



TOTEM TIMES



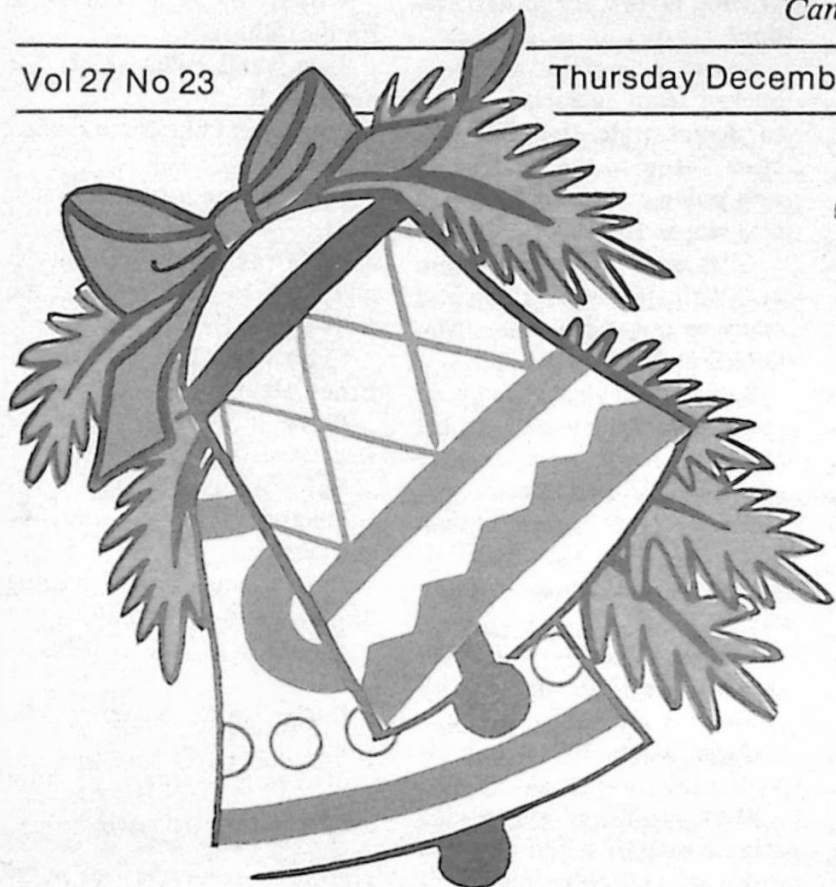
Canadian Forces Base Comox B.C.

Vol 27 No 23

Thursday December 19, 1985

Deadline is Monday January 13, 1986

Cost: Priceless



At this Christmas Season
and throughout the
New Year
may you be blessed
with every Happiness

Base Commander's Christmas Message



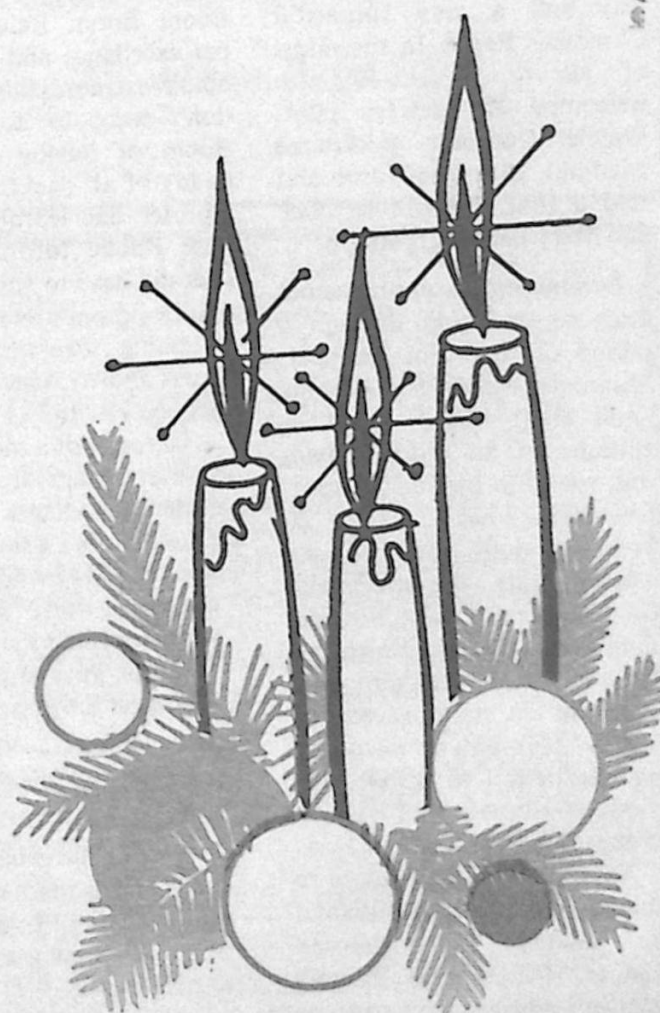
The holiday season provides an opportunity to reflect upon our activities and accomplishments during the past 12 months.

Nineteen eighty-five was an excellent year for CFB Comox. Our professionalism in ASW operations, SAR and fleet support has been acknowledged through the receipt of several prestigious trophies. Other awards have highlighted our operational, technical and administrative excellence. This recognition of collective efforts were complemented by a myriad of individual achievements earned by members of the base such as Bravery Awards; OMMs; CDS, Command, Group and Base commendations; flight safety, suggestion and physical fitness awards. Indeed, a fine indication of the superior dedication of our people.

I am also aware of the hard work required to carry out the many successful operational deployments both to and from the base. These activities impact upon all members and our success is a true measure of the team spirit and pride which exists at Comox. I commend everyone for their contribution to our accomplishments and feel confident that we can meet the challenges which lie ahead.

Please be careful during the festive season, and exercise moderation; you are critical to the success of "Team Comox" in the new year. From my family and me, best wishes for a joyous Christmas and a happy 1986.

Colonel B. Kadonoff
Base Commander



SECTION NEWS



VU 33 Squadron

New Duo wows 'em at 33



Herman will now sing... "Me And My Shadow" and my lips will not move...and you thought Edgar Bergen and Charlie were great!
Courtesy Base Photo

AIRCREW

The past few weeks have been very active at VU 33. Despite a busy flying program, we managed to have a Sqn Ski Day and a very successful Christmas Party. In the midst of all this, VU 33 also welcomed its newest pilot, Wayne Cuthbert (nickname pending), to the Squadron and said a fond farewell to Nick and Mary Beth Murgatroyd.

Several Squadron nicknames seem to be going through a period of flux. For example, Mountain Mikey has become Quill Shaft Mikey. Yes, the epitome of an outdoorsman, this veritable bastion of sportsmanship has taken to breaking quill shafts at an alarming rate. We understand the CO has not ruled out sending Mikey back to North Bay for a T-33 refresher with extra emphasis on start procedures. The SAMO has threatened a pay deduction to cover costs should he break another one. D'ems da breaks Mikey!

Another nickname soon to change is that of J.R. Reimer to Johnny Boom Boom Reimer. Once again aircraft start procedures seems to be at

the root of the problem. Backfires during Tracker start ups are not a common occurrence, at least not on this coast. Enter Boom Boom Reimer, subbie par excellence and infield trail blazer extraordinaire. Now we don't want to accuse Boom Boom of having the granddaddy of all backfires but this reporter has learned that the Base Public Information Officer did have to answer several queries from Denman Island pertaining to alleged sonic booms shortly after a Tracker start up.

As a result of a mailing foul-up several Squadron personnel's letters to Santa arrived on my desk. Here's a sampling:

- a. Sir Roland of Acorn — Santa, please send more dark whiskers for my upper lip. I think the guys are beginning to suspect the mascara.
- b. E W Gibson — Santa, all I want is a dark blue uniform.
- c. H.T. Murgatroyd — Santa, I know my child is not yet born but if you bring me a deluxe racing car set I'll hang on to it until the child is old enough to play with it.

Anchor 92

VU 33 TECH SIDE

The Ol' poison pen has been dragged out of retirement to write the column in the absence of one writer who is presently loading arrow quivers at Base Arm. The other writer, depending on who you ask is in (a) Comox, (b) Cumberland (c) Hawaii, or somewhere in between.

Another successful VU 33 Christmas party was held on the 4 December. In the absence of Santa (his sleigh was on a 3 check), Pete (want to buy a violin) passed out a few of the items his wife wouldn't let him bring in the house! Hats seemed to be the big item on this year's list, in more ways than one. Things were going great till Barry tried to collect another dollar from everyone to pay the light bill. A few malcontents refused to pay and were treated to dancing by candlelight (at no extra charge). A big thanks to Myles Knapp for his stalwart service driving some members home who had danced so hard they got dizzy. Scott and Bob are returning the

driving favors for other sections. Seems a certain squadron hockey team member offered to demonstrate the Nagasaki Nose Throw to the referee and was politely refused. See you next season Dan!

Giles and J.P. are back from JLC with spit shined shoes and ready to quote any item from QR&O at the drop of a hat.

Some of the boys were up on the slopes Friday and report excellent snow and weather conditions with no injuries.

In case Santa is reading this, here's a wish list that the Squadron would like to see him act on!

Dennis wants — a box of oversize rivets, 50 pairs of work gloves and 300 rags.

Oscar would like a pair of Master Sergeant Hooks

Merv wants a magnifying glass, a map of a T33 rear seat and an autobiography of Sherlock Holmes.

Please bring Ted a pair of oversize coveralls and some hand cleaner!

Ken would like a rollerskate for the left foot.

Woody wants a rollerskate for the right foot.

Tom wants roller skates for both feet!!

Fred would like some French lessons.

Ron wants a gross of airsick bags.

Lyall wants a new shoe brush and iron to replace what he wore out on the SLC course.

Gerry wants an autograph of Ernest Hemmingway.

Barry would like a stresscard.

Bob wants Emily Posts Etiquette Book (aircrew edition)

Dave would like you to bring him a map of the Klondike.

Glen would like a tobacco farm!

Barry wants a serviceable Radar.

Wayne S. wants a 75 knot wind.

Wayne L. wants a carrier pigeon — seems he can never get his radios to work.

Last but not least Pete would like anything!!

MERRY CHRISTMAS!

NANAIMO REALTY
RENTAL DEPT.
576 England Ave.
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PROPERTY
MANAGEMENT
334-3124

LOIS ELLIOTT
FOR YOUR NEW OR USED CAR
OR TRUCK, SEE THE
"LADY SALESMAN"

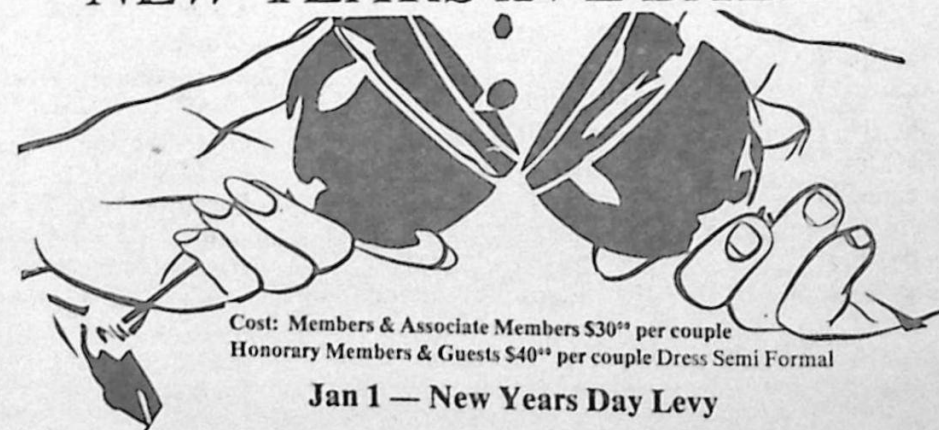


COMOX VALLEY FORD SALES
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3601 Hwy
Courtenay
334-3161

Wo's & Sgt's Mess

December 31

NEW YEARS EVE BALL



Cost: Members & Associate Members \$30** per couple
Honorary Members & Guests \$40** per couple Dress Semi Formal

Jan 1 — New Years Day Levy

COMING EVENTS:

Jan 3 & 10 — Food & Games
Jan 17 Mix TGIF, Food, Games & DJ
Jan 24, 31 TGIF

SECTION NEWS



As The Beacon Turns

This is the time of year where we all should reflect and remember all the great times that we have had over the past twelve months. We have had a major change, a tremendous turnover in Personnel, completion of Gravel Pit II, successful intersection teams and internally, the switching of secondary challenges (duties) has provided many new exciting ideas and functions for all.

In the new year Capt Jim Hatton and OCdt Michelle Millet will be departing for Cornwall for the IFR course, while remusters Cpl Melissa Cave, LS Dave Ryan and Pte Lorraine Comeau will be on the TQ3 course. Good Luck to everyone!

The BOPSO Christmas Party was held last Friday at the D'Estere House in Comox. A super turnout was the result of the superb work done by the entertainment committee headed by MCpl Paul Mitchell. The caterers outdid themselves

as the food was delicious. Many thanks to Sgt Neil Garlough's travelling Gravel Pit. The main door prize was won by Capt Lee Burnham. He won a beautiful Christmas basket made by Safeway. Dave Ryan won twice in the bottle draw, winning the Texas mickey and a mickey, while Dave Gariepy won a forty and Marty Zanatta won a 26 ounce. Thanks to LCol Brown's wife for drawing the winners.

Recently an ATC Ski day was held atop Mt Washington. OCdt Rob Dimmer organized the day through the STDS office. It was a fantastic day for skiing. Below we could see clouds obscuring the base while we were basking in the sunshine. All was fine until one older gentleman from the tower, skiing as fast as his wooden skis would take him decided to bail out. This resulted in a wild tumble which still has him out of action (flat on his back.) Another skier that tried this feat is still brandishing his sore

shoulder. Overall everyone able to go enjoyed themselves immensely. We will have more of these ski days in the new year.

The ATC/MP Orcas are having a hard time finding the right combination necessary for a victory. After tying the Base Oldtimers 3 — 3, they went to Vancouver to play their Air Traffic Control team and lost humbly although the party the night before was grand. The next night they played BTNO and lost 7 — 3, something about jet lag. This past week they were supposed to go against VU 33 but 33 couldn't field a team, so we won by default. Unfortunately for us, we will be losing many key players to courses in the new year, notably Legs Millet, Deke Hatton, Hammer Foley, Stache Maillat, and Redneck Ryan.

The ATC section sends its warmest wishes to everyone at CFB Comox especially those who must work during the festive season.

Base Supply

Twas the night before Xmas and all through Supply Not a voucher was stirring not even a reply. The stockings were hung by the counters with care In hopes that Safety Sam soon would be there. The Techs were nestled all snug in their beds, While visions of Issue Instructions danced in their heads. And George in his sweater and Moe in his cap

Had just settled down for a jolly night cap. When out in the warehouse there arose such a clatter, I sprang from my desk to see what's the matter. Away to the counter I flew flew like a flash

Tore open the doors and threw out the trash. The light on the aisles were dimmed very low I couldn't see the object below. When what to my wondering eyes should appear But Sgt Sears and eight bottles of beer. With a little bit of salt and a good stir stick.

I knew in a moment he'd have them down quick. More rapid than eagles his couriers he came And he whistled and shouted and called them by name! Now Vienna, Heiniken, Carlsburg & brew; To the front of the warehouse, beer in his arms he flew. And then in a twinkling I heard him on the ladder, A few little curses and I new what was the matter. As I scratched my head and was turning around Down the ladder he came, He looked like a clown.

He was dressed in his greens from head to his foot. And his uniform was tarnished with dust and soot. A bundle of goodies flung on his back And he looked like a peddler just opening his pack. His eyes — How they twinkled! His freckles how merry. His cheeks were like roses, His nose like a Cherry. His drole little mouth was drawn up like a bow, And the foam on his chin was as white as the snow.

The filter of his cigarette he held tight in his teeth, And the smoke it encircled his head like a wreath. He has a broad face and a little round belly, That shook when he laughed like a bowl full of jelly. He was funny and cute A right Jolly Old Sarge, And I heard when I saw him This man in Charge. A wink of his eye and a twist of his head, Soon gave me to know it was time to put him to bed. He spoke not a word but went straight to his duties, And filled all the stockings then glanced at the beauties. And laying his pencil aside his right ear Knowing that his ride would be here. He sprang to his car, with his wife at the wheel, And away they drove, not even a squeal. But I heard him explain e're he drove out of sight. Happy Christmas to all and to all a Good Night. All of us in Supply wish all of you a Safe and Happy Holidays.

Commanders Message

At this very special time of the year, I extend to all members of Air Command the Best Wishes for a Merry Christmas and a Happy and Prosperous 1986

During my travels this past year, I have been impressed with the dedication and professionalism displayed by all members of Air Command. Each of you can be proud of your contribution to the Command, the Canadian Forces and Canada. Your pursuit of excellence has been the foundation of our achievements. I am extremely proud to be your commander.

There will be new challenges for us in 1986, but I am sure that we will again excel as long as we continue to give our best.

LGen D.M. McNaughton
Commander
Air Command

M.S.E. Driver Safety

What would you do?

You're driving on a four-lane undivided roadway going 50 kph. You come over a rise and upon a car parked about 100 feet ahead on the road in your lane. There's someone changing a tire on the right side of the car and traffic passing you on your left. You know there are cars behind you but you don't know how far back. What should you do?

- ☐ Honk, take your foot off the accelerator, cover brake, signal left and watch for an opening to move into.
- ☐ Honk and stomp on the brake to stop.

Answer on Page 22

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See You There!!



Next Totem Times Deadline January 13

EDITORIALS

Peace on Earth

Once again it's that time of year! The season to be jolly...and to reflect on the true meaning of Christmas. There is something magical about this time of year, something that provokes a feeling within us that ahead lies a new year of good fortune and a much better life.

We are reminded of that night some one thousand nine hundred and eighty-five years ago when God's gift to us arrived on earth — into the rude surroundings of a stable, a humble beginning to say the least. But what progress have we really made since that night of the bright star?

The threat of war and conflict has continued to menace us through the decades and a sudden nuclear holocaust could yet be our epitaph. Struggles continue to be a way throughout the world and the beloved holy land itself continues to be embroiled in conflict and turmoil. Could it be that this wonderful place where it all began shall become the spark which will ignite the fire that will in turn destroy us.

Yet all is not lost — the picture certainly is not totally bleak. These twenty centuries of Christianity have had some positive effect — I think.

The United Nations, be it as it is, has endured some years of continuity — has prevented a major global conflict in its time and that is a positive sign. There are even indications today that man in his wisdom realizes his potential for destruction and is becoming more prudent in using the power he has. The super powers actually talk about it!

But we must do more than just sit passively by and do nothing overt that will threaten the orderly arrangement of the

world — the orderly arrangement that is required for the world as a whole to develop to its true potential. Peace on earth with good will towards men is that time worn phrase needed so badly today.

However a better way of seeing it might be goodwill toward men than peace on earth, for if indeed we had goodwill toward each other peace would surely come. In that one terse line "Goodwill towards men" lies the key that will help us solve the problem and in effect will bring peace to this wonderful world in which we live.

It is indeed unfortunate that man's competitive nature militates against goodwill toward each other. We realize that we should promote it and yet in the end we fail to live up to what is required.

Only through development of true good will towards men amongst all of us throughout the world can we ever hope to achieve the age old dream of peace on earth. Man has through the centuries stood in the shadow of conflict and has been a threat to destruction of his own kind — goodwill is so hard to achieve.

With Christmas comes goodwill. For many of us it is but one of the few times we express it. If we can carry on what Christmas brings out in us then there is hope, but that goodwill must last longer than just through the Christmas week.

That Christmas promise of peace on earth, goodwill towards men, is one of the greatest promises ever made. Will you do your part to help it materialize into something tangible — something that we all can enjoy in a peaceful prosperous world?

CHRISTMAS — A SEASON OF STRESS

Christmas can be a time of stress for anyone. For children in separated, single or blended families, it can be traumatic. There are so many emotions involved in these situations. The additional pressures of Christmas can make it far from joyful.

Children can be both the victims and the aggressors. After divorce kids usually live with their mother — and statistics show she usually experiences quite a drop in income after separation. The gift she can afford will perhaps be something in the \$10 — \$20 range. The father, who likely has suffered no drop in disposable income,

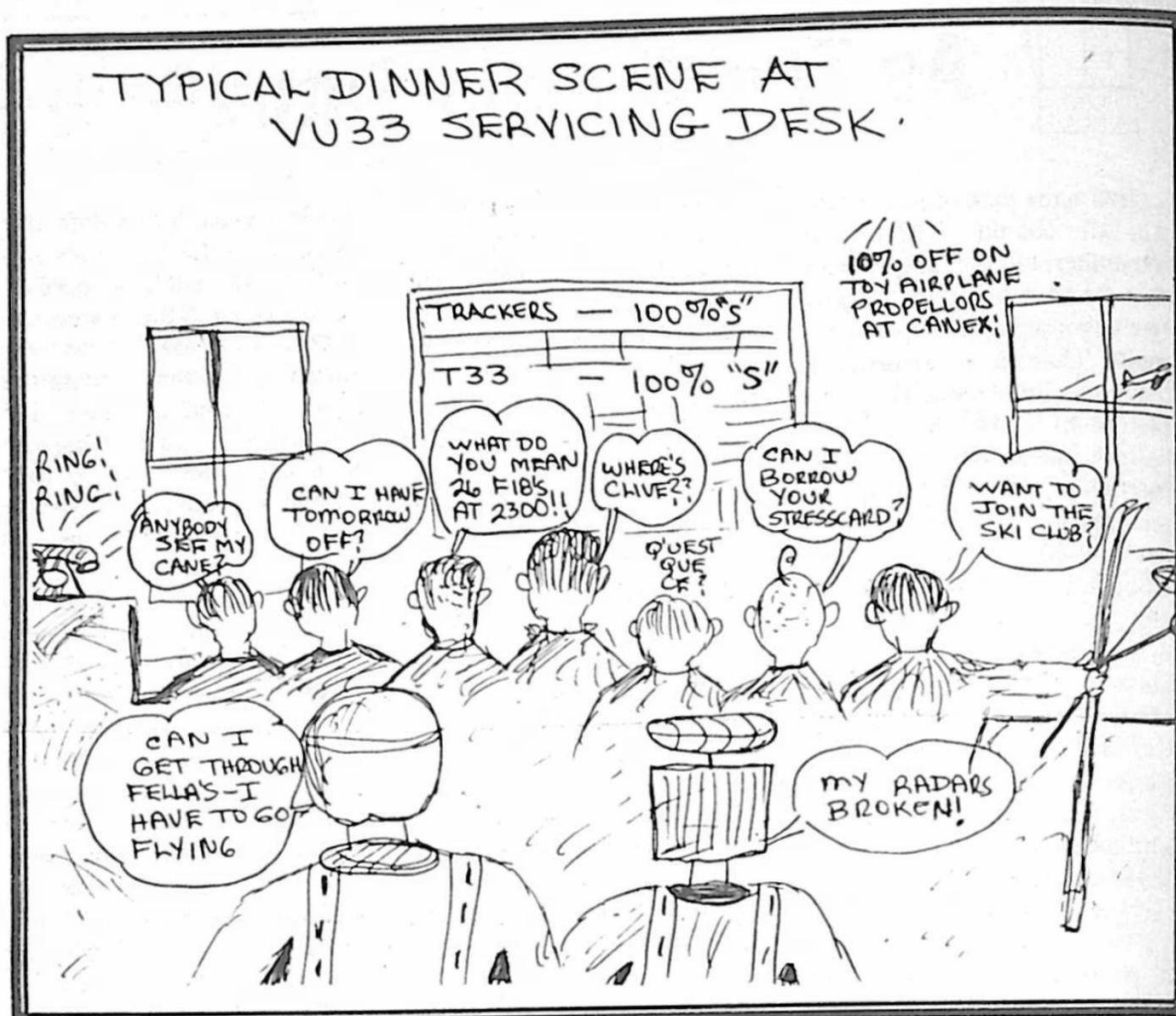
often buys very expensive presents. This can lead to a great deal of bitterness.

The other side of the problem is children who sometimes instigate this type of rivalry. If the mother has remarried, the step-father can find himself pressured into a competition to give bigger and better presents. Or one parent can be pitted against the other. This can happen even in families where there has been no separation. Children of single parents often face a bleak Christmas, for economic reasons, but their tensions are of a different sort.

There are ways to ease the

situation. The first is by pointing out to kids the materialism of Christmas. Even very young children can understand that stores and advertising companies are the big winners. Children gain a far better sense of giving and caring if they make or sew a small gift.

Most families, whether traditional, single or blended, would probably be better off with a less material Christmas, but that might be fighting a losing battle. At the other end of the scale, some people opt out completely — they declare Christmas defunct and just enjoy a day off.



Hair Cuttensnippenscriber

Ich worken on das aerodromen mit das whirlygebirdens und mein homin ist in PMQ Kinder-fabric mit mein frau und kinder. Ich haben a bitchencomplainen.

Mein bitchencomplainen is mit barkenpantensniffers und yowlenscratchers. Immer morning Ich hab lotsun barkenpantensniffers (und some yowlenscratchers) in mein yarden squattenmessing. Mein kinder ist playen und foolen in mein yarden and steppenundslippin in das barkenpantensniffer squattenmessen. Mein frau bin screamenundsnorten over das messen. Ven Ish goen to worken Ish must tippytoen oder Ish been slippenundsliden also.

Pleasen mein komerads, ifen das barkenpantensniffer needen runnerexercisen, taken das leash in youren handen und

you runnin mit, but nix in mein yarden oder Ish been callen das barkenpantensniffer-snatcher. Hair VonDick



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EDITORIALS

Weihnachtsfest Mit Der Deutsch Luftwaffe

Memoirs from Duke's Diarywith Duke Warren

Our first Christmas in Germany, 1957, with the Kanadisches Beraterteam (RCAF Advisory Group) was very quiet, the RAF establishment at Oldenburg Fliegerhorst was winding down, and I was the only RCAF officer at the station along with a tech rep from Canadair. We lived in a home "on the economy" which we shared with two German families. This had the advantage of course that we were exposed to the language and we were all beginning to understand a bit of German. We celebrated the 25th of December at home with our children, then visited the German families and exchanged small gifts for the children.

However, by the December of 1958 the Luftwaffe F86 OTU was in full swing, and a great Christmas party was planned for the German personnel. Our RCAF group was invited to attend, and we were pleased to do so, for by this time everyone had been working with their German counterparts for some time, and had established friendships. I forget the exact evening the party was held, but I do remember that when the CO of the school, Erich Hartmann, and I discussed it, we had agreed there should be no flying scheduled the next morning.

This particular party was considered to be a very special party, as it was the first post-war Christmas party for many of the older Luftwaffe personnel, and the first ever military Christmas party for all the new personnel who were doing their compulsory military service. The "soldiers" (often the term "soldiers" was used where we would say "airmen") were instructed to be at the big hall

and seated first before the more senior staff were to arrive. Except for these senior people which were allocated certain seats the others attending were mixed in a truly democratic fashion and old warrant officers who had been pre-war Luftwaffe were amongst the new recruits and officers were intermingled as well.

When the Base Commander, the CO Waffenschule 10 (OTU 10) and myself along with about ten others arrived I was amazed to hear the crowd starting to sing and clap, and they were singing a tune in German which I recognized as very similar to one I often whistled on the flight line. The German officers all laughed and I think they might have even arranged the "spontaneous" sing-song. When I asked for an explanation I was told that the airmen on the flight line could not understand why I whistled the tune I did for it didn't make sense when I wore the hat I did. For while at Waffenschule 10 I wore the same hat we had adopted at North Luffenham for 410 Sqn. a base ball type, with the squadron colours red and white.

The tune I generally whistled was from the overture to "The Poet and Peasant" which is also very much like the song "If You Should Go To Venice", but unbeknownst to me there is a well known German children's song "Mein Hut Hat Dreih Ecken, Dreih Ecken Hat Mein Hut" which means My hat has three corners, three corners has my hat and here I was wearing a cap all the time that had no corners at all. The airmen evidently got a great kick out of this contradiction, and had decided to welcome me with a chorus of what they thought was my

favourite song and which they found amusing.

Over the years I have attended many unit, squadron and station Christmas parties in our service. On some occasions I found them embarrassing to a certain extent, for at times it seemed we were emphasizing the old pagan aspects of Christmas and not the special significance of Christmas as we know it today. It surprised me that the German Christmas party did stress the religious aspect of the season. Not that it was overly solemn, for there was much laughter and singing of Christmas songs, and it was obvious that everyone enjoyed themselves. Our RCAF group, almost all forty-five members were present, were entertained and made to feel specially welcome.

Before each person a small Christmas paper dish was set, and these were filled with can-

dy and snacks of various sorts. Beer and a certain amount of wine was available, but nothing like the quantities one would expect at an RCAF Christmas party. Nor did I note anyone drinking a bit more than he should or becoming rowdy.

The Base Commander, Oberst H Wehnelt spoke on the past years achievements, the future plans for 1959, and his thoughts about the division of Germany in a mild way, but it did make this listener think about the possibility of another war if West Germany ever tried to regain the lost territory. I remember seeing a map about then that did not show a boundary between East and West Germany — and it was a new map. The youngest person present, and the oldest, were both required to stand and tell a Christmas story, and both told stories which I was given to understand were "classic"

stories. The one told by the elder airman I do not remember but the young man's story made me think of Scrooge, and it seems you get that type in every country.

The party lasted about three hours and then broke up — lots of handshaking and well-wishing, and the Canadians were given special attention at this time. One of the officer pilots stayed and played the piano and there was a sing-song for those who remained.

I enjoyed my first Christmas party with the Luftwaffe, and I left the hall with a better understanding of the people and country wherein we served, not only to instruct and meet our other requirements, but as partners in NATO with Germany. I was pleased that the Christmas party had shown me an aspect of the German Luftwaffe I had not given much thought to before.

Military trivia What? Where? Why? When?



Answer From Last Issue



Royal Canadian Navy Banshee fighter of VF870 over Dartmouth, N.S. circa 1955-56. Note Sidewinder missiles — First in Canada.

Commander's Message

Best Wishes for the Christmas Season are extended to all members of Fighter Group and Canadian Norad Region. This has been a year of significant achievements in our NORAD, Tactical Fighter and Supporting roles. While maintaining our day-to-day posture we have made great strides in our modernization programmes and have participated across a broad spectrum of exercise and training activities. Your dedication, skills and professionalism have made it possible to meet these goals. Your efforts are much appreciated.

In this Christmas period of caring, peace and goodwill, I send warm best wishes to each and every member and to their families for a joyful festive season.

Merry Christmas to all and a Happy 1986.

MGen R.W. Morton
Commander
Fighter Group



AIRCREW

Ho! Ho! Ho! The Yuletide season finds all the DEMONS bursting with good cheer. While there is a noticeable absence of blinking Christmas lights, there is a pleasant string of Christmas cards in the orderly room and notices for annual celebrations posted on walls and notice boards throughout the Squadron heralding the Christmas festival. There was some mention of the AESOps party being a little early, but nothing was said about the Officers having two Christmas parties this year: One on December 7th and an earlier one in February!! — none the less, *THE* social event of the season must surely have been the VP407 all ranks, all singing, all dancing Christmas party.

On a more serious note, a number of members on Crew 4 had an unfortunate encounter with what may have been food poisoning. Coinciding with this, but in no way relating to it was a statement by the Surgeon General that "a combination of warm weather, oily foods, flying and debauchery predisposes a person to food poisoning."

Both Crew 6 and Crew 7, after returning from Readix, were sent to Greenwood for the rare opportunity to combine OMS/FDS training with exotic Christmas shopping. It has also been noted that once again Hawaii will not be without B.C. grown Christmas trees.

Official reports on the Crew 2 experiment to determine the feasibility of having a crew without pilots has not been released, but rumours are circulating that they are having difficulties in contracting transportation for MPATS.

Congratulations and farewells are extended to Dave Thompson and Mike Lee respectively. Mike Lee is leaving us for a life of adventure at sea. Dave Thompson is getting married in Calgary on December 28. Dave, after a short honeymoon, will be giving lectures in the new year on Income Tax shelters.

All of us at 407 wish all of you a Merry Christmas and all the very best in the New Year.

ARMAMENT NEWS

"Wine, women and song"

were the order of the evening as Thursday night (the 5th of December) saw the annual Armament Christmas party. The wine was graciously supplied (for \$5.00 a bottle) by the Golf Club, the song by a D.J. and the women..., well... we'll come back to that later.

The night started off innocently enough with Leo and his dancing girls performing for a capacity crowd of about 45, but as the night carried on, it quickly became evident that new meaning would be given to the words "social drinking". While Mark Wells can crank a MK 8 hoist as fast as any man I've seen, he's definitely no threat to Johnny Carson's throne. Driven by Labatt's high octane fuel, this would-be emcee forced many a young serviceman to drink beer at a faster rate than humanly possible. This, of course, was the root of the reason why this reporter deposited said beer over various parts of Anne's couch. Besides that, the party was a great success and we thank Frank Bliss for providing transportation for we less capable people.

Tragedy nearly struck WO Clarke last week when the Sqn CO visited the Torp Shop. In front of God and everybody, the CO proceeded to inform Sgt Johnson that his wife had been sleeping with a Warrant Officer for the last 2 months. Immediately suspecting the crafty Clarke, Johnson made his move. The confusion eventually got straightened out as it was discovered that Art was the above-mentioned Warrant. Congrats from all of us Art.

Yes, it's true! Mike "have you got a sister" Marlow is to wed in May. Mike, we wish you and your bride-to-be many happy years. Also to wed is Mark Wells, whose marriage, if it lasts as long as his speeches, will be a long and prosperous one. Congrats to both.

Stu Waldron will be leaving us for 3 weeks to serve duty in Australia. Mrs. LaPointe and Mrs. Legault become POET widows for 4 months as their hubbies, Johnny and Pete head off to St. Jean.

Now for that scandalous, juicy piece of gossip I know you've been waiting for... Jason Froese, true to form at the Arm't party, picked !!!!!!! **%*//!!! and she saidm ;;;***?

6342aBz128 to which Froese replied, **LiliiQQ;;*. Afterwards, they then //aah BMC ★★(.,,!!!!. (I really have to get Peggy to fix this typewriter sometime.)

And thus it was those many days ago. In closing I'd like to pass on some quotes we'd like to hear but probably never will:

"I believe a man and his car are as one. When I buy a car, I keep it forever..." *Arm't Maintenance*

"I'm very introverted. People don't invite me to parties and dances because I'll just sit there all night..." *D/Ar-mPO*

"But I only talked for ten minutes..." *3 Crew, Arm't Servicing*

"Chug-a-lugging beer has no nauseating effect on me at all. I can do it all night..." *Torpedo Shop.*

DIAC MAINT

The large amounts of snow and rain since our last article brought some interesting memories to the members of DIAC maintenance. Jean Louis's bicycling experiences brought not only enjoyment but terror to the eyes of the many car drivers on his daily rides to work. He didn't even get any bruises from the many falls he endured while riding on the ice covered roads. Roger continued testing the off road worthiness of his new car and found his radio didn't work right. He returned it to the shop which allowed him to test other Toyota 4 x 4s on their hill climbing abilities. His latest reports have proclaimed the Tercel is really better than the land rover versions.

The section members started their vigorous exercise schedules in preparation for the ski hills. Roger was overjoyed until the rain struck the valley and the section joke for the day consisted of telling Roger the rain was melting all the snow at the base of Mount Washington. This started an hourly phone check to the hills on their snow conditions.

On the training front the FTAS course is rapidly approaching and the necessary preparations are well underway. Personnel rotations to the training cell have caused only minor maintenance crew disruptions and hopefully will not cause too many conflicts

CO's Christmas Message



The spirit of Christmas touches each of us in a special way. Hopes, dreams and wishes are the foundation of many pleasant memories which we all retain from Christmas past and use to eagerly anticipate Christmas present. May the spirit of the holiday season help make your dreams come true. From my family and I, a very Merry Christmas to one and all.

Lieutenant Colonel T.B. Rogers
CO VP 407

with joyous season's activities.

On the aspects of Christmas, the single members enjoyed the well prepared meal from the Mess hall and company provided by the serving staff. By the time this has been put into print the DIAC party will

have come and gone again for another year and I'm sure everyone had a good time.

Finally, we wish the Merriest Merry Christmas and Happy New Year be extended to all you may pass today. Merry Christmas and Happy New Year!

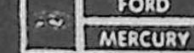


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442 Squadron

proach. One SAR Tech from the Buffalo was deployed on a Highland helicopter which landed at the site, while the second SAR Tech joined a ground search party on snowmobiles which reached the site shortly afterwards. The Squadron Labrador, which had experienced weather problems transiting to the area arrived shortly thereafter, and was utilized in transporting the coroner to and from the site and recovering the body of the single occupant, a fatality in the crash.

Well, it's here again...the end of another year and the last issue of Totem Times for 1985. As Christmas fast approaches, the Snakes find themselves busily shopping for friends and relatives; a little partying (here and there) and desperately trying to squeeze a few more flying hours out of our BOEING aircraft.

Several Squadron members are away just now on course, but all should be with family or loved ones for the holidays. Last week, Captains Inge Plug, Terry Wheadon, and our resident geriatric, Harv May left for the Searchmasters Course at the Transport Canada (Training Centre)...spelled R E S O R T I, at Cornwall. Terry's going to hang-in down in Belleville for the holidays, while the remainder return to the west. Also away and staying east for Christmas, is Captain Tod Lindsey, who should be just about done the ICP Course in Winterpeg ... BRRRRR RR!

On the home front, the Squadron All Ranks Christmas Party held again this year at The Loft was another resounding success. One can hardly talk to any Squadron member who was there without hearing raves about the excellent meal catered by the Old House Restaurant. Congratulations to the All Ranks Entertainment Committee on a job well done! Still on the subject of parties, the Squadron Officers' Christmas Party was held last Saturday night in the mess, and turned-out to be a well-attended opportunity to meet many former Squadron members.

Work-wise, things haven't been too busy around the Squadron. On December 3rd, a 37-foot fishing vessel capsized off Point Holmes with one survivor swimming ashore and the other crewman missing. Both standby aircraft responded, and together with surface vessels, used flares and the 'Night Sun' searchlight to search for the missing crewman without success. Later that day, both aircraft were again launched on a suspected aircraft crash in the Castlegar area. Weather hampered efforts to reach the crash site, but early the next day the site was spotted by an aircraft on ap-

proach. One SAR Tech from the Buffalo was deployed on a Highland helicopter which landed at the site, while the second SAR Tech joined a ground search party on snowmobiles which reached the site shortly afterwards. The Squadron Labrador, which had experienced weather problems transiting to the area arrived shortly thereafter, and was utilized in transporting the coroner to and from the site and recovering the body of the single occupant, a fatality in the crash.

On the 10th, both standby aircraft carried out the medical evacuation of a dependent woman from CFS Holberg to Comox. On December 11th, both standby aircraft, which happened to be airborne on training at the time of alert, were despatched to assist a converted fishing vessel, the "SAFARI II" reported on fire off Long Beach. The Buffalo, with Captain Rich Hanna and crew arrived first, only 20 minutes after the distress was declared, and observed the vessel on fire about three miles offshore, with a covered liferaft in the water nearby. It was determined that the person or persons in the liferaft were in no immediate danger, and the Buffalo continued to circle overhead and await the arrival of the Labrador. On scene some twenty minutes later, the helicopter with Capt Bob Grant and K.C. Pettman at the controls, deployed SAR Techs into the water and attempted unsuccessfully to use the Billy Pughe net to hoist the lone occupant of the liferaft. Relatively calm seas and low winds permitted the Labrador crew to carry-out a rare, salt-water landing and taxi over to the raft to board the injured crewman and SAR Techs through the front door. less than ten minutes later the casualty was in hospital at Tofino and the standby aircraft headed for home.

On a less operational note, personnel at the Expo Site in downtown Vancouver were treated to an impromptu air show on Monday the 16th, when a Squadron Labrador completed several low level passes over the area during a reece for our proposed participation at SAR Week during the Exposition. With the Coast Guard vessel, 'Osprey' steaming around the inner basin on False Creek, the Labrador completed several practice approaches to hover over the deck, simulating a hoist operation, part of the planned display to take place during the week of 13 — 18 May 86. Judging from the number of supposedly-working spectators around the basin, some employers on the site were NOT getting their money's worth during the half-hour reece!

Also on the lighter side, elsewhere in this issue you'll find the first of hopefully a series of Squadron cartoons drawn by Sergeant Ian Murray, a flight engineer from Lab Flight. Ian has shown a hidden talent for the artistic endeavour, and not without a generous measure of humour, we're sure you'll agree! Watch for 'Snake Eyes' again in future issues...and, Thanks, Ian!

Finally, on a somewhat sad note, the Snakes are about to bid farewell to a Squadron 'tradition' for over fifteen years. As any Commanding Officer in the forces will probably attest, his secretary becomes much more than a typist, telephone receptionist or "gopher", but rather, exists as an inextricable link with the Unit's past. For our Squadron, that link has been Mrs Merle Wadsworth, CO's secretary at 442 since 1970. She has faithfully served the Squadron under no fewer than nine Commanding Officers, and has become quite possibly the longest continuously-serving 'Snake'. The benefit to the CO and other members of the Squadron that derives from Merle's long service is the cheerful, patient source of advice and information on matters which range from airshows to changes of command, and which, in many cases can be found in no filing cabinet. Her apparently boundless good-humour and congeniality make this assistance accessible to all Squadron members, and she has been a pleasure to work with. The brighter side of all this is that Merle and her husband Keith, a retired MWO avionics tech, also formerly of 442 Squadron, are both looking forward to a well-deserved retirement, starting with a lengthy trip south to Palm Springs. Following that, we'll look forward to seeing Merle and Keith at future Squadron functions, as they plan to remain in the Comox Valley. Best wishes and congratulations on your retirement, Merle, and from all the 'Snakes', Thanks a million!

CO's Christmas Message



On behalf of the Officers, NCOs and members of 442 Sqn "Snakes" I wish to thank all the various sections and units of CFB Comox for their support and camaraderie over the past year. Search and Rescue operations are always unpredictable and the associated urgency often requires other sections on the base to "down tools" to assist or support 442 Sqn personnel when a call-out occurs. The consideration of all sections on such occasions is deeply appreciated.

Certainly the Accounts section has provided yeoman service over the years, as has Base Transport and the Combined Mess. Perhaps the least applauded but the most often called upon is the medical staff from the Base Hospital. Although this section is not established to hold SAR standby they, nonetheless, have never failed to respond along with the Snakes of 442 Sqn to every distress incident that might require their medical expertise. A special thanks to the hospital staff for their support and enthusiasm...it makes our efforts look that much more professional and results in the best care possible for the mishap victims.

Reflecting the 442 Sqn motto "One God — One Queen — One Heart" may I, as Commanding Officer of 442 Sqn, with this singularity of purpose, wish all members of CFB Comox a very Merry Christmas. We at 442 Sqn look forward to your continued support in SAR operations during the upcoming year — "SO THAT OTHERS MAY LIVE".

Lieutenant Colonel D.K. Lett
CO 442 Squadron

Every two weeks I start this column with a mind as blank as the sheet of paper before me. Inspiration is a scarce commodity early on a Monday morning. Traces of the weekend — muscle twinges mainly — linger. Other people use the weekend for R & R. Not with my spouse I don't.

Saturday was Nanaimo Day — a quarterly event, when we set the radio alarm to sometime before cockcrow, and boogie down the island cowpath, the Ranger high on its springs, enjoying the day out. It comes back with tires bulging and tail low, loaded with case lots of this and that, the driver and passenger recounting the day, counting all the money saved by spending a fortune on bargains. On these trips, the part I enjoy most is when Spouse decides to look at shoes. That's when I get to sit down. I even get to nod off for a while. Having grey hair and a somewhat venerable visage lets one get away with it. The clerks, their own feet protesting, are envious but sympathetic.

Sunday is Curse of the Homeowner Day — shelf brackets, curtain rails, dripping taps, the cat box — the list feeds itself, end for end. It never ends. It is good to be

time writing about my friends in 442's Journeyman department, which was increased by one last week, in the person of Cpl BF Wiszniowski. He came here from Shearwater. Welcome to the Main Floor, Barry. Blaine McMillan is off to Egypt in March, and Smokey Wagner just returned from JLC. Bill Boran is sporting a sun tan which was obtained somewhere west of Tofino, and my spy network has it that he will be several thousand miles east of Tofino next year. So will Rick Parent, whose JLC has been superseded by a CF18 course. Look out frauleins, here comes Rick.

In sports, our hockey boys, who have been emulating the Canucks again, won a game last week, and Ab MacDonald led a bowling team to second place in a BC Winter Games rolloff at Port Alberni. And after their unsuccessful attempt to bury Tom Furlotte at Air-force beach last summer, a group led by someone named Booker is trying to get him a posting to Egypt where, apparently, there is enough sand to do the job.

It remains, this being the time for it, to wish 442 and all others who read these pages, all the best for the holiday season. See you in 1986.

Norm Blondel



BAMSO

It's time for the last column before Christmas and as you will be reading this on Dec 19th or later it is a good time to wish one and all a Very Merry Christmas and a Happy and Prosperous New Year from Maj Monahan and all of his BAMSOites. Also, by the time you read this, our annual Christmas party, that we are holding at the Westerly, will be a thing of the past and we will be looking forward to the next social event that will probably be in the spring.

The BAMSO sporting teams have been doing very well this year as can be seen in the summaries of those event standings that appear periodically in this paper. We are particularly pleased this week though by the fact that the BAMTELO hockey team, consisting of BAMSO and BTelO personnel, came in third in the recent charity hockey tournament and brought home the bronze medal. That feat is even more

superb when you consider that all of the players in our team had been at social events the night before. Our congratulations do go out though to Barry Silk, Russ Parker, Mike Gauthier, Dan Lefebvre, Mike Wells and Jeff Fairweather, our goalie, who all did such an admirable job of representing us. The only concern that this writer has is that the one game they lost was to the 'old timers' (only out of respect for age, of course). They were successful, however, in putting the Eagles and the RCMP down. Good show guys.

Ever since I started reporting some of Anndalyn Morey's activities in this column she has been very quiet and is making sure that I don't have another 'spoiling' type announcement to make to the world. There Andy, you can't escape a mention in this column even by doing nothing.

Last week we had hurrahs and boos but this week I can only think of a hurrah which is that Maj Monahan's wife finally talked him into putting his boat in the back yard while there was still some of the winter remaining. Being ever alert and on top of things, he offered to decorate it with Christmas lights if he could leave it in the driveway. Apparently Mado wasn't too impressed with that proposal.

Sure has been a lot of the flu going around lately. Monty

just returned from a bad bout of it and George Stecko and Dave Crittenden are both at home in bed with it as this is being written.

I often wondered if anyone other than BAMSO personnel read this column and my question was answered when we had a feedback from 407 Squadron on something I reported on in the last column. Sgt Grinnell tells me he has many more interesting stories that he could give me but we have got our point across so will report no more events (unless one better than the one I reported last time comes to light). *Proof Reader's Note: I have to read it!*

Now let's hear what the shops have to say, starting with the shop that got their column into me first. Good work Bill. Who is going to look after it when you go to Europe?

SAFETY SYSTEMS

Nothing earth shattering has happened in the Safety Systems shop since the last submission and everyone seems to be gearing up for the festive season. Cpl Koning is heading for Cold Lake the third of January to take the CF118 course. Does that mean you're going to Germany Diane? We've had a switch of one body with VU 33. Departing for VU 33 is Frank O'Reilly and arriving is Bob Frizzell. Thanks Frank for all you've done in the BAMSO organization and welcome Bob. We hope you enjoy your stay.

Ian Neilson arrived home from a week's vacation in Hawaii. There must have been some sunshine there by the looks of the hide peeling off his nose.

Congratulations to Willie Williams on his recent promotion to Sgt. Now all we have to do is get you out of the supply room.

With the fast approaching Christmas/New Years season, we in the Safety Systems Section would like to wish you a joyous season and remind you that if you drink DON'T DRIVE. We would like to see you all in the New Year. Besides, who can afford to get caught? I sure can't.

N.D.T.

Hello again and welcome to the section that works in the

dark most of the time. We've been kept fairly busy since the last report.

As usual, VU 33 has kept us busy with the latest T-Bird inspection as well as X-Raying that aircraft's intakes. Brake and wheel has also kept us gainfully employed with many Aurora wheels and bolts. Our X-Ray program at 442 Squadron continued as well with some large jobs on the Buffalo.

Our S.O.A.P. monitor, Karen, has kept us busy with a steady supply of samples from 442's aircraft. However, it seems our machine has a mind of its own. It almost always seems too sensitive to this cold weather we've been having lately and almost needs a kick start in the mornings. It does the job but we are convinced it could be a modern antique someday.

We've also been kept busy by the Military Police doing some work for them.

We recently had an interesting job at the base steam plant where we were 'in the dark' once again. We were called over to do thickness measurements on their underground fuel tanks' walls. We dressed in double coveralls and rubber boots as the interior of the huge tanks were coated with the black tarnish remains of the fuel. We used a piece of modern ultrasonic (something like sonar) test gear to take

measurements of the wall thickness, which, by the way, has barely changed in fifteen years.

Sgt Scotch MacDonald was recently in Trenton for the annual NDT seminar where he picked up rumors of upcoming postings and was introduced to some of the latest NDT technology and gadgets.

MCpl George Bigelow will be leaving us shortly to attend a Senior Eddy Current course in Trenton to prepare for his Level II Canadian Government Standards Board (CGSB) exam. Good luck George.

Cpl Dave Stewart will also be in Trenton in January for his senior ultrasonics course. Another item on the back of Dave's mind is that in February he will be making a five and a half week trip to the Alberta foothills where he will be attending the Junior Leaders' Course. Good luck Dave.

Until the next time around we say so long and have a merry and safe holiday season.

BASE ARMAMENT

Season's greetings from all personnel at Base Armament. There has been a lot of speculation around the shop as to the true identity of the Phantom Armourer but there is no solid evidence to pin the name on any one person. Maybe he is really Santa Clause. Who

knows for sure?

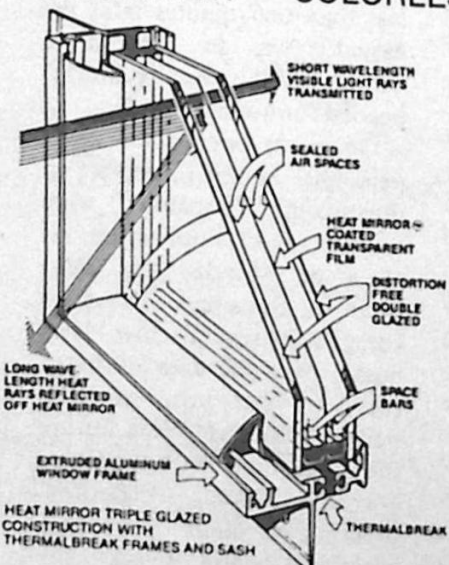
In keeping with the spirit of Christmas the Phantom Armourer has made a list of gifts that he would give to everyone in Base Armament if he was Santa Clause. Joe Ireland would get a full year of free mess hall lunches and a pair of elevator work boots. Jim Lewis would get a naive buyer for his house and a free move to Italy. Al Rice would get a full days rest from Russ Payne and five years in Baden. Frank Bliss would get a new EOD truck and a playmate for Mr RMI. Rick Jacques would be given a shorter POET course. Dave Oakie would be presented with a remaster to AWS or WTECH (his choice). Jeff Fairweather — the Oilers. "H" Haskell — a trip home for Christmas. J Olsen — a chance to accompany "H". Bob Patenaude — a six hour scuba tank. Don Wilson — a pair of turbo charged skates. Dave Koons — a new watch. Gaetan Thibault — a six pack of Canada Savings Bonds. Caroline Wilson got hers early — an overseas posting screening request. Jeff Campbell — a couple of fire hydrants. Russ Payne — an aerobics studio. Glen Litchfield — some new crests for his flying jacket. Alain Ladouceur — a new set of killer darts.

That's it for now. Health, happiness and good fortune to you all in the New Year.

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AROUND THE BASE



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'Twas a time near Christmas ...and the Jr Ranks had a dinner ...and the Officers hosted the WO's and Sgt's



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And I'd like to introduce my older brother Bob



You might be a Colonel Kevin but we privates have the touch



Who hollered eyes right anyhow!



Man these Officers have good grub!

SPORTS & RECREATION

Sports shorts...

VOLLEYBALL TEAMS

The CFB Comox servicewomen's and servicemen's volleyball meet every Tuesday and Thursday from 1800 — 2000 hrs. Any military personnel interested in playing are urged to attend these practices. For more information contact MCpl Descoteaux (womens) Local 2315 or MCpl Graham (mens) Local 2350 or Pte Harvey (mens) Local 2601.

PAC REGION BOWLING CHAMPIONSHIP

CFB Esquimalt will host the PAC Region Bowling Championship, 23 — 26 January 86. Any military personnel interested in participating in the Base Roll offs are requested to contact the Base Rec Centre, Local 2315, NLT 23 December 85. No separate Regional Servicewomen's Championship will be held this year. Team may be comprised of a maximum of six (6) bowlers of either sexes.

PAC REGION CURLING CHAMPIONSHIP FEMALE/MALE

CFB Chilliwack will host the PAC Region Large Base, Small Base and Servicewomen's Curling Championship, 24 — 28 February 86. Teams interested in competing in this competition are required to contact the Base Rec Centre at Local 2315 NLT 17 January 86.

PAC REGION BROOMBALL OFFICIALS CLINIC

CFB Esquimalt will host a Broomball Officials Clinic in early January '86 (Dates TBA). Any military personnel interested in attending this clinic are to contact the Base Rec Centre, Local 2315, NLT 19 December 85.

Pipe Smoke

By Gerry Gerow

This week a book that is a little different for me, but as a sports fisherman and lover of sea food, I find it very interesting. The *Canadian Fish Cook Book*, by Jan Howarth, Douglas & McIntyre, Vancouver.

The following quote from the jacket describes the book better than I can. "A straight forward, comprehensive, reliable how to and reference guide to the preparation and cooking of every species of fish and shellfish available in Canada."

Here you can find out how to shuck an oyster, crack a lobster or clean a squid. From the moment you take the fish until you sit down at the table to enjoy it, this book will guide you.

There are descriptive paragraphs about every fish and shellfish. Then there are over 170 recipes to choose from. Actually, the book was written after 5 years of testing in the kitchens of the Department of Fisheries and Oceans.

A 287 page hard cover, the book is excellently illustrated and well indexed. It should be available in book stores or from the publisher.

Incidentally, every fish should swim three times. The first in water, the second in cooking oil and the third time in a good wine.

Christmas...A time of year that means different things to different people. To some it is an excuse for a large amount of partying and little more. To others it is a time of deep religious feelings. To most of us however, Christmas is a combination of both. As the celebration of Christ's birth should be, it is a time of close family togetherness. Those who can't be with their family will find ways to contact each other during the holiday celebrations. Many will, of

course, eat and drink to excess. To some the Christmas celebrations will have a tragic ending. We all know someone who has come to grief during the Christmas celebrations. But most of us will return to our jobs after the holidays with a feeling of renewal. It's certainly a great time of the year.

But how about those of us who are less fortunate. The people who can't afford to celebrate Christmas, even in a small way, and those with no one to celebrate it with. We can all help by giving generously to the various organizations set up to help the needy. We can also help by making known the names of those in need of help. Many people fail to realize that those in need are not necessarily destitute, but those among us to whom the purchase of those little extras like a turkey or a box of Mandarin oranges is impossible.

One of the problems that occur at Christmas is the pets given as gifts to persons who don't really want them. Not a nice situation for the poor animals, so please rethink that gift. Has the intended recipient, be it child or adult, really demonstrated a desire for a pet or is it just that the giver feels it would be a good idea. If the latter seems true, then perhaps an inanimate object would be a more appropriate gift.

I would like to wish a very Merry Christmas and a Happy New Year to the staff of the three newspapers this column appears in. So to Br-Lamb and his staff at Chilliwack, to Luke and all the gang at the Cold Lake Courier and the gang at the Comox Totem Times go all the compliments of the season. Also of course to my readers everywhere, Merry Christmas, Joyeux Noel, or Frohlich Weinacht. God bless you all.

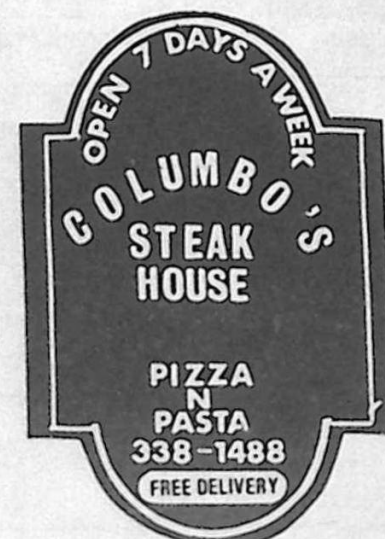
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JOYEUX NOEL ET UNE HEUREUSE
ANNEE



Base Library

Bingo — Roger Caron — On the night of April 14, 1971, the shout of BINGO was heard halfway around the world as more than 500 volatile convicts shook off their shackles and seized control of the century-old hellhole called Kingston Penitentiary. The slang word for riot became a rallying cry for prison reform and justice in the courts. Prisoners complained that life inside the archaic prison was unnecessarily degrading and humiliating, that their feeling of isolation from society was illogical when balanced against the need to integrate the inmate more effectively into the community upon release. It was this feeling of dehumanization and the desperate need to communicate with the outside world that sparked the rebellion and terrible bloodshed.

Mountbatten — A biography by Philip Ziegler

Gods of War — John Toland — A towering work of epic proportions, Gods of War is Pulitzer Prize winner John Toland's first novel, destined to take its place among the great works of historical fiction.

The events of the Pacific theatre of World War II are shown from the point of view of Japanese and Americans, and of soldiers and civilians, making Gods of War unique in its depiction of the effects of war on men and women. The horrors, the losses, the victories and jubiliations are dramatically presented in impeccably researched scenes of shattering emotional impact.

Texas — James A Michener. In this magnificent historical novel, James A Michener skillfully combines fact and fiction to present the United States' richest, most expansive and most diversified state. Spanning four and a half centuries, this saga of Texas begins in the early 1500's when the first Spaniards - Cabeza de Vara and Francisco Vazquez de Coronado explore parts of it and ends with its present day eminence as one of the most powerful states, second only to Alaska in size, second to none in natural wealth and human enterprise.

Weight Watchers — 365 Day Menu Cookbook - Based on the Weight Watchers full choice food plan. Over 1400 planned-for-you meals and snacks, over 500 recipes for every occasion!

CHILDREN

Pardon Me You're Stepping On My Eyeball — Paul Zindel. The zany, supercharged novel of "Marsh" Mellow and Edna Shinglebox — Two unforgettable teenage outcasts who tackle life...and love for the first time.

SPORTS & RECREATION

Barney collects the booty....



To the Victors...The Spoils!...Chilliwack Team Captain, Barney Barnard accepts the PAC Region Trophy from LCol Lett. Chilliwack was victorious in the recent PAC Region playdowns for "old crocks". Well done lads!

Courtesy Base Photo

Chilliwack victorious

CFB Comox hosted the 1985 PAC Region Old Timers Hockey Championship from 8 — 10 December 85. Teams from CFB Chilliwack, CFB Esquimalt and our own "Old Totems" met to provide entertaining hockey in their quest for the gold and the right to represent our Region at the first CF National Old Timers Hockey Championship to be hosted by CFB Cold Lake.

Four goals determined four games at the hotly contested tournament, in the opener, CFB Esquimalt edged out "Old Timers" 8 — 7 and in the

second game, CFB Chilliwack edged Esquimalt 5 — 4 in overtime. Tuesday morning's action provided an other exciting contest with a final position at stake. CFB Chilliwack narrowly defeated our "Old Totems" 6 — 5 to set-up another meeting between Chilliwack and Esquimalt for the Championship.

After regulation time, the teams were deadlocked 4—4 and a 10 minute overtime couldn't decide anything. In the second overtime (sudden death) Chilliwack finally broke through with the winning goal and the Championship.

Despite two straight losses our "Old Totems" had the top three scorers for the tournament. All three are linemen; Brian Van Hereweghe had five goals and three assists, Wayne Hay had four goals and four assists, while Steve Bale scored twice and added five assists.

The CFB Comox "Old Totems" are to be congratulated for their excellent sportsmanship both on and off the ice and will no doubt be a contender in next years contest.

CFB COMOX



Among the many activities going on at our Base Rec Centre is a very popular Aerobics class taught by YM-YWCA certified fitness instructor Laurel Harris and her assistant instructors Tanya Kidlark and Anita Wilson. The program has just begun its third consecutive year, and has helped hundreds of Military personnel and their dependents maintain a high overall standard of physical fitness. The one hour workout consists of the three main components of physical fitness, them being cardiovascular endurance, muscular strength and endurance, and flexibility.

If you happen to come in on your coffee break to the Alcan Snack Bar, you'll find the class in session Monday, Wednesday and Friday mornings, 9:30 — 10:30 am, and Tuesday and

Thursday afternoons, 4:15 — 5:15 pm. A large group of men and women will be working out, toning up and having fun, all to upbeat popular music. The class stresses safety with particular attention to the health of the back. Studies have proven that there is less absenteeism, better productivity and happier attitudes in employees who partake in a regular program of physical fitness. Maybe this is why others in your workplace have a constant smile on their face?!

Classes run until December 17th, at which time we take a two week break for the holidays. Classes resume January 2nd. The fee is affordable to all.

For further information, please contact Laurel Harris at 339-6790.



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Ron Fisher
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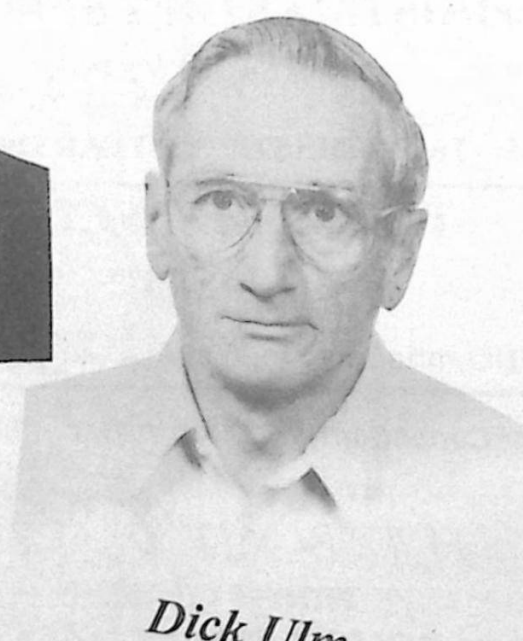
Editorial Staff



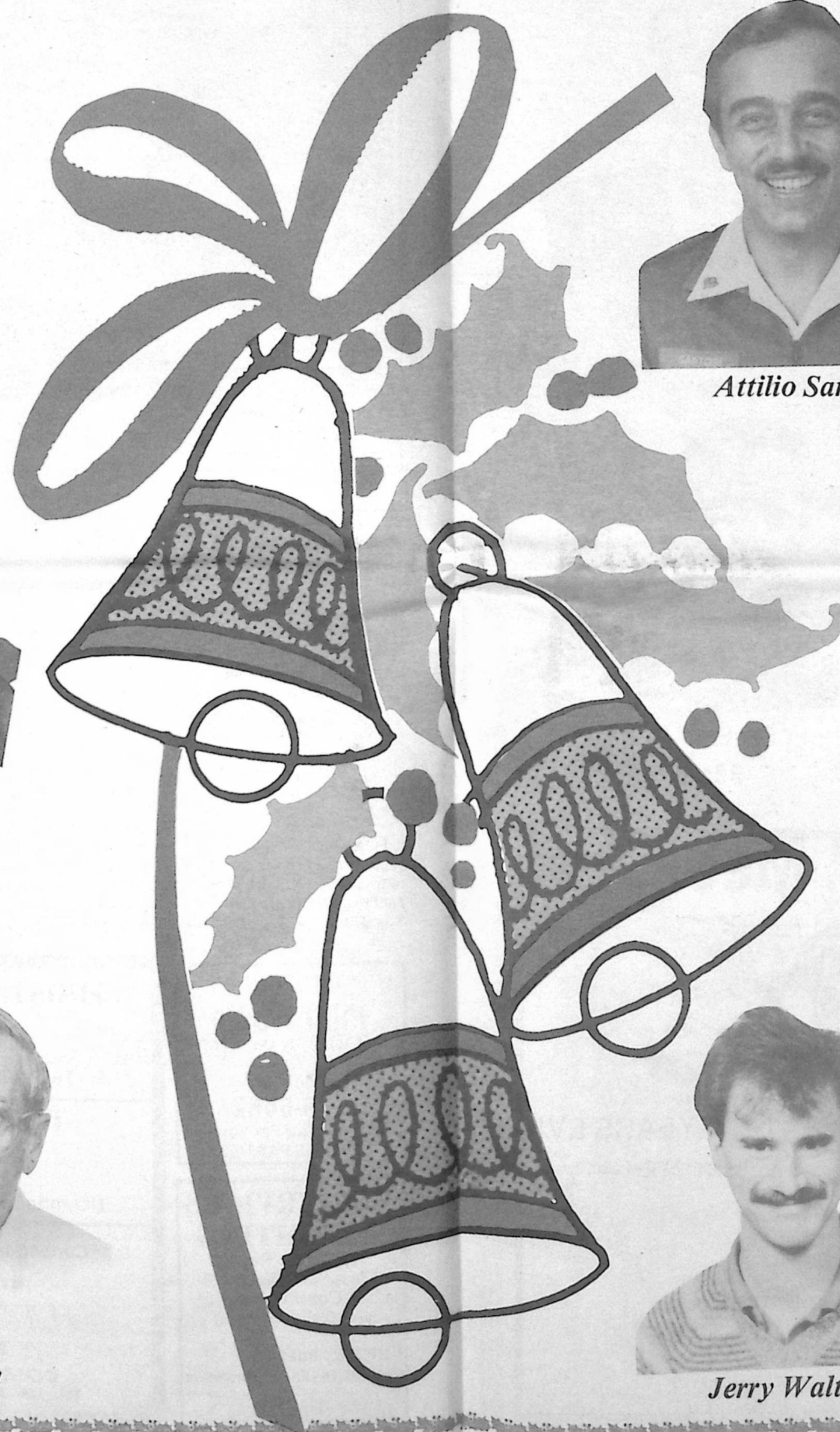
Gerry Gerow



Bob Hallowell



Dick Ulm



Attilio Sartori



Kim Lambillon



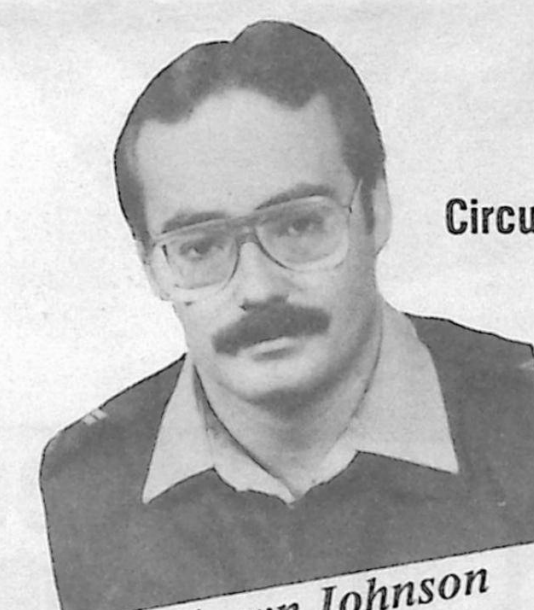
Gilles Doiron



Tammy Boucher



Doug Slauenwhite



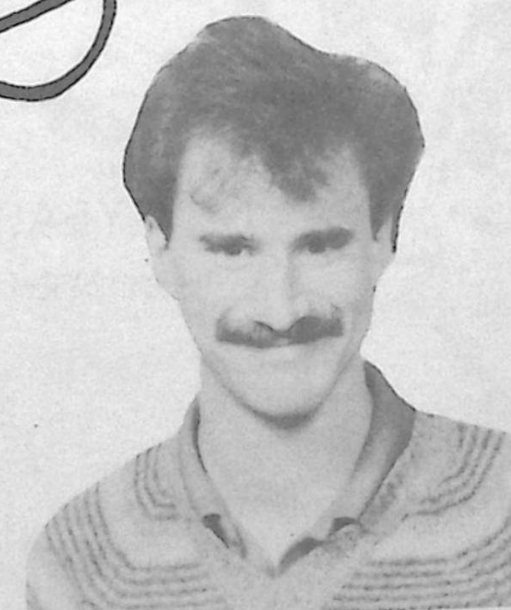
Shawn Johnson



Susan Johnson

Circulation

Camera



Jerry Walton

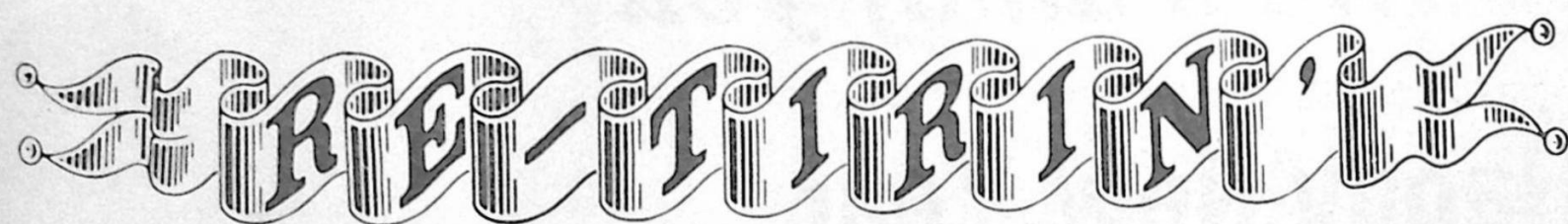


Dave Gibson



Dave Blamire

AROUND THE BASE



WO Clarence Chamberlain
30 years



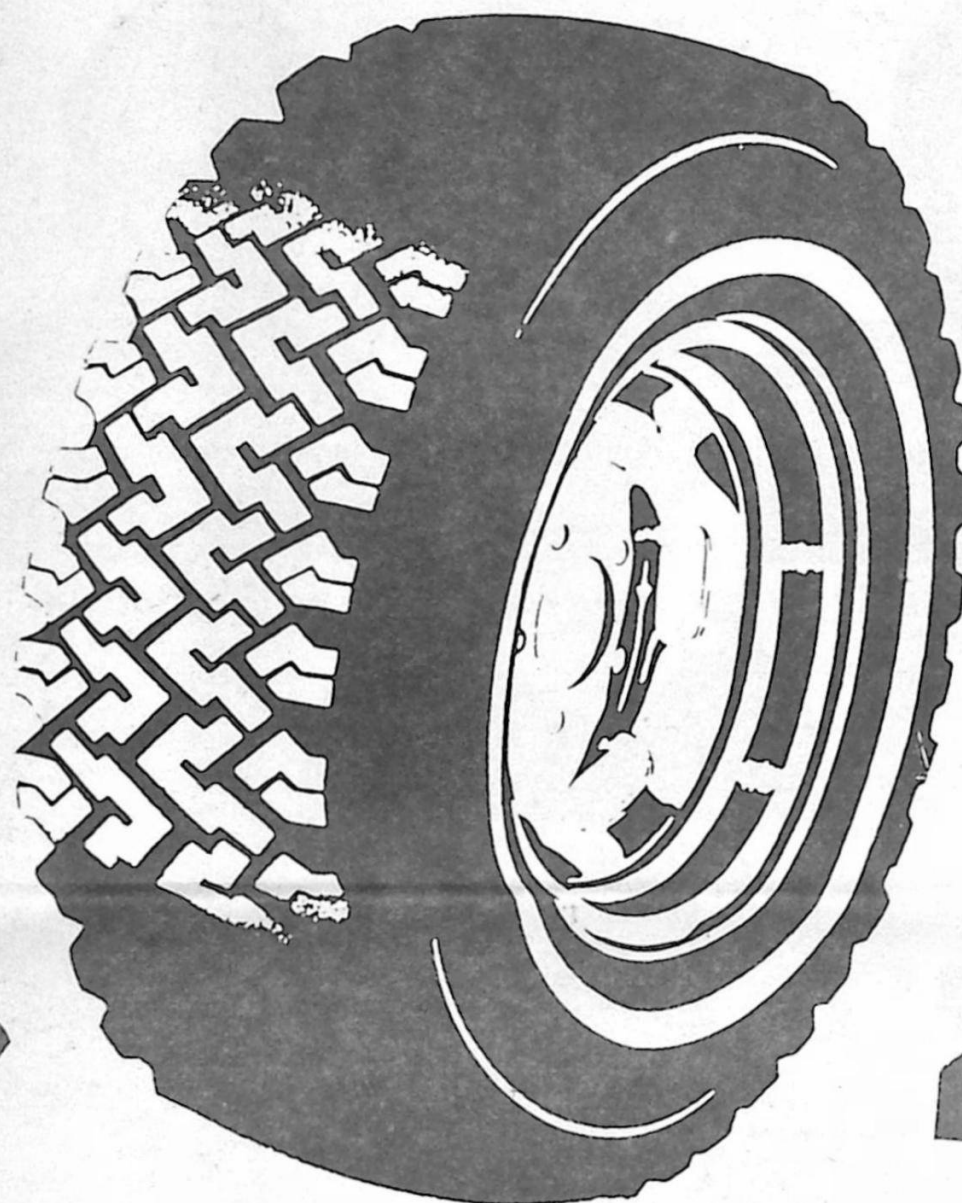
WO Don Brooks
28 years



WO Al Walsh
32 years



Sgt Errol Jones
30 years

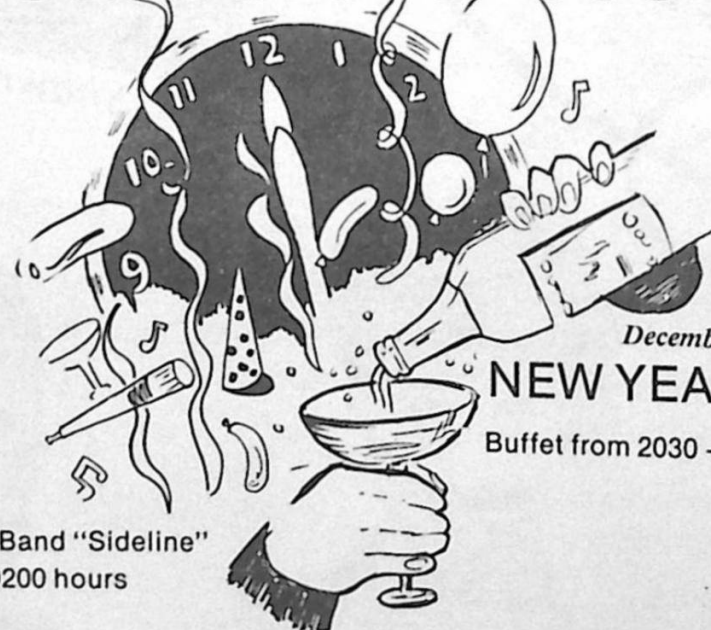


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Officers' Mess



Dancing to the Band "Sideline"
2100 — 0200 hours

December 31
NEW YEARS EVE
 Buffet from 2030 — 2300 hrs

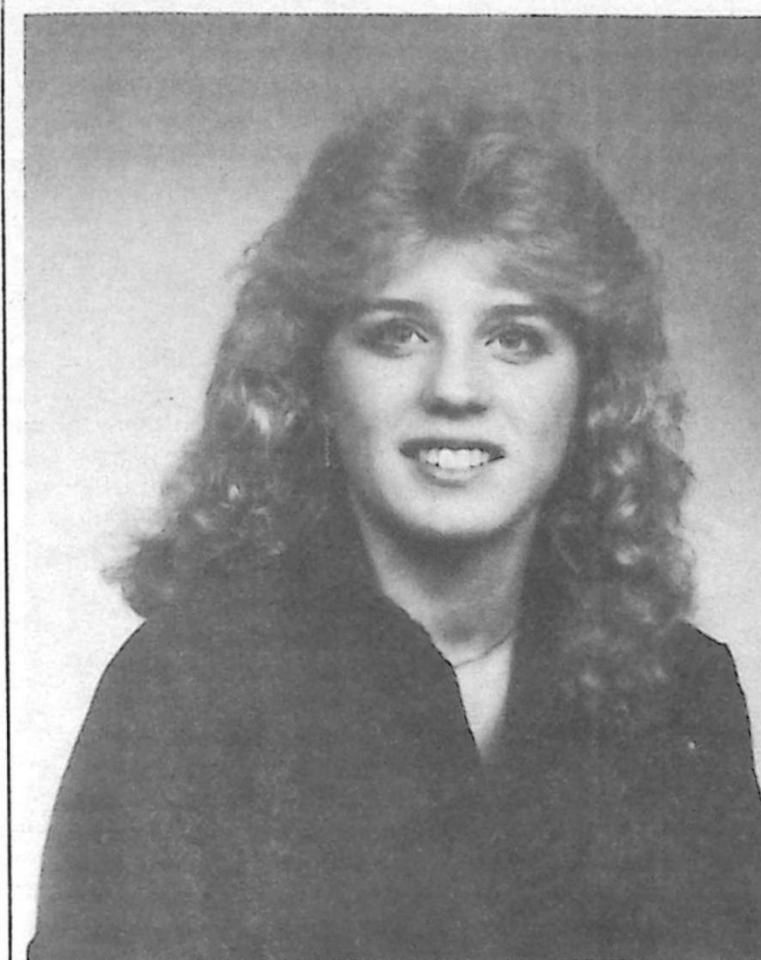
Members \$45.00 Couple, Guests \$65.00 Couple

Coming Events: January 1986
 01 New Years Levee
 12 Sandy Brunch

17 Monster TGIF
 24 Mixed TGIF

PEOPLE & PLACES

Miss CFB Lazo



Susan Murley

The Community Council is pleased to announce and introduce our new Miss CFB Lazo, Susan Murley.

Susan will be representing us in the Snow Queen Pageant this year.

To date her sponsors are the Community Council, Junior Ranks mess, the Lazo Credit Union, Good's Red and White Stores, Good's R and W Meats.

Many thanks to you all. We will keep you up to date on all of Susan's activities as well as her progress in the new year. She is sure to be a hit.

Microwave oven safety

The microwave oven has added a new term to our cooking language — "microwaving" means to cook, heat or defrost foods with microwave energy.

Microwaves are a type of electrical energy in the form of very short, high frequency radio waves similar to AM, FM, or CB radio. These waves are transmitted, reflected and received within a self-contained unit, the microwave oven. The oven cavity is constructed of microwave reflecting materials such as metal screens, panels and grids which confine the radio waves. This trapped energy is easily absorbed by non-reflecting material such as food or liquids placed in the cavity.

Since energy cannot be destroyed, only transferred or changed into another type of energy, it is at this point that the microwave (electrical) energy is changed to physical energy. In penetrating the food the microwaves cause the molecules to vibrate against each other at a very high speed. This creates friction which results in heat, and it is this internal heat which cooks the food. This is much like rubbing two sticks together only now, imagine millions of sticks being rubbed against each other at a rate of 2,450,000,000 times per second (2450 megacycles).

The potential for health problems exists if this energy escapes from the cavity; therefore high safety standards have been established by the Radiation Protection Bureau of Health and Welfare Canada.

These include such things as design, safety, radio frequencies, permissible leakage, etc. Extensive testing programs ensure these standards are applied during manufacture, but do not necessarily guarantee the delivery of a safe product to your home.

Microwave leaks

Microwaves will escape from any opening in the cavity such as cracks, holes or the open door. The doors of all microwave ovens have one or more safety switches called interlocks which turn the oven off automatically as the door opens. Surveys have shown that mal-adjustment of these oven doors safety interlocks allows microwave leakage. Improper oven care, such as allowing grease to build up around a door seal and inadequate servicing, also have been identified as important causes of leakage.

Proper oven operation can be assured by following a few simple precautions:

- check for loose or bent door hinges, missing screws, etc.
- check the door latch to ensure it locks.
- check the door to ensure it is not sprung, warped or misaligned.
- check that all lights are working.
- check for faulty interlocks (oven should not operate with door ajar). The cooking light should go out and the oven power unit should shut off when the door is opened.
- follow the manufacturer's

instruction manual for recommended operating procedures.

- never insert metal or foil cooking dishes into the cavity as this will cause the microwave to arc and ruin the oven.
- never insert objects (i.e. a wire through the door grill or around the door seal).
- never operate an empty oven. Keep a cup of water in the oven when not in use to avoid accidentally overloading an empty oven.
- frequently clean the oven cavity, door and seals with water and a mild detergent. Do not use scouring pads, steel wool or other abrasives.
- check for worn, missing or damaged seals around the door or viewing area.
- check for pitting or burnt spots. Spilled foods, if not removed immediately, act as a focus for microwaves and will cause burning and pitting of the metal underneath. Pitting will progress to tiny holes which will allow leakage.
- never tamper with or deactivate the safety interlocks.
- ensure all vents and filters are clean to allow free passage of air to the oven cavity.
- an inexpensive test light or meter can be purchased from most microwave oven retail outlets. These units will indicate any hazardous leakage.

If in any doubt, you should have the oven checked by a repairman.

Sgt K.I. Paulsen
Base Hospital

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PEOPLE & PLACES



888 Wing

Well, folks, the year is rapidly winding to an end. By this time the Christmas Bingo should be over, so hope you came out to win. For those who are wondering about the Kid's party we were going to hold on the 15th, the agency involved could not produce a list of children for us. Rather than hassle, we took the money along with several individual contributions and gave to a local charity.

For those of you helping out with the weekly bingo at the Lion's Den, remember there is no game on the 26th. The next regular game will be Thursday, January 2nd 1986. And for those who ask, yes, we are making money on this venture. It is hoped to have a Bingo Account re-cap included with the Treasurer's report in future. There have been a couple of

good functions lately - the pot-luck, and then the December meeting and Christmas Party. The ladies did themselves proud, and on both occasions the food was fantastic, and plentiful too. Give yourself a treat and come out and participate.

Here's the game plan for the

rest of '85. Saturday the 21st - movie night with "Ghost Busters" - a fun film. Saturday the 28th - pre New Year's warm-up. Come out and reminisce, play some games if you wish. Eggnog the speciality. New Year's Eve will be open house. For those wishing to dine, there will be a seafood smorgasboard at 8 pm,

\$5. per person, limited to fifty tickets. If you just want to drop by and see the old year out, no charge.

Do have a safe and happy holiday, and see you at the Hangar - bring a friend.

At the last moment, we hear that Sam Skinner passed away. Our condolences to Grace and the family.

Officers' Wives' Club

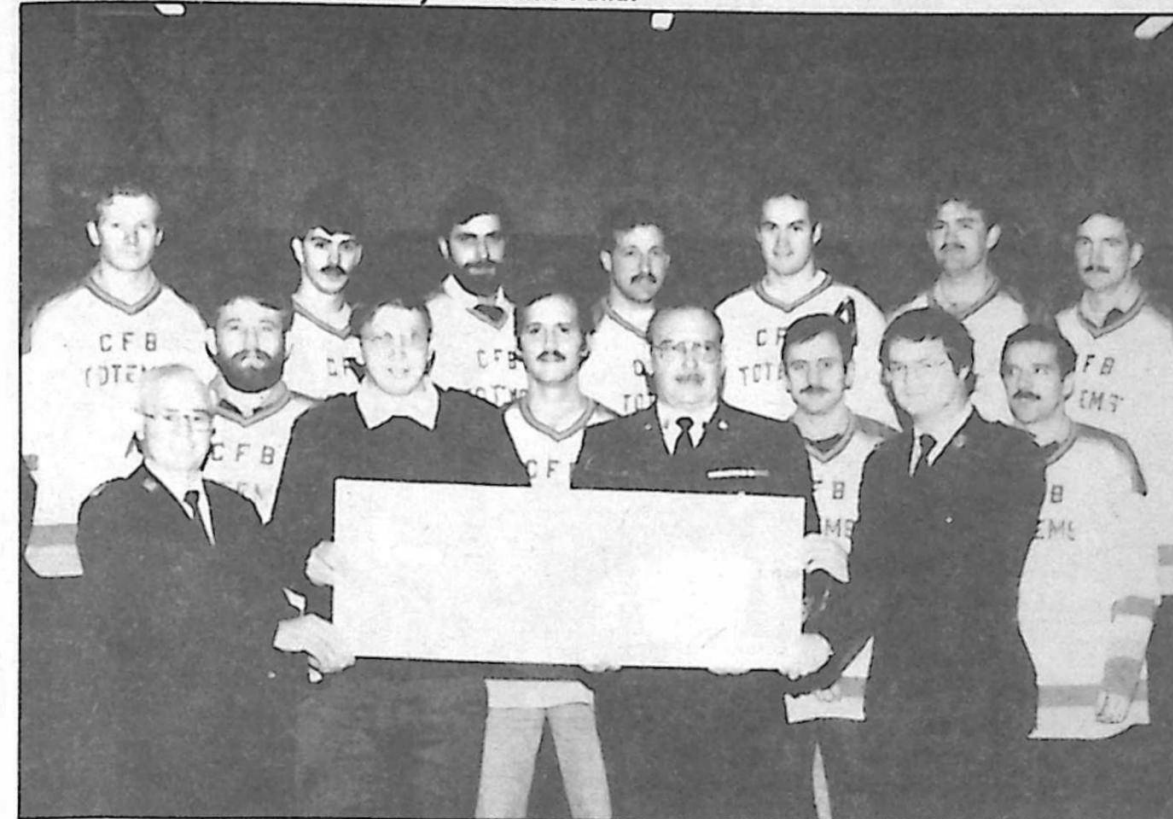
The November Craft Night was thoroughly enjoyed by all the ladies who came out to support the club - the craftspeople, and the executive, with a total of 106 people in attendance. There was a large variety and selection of crafts, and Wives Club wishes to thank all the Craftspeople for without them so many of our members could not have gone home so proudly with their purchases and door prizes.

December's function was a Mixed Mess Decorating Party, held at the Mess on December 4th. Thank you to the approximately 40 people who turned out to decorate the Mess. January's function is to be a Bus Shopping Trip to Nanaimo on Thursday, January 16th. The bus fee of \$6.00 must be paid in advance to any member of the executive before Monday, January 13th, in order to insure a seat.

AROUND THE BASE

Charity tournament a big success

\$1500. raised for Salvation Army Christmas Fund.



Courtesy Base Photo

Hats off the "Big Al" & The Totems

The CFB Comox Charity Hockey Tournament was an exciting and successful event. The 14 team, three day tournament provided the many fans who attended, some hard hitting, fast, enjoyable hockey.

The Cres Kings of Campbell River defeated the Labatts Blues of Courtenay 7 to 3. In the Non-contact Division, the Courtenay Lumbers captured the Gold with a 6 - 2 win over the 407 Demons.

their time throughout the three days. Also the many merchants who donated all the door prizes and finally to all the hockey players who displayed an outstanding calibre of hockey and sportsmanship throughout.

Collectively they helped raise \$1500. which was donated to the Salvation Army Christmas Fund.

Congratulations are extended to the two Division winners. In the Contact Division

The "Totems" hockey team would like to thank the many volunteers who contributed



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HAPPY HOLIDAYS

Sincere good wishes to you, our good friends and customers, this very joyous Season!

From the Real Estate and Insurance Staff of
NANAIMO REALTY AND INSURANCE SERVICES



B.C. PAVILION REPORTS

THE B.C. PAVILION COMPLEX.

...our guests will know it as the Host Pavilion of EXPO 86; British Columbians will call it home. Either way, it's a kaleidoscope of exhibits, buildings and fine B.C. entertainment at the heart of the Expo site. Here is our province at her best, welcoming the world with open arms and an image of British Columbia that visitors will remember long after they return to their native lands.

INDUSTRY THE STAR AT CHALLENGE B.C.

Last month we touched on an important part of our image - the spirit of innovation which has made us the creators of leading-edge technology.

This spirit also lives in the hearts and minds of our working people, and in the resource industries of British Columbia. Our Challenge B.C. Pavilion is dedicated to the partnership of business, labour and government that weaves our economy into the commercial fabric of the world marketplace.

IT'S A HUMOUROUS SHOWCASE. As an introduction to this theme, Challenge B.C. takes a look at the lighter side of our working traditions with whimsical, humorous and sometimes wacky images and exhibits.

We've designed murals, mobiles and sculptures as a colourful tribute to our resource heritage and the means of getting our products to market. Throughout, the partnership theme is prevalent - we succeed in the world market because we co-operate at home - and the medium is delightfully bizarre.

EXPECT THE UNEXPECTED. We'd like to tell you about our next gallery - the preshow to our film presentation - but it's a surprise. Call it a celebration, a tour-de-force of live performance and animatronic models which represent the varied interests of our province.

OUR FILM IS YOUR STORY. Our industry film is the last element of the Challenge B.C. presentation. And even here, we've chosen a novel format.

A 300-seat theatre features a massive screen which arcs 32 degrees from left to right for a total width of 36 meters. Used in conjunction with the Trimax projection system, panoramic images of B.C. will be seen on three screens simultaneously - reflecting our diverse cultures and industries.

In this splendid medium, British Columbians everywhere will speak directly to the world from their natural settings - using their unique eloquence to voice the strength and confidence that will keep B.C. prosperous in the years ahead.

Next Month: The B.C. Pavilion Means Business.

THE HONOURABLE DON PHILLIPS, MINISTER RESPONSIBLE

UPDATE

"CHRISTMAS ON THE PLAZA" - DECEMBER 12-14. YOUR CHANCE FOR A FIRST LOOK AT THE PAVILION SITE.

SPONSORED BY:

TOTEM TIMES
CFB COMOX



AROUND THE BASE



BAdO's Christmas Message

HAPPY CHRISTMAS AND A PROSPEROUS AND HEALTHY NEW YEAR — It is easy to say these good wishes but unfortunately there is a need to follow up these good wishes with actions. For many this festive season may not be a happy one and the future may well be bleak. Please help your loved ones to an assured happy Christmas and happy future. Take time out to consider your responsibilities, duties and obligations as a citizen, a serviceperson and as a mother or father. Make the following your New Year Resolutions:

☆ Visit the Base Orderly room and get your personal documents up to date by making sure you have a will and that your SDB, SSIP and other personal insurances are up to date and reflect your latest family circumstances.

☆ Have fun and enjoy life but use discretion and care when using alcohol. Alcohol abuse is the primary cause of the majority of family problems that take place in our society. Remember a driving accident while impaired involving injury or death can result in long prison sentences under the new laws now in effect.

Christmas is a time for celebrations and a time to express love for each other. Show that you care by making sure you have done everything you can to protect your loved ones and above all please don't drink and drive this holiday season.

Lieutenant Colonel J.L. Jackaman
Base Administration Officer

Community Council update

Hello again, to all our residents of Wallace Gardens. As I write this article there are a mere ten days until the Jolly Old Elf arrives.

Your council members have been extremely busy making arrangements for Santa's visit to Wallace Gardens. He will arrive on Saturday evening, beginning at six o'clock on the 21st of December.

Don't forget that there is a Disney movie at the Base Recreation Centre beginning at one o'clock. The admission fee to our movies will be a canned item to be donated on behalf of the citizens of the Lazo Community to local charities. Pop and popcorn are free for the asking. For all of us adults, while the short people are enjoying the show, this year we will be able to purchase hot coffee ourselves.

The Salvation Army have graciously extended their staff and time to the community to serve the children, on the day of both films the 21st and the 28th of December. Many thanks to you, the community is grateful for your participation and interest.

I hope that by now everyone has noticed the large Christmas tree, brightly lit and positioned

with ease by our local CE Section (You guys deserve a medal for above and beyond. Thanks CE). The tree for the Air Park was donated by British Columbia Forestry, Campbell River District. Thank you, we are really enjoying it. It looks just lovely.

Just because December is over on the 31st doesn't mean the fun is over; it's just beginning. On the 4th of January we will hold the annual Christmas tree burn, behind Gilwell Hall at 7 pm.

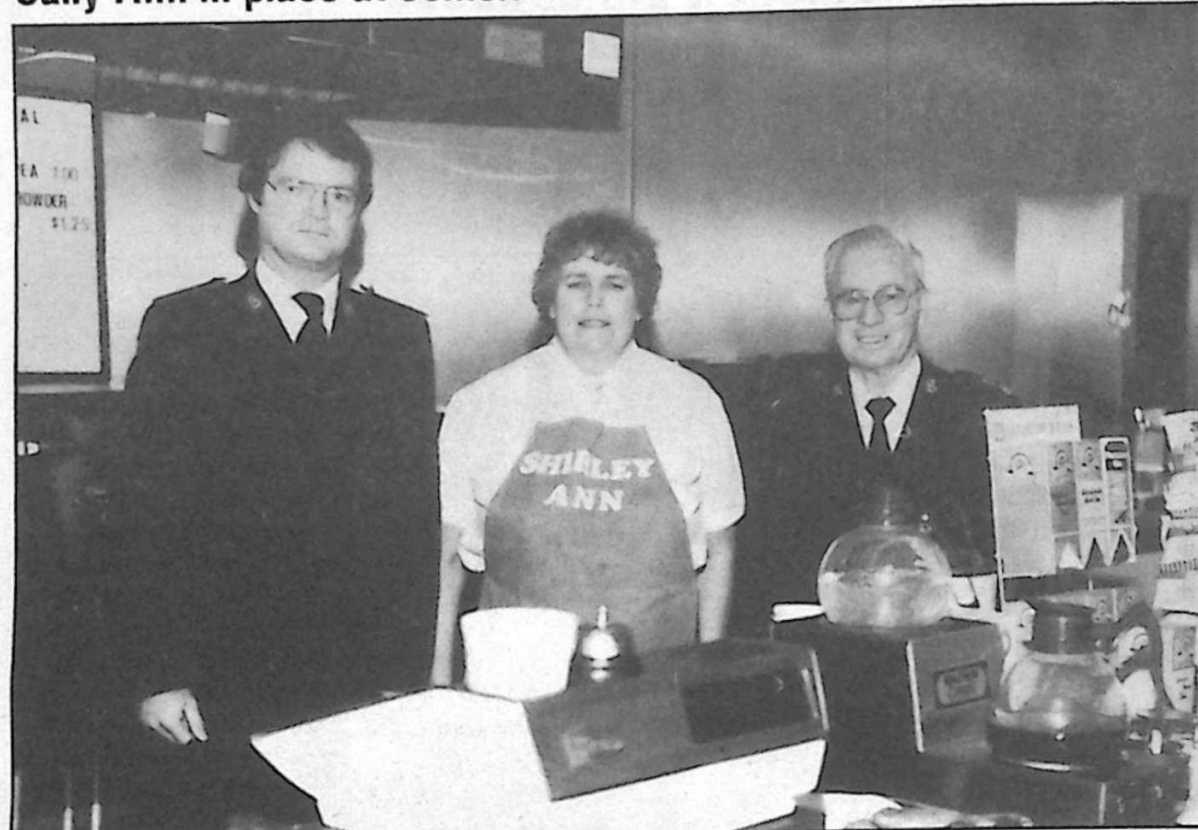
Bring the family out for some hot chocolate, donuts, and lots of fun.

A reminder to all that school is out for the holiday season soon. I believe this Thursday the 19th. Our children are running around thinking of all sorts of things, they are so excited this time of year. Please be extra cautious when driving through married quarters.

As has been mentioned before we have a deaf child in the community and I urge you please drive safely.

On this note the members of your Community Council wish you and yours the very best for a Merry Christmas and a Happy New Year.

Sally Ann in place at Comox



Courtesy Base Photo

Red Shield Club at Comox

A parents and son team is spearheading a project that brings non-alcoholic fun and Christian caring to a Canadian Forces Base.

Brigadier and Mrs Cecil Bonar (R), who had many years experience with the Red Shield Services to the Canadian Armed Forces in Germany, are pioneers of a ministry at the Canadian Forces Base, Comox B.C. They are working in co-operation with the Commanding Officer of the Courtenay Corps, their son Captain Ronald Bonar.

First hand involvement

Captain Bonar said, "As a boy it was my privilege to live in Germany with my parents and taste first hand the involvement in ministry The Salvation Army had been afforded. What a delight it has been to be asked by the local Canadian Forces Base...to extend our ministry on Canadian soil."

Serving in Germany

The Red Shield Clubs in Germany are a continuation of the Salvation Army's services to military personnel during the Second World War. Since the war, Canadian soldiers have continued to be stationed in Germany, and The Salvation Army has stayed with them. Four Canadian Salvation Army officer couples serve in three German centres.

However, until the Comox Red Shield Club opening, The Salvation Army, in recent years, has not had any similar ministry to military personnel stationed here in Canada.

Captain Bonar said the purpose of the Red Shield Club "is to provide an environment on base...free from the influence of alcohol."

On military base

The Red Shield Club at Comox is located behind the guard gate and is accessible only to military personnel, their families, and guests. The facility has a fully equipped snack bar, an eating area and three beautifully furnished activity rooms. The activity rooms provide for billiards, darts and table shuffleboard.

"Although my parents are in

their 70s, their experience and their vivacious disposition will launch this work with assured success," said Captain Bonar.

Extension of corps

Several military personnel are already attending Courtenay Corps. There are also numerous ex-military and retired military personnel living in the area. "This extension of the corps ministry under the auspices of the Red Shield Club will provide yet another bridge to the wider community around us," said Captain Bonar.

Courtesy The War Cry
The Salvation Army

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AROUND THE BASE

TOTEM TIMES

REVISED 1986 PRINTING SCHEDULE

TO OUR CONTRIBUTORS

Please ignore schedules previously sent to you. The following schedule is the revised version and will be followed.

Thanks,
Gord Kruger
Editor

Number	Volume 28 Deadline	Publication Date
1	13 January 86	16 January 86
2	27 January 86	30 January 86
3	10 February 86	13 February 86
4	24 February 86	27 February 86
5	10 March 86	13 March 86
6	25 March 86	27 March 86
7	14 April 86	17 April 86
8	5 May 86	8 May 86
9	19 May 86	22 May 86
10	2 June 86	5 June 86
11	16 June 86	19 June 86
12	7 July 86	10 July 86
13	28 July 86	31 July 86
14	18 Aug 86	21 Aug 86
15	8 September 86	11 September 86
16	22 September 86	25 September 86
17	6 October 86	9 October 86
18	20 October 86	23 October 86
19	3 November 86	6 November 86
20	17 November 86	20 November 86
21	1 December 86	4 December 86
22	15 December 86	18 December 86

Three weeks to next publication.

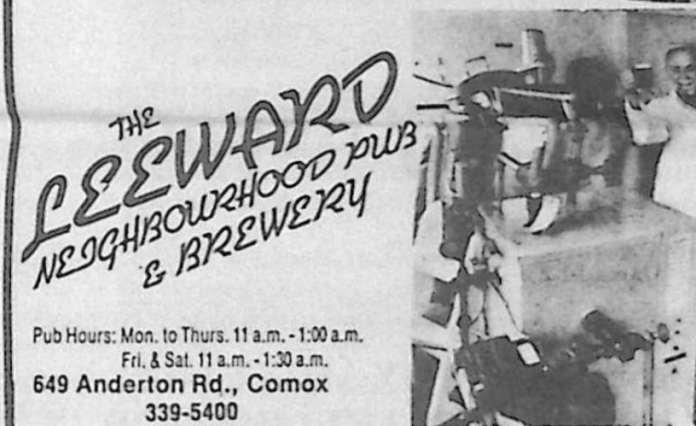
NEXT TOTEM TIMES DEADLINE January 13, 1986

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CFB COMOX — SERVICEMAN AND DEPENDANTS BUS SCHEDULE — NEW YEARS EVE

31 DECEMBER 85

DEPARTURE POINTS

Cumberland	— Post Office	18:00	19:30
Royston	— Junction Island Highway and Royston Road	18:10	19:40
Courtenay	— Driftwood Mall	18:15	19:45
	— Safeway Parking lot	18:20	19:50
	— Fitzgerald & Fifth Avenue	18:25	19:55
Comox	— Tyee Park — Aitken and Davis	18:30	20:00
	— Robb Avenue and Anderton	18:35	20:05
	— Comox Plaza	18:40	20:10
	— Noel and Pritchard	18:45	20:15
PMQ's	— **Stops Listed on Right Side	18:50	20:20
Arrival	— Officers' Mess/ Jr Ranks Mess/Sgts' Mess	19:00	20:30
DEPARTURE	— Officers' Mess/Jr Ranks Mess/Sgts' Mess	01:00	02:00
		03:00	04:00
		05:00	

NOTE: — Bus will proceed to Comox — Courtenay — Royston — Cumberland via above route in reverse order, leaving at the times indicated above.

Cumberland To Base — This schedule will be adhered to as closely as possible; however, it must be realized that due to unforeseen problems etc. stops will be very brief, so personnel are advised to arrive at the pick-up points early to the advised times. It is quite possible that some deviation from the times shown may be en-

** PMQ's — DEPARTURE POINTS

- Poplar Crescent
- Elm and Palm Crescent
- Elm and Oak
- Oak and Spruce
- Cedar and Spruce
- Cedar and Chapel cut-off
- Cedar and Spruce (Upper)
- Spruce and along Maple Crescent exiting PMQ's on Maple and Ryan Road.

NOTE: — PMQ's — The bus will shuttle the route indicated commencing at 18:50 hrs and ceasing at 21:30 hrs. The bus will return shuttle as shown at DEPARTURE.

countered. Regardless of any deviation in times, the buses will follow the routes as indicated. It is requested that the buses be flagged down by personnel waiting transportation to the various messes. (THE BUSES WILL BE WATSON & ASH TRANSPORTATION)

HOME & FAMILY

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BASE CHAPLAIN (P): Major G. Milne
CHAPEL: St. Michael & All Angels, Wallace Gardens, Bldg #88
OFFICE: Headquarters, Bldg #45, Room #48;
Telephone: 339-2211, local 2273.
SUNDAY WORSHIP: Each Sunday - 1100 hours.
HOLY COMMUNION: First Sunday of the month.
SUNDAY SCHOOL: From September - May for all children from age three to fourteen.
JUNIOR/SENIOR CHOIR: Commencing in September.
LADIES GUILD: Meets once monthly September - June.
President: Mrs. Joyce Brown; telephone: 339-2685

OUR LADY OF THE SACRED HEART CHAPEL
CFB COMOX, B.C.

BASE CHAPLAIN (RC): Padre J. Dabrowski
CHAPEL: Our Lady of the Sacred Heart (on Base)
OFFICE: Headquarters, bldg #45, Room #48; telephone:
339-2211, local 2274

MASS SCHEDULE HOURS: Saturday - 1900 hours.
Sunday - 1000 hours.
Week Days - 0900 hours.

BAPTISMS & MARRIAGES: By appointment - notice well in advance please.

CATHOLIC WOMEN'S LEAGUE: Second Tuesday of the month in Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. (No meetings during July/August). President: Mrs. Edna Sinclair, telephone: 339-6883.

PARISH COUNCIL: Second Wednesday/month at 1300 hours in Parish Hall.

CATECHISM CLASSES: From September - May in the PMQ School at 1830 hours.

CFB COMOX MILITARY
CHRISTIAN FELLOWSHIP

Meetings held from Monday to Thursday from 1130 - 1230 hours in the R.C. Parish Hall next to the Tennis Courts.

Across my Kitchen Table

By Rosemary Gibson



Another year has flown by, and once again that special time is here — that reverent, beloved season of joy and festive celebration — Christmas. I truly love Christmas as anyone who knows me will attest. To me, it isn't too commercial, too garish, too noisy. Perhaps a little too harried sometimes, but full of music and joy and love. I love twinkling trees and angels, carols and bon-bons, turkey smells and flaming pudding, wrapping paper and holly, cedar boughs and family gatherings. But most of all, on Christmas Eve, when all the other lights are out and the fireplace has died down, I like to lie on the floor and gaze up at the shining tree, to the star at the very top, and remember the first star and its story. Inside, at Christmastime, I am a child. I hope I never grow up.

(For 36 Cups)

27 cups (or 6 litres) med sweet red wine
9 cups (or 2 litres) water
1 1/2 cups sugar
5 tblsp lemon juice
8 whole cloves
8 cinnamon sticks

METHOD:

Heat to just below boiling point and serve, preferably in cup or glass with a handle. Reuse spices and add more wine and water to refill the pot. (I know 27 cups doesn't equal 6 litres, but either measurement will be fine. Bear with me — I'm only semi-converted!)

Here is a recipe for a salad which is particularly delicious with leftover turkey or chicken.

PISTACHIO SALAD

Ingredients:

1 small box Jello Pistachio pudding mix
1 — 20 ounce tin crushed pineapple, drained, (save juice)
1 — 14 ounce tin fruit cocktail, drained
1/4 cup miniature marshmallows
1 cup Cool Whip

Method:

Put juice from pineapple in bowl. Add pudding mix and beat until smooth. Add pineapple, drained fruit cocktail, marshmallows and cool whip. Mix together; set in glass bowl.

HINT

- For a very large gift, try wrapping it in a Christmas tablecloth. It's easy to handle, and less expensive than several sheets of wrapping paper.
- For a just-in-case-last minute-gift, keep a best-selling hard-cover book on hand, and quickly add an inscription. — Or wrap a current issue of a popular magazine and add a tag that says a subscription is on the way.

THOUGHT FOR TODAY

The most difficult thing about Christmas is separating the men from the toys.

And last but not least, here is my Christmas Wish for you.

MAY YOU HAVE

Enough happiness to keep you sweet,
Enough trials to keep you strong,
Enough sorrow to keep you human,
Enough hope to keep you happy,
Enough failure to keep you humble,
Enough success to keep you eager,
Enough friends to give you comfort,
Enough wealth to meet your needs,
Enough enthusiasm to look forward,
Enough faith to banish depression,
Enough determination to make each day better than yesterday.

Have a safe and happy holiday!

MULLED WINE

Ingredients:

(For 2 cups)

1 1/2 cups med. sweet red wine
1/2 cup water
1/4 cup sugar
1 tblsp lemon juice
2 whole cloves
1 cinnamon stick

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HOME & FAMILY

Transient servicing awards



CFB Comox came up big in recent presentations by Aircom for transient servicing excellence. Col K and an assembly of brass are shown displaying the wares. Awards were won in several categories and congratulations goes out to the troops for making it all happen.

Commander's Message

To all Air Transport Group personnel and to all those who have provided support to the Air Transport system, I extend my sincere appreciation for your contribution to the excellent record of Airlift and Search and Rescue performance during 1985. Despite a variety of technical administrative and financial constraints, the Air Transport System remains operationally ready because of the professionalism and dedication of all of you. Our Search and Rescue forces can be proud of their record of rapid response to air, land and marine incidents in Canada and must feel gratified that a number of Canadians will be spending Christmas with their loved ones due to their efforts.

Indications are that 1986 will be as busy and as challenging as past year, yet however challenging our mandate may become, we must remember that our efforts are a part of Canada's continuing contribution to achieving peace throughout the world.

To each and every member of Air Transport Group and support bases, I wish every happiness during the festive season and throughout the coming year.

Brigadier-General K.O. Simonson,
Commander
Air Transport Group

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PEOPLE & PLACES

Christmas in an elevator

Padre Greg Milne

No matter who we are, or what we believe, we all get something out of Christmas. It is hard to imagine anyone being so isolated in this country that Christmas would have no effect on them. There are a number of things that we can get out of Christmas. Some people will get all of these things, but most will not.

Getting the most out of Christmas is something like being in a department store, and going up in an express elevator, trying to decide which floor you will get off at. You have been informed that once you get off the elevator you can not get back on again, and you will have to walk down the stairs from there. As the door opens on each floor, you discover there is something there that you want, and the temptation to get off the elevator at that point is very strong.

On the first floor we see a party, and there is a beckoning welcome to join the fun. Everybody seems to be having a good time, and there is a holiday atmosphere complete with at least a couple of days off work. A lot of people get off the elevator right there. They have no further expectations or desires. Fun is what Christmas is all about.

Some people are curious, and decide that perhaps there is more. On the second floor, we have the gift department. Here we see the opportunity to buy gifts for all those we love. Of course this means that those we love are also buying gifts for us. This really is a happy place to be. There is such a spirit of goodwill. It seems that everyone is nice at Christmas time, there are so many beautiful things to get and give. And sure enough, the party has moved up from the first floor, and we get the benefit of both floors by getting off here. Isn't this what Christmas is really all about? Giving and receiving gifts which express our love for others, while having a real good time? Perhaps it is. Certainly an awful lot of people are getting off the elevator on this second floor.

If on the other hand our curiosity is up perhaps we will stay on the elevator for just one more floor. On the next floor,

we see our family. Mom and Dad, and brothers and sisters are there. They are glad to see us, and we are so happy to see them too. Especially for those of us who are separated from family so much of the time. Getting off on this floor, we realize that we also get the benefits of the first two floors, for the party has moved upstairs another floor, and there are a lot of gifts from family awaiting us here. Of course it is so wonderful to be able to deliver our gifts to our loved ones in person. Yes, this is certainly what Christmas is all about, how could there possibly be more? We are really glad we didn't get off on either of the first two floors.

Just before getting off on that third floor, however, we discover that the buttons in the elevator show two more floors. Could we take a chance on going any higher? Looking out from the elevator we realize that the benefits seem to accumulate as we ascend. What the heck! Let's give it another floor to see what could possibly be better? On arriving at the fourth floor, we are dismayed. There appears to be no happy party, or family with gifts. For a moment we wish we had gotten off on the last floor, but as we look out from the elevator we see an unusual sight. There are people there. People from everywhere, people of every background and religion. Some look well off, and others are in tatters. We are beckoned to join in with them as they gather to understand each other and promote love amongst each other. We are attracted by this peaceful and serene atmosphere, and now as we look out from the elevator, we can see that our family has also arrived. There is a festive mood, and so we discover that the party and the gifts have moved up another floor too. Now we know what Christmas is really all about. It is about community, and peace, and sharing with everyone, and

promoting equality. There is no room for bigotry or greed or self interest on this floor. Surely there can be nothing more than this at Christmas time. Still, the buttons show that there is still one more floor. Are you adventurous enough to try this last one?

As the door opens on the last floor we are either immediately glad or sorry that we took the step. If we don't want to be 'religious' about Christmas, then we will wish that we had gotten off on the fourth floor. On this floor we suddenly find ourselves in the middle of an ancient scene. A young couple are there in what appears to be a stable. There is a new born infant, and there are a few others standing around silently witnessing the event. It is not a scene of great beauty, but one of deep humility. Suddenly we discover in ourselves that some of our Christmas motives have been very self-centered. Now we are reminded that Christmas is a time when we remember that God, who created us all, has somehow taken active part in our history and life. Through a little child He tries to tell us that not only should we love one another, but that indeed He loves us, and accepts us exactly as we are.

Here is the risk. If we are upset by this scene, then suddenly Christmas has no real meaning for us, and we must wonder why we got on this elevator at all. However, if after a moment of reflection we realize that we have a part to play in this human, yet divine scene, then we may also discover that our family is close at hand, that the gifts that are present are much more meaningful, and that there is representation at this scene from all the peoples of the world. Yes there is even a festive mood, and everyone from all of the floors are somehow there with us. Now you can view Christmas from the top. How does it look from where you stand? What floor is your Christmas on?



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Answer to MSE Safety Quiz

Honk, take your foot off the accelerator, cover brake, signal left and watch for an opening to move into. This may or may not be the best action to take. This is a very difficult situation to make a positive statement about, but we would lean toward this action.

If you had decided to stop you would have to do it immediately and even then you can be sure you'd hit the car — not too hard, but you would hit. Going 50 kph, you need at least 30 metres to stop and what's going to happen to traffic behind you after you've hit the parked car? Along with signaling, move over to the lane line to communicate to the cars passing that you need to get in. Take your foot off accelerator and cover the brake, but you don't want to slow down too much or you'll be going too slowly to move into a hole as it opens up. Also remember you've got to give drivers a chance to compensate and adjust to your filling up the distance they've allowed between them.

If you can't move left, you'll hit the parked car, but hopefully it'll move forward to the right. Chances are you won't hit the person since you honked and gave warning.



Province of British Columbia

OMBUDSMAN

Canadians who have earned respect and recognition in their chosen field and the community at large are invited to apply for the position of Ombudsman for the Province of British Columbia.

The Ombudsman is charged with the responsibility under the Ombudsman Act to investigate the complaint of any person who believes they have suffered an injustice through the actions or decisions of Ministries, Agencies, Corporations or Officials of the Government of British Columbia. Copies of the Ombudsman Act are available on request.

The Ombudsman carries out his/her duties through the management of a 32-person professional and support staff and reports to the Legislative Assembly on the activities of the Ombudsman Office.

The demands of this position require attributes that go beyond a specific discipline or academic achievement. It is desirable that the Ombudsman possess:

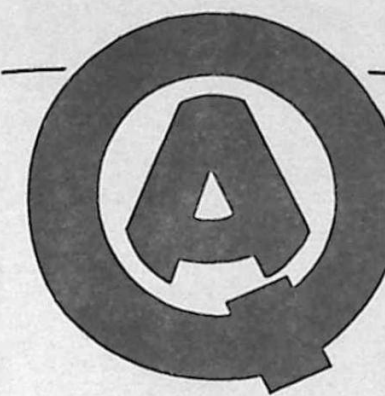
- A general knowledge and appreciation of the workings of the parliamentary system.
- Knowledge of British Columbia and its people.
- Common sense, maturity, fairness, integrity and sound judgement.
- Independence, perseverance, tact, patience and tolerance.
- An understanding of the distinction between natural and legal justice and the ability to assimilate legal advice.
- Ability to communicate with individuals from all walks of life as well as with various levels of Provincial Government.
- Ability to respond to administrative problems and a knowledge of sound administrative and management practice.
- A high energy level and dedication to the Ombudsman role.

The Ombudsman is appointed to a six year term and may be reappointed. The compensation package reflects the senior nature and responsibility of the position.

Replies will be treated in confidence. Resumes and inquiries should be forwarded prior to January 17, 1986, to:

John M. Parks, M.L.A.,
Chairman of the Special Committee to Choose an Ombudsman,
Room 204
Parliament Buildings
Victoria, B.C. V8V 1X4

SECTION NEWS



Quality Assurance Section

We are the new kids on the block. At least, some of us are. Quality Assurance has been with us in one form or another for the entire history of the CF and its predecessors, whether it took the form of independent checks, audits and so on, and very recently, both 442 and 407 Squadrons were operating with quality assurance teams. Some of the people involved are now part of the Base Quality Assurance Section, others have been recruited from the squadrons.

From now on, all sections which are directly involved in the maintenance and servicing of aircraft can expect to benefit from the services provided by QA. The emphasis is on service. QA is not here to leap out

on unsuspecting techs and cry 'Gottcha!'

The ACMI which sets out QA policy and procedure directs us to ensure that Quality Control measures are effective. Quality Control is, of course, the responsibility of anyone who does supervisory work of any kind, from the MCpl in Engine Bay to the grizzled old Chief in AMCRO. Knowing your job, doing it right, and ensuring that the other guy does it right requires both supervision and quality control.

But somehow, in spite of good supervision and high standards maintained by the RCAF and CF over the years, some serious mistakes have still been made and some standards

have occasionally slipped. There is definitely a need for the level of inspection provided by a Quality Assurance team.

What does QA actually do? We make a very detailed inspection of your aircraft, equipment or operation, ensuring that the job you have completed or the section that you are in meets the standards of the CF. We operate within the same terms of reference that you do, so the inspection is impartial, and the observations are impersonal. All our work will be helpful, or so we hope.

A lot depends on you — the tech, the supervisor, the administrator. If you use Quality Assurance in the way it is meant to be used — an independent comparison of shop

and line activities against established procedures and standards, there will be fewer breakdowns, fewer accidents, fewer injuries, and perhaps some lives saved.

So, when the QA team looks

over your shoulder, think of the benefits which can accrue; a safe and correct operation, a high standard of workmanship, and the efficient use of people, materials and tools.

A Merry Christmas everyone!



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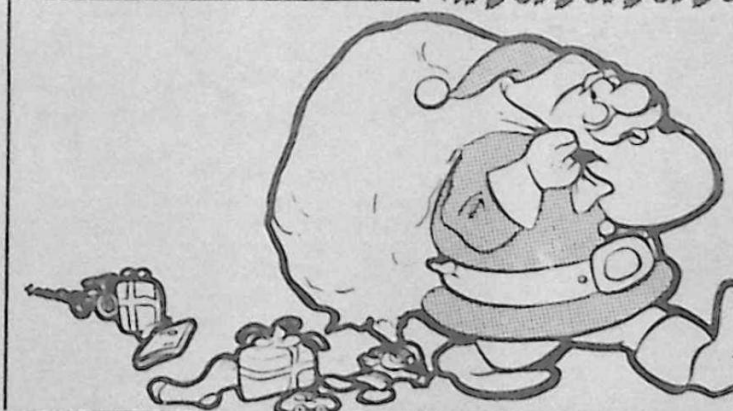
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MERRY CHRISTMAS
and a
HAPPY NEW YEAR



From The
Canex Staff

