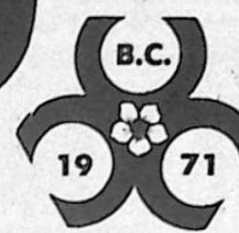
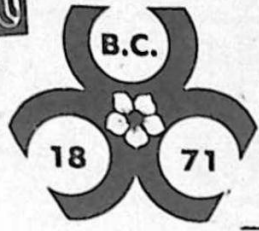




# TOTEM TIMES



Say you read it in the Totem Times, and it will be totally discredited.

VOL. 13

CFB COMOX TOTEM TIMES

THURSDAY, APR. 1, 1971

NO. 7

STARTING APRIL 25

## Three Cross-Canada Sked Flights Each Week



THE DE HAVILLAND TWIN OTTER will soon be seen in Canadian skies sporting Canadian Forces paint jobs. The twin 'O' is reportedly capable of landing on a dime with a nickle left over. Selection of air crews to man the sleek bird is to be

a lottery system. The winners will be based at CFBs Trenton and Namao, while the losers will man the two air craft at Yellowknife. (A MacPhoto)

### To Cross Canada, Don't Cross the AMU

Comox servicemen and their dependants, along with all other Canadian servicemen, will have an improved chance of going across Canada on priority five bookings when a new 707 schedule goes into effect later this month. Starting on April 25, three Armed Forces 707s will cross the country each week, departing Comox on Monday, Wednesday and Friday.

The Monday and Wednesday flights leave Comox at 1000 hrs local time, and goes to Van-

couver, Namao, Winnipeg, Ottawa and Trenton. The Friday flight has a slightly different routing. It will leave Comox at 1000 and go to Vancouver, Namao, Winnipeg, Trenton, Ottawa, Greenwood and Shearwater.

Those in less favoured regions of the country, who would sell their eye-teeth to get to Comox now have three opportunities per week to do so. The 707 will leave Shearwater at 1210 Shearwater time and, after stopping at Ottawa, Trenton, Winnipeg, Namao and Vancouver, arrive at Comox at 2050 hours.

So, there will be many opportunities for priority five travel. How does one get to participate? Bookings can be sent to the AMUs, through central registry, by message, telegram or letter no earlier than 1600Z of that particular day that is two weeks prior to the departure of your flight. For example, if you want to book yourself and your family on a service flight departing from Comox on April 25, you send a message, letter or telegram to the Comox AMU, timed to arrive at 1600Z on April 11.

You do not present yourself at the AMU counter this early in the game and ask for space, because they cannot give it to you. Prior to 48 hours before flight departure, requests for priority 5 space must be by message, telegram or letter to be actioned. 48 hours before the flight departs you may apply in person, but the chances of getting seats confirmed through from, say, Comox to

(Continued on page 7)

### A Union For Servicemen?

For months now, people have been talking about a union for the armed forces. The Public Service Alliance has often made it clear that it would be willing to take on the job of organizing the services and bring them in to the same sort of collective bargaining that is open to the civil servant. To the idealistic in our midst, the move exemplifies the helpfulness of unions; tireless in attempting to get better conditions for the oppressed toilers in the vineyard. To the cynical it is an attempt by the Alliance to add 80,000 dues payers to its roles; dues payers who would be unlikely to be a drain on the strike fund.

According to a recent story in the Toronto Star, a group headed by Michael Forrestal, MP for Dartmouth-Halifax East, circulated 9,000 copies of a questionnaire regarding some sort of soldiers' union to servicemen. Approximately 4,000 of them were returned. Of these, almost 90 per cent were in favour of a union for the serviceman.

As far as the TOTEM TIMES has been able to determine, none of the questionnaires made it this far west. The Comox serviceman has not had his chance to say what he thinks about the question of union membership for members of the armed forces.

In a rare spirit of public service, the TOTEM TIMES proposes to remedy this. A short questionnaire can be found on page 2. Merely complete it, detach it from the rest of the paper, and pop it into any out basket. Central Registry will then deliver your opinions to the TOTEM TIMES.

If you wish to append additional comments, feel free to do so. The paper cannot promise to print all submissions, but the more interesting ones will be printed, insofar as the laws governing libel and whatnot will allow.

Here is your chance to express your opinions on what good (or evil) a union would be to today's Canadian Forces. Complete your questionnaire today. See questionnaire page 2.

### Voodooos Restricted

Air Defence Command has announced that the CF-101B Voodoo flown by Canada's three interceptor squadrons has been limited to essential operational flights while a technical problem in the engines is being overcome.

The restrictions were placed on the aircraft as one of the results of a number of incidents which have seen Voodooos stricken with engine troubles. In one incident, a Voodoo, flown by Captains Doug Stuart and Lyn Wagar, caught fire and crashed into Georgia Strait immediately after take-off from CFB Comox. The crew was rescued by a 442 Sqn. helicopter which happened to be on the scene.

The operational readiness of the three squadrons, which form part of Canada's contribution to NORAD, has not been affected by the restrictions. Required standards of alert are being met, and mandatory air defence missions can be flown. The only difference is a reduction in the number of training missions being flown.

It is not yet known when the restriction will be lifted.

### Does the Computer Really Know You?

Have you checked your record of service lately? If you're like the average bear, you probably haven't. But you should have.

The old familiar form R-331 which listed your service from the time you first crossed the threshold of the recruiting unit until the time you spent your first pension cheque is slowly being done away with. In its place is a snazzy new, computer-generated form that contains the essential information about the one and only you.

At least it should contain all the essential information about the one and only you. But it might not. If it doesn't, the man in the orderly room, who is supposed to keep these things straight, has no way of telling.

Because he has no way of telling, he has been advertising in WROs for people to come in to check their record of service. Your chance to outwit the computer, as it were. To date, he has not been overwhelmed by a clamouring herd of airmen, anxious to ensure that Clyde Computer really knows the real them. Of late, the custodian of the records has been reduced to skulking just inside the door of the orderly room and pouncing on passers-by with a butterfly net. The ones he catches he drags inside for what is really a rapid, painless operation. He shows you what Clyde has inscribed upon your card. You tell him if Clyde is right. That's all there is to it. No cheques are signed, no money changes hands and no obligations are incurred.

If you haven't checked your record of service lately, streak with the speed of light to your friendly neighborhood orderly room and do so.

Who knows, Clyde just might think you're a general. And you'll never know unless you check.

## Twin Otters For Trenton, Yellowknife and UN

The honorable Donald S. Macdonald, Minister of National Defence, announced today that the Department of Supply and Services is purchasing eight light transport aircraft for the Department of National Defence.

The aircraft, DHC-6 Twin Otters manufactured by

DeHavilland Aircraft of Canada, Toronto, will be used primarily in the Search and Rescue, and utility transport roles in support of the Canadian Forces northern operations.

Two Twin Otters will be based at Canadian Forces Base

Namao, Alberta and four at CFB Trenton, Ontario. Five of these aircraft will replace Search and Rescue Dakotas while the sixth, based at Trenton, will be assigned to support United Nations operations replacing an existing Caribou aircraft. The remaining two Twin Otters will

be based at Yellowknife, NWT, in support of the newly formed Northern Region Headquarters.

Delivery of the Twin Otters will start in May and will be completed this August.

The Twin Otter is a twin engined, light STOL (Short take-

off and landing) utility transport aircraft capable of carrying up to 29 passengers or almost 5,000 pounds of cargo. It is powered by two PT6A-27 Turboprop engines, designed and built by United Aircraft of Canada, Longueuil, Que. The Twin Otter can operate on wheels, skis or floats as required.

The Department of Supply and Services has awarded a contract valued at 4.56 million dollars to De Havilland Aircraft of Canada, Toronto, for the aircraft. In addition, various Government furnished avionics, optional extra equipment and spare parts will be purchased later under the program.

## Combat Group Officers Get Northern Lesson

Edmonton, March 17, 1971 - Vivid impressions were experienced by 55 officers of the Canadian Armed Forces who have just returned from a familiarization tour of Canada's North.

The group, headed by Brigadier-General Charles J. A. Hamilton, was for the most part made up of 1 Combat Group unit representatives from Winnipeg to Victoria. However, there were also members of Mobile Command, St. Hubert, P.Q., 2 Combat Group, Petawawa, Ont., and the Canadian Airborne Regiment, Edmonton.

Skepticisms originating from former popular beliefs were replaced by a new insight and understanding. The coolness of the March air was mellowed by the warmth of new friendships, and away from the relaxed communities the realization of the presence of such an uninhabited expanse of Canada was overwhelming.

General Hamilton, who commands 1 Combat Group, said the tour provided a wealth of first-hand knowledge in relation to the economic development and ecology of the North.

"All were in agreement," he stated, "that the hospitality of Northerners is for real."

The tour began in Calgary March 8, and ended there over 5,000 miles and six days later. It included whirlwind tours of the Hudson Bay port of Churchill, Man., Yellowknife, Resolute and Inuvik, N.W.T., and Whitehorse, Yukon.

"A genuine interest prevails in the Armed Forces increasing their activities in our country's northern areas," he said. "It's anticipated military involvement in building roads and bridges will contribute towards opening up what has been considered up to now as inaccessible regions."

Stuart M. Hodgson, Commissioner of the Northwest Territories, and James Smith,

Commissioner of Yukon Territory, both spoke favorably of the Federal Government's decision to bolster military presence in Yellowknife and Whitehorse.

The Armed Force's new Northern Region Headquarters located at Yellowknife, and its detachment at Whitehorse are the Force's "listening post" of the Territories and the Arctic. They are also the co-ordinators of future projects and exercises in the North by the military.

The visiting officers were told in Churchill that that centre, despite a planned reduction in Department of Public Works facilities, will continue using its capability to stage troops for the current and future "New Viking" series of survival training exercises. They were also briefed on the Ministry of Transport facilities at Churchill which include the operation of an airfield capable of handling any aircraft now flying. The National Research Council's rocket research range also proved of considerable interest.

One of the highlights of the tour of the Inuvik area in the Arctic was to see a research project experimenting in the transportation of hot oil through pipelines despite the perennial problem of deep permafrost. During a visit to the Mackenzie Valley Pipeline, sponsored by several companies, it was said the proposed pipeline to carry oil from the Arctic by way of the Mackenzie Delta would cost as much as three to four billion dollars.

Resolute, just over 1,600 miles north of Calgary and 1,000 miles away from the North Pole, was the cold spot of the tour. Temperatures near 25 degrees below were assisted by stinging breezes. Resolute is also used as a base for part of the "New Viking" program.

Lieutenant-Colonel R. O. Conover, Commander, Lord

Strathcona's Horse Regiment, Calgary, is a tank-man. To him, the North represented a requirement for tracked reconnaissance vehicles, in order to meet any military threat to its Sovereignty.

"There is an urgent need for the Armoured Corps to train in the High Arctic," he stated, "we have had little experience using the new reconnaissance family of tracked wheels under the conditions that exist there. We should have the opportunity to develop both tactical and maintenance procedures, which would enable us to cope with the elements."

"This tour," Colonel Conover concluded, "has been of very significant value in determining the variety of training problems and facilities that exist in the North."

Another Combat Group unit representative, Major D. M. Gray who commands 3 Field Squadron, Royal Canadian Engineers, Chilliwack, B.C., had a direct interest in the tour. It's his squadron which has been tasked by General Hamilton to construct a sophisticated three-span, 360 foot, concrete and steel bridge over the Ogilvie River Crossing this year.

"It's a special challenge to the Engineers," he said, "for it not only provides an opportunity for us to put our talents to work, but it gives us an active role in the future development of the North."

Yes, there were many impressions of the Far North - while most were impressed in light of their own specialization, perhaps Robert Service, who wrote of the Yukon many years ago struck a common note valid for all the Territories.

"Send not your foolish and feeble, send me your strong and sane"



IN HIS OWN ELEMENT - Vice-Admiral H. A. Porter, Commander of Maritime Command, dived into the Shannon Heights Community Pool in Dartmouth, N.S. to open a swimathon sponsored by the Nova Scotia section of the Canadian Amateur Swimming Association. The Admiral had no difficulty completing eight lengths of the pool. Actually he walked the first six. (Canadian Forces photo)

### CARS AND GRADERS TOO - Vandalism Hits Arena

His Honour, Mayor J. A. Daniel, Mayor in absentia of Wallace Gardens said in a recent interview that he was appalled at the vandalism in the PMQ area. Recently three pieces of equipment belonging to private contractors were extensively damaged by parties unknown. A front end loader required \$2,000 worth of repairs while two graders received damages costing several hundred dollars.

Aside from the too numerous reports of tire slashings and general wanton damage to PMQ property, Glacier Gardens seems to be the main outlet for the demoted efforts of some peoples children. One of the main targets is the shower heads from the locker rooms. These are skillfully removed, carefully wrapped in paper towelling and stuffed down the toilets. Plumbing is the biggest target but there is a certain amount of damage continuously underway to the structure itself. Careless smoking habits of the younger set, in that they throw their lit butts everywhere is a clear indication that some of them are determined to destroy the building.

General littering by candy wrappers, cigarette packages, gum wrappers and dead cats are adding to the cleaning costs. "At the present rate of deterioration we can expect the building to disappear completely by mid August," the Mayor said. "Fortunately the skating season will be over by then."

The Mayor also said that he had discussed the matter of the arena with the BAdmin O and it was agreed that if there is not some definite voluntary improvement in the situation the Council and Base Fund will have to foot the bill for a special police force within the arena. If this does become necessary it will be a deplorable waste of funds that could be used for other recreations or entertainment.

The Mayor concluded with the hope that parents will, as a centennial project, take a more active interest in the education of their children in their use and abuse of the arena, private property and the PMQ area.

### Overseas Flight Schedules

OTTAWA (CFP) - Interim itineraries for trans-Atlantic Boeing 707 and Hercules flights during April, May and June, have been released by Canadian Forces Headquarters. All times are GMT.

Beginning April 6, SF 753, operating on Tuesdays, leaves Trenton 2300 hrs., arrives Gatwick 0545 Wednesday, departs 0645, arrives Dusseldorf 0810, departs 0855; arrives Nicosia 1300. After an hour's turn-around SF754 leaves Nicosia at 1400, arrives Dusseldorf 1845, departs 1930; arrives Gatwick 2100, departs 2200; arrives Trenton 0530. Effective April 2, SF 757 departs Trenton on Fridays at 0015, arrives Ottawa 0100, departs 0200; arrives Gatwick

0830, departs 0930; arrives Soellingen 1050.

On Fridays SF 758 departs Soellingen 1200, arrives Gatwick 1350, departs 1450; arrives Ottawa 2205, departs 2335; arrives Trenton 0020 Saturdays. On Mondays beginning April 5, SF 761 will depart Trenton 0015, arrive Ottawa 0100, depart 0200, arrive Gatwick 0830, depart 0930; arrive Soellingen 1050. Also on Mondays SF 762 will leave Soellingen 1220, arrive Gatwick 1350, leave 1450; arrive Ottawa 2205, leave 2335; arrive Trenton 0020 Tuesdays.

Hercules trans-Atlantic scheduled flights will be: SF 407 operating Sundays and Thursdays beginning April 4. will

(Continued on Page 2)

### Burgle Bungled

Comox Bank of Commerce had a break in last night. The culprits gained entry by breaking a front side window adjoining the Comox Shopping Plaza. After entering they looked through some of the desks but apparently did not find anything of value or anything specific that they might be looking for.

They made no attempt at opening the vault, and did no other damage except breaking the window.

Cpl. L. Eman was the investigating officer.



## Nighthawk's Nest

The annual pilot-nav hockey madness is over, and there were no casualties to report, except for officer Sakamoto, who did some rather spectacular goaltending with his head. What made it all the worse was that he did it in front of the pilots goal, which was not the one he should have been defending.

Erwin (The Nomad) Sippert has moved again to set a world's record of about eight hundred moves in a single transfer. This time he has moved into PMQs, where he will have time to take about one deep breath before heading for Charn School in Toronto, after which he will undoubtedly be transferred.

One notices that there was no concerted rush to the supply section to buy new rank braid after the experts from navy's postings and careers spread their annual gloom the other day, so one assumes that the news wasn't good. Starting next week, this column will appear in French, as will everyone else on squadron if they are smart.

Doug Munro has arrived back in Canada from the UK, suspiciously soon after the great armored car robbery. The suspicions are heightened when it is reported that the normally impecunious Doug was seen on a shopping spree in Canex after his return. Perhaps that is some sort

of commentary on Canex prices. Rhiney Koehn has gone to Kingston to reserve a corner in the sandbox in which he will spend the next year training pongs, who apparently need sandboxes for their training before they can be allowed in houses or officers' messes. Once he gets the sand-box sorted out Rhiney will return to Comox in time to delete this item from the column.

Grant Hockey was seen in the squadron recently, one of the few times since the hockey season started. He reports that there is absolutely no truth to the rumor that he has volunteered for chief wizard of the Comox Valley Minor Lacrosse league, and that furthermore, he was thinking of having hockey banned.

Hugh Fischer has blazed a brilliant record since he took over as base flight safety officer. If things continue as they are in the Voodoo shop, Hugh should be able to come up with an unbeatable accident rate. Not only that, but he has put a stop to all the noise complaints.

The end of the leave year has snuck up on us, and all those with leave left are taking it, which leaves a dearth of people to insult, ridicule or otherwise annoy. The rest of them are just acting as though they were on leave.

Congratulations are in order for the BAMEO, who got himself hoisted up one rank and transferred to the deep-sea fishing heaven that is Edmonton. Contrary to popular belief, he was not promoted for his considerable achievements as BAMEO, but rather for his even more considerable achievements in his secondary duty as squadron fitness training officer. Had it not been for this unique method of parking airplanes, all squadron personnel would have failed their two-mile walk.

So many air cadet squadrons have toured the squadron lately that every time Tony Brett opens his mouth, the squadron briefing automatically pops out. Of course, every time he has opened his mouth lately, there has been a group sitting in front of him, so I generally works out OK, but when Tony goes flying the lower finds it vexing when he comes out with a squadron briefing rather than a request for taxi clearance.

Mike Denis has been selected for pilot training, much to the disgust of the other 4,000,000 people who applied. He will leave as soon as the happy smile has been removed from his face.

Rumour of the Week: CFHQ will soon announce the purchase of 150 Phantoms.

## Voodoo Nuts, Bolts and Volts

By Paul Klem

Our component shop, and clean room manned by our very able Cpls Jack Fleming and Doug McGowan, was recently equipped with a new "ultrasonic cleaner". In fact it's so new that command had to send us their expert, Sgt. John Scott, from AMDU Trenton, to check it and our operators out in its use.

I had written a previous article on our other ultra-sonic cleaner and how it works, so I won't elaborate on its operation. The principle of operation is basically the same except that this machine will be used strictly for cleaning filters, while the old machine will still be used for general purpose cleaning of sensitive equipment.

Contaminant particles in the 1 to 5 Micron range, which are known as silt particles are a primary cause of wear in hydraulic systems, because these particles are the same size or slightly smaller than typical clearances between moving surfaces. The erosion, abrasion and corrosion of critical surfaces creates additional contaminants which aggravate the condition until, if the contaminants are not removed, failure results. A system of flushing hydraulic systems with ultra fine filters has been introduced and the resultant clean fluid and systems should go a long way in preventing component failures.

Following recommended procedures is a must if we are to maintain functional trouble free equipment. It should be sufficient to say that the cleaner the fluid, the less chance there is of a component failure with a resultant reduction of maintenance and cost of operation.

Our congratulations go to our BAMEO on his forthcoming promotion to Lt. Colonel. Along with the promotion he managed to get a jammy posting to CFB

Edmonton. Some people get all the breaks. (Somebody told me, "you make your own". There may be something to it!)

I would suggest an auction sale on all his deep sea fishing equipment. Its a long way between fishing holes around Edmonton.

This week I will disregard the regular taboo on subjects, of Politics Sex and Religion, and relate a personal experience that may or may not be of interest to anyone that reads this column.

On my way home from work last week I tuned in my radio on the local triangle station and heard an interview regarding a meeting to be held at Vanier High that evening.

The interview aroused my curiosity so I went down to see what it was all about.

There were approximately 50 people of all ages, but mostly of the younger generation. At the meeting which was very informally conducted by three young men, a film was shown on the international BAH'AL faith movement, on world unity and the Brotherhood of man. What impressed me most was the sincerity of the beliefs of the people involved. As an outsider I found the informal discussion interesting. I think sincerity in any human relations is a key factor whether it be personal, national or international. Of course, the next morning I told the boys in the shop about the meeting. Their reaction was interesting as I had expected. Now instead of the usual, "Good Morning Warrant" I get "HALLELUYAH BROTHER". We extend our deepest sympathy to Pte. James Madden and his wife Sue on the unfortunate accident that befell them on the weekend. We wish them both a speedy recovery.

## Cpl Jack Martin In Speech Contest

The Forbidden Plateau Toastmasters Club held a speech contest at a recent meeting to select a representative for the area speech contest. The winner was Roger Cleverly of Courtenay. His speech dealt with the word "Cool" and its many meanings. Roger will compete in the Vancouver Island "Speak-off" which will be held in Parksville, March 27.

Other participants in the club's contest were: Jack Martin of CFB Comox, Hartley Rollins of Comox and Bill Hart of Royston. All are members of the Forbidden Plateau Toastmasters Club.

Membership in the club is comprised of Comox Valley and Campbell River residents. Five active members are from CFB Comox and the club takes this opportunity to extend an invitation to anyone that is interested in joining. Feel free to call Jack Martin at local 399 for further information.

Toastmasters International is a non-profit, non-partisan, non-sectarian, educational organization that provides its members with a program in communication and leadership development.

The club meets each Thursday at 6:30 p.m., at the G.P. Vanier High School cafeteria.

## Northward Ho the Airborne

EDMONTON (CFP) — "Always ready to move" is a slogan which could apply to the Canadian Airborne Regiment.

To maintain a constant state of complete readiness the Regiment is once again dispatching troops to train in the north country.

On March 18 a 100-man company of 2 Airborne Commando from Edmonton flew to Churchill, Man., to participate in Exercise "New Viking".

At Churchill the company, commanded by Captain Lew Evans of Belleville, Ont., familiarized itself with the problems of living, moving and fighting in the Canadian North.

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  - (7) Wallaby Style Suede Oxfords with foam soles. Sizes 5 to 10. Beige or river bed. **\$8.95**
  - (8) Leather Joggers, foam sole. Children's sizes 11 to 13. **\$6.95**
  - (9) Long Fringe Buckskin Boots. Ladies' and Men's sizes. **\$13.95**
  - (10) Red Carpet Shoes. Good fitting, long wearing in smart new patterns. **\$21.95**

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## YOUR VIEWS ON UNIONS QUESTIONNAIRE

Editor, Totem Times:

I think that a servicemen's union would be the greatest thing since sliced bread because:

I think that a servicemen's union would be the greatest military disaster since the Charge of the Light Brigade because:

I think that a servicemen's union should be allowed to negotiate pay matters because:

I do not think that a servicemen's union should be allowed to negotiate pay matters because:

I think that a servicemen's union should have a voice in career matters because:

I do not think that a servicemen's union should have a voice in career matters because:

I think that a servicemen's union should be allowed to negotiate working conditions because:

I do not think that a servicemen's union should be allowed to negotiate working conditions because:

I would like to see a servicemen's union. Yes ( ) No ( )  
I would join a servicemen's union. Yes ( ) No ( )  
I would pay union dues. Yes ( ) No ( )

Additional remarks

The printing of this questionnaire does not imply in any way that the Totem Times is necessarily advocating the formation of a union for servicemen. Nor does it necessarily imply any such advocacy on the part of the base hierarchy. All we're looking for is opinion and, hopefully, some well written submissions that can be printed in subsequent issues, thereby saving the editorial staff the onerous task of setting up their own straw men to bash away at.

## Help ADC Celebrate 20

In June, Air Defence Command will be 20 years old, and the Command is, possibly in fear of not making it to 25, planning a big birthday celebration.

Are you one of those who were serving in the command 20 years ago? Or did you get your commission or join the air force, whatever that is, in June, 1951? Or were you born in June 1951?

If you were serving in ADC when it was formed, or if you joined the service, got your commission, or were born in 1951, and you are currently serving in the ADC portion of Comox, contact the Base PIO at local 409 for further information on how you may be able to serve as one of the candles on ADC's twentieth birthday cake.

## Uplands Grabs Rec Trophy

Canadian Forces Base Uplands, Ont., is the 1969-70 winner of the Mynarski Memorial Trophy for its youth recreation program.

Honourable mention goes to Canadian Forces Bases Cornwallis and Greenwood, N.S., and Canadian Forces Station Moisie, Que.

Established in 1958, the trophy is awarded annually to the base or station whose married quarters community council most effectively uses its resources to develop a recreation program suited to the needs of its youth.

At Uplands, 4,975 children and youths participated in a year-round variety of organized programs including baseball, swimming, football, tennis, soccer, basketball, bowling, badminton, volleyball, squash, track and field, golf, curling, boating, judo, skiing, hockey, figure skating, softball, tap dancing and ballet.

Cultural and special events included organized scout, cub, guide and brownie packs, air rangers and venturers. School patrols were in effect throughout the school year while instructional classes were available for fire-prevention and babysitting.

The trophy perpetuates the memory of Pilot Officer Andrew C. Mynarski, Winnipeg, whose heroism earned him a Victoria Cross in 1944 when, as a mid-upper gunner in an RCAF Lancaster bomber, he attempted to save the life of a fellow crewman when their aircraft was about to crash during a bombing raid over France.

Donated by the four Polish Wings of the Royal Canadian Air Force Association, 310 Wilno Wing, 430 Warsaw Wing, 431 Krakow Wing and 436 Mynarski VC Wing, the trophy is open for competition by all Canadian Forces bases or stations with married quarters.

The competition covers the "recreation year" October 1 to September 30.

## Overseas Flight Schedules

(Continued from page 1)

leave Edmonton 1500, arrive Winnipeg 1720, depart 1800; arrive Trenton 2110, depart 1930; arrive Lahr 0800, SF 408, operating Tuesdays and Saturdays, leaves Lahr 1100, arrives Trenton 0200, departs 1600; arrives Winnipeg 1950,

departs 2035; arrives Edmonton 2320.

Operating Mondays and Saturdays, beginning April 3, SF 409 leaves Ottawa 2030, arrives Lahr 0900 and SF 410, operating Tuesdays and Saturdays, leaves Lahr 1300 and arrives Ottawa 0400.

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## 65 or over?

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If you received a supplement in 1970... you may qualify for increased payments after April 1st, 1971. At that time, the maximum combined Old Age Security pension and Guaranteed Income Supplement will be raised to \$135.00 a month for a single person or a married person whose husband or wife is not a pensioner, and to \$255.00 a month for a married couple who are both pensioners (\$127.50 each).

You have already received an information booklet and an application form for the supplement. If you think you are eligible, and have not already completed and mailed the application form, you should do so now. The increased Guaranteed Income Supplement is not sent to you automatically. You must apply for it each year. For further information or assistance in determining whether you are eligible for an increased supplement, write the regional Old Age Security office at the address shown below:

Your regional Old Age Security office is:

1230 Government St.  
Victoria, British Columbia  
Phone (604) 388-3631

If you did not receive a supplement in 1970... you may now qualify for one as of April 1st, 1971, because the amount of income you are allowed has been adjusted upwards. Nearly 300,000 more Canadians will benefit from this change. The new maximum Old Age Security pension and Guaranteed Income Supplement will be \$135.00 a month for a single person and \$255.00 a month for a married couple who are both pensioners (\$127.50 each).

ment is not sent to you automatically. You must apply for it each year. For further information or assistance in determining whether you are eligible for an increased supplement, write the regional Old Age Security office at the address shown below:

ISSUED BY THE DEPARTMENT OF NATIONAL HEALTH AND WELFARE  
THE HONOURABLE JOHN MUNRO, MINISTER



## UNISKINS by mac

SAY MASTER CORPORAL PUFFING PERCH, MAY I TAKE NEXT WEDNESDAY OFF SO THAT I MAY CELEBRATE THE FEAST OF ST. PATRICK?

CERTAINLY, CORPORAL GUZZLING GROUSE YOU WERE KIND TO ME LAST MONTH WHEN YOU WERE MASTER CORPORAL. YOU GAVE ME A DAY OFF ON FEAST OF SAINT VALENTINES SO THAT I COULD CHASE SQUAW'S



## DEMON DOINS

One of the main problems with a newspaper that is published bi-monthly is the fact that the sometimes two week old news is not really news to anyone. But for those of you who do not subscribe to the Del Norte Tri-Weekly, a local newspaper from Crescent City, California, I will relate in part a story that made its published pages.

The headline read: "Foreign Armed Services Plane Lands At Airport". The story arose when Captain Bill Holland and Crew 4 were forced to divert to the Crescent City Aerodrome while flying from Comox to Moffett Field, San Francisco. After conducting a training exercise with the Rainbow, the west coast-based Canadian submarine Argus 718 proceeded southward to recover in Moffett. The aircraft developed a runaway propeller which dictated a landing at the nearest airport. And so it was that the "foreign" plane invaded the otherwise quiet resort town of Crescent City.

Crescent City lies just south of the California border and on the coast. The local residents treated the visiting Canucks in a very friendly manner. The crew was taken on a tour of the Redwood National Park and the Under Sea Gardens.

A spare engine was flown down to the stranded crew and they returned to Comox in time for some of them to depart to Hawaii on Saturday, March 20.

An interesting sidelight to the story is the fact that on Monday, March 15, Argus 10718 had just flown its 10,000th hour. It went airborne on Tuesday, March 16,

and had the emergency described above.

On Friday, April 2, 407 Squadron will hold a Family Day. Late last summer the Squadron held a similar day which proved very successful despite the inclement weather that prevailed. It is hoped that the sun will shine this year, but certainly the snowfall that hit the valley on Monday is not the most encouraging thing. As happened last year, a general briefing is planned following which there will be tours through Squadron facilities and familiarity flights for the wives of the Officers and men of 407.

Lt. Jim Millar will depart the Demon Den in May and head east to Greenwood, N.S. Jim will be joining 449 (VP) Squadron, the Maritime Command (VP) Training Squadron. With all the recent postings to 449 Sqn. it seems that someone is coordinating a 407 Sqn. reunion in Greenwood.

Welcome aboard to Sergeant Cope, a recent arrival to the Observer strength on 407. Sgt. Cope joins us from the Maritime Operational Training Course held in Greenwood.

The Squadron is back in the control (?) of the senior officers this week. The course in San Diego is over and the Hawaii VP International trip has returned. Apparently only a minor earthquake, 3.7 on the Richter Scale, was felt while the VP International crew was in Burbank, California last week. There is a small question of cause and effect in the case of that quake!



Captain George Kulka, the first commanding officer of Maritime Command's detachment in Frobisher Bay, N.W.T., is now on the other end of the team. He's a duty officer in the command's operations room in Halifax, N.S., and assists in directing the activities of the detachment. To remind him of his tour at Frobisher, the duty chef in the Halifax wardroom cooked up this juicy cornish game wren for lunch one day, which was a neat surprise for Captain Kulka, who is now trying to get the blubber stains off his desk top. (Canadian Forces photo)

## Bomarc Base Sends Clothes To N.W.T. Indians

LA MACAZA (CFP) - When it comes to helping the other fellow service personnel and their families take a back seat to nobody.

As an example take servicemen and their dependants at CFB La Macaza. At present everyone attached to the base is wrapped up in a clothing drive organized to help Dogrib Indians near Yellowknife, N.W.T.

Households are being canvassed for surplus sweaters and other garments for the adults. A collection taken recently at an ecumenical church service commemorating the birthday of Lord Baden-Powell, founder of the scout movement, will buy pyjamas and underclothing for the Indian children.

Lt.-Col. Rene Banville, Commanding Officer at the base, gives his full support for projects of this nature. He, along with his wife Carmel, are among the most active in any worthwhile cause. Another very enthusiastic worker is Mrs. Mary Cardinal, wife of a fireman on the base. Mrs. Cardinal leads the cubs and brownies on the base, who along with the boy scouts and girl guides, work together in many successful endeavors.

The drive to help the Dogrib Indians was first organized by Fred Thompson, 117 miles away in Ottawa.

## REPAIR

Once again, words of wisdom, or otherwise, from the depths of Repair.

Another St. Patrick's Day has come and gone with everyone, almost, wearing the green. Our Paddy Omatsu is still giggling and saying to himself, "I fooled them again by wearing my shamrock."

Our "Kee" man has traded cars and has been heard expounding on the swindle he pulled off. We really don't know who did get the best of the deal since we encountered a used car salesman laughing it up on the way to the bank singing, "Lemon Tree".

Clyde Levy lucked in recently when he won \$500 in cold cash. We would like to take this opportunity to thank him in advance for setting them up: even if he really shouldn't, it's O.K. by us.

"Carragher's Marauders" made a quick trip to sunny California where they spent a couple of days on a rescue mission for one of our sick birds. It seems that, after all our bragging in the last issue, the 10,000 hours finally caught up with "Old Eighteen." Guess we should brag about them collectively rather than individually.

Speaking of sick birds, rumor has it that 409 Sqn. bought some used Voodoos from Honest Uncle Sam and now find that they have some lemons in the bunch. It seems that either that little old lady from Pasadena flew Hell out of them on her way to church on Sundays or they were incapable of digesting the huge chunks of pollution that crept into their intakes. It has been suggested to Lt. Ravenda that a new 409 crest featuring a parrot chained to a perch with the caption "ALL TALK NO FLY" be substituted for the present Night Hawk.

Apart from the fact that spring has arrived officially, it is readily apparent as witness the emergence of the engine bay boys from their hibernation as they make the odd sortie about the premises and Lowell Thomas is contemplating removal of his five layered jacket.

Our "Captain" of the ship is finally wearing his new greenies and is currently on the scrounge for batteries for his braid.

Reports have it that "Rembrandt" Martin was demonstrating the do's and don'ts to his OJT helper when the spray gun somehow shot him in the face. If you see "dayglow" peepers walking by, that's our bright eyes.

Bill Baker has replied to our last issue comments regarding his little brown house. Eat your hearts out, says he, but I have the world's biggest sandbox and fish pond at my doorstep. Our reply, "So what?"

And yet another backfire from the last column. Our "no sweat" mini warrant has finally suc-

## 407Tech Ramblings

cumbed to the pressures of assuming the additional duties of our lone warrant officer who is currently basking in the sun (?). Very convenient catching the flu to get a day off.

### CAMERA BASHER'S CORNER

There's something about either the area or Section that gets to our new Photographers. Randy Howell has been at Comox for 6 weeks and now he, too, is heading down the aisle and we didn't even have time to give him any of the advice that he needs so badly. Randy imported a girl from Manitoba, Sharon Lelond, who says it was the Prairie winter which helped her make up her mind.

The Section is a lot quieter these days with Ernie Rooke away on T. D. Dick Shaw is back from Greenwood and says he hopes to stay for a while. One important thing he learned on course is that B. C. beer cases are better made than those in N.S. He has a broken handle and a thirst to prove it.

Bob and Lorna Maier are alternating their time between packing and studying European travel folders. They leave on the 17th for a tour at 4 Wing. Anyone interested in buying a slightly used Pontiac, drop around and see Bob. The car is in beautiful shape, was formerly owned by a blind padre and was only driven back and forth to church on Sundays.

Anyone with a spare Beginner's Cook Book would give Denny Denton's kids a real break if they would drop it off at the house. Denny is double-banking at home while his wife, Nina, is having a holiday in St. Joe's.

It's nice to see a bit of this 100 at 111 weather again. Already Chico is worrying about the drought!

### TORP TOPICS

With everyone trying to clean up their remaining 1970/71 leave, a large portion of our strength, in the persons of Cpl's Tom Moar, John Chequis, Dennis Wickham and Fred Neild, are doing just that. Fred and Kelly Neild are also the proud parents of a bouncing baby boy and, to them, our sincere congratulations.

What with so many choice morsels of venison wandering about in the vicinity of the Q.R.A., the section hunting fraternity is suffering from some bad cases of itchy trigger fingers; however, they would be well advised to keep their hands in their pockets since the penalty for shooting one on the base is death or something nearly as drastic.

Four nought seven's Capt. Peigl, WO Hansen, and Sgt. McNaughton have returned from an interesting T. D. trip to the Torpedo Station at Keyport,

## Choppers Aid Blizzard Victims

OTTAWA (CFP) - Taxpayers often express curiosity as to where the defence portion of their tax dollar goes. 450 Helicopter Squadron based at CFB Uplands has a proud record of achievement to demonstrate to the taxpayer what the armed forces can do.

450 Helicopter Squadron is a heavy helicopter squadron flying CH113A Voyagers. It is involved in the support of ground troops, search and rescue, and aid to the civil power. In addition, it has been called upon to transport members of the Royal Family and government officials.

The recent snowstorm in Montreal which disrupted so many aspects of normal life is a good illustration of 450 Squadron's effectiveness. An expectant mother was flown from the small village of St. Hyacinthe to have her baby. A man in urgent need of a blood transfusion was conveyed from La Presentation to Sorel hospital. A woman stranded in a farmhouse in Howitz was given drugs needed to stave off blindness.

Although the St. Hubert detachment has been based at CFB Uplands since June 1970, the Squadron composition remains the same with six Voyagers at Uplands and four at Namao. With 74 all ranks the Uplands squadron is a working example

of the benefits of an integrated force. Of the 21 pilots on strength, eight are former army pilots, one navy and the remainder air force.

The CH113A is a twin-turbine powered tandem-rotor helicopter equipped for carrying troops, litter patients, vehicles or cargo. It is powered by two General Electric turbine-engines, each developing 1400 horse power. It can carry 25 fully-equipped troops, 15 litter patients, or 5,000 pounds of cargo over a distance of 200 miles at speeds up to 150 mph. A water-tight hull gives it an amphibious capability, and it can be operated by day or night.

## DND Hikes Trailer Pad Rents 150%

OTTAWA (CFP) - Trailer occupants on DND property will pay an additional \$6 per month starting April 1.

Trailer pads now cost \$4 monthly exclusive of services but will rise to \$10 next month. Charges for electricity and other services will remain as outlined in Canforgen 221 dated 071234Z Oct. 70.

Increased rates are intended to more-closely equalize the serviceman's charges with his civilian environment.

## NEW APPOINTMENT

### COMOX MOVING & STORAGE

Agents for North American Van Lines.

1/4 mile from C.F.B. Comox Base on Ryan Road has been purchased by

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The new manager is Mr. W. C. (Bill) Di-Castri with 15 years past experience in various phases of the moving industry.

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You are invited to inspect storage facilities and discuss long term storage prior to selecting your local mover which is still your privilege.

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1958 BUICK 4 door, power equipped. Excellent transportation. Good rubber.	\$450
1964 DODGE 4 dr., h/top, power equipped. New condition. ONLY	\$895
1963 MERCURY 2 door sedan. ONLY	\$495
1964 FORD CONVERTIBLE. Real clean.	\$1095
1963 PONTIAC 6 cyl., auto. Clean.	\$550
1956 INTERNATIONAL Pick up.	Offers up.
1965 METEOR 2 dr. h/top. All power equipped. Real good	\$1295
1966 VAUXHALL VICTOR 4 dr. Vagon. Absolutely new condition.	\$1295
1966 PONTIAC 4 dr., V-8. Power equipped. New condition.	\$1495
1962 CHRYSLER 4 dr., V-8. Power equipped.	\$1300
1967 CHEVROLET Long wide side pick up with canopy top. Like new	\$1650
1957 PONTIAC 4 dr., V-8, P.B., auto. One owner. Sold by us new.	\$450
1957 GMC 3 Ton. cab on chassis. 5 speed main, 2 speed rear. Clean.	\$550
1963 CHEVROLET h/top, V-8, automatic.	\$450

## WANTED:

Donations of used furniture, appliances and miscellaneous items are solicited for an "Old Time Farm Auction" which will be held on Saturday, 29 May. To arrange for pick-up of items phone Will Elder at 338-8493 or Chuck Slemmon at 334-3971. All proceeds of this sale will go to the Museum Building Fund.

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339-2717

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## EDITORIAL

## Today's New Look

The changes announced today in Canada's defence forces will have far-reaching implications indeed. The idea of creating a separate navy, army and air force is a novel one, and it will be interesting to see if it will work. Those who have spent their careers developing a loyalty to a uniform will be unhappy about the change, and it will be some time before their loyalty to their new service can be counted upon.

As if the organizational change weren't enough, servicemen will be asked to change their uniforms. The navy, apparently, will be attired in dark or navy blue, the army in khaki, and the air force in a light blue uniform that for lack of a better term could be called airforce blue. Although the factories are already tooled up to make them, it will be some time before the new uniforms replace the rifle greens in the affection of Canadian servicemen.

But pomp and pageantry are not the reasons for the existence of military services. The services have combat roles to fulfill and they must have first class material to help them fill them. The announcement that the air force, which is apparently the air element of uniform under another name, will have 200 Phantoms will truly please the aircrew. So will the announcement that the Orion is expected to go into squadron service later this month. Transport Command is reportedly speechless with joy over the coming

acquisitions of twelve OC5As, which will enhance their airlift capability to a great extent.

Not all the money went into the air works. For the army, the department has announced the purchase of several hundred new tanks, complete with white sidewall tracks, power-steering and power antennae. Each soldier will be issued with one sports model armoured personnel carrier, for carrying armoured personnel, who, it is rumored, went out of service at about the time of King Arthur.

Similar presents await the navy. Two new aircraft carriers, a few airplanes to land on them, some destroyers, a few submarines, and a return of the rum ration all combine to get the admirals giggling hysterically, once they get over not being generals any more.

The new look does not forget personnel benefits. Wage increases of up to 85 percent for corporals and 84 percent for all other ranks should do much to ease the grumbling brought about by today's reorganization. Increased pension, reduced PMQ rents, and more wide-spread promotions will have most servicemen so happy that they won't notice that their beloved uniform is no more.

When questioned about the reasons behind the move, a defence department spokesman said, "Aw, shucks, it was nothing. We do this every April Fool's day."

## The No-Fail Fitness Test

'Tis the first of April, and once again we embark upon another period of physical fitness testing. Or, if you prefer to look at it another way, we have just concluded a period of physical fitness testing. Whichever way you look at it, it isn't much.

The test involves a two-mile walk, and a certain number of repetitions of one of assorted other exercises. The number of repetitions and the time available for the walk vary with one's age, and the type of pass that one is striving for. If one is rather elderly, one can stumble around the two miles in a time reserved for the average snail, and still pass. The only virtue of this test is that it is about the only one the service has yet devised that could be taken by a deconditioned person without causing a heart attack, or at most, just causing a small one.

Yet we sail along, secure in the knowledge that by passing the test we have shown "them", whoever they might be, that we are physically fit. The results of the tests are duly recorded on cards, and the numbers of cards are tallied, and the managers who

can point to a 75 per cent pass rate among their serfs are deemed to have accomplished wondrous deeds. Others are consigned to the promotional ash-can, along with their unwilling friends.

But does the 75 per cent passing standard show that people are indeed fit? In no way. And a twice-a-year appearance to take a test which measures little in the way of physical fitness is no demonstration of anything.

If the objective is to further the health and fitness of servicemen, it is not being met. If the objective is to demonstrate how well we can set up a meaningful physical fitness program, that is not being met either, so the test becomes meaningless, regardless of how many people paddle around the track.

If a high standard of physical fitness is indeed desirable, then we should develop a program that will enable everyone to achieve that standard, and devise a test that will measure it.

If it isn't all that important, then we should scrap the present test and forget about it.

## Liquor, Tobacco Ads Banned. What Next?

Tobacco and liquor prices are forecast to be lower as a result of the move by the B. C. government to ban all tobacco and liquor advertising in the province. At least this forecast is made by the more idealistic members of our society, who feel that if the average stogie manufacturer does not have to spend half a million dollars annually telling people how good his gaspers are, he will be able to lower his prices and create even more business for the lung surgeons, who already owe much to the tobacco industry.

Similar forecasts are made for the booze business, which will no longer have to pay for expensive multi-coloured ads in B. C. - produced magazines. That is if there are still any B. C. magazines after they have been deprived of this advertising revenue. Liquor prices, it is reasoned, should come tumbling down, and people will be able to live in a rose-coloured haze forever.

Well, will it happen? Most spokesmen for the industries do not feel that it will. The tobacco people mumble something about growing expenses, and the liquor people mutter something about declining sales. Both groups are pessimistic about any reduction in price for their products.

What then will be the benefit? About the only good that will come of it is that there will be some reduction in the number of inane sales messages with which the average consumer is bombarded daily. The beneficial effects of this should not be discounted. As it stands now, the consumer is hit with one sales message after another, whether it is on TV, radio, newspapers, billboards or magazines. A little less of the

hysterical clamour that pervades our daily life would indeed be welcome.

But one can't help wondering if such a ban is the thin edge of the censorship wedge.

Today, liquor and tobacco are deemed harmful to the health. Tomorrow it may be automobiles that are deemed to be the greatest of all possible scourges, and automobile advertising could well be summarily banned. After all, a great many people die each year in car crashes, and thousands more are maimed. The automobile is easily as great a health hazard as the common cigarette.

From there, it is but a short step to eliminating advertising for other health hazards. Coffee, for example, affects some people adversely, so an anti-coffee advertising lobby is not inconceivable. And so it goes.

But the cessation of advertising for all products that are deemed hazardous would have effects far beyond those imposed upon the manufacturer of the hazardous products.

The newspapers, radio and TV stations, magazines and others who depend upon advertising revenue to enable them to carry out their tasks of providing news to the public would face economic strangulation. Deprived of their advertising dollars, they might fade into insignificance. Where then, would the people get the news?

Advertising control exercised in this fashion comes perilously close to thought control. Telling a newspaper what ads it can print is not far removed from telling it what news it can print.

And such a thing would be as great an evil as those currently blamed upon the tobacco and liquor industries.

## Air Anyone?

Smoking, someone once said, can be hazardous to your health. Because of this, some people don't smoke. At least, they don't smoke first-hand. But often they are compelled to smoke second-hand.

For example, attend a meeting in a small office. If there are five or six people present, at least one of them will be a smoker and he will exercise his freedom to smoke by applying a match to his cigarette, pipe, cigar, chunk of tarred rope or whatever turns him on, and puff blissfully away. Because the meeting, the office and the door are closed, so will everyone else.

Similarly in a car, as some TV commercials have lately been pointing out. It's a free country and smokers are free to smoke where they wish, assuming they are away from dynamite plants, oil refineries or hydrogen tanks.

But what about the rights of those who don't smoke? What happens to them. Should a person's right to succumb to emphysema supersede some one else's right not to be afflicted with emphysema?

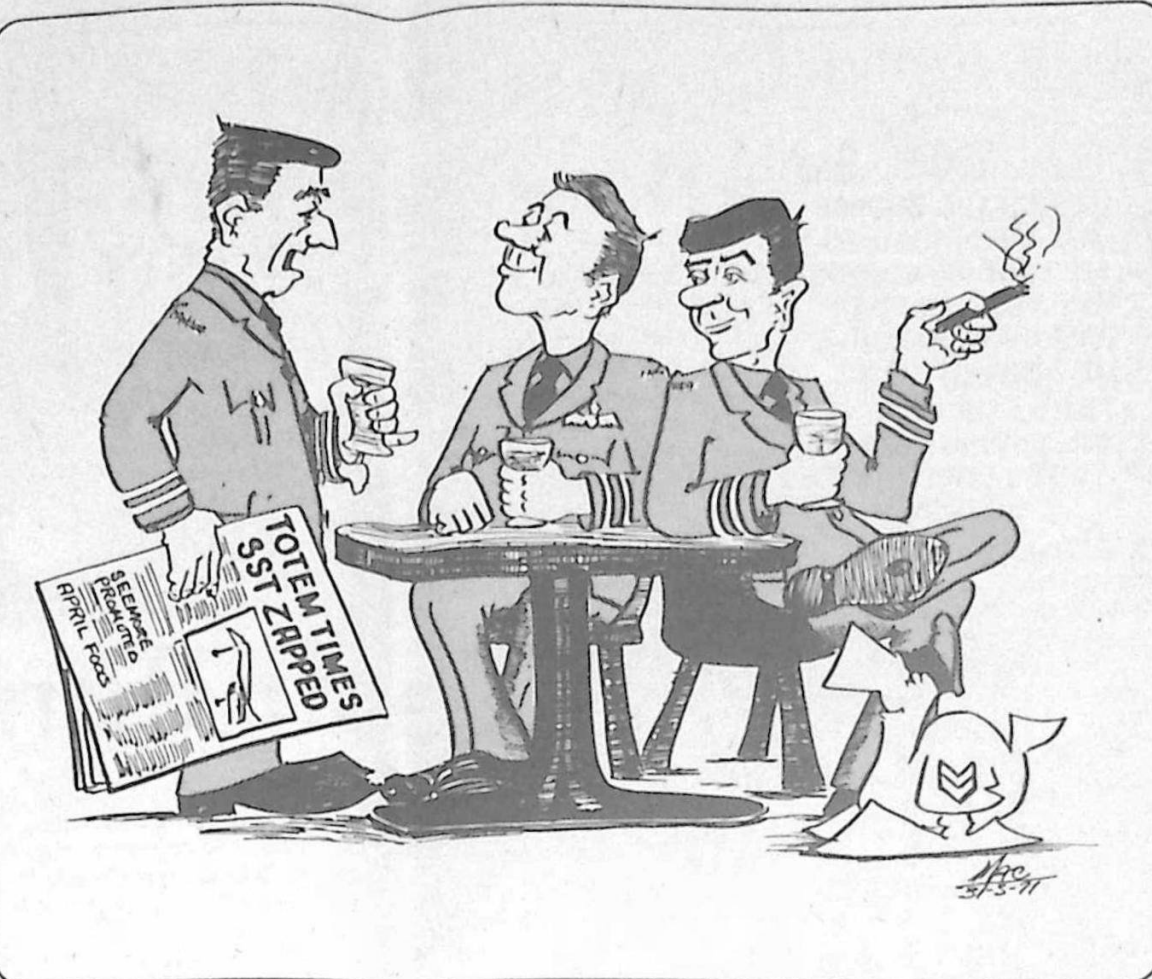
In the great outdoors, smokers are tolerable, apart from the forest fires they cause. It is when they are indoors that they create a problem. Their smoke permeates clothing, furniture, drapes and lungs.

Is there a solution? Because some people are tremendously dependent on smoking, a rule which would deprive them of their nicotine-filled pacifiers would be absolutely unenforceable, as well as undesirable. Some method though, should be found to prevent them ruining other people's enjoyment of life.

Special, hermetically-sealed smoking rooms could be set aside to accommodate those who must befall the air. Coffee and other suitable beverages could be piped in to make life in the smoking rooms tolerable and the smokers could smoke all they wished without asphyxiating anyone else.

Aircraft present special problems. Weight considerations preclude the construction of special rooms, but there is a solution. There are two sides to every airplane, and smokers could have one side and non-smokers the other. The side the non-smokers would get, of course, would be the inside.

Smokers have a right to smoke, although the way this government is going, that right might well be in jeopardy. Non-smokers have a right to breathe what passes for pure air. Can some way out of this conflict be found. We'll have to ask the pollution control board. But then, they're probably all smokers...



You Air Element types look pretty smug now that your fighters are still faster than the Airliners. The ones you still have flying anyway.

## Letters to the Editor

## Really Gone Goose

Dear Sir:  
Ex "Gooseites" take note. Things have changed in the Goose. Remember the good old days when it was a good place to live and thought to be a good place to go back to.

Well, rents have gone up, northern allowance down, CANEX is high, medical coverage for dependants is outrageous (USAF doctor visit \$12.00 if youngster goes to a different one than you then \$12.00 apiece, if you get covered by Newfie medical then after many months and forms you might get \$8.50 back) and of course dependants pay the normal fee for dental treatment from RCADC. Housing is something else, apartments which were condemned buildings for years, present condition unbelievable, we luckily were able to have DND take over the PMQ's which were and are still in the worst condition. Bus service is nil, no car then start walking.

We in the service have sometimes been called second class citizens, well here in the Goose we are third class citizens in the military community. What little we have is the most expensive.

Mr. Editor, take this letter as a public service, things are not as before in the Goose.

"Disgruntled Gooseite"

Will Pay For Vandals

Dear Sir:

In the last two months I have had two tires on my car and one tire on my boat trailer slashed and completely ruined. Total cost of replacing these items came to \$120. Even for a lucky (?) payed seven type \$120 out of the family budget hurts badly.

How could anyone find fun or humour in such a wanton disregard for someone else's personal property?

At first I thought I was being singled out as a target for some unknown reason, but, when I reported the first incident to the Military Police in February I found that I was the 10th person to report tire slashings in two months.

Who shall I point the finger of blame at? Young children, teenagers or a demented grown

up? If it is some deranged adult, surely the police will be able to apprehend him soon as they keep track of these people. If it is a member or members of the younger generation then I can only ask the parents "Do you know what your child is up to tonight?" Perhaps respect for private property should begin at home.

To vent some of my frustration I am offering a reward of \$10.00 (all I can spare after replacing the tires) to anyone giving information leading to the arrest and conviction of any tire slasher in the PMQ area.

If you are a good citizen you will have no qualms about calling the police when you see private property or even Government property being wilfully damaged or abused. If you see or have seen a tire slasher, and can prove it, call me at 339-2938

Deflated

Let a Hundred Flowers Bloom

Dear Sir:

For a B. C. Centennial project, our Base Housing should authorize the construction of window boxes for all of the PMQs.

There are a great many of us who have tried to grow flowers but unfortunately due to dogs, cats and kids, not many survived in the small plots of earth that are in front of our apartments.

If the C. E. could put up window boxes for us, at least they would all be a uniform size and color. Not many wives can talk their husbands into making constructive objects like a window box (you can't fish out of a window box).

I for one would like to have one even if I have to make the window box myself.

Mrs. L. Blakeney

Surviving Sinkees Sought

Dear Sir:

April 29, 1944 is a date that members of HMCS Athabaskan (GO-7)'s crew are not likely to forget for it was on that day that the Athabaskan was sunk in the English Channel.

This year, surviving members of the crew will have the chance to renew old acquaintances at a reunion to be held in Halifax June 25 to 27.

Personnel who served on the Athabaskan from March 1943

## The SST - A Turning Point

The American government has decided against any further participation in Boeing's supersonic transport project, and this decision has virtually killed the airplane. The supersonic transport is finished on this side of the Atlantic, and one suspects that the expensive Anglo-French Concorde will eventually go the same route.

For those who will lose their jobs, the decision to scrap the SST will undoubtedly be painful. Many of them, being extremely skilled people, will be able to find jobs elsewhere, but many of them will face extended periods of unemployment. And this is to be regretted.

Saddening though the decision is in this respect, it is heartening in almost all others. For one thing, it marks a change in the technological philosophy of "We can do it, so we must." This philosophy has been responsible for a great many changes to a world that was not ready for them, just as the world is not ready for the supersonic transport.

Who wants to cut a couple of hours off the London to New York time, anyhow? What possible advantage is there in being able

to make the journey in four hours rather than six? To a body whose circadian rhythm has never adjusted to the subsonic jet, a supersonic jet is that much greater an imposition.

There were other problems as well. Perhaps the most vexing one was the sonic boom associated with supersonic transports. Wherever a supersonic aircraft goes, it trails its shockwave with it. The shockwave, as the Nighthawks know, can break windows, move tall buildings with a single whoomp, and cause more truculent phone calls than the average well-aimed conventional bomb. This factor alone would have limited supersonic flight to overwater areas.

But it wouldn't have been long before airline magnates would notice that their expensive new toys were standing idle for much of the time, because of the limited number of people who were willing to pay a premium fare for the dubious privilege of getting overseas a couple of hours faster than the common herd. They would then begin casting about for those eccentric enough to pay a premium fare to get from Vancouver to Toronto.

until April 1944 are invited to attend.

For further information please contact:

C. Owen Deal,  
President, GO-7 Association,  
S. S. No. 1, Site No. 4,  
Bedford, N. S.  
Telephone 835-5321

Some Are More Average Than Others

Dear Sir:

How interesting it was to read in the Totem Times recently that the rent paid for Military Quarters (PMQs) is fast approaching the national average for housing of this type. It's my understanding that an average figure is usually found somewhere between a high and a low figure. That being the case and if ours is only average, then someone somewhere must have been paying a really high rent for "housing of this type."

I wonder who they are and how much money they make? That's sort of a related question because I was thinking that if this striving to meet national averages is a good thing then there are quite a few other glaring inequities that could be looked at. Just as an example, how come a civilian plumber is required to pay so much more personal income tax than a military plumber? The answer is obvious, the military plumber is just not paying the national average income tax for plumbers. The solution presents itself. Force the military plumber to accept the same salary as his civilian counterpart, and since he is in the military, there isn't a thing he can do about it. Plumbers, of course, includes "gun plumbers."

And how about a look at the national average price of groceries? I don't know for sure whether we are paying as much as the national average for steak (whatever that is) and things or not, but if we aren't then this should definitely be adjusted. Of course, if it happens that we're paying a few pennies more than the national average then this should be considered too. After all, fair is fair.

How does that old saying go - always the fuddle-duddleEE, never the fuddle-duddleOOR?

Jim Donovan

## The Outside World

## Top Priority is a Job

OTTAWA (CFP) -- Approaching retirement in the next twelve months? If you are you have probably started planning now about what is possibly the greatest change in your service career. What are your priorities in planning for this change?

Most of us set up our priorities around the family. We naturally think in terms of buying our last home; the education of our children and possibly a long holiday during rehabilitation leave. The last item on our list with many of us is the question of a job.

Common sense tells us that a job should probably be first on the list but human nature being what it is this often is not the case. The danger is that without an great deal of care a person can get boxed into a very unsatisfactory situation. Here are a few examples of what we mean:

- Servicemen retire from Camp Petawawa every year. Let's face it; for a person living in married quarters the area has a lot of attractive features. The fishing is good and to many it seems like a nice place to live. Land values may seem reasonable and a Veteran Land Act Small Holding may be an attractive proposition. The fly in the ointment is the question of a job.

job. Jobs are limited in this area and for some servicemen jobs for which they are suited simply do not exist.

- A great number of servicemen are attracted to the idea of settling in the town they grew up in 28 years ago. The trouble is during the last twenty years many of the smaller communities in Canada have stagnated in their growth. We only have to think about the way the diesel engine on the railway has changed employment prospects in the West to realize how important growth centres are in our planning. Victoria is full of retired servicemen selling insurance or real estate to each other. (Ed. Note: So is Courtenay).

The answer to this problem is difficult enough without limiting your chances for the right job by choosing only one place to live. We must be flexible in our planning and keep our priorities straight.

Servicemen approaching retirement are invited to participate in the Civilian Employment Assistance Programme as detailed in CFAO 56-20. See your base personnel selection officer or personnel education officer for further details.

## Three For One - Big Deal

Numismatists are the latest group in our burgeoning society to feel the pinch of inflation. Recently the mint offered for sale some B.C. Centennial silver dollars. The more naive of the collectors rushed down to their friendly neighborhood banker and offered to exchange a green paper, sadly deflated dollar for a shiny new silver dollar. Imagine their surprise when they found out that the new silver dollar could only be exchanged for three of the paper ones.

Invest three dollars to get one back. On the face of it, it is a better deal than that offered by some race-tracks, and it is in-

initely better than those offered by the promoters of Canadian Moose-Pasture Ltee., but the spectacle of an inflation-fighting government offering such a three for one deal is a bit unnerving.

But perhaps they are preparing a surprise for us. Perhaps the sale of these coins will be so brisk that all income tax will be cancelled for next year. Or perhaps the government will take the proceeds of the sale and provide all of us with a nice Christmas gift.

Or maybe they will use the money at the Department of Consumer Affairs to tell us not to get taken in on any swindles.

## There are advantages

It is sometimes easy to get the impression that there are no advantages whatever to serving in the Canadian Forces. Career progression is terrible, pay is poor, living conditions are terrible, and so forth. The list of complaints can, and often does, fill, if not the entire editorial page, at least the letters to the editor section of it.

But there is another side to the coin. There are indeed advantages, and one is reminded of them when one reads accounts of labor strife in almost any daily newspaper. Take, for instance, the Vancouver Sun, which this Monday carried an account of the numbers of people being thrown out of work by the book-off of railroad engineers.

A great many people were affected, and by the time this appears in print, many more might be similarly afflicted. There is no work, so the kindly boss, who is paying a ghastly sum per hour for hired help, sends them all home. Their hourly rate decreases immediately to zero, and stays there until the supplies, or whatever the cessation of the railroads has disrupted, return to normal.

This could be several days, or it could be several months. Whatever it is, the kindly boss does not trouble himself to send out a paycheck to workers who, through no fault of their own, are out of work. Many of them get unemployment insurance, which is better than nothing, but it does not make up for the loss of wages.

In contrast, should the kindly boss in this air works run out of things for his people to do - which occasionally happens - he sends them home and the paycheques keep coming. Often, such time off is granted in return for some overtime that has been worked in support of some exercise or other, but the point is, the pay cheque continues.

It is easy indeed to be envious of the high hourly wage rates enjoyed by some of our civilian friends. But a high hourly wage rate is not everything. Often it has been negotiated by a union in full knowledge that the members will spend some of their time not receiving any hourly wage at all.

It is easy to be critical of the force's wage structure, but it should be remembered that very few things stop that paycheck.

Read in the best news in the Canadian Forces

Published on alternate Thursdays, with the kind permission of Col. G. H. Nichols, Base Commander, CFB Comox.

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# FUNGUS FEATURES

by Mac



## From up on my perch

By Seemore

This week I made an emergency trip to the clothing stores to get a replacement draw string for my old kit bag. As I wheeled the family bucket of bolts up to seven hangar I couldn't help but marvel at the astuteness of the military mind that, after several years of chronic parking problems, came up with the idea of enlarging the parking lot in front of the hangar. Not only marvelling at the new road parking area but I was dazzled by my good fortune at finding the entire western side of the new lot empty save for a Military Police Station Wagon. The wagon, incidentally was parked a scant eight feet from a fire hydrant, but I felt confident that there must be a new rule concerning the distance between vehicles and fire hydrants else the MP station wagon would not be parked there.

The parking of MP vehicles is however, no concern of mine and I parked my car just behind the station wagon and went on about my business. You guessed it. Upon my return a zealous M.P. had plastered a ticket on the windshield. Since the lad was still parked in front of me I thought I might as well see why I had been nailed.

For the benefit of those who may be as uninformed as I was, the west side of the parking lot is not a parking lot at all. It is in fact a roadway and as any fool knows there is no parking on a roadway. The dividing line between parking lot and road is yet to come.

Since it was pointless to pursue the argument any further with the ticket issuer since he was only doing his job, I obeyed the summons and went to the guard house forthwith. There I had a choice of accepting four points off my yearly quota or going to court. Since I have never heard of anyone winning their arguments at the court I decided to try to talk the MP Corporal out of the points and into a warning. "There was no sign saying 'NO parking' along the parking lot cum roadway," I parried. "But there is no sign saying you can park there," he countered. "Then why did the Private park the MP station wagon there?" I counter parried. "Security vehicles must be near by at all times," he counter parried. Well he had me there, I didn't realize that the MP station wagon was a security vehicle, I thought they just used that station wagon to go to lunch, Goods and for quick trips through the PMQ area.

"OK you win, take the four points," I left the guard house feeling sad at the loss of the four points but feeling a little more secure in the knowledge that the MPs have their vehicle at the ready to protect us from safe crackers, vandals and delinquent dogs.

Rumour of the week. Canada will take over the SST program. Runner up for rumour of the week. 409 squadron, in its entirety will take the French language course in the next three months.

Mushroomer. Number one hangar is to be converted into a youth hostel this summer.



MAJOR GENERAL A.C. Hull inspects the Merry Mushroom Squadron on the occasion of his annual visit Friday, 19th of March. Tagging along side to keep an eye on things was Major RD Keir, the Parade Commander. This was Major Keir's last official function with 442 Squadron. It was unfortunate that the parade was held during the afternoon as it destroyed all chances for the Major to get away early. (A last Chance Photo)

## It was raining gongs

# ATC Commander Inspects 442 Squadron

The famous mushroom Squadron held one of its rare parades on Friday, 19th of March. The occasion of this gala affair was a visit by the Commander of Air Transport Command, Major General A. C. Hull.

After inspecting the troops Major General Hull awarded Clasp to the CD, CDs and several other awards. Sgt. H. W. Seltzer received the clasp to his CD, while Capt. J. P. Desjardins, Cpls. J. M. Casavant, D. M. Davidson, C. D. Murray and W. A. Smedley were awarded the C.D.

Lt. Col. L. W. Hussey and Sgt. F. C. Sinclair were awarded certificates from the International Committee of the Red Cross in gratitude for their assistance during the Biafran relief mission.

Good Show awards from Flight Comment were awarded to Cpl. W. E. Munden and Pte. D. E. Killens.

In addition to the awards presented the new Commanders Commendations were presented to the crew of the Labrador that rescued the two downed Voodoo aircraft last month. Only three of the members of the crew were available on parade. They were Lt. Farnham and Cpls. Fullbrook and Munden. The other members of the crew Capt. W. Charland and Cpls. R. D. Perrier, L. V. Ervin and K. R. Hogg will receive their commendations later.

In any organization which is noted for its achievements and high standards, recognition and appreciation for these achievements tend to be directed to the unit as a whole. Congratulatory messages and letters normally comment on the overall performance of the unit, while individuals who make a significant contribution are

identified by name infrequently. A notable exception to this has been the "Good Show" awards in the field of Flight Safety.

The Commander Air Transport Command has for some time felt that more needed to be done to recognize outstanding individual contribution, particularly those involved in special operations which brought credit to Air Transport Command. This need was highlighted by Lt. Col. Butchart, C.O. 424 Squadron, when he stated at the conclusion

of the Peruvian disaster relief operation that there were many servicemen on that operation who deserved an award more than he did.

It was therefore decided that until such time as a more formal method of individual recognition for outstanding performance was available, a Commander's Commendation would be given to the success of special operations, such as those that have taken place in Biafra and Peru, or in Search and Rescue.

## SAR Jeune

442 Squadron leapt into action last Monday with their two available aircraft at the moment, a Buffalo and a Labrador and began SAR JEUNE.

The object of the search is a Cessna 180 on floats that was on a projected flight plan from Okeover (just north of Powell River) to Grassy Creek to Topaz and on to Campbell River. The aircraft was last heard of at Grassy Creek.

Search headquarters have been set up in the hangar and Captain Davidson is the Searchmaster.

On board the aircraft were Gordon and Bert Jeune. About 10

a.m. Wednesday morning the body of Gordon Jeune was located on the north shore of West Thurlow Island. The body was picked up by a 442 Squadron Labrador and flown to Campbell River where a positive identification was made. A jacket belonging to Mr. Bert Jeune was found in the water about three miles from where Mr. Gordon Jeune's body was discovered.

The search is being continued today by the Canadian Coast Guard Cutter and the RCMP vessel Masset along with a 442 sqn. Helicopter.



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## ACTION IN THE COMOX VALLEY

By Doris Farmer Tonkin

Know where the action is in the Comox Valley? In the Courtenay and District Historical Society, that's where! Surprised? The concept of an historical society being a clutch of elderly people meeting to discuss the past just doesn't fit this branch.

Sure we are interested in the rich past of our favored area, and we want to preserve the relics of it in a manner which will display them to advantage and reach into the future as a source of enjoyment and information. That's what a museum is all about, and we want a bigger and better one. Hence the action.

So if you want a slice of it, climb on our bandwagon. You'll have fun and help to leave a lasting memorial in the district.

April is sort of preparatory; May is the month that will swing from the very first day. Bill Hembroff will start his Centennial walk on Saturday, May First. If you haven't heard of this, may I say that it is a Centennial Project which has been approved by both the local and provincial Centennial Committees.

Bill intends to hike from Dallas Road, Victoria, to Cape Scott - tip to tip of the Island. The official distance is pegged at 282 miles but he'll likely walk many more.

He hopes to receive pledges based on that mileage and whatever money accrues will go to the Museum Building Fund.

Arrangements have been made to charter a bus - or even two - to take members and interested friends to Victoria to see Bill start his epic trek. A tour of the Provincial Museum will be included. Want to go along for the ride?

The next big event will be the International Smorgasbord held in the Native Sons' Hall, Courtenay on May 9th. Mother's Day.

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What better way to give mother a treat than to take her there for dinner? There will be national dishes from many countries and no restrictions on amounts all for a low price. Colorful costumes, and souvenirs will be in evidence. Any offers to lend such items will be gladly accepted. Also donations of food or help. Tickets are already on sale. This will be the most colorful and pleasurable event planned. Do come.

Those who are about to move house or leave the district, or merely spring clean, will be interested in the Old Time Farm Auction which will be held on May 29th at the farm home of Mr. and Mrs. David Hansen, Headquarters Road. This farm is one of the oldest in the Valley so is a suitable site for this re-enactment of bygone days. Anything and everything will be gratefully accepted, so send

(Continued on Page 8)

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## Chapel Chimes



### R. C. CHAPEL

Father James G. Campbell - Base Chaplain (RC)  
SUNDAY MASSES: 9:30 a.m. and 11:00 a.m. in the Chapel  
WEEKDAY MASSES:

Tuesday 7:30 p.m.  
Wednesday 4:30 p.m.  
Thursday 4:30 p.m.  
Friday 7:30 p.m.  
Saturday 7:00 p.m.

CONFESSION: After Mass on Saturday at 7:00 p.m. and before week-day Masses.

BAPTISM: By appointment, usually the third Sunday of the month.  
CATECHISM CLASSES FOR PRE-SCHOOL AND KINDERGARTEN CHILDREN:

Classes for all children 4 years of age and not yet in Grade I are held on Sundays in the Parish Hall at 11 o'clock. These classes will be discontinued after the 4th of April and will resume in the Fall.

CATECHISM CLASSES: Are held each Wednesday evening from 6:30 to 7:30 p.m. in the PMQ School. This is for Grade I to VIII inclusively.  
CWL: The regular CWL meeting is held the first Tuesday of the month at 8 o'clock in the Parish Hall.

CHAPEL COMMITTEE AND PARISH COUNCIL: Meets the second Wednesday of the month at 1:30 in the Parish Hall.

CHOIR: Practice is held Wednesday evening at 7:30 p.m. following Catechism classes.

#### CONFIRMATION:

It is expected Bishop Spence will be here for Confirmation on the 20th of May. All parents of children being Confirmed or receiving their First Communion are reminded that Baptismal Certificates must be obtained.

#### HOLY WEEK

During Holy Week the Services are as follows:

Holy Thursday - 8 April - 7:30 p.m.

Good Friday - 9 April - 3:00 p.m.

Saturday Vigil - 10 April - 8:00 p.m.

Easter Sunday Masses - 9:30 and 11:00 a.m.

#### CONFESSIONS

Holy Thursday - 8 April 3:00 to 4:00 p.m.

Good Friday - 9 April - 4:00 to 5:30 p.m.

### PROTESTANT CHAPEL

Rev. Wm. Archer - Base Chaplain (P)

PALM SUNDAY - 4 April 71 - Morning Worship at the usual time of 11:00 a.m.

GOOD FRIDAY - 9 April 71 - The Good Friday Service of Meditation and Communion will begin at 11:00 a.m. Everyone is invited to attend.

EASTER SUNDAY - 11 April 71 - Easter Sunday Service will begin sharp at 11:00 a.m. Both Choirs will be present to sing the Easter music.

NURSERY FACILITIES - Nursery facilities are available in the Chapel Office during Sunday Worship Services.

SUNDAY SCHOOL - There will be no Sunday School sessions on either Easter Sunday or the Sunday following.

#### CHAPELAIN'S COMMENTS

The meaning of the Christian Easter is profoundly spiritual, and those who would explain it are dependent upon symbol and metaphor which are always inadequate.

It has become fashionable, for example, in the north temperate zone - where the Church has flourished and Easter coincides with spring - to compare the resurrection to the sprouting of young life from the awakening earth. That is not the meaning of Easter. It is not concerned with the renewal of the earth but the resurrection of the dead.

Sometimes men speak of immortality through their children, the perpetuation of influence or a family name. That may be immortality, but it is not what Christians think about on Easter Sunday morning. To the Christian, "Eternal Life" is a quality or way of life that begins in the here and now. But there's more than that.

That the dead may live again has always been difficult for man to believe. Sometimes even the earnest sons of the Church cry over the darkness of the grave "Is there anybody there?" and hear waves of utter silence.

Science has nothing to say on this matter. Philosophy adds little.

The only reason for believing in personal survival after death is faith in a personal, just and loving God who revealed and reveals himself in Christ.

The Christian Church has always held this faith, but it has often had difficulty articulating and communicating it. In addition to those who cannot believe, there are those who believe too much. They have reduced the great Christian hope to a mechanical system of personal rewards and punishments for the way life is spent on earth.

In its exaggerated form such belief has produced an other-worldliness. Some of the faithful with their eyes fixed steadfastly on heaven, have been tempted to neglect the joys and escape the responsibilities of earth.

Sometimes men who believe blindly in heaven may be selfish and un-Christian. And the man who does not believe in personal immortality may be deeply religious. One thing is certain however, the deep abiding hope in personal life after death may not be divorced from Christianity. Christians may be troubled with doubts, but an essential quality of Christian faith is that physical death is a doorway to fulfillment in an infinitely better life. That is what Easter is about.

## CWL Holds Tea and Bazaar

Tuesday March 16, at the Comox Airport School Auditorium was the scene of the CWL, CFB Comox tea and bazaar. The doors were opened at 7 p.m. by Mrs. Lillian Watkins, convener.

Guests entered the tea area through a St. Patrick's Day theme trellis and the walls and tables were decorated with paper shamrocks.

The door prize for the tea was a hair style donated by Style-Rite Beauty Salon in Lazo. This prize was won by Mrs. Graham of Lazo. The tea was convenered by Mrs. Laura Murray and Mrs. E. Parent. Friends of Mrs. Murray's helped serve the tea.

The "game of chance" was a popular table. Members of the CWL are most grateful to the many merchants of Comox, Courtenay and Lazo for their generous donations to this table. Conveners were Mrs. Joyce Geneau and Mrs. Ida Roque.

The bake table was convenered by Mrs. Mary Dion and the baking was donated by the Ladies of Wallace Gardens.

The sewing table which displayed many types of garments was convenered by Mrs. Pat Harwood and Mrs. Lois Young.

The novelty table had many interesting novelties which were made by Mrs. Pauline Cole and Mrs. Agathe Carrier the conveners.

Mrs. Roberta Strangward was

Continued on Page 8

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RETIRING after more than 12 years of service at CFB Comox, cleaning foreman, Mr. Frank Grant, smiles bravely and says goodbye to all the floors on the Base. At a small gathering of friends in the Social Centre last Friday, Mr. Grant received a gift and a scroll commemorating his service. From left to right are: Mr. Grant, Mr. Jerry Garoz and CWO Cassidy the BWO.

## That's Show Biz

By Nola Wells

Jane Eyre appeared on TV March 24, starring George C. Scott (fresh from Patton) and Suzzannah York. Filmed in Yorkshire England, Director Delbert Mann tried to breathe fresh life into this Charlotte Bronte classic originally filmed in the early forties starring Joan Fontaine and Orson Welles. And surely any improvement from the old Hollywood back-lot version was welcome . . . but never at the expense of the story.

'Jane Eyre' 1971, in my opinion was dull and lifeless, and certainly not worth booking into theatres across the country, let alone TV. Every film must have certain highlights . . . plateaus of excitement which enable the viewer to stay interested and Charlotte Bronte originally wrote this classic with many such highlights. But they seemed to be played down in this modern version until they resembled only molehills.

First there was the love story itself between Jane Eyre and Edward Rochester . . . no similarity perhaps to Antony and Cleopatra . . . but certainly more intense than was portrayed by George C. Scott and Suzzannah York. I started to wonder if the problem lay with the director's interpretation of the story or the two performers themselves, because there was no little fire to this supposed romance, and surely it wasn't written in this manner.

Plateau No. 2 also was a disappointment. The way it was played however explains why. Edward Rochester's wife suffered from insanity that was

hereditary, all unknown to him until she turned crazy on their wedding night . . . and for many years she had been hidden away in the attic of his huge mansion. When this story was set, insanity took on enormous fear and horror, which gave the story great excitement and tension. However, in my opinion, the subject of insanity was treated by the Director in the typical accepting manner that hopefully has been achieved in our present time. And with this fact, Plateau No. 2 of 'Jane Eyre' never gripped the viewers like it was written to do, taking away a great deal from the story's value.

Then when they preferred to show more of the English country side cutting out the burning death scene itself, there was no hope at all at saving this originally ex-

citing classic. When a person's heart beat shows no plateaus . . . he is dead . . . and when a film is made to plod along at the same level, it's not worth the price of admission, nor the expense of travelling to England to film it, and certainly not the talents of one George C. Scott.

In April the remake of Emily Bronte's famous 'Wuthering Heights' is scheduled to appear in Courtenay. Again they will try to interest a new generation of viewers, with certain improvements over the original film made in 1939 starring Laurence Olivier and Merle Oberon. Lets just hope that the new 'Heathcliffe' and 'Cathy' won't end up the way 'Jane Eyre' and 'Edward Rochester' did, or my hopes for the new blood in the world of film, will go right out the window.



CHEQUE PRESENTATION - Col. J. I. Davies, Base Commander Canadian Forces Base Toronto, presents a cheque for \$13,220 to Dr. Constance Jackson of the Canadian Council of Churches. With him is Major William Lord, Base Chaplain, Canadian Forces Base Toronto. The money was collected by the Ladies' Guilds of the Canadian Forces Protestant Chapels for use in hospitals in India. (Canadian Forces photo)

## Spring Fashion Show

The Spring Fashion Show put on by the Officers' Wives Club in the Totem Inn Lounge was a very successful venture. The aim of the Club was to raise money for charity in the local area and with an approximate attendance of 300 ladies, a nice contribution will be forwarded to the Salvation Army Welfare Fund.

The models, Judy Richard, Pat Chura, Betty Weston, Arlene Leslie, Jane Telford, Louise Lamoth, Grace Kenkel and Dagmar McReynolds, all members of the Officers' Wives Club, modelled outfits provided

by Miss Frith's of Victoria. In the collection were exciting knits by Joshar, Kaftan capes, hot pants by Algo-ette, gaucho hats, Pantel pant suits, creating the long skinny look, and sleeveless coats worn with blouses and pants, making very contemporary ensembles.

The lovely shoes and handbags worn by the models were very kindly provided by Mr. Albrecht of the Comox Shoes. Hair Styles were by the Dolly Varden Beauty Shoppe, Pianist for the evening was Marion Kriisk. Winner of the hat donated by Miss Frith's was

Mrs. Liz Mycek. Mrs. Lil Perrin donated two dogwood plaques which were won by Robin Rummung. Five St. Patrick's corsages made by Courtenay-Comox Florist were also given away as door prizes.

The executive would like to express their appreciation to Mrs. Ellen Mathews, Notions 'n Things, and Good's Groceteria, for their help in selling tickets for the Fashion Show. A special vote of thanks to Pat Sakamoto and her hard working entertainment committee for an enjoyable and successful evening.

## Forces Laymen Convene

OTTAWA (CFP) - Ten servicemen of the Protestant chapels of CFB Uplands and CFB Rockcliffe were among the forty-four delegates attending the first Armed Forces regional laymen's conference held at North Bay March 6-7th.

The theme speaker was Arnold Edinborough, the well-known writer and newspaper columnist, who is an active layman in the Anglican Church of Canada. Mr. Edinborough said that too often laymen were content to leave their faith at the church and committee room door.

This Christian concern was to be exercised not necessarily in an evangelistic fashion, but placed into daily living. With reference to the conference committee's reports, Cpl. Donald Fleming of CFB Uplands said that their findings were identical to those expressed by laymen in the civilian churches.

Warrant Officer Ray Grant of CFB Rockcliffe said that the laymen wanted a more active role in the governing of each individual Armed Forces congregation, and greater utilization of their services by chaplains to free the latter for their more specialized tasks in the military community.

### GUIDES AND BROWNIES

Mrs. A. B. Jubb, District Commissioner of Guides and Brownies, chaired a recent meeting of auxiliary members from PMQ's and expressed concern about the shortage of leaders and helpers for our Guide Company and Brownie Packs. It was decided that a drive must be started now to resolve this problem.

To bring you up to date, the situation is:

1. The Guide Company presently operating has 34 girls with one leader and two helpers.  
2. The four Brownie Packs involving 82 girls, have one leader per pack and sometimes helpers.

3. Thirty Brownies will "fly up" to Guides in May, necessitating the formation of another Guide Company. If no one comes forward, these girls will be lost to the Guide Movement. The present leaders threaten to resign if more assistance is not forthcoming. This is not a very pretty picture!!!

Your volunteer assistance is desperately needed and we hope to have a favourable report for the Auxiliary meeting, April 20.

Volunteers call Mrs. H. B. Jubb.

This is an urgent request and the future progress of our girls is entirely in your hands.

### CUBS AND SCOUTS

What does your Scout and Cub committees spend for each of the registered Scouts and Cubs this year?

National Registration Fee	\$3.00
Comox Valley District Assessment	\$2.25
Books (Various Types)	\$1.95
Badges and Neckerchiefs	\$3.00
Summer Camp Subsidy	\$3.00
	\$13.20

Before any funds are spent for leader training, new equipment, equipment maintenance, and numerous miscellaneous expenses.

Where does the money come from?

Parents provide a \$5.00 registration fee. The remainder comes from your town council and the proceeds from various projects undertaken by the boys. One of the major sources of revenue comes from the sale of refundable bottles and pop can drives.

## BEEF

Alberta Grain Fed

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Alberta Grain Fed

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Cumb. Leg. 14 4 6 32  
Comox Leg. 13 4 7 30  
BPOE No. 1 12 4 8 28  
Driftwood 10 7 7 27  
Elk Hotel 12 2 10 26  
Totem Inn 10 3 11 23  
Sunnydale 9 2 13 20  
Lorne 6 7 11 19  
Waverley 7 5 12 19  
Islander 7 4 13 18  
BPOE No. 2 6 6 12 18  
Court. Leg. 6 4 14 16  
Cumb. Hotel 15 2 7 32  
Waverley 13 5 6 31  
Totem Inn 12 4 8 28  
DOUBLES W D L Pts  
Sgts Mess. 12 3 9 27  
BPOE No. 1 11 2 11 24  
Cumb. Leg. 11 2 11 24  
Sunnydale 10 4 10 24  
Islander 10 2 12 22  
Comox Leg. 10 2 12 22  
Lorne 9 3 12 21  
Sgts Mess. 7 7 10 21  
BPOE No. 2 7 4 13 18  
Elk Hotel 7 1 16 15

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BPOE No. 1 11 2 11 24  
Cumb. Leg. 11 2 11 24  
Sunnydale 10 4 10 24  
Islander 10 2 12 22  
Comox Leg. 10 2 12 22  
Lorne 9 3 12 21  
Sgts Mess. 7 7 10 21  
BPOE No. 2 7 4 13 18  
Elk Hotel 7 1 16 15

Driftwood 12 3 9 27  
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Islander 10 2 12 22  
Comox Leg. 10 2 12 22  
Lorne 9 3 12 21  
Sgts Mess. 7 7 10 21  
BPOE No. 2 7 4 13 18  
Elk Hotel 7 1 16 15

## INFORMATION PLEASE

Halifax (CFP) - CFB Halifax is instituting a new service to help keep base civilian and military personnel better informed.

Commodore E. S. Baker, base commander, has issued an instruction under the heading of "Information Please" which states that despite the many means of informing personnel of all facets of the operation and administration of the base and lodger units, instances still occur where someone says: "I didn't know."

To help overcome this, Commodore Baker said it was decided to institute an information service to which service and civilian personnel may direct requests for information on any subject. Replies will be provided by Lt. Barney Colvey, base information officer.

If a person gives his name and address, a direct reply will be made. If he or she wishes to remain anonymous, the question and answer will be included in a weekly notice board issue, "Answers to Anonymous Questions."



**RETURNING TO THE** Totem Inn Lounge, Saturday, April 3rd is Peter Marks and the Marksman. A great favorite with the Club, Peter and his group are making their fourth appearance with a range of great music that covers rock, waltzes, rhythm and blues music to suit every taste. Don't miss them.

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Wed. 7-Cribbage tournament, Hosting the Elk Hotel  
Sat. 10-Dance. Doug Baird Orchestra.  
Tues. -Wives' Club Meeting.  
Fri. 16-Retirement Dinner. Dancing to The Carousel.  
Sat. 17-Dance. The Augmented Trio.  
Sat. 24-Dance. The Roy Parker Trio

**BASE  
THEATRE**  
**APRIL**

Fri. 2 Apr. **BUONASERA MRS. CAMPBELL** Gina Lollbrigida Phil Silvers  
Sat. 3 Apr. **CARRY ON DOCTOR** Sidney James Franky Howard Joan Sims  
Sun. 4 Apr. **THE GREAT BANK ROBBERY** Zero Mostel Kim Novak Clint Walker  
Fri. 9 Apr. **CHITTY CHITTY BANG BANG** Dick Van Dyke Sally Ann Howes  
Sat. 10 Apr. **PAINT YOUR WAGON** Lee Marvin Clint Eastwood Jean Seberg  
Sun. 11 Apr. **SATURDAY MATINEES**  
Apr. 3 **AROUND THE WORLD IN A DAZE** 3 Stooges  
Apr. 10 **VALLEY OF GUANGI** James Franciscus

**OFFICER'S MESS  
ENTERTAINMENT**  
**APRIL 1971**  
April 2 - TGIF "Fish and Chips."  
April 3 - April Fools Dance.  
April 4 - Movie - "The Ugly Ones"  
April 5 - Jugs of Beer \$1.00  
April 7 - Jugs of Beer \$1.00  
April 8 - TGIF "German Food"  
April 9 - Good Friday Holiday  
April 11 - Easter Sunday Family Luncheon.  
Movie - "King of Kings"  
April 12 - Jugs of Beer \$1.00. Holiday - Bring a friend.  
April 14 - Jugs of Beer \$1.00  
April 16 - TGIF "Chicken and Chips"  
April 17 - Centennial Party  
April 18 - Movie - "7 Golden Men"  
April 19 - Jugs of Beer \$1.00



**FAREWELL CHIEF:** Prior to leaving C.F.B. Comox, Captain George Palmer was presented with a Certificate of Appreciation by L. Col. Lloyd. The plaque that was presented to the ex Fire Chief and Manager of the Totems Hockey Club reads: "For outstanding and dedicated service on behalf of the Physical Education and Recreation Department." I am sure that all of us wish the "Chief" the very best in his new posting.

Base photo

## SPORTS AROUND THE BASE

By Scoop

**Football Finals**  
The second year in a row Supply Section has come up with the Base Broomball Championship. In the finals they played against 407 Ground and all five games in the series wound up with somebody winning by a score of 1 to 0.

**Public Skating**

If you would like to take the family out for a final skating session I would suggest that you do it real quick like. There will be public skating this Saturday and Sunday from 2 to 3:45 p.m. and then Glacier Gardens will close down for the season.

**Intersection Softball**

It will soon be time for all the sections on the Base to start thinking about whether or not their section is going to have a team in the Intersection Softball League. There will be a meeting of section reps called very shortly so be sure to watch for further announcements.

**Intersection Hockey**

In the Intersection Leagues it was a very good year for the Admin teams. They won the

**Cross Canada, Don't Cross The AMU** (Continued from page 1)

Trenton, would be pretty slim. One could say that in this case, the early bird gets the worm, which doesn't mean that we are casting aspersions on ATC's flight lunches. What it does mean is that the earlier you get your application in, the better chance you have of getting the booking you want.

Do not expect the AMU staff to make the booking for you. Between two weeks and two days prior to flight departure, you must send a message, letter or telegram to the AMU, and they will process it in the order in which it is received. Within 48 hours prior to flight departure, you can go lean on the AMU counter and ask that your name be placed on the waiting list, and staff will be only too pleased to place it there. Before that, however, they cannot, and all the invecive in the world will not change that fact.

Another requirement for priority five travel is a leave pass. In the case of a serviceman travelling by himself or with his dependants, a standard, run-of-the-mill leave pass, approved, recommended and stamped, is all that is required. For dependants travelling without their servicemen, a recommended, approved and stamped leave pass is required, and that leave pass must bear the dependants' names, and the words, "dependants leave pass," on it somewhere. The AMU staff at Comox is adamant about this, if only to prevent Comox passengers from getting bounced elsewhere in the system. You must have a leave pass.

You must also have an acceptable standard of dress covering your spindle-shanked frame. Shirts, ties and jackets are mandatory, along, of course, with pants, hot or cold. Again, there is no point in arguing with the AMU staff about your ascot or your turtle-neck. They do not make the rules. They must, however, enforce them.

The introduction of the new schedule will provide many more opportunities for priority five travel across Canada, opportunities that you can take advantage of. Follow the simple rules outlined in CFAO 20-20 and you can be whisked to your destination in comfort and ease. Forget the rules, and you'll never make it out of the AMU.

Championship in both the "A" and "B" division and in both leagues the other finalist was 442 Squadron. In the "A" league the series went the full five games with Admin coming out on top 3 games to 2. In the "B" league it was a different story as Admin came up with three straight wins.

A wind-up banquet and presentation of awards was held last week, the presentations were made by L. Col. Warren and Major Marcotte the Intersection President. There were awards presented to the Most Valuable Players in each league, leading scorers, best goalie, and most sportsmanlike conduct. The winners were as follows:

"A" League Most Valuable Player - Charlie Putman of Admin

"B" League Most Valuable Player - Jack Mercer of 409 Raiders

"A" League Best Goaltender - Ron O'Neil of 442 Squadron

"B" League Best Goaltender - Andy Hutchison of Tel Air

"A" League Leading Scorer - Ivan Grant of 442 Squadron

"B" League Leading Scorer - John Claremont of Admin

"A" Most Sportsmanlike Conduct - Tim Badour of 442 Squadron

"B" Most Sportsmanlike Conduct - Les Bawn of Admin.

**Minor Hockey Banquet**

This coming Monday night the Comox Valley Minor Hockey Association will hold a Father and Sons Banquet in No. 3 Hangar here at CFB Comox. The festivities will get underway promptly at 6 p.m. so don't be late. It is requested that all the players wear their team sweater. There is no charge for the kids but it will cost Dad \$2.50 if he wishes to attend. The tickets will be on sale at the door. The guest speaker this year will be Babe Pratt of the Vancouver Canucks Hockey Club, I am quite sure that he will have some very interesting stories to tell. Some of the younger players may not

know who Babe Pratt is? He was a star of the National Hockey League not too many years ago, ask your dad and I am sure that he will be able to tell you anything you want to know.

**Mixed Bowling Tournament**

Last weekend there were 16 bowling teams here at CFB Comox competing for the Lorne Hotel Trophy and cash awards. There were only seven teams from the Base entered and this is not too good when you consider the number of teams that we have bowling here. Other teams came from Nanaimo, Parksville, Campbell River, Cumberland and Courtenay.

The winners of the "A" Event and the Lorne Hotel Trophy were Carl O'Hara's team from Parksville as they bowled 3576 in the final series. They defeated the Mixers from CFB Comox as they could only come up with 3499 in the finals. Bowling for the Mixers were Joan Doig, Joan Woodman, Stan Prime, Gerry Delamont and Chuck Stiven. The winners received \$115.00 while the runners-up received \$95.00

In the "B" Event the winners were the Bowes team from Campbell River. They received \$85.00 in prize money. The runners-up were the team of Anne and Bob Smith, Len McCormack and Reina and Jack Ball, they got \$65.00 in prize money.

The men's high single went to Jack Ball with a 420 and he also had the high triple of 930. He received \$15.00 cash and an electric corn popper from Bowes of Campbell River. The ladies high single went to Audrey Malkewich of Campbell River with a 326. She received \$5.00 cash. The ladies high triple went to Laura Webber of the Base with a 767, she got \$10.00 in cash.

There were other prizes presented to the second best scores and they received merchandise donated by Bill Rickson's, Lavers, Fifth Avenue Style Shop and Stedman's.

## Air Kamikazi Changes Buff Skeds on April 25

The changes in the 707 schedule across Canada have resulted in some changes to the coastal service operated by Air Kamikazi. The big white Buffalos that used to take people to Vancouver for a Friday shopping spree will no longer do so. Tuesday will now be the only day on which one can leap aboard a Buffalo in the morning and return in the evening. But there will still be opportunities to go many places, as the following schedule shows.

ARRIVALS				DEPARTURES			
DAY	FLIGHT NO.	A/C TYPE	TIME	FROM	FLIGHT NO.	A/C TYPE	TIME TO
Monday	SF 42	Buffalo	1945	Port Hardy	SF 703	CC 137	1000 VR-ED-WG-OW-TR
	SF 43	Buffalo	2350	Victoria	Sf 42	Buffalo	1745 Port Hardy
Tuesday	SF 702	CC 137	2050	VR-ED-WG-TR-OW-AW	SF 43	Buffalo	2130 Victoria
	SF 90	Hercules	1115	VR-Ed	SF 89	Hercules	1215 Victoria-Vancouver
	SF 40	Buffalo	1015	Victoria-Abbotsford-Vancouver	SF 40	Buffalo	0700 Vancouver-Abbotsford-Vancouver
	SF 41	Buffalo	1800	Victoria-Abbotsford-Vancouver	SF 41	Buffalo	1415 Victoria-Abbotsford-Vancouver
Wednesday	SF 43	Buffalo	2350	Victoria	SF 703	CC 137	1000 VR-ED-WG-OW-TR
Thursday	SF 702	CC 137	2050	VR-ED-WG-OW	Sf 43	Buffalo	2130 Victoria
	NO SCHEDULED DEPARTURES						
Friday	SF 43	Buffalo	2350	Victoria	SF 705	CC 137	1000 VR-ED-WG-TR
	SF 44	Buffalo	0700	Port Hardy	SF 43	Buffalo	2130 Victoria
Saturday	NO SCHEDULED ARRIVALS OR DEPARTURES ON SATURDAY						
	NO SCHEDULED DEPARTURES						
Sunday	SF 702	CC 137	2050	VR-ED-WG-TR-OW-AW	SF 44	Buffalo	0900 Port Hardy

The above schedule will go into effect on April 25, 1971.



## Spotlight On Sports

AVIEMORE, Scotland (CFP) - Canadian Armed Forces curlers have won Scotland's most important annual bonspiel, the Johnnie Walker - sponsored Highland Week of International Curling which ended here on Friday, March 12.

This is the second year in succession that Canadians serving with NATO forces in Europe have won the nine-karat gold plated trophy.

In the final game, Skip Capt. Chet Randall of Fredericton, N.B., defeated another Canadian Forces rink skipped by Captain Jack Dingle of Dawson Creek, B.C. to give the Canadians the 1971 runner-up title as well. Both rinks were all square at 5-5 after 12 ends and an extra end had to be played giving the winners a 6-5 victory.

Capt. Randall is a fighter pilot serving with 421 Strike Attack Squadron. Other members of his foursome were Corporals Jim Ferguson, Welland, Ont., Gary Armitage, Flin Flon, Man., and Ken Hall, Winnipeg and Victoria. All members of the rink are based at Baden Soellingen, W. Germany, with the exception of Hall, a former rink member who

travelled from Comox, B.C. to play with the team.

Thirty two rinks, including seven Canadian Forces entries, took part in the 'spiel. Other entries included rinks from Switzerland, Sweden, Denmark, Germany, Canada, United States, Scotland and England. Convener of the Highland Week of International Curling, Major Allan Cameron, a past president of the Royal Caledonian Curling Club and the international curling federation, said in his speech at the presentation banquet, "In this bonspiel, which I consider to be the greatest competition in curling, the two Canadian rinks who battled out the final game today put on an exhibition rarely seen, even in the world curling championships."

In presenting the gold plate to Capt. Randall, Sir Hugh Ripley, sales director of Walkers praised the fine spirit displayed by the Canadian curlers both on and off the ice that won for them so many friends.

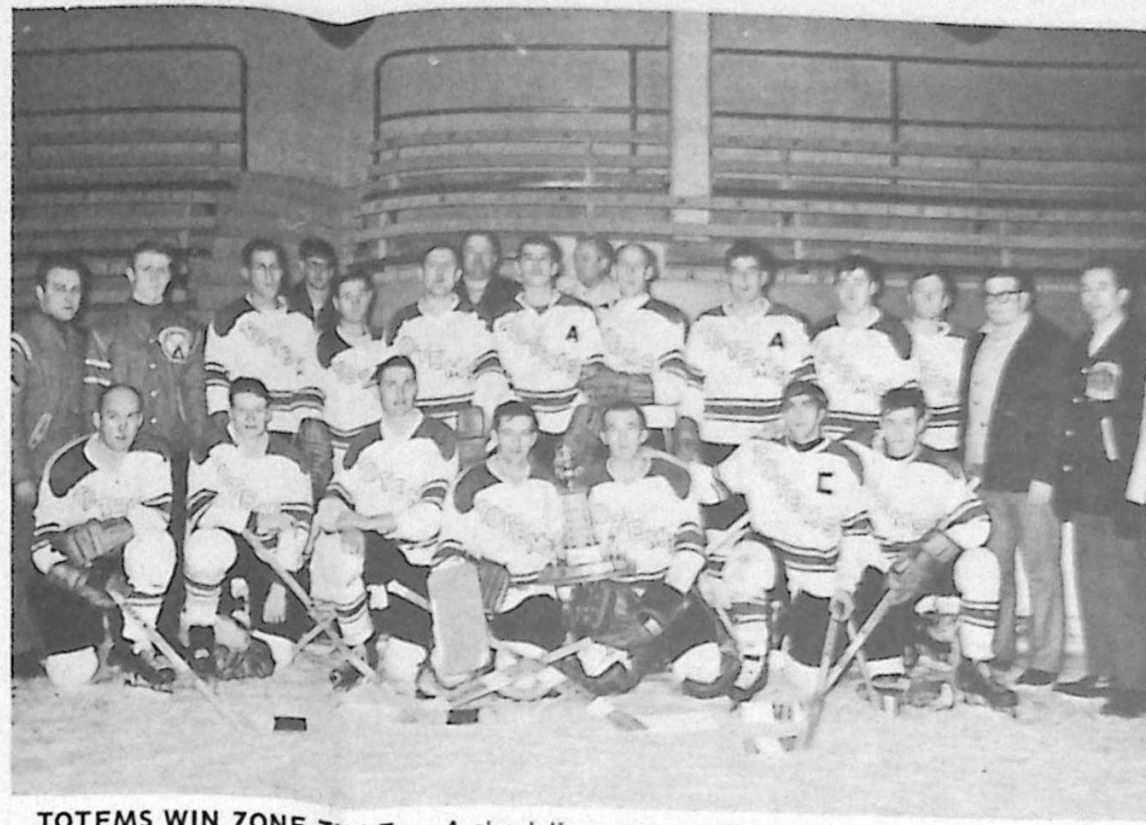
There was no doubt of the popularity of the Canadian win. As the winning foursome marched around the banquet hall led

by a piper, the several hundred guests present, rose spontaneously to their feet and gave them a wild and thunderous standing ovation.

Scotland and Scottish hospitality came in for glowing praise by the Canadian curlers. For many of them this was the third and fourth year they had returned to throw rocks in this annual curling classic.

One Canadian, Major Jerry Fosberg, commanding officer 109 KU flight, is almost an adopted son of the Scottish curlers around Aviemore. Playing in Dingle's rink in the final game Fosberg had the crowd really rooting for him. As one crusty old Scot said, "We wanted Jerry to win for very sentimental reasons, he is the one responsible for the tremendous Canadian participation and interest that adds so much to this bonspiel."

The line up of the Canadian team from Lahr that placed second place team were: Capt. Jack Dingle (skip), Maj. Jerry Fosberg of Winnipeg, Man., Cpl. Joe Fawcett of Brockville, Ont., Sgt. Charlie Labossiere of Montreal.



**TOTEMS WIN ZONE TITLE** — A short time ago our Totems won the Zone 1 Hockey Championship down at C.F.B. Esquimalt. The Totems are presently at C.F.B. Camp Borden competing in the National Finals against the other zone winners. Pictured above are the members of our zone winning team. Front row: Tim Badour, Skip Solomon, Jack Hamilton, Keith Cowden, Greg Bell, Paddy Keefe, Butch Bujold. Back row: Jim Cassidy, Bob Houle, Al Roque, Lt. Clark, Ivan Grant, Lyle Clifton, Dave Betteridge, Barry Howell, Capt. Don McReynolds, John Kaulback, Gerry Fleet, Wayne McLean, Mike Stephens, Brian Oster, Gerry Murray.

Base photo

### CWL Holds Tea

(Continued from page 6)  
in charge of the White Elephant Table.

The candy table was a busy place for the children. This table was convoked by Mrs. Babs McGuire.

The Kool-Aid and Cup-Cake stand was convoked by Mrs. Yvonne Mullen.

Mrs. Lillian Watkins took

charge of the "Money Doll" raffle. Fr. James Campbell pulled the winning ticket and the "Money Doll" was won by Miss Christine Legeas of Lazo.

Tickets were sold on a cake donated by Super-Valu Store and decorated by Mrs. Marg. Anderson. Miss Michele Parent was the winner of the cake.

The President, Mrs. Elena

Tighe and members of the CWL wish to thank everyone who worked so hard, and the people who came out to help make this event a success.

## Hill Climb May 23rd

Castrol Oils (Canada) Limited announces it will again sponsor the 14th annual Okanagan Knox Mountain hillclimb, recognized as the best paved hillclimb for sports and racing cars in North America.

Set in a city park, almost in downtown Kelowna, British Columbia, the course rises 2.2 miles from the side of picturesque Okanagan Lake 800 ft., negotiating 17 different turns to the top of Knox Mountain. Over 8,000 people watched the weekends' activity last year, most making a "day out in the park" of it, climbing the craggy rock for the best viewpoints.

Always the long holiday weekend of May, the event is the traditional start up of the motorsport season in the west, and it has become the "place to be" for enthusiasts from hundreds of miles around. Some have driven or even hitch-hiked the 3,000 miles from the east just to be there.

Entries are limited to 80 of the fastest racing cars in the Pacific Northwest and usually full by late April. This year Castrol has increased the "Grand Prize" 100 per cent to \$700 with \$100 for the fastest time of the day, \$200 for the fastest formula car, \$200 for the fastest sports car, \$200 for the fastest sedan so the top man will get \$300, plus oil from Castrol to all place winners in 14 classes. The organizers of the event, the young members of the Okanagan auto sport club will award over \$700 worth of trophies and medals to place winners.

Again this year, Knox Mountain retains the prestige of being recognized as one of the major motorsport events on the B.C. Centennial calendar and special medals and scrolls will be awarded to entrants. Past winners include Bob McLean, Dave Ogilvie, Laurie Craig, John Randall, but the 1969 winner, Ray Smith of Kamloops, B.C., retains the record set in his Brabham BT 16 and the title of "King of the

Mountain" with a time of one minute 59.029 seconds for an average speed of about 66 m.p.h. Speeds of 125 m.p.h. are reached on the top 'straight', but three of the hairpins are down to 20 m.p.h.

Castrol oils were involved for the first time last year, and the Canadian President, Mr. R.J. Street, went out to see for himself. So impressed was he and his staff that the Knox Mountain hillclimb is the only "specific event" that Castrol sponsor in Canada, being mostly recognized for its major sponsorships of leading and up and coming drivers.

Mr. Street states, "The O.A.S.C. are to be commended for the excellent and professional job of organization they present. Knox Mountain hillclimb offers just the right blend between top rate competition and social fun and games in the warm Okanagan sunshine. Castrol is pleased to be associated with this first rate event."

### GYM SCHEDULE - FOR APRIL

Recreational Hours		
Monday	—	1830 - 2130 hrs.
Tuesday	—	1830 - 1930 hrs.
	Badminton Club	1930 - 2130 hrs.
Wednesday	—	1830 - 2130 hrs.
Thursday	—	1830 - 2130 hrs.
Friday	—	Closed
Saturday	—	1330 - 1630 hrs.
Sunday	—	1330 - 1630 hrs.
	Badminton Club	1830 - 2130 hrs.

### BASE SWIMMING POOL SCHEDULE - MONTH OF APRIL 71

Open Swimming Periods		
Saturday	—	1400 - 1600 hrs.
Sunday	—	1400 - 1600 hrs.
	—	1900 - 2100 hrs.
Wednesday	—	1900 - 2100 hrs.
Servicemen's Swim — Every weekday from 1200 - 1300 hrs.		

## Action in Comox Valley

(Continued from Page 5)

along your discarded. What is one man's junk is often another man's "find." There will be a pick-up service if required. Coffee and doughnuts will be served. Come along and see how the auction runs, even if you

don't want to buy. You may be surprised. If you are interested in joining the Society or taking part in any of the events, phone the secretary, Mrs. C. Slemin 336-3971. Be seeing you.

### BIG PLANS? LITTLE PLANS? bankplan

No matter what you're borrowing for, ask your local manager for a Commerce Bankplan loan.



CANADIAN IMPERIAL  
BANK OF COMMERCE

LAZO — COMOX — COURTENAY BRANCHES

## Port Agusta Motel

COMOX VALLEY'S NEWEST MOTEL

★ Centrally located in Comox overlooking beautiful Comox Bay.

★ 23 Modern Units

★ Cable Television

★ Heated Swimming Pool

★ Kitchenettes.

IDEALLY SUITED FOR —

Service personnel between transfers or moves  
If you have friends or relatives coming to visit

Reserve Now At The Port Agusta

PRICES ARE REASONABLE

For Reservations Phone 339-2277 or 339-3110



SUPER-VALU HAMS are economical too... they're low priced and since they are fully cooked, they have less shrink... you simply heat, glaze and serve.

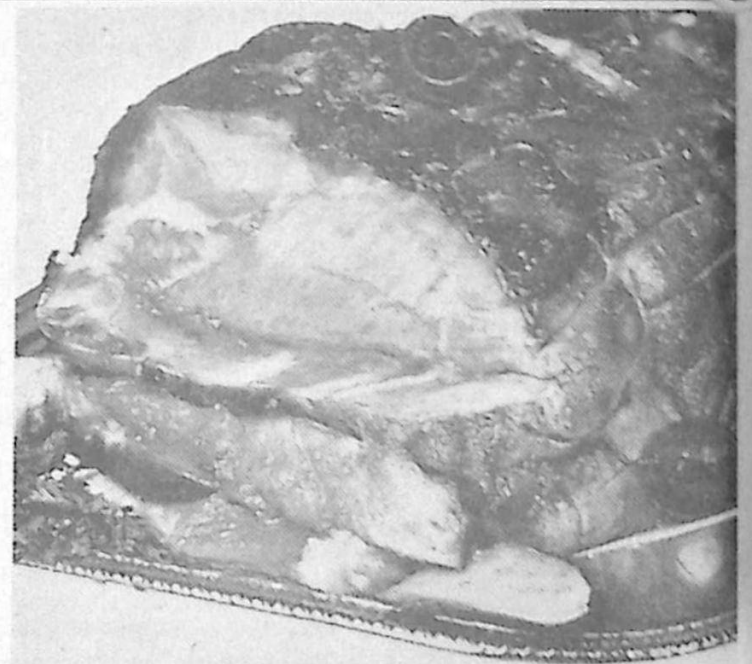
**HAM**  
• GOV'T. INSPECTED  
• READY TO SERVE  
WHOLE OR SHANK PORTION  
LB. **55¢**

## Thrifty-Practical

### FRESH PORK PICNIC

WHOLE OR SHANK HALF

LB. **39¢**



### WAREHOUSE SALE

AYLMER • FANCY

**Asst'd Peas**

5 14-OZ. TINS **1<sup>00</sup>**

24 TIN CASE **4<sup>49</sup>**

AYLMER • FANCY

**Cream Style Corn**

5 14-OZ. TINS **1<sup>00</sup>**

24 TIN CASE **4<sup>49</sup>**

CHELSEA • CHOICE

**Cut Green Beans**

5 14-OZ. TINS **89¢**

24 TIN CASE **4<sup>09</sup>**

PURITAN

**Spaghetti**

IN TOMATO SAUCE

7 14-OZ. TINS **1<sup>00</sup>**

24 TIN CASE **3<sup>39</sup>**

LYNN VALLEY • STANDARD

**Bartlett Pears**

2 14-OZ. TINS **49¢**

24 TIN CASE **5<sup>59</sup>**

ROSEDALE • CHOICE

**Whole Kernel Corn**

5 12-OZ. TINS **1<sup>00</sup>**

24 TIN CASE **4<sup>59</sup>**

GLEN VALLEY • STANDARD

**Bing Cherries**

3 14-OZ. TINS **79¢**

24 TIN CASE **5<sup>89</sup>**

NABOB

**Stewed Tomatoes**

2 14-OZ. TINS **49¢**

24 TIN CASE **5<sup>59</sup>**

CLARK • VEGETABLE OR

**Tomato Soup**

6 10-OZ. TINS **69¢**

1/2 CS. OF 24 **2<sup>69</sup>**

ALL SUPER-VALU PORK IS — Gov't. Inspected — Choice, Grain Fed

**Loin Pork Chops** CENTRE CUT **89¢** LB.

**Spareribs** COUNTRY STYLE **69¢** LB.

**Pork Butt** BONELESS OR STUFFED **59¢** LB.

**Fresh Side Pork** BY THE PIECE **49¢** LB.

VALLEY FARMS • FROZEN

**FRENCH FRIES** 3 2-LB. PKGS. **1<sup>00</sup>**

RUPERT • FROZEN

**COD FISHSTICKS** 14-OZ. PKG. **69¢**

RUPERT • FROZEN

**PARTY STARTERS** 8-OZ. PKG. **49¢**

RICH'S • FROZEN

**COFFEE RICH** 2 16-OZ. CTNS. **65¢**

RICH'S • TOPPING — FROZEN

**RICH WHIP** 2 8-OZ. CTNS. **49¢**

Prices Effective: Wed. to Sat. - March 31 to April 3

**SUPER-VALU**  
BUY BETTER - SAVE MORE



YORK — FROZEN

CHOPPED

**Broccoli** 2-LB. PKG. **57¢**

SLICED

**Carrots** 2-LB. PKG. **43¢**

BRUSSELS

**Sprouts** 2-LB. PKG. **85¢**

REGULAR CUT

**Green Beans** 2-LB. PKG. **53¢**