



TOTEM TIMES

19 Wing CFB Comox

THURSDAY 13 APRIL 2000

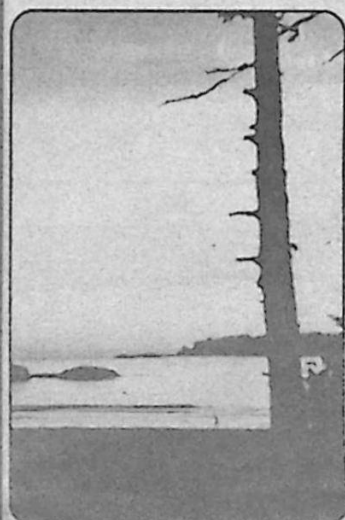
Comox Valley's Longest Running Newspaper

VOL. 42 NO. 6

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See May 4th issue for our next contest

BOW workshop huge success

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Drive carefully and spare wildlife

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New Rec Pass system

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DND Millennium Fund launches Y2K

By Major Joel Clarkston



Above: The Y2K Spitfire Restoration Project is a real community affair. Decked out in Spitfire, Snowbird and Air Force Museum attire, this family looks forward to the day the Spitfire is in a flyable condition. The two pilots too may be old enough to fly by the time the Spitfire is rebuilt.

(Photos by Wing Imaging)

Right: Spitfire pilots Stocky Edwards, Harry Furniss, Irish Ireland, John Pomietlarz, Tet Walston and Bob Harmer (missing Duke Warren) framed by cadets from 386 Komox Sqn RCAC, assist 19 Wing Commander Colonel Neumann cut the ribbon to officially launch the Y2K Spitfire Restoration project. Note the excellent Spitfire painting in the background by Geoff Plant, restoration volunteer.

Saturday, April 8 marked the end of a year of planning and preparation and the beginning of the official restoration effort for Spitfire TE 294, the Y2K Spitfire Restoration Project. The ceremonies were planned for 12:00 noon on Saturday with the fly past of a restored Spitfire from Seattle, followed by a support performance by the visiting Snowbirds. Unfortunately, neither aircraft type was available. At the last moment 442 Squadron filled the void with an excellent SAR demonstration by the Buffalo and Labrador aircraft. The Spitfire, flown by Bud Granley, experienced a propeller fluid leak and went unserviceable, and the Snowbirds do not practice on Saturday. C'est la vie.

The general public, invited to attend the official launch of the Y2K Spitfire Restoration Project, responded in overwhelming numbers. Interest in the project from the public is extremely high and the

number of people who passed through the new Heritage Hangar was quite remarkable. At one point the crush of the crowd threatened to overwhelm the volunteers who were soliciting donations, doling out food and displaying Spitfire artifacts.

L/Col Smith, CO of 442 Squadron, Chairman of the Y2K Spitfire Fund Raising Committee and Master of Ceremonies for the official launch of the project, began addressing the public at precisely 12 noon. Many local dignitaries were in attendance to support the event, including the 19 Wing Comd, Col Neumann, and the Mayor of Comox, George Kirkwood. 386 Sqn RCAC provided support with their band and the Nijmegen marching team was present to announce their sponsorship of the project during their European march this summer. The museum personnel were also pleased to see Mr. Mark de Vries, the former owner of Spit-

Con't on page 16



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Radios get a new home

By WO F. Corriveau, RCSWO



Radio upgrade participants: MWO C. Rodgers, WO F. Corriveau, Cpl M. MacEdward, MCpl A. Euteneier, Cpl C. Mason, Mr. A. Wetzel, Mr. B. White. (Missing from photo, Cpl T. Simoes.)

Sir Cedric says...



Well, as we dip the lance into the ink of life and scroll the going on under the watchful eye of the Knights of the T-shaped table, the Cool Pool has been successfully shooting unsuspecting dummies into the air at a great rate of knots and watching them come down under a full canopy. Maybe not a full head of hair as the speeds have been up to 300 knots, but a wonderfully inflated parachute. (Shane, hire me.) Yes, so far the shots have been a great success. To the heavier, I mean bulkier and



Trout waves a farewell to Snap and Mash, Brit style.

stronger Black Knights, good news as a 201 pound nude weight dummy (I assume he had clothes on) landed softly on terra firma thanks to a 28-foot parachute. (Shane, hire me.) AETE has set a pretty intense test shot schedule in hopes of getting the seat checked out as quickly and thoroughly as possible. The squadron is starting to spool back up as the light at the end of the castle moat is gleaming brighter and brighter.

It has been a few weeks, but better late than never, Sir Cedric would like to announce that the shoulder flashes of Paul Bullied are now a wee bit heavier. Congratulations on your second hook Paul; beer's on you?

A warm and hearty cheer for newly promoted Sgt Chagnon. Now I guess there should be a ton of beer at the sports day festivities. Molson Dry works for me.

On a more morose note, such as a B flat, Sir Cedric has (which he rarely ever does) shed a tear, as the Black Knights are sad to say goodbye to Howl at the Moon's favourite singer SNAP! Yes, Patty is going to mow the grass on the other side which appears to be much more vert in Montreal. Snap has been a stabilising factor at the squadron for three years. Everyone will miss him (you) and Hey, Snap, you can expect a call from

Coincident with the construction of the new Air Traffic Control tower, all of the Air Ground Air radio receivers were moved into the new tower to improve the communications with our flying kin. The relocation project was a huge undertaking, involving several TIS personnel and experts from NDHQ. The relocation of all the radio receivers to the new control tower has greatly increased 19 Wing radio coverage by locating the receive antennas on top of the new tower (much higher than before) and eliminating the signal loss by eliminating the long cables between users and the equipment.

This major initiative would not have been possible without the participation of key players from 19 Wing Comox. The project was funded by 19 Wing and, WTIS Flight provided the manpower to complete the installation. Without this local support, communications

between ATC staff and aircraft would have suffered for at least two years after the new tower opens for operation in July. Now, communications with the aircraft will be better than ever.

Well done to all those involved.



MWO C. Rodgers (WTIS) accepts the new Air Traffic Control Radio installation from Mr. Al Wetzel (NDHQ, DTSES 3-3-5) on behalf of 1CAD.



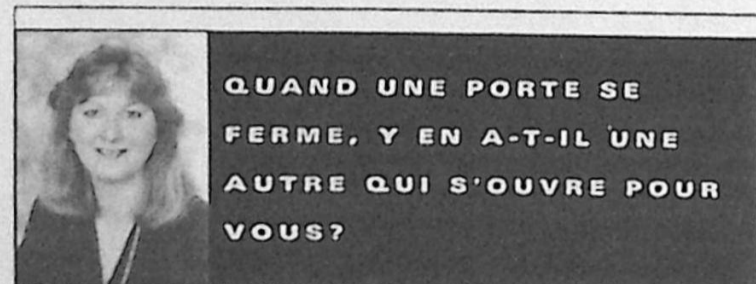
Cpl Bullied receives his second hook from LCol Bossé.

us when we are airborne again and we deploy to Montreal for a night on Sherbrooke Street. Best of luck and keep working on your short game (golf). Oh yeah, when my application comes in, make sure you streamline it.

I know he has had his fair share of good-byes in this paper and others, but Cheers to Maj H for a brilliant career in the Forces and we are all going to miss you.

414 is also sad to say goodbye to a permanent fixture. This guy has had more shots taken at him than all politicians together. He's made more saves than a hard drive. He's punted longer than any, well,

as far as any anyway, laces out Dan! He's sat in between two posts longer than barbed wire around the airfield. He has dived more times than the Olympic swim team. He has shouted "away" more times than in a manger. He probably holds the record for longest trade from CFB Trenton to CFB Comox. Sir Cedric, 414 Sqn and the soccer team are very sad to say adios to Kenny, Nikki, Sammy and ??? Roy. They all are off to Trenton to be near family and lovely Lake Ontario. Best of luck back in Ontario and don't forget that I shoot to your left when I see you in the Nationals. Cheers.



Nathalie Corneau
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Quand un emploi prend fin, peu importe la raison, des décisions importantes s'imposent. Je peux vous aider à évaluer les choix qui s'offrent à vous : pouvez-vous prendre votre retraite ou devez-vous trouver un autre emploi? Appelez-moi afin d'obtenir gratuitement un rapport spécial Comment mettre de l'ordre dans vos finances en cas de cessation d'emploi.



DES SOLUTIONS À VOTRE MESURE
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Demons Walk on Water

By Lt Brian M. Payan

In the morning mist of a cool spring day, a few eager Demons set foot on-board HMCS Oriole, for an adventure they will not soon forget. Fifteen members of 407 Sqn took part in a week long adventure training expedition on the Canadian Forces' oldest commissioned vessel, the HMCS Oriole. She is 79 years old, a 102 feet long, and displaces 92 tonnes, and is no easy feat to handle. However, through determination, participation, and teamwork, the 407 crew tamed her unruly spirit, and had the time of their lives sailing the open seas.

The principle objectives of this adventure training expedition were aimed at providing exposure to an unfamiliar and challenging environment, while demanding physical and mental dexterity. However, more importantly, five days on-board a vintage sailing vessel, in close quarters, and without any previous sailing knowledge, required initiative and a sense of interdependence. Teamwork was the quintessential element of a successful adventure, and it was not long before success was achieved, and one cohesive team prevailed.

After the first hour of orientation and safety briefings, the HMCS Oriole slipped from the jetty in Esquimalt, and headed for the turbulent seas of the Georgia Strait. It was not long thereafter that the captain of the ship and his experienced crew of five, had the CO of 407 Sqn and his motley crew of 14, hauling on halyards and sheets, breaking mainstays, and hoisting thousands of square feet of canvas into the howling winds of the strait. Within three hours, with covies soaked to the hilt, sweat dripping from the brow, and eyes brimming with amazement,



Tell me again, why are there no winches?

the Oriole was under sail, and clipping through the waters at 12 knots. Not long after, Shack (the cook) served the first of a seemingly endless supply of gourmet snacks and meals, in an attempt to suppress the pangs of 21 growling stomachs.

After two days of intense sailing, the Demons of 407 Sqn quelled the spirit of Neptune, and for the remaining three days, they basked in the hot rays of the spring sun. Despite weather of leisure, the labours of the sea were not forgotten; there was still brass to be shone, decks to scrub, and sails to be raised, in the hopes of the sweet whispers of wind, of days gone past. In the moments of re-

laxation, the Demon crew found themselves being hoisted to the top of the 104 foot mast, conversing on the bow sprit, testing the comforts of the sail bags and, for a few and most courageous, leaping into the frigid waters (8°C) of the sea. Finally, at the end of every day, the crew members of the Oriole would come together and reminisce about the day's events.

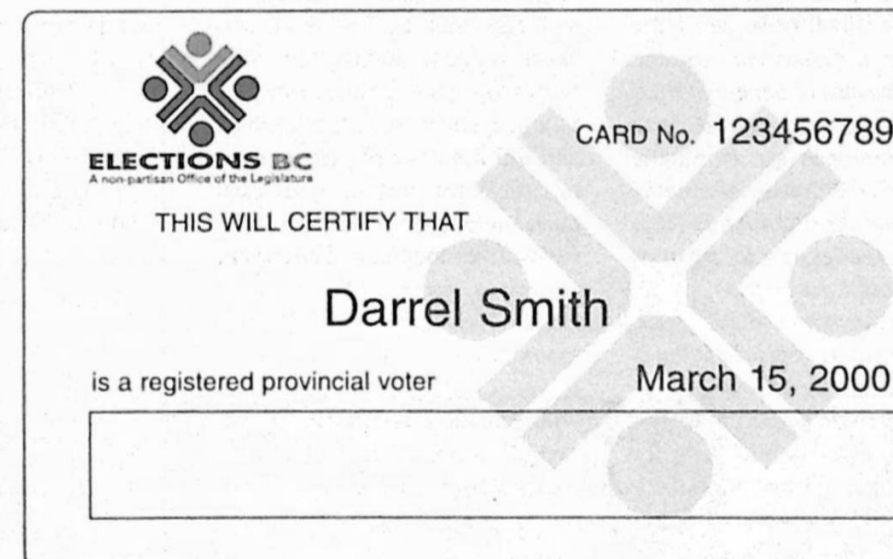
Now, with the voyage behind them, the fifteen 'Deep Sea Demons' are left with the memories of this once in a lifetime experience, the bonds and the camaraderie that were formed, the tales of their seafaring follies, and the question: Did Cecil ever get the jellyfish off his sister's back?



The Motley Crew of 407 Squadron.

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We thank all applicants for their interest, only those selected for interview will be notified.



A day at the movies

I still enjoy a good military movie. Most of us in uniform do, I suppose. What's disturbing me a little is the message that's being passed along these days by the not so subtle. The movie has been used to pass on to the public the producer's message since the creation of the medium. It's a great propaganda tool and also is a great way to pass along some of the ethic and values that the public wishes to see in its uniformed representatives. The "Sands of Iwo Jima" starring John Wayne has been used for generations to impart a sense of pride in the U.S. Marine Corps. Our own National Film Board creates documentaries (I won't mention the CBC) that show much of the "good" in the Canadian soldier.

The most recent military movies, Saving Private Ryan, The Thin Red Line, and now Rules of Engagement are just a little disturbing to me. They are extremely graphic in their portrayal of the more base elements of human nature. I realize that atrocities occur during the heat of battle, I just don't need to see them on screen. And they seem to pass on the message that it's O.K. to act in this fashion, because that's war.

In the absence of our own experiences, we rely on the messages passed on from others. These messages are very disturbing. Atrocities may occur but they are not "O.K." Check out the movies, you'll see what I mean.

Letter to the Editor

This is a first time for me, to be provoked enough to write a letter to the editor, but I spoke with my MP's office reference this matter and was told it was not a political matter, therefore he would not address it.

I personally think it is! Whether a political issue or a military issue, I believe we all should have an answer to this.

My husband is just coming home from a seven-month tour of peacekeeping in the former Yugoslavia. When he went over last August he began receiving a risk/danger pay supplement to his regular pay.

The personnel in Sarajevo (approximately 40 soldiers) were called together Halloween evening and told effective the next morning, Nov. 1, their risk pay would be cut off. This meant a drop of approximately \$480 per month!

This extra pay has been an incentive for doing these peacekeeping duties. Someone sitting safely in Ottawa is making these decisions!

All the other troops in the former Yugoslavia continued to receive this risk pay as did all of the Canadian diplomats serving over there - basically the personnel on the ground were cut off, but the diplomats continued to receive theirs; is this fair play?

Their curfew while outside the compound was moved from 11 p.m. to 9 p.m.; they must travel in at least pairs outside the compound - complete with their helmets, flack jackets and at least one of them carrying a weapon; is this what you call a risk-free area?

They have certain roads that have been landmine cleared where they must travel; is this area risk-free? There was a car bomb scare on the new military base there just before Christmas; is this area risk-free?

There have been incidents such as grenades thrown into local bars and nightclubs; is this area risk-free?

Military personnel who come into Yugoslavia from outlying detachments to do guard duties, etc. get the risk pay while they are in Sarajevo, yet the personnel posted there don't; is this fair play?

I believe the public should ask the government how this could happen - write your MP! I also believe the personnel involved should be compensated the same as the other peacekeepers and diplomats, what do you think?

Name withheld
Courtenay

Response from WAdmO 19 Wing Comox

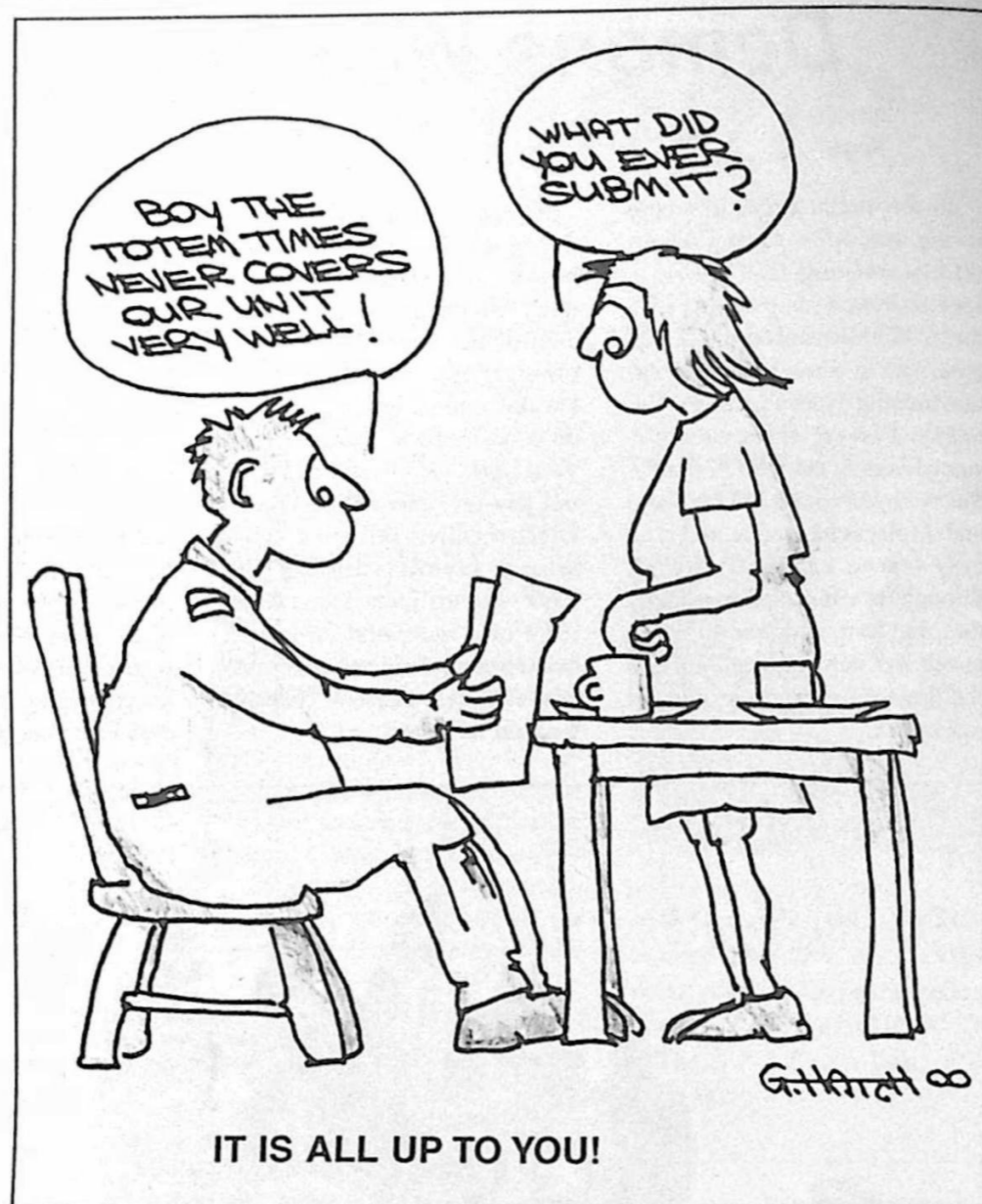
The Interdepartmental Post Hardship Committee (IPHC) met on 18 Oct 99 and proceeded with a review of the Post Differential Allowance (PDA) for CF personnel serving in Sarajevo. The committee is comprised of a representative of each of the following: Department of National Defence; Royal Canadian Mounted Police; Treasury Board; Canadian International Development Association (CIDA); Customs and Excise; and Department of Foreign Affairs and International Trade (DFAIT) - chairman.

Following a presentation from a member in the theatre of operations in Sarajevo, the committee made a decision to decrease the PDA level allocated for personnel serving in Sarajevo. This decision became effective 01 November 99. As a result, members serving in that area saw their allowance reduced from PDA level 5 (plus Hostility Bonus on a per diem basis) to a provisional PDA level 4. The Hostility Bonus was not cancelled for those personnel in the remainder of the operation (outside Sarajevo) until 15 Mar 00.

Although the assessment factors were different in each case, the same PDA level IV was assigned for military and civilian personnel from other government departments such as DFAIT and CIDA serving in Sarajevo.

If personnel were required to travel from outside Sarajevo into Sarajevo, they would continue to receive their PDA level V with the associated Hostility Bonus. At the same time, if a member who was attached posted to Sarajevo travelled outside Sarajevo into Bosnia-Herzegovina, he would have been entitled to claim the increase in the PDA level from Sarajevo (Level IV) to Bosnia-Herzegovina Level V plus Hostility Bonus on a per diem basis. This is known as special TD but is only payable when Hostility Bonus is payable. Since 15 March 00, this also no longer applies within Bosnia-Herzegovina.

The IPHC is scheduled to review the provisional PDA assignment for Sarajevo in June 2000.



Introducing our new Managing Editor

Major Beverly Wolf has enrolled in the Air Reserve Flight at Comox and is being employed as Special Projects Officer for the W Admin O. One of her first duties is to act as the Managing Editor of the Totem Times. With 22 years of Regular Force experience as an Air Traffic Control Officer at such exotic locals as Goose Bay, Summerside, Cold Lake, Lahr, Trenton and Comox, she understands the role and importance of a military "community" paper. Maj Wolf wants to maintain the high standard of this publication providing articles which are timely and informative. The paper does not employ reporters as such but rather gets its content from a network of Squadron and Unit representatives. Their continued cooperation and assistance is paramount to a successful publication. In addition Maj Wolf is soliciting volunteers to assist in the production of the paper. If there is anyone familiar with desktop publishing or just willing to learn they should contact Beverly at the Totem Times Office 339-2541.

RCAF Station Comox TOTEM TIMES

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Next Deadline
Advertising: 26 April
Articles: 28 April noon

Photo contest winners

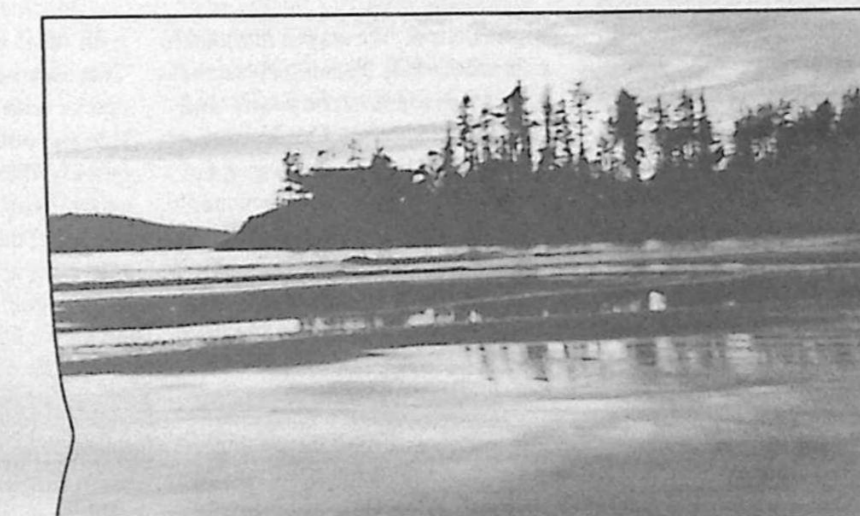
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Thanks to all entrants for our first photo contest. The judges had their work cut out for them! Watch for our second contest in the May 4 issue of the Totem Times. Category will be announced at that time. Have fun and keep clicking!



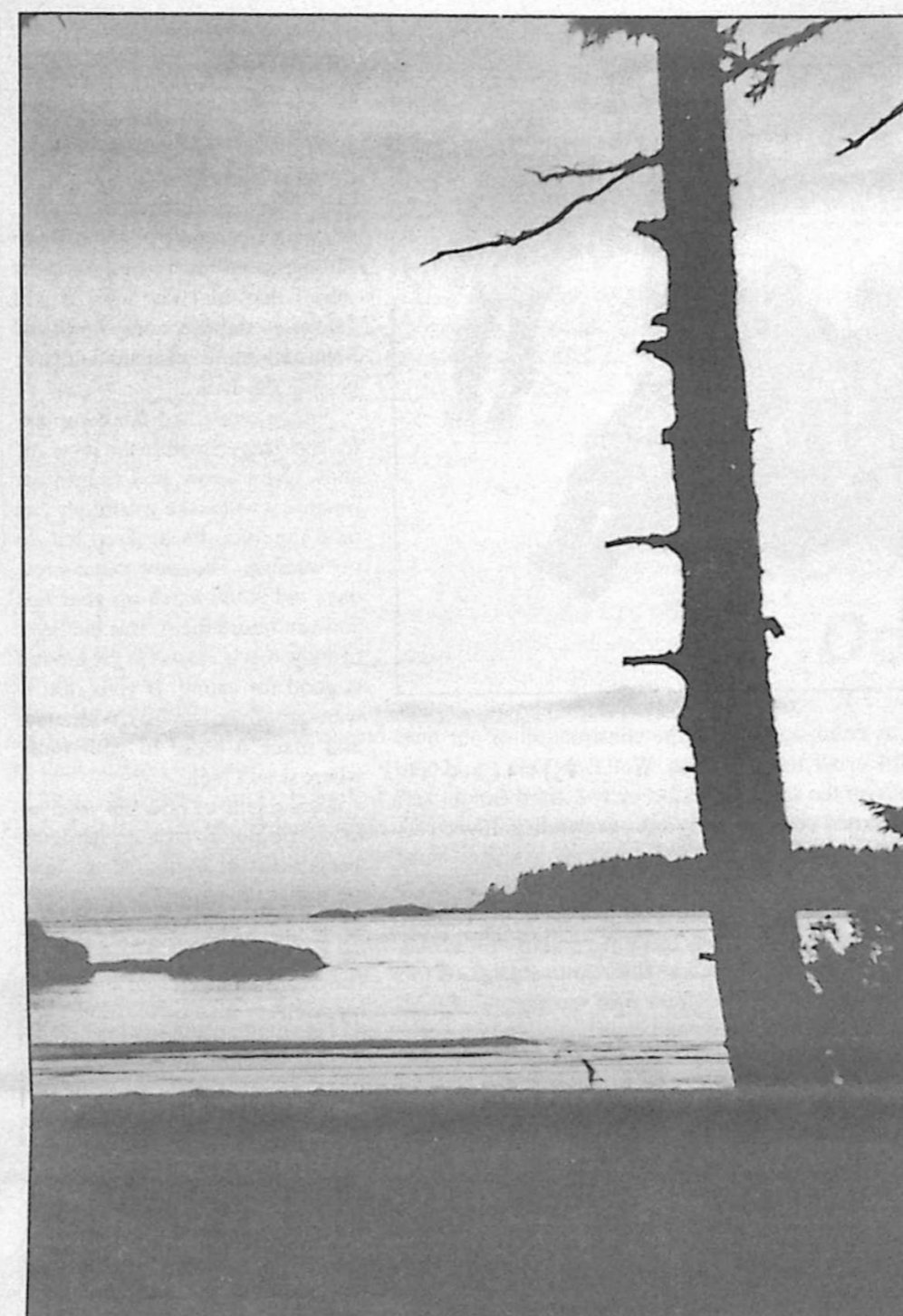
2nd Place-Joe Weiss.
"Frigid Sunrise."

Prize: Advantix disposable camera and developing.



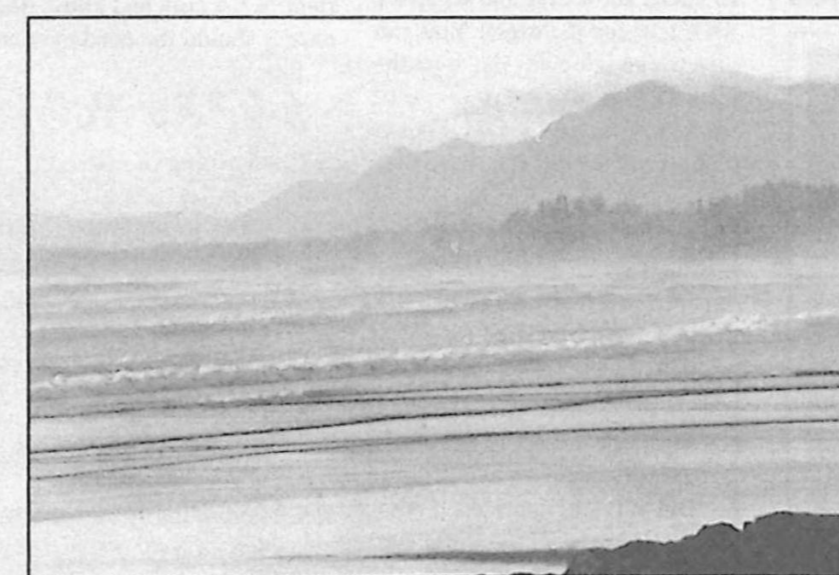
3rd Place-Julie Nasralla.
"Sunset reflection in the sand, Tofino B.C."

Prize: Free roll of film and developing.



1st Place-Philippe Nasralla.
"Tranquility, Tofino B.C."

Prize: Overwaitea \$25.00 gift certificate.



Entrants can
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We had a tie for
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Left: "Western Pacific mist" by
April Lafferty

and

Right: "Rushing Solitude" by
Marianne Davies.



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Nathalie Corneau
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All snow tells a story

By Cpl Jason MacKinnon
SAR CRSE 34 has been very busy over the past few weeks. We left off finishing our medical phase and moved into what everyone calls "The Fun Stuff." So it was off to Mt. Washington for ski lessons. On the hill we were known as the "North Face Ski Team." However, once people saw our skiing abilities, I think we lost our name. Still, the need for adventure was found in the ominous half pike where I think Team North Face found most of their bruises.



Then it was off to Jarvis Lake for our Winter Ops training. On the road trip we stopped at MEC (Mountain Equipment Co-op) where I believe they had to restock candles and 40 pair of wool socks. Everyone was preparing for the Arctic. Due to lack of snow in the Jarvis Lake area, most training was carried out in Jasper National Park. We learned the art of snowshoeing not only on conventional snowshoes but also on improvised handcrafted ones made from the finest string and hand picked alder bushes.

With the art of snowshoeing mastered (or so we like to believe) it was onto backcountry skis. After our first day we all knew where the hot spots on our feet were. Day Two we attempted to summit the Bow Hut trail. Due to maintenance problems with our skis, skins and -20°C temperature we had a late start and fell short of our summit attempt. Even though we didn't make it to the top the view was amazing. We learned quickly how important proper maintenance on equipment was and how Mother Nature plays an important role in the outcome of a mission. By the end of the day we suffered from sore muscles and lots of blisters, I believe we had depleted our moleskin supply.

The next day (with our moleskin slippers on our feet) it was off to Sunwapta Falls for an over-

night ski trek. We stayed in mountain tents while learning about the use of avalanche beacons and probing techniques. Our last training day in Jarvis Lake was spent ice climbing on a nearby waterfall where we learned the basic techniques.

It was then off to Resolute Bay for ARCTIC training. As we approached the airport, the pilot advised it was -30° with winds of 25km (windchill -48°). Great, we wondered what had happened to the Comox +100 temperatures! Our first night was spent at the Narwhall Hotel. At 8:00 a.m. the next day it was off to Crystal City, about 10km north from Resolute. We arrived and let's just say I don't think three buildings and a generator should be named a city. It was down to work: the staff and our two resident experts, Simon and Tony, had already built four igloos. We had to finish them off

with what is known as chinking. This is where you fill in all the cracks with snow both on the inside and outside. We learned very quickly there are many types of snow. Not all snow works for chinking, the best was fresh wind blown snow that looked like powder. As our first day came to an end all we had left to do was rope in our little city. This is done so if a storm or whiteout conditions occur we could walk until we found the rope that surrounded our igloos and follow it to the main building.

So, after sealing the door of the igloo, we were in for the night. For heat we had both candles and koodliks. A koodlik is a heat source the Inuit use by burning seal fat in a container with a wick in it. We used good old cooking lard and tin ashtrays for ours. Day Two (-35°) was the introduction to the art of cutting snow blocks

and the construction of our own igloos. Well Bob Vela could take a lesson or two from Simon and Tony in home building. If you carpenters think you know what you're doing try and construct a home with just a knife and saw. Thus came the end of the second day and it was into our igloos for the night with our pound of lard and candles. Maybe tonight, with some more minor koodlik adjustments, we might get the inside temp up to +5°C.

Day Three (-35°) we moved onto construction of a three-man snow cave. I now know what my grandfathers must have felt like in the coalmines lying on their backs and picking for coal. This is what we did all day long while building our snow cave. Then it was back into our igloos for the night where further koodlik adjustments took place. Day Four (-35°) we finished our snow cave and set up the SAR tent for the night. You can give me an igloo any day over the tent as the warmest the tent reached was -9°C. Day Five (-35°) we moved into our three-man

snow caves and packed away our tents. By now we had become koodlik experts and managed to reach +12° in the cave. Day Six (-35°) we built one-man snow caves where we spent a few hours before it was up to the garage to start clean up.

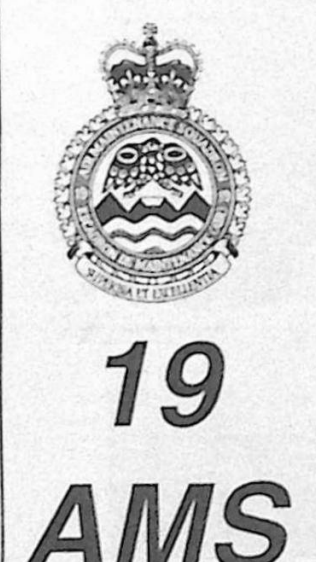
Daily, Simon and Tony (Inuit instructors) would take us for a morning walk so we could warm up before starting our day of cutting snow blocks and building shelters. It was a learning experience each time. They speak broken English, but with a careful eye and a sharp ear you could learn many different stories that the snow tells. It will give you wind directions, North and South, and show what animals have been in the area.

Simon explained the complexity and dangers within the layers of snow. New snow you cannot eat because it will make you thirsty and tired then you go to sleep but do not wake up. The snow that is a few days old is too harsh on your lips and can injure them. But the layer of snow that is closest to the ground is good for eating. If your mitt is waterproof you can fill it with snow and place it close to your body where it will melt.

Simon tells us how the younger Inuits are not as wise on the land. Their skills of living off the land are not as developed because they do not have to depend on the land for survival like their forefathers. They told us stories of their past experiences and how Inuit have died by even just wrong placement of their shelter. In the arctic we learn we must give the land the highest respect because your life depends on it.

As I look back on the six days, it was a quite a learning experience. Minus 25° now seems warm but with a small wind the wind chill can reach -50° to -60°C. In the arctic bare skin can freeze within 60 seconds of exposure. One can only hope and pray we never have to use our arctic survival knowledge in a rescue. But at least we've all experienced the cold and know what to expect should the need ever arise.

Rescue
Inuit spelling of rescue



By Cpl Daryl Rogers



Pte Aaron Dycke is shown receiving his first hook from the CO of 19 AMS, Maj Kettenacker. Congratulations Aaron!

Construction of the new Wing Armament facility is proceeding steadily, with occupancy tentatively scheduled for the first part of May. The new Administration Building (shown in photo) as well as storage buildings are being built on the site of the old "Area 85" explosives storage site and will replace the current facility located near the Wash Hangar. This facility, once used for the storage of nuclear weapons, will then be converted for the use of another 19 Wing section.



21st Annual Aerospace Control "The Controllers" Golf Tournament

Hosted by 19 Wing Comox Air Traffic Control unit, the above tournament will be held at Glacier Greens Golf Course on 27/28 April. The tournament is open to all Aerospace Controller, retired military ATC and AWC/AD Techs and active or retired civilian Air Traffic Controllers.

Cost of the event is only \$55.00 per person. Rental of clubs, carts and practice round will be extra and can be paid for at the Pro Shop. Golfers are encouraged to register as soon as possible.

Info: WO Chuck Brown 339-8211 ext 8567 or 250-339-4126 or visit our web site at www.vancouver-island-bc.com/acgolf

27 April	
0900 hrs	Course open all day for practice rounds, on a first come basis. Book tee times through the Pro Shop at 339-6515. Military rate applies for all.
1600 hrs	Meet & Greet with meal at Glacier Greens.
28 April	
0700 hrs	Breakfast at Glacier Greens.
0830 hrs	Official Tee-Off/Opening Ceremonies.
0900 hrs	18-hole Shotgun Start.
1800 hrs	Banquet and awards ceremony at Officers' Mess.

As in past years, this event will provide everyone from the ATC world with a great opportunity to re-establish old friendships and make new ones as well. Events of this size require support from many people and these individuals rarely receive the recognition they deserve. The following is a list of local businesses and people who deserve mentioning for their support this year:

Brian McLean Chev Olds (hole-in-one sponsor), Nav Air Charter, Gold River Golf Club, Sunnyside Golf Course, Morningstar International, Myrtle Point Golf Club, Storey Creek Golf and Rec Centre, Mulligan's Golf Centre, Long Beach Golf Club, Fairwinds Golf Club, Big-O-Tire, Black's Cycle, Bank of Nova Scotia, Budget Brake and Muffler, Coast Westerly Hotel, Comox Builders Supply, Griffin Pub, Lorne Pub, Mike Finneron Pontiac, Mt. Washington Resort, Pacific Coastal Airlines, TDBank, Brazen Sportswear, Comox Airforce Museum, Tayco Paving Company, Speedy Printing Centres, Middleton Meats, Tuscanos Trattoria Restaurant, Realty Executives, Re/Max Ocean Pacific, Lazo Barber Shop, Ron Carter/Birdmen.

Cormorant visits



Canadian Forces Base Comox got its first close-up view of a preproduction variant of what will become the new Cormorant helicopter. A static display of this impressive aircraft was available on 10 April for military members and their spouses to view. The aircraft visited 19 Wing Comox from 9-12 April.

The new Search and Rescue helicopters will be replacing the 37 year old Labrador. The first is scheduled for delivery to 442 Sqn sometime next year.

Reserves Promotions

There were three promotions at this year's annual 19 Air Reserve Retirement Mess Dinner, held on 11 March. Col Neumann presented Cpl Sarty with her Master Corporals, effective 01 Jan; MCpl Tracey with her Sergeants, effective 15 March; and Lt Gauthier with her Captains, effective 01 March. Congratulations to all three Reservists.



Demon Doins

This edition of the Doins is brought to you from G.W. Shipley, Esq., Crew 4, underneath a palm tree...

Aaah, Puerto Rico. Visions of palm trees and endless sandy beaches, right? The crew will soon be home after 12 days away including a short detour to Jacksonville for some maintenance. The winner of the Coppertone Cup for the best tan is WO Steve "melanoma" Woodrow. You'll recognize Woody since he is currently peeling like a Greenwood PMQ. When he scratched his forehead the met office reported snow flurries. Capt

Brendan "white-lightning" Cook was a trooper while away. He took the entire crew's exercise quota leaving the rest of us plenty of time for blender OPS. Brendan's departure leaves a large gap in the local's daily entertainment schedule. They were getting used to watching the wild dogs chase him and all the calls of "hey Gringo." Some of the crew visited El Yunque, the island's largest rainforest. Emphasis on the work RAIN as we got caught in a deluge of biblical proportions. See you soon, 407 Sqn...

The rest of 407 have managed to hold the fort while the Icemen (Icemen in Puerto Rico?) have been absent. Crew 2 Tombstones are happy that spring is on its way. Their joints were starting to get a little swollen. Soon enough, they'll be frolicking in their seniors' complexes, doing the Achy-Breaky-Heart, gardening, and listening to Fred Astaire.

The Dawgs of Crew 3 have just returned from an exercise in San Diego with Canada's West Coast Navy. The most challenging part of the exercise was watching Capt Laplante sip away at his prize from the Tacnav challenge. Crew 5, where are you? Their office has

been empty for so long there's a huge spider web spun across their door. The spider sitting there, using the last patch of Capt Bolton's hair to make a small but comfortable nest, told me that Pete was probing his way to DCIEM to trial the new immersion suits. Crew 6 Sharks are (humpf) taking some well earned days off this week. They're resting well, since they are gunning to be the only crew that goes to Alaska in May.

On a more serious note, the squadron would like to congratulate Capt Andre Gloumeau on the birth of his new twin boys, Charles Antony and Royce William. Although he spent 1200 bucks getting to Winnipeg to meet his wife, he's sure glad he made the trip. Congrats also go out to Capt Brian Erickson who enjoyed the birth of his second child on 5 April. He's glad that he bought that minivan now!

407 Sqn also sends its condolences and prayers to Capt Len Kosciukiewicz who has suffered the loss of family members. It is with heavy hearts that we bring this news, and may Len and his family gain strength through their tragic loss.

Firehall promotions



WCEO Maj Gauthier congratulating Sgt Gauthier on his promotion to WO.



Pte Queenan was promoted to Cpl.



Cpl Snook receives his MCpl promotion.

OPENING SATURDAY, APRIL 15TH COMOX VALLEY FARMERS' MARKET

on Headquarters Road (across from Vanier School)

Bedding plants, baked goods, early vegetables, specialty meats and seafood, jams, preserves, pies and pastries, herbs, nursery stock, honey, apple juice, compost and much, much more!

COME CELEBRATE THE OPENING DAY FESTIVITIES...

- OLD TIME FIDDLERS ENTERTAINING -
MASTER GARDENER: MARIAN ROWATT IN ATTENDANCE TO ANSWER YOUR GARDENING QUESTIONS.
FACE PAINTING BY: "UP WITH PEOPLE"

OPEN FOR THE SEASON EVERY SATURDAY

12 NOON





Finn Bits

Say "Cheese"



CE Flight assembled after the Change of Command Parade on 16 March for a photo op, using the area in front of W Fire Hall. The weather proved benign, to everyone's relief. Many had been chilled by the freezing draught that made the Wash Hangar an uncomfortable place during the parade.

In the photos (clockwise): Ply Gerry Morin, W/Imaging, (aided by CE's Keith Clarke, R&M Team, at the Genie controls) aims his camera while keenly observed by his objects, including Tim Prad, CE painter. Cpl Doug Desroches, W/Imaging, confers with AEF Command, MWO Wayne Shield, as the Flight lines up properly.

Bottom, the finished result.

W Log Farewell and Hail!

19 Wing Logistics Squadron changed command when LCol Garry Walker, CD, took over from newly-promoted Col T.F.J. (Terry) Leversedge, CD, at a parade held in the new Wash Hangar. In the evening, during a mess dinner held at the Officers' Mess, leave was taken of Col Leversedge and a welcome extended to LCol Walker.



Photos from the dinner: LCol Walker reciprocates after a brief speech by MGen Peter T. Gartenburg, CD, Assistant Chief of the Air Staff; later he thanks the cook, M/S Dean Easton (Mess Manager, P/O Luciano Rollin, in the background). The outgoing W Log O, Col Terry Leversedge. Bottom insert: WO Tim Goodwin, FH; MWO Mark Corbin, SWO; WCEO, Maj Wayne Gauthier; and Maj Dan Carroll, Assistant W Log O.

Puck-luck



*Him Captain Brooks, winged Fire Chief,
Him plentiful unlucky.
Him got a cast, him got some grief
from bad breaks playing hockey.
Him fearless when to skating tasked,
at work him nothing fazes.
But do those fib who say, when asked,
"The Chief? Him gone to blazes!"*

CE gives W/Imaging new image

Face-lifts before photo ops are not completely uncommon, but this time the smoothed-out wrinkles belonged to Wing Imaging itself. The front office, situated east side of H7, renovated by CE, has been supplied with new desk, counter, drawers, file storage, gate, and a trolley for the negative storage cabinet.

"The new nook is particularly popular," says MCpl Edith Cuerrier, 2 i/c W/Imaging. "That's where customers can use our labelling machine, or sit down to view pictures we have filed chronologically and in which they may have an interest - perhaps because they are appearing in them themselves. It also saves our time when customers can do their own research."

"Another very useful addition is our display area. There we can show recent pictures of some note. As the area is facing the door, the pictures are likely the first thing customers see."

The work was carried out by CE carpenter Susan Mendonca.



Susan Mendonca, customer Capt Stu Rogerson and MCpl Edith Cuerrier in refurbished W/Imaging front office.

Chipper chopper

"Quick, come quick!" cried Shirley Evans, of CE's Procurement Team. She could not believe her own eyes: A Labrador helicopter looked stuck on the new Control Tower.

From a distance, the impression was convincing. Like a big insect bent on extracting nourishment from an innocent source, the chopper appeared clinging to the Tower roof, its engine and rotors noiseless from that distance. And indeed, the Labrador, expertly

guided by its pilot, hovered as close as prudence would allow, sometimes backing off, then slowly easing back in. There was, of course, a purpose to the manoeuvre, if indiscernible to far-off spectators. But they could, and did, admire the skill displayed.

Hey, Snow Birds - others can, too!

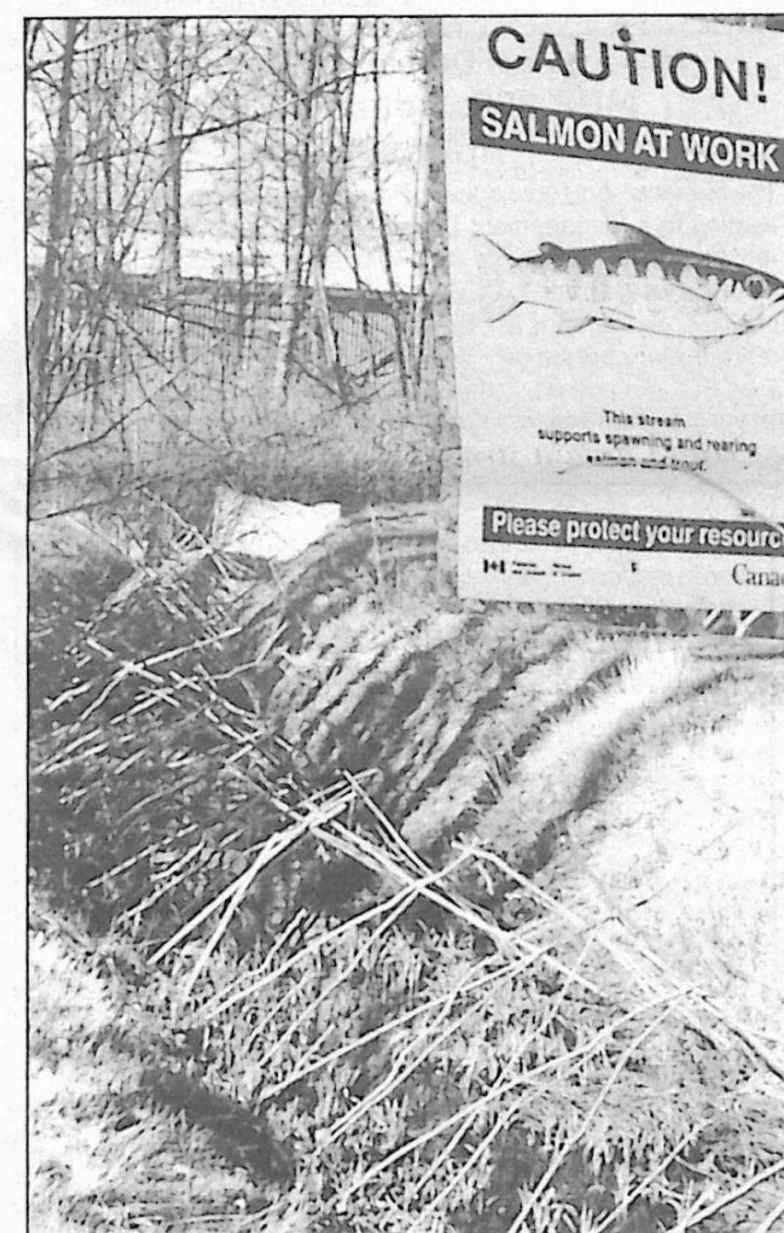
(So much for optical illusions - pilot and crew were practicing rappelling!)



View from B109, CE's main building.

Improving habitat for fish

By Bob Allan, Wing Environmental Officer



Where does all the water go after it rains? Well it gets efficiently carried away by a storm drain system, which connects to a ditch and eventually a natural stream. These ditches and streams surrounding CFB Comox provide habitat for aquatic life and most importantly Coho salmon. Therefore, to protect these fish, we must control the quality and quantity of storm water runoff from CFB Comox.

Construction projects such as excavating the foundation of a new building or cleaning out the storm drains creates dirty water. Thus turbid water will affect the downstream fish habitat and must be prevented. One technique commonly used is to place silt fences in the ditch. This barrier slows the water and allows the sediment to fall to the bottom instead of being

carried downstream.

Maintaining ditches can be another damaging activity to the aquatic life. Ditches can be an ideal habitat for lush vegetation to grow during the summer. However, when the winter rains come, the vegetation restricts the water flow and can cause flooding. Ditches would require little maintenance if it weren't for vegetation and other debris clogging their flow. One technique we are trying is to plant willows along the ditch to shade the watercourse and discourage aquatic vegetation from growing in the ditch bottom. If it works, the stream will be kept cleaner and cooler and we won't have to clean it with machines in the fall. It sounds good in theory and we will see if it works in practice behind the Base Hospital and General Stores area.

A bar bar none

Free beer for all and 'vittles' to boot. Thus was celebrated the long-awaited opening of Jr Ranks' bar and lounge, the ceremonial ribbon-cutting being performed by WComd, Col Bill Neumann.

The 37-ft bar itself, a masterpiece wrought by CE Master Joiner John Stokes and helpers, shone in the brilliance of built-in as well as overhead lights. The lounge, renovated throughout, showed its many improvements to best advantage, yet without overshadowing whatever old and traditional were retained, including the long wooden table richly carved with the initials of past patrons.



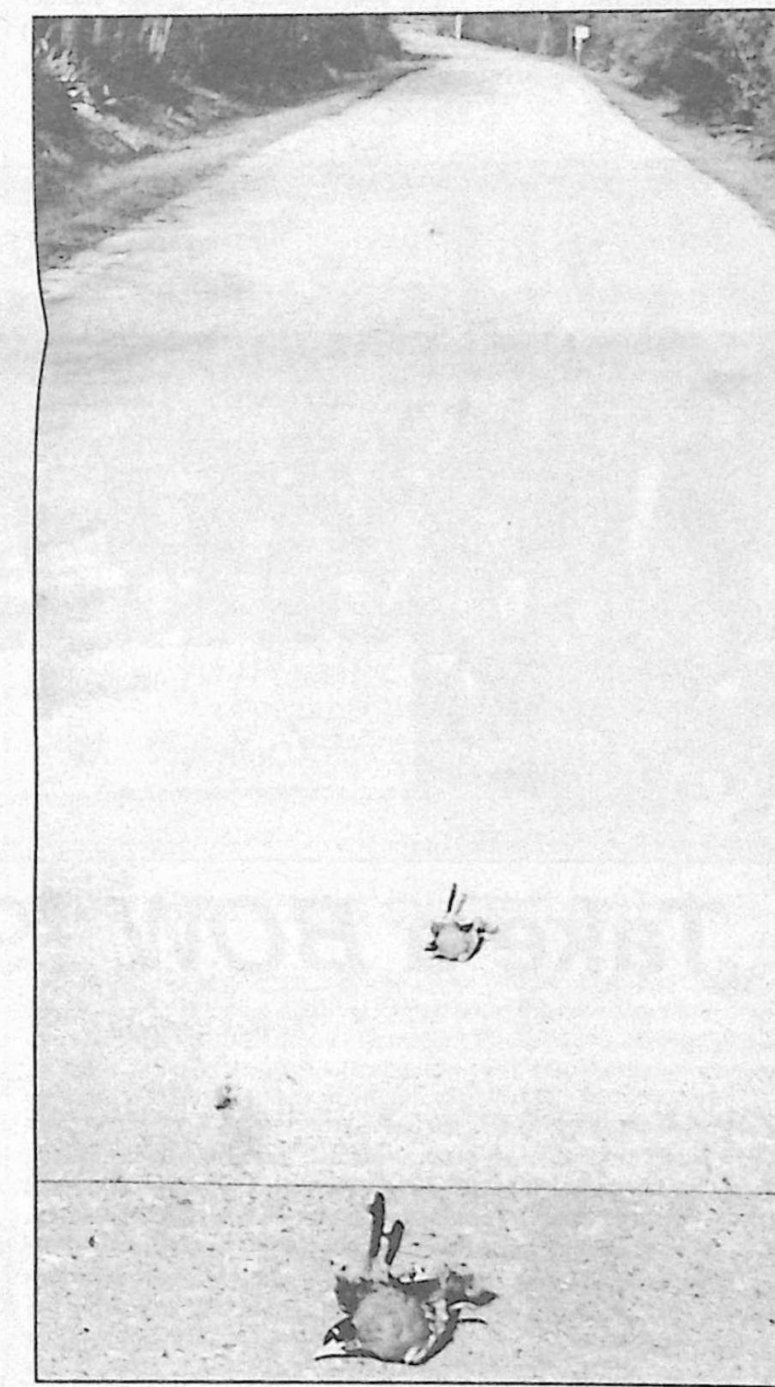
For the opening of Jr. Ranks' new bar appeared, besides Col Neumann and WCWO Dupuis, also CE's FA Tm Ldr, MWO Andy Harrington and Ops Plan O (and Project OPI) MWO Andre LeCavalier. Behind the bar and ready to serve customers, Misty Lyttle.

Who killed Cock Robin?

Who killed not only Cock Robin but Mrs. Robin as well? And with what? An airgun? - abominable thought! More likely - or so one hopes, premeditation being less of a possibility - a car driven too fast in an area, Pee Wee Park, where special care is a must. Children play, pedestrians stroll. Of wildlife there is a blessed abundance. One may at any time come across deer, rabbits, pheasants and a variety of other birds. One morning no less than eight eagles (five of them young) spread across the road.

It is a given that anyone driving within Tee Pee Park assumes the responsibility of exercising extreme caution. Whatever the cause of the deaths of the two robins, if that reminder serves to slow down thoughtless drivers, their otherwise meaningless end will have served some purpose.

Dead robin on Pee Wee Park roadway with partner equally struck down farther on.



Congratulations to those 19 Wing personnel who completed the Respiratory Protection Instructor Training (Seated, L-R): Capt Brooks WFC, Mr. Ilnitski WGSO, Mr. Clements course instructor and MWO Watson WDFC.



BOW Workshop a Success!

By Gail Eggiman

It was wet, it was windy and it was wild! The first winter workshop for Becoming An Outdoors Woman was held at HMCS Quadra from 25-27 February. This workshop was sponsored by the BC Wildlife Federation and provided an opportunity for women 19 years and up to learn outdoor skills from qualified, patient instructors who volunteered their time, experience and equipment. Over 80 women from all over BC and one from Newfoundland, Ontario and Manitoba attended this workshop.



Cross country skiing brings a smile.

The participants enjoyed courses such as Kayaking, Canoeing, Saltwater Fishing, Flyfishing, Archery, Backpacking and Hiking, Cross Country Skiing, Firearms Safety, Winter Photography, Winter Survival, ATVing, Bowhunting, Game Care and Handling, Horseback riding, Orienteering, Outdoor Cooking, Rifle Marksmanship, Shotgunning, Snowshoeing, Boat, Motor and Trailer course, Bird Identification, Black Powder Shooting, Making Wood and Fire, and Don't Become a Victim.

On Friday evening there were slide presentations from locals, Inez Cliffe and Laurie Pratt, Dr. M. Grant, Gary McWilliam, Katrina Rodgers, and Lisa Kalanthey gave informative talks and displays. On Saturday night a raffle was held for many fantastic prizes donated by our generous community.

There are usually two or three workshops held each year. The next one will be held at Moberly Lake (Chetwyn) in May and another at Loon Lake (Maple Ridge) in October. Every workshop offers

the basic courses of archery, shooting, fishing, etc., but also make available some courses unique to their own area, such as Dogsledding and Northern Pike Fishing at the Moberly Lake workshop.

It was wonderful to have the people and businesses in our community come together and give up their time and donations to ensure the success of the Becoming an Outdoors Woman winter workshop. If I neglected to mention anyone, please forgive me, but know that you were greatly appreciated. I received positive feedback from attendees; especially about the quality of our instructors and I have heard that the instructors were appreciative of the interest and exuberance shown by the women. The women who hailed from outside the valley thought we lived in a beautiful area so, hopefully, they will return with their families for a visit in the future. I know they are hooked on BOW and looking forward to another one!



Take a BOW 19 Wing

By Gail Eggiman

19 Wing personnel can take a bow for their involvement in making the first winter Becoming and Outdoors-Woman (BOW) workshop a huge success. About 80 women were bussed in the cadet barracks at HMCS Quadra and fed at the dining hall.

The workshops were held in various locations at Quadra, Mt. Washington, Courtenay Fish & Game Club, Cumberland Fish & Game Club, Seal Bay Park and the Air Cadet Building.

Capt Gauthier and LComd Postma were very cooperative and went above and beyond to ensure that we had a successful workshop. The Military Police, Commissionaire staff and Barrack Warden were so much appreciated for their efforts to help a committee member who had locked herself out of her room late at night. Thanks are deserved to the FS&R staff and the Air Cadets, and also

the Totem Times for generously publishing all my articles to advertise this excellent program.

Amongst the volunteer instructors and helpers were many serving and retired military members. MCpl Johanne Martel gave up her weekend to run an informative Boat, Motor and Trailer course and also drove participants to workshops held around the valley.

Sgt Eileen Redding, from Wing Imaging, taught the Winter Photography course and managed to corral about 100 people together for a group photo. This was a difficult task as she was suffering with a sore throat and loss of voice.

Karen Beamish, 414 Sqn CO secretary, volunteered her time and led the early risers in exercise classes at 0630 hours before they started their workshops.

MWO Rodgers, from WTIS, was one of the archery instructors. I drove some women to and from

this course and heard nothing but good comments.

Helping as drivers and other jobs were Dan Orr (ret'd) and Dan Dupuis and Steve Eggiman from WCE Plumbing and Heating Shop. My husband said he had to listen to "men jokes" from his passengers...I believe that is called payback!!

The women learned the art of mess hall dining from wonderful Food Services staff led by MCpl Easton. They supplied generous, healthy meals with a smile from 6 a.m. till the early evening, and also baked and decorated a beautiful BOW cake for the Saturday night banquet. They were awarded with a standing ovation.

I believe it was an enjoyable weekend, despite the weather. 19 Wing staff did a great job. Thank you to all who worked all from the indoor



Ralph Shaw's snowshoe patrol.



Learning how to clean game.



Line-dancing: put your left foot in... or was that the right?

Management Development Program MDP 300: Administration April 28-30

The Management Development Program is a six-course program, leading to a Management Development Certificate. We offer a regular rotation of courses, and welcome new students any time. Courses will be open to CFCCN members for priority registration until two weeks prior to class start date. Serving, reserve, and retire military personnel, civilian employees, and their families are CFCCN members. If there is space remaining in the courses, they will be opened up to the general public to ensure enough participants to run the course.

MDP 300 - ADMINISTRATION

This course provides an overview of the management function in modern organizations. The four broad functions which characterize the role of managers will be covered: planning, organization, leading and controlling.

Topics include:

- *the manager's role
- *planning and decision-making
- *tools and techniques to organize work
- *communicating in the organization
- *providing leadership
- *motivating others
- *controls in the workplace.

WHEN: April 28-30 (Fri: 1800-2200 hrs, Sat & Sun 0900-1700 hrs.)

COST: \$130 tuition, plus \$44.15 for materials.

Payment may be made by personal cheque, VISA or MasterCard. FOR INFORMATION call Caroline Cannon, CFCCN Coordinator at 339-8211, local 88889 or 339-3020. REGISTER at the WPSO's office in Bldg 22 by April 26.

Century 21 TOWN & COUNTRY REALTY INC. Posted to Kingston in 2000?



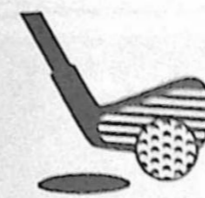
Don Wyld, CD1
Military Authorized Realtor

If a posting to our beautiful "Limestone City" of Kingston is where you are headed, please give me a call at the "TOLL FREE" number below and I will send you a "Worry-Enders Kit of Kingston" (with video) containing maps, home prices, school information, shopping facilities, transportation and more.

Please call or write:
Don Wyld, CD1, Sales Rep.
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Canada K7L 5H6
Fax 1-613-545-1101 or
Toll Free 1-800-438-9953
Visit the Canadian Military Relocation
Network Website at www.cmrn.com
Email: donwyld@limestone.kasone.com

New Homes by "Caraco"

For more information package of new homes being built in Greenwood Park, see the whole package at www.c21wyld.com



Glacier Greens Golf Shots

Clubhouse makeover

By Vic Crisp, Tournament Director

This year, members and visitors to Glacier Greens Golf Club will see a new look Clubhouse. A "makeover" has taken place. New furniture graces both the dining area and the Elder Solarium Lounge overlooking the 18th green. Freshly restored furniture and new curtains complete the bright new décor in the banquet room.

The very obvious new "arrival" is the large patio area which has an attractive tile floor, sun roof and new garden furniture. Together with the landscaping, it has been designed to enhance the hot, summer days. This work was carried out in large part by Sinclair Ash, our Greens Director, and by many volunteers, both men and ladies, who, under his supervision, spent countless hours carrying and laying bricks, etc. "Thanks" seems hardly enough for those members who performed these back-breaking tasks. The list is too long to name everyone, but it includes the Club President Larry Lott, Club Captain Jim Livingstone and Gussy Prichard who was responsible for the flower beds.

In the restaurant Steve Dodd and his staff are more than able to cater any function. It takes only a telephone call to book the Banquet Room for any celebration or dinner group. Scott Fraser and his Golf Shop staff are ever present to assist you with a fine selection of clubs and golf attire. Just contact them for course bookings and their expertise in golf lessons.

These fine resources, together with an excellent 18-hole course, expertly maintained by Steve Bailey and his hardworking staff, comprise a facility which we are proud to say is second to none in the Comox Valley.

In June we are holding the McConochies 20th Men's Open and the Ladies' Amateur Open. The men's event, which takes place on June 3 and 4, is open to all golfers who have a current BCGA handicap. This year we have three flights and no limit to the Handicap Index. We are also inviting Juniors who hold a maximum BCGA Handicap Index of 6.0 to enter. Another first this year is the presentation of the General Lett Trophy to the Regular serving member or Active reservist of the

Canadian Armed Forces, who records the lowest net score over the 2-day event. Add to this, yet another first - five hole-in-one prizes: a large screen TV, a Bill Maximick print, a Lazy Boy chair, a car lease, a Ben Hogan golf package, plus the usual KP prizes.

Friday, June 2, is our practice day (please ring our Pro Shop to book), and later we are running a Horserace event. Our player limit is 144, so be early with your entries. Cost is \$110.00 which includes many prizes and a buffet lunch on the first day.

The Ladies' event is being held on 17/18 June. This "Open" will be divided by handicap into three flights. There are KP prizes, most accurate drive and longest putt competition. This tournament was first held in 1973 at the Glacier Greens Ladies' Invitational. This is the third year it will be held as a 2-day event. Cost is \$85.00 which includes Saturday dinner plus entertainment and on Sunday, early morning coffee with muffins or doughnuts and a lunch followed by the presentations. On Friday June 16 there is a "Horserace" followed by a Meet and Greet. A Shotgun Start will take place on Saturday afternoon and Sunday morning.

Our thanks go to the following who are supporting these two events: McConochies Furniture, Madman McKay TV, Garf Baxandall Ford cars, Bill Maximick, Budget Car & Truck Rental, RG Cockwill Chiropractic, Odium Brown Investments, Island Honda, Co-operators Insurance, Dairyworld Foods, Port Augusta Inn, Comox Valley Insurance, Comox Builders, Comox Valley Auto Services, Comox Valley Brewmaster, First Financial Securities, Comox Shoes, O'Malley's Restaurant and Irish Pub, Scott Fraser Golf Shop, Smitty's Restaurant, Coast Country Insurance, Middleton Meats, Red Ruby Restaurant, Budget Brake and Muffler, The Griffin Pub, Riverside Wines, Signature Wines, Toscanos-Trattoria, Grape Expectations Wines, C & N Rentals, Radio Shack, Hoe Read's Bookstore, The Lorne Hotel, Men's Club GGGC, RCMP Vets, Steve Dodd's Catering GGGC, Thrifty Foods, and Visual Sound.

Ladies Club

By Joyce Merrill

The Vice-captain's choice was playing for snips on April 4. Winners on the even holes with low score were Irene Perry #6 and Sharon Warne #14 - both had pars. On the odd holes with high score, it was Mary Kelly #3, Caryle Diewert #7 and Charlene Wadelius #15. All received a logo ball. Inge McArthur won the 50/50 draw.

Congratulations to Jesse Trto who aced her first hole-in-one on #12 with an 8-iron on April 3.

Don't forget the Spring Fling Tournament on April 18. This is a team event. Cost is \$10. Enter at the Pro Shop. Cut-off date is noon on April 15.

Four Aces in one week!

By Len Doyle, Pro Shop

Either the holes are getting larger or the Glacier Greens members are playing better. Whichever may be the case, there was a rash of hole-in-ones recently.

Marlene Hall started it off on March 28 with an ace on hole #12, then it was Bill Chiki nailing hole #12 on April 1, followed by Glenn Karran who aced hole #17, also on April 1. To end off the week, Jessie Trto holed it out on #12 on April 3.

Each received a coveted Glacier Greens engraved key chain and a \$25.00 voucher for the lounge.

Bill Chiki, who was playing in our weekly Saturday Morning Men's, also won a snip and a pot of gold for his efforts. From speaking with Bill's playing partners, it appears he was hitting it stiff all day. However his score card told a different story: six, six, ace, six, seven.

Congrats to all.

Rec Centre News

By Jake Plante

Greatest moments in CF sports

The 2000 CF Sports Awards ceremony will take place 29 October at the Ottawa Congress Centre. This year's theme is "Greatest Moments in CF Sports." It is a timely tribute to a century of tremendous CF sporting achievements and we know there are a great number of accomplished athletes and teams who merit recognition.

Share your memories with us. Tell us about those great moments in CF sport during the last century that you feel should be recognized at the national level. Note that the athlete or team must have been a CF member when the achievement occurred. A selection committee will review submissions and identify the top 50 highlights.

Please forward submissions with as much documentation as possible, i.e. film, news clippings, photos, etc., to Jake Plante no later than 28 April 00. Include your name, address, phone number, fax number, e-mail address and supporting narrative. Please note submitted material will be returned on request only.

Easter Holiday hours

21 - 24 April

Fitness Centre

Fri, Sat, Sun & Mon

Gym, squash courts & weight rooms:

1300 - 1700 hours

Swimming pool: 1300 - 1600 hours



Swimming Registration

When: 15 April

Where: Base Recreation Centre

Time: 0830 - 1230 hours

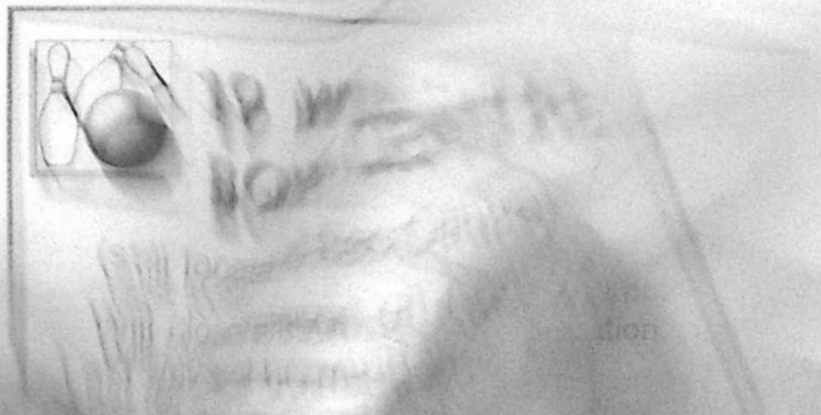
Commencing: 29 April

For more info contact:

J.C. Fromont, Rec Coordinator, local 8989

New Rec Pass system arrives

Recreation at 19 Wing is ready to move into the high-tech customer identification. Starting immediately, the new system will be used to produce Recreation Passes. The new system includes a database, which will enable FS&R staff to access the turnstile and is programmed specifically for the times. Current Rec Pass holders can update their renewal time or immediately if they prefer. The hours of operation for the issuance of the same - Mon, Wed and Fri from 0900-1700 hours. Appointments are recommended to avoid long wait times. The new system requiring everyone's attention. The new system is made for a weekday evening or a Saturday and weekend hours will be available. For more information contact J.C. Fromont, Rec Coordinator, local 8989.



Comox Military Family Resource Centre

Centre de Ressources pour Les Familles Militaires de Comox

Phone: 339-8290

Gigantic Garage Sale and Family Fun Day



Date: Saturday May 27th
Time: 8:00am - 3:00pm

Location: Kinnikinnik Child Care Centre

- Garage Sale • Bake Sale • Back Yard Bouncer • Face Painting
- Cake Walk • Pizza • Hot dogs • Popcorn
- Craft tables • Kids Creative Craft Area

Volunteering, a time honoured Canadian Tradition

National Volunteer Week - April 9th to April 15th

Just as helping others is a tradition in Canada, so too, is taking the time to thank and honour our volunteers.

The first National Volunteer Week took place September 12 to 20 in 1943. It was designated by the War Services department of the federal government, and organized by Women's Voluntary Services (W.V.S.) to enlist women for wartime voluntary service. In Montreal, Toronto, Winnipeg, and Vancouver, W.V.S. also organized special events to draw the public attention to the vital contribution women made to the war effort on the home front. In the late 1960s, the idea of a

designated week to honour volunteers was revived, and the focus was broadened to include all volunteers. With local volunteer centres taking the lead, this special week grew in importance during the 1970s and 1980s. In 1990, Volunteer Canada proclaimed the third week in April to be National Volunteer Week in all communities across the country. The week is now firmly established as the highlight of the year for paying tribute to Canada's volunteers.

Today, National Volunteer Week is not only set aside to thank and honour the people who donate time and energy to their fellow citizens, it is also meant to increase public

awareness of the vital contribution that volunteers made to our communities and to Canadian society as a whole.

At this special time of year the CMFRC staff would like to thank all the wonderful volunteers who generously give their gift of time and talents to the CMFRC. Our volunteers are a vital part of our team and without them we would be unable to offer all our programs and services. Thank-you again to all our dedicated volunteers!



North Island Distant Education School Information Session

North Island Distant Education School is excited by the opportunity to meet with adults and school age students who are considering learning at home or at the CMFRC. NIDES counsellors and teaching staff will be available on April 27th at 4:00pm at the CMFRC to explain the educational options that are available for youth and adults to learn at home or at the CMFRC. Courses are free for anyone who has not yet graduated from secondary school. On-line learning as well as traditional print based learning will be explained. Bring your idea!

Programme Francophone Open House

Public awareness about French Education in B.C. will be the focus of an open house to be held at Ecole Airport Elementary school on April 17th. The event will be hosted by the francophone parents as part of their commitment to support the Conseil Scolaire Francophone (French School District, No.93) in its goal to provide not only quality education, but one that values cultural differences. The program, formerly known as the Programme Cadre, and now run and managed by the newly formed French Education Authority (FEA), has been running successfully for 20 years. The FEA has been in charge of the programs in the Comox Valley since July 1st, 1999. The classes are generally small, yet have all the benefits of any public school, including speech therapists, "francisation" for students that have not had much exposure to French, counselling services, music specialists, English Language Arts specialists, etc. Two other features unique to the French programming are full-time Kindergarten and assured transportation from almost anywhere in the Valley to one of the three school sites.

Historically, the program's core was children from military families, but the program is not a military school and children from all over the Valley are welcome to attend if they meet the criteria under section 23 of the Charter of Rights and Freedoms. The military children attending the program often come here directly from a French speaking environment which helps to keep the quality of the program very high, and the Comox Valley children help to stabilize the population of the group.

Grades k-6 are housed at the Ecole Airport Elementary School. Aspen Park Junior school, set to open in Comox for the 2000-2001 school year may house the Francophone program for grades 7-9. Students in grades 10-12 may have some French programming available to them at Highland Secondary.

For more details about this program, come out to the Open House on Monday, April 17th at 7:00pm at Ecole Airport or call Mr. Philippe Brûlot, Principal, at 339-1848.

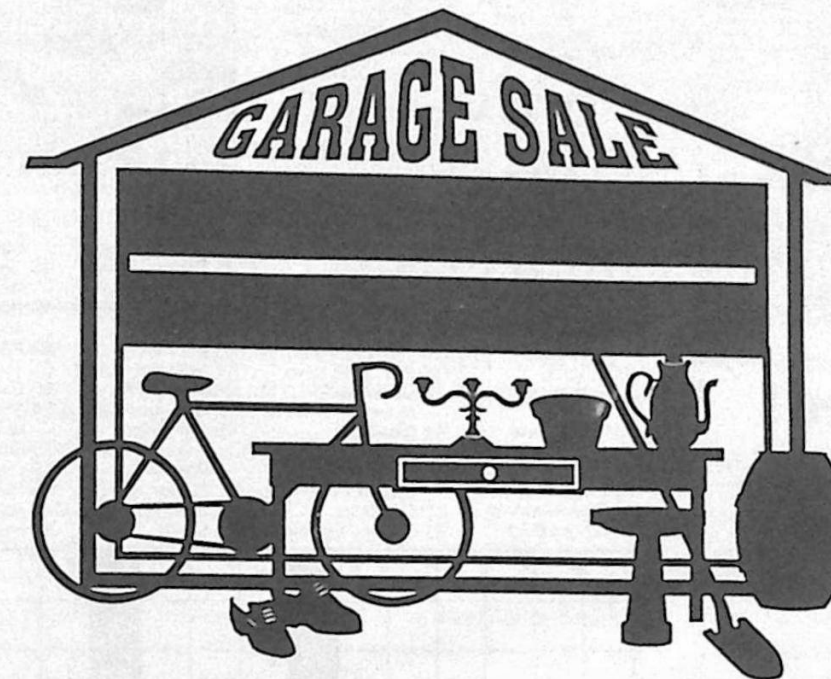
CREATIVE KIDS PRESCHOOL

1345 Military Row, Lazo
(at 19 Wing Recreation, Fitness and Community Centre)

is taking registrations for September for English Preschool and French Immersion Preschool
2 days/week
\$80/month

For more information please call 339-8211 local 8847

Wallace Gardens Community Association News



Community Yard Sale
Saturday, 27 May
8:00 a.m. to 2:00 p.m.

Bins will be placed in the school parking lot Friday, May 26 after hours & picked up Sunday, May 28 and will be clearly marked. Please empty & flatten all cardboard boxes and place in proper bin. Fridges, propane cylinders, batteries and tires will **not** be accepted. There will **not** be a bin for hazardous materials, paints, or wastes. Should there be any hazardous materials to be disposed of, please contact the W Env O at local 8187 or Terry Hide at local 8271. Empty or dry paint and aerosol cans are considered garbage. Paint cans with leftovers may be returned to the supplier.

Your cooperation is required.



Adult Craft Club
Decorative Podging

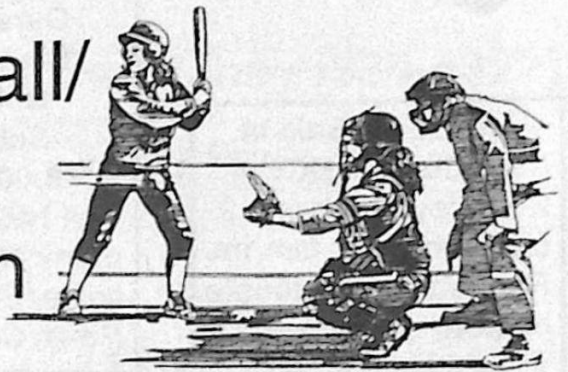
Come out and "podge" a functional, yet decorative keepsake Sunday, 16 April from 7:00-10:00 p.m. in the craft room of the Fitness & Community Centre. There is no cost to Wallace Gardens members but a \$3.50 drop-in fee will be charged to non-members. A list of materials can be found in the Wallace Gardens office Mon-Fri 0730-1200 hrs.

Teen Dance
April 15

Large multi-purpose room A & B
Fitness/Community Centre
7:00 p.m. to 11:00 p.m.
Cost: \$1.00/WGCA members,
\$4.00/non-members
For more info: Mona at 339-4627



Baseball/
T-Ball
Season



Spring is just around the corner and it's almost that time of year again! Baseball and T-Ball registration will take place in the WGCA office Monday to Friday 0730-1200 hrs from 17-28 April and Saturday, 29 April from 0900-1300 hrs. in the lobby of the Fitness & Community Centre. These leagues are purely recreational; the kids have fun and learn about the game at the same time.

T-Ball: Ages 4-7 years
\$25.00/child (WGCA member)
\$35.00/child (non-member)
Baseball: Ages 8-12 years
\$25.00/child (WGCA member)
\$35.00/child (non-member)

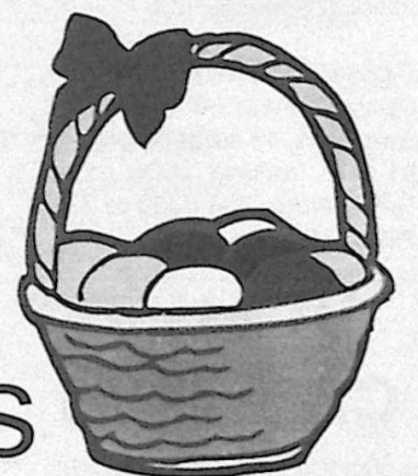
If you would like to donate a few hours each week to the children of your community, please contact the town clerk at 339-8211 (8571).

Children's Video Afternoon
Sunday, 16 April

From 1-3 p.m. in the Fitness & Community Centre Large Multi-Purpose Room A
Ages: 4-8 from 12:30-2:00 p.m.
Ages: 9-12 from 2:30-4:30 p.m.
Cost for popcorn & drink: .50¢/member & \$1.50/non-member.
For more information, please call Suzanne @ 338-2584

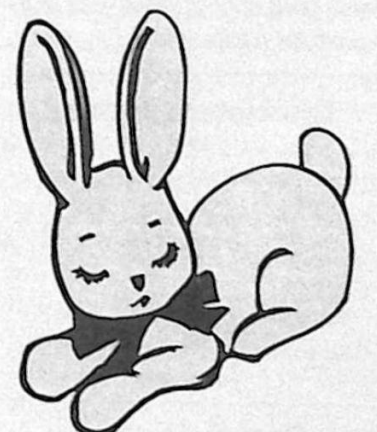


Easter Festivities



Saturday, 15 April from 0900 to 1130 hrs, Wallace Gardens will be hosting their annual pancake breakfast and Easter Festivities in the Fitness & Community Centre large multi-purpose room. All events, including the breakfast are "free" and are open to Wallace Gardens members only. Come on out and enjoy the fun!

Face Painting
Easter Egg Hunt
Hat & Bicycle Decorating Contest
Rides on "Little Toot"



*Note: Due to the transfer from mess allotments to pay allotments, some residents have not renewed their dues. If you are unsure whether or not you are a member of the Wallace Gardens Community Association, please call the Town Clerk @ 339-8211 (8571).



Help Wanted
Earn \$200, \$300, \$500 or more per week, assembling product in the comfort of your own home. Send self addressed stamped envelope to: O.P.H. 6-2400 Dundas St. West, Suite 541 Ref 728, Mississauga, ON L5K 2R8.

4th Annual Garage Sale at Glacier Greens Golf Course Sat. 29 April 8:00 a.m. till ?
Golf balls, books, plus many miscellaneous items. Entry off Knight Road, Comox.

House for Sale in Comox, BC
2-storey, 4-bdrm, 2-bath, din/liv. rm, fam. rm. Fenced yard, double carport, sundeck. Near all schools and Base.
\$139,500
Ph: 339-2897

27' Prowler
Posted, must sell. 1979 model with fridge, stove, full bathroom. Sleeps 8. \$3,900 o.b.o. 890-0350 <1/2>

Autos
1997 Dodge Caravan. 73,000 km. Ex. cond. inside and out. Asking \$13,800 OBO. 339-6998 <1/2>

1992 VW Jetta GTX 16V 2L, 5 spd, 4-door, Air, Cruise, ABS, Sunroof, Ski bag, Recaro seats, BBS, new rubber 133K. One owner. \$10,500. 339-1725 <1/2>

House for Sale
6 yrs. old, 1500 sq. ft. Duplex in Puntledge Park area. 3 Bedrooms, ensuite, 2-1/2 baths. Shed, fenced backyard. Diane 338-6889 or loc 8751. <1/2>

Miscellaneous
Black leather jacket, size 12, ex. cond. 339-1725. <1/2>

Puzzle ring (man's) from Damascus, Syria - 8 strands, 12 diamonds, 14 carat. Appraised \$1,500, asking \$600 o.b.o. Never worn. 338-6390 or 334-2885. <1/2>

\$1 CARWASH

A 24-hour carwash is available to all base personnel. The Auto Club carwash is located next to Clothing Stores. Hot soap, hot wax and a cold rinse - all supplied for a loonie.

Choristers Wanted
Singers required for Our Lady of the Sacred Heart Chapel (RC) choir, 19 Wing Comox. Practices are Thursday evenings starting at 6:30 p.m.

For more info, please contact: Charlotte Harvey (choir director) 897-09856

Comox District Concert Band
Rehearsals: Tuesdays, 7:30 p.m. in the Band Room at Courtenay Junior School.
New musicians welcome. Further info: Pat 339-5091

COURTENAY FLIGHT CENTER YOUR FLIGHT TRAINING SPECIALIST!
338-9814
MWO CYRIL RODGERS LOC 8501, MAJ TONY APPELS LOC 8175 OR CWO JOHN MERCER LOC 8723

Toastmasters
Comox Valley Toastmasters meet every Wednesday 7-9 p.m. at Courtenay Junior School For more info: Harry Piercy, 338-7166.

Wanted!
Fastball players for local teams. Call Brenda at 338-1956. <1/2>

It's portrait time again



FREE portraits are available at Overwaita on 28 & 29 April from 11:00 a.m. - 5:00 p.m. All ages are welcome. Donations to the Child Development Centre gratefully accepted. (Photos make great Father's Day gifts.)

Canadian Cancer Society
19 April at 2:00 p.m. Monthly meeting of Comox Valley Society Courtenay United Church.

The Canadian Cancer Society's Cancer Information Service (CIS) is a national, bilingual, toll-free service offering comprehensive information about cancer to cancer patients, their families, the general public and healthcare professionals. Access CIS by dialling 1-888-939-333, Monday to Friday, 9 a.m. to 6 p.m. The service is available in both English and French. In B.C. the service is also available in Cantonese and Mandarin from 6:30 to 8:30 p.m., Tuesdays and Thursdays. The CIS can also be reached through the Canadian Cancer Society's web site at: www.cancer.ca

For Civilian and Military Personnel Employee Assistance Program

Do you have a problem that affects your work performance, or threatens to do so? Can think of nowhere to turn?

If you feel motivated towards a change for the better, call either one of your current referral agents (RAs)

Stéphany Gray @ 8296 (or use e-mail)

or Finn Schultz-Lorentzen @ 8379 (or use e-mail)

Full confidentiality guaranteed EAP Room, call 7035

French Courses

The following French courses are available this year:
PL4 (or PL3) May 8 - June 9 (Mon-Fri: 0730 - 1530)
Specific skills June 12 - 30 (Mon-Fri: 0730 - 1530)
Additional courses and/or different levels can be run if there is sufficient interest.
DND military and civilian personnel, as well as military dependents are encouraged to apply using the P drive: P:\ALLUSER\LANGUAGETRAINING\REGISTRATION.DOC, or call Dr. Fathi at 8828.

TODAY'S CROSSWORD PUZZLE

ACROSS
1 Way over there
7 Summer clock setting
10 Prunes off branches
14 Main course
15 Alias, for short
16 Radiate
17 Great desert
18 Tear open
19 Cathedral part
20 Buffalo Bill's enterprise
23 Oil-bearing rock
26 Tire filler
27 Throws in a microwave
28 Bleached
29 Least amt.
30 Family mem.
31 Brain twisters
33 Skillet
34 Chatter
37 Tina Turner's ex-husband
38 Colorado Indian
39 Vex
40 Female sandpiper
41 Grease dispenser
42 Fuel
43 Water tank
45 Impresario
46 Reply to a ques
47 Drama award
48 Singer Buck
51 Pressure unit
52 Kindhearted
53 Old-fashioned toy
56 Connecting bar
57 Grand - Copy
58 Rose Bowl event
62 Look hard
63 Stout pigeon
64 Small quake
65 Lodging places
66 "The Ghost and - Muir"
67 Car models
DOWN
1 "Certainly!"
2 Stop - dime
3 Ultimate
4 Spoke slowly
5 Weird
6 Actual
7 British naturalist
8 Slalom competitor
9 Shoe attachments
10 Camera eyes
11 Old cattle town
12 Basketball move
13 One-pot dinners
21 Throne platforms
22 Cogitates
23 Parsley serving
24 Japanese poem
25 Pilgrim John
29 Silver or gold
30 Delhi garments
32 Dracula
33 Summer outing
34 Diving bird
35 Cliffside nest
36 "The Devil and Daniel Webster" author
44 Loomed
45 Scoffs
46 Stocks and bonds, e.g.
48 Short-necked graffe
49 Pale and smooth
50 Barkin' films
51 Type of bear
52 Extra
54 Student's quarters
55 Chooses
59 Doctors' org.
60 Put on, as clothes
61 Hosp. areas

PREVIOUS PUZZLE SOLVED
DAWN MAMAS AMBI
ELIA ALIBI LAUD
LOST RATON MYNA
THEIRS TUGBOATS
AARON ASTERN
NARS ADAGE
RIBS OIL UNSUNG
ARI PAEAN DUG
MOTTOS APT HISS
SNEAK SOME
PRANCE EXACT
ANTEATER PLAGUE
HEAR LIANA GIBE
AMIE AGNES OLIN
BOLD SHEET NETS

- Jake's Trivia Answers**
1. Mark Spitz, USA - seven.
 2. Cigar won \$4,819,800.00 in 1995.
 3. Pete Sampras in 1990, aged 19 years 28 days.

The Bonnie
Copies of Allan Snowie's blockbuster saga of HMCS Bonaventure can be obtained from:
Shearwater Aviation Museum Foundation,
PO Box 500 Stn Main, Shearwater, NS B0J 3A0
Fax: 902-461-1610 or Phone toll-free: 1-888-497-7779.
The Bonnie is an 8-1/2" x 11" hard cover, 336-page book with 200 photos. Cost is \$50 plus \$5.75 postage and handling.
Profits from this reprinting will go to the Shearwater Aviation Museum Foundation in Nova Scotia where Canada's aircraft carriers are commemorated.
Also available for purchase: Shearwater Maritime Aviation Wall of Honour Tiles. 6x6" 1/4 tile \$150 (up to 40 letters and spaces); 1/2 tile \$300 (up to 60 letters and spaces); Full 12x12" tile \$600 (up to 120 letters and spaces). Further info: www3.ns.sympatico.ca/awmuseum/

Hours of Operation - 19 Wing Medical Clinic
Monday to Friday 0730 - 1530 hrs.
Sick Parade
Weekends and Stat Holidays 0930 - 1030 hrs.

Next Deadlines
Advertising: 26 April
Articles: 28 April, noon

EAP in review - slow but steady

By Finn

While the two RA candidates, Sgt Eileen Redding and MCpl Tim Wacey, are attending spring course in Vancouver (completed 19 Apr) preparatory to assuming full-fledged roles as Referral Agents under the Employee Assistance Program, the program as carried out at CFB Comox is somewhat slowed down by nothing weightier than primary duties - it being end of fiscal year and, as always, a busy time for all. The formation of a Base EAP Committee is still on, awaiting only a propitious time for RA Stephany Gray to sound the trumpet summoning prospective members to council, availability of a majority being one of the main conditions. That, plus time.

The new office has been put to good use on several occasions, and a small reference library is being created using both books and tapes. The tapes on depression - a total of six - may be borrowed on a loaner card by any interested party.

EAP being a joint venture of Management and Labour, a representation was made to the mem-



Union Treasurer Mary McAvany with Food Svs colleague Jane Cross found the EAP office a pleasant surprise.

bership of UNDE Local 1007 during the latest Union meeting. Progress was outlined, some statistics quoted, activity plans for the future explained, and the importance of a reasonable budget for 00/01 emphasized.

The meeting was held at B22, where also the EAP Office is lo-

ated. Interested members were invited to visit the office the better to form an idea of the efforts expended in setting it up, and its eminent suitability to both the client-side of the program and the more mundane aspect of maintenance of files, pamphlets and literature.

To contact an RA, dial 7035

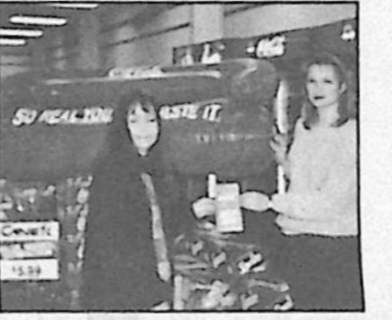
CANEX News

Spring is finally here! We've had a few beautiful sunny days giving us spring fever. Time to start thinking of fun-filled camping trips! Come in and check out our camping supplies, BBQs and patio furniture. Don't miss our Easter Sale which goes from 12-23 April.

A new movie promotion is now in effect until April 30. Rent two New Releases for the price of one Monday to Thursday.

Please help us welcome our new Warehouse Person, Dwayne. He has started working with CANEX at a very busy time of year in the warehouse. Welcome to the staff Dwayne!

Terry and Marg have gone on their first camping trip of the season. I'm sure there are many more to come.



Glennis Boutilier, winner of the Coca-Cola inflatable chair.

Manon G. and her family are eagerly making plans to go on holidays. They will be flying out to Quebec to enjoy some time with relatives.

Deborah has taken over the Beauty Salon. She and her staff are offering very good service and stylish styles for the entire family.

Congratulations to Denise Fenske, winner of the Powerade Sports Bag from Coca-Cola. With two boys playing hockey, I'm sure they will put it to good use.

Congratulations also go out to Glennis Boutilier, winner of the



Denise Fenske, winner of Powerade sports bag from Coca-Cola.

Coca-Cola inflatable chair. Your children are sure to enjoy it.

Come in and see us at CANEX where friendly service, Advantage Pricing and interest free credit plans are waiting for you.

General Safety Training Courses

The training arrangements and schedules from 29 Feb-17 March enabled 19 Wing to host three courses: Safety Legislation, Safety Management and General Safety Officers Training. Candidates from 17 Wing Winnipeg, 15 Wing Moose Jaw, 4 Wing Cold Lake, NRS Aldergrove, CFB Halifax, HMCS Quadra and 19 Wing Comox attended these courses.

General Safety courses are targeted toward Managers, Supervisors, Occupational Safety and Health Workplace Committee members, Unit General Safety Officers, Senior Managers and Union Representatives.

The Safety Management Course (SMC) is designed to familiarize civilian and military personnel with their various safety responsibilities and functions in support of Gen-

eral Safety Programs. The course content is designed to achieve the following objectives: implement the Wing Commander's General Safety Policy; participate in Safety Councils and Committees; investigate and report accidents; evaluate the organization's safety program.

The General Safety Officer Training Course (GSOTC), consisting of five days, is designed to familiarize Unit General Safety Officers with day to day safety business. Students were exposed to Occupational Safety and Health Legislation which has an important impact on DND's activities. Other topics covered were: program development, administration and evaluation; training and education; promotion and motivation; consulting, liaising and monitor-

ing; accident prevention, investigation and analyzing; and Safety Councils and Committees. In summary, this training provides Unit General Safety Officers with the tools and ability to provide assistance and technical advice to commanders and managers for the formation and implementation of their safety programs.

The objective of the Safety Legislation Course (SLC) is to train selected personnel to apply the standards and regulations contained in the Canada Labour Code, Part II. The Treasury Board Occupational Safety and Health Directives and the General Safety Standards.

This course was scheduled over four days, and consisted of lectures, discussions, individual research and syndicate exercises.

Royal Canadian Legion

Branch 17 Courtenay (334-4322)

Dance: every Friday evening, 8:00 p.m.
Apr 14 Venture Highway
Apr 21 Gord Kruger & Friends
Apr 28 Gary's Sound Machine

Special Events:
Easter Draw: 16 April 1:00 p.m.
Hams, turkeys, etc. Double Play Group, Food available.
Spring Auction: 29 April, noon viewing, auction 1:00 p.m.
Good clean items required. Call 334-4322 for pick-up if necessary.

Sunday Crib Tournament: 30 April
Branch General Meeting - Tuesday 25 April, 7:30 p.m.
NOTE: Branch will be closed Easter Sunday, 23 April

Branch 28 Cumberland (336-2361)

Every Wednesday, Bingo 7:00 p.m.
Hall rental: non-members \$75, members \$50, kitchen use \$25.

Branch 160 Comox (339-2022)

Mondays...Ladies Auxiliary Drop-in Bingo
(Upper Hall doors open 6:30 p.m., Bingo 7:00 p.m.)
Friday Night Dances 8-12 p.m.
Apr 14 NO BAND
Apr 21 Double Play
Apr 28 Ventura Highway

Special Event:
Apr 15 Honours & Awards Dinner/Dance
Upper Hall Legion Dress, No Host Bar 6-7 p.m. Dinner 7 p.m.
Awards & dance to follow. Band - Country Cousins. Limited number of tickets \$10.00 per person.
General Meeting: Thursday, April 20 at 7:30 p.m.
Call Branch office Mon - Fri at 339-2022 for more info.

888 (KOMOX) RCAF WING

Air Force Association of Canada

Calendar of Events

Sunday Brunches & Games: First Sunday each month.
Pub Grub Fridays - Horse Racing, Darts, Cards.
Regular Force Members Welcome!

888 Wing hours:
Monday - closed
Tuesday - closed
Wednesday, noon - 6:00 p.m.
Thursday, noon - 1:00 a.m.**
Friday, noon - 1:00 a.m.**
Saturday, noon - 1:00 a.m.**
* Bar open on Holiday Mondays. ** Bar could be closed as early as 9:00 p.m. if there are no customers, at the discretion of the Bar Manager.

The course afforded candidates an opportunity to acquire sufficient knowledge of safety related legislation so that they can provide appropriate response to questions, concerns, or issues where practicable and equally, or even more importantly, able to recognize issues which require additional interpretation or guidance.

Completion of the Safety Legislation Course enables members to fulfill their role of advising Commanders, Commanding Officers, Managers and Supervisors regarding relative legislative matters, including the associated risks and liability involved.

In summary, the three courses conducted at 19 Wing have provided the tools necessary for attendees to meet their obligations and responsibilities in preventing the loss of resources resulting from accidents and injuries.
Mr. Jamie Miller, Safety Instructor for Stemp Associates, Toronto Ontario, presented three weeks of training. The WGSO, Mr. Ken Ilitski, with the help of Cpl. L. Veilleux, Asst/WGSO also provided some instruction and coordinated the courses.
The Wing Commander, Col W.J. Neumann and the Administration Officer, LCol M.R. Spooner gave opening and closing remarks for the various courses.
Training concluded with the presentation of Certificates of Achievement.

Heritage Happenings

More Y2K launch

(Con't from front page)

fire TE 294 in attendance. Mr. de Vries having undergone surgery only two weeks earlier, made a great personal effort to attend the ceremony. He was accompanied by Mr. Brian Rempel, a member of the Langley Museum of Flight and Transportation. The Heritage Hangar and the Y2K Spitfire Restoration Project were officially opened by Col Neumann and Spitfire Pilots Tet Walston, John Pomietlarz, "Stocky" Edwards, "Duke" Warren, "Irish" Ireland, Harry Furniss and Bob Harmer.

A major announcement of support for the project from the DND Millennium Fund and the Comox Valley Community Foundation was made by the Air Force Museum Chairman, Major Clarkston.

Mr. Richard Graham, representative of the Community Foundation presented the project with a cheque for \$1500 and the DND Millennium Fund grant was announced in the amount of \$250,000. 888 Wing Air Force Association of Canada contributed \$1000.00 previously. The total project cost is estimated to be \$750,000 over five years.

The Y2K Spitfire Restoration Project involves the rebuild of Spitfire TE294 to flying condition. The work is being carried out by volunteer personnel from the Comox Valley and 19 Wing Comox. Work is expected to take 5 years to complete with the immediate goal of rebuilding the fuselage to an airworthy state by 31 December 2000. The project is being administered by the Comox Air Force Museum.



Above: Mr. Mark de Vries, former owner of Spitfire TE 294 and the man who imported it to Canada from South Africa, presents Major Joel Clarkston, Chairman Comox Air Force Museum with the official documentary record of the Spitfire.

Photos
by
Wing Imaging

Left: 386 (Komox) Sqn RCAC Band provided music and support for the event.



Public interest and support is very high, as indicated by the excellent turnout for the official launch of the project and opening of the Heritage Hangar.



Captain Craig Fowler, 19 Wing Commander's EA, sells another Spitfire Supporter bumper sticker. Capt Fowler is a member of the Y2K Spitfire Fund Raising Committee



Mr. Richard Graham, representative for the Comox Valley Community Foundation, presents LCol Grant Smith, Chairman Y2K Fund Raising Committee with a cheque in the amount of \$1,500 to help launch the restoration effort.



FOR SALE

30' x 60' "Cover It" shelter
 -Complete with all hardware necessary for construction
 -Formerly used for restoration of H-21B Piasecki helicopter and now surplus to requirements.

For more information or viewing contact:
 Murray Smith, Chairman
 Heritage Aircraft Restoration Committee
 19 Wing Comox
 (250) 339-5979

All offers via sealed bid to:
 Comox Air Force Museum, P.O. Box 1000 Stn. Forces, Lazo, B.C. V0R 2K0

Submit bids prior to close of business 19 May, 2000.
 Reserve bid in effect.

New Museum Gift Shop Manager

The Comox Air Force Museum welcomes Mrs. Noreen Purdy to the position of Gift Shop Manager. She will be working with the Curator, Bob Richter in the management of gift shop sales and the guidance of the general public visiting the museum. Mrs. Purdy, a resident of Comox, replaces Carol Tombs who retired from the position in March to relocate to Errington and take up new challenges in the distribution of consumer products there.

The museum staff take this opportunity to thank Ms. Tombs for her most excellent work at the museum and wish her well in her new endeavours.