



TOTEM TIMES



Vol. 24 No. 22

CFB COMOX TOTEM TIMES

THURSDAY, NOVEMBER 25, 1982

Deadline is Monday, December 6, 1982

COST: PRICELESS

TOP DRIVER



Maj. Don Breer supervising the presentation of the Ontario Safety League trophy by Col. Dobson (aimer) to Cpl. Jim Caton (professional driver).

Since the invention of the wheel, there have been those who drive vehicles, and those who simply aim them. Well, Base Transport has some very good drivers, and Cpl. Jim Caton. Now you may ask; What the heck is a Jim Caton? To put it simply, only the best darn tractor trailer driver in DND.

On a cool October day, at the home of the truckers (CFB Borden), one very nervous MSE OP paced up and down the square awaiting his turn. All that pacing did the trick, for when the opportunity came to rest his weary feet (all that pacing) our CFB Comox representative showed all within sight how

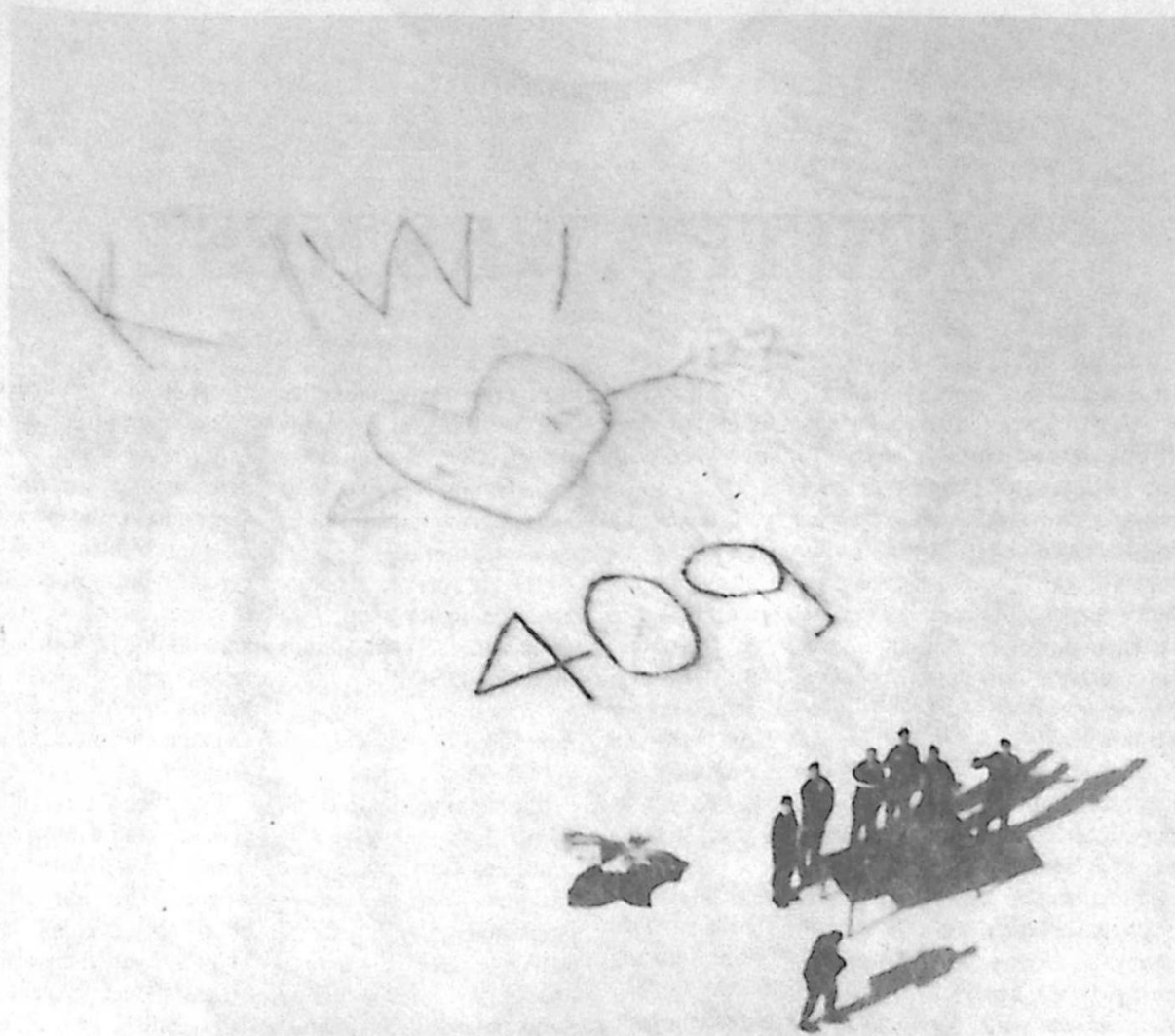
it is done. Wheeling his Scot tractor with 40 plus feet of van attached, Jim took first place in the tractor trailer division of the CF National Truck Rodeo.

To get a proper perspective on the difficulty involved in some of the manoeuvres, try backing a full size car into a half size parking spot at Mac-

Donalds on a Friday night with a car load of kids who haven't had a rest since Duncan.

Congratulations to for a job well done. Your expertise has proved that MSE OPS are not simply operators, but professional drivers.

KIWIS VISIT COMOX GLACIER



An early Valentine from the KIWI's to 409 Sqn. Armed with wine, their pagan idol bird, and the 409 snake pit table, the normally ground bound crew was lifted to the Comox Glacier by means of primitive air conveyance. Amid sunny skies the international group (USAF Captain Cactus Jack was present) celebrated a variation of the standard Friday afternoon, the weathers WOXOF anyway so why not have a party, wine luncheon. On seeing a photograph of the KIWI's toasting a certain hairy bottomed fighter type Major commented "Oh I see the all male mile high club is convening again".

NEW AIR COMBAT EVALUATOR

OTTAWA -- The commander of the Canadian Forces Air Command Fighter Group Major-General William Paisley will preside over the acceptance ceremony of the new Air Combat Manoeuvring Range Instrumentation (ACMRI) system at Canadian Forces Base Cold Lake on November 9. The

system will be used to train Canadian Forces (CF) fighter pilots in the many different aspects of air combat.

With the implementation of the ACMRI system, CF pilots will have the chance to engage in air combat with an adversary without expending costly live ammunition.

Once the pilot's mission begins, all flight characteristics and simulated weapons firing are displayed visually at a control centre on the ground. Simultaneously, the data received is recorded for the subsequent debriefings of the pilot. The pilot's performance can then be assessed and evaluated.

The \$20 million system was designed by the Defense Systems Division of the Cubic Corporation of San Diego, Calif. It will be used in the training of the CF-104 and CF-5 aircrews as well as those who will fly Canada's newest fighter, the CF-18.

SAFE DRIVING WEEK

MESSAGE FROM THE PRIME MINISTER

The Canada Safety Council's 1982 Safe Driving Week will be held from December 1st to 7th. This will be the twenty-seventh consecutive year of this campaign, which has seen success in reducing the number of motor vehicle accidents in Canada, thus sparing many lives and preventing hundreds of serious and crippling injuries.

The number of traffic accidents that continue to occur in Canada should be a matter of great concern to all, for their consequences in terms of cost and suffering are too severe to ignore. I therefore encourage the widest possible support for the Council's 1982 campaign, which will be stressing the need for drivers and passengers alike to make proper use of all personal restraint systems.

It is my hope that all motorists and pedestrians will observe Safe Driving Week with an extra measure of care, and with a heightened awareness of the important responsibility they carry for the safety of themselves and others.

Best wishes for a safe and successful campaign.

MESSAGE FROM THE BASE COMMANDER

December 1 - 7 has been established as Safe Driving Week throughout the nation. This is the 27th annual Safe Driving Week Campaign. In spite of all efforts to reduce traffic crashes, the problem remains. The Canada Safety Council's Safe Driving Week Campaign has helped reduce the number of Canadians killed and injured on our nation's highways during the month of December each year. The Canadian Forces actively supports the Canada Safety Council and has adopted their Defensive Driving Course as part of the Mobile Support Equipment Safety Program. I congratulate the Canada Safety Council on its outstanding efforts in the past 26 years and urge all members of CFB Comox and their dependants to join with the millions of Canadian drivers in making the first week of December 1982 the most effective Safe Driving Week on record.

RCMP BATMOBILE

The CFB Comox MSE Safety Section will be promoting Safe Driving Week Dec. 1 - 7.

In support of this national campaign to reduce vehicle accidents, the RCMP Batmobile will be on display Saturday, 4 December from 1200 - 1400 hrs. In the Canex parking lot.

Canex and MSE Safety will display winter car care materials and provide safe driving and accident prevention tips.

Buckle up for safety.

GOOD SHOW AWARD



Pte. Richard Parent is presented with a GOOD SHOW AWARD by Col. Dobson.

On 4 Jul 81 during an "A" Check, Pte. Richard Parent detected what he felt was excessive grease on the aft rotor control assembly of aircraft 11304. He also noted that the grease contained metallic particles. He immediately contacted his crew chief and further investigation was initiated. When the assembly was removed a grinding noise was heard when the unit was rotated. The unit was returned to the overhaul contractor where it was revealed that a complete failure of the lower bearing case had occurred. Had this condition not been detected, a catastrophic aircraft accident could have resulted in the loss of a complete crew.

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Deadline for the next issue
is Monday, Nov. 22

Section news



NIGHTHAWKS NEST

"Hear ye! Hear ye! Hear ye!" cried our illustrious leader Kernel Algae Lott, and upon noticing our two American exchange weenies added, "Hear ye ya'll! Our supreme leader has decreed that from midnight on the 28th day of November, the official squadron tee-shirt color is now blue!"

A cry of jubilation went up in the briefing room as the Nighthawks frantically ripped and tore at their yellow turtlenecks. Six months had the hardy bunch humbly worn the sickening and horrible color, penance paid for humiliating, demeaning and slandering the other base squadrons in the air, on the flightline, the beaches, in the mess and in the press.

"The blue," he cried over the din, "the blue is to be a blue blue. Not a chicken plucker's blue, nor a turquoise blue, but a...a...a sky blue."

His eyes wandered skyward. "The same type of blue we see at 58000 feet. I mean the same type of blue we imagine at 58000 feet, for God knows we don't fly above 48000 feet."

A cheer went up.

"Linda," he added, referring to his wife, commonly referred to as the Supreme Lott, "Linda doesn't know it yet, but I imagine she won't be too surprised if the Hawk Youth and others showed up with tee-shirts and dye after the Grey Cup game."

The crowd was ecstatic! Howard Tarbet was chortling, Bob Slack was huyucking, Ed Campbell was whooping, Bill Books woke up and Gerry Desrochers was conducting a testicle self-examination as per the pamphlet stapled to the bulletin board. There was joy in Mudville and then... BUZZZZZZZ

"Scramble the Q, scramble the Q!" shouted the loudspeaker, and five guys immediately wedged themselves in the door frame. The fifth guy was Tom Chester trying to weazel flying time.

The squadron sank back to the reality of the real world, the mission, NORAD, the defending of all the lowly and oppressed, in particular 407 Squadron bodies who don't even fit the definition of aircrew.

"I have a report" continued the Kernel, "of misconduct and unofficer-like behaviour at the 407 Mess dinner last week." He glanced over the bright faces, and the old ones too. His gaze finally rested on Dave Reyenga who hastily tried to make his ears stick out from under his hair.

"Dave, I understand you opened the range."

"But, but, but..." Dave

tried to interject, his voice cracking as it always does when he knows he's in pooh.

"I hear you repeatedly and without just cause or reason fired various projectiles of assorted substance and struck on many occasions a Capt. McBean of 407, a Nick something or other, also from 407, and the Base Commander's E.A., Trevor Kennedy."

"But, but, but..." Dave started again.

"There are no buts!" the boss spoke sternly. "This must stop. Trevor Kennedy is a friend of 409. In fact, we consider him a true blue Nighthawk like the rest of us - handsome, intelligent, quick, perceptive, leaders among leaders, and men among men. I reiterate Dave, and for you too Brillo, I mean Kurt, no more throwing of food at Capt. Kennedy at formal functions. Case closed." The CO sat down.

"But I wasn't even there!" murmured Dave to himself.

"It's alright Dave," whispered Trynny, "Tell him I did it."

Next on the agenda for the ground school was George Dowler. George explained the geopolitical and economic aspects of his new custom made and designed decontamination hood. "You see," he explained as he held the hood up by two of its three heavy duty tassels, "it is not in the actual physical sense that this hood is effective," he paused jingling the bells quietly, "it is in the context of the perceived functions of the three appendages and the ramifications they have on the Soviet intelligence community. Right Gary?"

"That's right, George," jumped in Gary "and if I might explain: when the dirty pinkoes get wind of this new development - and believe me they will," his eyes meeting every eye in the room before he continued, "they'll spend thousands of manhours trying to determine what in fact it is. Failing that, they'll allocate millions of rubles trying to build one of their own." He paused for effect, "then they'll spend thousands more manhours trying to determine its significance and function. Failing that, they'll put it into production anyway and make their military use it."

"And then," continued George excitedly, "their troops will laugh so hard at each other wearing it that they'll be no threat for years to come."

"That's right," said Gary. "First you make 'em think they need to change something. Then you get 'em to tie up their research resources for decades, and

then drive the economy to ruin with useless productivity. After that you make their troops feel like fools and jesters and the result is, destroyed morale!"

"Hey!" perked George, his face lighting up with revelation. "That sounds just like NDHQ!"

"Sit down, George." murmured Gary quickly.

"OKAY."

"Something else I think you'll find interesting," continued Gary, "is a new gaseous weapon under development as an alternative to nuclear weaponry." He shuffled some papers in his hand, pausing to glance at one of them. "This gas doesn't come under the chemical warfare treaties because it is non-toxic and is only temporarily debilitating. It's called SWBF and presently the Defence Research Board is devoting a lot of time and effort in its development. The Military Colleges are trying to determine how to deploy it. There is no antidote, and it is politically palatable."

"What does SWBF stand for Gary?" asked the CO in earnest.

"I'm not absolutely sure sir, but I think it stands for SOAPY WATER BATHTUB FLATULENCE."

"Sit down Gary. Sounds to me like something those turkeys from across the hall would produce," finished the Kernel.

"Or 419 single seat tinker-toy squadron," added Mosher.

"If we really want to undermine the Russian military," piped up the Stroche, "why not send them Forsilly on exchange?"

"Yeah, the wimp!" added Crash Bob.

And on went the groundschool until it became politically unpalatable.

Downstairs the squadron is losing John Knapton who will be going to Summerside for the basic Air Observer Course (or whatever it's called now) and Alain Houle who plans on becoming a SAR Tech. It is obvious that the fine example of aviators presented by the Nighthawks has encouraged these troopers to get in the air.

Crash Bob, Tiny Tim, Forsilly and Andy - just plain Andy - finished the airshow season at March AFB with a two plane demonstration. On the way home, somewhere near Las Vegas, having stopped there overnight for gas, Forsilly got attacked by the heebie-geebies. In layman's terms, the bends. In great pain and distress, Mark leaned upon Crash Bob's understanding and requested he land at the nearest airfield before he (Mark) D-I-E-D.

"Hell no!" replied Bob, "That wasn't briefed!"

Mark's reaction was to bemoan over the radio to Tiny and Andy the nature of the problem. Trying valiantly but unsuccessfully to mute him out, Crash Bob kept thinking, "Gosh, I jest might git a medal for helping to alleviate a future Canadian air force manning problem."

Tiny, being a recent ICP graduate and a future staff school candidate, considered the career implications of Bob bringing Mark's bent, twisted and lifeless bones back home and decided to prevail upon Bob to reconsider. "Crash Bob," he transmitted, "I implore you to think of the wrath my 108 pound sister will wreak upon me should I allow you to do this to poor Forsilly, the wimp. Then think of the wrath I will have to wreck upon you, in retribution!"

"Gawd!" exclaimed Crash Bob, trying to save face, "I jest coincidentally finged out right here over Nellis!"

Realizing Bob's inclination to press on regardless, and the danger it might pose to Mark, Tim insisted that he stay with the pathetic pair in Nellis. And so it was that the fearless foursome found themselves spending another night away from home and the loved ones, in Las Vegas - a place no man would want to go. In Andy's words, "It had to be done but..."

Like true men, they left Mark there and pressed on home the next day. "Had I considered the financial implications of the evening," mused Tiny in retrospect, "I may have been encouraged to let Mark twist and bend, at least until Hill AFB." Thus ends the last of the airshow season tales of the 409 HACKS.

And right now I am going to pray that Barry Kennedy returns soon from his leave to resume writing this column. As you can tell, I am floundering, the stories are getting weak and so am I. Constantly under pressure to be more profound, philosophic and political in my writing I have buckled and admitted, yes, my garbage is worse garbage than the Demon Doins. I think I'll try to get a job writing poetry for get well soon cards as that type of writing is more in line with my sensitivity, culture and delicate taste. Remember, the man who penned "High Flight" was a fighter pilot too.

Good day, ya'll.

Thumper P.S. Next issue we will try to get an article from the boys on the hangerdeck.



VU 33

The boys and girls of VU 33 are busy writing with letters to Santa

Blackie wants a cordless phone so he can take all "those phone calls" without having to run to the office.

Al wants a package of hairnets!

Kim wants more leave forms!

Bob Stephenson wants more hand cleaner to mix with his (and other peoples) sandwiches.

Dennis wants a subscription to "The National Enquirer" (his just ran out).

Craig Flewelling wants a wet suit to keep dry while he's fishing. (?)

Gary wants new leather thongs for "the whip" - the old ones are getting a bit frayed.

Bob Main would like a set of NHL stars bubble gumcards.

Ceryl would like to meet a 5'2" tall, dark and handsome man with a PhD, a Jaguar, independent means, who won a gold medal swimming in the 80 Olympics.

Bob Wrightson would like another Oil embargo so he can sell more propane cars.

And Santa, all the Riggers and Fitters will leave you cookies and milk (pay no attention to all the greasy fingerprints).

RM I was flipping through the Fishwrapper the other day while in the heads when I thought I'd stumbled across a line in this very column saying that I would fill this space next (ie, this issue). Luckily the paper wasn't too wet and I was able to salvage most of the article.

There it was, on soggy newsprint. A guest appearance while the "elusive CDF" (his adjective - I think that he's watched the Scarlet Pimpernel once too often) attends the Flight Safety Course in Winnipeg. Joy. The perfect ending to an otherwise wasted month. Particularly impressive was the manner in which I discovered that I was to "fill this space". Luckily the AMU washroom stocks the Totem Times.

I digress. Harping won't complete this article.

I can hear Ray tapping away on the section typewriter. The noise is not unlike a woodpecker digging for grubs in a dead tree. "Tap" (as he finds his key), then a several second pause. "Tap-tap-tap" (as he finds a couple of other elusive letters), followed by: "Nuts. Where's the White Out?"

Ray normally creates that portion of the Squadron article pertaining to Maintenance, while CDF attacks Ops. Since I'm pinch hit-

ting for CDF, I'll attempt to restrict my comments to the Ops side of the squadron. The fact aht I know nothing about Ops shouldn't slow me down; it never stopped the elusive CDF.

I am once again ready to put crayon to paper and tackle the real issues:

Quotable quotes:

- Mess dinner last week (second in three weeks): No survivors. "I was wakened to the sound of somebody tapdancing on the bathroom fixtures and gurgling in the toilet bowl. I crawled into the bathroom but I must have scared him off. All I could find was a pair of socks he'd left in the tub. Fortunately there was nobody in there."

-Base Exercise: "Phone calls at 0349 in the a.m. does not a pleasant person make. Normally I'd have been asleep, but by strange coincidence I had to get up to answer the phone."

- More on Exercise: "Whadya mean all the planes are serviceable? WE'll have to simulate a couple U/S. All of our elusive pilots are on course somewhere."

- Still more on Exercise: "Anyone know if 409 called for T-Bird starts! No. They usually start themselves, then complain about Maintenance's lack of telepathic skills."

- Elusive pilots who give away personal credit cards but keep government gas cards: "The airlines and the hotels tell me that they won't accept the government gas card. If I use my cash for plane tickets and hotel bills I won't be able to afford to buy any beer. It looks like I'll be walking back from Winnipeg and sleeping in farmer's fields. See you after Christmas."

- The Landry posting dinner: "The menu's posted. Since there'll be so many of us, the restaurant wants everyone to keep their meal selections to these five choices. OK, who wants the Big Mac and Fried?"

On top of all this, VU33 Officers' Mess Entertainment Rep is an elusive pilot on our squadron. Out of all the functions that VU 33 could host, guess which one we ended up with? Nope, not the Toga Party. Sorry, not the female mud-wrestling finals either. The exotic dancers revue? No, afraid not. What we volunteered for was the Kiddies Christmas Party. Now there's nothing the matter with kids that a load of cement and a deep well won't cure. It's just that the squadron's going to have a heartbroken, yet elusive, pilot on our hands when he finds out that he has to attend the Kid's lparaty as an organizer, rather than as a participant.

The last few weeks have been rather quiet on the SAR front but it has given us a chance to catch up on some things we've been missing.

The Buff guys apparently have been throwing their weight around lately

especially ol' lead foot Brucie, who, being so accustomed to tight mountain airfields, became very uneasy with the wide open spaces on a recent prairie expedition. It seems he inadvertently discovered a new development in reduced landing roll for the DH5; rubberized runways!

When I questioned the crew just recently arrived back from the Southern States as to how the trip went, I received answers such as: "It was okay," "Yea, it was alright, I guess," and the like. I am still wondering about the silly grins they had at the time, but Steve Daigle explained to me it was fun but it still can't beat Reno in springtime.

The flight engineers would like to extend a warm welcome back to Neil Patterson but regret to announce that the payload of the Buff has been reduced due to the Coke cases now being reinstalled in the galley. Also back is Ken Ned after a bout with the Exam Conference in Trenton. Overhearing him complaining about being overworked and underentertained during his time away, I was tipped off it was all a crock and he'd just spent too much time snivelling to his Career Manager.

Speaking of postings, it seems the yearly rumor mill has started and the hot gen has Wally Belanger heading for Tac Hel country.

And speaking of Mills, it seems L&M Lumber is going full tilt. In case you'd thought Fields Sawmills had moved their location, don't fret, it's just Dwight & Dallas busy as beavers readying for winter.

The chopper boys say all's been quiet but somehow I don't trust them. On the eve of a recent mess dinner, the guest of honour, LCol. Burrows and his entourage, were treated, as befits a former 442 CO, to a Champagne flight, courtesy of the Labrador Flight and R. Preus Productions Inc.

They seemed impressed by the proceedings but one was heard commenting, "The service was great, but they sure don't build those flight attendants like they used to."

The new SARCUP bird is

working well and all are having fun with the new gadgets. The general consensus is that it is a great improvement but a certain senior first officer is reserving judgement until he finds the coin slot for that neat video screen up front.

When asking for recent developments in our Squadron Zoo (SAR Tech section) I received enough info to keep the National Inquirer busy for months, but being as this is a semi family publication, we'll just catch some of the printable highlights.

We would like to welcome Sgt. Hank Seltzer who has returned from retirement to sort out the SAR Tech supplies. Good luck Hank!

Congratulations are in order for Cpls Elliot, Gallagher, Girden, and Makowski on completing their Team leaders course as well as MCpl. Bob Lang on completion of his GED course. (Pete says it was only Gr 6 twice but it'll count.) Congrats are also in order for Gord Burnell for getting a haircut. We're still curious about that cosmetic dental surgery though, Gord.

LCol. Montgomery is in town from Victoria for his parajump currency, but unfortunately he still has to be taken out by truck to make it to the pea bowl.

Cpl. Tom Elliot is to be praised for his fine work in promoting squadron fitness on a recent hunting trip. It seems he managed to drag Gerry Gallagher, Rob Conley and Harry Gillard, through vast quantities of B.C.'s near vertical real estate. Gerry was last seen delirious from massive weight loss; Tom was headed out with a chain saw to cut up the huge beast; Rob's laughing with a freezer of meat and nary a shot fired, and Harry is denying everything.

Finally honourable mention must be made of our squadron hockey team who have been upholding 442's colours in great fashion this season. It has also been noted that if good hockey games aren't enough, our SAR Techs can be depended on to display their patented animal show in true para rescue style. It's guaranteed to satisfy even the least enthusiastic of hockey fans.

Until next time, that's all folks.

G.H.

P.S. You can tell Dave Biehn (alias D.B.) he's welcome back from his Flt. Safety course anytime.

BLACKS CYCLE

SALES & REPAIRS
SKATE SHARPENING

STRATHCONA PLAZA
ANDERTON RD., COMOX
339-5121



Demon Doins

Well, we're all feeling like big shots since we, VP407, made the front page, headline story no less, of the Weekend Sun. We'll be signing autographs on Friday at 1600 hrs in our aircrew lounge. And if by chance you can't find anybody around, I can't imagine that, you'll probably be able to track us down at our respective beer calls. But now that we've attained the fame we so richly deserve, we promise not to become swell-headed.

Oh, here's an interesting ditty about Darrel and Finn and Mike and Larry, four Canadian navigators taking off in CP-140. This is Crew 1, the standards crew. It seems somebody didn't know the combination to the SGT Greenleaf on the Pubs box. Consequently, the above mentioned naves now have their Pubs box destruct qual and Crew 1 can rightly claim to be the only crew on squadron with a B&CO. This is a very dangerous person, a person who evokes ooohs and aaahs from his compatriots each time he walks into the aircrew lounge. Although small in stature and usually mild mannered in nature,

he single handedly, with the help of a great big screwdriver, destroyed a metal box by popping off virtually all the rivets on the box, thereby gaining access to the pubs for himself and all his fellow crewmates. He is nothing less than a modern day super hero, or the next closest thing to it in the eyes of 407 squadron. We applaud your efforts and fear your big screwdriver B&CO of Crew 1.

407 Sqn is playing 409 Sqn in a game of Flag Football on the 28th of November (Grey Cup Sunday) at 0800 hrs behind Canex. Afterwards we'll warm up with a few "wets" at the mess and watch Edmonton Eskimos (what are they doing in there for the 6th time in a row?) play the Toronto Argonauts (what are they doing there at all - it's only been 11 years) for the Grey Cup.

The Squadron is once again all together in Comox with the return of Crew 3 from Greenwood and Crew 7 from Bermuda. However, Crew 3 is off to Adak, Alaska at the time of this printing and Crew 5 will take over from Crew 3 on Grey Cup Sunday.

BASE SUPPLY

Two corrections are called for as a result of the article on PER's, my thanks to MWO Rest of BTNO section for his observations.

First, CFP 228, Personnel Evaluation System Other Ranks, is now officially called A-PD-228-001/AG-001, which is in both national languages. Secondly, and much more importantly, when a PER is written on a person who does not supervise anyone else, then there are only eleven

points rated vice the fourteen stated last paper.

The points a non-supervisor doesn't get rated on are Nos. 2. Delegation, 5. Self assertion, 6. Subordinates, 7. Briefing, 13. Supervision, and 14. Understanding. Bear in mind though that if you do supervise someone, or if you demonstrate good potential for supervising, then you may be assessed on those factors.

It follows then, that if

you are not a MCpl. or above, and you are rated on supervisory skills then you are doing much more than what is expected of your rank and you're score should reflect that. In other words it should be very complimentary. The very best way to really understand your PER is to start writing assessments on other people, i.e. get promoted!!!

Start

It seems everyone is anxious to uncover the real identity of me, myself and I. Just sit back and relax - it's safer (for me) if I remain anonymous.

As the Christmas Season fast approaches people are taking on that look of panic. Shortly it will be replaced by the morning-after-the-night-before look. The worst of it is our supervisors expect us to produce...as if we're leading normal lives!!

Congratulations go out to Sharon Salt on her recent engagement to "Andy" Anderson.

While in the Congratulations department - Ellie Sweeney has joined the civilian working class on Base. Best of luck in the future Ellie.

Maj. Durrant can't seem to resist those teas and bazaars, but he'd better be on his toes because the word is out that a local senior citizens lodge is

planning to adopt him. He frequently attends their teas and they rather enjoy his company.

Have you heard Bea Miller tell about all the cleaning and painting and dusting away she did the evening before?? And she claims this is a hobby!! I must bear this in mind come spring cleaning time, and have Bea do her hobby at my place. (She calls it "Ceramics"...)

The only casualty from

last week's war is Karen Finney. Just because we offered to pass the hat for a new wheelchair is no reason to take us up on the offer Karen. Hope your foot feels better soon!

I've noticed Jeannette Spicer has her wrist bandaged. Could that have been caused by overworking her hand on the slot machines during her recent trip to Reno??

Til next issue....

AIR FORCE INDOCTRINATION SCHOOL

This Month in Air Force History

14 December F/S/L AS Ince, RNAS, while flying as observer in a Nieuport biplane, shot down in flames a German two-seater seaplane off the Belgian coast. This victory, the first confirmed success credited to a Canadian airman, won for Ince the DSO, the first decoration awarded to a Canadian in the RNAS.

19 December Capt. M.M. Bell-Irving, on a Morane S Scout of No. 1 Squadron, RFC, engaged three enemy aircraft between Lille and Ypres, destroying one in flames and driving off the others. He then evaded three more attackers and was about to open fire on another German machine when he was wounded by anti-aircraft fire. Capt. Bell-Irving was awarded the Distinguished Service Order, the first decoration won by a Canadian in the RFC.

1918
5 December The organization of the RCNAS was discontinued and the cadets under training were demobilized

1919
15 December Lt. Col. R. Leckie, DSO, DSC, DFC, was appointed Superintendent (later Director) Flying Operations in the Air Board.

1924
20 December The First RCAF wings parade was held at Camp Borden when pilot's flying badges were presented to six officers, including P/P/O C.R. Slemon.

1938
1 December The Non-Permanent Active Air Force was renamed the Auxiliary Active Air Force.
9 December The first separate Air Force General Orders were issued. Previously they had been included in General Orders of the Canadian Militia.

15 December The Senior Air Officer was redesignated Chief of the Air Staff, a title corresponding to the head of the other two Services. A/V/M.G.M. Croil, AFC was the first CAS.

1939
17 December The agreement to set up a British Commonwealth Air Training Plan was signed at Ottawa by representatives of the United Kingdom, Canada, Australia and New Zealand.

1940
31 December There were three RCAF squadrons overseas: No. 1 (F), No. 110 (AC) and No. 112 (AC Squadron.) At home there were eleven squadrons: in EAC - Nos. 5, 10 and 11 (BR) at Dartmouth, No. 8 (BR) at North Sydney and No. 119 (BR) at Yarmouth; in WAC - No. 4 (BR) at Ucluelet, No. 6 (BR) at Coal Harbour, and Nos. 111 (F), 120 (BR) and 13 (Operational Training) at Patricia Bay; No. 12 (Communication) Squadron was stationed at Rockcliffe.

1941
7 December Canada declared war on Japan, and immediate steps were taken to strengthen our Pacific defences.

21 December No. 404 (Blenheim) Squadron helped to provide long-range fighter cover for Commando forces attacking enemy positions at Vaagso (Norway).

31 December There were 21 RCAF squadrons in the United Kingdom and 16 at home.
31 December At the end of the year the RCAF had 31 squadrons overseas and 36 at home.

1943
10/11 Dec. F/O R.D. Schultz, flying a de Havilland Mosquito of No. 410 Squadron, destroyed three DO. 217 bombers in a single night interception sortie.

15 December A Boeing Fortress of No. 168 (HT) Sqn., piloted by W/C R.B. Middleton, AFC, left Rockcliffe with 5,502 pounds of mail for Canadian servicemen overseas. This was the beginning of RCAF air transport operations on a global scale.

1944
29 December F/L R.J. Audet of No. 411 Sqn. destroyed five enemy fighters during a patrol in the Rheine area. Engaging a formation of four Bf. 109s and eight FW. 190s, he shot down two Messerschmitts and three Focke-Wulfs.

30 December S/L C.J.W. Taylor, DFC, flying a Wellington of No. 407 Sqn. detected the "schnorkel" of U772 in the English Channel and sank the submarine with depth charges.

1946
12 December The three services were again united in one Department of National Defence under the Hon. Brooke Claxton.

31 December The Women's Division was dissolved. At the end of the year the strength of the RCAF stood at 12,735 officers and airmen.

1948
1 December No. 410 Sqn., the first jet interceptor unit in the RCAF began training on "Vampires".
No. 1 Air Defence Group was formed at Air Force Headquarters.

15 December The RCAF Survival Training School was formed at Fort Nelson, B.C., and Cambridge Bay, NWT, to instruct aircrew engaged in northern flying in methods of self-preservation if forced down in the bush or Arctic wastelands.

28 December An expanded defence programme was announced to meet "changing circumstances". By the end of the year the RCAF had increased the strength of its Regular Force to 13,832 officers and airmen.

1951
15 December On its return to Canada after ten months training with the RAF at Odiham, No. 421 Squadron was re-located at St. Hubert and exchanged its Vampires for Sabres.

1954
5 December S/L A.R. MacKenzie, DFC, the only member of the RCAF to become a casualty during the Korean campaign, was released by Chinese Communist authorities at the border of Hong Kong.

He had been shot down and taken prisoner on 8 December, 1952, while flying with the USAF on attachment.

1956
19 December It was announced that arrangements had been concluded between the governments of Canada and the Federal Republic of Germany for the training of 360 Luftwaffe aircrew by the RCAF, commencing in 1957.

1957
December Delivery of 53 CF-100s to the Belgian Air Force began.

1959
18 December In a commemorative wings parade at Winnipeg the final group of pilots and observers trained under the original NATO training scheme graduated. A/M C.R. Slemon presented flying badges to 40 RCAF, seven Netherlands and three Norwegian pilots and observers who had been trained at Gimli, Portage and Winnipeg.

1961
28 December The first RCAF Bomarc missile unit, No. 446 (SAM) Squadron, was formed at North Bay

1962
15/17 Dec No. 427 (F) Sqn., based at Zweibrücken, was de-activated as a Sabre unit and then re-activated as a CF-104 Sqn., the first RCAF Air Division Sqn. to be converted to the new aircraft.

31 December The four RCAF CF-100 squadrons in E Europe, Nos. 419, 423, 440 and 445 were disbanded, thus completing the phase-out of this machine from a combat role.

1963
31 December No. 5 Air Division, with headquarters in Vancouver, was disbanded, its units being assigned to Maritime Air Command directly.

1965
8 December Long the backbone of RCAF heavy transport flying, the North Star was retired at a ceremony at Trenton.

December On Rhodesia's declaring its illegal independence, Zambia was cut off from oil supplies. The RCAF provided four Hercules transports to airlift oil to Zambia.

1966
15 December Air Defence Command Headquarters was transferred from St. Hubert to North Bay, Ont.

1967
14 December W/C R.A. White of the Aerospace Engineering Test Establishment at Uplands, set a Canadian Altitude record of 100,110 feet, while flying a CF-104. W/C White was later awarded the McKee Trans-Canada Trophy for 1967.

1971
December Deliveries of the first Bell Kiowa helicopters began. The Kiowa was intended to replace a variety of fixed-wing aircraft and helicopters, including the L-19, L-182 and CH-112.

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FRIDAY, 26 NOVEMBER

TGIF

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SATURDAY, 27 NOVEMBER

MIXED MESS DINNER

Cocktails 1900 hrs - Dinner 1930 hrs.

After dinner dancing to "5 After 5"

COST: \$40.00 per couple

DRESS: M1/FM1 or S5/SF5 for military personnel, Formal for civilian per-

Formal for civilian personnel.

SUNDAY, 28 NOVEMBER

GREY CUP DAY

Two T.V.'s - Hot Toddlies.

Clam Chowder - Sandwich Fixins

Free admission - Game time 1000 hrs.

Grey cup pool is posted in Stag Room. Great prizes if sold out. If not sold out prizes will not exceed the money collected.

OFFICERS' MESS

Fridays, December 10, 17 -

REGULAR TGIF's: 1600 - 1700 hrs. Food as indicated, 1700 - 1800 hrs. Bottle and Jackpot draws at 1700 hrs. Members must have signed in and be present at time of draw to be eligible to win Jackpot draw. Free taxi service - ask at bar.

Sunday, December 12 -

CHILDREN'S CHRISTMAS PARTY: Bring your children for an afternoon of fun. 1400 - 1630 hrs. Santa Claus, Cartoons, Hot Dogs, Pop, Candy, Ice Cream, Chips.

Wednesday, December 15 -

INTER MESS VISIT: The Snr. NCO's will be hosting the Officers this year. Officers are requested to assemble in the Officers' Mess by 1445 hrs. Dress S3.

Editorials



Law Talk

By Gordon Hardy of the People's Law School

Crime Victim Compensation

The first in a series of four articles on compensation for victims of crime.

A mentally unstable man shoots and seriously injures a boy at a B.C. youth hostel. The assailant is subsequently charged and convicted of attempted murder. His victim will probably walk with a limp for the rest of his life.

In another case, a 37-year old man at a drinking party is attacked by another man with a baseball bat. Both are extremely drunk. The victim suffers a fractured skull and other injuries requiring hospitalization. His assailant pleads guilty to causing bodily harm with intent.

And, in a third case, a man claims he received injuries when set upon by a man on a street in New Westminster. During an investigation the police learn that the incident really took place in a room where both men had become very intoxicated. The injured man refuses to co-operate with police in laying a charge, even though the alleged assailant has been identified.

These are three real-life cases in which victims of crime applied for compensation from a fund maintained on a cost-sharing basis by the federal and provincial governments. The Criminal Injury Compensation Act of B.C. authorizes the Workers' Compensation Board to provide compensation for personal injury or death resulting from a crime committed in this province.

Under the Act, victims of 44 criminal offences are entitled to compensation from the fund. The most common offence for which compensation is awarded is

assault but others include rape, hijacking, kidnap and murder. People injured in the course of assisting a police officer or preventing a crime are also entitled to compensation.

The WCB compensated crime victims for such things as the cost of medical treatment not already covered by medical plans, pain and suffering, loss of wages, loss of enjoyment of life, etc. Under the Act, it cannot provide compensation for loss of damage to property due to crime, except for some personal belongings such as eyeglasses, hearing aids, clothing, etc. Additionally, it cannot award compensation to victims of automobile accidents involving criminal negligence or hit-and-run; victims of this kind of crime must apply to ICBC for compensation or sue the guilty driver directly. If the car, however, was used intentionally as a weapon, the victim is entitled to apply to the WCB.

According to Larry Timoffee, head of the Criminal Injury Compensation branch of the WCB, the rationale behind the Act is that "the state owes the citizens a safe place to live and work. If it fails to do this, it owes the victim compensation."

The average award, he says is between \$2,500 and \$4,500, although the Act sets a minimum cash award of \$100 and maximum of \$25,000. In addition, it provides for life time pensions for those whose injuries result in permanent disabilities.

When the victim has been killed in a crime, a dependent spouse, parent or child may claim compensation for funeral expenses and

loss of support: "In cases of widows and children," Timoffee says, "we usually award a pension which is payable until her death or marriage and until the children are 18, or, if they're still in school, until they're 21."

How, then, did the WCB treat the three applications for criminal injury compensation we mentioned at the beginning?

In the first case involving the young man gunned down in the youth hostel, the WCB awarded the victim a lump sum of \$7,500, plus a life-time pension of \$345 a month with future cost of living adjustments. The award was based on such factors as the victim's permanent disability, impairment of future earning capacity and loss of wages.

In the second case, the victim of the baseball bat attack received a reduced award of \$1,929 to cover treatment of his injuries, pain and suffering and inconvenience. The WCB noted that the victim had "by his own condition and participation in a drunken party...rendered himself either more susceptible to attack or less able to defend himself in the circumstances."

In the third case, the WCB rejected the claim of the injured man who had frustrated police efforts to lay a charge. It noted that "the claimant had absolutely no interest in proceeding with charges and, in fact, was uncooperative with police during their investigation....Under circumstances, the claimant is in no position to now come forward and claim benefits as a victim of crime."

I don't get back to my home town very often, but when I do I'm invariably asked "Whatever made you join the Forces". The question has been asked so many times that I have a canned answer about clear blue skies, exhilaration of flying, element of danger, etc. I rattle off without batting an eyelid. It tends to come across like the type of USMC commercial you see during the late show on American network T.V. Of course the person asking the question looks suitably impressed then raises an eyebrow and as soon as you aren't looking makes circles with a finger pointed at their temple.

Occasionally someone will keep pressing for a deeper answer. Invariably it's one of those people you barely knew in school and really don't want to talk with now. Nine out of ten times the person used to be in the school choir, had and still has permanently dilated pupils, took arts and crafts at Trent University, is now a vegetarian and drives around with a save some endangered species bumper sticker on their customized van. The other one out of ten times it's an old beer drinking buddy asking the question to intentionally set you up for one of the other nine out of ten.

Normally you could just ignore the question and walk away but it always seems to be asked in front of people with whom you're still close. So there you are, standing in front of a group of people who are expecting a response, your stock answer has already been used and you feel that you should be able to justify what you do for a living.

I usually begin by saying that the job has a lot of advantages people don't consider. At this point there are usually a few guffaws from the gathering and someone mentions that they made 65 thou last year selling real estate and somebody else says that as an accountant they made about the same. Then they start comparing your 1977 Toyota to their 1982 Buick and their split level four bedroom house with swimming pool to the apartment you rent.

With the present state of the economy it's easy enough to point out that money made last year doesn't make much difference this year, especially if most of it went towards a trip down south and a new ski boat. Our salaries might not be as high as some in civilian life but they are better than many and they are consistent. Comparing money earned sin-

ce you left school to someone with a comparable civilian job there isn't that large a difference. When considering you were paid while training and the training was paid for, any income difference become negligible.

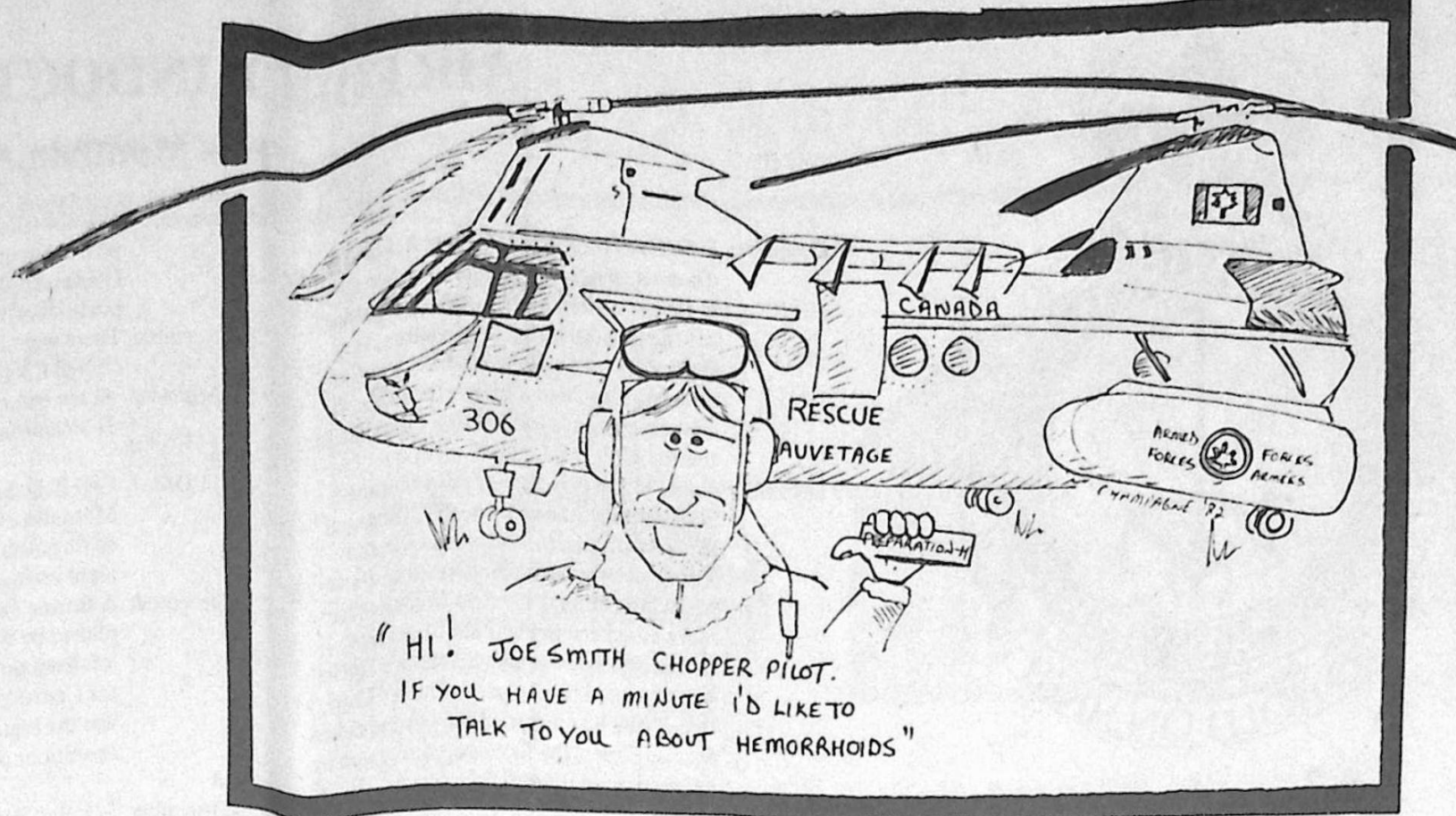
Job satisfaction seems to be the best selling feature for the Forces that I've found. My friends from school with their high paying jobs and fancy houses also have high cost expenses and fancy mortgages because they are forced to live in large urban areas. Toronto is nice enough as cities go but one weekday afternoon in the traffic system is enough to sell me on living and working in a much smaller area. My job is a heck of a lot more exciting and fun than sitting behind a desk forty hours a week worrying about getting laid off or driving across the prairies five days a week trying to sell photocopiers. Salary-wise I might not be as well off but my costs are much lower. I have more free time than anyone working an office job and am guaranteed a months leave per year. Our travel opportunities are mind boggling to most civilians yet we take them for granted.

Usually at this point in the discussion the person who asked the question in the first place comes out with an intelligent question such as "Doesn't it bother you to kill people?" Of course you'd like to answer with "Let's step outside and I'll find out.", common sense forces you to point out that the only time a life or death situation would arise was if someone was actually trying to kill you first, in which case not too many people military or civilian (judging by the daily papers) are going to have a lot of qualms.

Somebody always states that the discipline and regulations must be awful. Apart from basic training I can't really see the difference between a guy in a green suit with two and a half or three stripes on his sleeves or a guy in a three piece suit telling me to get a hair cut. Successful lawyers, accountants, salesmen, etc. tend to be clean cut and short haired.

The reaction I get from people that I discuss the Forces with leads me to believe that they are a little jealous and perhaps dissatisfied with their jobs. I have no regrets about not choosing a civilian career and am kind of glad I don't have to worry about what to wear when I get up in the morning.

KJS



COMPARING JOBS

WATCH YOUR LANGUAGE

To the Editor:

Sitting at my desk last week, I couldn't help but overhear the conversation going on in the next room.

One guy was talking to another, explaining his exciting deer-hunting trip. Being female and somewhat ladylike, I couldn't help being offended by some of the coarse language used. Actually, I found it sick and quite immature for someone in their late 40's to be using an "F" word at an average of three words per sentence. To me, this person is ignorant and arrogant, with no respect for himself or others.

Why can't people in general, see themselves as others see them? Sit down and look at yourself. Are you a guilty party? How do you look to others? Do you sound intelligent? Don't say you don't care what other people think, because you do.

Maybe people think it makes them look "mature" to use an "F" word in every sentence, or maybe they feel older, or more fitting to their friends.

Myself, I think it is degrading for a male or female to use those words in my presence. It definitely

decreases my respect for them, and those who use them frequently, disgust me.

When I first arrived in Comox, I was quite surprised to hear a man whom I looked up to and respected, come blank out and say that terrible "F" word. That was three years ago and to this day, I can remember the uneasiness and disappointment I felt toward this fatherly image.

Think of your most favorite idol. You meet him for the first time and he says, "Hi, how the 'F' are you?" Wouldn't you feel a little disappointment?

Is there no morality in this day's society? Use the English you learned in High School; why do you think they have that subject? Put to use what you learned. Do something different for a change, like explore the dictionary. There must be some more efficient word that can be substituted for that all too common one. Don't be like the others, be yourself for a change.

If anything, it'll do you more good than harm. Try it, you might even find you'll like it.

ANONYMOUS

HERO MEDALS

To the Editor

While looking through the yellow sheets (CFSO's); I observed that approximately 95% of all personnel receiving "hero medals" are associated with rescue squadrons, either as aircrew members or rescue specialists.

The first question that comes into my mind is "Are they real heroes, or are they just doing their job?"

Does a pilot deserve a Star of Courage because he assists in a rescue, holding a hover in a wind and rain storm? Should a medal be given to a SAR tech because he made a dive in order to search an upset fishboat?

My answer to both of these situations is absolutely NO. After all, pilots know that the weather cannot be CAVU, ceiling and visibility unlimited all the time. And that flying in bad weather is just a normal part of his job. That is what he is being well paid for. The SAR techs are well paid

volunteers that are required to take risks in parachuting and diving to assist in rescues. To put it simple, "THAT IS THEIR JOB."

You never hear of the duty servicing crew who are refuelling a copter at 3 a.m., during a driving wind and rain storm getting a hero medal. The reason is that they are doing their job.

Nobody would question the awarding of medals if the heroic deeds were "ABOVE AND BEYOND THE CALL OF DUTY". The people responsible in writing up these citations are confusing courage and bravery when people are just doing their jobs!

This wholesale handing out of medals and decorations to people doing their jobs degrades the whole purpose and meaning of these decorations.

Thank you,
AN Brodie

**A BROKEN CIGARETTE
IS A LITTLE
FREEDOM GAINED.**

TOTEM TIMES

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EDITOR: Kurt Saladana (Loc. 2409)

ASSISTANT EDITOR: Jack Gibson (Loc. 2249)

BUSINESS MANAGER: Starr Beachey (Loc. 2548)

CIRCULATION MGR: Lucien Senneville 338-5074 (Loc. 2236)

SECRETARY: Michelle Ramesbottom 339-5790

EDITORIAL STAFF: Michel Bourduas Michelle Vantomme Ann Ikle

PHOTOGRAPHERS: Maurice Robert, Ann Howlett, & Base Photo

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GENS DU PAYS

NOUS REMERCIONS

Le Comité aimerait remercier Catherine Larocque et Michel Perreault pour leur travail et coopération au sein du Comité. Michel Perreault, président, se voit obligé de réintégrer son poste à cause d'un surplus de travail et manque de temps. Catherine Larocque nous laisse pour des raisons personnelles. Merci à tous les deux!

PANIERES DE NOEL

Cette année encore, le Club organise une collecte de paniers de Noël pour les familles défavorisées de la vallée de Comox. La collecte aura lieu le 12 décembre. On aura besoin de volontaires pour emballer les différents cadeaux après la collecte. Tous sont bienvenus! Conservez vos jouets, linge et nourriture que vous ne voulez ou n'utilisez plus pour la collecte le 12 décembre. Cela fera plusieurs heureux à l'occasion de Noël.

ELECTIONS GENERALES

Nous aurons des élections générales le 15 Janvier prochain. Tous les postes sont ouverts pour nomination. Si vous êtes intéressés à vous présenter, vos services seront les bienvenus. Pensez-y! Plus de détails à venir.

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Pour plus de renseignements, contactez une de ces personnes. CLUB GENS DU PAYS, BOX 213, LAZO, B.C. V0R 2K0 TEL - 339-5313. LE LOCAL EST OUVERT MARDI, MERCREDI ET VENDREDI DE 1300 HRS A 1600 HRS, ET JEUDI DE 1830 A 2100 HRS.

films

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LES 12 TRAVAUX D'ASTERIX

Mercredi le 15 décembre 82

EXPOSITION DU LIVRE

VENDREDI le 3 DECEMBRE 10:00 a.m. à 9:00 p.m.

Samedi le 4 décembre 10:00 a.m. à 3:00 p.m.

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LE 30 NOVEMBRE 2000 HRES

FESTIVAL FRANCOPHONE

EXPO ARTS VISUELS

A l'occasion du Festival Francophone qui aura lieu à ROBSON SQUARE MEDIA CENTRE, du lundi 7 au samedi 19 mars 1983, le Centre Culturel Colombien organise une exposition d'Arts Visuels (peinture, gravure, tapisserie).

Tout artiste francophone et professionnel peut soumettre sa candidature avant le 23 décembre 1982. Un jury se chargera de la sélection.

Les formulaires sont disponibles sur demande au Centre Culturel Colombien.

Information: Elizabeth Chedanne Tel: 874-9105
Centre Culturel Colombien
795 W 16th Ave.
Vancouver, B.C. V5Z 1S8

EXPO - PHOTO

Le Centre Culturel Colombien organise pour le début de l'année 83 une exposition de PHOTOGRAPHIES avec la participation de la communauté.

Contrairement à l'année dernière, il n'y aura pas cette fois-ci de thème imposé. Ceux et celles qui désirent soumettre des photos devront le faire avant le 30 NOVEMBRE 1982. Le nombre de photos sera établi en fonction du nombre des participants.

Il y aura une sélection et les participants seront notifiés par téléphone. (Toutes les photos soumises devront porter au dos le nom, l'adresse, le téléphone de l'exposant, ainsi que le titre et le prix de l'oeuvre).

Les photos devront être soigneusement présentées, de préférence encadrées et toutes devront être munies d'un système d'accrochage, faute de quoi elles seront refusées.

L'exposition aura lieu de 13 janvier au 17 février 1983 au Centre Culturel Colombien.

Information: 874-9105 Elizabeth Chedanne.



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Promotions and awards



Mr. Walter Yeomans proudly accepts the Base Commander's Commendation from Col. Dobson.



BTSO Brich members pose following CD presentation by LCol. Mack on 20 Oct. 82. (l to r) Cpl. R.N. Blondeau, CE Section; LCol. G.T. Mack, BTSO; Sgt. D. Fleming, Supply Section.



Col. Dobson presented Aerobic Awards to Cpl. John Hatter, Cpl. Keith Lamond and Capt. Dean Chaisson.



Maj. W. Healey seems to be saying to WO Murray Smith, "Sorry we don't have any champagne for your last flight, so how about a glass of water in a fancy glass?" No seriously, Murray will be sadly missed by all his friends throughout the C.F. on his retirement.

Unclassified

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1977 Chev pickup, long box, 350 V8, Excellent Condition
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Information Wanted

Anyone knowing the whereabouts of the next-of-kin of ROBERT WALLACE JOHNSTON who was born in Comox B.C. on February 3, 1946 son of Robert Wallace Johnston and Christine Ethel Johnston, (nee Philips) kindly contact: PUBLIC TRUSTEE, File 600784
Attn: Donald F. Horsman 265-800 Hornby St., Vancouver, B.C. V6Z 2E5

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Adults \$3.75, OAP \$1.75, Child \$1.75

Starts Today & Showing to the following Thurs.
Nov. 25, 26, 27, 28, 29, 30, Dec. 1 & 2
Steve Guttenberg, Daniel Stern, Mickey Rourke
Suddenly life was more than french fries, gravy and girls.
"DINER" "Frequent very coarse & suggestive language" - B.C. Dir.

MATURE

Fri. to Thurs. - December 3, 4, 5, 6, 7, 8, 9
Bette Midler, Ken Wahl, Rip Torn
"JINXED"

MATURE

"Warning - Occasional very coarse language & swearing" - B.C. Director

Van Isle
Courtenay

1 Show Sunday to Thursday - 7:30 p.m.
Two Shows Fri. & Sat. 7:00 & 9:00 p.m.

Showing to Thurs. - Nov. 25
"THINGS ARE TOUGH ALL OVER"
"Some suggestive scenes & very coarse language" - B.C. Dir.

Nov. 25 to Dec. 2 - "FAST TIMES AT RIDGEMONT"
"Coarse language; no drug suggestive scenes."
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FULL DINING FACILITIES



MCpl. Bob Portman being congratulated on his recent promotion by the MSO Lt. Dave Brown.



LCol. Brygadyr, the CO of 407 Sqn., presented MCpl. Laporte, one of his Weapon Techs, with two one hundred dollar awards for his proposals to improve efficiency and safety on his squadron. He suggested that the forklifts be equipped with rear view mirrors and that parking spots be painted at the Arming Point to ensure that aircraft are positioned properly in case tie down is required.



Maj. Low, our BCEO, presented Mrs. Nelson, his cost accounting clerk, with an award for her proposal to resize cost record cards. Her proposal was not adopted but she was granted an award as her suggestion brought a problem area that required corrective action to the attention of NDHQ.

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EXTRAS

November 25 - November 27

WHILE QUANTITIES LAST

MUG ROOT BEER 6 Pak REG. 2 ⁹⁹ SALE..... 1⁹⁷	DARE COOKIES 400 g Rio Chocolate Fudge Panda Creme Sandwich Champion Chocolate Chip Tradition Oatmeal Pocho Peanut Butter Creme REG. 1 ⁹⁹ SALE..... 1³⁷	NEILSON ★ SLOWPOKES ★ MACAROONS ★ WILLOWCRISP ★ GOLDENBUDS ★ COOLMINTS ★ NUT FUDGE CLUSTER REG. 1 ⁹⁹ SALE..... 1⁰⁷	KELLOGGS VARIETY PAK REG. 2 ⁹⁹ SALE..... 1⁸⁷
NEILSONS HOT CHOCOLATE 500 g 2⁴⁷			McCORMICKS McBIG CHOCOLATE CHIP COOKIES 700 g REG. 2 ⁹⁹ SALE..... 2⁶⁷
SUNMAID RAISINS 750 g REG. 3 ⁹⁹ SALE..... 3²⁷	SUNRYPE APPLE JUICE UNSWEETENED REG. 2 ⁹⁹ SALE..... 1⁹⁷	CARNATION INSTANT BREAKFAST REG. 2 ⁹⁹ SALE..... 1⁹⁷	FACELLE ROYAL 2 PLY BATHROOM TISSUE 8 Rolls 2⁹⁷
MELBA SQUARES 200 g REG. 1 ⁹⁹ SALE..... 1⁰⁷		FRAY BENTOS CORNED BEEF REG. 1 ⁹⁹ SALE..... 1⁶⁷	
MENNON GIFT COLLECTION ASSORTED COMBINATIONS 3³⁹ and 3⁹⁹	LISTERINE ANTISEPTIC MOUTHWASH 6.25 ml 2²⁷	NEW H D S HELPS DRY SKIN CREAM 50 ml 2¹⁷	CLING FREE DETERGENT 900 ml..... 2⁷⁷ 3.6 L..... 8⁷⁷
SANYO AM/FM STEREO RADIO RP 55 ★ Hi-Lo Tone Control ★ Led FM Stereo Indicator ★ Lightweight Stereo Headphone ★ Two Stereo Headphone Jacks ★ Shoulder Strap and Belt Clip 39⁹⁷	LLOYDS COMPLETE STEREO MUSIC SYSTEM MODEL R625-21 349⁹⁷	SANYO STEREO SYSTEM 20 - Tuner JT20 - Amplifier JA20 - Cassette Deck RD12 - Speakers & Stand REG. 699 ⁹⁹ SALE..... 599⁹⁷	LLOYDS STEREO AM/FM ELECTRONIC CLOCK RADIO 49⁹⁷

SPORTS

SERVICEWOMEN'S VOLLEYBALL

Friday the 12th of November, our Women's Base Volleyball Team left for a weekend tournament in Vancouver. On their way they stopped at the "Wok with Yan" restaurant and everyone was pleased when Yan himself wrote "wok the heck" on one of the volleyballs for luck. With the lucky ball under their arm, the Base Team walked confidently into the gym, ready to take on the 5 opposing teams. After much hard word, the Totems missed 3rd place by .03 points, winning 3 of their 10 games. If there is any truth in the saying, that you learn from your mistakes, then the Team should be unbeatable at the next tournament.

SERVICEWOMEN'S BROOMBALL

Last Saturday night the Servicewomen's Base Broomball Team played exhibition games against a civilian team from Victoria and one from Powell River. CFB Comox won their first game of the season against Victoria 5 - 1, and then went on to win the second game against Powell River by a score of 5 - 0. The third game between Victoria and Powell River ended 2 - 0 for Powell River.

Saturday night was a very good time for all of us and the Servicewomen's Team played exceptionally well. A special thanks to all the spectators who came out to cheer us on.

PUBLIC SKATING

Saturday	27 Nov	2030 hrs	- 2100 hrs
Sunday	28 Nov	1600 hrs	- 1730 hrs
Saturday	4 Dec	1800 hrs	- 1845 hrs
Sunday	5 Dec	1600 hrs	- 1730 hrs

MOMS & TOTS SKATING

Moms and Tots Skating is every Tuesday and Thursday from 1000 hrs to 1100 hrs; so bring the children to the arena and have some fun.

INTERSECTION HOCKEY FUTURE GAMES

1 Dec	1815 hrs	MSE	vs 407B Sqn
	2015 hrs	409A Sqn	vs Security
	2215 hrs	409B Sqn	vs ATC

Scores of Previous Games - Hockey

10 Nov	1815 hrs	442 Sqn 4	MSE	0
	2015 hrs	BAMSO 5	Secur	3
	2215 hrs	ATC 5	407B	6
15 Nov	1815 hrs	407A 4	409A	3
	2015 hrs	409B 4	407B	2
	2215 hrs	Secur 5	ATC	3
17 Nov	1815	Rescheduled Game		
	2015 hrs	409B 5	442	2
	2215 hrs	407A 2	VU33	2

INTERSECTION BROOM-BROOMBALL

Future Games

25 Nov	1815 hrs	409/442	vs HQ
	1915 hrs	Security	vs 407 Sqn
30 Nov	1815 hrs	407 Sqn	vs 409/442
	1915 hrs	Security	vs HQ

Scores of Previous Games

11 Nov	1815 hrs	HQ 1	407 Sqn 2
	1915 hrs	409/442 3	Secur 4
16 Nov	1815 hrs	409/442 1	HQ 1
	1915 hrs	Secur 0	407 Sqn 2

PACIFIC REGION CURLING CHAMPIONSHIP

The Pacific Region Curling Championship is being held at CFB Chilliwack from 9 - 11 January 1983. If you are interested in representing CFB Comox, contact WO Dupuis at 2542.

BASE HOCKEY TEAM NEWS

In the past week the Totems played two exhibition games. They won the first one against the Intersection All Stars 11 - 1.

The second game was played against the Royal Roads Military College Team.

It was a close game in which the score sawed during the first two periods. But in the third period too many penalties cost the Totems the victory, and the game ended 4 - 5 for a fit and eager Royal Roads Team.

The Totems play next week in a back to back series against Gold River. The games will be held at the Base Arena at 0800 - 1000 hrs on Saturday 4 December and 1400 - 1600 hrs on Sunday 5 December.

CFB COMOX WEIGHT CLUB

The CFB Comox Weight Club is under way and the first meeting was a great success. Thanks again to everyone for their support.

There is a general meeting scheduled for 1900 hrs. on Tuesday 30 November in the Recreation Centre's Coffee Room. All interested personnel are urged to attend and find out about the benefits of this club.

Further information can be obtained by contacting Cpl. Shanks at local 2314 or Cpl. Lacasse at Local 2315.

RUNNING The Year Round Sport

A quick check of the B.C. Track Records, the voice of The B.C. Track & Field Association confirms the number of events during the fall and winter months does not diminish.

Although nothing has appeared in these pages on running since our Totem Times 10 km race, many base runners have been competing and preparing for future races. What follows are some of the highlights of past weeks and a preview of coming events.

MCpl. Barry Whillans found the competition very tough in the CF National races in Lahr, finishing in lower half of the field in both the 15 km road race and the 8 km cross country race. The courses were tough and Barry's times were slower than the Pacific Region runoffs. The top finishers from the Pacific team were Pte.(W) Murray who finished 5th in the ladies division and Lt.(W) Don Switzer who finished 7th in the men's Open Division. Cpl. Gignion from Bagotville won the Men's Division and may be in the 1984 Olympics. The Ontario team came out on top when the total points were tallied.

There have been several good finishes in the Comox Valley Road Runners Fall Race Series by military competitors. In the September 5 km event, Pte. Lorna Walton from the Recreation Centre placed first in the Women's Open division and Barry Whillans was 5th in the Men's Open class.

In the November 10 km race, Capt. Vic Howlett was

1st in the pre-masters division (35-40) and MCpl. Gord Kehoe was third in the Masters Division beating out Capt. John LeRoss and Maj. Darrel Newman. All military runners in this 10 km event turned in their personal best times, as the course was quite flat and there was no wind.

In other events, Capt. Dean Chaisson turned a personal best in the Richmond Flatland Marathon improving his previous time by 10 min. to finish the 26.25 mile course in three hours 8 minutes. This was an excellent accomplishment, considering the event was run in cold, wet and windy conditions.

Capt. Nelson Hui finished 101st out of 1200 runners in the Khahtsahlano 15 km Road Race held in West Vancouver. Capt. Hui and Capt. Howlett are entered in the 27 November Seattle Marathon and Capt. Chaisson may enter the event as a training run.

For those not attending the Honolulu Marathon on the 12 Dec., the fourth race in the Comox Fall series will take place, starting at the Comox Valley Sports Centre at 1300 hrs. It is a 15 km race. The last event of the series will be a 10 km race at the same start time and location, on 15 Jan 83. These events will be good training for B.C. Track and Field 1983 Grand Prix Vancouver Island series, which has three events in February, two in March and three in April. Details of this series and a list of events will be published in the next issue of the Totem Times.

INTERSECTION LEAGUE STANDINGS HOCKEY

	G.P.	WINS	TIES	LOSS	FOR	Against	PTS	Placing
VU33/Sup	5	5	0	0	34	10	10	1
409 B	4	4	0	1	25	11	8	2
Security	5	3	0	2	27	19	6	3
BAMSO	4	2	1	1	19	19	5	4
442	4	2	1	1	14	14	5	5
409A	4	2	0	3	19	17	4	6
407B	4	1	1	2	16	21	3	7
MSE	4	1	0	3	11	17	2	8
407A	4	1	0	3	9	19	2	9
ATC	5	0	1	5	17	37	1	10

VOLLEYBALL

Firehall	4	4	-	0	120	51	8	1
BTelO	3	3	-	0	70	45	6	2
DET 5	2	2	-	0	61	34	4	3
MSO	2	2	-	0	60	33	4	4
Compt	4	2	-	2	82	93	4	5
7 Hgr/Sup	3	2	-	1	80	67	4	6
442 Sqn	3	1	-	2	69	75	2	7
407 Sqn	4	1	-	3	102	128	2	8
Admin I	4	1	-	3	97	111	2	9
Bldg 28	4	1	-	3	94	116	2	10
Supply	2	0	-	2	56	70	0	11
Admin II	3	0	-	3	40	91	0	12

BROOMBALL

407 Sqn	9	7	1	1	15	4	15	1
HQ	9	4	2	3	11	8	10	2
409/442	9	3	3	3	13	10	9	3
Security	9	1	0	8	4	21	2	4

BASE TEAMS

Hockey	2	1	0	1	17	7	2	Exhib. Play
Broomball	2	2	0	0	10	2	4	Exhib. Play
Volleyball (F)	60	40	0	20	-	-	60	Exhib. League
Volleyball (M)	5	5	0	0	-	-	5	Exhib.

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Ski Passes For Forbidden Plateau Are On Sale At REC CENTER During Working Hours

PROCEDURE FOR PICK-UP:
0800-1000 hrs: Servicemen For That Day
1000-1600 hrs: Dependents For That Day
1500-1600 hrs: For The Next Day (if available)
1630 hrs Fri To Sun 1800 hrs: Pick-Up & Return To Arena

\$6.00 PER DAY

FIRST COME FIRST SERVE



\$6.00 PER DAY

FIRST COME FIRST SERVE

PROCEDURE FOR RETURN:
Return To Rec Center Prior To 1630 at Arena Prior To 2000 hrs

NOTE: Ski passes available only to military personnel and their dependents.

Around the Base



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CHAPEL: St. Michael and All Angels Protestant Chapel, Bldg No. 88
OFFICE: Headquarters Bldg No. 45, Rm. No. 35, Loc. 2273
ORGANIST: Mrs. Jean Duggan - 339-3147
PUBLIC WORSHIP: Sundays - 1100 hrs.
COMMUNION: First Sunday of the month.
COMMUNION (ACC): Every first and third Wednesday of the month at 1900 hrs.
FAMILY SUNDAY: Second Sunday of the month.
SUNDAY SCHOOL: 0930 and 1100 hr sessions, Mrs. Carol Fetting, Supt - 339-5269
CHOIRS: Thursdays: 1830 - 1930 hrs. for Juniors
BIBLE STUDY: 0930 hrs/Sundays
CONFIRMATION: 0930 hrs/Sundays

Schedule of Worship		
Sunday	28 Nov 82	Advent 1 - 1100 hrs
	5 Dec 82	Communion - 1100 hrs Sunday School Pageant - 1900 hrs
Friday	12 Dec 82	Family Sunday & Pot Luck Luncheon
	19 Dec 82	White Gift Sunday
Friday	24 Dec 82	Carol & Candlelight Service 1900 hrs Communion Service - 2330 hrs
	26 Dec 82	Christmas 1

OUR LADY OF THE SACRED HEART CHAPEL CFB COMOX, B.C.

BASE CHAPLAIN (RC): Maj. Julien Rheault: 339-2211, Local 2274
MASS SCHEDULE HOURS:
 Saturday 1900 hrs
 Sunday 1000 hrs
 Week Days 0900 hrs (No Mass Thursday)
BAPTISMS & MARRIAGES: By appointment - notice well in advance.
CONFESSIONS: Confessions are heard 30 minutes before all Masses and any time on request.
CHOIR: Meets at the Chapel on Thursdays at 7:00 p.m. New members are always made welcome.
CATHOLIC WOMEN'S LEAGUE: Meets every second Tuesday of the month at 8 p.m. in the Parish Hall, preceded by Mass in the Chapel at 7:30 p.m. For further information call the President, Mrs. Eva Schwab at 339-4791.
PARISH COUNCIL: Meets every second Wednesday of the month at 1:00 p.m. in the Parish Hall.
ALTAR SERVERS: Under the direction of Carl Dip-sell. For info call 339-2361.
CATECHISM CLASSES: Each Wednesday in the PMQ School from 6:30 to 7:30 p.m. for children from Grades 1 to 7. Children in grade 2 are prepared for First Confession and First Communion.

CFB COMOX MILITARY CHRISTIAN FELLOWSHIP



MCF

Those interested in Christian fellowship are invited to come to the MCF which meets from 1200 to 1300 hrs every working day but Friday. On Monday we meet in the BITO Classroom in the Headquarters building with Christian films shown for the first half hour and on fellowship for the remainder of the period. On Tuesday, Wednesday and Thursday we meet in the RC Parish Hall next to the Tennis Court, with Bible studies for the first half hour on Tuesday and Thursday and all remainder of the time on Tuesday and Thursday is devoted to Christian fellowship. Bring your lunch and dependents are welcome at all meetings. PTL.

PROTESTANT CHAPEL LADIES GUILD

The President and members of the Ladies Guild would like to thank all those who contributed to their Bake Sale.
 It was a tremendous success and we thank everyone for their support.



THANKS BROTHER: Lt. Mike Wittich, the Representative for the CFB Comox Military Christian Fellowship, presented Maj. Rheault, our Base RC Chaplain, with a small memento to show their appreciation for being permitted to use the RC Parish Hall for their meetings.

THE MAN IN THE GLASS

When you get what you want in your struggle for self
 And the world makes you king for a day,
 Just go to a mirror and look at yourself,
 And see what THAT MAN HAS TO SAY.

For it isn't your father or mother or wife
 Who judgement upon you must pass;
 The fellow whose verdict counts most in your life
 Is the one staring back from the glass.

Some people may think you a straight-shootin' chum
 And call you a wonderful guy,
 But the man in the glass says you're only a bum
 If you can't look him straight in the eye.

He's the fellow to please, never mind all the rest
 For he's with you clear up to the end,
 And you've passed your most dangerous, difficult test
 If the man in the glass is your friend.

You may fool the whole world down the pathway of years
 And get pats on the back as you pass,
 But your final reward will be heartaches and tears
 If you've cheated the man in the glass.

CHRISTMAS SEALS

Every November, eleven million Canadian homes and businesses receive an envelope in the mail which contains one of Canada's longest enduring winter traditions, Christmas Seals. Since 1906, Christmas Seals have served as decorations for Christmas cards and parcels, and have been the main fund raising vehicle for Lung Associations across Canada.

Each year, the artist who creates the Christmas Seal enjoys the thought that his work can be found in every Canadian home, and adored

ns millions of Christmas cards, parcels and letters during the Christmas season.

Vancouver artist Ray Boyer created the Christmas Seals in 1978, 1980, 1981, as well as the Seal which will be used in 1983. It has been estimated that his Christmas Seal designs were reproduced more than a billion times, probably ranking him among the most reproduced artists of all time.

The British Columbia Lung Association is presently seeking designs for the 1984 Canadian Christmas Seal and is asking amateur and professional artists to submit their designs before January 1, 1983. Lung Association President, J. Gary Cooper, says the designs must carry a winter or Christmas theme, as well as the words "Canada" and the numerals "1984", and should be submitted in a 15 cm. by 12.5 cm. format.

For more information, contact the British Columbia Lung Association, 906 West Broadway, Vancouver, B.C., V5Z 1K7.

OFFICERS' MESS

MIXED TGIF DECORATING PARTY/DANCE

Friday, December 3

...Come out and enjoy a Mixed TGIF and help decorate the Mess; all help appreciated.

FOOD

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 1700 - 1900
 SUB DRINKS
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 DECORATING
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 MUSIC
 DJ - Jim Baylis
 2000 - 2400

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- * Bottle Draw
- * Dress Casual
- * No Cost



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Action to be taken by emergency personnel
 Call MPs, giving the location and kiosk number, which is stencilled on the side of the kiosk.

Emergency situation
 * A kiosk is damaged in a vehicle accident.
Action to be taken by emergency personnel
 Do not touch the kiosk or any vehicle that may be touching the kiosk. Treat it as an energized object, capable of killing. Warn occupants of car to stay put. Call MPs and warn by-standers away.

SENSE & NONSENSE ABOUT SAFETY BELTS

Safety belts save lives. Just how many lives could be saved each year if every motorist used seat belts and harnesses all the time is open to speculation: a number often quoted is 53%. However, in spite of the fact that the value of safety belts has been documented by massive evidence, many drivers and riders still refuse to wear them, or wear them only part of the time. The reasons given for not using safety belts all have one thing in common - fallacy. See if you recognize any of the following nonsense reasons for not using safety belts:

NONSENSE
 "Some people are thrown clear in a crash and walk away with hardly a scratch."

SENSE
 The chance of surviving a crash is five times as good if you stay inside the car.

NONSENSE
 "If my car catches on fire or goes under water, I don't want to be trapped by a safety belt."

SENSE
 Fire occurs in only 0.2 percent and submersion in only 0.3 percent of all injury-producing accidents. Even then, you safety belt can increase your chances of escape by keeping you from being knocked unconscious.

NONSENSE
 "Safety belts are all right on long trips, but they're a nuisance when I'm just driving around town."

SENSE
 Half of all traffic deaths occur within 40 km (25 miles) of home, and at speeds of 60 km/h (40mph) or less.

eed them. I've never had an accident."

SENSE
 Four out of five drivers in accidents never had one before. Besides reducing injuries and saving lives in accidents, safety belts are comfortable, give you better control, and make you less tired. Once the safety belt habit is acquired, you will automatically reach for them every time you get in a car. Here are 7 tips for safety belt use:

1. For the best protection, use a belt bearing the seal of the Underwriters Laboratories.
2. Make sure the best is snug. Every cm (inch) you are held back from dash or windshield may be the critical distance. Secure the belt over the hip bones, not the abdomen.
3. The annoyance of the loose belt end being caught in the door can be avoided in various ways. Form the habit of tucking it out of the way, buy an inexpensive device that reels it up, or attach a small magnet to the end of the seat belt and place the belt metal on it as you get out.
4. Rear safety belts are just as vital as those in front, not only to protect rear passengers but to keep from being catapulted into the front seat occupants. Centre seat belts should be installed front and rear if those seats are used.
5. Never wear the shoulder harness belt without also wearing the lap belt.
6. Know your belt. When riding in a car with belts you're not familiar with, adjust them and know where the quick release is located.
7. An approved restraint system is best for small children, but the regular seat belt can be used, usually from the age of five or over 18 kilograms in weight.

WINTER TIRE SAFETY

If you plan to use studded tires this winter, make sure you understand the regulations in British Columbia, warns the B.C. Automobile Association.

With the increase in recent years in the number of front wheel-drive models, many motorists are not aware that studs must be mounted on *all* four wheels if the car has front-wheel-drive.

Only two studded tires are needed on the more traditional rear-wheel-drive cars, where studs are mounted only on the drive wheels.

If you choose studded tires for a 4 wheel-drive vehicle, however, they must be mounted on all four wheels.

Studded tires are permitted in B.C. for extra winter traction between October 1 and April 30.

BCAA reminds motorists travelling outside the province this winter that studded tires are prohibited in the following regions: Ontario, Nebraska, Illinois, Georgia, Louisiana, Mississippi, Maryland, and Hawaii. Only "soft studs" (rubber or plastic) are permitted in Florida, Utah, Michigan, Texas and Alabama.

SNOW TIRES
 Unlike studded tires, regular snow tires may be mounted on the drive wheels only -- in front on a front-wheel drive car, in back on rear-wheel drive or on all four wheels of a 4-wheel-drive vehicle.

BCAA strongly recommends snow tires for all motorists driving on slippery winter roads.

Although snow tires are not specifically required by B.C. law, if you don't have snow tires and impede traffic or are involved in an accident when snow is on the ground, you could receive six points for driving without consideration for other road users.

Radials are not a substitute for snow tires, but all-weather tires, indicated by an "S" or "MS" on the sidewalls, are acceptable in B.C. as an alternate to snow tires.

Also note that it is illegal to mix radial and bias-ply tires at any time.

CHRISTMAS TEA

The annual Christmas Tea will be December 5th at the Officers' Mess. Sherry will be served at 1:30. Tickets may be obtained by phoning 339-6616. Guests are welcomed.

WO & SGTS WIVES CLUB

The WO and Sgt's Wives Club will meet in the Mess Lounge on December 13 at 8:00 p.m. Pot Luck Supper!

WHAT IS ALCOHOLISM

Many people find it difficult to distinguish between the person who drinks frequently and, by some standards, heavily - and the man or woman who has developed alcoholism.

A great deal of mythology still surrounds the drinking experience, and there is even more confusion about people whose drinking behavior is part of a serious illness.

Alcoholism can be defined as any continuing drinking behavior which impairs, with progressive seriousness, an individual's ability to function in the domestic, vocational or social areas of his or her life.

It is also defined as drinking behavior in which the use of beverage alcohol is determined less by conscious intent, and increasingly by factors over which the drinker cannot exercise control.

Like other illnesses, alcoholism is involuntary. It follows an identifiable series of symptoms that are part of a pathological process. It can affect people in all walks of life and at all social and economic levels.

Like other illnesses it responds to treatment - and treatment in early stages is more likely to be successful.

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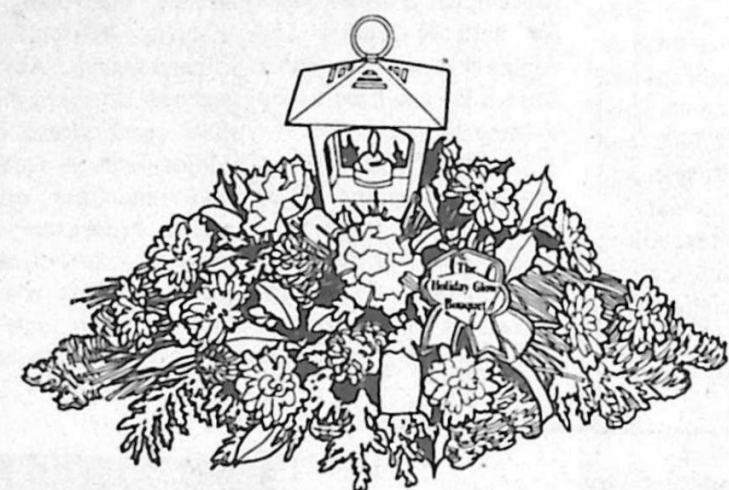


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Canadian Forces news

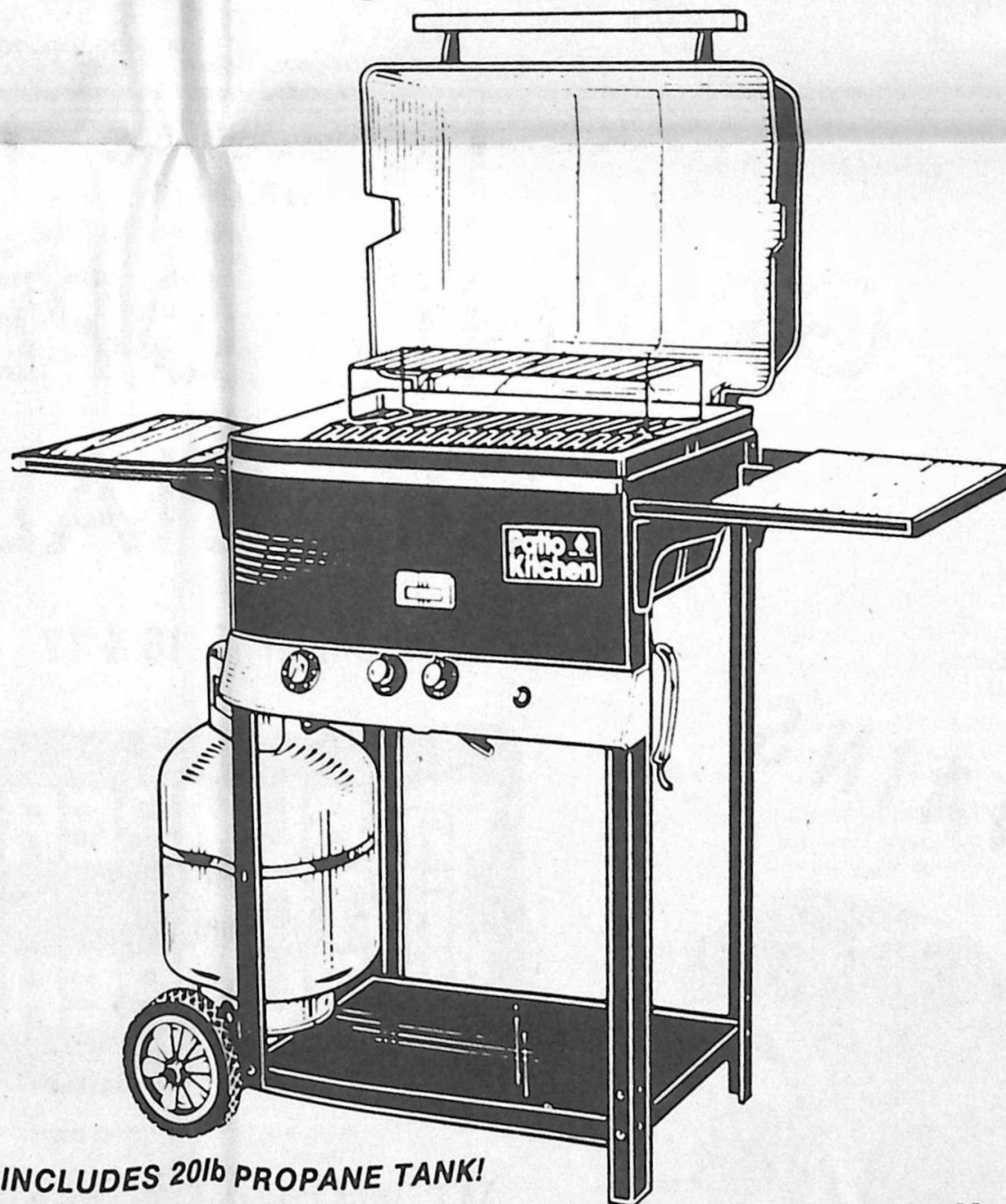


A GREAT DAY FOR THE CANADIAN FORCES -- The newest aircraft in the Canadian Forces' inventory, the CF-18, sits on the ramp at Canadian Forces Base Winnipeg during a refuelling stop between ceremonies at Ottawa and CFB Cold Lake, Alta. Although the stop in Winnipeg was not part of the official acceptance ceremonies, many military and civilian members of CFB Winnipeg and almost 20 news media representatives took the opportunity to see the CF-18 during its two-hour stop-over. (CF Photo by Sgt. V. Tunstead)



VTOL TRACKER? Legendary Skyhawk? No. VU33, ably assisted by Big Jack and his MSE keepers, practice a Tracker hoist. (VU33 Photo)

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CYCLETHON AUCKLAND OR BUST!



Members of the Canuck Cyclethon team are shown together prior to their departure from Wellington. In the background are HMC ships qu'appelle and MacKenzie.

AUCKLAND, NEW ZEALAND..... CYCLETHON-KIWI phase....While the ships of the Canadian Training Squadron visited individual ports in New Zealand from 20 to 28 October, a group of 12 sailors saw the New Zealand countryside as part of a bicycle marathon from Wellington to Auckland.

Led by SLt. Garon of HMCS YUKON, the sailors departed Wellington 19 October for Auckland. Enroute, nightly stops were made in Woodsville, Hastings, Wairoa, Gisborne, Frasertown, Ruatahuna, Rotorua (site of New Zealand's world famous hot springs), Katikati and Pokeno. The

sailors arrived in Auckland 29 October. The cyclists completed a similar tour between Sydney and Brisbane, Australia 02 to 10 October. The Canadian Training Squadron consisting of HMC Ships YUKON, MACKENZIE, SASKATCHEWAN and QU'APPÉLLE is presently on a

three month deployment to the South Pacific. Port visits have included: Hawaii, Tonga, Fiji, Western Samoa, Sydney and Brisbane, Australia; and, Wellington and Auckland, New Zealand. The ships return to Victoria, B.C. 3 December, 1982.



TORONTO, ONT. -- During celebrations October 29 to honour the inauguration of the Canadian Forces Intelligence Branch and the rededication of the Security Branch, Chief of the Defence Staff General Ramsey M. Withers, assisted by his wife, Allison, slices cake at Canadian Forces Base Borden, home of the CF School of Security and Intelligence Services. (CF Photo)

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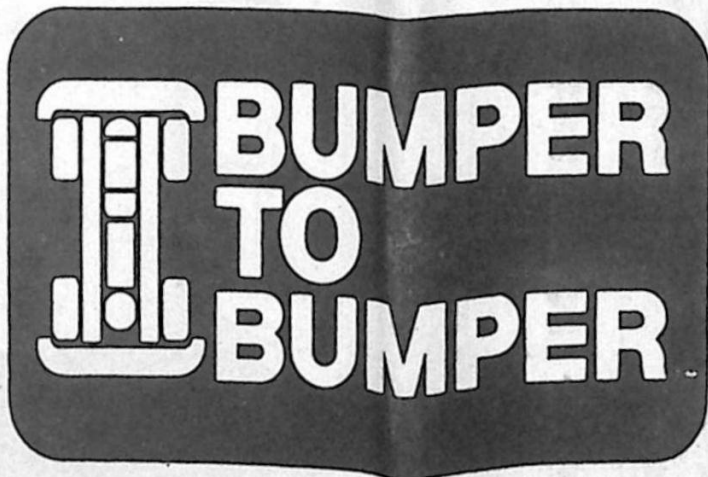
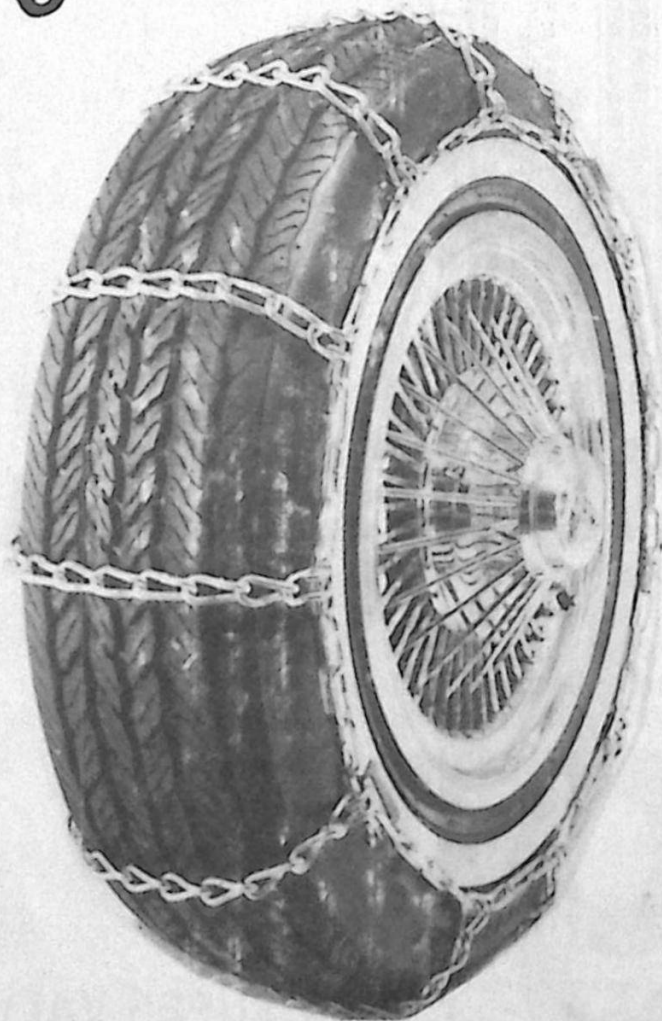
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