe retained his world military skeet-shooting championship at the World Skeet Championships held recently at Rochester, N.Y., scoring 249 of 250 possible.

The sharpshooting airman, employed with the Rockcliffe service detachment, first won the title last year. His wife Marg, also a warrant officer and working in the Rockcliffe accounts section, is not to be outdone either.

She captured the high overall ladies championship with 536 hits of a possible 550, and was runner-up in the ladies' 20-gauge championship shoot-off with 99 out of 100 hits.

Together they captured the high overall husband-and-wife championship with 1,078 hits out of 1,100 targets.

In the husband and wife 12-gauge shoot-off they took first place honors with 496 of a possible 500 hits, and in the combined team 20-gauge again were winners with 198 of a possible 200 hits.

Doug also scored a fourth place finish in the Class "A" high overall open championship with 536 hits out of 550.

If apple trees are not exposed to cold, the leaf buds do not open in Spring.

Fletchers
FURNITURE & APPLIANCES

3
Room
Groups
complete

From
\$27.00
month

Lots of colours
and
styles. Your
choice or ours.

Fletchers
FURNITURE & APPLIANCES

349 - 5th St.
Phone 334-4711



UP FOR GRABS this weekend is the Lett trophy for the low net score in the annual CFB Comox Golf Tournament.

ADC 100 HOUR SWIM (1972)

Objective:

To promote and encourage swimming as both a fitness and recreational activity. To declare the winning unit as the ADC 100 Hour Swim Champions.

Who:

Servicemen only

Where:

Base Swimming Pool

When:

12 - 16 Sept. 72.

How:

Each man will swim a maximum of 12 miles or less within the designated time of 100 hours. After all participants have finished totals are accumulated and sent to ADC. Certificates are given to each individual who completes 12 miles also to the Base which accumulates the most total swimming miles. Let's get together and compete as a Base this year. Inquiries directed to Base Rec Centre, local 315.

COMOX VALLEY INSURANCE SERVICE LTD.

Insurance is our
"Only" Business

Opposite Court House
Courtenay

Phone 334-3195

Budget
Rent a Car

Northgate Motors Ltd.

120 Island Highway
COURTENAY, B.C.

G.F. (GERRY) KIPPEN

Bus. 338 5305
Res. 338 8340

WIVES NOTE

Armament & Photo Family Picnic at AF Beach

23 Sept 72 10 am - 5 pm
Games - Sports - Prizes etc.

Mum: Make sure you bring Dad and The Kids.

Food provided about noon.

The cost? Very little if any.

L
M
S

HOMES LTD.

307 Fourth Street 334-4424
Courtenay, B.C.

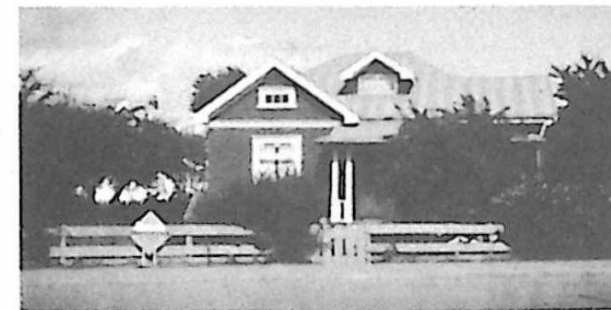
Member of Vancouver Island Real Estate Board

Also Representing

Union Bay Holdings Ltd.

Delta Enterprises Ltd.

John H. Martin Enterprises Ltd.



COURTENAY - 2 bedroom home on beautifully landscaped lot. Dining room and living room carpeted. Spacious kitchen and guest room upstairs. \$14,000 or terms arranged.

COMOX BUILDERS CENTRE

Paint & Lumber

Everything you need for

- Your Garden and Sundeck
- Fences, Tables, Umbrellas, Garden Tools

Best Prices in the Valley

Tel. 339-2717

554 Anderton

GOING PLACES? PERSONALIZED SERVICE

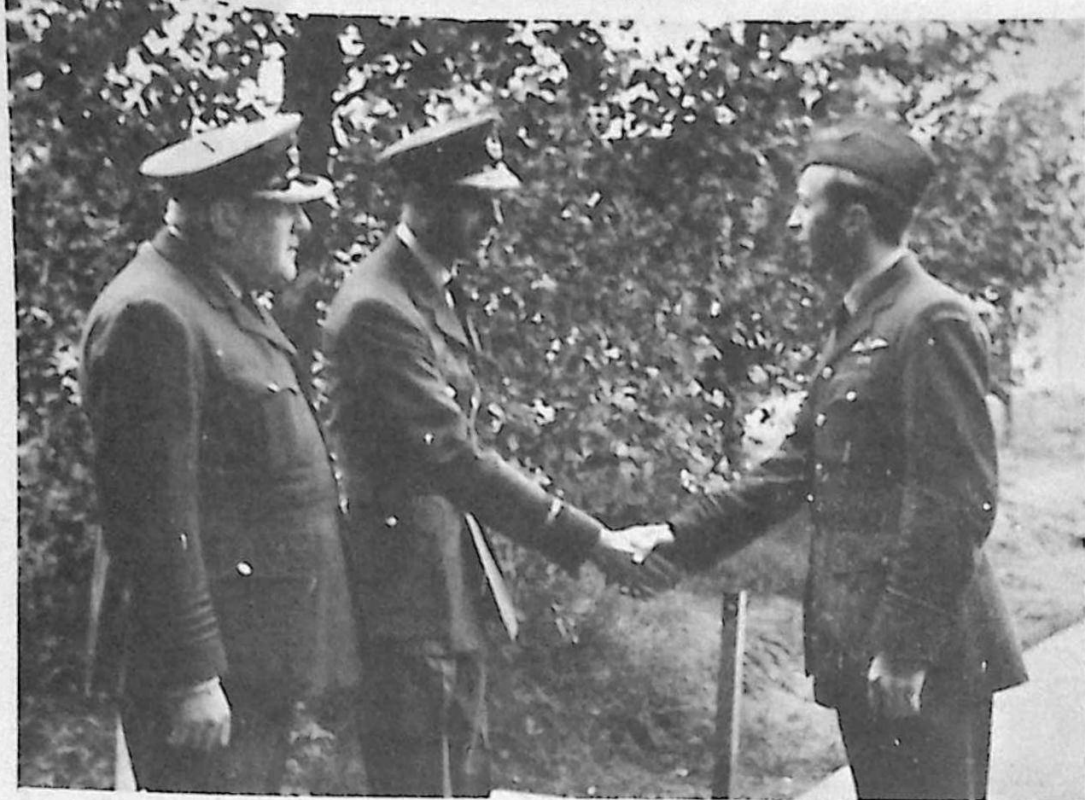


taking care of
"LITTLE EXTRAS"

There's a whole herd of "Little Extras" ready and willing to help you. Extra service . . . Extra care . . . Extra Courtesy . . . Extra attention to your needs.

COMOX MOVING & STORAGE

Agents for north American Van Lines
CALL 339-2281



ON THE 23rd of July 1942 407 Demon Squadron was honored by a visit of HRH Air Commodore the Duke of Kent. Here we see the Duke being officially greeted by Wg. Cdr. Alan Brown, the first Canadian Commanding Officer of 407. The Duke (killed in a flying accident just a month later) chatted with the aircrews and paid a tribute to their smartness and efficiency

Demon History

21 AUG. 42 - 27 SEP 42
SYNOPSIS

Since the opening of its own Spring Offensive, 407 had been attacking enemy shipping along the Dutch Coast at night. While these low level tactics had produced outstanding results the cost in casualties had also been high. Consequently in June '42 the squadron had begun practicing high level (4000') attacks. While the results of this new technique were not as spectacular as before, the casualty rate dropped even more spectacularly. LAC Hopkins' log continues.

Aug. 21st There is a big convoy off Heligoland, 13 ships and two destroyers, we made three hits and a near miss, there was lots of flack, but none of the kites hit. Flt. Sgt. Lumar and crew were in "V" and dropped his bombs on a ship.

Sept. 6th This afternoon 10 kites went down to the South Coast to go on strike. At 11 p.m. they took off. "V" was the only kite missing, and is believed shot down by night fighters, in it were Plt. Off. Wilks, Plt. Off. Foskett, Sgt. Kohn, Sgt. Coutts.

Sept. 9 Tonight is a night for revenge for Plt. Off. Wilks. Out went "S", "T" and "P". and got three ships off the Dutch coast. The flames from them could be seen 60 miles away. None of our kites were shot up. Plt. Off. Urquhart and crew in "S", Flt. Off. Arnett in "T", and Flt. Off. Ellam in "P".

Sept. 10 We only sent "P" and "T" tonight but there was a very low mist and couldn't find the convoy. Plt. Off. Pritchard was in "P" and Plt. Sgt. Tommy Thompson in "T".

Sept. 15 There is a large convoy down off the French coast so we sent "O", "X", "P", "S", and "Y". When they got to it, it had already been attacked by a Boston Squadron, so they kept on going and blew up a dry dock on the French coast, all returned undamaged.

Sept. 17 I had a close one today! On the way back from Docking to Birchem we landed pretty hard with 1100

pounds of bombs and bounced about 30 feet the first time and two more small ones, we almost landed up in the bomb dump.

Jerry sent over about 15 bombers, one was shot down about 1 1/4 miles away by a Beaufighter, it was a Dornier and it burst into flames about 60 feet before hitting the deck. It happened around 10 p.m. - no damage.

Sept. 23 Flt. Sgt. Dalglish went out in "O" tonight as Rooster for the Dutch Sqd. He found a convoy and lit it up like a main street and dropped his bombs. The Dutch guys went out later and made two hits and a near miss - all returned.

Sept. 27th At 13:30 the advance party left for St. Eval and arrived at 9:45 on the 28th. It's really great scenery around here - a rumour we're going overseas.

HISTORIAN'S NOTE:

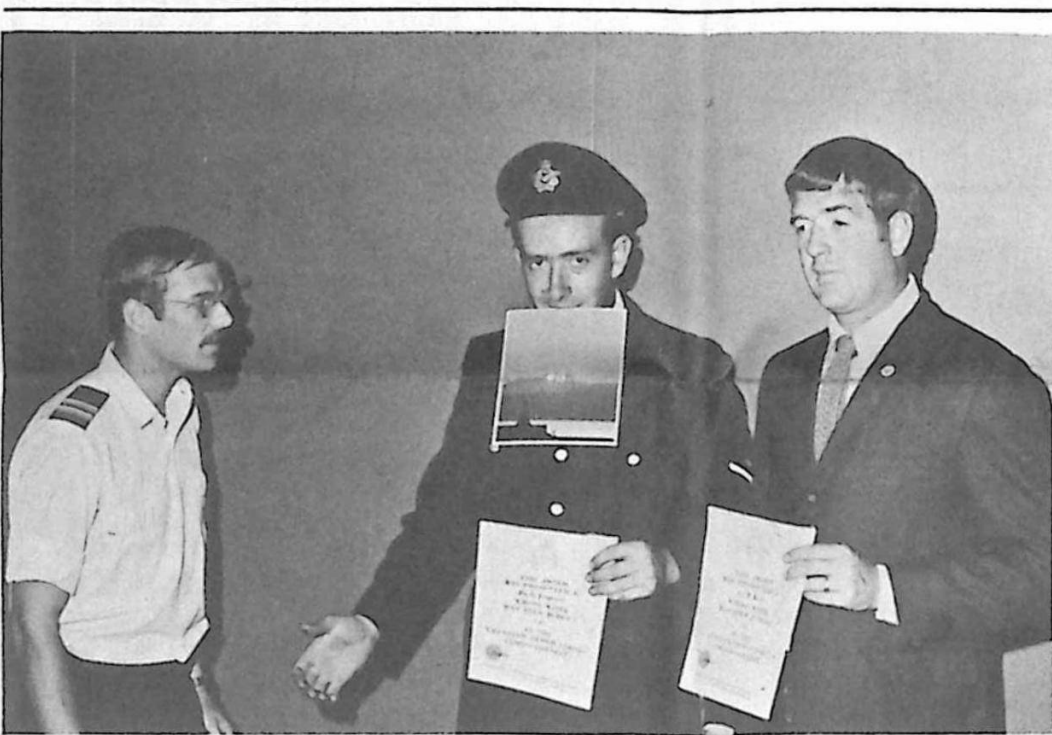
While LAC Hopkins log refers to ten aircraft going to the South Coast for operations he could not know that the other four crews that had quietly been detached to St. Eval late in August were on very special "hush-hush" operations. These four aircraft were aiding disguised French fishing vessels that were engaged in the landing of or taking off of agents from the Northern Coast of Brittany. These special flights continued until 15 Oct.

With reference to the entry of 6th Sept., LAC Hopkins could not know that the bodies of two of the crew were later

washed ashore on the enemy held coast.

As of early September the Demons returned to their usual hunting grounds where they tried the new technique of marking the enemy convoy with flame floats. This accounts for the successful attacks on Sept. 9th for which the squadron received a congratulatory signal from the AOC.

On the 21st September Wg. Cdr. Brown reached the end of his eight month tour at 407. His magnificent leadership and efficiency were acknowledged by his being awarded the Distinguished Service Order. (DSO).



PTE. N. PENDLETON proudly displays the photograph which won him a first prize in the recent Armed Forces photo contest. Cpl. W. Buck and Capt. Keener stand idly by as the Totem Times photographer snaps a prize winning photo of his own.

RED KNIGHT CABARET DINING LOUNGE LTD.

STEAKS **LOBSTERS**

Open 6 days a week

7 a.m. - 1 p.m. 4 p.m. - 11 p.m.

BANQUETS, WEDDINGS, ANNIVERSARIES

We cater to private parties in your own home.

(Reduced prices for Service People)

TEL. 339-3232 In Comox on Comox Ave.

Northgate Motors Ltd.

20 Island Highway
Courtenay, B.C.
Phone 334-2258

BACK TO SCHOOL SALE

1965 VW CUSTOM Radio, rebuilt engine	\$995
1969 VW Radio	\$1195
1964 VW Special - as is	\$395
1968 ISUZU	\$895
1962 NOVA STATION WAGON 6 cyl. - automatic	\$395
1962 PONTIAC 6 cyl. - automatic	\$275
1966 CHEV STATION WAGON 6 cyl. - automatic	\$795
1971 VW Low mileage	\$2195

BARRS MOBILE HOME CENTRE

2300 Cliffe Ave. Phone 338-5355

SPECIAL!

2-3 BEDROOM SUPER SAFEWAY

Shag carpets, Bay window.

Discounted to \$9395

INCLUDES LOCAL DELIVERY AND SET-UP

1972 12 ft. wide 2 bedroom

Furniture, Drapes, Appliances.

F.O.B. SALES LOT \$6180

\$989 TOTAL DOWN PAYMENT
\$95.36 PER MONTH

ON THE SPOT FINANCING AVAILABLE

407 Tech Ramblings

REPAIR DESPAIR

Although Repair has apparently tired of your correspondent's shenanigans and is consequently ousting him to a spot in the Engine Bay, he'll still be close enough to the gossip centre to keep you filled in on same. So, stay tuned to this frequency.

The principal subject of smoke room conversation here, as elsewhere, has changed with the season from fishing to hunting and, should you have any doubts relative to the hunting regulations, contact Cpl. Nemeth at local 332 and he'll fill you in - on any subject! A get-together of the lads was held recently for the purpose of doing something nice for Frankie by way of keeping him warm while he stump-sits this fall, and it was decided that a buckskin jacket and matching cap would be the ultimate answer: we'll see what develops.

After a long hard battle, Sgt. Alex Johnson is about to enter the winner's circle with respect to his N.D.T. (Non-destructive testing) facility. It would appear that somewhere, somehow, someone has finally come to the realization that N.D.T. is here to stay. Good show, Alex.

We note that Log Control has finally tired of doing nothing and came up with their own few words in the last issue: it would be hard to find a group of men better trained to sleep with their eyes open. Seriously though, more people should visit them because they are always pleased to see a strange face and I should know - a stranger face than mine is hard to find. By way of a welcome, they've even set aside a row of easy chairs for their visitors, so what more could you ask?

Dennie Viklund makes the news again. Apparently he

paid a recent visit to the STechO's office where he was presented with the adornments of a MCpl. Congratulations, Dennie, you deserved it. It appears that getting past Corporal is the hardest hurdle to make and, although one continues to hope, despair ultimately sets in as the years slide by. Oh well, the need for more Indians than Chiefs is a realization that one can hardly expect to change. I'm sure though that in my case my cards have been mislaid since, according to my wife, I should be at least an MWO by now!!!

Argus 711 is currently in sick bay but is making satisfactory progress and, with a little rest, should be back on her wheels very shortly. She has the finest doctors and is responding well to treatment so, send no cards!

Til next time, see yer!
FLASH - We now have a new Government: No Down Payment and only 22 percent of our pay per month for life. Not bad eh?

TORP TOPICS

Today being the 30th of August, is the big election day here in B.C. and this scribe predicts that Mr. Bennett will be returned to power with a reduced majority. Ed's Note: You should have waited another day before writing this.

We've got 'em coming and going this issue with longtime Torp Shop incumbent Jerry Lanouette moving to the big hangar to join Armament Maintenance and Bob Cuvillier making the opposite move. Welcome to the Torp Shop, Bob, and may your stay with us be long and enjoyable. Incidentally, the aforementioned moves provided the excuse for a combination

farewell and welcome suds bash at the Totem Annex last Friday which was attended by 100 percent of the faithful well, almost.

We wish you all an enjoyable Labor Day Weekend and trust that not too many unfortunate souls do in fact have to labor or spend the long weekend in labor, whichever the case may be.

AVIONICS

Well, Avionics has again been the recipient of a couple more of those postings out that were not supposedly going to occur this year. By way of getting closer to the top, Sgt. Hughie Spicer is on his way to Uplands while Sgt. Joe Routledge is earmarked for future employment in pongoland at Borden.

We extend a warm welcome to Capt. Colin Wortley, our new AVSO, who came to us by way of the Defence Research Establishment at Dartmouth, N.S. where he spent the past three years. Capt. Wortley had previously studied electrical engineering at the Nova Scotia Technical college where he mastered in digital systems. Arriving here with him was a fair damsel who answers to the name of Joan and, no, there are no young

avionics prospects as yet. We all wish you the best of luck in your new position with us and trust that your stay will be both long and pleasant.

Cpls. Mike Dicker and Larry Staub have just joined our ranks after brief stays catering to the needs of the Nighthawk Squadron. Both were members of our winning Avionics hockey team last season so are no strangers to us. Welcome aboard, chaps. Congratulations are in order for our section softball team which wound up in the finals against the USAF.

Chapel Chimes

(Continued from page 5)

Parish Council

Next week marks the first meeting of the Parish Council for this scholastic year. It will take place at 3:00 p.m. on Wednesday 13 September in the Parish Hall. The following personnel are asked to be present: MCpl. L. Ervin, Capt. K. Driscoll, Capt. E. Briggs, Cpl. P. Desroches, Sgt. D. Stubbs, Cpl. Y. Geneau, Cpl. E. Mullen, Sgt. P. Miller, Cpl. D. Moore, Sgt. W. McGuire, S.Sgt. A. Roberts, Cpl. F. Sibierski, Mrs. W. McGuire.

STRATHCONA REALTY (1972) LTD.

2082-C Comox Avenue, Comox, B.C.

COMPLETE PROFESSIONAL REAL ESTATE SERVICE

GREENWOOD PARK

If you invest a dollar today in a relatively fixed price commodity, in 5 years time you'll be lucky to get back 80% buying power. NOT TRUE WITH RAW LAND! In less than 5 years, the value of unimproved land in the Comox Valley has generally doubled. Instead of "losing ground" why not "gain ground." Buy a 30,000 sq. ft. fully treed lot for just \$280 down and \$54.00 per month! Then just sit back and watch it grow!

FULL PRICE \$2,800.00 Phone 339-2257

Harry Avigdor 338-8342 Mort Fletcher 338-8849 Donna Strachan 334-3389

you can't help feeling smug

At a credit union, there's a lot of satisfaction in knowing you're getting the best available interest rates on your savings. Right now, credit unions are paying increased rates on a wide variety of savings plans—Term Deposit rates are especially high. Take a cue from the experts... they don't leave their money in one place indefinitely. They move it where it will do the most good.

Go ahead! Move your savings to higher earnings at a credit union and get that nice warm feeling when you see that monthly interest piling up.

It's only human.

keep your interest high at your CREDIT UNION

WALTER YEOMANS

Has a complete line of new Chrysler Dodge and Plymouth cars, Trucks & Cabs Dodge & Fargo Trucks Top Quality Used Cars Come In And See Walter AT Courtenay Chrysler Sales Phone 338-5451 Res.: 339-4039

SUPPORT our ADVERTISERS

COURTENAY CHRYSLER SALES (1970) LTD.

Dodge - Plymouth - Dart Valiant - Dodge and Fargo Trucks

Box 3220
Island Highway North on Mission Hill
Service: 338-5451
Parts: 334-2431

STOCK REDUCTION SALE

These prices include transportation and preparation charges.

1966 DODGE 1 TON
Dual wheels, 4 speed trans., and Van Body.

\$1095
MAKE US AN OFFER

1971 CHEV NOVA 4 door sedan, 6 cyl. engine. Very low mileage. Like new.

\$2895
MAKE US AN OFFER

1970 CHEV NOVA 4 door sedan, 6 cyl., auto. trans. Real family car for only

\$1995
MAKE US AN OFFER

1963 FARGO 1/2 TON pick up

\$295
MAKE US AN OFFER

18 FT. CABIN CRUISER
Spencer boat, 75 horsepower Evinrude outboard and trailer

\$1695
MAKE US AN OFFER

1969 LAND ROVER

4 wheel drive Pickup

\$2495
MAKE US AN OFFER

1969 SATELITE STATION WAGON V8 engine, auto. trans., power steering. Power brakes, radio.

\$2295
MAKE US AN OFFER

1971 YAMAHA MOTOR CYCLE

200 cc

\$995
MAKE US AN OFFER

1970 PONTIAC SEDAN
R.C.M.P. Real clean, well maintained.

Only **\$2095**
MAKE US AN OFFER

1964 GMC 1 TON and box. Dual rear wheels

\$1095
MAKE US AN OFFER

COURTENAY CHRYSLER SALES (1970) LTD.
— Island Highway North on Mission Hill

Cowboys and Indians

By NOLA WELLS
Number three son is six years old. Time to learn some reality, say the child-rearing books. The time is 11:00 a.m. The place is the living room floor. Number three son is playing the age-old pastime, called Cowboy and Indians. Mama is glad to have him occupied. 11:00 a.m. is Jeopardy time on TV, the only time she gets to sharpen her dwindling intelligence.

The big hero seems to be the Cowboy. Do toy manufacturers purposely make the Cowboys gentle looking, or do they simply look angelic compared to the mean faces on the Indians? Two such Indian meemies are part of the set up on the floor. One has long hair to the shoulders. The other has a strip of crooked tresses over the top of his head. Number three son apparently has never noticed the differences in the two Indian's hair styles, along with their manner of dressing. They don't teach Indian in Kindergarten.

A TV Quiz show takes great concentration, so it is only out of the corner of her eye that Mama sees the situation as it unfolds at the fort at her feet. In Wayne type Cowboy has killed the two Indians three times already. Each time they have been risen from the dead by number three son, just to be killed off again. Even though Jeopardy is fascinating, Mama's curiosity is aroused.

"How come you only have the Cowboy kill the Indians?" Mama says to her once babe in arms.

"Because the Indians are bad people, and they have been mean to the Cowboys," says the once chubby darling, as he kills the Indians off for the fourth time.

"That wasn't always the way it was," says Mama, now failing to concentrate on the TV show.

"The Cowboy wasn't often fair to the Indian, in fact they often broke treaties with the Indians, and failed to keep

peace as they promised. They came onto the Indians' land and killed their buffalo, and made much unhappiness in the Indian's way of life."

Number three son has stopped killing Indians, and is listening to Mama. The power is actually going to her head. Every book she has ever skimmed through about Indians, is focusing itself in front of her eyes. Many injustices are being told to number three son. His brown eyes are large with fascination, only possible in the past, when Santa held him on his knee in the middle of Laver's.

Finally her speech over, number three son goes back to playing Cowboy and Indians, while Mama catches the tail-end of Jeopardy. The corner of her eye, now sees a big wagon rolling up to the gate of the Fort. It is being drawn by big hero Cowboy, with a long rope around his neck.

Mama is horrified. "Why is that Cowboy pulling that wagon, with a rope tied round his neck?" she asks.

"Because he's a prisoner of war, and the Indians have just taken over the Fort in order to feed their starving wives and children," he explains.

"Haven't you ever heard of the horrible crimes against people during World War II, when the Geneva Convention rules were thrown away in favour of brutality, and sadistic torturing?" says Mama ... going on and on and on.

Tears are rolling down number three son's cheeks. "You've spoiled my fun," he wails, as the Cowboy and Indians are thrown into a box and put into the bedroom. "I don't bother you when you're watching 'The Secret Storm' on TV, do I?" he yells over his shoulder, as the front door opens and then slams shut again.

Maybe number three son is a bit young for reality, but then maybe Mama is getting too old for a small bit of fantasy.

Want to buy a surplus Buffalo?

ELK ISLAND NATIONAL PARK, ALBERTA (Aug. 22) — Surplus buffalo are once again being offered to Canadian ranchers through the sale of 100 yearlings from Elk Island National Park, Superintendent Harley Webb said today.

Tenders for the buffalo have been invited from across the country to stimulate interest in raising commercial herds while keeping the number of animals compatible with the available range. Previous

sales in 1968, 1969 and 1971 have resulted in more than a dozen such herds being established Mr. Webb said.

The buffalo, or Plains bison, are being sold in four blocks of 13 females and 12 males each at a minimum bid price of \$200 an animal. Bidding is open only to Canadian residents, registered Canadian partnerships or companies incorporated under the laws of Canada.

The sale will bring the size of the herd down to about 370 head within the 75 square miles of Elk Island. Between 12 and 14 thousand are roaming Wood Buffalo National Park's 17,300 square miles and small exhibition herds are located in Prince Albert, Riding Mountain, Waterton Lakes and Banff National Parks while several thousand more range throughout Northwestern Canada.

Before the buffalo are turned over to the successful bidders, they will be inspected by the Health of Animals Branch of the Department of Agriculture and the new owners will also be asked to fill out annual questionnaires regarding the health of their herds.

Tender documents and information on raising buffalo herds can be obtained from the Contracts Administrator, National and Historic Parks Branch, Department of Indian Affairs and Northern Development, 131 Customs Building, Calgary, Alberta T2G 0X5.

The tender call closes September 21.

Spectacular gains

(Continued from page 3)
vital need in this area the proposed airborne early warning and control system, which would fill another gap in the lack of ability to detect bombers sweeping in at low level. The system, now in research, would use an aircraft equipped with radar and other equipment to provide airborne surveillance to detect and track low-flying enemy bombers at extended distances.

Another system proposed to push back the bomber detection line is called the over-the-horizon radar system. By bouncing radar signals off the reflective ionosphere, an outer layer of the atmosphere, this system would overcome the line-of-sight limitations of present-day radars.

New and better warning systems don't in themselves check an enemy attack against North America, NORAD people note. But they do take away the surprise factor and lengthen the odds for discouraging launch of an attack.

MOVING TO TRENTON?



Write for free map and information on Homes Rentals Mortgage
Barry and Forchuk
Real Estate Ltd.
Phone 382-9228
82 Division St.
"EVERYTHING IN HOUSING"

BOARDING Harseeka Reg. Kennels

DOGS - CATS — 338-8891
GROOMING ALL BREEDS.

Del's Trailerland Ltd. MOBILE HOME PARK

Last turn right Comox-Powell River Ferry.
Water access, 2 blocks from finest salmon fishing on Island and 1 mile from base. CONCRETE PADS, CARPORTS, STORAGE AREA, FULLY SERVICED
65 UNITS
Wilkinson Road
Phone 339-4278
RR1, Box 5, Comox, B.C.

Got something newsworthy?

Let the Totem Times know
Call 377

WO's and SGTS. MESS SEPTEMBER ENTERTAINMENT

EVERY FRIDAY (EXCEPT SEPT. 22) T.G.I.F.
SOCIAL NIGHT SEPT. 9 - Music Records.

DANCE SEPT. 16 - 2100 hrs to 0100 hrs. Music by the "Tidesmen." Food "Chicken & Chips." Admission regular and associate members \$1.00 per couple. Honorary and guests \$2.00 per couple. Tickets available at door.

DANCE WITH WINE & CHEESE
Sept. 22 - 2100 hrs to 0100 hrs. Entertainment by the "Four Ways." Food - wine and cheese with pick trays. Admission, regular and associate member \$2.00 per couple. Honorary and guests \$4.00 per couple. Tickets available from Mess Secretary on 8 Sept. for honorary and guests 18 Sept.

SOCIAL NIGHT SEPT. 30 - Music Records.

OFFICERS' MESS ENTERTAINMENT SEPTEMBER

8 September - TGIF

9 September - MYOP. No food, no charge. Mel Atkin's Orchestra

13 September - JOB

15 September - TGIF

17 September - Family Dinner. 1200-1400 hrs.

Adults \$2.50. Children \$1.50. Res. Please

20 September - OW - JOB

22 September - TGIF

23 September - Get Acquainted. Cocktails 20:30.

\$5.00 per couple. "Four Ways". Res. Please

27 September - JOB

29 September - Monster TGIF - Hip-o-Beef

JR. RANKS CLUB

SEPTEMBER

7th - Games Night - Euchre (Football tickets).

9th & 10th - Bruce Thompson Trio.

12th - Movie - Stranger in Town.

13th - Bingo.

14th - Games Night - Darts.

16th - Sky Raiders

17th - Tidesmen

19th - Great White Hope (E. Jones)

20th - \$400 Jackpot

21st - Crib

BASE THEATRE

Schedule for
SEPTEMBER
1972

VAMPIRE LOVERS

Fri., 8 Sept. Peter Cushing Horror

Show starts at 2000 hrs. Out at 2215 hrs.

ZEPELIN

Sat., 9 Sept. Elke Sommer Michael York

Sun., 10 Sept. The Great War's Most Dramatic Moment

Show starts at 2000 hrs. Out at 2200 hrs.

THE WIFE SWAPPERS

Also WEDDING NIGHT

Wed., 13 Sept. James Donnelly Larry Taylor Tessa Wyatt

Thurs., 14 Sept. RESTRICTED Eddy Byrne

2000 hrs - 2305 hrs

Every Loving Couple should see WEDDING NIGHT

CELEBRATION AT BIG SUR

Fri., 15 Sept. 2000 hrs - 2200 hrs

Rock Documentary

LOCK UP YOUR DAUGHTERS

Sat., 16 Sept. Christopher Plummer

Sun., 17 Sept. RESTRICTED ADULT COMEDY

In line as TOM JONES

ALL CARTOON SHOW

Sat., 30 Sept. 1400 hrs - 1600 hrs

Including two - THREE STOOGES COMEDY

FINISH HIGH SCHOOL AT HOME IN SPARE TIME

If you are 17 or over and have dropped out of school, write for FREE LESSONS and FREE booklet - tells how! THE FASTEST AND MOST CONVENIENT WAY TO GET A HIGH SCHOOL DIPLOMA. Prepare to write B.C. Dept. of Education or College Entrance Examinations.

For free book "How to finish High School at Home"

Name..... Age.....

Address..... Phone.....

NATIONAL COLLEGE 688-4913 444 Robson St. Vancouver

A CANADIAN SCHOOL

A good supply of SEIKO and ORIENT WATCHES, Ladies and Gents, in latest designs. Various other makes and models to choose from. All Fully Guaranteed.

Large selection of Ladies and Gents BIRTHSTONE RINGS in traditional and modern settings.

DIAMOND RINGS, Fully Insured and Guaranteed in a wide range of prices and styles. A small deposit will hold any selection.

Does your present diamond ring need resetting? Come in and have your rings cleaned and checked regularly.

All Watch Repairs Fully Guaranteed.

Geo. Hamm

WATCHMAKER & JEWELLER LTD.
332 - 5th St., Courtenay, B.C.
334-3911

BUSINESS DIRECTORY

GUARANTEED WATCH, CLOCK AND JEWELLERY REPAIRS

COMOX JEWELLERS

BOB EMBLETON
Closed on Mondays
1828 Comox Avenue Phone 339-3113

THE SPORTS CENTRE

(Formerly Simpson Marine)

- Guns and Ammunition
- All Types of Fishing Gear
- Boat Hardware
- Life Preservers and Ski Belts
- Fibreglass Supplies

433 Fifth Street, Courtenay Phone 334 - 4922



Courtenay-Comox Travel Service Ltd.

Air, Sea and Land Reservations

Personalized Service

Telephone 334-4522 P.O. Box 3177

441 Cliffe Avenue Courtenay, B.C.

Members of ATC - IATA - TAPC - TPC

Specialists in:

- Carpets - Lino - Tile - Ceramics
- Paints - Stains - Wallpapers
- Professional Installations

Comox Paint & Floor Covering

P.O. BOX 1318 - 1803 Comox Ave., Comox, B.C.

Sales - Estimates

DOUG NEWSON, Jr.

Phone 339-2273

COURTENAY BAKERY

FANCY CAKES
BREADS - BUNS - PASTRIES

"IN THE HEART OF THE VAST METROPOLIS OF COURTENAY"

Phone: 334-4234 P.O. Bread Box 3218



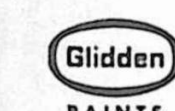
HOUSE OF COLOR

PAINT AND FLOOR COVERINGS

Armstrong Floors

SHERWIN WILLIAMS - BAPCO

GLIDDEN PAINTS



For Beautiful Interiors
Paint, Wallpaper and
Accessories

334-4132

249 - 5th St., Courtenay, B.C.

THE PEDAL PUSHER BICYCLE CENTRE

168 Fifth Street
Courtenay, B.C. 334-4845

BICYCLES FOR ALL AGES

Call an Expert

Courtenay's Only Factory
Owned and Operated
Paint Store

EMPRESS PAINT
FACTORY STORE

Buy Direct and save up to

50 Per Cent

330 North Island Highway

Courtenay Phone: 338-5060



SIMPSON'S SEWING SHOP

208 - 8th Street, Courtenay

Telephone: 334-3852

AUTHORIZED AGENT

SALES - SERVICE - PARTS

SINGER CO. OF CANADA LTD.

A wide variety of Sewing Machines at a wide range of Prices. Our credit plan lets you buy within your budget.

PETER'S SPORT SHOP LTD.

ALL SEASONS SPORT SHOP
SKI SPECIALISTS

505 Duncan Ave. Courtenay

CATHAY RESORT

KYE BAY R. R. 1, COMOX

Phone 339-2921

New fully equipped large 2-bedroom family units
Daily, Weekly and Monthly Rates

Owners: BETTE & DOUG HANDEL



Danish Teakwood Centre Ltd.

Danish Modern Teak Furniture

Closed Sept. 1st to 6th

445 - 10th Street
Courtenay, B.C.

KAREN HALLUM
President

Phone 338-5053

McCONOCHIE'S

FURNITURE AND APPLIANCES LTD.
430 Fifth Street, Courtenay, B.C. 338-8114

DISCOUNT PRICES

Your Westinghouse and Admiral

Dealer

WE SERVICE WHAT WE SELL

"Follow The Good Road To Health"

NATURAL FOODS CENTRE

317 - 4th STREET

COURTENAY, B.C.

WINE-ART CENTRE

MRS. J. HART

Proprietor

Phone 334-4752

GORDON'S SUPERMARKET

BY AIRPORT GATE

Open Every Day

9 a.m. - 10 p.m.

FREE DELIVERY

BRYANT'S CYCLE SHOP

137 - Fifth Street

338-8552

COURTENAY, B.C.

FORTY YEARS EXPERIENCE
AT YOUR SERVICE

NOW OPEN STAG BARBER SHOP

COMOX PLAZA

Open Tues. - Sat. 9 - 6

John Wood, prop. 339-4642

THE COURTENAY FLORIST

FLOWERS

FOR

Phone

334-3441



EVERY

OCCASION

877 - 5th,

Courtenay

ENGLISH CAR CENTER

NEW CARS - USED CARS

BOATS - WATER SKIS

AND MARINE SUPPLIES

OPEN TILL MIDNIGHT

6 DAYS A WEEK

12 - 5th Street

Phone: 334-4428



THE BARN FURNITURE LTD.

Quality Furniture for Less

NEW - USED - ANTIQUE

PRESIDENT
WOLF RAUTENBERG

R.R. #2
COURTENAY, B.C.



THIS X-RAY SHOWS the extent of the injuries to Homer. One also gets a fine view of the inside of the Matron's index finger, since she had the job of holding the frightened patient
Paul Goulet Photo

Medical first at Comox

A flurry of excitement rippled through the Base Hospital as an emergency case was brought in from HMCS Quadra. The patient was suffering from a broken leg, had a pulse of 180 and a temperature of 104. No one seemed to worry too much about the pulse and temperature, since it was soon

discovered that these vital signs are perfectly normal for a pigeon. That left only the broken leg to treat.

The pigeon, who was named Homer by the Quadra personnel, was found on the jetty injured and helpless. They decided to treat his injuries, but soon found that their short summer first aid course was

not enough to ensure proper treatment. Besides the bird was designated as air element and to do things correctly he should really be treated at an airbase.

Homer was examined using X-ray to determine the extent of his injuries. The leg was reduced under a general anesthetic (brandy drops) and a very minute cast was carefully placed to prevent further injury. The operation was a success and Homer was grounded and given two weeks perch rest. The patient is now recovering and the Medical Assistants who take care of the Hospital at night are starting to have problems. An entry in the pigeon's chart reads "Patient spent most of the night awake staring at me".

NORAD partnership

(Continued from page 3) procedures for immediate joint action and welding together an effective combined force capable of instant reaction to attack.

But while the defences had grown, so had the offensive capability of the potential enemy. Air defence forces faced a new decade and the challenges of the missile-space age.

Defending against the intercontinental ballistic missile was one major problem, and actions were taken to build the detection systems, now in operation, to give warning against such an attack. In the U.S. development - still going on - was started on an anti-ballistic missile weapon.

As concerns of defensive weapons planners with the

ballistic missile menace increased, the systems devised to guard against the manned bomber decreased.

As NORAD marks its 15th anniversary and looks back at a multitude of changes, it is also looking ahead, with a list of needs to keep pace with the offensive capability on the other side.

CFB Comox Nursery School

We are still taking registrations for children ages 3-5 years.

Call Mrs. Carol Thompson 338-5773

B.C. Law states that children must be at least 3 years old to attend nursery school. However you can register your children now and they will attend as soon as they reach the age of 3.

CLASSIFIEDS

EARN MONEY IN SPARE TIME
Men or women to re-stock and collect money from new type high quality coin-operated dispensers in your area. No selling. To qualify, must have car, references, \$1,000 to \$3,000 cash. Seven to twelve hours weekly can net excellent income. More full time. We establish your route. For personal interview write: including phone number.
B.V. DISTRIBUTORS LIMITED
Dept. "A"
1117 Tecumseh Road, East
WINDSOR 20, Ontario 31p

FOR SALE: Motor home built on 1964 Ford chassis, new tires, big rebuilt six engine. \$2,500. Call 339-2651

FOR SALE: PE 2020 Turntable with Shure M44E cartridge \$70. Record cabinet \$20. Preamp \$10. plus many records. 339-3888

FOR SALE: Brownie uniform size 8. Call 339-3752

BONAVENTURE TOWNHOUSES
located between Noel & Elm at Pritchard St., Comox. NOW RENTING 3 bedroom Townhouses as they are completed. All townhouses have wall to wall carpets, custom drapes, 1 1/2 baths (color), ample closets and are sound proofed. Electric heat and wiring to Gold Medallion standards. On site laundromat. Rent will include range and refrigerator in Avocado, free cablevision and use of 20' x 40' swimming pool (for tenants only). We regret no pets. Only 3 miles from the base. For appointment, phone Mike Mendria 339-3645, 339-4658 or 339-2885 141fn

PRIVATE SALE: 3 bedroom house in Courtenay with fireplace, util. rm., workshop. Nicely landscaped. \$19,700 - Terms. 338-8298

CO-VAL CHORISTERS
Musical theatre and choral group resumes rehearsals on Sept. 14 at 8 p.m. in the Courtenay Junior Secondary School Band Room. New members welcome. For information phone 339-4429

HOUSE FOR SALE: Quiet Comox street close to schools and shops. 3 b.r., 1170 sq. ft., wall to wall in living, dining rooms and hall. Rosewood feature wall and fireplace. Carport, 4 ft. crawl space, utility room, Lot 141 x 90' with treehouse and brick BBQ. Full price \$20,500. Call 339-3911 after six.

Attention: All Square Dancers
To all Square Dancers new in the area, or who have had a few years rest: The Comox Valley Square Dance Club commences its new season Saturday Sept. 9th at 8:30 p.m. in the Anglican Church Hall, 5th St., in Courtenay.

Club dances are held every second and fourth Saturday of the month.

Caller: Bob Jeglum: President, Mr. and Mrs. Buzz Wray - phone 339-3006

Coast to Coast Real Estate Service

P. Leo Anderton & Co. Ltd.

are pleased to announce they have been appointed an Associate Broker of the Coast to Coast Real Estate Service, a group of over 100 top Realtors operating 160 offices across Canada.

We are now able to give complete nationwide real estate service and provide a specialized service for families on the move.

If you are being transferred contact us for further information.

P. LEO ANDERTON & CO. LTD.
526 Cliffe Ave. Courtenay, B.C. Phone 338-5321

BLOCK BROS. REALTY
SUCCESSIONAL THRU SERVICE
499 Fifth Street, Courtenay
Phone 334-3111

BLOCK BROS. NOW OFFERS YOU . . .

1. CLOSE TO SCHOOL
COURTENAY. 3 bedroom home on fully landscaped lot. For appointment to view, please phone Max Weegar 334-4568 or 334-3111.

2. WATERFRONT
Lovely older 4 bedroom and den home on over 1 acre of beautifully landscaped property. Many fruit trees. Close to Courtenay. Phone Marj Thompson 339-2771 or 334-3111.

3. 4 bedroom split-level home with finished rec room, 1 1/2 baths. Landscaped, fenced yard. \$6,000 down with balance at 9%. Call Michael Emerson 338-5233 or 334-3111.

4. A tasteful home in a choice residential district. Robert Laing Drive. Puntledge Park area. 1040 sq. ft. with 3 bedrooms, wrap around sundeck, full basement. For appointment to view contact Art Meyers 339-2431 or 334-3111.

5. 4 bedroom older home on 5 acres of good land. Large garden, fruit trees, stable and riding ring. Separate garage, small stream, mountain view. \$26,500 on terms. Call Charlotte Willis 338-8962 or 334-3111.

6. GARDENER'S PARADISE
Multi trees, shrubs and bulbs. Hedge for privacy. Access from back lane. All this plus a 2 bdrm. home. \$1500 down. Could bring you payments of \$118 per month. Call Veronica Parker 334-3704 or 334-3111.

BUY BETTER—SAVE MORE

BLADE CHUCK or ROUND BONE

POT ROAST 75^c

• GOV'T INSPECTED • CANADA CHOICE • CANADA GOODlb.

Freshest under the Sun!

BRAZIL ORANGES	8 lbs.	1 ⁰⁰
LOCAL CAULIFLOWER	Canada No. 1 Grade	each 35 ^c
AUSTRALIAN GRANNY SMITH APPLES		lb. 35 ^c
TANAS AUSTRALIAN RAISINS	10 1 1/2 oz. pkgs.	55 ^c

• GOV'T INSPECTED • CANADA CHOICE • CANADA GOOD CROSS RIB ROAST 99 ^c • GOV'T INSPECTED GROUND BEEF 79 ^c	• GOV'T INSPECTED • CANADA CHOICE • CANADA GOOD BRISKET PLATE BEEF 39 ^c • GOV'T INSPECTED "New Zealand" LAMB SHOULDER CHOPS 69 ^c	• GOV'T INSPECTED • CANADA CHOICE • CANADA GOOD TOMATO SOUP CLARK'S or Vegetable 7 10 oz. tins 1 ⁰⁰ SODA CRACKERS MCCORMICKS Plain or Salted 16 oz. pkg. 45 ^c MEAT SPREADS PURITAN All Varieties 2 3 oz. tins 35 ^c CAKE MIXES MONARCH • Pouch Pak • Chocolate • White • Golden 2 9 oz. pkgs. 45 ^c BREAD MARTHA LAINE White or Brown Sliced 5 15 oz. loaves 1 ⁰⁰
D.C. CHOICE BARTLETT PEARS 4 14 oz. tins 1 ⁰⁰ SUPER-VALU SINGLE CHEESE SLICES 2 lb. pkg. 1 ⁷⁹	TASTER'S CHOICE INSTANT COFFEE jar 2 ⁰⁹ REGULAR KOOL AID 10 envelopes 55 ^c	