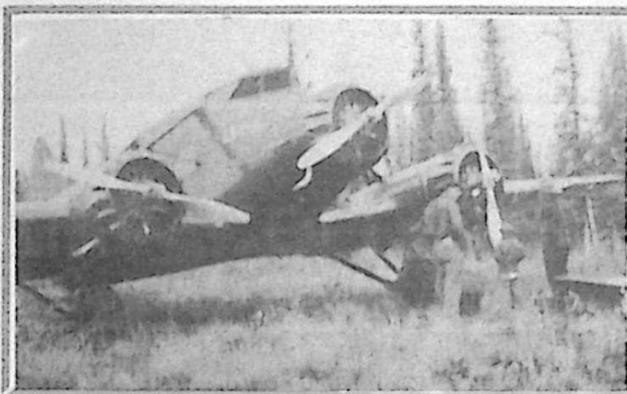




Spy Story?

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1992 Printing Schedule

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TOTEM TIMES

Canadian Forces Base Comox B.C.



VOL 33 NO 23 DECEMBER 05 1991

NEXT DEADLINE 16 DECEMBER 1991

COST: PRICELESS

Boss Boot



All in a days work the Base Commander kicks off the Mud Bowl game on Nov. 24.

Grey Cup Day - A CFB Comox Mud Bowl

It all happened on Sunday, 24 Nov 91, in pouring rain and strong winds. Twenty strong-willed men and women braved the elements and played off for this years annual CFB Comox Mud Bowl.

The Base Commander, Col J.E. McGee, opened the ceremonies with a kick off at 9:15 a.m. With the assistance of our local PERI Staff, MCpl Dave Rothermund and Cpl Germain Savard, the infractions were kept to a minimum and the game went smoothly. With the wet conditions and gale force winds, it seemed more of a slipping and sliding event than a mud bowl game. Through it all Col McGee could be seen braving the elements, encouraging both teams from the side lines. After a cold 20 minutes on the playing field,

the teams congregated around the mud bowls 'party wagon'. The moose milk and coffee provided were an unbeatable combination and a welcome sight! The score at the half was 7-0 for the West. The 2nd half produced a touchdown from both sides, ending with a 14-7 mud bowl victory for the West this year. However, I must confess that this years event was not really an East vs West game as players were equally divided between both teams so that all participants could play.

Highlights from this year's game were the participation of June Curtis, Sue Benjamin and Donna Lundrigan, who added a new dimension to the game of two-handed touch football. The girls hope that next year more women will join in on the fun and add some support. At the Mess the highlight was probably the play

by play-after each tackle by 'He Hit the Guy' Keane, from the Jr Mess.

After the Mud Bowl Game, all players proceeded to the WO and SGTs Mess where food and refreshments were provided. The mess was decorated in blue and white on one side and red and white on the other representing both Toronto and Calgary. While the West had more supporters in the Mess, the East prevailed. The intent of this day is to have fun and it certainly appeared that the approximately 90 odd people did just that.

Again the idea of this annual event is to get all 3 Messes involved and perhaps next year a more favourable turnout by the Senior NCOs and Officers Mess will bring back the old days of Mess challenges.

Sgt Shatterproof returns -- in 1992



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Daddy's Home!



Even though it was 'zero dark thirty' when Cpl Guy Bosse returned home to CFB Chilliwack, BC in the wee hours of the morning Oct. 8, his daughter Ashley was all smiles under her father's blue beret. Cpl Bosse, a vehicle technician, spent six months in Kuwait's searing temperatures where 1 Combat Engineer Regiment formed the nucleus of Canada's UN peacekeeping force tasked to help clear minefields along the Iraq-Kuwait border. The City of Chilliwack will honour the regiment with the Freedom of the City Nov. 9.

(CF Photo by Sgt Stew Radford, CFB Chilliwack.)

Comox Valley Toy Shoppe

Santa Says: "Remember the big kids too: Teens and Young Adults."

Drop your gifts off at the Toy Shoppe. Location in the former liquor store in Comox Mall.



COMOX RECREATION

1855 Noel Avenue, Comox, B.C. V9N 4X4 (339-2255)

Your New Brochure Arrives on Wednesday December 11th.

Your Comox Recreation Collection of Winter Activities will be presented on Wednesday, December 11, 1991 in the Comox Valley Record. Be sure to pick one up soon, as registration for these and many more exciting programs starts December 11th. as well!

PRE-SCHOOL

Diaper Gym
Teeter Tots
Kindergym
Jr. Gymnastics
Swing Song
Nature Nuts
Cooking Monster
Easter Crafts
Mom's/Dad's AM Off
Birthday Bonanza

CHILDREN

Gymnastics
Fencing
Jazz Dance
Floor Hockey
Badminton
Fabric Art
Jr. Chef
Guitar Lessons
Pro-Day Action
Tae Kwon Do
Karate

TEENS

Badminton
Aerobics
Fencing
Basketball
Bicycle - Mechanics
Karate
Tae Kwon Do

HEALTH & FITNESS

AM Fitness:
High & Low Intensity
PM Fitness with
Body Class
Ski Fit
Yoga
Tai Chi
Karate
Therapeutic Fitness
Badminton
Volleyball
Ladies Floor Hockey
Jazz

SENIORS

Guitar Lessons
Exercise Club
Day Trips
Floor Curling

ONE NIGHT AFFAIRS

Foot Massage • Sushi Making • Theatre Sports • Back Care
• Beginners Bridge • Get Gardening • Bicycle Tune Ups

VOLUNTEERS MAKE THINGS HAPPEN



Wilma and Fred Flintstone, alias Cpl. M.P.D. LeDrew and Pte. C.A. LeDrew volunteered at the 1991 Halloween Party. So many of our special events rely heavily upon volunteer help. Without their donation of time and energy we would often be unable to operate. 1991 has been a very good year in bringing CFB personnel to us. We have been astonished by their generosity and friendliness. All of CFB Comox should be as proud of Conrad and Pierrette LeDrew--- as we are thankful for their energy and enthusiasm.

A COMOX VALLEY CHRISTMAS

SUNDAY, DECEMBER 15

1:00 - 4:00 pm

Comox Valley Fairgrounds Barn

Remember the true meaning of Christmas with a visit to the stable.

Hay Rides
Comox Valley
Cart &
Carriage Club

Our gift to you

Carolling

4H
Live
Nativity

Shadow Play
&
Theatrical Production
by
HI-TOPS
Musical Theatre

Valley
Girl Guides
Nativity Play

Salvation
Army
Brass Band

Donations
to Comox Valley Food Bank
greatly appreciated.

Sponsored by:

Comox Recreation Commission
The Comox District Free Press
Comox Valley Therapeutic Riding Society

On & Off the Base

Dog
Talk
by
Gerry
Gerow



Dog Care
&
Training

Let's start out with an interesting book. American Kennel Club Dog Care and Training, by the American Kennel Club, Maxwell Macmillan, Canada, \$12.95.

The A.K.C. published this book to make available a general dog care and training manual to the public. The book starts right off with 'Before you get a dog'. They talk about the important things like size, purpose, requirements, and more.

The book goes on to tell you how to get started and how to live with your new friend. Then it goes on to talk about training your dog. They talk about competitions, like dog shows, obedience trials, tracking tests, field trials and herding.

There is a chapter on breeding and one on illnesses of dogs. This is perhaps the best part of the book, as it describes the symptoms of the various doggy problems in a language that anyone can understand.

Many individual breeds are discussed and the book is very well illustrated with many

photographs and cartoons. All in all, really a super book which every potential first time doggy owner should read. Perhaps old hat for experienced dog owners, but then it wasn't written for them. The references to the American Kennel Club can all be related to the Canadian Kennel Club, because virtually all activities and procedures are similar. It is a recent release, but should be in the book stores, or it can be ordered from the publishers.

Christmas time is the time of impulse buying. Please don't let it rule your head and rush off and buy a puppy. This happens so many times. The newspapers are full of ads at this time of year and the pet shops, or I should say 'certain unscrupulous pet shops' are stocking up for the season. I have a very simple rule. I don't purchase anything from any shop which sells puppies. Almost without exception these puppies come from American puppy farms. Almost without exception

these puppies cannot be registered in Canada. Almost without exception these puppies have been produced with quantity and not quality in mind. I know of no responsible breeder who will sell puppies to a pet store.

If they did they would be drummed out of every dog organization in the country. The pet store operators will tell you that this is because they want to corner the market for themselves but that is simply not so. Responsible breeders do not breed for profit.

That is why their puppies are usually cheaper than those in the pet store. Let me give you a simple question to ask when you do consider a puppy from a pet store, "Will you state in writing that you will give me my purchase price back, and let me keep the dog if I cannot obtain CKC registration papers within three months?" I think you will be quite surprised at the answer in most cases.



LEGION LOG

BRANCH 17 COURTENAY
334-4322

ENTERTAINMENT

Fri 06 Dec.....Music by T.B.A.
Sat 07 Dec.....Music by WYLIE & THE OTHER GUY
Fri & Sat 13 & 14 Dec.....Music by EL DURADO
Fri & Sat 20 & 21 Dec.....Music by COYOTE

REGULAR ACTIVITIES

BINGOS.....Mon., Thur., Fri., Sun. at 7:00 PM
MONDAY.....FUN EUCHE
TUESDAY.....PUB DARTS
WEDNESDAY.....LEAGUE CRIB
THURSDAY.....FUN DARTS
FRIDAY.....TGIF & MONEY DRAW AT 6:30 PM
SATURDAY.....FUN BRIDGE AT 12:30 PM

"MORE PLAYERS WELCOME"

Phone 334-4322 (days) for more information
NOW OPEN SUNDAYS.....12 - 7 PM

Dress Code in effect 8 PM Fri & Sat
(No T-SHIRTS)

EVENTS

TUESDAY DEC 31.....NEW YEARS EVE DANCE.
Dance to Westwind 9 PM to 2 AM. Reserved Seating.
WEDNESDAY JAN 01.....NEW YEARS DAY LEVEE
1:00 PM. Casual. Moosemilk.

SPORTS

T.B.A.

BRANCH 160 COMOX
339- 2022

ENTERTAINMENT

Fri Dec 06.....Music by WYLIE & THE OTHER GUY
Fri Dec 13.....Music by WESTWIND
Fri Dec 20.....Music by SHABOOM
Fri Dec 27.....Music by NASHVILLE CONNECTION

REGULAR ACTIVITIES

SUNDAYS.....Lounge 11 AM to 6 PM
MONDAYS.....Men's Dart League - Navy Room - 7:30 PM
L.A. Drop-In Bingo. Upper Hall. Doors open 6:30. 7:00 PM
TUESDAYS.....Ladies Crib League - Begins Sep. 17 8:00 PM
Mixed Dart League - Upper Hall - 7:30 PM
WEDNESDAYS.....Navy League Drop-In Bingo
Upper Hall. 7:00 PM
C.V. Men's Crib (Home & Away) 8:00 PM in Lounge.
THURSDAYS.....*1st Branch Exec. Mtg. 8 PM Upper Hall
L.A. Exec. Mtg. (as required)
*2nd L.A. Gen. Mtg. Upper Hall. 8 PM
*3rd Branch General Mtg. Upper Hall. 8 PM
FRIDAYS.....Meat Draws, Lounge 2 - 6 PM
Dance, Lounge. (Unless advised)
SATURDAYS.....Meat Draws, Lounge 2 - 6 PM

EVENTS

SUNDAY DEC 15.....EL DURADO 2 PM
NEW YEARS EVE BALL 9 PM to 3 AM.....Upper Hall.
Dance to the ALLEYCATS. \$25/couple. All tickets reserved.
Sale commencing Mon. 18 Nov.-15 Dec. to members only.
Guest tickets available 16 Dec.
WEDNESDAY JAN 01.....NEW YEARS LEVEE 1 PM

SPORTS

CRIB first Sunday of the month.....1:00 PM Upper Hall.
Registration \$5.
EUCHE fourth Sunday of the month.....1:00 PM Lounge.
Registration \$5.

WO'S & SGT'S MESS DECEMBER

EVERY FRIDAY TGIF & FOOD

* NOTE DATE CHANGES

FRIDAY 13*

PMC'S BINGO AND DRAW
MUSIC AND FOOD
FIRST GAME STARTS AT 1830

SUNDAY 15*

CHILDRENS' CHRISTMAS PARTY

1300-1600

TUESDAY 31

NEW YEAR'S EVE GALA
1930-?

Tickets and info from the Mess Manager, 8490



Glacier Greens

Golf News

By Rose McClesh

A total of 36 golfers turned out on Sunday, 1 Dec to compete in the usual 9 hole tournament at Glacier Greens. Favorable weather added to the enjoyment of the day.

The spotlight was shared by Gwen Salmon and Ron Carter, when they captured the K.P.s for their teams. Congratulations to Gwen and Ron and to all the winners.

1st L.G. Team: John Armstrong, Sharon Miles, Chuck Perry and Doug Cull.

1st L.N. Team: Norm Fellbaum, Jack Hawkins, Lorraine Courtemanche and Ann Patterson.

2nd L.G. Team: Ron Campbell, Russ Wreggitt, Jim Patterson and Rick Forster.

2nd L.N. Team: Arnie Mathus, Dave Kelly, Shirley Shearer and Ardyth Wood.

If you or your group are delaying players behind you and there is an open hole in front of your group, step aside and signal the following group to play through. This is crucial to maintaining the pace of play.

The next executive meeting will be held on 12 Dec at 1 p.m. in the Social Centre.

* Proposed Turkey Shoot - 15 Dec.

Arts Alliance Christmas Crafts

Enter the Arts Alliance Christmas Craft Market and be transported into a delightful visual experience. From Nov 15 through to New Years Eve over 100 craftspeople contribute to the annual fund raising event. Crafts are continually brought in by craftspeople to replenish their displays. The variety is a treat for all lovers of handcrafted, quality crafts made here in the Valley and local islands.

Apart from the unique crafts, all the decorations this year, including the trees, are made from reclaimed materials that would otherwise go into landfill. The decorations were the result of a community liaison of the Arts Alliance, Phil Lander of Imagination Market and the students of Highland and Vanier schools. A contest is being held to see how many reclaimed materials can be identified in the decorations and trees which festoon the gallery and craftshop. The draw will be made Christmas Eve -- so do come and pick up an entry form. You could make it a family event.

The Arts Alliance is a non-profit society and the Christmas Craft Market is always one of the highlights of the year. We are situated at 367 Fourth St., Courtenay, phone 338-6211. Our hours are 10-5 Mon through Sat.

CANEX OPERATING HOURS December, 1991

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 RETAIL STORE 12NOON-4PM EXPRESSMART 8:30AM-9PM SERVICE STATION 10AM-4PM	2 RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	3 RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	4 RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	5 RETAILSTORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	6 RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	7 RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 10AM-4PM
8 RETAIL STORE 12NOON-4PM EXPRESSMART 8:30AM-9PM SERVICE STATION 10AM-4PM	9 RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	10 RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	11 RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	12 RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	13 MIDNIGHT MADNESS RETAIL STORE & EXPRESS OPEN UNTIL MIDNIGHT SERVICE STN 7AM-4:30PM	14 RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 10AM-4PM
15 RETAIL STORE 12NOON-4PM EXPRESSMART 8:30AM-9PM SERVICE STATION 10AM-4PM	16 XMAS HOURS RETAIL STORE 10AM-9PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	17 XMAS HOURS RETAIL STORE 10AM-9PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	18 XMAS HOURS RETAIL STORE 10AM-9PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	19 XMAS HOURS RETAIL STORE 10AM-9PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	20 XMAS HOURS RETAIL STORE 10AM-9PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	21 RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 10AM-4PM
22 RETAIL STORE 12NOON-4PM EXPRESSMART 8:30AM-9PM SERVICE STATION 10AM-4PM	23 XMAS HOURS RETAIL STORE 10AM-9PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	24 XMAS EVE RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-5PM SERVICE STATION 7AM-4:30PM	25 CHRISTMAS DAY CLOSED ALL OUTLETS	26 HOLIDAY HOUR RETAIL STORE 10AM-5PM EXPRESSMART 10AM-5PM SERVICE STATION CLOSED	27 RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	28 RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 10AM-4PM
29 RETAIL STORE 12NOON-4PM EXPRESSMART 8:30AM-9PM SERVICE STATION 10AM-4PM	30 RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-9PM SERVICE STATION 7AM-4:30PM	31 HOLIDAY HOUR RETAIL STORE 10AM-5PM EXPRESSMART 8:30AM-5PM SERVICE STATION 7AM-4:30PM	STYLE RITE UNISEX SALON MIDNIGHT MADNESS SALE DEC 13 15% OFF ALL PRODUCTS CREATE A HAYASHI GIFT PACK OF 3 OR MORE PRODUCTS AND RECEIVE 20% OFF OPEN 9 AM - 9 PM PHONE FOR APPOINTMENT 339-3510			

1 JAN 1992 RETAIL STORE - CLOSED EXPRESSMART - 10 AM-5 PM SERVICE STATION - CLOSED

MERRY CHRISTMAS & HAPPY NEW YEAR

Attention PMQ Residents!

Swiping Christmas lights and ornaments is vandalism and a crime.

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Comox Air Force Museum

1 OCT THRU APR 10-4 p.m.
SAT SUN & HOLIDAYS

Featuring Gulf War
and 409 Sqn displays

MUSEUM GIFT SHOP

CHRISTMAS GIFT IDEAS

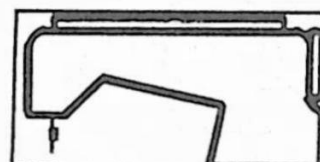
AVIATION

MEMORABILIA

BOOKS, FLAGS, MODELS, POSTERS,
HATS, SWEATERS, SHIRTS, PINS, PATCHES
AND MUCH, MUCH MORE!

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339-2007

NEXT DEADLINE
16 DEC - NOON

arts alliance

FRI • NOV • 15
TO
TUES • DEC • 31

CHRISTMAS
CRAFT
MARKET

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