

The Editor is searching for writers to report on local fishing spots, good eating places and places where good entertainmen can be found locally. Interested parties phone 409, F/L Meinert.



Vol. 6

RCAF STATION COMOX, THURSDAY, MARCH 25, 1965

No. 5

RCAF COMOX — PART OF TEAM

Canadian Search and Rescue saves 263 in '64

Canadian search and rescue teamwork saved 263 lives in 1964, Canadian Forces Headquarters announced today.

Aircraft of many types flew over 9,000 hours and ships battled heavy seas for scores of dramatic rescues.

According to figures compiled by the Department of National Defence the biggest single rescue in the past year was the saving of 34 seamen from the broken tanker Amphialos in the Atlantic by the Royal Canadian Navy's destroyer escort Athabaskan. The Royal Canadian Airforce flew hundreds of mercy flights at sea, in the mountains and to inaccessible locations in the interior and the north, saving lives by many missions and relieving suffering in hundreds of others. In a typical example in December, 1964, an Albatross aircraft from 111 Search and Rescue unit located a crash in Manitoba and dropped a para-rescue team. Later a helicopter effected the rescue.

Aircraft used in search and rescue work came from the Royal Canadian Navy, Royal Canadian Air Force, Royal Canadian Mounted Police and many civilian firms, with the RCAF flying the majority

of the hours. Ships taking part in searches included the RCN, Coast Guard and many fishing vessels. Last year the ships of the RCN, Coast Guard and many fishing vessels.

Last year the ships of the RN steamed 400 hours in aid of search and rescue.

As a member of the International Civil Aviation Organization, Canada has agreed to provide search and rescue facilities for airspace surrounding Canada and waterways and ocean areas adjacent to Canada's shores. For this the RCAF has the coordination job, maintaining Rescue Co-ordination Centres at Halifax, Trenton, Winnipeg and Vancouver. Operational rescue units at Greenwood, N.S., Trenton, Winnipeg and Comox, B.C., have several types of aircraft, and para-rescue teams which can jump to give first aid to survivors.

To aid the RCAF's four search and rescue units, help from other agencies is often required. Inland the RCAF may ask a civilian airline for aid while on the coasts everything from the tiniest fishing vessel to the largest Royal Canadian Navy ship may be called on.



AIR-SEA RESCUE aircraft including the CH-113 "Labrador" helicopter of the Royal Canadian Air Force had a large share in saving 263 lives last year (Canadian Forces Photo)

RCAF's new helicopter renamed "Labrador"

The Royal Canadian Air Force's new CH-113 helicopter has been named the "Labrador", Canadian Forces Headquarters announced today.

The change in nomenclature is to differentiate the CH-113 from the CH-113A Voyager operated by the Canadian Army.

Both of the helicopters are Vertol 107s produced by the Boeing Company's Vertol Division. The differences are in refinements of the basic model for the specialized jobs they perform.

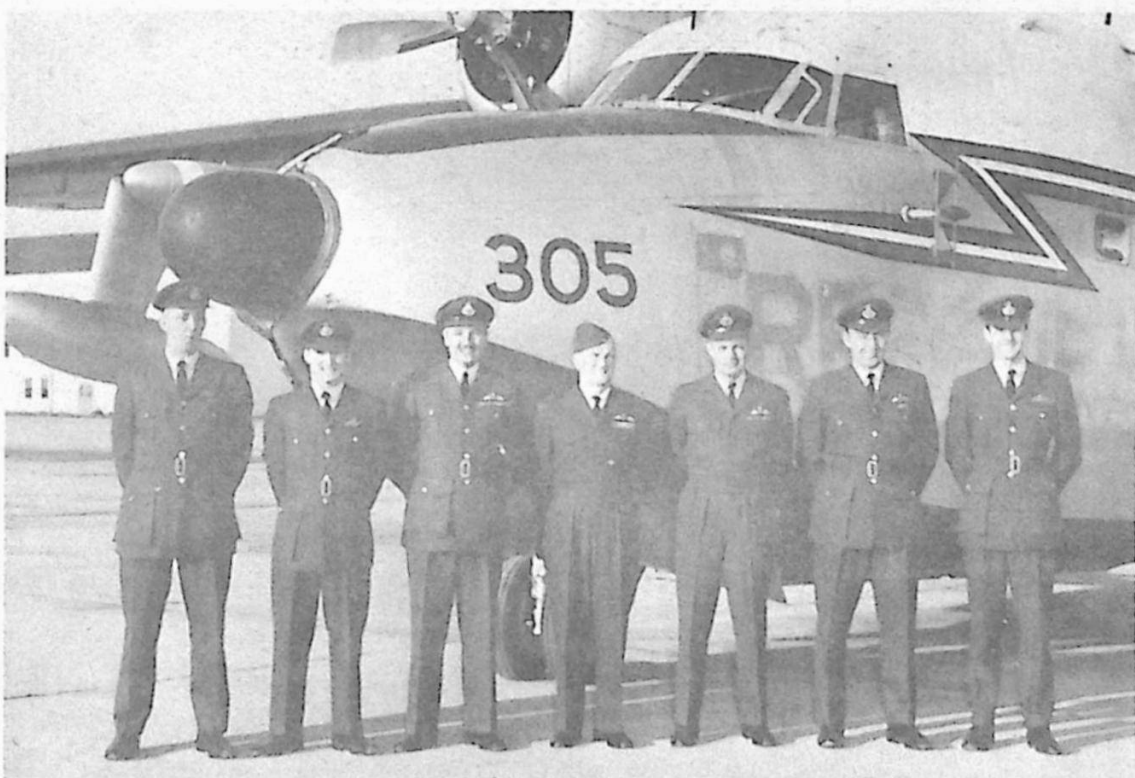
The Labrador (CH-113) op-

erates from RCAF search and rescue units across Canada. It is an all-weather helicopter fitted with additional fuel tanks for increased range needed in search and rescue operations. Specialized radio and navigational equipment has been added to give more latitude in northern and "at sea" operations. The litter-equipped main cabin is provided with electric blankets and a food warming centre for the comfort of those rescued. Other equipment in-

cludes hoists and an assortment of rescue gear.

The Voyager (CH-113A) operated by the Canadian Army is mainly a troop and small vehicle and equipment carrier. It can transport up to 25 troops fully equipped or 15 litter patients. It has a range of 200 miles at speeds of 150 mph.

Both the Labrador and the Voyager can be used as troop carriers and both have a cargo capacity of 2,000 pounds.



F/L J. Johnston, F/O M. J. Laird, instructors... F/L's Frank Steven, Earl Neale and Doug Metcalfe, F/L G. Shorey and F/O B. A. Lockerby.

Flying boat pilots graduate at Comox

RCAF Station Comox, B.C., March 15—Among the activities of 121 Rescue Unit at RCAF Station Comox is the operation of the only flying boat school in the Air Force.

Pilots (with their instructors) who recently completed the six weeks initial course are F/L J. Johnstone, F/O M. J. Laird, instructors, F/L's Frank Steven, Earl Neale and Doug Metcalfe, F/L G. Shorey and F/O B. A. Lockerby.

F/L John Johnstone of Glasgow, Scotland, was a flying instructor at Penhold, Alberta and will now serve with 103 Rescue Unit at Greenwood, N.S., the RCAF's East Coast rescue unit.

F/O "Mac" Laird of Watrous, Sask., has just completed his RCAF pilot training and will join F/L Johnstone at 103 Rescue Unit in

Greenwood.

F/L George Shorey of Vancouver was a flying instructor on T-33 jet aircraft at Portage la Prairie, Man., and will now go to 111 Rescue Unit at Winnipeg.

F/O Barry Lockerby of Vernon, B.C., is, like F/O Laird, a recent pilot graduate and will remain at Comox as a member of 121 Rescue Unit.

The RCAF "Boat School" provides three different courses for aircrew on the "Albatross" aircraft: an initial and an advanced course for pilots, and a flight technician's course to train crewmen for flight duties on the aircraft. The Albatross is one of the few aircraft that can properly be classed as a "triphibian" since it is capable of operating from land, water or snow surfaces.

FIVE AIRMEN COMMISSIONED AT COMOX



CPL. GARDNER



SGT. McPHAIL



SGT. GRANT



F/S FERRIS



F/S WEBB

Five NCO's at this RCAF Station received news today of their promotion to commissioned rank. The five, all to be promoted to the rank of Flying Officer on April 1, are: Flight Sergeant D. J. Webb, an Armament Superintendent, Flight Sergeant G. S. Ferris, a Fire Fighter, Sergeants R. M. McPhail and R. A. Grant, both Armament Systems Technicians, and Corporal D. T. M. Gardner of the Mobile Equipment section.

Comox Officer is Promoted



The promotion to Squadron Leader of Flight Lieutenant J. L. Alexander Bartlett, 44, son of Mrs. A. Bartlett and the late Mr. Bartlett of Whitevale, Ontario, was announced today.

S/L Bartlett served as an air gunner during the Second World War. He has been an armament officer at Station Comox since his transfer from Air Force Headquarters, Ottawa, in 1963.

S/L and Mrs. Bartlett, the former Miss Pauline Zacharias of Vancouver, have three children and reside in Bowser, B.C.

"Old Timers" to entertain hockey fans

An "Old Timers" hockey game is arranged for your entertainment Saturday night April 3 at 8 p.m. in Glacier Gardens.

The age limit is 39 years young for the participants! However there is no age limit set for the spectators so come on out and exercise your lungs by giving the "Old Heads" your support.

The largest Sitka spruce ever recorded in B.C. was felled in the Queen Charlotte Islands. This tree scaled 51,004 board feet, or enough lumber to build five average-sized homes. Estimated height was between 250 and 275 ft. The tallest Sitka spruce on record is one measuring 286 feet high found near Port McNeill on Vancouver Island.

NIGHT HAWKS NEST

Last Friday, F/L Gordie Larkin was flown to Victoria for surgery following a cerebral attack, and very little right now around the Night-Hawk Nest is very important to Gordie's fellow officers and many friends, other than their sincere hope for his recovery and well being. Latest reports from Victoria announce little change.

A formation team is presently in the process of polishing off the rough edges prior to their fly-past appearance for General John Gerhart at Colorado Springs, upon his retirement as Commander-in-Chief of NORAD, on this March 31. The four-plane formation will be led by S/L Popham.

A big "Hats Off" from all the married types to the Single Men's Union, upon the successful program they put together last weekend hosting their girl friends to what could easily become one of the social events of the year. The unquestioned success showed a fully integrated effort on the part of the single officers of both 409 and 407.

Medical experts in Naden give Ken McLeod another couple of weeks down south before he will be back with us.

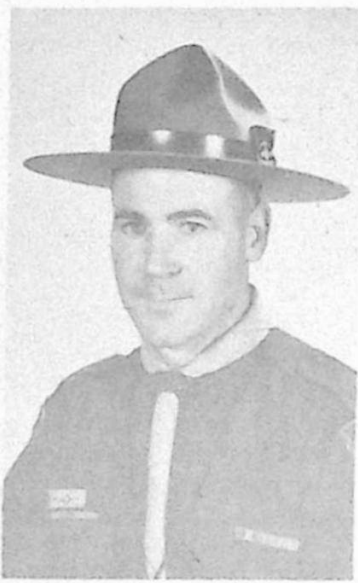
Navigators on the squadron have been busy, working out intricate problems in jet navigation and theoretical second guessing on the projected sex habits of the normal summer rain storm, in preparation for category exams that from time to time are placed before them, by the Lind "Price Is Right" TV guessing game. Those who have written and passed it, walk around smiling smugly at those who haven't, with the air of I know something you don't.

A full report next edition the 409 pilots versus navigator hockey game scheduled for this week. Some pilots have already started to back out of the contest, and so far neither team has found a goal tender. Whoever do take the posts in the nets, will be in greater danger from the flailing sticks of falling players rather than flying pucks.

Cpl. Brownrigg's feats finally fetches first

After a spectacular display of perseverance perhaps exceeded only by Robert the Bruce's pet spider, the Brownriggs were pleased to announce the arrival of a potential airman, who weighed in at just over nine pounds. The new model made his appearance in the early hours of February 26, shortly be-

Station Scouter Moves Up



Congratulations to Assistant Regional Commissioner Jim Baker who was recently appointed Regional Commissioner for the Islands Region. This Scouting responsibility covers an area of all Vancouver Island with the exception of greater Victoria. Sgt. Baker is an I. Tech with 121 Squadron, calls Toronto his home town, and is married to the former Miss Beryl McKim of Toronto. Two other Bakers share his abode, daughter Linda and son Jim Jr.

Jim has had a varied and colourful career in Scouting; starting off as a boy in the organization in 1930 as a Wolf Cub, he then moved up into the Troop. He resumed his active participation as a Cub Leader with the RCAF 9th Richmond at Sea Island. He was transferred to Chatham, New Brunswick, and continued his work with a pack at Loggieville N.B. He carried on overseas with the pack at NO. 1 F.W., also being assistant Scoutmaster with the Troop. Scouter Baker has the distinction of very few Canadians: He took his Gilwell training at Gilwell Park in England. One of the big highlights was attending the Jubilee at Sutton Coldfield in 1957 with the Canadian Overseas Contingent from No. 1 F.W. On return to Canada, he was Assistant Scoutmaster at Bridgetown N.S. and he also formed a new troop at Paradise N.S.

To bring you up to date on Scouter Jim's Scouting activities in the Comox Valley, for two years he was the Scoutmaster of 2nd Courtenay. The next two years was spent as District Commissioner of the Comox Valley. When the Comox Valley was organized Jim was our first assistant regional commissioner, a position he held up to the time of his present promotion to Regional Commissioner.

fore The Orderly Sergeant raised the flag.

It is not unusual for new parents to be proud and excited, but in this case it is more than understandable as the new boy follows a line of five girls.

121 Reports

During the past couple of weeks the troops haven't had much problem in getting their flying time. As usual at this time of year, everybody with any leave left is frantically trying to weave it in. Throw in a mixture of searches, air-evacs and half a dozen training trips into the half empty pot and it keeps everybody pretty well hopping.

A fairly intensive search was made two weeks ago of the Hecate Strait region, off the Queen Charlottes, for a 65 foot fishing boat that went missing in heavy seas with seven souls on board. A bit of debris was found in the vicinity, but nothing that could be identified. To date nothing else has shown up.

A number of long range and cross-country training trips have been completed so far this month. On one of these, I think we've got another first. I'm speaking of F/L Keith's short field landing at Kelowna. Surprising how quickly those beasts will stop when the wheels won't turn. This of course is only the land record. F/L Willard, I'm sure, has the water landing by far.

Seeing that nothing much else has occurred on our illustrious unit, I'm going to use this treasured space to repeat a small incident taken from "Air Clues" who have taken it from "Flight International." You can just tell it's going to be good.

It seems some of the airlines have the R/T piped over the PA system for the interest of the passengers. This would be particularly interesting in making a controlled approach in low IFR

conditions. A certain pilot in Australia after making such an approach forgot he was "live" to the cabin and on rolling to the end of the runway remarked to his co-pilot "What I want now is a cold beer and a hot woman." The stewardess who had been walking toward the front cabin, broke into a run to remind the pilot that he was still talking to the passengers, when someone in the second row called "Don't forget the beer."

Man! That's real crew co-operation. The moral of the story of course is to always demand the woman before the beer.

Youth loves luxury

"Our youth now love luxury. They have had manners and contempt for authority. They show disrespect for their elders and love idle chatter in place of exercise. Children are now tyrants, not the servants of their household. They no longer rise when elders enter the room. They contradict their parents, chatter before company, gobble their food, and tyrannize their teachers."

This assessment of youth, quoted by the Canadian Home and School and Parent-Teacher Federation, was made by Socrates in the 5th century B.C.

COMOX AIRMAN WINS AWARD



Corporal Melvin D. Kohut, an Armament Systems Technician at RCAF Station Comox, receives a certificate from Group Captain E. G. Ireland on behalf of the Suggestion Award Board of the Public Service of Canada. Cpl. Kohut also received an electric drill kit for his suggestion to improve the servicing of radar on the CF 101 "Voodoo" aircraft.

Cpl. Kohut joined the RCAF in 1955 and came to Comox two years ago from the RCAF Station at Grostenquin, France. He is the son of Mr. and Mrs. John Kohut of Hay Lakes, Alberta and attended Hay Lakes High School. Cpl. Kohut and his wife, the former Miss Inge Prewara of Germany have two children and reside in Courtenay.

National and International

Canadian Army Officer Gets Bravery Citation



Capt. ROGER BEAUREGARD

SOEST, Germany — An officer of Princess Patricia's Canadian Light Infantry, Capt. Roger Beauregard, 31, son of Mrs. Bertha Beauregard, Gravelbourg, Sask., was invested with the Most Excellent Order of the British Empire (MBE) by Queen Elizabeth at Buckingham Palace on March 18.

Captain Beauregard was awarded the decoration while serving as a detachment commander with No. 57 Canadian Signals Unit during the United Nations Congo operation during the fighting that took place at Katanga in December, 1961. He is now serving as chief instructor at the battle school of 4 Canadian Infantry Brigade Group, Fort Anne, Germany.

His citation reads, in part, "even though his installation was subjected to heavy bombardment Lieut. Beauregard led his men in erecting additional masts and cable so that an all-terrain transmitter could be put into service and also in replacing masts and cable which had been knocked down in the fighting, all the while exposing himself to weapon fire."

The citation concludes, "his extreme devotion to duty, his zeal, enthusiasm, personal courage and cheerfulness during the period of hostilities in Katanga constitute distinguished and meritorious service of the highest order."

Military Tattoo to join 1967 celebrations

The government has approved a joint submission by the Secretary of State and the Associate Minister of National Defence affirming that a large scale military tattoo will be the major contribution by the Armed Forces in Canada's Centennial Celebrations in 1967.

Starting in April 1967 and touring for five months, The Canadian Armed Forces Tattoo will play to Canadians from coast to coast. The military spectacle will vary in size from 250 to 1400 officers, and men. It will perform in both indoor and outdoor stadia and will be one of the feature attractions at EXPO 67 in Montreal and the Canadian National Exhibition in Toronto. Specific playing dates for the tour will be announced as soon as possible.

Alouette II to be launched in Autumn

The U.S. National Aeronautics and Space Administration (NASA), co-partner with Canada's Defence Research Board in a satellites program for ionospheric studies, has informed the board that a rocket launching pad at the Pacific Missile Range in California will be available this autumn for placing Alouette II, Canada's second satellite, into orbit about the earth.

Earlier plans, aimed at launching the spacecraft in mid-1965 encountered scheduling problems at the Pacific Missile Range due to competition for launching facilities in the expanding space program of the USA.

Alouette II will be completed in all respects and ready for launching at any time this summer. The Thor-Agena rocket provided by NASA will also carry into orbit a NASA direct-measurement explorer satellite somewhat smaller than the Canadian spacecraft.

Alouette II, the backup for Canada's first satellite, will resemble its predecessor externally. Its instrumentation has been redesigned completely however, because it will follow an elliptical rather than a circular orbit and also because of varying scientific requirements. One of its ionospheric sounding antennas will be 240 feet tip-to-tip, 90 feet longer than its opposite number in Alouette I. Like Alouette I, the new spacecraft will weigh about 320 pounds, will be nearly oval in configuration, 42" in diameter and 34" high, and will be covered with about 6,500 solar cells to convert sunlight to electricity for recharging the batteries which will power the equipment within.

It will repeat its predecessor's experiments but will expand them substantially as it passes over the earth's poles in its elliptical orbit varying in altitude from 300 to about 1600 statute miles. To conform with the increased altitude, its components have been redesigned and the power of the telemetry transmitter will be increased. Because of the 1600-mile

RESEARCH SHIP LAUNCHED AT ESQUIMALT

The first ship to be designed specifically for research purposes for the Department of National Defence was accepted for operational employment at Esquimalt on March 9.

CNAV Endeavour is a twin-screw diesel electric ship, 236 feet long. Her motors will drive her up to 10,000 miles at 12 knots and she has been designed specifically for maximum sea-keeping ability to facilitate the use of precise instruments in rough waters. She is also fitted with a helicopter flight deck.

CNAV Endeavour will be employed in the North Pacific and Arctic Oceans primarily by the Defence Research Board's Pacific Naval Laboratory, Esquimalt, and as well, by the Fisheries Research Board's Pacific Oceanographic Group, Nanaimo, the Institute of Oceanography of the University of British Columbia, and by the Department of Mines and Technical Surveys.

Master of the Endeavour will be D. C. MacFarlane, of Victoria.

apogee, or high point of orbit, the power of the sounder transmitter will be increased substantially as well. A magnetometer and solar aspect sensor will be included to provide information on the satellite's orientation at all times.

Alouette II will confirm its predecessor's four experiments in the new orbit—sounding or charting the ionosphere from above; measuring cosmic noise; investigating "whistlers" or the upper atmospheric radio "signals" initiated by lightning strokes, and detecting and recording the presence of energetic particles. An additional experiment, designed by NASA to determine the density and temperature of electrons in the vicinity of the orbiting satellite, will be represented by an electron probe.

Plans for the third satellite, to be called ISIS "A" (International Satellites for Ionospheric Studies), are proceeding satisfactorily. The overall designs and experiments for the last two in the series, ISIS B and C to be placed in orbit before 1970, are in the early stages at the present time.

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LEO CADIEUX

New Associate Minister of National Defence

Leo Cadieux, Member of Parliament for Terrebonne, was appointed to the Cabinet by Prime Minister Lester B. Pearson, to assume the portfolio of associate minister of national defence.

Armed Forces Showcase on CBC April 1st

The last program in "Canadian Forces Showcase," a 13-week CBC series to entertain Canadian Servicemen, will be staged at HMCS Shearwater, Dartmouth, N.S., on March 22 and broadcast April 1.

Featuring top talent from the Canadian entertainment world, the series has Gordie Tapp, colourful star of the CBC television program "Country Hoedown," as M.C. Highlights of the program will be broadcast over the CBC English radio network on Thursday, April 1, from 10:30 to 11:00 p.m. local time.

G/C G. C. BUZZA APPOINTED C.O. OF COLD LAKE

Group Captain G. C. Buzza, of Hamilton, Ont., has been appointed commanding officer of RCAF Station Cold Lake, Alta., Canadian Forces Headquarters announced recently.

A veteran of 51 bombing sorties over enemy territory with the RCAF during the Second World War, the 42-year-old officer previously served as senior air staff officer, Headquarters 1 Air Division in Metz, France.

In June 1953 G/C Buzza led 422 Fighter Squadron overseas to Baden Soellingen, Germany, where it became part of the RCAF's 1 Air Division.

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North American air defence gets overhaul

WASHINGTON — (NNS) — North America's anti-bomber defenses are out of balance with today's threat — overweight because the Soviets did not build the expected attack force, but still in need of some improvements in quality.

This was one of the points made by Secretary of Defense Robert S. McNamara in his annual military posture statement to the House Armed Service Committee.

The overall level of the anti-bomber defense program, he said, is one of six major issues involved in fiscal year 1966-70 general nuclear war programs.

Two other issues also concern strategic defensive forces of the North American Air Defense Command—the production and deployment of a new manned interceptor, at an estimated five-year cost of \$4 billion, and the production and deployment of the Nike X anti-missile system, at an estimated five-year cost of \$24 billion.

In a capsule, here is how those three major issues shape up:

- The anti-bomber radar system will be trimmed with the phase out of excess elements. Improvements are planned in command and control and the surface-to-air missile systems; more spending is programmed to further develop capabilities to detect enemy missiles.
- The most important issue in anti-bomber defense is a new manned interceptor, but it is not definite the much-discussed YF-12A would get the job.
- Development of Nike X will continue on an urgent basis, but with no decision now on the question of production and deployment.

Following are the major points of Mr. McNamara's testimony on continental air and missile defense forces:

Anti-Bomber Program

The present system for defense against manned bomber attack was designed a decade ago when it was estimated "that our opponent would build a force capable of attacking the United States with many hundreds of long-range aircraft."

"This threat did not develop. Instead, the major threat confronting the United States consists of ICBM and submarine-launched ballistic missile forces."

Progress has been made in re-orienting anti-bomber defenses to the changing threat and will be continued, he said.

Surveillance Net

The surveillance, warning and control network constructed during the 1950s was oriented to manned bomber attack through the northern approaches over Canada and around the flanks through the Atlantic and Pacific oceans.

"But in any deliberate, determined attack upon the United States, we can assume the enemy would strike first with his missiles and then with his aircraft. Thus, the arrival of the missiles would, in itself, signal the attack long before the bombers could reach their targets."

As a result, large portions of the existing surveillance, warning and control system are obsolete or of marginal value.

"By far the most important issue in the anti-bomber defense area is the production and deployment of a new manned interceptor . . . the deployment of such an aircraft should be considered only if we were to increase significantly our overall damage limiting effort, including both the deployment of an anti-missile defense system and a nation-wide fallout shelter system."

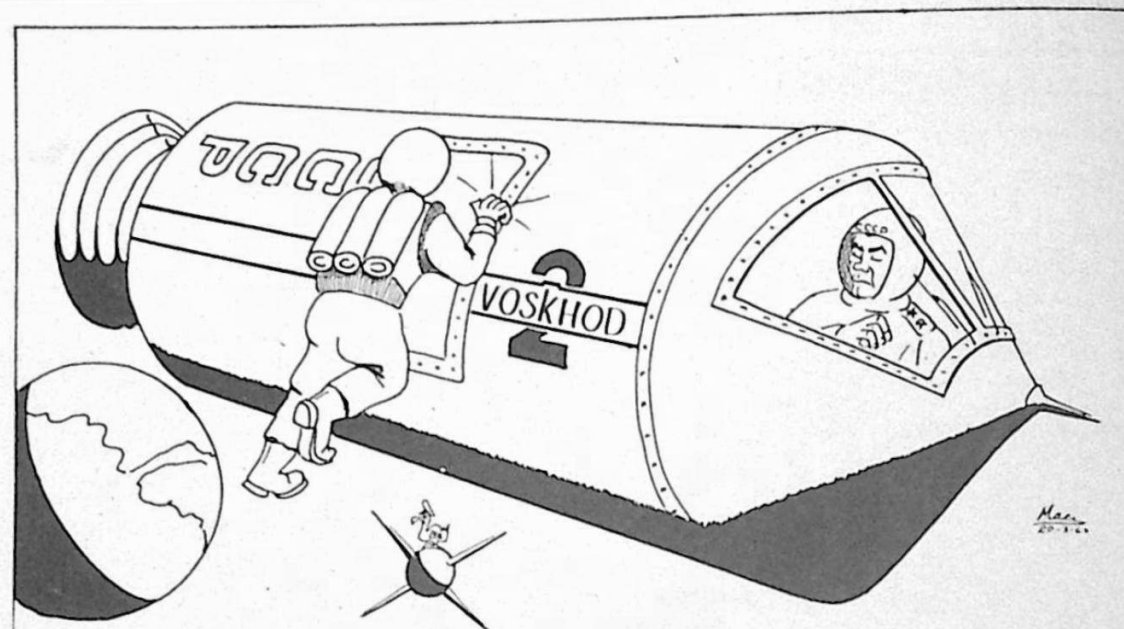
"And, if we were to raise the level of our damage-limiting program, it is not at all clear at this time that a new manned interceptor system would have priority over new advanced surface-to-air missile systems now under study."

New Fighters

"Nor is it clear at this time," McNamara continued, "that the YF-12A, which has already been substantially developed, would be preferable to an interceptor version of the F-111."

"Our analyses indicate that the F-111 would have some substantial advantages over the F-12A, including greater airborne endurance, an ability to recycle on a greater number of airfields, as well as the fact that greater numbers could be procured for any given investment."

"In any event, the anti-bomber and anti-missile defenses must be interlocked and must be in proper balance to be fully effective against a combined missile/bomber attack."



PLEASE COMRADE COLONEL, LET ME BACK IN, IS NOT
WANTING TO DEFECT TO THE WEST ANY MORE.

feeble against a combined missile/bomber attack.

"The F-111 is already nearing production. The Navy version, the F-111B, together with the Phoenix air-to-air missile systems now in development, is essentially an interceptor aircraft and could be modified for use in continental defense."

Radar Reductions

Screening out radar coverage "excess to our needs will continue," Mr. McNamara reported.

A recent study by the North American Air Defense Command has identified six more search radars which can be phased out this fiscal year, four in FY 1966 and six in FY 1967 while still retaining double coverage over most of the country and single coverage in remaining areas.

Radars remaining on the Distant Early Warning Line will be retained through FY 1970, but aircraft on the seaward extensions will be phased out. Use of the 22 ships on offshore radar lines also will be discontinued.

Manned Interceptors

"Considering the size and character of the bomber threat we are likely to face through FY 1970," Mr. McNamara told the Congressmen, "I believe the present manned interceptor force is larger than needed."

Nike X

"Although the Nike X development is progressing satisfactorily, there are many technical problems still to be solved and I believe it is still premature to make any commitment to production and deployment at this time."

"Over and above the technical problems there are even greater uncertainties concerning the preferred concept of deployment, the relationship of the Nike X system (Continued on Page 11)

Letter to Editor

The Editor, Totem Time,
RCAF Comox, B.C.
Dear Sir:—

I believe the Prime Minister announced the promotion of the Governor-General to full general some time ago.

Yours truly,
J. A. McCormick,
Flight Lieutenant

Editor's Note — F/L J. A. McCormick is correct.

Editor's Correction

In the March 11th issue, we stated that RCAF Comox was the first station to receive the "Mynarski" Award two consecutive times. This is subject to argument as RCAF Cold Lake also won the Award two times. It is not known however, if they were consecutive wins by Cold Lake.

Less than one-half of one per cent of all children are born with defective eyes, or defective eye muscles.

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Misconceived Ideas

by F/O R. J. ROSS

The world today is fraught with many popular misconceptions. For example: contrary to popular opinion the world's oldest profession is not that of painted ladies, but one of fruit picking; as Eve, the first to lift her hand to labour, would readily testify were she in our presence today. These tidbits of misinformation usually come from silver-tongued orators with very agile minds, and because the word arrangements have a lyrical quality and are pleasing to the ear they are generally accepted as fact without much thought as to their actual content.

One of the most popular and most ill conceived ideas today is that we make our own respective beds and therefore we just lie in them. Few of us, however, actually have the ability to change the sheets much less actually construct a bed, and some of us even end up in sleeping bags. Rather, our beds were for the most part, constructed by our forefathers and the linen is changed (or not) by the people who control our society and, to a large extent, our lives. Since we spend almost one third of our life time in bed this is a fair degree of control.

Such men as John A. MacDonald were builders of beds, likewise were Churchill, Hitler, Washington and Bonaparte. The product of their handiwork may at times be wobbly or lumpy, nonetheless, such as these are the builders and we must accept the result.

The basic need for a national or universal bed arises from man's discontent with his lot, and the construction of new beds is the result of man's effort to improve his pallet or change it to suit his personal desires. In this case, laziness is not the father of invention but rather the ambitions and abilities of a few be the fornicator, then the inabilities and lack of ambition of the majority be the prostitute and society is the illegitimate child.

The bulders of beds are usually men of great talent. They get the contract to build because they recognize the needs within their society and because they have the ability to convince society that they can fulfill that need. Because they have great

ambition and inventiveness they also usually design that which they are about to build.

In some societies the contract is awarded through a plebiscite while in others it goes to the builder who swings the biggest hammer.

Improvements of the end result are provided by the gentry of our world in the form of doctors, scientists, teachers and like people in honourable professions. These people strive to make our beds more comfortable with the advent of foam pillows, electric blankets, and posture pedic mattresses.

This brings me to the chamber maids, or the people who change the linen. This function is performed by the Dear Abbies, the Mamie Vanderbits and the Diors. These people decide such things as what we should wear whether or not its polite to pick up spare ribs, and what is lacking in our personal morals.

The laundering and dry cleaning of our linens is done by politicians and news reporters. Some strive to give good service and returns our sheets in good clean condition. Unfortunately, all too many of them tend to return damaged goods or dirtier linen than we sent to them for cleaning.

There remains only the home grown everyday variety of human who must occupy the bed. As I stated earlier, we don't make the bed, we do have to lie in it, sleep in it, and occasionally get to soil the sheets a little.

All bedmakers are not bad but there are enough heavy sleepers among us who are willing to tolerate the lumps and hollows thus making it possible for the poor quality of pad to get on the market. Unless you own a sleeping bag and are content to sleep with naught but a blanket of stars, you may quite easily seek to obtain a more comfortable bed since you award the contract.

It is possible to sleep with contact lenses in place, but optometrists discourage the practice. Specialists feel that the eye can best maintain its normal healthy state if left uncovered for at least part of the day.

Supply Section News

by J. MANN

Two new men showed up at the supply section looking for work this week. ACI Fred Watson got himself a job in number two group. Fred comes from Toronto, drinks hard liquor and prefers blonds.

ACI James Pearson landed himself a job in the R&I. James hails from Nova Scotia and like

most Easterners is glad to be in B.C.

There is a rumor around that Pat Wall may take Chester's place on T.V. Pat is developing a good limp.

It might be wise for everyone to keep their children off of the streets now as Cassidy has his licence back. The odds are 99 to 1 that he won't keep

Marine Section

"We had quite a shuffle in personnel this last month. The first was a new man in from Goose Bay; welcome aboard, LAC Rick Packam. Rick (ex-RAF) hails from Ye Merry England, is married and has two kids. His hobby is photography."

One of our boys, LAC "Stoney" Gabert, took his discharge and went over to the Canadian Coast Guard. We wish him luck

in his new career.

LAC Ron Harper made Corporal this week. We have not been able to get his reaction yet as he is on leave. There is a rumor that he is in a state of shock! Congratulations Ronny.

We've had a couple of minor rescues in the way of boats that broke loose. Other than that things have been quiet; we hope it stays that way.

On the C.E. Scene

By CHARLES R.

The power distribution system is one of the more important facilities maintained and operated by the C.E. Section on an RCAF Station. The operation of all other facilities is dependent on the uninterrupted supply of electricity.

The SCEO must attain the highest degree of maintenance possible and at the same time retain a continuous supply of power.

Duplicate Bridge

by ERIC HYDE

Many people have had no contact with Duplicate Bridge and may wonder just where the difference between it and Rubber Bridge lies. Basically they are the same. They follow all the same principles and the same playing systems are applicable in each.

The reason for Duplicate Bridge existing separately is to try to eliminate most of the luck of the deal that plays such a great part in determining the final result in Rubber Bridge. By having each hand played over at each table a comparison is obtained of how different pairs play the same hand. The pair getting the best result with a given hand is given the greatest number of points for that hand. The pair getting the poorest result get a zero score for that hand.

To begin the match the cards are dealt at each table in the normal way, and bid and played the normal way. However, the cards from each hand are kept separate from each other and stored in a holder so that the hand may be replayed at each of the other tables. The result is scored on a slip called the "travelling score" which goes with the holder and cards from table to table. No one is allowed to look at previous results until he has completed the play of that hand himself. At the end of the night all the different scores for each hand are compared and points awarded according to the relative position of the scores. (For example — If a hand was played at ten different tables the very best score would get 9 points, the second best 8 points, and so on until the very lowest score would get zero). All the hands are scored this way and final standings awarded.

(Continued on page 9)

it more than two weeks. The Supply Section is often accused of making mistakes but they can't hang the original mistake on us, that is, the invention of the calendar. This led, in due course, to having Mondays.



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HOCKEY HIGHLIGHTS Know your fish

BY JIMMIE DOUGALL

Results of minor hockey games played at Glacier Gardens, last Saturday:

Mesquite League:

Comox "C" - 2, goals; Carswell, Hutchieson; Carto, Nelson; RCAF "A" - 1, goals Smyth;

RCAF "B" - 2, goals; Elman; Elman, Purnell; Courtenay - 1, goals Emery, McLean.

Pewee League:

Courtenay - 4, goals; Buchanan; Pavolich, Bean; Rodgman; McLean, Jacobson; Comox - 1, goal; Hacking;

Bantam:

RCAF "B" - 2, goals; Mike Birch, Bob Birch; Manning; Courtenay - 1, goal; Clark, Hasalm;

Comox "C" - 3, goals; Nelson, Edmundson; Raiwet, Kines; Myne, Bloomquist;

RCAF "A" - 2, goals; Bolch, Fulton, Rushton; Fulton, Rushton;

Midget League:

RCAF - 4, goals; Tainton; Dougall, Cadwright; Cartwright, Dougall; Tainton, Johns;

Comox - 2, goals; Newell; Maron, Helgason.

In the Bantam All Star vs Midgets exhibition game Saturday evening the All-Stars proved too good for the Midgets, running out easy winners by a 7-3 score before

409 Sqn. wins ISHL title

by GORD WHITSON

"Lose—what's that," was probably words of the 409 squad after gaining first place in the Inter-Section league. They swept the 15 game schedule with 12 wins, 1 loss, and a tie. Their loss and tie coming from 407B, the second place finishers. Courtenay, ending up in the third slot, came close to beating the leaders twice, coming within a goal's reach each time.

FINAL STANDINGS

Team	P	W	L	T	P
409	14	12	1	1	25
407B	14	10	3	1	21
Court	15	9	5	1	19
HQ's	15	7	7	1	15
407A	15	2	12	1	5
121	15	1	13	1	3

In individual scoring, Lawson of Courtenay took the honors with 38 points followed by McDonald of 409 with 33, and then Bugless of 407B with 32 points. It might be worthy to note that the two top leaders and also Durant of Courtenay, all joined the 20-goal club by scoring 20 or more goals during the season.

NAME	G	A	Pts
Lawson (Court)	21	17	38
McDonald (409)	21	12	33
Bugless (407B)	14	18	32
Durant (Court)	20	11	31
Nesbitt (409)	19	9	28
Spicer (407A)	17	8	25
Darnbrough (HQ)	14	11	25
Carroll (407B)	11	14	25
Gionet (407B)	14	10	24
Hunter (Court)	12	12	24

The inter-section play-offs are now well under way. In the 409-HQ series, 409 won the first match 3-0 and wrapped it up in the second encounter by a 7-4 margin. The Courtenay-407 Aircrew semifinals was split with a game apiece, with the third and deciding game being played at press time. The winner of this match will play 409 for the championship.

an excited crowd.

The weekly "Teen Game" between local rivals, Courtenay Teens and Wallace Garden Teenaires ended in a 7-4 victory for the Teenaires. However these rousing contests are real crowd pleasers.

TOTEMS TURN IN FINE PERFORMANCE

Although losing 9-7 to the rugged Port Alberni Luckies the Comox Totems reclaimed much prestige with a spirited display to give the Luckies a hard game. The line of McDonald-Lee-Nesbitt proved to be a real thorn in flesh to the tough Luckie defence while the Hunter-Darnbrough-Fillion was most productive. Johnny Hunter netted three while team mate Fillion counted twice.

Next weekend the Totems will open the Tri-Service Tournament against old rivals, HMCS Naden. Game time is scheduled for 8 p.m. Friday evening, March 26th.

TRI-SERVICE HOCKEY CHAMPIONSHIPS

Friday evening, March 26 starts off the first tri-service hockey tournament ever hosted by Station Comox. Teams competing this year are Army and Navy sides from Chilliwack and Naden. Three games will be played the first starts on Friday at 8 p.m., the second on Saturday at 8 p.m. and the third and final contest takes place on Sunday afternoon at 2 p.m. Totems open the series with the HMCS Naden as op-

By GEORGE MacINTOSH

This column was originally intended as a discussion on lures, flies and bait that are commonly used locally for steelhead fishing, but a fishing trip recently to a new area of the Island and a discussion on identifying various trout and salmon species prompted a change in the text.

Your writer was fortunate enough to be included in a party that had a day's fishing in the Woss Lake area of the Nimpkish Valley. This area is roughly 60 crow-flight miles due west of Campbell River and is accessible by taking the new road from Campbell River to Port Hardy.

The area we fished is controlled by Canadian Forest Products and this company is setting up a number of campsites throughout the valley for the use of tourists. The scenery is marvellous and apparently the fishing both lake and stream from May to September is exceptional. The Nimpkish is highly recommended for the camping and fishing fraternity with a few days leave and new worlds to conquer. The trip by road would take about four hours but it would be advisable to check with the company or the Highways Department regarding travel restrictions before you leave the nest.

Unfortunately the fishing trip was more satisfying aesthetically than piscatorially. Only one fish was landed (four pound cutthroat) and the fish prompted a discussion on trout and salmon identification. So!!! First let us discuss the cutthroat and rainbow and their respective identifying characteristics. The cutthroat is

position, the loser facing the Army, Chilliwack next evening, Saturday.

Sunday afternoon the winners of both games meet to decide the championship. Tournament to be played under BCHA rules.

Seats are available for all games. Tickets will be on sale before and during each game. ALL SEATS ARE RUSH SALE TICKETS.

The Inter-section play-offs are in full swing. Courtenay and 407 Aircrew have played to one game each tie. The third game took place Tuesday evening to decide which side meets finalists 409 which defeated HQ two straight 3-0 and 7-4. The first of a best of three final games starts Thursday at 7:30 p.m. 409 are inter-section league champions and are out to win the double.

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greenish blue in color with large spots on head, body and fins. The rainbow has dark blue back and small black spots on head, body and fins. The cutthroat normally has a bright red dash on the inner edge and the underside of the lower jaw. Also the end of the upper jaw is well behind the eye. The rainbow does not have the red dashes and the upper jaw ends directly below the centre of the eye. Finally, the foolproof method of identification is the teeth the cutthroat has on the back of his tongue, merely place your finger through the gill covering and you can feel the teeth.

The steelhead, the coho, and spring are relatively simple to separate.

The trout has a straight caudal (tail) fin while the salmon have caudal indentations. In addition the trout has a white mouth cavity, the Coho white gums, dark tongue and mouth cavity and finally the spring has dark gums, tongue and mouth cavity. There are a number of other differences but really if you are fortunate enough to catch any one of these fish in prime condition who would be too concerned about his family tree.

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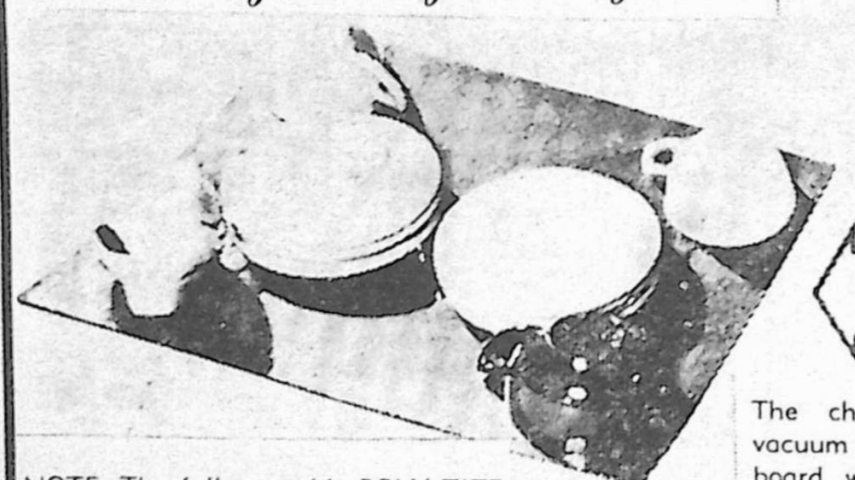
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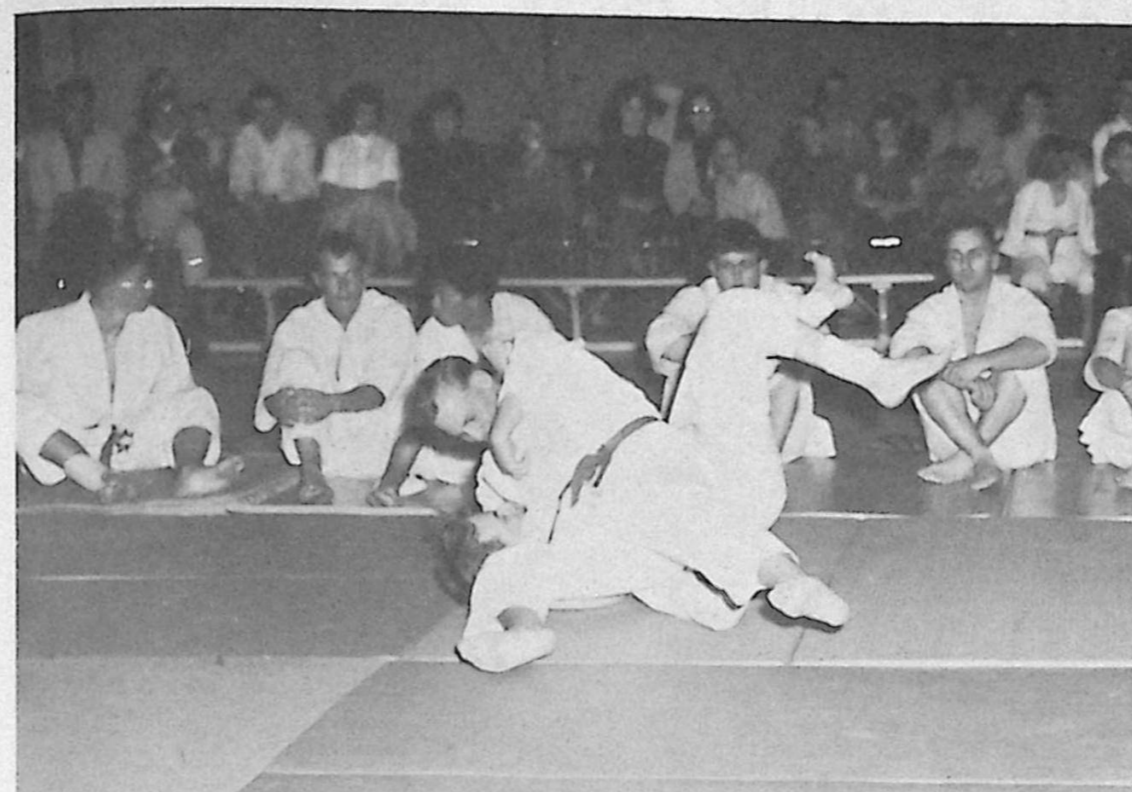
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COMOX JUDO TOURNAMENT A SUCCESS



LAC E. D. BALL securing an immobilization on his opponent after throwing him.

Comox Valley judo enthusiasts got together Sunday, the 14th of March, for a tournament and it

proved to be a resounding success for RCAF judo players as they defeated all comers. The

dependents in the 16 and under class dominated their field as Ken Milne fighting like a young Doug Rogers (Canada's Olympic hero) found opposition only with Bruce Belfour who came second. Both these boys were graded up to yellow belts for their good showing. Mention also goes to Lywellan Purnell, Jerry Lester, Duncan Brown, Jim Barns and Fred Race for their fine display.

The senior division, which was divided into two parts according to belt grade, was smaller than expected but very exciting as every fight except one ended with a point being scored. Four persons were prominent in this bracket led by LAC Ed Ball who won the grand championship. AC1 Blaine Cheetham was the big gun in the lower belt category followed closely by LAC Iken Bennett and AC1 Don McConachie. The technique displayed by these finalists was very good and Cheetham and McConachie were promoted to yellow belts.

The RCAF club is getting stronger every year and recently lost only a very close match with a large Vancouver club.

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Bowling news On the Local Soccer Scene

FINAL SERVICE LEAGUE STANDING

Monday — 1, Accounts; 2, CommCen; 3, Riff Raff; 4, 407 Sev; 5, 407 Rep; 6, 407 Ast; 7, 407 Armt; 8, Groundhogs; 9, Dart; 10, Hospital.

Tuesday — 1, 121 Rep; 2, 121 I & E; 3, Flintstones; 4, 101 ers; 5, Bluebirds; 6, Raiders; 7, Supply; 8, Torpedoes; 9, 407 I & E; 10, Eagles.

LADIES' AFTERNOON BOWLING STANDINGS

Team No. 12, 107 pts.; No. 8, 101 pts.; No. 11, 85 pts.; No. 7, 82 pts.; No. 2, 81 pts.; No. 5, 76 pts.; No. 4, 73 pts.; No. 10, 63 pts.; No. 6, 59 pts.; No. 9, 56 pts.; No. 1, 50 pts.; No. 3, 49 pts.

Weekly Prizes

High single: Jean Buntiny, 262; high 3: Irene Lendsey, 598; hidden score: Dorothy Eldridge, 119.

Holding

High single: Betty Burgess, 336; high three: Betty Burgess, 822; high average: Joe Parker and Mella Legassee, 178.

RMC suffers first shutout

The Royal Military College hockey team suffered its first shutout in 34 years in its annual tournament with the cadet team of the United States Military Academy by a score of 6-0 at West Point, N.Y., on Saturday, March 6.

The West Pointers made two goals in the first period and four in the second. Shots on goal were: USMA 34, RMC 21. RMC cadets served 9 two-minute penalties and West Point 4 two-minute penalties.

The scene of the hockey encounters has alternated between the two institutions since the first game was played at West Point in 1923. With the exception of 1942, the matches were not played during the Second World War.

Of 34 games played so far, Royal Military College has won 19, West Point 14, and one game was tied. The Pointers won their first game in 1939 and have now won 12 of the 17 games played since the first post-war match in 1949. The score of last year's game played in Kingston was RMC 4, USMA 2.

Captain of this year's RMC Redmen hockey team, in red and white jerseys, is John Adams, of Oromocto, N.B.

Head coach for the Redmen squad is the College's athletic director, Major W. J. (Darryl) McLeod, of Calgary, with 28 years' experience as player and coach. He is also secretary-treasurer of the Canadian Inter-collegiate Athletic Union and coach of the Kingston senior "A" hockey team in the Ottawa-St. Lawrence Athletic Association.

Coach for the West Point squad

O. B. ALLAN CUP

1st round, Cumberland Waverley 3 - Courtenay Merchants 2. 2nd round RCAF Crusaders 4 Molson United 1.

Courtenay Merchants gave Cumberland Waverley a fright by forcing the miners into overtime period after the regulation ninety minutes resulted in a 1-1 tie. Mike Walls counted for the home team while veteran goal-ace, Dunk Webber netted Waverley's equalising goal. The extra-time was a see-saw battle with the stronger Cumberland team managing to nip the city youngsters 3-2 on goals from D. Webber and D. Kilpatrick. Walls was again the scorer for Courtenay.

Waverley now meet the Cape Mudge Tyees on Sunday afternoon at Cumberland in the 2nd round. The winners meet RCAF Crusaders in the final of the O.B. Allan competition.

CRUSADERS CRUSH MOLSONS

The greatly improved Crusaders gave their best performance of the season as they out-paced the Campbell River side. The first half was very evenly contested and ended 1-1. The pride o'Erin, new boy, Sean Denney opened the scoring with a well-taken goal which was nullified by a picture goal by visiting captain, Jimmy Smith. The united inside right sent a bullet-like shot through a rack of players, with great accuracy, to beat the unsighted Crusader keeper.

The second half saw Crusaders come to life, their other new-man, Stewart "Scottie" Cameron giving a most promising display at inside left and fellow forward, Tony Mitchell rattled home a terrific hat-trick to end the scoring.

Key to the airforce success was captain Ken Wright's brilliant defensive display and the ability of his colleagues to inter-change position without bunting.

Crusaders now await the winners of the Cumberland - Tyees contest.

is Jack Riley who coached the gold medal winning U.S. Olympic hockey team in 1960.

When the first hockey game between the two military institutions was played in 1923, Royal Military College presented a cup to the U.S. Military Academy to commemorate the occasion. The fact that West Point did not win a game during the first 16 years of competition gave birth to the legend that the cup is always presented to the losing team. Presentation of a duplicate cup to RMC by USMA at Kingston in 1939—the year of hockey team in the Ottawa-St. Lawrence Athletic Association. Coach for the West Point squad

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BIATHLON TRAINING — Shown above is FS Robert Barlow, Airforce Police, instructing Cpl Norman Shutt, Airforce Police, in weapon handling. Shutt was a competitor in the Olympic Games held previously at Squaw Valley, California.

The Biathlon — new Olympic sport

by R. W. BARLOW
Something new was unveiled at the Winter Olympic Games held at McKenney Creek, Squaw Valley, California in 1960. That is to say, it was new, particularly as far as Canadian sport representatives and the athletes were concerned.

The Biathlon event scheduled at McKenney Creek that year attracted teams from the United States, Finland, Sweden, Norway, Britain and other foreign countries.

The year prior to the Olympic Games (1959) saw Canadian practice diligently for many weeks in preparation for the final trial runs held at Squaw Valley, California on the 18th of February 1959. This Canadian was Corporal Norman Shutt, a member of the Air Force Police who at the time was stationed at RCAF Station Falconbridge, Ontario.

The author of this article had the honour and pleasure of acting as coach for Norm Shutt during the many long training hours each week on the rocky hills and valleys surrounding Falconbridge. With the kind permission of G/C V. L. Berg, CO of RCAF Station Falconbridge the author and Corporal Norm Shutt laid out a regular Biathlon Course over the snowy slopes, marking out kilometres and setting up targets of opportunity

at various intervals. Practice sessions were put into effect and cross-country ski runs from 12 to 20 kilometres were practiced from two to four times a week.

International competition is nothing new to Norm Shutt. He was a member of the British Olympic Ski Team that competed at the Winter Olympics in Cortina, Italy in 1956.

What is the Biathlon? Actually this sport developed and grew out of war manoeuvres. Finland and Russia were at war in 1940 and inasmuch as the Russians had the Finns badly outnumbered throughout the campaign, something had to be devised. The Finnish High Command with superbly conditioned troops (ski troops) were able to move fully equipped on skis, and as a result inflicted heavy losses on the less mobile Russians.

As can be readily ascertained the Biathlon is really two sports in one — cross-country skiing and rifle marksmanship. The distance for a Biathlon event can vary anywhere from 15 to 50 kilometres. A typical distance may be 20 kilometres (approximately 12 1/2 miles). A competitor would ski four laps of five kilometres each with a total climb of 1500 metres (slightly over a mile). The rifle shooting being done at the end of each five kilometre lap of the race.

Competition is among teams from each country composed of four skiers each. Each member of the team fires five rounds at various sized targets from a variety of distances.

HOW IT WORKS — A typical race might go something like this: At the end of the first five kilometre lap a competitor would fire five shots at a target eight inches in diameter from a range of 100 metres.

At the end of the second lap, another five rounds are fired at a nine inch target from 150 metres. On completion of the third lap, five rounds are fired at a ten inch target at 250 metres, and at the end of the fourth and final lap five rounds are fired at a twelve inch target at a

distance of 250 metres.

Scoring is based both on the competitor's skiing ability to ski cross-country rapidly and to abide by the rules in so doing, and on his accurate handling of the rifle. Each time a competitor fails to score a hit, two minutes are added to the time he takes to cover the 20 kilometre course. Therefore if a complete four lap run takes two hours and the competitor misses his targets on ten different occasions, his score card would be charged with a total time of two hours and twenty minutes. If he misses on only three occasions his total time would be two hours and six minutes.

WELL EQUIPPED — A rifle weighing approximately nine lbs. is carried, along with a small pack or rucksack. The competitor is required to load his rifle at the end of each lap prior to firing on target. In other words he is not allowed to carry a loaded weapon. Competitors find their accuracy may not be too good by the time they reach the fourth five kilometre lap. Exhausted from the long grueling trip up and down hills with tricky turns enroute their eyes begin to play tricks on them in the snowy atmosphere. And these targets look pretty small. A competitor for the sport is required to put in a minimum of twenty hours practice a week during training for this newest and perhaps toughest of Olympic Sports in order to attain the physical conditioning necessary for international competition.

At the McKenney Creek, Squaw Valley trials held in 1959 Norman Shutt came in twenty-sixth in a field of fifty-eight competitors from eight different countries.

The United States Army team, based in the Alaska Command, took first place in the 1959 trials, and was the strongest competition for the Scandinavian Olympic team entries in 1960, who normally dominate this type of event.

(Continued on page 10)

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Sr. NCO's Corner

By BTFSK
The Sgts Mess bowling tournament turned out to be a huge success. There was a total of 96 participants. The winning team was composed of George and Gertie Nicholls, Joe and Colleen Reid, and Dick and Juanita Osmund. Runners-up were Red and Grace Costin, Pete and Bev Blain, and George and Isabel MacPherson.

High single lady: Pam Scobey, 2nd high single lady: Shirley Chapman; high single man: George MacPherson, 2nd high man: George Nicholls; high cross lady, Jean Stamm, 2nd high cross lady, Helen Ralwer; high cross man, Dick Osmund; 2nd high cross man, Pat Carragher; hidden scores: Jean and Ernie Biers, Marion Yeomans, Tiny Harris, Bob Findlay, Gloria Saunders, Mae Carragher, Howard Armstrong, Bev Handerville, Winnie Prokuda, Lillian Grandage, Deena Burley, Wilf Cook, John Dunbar, Bill Kendall and Steve Plant.

The bowling was from 1330 until approximately 2000 hours. After the bowling, a games night followed. Cribbage, darts and shuffleboard were played. Winner of the cribbage was Howard and Olga Armstrong; runners up were the Scobeyes. Presentation of prizes were made to the bowling winners and runners-up and also the winners of the cribbage. There were so many entrants in the shuffleboard and darts that winners were to play off the following week and winners to be announced at a later date. The evening was rounded off with dancing to records and a feed of Red Costin's delicious hamburgers.

Saturday, 20 March saw a grand turnout for the bingo and St. Patrick's dance. The Irishmen were decked out in various shades of green and the Mess was appropriately decorated. There was almost mayhem in the mess when somehow or other a plastic ball with I Twenty made its way on the top of the bingo rack without being called. A hasty decision was made and six disgruntled winners made their way off the stage leaving members of the committee in one piece. Apologies go out to these people in not winning the jackpot, but these situations happen.

The evening finished off with dancing to the music of the Delcantes and a delicious feed of Chinese food. Members are reminded to keep Saturday, 3 April free. Dance and floor show featuring the Encores from Esquimalt. Those of you who missed the show last time should make it a point not to miss this one as they really put on a wonderful show.

Bon voyage and the best of luck to the fellows who are to become F/Os as of the 1st of April: WO2 Binnie, WO2 Fury, FS Ferris, FS Webb, Sgt Grant and Sgt McPhall.

Protest Denied

The protest which was lodged by 407 Hockey Team against Courtenay in reference to Tuesday night's hockey game has been turned down.

Intersection finals begin Thursday 25th between 409 Squadron and Courtenay.

2ND COMOX (RCAF) Scouting

On behalf of the Boy Scout Worldwide Organization it is the pleasure of the 2nd RCAF Comox to present Senior Sixer Llewellyn Purnell with a hand axe as a token for his hard work in achieving all Cub badges.

Llewellyn joined Cubs in Royston on the 16th February 1962. We were quite fortunate to have him join us two months later at the 2nd RCAF Comox Blue. Very shortly he will be going on to Scouts and knowing Llewellyn, on to greater achievements in Scouting. (Just in case you wish to locate him, if he's not at home with his studies, he will be at the Judo Club, playing baseball or getting another goal for the team at hockey.) Good Scouting Llewellyn.

The 2nd Comox Blue Pack is proud to invest Carl Bau-slough as a Tenderpad. After passing Tenderpad requirement Carl will have new horizons to work for on his way to the stars. Good luck from all the Cubs, Carl. Do your best.

Duplicate Bridge

(Continued from page 5)

The attractions of the game are mainly that your ability and efforts are compared with all the other people who held the same cards you did, and that if you have only 2 points in your hand all is not lost — all the people you are being compared with held the same two points. This way you could win first place and never hold a good hand (by rubber bridge standards) all night.

Mechanically there are differences. Because the cards



must be saved for use at other tables they cannot be thrown in the centre of the table and gathered up into tricks. Each person shows his cards and then retains it at his edge of the table. In order to keep track of tricks won and lost cards representing winning tricks are turned the opposite way to cards representing losing tricks. This seems strange at first, but soon you find it feels strange to throw them in the middle.

Duplicate bridge does not require you to be an expert.

Everyone in the game is still making his share of the mistakes. All is required is that

you play a reasonable game of rubber bridge and have a feeling for competition.

Comox Valley Ministerial Assocn.

The Comox Valley Ministerial Association held its regular meeting at the Protestant Chapel, RCAF Station Comox on Tuesday, March 9, at 10 a.m. A devotional period was conducted by F/L L. R. Pocock.

The meeting was called to order by the president, the Reverend J. E. Klassen, and there were 12 members present. During the course of the meeting the new tourist pamphlets were circulated, to be distributed by the members to the hotels, motels, tourist information centres and to "Welcom Wagon".

It was agreed to adjourn at 11:15 a.m., in order to meet the commanding officer of the RCAF Station. Group Captain Ireland gave the members of the Ministerial a briefing of the Ministerial Station Comox as a part of Air Defence Command and NORAD, and described the function of the various squadrons.

Several of the members stayed to lunch in the Officers' Mess, and in the afternoon were taken on a tour of the Station.

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DRESS SHEER MESH. Reg. 98c. Sheer nylons with smooth, flat looped toes. Tender beige, burnt sugar, Mocha. Pair — **78c** 3 prs. **2.22** You Save 63c on 3 pairs

GLENEATON FULL FASHIONED. Service weight. Flex top. Tender beige. Reg. 1.39. Sale Price — **1.11** 3 prs. **3.15**

GLENEATON FULL FASHIONED. Stretch service weight. Tender beige. A-B-C. Reg. 1.50. Sale Price — **1.19** 3 prs. **3.39**

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SUMIKO TANIMOTO — Miss Tanimoto was one of a group of eight Japanese nationals who joined Canadian Pacific Airlines for training as stewardesses this year. This was the first group from Japan trained by the airline. Prior to this Japanese of Canadian birth were employed as cabin attendants on Oriental flights.

Miss Japan - Can. Friendship makes Canadian tour

VANCOUVER — An event of international interest took place on Friday, March 19th with the arrival in Vancouver of Miss Japan - Canada Friendship and 12 of the leading journalists from Japan.

The Department of Trade and Commerce conducted the search for a talented and cultured young woman to symbolize the growing bonds of trade between Canada and Japan. A panel of eminent educational, cultural and business leaders from Japan along with the Canadian Ambassador R. P. Bower announced their choice in Tokyo on March 10th.

Miss Hiroko Koba, the 23-year-old daughter of a famous author became Miss Japan-Canada Friendship.

Miss Japan-Canada Friendship, her lady-in-waiting Miss Simiko Tanimoto and the press corps left Tokyo by C.P.A. for Vancouver on March 19 for a three-week tour of Canada. They will visit all the major cities in our country and will be accorded civic and provincial receptions as well as being able to view many of our industrial and tourist attractions.

Biathlon

(Continued from page 8)

It will be interesting indeed, to see how Canada places in the Biathlon at the next Winter Olympics to be held in 1968. With proper training and with a team composed of the fortitude and determination shown by Norman Shutt, this country may give a good account of itself.

The author of this article has only just learned that F/O Ray Mascotto and F/O Gary Thain of 407 Squadron presently attending Biathlon training at Camp Borden and Valcartier P.Q.

Wallace Gardens

By MRS. GEARY

Well, it's over and we had some frantic fun doing it! It's quite an experience to enter a skit in Skattered Kits, and our Totem Teens did very well in spite of that little gremlin who hopped from shoulder to shoulder. The first night the curtains were pulled too soon and the lights were too dark. The second night our "Maritians" lights didn't go on. Also, the tape recorder was plugged into the speaker wrong! The last night everything worked like a charm and now everyone is talking about next year. Grace Costin did a wonderful job and we hope she gets "stuck" here for a couple more years. Many thanks, Grace. Thanks also go to "407 Ops" for their

Magnificent Exhibition nears completion

"Victorian Artists in England", one of the most important exhibitions ever compiled by the National Gallery of Canada, is nearing completion.

It will be opened by His Excellency the Governor-General at a formal ceremony at the National Gallery at 9 p.m. on March 25.

The exhibition is an intensive collection of about 75 paintings and drawings covering, in period, the entire reign of Queen Victoria (1837-1907).

To be shown only in Ottawa, from March 26 to April 25, it will be the first exhibition of Victorian painting to be held in Canada, and the first really comprehensive one in North America.

The names of eminent artists and distinguished collections attest to the quality of the contents. Her Majesty the Queen has graciously consented to lend from the Royal Collections five pictures, by Millais, Frith, Winterhalter, and Landseer.

help. Without it we couldn't have put the skit on.

The Craft Clinic, for the few who attended, was very interesting. Mrs. Olafsson was full of ideas and was prepared so well, she could have taught all week. In the five hours we worked, we made 18 things and were told about many more. It certainly was worth the money spent by the Recreation. For anyone who was not able to make it and would like a few ideas from the Clinic, they are welcome to drop into my office and I would be very pleased to show the things that were made and how to make them.

We are certainly getting a good turnout for the boys' soccer every Saturday morning at the school. Cpl. Bunting reports that there are 27 8-12 year old boys coming out. We would like to mention again that there will be films shown on soccer at the Station Theatre on Saturday morning, the 27th. Check with Cpl. Bunting as to the time.

Baseball will be under way as soon as we can get a few more coaches. If you know of someone who would be interested, let us know. Or, if you know of someone who would be interested, let us know. Or, if you are, please us quick-like, PLEASE! If anyone has a uniform laying around the house from last year, please turn it in as there are not enough to outfit all the boys this year.

Short report this week, but if only you could see why! Uniforms, equipment, cupboards, boards, stands, boxes, chairs, craft supplies, summer program apparatus, etc., etc., all over the office with nowhere to go and the sun is so nice outside and I know the weather it too nice to make a person want to stay inside and I sure don't want to but I've got to make some room around here and, anyway, I'm late with this so I've got to run! See you in the next paper!

Arthritis Education Week, April 4-10

The Canadian Arthritis and Rheumatism Society has declared April 4th - 10th Arthritis Education Week in B.C. this year.

More than a million Canadians have some form of arthritis. The cause of this baffling disease is unknown and there is no cure. However, much can be done for the person who seeks medical aid in the early stages. Disability and pain can be prevented in the majority of cases, if proper treatment is started in time. Even those who seek care when the disease is more advanced can be helped in various ways. But the sooner care can be given, the better chance there is for hopeful recovery.

Not many people realize that even children are susceptible to arthritis. This disease also attacks active young adults frequently. It is essential that symptoms be taken seriously and not lightly dismissed, for until a successful cure is discovered, early treatment provides the best hope for recovery without permanent disability. Experts estimate that one in every ten people suffer from some form of arthritis. Help is available through your family doctor and the Canadian Arthritis and Rheumatism Society.

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1962 ACADIAN Invader Stn. Wagon. 6-cyl. standard transmission, new tires, plugs, carb. bit, (Bear) wheel alignment and balance. \$1795. LAC Frank Legros, Local 311 or 338-8056.

1961 PONTIAC Parisienne convertible auto 6, wine colour, with tan top. Owner transferred overseas. F/O Stow, local 246.

Air Defence

(Continued from Page 4)

tem to other elements of a balanced damage-limiting effort, the timing of the attainment of an effective nation-wide fallout shelter system and the nature and effect of an opponent's possible reaction to our Nike X deployment.

"Accordingly, we propose to continue the development of the Nike X system on an urgent basis and a total of about \$400 million has been provided in the FY 1966 budget for that purpose."

Secretary McNamara added that considering the vast amount of development, test and evaluation work still to be accomplished, deferral of the production and deployment decision to the FY 1967 budget should not delay an initial operational capability by many months beyond what could be expected if production were to start in FY 1966.

Satellite Defense

Work is proceeding on two large ground-based optical installations for satellite tracking

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Although Interior species are not renowned for great size or age, the Forest Service has reported finding an Engelmann spruce west of Invermere, B.C., with a diameter of 48 inches and in excess of 525 years of age.

and photography. The first, at Cloudercroft, N.M., will become operational shortly and should be able to provide photographs of satellites with a high resolution.

The second system, in Maui, Hawaii, will become operational in 1965 and should have an even higher resolution, he reported. Both systems, however, are subject to atmospheric distortions and are limited to periods near dawn or sunset.

20,133 PERSONNEL

Canadian Navy has 46 warships

The Royal Canadian Navy's 46 warships range from an aircraft carrier through helicopter-destroyers, destroyer escorts, ocean escorts, a submarine and supporting ships. One or two Royal Navy submarines serve at a time in the Atlantic Command under the operational control of the RCN. Four small ships are on loan to other government departments. There are more than 100 auxiliaries, from research vessels down to small passenger ferries.

The 20,000-ton aircraft carrier leads the RCN's anti-submarine warfare (ASW) team. She has an angled deck, mirror landing aid and steam catapult and carries twin-engine CS2F-2 Tracker anti-submarine planes and CHSS-2 Sea King all-weather ASW helicopters.

There are 23 helicopter-destroyers and destroyer escorts in the fleet, 20 of them built in the past 10 years. Two had a hangar and flight deck included in their initial construction to accommodate the heavy Sea King helicopter, and this year the sixth of the seven original St. Laurent class of destroyer escort will have been so converted. All of the helicopter-destroyers also have the Canadian variable depth sonar.

The first of three Oberon class conventional submarines for the RCN will be commissioned at HM Dockyard, Chatham, England, in the fall, followed by the others in 1967 and 1968.

The RCN has two first-line air squadrons, one armed with Trackers, the other with Sea Kings. Four other squadrons are for training, evaluation and utility services. Fixed and rotary wing aircraft of four of the squadrons have a carrier operating capability.

Strength of the regular Navy as of Jan. 1, 1965, was 20,133 officers, men, wrens and cadets. That of the Royal Canadian Naval Reserve was 2,393 officers, men, wrens and cadets of the University Naval Training Divisions.

Two-thirds of the Navy is concentrated on the east coast and five of its six air squadrons operate from the RCN air station, H.M.C.S. Shearwater, near Dartmouth, N.S. Detachments operate from the deck of the Bonaventure.

The fleet underwent a re-organization of its ships and personnel in December-January so that ships are arranged in phases of operational availability and their manning conforms to a cyclic system. As a result, at least half the fleet will always be available for operational requirements and other elements can be brought readily forward in emergencies.

Two gate vessels and a small cargo vessel (HMC Ships Porte St. Jean, Porte St. Louis and Scatari) are maintained on the Great Lakes, manned each summer for the training of naval reserves on Canada's inland seas. They are reinforced during the summer by a ship or ships from the RCN Atlantic Command.

On the average, Victoria, B.C., has nine frost-free months a year, from March 1 to Dec. 7.

Baby Bonus can help to buy college education

Most parents are only too well aware that it takes a good deal more than brains for a boy or girl to go to college. That's why far-sighted mothers and fathers who want to give their children the best possible life plan far in advance for the rising costs of higher education.

For many Canadian parents, the monthly family allowance cheque provides an opportunity to lay groundwork of a savings program designed to cover the costs of higher education for their children.

Family allowance cheques for one child, if deposited in a B. of M. savings account until the age of 16, will total more than \$1600 including interest the bank pays. It's a tidy sum towards a college career.

If you're in doubt as to what it might cost in the long run to send your boy or girl to college, why not drop in at the Courtenay branch of the Bank of Montreal Art Mellin, the manager, will be glad to give you a copy of the B. of M. folder outlining a typical education savings program which can easily be adapted to the special requirements of your youngster.

There are more than 30,000 fires reported in Canada each year, and three-quarters of all fires are residential; smokers' carelessness is the largest single source of fires, causing more than a third, but faulty use of electrical appliances and wiring ranks second as the cause of fires and first in property losses.

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If you are planning to build or need money to finance purchase of a home call John Regan 334-2471 to arrange your mortgage requirements.

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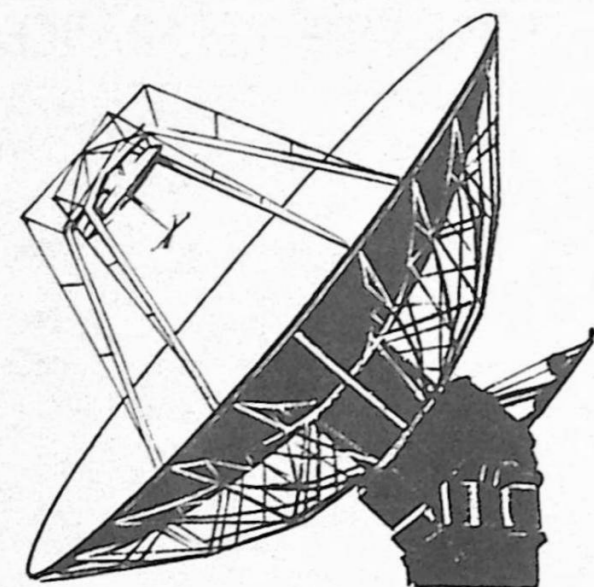
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750	22.50	28.12	33.75	39.37	45.00
1000	30.00	37.50	45.00	52.50	60.00
1500	45.00	56.25	67.50	78.75	90.00
2000	60.00	75.00	90.00	105.00	120.00
2500	75.00	93.75	112.50	131.25	150.00

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