



# TOTEM TIMES

19 Wing CFB Comox

THURSDAY 18 MAY 2000

Comox Valley's Longest Running Newspaper

VOL. 42 NO. 8

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## NAOSH WEEK

15-21 May

Don't forget to enter our Babies & Toddlers Photo Contest. See our 4 May issue for details or check with the Overwaitea photo lab. Deadline 4:30 p.m. June 1.

# High seas Driftnet patrol

Fisheries and Oceans Canada and the Department of National Defence have begun their annual high seas driftnet surveillance operation on the northwest Pacific.

Fisheries and Oceans Canada, in co-operation with the DND, has been conducting air surveillance patrols of the North Pacific looking for the presence of illegal high seas driftnet fishing activity since 1992.

This year, a 40-person Canadian Forces patrol team consisting of two CP-140 Aurora aircraft from 19 Wing CFB Comox, two flight crews, as well as maintenance and support personnel will operate from Shemya, Alaska. Two fishery officers representing Fisheries and Oceans Canada will provide operational expertise, including recognition of fishing vessel types and collection of evidence. All patrols will be closely co-ordinated between Fisheries and Oceans Canada, the Canadian Forces and the United States Coast Guard District 17 (Alaska).

During the 1999 surveillance operation, crews sighted two vessels actively fishing, a third was pursued as a target of interest, and a number of driftnet-rigged vessels and a possible mothership in transit were sighted in the area. The first vessel sighted, the *Astafievo*, was pursued by Russian and US



Prior to deployment: 407 Sqn Crew 4 and technicians with DFO Officer Mr. Jeremy Hunt and Vancouver Sun reporter Jeff Lee. (Photo by Wing Imaging)

patrol vessels, but was not apprehended. The US Coast Guard found six tonnes of mixed sockeye and chum salmon on board the second vessel, the *Lobana*. The vessel was turned over to the Russian border guard for escort to Petropovlask. The captain was fined US\$4,000 and the owners fined US\$120,000. The nets and catch were forfeited, but the ves-

sel was returned to the owners. The third vessel spotted by the Canadian Forces patrol aircraft, the *Ying Fa*, was actively fishing driftnets. When a US Coast Guard boarding team determined that the vessel was "stateless," it was seized and towed to Adak, Alaska. The crew of 20 Chinese farmers was repatriated to China, although investigators were unable to establish ownership of the vessel. The vessel, nets, and a catch of approximately six tonnes of sockeye and chum salmon were forfeited.

Samples of chum and sockeye salmon from the *Ying Fa* were analysed by the U.S. National Marine Fisheries Service. Results of the analysis indicated that 86% of the chum salmon sampled were of Russian origin, 2% were Japanese, 12% were Alaskan, and approximately 2% were of B.C. origin. Analysis of the sockeye samples, although more problematic, revealed that approximately 30% of the sockeye were of Russian origin, 55% Alaskan origin and approximately 15% were B.C. stocks.

Large-scale driftnet fishing on the high seas is a highly destructive practice. Despite co-ordinated enforcement efforts, this practice continues to occur in the North Pacific. Driftnets are non-specific and frequently ensnare birds and marine mammals, and may be used to illegally fish large numbers of salmon species, tuna or squid, depending on water temperatures and the area fished.

Canada is a signatory to the Convention for the Conservation of Anadromous Stocks in the North Pacific Ocean along with the United States, Japan and Russia. These countries have agreed to coordinate enforcement activities to stop illegal salmon fishing by other countries on the high seas of the North Pacific. The Peoples Republic of China also participates in coordinated activity through a Bilateral Boarding and Ship Rider Agreement with the United States.

For regular operational updates check the Web at: [www-comm.pac.dfo-mpo.gc.ca/english/driftnet-operation](http://www-comm.pac.dfo-mpo.gc.ca/english/driftnet-operation)



Possible violator sighted 1 May by USCG C-130. All visible markings painted over and vessel not flying flag. Three sets of nets in water. Investigation continues. (Photo courtesy Wing Intelligence Section.)



Bob Koester  
335-0707



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339-0809

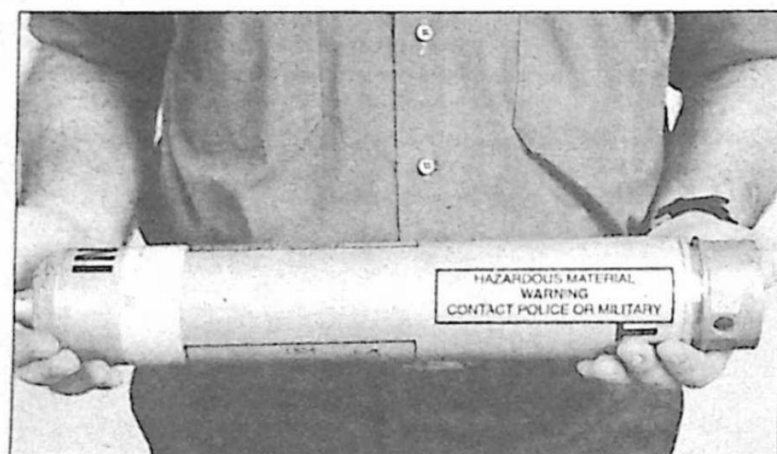


# 19 AMS News

## Marine Markers

**The Explosive Ordnance Disposal team from 19 Wing Comox would like to make the public aware of the possibility of finding Marine Markers when walking on area beaches.**

Marine Markers, sometimes called Smoke Markers, are silver tubes approximately 18 inches long and 3 inches in diameter with a light green band at one end. Depending on how long the item has been in the water, any markings may or may not be present. Marine Markers are used to mark the location of items or persons in the water, during search and rescue operations for example, by emitting large clouds of smoke. They are designed to sink when expended but occasionally wash ashore and are found by people beachcombing. It is very important that, if found, they be left alone. Marine Markers found on beaches might not be fully expended, and any jarring could be enough to cause them to re-ignite. They produce large amounts of smoke with a three-inch flame and become very hot.



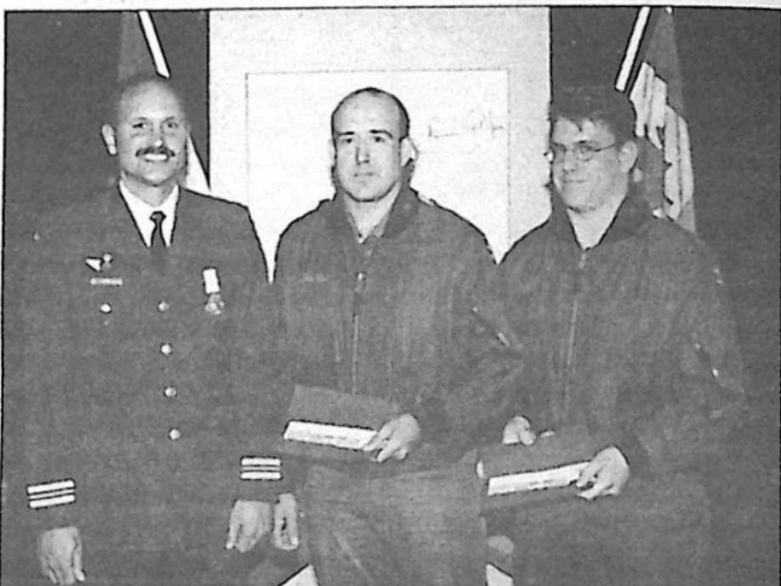
**Marine Marker - don't touch!**

People finding a Smoke Marker are asked to not handle the device. Placing them in vehicles or boats with the intention of delivering them to the Base could result in fire, leading to the loss of the vehicle or personal injury.

Mark the location so that it can be easily found and notify 19 Wing Comox or the local RCMP. Members of 19 Wing's EOD team will be dispatched to retrieve it as soon as possible.



MWO Dave Spencer was presented with his new rank by the CO of 19 AMS, Maj Kettenacker. Congratulations Dave! Unfortunately the promotion came attached to a quick posting to Camp Borden so we'll have to mail Dave a copy of this newspaper!



MCpl Curtis Waldner and Cpl Dan Gagnon accept their 'No Retreat' Awards from the CO of 19 AMS. When the last spare Buffalo JB15 Autopilot Junction Boxes were inadvertently scrapped, NDHQ asked AVS Labs if they thought they could manufacture them. Enthusiastically accepting the challenge, these airmen demonstrated incentive, ingenuity and determination over many hours of work. Ultimately, the Air Force realized a savings of many thousands of dollars when these very complex pieces of equipment were test flown serviceable. Thanks guys, for a job extremely well done!

## Reservists strut their stuff on Uniform Day

When things were getting a little out of hand at Comox's Signature Wine Cellars and Brewing Company, owner Sigrid Lees knew what she had to do. She called in the air force. Reserve MWO Dan Gray, to be exact.

"He made a lot of sense out of a lot of chaos, that's for sure," says Lees, who hired Gray in March 1998 to manage her Guthrie Road winemaking business. "Dan's really improved our systems around here. His organizational skills are top-notch."

Gray, like many of 19 Wing's 115 reservists, celebrated Reserve Force Uniform Day on May 3 by wearing his military uniform to his civilian workplace. In its third year, the event is designed to educate the public about the Canadian Forces reserves and encourage civilian employers to accommodate their sometimes unusual schedules.

"The need for employers to be flexible is paramount when it comes to reservists," says Gray, a 25-year veteran of the Forces who

now hires other reservists at 19 Wing. "We know it's difficult to lose an employee to a military course for a couple of weeks, but they'll come back trained at no extra cost. It's a win-win situation."

Gray himself faced such a problem when 19 Wing required his services in preparation for the rollover to the year 2000. He says Lees went out of her way to rearrange his hours to let him continue his employment and help 19 Wing. As a result, he was able to keep his job as well as contribute to

emergency preparedness for the Comox Valley.

Gray says there are other advantages to hiring reservists, and cites his own experience at Signature Wine Cellars of Comox. "I was raised for 25 years a certain way by the military. When I started with Sigrid, I just did the same thing. I took my skills for granted, but she was amazed at the end product."

After implementing a common military stocktaking practice and re-engineering her winemaking

system, Gray says Lees' production doubled. Aside from management and organizational skills, Gray says employers can take advantage of a reservist's self-discipline, motivation and reliability. Reservists, he adds, also benefit from their special "dual" perspective.

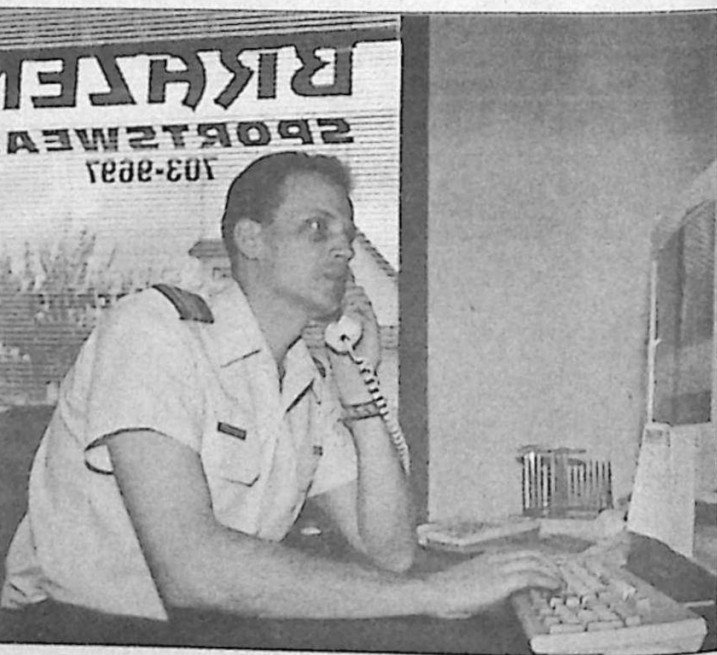
"We've got a foot in both communities, civilian and military," he says. "I think reservists can be the bridge between the two."



MCpl Harvey Thibodeau, who owns and operates Electro Audio Video, a television and stereo repair business in Courtenay.



MWO Dan Gray at Signature Wine Cellars in Comox.



Capt Doug Godden, a reserve Air Traffic Controller who owns and manages Brazen Sportswear, located in Courtenay.

## Flight Safety Good Show Award

During January of 1999 a single engine Cessna 210 was on an instrument rules flight plan from Peace River, Alberta to Campbell River, BC. Over the mountains sixty miles north-east of Comox the pilot experienced mechanical problems leading to an engine failure. The aircraft began to lose altitude and the pilot radioed Comox terminal with a mayday message.

Comox and surrounding airports were in instrument meteorological conditions. Mountainous terrain prevented the terminal controller Capt Benoit, and the chief controller Capt Humphrey, from locating the aircraft on radar. Realizing the seriousness of the situation they immediately contacted Comox tower for assistance.

The tower controller, Capt Haun, quickly dialed in the direction finding equipment and was



Capt Grant Humphrey, Capt Mike Benoit, Capt Dean King, Capt Steve Whyntott, Capt Dave Haun, MCpl Kent Graugaard, MCpl John Healey, Cpl Marc Magee, Cpl Bob Johnson, Cpl Mike Dalzell, Cpl Dean Vey recognized for Flight Safety Good Show Award.

able to determine the bearing of the aircraft. Working closely as a team, and using all available resources, the controllers were able to radar identify the aircraft fifty-five miles north-east of Comox at ten thousand feet above sea level - approximately two thousand feet below minimum safe altitude. Shortly thereafter the pilot managed to restart his engine, but it failed to produce reliable power. The situation, complicated by icing conditions, was causing the

pilot to become disoriented and highly distressed.

The traffic load at the terminal radar unit ranged from moderate to heavy. A decision was made to isolate the aircraft on a separate radarscope and the aircraft was placed under the control of the duty terminal controller, Capt King. The duty arrival controller, Capt Whyntott, kept traffic well clear of the emergency aircraft and coordinated a possible SAR mission with an airborne Buffalo aircraft.



## Major causes of home fires

### KITCHEN:

Do not leave cooking unattended. Use oven mitts; don't wear loose clothing with long sleeves when cooking. Check for damaged or cracked cords on kettles and toasters and have their internal thermostats checked if they have been dropped or damaged. Buy appliances that shut off automatically. Use a kitchen timer to remind yourself to turn off burners and the oven. If a pan of food catches fire, using a pot holder, carefully slide a lid over the pan and turn off the burner. Keep the stovetop and oven clean and clear at all times.

### LIVINGROOM:

Do not use extension cords in place of permanent wiring. If there are smokers in your home check the furniture for fallen cigarettes or embers before you leave the room. A cigarette can smolder undetected beneath a cushion for several hours before it bursts into flames. Use large, deep ashtrays. Safety ashtrays with double rim and deep centre are best. Never leave a lit cigarette unattended in an ashtray.

### BEDROOM:

All electrical appliances in use in the bedroom should be checked regularly for safe operation, this includes electric blankets and heating pads. NEVER SMOKE IN BED.

### BASEMENT AND ATTICS:

Remove all unnecessary combustibles from these areas. Never store gasoline or gasoline operated equipment in the basement. These must be stored outside away from any ignition sources. Never store gasoline in glass or unapproved plastic containers or in metal cans with any plastic parts. Use only an approved portable container to transport gasoline.

NOTE: The weekend of the 27 May, there will be containers available in the MQ's for disposal of all unwanted items, except for hazardous materials.

An ounce of prevention is worth a pound of cure.



## DGHS visit



BGen Lise Mathieu, DGHS, addressing 19 Wing Hospital staff at an informal luncheon at the Officers' Mess on 26 April. He was accompanied by the Surg Gen, Col Scott Cameron and CWO Nick Doucet. BGen Mathieu answered several questions from hospital medical staff. As with other trades, there is a lot of uncertainty with the medical trades. Capt Howard, the OPI, reported that the visitors enjoyed their visit to the beautiful Comox Valley, 19 Wing and the warm welcome at Glacier Greens Golf Course.

Cpl Magee, the terminal assistant, co-ordinated the activation of all emergency services with the tower assistant Cpl Johnson and the ground controller MCpl Graugaard.

Capt King vectored the Cessna for an ILS approach to runway 11. On his first attempt the pilot failed to sight the runway and tried to commence an overshoot, but continued to descend beyond the runway and over the ocean. Realizing that the pilot had lost confidence in his instruments and was wary of re-entering cloud, Capt King had the aircraft climb to a safe altitude and vectored him downwind for another approach.

MCpl Healey, the duty PAR controller, recognized that the most prudent way to get the aircraft on the ground with minimal delay was with a PAR approach.

Although the PAR was unserviceable and undergoing corrective maintenance, MCpl Healey contacted the radar technician Cpl Vey and Cpl Dalzell and requested that every possible effort be made to reassemble and return the PAR to service. Within minutes the PAR was made operational and MCpl Healey assumed control of the Cessna from Capt King. With a calm and reassuring voice, MCpl Healey guided the aircraft to a safe landing at Comox.

The members of the 19 Wing Air Traffic Control team demonstrated outstanding diligence, initiative, and technical expertise. Their team effort saved the life of an aviator in extreme distress and brought credit to themselves and the air force.

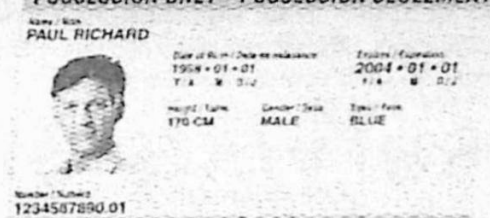
Well done!

## Important message to all firearm owners

By the end of this year...

You must have a firearms licence

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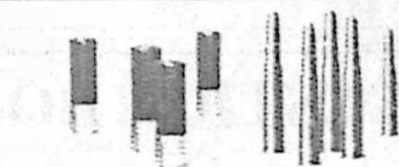
to

possess firearms



and

to buy ammunition.



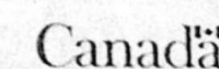
- A valid FAC will do.
- A hunting or driver's licence won't.
- A licence is not the same as a registration certificate.

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www.cfc-ccaf.gc.ca



# Guest Editorial



My wallet is bursting and it ain't a cash problem. As of April 18, I had to have on me to perform my duties:

- a) A civilian driver's license and a military driver's license (neither of which was worth the cost of manufacture once you left the province);
- b) An American Express card to replace any cash DND might have had to advance me;
- c) An American Express card to replace any cash DND might have had to advance my crew;
- d) A VISA to buy GO juice when the world's most unaccepted card (next to the Diner's Club Card) just wasn't accepted;
- e) An ID card to get into secure installations whenever the back gate wasn't open; and
- f) An area pass to explain why I was there.

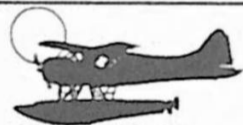
Add the miscellaneous cards like Club X Tra, Sharper Image, mess membership, Panagopoulos pizza and a ticket to fly and my trousers are head'n south.

Now we have this medical card thing. The other cards aren't good enough. The ID card won't identify you to medical personnel. The credit cards won't pay for treatment. The multiple licenses are what got you into trouble in the first place and the pizza card expired last week. The solution - another card.

This is the last straw, the one that broke the camel's suspenders and embare-arsed the whole camel family. I've been SHARPened, legalised, traumatised, plagiarised and posted. I've had evaluations, summations, digitations and new sensations. Nothing has prepared me for this plastic onslaught. I can't stand any more. Is there no one who will stop the madness, this death by polyethylene? Can NDHQ not put its institutional claw down and say enough is enough?

One card - that's all we should have to carry. Grace the card with a black and white picture taken by a half-wit on a 35-mm brownie box camera. On a tiny chip digitally implant such useful information as driving record and colour and quantity of hair when you joined. Get VISA to back it. Call it the Pizza X Tra ID Mess Pass License and Medical Cared Ticket. Or just call it The Card. Do it soon oh great and sentient beings before my pants really do fall down. And don't ask the lawyers first.

Jo Chen



## LETTERS TO THE EDITOR

All letters to the Editor must be signed and include a date and telephone number. Name may be withheld from publication on writer's request. Letters should be addressed to: Totem Times, C.F.B. Comox, P.O. Box 1000 Stn. Main, Lazo, B.C. V0R 2K0 or by Fax: (250)339-5209. Readers are reminded that this column is your platform to express your opinion in your newspaper.

## SUGGESTION BOX

We are looking for a fresh outlook on ways to improve the Totem Times. Submit your ideas to the Editor, Totem Times by snail mail or e-mail: [totemtimes@comox.dnd.ca](mailto:totemtimes@comox.dnd.ca) or intranet: [totemtimes](http://totemtimes)

**Next Deadline**  
Advertising: 31 May  
Articles: 2 June noon



G. Harrell '00

## POOR LOSERS

## Rent adjustment 2000

**One sure thing...**  
Who was it who said "The only sure things are death and taxes?" Military families living in CF housing could quite well add the rent adjustment exercise to that list. Rents may increase, they may decrease or stay the same, but every year housing is assessed, the Base Shelter Value - the maximum permissible rent for that house in that location - is established, and adjustments are calculated, just like clockwork.

This year is no exception. The Canada Mortgage and Housing Corporation has completed its appraisal of CF housing against the local market at all sites, and indicates that increases - on a national average - will be less than last year. The national average increase in 1999 was \$17 per month; this year it is \$12, or about 2 per cent.

Occupants know that tying rent for CF housing to the local market stems from government policy. The aim is to respect the principle of fairness; to ensure that those 30 per cent of military families in CF houses do not receive a benefit that is not available to their colleagues living on the private market in the same community.

**Phasing will continue**  
The impact of this year's rent adjustment is that for those occupants whose rents are already at the Base Shelter Value (BSV), there will be no increase other than the regular, local inflation rate. For those not yet at BSV, phasing will apply, at the reduced amounts (\$20, \$30 and \$35 per month) introduced by CFHA in 1997. At that time, CFHA persuaded Treasury Board that because of anomalies in the rent and assessment systems, and to protect occupants against significant increases in rent at a time when wages and salaries were frozen, phasing amounts should be lowered for a three-year period. The current plan, therefore, is to revert to the Treasury Board phasing amounts, effective in 2001. Occupants will be kept informed of changes as the details are known.

**Business as usual...**  
The process for this year has not changed from the past. CFHA is now developing its material in advance of the 1 September adjustment date, and occupants will be advised by the end of May what adjustment - if any - will apply to the rent for their current home.

## Canadian airlift of UN peacekeepers

On May 10, Minister of National Defence Art Eggleton announced that Canada had accepted a request from the United Nations to provide airlift support to the UN mission in Sierra Leone (UNAMSIL) in order to accelerate the deployment of approximately 1772 soldiers from India and Bangladesh to Sierra Leone.

"The worsening situation in Sierra Leone calls for prompt action," said the minister. "I'm pleased Canada is able to respond at such short notice, demonstrating, once again, the level of professionalism of the Canadian Forces and its commitment to UN peace support operations."

A CC-150 Polaris (Airbus) and up to twenty airforce personnel from 437 Transport Squadron based at 8 Wing Trenton departed for the mission which is expected to last two to three weeks. The aircraft will transport the troops from New Delhi, India and Dhaka, Bangladesh to Lungi in Sierra Leone.



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**OFFICE HOURS**  
Open during production period only:  
dates are posted on front door and on answering machine.

# Firehall news

By WO Jim Goodwin



Vanier work experience student Chris Phippen.

On 17-20 April Red crew, in keeping with the work experience program, had student Chris Phippen for two days and two night shifts. Chris attends Vanier and is a grade 11 student. He was shown the day-to-day routine of a driver/operator of the crash rescue and structural fire fighter vehicles.

He had the opportunity to participate in an excellent lecture on sprinkler system by Russ Burns and was fully dressed in S.C.B.A. (Self Contained Breathing Apparatus) and taken through the confined space facility at T2, the Fire Department training structure.

During the night shift, Chris participated as the handline Person/Rescue man during a live fire simulated aircraft crash, fighting a stubborn interior fire and being exposed to substantial heat. All in all, Chris said it was very exciting and physically demanding.

From our guys on U.N. tours, Cpl Weatherhead was home on leave from 3-16 April to spend some much deserved time with his family and he noted that things were very busy over there. The Fire Dept and all members of W.C.E would like to congratulate Cpl Bob Scott (Scotty) and wife Gloria on the birth of their granddaughter, who was born May 6 weighing 6lbs. 4oz. (We always thought Scotty was the grandpa type. Ha! Ha! Ha!)

It's that time of year again when postings in and out occur. We would like to welcome our four new QL3 newly graduated fire fighters: Cpls Rose, Querry, Aubut, and Landry. I'm sure they'll enjoy the Comox Valley and 19 Wing firehall and will be formally welcomed at the meet and greet being held on 27 May.

Good news on the fire front, our own MWO Watson, WDFC, has been appointed the dubious honour of Wing Logistics Squadron Warrant Officer (SWO) as it's affectionately known so all fire-fighters beware - he could be hiding anywhere! Hopefully he doesn't get the (Billy Buckle) syndrome. (Inside joke.)

Time to close, but keep in mind NAOSH Week 15-19 May. Stay safe! (IGNOBSTARE) Stand against fire.

# Cops Corner

## 2000 Military Police Bicycle Rodeo

By Cpl Thomas Crispin

Bicycle collisions are a major cause of childhood injuries. However, with the use of helmets and proper training, many injuries are preventable.

This year the Military Police, in conjunction with 386 RCACS and Wallace Gardens, will be hosting a Bicycle Rodeo which will take place in the Glacier Gardens Arena on Saturday 20 May. The event will commence at 11 hours and end at 1500 hours.

The Bike Rodeo will consist of a bicycle and equipment inspection, traffic signs and signals familiarization, intersection hazards along with a bicycle obstacle course. After completion of the obstacle course, each rider will receive tips on safe riding.

A prize draw will be held - first prize will be a brand new bicycle, kindly donated by Zellers. Hotdogs and drinks will be served during the rodeo itself.

We feel that this rodeo is very important in preparing the students for a safe and accident-free summer on our streets. It is designed to educate and provide our children with a fun way of learning these important bicycle skills.

This event will be open to all elementary school age children with the 19 Wing Comox Community.

Hope to see you all there!

## Causes majeures des feux a la maison

**Dans la cuisine:**  
Ne laissez pas des aliments cuire sans surveillance. Servez-vous de mouffles de cuisinier, portez des vêtements bien ajustés ou roulez vos manches quand vous cuisinez. Une minuterie peut vous aider à vous rappeler d'éteindre le four et les éléments de la cuisinière. Si jamais un poêlon prenait feu, servez-vous d'une poignée, glissez un couvercle sur le poêlon pour étouffer les flammes et éteignez l'élément. Gardez toujours le dessus de la cuisinière et le four propre et non encombré.

**Salon:**  
N'utilisez jamais de rallonges de façon permanente. Avant de quitter la pièce, assurez-vous qu'il n'y ait pas de cigarettes allumées ou de braises. Une cigarette peut couvrir sous un coussin pendant des heures sans qu'on s'en doute avant que les flammes jaillissent. Utilisez de préférence des cendriers creux, à double rebord. Ne laissez jamais une cigarette sans surveillance.

**Chambre à coucher:**  
Vous devriez vous assurer régulièrement que tous les appareils électriques dans la pièce fonctionnent bien, y compris les couvertures et les chauffe-corps électriques.

**Ne fumer jamais au lit.**  
**Sous-sol et grenier:**  
Enlevez tous les combustibles superflus de ses pièces. Gardez les liquides inflammables en dehors de la maison. Ne conservez jamais des appareils à combustion ou de l'essence dans le sous-sol. Ils doivent être entreposés dans un espace bien aéré, à l'abri de toute source d'ignition. Ne conservez jamais l'essence dans des contenants de verre ou de plastique non approuvés ou dans des contenants métalliques dont certaines parties sont faites de plastique. N'utilisez seulement que des contenants approuvés pour transporter de l'essence.

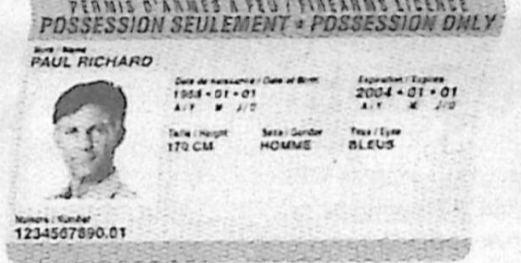
**NOTE:** La fin de semaine du 27 mai, dans les QM, va-etre disponible des contenants pour disposer de tous les objets superflus sauf bien sûr les objets dangereux.

**La prévention est la meilleure solution.**

# Message important à tous les propriétaires d'armes à feu

## D'ici la fin de l'année

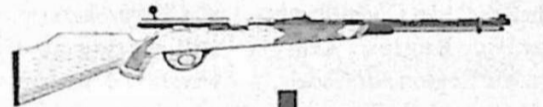
**Vous devez avoir un permis d'armes à feu**



• Obtenir d'ici décembre 2000.

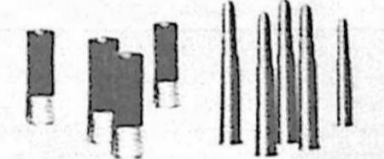
## pour

**posséder des armes à feu**



## et

**vous procurer des munitions.**



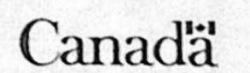
- Une AAAF valide fera l'affaire.
- Ni le permis de chasse ni le permis de conduire ne seront acceptés.
- Un permis n'est pas l'équivalent d'un certificat d'enregistrement.

## Ne tardez pas! Faites votre demande dès maintenant!

Pour en savoir plus et pour obtenir des formulaires ou de l'aide à les remplir:

**1 800 731-4000**

[www.cfc-ccaf.gc.ca](http://www.cfc-ccaf.gc.ca)



# Nijmegen March 18-21 July

Centered in the city of Nijmegen in the Netherlands, the Nijmegen March was originally conceived by the Dutch military in 1909 to increase the long distance marching and weight carrying ability of infantry soldiers. In time, the Nijmegen March grew to become a prestigious annual international event with up to 40,000 participants from 47 nations, 6,500 of which are military. For military marchers, it is a disciplined, physically demanding military exercise that requires

everyone on the team. Upon successful completion of the marches, participants are awarded the "Vierdaagse" (Four Day March) medal; a royally approved decoration. A team medal is also awarded if a team completes the marches without losing more than 10% of its marchers.

On the final day of the march, over 250,000 people have traditionally lined the streets of Nijmegen to welcome participants, who this year are expected to number more than 35,000.

Marching in formation 40Km/day for four days in standard military combat uniform carrying at least 10Kg of dry weight. It is also a test of endurance that tests leadership and builds teamwork and morale. Generations of soldiers have chafed at the boredom and fatigue which accompanies long distance marching. It takes sustained and inspired leadership to motivate tired and hurting troops to continue on when all they want to do is lie down and rest. In this event leadership is required of



Below: The 5 km "Gladiola March" that marks the end of the four days.

Departure ceremony at the Canadian War Museum in Ottawa 1999.



Young lady presents marcher with flowers during the "Gladiola March" 1998.

Photos provided by Canadian Military Contingent Coordinating Staff Nijmegen 2000, The Canadian War Museum and Wing Imaging.

Hot feet on hot tarmac but a nice view of the flight line.

## The Team

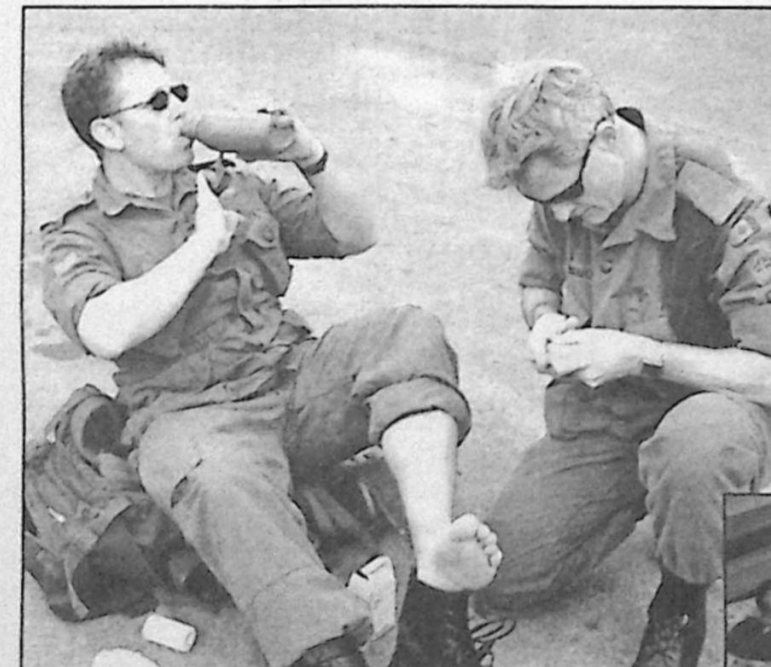
19 Wing Comox was one of only four air force units selected to participate in the 160 km cross-country march. The other air force units selected include 3 Wing Bagotville, 8 Wing Trenton and 14 Wing Greenwood. In addition to the 20 regular force unit teams, this year the cadet organization was invited to participate. 45 Royal Cdn Sea Cadet Corps Jervis Bay, Pacific Region Army Cadets, Pacific Region Air Cadets, 2990 Lorne Scots Cadet Corps and 180 Royal Cdn Air Cadets have registered teams.

A team consists of 11 marchers, including the team leader.

You could always watch the airplanes as you march.

Teams may be all male, all female, or mixed gender. Although males under 18 and over 49 years old and all female marchers are not required to carry the 10 Kg weight, all CF marchers (male and female) will carry a 10 Kg pack dead weight (i.e. without water, food or other consumables). Participating cadet teams will not carry the 10 Kg weight.

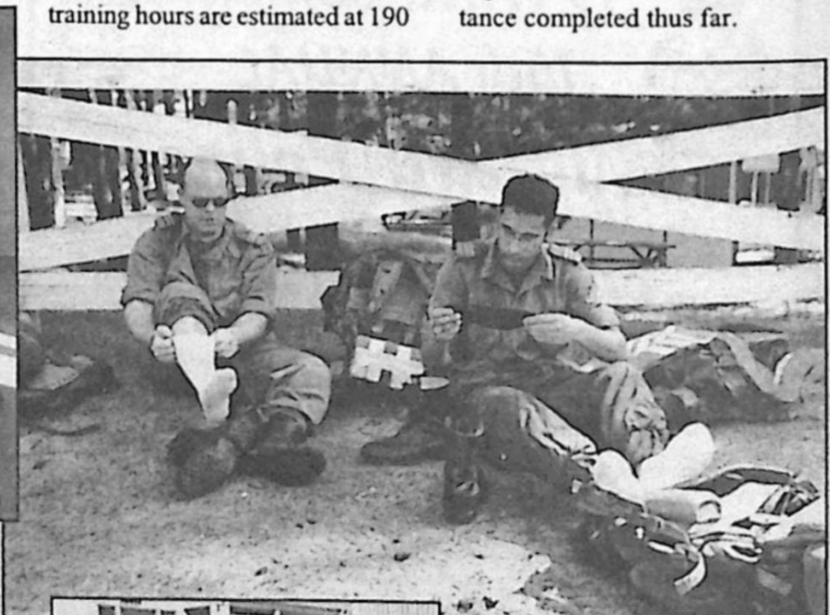
There are 37 individual volunteers vying for the Comox team-



Tanking up. Above: Cpl Girardin refuelling and repairing at a rest stop. Right: Cpl Maier enjoying a post-march foot massage provided by volunteer Joyce Kitching.

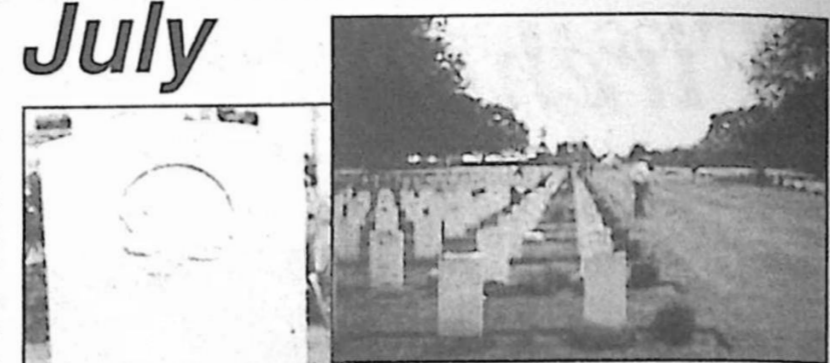


Cpl Nielson adjusting his pack.



Sole searching. Above: Cpts Bolton and Dietrich adjusting footwear during break on the march.

Left: Andy Moorhead, Fitness Coord, leading the team stretch.



Groesbeek Cemetery 1999.

## Groesbeek Cemetery

The location in the eastern Netherlands is of particular significance to Canada, as many Canadians lost their lives liberating large portions of the area at the end of WWII. On day three of the Nijmegen March, all Canadian military marchers halt at the large Canadian military cemetery of Groesbeek to pay their respects. Multiple ceremonies are held by contingents present and are scheduled around the more elaborate

Canadian ceremony. Not only will this year's march represent the first march of the new millennium but it will also mark the 55th anniversary of the liberation of Holland. "It's a real honour for 19 Wing to be chosen to send a team," says Wing Commander Col Bill Neumann. "Canadian troops gave their lives to free Holland in the Second World War, so the march has special significance for those of us in uniform."

## The Training Plan

There is no better way to train for the Nijmegen Four Day March than to "pound the pavement". Therefore it follows that the more kms one trains, the more successful one will be. All teams must complete a marching regimen of 500 Km (minimum) with two consecutive days of 40 Km each prior to 28 June. The 19 Wing team is planning to complete 855 Km of group marching prior to the event. This will enable participants to become mentally and physically prepared, while building camaraderie. Training began on Tuesday, 4 April, and will continue for 15 consecutive weeks. Marches will largely be conducted on Tuesday, Thursday and Sunday (except long weekends). This will enable the team to march in both the high heat and the early morning. Total training hours are estimated at 190

hours, excluding personal preparation time and team briefings. Rest breaks will be provided, on average 10 minutes for every hour. Marching will be done exclusively on pavement and in all weather except storms. Marching will be done in the combat uniform with beret and a backpack that weighs 10 Kg (excluding perishables and water). Safety on roads is paramount. Prior to every training sortie, markers are assigned and briefed on their responsibilities. Markers will wear an orange fluorescent vest. Finally, in order to reduce unnecessary risk, the training program is designed such that marching will be completed in the daylight hours.

A status board has been erected near the main entrance of 19 Wing to provide information on the distance completed thus far.

## MOC Accreditations on World Wide Web

By Caroline Cannon CFCCN Coordinator (Local 8889)

"What's my trade worth? What credits can I get for it at school?" We in the Canadian Forces Community College Network (CFCCN) hear these questions a lot. We work with members to help them find suitable college-level programs, and members naturally want to know if any programs will give them credit for their military training. Now there is a summary of MOC accreditations on the World Wide Web!

Over the years, different MOCs have been accredited by a variety of civilian institutions, most notably the Canadian Technology Accreditation Board (CTAB) and the educational partners of the Canadian Forces, including the colleges of the CFCCN. For example, thanks to CTAB, a Materials Technician (MOC 441) can receive credit toward a Certified Engineering Technician's designation. An RMS Clerk (MOC 836) can receive credit in the Business Information Technology Program at Nova Scotia Community College. A Field Engineer (MOC 041) can receive credit in the Building and Public Works Technology Program at Ahuntsic College.

But how do members find out about these opportunities? Recording and publicizing them has been an ongoing challenge. As

part of a study of military-civilian training accreditation last fall, members of the CFCCN collected as much accreditation material as they could find. The result was the single most complete listing of military training accreditations now available.

As a service to the military community, we have published a summary of the findings at the CFCCN web site: [www.inforamp.net/~dgreig/cfccn](http://www.inforamp.net/~dgreig/cfccn). Under "MOC Accreditations", you'll find accreditations listed by branch, including the name of the accrediting institution and the program(s) that the MOC has been accredited with. (We hope to publish a list of accreditations relating to common qualifications shortly.) If the accreditation interests you, you can contact the accrediting institution for further details.

Learning about the accreditations you may be entitled to is an important step in deciding on your civilian career path. Accreditations alone can't tell you which occupation to choose, or which school to attend. But they can certainly make it easier to earn the diploma, degree or civilian designation you want. So please take advantage of this service, and get started on building your future today!

## Continuous Learning Centre opening

By Bev Merchant

"Get your K.E.Y. (Knowledge and Education for You) at the Learning Centre" is the campaign that the Continuous Learning Centre is running to introduce its services here at 19 Wing. It represents one of the departmental management commitments to increase our investment in our civilian workforce by making learning services more accessible to all members of 19 Wing.

On 25 May, a new era in learning will be introduced at 19 Wing, with the official start-up of a Continuous Learning Centre in Building 22. The learning centre, a satellite of the Pacific Region Centre at CFB Esquimalt, will provide

services and resources in alternative learning methods. It will contain books, videos, audio tapes and CD ROM programs plus many other learning materials and will share the space currently occupied by the WPSO Resource Room (204). Its establishment represents key management commitments to increase the investment in the development of the civilian workforce and make learning services more accessible to all members of 19 Wing.

In order to create awareness of the Centre and its services, an open house will be held on 25 May, between 10:30 and 15:30 hrs. All members of 19 Wing are

invited to drop by and visit, enjoy refreshments, pick up their K.E.Y. and enter to win door prizes.


Beginning 29 May, the Continuous Learning Centre will be open all day from 0730 - 1530 Monday through Thursday. Bev Merchant is the Coordinator and will be on site to assist personnel. She can be reached at local 7045.

A special thank you goes out to Capt Monk who has made the space available and fully supported the introduction of the Learning Centre. This partnership is allowing both civilian and military personnel to take full advantage of all the learning resources available.

### Great Drug Round-up

Clean out your medicine cabinets and bring your outdated medications to the Wing Hospital between 0730 and 1530 hrs during the month of May. (No sharp objects please.) All outdated medications accepted.

Prizes for the oldest medications turned in and for the most medications. Contact person: Capt C. Howard, 339-8268 or 339-8267.



## National Safety Conference

Mr. K.J. Ilnitski, WGSO, 19 Wing Comox and Mr. Bob Britton, D SAFE G 2-2 NDHQ, Editor of the Safety Digest, attended the National Conference on Safety and North American Occupational Safety and Health (NAOSH) kick-off event May 7, 8 and 9 in Richmond, B.C. Mr. Ilnitski was a guest speaker at the conference. Both the WGSO and D SAFE G 2-2 provided display booths to demonstrate how 19 Wing Comox and D SAFE G pro-

mote safety during NAOSH Week and all year long. Conference delegates and guests had the opportunity to ask questions and obtain ideas for this year's NAOSH Week. 19 Wing's Safety presentation attracted a lot of attention and, in so doing, added to the success of the conference and NAOSH Week 2000. Mrs. Rempy

Lidder, president of the NAOSH Week Steering Committee, and Mr. Martin Davey, Labour Affairs Officer HRDC, Surrey, B.C. and Ms. Sylvia Howard, Communications Consultant HRDC Labour Program, thanked the WGSO and Mr. Bob Britton for supporting and participating in furthering interests in general safety.



K.J. Ilnitski, WGSO, presenting 19 Wing NAOSH Week 1999 montage to Rempy Lidder, Chairperson NAOSH Week 2000 Steering Committee.

## Safety Poster Contest

In fitting with the theme HEALTHY WORKERS: HEALTHY BUSINESS capture your ideas and designs on 8 1/2 x 11 paper and send to: Wing General Safety Officer, 19 Wing Comox, PO Box 1000 Station Main, Lazo, B.C. V0R 2K0

The winning Safety Poster will be used to create a 2001 Naosh Week Safety Calendar and Montage. Submissions must be received by 19 May 2000. Prizes will be awarded for 1st and 2nd place.



K.J. Ilnitski presenting 19 Wing NAOSH Week 1999 proclamation to Sylvia Howard, Communications Consultant HRDC Labour Program (left) and Martin Davey, Labour Affairs Officer HRDC, Surrey, B.C.



K.J. Ilnitski, WGSO, (left) and Bob Britton, D SAFE G 2-2 NDHQ, in front of display booth.

### Retiring soon? Want to work in the Maritimes? We have great career opportunities for drivers and vehicle techs!

SMT (Eastern) Group is the leading group of bus transportation companies in Atlantic Canada. The group includes Acadian Lines in Nova Scotia, SMT (Eastern) Ltd. in New Brunswick, and Nova Charter Service serving Eastern Canada.

We are preparing for the peak season by hiring seasonal motor coach operators for both line run and charter operations. Some of these positions may develop into permanent employment for interested drivers.

We also have permanent requirements for bus mechanics for our Halifax or Moncton facilities.

**What we're looking for:**

<p><b>Motor Coach Operators</b></p> <ul style="list-style-type: none"> <li>• Safe driving record</li> <li>• Motor coach (preferred) or troop lift qualified</li> <li>• Polite, pleasant personality and professional bearing</li> <li>• Good conduct record</li> </ul>	<p><b>Bus Mechanics</b></p> <ul style="list-style-type: none"> <li>• Vehicle tech qualified (unlicensed persons may be placed on an apprenticeship track)</li> <li>• Experience on heavy diesel engines and heavy equipment</li> <li>• Fast-paced, thorough, results focused</li> <li>• Good conduct record</li> </ul>
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If this sounds like the right opportunity for you, mail your resume to Motor Coach Operator Competition #00-008 or Bus Mechanic Competition #00-009, c/o Corporate Recruiting, 100 Midland Drive, Dieppe, NB, E1A 6X4. You can also fax us at (506) 862-3191, or e-mail us at [recruiting@irving-moncton-careers.com](mailto:recruiting@irving-moncton-careers.com).

*We thank all candidates for their interest, but only those selected for interviews will be contacted.*



# Tar ladies

Say 'Old Tars', and images are conjured up of sailors who fought under Drake, or Hawkins, Nelson or Collingwood.

Not so CE's Airfield & Works Team. To them 'old tars' mean something far more prosaic: pieces of solidified tar encrusting the inside of their portable Tar Melter, built up from use during the previous year. Its inch-thick width reduces the volume of liquid tar which the machine may be required to heat. Consequently, the hardened tar *must* be removed. The job, requiring Close Space Confinement certification, is not usually preceded by long line-ups of hopefuls – even though the fire remains unlit – but in the end is generally carried out by those of such surpassing beauty that smudges here or there little affect appearance.

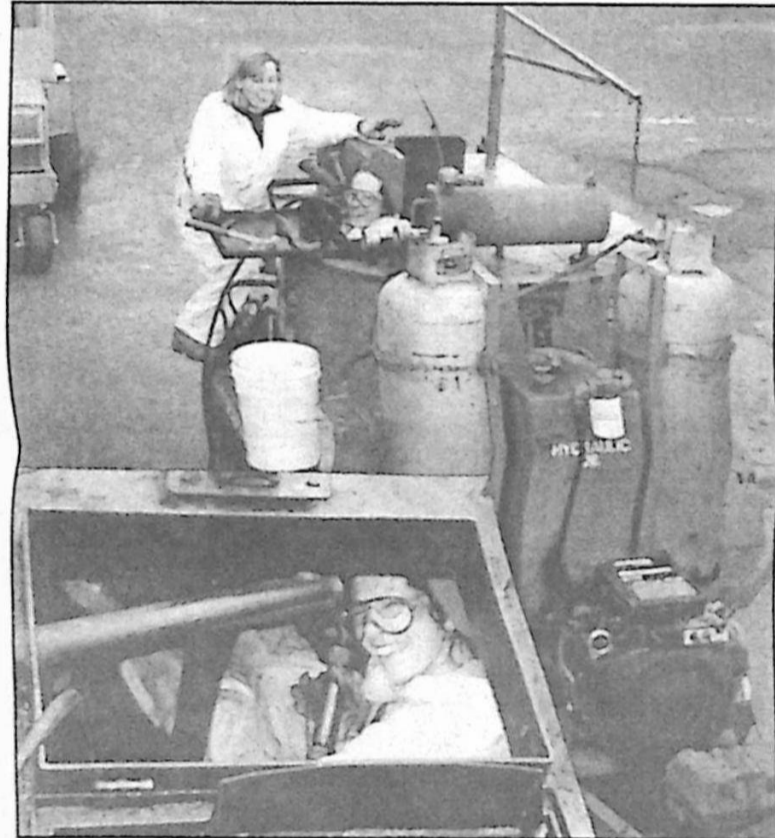
In the end the choice fell on Marcia Erikson and Patricia Walker. Space allowed only one inside at a time. Thus there remained available at all times a backup and a rescuer. The ladies, game as mayflies – and knowing it was their turn, all the same – fell to the task with exemplary diligence and smiles bright as bonfires.

"The Melter is put to heavy use during the four summer months," explains Dev Bradley, A&W. "We use it primarily on the runways where the tar is needed for joint sealers and crack filling. Who cleans the Melter? Someone new each year but as space in the tar box is severely limited, it has to be someone small and agile."

"You mean, perhaps Team Leader Brian deVries next year?"

"Ahm... why not ask him?"

Students, who make up the bulk of the runway crew, are currently being hired for the job.



Marcia Erikson plays watchdog while colleague Patricia Walker (also in insert) crouches in Tar Melter.



# Finn Bits

## Bright Boiler Boy berthed

Adopting a baby boiler is child's play. Sure, there may be teething tanking problems, and oily diaper changes, and steamy whistling in the night, but the tiny boiler grows up in the image of its adoptive parents. If grouchy, who's to blame?

So when CFB Esquimalt's younger generation of boilers were put up for adoption, it was thought that CFB Comox might provide a good home for at least one sibling of the various litters. Provided the boiler brood did not prove of delinquent tendencies.

Consequently, in April, Design Support Co-ordinator James Dykau, Plumbing and Heating Shop Team Leader Steve Eggman and John Stoll, CHP Chief Engineer, went to Esquimalt (actually Colwood a little farther down the coast) to see if the prospective adoptive parents and

boiler, should they mesh, might strike a bargain.

It was then decided not to go for the runt.

The team fell for the ten-year old with the shiny coat. The one by the door, a bit shy, but bright and friendly, at once co-operative and practical. As with any other adolescent, Boiler Boy likely will let off steam now and then. That is okay. He seems to get along well with his close boiler accessory buddies, Deaerator and Condensate Tank. That is the important thing.

Early May a work crew went down from Comox to prepare Boiler Boy for the move. Welder Bill Truefitt, fitters Jack Bath and Tony Marino managed the job in fine style, even though Boiler Boy was hefty for his age and had to be pulled out of the building on rollers. Outside, he got a lift from

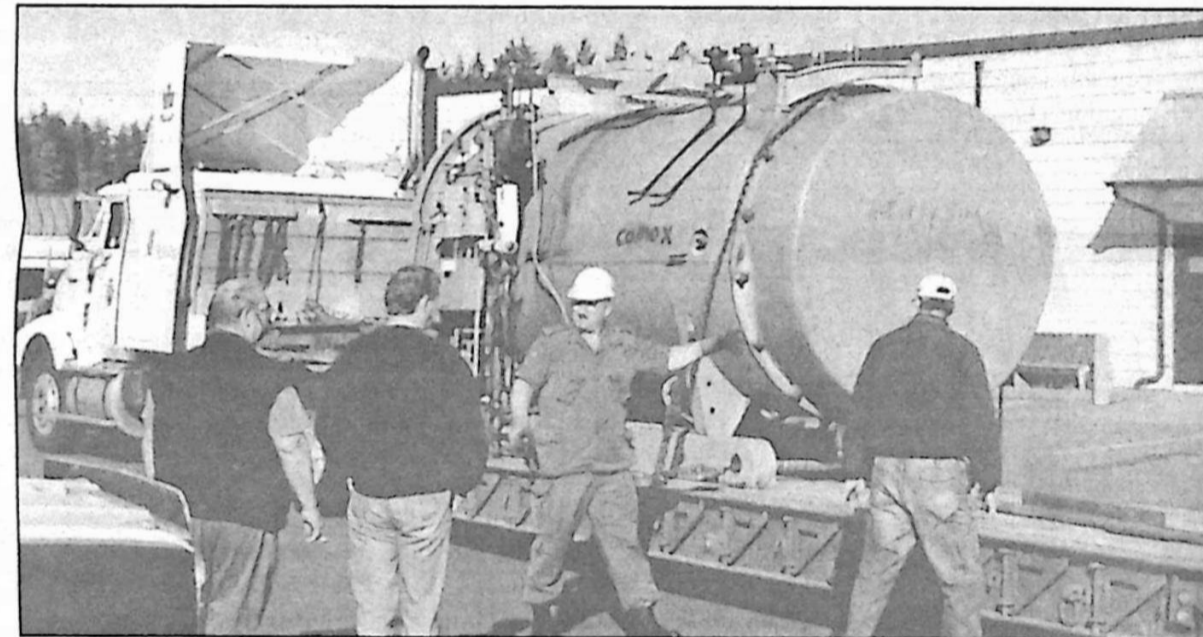
the crane and soon lay snugly, comfortably bedded on the tractor-trailer, well provisioned and protected for the long journey north.

The Central Heating Plant staff are grateful to Steve and his crew. It was a job done quickly and well!

All Boiler Boy's friends came along: Deaerator, condensate tank, water softener and – Water Boy doing best when primed, eh? – his chemical injection equipment.

Boiler Boy is a welcome addition. Henceforth he will provide steam for the summer period for which purpose CHF's current plant is a tad big – almost like using a Mach to haul a sheet of plywood.

Boiler Boy will serve, steam and save. In turn, he will receive the best of care. Not a bad bargain for either party.



CHP's Rick Valentine and John Stoll, W Tn's MCpl Welsh and Plumbing & Heating Shop's Dan Dupuis.

## Whose turn next?

Who next? Faces drawn, eyes averted. Beads of perspiration trickle chin-bound as the men await their fate. Suspense builds. Tension reigns. "Please, let it be someone else..." The men ponder, bit knuckles, inspect nails. They reflect on imperfect lives and promise rectitude. Resign themselves to the inevitable. At least they console themselves, at least it isn't raining. If only the palpitations would stop, the heartbeat slow! They sit motionless so as not to draw attention to themselves.

Whose turn next?

Takes its toll being on that SBC – Safe Backing Course. The ultimate test.

Almost.



Waiting, waiting (L-R): CE electricians Shayne Thomas and Terry Simpson, SAR Sgt Kuhn, AEF's Cpl Jamie Carew and MCpl Dale Bachmier; CE Structural Team's Craig Lafontaine, Lance Callerae and Tim Prad (all passed!).

# Blasting away

The parking lot access and exit changes wrought by the opening of the new Rec Centre have had an impact also on the parking adjacent to CANEX. And, as with most changes, ripple effects follow. Thus CE's Airfield & Works Team was compelled to send a two-man sand blasting crew for the purpose of erasing the old painting parking marking on the CANEX lot before new bays were drawn up. The lines will not follow the previous direction.



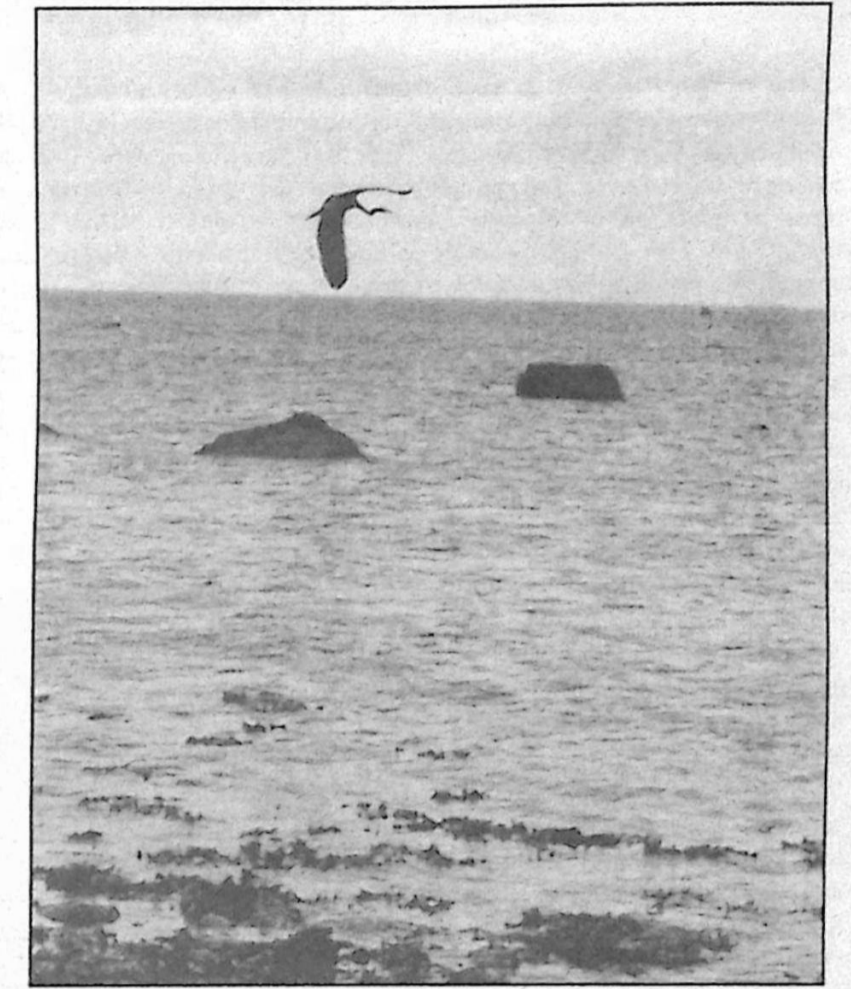
Heavy protective clothing and eye shields were worn by Norm Maximick (by door) and Al Nikkel who was doing the actual blasting.

# 19 Pteron?

Whether the Snow Birds made it happen or some unexplained natural phenomenon was the cause, what may have been the regurgitation of a Jurassic fossil could explain the appearance of a pterodactyl-like bird recently seen flying by Airforce Beach. The sighting first occurred shortly after the departure of the aerobatic team. Sound waves may have penetrated through the Earth's crust, or a magnetic field left by the jets may have energized a merely hibernating prehistoric winged reptile, long thought extinct after millennia living among northern fern trees and palms.

Which, of course is speculation. The fact remains that the Greek work Pteron means Wing, and so an affinity for the Air Base and its 19<sup>th</sup> Pteron may explain the creature's preference for this area (daktylos means finger or toe). In Georgia Strait may also be found pteropods, mollusks with the middle part of their foot expanded into a pair of wing-like lobes. Very distant cousins. But family is family.

The number of sighting so far have not run into double-digits, so any concern for runty canines running loose, or treasured tabbies on the prowl, is premature. However, a small bag of peanuts may stand the wary walker in good stead (makes a nice snack after a long hike).



Pterodactyl or...? Compare size of bird with the seal on the rock below it.

Pterodactyl 0 is it or isn't it? Towards the end of the Cretaceous period, when also turtles flourished, their wing span had grown to 20 feet (no feathers, just horny scales. No bird, either, but toothless reptile). The next photo may

tell, so keep eyes peeled and camera handy. Also, a good pair of running shoes on the pods – er – feet. In case it is.

Amazingly, the photographer who took the picture actually believed it to be a heron.

# Home for the gliders



Proximity to the exit being coincidental, military and civilians take position along the hangar doors while listening to the opening speeches (L-R): Brian Hughes, DCC; from CE – MWO Andy Harrington, FA Tm Ldr; Capt Katy Phelan, Ops O; MWO Andre Lecavalier, Ops Plan; Maj Wayne Gauthier, WCEO; and Jack Bath, Plumbing & Heating Shop.

A late start meant a rush to finish but the new Cadet Hangar, home of the Regional Gliding School, on the day of its official opening was as close to completion as could be reasonably expected. In fact, apart from some furnishings and largely cosmetic additions the hangar stood fully prepared to receive its fleet of nine S-233 gliders and five L-19 tow planes.

"It became a pretty mad dash for us to finish," says Electrical Team Leader Ian Cameron, explaining "Whatever caused the delay, we were supposed to start work in November but couldn't get it until late December, one and a half months late. Which made it a difficult task. However, the crew of electricians working

there did an excellent job, including Cpl Mike McLeod of AEF."

Plumbing & Heating Team Leader Steve Eggman echoes his colleague's sentiments: "We were hard put to get everything ready, not surprising giving the multitude of tasks – heating, all the plumbing, sprinklers, gas radiant heat, hot water heaters for ops spaces, air lines. In addition, we supplied unit heat for the Central Heating Plant's portable boiler without which the hangar for a time during winter would have been freezing cold."

During his speech at the official opening, Regional Cadet Air Ops O, LCol Tom Byrne, mentioned "WCEO" in his expression of gratitude, also pointing out that the Royal Canadian Air Cadets' provincial flying program "for the last three months" has "been working out of three different buildings."

During parts of that same period CE worked on three different buildings, all major projects – the new Rec Centre, the Single Quarters and, of course, the Cadet Hangar. Every single major effort was crowned with success. In addition, of course, CE did major renovations on Comb Mess, plus alterations to the old Rec Centre and a variety of other projects.

"We not only suffered a time crunch, which we overcame somewhat by hiring more hands," says Craig Lafontaine, Structural Team, "but 50 per cent of our work required the use of scissor lifts due to the height of the build-

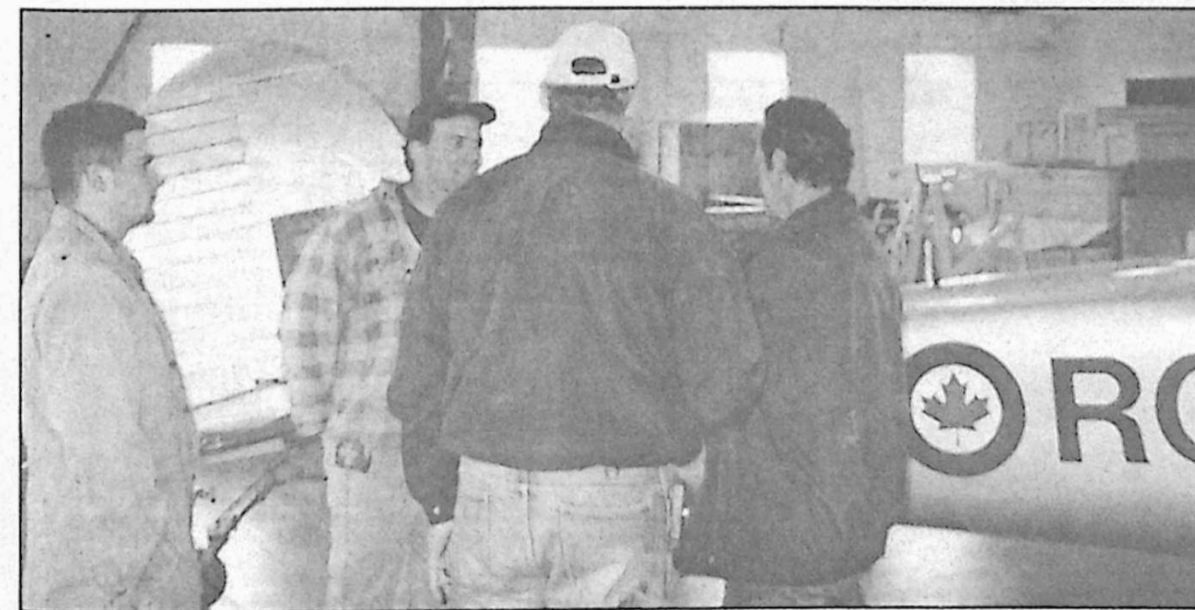


More spectators (from Design Support): Karen Hoover, Kaitha Racicot, Joann Landine.

ing, and that always makes the work a little harder. But the crew performed great whatever the obstacles."

The Cadet Hangar (H15) is located across the ramp from the civilian air terminal. The 1,100 square metre facility includes 733 square metres of floor space, plus space for a workshop, supply shop, office space and two Flight Rooms.

Maj Wayne Gauthier, WCEO, recognizing the effort put in by the trade shops and AEF, at a subsequent Town Hall applauded the crews and their sub-chiefs, Craig Lafontaine, Structural Team; Dan Dupuis, Plumbing & Heating Team and Terry Simpson, Electrical Team. "The quality of your work was industry standard, high grad, and cost-wise we were also doing fine. I would like to have seen more of all those who worked on the building present at the official opening, but there may have been a communication glitch. Certainly, such an occasion is an opportunity to have a little sun shine upon CE. You richly deserved it.



Also present at the Cadet Hangar opening were, from CE P&H Team, Tyler Cornhill, Andy Morino, Dan Dupuis and Jack Bath.

# Kayaks arrive

By Brian Copeland

The 19 Wing Kayak Club has recently received another four ocean kayaks for a total of seven singles and one double. The new boats are larger and more ocean friendly than ever. Members can now enjoy a variety of kayaks for their summer fun and family outings. The club offers four different designs.

The "Storm" design kayak, designed and built by Current Designs in BC and offering a rugged hull which provides a unique combination of strength, stiffness and impact resistance. The club now has three Storms available.

The "Squall" is the smaller sister of the Storm, and provides a tighter fit for the slimmer kayak enthusiast. Both the Storm and Squall have large storage compartments to carry enough gear for long trips and still performs well as a day-tripper. The club has one Squall.

The "Breeze" design is a highly versatile day-tripper. This small

touring kayak can handle the roughest conditions, yet it cruises nicely at an easy touring pace. An extremely user-friendly design with a long "easy to enter and exit" cockpit. The club has three Breeze kayaks.

The double kayak is a Necky Amarak which has good stability and ample room for week or weekend trips. Four flotation compartments provides increased safety.

The response to the newly formed kayak division has been extremely significant and most new members have completed their introductory training. Lessons will continue as long as there are new members interested in joining in on the fun.

The instructors have been extremely active in teaching and promoting the growth of the club to its present steady state. Instructor Chris Sturrock is presently completing the finishing touches to the storage racks in the clubhouse, which will provide storage

for both kayaks and windsurfers. Presently, the club has 11 instructors. The Commodore of the Sailing Club wishes to thank them for their dedication and professionalism and looks forward to a fun and active kayak division this summer. Following is a list of instructors: Brian Copeland, Kayak Captain; Chris Copeland, Jill and Chris Sturrock, Windsurf Captain; Carl and Elise Nielsen, Greg Carew, Jay Steele, Ben Pridham, Billy Ternes and Aaron Dycke.

Chris Copeland, Jay Steele, Ben Pridham and Billy Ternes recently completed an extremely demanding and cold white water course on the Puntledge River and are eager to share their experience with others.

Remember, dial SAIL (7245) to register for your lessons and to join the CFSA Sailing Club.



Kayak Instructor Elise Nielsen and her famous smile.

Come out and enjoy the fun this summer. Book your kayak lesson today by calling SAIL (local 7245) and leave your name and phone number. Our scheduler will call you back and arrange a time for your lesson. Part 1 of the lessons is normally Friday nights at the Base pool from 2000-2200 hrs. Drop by before 2100 hrs. and view the fun. Part 2 is normally done Saturday mornings at the kayak/windsurf clubhouse at the main gate of HMCS Quadra.



Traffic jam at the Wing pool.

# A wet and wild Snow to Surf

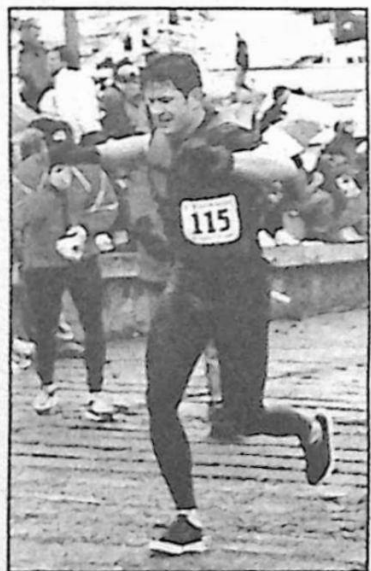
By Bobbi Howard-Muir, FS&R Director

The Reality World Snow to Surf relay race has always been a test of athletic excellence but this year's event demanded dogged determination and endurance. With cold, wet and windy conditions deteriorating during the day, the challenge for many teams was just to finish the race. The final canoe leg saw many teams assisted to shore by rescue boats as the swells became unmanageable for novice paddlers. Dry canoeists were a novelty.

The weather notwithstanding, this year's military teams had another strong showing with the Velcro Gloves taking the Open Military title in a time of 3 hrs, 17 mins and 11 seconds and a placing of 18<sup>th</sup> overall. They passed defending champs, the British Army Training Unit Suffield (BATUS), who had entered the water at the canoe leg in 5<sup>th</sup> place. The combination of one novice paddler and a light racing canoe was BATUS' undoing when they capsized twice before finally finishing 24<sup>th</sup> overall. The Skip Summerville trophy for the first place military masters team was

again won by CFSSAR with an overall finish of 78<sup>th</sup> place out of 165 entries.

Twelve military teams competed this year but there were many familiar faces on other teams with combinations of military members, spouses, DND employees and friends. All met the challenge of the day whether they completed the course or not. Congratulations to all participants from CFB Comox and get prepared for next year.



(Left): A very wet member of Team BATUS after capsizing twice on the way to the finish line.



(Right): Junior SARs have a foot race to the finish line.

## Military Team Results

CATEGORY	NAME	TIME	PLACING	OVERALL
Open	Velcro Gloves	3:17:11	18	
	BATUS	3:21:06	24	
	Junior SAR "34"	3:26:06	31	
	Snakes and Demons	3:34:47	43	
	Moose Jaw Crushers	3:44:58	54	
	Gators	3:50:27	63	
	In the Buff	4:01:44	87	
	The Mighty Geese	4:23:16	118	
	19 Wing Supply	DNF		
	Snakes	DNF		
Masters	CFSSAR	3:57:24	78	
	Geritol Gents	4:05:47	97	

Col Neumann presents the Velcro Gloves with the trophy for the top Military Open team.



The Skip Summerville trophy went to CFSSAR, winners of the Military Masters category.

## WANTED TEAMS

Walking, Running or any Combination

Lots of Prizes  
Lots of Fun  
Hot Tubs  
YANA Food Booth  
24Hr. DJ  
Hourly Prizes

COMOX VALLEY

24 HOUR RELAY

Message Therapists  
Reflexologists  
Childs Activity Center  
Volleyball  
and so much more!!

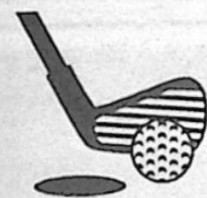
**June 31<sup>st</sup> - July 1<sup>st</sup> & 2<sup>nd</sup> 2000**

The Fairgrounds on Headquarters Road  
ENTRY FORMS AVAILABLE at Courtenay, Comox & Cumberland  
Recreation Centers and any local CIBC branch.

All proceeds to YANA (You Are Not Alone), supporting the families of sick children of School District #71

As an Entry Incentive, all officially registered team members will be automatically entered to win The Millennium Gift Basket, valued at approximately \$200.00

**Fax: 337-5666**



# Glacier Greens Golf Shots

## Ladies Club

By Joyce Merrill

We golfed under threatening skies on May 9, but all came in dry. It was Pin Day #2. Congratulations to Marlene Hall who won the pin with a low net score of 68. A close second with 69 was Marguerite Fournier. Third, Augusta Prichard 72. Least putts went to Lorraine Courtemanche who had 30. Ellie Nicholas won the 50/50 draw.

Some of our ladies travelled to March Meadows for the Grandmothers' Tournament on May 4. Congratulations to Lorraine Courtemanche who won first low net and Carmel Horochuk second low net. Well done ladies.

Our 4<sup>th</sup> Annual Garage Sale was very successful. Many thanks to all who supported it.

It was fun for the Tuesday Ladies playing Bingo, Bango, Bongo on May 9. When all the points were tallied, Fran Hutchinson was the big winner with 26 points. Second place was Diane Bainbridge 21. Third, Sonja Famulak and Jesse Trio who tied with 19. Low points was Heather Ferraby. Least putts was Duane Miles 31 and most putts (we won't say how many) Augusta Prichard. Irene Perry won the 50/50 draw and Heather Ferraby a Boston Pizza.

Don't forget the President's Cup Tournament on May 28. Cost is \$20, which includes lunch. Enter at the Pro Shop.

## Monday Nite Ladies

The format on May 1 was a team effort. Some very good scores

came in. The winning team was Martha Campbell, Evelyn Viklund and Judy Brown. Other winners were Pat Everett on #9 for the longest putt, sponsored by Scott Fraser Pro Shop. Pat also won KP on #4. Fran Hume won the longest drive. Judy Brown had a birdie on #2.

A bit breezy, but 14 ladies played on May 8. Winners were: Low net, Carmel Horochuk. High net, Rona Pollock. Rona also won KP on #4. Longest drive on #5 went to Janet Edwards and longest putt on #1 Rose McCliesh. There were two chip-ins: Marie Israel on #1 and Janet Edwards #7. Jean Maxwell won the 50/50 draw.

Monday Nite golf is a fun evening and we welcome all lady7 members. It's the one evening the front nine is ours. Come and joint us.

# Rec Centre News

By Jake Plante

## Noon hour aerobics

Tired of doing the same thing over and over at lunch time? Come and join Karen and Nancy for a good aerobic workout. The queens of aerobics have 24 years of experience between them and will teach a variety of classes such as Hi impact, Low impact, step and kick boxing. The classes are Monday to Friday from 1130-1215 hrs and are run on a voluntary basis, therefore they are not covered under the FS&R program. Monthly schedule is posted in the aerobic room at the Rec. Centre. For more info, contact Karen Beamish @ 8883 or Nancy Richard @ 8555.

## Military/DND Noon Aerobics (1130 - 1215 hrs.)

- 18 May Step with Strength - Karen
- 19 May Step with Interval Trg. Focus on Abs - Nancy
- 22 May High Cardio Step. Focus on shoulders - Nancy
- 23 May Step with Strength. Focus on Abs - Karen
- 24 May Kickboxing - Nancy
- 25 May High Cardio Step - Karen
- 26 May Flexibility and Strength - Karen
- 29 May Kickboxing - Nancy
- 30 May High Cardio Step - Karen
- 31 May High Cardio - Karen

Participants are NOT covered for injuries attained in class. Note: instructors are volunteers and are certified by BCRPA.

## Glacier Gardens Arena allocation meeting

The 2000/01 arena allocation meeting will take place on Sunday 28 May at 1900 hrs in the Fitness & Community Centre conference room where seasonal, casual time scheduling for the arena will take place.

# 24 Hour Relay

The ninth annual 24 Hour Relay race for YANA will be held July 1-2 at the Fairgrounds on Headquarters Road, Courtenay. Come out and enjoy the long weekend camping at the fairgrounds and having some fun. As usual, there will be a full-time DJ playing music and announcing the winners of the many prizes up for grabs. This year all registered team members will be automatically entered to win the millenium basket, valued at approximately \$2000. For those teams interested, there will be a volleyball tournament on Saturday after the relay starts at 10 a.m. For those with kids, there will be plenty of activities to keep them busy. Teams consist of 12-18 people and you can run, walk or jog. There will be a 3 km course or a 5 km course. Team entry forms are available at any CIBC branch or at Courtenay, Comox and Cumberland Rec. Centres.

Enter now and get your pledges for YANA!

**Victoria Day Long Weekend 20-22 May**

**Rec Centre Hours of Operation**

**Swimming Pool (Open Swim): 1300-1600 hrs.**

Note: Swim lessons will be held on Sat. 20 May.

**Gym, Weight Rooms & Squash courts:**

Sat 20 May 0830-1700 hrs.

Sun 21 May 1300-1700 hrs.

Mon 22 May 1300-1700 hrs.

### Jake's Trivia Corner

1. Who kicked the longest field goal in the NFL?
2. Which pitcher has the most consecutive saves?
3. Who scored the most points in an NBA Allstar game?

### Commander's Cup Sports 2000

There will be a meeting for Commander's Cup Softball on 8 June at 1000 hrs. in the Fitness and Community Centre Conf. Room. Team reps must attend.

Softball 19-23 June

Basketball 23-25 Aug

Golf 23 May 1330, 22 Aug 1230, 19 Sep 1330, 10 Oct 1230

Floor Hockey 13-15 Sept

Note date changes for Golf. Check with your Sports Rep for registration.

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
0700							
0730	1/2 gym	Full gym	1/2 gym	Full gym	1/2 gym		
0800	SAR 1/2 gym PT	PT	SAR 1/2 gym PT	PT	SAR 1/2 gym PT		CLOSED 0700-0900
0830							
0900							
0930							
1000							
1030	AEF	19 AMS	AEF& 414	19 AMS	AEF		
1100	1000-1130	1030-1130	1000-1130	1030-1130	1000-1130		
1130							
1200							
1230							
1300							
1330							
1400							
1430	WEME	WTIS	WEME	WTIS	WSupply		
1500	1430-1530	1430-1530	1430-1530	1430-1530	1430-1530		
1530							
1600							
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2130							
2200							
2230							

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
0700							
0730							
0800							
0830							
0900							
0930	Airport School Swim Program	CMFRC Open Swim 0930-1030	Airport School Swim Program		Airport School Swim Program		
1000							
1030							
1100							
1130							
1200							
1230							
1300							
1330							
1400							
1430	CV Nursing 1400-1500		CV Nursing 1300-1400				
1500	Military Lane Swimming	CMFRC Open Swim 1500-1600	Military Lane Swimming		CMFRC Open Swim 1500-1600		
1530							
1600	Aqua-Fit 1600-1700	CV Aquatic and/or Blue Devils Club Lane Swimming 1600-1800	Aqua-Fit 1600-1700	CV Aquatic and/or Blue Devils Club Lane Swimming 1600-1800	Aqua-Fit 1600-1700		
1630							
1700							
1730							
1800							
1830							
1900							
1930							
2000							
2030	Scuba Club 2000-2100			Scuba Club 2000-2100	Kayak Club 2000-2200		
2100							

## Fitness Trail Survey

A survey is being conducted due to "expression of interest" for a Fitness Trail to be constructed. Specific information must be identified to meet your needs.

Please take a moment and let us know what you are interested in for a fitness trial. (IF INTERESTED, FILL OUT SURVEY AND RETURN TO FITNESS COORDINATOR, ANDY MOORHEAD.)

1. How often would you use the Fitness Trail during the week?
 

1	2	3	4	5
6	7	more		
2. If stations were put on the trail what would you like to see?
 

Sit-up bars	Chin-up bars	Balance poles
Monkey Bars	Shuttle Course	Other
3. How long would you like to see the Trail?
 

1-2km	3-4km	4-5km
5-6km	Other	
4. Would you volunteer your time to help in the construction of the Fitness Trail?
 

Yes	No	Name: _____
		Local: _____

# Comox Military Family Resource Centre

## Centre de Ressources pour Les Familles Militaires de Comox

Phone: 339-8290

## Looking for work? What's new?

*Finding a job can be tricky and downright frustrating. Listed below are some tips that may help you find employment and help you grow:*

### Scan through the whole paper ... not just the help wanted ads:

Look for news about new business, changes in management, or successful bids. Look for news about a successful company because they might be expanding.

### Job Shadow:

If you can go through a whole day with the person who is working at a job that you think you would like to do, make an appointment to talk to that person and ask them if it would be possible to work a whole day with them.

### Volunteer:

Not only is it good for the soul but you will be networking while you use your current job skills and learn new ones. The Comox Military Family Resource Centre has lots of volunteer opportunities for people who want to gain marketable skills.



### Search the library:

The library contains information about local and national business, and much more.

### Join Associations:

Join associations that are related to your field. They will have inside information on where the new jobs are as well as the future of your profession. It's a great way to network and meet some interesting people.



### Invent a Job:

Why not start your own business. The CMFRC has information about starting up a new business.

### Know Yourself:

It is very important to discover your interests and talents, and to find out what would be most satisfying for you to do. Find out what you like to do and why.

### Employment Services at the CMFRC:

The Employment Assistance Coordinator, Michelle O'Neill, is available for one-on-one consultation and assistance with job preparation, networking, advocacy, and the development of self-promoting tools for a proactive job search. This service is offered in both English and French and is free and confidential. For more information call 339-8211 (local 7004).

## Employment workshops and information sessions

**Childcare Service:** Free childcare is available for all military families. Please note there is a refundable registration fee required. Policies regarding childcare will be provided at registration. **Cost:** No workshop fee required for the military community; \$10.00 fee for civilians

### Fail to Plan ... then Plan to Fail!

Business plans are written for different purposes ... to arrange financing with certain lenders or more importantly to create a road map to follow for your business success. These workshops will outline the components of a written plan focussing on 4 main areas: 1-Business Concept (What will you sell?), 2-Marketing (How will you reach the buyers?), 3-Operations (How will you

run your business?), 4-Finance (Will you make money?)

**Facilitator:** Dyan Reeves  
**Date:** Wednesday May 24 and Friday May 26  
**Time:** 8:30-11:30am  
**Location:** 19 Wing Fitness and Community Centre Conference Room

### Creating Your Own Employment/Career Portfolio Workshop

Employment/career portfolios are an exciting compliment to the resume. Anyone can make one - you don't have to be an artist to use this self-marketing tool. In this workshop, participants will have the opportunity to examine their life work history ... they'll learn about the contents of a work/career portfolio ... and just begin to identify what their own portfolio will look like.

**Facilitator:** Rosie Feschuk

**Date:** Wednesday May 31

**Time:** 8:30-11:30am

**Location:** 19 Wing Fitness and Community Centre Classroom #2

### Comox Valley Employment Programs

Employment consultants from The Job Shop (C.E.A.S.), Opportunities Career Services, and North Island Employment Foundations Society (N.I.E.F.S.) will be presenting on the variety of services and programs they offer.  
**Date:** Friday May 19  
**Time:** 8:30-11:30am  
**Location:** 19 Wing Fitness and Community Centre Conference Room

- Free Childcare is available for Military families
- Coffee and refreshments will be provided
- For registration call 339-8290 or 339-8211 (local 7004)

### Genealogy for Beginners

This workshop is a basic start. *Genealogy for Beginners* is for those who don't know where or how to start their journey into the past. Participants will start with the basics (pencil and paper) and then touch on how to use the Internet for researching genealogy.

**Facilitator:** Don Catling

**Dates:** May 24

**Time:** 6:30-8:30pm

**Fee:** \$2.00

**Registration:** Call 339-8290

**Location:** 19 Wing Fitness & Community Centre

### Ms Word Level 1

In this workshop participants will learn basic word processing functions such as how to open, close and save documents, and how to create and format letters, etc.

**Facilitator:** David Burneau

**Dates:** May 23 and 25

**Time:** 6:30-8:45pm

**Location:** 19 Wing Fitness and Recreation Centre Computer Room.

**Fee:** \$10

**Registration:** Call 339-8290

### Intro to the Internet (Bilingual Workshop)

This course is designed for the beginner on the Internet, or for those people who are thinking of signing up to the Internet. Items of discussion will include: Connection requirements and variations, Browsers - IE (Internet Explorer) vs. Netscape, E-mail ISP (Internet Service Provider), and public, Search Engines, Downloading (freeware, shareware, and limited use), Usenet (News groups), and Virus awareness and protection.

**Facilitator:** Richard Roy

**Dates:** June 5 and 6

**Time:** 6:30pm - 8:45pm

**Location:** 19 Wing Fitness and Community Centre Computer Room.

**Fee:** \$10

**Registration:** Call 339-8290

## Gigantic Garage Sale and Family Fun Day

"Eagle Eye on the Street" will be there to cover the event.

**Date:** Saturday May 27th

**Time:** 8:00am - 3:00pm

**Location:** Kinnikinnik Child Care Centre  
Garage Sale • Bake Sale • Back Yard Bouncer • Face Painting • Cake Walk • Pizza • Hot dogs • Popcorn • Craft tables • Kids Creative Craft Area • Craft tables are available for rent • We are accepting items for donation to the Garage Sale. To arrange pick-up or drop-off please call the CMFRC at 339-8290.

# Wallace Gardens Community Association News

## Show Your CANADIAN PRIDE On July 1st

### Volunteers Required

Canada Day Festivities are coming up fast! This year the festivities will once again be restricted to Military/DND employees of 19 Wing Comox and their families. Activities will include:

Sand Sculpting Contest	Poster Contest
Beach Volleyball Tournament	Carnival games for all ages
Beach Games	Face Painting
Family Bingo	Waterslide
Dunk Tank	Bouncer

Rides on Little Toot

If you would like to volunteer a few hours of your time to help out with the festivities, please contact Jane at 339-8211 (8571)

### FAMILY BINGO

Sunday, 4 June from 1:00 - 3:00 p.m.

Large Multi-Purpose Room

.25¢/card WGCA Members

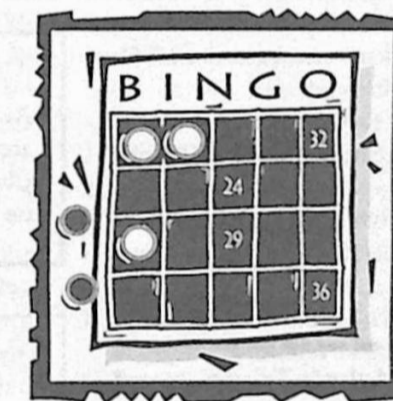
\$1.25/first card Non-Members

.25¢/each additional card Non-Members

All proceeds from this month's bingo will be donated to the SPCA.

Last bingo until September - lots of prizes, lots of fun.

For more information call: Debby @ 339-6317 or Rhonda @ 890-7535



Create your own "Garden Glove Doll" Sunday, 28 May Craft Room  
**Cost:** Free/Members \$3.50/Non-Members  
Materials list may be picked up in the WGCA office Mon-Fri 0730-1200 hrs.

### Adult Craft Club

### Pet Corner

The Animal Control Officers would like to remind you that if your dog/cat is running "at large" - please notify them immediately. If available, they will help you to retrieve your pet and/or penalties may be waived. If you fail to notify them and your animal is picked up, penalties will apply. ACO page number: 703-9009 Your cooperation is requested and required in accordance with Wing Standing Order 2-07.



## COMMUNITY YARD SALE

Saturday, 27 May, 8:00 a.m. to 2:00 p.m.

Hot Dogs/Coffee will be sold at Airport Elementary School. All proceeds to the Wallace Gardens Community Association programs!

Bins will be placed in the school parking lot Friday, May 26 after hours and picked up Sunday, May 28 and will be clearly marked.

Please empty and flatten all cardboard boxes and place in proper bin.

Fridges, propane cylinders, batteries and tires will **not** be accepted.

There will **not** be a bin for hazardous materials, paints, or wastes. Should there be any hazardous materials to be disposed of, please contact the W Env O at local 8187 or Terry Hide at local 8271.

Empty or dry paint and aerosol cans are considered garbage. Paint cans with leftovers may be returned to the supplier. **Your cooperation is required.**

(Note: There will also be a Garage Sale at St. Michael & All Angels Protestant Chapel on 27 May. Bathroom facilities will be available at that location.)

## Dumpsters

Dumpsters can be found in wards 2, 6, & 9 for the convenience of those MQ tenants moving in/out. One dumpster is strictly for cardboard - boxes should be emptied and flattened (no packing paper). The remaining dumpsters are for those waste items which could not be included in the normal household garbage pickup. Any waste placed in these dumpsters **MUST** be contained in garbage bags, as during high winds, loose garbage is scattered throughout the area.

Please do your part to keep our community clean!

## Ward Reps

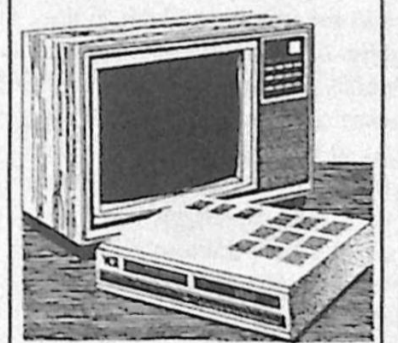
The following people are your ward representatives on the community council. If you have any suggestions or problems, please feel free to call them.

<b>Mayor:</b>	Stan Bekus MQ 79 339-2354
<b>Deputy Mayor:</b>	Brian Helpard MQ 73A 339-3815
<b>Ward 1:</b>	Al Wallace MQ A2 890-7573
<b>Ward 2:</b>	Krista Galbraith MQ F6 339-1280
<b>Ward 3:</b>	Dolina Meaden MQ 24A 890-0679
<b>Ward 4:</b>	Liz Bech MQ 59A 339-4570
<b>Ward 5:</b>	Vacant
<b>Ward 6:</b>	Gary Szczerbaniwicz MQ 94 890-2061 Wanda Szczerbaniwicz MQ 94 890-2061
<b>Ward 7:</b>	Troy Carr MQ 108D 339-0783
<b>Ward 8:</b>	Pat Nicholson MQ 113D 339-1966
<b>Ward 9:</b>	Mona Baird MQ 117A 339-4627



## Teen Dance

Saturday, 20 May  
Large multi-purpose room A & B  
Fitness/Community Centre  
7:00 p.m. to 11:00 p.m.  
**Cost: \$1.00/WGCA members, \$4.00/non-members**  
For more info call Mona at 339-4627



## Teen Video

Saturday, 3 June  
7:00 to 11:00 p.m.  
Teen Centre  
For more information, call  
Mona @ 339-4627



COURTENAY FLIGHT CENTER YOUR FLIGHT TRAINING SPECIALIST! 338-9814 or contact MWO CYRIL RODGERS LOC 8501, MAJ TONY APPELS LOC 8175 OR CWO JOHN MERCER LOC 8723

House for Sale Spacious, bright 2380 sq.ft. custom built home in Foxwood, only minutes from CFB Comox. Mountain and pasture view with wraparound covered verandah. Many features and extras. \$238,200. For viewing call 250-339-6106 or e-mail for more info: sabodak@mars.ark.com

Autos 81 Citation, drives good. Asking \$400. Call Nancy or Jim 339-3710 <2/2>

1989 Toyota Corolla LE, ex.cond. five speed, 183K, burgundy, new tires, repair manual. \$4,800. Call 334-9412 <2/2>

Miscellaneous Backyard fence with green plastic fencing and pressure treated wooden frame. Asking \$100. 339-3710 <2/2>

7-foot one person Dingy with oars. Perfect for SOLO fishing. Very light. \$375. Call 399-1725 <1/2>

Size 12 ladies black leather jacket. \$100 OBO. Can be worn for a motorcycle jacket. 339-1725 <1/2>

Wanted Covered trailer to haul a motorcycle 10'x5'. Call 339-1725 <1/2>

Fastball players for local ladies team. Call Brenda at 338-1956.

SIDS video A video telling parents and caregivers how they can reduce the risk of sudden infant death syndrome is now available to the public. SIDS: Reducing the Risk contains practical information on known risks and gives advice on steps to help protect babies. The video can be ordered on the Web at www.publications.gov.bc.ca, by fax at (250) 387-0388 or by calling toll-free at 1-800-663-6105. Cost for each video is \$6 plus shipping and handling. The video may also be viewed by visiting the ministry's web site at www.mcf.gov.bc.ca/public\_health.htm.

Student Employment Centre open If you wish to post a job, hire a student from the Odd Job Squad or need further info, contact John or Valerie at 334-3151 ext 312 or fax the office at 334-0459. The centre is located at 130-19th Street in Courtenay and is open 9:00a.m.-4:30p.m. Mon to Fri.

Celebration Singers present their Spring Choir Concert on Wednesday, 31 May at 7:30 p.m. in Comox United Church. Liam Bishop, Director; Sean Mooney, accompanist. Donations accepted; refreshments follow.

British Pub Nite The Comox Valley Monarch Lions are bringing back the popular Wig & Thistle show to the Florence Filberg Centre on June 2. Hilarious comedy, magic and music! Dinner and show \$20.00. Advance ticket sale only. Deadline May 29. For tickets, please contact: Pete Peterson 334-4730; Neil Black 334-2741; J.C. Goyer 338-9007. Proceeds for local charitable purposes.

Used Air Force Kit Wanted Just retired? Cleaning house? 443 (MH) Squadron Pipes and Drums Band is ready to march but needs to build their stores of used Air Force winter-weight male tunic jackets and Air Force sweaters, shirts and ties. If you would like to donate any of these DEU or traditional RCAF items or other appropriate articles of Air Force Highland Kit to Vancouver Island's newest Volunteer Pipes & Drums please contact Bill Nangle at (250)391-2949 or Capt Ted Cosstick at (250)363-6721.

24th Annual Comox Valley Kinsmen Fishing Derby for People with Disabilities HELP! We need a few more boats. If you have a boat, 18 ft. or longer, and would like to take a person with a disability salmon fishing on Sat. June 17, please call Rick MacDonald 336-8947 or Rob Gutenberg 338-8436 for further details.

Golf Tournament for Charity The Canadian Cancer Society will be holding its annual golf tournament on June 24. The hole-in-one will be for a 2000 Ford Focus. There will be lots of prizes, along with a 50/50 draw. Entrants will be given 10% off items in the Pro Shop. This event will be an 18-hole Texas Scramble and will be held at Sunnysdale Golf Course. Entry fee is \$60.00, which includes a \$25.00 charitable donation receipt, green fees, dinner and prizes. Entries will be accepted up to June 20. For more info: drop by the Cancer Society office at #102-1509 Cliffe Avenue, Monday to Friday between 10:00 a.m. and 4:00 p.m. or phone 338-5454.

French Courses The following French courses are available this year: Specific skills June 12 - 30 (Mon-Fri: 0730 - 1530) Additional courses and/or different levels can be run if there is sufficient interest. DND military and civilian personnel, as well as military dependents are encouraged to apply using the P drive: P:ALLUSERLANGUAGETRAININGREGISTRATION.DOC, or call Dr. Fathi at 8828.

Reunions Baden Hills Golf Club For all former Baden Hills Golf Club members. There will be a reunion at CFB Trenton Golf Club September 1-3, 2000. Info: Ruth or Dave Lynch, 59 Montgomery Blvd., Belleville, ON K8N 1J2 Phone/Fax: 613-967-0212

408 Squadron Have you served with 408 Sqn or are you interested in getting info about our association and the upcoming reunion? If so, make plans to attend the 60th Anniversary, May 18-21, 2001 in Edmonton. An exciting calendar of events has been designed to provide you with great entertainment, food and, most important, a chance to catch up with other members of 408 Sqn. Keep on top of our plans by checking our web site at: www.forreedom.ab.ca or calling 780-973-4011, local 4880. Mailing address: Chairman, 408 "Goose" Sqn Association, 3023-44B Avenue N.W., Edmonton, Alberta T6T 1G8.

Shelburne, NS Retired Military, Regular Forces personnel, Civilian employees, wives, dependents, contractors, regular visitors to bases of the former: HMCS (CFS) Shelburne, RCAF (CFS) Barrington (Stone Horse), Wartime bases in Shelburne County. The Royal Canadian Legion Loyalist Branch #63 of Shelburne, Nova Scotia will host a reunion for all interested personnel of the above-mentioned bases on 10-15 July, 2000. Contact: Royal Canadian Legion, Box 684, Shelburne, NS, B0T 1W0. E-mail: legion.loyalist@ns.sympatico.ca or phone 1-902-875-2681 and leave message.

Jake's Trivia Answers 1. Tom Dempsey. 2. Lee Smith. 3. Wilt Chamberlain.

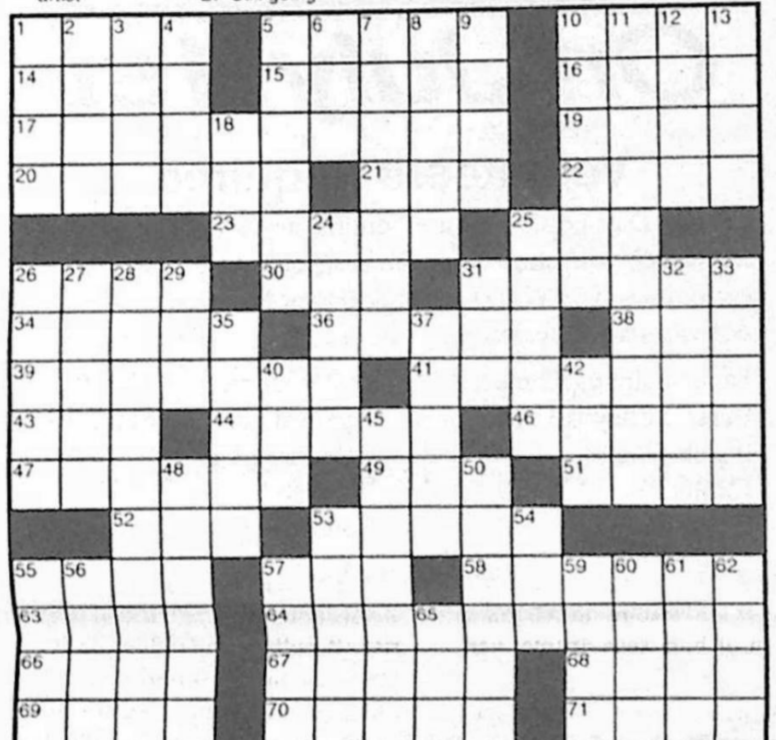
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TODAY'S CROSSWORD PUZZLE

ACROSS 1 Molecule part 5 Lava relative 10 60s hand 14 Nero's city 15 Songs in an opera 16 Walked 17 Atlas pages 19 Marathon, e.g. 20 Most underhanded 21 Gail 22 Signs, as a contract 23 Employs 25 Home furnishing 26 Rowboat go-withs 30 - Diego 31 Maximums 34 Shine 36 Arctic dwelling 38 Split - soup 39 Ladies 41 Competitor 43 Night before 44 Most minuscule 46 Start of a Jane Austen title 47 Tidy up 49 Baby bear 51 Were rivals 52 TV's Knopfler 53 Writing need 55 Cruising 57 Alsatian-born artist 58 Cover crop 63 Walks softly 64 Like most pets 66 - Stanley Gardner 67 More capable 68 Bouquet holder 69 Lifetime, figuratively 70 Prepared 71 Better late - never

PREVIOUS PUZZLE SOLVED... 28 Over and over 29 Maple syrup, essentially 31 Actor Chaney 32 Upright 33 Jaded 35 Sounded like a kitten 37 Pause 40 Stimp's pal 42 Church title: abbr. 45 Shoulder blade 48 Makes fun of 50 Place for bats? 53 Unmanned spacecraft 54 Antique auto 55 Copied 56 Poet Teasdale 57 In the distance 59 D.C. concomb 60 The Beehive State 61 Plateau of Jeanine 62 "I Dream of" actress 65 Sunburnt



Garage Sale At St. Michael & All Angels Protestant Chapel (next to the base arena) on May 27 from 9:00 a.m. til noon. Check out the pre-owned treasures. Hot dogs, pop and coffee also on sale. (Bathroom facilities open during sale.)

For Civilian and Military Personnel Employee Assistance Program Do you have a problem that affects your work performance, or threatens to do so? Can think of nowhere to turn? If you feel motivated towards a change for the better, call either one of your current referral agents (RAs) Stéphanie Gray @ 8296 (or use e-mail) or Finn Schultz-Lorentzen @ 8379 (or use e-mail) Full confidentiality guaranteed EAP Room, call 7035

Hours of Operation - 19 Wing Medical Clinic Monday to Friday 0730 - 1530 hrs. Sick Parade Weekends and Stat Holidays 0930 - 1030 hrs.

Next Deadlines Advertising: 31 May Articles: 2 June, noon

New EAP Referral Agents



Tim Wacey, Eileen Redding, Stephany Gray and Finn Schultz-Lorentzen.

New EAP posters will soon be distributed to the various flights and squadrons on base. Supervisors are asked to insure the posters receive fairly prominent exposure as not everyone, military or civilian, is entirely clear on how to take advantage of the Employee Assistance Program (EAP), should it become necessary.

The posters will feature pictures of all four Referral Agents, plus their phone and fax numbers. The two new RAs are Sgt Eileen Redding 8528 (Fax 8142) and MCpl Tim Wacey 8595 (Fax 8233). Either one is also available by e-mail via LAN. The two 'old' RAs are already featured on the ads page of Totem Times. This notice will also soon be updated.

The office number of EAP is 7035. If no RA is immediately available, the answering machine will direct callers to work numbers of the RAs.

Currently in the works of EAP presentations are a brown-bagger on divorce and the stress it brings on, and a seminar for supervisors where all questions will receive an answer. In addition, EAP will provide displays during NAOSH Week (a preoccupied worker is an unsafe worker). Organizing such continued education is of necessity a slow process, all RAs having primary duties demanding time and effort.

EAP Brown-bagger on Break-ups

By Finn

Mark your calendar for Wednesday 24 May: 1145-1215, AFIS Theatre.

On that day, as a first in a contemplated 'brown-bagger' series of luncheon get-togethers on a variety of topics, the Base Employee Assistance Program (EAP) will be launching informal sessions with a highly topical issue - The stress of long-term relationships breaking up.

Stephany Gray, Referral Agent and OPI for the event, explains: "It's meant as a brown-bagger, so bring your lunch. We'll run a brief video and then gab, exchanging information, experiences, what-have-you, helping if possible, all in an informal setting. Rain does fall in life, unavoidably so, sometimes. It's best to cope, that's important. "We'll take stock afterwards. It may be a topic our co-workers want to pursue further. Then we'll schedule a follow-up session. Or there may be specific wishes which we'll then try to accommodate. We are here to facilitate, to help."

Dropping in is fine, but Stephany would like advance notice of attendance, if possible. She can be contacted by e-mail; phone 8296; or Fax 8121.

Auroras on the watch for illegal fishing

By Melissa Atkinson (D-News)

Two Aurora aircraft from CFB Comox are heading to Alaska in search of high seas driftnet vessels.

As part of a joint surveillance operation involving Fisheries and Oceans Canada, the U.S. Coast Guard, and their Russian and Chinese counterparts, the two maritime patrol aircraft will scour the North Pacific Ocean for boats fishing with the illegal nets.

"It takes a lot to find them - the Pacific is so enormous they have geography on their side," said Maj Ian Heselgrave, plans officer for the Maritime Air Component (Pacific). "The planes fly at mid altitude and by using radar the crew gets a picture of ship contacts that are out, then they go down and investigate contacts of interest visually."

Last year, over a three-week period two Auroras spotted four vessels illegally fishing with driftnets, a highly destructive practice that captures everything in its path. Maj Heselgrave describes it as vacuuming the ocean. "The vessels put out up to 20 miles of net, it's a huge gill net. They float it out at night and pull it in at sunrise. It pulls in everything in its path including marine mammals," he explained. On average, driftnet vessels scoop up half a ton of fish a day, says Sue Hahn, ground fish enforcement coordinator for Fisheries and Oceans Canada. Also tangled in the nets are seabirds and marine mammals, which are discarded by the fishermen.

High seas driftnet fishing beyond the exclusive economic zone of any nation was banned in 1991 by the United Nations General Assembly because of its potential to harm all fish stocks and marine animals.

Canada's primary concern is the damage being done to local salmon stock. In the fall, salmon move close to the shore before heading upstream to spawn; in the spring, they're still at their feeding grounds on the high seas, and are a perfect target for driftnet fishing.

Last year, the department of fisheries began testing the seized catch using DNA sampling and

other methods to see what stock driftnet fishing is effecting. "The different tools in combination can help scientists figure out what rivers the salmon taken in high sea driftnet fishery were going to return to spawn," says Ms. Hahn.

Canada is a participant in the North Pacific Anadromous Fish Commission, along with the U.S., Japan and Russia, which works together to stop illegal salmon fishing by countries on the high seas of the North Pacific. China participates through a Memorandum of Understanding with the U.S.

Penalties for driftnet fishing can be stiff. Owners of a Russian-registered ship caught with six tons of coho salmon by the U.S. Coast Guard last April, and turned over to Russian authorities, were fined US\$120,000.

"A stiff fine is an excellent deterrent. It sends a clear message that anyone out there can be apprehended, and it doesn't matter which country finds them," says Ms. Hahn.

Melissa Atkinson is a staff writer with the Lookout.

Members of 19 Wing took part in a Big Bike ride on 5 May to raise funds for the Heart and Stroke Foundation.



Royal Canadian Legion Branch 17 Courtenay (334-4322) Branch 28 Cumberland (336-2361) Branch 160 Comox (339-2022) 888 (KOMOX) RCAF WING Air Force Association of Canada Calendar of Events

888 (KOMOX) RCAF WING Air Force Association of Canada Calendar of Events Garage Sale, May 20. Lobster Night, May 28. Sunday Brunches & Games: First Sunday each month. Pub Grub Fridays - Horse Racing, Darts, Cards. Regular Force Members Welcome!

Century 21 TOWN & COUNTRY REALTY INC. Posted to Kingston in 2000? Don Wyld, CD1 Military Authorized Realtor New Homes by "Caraco"

*Heritage Happenings - By Major Joel Clarkston*

# Vampire-Tutor trade finally complete

The restoration of the Spitfire Mk IX by the Comox Air Force Museum has been capturing the lion's share of media attention over the past year and one half. In the background during that same period there has been a very significant deal unfolding involving the trade of an airworthy CT114 Tutor aircraft for an airworthy DH 100 Vampire aircraft. While the Spitfire project has absorbed the majority of the administrative time of the museum, the Vampire trade has popped up from time to time, needing attention like a prairie gopher on a farmer's field. Sometimes exciting, sometimes bothersome, the negotiations have bumped along involving a myriad of government departments on both sides of the border. On May 5 the whole process came to a successful conclusion with Mr. Bill Lamberton of Pacific Flying Services, Washington U.S.A. signing over the Vampire to the Canadian government. Mr. John Sinkenson of PWGSC signed over Tutor 114017 to Mr. Lamberton at the same time.

The trade is an obvious boost to the Comox Air Force Museum. For very little money (but a whole lot of effort) the museum has a new airworthy artifact that is of great historical significance to 442 Squadron and British Columbia aviation. The support from Disposal, Sales, Artifacts and Loans (DDSAL) Ottawa, was absolutely first rate and the deal was a ground-breaking achievement for them as well as the museum. Major Dan Bellini and Captain Neil Cuddihy of DDSAL as well as Captain Dan Guerette of DAEPMFT went to extraordinary lengths to wade through the many government departments and issues surrounding the trade. For their efforts they have a template for the trade of



Vampire 17031, piloted by Bill Lamberton, in full flight over the Comox Valley circa 1990. (Photo courtesy of Larry Milberry.)

serviceable Tutor aircraft (or any other for that matter) to private companies and individuals in return for historically significant aircraft and their return to Canadian institutions. The deal required a great deal of vision and ingenuity on the part of everyone involved and it is very gratifying to see it all come to a successful conclusion.

The future display plans for the Vampire at 19 Wing Comox have not been finalized. For the immediate future, the aircraft will be stored under cover in the wash hangar with permission from RCA Ops to move it to the new Air Cadet hangar once they have settled in. The Vampire may be on display outdoors for short periods during the summer months and at special events.



Mr. John Sinkenson, left, and Mr. Bill Lamberton sign the trade agreement. Vampire 031 providing a convenient backdrop.



Members of the Comox Air Force Museum, Heritage Aircraft Committee and the representatives of Pacific Flying Services and the Canadian government pose in front of the two aircraft involved in the trade. Back row (L-R): WO Bill Ford, Carole Lamberton, Bob Eatwell, Murray Smith, Rob Roy, Ted Dennis, Carol Tombs, Mike Stambois. Front row (L-R): Alex Dunn, John Sinkenson, Bill Lamberton, MCpl Bob Melville, Maj Joel Clarkston.



Tutor 114017 as it arrived at 19 Wing in February in preparation for the trade.

*For readers who are interested in the history of Vampire 17031, here's what we have collected to date (most data courtesy of Jerry Vernon, CMFT):*

### DeHavilland 100 Vampire 3 aircraft RCAF 17031

- Aircraft served with 402 (City of Winnipeg Sqn) and 442 (City of Vancouver Sqn).
  - Taken on Strength (TOS) 10 April 1948.
  - TOS 442 Sqn 23 February 1953
  - Based on the TOS date at 442 (aux) Sqn, and dates on other Vampires, it would seem certain that 17031 was brought to 442 Sqn as a replacement for 17061 which was lost in the Bill Ross fatal mid-air in November 1952.
  - Placed in Short Term Storage.
  - Sea Island Vancouver, 17 September 1956.
  - Struck off Strength (SOS) RCAF 24 April 1958. (There is a discrepancy with the log book here, the log showing transfer of aircraft to the U.S. in August 57. It was not uncommon for the administrative SOS to take some time after the disposal of an aircraft, however.)
  - Aircraft sold to Stinson Field Aircraft, San Antonio Texas.
- Of note:** Vampire 17031 had a grand total of 1200 hours on the airframe when struck off strength with the RCAF and sold to a buyer in the United States. The airframe currently has only 1500 hours on it. By contrast the average Tutor has over 10,000 hours on the airframe.



## Comox Air Force Museum

*Dedicated to the preservation of West Coast aviation heritage and history*

Located at the entrance to CFB Comox

Open 7 days a week commencing Victoria Day weekend

10:00 a.m. till 4:00 p.m.

