



TOTEM TIMES



Canadian Forces Base Comox B.C.

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NEXT DEADLINE MONDAY, DECEMBER 12, 1988

COST: PRICELESS

THE GREAT CANADIAN CHALLENGE

BASE COMMANDER'S MESSAGE

The Great Canadian Challenge is a challenge to stay alive! The Canadian Safety Council's slogan this year is all encompassing and that is what Defensive Driving is all about. Knowing and practicing one or two facts such as DON'T DRINK AND DRIVE and WEAR SEAT BELTS will certainly help prevent accidents and decrease your chances of injury; however, ALL rules of Defensive Driving must be practiced if we are to meet the Challenge and make each and every one of our trips a safe one.

In my opinion the key to meeting the Challenge is cour-

tesy! The courteous driver is always considerate of other drivers and will yield the right of way; communicate to other drivers using signal lights; obey traffic signs and lights and respect the other drivers' rights. To be a courteous driver one must have a positive attitude and perhaps this is the essence of the Great Canadian Challenge. I believe that if each and every one of us applied all the rules of Defensive Driving, 4000 Canadian lives can be saved each year - one of which could be yours!!

Take the Challenge and Stay Alive!



BAMS0 hockey team were winners in the 3rd Annual CFB Totem Charity Hockey Tournament. For more see page 13

A MESSAGE FROM THE PRESIDENT

I would like on behalf of the Canada Safety Council, members and supporters, to take this opportunity to invite all Canadians to participate in "THE GREAT CANADIAN CHALLENGE" the theme of our 33rd consecutive National Safe Driving Week Campaign.

"The Challenge" has two main objectives. Primarily, we want to challenge all Canadians to take the National Driving Quiz and test themselves on their knowledge or the rules of the road and collision-avoidance techniques. Secondly, we are challenging all Canadians to use our roads and highways with more caution and drive fatality-free for the week of December 1 - 7.

With over 4,000 Canadian traffic fatalities annually and more than 250,000 injuries and 750,000 property damage collisions, there is room for improvement. Human error is attributed to 85% of these collisions which means that most could have been avoided.

Adjusting speed to the surrounding conditions; use of seat belts and daytime running lights; actively encouraging and practicing "If you drink, don't drive" or "drive, don't drink" and always being 100% prepared to yield the right of way are methods each of us can practice to reduce the likelihood of being involved in a traffic collision.

Please take a few minutes to complete the quiz and check your answers. Use this opportunity to update your knowledge of the rules of the

road and defensive driving techniques. Each individual effort to "Take The Challenge" and apply the knowledge will result in increased road safety

for all Canadians! Encourage your friends and family to do the same.

Emile Therien
President

Take the National Driving Quiz

Answer the following questions True or False (T/F).

- 1) Drinking and driving is the number one cause of fatal traffic accidents in Canada. T F
- 2) Your chances are many times greater of being killed in a traffic collision if not "buckled up." T F
- 3) Statistically the month of December contains the highest number of motor vehicle fatalities. T F
- 4) At an unregulated intersection the vehicle on the right is required to yield to the vehicle on the left. T F
- 5) All factors being equal, cars with front wheel drive have better braking power than cars with rear wheel drive. T F

- 6) Driving with headlights on during the day increases your chances of being seen. T F
- 7) One method of protection against a tailgater is to increase the distance between you and the car in front. T F
- 8) When passing it is best to get within a car length of the vehicle you are passing before you pull out to overtake. T F
- 9) When confronted with a head-on collision it is better to drive off the road than to hit the oncoming car. T F
- 10) At least 35% of all motor vehicle collisions could not have been prevented. T F



Grey Cup Festivities were in full gear last weekend. See page 14 for all the details.

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OUR NEXT DEADLINE IS MONDAY, DECEMBER 12, 1988



SECTION NEWS

Demon Doins

AIRCREW

As I look at my watch I see that the big hand is on the twelve and the little hand - well, the little hand is missing.....actually, I don't really see that big hand either.....as a matter of fact, I don't know where my watch is: But I'm pretty sure it's time for more Demon Doins.

One of the Crew 2 chaps recently recorded an unserviceability simply as "serviceable during flights, unserviceable in air," signed the "navcom." The rather unexciting nature of this defect led all concerned to believe that it was, in fact, the Navcom who was unserviceable, - a problem not altogether uncommon in Navcoms after long flights.

The Crew 3 SubBusters returned from an OMS serial with news that their wrestling star and sometimes Navcom Semi-Demi God, Lt Darren the Baron Von Skruja, hit the skids big time while in Armpit. Apparently, Darren, who maintains a rigorous training schedule for 364 days of the year was seen sipping a quarter litre of wine from a brown paper bag. Later that evening he visited an establishment known as the "Top Hat" where he reportedly consumed upwards of three beer. When confronted with the incident in question he replied, "Hey, it was my day off, all right?"

Here's what happened to Lt Mike Savard of Crew 4 this week. The Avon lady came calling on Mike one day, took a good look at him, and asked if his mother was home. Mike became so distracted by this comment he threw the poor woman out, and in doing so kicked his Tonka dump truck which in turn ran over his favourite G.I. Joe doll. Later in the week Mike went with Capt Warren Wightman in Warren's medium-to-high-but-mostly-high-risk vehicle, for a day of skiing. A lot of fun was had atop Mt Washington, but not too much fun since some time was spent looking for Mike's ski, which of all places wasn't on Mike's foot!

The squadron is currently missing some key personnel. Lts Bert Fenton, Scott "Maytag Repairman" Geunther, Tom Norris, and Mike Verville are currently on the ADAC course in Halifax...Fenton, Geunther, Norris, Verville? Actually, the squadron's doing pretty well as far as key personnel goes.

The Crew 6 Terminators sadly report that Sgt Taz the Tasmanian Devil, crew mascot and all round swell egg, has gone missing in action. The Terminators are willing to pay big bucks for Taz's safe return, so any information concerning the little fella should be directed to Crew 6. A crew

spokesman warned that nobody could be held accountable for what Taz might do after an extended period away from the crew, and reiterated what every Bugs Bunny fan already knows, that "the Tasmanian Devil is the most vicious creature in the whole bloomin' world."

During the weekend of Officers' Mess won the Mud Bowl thanks partly to the great support and superior effort by members of Crew 6 and Crew 2. John "Biff" Allcott, who later admitted to being one of the all time greats, spearheaded an awesome team effort which crushed the opposition 20 to 0. A good time was had by all, not so much by the players who got cold, wet and muddy, but by the people on the sidelines who sampled various soothing alcoholic potions during the entirety of the match.

407 (MP) SQN DEMON TECH OF THE MONTH

Pte Blair Kennedy has been selected as Demon Tech of the Month for Oct 88.

During Oct Pte Kennedy has shown outstanding initiative and motivation, spending many extra hours building a working scale model of the BRU-12A Bomb Rack. Recognizing the diagrams in the CFTO as being confusing to the new technician, he built a working, see-through model of this Bomb Rack to aid them in their learning. This is of great value to the technicians as they can now see the mechanical operation of the rack, as well as reducing possible errors during re-assembly after maintenance. Pte Kennedy's sense of responsibility and initiative have helped to maintain the overall effectiveness of the squadron, making him a deserving recipient of the Demon Tech of the Month.

3 CREW RAMBLING FOR THE MONTH

October has been a hectic month for all of 407 Sqn Servicing personnel with MARCOT and Fincastle. Many thanks to the Greenwood techs for their help and what would we have done without 3 Greenwood A/C, of course we sent them home in good condition.

Another minor miracle was pulled off by 3 Crew techs-the quickest "flap changers" in the West, now how does that big bladder come out through such a small hole?

Congratulations and welcome back to WO Warriner who went down under for the Fincastle competitions as a "Sgt" and returned with elusive crown, "and he doesn't like margarine." Also welcome back to Curly Meltz sporting an Australian tan.

As for additions to 3 Crew we welcome Sgt Ervin who

took 2 months to arrive from Eng Bay - apparently he got lost in New Zealand looking for a prop. Another new member Sgt Mike Gariepy who came from CFB Greenwood to support our Old Timers' Hockey team.

Gone to the Eng Bay our senior member Cpl Cooper. It's been a short 7 years Coop. Thanks for your loyal support. All the best.

Other personnel factuals....3 Crew athlete of the month, Limper Lee, is on light duties for a while. Cpl Phillips is in the market for a good pair of used specs-tinted preferred. The real world is hard to see. Flying Foss is just winding up his F.E. training and headed for downtown Petawawa. MCpl Johnson was finally accepted for advance training in 404 Sqn. Cpl MacEachern will be glad to see somebody from home-he has 2 wks to go on his JY training. We also miss MCpl Rob Lee and Pte Reade who are on course in Greenwood for extended periods.

Another absentee from 3 Crew Sgt Coffell apparently bagged an elk and is looking for bigger game in Debert-where is that? Never heard of a Debert elk let alone Roosevelt deer. Happy hunting Owen.

In closing 3 Crew personnel acknowledge those who served before and gave the supreme sacrifice. We do hold the torch high. Lest we forget...

407 ARMAMENT

Greetings once again from 407 Armament. With MARCOT officially in the history book, things have returned to semi-normal. Let's dive right in with the travel portion of the programme. Returning from the land of Aus was Sgt Steve Watts, the Armament Fincastle rep. Congratulations to the Fincastle crew on their silver medal finish. Not to worry folks, as they say in Maple Leaf Gardens annually, "Wait'll next year." Cpl Dave Oakes is in Borden on the XG/9L course. Going to that other Aurora place are Sgt Ron Mulesa and Cpl Steve Redgwell on their weapons system course. Have a blast guys. There is a fair chance Pte Blair Kennedy might be going south to Subex country, maybe.

Now on to the heartbreaking section. To the utter dismay of MCpl Roger Woodward (alias Woody) his trip to Adak was cancelled. Nobody knows your headache more than this reporter. More disappointment befell Sgt Dan Fowler and Cpl Jean Marc Gagnon when their Christmas shopping trip to Moffet was canned. Still more pain was experienced by Pte Todd Giles who took off from Comox and upon landing couldn't help but notice that North Island had a lot in com-



Congratulations to Cpl Gordon. Cpl Moore Gordon was presented her promotion on the 15 Nov 88 by Maj Clarke. Cpl Gordon is an IS Tech working at 407 Sqn Servicing.

mon with Comox, right down to a VIP spot in front of 7 Hangar. Sobs and heavy sighs.

In other late breaking stories, Cpls Jason "the Shop Invalid" Froese and Tom MacInnis were banished to maintenance. Time to dig out those coveralls guys. Pte Richard Lamothe is headed for the pen to join Sgt Jim Zotek and his torpedo magicians. A big 407 welcome to Cpl Mike Turner who was recently posted in. Mike can be found frequenting 1 Crew hangouts. Farewell to MCpl now Mr. Bud Englund on his retirement from the CF. Good luck in your future endeavours. MCpl Anne Warren has been seen frequenting the shop of late, (searching for a new position). This has some people quivering and steering clear of the powers that transfer (internally).

Up and coming big events will see this year's Christmas Party being held at the Washington Inn on Dec 9. There should be plenty to report after that affair. Rumour has it the Arm't Slow Pitch team for 89 has booked practice time beginning in early January through to opening day. They are also in the market for a team physician. Nothing to chance this year eh folks.

407 AMCRO
Now that the election is over, we all still have jobs (good ole Brian), and we made it through yet another war, it's time for a radical change in thinking. You may ask what I mean by that last statement. Well, I'm not quite sure, like most everyone else around here I don't think, I just do as I'm told. Perhaps we should rebel and try thinking for a change, dare to be different. On that note let's change the subject.

Has anyone noticed how stormy the weather out there has been lately? The stormy weather hasn't affected us too much, for one thing we don't have windows yet (although we're in the process of making one) and for another, Neil, Pete and Capt G have been storming around the section noisily discussing flight safety. When you put the three of

them together Hurricane Hannah looks like a light summer breeze.

Every section needs a straight man, ours, not to be foiled is blessed with the forboding presence of Ralf Akerstream. Ralf's quiet, docile temperament coupled with the two MCpls he tries so hard to lead astray makes him a veritable seditionist.

On our away list this week is Anne Warren. She's headed back to base Bordon. Marilyn is still away. I heard she was feeling under the weather. Hope you're feeling better soon and can come back to work. Log control just isn't the same without you there to keep those other guys in line. On our prospective away list rumour has it that Pete may be going on TD. (The Great White North, of all places). We told him it was Hawaii so he would go.

One last note, now that Free Trade is inevitable, Josee is in the process of shipping her sister over to Canada from Albuquerque, New Mexico. Tax Free!!!

407 (MP) SQN PHOTO

Things are pretty quiet at 407 Photo as there is no one away on any exciting TDs. Cpl Jean Plante is on his JLC at Penhold, and MCpl Bob Davidson is on leave. This past week saw a major change in Air Photo Servicing, the nine servicing techs now belong to the ASO for a six month trial basis.

By the way, the rumour in the last photo article about MCpl Terry Wood looking for a pair of coveralls is totally untrue, so you guys in photo processing can stop smiling. Congratulations to Rob and Lori Granger on the news of an expected addition to their family. Really Rob, being a Daddy won't be all bad.

Noticing the Sgt Stan Lawless seems to have too much time on his hands lately, somebody in the squadron volunteered him for two more secondary duties: Sqn First Aid Coordinator and Hazardous Materials Coordinator. Lucky you Stan.

Hope that the next article will have more to report than was available at this time.



From The Top Rung

COL TED GIBBON

November was quite a month. There were so many major and minor events that involved us all, that it is no wonder the month passed so quickly and the Christmas season is approaching at a speed faster than one of 441's big jets. There were Luncheons and Mess Dinners for all ranks, the Remembrance Day activities that made us all pause to reflect on our contribution to an extended period of peace in our Country, the Elections in the United States and Canada that will shape our destiny for years into the future, the Grey Cup Game in Ottawa that really did let the West in and, among many others, our readiness EXERCISE that proved we are capable but we could be better.

One of the events that may not have caught your attention in the local municipal elections was the passing of a Referendum that declares Courtenay a nuclear-weapons free zone. Part of the commentary on that event published in a local newspaper was that it was not the intention to make CFB COMOX disappear - Search and Rescue is a big and valuable part of the Base's activities. Yup! Just as important as all the other activities that contribute to deterrence and demonstrate our resolve to be a free and democratic society. You can all hold your heads up and take pride in whatever endeavour you have been assigned at our Base. CFB COMOX is the largest single employer in the Comox Valley. With its 1700 personnel, it comprises nearly 10% of the workforce yet it contributes 25% of the total funds generated by the United Appeal. We maintain a trained team to respond to any radioactive emergency, regardless of its origin or location and will continue to do so since nuclear medicine will continue to develop and the transport of radioactive material by all methods of conveyance will, by necessity, remain a part of our communications network. As for all those other "activities" we must always keep in mind that it isn't a Christian ideal that our potential adversaries espouse when they say: "tis better to give than to receive."

You thought November was busy - stand by for December with Doug and the Slugs on the 3rd (if this doesn't come off then your calendar will have an additional event called the Kightley Charity or the Kightley Memorial), the Octagon Expedition Art Display on the 9th and all those traditional unit parties.

As always - if you drink, don't drive. Take advantage of the special effort each party organizer has made to preclude the necessity of doing so and remember where you find sympathy in the Base Commander's dictionary.

Finally, this is the season for giving. Be generous to the Sally Ann. They do your good work when you can't.

VANCOUVER ISLAND MULTIPLE SCLEROSIS SOCIETY DISTRICT SERVICES CO-ORDINATOR

This new part-time position is being established by the Vancouver Island Multiple Sclerosis Society in response to a need for increased direct patient services for those with multiple sclerosis in Up-Island communities.

Duties: responsible to the Health Services Co-ordinator for the provision of counselling, education, program development and other services in the northern part of Vancouver Island and should reside in that area.

Qualifications: B.S.N. or Medical Social Worker preferred. The successful candidate will have a strong background in counselling and/or community health.

Other Job Requirements: Car essential. Over-night travel may be necessary.

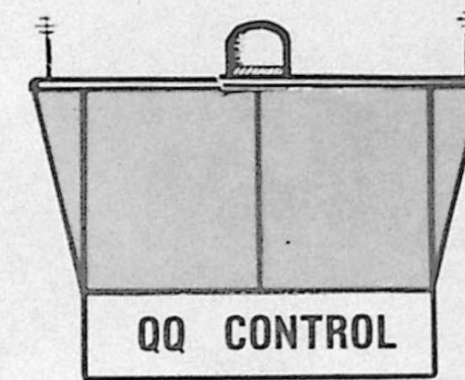
Salary: \$14.68 per hour.

Position Available: Early 1989.

Applicants please forward resume by December 15, 1988 to:

Executive Director
Vancouver Island MS Society
1004 North Park Street
Victoria, B.C.
V8T 1C6

AROUND THE BASE



As The Beacon Turns

I'll begin this week by welcoming Pte James Ray to the section. James joins us from a place across the Pacific - Chilliwack. James will conduct his OJT at Comox prior to proceeding to Cornwall for the QL3 course. It would hardly seem normal at work without a contingent of OJTs.

Herve Guenette has returned to Comox for a brief period before he sets sail for his new port of Shearwater. Herve has successfully completed the QL3 course and now joins the elite

force of BStands. Somehow, this next individual always manages to make it into the pages of this fine piece of journalism. WO Dave Tack informs me that he will be attending the VFR Controller Course in February. However, he will not venture out alone on this ordeal. By his side will be his trusty companion, OCdt Paul Fleury. Dave and Paul are sure to enjoy each other's company.

On the topic of courses, Sgt Pat Farrell leaves this week for

the intensive three week supervisor's course in Cornwall. Pat needs a break from making up those shift schedules.

Once again, a reminder of the ATC/Tech Christmas Party to be held Dec 3rd at the WOs & Sgts Mess. It promises to be another fine outing.

The powerful Base Ops Hockey team is still near the top of the league with a record of 10-1. It's quite a turnaround from the team of last year. The ATCWO probably wishes he had tried out for our team this year.

EMPLOYEE ASSISTANCE PROGRAM



WORK

Sometimes the reality of work does not live up to the expectations an employee has, resulting in boredom or frustration. Training and development opportunities can be restricted. It may be difficult to find qualified temporary replacements for employees for the duration of courses. There may also be limited resources available for self-development such as libraries, colleges and night school classes.

ENVIRONMENT
There are many people in large cities who are far more lonely and isolated than people who choose to live in northern and rural communities could ever be.

Alienation and isolation are all psychologically a part of loneliness. People can, because of distance from head office, feel cut off from communication or imagine that their needs are being misunderstood. In the extremely cold weather people are often confined to a limited space, and pressures, conflicts, and negative thoughts can mushroom out of proportion.

SOME SUGGESTIONS
More and more emphasis is being placed on recruiting people who are familiar and comfortable with the lifestyle of an isolated area. The process of acculturation may not be as demanding.

Some kind of orientation to community life and services can help diminish unrealistic expectations people may have.

Couples need to have good communication skills to prevent feelings, fears, and problems from getting out of hand.

It can help to find absorbing hobbies or interests that can be pursued alone or with other people.

Developing a support system and networking with whomever may be available can help create a sense of community. Support can come in different packages via the telephone or the mail, not only through personal contact.

Good living conditions and a safe work environment alone cannot thwart the effects of isolation. More and more attention is being paid to ways of meeting the human needs for self-respect, self-improvement, and challenge as well.



CFB COMOX - SERGEANT'S PROFESSIONAL DEVELOPMENT SEMINAR SERIAL 8802
LCOL MACK, DIRECTING STAFF, INSTRUCTORS AND GRADUATES

EDITORIAL



GRANT MACDONALD

A reunion of sorts has taken place on Canada's west coast over the past year, and in fact continues to this very day. But this is no ordinary Unit or Squadron reunion of old comrades-in-arms who served together many moons ago, perhaps during the last war. Instead, this reunion, (a most informal, and loose one at that!) brings together three flying Squadrons of World War II's 144 (RCAF) Wing, led at the time by W/C J.E. (Johnnie) Johnson, DSO, DFC, the RAF ace of Battle of Britain fame.

On February 13th, 1944, nearly 45 years ago, 441, 442 and 443 Squadrons, (RCAF) were formed into 144 (Fighter) Wing at Digby, Lincolnshire, in England, and began preparations for ground attack operations against German forces in nearby France. After only a month's intensive training at Digby, the Wing flew on March 18th to Holmesley South, in Hampshire, from where a first attack was launched on the 28th.

Flying Supermarine Spitfire Mark IX's, a newer version of the fighter used in the Battle of Britain, 144 Wing attacked Luftwaffe airfields and provided cover for RAF and USAAF heavy bombers during the pre-D-Day aerial offensive. Throughout April and May the Wing was kept busy, including many missions in May to dive-bomb "Noball" targets, the code-name given to the V-1 rocket sites being feverishly constructed by the Germans in northern France. Also in May, individual Squadrons from the Wing participated in exercises with the Army in preparation for the coming invasion.

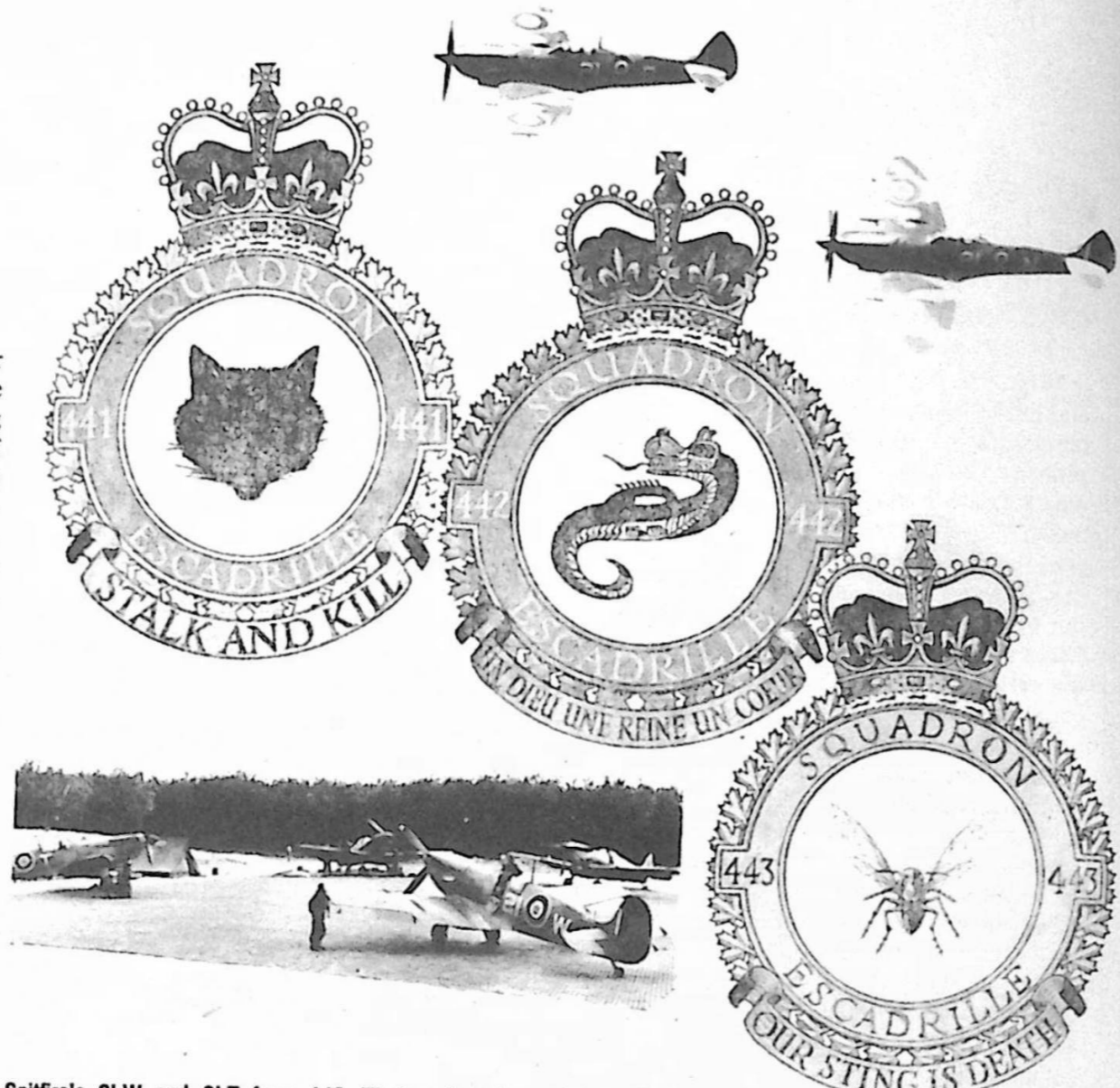
The last pre-invasion mission was flown by 442 Squadron

against a radar site near Fechamp on June 4th. The following day found 144 Wing covering the huge armada of shipping as it moved across the Channel towards the Normandy beaches, and late that night, the pilots were briefed for the invasion activity of the next day.

Flying from 0630 until 2200 hours on D-Day, June 6th, 144 Wing covered the landings throughout the day. Similar operations were flown each day in June as the beachheads expanded inland and the Germans withdrew. On the 15th, 144 Wing became the first Allied Wing to operate from French soil since 1940, as 442 Squadron landed and commenced operations from St. Croix-sur-Mer, followed shortly by 441 and 443 Squadrons.

The war-time story of 144 Wing is a short one, however, and a higher command decision on July 14th saw the Wing broken up and the Squadrons re-assigned, but here in Canada, some 44 years later, in 1988, they're back together, in a manner of speaking.

441 ("Silver Fox") Squadron now provides the detachment of CF-18 fighters based at Comox, and 443 ("Hornet") Squadron, operates a detachment of CH-124 Sea King helicopters from the decks of ships of Canada's Pacific fleet based in Esquimalt. Of course their other "comrade-in-arms" is here at Comox flying Buffalos and Labradors as 442 (T & R) Squadron, the "Snakes" of the west coast. Though no longer as closely linked as the "Vee" formations over Normandy, Canada's 144 Wing is flying today over Vancouver Island, as history in some small way, repeats itself, 44 years later!



Spitfire's 21-W and 21-T from 443 (F) Squadron located at Petit-Broegel, Belgium during March 1945.



The Classic Painting by Robert Taylor of W/C J.E. Johnson leading a formation of 144 Wing Spitfires over the beaches of Normandy on D-Day.



TOTEM TIMES

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OF GENERAL INTEREST



MILITARY POLICE

Over the years some classic lines have been written and spoken about the Military Police -- most of them aren't repeatable in a publication such as this newspaper. The following poem, written a couple of years ago by a CFB Chatham fourteen year old, is something we should all think about -- they're pros and they do a job that isn't always popular but is always necessary. The kid says it better than we've ever heard it said:

M if for the Money they never seem to net
 I is for the Increase they never seem to get
 L is for the Law they bend to help our kids stay put
 I is for the Inch they give; yet we always take a foot
 T is for the Trouble they keep us from awhile
 A is for the Anger they hide

behind a smile
 R is for the Reasons they use to clear our name
 Y is for the Years we've spent to try to bring them shame
 P is for the Price they inevitably have to pay
 O is for the Orders we give the meatheads each day
 L is for the Love we think they're never due
 I is for the Idiots who say "It's just their job to do"
 C is for the Chance for me to finally have my say
 E is for the Everlasting thanks I give to you today.

Put them all together; place their names close to your phone -- for that's the name you call when trouble hits your home; stop and take a minute, all you moms and pops - in times of strife you call two men - the PADRE and the COPS!



Capt Cossette, BSecur0, presenting a much deserved accelerated promotion to Cpl Porter. Congratulations Dave. It is the first and probably not the last.



BACKGROUND ENGLAND

The Corps of Commissionaires was founded in England in 1859 by Captain Edward Walter. The original group consisted of eight veterans, all of whom had lost an arm in the Crimean War or the Indian Mutiny. He obtained jobs for them through his friends in business. The Corps grew, and the men of the Corps were soon in great

Greetings from the CFB Family Support Centre at 119 Little River Road. We have had an active month starting with our volunteer's meeting of Nov 7 where we had representatives from the Military Police and clergy speak to us about their commitments in the community and how we could possibly assist them. We remind our volunteers about our monthly meeting on Dec 5 at 8 pm where we will have another slate of interesting speakers. Our Bread Dough classes are flourishing upstairs and are continuing into December. Many thanks to all who made it happen. We are always on the search for more volunteers. If you are interested please call 339-8654 or drop in weekdays from 9:30 to 2:30. Happy Holidays!

ADVANCED TRAINING COURSE

demand because of their loyalty, bearing, discipline and maturity resulting from their service in the Armed Forces.

CANADA

The Corps in Canada obtained its Charter in 1925 at which time three companies were organized; Number 1 in Montreal, Number 2 in Toronto and Number 3 in Vancouver. In 1936-37 the Corps was reorganized and spread to all major cities in Canada, each of which had its own Board of Governors, each autonomous but coordinated under a Dominion Headquarters.

Today there are eighteen Divisions (Member Corps) and

a National Headquarters in Ottawa, these eighteen Divisions are located in:

- Newfoundland (St John's),
- New Brunswick & P.E.I. (Saint John),
- Nova Scotia (Halifax),
- Quebec (Quebec and Montreal),
- Ontario (Ottawa, Kingston, Toronto, Hamilton, London and Windsor),
- Main-toba (Winnipeg),
- Saskatchewan (Saskatoon and Regina),
- Alberta (Edmonton and Calgary),
- British Columbia (Vancouver and Victoria).

The aim of the Corps is to provide meaningful and respectable employment for ex-members of the Canadian Forces and former RCMPolice.

WELCOME TO CFB COMOX FAMILY SUPPORT CENTRE

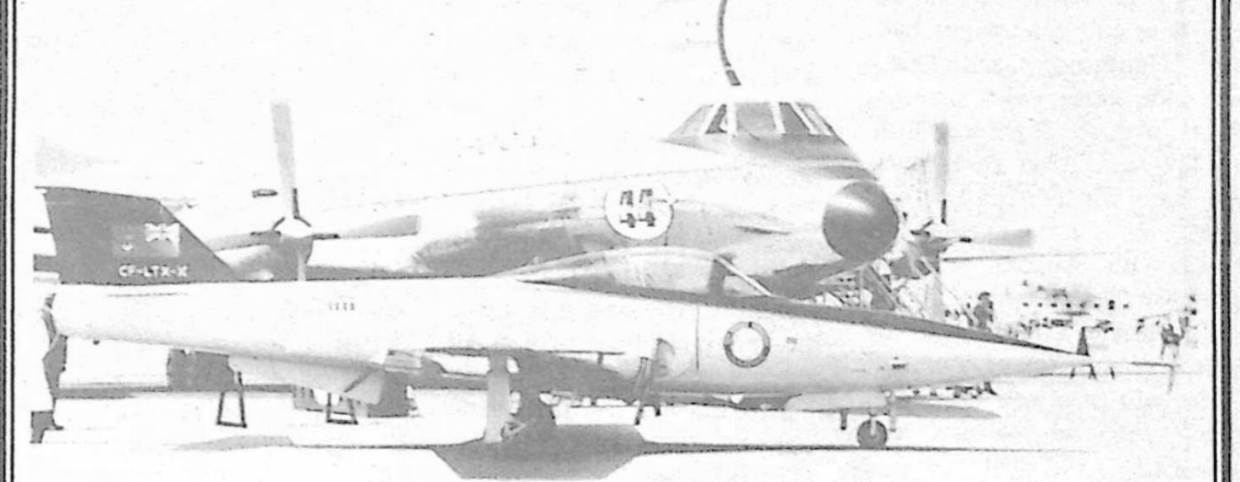
119 Little River Road
 LAZO, B.C. V0R 2K0
 PHONE: 339-8654
 HOURS: 9 a.m. to 3:30 p.m. Mon to Fri

- SERVICES AVAILABLE:**
- Financial Counsellors
 - Referral
 - Volunteer Information
 - Practical Problem Solving
 - Safe House
 - Babysitters List - Adult & Trained Teenagers
 - Bilingual Services Available

ALL SERVICES ARE CONFIDENTIAL DROP IN ANY TIME.

Air Force Trivia

WHAT WHERE WHEN WHY



Answer from Last Issue

TRIVIA ANSWER:
 This is a U-21A of the US Army. Initially procured for the liaison role, these aircraft were soon converted to EW and Elint duties.
THIS WEEK'S TRIVIA:
 Should be easy. After all it should look very familiar to just about everyone. What is the designation and what was it for?



SEE YOU AT THE LEeward!

PUB HOURS:
 Monday to Thursday 11:00 a.m. to 1:00 a.m.
 Friday and Saturday 11:00 a.m. to 1:30 a.m.
 Sunday 11 a.m. - 12:30 p.m.

THE LEeward NEIGHBOURHOOD PUB & BREWERY

good food!
 KITCHEN HOURS 11AM - 10 PM
 good times!

- country cooking
- rural hospitality
- reasonable prices
- clean air system
- brewing our own natural Leeward lager

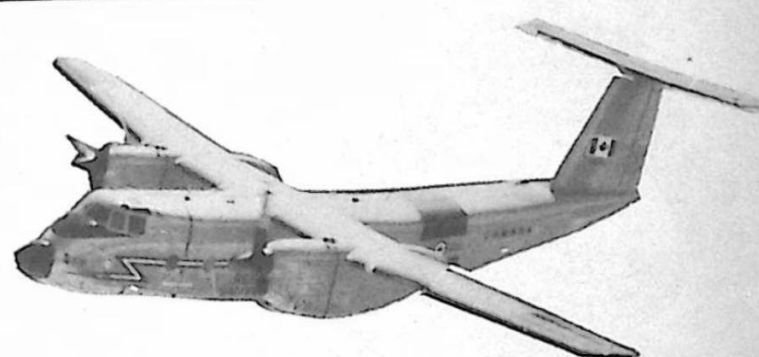
RESERVATIONS ARE REQUESTED BY GROUPS
 649 ANDERTON RD., COMOX 339-5400



SECTION NEWS



442 SQUADRON



SAR SUMMARY

On Friday, 11 Nov at 1930 hrs 442 Sqn was alerted because two cadets from Royal Roads Military College had not returned from a hiking trip on Mount Myra, near Victoria. Due to darkness and snow showers the Lab delayed takeoff until the next morning. The Buff was airborne at 2300 hrs and flew IFR to the area to conduct flare drops. This was also ineffective due to the intense cloud cover, so the Buffalo returned to base. Both aircraft were airborne again at 0600 hrs and arrived on scene at daybreak. After twenty minutes of contouring the mountain the Lab located, hoisted, and medevac'd the cadets who were suffering from hypothermia.

On the 21 Nov the Buff provided top cover for R-307 on a mission 100 miles (165 Km) west of Tofino. The patient, suffering from stab wounds, was hoisted off his ship and medevac'd to Victoria.

The day before the Lab was tasked to look for three hunters in the Adams River area of the Johnstone Strait. The On-Scene Coast Guard commander had WO Clements and Cpl Condly scuba dive on possible objects but nothing was found. Continuing the coast crawl R-307 located the overturned boat. The area was thoroughly searched with nothing else found.

FLIGHT ENGINEERS

Justice was recently brought to bear as Sgt Gary Kane received his customary last flight hose down. An all out fire hose and champagne bath for "Handsome Gar," that's his code name, who wrought havoc with the flight engineers of 442 Sqn. After stirring the pot here for two and a half years, he is now swelling his brain with Aurora technical tidbits in Greenwood, N.S. and will return to Comox and 407 Sqn on completion of course.

We will miss you Gary and thank you, but onward and upward.

Sgt Gord Cutler just finished his Sgt Seminar and has been seen on numerous occasions standing in the shadows with a note pad and a large grin.

Another member of our Sqn who is moving upward is Sgt Larry Brown, departing for Heres in Trenton after tours on the Twin Otter and Labrador and leading our section for a number of years.

MCpl Paul Caughy will move to the O.T.U. as an augmentee to help out the instructors in times of need. Congratulations to MCpl Tom Furlotte and wife Heather

on the birth of Angela, a sister for Melissa. From the 442 Sqn Engineers, please don't drink and drive over the Christmas Party season.

BUFFALO CHIPS

Well, here we are again looking into the realm of the "Flying Mack Truck" crews. It has been really quiet as of late until that rare, white elephant (B-707) arrived and deposited our resident DFS desk jockey, Ron Hilborn, on our doorstep. As he was looking like an abandoned baby we naturally took him in, put him in a flying suit and sent him off into the wild blue yonder. We don't know how long he will be with us as his return flight has been cancelled. His boss told him to hitchhike back but Ron said he'd rather wait out the winter here and catch the next service flight. (Anyone going to Ottawa?)

Once again the big yellow banana was called upon to perform a cross-Canada personnel run. This time it was to take the Lab crews to Halifax for their "Dunker" course, Searchmaster course students and instructors to Cornwall and CC-115 AOI conference attendees to Trenton. On arrival, after three days on a fixed wing aircraft, the Rotor-Heads were described as "Charlie 4, undetermined," (SAR lingo).

It was nice to see Capt Griffiths back from his "mile-a-minute" Searchmasters Course and it's good to have Robin Barr up and around again. The "Shadow"...? Who knows? We're not sure because we haven't seen too much of him lately. Something to do with OPDP.

The Three Stooges (read Marco Plasse, Tony Jones, and Tim Leslie) have been preparing for their Southern Trainer where they plan to accomplish extensive training in the extremely high density air traffic areas.

Stroker, well, he runs around with his little hat that says "Scoop" on it, bellowing, "Get out of my way! I've got a deadline to meet!" Don McClellan just put up his other half stripe to become a full-fledged Lieutenant. Now we can start toilet training him. Dooner is still unsure whether his new pup is a German Shepherd or a horse! In closing, a belated "Happy 30th Birthday" to Tina Muldoon. Wow!!

SNAKECHARMERS

As we turn the pages of another edition of the old Fishwrapper we find those 442 Sqn Snakecharmers engaged in

not only work related activities (inspections, course, TD) but also many leisure time duties (ping pong, volleyball, teasing Al Stephens about his persistent munching).

And speaking of recreational activities, Duane Forth has picked up where Kirk Waugh left off in the Snakecharmer's last 4 x 4 voyage. It appears that after much taunting and jeering the boys managed to get Duane's truck on four wheels again.

Some of our illustrious leaders, namely Dave Paquet, Dale Frey and Charlie Gillis, are in Trenton for a short stay while attending the Maintenance Manager's course. Enjoy the cool, crisp air boys.

Congrats to Louise Meta, Gord Bell and John Redmond on receiving their CDs.

Al Barron is strutting around the hangar again after touring Germany for six weeks. He looks happy enough to be back but the guys tell me the whining

must stop and the backlog of paperwork must get filed.

Now that the renovations to the women's washroom/lockerroom are complete, don't be surprised when you see the interior decorator we've hired. He'll be spending the week taking measurements for the new curtains and toilet paper covers.

And in closing, I'd like to pass on a personal comment to a certain servicing Warrant Officer: With a bit of perseverance and determination (and a good aim) even the most difficult of tasks can be accomplished.



Snake Charmer's 4 x 4 Club in the mountains above Comox Lake.



Sgt Gary Kane getting the Royal Champagne treatment after his last flight in a 442 Squadron Labrador Helicopter.



"Now this is what you call getting hosed."

SECTION NEWS

SUPPLY SIGNALS



Greetings from 3 Supply Group (Vehicle Spares). We are located in Bldg 110 (Base Transport), kitty corner to Headquarters. We are staffed by two military, M/S Mitch Scott and Cpl Les Roe, along with one civilian, Mr Ken Chadderton. As the name Vehicle Spares implies, we hold most of the vehicle spares for the base. No small task when you consider the range of vehicles used here...Everything from lawnmowers and forklifts to fire trucks and crash cranes. In addition to this, we keep a selection of your basic nuts, bolts, electrical connectors, etc. - just about anything (I emphasize just about) we can think of that the vehicle techs

might require on a regular basis. About the people; first the author of this article, M/S Mitch Scott is a displaced sailor (truly a good choice to be in charge of the vehicle spares section). Next, Les Roe. He has been here 18 months and is (his opinion) a hard working, enthusiastic person who is always willing to help you out. That brings us to Ken Chadderton, who from what I'm told was issued to Base Supply at about the same time the big guy put on his cowboy boots. Ken knows and sees all that goes on around here and if you don't believe me just ask him; he'll tell you.

Now on to the rest of Base Supply news. Having just gone through a federal election, I was curious to see if there were any trends in Base Supply. So I did a sample polling. Question: What party did they vote for? Answer: Ken and Shelly Verge's wedding reception won by a landslide. A close second: The Mex on Wednesdays; and third: Party! The future Supply gift exchange.

Lt Yves Auger has arrived in Supply from his Supply Officer's course in Borden. He

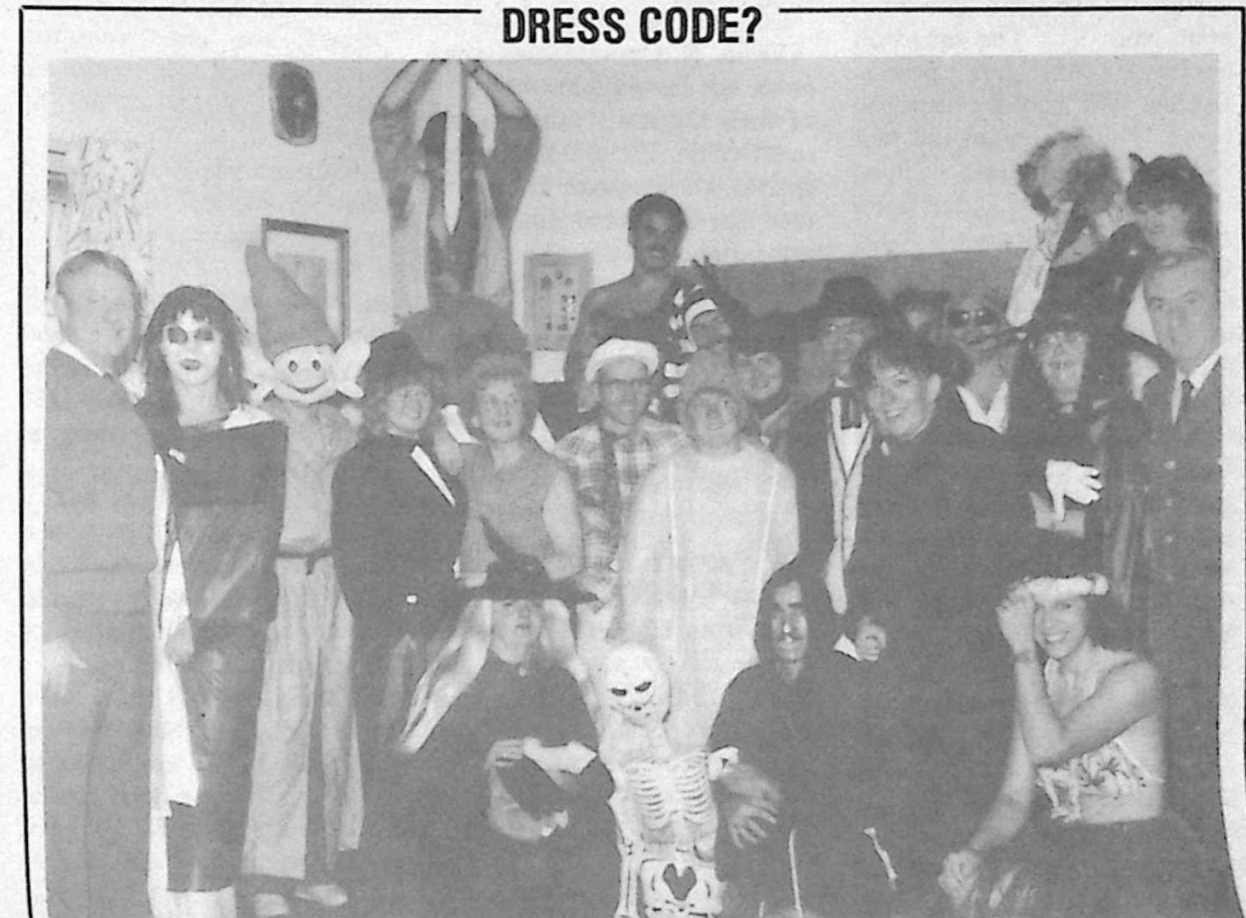
will be employed as the Assistant SCO. Welcome to Base Supply, Sir, and we hope you enjoy your stay here.

In closing, a little trivia.

Stock in Base Supply is maintained from four depots located in Moncton, Montreal, Toronto and Edmonton. Two of the depots, Toronto and

Edmonton, are identical; both 18 acres in size, all under one roof. We maintain stock on over 300,000 line items. No mean feat!

DRESS CODE?



Base Commander and Base Chief are having difficulty locating the regulations allowing Medical, Dental and Accommodation personnel to be dressed this way. It will be resolved by higher headquarters.



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Nov 30 - Dec 3, 7 & 10

ALLEN JAMES

Irish Recording Artist

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11 AM to 11 PM Sunday

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WATCH THIS SPACE FOR THE DATE OF GULLIVER'S NEXT

INTERNATIONAL BEVERAGE SAMPLING NIGHT

SECTION NEWS



ANKER KLANKIN'

VU 33 TECH SIDE

Here we are again with more news from VU. The squadron curling team has posted another win and a postponed game. The action on the rink was hot with the team winning through in the end. Capt Snow and MCpl Russell are off to the Cool Pool this weekend for the Old Timers' Hockey Game, I'll let you know how they do in the next issue. Christmas time is drawing near and so is the squadron party and the Christmas smoker, so be prepared to have a fun but safe pre-holiday season. This weekend also saw part of the squadron off to San Diego, Cpl Scott Hanna, Cpl Jackie Shelly, Cpl Pam MacCallum and Cpl Paul Nolan all went along for the trip. Myself, I got to go on a quick trip to Sacramento, Calif on a recovery, my first and I hope not my last.

Now for some news from the crews. Cpl Dave Brown is on leave right now in good old Nova Scotia where he calls home. MCpl Greg Zoopkow is on his Tracker Eng course in Shearwater, the place will probably never be the same again. The exercise last week taught our crew a valuable lesson, Pte Bernard goes funny after too much coffee, so

beware on those nights we have to work late.

From 2 Crew comes this news: the crew went out to one of their lunches, this time at the Griffin Pub. What is so special about that? It seems that Sgt Grubwieser just loves the burgers they make there. MCpl Mike Woodworth just back from his JLC is now off to Borden for a 6A course. Cpl Trev Jones is away on his Tracker Eng course with MCpl Zoopkow and now you know why I said that Shearwater will never be the same again.

The news from Maintenance is that MCpl Al Nantel just back from his 6A course was overheard to say something about ballet dancers at Crossovers being as good as ever. Now that he's back he has started working on a UCR on Eng Containers, he thinks they should have wheels.

This time Safety Systems has some real news, MCpl Leblanc is on a T-33 course so he'll be able to sign all that paperwork now.

News flash!! Cpl Frank Dumoulin who was talked into going in the Miss Gay Cup Pageant as Miss VU 33 won the contest. More news and hopefully pictures will follow in the next issue of Tech Side.



BTNO

With the Bosses back from Ottawa, the most common question asked this past week was: "So? So what did he say?"

Although not all of us heard what we wanted, it is nice to have everyone back at work. Now that MWO Kraft is back in his office, there is only one coffee break in the morning and one in the afternoon. Lunch time is at precisely 1130 hours and everyone leaves at 1530 hours.

Lt Murray Jacklin had a taste of the big office as he was acting BTNO for the week. Good job! And we expect you back on the 28th since Major Fisher will be in Winnipeg.

WO Foreman (known to all of us as Safety Dave) was acting MSEO. We would like to thank him for the good job he did considering he did not have the key to the filing cabinet, let alone the office.

To everyone's dismay Maj Fisher is slowly going through all the paperwork on his desk. Unfortunately the mail run is still done twice a day and most of it ends up under his "DO IT NOW" sign.

With Christmas arriving at a fast pace, everyone is getting ready for Christmas parties. Please remember to drive safely and take time to read and participate in The Great Canadian Challenge.

A message from MSE Safety, in the last edition you were asked:

A vehicle with standard transmission and conventional tires

will move off from a standstill a great deal easier on a glare of ice if you place the gears in what position?

Well, the correct response is (B) second.

Since our last edition we have run a few courses, here are the photos of a Ramp DDC, Basic Air Brake and an Instructor Development Course. See anyone you know? Here is a great opportunity for a

course photo and the price is right!

This week's question is: Resting the foot on the clutch pedal while driving is known as "riding the clutch" and

a. is an aid to quicker stops;

b. helps a nervous driver;

c. causes premature wear of the clutch; or

d. aids in control of the vehicle.

The answer will be in the next edition. Watch for it!



Instructor Development Course. Instructor MCpl Saikaly, 17-18 Nov 88.



Basic Air Brake Course, 14-16 Nov 88. Instructor MCpl Sell.



Ramp Defensive Driver's Course, 3 Nov 88. Instructors MCpl Saikaly and Cpl Rowe.

CANADIAN FORCES UPDATE

GOVERNMENT PRAISES NOBEL AWARD

GOVERNOR GENERAL

I was very pleased to learn that the United Nations Peacekeeping Forces have received the 1988 Nobel Peace Prize for their outstanding contribution to world peace. I am well aware of the important role of the Canadian Armed Forces in ensuring that peace is maintained in so many troubled parts of the world. Indeed, they have devoted four decades to peacekeeping efforts and they deserve a large share of the glory associated with this illustrious prize.

To you, the members of our Armed Forces who have so admirably served the world community in the name of peace, I extend my most sincere congratulations.

MINISTER AND ASSOCIATE MINISTER

The 1988 Nobel Prize for Peace, awarded to the World-Wide Peacekeeping Forces of the United Nations, has special significance for the Canadian Forces. For 40 years, Canada's traditional commitment to UN Peacekeeping has been fulfilled

by thousands of CF troops and observers serving in distant and troubled parts of the world. They have supervised troop withdrawals and ceasefires, secured borders, and stood between hostile factions to keep the peace. They in turn have been supported by many other CF members working at home and abroad. All of them have earned the respect of nations around the world.

We are aware of the personal sacrifices made by Canadian soldiers on peacekeeping duty - leaving behind loved ones and familiar surroundings to take on difficult, tedious and often dangerous tasks far from home. We commend our CF Peacekeepers for their dedication to duty, for their competence and perseverance. Their professionalism throughout many difficult missions has brought great credit to Canada.

We want to express our gratitude to all members of the Canadian Forces who have served the cause of global peace on UN duty - both in the past, and today in Afghanistan, Pakistan, Korea, Cyprus and the Middle East, including Iran

and Iraq. We congratulate them on being awarded such high recognition for their efforts. The Nobel Prize is an extraordinary but fitting tribute to UN Peacekeeping - from the troops in the field to the Secretary General himself.

All Canadians can take special pride in this award, and in the Canadian soldiers who have helped earn it.

PRIME MINISTER

I was delighted to learn that

the 1988 Nobel Prize for Peace has been awarded to the Peacekeeping Forces of the United Nations. This prize has special meaning particularly for Canada and the Canadian Forces. For the past four decades, our country has played a leading role in UN Peacekeeping efforts, and thousands of Canadian Forces personnel have served in areas of conflict around the world to help restore or keep the peace.

We are proud of our

Canadian Peacekeepers, past and present, whose dedication, professionalism and hard work in often trying circumstances have helped to further international peace and stability. In doing so, they have earned the respect of nations around the world.

I join all Canadians in thanking our peacekeeping forces and wishing them continued success in the cause of peace. We are firmly behind you in your efforts. Congratulations.

403 REUNION

403 Squadron is planning its fiftieth anniversary reunion in 1991. We are compiling a list of all present and former mem-

bers of the Squadron. Anyone who has served with 403 Squadron is asked to send their address and that of as many of their former Squadron mates as possible to:

Commanding Officer
403 Helicopter Operational Training Sqn
CFB Gagetown
Oromocto, NB, E0G 2P0
Attention: Lt.D.Dash

Stalk & Strike

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- * housecleaning - daily, weekly or one-time service
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glad rags can coordinate all of your housekeeping needs - from cleaning your oven to shopping for your next dinner party. Give us a call - we're a part of interesting lives.
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FOR SALE BY OWNER
12 yr old 3/4 basement house, 1,100 sq ft 3 BR up. New floor and cabinets in kit-eating area. Dining Rm/Living Rm comb. Partly finished bsmt. W/Stove, Elec.F/Air B/Up. RV parking, Double Drive, Corner lot. Quiet area near schools. 2073 Robb Ave., Comox, B.C., V9N 4S7. Ph 604-339-3120 or write Amy Ryan. \$65,000. Assumable Mortgage \$33,000

What's green, 3 km wide and stretches from coast to coast?



The two billion young trees planted in British Columbia during the past 50 years are the equivalent of a ribbon of reforestation stretching 3 km deep across the entire length of Canada.

This year, British Columbia reforested more than 169,000 hectares with a record 200 million seedlings. That's two new trees for every one harvested. At this rate, we'll see another two billion seedlings planted

in less than 10 years. That's good news for British Columbia and the more than 82,000 men and women employed in our \$13 billion forest products sector, a genuine B.C. growth industry.

For more information about B.C.'s reforestation program, contact your MLA, your nearest Government Agent, or write to the Hon. Dave Parker, Minister of Forests, Parliament Buildings, Victoria V8V 1X4.

Challenging the 90's
Together. A Better B.C.

Chapel Chimes

OUR LADY OF THE SACRED HEART CHAPEL (RC)

BASE CHAPLAIN (RC) - Maj G. Veillieux
CHAPEL - Our Lady of the Sacred Heart (on Base)
OFFICE - Headquarters, Bldg 45, Rm 48, Telephone 8274
MASS SCHEDULE:
Saturday 1900 hrs
Sunday 1000 hrs
Daily Masses As announced in the Bulletin, usually at 0900 hrs, except during Lent & Advent at 1900 hrs.
RECONCILIATION - Confessions will be heard before each Mass or upon request. Penitential Celebrations are held during the Advent and Lenten Seasons.
BAPTISMS & MARRIAGES - By appointment - notice well in advance please.
CATHOLIC WOMEN'S LEAGUE - Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:00 p.m. President: Mary-Anne Stagg, Tel: 338-6214.
CATECHISM CLASSES - September - May in the PMO School at 1830 hrs. every Wednesday. Religious Education Co-ordinator Mr. Fred Chiasson, Tel: 339-6488.

ST. MICHAEL & ALL ANGELS PROTESTANT CHAPEL

BASE CHAPLAIN (P) - Maj G.A. Milne
CHAPEL - St. Michael & All Angels, Wallace Gardens, Bldg 88
OFFICE - Headquarters, Bldg 45, Rm 48, Telephone 8273
SUNDAY WORSHIP - Each Sunday at 1100 hrs
HOLY COMMUNION - First Sunday of the month
SUNDAY SCHOOL:
0945 hrs for school aged children (Sep/May)
1100 hrs for pre-schoolers
NURSERY SERVICES - Provided during Divine Worship for children up to three years of age.
SENIOR CHOR - Practices 1830 hrs - Tuesdays at 612 Pritchard Rd., Comox.
CHAPEL GUILD - Regular meetings first Thursday of the month. President: D.M. Milne - Phone 339-3710.

West Opposite Lewis Park
Hewter Room Restaurant
Everything for your dining pleasure
RESERVE EARLY FOR YOUR XMAS PARTIES
PARTIES ARRANGED FOR GROUPS UP TO 35-40 PEOPLE
498 ISLAND HWY., 334-4401
Excellent Dining • Steak & Cordon Bleu Specials
\$6⁹⁵ — \$8⁹⁵

ON AND OFF THE BASE



Pipe Smoke



Another week, another book. *The Complete Chow Chow* by L.J. Kip Kopatch, Howell Book House, New York. US \$18.95.

Breed books are breed books. Generally they are of interest only to persons owning that breed or to someone who is considering getting one. Some of them are better than others, and there is one rate right up there at the top. If you have an interest in this loveable little dog, then you should read this book.

It is a 288 page hardcover edition with over 300 illustrations. Inside the cover you will find out everything you have ever wanted to know about Chows.

Origin and history, two chapters on the Chow in America, register of merit and top producers, the Chow in other countries, standards, character, special care, grooming, showing, obedience, clubs, and much, much more.

Chows are one of the oldest breed of dogs known today. They are believed to date back to over 1000 years before Christ. They are believed to have come from the region of Mongolia and Tibet. In the CKC they are listed under group VI, a grouping for dogs that don't really fit any place else. However their history shows that they were used for hunting, herding and guarding long before the evolution of most of the dogs used today for these purposes.

I heartily recommend this book for anyone interested in the breed. It would certainly make an excellent Christmas to a Chow Chow fancier. It's just published, but look for it in book and pet stores, or ask them to order it for you from

the publisher.

XXXXX

Recently I was one of a group who was treated to a meal of wild game at a gourmet restaurant. This was rather unusual and was made possible only because one individual supplied the game to the restaurant's kitchen. For myself it was simply another excellent feed of wild game. However, for many of those in attendance it was a rare opportunity to sample venison, pheasant and wild goose.

The years I spent in Europe where selling wild game is the rule rather than the exception, led me to the opinion that the lack of opposition to the sport of hunting was directly connected to the fact that the non hunting public had just as much access to the game as did the hunters. We, in Canada, have a tremendous anti-hunting lobby, and I believe that it is composed of people who have a sour grapes taste in their mouths because they are not able to share in the bounty. You do not see this opposition to fishing, even though catching a fish by a hook in its mouth and reeling into the shore or a boat, where it usually dies of suffocation is far more cruel than killing a deer or a pheasant with a well placed shot.

It is my belief that our wildlife groups and authorities need to take a serious look at game ranching, with a view to enacting procedures and laws that will guard against some of the very serious concerns being voiced in opposition, such as disease, poaching, etc.. *Venison pepperoni doesn't have to be red to be good, Frank.*

COMMUNITY COUNCIL



As mentioned in the previous article, the Christmas PMQ Decorating Contest will be held again this year. Judging will take place on the 28 Dec 88, with Col Gibbon kindly consenting to handle this difficult task.

Also during the festive season, there will be free skating sessions at the Base Arena. See the article elsewhere in the paper for further information.

A survey will be conducted in the PMQs to determine the number, ages, and sex of dependants. This will enable the Council to plan for Community functions such as the Santa visit on 23 Dec 88, and the Easter Egg Hunt, etc. The survey will contain the information as to where they can be dropped off, or to what telephone number the information can be called into. Remember, if you don't complete the survey, you cannot expect a visit from Santa on the 23rd.

Now to a serious side. It has been noted that PMQ residents are FORGETTING to register and re-register their pets at the Community Council office. Re-registration takes place every August. Funds derived from this registration pay the wages of the Animal Control Officer and incidental expenses associated with the animal control program such as tags, etc.

This operation is a BREAKEVEN service provided to PMQ residents.

In the new year is it expected that there will be an increase in the Cablevision rates. Further information will be passed on as it becomes available.

At this time I would like to introduce the PMQ Association Council. If you have any problems or require information in regard to Community Activities, please contact your Ward Representative. It is a good idea to cut out this listing and keep it handy for future reference.

- PMQ ASSOCIATION COUNCIL**
 Hank Niewiadomski, Mayor, PMQ 83, local 8573/339-6992.
 Terry Smith, Deputy Mayor, PMQ 81A, local 8376/339-6899.
 Denis Roy, 2nd Deputy Mayor, PMQ 91, local 8576/339-7998.
 Kim Rochester, Ward 1, PMQ 6, 339-7214.
 Gordon Mearns, Ward 2, PMQ E7, local 8538/339-0753.
 Jack Bosse, Ward 3, PMQ 36A, local 8374/339-0190.
 Michel Levasseur, Ward 4, PMQ 56, local 8431/339-7754.
 Gerry Beateay, Ward 4, PMQ 58, local 8315/339-7526.
 Joanne Zotek, Ward 5, PMQ 68A, 339-7725.
 Dave Jones, Ward 5, PMQ 78A, local 8249/339-7308.
 Greg Nelson, Ward 5, PMQ 80, local 8573/339-7393.

Debbie Roy, Ward 6, PMQ 91, 339-7998.

Joanne Szegidewicz, Ward 6, PMQ 99A, 339-5035.
 Dick and Liz Hillard, Ward 7, PMQ 103D, local 8256/339-7618.

Ron Bennett, Ward 8, PMQ 106A, local 8250/339-4203.
 Liz Basham, Ward 9, PMQ 118G, 339-4314.

Wayne Tokarz, Animal Control Officer, PMQ 7A, local 8399/339-4793.
 Ron Bennett, Teen Coordinator, PMQ 106 A, local 8250/339-4203.
 Linda Rose, Office Clerk, local 8571. Hours of operation are 0800-1230 hrs daily Monday to Friday. Located upstairs in the Base Recreation Centre.

Now that I have identified the people who represent you, I will define the areas the Wards cover:

- Ward 1 - Blocks A and B, PMQs 1 to 101A.
 Ward 2 - Blocks C,D,E,F, & PMQs 12 to 17A.
 Ward 3 - PMQs 18-25A & 34-48.
 Ward 4 - PMQs 26-33 & 49-65A.
 Ward 5 - PMQs 66-83A.
 Ward 6 - PMQs 84-100A.
 Ward 7 - Blocks 102,103,105,107,108, and 110.
 Ward 8 - Blocks 104,106,109,113,115, and 118.
 Ward 9 - Blocks, 111, 112, 114, 116, and 117.

AROUND THE BASE

JR RANKS' MESS ENTERTAINMENT SPECIAL EVENTS DECEMBER

S	M	T	W	T	F	S
					TGIF GAMES EUCHRE	"DOG AND THE SLUGS" 3 Hangar
				1	2	Wedding In Lounge
Free Pool	JRC In House Darts	Pub League Darts			TGIF GAMES DARTS	Private Function
	4	5	6	7	8	9
Free Pool	JRC In House Darts	Pub League Darts	SINGLES XMAS DINNER DJ	LADIES CLUB CHRISTMAS PARTY		KIDS XMAS PARTY Country Theme Dance ** COUNTRYMEN
	11	12	13	14	15	16
Free Pool	JRC In House Darts	Pub League Darts				
	18	19	20	21	22	23
CHRISTMAS DAY		Pub League Darts				NEW YEARS EVE EXTRAVAGANZA
	25	26	27	28	29	30
						31

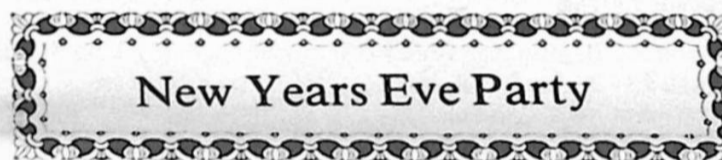
DECEMBER 3
DOUG AND THE SLUGS
 3 Hangar
 \$15/person
 Tickets on sale at Mess Office

DECEMBER 14
SINGLES XMAS DINNER
 Assembly 1145 hrs in JRM
 Dinner 1230 hrs Combined Mess
 DJ at 1600 hrs

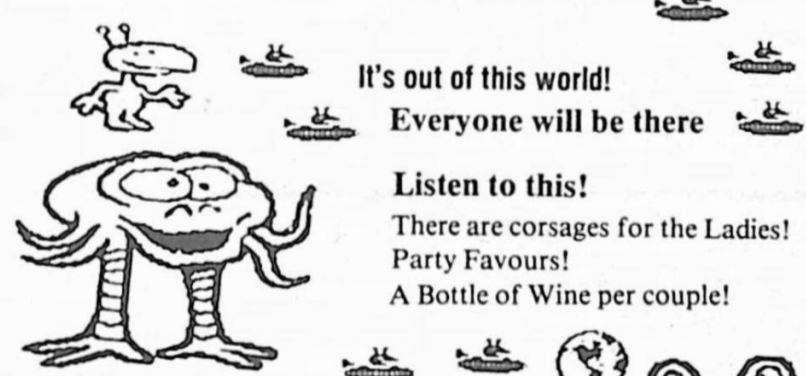
DECEMBER 17
KIDS' CHRISTMAS PARTY
 1300 hrs
 Ventriloquist "DON BRYAN"
 Register your children at Mess Office
 Local 8430

DECEMBER 17
"COUNTRY CHRISTMAS" DANCE
 Come dressed in country theme
 Band "COUNTRYMEN"
 Ventriloquist shows by "DON BRYAN"
 \$2 cover charge - 2000 hrs
 NB - a minimum of 12 people must be signed up for TGIF games or they will be cancelled

SNACK BAR: 339-4333

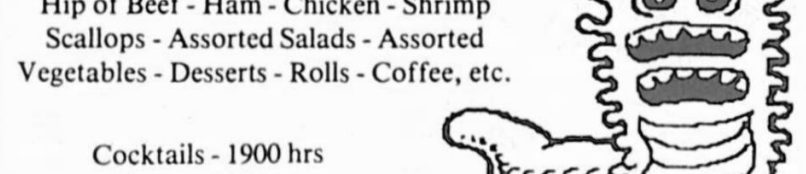


Destination - Earth
 Stardate - Dec 31st
 Year - 1988/1989
 Place - Junior Ranks Mess



It's out of this world!
 Everyone will be there

Listen to this!
 There are corsages for the Ladies!
 Party Favours!
 A Bottle of Wine per couple!



We're the Band "The 3rd Degree"
 We start at 2100 hrs

Let's Eat
 What's on the Menu?
 Hip of Beef - Ham - Chicken - Shrimp
 Scallops - Assorted Salads - Assorted
 Vegetables - Desserts - Rolls - Coffee, etc.

Cocktails - 1900 hrs
 Dinner - 1930 hrs

For all you Earthlings who want to attend Tickets are on sale at the J.R.C. office for cash or acquittance roll for members only PRIOR to DEC 15th

Open for guests after that date.

Members - \$30/couple
 Non-Members - \$50/couple

HERE IT IS
 NOW IT'S UP TO YOU

Don Bryan with Professor Noseworthy and Friends

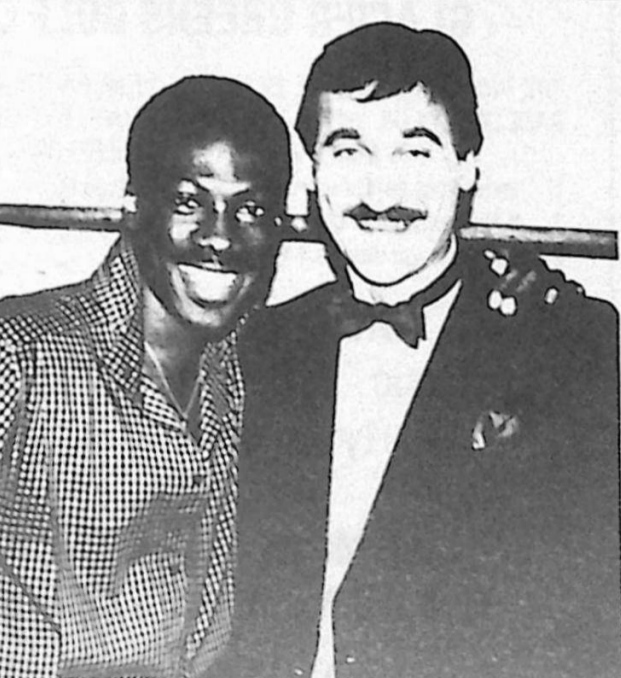


Television Appearances

- Downtown Saturday Nite - CBC
 Real People
 Allan Thicke
 Allan Hamel
 The Improv L.A.
 P.M. Northwest
 The Vancouver Show
 Celebrity Review
 Banjo Parlor
 B.C. T.V. special
 Timmy's Telethon
 Variety Club's Telethon
- Aspergum commercials
 Volvo commercials
 Benson & Hedges
 B.C. Hydro conversation show
 Switch Back - CBC
 The Paul Han Show - CFRN
 Edmonton

Clubs • Fairs • Concerts • Cruises

- Princess Cruises
- Royal Viking Line Cruises
- Sundancer Cruise Lines
- Prince George Cruise Lines
- Klondike Days Edmonton Expo 86 (Vancouver)
- Salmon Festival Campbell River
- Lethbridge Fair & Rodeo
- CNE Ontario Place
- PNE Vancouver
- Vancouver Home Show
- USO Tours Europe
- Servicemens Club London, Eng.
- Pebble Beach Country Club, California
- The Sands, Las Vegas
- The Silver Slipper, Las Vegas
- The Laugh Stop, Houston, Texas
- The Improv, Los Angeles
- Yuk Yuks comedy cabaret, Toronto
- The Eddy Murphy concert (opening act)
- Juice Newton concert (opening act)
- M.C. for Miss Teen and Miss North Shore, Vancouver, B.C.
- Punch Lines Cabaret, Vancouver



Don Bryan and Eddy Murphy in Vancouver

APPEARING THIS MONTH AT THE TOTEM LOUNGE

SPORTS AND RECREATION

SPORTS SHORTS

TOTEMS IMPROVE AS REGIONALS APPROACH

It seems the 1988/89 Totems are starting to come together and play together after a shaky start. Just 6 players have returned from last year's team, so the first month was basically a rebuilding process, preparing for the regionals which have been moved up two months from last year and will commence Jan 16-21, 1989. Five teams will be competing at the Regionals which are in Comox. Chilliwack, Esquimalt, Fleet, PPCLI, and the Totems will be competing for the right to go to the Nationals in Germany.

Injuries are plaguing the team. Dan Dupius, a big part of the offence and team leader is out for two months after receiving foot surgery.

Hopefully he'll be ready in January. Pierre Boivon and Marty Maloney, part of the team's heart and soul are out with shoulder and arm related injuries. Jean Charbonneau, the centre of the French Connection line is out with a foot injury. Marc the team goalie is out with pulled muscles in his leg.

The team's line-up is as follows: The first line right now has Greg Fleet, whose heart makes up for his size, centring Sylvain Lebrun and Bruno Boulaire, probably the two most rugged hitters in the Pacific Region, the Base Hospital will be double staffed after the first couple of games if this year's regionals are

anything like last year's. Goal production and physical play is essential from these two.

The next line isn't as big but their speed makes up for it, Shayne Fedosenko moved up from the point to try and fill Dupius' shoes, Maurice Leger who's a real speedster is on left wing and Drew Deies, who's been a scoring machine. This line is pretty good offensively and very good defensively. Dave Devries, who is the most improved forward on the team, centres the third line. Big Jim Waddell is his right winger whose size and ability around the net is haunting the opposition. Kurt Steeve, who's a real digger, plays on the left wing.

The defense is headed by Yvan Deschenes and Jason Evans, the old veterans are using their experience well back there and shinning off on the others. Paul Tehonchuck and Ray Charlebois have improved greatly and are both starting to come into their own. Brad Laporte and Kelly Smith have been assets to the team. Sylvain Alaïre, Mick Hatch, and Breau have been nothing but outstanding filling in for injured keeper Marc Leclerc who was playing brilliantly when he got hurt.

New faces are coming in as Mike Robertson just got off course, and defenceman Mike Jameson is on his way from Borden to VU 33, and hopefully to the Blue line. The team still has a long way to go still but things are starting to come together. Jerry Dusik is the coach, special thanks so far to Ray Ross for helping run the defense, and our stickboy Yves Dube who are both doing a tremendous job.



CFB Totems Hockey team on a scoring rush during the Charity Hockey Tournament.

TEED OFF?

Had enough of TV politics? Got the winter blahs? Why not take a Golf vacation until the end of Feb and still hold down a regular job.

SINGLE \$55 **HUSBAND/WIFE \$88**

This package allows you to stay in the comforting accommodations of your own home, enjoy the Valley's diverse climate and commute to the Base Golf Club whenever the spirit moves you. Full Club House facilities and reserved tee times for your convenience.

(Above offer only available to authorized Canex patrons)

Daily Rates also Available
INFO - 8592

NEW YEAR RESERVATIONS GLACIER GREENS GOLF CLUB

THE WORD IS THAT THE BEST NEW YEAR PARTY IS HELD AT THE BASE GOLF CLUB. WE CATER TO ALL RANKS, BUT MUST KNOW HOW MANY WILL ATTEND. THEREFORE:

- Interested persons must submit a \$5 deposit
- If the function is cancelled we return the deposit
- Our decision date is 4 December

Catering - The Old House
Music - Wayne's Mobile Music
Party Favourites Supplied
Costs:

Club Members \$17.50 each
Non GG Members \$22.50 each

REGISTER AT THE BAR - MORE INFO 8592
WE STILL HAVE A FEW AVAILABLE DATES FOR SECTION CHRISTMAS PARTIES

CHRISTMAS HOLIDAYS PMQ FREE SKATING SCHEDULE

1. There will be a Free Skating period for PMQ Residents and Dependants at the following times.

2. This is being held under the auspices of the BPERO and the Community Council.

Dec 20	Arena Closed
Dec 21	Arena Closed
Dec 22	1100 - 1245 hrs
Dec 23	1100 - 1245 hrs
Dec 24	1100 - 1245 hrs
Dec 25	Arena Closed
Dec 26	Arena Closed
Dec 27	1100 - 1245 hrs
Dec 28	1100 - 1245 hrs
Dec 29	1100 - 1245 hrs
Dec 30	1100 - 1245 hrs
Dec 31	1100 - 1245 hrs

3. Please cut out this schedule and keep handy.

PAC REGION BADMINTON

The Pacific Region Badminton Championships are being held at CFB Chilliwack 17-19 Mar 89. Team composition is as follows:

- four open players - all of whom shall play single and doubles;
- two junior veterans 35 years of age or older as of the date of the competition;
- one veteran, 45 years of age or older as of the date of the competition; and
- one servicewoman.

A badminton playdown for interested personnel is scheduled for late Feb 89. National competition will be held at CFB Cold Lake 2-7 Apr 89. Deadline entry for entry to the playoff round is 21 Jan 89. For more info or to register please contact the Rec Centre at loc 8315.

PAC REGION SQUASH

The Pacific Region Squash Championship is being held at CFB Esquimalt 25-29 Jan 89. Team composition is as follows:

- four open men;
- two seniors men, 40 years of age as of the day of competition; and
- one open servicewoman.

A Squash playdown for interested personnel to select our elite is scheduled for early Jan 89. The Nationals will be played at CFB Cold Lake from the 2-7 Apr 89. Deadline date for entries into the selection round is 10 Dec 88. For more info or to register please call the Rec Centre at loc 8315.

PAC REGION BOWLING

The Pac Region Bowling Championships will be conducted at Holberg date TBA. In preparation and to ensure we have our best rollers all interested male and female bowlers are urged to register with the Rec Centre at loc 8315 prior to 21 Dec 88. Once a competition date had been established a roll off will be organized to select our team of six competitors.

INTERSECTION HOCKEY LEAGUE STANDINGS

TEAM	GP	W	L	T	PTS	GF	GA	GAA
BAMSO	10	10	0	0	20	65	21	2.10
BOPS	10	9	1	0	18	78	38	3.80
RCMP	10	7	3	0	14	49	32	3.20
BTNO	9	5	3	1	11	31	32	3.55
407 DEVILS	9	5	4	0	9	41	34	3.77
442 SQN	9	2	6	1	5	29	50	5.55
VU33/TEL	10	2	7	1	5	25	51	5.10
CE/FH	10	0	8	2	2	27	52	5.20
407 DEMONS	9	0	8	1	1	31	66	7.33

SCORING RACE 23 NOV 88

NAME	TEAM	GP	GOALS	ASSISTS	TOTAL
NORRIS	BOPS	10	26	23	49
SCHRADER	BOPS	8	9	11	20
WARD	BAMSO	10	6	11	17
WAUGH	442 SQN	9	8	8	16
GAGNON	BOPS	9	8	8	16
TINKER	BOPS	6	9	6	15
WYTON	RCMP	8	12	3	15
WOOLRIDGE	BOPS	9	9	6	15
JOSEPH	RCMP	9	7	8	15
MCKENZIE	442 SQN	9	9	4	13

AROUND THE BASE

HOCKEY TOURNAMENT GREAT SUCCESS

The 3rd Annual CFB Totem Charity Hockey Tournament was held on 18-20 Nov 88 at the Glacier Gardens. This year's tournament was well supported by many local merchants with their donations of

door prizes which were raffled on Sun 20 Nov.

The twelve teams entered in the tournament were in two divisions with CFB Totems, Coors, Blues, Hawks, Sooke and Royal Roads in the

Limited Contact "A" Division and BAMSO, Silver Totems, Bear Lake Logging, 442 Squadron, RCMP and Griffin Pub in the Old Timer "B" Division. Each team played three games with the top two

teams playing in the final games on Sunday afternoon. The "B" Division found BAMSO playing Bear Lake Logging with BAMSO getting revenge for the defeat in last year's final by hanging on to defeat Bear Lake Logging 5 to 4 in a closely fought game. The "A" Division Final had the Blues come back from a defeat in the previous game with Coors to squeak out a win

six to five.

The highlight of the tournament was the game between CFB Totems and Royal Roads which saw the Totems preparing for the Pacific Regionals in a full contact game. Although the boards were ringing in the first period, play settled down and the Totems held on to defeat Royal Roads 4 to 3.



The Blue Scum were the winners of the A Division trophy during the CFB Totem Charity Hockey Tournament.



SILVER TOTEMS SHINE IN COOL POOL

The weekend of Nov 25-27 saw the CFB Comox Oldtimers hockey team, the Silver Totems, play in a CFB Cold Lake Oldtimers hockey tournament. Eleven teams were divided into three divisions with the CFB Cold Lake Fading Fighters and the CFB Edmonton Trojans squaring off in A division, while the Totems were scheduled to play a round robin in B division.

Four games, including the B division final, were played in all. The first contest was played against the town of Grand Centre shortly after arriving at the base. Grand Centre played very well but were no match for the hungry, hard driving Totems, who never fell behind during the contest. A goal from Dick Mohns and a hat trick by Steve Bale sent the Grand Centre team to defeat 4 goals to 3. Noon on Saturday saw Lloydminster challenge the undefeated Comox team. Lloydminster played a hard game but even with the help of an ex-professional were unable to put the puck past Vince Lamb. Goals by Mohns, Bale, and Boyd Russel decided the game 3 goals to 0.

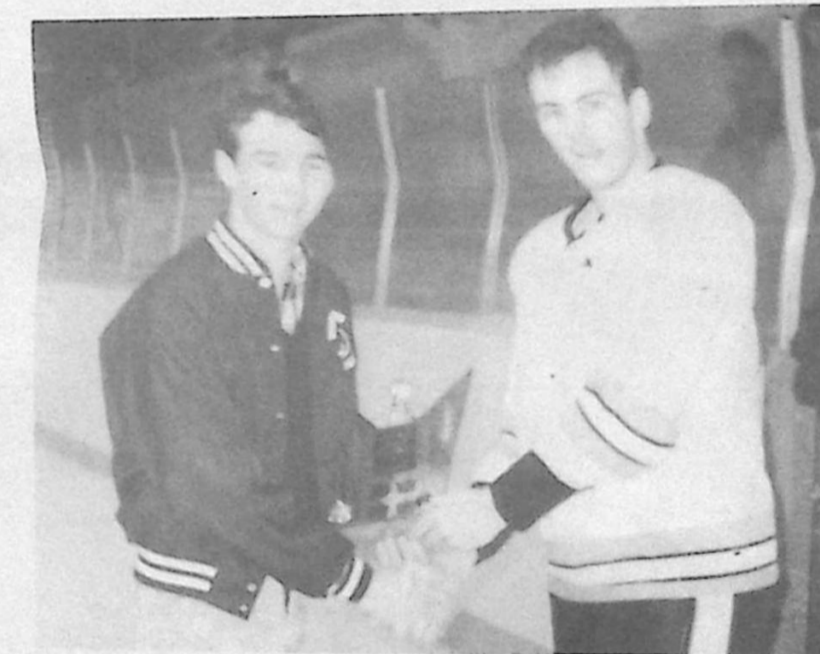
Sunday at 0900, the Totems faced their last foe in the round robin. Turtleford Saskatchewan showed up to play hockey, and play hockey they did, trouncing the Totems 7-1. With the last game finished, who was going to face the Totems in the final game? It soon became apparent that a rematch with Turtleford was next on the agenda. At 1330 the game was on and the Totems came out strong, checking the opposition at every turn. It wasn't until late in the first period that the first goal was scored. A tip out by Stan Lawless at the Totem blue line sent Mike Garipey out on a break away to score, putting Comox ahead 1 goal to none. A few minutes later, Dick Mohns, wrapped a puck around the net to put the Totems ahead by two goals. At the end of the first period, an exhilarated and confident Comox team retired to the dressing room to receive a last minute pep talk from Player/Coach Wayne Hay and the General Manager Dale Campbell. The tempo of the game began to change half way through the second period. The referees decided the penalty box had been vacant far too long. Totem players were sent to the box to mend the error of their ways, occasionally two at

a time. With six minutes left in the game, a Turtleford power play scored their first goal and came within one goal of a tie. Penalties continued to plague the Totems and at 18:26 the Turtleford power play scored again to tie the game. At the end of second period and game, with both teams tied at two, a shootout had been declared. Both teams, tensions running high, selected their shooters. The outcome to decide the game. Turtleford scored the first goal on their second attempt. Comox came close to repeating the effort but the puck failed to cross the goal line entirely. Each team's third attempts proved fruitless deciding the game in Turtleford's favour. A hard game to lose, but a game that was well played by both teams. An exciting game for the fans at Cold Lake.

The CFB Cold Lake Fading Fighters were excellent hosts and put on a very well organized tournament. Video replays of all the games and a first rate banquet were enjoyed by all. As one of the Totems would say "bonus." Finally, many thanks to 407 Sqn for transporting the team to and from Cool Pool, and rumour has it that an Aurora should sport the Silver Totem's new logo on its tail.



WO Jerry Dusick drops the ceremonial first puck for Major Dick Mohns of the Silver Totems and Cpl Robert Turgeon of BAMSO.



Pte Shayne Fedosenko presents the B Division trophy to Cpl Robert Turgeon of BAMSO.

The following is the list of Door Prize Winners:

- Golf Cart - Jerome Oxynyf
- Radio Tape Deck - Ab MacDonald
- Walkman - Linda Chase
- Course NIC - Roy Poole
- McLean Chev Olds Gift Cert. (\$50) - M. Kean
- Sport Connection, Campbell River Gift Cert. - Al McGrath
- Kellys Bobcat, 1 hr value - John Haugen
- Drill - J. Reddin
- Sander - Mark Rootes
- Ladies Wrist Watch - Gisela Cryderman
- Mens Wrist Watch - J.M. Harvey
- Rod & Reel - Rod Mattson
- JJ's Gym Gift Cert. - Bill Shaw
- \$25 Middleton Meats - Bill Shaw
- 10 Videos - Rob Erdos
- Columbo's Gift Cert. - Tina McNulty
- Nissan (Oil Filter Change) - S. Broughton
- Scorpios Gift Cert. - Moira Gordon
- Griffin Pub Dinner for 2 - Bob Shentaler
- Griffin Pub Dinner for 2 - M. Chamberlain
- Griffin Pub Dinner for 2 - Brian Seal
- Griffin Pub Dinner for 2 - J. Vanderkooy
- Boat Seat - G. Boucher

A cheque to Toys For Kids in the Comox Valley was presented with the profits of the tournament.

The CFB Totems Hockey Team would like to thank all those who assisted with donations, purchase of tickets and all the support to see that their tournament was as successful as it was.

ON AND OFF THE BASE

GREY CUP WEEKEND PROVIDED THE UNUSUAL

MISS GAY CUP PAGEANT

If you think being at the Junior Ranks Club on Friday night was a DRAG, you obviously attended the Miss Gay Cup Pageant.

A total of 10 raging, I mean raving beauties took centre stage to show their wares and exhibit what little talent they possessed. (Possessed is the operative word here.)

With contestants ranging from Delila Delicious to Miss Trudeau; from the bearded lady to the one-breasted woman, these well-schooled, well-informed images of femininity answered skill-testing questions. Various subjects spanning from vaseline to the perfect date were the topics of discussions.

The capacity crowd chanted and cheered as each stunned, or rather, stunning beauty was escorted on stage and paraded past the judges by our own

Col Gibbon

The crowd's favourite was Miss VU33 as (s)he swayed to the beat of the music and slowly disrobed to reveal not much more than a cut-off t-shirt and denim mini-skirt.

Once the preliminary round was completed the judges retired to the "conference" room to select the semi-finalists. The semi-finalists were Miss Totem Inn, Miss Trudeau, Miss VU33 and Delila Delicious. The judges finally elected, after much deliberation, Miss VU33 as the new reigning Venus and 1988 Miss Gay Cup winner.

When asked to comment on her stupendous win, Miss Gay Cup could only cock her wrist and say "People came here to see a woman and I showed them one." No doubt (s)he'll enjoy the first prize of a free weekend in Victoria.



There are just a few events in life that escape description. This pageant is definitely one of them.



Just a couple of the beautiful contestants who made this pageant a world class event.

Despite the fact that the B.C.Lions ended up in second place in the actual Grey Cup Game, CFB Comox really showed the spirit of a first place and first class act last weekend. The Mud Bowl Game between the Officers and the WOs and Sgts was just that...a Mud Bowl. The Officers went on to victory with a 20-0 victory however I think the party that went on on the sidelines was better. The Game Day in the Messes was enjoyed by all in the true spirit of a Canadian tradition.

407 (MP) SQN

CHRISTMAS PARTY

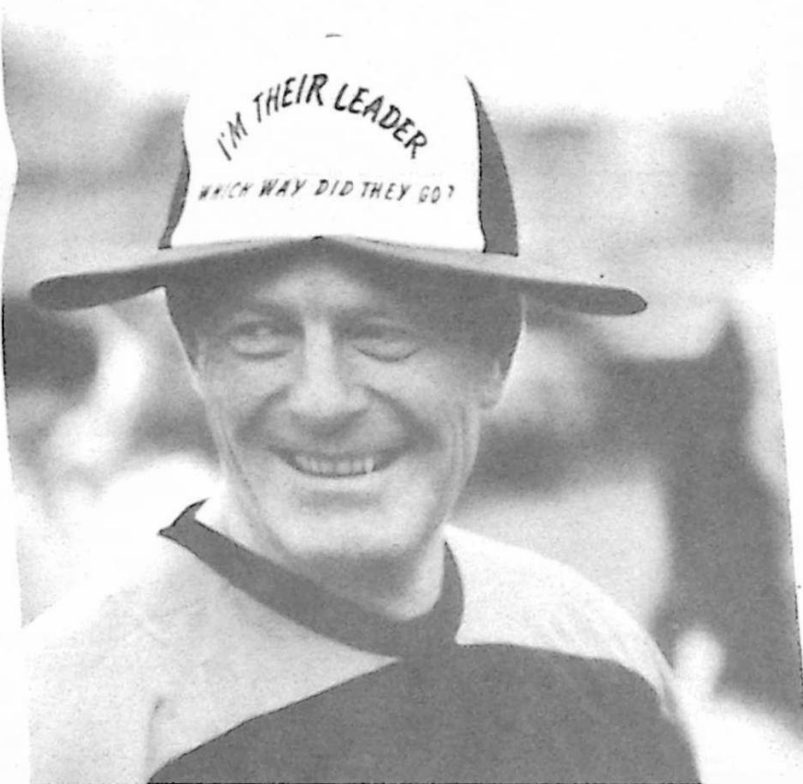
8 DECEMBER 19:30 HRS
FILBERG CENTRE, COURTENAY

ALL WELCOME

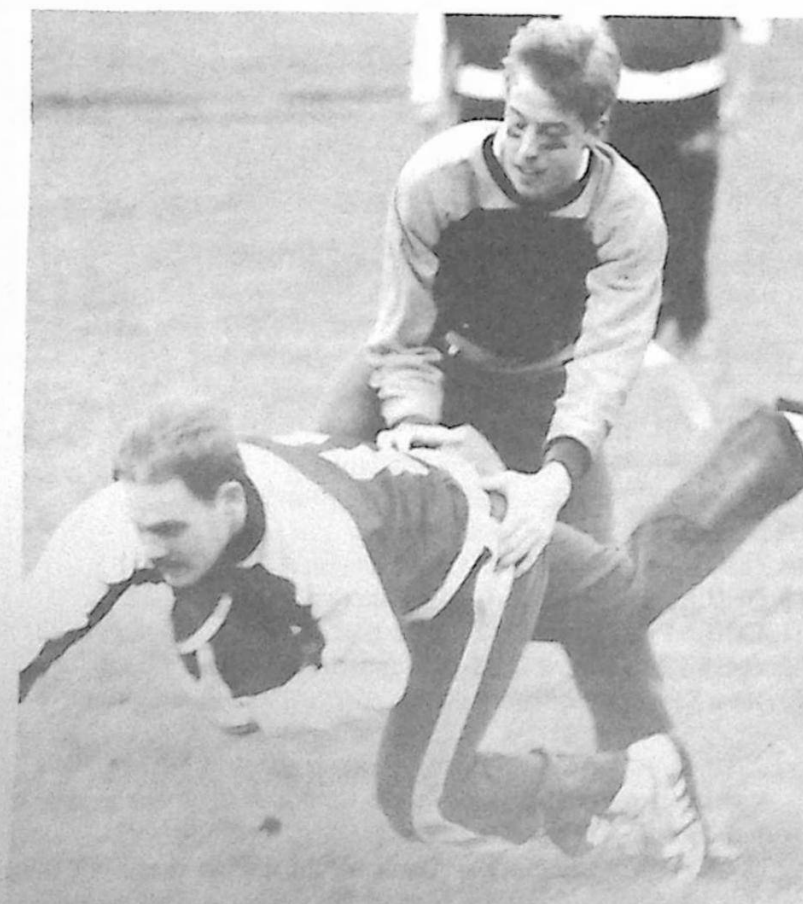
FOR TICKETS SEE YOUR SECTION REPS



The judges actually took this thing seriously.



A picture is worth a thousand words.



There was some pretty good football played too!

LIFESTYLES

MOLSON CANADIAN ROCKS

What Music Is All About.

DOUG AND THE SLUGS

IN CONCERT

CFB Comox invites the Comox Valley to a *Doug and the Slugs* Concert.

3 December at 9:00 PM in No.3 Hangar at the Base

Tickets are \$15.00 each available at the Officers and Jr Ranks Mess, Kelly's Heroes, New World Awards, Sound Station and the Engraving Shop at Driftwood

Admittance Restricted to 19 years and over.

Also featuring

Kelly's Heroes

7-9 PM



John Bradley

While the main part of this history is on the exploits of 436 Squadron, its formation can be traced back to No. 164 (T) Squadron. In fact, 164 was to become the foundation on which Air Transport Command was to be built on.

NO. 164 TRANSPORT SQUADRON

164 Squadron had been formed at Moncton, New Brunswick on 23 January 1943 and was equipped with Lockheed Lodestar and Douglas Dakota twin engine transport aircraft. The first Commanding Officer was W/C R.B. Middleton who remained with the unit until June 30 of that same year.

Unlike a majority of the other RCAF squadrons, 164 was to fly their first operational mission shortly after being formed. In fact the first mission took place two days later, on 25 January. F/L A. Cirko and his crew delivered over 2600 pounds of freight to Goose Bay, Labrador in a borrowed Douglas Digby.

During the early days of the unit help was provided, in the form of aircraft and crews, from No. 10 (BR) Squadron. The aircraft were the Douglas Digby and were detached to 164 between 24 January and 22 March 1943.

With four months the squadron began to lose crews to form a number of transport squadrons. The first group departed during May and was to become the core of No. 165 (T) Squadron which was forming at Sea Island, B.C. By October another group of trained crews split off and formed No. 168 (HT) Squadron at Rockcliffe, Ontario. (The story of the squadron can be found in the 14 January 1988 issue of the Totem Times.) 164 was then left alone for a little while but by July and August 1944 members departed for India to form not one but two new squadrons, Nos. 435 and 436.

164 provided two detachments to Western Canada and in fact it was these two detachments that would form No. 165 Squadron. In any case, the first detachment was at Edmonton from 8 April to 15 May 1943 and the second was at Rivers, Manitoba from 22 April to 15 May. The Rivers detachment was to make a place for itself in the history of the Airborne in the Canadian Army. 164 provided Lodestar 552 for the first paratroop of airborne forces in Canada. The date was 4 May 1943 and the pilot was F/L Daniels. A total of ten paratroopers took part in this first drop.

164 continued to provide sterling service to the RCAF and was not disbanded upon the cessation of hostilities. The unit remained on strength at

AROUND THE BASE

Origins of the Species

436 TRANSPORT SQUADRON

Dartmouth, as of 1 October 1945, for almost another complete year. On 1 Aug 1946, 164 was disbanded but not before the crews and aircraft were split into two new squadrons. Both of these new squadrons, 426 and 435, had been transport units during the Second Great Unpleasantness. It should be noted that 426 had originally been a bomber squadron before converting to the transport role in May 1945.

In their war and peace service, 164 had a total of 42,004 operational and 5402 training flying hours. Over 1800 tonnes of mail, 15,600 tonnes of freight and 70,500 passengers had been carried. For all of that only one aircraft and three aircrew were lost. Unit members were awarded 3 AFCs and 7 Mentioned in Despatches.

436 TRANSPORT SQUADRON

Those personnel from 164 Squadron who had left that unit during July and August of 1944 to help form 436 (T) Squadron did not actually arrive in India until the beginning of October. Though late for the actual date of formation, these personnel were in fact the backbone of the new unit.

436's actual date of formation is recorded as 20 Aug 1944. The location of their birthplace was at Guyrat in the Punjab. The first Commanding Officer was W/C R.A. Gordon. 436 was one of two RCAF transport squadrons to be in place in the South East Asia Command, the other being No. 435. The aircraft utilized by 436 was the venerable Dakota. The actual versions used were the Mk. III and IV.

OPERATIONS

Partially because of the late arrival of the bulk of aircrew, 436 did not commence operations until mid January 1945. A previous mission had been flown in mid December when the squadron assisted in an emergency move of 177 (F) Squadron RAF to a forward airfield at Hathazari. Because the unit was still under training, these sorties were not logged as an actual operational mission.

During the latter part of December 1944 and up until May 1945, 435 and later 436 were involved in supplying both Wingate's Chindits and Merrill's Marauders with all types of provisions and equipment. During this operation, which evolved into a full fledged push by the XIVth Army, over 300,000 troops were supplied almost entirely by air.

Amazingly few navigational aids were present and forecasting the weather was an almost impossible feat. On more than one occasion smoke and flames from numerous forest fires helped to block out

the already mist enshrouded hills. In spite of these conditions which were compounded by the ever present Japanese groundfire and fighter aircraft, the supplies were still able to get through. Without these supplies the campaign could not have been contemplated let alone accomplished.

It was during this phase that the famous "kickers" came into being. At the time all of the transport squadrons, 435 and 436 included, were very short of personnel to help unload the aircraft. Ground personnel were asked to help with shoving and kicking the cargo out of the aircraft. One must remember that the aircraft were flying "low and slow" and were on most occasions being shot at by the unhappy Japanese Army. Hazard pay amounted to a grand total of .75 cent a day! Without the help of the kickers the cargo would not have been delivered on time and at the right place. It is gratifying to see that almost all movies and documentaries of this theatre of operations include shots of these personnel sending the cargo out of the doors of their aircraft.

By mid March the unit was transferred to Mawngbin in Burma where they would remain until 14 May. They then transferred to Kyaukpyu on Ramree Island also in Burma. It was in Burma that the unit's aircraft acquired the famous "CANUCKS UNLIMITED" logo on the fuselage sides.

With the end of the war 436 was transferred to England. They came under control of Transport Command's No. 46 Group. As part of 46 Group they came under the wing as it were, of No. 120 (RCAF)

Wing. For the trip to England 436 exchanged aircraft with the RAF's No. 48 Squadron. On the trip, they transported the bulk of No. 529 Squadron RAF personnel.

Upon arrival in England 436 was stationed at Down Ampney in Gloucestershire. From there they helped to transport Canadian Army troops back to England from the continent. 436 remained at Down Ampney until April 1946 when they were transferred to Odiham. Finally, on 22 June 1946, the Commanding Officer, W/C R.L. Denison, stood down the squadron.

HONOURS AWARDS AND TOTALS

436 was quick to acquire a squadron badge. In May 1945, just nine months after forming, King George VI authorized the Badge. The central device consisted of an elephant's head with a log clenched in its trunk. The motto, Onus Portamus, translated to We Carry The Load. The combination of the elephant and the motto symbolized both the unit's birthplace and function. The unit's nickname was Elephant.

The combined totals for both South East Asia and European transport duties include 37,781 operational hours and 7,158

training hours. Over 30,500 tonnes of supplies and 31,219 passengers, troops, and casualties were transported. In Asia three aircraft were destroyed on ops with four crew members killed. Training accidents claimed another aircraft with one fatal casualty. Happily, in England, no operational aircraft losses or personnel injuries occurred but one aircraft with its four man crew was lost on a training flight.

Members were awarded with 1 DSO, 26 DFCs, 1 AFM, 3 BEMs, and 11 Mentioned in Despatches. The squadron itself was awarded the Burma 1945 Battle Honour.

During its service in Asia the aircraft carried no fuselage codes. The only markings carried included the roundels, serial number and the individual aircraft letter. Later the "CANUCKS UNLIMITED" was added. Upon arrival in England the unit was to apply their officially designated ODN code. For numerous reasons that are far too complex to be discussed at this time, 436 aircraft were also seen carrying 435's ODM code as well as ODC, and on at least one aircraft, the FM code.

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SO YOU ARE STARTING/BUYING A BUSINESS

You worked hard for your money. Now you are ready to be your own boss. At last your own business! Should it be a proprietorship? A limited company? Should there be other shareholders? What do all those papers from the Bank mean?

You have worked hard for your money - you need answers to these questions. Call if we can help.

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RICHARD J. SWIFT
Lawyers and Notaries

COURTENAY
201-467 Cumberland Road
334-4461

COMOX
1782B Comox Avenue
339-7779

In addition to our regular Monday to Friday business hours, our Comox office is open Saturdays from 9:00 a.m. to noon. No appointment necessary.

LIFESTYLES

OFFICERS MESS

FRIDAY DECEMBER 2
REGULAR TGIF: Kentucky-Fried Chicken, 1700-1800 hrs.
Free taxi. Ask at Bar.

SATURDAY DECEMBER 3
DOUG AND THE SLUGS
IN CONCERT
PLACE: 3 Hangar
TIME: 2100 hrs (Taped music begins at 2000 hrs)
PRICE: Tickets \$15 (available from Officers Mess Manager or Nu World of Awards)
SHOW IS RESTRICTED TO 19 YEARS AND OVER

WEDNESDAY DECEMBER 7, 14
OFFICERS COFFEE HOUR: Coffee will be served in the Lounge at 1000 hrs. Dress will be dress of the day. All officers are invited to attend.

GENERAL MESS MEETING will be held in the Lounge at 1430 hrs
DECORATING PARTY - Mixed Decorating Party to decorate the Mess at 1730 hrs. Food will be served 1830 hrs. Ladders and staplers required. Food Bank Donations are welcome.

FRIDAY DECEMBER 9
OCTAGON ART SHOW
1830-2200 hrs
By Invitation Only
SUNDAY DECEMBER 11
CHILDREN'S CHRISTMAS PARTY
1200-1500 hrs. Please register your children at the Bar or Mess office prior to 2 Dec 88

TUESDAY DECEMBER 13
LIVE-IN CHRISTMAS PARTY
1900 hrs

WEDNESDAY DECEMBER 14
LADIES CLUB BRIDGE

DECEMBER 16, 17
SQUADRON PARTIES

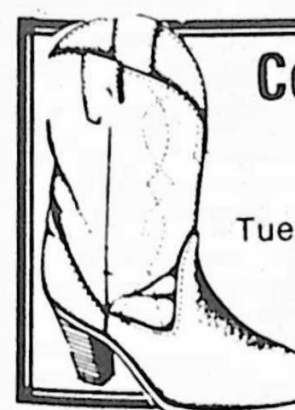
SATURDAY DECEMBER 31
NEW YEAR'S EVE BALL
Cocktails will be served at 1800 hrs
Dancing to SILHOUETTE
Catering by THE OLD HOUSE
Dress: FORMAL-Mess Kits and appropriate dress for spouse.
Cost per couple: Members-\$40; Ltd Assoc & Guests -\$50
RESERVATIONS BY 16 DECEMBER 88

SUNDAY JANUARY 1
NEW YEARS LEVEE
Catered by THE OLD HOUSE
1100 - 1300 hrs
Dress: S3

UPCOMING EVENTS

27 Jan 89 - OLD UNIFORM NIGHT

RESERVATIONS: Please make every effort to make confirmed-reservations by the deadline in the calendar. This will not only help us plan the function, but will enable us to give you the service you expect, and which we wish to provide.
NO SHOW CHARGE: The policy is now in effect that if a "no-show" occurs, the person making the original reservation will be charged the full cost of the ticket(s). If a member wishes to cancel a reservation, he must inform the Mess Manager at least 24 hours before the start of the function. Those who cannot attend because of unforeseen circumstances are requested to advise the Mess Manager no later than one working day following the function.
DRESS STANDARDS: Casual - Shall consist of dress slacks, sport shirt or sweater. Open-toed shoes, with socks, are allowed. Informal - Recommended dress is jacket and tie. The minimum requirement is a well coordinated leisure suit with open neck shirt or turtleneck with sport jacket and slacks.



Comox Shoe Repair

1836 Comox Avenue
(Across from Legion)

Tuesday to Saturday -- 9:00-5:30

TOP QUALITY

SHOE AND LEATHER REPAIRS

From The Fire Chief's Office



CHIMNEY FIRES

This articles has been prepared in response to an increasing number of enquiries concerning the possibility of the occurrence of fires in chimneys connected to wood burning appliances.

From surveys that have been conducted it is apparent that chimney fires can occur in any type of chimney, whether it be masonry or metal, insulated or uninsulated and are not necessarily confined to one type of fuel. However, the majority of chimney fires have been associated with the venting of wood burning appliances, such as stoves and fireplaces and the essential cause of these fires has been the build-up of creosote and soot on the lining of the chimney.

Irrespective of the method used to burn wood, the production of some creosote is unavoidable. It is nevertheless possible to reduce the build-up of creosote by observing the following:

1) Since the presence of water vapour in the flue gases is conducive to the formation of creosote, an attempt should be made to reduce its amount as much as possible by burning wood that is well seasoned, that is, air dried for at least six months (but preferably twelve months) after cutting and stored where it is protected from snow and rain.

2) Creosote is formed primarily as a result of the incomplete combustion of wood. Combustion is improved by making sure that there is a plentiful air supply to the appliance. Some appliances, such as the air-tight stoves, have a greater tendency to produce creosote because of their typical, slow burning, smouldering fires. These stoves should be operated with the combustion air inlets sufficiently open to produce an active bright burning fire. This is particularly important after fuel has been added.

3) Less creosote build-up will

occur where the flue gas temperatures are sufficiently high to prevent condensation. Besides maintaining an active fire it is also preferable to avoid chimneys with low insulating capability such as is the case with the single wall stove pipe. It should nevertheless be emphasized that in no cases should insulation be placed around an installed chimney and the required clearances to combustible construction should be maintained, since this in itself may constitute a serious fire hazard.

4) Notwithstanding the methods employed to reduce the rate of creosote formation, some will continue to be produced, and it is necessary to adopt a cleaning and inspection routine to prevent it accumulating to an unacceptable level. The rate of accumulation on a particular installation will vary, depending upon the respective influences of the factors noted above. It is therefore necessary to establish a routine of chimney cleaning on the basis of experience. With new installations or where there has been a significant alteration, such as changing the connected appliance, the chimney and flue pipe should be checked after two weeks, four weeks and at intervals thereafter until it is established how often cleaning will be necessary. Existing chimneys should be inspected and where there is an accumulation of creosote or soot they should be cleaned. Thereafter a similar routine of inspection should be followed until the required cleaning frequency can be established.

5) It should be recognized that, should there be a deposit of creosote or soot in a chimney, the likelihood of its ignition is increased by burning fuel at a higher than normal rate such as when paper, cardboard, Christmas tree branches, plywood or other scrap materials are burned.

6) Finally, if a chimney fire oc-

curs, call the Fire Department. After the fire is out, professional advice should be obtained to establish the condition of the chimney and its acceptability for continued use, or need for repair or replacement.

Gaaak!! There's smoke in my bedroom.

Would you know what to do if you woke up and found your bedroom filled with smoke? Take a tip from the Old Lady. Roll out of bed, down onto the floor. Since smoke rises, you'll be able to crawl under the smoke to safety.

The Old Lady and your Fire Department have lots of other hints on how to prevent fires, how to make your home fire-safe and how to deal with arson, burns and getting out of a fire safely. For these hints, simply contact your fire department.



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OF GENERAL INTEREST

AFIS—PRESERVING AIR FORCE HERITAGE

Two sleek CF-18 fighter aircraft sit poised at the end of the runway. Twin tailfins glitter in the early morning sun. Around them is the startling panorama of ocean, mountains and wide open skies that is uniquely CFB Comox, Vancouver Island.

As the state-of-the-art aircraft hurtle down the runway in a blazing display of modern power, a group of about 40 air force officers at the base are following a 65-year-old thread which reaches its conclusion with Canada's newest and most impressive vision of air technology.

It all began with the creation of the Royal Canadian Air Force back in 1924, but since then, the scope and range of Canada's air force has evolved into a viable, respected and dynamic organization. However, its rich heritage is being carefully preserved and because the past has a habit of becoming irrevocably ensnared in both the present and the future, its lessons are well worth learning. It is at the Air Force Indoctrination School (AFIS) in Comox that the history, customs and traditions of the air force, as well as its current status and plans for the future, are taught.

AFIS, an Air Command unit under the direct control of 14 Training Group, was formed in 1977 and opened in Comox in 1980. Although bases at Greenwood, N.S., Trenton, Ont., North Bay, Ont., and Cold Lake, Alta. were originally considered to house AFIS, Comox was chosen because it provides a typical air operations environment with three different types of flying units: Maritime, sovereignty and search and rescue (transport) squadrons.

A typical year sees an average of about 500 students pass through AFIS. The course takes nine training days with classes taught by four instructors at the rank of captain and the commandant, a major. Topics include history, evolution, Air Command units, customs and traditions, and research and development. As well, there are several guest speakers and visits to CFB Comox flying units and base support facilities.

The course is not a "swan," as some have called it in the past largely because of its locale in one of Canada's most temperate climates, but a progressive up-to-date series of lectures highlighted by modern audio-visual techniques. As the current commandant of AFIS, Maj Ian Sibbald of Abbotsford, B.C., says, the course is essential because "there is nothing more important for young officers than for them to have a good idea of where they've been and where they're

going—we try to instill that." **SEPARATE IDENTITY**

In fact, it is more than just young officers straight from basic training or language school who attend the course. Several trade qualified officers, some of them senior, and an entire serial of non-commissioned members each year, also find themselves enmeshed in the course designed to give them a separate "light blue" identity.

"These people are now the guardians of our air force heritage," adds Maj Sibbald, "and if they don't know what it is, they can't do that."

The school's current senior instructor, Capt Corky Hansen of Penticton, B.C., says AFIS has "an evolutionary syllabus" that is continually upgraded to reflect advancements in technology or changes in air force structure and administration.

According to Capt Dave Blamire of Victoria, one of the school's original instructors in 1980 and senior instructor for seven years, the course has improved steadily since its first days. It was particularly important when all three services in the Canadian Forces wore green, and the distinguishable characteristics of unique customs and traditions were the only thing that made each service different.

"Before AFIS, air force people in green tended to identify with their occupation and not their service," says Capt Blamire. "You couldn't really say you belonged. The school, apart from being educational, is also designed to be motivational."

One of the highlights of the course, designed to correlate the past and the present in a tangible and memorable manner, is Heritage Night. This involves a visit to the 888 Wing of the Royal Canadian Air Force Association near the base, where the students have a chance to mingle with veterans and exchange stories about the air force of the past and the air force of the future.

MUSEUM VISIT
The evening also includes a visit to the Comox Air Force Museum, which just recently celebrated its first anniversary and is tied directly to the indoctrination school in several ways. It shares the same facility in the former base theatre, and the commandant of AFIS is also the chairman of the Museum Committee.

The school benefits significantly from access to the museum's collection and archives which contain many artifacts and documents unavailable from any other source. In turn, the school course and research material provides the museum with ac-

curate sources for display text and general information to the public. The school and the museum also share the resources of a comprehensive book and video tape library which contain a wealth of information on Canadian aviation history and technology.

The arrangement is unique because although CFB Comox provides the location and essential services such as utilities, the day-to-day operating expenses of the museum come from the local community in the form of donations, or fund-raising activities. For example, the McPhee family in Comox recently donated \$8,500 for the creation of a diorama depicting CFB

Comox. It will be built by local artist Brian Banks, who is a contracted graphic artist for both the museum and AFIS.

The museum's curator, Nancy Green, is paid by an honorarium and is responsible for the preservation and display of the history of CFB Comox, the units stationed there and in general, military aviation activity in British Columbia. She estimates that in the past year since the museum opened, about 14,000 people have visited the facility.

The museum is currently actively pursuing the acquisition of "retired" aircraft. It now has an Argus, A CF-101 Voodoo and a CF-100 Canuck, with plans for other aircraft as

they become available. With an operating budget of only about \$20,000 per annum, the museum usually receives the aircraft as donations.

With the combined resources of AFIS and the museum, both military and civilian visitors to CFB Comox have a wonderful opportunity to delve into the rich heritage, customs, traditions and future endeavours of the Canadian Air Force.

"We have a great enthusiasm and belief in what we're doing here," concludes Maj Sibbald.

And the majority of the 500 students attending AFIS each year, after experiencing more than 65 years of air force heritage, agree with him.



At the CFB Comox Air Force Museum, one of the exhibits—air air traffic control terminal—is "tested" by Col Ted Gibbon (centre), Base Commander, Air Vice-Marshal (Ret.) Leigh Stevenson and Mr Robert Rogers, former Lieutenant-governor of British Columbia. (CX187-2456)

OFFICERS MESS LADIES CLUB

The Fashion Show held on Nov 16 was a great success. All ladies who attended were treated to fabulous fall fashions from a wide array of shops. Clothing ran the gamut from casual to glamorous also including maternity and night-wear. Many thanks to the participating merchants; Touch of Class, Roxannes, Donnies, The Golf Shop, Ricksons, Off The Cuff, Connections and Jasmins.

A large thank you to our entertainment committee headed by Angie Bolten and Sherry Snow for their work. Jane Holst is also to be applauded for her tireless efforts in running the show and contacting

the retailers.

The evening was accompanied by upbeat music graciously donated by Sound Station. Commentary was expertly done by Barb Vermette; always there when we need her. Our models, too numerous to mention, were just great! Their clothes were all worn with style and panache. The mix of mens and ladies clothing was a welcome touch. Those gorgeous suits one the guys sent a sigh through the crowd!

We appreciate the efforts of those male mess members who donned part of their mess kit to serve drinks with style. Something which, like the Black Forest Cake always adds

that special touch.

Mention should be made of the models' make-up and hair, done by Debbie's Esthetic Studio and Trio respectively. Our models had just the right look to go with each outfit.

All in all a fun evening and many great ideas for the upcoming festive season.

We look forward to seeing a big turnout for the Mess Decorating on Wed Dec 7. Decorating, 5:30 pm - Supper 6:30 pm - Bingo, after supper. Please bring a food bank donation. We would also appreciate any extra ladders or staplers that you can bring along. See you there!

AROUND THE BASE



Comox Air Force Museum

REMEMBERING

I probably do more "remembering" around the Base than most people. I work as a volunteer at the Museum, and accession each new article as it's donated. Many of the donations hark back to WWII, and in some cases, back to WW I. It is a job that is heart rending at times. Nevertheless, it is fascinating, for frequently I am reliving the lives and times of our young men who went to war.

I recently had my first opportunity to go overseas. It was an exciting experience, and it enabled me to actually see some of the things that I had been reading about in connection with my job. We had to circle, and circle around southern England, before we were able to land at Gatwick. I could look down and see the English Channel, and the fields and cliffs along the shoreline. In my

mind's eye, I could also see the bomber and fighter pilots heading out over that coastline on missions, from which some of them would never return. As they headed out, their thoughts obviously weren't on the beauty of the English countryside.

We finally reached our destination which was Lahr, and spent about 10 days driving through the German countryside. Too many years have passed to see any of the ravages of war, and I delighted in the beauty and tranquility of the German country. History abounds, both good and bad, and it is good that the reminders of war are gone. Yet for many, they will never be gone. We seemed to see far more elderly German men who were missing limbs, than we would see over here, and you wondered...

Our remembering became

very real to us when we were able to attend the annual Remembrance Day ceremony on the Base at Lahr. They upheld the tradition as best they could, with a cenotaph made of plywood; however, from a distance, it looked very real. The attendance was astounding. The stands were full, and there were hundreds of men and women in uniform, or civilians who had come to remember. The parade was held on the sports field on the Base, and by the time that all the troops had formed up, the field was completely filled - nearly 2,500 men and women in uniform who had come to play their respects to those who had gone before. It was touching to be able to remember our countrymen who had fought in that country, in order that we might all be free. It was a day of remembering that I shall never forget. ...by Nancy Munden

TOTEM TIMES

1989 PRINTING SCHEDULE VOLUME 31

NUMBER	DEADLINE	PUBLICATION DATE
1	JANUARY 9	JANUARY 12
2	JANUARY 23	JANUARY 26
3	FEBRUARY 6	FEBRUARY 9
4	FEBRUARY 20	FEBRUARY 23
5	MARCH 6	MARCH 9
6	MARCH 20	MARCH 23
7	APRIL 3	APRIL 6
8	APRIL 17	APRIL 20
9	MAY 1	MAY 4
10	MAY 15	MAY 18
11	MAY 29	JUNE 1
12	JUNE 19	JUNE 22
13	JULY 10	JULY 13
14	JULY 31	AUGUST 3
15	AUGUST 21	AUGUST 24
16	SEPTEMBER 11	SEPTEMBER 14
17	SEPTEMBER 25	SEPTEMBER 28
18	OCTOBER 16	OCTOBER 19
19	OCTOBER 30	NOVEMBER 2
20	NOVEMBER 13	NOVEMBER 16
21	NOVEMBER 27	NOVEMBER 30
22	DECEMBER 11	DECEMBER 14

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AROUND THE BASE



WOS & SGTS WIVES CLUB

Our mini fashion show on Nov 14 was a tremendous success, a special thanks to our entertainment committee for providing the models. Fashions were by The Club clothing store, Courtenay. Our next meeting will be Dec 12 at 7:30. We will be having a stain glass demonstration by Ray Phillips, followed by our Christmas Party. Everyone is asked to bring a gift valued at \$1 - \$5 to exchange. A special gift will be arriving at this time. Please don't forget your donation for the food bank. They are very needy at this time of year.

JUNIOR RANKS LADIES CLUB

The Jr Ranks Ladies Club held their monthly meeting Nov 17 in the lounge.

The fashion show was discussed and it was agreed by all that it was a great success.

Danielle McGrath won the draw. The prize was a set of Christmas candles, Santa and a Snowman.

Plans were finalized for the Dec meeting. This will be a Christmas Party. Admission will be a donation of non-perishables for the food basket.

We will have a Pot-Luck Dinner and music will be provided with a cassette player. Bring along some of your favourite tapes.

Also at this meeting you can give your secret sister a Christmas gift if you wish. Great way to avoid the high cost of postage.

Husbands and/or boyfriends are most welcome at this party. A door prize will be given and maybe your hubby will get lucky!!

New members are always welcome. Come out and join in the fun.

Anyone wanting info contact: Shelmia Young 335-5098.

The Christmas Party will be held Dec 15 in the lounge. Hope to see everyone there.

IMPAIRED DRIVING

Every year the problem of driving while impaired creates situations which cause many deaths, injuries and untold misery and suffering as well as loss of productivity and man-days. This problem is especially important to address at this time of year as the Christmas season is nearly upon us.

While we have only had one Aircorn personnel fatality in the last few years due to alcohol related automobile accidents, the human cost in terms of unnecessary injury is still high. As long as one person is injured as a result of drinking and driving then there will be room for improvement.

During 1987 there were 17 Aircorn military and DND employees as well as an additional 19 civilians injured in alcohol related automobile accidents involving department personnel. During the first three quarters of 1988 five Aircorn military and DND employees

have been injured along with 21 civilians. While these statistics do reflect that fewer military and civilian DND employees are being injured this year it is important to remember that each number represents a person injured and a human toll of pain and agony.

Every supervisor and each individual has a responsibility to aid in further reducing the number of injuries arising from drinking and driving. The organizers of military social functions shall ensure that transportation is arranged, that the designated driver system is used or that other measures are taken to ensure that participants get home safely. Individuals should take the time to plan their trip home before they start to drink alcoholic beverages.

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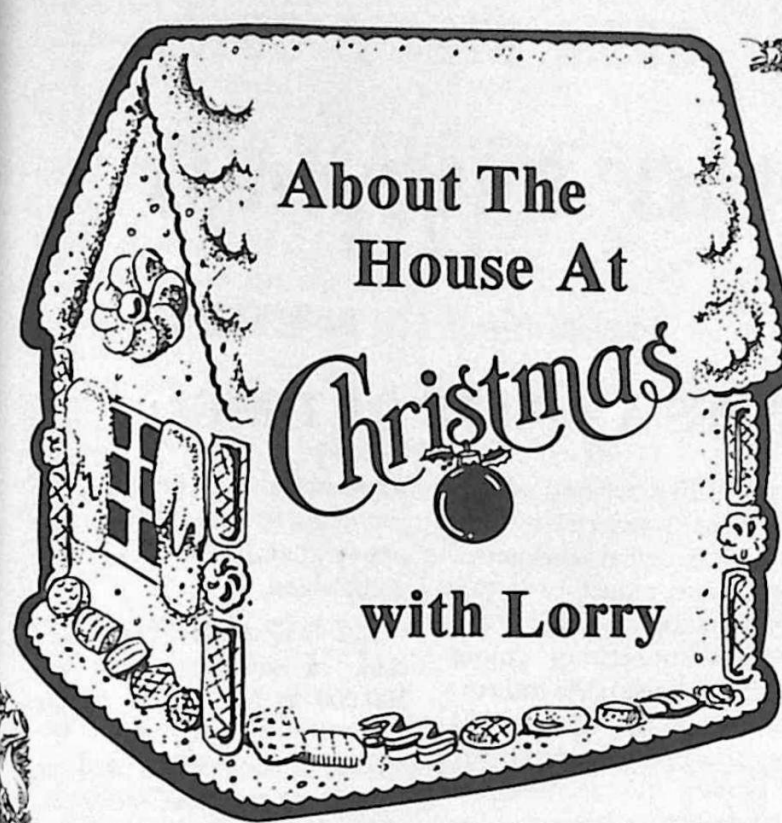
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HOME AND FAMILY



At holiday time more than any other time of the year, it seems like a thousand things have to be done at once. I always have the best intentions of getting things done ahead of time but usually I'm never done on time and never have all the stuff I'd like to do done. Here are some recipes that I make most years. Enjoy these and have the happiest holidays ever.

STEAMED PLUM PUDDING
This pudding recipe is adapted from the one used in Joy of Cooking. It really does take six hours to cook and I soak the fruit overnight. It is worth every single minute it takes.

INGREDIENTS
1C all purpose flour
1 lb seeded raisins (dark)
1 lb suet
1 lb currants
1 lb citron peel
1 lb mixed fruit
1 tsp nutmeg
1T cinnamon
1 tsp allspice
1 tsp cloves
1/2C brown sugar
7 eggs
1/2C cream
1/2C dark rum (brandy or sherry)

METHOD
Take all of the fruit, raisins, currants, mixed peel, and put all into the largest bowl you have. Pour over the rum, mix well, cover and let stand for 12 hours. (Author's note: 1/2C rum seems incredibly stingy, I always add one whole cup of rum to this, the raisins become very tasty.) Next day measure out all of the dry ingredients and put them together in a bowl, mix well, and then add the suet. In another bowl measure out the wet ingredients except the eggs. Separate the eggs, put the whites in mixer bowl and beat until fluffy. Mix the egg yolks with the cream, I usually add another 1/2C rum to this, it seems moister. At this point, put everything except the egg whites into the fruit bowl and turn until mixed well. It will be heavy to mix. Now turn in the egg white very gently.

STEAMING PROCESS:
You need a large pot with a tight fitting lid and a trivet. I use my dutch ovens and both of my double boilers to steam this and I usually start very early in the morning. You need either moulds with tight covers or small casseroles with lids. Any container used must be greased, or sprayed with a non-stick coating before you put in the pudding. I wrap each pudding in cheesecloth first, however this is not required. The reason I do this is because it comes out of the container a lot easier, and I freeze several puddings for later on during the year and I also mail puddings home. The steaming takes 6 hours and if you do it less the pudding will weight a ton and be hard. The slow steaming allows the suet to melt before the flour particles burst, this will make your pudding light and fluffy. Containers should be 2/3 full. Put 1-inch of water into a pot and bring to boil, put pudding on trivet and cover, tightly, turn down the heat, and steam six hours. When done, remove the lids and allow the pudding to cool for 10 minutes. (With cheesecloth, it lifts out very easily); sprinkle with rum and let cool, wrap well in plastic wrap and either freeze or place in a cool, dark storage area.

TO SERVE:
Heat a small pudding the same way you originally steamed it for about 3 hours. CAREFULLY remove the cheesecloth and put pudding on the plate you plan to serve it on. Sprinkle over it 2 tps of white sugar. Heat 1/2C of rum and pour over pudding, carefully light it. When it stops burning serve with hard sauce.

IRISH CREAM TRUFFLES
(my husband's favourite)
INGREDIENTS
3oz sweet chocolate
1 egg yolk
1T butter
3T Irish Cream liqueur
2T icing sugar
Unsweetened cocoa powder,
icing sugar or chocolate
sprinkles

METHOD

In top of double boiler over hot (not boiling) water or in microwave using medium low power for about 3 minutes melt chocolate. Remove from heat; whisk in egg yolk and butter until blended. Beat in liqueur and sugar until smooth. Cover and refrigerate until firm enough to shape, about 1 hr. With melon baller or your hands, shape into balls. (If balls stick to melon baller, dip it into warm water before making each ball.) Roll balls in cocoa or chocolate sprinkles, place in tiny paper or foil cups. Refrigerate in a covered container for up to 2 weeks. Remove from fridge 30 minutes before serving. Makes about 16 balls.

NOTE: It has been my experience that if anyone knows there are rum balls or Irish Cream balls in the fridge they will last only as long as it takes to eat them. I recommend hiding these somewhere where no one else will look.

CHOCOLATE FUDGE SQUARES

INGREDIENTS
1 350g pkg chipits semi-sweet chocolate chips
1 can sweetened condensed milk
1/4C icing sugar
1 tsp vanilla
1C chopped nuts, optional

METHOD
In top of double boiler melt chocolate chips over boiling water, stirring occasionally. Remove from heat; stir in condensed milk, icing sugar, vanilla and nuts. Spread mixture evenly into waxed paper lined 8 x 8-inch baking pan. Chill about 2 hours until firm. Turn fudge onto cutting board, and peel off the paper and cut into 1-inch squares.

GINGERBREAD COOKIES

INGREDIENTS
1/2C shortening
1/2C brown sugar, lightly packed
1 egg
1/2C molasses
1/4C flour
2 1/4C water
1/2 tsp baking soda
1/2 tsp salt
1T ginger
1 tsp cinnamon
1/2 tsp allspice

METHOD
Cream together shortening and sugar. Beat in egg, molasses and water. Combine flour, soda, salt and spices; gradually blend in with creamed mixture. If necessary, chill until firm enough to roll. On floured surface, roll out dough to 1/8-inch thickness (make slightly thicker for tree decorations). Cut into desired shapes. Place on greased baking sheets. For tree decorations make a hole in top of each with plastic straw. Decorate as you choose when

COCONUT MACAROONS
(My favourite!)
INGREDIENTS
1/2C (1/2 can sweetened condensed milk)
2 1/2C flaked coconut
1 tsp vanilla
1/4 tsp almond extract
METHOD
Put everything into a bowl and mix very well. Drop cookies by teaspoonsful onto well greased baking sheet, about one inch apart. Bake in a 350°F oven for 8-10 minutes or until light brown. This only makes about 18 cookies.

DECORATING ICING

Lightly beat one egg and add 1/2 tsp almond extract. Stir in enough icing sugar (1 to 1 1/2C) to make an icing that will pipe smoothly through a tube. This icing hardens firmly after piping.

HARD SAUCE

This can be put into a mould, or just into a fancy gravy boat, serve cold over hot pudding, as much as you like. This can be made the day prior. Do not cut back or substitute anything.

INGREDIENTS
1C icing sugar
5T butter
1 tsp dark rum
1/4C cream

Put all of this into a mixer bowl and beat with electric mixer until smooth. Chill and serve.

MINCEMEAT OAT SQUARES

INGREDIENTS
1/4C rolled oats
1/4C all purpose flour
1/4 tsp baking soda
1/4 tsp salt
1/2C butter
1/4C mincemeat
1T rum or brandy

METHOD
Combine rolled oats, flour, baking soda, salt and sugar. Cut in butter until mixture is crumbly. Firmly press half of mixture into 8-inch square cake pan. Spread evenly with mincemeat flavoured with brandy or rum. Top with remaining crumb mixture, packing down firmly with fingers. Bake in 350°F oven for 25 to 30 minutes or until lightly browned. When cool cut into small squares. Makes about 30.

RUMBALLS

INGREDIENTS
2 Squares semi-sweet chocolate, melted
1/4C corn syrup
1/4C icing sugar
1/2C dark rum
2C vanilla crumbs or chocolate wafer crumbs

1C finely chopped pecans
1 slightly beaten egg white
Chocolate hail, vanilla or chocolate wafer crumbs

METHOD
Combine chocolate, corn syrup, sugar, rum, wafer crumbs and nuts, mix well. Chill until firm enough to handle. Shape into 1-inch balls. Dip in egg white and roll in chocolate hail or crumbs. Store in airtight container in fridge. Chill at least one week to mature. Makes about 30 rum balls.

COCONUT MACAROONS

INGREDIENTS
1/2C (1/2 can sweetened condensed milk)
2 1/2C flaked coconut
1 tsp vanilla
1/4 tsp almond extract
METHOD
Put everything into a bowl and mix very well. Drop cookies by teaspoonsful onto well greased baking sheet, about one inch apart. Bake in a 350°F oven for 8-10 minutes or until light brown. This only makes about 18 cookies.

NUTTY SNOWBALLS

INGREDIENTS
1/2C peanut butter
1/2C icing sugar
1T butter
1/4C crispy rice cereal
1/4C chipped peanuts
Icing sugar
METHOD
Blend together peanut butter, icing sugar and butter until smooth. Stir in cereal and peanuts. Shape into small balls and roll in icing sugar. Chill until firm. Makes about 25.

CANDY CANE COOKIES

INGREDIENTS
2C shortening
1/2C butter
1C sifted icing sugar
1 egg
1 tsp vanilla
1/2 tsp almond or peppermint extract
1 tsp salt
2 1/2C all purpose flour
1/2 tsp red food colouring
METHOD
Cream together shortening and butter, add sugar, cream well. Beat in egg, vanilla, almond extract and salt. Blend in flour. Divide dough in half, mix red food colouring into one half. Cover and chill. Roll the coloured dough with your hands into long ropes about 1/4-inch thick. Repeat with white dough. Lay the strips side by side and press lightly together; twist to create a barber pole effect. Cut into any length you like, and place onto ungreased baking sheet; curve the top into candy cane shape. Bake in 375°F oven for 8-10 minutes or until very lightly browned. Makes about 50 medium.

GINGERBREAD COOKIES

INGREDIENTS
1/2C shortening
1/2C brown sugar, lightly packed
1 egg
1/2C molasses
1/4C flour
2 1/4C water
1/2 tsp baking soda
1/2 tsp salt
1T ginger
1 tsp cinnamon
1/2 tsp allspice

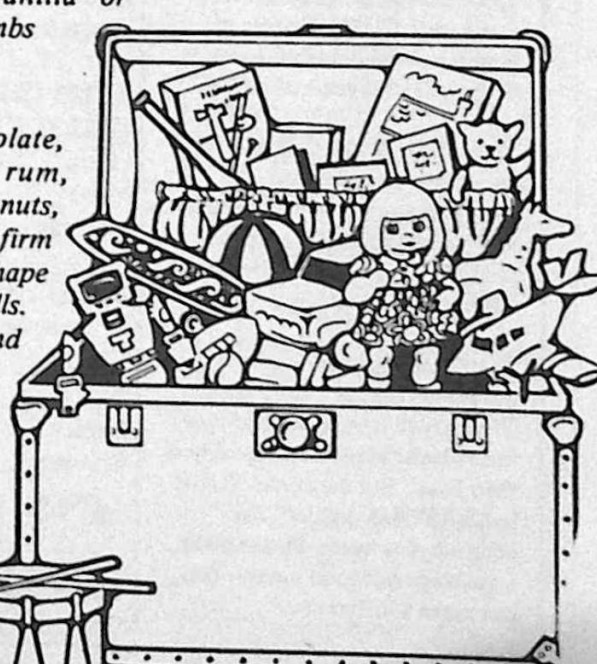
METHOD
Cream together shortening and sugar. Beat in egg, molasses and water. Combine flour, soda, salt and spices; gradually blend in with creamed mixture. If necessary, chill until firm enough to roll. On floured surface, roll out dough to 1/8-inch thickness (make slightly thicker for tree decorations). Cut into desired shapes. Place on greased baking sheets. For tree decorations make a hole in top of each with plastic straw. Decorate as you choose when

RUMBALLS

INGREDIENTS
2 Squares semi-sweet chocolate, melted
1/4C corn syrup
1/4C icing sugar
1/2C dark rum
2C vanilla crumbs or chocolate wafer crumbs

1C finely chopped pecans
1 slightly beaten egg white
Chocolate hail, vanilla or chocolate wafer crumbs

METHOD
Combine chocolate, corn syrup, sugar, rum, wafer crumbs and nuts, mix well. Chill until firm enough to handle. Shape into 1-inch balls. Dip in egg white and roll in chocolate hail or crumbs. Store in airtight container in fridge. Chill at least one week to mature. Makes about 30 rum balls.



LIFESTYLES



music reviews and syndicated columnist

CAMPBELL & WEBB RE-UNITED IN LIGHT YEARS

"I'm not a country singer per se - I'm a country boy who sings" Glen Campbell once told an interviewer. Perhaps that is one of the reasons that the native of Delight, Arkansas, has been one of the most popular entertainers on the scene. His philosophy for success has been quite simple. "Never try to categorize music - simply pick the best from it, whether it's pop, rock, country, jazz or whatever."

That philosophy works to perfection in Campbell's latest album "Light Years" (MCA-42210) a set that once more reunites Glen with ace songwriter Jimmy Webb. The title track has already received national attention and Campbell is undoubtedly heading for one of his biggest album successes of the past few years. Remember, it was Webb who penned such Campbell classics as "By The Time I Get To Phoenix," "Wichita Lineman" and "Still Within The Sound Of My Voice."

From the opening strains of the yearning love ballad "Light Years" through the pop balladry of "Lighting In A Bottle," the reflective "If These Walls Could Speak" to the uptempo commercial rocker "Saturday Night" Campbell is at his vocal best.

The album was cut digitally using the Mitsubishi X-850 32 track and features some of the finest session sidemen and background vocalists in the business. Sparkling production and Campbell's on-target vocals make this one a winner.

COUNTRY & EASTERN

The album "Country & Eastern" (MCA-39111) is an eight song compilation of some of the hottest country/rockers on today's music charts. Spearheaded by the new young turks of country (Steve Earle, Lyle Lovett) and augmented by the vocal magic of Nanci Griffith and solid harmonies of the Desert Rose Band this set definitely proves that country music is not necessarily a "western" sound.

Lyle Lovett offers "If I Had A Boat" and "Give Back My Heart;" Steve covers the recent "Six Days On The Road" and "Continental Trailways Blues," while Nanci relates "Beacon Street" and "I Wish It Would Rain" and the Desert Rose Band close out the set with "He's Back and I'm Blue" and their red-hot "Love Reunited." Great Grooves.



Aids Awareness

by JAMES GREIG

AIDS AWARENESS A WASTE OF TIME?

I read your column every week in the Mirror and I'm not in a high risk group concerning AIDS, but I think people are caring less and less about the AIDS situation. Everyone professes some concerns when people talk about it, but I don't believe anyone is really changing sexual behaviour. This is particularly obvious to me when I go into singles' bars. A year ago everyone was talking about AIDS. Now everyone seems indifferent or tired of hearing about it. Don't you think you are wasting your time writing an AIDS column?...D.D., Willowdale, Ontario.

Yes, I must confess that at times I do. I see the same indifference to the AIDS crisis on many occasions and this can be discouraging. The public's indifference is also reflected in the fact that condom sales have dropped considerably over the past six months; this suggests to me that fewer people are practising safer sex activities.

On the positive side, we know from recent surveys that AIDS education and awareness programs are having some impact. While condom sales may be down in the past six months, they have increased considerably over the last few years. Many singles' bars, particularly in the US, have gone out of business and/or are not drawing the same crowds of singles as they did two years ago. One US poll clearly establishes the fact that

sexually active men and women are either restricting or eliminating sexual encounters altogether to reduce their risk of contracting AIDS. While not true concerning young people (teenagers), the incidence or sexually transmitted diseases such as gonorrhoea and syphilis has decreased in the general population over the past three years; this suggests people are indulging in safer sex practices. Under these circumstances I don't think it would be fair to say that AIDS education and awareness programs are not working. What I believe we are experiencing at the moment is purely a lull period.

The AIDS virus has moved successfully through the homosexual and intravenous drug communities and is now just getting a foothold on the heterosexual community.

Depending on what authorities you talk to, the pace at which the virus is spreading throughout the heterosexual community is highly controversial. This is primarily due to the window period (that time between a person's becoming infected and showing signs of AIDS) and the difficult task of trying to determine just how much of the general population is unknowingly infected with the virus. Some authorities believe the heterosexual spread of AIDS will be as rapid throughout the community as it was throughout the gay community. While I don't agree,

other authorities believe there is nothing to fear...that the rate of transmission is now diminishing.

It is conservatively estimated that, in the US, there are 500,000 to 1 1/2 million people currently infected with the AIDS virus (HIV), and in Canada up to 50,000 are infected. One authority suggests that the heterosexual AIDS cases are now doubling every six to eight months. The World Health Organization predicts the AIDS cases worldwide over the next two years will be staggering.

Despite the present appalling apathy by many towards the AIDS issue, AIDS awareness and educational efforts cannot be minimized. In fact, they should be escalated. Education is the only key to preventing the spread of the virus.

While I try not to propagate "gloom and doom," sometimes people have to be hit right between the eyes before they pay attention.

On the other hand, however, you are reading the AIDS AWARENESS column on a regular basis as I know are many others. If this effort and that of the hundreds of people currently involved with AIDS education and awareness manages to alter the sexual habits of even a few people and thus prevent a further spread of the AIDS virus, then I think everyone's efforts will all have been worthwhile.

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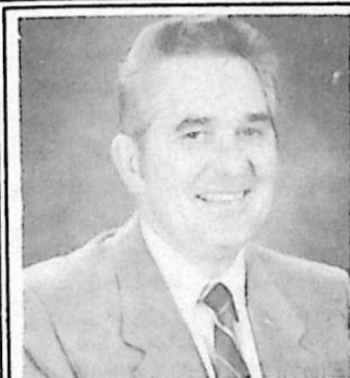
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STRENGTH IN THE BRITISH COLUMBIA ECONOMY



STAN HAGEN

The long term economic prosperity of our province depends to a very great extent on planning for a financially stable future. All of us understand the necessity for long range financial planning whether it is for the family budget or for the provincial budget. This year, our provincial budget set out clear fiscal goals which aimed at eliminating the current deficit, reducing accumulated debt and stabilizing revenue. We are achieving these goals and achieving them at a rate faster than we could have predicted.

Our B.C. economy is now forecast to grow at 3.0 to 3.5 percent in 1988 compared to the 2.7 percent projected at the time of our budget in March of this year. One of the main reasons for this strength in the provincial economy is business capital investment. It has been predicted that total capital spending will increase by 16.3 percent in 1988, with capital spending rising 28.6 percent. Increased confidence in the

economy has widespread results which affect us at every level. As more new jobs become available, unemployment decreases and people feel more confident in making purchases with their disposable income.

This is indeed what is happening in B.C. The unemployment rate averaged 10.4 percent in the January to July period, compared with 12.6 percent during the same period in 1987. Retail sales were up 9 percent through June and housing starts increased by 8.8 percent in the first half of the year compared to the same period last year. In addition, exports increased by 12 percent in the first 4 months compared with the same period in 1987, and manufacturing shipments were up 8.7 percent in dollar terms through May.

During the first three months of the fiscal year (note: this is April to June), government revenue exceeded expenditure resulting in a surplus of \$98 million which compares very

favourably with a deficit of \$105 million for the same period in 1987.

Our BC economy does not exist in a vacuum - we cannot control world trends. What we can and will do is make sure that your tax dollars are used carefully and responsibly. Our goal is to build a financially stable future and at the same time to reduce the deficit. I have every confidence that our government's plan for economic renewal and continued growth will benefit all British Columbia.

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video will be presented free by the students of ECKANKAR on Wednesday, December 7th at 7:30 p.m. at Courtenay Junior, Room 108.

PROGRESS
It helps to remember some very real progress that Canada has achieved in the battle against cancer.
The Canadian Cancer Society would like you to know that:
In 1958, cervical cancer caused the death of 11.4 per 100,000 women in B.C.; in 1985 that dropped to 2.4 per 100,000 as a direct result of the Pap smear test. That's a decline of 79%. Prevention and early detection works!

CANADIAN CANCER SOCIETY
SOCIÉTÉ CANADIENNE DU CANCER
BRITISH COLUMBIA AND YUKON DIVISION

LETTER TO THE EDITOR
Fort St. John, B.C. is planning a gigantic "Homecoming" for ALL former students and staff of the North Peace Senior Secondary School 1954-1989.
N.P.S.S. is being demolished to make room for a new school, so this will be our last chance to have this gala event.
On June 30, July 1 and 2, 1989, we hope to attract 3,000 former students, (not just graduates) to say farewell to the only high school we have known in this area.

A project of this magnitude requires a lot of time and planning so I appeal to everyone to help. If you know someone who attended N.P. S.S., or if you would like more information about this Homecoming, please contact us by Dec 1, 1988 so we can start making concrete plans to get this project going. We don't want to forget anyone, so please pass the word around.

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Homecoming Project
Box 6128
Fort St. John, BC
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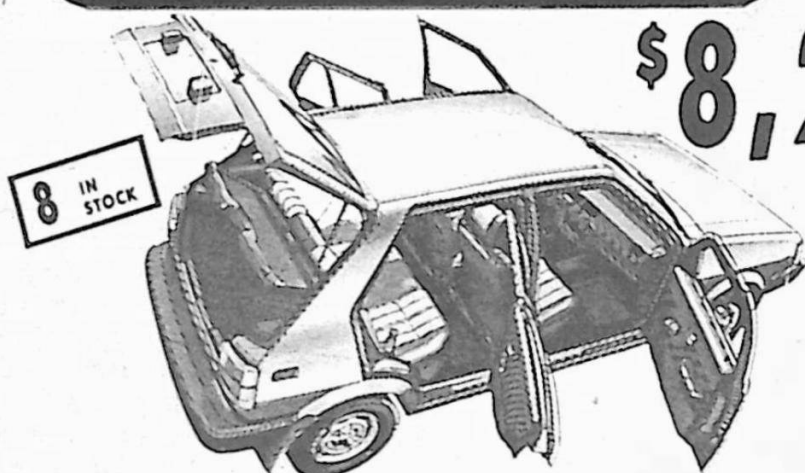
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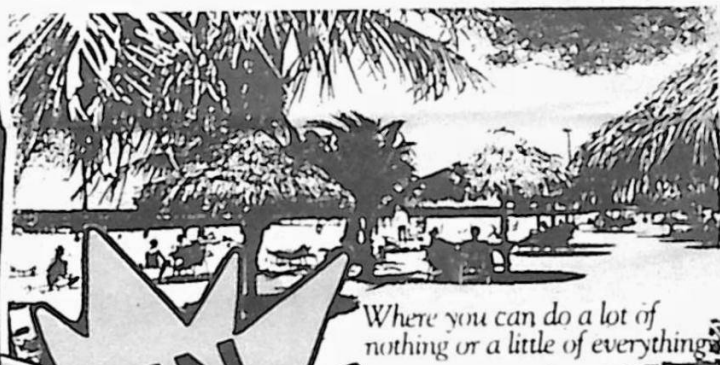


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