



# TOTEM TIMES

FREE

19 Wing CFB Comox

FREE

THURSDAY 26 OCTOBER 2000

Comox Valley's Longest Running Newspaper

VOL. 42 NO. 17

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HAVE A SAFE & SPooky HALLOWEEN!



The exhaustive search for illegal migrants along BC's coast last year and a daring night-rescue in bad weather are among the aviation feats rocketing BC military flyers to the top of the air force's awards podium.

Aircrew from Comox-based 19 Wing accounted for three of the seven Air Force Association of Canada awards, which recognize outstanding achievements in aviation. A fourth went to a Victoria-based air reservist, and a fifth to a BC aviation company.

"It's great to see this richly deserved national level recognition of these air force units and individual members, all of whom are residents of British Columbia," said Association past president Bob Mortimer. "We in the West are fortunate to enjoy such excellence in military aviation."

Last year's constant vigilance of Canada's West Coast by 407 Maritime Patrol Squadron and its efforts to halt the illegal driftnet fishery in the Pacific earned the unit the Air Marshal W.A. Bishop, V.C. Memorial Trophy. The award, named after Billy Bishop, Canada's top fighter ace in the First World War, recognizes meritorious achievement in any field of aviation. The Association said the award acknowledges the dedication, teamwork and professionalism exercised by the men and women of 407 Squadron throughout the two very intensive operations.

Canada's highest award for excellence in air search and rescue, the Mynarski trophy, went to 442 Transport and Rescue Squadron for its rescue of a severely injured hiker in July 1999. The award cites the crew of "Rescue 318," a Labrador helicopter, which made a difficult night-hoist in mountainous terrain and then completed a harrowing return flight in deteriorating weather. The Association says the feat demonstrated the highest qualities of leadership, resolve and bravery.

(Continued on Page 3.)

## Trophy winners



Canada's highest award for excellence in air search and rescue, the Mynarski Trophy, went to 442 Transport and Rescue Squadron for its rescue of a severely injured hiker in July 1999 and MCpl Teichrib earned the Air Marshall C. Roy Slemmon Award, which recognizes the one airman or airwoman above all others who exemplifies "the best" of Canada's air force.



407 Sqn received the Air Marshall W.A. Bishop Memorial Trophy awarded in recognition of professional excellence performed by the squadron throughout both the Migrant Vessel Surveillance and Driftnet Operations in 1999.



Mark Fleming  
897-2465



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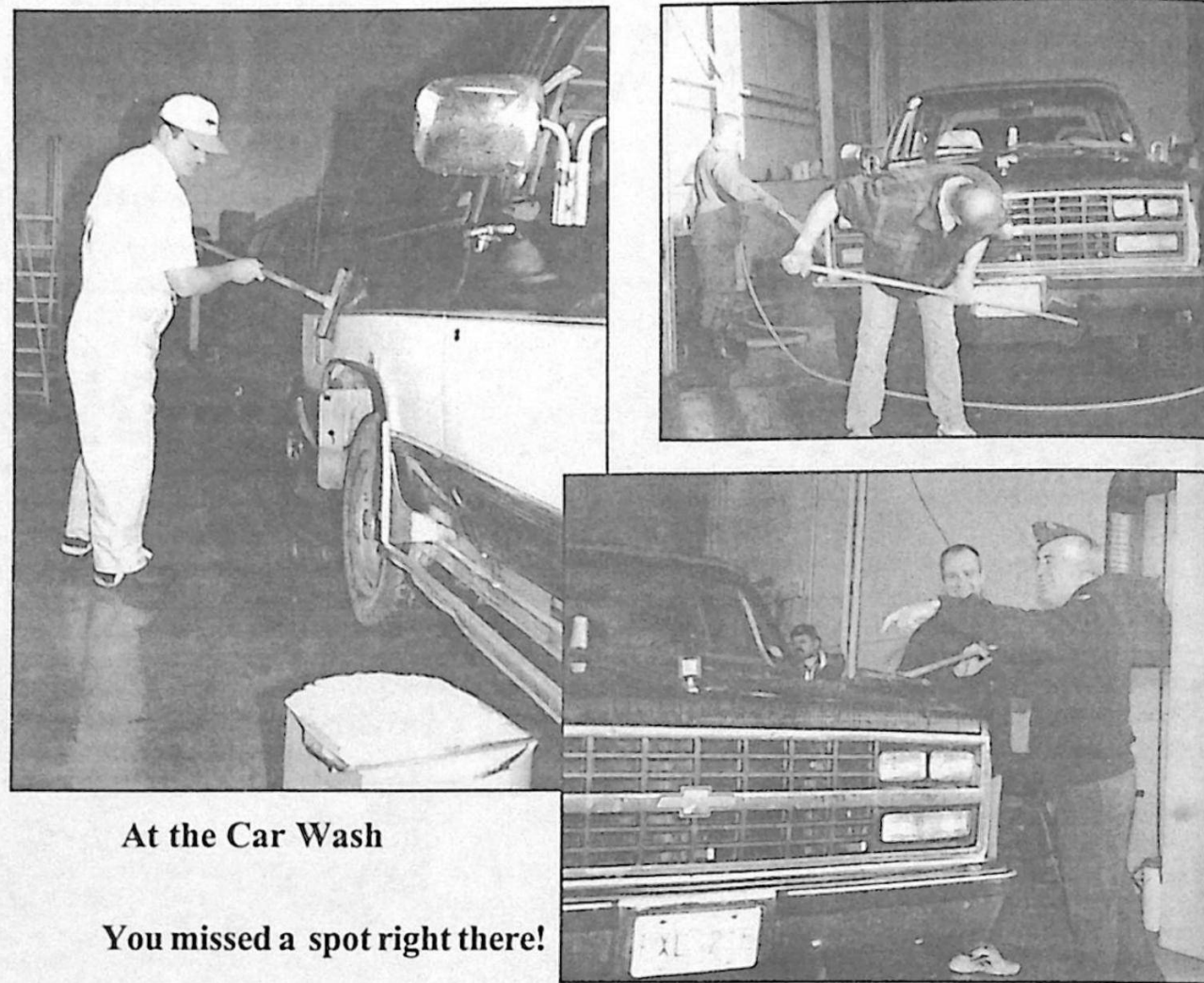
# United Way Campaign Update

Photos by  
W Imaging

Does your VCR need cleaning? Are your car's headlights blinding other drivers at night? Did you skip breakfast or forget your lunch? The United Way volunteers have a solution for you. Just participate in the myriad of special events hosted by various 19 Wing units and you can get your VCR cleaned, headlights aligned or grab a delicious pancake breakfast while at the same time contributing to a worthwhile cause. There are lots more events going on over the next two weeks. So check out the United Way web page on the Wing intranet for details.

If your work schedule will not allow participation in the special events, it is still not too late to sign up for a monthly pay allotment or to make a cash donation. As little as \$5.00 a month will make a big difference in the total amount donated by 19 Wing. If you are a coffee drinker, that is equivalent to the price of one large coffee a week. A relatively small sacrifice to assist the 28 local charities (many of them helping children) that United Way supports.

The 19 Wing United Way campaign has been ongoing since 2 October and we have raised approximately \$11,000 thus far towards the goal of \$18,500. The United Way representatives from the various sections have been hard at work canvassing Wing personnel and organizing special events. If you haven't made your contribution yet, please see your section representative or contact the Wing organizers, MCpl Luc Labrecque at 8384 or Capt Aziz Bhaiwala at 8111.



At the Car Wash

You missed a spot right there!



We are Canada's fastest-growing, independent aircraft maintenance center, and have openings on our team for dynamic, highly motivated, professionals ready for the challenge of building a world-class aerospace company.

### Experienced Aircraft Mechanics

You have many years of experience. Now you are ready to take the challenge of supporting Boeing 737, MD80, CRJ, Dash 8, Saab 340, or ATR aircraft. If not, we can train you. You like a flexible, challenging, work environment where there are no limits on your opportunities to grow. And you know how to fix aircraft. Exploit your training and experience by joining a company that can take you to the top.

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FAX: (514) 631-7532

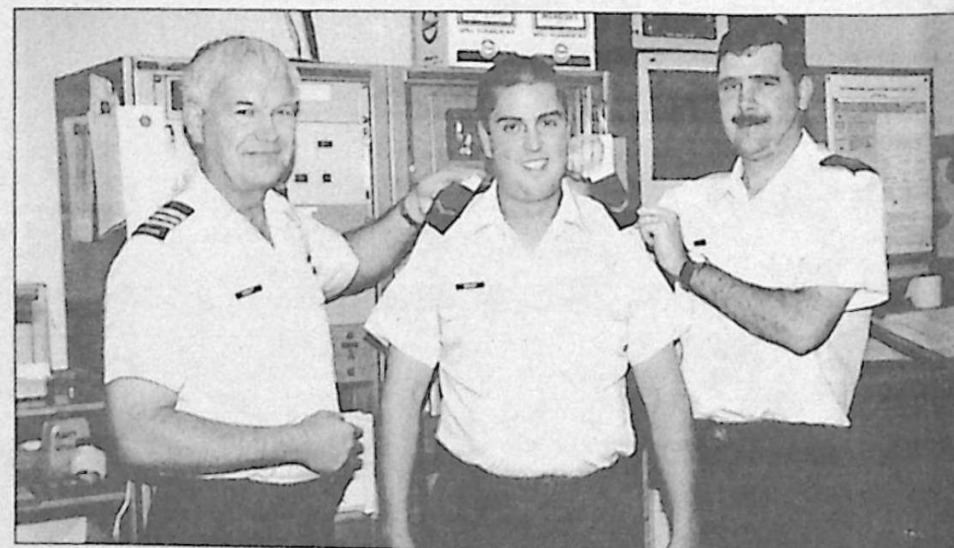
E-mail: avalois@exeltech-aerospace.com

## United Way Events



Date	Event	Location
26 Oct-3 Nov	VCR Cleaning <i>A clean VCR has a clearer picture, a smoother operation and provides a much better viewing experience. 19 AMS AVS Labs is offering cleaning of VCRs ONLY, for a small donation (min. \$5.00). VCRs may be dropped off up to 3 Nov. OPI is Cpl Marc Godin, 8834. Receipts and Hugs available upon request!</i>	19AMS AVS Labs, 7 Hgr, top floor
26 Oct-3 Nov	Raffle <i>Prizes include: 4-nights accommodation at Crystal Cove Beach Resort in Tofino, valued at \$500; Family Portrait package, courtesy of Wing Imaging, valued at \$250; Two Green Fees and cart rental, courtesy of Glacier Greens Golf Course, valued at \$107. Two Ski Passes, courtesy Mt. Washington, \$88 value; Gift Certificate from Razorz Hair Salon in Canex Mall, \$25 value.</i>	Available from Unit reps. Terrific prizes!
26-27 Oct	Headlight Alignment	0800-1400 hrs, Bldg 101, WEME Wkshop
31 Oct	Pancake Breakfast <i>From 0715 to 0930 hours. Cost \$2.50 per plate, includes coffee.</i>	7 Hgr, 19 AMS AVS LABS, 3rd Floor
31 Oct	Hot Chili lunch	CR, Wing Headquarters building
27 Oct, 3 Nov	Civilian Fridays <i>The Wing Commander has authorized Civilian Fridays. With the concurrence of the unit CO, 19 Wing military personnel may wear suitable civilian attire (no T-shirts, cut-offs or sports clothing) to work in exchange for a small donation to United Way (\$2/Friday). This does not apply to personnel who must wear a uniform as part of their normal duties i.e. aircrew scheduled to fly, firefighters, etc.</i>	

## Wing Met News



Pte(T) Graham is presented his first chevron by W Ops O, LCol Arndt and W Met O, W Skulmoski.



Comox residents can now order groceries on-line and have them delivered to their homes for a \$5.95 fee!

What is the easiest, most convenient way to shop for groceries without leaving your home or office? With QF Express, you can shop whenever you have the time, 7 days a week, 24 hours a day. On-line orders are accepted Mon-Fri by 10:00am for same day delivery!



# Day job sparks Reservist's interest



Answering alarms has always been second nature to military reservist and firefighting expert Sgt John Powers, so his response to the siren call of the Comox Valley wasn't out of the ordinary.

Like many military members before him, he said goodbye to the Regular Force, joined the Air Reserve, and put his skills to work in the valley. As a part-time firefighter at 19 Wing, he continues to hone skills garnered over a 20-year career at military fire stations across Canada. And, as the owner of Island Fire-EX, he runs the only local company providing fire-protection

equipment to valley businesses and homes.

"It was time to get out of the Regular Force," says Powers. "My family wanted to stay here and this was a service that was really needed."

Powers appeared on a local service call Wednesday in uniform, joining thousands of reservists nationwide celebrating Reserve Force Uniform Day. The event, now held annually each fall, encourages members of the reserves to wear their uniforms to their civilian workplace as a way of increasing public awareness of Canada's 30,000 reservists.

Events like the Saguenay and Manitoba floods, the 1998 ice storm, the Kangisualuijuaq avalanche and the recovery of Swissair Flight 111 have helped raise the profile of reservists in recent years, but their role in day-to-day life often goes unnoticed.

Maj Paul Weed, who commands 19 Wing's 116 reservists, says Powers is a perfect example of the dual role reservists can play. "John's got 20 years of unmatched firefighting experience," he says. "Since he's still part of the military, we get the benefit of those skills, and since he's part of the community, the valley gets the benefit of his experience."

Powers, who began Island Fire-EX three years ago, says his military experience is definitely an asset. "As a firefighter, I can explain to people exactly what they need, where they need it - where to mount an extinguisher, where to mount emergency lights - and why they need it. Prevention and suppression are vital, whether it's on base or downtown."

# Trophy winners

(Continued from Page 1)

The Mynarski award remembers Pilot Officer Andrew Charles Mynarski, V.C., of 419 Squadron, who gave his life trying to free a trapped air gunner from a stricken Lancaster bomber in June 1944.

A second award also went to 442 Sqn, this one to MCpl Lawrence Teichrib, a Search and Rescue Technician, in recognition both of his performance as a SAR technician and his dedication to community service. Teichrib earned the Air Marshall C. Roy Slemmon Award, which recognizes the one airman or airwoman above all others who exemplifies "the best" of Canada's air force. The award is named after the RCAF Chief of the Air Staff in the 1950s.

The two other BC recipients were 16-year veteran Capt Donald Robert Fair of 443 Maritime Helicopter Sqn, Esquimalt, named Air Reservist of the Year, and Murphy Aircraft Manufacturing of Chilliwack, given the J.A.D. McCurdy Award for the company's achievements in civil recreational aviation.



MCpl Teichrib receives his award.



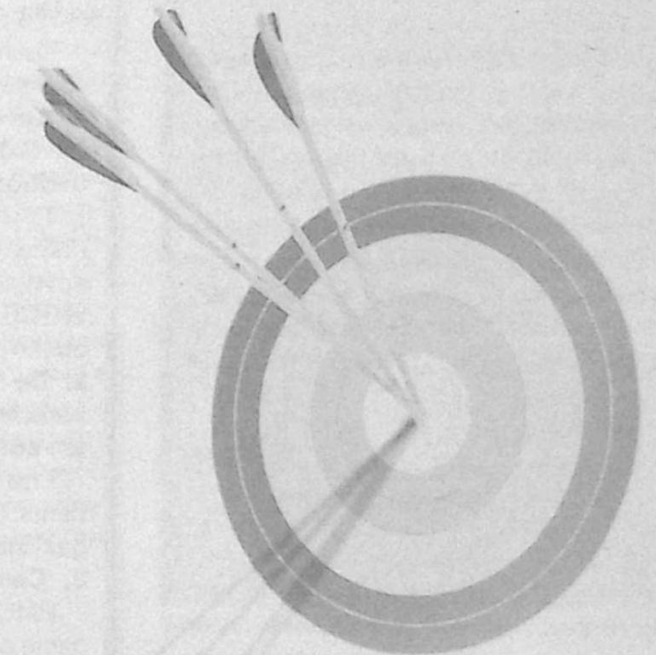
The CO 407 Sqn, as well as representatives from both Air and Ground crews, with the well-earned Air Marshall W.A. Bishop Memorial Trophy.

The Air Force Association of Canada, formed in 1948, is a national, non-profit association dedicated to the advancement of aviation and to community service. Its aims include the perpetuation of the traditions of the Royal Canadian Air Force, the sponsorship of aeronautics, the support of

the Air Cadets and the promotion of responsible citizenship amongst all Canadians. The Association also advocates a proficient and well-equipped air force in Canada.

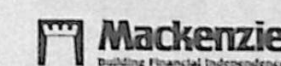
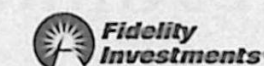
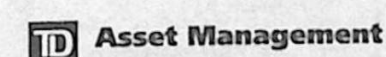
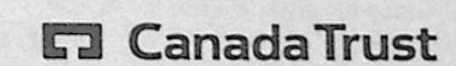
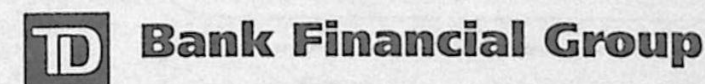
The awards were presented at the Association's AGM in Penticton on October 7.

# STRATEGIC deployment



As the official Canadian Forces group retirement plan, the Service Savings Plan has always been a smart investment strategy. And now we've made it even better, with over 80 investment options. You can select quality brand name mutual funds from recognized names like TD Asset Management, Fidelity, Guardian, Scudder, Mackenzie and Trimark. With the Service Savings Plan, you have all the flexibility you need to hit your financial targets.

This specially negotiated plan, available to regular and reserve members, has no commissions and low management fees which means more of your money will be working for you. Plus, you'll have secure Internet access to your account - buy, sell and transfer investments from anywhere in the world. For more information, visit the Service Savings Plan web site at [www.canadatrust.com/serviceplan.html](http://www.canadatrust.com/serviceplan.html) or call us at: 1-888-363-7526.



Mutual funds are sold by prospectus only, please obtain a copy and read it before investing. Unit values and returns will fluctuate.

EDITORIAL

# HALLOWEEN MEMORIES

Well it's official. We've restructured, reorganized, downsized, or whatever you want to call it. We've rolled the Editor-in-Chief and Managing Editor positions into one job, the Editor, and I'm it. Now I get to try my hand at writing. Trust me, I'll keep these short.

What a mess in PMQs! Those of us who can, have been avoiding the area. Hats off though to the residents who won't let this construction spoil the second most important holiday of the year (or so the advertisers would have us believe), Halloween.

As a former "army brat," I know about Halloweens in PMQs. The swarms of kids - each house had two or three hundred trick or treaters visit - and the pillow case as our "pumpkin" or loot bag. It wasn't that we were greedy but you needed something to handle the weight of all the apples you received. And the all-important route, up one side of the street and down the other, avoid streets with schools or parks because they interrupted the rhythm of house, after house, after house.

Ahhh those were the days! It's not the same now though - with few houses on our street in Area B, we had a grand total of three kids call last year.

It would be a shame to see the traditional celebration cancelled and the kids disappointed so, again, hats off to those of you who won't let the extra mud and mess ruin it for this generation of kids.

Bev Wolf

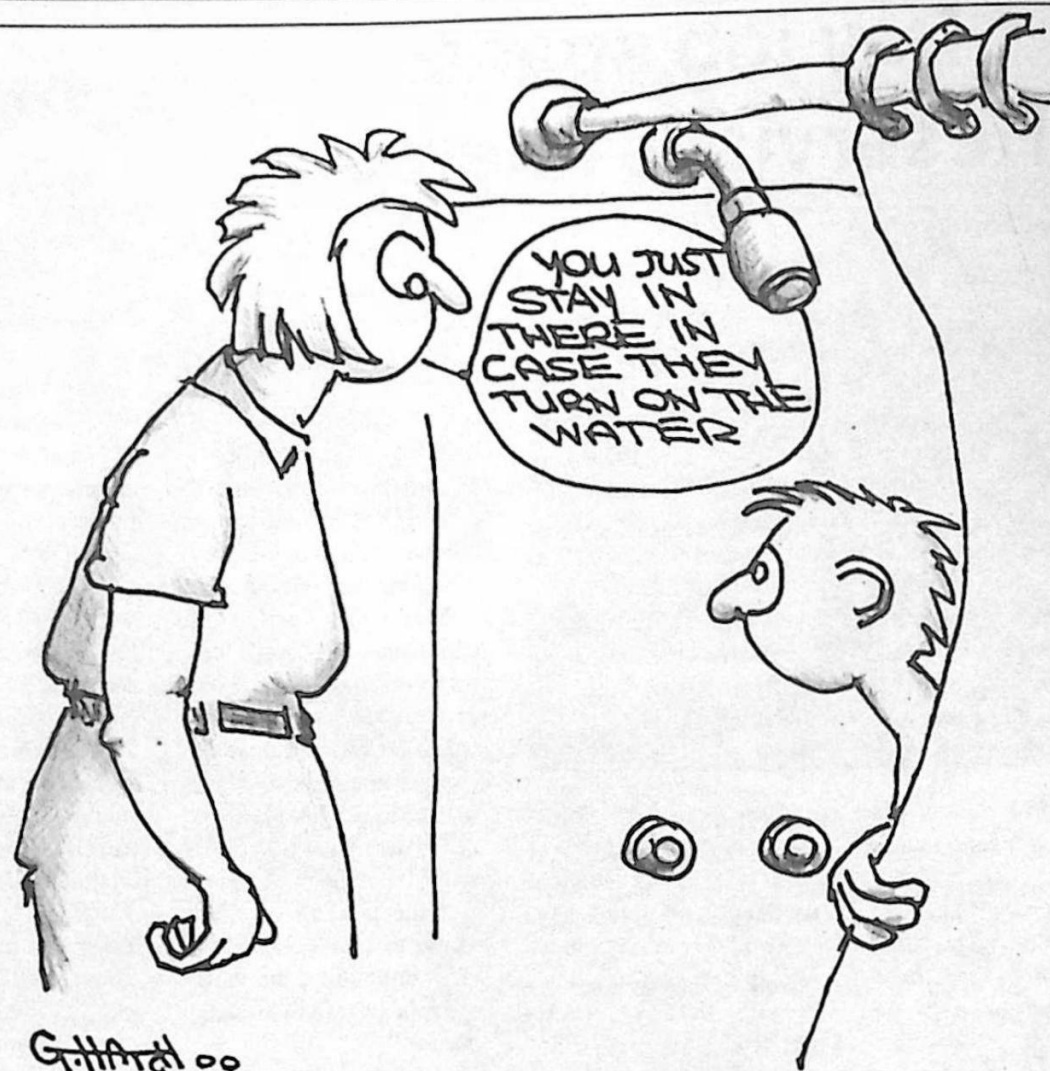
## MQ Upgrades

The ongoing construction activity in the Married Quarters area of CFB Comox is part of the final stages to turn the municipal services over to the Town of Comox. The project, worth about \$4 million, has been in the works for over eight years and includes: widened roadways, new curbs and sidewalks, proper culverts, and switching the MQ area over to Town water (vice the well water that serves the rest of the Base). All activities under the contract are being carried out in an environmentally sensitive manner, including tree protection, where possible, and consideration for fish and their habitat.

Due to all of the construction work there has been, and will continue to be, a number of unavoidable water disruptions as lines are repaired and/or replaced. Where possible, advance notification will be distributed to residents and the school, however the service lines are old and breakages, due to the nature of the construction activity, are unavoidable. As a result of these water outages, residents may have noticed

some discoloration of the water being supplied to their homes, this is a normal residual from the existing lines and causes no danger or health hazard. As a matter of routine, the water in the MQ area (and elsewhere on Base) is tested on a regular basis. During the construction activity this testing has been increased to ensure our MQ residents are protected. Any risk to health will be immediately dealt with and residents notified. If you are approached to obtain a sample, please don't panic, it's just a preventative measure to ensure we continue to have a healthy water supply. Notices informing residents of any advance water disruptions and providing instructions on what to do in the event of a disruption will be distributed by CFHA in the near future.

Although we have done our best to schedule the construction activity to minimize disruption to roadways and services to the MQ area, there will be ongoing disruptions as the construction activity is anticipated to continue until March 2001.



G. H. H. H. H.

WATER WOES IN PMQs CONTINUE

## WING COMMANDERS NOTES

Our recent Town Hall meetings were extremely interesting, and we are working hard to correctly answer the many thought-provoking questions you had. The WCWO and I are in Winnipeg this week, attending the Combined Commander's Training Session (CCTS). We will therefore be unable to complete the answers prior to the first week of November. I plan to provide information from CCTS as well as Town Hall answers in one package.

There were, however, a couple of questions which demand early/quick responses:

**1. Given the lack of lighting, road conditions, holes, equipment, etc. in the MQ patch, should we be looking at an alternative to traditional door to door celebrations of Halloween?**

This question and the subsequent flood of rumours led to an overwhelming response from MQ residents who wish to maintain traditional Trick or Treat activities. We will celebrate the evening as we have always done and the WGCC will be providing details on special safety procedures. Keep your eye on the BBS and Totem Times for more information.

**2. Do PMQ residents have any recourse to recover wear and tear on their vehicles or receive compensation for the incredible inconveniences they are suffering during the Municipal Infrastructure Project?**

The WAdmO is pursuing this issue with CFHA on behalf of all PMQ residents. Please try to be patient a bit longer, and we will pass updates as we gain insight.

**3. Can we have more All-Ranks functions at the Messes?**

PMCs, WCWO and WPersSvcO are looking at this. The first such event came on 21 October at the Wing Oktoberfest.

WJN

## CANADA SAVINGS BONDS

The campaign for payroll deducted Canada Savings Bonds has begun and is available until 9 November 2000. All you have to do is decide how much you want to purchase per pay - the minimum for military members is \$8.00 per month. For an application form see your squadron Orderly Room prior to 9 November. If you are already on the payroll savings program consider increasing your bond purchase amount or open a new plan to start purchasing bonds for someone special.

**Next Deadline**  
Advertising: 1 Nov.  
Articles: 3 Nov. noon

## LETTERS TO THE EDITOR

All letters to the Editor must be signed and include a date and telephone number. Name may be withheld from publication on writer's request. Letters should be addressed to: Totem Times, C.F.B. Comox, P.O. Box 1000 Stn. Main, Lazo, B.C. V0R 2K0 or by Fax: (250)339-5209. Readers are reminded that this column is your platform to express your opinion in your newspaper.

# Hosers!

By Finn

When CE became the triumphant winners of Wing Fire Hall's Hose Laying Contest 2000, DWFC, MWO Marty Watson, expressed what could be either amazement or admiration with exclamations like, "Remarkable!" "Astounding!" and "Never seen anything like it."

CE's achievement was the more notable because the contest was run for the first time since 1988, giving the participants a mere 12 years in which to practice.

"It's a fun event we wish to revive," says MWO Watson.

"Of course, it also has its serious side. We wish to remind one and all of the importance of being prepared in case of fire. Each year, too many people fall victim to home fires for no other reason than they were unprepared. Planning, and indeed practicing, first, initial steps on how to combat a home

fire and second, the best means and route to escape, greatly reduce the risk of injury or loss of life." The contest, run during Fire Prevention Week October 8-14, consisted of a team of four attaching a hose to a hydrant, connecting three lengths of hose each of 50 feet, turning on the water, then reconnecting with a spare length of hose, and finally knocking down a target with the stream.

The winning CE team consisted of WCEO Maj Carrie Fortier, CE Ops O Capt Steve Forrest, and civilians Elaine Holoshka and Shirley Evans. To add to the trophy presentation, each member received a fire extinguisher as a prize.

Having been shown by CE how to lay and operate hoses, a team of fire fighters subsequently reduced CE's winning time of 3:06 minutes to 1:03, showing how one may benefit from



WCEO, Maj Carrie Fortier, and Elaine Holoshka team up connecting hoses.

paying attention.

"Kidding aside," says MWO Watson, "and without forgetting this was the first Hose Laying Contest of the new Millennium, we hope that next year all sections of the Wing will avail themselves of the opportu-

nity to have a little fun and, in the process, alert their people to the dangers of home fires. I should think it possible - dare I say, probable? - that some gung-ho team may beat CE's time of 3:06."

The challenge is on.



Hose Laying Team: (Rear) Finn Schultz-Lorentzen, spare; Capt Steve Forrest; Gary MacGregor, spare. (Front): Shirley Evans; Elaine Holoshka; Maj Carrie Fortier. Presenting trophy: MWO Marty Watson.



Firefighters to the fore!



## Fire Prevention: Smoke Kills

Hundreds of people die in household fires in Canada each year. It has been conservatively estimated that many of these lives could be saved by the installation of smoke alarms, though these devices are no substitute for carefully planned fire prevention measures, they are invaluable in providing early warning when fire strikes.

### BUILDING AND FIRE CODES

The National Fire Code of Canada recommends:

All existing buildings with sleeping accommodations must have smoke alarms.

The National Building Code of Canada recommends:

All new buildings with

sleeping accommodations must have smoke alarms or smoke detectors installed as part of the building's electrical system.

Smoke causes the majority of fire related deaths.

Hot flames are low on the list of killers during a fire. Smoke contains deadly gases such as carbon monoxide. Fire consumes life-sustaining oxygen. In many fires, that have been extinguished in their early stages, people have been found dead of smoke inhalation without having suffered burns.

A smoldering fire may go undetected for hours, especially when people are asleep. Such a fire will continue developing, giving off smoke and gases which may

not be visible, replacing the consumed oxygen with toxic gases. Normally, air is about 21 percent oxygen. When it falls below the 17 percent level, thinking and coordination may become difficult. Below 16 percent, a person's behaviour may be irrational and efforts to escape hindered. Breathing becomes impossible when oxygen levels fall below six percent. Super-heated air and gases rise quickly and produce what is known as a "hot" fire.

Temperatures above 370 C (700 F) are common. At such high temperatures unconsciousness and death can occur within a few minutes. Bedrooms located in the upper floors of residences are frequently sub-

jected to these conditions in the later stages of a fire.

In addition to deadly carbon monoxide, smoke carries poisons such as hydrogen cyanide plus irritants such as formaldehyde and acetic acid. Added to this lethal environment are other toxic substances that come from burning synthetic materials commonly found in the home, especially plastics and foams. Oxides of nitrogen, sulphur dioxide and ammonia are just a few examples. These agents can have a lethal effect before a sleeper is disturbed. An early warning system - smoke alarms - is considered one of the most effective defences against this situation.

STARTS SUNDAY, OCTOBER 29TH

# Schnitzel! Madness

TEN GREAT SCHNITZELS from only \$8.95

Starts Sunday, October 29th and Runs from Sunday through Thursday until the end of November (5-9 pm)

~ Medieval Feast & Party ~  
Saturday, November 18th, 6:30 pm

Dress Up Medieval Style, Songs, Dance, Grand Medieval Feast, and abide by the Royal Rules of the Proclamation or face a penalty befitting the crime. Side splitting Fun - Call to Reserve Today!

~ Grand Seafood Buffet ~  
Next Seafood Buffet Friday, November 24th, 5-9 pm

KINGFISHER  
ocean side resort & spa  
Reservations Appreciated 334-9600

## Born in the Comox Valley - a new Theatrical Society

This enthusiastic group of local residents feels the valley is ready for a new company that will produce CANADIAN musicals at a professional level, using local talent where possible. They also want to provide our schools with a program that will encourage students to take a greater interest in live theatre.

Their goals are certainly ambitious for a newly formed group but, in less than two months, they have made amazing progress. A full-time Artistic Director and Choreographer are now at work on the first show. Rehearsal and set building facilities are in place and membership has doubled.

The Broadway style hit musical "Christmas With Scrooge" will be their first production and will go into the beautifully renovated Sid Williams Theatre, December 19 to 24.

Onstage: Although most of the cast and crew are already in place they are still looking for Bob Cratchit and two male chorus members.

Backstage: Their stage manager, a seasoned professional, is looking for stage hands and technicians.

If you are a proud Canadian and would like to bring to the valley some professionally produced Canadian culture, give them a call at 338-2233.

(See ad right.)

## WANTED

ONE MALE ACTOR FOR THE ROLE OF **BOB CRATCHIT**

IN THE HIT MUSICAL **CHRISTMAS WITH SCROOGE**

ALSO

TWO MALE SINGERS FOR CHORUS

**SHOW RUNS: DEC. 22-23-24**

AT THE **SID WILLIAMS THEATRE**

REHEARSALS SUNDAY AFTERNOONS 1 - 5

FOR FURTHER INFORMATION CALL **CLAUDE**

*Dream Wind Theatrical Society*

338-2233

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SUBSCRIPTION RATE  
\$15.00 per year,  
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# 19 AMS



Cpl Dave Legault – promoted MCpl and posted to 425 Sqn, Bagotville.  
 Pte Colin Clancey – promoted to Cpl and posted to the CF Band in Ottawa  
 Pte Ken Berrigan – promoted to Cpl.  
 Maj Kettenacker and all 19 AMS personnel extend heartfelt congratulations to the recipients on their well-deserved and hard-earned promotions.

At a ceremony on 4 October, CO 19 AMS, Maj A. Kettenacker, had the pleasure of making presentations to the following personnel:  
 MCpl Gina Wetmore – promoted to Sgt and posted to 407 Sqn.

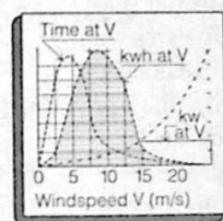


## SOON, THE POWER OF WIND MAY BENEFIT THE SAME PEOPLE IT ENTERTAINS TODAY.

In British Columbia, our need for electricity continues to grow. That's why BC Hydro is looking into emerging technologies – such as wind power – as new sources of clean, green, renewable energy in the near future.



hydrogen technologies that will change the way we fuel our vehicles; and biomass generation that uses waste materials to power factories, mills and other businesses.



What do we see in the wind? Research will soon tell.

At BC Hydro, we're working now to create smart new ways to power the future.

Find out more at [bchydro.com](http://bchydro.com) or call our Power Smart information line at 1-877-431-9463 to receive a copy of the *Powering Our Future* booklet.

negative impact on our environment. We're also working on micro hydro turbines for operation on steep creeks and streams to supply electricity to homes and communities;

Given the right conditions – speed, consistency and location – wind could play a vital role in helping to satisfy our province's ever-increasing electricity needs, without creating a



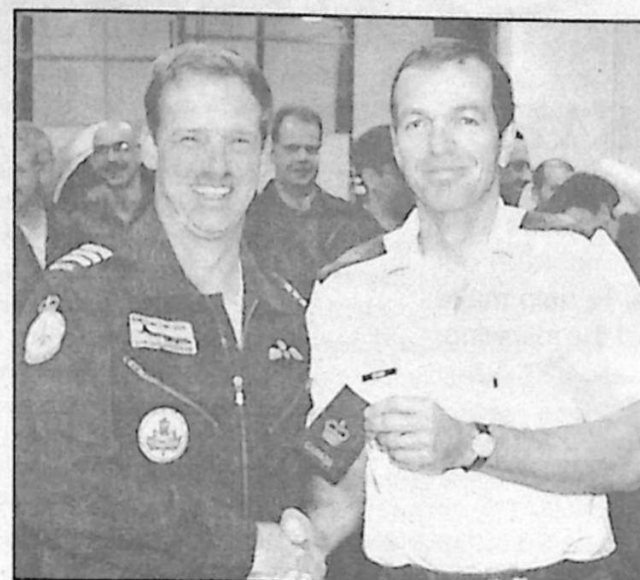
We're measuring wind speeds at 3 test sites in BC.

**BC hydro**  
**POWER SMART**

THE POWER IS YOURS

[bchydro.com](http://bchydro.com)

## 407(MP) Sqn Promotions



WO Val Berube received his new rank. Unfortunately we are losing Val to Ottawa as a result of this promotion. Good luck, Val.



MCpl Lou Gallant receives his new rank.



WO Dave Jones received his new rank from LCol Szczerbaniwicz and is now our new D/ETO. Congratulations, Dave.



Cpl Deutcher.



## New Hooks



Cpl Hollmayer.



Cpl Prentis.



Cpl Snell.



Cpl Sunstrum.



## Cops Corner Operation IMPACT

Once again this year the 19 Wing Military Police participated in Operation Impact. This is an international program supported by the Canadian Forces Provost Marshal and the Canadian Association of Chiefs of Police. Each year it is conducted across Canada and the United

States. The program has been designed to increase awareness of road safety and demonstrate the commitment of your local police (Military Police) to enhancing safety and community wellness.

During this last Thanksgiving Weekend, the Military Police increased their presence in the MQ area

and the Wing, setting up "check stops" in various areas of the base ensuring drivers were sober and buckled up. One of the greatest threats to public safety is the impaired driver. Every year almost 1,100 people die and 3,600 are seriously injured in crashes involving drinking drivers. On the other hand, one of the most effective ways to save your life in a crash is to buckle up. Since 1908, 20,000 lives have been saved because the majority of Canadians buckle up.

During the 24 hours the program ran, we conducted

numerous check stops. The community can be proud; no charges were laid regarding impaired driving or seat belt infractions.

We in the Military Police considered Operation Impact a success, as the message was put forth that Drinking and Driving is never acceptable and if you wish to increase your chances of surviving a crash, you've got to buckle up.

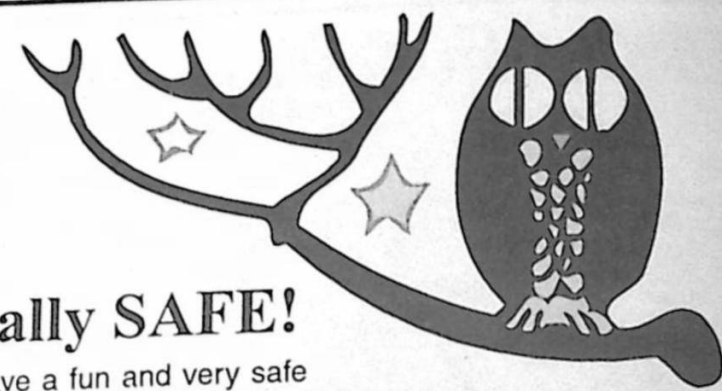
Any questions or comments, about this article or anything else, please feel free to contact Cpl T.A. Crispin, MP Community Affairs at local 8237.

## Auditor-General's Report

Ottawa - The Auditor General's report of October 18 highlighted a number of areas within DND. AG Denis Desautels concluded the Department needs at least \$750 million more a year for better equipment. The AG found a major decline in capability, a continuing budget crisis and a need for imminent restructuring of the Canadian Forces.

The Report reproved of the Department's wasting \$225 million on an electronic warfare training system for planes it later grounded.

The AG praised the much-criticized tendering process for replacing the Sea King. The AG congratulated the Air Force for figuring out exactly what kind of helicopter was needed before tendering the project.



### Make this HALLOWEEN especially SAFE!

The WSAMPO and the Wing Military Police hope everyone will have a fun and very safe Halloween. However, as you are aware, the construction in the MQ area has increased the risks to our children as they travel from house to house and as the street lamps are temporarily out of order things will be even darker than usual. Everyone must take extra care. To help make things safer for both parents and the little (or big) Trick-or-Treater may we suggest the following:

- attach glow sticks to your child's clothing
- have your child wear light or reflective clothing
- if your child must wear a mask, ensure it doesn't restrict their vision, if the mask is of a type that does, have them put it on only when they get to the door
- hold your child's hand
- keep an eye on your child at all times.

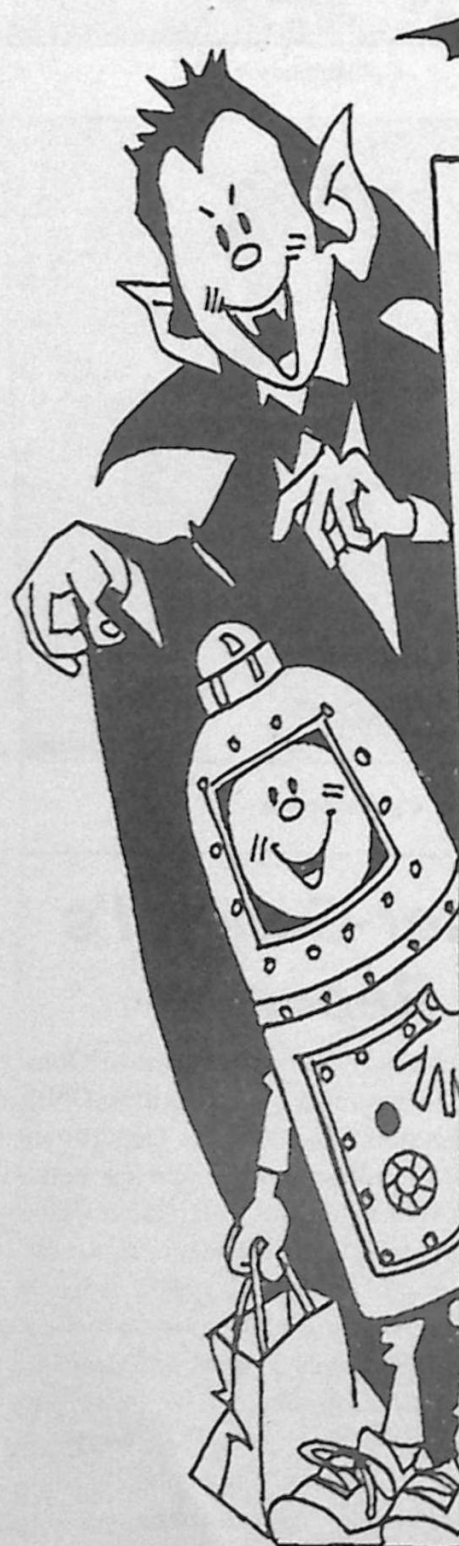
Between 1700 hrs and 2000 hrs, on 31 October the Military Police will be placing barricades at all the entrances to the MQ area. We hope to restrict traffic to MQ residents and their guests, thus helping to limit the number of vehicles in the area. If you have to drive while the kids are out, please go especially slowly.

If you have any comments or concerns, please call Cpl T.A. Crispin, local 8237 or the Main Desk of the Military Police at local 8218.

### Have a SAFE Halloween!



# Halloween Fire Safety



#### Costumes

◆ Purchase Halloween costumes that are flame resistant. Avoid costumes with long trailing pieces that may easily ignite. When constructing a costume for children, always keep fire safety in mind.

◆ Children should not carry candles as a light source or as part of a costume. Rather, provide your child with a flashlight that can safely light the way.

◆ Educate children to stay clear of open flames and other heat sources. Ensure that children know how to perform STOP, DROP and ROLL should their clothes catch on fire. (If your clothes catch on fire; STOP and immediately, DROP to the ground and cover your face with your hands, ROLL over and over to extinguish the flames).

#### Decorations

◆ Avoid decorating with candles or torch lights.

◆ Ensure that combustible Halloween decorations such as crepe paper, cornstalks and dried flowers are kept well away from sources of heat. Keep all exits clear of decorating materials.

◆ Purchase and install working smoke alarms, and practice home escape plans. Ensure that all children in your home know the location of the exits, should an emergency situation arise.



## Make Fun Favors for Ghosts, Goblins, and Guests

A brisk October breeze is whistling through your town. At the grocery store, the pumpkins are beginning their annual pilgrimage to homes throughout the neighborhood and candy corn is creeping toward the storefront windows. Jack-o'-lanterns are perched on nearly every porch and window sill, while imaginations run wild. Suddenly, you know - Halloween has arrived.

Halloween is a wild and fun occasion for children of all ages. It's the only time of year when children and adults alike can walk about in costumes and face paint, make spooky decorations, play funny tricks, and ask for treats. It's also a great time for gatherings. Plan a costume party where guests may attend as whomever they'd want to be, or select a theme like classic monsters or the characters from a favorite Halloween story or movie. Not into dressing up? Gather a group of friends for a scary movie or spooky story party instead.

No matter how you celebrate the thrills of this holiday, why not give your guests something to take home besides the chills? These candy corn place holders are a cinch to make and work equally well at table settings or as party favors after a fun-filled evening. Directions courtesy of "Country Living Handmade Halloween" (Hearst Books), by the editors of Country Living magazine. Happy Halloween!



There are no hidden tricks to making these Halloween treats for guests. Ideal as table settings or party favors, candy corn place holders are sure to be a memorable part of your spooky celebration.

**Candy Corn Place Holders**  
For a sit-down dinner, place one of these at each table setting, or, at a more informal gathering, have a tray (line with fall leaves, sphagnum moss, or black felt) of these goodie-filled painted pots waiting by the door for your friends to take with them as they leave the party.

**Materials:**  
2 1/2-inch tall terra-cotta flower pots  
white, yellow, and orange acrylic paint  
orange construction paper  
cellophane wrap  
candy corn and other Halloween candy  
orange pipe cleaners

**Tools:**  
sponge brushes  
zigzag-edged scissors (available in craft stores)  
hole punch

With a sponge brush, paint the inside and outside of each pot with one coat of white paint. Let dry.

Paint a 1/2-inch strip of yellow paint around the bottom edge of each pot. Let dry. Paint a 1 1/2-inch orange stripe above the yellow stripe of each pot, going a little bit up in to the rim. Let dry. Paint another coat of white paint around the top 1/2 inch of the rim of each pot. Let dry.

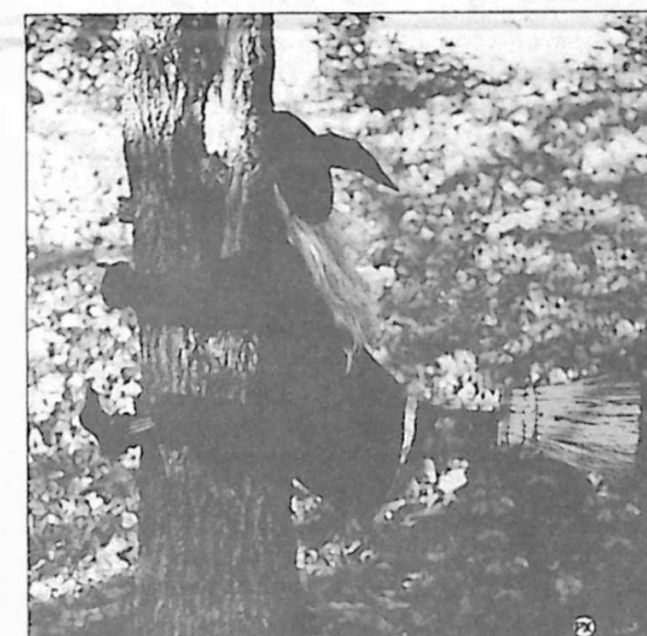
With the zigzag scissors, cut tags out of the orange paper. Punch a hole in the upper left corner and write a name on each.

Cut 10-by-10-inch squares of cellophane. Place some candy in the center of each and gather the sides up around the candy. Twist a pipe cleaner around each to gather. Thread one end of each pipe cleaner through a tag and then coil the ends by wrapping around a pencil. Place the candy bags inside the pots.



## Get Ready for a Safe Halloween

Parents and kids: follow these simple tips and you'll be sure to enjoy a spooky and safe night of trick-or-treating:

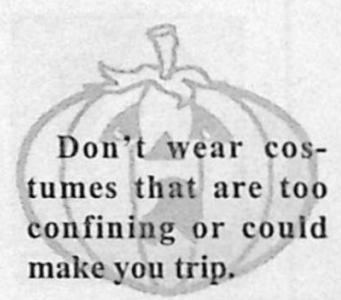
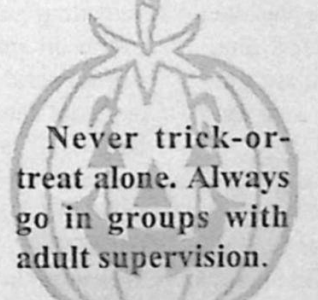
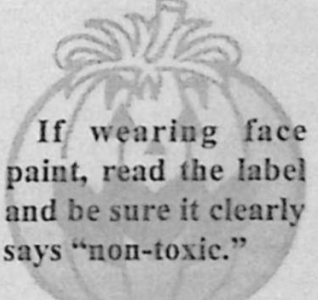
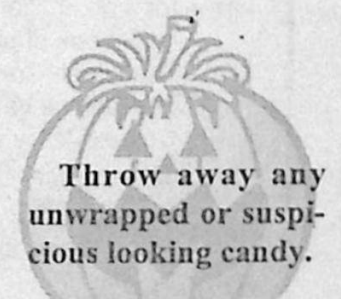
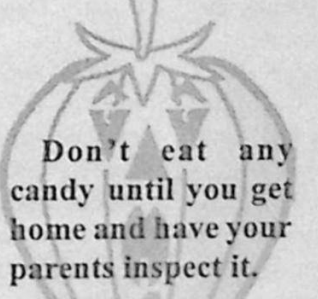
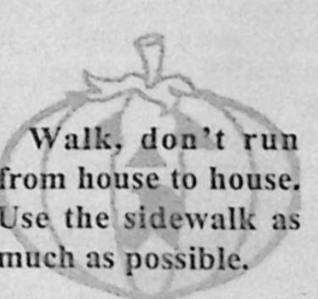
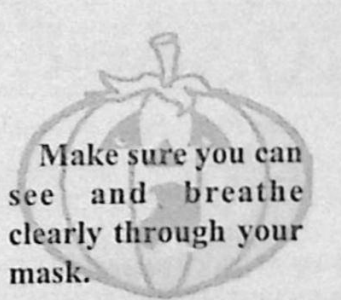
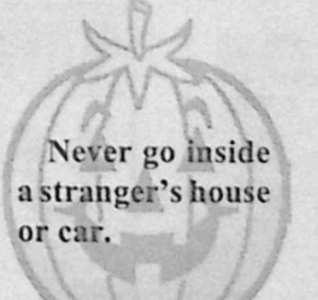
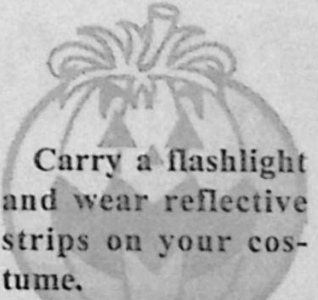


### Don't Drink and Fly

No matter how you travel on Halloween, make safety your No. 1 priority. Halloween is the perfect holiday for a house party with family and friends. Welcome your guests with this fun witch. To order, call (800) 545-5426 or visit [www.lillianvernon.com](http://www.lillianvernon.com).



**DAYLIGHT SAVINGS TIME ENDS**  
OCTOBER 29  
Don't forget to set your clock back!

 Don't wear costumes that are too confining or could make you trip.	 Never trick-or-treat alone. Always go in groups with adult supervision.	 If wearing face paint, read the label and be sure it clearly says "non-toxic."
 Throw away any unwrapped or suspicious looking candy.	 Don't eat any candy until you get home and have your parents inspect it.	 Walk, don't run from house to house. Use the sidewalk as much as possible.
 Make sure you can see and breathe clearly through your mask.	 Never go inside a stranger's house or car.	 Carry a flashlight and wear reflective strips on your costume.

## Western Reservists meet as Air Reserve undergoes review

Against a backdrop of further possible cuts to the Regular Force, Air Reserve flight commanders from throughout western Canada met in Comox last week to discuss a radical direction for the Reserve Component of the CF - how best to grow.

The venue was appropriate, as Comox is one of the fastest growing reserve units in the country. Overall, the Air Reserve recently passed the 2,000 mark as it continues to build to its objective of 3,000 reservists. "As the Air Force goes through downsizing and budget problems, it's sure

to see a growth industry," said Col. Bill Neumann, who opened the annual Air Reserve Flight Commanders and Chief Clerks Meetings.

The meeting brought together staff from 1 CAD Air Reserve Flight Winnipeg, 17 Wing Winnipeg, 402 Sqn Winnipeg, 15 Wing Moose Jaw, 4 Wing Cold Lake, 440 Sqn Yellowknife and 19 Wing Comox. The units comprise the newly restructured Air Reserve Western Area, situated here at 19 Wing. Central and Atlantic Area co-ordinator's offices are located in Ottawa and Halifax respectively.

While the meetings con-

cerned themselves with policies, procedures and morale issues at each of the flights, there was much talk of the ongoing strategic review of the Air Reserve. Its goal is to bring the most from the organisation's \$54 million annual budget.

Despite its increasing size, growth in the Air Reserve has been uneven. It remains short of pilots, navigators, aircraft maintenance trades and medical and dental trades. Its strengths continue to be in airfield engineering, personnel administration and logistics.

LCol Al Astles, Western Area Commander, said he expects the current reserve system to survive such scrutiny.

"The confirmation of roles, mission and vision are long overdue," Astles told the gathering. "But I believe our structure can be defended on the basis of cost, experience and day-to-day contributions in all areas of operational support."

Above all, he said, the review should give the reserves a much clearer mandate.

"What we'll finally get," Astles said, "is something that defines the Air Reserve mission in a total force."



Flight commanders and chief clerks from the newly restructured Air Reserve Western Area met October 16-17 in Comox to map the way ahead amid continued growth of the Air Reserve.

## Personnel Support Services

By Gail Eggiman

Last issue I told you about the adventure in the mountains that some of our Admin staff participated in. Last week we had a bowling sports afternoon and it just goes to prove that no amount of physical training can make a bowler out of some people! MWO Gauthier, our resident sports and fitness fanatic, was heard to say that bowling was not a sport! Can you imagine! After some encouragement and assurances of his expertise from someone named Linda, we insisted that Bill, from FMAS, play on our team. Needless to say we won't listen to Linda again. And Bill...keep practising!

MCpl Phelps showed us various positions to throw a bowling ball. They are probably beneficial in an aerobics class but they don't knock down pins. As usual, some (mostly guys) try to throw the ball right

through the back wall of the alley and others tend to lie around in the gutter. This is not a sport for smokers. Every time you turn around, the person who is up next is outside for a smoke; and, of course, they are the ones who are shoelace challenged when you are waiting for them to take their turn.

Cpl Denis Campeau is now in the cashier cage. Don't bug him needlessly, I saw a wild look in his eyes one day. Fran Gaudet and Jenny Spence are back from Ottawa. The rest will be kept busy with the recently announced pay increase.

Maj Marianne Kaduck and Maj Carolyne Benninger both had birthdays recently. Age doesn't matter but the WPSVcsO was a little distraught because she was one day older than the WCompt. She perked up when I told her that they were both younger

than I was! (I'm past caring; everyone knows how old my kids are now.)

Cpl Ballington is a terrific source of humour for us right now. After all her HUSBAND'S hard work of spreading yards and yards of topsoil and planting numerous shrubs and flowers, our local deer thought they had died and gone to heaven. A banquet in her front yard! I think we should be printing in our "Welcome to Comox" book for incoming personnel like Alma, a page about the do's and don'ts of living in God's country. Don't feed the animals, Alma!

LCol Spooner has been keeping a low profile. He must be really busy with his "special projects" because we only see him a couple of times a day walking past CR with his teapot. Tea parties down at his cubicle and we weren't invited?

## Central Registry

"If you write it, we'll mail it; if you're searching, we'll try to find it."

By Gail Eggiman

We took part in the bowling afternoon with the Admin staff recently. None of us will take the sport up professionally, but it was fun. It's always nice to laugh at our fellow workers! Diane and Vicky were both guilty of being absentee bowlers on account of smoking. Vicky quit bowling during the middle of the second game complaining about an "owee" in her leg. She figured it was from bowling but I think she pulled a muscle bending over to take her bowling shoes on and off for her smoke. We discovered that Vicky also is not truthful or honest, especially to her co-workers. She promised to have her eyes checked and get new glasses when she received her pay equity money. She lied. Believe it or not, she has a magnifying glass on her desk!

Marina, our former co-worker, sent a message last week from Edmonton that said, "IT'S SNOWING!" Of course we were extremely sympathetic and sent back the message, "Sorry to hear that, it's 19 degrees here!" That was before our weather changed.

Diane is in the midst of receiving new printing equipment in duplicating. There will likely be some turbulent times temporarily while she is trained. (How's that for alliteration!) Then she is faced with showing the rest of us "button chal-

lenged" people on how to use the new photocopier. We felt really good when someone from ADP had to come and ask Diane how to use it! If they couldn't figure it out, we don't feel so bad.

My youngest son is slowly recovering from his ankle surgery, despite falling off his crutches once. After hearing a loud thud we found him on his back on the kitchen floor. Apparently the tips of the crutches were wet after he came in from outside. I wasn't too concerned or sympathetic because his old roommates have described him in this same position once or twice during the school year at UVIC. Really just kidding! Meanwhile I'm praying for History and Phys. Ed. teachers to retire "en masse" so my oldest can get his own place. The hunters are still away and it's amazing that people keep asking me if I have heard from my husband! Why would I want to? I figure that the entire CE Section and myself deserve this break. The only reason he would have to come into civilization is to call me to whine that his truck broke down and he was going to spend a bunch of money. (That's happened before!) The only other reason to come into town is to throw one of the guys in a shower! This person (not Steve) finds it too cool to wash in the lakes and streams and

he's content to wait until he comes home after two weeks. His hunting buddies can only stand the aroma for so long in close quarters. The only good thing is that it probably keeps bears away from the camp!

Central Registry is offering "Chili and a Bun" for \$3.00 on 31 October at 1130hrs to raise money for United Way. We will each make a big batch of chili. Dare to say who makes the best! So come on over to CR in the HQ Building and meet the "witches" of CR.

Our HELPFUL HINT for this edition is to remember that Diane is available in Duplicating in the afternoons only. She can be reached there at 8554. During the morning she works in Central Registry and we are busy with incoming electronic messages and mail. Unless it is urgent (by all means call), please refrain from calling her about duplicating and save her several trips down to the Duplicating Room to check on your work requests. You wouldn't want her to be in the middle of your posting or TD message, get interrupted, and then forget that she didn't send the message! Well, some of you might, depending where they were posting you.

DON'T FORGET "CHILI AND A BUN" TO SUPPORT UNITED WAY ON HALLOWE'EN!

## Toronto International Half-Marathon Military Running Nationals

By Andy Harrington

During the early morning of 15 October two members of 19 Wing, along with several thousand other competitors, competed in the Toronto International Marathon and Half Marathon held in conjunction with the CF National Running Championships. This new venue was an excellent opportunity in attract-

ing CF athletes from various locations throughout Canada, as well as those serving outside Canada, to compete at an international level. Cpl Lynn Melanson and MWO Andy Harrington represented the Pacific Region along with approximately 94 additional CF competitors across Canada. The day started at approximately 0500 hrs; a quick breakfast followed by a long bus ride from CFB Borden to Toronto in order to meet a 0845 starting time for those participating in the Half Marathon.

The bus arrived at 0820 allowing only a few precious moments to change into running gear, a very quick warm-up and, of course, the nervous facility stop. This latter requirement proved to be a greater problem than anticipated, as the line-up for the washrooms was very lengthy and there were only 10 portable toilets. The con-

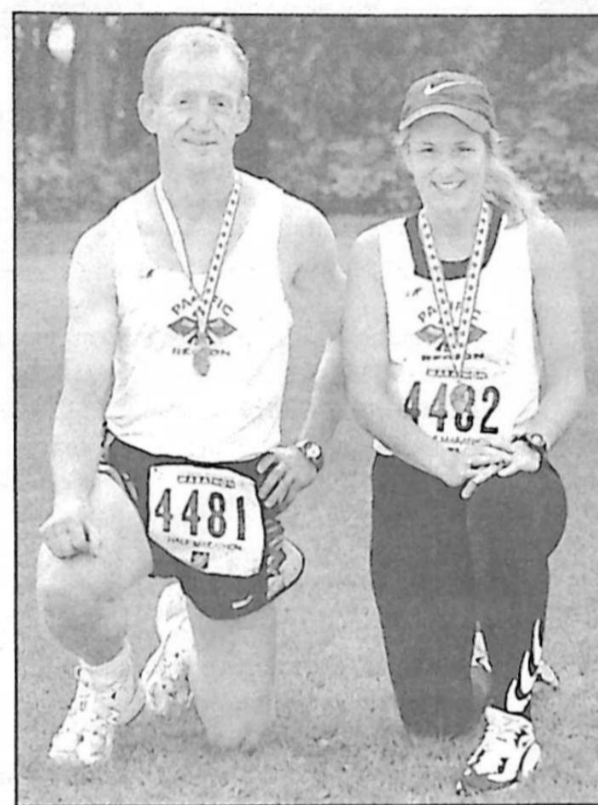
stant chanting from Lynn Melanson to her fellow competitors to "CHOP - CHOP" moved the line along quite well giving way to very few minutes at the start line.

With the start of the race at exactly 0845 the jostling for position was upon us. Dodging fellow competitors

right turn along Rosedale Valley Road, west along Front Street and then North to Queens Park and the finish line.

Andy seemed to have the wind at his back as he gained positions on the field, finishing in a time of 1 hour 26 minutes and 32 seconds (placing 51<sup>st</sup> out of 1250 male competitors). Within the Military Open category this placed him fifth overall.

Lynn had an excellent race as she improved on her previous qualifying time, crossing the finish line in 1 hour 44 minutes and 19 seconds (placing 91<sup>st</sup> in a field of 1365 female athletes). This timing also placed her fifth in the women's Military Open category - a remarkable accomplishment every Tuesday. Remember to sign the drop-in sheet, then play some friendly hoops.



Competing at an international event at a national level was truly a great experience.

Runners who wish to compete in next year's CF Running Nationals in Toronto, and who meet the qualifying timings at the 5, 10, half marathon or full marathon distances, should contact the FS&R staff for additional information.

### Discovery Channel's Flight Path

Discovery Channel's Flight Path series will be airing a programme entitled "Korea to Kosovo" on Wed 1 Nov at 8 PM and replayed Thurs 2 Nov at 1 AM and Wed 8 Nov at 2 PM. This episode brings together fighter pilots from both the Korean and Kosovo wars to compare their experiences and examine the changes that have occurred in air combat technology from the F-86 Sabre to the CF-18 fighter jet. Also to be shown is "Captive Pilots" on Wed 8 Nov at 8 PM replayed Thurs 9 Nov at 1 AM and Wed 15 Nov at 2 PM. This focuses on the development of training programmes established by the western allies in order for their pilots to withstand physical and psychological hardships when taken captive. NOTE: All times listed above are CT - check local listings for West Coast showtimes.

**Glacier Greens Golf Shots**

Just a reminder, boys and girls, Winter Golf starts on October 29 with the ever-popular Turkey Shoot. Sign up every Sunday will be 8:30 a.m. for a 9:00 a.m. tee off. If you wish, you can sign up

### Mixed Winter Golf By Barb Carter

early at the Pro Shop. Cost is \$9.00 for this event, all other Sundays it will be \$4.00. The good news is, thanks to the powers that be, sign-up time will be 8:30 a.m. for the entire season. Whoopee! To all those peo-

ple who moaned and dripped about "8:00 a.m. being too early to start" - welcome back! We'll see you on the 29<sup>th</sup> and Lenny should be home, with a bundle of money under his arm, so what could be more perfect.

For those of you who might sleep in, or are unsure of the weather, phone in - someone will be there to answer the phone, to take your name and handicap. Hats off to Dennis Vicklund, Doug Mann, Rod Verchere, Peter Hall, Jim Hume and all

## Rec Centre News

By Jake Plante

**Volleyball Coaches Clinic:** 19 Wing Comox will host an NCCP Level I Volleyball Coaches Clinic on 8 and 9 December. Cost of the clinic will be \$80. Register with Jake at Loc 8783. Minimum registration requirement is eight.

**Intersection Volleyball:** There will be a meeting for Intersection Volleyball at 1000 hrs in the FCC Conference Room on 1 November. Hope to see you there.

**Noon Drop-in Basketball:** Started 24 October and will be held 1145 to 1245 hrs every Tuesday. Remember to sign the drop-in sheet, then play some friendly hoops.

### Jake's Trivia Corner

1. Which NBA team has the most victories in one season?
2. Which NBA player has most career blocked shots?
3. Which NBA player has the most three point field goals in one game?

(Answers on page 14.)



Cpl Rick Patterson of 19 Wing Supply was the MVP at the 2000 CF National Fastball Championships. Unfortunately the trophy was not available for presentation at that time. However, the trophy finally arrived and Cpl Patterson was presented with it by 19 Wing LogO, LCol Garry Walker. Congratulations, Cpl Patterson, from the WLog Sqn.

### Fitness Centre Hours of Operation for REMEMBRANCE DAY & STAT HOLIDAY WEEKEND 11 - 13 NOVEMBER

**Swimming Pool:**  
1300 - 1500 hrs. (Open Sqim)  
1500 - 1600 hrs. (Lane Swim)  
**Gym, Weight Room & Squash Courts:**  
1300 - 1700 hrs.

### Fitness Centre Regular Hours of Operation

Monday: 0730-2300 hrs  
Tues-Fri: 0730-2100 hrs  
Saturday: 0830-1700 hrs  
Sunday: 0900-2100 hrs  
Holiday weekends: 1300-1700 hrs



### Evening Aerobics

6 Nov - 1 Dec: Mon, Wed, Thurs 1630-1730 hrs  
Open to Military, full time DND and Rec Pass holders  
Instructor: Karen Beamish. Cost: \$25.00 full session pass, \$3.00 daily pass  
Pre-register before 30 Oct at Sports Stores or call local 8946, 7015 or 7016.  
Contact Andy Moorhead, Fitness Coordinator, loc 8946 for more information

### Recreation office temporarily closed

Reservations for the Wing All Ranks Facility can be made by contacting the Facility Coordinator, Mike Chatwin at local 8690. Appointments for Rec Passes can be made by calling the FS&R secretary on Mondays, Wednesdays and Fridays at local 8781. All appointments will be made for evenings and Saturdays until a new Coordinator is hired. All other inquiries involving the Recreation Program should be directed to the FS&R Director, Bobbi Howard-Muir at local 8542. Your patience during this staff shortage is appreciated.

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420 Fitzgerald Avenue  
Phone: 338-8151

Where quality and friendly service work to save you money.  
Remember, once a month is \$1.00 Day: All adult clothing is \$1.00 and all children's clothing is 25¢.

**Francophone Association**

### Activités - novembre et décembre

4 nov: Atelier de danse folklorique pour enfants. Salle polyvalente du Park Lewis. 5\$ heure. Samedi 10h30-14h30.

7, 14, 21 et 28 nov: Conversation française à Association francophone. Mardi 10h-12h.

10 et 24 nov: Club de dictée à Association francophone 19h.

8 et 22 nov: Mini Franco-Fun (Bébé à 8 ans). Association francophone. 3\$/3.50\$. 15h15-16h30.

2, 9, 16, 23 et 30 nov: Club jeunesse. Association francophone. Jeudi 15h15-16h30.

17 nov: Café-rencontre. Association francophone. Avec l'auteur de l'Arche de Zoé, Philippe Brûlot. Vendredi 19h.

24 nov: Les Voix de l'Île chantent au Moonlight Madness. Venez les écouter

au centre-ville. 19h-21h.  
25 nov: Vente de pâtisseries. Driftwood Mall. Samedi 10h-17h.

17 déc: Concert de Noël. Old Church Theatre, 755 av. Harmston, Courtenay. Samedi 19h30.

# Comox Military Family Resource Centre

## Centre de Ressources pour Les Familles Militaires de Comox

Phone: 339-8290

### The times they are a-changing



Spike (left), AKA Tina Matchett-Bianco is leaving the CMFRC and her position as Volunteer Coordinator for the big smoke of Ottawa. Petite Fleure(right), Aka Danielle Bernier, will be the new CMFRC Volunteer Coordinator. Petite Fleure will also continue her responsibilities as the French Program Coordinator.

## CMFRC Fashion Show



**Date:** Nov 6th 2000  
**Time:** Doors open at 6:00 pm for the merchants fair  
 Show starts at 7:30 pm  
**Cost:** \$10  
**Location:** 19 Wing Officers' Mess

Open to everyone!  
 Refreshments will be served

For more information call the Comox Military Family Resource Centre at 339-8290

### Monday Morning Workshops.....Create, Relax, Get Fit and Party!

Oct. 30 <b>Dry Brushing Ornaments</b> Cost: \$6.00 Facilitator: Janice Neiser	Nov. 6 <b>Pamper Yourself</b> Location: 19 Wing Recreation and Community Centre Cost: Free	Nov. 20 <b>Into to Cardio Workout</b> Cost: Free Facilitator: Stephane Rainville	Nov. 27 <b>Creating a special Christmas Meal ~ Festive Tables and Family Appreciation</b> Cost: \$7.00 Facilitator: Teresa Rainville
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Dec. 4  
**Wreath Making**  
Cost: \$5.00  
Facilitator: Edith Picard

Dec. 11  
**Monday Morning Christmas Craft Party**  
Cost: \$5.00

*Monday Morning Workshops are held at the 19 Wing Recreation and Community Centre from 9:00am-11:00am.*

*Free childcare is available for workshop participants.*

## BROADWAY THEATRICAL SCHOOL

COMPLETE THEATRE ARTS PROGRAM  
 Acting - Singing - Dancing  
 for  
 CHILDREN - TEENS - ADULTS

We have had a tremendous response and are now opening NEW CLASSES

FOR MORE INFORMATION  
 CALL MARGARET AT THE  
 BROADWAY THEATRICAL SCHOOL  
 1 - 1491 McPHEE AVE. COURTENAY  
 338-4463

### Programme en Français

**Groupe Franco Femmes**  
**Prochaine rencontre:** Jeudi le 2 novembre  
**Heure:** de 19:00 à 22:00hrs  
**Endroit:** Centre des Ados (le centre sera réservé pour le groupe de femmes seulement)  
**Activités:** Billard, tennis sur table, jeux de sociétés, musique.  
**Coûts:** gratuit (apportez vos friandises)  
**Ouvert à qui?** Femmes francophones et \*francophiles qui sont conjointes de militaires et membres militaires ainsi que leurs amis. Confirmez votre présence avec Danielle au 339-8211 poste 8656.  
 \*francophiles (qui parle et/ou comprend le français)

**Cardiovasculaire et salle de poids**  
 Un atelier de deux heures sur le fonctionnement des machines.

**Animateur:** Stéphane Rainville  
**Dates:** Vendredi 27 octobre  
**Heure:** 9:00 à 11:00hrs  
**Coût:** \$5.00  
**Garderie:** Gratuit pour celles qui utiliseront le service de gardiennes du Centre.  
**Endroit:** Rencontre au CRFMC  
 Inscrivez-vous dès maintenant maximum de 5 personnes.

### Self employment workshop series

**Underpaid and over taxed! I want my money back! Start a home-based business and save on your income taxes**  
**Facilitator:** Holly King  
**Date:** Fri, Oct. 27  
**Time:** 9:00am-2:00pm

**It just works! 10 Tips on entrepreneurship**  
**Facilitator:** Dyan Reeves  
**Date:** Fri, Nov. 3  
**Time:** 9:00am-2:00pm

**Where do I start? Marketing strategies**  
**Facilitator:** Dyan Reeves  
**Date:** Fri, Nov. 10  
**Time:** 9:00am-2:00pm

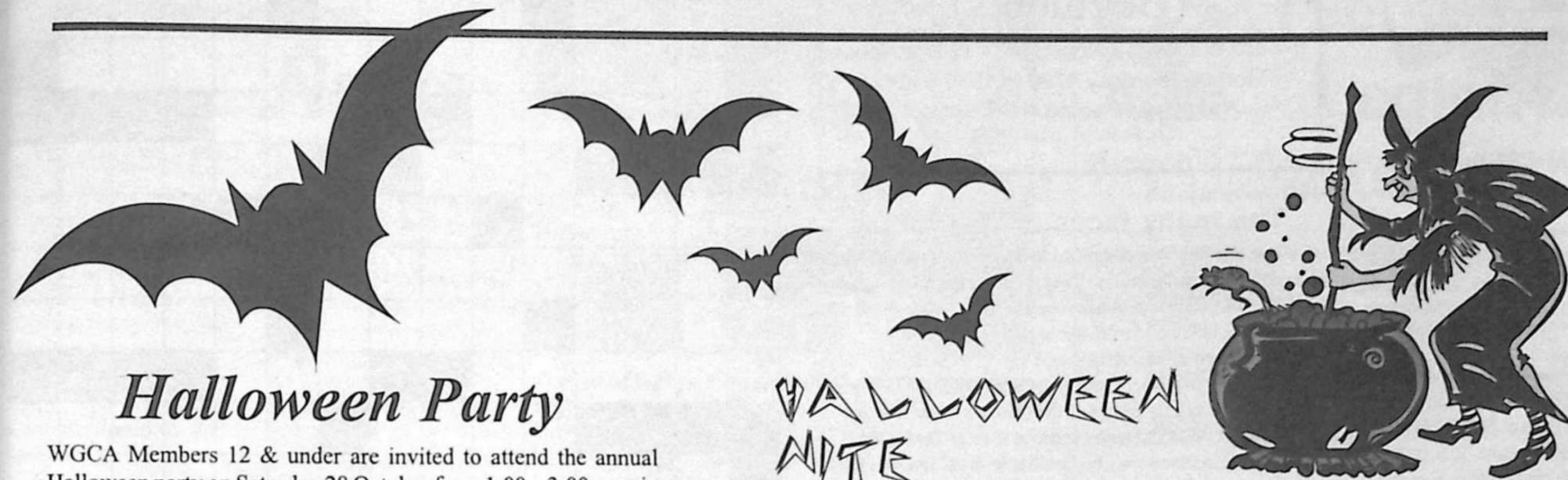
### Improving the Quality of Your Life... Your Way!

**Creating a Log Cabin Quilt**  
**Facilitator:** Hapa Christensen  
**Dates:** Nov. 2, 16, 23, 30  
**Time:** 7:00-8:45  
**Fee:** \$5 plus supplies \* supply list needs to be picked up prior to first class

**It's NOT a Pity you're on a Committee**  
**Facilitators:** Maureen Eykelenboom & Margaret Palmeter  
**Date:** November 7  
**Time:** 6:30 - 8:30pm  
**Fee:** \$5.00

**Taming the Dragon~ Anger Management**  
**Facilitator:** Mara Pungente  
**Dates:** Nov. 7, 14, 21, 28  
**Time:** 6:30-8:30pm  
**Fee:** \$10 per person for military families; \$15 per person for non-military families

# Wallace Gardens Community Association News



## Halloween Party

WGCA Members 12 & under are invited to attend the annual Halloween party on Saturday 28 October from 1:00 - 3:00 p.m. in the Community Centre LMPR. Activities include a Haunted House, "Costume Parade," "Games" & "Treats." Come on out and enjoy the fun!  
 Volunteers are required! Please contact the Town Clerk @ 339-8211 (8571).  
**Note:** Membership will be checked at the door - if you are unsure whether you are a member of the WGCA, please contact the WGCA Office Mon-Fri 0730-1200 hrs.



## LADIES CRAFT CLUB



Fitness & Community Centre (Craft Room)  
 Sunday - 19 November  
 7:00 - 9:00 p.m.

### CHOCOLATE MAKING

Learn the basics of chocolate making. Melt and pour a variety of chocolate molds. These make great gifts for the holiday season!  
**\*\*\*Note:** You must pre-register for this class in order to attend. Call Jennifer @ 339-7183

### Broadway Theatrical School comes to the valley

Broadway, a new theater arts academy teaches all the necessary disciplines for success in the world of theatre: Acting, Singing and Dancing. (See ad on page 12.)

For the past 10 years Margaret Watt has been the principal of the Claymar Academy of Performing Arts in Toronto and Victoria. With a proven record for producing champions, Margaret looks forward to introducing her unique teaching methods to the Comox Valley. An accomplished performer on stage and TV, Margaret teaches, acts, sings and dances. She is also a resident choreographer and director for the new Dream Wind Theatrical Society.

Margaret felt that many talented applicants were losing out at auditions because they lacked all three disciplines. With her beautiful new studio now opened in Courtenay, she is looking forward to working with valley residents of all ages who have a love of theatre.  
 For more information, call Broadway Theatrical School at 338-4463.

## HALLOWEEN NITE

The infrastructure upgrade construction is in full swing through the MQ area. The lack of street lighting, the poor condition of the roads, as well as most of the lawns, is a safety concern for children going door to door "Trick or Treating" on Halloween night. Some suggestions for improving the children's safety are:  
 - Turn on your front porch light (This will illuminate the area in front of your house as well as part of the road).  
 - Those who do not wish to participate in the Halloween festivities, please leave your porch light on and put a sign on the front door that reads "Please do not disturb" or "Not at home," etc.  
 - Parents should ensure that their children wear some sort of reflective clothing or reflective strip on their costume and carry a flashlight, or  
 - Parents should make an effort to accompany their kids to ensure that they stay out of the construction storage sites and out of harm's way.

Let's do our part to ensure that the "Little Monsters" have a SAFE and HAPPY Halloween!

## Beach Party



Saturday, November 11, from 6:00 to 8:00 p.m. in the Fitness & Community Centre Large Multi-Purpose Room. Cost is .50¢/WGCA Members, \$1.50/Non-members. Wear your wildest beachwear! Games! Music! Fun!  
 Please note: as we get into fall & winter, the days are becoming darker much earlier. Due to the range in ages of the children who attend this event, our policy is as follows:

1. A parent/adult must accompany the child into the LMPR via the front entrance.
  2. A parent/adult must pick up the child inside the LMPR and exit via the patio.
- \*\*\*No child may be allowed to leave the premises without adult accompaniment.  
 For more information, please call Carla @ 890-0672 or Helen @ 339-5125

## Teen Video

Saturday, 4 November  
 7:00 - 11:00 p.m.  
 Teen Centre  
 Call Jim/Heather @ 339-6148 for more info.

## Family Bingo

When: Sunday, 5 Nov.  
 Time: 12:30 - 2:30 p.m.  
 Where: Community Centre LMPR  
 Cost: 25¢/card Members, \$1.25/1<sup>st</sup> card Non-Members; 25¢/additional cards.  
 Come on out and see if you can be a lucky winner!  
 For more information, call Rhonda @ 890-7535 or Debbi @ 339-6317  
**\*\*\*Please note the time change\*\*\***



## PET CORNER

Just a reminder to members of the Wallace Gardens Community that the mandatory annual pet survey will be starting during the third week of October and continuing until completed. The ACO will be going door to door to complete this survey which will only take a few minutes of your time. The survey is necessary to provide a service to the tenants in the event the animal becomes lost. Having a detailed listing of the pets allows the ACO to return the pet to his/her owners vice the SPCA! Your cooperation will be greatly appreciated.  
 Halloween is fast approaching and before you know it the children will be out on their quest for goodies. Please do not forget your pets during this time. With all of the ghosts and goblins knocking at your door it makes an easy exit for an excited or even scared pet. One way to prevent this is to secure your pet in a room until the festivities are over.  
 Although candies and chocolates are fine for people, they are not so great for our pets. Please refrain from giving your beloved pets candies and such as they can cause a lot of unwanted and expensive problems.  
 Candles can provide a problem to an overcurious pet. Curiosity gets the best of a pet and a burning candle can cause a painful and potentially serious burn. If the pet gets scared and knocks the candle over, it may lead to even bigger problems. If by some chance your pet goes astray, please call the ACO as soon as you notice. By doing this, it tells the ACO that the pet is loose WITHOUT the owner's permission, thus preventing a violation ticket.  
 If you have any questions or problem regarding pets, please do not hesitate to call me - that's what I am here for!  
 Kelly Ferguson, WGCA ACO, Pager #703-9009



### Level I French course (Beginners)

5-week course: 13 November - 15 December  
Monday to Friday 0730 to 1530 hours.  
Interested personnel should contact  
Dr. Fathi at local 8828.

#### Miscellaneous for sale

Brooks Dry Suit, brand new, Seaquest Regulator (Depth pressure console with compass). Complete set of diving gear. 339-0831. <2/2>

1988 Nissan King Cab with cap. New brakes/tires/exhaust. 156,000km. Very clean. 4cyl-5-speed. Very economical. Asking \$5,000. Call Rick at Loc 8849 or 337-8866. <2/2>

Older upright piano, needs tune-up. Has nice sound. \$300.00 obs. Brenda 338-1956. <2/2>

Dining room table, solid teak, six chairs, \$500; Mirror, bevelled, 3ft x 4ft. \$50; Tire chains, 15", \$35. 890-008 <1/2>

Oak quilting frame \$275. 339-3486 <1/2>

#### Wanted

Coleman camp stove in good condition, Loveseat clean and undamaged - either item reasonably priced. Call 338-4706 or loc. 8379. <2/2>

#### C-V Women's Newcomers Club

Monthly meeting 6 November at 7:00 p.m. in Florence Filber Centre, Courtenay. New members most welcome. Coffee 7:00 p.m. followed by guest speaker, Mr. Tom Miles of Neighbourhood Emergency Group, a short business meeting and a social time. FMI call Gayle at 339-9649 or Kathleen at 338-9658.



#### COURTENAY FLIGHT CENTER

YOUR FLIGHT TRAINING SPECIALIST!  
**338-9814**

or contact  
MWO CYRIL RODGERS  
LOC 8501,  
or  
CWO JOHN MERCER  
LOC 8723

#### The many faces of War Amps

What did The War Amps do to make its presence felt at the start of the millennium? This is explained in the mailing of the association's address labels which residents of BC will receive at the end of this month.

"It has been an interesting and varied experience," says Cliff Chadderton, Chief Executive Officer of The War Amps. "We are particularly proud of the release of a new video in our NEVER AGAIN! series called *A War of Their Own*."

"Some Canadians may be familiar with the D-Day Dodgers. That was the name coined by Lady Astor to describe Canadian troops fighting in Italy in 1943," Chadderton says. "It was her way of suggesting that these troops were avoiding the pending main battle in Normandy."

Chadderton admits that Italy was a forgotten war, and thus the Italian Campaign was chosen for the NEVER AGAIN! Series, which is designed to avoid future war and to tell the story of Canada's military heritage.

In the year 2000, there was another side to The War Amps. The CHAMP Program continues to help Canadian children who have lost limbs through accidents, medical causes, such as cancer, or from birth. These children then use their expertise as amputees to warn kids everywhere to PLAYSAFE. These Champs also suggested a program called DRIVESAFE, which asks Canadians to take care on the roads and highways.

"The War Amps has become a multi-faceted organization," says Chadderton. "The pamphlet we enclose with our mailing describes this in greater detail and the public is also invited to visit our Web site at [www.waramps.ca](http://www.waramps.ca)."

War Amps address labels are not just for letters! According to Chadderton, people are always writing to let the association know of the interesting ways they use the labels - for personalizing books, CDs and computer disks and even jam jars.

For more information, visit the above web site, call toll free 1-800-250-3030 or fax 1-800-219-8988.

### Chocolate Everything

#### Cookbook Contest Winners



Ron O'Reilly, Courtenay  
Angie Mallette, NPF  
Colleen Welsh, Courtenay  
Pat Belanger, Wops  
Mrs. Jennifer Maye, Lazo  
Susan Martin, Comox

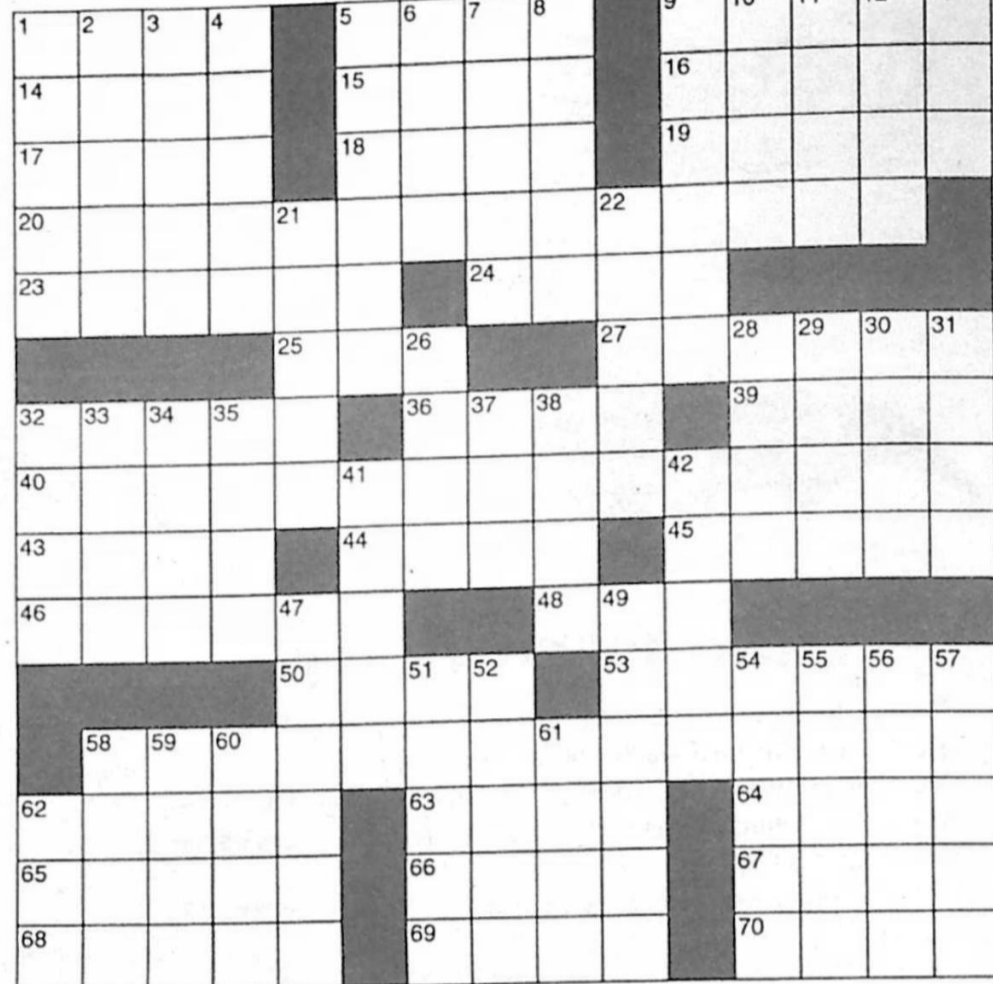
Please pick up your prize during our Production Days. Phone 339-2541 for info.

## HELP!

We are in the process of cataloguing our newspaper archives. Much to our dismay, we find that some copies have been "Swiss cheesed" in order to provide people with photos and articles. Worse, some copies are missing altogether. If you should be clearing out trunks, attics, etc., anytime and come across old copies of the Totem Times we would be delighted to receive them. We are particularly looking for a copy of our first issue, which was produced in March of 1960, as well as issues up to and including 1967 where we seem to have the most gaps.

#### Jake's Trivia Answers

- 1. Chicago Bulls - 72
- 2. Hakeem Olajuwon - 3,190
- 3. Dennis Scott - 11



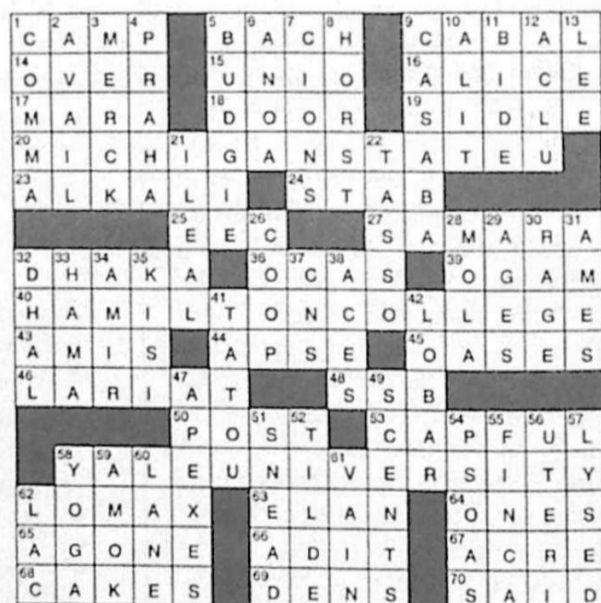
#### Clues ACROSS

- 1. Gull-like jaeger of northern seas
- 5. Models do this
- 9. Soviet fur
- 14. Pack firmly
- 15. A suburbanite's fancy
- 16. Letters delivered by a "mouse"
- 17. B \_\_\_\_, sharp points
- 18. Egyptian goddess
- 19. Haim or Feldman
- 20. Swizzle sticks, for example
- 23. Inactiveness
- 24. Part of a pencil
- 25. Soviet labor-camp inmate
- 27. Aluminum and steel
- 32. African title of respect
- 36. Teen problem
- 39. Ancient Greek city
- 40. Couple's decision
- 43. "Cinderella" is this, a
- 44. Apple, blueberry, cherry, et al.
- 45. Awkward
- 46. Individual bread pieces
- 48. A witch
- 50. Arthropod genus
- 53. Instrument played by Steve Martin (plural)

#### Clues DOWN

- 1. Attacks with knife
- 2. Expressed gold
- 3. Shade
- 4. Niche
- 5. Fabric finish
- 6. Kiln
- 7. To move in a whirling motion
- 8. To follow
- 9. To formally withdraw
- 10. Egyptian god of life
- 11. The precocious Simpson
- 12. Fibs
- 13. Town in Cambridge-shire
- 21. Indian title
- 22. David \_\_\_\_, U.S. playwright
- 26. Japanese persimmon
- 28. Years between 12 and 20
- 29. Protocist
- 30. It's best to look before doing this
- 31. Paired with pepper
- 32. Bacon-lettuce-tomato sandwiches
- 33. A raised, painful mark on skin
- 34. King of Huns (Scandinavian)
- 35. "Just a moment" (slang spelling)
- 37. After B
- 38. Birthplace of Constantine
- 41. Recesses
- 42. Sunk in the sea
- 47. Curatives
- 49. Homes
- 51. Novo seaport
- 52. Traveling by foot
- 54. City in northern Zambia
- 55. Usually sequestered
- 56. Atlantic or Pacific
- 57. \_\_\_\_ Temple Pilots, rock band
- 58. Turkish liquor
- 59. L \_\_\_\_, Vegas hotel
- 60. Venice beach
- 61. California (abbr.)
- 62. Sometimes found in Chinese food.

#### Answers to last issue's crossword.



#### PLEASE NOTE Answers to this issue's crossword are on page 15.



## News

It always saddens us here at CANEX when we lose an employee. We are all sad to see Donna leave as she and her husband are moving to Vancouver. Donna has been with us for four years and we hate to say good-bye to a wonderful person as well as a great friend to co-workers and customers. We will all miss you dearly Donna! Remember though, there's still the party to attend!

There are many things going on in the lives of the employees here. Joe and Pauline are still recuperating after attending Joe's retirement mess dinner. Their son, daughter-in-law and grandchildren came from Edmonton for a surprise visit and to celebrate the occasion. Pauline was pleasantly surprised, as she had no clue that they were arriving, and the rest of us had a hard time keeping it from her. Joe was hoping she wouldn't take off

shopping, as that would have blown the surprise. Well done Joe, for keeping a secret.

Manon G. has announced that she intends to go back to school to complete her studies towards her accounting certificate. She has assured us that she will continue to work at CANEX as she will be attending night school. Best of luck to you Manon.

By now Sue is sitting at the gambling tables in Las Vegas, not thinking of the work left behind, but rather concentrating on winning a bundle. Hope she does because she promised to share with the rest of us. Ralph is still sitting at home in the evening with his feet up on the coffee table while Carol is away in Ontario. Hope he does the dishes before she gets home. Lisa is busily getting ready for her parents to arrive from Ontario in early November. She will



Proceeds of \$123.40, from the CANEX staff Car Wash event, being presented to LS Wallman and Cpl Martineau by CANEX staffer Manon Popp.

only have them here for a week, just enough time to kiss the grandchildren a few hundred times.

And, finally, we would like to welcome our newcomer to the CANEX family - Donella. We hope you enjoy being part of our little family.

On a different note, we just wanted to remind everyone that the deferred payment plan is in effect. Don't pay until March 2001. Christmas merchandise is now arriving, so come on in and see all the great stuff we have for you. Also, the

Best Buys Event starts on October 25 with lots of super savings. It's a great time to start your Christmas shopping. CANEX is also well stocked with candy for those little ghosts and goblins arriving at your front door. Hurry in to get your candy. Who wants to run out when the little faces show up with sparkles in their eyes looking for goodies?

**HAPPY HALLOWEEN  
ONE AND ALL FROM  
THE STAFF AT CANEX.**



## Financial Services

By Janet Scotland

Before I tell you about other CFPAF loans and grants, I have one more comment to make about Self Improvement Loans. SILs can be applied for at any time during the month. There is no need to wait until near the end of the month in order to improve your chances of having your loan approved. As a matter of fact, the sooner you apply, the better. Each month, 19 Wing is allotted a specific amount for SILs and the total amount of loans I award must not exceed that amount. I can process loans for preventative needs very quickly, usually within 1-5 days. Preventative loans have first priority on the monthly allotment of funds. I can then use the remainder of the monthly allotment for self-improvement needs on a first come basis. So the sooner in the month you apply for your SIL for self improvement reasons, the better your chance the loan will be granted. The monthly allotment is not usually exceeded, so your chances of having your loan approved before month end are very good.

The other three types of CFPAF funds members have access to are: Minor Disbursements; Education Assistance Loans; and Distress Loans. Minor Disbursements provide emergency financial assistance

to members and their dependant(s) in the form of a grant of up to \$100, on a one-time basis. These loans are meant to assist with dire emergencies where the member or dependant has absolutely no access to any other funds. Examples could be: urgent medical needs with no other way to pay; if a spouse deserts his or her family and they are left with no immediate means of support; or if a spouse needs emergency transportation to a safe or transition house in a case of abuse. Since the SISIP office is only open during business hours, these funds are also accessible through padres, social workers, etc.

Education Assistance Loans are available annually to assist military personnel and their families to pursue post-secondary studies at recognized institutions. It is possible to obtain a 2% interest loan of up to \$2,500 per student per year up to a total per student of \$10,000. Applications must be postmarked no later than 30 June and are usually available around March of each year. There is no limit to the number of applications per family of serving or retired members of the Regular Force or widows, widowers or dependants of a former member. A member's spouse and children are eligible. I'll provide more de-

tails on this loan once the application time frame opens in March.

The fourth type of CFPAF loan is a Distress Loan. This is a no interest loan of up to \$15,000 for members experiencing genuine financial distress. Debts or needs must be beyond the ability of the applicant's own resources, and must be of a sufficiently serious nature to constitute a definite threat to the member's economic stability. These loans are usually granted in conjunction with the member's agreement to participate in private financial counseling sessions with the Financial Counsellor. The loan must provide a reasonable assurance of a long-term solution to the member's financial difficulties. In addition, the member must have made attempts to consolidate loans and been declined by two different financial institutions. This means a bank or credit union, NOT a credit institution such as Trans Canada Credit. If you're considering consolidating your loans with a high interest credit institution, please come and talk to me first! It takes several weeks to process a Distress Loan, as it must be approved by CFPAF in Ottawa, but it's well worth the effort. Why pay excessive interest rates up to 36% when you can access this 0% loan from

CFPAF! In specific situations, a grant for a maximum of \$5000 combined with an additional interest free loan for a maximum of \$15,000 can be approved to alleviate financial distress that has arisen from unforeseen circumstances such as: fire; flood; area calamities; or death, accident or illness in the family.

Of course, it's far better to come in and talk to me before you find yourself in financial distress. The bottom line is, if you have any questions about your financial situation, come and talk to me! Financial Counselling is free, completely confidential, and available to all members and their spouses or dependants. There are several programs available to assist you with financial management. So whether for general budgeting information, prevention of financial difficulties, or assistance with genuine financial distress, come and see me first!

Janet Scotland, SISIP Financial Counsellor, CANEX Mall Building, Box 400, Lazo, BC, V0R2K0  
339-5942, fax 339-6597  
[janet.scotland@sisip.com](mailto:janet.scotland@sisip.com) or [ScotlandJ@comox](mailto:ScotlandJ@comox)  
Office Hours: Monday and Wednesday 0800-1400, Tuesday and Thursday 1100-1700, Friday 0930-1500 or by appointment.



## Royal Canadian Legion

### Branch 17 Courtenay (334-4322)

Dance: every Friday evening, 8:00 p.m.  
Oct 27 Double Play  
Nov 3 Country Cousins  
Nov 10 Moon Shadow

Special Events:  
27 Oct Halloween Dance  
4 Nov Casino Night  
11 Nov Remembrance Day Ceremony

### Branch 28 Cumberland (336-2361)

Every Tuesday, Bingo 7:00 p.m.  
(Hall rental: non-members \$75, members \$50, kitchen use \$25.)

### Branch 160 Comox (339-2022)

Friday Night Dances 8-12 p.m.  
Oct 27 Moon Shadow  
Nov 3 Country Cousins  
Nov 10 NO BAND (Branch Members Night)

Special Event  
Nov 11 Remembrance Day Parade 10:30 a.m.  
Alley Cats Band 2-6 p.m. in Lounge  
Mondays...Ladies Auxiliary Drop-in Bingo  
(Upper Hall doors open 6:30 p.m., Bingo 7:00 p.m.)  
2nd Thurs each month LA General Meeting 7:30 p.m.  
3rd Thurs each month LA Soup & Sandwich \$5.00, 11:30 a.m. - 1:30 p.m.

For more info, call Branch office Mon-Fri at 339-2202

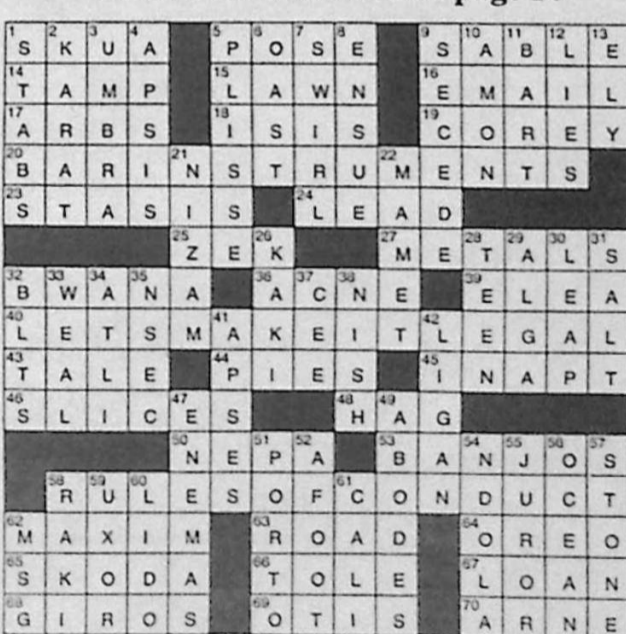
## 888 (KOMOX) RCAF WING



### Air Force Association of Canada Calendar of Events

Friday Night PUB GRUB! \$4.00 each. 5:30-6:30 p.m.  
Menu & entertainment changes weekly!  
REGULAR FORCE MEMBERS ALWAYS WELCOME!!!  
Bar Hours:  
Sun 1200-1800  
Mon \*Closed, except on holiday Mondays when open 1200-1800  
Tues & Weds 1200-1800  
Thurs, Fri & Sat 1200-0100  
(Bar could be closed at 9:00 p.m. if no customers.)

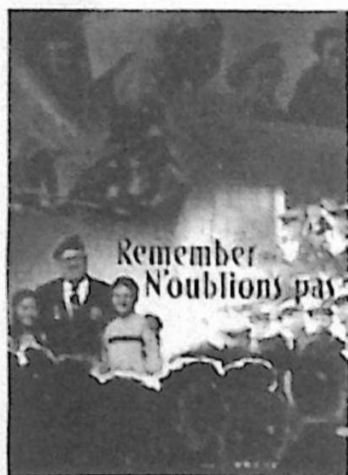
#### Answers to crossword on page 14



#### Attention

### Comox Valley Businesses!

Are you specifically targeting the military market? Our personnel have substantial purchasing power. Phone Angelika @ 890-0116 and set up an appointment to discuss advertising in the Totem Times.



## Veterans' Week: Nov 5 - 11 Creating Links to the Past

D-News - November 5 to 11 is Veterans' Week in Canada, a time when Canadians pay tribute to the courage and sacrifice of more than 1.5 million veterans who served our country during wartime and in international peacekeeping operations.

One aim of Veterans' Week is to bring the stories and lessons of Canada's wartime experience to today's youth. The Internet has become a valuable tool for creating these links to the past.

The Veterans Affairs Canada web site offers information and activities appealing to all ages and a variety of interests. The site includes items such as audio excerpts of recollections by First

World War veterans, diaries, a virtual tour of the Vimy Tunnel, military medals, and more.

Each year, Veterans Affairs Canada devotes a special section of its Website exclusively to Veterans' Week, with special information, and activities, and a list of special events taking place in every part of the country to honour the valiant efforts of Canada's veterans and peacekeepers to uphold and safeguard world peace.

In addition to Website activities, Veterans Affairs Canada helps bridge the generations by providing educational kits to teachers which include postcards students can send to veterans or peacekeepers, colouring books and activity sheets for elementary students, and a Courageous Ca-

nadians quiz geared to older students.

Young and old alike are encouraged to participate in one of the numerous ceremonies and events that will take place in communities throughout the country as we pay tribute to our veterans and peacekeepers, and learn about their important role in shaping the free and peaceful Canada we know today.

During Veterans' Week 2000, Canadians have an opportunity to honour all our brave veterans and peacekeepers and celebrate Canada's *Legacy of Peace*. For more information on Veterans' Week 2000, visit the Veterans Affairs Canada web site at [www.vac-acc.gc.ca](http://www.vac-acc.gc.ca), or call your nearest Veterans Affairs Canada office.

## Navigators to get leading edge Tactical Training

Ottawa — Training for Air Force navigators will soon be going leading edge. An Ottawa based company, "xwave" was recently awarded a \$3m contract to develop an innovative system which provides navigators with real-time digital views of the scenes over which they're operating.

The new system will be installed in four DASH-8 aircraft operated by 402 "City of Winnipeg" Squadron. It will form an integral part of the curriculum for Canadian and Allied air forces' student navigators attending the CF Air Navigation School (CFANS) based at 17 Wing Winnipeg.

The airborne system is designed to support three types of training missions: low level visual and radar navigation, en route airway, and tactical missions. Using advanced, software-based consoles, the system will incorporate 3-D displays of the flight mission landscape, including cities, roads and airfields, providing navigators with real-time digital views of the scene.

The airborne system will be ready for trials during the summer of 2001, however classroom courses using the ground-based Tactical Mission Trainer will begin in the fall.

The heart of both systems is based on cutting edge software conceived and designed by CF navigation instructors at CFANS and developed by xwave.

## Peacekeeping Day ceremony honours Canadian Veterans

OTTAWA - A ceremony to mark the 12th anniversary of the award of the Nobel Prize for Peace to United Nations peacekeeping forces, and to honour Canadians' contribution to international peace since 1947, was held at the National Peacekeeping Monument on Sussex Drive in Ottawa on 22 October.

General Maurice Baril, the Chief of the Defence Staff, led the presentation of the new Canadian Peacekeeping Service Medal (CPSM) to about 500 Canadians who have served in United Nations peacekeeping missions. The veterans' contingent included two of Canada's most famous peacekeepers, Maj-Gen (Retired) Lewis MacKenzie of Sarajevo fame, and Lt-Gen (Retired) Roméo Dallaire, who commanded the UN mission in Rwanda.

The ceremony opened with the laying of flowers by this year's Memorial Cross Mother, Mrs. Dominique Leiba-Gunther of

Brossard, Quebec, and concluded with a commemorative observance and a fly-past by three CH 146 Griffon helicopters.

Mrs. Leiba-Gunther's son, Corporal Daniel Gunther, was killed in 1993 while serving in the Former Republic of Yugoslavia with the United Nations Protection Force.

During the Peacekeeping Day ceremony, the Chief of the Defence Staff, Gen Maurice Baril, presented the Canadian Peacekeeping Service Medal (CPSM) to Marie-Josée Vincent and Alexander Gunther of Petawawa, Ontario, the widow and son of Cpl Gunther. Cpl Gunther's father, Capt (Retired) Peter Gunther and maternal grandfather, Sgt (Retired) Marcel Leiba of St-Hubert, Quebec, also participated in the ceremony and received the CPSM.

Sunday's ceremony was one of several to be held across the country awarding a new medal to more than 125,000 Canadian peacekeepers.

## Airforce Quiz

1. Student pilots chosen to attend NATO Flying Training in Canada (NFTC) will do their basic flight training at 15 Wing Moose Jaw on the Raytheon CT-156 Harvard II. What type of aircraft was its predecessor - the Harvard I?  
a. World War II fighter  
b. Korean War trainer  
c. Standard trainer for the BCATP  
d. There was no "Harvard I"

2. Name the celebrated flying ace, credited with the most kills during WWI (72,) who became the first Canadian airman to receive the Victoria Cross for his single-handed sneak attack on a German airfield at dawn?  
a. Raymond Collishaw  
b. William A. Bishop  
c. Sir Arthur Currie  
d. W.G. Barker

3. Which famous Canadian TV news personality once had aspirations of flying as a member of Canada's Air Force?  
a. Peter Mansbridge  
b. Pamela Wallin  
c. Brian Williams  
d. Dan Matheson

4. What does "ASW" stand for?  
a. Anti-submarine warfare  
b. "Ah...So What"  
c. Active sonar warfare  
d. Anti software weapon

5. The Sea King helicopter is able to operate off our naval frigates and destroyers as a result of the Canadian designed and developed deck handling system informally known as the  
a. Harpoon  
b. Wolf's claw  
c. Beartrap  
d. Suregrip

6. The Sea King helicopter is capable of HIFR. What does HIFR stand for?  
a. Helicopter Instrument Flight Requirements  
b. Heavy Icing Flight Regimes  
c. Helicopter Individual Flying Rating  
d. Helicopter In Flight Refuelling

7. Name the three primary aircraft currently used by the Canadian Forces Search and Rescue (SAR) System:  
a. Labrador, Hercules and Buffalo aircraft  
b. Labrador, Buffalo and Aurora aircraft  
c. Sea Kings, Labradors and Aurora aircraft  
d. Cormorant, Labrador and Buffalo aircraft

8. What air to air weapons are currently carried on the CF-18?  
a. Aim 9, Aim 7 and bullets  
b. PGMs, Mark 82 and AM Raam

c. AM Raam, Aim 21 and AA11  
d. M21, Python 4 and the Shraam

9. How many aircraft typically make up a CF-18 squadron?  
a. 20  
b. 15  
c. 30  
d. 10

10. At the end of the Cold War, the Canadian Air Force was operating over 700 aircraft of 20 different types. By 2002, having divested itself of most of its combat support aircraft, the Air Force will have been reduced to how many aircraft?  
a. Approx 650  
b. Approx 550  
c. Approx 450  
d. Approx 350

11. Which Wing provides combat-ready tactical aviation forces for the Canadian army?  
a. 1 Wing Kingston  
b. 4 Wing Cold Lake  
c. 17 Wing Winnipeg  
d. 12 Wing Shearwater

12. Which of the following are Canadian defence scientists famous for?  
a. They developed the first "G-suit" suit to prevent pilots from blacking out during some manoeuvres.

b. They developed simulators to land a helicopter on a ship's deck in rough sea  
c. They perfected sensor displays in the lab before they appear in aircraft  
d. All of the above

13. Which provincial premier was a private in the Air Force?  
a. Ralph Klein

b. Mike Harris  
c. Brian Tobin  
d. Bob Rae

Answers:  
c,b,a,e,c,d,a,b,d,a,d,a



## Comox Air Force Museum

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