



TOTEM TIMES

19 Wing CFB Comox

THURSDAY 11 MARCH 1999

The Comox Valley's Longest Running Newspaper

VOL. 41 NO. 4

Inside this issue:



The original Canadian Air Force
page 16

Climb every mountain



see page 9

French Cultural Week Events
page 13

Pension reforms in the works: contributions will increase



Treasury Board President, the Honourable Marcel Masse, announced recently that the Government will soon propose legislative amendments to the Public Service Superannuation Act (PSSA), the Canadian Forces Superannuation Act (CFSA) and the Royal Canadian Mounted Police Superannuation Act (RCMPSA).

The major impact of these proposed amendments on CFSA members will be an increase in our pension contributions for CPP and CFSA. These increases will be phased in over several years to mitigate their impact. The initial four years of the phase-in will see CPP and CFSA contributions "de-linked," with our CPP contributions increasing from the current 3.3% to 4.95%. For a Corporal, this means that over the four year period, his/her CPP contributions will rise from about \$110 per month now to about \$156 per month in 2003, or a monthly increase in contributions of approximately \$10.50 in each of the four years. For a Captain, the corresponding CPP contributions are currently \$164 per month, rising to \$235 per month in 2003. The CPP increases being phased in are exactly the same increases as those that will be assumed by every Canadian.

During the "de-linking" of CPP contributions, our CFSA contributions will be frozen at their 1999 level. After that, our CFSA contributions could increase commencing 1 Apr 2004. Treasury Board ministers will set future CFSA contribution rates on a joint recommendation by the MDN and the president of the Treasury Board. There will be provision such that

our contribution rates will never exceed PSSA employee rates. Moreover, for the first six years of any required increase in CFSA contributions, such an increase will not exceed four tenths of one percent (0.4%) in any one year.

There will be no reduction in our current CFSA benefits and, in fact, some benefits will be improved. Pension benefits will be calculated on the basis of a five-year average salary rather than the current six-year average. It is also proposed that there be an adjustment to the CPP reduction at age 65, which would mean a slight increase in benefits. Finally, a voluntary cost-shared dental plan would be introduced for annuitants and their dependants. The legislation will also give us a greater degree of flexibility in making improvements in CF pension arrangements, including the development of a reserve pension plan and modifications to our SDB plan. The role of the present CF pension advisory committee will also be reviewed and changes may be made which would strengthen its consultative role in future pension plan changes.

Proposed amendments will ensure long-term sustainability of pension plans and improve their financial management. The Government's overriding objective in its proposed amendments has been to arrive at an outcome that is fair to members of the federal public sector pension plans, plan annuitants and the taxpayer.

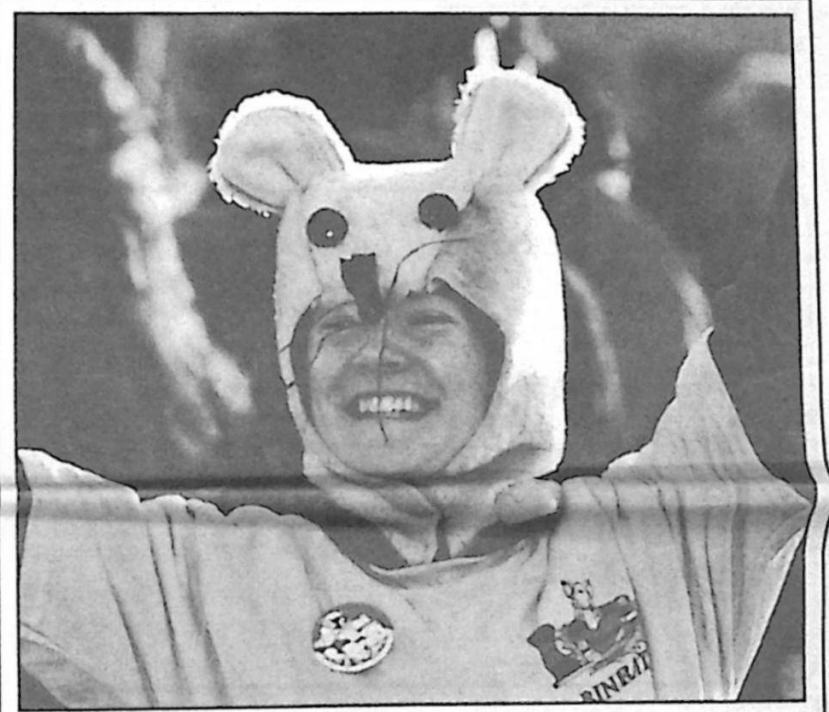
The main reason for the proposed amendments is that, under current federal public sector pension plan arrangements, there will be significant increase in the cost of these pension plans to the point that they would be unsustainable. Changes aimed at addressing financial pressures on the plans include "de-linking" CPP/QPP and pension plan contributions and the phase-in afterwards of any required increases in pension plan contributions.

The proposal will also provide for market investment of future

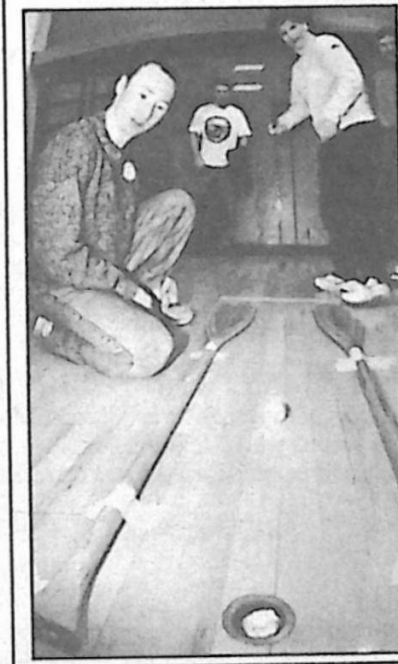
pension plan contributions by an independent pension investment board and will address the handling of existing pension plan surpluses. It is proposed that the current surplus be retired over 15 year. The proposed amendments will

also provide for the management of future surpluses.

Further information on the government's proposed amendments will be forthcoming in the Maple Leaf, the Personnel Newsletter and on the DND web site.



AEF and Supply take top prizes at No-Sno-Fest



The No-Sno-Fest, 19 Wing's Winter Carnival, was held last Friday.

The winners list as well as a word from the Wing Commander and more photos can be found on page 8.

Check it out!



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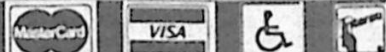
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News

Now that stock check is over for another year, things should get back to normal. New stock is beginning to arrive again - new chestfield sets have arrived and more things are on the way.

CANEX is featuring items on which you will receive BONUS Club Xtra points! There will be three different items picked each week, so make sure you don't miss out on these great deals.

All Easter Bunnies needing assistance should have a look at CANEX; there is a growing supply of Easter goodies for all ages. We have candy, chocolates and stuffed bunnies. Who knows what else might pop up!

1998 Fishing licenses are due to expire the end of March so keep

that in mind. At CANEX, we carry the salt-water licenses, along with a good selection of fishing lures and equipment, including survival suits, down riggers, rods and reels.

Check out the Ladies clothing department - new spring styles are arriving so come in and have a look.

Bicycles are on sale and, hopefully, the rain will stop soon and make biking a pleasure again! Lawn care items will soon be on display for the spring yard clean-ups.

Remember, if you see a lower price on one of our Price Advantage items, let us know and we will match it.

Remember we are YOUR STORE.



Stress video may cause distress

The "Witness the Evil" video, which highlights in a very frank and realistic fashion some of the stresses of modern era deployments and their potential effects on individuals, is presently viewed by a broad audience of CF members and their dependants.

A recent Canada-wide message addressed to all military employees explains that "some CF members and their dependants have reported experiencing a reactivation of previous emotional traumas as a result of viewing this video."

The message goes on to say that all showings of the video need to be preceded by a warning about its potential to cause distress in some people. "Appropriate professionals such as medical, social work, chaplain... should be available to lead or assist in the discussion and to respond to questions. Showing of the video to family members prior to deployment is not recommended."

The message also explains that "the video is an important step in demystifying and legitimizing some of the harmful effects of exposure to highly stressful situations. The video serves not only as a tool to encourage a better understanding of peacekeeping duties in the modern era, but also to educate, sensitize and prepare troops who are themselves getting ready for peacekeeping duties."

Who should have an RRSP?

By Kim Vogel, Comox Valley Rice Financial

The answer to the above is simple. Almost anyone who has earned taxable income, is under the age of 69, and would like a better investment return should have an RRSP. Registered Retirement Savings Plans (RRSPs) have been around since 1957, yet less than half of those eligible to purchase an RRSP even bother to do so.

Not long ago, the concept of retirement was unheard of. People worked as long as they could, often until poor health forced them to leave the workforce. Now retirement is the norm and, with medical advances extending lifespans, the retired population has a long and healthy future ahead. They just need enough money to be able to enjoy that future.

The time to start thinking about retirement is when you begin working. With so much time for invest-

ments to grow and compound, contributions can be smaller. For example, a one-time investment of \$1,000 at age 25 (assuming it earns 10% interest per year) would compound to \$45,260 over a period of 40 years to age 65. Conversely, that same \$1,000 invested at age 50 would only increase to \$4,177 by age 65.

It is more important to begin an RRSP early in life and invest consistently, rather than worry about the size of the investments you make. \$1,000 per year consistently invested over a period of 35 years would compound to \$235,124 at a rate of 9%.

Is there anyone who should not have an RRSP? Anyone with expensive debt (i.e. personal loans or credit cards) should pay this off first. But remember, an RRSP can be started with as little as \$30 per

month while providing immediate tax relief.

When calculating investment return and, more specifically, the first year's yield, it is important to take into account the tax deferred in the first year of an RRSP contribution. If you save 30% in tax, and the RRSP deposit earns another 8%, you have made a 38% gain in that year.

Part of the value of that gain, however, can be measured in how wisely the tax refund is used. Applying the refund against a mortgage, or towards next year's RRSP contribution, results in a more valuable long-term benefit than spending it on "impulse" items.

Remember, if you miss out on that early retirement on the tropical beach, it's not because you planned to fail, but rather failed to plan.

A hero in our midst



MCpl Harris, a medical assistant at 19 Wing Hospital, was recently granted an Award of Merit by the BC Council of the Order of the Hospital of St. John of Jerusalem.

On 19 August 1997, at Campbell River, British Columbia, MCpl Trevor Paul Harris went to the aid of 18-year old John Stamhuis who had fallen approximately 40 feet and was seriously injured while jumping from rock bluffs into the John Hard Dam spillway.

Mr. Stamhuis sustained injuries to his pelvis, chest, elbow and foot. MCpl Harris scaled the rock cliff to get to Mr. Stamhuis while Mr. Rasmus swam to the scene carrying his First Aid kit. The two men utilized their first aid skills to attend to the numerous cuts and lacerations, thus stabilizing Mr. Stamhuis' condition. They comforted Mr. Stamhuis and monitored his vital signs until medical aid arrived.

MCpl Harris is to be commended for his life-saving actions. (Photo by Wing Imaging.)



Unless guided by parents or a caregiver towards fire safe behaviours, what begins as a natural curiosity about fire may lead a child to fire-risk behaviours. There are two types of fire-risk behaviours in children: "fireplay" and "firesetting."

What is Fireplay?

Fireplay happens when a child, curious and unsupervised, plays with matches, lighters, an open flame or a hot stove. This playing accidentally starts a fire that may result in death, injury and/or property damage.

The most common circumstances that lead children to play with fire include:

- matches, lighters or open flames within easy reach
- lack of parental or adult supervision
- natural curiosity about fire and a desire to experiment
- boredom and searching for something to play with - previous fireplay activity (the fire was easily extinguished and not discovered by an adult)

Fireplay is usually done alone when parents are busy elsewhere in the home and the child is left unsupervised.

A common scenario is a weekend morning when parents wake up late but the child is up early and looking for something to play with.

Correcting fireplay behaviour

- Remove or correct the circumstances which led the child to fireplay
- talk to the child in a non-threatening way. Allow him/her to express personal feelings. Explain that matches and lighters are not toys, and emphasize the risks involved in fireplay
- if 6 years or older, have the

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Fireplay and firesetting

child promise to use matches or fire only under the supervision of adults.

Also have the child tell you why he/she is not going to play with matches/fire again. This serves to reinforce the child's understanding

- rather than forcing strict rules about fire related activity, encourage the child (6 years and older) to engage in normal fire uses such as lighting birthday candles, the fire-place or a campfire under adult supervision

- encourage the child to get involved in poster or other fire safety contests

- teach fire safe practices to follow at home. Take advantage of programs and materials available through the local fire department

- check if the child continues to play with fire. (Look for great curiosity and experimentation with fire, matches in pockets, burns or smoky odour to clothing.)

The fear of being "caught" playing with fire causes many children to choose areas such as bedroom, basements, storage rooms, closets or outside areas such as sheds, trees, grass or trash - places where the child thinks their playing will not be noticed.

Most children who get involved in fireplay can be successfully taught by parents or caregivers to channel their fire interest to competent fire safe behaviours and avoid this extremely dangerous behaviour.

In some children, fascination and fireplay turn into intentional and repeated firesetting behaviours.

These children usually have underlying psychological or social problems, and account for 40% of

all children who start fires. Helping these children includes stopping the firesetting behaviour immediately and correcting the underlying problems that caused it.

When to seek help

If your child has played with fire on more than one occasion or has deliberately started a fire, or if you are unsure about educating your child about fire safety, you should seek help through your local fire department.

Fire department personnel can help the curious child to understand that playing with fire is very dangerous. Deliberate firesetting is a serious matter. Children who have deliberately started a fire may be indirectly indicating that they are having problems. The fire department may be able to help with this behaviour. You could also contact your local mental health service and confidentially discuss and try to solve the problem.

Fire Department update

We would like to welcome back to Canada and Comox the five fire fighters who proudly represented the fire service while stationed in Bosnia. Coinciding with the arrival of the previously mentioned five we say goodbye to another firefighter on his way to the Golan Heights.

The fire department would like to welcome MCpl Forget and Cpl Kirke as the most recent recipients of their Emergency Medical Assistant First Responder License which brings us up to 20 members who are currently licensed. Most of the previously mentioned members also have the Spinal Management and Automatic External Defibrillator endorsements on their licenses.

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UNDERGRADUATE PROGRAMMES

Open to all MOC qualified members of the Department of National Defence, including members of the Regular and Reserve Forces, full-time civilian employees and spouses of Regular Force members.

PROGRAMMES OFFERED

- CERTIFICATE IN ENVIRONMENTAL PROTECTION
- CERTIFICATE IN MANAGEMENT WITH APPLICATIONS TO DEFENCE
- BACHELOR OF MILITARY ARTS AND SCIENCE (BMASc)
- BACHELOR OF ARTS (BA)

MASTERS IN WAR STUDIES (WS)

War studies is an inter-disciplinary course of study which examines the phenomenon of War. Students in the War Studies programme are primarily either serving officers of the Regular or Reserve force or civilian employees of DND. The programme provides a scholarly complement to the student's professional activities. A provision also exists for a limited number of civilian students to enrol in the programme.

MASTERS IN DEFENCE MANAGEMENT AND POLICY (MDMP)

The MDMP programme is aimed at officers of the Regular and Reserve force with a minimum of ten years commissioned service as well as civilian employees of DND. Applicants not meeting this requirement will be considered for acceptance on a space-available basis.

ÉTUDES DU PREMIER CYCLE

Ces programmes sont ouverts à tous les militaires, réguliers ou membres des réserves, qui sont qualifiés dans leur GPM, ainsi qu'aux employés à temps plein du MDN et aux conjoint(e)s des membres de la force régulière.

PROGRAMMES OFFERTS

- CERTIFICAT EN PROTECTION DE L'ENVIRONNEMENT
- CERTIFICAT EN GESTION (ADMINISTRATION DE LA DÉFENSE)
- BACCALURÉAT MILITAIRE ÈS ARTS ÈS SCIENCES (BMASc)
- BACCALURÉAT ÈS ARTS (BA)

MAÎTRISE SUR LA CONDUITE DE LA GUERRE (MECG)

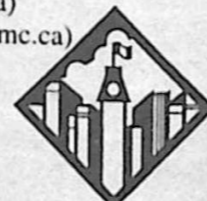
Les études sur la conduite de la guerre sont un programme interdisciplinaire offert principalement aux officiers de la force régulière et de réserve, ainsi qu'aux employés civils du MDN. Ce programme offre un complément académique à la formation professionnelle de l'étudiant. Un nombre limité de places pour les civils est aussi disponible.

MAÎTRISE EN GESTION ET POLITIQUE DE DÉFENSE (MGPD)

Le programme est destiné aux officiers de la force régulière et des réserves qui ont au moins dix ans d'ancienneté comme officiers, ainsi qu'aux fonctionnaires du ministère de la Défense nationale de niveau équivalent. Nous étudierons la candidature de ceux qui ne répondent pas à cette exigence en fonction des places disponibles. Nous acceptons peut-être aussi un nombre limité de fonctionnaires d'autres organismes gouvernementaux qui s'intéressent à la gestion et à la politique de défense.

Les étudiants peuvent remettre tous leurs travaux dans la langue officielle de leur choix.

Pour plus d'information, contactez:
 Collège militaire royal du Canada - Le Bureau des études permanentes
 C.P. 17000, Succ. Forces, Kingston, ON K7K 7B4
 Téléphone sans frais, 1-800-352-8979 ou (613) 541-6000 / CSN 270-6000
 local: 6797/6798 Études du premier cycle (Courriel: bmasc@rmc.ca)
 6734 Correspondance (Courriel: bmasc@rmc.ca)
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 Prix des cours (jusqu'à la fin juin 99): 1er cycle \$110.00;
 2ième cycle \$195.00 (par semestre)



So you want to be a Search and Rescue Technician?

The following is the SAR Tech physical fitness test which you must successfully complete to be considered for that trade:

- 2400 m run in 10 min 15 sec;
- 31 consecutive push-ups;
- 33 consecutive sit-ups;
- 8 consecutive chin-ups;
- 450 m shuttle run;
- 2 x 6 m rope climb; and
- 675 m continuous swim in 20 minutes or less.

Note: The first 6 must be completed in 17 minutes or less.

For more details on the trade prerequisites, contact the Wing Personnel Selection Office at Loc.8293.



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75th Anniversary on track

I am continually surprised at the ability of our people to pull together and organise an event. The 75th anniversary air show is a case in point. I went to the organisational briefing held in 7 hangar on Tuesday, March 2nd because the museum is marginally involved in the show, and because I was more than a little curious as to the status of the preparations. Like any major event, rumours abound about the disasters that await us if we fail to plan.

The impression I got from attending the briefing was that all is well in hand. There appears to be more than enough competent people to organise almost every aspect of the show and there is a generous amount of lead-time available to smooth over any of the bumps that inevitably show up. Considering the well timed and appropriate humour that was injected into the briefing by the OPI, Major Foulds, I left the briefing actually feeling quite positive about the show.

The public is certainly looking forward to our 75th anniversary celebrations, including the air show. The feedback that I have received through the museum and contact with the public is that they anticipate quite a number of local initiatives and a better than normal show. So far both the celebrations and the show appear to be right on track. Even I'm starting to look forward to it. Now if we can only get it to stop raining...

Joel Clarkston



Letter to the Editor

Dear Editor,
Capt Suzanne Raby's statistics in the last issue of the Times (*Military Drivers permit: the DND 404 Saga*) are interesting. Her article implies that issuing 404s would decrease the number of preventable accidents, yet her statistics show that preventable accidents, as a percentage of non-preventable accidents, have actually gone down since 1994. And non-preventable accidents would happen anyway, with or without a DND 404. The 1998 statistics are actually an improvement over previous years, from this point of view.

It's unfair to cry "safety" to re-implement the 404 behemoth. No one doubts that any driver anywhere can benefit from a Defensive Driving Course. However, we could save even more lives by reducing the speed limit by seventy clicks, but despite "safety" reasons, we don't do that. It would be impractical.

If I need a DDC, send me on a DDC. Don't create another fudgobbling fumbler that only duplicates services that are already offered in town and, above all, don't justify it with ambiguous statistics. It is precisely that kind of reactionary management style that has created the weak-but-really-really-sensitive military we serve in today.

I've only been in the uniform since coffee break, compared to some of you folks out there, but in

my ten years I've seen enough NDHQ Cover-Your-Bum directives that it makes you wonder if HQ is not lost in a legal maze of its own making. Any time a mewling Tiger Team identifies a problem, usually by way of the Press, the first thing HQ does is sick a legal expert on it, to protect it from lawsuits. Then they re-educate (in the seventies it was called "indoctrinate") us to ensure that we understand completely how thoroughly HQ has washed its hands of the issue.

Make no mistake, that message was definitely filtered down to us "troops." And when you implement the latest version of the DND 404 juggernaut, that's the message you'll reinforce.

I respect safety issues, and don't like to think that I am somehow contributing to weakening our resolve in that regard. But we should see Joe Chen's recent guest editorial for what it really was: a wake-up call for HQ to stop implementing expensive bureaucracies of all kinds. Don't forget that before Treasury Board hands out directives, military folks advise it on the issues. It's just possible that we are not being represented as effectively as we could be.

Let's see some statistics showing that base drivers are somehow less safe than the general population, before earmarking funds to create the perfect driver.

Sincerely,
Hans Gassner



Weather Summary February

February was very wet with 25 out of 28 days experiencing precipitation. New records were set for the greatest total monthly rainfall (320.8mm) and precipitation (323.6mm) exceeding the previous records of 259.6mm and 267.0mm set in 1961. This month was also very windy. There were two days with winds gusting to 55 knots and there were six days where average wind speeds of 34 knots or greater occurred.

Highest monthly temperature	12.8°C on 2nd
Lowest monthly temperature	-1.5°C on 1st
Total monthly rainfall	320.8mm
Average monthly rainfall	112.2mm
No. of days with 0.2 mm or more rainfall	25
Total monthly snowfall	1.0cm
Heaviest 24 hour snowfall	0.4 cm on 4th
Total hours of bright sunshine	65.5 hrs

(Information provided by 19 Wing Comox Military Weather Unit.)

Lifeskills Course The best time is...NOW!

The course runs 3 1/2 days and covers a wide range of topics using presentations, discussion and interactive exercises. Topics covered include: risk taking, values, stress, goals, anger, communication and self esteem. A main component of this Lifeskills Course is that it is solution focussed.

The next course will be held 29 March - 1 April

Registration: through CMFRC. Military members and DND employees must submit a registration form with signed section head consent.

Course location: Sailing Club at HMCS Quadra
Who may attend: Military members and spouses and DND employees and spouses

More info: Sgt Brian Buttner @ loc 8789 or CMFRC @ 339-8290

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Next deadlines

Advertising: 24 March
Articles: 26 March, NOON

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OFFICE HOURS
Mon to Fri
7:30 - 11:30 a.m.
1:00 - 3:30 p.m.

5-week continuous French course starts mid-May

WCOL may be offering a Progress Level 3 (PL3) Block French course in mid-May (anticipate 17 May start date). This is a continuous five week course scheduled to finish 18 June. Members having previously completed PL2 (or equivalent), or who are tested at PL3 level are eligible for this course, as are DND civilians and military SOs (Significant Others). Interested members who are unsure of their level/eligibility must schedule an appointment for the standard placement test (approx. half-hour oral interview).

We expect that some members currently enrolled in PL2 courses will register for this next phase (we currently have a few members interested, and more will likely enroll after completing the block PL2 starting in early April). Maximum class size is approx. 10 students.

Members wishing to apply must fill out an application form (P:/ALLUSERS/lang uagetrainingregistration.doc), and have the form signed by their supervisor and CO prior to forwarding to WCOL.

Any questions can be directed to Capt M.A. Saint Jacques, WCOL, loc. 8456.

Continuous 9-month satellite French course

New to the language training system is the availability of "satellite" 9-month courses. This is a locally provided version of the 9-month course offered in St. Jean, and is open to any applicant who would be eligible for the St. Jean course. The advantage, of course, is that the member does not need to be away from home, or have to wait until "between postings" to obtain the training.

Interested members should discuss this option with their Supervisor and CO, and given agreement in principle, contact the WCOL at loc 8456.

Back to school in April at CFMDS

By Capt J. Tardivel, Standards Officer

Due to extraordinary financial restraints, the CF Management Development School (CFMDS) had to suspend many courses during the period of September 98 to March 99. The Middle Management and Leadership Development Course (MMLDC) was particularly affected by this temporary measure. The MMLDC is intended for all Sgt/WO and Capt/Maj as well as DND civilian personnel of equivalent status.

The upcoming MMLDC series will be offered as follows: MMLDC 9901 (Eng) 12-23 Apr (Capt/Maj); MMLDC 9902 (FR) 26 Apr-7 May (Capt/Maj); MMLDC 9903 (Eng) 7-18 June (Sgt/WO); MMLDC 9904 (Eng) 9-20 Aug (Capt/Maj); MMLDC 9905 (Eng) 23 Aug-3 Sep (Maj/Capt).

Course loading is done through ITMIS. For more information on the MMLDC or other CFMDS courses or services, contact Cpl Christian Brodeur at CSN 661-7522 or visit our web site at: <http://www.cfmms.netc.net/>

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Clothing Stores move now complete "And we'd like to thank..."



By Sgt Debbie Humble

The move of 19 Wing Clothing Stores is now complete, although much work remains behind the scenes. We were able to accomplish this move with only a minor interruption of service to the Wing. This involved a lot of planning and coordination, though not all of it went well. Frustrations and, at times, tempers flared, so to all those who may have felt our wrath, please accept our humble apologies.

On to important matters... recognition for a job well done. This move would never have been accomplished if it hadn't been for personnel from all over the Wing who made it possible. Where should I start? There were so many who helped and it seems that we started so long ago that perhaps I had better start at the beginning...

Once upon a time, Supply was informed our building was being torn down, a mezzanine became available, and a place was born. The move into Bldg 171 was on. We worried, we drew, we re-drew, we talked, we argued, we laughed, we drew again, we argued again and again. Finally, we arrived at a plan, a final plan, something we could all support.

We encountered some snags but, once again, the professionalism of 19 Wing personnel overcame them all.

The CE crew actually was the first outside section to come into play, starting with MWO Shields who assisted with the ever-changing plan. We have all heard the story about "what's yellow and sleeps six?" Well, in case you

haven't noticed, those yellow trucks are extremely hard to find today, and you would be even more unlikely to find someone from CE sleeping on the job. There is certainly no time for that!

The carpenters were stupendous! Professional, speedy, extremely proficient and with very good humour, these men presented themselves in fine fashion. Craig Lafontaine, Dave Gallagher and Charles Turner, who ensured our every request (especially those that we had forgotten to even mention) was actioned; John Stokes, our cabinet maker, superb job and thanks for the extra holes; Joe Albert for the quick action on the lock mechanism; the painters, Ken McKenzie and Tim Prad, who assisted in colour selection and who also quickly reacted to extra requests for painting of the aisle boards; the electricians, Andy Schwanicke, Rob Roy, Dennis Kenelly and Issac Lucas, also reacted favourably to requests for an extra outlet here and there. Thanks also to the guy who fixed the buzzing alarm and vanished without leaving his name.

WTIS provided their assistance and our new computerized clothing system made the move with only a few hiccups. Thanks to MCpl Clint Mercer, Cpl Geri Hibbs, Cpl Andre Nassy, Cpl Brent Pearson and Sgt Dean LaPerriere. The cleaning staff worked around our move to get things ready and even tried to repair some of the scratches we made while moving. Thanks go out to Val Hargraves and Anna McKinley.

Elaine Maude even had the willingness to perform her tailoring tasks under these extreme conditions.

MCpl Dean Battersby, 414 Sqn Supply, helped us greatly by driving the forklifts and picking up loads on his way back to pick up a new load for himself. The little extra again pays off big for the rest of us. Thank's Dean! Cpl Mike Viellieux, who handled the driving duties with the 5-ton, was loaned

to us by Wing Transport. He also did the little extra and helped unload the shelves and move carts, thanks Mike. MCpl Bernie Langlois, drove the forklift for us on Friday the 30th and worked through breaks and lunches. Who said those CMTT guys couldn't put in a full day's work? Bernie put in two days in six hours. Thank you Bernie! Wing Supply personnel from other sections who assisted include Cpl John Clairmont, Cpl Terry Sander and Mr. Ron Humble from 1 Sup Grp. Customer Support group provided us with Cpl Al Reindeau and Cpl Wolf Theurer.

Terri Hyde from HAZMAT also offered her assistance for the move. Leon Parry from CMTT joined the cause as forklift driver and general labourer. Thanks to them and their supervisors for allowing them the time to help and to their co-workers for picking up the slack. WO Joe Ullock was there to lend his support as well as his arms, body and toes (heavy on the toes). MWO King aided and abetted the cause on Saturday and he was seen taking computer lessons from LS Gilbert. Cpl Sheila Aucoin also helped us with our move. She arrived on Sunday with two plates of banana bread and butter.

Speaking of food, and certainly not leaving the least for last, we must try and give thanks for the food. Oh boy! Does that say it all or what? It was great! Thank you PO Tom Adams, MS Rose, Miss Genevieve Robinson, Cpl Joy and Miss Metivier. When they say an army runs on its stomach, they were right. Thanks also go to us. Clothing Stores staff: Joanne Houston, Cpl Judy Henry, LS Josh Gilbert, Cpl Kenny Kovacs, MCpl Scott Crawford and Sgt Debbie Humble.

For those whose names I have not mentioned and did assist, please forgive me. There is always someone who gets missed, but thanks go out to you, the clerks, tradesmen, supervisors and support personnel of 19 Wing Comox.

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Demon Doins



WTIS EXPOSED



Since the last Demon Doins article, squadron crews have been travelling around the world. It has been so quiet that Navigators, FEs and AESOPs are no longer up to date on the current hiring trends at Canadian Regional and Air Canada. Any information concerning the new hiring practices may be obtained from squadron personnel after 1 April.

Since returning home from their much-anticipated deployment to Greenwood and due to the operational commitments of the Line Crews, The Head Shed was forced to represent 407 (MO) Sqn at Sourdough Days. Although the crew failed to take dancing lessons before the airshow, Maj Bigelow was able to give a few quick tips to Flap during a working breakfast.

Being unable to train for the Commander's Cup Hockey team, as a result of their recent deployment to Norway, the Crew 2 Cowboys decided not to allow their athletic prowess to waste away so they began training for the Commander's Cup Bowling competition. Having completed the Norwegian Bowling Camp successfully, the Cowboys decided to take their team on tour. Not wanting to embarrass the Crew 5 Vikings on home soil, the Cowboys challenged the Vikings to a bowling game in Keflavik, Iceland. At the time of printing it is unknown which team was successful, but the Cowboys homecoming has been delayed and rumour has it that the teams are now playing the best two out of three.

The Dawgs of Crew 3 have just recently returned home from yet another adventure in San Diego and are currently in the midst of planning for their next deployment - Guam. Throughout the deployment, the justification for bringing OJT Navigators and AESOPs became apparent. It seems as though the Baby Nav forgot to read the warning in all navigation publications: *Do not under any circumstances trust a Flight Engineer.* It seems that Steve succumbed to the charms of Cookie when Cookie informed the Baby Nav of the expected departure time. The Baby Nav now knows that the Flight Engineers only work with aircraft departure times and not with the departure times of the cars leaving the hotel. Although, JY has not completed his AESOP training, he will soon be submitting a Working Paper on the Multiple Uses of the Sono Extraction Tool. Unfortunately for the Crew 3 Pilots and Ground Crew, their auditions for the television show, *The All-New Charades*, were not successful. Although the pilots were confident in their abilities to get their point across using hand gestures, the Ground Crew was unable to make heads or tails from the rapid arm

movements. After minutes of trying to get the Ground Crew to understand, the exasperated pilots took out their crayons and wrote it down. Next time the Dawgs are in San Diego, the pilots will be auditioning for the television show, *Win, Lose or Draw*.

After months of exploring SCAN options, Capt Martin decided to give one of them a try during the Dawgs deployment to San Diego. However, the crew decided that JJ probably wasn't cut out to be a chauffeur as he continually left his passengers behind. Due to the rave reviews given by Jake about his mother's upcoming visit and her baking abilities, the Dawgs are anticipating some great homemade sweets for their transit to Guam.

Congratulations to the Icemen of Crew 4 for being 407 (MP) Squadron's representative at the O'Brien competition. As a reward for their hard work and dedication, while the rest of the crews are participating in exercises in San Diego, Norway and Iceland, the Icemen are in Greenwood perfecting their ASW skills. The O'Brien competition will take place in May with the winners off to Kinloss, Scotland for the Commonwealth Fincastle competition.

The squadron is looking forward to the next ski day. During the last one, the majority of the participants were unable to take advantage of the fresh powder as the driving conditions to the mountain were treacherous. Many people have suggested to the ski organizer, Lt Orrey, that he organize the next ski day for July when people could have the choice between water or snow skiing.

Due to the number of crews deployed and the number of people on leave or sick, it was quite amazing that Cpls Kennedy and Parks were able to scrounge enough people for a No-Sno-Fest team. The Crew B Weenies represented the squadron well and want to challenge the other teams to a rematch once the squadron is back at full force.

After months of planning and postponing, the VPI organizers finally got the annual(?) Pub-Crawl on the road. After a few minor adjustments, the official VPI Pub-Crawl Sweatshirt was ready for the wearing. In addition to becoming familiar with local entrepreneurs, the VPI Pub Crawl allows serving members in the Maritime community to become familiar with those who used to be. The age differential of 48 years between the oldest and youngest "Crawlers" highlighted this year's event. Flap, at the ripe young age of 27, thought he had seen it all but was amazed and somewhat embarrassed when he had to leave the crawl before Vern, the oldest participant.



Cpl Dean Vey is departing for his JLC course at CFB Borden. We would like to extend our congratulations and best wishes to him and we'll see you soon.



MCpl Chris Metivier is the 2i/c responsible for non-tactical radio communications at the Wing. Chris can be found in B35 and is the resident expert for VCRs, TVs and a whole host of other equipment.



Mr. Brian Clancy is the 19 Wing C21S Manager. He can be found in 7 Hangar, on the first floor behind the shield in WOPS. Brian is responsible for the administration of the secure-net hardware/software and answers most of the questions with regards to the other systems within OPS. (Photos by Wing Imaging.)

MP raffle for sight



On 25 February 1999, the Military Police Fund for Blind Children (MPFBC) with assistance from the 19 Wing Commander, Col Neumann, will kick off the start of the MPFBC Raffle for Sight.

One hundred percent of the proceeds from the raffle will be distributed to visually impaired children in need throughout the Comox Valley and Canada.

Mr Gordon Pynn renovated local wildlife artist, has generously donated a proof, and five additional prints to the Military Police Fund For Blind Children (MPFBC) to be raffled off.

Mr Gordon Pynn took an interest in the MP Fund when he read last fall that the local Military Police from 19 Wing Comox, in con-

junction with the Bowser Legion and H.E.R.E. Computers, had donated a computer system designed to assist a visually impaired local youth. He was inspired to partner with the local Military Police of 19 Wing Comox to assist them in their fund-raising activities.

The beautiful framed artist's proof of a cougar to the MPFBC is an extremely generous contribution. Mr Pynn has taken an active interest in helping charities in the past with donations of his pictures to the Canadian Diabetic Association, Big Brothers and Toronto Sick Children's Hospital. Only his talent as an artist matches his altruism.

Ticket sales start 1 March 99 and the drawing will take place during the MP/RCMP Golf Tournament held at 19 Wing Comox on 28 May 99.

Tickets may be obtained at the Military Police Section, 19 Wing Comox. On Saturday, 27 March 99, the Military Police will be setting up a sales booth in the Driftwood Mall.



Cops Corner

By LS Stevens

In this article I would like to talk about the D.A.R.E. (Drug Abuse Resistance Education) program. The majority of Law Enforcement agencies throughout North America are using this program to help prevent drug abuse by youth in our communities.

As most of you have read in our local newspapers, the Comox Valley RCMP are attempting to bring the program on line in all our schools within the Comox Valley, starting next fall. Here at the Security and Military Police Section we also are currently involved with the program. With the assistance of CFB Edmonton Military Police in the near future, one of our members will soon complete a two-week D.A.R.E. instructor's course and will be ready to teach our children at Airport Elementary School.

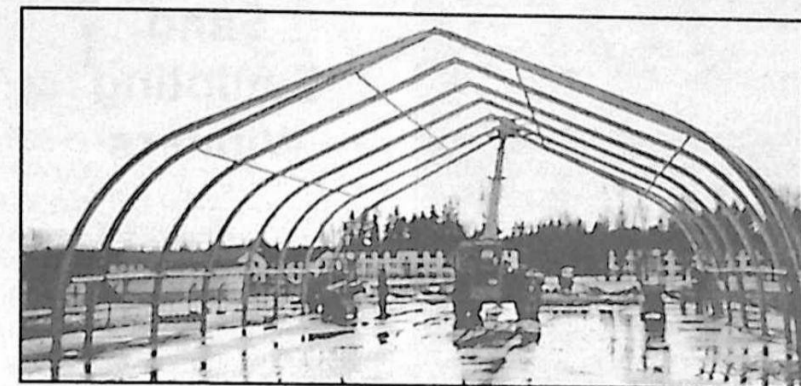
What is D.A.R.E.? It consists of 17 lessons that are taught by a uniformed police officer, with the assistance of teachers. The main focus of the curriculum is on a "No Use" message designed to help students fight daily peer pressure. The program re-enforces self-esteem and improves decision making skills.

- Lesson 1 - Introducing D.A.R.E.
- Lesson 2 - Understanding the Effects of Mind-Altering Drugs.
- Lesson 3 - Consequences.
- Lesson 4 - Changing Beliefs about Drug Use.
- Lesson 5 - Learning Resistance Techniques - Way to Say No.
- Lesson 6 - Building Self-Esteem.
- Lesson 7 - Learning Assertiveness - A Response Style.
- Lesson 8 - Managing Stress Without Taking Drugs.
- Lesson 9 - Reducing Violence.
- Lesson 10 - Combatting Media Influences on Drug Use and Violence.
- Lesson 11 - Saying Yes to Positive Alternatives.
- Lesson 12 - Having Positive Role Models.
- Lesson 13 - Resistance Gang and Group Violence.
- Lesson 14 - Resistance Gang and Group Violence.
- Lesson 15 - Summarizing D.A.R.E. Lessons.
- Lesson 16 - Taking a Stand.
- Lesson 17 - D.A.R.E. CULMINATION.

This 17-lesson curriculum is taught to fifth and sixth grade students in hopes of preparing them for the junior high years where drug use commences. We believe in this program and we feel it will assist our next generation in fighting the use of drugs.

If you have any questions or comments, please feel free to contact the SAMP Flight for assistance at 339-8237.

Spring sprang a Sprung



Rib cage of a Sprung shelter on a wet (what else?) afternoon.

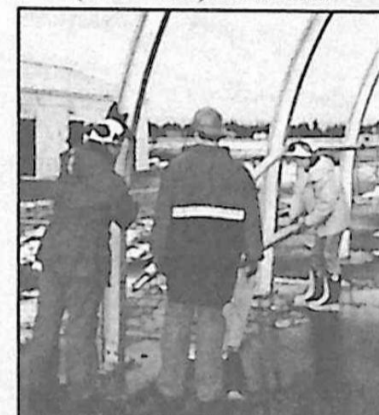
By Finn

'Tis the growing season. Snowdrops and crocuses have already appeared. Daffodils and tulips are on the way. But stranger things have come from the ground. The strangest may well have been the several 30-foot high 'stems' that for a while arced leafless and grey across the paved-over vacant area by Armament.

Actually, the 'stems' were ribs, a vital part of the new Sprung Shelter, 50 feet wide and 120 feet deep, which, upon completion, will store wings, rotor blades, any sort of large component aircraft spares.

Erection has dragged on over several weeks - but for good reason.

"A trained crew of six, given good weather, can raise a Sprung shelter in one day," explains MWO Wayne Shields, CE Ops Planner. "But with the storms and pelting rains we have endured, just getting the fabric on would have been too fraught with danger. As most people know by now, this has been



Deavlan Bradley of CE Roads & Grounds holds up his end while colleague Carrie Nagel (far right) takes care of hers.

the worst February weather ever recorded by the 19 Wing Comox Military Weather Unit. Our Roads & Grounds people, as well as a member of CE's Airfield Engineering Flight, likely will have everything completed by the time *Time* goes to press. All we need is a touch of reasonable weather."

And eventually, spring sprang Sprung.

Five years later... Eureka!... a technical library



Judy Donaldson, index creator of CE's technical library. Judy's term, several times extended, has come to an end, and so CE extends farewell and best wishes to a member whose duty at various times encompassed Design Cell, Orderly Room and Fire Hall, and whose contribution was felt and appreciated by mils and civs alike.

By Finn

In CE's Redesign Report of 1994, one of the priorities listed was the establishment of a Technical Library. The report, pretty dry stuff, gave aim and purpose to the section's redesign. A technical library of any sort has to be pretty dry stuff, too - except for its users. These, mainly engineers, designers, tradespeople, find such a source of knowledge not only extremely useful, but one that enormously saves on time and energy.

Judy Donaldson, who has spent weeks setting up the library, estimates the library contains over one thousand volumes - operating manuals, specifications, periodicals, journals, technical volumes of too many kinds to mention.

"The Index system has been set up using Access exclusively," says Mrs. Donaldson, referring to the Windows program. "Despite the tedium of indexing and cataloguing, the task handed to me was a challenge. Just getting some order out of the mess!"

442 busy in 1998



By Capt Jenn Tyldesley

The statistics are in! The squadron had a typically busy and eventful year in 1998.

The Buffalo and Labrador aircraft flew over 4200 hours during the year. There were 301 Rescue Coordination Centre (Victoria) search and rescue taskings, which accounted for nearly 800 hours. The remainder of the flying time was spent conducting training, transport and maintenance flights.

442 Sqn is also home to the Operational Training Flight, which trains new pilots and flight engineers. In 1998, 11 pilots and three flight engineers were trained on the Labrador and, on the Buffalo side, five pilots and two engineers received their qualifications.

Throughout the year, the squadron sent aircraft as far north as Alert, NWT and as far south as Mazatlan, Mexico. Operation Hurricane, which involves the re-supply of fuel caches on Ellesmere Island, took place in June. In December, a Buffalo crew took medical supplies to an orphanage in Mexico.

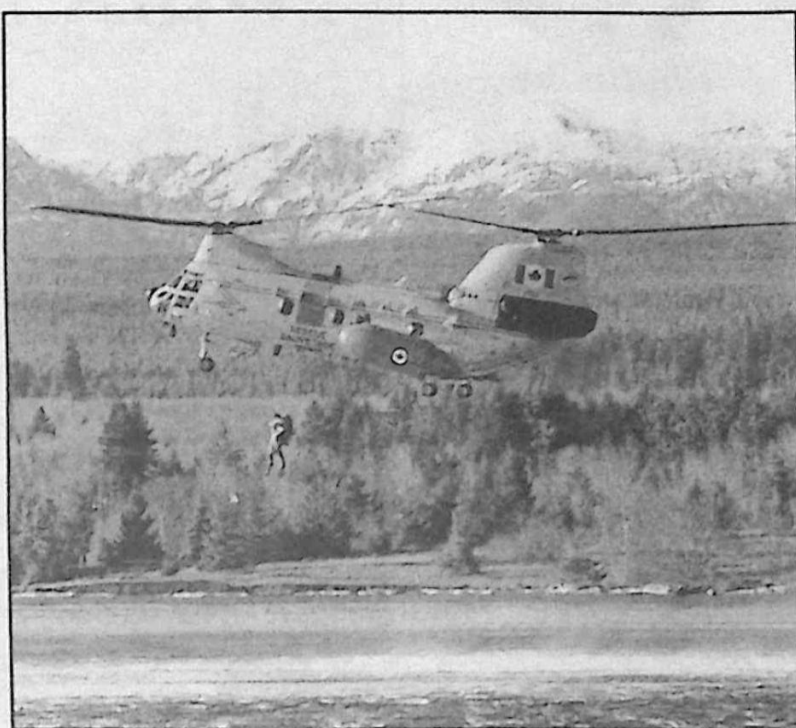
The summer was, of course, an extremely busy time at 442. From May until September, the Lab flew at 20 air shows in B.C. and the Buff flew at 10 shows. The 1998 season was also packed; between May and October, the Buffalo performed at 75 shows in 40 locations all over Canada and the United States!

At the end of September, the squadron sent a team of hard-working air crew, ground crew and support staff to the National SAREX in Trenton. 442 finished in second place overall, taking first prize in the Maintenance Event, the Team Para and the Individual Para Events. The Medical and Rescue Events earned the squadron second place finishes and in the Search Event, 442 placed third. The team left the competition early as they were called back to the West Coast for SAR Hamilton.

Search & Rescue highlights 1998

29 Sep - 4 Oct SAR Hamilton (Major Air SAR)

442 Squadron's only major



search of the year started on 29 September when an American man in a small aircraft was reported overdue on the West Coast of B.C. His route was between Ketchikan, Alaska and Seattle, Washington. Initially, the search area included the entire vast coastline, but it gradually narrowed to the area between Prince Rupert and Ketchikan, as no reports had been heard from the aircraft after Annette Island, south of Ketchikan.

442 Sqn was given responsibility for running the search and a headquarters was set up in Prince Rupert. Resources included four Buffalo aircraft and initially three Labradors, until they were grounded with the news of the Greenwood Lab crash. Also searching were a Sea King helicopter, an Aurora, and American CG Hercules and several other American and Canadian air resources.

The search continued for days with no sign of the missing aircraft until 3 October, when an American helicopter found a crash site several miles from Ketchikan, from where the plane had departed. A Buffalo, the on-scene commander, arrived quickly, along with a Sea King from 443 Sqn. Sartechs were hoisted from the Sea King to the site, and they confirmed that it was the search object and that the lone occupant was deceased. The crews returned to Prince Rupert for the night, leaving the rest to the American authorities.

30 Mar SAR McGowan

Labrador 312 was tasked to search for an overdue aircraft that had departed Delta Airpark for Jervis Inlet and return. Due to weather, the Lab elected to search at first light. The small aircraft was immediately spotted off the bank of a rugged airstrip in Jervis Inlet. The two persons on board (POB) were fine and were taken to a Vancouver heliport. The aircraft had gone off the runway while attempting to take off. There was no radio and no ELT on board.

2 Apr SAR COAD

The Buffalo and Labrador were tasked to investigate a strong ELT signal and a reported overdue Cessna 172 with two POB. The Buffalo homed the ELT to position 5048.7N 12157.3W; however the crash site was not visible due to

dense bush. A Canadian Helicopters jet ranger was chartered and directed to the ELT location where the pilot noticed footprints around and leaving the site. The Buffalo dropped two Sartechs to the area.

The Lab arrived on scene just before sunset and commenced a visual search. Night vision goggles (NVGs) were donned and a flashing light was noticed approximately one mile from where the Sartechs had landed. The victims were signalling with a cigarette lighter. Rescue 312 hoisted its Sartechs down to assess the condition of the survivors. Both survivors were then hoisted into the Lab, along with the Sartechs from the Buffalo and Lab. The Lab proceeded to Lillooet airport.

This rescue was the first operational use of night vision goggles in Canada that resulted in the saving of lives.

10 May SAR Powell River Hiker

Labrador 318 was tasked to assist a hiker who was stranded near Powell River. A ground search team was in the area and they could hear the hiker yelling but could not identify his location due to the echoing in the valley. Using NVGs, the crew was able to quickly identify the hiker, who had a flashlight. After sending the ground team in the right direction, it was decided that the Sartechs should be lowered to a cliff above the hiker, from where they could rappel to his position. During the operation, the Lab provided illumination for over an hour until the first Sartech was able to reach the hiker. The Lab went to Comox for fuel and returned to hoist the Sartechs, hiker and ground search party.

20 May SAR Popowich

The Buffalo and two Labradors were tasked to search the Harrison Lake area for an overdue Cessna 172 on floats. Rescue 316 saw smoke amongst some trees and the wreckage was spotted in a deep gully above a waterfall. Two ambulatory persons were hoisted to the Lab. As the flames from the crash were in danger of spreading, one of the Sartechs was hoisted down with a fire extinguisher to put out the flames. The survivors were then taken to an ambulance in Abbotsford.

(To be continued in next issue)



Photos by Wing Imaging.

No Sno Fest '99

Work Hard - Play Hard

By Col W.J. Neumann, WComd

I have certainly had the opportunity to see the Wing working hard, so it was especially gratifying to see so many of you out playing hard at the No-Sno-Fest.

Like any major event, it takes a great deal of effort by a large enthusiastic group of volunteers to make things happen. The carnival was no exception, and thanks to the contributions of the committee, FS&R Staff, event volunteers, Mess Staffs, etc., etc., it was a smashing success. A special vote of appreciation and congratulations have to go to Capt Travis and Sgt Bieber for pulling it all together!

Be advised that for all those who gave me a hard time over the "Billy Bucks" at the Casino; surprise, that's all you'll see for a pay raise.

I am a firm believer that playing hard goes hand in hand with working hard and hope that even more of you will take advantage of events like the No-Sno-Fest in the future.

Overall winners

- 1st AEF
- 2nd 414 Sqn Relics
- 3rd 19 AMS Team 3

Sand Sculpting Winners

- 1st Supply Bin Rats
- 2nd Dustbusters
- 3rd Admin Mixed Nuts

The list of personnel who won prizes is now on the BBS and all prizes can be picked up at the Rec Centre from the FS&R staff.



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Mountain claimer

By Sgt Jeff Warden

As each foot passed over the other, there was nothing to do but stare at the endless task at hand. Step after breathless step, I slowly made my way up the empty canal of scree and snow. With the summit in sight, I could only think of the previous three months of planning and preparation and how disappointing it would be later if I were to turn around now. The mountain couldn't have been more ideal than on this day, the sun shining, the hard wind-slab snow and ice providing sure footedness to my crampons and axe and, finally, the sheer thought of being on the top of the Americas.

At 22,841ft. Aconcagua is the highest mountain in the Americas and, indeed, the Western Hemisphere. It is a mountain that has a 30% success rate and many deaths yet, when it is in a climbable condition, it can be a very subtle mountain with much to offer those who scale her. And so it was that on 29 January 1999 I found myself alone at the summit of Aconcagua basking in the summer sunshine, struggling to get a picture of myself and stave off the fatigue of thin air.

The last party I saw consisted of two Americans I met in the Canaletta, the crux of the climb that many fall victim to, as was evidenced by a body that perished a week prior and lay where he succumbed to high altitude pulmonary edema. One of the Americans, ironically, was a former Pararescueman that I had met previously at the start of the climb. He was guiding a client to the top and had come up the normal route. We met just prior to the summit and then again while I descended.

The expedition began 10 days prior when my climbing partner Bernard Zirkel and I started the 3-day trek into base camp behind our mules, loaded with the high altitude gear.

From the first day it was quite apparent that the weather and altitude would be our greatest obstacle. On 16 January, the day I departed for Argentina, a freak winter snowstorm struck the mountain killing six men trapped up high and forcing many more to abandon their climb. Indeed, everyone we encountered on the way in had turned around from base camp or higher, upon hearing the news of the treacherous conditions up high. Over the next few days conditions did not improve either. As we slowly made our way into base camp, I was faced with the prospect of not even making it up to camp two (the launching site for a



summit bid), let alone getting a chance to summit. The decision was made to carry on to base camp and assess the conditions from there. Since we needed at least seven days to acclimatize, we felt that time was on our side for the weather to improve. For the first two days at base camp, the weather continued to be poor with snow storms ravaging the mountain, forcing everyone on all routes to retreat down to their respective base camps. Reports of people missing on the mountain added to the uncertainty and, although alternate plans were discussed, the one thought that endured was "stick to the game plan."

On the third day at base camp, with the dawning of a bright sunny day, conditions permitted a carry of supplies up to Camp 1 and so we carried on up to mountain to an altitude of 16,000ft. Feeling the altitude more than ever now, and still encountering parties on their way down claiming it was impossible to summit in these conditions, adding reports of snow over eight feet deep and the threat of avalanches, Bernard and I persevered. The days now were clear and the sun was melting the snow up high at an incredible rate, so much so

that by the time Camp 2 was reached, the snow was such that a combination of wind and sun made for ideal climbing conditions. It seems the poor weather for all previous parties was a blessing in disguise for us. After yet another double haul up to Camp 2, the news was good, with a party just arriving back in camp after a successful summit; the first in weeks. With this news, my adrenaline started to soar and so, at 6:00 a.m. the next day, I began my ascent alone, under headlamp, into the dark and thinning air.

After two hours of climbing solo, I came across a party of two Chileans who had come up from the other side of the mountain. We had met at an old dilapidated refuge called "The Independencia Hut." This hut is claimed to be the highest alpine hut in the world, however, its days of habitation are long since gone. It was originally built as a small shelter for people trapped in storms high on the mountain. I climbed with the Chileans for the next hour until it became apparent that they were about to succumb to the altitude. Indeed, shortly after, they turned around leaving me alone with the mountain once again. I carried on

at an increasingly slower pace as I finally arrived at the foot of the Canaletta, the crux of the climb on this route. To my great surprise, up ahead was my fellow American pararescueman with his client, mounting their own summit attempt. I soon reached the pair and, although I had hoped to summit with them, realized that the client was climbing far too slow under a short-rope. For me to stay with them would not only be dangerous but would jeopardize my summit attempt. Shortly after leaving the Americans, I came across the body of one of the climbers who perished the week prior in the snowstorm. It was grim reminder of how delicate life is at this altitude, and how the greatest respect for the mountain is your only passport to coming back alive.

Pacing myself with five steps every 10 minutes, I slowly made my way up and, shortly before noon, I reached the top of Cerro Aconcagua. The weather was clear in all directions as I could see far into Chile and Argentina at the same time. Since I was alone, and the wind was blowing at gale force, I had time for a few quick photos then it was time to begin my descent. Not sure of how much

longer I would last at this altitude, I descended rapidly, reaching Camp 2 by late afternoon. Upon my arrival back at the tent, feeling completely exhausted, I was confronted with the task of preparing a Dutch climber for evacuation. This man had taken a fall some 90 ft. from the summit almost all the way back into Camp 2 (approx. 3,500 ft.) and, after nursing his broken ribs and leg for 60 hours in Camp 2, was finally being evacuated by the Argentine park rangers. They took him down by toboggan to base camp and then choppered out by a Llama helicopter from 14,000 ft. All this was caused by a poorly fitted crampon. It was gratifying to contribute to this man's survival over the previous two days, however, it was frightening to think about waiting that long under ideal conditions, had I been in a similar situation.

Grateful for no further incidents, I began my descent back to base camp where I left my altitude gear with the mules. Eager to get back to civilization, I carried on down through the beautiful Relincos Valley, enjoyed the sunshine while catching glimpses of the majestic South American Condor and herds of Guanacos. With a few unnerving river crossings behind me, I eventually made my way back to the trailhead and on to the city of Mendoza, the place where I purchased my permit.

Within a week of my departure from the mountain, news of further storms claiming the lives of four more people made me realize just how fortunate I was to gain the summit and, although I will never take it for granted, I will put this mountain behind me and concentrate on the further task at hand. Standby for further dispatches...

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Heritage Happenings

by Joel Clarkston

There are so many people working in and around the museum these days that it is difficult to pass through the building without being drawn into one of the projects. Warrant Officer Bill Ford is still working on the display of Air Force helmets. Two full display cabinets have now been dedicated to the collection and he has filled every available space with a period example. I had no idea that the Air Force employed so many varied pieces of equipment for its aircrew. The display is expected to be completed by end month and will no doubt be a major new attraction to the museum.

Bob Richter and Carol Tombs have completely renovated the gift shop and added several new electronic gadgets that will aid in relieving visitors of their money, and Tet Walston and Allison Hetman have been putting in many long hours updating the card files in the Rowe Library. In addition, the Lancaster bomber (flying model) project is well under way and Captain Mike Benoit was over on the weekend to trial fit the wing to the fuselage to ensure that two people building from the same set of plans can actually make things fit.

The aircraft is expected to be ready for a trial flight around the end of April.

New spot for an old hangar

The monsoons have let off a little and work is once again progressing on the relocation of the Heritage Aircraft Committees temporary hangar.

This time around however, the hangar may not be so temporary. Construction Engineering personnel were seen to be working in the area between the air park and the civilian terminal, pouring and smoothing concrete to form a pad for the hangar.

The hangar was previously located next to the arena and there was nothing but a dirt floor for the volunteers to work from. As part of the moving agreement, a more permanent concrete floor, along with underground electrical service is being installed for the volunteers.

The weather is still wreaking havoc with the project however, and the completion date is still not known. The actual erection of the hangar has been postponed till the water table is less than one foot above the ground.

Jake's Trivia Corner

1. What former Chicago Black Hawks right winger did Studs Terkel interview in his book?
2. What team did the Seattle Pilots become for the 1970 American League season?
3. Whose single-season NHL scoring record did Wayne Gretzky eclipse with 212 points in 81-82?

(Answers on page 14.)

REID'S COURTENAY

- In Province Vehicle Inspections
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RENT-A-WRECK RENTS

334-2060
Moving Trucks & Buses
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334-3844

451 Ryan Rd., Courtenay

Former Honorary L/Col inducted into Aviation Hall of Fame

Leslie G. Kerr, former Honorary L/Col of 442 Squadron has been selected to be inducted into Canada's Aviation Hall of Fame. Mr. Kerr is the founder of Conair and "has had a significant influence on aerial delivery systems world-wide, making that company one of the world's largest operators of special purpose aircraft..."

He was also the first Honorary L/Col of 442 Squadron and served the squadron well in establishing contacts with industry and ensuring that the squadron's public relations were well maintained.

The induction ceremony is scheduled to take place on 15 May in Winnipeg. An induction dinner is planned at the main museum of the Western Canada Aviation Museum and the inductees will be surrounded by period aircraft during the dinner and ceremony.

Laurent Beaudoin and Fred Buller will also be inducted into the Hall of Fame at the ceremony.

School District 71 board gives go ahead

As part of its community services programming and the 75th anniversary celebrations, the museum approached the local school board for permission to give one or more lectures to senior high school history students. The school board gave its OK at its early February meeting and the museum staff must now meet with the appropriate school principals and history teachers to co-ordinate the lesson plans. The old Air Force Indoctrination School lectures have been located and dusted off to see if any of the material can be reworked to fit in with the high school curriculum. In addition, L/Col Leversedge has produced an absolutely outstanding lecture on the history of the Canada's Air Forces and this will be presented as part of the 75th anniversary celebrations.

The museum is very encouraged by the support of the school district board and hopes to deliver some very worthwhile lectures at the start of the new school year in September.



Hangar pad takes shape



Construction Engineering crew hard at work pouring the new pad for the hangar of the Heritage Aircraft Restoration Committee. The hangar will be erected on the new site once the surrounding fields dry out a bit.

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New plaque for park

A memorial service will be held on 1 April at the 19 Wing Heritage Park to mark the 75th anniversary of the Royal Canadian Air Force. Wing Commander Col Bill Neumann will unveil a plaque commemorating the service of Air Force personnel past and present. The service will begin at 11:00 a.m. Representatives from 888 Wing of the Royal Canadian Air Force Association will also be in attendance.

CHEK television visits



Well-known television personality Gordie Tupper visited the museum on 29 January along with a camera crew to film a five-minute segment featuring 19 Wing and the Comox Air Force Museum.

The brief clip was introduced by Public Affairs Officer Captain David Krayden, and ended with a brief tour of the museum by Major Joel Clarkston. The film clip was shown throughout February on the CHEK Television network.

Mr. Tupper is flanked by Heritage Restoration Chairman Murray Smith and Major Clarkston.

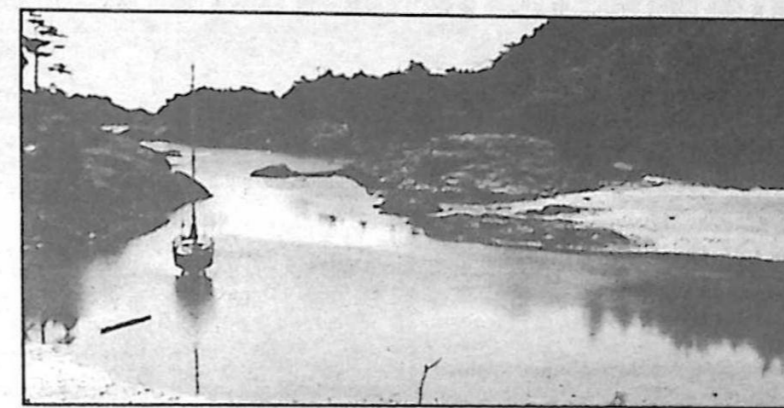
The Old Lady of the Sea



By Hans Gassner, CFSA

Most sailors, while they may not admit it, have furtively dumped some alcoholic substance overboard in an attempt to keep friend Neptune in a state of perpetual stupor, one in which he would be less likely to add his two cents worth to a typical sailing cruise. I found this superstitious behaviour to be foolish nonsense. You should be doping his Old Lady instead.

As we all know, behind every successful man stands an even more successful woman with a cattle prod, and so it is in the "Arggh, matey!" world. King Neptune, who has been suffering from a little bit of trident-droop lately, is being eclipsed by the real maritime power, the Old Lady of the Sea. And she's handy with that prod. One day, while checking out



Bilge keel cruisers can tuck into just about anywhere. Here's one waiting for the tide to return at Jedediah Island.

diesel exhaust, I dumped a little rum over for the Old Man, and suffered the consequences. There followed an entire page of fevered scribbling in our log, under a "What happened to us on the May Long Weekend" heading.

1. Hit dock on the way out.
2. Tore a cringle out of the sail at second reef point.
3. Cheryl got hand injured during a tense winching moment.
4. Roller furling gear jammed. Twice. Much invective.
5. Dragged anchor in Grace Harbour. Almost hit nearby yacht.
6. Hit Stacey Rock returning from Grace Harbour. Thought we were sinking. Damage mainly to egos.

7. Rough seas breaking over boat ended up in bilge. Many times. Thought we were sinking.
8. The boat heeled so severely that our aft fresh water tank gravity fed into the head sink, and from there into the bilge. We didn't discover this for a bit, so naturally thought we were sinking (until yours truly tasted the water).

This episode learnt me, but good. No more silly rum dumping for me. There are at least two of us who like a good scotch, whether it's late or early in the morning, and the Old Lady likes hers straight up.

If you want to throw some prune juice in for the Old Feller with the trident, that's up to you.

Hot & spicy: Putting out the flames

There seems to be an increase in the consumption of hot and spicy foods. Some restaurants use hot pepper or jalapeño pepper symbols beside menu items to help patrons distinguish between mild, medium, hot and "suicide" dishes. Whether we like a good "eye-watering" dish or just a good "kick", one usually experiences some mouth burning when a meal includes hot peppers.

The burning is thought to result in an increased production of endorphin - a natural "narcotic" used by the body to help soften some physical discomforts. If the endorphin theory is correct, it could account for some people's seeming "addiction" to spicy foods.

For many people, the burning sensation is extremely irritating and their immediate wish is to

soothe the palate as soon as possible. A common reaction is to reach for a glass of ice water to douse the flames - but water is not necessarily the best choice. So, if you are among those who love the taste of spicy hot food but could live without feeling like a fire swallower, there is good news. The ultimate in cool might, in fact, be milk. Studies have shown that besides being a reliable source of most important nutrients, milk also contains a substance that quells the fire of peppery dishes.

The active ingredient in green and red chilli peppers is known as capsaicin. This pungent, irritating compound binds to taste buds and other receptors in the mouth. A part of the capsaicin molecule interacts with the lipoprotein of the receptor and produces the burning sensation.

Casein, the principal protein in milk, literally washes away capsaicin, preventing it from binding to the taste buds. The capsaicin is "bound" to the casein rather than the oral cavity receptors.

While the best source of casein is milk, it can also be found in small amounts in milk chocolate and some beans and nuts. Also, sprinkling cheese on a hot dish like chilli or adding a yogourt-based sauce or having yogourt drink with a curry dish can help alleviate the "burn".

So, the next time you need to cool off from the fiery effects of a bowl of chilli or a dish of curry, have a tall glass of cold milk close by. It will not only help douse the pepper-induced mouth burn, but it is also a nutritious addition to the meal.

- News Canada

Swimming Registration
 When: 13 March
 Where: Base Recreation Centre
 Time: 08:30-12:30 hours
 Lessons commencing: 27 March
 For more info contact:
 J.C. Fromont, Rec Coordinator, Local 8989

March Break
 15 - 19 March
 Swimming hours: Monday to Friday
 1400-1600 hours

Diversify your investments



By Don Somers

What do you look for when diversifying your investments outside of Canada? It has become a common refrain for investors that they want to have a minimum of 20% of their RRSP holdings outside of Canada. Why? Because Canada represents just 2.5% of the world's market capitalization. As well, Canada is a resource-based economy, as we here in B.C. certainly know - the logging, mining and fishing sectors have certainly been beaten up!

So what makes the United States, Europe or Japan attractive or unattractive?

The United States is the largest economy in the world and, at present, is stronger than was expected in late 1998. Corporate earnings have outpaced analysts' predictions and Americans remain invested in the markets. On the other hand, the average American is spending more than he or she makes and has little in cash savings. This is a cautionary note for, if the market falls, there could be an exodus from the market and there does not appear to be a lot of cash sitting idly on the side that can move into the markets to buoy it up. In Europe, with the advent of the economic union, there is

potential for increased commerce across international borders. Similar to the free trade agreement here in North America, it should, in theory, be easier for companies to compete in neighbouring countries. The average citizen of Europe, unlike his North American counterpart, has not invested a great deal in the markets. There is potentially money that can move into the marketplace and fuel the European markets. On the cautionary side, elected government officials have started looking at changes to the tax structure, which could have an adverse effect on the markets.

In Japan, which has the second largest economy in the world after the United States, there is room for optimism as well. The Japanese are slowly getting their financial house in order. Similar to Europe, the Japanese are not heavily invested in their market. As the economy improves with restructuring in the financial and industrial sectors, investor confidence should improve with a substantial amount of money waiting to come into the marketplace and fuel potential gains. Everyone agrees Japan will come roaring back one day, the issue is will it be next week, next year, or five years from now.

Diversifying is important, but seek out information about the foreign markets you're investing in.

(Don Somers is a Financial Consultant with Merrill Lynch Canada Inc. (member-CIPF). The information contained in this report was obtained from sources believed to be reliable, however, we cannot represent that it is accurate or complete. The views expressed are those of the author and not necessarily those of Merrill Lynch Canada Inc. Reference source: The Economist Magazine, Globe & Mail, The Garmanletter.)

Glacier Gardens
Parent & Tot Skating
 Times & Fees
 Tuesdays & Thursdays 0900-1000 hours
 Military Dependents/DND Employees: Children \$1.00, Adults \$2.00
 Military Members and Rec Pass Holders "FREE"
 Civilians: Children \$1.50, Adults \$3.00

Junior Ranks' Mess
Friday, 19 March
Wayne Lee
The Hypnotist of the 90s
 Tickets at the door at 1800
 Show starts at 2100 sharp
\$3.00 members
\$5.00 guests
First come, first served
 (TGIF cancelled)



COMOX MILITARY FAMILY RESOURCE CENTRE

Phone: 339 8290

On Being Married to a Member of the Armed Forces

When you introduce yourself, what do you say after your name? If it begins something like, "My name is Janie Doe. My husband is whatever-his-rank-is-Doe of the whatever-his-unit-is-called," it's time to step back and introduce yourself to You. Who are You?

It is very easy to assimilate the military lifestyle and lose your identity as you become the perfect military spouse -- always supportive, always willing to accept the unexpected, to cater and host social functions. To pick up and move as directed by the needs of the service. To be both a mother and father to your children while your spouse is deployed or on TDY. To be the patriotic supporter in good times and bad ... But at some point you begin to lose your identity, unless you actively strive to maintain some aspect of your individuality.

In the current downsizing climate, a military career can be a very finite thing -- here today, yet gone tomorrow. The realities of downsizing mean that service members and their spouses (and even the little rug rats) who lose (or fail to develop) their "civilian side" may find themselves terribly unprepared for the unexpected (and perhaps unwelcomed) separation from service.

It behooves military spouses (and military members, as well!) to immerse themselves in the civilian community -- to network and expand their opportunities. Even those

who chose not to pursue a career would benefit from the positive interaction with a civilian perspective. For those who wish to pursue a career, interfacing with the civilian community is essential, as that is where the vast majority of opportunities lie.

Ideally, the best is a balanced combination of interaction with other military families and the civilian community. Other military families can provide mutual support, friendship, and share a unique understanding that's only possible from some in the same boat, so to speak. The civilian community provides increased social and professional opportunities, and a perspective on the real-world concerns of longtime members of your local community.

By taking advantage of the opportunity to immerse yourself in the local community, you also increase one of the benefits of being a military family member - learning about the culture, history, customs, and uniqueness of every where we go. With only a few exceptions, military installations are situated amidst fascinating opportunities - cultural, historical, architectural, educational, and social ... The people of the area can add so much to your experience of what the location has to offer. At the same time, those who have never ventured far from their home can experience the life of a world traveller, if only vicariously through your experiences.

This interaction benefits the military community greatly,

by facilitating an understanding among civilians concerning the challenges, joys, and opportunities of military family life, and the important role of those serving in the armed forces. When national patriotism and an understanding of defense needs are waning, taxpayers urge their government representatives to slash budgets, jeopardizing the availability of the equipment and technologies our military partners need to do their jobs, and endangering the support services we rely upon as military family members, the importance of maintaining military readiness seems unimportant.

By being active participants in our local community, we can serve as ambassadors, promoting understanding, acceptance, and concern for both the local and world community. Without our even being consciously aware of it, we help those around us to learn to think beyond local issues and understand how the larger aspects of the national and world community interact. Through our friendships with members of a community, we broaden their horizons, their interests, and contributions. When we give a little of ourselves to the community, we gain so much more in return. And the sum of all our little efforts can have a very large and positive effect on those we meet, wherever we may go!

Article reprinted from <http://w3.nai.net/~military/spouse.html>.

Comox Military Family Resource Centre ~ Counselling Services ~

- Short term and crisis counselling is offered by an experienced social worker
- Completely confidential and free of charge
- Available to any member of a military family - individuals, couples, families
- Assessment and referrals available to other professionals and agencies
- Call counsellor, Coreen Cherry at 339-8286

Soirées Réseau-Femmes du CRFMC

1er anniversaire de Réseau-Femmes du CRFMC

Hé ! C'est notre premier anniversaire de naissance !
Ça se fête!
Date: le jeudi 25 mars
Lieu: Restaurant *Old House*
Heure: 19h00

Téléphonez au : 338-5406
Réservez sous Réseau-Femmes-du Centre de Ressources pour les Familles Militaires de Comox

ou Téléphonez Nathalie au 339-7369 & Michelle au 339-8290

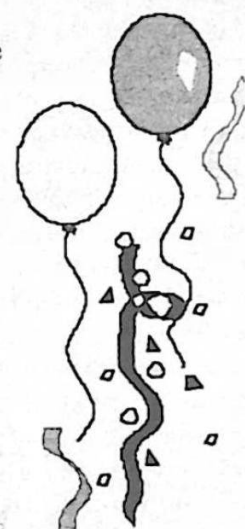
Tirage d'un certificat cadeau : abonnement ou renouvellement annuel à Réseau-Femmes-du CRFMC.

Apprendre des techniques de relaxation

Date: le jeudi 29 avril
Heure: 19h à 21h
Lieu: au CRFMC (2e édifice)
Coût: \$5.00 non-membres - gratuits pour les membres

Initiation à l'ordinateur

Animatrice : Doris Houle
Date: le 12 & 19 avril
Heure: 18h30 à 21h30
Lieu: sur la base militaire
Coût: \$10.00



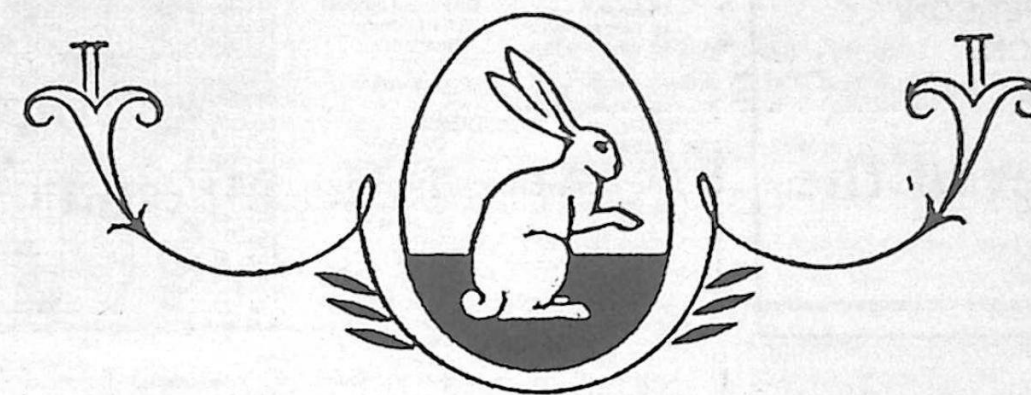
Parenting Your Spirited Child



This interactive workshop will focus on the many challenges of parenting spirited children, from birth to age five. You will have the opportunity to share your own experiences in a supportive environment and to discuss current literature as well as learn what has worked for other parents.

Facilitator: Coreen Cherry
Dates: Mondays April 12th, 19th and 26th
Time: 6:30 - 8:30pm
Fee: \$10 per person & \$15 per couple for military families; \$15 per person & \$25 per couple for non-military families.
Registration: Call 339-8290

Wallace Gardens Community Association



Bunny Hop

Where: Community Centre
When: Saturday, 13 March
Time: 6:00-8:00 pm
Cost: .50¢/members & \$1.50/non-members
For more information, please call Pat Taylor at 339-4400

Adult Craft Club Decorative Boxes

Make & decorate a keepsake box to your own personal taste. Sunday, March 28 from 7:00-10:00 pm. The cost is "free" to Wallace Gardens members; \$3.50 drop-in fee to non-members. A list of materials can be found in the Wallace Gardens office Mon-Fri 7:30-noon or call Jane at 339-8211 (8571).

March Teen Dance

Where: Community Centre
When: Saturday 20 March
Time: 7:30 - 11:00 pm
Cost: \$1.00/members & \$3.00/non-members
For more information call Mona Baird at 339-4627

Are you a member of Wallace Gardens?

In order to become a member of Wallace Gardens Community Association, you must pay membership dues of \$3.21/month which can be paid through the member's mess dues or by cash. Membership allows you to attend the various functions offered to the community at a minimal cost, if any. Please note that some functions have/will be limited to Wallace Gardens members only. If you are unsure as to whether you are a member in good standing, please call Jane at 339-8211 (8571) Mon-Fri 0730-1200 hrs.

Easter Festivities

Schedule of Events
Saturday 27 March

9:00-10:30 Pancake Breakfast
10:30-10:45 Lineup for Parade
10:45-11:00 Hat and Bicycle Parade
11:00-11:10 Prizes awarded for Colouring Contest & Parade
11:10-11:30 Easter Egg Hunt
Note: All times are approximate.

Easter Colouring Contest

Wallace Gardens is holding an Easter Colouring contest! This is open to all Wallace Gardens members ages 0 - 12. Picture entries may be picked up at the Wallace Gardens office and must be returned no later than Thursday, 25 March. Prizes will be awarded for 1st, 2nd and 3rd place in each age group. All winners will be announced following the Easter Parade at Airport School Saturday, 27 March.

Pancake Breakfast

Saturday, 27 March from 0900 to 1130 hrs, Wallace Gardens will be hosting their annual pancake breakfast and Easter Festivities at Airport Elementary School. All events, including the breakfast are "FREE" and are open to Wallace Gardens members only. Come on out and enjoy the fun!
Face Painting
Hat & Bicycle Decorating Contest
Easter Egg Hunt
Rides on "Little Toot"

Easter Hat and Bicycle Decorating Contest

Where: Airport Elementary School
When: Saturday, 27 March
Time: 1045 - 1100 hrs
Prizes will be awarded for best decorated "Hat" and "Bicycle". All participants will receive a small prize.
This event is open to Wallace Gardens Members only!!!

Danse Folklorique

Pour les élèves francophones
5 à 17 ans

GRATUIT	Avoir du plaisir! Apprendre des mouvements. Apprendre notre histoire. Danser sur de la musique française. Venir ses émotions et partager ses idées.	GRATUIT
Atelier		Troupe
d'initiation à la Danse		de Danse Franco Hol
Quand Le samedi : 10 avril, 1999		Quand Les samedis : 17 et 24 avril 01 - 08 - 15 - 22 mai, 1999
Heure Entre 10h00 et 02h30		Heure Entre 10h00 et 12h00
à débiter Le 07 avril, un mois commença. Heure choisie pour l'atelier.		à débiter Le 14 avril, un mois commença. Heure choisie pour les ateliers.
Où Association Francophone 1431 Ave. McPhee - Jct 2 - Courtenay		Où Association Francophone 1431 Ave. McPhee - Jct 2 - Courtenay
Animatrice Sandra Gaudet, Dorothea la Ridaine Co-animatrice: Leanne de la Roche, traductrices: LES GOURDAILLIER, VICTORIA C.B.		Co-animatrices Françoise Casset et Marlène Gauthier Formées et soutenues par Sandra Gaudet.

2 possibilités d'inscription

1. Atelier d'initiation **SEULEMENT** ou 2. Atelier d'initiation et Troupe Franco Hol Full
Par téléphone au : 334-8884 - avant le lundi 05 avril 16h00
Par télécopieur au : 334-8203 - avant le lundi 05 avril 16h00
Par courrier électronique au : nathyves@island.net - avant le lundi 05 avril 16h00

PARTENAIRES
Conseil Scolaire Francophone C.B.
Association francophone et Association des Parents de la Vallée de Comox

French cultural week 14-20 March

(For more information on any event, phone 334-8884 or drop in at 1491 McPhee, Unit #2, between noon and 4:30 p.m.)

French Book Fair:

At the Francophone Association, from 15-19 March, noon - 5:00 p.m. You will find children's books, language books, dictionaries, novels, etc. Come one, come all.

French Cultural Evening:

Weds. 17 March, 7:30 p.m. at the Bar None Café. Theme: St. Patrick in French. Cost: \$4 for a beverage and dessert. If you can play an instrument or sing, please contact Pauline at 334-8884.

Maple Sugar Shack:

Our annual Maple Sugar Shack Brunch will be held 27 March at 12 noon at the Courtenay Fish & Game Club, 2201 Robert Lang Road. Something fun this year! We will be entertained by Toby Beaulieu with songs, stories and magic tricks and we will have our traditional French Canadian dishes. Tickets: Adults - \$12 members, \$14 non-members; Children - \$6 members, \$7 non-members; under 5 years - free.

Mini-Franco-Fun:

18 March from 3:15 to 4:40 p.m. Games, songs and crafts for children up to 8 years old. Cost: \$2 members, \$2.50 non-members.

Semaine de la Francophonie: du 14 au 20 mars

A l'occasion de cette semaine, l'Association francophone offrira une Foire du Livre du 15 au 19 mars, de 12h à 17h. Vous y trouverez un choix de livres francophones pour tous les âges et tous les goûts: livres d'enfants, dictionnaires, romans, manuels de langues, Bescherelle, etc. Nous vous attendons en grand nombre. Pour plus de renseignements, composez le 334-8884.

Soirée culturelle: Mercredi le 17 mars à 19h30 au Bar None Café. Thème: La St-Patrick en français. Pour un café et un dessert, le prix est de \$4. Si vous jouez d'un instrument ou si vous chantez, et que vous aimez participer à cette soirée, communiquer avec Pauline au 334-8884.

Voulez-vous vous sucrer le bec? Eh! Bien, on vous en donne l'occasion! Participez à notre "Brunch" Cabane à Sucre annuel, qui se tiendra au Courtenay Fish & Game, le samedi 27 mars, à 12h. Quelque chose de drôle cette année! Toby Beaulieu donnera un spectacle pour les petits et les grands! De la magie, des chansons et des histoires! Comme par les années passées, nous servirons nos mets traditionnels tels: crêpes au sirop d'érable, bacon, jambon, tartes au sucre, pudding chômeur, cretons, etc. Les billets sont de: Adultes - membres 12\$, non-membres 14\$, enfants (6-12) - membres 6\$, non-membres 7\$.

Le tout est gratuit pour les moins de 5 ans. Pour obtenir des billets, composez le 334-8884.

Mini-Franco-Fun: 18 mars de 3h15 à 4h40. Jeux, chants et arts pour enfants jusqu'à 8 ans. Coût: \$2 membres, \$2.50 non-membres.

Menuiserie

10 élèves francophones par groupe

OBJECTIF VISÉ
Créer un projet à rapporter à la maison
MOYENS
Introduction aux normes de sécurité
Identification des caractéristiques des bois
Familiarisation des outils de menuiserie
Travailler aux différentes étapes du projet

08 ans - 12 ans **13 ans - 17 ans**

Quand Les mercredis : 24 et 31 mars 07, 14, 21, 28 avril 05 et 12 mai, 1999	Quand Les mercredis : 24 et 31 mars 07, 14, 21, 28 avril 05 et 12 mai, 1999
Heure 18h30 à 19h30	Heure 20h00 à 22h00
Où Atelier de Menuiserie 8400 MILITARY, COURTENAY	Où Atelier de Menuiserie 8400 MILITARY, COURTENAY
Projet Table combinée	Projet Table de rangement de style "Shaker"
Coût 10.00\$	Coût 15.00\$

Animateur responsable
M. Jacques Nault, responsable de l'Atelier de Menuiserie
18 années d'expérience à travailler le bois et à la création de projets

2 possibilités d'inscription

1. Le groupe des 08 à 12 ans ou 2. Le groupe des 13 à 17 ans
Par téléphone au : 334-8884 - avant le vendredi 19 mars 16h00
Par télécopieur au : 334-8203 - avant le vendredi 19 mars 16h00
Par courrier électronique au : nathyves@island.net - avant le vendredi 19 mars 16h00

PARTENAIRES
Clubs Récréatifs du 19e escadron de Comox
Conseil Scolaire Francophone Colombie-Britannique
Association francophone et Association des Parents de la Vallée de Comox



Fresh Halibut

From May to September
If you have friends coming out from across Canada fresh B.C. halibut is a treat.
Phone to pre-order
339-1263

Miscellaneous for Sale

11'x20' portable shop with floor and all hand and power wood-working tools. Also, complete home gym equipment. For more info 890-0096. <2/2>

House to Share

Will have his/her own bedroom, large living room and bathroom. Must be a non-smoker. \$275/month (all included). Phone 339-5361. <1/2>

Wanted

Couple would like to rent a small camping trailer (15-16 ft.) for one week in July. Local camping only, non-smokers, no kids. Phone 334-1937. <1/2>

House for Sale

Quiet cul-de-sac, 2-storey stucco, 2240 sq.ft. 3-bedrm, 2-1/2 baths, cherry hardwood floors, gas fireplace, spacious kitchen w/island. Immaculate cond. 2 yrs. old. \$169,900. Ph 339-6797. <2/2>

ABC Bookkeeping and INCOME TAX Services offers friendly, reliable Income Tax Services at unbeatable rates. Service disponible en français. E-file available. Call Jean-Pierre 339-3715 any time.

Gilles Parent, CD
United Nations Mission Information Line
Coordinator
Director Military Family Support
National Defence Headquarters
MGen George R. Peakes Bldg.
Ottawa, ON K1A 0K2
Tel: 1-800-866-4546 or
(613) 995-5234
Fax: 613-995-2178

Groupe AA en français

Le Groupe L'Espoir vous invite à venir fraterniser le dimanche soir à 7:30 p.m. au 1413 Little River Road, Lazo.
Le Groupe L'Espoir est un groupe ouvert (Bienvenue aux AL-ANON).
Pour plus de renseignement, appelez Emile 339-4008.

Avis de changement

Veuillez noter que l'Association Francophone de la Vallée de Comox a un nouveau numéro de télécopieur: (250) 334-8203.

Notice of change

Please note that the Comox Valley Francophone Association has a new fax number: (250) 334-8203.

TOTEM TIMES

Job Vacancy

We have an opening for a part-time
**ADVERTISING SALESPERSON/
AD DESIGN PERSON.**

Please send resumes to:

Totem Times,
CFB Comox, Lazo, B.C. V0R 2K0
Fax: (250) 339-5209
For more info phone
339-2541

**75th Anniversary
Charity Golf
Tournament**

Friday, 25 June 1999

at

Glacier Greens

Shotgun start 0930 hrs



Reception:

19 Wing Officers' Mess - cocktails, dinner, prizes and charity auction.

Cost:

\$50.00 - charity receipt will be provided.
(Most proceeds to YANA and a small portion to the RCAF Heritage Museum.)

Registration:

Tickets go on sale 1 March in the Tel Adm Section in Bldg 45, or contact Karen at local 8755. First people to pay will be confirmed and those remaining will be placed on a waiting list.

Format:

36* five-person teams in a Texas Scamble (5 balls best ball).

Golfers:

180 total - 15 VIPs, 15 Sponsors, 20 retired members, 130 19 Wing personnel.

**Jake's
Trivia
Answers**

1. Erick Nesterenko
2. The Milwaukee Brewers
3. His Own

**Are you interested in
saving a life?**

*You could, simply by joining the
Unrelated Bone Marrow Donor Program!*

Many children and adults die every year simply because they were unable to find a compatible bone marrow match. All it takes is your time to attend a one-hour information session, then a simple blood test to register as a potential donor. If you are found to be a match for a waiting patient, you will be giving someone a second chance at life.

There is a cure for diseases such as Leukemia and it's you! So please deeply consider being part of the solution.

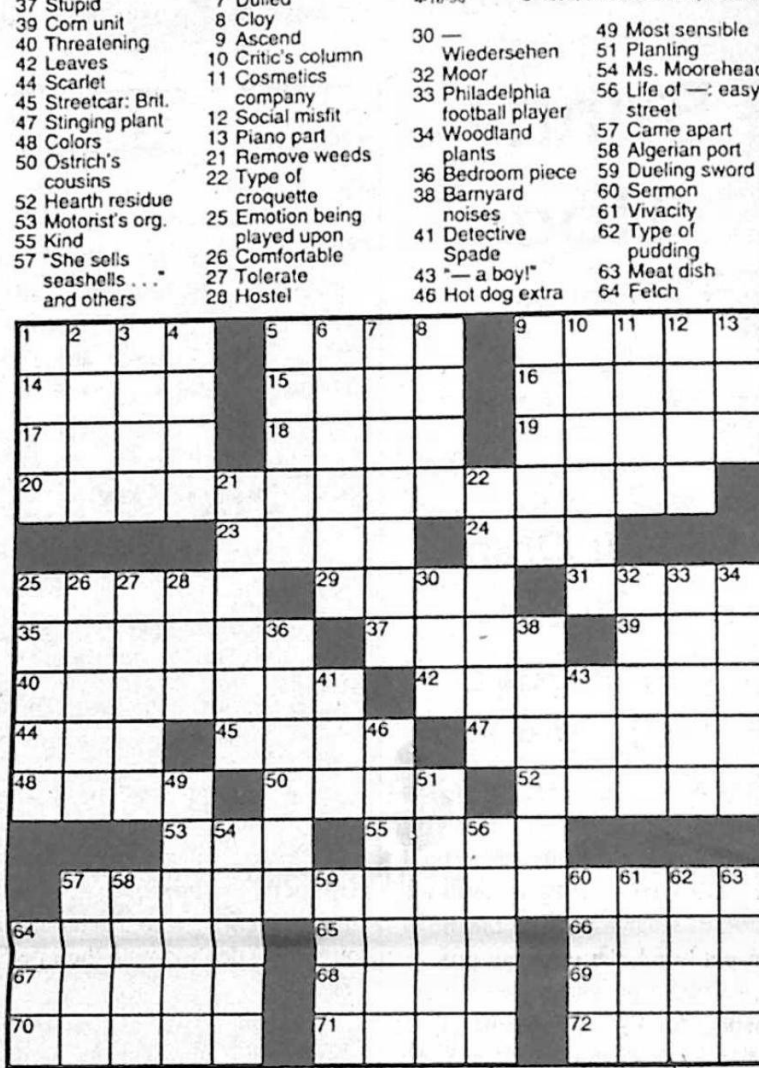
The Unrelated Bone Marrow Donor Registry is holding an information session on Thursday, March 25 at the Filberg Centre, 411 Anderton Avenue, Courtenay, B.C. at 7:30 p.m. The information session is an opportunity to find out how you could give the life-saving gift of bone marrow. The bone marrow donation procedure is explained in detail during the information session. All donors must be between the ages of 17 and 59, meet the health criteria, be willing to donate their bone marrow to any patient they may match and attend an information session. For more information, call the B.C. Yukon Donor Centre in Vancouver at 737-1811.

**TODAY'S
CROSSWORD PUZZLE**

ACROSS
1 Object on radar
5 Priests' robes
9 Grouch
14 Get up
15 Festive
16 Embankment
17 What Hamlet smelled
18 Border upon
19 Elephant tusk
20 Decide
23 Sassy
24 Lincoln's nickname
25 Preside at a meeting
29 Shut tightly
31 Stimulate (an appetite)
35 Socialize (with)
37 Stupid
39 Corn unit
40 Threatening
42 Leaves
44 Scarlet
45 Sweetest: Brit.
47 Stinging plant
48 Colors
50 Ostrich's cousins
52 Hearth residue
53 Motorist's org.
55 Kind
57 She sells seashells and others

DOWN
1 "Dracula" author Stoker
2 Turkish coin
3 Writer Dinesen
4 Baseball's Rose
5 Really surprised
6 Works hard
7 Dulled
8 Toy
9 Ascend
10 Critic's column
11 Cosmetics company
13 Philadelphia football player
13 Woodland plants
22 Type of croquette
25 Emotion being played upon
26 Comfortable
27 Tolerate
28 Hostel
30 —
32 Moor
33 Philadelphia company
34 Woodland plants
36 Bedroom piece
38 Barnyard noises
41 Detective
42 Spade
43 "a boy!"
46 Hot dog extra
49 Most sensible
51 Planning
54 Ms. Moorehead
56 Life of —: easy street
57 Came apart
58 Algerian port
59 Dueling sword
60 Sermon
61 Vivacity
62 Type of pudding
63 Meat dish
64 Fetch

PREVIOUS PUZZLE SOLVED
4-18-98 © 1998 United Feature Syndicate



Forbidden

**needs
your help!**

We have to rebuild the collapsed portion of our lodge. We offer you...

- Spring Family Season's Pass \$250.00
- Adult Only Pass \$125.00
- Youth, Child, Senior Pass \$100.00
- Corporate Pass \$1,000.00

Help us out by buying a pass now. Get next year's season's pass 50% off. 20% off every year's pass thereafter.

Forbidden is a special and worthwhile community asset to save! Collectively support us now...and we will continue to support you now and in the future.

Available at Forbidden Plateau and Courtenay Car Centre, or by calling 334-4744.

**35th Grad
Reunion at
Delbrook
Senior
High**

The Grad Reunion Committee of Delbrook Senior High School of North Vancouver, Class of '64, is planning a 35th grad reunion on the May long weekend (21 & 22 May 1999). Any former grads, teachers and friends of grads interested in attending please contact:

Gary Wheeler
Phone: (604) 596-7009
Fax: (604) 596-7237
E-mail: wgarywheater@sprint.ca

**25th
Anniversary**

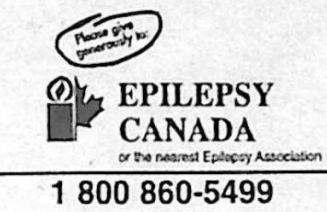
Otter Sqn of RMC will be hosting the 25th anniversary celebration of the UTPNCM program of both the military and civilian universities of Canada from 7-9 May, 1999. All UT graduates should forward their current address and particulars via one of the following to receive further info:

L'escadron Ottawa du CMR organise une réunion pour célébrer le 25^{ème} anniversaire du programme des PFUNOs dans les collèges militaires et les universités civiles, du 7 au 9 Mai, 1999. Pour plus d'information, vous devez envoyer leur adresse par la suite:
Phone: (613) 541-6000 ext 6084
or Ocdt Tourond (613) 549-4356.
CSN: 270-5011 ext 6084.

**Junior
Ranks'
Mess
Calendar**

Wing Night
Every Tuesday
1700 - 2100

**"The cure
for Epilepsy
is in your
pocket."**



Dog Morsels

By Gerry Gerow

The Loss of a Pet
by Wallace Sife, Ph.D.
(Howell Book House, Macmillan Publishing, New York. \$18.95)

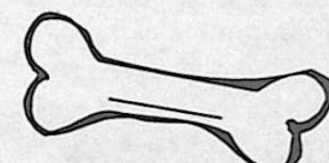
This book is intended as a guide to coping with the grieving process when a pet dies. With a tender, gentle language that illustrates his own love for animals, the author discusses such topics as the human-pet bond, the grieving process, considering another pet, euthanasia, final arrangements, supportive counselling, religion and the death of pets, and much more. Dr. Sife is an internationally re-

**C-V WBN hosts
motivational
speaker
Wendy McClelland**

The Comox Valley Women's Business Network is proud to announce that they are bringing back Wendy McClelland of Biz Resource Group to their March 11 meeting, to be held at the Coast Westerly Hotel. As the economy of the Comox Valley changes and becomes more diverse, it's important for business to stay up to date on current trends. It's also crucial to become more creative and innovative in marketing. Ms. McClelland was nominated for Canadian Entrepreneur of the Year,

her business was chosen Business of the Year by her own Abbotsford, B.C. Chamber of Commerce and she is owner of the award winning Biz Resource Site on the Internet.

Ms McClelland addressed a sold out crowd at the Comox Valley Chamber of Commerce meeting in October. Tickets are available for our dinner meeting by calling the WBN hotline at 338-0113. Reservations are a must so call now as there will be limited seating.



the pet world expects to have the answers when they are called upon for help.

This is an attractively priced 194-page paperback. Ask the book or pet store to order it for you.

The Labrador Retriever

by Lisa Weiss & Emily Biegel
(Howell Book House, Macmillan Publishing, New York. \$35.95)

This is a really excellent breed book. The authors are exceptionally well qualified on their subject. Weiss has owned, trained and shown Labradors for almost 40 years. She is also an accomplished dog show judge who has judged Labradors at the huge Westminster Show and as far away as Finland.

Biegel directed the breeding program at the Guide Dog Foundation for the Blind for many years and has bred and produced many championship Labradors. Together they make a formidable team and their book shows it.

From the breed history through all the different subjects you would expect to find addressed in any good breed book, they show their knowledge and expertise. Anything and everything you could ever want to know about Labradors is here in this well written work.

Do you have questions about breeding, showing, obedience work, or retriever trials? These subjects are all extremely well covered. There is also an excellent index to help you find anything you are looking for.

This is a 240 page, large, attractively jacketed hard cover edition which is illustrated by over 200 photographs in full colour. It is printed using large type and written in an easy to understand fashion. Of the 75 breed books in my library, this certainly rates as one of the best. It is highly recommended for anyone who owns or is thinking of owning a Labrador Retriever. It came off the press in November, so it should be on the book and pet store shelves now. If you can't find it, ask them to order it for you from Howell, or order off the Internet at www.mgr.com

HOCUS-FOCUS BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Window is wider. 2. Expression is changed. 3. Slices are shorter. 4. Stethoscope is added. 5. First-aid cabinet is missing. 6. Diploma is missing.

FREAKSHOW



I hereby claim this planet in the name of Zoogle the Great!



**Royal
Canadian
Legion**

Branch 17 Courtenay (334-4322)

- Dance: every Friday evening, 8:00 p.m.
- 12 March ... The Easterners
- 19 March ... The Alley Cats
- 26 March ... Eldorado

Special Event: St. Patrick's Dance 14 March, 1:00 p.m. Music by The Easterners. Food: corned beef & cabbage.

**Branch 28 Cumberland
(336-2361)**

Every Wednesday, Bingo 7:00 p.m.
Hall rental: non-members \$75, members \$50, kitchen use \$25.

Branch 160 Comox (339-2022)

- 12 March ... Norm's Combo
- 19 March ... No band
- 20 March ... 60th Anniversary Lobster Dinner
- Upper Hall 7 p.m. Dancing to the Easterners following dinner.
- 26 March ... Alley Cats

**Officers' Mess Ladies Club
Calendar of events**

- Mar 17 Back by popular demand: Craft Night
- April 21 Hands-on Gardening Night
- May 19 Great tips for the Barbeque season

**WO's and Sgts' Ladies Social Club
Calendar of events**

We cordially invite members to come out and join in the fun and participate in the wide variety of events we offer.

The March 15 Spring Fashion Show has been cancelled. In its place we will be having a Home Work Stress session.

- April 19 Earthquake Awareness
- The above session is not restricted to members, it is open to anyone who is interested.
- May 17 Spring Craft
- June 21 Dinner/Sport Night
- We look forward to seeing you.
- For further information, please call
- Carla Calmes 890-0672 or Debbie Yelf 897-0106.

History of the Military Air Services of Canada - Part 3

The original Canadian Air Force

(Original prepared by Capt D. Nicks. Editing and additional material by LCol Leversedge.)



Canadian Air Force 1918-1920

As early as 1915, the British Army Council suggested that forces of the Dominions should raise their own air units. Even though the overseas headquarters and the War Council had made an attempt in 1916 to create the Royal Canadian Flying Corps, it

was not until the spring of 1918 that any action was officially taken by Canada.

In a memorandum dated 30 April 1918, the Canadian High Commissioner in London suggested that the government consider forming a Canadian Air Force (CAF) in England. His proposal was based on the fact that

so many Canadians were already serving in the Royal Air Force, and they had expressed a desire to serve in Canadian Squadrons. In considering the proposal, the Canadian government made a study in July and discovered that some 13,000 Canadians were serving in the RAF, of whom 850 were on secondment from the Overseas Military Forces of Canada. This study finally brought the Canadian Privy Council around to discussing the possibility of forming Canadian squadrons within the RAF, with the eventual aim being the formation of the Canadian Air Force.

The original proposal was to form a Canadian Wing of up to eight squadrons to serve with the Canadian Corps in France and Belgium. The cost of equipping and maintaining this formation would be borne by the Canadian government. To raise these squadrons, it was proposed that a survey be conducted of current RAF squadrons to determine which squadrons were at 60 to 80 percent Canadian aircrew. From these squadrons eight would be selected for Canadian service. Unfortunately, the RAF and the British Air Ministry felt that this would unnecessarily disrupt the fighting ability of these units and the entire field force. In addition, it was pointed out that these units might have a

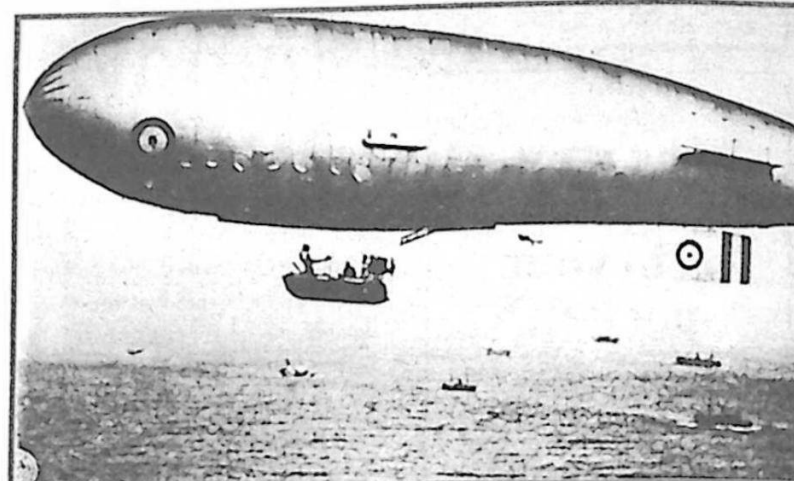
large percentage of Canadian aircrew, but there were very few Canadian ground crew. Thus it was decided to train the required ground crew first before any Canadian squadrons could be formed.

On 5 August 1918, the Air Ministry authorised the formation of two Canadian squadrons, one a fighter squadron and the other a bomber squadron. On 22 August 1918, a CAF detachment was formed at the school of Technical Training at Halton, England, to train the required ground crew for these two Canadian squadrons. On 19 September 1918, the Canadian Privy Council approved the formation of the CAF in England, comprised of two squadrons

were sent to cease flying and to package up all aircraft and equipment for shipment to Canada. No 1 Squadron was disbanded on 28 January 1920 and No. 2 Squadron and the Wing disbanded on 5 February 1920. The directorate of Air Services was finally disbanded on 5 August 1920. Thus ended Canada's second attempt at creating a national air force.

Royal Canadian Naval Air Service

Because of the importance of Halifax to the war effort and the threat posed by German submarines, the British Admiralty suggested the establishment of two air stations on the east



Non-rigid airship typical of the First World War. (CF Photo)

around Halifax and the Bedford Basin. On 5 September 1918, the Royal Canadian Naval Air Service was approved by the Canadian government. Personnel

were to be trained on lighter-than-air airships (dirigibles) and heavier-than-air aircraft. By the signing of the armistice, the RCNAS had 81 cadets of whom 60 were under going training in the United States, with 13 in the United Kingdom and eight in Canada awaiting training. Additionally, six coxswains had enlisted for airship duties and were serving in the United Kingdom.

On 5 December 1918, the RCNAS was disbanded and all the cadets and coxswains were demobilised.

Canadian Air Force 1920-23

18 February 1920 saw the second Canadian Air Force authorised by the Privy Council. This home-based CAF was formed as a part of the Air Board (this Air Board consisted of three branches: Civil Aviation Branch, Civil Operations Branch and the Canadian Air Force), and was authorised to appoint six officers and men with temporary rank. This new CAF was a non-permanent organisation to provide biennial 28-day refresher training to former officers and airmen of the wartime



Fokker Universal aircraft used by the RCAF for the 1927-28 Hudson Strait Expedition.

and a CAF Directorate of Air Services. This directorate was a branch of the General Staff of the Overseas Military Forces of Canada, and Lieutenant-Colonel William Avery Bishop became the first commander of the CAF in England.

On 20 November 1918, nine days after the signing of the armistice, No. 1 Squadron (fighter) was formed at Upper Heyford, Oxfordshire, England; it was followed on 25 November 1918 by No. 2 (day bombing) Squadron also at Upper Heyford. To administer these two squadrons, No. 1 Wing CAF was formed on 25 March 1919. However No. 1 Wing did not assume their duties until 1 April after the two squadrons had moved south to Shoreham-by-Sea.

The Canadian government decided not to retain a permanent peace-time air force and orders

at the Eastern Passage (Dartmouth) and one at Sydney, both in Nova Scotia. However, the Admiralty expressed regret that they could not provide any assistance in this endeavour and suggested that Canada create her own air service. Initially the Americans rendered assistance by providing two flying boats to patrol the area



Pilots from No.1 Squadron C.A.F in Upper Heyford, England in Nov 1918. The officers standing (L-R) include Lt W. Rutledge; Lt P. Townley; Lt G. Howsam; Lt F. Heakes; Lt C. McEwen; Lt H. Marshall; Lt J. Whitford; unidentified. Seated (L-R) Capt D. MacLaren; Capt G. Johnson; Maj A. McKeever; Lt J. Verner; Capt C. Falkenberg. These include many of the most successful Canadian fighter-pilots of the First World War: Capt MacLaren (48 victories), Maj McKeever (30 victories), Lt McEwen (20 victories), Capt Falkenberg (14 victories), and Capt Johnson and Lt Howsam (each 12 victories). Note the variations in uniform.

(CF Photo)



Fall/Winter Hours
for
Comox Air Force Museum

Located at the entrance to
CFB Comox

Open Sat, Sun & holidays
10:00 a.m. till
4:00 p.m.