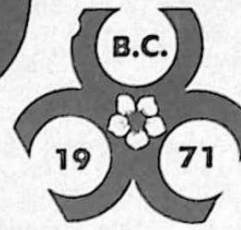
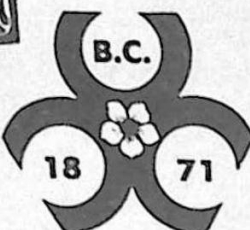
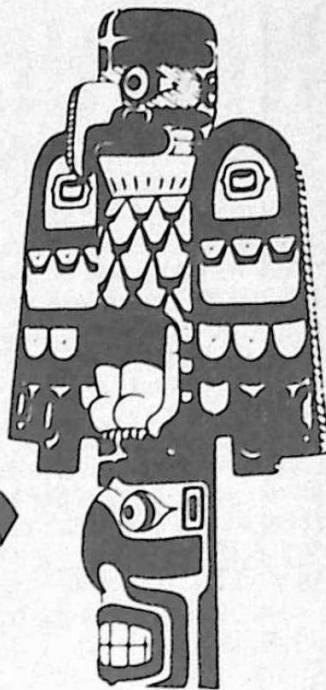




# TOTEM TIMES



Macdonald Succeeds Where Testers Fail — Fires Bomarcs

VOL. 13

CFB COMOX TOTEM TIMES Thurs., Aug. 26, 1971

NO. 17

## Comox Roles Unchanged By Defence White Paper

### Defence Minister Tours Base

The minister of National Defence, Donald S. Macdonald, toured CFB Comox on August 16. Mr. Macdonald, accompanied by his military assistant, LCol M.G. Cloutier, and his administrative assistant, Ian Macdonald, was on a two-week tour of western defence installations.

During his tour of the base, Mr. Macdonald was briefed by the base commander, Col. G.H. Nichols, on the role of the base in support of the three operational squadrons which live here. Following the briefing, Mr. Macdonald embarked on visits to 442, 407 and 409 Squadrons, which culminated in a visit to the QRA, where a demonstration scramble had been arranged.

Returning from the QRA, Mr. Macdonald was treated to view of all the fire trucks and ambulances responding to the emergency which one of the Q birds had declared, but the Q bird, unfortunatly, was, landed uneventfully, and the emergency vehicles were denied their opportunity to make up for almost running over his car.

After a luncheon in the Officers Mess, Mr. Macdonald toured all the areas on the base which make it possible for the airplanes to fly but which, unfortunately, seldom get any of the glory.

On completion of his tour, Mr. Macdonald met with members of the local press corps, and answered questions for almost half

an hour. After he had fielded the last question, he boarded a waiting helicopter which took him to HMCS Quadra.

Mr. Macdonald remained on the west coast until August 21, when he returned to Ottawa, where he was to remain until today, when he was scheduled to begin a one week tour during which he would visit Frobisher, Godthaab, Sondstrom, Thule, Alert and Goose Bay.

On completion of the two trips, Mr. Macdonald will have visited every Armed Forces command headquarters, and most major military installations in Canada and abroad since assuming the defence portfolio less than one year ago.



READY TO LEAP into the rarified air at a thousand millimeters are Cpl. Ted Miller, Cpl. W.H. Gabriel, and Sgt. 'Pinky' Hogg. These three 442 squadron members will be representing their squadron in its bid to retain its supremacy over the other Search and Rescue squadrons in next week's Para Rescue Competition. Due to unfavorable conditions, the team has been unable to get in much practice lately, but have been keeping in shape by jumping out the back of the Buffaloes on jacks in 1 Hangar. Ted completed his 100th jump last month in celebration of B.C.'s Centennial and Pinky is fast approaching his 600th jump. Pinky hasn't made a jump yet with his new Sergeant's stripes on, but estimates that the extra weight will cut 37 seconds off his jump. When Gabe was asked whatever possessed him to start jumping out of serviceable aircraft, he said that it was a lot safer than the majority of the pilots' landings.

### Para-Rescue Meet at Comox

CFB Comox will be the scene next week of the annual Air Transport Command para-rescue competition. Hosted by 442 Squadron, the competition will pit members of 442 against members of 413 (R) Squadron, from CFB Summerside, 424 (T&R) Squadron from CFB Trenton, 440 (T&R) Squadron from CFB Winnipeg, and Canadian Forces Survival Training School, CFB Namao.

Team members will compete in para-jumping, free-fall supply dropping, and para-drop supply dropping. At the end of the meet, judges will decide who will own the coveted Armstrong Proficiency, awarded to the team with the best aggregate score, and the para-jumping trophy, which goes to the team which most consistently places its jumpers on or immediately adjacent to the designated spot.

Judges for the competition will be Major J. Milne and Captain P.J. McKeown from Air Transport Command headquarters, Captain C.B. Lockett and CWO R. Fleming from Canadian Forces headquarters, and Lieutenant T. Krutz, from CFS La Macaza, of all places.

The competition will take place from Tuesday, August 31 until Friday, September 3.

### FIRST SINCE WW II

## French Welcome Canadian Troops

LAHR, Germany, Aug. 12th — The first Canadian Land Force to train in France since World War II returned home today after completing not only a successful 10-day exercise, but an equally successful mission in furthering international relations.

The 900-man battalion group, commanded by LCol R.F. Evraire, commanding officer, 1 R22eR, trained at Mourmelon near Reims in the heart of the famed champagne district of France. The group included the entire battalion of the 1 R22eR, "B" Bty 1 RCHA, "B" Sqn RCD and a troop of engineers from 4 Fd Sqn.

The Mourmelon training area, one of the oldest in use by the French army was first conceived and constructed in the time of Napoleon III and over the years

has been used by British, German, United States and Russian armies.

"It is quite probable that even before Europe was born Roman chariots once left their marks on the same spot that is today marked by the tracks of Canadian tanks," surmised a French officer.

"The city of Reims," he continued, "was a close ally of Caesar and as the capital of the important province of Gaul, must have garrisoned many Roman legions."

At an official reception for the French officers of the garrison hosted by the 1 R22eR, MGEN W.C. Leonard, commander, CFE, said, during his one-day visit to the training area, "the co-operation and assistance received from the French

authorities and military in this training exercise has been outstanding."

Co-operation and hospitality was not only evident on the military side, individual civilians and civil groups were reported to have also been quick to extend a warm welcome to the Canadians.

One of the main aims of the training, explained LCol Evraire, "was to familiarize the battalion and its sub units with their support elements of artillery, armour and engineers."

"This we did, and achieved a high degree of success. We not only got used to working together but got to know each other on a personal basis," he added.

Five trains transported most of the personnel and all of the groups tracked vehicles from LaHR to Mourmelon and return and approximately 100 wheeled vehicles made the 220 mile road journey by convoy. A five man motorcycle escort of French Gendarmes that accompanied the convoy along the entire route ensured they moved along at a good clip and created no traffic pile ups.

Although this was the Canadian Land Forces first time in France since WW II, RCAF Fighter Squadrons had been based there over a period of 15 years from 1952 to 1967 and occupied bases in Grostenquin, Marville and Metz.

### Force and Budget Both Up Slightly

Implementation of the policies contained in the White Paper on Defence released August 24 will not materially affect either the roles or the strength of CFB Comox.

The document entitled Defence in the 70s, contains nothing to indicate that the roles played by the units here will be downgraded. Air defence, anti-submarine warfare and search and rescue are all very much a part of the '70s force structure.

The over-riding objective of Canada's defence policy, which will be shaped to serve national interests and be related to foreign policy, is the prevention of nuclear war.

Domestically, the Canadian Forces will assume responsibility for surveillance - and control over Canadian territory, water and air space in conjunction with civil agencies.

### AID TO CIVIL POWER

Aid to the civil power, such as that furnished in last October's crisis will become a more prominent part of the Forces' role. Additionally, the Canadian Forces will spend more time working on quasi-military and non-military programs, such as cadet and youth programs. They will also play a part in assisting in national development and preserving the environment.

Canadian forces will continue to be part of collective security arrangements. The forces in NATO will not be reduced below their current level. Canada's NORAD contribution will continue in much the same strength as now exists, but the two Bomarc squadrons will be retired by September 1972.

As nearly as possible, the Forces will maintain general purpose combat forces of high professional standards. Such forces will, whenever possible be equipped with multi-purpose equipment.

As a legacy of history, Canada continues to support the concept of peace-keeping, to which she has contributed for so many years.

The policies announced in this White Paper amplify the guidelines which were announced by the Prime Minister on April 3, 1969, and establish what the government feels is the appropriate size and structure of the Canadian forces. While doing this, the policies recognize the bilingual nature of Canada by reaffirming the steps that have been taken by the forces toward bilingualism and biculturalism.

What will all this mean to the average serviceman, so beloved at PER time? He can expect to see programs and exercises to improve the Canadian Forces' ability to aid the civil power.

### SURVEILLANCE

He can also expect to see the forces providing a more visible Canadian presence in the remote

areas of the country. The Forces' ability to detect and control in the Arctic will be improved. CF-104s now based at Cold Lake will be assigned to an identification role, and Canada will assume the operation of the radar site at Melville, Labrador. Perhaps the average serviceman might find himself sent out on an Arctic exercise, designed to back up the surveillance with muscle should the need arise.

New equipment continues to shimmer on the horizon, awaiting further studies. The problem of refitting or replacing the Argus is still receiving consideration, and so, despite the premature reports of its death, is the hydro-foil, which could possibly see service in a surveillance or control role.

The CF-5 aircraft will be used in close support, photo recce and advanced training roles. The existing two squadrons (434 at Cold Lake, and 433 at Bagotville) will be committed to NATO's northern flank on a fly-over basis.

### ADC STILL USEFUL

Air defence will continue to play an important role in Canadian defence. The current crop of manned interceptors, currently being improved, will continue in operation for the foreseeable future, as will their control radar sites. Additionally, new developments in the field, such as over-the-horizon radar and airborne warning and control systems will continue to be carefully monitored.

With the exception of the Voodoo squadrons, the Canadian Armed Forces will no longer possess nuclear weapons. The Honest John rockets have been phased out, the CF-104s in Europe will be equipped with conventional weapons, and the Bomarc will be retired.

What effect will all this have on the budget? The defence budget will increase slightly next year, and the strength of the service, which was to have decreased to 82,000 will instead level off at 83,000.

### A BETTER LIFE

The conditions of service for servicemen are undergoing searching scrutiny with a view toward improving them. A study is underway on all aspects of service life, including recruiting practices, grievance procedures, promotion and posting policies, and other factors which can affect the Forces' retention rate. One of the consequences of these studies, says the White Paper, is that the government has concluded that career opportunities for members of the Forces should be enhanced by expanding career integration with the Public Service. This, the government believes, would be to the advantage of both the members of the Forces and participating civil departments.

## White Paper At A Glance

Bomarc to be retired  
CF-104's to get surveillance role in Canada  
Canada to take over operation of radar site at Melville  
Trackers to stay in service  
CF-5's to be used in close support, photo recce and advanced trainer roles  
CF-5 squadrons committed to NATO's northern flank on fly-over basis  
Reserve Forces to be maintained at current strength  
CF-101's to continue in present role  
Land forces in Europe to get tactical reconnaissance role.  
Centurions to be replaced with light direct-fire vehicles  
Defence budget will fluctuate to meet stated requirements  
Conditions of service to be improved  
Management review group to examine overall management  
Forces to be used in Quasi- and non-military roles in support of national aims  
B and B policy re-affirmed  
Strength set at 83,000.

### FLASHED BY MACDONALD

## Greenlight For Moonlight

"Moonlight becomes you," runs the old song, and if moonlighting should become the average serviceman, the government has no intention of doing anything about it. This point was made abundantly clear by defence minister Donald S. Macdonald at a news conference held at CFB Comox on August 16, shortly after he had concluded a tour of the base.

Replying to a question by Comox District Free Press editor Bill Smith, who cited

moonlighting by servicemen as one of the possible reasons for the high rate of unemployment in the Comox Valley, Macdonald said that all Canadians have the right to hold as many jobs as they wish, and that there was no reason why servicemen could not enjoy the same right, provided that their civilian jobs did not prejudice their service employment.

Questioned about the prospects of a servicemen's union, Macdonald said he felt that prospects

were remote, and added that means to alleviate the conditions which might lead to demands for a union were currently under active consideration.

Asked what, if any, increase might be expected in the defence budget, and how any increase might be spent, Macdonald replied that such information would be made known when the long-awaited White Paper on Defence was published on August 24.

During the conference, Macdonald said that the structure of the force in the late '70s and early '80s would be extremely difficult to predict at this time. He cited the possible progress of the strategic arms limitation talks, a possible American-Chinese rapprochement, and the extremely rapid pace of technological advance as just a few of the factors which affected long-range planning.

Canada's role in NORAD could (Continued on page 2)

### FLU Epidemic Hits Forces

The Canadian Armed Forces have gained three more French language units (FLUs) as a result of an announcement made last week by Treasury Board president C.M. (Bud) Drury. The three units, which have been designated on an experimental basis, are: Chief of Staff, administration branch, Mobile Command Headquarters; Commanding Officer's office and base administrative sector, CFB Bagotville; and directorate of recruiting within CFHQ. The three new FLUs join seventeen others which have existed on a permanent basis since 1968.

The announcement also designated 28 units of the Defence Research Board which would be designated as FLUs.

The civil service was also affected by the announcement, which designated which units in the public service would become FLUs. Over 400 such units were designated, the bulk of them in Quebec and in the Ottawa area.

What is a FLU? For those of you who have not served on four-tree squadrons, a French-language unit is a group of federal employees who will use French as their main language of work within the public service. This definition applies broadly to the Canadian Forces and includes organizational groups such as sections, directorates, bases, ships, squadrons and regiments which use French as their working language.

The creation of French-language units is part of the government's bilingualism program. It is designed to enable the public service and the Canadian Forces to serve the public more effectively in either French or English, and to reflect the equal status of the French and English languages. Specifically, the government expects that FLUs will help to achieve these objectives in four ways:

They will encourage the development of French as an equal language of work with English by making it possible for French-speaking public servants and servicemen to work in their own language;  
They will permit the public

services and the Canadian Armed Forces to recruit and retain people whose principal or only language is French, on a more equitable footing with those whose only or principal language is English. This will give access to a source of qualified man-

(Continued on page 2)

### Aircrews Fight Army Worms

Looking at the headline on this story, one would think that the old inter-service rivalry, which had been buried on that fateful day in 1968, had suddenly burst the fetters of the grave and transformed a routine beer-call into a bloodbath. But it just goes to prove that one shouldn't take headlines too seriously, because

### French Taught At Comox

Forty servicemen currently based at CFB Comox will spend at least ten hours a week between September 27, 1971 and July 30, 1972, studying the French language. Four of the hours will be spent in classrooms, while the other six-plus will be spent at home with a tape recorder and sufficient tapes to enable them to practice their classroom lessons.

Two teachers have been hired for Comox, and each teacher will be responsible for 20 students. Initially it is expected that all 20 students will gather at the same time, but within a couple of weeks the classes will be broken down into smaller groups so that each aspiring French-speaker might get more individual attention from the teacher.

The course is divided into three phases. The first phase is a twenty-lesson attack on phonics, which is followed by the second phase, a forty-five lesson course in sentence structure. The third phase is conversational French. Any time left over at the end of the year will be given over to an introduction to French literature.

The course is based on the (Continued on page 2)

the army worms in the headline are not the ones who leap out of a muddy trench hollering "Charge," but rather the ones who slither across muddy fields on their stomachs, which, come to think of it, is fairly descriptive of the average pongo as well.

However, the army worm in this story is not the one who joined for the rape and pillage. It is the one who is happy with just a bit of rapeseed. Battalions of these things recently appeared in Saskatchewan, devouring crops with an insatiable appetite. DDT, which normally keeps the worms in check, has been outlawed, but a substitute, lannate, was available. Lannate exterminates army worms, but it does not affect the crops. It is, however, extremely toxic, and because of this commercial air carriers and loaders turned thumbs down on the job of getting the chemical from the factory in Houston, Texas, to the blight area in Saskatchewan.

The Canadian Armed Forces were asked for assistance, and aircraft and crews were dispatched from 435 Squadron at Namao, and 436 Squadron at Uplands. The Hercules and their crews carried 150,000 pounds of insecticide, which they had to load on their aircraft themselves, from Houston to Saskatchewan. A Pacific Western Airlines Hercules also responded to the provincial government's plea for help and carried 40,000 pounds of lannate to feed the army worms.

To safeguard those applying the chemical to the fields, CFBs Moose Jaw, Winnipeg and Shilo have supplied 500 respirators.

As someone once said, the air force is only too happy to wipe out army worms.

## Nighthawks Nest

Another Navy type has joined the squadron to keep an eye on the night sky. Hughie hasn't been teaching John the right kind of code, so Major Joe Soshowski was sent out to instruct him in the proper Navy way of doing things. Since he arrived last week, Maj. Soshowski has been pointing out the nautical charts with divers and parallel rule. It is rumored that a surplus aircraft carrier is tied up in Vancouver and that the ship is going to sail it into Comox Bay and anchor it there so he can keep his hand in at deck landings.

Al Schulte has returned from a refresher at Baginow to join B Flight. BSchedo has been writing his hands in eager anticipation of another body to join the QRA. Dale Kilschewy, Ghost Flight, Navy Leader, came out of hiding just long enough to board the sled that will whisk him off to Missionville. This spring, he had driven as far as Okeana in his VW before he was turned back because he was turned back before he was turned back.

From our roving reporter and foreign correspondent comes this report. Last weekend, when Banham arrived in San Francisco, he found to his dismay that he had forgotten to bring any dive shoes. Since flying boots aren't considered to be fashionable in the museums and other educational institutions of SF, Banham borrowed Tony's sandals until he was able to buy more appropriate footwear in the city. The following day, upon arrival in Pleasanton, he discovered to his horror that he had left his shoes in San Francisco. Things went swimmingly until Banham was remembered that he had forgotten his rings at Ron Pratt's postbox. Steve's new glasses seem to have helped his vision, but for some weird reason have been detrimental to his memory. The squadron is continuing in its efforts to become known as the bilingual centre of the west coast. Gary South has just returned from a six studios six weeks at summer school during which he absorbed vast amounts of French and Geography. This is away in Montreal for a cream course in French so that he can carry out his duties with dignity and grace. The Japanese Navy Ensign Briggs is planning to take a post-graduate course in French to further qualify him for his upcoming job in Four-Three-Three. Plans are afoot to have a flight operate in French on alternate days.

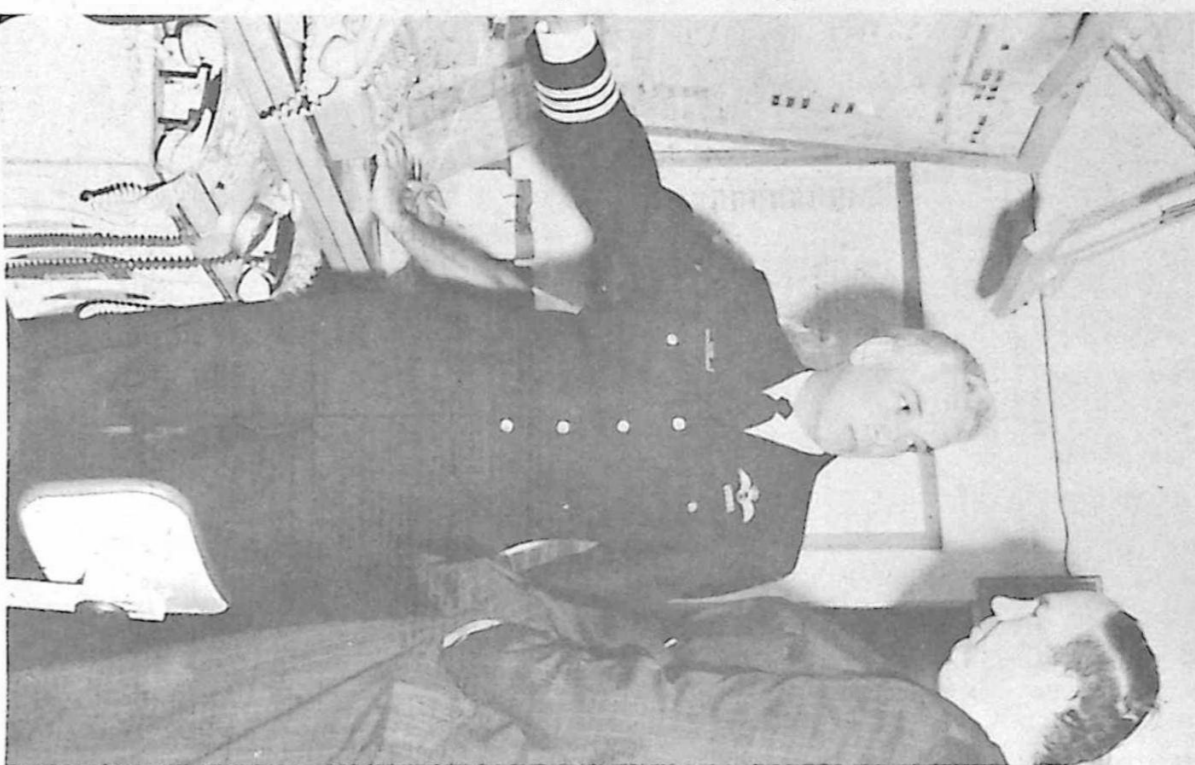
Ervin and Donna are leaving for Cold Lake this weekend. The Sissies did find a place to live, at least temporarily, and they hope to move again within six months into P40's on the base. They would have moved directly into P40's, but preferred to do it this way to satisfy the gossip in their blood. Best of luck, kids. John Clark and Ken Carr will be leaving the lovely Order of Ballrooms in early September. John will be senior to Ken by a couple of days only because he's taller. That extra money will come in handy for John as that Ford that Don Middleton foisted on him is in the shop for repairs every week.

From Vancouver comes this story. The troops who were over at Abbotsford for the airshow were in Vancouver looking for a restaurant that was open on a Sunday evening. After going through the same intersection from four different directions and concluding that they were hopelessly lost in the big city, Uncle Ern said, "Look, let's stop and ask someone for directions. After all, we're in Vancouver, not Chicoutimi. Everybody speaks English in this town." So they pulled over to the curb and asked this chap wearing a UBC sweatshirt. In reply, this fellow said, "Three zorry monsieur, jime not from dis place. Je ne sais pas."

pas. "Wouldn't you know it? Although Soshowski has had a bit of bad luck with his chumkey, his luck in draws is phenomenal. First it was the trip to Hawaii, and now he has won four turkeys in the Peter Dunda Benevolent Society Draw. It wasn't first prize, but John did settle for second.

This week there is a mad scramble of people volunteering not to go on the water survival course at Goose Spit during the week of Sept. 6. Excuses ranged from an allergy to salt water, a recurring war wound, a visiting mother-in-law to occasional, sinking spells. It seems odd that the announcement of positions open on the Goose Spit course brings somewhat less enthusiasm than was evidenced for the course in Dec.

The Howards have left for Kingston and Sam's two years of study in Jewish Engineering at Queen's. Sam spent his month's leave over at Long Beach living with the hippies in order to adapt to his new life style as a university student. Courses at Long Beach included Introductory Peace Demonstrations, Elementary Hair Growing, and Fundamental Hitchhiking. Sam has also accepted a position as Career Counsellor for his younger classmates. Rumor of the week: The person that Steve Bunyan looks so funny is that he forgot his head somewhere and had to borrow another.



"AND WHEN I PRESS THIS BUTTON," says Lt Col Sam Telford to defence minister Donald Macdonald, "absolutely nothing happens, because we didn't have enough money to pay the phone bill last month." (Canadian Forces Photo)

## Voodoo Nuts, Bolts and Volts

By PAUL KIEM  
As usual whenever a new boss gets posted in, everybody speculates on what it will be like working with him. Normally both sides have to make adjustments to the new environment for the position he assumes. Usually the job is somewhat different from his previous job, a different aircraft, role and of course, people. The troops also have to adjust to the ideas of the new chief as how the job at hand will best be carried out.

Since I was away on leave when our new BAMEO Major Phil Perry took over the office at LCol Ron Thacker vacated I thought it would be appropriate to introduce him to the troops through the medium of this column and to dispel any preconceived ideas that anybody has formed from the rumors that usually precede the arrival of a new boss. To illustrate how untold rumors can spread I asked a number of people to interview the new BAMEO for me. No way! Was anybody going to step into the lion's den. "If he wants to see me, he'll ask for me" was the response.

I wasn't going to pass up an opportunity where I'd be in the driver's seat asking the Major the questions instead of the other way round.

During the interview I found Major Phil Perry an amiable pleasant person to talk to. He instantly put me at ease by assuring me that he wasn't born in a manger and couldn't walk on water as his predecessor tried to do. (When his boot sank!) He mentioned that he was not as well equipped and prepared for fishing as was our former BAMEO, but has been getting better results (would Lt Col Thacker, like to challenge that statement?). Major Perry enlisted in the RCAF in 1946 as an AE Tech. He was commissioned and served in various places and capacities in Canada and Overseas. His most interesting and challenging jobs included a three year tour with the famous Golden Hawks. The four overseas included a two year hitch on the sea soaked tourist resort of Sardinia and a year with the UN at El Arish, which was an experience he most enjoyed. On his return to Canada

he headed the organization of the 1st CF-5 squadron at Cold Lake, where he remained until he was posted here. Major Perry is currently building a home in Comox into which he hopes to move before the snow flies which could be anytime between October and next April. He plans to eventually retire here with his wife Gwen and their three sons, Paul aged 14, Michael, 12 and Colin 7 months. Colin, the baby in the family, came after the cold hard winters at Cold Lake.

Major Perry enjoys all sports but prefers flying most of all. He raises Golden Retrievers as a hobby. When I asked him what he thought of his posting to Comox, he was ecstatic to be here, this being the fifth transfer to the West Coast, and he intended to remain here. He was impressed by the high morale of the base and the professional way the troops performed their jobs. He's been too busy coordinating air shows across Canada to really dig in but he

doesn't anticipate any problems and is looking forward to a rewarding experience as the BAMEO of CFB Comox. We also welcome Cpl. Barry Musson and Cpl. Roy Woodburn RS Techs from CFB Uplands, Cpl. Norman Labelle AE Tech from Cold Lake and Cpl. Pete Verville Acm, Ck from ADCCO North Bay. We said farewell to Cpl. Jerry Burr RS Tech who has left on plan restore. Cpl. Art Strachan family, came after the cold hard winters at Cold Lake.

The boys in the Engine Shop held a family picnic and a farewell party for M/Cpl. Jack Lightburn on air force beach last Sunday. Everybody had a most enjoyable time. The food was excellent to be here, this being the fifth transfer to the West Coast, and he intended to remain here. He was impressed by the high morale of the base and the professional way the troops performed their jobs. He's been too busy coordinating air shows across Canada to really dig in but he

## Greenlight For Moonlight

(Continued from page 1)  
In for a re-evaluation. According to the minister, Canada's NORAD contribution is directed solely against the manned bomber, which, he said, has become the slowest-creeping of the possible threats, and he cited the submarine-launched ballistic missile and the ICBM as threats that loom larger on our horizons. As far as combating the submarine launched missile, Macdonald said the question of refitting or replacing the Argus is receiving urgent consideration. One of the units that won't be increased in strength is 442 T and R Squadron. Asked by Coast Radio newsmen James Githam if 442 would be expanded to counter criticism arising from recent marine incidents, Macdonald replied that responding to marine disasters was the responsibility of the minister of transport, Mr. Jamieson. When asked if he felt that 442 Squadron needed more airplanes to effectively cover its assigned search area, Mr. Macdonald said that increasing the size of 442's fleet many times over would not proportionately improve the prospects of finding a lost aircraft in the rugged terrain which comprises most of 442's search area. He said that if civil aircraft operators were to carry Crash Position Indicators, and were to be a bit more scrupulous in filing flight plans, the prospects of being located would be dramatically enhanced. He held

more than any number of speeches from whatever authority. The last time I mentioned a good show for the boys I overheard someone say "Nothing like blowing your own horn." Well, why not, nobody else seems to give a hoot!

## FLU Strikes Forces

(Continued from page 1)  
They will help English-speaking personnel to improve their French. As the Canadian Forces have already gained three years experience operating with FLUs, it is not expected that the creation of three more will create any problems.

## French Taught At Comox

(Continued from page 1)  
a person to order with confidence. In a French restaurant. This week, the teachers who will teach at Comox and other bases across Canada are gathered at CFB St. Jean, P.Q., for their eye-opening introduction to military life. The names of those chosen to somewhere between Dieppe, French and jowl, while the others will attain level 2, which enables

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Light blue, front bucket seats, 4 speed, 1000 cc. engine, cruiseomatic, P. Steering, P. Disc, Brakes, radio, power windows, power locks, power seat, reclining, leatherette interior, 100,000 km. for an intermediate size car, it offers good comfort and reliability at any car I have driven. I would recommend it to anyone.  
Reg. \$338.8335 NOW \$3125

**1969 Fairlane 500 2 Dr. Hardtop**  
Indian fire with black vinyl roof, vinyl bucket seats, 422 V-6, cruiseomatic, P. Steering, P. Disc, Brakes, radio, power windows, power locks, power seat, reclining, leatherette interior, 100,000 km. for an intermediate size car, it offers good comfort and reliability at any car I have driven. I would recommend it to anyone.  
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**1963 Pontiac Convertible**  
V-6, automatic, radio, A GOOD BUY AT ONLY \$699

**TORINOS**  
2 DR. HARDTOPS  
5 SPEED, 1000 cc. engine, cruiseomatic, P. Steering, P. Disc, Brakes, radio, power windows, power locks, power seat, reclining, leatherette interior, 100,000 km. for an intermediate size car, it offers good comfort and reliability at any car I have driven. I would recommend it to anyone.  
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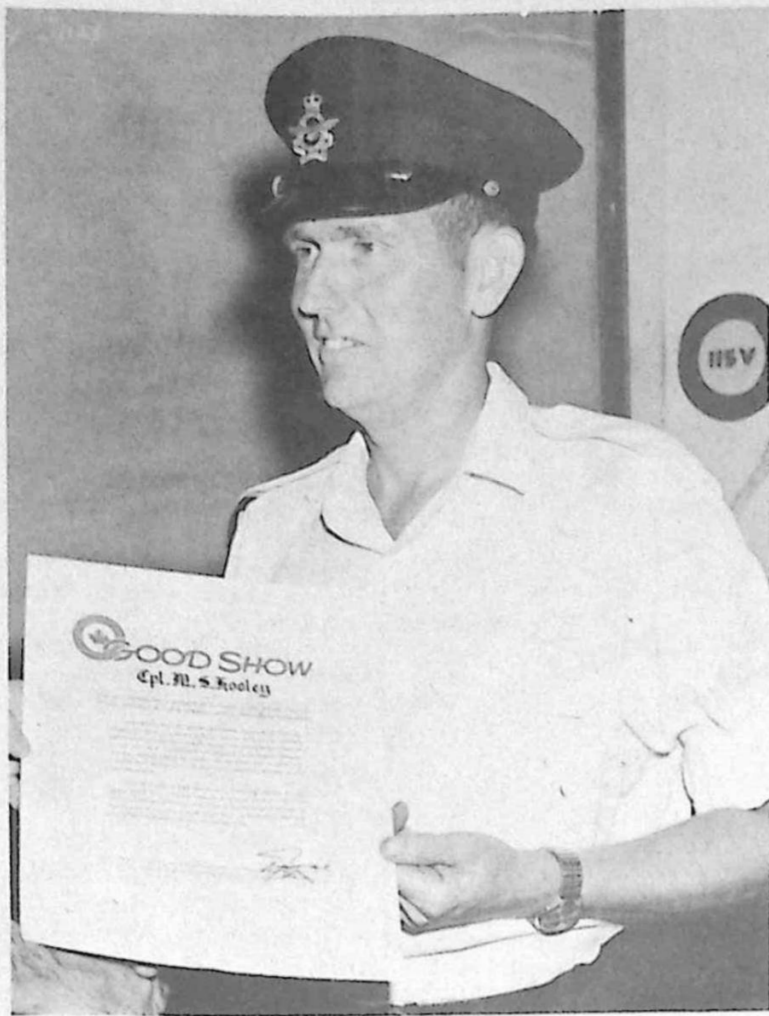
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## Corporal Hooley Wins Flight Safety Award

Corporal Mike Hooley of Canadian Forces Base Comox has been awarded a "Good Show Award" by the Canadian Forces Director of Flight Safety. This award is presented to members for outstanding contributions to flight safety.

Corporal Hooley was a ground technician assisting in start up of an Argus aircraft. While the first engine was being started he detected an internal fault and was instrumental in having the engine shut down immediately. This action prevented serious damage to an engine and also prevented a serious flight hazard. Corporal Hooley was commended for his alertness, knowledge and the degree of professionalism he displayed.

He was born in Vancouver, B.C. where his parents still reside in North Burnaby. His last years of formal schooling were spent in Campbell River High School.



## DEMON DOINS

It's summertime and the livin' is easy. That's how the song goes anyway, but it seems that summer has turned into autumn and maybe we can swing into the old routine again. The boss is back and settled in (hopefully). Most folks have had leave or are just completing it, and if everything goes as planned I'll be able to get a crack at the wily blacktails while on mine.

I must apologize for not welcoming all the new "Demons" in print, but with the turnover this summer it would have monopolized the column so welcome to all. I hope you enjoy your stay.

Even with our operational commitments we can still field a pretty fair soccer team. 407 Air has done it again; they are first in the league and have been able to subdue all comers but one (407 Ground) whom they tied. Good show, champs!

Our rambling rascals are back from Australia and New Zealand, etc., etc. They report having a good time and we will try to have their crew PIO submit a write-up for the next issue of Totem Times.

Several items of major import. Honest Bill did it again. Anyone got a car to sell? Phone 368 for an appointment. Maj. Smith tried to give "the boot" to our newest Demon, Maj. Erv Rose, but didn't succeed. We'll have to promote someone into it.

The following is a submission by Capt. John Collins who covered his crew's participation at Abbotsford. He has captured the true feeling of participation for us but let's hear it from John.

**ABBOTSFORD AIR SHOW**  
Four members of Crew 5 plus four groundcrew flew to Abbotsford on Aug. 13 and made the Argus available for static display during the Air Show. It proved to be one of the most popular static displays, and crowds flocked in droves to ask such questions as "What's that bubble for?" (the Radome); "How many rounds of bullets do the guns fire?" (the Pitot tubes); "Why is the tail so pointy?"; and "Is this the Navy's biggest plane?"

Seriously though, the crowds did show a keen interest in the Argus and its roles, and many entered into interesting discussions with the display crew. The crew PIO was asked to tape a radio interview for CBC's Northern Service broadcast on the subject of northern patrols, and dodging loaded questions

was the order of the day. The younger visitors kept the crew busy signing autographs until the weaker members began to succumb to writer's cramp. There were also several requests from youngsters to have their photos taken along with the static crew. The aircraft captain very fairly split this task evenly down the middle, allowing himself to be photographed with the Girl Guides and the rest of the crew with the Boy Scouts. Oh well, RHIP!

407 Armament Section's own Red Leblanc was chief cook and bottle washer at the CAF section of the Air Show. His sign which read "Red's Greasy Spoon" really told the whole story. Good show, Red.

The groundcrew's and Flight Engineers' bus service between Abbotsford and the motel in Vancouver led to a few problems. Ron Herman soon found the lack of watering holes in between to be a real handicap. Then, after the windup party and plaque presentation, 407 Groundcrew, through no fault of their own of course, had to hold the fort to the bitter end. Strange how 54-passenger buses just up and disappear!

Several very humorous comments and incidents emerged from the visit. One little old lady, upon being told the Argus was used for anti-submarine work, exclaimed, "I didn't even know the Air Force had submarines!" Another visitor with a heavy German accent asked if this was one of the bombers to pay her homeland a visit during WW II. Very quickly, the crew pointed out the Voodoo as being the offender. Several persons inquired as to the number of stewardesses carried. One lady got a great chuckle over the "Do Not Repaint" sign on the radome, the "T" of which was painted over. SOP, she was informed. A gentleman asked when the crew did its last air show. Two months ago in Moose Jaw, was the reply. He then asked when the next one was scheduled. Upon hearing that the crew had no more this year, he exclaimed, "What in the world will you do with all that spare time?"

The trip had its embarrassing moments also, as one of the more observant observers discovered (no names, no pack drill, but only one observer was along). At noon he decided to take a lunch break. Carrying a deluxe, extra long hot

## 407 TECH RAMBLINGS

**REPAIR**  
To start off this week's offering, we'd like to place a "want ad" for a pygmy with typing capabilities. Yes, our previous plea for a typewriter desk has been answered but, in view of its minute physical dimensions, we keep misplacing it. It was probably designed as an item of doll house furniture and, in this age of bigger and better things, it tends to serve as a reminder of the good old Chipmunk days. Hence the need for a permanent custodian of commensurate proportions.

Another of our supervisory Corporals has departed our midst enroute to the dizzying heights of Junior Ranks Club P.M.C., a position he will hold for the next six months. And so the fitter drain continues; however, our loss was "Frankie Baby Nemeth's" gain in that he has now assumed the vacant illustrious supervisory position which will afford him the opportunity to prove his worth. His was a long wait and others are treading the same tedious path.

We hear that the M.N.D. was a recent visitor to the base but, because of a very tight schedule, few actually saw him. Possibly a longer stay on his next visit would be in order and thus afford him an opportunity to address the junior ranks and to obtain first hand knowledge of their views respecting service in the present day C.A.F.

One of our fearless leaders, soon due to retire, is busy feathering his nest in preparation for the big day. His anticipatory looks would seem to indicate thoughts of days of just lying around the house, putting in the garden and the odd cruise on the salt chuck in quest of those big ones he has been telling us about. What a life, lying about home and his fish! Anyway, enjoy your retirement, Pat, and keep eating those mid-morning eggs. Who knows, you may even be able to afford a new pipe too, if you put your mind to it and save your produce money.

Personnel rotation continues and with the departure of Cpl. Murree, Cpl. Crowe has arrived in exchange. We also welcome to Repair our new A.R.O., Capt. Meindl, who says he recognizes me from somewhere — I hope he doesn't remember where because I don't either. Cpl.

Taillon has also joined our ranks so, to all of you, may your stay here be a happy one.

Just in passing, did you know that you can drive twice as far on a full tank of Chevron gasoline as you can on half a tank?

**TORP TOPICS**  
With annual leaves — past, present and future — a prime subject for thought and conversation, episode two of the Hood Travelog Series is herewith presented in the hope that it will prove interesting and/or helpful to those who have yet to tour this beautiful island.

Early August found me behind the wheel of a car full of camping gear that was pointed in the direction of Long Beach — the one on the west coast of Vancouver Island, not that other one to the south. Since there are a number of pros and cons relative to whether or not a prospective vacationer should embark on this particular trip, I'd like to list a few, starting with the brighter more positive aspects: 1) The scenery enroute is both breathtaking and awe inspiring with many stops of interest along the way.

2) On arrival, again it is the scenery that is the overpowering factor — miles of sandy beach, huge surfing type waves and petite bathing girls.

3) The area is endowed with numerous camping areas complete with washroom facilities but, unfortunately, demand exceeds the supply of good spots. Our first night was spent at a government operated site on the beach but, not preferring a diet of sand and sun, the move to a wooded location was made the next day. Cost \$1.50 per night.

On the darker side of the coin are a number of somewhat detrimental aspects pertaining to the matter of getting there and back, particularly if you have not travelled the road previously. If you have, you will agree that it is not to be compared to say a simple jaunt down to Nanaimo.

1) If you are the nervous type, have someone else do the driving while you relax in the back seat with your eyes closed.  
2) If dizzying heights bother you, same remedy as above.  
3) Ensure that your car is in top mechanical condition with particular emphasis on the cooling system, tires, steering and brakes.  
4) If you are not an experienced

driver, this is not the time or place for learning.

The aforementioned precautions pertain more or less exclusively to a 15 mile stretch of narrow, unpaved dusty and washboard road up and down a mountain. Guard rails are lacking as one approaches the summit so, with a sheer drop to God knows where, a vehicle could conceivably go over the brink without being missed or the wreckage spotted.

So, if you have a good car, matching nerves and are prepared to cope with the switchbacks and dust diet, be off with you and good luck.

### KAMERA KORNER

Our deepest sympathies go out to Bert and Betty Coffield in the recent loss of Betty's mother.

Recuperating from an operation, Ray Evan's wife has suddenly discovered that her man is as good at housework and baby sitting as he is at fishing.

The Dentons are on the verge of opening their own produce outlet: it seems that every time they stick the shovel in the ground a bountiful harvest results. Happy digging!

Don't be surprised if you see a couple jogging around the PMQ area as it's only the Searles getting into shape for the hockey season.



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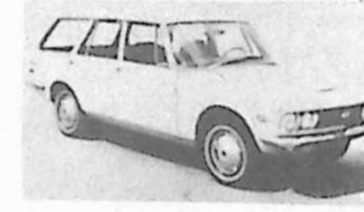
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## FEED-A-PONGO WEEK

**VICTORIA** — Communities near military bases are getting into the B.C. Centennial spirit these days by hosting visiting servicemen in their own homes.

The most recent city to get into the act is Chilliwack, who have had the Royal Canadian Engineers on their back doorstep for years.

In appreciation of the 80-odd Royal Engineers, now working out of CFB Chilliwack helping to construct a B.C. provincial park appropriately named Sapper Park, local citizens are sponsoring a "Take a Sapper to Supper" night.

The program, called "Dial-a-Sailor" was so successful, the committee ran out of sailors in short order.

Heeding the old adage, "Never look a gift horse in the mouth," one local damsel wrote to the committee with this eager request: "Local lady, 32, divorced with two children. Has hot lips, looking for sailor with same."

## COMOX CANADIAN FORCES CREDIT UNION ANNOUNCES

### MILITARY CREDIT UNION CREST CONTEST

**GENERAL**  
At the Eleventh Annual Conference of Military Credit Unions held in Quebec City on 3 October, 1970 a resolution was passed that a contest be held with a view to designing an official crest that would be representative of credit unions in the Armed Forces.

**PURPOSE**  
To design an official crest that will represent credit unions in the Armed Forces. There are 33 credit unions representing over 54,000 servicemen, civilian employees of DND and their dependents spread from coast to coast. Most of these are purely military but several have community and federal employee affiliations.

- RULES**
- Contest is open to all members of military and affiliated credit unions.
  - All entries must be postmarked not later than 1 September, 1971.
  - Entries may be either pen and ink sketches or color drawings and on white paper no larger than 8x11 inches. If a motto is used it should be in both French and English.
  - Entries will be returned only if a self-addressed, stamped envelope is enclosed.
  - Winning entries become the property of the Executive Committee of Military Credit Unions and all rights are reserved for promotion of credit unionism in the Armed Forces.
  - The judges will be selected by the Executive Committee and the decision of the judges is final.

AWARDS	
Adult Members	Members 16 yrs. & under
First - \$100.00	\$75.00
Second - \$75.00	\$50.00
Third - \$50.00	\$25.00

### MILITARY CREDIT UNION CREST COMPETITION

NAME .....  
ADDRESS .....  
CITY or TOWN .....  
CREDIT UNION ..... PROVINCE .....  
PLEASE NOTE:  
Entries will only be returned if a self-addressed, stamped return envelope is enclosed. All other entries become the property of the Executive Committee of Military Credit Unions.  
I herewith enter the enclosed crest as my own personal work.  
Signed ..... Date .....  
For office use only Entry No. ....

## The Toggery

CUMBERLAND

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Dresses - 2 for 1  
Buy one Get One Free

1/3 off Hot Pants,  
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## VISIT OUR NEW RETAIL COUNTER:

Round Shoulder 69¢ lb. Chuck Steak 69¢ lb.  
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## Blueprint For The Future

"Defence In The 70s", the White Paper on defence which was released this week, contained no major surprises. Rather, it blueprinted the direction the Canadian Armed Forces would take in following the government's policy objectives, directions which were readily discernable to anyone who had been paying attention for the past couple of years.

Perhaps the biggest change in the White Paper is the emphasis which it puts on aid to the civil power. The emphasis is not solely on such traditional aid as quelling riots or insurrections, but also on newer innovations. The role the forces played in cleaning up the oil spills in Chedabucto Bay is the forerunner of more such operations. In conjunction with other government departments the service will be called upon to assist development in the civil sector, especially in remote regions. This will, according to the White Paper, have the concomitant advantage of ensuring that the community is aware of the ways in which the military sector contributes to achieving national aims and priorities.

To the more tradition-minded of our arm chair generals, this emphasis on the quasi-military, or even non-military aspects of the Canadian Armed Forces operations will border on blasphemy. "Armies," they will fume, "are meant to fight." And so they are. But they spend long years doing anything but, and while they are doing anything but, the world changes. There is a possibility that the armies may not reflect these changes.

It is, then, necessary to take stock every once in a while; to look at the world, and to look at one's own country in relation to that world. Has the world changed? If so, how has it changed? How does that affect us? Are the goals of the 50s still valid, or even relevant in the 70s? Where do we stand now, as a world power?

Those were the sort of questions that were asked in the formulation of the White Paper, and the directions contained in the White Paper flowed naturally from the answers to those questions. Canada is no longer one of the world's major military

powers, nor can she ever be. While the prevention of nuclear war is her overriding defence priority, there is little that Canada can do, acting unilaterally, to prevent such war, the prospects of which are, in any event, given the overkill standoff between the two major powers, remote.

There are, however, other things which need doing, apart from Canada's participation in alliances which are meant to lessen the chance of nuclear war. Canada must exert her presence in the north, so that her right to do so is never challenged. Canada must also exert her rights in her territorial waters, or the recently extended limits become meaningless.

In a policy statement on April 3, 1969, the Prime Minister laid down that the maintenance of Canadian sovereignty was of prime concern to the armed forces. Occasionally, the threats to that sovereignty come from within, as well as without, and the forces will require training and equipping to enable them to deal with internal disorders.

The White Paper does not solve all the defence problems. Indeed, it was not meant to. The progress of the Strategic Arms Limitations talks, the prospects of Mutual Balanced Force Reductions in NATO, and the possibilities of an American-Chinese rapprochement could well alter many of the assumptions on which the current document is based. But the paper does provide a blueprint for the future for the forces. Their roles are spelled out, and they will be given the resources to enable them to do the job.

To a more limited extent, it also blueprints a future for the average serviceman. His conditions of service are now undergoing a penetrating study, which should result in some of his more long-standing grievances disappearing.

The White Paper clearly sets out the goals of the forces, and how those goals relate to the goals of the country. It is an attempt to explain why the country continues to need military forces, and what those military forces will be doing in support of the country's national goals. As a guidepost to the future, it is a good one.

## The Last To Know

Tuesday morning saw just about everyone on the base huddled around radios trying to find out what the government's White Paper on defence had in store for them. As the day wore on, they slowly found out. A reporter for one radio station would say something, and a reporter for some other radio station would say something else. Gradually, by putting all these reporters' stories together, a picture began to emerge.

Still, however, no official word had been received on base. Then, hours after the release had been made in Ottawa, page three of a message from the CDS started coming into message centre. Eventually, page one hove into view, and it was plain to see that the message was a synopsis of the White Paper, a thorough and complete condensation of the 48-page document, as it turned out.

But one was compelled to wonder how the reporters knew so much. As it happened, the good offices of DIS had earlier sent out copies, which were held under lock and key by the regional information offices until the Paper had been released in Ottawa, and then these copies had been given to reporters. There can be no quarrel with this procedure. Reporters who have the White Paper adjacent to their hot little typewriters will be able to write better stories than those who have not, and it is DIS' job to furnish reporters with this sort of information so that the reporters can then furnish all other Canadians with it.

Reporters, however, are busy people, and the newspapers and radio stations for which they work have finite amounts of time and space available to them for such items as White Papers. The reporters must determine what they feel will be of interest to the average Canadian and slap it on the wire as quickly as possible. Chances are, the reporter's story will be cut by an editor who is trying to make room for another

## A Moonlighters Union

One of the more prevalent rumors making the rounds lately had it that moonlighting by servicemen would become a thing of the past this October, when, it was also rumored, some rather dramatic things were going to happen to the service pay structure. The moonlighting rumor was killed right dead by a man who ought to know; the Minister of National Defence, speaking at a press conference at CFB Comox.

According to the minister, moonlighting is a right open to all Canadians, and there is no reason why servicemen should be denied that right, provided that their civilian job does not interfere with their service employment.

He was not asked, nor did he volunteer any information about what changes might be forthcoming to the pay structure, but later, replying to a question about a union for servicemen, the minister parenthetically added the information that studies were underway to alleviate the conditions which would make the servicemen press for the creation of a servicemen's union.

Such a statement would almost certainly imply that a raise of some sort is in the offing for servicemen, but those who have been listening to those rumors of 20-plus per cent would be well advised not to spend it until they have it in their hot little hands, which will probably not be for some time to come.

Some of the drive for a servicemen's union undoubtedly comes from the chronic malcontents which every outfit contains, and who will doubtless be employed painting protest placards in heaven, and some of the drive undoubtedly comes from unions which currently represent public employees, and would welcome 82,000 new dues payers; dues payers who would never become a draw on the strike fund.

But, and this is an important but, some

story that he feels is of equally great interest to his readers. Therefore, on the day the White Paper is released, the person most directly concerned, the Canadian serviceman is compelled to depend for his information on the fragmented accounts received from different radio and TV stations, and different newspapers.

Why should this be? The White Paper was obviously not dashed out in Donald Macdonald's bedroom the night prior to its release. On the contrary, it is a slickly finished, commercially produced, illustrated pamphlet which was churned out by the hundreds. It is, according to the information contained on the frontispiece, available by mail from Information Canada, or from any of the Information Canada bookstores across the country.

Why then, were there no copies of Defence in the 70s at CFB Comox on the day the White Paper was announced. Surely sending a dozen or so copies to each base prior to the release date, along with firm instructions that they were not to be unwrapped prior to the Ottawa release would not have been an impossible procedure. Most base commanders are routinely entrusted with secret or top secret material which they succeed in keeping to themselves, and there is no reason to believe that they would treat a pre-release consignment of White Papers any differently.

If people are not to feel that they are but cogs in a huge and impersonal machine, they must have rapid access to information which concerns them and their huge impersonal machine. A White Paper, with all its implications obviously concerns them, and there is no apparent reason why some copies could not have been available on the bases, so that concerned servicemen would not have to rely on the excerpts published in the newspapers.

Why must we be the last to know?

of the drive undoubtedly comes from servicemen who feel that their specific plight is not fully realized. The corporal, for example, in one of the lower payfields, who is compelled to live on the economy in the Toronto area, where rents are higher than a navy pilot three hours after free beer has been announced.

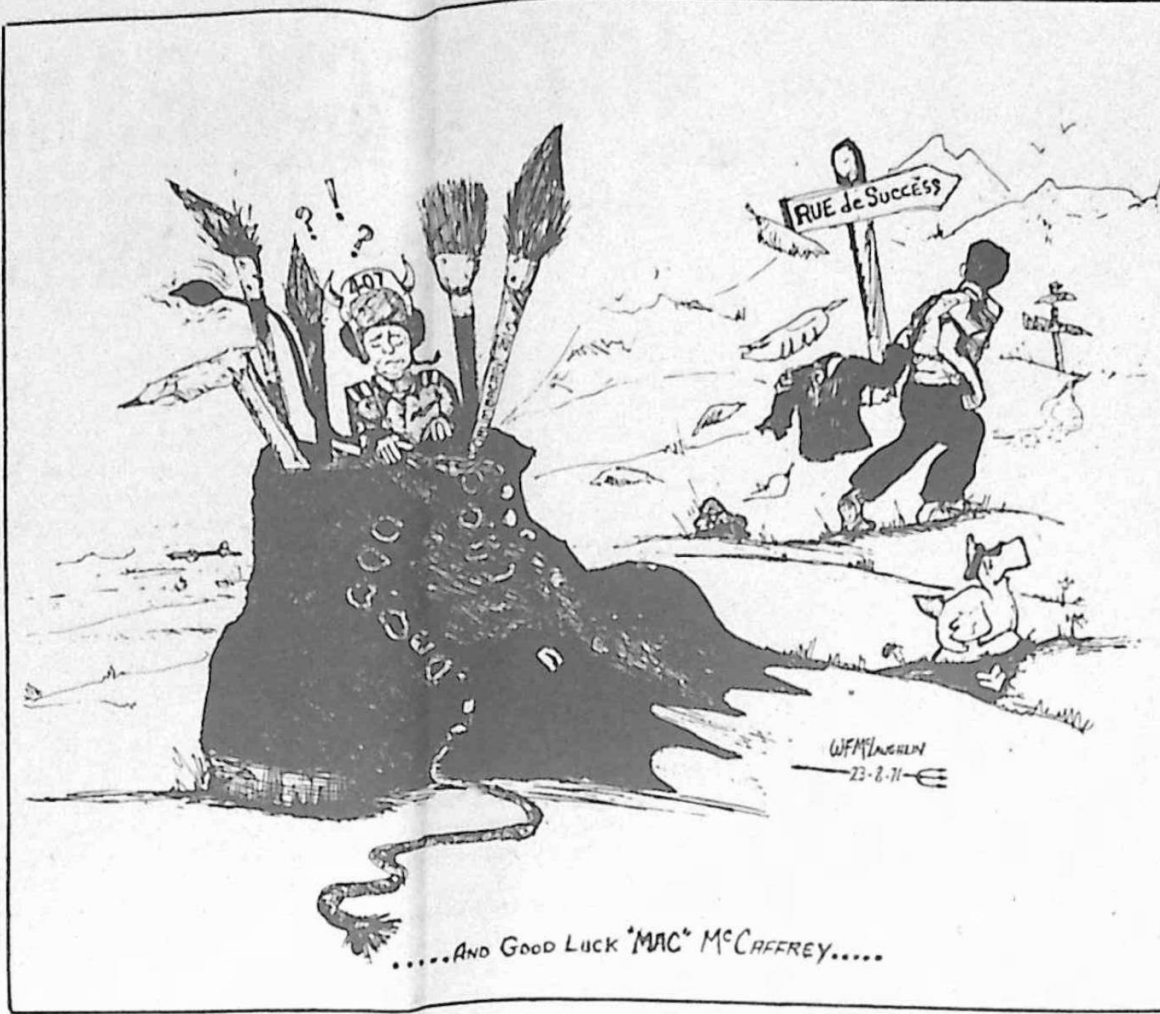
Such a serviceman is not, of course, unique. Most metropolitan areas are disaster areas, as far as servicemen are concerned, because rents are sky-high, while service incomes are not. The serviceman, living some distance from his unit, adjacent, perhaps to a clutch of union members, sees what unions are doing for them, and says to himself, "That's just what we need."

It isn't really, and he knows it, but each month, as he shells out the rent cheque he thinks of the benefits of union membership, without examining the disadvantages, which are not so readily apparent, and before long he is convinced.

Soon, the proposals for improving the serviceman's pay package will have to undergo serious study. Hopefully they will take cognizance of the hardships which befall servicemen who are moved to major metropolitan areas and defuse what could become a serious situation.

Just as no pay package will ever prevent everyone in the service from moonlighting, so it will never prevent everyone from desiring a union. Some people will moonlight regardless of what the service pays, and others will strive for a union regardless of how utopian the services might become.

But a good pay and working condition package will ensure that drive for a servicemen's union is kept alive only by the old complainer, and the odd zealous organizer, and not by a strong feeling of discontent.



## LETTERS TO THE EDITOR

### Suggests Infallible Promotion System

Dear Sir:

Mukluk telephone in this booming northern metropolis coughed up a morsel of startling information recently. Rumor has it, that in addition to the policy of promotions to senior staff positions being based on one's ethnic origin, in future 45 percent of all such appointments will be of Roman Catholic faith and 24 percent will be left-handed.

There is considerable controversy concerning the remaining three percent. The majority would like to see it go to redheads but there is a radical element that would like to see it allotted on a merit basis. It is generally conceded that this

idiot-fringe don't have a leg to stand on.

I think such a move is long overdue. It will eliminate nearly all the grey areas from service promotion policy; a policy that is currently based on conjecture, personal opinion, an assessors judgement, and his ability with a pen. Future promotions will be based on a computer readout as God intended and I for one say hurrah for IBM.

However not everyone at Fort Frowup is ecstatic about the proposed policy. Private Joseph Pierre "Lefty" Plus is in a terrible dither. On hearing the news he threw down his mop, flushed his grade five reader

down the "convenience" and assumed the pre-natal position. The question of how much rank braided to sew on his uniform almost completely balanced his mind. A solution was reached when our commanding officer (who by the way is now referring to Lefty as Sir) suggested that he keep two uniforms in the tailors at all times, getting insignia for the next two ranks installed. In the event that promotions out-distance the tailor, permission has been granted for "Lefty" to wear mufti. If any of your readers have any mufti to spare would they kindly forward it them to the above address.

Sam Magee

### Gives Credit Where Credit Is Due

Dear Sir:

Your last issue contained an article on the beach house project which was excellent except for one omission: a great deal of the credit for this project should go to MWO Don Hughes. It was he who originated the

suggestion, presented the proposal to Base Fund and acted as deputy co-ordinator throughout. MWO Hughes spent a great deal of his time hounding section heads and crew chiefs to release men who volunteered to work on the project. As a matter

of fact, one morning the only person left in my section was a technician who had missed his ride to the beach. Now if we can get authorization for a casino and Don is willing . . .

Captain Ted Johnston

### A Single Squawk

Dear Sir:

I am writing this letter at great risk to body and soul, alone in a locked room. I feel that the facts contained in this letter must be revealed, even at the risk of personal injury. I beg you to print this to warn the world of impending disaster.

There is a new secret society forming at CFB Comox. The name of this secret society is to be "Murder Odious Baggers of Comox Military or Mobcom for short. The intent of this organization is to correct the wrongs perpetrated against the single personnel (herein called the proletariat) of the Canadian Armed Forces through violence. There have already been barely muted threats of knifings and beatings directed towards married personnel in Comox (herein called baggers).

The charter of this group states, and I quote:

"This society has its roots in the discontent originating long ago when personnel were paid to marry and produce more little pilots and navs. However, when the surplus of pilots caused by this policy became apparent, equal pay regardless of marital status was introduced. The high ranking baggers, seeking to mask their errors, laid false claim to such high sounding principles as "Equal pay for equal work." There are specific injustices authorized by the bagger-in-chief that this society will either crush or die crushing.

The society demands:

a. The elimination of the policy that on transfer every bagger is given (repeat given) \$400 in nuisance fees yet a member of the proletariat must provide receipts for any rebate. Not only is this policy discriminatory, it impunes the honesty of every member of the proletariat.

c. The elimination of the policy that treats female single officers (nurse variety) with bagger-like deference in that all nurse quarters must have a kitchen yet male officers of the proletariat can get a kitchen in their quarters only if each male single yields one pound of flesh and forty two books of green stamps redeemable at your local friendly Baggers Exchange.

d' The immediate elimination of the policy that bagger PADO's have of shafting unwilling members of the proletariat with duty on such holidays as Christmas and New Years. We

further demand a public denial of policy which allows baggers to purchase land and become full fledged capitalists and be reimbursed legal and real estate fees to the tune of \$1800, while denying this great boon to the poor proletariat.

b. The elimination of the bagger-instigated rumour that members of the proletariat do not have families and or friends.

e. The total elimination of the policy of giving reduced leave to the proletariat in the summer due to a lack of school aged children. This blatant propaganda move aimed at increasing promiscuity among the proletariat.

f. The immediate establishment of a firm warning period that must be given to all members on transfer before they must report to their new unit. This will abolish the policy of demanding that members of the proletariat report to their new unit the day before they are informed that they are transferred.

g. The immediate printing of an apology for past injustices and insults from the bagger-in-chief in all service newspapers and the Georgia Straight and immediate reimbursement of present members of the proletariat who are still owed pay held from them under the "produce pilots" policy.

If these demands are not met, every member of the society swears to carry on until every bagger who will not accept the aims of this society is in his grave and or dead."

I am writing this letter so that the vile aims of this organization, "Equal Privileges Despite Sex

### Question For Sam Magee

Cher Editeur,

In de last hissime of your Totem Pole dere, I read dis letter from Sam Magee, who said he was a WASP. Qu'est que C'est dis WASP? I t'ought a WASP was a bug dat bite people.

Halso, where is dis Ligne DEW? I have 'ear of the Van Doo, but never the Ligne DEW. Maybe dat Sam Magee send me a picture so that me too, Jean-Paul can gor a vacation, la.

Sincerement,  
Jean Joseph Baptiste

## The Welfare Word

By PAUL KLEM

I read a recent article in the Vancouver "Province" about the sad state of our "welfare" situation.

A survey of randomly selected sample of 166 welfare recipients, of a total of 2667 on the Vancouver welfare rolls, revealed the following facts.

a. 86 per cent reported that they don't care if they have steady work. Now isn't that something to think about!

b. 16 per cent are prepared to make a CAREER of living on welfare. They admitted to be aiming at a life style that totally excludes work.

c. Only 14 per cent said welfare was a temporary condition until they could get employment.

d. The remainder viewed work with indifference or a temporary proposition.

e. The survey showed that 62 per cent of the 103 males and 63 females surveyed had High School or better education, and only 8 per cent had never been employed.

Of the 16 per cent who regard welfare as a way of life more than half admitted LYING to get

on the welfare rolls. These same people want absolute freedom to do anything they please whether society approves or not. They are eager to use all the amenities and facilities that society has built up through hard work and sacrifice.

Who are THEY to say the world owes them a living without any effort on their part? Where do these people come from? What kind of upbringing did these leeches of society get to give them this warped outlook on life? Are we so naive to accept this attitude, and keep taxing the honest workers,

owners, and old age who can barely make it to give these HYPOCRITES have nothing but contempt for the society that feeds them. treat them to a better standard living than the average who has a little pride in him. The tax bite for the WELFARE DOLLAR is triple of that which is spent on education, and is rising to alarming proportions. The unfortunate aspect of this is that the tax burden is falling on the people that can ill afford it.

I am not opposed to legitimate welfare needs, but abuse of the system is intolerable.

## The Inflationary War

The 90-day freeze recently ordered by President Nixon on wages and prices is a bold and dramatic attempt to grapple with a problem that is sapping the vitality from the United States, and also from Canada. It serves notice that the ever-onward, ever-upward spiral must cease; that the United States can no longer afford the inflation brought about by those who would be paid more and more for producing, as it were, less and less. Eventually, something must give, and in this case it was the dollar that had been the mainstay of international finance for several decades.

Is there a lesson for Canada in this action? Many of the same currents that direct the mainstream of the American economy also push the Canadian economy. Canadian business wants larger profits. Canadian labor wants larger wages. Too often, the added profits and the added wages do not come from any increase in productivity. They come only from higher costs that are passed directly onto the consumer. If the consumer happens to be similarly affluent, no particular harm is done. Everyone is paid twice what he is worth, and this enables him to pay out twice what his purchases are worth. But what happens when everyone is not similarly affluent?

What happens when a nation that has allowed its products to inflate in this artificial fashion tries to sell to a nation that has kept a more rigorous grip on special interest groups? It finds that it can no longer sell its products. Worse, its one-time

customers become competitors. successful competitors because they can produce an equal quality article for a better quality price. This is happening to the United States, and it is happening to Canada.

A 90-day moratorium on wage and price increases will not undo the damage that has been done. Nor will a temporary imposition of import surcharges. What these measures might do though, is cause a change in the psychology that has created the something for nothing philosophy which so often seems to govern wage and price demands. Such draconian measures might make people realize that the rising tide, far from lifting all the boats, is in reality threatening to engulf them.


If President Nixon succeeds in reversing the inflationary trend in the United States, he will go a long way toward solving some outstanding Canadian problems, for the two economies are, for better or worse, tied together. Despite the noise from the import surtax battle, we should keep our eye on the inflationary war. Import surtaxes might hurt, but too much inflation can kill. Ask any balloon.

## Good Luck, 442

Next week, the miracle workers from the para-rescue section of the findin' four hundred and forty-second seek and save group will put aside their day-to-day cares to engage in a para-jump and supply drop competition. While 442 is serious about winning the competition, one has to think that a competition such as this is really not very exciting compared to the life-and-death situations which make up so much of the squadron's real work.

Looking back over the course of an average year for 442 Squadron, it becomes apparent that a bunch of people who are accustomed to pulling injured mountain climbers from otherwise inaccessible cliffs, and who spend a great deal of their time ministering to critically injured people might not get too excited about a competition. In which no lives were at stake. And they don't. The TIMESman who went over to the squadron to write the world's greatest cover story was hard-pressed to glean sufficient material for a photo caption. To the para-rescue people, a competition such as this is all a lesser part of a day's work.

But all of us at CFB Comox know that they will embark on the competition with all the fire and enthusiasm with which they approach their more serious occupation. Best of luck 442, the entire base is pulling for you.



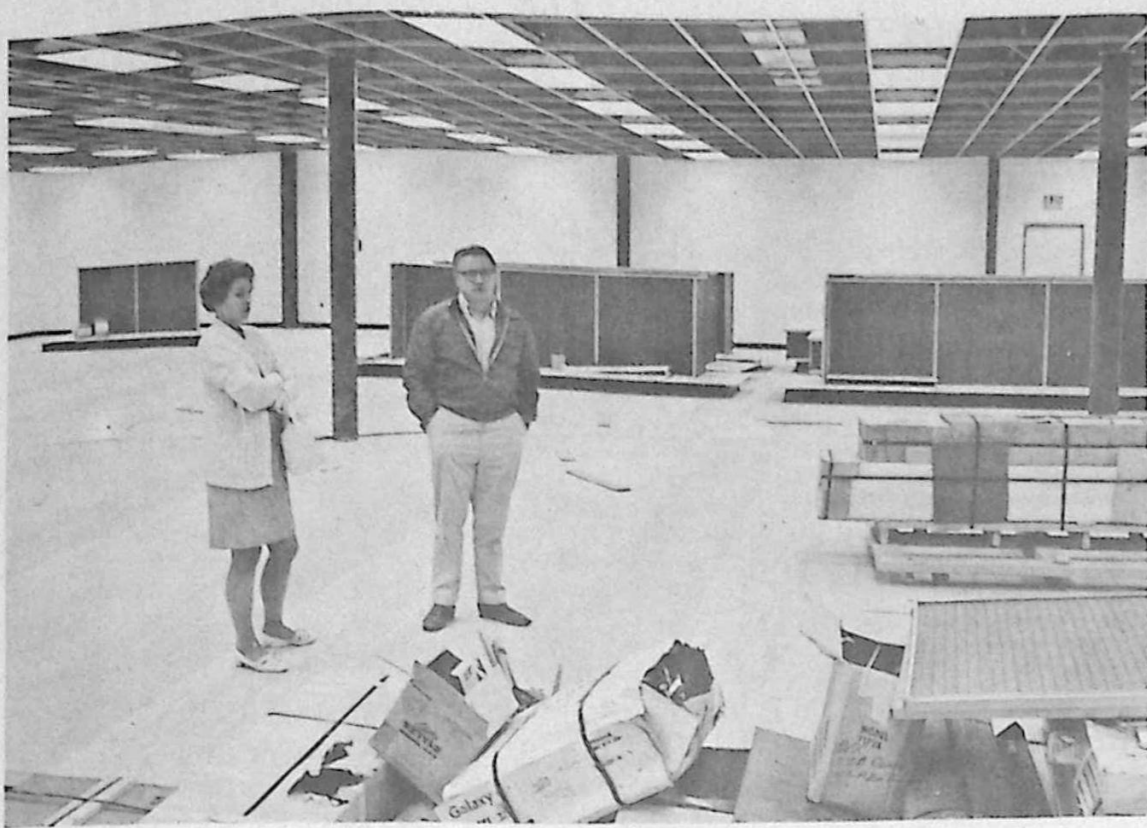
Read in the best news in the Canadian Forces

Published on alternate Thursdays, with the kind permission of Col. G. H. Nichols, Base Commander, CFB Comox

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**MERCHANDISING MANAGER W.O. Strandberg** is busy these days plotting locations for all the goodies he will attempt to sell when the Canex opens on Sept. 14. Seen with W.O. Strandberg is Mrs. Joan Barlow as she tries to imagine where the new snack bar will fit in the scheme of things at the nearly finished exchange complex. (McNair Photo)

## Canex To Open Sept. 14

By NORM BLONDEL  
Canex Comox opens for business on Sept. 14, a year after presentation of plans for enlarging the serviceman's retail facilities here.

Eight thousand square feet of shopping area in the most up to date design will feature an expansion of Canex's more popular lines, notably electronic parts and systems, hardware, sporting goods, clothing, shoes and a new line in giftware. The big feature on Sept. 14 will be a display of Ho Ho Ho goodies calculated to glaze the eyes of any red-blooded kid, and for different reasons, his parents too.

**TOOTH PASTE, DA GROCERIES, NIET**  
Winter clothing? Canex will have it, together with an expanded range of the toiletries and dry household goods currently carried. But there is not enough space for a grocery store. Two improvements over the present BX facilities will be welcomed by Canex shoppers - adequate parking, and big, modern washrooms. New service facilities include a fifty-two seat self-service cafeteria, a barber shop and beauty salon, and a special order office. The big building is served by a large receiving and storage area.

Modern? This store has coloured ceiling tiles. Canex Comox went up fast under a Central Canex policy which predicated - logically - that the cash needed to provide the serviceman with his recreational needs must first be obtained at these updated and improved retail outlets. Moving into the new complex begins by September 1, with the transfer of the clothing store. It will be followed by sports and hardware, with the upper rec. centre BX remaining open to provide back to school supplies and basic items until the move is virtually complete. With the closing of the rec. centre outlets, a basic cafeteria operation will remain. The move is under the direction of Comox BXO Capt. D. J. Davis, who arrived here in July. He was

BXO at Baden, and projects officer and Acting Retail Merchandising Manager for C.A.F. Europe.

Canex Comox is situated in a new service area, accessible from a planned road running parallel to Little River road. Since the new access route will pass directly through the Bank Managers' office, he and his staff are to be relocated to a position comfortably close to the new Canex. This process might be known as 'Moving the Wheel of Commerce.' Another plan being considered is to locate the Post Office next to the bank, so

the end result will be to either eliminate the 4 p.m. traffic jam, or at least move it a hundred yards further up Ryan Road.

The pursuit of arts, crafts, hobbies and physical activities aided by Canex funds, is one of the more enjoyable aspects of service life. Canex Comox is one of the many BX buildings popping up like mushrooms at the bigger CF bases. The aim of Canex is to provide the means to enrich in other than monetary terms, the lives of Canada's remaining servicemen and their families - something to be borne in mind by the Service consumer.

## He Who Helps 442 Helps Himself

Recently there have been instances where an aircraft has tried to obtain the assistance of a surface vessel. This was not accomplished, not because there was any reluctance on the part of the persons on the boat, but because they did not know what the various aerial manoeuvres meant. Since then, several boat owners have expressed ignorance on this subject, so perhaps I can clarify this for you.

The following procedures performed in sequence by an aircraft shall mean that the aircraft is directing a surface craft toward an aircraft or surface craft in distress:

1. Circling the surface craft at least once.
2. Crossing the projected course of the surface craft close ahead at a low altitude and opening and closing the throttle or changing the propeller pitch.
3. Heading in the direction in which the surface craft is to be directed, and
4. If the surface craft does not respond, a, b, and c shall be repeated with the same meaning.

The following procedure performed by an aircraft shall mean that the assistance of the surface craft to which the signal is directed is no longer required: Crossing the wake of the surface craft close astern at low altitude and opening and closing the throttle or changing the propeller pitch.

Current marine signalling procedures for acknowledging the receipt of signals include:

1. Hoisting the code pennant (vertical red and white strip close up) which signifies "meaning understood".
2. Flashing a succession of "Ts" by signal lamps in Morse code; and/or
3. Changing heading.

Marine craft which are unable to comply with an aircraft's request for assistance will indicate their inability to comply by:

1. Hoisting the international flag "N" (blue and white chequered squares) which signifies "meaning not understood".
2. Flashing a succession of "Ns" in Morse code.

I would also like to clarify a few points for the pilots of light aircraft, in areas of poor communication in particular. Although a flight plan or a flight notification is not compulsory, they are excellent forms of self protection in case of an accident. From your flight plan, Search and Rescue officials can determine many things, not the least of which is your proposed route. Although this may seem elementary, it is amazing how many pilots have gone missing on trips for which they did not put in a flight plan. Thus, the Rescue Coordination Centre has no readily available information on the pilot's proposed route, which is a considerable hindrance to search attempts.

It takes much time and work to ferret out the pilot's proposed route and even then you can't always be certain because at this point there are often conflicting stories. By now, a difficult situation has been made much worse, yet this could be avoided by the single expedient of filing a flight plan or a flight notification.

These plans, as well as giving a route, are also the basis for investigating search and rescue procedures when a pilot becomes overdue. The period of delay is 30 minutes in the case of a VFR flight plan or IFR flight plan or 24 hours in the case of a flight notification. Thus, if a person is on a VFR flight plan and becomes more than thirty minutes overdue, then Search and Rescue is alerted.

Compare this with occasions when pilots didn't file any flight plans and RCC was not notified until more than two weeks after their departure and the degree of self protection becomes quite evident.

However, a note of caution: If you are on a flight plan and wish to deviate from it, make sure that Air Traffic Control is notified. This is particularly necessary for a change of route, or a delay along the route. If you change

(Continued on page 9)



**WHITE PAPER TIME** is nail-biting time for Base Commanders as well as for defence contractors, uniform manufacturers and airplane fixers. Shown awaiting his personal copy of the White Paper, which he received only after every reporter in the country had been given one, is the base commander, hoping against hope that those noisy denizens of No. 7 hangar are not Bomarcas. (A Nervous Photo)

## ADC's 100 Hour Swim Starts Sept. 7

A loud splash will announce the entry into the base swimming pool of the first competitor in the ADC 100-hour swim, a waterlogged form of madness which infest swimming pools every year at this time. The loud splash will take place at 1100 hours on Sept. 7, and the water will be flying until 1500 hours on Sept. 11. Individual competitors will be

allowed to swim a maximum of 12 miles prior to drowning, and there is no limit to the number of swims used to make up this incredible distance. Nor is there any limit on what type of stroke can be used, but swim fins and rubber ducks will not be allowed.

The rules for the competition can be obtained from Dave Marshall at the Rec. Centre, who

urges that the maximum number of buoyant swimmers participate in this thrilling aquaticade.

Prizes will be awarded to those who complete the 12 miles, and free artificial respiration will be applied to those who fall just short of it.

Get into the swim of things, especially the 100-hour swim of things.

## That's Show Biz

By NOLA WELLS

Here it is close to the end of Summer, just around the bend from shoving those little darlings back into school ... and finally I'm getting back to writing. This has been my first vacation after writing for the TOTEM TIMES for two years, and no doubt there are many who believe I should extend it forever ... but no such luck, for writing in any form has become an essential part of my existence, like the golf course is to an addicted golfer, or the ocean and lakes to a hooked fisherman. You get so hooked by it all, that you find yourself composing poems about the growth of a marigold outside of your kitchen window ... anything to get you back to the typewriter. Perhaps someone should form a Writers Anonymous group ... to help us through the struggle and pain brought on when you come out of the Post Office, and cannot push away the temptation to walk by the Free Press building.

Entertainment is usually my big interest ... however it's been farthest from my mind this summer, because I've been knee-deep in MOVING. Anyone who remembers his last move vividly will relate to that subject. And the only association I've had with entertainment is SESAME STREET blaring away every

morning, (my five-year-old is boning up for kindergarten) plus a cool beer once in a while in the newly renovated beverage room of the Arbutus Hotel, in Courtenay. This room with its new face-lift, must be certain proof that with a good deal of money, plus some imagination, any old beverage room can look like the ones portrayed in old Humphrey Bogart movies.

And surely we can't forget the entertaining moments spent on the beach at Kye Bay trying so hard to hear the sounds of nature and the sea ... over the roar of 409's contribution to man and his world. Other than that ... I've led a dull summer, packing and then unpacking, and learning to adjust to apartment living after years of roaming around an acre of land and living the life of the heroine from 'The Egg and I'. Have you ever tried to lower 3 boys' loud and booming voices, after they've spent most of their lives making themselves heard in distance equivalent from St. Clair Ave. to Bloor St. in Toronto? Believe me, it's a maddening chore, and I've come to the point where I now yell at the top of my lungs LOWER YOUR VOICES. Thank goodness 409 also entertains daily over my apartment building ... otherwise

the people on the top floor might think my boys' voices are somewhat loud.

Since I last wrote this column ... we've lost an editor, plus a very colorful deputy editor ... and as has been said in two previous editorials in their honor ... the TOTEM TIMES can never be completely the same again without them. Whoever answers the phone now at the paper's location on the base, could never sound exactly like Mac ... and I wish him luck, most sincerely, in his life as a civilian. As for Major Koehn he has all of the luck already ... being sent to the wonderful province of Ontario. Surely both of these men will be missed.

This valley is just starting to get active again in the field of entertainment ... and after a long summer's rest ... welcome back to ME.

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By  
Jantzen



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## Wallace Gardens Summer Program

Year End Review

By JOAN MAKOWICHUK

I would like to express my thanks to all the instructors and leaders who helped make this summer successful. Also, many thanks to M.W.O. Alcock of the ME Section for being so helpful when we needed his assistance. And many thanks to Miss Beville for the use of the P.M.Q. School.

**ARTS & CRAFTS:** This was held every morning, Monday to Thursday 9 a.m. - 11:30 a.m. Co-ordinator - Mrs. Cindy Bawn. Leaders - Carol Makowichuk, Mickey McCaffrey, Sharon Salt and Debbie Ganeau. Music Entertainer - John Bedard.

**POTTERY:** Instructor: Mrs. Joyce Eggleston. Assistant: Mrs. S. Cook.

This was the first time to have a pottery class and was proven to be very successful. Many children from the first session signed up for the second session. Some of the items made were lamps, book ends, ash trays, candy dishes and salt and pepper shakers. Parents and children were very pleased.

**DOG OBEDIENCE:** Ten children and their dogs enrolled. Instructor: Mrs. Myrt Patterson. Judge: Mrs. Joanne McLeod.

Noella Neudorf and Chico (Poodle) won the trophy with a score of 129½ points.

1st runner up: Crystal Patterson - 111 pts.

2nd runner up: Suzanne Edwards - 99 pts.

3rd runner up: Brad Amor - 83 pts.

4th runner up: Garth Wiznuk - 80½ pts.

Honorable Mention goes to Roberta Hammersly, youngest in the class, age 5, came 2nd in heel free.

**TENNIS:** Instructor: Mrs. Carol Keyes. 8 youths registered for 10 sessions.

**BOWLING:** Instructors: Mrs. J. Makowichuk and Mrs. L. Webber. All children at one time or another during the summer had instruction. There were 3 divisions and 2 categories. Trophies were won by the following children:

**JET DIV. 6 yrs. - 8 yrs.**  
Beginners: David Fraser - H.S. 115. Advanced: Steven Webber - H.S. 116.

**BANTAM DIV. 9 yrs. - 12 yrs.**  
Beginner: Garth Wiznuk - H.S. 179. Advanced: Helen Earl - H.S. 203.

**JUNIOR DIVISION 13 yrs - 15 yrs.**  
Beginner: Billy Harwood - H.S. 195. Advanced: John Payne - H.S. 263.

**RACES:** Were held Thurs. Aug. 12 at the P.M.Q. School, about 75 children attended. Ribbons and prizes were presented.

**BICYCLE DECORATING CONTEST:**

Children decorated their bikes at home, then brought them over to the school and were then judged by Mayor Daniel of Wallace Gardens.

**BULLHEAD FISHING DERBY:** Approximately 90 children attended.

Many thanks to Ivan Grant who came to my rescue and took over measuring those squiggly fish! Also thanks to Moe Strangward for his assistance.

1st - Mike McGuire - 8¼" fish  
2nd - Mark Makowichuk - 8" fish  
3rd - Mike Perry - 7½" fish.

A small prize was given to all those that caught a fish.



MIKE MCGUIRE (right) clutches the prize-winning fish and the prize for finishing first in the world's greatest bullhead derby. Second prize winner Mark Makowichuk (left) and third prize winner Mike Perry grab the consolation prizes, while numerous other fisher folk look disappointedly on.

(A Blurred Photo)



MAYOR JIM DANIEL, the Tom Campbell of greater Wallace Gardens, announces that Carl Webber (left), and Billy Sauer have just won the boys division of the bicycle decorating contest.

(Another Blurred Photo)

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## NOTIONS 'N' THINGS

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## In CPP

## Higher Cost Buys Higher Benefits

OTTAWA -- Benefits and contributions under the Canada Pension Plan will increase in 1972, it was announced today jointly by National Health and Welfare Minister John Munro and National Revenue Minister Herb Gray. Mr. Munro's department is responsible for the administration of benefits under CPP, while National Revenue is responsible for the coverage and collection of contributions under the Plan.

The increases result from a two per cent rise in the Pension Index, the legal maximum. Pension Index changes reflect increases in the Consumer Price Index.

Mr. Gray said maximum annual pensionable earnings under the Canada Pension Plan will be \$5,500 in 1972, up from \$5,400 in 1971. Maximum yearly contributions by employers and employees will become \$88.20 each, increased from \$86.40. Self-employed persons will contribute a maximum of \$176.40, compared to the 1971 figure of \$172.80.

More than 300,000 retirement, survivors' and disability benefits will be increased in January 1972. Benefits for orphans and the children of disabled contributors, and the flat-rate components of pensions to widows, disabled widowers and disabled contributors will increase to \$27.60 monthly, from \$27.06.

The maximum death benefit under the Canada Pension Plan, payable in a lump sum to the estate of a deceased contributor, will be \$550 for deaths occurring in 1972. The 1971 maximum is \$540.

Information on benefits and contributions in the province of Quebec will be announced today by the Quebec Pension Board which administers the Quebec Pension Plan and the provincial revenue department.

Mr. Munro added that the Guaranteed Income Supplement payable to lower income old age pensioners will also increase as a result of the rise in the Pension Index.

The maximum combined Old Age Security pension and Guaranteed Income Supplement for a single person or a married person whose spouse is not also a pensioner will increase in April, 1972, to \$137.70 from \$135.00, the maximum supplement portion becoming \$57.70.

The maximum supplement combined with the pension, for a

married person whose spouse is also a pensioner, will increase to \$130.05 from its present \$127.50. That is, each spouse will receive a total payment of \$130.05, the supplement portion being \$50.05. A married couple 65 or older can be eligible for a maximum combined monthly benefit of \$260.10 a month compared with \$255.00 at present.

Cpls. Bob Fraser and Larry Cole have been busy at HMCS Quadra caring for the "little men" of the RCSCC. 2 Lt. Marc Foulkes had a 9 day training cruise with the Cadets in July and has since returned to the mainland to pursue his medical studies.

We sincerely welcome Major Walter Bethell our new Base Surgeon, and Capt. Brian O'Brien to the Hospital staff. Also Sgt. Cliff Millard of the Dental Staff and hope they enjoy their stay in "Actionland."

Lt. Louise Langlois departed

## Hospital and Dental Murmurs

the service in late July and is now on staff at the Saskatoon City Hospital.

An impromptu party was held in early August for Dr. Bethell who has since joined the ranks on the "Wonderful Sea of Matrimony." Mid August we had another bash for Cpl. Pat Martin of the Dental Staff who is leaving the service to begin Nurse's training in Saskatoon. A few of us went to her home after the party that day to continue the celebrations. She even told her husband that we were coming

and we were treated royally with lots of refreshments and accordion music which was provided by a neighbour, CPO, Wayne Warman, which we all enjoyed. Pte. Lunney "PJ" provided a few laughs and choking sounds from her Honda as most everyone had a ride on her "two-wheeler!"

Lts. Ray Mostowy and Carolyn Walcott joined the nursing staff recently.

We send congratulations to Dr. Dufresne, Dr. Cragg and Lt. Mostowy who have recently put another notch in their guns in the

name of blessed fatherhood.

Major Jean Hilty left last week on her way to Scott AFB Illinois and on her last week end on first call provided medical assistance with Dr. O'Brien and our medical assistant staff on three mercy flights.

Recently, one evening, a little note was left on the windshield of a certain blue car parked in the staff lot. In answer to Ho-Ho - "When I need a spare VW, I'll buy a handy six pack."

Adios amigos - till next month - from your reporters

Pepper and Salt

## BY CONSUMER GROUP

## Cosmetic Caution Urged

The desire to look attractive is age old and cosmetics have been big business from ancient times. Canadians spend over \$300 million annually on these products or, a little better than \$15 for every man, woman and child in the country.

There is a fine line between what may be called a cosmetic and what may be called a drug but regardless of type or cost, both come under the Food and Drugs Act of the Department of Health and Welfare.

When is a grooming aid a cosmetic and when is it a drug? The Food and Drugs Act defines cosmetics as materials used for cleansing, improving or altering skin, hair or teeth and includes deodorants and perfumes. When a cosmetic type product does create a physical change in the skin, for example a bleaching cream to treat freckles, it is then classed as a drug and must come under the more stringent regulations of the Food and Drugs Act.

Deodorants are classed as cosmetics and anti-perspirants are called drugs. Most hair preparations and shampoos are cosmetics but those marketed for the relief of dandruff and other scalp conditions are considered drugs. A toothpaste is a cosmetic when it cleans, whitens or brightens the teeth. It is classed as a drug when special ingredients are added to help prevent tooth decay. If a therapeutic claim is made to help

prevent tooth decay, dandruff, etc. then the manufacturer must supply clinical evidence to substantiate the claim and the names of the active drug ingredients must appear on the label.

Some beauty products (like hair dyes and hormone creams) carry special warnings on the label and it is wise to heed all precautions, follow directions carefully and "use only as directed."

Regulations do not allow fraudulent or misleading glamour claims in cosmetic advertising such as "facial rejuvenation," "cell regeneration" or "restores hair" but some puffery within reasonable limits is accepted. Rigid insistence on the plain unvarnished facts, it is felt, would rob cosmetics of romantic appeal while serving no useful purpose.

"Gives that breathlessly young look" is more pleasing, if perhaps not wholly accurate, way of describing a product which "promotes rejuvenation of epithelial tissues."

Some people have extreme allergic reactions to certain chemicals contained in cosmetics. But if all known or suspected substances causing allergic reactions were to be prohibited, it would almost eliminate the manufacture of cosmetics. Almost everyone is allergic to something and so no substance is truly non-allergenic.

## RELAX... phone ahead for reservations

If you've ever had to search for a place to sleep with darkness falling fast you'll know the importance of a reservation. But phoning ahead means much more... it means a day of relaxation, being able to linger at interesting spots or spend an extra hour in the sun. Enjoy your vacation all day, every day... phone ahead.



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WEEKDAY MASSES:

Tuesday 7:30 p.m.

Wednesday 4:15 p.m.

Thursday 4:15 p.m.

Friday 7:30 p.m.

Saturday 7:00 p.m.

CONFESSION: After Mass on Saturday at 7:00 p.m. and before weekday Masses.

BAPTISM: By appointment, usually the third Sunday of the month.

CATECHISM TEACHERS: A get together of all Catechism teachers is planned to take place on Wednesday, 1st September in the Parish Hall at 8 p.m. We sincerely hope that all teachers of last year and all concerned will make appropriate arrangements to be there.

## PROTESTANT CHAPEL

SUNDAY - 29 AUGUST 71 - Morning Worship at 11:00 a.m.

HOLY COMMUNION - On Sunday, the 29th day of August, 1971, Holy Communion will be held at 11:45 a.m. in Accordance with the Customs of the Presbyterian Church. All are invited to attend.

SUNDAY - 5 AUG. 71 - Regular morning service will be held at 11:00 a.m.

## Big Brother Is Watching You

B.C. Motorists are being made aware of the hazards of unsafe driving, whether it be in their homeland, or while holidaying in the United States. A need is arising for our Province to communicate more closely with the Motor-Vehicle Departments of the states to our south. We must eliminate the feeling that once we cross the Canadian-American border we become immune to traffic violations.

Superintendent Ray Hadfield says that it will be points against a driver's licence whether offences occur in Vancouver, Washington, or Vancouver, B.C. "We are not a member of the driver licence compact between the 50 American states," Hadfield said, "but we have shared

information for a long, long time."

In a formal legal opinion, the Attorney-General of Washington State points out that the legislature has said that laws involving motorists' records should be interpreted liberally to improve "the safety of our highways through driving licensing procedures..."

It seems that more B.C. motorists travel out of the province than in it. Therefore beware south-bound Canadians. Driving over the border will not make you exempt from impaired driving behavior just because you are out of your country. Many states report to your home Motor-Vehicle branch when infractions are cited.

## September Month For CARS

The Minister of Health Services and Hospital Insurance in British Columbia, the Honorable

## TRY A TRIP TO INDIA

A unique blending of East and West is the story of "The India Trip" to be telecast on the CBC Television network August 29 at 10:00 p.m. EST. This one hour color production from the National Film Board was directed by Bill Davies.

Albert Jordan is a professor of French at Sir George Williams University in Montreal. In 1969-70 he took his sabbatical leave in Pondicherry, one of the last outposts of the French Empire in India.

This fascinating area which attracts seekers after spiritual enlightenment from all over the world is explored in depth by Davies and cameraman Eugene Boyko.

"The India Trip" introduces many of the Westerners who have discovered a new life in this ancient area and some of the fascinating personalities and customs encountered on the Coromandel coast.

Here Jordan discovers that, whereas the French culture and language are fading from the area, outsiders are settling who are devotees of Sri Aurobindo, the Bengali poet and mystic, and the present guru of the Aurobindo Ashram, a 94-year-old woman known to all as The Mother.

On the outskirts of the old French colony, a new Ashram venture is now being built by the mainly western followers of Aurobindo. This city of enlightenment known as Auroville has become a sort of spiritual utopia where many young people come to find themselves, though at first glance it has the air of a kibbutz. Here the film introduces Janet Fearn, a Newfoundlander who says that she's the first woman to settle in the new community; Austin Delany, an ex-paratrooper and union organizer who lives in a tree house and works with the children of the settlement in the Jungian "world game" he has developed, and Fred Bushnell, scion of a Boston family who lives on a nearby island.

The uniqueness of Auroville is that, here in a land where mysticism has been a way of life for centuries, West and East are meeting.

Ralph R. Loffmark, declares September, 1971 as Arthritis Month.

This month focuses upon the work of the Canadian Arthritis and Rheumatism Society.

Arthritis is many diseases, some mild, some devastating. It occurs at all ages, from infancy on and one in every five families is affected. The Society is the only voluntary public health agency to provide a complete program of patient treatment services and in 1970 treated approximately 6,000 patients, 3,000 of whom were new victims.

The Society looks for the cause of arthritis, through its program of research. The research unit is operated in co-operation with the University of British Columbia, where investigators are in constant communication with arthritis research programs in other countries.

Twenty-three years ago the Society was conceived by volunteers. It grew because thousands of British Columbians were willing to give time and financial aid. Today, with the assistance of the people and the Government of the Province of British Columbia, C.A.R.S. provides comprehensive services. Your support during Arthritis Month will assure the continuing success of the Society.



"THIS IS WHAT HAPPENS to the car and its driver when a person accumulates 10 points on his driver's licence," explains B.C. Recreation and Conservation Minister Ken Kieran. "We then use the mangled wreck to fill the potholes in Ryan Road."

## Captain Canada Now Beachcomber

The Beachcombers, a new CBC television half-hour film series (in color), will go into production on the mainland coast of British Columbia in mid-September, it was announced by Thom Benson, Director of Entertainment for CBC's English Services Division.

The initial 13 episodes, for telecast on the network in the 1971-73 season, will be filmed on location at Gibsons, some 40 miles north of Vancouver.

Bruno Gerussi will star in this adventure series, designed for family viewing. He will play the role of Nick Adonidas, one of the licensed British Columbia beachcombers who make their living as log salvagers off the rugged coastline. Other characters will include a 14-year-old boy and his family, and an Indian youth. Supporting cast members will be announced.

Producer is Philip Keatley, who produced CBC-TV's The Manipulators, and such film dramas as the award-winning Education of Phyllistine and How to Break a Quarter Horse. Directors will be assigned from Vancouver and Toronto.

The series is created by Marc and Susan Lynn Strange, star of The Manipulators and his wife, who will also contribute scripts. Other writers will include Bill Meilen, a former writer of the BBC series Z Cars, now on the faculty of the University of Alberta; and Merv Campone, the Vancouver actor who has written scripts for The Manipulators. Script editor is Suzanne Finlay, CBC Toronto drama department.

## B.C. MARINE PARKS

A new brochure has just been released by the Parks Branch describing existing and proposed Marine Parks in the waters surrounding Vancouver Island. So if you have a boat and would like to take advantage of these parks run down to your neighborhood Tourist Information Bureau and pick up one of these free pamphlets.

Allow a driver towing a trailer plenty of room. He needs a greater stopping distance, and it takes more room to pass him, reminds the B.C. Automobile Association.

Drive carefully - and "Bring 'em Back Alive!"

In British Columbia, there are some 400 licensed beachcombers with a special right to retrieve stray boom logs in the waters off the coastline. They are thought to be the only licensed beachcombers in the world. Salvaging

logs at high tide, they supplement their living with clam digging and oystering at low tide, trolling for salmon in season, and picking up all sorts of marine left-overs washed up by the Pacific.

## Continuing Education

By VIC CAMILLERI

Continuing Education in this district, with the backing of the School Board, is slated to attract increasing attention and to accelerate its development.

Our aim is to develop a complete program and increase public participation to its full capacity. In order to do this, we have an eight-point program which includes: expansion; involvement of the public; more utilization of available facilities; keeping cost to a minimum; providing progression from the beginner to the advanced level; developing the program's quality; emphasizing its benefits; and keeping the public informed of its progress. These points give us a good base which can be modified from time to time as needs and resources develop.

Our fall program will be off and running with the academic portion at Vanier High School and at the airport during the week of September 13; the rest of the program slated to tee off on September 27. The details for the brochure is now at the printers. It will be in the mail to every household during the week of September 20 or sooner. If you do not get your copy let me know; but once you get it, please save it for future reference as we try not to overstock in order to keep the cost down.

The program will include most of the old courses that have shown to be popular in the past; these will be complemented by a

number of new ones. Others will be added from time to time as needs and resources develop. I believe you will find courses of interest and benefit in all parts of the program.

We are spreading the courses about a little more this year. I have an open mind on this subject and will program where the demand is. In Courtenay, we have shifted slightly towards the Junior Secondary on Harmston Avenue provided facilities were available. Out of Courtenay, we

are offering a few courses in Comox, Cumberland and at the Airport. We are confident that the public will respond favourably to these moves. Your response will, to a large extent, dictate to what limit we can expand in your particular area as well as in less populated areas. Let me know what courses you want - drop me a line or come in person - my address is 799 Grant Ave. (Corner of Grant and Cumberland) in Courtenay - my phone is 338-5381.

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Here's what to expect:

**1 Breathalyzer** Police officers are extremely adept at spotting impaired drivers. There are dozens of telltale clues. If you are suspected, you will be asked to submit to a breathalyzer test. This is mandatory and refusal can result in serious charges. If you have consumed enough to give you a .08 reading, you can be charged with impaired driving.

**2 Jail** Very likely, you will be jailed overnight. For the average citizen, this is a terrifying experience. Impaired driving comes under the Criminal Code, and that

is just how you will be treated. You will be fingerprinted, asked for alias, relieved of your belt, tie, shoelaces, and personal possessions, allowed one phone call, and be placed in a cell. In the morning, your breakfast will be slid under the bars of the cell door. You will find the night harrowing and have plenty of time to reflect. In the meantime, your wife and children will be worried, distressed and slightly mortified.

**3 Fines** The arresting officer's report, corroborated by your breathalyzer reading, will normally result in a conviction. The number of convictions is increasing every year. Over 12,000 are expected in British Columbia alone during 1971. If the Judge lets you off with a \$250 fine for the first offence, you can consider yourself lucky. For having accumulated ten penalty points, the Superintendent of Motor Vehicles will assess you a charge of \$25.00 which will be used to pay for public information

messages like the one you are now reading. Add to this the \$50 to several hundred dollars you'll spend on a lawyer and you've dropped quite a bundle.

**4 Suspension** Even if you have never had so much as a parking ticket in thirty years of driving, you can expect to have your right to drive reviewed by the Superintendent of Motor Vehicles. On his judgement and your driving record, your suspension may be one month, three months, six months, or even indefinitely.

**5 Insurance** The costs don't stop at fines and lawyers. When your insurance company hears all about it, your insurance premium will be surcharged. That means your insurance rates will soar until you can prove yourself a good risk again. That could take years if you have no more problems. And here's another point to ponder. Had you injured or killed

someone while impaired, your liability coverage was void anyhow. Your insurance company will pay the claim, but they may demand repayment from you.

**6 Publicity** Criminal courts swarm with court reporters. In some smaller communities, your conviction will make front page news. They will list the details of your arrest, trial, conviction, breathalyzer reading, fine and suspension. They will print all this, along with your name and address, for all your friends and business associates to read. It is the coup de grace you can expect about one week after the trial.

These are the hard cold facts of how a jovial evening can turn into a nightmare. The police have seen too many dead children to have much patience. The courts have heard too many tragedies to give you much mercy. And that's the way it is.

Think about it next time you decide to save a few dollars on a cab.

Government of British Columbia  
Motor-Vehicle Branch



Hon. Leslie R. Peterson, Q.C.,  
Attorney-General

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## Pipeline For Mpsesduadze

OTTAWA (CFP) — Captain Donald C. Denison, 45, a Canadian Forces recruiting officer in Halifax, left Canada Aug. 16 by air for Ghana, Africa, to move his Project Pipeline another step closer to reality.

For the past six years, ever since he was a Canadian training officer in Ghana, he has been campaigning for funds to construct a six-mile pipeline to bring fresh drinking water to the 6,000 inhabitants of Mpsesduadze, 75 miles from Ghana's capital, Accra.

To date, Capt. Denison has raised \$2,700 toward the Project while the villagers have managed to scrape up another \$1,700.

Capt. Denison's campaign has

since come to the attention of the Armed Forces' Catholic and Protestant chaplains, who have set up base-unit committees to spearhead a drive to raise the campaign objective of \$30,000.

While in Africa during this trip, Capt. Denison plans to walk the 75 miles from Accra to Mpsesduadze Sept. 2-4. It is hoped squadrons, units, ships and other Canadian military elements will sponsor his efforts so many dollars per mile.

Accompanying Capt. Denison are eight young men from the World Cities Association of Halifax and Dartmouth, who will help set up an international work camp in Ghana. He is acting as the Association's Canadian liaison officer during observation of its 25th anniversary.

## Festival Winners Star in CBC Concert

The three winners of the 1970-71 CBC Talent Festival are featured in a CBC television network concert taped early this month at the National Arts Centre, in Ottawa.

For telecast on CBC-TV, Wednesday, Sept. 1, 9-10 p.m., this color music special provides a showcase for the talents of the award-winners:

William Tritt, 19-year-old Montreal pianist; James Campbell, 21, clarinetist from Leduc, Alberta, now of Toronto;

Lynne Cantlon, lyric soprano from Willowdale, Ont.

The three winners were chosen from eight finalists at the CBC Talent Festival finals, broadcast live on CBC radio from Quebec City last April.

For the TV special, before an audience, the award-winners are accompanied by the National Arts Centre Orchestra, with its music director Mario Bernardi conducting.

The special is a production of the CBC French network. Producer is Lucien Letourneau of CBC Ottawa.

Program includes:

Prokofiev's Concerto No. 2 in G Minor (First Movement), for piano and orchestra ... William Tritt, with National Arts Centre Orchestra

Concerto No. 2 in E Flat for clarinet and orchestra (Second and Third Movements) by Carl Maria von Weber ... James Campbell, with NAC Orchestra

Marten aller Arten, aria from Mozart's Abduction from the Seraglio and Depuis le Jour, aria from Louise, opera by Charpentier ... Lynne Cantlon, with NAC Orchestra.

Pianist William Tritt earlier this year was a finalist in the Montreal International Piano Competition, and in 1970 won first prize in the Montreal Symphony Orchestra Concours. A year before, he was a semi-finalist in the Munich International Competition, and a first award-winner at the Toronto Kiwanis Music Festival. Currently studying at the Vincent d'Indy School of Music, he plans further studies abroad, using his CBC award money and a grant from the Canada Council.

A fourth-year student in the Bachelor of Music course at the University of Toronto, clarinetist James Campbell is a member of the U. of T. Woodwind Quintet and of the Hamilton Philharmonic. In 1968-69, he was in the National Youth Orchestra, and last September reached the semi-finals in the International Clarinet Competition in Budapest.

Intending to use her prize money for master classes from world-famous singers, Lynne Cantlon is a soprano who came to Canada from Australia. She was a regional finalist in the 1970 Metropolitan Opera auditions. In 1972, she will sing in a production of La Traviata at a festival in Belgium, and this fall sings the role of Sonia in a Canadian Opera Company production of Lehar's The Merry Widow. This past season, she was a soloist in a performance of Haydn's Creation with the Regina Symphony. Before coming to Canada, she made concert appearances with symphony orchestras in Australia.

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407 SQN. ARMAMENT hosted Torpedoman Chief Sutton, TMSN Stevens and TMR Moon from the U.S. Naval Torpedo Station, Keyport, Wash. on 17 Aug. The visitors were here to observe the techniques of loading the latest types of torpedoes onto aircraft. Master Corporal Wayne Green of 407 Armament was in charge of the Canadian Load Crew and is seen here pointing out some details to our American friends.

## 48,000 More B.C. Taxpayers

Premier W.A.C. Bennett called attention to the latest figures just released by the Dominion Bureau of Statistics, Ottawa, which state that in July 1970 there were 843,000 people gainfully employed in British Columbia. In July 1971, there were 891,000 persons gainfully employed, making an addition of 48,000

more employed in British Columbia compared to July last year.

Due to the large increase of people moving to British Columbia our labour force jumped from 919,000 to 950,000 — an increase of 31,000 for the year. In spite of this British Columbia still showed a reduction in the

unemployed for the year, from July to July, of 17,000.

In July, 1970, there were 76,000 persons unemployed, compared to 59,000 in July, 1971 — a difference of 17,000. The percentage rate of unemployed persons in July 1970 was 8.3 per cent, and 6.2 per cent in July, 1971.

## Pot Probe At UBC

OTTAWA — A \$27,000 federal grant for research into the non-medical use of drugs has been awarded to the Department of Psychiatry in the University of British Columbia. The grant was announced by Mr. Grant Deachman, MP for Vancouver Quadra, on behalf of National Health and Welfare Minister John Munro.

The grant will be used over a period of two years for studies of the neuropsychological and electrophysiological effects of marijuana in humans.

Research on the non-medical use of drugs is part of the co-ordinated federal program on drug abuse.

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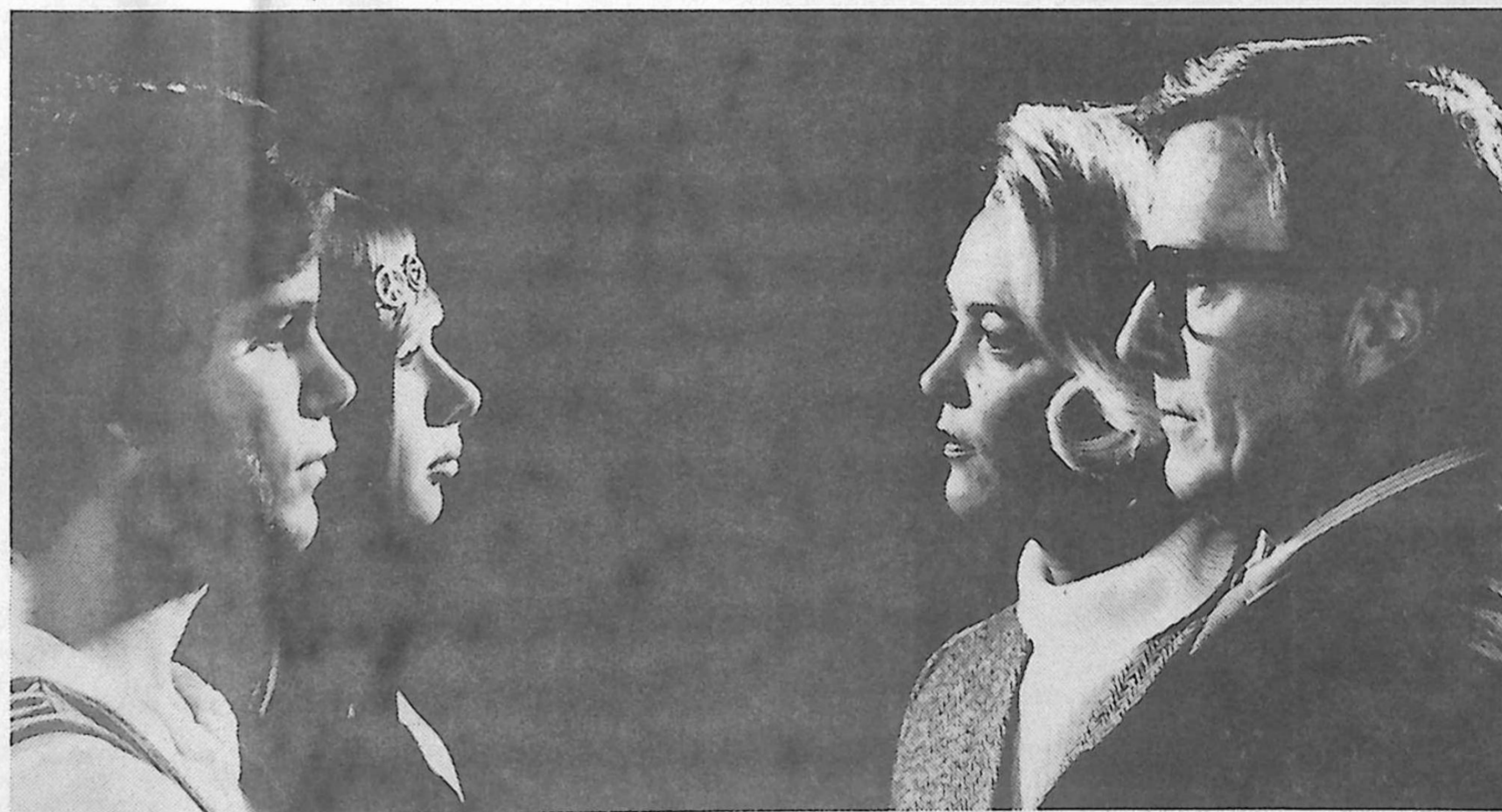
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## THE GOVERNMENT OF BRITISH COLUMBIA announces:

An information and education program to help people of all ages reach an understanding of the use and abuse of drugs, alcohol, and tobacco.



In his Budget Speech in February, this year, The Honourable W. A. C. Bennett, Premier and Minister of Finance, made the following statement:

"Social problems which inflict a great deal of grief and sorrow upon individuals result from the use of alcohol, cigarettes, and drugs. The Government has made a contribution for many years to both the Alcoholic and Narcotic Foundations and these will be continued."

"However, it is the Government's conviction a more aggressive and expanded education, prevention and rehabilitation program must be undertaken to alleviate these problems."

"As the work will be a continuing program benefiting future as well as present generations, I will recommend the establishment of a \$25,000,000 perpetual fund, with the annual interest earnings being used to finance the program."

"The Fund will be known as the 'Drug, Alcohol, and Cigarette Education, Prevention, and Rehabilitation Fund' and will be set up out of the current fiscal-year revenues or from the budgetary cash reserve."

"As in the other perpetual funds established by the Government, an advisory committee will be appointed to recommend on the distribution of the Fund's income."

Since this announcement, the advisory committee has initiated a far-reaching study of ways and means of putting the Government's policy to work. Plans are being made to expand the prevention, treatment and rehabilitation facilities throughout British Columbia.

An appraisal has been made of various methods of educating British Columbia's school children and college students about the risks involved in the consumption of drugs, alcohol, and cigarettes. Proposals are now being prepared for the Department of Education.

Because these are problems that affect every one of us, a most important question was how to educate and inform all the people of this large Province as efficiently and effectively as possible. The decision was made to prepare an information and education program for use in the mass media — newspapers, radio and television — and to support this effort with guidance material such as pamphlets and films.

This program is a crusade against carelessness, indifference, and ignorance. It is important to everyone who is concerned with the quality of life. It is your problem as well as ours and your support and understanding are vital to its success.

It is our hope that the more people understand the problems created by the abuse of drugs, alcohol, and tobacco the more they will be able to cope with them and find solutions within themselves.



## GOVERNMENT OF BRITISH COLUMBIA COUNCIL ON DRUGS, ALCOHOL AND TOBACCO

Hon. D.L. Brothers, Q.C., Minister of Education — Chairman

Hon. L. R. Peterson, Q.C., Attorney General

Hon. R. R. Loffmark, Minister of Health Services & Hospital Insurance

L. J. Wallace, Deputy Provincial Secretary

R. B. Worley, Deputy Minister, Department of Travel Industry

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**THE NORTHERN SOVEREIGNTY FORCE** gets its final briefing from Defence Minister Donald S. Macdonald prior to departing by snowshoe to Fort Mukluk, where they will be employed counting the number of Argt that lumber past on sovereignty flights. Additionally, they will be assigned the duty of shooting the wild pemmican, which is a staple of Argt crews diets, and when they have shot it, they will board their parachutes, float up to the passing Argt, and hand it to the nearest RO. The brainbuckets prevent them from having their heads bitten off by the hungrier whale-killers.

(Canadian Forces Photo)

## Girls Do Make Soldiers

By PATRICK DOYLE  
(Montreal Gazette)

Girls, there is an organization which is practising complete male-female equality in student employment this summer. The Canadian Armed Forces seem to think women make good soldiers. "If anything the girls are doing a little better than the men," said Lieutenant Paul Philcox, troop officer for one of the Quebec student Reserve units training at the Royal Canadian Hussars Armory on Cote des Neiges. No special allowances are being made for the girls in any part of the Militia program, which ranges from clerical work to gymnastics and rifle training. Twenty girls from the Montreal area have been training alongside the men since July 12, and so far there have been few complaints.

"I'm sore all over from the strenuous gymnastic exercises, but aside from that I find the life terrific," said 24-year-old Delores St. Marie, who is a student at Ecole des Beaux Arts in "civilian life."

Capt. James Early, who is in charge of the program at the Hussars armory, said that the militiamen, and women, are receiving a modified version of the basic recruit training plan which is given in the regular army.

"More emphasis is being placed on leadership training and sports, whereas drill receives less emphasis," he said.

All recruits are issued the same "bush uniform" consisting of loose-fitting trousers, a shirt with patch pockets, sturdy military shoes, and a cap. It is not exactly a popular item with the style-conscious girls who agreed that the most that could be said for the uniform is that it is comfortable.

Most of the girls have adopted the practice of wearing "Civies" to the armory and changing into uniform before the day's training begins at 8 a.m.

Pvt. Lynda Hedgcoe, 18, who has been wearing her uniform to and from the armory, found that she was getting "strange looks" on the bus.

"You get used to it after a while, so it doesn't bother me anymore," she said.

The one concession that has been made to the girls is in the hair length regulations. They wear their hair swept up under their caps in order to conform to the regulation which says that hair must not exceed a length of more than two inches from the collar.

No concessions were made for long-haired male militiamen.

Many of the boys have had their hair cut in the traditional military style by Stephan Callow, father of one of the boys on the program, and a barber by profession. He came to the armory one day and gave free haircuts to all who needed them.

"I didn't really mind having my hair cut," said Pvt. Steve Gilbert, who formerly wore shoulder-length hair, "so long as it's for a good cause."

The response of the boys, some of whom initially had reservations about training with girls has been good. The only complaints being voiced are from the all-male platoons.

"We don't like not having girls in the platoon. Some guys have all the luck," said one hapless recruit.

The spirit of complete equality is scheduled to end August 12, when the recruits move out to spend a week "under canvas" at the Canadian Forces Base in Farnham, Que.

According to Capt. Jean Boivin of 3 Field Engineer Regt. there are insurmountable problems in setting up facilities at the camp to receive female recruits so a

separate program is being designed for them, although they will fire rifles on the ranges. The girls, who were looking

forward to the outdoor experience, are disappointed but are taking the news like good soldiers.



THERE'S oil — or something — says Elizabeth Glashan, 18.

(Gazette Photo — Aussie Whiting)

## Stranger On The Screen

Douglas Rain and Martha Henry will star in Eric Till's production of the quartet of dramas, Talking to a Stranger, by John Hopkins — four one-hour teleplays for CBC-TV this coming season.

Husband and wife in real life, Rain and Miss Henry will play brother and sister in the dramas, about family relationships over a period of time, as seen from the differing viewpoints of the four family members.

Budd Knapp will be featured in the part of the father. The mother has not yet been cast. Mia Anderson will be seen in a supporting role.

Talking to a Stranger goes into production this fall, for telecast on four Wednesday nights in November and December. It marks the temporary return to television of film-maker Eric Till, a former producer of CBC-TV's Festival series.

## Industrial Safety A Joint Effort

Labor and management representatives have for the first time in B.C. worked together on a joint committee to rewrite the province's industrial accident prevention regulations, according to an announcement made today by Cyril White, Q.C., Chairman, Workmen's Compensation Board of B.C.

The committee, which was set up by the WCB included representatives of the Council of the Forest Industries of B.C., the Canadian Manufacturers Association, the B.C. Federation of Labor, the Teamsters Joint Council No. 36 and the WCB.

Public hearings on the proposed revised regulations have been scheduled for October 26, at the WCB administration building, 5255 Heather Street, Vancouver.

Submissions on the changes must be made in writing to the WCB by October 1.

WCB Commissioner R.B. Carpenter, chairman of the committee which has been working on the new regulations for over a year, was enthusiastic about the success of the joint labour-management team.

"We couldn't have got along without them," he said. "Any problems which arose were treated as mutual problems and the members of the committee worked together as a team to solve them."

The committee included: W.M. Allison, Council of the Forest Industries; Sam H. Brown, Teamsters Joint Council No. 36; J.A. Gray and D. Haggarty, Canadian Manufacturers Association; J.R. Hachey and G. Kowbel, B.C. Federation of Labor; and C.E. Humphreys, SCB accident prevention inspector.

Previous revisions of the regulations, the last one in 1966, were made by WCB staff, although there was provision for submissions by management and labor at public hearings.

The proposed new set of 933 safety standards, which are designed to protect B.C. workmen, were made necessary by the many changes in industrial technology in recent years. Most of the 255 new regulations and the 520 revisions are designed to update old regulations to bring them into line with present day practices. They also take into account the many technological changes in industrial equipment during the past five years.

Highlights of the new regulations are those covering exposure of workmen to toxic substances and high noise levels and two entirely new sections on

the petroleum and natural gas industry and on traffic control. Industrial hygiene regulations, to cover exposure to toxic substances, have been broadened and based on internationally accepted standards.

In the proposed new safety measures, regulations on noise hazards have been tightened through the introduction of new criteria on permissible noise exposure in industry. Companies whose equipment exceeds the criteria would have to suppress the noise to acceptable levels. If this is not practicable, they would either have to isolate the workmen from the noise or make sure that ear protectors are worn.

The oil and gas industry, previously controlled under the SCB's general regulations, now has a specific section devoted to it. Consultation among regulatory bodies in the four western provinces was held on these regulations to ensure as much uniformity as possible in this highly mobile industry.

The new section on traffic control has been added to achieve uniformity in flagging equipment and signals on road construction projects. This type of work is under the jurisdiction of three separate authorities depending upon its location, and this is the first attempt to establish common safety rules.

Rules on night logging, such as the standard of illumination required, have also been written into the regulations for the first time.

## He Who Helps 442

(Continued from page 5)

your route and don't inform anyone, then the handicap this puts on both you and Search and Rescue in case of an accident is obvious.

A delay enroute without notifying ATC has the effect of a false alarm. Search and Rescue procedures are instigated for an aircraft that may not be in distress, but, rather, may have stopped at a lake for some fishing. For example, last Friday, 20th of August, there were two different searches before noon hour for aircraft that were overdue. Neither aircraft was in distress. Instead, they

## Sam Eats Cars

Operation SAM — the campaign to rid British Columbia's landscape of unsightly abandoned cars — will start shortly.

Recreation and Conservation Minister Kenneth Kiernan said the first of two mobile car body compactors bought by the provincial government will swing into action soon.

The hydraulic-press compactors take car bodies and crunch them down to a metal heap 10 inches high.

The anti-litter program was launched by Mr. Kiernan to dispose of an estimated 100,000 discarded automobiles that now litter the province. It's estimated that about 25,000 car hulks are added to the litter problem each year.

Operation SAM gets its name from Salvage of old cars, Assembly of car bodies at suitable collection depots and Manufacturer for re-usable metal.

Mr. Kiernan said his department is now drawing up a schedule of operations for the first compactor unit on the basis of applications received. A bulletin was sent out earlier to regional district, municipalities and auto wreckers and several enquiries already have been received.

"We are now assembling the support equipment and the first crew of men are in training. A second crew is now being recruited."

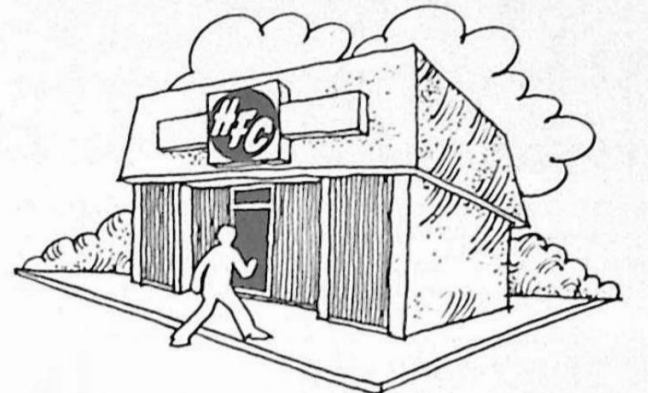
He said the government does not intend to recover the capital cost of the equipment but that the operation should be self-sustaining.

Thurs., Aug. 26, 1971

CFB COMOX TOTEM TIMES 9

## WHY BUY USED?

**1971 NEW 12' WIDE — 2 BEDROOMS**  
with Furniture, Drapes and Appliances  
F.O.B. Sales Lot — Only \$5380  
\$849 Total Dn. Payment \$92.35 Total Payment Per Mo.  
(Including Tax and Interest)  
**CAPRI MOBILE HOMES**  
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## The good place to borrow is HFC

Why? Because Household means experience—we're the oldest lending company. Household means confidence—we serve more customers every year than any other lending company. Household means money help—we believe a good reason for borrowing is a good reason for lending.

## Need up to \$5000?

Apply for your loan by phone, we'll supply your loan by mail

**HOUSEHOLD FINANCE**  
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**COURTENAY**  
549 England Avenue—Telephone 334-2406  
(next to Simpsons-Sears)  
Mail loans available. Write or phone.

# YEAR-END CLEARANCE SALE

We must clear out our 1971 cars because our 1972 models are rolling in.

### 1971 Dodge Monaco

4-dr. h'top. 383 V-8, auto. trans., vinyl roof. Power brakes and steering. Radio. Vinyl seats and centre arm rest. White walls. Reg. price \$5308. Sale Price —

**\$4467**

### 1971 Satellite Sebring

2-dr. h'top. V-8. Auto. trans. Vinyl roof, white walls, wheel covers, saddle vinyl bench seat, rear window defogger. Radio. Power steering and brakes. Undercoat. Reg. \$4561. Sale Price —

**\$3995**

### 1971 Plymouth Satellite

4-dr. sedan. Tan vinyl bench seat. V-8, auto. trans. Power brakes and steering. Radio. Rear window defogger. Deluxe wheel covers. List \$4240. Sale Price

**\$3710**

### 1971 Barracuda

White and black vinyl seats, Rally red, white wall tires, body side moulding. Radio. Reg. price \$3845. Sale —

**\$3395**

### 1971 Dodge Coronet

4-dr. sedan. V-8, auto. trans. White walls. Power brakes and steering. Radio. Deluxe wheel covers. List \$4401. Sale Price —

**\$3875**

### 1971 Simca

A real economy car. For Only —

**\$1795**

We have many more to choose from in new and used cars and trucks.

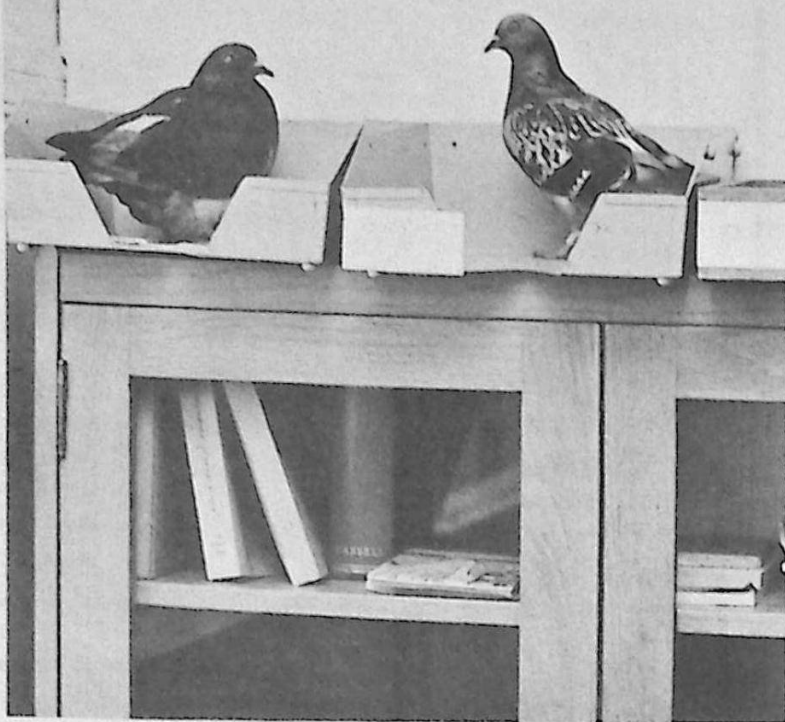
Finance can be arranged on the spot.

**COURTENAY CHRYSLER SALES (1970) LTD.**

**WHEN YOU'RE SMILING CALL FOR 'LABATT'S BLUE'**



This advertisement is not published or displayed by the Liquor Control Board or by the Government of British Columbia.



M. PIGEON, co-manager of the Pigeon Air Carry Postal System which is working such wonders for the EMO, poses with his partner, Mme. Pigeon in the company offices after returning from a mail flight. (Canadian Forces Photo)

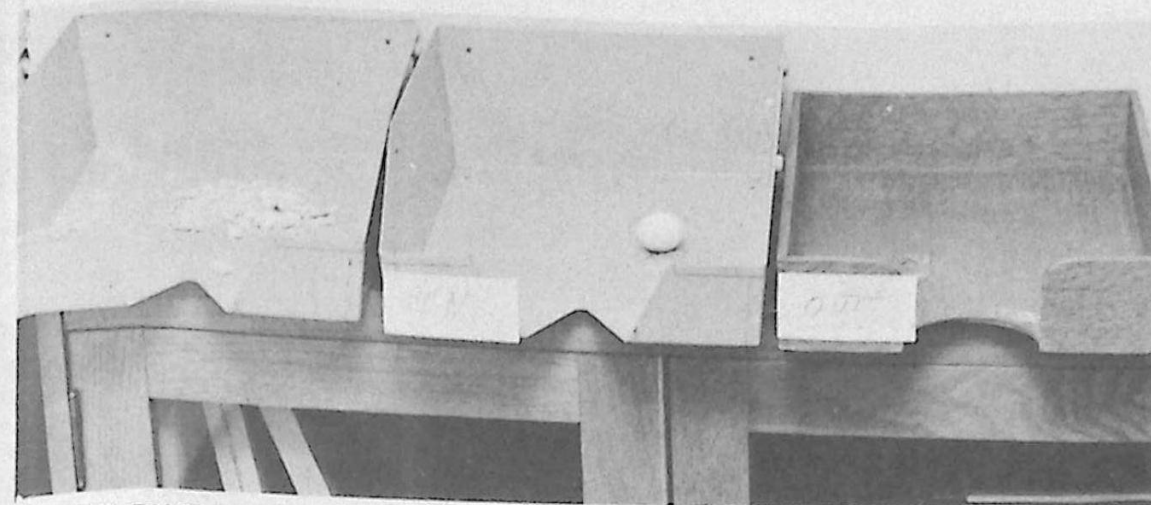
## EMO Fights Rising Mail Costs

The Emergency Measures Office, like all business offices these days is plagued by rising mail costs. The cost of sending out the material telling people what to do when the bomb bursts has become prohibitive, and the EMO was faced with the prospect of taking some Emergency Measures of its own. Fortunately, one of the partners in the organization, Mr. Emergency, is a man of some resourcefulness, and he hired an alternative method of getting the word from Ottawa to the fallout shelters of the nation.

Mr. Emergency's new service, provided by the Cie Pigeon, Ltd., is a fully automated air-mail service, and the material need not be touched by human hands at any stage of its handling. Mme. Pigeon, who does the

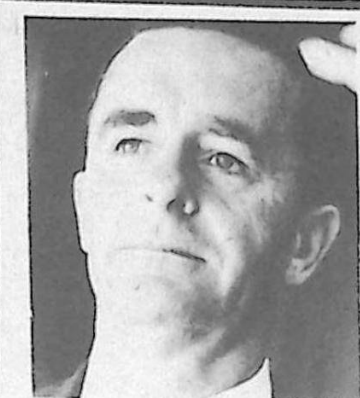
office work around the shop, addresses the letters with the aid of an electric typewriter which has a grain of corn glued to each key. After she has completed her work, M. Pigeon air carries the envelopes to their intended destinations.

The Pigeons have introduced one refreshing change in this era when labor is constantly asking what their company can do for them, and this change is the employer dividend, which Mme. Pigeon leaves in the In basket prior to departing for the home loft each evening. Mr. Emergency and Mr. Measures have been able to cut their break-fast expenditures by a considerable amount since the introduction of this service, and other government departments are said to be eyeing this development hungrily.



THE EMPLOYER dividend, an innovation of the Pigeon Postal System, is shown here prior to being hard-boiled and eaten by Mr. Emergency of the Emergency Measures (Canadian Forces Photo)

CENTENNIAL MEMO - Total revenues of the colony of British Columbia in 1865 were 153,615 pounds. More than half of the revenue (87,110 pounds) came from custom duties. Next best source of funds was road tolls - 26,000 pounds.



Call DICK MERRICK - 339-2758  
The Mutual Life of Canada

... At Mutual Life of Canada we are specialists in the complete field of life insurance - term and permanent. As well, we have annuity investments including those backed by quality common stocks.

... Our aim is to design an insurance and or investment plan best suited to your needs and budget.

... Call me at 339-2758 for an appointment to review your life insurance and pension requirements.

## IN ELBOW RIVER

# 12-Year-Old Saves Boy

By PAUL KLEM

"Elaine! That kid's in trouble! Grab him!" I shouted to my 12 year old niece, as I realized to my horror that a youngster was helplessly struggling for his life against a current that had caught him and was relentlessly pulling him under.

I was on a holiday in Calgary visiting my brother for a few days. The day was hot and muggy.

"Let's go down to the park and float down the Elbow river on inner tubes," Elaine suggested to Beverly, my 13 year old daughter.

On the way down to the river, my sister-in-law assured us that it was safe because the water level was controlled and low, and the river bottom was dredged of debris along the park so that kids could enjoy it.

"Except for the deep fast water at the bend in the river, where a kid drowned last year!" added Elaine.

We entered the river at the bridge where the water was knee deep, and enjoyed a leisurely drift down the river on our inflated inner tubes, clowning and splashing and thoroughly enjoying ourselves.

"There's the deep water at the bend," said Elaine as we floated past the park with dozens of people in the water and on the bank enjoying the hot summer afternoon.

"Let's head for shore independently, and then go back up stream," I told Beverly and Elaine. As we entered the bend we were separated by 20 or 30 ft.

It was then I noticed the kid in the water. At first I thought he was swimming but his erratic actions soon made me realize that the kid was drowning. I was about 30 feet below him. Elaine was drifting directly towards him. I realize she had a better chance to grab him before I could get to him. She jumped off her tube and like a real professional life guard grabbed him and started swimming towards the shore. In the meantime I was off my tube and heading towards them as fast as I could. We got

him on shore and in a little while he recovered his breath. "I nearly drowned," he sobbed as I reassured him he was safe and okay.

"Who are you with?" I asked. "My sister, she's in the park on the river bank!"

I had visions of giving a stern lecture to a teenager about letting her ward out of her sight and into deep water.

"Which one is your sister?" I asked as we approached the crowded bank.

"The girl playing with the big dog," he said.

There to my surprise was a four-year-old playing with a big German Shepherd!

The amazing thing about this incident was that even though there were several adults in the immediate vicinity along the bank, nobody realized that the kid was drowning. Even after we got him on shore nobody was aware of what had happened.

I was very proud of Elaine. I kept thinking of how the parents would have felt had the boy drowned. At the same time I wondered why they would allow their children to go to the river alone! Perhaps fate lent a hand!



## Computer Helps Plan Urban Maze

A Simon Fraser University geographer is developing a computerized system which will give urban planners a television image of the future.

Dr. Tom Peucker, who expects an experimental model to be operational within a year, says the system will present planners

with a televised map of the area they want to study.

By using a special light pencil directly on the screen, a planner will be able to find out instantly what a freeway, housing project or urban renewal will do to the city.

"All the knowledge about the city, such as population, commercial areas and transportation, are stored in the computer," Dr. Peucker said. "The planner sees a map with this information in symbols."

"If he wants to find out what a freeway will do, he simply draws in the route and within a few seconds the picture changes to show the effect."

Dr. Peucker said planners, faced with highly complex urban problems have already been forced to use computers to predict the effect of their projects. But present systems, which produce results on a computer print-out, take at least half a day to process.

## Bomarc Pilots Join Welfare

Captain Otto Pilot, who discovered last Tuesday that his job as a test pilot with 446 and 447 SAM Squadrons would be abolished as a result of the government's White Paper on Defence was quite philosophical when he was interviewed while standing in line to register for unemployment insurance benefits.

"I knew when I started that there wasn't an unlimited supply of electrons to keep me going," said Capt. Pilot, "and I always suspected that something like this would happen. Actually, I'm just as glad, because I haven't really been the same since one of the sandbags that was used as a warhead in the early part of my career ruptured and spilled sand

all over my brain.

"I hope to get a job driving a robot train in an automated freight yard, or maybe I would be good driving one of those automatic-landing airliners they're talking about." So saying, he moved closer to the wicket, but one noticed that his wires were frayed and his electrons were leaking away.

Old fighter pilots never die. They just don't get a charge out of life anymore.

## SIMPSON'S SEWING SHOP

JACK SIMPSON - PROP.

4th Street, Courtenay, B.C.

Telephone 334-3852

Sales and Service  
Repairs to All Makes

Authorized Dealer for Singer Co. of Canada Ltd.

## What Do You Do In A Personal Financial Crisis??

### A Typical Problem

Situation	Amount	Monthly Pymt.
Automobile Loan	2200	95
Charge Account	350	27
Consumer Loan	800	50
Sundry Accounts	300	25
		202

— then a new problem arises which will cost \$300  
\$3950

What Should You Do.

### The Solution

### ONE SCOTIA PLAN LOAN

\$3950 x \$131

This includes the cost of Life Insurance.

In addition to this we advise you to save a regular amount monthly, on an automatic pay assignment basis, for any future emergencies.

Bank of Nova Scotia

## COMOX VALLEY MINOR HOCKEY

REGISTRATIONS — to be held Sept. 11 and 18 from 10 a.m. to 4 p.m.

Comox — Comox Recreation Centre (11th Sept. Only) (For Registration)

Courtenay — CRA Hall

CFB Comox — PMQ School

Cumberland — Mr. Gord Kines, 405 Derwent Avenue, Cumberland.

Juvenile fee \$15; all others \$14. Maximum \$35 per family.

Birth certificates must accompany all registrations.

Mosquito Jan. 1961 31 Dec. 1963

Peewee Jan. 1959 31 Dec. 1960

Bantam Jan. 1957 31 Dec. 1958

Midget Jan. 1955 31 Dec. 1956

Juvenile Jan. 1953 31 Dec. 1954

Heavy registration is expected therefore late registrations will be put on a waiting list.

We may have to restrict registration in Midget and Junior age groups.

### SKATE AND SPORTING GOODS EXCHANGE

Figure Skates — Hockey Gear — Skis etc.  
at PMQ School

All articles to be given to the school Friday, September 24, between 5 p.m. and 9 p.m. (tagged with name, phone number and price). To be sold Saturday, September 25 from 10 a.m. to 6 p.m.

(All monies and unsold items to be picked up by 6 p.m. Saturday)

## Early Back-to-School Arrivals



BUSTER BROWN.

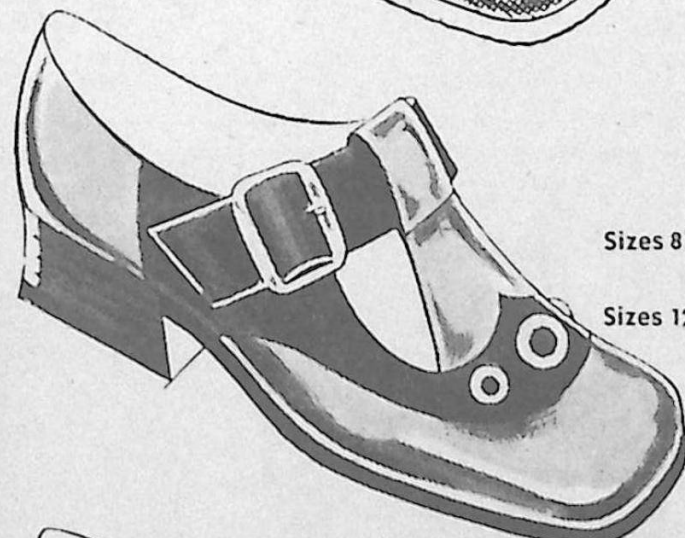
Trio

Quality's never out of style

Black Crinkle \$10.99

Sizes 8 1/2 - 12

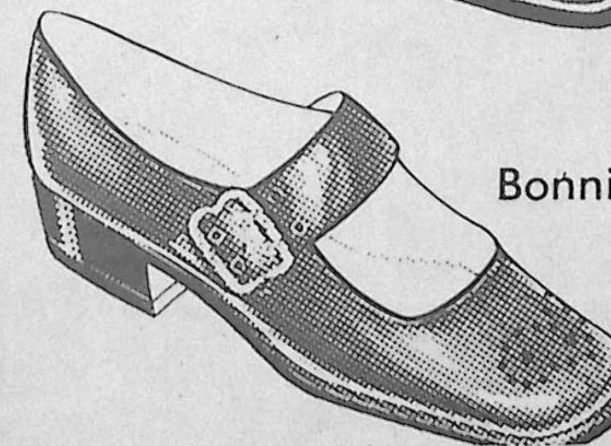
Sizes 12 1/2 - 4 \$11.99



On her first day... have her best-dressed

Sizes 8 1/2 - 12 \$10.99

Sizes 12 1/2 - 4 \$11.99



Bonnie

Quality's never out of style

Colours: Brown and Black

Sizes 8 1/2 - 12 \$10.99

Sizes 12 1/2 - 4 \$11.99



BUSTER BROWN

The proof is in this versatile shoe for school or dress. Made by Buster Brown with the durability and fine fit you know is a must for your daughter's growing feet.

\*Polyvinyl Chloride



BUSTER BROWN

Searle's SHOES Ltd.

COURTENAY — CAMPBELL RIVER — CUMBERLAND



**QUEEN'S MEDAL WINNER** — Master Corporal Joe Hennick is given the traditional shoulder ride by his team-mates after being presented with the Queen's Medal, the highest award an individual rifle marksman can win.

## RCRs Top Small Arms Meet

South March, Ont. (CFP) Marksman for the 1st battalion, Royal Canadian Regiment, London, led by Master Corporal Joe Hennick of Sydney, N.S., have won the Canadian Forces (Regular) Small Arms competition and will get a crack at Bisley next year.

Over two hundred military marksmen competed in the week-long competition held at Connaught Ranges, 10 miles west of Ottawa, from August 18. Represented at the meet were: 1 Combat Group, CFB Calgary; 2 Combat Group, CFB Petawawa; 5E Groupement De Combat, CFB Valcartier; Combat Training Centre, CFB Gagetown; Air Defence Command, Air Transport Command, Maritime Command, and Canadian Forces Headquarters. The matches ranged from pin-point, precision rifle to rapid, from the hip pistol shooting.

Hennick 31, and his mates won

14 individual and team trophies including the Queen's Medal and the Letson Trophy. For Joe Hennick, it marked the first time he had won the big prize — the Queen's Medal — and he received the full medal treatment, a shoulder ride from his team mates and a piper escort to the presentation platform where the Queen's Medal was presented by Lieutenant-General Dag Waldoock, Chief of Technical Services, CFHQ.

The Letson Trophy, presented to the championship unit rifle team, was won by the 12 men from 1 RCR, the top nine shooters are guaranteed a berth on the 1972 Canadian team at Bisley. Three additional members for the team will be chosen from the top three scorers in other rifle events at the meet.

Another major award, the Vanier Trophy, presented to the team compiling the highest aggregate score in rifle, pistol, sub-machine gun and light automatic rifle matches was won by 5E Groupement De Combat.

Among the 35 individual awards presented are three novice trophies, one each for pistol, sub-machine gun and rifle events. Winners for this year were: Major D.A. Watkins, Lord Strathcona's Horse (Royal Canadians), 1 Combat Group, in the pistol class; Corporal J. Gauthier, 3 PR22ER, 5 Groupement De Combat, in the sub-machine gun class; and Corporal J. G. Luzon Q RCR, 2 Combat group, in the rifle class.

The meet had a dramatic finish. In the final match for the Queen's Medal, two friends battled right down to the wire. Corporal Henry (Hawk) McKay 2 RCR representing the Combat Training Centre at CFB Gagetown finished just one point back of Corporal Joe Hennick. Both men were on the 1965 Bisley team.

## Fitness Fund Credited With Cali Success

The outstanding performances by Canadian athletes at the Pan American Games in Cali, Colombia, can be credited to the Canadian Amateur Sports and Fitness Fund, Denny Veitch, general manager of the 1973 New Westminster-Burnaby Canada Summer Games, said today.

Veitch, who was an observer in Cali for the first part of the Pan Am Games, said the Canadian Amateur Sports and Fitness Fund has provided funds for better coaching and travel to international competitions for our athletes.

"Our athletes gained valuable experience from competing in meets outside of Canada," said Veitch. "It was a natural prep for the Pan Am Games."

Veitch cited the case of British Columbia's three track and field gold medalists — high jumper Debbie Brill, sprinter Stephanie Berto and long jumper Brenda Eisler. He said the Fund enabled the three, along with eight other girls, to compete in meets in Europe three weeks prior to leaving for Cali.

Veitch also noted that Bruce, Berto and Eisler were also gold medalists at the 1969 Canada Summer Games in Halifax. "Those meets obviously strengthened the girls and got them mentally prepared for the competition they had to face in Cali," Veitch said.

"The fund was also responsible for sending swimmers abroad this past year. The gold medal results are again showing in Cali," Veitch concluded.

## Hockey Canada Aids 98 Students

OTTAWA — Names of 98 Canadian student hockey players who will receive 1971 Hockey Canada scholarships and bursaries were announced today by National Health and Welfare Minister John Munro in conjunction with Charles Hay, president of Hockey Canada.



For Want Of A Nail . . .

Each year many large fish are lost during battle for want of a new fishing line.

If you've never been the victim of a broken line when playing a good-sized fish, either you're lucky . . . or your tackle is always in good condition.

According to information from Red Fisher of the fishing department at Mercury outdoors, many anglers make the mistake of starting each fishing season with last year's line still on their spinning and casting reels.

Although the benefits of monofilament lines are many, the problem of lines breaking unexpectedly has increased with their popularity. Most monofilaments are made of synthetic materials which resist decay and rot. This is fine, but their apparent permanence is misleading, for monofilament is a single strand of line which becomes greatly weakened by abrasions and minor cuts.

It's easy to damage a fishing line. Catch it on a rivet in the boat, scrape it across the gunwale, or step on it; any one of these is enough to render that portion of the line too weak to count upon when it comes to hauling a big fish. Precautions recommended by the gang at Mercury are simple. Spool on a new line before each new fishing season. Inspect it occasionally during the season and remove all frayed or worn sections. If you notice when damage occurs, stop fishing and cut off the affected portion.

Hockey Canada will provide \$86,000 in scholarships and bursaries to young players across Canada in 1971-72 to assist them in furthering their education and, at the same time, maintain their interest and proficiency in hockey.

This is the second year these awards have been made to young athletes with high academic and hockey playing qualifications.

Scholarships are valued at \$2,000 each and are renewable for up to four years providing recipients have respected both their educational and hockey programs. Hockey Canada's scholarship program is administered by the Association of Universities and Colleges of Canada.

There were 16 scholarships and 82 bursaries awarded across Canada. These include scholarship recipients from last year whose grants have been renewed for the 1971-72 academic year. Bursaries can be renewed on application each year.

## OPEN BOWLING FOR YOU

OPEN BOWLING Tues., Wed., Thurs. and Sun. nights from 1900 to 2100 hrs. at the Base Rec. Centre, starting 17, Aug. 71. For further information contact Cpl. John Waller, Local 315.

## CFB Bowling 1971 - 2

All bowling registrations must be in by Sept. 1, 1971, as alley space is limited, first come first served. Please fill out the form below and turn it over to one of the chairmen.

Executive League President: John Webber, Loc 311, home 339-3727  
Men's League Chairman: Art Zielke, loc. 302, home 339-3969  
Mixed League Chairman: Roly Abbots, loc. 283, home 339-2526  
Ladies League Chairman: Joan Sleeman, home 339-3111

1. Our team would like to enter .. Men's, Mixed, Ladies
2. TEAM NAME

Team Captain \_\_\_\_\_

Telephone \_\_\_\_\_

3. I would like to be put on a team in the Mixed, Men's, Ladies.

NAME \_\_\_\_\_

Telephone \_\_\_\_\_

4. Ladies League minimum 5 players maximum 6 players.  
Men's League maximum 8 players  
Mixed League maximum 8 players.
5. Men's and Ladies' League will bowl 5 players per night and mixed league 6 players per night.
6. Registration fee \$1.50 per person to be paid on the first night of bowling.
7. There will be a general meeting at the P.M.Q. School Auditorium Sept. 1 at 7 p.m. Please attend.

## THE SAFE DRIVER

NEARLY 1/4 OF ALL FATAL AUTO ACCIDENTS OCCUR AT INTERSECTIONS!



THE SAFE DRIVER IS ALERT TO OTHER DRIVERS IGNORING TRAFFIC LIGHTS AND STOP AND YIELD SIGNS, MAKING SUDDEN TURNS AND SQUIDDING ON ICY OR WET PAVEMENTS AT INTERSECTIONS!

WHEN MAKING A TURN AT AN INTERSECTION, GET INTO THE PROPER LANE WELL IN ADVANCE, SIGNAL YOUR INTENTION, AND WAIT FOR OPPOSING TRAFFIC TO CLEAR!

## Name Your Poison

If you have a small child in your house, have you taken steps to child-proof your home? It takes very little of your time to take a few simple precautions to eliminate hazards that could injure or even kill your little one.

Before your baby starts crawling, you should go through your house and lock up or put out of reach any potential poisons. If you have any trouble making up your mind what substances can be hazardous, here is a simple rule. Anything that can be consumed liquid or solid, which you wouldn't normally feed your baby is a poison and should be out of reach.

This includes medicines, cleaning solutions, insecticides, chemicals, soap and booze. If you think that your furniture polish can't possibly taste very appetizing and that little Cecil will turn his nose up at such a horrible drink you're wrong. Babies are not very

discriminating when it comes to drinking things. As pointed out in September's Consumer reports, polishes containing petroleum distillates are especially hazardous. Three tablespoons of furniture polish killed a one year old in forty hours. So please keep all those poisons locked up.

If by chance your child does ingest a hazardous substance, call the Poison Control Centre at the number listed on the inside front cover of the phone book. The Centre will tell you what to do if you tell them what product your child has swallowed.

Other things to look for as you child-proof your home are sharp utensils such as knives and scissors; small objects such as pins, buttons, and marbles that might be swallowed; and store away fragile things that will almost inevitably get broken if left to a child's natural curiosity.

## OFFICER'S MESS ENTERTAINMENT

SEPTEMBER 1971

- Fri. 3 — TGIF
- Sun. 5 — Family BBQ
- Wed. 8 — Mess Dinner for Gen. Magnusson
- Fri. 10 — TGIF
- Sun. 12 — Family BBQ
- Mon. 13 — ADM Porter visit 407, Box Luncheon
- Wed. 15 — Wives Club
- Fri. 17 — Monster TGIF — Hip of Beef 1815
- Sat. 18 — Get Acquainted Dance — "The Cmeos"

Family BQs — 7-9 p.m. — Steaks \$2.00 — Hamburgers 50c.

Parents are reminded that children must be restricted to the following areas: Patio, garden, foyer, dining room and washrooms.

TGIFs — Grill facilities. Variety of items from hamburgers to steaks, 6:30 - 10 p.m.

Sunday Brunches — Cancelled until Fall.

For information call the Mess Manager 324, Bar Steward 323 or contact your Unit Entertainment Officer.

## BASE THEATRE

SEPTEMBER, 1971

Thurs. 2 AFRICAN SAFARI Semi-Documentary

Fri. 3 BABY LOVE Ann Lynn Please Note: Due to

Sat. 4 also KEITH BARRON length of these two

Sun. 5 SWEDEN, RESTRICTED features showtime

HEAVEN, HELL Documentary will be 7 p.m.

Tues. 7 CASTLE KEEP Burt Lancaster 2nd World

Wed. 8 Patrick O'Neal War Action

Thurs. 9 THE DESERTER Chuck Connors Western

Sat. 11 John Houston

Sun. 12 HAMMERHEAD Vince Edwards Spy

Judy Geeson Adult

Tues. 14 PENDULUM George Peppard

Wed. 15 Jean Seeburg

Thurs. 16 OLIVER Ron Moody

Fri. 17 Oliver Reed

Sat. 18 Mark Lester

Sun. 19

Tues. 21 LEFEND OF Kim Novak Story of a

Wed. 22 LYLIAH CLAIRE Ernest Borgnine motion picture

star

Thurs. 23 UP THE MacGREGORS David Bailey Action

Fri. 24 Hugo Blanco

Sat. 25 ANZIO Robert Mitchum War Action

Sun. 26 Peter Falk

An American Ranger, Corporal Rabinoff, a Canadian Commando

Show Times: Matinees - 1400 hrs; Evenings - 2000 hrs.

RESTRICTED SHOWS: 18 years and above - under 18 years of

age must be accompanied by a person over 18.

ADULT SHOWS: 16 years of age and above - under 16 years

must be accompanied by a person over 16.

## WOs AND SGTS. MESS

September Entertainment

(Opening of Fall Entertainment)

EVERY FRIDAY: Happy Hours - Subsidized beer and food.

EVERY SUNDAY: Family Dinners - By reservation only.

DANCE: 2100 hrs 11 Sept. with the CAMEOS. Casual dress. Hip

of Beef (Served in lounge). Admission \$1.00 per person.

SOFTBALL: 1300 hrs 18 Sept. - Mess members vs. depts. (wives

and kids). Watch for flyer.

CORN BOIL: 2000 hrs 18 Sept. - Beach Pavilion. No charge.

Cash, Alley Cats. Dress, casually and warm. Refreshments

and available - regular bar prices. If prefer, bring own steaks and

cutlery - cooking facilities available. Also bring along

something to sit on (logs available). In case of inclement

weather the same thing will be held in the Mess.

COMBO NIGHT: 2030 hrs 25 Sept. with the Bill Johnson Quartet

(maybe quintet) and its all free.

BINGOS WILL RESUME IN OCTOBER + MORE ON THIS

LATER.

Sept. 4 — Record Hop.

September 6 — Movie: "Las Vegas"

September 10 — Mixed Games Night - Prizes. Watch for flyer.

September 11 — Dance with the Cameos.

September 13 — Movie: "Bridge at Remagen"

September 18 — Corn Boil, Beach Pavilion, Alley Cats.

September 20 — Movie: "Where Were You When The Lights

Went Out"

September 25 — Combo (Disaster) Night.

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**NEXT**  
**TOTEM TIMES DEADLINE:**

**SEPT. 7th**

## Be Of Good Heart

Released by the Canadian Heart Foundation is news that the overall death rate from cardiovascular disease — diseases of the heart and blood vessels — has been reduced 24 per cent in Canada since 1950. Mr. A.D. Atkins of Calgary, President of the Foundation said, "This news provides evidence that cardiovascular research pays off, and means that thousands of Canadians now alive would have died prematurely if 1950 Canadian death rates from cardiovascular disease prevailed today."

For particular forms of heart and blood vessel disease, the Foundation released the following information: overall decline in death rate from all forms of heart disease - 24 per cent; stroke death rate decline - 41.5 per cent; high blood pressure - 79.3 per cent; other heart diseases - 41.2 per cent. The one area in which the statistics are relatively unchanged is that of heart attack, for which the decline in death rate since 1950 is only 3.2 per cent. Even here, however, the outlook has brightened considerably.

Coronary artery surgery and coronary arteriography, (photography of the blood flow through the heart's own arteries), have enabled surgeons to carry out corrective procedures to repair the damage resulting from thickening of the coronary arteries which supply the heart vessels with blood and oxygen. In many cases, arteriography will pinpoint potential trouble spots and permit correction to be made before trouble arises. Dr. Arthur Vineberg of Montreal was a pioneer in this field which developed comparatively recently. Consequently, the full effects of these advances are not shown in the period covered by the Foundations' report mentioned above.

The full impact on heart attack death rates by coronary care units, also pioneered by Canadians, has not yet been felt. It has been established that in-hospital deaths following heart attacks can be reduced by about 30 per cent, if the patient receives optimal coronary care service. As more hospitals install these units, the reduction in heart attack deaths will become more noticeable.



THE WONDERLAND OF the west coast is captured in this dramatic MacPhoto, which illustrates to the blackfly swatters in lesser parts of Canada some of the joys

and raptures of being on the west coast. In the photo above, 409's own Tom Murray is shown taking some of his family for a tour in the family fish-catcher.

(A MacPhoto)

## We Forgot BTNO's Boys

In the last issue of the Totem Times was a story concerning 5,000,000 acres of unsightly sand, and how the BTNO's troops turned it into the finest beach this side of Waikiki. Omitted in the story was any mention of how those who toil in the BTNO's vineyards contributed to the success of this venture. Contribute they did. Suffice it to say, that without their help, the beach project would still be but a fragment of someone's imagination. Many of the members of the BTNO's staff gave generously of their own time, when they could have been frisking on the golf course they had earlier helped build, and we are grateful to them.

Fish scales, like tree trunks have annual rings which can be counted to determine age.



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## For Lower Tar Levels, Ne Fumez Pas

OTTAWA — National Health and Welfare Minister John Munro has released results of the latest in the series of tar and nicotine tests on cigarettes. The testing, carried out earlier this year at the University of Waterloo, was under the supervision of Dr. W.F. Forbes, and Dr. J.C. Robinson and involved 92 cigarette brands.

"While smokers should not be concerned about small differences in tar and nicotine levels between brands," Mr. Munro said, "it is hoped the tables will assist them in reducing their exposure to smoke chemicals."

The Minister noted there are other ways the cigarette smoker can help himself reduce the

amount of tar, nicotine and other constituents he inhales. Mr. Munro said he could do that by lengthening the period between cigarettes and between puffs, removing the cigarette from the mouth after each puff, discarding long butts and not inhaling. "Of course," Mr. Munro added, "the safest course is to give up smoking altogether."

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