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The Comox Valley's Oldest Newspaper



# TOTEM TIMES



19 Wing CFB Comox B.C.

VOL 38 NO 21

THURSDAY 5 DECEMBER 1996

COST: PRICELESS

## World Champions



### B.C. Women's representative Broomball Team

19 Wing Comox members, front row (L-R): Cpl Darlene Jordan (1st), back row (L-R): MCpl (ret'd) Judy Ireland (2nd), Cpl Casey Palanyk (3rd), and Lt Bobbi Howard (6th).

The World Broomball Championships took place in Victoria, B.C., from 4-9 November. Broomball enthusiasts from all over Canada, the United States and the world were invited to participate in this international competition. Six individuals from 19 Wing Comox attended as members of provincial teams, with four returning home as World Cup Champions.

The tournament was set up so each province in Canada was allowed to enter one team in each division (Men, Women and Mixed). In addition, Victoria, as the host city, was allowed one team in each division. It was left to individual provinces to decide how they chose their representative teams. The British Columbia Broomball Society opted to choose an all-star squad instead of sending an established team.

The tryouts for the women's representative team were held in

September in Chilliwack. After two days of gruelling workouts, WO Kathy Knight-Adams, Cpl Darlene Jordan, Cpl Casey Palanyk and MCpl (ret'd) Judy Ireland had been selected to represent B.C. in the Women's Division. Lt Bobbi Howard was employed by the coach to act as team manager. The remainder of the women's team members came from Kamloops, Vancouver and Nanoose.

Two other members of 19 Wing were chosen to participate on other teams. Cpl Boily was picked up by the Men's B.C. Rep Team and Cpl Tara Langley was retained by her previous team from Edmonton to represent Alberta. Unfortunately, WO Knight-Adams was loaded onto a course four days before the competition and was unable to attend.

The 1996 World Broomball Challenge Cup featured 28 teams in three divisions. The Men's Di-

vision included two teams from the USA, one from Italy and one each from Kushiro, Japan and Saroma, Japan, in addition to eight teams from Canada, including the NWT.

The Mixed Division had seven Canadian provincial teams, including the NWT, as well as teams from Italy, the USA and Tokyo, Japan.

The last division was the Women's with four provincial teams and one team from Italy.

The tournament began on registration night with frantic pin trading facilitated by an amusing display of hand signal communication. Despite the language barrier new friends were made along with the trading of numerous articles of clothing. There were several reunions as well, with many of the provincial teams composed of military broomball players.

The competition began on 5 November and the B.C. Women's

Rep Team started their busiest day of the week with three games scheduled. It was a fortuitous start with the team winning 2-0 against Saskatchewan, 4-0 against Italy and 3-0 against the Victoria team.

The second day was tougher with the team having to come back from an 0-2 deficit to tie Alberta 2-2. That afternoon the second meeting with the Saskatchewan team saw a close contest of 1-0 with the B.C. team still undefeated.

Day three began with a rematch against Italy and another victory with a score of 5-0. The second game of the day with Victoria was dominated by the B.C. Rep team, however, they had to settle for a 1-1 tie. Friday dawned with both the B.C. Rep team and Alberta nearing the end of the double round robin undefeated. The two teams met at 0700 hours on Friday morning to battle for

the coveted "bye" into the finals. It was a hard fought game with neither team making many errors. The result, an 0-0 tie. This concluded the round robin with both teams tied for first place with 5 wins and 3 ties. After consulting the Canadian Broomball Federation rule book, it was determined that the records of the tied teams against the third place team would be the deciding factor. Alberta's record against third place Victoria was two wins, while the B.C. Rep team had one win and one tie. Even with the best record of wins for and against (15 to 4), B.C. was forced to go into a semi-final with Victoria. The team knew they would have to play a full 30 minutes against a tough opponent. With no scoring through the first half, the team turned it up a notch and scored in the second to defeat Victoria 1-0 and advance to the

....page 8

### Flight safety



Brigadier General Cameron, Commander Maritime Air Group, during a recent visit to 19 Wing presented Captain S.E. Kimmins with a flight safety award in recognition of 500 hours of accident free flying instruction on the Tutor aircraft. Captain Timmins is now a pilot with 407 Squadron undergoing training on the CP 140 Aurora.

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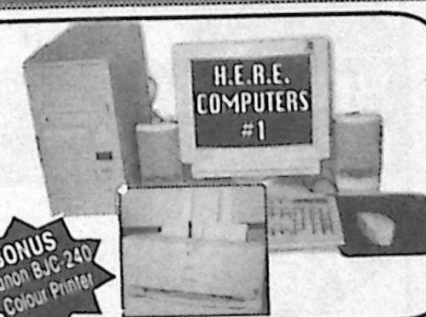
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# Legion Log

BRANCH 17 COURTENAY 334-4322

**REGULAR EVENTS:**

BINGO.....every Thur, Fri & Sun 7:00 pm  
MEAT DRAW.....every Fri 6:30 pm. Also every Sat 3:00 pm  
DANCE.....every Friday night, 8:00 pm

6 December Eldorado  
13 December Wild River  
20 December Rob Petrie  
27 December Kirby

FUN EUCHRE.....every Monday night 7:00 pm  
FUN CRIB.....every Wednesday night 8:00 pm  
FUN DARTS.....every Thursday night 7:30 pm  
BARGAIN DAY.....every Tuesday, all day  
BBQ LUNCH SPECIALS.....every Weds & Fri 11:30 am - 1:30 pm

**General Meeting: 17 December at 7:30 pm**

**SPECIAL EVENTS:**

Saturday Night Dances  
7 December...Wayne's Music 21 December...Rob Petrie

**Xmas Draw - 15 December at 1:00 pm**  
Hams, turkeys, etc. Food and music by "Country Cousins"

**New Year's Dance in Lower Lounge**  
Admittance by ticket only. Food - cold buffet 9-11 pm.  
Music by "Kirby" 9 pm - 1am. Designated drivers available.  
Tickets will be sold in advance at a cost of \$10.00 per person.

**New Year's Levee in Lower Lounge**  
Starting at 1:00 pm. Entertainment by "Kirby" at 2:00 pm.

**BASE PERSONNEL WELCOME AT BR. 17**  
Office: 334-4322 Service Officer: 334-3613

BRANCH 160 COMOX 339-2022

**ENTERTAINMENT:**

Fri 06 December - music by HIGHWAY 19  
Fri 13 December - music by ALLEYCATS  
Fri 20 December - music by SAGE  
Fri 27 December - music by ANDREW SCHMIDT

**REGULAR EVENTS:**

SUNDAYS.....Lounge Hours 12:00 Noon to 7:00 pm  
MONDAYS.....LA Drop-In Bingo, Upper Hall, 7:00 pm  
Monday night Men's Dart League 7:30 pm in Lounge  
TUESDAYS.....Mixed Dart League 7:30 pm in Upper Hall  
Ladies Crib League 7:30 pm in Lounge  
WEDNESDAYS.....Navy League Drop-In Bingo, 7:00 pm  
Upper Island Men's Crib League 8:00 pm in Lounge  
THURSDAYS.....\*1st Br.160 Exec. Mtg. Upper Hall, 7:30 pm  
1st L.A. Executive Meeting (as required) 7:30 pm  
\*2nd L.A. General Meeting, Upper Hall, 8:00 pm  
\*3rd Branch 160 General Meeting, Upper Hall, 8:00 pm  
FRIDAYS.....TGIF, Meat Draws in Lounge, 3:00 - 6:00 pm  
Dance, Lounge (unless advised)

**SATURDAYS.....Meat Draws in Lounge, 3:00 - 6:00 pm**

**SPECIAL EVENTS:**

New Year's Eve floor show and dance starring Linda Jones in Branch Upper Hall. Tickets \$40.00 per couple (includes free transportation) on sale Mon. 4 Nov. All seats reserved. Watch for further detail in the Branch.

Hall Rentals or requests for Special Functions: Please contact Ken Seymour in office, Mon - Fri, at 339-2022.



**Chaplain's Chatter**

by

**Fr. Jim Brown  
Wing Chaplain (RC)**

You may be surprised to learn that Christmas did not occupy as high a rank as it has today until the Arian Heresy came along, AD 320. (Arian taught that Christ was merely human and was given his divinity by the Father on account of His foreseen righteousness.) Easter was the Queen of Festivals, and Christmas only slowly developed its importance. The trappings of Christmas took even longer to develop.

Were you aware that as you sit back and gaze at your Christmas tree, as you are full of the Christmas Spirit (spirits?!), you are looking at a collection of symbols summarizing all of Salvation History.

The origin of the Christmas tree is somewhat obscure, but the best bet is that the Germanic tribes brought evergreens inside, as these trees were the only things living in the depths of the cold northern European winters. These trees seemed imbued with a supernatural spirit and it was probably seen as a good omen to have one in your home during the rigours of winter.

As Europe was Christianized, the tree became "Christmased." It became a symbol of the paradise tree and was used to honour Adam and Eve whose feast day was 24 December. On this paradise tree, which symbolizes "The Fall of Man" are placed Christological symbols. Lights were burned to symbolize Christ, the true light of the world, connected also to 21 December, the shortest day of the year. Apples or other fruits were hung to signify the sin of Adam and Eve (forbidden fruit). We use glass and fibreglass balls and decorations today. Bread was hung on the tree to symbolize the Eucharistic bread of Christ's body and to symbolize also the Tree of Life. Later, the bread was replaced by shortbread, pastries and candies signifying the sweetness of salvation through Jesus Christ our Lord.

So, in summation, we go from the fall of Adam and Eve in the garden of Eden to the everlasting light of Jesus, and the salvation he gained for us on Easter morning; all on one Christmas tree. Quite a symbol that Christmas tree!!

I offer you a prayer of blessing for your family to use once you

**ST. MICHAEL AND ALL ANGELS PROTESTANT CHAPEL**

**CHRISTMAS SERVICE SCHEDULE**

SUNDAY, 22 DEC 96  
CHRISTMAS COMMUNION SERVICE  
1 000 HRS

TUESDAY, 24 DEC 96  
CAROLS & CANDLELIGHT FAMILY SERVICE  
1 900 HRS

MIDNIGHT EUCHARIST  
2330 HRS



**OUR LADY OF THE SACRED HEART (RC) CHAPEL**

**CHRISTMAS & NEW YEARS'S MASS SCHEDULE**

TUESDAY, 24 DEC 96  
FAMILY SERVICE  
1 900 HRS

MIDNIGHT MASS & CAROLS

CAROLS 2300 HRS  
MASS 2330 HRS

WEDNESDAY, 25 DEC 96  
CHRISTMAS DAY MASS  
1 000 HRS

SATURDAY & SUNDAY  
28 AND 29 DEC 96  
REGULAR WEEKEND MASSES

NEW YEAR'S DAY MASS  
WEDNESDAY, 1 JAN 97  
1 000 HRS

have finished decorating your tree. Why not gather around it, hold hands, and have Mom or Day say this prayer:

All glory and praise to you, heavenly Father: we thank you for sending us your son Jesus to be our brother.

Bless us as we gather here, and bless our Christmas tree. Let its

lights remind us of Jesus, who came to be the Light of the World and save us from sin.

Father, we love you and we praise you through Christ our Lord.

(All answer Amen)

May God Bless you and your home this Christmas season and always.

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## Greetings to Canadian Peacekeepers

Here's an invitation to share your Christmas joy with someone special. Families and friends of Canadian Forces personnel on peacekeeping duty abroad are invited to add their voices to Radio Canada International's popular "Greetings to Peacekeepers" service. Thousands of messages to CF members have been broadcast on RCI's daily "Canadian Forces Magazine" and "Report to Peacekeepers" programs, and are a daily highlight.

Canadians from coast to coast, whether or not they personally know a Canadian Forces member on duty abroad, can phone toll-free 1-800-216-3443. The service is operational 24 hours a day,

seven days a week.

Radio Canada International, in cooperation with the Personnel Support Agency of the CF, provides 24 hour a day service to downlinks reaching Canada's United Nations peacekeepers in Bosnia, Haiti and on the Golan Heights, and the terrestrial network that continues to serve the several hundred CF members who remain with NATO bases in Germany, Belgium and the Netherlands.

Canadian Forces Magazine and Report to Peacekeepers are cornerstones of the satellite service programming, which features the best of CBC and SRC network radio, and live play by play sports.

## Nov 11 special thank you note

The following handcrafted, handwritten "Thank You" card was given to me by a 14 year old young man, immediately following the dismissal of the Comox 11 November Remembrance Parade.

I wish to share it with your readers and especially with the Veterans of WWI, WWII, Korea and the members of the Canadian Forces who have, and are, serving in "harms way" in U.N. Peacekeeping Operations world wide where "Peace" is sometimes a non-operative word. These men and women are serving Canada with courage and dedication in these far flung areas, which now

will include Zaire.

Needless to say, Samuel's card was the high point of my 11 November. It is indeed refreshing and certainly reassuring to know that young men and women of Samuel's character are in our community; to offset some of the negativity brought on by a minority of thoughtless youths who disgusted the community with their hooligan behaviour during Halloween.

Thank you, Samuel - on behalf of all veterans.

LCol (Retd) Alan C. Brown, OMM, CS.

"Greater love hath no man than this, that a man lay down his life for his friends."

John 15:13

## Flight Plan for Life

by Gen DeQuetteville,  
Commander Air Command

At the recent Combined Commanders Training session (annual Wing/Group Commanders Conference), the senior leadership of the Air Force inaugurated the Flight Plan for Life - a charter for quality of life issues that bonds national defence objectives with the needs of the Air Force team. It was produced after an intense session with Group Commanders, Wing Commanders and CWO's, reviewing and incorporating the dissatisfiers and demotivators which are causing many of you stress at home and in the workplace.

I am proud of the Air Force and each of its members - regular, reserve and civilian. My vision is to ensure that every member has the best work and family experience possible, while still retaining operational efficiency. To that end, Flight Plan for Life will form

a nucleus around those things which flow from our core values and build on our maxims.

The CCTS developed the following Commander's Action Plan to which we are all committed:

- Further development of the outline of some 300 dissatisfiers presented at the CCTS has now been completed

- A draft of the final Flight Plan for Life is being forwarded to all GP Comds and WComds for their review

- In parallel, we are developing a list of command level "do-able" quick hits that are within our control - these will supplement recent national level changes such as incentive pay, interim changed terms of service, moving benefits, cash-out of leave, etc., and are items that will not require environment legislation to change

- While national level



(DND/CF) programs are being developed, I will identify command level funds that can be applied to our initiatives by the end of November

- I have enlisted the ongoing support of Group CWO and Wing CWO to assist my staff in developing this program. It is our intention to augment this staffing with additional reps for Jr, NCM, Jr Oftr, reserve and civilian members, and

- In the list of "do-able" quick hits, we are actively staffing such things as bi-weekly pay, improved availability of compassionate leave, a better process for booking service flights (space available), etc. Regular updates on these issues will be provided.

In summary, we have a massive task in front of us and I do not underestimate the challenge of "delivering the goods." With your help and cooperation I accept that challenge.

## Somalia Medal

by VAdm Larry Murray,

I am very pleased to advise that the Minister of National Defence has announced that the Government of Canada will seek the Queen's permission to award a Somalia medal.

The medal will be presented to all those Canadian Forces members who served honourably in Op Deliverance, the humanitarian mission in Somalia. The process of obtaining the Queen's approval and procuring the medals is expected to take approximately six months.

Dear Sir,  
I would like to thank you for preserving our country in which we all enjoy the freedom to attend services such as this. I am sure we can not begin to understand the pains you and your friends went through, not knowing what the next minute might hold, whether it be life or death. I would like to express my gratitude for the sacrifices you made on my behalf.

Thank you so much.

Samuel  
Sartorius

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On behalf of the President SISIP and all support personnel, thank you for the privilege of allowing us to serve you during 1996.

Au nom du Président RARM et de tout le personnel de soutien, merci de nous avoir accordé le privilège de vous avoir servi en 1996.

Best wishes for peace, happiness and a prosperous and safe holiday season.

Nos meilleurs vœux de paix, de bonheur et de prospérité vous accompagnent. Soyez prudents.

**Support the Christmas Seal Campaign**

For more information on lung disease or to make a donation, call 731-LUNG or toll-free 1-800-665-LUNG

BRITISH COLUMBIA LUNG ASSOCIATION

The Editor gets a word in

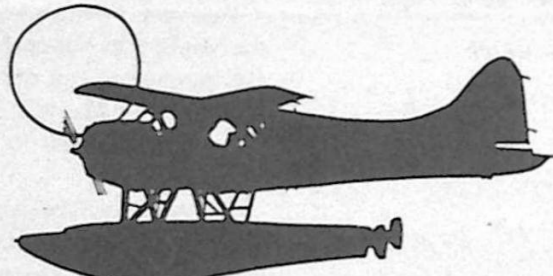


We're on the same team

One of the strange things about living right next to an excellent facility is that one never takes the time out to visit it.

The museum does depend in no small measure on the good will of the people who work on the base. The staff of the museum try to reciprocate by promoting the base, its personnel and even occasionally throwing some contract work the way of base personnel when funding permits.

Joel Clarkston



United Way 1996 Final Results

The 19 Wing 1996 United Way Campaign is now completed with the entire Wing canvassed. Although we narrowly missed attaining our goal of \$22,500 we did succeed in raising 6.1% more than last year's total of \$20,030.65.

Table with fundraising results: Kiwi Club hockey game \$200.00, Auto Club Clinic \$200.00, Silent Bid Auction \$110.50, EME Car Clinics \$227.65, CE Raffle \$185.00, 414 Sqn Raffle & Pumpkin Contest \$179.00, W Admin 50/50 \$35.00, Civilian Fridays \$435.00, Special Events total \$1,572.15, 1996 Total \$21,267.32

EME's United Way goal over the top

Thanks to the unselfish efforts of all EME personnel, this year's United Way contributions again exceeded our goal. With 19 people to canvass, we set our goal at \$310. This figure was obtained on the basis of \$15.50 per person, determined by the Wing's goal of \$22,500.

EME raised \$891.66 through personal contributions, "civvy" Fridays, the annual Headlight Alignment Clinic and a Car Care Clinic. The Headlight Alignment Clinic raised \$159.65 (40 vehicles) and the 25-point inspection Car Care Clinic raised \$68.00 (9 vehicles).

Participants were: EME Convasser/Coordinator - Sgt Bangay; Headlight Clinic staff - Cpl Carriere and Cpl Hemeon; Car Care coordinator/participants - Sgt Picard, MWO Crobin, MCpl Lan-teigne, MCpl Jean, Cpl Carriere, Cpl Hemeon and Cpl Hogan.

Heartfelt thanks to all who made this year's campaign an enormous success.



Navigator's Revenge, or: What's Wrong with Girls? A GRADE 4 PUPIL'S VIEW OF THE PILOT'S LIFE

I want to be a pilot when I grow up because it's a fun job and easy to do. That's why there are so many pilots today.

Pilots don't need much school, they just have to read numbers so they can find their way if they are lost. Pilots should be brave so they won't be scared if it's foggy, or if a wing or motor falls off they should stay calm so they'll know what to do.

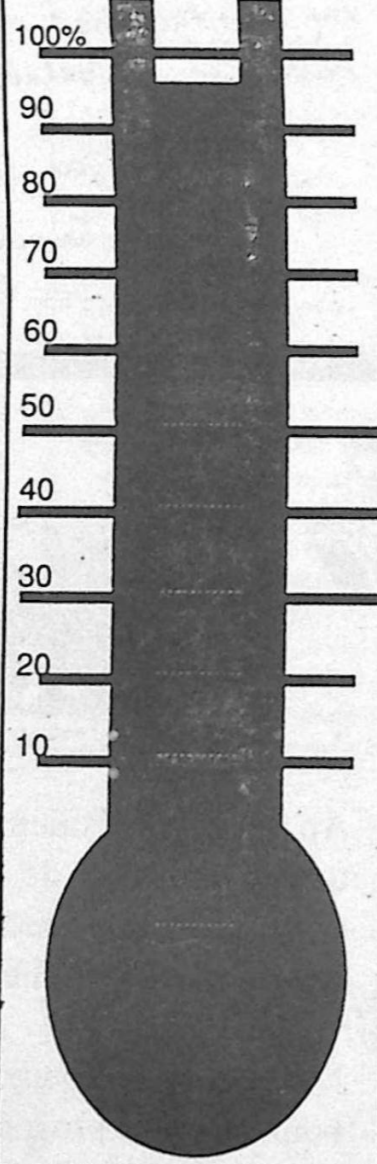
Pilots have to have goodeyes so they can see through clouds and they can't be afraid of lightning or thunder because they are closer to them than we are.

The salary pilots make is another thing I like. They make more money than they can spend. This is because most people think flying an airplane is dangerous, except pilots don't because they know how easy it is.

There isn't much I don't like except girls like pilots and all the stewardesses want to fly with them so they always have to chase them away so they won't bother them. I hope I don't get airsick because if I get airsick I couldn't be a pilot and I would have to go to work.

(Reprinted from Saskatchewan Flying Farmers Newsletter, April 1995.)

United Way



Building A Caring Community

TOTEM TIMES

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SUBSCRIPTION RATE \$17.50 per year, GST included.

The TOTEM TIMES is an unofficial publication of 19 Wing CFB Comox, B.C. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication.

Published 22 times a year with permission of the Wing Commander, 19 Wing CFB Comox, B.C. Publications Mail Registration No. 4098. Printed by Ladysmith Printing, Ladysmith, B.C.

OFFICE HOURS Thursday 0900 - 1600, Deadline Friday 0830 - 1600, Monday 0830 - 1600, Tuesday 0830 - 1200

Will this training get me somewhere?

by Pat Allan, CFCCN Co-ordinator

The single question I get asked the most is whether the training will help students in getting the work they would like. I'd like to have a crystal ball, and to be able to speak on behalf of all employers, but I don't and I can't.

The world of work is based on competition - everyone would like to have those really good jobs. From an employer's perspective, the people who bring skills and knowledge to the job cost less to train and are likely to produce more, at least in the short term.

An endorsement like that can't guarantee anything, but it is more likely an asset than not having anything to show, and puts you in a better position than other job-seekers who don't have that education.

As the job-seeker, it is up to you to provide an employer with information about what your studies have prepared you for. Most employers are completely concerned with making their business profitable and focus fairly narrowly on that.

To make sure your program is

useful, there are some basic things you can do. Before you enroll in a program, have an idea of what you hope to be able to do. Then talk to the people who you will eventually be approaching with your diploma; ask them if the program would increase your chances of success with them.

Will a college study program help you attain your goals? It may not be the whole answer or offer a magic solution but it will never be a hindrance.

The last four courses of the Management Development Program offered at 19 Wing will continue in January, with a course offered about once a month. The schedule will be published in the Routine Orders, and in this column. Watch for it! New students are welcome to join the fun during our compressed weekend format: one weekend, one course.



Badminton Club

Starting 5 Jan 97, recreational and competitive badminton will be available every Sunday evening from 1900-2100 at the Wing Gymnasium.

Membership fees: \$20.00 Drop-in fees: \$3.00 single, \$5.00 family.

Everyone is welcome!! For more info contact: Cpl Forget 8834, MCpl Blair 8538.



Winter Golf at Glacier Greens

by Barb Carter

Well after a two week delay because of that white stuff, Winter Golf resumed with a turnout of 37 people. It was a cold and windy day but only a few frozen fingers were noted and quickly thawed when the results were announced.

1st Gross: Hal Fraser, Fran Hume, Ray Belanger, Doug Cull. 1st Net: Jim Trask, Dick Nex, Claude Oufault, Glen Caslake. 2nd Gross: Richard Wand, Wayne Ogilvie, Fred Horvath, Jim Hume. 2nd Net: Fred Williams, Lloyd Billings, Bill Pompanio, Steve Shaw.

Weather permitting, we hope to see a better turnout on December 8.

Don't forget the Ladies Christmas Luncheon on December 5 at 1:00 pm at the Clubhouse.

When you can't breathe, nothing else matters

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Scuba Club's latest adventure

The guys were out diving again. They met at the club early in the morning to pick up their gear and they then did the traditional stop at Tim Horton's thing for breakfast, finding me sitting on the curb with my hitching thumb out and what I hoped to be a "please don't leave me" expression on my face.

Off we went towards Campbell River, specifically destined for Quadra Island to dive at Q-Cove and Moulds Bay. The journey was definitely entertaining. If you ever drive with Mike Lafleur, make sure YOU remember to turn off the headlights. Mike seems to have an inability to recall this most important voltage saving technique. He'd rather use other methods to start his vehicle.

Finally we arrived. The sun hadn't got any warmer but the true diehard divers stripped down, suited up, and went for it. How Eric Travis managed to remain white and not blue by the time he came out of the water... I looked at the water and went from black to blue.

Everyone was pleased with the day as we headed to the dive shop in Campbell River - it was on our way (shrug and a smile). This was the last adventure. Until next

Time to head to the ferry dock. Mike, turn-off-the-lights Lafleur, was having to struggle - dive or don't dive? A true diver freezes - he, or she, sacrifices their limbs to the cold, despite the fact that their suit is too short. All I can say is "bully." Mike showed our new Aussie acquaintance, who found the water quite chilly, what "Crazy Canuck" really means. For thirty minutes I waited for Brian and Eric to surface. Eric's bright green fins show up really well within a torrent of air bubbles breaking the surface.

Everyone was pleased with the day as we headed to the dive shop in Campbell River - it was on our way (shrug and a smile). This was the last adventure. Until next

Holiday Hours for Base Gym and Pool

Table with holiday hours for Gym and Pool from Dec 23 to Jan 4. Gym hours: 0730-2100 hrs, 0730-1600 hrs, CLOSED, 0730-2100 hrs, 1300-1700 hrs, 1300-1700 AND 1800-2100 hrs. Pool hours: 1300-1500 AND 1800-2000 hrs, 1300-1500 hrs, CLOSED, 1300-1500 AND 1800-2000 hrs, 1300-1500 AND 1800-2000 hrs, 1300-1500 AND 1800-2000 hrs.

Merry Christmas and a Happy New Year from all the staff

Bookshell Bestsellers 2251 Cliffe Ave., Driftwood Mall, Courtenay, B.C. V9C 2L8 604-338-5943

Table with book titles and authors: 1. Pandora's Clock Nance, 2. Love Me for Ever Lindsey, 3. A Dangerous Man Rogers, 4. Horse Whisperer Evans, 5. Fever in the Heart Rul, 6. Born to Kill English, 7. Warrior Breed Reicher, 8. Married at Midnight Woodiwiss, 9. Circumstantial Evidence Early, 10. Black Eagle Collins

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### 407 Sqn



### Demon Doin's

The rapidly approaching holiday season finds the Demons as busy as ever, both at home and away. With the decorations going up in squadron spaces and the oft heard "have you got your tickets for the Christmas party yet?" resounding through the halls, the spirit of the season appears to be getting off to a good start. With the social aspects of the season balanced by a busy flying schedule, December is shaping up to be both hectic and enjoyable.

There are a few comings and goings on Crew 2 this month. The Cowboys are welcoming Maj Rich MacKinnon back to the Maritime community after a stint at the Nav school and logging some valuable desk time in Ottawa. The crew is also saying goodbye to Capt Andrew Skinner, who has decided that one set of wings is just not enough, and is off to Portage to pick up a set of pilot wings to complement his nav wings. Best of luck Skinny!

Crew 3 is also saying farewell to one of their members this month as Capt Marc Tardif packs his kilt and heads off to Kinross, Scotland on an exchange posting with the Brits. Although the Dawgs wish Marc all the best, they are still a little confused as to why anyone would voluntarily spend two years flying in something called a Nimrod.

Capt Sullivan and the boys from the Freezer are just back from a whirlwind tour of Southern California where they spent three days showing off our Canadian ASW skills on the range near San Diego. Sully and the Ice men are off this week to climes more suited to their name as they swing through Moose Jaw, Portage and Winnipeg to give a taste of the MPA world to pilot and navigator students working towards their wings. According to Sully, Crew 4 is so excited at the prospect of a December evening in Portage that they have all but forgotten about their recently cancelled trip to Australia! Sully is doubly excited about the trip knowing that shortly after their return he will be finally taking over that much cov-

eted chair in the pilot training office.

In a tribute to Capt Tardif's Scotland posting, the Crew 5 Vikings attended last week's 407 Sqn mess dinner wearing traditional Scottish attire. Despite crew commander Maj Paige Cutland's repeated assertions that the lot of them were indeed "regimental" the rest of us were spared any visual proof, although they did seem to have more vigour than usual around the crud table. Could it be that they were just better ventilated than usual? The Vikings also have the unfortunate task of attending a Subex in Hawaii early this month to get some ASW practice with the Americans. Although they are upset at the prospect of trading the rain and snow of Vancouver Island for the tropical breezes of Oahu, we hear they already have a bulk order in for grass skirts and coconut shells.

Much to the relief of the rest of the squadron, the forced quarantine of Crew 6 appears to have stopped the spread of the dreaded Terminator virus. Although more contagious than e-bola, and with symptoms similar to bubonic plague, the virus seems to have been relatively short-lived and the crew is back up to speed. Capt Nero even appears, if you can believe this, to be even stronger, especially cardiovascularly, than he was before.

Crew 7 seems to be keeping a low profile these days (no pun intended, Maj). Could it be that MPCC Maj Low wants to keep them out of the public eye until Lt Major can be cured of his *Beavis* (or is it *Butthead*) speech impediment. That must be it. Ya, ya, ya.

The Commander of Maritime Air Group, BGen Cameron, visited 19 Wing and 407 Sqn for three days last week. He spent one day flying on a training mission with Crew 7, addressed the squadron at our ground training day and was the guest of honour at the Officers' Mess dinner.

The squadron ground training day provided a new perspective for many, with the whole squadron, ground and air crew, gathered together as one group. It was a fairly impressive sight with all of Canada's largest squadron gathered together in one room. BGen Cameron was overheard asking the WComd whether this was just 407 Sqn or the whole base as he entered the room to address the squadron. Overall it served as a good reminder to us all that even though we may have completely different job descriptions, we are all members of the same squadron working toward the same goal.

In sporting news, both the hockey teams and the curling team continue to have a lot of fun on the ice. However, news of major victories seems to be a little slow coming through. We are all confident though that our teams will soon find their mid-season strides and start to earn the glory and adulation that we all know they so richly deserve. For those Demons who prefer their sports from the comfort of a padded chair in a heated stadium, the upcoming road trip to Seattle to see the Bills play the Seahawks is rapidly snowballing into a major expedition.

The entries for the squadron photo contest have finally all been coaxed out of our talented, yet modest, amateur shutterbugs. The resulting collage can be viewed outside the Canex cafeteria in 7 Hangar, with the winners to be announced at the upcoming squadron Christmas party.

In a final note, congratulations go out to Capt Dan Champagne and his wife Johanne on the birth of their new baby girl. Hopefully, we will be able to publicize a name in the next edition, but since nine months was apparently not enough time to come up with one, who's to say another couple of weeks will help.

Til next time, Demons Out.



### 407 Sqn Award



Cpl Frank Dubreuil was awarded the Commanding Officer's Commendation for his outstanding dedication and performance at 407 (MP) Squadron as illustrated by his enthusiastic and significant contribution to the installation of the ADP LAN in 7 Hangar, the development of a comprehensive Windows-based Personnel Management Data base and for the design of an extremely user-friendly and time saving WinLeave application.

## ATAC's first hit! Streamlining the clearance process

The 19 Wing Action Team for Administrative Change (ATAC) has identified an area for improvement - the PLCC Card. Everyone is familiar with that little blue card. You know, the one that makes you walk around the wing for days on end, clearing in to places you can't find and, in some cases, places you will never need visit again until you're posted out. Well, good news for those corns and blisters on your feet - the whole process has been streamlined.

The requirement to clear-in at several locations on the base is twofold: first to inform sections of your arrival at 19 Wing, and second to gather specific information about you. In some cases, you will require equipment and/or services from these sections while at 19 Wing. With the advent of technology, specifically E-mail, it is much easier to pass and collect information. As a result, many of the locations listed on your PLCC card no longer require you to physically "sign in." E-mail will now inform the various sections

on the base of your arrival at Comox. The data that is required can easily be exchanged electronically. Until all units are attached to the LAN or MAN, units will be responsible for submitting RO entries listing the name, rank, SN, unit and phone number of all new personnel.

How will the new In Routine work?

- Newly posted-in members need simply report to the Personnel Support Services (PSS) cell, formerly called the Wing Orderly Room, on arrival at the wing.

- The PSS clerk performs the usual in clearance routine and keys in the necessary personnel data and, using E-mail, sends it to the appropriate sections. Also, the PSS clerk will provide the member with a "take away" package of forms to fill in.

- These forms can be filled in by the member at work or home and then mailed to the applicable sections the next day. This step removes the requirement for the individual to physically go to the section and stand there and fill in the forms.

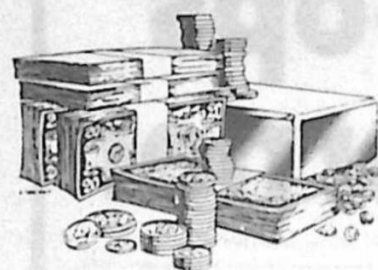
- The Routine Order entry submitted by the units will inform all sections of the arrival of an individual. The RO entry will also alert sections to expect incoming data either through E-mail or the "take home" forms through the postal system.

- The member must still physically clear into, and have their PLCC card signed by: PSS, their respective unit, W Hosp, and TFC (F&E).

For clearing off the base, the member will have to physically report to his/her respective unit, the Mess to cancel Mess dues and debts, NPF to ensure there are no outstanding debts, W Hosp, WTFC, the NCMs must then clear the WCWO, and lastly PSS.

The new clearing in and clearing out process will be implemented 01 Jan 97. As soon as we're all on the LAN, the process described above will be revisited for further efficiencies. Please look out for further updates to this and other ATAC issues in future publications of the Totem Times and Routine Orders.

### Beyond bean counting



## NPF on the move

by K.J. Saunders

There's more a-movin' and a-shakin' going on in the Finance world. This time it's the NPF staff. The "open office" concept and the co-location of similar services is catching on, and it's definitely the way of the future as far as best business practices and customer satisfaction are concerned. The old NPF office and the adjacent office space will be configured to the open office concept to allow for future one-stop shopping of PSP services. As a result, the NPF staff have been temporarily re-located to allow CE to perform the required renovations.

The NPF office is now located in Rm 41 (the old LPO office) in HQ Bldg. The move was started on 18 November and was completed in two days, with minimal interruptions to NPF operations. This was due, in large part, to the speedy and proficient efforts of the Telecom and ADP people. Telephone and computer lines were hooked up with lightning speed! The NPF staff extend their heartfelt thanks to WO Bolster and his crew!

Renovations are expected to be completed by end January 97, at which time the NPF accounting staff, the NPF Human Resources Co-ordinator, Accommodations, a rep from the CFHA, the W Pers Svc O and W Pers Svcs O secretary will move in.

Phone locals for the NPF accounting staff have not changed. They are listed below for your convenience:

- Capt Lalonde, WASO, 8646
- Linda Lewis, NPF Supr, 8820
- Angie Mallette, Canex clerk, 8838
- Lucy Sabiston, cashier, 8837
- Cpl T. McElwee, Base Fund and Messes clerk, 8616, and
- Larry Francis, NPF Human Resources Co-ord, 8066.

So, the next time you're in HQ for NPF accounting business you'll know where to look - 'cause they're not hiding and they haven't disappeared!

## Ask the Commander



The Commander of Air Command, LGen DeQuetteville recently visited 8 Wing and 16 Wing. Many questions were asked of the Commander during his visits and a number of them were applicable to all members of the Air Force. Some are listed here for the information of all members of 19 Wing.

1. When will more information be disseminated on the new terms of service?

The latest on the new terms of service are contained in DPCAOR 1182001Z OCT 96. The subject of that document was the Canadian Forces Career Development Program (CFCDP). In brief, effective 1 Jan 97, the CF terms of service (TOS) for all members will be known as CFCDP. This program will be further subdivided into the already existing Officer Development Career Plan and Other Ranks Career Development Plan; however, CFCDP will bring administrative changes to these existing programs to better serve personnel and to prepare the CF for the challenges of the future.

Two major changes to TOS will occur as a result of CFCDP; the first is elimination of base rank and eligibility criterion for selection for additional terms of service (IPS), the second devolves the process of Intermediate Engagement (IE) offers to officers to the unit CO level, in line with the current NCM IE offer process.

The elimination of the base rank does not guarantee a member a career to age 55; however, it does mean that all members will now be able to compete with their peers for further TOS.

Of 206 applications for continuing engagements to cover the interim period until the new TOS take effect 1 Jan 97, all have been supported by Air Command. Offers made thus far have been 104 with 97 pending a reply from NDHQ. The rejection numbers are at five. The reasons for rejection are as follows:

- a) Two members had applied and had been accepted for FRP;
- b) One member did not meet the conditions required for CE offer - medical; and
- c) Two members were of the PERI MOC. Both of these individuals' present TOS expiry date fell after the termination date for the MOC.

2. When will more information be disseminated on future pay changes/increases, and pension?

Discussions are ongoing in terms of a potential pay increase in April 97 in anticipation of the lapsing of the freeze legislation on 31 March 97. No further information is available at this time. As ADM(Per) mentioned at the Combined Commanders Training Session, pay, including parity with the Public Service, is a top priority within DND and ASDARs will disseminate info in a CANFORGEN when negotiations have been completed or more info becomes available. In regard to pension - DND is part of three levels of committees that have been established to study the whole issue of Canadian Forces Superannuation Act (CFSA), Canada Pension Plan (CPP), etc. Federal/Provincial agreement is first required on the CPP before any changes to CFSA can be entertained. Members will be advised well in advance if any changes to the CPP or CFSA are in fact put into effect.

In addition to the above, it should also be noted that the possibility of another leave cash-out is also currently under review.

3. With the closures of several bases and the reductions in the number of flying units, is the Air Force examining the possibility of making Loadmasters a separate MOC?

The recently completed Military Occupational Review examined a number of options with regards to the future structure of the 933 Tfc Tech trade. Amongst others, these included splitting of elements of the trade and establish a new one, amalgamation with other Transport occupations, and an environmental split in which separate Air and Land MSE Op and Tfc Tech trades would be created. After detailed analysis it was determined that the current structure (with enhanced training focussed more on operations) would provide the best level of service to the CF as a whole. In particular, it was determined that splitting the trade would ignore the inherent joint nature of Tfc Tech support, increase the manpower overhead, reduce flexibility of employment and offer correspondingly less potential for job satisfaction and advancement amongst 933 tradespersons. Based on the foregoing, there is no plan to create a separate Loadmaster occupation at the present time.

4. Will there be another leave buy-back program this year?

There will be another leave buy-back program only if there are funds available at the end of the fiscal year. The November mid-year review of corporate accounts must first be completed before it is known if sufficient surpluses exist to even have a buy-back program. It is anticipated that results of the mid-year review will be presented to the Defence Management Committee with options on how to disperse of surpluses (including leave buy-back), if they exist at all.

5. Are there any initiatives under way to help retain CF pilots?

Yes, there is an initiative in the works, sponsored by Air Command Chief of Staff Personnel and Training, to address pilot retention within the CF. Meetings are ongoing with industry representatives and a Tiger Team has been recently formed, headed by a LCol, to address the issues involved. CANFORGEN 066/96 050920Z SEP 96 illustrates that both recruiting and training have been accelerated to maximum absorption rates but in order to solve the degradation of experience levels, the decision was taken to hold pilots to the six months notice to take voluntary release described in CFAO 15-2, Annex A, paras 38 and 39. Further retention initiatives are being considered.

6. Is the EOD trade still going to survive with the trade integration into AVN? If so, why are students at the EOD school being advised that Air Force personnel will not be attending the course in the future? EOD is a specialty, not a trade. Restructure of the MOC 500 occupations simply means that technicians from the MOC 514 AVN occupation, with the appropriate prerequisites, can now apply for this specialty instead of MOC 572 AWS technicians. That students at the EOD are allegedly advised that Air Force personnel will not attend the course in the future is not understood. Informal discussions with the EOD AWS instructors indicate that they were not aware of this comment and that they do anticipate having MOC 514 students in the future.

7. Are there any plans to change express testing in the CF? Mass testing via the 20 metre shuttle run has commenced for members 35 and under. Consideration may be given to extending the 20 MSR to all personnel. The minimum physical fitness standard is undergoing reevaluation to ensure that it is appropriate.

8. With the reduction of tech trades, where are Photo Techs going to be placed?

On 17 June 96, a Memorandum of Understanding was signed which transferred the Branch Advisor duties for the MOC 541 Photo Tech occupation from NDHQ/DGAEPM to NDHQ/DCDS/J2/DG Int. The photo occupation will be included in the next Military Occupational Structure (MOS) review, scheduled for completion 30 April 97, in order to assist in identifying Intelligence requirements for Photo Techs. Once this study is completed, work can progress on the Photo Occupational Structure (POS) review. Further meetings are planned to determine the way ahead/transition required for the transfer of responsibilities from the MOC 500 community to Int.

9. Will the 55 year age limit be dropped in the new Terms of Service?

The age 55 "limit" still applies to the Regular Force and Primary Reserve and the policy is published in QR&O chapter 15. NDHQ staff, however, are currently studying this issue with the possibility of replacing the compulsory release age of 55 with a policy whereby members will be released based on the end of their period of service rather than their age. It is also worth noting that the compulsory release age of 55 is currently being challenged in a case at the Federal Court of Appeal called Martin et al v. CF. A decision on this case is not expected for at least several months. An appeal to the Supreme Court of Canada is also a real possibility.

10. Why is it that F&E benefits, that are part of a move entitlement for reservists, require five or six levels of review when it is automatically included in the Regular Force entitlements?

Removal expenses (move benefits) described in Section 8 of QR&O Chapter 209 apply only to members of the Regular and Reserve Force on Class C service. These personnel are posted and moved IAW CF requirements as a routine part of their military career/employment. Reserve personnel on Class A and B service are not posted as part of their service, thus there is little requirement for move benefits, except in exceptional circumstances, which require Ministerial approval through NDHQ/DCBA. Instead, there are other benefits such as transportation assistance.

11. As a result of a review of reserve pay in 1988, a reserve Pte's or Cpl's pay is about 67% of that of a Regular Force member. Is a more equitable pay scale being considered now for reservist, in particular at the Pte and Cpl levels?

The proposal to raise the reserve pay to 85% of Regular Force has been on the books for quite some time. The Special Commission on the Restructuring of the Reserves (SCRR) fully supported the 85% solution and the proposal is being actively staffed at NDHQ. It's worth noting that the difference in pay is designed to compensate the Regular Force for frequent postings, short-notice and non-voluntary deployment, and other "inconveniences" that they are subjected to.

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# Look who's Recycling

by Susan Camilleri

"Bldg 101 EME Workshop garbage only" - who has not seen this message spray painted on brown dumpsters around Building 101, home to EME (Electrical Mechanical Engineers) and TN (Transportation) staff? What does it mean? It means that some motivated people work in Building 101; people who not only take the 3R's seriously, but also the fact that the dumping of personal garbage in Wing dumpsters is forbidden.

Inside Bldg 101, EME and TN staff collect recyclable paper at their desks and, once a week, take it to their centrally-located paper recycling stand. Similarly, corrugated cardboard is collected in bins inside the building and then, on Fridays, they take it, already flattened, to the nearest cardboard dumpster by Clothing Stores.



Capt Sardana and MCpl Cyr empty a can of EME garbage into an EME dumpster. (Photo by Cpl Tsagatakis.)

You could describe the EME people as well-organized, based on the above information, but it does not stop there. At their cleverly devised "canteen," pop cans, and juice and water bottles are

collected, stored and taken regularly to a recycling depot by volunteers on their own time. In the summertime, staff members with composters take compostable material (things like coffee grounds and filters) home. Some people take the coffee grounds home to feed their roses; apparently it works.

What is the story behind the spray painted message on their dumpsters? EME staff got tired of being held accountable for the presence of banned items, usually corrugated cardboard, in the dumpsters around their building. When an inspection of the dumpsters reveals the presence of corrugated cardboard, EME staff will try to remove it so that it can be properly disposed of in the cardboard dumpster.

Stop in at Building 101 for a chat or a coffee - everyone is very hospitable, but do not put personal garbage or corrugated cardboard in their dumpsters - it is a fast way to lose friends.

If you know about someone who is 3R-conscious, let us know so that we can profile them here. Call local 8378 or 8187.

# Broomball Champs

(continued from front page)

finals on Saturday morning.

The B.C. Women had not beaten Alberta through the week, however they knew they could. The entire team stepped onto the ice for the final game, determined to go for the gold. The intensity of that purpose resulted in two goals scored by B.C. in the first minute and a half of the first period. The second (and winning) goal was scored by MCpl (ret'd) Judy Ireland who was playing a forward position due to injuries to two other players. A shocked Alberta team never fully recovered. A slight breakdown in defence gave the Alberta women a single goal late in the first period but that was all B.C. allowed. The final

buzzer signalled a B.C. Rep team victory of 2-1 to capture the World Cup title.

Champagne and congratulations flowed following the game. The size of the women's division did not diminish the thrill of competing in and winning an international tournament. A team that was formed two months prior to the competition, came together in one week and worked with each other to play 10 broomball games undefeated. Accepting the trophy at the banquet Saturday night made it official and 18 members of the B.C. Women's Rep Team were crowned World Cup Champions.



# Cops Corner

by Cpl K.E. LeBlanc

Christmas will soon be upon us, and with it comes such things as shopping sprees and inclement weather. All of this makes auto theft and thefts from autos important topics. We at the 19 Wing Guardhouse would like to pass on some statistics, and some advice, in the hope of keeping your holiday season a truly happy time.

Auto theft is presently the fastest growing crime category in B.C. and in 1994 our auto theft rate was actually 31% higher than the national average. Along with this, our theft from autos rate was twice that of the national average.

In 1995 there were 16,515 claims of auto theft made to the Insurance Corporation of British Columbia (ICBC), for a total value of 65.7 million dollars. During this same time period there were 41,925 claims of theft from vehicles made, for a total value of 27.6 million dollars.

Outside the Lower Mainland, which includes Vancouver Island, there was a 19% increase in auto thefts in the first half of 1996 in comparison to the first half of 1995. There was also an increase of 90% in the rate of thefts from vehicles.

With numbers like this, we can quickly see how easy it is for these crimes to affect all of us. Even if our own vehicles aren't stolen or broken into, higher insurance rates will affect us all in the end.

As stated before, as Christmas approaches, along with winter weather, we sometimes make auto thefts even more appealing to the criminals. How often do we pile our back seats up with our purchases? How often do we leave our cars running because we are "only going to be a minute?" Of the 1,000 cars stolen in B.C. every month in 1992, one out of every five were driven off with the owner's keys still in the ignition.

Some popular items to criminals now are cellular phones, car stereo components (especially after market units), loose change, alcohol, airbag components, credit cards, cameras, tools, and shopping bags.

To try and increase your chances of not becoming a victim, we would like to pass on the following reminders:

- always close windows and lock your doors;
- try and park your vehicle in a well-lit area whenever possible;
- engrave your Drivers License number on your car stereo components and your cellular phone;
- display a sticker indicating that your items are engraved;
- never leave your possessions, especially your shopping bags, in plain view; and
- report any suspicious persons hanging around vehicles to the Military Police, or the local RCMP if you are down town.

In closing, we would like to point out that it is not necessarily the new car owner who has the most to worry about. The fact is that vehicles which are five to six years old are normally the most popular with thieves. This is due to the fact that they have less effective anti-crime devices installed in them.

# Heritage Happenings



Capt Bob Richter recently attended a meeting of the Canadian Aeronautical Preservation Association (CAPA) held at the Canadian Warplane Heritage Museum in Hamilton, Ontario. CAPA was formed some years ago but has remained relatively inactive till now. Its mandate is to preserve many of the heritage aircraft and wreckage sites that are located all across Canada, particularly in the north. Apparently there has been a resurgence of activity, mainly south of the border, related to the recovering of historically significant aircraft wrecks and this has led to the removal of many aircraft that could better be preserved and displayed in Canada.

The visit by Capt Richter was of benefit to the Comox Air Force Museum because he got to relate our method of operation and also learn of some of the successes and failures of the larger Canadian Aviation Museums. One common theme of the larger museums is the constant need for an in-

creasing cash flow to support a myriad of operations. Because of the very expensive nature of restoration operations and the need to support large debt loads, taxes and infrastructure, the very focus of the museums is on the making of money. It was observed that a focus such as this is not a bad thing, but tends to take much of the fun out of many of the volunteer workers' efforts. It was concluded that, although our museum is small by comparison to the ones back East, it is still a very enjoyable place to work and the people who support it are, by and large, a happy lot. And, thanks to the infrastructure support from the base, there is no debt load to carry so the staff can focus on the promotion of the Air Force and the preservation of artefacts. The grass is not always greener on the other side.

Capt Woodroffe and Don Macklin were also active during this period when the museum sent a display to the "Canadians Re-



The second Mustang I, AG 346, is shown here at Mines Field, Los Angeles prior to being shipped over to England for service with the RAF. The fifth Mustang I, AG 349, was the first one shown to the public in Great Britain on 5 December 1941. The details of the aircraft were so sensitive at the time that the censors were directed to paint out any of the armament details in any photographs. AG 349 went on to Farnborough for comparison trials with other aircraft types and eventually ended up with 430 Squadron RCAF. The Mustang I is currently being modelled by museum staff for the 97 Radio Controlled Model event to be held July 25, 26 and 27. It will be finished in 414 Squadron colours as that squadron flew the Mustang I in the Army Coop role. (Courtesy Comox Air Force Museum.)

membered" display held at the Seaford Armouries in Vancouver. This event was held over the Remembrance Day weekend and featured many displays from the various military museums and establishments throughout the lower mainland. The 19 Wing Museum was honoured to have been asked to participate and provided some of the Air Force Memorabilia to ensure that the Air element of the event was not overlooked. The museum display was originally supposed to go over in the back of a Labrador helicopter and form part of a static display along with the helicopter and crew. A full scale search in the Williams Lake area intervened, however, and the Lab was unavailable for transport at the last minute. 441 Sqn did come to the rescue though by providing the funding for the rental of a cube van and our two representatives drove the display over rather than flew. A somewhat ignominious end for the Air Force but effective nonetheless.

Don Macklin provided the historical aircraft expertise for the museum display and seemed to enjoy the whole show. He did this event voluntarily and gave up three days of his own time without compensation so that the Air Force story could be told. Capt Woodroffe also gave up some of his days off and the museum is

indebted to them for their excellent performance at this important event. The Rowe Library is really taking off with the addition of Duke Warren to the library volunteers. Peg Johnson and Tet Walston have been doing a lot of work on the inventory of books

and are about to enter all of the information into a computer data base. They have also been providing research assistance to visitors on Thursdays and Fridays. Now, with Duke Warren helping out as well, the library may be open even more hours. Standby for further.

# Argus added to collection

by Capt Ian Stock

The RCAF Memorial Museum now boasts another addition to its already impressive collection of display aircraft as a CP-107 Argus patrol was unveiled last week at the Museum's Air Park.

Despite bone chilling wind and wet ground conditions, a small gathering of veterans, museum board members, and 8 Wing personnel attended the ceremony.

An anti-submarine aircraft, the Argus served the RCAF and the Canadian Forces with distinction from 1958 until 1981.

This particular aircraft, tail number 20732, served with 415 Sqn in CFB Summerside. On 24 July 1981, it made its final landing at Mountain View. From there the aircraft remained on the tarmac, exposed to the elements. Deterioration and decay then settled in. More abuse was inflicted in later years as the RCMP used

the aircraft for hostage taking scenarios and target practice. Finally the weathered and battered Argus became an ideal nesting sanctuary for birds.

In 1995 Brig-Gen Bert Proulx, Commander Air Transport Group, with generous financial assistance from the RCAF Memorial Museum, commissioned 8 Wing to commence a restoration program. Over the next year, MWO Roger Conway and his crew from 8 AMS, WO Mike Featherstone, Cpl Sylvain Lachance, Cpl Rob Rowan, Cpl Joe Manfredi and Cpl Pete Molenkamp, spent hundreds of hours, many on their own time, completely rebuilding and restoring the Argus to its original condition.

A commemorative propeller marker, with the names of the 8 AMS restoration team, rests below the nose of the Argus in the RCAF Museum Air Park.

Found in the dungeons of the Rowe Library, an administrative document from 1942 RCAF listing the recommended places to stay for military members transiting to or through Toronto. I suppose it is the wartime equivalent of the Government Hotel Directory.

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SALVATION ARMY - SHERBOURNE ST. HOSTEL - 135 SHERBOURNE ST. - EL. 0063  
25¢ per night. Meals served at reasonable prices.

SALVATION ARMY - THE "HOSTESS HOUSE" - 480 JARVIS ST. - RA. 7960  
For service men and their families, overnight accommodation. Writing and reading rooms.

SALVATION ARMY - TORONTO HOSTEL EXTENSION - 475 JARVIS ST.  
50¢ per night.

Y.M.C.A. - RED TRIANGLE CLUB - 504 JARVIS ST. - RA. 6395  
Accommodation available 50¢ per night.

Y.M.E.A. - 158 ST. GEORGE ST. - ME. 4666  
Overnight accommodation available - 50¢ per night.

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FOR TROOPS IN TRAINING  
80 King St. W. - Toronto

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## FOR EMERGENCY AMBULANCE SERVICE ON BASE

During Normal Working Hours

Local 8444

After Hours

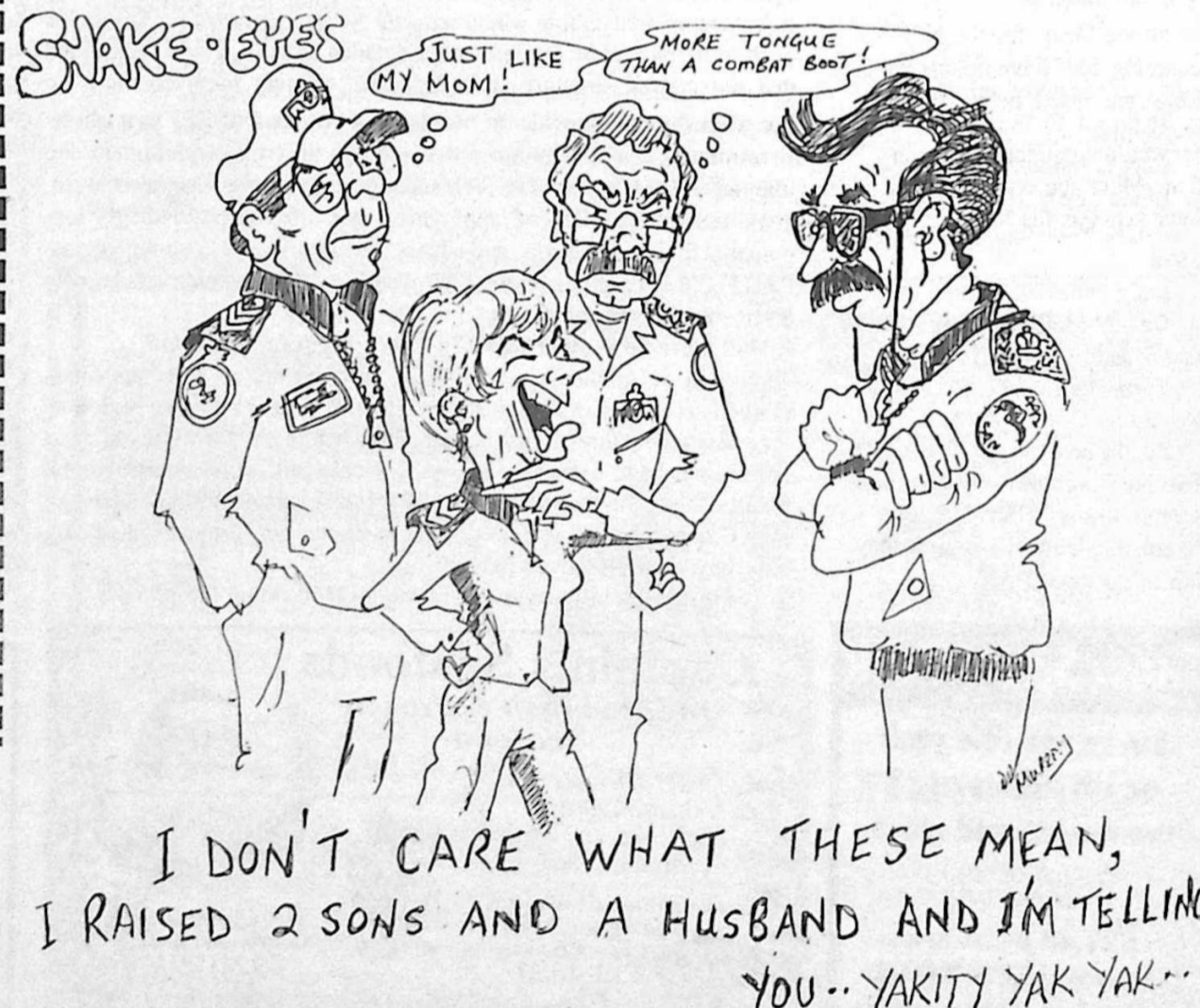
Local 8231

OFF BASE ANYTIME

Call 911

NEXT DEADLINE

13 DECEMBER - NOON



## WRAP UP YOUR CHRISTMAS SHOPPING NOW...

With the answer to those "hard-to-buy-for" names on your list...

... A gift of Airforce magazine in their Christmas stocking is sure to please the aviation enthusiast young and old.

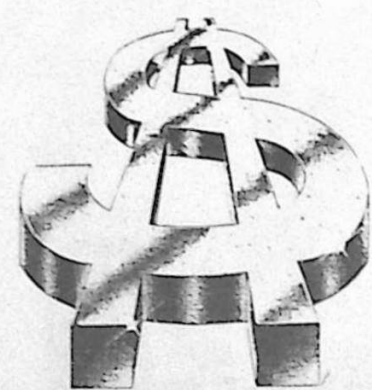
Your Christmas shopping will never be easier, avoid the holiday crowds, beat the Christmas rush!

Gift Membership only \$3000  
For more info please contact:

Airforce Magazine at: (613) 9969965  
or 888 (Komox) Wing at: (250) 3390888

GIVE AIRFORCE THIS YEAR AND WRAP UP YOUR CHRISTMAS SHOPPING EARLY!





### Money talks

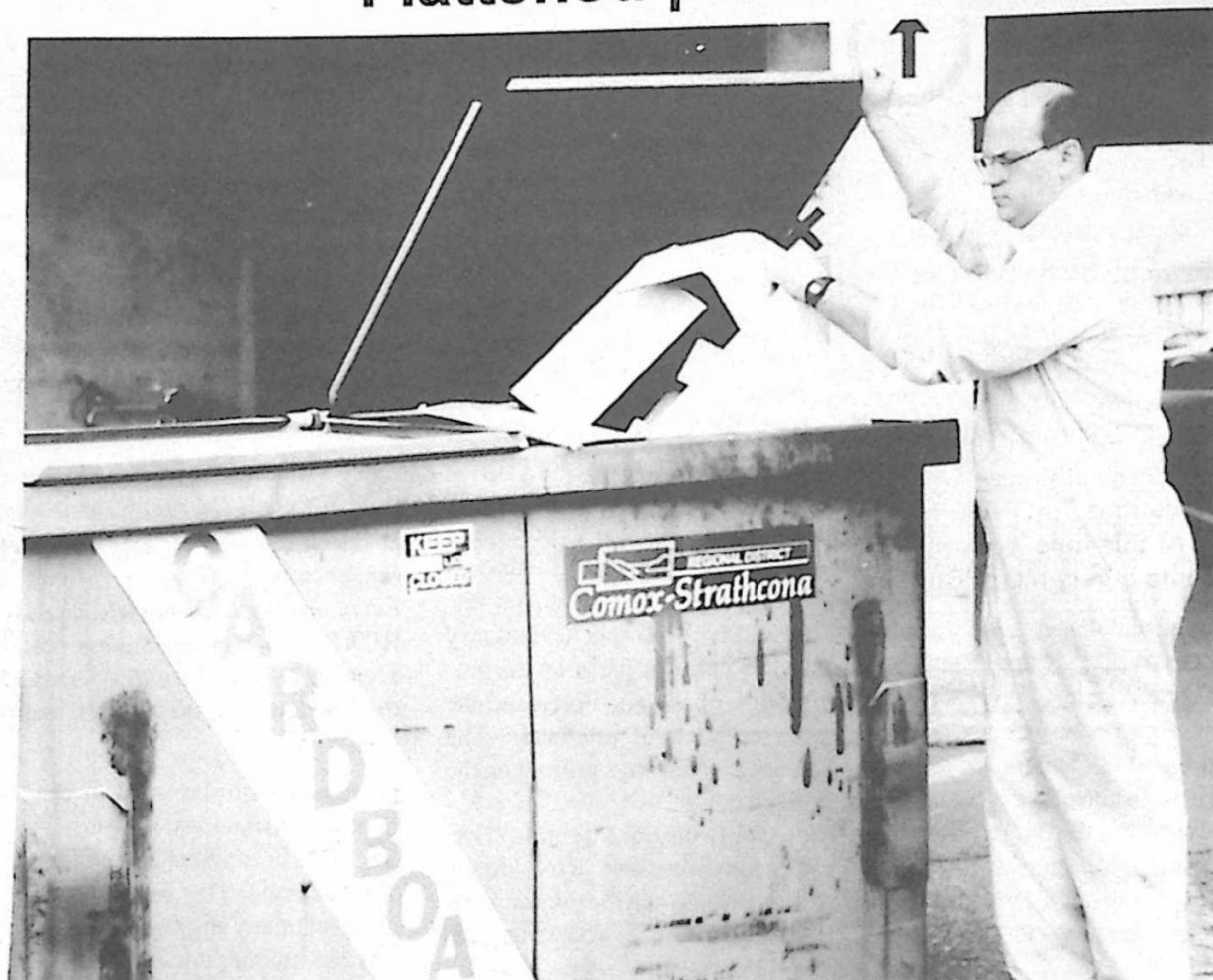
#### RRSP Tidbits

by Kim Vogel, Comox Valley Rice Financial

- Investing outside your tax-sheltered RRSP? Interest income is taxed at the highest rate, followed by capital gains. Dividend income is taxed at a lower rate.
- Is it better to pay off your mortgage or save for an RRSP? Usually you'll be better off at retirement by making the RRSP contribution each year and using the tax refund to pay down the mortgage.
- Should you borrow to buy an RRSP? Yes, if the interest earned on the RRSP is greater than the cost of borrowing or if you're eligible for a tax refund. Use the refund to repay the loan.
- Dollar-cost averaging, contributing the same amount each month to buy mutual funds, is a good way to cover yourself in the fluctuating market.
- Not using up your full RRSP allowable limit? You should always top up the RRSP - \$100 added to your plan each year could mean \$21,360 after more than 40 years at 7% interest.
- Like to play it safe in your RRSP, sticking to interest-bearing instruments? You could be playing it risky. When the inflation rate, and your taxation rate are taken into account, you may only be breaking even if all you've got are GICs. Most financial planners suggest a minimum of blue-chip equity instruments as a way of ensuring growth. Twenty years ago, the average person retired at 65 and lived to be 72. Now, the average retirement age is 60 and life expectancy has risen to 78. That means individuals, on average, need to plan for at least an additional 11 years retirement. Thus, the blue-chip growth stocks and mutual funds.



## Cardboard only! Flattened please



MCpl. J. Plante is removing a box from the cardboard recycling bin in order to flatten it. Only corrugated cardboard, flattened and free of any other material can go in the cardboard bins. (Photo by Cpl Tsagatakis.)

by Susan Camilleri  
For several years now, 19 Wing Comox has had a cardboard recycling program in operation on the base. Due to causes such as postings, FRP and CRP, significant staff changes have occurred and some confusion still exists about what goes into the orange bins marked "Cardboard Only," found around the base.

Only one type of material is acceptable in the cardboard bins and that is corrugated cardboard. This cardboard has a layer of paper folded in a wave-shaped pattern sandwiched between two flat pieces of paper. An example of a classic corrugated cardboard box is the type of box that professional movers use. No other materials can be left in or on the box. That means no packing paper, no styrofoam pieces, no film plastic and, ideally, no plastic envelopes. Everything else contaminates a load of corrugated cardboard and turns the whole load of recyclable material into a load of garbage destined for the landfill. However, waxed, or greasy, or blood stained corrugated cardboard is not recyclable and should always be placed in the garbage dumpsters.

Once all other materials have been removed, the cardboard box must be flattened prior to being placed in the dumpster. This reduces the volume each box takes up and allows more cardboard to be placed in the dumpster before the container must be emptied. 19 Wing Comox does not pay rent

on the cardboard containers, but pays for each "lift" or emptying of the container. If all cardboard boxes are flattened before being put in the cardboard dumpsters, then fewer lifts are necessary and 19 Wing saves money.

If a load of cardboard is contaminated with garbage (anything other than corrugated cardboard), then it must be disposed of as garbage at the landfill. (That is why one may see a garbage truck operator dump a cardboard bin into the same truck as garbage.) However, the Regional District of Comox-Strathcona has imposed a ban on certain materials, corrugated cardboard being one, at the landfill. If a garbage truck arrives at the landfill with corrugated cardboard in it, the rates for disposal of that load are tripled. So, contamination of a cardboard dumpster not only prevents a load of recyclable material from being recycled, but costs the base three times as much as usual.

The crucial point is to put only corrugated cardboard into cardboard dumpsters. This will not only save money, but the environment too.

### NEXT DEADLINE 13 DECEMBER - NOON

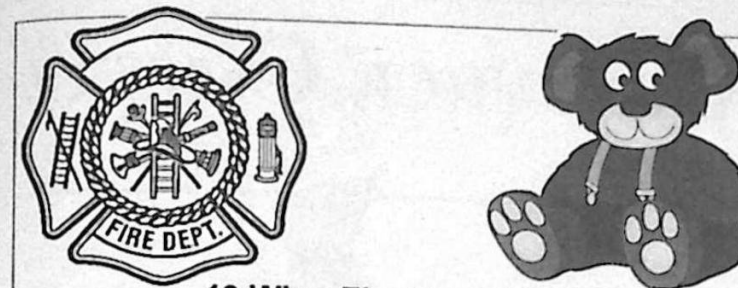
Harreson's Military Store & Outdoor Supplies Inc.  
Bay #1-7381 Island Hwy, Merville B.C.  
1-604-337-8299  
FAX 604-337-8296

Military clothing/Uniforms  
Combat boots & Uniforms  
Cap badges-ensignias • Knives  
Tents • Medals • Pepper spray  
Outdoor supplies • Nato • Cdn  
U.S. Sleeping bags • Tents •  
Medals • Ribbons-mounting,  
Raingear-military & civilian  
new/used • Sunglasses • Flags  
Parachutes • Packsacks,  
Webbing • Camo uniforms,  
Everything for the outdoors,  
We Also BUY Military Items



Wrap up your Christmas in Cozy sweatshirts, Stonewashed & Plain "Priced for everyone on your list"

Visit us above the City Hall 830 Cliffe Ave. Courtenay  
hiTec SCREEN PRINTING  
830 Cliffe Ave. 334-3656



### 19 Wing Fire Department Christmas Toy Drive 7 - 22 December

Again we call upon the generosity of the 19 Wing residents to help in this worthwhile event. All donations of new or used toys will be accepted at the Wing Fire Hall or at any one of the collection boxes located at Canex, 7 Hangar and the Wing Rec Centre. 19 Wing Fire Department, along with the Comox Valley Santa's Workshop, will distribute the toys to needy children within the area. Your support for this year's Christmas Toy Drive will be greatly appreciated. At this time we would like to wish all 19 Wing residents a Very Merry Christmas.

#### HOCUS-FOCUS BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Window is added. 2. Box is longer. 3. Gloves are removed. 4. Collar is different. 5. Feather is shorter. 6. Apron is missing.



ATTENTION VEHICLE OWNERS.....

### BEAT THE BAN!

The Freon Servicing Ban that is...

Have your vehicle's R12 Freon Based Air Conditioning System Serviced before servicing is BANNED on January 1, 1997 by the Provincial Government.

Call For Information & Appointment  
338-5777

COURTENAY MAZDA SERVICE DEPARTMENT  
1325 Comox Road Courtenay, DL#10154  
Open 6 days a Week Monday to Saturday

## Wallace Gardens Boy Scout groups

We've had two fundraisers so far - Apple Day (money all goes to District) and a Bottle Drive, which went over very well.

#### Beavers

(19 children, 5 Leaders)  
•the colony is co-ed.  
•children are learning the rules.

•Leaders are working the year's agenda - two Leaders took their Wood Badge I course.

•children have been busy and enjoyed making their Beaver hanger (which they hang their uniform on). They also made tails which go on the back of their hats.

•the children had a Halloween party and carved out their pumpkins, which were donated to the Beavers and Cubs, so the children also made up a Thank You banner.

•November 11 the Beavers joined in the Remembrance Day Parade in Comox and laid a wreath at the Cenotaph.

•December 6 there will be a sleepover at St. Michael's Annex where each child will be given a cup with lid to use on future sleepovers and outings (if the supplies come in.)

#### Cubs

(18 boys, 3 Leaders)  
•This pack is not co-ed (Leaders have the choice).

•The boys had a Fishing Show, with lots of hands-on training, souvenirs of lures or other gear. Our fisherman guest was ex-commercial - lots of interesting questions were asked and answered. This meeting covered five out of six requirements needed for the Fishing badge.

•Halloween Party was a great success with haunted house, ghost story, pumpkin carving, snacks and prizes for costumes.

•Boys enjoyed two guest speakers on November 6 - Padre Duke Warren, WWII Fighter Pilot, and Martin Gavin a very interesting story teller, with a strong accent, which got the boys to listen even closer. The boys were very impressed with the stories about the war and how men do their best to answer all questions - there were so many. Jim Saunders, District President, also attended with his son.

•The pack also made a wreath (in their spare time)

•November 11 the pack joined in the Remembrance Day Parade and laid their wreath

•At the pack's last meeting they relaxed and had pizza and watched a video.

#### Upcoming

•Leaders are working on plans for Law Awareness - from walking into a store and shoplifting, getting arrested, finger printing and jail.

•Special guest for First Aid instructor.

•Computer nights, sports nights, camps.

#### 19 WING HOSPITAL HOURS OF OPERATION

	WEEKDAYS	WEEKEND + HOLIDAYS
MIR: SICK PARADE	0730 - 0900	1030 - 1130
SCHEDULED APPTS AND CLINICS	0900 - 1530	NONE
PHARMACY	0730 - 1130 1300 - 1530 (Closed Mon & Wed FRI)	CLOSED
HOR	0730 - 1130 1300 - 1530	CLOSED
OPTICAL SERVICES	0930 - 1400 THURSDAY ONLY	NONE

TO CONTACT DUTY MED A OUTSIDE THESE HOURS CALL:

CELL - (250) 897-2744  
PAGER - (604) 975-1082  
OR  
WOPS - L-8231

#### EMERGENCIES

ON BASE WEEKDAYS 0730 - 1530	ON BASE WEEKENDS, HOLIDAYS AFTER HOURS	OFF BASE ANYTIME
L-8444	WOPS L-8231	911

FOR SERIOUS ILLNESS OR MAJOR INJURIES GO DIRECTLY TO ST. JOSEPH'S GENERAL HOSPITAL EMERGENCY DEPARTMENT

### SWIMMING LESSONS

Every Sat Morning  
Starting 11 Jan 97

Registration Will  
Take Place  
At The Canex

Tues 7 Jan 97

1600 To 1800 Hrs

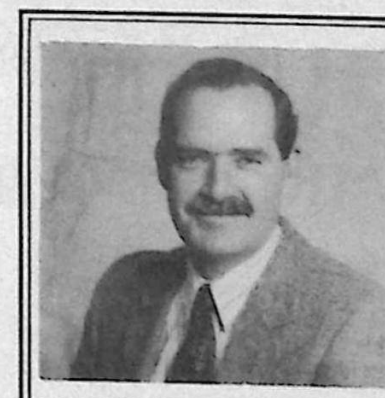
For More Info  
Contact Cpl Frenette  
Local 8351



### Francis Jewellers Ltd.

Appraisals & Repairs  
Watch Repairs • Giftware  
Goldsmith Consultations Saturdays  
334-2611 since 1888

320 Fifth Street, Courtenay



Larry T. Summers, CD  
FINANCIAL COUNSELLOR

Agent for  
THE MARITIME LIFE  
ASSURANCE COMPANY

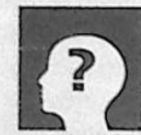
- Insurance without a war or flying clause
- RRSP, spousal pension plans
- No penalty education plans
- Investments in GIC, Mutuals, etc.

PH. or FAX: 334-1833



# COMOX MILITARY FAMILY RESOURCE CENTRE

phone: 339-8290



## Counselling Services

Comox Military Family Resource Centre  
#119 Kinnikinnik, Phone 339-8286

- Confidential Crisis and Short Term Counselling is offered free of charge to military families.
- Relationship and Life Stress Issues e.g. communication, marital difficulties, parenting, deployment, assessment and referral.
- Ask for Counsellor, Coreen Cherry, at 339-8286.

## Discipline.... Steps to Success

Children misbehave, parents discipline. Sounds easy enough. And it is easy — for those who've never had to do it. For parents there are questions, concerns and issues about discipline which can make it a minefield.

"What is discipline and is it different from punishment?" Discipline and punishment are entirely different. To punish is defined as, "to cause pain or discomfort because of some fault or offense." Punishment is external — an outside source, someone in power or authority (i.e. a parent) causes pain to a subordinate (i.e. a child) Children who change their behaviour through this method do so from fear — they don't want to be hurt.

To discipline is defined as, "to train, especially the mind or character; a particular system of rules for conduct". Discipline is internal, the parent trains the child to internalize the rules and to understand the ramifications

of breaking the rules. Children who change their behaviour through this method do so from a desire to behave in a way that is acceptable in their society.

When children misbehave we're rarely at our best, not often calm, rational or thoughtful. At that point we will respond automatically and do with our children what was done with us. This is fine, unless we've decided we'd like to do it differently.

It is also easy to lose the ability to separate our personal issues, our personal problems and our personal feelings from the behaviour of our children. We often see ourselves reflected in the behaviour or our children and react in ways that are instinctual rather than rational.

Traditionally, children were punished by parents in ways that were ineffective and disrespectful because parents took ownership of the child's misbehaviour and

often felt that it was necessary to cause the child pain in order for learning to take place.

Today, we're taking a look at respectful alternatives to punishment. Our goal is to allow our children to take responsibility for their own misbehaviour. Our goal is to discipline — not punish.

If we understand that our goal, as parents, is to help our children to become self-directed and to learn about their responsibilities as members of the community than we must adjust our strategies around misbehaviour.

Reprinted with permission by *Parenting Today* educator, Kathy Lynn. To purchase the audio tape 'Discipline.... Steps to Success' call 1-604-258-9074.

Watch for further articles on relationships, parenting, separation, and other issues.



## Attention les gourmands et gourmandes!

Noël arrive et il est temps de sortir vos recettes pour confectionner ces petits délices que vous ne faites que pour "le temps des fêtes".

Et bien, que diriez-vous, Mesdames et peut-être Messieurs d'une soirée échange de biscuits?

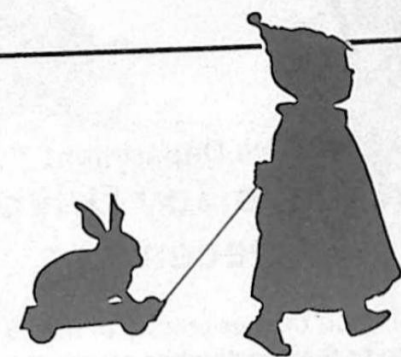
Alors voilà comment cela va se passer. Chacun apporte autant de

douzaines d'une sorte de biscuits ou confiserie qu'elle ou il échangera pour autant de douzaines de délices faites par les autres participants.

Vous aurez ainsi une grande variété de douceurs à offrir à votre famille et à vos amis. Pour que l'échange se fasse bien, il serait bon de s'indiquer une semaine à l'avance afin que les participants sachent combien de douzaines de biscuits il

faudra apporter.

L'échange aura lieu le 13 décembre à 18h30 au Military Family Resource près de la base. Si vous avez déjà l'eau à la bouche et que vous voulez vous inscrire: appelez Françoise au 338-9667 ou 334-8884. N'hésitez pas à laisser un message avec votre nom et numéro de téléphone. Au plaisir de vous y voir!



## Kinnikinnik Child Care Centre

### Saturday Parents and Tots

Register now for our Parents and Tots program to be held every Saturday from 9:30 - 11:30am. Come out to a morning set up for your toddlers with crafts, songs and activities both inside and outside. Younger and older siblings are welcome to join this play group as well. The cost per family will be \$8/month or \$2/drop in. Minimum enrollment 6 families. If you are interested in this program phone 339-5051 or 339-8290 and reserve a space. Start date is dependent upon enrollment.

### Preschool Program with French Introduction

Spaces are available in several sessions call 339-5051 for more information and registration.

### New Playground Equipment!

Volunteers are needed to assemble our new playground equipment January 3rd & 4th 10:00am - 4:00pm at the Kinnikinnik Child Care Centre. Please call 339-5051 if you are interested in helping out and don't forget your tools!

## Youth Activities

### Teen Dance

Thank you to all those teens who brought their own CD's last dance. The music variety was much appreciated. Next dance is at Wallace Gardens Community Centre on Saturday December 7th from 7:30 - 10:30 pm. Cost is \$1.00 per person. Bring your friends and see you there.

### Gym Nights

Gym Night times have been changed to 6:30 - 8:30. Come on out and join in every Wednesday evening from 6:30 - 8:30 pm. New members always welcome to join in dodge ball, badminton, floor hockey, volleyball and basketball. No recreation pass is necessary during this time only. Special thanks goes to Bobbi Johnson one of our most regular volunteers for his enthusiastic participation with the teens playing either floor hockey or basketball.

### Youth Circle

Keep your eyes and ears open for new and exciting workshops especially designed for teens in the upcoming year.

## Adult Programs

### Coffee Morning Drop-in

Come on out and join us for coffee, tea, and some great conversation! We are changing our dates from Tuesdays to Wednesdays and will have our first 'Drop-In Morning', on November 13th starting at 9:00am. It will be a fun chance to get out of the house and meet new people so please drop by!

### English Conversation Group

Come and practice your English conversation skills in a relaxed and friendly atmosphere. We meet Friday mornings 10:00 am - 11:15 am at the CMFRC Program Building, #120 Kinnikinnik. Call Mara at 339-8211 local 8655 for more information, or just drop-in.

# Wallace Gardens

## Did You Know?

by Maj R. Laplante,  
Mayor, WGCA

The following is a list of the number of children who have attended Wallace Gardens Community Association sponsored events put on by your Community Council:

Sept - # of children 795  
Oct - # of children 838  
Nov - # of children 577  
Here is what your \$3.21 per family pays for

The 1995/96 year got off to a great start with our second Children's No Snow Event. Approximately 210 children attended for a few hours of fun and laughter at the 10 stations of different activities set up in the base gym.

Our Halloween Party saw over 190 children and parents attending. There were lots of costumes and games and a dance afterwards. Each child received a bag of candy.

The Easter Bunny was hopping around at our annual Easter Party for children 12 and under. Over 270 children and parents attended the event in Airport School gym. Many games, an Easter Egg Hunt, a pancake breakfast, and a decorated bicycle parade were highlights.

T-Ball for 5-6 six year olds was successful for children and parents. A total of 60 children attended the program which closed with a pizza party and a party for each player. Your Council bought over \$1,200 worth of baseball equipment.

Also, 60 youths made up four teams for Youth Softball for Fun playing throughout the summer and focusing on team sport and good sportsmanship.

On July 1st we had a family oriented day which was absolutely free. Over \$3,000 was spent on fireworks and over 7,000 people attended.

Our children's Summer Program was a huge success with all sorts of events and outings.

Family Fun Day in September was another extremely successful event.

This year we sponsored the Fire Hall for Fire Safety Week, a Bicycle Rodeo, the "Hug A Tree" and "Lost In The Woods" programs, Youth Bowling, Girl Guides of Canada and the Boy Scouts.

We donated \$400 to the MP Bicycle Rodeo program and in the last three years we have purchased over \$2,500 worth of playground equipment.

Our Teen Centre at the Community Centre is another success story providing events for our young people. As soon as we can afford a VCR the teens will be able to watch movies and we will try to arrange a video afternoon for the younger children. At least one Teen Dance a month is held.

Sock Hops and various games and activities are a huge success and WGCA has the volunteers to assist with them all. We normally have 30-40 children attending each event every week.

Santa will be able to visit your children again this year to bring

each of them a small package of candy. Don't forget to request a visit.

The popular 3-hour Skate with Santa, including hot chocolate and a candy toss, will be held again this year on 23 Dec. We hope to see you there.

With at least two dances a month, plus two activity afternoons and evenings for your children, your Community Centre is well used.

This year we have a DJ booth in our centre. Equipment and disks cost over \$600.

We hope this overview shows that your MQ dues of \$3.21 a month go right back to your community. We make good use of your money. In addition, our volunteers made \$1,000 doing two stocktaking jobs for Canex this year and we also earned over \$1,800 running the Snow Bird Booth at the Air Show. Our two Bingos gave us extra money which was used on your children.

Over 19 volunteers worked the whole day on the stocktaking. 22 Snow Bird Booth volunteers worked 15 hours on a weekend when most people were able to stay at home with their families.

The \$3.21 a month is just not enough.

We are not complaining because we all volunteer our time and love working with you and your families but we do want you to know that it takes a lot of work and very special people to carry on these activities. We have approximately 30 people on council that put on these events. We also have people who are not on council but who come out to support us and give us a hand when needed. If you have any spare moments to volunteer we would welcome you with open arms.

If we had to hire a person to co-ordinate these events and even more people to run them, you can imagine what these programs would cost your families. This money does not belong to us, it belongs to you, the community. Your Community Council decides where your money goes and how they wish to spend it. If you would like to join the council or help out with any events please call me at 8103 or call Linda Jeffrey at 339-8211, local 8571.

On behalf of myself and your council, have a Merry Christmas and a Happy New Year.

## The Santa Walk Around will be on December 19th starting at 5:30PM

YOUR WARD COUNCILLOR WILL BE AROUND TO SEE IF YOU WANT SANTA TO VISIT YOUR CHILDREN AT YOUR HOME IN MARRIED QUARTERS

IF YOU LIVE DOWN TOWN AND ARE A MEMBER OF THE WALLACE GARDENS COMMUNITY ASSOCIATION, PLEASE GIVE US A CALL AND WE WILL ARRANGE FOR A MEETING PLACE TO HAVE SANTA MEET WITH YOUR CHILDREN AND RECEIVED A SMALL PACKAGE.

KEEP IN MIND THAT ALL IT COSTS IS \$3.21 A MONTH PER FAMILY TO BECOME A MEMBER

IF YOU HAVE ANY QUESTION PLEASE CALL THE WALLACE GARDENS COMMUNITY ASSOCIATION A CALL AT 339-8211 LOCAL 8571

## WALLACE GARDENS COMMUNITY ASSOCIATION



## SANTA'S MAIL BOX

HAVE YOUR CHILDREN WRITE THEIR WISH LIST TO SANTA. MAKE SURE THEIR NAME, TELEPHONE AND ADDRESS IS ON THEIR LETTER AND SANTA HAS PROMISED TO ANSWER EVERY LETTER HE RECEIVES!!!

SANTA'S MAILBOX IS LOCATED IN CANEX NEAR THE CHRISTMAS TREE

ALL LETTERS MUST BE IN BY DECEMBER 18 TO GIVE HIM THE TIME TO ANSWER THEM ALL



## WGCA annual Christmas House Decorating Contest

Categories and prizes will be as follows:

First overall (traditional) - \$75.00  
First overall (non-traditional) - \$75.00  
First overall (creative) - \$75.00

An honorary prize of \$25.00 will be awarded to each of Wards 1 through 9



SANTA IS COMING TO OUR COMMUNITY THANKS TO THE WALLACE GARDENS COMMUNITY ASSOCIATION. HIS SCHEDULE IN CANEX IS AS FOLLOWS

DECEMBER 2, 3, 4, 5 AND 6 FROM 5:30pm TO 8:30pm

DECEMBER 7, 8 FROM 10:00am TO 2:00pm

DECEMBER 9, 10, 11 AND 12 FROM 5:30pm TO 8:30pm

BRING YOUR CHILDREN AND HAVE THEIR PICTURES TAKEN WITH SANTA FOR A DOLLAR EACH. WHAT A DEAL!!!!

PICTURES WILL BE READY WITHIN ONE WEEK



## CHRISTMAS COLOURING CONTEST

Wonderful Prizes

Age categories: • 3 and under

• 4 to 6

• 7 to 9

• 10 to 12

For the first time we will be giving prizes to children 13 years and older.

Come into Canex and pick up and return your picture at the Customer Service Desk, or at our office located beside the Barbershop.

All entries must be in by 12 noon on 16 December

Be sure to fill out all of the information on the back of your picture.

## SKATE WITH SANTA

THIS FAMILY EVENT WILL BE HELD ON DECEMBER 23 FROM 1:30PM TO 3:30PM AT THE ARENA ON BASE.

COME ON OUT FOR A FEW HOURS OF SKATING AND FUN WITH SANTA

THERE WILL BE HOT CHOCOLATE KEEP YOU WARM

IF YOU HAVE ANY QUESTION PLEASE CALL THE WALLACE GARDENS COMMUNITY OFFICE AT 339-8211 LOCAL 8571 AND ASK FOR LINDA

**CHOCOLATE RANCH**  
1496 Ryan Rd, Lazo B.C. - NEAR THE BASE GATE  
Next to Petro-Canada

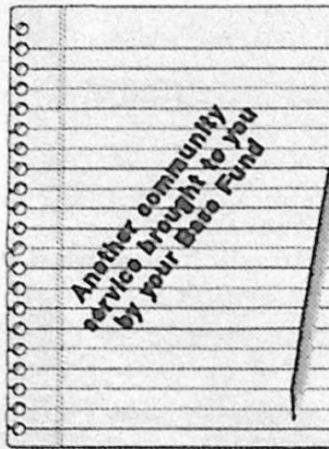
*Christmas Cards & Gifts for the Cowboy or Cowgirl in your life.*

**890-0772**  
December 1 - 24 Open 7 Days, 10am - 6pm

# The Bulletin Board

## Free Classified Advertising for members of 19 Wing and their families.

Ads must be 25 words or less, legible and either hand delivered or dropped in the base mail. No phone ins please.



**For Sale Miscellaneous**  
Freezer \$75. Exercise rowing machine \$40. Basic white ceiling fan \$10. Packard Bell keyboard for computer, 8 mos old, used only a month \$15. Kenmore heavy duty dryer \$100. 339-1125 <1/2>  
Freezer 12.2 cu.ft. Woods. All-mood colour. Asking \$250. 897-0362 <1/2>

**For Sale**  
Complete Super Nintendo game set with two controllers. Also includes 7 games. \$200 o.b.o. 339-1827 <1/2>  
Computer - 486SX, sound, CD-ROM, 14" SVGA, 4Mg RAM, 1Mg video, \$1,000 or trade for WHY. 339-7866 <1/2>  
Little Tikes picnic table \$35. Kitchen table and 4 chairs, brown, \$125.  
Kids outdoor swing set, slide, glider \$75.  
Power Wheels Safari Jeep, ex. cond. seat belts, batteries incl. \$200.  
Sears oriental area rug, brown, 9'x13' \$75.  
Wire fence w/pressure treated posts \$200.  
Car top carrier, good cond. \$100.  
Power Wheels Suzuki, 4 wheel motorcycle, includes rechargeable batteries, \$50.  
Call 339-7155 <1/2>

**Just married - must sell the sports car!**  
1993 Mazda MX6/LS Mystere, V6, 5 speed, 70,000 Km, Hunter Green, ex. cond. Asking \$17,995. Call 338-0592 <1/2>

**Duplex for Rent**  
Available immed. Newer 2-bedrm in Cumberland, close to park. Carpet, w/d, carport. Very clean and pretty, nice neighbours. N/S, no pets. \$600. Call 336-8071

**For Rent**  
Waterfront home, two bedroom, F/S, W/D, dishwasher. Kin Beach area. \$1,100 per month includes hydro and cable. 338-0442.

**PIERCY'S FUNERAL HOME & CREMATORIUM**  
440 ENGLAND AVE. COURTENAY, B.C. V9B 2N1  
Bill Perry Manager  
Phone: (604) 334-4464 Fax: (604) 334-1535

**For Sale**  
Computer IPC, 486, 33 Mhz, SX \$950.00. Upgrade 8 megs RAM 2 x CD ROM. 165 Meg HD Raven 24 pin printer. 339-6333 <2/2>

**Envelope Stuffing**  
Stuff envelopes at home. Earn big dollars. Free supplies available. For info rush self addressed envelope + two loose stamps to: H Enterprises, Box 964, Peterboro, Ontario, K9J 7A5.

**Are you interested in Crafts?**  
The Wallace Gardens Community Association would like to have a ladies craft circle. Have you just arrived, looking to meet new people, or maybe a spouse away and you need a break?  
We are planning to make a mop doll and are in need of a variety of ideas for future crafts, as well as a time schedule that is good for everyone. We hope to start early in the New Year. If interested, call us: Darlene 339-0848. Pat (evenings) 339-1966, or Kathy (French/English) 339-7522.

**How you can buy Federal Government surplus**  
If you are interested in buying Federal Government surplus, which includes items and equipment from 19 Wing Comox, you can do so through Crown Assets Distribution Centres (CADC). Aleta Kennedy is the Customer Service Coordinator at the CADC office in Victoria. Aleta will be more than happy to answer any queries you have about buying Federal Government surplus. She can be reached at 604-363-3153.

**Quilting Frame**  
Solid oak quilting frame for sale - \$299.00. 339-3486.

### Public & Personal Announcements

**Newcomer's Club**  
For women new to the Comox Valley within the last two years. Next meeting December 9 at Comox Community Centre (Upper Lounge) at 1855 Noel Avenue. Join us at 7:15 pm for coffee - meeting to follow at 7:30 pm. Come share refreshments, prizes and friendship. If you want to participate, bring 2 1/2 dozen Christmas cookies for the cookie exchange and/or homemade or retail wrapped gift of \$5.00 value and a donation for the Food Bank. Many interesting and new activities throughout each month. Call Pat 335-9120 or Katharine 338-0938.

**Armed Forces Day - Hamilton Bulldogs**  
11 Jan 97 is Armed Forces Day at Copps Coliseum, Hamilton, for all members of the Armed Forces, civilian employees and their dependants. Edmonton Oilers AHL affiliated team, the Hamilton Bulldogs will be playing Calgary Flames affiliated team, the Saint John Flames.  
Tickets can be ordered through the Bulldogs at (905) 529-8966. Adults \$10, Seniors/Students \$8, Children \$5.  
For more information, contact Ron Fleischman (Bulldogs) at the above phone number, or MS Mark Grant (Star) at (905) 572-2708.

**50th Anniversary 444 Sqn - June 97**  
In 1947, amid the post-war turbulence, 444 Squadron was formed. Since our humble beginning as artillery spotters, the black and silver colours and "Cecil the Snake" have adorned many different aircraft types and resided in many exotic locales. In mid-June 1997, 444 (CS) will celebrate the 50th anniversary with a modest series of events at 5 Wing in Happy Valley, Goose Bay, Labrador. Proposed dates are 19-23 June.  
Getting to Goose Bay is foreseen as a significant challenge. ATG assets that regularly service 5 Wing may be able to provide some assistance. Other initiatives with regional air carriers are also being explored. Completion of the Trans Labrador Highway is not expected prior to our anniversary weekend.  
Anticipated events include Parading of Colours, Memorial Mess Dinner and Wilderness Campsite for historical seminar.  
Any interested parties should advise of intentions and numbers in group so that we can secure sufficient local, modest and inexpensive accommodation. More detailed itinerary and formal invitation to follow.  
Unit OPI: Capt Cheryl Lawrence (CSN 568-7340) and Lt Dave McGilvray (CSN 568-7438).  
Strike swift, strike sure - see you in June 1997.

**Searching for Canadian history information**  
My name is Chenelle Falconer and I am 13 years old. I live in Nova Scotia and I am home schooled. Recently, I have been studying Canadian history and I would like to hear from people across Canada.  
I appreciate your help very much. This year Canadian history will be really interesting. Please send your correspondence to: Chenelle Falconer, Box 1472, Greenwood, NS, B0P 1N0.

**Thanks from Dive Club**  
The Emerald Ocean Dive Club and Deep Fathom Diving would like to thank all the local companies, dive distributors, commercial companies, and all those who volunteered their time and efforts helping out at Comox Lake on 24 November.  
The event started at approximately 9:30 am and concluded around 2:30 pm. Everyone had fun and lots to eat and drink, even though the weather was not that helpful, it was still a good day overall. Divers took out a lot of garbage, including an engine from a vehicle.  
There were 50 volunteers, with 27 of them being divers.  
We would like to thank the following outstanding businesses for their donations:  
P.A.D.I. Canada, Deep Fathom Diving, Sherwood, Underwater Kinetics, Pelican Products, Cressi-Sub, Scuba-Pro Canada, Broken Island Adventures, High Test Charters, See-More Charters, Galiano Diving

**Volunteers Needed**  
The Therapeutic Riding Society is looking for volunteers. If you can give a couple of hours a week to a very worthwhile cause, please phone 338-1968 and ask for Marg. NO experience with horses is required.

**Alert flags for sale**  
Unique keepsakes from Canada's most northerly permanent settlement are being offered for purchase. Souvenir Canadian flags, each flown for one day at CFS Alert, are now on sale for \$28.00 by the Canadian Forces Supplementary Radio System (CFSRS).  
The standard-size flags, purchased in bulk by CFSRS, will be shipped to Canadian Forces Station Alert, flown for a single day, then tagged for identification. Each person who orders a flag will also receive a full colour certificate with details about the day the flag was flown.  
Orders for the flags should be sent, with cheque or money order payable to the CFS Alert Souvenir Flag Fund enclosed, to "System CPO, CF Supplementary Radio System HQ, Ottawa, Ontario, K1A 0K2." To ensure the price is reasonable, flags will be purchased in bulk, once a sufficient quantity of orders has been received.  
CFS Alert has been in operation by the Canadian Forces since September 1, 1958.



## Travel on CF aircraft

by Vice Admiral L.E. Murray  
Vice Chief Defence Staff

CF aircraft are assigned missions according to the priority needs of the DND. These needs are driven by the requirement to maintain operational airlift capability through the training of air and ground crew, and to move cargo and/or passengers in support of the peacetime and emergency activities of the CF. Once these priority needs are met, space remaining on CF aircraft may be made available for non-duty travel (leave and compassionate), subject to the limitations outlined below.

For CF members and their dependants, the accessibility to this airlift capability helps to offset the difficulties of separation and isolation associated with military service. The decision to authorize flights with respect to non-duty travel (leave and compassionate) will be primarily governed by the need to reunite families of CF personnel separated due to military service. This program is not designed to replace leave transportation assistance in accordance with CFAO 209-15 or family reunion travel benefits in accordance with CFAO 205-5.

### Limitations

- Leave travel - point system (priority 4) travel will apply to specified DND charter flights only
- Non-duty travel (compassionate and leave priority 5 or standby) may be authorized on CF aircraft suitably configured and crewed to carry passengers. Travel destinations which may be authorized are those locations within Canada or outside of Canada where there are CF personnel serving, attach posted or temporarily assigned for extended deployments. Flights to the majority of travel destinations within Canada will, subject to the limitations specified hereunder, normally be authorized for general non-duty travel. Flights to isolated locations within Canada and to destinations outside of Canada will be subject to the limitations specified hereunder as well as the following:  
(1) Non-duty travel to certain destinations (such as Hawaii, Florida, etc.) will be restricted to family reunification and compassionate travel. For purposes of this policy, family reunification travel is applicable for:

(a) Married CF members (and their accompanying dependants as defined at Ref B) serving, attach posted or temporarily assigned for extended deployments outside Canada or at isolated locations within Canada

(b) Spouses and dependants (as defined at Ref B) of CF members serving, attach posted or temporarily assigned for extended deployments outside Canada or at isolated locations within Canada to reunite with the member, and

(c) Unmarried CF members serving, attach posted or temporarily assigned for extended deployments outside Canada or at isolated locations within Canada.

(2) Where family reunification is authorized, this travel is available on CF aircraft only. Members (and dependants) using the charter service to connect to or from the CF flight must apply for priority 4 or priority 5 travel for that portion of the journey, and

(3) Where general leave travel is authorized, priority will be given to compassionate, followed by family reunification travel.

• Authorization of non-duty travel (leave and compassionate) aboard CF aircraft shall be limited by the application of the following factors:

- Mission**
  - Operational requirements will not be affected,
  - Security of VVIPs will not be adversely affected,
  - Dangerous or sensitive cargo will prohibit non-duty travel,
  - Crew proficiency flights will not carry non-duty passengers.
- Destination**
  - Immigration and/or Visa requirements,
  - Conditions of civil unrest or conflict,
  - Availability of accommodation and services,
  - Geographical or seasonal sensitivity.
- Approving authority - authorization to permit non-duty travel (leave and compassionate) on CF aircraft is only provided through NDHQ/DTM. A determination of suitability will be made based on the requirements and restrictions as specified by the user organization and the limitations listed above. Promulgation of the flight availability is the responsibility of NDHQ/DTM and this information will be available through the national passenger service centre.

## FREAKSHOW



## Transit Systems Survey



Comox Valley Transit System provides regular bus service as indicated on the scheduled Rider's Guide. The routes and timings from Courtenay to 19 Wing are sufficient for the needs of the day employee, 0715, 1600 and 1720, Mon to Fri, but in all cases these timings are not convenient for the shift worker or the worker travelling from the Comox area.

In order that more convenient bus routes from Courtenay or Comox be scheduled, a survey will be conducted to determine the feasibility of additional runs. Interested persons are to contact Sgt Dan Van Cleef, Transportation Flight, at 339-8191 during regular work hours.

**COLUMBO'S STEAK HOUSE**  
PIZZA N PASTA  
Luncheon & Dinner Pickup Available  
Italian & Greek Dishes  
Banquet Room for Parties  
Open 7 Days a Week  
1-450 Ryan Rd. Courtenay 338-1488

## TODAY'S CROSSWORD PUZZLE

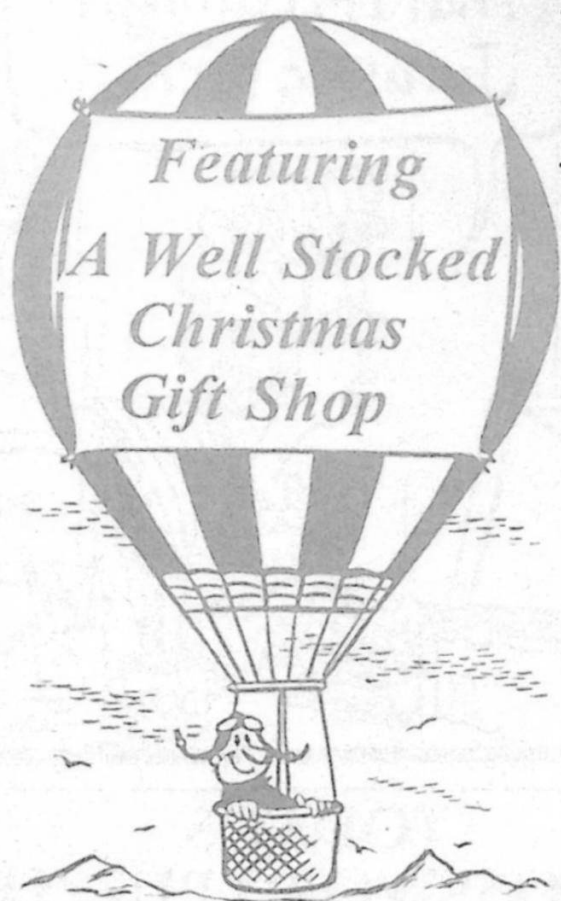
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28 "Roy"  
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40 Heart  
42 Magazine stand  
43 Ancient  
45 - lily  
46 North Woods animal  
47 Attribute  
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INN SHUTEVE  
GEOGE JEOS  
BREAK BANG DUE  
LARK ROUT EMERY  
ODIE ABLE SONAR  
TEEN GILD TITLE  
2-13-96 © 1996, United Feature Syndicate

**COMOX MINI WAREHOUSE**  
"BEST LITTLE WAREHOUSE IN THE WEST"  
U Store IT Lock It Keep the Key  
CLOSE TO THE BASE & TOWN  
\*Safety \*Security \*Supervision  
Knight Rd & Pritchard Rd  
Comox, B.C. 339-3424

**RECYCLE THIS NEWSPAPER**  
TOTEM TIMES

# Comox Air Force Museum



All sorts of aviation oriented gifts that spell out the best of the past and the promise of the future

Books, Pins,  
Stickers,  
T-Shirts,  
Sweatshirts,  
Wall Clocks.

Located at the main entrance to CFB Comox

Too many items to list here. Drop by the museum for a free catalogue.



- T-Shirts - \$12.00
- Logos- Sabre
- Nieuport
- Spitfire
- Harvard
- Arrow
- Dakota
- Lancaster
- T-Bird

High Quality Sweatshirts (great for skiing) for the downsized price of \$30.00

- Avro Arrow
- Aurora
- Labs and Buffs
- Nieuport 17 and many more.



C'mon in and meet the friendly staff

