

"WHAT KIND OF POOL am 1?" the Rec Spec asks himself as he cleans the algae from the bottom of the pool. "I didn't mind the algae" the other Rec Spec muttered "it's the guys who leave a ring around the tub that get my goat." The above comments were overheard during the first annual fall pool cleaning spree sponsored jointly by the Rec Staff and the BMO. Among the unclaimed articles found in the bottom of the pool were 1 set of false teeth (uppers), 1 bikini (uppers), three dead dog fish, 1 clam (also dead) and three pennies.

- A Macphoto



407 CREW ONE fights the "cold war" out in the Straits of Georgia during one of the sea survival training epics. After a successful MA-1 drop by Maj. Pete Giles the crew swam to the inflated life rafts to spend a pleasant afternoon in the

SEA-CLUSION

Along with 407's normal operational role, stands the important secondary role of Search and Rescue. Due to the fact that most of the squadron's flying is over the open ocean, the ability to survive in the ocean is very important to all aircrew. Constant training with this fact in mind is a predominant factor in squadron policy.

The Argus, basically an ASW aircraft, has a hand launch MA-1 survival gear capability. The MA-1 kit is comprised of two 20 man life rafts, and two survival equipment containers. The four containers are dropped in sequence so that the items hit the water in a straight line

Mobile Gets

Chopper Fleet

OTTAWA - Fifty twin-engine Bell helicopters have been or-

dered for the Canadian Armed

The aircraft, which were given top priority in Mobile Command's

re-equipment program, will be

employed in the Tactical Trans-

The helicopters are being pur-

chased by the Department of

Supply and Service through the

United States government at a contract price of \$50.2 million. Known as the CUH-IN, the

helicopter's safety and performance capabilities and increases

its range.

port and Utility roles.

spread about 800 feet apart, centred on the survivors.

The correct use of this vital piece of survival equipment takes much practice and with this in mind, Lt/Cdr. Bill Delaney the 407 training officer has been scheduling crews to make these drops in conjunction with regular

pilot training flights.
The actual MA-1 drop is made on a small one-man life raft equipped with a Sarah beacon. The aircraft fixes the rafts position by homing in to the beacon and marks the location with a smoke marker. The pilot then

aligns the aircraft properly with respect to the prevailing winds, and the drop is made.

The crash boats then move in. and another crew (complete with anti-exposure suits) jumps into the water and swims to the in- on its acceptance by the memflated life rafts of the MA-1 bers as in any co-operative ven-

equipment carried in the rafts. Through the experience and confidence gained in both the air drop and survival procedures it is hoped that in the event of an emergency lives may be saved and tragedies prevented.

SISIP Notes

OTTAWA - CFHQ - (19 Sept. 69) - An exclusive study, by CFHQ staff of the various forms of insurance coverage provided by government indicated that more than fifty percent of our Canadian Forces personnel are inadequately protected by the Pension Act and the Canadian Forces Superannuation Act, even though entitlements under these Acts are supplemented by benefits under either the Canada or Quebec Pension Plans. One of the more distressing aspects of this situation is that surviving widows and children of personnel killed off duty or who suffer a nonservice disability during their first ten years of service, are left with little or, in many instances, no income whatsoever with which to raise a family or indeed to exist. Similarly, widows and children of personnel with more than ten years service are required to accept an overnight reduction in previous service income, ranging from 90 percent to 65 percent depending upon the length of service of the husband.

In the past, for various reasons, such as the lack of knowledge in the area, government policy restricting the support of individual private insurance plans and tri-service agreements, to mention but a few, we as a service have left our officers and men to fend for themselves in the complicated civilian "insurance jungle". Most insurance agents have a very superficial understanding of the complexities of the CFSA and the Pengion Act, a statement that is applicable, unfortunately to most service personnel, and therefore cannot really design an adequate programme for our people. If they could, we would, in all likelihood, be unable to pay for it.

SISIP thus evolved as a result of detailed study of all these factors and with only our people in mind CFHQ staff have designed the first truly comprehensive and yet individualistic group income protection plan for Canadian Forces Personnel. The plan is designed to make use of the benefits of present compulsory plans and provide a much greater protection for the individual at the lowest possible cost, because there is no duplication of benefits.

Reference A was the first introduction of the plan to the Forces; an article will appear in the October issue of the SENTINEL and a letter detailing the itinerary of visits by a team from CFHQ staff will follow in a few days. The team's primary objective is to fully describe SISIP provisions to key menfrom units, who in turn will be responsible for presentations to the personnel of their unit.

Membership in SISIP is voluntary and its success depends gear. Once on board, the crews familiarize themselves with the lent insurance shelter for serlent insurance shelter for servicemen, at the most economical rates for the extensive benefits provided.

> Reference: A. CANFORGEN 138 141300Z August, 1969.

Personnel of the Canadian Forces who were insured by the North American Life and Casualty Co. under Plan "D" who as "NALAC" and more recently as "Canadian Forces Family Plans for Confident Living" have received or will soon receive a letter from the company informing them of the Cancellation of the present policy on 30 Sept. 1969 and the details of the replacement policy effective

In view of the imminent implementation of the Servicemen's Income Security Insurance Plan (SISIP) effective 1 Dec. 1969 service personnel might infer that the North American Life and Casualtys revised policy is service sponsored.

Forces personnel are to be informed through routine orders that the revised plan offered to them by North American's letter is NOT repeat NOT SISIP nor is it service sponsored in

SISIP will be presented to the forces during the months of October and November 1969 as advised by reference B and is intended to provide benefits effective 1 Dec. 1969.

It is suggested that personnel be advised not to reduce their present protection because of impending service plan but to wait until they are fully aware of the effect it will have on their individual circumstances and can then make appropriate decisions. For your reference consult Can-ForGen 138, CanGenHed 087, and Ref B P-5475-10 (DPB) 22 Sept.

Montreal Militia Honoured

MONTREAL (CFP) - Governor-General Roland Michener presented the new Queen's Colour to a Montreal militia unit, Les Fusiliers Mont-Royal Regiment on Sept. 28, at the reserve unit's headquarters here.

Les Fusiliers Mont-Royal Regiment is thus the first reserve unit in Canada to receive the new color, based on the national flag of Canada. Celebrating its centennial this

year, the regiment was founded on June 18, 1869, as the Mount Royal Rifles Regiment and was designated 65th Infantry Battalion in November of that year. In 1931, the name changed to Les Fusiliers Mont-Royal Regiment.

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helicopter carries the same basic airframe as the single-engine Bell Iroquois now in service with "YOUR ONE-STOP CAR SHOP" the Canadian Forces. The twinengine concept improves the

Dollars for Defence

When the Canadian government decided to freeze the military budget at \$1.8 billion annually for a period of three years, almost everyone was aware that this figure would actually be a reducing one because of the effects of inflation. What was not so readily apparent was the fact that the Canadian Armed Forces have nowhere near \$1.8 billion to spend. This amount is greatly reduced by three major commitments: pensions paid to widows and retired servicemen out of the current budget allotment, large grants to the Defence Research Board, and military grants and gifts made to friendly foreign nations under a variety of agreements. These three commitments account for at least \$.3 billion per year. Although the military is now left with \$1.5 billion, it still feels the effects of inflation on the entire \$1.8 billion. This, plus the fact that there are increasing numbers of servicemen retiring, means that by 1972 the military budget will have dropped to approximately \$1.2 billion in terms of today's dollar value. The defence budget can in no way be increased, not even by the sale of surplus or obsolete equipment, or of property that is sold or ceded when bases are closed. Any funds from Crown Assets go directly to Treasury, and not a penny extra is contributed to the Service. Any private industry which has a fleet of vehicles can get some value from old equipment by trading it in on new, but not so the Service.

The planners and organizers in the Service have their work cut out for them, for their aim is to preserve a viable military force which can carry out all of its commitments, but the commitments change slowly while the finances shrink rapidly. New equipment is a necessity, and for two reasons: to maintain an effective military force in the face of rapidly changing technology, and to stave off the exharbitant maintenance costs that rise so alarmingly as equipment ages and becomes obsolete. A revision of pay is necessary to preserve a reasonable level of experience in the Service. An exodus of experienced technicians means a wastage of time and money to train replacements. Even so, both training and experience are necessary for efficiency to develop, and there is further wastage because of errors and increased number of accidents. Of course, the experienced serviceman is the one who is so attractive to industry; he is drawn away by the lure of higher pay, regular hours, and assorted fringe benefits. The Service cannot compete with civilian industry on a purely dollars and cents basis, but the salaries must be brought more in line if any decent experience level is to be maintained.

To solve all the financial problems, the Canadian Armed Forces will reduce by 16,000 personnel, from 98,000 to about 82,000. Consider what this will do: say it costs an average of \$8,000 to maintain the average man, including salary, moving expense, facilities, etc. That would mean a saving of \$128 million per year, for the 16,000 eliminated. Of course, many of these people will now be drawing pensions, but even if it was a pure saving, it would be whittled away by inflation in less than two years. What then? Further cuts?

Although it would be unfair to compare Canada's defence budget with that of the United States, perhaps such a comparison — using only percentages — would be of interest. The United States spends a fairly constant 50% of its annual Federal Budget on defence; Canada spends a dwindling 15%. The United States spends a steady 8% of its Gross National Product on defence; Canada spends a mere 21%, reducing. But then, the United States is a major power in the world. today, and it is mature in its aim to protect not only its own borders, but those of the many weaker, free nations of the world. The Canadian attitude also includes ceding to the United States a share in Canada's

Cut, Hack or Evaporate

It may seem rather strange to some that the coming reduction in the number of Service personnel should be brought about by our present straitened circumstances instead of by the changed priorities for the future role of the Service in Canada. Whatever the cause of the cut-back, however, the result will definitely be a changed structure for the CAF. The changing of this structure has many ramifications for the Service, and not a few for the serviceman himself.

Canada's first two priorities are the maintenance Canadian sovereignty and the defence of North America. The two arms of the Service that are directly responsible for this are: Air Defence Command, to oppose any invasion attempt by air, the Maritime Command, to oppose any invasion attempt by sea: Since any threat to Canadian sovereignty or to North America must come by air or by sea, it is highly improbable that the strength of either of these Commands can be reduced.

Two Commands which will apparently lose the most in the next time period are Transport Command and Training Command. This, even though transport is such a basic and obvious necessity for logistic support whenever our peaceful state is threatened, and dynamic training programs are a requirement for any force that is to be effective on the current scene.

There will certainly be some salutary effects of the restructuring. A centrifugal force seems to be developing, which will position a reasonable amount of our strength on the periphery of our nation, the east and west coasts and north to the Arctic. This is in keeping with our first two priorities. Many bases which have long been a drain on the defence budget will now be allowed to close. This alone saves a great deal in support personnel. The heartland of Canada will have a few training bases and some Mobile Command centres. It makes good sense to have a Mobile force which is split: part serving overseas, under NATO and UN peacekeeping agreements, but ready to return to Canada should the need arise; and part serving in Canada, as a highly mobile, elite force which can act immediately in the event of a national emergency: flood, pestilence, or even perhaps civil insurrection.

The forces reduction will seriously affect the servicemen themselves. The guarantee that there will be no forced attrition is good news for only the deadwood, those who feel that their jobs are unimportant and who work only as little as possible, those who would as soon draw welfare as work for a living. For the majority, those who want to be part of a dynamic and vibrant Service, a strong and demanding Service with career opportunities for the worthy, the guarantee is bad news indeed. What is the prognosis? Why, it's the same as for a water reservoir that is reduced by evaporation alone. Stagnation! Reducing the Service by decreasing recruiting and letting normal attrition take care of the reduction will have the following effects: the average age of servicemen will increase; the servicemen's average time in rank will increase; the incentive for a serviceman to excel in his job will disappear, for there will be no tangible means of recognition. The "cor-

porate" attitude will prevail: we are one big happy family; everyone will be looked after. Few servicemen would argue the rationale behind the current reduction in Service strength, but any serviceman worth his salt would disagree with the proposed methods of accomplishing that reduction.



Integration or not, I still feel like an 'Airman' when I put on the ol' blues.

BURST THAT BALLOON

Burst that balloon. Yes indeed, let's burst that balloon before it dumps a whole new round of inflation upon us. What balloon is that? It's that great big trial balloon up there, marked, "\$25,000 per year for Members of Parliament." Let's all aim at it, and perhaps we can bring it down before it does a great deal of damage.

MPs currently are paid a salary of \$18,000 each year. Of this, \$12,000 is salary, and \$6,000 is tax-free expense allowance. It is not, let it be said at once, a king's ransom. It is not even a princely sum. For people faced with the problem of maintaining a home in Ottawa and a home in some far-distant riding, \$18,000 probably disappears in a hurry, leaving the hapless member with a great deal of month left over at the end of his money.

Such, however, is the problem faced by a great many people these days. Old-age pensioners, for example, notice every month that their pension cheques will buy less than they did the month before. Civil and military servants of the crown also notice that the gains in wages never duplicate the gains in the cost of living. Labour unions selto stay out of debtors' prison.

To all this, the government lashes out with a pious line about keeping wage increases tied to productivity gains. Something in the neighborhood of three or four per cent. Certainly no more, and if treasury board has anything to do with it, wage increases will be less than that. Inflation must be combatted.

And combatted it will be. The Department of National Defence has been for sometime in the front line in the battle against inflation, and it has recently been joined by many other government departments. The recently announced cutbacks in the civil service, paralleling those which have been taking place in the services for the past few years, more than sufficiently serve to illustrate the point.

In the fight against inflation, the government is beginning to build a credible image. Wage guidelines, fixed budgets, staff cutbacks and other measures dom tire of pointing out that MPs by a cool 38 per cent, (Mr. be more equal than others.

large wage increases are requir- Printer; please note that that is ed if the oppressed worker is 38 per cent, not 3.8 per cent) and "Poof" goes the old image.

> One can just imagine the unrestrained vigour with which labour unions would press for similar hikes for their members. One can just imagine the unrestrained vigour with which manufacturers would seize upon the opportunity to apply a similar markup to their wares. And one can just imagine the affect that such unrestrained profiteering would have on our currency. Within a few years, one would need a wheel-barrow full of money to buy an ice cream cone.

It is one thing for a government to set wage and price guidelines, and it is another thing indeed to make them stick. One of the surest ways of having those guidelines disregarded is for the government itself to disregard them. A 38 per cent raise for MPs would be just that, and after such an example the guidelines would be even more ignored than they are now. If restraint in wage demands is a good thing for unions, civil servants and have combined to at least make pensioners, it is also a good people realize the gravity of the thing for MPs. In the battle problem. But then, along comes against inflation, we are all proposal to raise the salaries of equals. Some shouldn't try to

A great deal of thought and effort obviously went into the design of the new uniform. That thought and effort should not now be negated by the addition of Command badges, particularly if the Mobcom badge is at all representative of the thinking that is going on in the Directorate of

and forget the badges.

Ban the Badges

Slowly, we are being engulfed in a rising tide of green uniforms. Each day sees one or two more of them being worn around the base, and soon, few of our servicemen will look like reciplents of CARE packages from Merrie Englande. The all-Cana-

dian uniform will be a reality. And it will be sharp-looking reality. The green uniform is a commendable improvement over some of its predecessors. It is simple, it is - until you start discussing the officers all-electric hats - dignified, and it is distinctive. Let's keep it that way.

A recent issue of the Canadian Forces Bulletin, discussing the new uniforms, mentioned in passing that some directorate at CFHQ was currently pondering the problem of Command badges and such fripperies for the new uniform. Good grief. When one thinks of Command badges, one thinks of the heraldic monstrosity that is the Mobcom patch, and one thinks, "Yeccchhh." Surely such things should be stamped

out, rather than encouraged. One of the arguments advanced for festooning the uniform with such extraneous garbage is that it helps promote a sense of identity, and from that, foster comradeship. Humbug. In an outfit that is only 80,000 strong, what further sense of identity is required beyond the uniform itself?

When the forces were unified, servicemen were told that they would be able to whiz from one Command to another, quite unimpeded. However, if, on getting transferred from Mobile Command, one scrapes off that ugly patch to uncover a faded spot on one's sleeve, one just might have to buy a new uniform before reporting to the new Command. This could become expensive, and there is no real need for it, just as there is no real need for Command badges.

One of the earliest releases concerning the new uniform said that "servicemen will be so proud of it they will even wear it in night-clubs." As it is now, the new uniform will engender a great deal of pride among its wearers. If, however, it is cheapened with silly badges it will not.

Ceremonial.

Garish badges add nothing to the uniform, and detract from the pride that the wearer should take in it. Let's keep it simple,

Capt. R. H. Koehn (loc. 409)

Capt. ET SWIFT (Loc 308)

Sgt. HE Miller (loc 461)

Lt. J. R. Scott - Loc. 308

Lt. H. Lines - Loc. 30d Capt. R. E. Merrick

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THE 1/3 ESTATE

Did you know that: - federal estate taxes are no longer payable on estates

passing from one spouse to another. - several provincial governments levy on succession

duty on all estates which exceed certain minimum amounts. - the B.C. Government will levy succession duties on all estates over \$60,000.00.

- any monthly annuities/allowances payable to your wife and children from the Canadian Forces Superannuation Act (CFSA), the Canada Pension Plan (CPP) are "capitalized"

and the lump sums thus computed become part of your estate. - even though your estate may be over \$60,000.00, certain applicable exemptions may reduce the actual duty payable to

a nominal amount. WATCH A FUTURE ISSUE FOR ADDITIONAL INFO ON CFSA

AND CPP BENEFITS AND B.C. SUGGESTION DUTIES.

How to Grow Money

"Technical Approach to Investment Management" By DONALD S. SCOTT Vice-president of a

Mutual Funds Consultant Firm In our last article we discussed the question of performance as related to mutual funds in general. Superior performance is generated by the application of investment management techniques and it follows that the more superior are the techniques and the technical facilities to support them that in general the performance level will be superior also. One of the best commentaries on this point that the writer has seen was written by Mr. Arthur Theodore Lyman, Jr. who is Senior Vice-president and Director of one of the largest and most successful investment management

Portfolio Management" which we quote in part. "The professional investor has always enjoyed an investing advantage, an advantage that is growing rather than diminishing. Investment management is far from a static technique. During the first thirty years of this century, successful investing depended heavily on inside information because of an almost com-

the title of "The Dynamics of

plete lack of public information. The private trustee or investment counselor who had good contacts with powerful directors enjoyed a great advantage over the public. Investment bankers with close connections to firms being financed also enjoyed a privileged position.

In the 1930's, with the advent of the SEC, the information available on major corporations began to proliferate and the rapid growth of professional analysis of the information was underway. The individual investor was on a more equal footing with the professional than before, but he still lagged in his ability to digest information and convert the raw data into relative evaluations of companies and industries. In the late 1940s and 1950s, aggressive managers began to put increased emphasis on both speed and depth of information and eager analysts managed to stay ahead of the public despite the improved communication of corporate information to stockholders.

The early 1960s marked the dawn of a new period in investment management. The new era is based on old principles and new technologies. These, in combination, promise to put professional management even further ahead of the man on the street. The old principles might be called the four keys to performance - selection, timing, concentration, and turnover. The new technologies bearing on these four keys are psychological interpretation methods and computers, which are just beginning to have an impact investment management. Technical analysis is nothing new but its increasing acceptance as a useful tool by institutional investors and the sophistication and accuracy arising out of com-

puterization are new. The use of computers as a fundamental selection tool is very new and most investors are just beginning to grasp its possibilities. Obviously, the selection of stocks which do even moderately better than average and the avoidance of stocks which do worse than average results in superior performance. Most of the tested and valid selection techniques are familiar, at least in principle. They include:

1. careful industry studies to provide a basis for determining

the relative attraction of various 2. ratio and statistical anal-

ysis of companies within favoured groups. 3. an attempt to determine

whether or not price accurately discounts the prospects for an industry or company relative to other industries or companies. The case for the professional

management of all types of money has greater strength if the following points are clearly understood.

1. The industry has at hand tools of vastly improved sophistication. The tools are expensive to maintain and dangerous in unskilled hands, as some will find to their sorrow. But the tools do work if used correctly. 2. Selectivity will increase in

groups in the United States. His the market - a natural outgrowth commentary was published under of an improved ability to select. Differences in outlook for various groups will probably be reflected in price more rapidly than in the past. An increased premium will be placed on the ability to make prompt and a stute decisions.

> 3. It is doubtful if there will be, over any extended period, the wide performance differentials between major groups that have existed during the past eighteen months. The airline, TV-electronics, and aerospace industries, which have combined fantastic earnings gains and limited share capitalization with enough marketability to attract institutions, are a rather unusual economic phenomenon. From here on out, the less spectacular, but nonetheless profitable, and more traditional methods will be used in applying the four keys to performance. The type of results achieved by high-performing funds in 1965 is not sustainable.

4. The suggestion that professional managers have become gamblers should be viewed with little alarm. The time to make money is when you have the opportunity, not when you must fight for small gains, if any. The tools of selection, timing, concentration, and turnover have been used with skill and vigor by some managers during an unusual period of opportunity. The long term, as far as performance is concerned, is made up of a number of short periods -months, quarters, and years. Only if all the advantage of aggressive management is lost in a subsequent downturn can it truly be said that the fund shareholder was ill

5. The pressures for performance do not make investing easy and comfortable but will almost certainly result in professional management which even further improves its advantage over the individual investor."

DND runs scared

It looks as though the Department of National Defence considers the Totem Times a force to be reckoned with. The major press releases having to do with such things as the decommissioning of equipment and with the restructuring of the Canadian Forces have all come out after the Totem Times has gone to press.

Perhaps they feel that old news will no longer draw comment. Oh, wrong, wrong. Now, even though any word on a pay revision for the Armed Forces will, no doubt, be issued after this edition has been put to bed, you can rest assured that we will live to squawk another day.

The Board Was

Any serviceman who hasn't had the pleasure of facing a Service Tribunal of one sort or another has no idea what he missed. No other experience has quite the same effect on a person; you feel that your hair has just grown four inches, your nose is running, and the front of your trousers is suffering from faulty

construction. A few years ago I had the opportunity to meet a delightful group of my fellow servicemen who comprised a Cease Training Board. The locale was the Officers Personnel Selection Unit at RCAF Station London. This august group was gathered to decide whether I was suitable material for aircrew or whether the Saskatoon Recruiting Officer should be tested for rabies. I wasn't the only lucky soul selected to meet the board, but it felt like it.

I'd been in the service such a short time that we hadn't been issued uniforms, so we met the board in mufti. In my case, mufti consisted of a charming double-breasted brown, pinstriped suit that my dear old dad had purchased off a smooth talking stranger some five years gone. Although I'm from so far back in the Saskatchewan bush that social comments consists of criticizing the way the neighbours curry their horses, I was fully aware that my only threads weren't exactly the height of fashion. I very cleverly overcame my problem by borrowing a brand new airforce blazer off one of my classmates. When my name was called, I was more than ready for any questions they might pose.

A picture of sartorial elegance (plaid tie, blue blazer, my dad's Dear Sir: trousers, very sharp diamond socks and brogues), I entered the board room and there they were. A large U-shaped table occupied most of the room and right in the mouth of the U stood a single straight backed chair. Seated around the big table were a dozen or so senior officers who, at first glance, looked as cheery as the cast of Dracula, I wasn't worried, though, I

tripped over the pattern on the

rug, sneezed, and by the time

I collapsed on the chair I was

panic stricken. The conversa-

Letters to the Editor

entitled "Dedication", from the notion picture "Idol of Paris". As my efforts to find a copy of this recording through normal

lian) papers.

or 74 Crichton Avenue, Dart- conqueror.

The Editor, Dear Sir:

and read their mail; also those ings are details for someone else who use this quick-stop ings are of who use this quick-stop area to to take care of. office and get money order of subscribing to this

History repeats itself. This sweet.

A line that followed was short and we are taught to be asham to be asham to be asham to be asham to be as a sham to be asham to be ash sweet.

Me - "No, sir."

questions. Next case." and reading RCMP recruiting selves into national securion of laughs, but once is an adversaries is in. of laughs, but once is enough.

monstrated, in a nutshell, was intellectuals habitually fail the appeal through your Services case histories from as far back field of music-lovers not ordin- present time. Today's examples arily reached through local (civi- are known to most of us. We are all familiar with the rantings of I am offering a reward of our bearded friends who espouse \$25.00 for the above recording causes, morals, ways of life, and let it. (or tape) which amount is over solutions to problems which are and beyond the cost of repro- so naively idealistic as to be ducing, mailing etc. if necessary. utterly unreal. When these in-Anyone who can assist me is tellectuals grow large in asked to write, or wire collect number we have movements so that suitable arrangements which reject, out of hand any and be made, particularly if the own- all of the established processes er chooses not to sell his which are so necessary for the copy, but would consent to mak- yiability, strength, and security of a people. In short, their Interested people may address achievement is division, dissent, correspondence to M. M. Holland dissatisfaction, uncertainty, and Editor, Kingfisher Kommentary, finally, upheaval. The result -Base Supply Branch, Bldg, D-155 a weakened nation, a people ready HMC Dockyard, Halifax, N.S. for the plucking by a would-be

Idealism breeds strange logic. M. M. Holland. To the idealist it makes perfectly good sense that to end violence in streets and on campuses we have merely to eliminate our police; to achieve world peace Among the people who are we have merely to eliminate we have merely enmost deserving of the Fickle our armed forces. Strangely en-Finger are those who sit in ough, their responsibilities seem their cars at the Post in ough, their responsibilities seem their cars at the Post Office, to end with just saying so; the adjacent to the postal office, to end with just saying so; the adjacent to the postal boxes, implementation of their preach-and read their mail: also implementation of their preach-

office and get money orders etcectera, causing a bottleneck in every sign of subscribing to this
every sign of subscribing to this
every sign of subscribing to this ectera, causing a bottleneck in traffic especially during especially during traffic especially during traffic especially d traffic especially during rush barrassment in grovelling for the barrassment in grovelling for the barrassment in grovelling for the Parking is at a premium, so hey will get the reading this maybe if they are reading this offers of comradeship. He shows they will get the message to offers of treading unarmed they will get the message to no fear of treading unarmed offer out, Get their mail no fear of treading unarmed international political "Get out, Get their mail, and get!" of treading international political among who have demonstrated rogues who have demonstrated Sgt. Cowley. rogues who hat that their respect beyond all doubt that their respect is only for the strong. He appears completely at ease in leading this nation's march into poli-

We are taught to be ashamed to support an effective fighting A mean looking Squadron to support an effective "think" to sup Leader - "Is that your bla- ourselves into national security.

Your bla- ourselves into national security.

Your bla- ourselves into national security. We are led to believe we cannot afford a fighting service; we can Group Captain - "No more "save" we are conditioned to By the time our Course bi
"save" ourselves into lated to security. We are conditioned to security the principles we know reject the principles we know rej rector arrived in my room to I was sitting on my belongings brochures. Boards are recruiting of the time our Course Discourse, and reading RCMP recruiting of the time our Course brochures. Boards are recruiting security.

Are Canadians really proud, I have been trying for a number trated in an essay on the role of really glad, really secure in the of years to locate a recording the intellectual in society, which knowledge that most nations the I read recently. What it de- size of Switzerland can beat the hell out of us militarily? Do confirmation of the suspicion that Canadians really command respect when they show up bearing channels have proven most un- society they profess to serve. gifts, not arms? Can Canadians productive, I wish to make this The author of this study portrayed really be deluded into thinking that the "good guy" at a Munichpublication, hoping to contact a as the ancient Greeks to our type conference serves a useful purpose? Do Canadians really believe that an overdose of idealism can conquer realities? History will repeat itself, if we Name withheld. Dear Sir: Perhaps like "Flight Com-

ment" we should create a bird -"The Niggly Nibbler". His nibble like a termite bite doesn't mean much in itself, but give it enough time and the whole structure is so weakened that massive repairs are needed if the very foundations are to be preserved The "Niggly Nibbler" attacks only little things, his power is

based on complacency and conditioning - "it's a small loss and not worth getting all riled up over. Prices go up a few pennies,

benefits to insurance policies drop (in the case of the North American Group Plan - benefits are cut \$5,000.00 for a 46 year old serviceman effective Oct. 1, '69. Dependant coverage is dropped after retirement, and persons sick at the time of rewriting the policy will not be covered until well. If a person covered for the past 5 years is sick now and dies, he will not be covered under the new policy, even though he would have been covered had the old policy been continued.)

But what's a few pennies and who's going to die anyway? Lifetime Mess memberships are discontinued for old timers - a small point, many of us won't live near a Messanyway. Pension contributions go up 1/2 per cent per month - but that's only \$5 off our pay. There was no increase in benefits for our extra \$5, but the government

needs the money so we accept it. The "Niggley Nibbler's" call "there goes another fringe benefit" can be heard not only on clear moonlight nights, but even during the height of a storm, His call is reflected in every request for release, and the early release of our senior NCOs is the very foundation of the Service. (I hope his call can be heard 2,000 miles east of here.)

Capt. C. S. Grant.

Ex Mushroomer receives Air Safety Award

In presenting the air safety award, Mr. Denys H. Back said in part.

"Each year it is the pleasant duty of the Air Safety Committee of the BCAC to select a winner for the Back & Bevingtons Air Safety Trophy. This year the committee received six nominees for the award and a long time was spent considering the various nominations. The winner of this year's award was born in Chilliwack. In 1941 he joined the Youth Training Plan for the services and in 1942 he joined the RCAF as Air Ground Mechanic in St. 'Thomas' Ontario...

When he left the Air Force he took a jo b with the Provincial Government as an Instructor in bush lore and survival at the Chilliwack Forest Camp, which is a correctional institute. He was selected because it was recognized that he was a leader and could command respect from young people. By now you will have probably guessed the name of our winner, but if you haven't Robert E. Braidner, better known as Ted. I have one more thing to say about Ted. He has been a great deal of help to: the whole Safety Committee and has handled the survival aspects at a number of our Pilots Seminars. He's recently set himself up in business under the name of Braidner Survival Kits Ltd. and he is still with this cause, the cause he's most devoted to by making survival kits and lecturing on survival. Once again we feel we've made a selection which will be endorsed by all our members and therefore it is with great pleasure that I present, on behalf



MR. DENYS BACK presents the Air Safety Award to an old mushroomer, Sgt. (retired) R. E. Braidner.

Accepting the award Mr. R.E.

section said.

(B. Wadsworth photo) of my company, the Back & Be- and gentlemen. I think you can on my work, in the area in which vingtons Air Safety Trophy to see from the fact that I have a he has indicated, in every way just telling myself what a man is strictly gratitude, believe me. everyone who is associated with car, and, I ran out of gas. Braidner, late of the pararescue I have been associated with flying the presentation of this to me. I for a long time, as has been in- shall never forget it for the rest "Denys, the head table, ladies dicated, I will continue to carry of my life.

From up in my Perch

This week I was rummaging around in my of kit bag and I came upon a length of faded yard stick. It was between 16 and 17 inches long was stained and 17 inches long, was stained to a golden hue and smelled of low octane gasoline. My eyes went misty as I held this old relic and had recollections of relic and had recollections of my first automobile.

My first car was a 1929 Nash, and was solely responsible for my entering into what I laughingly refer to as my mechanical career. Outwardly I curse the day I ever bought it. As cars went in that day and age it was already a relic. Its previous owner, whom I shrewdly gypped down to a selling price of only \$150, was a little old man who only used the car to drive up and down the five miles of switchback road to the ski hill every day during the winter.

The ink wasn't dry on the transfer papers when I had already loaded the vehicle beyond capacity with every mem-ber of my gang that was willing to donate something to the gas tank. Bombing up and down the main drag of my home town.
(almost 3 and a half blocks long) for an hour and a half; the cat calls, whistles, and general conduct of my friends was definitely making the natives angry so I suggested that we take a drive out into the country and see what the car would do performance wise."

The first obstacle was the switch back road up to the ski hill. This we travelled with only three stops to let the radlator cool down. Reaching the

poor indeed, and the number of

unfound aircraft is mute evidence

file and maintain a very spe-

cific flight plan. A great many

pilots feel that since it is not

mandatory to file in non spar-

sely settled areas, they should

not. For the same reason they

will not pass position reports

because they feel they are only

for I.F.R. flights. And lastly, I

encouraged the carrying of some

form of survival and signalling

equipment. For the record, since

1960 in Canada there have been

14 crashes with C.P.I.'s on board

and all aircraft were found with-

top of the hill soon proved too much for the ol' car and the attempt was abandoned in favor of a highspeed run down the aforementioned five mile

switch back road. My reputation as a hot rodder was made by the record time in which I made this down hill run. My friends, after picking themselves up off the floor of the car had nothing but nervous admiration for my prowess as a driver. They had attributed my

sweaty brow to the effort it must have required to turn the wheel through some of the high speed turns we had just negotiated. Actually my ability as a high speed driver was more justly attributed to the fading characteristics of well worn mechanical brakes.

Coolly recovering from this run I confidently nosed my car outbound on the highway and pushed the speed up to forty-five and some times forty six miles per hour.

In due time we reached a town about fifty miles from home, and stopped for coffee. Four of my passengers had never been that far from home before in their lives and acted accordingly. In no time at all we had a near rumble with the local gang. Only the display of sheer power and opulence in the form of my '29 Nash prevented an all out gang war. With a great display of contempt we casually boarded the old bucket, thumbed our noses at the local yokels and got the hell out of there.

During the return trip two things happened almost simultaneously as we passed the five mile "mile stone". I was few tears in my eyes, that this possible. I'm most grateful to of the world I was by owning a

In those old cars the gas gauge was usually mounted on the gas tank at the rear of the car, and usually didn't work. It wasn't long before I discovered my gauge didn't work and what that broken piece of yard stick under the front seat was for. As I dropped this poor man's gas gauge into my tank I learned the meaning of sheer panic. First there was a metallic 'thunk' as the stick hit the bottom of the bone dry tank and next there of this. However, the only aid teen discouraged groans. For a was the terrible sound of ninein a search of this type is to moment I thought my friends were going to abandon me and my

beautiful car. Cooler heads prevailed, however, and they elected to push the car back to

This is the part where being the owner of the car really paid off. In all emergencies, as owner you got to sit in the car while the non-owning passengers had to push. Once at the gas station we were able to muster up enough cash for almost a full gallon of gas. (I always suspected "Looney Louie" of holding out on us) and I was able to take my faithful friends home in style.

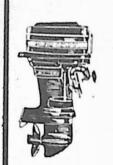
Within three days I became an expert driver. On the third night of my new found status I was demonstrating my ability to do skidding turns in the cinder parking lot near the local train station to a group of my new found friends. On the fourth such turn I found that I had made a slight underestimation of my speed and was forced to drive over the railroad tracks. I became stranded somewhere between the first and second set of tracks on the trans-continental line. The midnight train was due in a half hour. No amount of pushing would get my car off the right of way. For almost twenty-five minutes we pushed and tugged, until we heard the sound of the oncoming train's whistle. In a flash my pushing and tugging passengers disappeared from the scene. I was saved only at the last moment when I managed to flag down a passing truck who pulled me

Driving home alone I thought the engine sounded a little strange and seemed to be a little hot. The next morning I gave it a once over with my young but expert mechanical eye and found the oil level to be below the dip stick. Borrowing a few quarts of oil from my father's private stock I had poured five quarts in the engine without raising the level. I shrewdly deduced that something might beamiss. Looking under the car I found the missing oil. I also found a big hole in the oil pan. I soon learned (after driving to the nearest garage) that the rods had some how burnt out. I also learned that the replacement of the said rods was beyond my financial means. I very slowly

(Continued on page 7)



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1966 Valiant Signet. 2-dr. H. Top. Blue with white bucket seats, automatic, etc.,

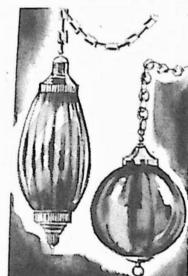
\$1795.00

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CPI's urged at BCAC Conference In his address to the British which we are presently involved. It was pointed out that eyeball searching in BC particularly is

Columbia Aviation Councils annual Conference recently, Major Frank Stevens, until just lately the CO of RCC, said, "My attendance at the meeting is mainly for two purposes, to

represent the CAF in Search and Rescue by presenting abriefing on a study of Personal Locator Beacons and Crash Position Indicators, and to introduce Major G. Bissell, who was taking overfrom me in the Rescue Coordination Centre in Vancouver. The purpose of the BCAC is to

promote flying and in particular to promote SAFE flying. The objective of the RCC is to point out, by whatever means available, the lessons learned over the years, and from their experience, speak with authority and knowledge. For many years recommendations have been put forward on SAR reports for the carriage of locator beacons. I, therefore, made a study of all available electronic equipment and produced a brief on them listing their capability and how to use them. I emphasized that we were encouraging pilots to use them for the certainty of being found, and if injured, then saving their lives rather than for soley saving money in prolonged searching such as SAR Sasges in

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"PILOT'S LICENCE? Certainly I have a pilot's licence," an indignant Major Frank Stevens claims to a recent board inquiring into petition asking for an old pilot's

home for aging 442 Squadron pilots.

in hours. It was gratifying to observe that a great deal of interest was noted among the members and all the precis were distributed. I feel that if one man flies giving a little more thought to helping the job of the RCC controller and the crews of this Search squadron, then he will be a safer pilot and it will have been worth

(B. Wadsworth photo)

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Chapel Chimes

PROTESTANT CHAPEL

SUNDAY, October 1: Morning Worship at 11a,m, with sermon topic being "Why old-fashioned Worship in a new-fashioned

sunday, October 12: Thanksgiving Sunday Service at 11 a.m. Come and worship God in the spirit and setting of Thanksgiving. Contributions of fruit or vegetables for decorations should be left at the Chapel before noon on Saturday October 11.

SUNDAY SCHOOL: All classes will begin this Sunday. Children ages 3-6 meet in the PMQ school at 11 a.m. with Mrs. Ellen Matthews as Superintendent. Children ages 7-14 meet in the Chapel at 9:30 a.m. with Mr. William Andrews as Superintendent. Any children not registered may do so on Sunday. Pre-Sunday School age children will be cared for in the Chapel Nursery each Sunday from 11 to 12 while their parents attend church.

JUNIOR CHOIR: There is still room for a few more singers in Mr. Yeoman's junior choir. Children must be 9 years of age or older. Practices are every Thursday at 6 p.m.

CHAPEL YOUNG PEOPLE: A group for the Chapel Youth is being planned, with an organizational meeting to be held in the Chapel Lounge this Sunday, Oct. 5, at 7 p.m. Minimum age is 14 or in Grade 9. Supervisor will be Mrs. Marg Ander-

WANTED: Someone to dismantle, clean and put together again a portable reed organ belonging to the Sunday School. No experience necessary. Please call Padre Archer.

WE RECOMMEND: "The Rest-

less Ones" considered the most successful motion picture yet produced by Evangelist Billy Graham, which will be shown in Courtenay on Oct. 6, 7 and 8 in the EW Theatre. With the accent on youth, this feature-length film deals imaginatively and dramatically with the teenage crisis. With a background setting provided by the 1960 Billy Graham Los Angeles Crusade, and artfully woven into the story pattern, "The Restless Ones" is a hard-hitting, bold

approach to our social problems.

Here is a film which dares to be different, a story which will stir the heart and mind. Having seen "The Restless Ones" you will never be the same.
As one reviewer said, "Here

is a picture that tells the world the truth and comes up with an answer, not an easy answer, but an answer from beyond us. This answer will satisfy, challenge and inspire young and old alike and will appeal to churchgoers and non-churchgoers. The

Christian message will come through in the midst of a realistic teen-age situation. Swift moving plot episodes highlight the opportunities facing the church.

Screen writer James Collier has brought into focus the contemporary plight of both teenagers and parents. A sensitive script, produced by World Wide Pictures under the direction of Dick Ross has resulted in a "breakthrough" in "The Rest-less Ones."

Our Lady of the Sacred Heart Chapel, CFB Comox. Chaplain Rev. J.G. Campbell - Local 274.

Mass Times: Sunday 0900 hrs and 1100 hrs; Monday, Tuesday and Wednesday 1615 hrs; Thursday and Friday 1930 hrs; Saturday 1900 hrs.

Confessions: Saturday evening following Mass at 7 p.m.

Baptisms and Marriages: By appointment.

CATHECHISM: Every Wednesday evening 6:30 p.m. to 7:30 p.m. in the PMQ School Grades One to Eight.

PRE-SCHOOL Kindergarten Catechism at II a.m. Sunday in the Parish Hall.

CYO: Meeting 7 p.m. every Sunday evening in the Parish Hall.

CWL: Regular meeting first Tuesday of the month at 8 p.m. in the Parish Hall. Mass at 7:30 p.m. in the Chapel.

NOTE: CRY ROOM now available in the Chapel for use during both Masses on Sunday.

ALTAR PICNIC

On Sunday afternoon the 28th Sept, the Altar boys and girls from our Lady of the Sacred Heart Chapel here on the base visited Puntledge Park in Courtenay for an outing.

The weather was quite nice and very favourable for the sports and games which took place. There was lots of food and

beverage for everyone.

The Altar boys and the recently organized girls are reorganizing the Knights of the Altar Soclety and regular meetings are planned for the future.

Members of the parish council organized the outing and prepared the food etc. for the persons in

Apron Behind The Wheel

"The quickest way to divorce is to teach your wife to drive." This is a well known statement, which many men chuckle at, but those who have tried the forementioned know how close it is to the truth.

I am a husband who has just successfully taught his wife to drive, and remained married. Accomplishing something of this magnitude should be hailed, and recognised as 'Beyond the call of duty'.

Reminiscing of the experiences, I chuckle to myself. But, at the time, it did not in the least seem funny. In fact, I blame all my grey hairs on this period.

It seems that a wife objects bitterly to anything her husband tells her. This does not show up in the home so much, but place her behind the wheel of a motor vehicle without her apron - that's another story! The least thing said or suggested brings out immediate hostility with unmentionable abuse.

With a manual gear shift car your problems are multiplied when attempting to teach the little lady to drive. Clutch control is one of many examples of how the wife rejects tuition from her husband. To obtain motion from a vehicle you ease the clutch out and increase the throttle at the same moment. This does not require superhuman coordination, but trying to convey it to your wife does. Many tears and harsh words result from the simple operation of the clutch.

Comprehending the width of the car, and where to aim it, proved another obstacle to the little lady. Again tears and harsh words were used, because she misconstrued all advice as orders and comments as trying to belittle her. My facial expressions during this phase would

endure periods when I never vell. heard my wife utter anything except when chastising my son. So by the time we reached the parking and backing up stage, I had become a quivering vegetable next to my wife. It is obvious to the male driver that vehicle. I consider the foreinstructors into submission.

The male who is successful in teaching his wife to drive should go down in the annals of history. At no time during my life have I ever succumbed to mental torture of this magnitude, or received abuse and scorn of this nature.



THE CATHOLIC Women's League ceremony for the reception of new executive and new members shown above, (I-r) altar boys Pat and Mike McCaffrey, Father Jim Campbell, Mrs. Babs McGuire, Mrs. Beryl Sirois, Mrs. Elena Tighe, Mrs. Marg Savage, Mrs. Joyce Geneau, Mrs. Mary Dion and Mrs. Yvonne Mullen.

The difference between

hoping ... and having

is a

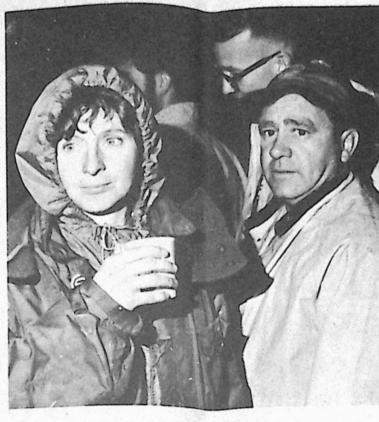
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GRUNION QUEEN NAMED



"I CAN HARDLY believe my ears" screamed Mrs. Jocelyn Geneau when she learned that she had been elected queen of, and voted the best dressed lady at this year's Point Holmes Grunion Run. Her husband, Yvon Geneau, was so dumbfounded at the news he just kept repeating "You're joshin'," over and over to himself.

- A Macphoto

Thats Show

By NOLA WELLS

War movies come and go, but there are a few that will always stay in my mind. "The Great Escape" has been well seen in this area, and there are few who didn't find it exciting and well written. The man who wrote the screenplay for this movie also wrote "King Rat", from his own experiences as a Japanese prisoner of war. I will never forget "King Rat". It had me glued to the television set throughout have made Lon Chaney envious, its entirety. The main character Threats of separation were fascinated me, and I would love used all the time and I had to to meet the author, James Cla-

"Stalag 17", which brought William Holden an academy award, was along the same theme, but somehow it didn't leave the impression that George Segal's performance in "King Rat" did, Who could ever forget "Bridge females have no aptitude for on the River Kwai" starring reversing or parking a motor Alex Guiness and William Holden. The music alone became mentioned as the main contri- immortal, along with Alex Guibuting factor, because by this ness' performance. It cost a stage they have browbeaten their fortune recently for television to

The "Blue Max" was a most exciting film starring George Peppard and James Mason. Who could ever forget those exciting flying scenes that recreated the air battles of World War I.

"From Here to Eternity" starring Frank Sinatra, who found new fame as an actor plus an academy award won't be forgotten. This film also introduced the great talent of Ernest Borgnine, and showed us for the first time a small re-creation of the bombing of Pearl Harbour. I also remember a movie called "Battle Cry", because I enjoyed the book so much, and because of the good performances of Aldo Ray and James Whitmore.

There was the "Longest Day" with an all star cast which told us the story of D-Day, the 6th

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of June, 1944, and used the realistic approach of employing only German actors to portray German soldiers speaking their own language. I would love to see a movie made telling the complete story of what happened at Dieppe where so many Canadians lost their lives at this famous battle which paved the way for the actual landing on D-Day. I doubt if they will ever make a film of this subject and if they do it will most surely be produced by a British Company.

However, the war movie that I am really looking forward to seeing is "The Battle of Britain" presently being filmed. I know they are going to great lengths to reproduce this famous battle, but I wonder if they are spending as much on production as Darryl Zanuck, of 20th Century Fox, has spent on the filming of "Tora Tora Tora". This Pearl Harbour re-creation cost this company \$7,000,000 to film. It only cost the Japanese a mere \$900,000 to do the real thing.

Recently, the Actors Equity took a stand on violence and sex in the entertainment industry. These rules were published in the Hollywood trade papers. Judging from his reaction to these rules, Leslie Neilson (The new television series, "The Bold Ones") seems to have quite a sense of humor. He sent the following letter to a Hollywood trade paper.

"Dear Sir; In your recent piece about the new equity rules on nudity and sex. I am particularly fascinated by rule #5 which states -"actual sex act s during re-

hearsals or performances shall not be required of performer." I hope not sir, 7 nights a week plus matinees? And after all that rehearsing. Really! Sincerely, Leslie Neilson.

Officers wives club

On Wednesday, Sept. 17, the first meeting of the season of the Officers Wives Club, a "get acquainted Nite," was held in the Officers Mess.

On behalf of the Club members, the president, Marilyn Northrup, welcomed Mrs. Doryce Nichols, honary president of the club, and presented her with a corsage. Mrs. Nichols then greeted the new members: Rita MacKay, Peggy Potekal, Adele Munro, Susan Dunda, Pat Sakamoto, Marion Mohns, Audrey Mc-Gillivary, and Sandy Redden. The door prize was drawn by Mrs. Nichols and won by Anne Marion.

Following the business meeting, slides of the Island of St. Lucia in the Caribbean, were shown by Dr. and Mrs. D. M. Miller. These slides had been taken by Dr. Miller during the two months he spent doing volunteer work at the hospital in the village of Dennery on St. Lucia, and were of particular interest to the Club as it has donated money to assist the hospital.

An appeal was made to anyone having used children's summer clothing, story books, and elementary school books, who would like to donate them to the children at Dennery, to contact Mrs. June Rushton, 2169 McKenzie Ave., Comox, who is handling the collection of these articles.

Coffee and refreshments were served at the close of the meeting. The October meeting will take place in the Mess on Saturday, Oct. 18 in the form of a "Roaring 20's Nite" for the members, their husbands, and guests. Part of the proceeds of the evening will be sent to charity.

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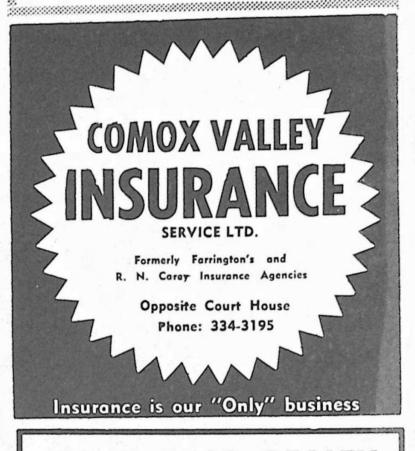
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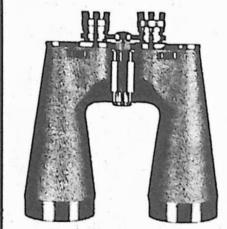
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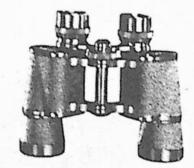


Extra high power and precision optics for distance viewing make this binocular especially popular for mountain cabins, ocean or lake view homes and star-gazing. ...

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RAILROAD JOB NETS THIRTEEN

Excitement ran high as the maintained his office. After a low from ward 4 is the new brief three hour speech he told Controller of Works. The new computors whirled and buzzed brief three hour speech he told keeping the election officials and the excited delegations the big the press posted with up to the minute tabulations on last weeks pMQ elections. At last shortly Salmon as member of the Spe-

Relief was written all over committee. The new D/Town

Cpl. R.H. Salmon: "There's

something fishy here."

news:

after midnight the last ballot cial Activities committee. In was counted and the results were Ward 2 Cpl. A.T. Hicks also as Mayor Pulhams face when he Clerk is from ward 3 in the shape

can, when I can."

Deputy Mayor and controller of Publicity is also from ward 4, none other than the Totem Times own Capt. Bob Merrick, In ward 5, Capt. J.A. Byrne became the Controller of Recreation. Also from ward 5 is Capt. H.J. Mowberly who is the new D/Controller learned that he had once again of Sgt. T.H. Tighe MWO Bar- H.J. Luken became controller

W.J. Carruthers became the Controller of Community Activities. Ward 7's Cpl. S. Rohne became a member of the Special activities while in Ward 8 Cpl. J.W. McGuire was also made a member of the special activities committee. WO J.H. Hillman, also in ward 8 was made D/Controller of Special activities. Finally, in Ward nine Mrs. G.G. Salt was elected and thus became the second lady to be a member of the town council. She is to become the D/Controller Community Activities, a position she should be well suited for because of her keen interest in community affairs.

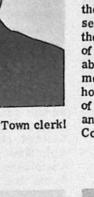
The revelrie lasted well into the night. The outgoing members seemed to be undisturbed by their loss of office, in fact some of them sounded down right happy about it. Before the last of the merry makers folded up and went home the Times interviewed each of the winners and put their answers below their pictures. Congratulation winners.



Sgt. J.R. Tighe: "Town clerk! Cpl. A.T. Hicks: "Do what I

I can't even type."







Capt. N. Luken: Unprintable. I hav'ta".



Capt. W.J. Carruthers: "Do



MWO Barlow: "Speechless".

Cpl. S. Rohne: "They got the Rohne guy."



Capt. B. Merrick: "Tomorrow

Cpl. J.W. McGuire: "They should've nabbed the wife."



WO J.H. Hillman: roaded."



Mrs. G.G. Salt: 'T'll put some spice into ward nine."

Hospital Humbug

"It's not the cough that carries you off, it's the coffin they carry you off in."

Maybe it was the above verse that led our three doctors away from that hazardous smoking vice. Of course, they're doing this feat in stages and so far our Base Surgeon is away in the lead. In fact, he's already had his first week's (non-smoking) anniversary. A lot of credit goes to his wife, too, because she quit at the same time. Dr. Casselman had quit just before going to Las Vegas but I would lay bets that he might have faljen off this path of virtue while breathing the smoke fumes in the gambling houses and rubbing elbows with the filthy rich,

Last but not least, our singing MO has been trying to quit the nasty habit for a long while but at social functions he is quickly lured back to the magnetic weed, unless he is intercepted by the eagle eye of one of the nurses. Maybe if he keeps singing up a small storm and we keep encouraging him, he won't have time to smoke. (Oops! there's that dirty word again).

The conclusion of this true story is that if any of you readers want to beat the naughty nicotine habit, just ask one of our MO's how it can be done. I'm fumers. (How about that?) not trying to drum up a bigger sick parade, but by the time

From up in my perch

present configuration.

finally arrived a few years ago

when I got my present car, a 1961

Rambler. My cup runneth over,

(Continued from page 5) later) but at least it ran. and painfully spent the rest of the summer replacing those rods and finding out a little bit about what made a car engine run.

Finally, I completed the job and was very proud of myself, (all right so I read the micrometer wrong and the rods knocked until I traded the car off 6,000 miles

A chance to get promoted?

Parlez-vous français? Non? The CBC-FM radio network is presenting lessons in conversational French entitled Le Francais Chez Vous, each weekday night, beginning Monday Oct. 6 at 6:30 p.m. for 10 weeks, on CBU-FM, (English), 105.7 mcs, Vancouver.

CBC-FM radio listeners in Montreal, Toronto, Ottawa, Winnipeg and Vancouver will be able to tune in to Les Français Chez Vous at 6:30 p.m. in their own cities. CBC presents these lessons in co-operation with PORTF, th French National Broadcasting Corporation.

The lessons, 50 in total, were prepared by l'ORTF. They centre on a French family and their daily situations.

Anyway, troops, the above jargons. only food for thought. this edition is printed, our doc- Basically, we just want you all tors will be full-fledge fag non- to stay happy and healthy!!

become an old married man I drove that car all fall and it with four kids and the only use I soon became apparent to me that ever get out of those damned seats is when I carry shelving what I needed most in life was a car with pullmanized seats. I material home from the lumber wrestled with the problem but yard. was unable to convert the cars

Rumour of the Week: The MP who was standing at the PMQ gate last week holding an um-

At last the day came when I traded the car off on a newer brella over his head was in 1930 Desoto. It did not have reality an "under cover agent," Runner up for the Rumour of Pullmanized seats either. All my life I promised myself that the Week: The MP who gave the I would someday have a car with new BWO a ticket is being trans-Pullmanized seats. That day ferred to a CF Station inside the

Arctic circle. Mushroomer: The staff of 442s Log control room have been I was beside myself with joy. At awarded Seemore's coveted last I had attained my lifes "stick handlers of the month dream. Unfortunately (car wise award" for their recent acquisi-"stick handlers of the month that is dear) I had by this time tion of office equipment.



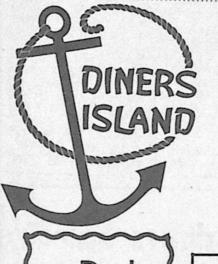
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Safe hunting?

The subdued humdrum of everyday life in the woods has once again been intruded upon. The tramp of heavily booted feet mingle with shouts, whistles, and assorted snorts as man, the hunter, swarms over the countryside like locusts. Brilliantly clad in varying shades of fluorescent red and orange these gallant soldiers stalk the wary and needless to say, terrified creatures of the forest for a variety of reasons. The majority hunt for meat, the oldest and most logical reason. A growing number hunt for trophies only and could care less about the meat. Then there are always those who go hunting just for the fun of it; "getting away from it all," so to speak. In all groups of hunters the majority are fairly competent to excellent woodsmen who make a point of familiarizing themselves with the environment in which he is entering. Unfortunately there are always a few in every group who are completely useless in the woods and as a result are hazards not only to themselves but also to anyone or anything within

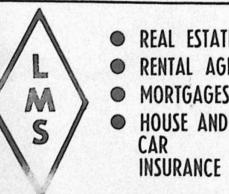
Increasing numbers of innocent hunters are becoming victims of such blundering idiots and there seems to be no rhyme or reason to the deaths at all. That is to the logical or practical man! Take for instance a case in Montana recently where a six foot, two hundred pound man was shot, supposedly mistaken for a groundhog. How does one put that on a tombstone? Closer to home, several years ago at a major game check point in the interior, a vehicle pulled up with a mule strapped to the roof, carefully field dressed and tagged according to regulation. After his initial shock the game warden managed to control himself and found out that the hapless animal was indeed mistaken for a cow moose! "And I got him with one shot at twenty yards," boasted the elated hunter. Stories of this sort are fast becoming the rule, rather than the exception. How many people have had the opportunity to talk to farmers about hunters in general? Believe me, you can get quite an earful from them. One chap actually took to painting the identity of his livestock on their sides. He still lost several animals by "accidental" shooting. Imagine someone walking up to his fine kill, only to find in bold print the word COW on its side. Repeatedly one reads about and hears about persons getting shot by their buddies while hunting. Some buddies!! Somehow there seems to be something lacking here. It is completely beyond all possible reason to believe that any man, with or without a fluorescent hat and jacket, can be mistaken for an animal.

What could be some of the reasons for the increasing number of shooting instances? There are a few that spring to the fore immediately. Drinking while hunting! It's fairly common knowledge that the majority of hunters like the odd ale while participating in a hunt. Particularly if the hunt is an extended one where the party forages away from home and family. Hunting scared! Scared of what one may ask? Basically it's a fear of the unknown. So many would be brave hunters don't know a thing about their surroundings and are bound to be a bit scared the first time out, especially when separated from their buddies. Visions of charging grizzlies, rampaging squirrels, and monstrous maneating pussy cats could tend to make his trigger finger a little itchy. This is the type that shoots at anything that moves or even makes a sound. You probably know the type; "Shoot now, you may not get another chance." And then the lame excuse, "But I thought you were a moose." "Oh really!" as you are bleeding to death.

Something must be done about the miscellaneous deaths and injuries caused by these "accidental" shooting incidents. How can this be reasonably tackled? Common sense tells one that it is nearly impossible to screen each person who applies for a licence to kill game.

Surely though, in this modern day and age, with all the different tests and trials one must go through in order to obtain any other type of permit, a simple test could be implicated. A basic knowledge of the outdoors and the ability to recognize the game animals to be hunted is a must in this ever increasingly crowded world of hunting. Basic gun sense and handling ability can be tested also. This could eliminate a goodly portion of the undesirables from the woods. Everyone in his right mind would surely concede to such an examination. Who knows, the life you save may be your own!





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GRINNING LIKE A GROUP of Cheshire cats, the trophy winners in the Base Golf Tournament are: kneeling, Doug Stewart and Frank Creamer; standing, from left to right, E. Langlois, Finn, I. Cook, V. Makowichuck, Caron, and P. Giles.

Creamer takes golf crown

By SLICE de BALL Fearless Frank Creamer, CFB's answer to Billy Casper won the base low gross title on Saturday Sept. 28. The tournament was held at the Comox Golf Club. Frank placed first out of the field of 43 competitors

to take the coveted trophy. The weather held well considering the forecast, and provided the only sunshine day in the last two weeks. The cool crisp autumn air was shattered by the screaming sounds of tiny white missiles being rifled by powerful swings of the base's golfing finest.

In posting the victory, Frank had one of his better days of golf

Wednesday

Saturday

Thursday -

Friday - CLOSED

gross to tie the club's record competition lowest score. Doug Stewart and Jack Cowley tied after eighteen holes at 77 and played off in a sudden death competition with Doug coming out the winner as runner up.

The tournament was all completed by about 1:30 p.m. and all the players had a chance to tell war stories over liquid refreshments and a pile of self-broiled cheese-burgers. Lots of thanks and a "well done" to the golf committee for their organiza-tion of this event; truly the best of the year.

Creamer- 554 334 432 33 Par Out -454 434 443 35-70 for the year, with a sparkling 66 Creamer-353 434 434 33-66

1900 to 2100 Hours

1400 to 1600 Hours

1400 to 1600 Hours

Base Facilities Schedule

Swimming Pool Schedule For October

Gymnasium Schedule for October

2000 to 2130 - Base Team Basketball

1830 to 2000 - Intersection Basketball

2000 to 2130 - &To be announced

Saturday — 0900 to 1200 — PMQ Council Programme 1330 to 1630 — Casual and PMQ Basketball 1630 to 2400 — Closed

1830 to 1930 — Junior Badminton 1930 to 2130 — Senior Badminton

Bowling Alleys 69-70 Season

Ladies' Bowling League

Monday - 1830 to 2130 - PMQ Basketball

Sunday — 1330 to 1630 — Casual 1630 to 1830 — CLOSED

Monday - 1845 - Men's Bowling League

Tuesday — 1800 — Teen's Bowling League 2100 — Men's Bowling League

Wednesday - 1845 - Mixed Bowling League

Thursday — 1845 — Ladies' Bowling League

Sunday — 1300 — Casual Bowling 1845 — Mixed Bowling Leaue

Saturday — 0900 — Tot's Bowling 1300 — Casual Bowling

Tuesday — 1830 to 1930 — Junior Badminton 1930 to 2130 — Senior Badminton

Wednesday - 1830 to 2000 - Intersection Basketball

Winners list: CHAMPIONSHIP FLIGHT L Frank Creamer, 2. Doug Stewart, 3. Jack Cowley, 4. G. Lapierre. DIVISION: 1. I. Cook, 2. V.

Makowichuck, 3. Levy, 4. B. Pharoah. B DIVISION: 1. E. Langlois, 2. P. Giles, 3. T. Pickett, 4. J.

C. DIVISION: 1. Caron, 2. Finn, 3. B. Delaney, 4 Keller. Suplimentary Prize List. LONGEST DRIVE: Ken Norman.

CLOSEST TO THE HOLE: Jim Creamer. HIDDEN HOLE: John Scott

MOST HONEST GOLFER: Hen-

Announcement

Ladies Skating - The Comox Valley Figure Skating Club will sponsor an adult skating class from 9 a.m. to 10:30 a.m. Tuesday mornings. Ladies and preschool children may attend. The Club professional will teach one 15 minute lesson to interested adults (not children) each session. The cost of the lesson is included in the \$10.00 season fee. For further information contact Mrs. Miller at 336-2278.

Fleet-footed Bdr. Paul Lucas, Their time was 45.6

of 122-8.

Third Forces Track Meet

OTTAWA (CFP) -- Canada's NATO brigade athletes have done it again.

This time they overpowered their Canada-side mates in almost every event of the 3rd national forces track and field meet held at nearby base Uplands, Sept. 11-12.

The 106 points they piled up was 29 points better than their nearest rival, eastern Ontario's

The brigade's softball nine from the "Van Doos" also took the forces softball championship earlier this summer at base Borden.

Records tumbled in spite of the cool temperatures and stiff breezes. The weather kept attendance to a minimum.

Petawawa's Bombardier Al Rodgerson set a new mark in the hammer event. His 132-5 toss was 39 inches better than WO Al Calhoun's 1968 record throw.

In the six-mile run veteran middle distance runner WO Dick Carmichael, base Chatham, N.B. knocked close to a minute off Cpl. Steve Ransier's 1968 run. Carmichael did it in 32:29.2. Carmichael's three-mile win and a second in the mile event gave him the meet's individual high aggregate and the NATO cup.

Base Halifax Capt. Peter Verney set a new record in the mile run. His time was 4:26.9. It was 13.6 better than Carmichael's 1968 record run. Verney also took the 880-yard event in 2:6.7.

The zone nine win was a team effort. Only three of them posted firsts. Cpl. Harry Warrington, 2nd battalion, Royal Canadian Regiment, retained his forces javelin title with a toss of 191-4; Pte. Peter Lessard, 1st battalion, Royal 22nd Regiment, took the 440-yard dash in 54 seconds flat, and Pte. Leroy Elms of the service battalion overseas topped the high jump event, clearing the bar at 5-10. He made one attempt at a record 6-1 1/2 inches but broke a boil on his thigh in the try.

base Petawawa, fighting a stiff breeze, knocked six seconds off LAC Harold Mendes' 220-yard record sprint of 1967. Lucas did it in 22.3. The little speedster also anchored the winning zone four quarter-mile relay quartet.

Base Esquimalt's Ldg. Sea. Bill Mitchell set a new forces record in the discus. His throw of 134-2 was 10-2 better than LAC Beaudoin's 1967 record throw



"DON'T LOOK NOW but I think someone is following us," says CWO J. L. Powers (84) to Maj. Kerrison (79) as he takes over the lead in the "Forces" 4mile veteran's walk.

ner of the A/V/M Kerr trophy was mobile command with 206 points. Second with 71 was points. training command, followed by

Command champions and win- maritime command with 35, air defence command, 34; CFHQ, 12, and air transport command, four

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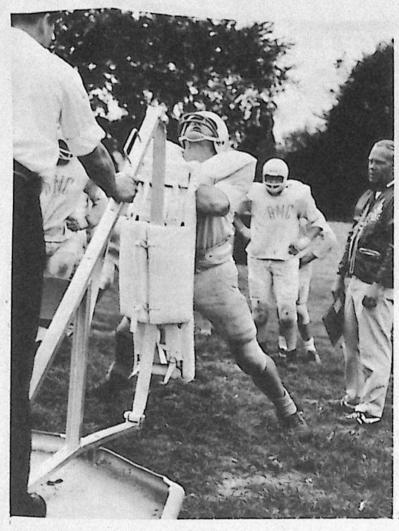
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DO IT AGAIN CHARLIE, I love it, quips RMC Redman Dave Carmichael, of Winnipeg, as he throws a practice block during training season.

RMC FOOTBALL RAMBLINGS

forces' only senior varsity foot- minute daily scrimmage pay off ball squad, the Redmen from Royal Military College here face a tough grind in more ways than one - in the classroom and on the gridiron.

Coach Doug Hargreaves and his assistants have begun shaping up the 1969 edition of the cadet squad for the opening game against University of Montreal, Sept. 27, in the eastern section of the central Canada intercollegiate football conference.

And they've got their work cut out. Capt. Hargreaves, an air force pilot and former Queen's Golden Gaels offensive guard, has precious little time to put his charges through the tough training grind. The cadets have a busy day.

It's a big task, tackling a strict

academic and military schedule. Finally, before dinner, they don football garb for a daily 75-minute session on the practice field. Coach Hargreaves doesn't have a wide choice at the college which boasts a student body of only 550 cadets. "It's tough to pick a squad of senior football calibre from such a small body." said Coach Hargreaves. "We're not as populated as most of our com- cadets compete in no less than petitors, but what we lack in 22 intercollegiate sports, so mental and physical condition-

The Redmen are light along the line and finding a couple of good pass receivers has always been one of coach Hargreaves offensive dilemmas. But his defensive unit is one of the most feared in the conference.

Last year they picked off 19 passes and behind the head-up quarterbacking of veteran Jim Simpson, a protege of Toronto Argos Bill Meyers, were able to hit pay dirt.

"It was usually a case of good field position on the intercepts and bulldogging our way along the ground for points." said their coach.

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2-door H.T.

29-year-old law student from Toronto and Capt. Scot Clements, a jet pilot who's a squadron commander at the college. Handling the offensive unit are ex-cadets Doug Moon of Guelph, Ont., and Lt. Dave McCaw, adjutant of 1 signals unit at Kingston. The Redmen's defen-

The men who make the 75-

are the club's defensive back-

field coaches, Brian Cass, a

sive line coach is Jim Shea. Last year six redmen received conference all-star honors and coach Hargreaves is optimistic that the coming season will be successful. His top quarterback, Jim Simpson, was rated number

2 in eastern conference last year. "We'll go with just about the same starting squad as last year," said coach Hargreaves. He has added two new men to the roster. They are centre Ken Pearson from College Militaire Royal, St. Jean, Que., and Mike Chreptyk, a fullback from Royal Roads Military College, Esquimalt, B.C. RMC's top phys-ed man, Maj.

Danny McLeod, has a lot of confidence in the cadet squad. "They face big universities but

weight and talent, we gain in they thrive on the challenge," he Their football opposition in the conference comes from Sir George William, the University of Montreal, Bishops University

and Loyola, all in the Montreal vicinity. A major source of RMC Redmen material is the football club at CMR which plays in a Quebec junior varsity league. Cadets from CMR and Royal Roads go to RMC for their final

Mag. McLeod has a footnote to add. The academic standings of his athletes are higher, not lower, than those of the less athletically inclined student.

two years of military college.

Curling season opens

To get the season under way the Comox Valley Curling Club is hosting a Mixed opening 'spiel October 11, 12, 13. The entry fee will be \$24.00 per rink and that will cover three events. For further information call Jack York at 338-8100.

The Men's League commences Oct. 21, however with room for only 24 rinks you had better get your name in soon. The men get together for each Tuesday and Thursday evenings. For registration or more information call Art Meyers at 334-2850.

The Ladies can dust off their brooms for the afternoon and evening leagues. Babysitting service is available for the afternoon sessions so take advantage of it girls by calling Eileen Orpen at 339-4020.

Mixed Curling, which has been such a success in the last few years will be held on two nites this year. However, for Wednesday nites there are only openings for twelve rinks and only one (Call Bob Waugh at 334-3082). For the Sunday nite league it will be commencing Oct. 19. Most of the 24 slots available are filled so get your name in to either Jack Parker at 339-3894

or Art McKay at 339-2760. Lastly, the Hangover League, provides Sunday morning curling for those so inclined. This league is ideal for the nite workers. Call Eric Chayko for further info at 334-4240.

Changing

"Red skies at night; a sailor's delight," an expression which had its roots in maritime lore, has become part of our language's vast storehouse of cliche expressions. Old concepts are changing and are being revised in every field; in business the social sciences, church education and politics. Long established guidelines are sometimes just not valid. Each of us must make adjustments in charting future courses and depend on factors slightly more reliable than purely superficial signs.

	A CO

COL. G. H. NICHOLS officially opens the Base Arena by dropping the first puck for the 1969-70 season. The schedule for the arena is available from the rec.

Classified Ads

Guide Uniform. Size 10-12, Phone 339-3104.

IN COURTENAY - Modern 3bedroom home for lease. Phone

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Cub and Scout shirts and hats. As of now we haven't any for sale. Phone Mrs. Cummings 339-

Pacific Coast Amateur Hockey League 1969

	Date Sat., Oct. 4 Fri., Oct. 10	Team Away Nanaimo Powell River	at	Home Team Port Alberni Comox
	Sat., Oct. 11	Powell River		Nanaimo
23	Sat., Oct. 11	Comox	at	Port Alberni
	Mon., Oct. 13	Port Alberni		Nanaimo

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Base Theatre Schedule OCTOBER, 1969

Friday, Saturday, Sunday, October 3, 4, 5

ODD COUPLE

JACK LEMON - WALTER MATHAU

Thursday, Friday, Saturday, October 9, 10, 11. GONE WITH THE WIND

CLARK GABLE - VIVIAN LEIGH LESLIE HOWARD - OLIVIA DEHAVILLAND

(Note: Show starts at 1900 hrs, lasts for 4 hrs) Minimum admission set by company.

Adults \$1.75 - Teens \$1.25 Children 75c

Friday, Sunday Matinee, October 17 and 19

BLACKBEARDS GHOST

SUSAN - PLESHETTE - PETER USTINOV - DEAN JONES Plus Scrooge McDuck and Money

WALT DISNEY show for the whole family. Evening prices will be in effect for Sunday matinee.

Saturday, Sunday, October 18, 19 THE BIBLE

STEPHEN BOYD - PETER O'TOOLE - GEORGE SCOTT

Religious show. Minimum admission set by the company.

Adults \$1.00 - Teens 75c - Children 50c

Friday, Sunday Matinee , October 24 and 26 The One and Only Genuine, Original Family Band

BUDDY EBSEN - WALTER BRENNAN - JANET BLAIR Plus Three Little Pigs

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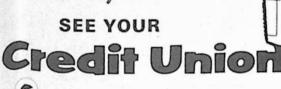
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Officers Mess Schedule

October 1969

Friday 3 - Chinese Food - TGIF

Saturday 4 - Dance (Chicken in a Basket)

Friday 10 – TGIF Pizza

Saturday 11 – Hips of Beef Dance

Friday 17 - Monster TGIF

Saturday 18 - Roaring Twenties (Casual Dress)

Sunday 19 – Candlelight Dinner

Saturday 25 - Open Night

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Fondue Set **O ENAMELLED ALUMINUM**

Each

O ALCOHOL BURNER WROUGH IRON STAND

IN 4 MODERN **DECORATOR TONES**

- AVACADO - ORANGE - YELLOW - RED

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an easy and different way to entertain family or friends.

O Perfect "Ice Breaker" for a party, and a real money saver at this low

 Gov't Inspected "Wiltshire"

10 2-oz. per pkg. 89°

SIDE BACON

Gov't Inspected @ Sliced 'Wiltshire"

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