



TOTEM TIMES

19 Wing CFB Comox

THURSDAY 23 MARCH 2000

Comox Valley's Longest Running Newspaper

VOL. 42 NO. 5

Inside this issue:

Lordy,
Lordy,
look who's
40!

How we
looked at the
beginning

Pages 8, 9 & 16

Launch of
Y2K Spitfire
Restoration
Project

Page 16

Want to
complete
Grade 12?

Page 12

Keep your
kids safe
when
travelling
in autos

Page 15

Change of Command



Photos by Wing Imaging

LCol G.P. Walker new Commanding Officer of Wing Logistics Squadron

Col T.F.J. Leversedge handed over command of Wing Logistics Squadron to LCol G.P. Walker at a Change of Command Parade and Ceremony held 16 Mar 00. The Presiding Officer was MGen P.T. Gartenburg, Asst CAS.

LCol Walker was born and educated in Saskatchewan. Upon enrollment in August 1972 he attended Royal Roads Military College and the Royal Military College. Graduating in '76 with a degree in Civil Engineering, he completed his Aerospace Engi-

(Con't on page 5...)

Snowbirds coming soon

The internationally famous 431 "Snowbirds" Air Demonstration Squadron will conduct its annual spring workups from 1-14 April at CFB Comox. Practices over the Strait of Georgia and 19 Wing airfield will be held on weekdays from 8:00 to 8:45 a.m. and 12:30 to 1:15 p.m.

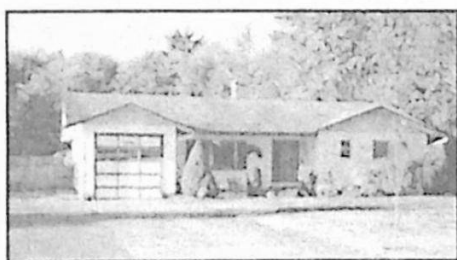
While no public show is scheduled, residents of the Comox Valley can view the aerobatics from numerous vantage points throughout the area.

The team is scheduled to perform in BC at different venues in the interior and Lower Mainland in July and August.

More information on the Snowbirds is available by viewing their site at www.snowbirds.dnd.ca



Lisa McKee
897-4167



RANCHER ON HALF ACRE
This 3-bedroom, 2 bath home is available in desirable Laurel Heights.
Open to offers.

\$129,000



REALTY WORLD™

Coast Country Realty

#121-750 Comox Road, Courtenay, B.C. V9N 3P6

Bus: (250) 334-3124

Fax: (250) 334-1901

www.realtyworldcv.bc.ca

e-mail: coastrw@mars.ark.com



2020 Tull Avenue, Courtenay

This home is just the ticket for the new family starting out. Features 3 bedrooms, big back yard, fireplace, family room, new deck and new roof in 1998. Mountain views are a bonus!

\$118,900

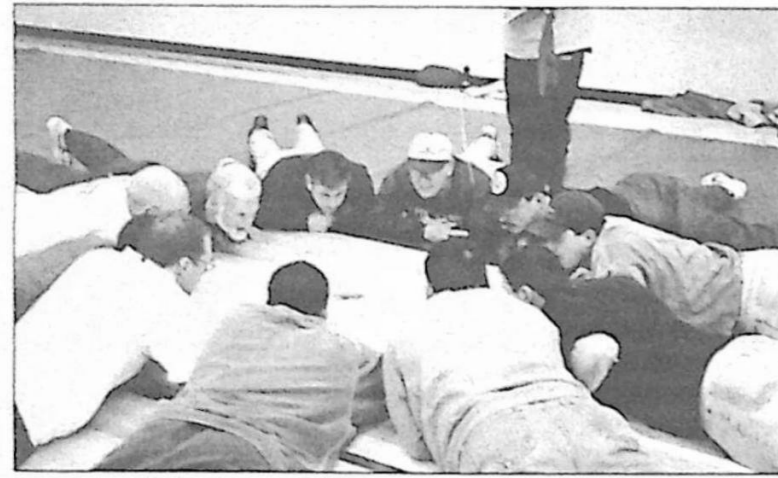


Debbie Lemire
deb@island.net

334-3124

As The Beacon Turns

By Capt Bruce Mornan



OK—the object here is to “stare” the little ball into the hole!

Greetings from the world of 19 Wing ATC! It has been a very busy year for us so far and things are not slowing down. We are now the proud owners of a shiny new Control Tower and are looking forward to moving over there this summer. Many of us have visited the new site to gather an appreciation for the spectacular vantagepoint from which we'll be working... not to mention the view! The golfers in the section will have it even better with a mere five minute walk from work to the first tee for a quick nine holes after a tough day at the office. Paradise on earth?

This year's No Sno Fest was an absolute blast with the ATC section comprising a major portion of the Wing Ops team. We were aptly titled “We Arndt Afraid” and proved it by walking away with first place overall for the day's events. The fest wrapped up in the evening with the trophy presentations and festivities at the Junior Ranks and WOs' and Sgts' Messes. A wonderful time was had by all!

All of us on the team, and certainly the rest of the Wing Ops branch, would like to pass on our sincere thanks and a Bravo Zulu to MCpl John Healey for his outstanding effort and contribution as the team captain. Once again John has proven his abilities as an enthusiastic and motivated team player which was the driving force behind the maximum participation of the branch and the reason for our success. Your efforts are greatly appreciated, John, and we all look forward to defending our title next year.

The time has come once again

to start bidding a fond farewell to those people “departing the fix” this year. Capt Aziz Bhaiwala, although not going far, will be leaving the unit effective 1 April to assume the responsibilities of WComd EA here in Comox. Aziz came to us last summer from Cold Lake and has been working as a Terminal Controller in the IFRCC ever since. Good luck, Aziz, and start working out that spit-polishing arm! Cpl Bob Joudry is also leaving us soon to work at the MCC in Goose Bay. Bob is looking forward to the move, as it will bring him back to his maritime roots. Have fun and stay warm! Also departing this summer are Capt Serge Roy and Mike Hale. Serge leaves us for beautiful Bagotville Quebec after a three-year tour in the unit and a thirteen-year stay in the Comox Valley. Bonne chance and enjoy your posting Serge! Mike once again broadens his horizons with a posting to Elmendorf Alaska for an exciting tour on AWACS. Mike originally came to Comox after conversion training to ATC from AWC in 1996. All the best to you and your family Mike! Lastly, we say goodbye to Capt Kristen Gagnon who is leaving the military at the end of March. Kristen is following in the footsteps of husband Russ who has already left the military to pursue a career in civil aviation in the U.S. Best wishes to both of you for a prosperous life together. You will be missed!

Well, that's it for now. A reminder to all those concerned, the 21st Annual AEC Golf Tournament is fast approaching so get those registration forms in. See you on the links!

MOC 500 SERIES CAREER MANAGER VISIT 26 – 31 MARCH 2000

A Wing briefing will be held for all 500 Series personnel in the Officers Mess, 0830 hrs 27 Mar 00. AERE officers and Squadron COs are encouraged to attend.

Relocating to Cold Lake

www.ccmotab.ca/05/1c/best
(780) 594-4414
24 Hour Fax: (780) 612-6470

NORTHERN LIGHTS REALTY LTD.
4910-50 Avenue, Box 871
Cold Lake, Alberta T9M 1P2
Tel: (780) 594-4414
Fax: (780) 594-4414
Res: (780) 594-4414
Cell: (780) 612-6470
Email: info@ccmotab.ca



Louise Johnson
SALESPERSON



SAR Brown

By Capt Jenn Tyldesley

The aircraft was on a flight from Langley to Chilliwack as indicated by his last transmission to the Langley Control Tower, “GHGB heading for Chilliwack.” Mr. Herbert Brown's last known position was a radar contact on March 2 at 11:03 a.m. approximately five nautical miles west of Langley. Tapes at the Abbotsford Flight Service Station recorded a weak Electronic Locator Transmitter (ELT) transmission at 11:13 a.m. that lasted for 45 seconds to 1 minute and then faded. ELTs are activated by an aircraft crash or can be switched on by the pilot; SAR aircraft are capable of homing in on these signals. It is unknown if this ELT signal was associated with C-GHGB.

Mr. Brown was a 77 year-old man who had a long flying history with over 3000 hours on type. He was an ex-military flying instructor but it is believed that he had no recent IFR (Instrument Flight Rules) experience. Discussions with Mr. Brown's family indicate that he was a very habitual flyer who was extremely familiar with this particular route.

In Langley at the time of his departure, the visibility was three miles in light rain showers and mist with a scattered cloud layer at 800 feet above ground and a broken cloud ceiling at 1100 feet. Condi-

tions in Abbotsford were reported to be only moderately better. A report from a helicopter pilot flying in the area at the time indicates that along Mr. Brown's normal route, the Fraser River, it was raining and foggy with ceilings of 100-200 feet, not appropriate for flying VFR (Visual Flight Rules).

In the late evening of Thursday March 2, RCC (Rescue Coordination Centre) Victoria was notified by the Vancouver Area Control Centre and the Langley RCMP that there was a possible overdue aircraft, call sign GHGB, a Maranda homebuilt. There was no flight plan on file. Rescue 465, a 442 Squadron Buffalo, was tasked at 1:04 a.m. on Friday March 3, to perform a search of Mr. Brown's route of flight. A 442 Sqn Labrador, Rescue 312, was tasked to search the area a few hours later.

The Canadian Coast Guard hovercraft began its search along the Fraser River on Friday morning. CASARA (Civil Aviation Search and Rescue Association) assistance was also requested. Buffalo 452 and Labrador 312 also joined the search.

Capt Eyre, a navigator at 442 Sqn, was appointed Searchmaster and Search Headquarters was established in Comox and assumed control of the major search at 12:45 p.m. The HQ was composed of the Searchmaster, two Assistant Searchmasters, and two assistants. Additionally, the Wing Public Affairs Officer and a Detach-

ment Commander were deployed to Abbotsford.

Throughout the six-day operation, three CC115 Buffalos and one or two CH113 Labradors were used each day in the search for Mr. Brown. The availability of up to four Buffaloes supporting the search allowed rapid and effective coverage of mountainous areas which would not have been possible with a smaller fleet or with less capable aircraft. Four CASARA aircraft were used throughout the search, with one to three aircraft flying each day. Two Coast Guard vessels were used to search the Fraser River.

Ninety-two ‘sighting’ reports were received throughout the course of the search, due mainly to the population and air traffic density of the search area. The fact that a picture of the missing aircraft was released to the public made it impossible to confirm or rule out most of these reports. This problem was compounded by another blue tail-dragger with yellow wingtips, which was subsequently seen by a search crew and may have accounted for many of the sighting reports.

The cause of this accident is unknown since Mr. Brown and his aircraft were not located. After six days of searching, the search was scaled back as the pilot's chances of survival became negligible. However, it appears likely that the marginal-to-below-VFR weather conditions were a factor.

Crew 5 Vikings are flying as well, but the biggest event on their crew concerns a young Capt Travis Wert. He has decided to join the ranks of the married folk and will elope to Australia to wed his lovely bride...GUMBY! I'm sure that Gummy isn't the main reason why Travis is heading down to Adelaide, he has told me that there are lots (Gummy) of other things to do (Gummy) and visit in this (Gummy) former penal colony. He has also told me that there might even be some wine to drink while he's down there, if Gummy happens to have some on hand. Hope you make it back, Travis...

Crew 3 Dawgs will soon be off to San Diego for a Task Group Exercise. They've also been busy elsewhere... Congratulations to Capt Edwards for finishing off his hockey team. Team Edwards will soon hit the ice at an arena near you. I am told, though, that after this latest addition to the team, Coach Edwards will have to pull his goalie from time to time in order to win a few games.

Crew 4 Icemen are busy as well. These unlucky chaps have to catch a few rays in Puerto Rico to show Canada's West Coast support to the annual Unitas exercise. In fact, this was the same crew that just flew the Unitas last year down in Chile. Experience must pay off, or was it the crew's ability to speak Spanish?



Demon Doins

airshow, through, I'm sure the Twombstones will be too tired for any golf.

Crew 6 Sharks have been holding the fort, but they all tell me that they are extremely excited about the upcoming driftnet patrols in Chema. Capt Steve Hurlbut has expressed his interest in being the crypto carrier for all the crews during the deployment. Enjoy, Steve!

And so the sun sets on another article of Demon Doins... Catch us again in a couple of weeks!



TAX BITE TOO BIG? JUST SHOW ME WHERE IT HURTS

Nathalie Corneau
Representative

100 - 2885 Cliffe Avenue
Courtenay, BC V9N 2L8
Telephone: (250) 338-7811
Fax: (250) 338-2113
E-Mail: corne1@investorsgroup.com

► Keep more of what you've already earned. I can help you take advantage of some of the most significant tax-reduction strategies available. Call for our complimentary Special Report “Get the most from your RSP with 3 Smart Tax-Cutting Strategies.”



SOLUTIONS BUILT AROUND YOU™
Investors Group Financial Services Inc.

Air Reserves look to youth as numbers grow

As its numbers swell past 100 reservists for the first time, 19 Air Reserve Flight is increasingly looking to a new generation of recruits to bolster its ranks.

“Our future is in youth,” says 19 ARF Commander Maj Paul Weed. “If the Reserves are going to reach 3,000 at the national level, then we've got to invert the pyramid and get young people in.”

Deployments, leave and simple undermanning in the Regular Force have made Reservists a hot commodity in recent years. Traditional practice in the Reserves has been to recruit largely from those leaving the Regular Force, Weed says. But with more and more people staying until career retirement age, that source is drying up.

“If we continue to maintain high rank positions, they'll sit empty for a long time,” says Weed. “The Master Warrant Officers and Majors just aren't coming over any more.”

Comox had led the way across the country in recruiting new reservists, two-thirds of whom are Master Corporals or below. In fact, 19 ARGF is the only unit whose actual manning level has been allowed to match its establishment level. Generally, due either to budgetary or geographic limitations, the two levels never meet. But Comox has experienced tremendous growth, increasing from 77 Reservists to 101 in the last six months alone. Maj Weed says he hopes to hit 116 in the near future.

“The Comox Valley is ripe to recruit,” he says. “You've got North Island College pumping out drivers, cooks, firefighters and administrative trades to name a few. A part-time job appeals to many of these young people, and they often don't mind being deployed.”

A significant indicator of the trend towards youth is Maj Weed's employment wish list. Out

of 32 requested positions, 28 are earmarked for privates. Right now there's only one private at Comox, and he's a reservist. Pte Ryan Benoit says the Reserves offer an opportunity that can't be matched in the civilian environment.

“I like the flexibility it gives me. You can take time off when you need to, and you can get a real sense of what military life is like. It's a great way to see the Canadian Forces.”

Like many of those before him, Benoit eventually hopes to join the Regular Force. On paper that will mean a loss for the Reserves, but Maj Weed says the attrition of the very recruits he's looking for is hardly a setback.

“You've got to look at it this way – we're not losing a trained person out of the Reserves, we're giving a trained person to the Regular Force. And they need young people just as badly as we do.”

Reservists in profile

414 Squadron icon retires

Maj Don Harrington, described by his colleagues as “the nicest guy you could ever meet,” will retire early next month from the CF Reserves after amassing more than 7,200 flying hours, 4,000 of them in the cockpit of the T-33.

With the fleet still grounded, Maj Harrington has already flown the T-Bird for the last time. But the veteran aviator says he is not disappointed to have missed his chance for a final fly past.

“I guess you've got to hang your spurs up sometime. Not too many guys can say they were still flying at age 55 and a half.”

Maj Harrington began his nearly forty-year career in 1962 as a cadet at Royal Roads Military College. He completed his degree at RMC and graduated in 1966. A year later he was flying as a navigator in Voodoos at 416 Sqn in Chatham, NB, but soon realized his mistake and cross-trained to pilot in 1970. Two years later he found himself thundering over the German countryside in the CF-104 Starfighter. Three years later Maj Harrington was back in Canada,

this time as an instructor in Moose Jaw. His next move was to Comox in 1980, where he served as the Executive Assistant to the Base Commander. After a three year stint as the Base Flight Safety Officer, he returned to Europe in 1986, serving five years with the 4th Allied Tactical Air Force at War HQ



in Heildburg, Germany. In 1991 he began his association with the Black Knights in North Bay, moving to Comox with 414 Squadron a

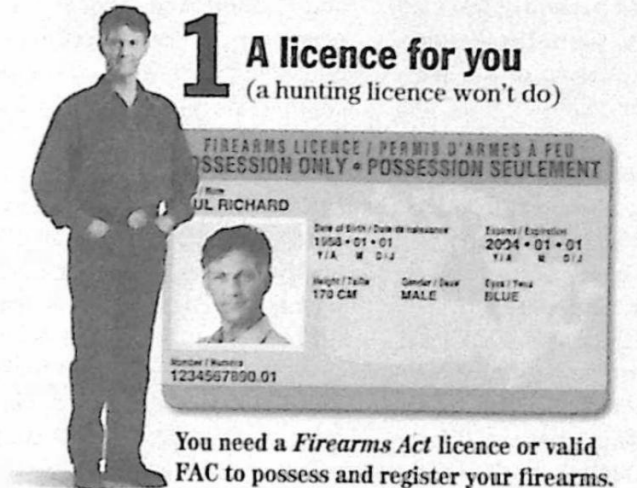
year later. In 1997, after 35 years of service, he left the Regular Force and joined the Air Reserve Flight.

Fellow T-Bird pilot Capt Steve Wormsbecher says 414 Squadron won't just be losing an experienced pilot, it will be losing a good friend. “He's like the Dad around here,” he says. “He's always looking out for us. When we're deployed he always makes sure everyone gets home safely. Here at home, you couldn't ask for a better instructor. We're losing a really valuable person.”

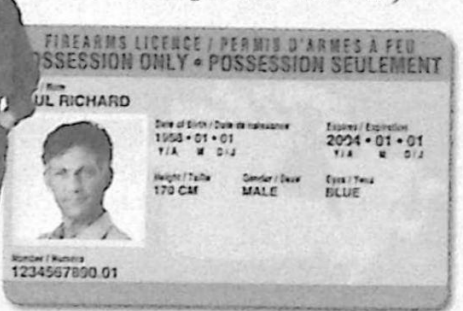
Looking back upon his career, Maj Harrington is hard-pressed to categorize his experiences from best to worst. In his library of memories, all the stories are good ones. “I've enjoyed all my tours,” he says. “I've had good bosses and good squadron-mates. I've been fortunate to always have been associated with operations, but it was working with the people that I'll always remember.”

Maj Harrington will be retiring in the local area with his wife Lynore.

3 Things All Firearm Owners Need to Know about the Firearms Act



1 A licence for you
(a hunting licence won't do)



You need a Firearms Act licence or valid FAC to possess and register your firearms.

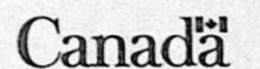
2 A registration certificate for your firearm



3 Remember to safely store your firearm.

For more information, application forms and assistance filling them out, call
1 800 731-4000
or visit our Web site at www.cfc-ccaf.gc.ca

Firearm safety is everyone's concern.



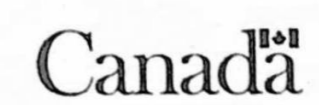
Now is the time to get your licence!

BUDGET 2000 Meeting Your Needs

- More for health, education and children
- Tax cuts
- Continuing to build a more innovative economy

To find out how this budget will benefit you and your family, call
1 800 O-CANADA (1 800 622-6232) TTY: 1 800 465-7735
Monday to Friday 8 a.m. to 10 p.m. EST. Weekends 9 a.m. to 5 p.m. EST.

or visit our Web site at www.fin.gc.ca



The following editorial appeared in the March 31, 1960 (Vol.1 No.2) edition of the Totem Times.

Editorials

CITIZENS ALL

It is of utmost importance in the life of service personnel that care is taken not to submerge the character and initiative of the individual in the anonymity of the service environment. The regimentations and routines of service life, however necessary, should not blind the airman or officer to his opportunities and responsibilities as a citizen.

This is a three-fold field. First, as a citizen of the Air Force community in which he may reside, such as Wallace Gardens, it is the privilege as well as the duty of the serviceman to interest himself in the affairs of the community. In fact, if these areas are to survive and function as anything more than state-operated institutions, a vital and sustained interest in community affairs and organizations must be forthcoming from the residents.

In another field closely allied with the first, it next behooves service personnel to remember that they are also citizens of the larger community in which their station is located, in our case the Comox Valley and its population and shop-

ping centres of Comox, Courtenay and Cumberland. Since this is where we do the greatest part of our shopping, where many of our children attend school and where many of us make our homes, the same opportunities for service in local affairs and organizations are open to Air Force personnel. To neglect this part of our citizenship picture is to cheat ourselves, these districts and the RCAF of the full realization of opportunities for fellowship, rapport and liaison which integrated and directed community efforts can achieve.

Third, as a citizen of Canada, it is the duty of the airman and officer to interest himself in current affairs as they pertain to Canada's status in the world community of nations and in her military and cultural alliances.

By sincere efforts to fulfill all three of these functions as a citizen, service personnel can achieve an inner satisfaction that will be apparent not only to themselves but to the RCAF, their neighbors and our civilian friends of the local area, and will foster a feeling of good citizenship in all concerned.

Grand Opening of new single quarters



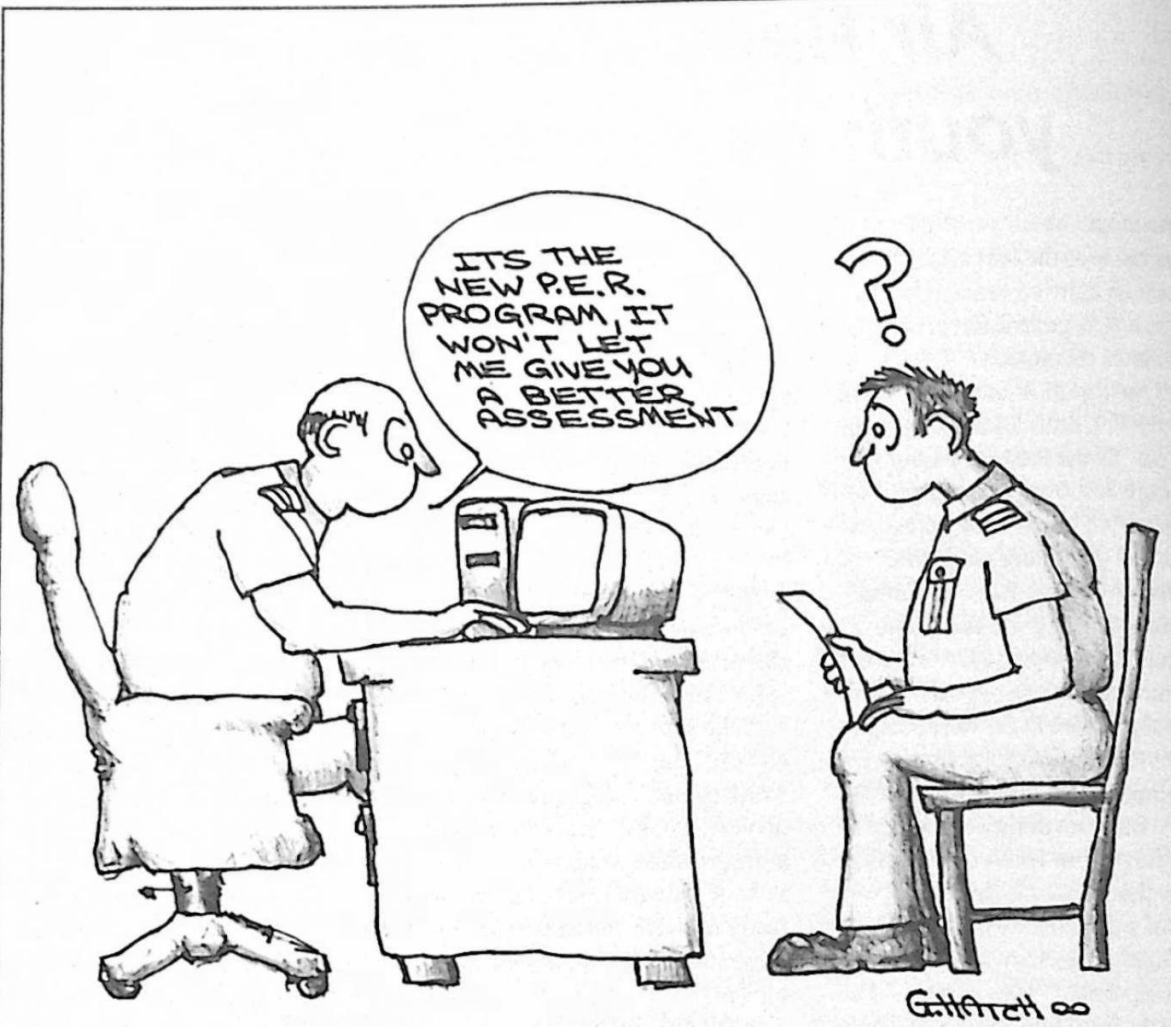
With a slice of the scissors and the flash of the camera, Col Neumann officially opened the new 24-unit single quarters. Already occupied, the new tenants are thrilled with this state-of-the-art facility. Occupancy was based on a lottery system set up for current living-in personnel and seemed to work out wonderfully for those who requested a move to the new quarters. 19 Wing Comox CE Section has set a standard for new single quarters that will be hard to match. Each unit is fully furnished including fridge, stove, microwave, sofa bed, chair, bedroom furniture and individual patios.

Don't forget to enter our photo contest. Category for this contest is scenic landscape. Drop your entry off at Overwaitea photo lab. Deadline is 9:00 p.m. April 6.

Just a reminder!



Winter solitude



P.E.R. DEBRIEFING TIME

Next Deadline
Advertising: 5 April
Articles: 7 April noon



EDITOR IN CHIEF
Major Joel Clarkston

MANAGING EDITOR
Major Beverly Wolf

CARTOONIST
Gord Hatch

TYPESETTER/BOOKKEEPER
Jenny Cooper

PRODUCTION STAFF
MCpl Brenda Trombley
Tina Matchett-Bianco

CIRCULATION
Jenny Cooper

ADVERTISING
(250) 339-2541

Address correspondence to:
The Editor, Totem Times
CFB Comox, P.O. Box 1000 Stn
Main, Lazo, B.C. V0R 2K0

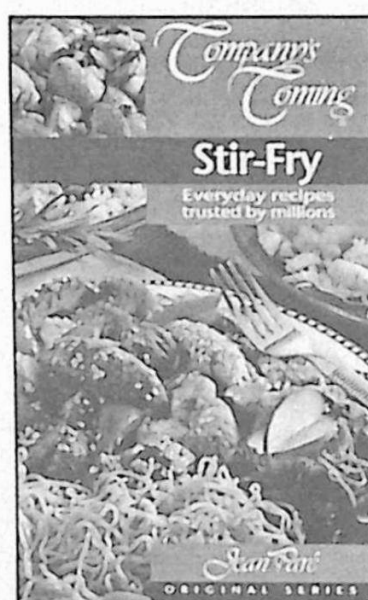
SUBSCRIPTION RATE
\$15.00 per year,
GST included

PHONE: (250) 339-2541
FAX: (250) 339-5209
E-MAIL:
totemtimes@comox.dnd.ca

The Totem Times is an unofficial publication of 19 Wing CFB Comox, B.C. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF, or other agencies. In case of typographical errors, no goods may be sold and difference charged to this paper whose liability is limited to a refund of the space charged for the erroneous item. Material may be reprinted with attribution.

Published 20 times a year with permission of the Wing Commander, 19 Wing CFB Comox, B.C. Publications Mail Registration No. 4098. Printed by Ladysmith Printing, Ladysmith, B.C.

OFFICE HOURS
Open during production period only:
dates are posted on front door and on answering machine.



Congratulations to the following lucky cookbook winners:

- Mike Baye
- Vicky Taylor
- Rob Nicholson
- Stéphany Gray
- Yvette Ally
- Yvonne Melancon
- Pat Belanger
- Vince Hopkins
- Lee Goertzen
- Karrie Phelps

You can pick up your book during our operating hours, posted on the front door of our office which is located at the far end of the Museum Building.

What does your résumé say under "Education?"

By Caroline Cannon, CFCN Co-ordinator

There are lots of philosophies about how to enter your education on your resume. Some say to list everything all the way back to high school. Others say only list the completed diplomas or certificates. Still a third group will say that content is the most important, so sort your education that way. Which is right? Well, in any one case one way might be better than the others might, but in every case the more you have to list the better.

When looking for a job, most people always check the minimum educational requirements to see if they qualify. Unfortunately these days there are usually lots of other people who meet the minimum. What you need is to have more than enough. Even one or two courses completed can set you apart from other candidates for a job.

Obviously taking courses related to the type of work are the most valuable, but any post-secondary courses can be argued as

showing your ability to learn and to keep active mentally. It is surprisingly easy to draw a connection between almost any type of course and almost any type of job. Since most jobs require some training, employers will usually see that it you have been able to succeed at the college level, you are probably going to be able to learn the job requirements quickly if hired.

If your resume is slightly lean under the Education heading, now may be the best time to think about fall courses. Perhaps you should consider taking something this year at college. There are lots of courses offered locally, and for those who cannot attend regularly, there are hundreds of distance education or correspondence courses to choose from.

It is said that in the near future, more than 60% of jobs available will require at least 16 years of schooling. That means you will see more and more entry level positions that will expect that you have completed a college or university

program. But many employers are progressive enough to accept a combination of experience and education as equivalent. This is where have at least some college courses under your belt can be extremely valuable.

The next step is daunting for many, however. Just trying to find the program information can sometimes be a frustrating exercise. Looking through educational calendars can often be confusing. Luckily the CFCN is here to help!

If you would like help figuring out what might make sense for your situation, or to see just what is available out there, give me a call at 339-8211, ext. 8889 and I will make sure you get the fact you need to make a decision. Some find it hard to think about education when spring is around the corner, but planning now can save lots of time in the fall.

Education should always be considered an investment. Start planning today for dividends in your future.

LCol Garry Walker, CD

(Continued from page 1)

neering (AERE) occupation training and was posted to the Base Aircraft Engineering Organisation at Uplands. After two and one-half years as a maintenance officer, he attended Post-Graduate training at the Cranfield Institute of Technology in England. In '81 Capt Walker graduated with a Masters of Science degree in Aerodynamics and was posted to the Aerospace Engineering Test Establishment (tour in Director General AETE) in Cold Lake.

After a tour in Flight Test at AETE, Capt Walker was posted to the CF-18 Project Office where, over five years, he dealt with procurement of CF-18 support items and armament. After a 3-year Aerospace Engineering and Maintenance working AETE update issues and Aviation Life Support Equipment he became the AERE Career Manager for two years.

After his course at Staff College, Maj Walker was posted to the Canadian Search and Rescue Helicopter Project where he held re-

sponsibilities for Integrated Logistics Support and Systems Engineering. Following successful contracting of the Cormorant helicopter he was assigned as the Weapon Systems Manager for the SAR fleets of aircraft.

LCol Walker has spent the previous year as the Change Support Team Leader in DGAEPM, addressing many aspects of support for the Air Force's fleets of aircraft. He now assumes his new position as Wing Logistics Officer, 19 Wing Comox.

East Timor Peacekeepers land in Comox

A military transport aircraft carrying Canadian peacekeepers returning home from duty in East Timor made a refuelling stop in Comox on Sunday, March 19. On board were members of the famed Royal 22e Regiment, the "Van Doos," bound for their base in Valcartier, Quebec. The aircraft remained on the ground for 90 minutes, allowing local media a first chance to interview troops returning to Canadian soil.

The Van Doos comprised the 250-strong light infantry company sent to East Timor as part of Operation Toucan, the Canadian contribution to the International Force in East Timor (INTERFET). INTERFET's task was to secure a stable peace following the withdrawal of the Indonesian military from the disputed region.

The Van Doos first arrived in East Timor on October 29, 1999, where they operated as part of a new Zealand-led infantry battalion. In addition to ground troops, the government of Canada also dispatched two Hercules transport aircraft, the supply ship HMCS *Protecteur* and a Sea King helicopter detachment from 443 Sqn in Esquimalt. In all, approximately 650 Canadian soldiers, sailors and aircrew served in East Timor.

Earlier this year the Minister of National Defence announced the end of Canadian participation in INTERFET. The aircraft and supply ship have since returned home, leaving the infantry company the last Canadian unit to be repatriated.

A second Canadian Forces aircraft, with all remaining troops, will stop in Comox on Sunday, March 26, before it, too, proceeds to Quebec. No peacekeepers from either flight are from CFB Comox.

BUDGET 2000

Répond à vos besoins

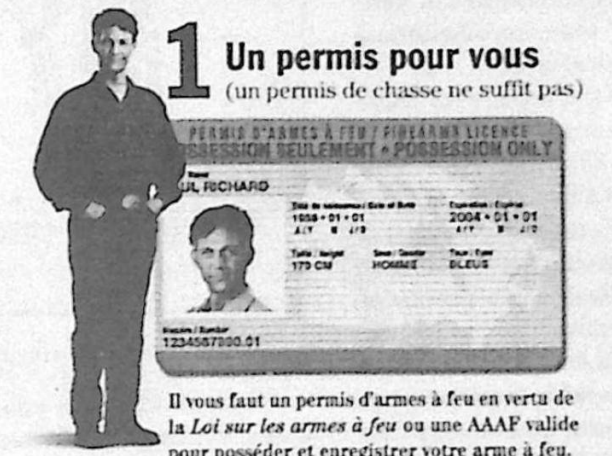
- Plus de ressources pour la santé, l'éducation et les enfants
- Réductions d'impôts
- Investissements accrus pour une économie plus novatrice

Ce budget améliorera votre qualité de vie et celle de votre famille. Pour en savoir plus :

1 800 O-CANADA (1 800 622-6232) TDD : 1 800 465-7735
du lundi au vendredi, de 8 h à 22 h (HNE), la fin de semaine, de 8 h à 17 h (HNF)

ou visitez notre site Web : www.fin.gc.ca

3 choses que tous les propriétaires d'armes à feu doivent connaître concernant la Loi sur les armes à feu



1 Un permis pour vous (un permis de chasse ne suffit pas)



2 Un certificat d'enregistrement pour chacune de vos armes à feu

Pour plus de renseignements, ou pour obtenir des formulaires et de l'aide à les remplir, composez le

1 800 731-4000

ou visitez notre site Web au www.cfc-ccaf.gc.ca

La sécurité des armes à feu, c'est l'affaire de tous.

Il est temps d'obtenir votre permis!

CE unearths Egyptian throne chamber

The discovery of artifacts several thousand years old, found by CCE works crews digging a quiver-proof trench near the area slated to be site for the new floating floatplane hangar, has caused considerable excitement in military as well as anthropological and archaeological circles.

Most of the items were found in a room now identified as an Egyptian *Thutmose Puthole*, a large closet adjoining the *calybus*, or atrium, on the estate of a wealthy landowner originally from Quareh. This particular *calybus* was likely reserved for the household's females. Most males went to the reeds to perform nature's business, whence comes the word *ready* for voices scratchy and a bit hoarse, not all reeds bending with the wind.

"The *Puthole* really is in remarkable good shape considering we have dated it back to 2200 BC, which is about the time horses were introduced into Mesopotamia," exults Robyn Speck, CE's Airfields & Works, whose years with the Hashemite Bedouins became a movie, 'The Sheik and I.' "Just imagine, this facility was used a thousand years before the fall of Troy, a thousand years before Moses and the burning bush! Of course, we had to replace the seat."

In fact, the *Thutmose Puthole* has undergone some modernization in order to remain functional in contemporary times, as may be seen from the accompanying picture. Rolls have replaced papyrus, and a cistern stores flush-water where once the creek ran.

Although it is now known that Vikings settled in Canada around 997 BC, the much earlier settlement by Egyptian explorers has taken the scientific community by surprise. But not everyone.



Detail from wall mural.

"A certain Claudius, who lived during the times of Marius," explains noted Egyptologist Mike Korschak of CE's R&M Team, "does in a treatise make mention of Amonothep who returned from Ultimo Thule - the Farthest North - and reported to the Pharaoh of the day, Villypleth, in the year 2156 BC. He had, he informed his ruler, met 'people of an ell's length, an ell in Egyptian measurements being but three *huspahs* and 1/2 *toinos*. These people we now consider to have been either Eskimos or Latvians. Given the location, probably the former. The Yuquot have a village by Friendly Cove that old."

"I think the rich wall decorations leave no doubt as to the nationality of the occupants," agrees Maj Wayne Gauthier, WCEO. "Probably the climate was milder then. Maybe the Northwest Passage was navigable. Some of the camels roaming the continent today likely are descendants of animals brought by the Egyptian settlers. We may never find out but we are certainly intrigued. He is also said to have referred to Little River as Nile of the North. Personally, as an avid river wader, I'm just happy that what's-his-name - Amonothep? - didn't also bring in crocodiles."

One important this has been learned: Since papyrus was not kept in rolls, no domestic dispute ever arose over how the paper should hang, which side should show out or in.

Norma Hanson, WE Works Control, the author of 'Cairo Practor,' 'Pyramid Schemes' and 'Mummies, Dearest,' works written while slinging ice-colds in Alexandria for Pharaohs under the aegis of E-Gypped Canada, waxes almost ecstatic at the discover. "You sit there, as in the land of Goshen, overwhelmed not by your own delicate business but that digested from the past. The graffiti is pretty much gone but you can still see the advertisement of a wig-maker from beyond the Sinai, obviously a supplier to the court: 'Royal Canaan Hair Base.' It makes me go all giddy! I feel like some Dorothy from Cahn'sass going. *Isis, Osiris, Ra - oh my! Isis, Osiris, Ra - oh my!* I can't wait to get back in chambers."

The diggings will not continue beyond April 1.



Finn Bits

Old gym kept in shape

Though he may appear locked in the stance of an Eskimo hunter ready to hurl his harpoon at an emerging seal, CE electrician Isaac Lucas is merely in the process of straightening out a rod to be used for the reinstallation of wiring in a large room soon to be converted into an office. He is aided by Lance Callarac of Structural Team.

The old gym, or Rec Centre, has already had its pool area converted into a storage area, with an overhead door to facilitate loading and unloading. Soon the holders of 'high' office upstairs, mainly the Relocation staff, will enjoy a lower position at ground level, in new and renovated surroundings.

Plans are for the upstairs area to be closed off.



No Hangars hangers-on

Inside work on the new Cadet Hangar is now in the home stretch, and all members of the CE crew working there are applying themselves with a will. Target date for completion in end of March.

"I'm very happy with progress so far," says CE Ops Planner, MWO Andre Lecavalier. "We are on target thanks not only to the

many movers, but in particular to some key shakers - like Jim Messinger of Design Support, who has been my liaison when it has come to questions from the users on design and drawings. From Plumbing & Heating, Dan Dupuis has taken a leadership role; from Electrical Team, Terry Simpson; and from Structural

Team, Craig Lafountain. Andy Clark from Procurement has throughout been instrumental in obtaining the necessary supplies.

"Everyone has done a good job, not only on the civilian side but from AEF as well. I'm confident the cadets and Cadet Command will be fully satisfied with the finished product."



Some members of the hard-working crew (clockwise): Cpl Michael McLeod, AEF; electricians Dean Cail and Joe Hertz, and (below) Charles Williams and Tom Woodman of Structural; painter Mark Hawkins, carpenter Tom Woodman again, a little closer; carpenter Dave Gallagher; painter Ken MacKenzie; and electrician Tim Mills.

Challenge ignites Town Hall

"Do Town Hall meetings serve any useful purpose? Should we not be exchanging ideas rather than me just holding forth for twenty minutes and then we all go back to work?"

No sooner had WCEO, Maj Wayne Gauthier, flung his CE Town Hall participants that potent challenge before the glove was taken up with a vengeance - in the process amply answering his first question.

MCpl Glenn Mendonca, AEF, queried the current procedure whereby military tradespeople were kept apart from their civilian counterparts. "We used to share the same shops, the same tools, worked alongside the carpenters, electricians and the rest of the tradespeople, and in the process we on the military side became as proficient as our mentors. Now we are separated, and it is first when we are in Kosovo or some such place that we find out how much we don't know. Morale just skydives. Put us on the shop floor half the time, let's report to both the Team Leader and the AEF Commander, and you'll have a much more knowledgeable crew, one fully familiar with updated methods. And we'll still be available for taskings as a unit."

Maj Gauthier pointed out how equally bad it had been before CE Techs were formed into a separate unit with its own identity. "You learned your trade better, but the

downside was a lack of focus. You were often even without the necessary kit, certainly almost completely lacking in leadership. With AEF, not any more. It may very well be that the new challenge is to mesh the two. Then you may enjoy the benefit both of military leadership and civilian tutorship. These things are not always easily accomplished." However, the Major added, MCpl Mendonca's points were well taken.

WCEO also emphasized that whenever possible - no training or taskings intervening - he would let AEF personnel participate in major construction, thus giving them the opportunity to learn broader aspects of their respective trades other than merely maintenance. "But you are 'unreliable' in the sense that a tasking may send you abroad on short notice," he stressed. "That is the function of AEF."

Other questions followed, a major assurance being given by WCEO that any trades' training that could be given at Comox, would. "But if we don't have the tools and the means, you obviously have to go where special training is available."

From the civilian side the overriding concern focused on the continuing threat of ASD - Alternate Service Delivery. Particularly, "...how any contracting out would affect the quality of work and ma-



WCEO Maj Wayne Gauthier.

materials, profit being the main motive of contractors." Both Plumber Russ Burns and Electrician Shayne Thomas felt DND and ASD might buy themselves a heap of trouble without reaping much in the way of benefits. The problem, replied WCEO, was that though that might be the case, proof could be served up only after damage had been done. "But, realistically, most reputable contractors are as interested as you in providing a conscientious effort - it is after all their livelihood," Maj Gauthier suggested.

Joann Landine, CE Design Support, offered an example from Moose Jaw whence she came - annual leave, seniority, pay level were all kept the same after a contractor took over, she said. "But I had to work five hours more a week."

Topics ignited by WCEO's challenge to his team - for contributions, comments, suggestions - ranged from a perceived increasing tendency on the part of team leaders not to listen to team members ("Terms are often afraid they risk their job by voicing dissatisfaction"), to a surfeit of projects and, in most shops, low morale.

"At Town Halls it used to be 3% information and 97% discussion," said Ian Cameron, Electrical Team Leader. "Now it's the other way around."

Norm Rowland, Refrigeration & Mechanical Team, wanted to know why DND employees for purposes of Rec Centre privileges were not considered 'Regular'?

"Don't we all work for the same organization?" he asked. Responding, WCEO said he had that very same day been informed that privileges had indeed been extended to all DND employees (some uncertainty to range remained - all privileges or just some).

Other speakers, rising to the lure of participation, included Electricians Shayne Thomas, Rob Roy and Terry Simpson; MWO Andy Harrington, FA Tm Ldr: Rick Valentine, Central Heating Plant; Cpl Mark Parker, AEF; and Judy Brown Procurement Team.

"Aim at being MEO - Most Efficient Organization. Whatever I can do to achieve that goal, I will! I'll stack you up against a private contractor any time. You have done great work not only on maintenance but on the arena, the new quarter, now on the cadet hangar. But these decisions are made somewhere else. We have to do better estimating costs, but our work is top-notch. Contracting out may not in the end be contemplated on a Base-by-Base basis, but sparked by nationwide interests. So, we may be the best and still lose out. I certainly hope not. The prospect in itself isn't a great morale-builder. But everything is possible, you all know that. We should not fool ourselves.

"We need something tangible against which to gauge our efforts. For that reason we'll begin to keep track of performance measurement come April. We have been researching and discussing this aspect for the past two years, now time has come for implementation. We claim to be good, and we are, but how do we prove it without figures to back us up?"

"Don't forget either, that big projects are just gravy. Our bread and butter remain maintenance. We serve our interests best by remaining cost-effective, competent, customer-oriented, and dedicated to the common task."

"The best advice I can offer you all is this," said Maj Gauthier.

No more borrowers be

So, the Daewoo C20S is neither a long-longed for Cormorant helicopter nor a Herc of the renowned Buffalo replacement contingent. The Daewoo is merely - a forklift. Of Korean design. It can't hover; the hoist capacity of its 4 1/2-ton compact body is a - relatively speaking - meagre 1 1/2 tons. A Herc could probably carry 20 Daewoos and still have room for a dozen Tango contestants to display their skills.

But for CE Procurement the Daewoo is the greatest soon since... well, 2i/c Wally Berger and his Log team won 'B' Div I/S curling trophy last month. And then some!

"Getting our own forklift has taken us three years," says Procurement Team Leader WO Bob Oldroyd. "So this is a big day for the team. Probably took another three months from when the order was placed 'til we received the machine. It'll make life so much easier for everybody."

Though the height of the forklift allows for a mere 1" clearance between its top lights and the roof of Procurement's storage shed, the Team's Andy Clark foresees no problem.

"We have to watch it," he allows, adding, "For years we have had to go hat in hand borrowing fork lifts to move our stuff. No more. Having our own forklift enables us to do loading and unloading as required without wasting time waiting to borrow. I only wish we had had it sooner. But it's here, we're happy, and all's well that ends well."



The brand new forklift being intensely scrutinized.

Judy Brown checks out the inside of the lift cab before taking the wheel.



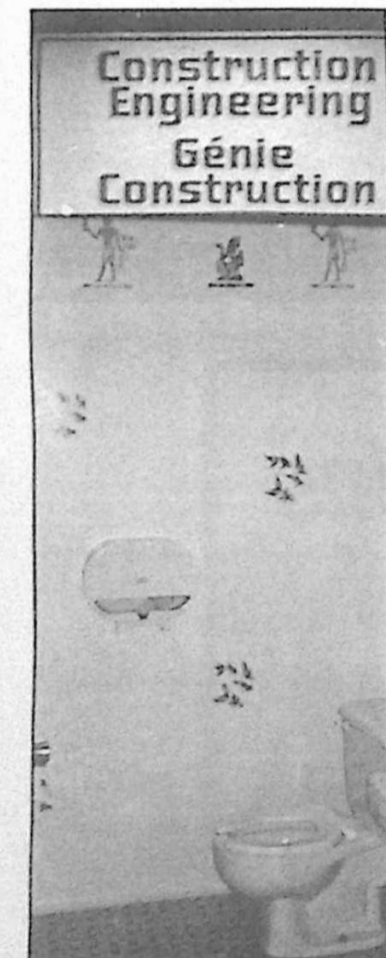
Silt screens clean creek

'Silt' sounds so much like 'silk' when it comes to screens that at first blush - or sound - one starts at hearing such a word in connection with a creek clean-up. Kind of expensive, no?

The silt screens were situated in the creek by a CE Airfield and Works crew after a thorough scrubbing of the storm drains leading from the runway resulted in a large volume of silt. As it washed into the creek, the silt rendered in effect the small waterway uninhabitable by any salmon fry on passage.

The screens were placed as a barrier to the silt, causing it to sink to the bottom and be of no further harm.

So, relax. Silt screens.



The restored Thutmose Puthole with the classic Egyptian wall paintings and hieroglyphics.

Homes from \$125,000 - \$175,000
Are in great demand right now.
So, if you have been thinking about
Selling...give me a call.

Al Jenkins
338-3544

REALTY WORLD Coast Country Realty
121-750 Comox Road,
Courtenay, BC V9N 3P6
(250) 334-3124

L'IMPÔT EST-IL TROP GOURMAND À VOTRE GOÛT?

Nathalie Corneau
Representative

100 - 2885 Cliffe Avenue
Courtenay, BC V9N 2L8
Telephone: (250) 338-7811
Fax: (250) 338-2113
E-Mail: corne.n@investorgroup.com

Je peux vous renseigner sur les stratégies de réduction d'impôt les plus avantageuses. Appelez-moi afin d'obtenir gratuitement notre rapport spécial. Maximisez votre REER grâce à 8 stratégies efficaces pour réduire vos impôts et ainsi connaître les meilleurs moyens de protéger ce que vous avez si durement gagné.

Groupe Investors
DES SOLUTIONS À VOTRE MESURE



BLARNEY REIGNS SUPREME

PROGRAM HAS PUNCH!
A GREAT DAY FOR GREAT THINGS

BY PATRICK
The first issue of the "Totem Times" hit the newsstands on St. Patrick's Day, March 17, 1960, (hence the prominent article "Blarney Reigns Supreme" on the front page). The format has actually changed very little. It has always been produced in the tabloid form you see today and at an interval of approximately twice monthly.

The papers' content essentially remains the same. There have always been articles of interest on station activities, a segment for squadron and section news, a segment on recreation and community news, classifieds and local advertisements.

Now, however, let us take you back to March 1960. The movie RIO BRAVO with John Wayne and Ricky Nelson is playing at the station theatre. You can buy a pound of pork loin chops for 43 cents, four cans of green peas for 59 cents, three dozen oranges for a \$1 and a half gallon carton of ice cream for 79 cents. Nylons (51 Gauge Seamless) are 99 cents a pair, transistor radios with carrying case and ear phone jacks are \$12.95 and men's mess blazers are \$35.

It is the RCAF Station Comox, Totem Times. The resident flying squadrons are 407 Maritime Patrol Squadron flying Neptunes and 409 Squadron flying CF-100's (442 Transport and Rescue Squadron, in its present form, came to Comox in the 1960's and 414 Squadron relocated from North Bay in 1992.) Following are a few articles and excerpts from our first four issues for your enjoyment:

Vol. 1 R.C.A.F. Station, Comox, B.C., Thursday, March 31, 1960 No. 2

407 (MP) SQUADRON HUNTS U. S. SUBS

San Diego Exercise Success in Every Way

In line with the excellent current policy of international liaison and co-operation, 407 Maritime Patrol Squadron recently returned from a combined exercise with the US Navy, based at Naval Air Station, North Island, San Diego, California: Captain W. S. Samson, Commander Fleet Air Wing 14. The host squadron was VP42 Squadron, Commanding Officer Cdr. Lambing, Cdr. Brenden Executive Officer.

The actual exercise was flown from the 14th of March through the 18th, but the advance party, with W.C.J.C. McCarthy in command, arrived at Noris (North Island), March 10th and the rear party did not return until the 21st, although most of the aircrew were home by the 19th.

Hospitality Plus
As usual, the hospitality of our American hosts was overwhelming, and no effort was spared in making the working time profitable, and the spare time enjoyable; from the latter viewpoint, the highlight was the trip to Disneyland, for which two buses were laid on and seventy officers and airmen were given an opportunity which will long be remembered with pleasure. Disneyland tickets were made available at moderate cost and, for the Diego Detachment, Wonderland became reality. This, of course, in the interim before commencement of the exercise. Once flying began little time was left for play, and if the sorties were shorter than our crews are used to, they were plentiful and often.

Working in conjunction with the aircraft carrier USS Hornet, under the command of Admiral Martin, and the submarines USS Spinax and Salmon, considerable experience was gained with hard-to-get live targets, and if a few submariner teeth were jarred loose by close-dropped RCAF Practice Depth Charges, it was all in the interests of international cohesion, and no doubt we're forgiven, if not forgotten.

CO Gets Staff Car
Cdr. "Hap" Hasard, COM-NAVAIRPAC, proved to be of no little assistance, particularly when he came up with a little blue Hillman for use as the Commanding Officer's staff car. The usefulness of a CO's staff car is, of course, manifold and varied, particularly one as obvious as a Hillman; for instance its absence

or presence in front of the hangar predisposes the absence or presence of the CO; two long, black stripes on the apron, ending at the rear wheels give a true picture of the sea state, and of the turbulence likely to be encountered, and any veteran wearer of the Queen's cloth will be guided accordingly.

Anything For RCAF
Perhaps an accurate example of the unasked helpfulness offered by our southern neighbours can be gleaned from the following picture: The writer, resident in LAC's uniform, waiting for the station bus in order to get to Erdmann Beach (the writer is a true son of a beach) whereat lies the Enlisted Men's Club (it isn't the water, it's the Schlitz). A car stopped at the corner, and after replying to a question as to what uniform that was, I was told, "Anything for the Royal Canadian Air Force. Jump in." The car, piloted by Cdr. Bob Franks, USN (Ret), and navigated by Don Fairchild, Public Relations Coordinator for Ryan Aeronautical Co., after a short tour of the base, deposited in front of the Club door one small airman and a large friendly feeling.

A New Excuse
The Officers' Bar is presided over by an extremely large gentleman, of whom it is said, after one order, he can place in front of anyone, for ever after, without any further indication, that which the drinker drinks. In this he is, said to be in-



A Glad, Plaid Clad Dad... MAD!

fallible, and in recognition of his merit, the Squadron presented him with an RCAF plaid jacket, complete with crest and gold buttons. This, of course, became an occasion for toasts and celebrations, ergo, one foresees a sharp rise in the RCAF plaid market, and serried ranks of plaid clad stewards, as the squadron rises heroically to the many occasions which, now that it has been brought to light, may be taken advantage of.

Heads UP!
If there is one thing which can be said of the American enlisted men, it is that no matter what happens we can feel assured that they will never, under any circumstances, lose their heads. No Sir, you can ask any of our airmen who had to and couldn't, the US Navy has the world's most SECURE heads. In all other matters they are most free and generous, almost to a fault, but when it comes to their heads, we feel sure that any Master At Arms worth

Boarding Party
Before leaving North Island, an old acquaintance of the squadron came in. It was the USS Sea Fox, the submarine with which the squadron has spent so many profitable hours in the North Pacific. The Sea Fox invited ten airmen aboard for luncheon. Twelve showed up, but the submariners were undaunted, and in the tiny mess the dozen Canucks were royally treated to all the steaks they could eat (luncheon, yet), cooked just the way they wished. Needless to say, the guests took excellent advantage of the situation, and if a dozen fewer breakfasts and lunches were served at the Snack Bar next day, it only goes to prove the steadfastness of purpose of our doughty twelve.

Hard Work Too!
All was not play, however; many long, hard hours were put in, with the groundcrew working twelve on and twelve off; the aircrew flying as much as possible and a little more. Valuable experience was gained all around, not the least valuable of which was the smooth and harmonious co-operation worked out with a friendly and competent neighbour.



Some of our higher flying aircrew meet Guidus Disney Landes, natural habitat Southern California. Seems to exist solely on a diet of minted silver. Pelt is valuable. No closed season.

Our 40th Anniversary

The first issue of the "Totem Times" hit the newsstands on St. Patrick's Day, March 17, 1960, (hence the prominent article "Blarney Reigns Supreme" on the front page). The format has actually changed very little. It has always been produced in the tabloid form you see today and at an interval of approximately twice monthly.

The papers' content essentially remains the same. There have always been articles of interest on station activities, a segment for squadron and section news, a segment on recreation and community news, classifieds and local advertisements.

Now, however, let us take you back to March 1960. The movie RIO BRAVO with John Wayne and Ricky Nelson is playing at the station theatre. You can buy a pound of pork loin chops for 43 cents, four cans of green peas for 59 cents, three dozen oranges for a \$1 and a half gallon carton of ice cream for 79 cents. Nylons (51 Gauge Seamless) are 99 cents a pair, transistor radios with carrying case and ear phone jacks are \$12.95 and men's mess blazers are \$35.

It is the RCAF Station Comox, Totem Times. The resident flying squadrons are 407 Maritime Patrol Squadron flying Neptunes and 409 Squadron flying CF-100's (442 Transport and Rescue Squadron, in its present form, came to Comox in the 1960's and 414 Squadron relocated from North Bay in 1992.) Following are a few articles and excerpts from our first four issues for your enjoyment:

Vol. 1 R.C.A.F. Station, Comox, B.C., Thursday, March 31, 1960 No. 2

Little People Make Lively Guests

Air Cadets Visit Station; Gen Queries Stump Escorts

Wednesday, April 20, was a big day in the lives of some 300 Air Cadets and their officers and civilian instructors as they visited RCAF Station Comox. The visitors, representing all Vancouver Island squadrons, were first taken to their respective messes where they enjoyed a hearty meal prior to any of the other activities planned for the day.

Following lunch, the Cadets were formally welcomed to the Station by the Commanding Officer. An inspection followed and when the parade was dismissed, the boys and their leaders were formed into small groups, together with RCAF Escort Officers, for a tour of the station.

The tour, of great interest to some of the lads who were visiting an Air Force Station for the first time, was no less exciting for other more senior members of the Air Cadets. In addition to visits to various operational and technical sections they were also entertained by a flying model aircraft display.

Undisputed highlight of the visit was the opportunity af-



The Commanding Officer of RCAF Station Comox inspects cadets of 386 Air Cadet Squadron, Courtenay. Flight Commander is F/O Don Good, formerly of 409 (AW) Squadron and now an Air Cadet Officer with the local group. Photo by Nitschky

R.C.A.F. STATION, COMOX, TOTEM TIMES

SQUADRON AND SECTION NEWS



DEMON DOIN'S

By GOSH
We notice our Flying Adj. F/O Hugh Standing didn't quite make it back to the office after the Diego deal. Couldn't possibly be hung over this long... LAC Rosie Rosadiuk getting prepared for the big jump, maritally speaking (to those who have jumped it's spelled "maritally"), in the same breath with this information his section mentions the Comox wharf incident, while we're not quite sure of the connection we're sure it's embarrassing... A real "Togetherness" is achieved by our I&E section having moved into the same quarters, now everyone has trouble finding a place to sit. Oh well, fellows, half a loaf is better than none... Having had the doubtful pleasure of flying down to San Diego with F/L Marty Plumstead, yours truly now knows why Marty doesn't smoke: he never gets his oxygen mask off long enough to form the habit... Sgt. Bernie Jackson back from SSTS at Borden claims he's got everything organized now, and all previously existent Org Charts are now obsolete... F/O Eric Radcliffe getting twitchier by the minute while awaiting his big day on the ninth. Now there's a man with a lot of nerve. Just getting married is bad enough in itself, but when a man picks a mate with the knowledge of all the subtle nuances of human suffering that is acquired by a Dental Assistant... Brother!!... Somebody should supply Cpl. Ernie Lewis with a map of the town of Comox, and the information that the establish-

ment directly across the street from the Waikiki is NOT a barber shop... FOR RENT: Two igloos, newly built at Resolute Bay. Central heating, built-in plumbing, northern exposure. Arrangements may be made by contacting F/L McPherson and F/O Levia... And off sampling the pleasures of life in the Arctic, four of our Demons: F/L Ken Petch and F/O Joe Viner, in one team and F/L Ross Taylor and F/O John Alexander in another, are learning the uses of the igloo, the kookik, and a wife at home. And so, until next edition we'll say, "Aurora Borealis."

HEADQUARTERS HAPPENINGS

By "PAT"
As in every other building on the station, the faces that float past the door all bear the glazed look that denotes the capital "H" style Hope which can only mean that the First of April can't be far away. This correspondent has already established liaison with the staff of Barrack Stores to ensure a good stock of clean (and VERY absorbent) towels will be on hand on the morning of the second. Come to think of it, perhaps a stock of aspirins might also be a big help for those who won't be able to undertake the long and arduous trip to the Station Hospital.

It would appear that the Sunny South appeals not only to our sub-chasing friends across the way, since F/L Robinson, the PAdO, took an oh-so-quick trip in that direction last week. W/O Yaeger, cleaning up the leave period, settled for Vancouver. We can expect to see LAW Mary Duke's smiling face back soon, after an extended trip to the frozen wastes of Cold Lake to renew old acquaintances. So back to work again for another two weeks. Don't forget the towels, fellas! See you at the weeping hour.



Nighthawk News

By "ANDY"
F/L W. C. "Bill" Short and F/O V. D. "Val" Cretney have left the squadron to take up duties as the Maintenance Test Crew. Bill joined the squadron in June of '57, coming to us from the OTU where he had been an instructor on CF-100's. He is one of the more experienced pilots on this aircraft, having had about seven years on type and now will be continuing to fly "Canada's finest aircraft" with Test Flight. Val is one of the oldest members of the squadron having been with us since February, '57. For a while he had a small tour of administration while on squadron in the capacity of adjutant. Good luck to both of them, and I think we can rest assured that when an aircraft comes out of Repair and has been test flown and checked by this crew, it is completely fit to fly.

Another member of the squadron who left recently to take up a job on another part of the station is F/O S. R. "Bob" Sherratt. Bob went through the OTU when it was at North Bay, and then joined 423 Squadron at St. Hubert back in the days of the Mark III. He went with the squadron to Europe, but due to an unfortunate accident in which he was critically injured, he was returned to Canada. After making a miraculous recovery he served for a while as the adjutant at Sea Island. Later he went to Cold Lake for a refresher course and returned to CF-100's with 409 Squadron. Bob has over 1,000 hours on this aircraft, and is now in a position to impart his knowledge and experience of Air Interception to the neo-

phytes who pass through the doors of the Flight Simulator. Listen closely junior navigators, for Bob knows from whence he speaks about his trade.
A pleasant good day to all and especially to all sea captains eligible for the old age pension.

FLYCON FLASHES

By "BARNEY"
With the last issue of Totem Times the word of the day was "WHY?" For this issue the words "OR ELSE" were used; all because the boss noted that "FLYCON FLASHES" were missing. SO... to keep my insurance agent from worrying I'll do my best.

For all the personnel in this, our little kingdom by the sea nothing ever happens... or at least this reporter (?) never hears about it until months later.
Cpl. Joe Dobko has received word that his overseas station will be Gros Tenguin, France, while FS Joe Stark is making preparations for his move to Goose Bay. Oh! the joys of being promoted and of being named Joe!
Congratulations to those on the promotion list and to those who were not... we'll be pulling for you next time.

PILLS and CHILLS

By TOM
Ah choo! There I go, what a way to start the hospital column—with a cold. Get out the APC's (if anyone wonders what APC means its all purpose capsules).
This month our Orderly Room will miss the smiling face of Cpl. Folkard. Good luck Marlene, although we will miss you, your future looks bright.
Sister Babin is away to Naden for a couple of weeks—chin up, sister.
Dr. Adams has been around to visit us this week. He tells us he is feeling better and will be back for duty April 10. Welcome back.

Well, that's about all for now folks. By the way, is everyone reading DRO's lately? You might be listed for a "nee-dee."

Flight Simulator

This being our first showing in the station paper this writer felt that a run-down on the Flight Simulator would be in order. The CF-100 Operational Flight and Tactics trainer at Comox has been in operation under the guiding hand of F/L W. J. H. Smith for almost two years.
The CF-100 OFTT was designed and built by the Canadian Aviation Electronics Ltd. of Montreal. The combining of airborne radar and flight simulation into a single simulator had never been attempted. The success of this accomplishment by a Canadian company is worthy of high praise.

The OFTT in combining all aspects of AW operational work, has incorporated into its function flight and emergency procedures which enable the crew to encounter and correct any situation which could arise during an actual flight.
On arrival from OTU, a new squadron crew will normally spend 10 hours at the OFTT where squadron procedures, local airdrome rules, and instrument approach procedures are shown and practiced prior to becoming a fully-trained all-weather fighter crew. Normally, crews will receive three hours per month in the simulator as part of their never ending training program which is designed to produce the finest AW crews in NORAD.
Two months ago the general purpose trainer arrived at Comox. This trainer, manufactured by CAEL of Montreal, is basically a pilot trainer for instrument work and emergency training. At this time this new simulator is not in operation but shall be in the near future; therefore we shall wait another issue before going into more detail. It should, however, be noted that this general purpose trainer will be used primarily by 407 Maritime Sqn.

RAS Team lends a hand at Tee Pee Park

By Capt Saint Jacques

On 29 February the 19 Wing Recovery and Salvage (RAS) Team held a short training exercise at Tee Pee Park. The RAS Team is comprised primarily of 500 Series technicians as well as some ATIS personnel, and is responsible for the recovery and salvage of any crashed 19 Wing aircraft off the confines of the Base. The arrival of new team members, and the acquisition of new equipment led to the need for familiarization training on the safe use of chain saws and winches and portable Global Positioning System (GPS).

Coincidentally, during this period, the Tee Pee Park committee was in the process of removing fallen trees and clearing areas for new camp sites, so the RAS Team volunteered to assist in this worthwhile project, benefitting from some excellent hands-on training in the process.

Over the two-day period, the team managed to remove a good number of leaning trees which were a hazard to campers and clear some areas for a road and future camp sites. Although this type of work may not appear to have much to do with the recovery of a crashed aircraft, it is an essential



Cpl Phil Ivany uses a pike to roll a freshly cut log.

part of the preparation process which would lead to a successful recovery operation. Team members all had the opportunity to wield the chainsaws and use our motorized winch, as well as find their way through the woods using a hand-held GPS.

Overall, the exercise was highly successful, and the team returned to Base with only one damaged chain saw but managed to maintain an even limb count.



19 Wing RAS Team posing after falling a tree at Tee Pee Park.



Cpl Louis Laliberté handles the throttle while MCpl Mike Quinn feeds the winch line.

CANEX News

BRAND NAMES FOR LESS!

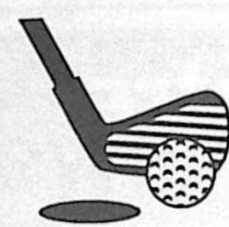
You still have a few days left to check out our MARCH SPECIAL DEALS Sale. Sale prices are in effect until Sunday 26 March. Don't forget to take advantage of our interest free Credit Plan.

Beautiful spring flowers are coming up everywhere, what a welcome sight. The children are enjoying what's left of the March Break. Moms and Dads everywhere will be breathing a sigh of relief when the kids head back to school. We will all have had a good refresher of things to come when school's out for the summer.

Manon P is eagerly training to take over the warehouse duties for a while. Scott has decided to move on after being with us for four years. Good luck to you Scott in all your future endeavours. You certainly will be missed.

Terry continues to do well. The whip is cracking harder and harder every day which can only mean that he's getting stronger with each new day.

We're having fun celebrating birthdays this month. The baby of our staff, Manon G had one on 15 March. Next comes Carol on the 21st and last, but certainly not least, is Sheila on the 27th. Like fine wine, these ladies are only getting better with age.



Glacier Greens Golf Shots

Winter Golf

By Barb Carter

March 12 and the final Sunday of Winter Golf. Twenty-three dedicated souls turned out to play on a wet and rainy day.

1st Low Gross went to the team of Rick Forster, Dave Kelly, Ralph Glass and Joyce Merrill. They had a plus 12 and were presented with the Scott Fraser Trophy.

1st Low Net went to the team of Glen Meeres, Jim Trask, Glen Caslake and Gussy Prichard. They had a minus 9 and were presented with the Steve Dodd Trophy.

2nd Low Net went to the team of Dick Nex, Vic Crisp, Ken Doll and Bob Lamb. They came in with a minus 6.

KP on #12 went to Greg Young's team with Norm Fellbaum, Carmel Horochuk and Jim Hume - Norm did the honours. On #15 it was Rick Forster's team and Ra, ph Glass put it close for them. On #17 it was Ken Doll making the shot for his team.

A lot of people collected loot on this last Sunday. There were originally 21 Sundays scheduled and we managed to get in 13 of them, so not too bad.

The patio project is booming along. Our labour leader, Larry Lott, and many others put in hours and hours of time on this and other stuff on the course. Nice to see the members put down their sticks for a while to help with the tiles. The Ladies Club will get their crack (oops, I hope not too many) at it

on Tuesday. Well, Lennie, it will be at least six months that I won't be hassling you, so have a good summer and great golfing to everyone.

Ladies Club

By Joyce Merrill

Time to clean the golf clubs and shine up the shoes as another season of golf gets under way at Glacier Greens. Ladies Opening Day will be on Tuesday, March 28. We will be playing 18 holes. Sign-up time is 8:30 for 9:00 a.m. Tee off will remain the same until the end of April. Lunch to follow. Menu: your choice of beef or seafood vol-auvents, salad, dessert and beverage. Cost is \$10, payable at the Pro Shop by March 25. Please state your choice of meal on the envelope.

Ladies Spring Meeting will follow at approximately 2:00 p.m. Cost of joining the Tuesday Ladies Club is \$20 for the year.

Note: Our 4th Annual Garage Sale will be held on Saturday, April 25. A good chance to get rid of some of those items lying around the house that aren't used any more. Place items in Locker #114 (older building) or just give them to one of the lady members. More on this later.

A special thank you to Barb Carter for doing a great job of the Winter Golf write-ups.

May this be the year you get that elusive hole-in-one! See you on the 28th.

Jake's Trivia Corner

- Who has the most consecutive games hitting a home run?
- Which team hit the most home runs in a single game?
- Who hit the most home runs with bases loaded?

(Answers on page 14.)

Glacier Gardens Arena

Last weekend of casual skating Sat & Sun 1 & 2 April 1200-1330 hrs.

CMFRC expands services

A brand-new facility and a surge of interest in its services has propelled the Comox Military Family Resource Centre into a rapid expansion. Since its move into the new Fitness and Community Centre just two months ago, the MFRC has seen a 50 per cent increase in volunteers and has doubled the size of its Board of Directors.

"Things are really hopping," says Acting Executive Director Terry Burt. "The limited space in our previous location meant limited programs. Now that we're here, we're able to truly meet the needs of the military community."

The MFRC serves military members, their families and military retirees in the local area. It offers programs such as spousal support, English and French language

training, computer training, employment counselling and even has a registered social worker available. The centre also hosts a variety of workshops, in both official languages, that range from anger management to children's parties. Burt says increased enrolment in computer courses is just one example of the new demands placed on the centre.

"We used to put 40 people through each quarter," he says. "Now we're teaching 100 each month."

Although some of its staff is paid, the centre depends heavily upon volunteers. In the last six weeks alone, it has recruited 25 new volunteers. The centre hopes to grow from its current number of 80 to 120 active volunteers within

the year. Perhaps the most telling sign that the centre's fortunes are on the rise was the turnout for last week's fifth annual general meeting. The meeting, which in previous years has had its attendance measured in single digits, drew more than 50 people. Tina Matchett-Bianco, a CMFRC Coordinator, says the centre's increased visibility is attracting representation from across the family spectrum.

"We're seeing interest from children, teens, spouses and retirees who are hoping to give something back," she says. "Now that we're getting the whole family, it's starting to look and feel like a real community centre."

No Sno Fest winners

Overall Tabloid Winners - Wops Spirit Award - WAdm "Damnations" Sandcastle - WTIS Abominable Team Award (you know what it's for) - WAdm "Damnations"

GIVE SOMEONE A SECOND CHANCE. Discuss organ donation with your family and sign a donor card today. THE KIDNEY FOUNDATION OF CANADA

Fire Hall

If a fire were to start in your kitchen, would you know what to do? Listed below are a few precautions to prevent or extinguish the fire. Always remember that if you have a fire in your home and you extinguish it, it is recommended that you contact your local fire department and have them come and ensure that it is safe.

Kitchen Fires

More fires begin in the kitchen than any other room in the home. In fact, residential cooking is one of the leading causes of fire-related deaths. The majority of kitchen fires begin with cooking equipment. Number one on the list of fire sources are stoves, including microwave ovens.

*Keep pot handles turned toward the back of the stove: a small child could pull on a handle extending out at the front of a stove and be burned or scalded by the pot's contents.

*If cooking oil catches fire, slide a close-fitting lid or larger pan over the pan to smother the flames, then turn the burner off.

*Avoid loose clothing while cooking: it can brush heating elements and easily catch fire.

*Keep stove and oven clean - built-up grease and food particles are easily ignited.

*Unplug kettles, frying pans, coffee makers, toasters, irons, hair dryers and other appliances when not in use.



Grease or Pan Fires

*Protect your hand and arm, turn off stove or other source of cooking heat and smother flames with a close-fitting pot lid or larger pan, if possible.

*Do not throw flour on a grease fire. Flour may explode.

*Never throw water on a grease fire.

*Use an approved portable fire extinguisher to douse the fire.

*In case of an oven fire, close the oven door and turn off the oven.

*Never touch or attempt to carry a flaming pot. The contents may spill, burn you and spread the fire.

Microwave Ovens

These are safe appliances but if you accidentally place a twist tie or other piece of metal inside the oven, "arcing" may occur. In case of fire, unplug the appliance and do not open the microwave door until the flames are out. Call the fire department.

When purchasing electrical appliances and fixtures, look for the Canadian Standards Association (CSA) seal of approval. This is your assurance that the CSA has tested the products for shock and fire hazards.

Century 21 TOWN & COUNTRY REALTY INC.

Posted to Kingston in 2000?

Don Wyld, CD1
Military Authorized Realtor

If a posting to our beautiful "Limestone City" of Kingston is where you are headed, please give me a call at the "TOLL FREE" number below and I will send you a "Worry-Enders Kit of Kingston" (with video) containing maps, home prices, school information, shopping facilities, transportation and more.

Please call or write:
Don Wyld, CD1, Sales Rep.
#1 Barrfield Centre, Kingston, Ontario, Canada K7L 5H6
Fax 1-613-545-1101 or
Toll Free 1-800-438-9953
Visit the Canadian Military Relocation Network Website at www.cmre.com
Email: dontwyld@limestone.kesone.com

New Homes by "Caraco"

For a complete information package of new homes being built in Greenwood Park, minutes from CFB Kingston and RMC, see the whole package at www.c21wyld.com

Rec Centre News

Badminton Tournament 24-26 March

in the Fitness & Community Centre
Please note: The Gym Floor will be CLOSED during the following times:
24 Mar 1800 - 2200
25 Mar 0900 - 1900
26 Mar 0900 - 1400

March Break Open Swim times
1300-1500 hours
Open to all authorized members and registered Rec Pass holders.

Fitness Centre Casual Use Hours

Effective 3 April

Monday: 1630 - 2100 hrs
Tuesday: 1630 - 2100 hrs
Wednesday: 1630 - 2100 hrs
Thursday: 1630 - 2100 hrs
Friday: 1630 - 2100 hrs
Saturday: 0830 - 1900 hrs
Sunday: 0900 - 2100 hrs
Holidays: 1300 - 1700 hrs

The following are the new revised hours for use by Military & Full Time DND Employees ONLY:

Mon-Fri: 0700 - 0830 hrs
1130 - 1300 hrs
1500 - 1630 hrs (NOTE: this is the only change from the previously posted hours.)

Swimming Pool Schedule

TIME	MON	TUE	WED	THU	FRI	SAT	SUN	TIME	
0600								0600	
0630	Pool Maint.		Pool Maint.		Pool Maint.			0630	
0700								0700	
0730	CFSSAR or FS&R Classes (0730-0830)								0730
0800								0800	
0830								0830	
0900								0900	
0930								0930	
1000		CMFRC Swm (0930-1030)						1000	
1030		Aqua Fit as of 28 Mar 00		Aqua Fit as of 30 Mar 00				1030	
1100						Swim Lessons (0830-1300)		1100	
1130								1130	
1200								1200	
1230								1230	
1300								1300	
1330								1330	
1400								1400	
1430	CV Nursing (1400-1500)		CV Nursing (1400-1500)				Open Swim (1300-1500)	1430	
1500	Military Lane Swimming as of 13 Mar 00	CMFRC Swm (1500-1600)	Military Lane Swimming as of 15 Mar		CMFRC Swm (1500-1600)		Lane Swimming (1500-1600)	1500	
1530								1530	
1600	Aqua-Fit as of 27 Mar 00		Aqua-Fit as of 29 Mar 00		Aqua-Fit as of 31 Mar 00			1600	
1630		C.V. Aquatic Club (1600-1800)		C.V. Aquatic Club (1600-1800)			Kayak Club 1600-1800	1630	
1700								1700	
1730		Lane Swimming as of 13 Mar 00		Lane Swimming as of 15 Mar		Lane Swimming as of 17 Mar 00		1730	
1800								1800	
1830								1830	
1900								1900	
1930								1930	
2000	Scuba Club (2000-2100)			Scuba Club (2000-2100)		Kayak Club (2000-2200)		2000	
2030		Air Cadets (2000-2100) every 3rd Tue						2030	
2100								2100	

AQUAFIT

Who: Military, DND, Rec Pass holders
When: 27 March - 21 April
Mon, Wed, Fri: 1600-1645 hours
Tues & Thurs: 1030-1115 hours
Cost: \$28.00 for the full session (20 classes)
Or: \$3.00 drop-in fee
To purchase a Rec Pass, see the Fitness Department.
For further info: Andy Moorhead local 8946.

Commander's Cup Schedule 2000

Hockey 2-7 April
Volleyball 3-5 May
Softball 19-23 June
Basketball 23-25 Aug
Floor Hockey 13-15 Sept
Golf 2 May, 6 & 27 June, 8 Aug

Comox Military Family Resource Centre

Centre de Ressources pour Les Familles Militaires de Comox

Phone: 339-8290

Education that comes to you!

Complete your grade 12... for free... at your own pace... at the CMFRC



Dave White, principal of North Island Distant Education Program, talking to Alex Greenwood about the new educational services available at the CMFRC.



Alex Greenwood researching the exciting world of education at the CMFRC.

Distance Education, does the name sound familiar? You may be more familiar with the name "Correspondence School." New name or old, there has been a lot of interest recently in this unique educational program. Distance Education in British Columbia is not new, but what is new is the partnership between North Island Distance Education School (NIDES) and the Family Resource Centre. Distance Education has literally come to your Family Resource Centre! The 19 Wing Fitness and Community centre now offers you the convenience of dropping into a fitness program, accessing quality childcare on the premises, taking part in exciting workshops, volunteering for your community, and the opportunity of continuing your education, all under one roof!

With two new brand new computers designated for educational upgrading the CMFRC is ready for business. Military members and their families can now complete their grade 12 at no cost, in a self-paced, flexible and hassle-free way at the CMFRC. The program also offers military members and their families opportunities to upgrade skills in Math, English, Science, French, Spanish and German, as well as many other subjects. Not only is this program ideal for those people wishing to complete their high school education, it is also a great way to obtain prerequisites for entry to post secondary training programs, colleges,

apprenticeships, and technical institutes. The Distance Education program has no age limit, learners from five to 105 are welcome to enroll, but it is not surprising that the majority of students taking courses at the graduation level (Grades 11 and 12) are adults, 19 years and over.

"With well over 25,000 students, in the province of British Columbia, and world-wide taking Distance Education courses, there are probably as many reasons as there are students for enrolling in Distance Education," says North Island Distant Education Principal Dave White. "For example, there is the military member who is often away on TD or deployment and needs an educational program to accommodate his/her busy lifestyle. This person needs the freedom and flexibility offered by the Distance Education program. Then there is the stay at home mom who cannot attend scheduled classes because of childcare problems. Now she can drop into the CMFRC to work on her course and have access to quality childcare at Creative Kids Drop-In program. And what about the military member who is at the end of his/her military career and is looking at returning to school or pursuing a new career, these people need access to a self-paced study program that can help them achieve their goals." White adds that "Students really like and value the portability, flex-

ibility and self-paced nature of the program. Students work through the courses at their own pace, with up to two years to complete each course. And as Distance Education schools are open 12 months of the year students may work continuously through their courses or take a break at some time other than summer."

The application process is very student friendly, with the potential student contacting their local Distance Education Adult Advisor, Ken Melnyk at 339-6110 or the CMFRC Employment Assistance Coordinator, Michelle O'Neill at 339-8211 local 7004. Adults who have been out of the school system for some years, will be relieved to learn that they only have to complete five courses at the grade 11 and 12 year level in order to graduate. Other training and courses taken over the years will be evaluated and taken into account so that no one need take courses that are not essential to their graduation. This process helps get students over the first hurdle of returning to school, and makes the whole process much more attainable, and realistic in today's world. The program has been designed with all aspects of the adult learner in mind and has been as streamlined as much as possible. "We are committed to helping people with their educational and career goals, and will do anything we can to see that this becomes a reality for our students" says White. "The whole process from application,

to writing exams, to getting tutorial support, to submitting projects for marking has all been streamlined to help the student focus on what is important... succeeding at his or her educational goals."

White is really excited about the new partnership with the CMFRC and commented "We felt that there would be a desire by military personnel and families to take advantage of this great educational service, especially as their transient lifestyle makes them ideally suited to Distance Education. All the NIDES staff is very excited about our partnership with the CMFRC and look forward to serving the families of 19 Wing Comox. We are very impressed by the enthusiastic welcome we have received from the CMFRC staff, and feel extremely lucky to be partnered with a professional organization that is committed to excellence and learning."

If you are interested in finding out more about Distance Education Programs at the CMFRC call Michelle O'Neill at 339-8211 local 7004, or drop by the CMFRC in the New 19 Wing Fitness and Community Centre. North Island Distance Education School is located at 2080 Wallace Avenue in Comox and their web address is <http://www.nides.bc.ca>.

Programme en Français

Pour tous renseignements et inscriptions, veuillez contacter Danielle au 339-8211 poste 8656 ou le 339-8290

Cuisine Végétarienne

Après le succès du dernier atelier, Cécile nous revient encore cet hiver avec des nouvelles recettes faciles et rapides à faire avec du tofu, des grains de toutes sortes, des noix etc... Elle nous donnera les valeurs nutritives de chaque plat qu'elle préparera d'avance. Venez vous régaler de plats nourrissants et santé et faire une bonne jasette entre amis(es).
Animatrice: Cécile Charbonneau
Date: jeudi le 30 mars
Coût: \$7.00 (bouffe incluse)
Heure: 18:30 à 20:30hrs
Endroit: Salle de cours #2

Techniques de massage de relaxation pour COUPLE

Apprenez des techniques de massage douces de relaxations que vous pourrez partager avec la personne qui vous est chère dans une atmosphère détendue.
Animatrices: Janet Butler
Date: jeudi 6 avril
Heure: 19 à 21hrs
Coût: \$10.00 par couple (membre militaire) 15.00(non-membre)

Club de marche

Dates: Tous les mercredis
Rencontre au CCCP
Heure: 12:30 à 14:00 hrs

Club de dictée

Animatrice: Françoise Casset
Date: les jeudis, 6 et 20 avril, 4 et 18 mai.
Heure: 19 à 20:30hrs
Coût: Gratuit
Endroit: Salle de cours #2 au CCCP

Wallace Gardens Community Association News

CANADA DAY

2000 celebrations

The first Canada Day organizers meeting for 19 Wing Comox festivities will be held 6:30 p.m. Wednesday, 29 March at the Griffin Pub. Anyone interested please drop by or call Jane @ 339-8211 (8571).

Teen Video

Where Teen Centre

When: Sat, April 1

Time: 7:00-11:00 p.m.

For more info call Mona @ 339-4627.

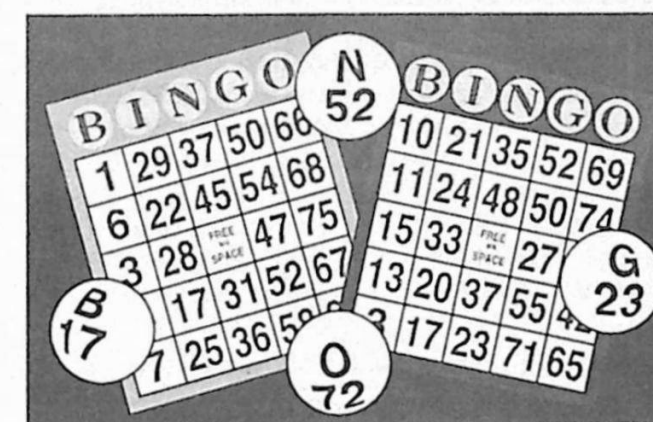
Community Council Meeting

Where: Conference Room, Community Centre
When: Wednesday, 12 April
Time: 6:30 pm

Everyone is welcome to attend!

Community Yard Sale Notice

On Saturday, 27 May from 0800-1400 hrs. Wallace Gardens will be holding their annual Spring Community Yard Sale so that you, the tenants, may rid yourselves of all unwanted "treasures." Look for more information in upcoming flyers, or call Jane @ 339-8211 (8571).



BINGO

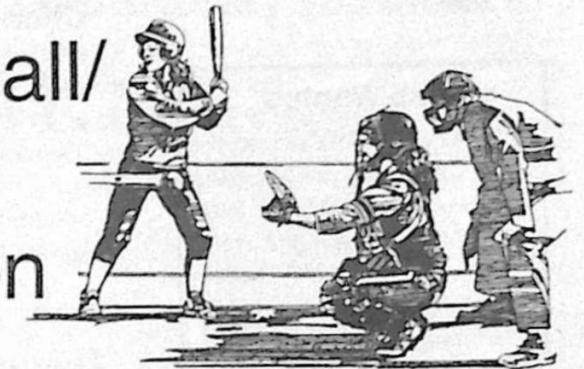
Family Bingo

When: Sunday, April 2
Time: 1:00 - 3:00 p.m.

Where: Fitness & Community Centre, Large Multi-Purpose Room A & B
Cost: .25c/card for WGCA members, \$1.25/first card for non-members. (25c each additional card)

For more info call: Rhonda @ 890-7535 or Debbie @ 339-6317

Baseball/ T-Ball Season



Spring is just around the corner and it's almost that time of year again! Baseball and T-Ball registration will take place in the WGCA office Monday to Friday 0730-1200 hrs from 17-28 April and Saturday, 29 April from 1300-1500 hrs. in the lobby of the Fitness & Community Centre. These leagues are purely recreational; the kids have fun and learn about the game at the same time.

T-Ball: Ages 4-7 years
\$25.00/child (WGCA member)
\$35.00/child (non-member)
Baseball: Ages 8-12 years
\$25.00/child (WGCA member)
\$35.00/child (non-member)

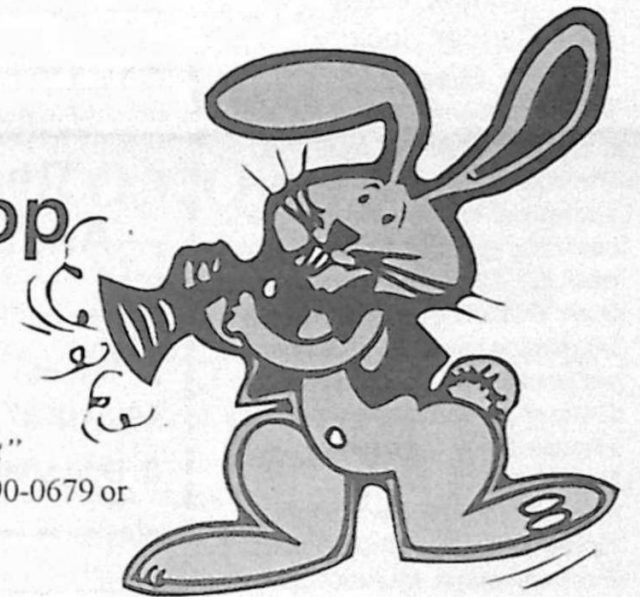
If you would like to donate a few hours each week to the children of your community, please contact the town clerk at 339-8211 (8571).

Easter Sock Hop

When: Saturday, 8 April
Time: 6-8 pm
Where: Multi-Purpose Room A & B
Cost: 50¢/member, \$1.50/non-member

"We are expecting a special guest"

For more information, please call Dolina @ 890-0679 or Shelley @ 339-4169.

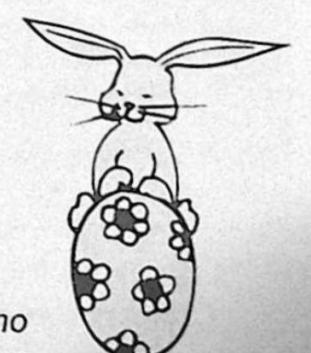


Easter Festivities

Saturday, April 15, Wallace Gardens will be holding Easter festivities. These include:

- Pancake breakfast
- Rides on "Little Toot"
- Easter Parade - "Best Bike" & "Best Hat"
- Colouring & Egg Decorating Contest
- Face Painting
- Easter Egg Hunt
- And more!

Look for more information in upcoming flyers!!! There will be no charge to you, however, you must be a member of Wallace Gardens to participate in any of these activities. If you are unsure about your standing as a member contact Jane @ 339-8211 (8571).





\$1 CARWASH

A 24-hour carwash is available to all base personnel. The Auto Club carwash is located next to Clothing Stores. Hot soap, hot wax and a cold rinse - all supplied for a loonie.

Choristers Wanted

Singers required for Our Lady of the Sacred Heart Chapel (RC) choir, 19 Wing Comox. Practices are Thursday evenings starting at 6:30 p.m.

For more info, please contact: Charlotte Harvey (choir director) 897-09856

Therapeutic Riding Volunteers needed

People who can spend one or two hours a week - either handling a horse or walking beside a rider. NO EXPERIENCE IS NECESSARY - we will train you.

Our Spring Session will run March 27-June 2 and we need your help. It is a fun thing to do - the smells of leather, hay and horses as well as fresh air on the trails all come together for an amazing experience.

Call Eliza at 337-8190 if you would like more info, or leave your name and phone number at 338-1968 and we will contact you.

Help Wanted

Earn \$200, \$300, \$500 or more per week, assembling product in the comfort of your own home. Send self addressed stamped envelope to: O.P.H. 6-2400 Dundas St. West, Suite 541 Ref 728, Mississauga, ON L5K 2R8.

For Sale

Chain link fence, 150 foot perimeter includes 4 foot gate and top rail. Perfect for dogs. Excellent condition. \$450.00 firm. 339-4783 <2/2>

Auto

1997 Dodge Caravan. Good condition. Asking \$15,000 OBO. 339-6998 <1/2>

Comox Valley Cancer Society Home Show event

Open the door to a better future at the Home Show April 7-9. This year the Home Builders' Association will be staging a fundraising event at our table near the entrance. Steve Scott from "Window & Door Store" will be making available five doors with locks. For a donation to the Cancer Society, anyone can choose a key from a bowl and try their luck at unlocking a door to win a Home Show Shopping Spree with Home Show dollars. Present plans include up to three winners per day.

Canvassers Needed

The Canadian Cancer Society is recruiting canvassers for its April 2000 Residential Fundraising Campaign. Canvassers are needed in all areas of the Comox Valley. Volunteering for as little as three hours can make a difference. Money raised goes to education in the prevention of cancer, research for the eradication of cancer, and patient services improving the quality of life for cancer patients. To volunteer contact Dianne Larson 334-4367 or Nelleke Young 335-9105 or the society office at 338-5454. LEND YOUR TIME AND HELP SAVE A LIFE!

Comox District Concert Band

Rehearsals: Tuesdays, 7:30 p.m. in the Band Room at Courtenay Junior School. New musicians welcome. Further info: Pat 339-5091

COURTENAY FLIGHT CENTER YOUR FLIGHT TRAINING SPECIALIST!

338-9814 or contact MWO CYRIL RODGERS LOC 8501, MAJ TONY APPELS LOC 8175 OR CWO JOHN MERCER LOC 8723

Keelboat Course 2000

Starting April 29/30. Come out and learn how to tack the wind. Then take advantage of our rental fleet. Discover Desolation Sound and its surroundings. 19 Wing Comox CFSA has it all. For more info visit our Intranet website on the Wing BBS, Organization, Clubs, Sail Club. To register please contact: Jean-Yves Boulay loc 8805

Bone Marrow donation Information Session

Seniors Lounge, Filberg Centre, 411 Arderton Avenue, Courtenay Mon 27 March 7:30 p.m. Info: 1-888-737-1811

Jake's Trivia Answers

1. Ken Griffey Jr. - 8
2. Toronto Blue Jays, 14 Sept 87
3. Don Mattingly.

For Civilian and Military Personnel Employee Assistance Program

Do you have a problem that affects your work performance, or threatens to do so? Can think of nowhere to turn? If you feel motivated towards a change for the better, call either one of your current referral agents (RAs) Stéphanie Gray @ 8296 (or use e-mail) or Finn Schultz-Lorentzen @ 8379 (or use e-mail) Full confidentiality guaranteed EAP Room, call 7035

French Courses

The following French courses are available this year: PL2 March 21 - May 3 (Tues-Fri: 0730 - 1530) PL4 (or PL3) May 8 - June 9 (Mon-Fri: 0730 - 1530) Specific skills June 12 - 30 (Mon-Fri: 0730 - 1530) Additional courses and/or different levels can be run if there is sufficient interest. DND military and civilian personnel, as well as military dependents are encouraged to apply using the P drive: P:ALLUSERLANGUAGETRAININGREGISTRATION.DOC. or call Dr. Fathi at 8828.

TODAY'S CROSSWORD PUZZLE

PREVIOUS PUZZLE SOLVED

BOA	TRADE	TABS
ARM	RIGEL	MORAL
TIPPED	OFF	AWAKE
HELEN	TICKETED	
ELECTED	NOEL	
	KORAN	PRINTS
JAW	NIVEN	SNORE
ELIA	CIVIL	GAIN
LOTUS	DECOR	HOD
LUSTER	REGAL	
	ODEA	REMOVES
COMMANDO	BLIMP	
ASIAN	AMBULANCE	
WHETS	MOUSE	YEN
SANE	SODAS	LET

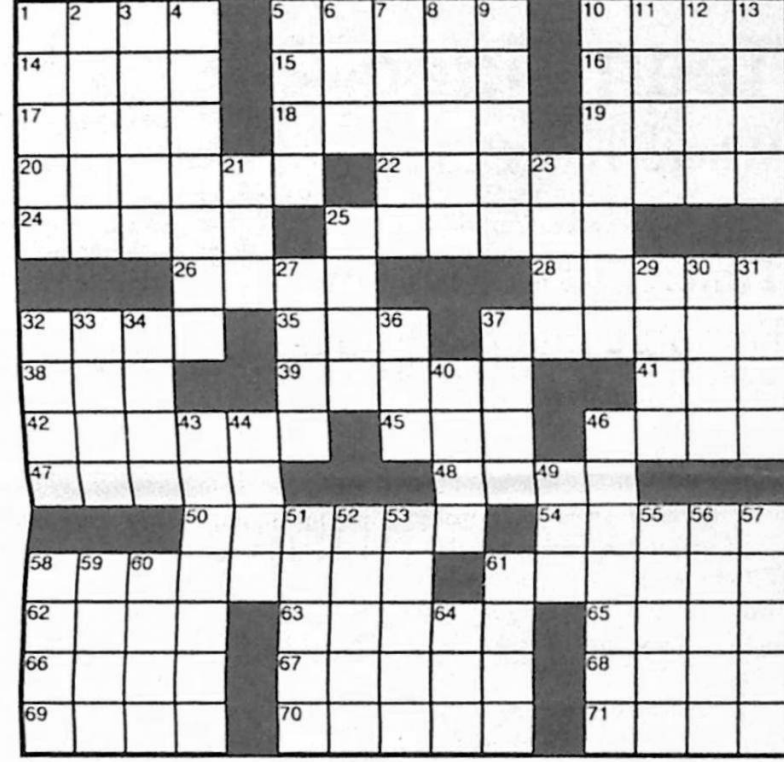
3-8-99 © 1999 United Feature Syndicate

ACROSS
1 Early time of day
5 Half of all parents
10 Prefix meaning "both"
14 Lamb's pen name
15 Excuse
16 Praise
17 Came in last
18 Boca —, Florida
19 Talking bird
20 Not ours
22 Harbor vessels
24 Composer
25 Behind, at sea
26 Snares
28 Proverb
32 Corduroy ridges
35 Lubricate
37 Not recognized, as heroes
38 Onassis' nickname
39 Fervent expression of joy
41 Excavated
42 Slogans
45 Appropriate
46 Greet the villain
47 Creep
48 "— Came running"
50 Slep lively
54 Precise
58 Snouted animal
61 Pester
62 Listen to

DOWN
63 Tropical vine
65 Taunt
66 Gifted for
67 Choreographer de Mille
68 Ken or Lena
69 Courageous
70 Piece of newspaper
71 Butterfly catchers

1 River mouth formation
2 Luau greeting
3 More prudent
4 Sovereign states
5 Next planet to earth
6 — mode
7 Hands, slangly
8 Approximately
9 Char
10 Marzipan ingredient
11 Yucatan people
12 Baseball play
13 Lupino and Cantor
21 Genetic letters
23 Muffin stuffin'
25 Where most of the world lives
27 Hits (sl.)
29 Autobahn vehicle
30 Wildebeests

31 Breakfast choice
32 Ewes' mates
33 Household appliance
34 Take the bait
35 Meadow
37 Golden Rule word
40 Cathedral part
43 Like custom
44 Gumbo
46 Six-sided figure
49 Hall-of-Famer
51 Reference
52 Whirny
53 Role for Grammer
55 Nimble
56 Ancient measure of length
57 They're almost grown
58 Moby Dick's foe
59 Captain of the "Nautilus"
60 Mouse appendage
61 Long ago
64 Once named



Start your own summer business!

Full time students seeking summer employment now have the option of becoming their own employer, through an interest-free loan of up to \$3,000 available with a click at www.bdc.ca/student-loans/.

The Student Business Loans program, is funded by Human Resources Development Canada and managed by the Business Development Bank of Canada. It provides nearly one thousand students with the opportunity to launch their own summer businesses.

The program provides loans of up to \$3,000 to student entrepreneurs. Students in high school, community college and university can take advantage of these loans, as long as they are planning to return to school in the fall, and are at least 15 years old. Loans are available on a first come, first served basis from March 1 to June 30, 2000. The loans are interest-free until the due date of 1 October, 2000. Students who fully repay loans of a minimum size of \$1,000 between August 1 and September 15, 2000 will receive a \$100 rebate.

To be eligible for a loan, students must detail their plans for a viable business project, for which BDC offers counselling free of charge to help students prepare business plans and operate successfully.

Hours of Operation - 19 Wing Medical Clinic
Monday to Friday 0730 - 1530 hrs.
Sick Parade
Weekends and Stat Holidays 0930 - 1030 hrs.

Toastmasters
Comox Valley Toastmasters meet every Wednesday 7-9 p.m. at Courtenay Junior School For more info: Harry Piercy, 338-7166.

Next Deadlines

Advertising: 5 April
Articles: 7 April, noon

Association francophone de la vallée de comox

Activités et classes

Français Intermédiaire 2, Débuté le mardi 11 avril 18h30-20h30 (10 sem) 80SN-M/64S Mem.
Français Débutant 2, Débuté le jeudi 13 avril 18h30-20h30 (10 sem, coût idem.
Espagnol Débutant 2, Débuté le lundi 10 avril 18h30-20h30 (10 sem), coût idem.
Espagnol Débutant 1, Débuté le mardi 11 avril 18h30-20h30 (10 sem), coût idem.
Conversation française (jour), Débuté le mardi 11 avril Les mardis de 10h à 12 h, 40S M/50S NM.
Réseau-femmes, Le lundi 17 avril à 10h, Au Local de Association.
Club Jeunesse, Les mardis 4, 11, 18, 25 avril, Jusqu'à la fin d'avril.
Réunion du CA, Le mardi 11 avril à 19h, En haut de Fish 'n' Stitches.
Bingo, 13 avril, Valley Bingo Palace, Avons besoin de bénévoles bilingues de 14h30 à 18h30
Mino Franco-fun, 12 & 26 avril, 2 fois par mois - les mercredis de 15h15 à 16h30, \$2 M/\$2.50 NM.
Concert printannier avec les Voix de l'Île, Le samedi 13 mai à 19h, Au local de l'Association, Entrée: Don
Assemblée générale annuelle, Le mercredi 7 juin à 19h, Au local de l'Association.
Soirée des bénévoles, Le vendredi 16 juin à 18h, À déterminer.

French and Spanish Classes

Again this spring, the Association francophone is offering night classes which will begin the second week of April. Fees are \$64 for members and \$80 for non-members. The following are classes available, with their start times:

- French Debutant 2: Thurs 13 April, 6:30 p.m.
- French Intermediate 2: Tues April 11, 6:40 p.m.
- French Conversation: Tues April 11, 10:00 a.m.
- Spanish Beginner 1: Tues April 11, 6:30 p.m.
- Spanish Beginner 2: Mon April 10, 6:30 p.m.

To register, please drop in at our office 1491 McPhee, Unit 2, or phone 334-8884 for more info Monday to Thursday 11:00 a.m. - 4:00 p.m.



Road Sense Timely Tip

Keep kids safely buckled up in car seat

ICBC is reminding motorists that the best way to protect children while they are in a vehicle is to make sure they are restrained properly. Not only is it the law in BC, but it is also the best way to help prevent injuries if you are involved in a collision.

Studies show that using a child restraint correctly can reduce the risk of serious injury or death in a crash by up to 80%.

"Child safety seats are designed to keep children secure in the vehicle," says Betty Brown, ICBC manager of vehicle safety strategies. "We encourage parents to continue using one until the child is 8

years old."

Parents should keep the following tips in mind when transporting children:

*Make sure the restraint is the right size for your child in that it matches the child's physical development. ICBC has developed a Buying a Better Child Restraint brochure that rates child restraints available in BC for ease of usability. (This brochure is available at Claims Centres, Driver Services Centres and Auto plan broker offices. It is also available on ICBC's web site at www.icbc.com) Child seats that are

easy to use are more likely to be installed correctly.

*Ensure you have correctly installed the child restraint in the vehicle and that the child is properly harnessed into the restraint.

*Never place a rear-facing child restraint in the front seat of a vehicle equipped with a passenger side air bag. Serious injury or death may result if an air bag inflates and strikes a rear-facing child restraint.

*All children - 12 and under - are always safest in the back seat of a vehicle.



888 Wingnotes - By Norm Blondel

Oh, those typos! There have been a few since this column started, usually spelled right, thereby avoiding the spellchecker. Last time it was "tires" instead of "tired. Maybe I was subconsciously thinking of my middle-aged spread. Let's try for perfect this time: Once more, the Annual General Meeting. It is very important to have a maximum turnout this time, as this will provide you with an opportunity to serve, if you want to, or just to meet the people who will be running the Wing's affairs for the next twelve months.

Our membership stands at 494 Regular members and 82 Associates. That makes us the biggest Wing in Canada, and a lot of members to serve. If you would like to help out on one of the many committees and lighten the load on the veteran (generic term) committee heads who have faithfully served

the Wing since its formation, please consider donating a bit of your time. The meeting will commence at 7:30 p.m. (19:30 for the purists) on April 5, in the Wing lounge.

Red Knight Project: We have submitted a proposal through our member on the Museum Committee, Tet Walston, but will await a response before publishing more details. I will provide a progress report at the A.G.M. on March 5. Likewise with The Jersey Connection: This is the "Hands-Across-the-Sea" proposal which firms up a link with the British Channel Islands going back to May 9, 1945, when 442 Squadron (my old outfit) took part in liberating the German-occupied islands at the end of World War Two in Europe. I take particular pleasure in this exercise, as Guernsey (CI) is my birthplace. On May 9, 1995, former 442

Mustang pilot John Mallandaine, two of his fellow pilots and aviation artist Richard Thistle, presented Thistle's painting "Beacons of Liberty" to the Islands on the 50th anniversary of the Liberation. Few Channel Islanders realized it was Canadians who carried out low level sweeps in their Mustangs on that day in 1945. They thought it was the RAF. A print of "Beacons" is on display in the Comox Air Force Museum, together with photos of John Mallandaine, who now lives in Bowser, B.C.

To conclude, may this former "Fishwrapper" Editor ('90-'95) congratulate the new incumbent on taking up her historic appointment on the 40th anniversary of this very fine newspaper. I hope her spell at the helm will be as enjoyable as mine was, and perhaps as long.



Royal Canadian Legion

Branch 17 Courtenay (334-4322)

Dance: every Friday evening, 8:00 p.m.
Mar 24 Vested Interest
Mar 31 Gary's Sound Machine
Apr 07 Island Country
Apr 14 Venture Highway

Special Events:
Easter Draw: 16 April 1:00 p.m.
Hams, turkeys, etc. Double Play Group, Food available.
Spring Auction: 29 April, noon viewing, auction 1:00 p.m.
Good clean items required. Call 334-4322 for pick-up if necessary.
Branch General Meeting - Tuesday 25 April, 7:30 p.m.

Branch 28 Cumberland (336-2361)

Every Wednesday, Bingo 7:00 p.m.
Hall rental: non-members \$75, members \$50, kitchen use \$25.

Branch 160 Comox (339-2022)

Mondays...Ladies Auxiliary Drop-in Bingo
(Upper Hall doors open 6:30 p.m., Bingo 7:00 p.m.)
Friday Night Dances 8-12 p.m.
Mar 31 Ventura Highway

Special Event:
Mar 24 Lobster Dinner & Dance
No Host Bar 6-7:00 p.m. Dinner 7-8:00 p.m. Tickets \$22.50 per person, available at Bar or Office. Music by The Easterners.
Call Branch office Mon - Fri at 339-2022 for more info.

888 (KOMOX) RCAF WING



Air Force Association of Canada

Calendar of Events

Sunday Brunches & Games: First Sunday each month.
Pub Grub Fridays - Horse Racing, Darts, Cards.
Special Events
25 Mar Spring Dinner/Dance, 6:00 for 7:00 p.m.
***Tickets for main event go on sale two Wednesdays in advance, noon at the Bar.
Annual General Meeting - 5 April, 7:30 p.m.
Regular Force Members Welcome!

888 Wing hours:
Monday - closed* Tuesday - closed
Wednesday, noon - 6:00 p.m. Thursday, noon - 1:00 a.m.**
Friday, noon - 1:00 a.m.** Saturday, noon - 1:00 a.m.**
*Bar open on Holiday Mondays. **Bar could be closed as early as 9:00 p.m. if there are no customers, at the discretion of the Bar Manager.



888 (Komox) RCAF Wing donates
Cheques were presented recently to the following recipients by Wing President David Bevs, (third from left): (L-R) Pete Kyashko, 893 Beaufort Sq. RCAC Qualicum, \$1000; Hugh McKinnon, CV Marine Rescue Society, \$500 and Capt Mike Forbes, O'ic Spitfire Restoration Project, Comox Air Force Museum, \$1000.

Heritage Happenings

Y2K Spitfire Restoration Project

The Officers' Mess was the stage for the pre-opening of the "Y2K Spitfire Restoration Project" Fundraising drive, that officially gets underway at a gala ceremony set for 12 noon on 8 April at the newly constructed Heritage Hangar. Approximately 30 members of the Air Force Association, Heritage Volunteer Committee, Spitfire Fundraising Committee, the Museum Volunteer Association, and the Spitfire Restoration Committee attended the reception, and donated \$1,700.

Mr. Rob Roy, who is a civilian electrician with CE, originally scouted the Mark IX Spitfire and came up with the idea of the restoration project as well as the Y2K significance. The Comox Air Force Museum recently acquired the disassembled Mark IX aircraft that saw service with the South Africa Air Force after the war. Its registration is TE 294 and it was damaged in a landing accident in 1951. All of the parts have been accounted for—including the 12-cylinder Merlin engine, and restora-

tion is currently underway.

By now you may be asking yourself - what is the significance of this aircraft to 19 Wing Comox? Although you may associate 442 Squadron with its most recent role of providing search and rescue services throughout BC, the squadron's heritage began in Europe in 1944 flying Mark IX Spitfires. During the war, allied squadrons were assigned a two-digit unit code painted on the side of their aircraft. Then following the roundel each identifier was added.

442 Squadron's code was Y2 and aircraft K flew with the call sign Y2K.

The aim of the restoration project is to return this celebrated World War II aircraft to flying condition in the exact colours depicting 442 Squadron's famous Spitfire with the identifiers "Y2K." The restoration work is expected to take over five years to complete, but there is no shortage of enthusiastic volunteers.

If you are interested in contributing, and help restore an impor-

tant and significant piece of 442 Squadron's heritage, or would simply like to see the beginning stages of the restoration project please attend the official kick off to the fundraising effort at the newly constructed Heritage Hangar (built to house the Mark IV Spitfire) on 8 April.

If you would like more information concerning this event please do not hesitate to contact the Spitfire Fundraising Committee Chairman, LCol Grant Smith at local 8442.

The general public is cordially invited to
the official launch
of the
Y2K Spitfire Restoration Project

on
Saturday, April 8

at
12 noon

in the
Heritage Hangar

(adjacent to the civilian airport parking lot)

Former Spitfire pilots will be in attendance.



Taken from Totem Times dated 14 April, 1960 (Vol.1 No.3)

Station Hosts "Knight" and Nurses



F/O G. Maguire shows the visiting nurses some of 409 Squadron's past accomplishments. Photo by Carew

Nurses Shown Advantages Of Service Career

On Thursday, April 7, 20 of the highlights of the day. graduate nurses of the Royal Jubilee Hospital enjoyed the hospitality of the station.

The tour, arranged by the Recruiting Unit in Victoria, started when they boarded a Dakota at Pat Bay and winged their way north to Comox. They were met by the Assistant Public Relations Officer, F/O T. G. Fielding, who welcomed them on behalf of the Commanding Officer. They then proceeded to the Station Hospital where F/L J. Garrity, and Nursing Sister Comptois greeted them and took them on a tour of the building. Later, the visitors were taken for lunch in the Officers Mess.

After luncheon, the nurses visited the tower and observed a simulated emergency crash drill which proved to be one

of the highlights of the day. They were very impressed when the fire trucks arrived on the scene spraying foam on the oil fire and had it under control in a short time. Meanwhile, the medical staff was competently removing the "victims" from the "crashed" aircraft.

After touring the facilities and the aircraft of 407 and 409 Squadrons, they adjourned to the mess for tea, hosted by F/O Gail Carson and F/O Gladys Carlson.

During this time the girls had an opportunity to ask questions about the many things they had seen during the day.

At 1600 hours the nurses once again boarded the Dakota for the return trip home to Victoria, seemingly pleased with the reception and tour.