



TOTEM TIMES

FREE

19 Wing CFB Comox

FREE

THURSDAY 13 JULY 2000

Comox Valley's Longest Running Newspaper

VOL. 42 NO. 11

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SAR-PELS Training



SAR-PELS (Personal Equipment Lowering) is the new parachute gear system now being used in training by 442 SAR Techs.

The system has been designed to improve the operational capabilities of a SAR Tech and to provide a safe and secure method of transporting equipment and personal gear while making a parachute descent.

It provides the parachutist with several options that can be employed to ensure the safe and efficient delivery of critical equipment to the ground. The system minimizes the risk to both the parachutists and to the equipment.

The purpose of the SAR-PELS is to allow a parachute to safely carry loads ranging from 20-60 lbs.

The SAR-PELS allows the parachutist three options for delivery of personal loads.

- Landing the SAR-PELS
- After parachute deployment and opening, release to their position
- After parachute deployment and opening, release the drogue fall allowing the jumper complete freedom from the load.

The SAR-PELS can also be used independent of any personnel - they can be used for delivery of loads from an aircraft using standard dispatching methods.



Equipment check.

(Right): SAR-PELS release.

Photos by Wing Imaging



Chris Brulotte
339-0478



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Rob Saunders
897-0527



Firehall News Wing Hospital

As I write this article summer is supposed to be here. So far we haven't seen much of it.

The CE barbecue held at the Firehall on 22 June was a huge success with a great turnout (amazing how that works when you can get the afternoon off!).

Major Gauthier is off to Kingston around 6 July and we all wish him and his family all the best. Have a safe trip.

We welcome Major Fortier and I'm sure she and her family will enjoy 19 Wing and the Comox Valley as well as our departing WCEO.

As the old saying goes, nothing is secret any more. It seems that a certain individual likes to chase our R-13 down the tarmac yelling to it to stop as the driver forgot the portable radio which this person had in his hand. Well, there are radios



Congratulations to Cpl Weatherhead on his promotion to MCpl.

mounted in all our fire vehicles. Whatever happened to calling the driver on the radio? (As my son would say "Dad!") Too much caffeine I guess.

Our annual Firefighter Fitness Test has been completed and that Rescue Randy is not getting any lighter! Those few warm days have dried out the grass really well so be aware when you are barbecuing outside as we had a small grass fire at Airforce Beach

last week which had the potential to be very serious. The Firefighters are keeping busy preparing for the Abbotsford Airshow. The glider training has commenced and we have the cadets at Quadra now. A number of Firefighters were in the July 1st parade and also R-4 was in the vehicle parade. Well done guys.

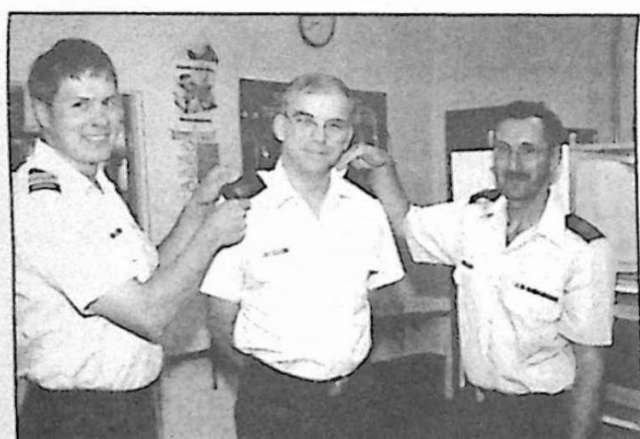
Congratulations to Cpl Weatherhead on his promotion to MCpl. Well done Gary!



Cpl Carole Neave receiving her CD from LCol Spooner. Cpl Neave is posted to 8 Wing Trenton this summer.



WTIS Promotions



WO MacArthur receiving his A/WO rank, effective 5 July, from Maj Bryski, WTISO, and MWO Rodgers, TIS TMO. WO MacArthur is posted to NDHQ this APS. All of WTIS wish you well Mac.



MCpl Kilback receiving his MCpl appointment, effective 30 June, from Maj Bryski, WTISO. MCpl Kilback moves in to replace MCpl Nicholson as the Lineman Supervisor who is posted this summer. Although there is no question about his ability to perform on the job, it is unknown at press time whether MCpl Kilback can fill MCpl Nicholson's ability as a defenceman on the WTIS Hockey Team. Time will tell!

Wing Imaging



Even though MCpl Edith Cuerrier (a former Totem Times Managing Editor) says she was "having a bad hair day" she was delighted to receive her Sgts stripes (effective 15 August) from LCol Arndt and Sgt Redding.



Capt Bullis promoted to Major.



CO and SCWO of 407 Sqn present new rank to WO MacKenzie. Congratulations Mac.

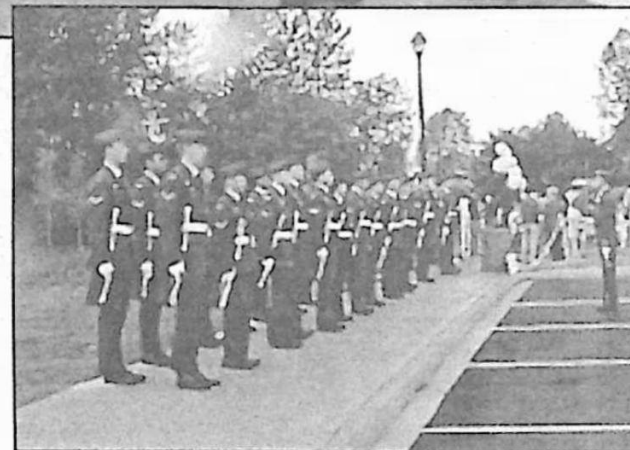
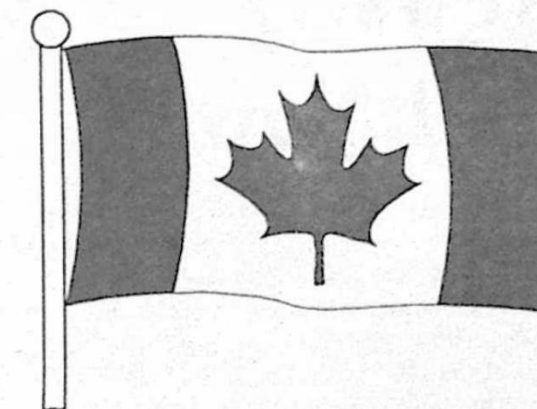
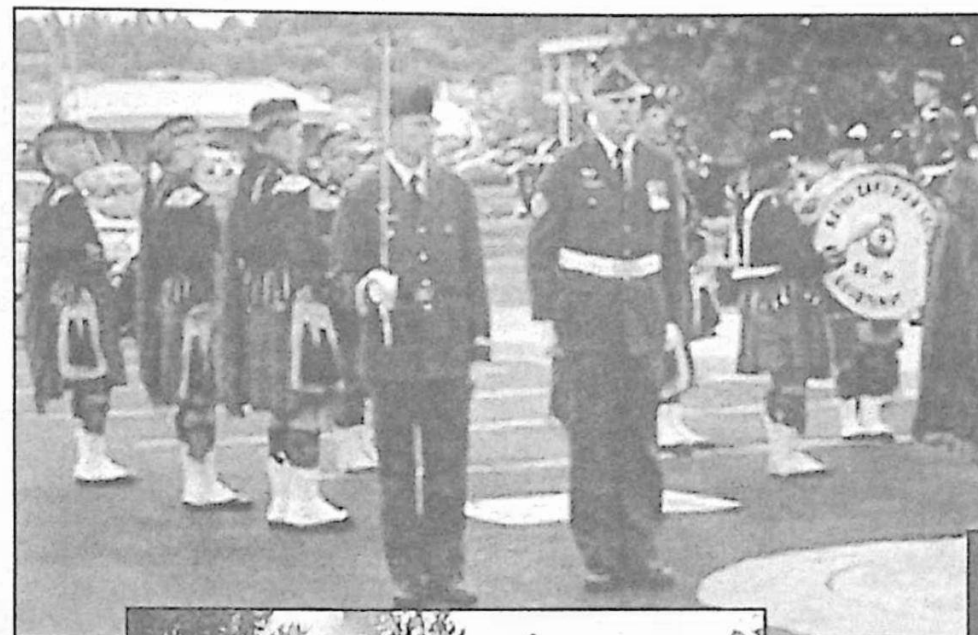
407 Sqn News



In addition to receiving a Certificate of Service from CO 407 Sqn, Capt. Burke Martin was towed through the birdbath after his final flight as a pilot in the CF. Burke is retiring after 20 years of service. Good luck Burke in your new career with Canada 3000 from your friends at 407(MP) Sqn.

Canada Day Parade in Courtenay

The 19 Wing Guard of Honour did an outstanding job at representing all of 19 Wing personnel at the Canada Day parade in Courtenay. In addition to the parade activities, our Guard was asked to participate in the opening ceremonies for the Simms Millennium Park, which is located across from Lewis Park in Courtenay. The men and women of our Guard give up their "quality time" on many weekends, which they could otherwise spend with their families and friends, to be our representatives - we commend them for that. Their ceremonial performances have been applauded and praised by numerous military and civilian dignitaries over the last year. They truly are great ambassadors for 19 Wing Comox. Thanks again for a job extremely well done.



Italy signs on to NATO Flying Training in Canada

DNEWS OTTAWA

MND Art Eggleton has announced the signing of a Memorandum of Understanding which makes official the Italian Air Force's participation in the NATO Flying Training in Canada (NFTC) program.

Following its signature by LGen David Kinsman, the Memorandum was flown to Italy, for signature by Lieutenant-General Andrea Tomasiero, Italy's Chief of Air Staff. The Italian Air Force intends to send three students per year for the whole program over the next 20 years, an agreement that will be worth upwards of \$110 million (CAD) over the period.

Italy becomes the fourth international participant in the program, joining Denmark, the United Kingdom, and Singapore. NFTC is an undergraduate and post-graduate military pilot training program being offered by the Government of Canada, in co-operation with industry, to NATO allies and other nations seeking affordable military flying training solutions. Instructor training began earlier this year, and student training began in June.

"Canadian pilots have been working with and flying alongside their Italian counterparts in Aviano, Italy, for a good while now. Italy's participation in the

NFTC will afford both nations the opportunity to further build on a long-standing relationship," said Minister Eggleton. "The NFTC is yet another example of how Canadians are working together with our allies toward improving multilateral operations."

Italian air force students will participate in all three phases of the NFTC training, starting at 15 Wing Moose Jaw, Saskatchewan, on the Raytheon T6A Harvard II, and then progressing to fly the BAe Hawk 115 at both 15 Wing in Moose Jaw, and 4 Wing Cold Lake, Alberta. Graduating Italian pilots will return to their air force fully trained

and ready for conversion to their operational fighter aircraft. Italy will also send three instructor pilots to the program.

The NFTC program is a cooperative approach to training military pilots based on a partnering arrangement between the Government of Canada and industry. Canadian and other participating nations' air force pilots will provide the flying instruction. The industry team, which is led by Bombardier Inc., and which includes BAE SYSTEMS, Raytheon Aircraft Company, CAE Electronics of Montreal, ATCO Frontec Corporation of Edmonton, SERCO Aviation Services

Inc. and ARAMARK Canada Ltd of Toronto, will provide fully-serviced aircraft, training material, flight simulators, and airfield and site-support services to support the military flying training operation.

Industry involvement in the NFTC program will result in almost \$1 billion in direct industrial benefits for Canada, including more than 5,600 person-years of employment, predominantly in Western Canada and primarily in high-technology industries. It will allow 15 Wing Moose Jaw to remain open as the site of flying training operations for the next 20 years. The NFTC's industry team has built new

facilities in Moose Jaw and has hired people to provide the various NFTC services there. It has also commenced the building of a new NFTC facility in Cold Lake. The Government of Canada and its industry team continue to pursue additional international participation in NFTC to increase the economies of scale for all members of the program. Other air forces continue to express strong interest in the NFTC program and it is hoped that similar agreements will be reached in the near future.



A Canadian military Labrador helicopter from 442 Transport and Rescue Squadron in Comox practices a boat hoist with the Canadian Coast Guard vessel Point Race near Cape Mudge on Quadra Island, B.C. on 8 July. The squadron uses this procedure to rescue injured people from fishing vessels, cruise ships and a variety of other vessels. In 1999, 442 Squadron crews carried out 246 air searches in the busiest search and rescue (SAR) zone in Canada.

MT. WASHINGTON ALPINE RESORT BEER FESTIVAL JULY 22 BEER, BEER AND MORE BEER!



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Good News... Bad News



The good news is that a number of recommendations from the SCONDA Committee are being finalized and new policies are being implemented that will benefit CF members. The bad news is that all that glitters is not gold; at least not at first glance or depending on your point of view.

Post Living Differential

The good news with the PLD is that it exists. The bad news is that in some cases it replaces AAA, so it isn't much of an increase and in other cases it doesn't apply (Comox). Also, it is a taxable benefit. The taxable benefit argument is satisfied in that there is less of an impact on the lower ranks due to the relative tax category, so this should not be viewed as a negative factor.

Family Care and Improved Maternity and Parental Benefits

These are both good news items that have no significant bad news aspects; unless you consider that (in most cases) you must have children to receive the benefit.

Compassionate Travel Assistance

The good news is that a policy is now in place that gives you most of the benefits that out of country postings have allowed for years. The bad news is that it too, is a taxable benefit and while service air is to be used to the maximum extent possible, there doesn't seem to be much service air available.

So, while we may not be completely happy with the latest benefits packages, let's ensure that we have all the information before being too critical. We should give the senior staff who are fighting for improvements the opportunity to show their metal.

LCol M.R. Spooner
WAdmin O

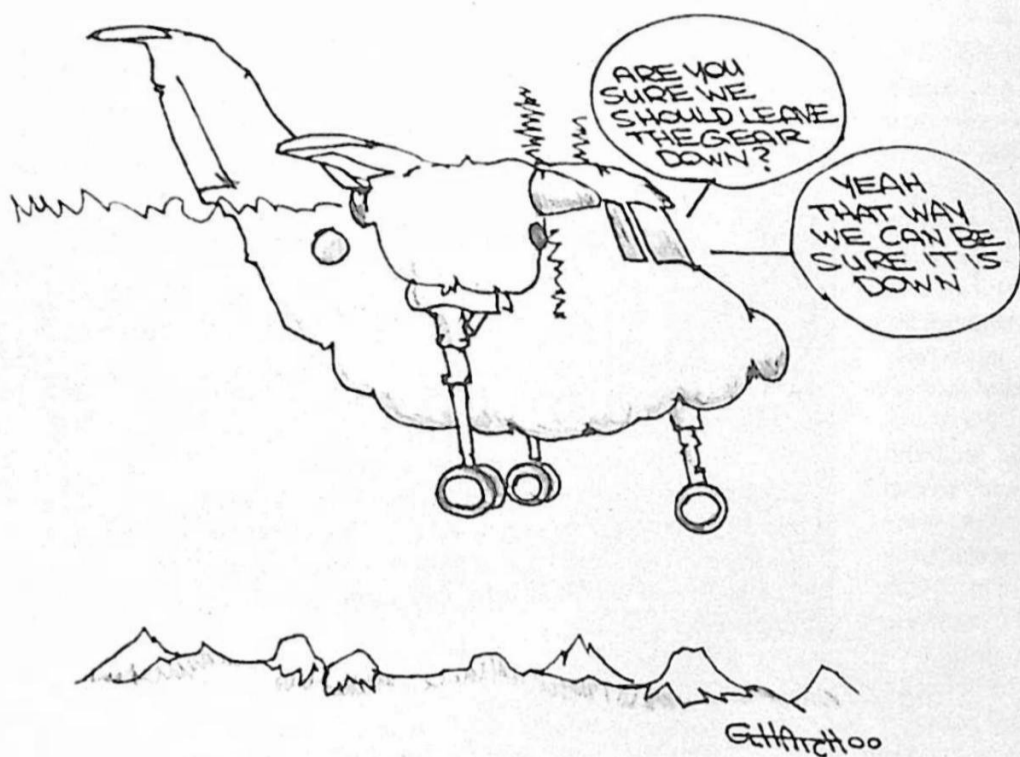
P.S. We are still looking for an Editor and I'm no longer the WAdminO! The Nava and Maritime Pilots didn't take the challenge so perhaps there is a fighter pilot who can write without crossing his hands or a "bean-counter" with time to spare. Give us a call.

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Weather

The month of June was drier and warmer than normal. Total hours of sunshine was above average and the number of days of 0.2 mm of rain was 8 days, less than the average of 11 days. On the 26th, a maximum temperature of 29.9 degrees celcius broke the previous record of 26.9 degrees celcius.

For public forecast with 3-day outlook phone 339-5044



GETTING A LITTLE TIRED?

Letter to the Editor

Dear Sir,

It was with great jubilation that I read last week of the most recent Quality of Life initiatives, which have been undertaken. I was particularly impressed by the creation of Family Care Assistance (FCA). The development of the Emergency Childcare Assistance Program was an important first step and this most recent development will definitely enhance that initiative.

When the Winnipeg chapter of "Single" Military Parents was pulled together in 1997, we had a dream that supportive resources would

be made available for single parent families and military couple families. Family friendly policies had been talked about for two years but were not a reality at that time.

The financial resources are now available to enhance every parent's childcare plan. Although my own single military parent status has not changed, my children are older and at most would probably require a housekeeper. That is not necessarily the case for many other members who at this time shoulder a heavier load than mine.

I speak on behalf of the thousands of single military parents, military couples and their families when I say we are grateful and deeply appreciative of these initiatives. Hats off to SCONDA, the Minister of National Defense and the Chief of the Defense Staff for proven commitment to improving the quality of life for Canadian Forces personnel and their families. Your work has not gone unnoticed.

Capt Cathy Sherman,
Single Military Parent,
17 Wing Winnipeg

Write from the heart

By Allison Delaney, Maple Leaf

Gladys Osmond always wanted to serve overseas; but at 76 years of age, she doubts she will ever have the chance.

However, she is determined to support those who do. In November 1999 Mrs. Osmond saw an invitation in *The Downhome*, a Newfoundland magazine, to write to CF peacekeepers. Since then, she has been writing Canadian troops serving in Bosnia and Kosovo.

She averages a hundred

letters a month, in addition to the some two hundred letters she writes to missionaries each month.

No one is obligated to write back, but many do. "In April I wrote 397 letters," she said from her home in Springdale, Nfld. "I've had wonderful letters come back from peacekeepers. It becomes very interesting. I'm learning a lot about the world and about people."

Mrs. Osmond has been writing full-time ever since her retirement from the Salvation Army in 1988. Even though her hand cramps frequently and postage costs consume almost a quarter of her monthly income, she intends to stay in touch with those far away. "I know how

great it feels to go down to the mailbox and find mail. When you are there [overseas], it means so much more," she said.

A handwritten letter is not the only thing tucked inside the long, white No. 10 envelopes she always uses: soldiers fortunate enough to receive mail from this mother of four and grandmother of seven also find clippings from newspapers, poems, magazines and old Newfoundland songs. So strong is her passion for writing that friends and family give her stamps, envelopes and writing paper at Christmastime. "Everybody knows what to get me," she said with a laugh.

(Cont'd page 6)

Next Deadline
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Articles: 21 July noon



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OFFICE HOURS
Open during production periods only: dates are posted on front door.

Regional Glider School up and running for Summer 2000

Royal Canadian Air Cadets from various points in British Columbia, Ontario, Quebec and the North West Territories have begun six weeks of intensive flying training at 19 Wing Comox. Forty-seven cadets are training as glider pilots, twenty-four others are working toward their private pilots license and another eighty cadets are enrolled in the Introduction to Aviation course.

RGS (Pacific), one of five gliding sites across Canada ... Safety record high!

With five Air Cadet gliding sites across the country and the cadets making more than 54,000 individual flights each year, an accident-free year is quite an achievement. It has been achieved, much to the pleasure of Major Jerry Elias, the National Air (Cadet) Operations Officer. Taking into consideration the age and experience level of both students and instructors, Elias

says this high safety record is very significant. "We follow exactly the same flight safety procedures as the regular Canadian Air Force" says Elias.

Maj Elias has been recorded as stating he contributes the success of today's cadet glider program to the people the Air Cadet movement has attracted, people like LCol T.R. Byrne, the Commanding Officer of the Regional Gliding School (Pacific) located at 19 Wing Comox. LCol Byrne has been the CO of RGS(P) since 1989. He is a Canadian Forces career pilot who brings a wealth of experience to the cadet flying program.

Twenty-four cadets are working toward their Private Pilot license at the Parallel Aviation school near Campbell River and at the Courtney Flying Club at Courtney. Another seven cadets are in training at Victoria Flight Training located at the Victoria International Airport. Most of these cadets are graduates of the

Regional Gliding School (Pacific).

The staff of the Regional Gliding School (Pacific) is already planning a grand Wings Parade scheduled for August 18. There will be 112 cadets on parade which wraps up the summer training program here. The Cadet Service Band which is training at Cadet Summer Training Centre, Albert Head (Victoria) will make a return engagement for the 2000 Wings Parade.

Last year, the BC Lieutenant Governor, Garde Gardom was the Wings Parade reviewing officer in celebration of the 75th anniversary of the Canadian Air Force. This year the Wing Commander, Col. W.J. Neumann has been invited to be the Wings Parade reviewing officer.

The Air Cadet flying program is funded by the Department of National Defence and administered in partnership with the Air Cadet League of Canada.

Open House New Control Tower

Military personnel, DND civilian employees and their dependents are welcome to come out for a tour of the new ATC tower on 21 July between 1000 and 1500 hours. Visitors are to access the tower via the golf course side.

Central Registry

"If you write it, we'll mail it; if you're searching, we'll try to find it!"

By Gail Eggiman

If you receive any mail from us with water stains it's because we are shedding tears from saying goodbye to Marina Dozois. Marina works mornings in Central Registry and afternoons in Duplicating. This is one nice lady and a real hard worker! Vicky and I will miss her...she did most of the filing! Her job will be filled for a term by Dianne Whyntott, who has been floating from PSS to WCPO. Please give her some space and leniency until she is trained and comfortable in her new work. She'll get enough flack from me during training!

Capt Craig Fowler, former WCOMD/EA, paid us a visit recently. He was a regular whenever there was food in the office. We sent an e-mail advising him "something smells nice in the office," made bets how long it would

take him to show up, and he didn't disappoint us when he arrived for Vicky's home baked cookies within two hours. They must be keeping him really busy at 407 Sq. Vicky "promised," after many months of appeal from us, that when she received her first pay equity cheque she would make an eye appointment. So far she has not fulfilled her promise, so if any of your mail goes astray, it is her fault.

Enough of our personal problems, I know you are all waiting anxiously for our Helpful Hint.

HELPFUL HINT #5
CENTRAL REGISTRY
FILE COPIES

It has been noticed lately, especially since the inception of electronic messages, that very few personnel are

providing CR/PA copies. All official correspondence that you originate (such as letters, memos and reports) and distribute to others, should have a file copy on the pertaining file in Central Registry. Correspondence that you receive from Central Registry (such as TDs and messages) should be returned for PA when no longer required. You may retain a photocopy for your own files. This will ensure that Central Registry files are kept up to date and a paper trail with all reference material is available for personnel when required. This is very important for you, the customer, and exhilarates us to no end when we can actually find something! Well, it makes me happy.

Please be patient for more hints until the next edition. Meanwhile, we can be reached at local 8801 or 8654.



The Air Cadet Service Band under the direction of Capt John Forbes will return to perform in the 2000 Regional Glider School grand Wings Parade on August 18.

Personnel Support Section

By Gail Eggiman

I had good intentions to make a fantastic article complete with pictures! It was to be something that even Finn from CE would appreciate! However, I will stick to writing, because not one picture I took at the Admin Branch barbecue turned out. I borrowed a newly purchased, cheap camera from my son. My good one was damaged when my overzealous Lab knocked it out of my hands at the beach. Once again, Tank lives up to his name.

Take my word for it, the barbecue was a hit. Wing Ops have their meteorologists; but we have the chaplains who ensured the sun appeared just in time. Brenda Gauthier and Colleen Welsh were the coordinators of the bash and offered burgers, hot dogs, salads, desserts, and munchies. Brenda and Donna were terrific cooks ensuring that our burgers were "E-coli free." (Take that any way you like.) Everyone who won a door prize was happy and those of us who were not, well... we checked the box to make sure our names had been put in! The

water pistols were a favourite. MWO Louise Gauthier was once again harping about scouting for ball players! There was a spy in the midst. Capt. Fowler, former WCOMD EA, was seen hanging around the food table!

LCol Spooner gave a long, yet humorous dialogue listing the numerous staff posted, retiring or arriving. He also introduced LCol Reaume who is his replacement. He is considered tall, dark and handsome, but if I remember right, when LCol Spooner first came here, there was colour in his

hair! Don't worry sir, most likely the new boss will be completely grey as well by the time he finishes his tour with us!

Maj Newlove, the D/WADM, celebrated his birthday, his anniversary and Father's Day all within a few days. Some say he doesn't look old enough to be married, be a father or even be a major! The cake was delicious.

Fran, from the cashier cage, got married on 23 June down at Air Force Beach. I think she invited the whole Base. We wish her and her husband many good years.



Cpl Fran Oliver (now Gaudet) and her family at her beach wedding.

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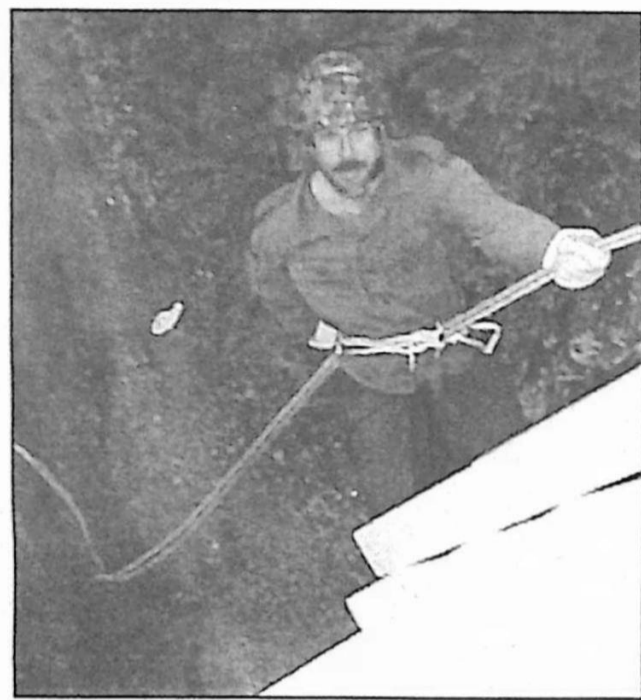
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MCpl Rob Lamothe rappelling.



Water plant being set up.

191 Airfield Engineers Exercise Woolly Beaver

By Thumper Head

The 191 Airfield Engineering Flight, as a part of 4 Airfield Engineering Sqn (4 AES) Cold Lake, must be ready to provide engineer support to any deployed air operations. Therefore, the unit must keep up its state of readiness, so, just after receiving the last snowfall this year, the flight received a warning order declaring preparations for Exercise Woolly Beaver. The prime objective of the exercise was to provide valuable training concerning road moves and convoy discipline to develop proper radio procedures, set up a small camp to support our unit, camouflage and concealment.

An on-site visit was in order so on 2 February the recce team drove out to the designated grid location. The site was situated approximately 12km in on the Comox Logging Road and put us at the mouth of Pierce

Creek along Comox Lake. The team inspected the site and derived a few possible camp layouts.

After considerable debate, a layout was chosen and the appropriate stores were developed. A shower unit was constructed, complete with storage water heater, a field kitchen unit gathered, rations ordered, vehicles scrounged (MLVW's from C Scot R, Victoria), loaded, then marshalled, and a 'Reverse Osmosis Water Purification Unit' brought in from 192 AEF Abbotsford. On 2 April we were on the move with our 16-vehicle convoy.

Base Camp was set up in very little time and we were under canvas by mid-afternoon. Over the next few days the shower unit was assembled keeping in mind the ecological impact on the area. This created a few problems that we quickly overcame.



Family Day at camp during Woolly Beaver exercise.

During the course of the week we were kept rather busy with various types of training and camp improvements, such as Map and Compass, Chainsaw, ATV, Reverse Osmosis Water Purification Units, Global Positioning System, Generators, Heating Units, Loader and Backhoe Operating and, for the more adventurous type - Rappelling.

When everything was ready, we invited our families in for a small visit to see what we do for a living and to prove once and for all we weren't just getting away from the kids for a week. The highlight for the kids was a rope and pulley system that we erected over a stream, although some of the adults had fun swinging across the stream as well.

In the end we all made it back home to our loved ones, safe and secure and a little wiser. It was a good learning and training experience for all involved.

CF grievance process streamlined

DNEWS - The CF Streamlined Grievance Process, launched on June 15, clarifies what can be grieved, dramatically reduces the levels of review, makes the CDS the final CF redress authority, and creates the Canadian Forces Grievance Board (CFGB).

The first level of review is the Initial Authority (IA), which is the first level with the authority to grant the redress sought. This could be someone in the chain of command but, in most cases, will be the senior staff level at NDHQ that controls the issue being grieved. For example, the Director General Military Careers (DGMC) will respond to most first-level PER grievances and the Director General Compensation and Benefits (DGCB) will respond to those dealing with pay or move benefit entitlements.

The second and final level of review is the CDS. For issues that deal strictly

with CF policy or leadership-type matters - such as PERs, Postings, Promotions and Training - the CDS has delegated final decision power to a new position, the Canadian Forces Grievance Adjudicator (CFGGA). The accompanying Process Matrix shows how the process will usually work, and the time limits imposed.

The CDS may refer any type of grievance to the CFGB, but must refer those dealing with:

- forfeiture of, or deduction from, pay and allowances, reduction in rank or release from the CF;
- CF policies relating to the expression of personal opinions, political activities and candidature for office, civil employment, conflict of interest and post-employment compliance measures, harassment or racist conduct;
- pay, allowances and other financial benefits; and
- the entitlement to medical care or dental treatment.

Questions? Contact the Director Canadian Forces Grievance Administration at: Phone Commercial: 613-995-1730, Autovon: -845-1740, Intranet: <http://hr.dwan.dnd.ca/dcfga> Internet: <http://www.dnd.ca/dcfga>

Sailors from around world to visit Quadra

By Lt (N) Bush, P Aff O

Sailors from all over the globe will soon arrive at HMCS Quadra. The occasion is an International Sea Cadet visit that is carried out each year. This year, countries represented will be the United States, the United Kingdom, Japan, the Netherlands, Sweden, South Korea and Australia. In total there will be nine officers and 45 cadets.

During their stay, the officers and cadets will experience almost every form of training that Quadra has to offer.

American cadets will arrive on 15 July and depart 30 July. The remainder are scheduled to arrive 19 July and depart 2 August.



Oriole wins Vic-Maui

By OCdt Erin Johnson

Halifax (tallships) in 1984, the Sydney-Hobart in 1998, and in the Victoria-Maui race for 25 years, placing second in 1990.

The course of the Victoria-Maui race, first sailed in 1968, is 2,308 nautical miles in length and offers the opportunity for up and coming sailors to experience life on a ship, while learning to sail under the guidance of a skeletal crew of experienced seamen.

Crew members of the HMCS Oriole 2000: Owner/Skipper/Navigator - LCdr Scott Crawshaw; Coxswain - PO1 Patrick O'Hara; Chief Botswains Mate - PO2 Dave Greene; Crew - Cpl Chris Robinson, LS

Dori Ballantine, LS Steve Cloutier, LS Donald Cuthbertson, LS Alan MacMillan, LS Andrew Sage, LS Jason Turner, LT (N) Marc Parent, A/SLT Dana Jewer, A/SLT Kim McKenster, NCdt Adam Dargavel, NCdt Leah Friesen, NCdt Miléna Johnson, NCdt Yannick Laplante, NCdt Marie-France Legault, NCdt Francesca Lussier, NCdt Mark Willis, NCdt Nick Woloszczuk, Mr. Ed Watson and Ms. Mary Coakley.

For further information on the Vic-Maui race, check out these internet sites: www.vicmaui.org or www.vicsurf/hmcsoriolc.com

DND Photography Contest
Concours de photographie du MDN

Genre 2000
With family members & friends

Date limite de soumission: Le 1^{er} octobre 2000
Deadline for entries: 1st October 2000

Pour information:
 • La section de photographie du MDN de votre base
 • Votre Centre de ressources pour les familles des militaires
 • La page d'accueil du site national du BID
 • Courriel: ah756@issc.dehbs.ndhq.dnd.ca
 • Téléphone: (613) 993-1489

For contest details contact:
 • Your local DND Photo Section
 • Your local Military Family Resource Centre
 • The National DIM homepage
 • E-mail: ah756@issc.dehbs.ndhq.dnd.ca
 • Telephone: (613) 993-1489

Photo by: Sgt Steve Merin CDS, Ottawa

Canada

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New Quality of Life initiatives announced

By Aline Dubois

DNEWS - The quality of life of CF members and their families should improve with the implementation of new measures, the effects of which will be felt by the end of the summer.

Under the Family Care Assistance Plan (FCA), a daily allowance of \$25 will be paid to some members who have been deployed or sent on training courses away from their families. Single-parent families will be eligible, as will unmarried soldiers taking care of minors under 16 or of persons over 16 with a physical or mental disability and for whom they do not receive a pension. Families in which both parents are sent abroad at the same time for more than 24 hours can also receive this allowance. The FCA is retroactive to April 1, 2000, and constitutes additional financial aid for the welfare of children.

Regular Force members and on-duty Reserve members, classes B and C, who are entitled to a paid move during this service period, as well as their spouses, can take advantage of the Compassionate Travel Assistance (CTA). The purpose of this allowance is to cover

travelling expenses in case of death or serious illness within the immediate family. This new initiative, effective June 1, also applies to on-duty reservists outside the region of their parent unit.

The Post Living Differential (PLD) is intended to cover general financial losses that transferred soldiers must bear. All directly incurred expenses, including various taxes—provincial and others—will be taken into consideration. Those affected will receive a monthly amount with their pay cheques. Although the PLD is taxable, it will include a supplement intended to compensate for the increased tax to be paid on the allowance. The PLD replaces the Accommodation Assistance Allowance (AAA), and is retroactive to April 1, 2000.

Since April 1, 2000, maternity/parental allowances have made it possible for eligible female military personnel to take a maximum of 17 weeks of maternity leave and a further 26 weeks of parental leave, for a total of 43 weeks. During that time, they can receive 93% of their pay, up to 27

weeks. Military fathers may also take up to 26 weeks of paternity leave. During the first 12 weeks, they will receive 93% of their salary. In the case of military couples, the cumulative total of parental leave must not exceed 26 weeks. This measure applies to all Regular Force members and Class A, B and C reservists.

CF members forced to leave their CF jobs for health reasons will be eligible for the Service Income Security Insurance Plan (SISIP LTD). These beneficiaries can take full advantage of professional rehabilitation services for a maximum of two years, during which time they will continue to receive 75% of their salary at the time they left their job. This initiative also applies to on-duty reservists who are entitled to receive pay.

Finally, the Transitions Assistance Program, which has been in effect since May 1, 2000, helps CF members who are injured or have been released for medical reasons to find a civilian job while on paid training leave.

Great prizes to be won!

A number of cash or product value prizes of \$500, \$300, \$50, two Nikon PRONEA S cameras, as well as certificates and ribbons are up for grabs in this year's contest.

Open to Amateur or Professional:

- Members of the CF Regular Force and their families
- Members of the CF Reserve Force and their families
- Members of other nations who are attached to or who are on exchange duty with the CF, excluding those personnel of other nations who are receiving formal training
- Civilian personnel employed by DND and their families
- Members of the Sea Cadets, Army Cadets and Air Cadets
- Retired members of the CF family.

Subject categories are:

- Military Life
- Military Family Life
- Millennium Celebration
- Environment Protection
- Portrait
- Special Effects
- Sports
- Open

Contest Entry Rules:

1. Entries must be the original work of the entrant and must not have been submitted to a previous DND or CF Photography Contest.
 2. An entrant may submit up to a maximum of six entries.
 3. The subject material of entries must be UNCLASSIFIED.
 4. All entries must be clearly marked with: first and last name; rank (if applicable), phone number of entrant, mailing address, title of entry, category of entry.
- Entries must be accompanied by a complete official entry form available at the office of the unit's contest coordinator, or CF Photo Unit - Customer Services.
- All entries must be sent to:

DND Photography Contest
Canadian Forces Photographic Unit
National Research Council
Montreal Road Campus, Building M-23
Ottawa, ON K1A 0K2

- All entries must be received in Ottawa by 1 October.

***Note: to submit entries via Wing Imaging, cut off date is mid-September. Phone 339-8324 for further information

Enhancements to TD benefits in Canada and USA

The Treasury Board announced a number of changes to existing travel benefits across the public service as part of an ongoing effort to modernize government travel policies. The following changes to existing Canadian Forces/civilian TD benefits are effective 1 July 00.

The daily incidental allowance is increased from \$4 non-commercial/\$6.00 commercial to \$11.50. This applies to military/civilian persons occupying non-commercial, commercial and government quarters while on TD within Canada and the US.

The daily incidental allowance will now include provisions that are currently accounted for independently, such as the cost of weekly telephone calls home, excess personal baggage surcharges, bottled water and other incidental expenses. Incidental rates for overseas travel have not changed at this time. Low rate separation expense remains unchanged. The daily rate for accommodations

for non-commercial facilities is increased from \$13.50 to \$50.00.

Approving authorities now have the flexibility, based on operational, safety, weather, physical needs of the member/employee and other considerations, to authorize the appropriate size of the vehicle to be rented in the case of car rental benefits.

Approving authorities may now authorize VIA 1 rail service travel when it meets operational requirements or when it is considered a cost-effective alternative to other means of travel.

If meals are provided as part of travel, member/em-

ployee may not claim for a meal for that period.

The white page listing of the hotel directory for government employees has been expanded to reflect the reality of the accommodations providing increased choice of safe, secure and higher quality hotels.

Additional changes relating to Treasury Board's travel modernization initiative as it relates to the Canadian Forces/Public Service employees will be announced in due course.

Queries on this matter may be addressed to DCBA 2/DCCS.

MINI STORAGE

U Store it
Lock it
Keep the Key

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COMOX TOTEM
Knight & Pritchard
1520 Ryan Road
339-3424

ALL SIZES AVAILABLE-HEATED OR UNHEATED-
SECURE-ACCESSIBLE-RESIDENT MANAGER
HOURS 7:00 AM - 7:00 PM

FINN BITS

WCE Customer Satisfaction Survey (Maintenance)



We are actively involved in measuring our effectiveness in delivering infrastructure services to the Wing. One of the ways in which we are measuring ourselves is through customer service survey. Ten out of 32 CE OPIs responded to this questionnaire.

First Quarter Results - FY 2000/2001

Rated on a scale of 1 (Poor) to 5 (Excellent). Result shows the average score out of 5 as well as the standard deviation in brackets. (Basically how much the ratings differed from each other. The smaller the number, the greater the agreement.)

1. How is our system for receiving and recording work requests?	3.9 (.876)
2. Is the status of your requests communicated back to you in a satisfactory manner?	3.4 (1.075)
3. For emergency work such as power outages and plugged toilets, is action taken in a timely manner?	4.4 (.966)
4. Are the tradespeople who come to your place of work courteous and friendly?	4.4 (.699)
5. Is it apparent that our personnel are anxious to help resolve the problem?	4.3 (.823)
6. In your opinion, are you satisfied with the workmanship of the structural maintenance (doors, broken windows, holes in wall)?	4.2 (.632)
7. Is the work area cleaned up at the completion of the work?	3.6 (.699)
8. For the surrounding base area, are the landscaped grounds neatly kept to your satisfaction?	3.8 (.632)
9. For base roads, are the driving surface, signage and road markings well maintained?	3.6 (1.075)
10. How would you rate the overall performance of routine maintenance?	3.7 (1.059)

Total rating: 39.3 (5.187)

What do we do well that we should continue? Excellent rapport and service from the designers/tradespeople that show up on site. This was a very common comment. Very good response times to meeting requests.

What do we do that we could do better? The majority of responses indicated a big frustration at feedback from CE with regards to when the work request would be done, when or if the work would be done, and generally keeping the occupant/customer informed.

Thank you for assisting us in achieving a high level of service to 19 Wing. Do you have any other comments you would like to make? Generally, people were very happy with the service provided. Where negative comments arrived, they usually indicated that communication needed to improve.

Wedges for FREE!

CE Structural Shop possesses a quantity of wedges which may be had for free. Wedges have many uses, perhaps the most common being that as door stoppers. They also do great service as level-adjusters, raising planes 'til they are perfectly horizontal.

Users need only go to the back of the Structural Shop in B109 and inquire there.

Beauty of road less travelled



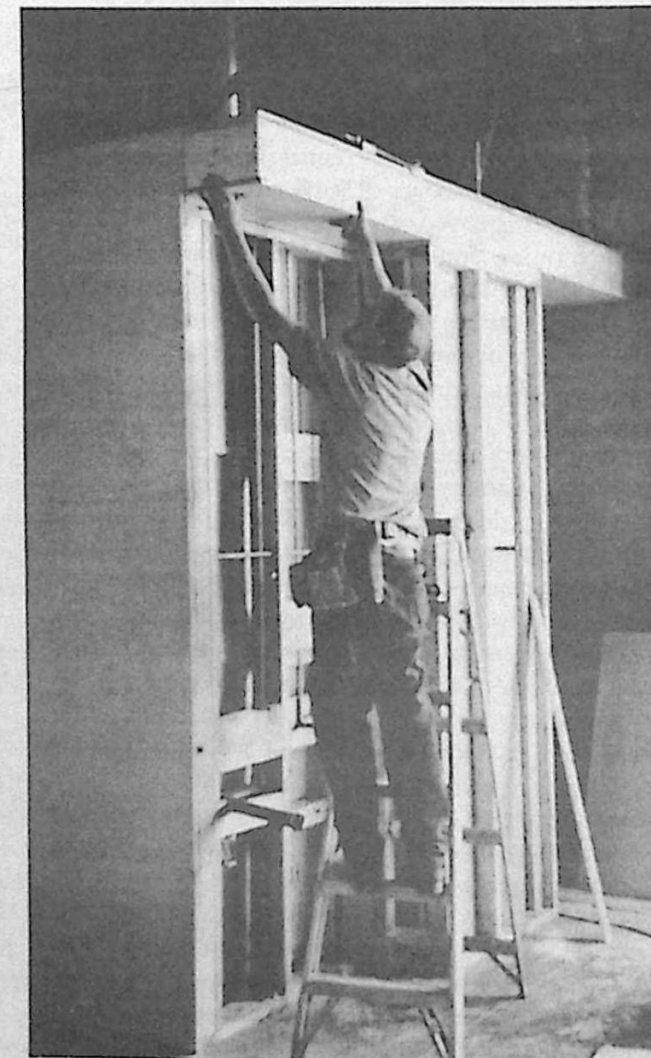
Ever wonder what happened to the roads less travelled? Makes you want never to travel. (Road is by QRA)

Holding up

Holding up under the strain of holding up the roof without holding up the work, CE carpenter Mike Power powers the box beam into place as the structural part of upgrading washroom facilities at Gen Stores (B171) nears completion.

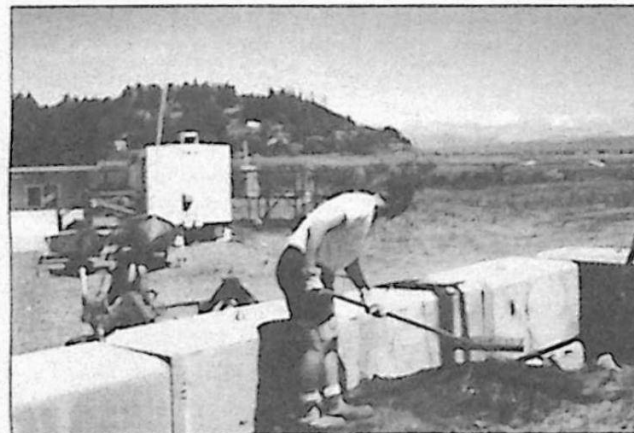
The upgrading includes more space, a doubling of toilet cubicles, and installation of a shower.

Upon completion of the plumbing work, the structure will be painted - by CE painters Ken MacKenzie and Tim Prad - and be ready for use.



CE Carpenter Mike Power on the ladder to success.

Quadra in summer



Mike Eggiman of CE's Airfield & Works Team smooths out the dirt behind the just-placed concrete blocks of the new retaining wall. Dave MacDonald, also A&W, operates the front-end loader.



Members of CE's Structural Team at Quadra: Tom Woodman, Steve Darvaul and Lance Callerae prepare siding for the quarters...

Few locations can be more desirable as a place of work in summer than HMCS Quadra labouring out of doors, bathed in the rays of a flowing sun, cooled by gentle breezes wafting off the waters which - but for a causeway - completely surrounds the spit of land must be heaven for those keen on fresh air and great vistas. White sails dot the bay, gulls wheel overhead, seals bob their heads on the surface while nearsightedly eyeing the foreign scape. Long pants are exchanged for short ones, off come the T-shirts.

Just work boots remain unchangeable in use. No short-cuts when it comes to safety.

Of course, inclement weather makes up the other side of the coin. Then HMCS Quadra is no fun. No fun at all.

Apart from a steady diet of summer maintenance jobs carried out by Quadra personnel hired for that reason, Quadra is also served by CE. Two entrees served up by said Section consist of re-siding three barrack buildings and placing a retaining wall of concrete blocks to prevent erosion.



...while shirt-less Crew Captain Charles Turner cut new frames for the windows. Nice background, great weather!

Safety new WCEO's priority



New WCEO, Maj Carrie Fortier, signs '19 Wing Construction Engineering Flight Principles and Values.'



Sgt Bob Lamothe, posted to CFB Esquimalt, is being congratulated upon being given his new stripes.

This Active Posting Season will see CE's current military hierarchy drastically changed with no less than four key players being either posted or taking their retirement.

WCEO, Maj Wayne Gauthier goes to CF JHQ Kingston; Ops Planner, MWO Andre Lecavalier to CFB North Bay; Spec Proj O, Capt Jon Burbee to 1 CAS Winnipeg; and one retiree, CE Ops O, Capt Katy Phelan, who after spending some time with her family in Mississauga, Ontario, there also to marry her fiancé, will settle in Wales whence hails her husband-to-be.

(Photos by Bob Allan, WEnvO)

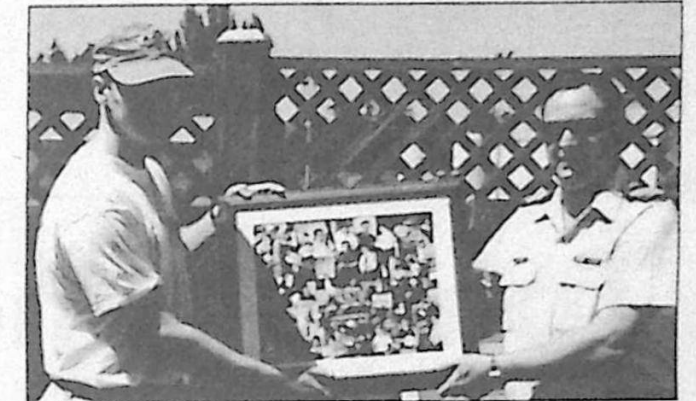
Leave-taking took place during a barbecue at Wing Fire Hall, where also was welcomed the new WCEO, Maj Carrie Fortier, formerly posted to 1 CAD Winnipeg.

One promotion was celebrated as Sgt Bob Lamothe received his stripes from the hands of Maj Gauthier. Sgt Lamothe is posted to CFB Esquimalt.

Fortier told the gathering that she was not contemplating any sweeping changes, but as heretofore safety would remain top priority. After taking holidays and moving in, Maj Fortier will take over as CO of CE on 14 August.



Capt Katy Phelan, former CE Ops O, receives well wishes and a picture of the Voodoo fighter by the main entrance.



Posted Capt Jon Burbee, who himself received pictures and kudos, in turn presented the WCEO with a photo collage.

Of deeds done

MWO Andre Lecavalier, CEOps Plan, receives from the hands of WCEO, Maj Wayne Gauthier, the parting gift of three framed projects for which MWO Lecavalier as Project Manager. The bar at Jr. Ranks, the motel-single quarters, and the cadet hangar.



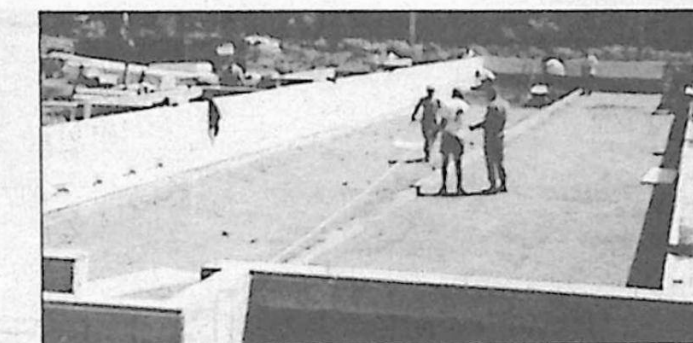
MWO Lecavalier, whose wife Denise worked at W Sup, has been posted to CFB North Bay in Ontario.

Buck buys four quarters

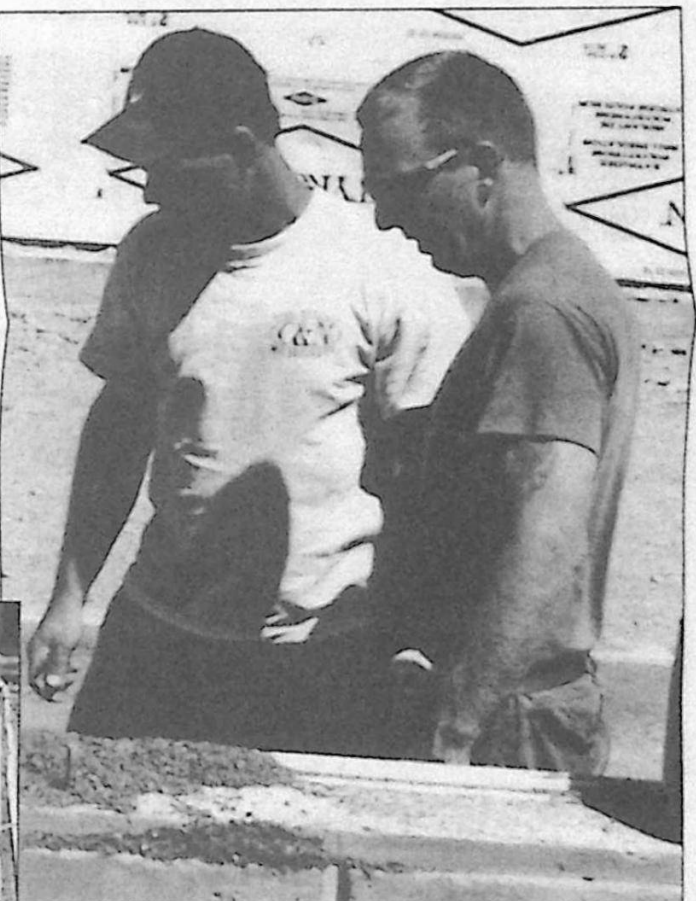
Big bucks released to build additional accommodation at CFB Comox have already resulted in practical, aesthetically pleasing, convenient and modern lodgings.

The three buildings housing the new single quarters by the Arena are now about to be joined by a fourth. Rather than translating into 8 bits, the last quarter instead makes an 8-plex. The foundation is in, the deck - or floor - is being laid. CE Structural Team's Craig Lafountain, crew captain for four CE Ops carpenters and three military Techs from Airfield Engineering Flight (AEF), is satisfied with progress. "This new building will be almost exactly the same as the units already occupied," he says. "We are right on schedule so it should be finished sometime in the Fall."

A fifth building is in fact contemplated, but construction is delayed due to the necessity of relocating telephone poles and a number of wires.



Foundation laid for fourth single quarters structure.



Combined Ops: Carpenter Dave Gallagher and Cpl Dean Burgher discuss aspect of work.

Sand lotters



Alison Dagg, Norm Maximick and Steve Gosling ensuring boundaries well established.

Summer students putting court to good use during CE barbecue.

A small volleyball court by Wing Fire Hall will not only aid our firefighters in keeping their already well-conditioned physical being, but may become a recreational tool as well for parties within the W Log family - perhaps resulting in tournaments within the branch?

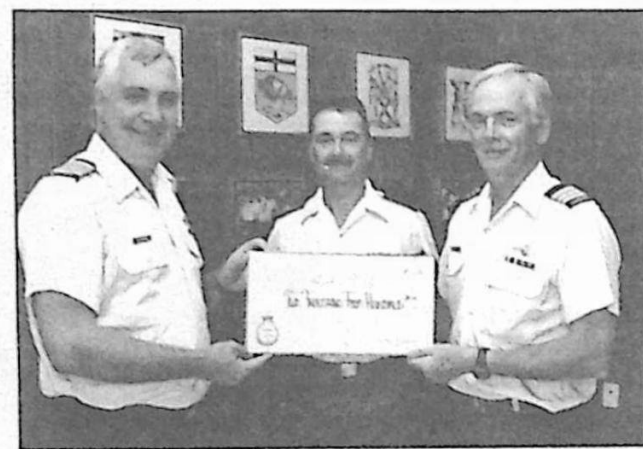
With help from W Tn, it fell to CE's Airfield and Works Team to prepare the ground - that is, transforming the ground, part of a large vacant grassy lot, into what at first resembled an exceptionally spacious sand box.

The first users were in fact keen summer students working for the A&E Team, some of whom had helped construct the court. But they did not play volleyball. Instead, they had a good time throwing some kind of elongated football around, still a form of physical conditioning. And no need to keep score.

Two local charities come out winners!

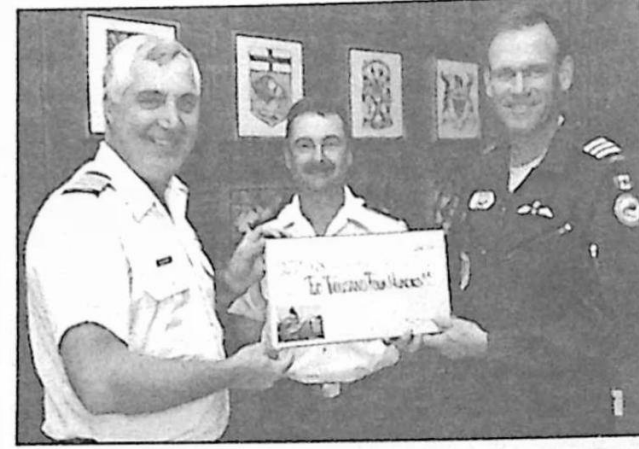
The 2nd Annual 19 Wing Charity Golf Tournament was held on Friday, 23 June, at Glacier Greens Golf Course. Over 150 golfers took to the course in support of the United Way and the Spitfire Restoration Project. The golf game was followed by a fantastic prime rib dinner, and a charity auction at the Officers' Mess.

First Place honours went to Frank Russo, Mike Dinney, Rod Cobham, Scott Klein, and Kent Turfiff who shot an amazing -15. Garry Gauvreau won the long putt contest (\$50). Longest drive



honours went to Ed Wendlandt who won a Timex watch, and to Linda Picard who walked away with a Toyota jacket. Closest to the pin winners were:

Brian Newlove (pizza certificates), Jim Good (watch), Marlene Hall (camera), Jill Yeoman (camera), and Dennis Dupuis (watch).
Wing Commander Col



W.J. Neumann would like to express his sincere appreciation to the following sponsors of the 2nd Annual 19 Wing Charity Golf Tournament:

Crystal Cove Beach Resort, Garf Baxandall Ford Mercury, Happy's Source for Sports, Glacier Greens, Panagopoulos, Quality Foods, Zellers, News Fur-

niture, Courtenay Toyota, Honda Motorsport, Riverside Nissan, Boston Pizza, Nevada Bob's, Telus, Radio Shack, Mind Computers, TD Bank, Visual Sound, Pacific Coastal, Griffin Pub, Whistle Stop Pub, CE Canteen, Comox Flying Club, Budget Brake/Muffler.

Special mention to Sgt Eileen Redding and her staff at Wing Imaging, who once again produced team photos in a record time.

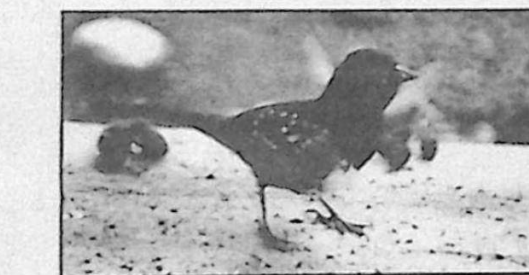
\$5000 (\$2500 each) was donated to Comox Valley United Way and the Spitfire Restoration Project! Thanks again to everyone who participated.

Totem Times 3rd Photo Contest

This week's category: Mother Nature's Creatures



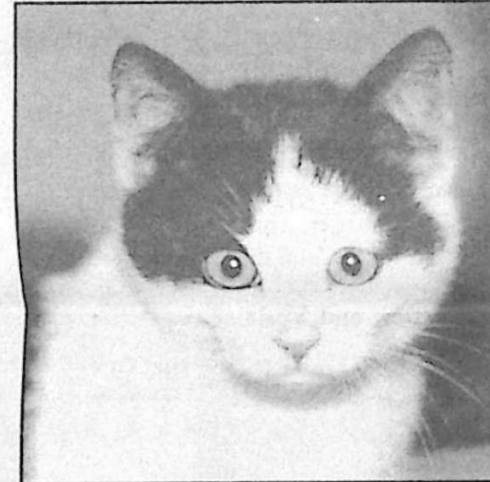
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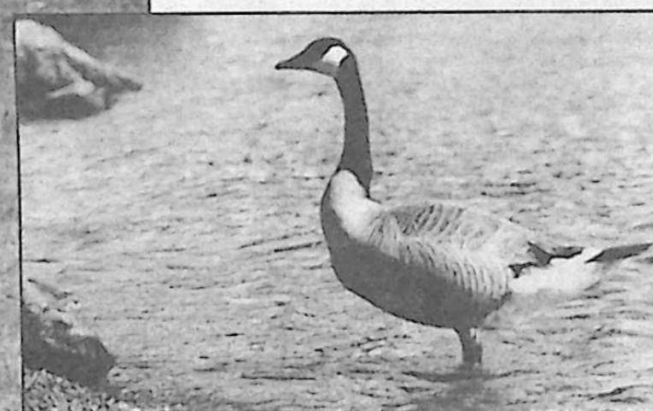
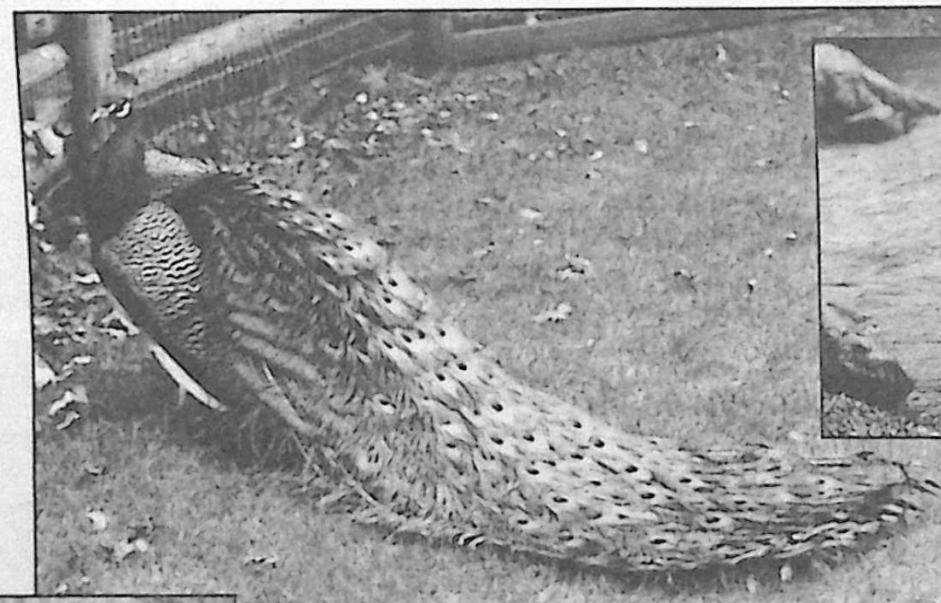
Chirp! Chirp!

Contest rules

- Open to amateurs only.
- 1 entry per person.
- Name, phone# and title on back of photo.
- Photo size up to 11x 14.
- Drop photos off at the *Overwaitea photo lab* or the *Totem Times, during office hours.*
- Deadline 4:30 p.m. on August 10.
- Prizes awarded for 1st, 2nd and 3rd.
- Winners to be announced in August 17 Totem Times.



Who? Me?



Human with breadcrumbs at 9:00 o'clock!



Ouch! That pavement's hot!



Awww-I love you Mom!

Regal beauty.

Good Luck!

Sample photos courtesy of Peg Sandirson and Jenny Cooper

Sponsored by Overwaitea Food and Drugs



By Joyce Merrill

Glacier Greens Golf Shots Ladies Amateur Open

The 27th Ladies Amateur Open was held June 17/18. Beginning with the Horse Race Friday night, 16 teams were off and running. When the dust settled at the 18th hole, Irene Marshall and Ann Johnston were in the winner's circle. Augusta Prichard and Fran Hume took second place. Many thanks to our Pro, Scott Fraser, and President Larry Lott for running the event.

The golfers teed off Saturday and Sunday with a shotgun start under blue skies and sunshine!

Overall Field Low Gross winner was Sue Powers with a 164. Field Low Net winner was Jesse Trto with 136. Both winners are from the host club. A special thanks to our main sponsors Thrifty Foods (Gross Trophy) and Visual Sound (Net Trophy) for their continuing

support. Other winners were:

Flight 'A'
1st Low Gross June Dyson 167, 1st Low Net Fran Hume 140, 2nd Gross Leah Wheeldon 169, 2nd Net Duane Miles 143, 3rd Gross, Karen Kloske 173, 3rd Net Brenda Livingstone 146.

Flight 'B'
1st Low Gross Ann Johnston 184, 1st Low Net Verle Lafferty 137, 2nd Gross Pat Everett 187, 2nd Net Kathy Branch 141, 3rd Gross Carmel Horochuk 190 C/B, 3rd Net Marie Israel 143.

Flight 'C'
1st Low Gross Pat Ailles 192, 1st Low Net Joyce Merrill 139, 2nd Gross Augusta Prichard 193, 2nd Net Anne Gibbon 143, 3rd Gross Lori Cameron 199, 3rd Net Anne Blake 146.

Saturday KPs - #4 Nan Cornwall, #7 Anne Gibbon,

#12 Grace Schmidt, #15 Maureen Taylor, #17 Judy Fellbaum. Longest putt #9 (25' 7 1/2") Anne Gibbon, Longest drive #8 (Hdcp. 24-36) Caryl Diewert
Longest drive #11 (Hdcp. 0-23) Chora Eilertsen.

Sunday KPs - #4 Augusta Prichard, #7 Jean English, #12 Marlene Gerrie, #15 Sue Powers, #17 Jean English. Longest putt #9 (11' 1/2") Grace Schmidt, Longest drive #8 (Hdcp. 24-36) Kathy Branch, Longest drive #11 (Hdcp. 0-23) Marion Hauset. The team winners were Chora Eilertsen, B.J. Granoukos and Gillian Iddiols.

Thanks to our Teaching Pro, Terry Drever, who took charge of the Chipping Contest after the tournament on Sunday. It was no easy feat chipping across the water to the pin on #18 in

the wind. Winner of the lovely Cobra golf bag donated by John Powers (Island Fire - EX) was Maggie Hathaway from Myrtle Point. All the proceeds went to Junior Golf.

Many thanks to Chef Steve Dodd and staff for the superb dinner Saturday and the delicious lunch Sunday. Thanks also to Doug Cull and Bert Linder who provided music on Friday and Saturday evenings.

Finally, kudos to Tournament Director, Judy Fellbaum, Club Captain Fran Hume, the Prize Committee (Verle Lafferty, Lori Cameron) who worked hard to make the event a success and to all the volunteers. Also to Steve Bailey and crew, who did a fine job of the course.

Hope to see you all back next year!

Rec Centre News

By Jake Plante

19 AMS wins slo-pitch

History in the making! For the first time in the new Commander's Cup format, 19 AMS has pulled off a first by winning the 2000 Commander's Cup Slo-pitch tournament. The Baseball diamonds are now nicknamed the 'Homer Dome' after 19 AMS pounded out in excess of 25 home runs. They defeated LOG in the final and the MVP and the only Expos fan was Dan Gagnon.

Commander's Cup Softball



19 AMS were the proud winners.



WComd Col Neumann presents the Commander's Cup banner to 2Lt Terry Ledrew, team captain and Sports Officer of 19 AMS.

Ladies Club

By Joyce Merrill

After the hype of the Ladies Open, it was fun for the ladies of Glacier Greens to play a scramble. The team of Fran Hume, Barb Carter, Caryl Diewert and Verle Lafferty came first with 72. Tied for second were the teams of Inge McArthur, Joyce Merrill, Martha Campbell and Irene Marshall, Trudy Lamothe, Lydia Brinkman, Diane Bainbridge. Both had 74's.

Kathy Branch received her belated hole-in-one pin. Lori Cameron won the 50/50 draw.

Congratulations to the team of Duane Miles, Anne Patterson and Pat Belanger.

They placed third in the District Club Team Championship held at Morningstar on June 14.

Monday Nite Ladies

Winners on June 19 were: Low Gross Jesse Trto, Low Net Judy Fellbaum. Maralee King/Rona Pollock tied for High gross. Least putts went to August Prichard while Most putts was Martha Campbell. Longest drive Wanda Moyer, Longest putt Bobbi Howard-Muir. KP#7 on the second shot Caryl Diewert. The lone birdie of the evening went to Jesse Trto. Heather Ferraby won the 50/50 draw.

Silver Totems Hockey School
21-26 August
For more info: Capt Alex Robertson
338-4216

Swimming Registration

When: 14 July
Where: Base Rec Centre
Time: 0830 to 1230 hours
Start: 17 July

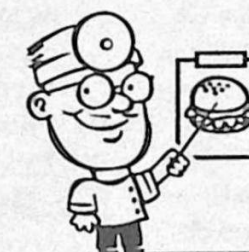
For more info contact
J.C. Fromont, Local 8989

Jake's Trivia Corner

1. Who had the most runs batted in, in a Major League season?
2. Who had the most consecutive losses in a Major League season?
3. Who had the most runs batted in, in a double header?

(Answers on page 14.)

Prevent E. coli Infection ("Hamburger Disease")



Cook all ground beef until there is **No Pink AND the juices run clear!**

For a free brochure on steps to prevent E. coli Infection ("Hamburger Disease"), call The Kidney Foundation of Canada, BC Branch, toll free: 1 (800) 567-8112



Comox Valley Country Roads Marathon

Qualifier for Pacific Regionals and CF National Championships!

September 3 is the date for the first ever Comox Valley Country Roads Marathon. The course has been certified and both the marathon and half-marathon events being run that day can be run by CAF personnel from the Pacific Region who wish to compete in the CF National Championships.

The marathon has been planned for over a year by a committee of dedicated running enthusiasts. The course is set in a rural area with rolling country roads, incredible pastoral and mountain views and will take runners through some of the most delightful country scenery on Vancouver Island. This will be an awesome venue for the experienced marathoner wanting to establish a new personal best, as well as the first-timer.

Age categories, as of day of competition, for Armed Forces personnel are:

Male and Female: Open - under 40 Masters - 40 to 47 Seniors - 48 to 55

Qualifying times for the Canadian Nationals are as follows:

Marathon times:	Male	Female
Open	3:15	3:30
Masters	3:30	3:45
Seniors	3:40	4:00
Half-Marathon:	Male	Female
Open	1:35	1:45
Masters	1:40	1:55
Seniors	1:45	2:05

Inquiries regarding accommodation can be directed to Jake Plante, Sports Coordinator at CFB Comox, phone (250) 3398211, local 8783. Check out the website at www.CountryRoadsMarathon.bc.ca (Registration forms can be printed from this site.)



Comox Military Family Resource Centre

Centre de Ressources pour Les Familles Militaires de Comox

Phone: 339-8290

CMFRC myth busting

Due to the fact that "Family Resource Centres" are fairly new to the military community some people are still unclear about who we are, what we do and where we fit into the larger picture. With this in mind it is not surprising that staff and board-members frequently encounter myths and misconceptions, about the CMFRC.

Myth #1
The CMFRC is only for women and children.

Fact:
The overall goal of the CMFRC is to provide the military community, including members, with the resources and opportunities to enrich their quality of life through understanding, support and encouragement in a confidential, friendly environment. This goal is achieved through the provision of a number of programs and services that address the needs of all community members, not only women and children.

Myth #2
The CMFRC is a department of the military. All staff are government employees and there is unlimited funding.

Fact:
The Comox Military Family Resource Centre is a British Columbia registered non-profit society which is governed by a Board of Directors and managed by an Executive Director. The CMFRC was first established in 1991.

The purpose of the CMFRC is to promote the well-being of the military family and community through the identification and implementation of programmes and services which will enhance the quality of life for the military family. The CMFRC staff are contracted employees paid by the CMFRC and not government employees. As a non-profit society, the CMFRC like many others must apply for funding and undertake fundraising activities. Therefore funds are not unlimited.

The CMFRC has received financial assistance from the federal government for its core staff and only a small operating budget. The remainder of the CMFRC funding must be raised. The CMFRC programs, are not subsidized and must be self-sufficient i.e. user fees, fund raising activities and donations.

Myth #3
Why does the CF community need the services of the Family Resource Centres now, we managed to get along without them before?

Fact:
The need for support services for military families has always existed. However, the need has not always been recognized. In 1986, the CF conducted a study of military families. This study drew attention to the problems that military families have been coping with for many years. In addition, family structure and the roles of men and women have undergone considerable changes. Today we have more single parents, step-parents, and common-law families. Also, more women are working outside the home. Furthermore, a married couple today, tends to view their relationship as a partnership with an equal sharing of the household chores, the decision making responsibilities and the nurturing and raising of children. All these changes contribute to more stress for individuals and families.

Comox Military Family Resource Centre Presents Summer Day Camps 2000

Krusaders (ages 6-8 years)
Kool Kids (ages 9-10 years)
Star Trekkers (ages 11-13 years)

Come join the fun!

Weekly Sessions
July 4th - September 1st

9:00 am - 4:00 pm*
\$65/Week

* Childcare available before and after Day Camp, (only \$15/week)

Phone 339-8211 local 8847 for more information

Enseignement de Langue Seconde Français/Anglais pour les Conjoints de Militaires du CRFMC

Le nombre de cours offerts seront déterminés selon les subventions que nous recevront

- Le CRFMC est heureux de faire partie d'un projet pour l'enseignement des langues secondes. Ces cours sont destinés aux conjoints et conjoints de militaires.
- Session automne débutant à la mi-septembre. (dates approximatives)
- Session hiver/printemps débutant à la mi-janvier. (dates approximatives)
- 48 à 60 heures de cours par session
- Classes de jour et de soir
- Les cours de français et d'anglais seront offerts de niveaux débutant et intermédiaire. Les frais d'inscriptions sont au montant de \$50.00 et seront remboursés à la fin de la session si l'étudiant(e) assiste à au moins 70% du cours.
- Chaque étudiant(e) aura des tests d'évaluations (classement) afin de déterminer leur niveau de compétence linguistique avant le début de chaque session.
- Le programme d'études sera standardisé dans tous les Centres de Ressources pour les Familles Militaires à travers le Canada.
- Minimum de 5 personnes est requis par classe.
- Les frais de gardiennage encourus par la poursuite de ce cours peuvent être subventionnés.
- Pour nous aider à préparer la prochaine session d'automne, dites-nous ce qui vous intéresse: Anglais débutant, intermédiaire, Français débutant, intermédiaire, Cours de jour ou de soir

Inscription: Dès maintenant
En contactant Danielle Bernier, Coordonnatrice du Programme en Français au 339-8211 poste 8656 ou pour de plus amples informations.

CMFRC Second Language Training

The number of courses offered will depend upon funding

- The CMFRC is please to be part of a project on second language training for military partners. The autumn semester will start mid-September. (Dates are approximate.) The winter/spring semester will start mid-January. (Dates are approximate.) 48 hrs to 60 hrs of instruction per session. Day and evening classes. Courses offered will be French & English beginners and intermediate level. The registration fee is \$50.00 which will be reimbursed at the end of the session if the student attends at least 70% of the course. Assessment for the level of competency prior to taking classes. The curriculum will be standardised across all MFRCs. A minimum of 5 people is required to run a class. The childcare fees encountered by attending a second language course may receive a subsidy. In order to help us prepare for September we need you to let us know whether you are interested in: Basic English or Intermediate, Basic French or Intermediate and day or evening classes.
- For more information or to register now call Danielle Bernier, French Program Coordinator at 339-8211 local 8656.

Wallace Gardens Community Association News



Animal Control Officer required!



The position of Animal Control Officer for the Wallace Gardens Community Association will be available as of 1 August. Those wishing to apply for this position must be a serving military member and/or spouse of a serving military member and reside in military quarters. For more information, or to submit a résumé, please contact the WGCA Town Clerk at 339-8211 (8571) prior to 31 July.



Volunteer Appreciation Banquet

On 27 May the WGCA held its annual volunteer appreciation banquet to honour all those people who gave their time and energy to organize and/or run our various activities. Our modest function was honoured with the presence of our distinguished guests, Colonel and Mrs. Neumann and CWO and Mrs. Dupuis. After the meal, Col Neumann took the opportunity to thank all the Wallace Gardens Ward Representatives and volunteers and presented each with a certificate of appreciation. He also took this opportunity to thank the outgoing Mayor of Wallace Gardens, Captain Curtis Wright, for his dedication and hard work during his tenure. I would like, once again, to thank all the volunteers for helping to make the numerous WGCA functions and activities a success and hope to see you all again in September.

Stan Bekus (Mayor WGCA)

Un Plan de Sécurité - Incendie Peut Prévenir les Tragedies

La plupart des victimes d'incendie ne voient jamais les flammes. Elles décèdent suites à l'inhalation de fumée.

LA PLANIFICATION ET LA MISE EN PRATIQUE D'UN PLAN DE PREVENTION-INCENDIE ET EVACUATION DES LIEUX PEUT VOUS SAUVER LA VIE.

Afin de réagir rapidement au feu, vous devriez tracer un diagramme de votre maison afin de vous y familiariser et planifier l'évacuation à partir de chacune des pièces. Toutefois, comme la majorité des décès imputables aux incendies surviennent tandis que vous dormez, vous devriez mettre en pratique votre plan durant la nuit également en vous mettant à quatre pattes avec une lampe de poche et de vous diriger vers la sortie la plus proche.

LA FORCE MEURTRIÈRE, DU FEU

La fumée est noire, très dense et impossible à voir. Vous n'avez pas le temps d'hésiter, une maison entière peut être rasée par les flammes en l'espace de cinq minutes. La plupart des décès sont attribuables à l'inhalation de la fumée, non aux flammes. La chaleur du feu est très intense et peut vous tuer instantanément. Les statistiques démontrent que 78% des décès imputables au feu se produisent dans les maisons et que la plupart de ces incendies meurtriers surviennent entre 2 h et 4 hrs, tandis que les occupants sont endormis.

CREEZ VOTRE PROPRE PLAN D'ÉVACUATION, COMMENCEZ
Installez vos détecteurs de fumée à chaque étage, à

l'extérieur de chaque chambre, près de la cuisine et du garage. Gardez-les propres et exempts de poussière. Vérifiez-les chaque mois (certains services des incendies recommandent de le faire chaque semaine). Remplacez les piles chaque année et les détecteurs, tous les 10 ans.

Dessinez un plan de chaque étage de la maison en y incluant les sorties normales et d'urgence, y compris deux sorties pour chaque chambre à coucher. Déterminez un lieu de rencontre sécuritaire à l'extérieur de la maison, de même que le nom de l'occupant qui devra faire le 911 à partir de la maison d'un voisin et d'une autre personne qui devra porter secours aux jeunes enfants à partir de l'extérieur si les entrées sont bloquées.

Mettez le plan en pratique, sans oublier de ramper les yeux fermés (la fumée dense entrave la respiration et la vision en restant près du plancher, vous augmentez vos chances de vous échapper). Si nécessaire, utilisez des échelles de sauvetage.

Les jeunes enfants incapables de s'échapper peuvent apprendre à ouvrir leur fenêtre et à faire flotter un morceau de tissu pour attirer l'attention. Enseignez-leur à demeurer à leur fenêtre jusqu'à ce que

quelqu'un vienne les chercher et à ne jamais se cacher. Demandez à votre service des incendies s'il serait pertinent de vous munir d'une échelle de sauvetage.

Dormez avec les portes fermées. Si les enfants ont peur, attendez qu'ils soient endormis pour fermer leur porte et utilisez un appareil d'écoute pour les entendre durant la nuit.

Si vous êtes réveillé par un détecteur de fumée, les membres de votre famille doivent vérifier si leur porte est chaude et l'air qui circule en dessous. Si vous ne sentez pas la fumée et que l'air est frais, agenouillez-vous et ouvrez lentement la porte, sans regarder. S'il y a de la fumée ou que la porte est chaude, dirigez-vous vers une autre sortie.

Achetez un extincteur d'incendie A-B-C et apprenez comment l'utiliser en vous rappelant le mot **Topo**. Tirez la goupille, orientez l'extincteur, pesez sur la poignée et oscillez-le d'un côté à l'autre à la base du feu. L'évaluation dépend du type d'incendie;

A correspond à un incendie de bois ou de papier;
B correspond à des liquides inflammables; et
C correspond à un feu électrique.

Home Fire Escape Plan can prevent tragedy

Most fire victims never even see flames. They die from smoke inhalation.

PLANNING AND PRACTICING A HOME FIRE PREVENTION AND ESCAPE PLAN CAN SAVE YOUR LIFE.

In order to react fast to fire, you should draw a diagram of your house and plan your escape from each room, to familiarize yourself with it. However, since the majority of fire deaths occur while you are sleeping, you should practice your plan at night as well, get down on your hands and knees with a flashlight and crawl to safety.

KILLING FORCE OF FIRE

The smoke is black, and very thick, it is impossible to see; You have no time for indecision, an entire house can be completely involved in five minutes; Most people are killed by smoke inhalation not the flame of the fire; The heat of the fire is extremely intense and can kill you instantly. Statistics show that 78 per cent of deaths from fire occur in the home and most of these fatal fires occur between 2 a.m. and 4 a.m. when occupants are sleeping.

CREATE YOUR PERSONAL ESCAPE PLAN. DO THE FOLLOWING:

Install smoke alarms on every level, outside the bedroom, near the kitchen and garage. Keep clean and

dust-free. Check smoke alarms monthly. (Some fire departments and manufacturers say weekly.) Replace batteries yearly and emergency exits including two from each bedroom. Designate a safe meeting place outside and someone to call 911 from a neighbour's home.

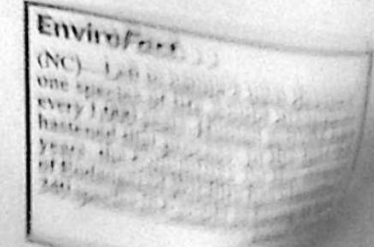
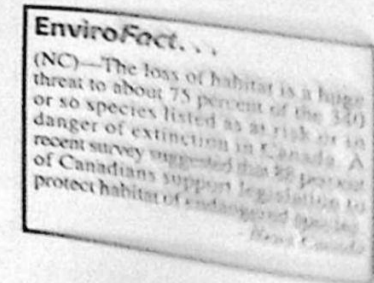
Practice the plan, including crawling out with eyes closed (heavy smoke impairs breathing and sight; staying close to the floor increases chances of escape). If needed practice using escape ladders.

Small children unable to escape can learn to open their windows and wave an article of clothing to attract attention. Instruct them to wait at the window until someone comes and to never hide from the fire. Discuss with a fire department official whether an escape ladder would be appropriate.

Sleep with doors closed. If children are frightened, parents can close doors after the children fall asleep and use a monitor to hear them at night.

If awakened by a smoke alarm or a fire, instruct family members to feel the door for heat and check air at bottom. If you don't smell smoke and the air is cool, kneel and open the door slowly, turning your face away from the opening. If smoke is present or the door is hot, use another exit.

Purchase an A-B-C fire extinguisher and learn how to use it by remembering the word **PASS - PULL the pin, AIM the extinguisher, SQUEEZE or press the handle, SWEEP side to side** at the base of the fire. (The rating is based on the fuel. A is a wood or paper fire; B is caused by flammable liquids; C is an electrical fire.)





Miscellaneous for sale

1979 Bonair 1700 Hardtop trailer with bathroom, 3-way fridge, three burner propane stove, furnace. Sleeps 5. Unique design (no canvas). Good shape. \$2,200 o.b.o. Phone: Keith 334-4723. <2/2>

Portable Hotpoint dishwasher \$125.00, 5-speed girl's bike \$20.00, 16" girl's bike \$20.00, baby stroller \$20.00, child car seat \$15.00. 339-3616. <2/2>

15-1/2 foot fiberglass boat with walk through windshield. Comes complete with: galvanized trailer, 75 HP Mercury, 9.9 HP Johnson kicker, new fishfinder (used twice), 1-year old battery, 2 Scotty downriggers, 3 rod holders, CB radio. Works great, ready for fishing! \$2,500 o.b.o. Phone: Keith 334-4723. <2/2>

1994 F150XL 4x4 short box, 300 cu. inch, 6 cyl, 5 spd, AM/FM cassette, fibreglass canopy, hitch, Michelin tires, ex. cond. 98 Ks, one owner - \$10,900. 339-1725 <1/2>

Kenmore washer - 3 years old, Westinghouse dryer - 1 year old: \$450 OBO Minkota trolling motor 30 lbs. thrust: \$75 OBO Battery charger: \$25 OBO Air conditioner (window 10,000 BTU): \$250 OBO Jolly Jumper (like new): \$20 OBO Portable car air compressor (new): \$50 obo Call 339-9778 <1/2>

Seniors helping Seniors celebration July 26, 11:00 a.m. - 3:00 p.m. in Filberg Centre, Courtenay. Everyone welcome. Purchase: lunch - entertainment - raffles - draws 50/50 - garden produce - plants - baked goods - books, white elephant sale. Tickets \$5 advance, \$6 door. More info 338-1000

\$1 CARWASH

A 24-hour carwash is available to all base personnel. The Auto Club carwash is located next to Clothing Stores. Hot soap, hot wax and a cold rinse - all supplied for a loonie.

Earn \$200, \$300, \$500 or more per week assembling product in the comfort of your own home. Send a self-addressed stamped envelope to: O.P.H. 6-2400 Dundas St. West, Suite 541, Ref 728, Mississauga, ON L5K 2R8



COURTENAY FLIGHT CENTER YOUR FLIGHT TRAINING SPECIALIST! 338-9814

or contact MWO CYRIL RODGERS LOC 8501, MAJ TONY APPELS LOC 8175 or CWO JOHN MERCER LOC 8723

Motorhome For Sale

1988 Class C Corsair motorhome, Ford 460, 58,000 Ks, EFI, dual fuel, generator, solar, rare party plan. Trade for older RV plus \$. 897-4709 or 339-1776 (msgc.)

HARBOUR WOOD Comox

3 & 4 bedroom patio homes, conveniently located within walking distance to schools, hospital and bus. 10-minute drive to CFB or downtown Courtenay. Each unit includes: •New fridge, stove & dishwasher •Thermal windows & coverings •Efficient gas furnace & hot water tank •In-suite Laundry •Lots of storage •Private yard & garden shed •1-1/2 bath in 4 bdrm.

On-site resident manager, and lawn maintenance provided.

3 bdrm: 1105 sqft: \$685 w/Military incentive: \$650 4 bdrm: 1305 sqft: \$735 w/Military incentive: \$695

ADDITIONAL SAVINGS!! 13th month FREE w/12 month lease

PHONE TO VIEW: 339-9805 or stop by 1-5 pm. Mon-Fri. 233 Aitken Street, Comox

Pond plant for Sale

Miniature bullrush plant in large container ready to go in pond. \$10.00 Phone 339-3486

Harassment DND HELPLINE

Personnel who desire information or assistance with harassment issues are encouraged to contact one of 19 Wing's Harassment Complaint Advisors. However, in addition to this resource and use of the chain of command, DND has a national Helpline to enhance the services available to personnel who may be the victims of harassment. The Helpline is staffed by personnel knowledgeable on harassment issues.

There are two toll free lines available, one providing service in each official language. Effective 1 Jan 00 the hours of operation of the DND/CF 1-800 Helpline on harassment/sexual assault will be from 0800 hrs to 1800 hrs (ET) Monday to Friday, 0500 to 1500 hours Pacific Time.

A voice mail message service will be available during silent hours, weekends and statutory holidays. Callers wishing to speak to someone urgently, regarding an assault or serious misconduct, may contact the regional office of the Canadian Forces National Investigation Service (CFNIS) - CFNIS Western Region, in Edmonton at 1-877-290-1019. Complaint line numbers are as follows:

English: 1-800-290-1019 French: 1-800-290-0893 (WP50)

DID YOU KNOW THAT CANADA HAS OVER 500 NATURAL PARKS?



DID YOU KNOW THAT THERE ARE CLOSE TO 70,000 ARCHAEOLOGICAL SITES IN CANADA?



Orthodox

Base personnel of the Orthodox Faith unaware of local opportunities to worship, be advised that St. Barnabas Orthodox Church of the Comox Valley meet in St. Joseph's Hospital Chapel (third floor) Wednesday & Saturdays Vespers 7 p.m., and Sundays, Matin 10 a.m. & Liturgy 10:45 a.m. Pastor: Fr. Deacon Alexis Nikkel. 339-9581

Jake's Trivia Answers

- 1. Lewis R. "Hack" Wilson - 190. 2. Anthony Young - 27. 3. Mark Whiten - 13.

Next Deadlines Advertising: 19 July Articles: 21 July, noon

TODAY'S CROSSWORD PUZZLE

Crossword puzzle grid with clues for Across and Down. Includes 'PREVIOUS PUZZLE SOLVED' section with a grid and clues.

Large crossword puzzle grid with numbers 1-69.

Did you know, last year, B.C.'s Children's Hospital provided care for 797 patient visits from Courtenay?



Employee Assistance Program (for both military and civilian personnel)

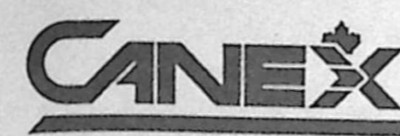
Do you have a problem that affects your work performance, or threatens to do so? Can think of nowhere to turn?

If you feel motivated towards a change for the better, call any one of the 19 Wing Referral Agents (RAs)

Call EAP at 7035 or

Advertisement for Employee Assistance Program featuring photos of staff members: Tim 8595, Finn 8379, Eileen 8528, and Stéphanie 8296.

The EAP is a joint union-management program/ le PAE est un programme syndical-patronal



The Canadian Forces Community College Network

News

Thank goodness it has finally cooled down after that extreme heat we had. We are so sorry about the heat in your store but, as most of you have guessed, our air conditioning has broken down. But good news - we are getting a new system in soon, so when the heat arrives again you can come in and shop in a cool environment for your summer needs.

Many things have happened in our little corner since last you heard from us. We would like to welcome two new comers to our team, Lisa and Pauline. You both are a welcome addition to the CANEX family.

We had to say goodbye to our warehouse person Dwayne as he went on to another job. We wish him well and good luck.

Our wonderful Diane is now on holidays since her husband Mario has just come back after three months in Borden. Hope you have a great time with the whole family and a well-

deserved vacation. We will see you in a week. Terry and Marg are now back from holidays in Calgary. They said they had a wonderful time out visiting family. He was not happy about some of the rain he had but nonetheless had a relaxing vacation. We are all glad he came back in one piece.

We have an "oops." Our last newsletter informed you all that at our staff BBQ we all piled into Hoe's garage. We did not go to Hoe's; in fact we were at Joe's. No one knows who Hoe is but we would like to find out and check out his garage - maybe he doesn't drop chicken on the deck and then feed it to us!

Our July Hot Special Sale runs from July 12-23. Why not stop in and see what we have on special for you. You never know what you might find. As always, the No Interest Credit Plan is available for all your needs. Why not come in and take advantage of all the deals we have in store.

888 Wingnotes By Norm Blondel

Irish cuts the cake

888 (Komox) Wing RCAF resounded to cheers last week, on July 1, as our Honorary President and Charter Member, Group Captain Irish Ireland, DFC, CD (Ret) cut the Wing's Canada Birthday Cake at 5:00 p.m. near the end of a typically rainy (for this place) Canada Day. Earlier, the 888 Wing parade float and supporting members shined along the parade route in Courtenay, to the cheers and applause of thousands of spectators who lined Fifth Street. It was wet, but a lot of fun for the participants, and a satisfying conclusion to all the work put in by Mini McDonald and her helpers. In fact the old weight description, "A hundred pounds soaking wet," applied accurately to our leader on this particular day. Later, at our executive Meeting, Mini received a recorded vote of thanks for her efforts. It is possible the float may be entered in the Comox Nautical Days parade on BC Day, August 8, also so would-be marchers are asked to contact Mini for details. Marchers would wear either old air force uniforms or Wing blazers, badges, flannels, etc., as per Canada Day.

Irish Ireland's article on the RCAF's first jet aircraft, the de Havilland Vampire,

appeared in the summer edition of Airforce magazine last week. It is highlighted by a front cover painting by famed aviation artist John Rutherford, a former resident of Comox, now living in Kamloops. The Vampires are shown flying over the Rocky Mountains, in BC. Irish and his friend Stocky Edwards were primarily responsible for converting RCAF wartime pilots over to jet fighters, using Harvard training aircraft in a novel fashion to simulate the landing profile of these (for their time) swift jets, at a time when no dual control trainers or flight simulators were available.

Which brings us to the business of membership renewals: You have run out of Wing and AFAC privileges if you have not yet paid in your dues to our Membership Man, Alan Scott. No Airforce magazine, no 50/50 draw, no anything in 888 Wing. Your \$45.00 is a great investment in friendships, social events, services and participation. We have the biggest and best AFAC Wing in Canada. Let's keep it that way. Contact Alan today the Wing telephone number is (250) 339-0888.

We have needs: Volunteer bartenders, Charity Bingo workers, Wing Catering Teams, are three helper categories which serve the

members. Why not donate a little of your time, and then enjoy the service of other, like-minded volunteers? What goes around, comes around. Contrails has a list of people to call. Extra bartenders will be needed if we open Tuesdays, a three-month trial move planned for September, hours noon-6:00 p.m. The Bar is our Life-Support System. If you can help, please call Woody at 339-4962, and, if you can handle some extra shifts, Woody would appreciate a call. We also need some Air Force tartan ties from those who have no further use for them, for our Colour Party.

Charivari: The ladies' Auxiliary raised \$711.00 at their recent Garage Sale; Don Williams, Dick Woodman and John Wood will represent 888 Wing at the next AFAC GM in Penticton; Pacific Group, AFAC meets here on September 9, and our next General Meeting will be held at the Wing on August 2, start time 7:30 p.m., or 19:30 RCAF time. Tickets for Steak Night go on sale at the bar, 12 noon on noon Sunday (1 week) prior. For all other events, Sunday noon, two weeks prior. This change meets the needs of working members who could not make the Wednesday ticket sale.

A small whoopsie in my Tet Walston article in the last edition of the Fishwrapper had Tet walking away from a "B-29." It was a B-17 Flying Fortress. Mea Culpa.

How to start a small business

By Caroline Cannon

Have you thought about starting your own small business but felt that you just wouldn't know where to begin? Have you been looking for a way to get some guidance before making the decision about whether to start your own business? Would you love to be able to get some solid guidance to get started? Welcome to the "How to Start a Small Business" course which will be offered by the Canadian Forces Community College Network in September.

The course will be offered one evening a week on Base, running for 10 weeks. Topics include reviewing the market and finding your niche, financial and personnel planning and management, legal considerations

and business planning. This is an overview course, intended to give you starting information about a wide range of topics, which are important in starting a business. We are very fortunate to have Murray Erickson to instruct the course. He has extensive experience in both business and teaching. He is a great resource for anyone who has questions and wants to learn.

The course will run on Tuesday evenings (6:30-9:30) for 10 weeks, starting September 19, and cost \$120.00 plus materials (about \$35.00).

For registration information call local 8889, or come see Caroline Cannon, the Network Coordinator in Building 22.

Reminder to Canadian Forces members from Veterans Affairs Canada

DNEWS - Any still-serving member who has been granted entitlement for a disability pension from the Department of Veterans Affairs prior to April 1, 2000 (or from the former Canadian Pension Commission prior to September, 1995) and who is not being paid that pension because they are still-serving in the Canadian Forces, should call Veterans Affairs Canada (VAC) at 1-800-228-7410 to provide their residential address.

If you have already provided your current home address to VAC or you have received an information letter from VAC at your home address within the last four months, please disregard this request.



Branch 17 Courtenay (334-4322)

Dance: every Friday evening, 8:00 p.m. July 14 Country Island July 21 Double Play July 28 Country Cousins Special Event: Vaudeville Show Sat. July 22 8:00 p.m. Prizes for best contestants

Branch 28 Cumberland (336-2361)

Every Wednesday, Bingo 7:00 p.m. Triathlon Event (Pool Crib & Darts) 9 July A fun afternoon is planned. We will have pool cues, darts and cards on hand for those who don't have their own. Teams will be picked at random and are guaranteed six games each. Bar opens noon, registration starts noon, games commence at 1:00 p.m. Only \$5.00 per person. 100% Pay-out!!! (Hall rental: non-members \$75, members \$50, kitchen use \$25.)

Branch 160 Comox (339-2022)

Mondays...Ladies Auxiliary Drop-in Bingo (Upper Hall doors open 6:30 p.m., Bingo 7:00 p.m.) Friday Night Dances 8-12 p.m. July 14 Moon Shadow July 21 Alley Cats July 28 Double Play Please note the next General Meeting is in September. Call Branch office Mon - Fri at 339-2022 for more info.

888 (KOMOX) RCAF WING

Air Force Association of Canada Calendar of Events

Sunday Brunches & Games: First Sunday each month. Pub Grub Fridays - Horse Racing, Darts, Cards. Steak Night tickets are on sale one week prior, Sunday, noon at the bar. For all other events, tickets are on sale two weeks prior, Sunday, noon at the bar. If enough bartenders are available, the bar will open Tuesday, noon-6 p.m. commencing in September. Regular Force Members Welcome!

888 Wing hours: Monday - closed* Tuesday - closed Wed, noon - 6:00 p.m. Thur, noon - 1:00 a.m.** Fri, noon - 1:00 a.m.** Sat, noon - 1:00 a.m.** * Bar open on Holiday Mondays. ** Bar could be closed as early as 9:00 p.m. if there are no customers, at the discretion of the Bar Manager.

Francophone Association French Summer Art Camps

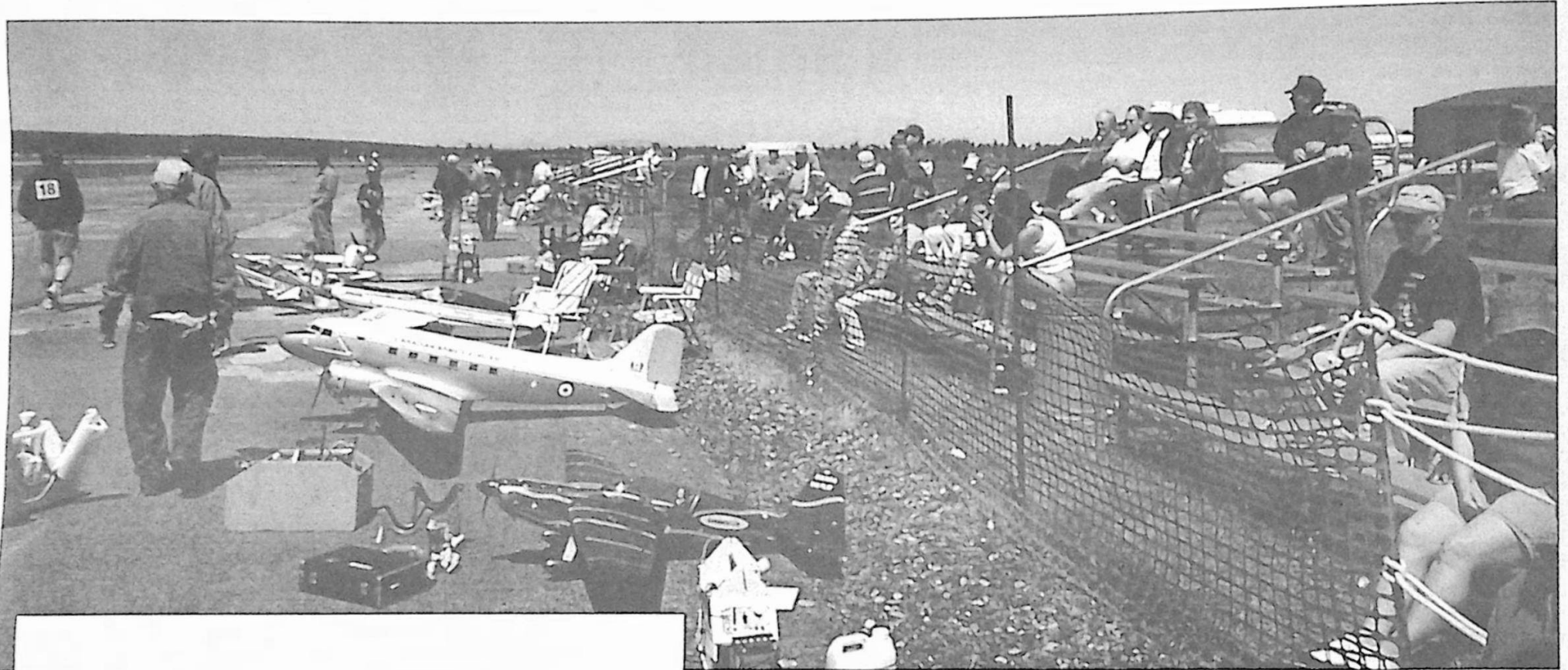
Do you want your children to have fun and be creative in French this summer? As part of the Club Jeunesse, the Association francophone de la vallée de Comox is pleased to announce that, again this year, it is offering Summer Art Camps for children between 5 and 12 years of age. The sessions are as follows:

5-8 years Tuesday July 18 - August 22 9-12 years Wednesday July 12 - August 23 Camps run from 10 a.m. to 3 p.m. and cost \$15 per day (\$90 for the summer) or \$12 per day (members) (\$72 for the summer).

Your child will enjoy story telling, workshops in theatre, painting, music, watercolour and sketching. Lots of games and crafts will also help develop his/her unbounded imagination. Hurry and sign up your kids for one or more of the Art Camps by phoning 334-8884 between 11 a.m. and 4 p.m. or drop into our office at #2 1491 McPhee, Courtenay.

Heritage Happenings By Capt Mike Forbes

Scale R/C Aircraft Contest 2000



Spectators watch as some of the 25 entrants prepare their aircraft for the competition.



The People's and Pilots' Choice on short final to land.

The weekend of 23 June saw War Birds return to the Comox Air Base. The lure for the War Birds was the 5th Annual Scale Model Aircraft Contest hosted by the Comox Air Force Museum. Every June the museum plays host to R/C modellers from Port Hardy to Victoria. This contest is one of only two of its kind in the province; Victoria Modellers host the other in September.

This year a field of 25 aircraft competed in four categories: Civilian Builder/flyer; Civilian team; Military Builder/flyer; and Military Team.

The skies were clear, but high winds delayed the start of the flying on Saturday morning. Once flying got under way the event ran very smoothly, thanks to the entirely volunteer work of personnel from the Base and the museum.

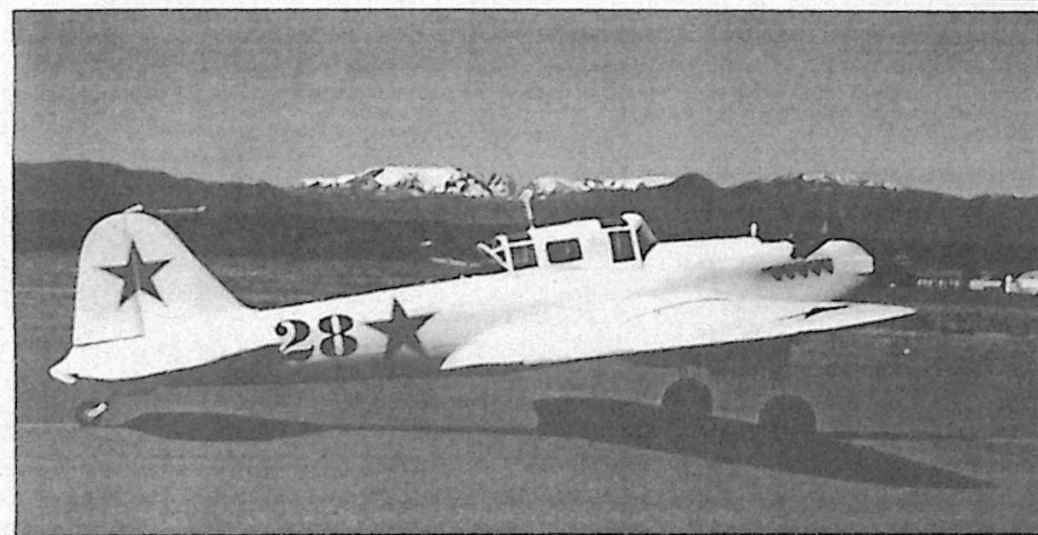
The registered models were judged for static appearance on Friday evening. On Saturday the models were put through two rounds of judged flying. Each time a model went into the air it was judged on five mandatory and six optional manoeuvres, each flight to last a maximum of ten minutes.




Ivan Galloway's DC-3 sits on the runway waiting for take off clearance.

The results of the contest were:

Civilian Builder/flyer	First	Jack Price, flying a Extra 300
	Second	Mike Benoit, flying a Grumman Cougar
	Third	Bill Kent, flying a Extra 300
Civilian team	First	Fred post, with an Extra 300
	Second	Mike Carriere, with an Extra 300
	Third	Tom Marchant with a Morissey Bravo
Military Builder/flyer	First	Dale Erhart with an Extra 300
	Second	Tom Feenstra with an FW-190
	Third	Al Wardell with a Harvard
Military Team	First	Marc Wald with a Chipmunk
	Second	Grant Empey with a T-28
	Third	Ivan Galloway with a DC-3



(Left): Museum Chairman Joel Clarkston's Stormovik IL-2 prepares for flight in the Military Builder/Flyer category.



Comox Air Force Museum

*Dedicated to the preservation of
West Coast aviation heritage and history*

Located at the entrance to CFB Comox
Now open 7 days a week, 10:00 a.m. till 4:00 p.m.

