



# TOTEM TIMES

19 Wing CFB Comox

THURSDAY 9 MARCH 2000

Comox Valley's Longest Running Newspaper

VOL. 42 NO. 4

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Military Search and Rescue crews from 442 Transport and Rescue Sqn were put on a heightened state of alert March 1 as the lucrative roe herring fishery got under way in BC's coastal waters. The move was a traditional response to the opening of the six-week fishery, which occurs amidst some of the province's worst spring-time weather.

This year, an estimated 600 to 800 boats are expected to participate at any one time. 442 Squadron's Commanding Officer, LCol Grant Smith, says with numbers like that, vigilance will be the key to preventing loss of life.

"West Coast weather can be very unpredictable at this time of year," says Smith. "With so many boats on the water, it's important that we be ready to react at a moment's notice if the weather turns bad."

The squadron has three Labrador helicopters and up to five Buffalo fixed-wing aircraft poised to respond to any search and rescue call-outs. With half of the roe herring quota earmarked for the Strait of Georgia, Smith expects any rescues from the air will be handled directly from Comox. But with four other fishing areas located around Vancouver Island, he says Victoria's Rescue Coordination Centre may consider it necessary to pre-position a

## 442 on alert



Photos by Cpl J. Morn, Wing Imaging

**Above: Purse seiners in Barkley Sound on Vancouver Island's west coast haul in their nets while a Department of Fisheries and Oceans vessel keeps watch.**

**Right: Sgt Kevin Gray, a Flight Engineer from 442 Sqn, keeps watch over the Roe Herring fleet from the door of a Labrador helicopter.**



Labrador closer to the scene, to Port Hardy for instance, to reduce reaction time.

"It all depends on the weather. These boats are most vulnerable to high seas when they're full. We'll be paying particularly close attention to those transporting their catches home."

Recent changes to the roe

herring fishery have substantially reduced the danger to fishermen. Pooled catches have eliminated much of the competition that drove some to take dangerous risks, and openings are now contingent upon good weather. Trevor Fields, an Acting Conservation and Protection Supervisor for the Department of Fisheries and Oceans, says

442's search and rescue capability is still needed.

"Today's fishery doesn't have the same gold-rush mentality as the old one," he says, "but when the weather gets tough there's always the possibility of an injury. It's sure nice to know those aircraft will be there if there's ever a mayday call."



Mike Gariepy  
339-7910



467 - 4th Street, Courtenay

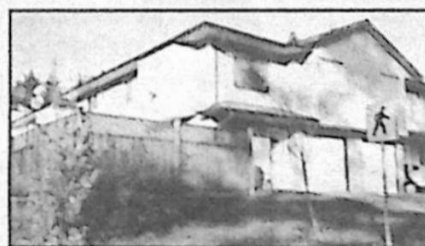
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# Demon Doins

Welcome to another edition of Demon Doin's. Servicing has switched over to their new shift schedule and they haven't had a break since. It seems that for every aircraft that comes up serviceable we have two that need a little extra attention. Everyone has been working really hard and with a little luck we might actually have four available aircraft.

Two Crew has to say goodbye to a couple of the more experienced techs - Jay Harker and Kent Turfiff have been accepted to the TEL-COM world. This will be a loss on their part...but the ATIS trade is getting a couple of good techs. Cheers! The den has a few new little Demons: congratulations Scott Letendre, Evan Lamothe and Clint Legg on the new additions to your families. Best of luck! The military has instituted a new PT program in co-operation with the MPs. Many of our Demons are walking instead of driving onto the base...thanks for the concern

(suggestion: next time maybe a sports day would be better?).

Things have been pretty busy in maintenance as well, especially since they had to complete the last periodic in record time. Well done! To start off the year they had Cpl Yves Langevin leave them, he is now off to Montreal and can now be called Mr. Langevin. They also would like to welcome MCpl Ben Pridham, and Cpl Dan McCutcheon to the crew. Dan is replacing Cpl Andy Wales who is now back in Servicing. In other news, a stellar performance was had by Cpl Giorardi who had one goal and five assists in one game. I think this doubled his point total for the year. A nice birthday present - way to go Ray.

This has been a busy couple of weeks for the aircrew with away trips, tours, hosting and Ground Training. In the continuing effort of the Air Force to try to understand just what the Navy is doing when we work with them, we invited our closest contacts with the Navy, 443 HS Sqn in Esquimalt, to come up and join us in our Ground

Training. Although much was learned, it was concluded that we're not sure if even the Navy knows what they are doing.

Braving the bitter cold, unruly crowds and toxic liquid substances, Crew 1 (the head shed) valiantly participated in the White Horse Sourdough Roundezvous and airshow. Upon return from the event, LCol Szczerbaniwicz briefed the squadron on the horrible time had by all and made a shining sacrifice of leadership by taking a hit for the squadron and putting his name down for next year's Sourdough Roundezvous.

Crew 2 completed their serviceability test in San Diego from Jan 27-Feb 5. They set a new record of taking 28 hours to get from Comox to San Diego, most of which was at an altitude of 10 feet. Once in San Diego, the crew had a great time downtown meeting the local folks, although all Steve Jackson wanted to do was sleep in the back of the car. Capt Mike Verville participated in the WASS trials in Hawaii along with MAC P guys.

Looks like a sweet piece of kit some day. The crew heads off to sunny Hawaii on March 6 so Mike can continue to work on his tan. Looking further ahead, the crew it itching to get to Shemya. As well, they're working on a plan to convince the higher ups that another crew is needed at RIMPAC.

Not too much has happened in the land of Six since you last heard from us. We had anxiously been waiting to hear the good news of where we would be going on our next international trip, only to learn that Shemya was our vacation destination. The lazy Vikings on Crew 5 found a loophole and were quick to exploit it. It will not soon be forgotten. The only person to have visited a foreign land in recent memory has been our beloved MPCC, a.k.a. Mr. Clean. Not even two weeks under the sunny skies of the Virgin Islands could tint his pasty white skin; although we've heard people say that the glare off his head kept the natives warm when the sun went down. We've recently learned that a former Navcom of the crew recently dis-

covered the door to the bathroom and the door to the hallway are not the same thing. It's a good thing he was in Hawaii and wasn't too cold flappin' in the wind. To all members of the squadron, please note that when one of your friends comes to your door at 3:00 a.m. and says "Let me in, I'm naked" they are probably speaking literally (we hope).

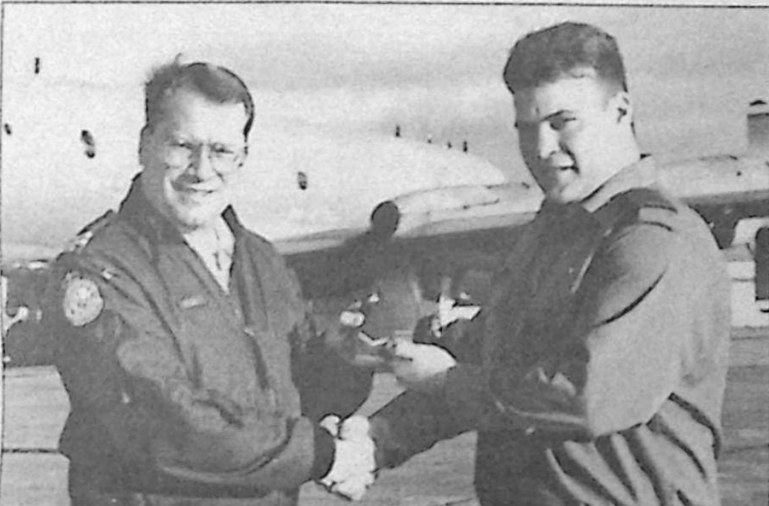
Crew 3 deployment to Kenehoe Bay went without any major surfing accidents for the Beach Boys (Nav Cell) who religiously got up every morning at 5:00 a.m. to practice their skill on Waikiki Beach (and boy do they ever need practice). On the AESOP side J-Y and Claud celebrated their promotion with a local flavour "75 cents Maitai for everyone" with Wade doing a Don Johnson impression while T-Roy was soaking in the hot tub. We never got the final score on the cockpit's golf games (basketball scores 100+). The ground crew did a fantastic job keeping the aircraft going with the all the snags so Bravo Zulu to Frank and his crew.



Cpl Hynds receives a collage of pictures from Col Neumann commemorating his selection as representative of the Air Force at the Cenotaph in Ottawa in November last year.



LCol Szczerbaniwicz, presents WO Potvin with his new rank.



Pte Snell receives his first hook from Capt Fleet.

A recent Change of Command at 407 Squadron's favourite section was held on a beautiful day recently which saw MWO Ross Dowe hand over control of those anti-crew front end rebels to MWO John Simard (MAG veteran). Ross decided the run across the ramp was a good chance to milk more time out of Comox, as his unique transport vehicle would not last through a winter in Yellowknife.

In keeping with Maritime Patrol tradition it was decided by section members that the close proximity to our 442 brothers required a "clean" break from Aurora ops. So, without hesitation, Rosco-P-Contrain was dutifully secured to our official water parade trailer and enjoyed a tour of the birdbath from a different perspective.

Of course, MWO Simard was immediate supervisor and ensured that all aspects of cleansing were adhered to with a couple of passes through the bath from all angles. At one point the mule towing the trailer encountered transmission problems (neutral) which were quickly rectified using years of maintenance experience (shifting) and completed the run.

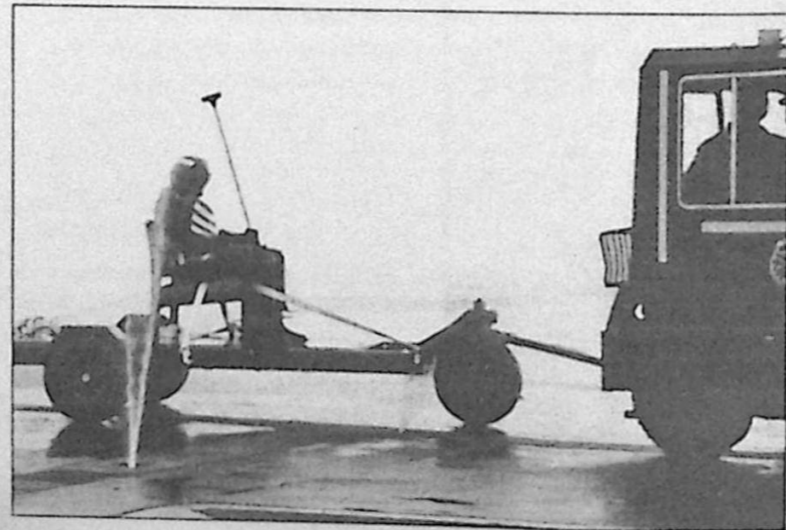
We wish Ross all the best at 442 Sqn and hope he becomes De-MAGnetized in short order. He is quite excited with the change as now he can begin to wear his yellow undies again. Too bad it will have to be on the beach at Sandspit and not Waikiki! Best of luck from the Boys in the Pool.

You can make a miracle happen. Please sign an Organ Donor Registry card and discuss your wishes with your family.

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Louise Johnson  
SALESPERSON

ROYAL LEPAGE

# Cops Corner

By LS Frank Grosspietsch



The Wing Security and Military Police Section is responsible for the maintenance of order, security and law enforcement here at CFB Comox. That includes the operational side, the PMQs, the school and Tee Pee Park. Any calls received by the REMF in regard to these areas are redirected to our MP office.

We at your MP section need a little help and that's why we are asking for your assistance. Through the Totem Times, we will be regularly reporting some incidents that have occurred within our community in the hope that

someone will be able to provide information that can assist us.

1. Between 4 Oct 99 and 1 Feb 00, Person(s) removed a Porter Cable reciprocating saw, model 737, and a Dremel Tool multipower-ultrakit w/accessory kit from a storage tent situated in the long term storage compound;

2. On 8 Feb 00, at approximately 07:15 hrs, it was reported that an attempted entry may have taken place at a PMQ on the Cedar Crescent block; and

3. On 16 Jan 00, in barrack block 79, a pair of Shimano clipped bicycle shoes, size 8 black and white,

were reported stolen from outside the owner's barrack room.

Anybody having information in regard to any of the above-mentioned incidents or any other that may be a concern to you, please do not hesitate to call us at 339-8218 and feel free to talk to any member. In case of emergency please call 339-8889.

Remember, it's your community - let's protect it together.



## \$\$\$Stockhouse News Wire\$\$\$

### 3 Crew Investment Club acquires 442 SAR Snakes in hostile take-over

In spite of the downward trend in the markets today, the 3 Crew Investment Club took advantage of the situation and successfully acquired 442 Squadron's SAR Snakes at CFB Comox's No Sno Fest on 25 February. The 442 Snakes have always in the past proven to be a very strong contender so the take-over was a surprise to many.

Where did this small yet very successful 3 Crew investment team come from? We do not know!

They were not contenders in last year's No Sno Fest, yet proved well that they are a team with great potential.

When we asked about the club, the CEO of 3 Crew Investor response was, "It's a beautiful thing, what we have going here. People come to work smiling every day, and it's been great for the crew. We are a small yet powerful team of traders with a lot of potential."

When several directors were asked where they thought they would be

in next year" standing, the response was simple - "Not here my friend, you can count on that. LOL."

The captain of the team stated "Unfortunately the upper management was released in the take-over, but the hard working employees who showed potential, due diligence and performance were granted the opportunity to prove themselves on the team."

This news release courtesy of Trek VRX Investors on line.

## Search continues

On Saturday, March 4, Military Search and Rescue crews from 442 Transport and Rescue Sqn and volunteers from the Civil Air Search and Rescue Association continued their efforts to locate a small, home-built Maranda light aircraft reported missing in the Fraser Valley late Thursday night.

The lone occupant of the aircraft, a 77-year-old Vancouver resident, has not been heard from since he departed Langley airport

for Chilliwack Thursday morning. "We have two Buffalo aircraft, two Labrador helicopters, and two CASARA aircraft involved," said Searchmaster Capt Steve Eyre. "It's a relatively small search area so we're hoping to find him soon."

Search efforts have been hampered somewhat by poor weather and a minor incident when a fuel truck at the Abbotsford airport struck the blade of one of the parked Labradors, putting the air-

craft temporarily out of service and necessitating a replacement blade being flown in by Buffalo aircraft.

A CASARA aircraft from Pitt Meadows is continuing its overflights of the Fraser Valley, while a Buffalo aircraft is attempting to locate the aircraft's emergency locator transmitter, which has not been detected so far. The Labradors are operating out of Abbotsford airport, while the Buffalo aircraft are operating from their home base at CFB Comox.

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Canada

## The more things change...



This is indeed the fortieth anniversary of the establishment of a base newspaper at RCAF Station Comox. Volume 1 Number 1 hit the newsstands on Thursday March 17, 1960. A new paper, a new editor and a new course was set.

Now, on 5 March 2000, a new editor joins the Totem Times in the name of Major Bev Wolf. Major Wolf has just been enrolled in the Primary Reserve as the Special Projects Officer and she has volunteered to spend some of her time helping out at the Totem Times. This is a welcome addition to the newspaper staff and great things can be expected in the way of charting a new course for the future.

Corporal Schofield, who has been filling the managing editor position for the last seven months, is going to hang up his spurs with the completion of this edition. He has been of tremendous service to the fishwrapper and has helped out many times through his extensive knowledge of computer systems. Perhaps he can be persuaded to volunteer more of his services in the future.

A warm welcome to Major Wolf and a heartfelt thanks to Corporal Schofield from the volunteers and staff of the Totem Times. The more things change...

Joel Clarkston



## Death of a hero – Eugene Colson

By Duke Warren

Very few Canadians have heard of Eugene Colson. Yet many Canadians owe their life to him. Not only Canadians, but other members of the Allied Forces who fought in Northwest Europe. How did Colson accomplish this?

Colson was the Commander of 600 underground workers in Antwerp who, at great personal risk, made preparations during the German occupation of Belgium, to ensure that the Port of Antwerp would be in condition for the Allied Forces to use when they arrived. Colson's code name was 'Colonel Harry' and he has been a legend in Europe since the war.

As the Canadian Army approached Antwerp the German forces were planning to destroy the harbour quays. Colson and his men fought to stop this destruction and in bitter fighting were successful. A small British unit of four tanks arrived early on, but because they had not received orders to proceed farther they missed a golden opportunity to seize a vital area. When the Canadian Army arrived the co-operation greatly improved, especially between Colonel Harry and LCol Denis Whitaker who commanded the Royal Hamilton Light Infantry. After many days of vicious fighting the harbour of Antwerp was secured. With his local knowledge which Whittier used to full advantage Colson continued to assist the Canadian advance.

Although the port was in Allied hands, the Scheldt was not.

Although the harbour could handle 60 thousand tons of cargo daily, it was fifty miles from the sea, and until the Allies controlled the Scheldt the port could not be used. The fighting through the low-lying land which was largely marshes and mud was a slogging desperate affair and carried out chiefly by the Canadian Army. Casualties were high, during 5 September and 28 November. When the first ships sailed into Antwerp approximately 16,000 Canadians were killed, wounded or missing. When the ships entered the port there were many senior officers and representatives present—Belgium, American, British, French, but no senior Canadian to represent those soldiers who did most of the fighting to open the port. Also, sadly, Eugene Colson, Colonel Harry, was not invited to be present.

As one looks back it is realised why Colson is regarded so highly. I suggest it is impossible to fully understand the importance of his contribution to the winning of the war in Europe.

Eugene Colson died on January 22, and his memorial service was held on January 29. Denis Whitaker was invited to attend but could not do so. The headline, in large letters, in the Antwerp newspaper was – "Without Colonel Harry the war would have lasted a couple of years longer."

I believe this is only a slight exaggeration.

**Next Deadline**  
Advertising: 14 March  
Articles: 17 March noon



A FEW TEETHING PROBLEMS AT THE NEW SPORTS CENTRE

## CF Personnel Assistance Fund

The Canadian Forces has offered an Education Assistance Loan Program to assist serving and former members and their dependants with costs of post-secondary education. This program offers low interest loans of \$1,200, \$1,500, \$2,000 or \$2,500 per student, per year, up to a maximum of \$10,000 lifetime per student.

To be eligible, the serving or former member must have served in the Canadian Army, after 1 October 1946, or in the Canadian Forces, after 31 January 1968, and have a minimum of five years Regular Force military service. Selection may be based on family income, years of service and individual family circumstances.

The deadline for submissions is 30 June 2000. No late submissions will be considered.

The repayment schedule, including service charges, is as follows:

Amount Of Loan	Monthly Repayment	
	12 Month	24 Month
\$1,200	\$101.09	\$ 51.05
\$1,500	\$126.36	\$ 63.81
\$2,000	\$168.48	\$ 85.08
\$2,500	\$210.60	\$106.35

## February Weather

The month of February received only one half of its average precipitation for this time of year. The average temperature for the month was right on. The amount of sunshine was a few hours higher than normal and only four days were recorded with winds of 35 knots or greater.

Highest monthly temperature	11.4°C on 1st
Lowest monthly temperature	-3.1°C on 17th
Total monthly rainfall	90.0 mm
Average monthly rainfall	112.2 mm
No. of days with 0.2 mm or more rainfall	17

For public forecast with 3-day outlook phone 339-5044

## RCAF Station Comox

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## Air Force Quiz of the Month

Test your knowledge of Canada's Air Force. Try March's quiz.

- Where is the headquarters located for the day-to-day command and control of Canada's air force?  
National Defence Headquarters, Ottawa  
Cheyenne Mountain, Colorado Springs  
Canadian Sector Air Operations Centre, North Bay  
1 Canadian Air Division Headquarters, Winnipeg
- Which aircraft will be making its first-ever appearance this year at MapleFlag, the annual air combat exercise scheduled this spring in Cold Lake, Alta?  
Russian Su-27 Flanker  
German Luftwaffe MIG 29 Fulcrum  
Israeli Kfir fighter  
French Mirage fighter
- Which senior air force officer most recently held the position of Chief of the Defence Staff?  
General Paul Manson  
Lieutenant-General Ray Henault  
General Gerard Thériault  
General Jean Boyle
- Which Canadian Forces aircraft is receiving a multi-million (\$) upgrade to its avionics to include a "glass cockpit" and computerized flight planning and flight management?  
CF-18  
CC-130 Hercules  
CH-124 Sea King  
CC-150 Polaris
- Which Canadian Forces aircraft are the most heavily utilized transports in the world?  
CC-150 Polaris  
CC-130 Hercules  
CC-138 Twin Otter  
CH-124 Sea Kings
- Which parade is held on the third Sunday every September to honour members of the Air Force who gave their lives during wartime?  
Battle of Britain  
Remembrance Day  
Battle of the Atlantic  
Peacekeeping Day
- In what year did RCAF fighter pilot and poet P/O John Gillespie Magee Jr capture the adventure and thrill of aircraft flying when he wrote the famous poem, "High Flight"?  
1951  
1941  
1931  
1921
- Which WWII aircraft served longest in the Air Force after the end of the War?  
Avro Lancaster  
Douglas C-47 Dakota  
North American B-25 Mitchell  
North American Harvard
- To which wing are all of Canada's C-124 Sea King ship borne helicopters assigned?  
3 Wing Bagotville  
14 Wing Greenwood  
12 Wing Shearwater  
19 Wing Comox
- Which country recently became the fourth international participant to sign up for NATO Flying Training in Canada (along with Denmark, the United Kingdom and Italy)?  
Hong Kong  
United States  
Australia  
Singapore
- Pilot Officer Andrew Mynarski won a Victoria Cross in World War II flying in which aircraft?  
Short Stirling  
Vickers Wellington  
Avro Lancaster  
Handley-Page Halifax
- In 1998, Sgt Brian Pierce and Sgt Keith Mitchell from Greenwood's 413 Squadron were awarded Canada's highest peacetime honour for their daring rescue of a critically ill fisherman aboard a trawler in the Arctic Ocean. Which award were they given?  
Special Service Medal  
Star of Courage  
Medal of Bravery  
Cross of Valour
- What does the term "SNAFU" mean in air force parlance?  
Stationed National Air Force Units  
Situation Normal All Fouled Up  
Situation Not As Formerly Understood  
Significance Normally and Frequently Underestimated

For the answers check out  
the Air Force Website at  
[www.airforce.dnd.ca](http://www.airforce.dnd.ca)

## Air Force orders Weight Restrictions for CF-18 Pilots

Winnipeg - Canada's air force is imposing a maximum weight restriction on CF-18 pilots after a recent analysis indicated aircrew at the heavier end of the weight spectrum could be at increased risk of injury if an emergency situation leads to an ejection.

The maximum-weight restriction ranges from 95.2 kg (210 lbs) to 103.2 kg (227 lbs) depending on two factors: the seasonal clothing the pilot is required to wear and

the safety gear appropriate for the assigned mission. Winter clothing and combat-mission safety gear are heavy and consequently reduce the maximum allowable weight of a potential ejectee. Fortunately, this measure will affect only a small percentage of CF-18 pilots in flying positions. Less than 3% are now restricted from flying. An additional 6% face limitations on the types of missions to which they may be assigned.

In collaboration with the United States Navy, it has been determined that pilots exceeding the maximum weight could face an unacceptable risk of injury on landing. Of eight CF-18 ejections to date, none involved aircrew who exceeded these upper weight limits.

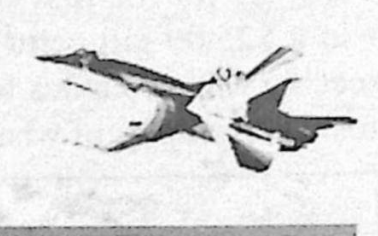
The air force will now investigate the purchase of lighter-weight clothing, equipment and survival gear and the replacement of the

existing parachute with one that has a higher-load capacity.

As the restriction affects only a small proportion of CF-18 pilots in flying positions, it will have little effect on CF-18 operations. The CF-18, in service with the Canadian Forces since 1982, is an air-to-air and air-to-ground combat aircraft.

The 87 active CF-18s are based in Cold Lake, Alta. and Bagotville, Que.

## Year 2000 CF-18 aircraft set to soar this summer



This specially painted "Millennium" CF-18 was unveiled recently at a ceremony held at 4 Wing Cold Lake, Alta. The theme depicted on the tail represents the dawning of a new age, the new millennium and hope for the future. The tail depicts arms of old fading into the sunrise with a dove as the symbol of peace. To reinforce the concept of "Hope for the Future," some 2000 names of local school children are painted into the thin divider strips that separate the various colour bands on the aircraft.

The Year 2000 CF-18 will appear at air shows across North America throughout the summer. Capt Scott "Frog" Greenough of 4 Wing's 410 Squadron will serve as this year's demonstration pilot.

**RECOGNIZE THE SIGNS OF STROKE WHEN YOU SEE THEM.**

### WEAKNESS

Sudden weakness, numbness and/or tingling in the face, arm or leg

### VISION PROBLEMS

Sudden loss of vision, particularly in one eye or double vision

### TROUBLE SPEAKING

Temporary loss of speech or trouble understanding speech

### HEADACHES

Sudden, severe and unusual headaches

### DIZZINESS

Unsteadiness or sudden falls, especially with any of the above signs

If you have any of these symptoms, call 911 or your medical emergency number immediately.

## BUDGET 2000 Répond à vos besoins

- Plus de ressources pour la santé, l'éducation et les enfants
- Réductions d'impôts
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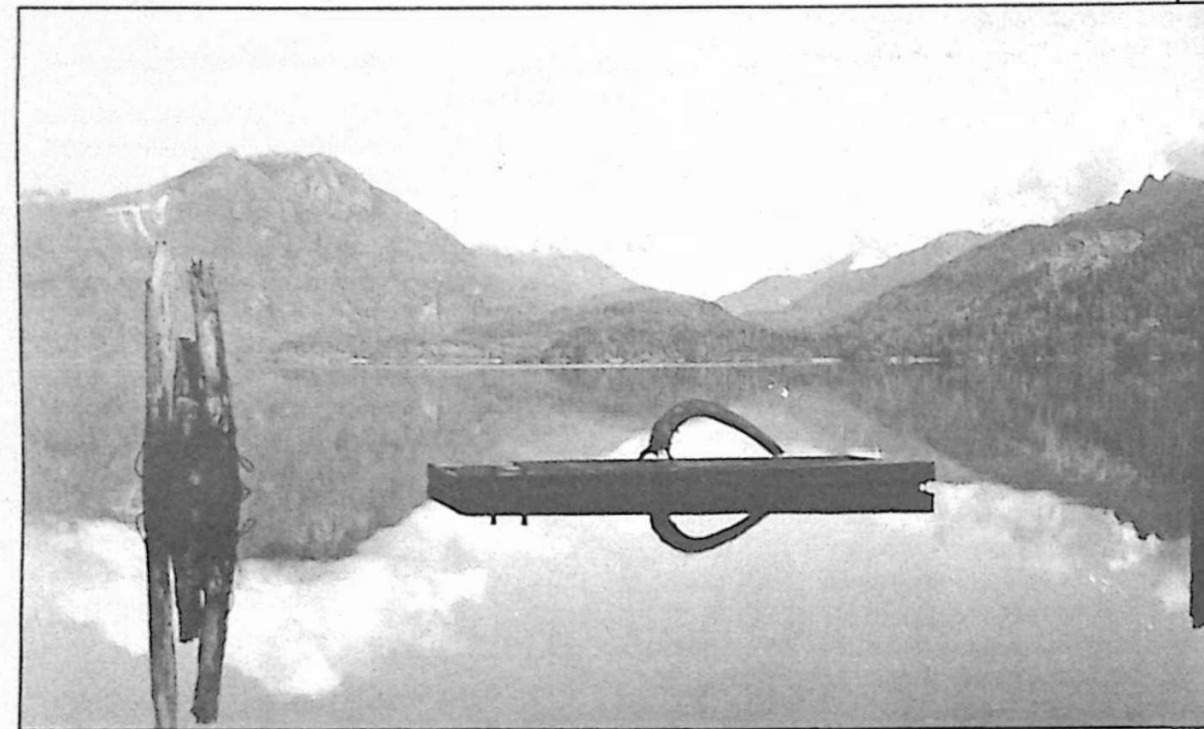
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Canada

# Totem Times photo contest

Something new for our readers. Are you a camera buff? Love to take pictures? Take your favourite photo to the **Overwaitea Photo Department** and enter our photo contest. There will be a new category for each contest. Category for the first contest is **Scenic Landscape**. Overall winner will win a \$25.00 gift certificate, courtesy of Overwaitea. Every entrant will receive value coupons when dropping off their photo. The following photos are examples of what we're looking for:



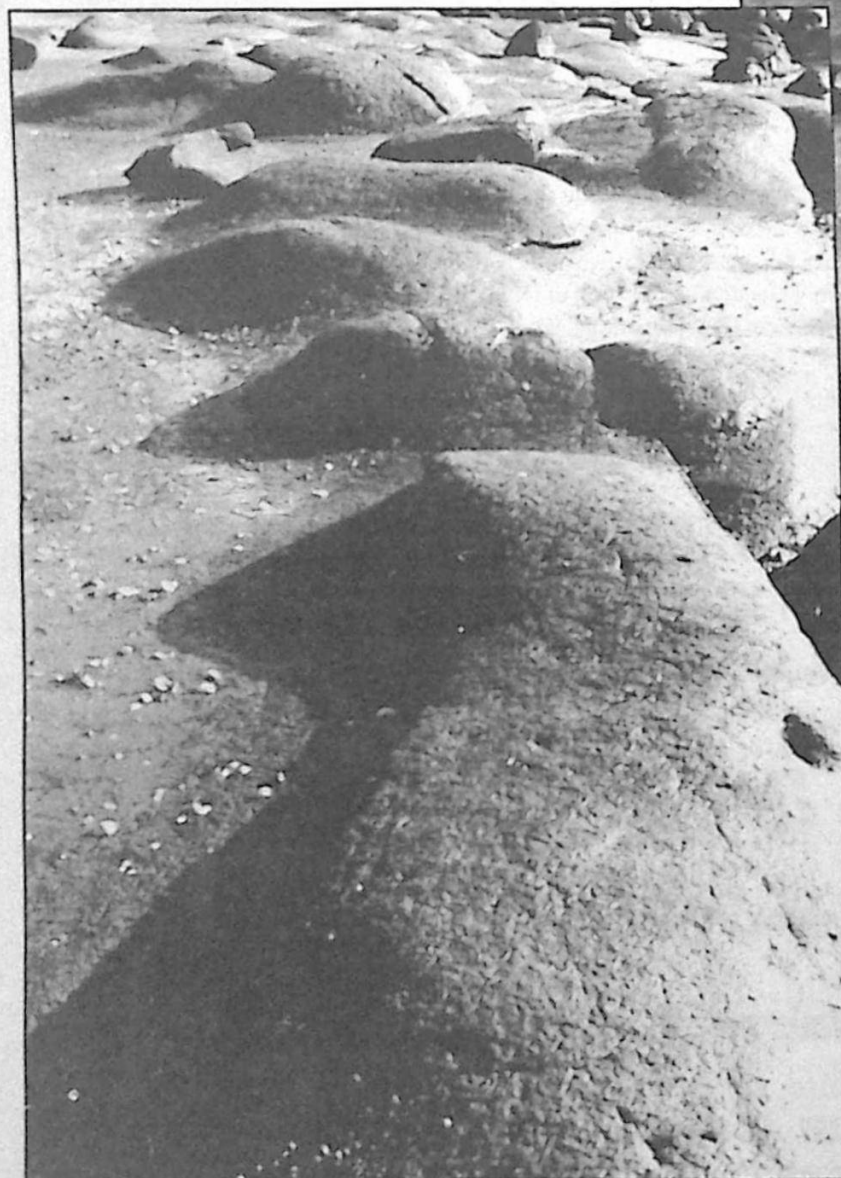
Kennedy Lake



Snowy Sentinel



Pacific Shores at low tide



Big Foot



Winter solitude

**Contest rules and regulations**  
 -Open to amateurs only.  
 -1 entry per person.  
 -Name and phone number on back of photo.  
 -Photo size up to 11x14 only.  
 -Please title your photo.  
 -Have fun! Keep clicking!  
 -Photos accepted until:  
 9:00 p.m. Thursday April 6

*Sponsored by Overwaitea Food and Drugs*

## Stir It Up! Entry form

Answer the following quiz and send it to the Totem Times by 17 March to be entered in a draw to win one of twelve Company's Coming Stir-fry cooking recipe books.

- On Halloween, which of these are most likely to be found in your wok at dinnertime?
  - Count Dracula
  - The Wolf Man
  - Beef Muenster
- Orange banana medley is...
  - The latest pop/rock group
  - The joint concert tour with Deep Purple and Pink Floyd
  - A stir-fried orange and banana dessert
- Name the famous duo found in Company's Coming Stir-Fry
  - Sweet and Sour Shrimp
  - Batman and Robin
  - Thelma and Louise
- How do you make Nutty Pork and Onion Stir-fry?
  - First you take one crazy pig and one "way-out" onion...
  - You can't make it, only a psychiatrist can
  - You stir-fry pork and red onions with coarsely chopped peanuts
- Where would you find Glazed Carrots?
  - Half asleep at the local bar
  - On page 122 of Company's Coming Stir-Fry
  - In the Sixties, during the Peace Movement
- At what kind of place would you spot Saucy Scallops?
  - At a nightclub, flirting with the bartender
  - Behind bars, begging for bail
  - At a fish market, with an attitude
- What is hot chili oil?
  - The milder version of pepper spray used by the RCMP
  - The hottest selling item at the Love Boutique
  - A translucent red oil made from chili peppers
- What do hoisin, oyster and soy have in common?
  - They are all rivals of the Three Stooges
  - They are all partners in the newest law show on TV
  - They are all popular sauces used in stir-fry dishes
- What is gingerroot?
  - A common spice in Chinese-flavoured stir-fry dishes
  - Ginger Spice in need of a dye job
  - Where gingerbread men come from
- Who invented stir-fry cooking?
  - The Chinese hundreds of years ago
  - Martha Stewart on her last TV episode
  - Jean Paré, last summer on vacation in Bali.

### CANEX News

*In like a lion,  
out like a lamb*

March came roaring in with high winds and heavy rain. Hopefully, the old saying will stand true and it will leave like a lamb leading to a beautiful Spring.

At CANEX, we're getting ready for the Spring season. Come in and check out the new spring fashions that have arrived. Great looks at low prices are here for you.

Watch out for our **March Special Deals** sale from March 15 through to March 26.

Terry felt so cooped up during his stay at the hospital that, rather than recuperate at home, he decided to come back to work...or maybe he just couldn't bear being away from us! We

missed you too Terry, welcome back.

After weeks of anxiety and prepping for hip surgery, Sue's Mom became too ill with a cold/flu that the surgery had to be postponed. She is doing better now and is enjoying time with Laura (Sue's daughter) who is home for Spring Break.

It's nice to have our resident "Vanity Smurf" back. Nancy was in Calgary visiting her son for a little while.

Thank you to everyone who entered the video draw. We had one weekly winner for the last four weeks. Lucky winners of two new release rentals, 2 litres of pop and 180g chips were: B. Living, Sherry Dedla, Tracey Heitonen and John Grant.

### A historic moment for Canada's new Search and Rescue helicopter



Vergiate, Italy — The Canadian Search and Rescue Helicopter (CSH 01) made its first flight on February 25 at the Augusta facility in Vergiate, Italy. On hand for the historic moment were representatives from the Project Management Office and the Canadian Forces. The Cormorant flew superbly, conducting some hovering manoeuvres and even making it to forward flight.

Name.....  
 Home phone #.....  
 Work Phone #.....

### ICBC Road Sense Timely Tip

Spring weather has sprung in some parts of the province. However, ICBC reminds motorists that winter driving skills are still needed in many areas.

A rapid change in the weather can quickly alter road conditions. Motorists must be prepared for the unexpected and adjust driving habits accordingly. Even when road conditions are good, drivers should continue to use their Road Sense and drive with care.

Keep these tips in mind while on the road:  
 . Nice weather brings out more pedestrians and cyclists. When making turns, be aware of pedestrians crossing the road. Watch for cyclists who will be sharing the roadway with vehicles.

. In all situations involving adverse visibility conditions, such as fog or snow glare, drivers are urged to reduce their speed and increase the distance between vehicles.

. While travelling long distances, conditions can change from road to road. Check weather and road reports before beginning your journey.

. Cruise control should only be used in optimal driving conditions.  
 . If you travel to a holiday destination such as a ski resort, keep in mind that thieves target tourists. When parking, lock your doors and windows. Remember to look around your vehicle to see what tempting items you've left in plain sight. Something that seems worthless to you could be attractive to a thief.

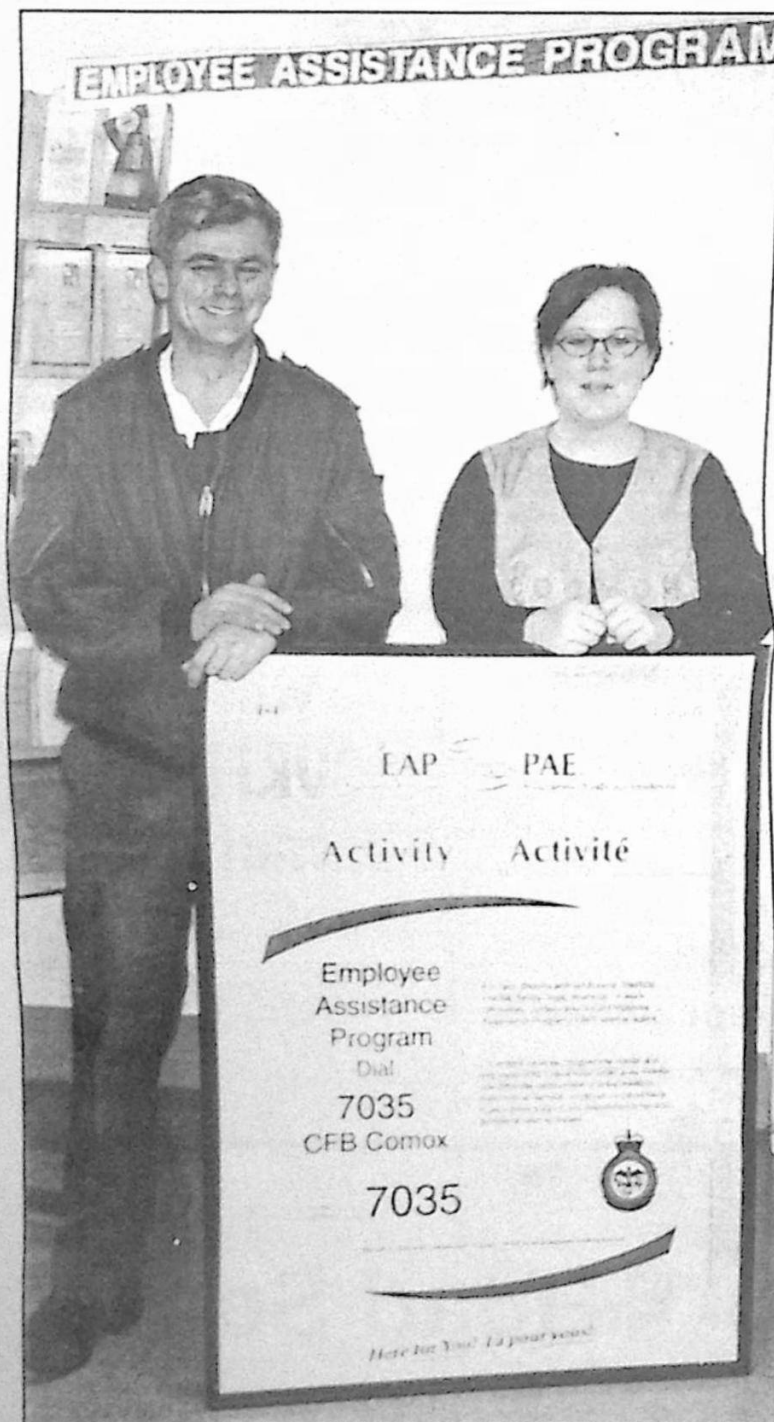
# EAP Week come and gone

The Employee Assistance Week has come and gone for this year, but as its use is not week-long but year-long, the values for which EAP stands remain: A listening ear, a helping hand, a referral to a source of lasting benefit.

The EAP group is thankful to a number of people and organizations, amongst them MCpl St. Onge of Air Life Support Equipment Section; and the Refinishing Shop of 19 AMS, both of which were instrumental in preparing a 20-ft banner for outside display. The display rack with pamphlets reached 12 different sections with variable success - at H1 canteen someone hid a large EAP sign behind a door while at Combined Mess, thanks to Mess Manager MCpl Reddick, the display received exposure also on No Sno Fest night. EAP also say thank you to Andy Clark of CE Procurement who fashioned two 8-ft long indoor signs and provided rope for the outside sign.

Without the support of many, the week would have been much less successful.

If concerns are getting the better of you, alcohol or gambling have become habits, or debts, strife, illness, work problems, domestic discord threaten your equilibrium as well as the quality of your work - call 7035.



MCpl Tim Wacey, candidate for this spring's RA course, with RA Stephany Gray. MCpl Wacey helped the RAs throughout EAP Week.

**For Civilian and Military Personnel Employee Assistance Program**

Do you have a problem that affects your work performance, or threatens to do so? Can think of nowhere to turn?

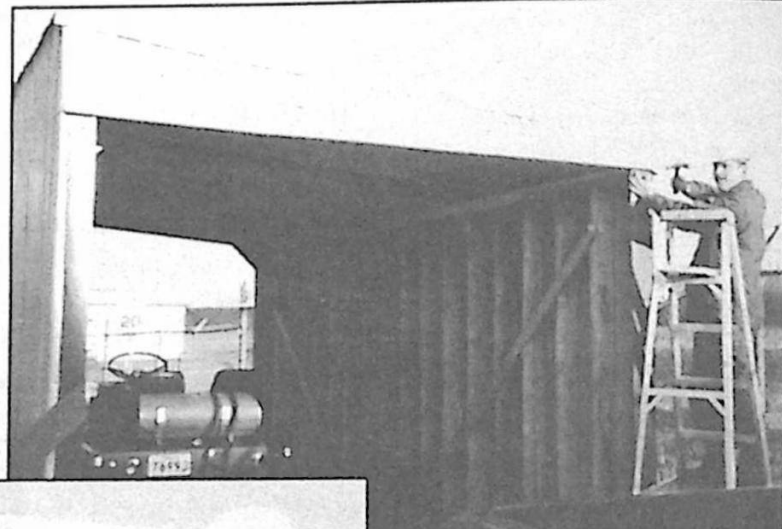
If you feel motivated towards a change for the better, call either one of your current referral agents (RAs)

Stéphany Gray @ 8296 (or use e-mail) or Finn Schultz-Lorentzen @ 8379 (or use e-mail)

Full confidentiality guaranteed EAP Room, call 7035

# Finn Bits

## A1 job by AEF for AMU



The almost finished shelter. MCpl Bachmier hammering facings in place.

A more permanent structure was clearly called for when a storm ripped to pieces the smallish Sprung shelter serving AMU as baggage storage area.

CE's Airfield Engineering Flight (AEF) fell to the task and a small crew, headed by MCpl Dale Bachmier, in short order converted the pieces of lumber and sidings into a durable sheltering structure.

"I'm quite certain it will withstand the battering of even a very strong gale," assures MCpl Bachmier. "But given the sort of weather we sometimes see here, I give no guarantees. It's not that long ago we were hit by hurricane-force winds. Otherwise, though, I'm confident it'll last."



Cpl Dean Burgher handing hammer to safety-conscious MCpl Bachmier.



Path being levelled by Norm Maximick in front end loader while Dave MacDonald smoothes dirt...



...and John Egan and Deavlan Bradley prepare the rails that will frame the concrete.

## Pathway saves time, shoes

A pathway, eventually to be paved, upon completion will link the new singles quarters with the arena, making life easier for residents otherwise confronted with a muddy expanse on rainy or muggy days.

The 500-ft long path, currently being built by a crew from CE's Airfield and Works Team, for its 5-ft width requires 28 yards of concrete, according to crew member John Egan, making the job one of fairly significant size.

"It's like what the fish said when it swam into a wall," ventures team colleague Deavlan Bradley. "Dam!" Which non-sequitur presumably refers to the chickens that may cross the path while the concrete is still wet. Get set...

The pathway constitutes a shortcut that improves safety - no need to walk the narrow shoulder of Military Row - and is easier on footwear, but also saves considerable time going to, or coming back from, work on Base.

# Inter POL road

CE's John Egan, Deavlan Bradley and Dave MacDonald install gate on one side of the tower....  
...while on the other, truck unloads road dirt.



**Fractures**

It's the sound everyone dreads - the crack or crunch of breaking bones. Here are some first-aid tips for these serious injuries:

- Steady the injury and support it. Do not move the injured person.
- Dress wounds and control bleeding.
- If the injured person must be moved from the site, secure the limb with padded splints and bandages.
- Check for signs of a pulse beyond the site of the fracture. If there is no pulse, get medical help quickly.
- Reassure the injured person, and keep him or her warm.
- Get medical help.

Call your local St. John Ambulance for more information on first aid, CPR and health promotion.

St. John Ambulance

# Inter-Section Curling Results

## 407 Sqn Sweeps "A" Division



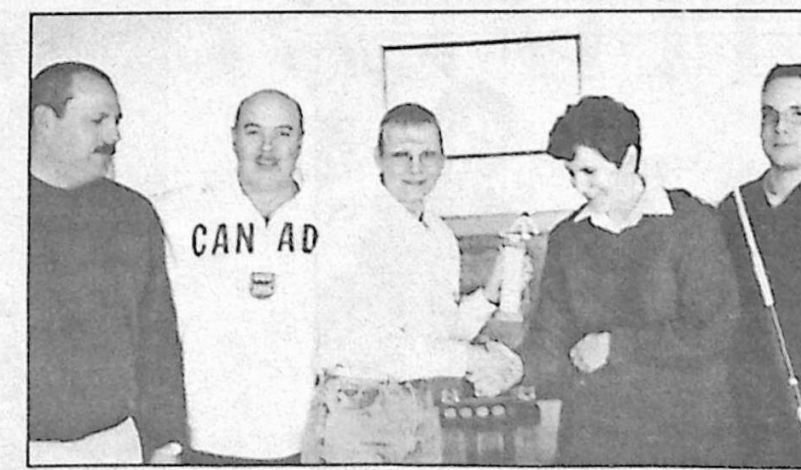
Kevin Roberts' 407 Sqn rink accepts the "A" Div Trophy from Maj Kaduck for the I/S curling league.



Log's Wally Berger and team won the "B" Div I/S curling. Maj Kaduck presents the trophy.



Kevin Beaudreau's rink from 407 Sqn won the runner-up award.



Jana Bristol's rink accepts the "B" Div runner-up trophy from Maj Kaduck.

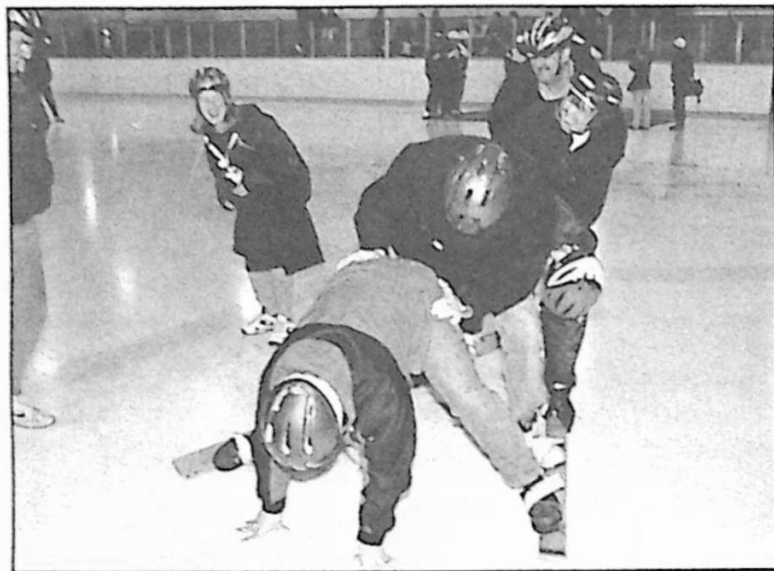
Remember when SURFING meant a day at the beach?



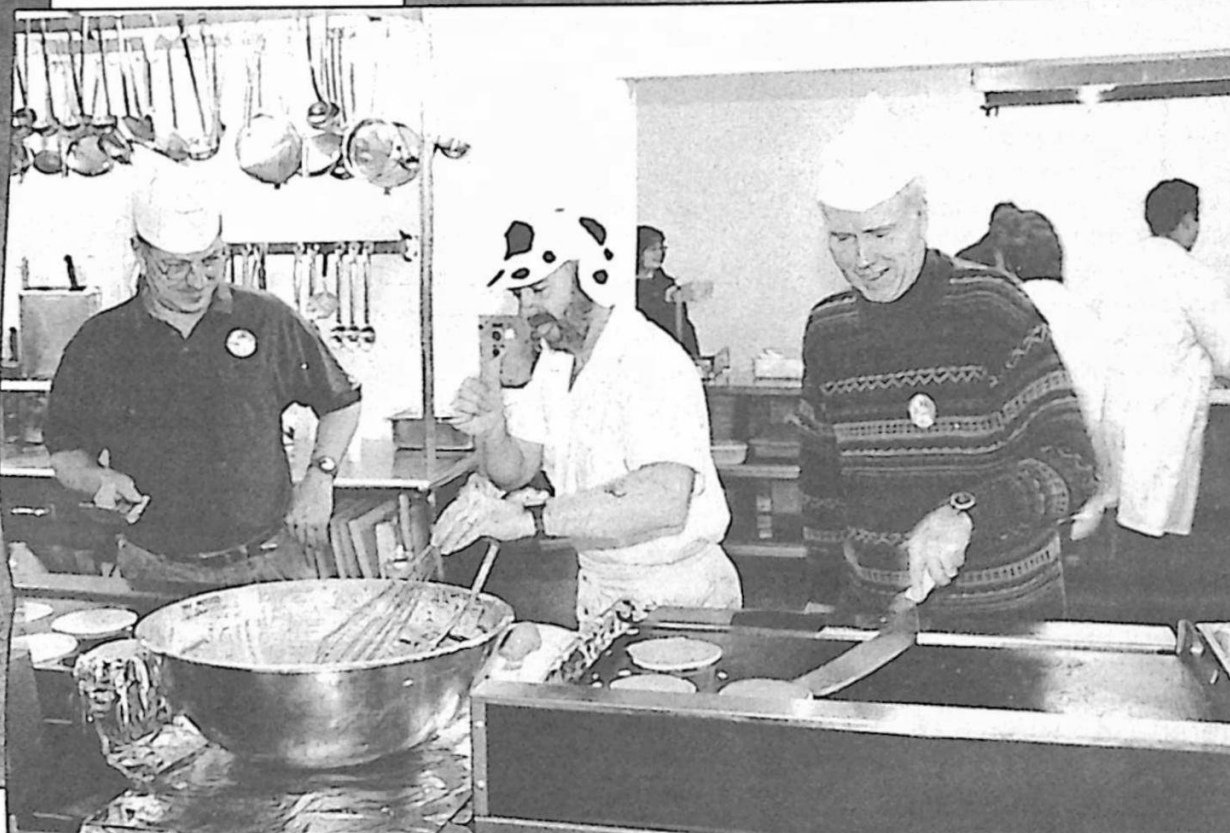
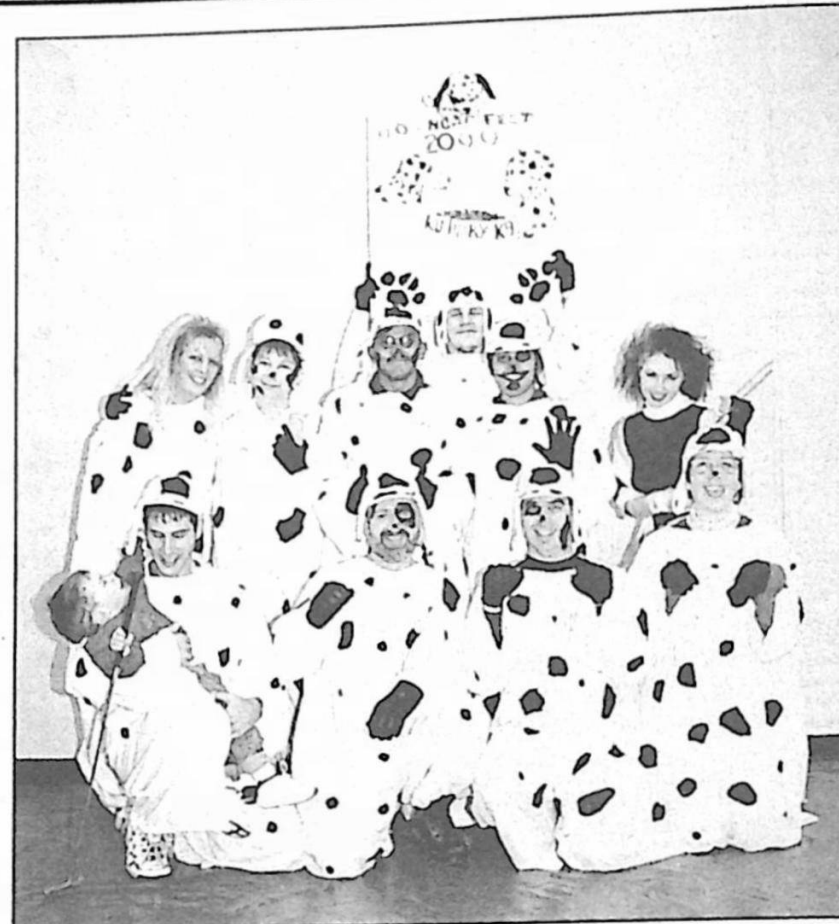
Be truly interactive. Physical activity, healthy eating and doctor's advice are key to successful weight management.



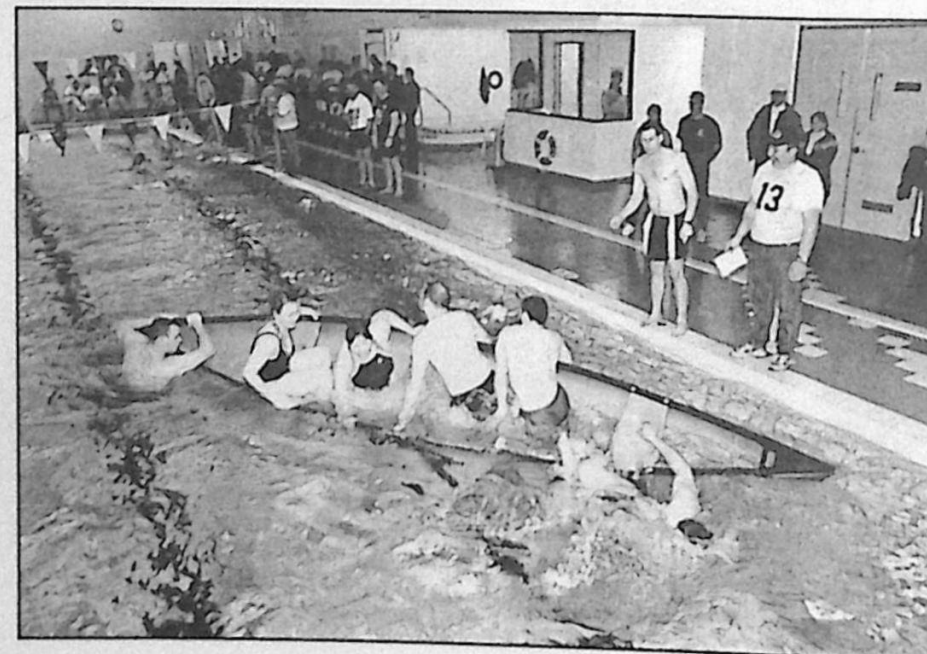
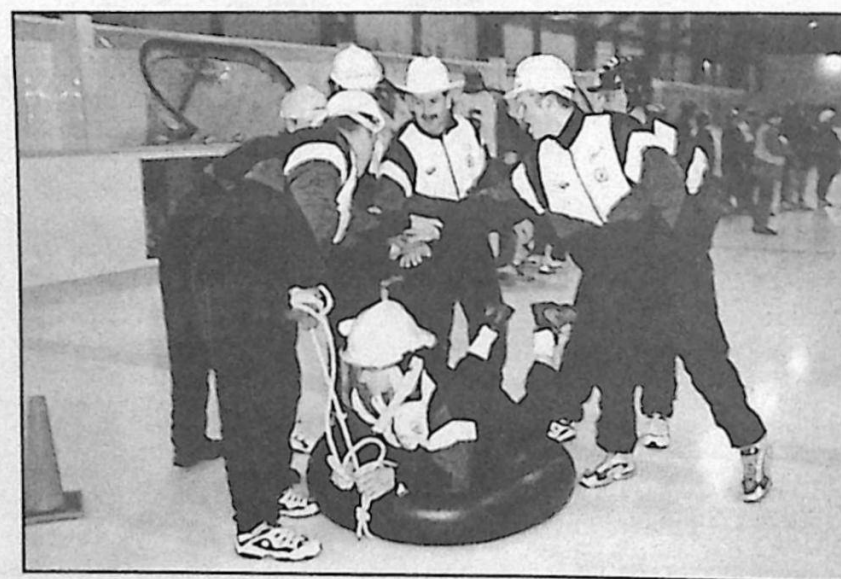
www.participation.com



Despite the rain, everyone had fun at the No Sno Fest



Photos by Wing Imaging



# Rec Centre News

By Jake Plante

## Silver Totems gear up for road trip



19 Wing Comox Silver Totems are once again the Pacific Region Oldtimers Hockey Champions. They earned the right to represent the region by defeating Esquimalt 4-1 in an action packed final game.

All the goals were scored in the second period of the game, with Esquimalt starting it off. Rob Peterson pipped in the first goal of the game at the 18:18 mark and the Silver Totems waited until the 10:42 mark when Gilles Gagnon pipped in one of his two. Alex Robertson scored the winner at 7:22 and, with less than a minute remaining, Gilles Gagnon and Mark Moffatt added in a couple of empty netters.

The tournament was a great success thanks to the help of our volunteers: Gary Sieben, Ken O'Hara, Dan Smith, Andy Moorhead, Stephane Rainville and Andy Andrews. Also a big high five to the tournament sponsors: Molson Breweries, Brazen Sportswear, The Black Fin Pub and Marina, Advantage Sportswear, Oland Specialty Beer Company, Courtenay Pacific Restorations and Nevada Bob's.

## Comox hosting Pacific Region Championship

19 Wing Comox will be hosting the 2000 Pac Region Badminton and Squash Championship 9-11 March. Players from Esquimalt, Pac Fleet, Colorado, Vancouver and Comox will be competing. Play starts at 0830 hours on the 9<sup>th</sup>.

### Commander's Cup Hockey

We will start the New Year off right - more hockey. The Commanders' Cup is slated for 2-7 April so get your team ready - there isn't much time left. There will be a meeting at 1000 hours on 20 March in the FCC conference room. Team reps and the chief official must attend.

### Fastball meeting

The Men's Base Fastball has a meeting in the FCC conference room on 16 March at 1300 hours. Interested coaches and players are urged to attend. Contact is MCpl Troy MacDonald at 8805 or Jake Plante at 8783.

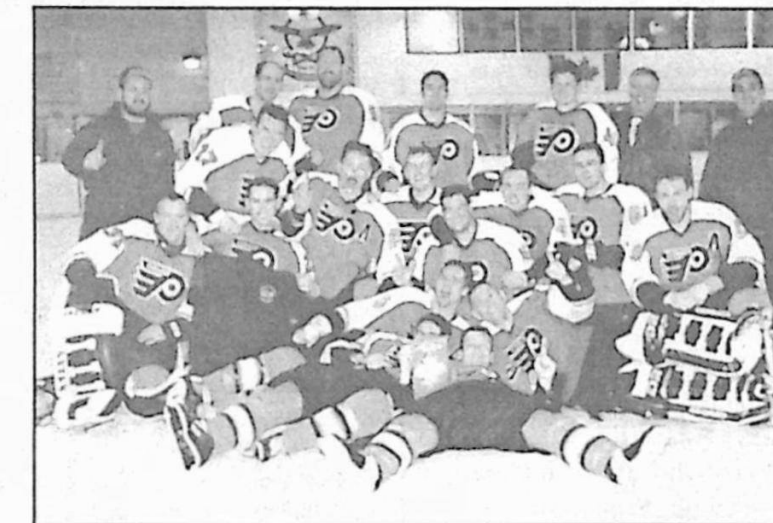
### Commander's Cup Schedule 2000

Hockey	2-7 April
Volleyball	3-5 May
Softball	19-23 June
Basketball	23-25 August
Floor Hockey	13-15 September
Golf	2 May, 6 June, 27 June, 8 August

**March Break Open Swim times**  
20-24 March  
1300-1500 hours  
Open to all authorized members and registered Rec Pass holders.

# Flyers to Nationals

By Cpl David Calow, Tel/Data Services



### Jake's Trivia Corner

1. Who was the youngest pitcher to win the Cy Young Award?
  2. Who made the most consecutive free throws in a season?
  3. Who has the most knockouts in professional boxing?
- (Answers on page 14.)

To get to the nationals, of course, we had to face our rivals the Esquimalt Fleet Tritons in a best 2 out of 3 format. Our first game was a hard-hitting action packed affair. In the first period Dan Janelle started out the scoring drive, followed by a pair from centre Derek Miller and one by Jeff Clairmont. Esquimalt finally got into the fray with their first goal at the ten-minute mark by Gavin Wort. Derek Miller of the Flyers capped off his hat trick, and #5 Keeble netted what would be the Tritons final point of the game.

The second period saw only one goal by our newest addition, Paul MacQueen. In the third frame Paul scored again, followed by Kelly McLaughlin, to make the final a resounding 9-2 win for the Big Orange Machine.

Our second game saw the Flyers come out a little flat in the first period, with the Tritons notching three goals before the halfway point - courtesy of Aucherlonie, David and Gavin Wort. The Flyers seemed to wake up at this point and, after several close calls, we finally netted our first with 7 seconds left in the period. The second period was a hard fought and netted us our second goal by Jeff Clairmont.

The third frame was where the Big Orange Machine started to roll - Wade Simpson tied the game at the 10:53 mark, then proceeded to notch his second and third for the natural hat trick. Finally Kelly McLaughlin finished out the period with our final goal to make it a 6-3 win for the flyers.

The Flyers would like to thank all who came out to support the team and push us on to victory. As well, we would like to thank our coaching staff Bill Shaw and Paul Flemming and also, as always, our trainer Darren Tufts.

For the first time in six years the 19 Wing Flyers Base Hockey Team has won the Pacific Region Play-downs and has the right to represent the Pac Region at Nationals in CFB Borden from 19 - 26 March.

**Century 21 TOWN & COUNTRY REALTY INC.**  
Posted to Kingston in 2000?



**Don Wyld, CMI**  
Military Authorized Realtor  
If a posting to our beautiful "Limestone City" of Kingston is where you are headed, please give me a call at the "TOLL FREE" number below and I will send you a "Worry-Enders Kit of Kingston" (with video) containing maps, home prices, school information, shopping facilities, transportation and more.  
Please call or write:  
Don Wyld, CMI, Sales Rep.  
#1 Barrfield Centre, Kingston, Ontario,  
Canada K7L 5H6  
Fax 1-613-545-1101 or  
Toll Free 1-800-438-9953  
Visit the Canadian Military Relocation Network Website at [www.cmre.com](http://www.cmre.com)  
Email: [donwyld@limestone.kusone.com](mailto:donwyld@limestone.kusone.com)

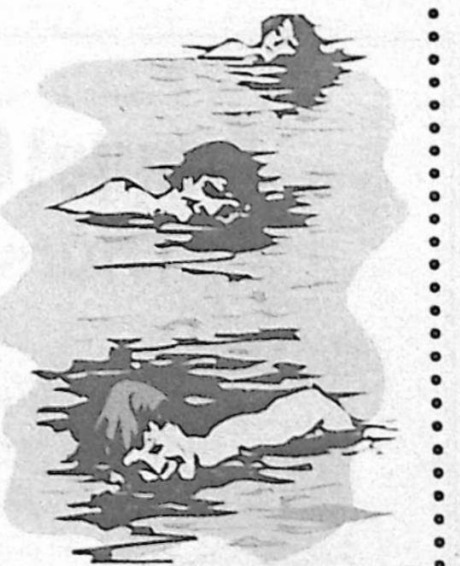
New Homes by "Caraco"

For a complete information package of new homes being built in Greenwood Park, minutes from CFB Kingston and RMC, see the whole package at [www.c21wyld.com](http://www.c21wyld.com)

# AQUAFIT

Who: Military, DND, Rec Pass holders  
When: 27 March - 21 April  
Mon, Wed, Fri: 1600-1645 hours  
Tues & Thurs: 1030-1115 hours  
Cost: \$28.00 for the full session (20 classes)  
Or: \$3.00 drop-in fee

To purchase a Rec Pass, see the Fitness Department.  
For further info: Andy Moorhead local 8946.



# Comox Military Family Resource Centre

Centre de Ressources pour Les Familles Militaires de Comox

Phone: 339-8290

## Open for comPUting...



Would you like to learn more about computers?

Would you like to surf the World Wide Web?

Would you like to send e-mails to your friends all over the world  
Would you like to take interesting computer workshops?

**Why not sign up to become a member of the  
Family Resource Centre's Computer Club!**

- Friendly staff and instructors to lend a hand if you need it!
- 10 computers all hooked to the internet
- Flexible hours
- It's Free!

phone 339-8290 today for more information

## March Workshops

### Financial Investment for women

This workshop is designed to help women take control of their financial future now. Susan Weeda, an investment professional will cover topics such as how to develop a financial plan and stick to it! Investing now for the long term; basic investments; how to shelter your investment dollars from taxes and using how to effectively use professional investment advice.

You have heard it many times before and you will hear it again - there truly is no better time

than now to start planning your financial future.  
**Date:** March 13th  
**Time:** 6:00-8:30pm  
**Location:** 19 Wing Fitness and Community Centre.  
**Cost:** No cost!

### "Who am I?" Fitting a round peg into a round hole

Given the importance of work in our lives, few things are more emotionally damaging than doing work that does not play to what we are. It is essential therefore to know who I am at my core. What are my values

and beliefs that define my authentic self?

This workshop is an exercise in self-assessment and the creation of a personal mission statement as an essential guide in our career transition and job search. Free childcare will be provided for military family members who are attending this workshop. Pre-registration is necessary.

**Date:** March 15  
**Time:** 9-11:30am  
**Location:** 19 Wing Fitness and Community Centre  
**Cost:** Free for military family members  
**Facilitator:** Liz Wouters

## Programme en Français

Pour tous renseignements et inscriptions, veuillez contacter Danielle au 339-8211 poste 8656 ou le 339-8290

### Le Club d'informatique du CRFMC est maintenant Ouvert!

- 10 ordinateurs disponibles pour la communauté militaire (membres et leurs familles) et les employés de DDN et c'est gratuit.
- La salle est disponible à des heures différentes durant la semaine pour des cours, accès à l'Internet, courrier électronique et du travail individuel. • Les utilisateurs doivent être membre du Club d'Informatique du CRFMC.
- Vous devrez remplir une formule d'inscription et consentir à suivre le guide d'utilisation. Pour inscription, les heures d'ouverture, composez le 339-8290.

### Club de marche

**Dates:** Tous les mercredis  
**Rencontre au CCCP**  
**Heure:** de 9:00 à 10:30hrs ou 12:30 à 14:00 hrs

### Club de dictée

**Animatrice:** Françoise Casset  
**Date:** les jeudis, 2 et 16 mars, 6 et 20 avril, 4 et 18 mai.  
**Heure:** 19 à 20:30hrs  
**Coût:** Gratuit  
**Endroit:** Salle de cours #2 au CCCP

### Intro à l'Internet

### Email, Recherche et virus

**Animateur:** Richard Roy  
**Date:** Mardi le 28 mars  
**Heure:** 18:30 à 21:00hrs  
**Coût:** \$5.00  
**Endroit:** Salle d'ordinateurs au CCCP

"Nous travaillons pour l'amélioration de la qualité de vie des militaires et de leur famille dans notre communauté"

## Assemblée Générale Annuelle

Le jeudi 9 mars, 2000  
19:00hrs

Au Centre Communautaire et de Conditionnement  
Physique de la 19<sup>ème</sup> Escadre

Membres militaires actuels et à la retraite de la force régulière et de la réserve, conjoints(les) et membres des familles militaires sont bienvenus à assister à cette assemblée.

Pour plus d'informations, contactez le 339-8290

"Working to enhance the quality of life for military members,  
retired members and their families in our community"

## Annual General Meeting

Thursday, March 9th  
7:00 p.m.

19 Wing Fitness and Community Centre

All serving and retired military members, regular and reserve, spouses and family

members are encouraged to attend.

Call 339-8290 for more information

# Wallace Gardens Community Association News

## Events and Notices

### Easter festivities

This year's Easter Festivities will take place Saturday, April 15, at the New Community/Recreation Centre. If you would like to volunteer for this activity, please contact Mona at 339-4627.

Look for more information in upcoming flyers!!!

Please note - to participate in this function you **MUST** be a member of Wallace Gardens

### Adult craft club

#### Sunbonnet Flower Pot Doll

Create a whimsical flower pot doll! A list of supplies may be picked up in the Wallace Gardens office.

**Date:** Sunday, 19 March 2000

**Time:** 7:00-9:00 pm

**Location:** Craft Room

**Cost:** No charge to Wallace Gardens members, \$3.50 drop-in fee to non-members.

For more information, please call Jennifer @ 339-7183

## Canada Day 2000 celebrations

This is a call for all those individuals who would like to help organize this year's Canada Day festivities. The format will be much the same as last year in that it will be open to Military personnel & Civilian employees of 19 Wing Comox and their families only. If you wish to get involved in this event, please call Jane at 339-8211 (8571).

## Winter sports program

We are running a winter sports program for ages 9-13, Saturday evenings from 5-7 pm in the new base gym. Activities such as floor hockey, basketball, badminton, and volleyball are played, followed by a visit to the teen room to wind down with your friends. This program runs every Saturday evening with the exception of Sock Hop Saturdays. Please remember that proper athletic footwear is required. If the weather is bad - please carry your runners as muddy footwear will not be allowed in the gym!

## Children's video afternoon

**When:** Sunday, 19 March

**Location:** Large Multi-Purpose Room A

**Ages:** 4-8 from 12:30 p.m. to 2:00 p.m.

**Ages:** 9-12 from 2:30 p.m. to 4:30 p.m.

**Cost:** Free for popcorn & drink: 50¢/members, \$1.50/non-members

For more info please call Suzanne @ 338-2584

## St Patrick's Day Sock Hop

**Date:** March 11

**Time:** 6:00-8:00 pm

**Location:** 19 Wing Fitness and Community Centre

**Room:** large multi-purpose room

**Cost:** .50¢ for members and \$1.50 for non-members

For more info please call

Shelley at 339-4169 or Dolina @ 890-0679

STATUS	PERIOD	SINGLE		FAMILY	
		Current	New	Current	New
Regular	1 Year	\$32.00	\$65.00	\$48.00	\$100.00
	6 Month	\$20.00	\$39.00	\$30.00	\$60.00
	3 Month	\$12.00	\$29.00	\$18.00	\$40.00
	1 Month	\$6.00	\$13.00	\$10.00	\$20.00
Drop in Fee	Adult		\$3.00		
	Child		\$2.00		
Ordinary	1 Year	\$64.00	\$130.00	\$90.00	\$180.00
	6 Month	\$40.00	\$78.00	\$50.00	\$100.00
	3 Month	\$24.00	\$48.00	\$30.00	\$72.00
	1 Month	\$12.00	\$26.00	\$20.00	\$36.00
Drop in Fee	Adult		\$3.50		
	Child		\$2.50		
Non Affiliate Guest	Adult		\$4.00		
	Child		\$3.00		

NOTE: REC PASS PRICES DO NOT INCLUDE GST.

## TEEN DANCE

Saturday, 18 March

7:00 - 11:00 pm

19 Wing Fitness and Community Centre

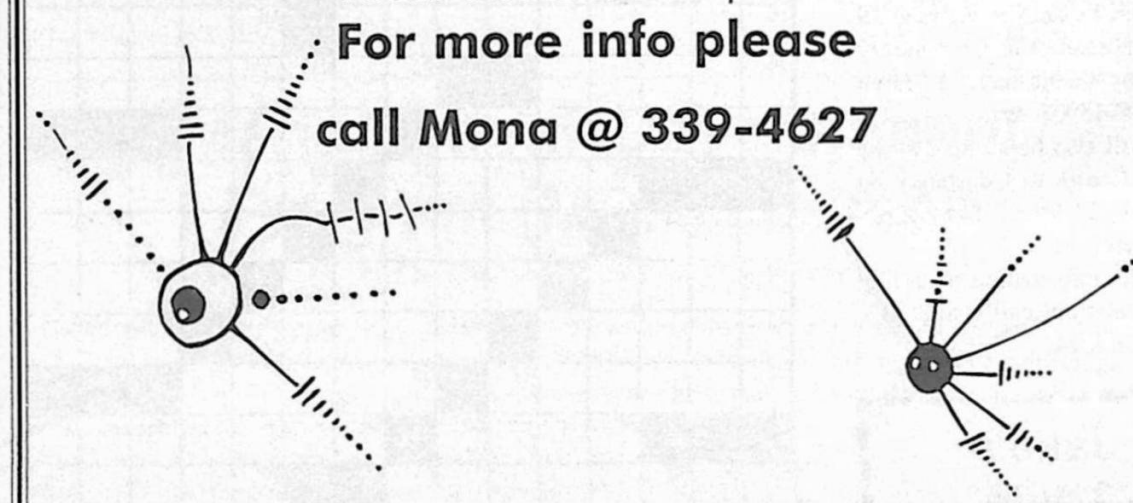
Large Multi-Purpose Room

WGCA Members \$1.00

Non-Members \$3.00

For more info please

call Mona @ 339-4627



## Message from WComd Col W.J. Neumann

### Revised Rec Pass fees

Since the opening of the new fitness centre last month, interest in the facilities available at 19 Wing has increased exponentially. Hundreds of authorized clients who did not previously use the gym have requested Recreation Passes, taxing the capacity at times and forcing us to hire additional staff. I am pleased that so many people are using this excellent facility; however, this carries a cost.

Each Base has a fitness facility to assist military members to maintain the level of fitness required by the EXPRES program. The Personnel Support Agency is allocated public funds to pay fitness instructors and coordinating staff to provide this service from 0730 to 1530 daily. Regulations allow me to open the fitness centre to select people such as military dependants, CF annuitants, and civilian employees of the Base after hours; however the cost of operating the facility during these times is not covered by public funds. Funds are raised through the sale of Rec Passes, drop-in fees and facility rental. Any shortfall is covered by Base Fund.

On 23 Feb 00, The Base Fund Committee recommended, and I have approved, a dramatic increase in Rec Pass fees effective 1 Mar 00. Although these fees will be substantially higher than those we have seen in the past, they are much lower than those charged at lesser facilities in the local area and are comparable to those charged at most other Bases. We are also preparing to set up a pay allotment

system to spread the payments across the full year.

There are several reasons for the price increase. First, the current prices were very low compared to expenses and had not been raised for several years, despite wage increases for the staff. Rental income has decreased significantly this year with the opening of the new Comox Valley pool. Our new facility is larger and much more active than before, and this has caused us to double up on monitors and lifeguards to ensure the safety and security of clients and of the building. Finally, increased use of the facility will result in higher equipment maintenance costs. We considered cutting hours to keep costs down, however since the new place opened it has been constantly busy. Where only five or six people would come for Sunday evening swims in the old pool, now it is usually full. If people are using the facility, I do not want to cut the hours. I will not increase rental time for two reasons: first, I want to maximize availability of the facility for base patrons, and second, I cannot allow the fitness centre to compete with civilian operations. Revenue, then had to be generated by increased Rec Pass fees and increased Base Fund subsidy.

The non-public cost to operate the fitness centre after hours for next year will be approximately \$75,000. Only 34% of this cost will be covered through the sale of Rec Passes, even at the new rate. Another 23% will be covered by drop-in fees and facility rental. The re-

mainder, approximately \$24,000, will be subsidized by Base non-public funds, compared to a \$4,000 subsidy last year.

Both military members and Rec Pass holders have raised concerns regarding the hours that Rec Pass holders can use the Fitness Centre. Because we need a team which is fit and ready to perform, some hours during the week are reserved for use by military personnel and full-time base employees only (with priority going to military).

Regulations indicate that the facility should only be open to Rec Pass holders after working hours. I do not like to see the facilities lie dormant in the mornings and afternoons, and therefore have authorized use by Rec Pass holders during these times. The W Pers Svcs O will convene a meeting with representation from all user groups, to seek the best solution while recognizing the need for military training.

The FS&R staff has worked extremely hard to put the new facility together and to accommodate the influx of new clients. In so doing, they have suffered the brunt of users' discontent. These people are working under my direction with policies I have approved and I expect all users to treat them with the respect that they deserve. Any concerns regarding Recreation Passes or other policies related to the new fitness centre are to be forwarded to the W Pers Svcs O or to me directly.



North Island

Rhododendron Society
Monthly meeting will be held March 14 at 7:30 p.m. at Comox United Church on Comox Avenue at Beach Drive. Speaker will be Susan Johnson on day lilies.

Help Wanted

Earn \$200, \$300, \$500 or more per week, assembling product in the comfort of your own home. Send self addressed stamped envelope to: O.P.H. 6-2400 Dundas St. West, Suite 541 Ref 728, Mississauga, ON L5K 2R8.

Choristers Wanted

Singers required for Our Lady of the Sacred Heart Chapel (RC) choir, 19 Wing Comox. Practices are Thursday evenings starting at 6:30 p.m.

For more info, please contact: Charlotte Harvey (choir director) 897-09856

Newcomers' Club

Monthly meeting Mon 13 March at 7:15 p.m. at the Florence Filberg Centre, 411 Anderton Avenue, Courtenay.

This club is for women of all ages who have resided in the Comox Valley for less than two years. Membership is limited to three years so all our members are "new" to the valley.

The club is primarily a social club which offers many activities such as walking, bridge, crafts, lunches and day trips. The monthly meeting consists of a short business meeting, coffee time, and an opportunity to meet members and ask questions. New members are always welcome.

Quilt Show

The Parksville Quilt House Quilters Guild is presenting one of the first quilt extravaganzas of the millennium: Stitches in Time Quilt Show 2000 - Candlelight to Computers

Fri 17 Mar 10:00 am - 8:00 pm
Sat 18 Mar 10:00 am - 5:00 pm
Sun 19 Mar 10:00 am - 5:00 pm

Comox Valley Farmers' Market

Glenn Miller has been named as the market manager for the upcoming season, running both the downtown Wednesday market and the Saturday market at the Headquarters Road fairgrounds.

To find out more about the market, vendor applications and entertainment possibilities, call or fax Glenn at 337-8479, e-mail: mervillemillers@netscape.net

The season kicks off on 15 April at the fairgrounds. "Come for the freshness, stay for the fun"

Canadian Cancer Society

14 Mar: Breast Cancer Support Group 10:00 a.m. at Comox Rec Centre.

15 Mar: Monthly meeting of the C-V Cancer Society 2:00 p.m. in Courtenay United Church.

Canvassers Needed

The Canadian Cancer Society is recruiting canvassers for its April 2000 Residential Fundraising Campaign. Canvassers are needed in all areas of the Comox Valley. Volunteering for as little as three hours can make a difference.

Money raised goes to education in the prevention of cancer, research for the eradication of cancer, and patient services improving the quality of life for cancer patients. To volunteer contact Dianne Larson 334-4367 or Nelleke Young 335-9105 or the society office at 338-5454.

LEND YOUR TIME AND HELP SAVE A LIFE!

Comox District Concert Band

Rehearsals: Tuesdays, 7:30 p.m. in the Band Room at Courtenay Junior School. New musicians welcome. Further info: Pat 339-5091

For Sale

Chain link fence, 150 foot perimeter includes 4 foot gate and top rail. Perfect for dogs. Excellent condition. \$450.00 firm. 339-4783 <1/2>



COURTENAY FLIGHT CENTER
YOUR FLIGHT TRAINING SPECIALIST!
338-9814

MWO CYRIL RODGERS LOC 8501, MAJ TONY APPELS LOC 8175 OR CWO JOHN MERCER LOC 8723

\$1 CARWASH

A 24-hour carwash is available to all base personnel. The Auto Club carwash is located next to Clothing Stores. Hot soap, hot wax and a cold rinse - all supplied for a loonie.



Jake's Trivia Answers

- 1. Dwight Gooden
2. Michael Williams
3. Archie Moore

Scoutrees for Canada

Scoutrees for Canada is a Canada-wide environmental program designed to give all members of Scouts Canada the opportunity to demonstrate, through action, their concern for their country.



In future years the millions of trees (over 65 million trees since 1972) will help beautify Canada and provide a renewable resource. The members involved receive practical training in conservation and reforestation and they will see the results of their work for years to come.

Scoutrees for Canada is also a fundraising project. The funds raised have been used to help further Scouting in our community and to develop campsites. Some of the money is used to help support international Scout programs designed to help Scouts in Third World countries learn about "village technology" so they can help their families and communities. Learning about fish farming, planting trees on the edge of the Sahara, learning trades - these are examples of projects Scouts have undertaken in the past few years.

This year, it is expected that Canadian Scouts will plant millions of trees, over 15,000 on Vancouver Island alone. The Comox Valley District will be involved in a cooperative plant at Buckley Bay on March 19.

This year the pledge campaign runs until March 18. When a member of Scouts Canada calls on you to seek your support, please be generous. Tax receipts are available for donations over \$20.

For more information call 897-1434

French Courses

The following French courses are available this year:
PL2 March 21 - May 3 (Tues-Fri: 0730 - 1530)
PL4 (or PL3) May 8 - June 9 (Mon-Fri: 0730 - 1530)
Specific skills June 12 - 30 (Mon-Fri: 0730 - 1530)
Additional courses and/or different levels can be run if there is sufficient interest.
DND military and civilian personnel, as well as military dependents are encouraged to apply using the P drive: P:ALLUSERLANGUAGETRAININGREGISTRATION.DOC, or call Dr. Fathi at 8828.

TODAY'S CROSSWORD PUZZLE

Crossword puzzle grid with clues for Across and Down. Includes 'PREVIOUS PUZZLE SOLVED' section with a grid of words.

Large crossword puzzle grid with numbers indicating starting positions for clues.

Keelboat Course 2000



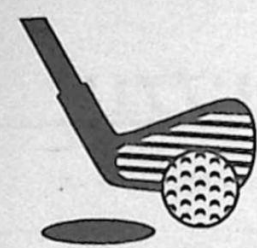
Starting April 29/30. Come out and learn how to tack the wind. Then take advantage of our rental fleet. Discover Desolation Sound and its surroundings. 19 Wing Comox CFSA has it all.

For more info visit our Intranet website on the Wing BBS, Organization, Clubs, Sail Club. To register please contact: Jean-Yves Boulay loc 8805

Toastmasters

Comox Valley Toastmasters meet every Wednesday 7-9 p.m. at Courtenay Junior School For more info: Harry Piercy, 338-7166.

Next Deadlines
Advertising: 15 March
Articles: 17 March, noon



Winter Golf

By Barb Carter

March 5 and a beautiful sunny day, but with that came the frost delay, but at 10:15 a.m. all seven 3-man teams were ready to tee off. Mike Slauenwhite's team with Wayne Ogilvie and Jim Hume came in 1st Low Gross with a plus 6. 1st Low Net went to Dick Nex, Fran Hume and Russ Englemeyer with a minus 11. 2nd Low Gross Bud Bryan, Jim Trask and Gord Pritchard with a plus 7. With a minus 7 Ron Carter, Jack Hawkins and Joyce Merrill.

March 12 will be the last Sunday for Winter Golf. Hey, it's time

Glacier Greens Golf Shots

for the summer to begin and we're all looking forward to that. On February 17 (that's a guess) Bruce Horochuk had his first Hole-in-One, using a nine iron, on #4. Not an easy task. Well done, Bruce.

Many thanks to Scott Fraser for sponsoring the Low Grosses, to Steve Dodd for doing the same with the Low Nets.

The patio area is shaping up to be one of the nicest, so many people to thank: the ex-RCMP's and ex-Officers have done so much, as well as many others - too numerous to name all. Hats off to Gussy and Gord Pritchard who have volunteered to do all the plants, trees, and everything else to make this a pleasant spot to sit. If you are starting your garden and have extra stuff you don't need, call Gussy at 338-0540 and it will be picked up. Wanna donate a tree? See Sinc Ash. We want this project to be the best.

Management Development Program (MDP) courses

By Caroline Cannon, CFCFN Co-ordinator

The Canadian Forces Community College Network is again offering Seneca College's Management Development Program at 19 Wing. This certificate program has been designed for first-level supervisors and those who would like to explore the field of management. It can help you build on your experiences to become a more effective supervisor or manager, and develop increased confidence in your abilities as a decision-maker and leader.

The program consists of six courses covering the major topics supervisors and managers need to understand to be more effective in

their work. Courses are delivered in weekend workshops. Sessions feature discussion of ideas, sharing of experiences, case study analysis, practical exercises and mini-lectures. The focus is on applying ideas to on-the-job situations.

A Seneca College certificate will be awarded once you have successfully completed any six of the following subjects: Human Relations; Communications; Administration; Labour Relations; Management for results; Team Building and leadership; Leadership; and Advanced Leadership. If you have JCL or SLC, you can

Boy, I'm sure late with this report, but it couldn't be helped. Sorry about that guys.

February 20 was a total wash-out although the course did open, it was too late for Winter Golf.

February 27 and only twelve showed up to play, and play they did with some great scores. 1st Low Gross went to the team of Mike Slauenwhite, Dave Kelly and Bill Pomponio. They had a plus 3 on a countback. 1st Low Net, with a score of minus 7, also on a countback, went to Phil Nakashima, Ron Carter and Jim Trask. Only one KP on #15 and it was Phil Nakashima making the shot.

March 12 will be the wind-up, so get out before it's too late.

Ladies Club will be starting their season on March 28. It will be 18 holes, followed by lunch.

The ladies are still collecting stuff for the Garage Sale - good usable things will be appreciated.

Hopefully the weather will be nice so we can end the Winter Golf season in style. Till next time...



Royal Canadian Legion

Branch 17 Courtenay (334-4322)

Dance: every Friday evening, 8:00 p.m.
Mar 10 Country Cousins
Mar 17 Ventura Highway
Mar 24 Vested Interest
Mar 31 Gary's Sound Machine

Special Events:

Mar 18 Games Night - darts, euchre, crib Register 6:30 p.m. Play 7:00 p.m.
Mar 19 St. Patrick's Day - Irish Stew, \$3 per plate 1:30 - 6:00 p.m. Music by The Easterners

Branch General Meeting - Tuesday 28 March, 7:30 p.m.

Branch 28 Cumberland (336-2361)

Every Wednesday, Bingo 7:00 p.m.

Hall rental: non-members \$75, members \$50, kitchen use \$25.

Branch 160 Comox (339-2022)

Mondays...Ladies Auxiliary Drop-in Bingo (Upper Hall doors open 6:30 p.m., Bingo 7:00 p.m.)
Friday Night Dances 8-12 p.m.

Mar 10 Vested Interest
Mar 17 Highway 19
Mar 31 Ventura Highway

Special Event:

Mar 24 Lobster Dinner & Dance
No Host Bar 6-7:00 p.m. Dinner 7-8:00 p.m. Tickets \$22.50 per person, available at Bar or Office. Music by The Easterners.

General Meeting - Thursday 16 March at 7:30 p.m.

Call Branch office Mon - Fri at 339-2022 for more info.

888 (KOMOX) RCAF WING



Air Force Association of Canada

Calendar of Events

Sunday Brunches & Games: First Sunday each month.
Pub Grub Fridays - Horse Racing, Darts, Cards.

Special Events

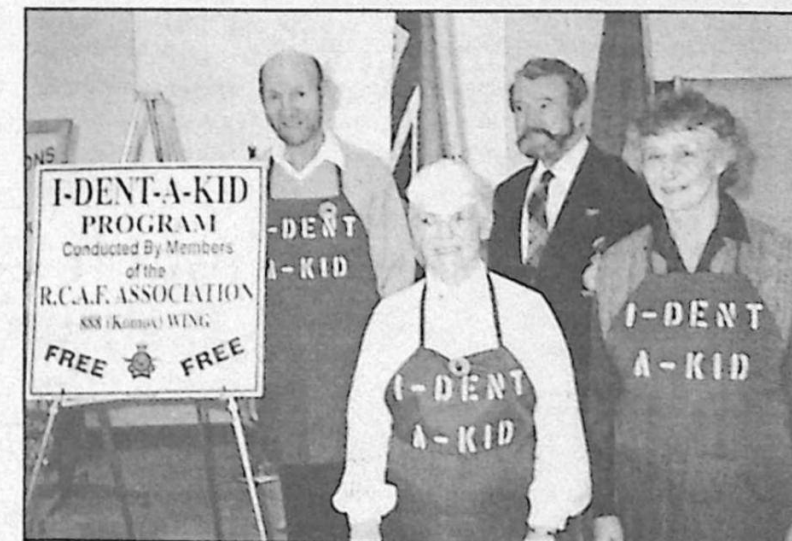
25 Mar Spring Dinner/Dance, 6:00 for 7:00 p.m.
\*\*\*Tickets for main event go on sale two Wednesdays in advance, noon at the Bar.

Annual General Meeting - 5 April, 7:30 p.m.

Regular Force Members Welcome!

888 Wing hours:

Monday - closed\* Tuesday - closed
Wednesday, noon - 6:00 p.m. Thursday, noon - 1:00 a.m.\*\*
Friday, noon - 1:00 a.m.\*\* Saturday, noon - 1:00 a.m.\*\*
\*Bar open on Holiday Mondays. \*\*Bar could be closed as early as 9:00 p.m. if there are no customers, at the discretion of the Bar Manager.



Waiting for Customers

Cec Donovan (in blazer) and his group of volunteers stand ready to Ident-a-Kid. (Old photo - it's 888 (Komox) RCAF Wing, A.F.A.C. now.)

Wingnotes - By Norm Blondel

IDENT-A-KID

One of 888 Wing's most enduring programmes is the Ident-a-Kid scheme, operated by Cec Donovan and his small group of volunteers. Funded by the Federal Government under the Seniors' "New Horizons" programme, it began in the valley in 1988. Started in Hamilton in 1978, the police were so pleased with its effectiveness in safeguarding children, they pressed for a national programme. Most Air Force Association Wings operate an Ident-a-Kid scheme in their localities.

Basically, the scheme involves fingerprinting and recording personal information about a child, for the parents' use only. A standard chart is used, which contains prints of all fingers and thumbs and composites of four fingers taken together. On the back of the chart, a front-and-back drawing of a child's body enables distinguishing features to be recorded. There's also a space for a recent photograph. Only one copy is made. If a child goes missing for any reason, he/she can be more easily identified. Many lost children have been returned to their parents after an Ident-a-Kid form was produced for the police.

The RCMP will train volunteers in the proper and professional fingerprinting and identification methods. Cec Donovan and his group have "Idented" nearly 4,000 children since the scheme started here in 1988, holding monthly sessions in the Driftwood Mall from 11 a.m. 'til 2 p.m. on dates advertised in the local newspapers, Community TV and in the Mall activity bulletins. The ages of children involved run from 3 to 16 years, but younger children are printed if they are co-operative, usually a hand print, followed by proper prints in a year or so.

We're out for blood!

New blood, that is. Our annual general meeting is coming up on April 5, and, out of our 570-odd members, we would like to see a few more volunteers to enhance the club's activity programmes and, in some cases to replace tires, burned-out, worn out and frazzled volunteers, some of whom have been slaving away for the Wing's benefit for many years. They deserve a break and we are hoping some fresh new members will answer the call. You don't have to be an exec if you don't want to, but our various committees do need an influx of new volunteers. Pick your committee and put your name in please.

Are you a Regular?

Reserve Force, either is welcome to apply for membership in the Air Force Association of Canada. Joining 888 (Komox) Wing costs \$45.00 per year, and that includes a subscription to our splendid Airforce magazine, not to mention the award-winning Contrails bulletin, produced at 888 Wing. That's not all - fine dinners and dances, pub grub nights, games or just plain socialising with your own lot. If requested, we grey-hairs will also tell you war stories. Can you beat that? Phone us at 339-0888 or drop in during our opening hours. See our events calendar on this page. Bring a friend.

# Heritage Happenings By Joel Clarkston

## Vampire-Tutor trade near completion

After a year of paperwork, negotiation and hands on work, the Vampire-Tutor trade is near completion. It was January of '99 when Mr. Bill Lamberton of Washington State first inquired about the museum's interest in the deal, or even if such a deal was possible. Enthusiastically confirming the former, and not knowing the answer to the latter, the museum staff pursued the matter through 1 CAD and DDSAL, NDHQ and a year later, the deal is almost done. All that remains is clearance to export the depleted Uranium counterweight that is used in the Tutor tail, and a final, signed copy of the trade agreement. Both of which are to arrive at 19 Wing shortly. Both the Tutor and the Vampire are currently hangared at 19 Wing.

Being a firm believer in the "wait long enough and a miracle will occur" theory, it was with much relief that I recently received an e-mail stating that the aircraft stored in the QRA can stay until the end of March. Prior to this, instructions had been received that all of the stored aircraft, Vampire aircraft included, had to be moved by March 9 to make way for some visiting operational aircraft. Happily the operation has been postponed, or even cancelled, so the Vampire can stay indoors a little longer. Being made partially of plywood, a stay outdoors, even for a short period, may be detrimental to its health.

And since we don't officially own it yet, it would be best to keep it airworthy on the off chance that Mr. Lamberton may have to fly it out again.

The Tutor aircraft (017) has recently been modified to deactivate the canopy and ejection seat actuators. Mr. Harry Green of SPAR Aerospace visited 19 Wing last week to help WO Ford and members of 414 Sqn and 19 AMS with the modifications and certify the work. The Tutor will apparently be flown by Mr. Lamberton in the United States without the actuators, but this situation may change once the Tutor reaches the U.S. Everything else about the Tutor, except the Canadian markings, will remain as is, and the Tutor will be the first of its kind exported to the U.S. Some former Indonesian aircraft very similar to the Tutor are now flying in the U.S., but this will be the first of the flyable Tutors. Expect to see it on the U.S. airshow circuit in the near future, in civil markings.

### Spitfire Progress

People from the local area continue to volunteer for the Spitfire project and progress in being made, both administratively and construction-wise. The number of volunteer members of the Comox Valley Air Force Museum Association has now reached 35 with more people showing a great deal of interest. This is good news for

the project because there will be plenty of work for everybody when the project reaches full stride.

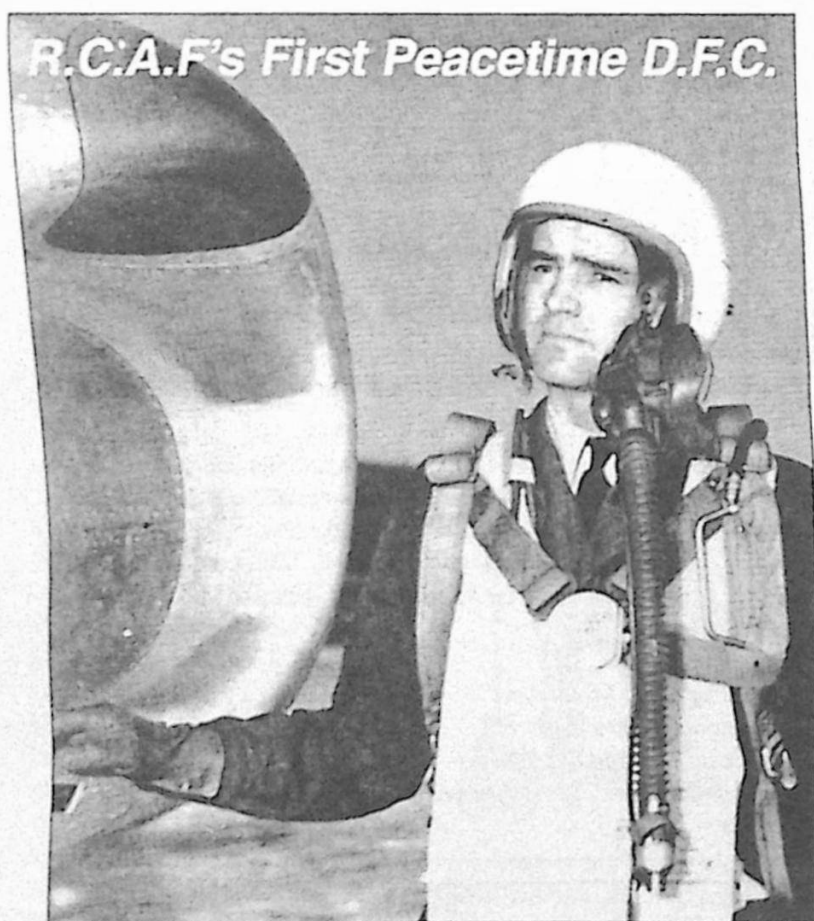
Administratively the project has been divided into three committees, a fund raising, project and steering committee. The fund raisers meet every Monday night at 442 Sqn while the project people

meet once per week at the Heritage Hangar. The steering committee meets as required to keep the whole thing on track. So far the project has been moving along nicely and an official kick-off of the project, complete with free food and media coverage is expected to be announced in the near future. The time, place and date of this

event will be announced via the Heritage Page of the Totem Times. Anyone wishing to know more about the project, or volunteer their services in the restoration effort, may contact the Comox Air Force Museum in person, (open 10:00 a.m. till 4:00 p.m. Saturday, Sunday and holidays) or by phone at 339-8162.



A night-firing F-86 of the R.C.A.F. Central Experimental and Proving Establishment stares open-mouthed at a camera stationed just inside the twin paths of its tracers. (From March 1953 issue of the Roundel.)



R.C.A.F.'s First Peacetime D.F.C.

Ft. Lt. E Glover is the first member of the R.C.A.F. to be awarded the D.F.C. when his country is officially at peace. While flying with the U.S.A.F. in Korea, he destroyed three MIG-15's and seriously damaged two others. He is now serving at R.C.A.F. Station Uplands as a flight commander in No. 422 Squadron. (From March 1953 Roundel.)

## BLAST FROM THE PAST

(Totem Times issue #19, 15 December 1960)

### Airforce Radio Show

You have probably heard the Airforce show which comes to you every Sunday and regard it as a normal thing, especially if you have been on a station that boasts its own radio station. At Comox however, this is far from normal, in fact it is unique. This is the only Airforce show of its kind run by an airman for the airmen.

It is exactly one year ago that Corporal Al Burden first thought about a show for the Airforce. There were many obstacles to overcome before this dream became a reality and before the show became airborne last February.

First the CAoD was approached and gave it his full support. Then, with Cpl Burden,

he had an interview with the Commanding Officer who also was pleased about the whole project.

All set? - not quite.

The radio station had to be approached and Billy Browne (head of the CFCP organization) listed as Al explained his plans. At first he was a little dubious, but finally he gave the show his full support.

Shortly after a happy Airman Al Burden went on the air with "The Airforce Show, dedicated to the den and women of the RCAF."

We hope that everyone will continue to give Cpl Burden their support by sending in requests or just by listening. Such a good effort deserves worthy praise, so we say, lot of luck Al, keep up the good work.



"Airman Al"



## Comox Air Force Museum

Dedicated to the preservation of West Coast aviation heritage and history

located at the entrance to CFB Comox  
Open weekends & holidays

