



United Way:
CF makes a
big contribution
See page 4.

Hallowe'en:
dangerous
disguise!
See page 6



Letters to Editor
tell feelings in
no uncertain terms!



TOTEM TIMES



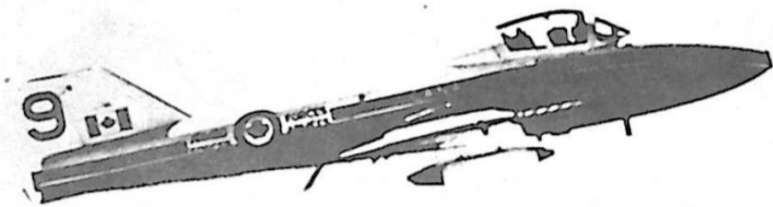
Canadian Forces Base Comox B.C.

VOL 31 NO 18 OCTOBER 19, 1989

NEXT DEADLINE MONDAY, NOVEMBER 6, 1989

COST: PRICELESS

Snowbirds back in the air



Ottawa--The Minister of National Defence, the Honourable Bill McKnight, announced 26 Sept that the Canadian Forces' 431 (Air Demonstration) Squadron — the Snowbirds — would resume air display performances on Thursday 28 Sept, at St. Catharines, Ontario. His decision was based on the recommendation of the Chief of the Defence Staff.

"The show complies with the most stringent safety regulations for air shows in the world," said Lt-Gen Fred R. Sutherland, Commander of Air Command, following his review of a practise performance by the Snowbirds 25 Sept afternoon in Portage la Prairie, Man. "The team boasts the most highly trained and well-practised pilots in the Canadian Forces. I have recommended to the Chief of the Defence Staff that the show be allowed to continue."

A Board of Inquiry, convened immediately after the 3 Sept accident which claimed the life of Capt Shane Antaya, has listed the cause of the crash as "undetermined". No mechanical faults were found with either the pieces of the aircraft recovered from Lake Ontario, or with the other aircraft taking part in the show.

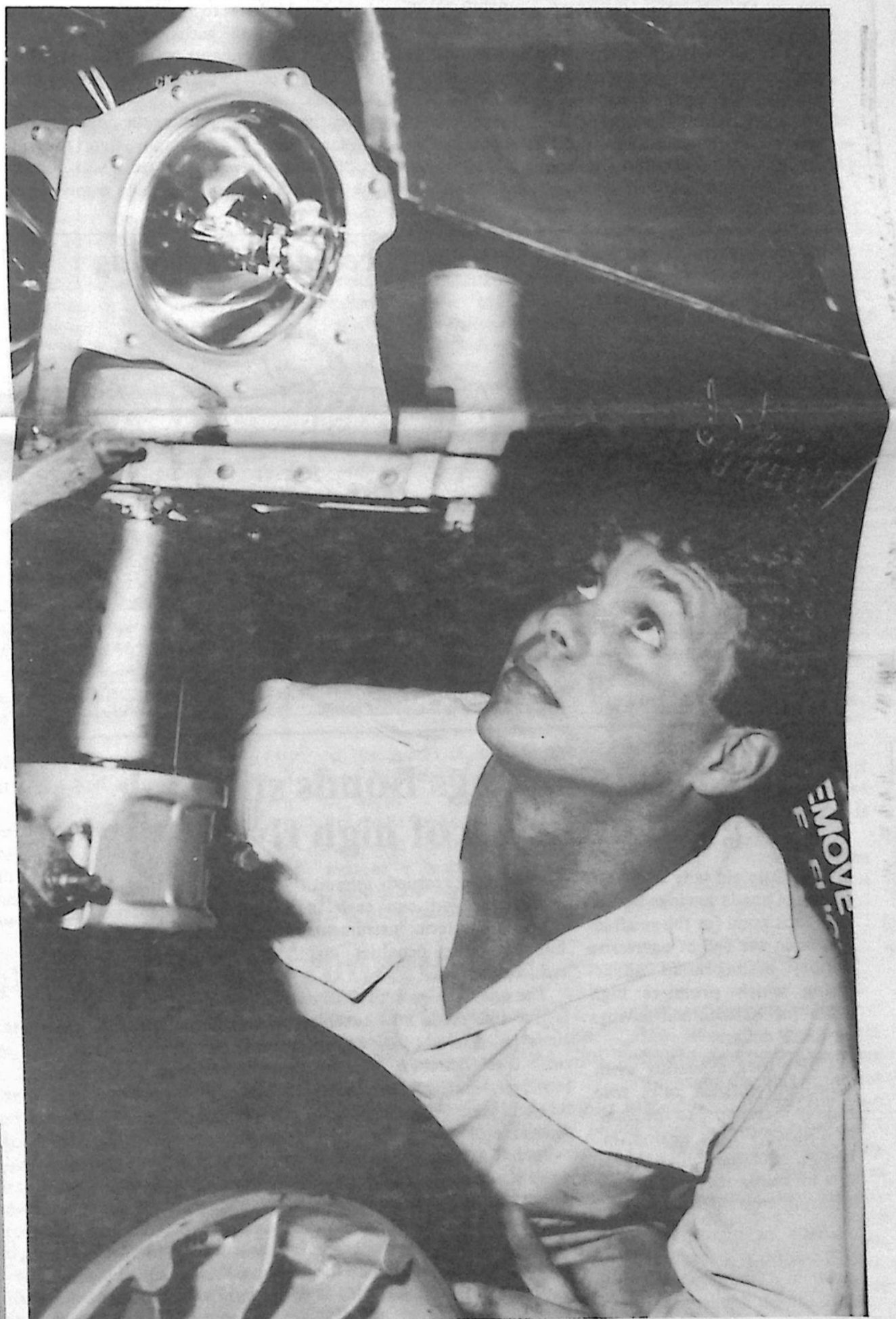
Toxicology test conducted on team leader Maj Dempsey and Capt Antaya were negative. Possible causes will continue to be investigated by the Board, through analysis of recovered aircraft parts, and techniques such as photo enhancement.

Flight safety remains the paramount concern during the team's performances. The Snowbirds fly parallel to, and at a minimum distance of 1500 feet from spectators, as well as flying no lower than 300 feet above the ground at all times during their show. These limits were not adjusted as a result of the Board's findings. In October 1988, the Federation Internationale des Spectacles Aeriens, an international body which monitors air shows, awarded the Snowbirds the distinction of being the safest air demonstration team in the world.

"After the tragic death of Capt Antaya, I am confident that the Snowbirds will rebound from their loss and continue to impress audiences from around the world with their professional abilities", said Mr. McKnight.

Since the inception of the team in 1971, the Snowbirds have flown in approximately 980 shows, to the delight of over 60 million spectators.

Even when you're a Corporal —
it's all in a days work



Nevin Bernard, an Airframe Technician at VU 33 and recently promoted to Corporal, inspects the nose gear on a T-33 Silverstar.
photo by MCpl 'George' McManus

Remembrance Day 11 November

The Totem Times is looking for
local articles and photographs for
a special edition.

Contact the editor at 339-2541.

"I think it would be a good idea."

Mahatma Gandhi (1869-1948) when asked what he
thought of western civilization

Editorial

Writing around writer's block

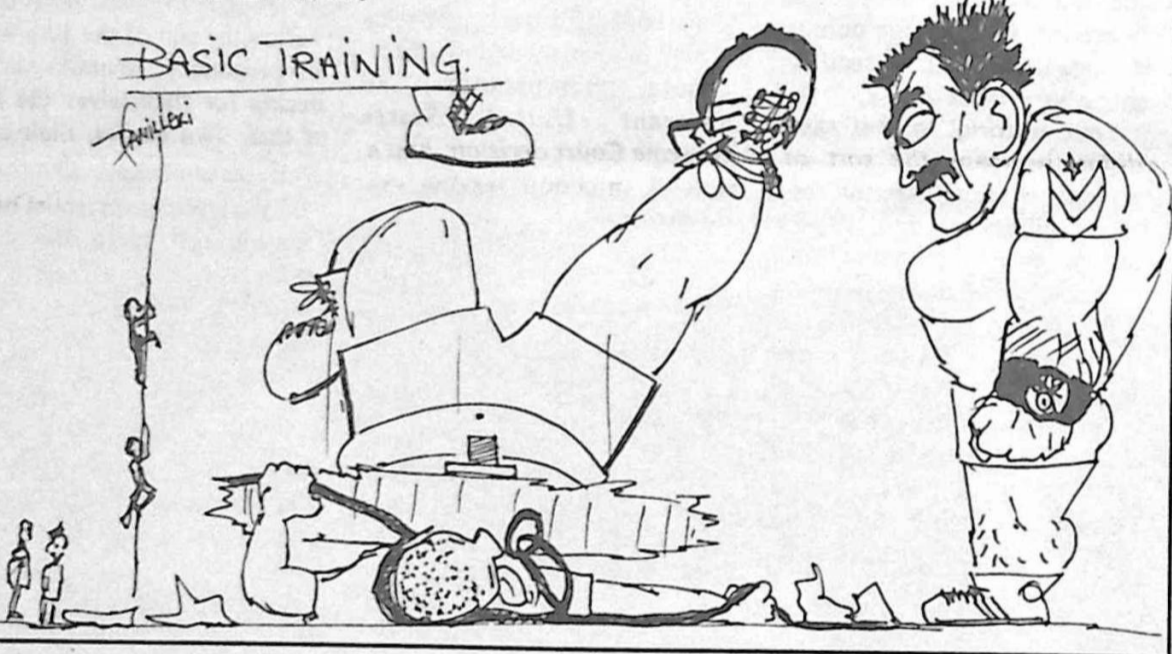
An editor's dilemma: empty space on the editorial page of the next edition, a blank sheet of paper lying forlornly on the desk in front of me, and a mind as blank as the paper. My eyes shift restlessly around the office and over the hangar floor — searching, searching for inspiration. I know there's a wonderful story out there just waiting innocently, unsuspecting for my wry wit to take hold of and shake loose a perceptive, touching commentary.

The P.A. system suddenly blares into life, interrupting my reverie. "The Nuclear Decontamination Brief will be held in the squadron briefing room in five minutes," a detached voice says reasonably. The words echo through my consciousness, bouncing from cynicism to sarcasm to satire to disbelief. They're talking about the big one here, I ponder: eye-searing, terminal flashes of light; building-breaking blasts; insidious, lethal rays; and finally, irrevocably, silently drifting death. My thoughts swirl round these unpleasant images like an incoming tide, filling in and embellishing them with a thousand bitter details. There's stuff here editor's dreams are made of, I think. It's as though God smiled on me for a brief moment and offered up a sacrificial lamb for my word-thirst sword. The urge to strike unmercifully is strong but I know there's danger. I pause, reflect, and it is my undoing; timidity wins over. With a wistful sigh I close my mind to further contemplation of earth's ending and a fool's folly.

My eyes return to the virgin paper. It mocks me with its dazzling whiteness, unmarred by an editor's scrawls. My pencil taps annoyingly on the desk as though the hand belongs to another. With a sudden compulsiveness I crumple the paper into a tight ball and arc it towards the garbage can. It strikes the wall and falls to the floor, still mocking me. I place another clean piece of paper on the desk. My mind is as smooth as a pond on a windless day — not the slightest ripple breaks its glossy surface. I get lost in the reflections, not knowing what is real and what is only likeness.

"Capt Sunter phone call in ops," another voice blares over the P.A. and shatters the pond's mirror surface into a thousand points of harsh light. I'm back on Planet Earth and not happy. Can't they understand I'm busy writing my editorial? Countless pearls of wisdom have undoubtedly been forever lost to humanity. Muttering to myself I amble down the long hallway and leave the empty paper behind me.

Good knot Tublonski, you succeeded in bringing the house down!



Canada Savings Bonds still look good in an age of high flyers

The little old lady of investments, Canada Savings Bonds, still look good for the small investor in the age of aggressive money management advertising which promises high rates for hard-earned savings or RRSP dollars.

CSB's took a beating when short-term interest rates rose rapidly in response to the Bank of Canada's fight against inflation. But the government slowed heavy redemptions by raising interest rates.

CSB's, paying 10.5%, now look competitive for a small investor in a marketplace where Guaranteed Investment Certificates average 10% and 30-day notes earn about 9%.

CSB's also have high liquidity other vehicles lack. If you need money in a hurry — the refrigerator conked out before your holidays — they are as good as cash, and

include the accrued interest. Sometimes you can cash in other longer-term instruments but you face penalties and reduced interest.

The one drawback of CSB's is that interest is now taxable since the removal of the \$1,000 tax free interest credit. However, buying the bonds through your RRSP can save these taxes.

Payroll deduction plans also make it easier for the average person to use bonds as the foundation of a long-term savings plan. Employers charge a fee because they purchase the bonds in advance, but this is deductible.

Because interest is taxable it is wise to look at debts being paid with after tax dollars. Say you have \$10,000 and a \$10,000 mortgage carrying a 12.5% non-deductible interest rate. It would be wiser to pay off \$8,000 of the mortgage,

reducing the impact of those high interest charges, and invest the other \$2,000 in bonds as a cash reserve.

You can buy bonds in two ways. Regular interest bonds pay interest each year and the principal on maturity, and require interest to be reported annually. Compound interest bonds allow interest to compound over the life of the bond, and the interest is received at maturity. This interest must be reported as income every three years. The recent federal budget proposes annual reporting of income on compound interest bonds acquired after 1989.

In short, no matter your investment style, Canada Savings Bonds can still be a firm anchor bringing a decent return while giving you the protection and liquidity needed for a good night's sleep.

by Fred Duck, CA

New dates & deadlines

Publication Date

9 November
Remembrance Day Special

23 November
7 December
21 December

Deadline Date

6 November
20 November
4 December
14 December



A new mail service is introduced to the base. Central Registry is the starting point of the new mail service which serves all sections at CFB Comox, outside of the Headquarters Building. BTNO driver, Pte Kim Labelle starts her twice daily mail run at Central Registry.

TOTEM TIMES

CFB COMOX, LAZO, B.C. V0R 2K0

EDITOR.....Capt Kirk Sunter
ASSISTANT EDITOR.....Norm Blondel
EDITORIAL STAFF.....Kelly Sunter, Mark Forseille, John Lait, Shelly Bankhead

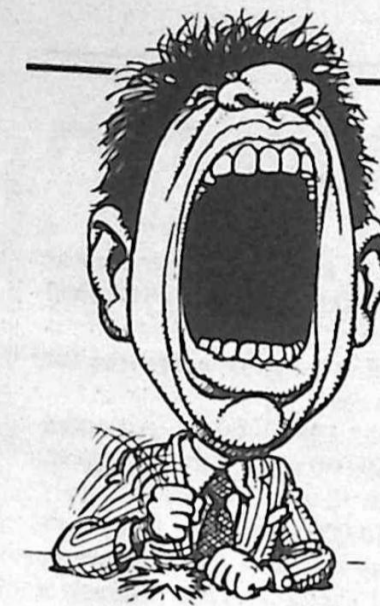
OFFICE MANAGER.....Sherry Snow
CIRCULATION.....Brad & Helaine Shipley 339-4680

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, DF, or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item. Address correspondence to the Editor, Totem Times, CFB Comox, Lazo, BC V0R 2K0. Subscription rate: \$6.50 per year.

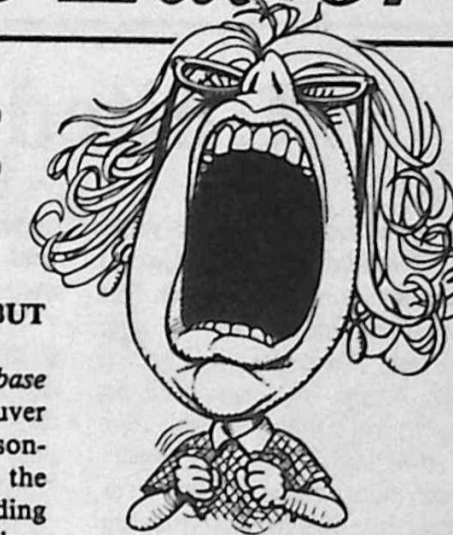
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Office Phone: 339-2541

Letters To The Editor



"tree-hugging, bleeding-heart, socio-political journalism"



Dear Mr. Editor:
To change our base newspaper into another media blitz campaign would be a terrible waste.

I believe you do not understand the purpose of our base newspaper. It is intended for the aggrandisement of personnel at CFB Comox. That it has become another commentary on international, national or provincial issues is a sad testimony to its use.

Please leave our newspaper alone. I'm fed up with tree-hugging, bleeding-heart, socio-political journalism. Coordinate, manage, direct, and editorialize but please do not change its parochial mandate.

J.F. Logan
Concerned Reader
P.S. Cpl Smith's welfare and situation is of prime interest to us.
P.P.S. You probably won't even print this!

Dear Sir:
I noticed you featured a father feeding a baby by "bottle" in your recent issue of Totem Times. Your choice of pictures was unfortunate — if the father had been admiring or cuddling his child that would have expressed a healthy relationship. Bottle feeding is out. The media should have healthy habits re-inforced.

Thank you for giving a moment's thought to this issue.

I am a health care professional who spends a good bit of time educating the public about good eating habits.

Sincerely,
A. Tinkess (?)

Sir:
I submitted an article on behalf of the 1st Lazo Group Committee to your 28 Sept edition. The piece which was printed bore only partial resemblance to the item I submitted, and I am writing in order to express my extreme displeasure.

The whole point of the article was to let those parents who had not attended our meeting know that their support and help was badly needed. As a long-time volunteer and organizer, I know that most people will not volunteer blindly for anything. However, if one can give examples of the specific jobs that need doing, people will much more readily come forward to assist. By editing my article as you did, cutting out all references to specific needs, you virtually destroyed its usefulness, and have made it that much harder for me to get any more volunteers, as parents will now be wary when I approach them. You would have done better not to have printed the article at all rather than in the botched way you did.

Furthermore, I find it absolutely unconscionable that you deleted the paragraph expressing my appreciation to those people whose help was so important to my getting started properly in this position. As volunteers, the only reward they expect to receive is the satisfaction of knowing a job was well-done, and perhaps a public pat on the back. Your actions have denied them that deserved recognition, and left me with the awkward problem of how to accomplish it. I'm not sure that I can trust the TOTEM TIMES again, and yet I don't know of a better medium for the task.

Your disclaimer statement on Page 2 masthead ("The Editor reserves the right to edit copy...to suit the needs of the publication.") does not give

you the right to ignore your primary purpose — fulfilling the needs of the military community for a source of community news and information, as mandated by CFAO 57-5. In fact, Item 8f of the CFAO states that "Each issue of an official Station newspaper shall include a statement that the Editor reserves the right to reject any editorial or advertising material." It says nothing about community news items. I suspect you needed to edit my article because so much of the paper is taken up by paid advertising. I am aware that such advertising pays for the costs of printing the paper in the first place. However, when I was Editor of a Station newspaper, CFAO's also stated quite clearly that for those papers which accepted it, acceptance of paid advertising was NOT to affect editorial policy or local content. Times may have changed and CFAO's have since been amended, but I cannot believe that the spirit of that rule is dead. If more space is needed, increase the number of pages printed instead of chopping articles to bits.

Your editorial in that same edition bemoans the sort of contents of most section articles. How do you expect anyone to write anything more meaningful than gossip when they know you will likely re-write it "to suit the needs of the publication" and thereby possibly, if not probably, change the entire meaning and tone of the piece? It's a lot easier not to bother in the first place. I personally spent two days thinking and re-writing that article before I submitted it in order to be certain that it was exactly what I wanted to say. Rest assured I will not do it again unless I CAN be certain it won't be for nothing.

Yours truly,
Bonnie Cochrane,
Chairman 1st Lazo Group Committee

The Editor
SHUDDER, SHUDDER, BUT HERE GOES!

Our newspaper is a base newspaper, not the Vancouver Sun or the Province. I personally read all columns in the newspaper and enjoy reading what other people are doing, where squadrons have been and just general information on section personnel happenings. As to the fact of how they get the caramel in the Caramilk Bar, "Who cares?" We can't eat them anyway because of the BMI policy. If I wanted to read about world peace, etc I can read the larger papers I subscribe to. Soon you will have

the paper accepting columns from Gorde Hunter and Summer Joy.

Again, this is a base newspaper and should continue to allow Pte John Wayne the opportunity to be recognized for doing a fine job in cleaning up his crew room.

Thank you.
B.T. Smith

No abortion law, please

Dear Editor:

The federal government has recently stated its intention to introduce abortion legislation this fall. Why is there an assumption that legislation on abortion is necessary and inevitable? Canadians should realize that this "urgent call" for a law was brought about by a few coincidental and unfortunate circumstances; an aberrant United States Supreme Court decision, and a rash of injection seeking ex-boyfriends.

We are confident that the Supreme Court of Canada, when it delivers its reasons in the Daigle case, will send the clear message to Canadians that they cannot stop women from making their own abortion decisions by hauling them through the courts.

Modern thinking on abortion, the world over, is moving away from focussing on criminality toward focussing on the health of women and their families. We don't need or want a criminal law. Pregnant women are not criminals. Abortion is properly seen as a matter of health. There is no legislation governing other medical procedures;

the decision for specific medical care is based on what is known to be good medical practice.

The decision whether or not to terminate a pregnancy is one of the most difficult decisions a woman has to make in her life. Ninety-nine point six per cent of all abortions are performed before the end of the 20th week of pregnancy. Women should decide for themselves the fate of their own bodies; their own lives. It is a woman's choice.

If the government must bring in a law let it be one that would guarantee easy access to all women's health care services including abortion, family planning and birth control services. Let us not encourage unnecessary laws, but government action that will provide real and meaningful solutions to the problem of unwanted pregnancies.

Parliament take note — most Canadians do not want another abortion law. Readers are invited to write or call their MP if they want to ensure that women's freedom of choice is preserved.

Judith Allen
National Association of Women and the Law

Editor's response: My cup runneth over

My cup runneth over. To receive even one letter to the editor per edition is an occasion for rejoicing — four is overwhelming. Okay, so they're not exactly complimentary. The point is now I can be sure that at least four people have read the Totem Times. That is a compliment, though an unintentional one, I'm sure.

Perhaps it is time, in the face of this determined resistance, to clarify my editorial policy. Unlike one of the letter writers, I am not familiar "Verbatim" with the appropriate orders dealing with service newspapers. I do know that, other than a few hard rules, they do not clarify the scope or content of them. That, it would appear, is left almost entirely

to the discretion of the Base Commander and, through him, the editor.

My own feelings are that the Totem Times should, first and foremost, provide local (ie. base) and Canadian-Forces-wide, military news to its readers. Secondly, it should entertain its readers. These are not mutually exclusive; indeed, they are inextricably related. A paper must be read in order to pass on news, but it is unlikely to be read if it does not entertain (I use 'entertain' here in a very broad sense — anything that piques and holds a reader's interest). If these priorities do not seem reflected in every edition, remember, I can only print what I receive. We do not have the staff or time, for the

most part, to research and write the stories; instead, we rely on Canadian Forces' news agencies for national military news, and we rely on YOU for local news. If you don't see it in the paper, it's because you didn't write it.

In each paper I also try to include an eclectic assortment of other articles to fill out the pages (because there is never enough local or CF news to make an entire paper without cutting the length down considerably) and to make it more interesting; and since I receive far too much material from provincial and national sources to include it all, constant decisions must be made as to what should make it to the paper and what should not. In

this respect my own views obviously prevail, despite my honest attempts to be objective. I include the articles I think people will find interesting, but inevitably it's what I find interesting. I make no apology for this, it goes with the territory.

I also make no apology for reducing the length of articles. In my view it is necessary at times however, I do not do it lightly or carelessly. When it needs to be done, I weigh its likely audience against the space available and do my best to keep its essence. I do not always succeed. I might also add that articles which arrive late (or later) are far more likely to be cut because the paper is already taking shape

and space becoming limited.

My views on the present nature of most section news has not changed despite the fervent support for it from at least two of the readers. However, as I have stressed previously, my views are not as important as your views. I do listen and act, despite engaging, it would seem, in "bleeding-heart, tree-hugging, socio-political journalism," so keep the letters coming.

P.S. I am aware of the irony in printing the entire letter of one irate reader and not printing the entire article she sent in for the last edition, which is the reason she wrote. In truth, I think I am fearful of incurring her further wrath.

On and off base

United Way — helping Forces' families

James Homuth is six years old. He is happy, well-adjusted and rambunctious; much like any other young boy his age. He has short, tousled brown hair, bright blue eyes and an impish smile which belies a love of practical jokes. He wears sweat suits and sneakers, likes riding his bicycle and playing the drums and this fall, he started grade one.

But James is a child with a difference. He has been blind since birth.

James is the son of MCpl Jim Homuth, serving with the Royal Canadian Horse Artillery (RCHA) at CFB Petawawa, and his wife Betty. They are living proof that donations made to the annual Canadian Forces United Way

campaign actually help members of the military and their dependents.

When a contribution is made to the United Way, it goes to any number of member agencies. In the Homuth's case, it goes to the Canadian National Institute for the Blind (CNIB).

As much as 50% of the CNIB's operating budget comes directly from the United Way. The money is then used in a variety of programs designed to aid both those people who are blind, and those whose vision is impaired to some degree.

For James Homuth, it means that he can learn braille, go to summer camp and listen to music and stories on "talking book machines." It means he

has access to classes which educate both he and his parents on how to deal effectively with his handicap. It means that he can attend a "normal" elementary school with the help of a teacher who can ensure his special needs are met.

According to Kathy Langevin, a social worker at CNIB, these services are provided at minimal cost. Betty Homuth has to pay for some things, like braille paper, but most services are funded through CNIB and provincial governments. "It makes life for people like the Homuths a whole lot easier," says Langevin.

For an articulate boy like James, who has already surpassed normal capability for a

blind boy his age, it means a fighting chance to make his life just as happy and productive as anyone else's.

The CNIB is just one of hundreds of non-profit agencies to which the United Way provides indispensable funds. Without contributions from federal employees, including the substantial donations from the Department of National Defence, it would be difficult to maintain the many programs so vital to large segments of the populations.

This year in Ottawa alone, \$5.7 million is expected to be collected from the federal service, with \$540,000 from the Canadian Forces and DND. For the past eight years, DND has surpassed its United Way

goals, and DND co-ordinator for the National Capital region, Col Guy Theriault, is hoping the same holds true for this year.

In 1988, DND collected \$539,000 in the Ottawa region, even though its goal was only \$510,000. Although this year's goal marks a 5.8% increase, Col Theriault says it is largely a result of the United Way's growing needs, inflation, the size and attitudes of the target audience and the morale of the canvassers themselves.

"I think this year's goal is realistic and attainable, and can be surpassed as in previous years," Col Theriault says.

There are several

continued on page 17

Crossword

By Rick McConnell

- | | | |
|--------------------|------------------|-------------------|
| ACROSS | 45 Souvenir | painter |
| 1 Gap | 47 Double | 19 With 25 down, |
| 6 Equip | bronzer Karen | Olympic |
| 9 ___-Ra, | 51 Six-pointers | bronzers |
| He-Man's sib | 21 Sixth sense | |
| 12 ___ Percee, | 52 Moray | 22 Ship's rear |
| Sask. | 53 Follow | 23 Meadow |
| 13 Peek-a-___ | 54 Home of iris | barley |
| 14 Each | 55 Still | 24 Testing |
| 15 Silver Olympian | 56 Celestial | institute |
| 6 Summer sign | bodies | (abbr.) |
| 7 German one | | 25 See 19 down |
| 3 Peak | | 28 Creek |
| Interprets | DOWN | 31 Summer drink |
| 1 One of Canada's | 1 Wergild | 32 ___'s Cove, |
| oceans | 2 Biblical | Nfld. |
| 5 Jerkin | mountain | 33 Former CFL |
| 5 Angle | 3 Elect. streams | nickname |
| 7 Naked civil | 4 Scabbard | 34 Biblical lion |
| servant | | 35 Silverist |
| 9 Camomile or | 5 Thanks in | Elizabeth |
| Oolong | Thurso | 36 Purpose |
| 7 Trouble | 6 Qualified | 37 Pack |
| 1 One ___ time | 7 Future fish | 38 See 10 down |
| 4 Tanning trees | 8 Linda ___ | 39 Overgrown |
| 5 False god | team curled | 41 Rubs |
| 7 ___ Group | for gold | 43 River deposit |
| (singers) | 9 Canine | 46 Shoe size |
| Shareholders | command | 48 U.K. inst. |
| 2 Red-breast | 10 Calgary | 49 Mongrel |
| 3 Bad mood | mascot | 50 Positive reply |
| 4 Reverence | 11 German | |

Picky, picky, picky ...

Dear Sir:

I am absolutely astounded at your authoritative 'Aircraft Recognition' faux-pas as illustrated in the Totem Times Sept 28/89 where you identified the *Cessna Crane* as an *Avro Anson*.

All I can say is that I am indeed thankful you were not a member of my crew on operations in WWII since it could be construed that the Ju 88's and Me 110's so often encountered could well have been 'identified' as possibly an allied aircraft ... possibly even an *Anson*!

I would strongly suggest an improvement is well necessitated by those entrusted

in picture-proof reading former aircraft in the RCAF and recommend contact with former graduates of the Commonwealth Air Training Plan in Canada to ensure no repeat of this nature occurring.

Apologies are, I'm sure, to Mr. McElroy on your behalf, very much warranted.

Yours truly
T. Balley

Dear Editor:

I don't want to *NIT PICK* but if the aircraft shown in the last issue is an *ANSON* I will eat your shirt buttons and all.

It is a *Cessna Crane*..
Harry Bryant


Trivia Editor replies:

How nice to come back after a month's vacation, to confront a dish of steaming crow. Material thrown together in a hurry is subject to error, and I (and the readers, probably) thank you for pointing it out. An editor is not necessarily an expert in all subjects, but that doesn't absolve this desk, so I guess the pillory is deserved.

Now if you have some material of your own you would like to share with our readers, please send it in. Trivia isn't all about aircraft recognition, it's also about our heritage. Obviously readers Balley and Bryant are concerned about that. Which is proof, of a sort, that trivia is fulfilling its purpose *Norm*.


Air Force Trivia

WHAT WHERE WHEN WHY



Photographed by Pat McElroy at the 1989 Victoria Air Show, this is a ...

Trivia Answer



Pat McElroy again, strapped in for some aerial photos of Courtenay's new Rotary arena. The pilot is local bush flying veteran Ted Ellison in his Cessna 180.

Section news

Ripples from the beaver pond



It's hockey season again for the Base Intersection League, and the CE team put up a valiant effort for its first showing against Base Ops, but bit the dust with a 7-5 score. Team members assure me this trend will not continue. Anyone willing to coach this team should contact Rob Bouchard at the Refrigeration Shop.

In other sport news, curling has already started with CE fielding 3 teams, but there is a constant need for spares for these teams. Interested persons please contact Sharon Boucher, local 8258.

Congratulations go out to Ted Soles on his recent Base Commander's Commendation for 'keeping the Base beautiful.' Our thanks to Ted and his greenhouse staff for their support. Also we congratulate Victor Hazelden on his promotion to MCpl and Dan Roy on his promotion to Sgt.

RCBAF -- 34 years

CHIMO. Ciad Mile Failte to all members (and aspirants) of the Royal Cape Breton Air Force (RCBAF). As expected, the RCBAF is still alive and well, though some doubt grows about the future.

The current Chief of the Air Staff, Squadron Leader John L. Phillips, would like, at this time, to extend an invitation to all RCBAF members to attend the 34th Anniversary celebrations. These will be held on 6, 7 April, 1990 at the RCBAF Sydney Officers' Mess. With the pending Station closure, this may be the final Anniversary celebration to be conducted at the home Station of the RCBAF. As a result, we are looking forward to an ex-

Our latest 'TERMIE' to be hired is Mr. Tom Esler, who retired after 27 years of service. Also retiring soon is Sharon Nickerson, our Contract Clerk, and Dick Zala, one of our fine estimators. It is rumored he already has resumes in at several wineries as a quality control tester.

'The Snake' just received news that he has his 'window' for promotion so now he and 'The King' are jointly hoping and planning for a posting to Bagotville in the future.

New arrivals in CE both belong to the EGS Section. Cpl Dan Aubertin has joined us from Victoria and he is happy to be here, no longer under the scrutiny of the 'Scanner.' Also, MCpl Glen Mendonca has come to share time with the gentlemen of CE on OJT until he gets a course date.

My last point of interest is Al Donovan's new spectacles. Does this man look more distinguished and intelligent or what?

tremely good turnout of RCBAF members.

Activities this year will include a Meet and Greet followed by a stag on Friday evening, complete with RCBAF games and prizes. As well, a dinner is to be co-ordinated for spouses at a local restaurant. Saturday will begin with the 2nd Annual competition for the honour of the "Order of the Stone". This will be followed by the traditional RCBAF Mixed Mess Dinner and Dance. Total cost is estimated at \$60.00 per couple and \$30.00 per single.

Reservations can be made by contacting Flying Officer Matthew M. Tucker, Adjutant, RCBAF, CFS Sydney, MPO 200, Sydney, N.S. B0A 1B0

Anker Klankin'



Tech of the Quarter



Cpl Kent Storie accepts congratulations from Capt Bill Snow, VU 33 SAMEO, on being selected VU 33's Tech of the Quarter for Apr - Jun.

Tech side

In contrast to the week of MARCOT, this past week has been fairly quiet. The Sqn enjoyed a 100% serviceability rate for the entire week which is perhaps the Trackers' way of resisting retirement after the first of these aircraft from Comox went into storage last week. On the other hand, the T-33 will be undergoing a transformation shortly which will see the shiny finish disappear and be replaced with the new toned down paint scheme. So far the fluorescent tip tanks will remain for operational reasons until a strobe light is fitted to the aircraft.

On the sports scene the Sqn split 50/50, winning it's first outing in curling and losing in hockey. At least part of the blame for the loss must go to BTeLo since the team is a combination of both units.

Congratulations are in order for Nevin Bernard on his promotion to Cpl effective 26 Oct. Also, a well done to Cpl Kent Storie who was presented with the 'Tech of the Quarter' award for Apr-Jun. MWO Stew Cameron is in Winnipeg this week representing the Sqn at a MOC 511 and 512 Occupational Working Group, the purpose of which is to determine the future dissection of these trades.

Maintenance mutterings this week include a welcome back to Cpl Marty Lavigne as he returns from surgery in Victoria. The grease nipple is hardly noticeable and the Frankenstein look is disappearing.

Darren Herle has a new long term project 'installing a canopy motor.' If anyone sees a T-BIRD flying around with the 'top down' we'll know he's not finished. MCpl Mark Pigeau has just discovered that his house is located directly above the main fuel line from the Gov't Dock to the base. This could explain the drilling crew hanging around his place. NAH, he wouldn't would he??

Boyd Russell bought a boat to take his daughter fishing and now that she's gone home he has put it in dry dock for the winter. Ernie MacAlpine is still the 'TOAST' of the Sqn, but we're going to be in trouble next spring. His 'short timers calendar' is getting shorter at an alarming rate. Wayne Hartin is making plans for a trip to Lahr -- Germany for Christmas. Wonder what Santa has in mind for him there? Wayne looks at it as a house-hunting trip. Good Luck 'PRECIOUS.'

Mike Jameson and Rainer Roedger are so used to working in the dark that they tried riding in it as well, much to the dismay of the local 'SNOOPS.' We'll ask them to 'ENLIGHTEN' us on this one. No 1 Crew servicing welcomes Eric Rheame from 2 Crew and Pte Steve Wain who is on his ATAT rotation through VU 33 while Chuck Roy is doing the same thing in Brake and Wheel.

Al Nantel got an all expenses paid trip to 'Speedy Creek,' Saskatchewan recently to recover one of our replacement Trackers from CFB Summerside which was experiencing magneto problems. MCpl Harry Weeds is still on the recovery list and is sorely missed. Hurry back Harry, we need you.

2 Crew welcomes Kent Storie from 1 Crew and Dave Graham from Summerside. MCpl Keller is back from his TD trip to Shearwater chock full of information on T-Birds and Trackers. Sgt Grubwieser has been spotted on several occasions moonlighting as a supply Tech. Mark Pilon and Troy Jaggard are together again on a 'Shark Ball' course (sea survival). Rumour has it that Trevor Jones, for no apparent reason, has suddenly stopped chasing cars. Could it have something to do with the fact the Ernie has stopped selling factory reject donuts. With PER season starting again, Jamie Bull has agreed to answer all your questions on how to fill our your draft information sheet.

Aircrew

The dust has settled from the big push for MARCOT 89, and the emphasis has shifted from fleet support to leave and courses. Between the Soccer Nationals in Montreal, the Space Operations Course in Winnipeg, the ALSEO Conference, hunting season and leave, the upstairs is nearly empty for the month of October.

The Squadron was, however, able to field a team for the recent Mess Dinner, and it was a great opportunity to meet and talk to the Commanders of MAG and MARPAC.

Helping to round out the October schedule are two Tracker exchanges as aircraft 156 heads into storage in Mountain View in anticipation of the phase out of the Service's last "steam driven", oil breathing, round engine type. It will be a sad day indeed. At least, on the positive side, we still have Ron Franklin to provide the unit with real life war stories and high value entertainment. Hang in there, Dad!

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On and off base

Hallowe'en costumes: new look, old problem



During the past decade the 'look' of Hallowe'en has changed dramatically. But the newly developed synthetics on the market which have changed the look make fire safety precautions an even more important part of trick-or-treating.

The following are a few hints and safety precautions provided by your friendly, neighbourhood base firehall to make your Hallowe'en a happy and safe one:

Check for a flame-resistant label on store-bought costumes and material. Handmade costumes can be flame-proofed by dipping the fabric in a solution of 2.5 litres (2 quarts) warm water, 200 millilitres (7 ounces) Borax, and 85 millilitres (3 ounces) Boric Acid. Drip dry and iron to preserve flame-resistance. This

must be repeated after each washing.

The ease of ignition, rate of flame spread, and ease of extinguishment of a garment are dependent upon the fibre and fabric from which it is produced and upon the garment's design. The following list groups textile fibres with respect to their burning characteristics:

1. Fibres that ignite easily, burn rapidly, and are difficult to extinguish include cotton, linen, rayon, cellulose acetate, and acrylics.
2. Fibres which are difficult to ignite, burn slowly and tend to melt include nylon, polyester, polypropylene and spandex.
3. Fibres that will not continue to burn once the ignition source is removed include modacrylics (e.g. verel, dynel),

saran, and cordelan.

4. Fibres which are difficult to ignite and tend to self-extinguish include wool and silk.

The fire hazard associated with clothing is also influenced by the construction of the fabric. For example, light weight fabrics tend to burn faster than heavier weight fabric and loose open weave fabrics burn faster than tightly woven fabrics. Moreover, flames tend to spread more quickly over fabrics that have a raised fibre surface such as flannelette.

The Flammability properties of garments produced from the same fabric may vary considerably depending on the design of a garment. Loose and flowing garments with wide sleeves, skirts and ruffles can contact ignition sources more rapidly once ignited. Close fitting garments, however, with cuffs and fitted waists are less likely to contact ignition sources and will burn more slowly. Folds or creases in garments will act as chimneys to accelerate the flames, while belts act as firestops slowing the spread of flames.

Choosing garments made from fibres, fabrics, and designs which burn slowly or self-extinguish, particularly for age groups susceptible to clothing burns, can help reduce the incidence and/or the severity of clothing related burn injuries. The selection of costumes made from fibres which burn slowly and tend to self-extinguish would also help reduce the fire hazard associated with them.

To light up your Jack-o-lantern this year use a flashlight instead of a candle.

NOTE: Fireworks are not allowed on the base or in PMQ's.

In Appreciation

To all 442 Sqn and Base personnel who helped us in our time of sorrow, we wish to express our gratitude for the loving care and support shown us after the loss of Mike Corneau: a loving husband, son, and brother, and a dear friend.

Special thanks to: Capt Louise Neil, Cpl Darren Thordarson, and Paulette Roy for standing by us at Vancouver General Hospital; Capt Kathie Cutland, MWO Lorne Parkin and LCol Cloutier for taking care of all other arrangements; May Veilleux for his Christian Love at the funeral service and to all other 442 Sqn and Base personnel for their presence. We will always remember your thoughtfulness.

May God bless each one of you.

Melise & Nathalie Corneau, Doug Godden.

442 Squadron

Snake—charmers



The Squadron's Snakecharmers have certainly been on the move lately, with a handful competing in various Regional and National sporting events.

Dave Devries took a short ride to Chilliwack for the Pacific Region Soccer championships. Dave is now in St. Jean for the Nationals.

Anne Davey and Robyn May travelled to Carp recently for the Servicewomen's Fastball Championships where the team placed third.

Dave Biskey, Guy Godin, Maurice Leger, Kirk Waugh, and Shayne Fedosenko visited Shearwater for the Servicemen's Fastball Championships where they finished fourth. Shayne also managed an all expense paid trip to Kansas City to represent Canada in an international military baseball competition.

Also going places was Mario Roy who was lucky enough to enjoy some time in Bagotville on his chopper course and a

northern trainer that ended in a fitter MRP to Pentiction — must have been a little off course!

An internal move saw Sgt Gary Boyd take over the reins in Maintenance while Sgt Charlie Gillis is now blessing One Crew with his presence.

Sean Morris and Capt Kathie Cutland had the opportunity to hike the West Coast Trail earlier last month. Unfortunately, some bad luck fell on Kathie (or rather she fell on some bad luck). On the last day, Kathie took a nasty slide, broke her ankle, and had to call on her own to rescue her.

Anne Davey was recently in Borden for a Recreation Leaders Course. I guess we now know who'll be OPI for the next sports day.

Congratulations to Tom Barker on his promotion to MCpl.

And finally, best wishes to Ben Therrien and his wife on the arrival of their little girl.

Like father, like son



A surprisingly common happening in the Canadian Forces, a son follows in his father's footsteps. Major Ed Peterson of Prairie Militia Headquarters in Winnipeg welcomed his son, Tim, to the Canadian Armed Forces. Tim, 22 enrolled in the Medical Officer Training Plan and is currently in second year Medicine at the University of Manitoba.

CF Photo by Cpl Chris McPhee

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On and off base

Base level education key to problems

Canadian society has been inundated with what has been called an 'epidemic' of drug and alcohol problems. DND is not immune to these problems. In 1982 a detailed survey showed that 24% of CF members drink at a level considered hazardous to their health. In addition more than one third of those under 25 years of age had used illegal drugs in the year prior to the survey.



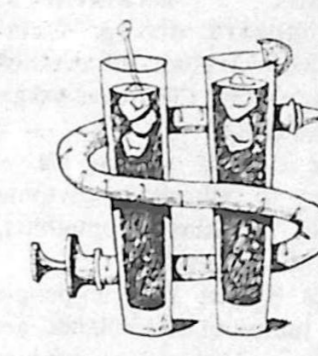
While an appreciable number of misusers have addiction problems (or alcoholism), most do not. There is overwhelming evidence to suggest that the majority of alcohol and drug misusers will moderate their behavior if:

- a. They have accurate information on the short and long term effects of alcohol and/or drugs.
- b. They work and socialize in an environment where misuse is discouraged and moderation or abstinence is encouraged and expected.

c. The availability of the drug in question is limited to specific places and times.

The Drug and Alcohol Prevention Programme (DAPP) is a programme designed to promote awareness of drug and alcohol issues throughout DND. It aims to tackle the problem of alcohol and drug abuse through education, through the promotion of satisfying lifestyles without reliance on drug effects, and through the creation of an environment where people do not feel pressured to use drugs.

The last meeting was held on 25 September at 0900 hrs. The UDECs were welcomed by LCol Anderson and Capt Chute, BDEC.



The purpose of the meeting was to form syndicates from various sections throughout the base to easily meet the demands of different work environments, and to relieve some of the tasks which had formerly been carried out by the BDEC and A/BDEC, Sgt Buttner.

Once the four syndicates had been appointed, the UDECs were briefed on UDEC responsibilities, job analysis, CF policy, DAPP reports, and resources in the CF and the local area.

Following lunch, the syndicates went to separate rooms to organize individual Prevention Educations Programs aimed at reaching everyone on the base with drug education information.

- Coming events include:
- 17 - 19 October UDEC Workshop (mini BISC). This will be a three day workshop to train new UDECs who have not yet had the Basic Drug Education Course (BISC).
 - 30 October - 3 November Lifeskills Course offered at CFB Comox. Contact Capt Chute (BDEC) at 8474 if interested.

Thank you

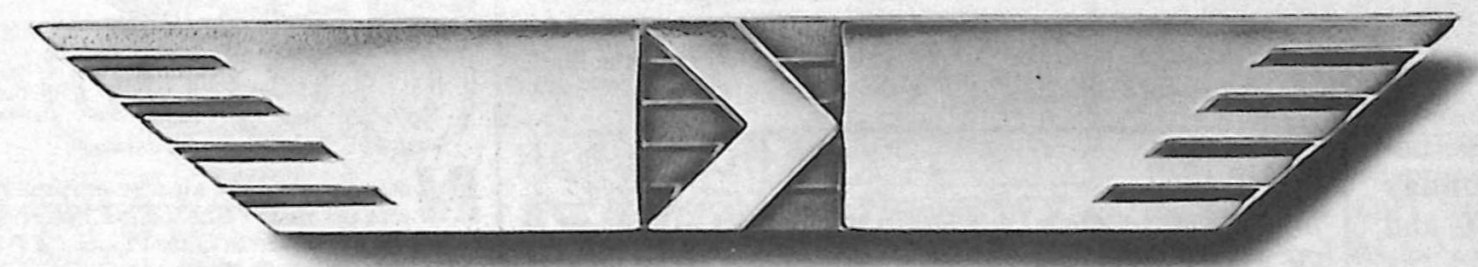
Joe and Rita Wuest of the Pewter Room Restaurant wish to extend a warm and grateful thank you to all personnel who patronized our restaurant. During the past 14 years we have grown from an indoor eating place to a dining room with a beautiful garden cafe as well.

Before we return to our homeland, we wish to say thank you CFB Comox, we truly appreciated your business.

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Recreation

UVIC & CFB Comox

The University of Victoria and CFB Comox are continuing to work together as students in the Leisure Studies Degree program at UVIC have been working at the Rec Centre at CFB Comox for several years now. New to the Gym staff this year is John Lait who will be doing Express testing and various other recreational programs until the end of December.



John is in his fourth year of his BA and he brings with him a strong background in Aquatics, so if you are interested in swimming, stop by the express testing room and let him know what your interests

are. John has been involved with spring board diving, scuba diving (yes he brought his gear), and weight lifting. He

has played water polo with Vancouver's English Bay Polo Club, and he is certified to teach Red Cross Swim Instructors, RLSSC Instructors, Springboard diving, Competitive swimming, all levels of learn to swim, CPR, and Adapted Aquatics.

He is living on base and is willing to talk about anything so just 'trip him or something, to get his attention.'

His biggest fear is people who jump out of airplanes, get drunk, and try to convince him that he should try it some time. "Sorry guys 10m is high enough."

Ladies golf with Vi

On Tuesday 3 Oct, Dubious Distinction was the highlight of the closing day for the ladies of the Glacier Greens Golf Course, which entailed teeing off from the Men's tees and a bonus stroke for each hole if you had 'only done' it that way! There was a good turnout for 18 holes and in spite of the dubious weather, all went well. Congratulations to Millie Hudson who shot an 89 for 1st Low gross, and to Pat Verchere, Runner-up with a 96. High net scores, in order, went to Elsie Downey, Ann Blake, Inge McArthur, Marg Wreggitt, Vi Wilander, and Rose McCliesh. For the Match Board competition Meg (Marg) Smith copped 'A' Flight and Kay Banks took 'B' flight. Lorraine Courtmanche won the

National Pin Award, with Rose McCliesh being Runner-up. Nice going to Vi Wilander who won the overall Net for the Club Championship. Pat Verchere had the lowest score for the Ringer Board and the Most Improved was achieved by Lorraine Courtmanche by a tie (CB). Pat Verchere also claimed tops for the most number of birdies and chip-ins. Following golf there was a Putting Contest and Millie Hudson came forward with 14 putts. To climax a great season of golf and sociability, an enjoyable dinner at the Pewter Room was followed by the presentation of plaques, prizes and awards by the Captain.

Let's meet again in 1990 for more and better golfing. Cheers!

Vi Wilander

AEROBICS



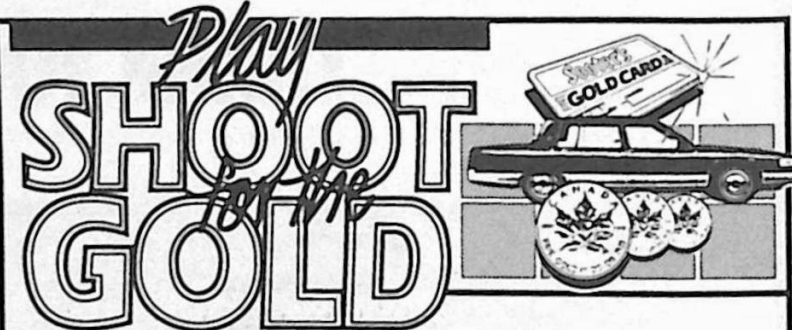
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What if you're hurt playing sports

If you are a serviceman or servicewoman and are injured while participating in an aerobic activity, what happens to your pension? Are you entitled to a medical pension?

This topic was addressed in a recent Personnel Newsletter, Number 5/89. Individuals are encouraged to read this article for further information. They should also protect themselves by ensuring that all recognized aerobic activities in which they partake, are listed as part of the prescription when they complete the Annual Express.



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Recreation



Team hits skids -- drops 3 in a row



After enjoying a successful start to the season the Silver Totems have suddenly hit upon hard times as they dropped their last three starts. Throughout this string of losses coach Tom 'Professor' Esler has had to contend with early season injuries, T.D., AND A POWERLESS POWERPLAY. Despite the setbacks Coach Esler and the team remain optimistic on the Silver Totems repeating as Pac Region Champions.

Port Alberni
Comox ran into an ambush when they travelled to Port Alberni as they fell behind early in the first period, 2-0. The host team notched 4 more in the second to increase their lead to 6-0 before the Silver Totems finally found the net. Comox won the third period 2-1, but it was a case of too little too late as Port Alberni dumped Comox 7-3. Flying Bill Todd provided all the offence

as he registered the natural hat trick, the second such hat trick for the Silver Totems this year.

Campbell River
CFB Comox hit the road again for their next contest, this time to Campbell River. The teams were even at two at the end of the first period with Boyd Russell and Kamikaze Joe Meyers scoring for the Silver Totems. Campbell River exploded for two goals 13 seconds apart in the middle frame, Joe Meyers replied for Comox to narrow the gap to 4-3. Penalties proved to be costly in the third period as the home team converted on two power plays, then added an even strength goal to round out the scoring.

Nanaimo
The Silver Totems returned to the friendly confines of Glacier Gardens for their home opener as they hosted the Old Tubbers from Nanaimo. The visitors held on for a 5-3 victory.


visitors grabbed a 2-0 first period lead when they scored early and late. Comox had several excellent chances but were unable to score as the puck took several strange bounces. Ted Norrie put the Silver Totems on the scoreboard when he backhanded a shot into the net, Meyers and Bale assisting on the play. Nanaimo regained their two goal lead before the period ended. Strange bounces continued to haunt the Silver Totems in the final stanza as the Old Tubbers increased their lead to 4-1. Joe Meyers then scored for Comox on a great individual effort. A costly giveaway by the Silver Totems helped to increase Nanaimo's lead 5-2. A delayed penalty call resulted in Comox's final tally as Boyd Russell scored on a three way passing play from Bale and Barry Howell. The visitors held on for a 5-3 victory.

Parting Shot

Sorry Paul you do not receive credit for an assist on Nanaimo's goal. Boydy, that was a rather large opponent you ran into on the ice, not the Zamboni. There is no truth to the rumour that a member of the coaching staff has turned puck shy after being struck in the head with a puck. It is also

a falsehood that the puck struck him in the head when he 'outsated' his own shot and was hit when he turned to see where the puck was. There is truth to the rumour that Stan Lawless was the cause of Wayne Hay's injury, Stan knew it would get him more ice time.

by Gerry 'Bones' Fairbrother



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Rec Centre info

Squash championship

The Pacific Region Squash Championships will be conducted at CFB Esquimalt on 14 — 16 November. Categories of play are:

1. Open — three
2. Senior (competitors must be 40 years or older) — one
3. Female — one

CF personnel who wish to participate are asked to contact the Rec Centre at Local 8542.

Men's volleyball

Anyone interested in playing or coaching the Men's Volleyball Team is asked to contact the Rec Centre at Local 315.

Wanted hockey players over 45

Are you over 45 and tired of being a couch potato? Then why not come out on Sunday nights 1800 to 1900 and join Duke Reid and the 'OVER THE HILL GANG' in 'JUST FOR FUN' hockey. No prerequisites required ... just show up at Glacier greens.

Having a party? Give us a call.

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Gym closure

The gym floor will be closed on Friday 20 October from 4:00 pm to 8:00 pm and on Saturday 21 October from 8:00 am to 5:00 pm due to a Volleyball Tournament.

All weight rooms and change rooms, however, will remain open for users throughout this period. For further information contact MCpl Rothermund at Local 8315.

Squash anyone?

CFB Comox recreation centre has booked squash rental time at Courtenay Recreation Association. Any MILITARY members wishing to play should contact the CRA at local 338-5371, 24 hours in advance. To register your name and for additional info, call the Rec Centre local 8315.

Men's volleyball

Anyone interested in playing or coaching the Men's Volleyball Team is asked to contact the Rec Centre at Local 315.

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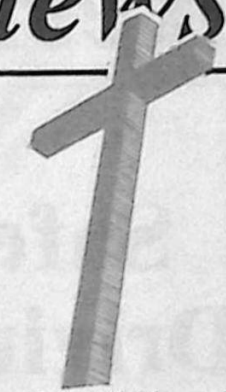
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In recognition

CF news



The BTSO, LCol Mack (centre), was on hand to present retirement certificates to some BTSO personnel. From left to right: Sgt E.M. Crites, WO R.R. Pearce, Sgt R. Cameron, and Sgt D.J. Sulek. Happy going guys!



At a recent ceremony, COL McGee presented CD's to (L-R) Sgt D.P. Hand, MCpl J.M. Bentley, and Sgt J.J.M. Brauner



Col McGee, BComd (third from left) presented clasps to CD's to (L-R) Capt R.G. Green, WO F.T. Connel, WO R.H.J. Drouillard, MCpl C.D. Levy, and Sgt E.A. Kruger.



COMOX JUNIOR LEADERSHIP SEMINAR 8901 LCol Bennet, directing staff, instructors and candidates. Front row (L-R) Cpl Rowe (BTND) CWO Doherty (BCWO) LCol Bennett (CG 407 Sqn) MWO Reid (ARAF) Sgt Tremblay (7 Sqn) Cpl Fleet (407 Sqn) Rear row (L-R) Cpl Miller (442 Sqn) MCpl Curtis (BAMSO) Cpl Levesque (442 Sqn) MCpl Bourne (BFoods) Cpl Haines (Bsup) Cpl Higdon (Bsup) Cpl Holowaty (Dental) Cpl Hamel (BAMSO) Cpl Jobin (BCE) Cpl Wman (407 Sqn)



Cpl A.M. Randall receives her UN Peacekeeping medal from Col McGee after serving 6 months in Namibia.



LCol Mack presents 2Lt K. Larke, BTfc, with her commissioning scroll.



LCol Mack pins a CD medal on a grinning Cpl R.H.J. Frizzell, BAMSO.



Mr. David Logan accepts a special medal and plaque from the Base Commander, Col McGee, for completing 35 years in the Public Service.



Col McGee makes a special presentation of the RCAF March Past to Maj Blakely, Officers' Mess PMC.

General Crerar's caravan restored



Flanked by a Harley dispatch motorcycle, General Crerar's caravan occupies centre stage during its dedication at CFB Shilo.

CF photo by Sgt Bob Thompson

Once just a rusted out shell, the personal caravan used by General H.D.G. Crerar as Commander of the First Canadian Army in World War II is now a shiny newly-restored vehicle residing majestically in the Royal Canadian Artillery Museum at CFB Shilo, Manitoba. The caravan was ordered scrapped following a clandestine move back to Canada. But it was just left in a junkyard in Tillsonburg, Ontario, before being purchased in 1980 by Dr. William Gregg, a collector of vintage military vehicles. In 1986, Dr. Gregg donated his collection, including the Crerar Caravan, to the RCA Museum at Shilo. The caravan was ugly, rusty, and bare but conceals some magnificent stories yet to be told.

"If inanimate objects can have souls, this caravan has" said Dr Gregg as he gazed at the caravan admiringly. "I will not attempt to offer any explanation in reporting that many grown men have wept with emotion on entering the caravan. They say the ghosts of history are still there." Morgan Motors in Brandon, Manitoba was commissioned to restore the caravan, built originally by Car Cruiser caravans of Haves, Middlesex, England. The non-public funded project began in the Fall of 1988 of 22 Sept 1989 the fully-restored vehicle was unveiled in an emotional ceremony at CFB Shilo. Gen Crerar didn't live to see his wartime "home on wheels" reincarnated but one of his staff officers did. Lt-Gen W.A.B. Anderson, presently the Col Commandant of the Royal Regiment Canadian Artillery, was a young Lieutenant-colonel serving as the First Canadian Army's General Staff Officer, Grade One, Operations. At the dedication ceremony, Gen Anderson confessed he may have slept in the caravan once or twice himself. He said, "Gen Crerar never knew," but with a twinkle in his eye and a reverent gaze skyward, he said, "I guess he does now".

Up next for the RCA Museum at CFB Shilo is a project to construct a new building to house the Gregg Vehicle Collection. Obviously, the General Crerar Caravan will be the main point of attraction. *by Lt(N) B. Burns*

CAF lends hand in Caribbean

Ottawa--The Minister of National Defence, the Honourable Bill McKnight announced 27 Sept that the Department of National Defence (DND) will continue to support relief efforts in the Caribbean in the wake of Hurricane Hugo. Canadian Forces assistance is concentrating on restoring critical public utilities and providing dependable air traffic control service for up to thirty days, said Mr. McKnight.

All DND personnel and equipment for this relief effort were airlifted from CFB Trenton, Ontario to the islands of Antigua and Montserrat using three C-130 Hercules aircraft flights. CF personnel participating are self-sufficient in food and accommodation for an initial 30-day period.

Gravesite rescue

On the morning of 3 October 1946 Capt William Westerfield taxied an American Overseas Airlines (AOA) DC-4 airliner out onto the airfield at Stephenville, Newfoundland, for departure. On board were 32 passengers and a crew of seven bound for Berlin. They had left New York the day before planning to refuel in Gander, but poor weather caused the overnight diversion to Stephenville.

The big plane rumbled down the runway and was quickly enveloped by low cloud. The flight lasted only minutes. Watching the tiny dot disappear from the radar screen 10 miles east of the airport, the controllers suspected the worst and began to coordinate the rescue efforts.

A 21 year old Newfoundland, Mr. Francis Walsh, was assigned the job of leading the ground search team into the fog covered hills to look for possible survivors. Six hard hours later the crash site was located but no one had survived the impact into Hare Mountain. For days the search team stayed on the hill and helped investigate the accident and identify remains. Rugged terrain prevented the removal of any of the victims or wreckage so a tiny mountain gravesite was erected. Flowers were thrown down and a funeral service held overhead in a circling aircraft for those few

relatives who came to say goodbye.

One of the passengers on the ill fated DC-4 was Mr. Alva Marley of Long Beach California. He was an employee of Coca Cola Company on his way overseas to establish Coke distribution for American Base Exchanges in Germany. The job required a great deal of time away from his wife, daughter, and two sons, but he was looking forward to their move to Germany once he had things prepared. They did not know he was on this flight.

It was a life long ambition for his daughter, Dixie, and sons, Jack and Bill, to see the final resting place of their father. They had never been to Newfoundland. The family had learned of the tragedy in 1946, from a California press reporter and no funeral service was ever held. Dixie was then 21, and the boys ten and eight.

Fourteen months ago Dixie contacted Francis Walsh, now retired and began planning their visit to Stephenville. With assistance from Mr. Roger Simmons, MP for Burin-St Georges, permission was obtained for 1032 Rescue Unit to fly the Marley family and Mr. Walsh to the remote crash site last July.

Nearly overgrown by bush, the 39 weathered, wooden crosses, many of which had fallen down, still registered the magnitude of the disaster on that beautiful hillside. The Marleys were moved by the serene cemetery but disappointed that the metal nameplate identifying their father's cross was among the few that could not be located in the thick scrub. With persistence, two crew members from the Labrador helicopter eventually located the small inscription bearing the name Alva Marley. The family was pacified, after nearly 43 years, to finally gaze upon their father's grave.

A short time after the sobering flight to the mountainside, the engineer, WO Ian Murray, came up with an idea to refurbish the gravesite. New crosses were made, tents packed, and in late August five volunteers from 103 RU camped for three rain soaked days restoring the location. The nameplates were mounted on new white crosses, the underbrush was cut back, and the perimeter rock fence was realigned and painted.

The Marley children had fulfilled their lifelong ambition, and today the mountain gravesite they viewed stands restored as a continuing memorial to their father and the other 38 victims of this terrible aviation tragedy.

Many thanks to WO Ian Murray, MWO Lou Vautour, Cpl Andre Rodrigue, and Sgt Paul Pitcher for their work and their thoughtfulness. *by Maj G. Y. Smith*

NORAD's cooperative spirit

The North American Aerospace Defense Command (NORAD) has been a classic example of Canada-U.S. cooperation for over 32 years. Recently, members of the Canadian Forces serving at NORAD Headquarters and their families experienced yet another indication of this cooperative spirit which has characterized NORAD since its inception.

This time, however, the co-operation in question involved the Canadians, the Colorado Springs Chamber of Commerce and the State legislature, as well as our military forces.

In August 1986, the State legislature passed a bill which permitted serving members of the U.S. armed forces and their dependents living in Colorado to be considered residents for the purpose of attending state colleges and universities. However, the wording of this particular bill excluded members of the Canadian Forces and their dependents from doing the same. In other words, Canadians had to pay the

considerably higher nonresident fees amounting to several thousand dollars more annually for those enrolled. The State legislature and testified before the Senate House Committee on education. At the same time, the Chamber of Commerce was able to lobby individual members for their support. "The Chamber of Commerce members were terrific," said Lt-Gen Partington. "They were determined that Colorado would be as fair and equitable to NORAD Canadians as our provinces are to NORAD Americans. It was a great expression of the spirit of our alliance."

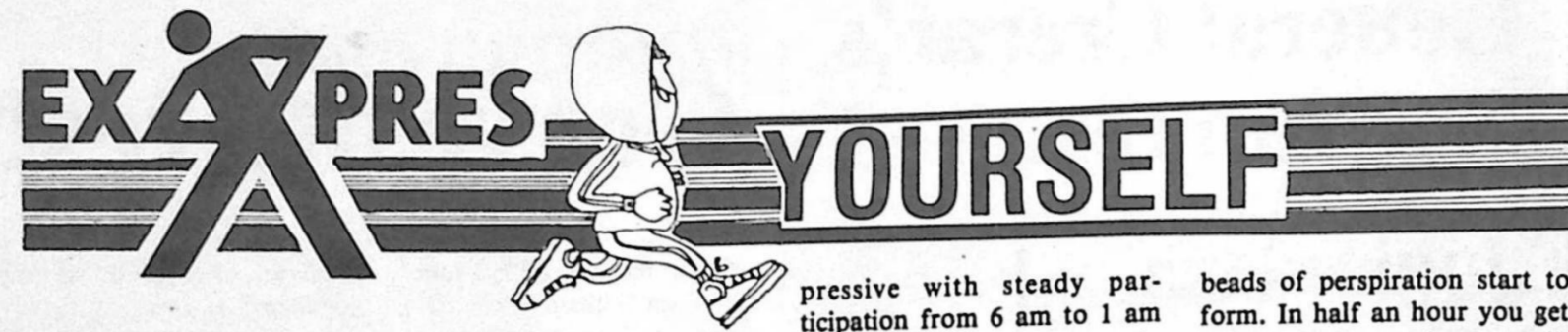
Finally, on June 6, 1989, the Governor of the State of Colorado signed into law a bill which granted to members of the Canadian Forces serving in Colorado and their dependents the privilege of in-state tuition status.

"This change in the law will affect only a few of us here," said Lt-Gen Partington, "but its impact is significant. It says a good deal about the excellent reputation established by our predecessors over the years, and of our responsibility to sustain it."

Lt-Gen Partington addressed several interested groups within

Recreation

Safe Driving Awards



Being a civilian working in the military gives one an excellent chance to view two different styles of life.

Inside the barbed-wire fence, life is routine and regimented. You are told what to do and you do it. In a few words — life is easy. Outside you must be self motivated. The world is unpredictable and you live life on the whim of trend.

One of the biggest trends to hit the outside has been fitness evaluation. People have been in a fitness trend for close to ten years, and exercise and fitness have become the 'thing to do.' More recently the catch phrase

has become 'how fit.'

My experience with Victoria's Oak Bay Recreation Centre has shown me people are willing to pay a great deal to know how fit they have become; some are willing to pay up to fifty dollars for a thirty minute evaluation and an additional thirty minute counselling session. So great is the demand that the facility has viewed the increased awareness in fitness as a long term trend and has included a two hundred thousand dollar fitness studio in their recent renovation. Response to the new facilities has been im-

pressive with steady participation from 6 am to 1 am daily. Rarely are you able to do a work out without having to wait for equipment.

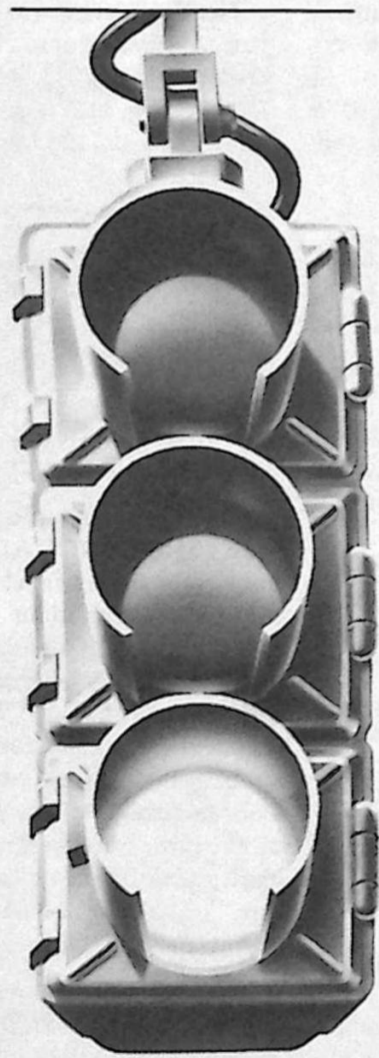
Meanwhile, back inside the chain link fence the gym has a few die hard fans, but tends to be less utilized than one would expect. Up in the express room lots of people come in for their yearly express test. More than a couple state they dislike being evaluated, and that they only do it because they are required to. Why is this, I wonder? It can't be that the test is hard, as even the least fit person can complete the test in half an hour and is required to stop almost as soon as the first

beads of perspiration start to form. In half an hour you get weighted, measured, you walk up and down three steps for from three to twelve minutes (the better shape you're in, the longer you step), you squeeze a hand thingy called a dynamometer, you do some pushups and some situps, and you get to talk to me (what a bonus!). No needles, no doctors, none of the scary medial stuff. And it's FREE! You had best not let those outside the fence know how good you have it here or you are going to NEED the barbed wire, and armed patrols too!

by John Lait

INSURANCE CORPORATION OF BRITISH COLUMBIA

An expensive place to meet.



Each year, half of British Columbia's motor vehicle accidents happen at intersections. These intersection accidents took a toll of 13,000 injuries and more than 120 lives in 1987.

Even those of us who weren't directly involved were still hurt — because the costs of intersection accidents add to the premiums of all motorists in the province. Clearly, we've got to stop meeting like this.

That's why ICBC and police departments throughout the province have joined forces in a major program to combat B.C.'s crisis at the crossroads. The purpose of our "Use Your Street Smarts" campaign is simply to remind drivers of some basic survival rules they may have forgotten in the rush to beat traffic:

- Don't run yellow, and especially red lights.
- Stop tailgating: give the car ahead space to stop suddenly.
- Take it easy when entering any intersection, especially when turning left.
- If there's any doubt about the right-of-way, yield graciously.
- Avoid unsafe lane changes and illegal turns.

If any additional reminder is required, extra police enforcement will be watching intersections closely this fall.

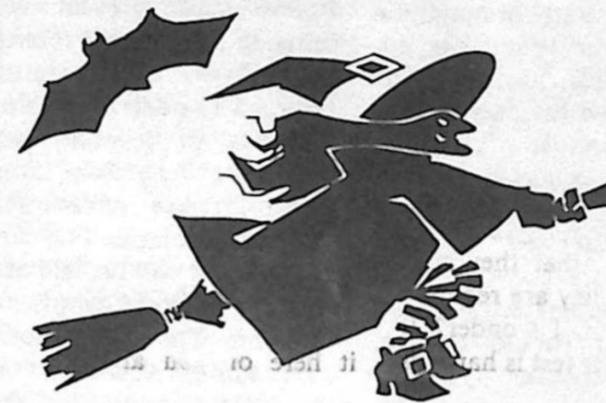
ICBC
Together, we can drive insurance costs down.

Junior Ranks Mess

Upcoming events

Junior Ranks Luncheon 27 Oct

Sign up at the Mess prior to noon on the 24th. Lunch will consist of roast beef with all the trimmings and wine. Cost \$10.00



Hallowe'en Dance 28 Oct

2000 hrs till 0200 hrs

Music provided by Much Music Video LIVE from the mess. Wear your costumes, you could win a prize. See yourself on TV. Cost \$5.00 for members, \$6.00 for guests.

Remembrance Day 11 Nov

Opening at noon with a light lunch. Entertainment will be announced later. Check the Remembrance Day paper for more details.

No, it's not Hallowe'en!

It's time again for the

Ms. Gay Cup Pageant

24 Nov — begins at 1800 hrs. Applications for contestants available at Jr Ranks' Mess Office. Entry is free! Entertainment by D.J. Candu. Open to all ranks, see you there.



A lot of fun was had last year by 300 or more people who laughed their way through the whole evening. Lasy year's winner was from the Jr Ranks — but competition is expected this year from the other messes.

Flag football 25 Nov

East vs west. Sign up at the Messes. Beginning at 1300 hrs with the same rules as last year.

Grey Cup 26 Nov

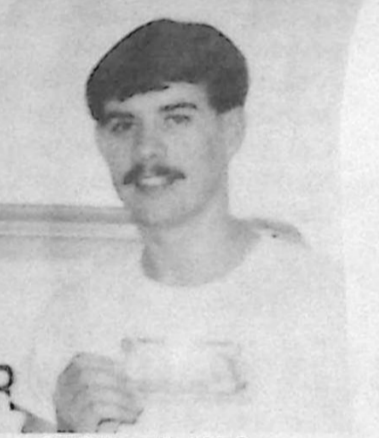
Starting at game time. There will be back to back TVs. Munchies available.



MCpl Bob Ritchie, 442 Sqn



Mrs. D. Dakley, Canex



Cpl Thibeault, 407 Sqn



MCpl M. Learn, BTpt



Pte Watts, 407 Sqn

Cpl B.S. McKieve
Base Transport

On and off base

Would you fire Einstein?

Learning disabilities don't disappear when people leave school, they just create a different set of problems in the work place, says a Simon Fraser University researcher.

"The same learning disabilities that lead to forgotten homework, sloppy handwriting, or poor reading in school can resurface as problems with time and records management, inability to cope with new technology, and inappropriate behavior in the work place," says Sharlene Lazin, a sessional instructor in Simon Fraser's faculty of education and a consultant in adult learning disabilities.

Creative 'right-brain' thinkers, whose ingenuity and inventiveness business needs, are most likely to have learning disabilities, Lazin says.

"There seems to be a perception that learning disabilities are related to mental handicaps or mental retardation," she says. "This is not so. In fact, learning disabilities more often afflict people of higher intelligence. Albert Einstein was

learning disabled."

To help administrators discover if employees are in Einstein's category, Lazin has created a list of behavioral symptoms. It includes the employee who makes an innovative leap in solving a problem, but cannot write or present it adequately; displays excellent interpersonal communication skills but cannot keep track of his or her business records; or who has been hard working and effective for a number of years, but is unable to adjust to a newly computerized workplace.

"There are ways to address the problem," Lazin says. "Assessing disabilities, clarifying the precise area of difficulty, and evaluating specific job performance areas affected is an important first step. Then you can look at the level of assistance that the employee requires. It may mean remediation of basic skill deficits or developing productive compensatory strategies. Counselling on all staff levels

with a focus on stress reduction, innovative task approach, and performance enhancement is another positive step. "Administration and personnel departments must recognize that some of the problems they experience with their employees are not due to lack of effort, or to carelessness, but to genuine learning disabilities.

"Caring employers, and those who look for optimum productivity, have already recognized the value of such things as drug and alcohol abuse assistance programs.

"Learning disabilities may be just as detrimental to the success of a business, if not more so, and deserve consideration and action.

"Many businesses have given corporate support to physical fitness programs, but cognitive fitness may be even more conducive to corporate health.

"After all," Lazin says, "no business can afford to give Einstein the pink slip."



A group of concerned citizens from various communities on Vancouver Island have organized a major forestry event on 27 and 28 October in Nanaimo.

The State of the Island Conference is an examination of the relative 'state' or condition of Vancouver Island, its adjoining islands, its forests, its creatures, and the presentation of sustainable resource management concepts.

The event is sponsored by the 'Other Forest Users' who feel that there are economic and scientific reasons why forests management should change. Keller notes that the organizing committee has no political affiliation or hidden agenda. "We are concerned citizens whose only purpose is to present alternative strategies for sustainable resource management, not only for the

forest and its related industries, but for the benefit of Tourism, Wildlife, Salmonid habitat, Native concerns, and recreation.

Ralph Keller, chairman of the organizing committee, said, "This is not just another Forestry bashing event. We're bringing in respected foresters, technicians, and scientists from all parts of North America to present, make arguments for, and actually demonstrate alternative forestry techniques."

The event will be held at the Beban Park Complex in Nanaimo. The Conference will cost \$28.00 (advance) and \$10.00 for each workshop. Daycare is available. For information write: The State of the Islands Conference, Box 986, Station A, Nanaimo, B.C. V9R 5N2 or phone: 758-1177.



John Rochester from 407 Sqn, recently promoted to Sgt, looks over the landing gear on an Aurora.

Homicide in the home

Ottawa—Think of home and the words that usually come to mind are those like love, happiness, comfort, security. But in many instances in our society, home is the site for the worst kind of family violence.

From 1974 to 1987, Statistics Canada figures show, people related by marriage, a common-law union or kinship were involved in 2,975 (about 38%) of all homicides solved by police. In eight of every 10 of these incidents, the killing took place in the home of the victim or the suspect.

Men who killed their wives or common-law partners were the largest single group involved in these homicides over the 14-year period, accounting for 37% of all incidents. Wives and common-law wives were responsible in 12% of cases, fathers in 11%, mothers in 9%

and a child of the victim in another 9%. Homicides by a brother or a sister, aunts, uncles, cousins, or other relatives accounted for the remaining 22% of incidents.

There is another tragic aspect to the figures on homicides within families: the killers often take their own lives immediately afterward. Men who killed their spouse or child were most likely to commit suicide following such slayings. In the 1974-87 period, 31% of those men who killed their wives, 19% who killed common-law partners and 24% who killed their children took their own lives after the initial slaying.

A firearm was the weapon most frequently used in all family homicides, accounting for 37% of the victims. Stabbing was the second most common cause of death (23%)

followed by beating (21%) and strangulation or suffocation (10%).

Alcohol or drug consumption was cited by police as a factor in some 30% of all family homicides from 1974 to 1987. Incidents involving alcohol by itself declined from 47% of cases in 1975 to 21% in 1987. Evidence of drug involvement stayed at about 5% of cases throughout the 14-year period.

Native people (status and non-status Indians, Metis and Inuit), representing only about 3% of the national population, accounted for 23% of the suspects and 22% of the victims in these family homicides. Fully 66% of the homicides with Native victims involved alcohol consumption by either the victim or suspect or both.

by Tom Mitchell
Statistics Canada

ROBERT BATEMAN

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GALLERY

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Who in their right mind would pay \$27,000 for a Volkswagen?

If you still think a Volkswagen is just a small economy car, wait until you see the new Corrado. It has a 1.8 litre supercharged engine, with a top track speed of 225 km/h, an ABS anti-lock braking system and an automatic rear spoiler. From the aerodynamic exterior to the ergonomic interior, the Corrado is a German-engineered purebred.

Who would pay \$27,000 for a Volkswagen? If it's a Corrado, you'd be out of your mind not to.

VW Corrado

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Province

Crime victim Assistance available in B.C.

Compared to many places in the world, British Columbia is a safe place to live and work. We have the freedom to go most places in the province, knowing that our police forces are vigilant, effective, and trustworthy.

Still, every year some quarter of a million British Columbians become the victims of crime ranging from vandalism and residential break-in, to assault, sexual abuse, and murder. For anyone who has come home to a burglarized house or had to identify an attacker in a police line-up, the need for victim services is painfully clear.

But responding to the plight of crime victims is more than a needed service, according to Carol Shaw, coordinator of victim assistance programs in the Ministry of Attorney General. It is an important cornerstone in the effective administration of justice.

"To function well, our system of justice relies on victims of crime coming forward to report to police and to testify in court," says Shaw. "Their role in the justice process is a central role and we need to provide the support and encouragement that acknowledges their importance and helps them be effective."

As well, victim services can help victims recover from traumatic, often violent, experiences and in some cases, help them obtain relief or reparation for the damage caused. This provides an added dimension of 'justness' to the justice system.

The provincial government's victim assistance programs are multi-faceted, addressing a

range of situations faced by crime victims. They are funded either through the Ministry of Attorney General or Solicitor General, depending on whether the program is police or corrections-based (Solicitor general) or court, Crown counsel or community-based (Attorney General).

Perhaps the greatest single need of victims is information, says Shaw, information on what they must do to report crimes, what will be expected of them as witnesses, what happens to their recovered property, or if they can expect any compensation from any source.

The provincial government has established a Victims Information Line, accessible free of charge from anywhere in the province by dialing 1-800-VICTIMS (842-8467). If a woman has been beaten up by her husband, or if the house has been broken into, the information line can advise the victim on appropriate courses of action. Information-line staff can provide referrals to other helping agencies or guide the victim in finding a suitable lawyer, if that is what's needed.

Police-based victim assistance programs are operated from within a number of police forces around the province. Funding is provided by the Solicitor General's ministry, often in conjunction with the municipality, to provide front-line practical assistance to victims in dealing with the immediate effects of the crime.

Again, the most significant need at this point is usually information, says Shaw.

Often, Victims need emotional support and information on where to receive legal advice, financial assistance or counselling. In many cases, the help can be strictly of a practical nature, with cleaning up after a particularly destructive burglary or being provided information on how to safeguard against future incidents.

Specialized support programs recognize that certain types of crime — family violence, sexual assault and child sexual abuse — traumatize victims more than other crimes. These crimes may inflict a particularly severe violation of the person; assistance requires a sensitive approach.

For many of these victims, the prospect of reporting the crime can be frightening and they often turn to community agencies for help initially.

Specialized support services provide the sensitive emotional support which victims of violence and sexual abuse need. Some programs are able to provide a crisis response and ensure that immediate needs such as medical treatment are taken care of. The programs also help victims in reporting incidents, provide referrals to counselling agencies, and accompaniment and support as individual cases proceed through the justice system.

In most criminal cases, victims become witnesses in a

court process that is often complex and not always clear in what it expects of them. For traumatized victims, the prosecution process can be especially important and, for many, an integral part of the recovery process. Crown-based victims programs help prepare these victims for their role as witnesses, advising them about the court process and supporting them through it. These programs also provide referral services for other kinds of assistance, such as counselling.

Crown-based programs are operated out of the offices of Crown counsel. Currently, five such programs are in operation.

Volcanoes--ring of fire

Dr. Catherine Hickson, a volcanologist with the Geological Survey of Canada (GSC) thinks that there will most likely be a volcanic eruption somewhere in Canada's West Coast mountains within the next one hundred years.

And this is not surprising because our West Coast forms part of the "Pacific Ring of Fire", a belt of volcanoes encircling the Pacific Ocean. Probably the most famous recent eruption in the North American part of this belt was the 1980 eruption of Mt. St. Helens in Washington, an event which destroyed the top of the mountain.

Twenty-four hundred years ago, but recent in terms of the geological clock, Mount Meager, 160 km north of Vancouver and part of this same belt, erupted explosively. It has a long history with frequent eruptions and this suggests a future eruption is possible, says Dr. Hickson.

Mount Meager is one of the more than one hundred volcanoes that have been active in British Columbia over the past million years, and one of a dozen in the last thousand

years.

Volcanoes can have major environmental effects on both climate and soil. Ash particles thrown into the atmosphere absorb some solar radiation and reflect and scatter the sun's rays. This may prevent heat from reaching the earth's surface so the atmosphere cools. Dust clouds can also reduce the amount of sunlight and disrupt the earth's wind system which is influenced by temperature difference. The 1883 Krakatoa eruption reduced solar radiation for three years.

Although their catastrophic effects are more familiar, volcanoes can create new land formations and beautiful scenery. Volcanic ash and rocks also produce fertile soil because they contain high percentages of essential plant nutrients and trace elements necessary for growth. They also act as a mulch, enabling soil to retain its moisture. At one eruption site, fertile soil developed on a basalt flow within thirty years.

On the other hand, plant growth can be temporarily stunted or killed by poisonous gas emissions. Of course, any

humans and animals living close to eruptions can be in grave danger.

In Canada, we do not specifically monitor our volcanoes, however the GSC's extensive seismic networks would record any tremors produced by rising magma.

Although volcanic activity cannot be predicted with absolute certainty, monitoring of its aftereffects can provide vital information for subsequent planning for the surrounding area. Eruptions can start off a whole range of destructive activities.

For example, lahars (an Indonesian term for volcanic mudflows) are a concern because some of B.C.'s mountains are covered by glaciers. During an eruption, hot magma could melt the glaciers, and lahars result when the volcanic material becomes mixed with water. Such lahars hurtle downslope at speeds as high as 40 metres a second and travel as far as 150 kilometres, destroying everything in their paths. They can silt rivers, block salmon runs, and water purification systems, and fill in dam reservoirs.

Public announcements

Oktoberfest Volkswalk

The Comox Glacier Wanderers are having their Oktoberfest 10km Volkswalk on Sunday 22 Oct. Starting time is 9 am to 1 pm from the Courtenay House Hotel. Everyone is welcome to join us on this Courtenay walk. For more information please call 339-3861.

Drive defensively

A Dependant's Defensive Driving course is to be held at MSE Safety section (Bldg 22) on 22 and 23 November. This is an extremely worthwhile, **COST-FREE** course for all dependants who hold a valid B.C. driver's license or learner's permit.

Call MSE Safety (8263) to ensure your dependant is enrolled as the classroom can only accommodate 30 people. The timings are as follows:
22 Nov 1830 - 2130 hrs
23 Nov 1830 - 2130 hrs
For any inquiries, please call 8263.

Come blow your horn!



You don't have anywhere to blow your horn? The Comox District Concert Band practises every Tues. 7:30 to 9:30 pm, Courtenay Junior Band Room. Come and join us. For further information contact:
Pat Jackson 339-5091
Arlene Anderson 338-8870

CFB Comox SCUBA Club

Courses, from basic to instructor levels
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Cpl Richard Franke — 8657
MCpl Rothermund — 8315



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adventure training and more
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CFB Comox Wood Hobby Club

With great enthusiasm the 1989/90 year is under way!

We're open: Mon — Thur 1800 to 2200 hrs
Sat 1000 to 1700 hrs
Sun 1200 to 1700 hrs

Come out and join us or just take a look. You don't have to be an expert, we have supervisors ready and willing to offer assistance.

For more information call:
339-8542 (during Hobby Shop hours)

or
Steve Quinn Loc 8535/339-0680
Brad Shipley Loc 8487/339-4680

Apple Day Reunion

1st Lazo Scout Group will be participating in Apple Day on Saturday 21 Oct. Apple Day is an annual event to raise funds to help support the district and its camp, Gilwell Park. The Beavers and Cubs will be going door to door in the PMQ area, and will be at Canex and Goods this Saturday between 10 and 2. The Apples are "sold" on a donation basis — whatever you wish to contribute. By supporting the District you are also supporting 1st Lazo — your donation will be appreciated.

BBB warns:

Anyone receiving circulars from World Cruise Inc. regarding cruises to the Grand Bahamas should beware. This agency has been cited for misrepresentation and unsatisfactory service from the Better Business Bureau of Canada.

CFS Mont Apica will be closing its domestic site in the summer of 1990. To celebrate this occasion, festivities are scheduled for the Friday, Saturday, and Sunday 13, 14, 15 Apr 1990.

All military and civilian personnel having stayed in CFS Mont Apica since 1952 are invited to participate in these celebrations and to renew friendship with old acquaintances.

Even if limited, lodging should be available at the Station for a more than reasonable cost or in region's hotels at normal cost. (Mont Apica is 45 minutes from nearest town). First come, first served.

To commemorate the closure of CFS Mont Apica a souvenir album will be prepared. To this end, photos or anecdotes would be appreciated and welcomed. If you can help, please send the latter to the attention of the station controller as soon as possible.

The OPI for the closing ceremonies is the station ADM officer, Capt Daniel Migneault. He can be reached at GP line 621-4305, NTAS line 269-3405 or commercial line 418-467-3411, ext 305.

Ah-choo!

Allergy injections will be given to CF members every Monday to Thursday from 1330 to 1430 hours.

Hockey

Local Old Timers hockey team is looking for hockey players over 30 years of age. For information contact:
Walter Brodie
Box 1304
Comox, B.C.
V9N 7Z8



LEGION LOG

BRANCH 17 COURTENAY

ENTERTAINMENT

Fri & Sat Oct 13 & 14..... Music by COUNTRYMEN
Fri & Sat Oct 20 & 21..... Music by DUKE'S
Fri & Sat Oct 27 & 28..... Music by PHIL BROWN
Fri & Sat Nov 3 & 4..... Music by EL DORADO

REGULAR ACTIVITIES

BINGOS—Thu, Fri, Sun at 7:00 PM

MONDAY..... FUN EUCHRE
TUESDAY..... PUB DARTS
WEDNESDAY..... LEAGUE CRIB
THURSDAY..... FUN DARTS
FRIDAY..... TGIF & MONEY DRAW AT 6:30PM
SATURDAY..... FUN BRIDGE AT 12:30

"MORE PLAYERS WELCOME"

Phone 334-4322 (days) for more information

EVENTS

SUNDAY OCT 29 -- Fun Crib Tournament -- Upper Hall, everyone welcome, registration 12 to 1 pm.

NOW OPEN SUNDAYS.....12—7 PM

BRANCH 160 COMOX

ENTERTAINMENT

Fri Oct 20..... Music by WESTWIND
Fri Oct 27..... Music by ALLEYCATS
Fri Nov 3..... Music by THE DUKES

REGULAR ACTIVITIES

SUNDAYS..... Lounge 2-6 pm
MONDAYS..... Men's Dart League, Navy Room, 7:30 pm
TUESDAYS..... Ladies Crib League, Lounge 7 pm
Mixed Dart League, Upper Hall, 7:30 pm
WEDNESDAYS..... Navy League Drop-In Bingo
Upper Hall, 7 pm
THURSDAYS..... *1st Br. Exec. Mtg. 8 pm
L. A. Exec. Mtg. (as req.)
*2nd L.A. Gen. Mtg., Upper Hall, 8 pm
*3rd Br. Gen. Mtg., Upper Hall, 8 pm
FRIDAYS..... Meat Draws, 2-6 pm
Dance, Lounge, unless advised
SATURDAYS..... Meat Draws, Lounge 2-6 pm

SPORTS

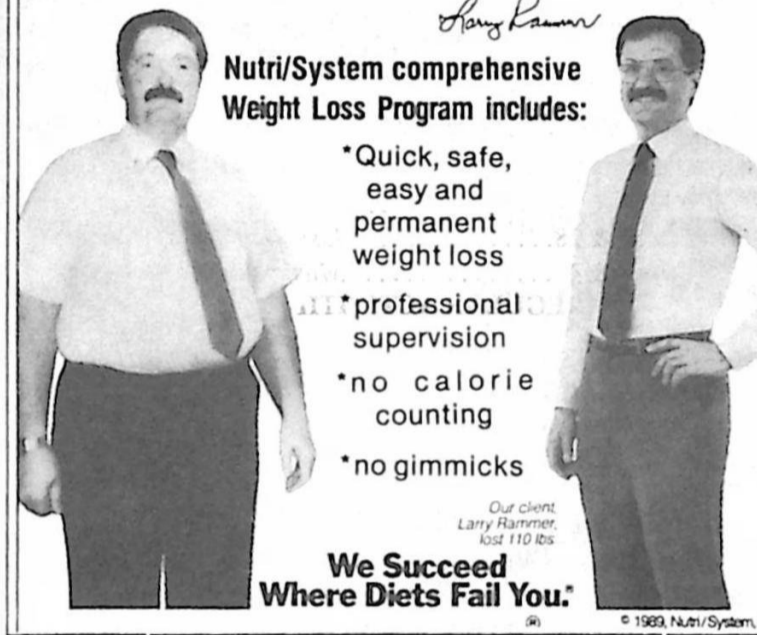
SUNDAY NOV 5--Monthly Crib Tournament, Upper Hall, 1pm start, reg \$5, members & guests.
SUNDAY NOV 19--Monthly Euchre Tournament, Upper Hall 1pm start, members & guests, reg \$5.
CURLING (Ordinary & Seniors) Legion Provincial Competitions, Sports Officer All Cameron will accept Team (rink) entries in either Ordinary or Senior categories during October & November. Age limits for seniors is now restricted to those members over 50 years. For more info call 339-2022.

EVENTS

Saturday Oct 28--Poppy Blitz in Comox, 10am
Wednesday Nov 1 Poppy Trays go out to businesses, outside the mall, and wreath canvas starts.
Nov 1 to 4 Comox Legion Ladies Auxiliary will man a booth in the Comox Mall with L.A. and Branch members with Poppy Trays & display from 9am — 5pm. The L.A. will canvas CFB Comox Nov 1 at 10am and St Josephs Hospital later that day.
Friday Nov 10 -- Members Night, open to all members of Br. 160, details to follow
Saturday Nov 11 -- Remembrance Day, parade, 10:30am

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United Way
continued from page 4
organizations, like the CNIB, which help members of the military and their dependents. The Visiting Homemaker's Association in Ottawa, for example, provides homemaker services to military families

frequently. Often, the mother is ill or incapacitated while her husband is away on duty, although services are also provided to new mothers and those with special needs children. The association has served CF members with terminal illnesses or those with

retarded children. As military personnel do not generally qualify for provincial allowances for low income families, virtually all of these services are subsidized by United Way contributions.

Canadian Forces members and dependents are also served in a variety of ways by organizations such as boys and girls clubs, distress centers, associations for the mentally handicapped, children's aid societies, youth services bureaus, Big Brothers, citizen advocacy groups and family service centres.

It's easy to see that military people and their families do indeed benefit from United Way sponsored agencies. Although there is no guarantee that your contribution will directly benefit a member of the Canadian Forces, you can rest assured that it is being used for the betterment of all our communities, both civilian and military.

"I would appeal to the sense of generosity and citizenship of potential donors. We in the Canadian Forces and DND, both military and civilian, are fortunate to have steady jobs and good support programs, but many people do not," stresses Col Theriault. "These United Way charities contribute a lot to the quality of life in our community. United Way is a good vehicle for not only those who are down and out, but also those who require assistance of any kind."

This year's United Way campaign began 8 Sept and continues until 7 Nov.
by Capt Darlene Blakely

OFFICERS MESS

OCT/NOV '89 CALENDAR

FRIDAYS OCT 27 & NOV 3, 10, 17

REGULAR TGIF: Food as indicated 1700-1800 hrs. Free taxi. Ask at Bar.

WEDNESDAYS OCT 25 & NOV 1, 8, 15, 22, 29

OFFICERS COFFEE HOUR: Coffee will be served in the Lounge at 1000 hours. All officers are invited to attend. Dress will be dress of the day.

FRIDAY, OCTOBER 20

OKTOBERFEST -- Enjoy German cuisine and music. More details to follow. Watch for posters.

SATURDAY NOV 18

BLACK AND WHITE NIGHT: Theme: Black & White. Entertainment -- MESMER, "Canada's Foremost Mentalist". Menu--Chinese Food. Cost PER PERSON -- Members \$10, Limited Associates & Guests \$12. time 1900hrs. Reservations 15 November.

SUNDAY NOVEMBER 26

MIXED DINING-IN to honour retirees: Capt P. Murphy, Capt M. Vermette, and Capt H. J. Livingston. Cost PER PERSON \$25. Dress Mess Kit. Time 1900 for 1930 hrs. Reservations by 22 November.

WEDNESDAY OCT 25 & NOV 8 & 22

LADIES CLUB BRIDGE 7:30 in the Lounge

WEDNESDAY NOV 15

Officers' Mess Ladies' Club Craft Demos & Xmas Decorations
UPCOMING EVENTS FOR DECEMBER

1 Dec -- Mess Decorating Party

10 Dec -- Children's Christmas Party

Comment

Is Canada ready for the next big oil spill?

Canadian waters have not yet suffered a major oil spill, but staff at Environment Canada and the Canadian Coast Guard are trying to be as prepared as possible for an event like the *Exxon Valdez* spill off Alaska.

Environment Canada researchers are studying spills in an effort to develop better methods of responding to them, while the Canada Coast Guard maintains equipment and trained personnel that officials describes as "state of the art" for cleaning up oil spills.

However, Canadian experts say that there is no ideal clean-up system and that large spills — like the *Exxon Valdez* accident — may be impossible to clean up completely.

Mervin Fingas, head of the chemistry and physics section at the office of Environment Canada's Environmental Emergency Technology Division, says that the Division is conducting about 25 research projects related to oil spills. These include testing new

clean-up technology and studying the behaviour of different kinds of oil in cold water. By creating small controlled spills in arctic waters, the researchers are also gaining practice at cleaning up in arctic conditions.

Other scientists in Fingas' division are developing computer models that will aid in cleaning up spills by predicting how they are likely to behave, given different conditions of wind, water temperature, oil thickness, etc. They have also produced a catalogue of the properties of different types of spills.

There are several approaches to dealing with oil spills, but each has its limitations. Just after oil is spilled, when it is still thick on the surface of the water, it is easiest to burn it off. But once the oil gets dispersed into the water, burning it becomes impossible. Chemical dispersants can then be used, but they don't really work in cold water. Skimmers and booms can contain the oil

and remove it from the water, but can only clean up small areas at a time. The oil-eating bacteria that seemed to offer great promise a few decades ago have turned out to be far less effective than expected, and take too long to do their work.

"There is no big breakthrough in clean-up technology," says Fingas. "The method that works best depends on the conditions of the spill. But very large spills, in certain situations, can be next to impossible to control."

The Valdez spill was one of those. The oil formed a foam or 'mousse' of 90% sea water and 10% per cent oil, which has been particularly difficult to clean up. It can't be burned off, and it does not respond to the usual chemical dispersants.

"Canadian skimmers were one of the best things going at Valdez," says Capt M.S. Greenham, Chief of Emergencies for the Canadian Coastguard. As a result of the Valdez spill, the Coastguard is looking critically at where they stand and what improvements could be made to their protection plans, he adds.

Greenham says that Canada is in as good a position as any other country in the world to deal with an oil spill. The Coastguard maintains about \$35 million worth of emergency countermeasures equipment at 50 sites across the country. The U.S. Coastguard, on the other hand, relies on private contractors to provide the equipment when needed.

The Canadian Coastguard has a national marine emergen-

cy plan, under which there are regional and district plans, as well as site-specific contingency plans for harbours and ports, Greenham says.

Greenham says there is no really good clean-up system available, and nothing on the horizon. And existing equipment is very expensive to build and maintain. "A good piece of offshore skimming equipment costs \$1 million, and that's not including all the infrastructure and personnel required to operate it," he says.

by Lorraine Brown
Canadian Science News

Solution

C	H	A	S	M		A	R	M		S	H	E			
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Tues Oct 31 to Sat Nov 4

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