



TOTEM TIMES



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CFB COMOX TOTEM TIMES

THURSDAY, 3 JULY 1980

NO CHARGE



AURORA ARRIVES. Canada's newest fighting aircraft the CP-140 Aurora is welcomed by a flypast of Maritime Air Group aircraft including the 880

Squadron trackers (above) and a colour party from VP 405. The first Aurora became operational in a ceremony at Greenwood May 29, 1980.

DND Photo by MCpl. Dave Romkey



THE FIRST FEW. The flight crew of Canada's first operational Aurora, pause for a group photo after acceptance ceremonies held at CFB Greenwood, May 29, 1980. From left to right are Maj. Leif-

Erik Wadelius, Maj. Jerry Johnsrude, WO Ron Scott, Maj. Reg Thompson, LCol. Ernie Cable, Maj. John Bernard, MWO Dave Gardiner, MWO Gordon McMillan and Capt. Sandy Duff.

CF Photo by MCpl. R.F. Rogers

Mitchell says howdy



OUT OF THE PAST.

A venerable B-25 Mitchell on the ramp at Comox during a recent visit.

407 Photo by Cpl. Ken Wheeler

Aurora arrives

The first of Canada's new long range patrol aircraft, the CP 140 Aurora, was accepted by the Canadian Forces at CFB Greenwood, 29 May.

Replacing the Argus, which has been in service since 1958, the Aurora will provide the Canadian Forces with an aircraft possessing endurance and range and state of the art sensor performance. The Aurora's advanced avionics package allows for unmatched reconnaissance and surveillance capabilities. Besides its primary anti-submarine role, Canada's Aurora has been designed to meet the requirements for an effective maritime and arctic surveillance platform and for an aircraft capable of carrying out long range search and rescue missions.

A total of 18 aircraft along with associated ground support systems should be operational by March 1981 from bases at Greenwood, NS and Comox, BC.

VP 404 will conduct all training for Aurora air and ground crews at Greenwood.

After accepting the first Aurora, Defence Minister Gilles Lamontagne dedicated Greenwood's new Aurora ground support centre, as the Hornell Centre, in memory of Flight Lieutenant David E. Hornell, RCAF, V.C. who was awarded the Victoria Cross posthumously for his courage actions while on a long range anti-submarine patrol during the Second World War.

CP-140 Aurora

In mythology, Aurora was the Goddess of the Dawn and is alleged to have been the lover of the hunter Orion. Aurora is also said to have restored Orion's sight when, blind, he waded through the sea towards the sunrise. As the goddess of light, Aurora gives her name to the Aurora Borealis, a familiar sight in Canada's northern skies.

The CP-140 was named Aurora since it is an advanced derivative of the P-36 Orion. The survival of the Aurora also heralds a new dawn in the Canadian Forces airborne maritime patrol capability which includes surveillance of Canada's northern archipelago.

The Aurora is designed for Anti-Submarine Warfare first and foremost and is based on the P-36 Orion Update II airframe for multiple mission capability, endurance and range, and on the S-3A Viking avionics suite for proven, state of the art sensor performance.

Although the Aurora is almost identical to the P-36 airframe and engine combination, some modifications were required to the Environmental Control System and to the avionics system interfaces that are integral components of the P-36. Additional ducts had to be built into

the number two and three engine nacelles to increase the air-flow for the avionics cooling system. The standard avionics interfaces with such items as the Flight Director System and the armament/ordnance system had to be modified to be compatible with the newer S-3A type computer.

FLIGHT DECK

The flight deck, seating two pilots and a flight engineer, has changed very little from the basic P-3C configuration. The basic flight instruments have been rearranged to form the Canadian Forces standard "T" layout. The most innovative change on the flight deck is that all instrument panels are illuminated with white, blue-filtered lights. This lighting concept is most impressive and is being studied for use in other aircraft. Another notable feature of the flight deck is that the pilot is provided with a TV type display and a keyset that allows him to request computer derived navigational information or to view the tactical situation plot to better manoeuvre the aircraft for the best tactical advantage.

TACTICAL COMPARTMENT

The Tactical Compartment of the Aurora has been designed to facilitate crew coordination and efficiency and to enhance total system performance. In the tactical compartment, the Tactical Navigator, Navigator/Communicator, two Acoustic Sensor Operators and two Non-Acoustic Sensor Operators are grouped in a horseshoe fashion such that these crew members can operate effectively as a team. Each crew member in the Tactical Compartment has a TV type display and a keyset that enables him to manipulate his equipment and to analyze computer processed sensor information. After the Tactical Navigator has correlated all of the navigational and sensor information he can use the computer to send steering commands the pilot to position the aircraft for the next tactical evolution.

Aft of the tactical crew compartment is the ordnance area where the internally stowed sonobuoys are loaded into the internal sonobuoy chutes. This area also provides seating for two visual observers. Aft of the ordnance area is a dining area, galley, and an in-flight maintenance work area.

NAVIGATION

Two LN-33 inertial navigation systems (INS), a doppler radar and an Omega long range fixing aid provide the basic navigation facilities for the Aurora. Kalman filtering techniques in each of the two INS computers process the positional and velocity outputs from the inertial platforms, doppler and Omega to determine the

aircraft's geographic position five times a second. Integrating the navigation data in the inertial computers provides a dual redundant, navigation capability so that if the General Purpose Digital Computer (GPDC) fails, the aircraft can still safely return to base.

The navigation system also features a capability to navigate in polar grid coordinates. The automatic gyro biasing feature of the inertial navigation systems reduce inertial computational error; thereby increasing accuracy.

The Sonobuoy Reference System (SRS), using phase measurement techniques, allows the aircraft computer to locate sonobuoys floating in the water without having to overfly them. The sonobuoy positions are then automatically updated on the aircraft's tactical displays for use by the crew.

Other elements of the navigation system include standard items such as a True Airspeed computer, and short range enroute and terminal aids such as dual VOR, ADF, ILS, TACAN and VHF/UHF.

COMMUNICATIONS

The communications fit includes two HF, two UHF, a VHF (AM) and a VHF (FM) for commercial marine operations. The UHF and HF radios are capable of handling data link traffic and clear or encrypted Radio teletype communications. In addition, the HF radios are capable of simultaneous operation.

MAGNETIC ANOMALY DETECTOR (MAD)

The CP-140 will be equipped with the Canadian CAE Electronics designed and built, optically pumped ASQ-501 magnetometer. The MAD equipment is used to detect anomalies in the earth's magnetic field caused by large masses of ferromagnetic material such as a submarine's hull. A fully Automatic Compensating System (FACS II) is integrated with the MAD to ensure that it is always compensated for dynamic changes in the earth's local magnetic field. The FACS II is in actuality a computer to transfer processed

that compensates the MAD for changes in the magnetic environment caused either by a change in aircraft configuration such as a weapon drop or a change in geography while transiting from base to the search area.

RADAR

The S-3A APS-116 radar is mounted in the nose of the CP-140 and used pulse compression, frequency agility and clutter decorrelation techniques to detect periscopes at long ranges in high sea state conditions. The APS-116 also has a target classification mode and a digital scan converter. The scan converter allows the operator to examine information from one radar sweep for up to 10 minutes thus minimizing the probability of being detected while performing a radar search of an area.

FLIR

The Forward Looking Infra Red (FLIR) system provides a passive day/night visual search and identification capability. The retractable FLIR turret is mounted underneath the nose just aft the radar dome. Video tape recorders will record FLIR imagery so that targets of interest can be further analyzed upon return to base.

ELECTRONIC SUPPORT MEASURES (ESM)

The ESM equipment is tailored to the maritime threat and has growth potential to become an intelligence gatherer if this should become one of the CP-140's tasks in the future. The ESM is integrated with the Computer to provide a threat alert system and automatic classification of known radio and radar emitters. In tests conducted by Lockheed on the S-3A the ESM has a high Probability of Detection in a multi-signal environment.

ACOUSTICS

The Acoustic Data Processing (ADP) System is in fact another computer system dedicated to processing acoustic information and communicates with the central Computer to transfer processed

See "Aurora" p. 7

"FISHWRAPPER" OFFICE

OFFICE HOURS
(on deadline weeks only)

MONDAY 7:30 a.m. to 3:30 p.m.
TUESDAY 7:30 a.m. to 3:30 p.m.
WEDNESDAY 1:00 p.m. to 9:00 p.m.

ENQUIRIES CALL 339-2541 DURING OFFICE HOURS

Next deadline
Monday, July 21
12:00 noon

WORDS OF WISDOM

Out with the old, in with the new. So long to Capt. Brian Puttock who will soon be winging his way to beautiful Trenton, Ont. Brian's natural bend towards philosophizing as editor of the Totem Times has been noticed in higher places and hence he has been sent to school to educate his peers in the new state of the art equipment that many of us will be using in the near future. Capt. Dave Blamire has moved to the south side of the Base to also work in the field of education. Dave will be helping to mold young would-be pilots into the driver's seat by providing a firm grounding in Air Force tradition and history. Last but not least, Capt. Ted Norrie has finally resigned himself to his posting to Goose Bay and was last seen at Base Supply being fitted for his wet weather gear. Ted is thankful for the time spent

here in Comox as an introduction to the rigors of Coastal living.

Welcome to Lt. Karen Sanderson formerly of CFB Galetown, and now checking out in the Tower. Karen equates Army helicopter control to an aerial free for all dash for the Mess after the day's exercise and looks forward to working in the somewhat more structured environment available here in Comox.

Congratulations to Pvt. Barry Hansen who left Comox recently for RCC Victoria. Barry will be taking off his hook and replacing it with a stripe in the near future as an OCTP pilot trainee.

Finally, congratulations to Eric Arsenault on his promotion from MCpl to Sgt. Eric will be sharing his new found wealth on Friday June 27th at the Gravel Pit. All section personnel are invited to attend.



CROSS THOSE STRAITS. Pte. "Gaby" Chartier, Cpl. Don Stobbart, MCpl. Bob Chappell and Sgt. Dennis Chislett stand behind the bathtub they helped construct for the annual Nanaimo Bathtub Race. After getting this far, the four will wisely stay behind and let Doug Baker drive the vehicle the 32 miles to Vancouver on July 20th. Other BAMS0 bathtub committee members are Art Orvis, Jim Burns and Gerry Murphy.

SEX

Whew, almost didn't make the dead-line this week. I was so depressed with the weather I almost forgot about the sunshine people. Some of us here at Comox are seriously contemplating the start of a sun dance club.

Well, the BSupO makes the paper again this week, with some real style. Last week Maj. Morriss was caught with his pants off. As his secretary walked into the Maj.'s office low and behold there stood our glorious leader in his longjohns, frantically trying to get into a flight suit. His only two comments on the situation were, "Well I didn't think you would be in here this quickly and why do they have such an incredible amount of zippers in this thing."

By the way Maj. Morriss, some of us can't quite un-

derstand your fetish for model aircraft, you being an army type and all.

We would like to extend a warm welcome to Lt. W.F. Martin from North Bay, who up until a month ago was one of the good guys; I also heard he really enjoys water sports.

That's it for another edition, (thank goodness). Wait, I have just received a flash bulletin! Oh! no, it's, yes, an episode of Another Posting. If you remember the dramatic scene from last month when WO Kaechler was caught attempting to dunk the career manager. Finally, all his hard work and effort has paid off. Rumor has it the Warrant is going to Ottawa. Can this be true or is it just a figment of his wild imagination? Until next time, think sunshine and don't bother with the cards and letters. Who else but I.H.J.

413 T & R Sqn

Canadian Forces 413 Transport and Rescue Squadron of CFB Summerside, P.E.I., won the Saunders-MacKenzie award for best overall team in the 1980 International Search and Rescue exercise held at March AFB, California.

The exercise, called SAREX '80, involved 12 rescue teams -- six each from the United States and Canada.

Competing Canadian teams were from 103 Rescue Unit, Gander, Newfoundland; 413 Transport and Rescue Squadron, Summerside, P.E.I.; 424 Transport and Rescue Squadron, Trenton, Ontario; 440 Transport and Rescue Squadron, Edmonton, Alberta; Canadian Forces Survival Training School, Edmonton; and 442 Transport and Rescue Squadron, CFB Comox, B.C.

The Pararescue Memorial trophy was won by Master Corporal Robert P. Beattie of 413 Transport and Rescue Squadron, for the most accurate jumps during SAREX 80. The SAREX trophy for the best search and rescue exercise went to 442 Transport and Rescue Squadron, from CFB Comox, B.C. The Sullivan Cup for the best score in the medical exercise was won by the 1550th Aircrew Training and Test Wing (ATTW) at Kirtland AFB, N.M. For the best team para-jump performance, the Allison trophy went to the 303rd Aerospace Rescue and Recovery Squadron, the Air Force Reserve Unit that hosted the exercise.

A SAREX team is comprised of three search and rescue technicians and an air crew. The para-rescue technicians were judged on how close they landed to a 12 centimetre target in jumps from 450 metres. The medical competition was judged on skill in delivering aid to injured persons at a simulated aircraft accident and the search and rescue segment was based on speed and thoroughness in searching a designated area east of Los Angeles.

The SAREX competition between U.S. and Canadian Search and Rescue forces has been held annually since 1973. U.S. and Canadian units will now have another year to sharpen their skills before meeting again in SAREX 81, at CFB Trenton, Ontario.

New Appointments

New appointments and promotions involving four air force generals will bring about a change in the executive echelon of the Canadian Forces Air Command headquarters, between mid-June and early September.

Taking over the top airman post on a full-time basis July 3 will be Lieutenant-General Kenneth E. Lewis, 51, of Wood River, Alta. Since mid-April he has held the dual responsibilities as deputy commander-in-chief of the North American Air Defence (NORAD) Command, with headquarters at Colorado Springs, Colo., and as commander of Air Command. He succeeds Lt.-Gen. G.A. MacKenzie in the Winnipeg post, who retired to enter private business.

The number two spot at Air Command headquarters will be vacated Satur-

day, June 21, by Major-General Kenneth T. Thorncroft, 52, of Swift Current, Sask., who leaves for NORAD headquarters in Colorado Springs to succeed Lt.-Gen. Lewis.

The new deputy commander of Air Command is Maj.-Gen. Roy Sturgess, 51 of Toronto, who served at Air Command as chief of staff for operations, in the rank of brigadier-general. He takes up his new appointment June 23.

Succeeding Gen. Sturgess in early September will be Brig.-Gen. William G. Paisley, 50, of Nipawin, Sask., who comes to Winnipeg from Germany, where he commanded 1 Canadian Air Group, Canada's air force formation on NATO duty in Europe.

Air Command headquarters controls all the aviation resources of the Canadian Armed Forces, comprising

37 bases and stations across Canada, 22,684 military personnel and 7,780 civilian employees.

The role of Air Command is to provide operationally-ready air forces to meet Canada's national and international defence commitments. The command exercises jurisdiction over military air doctrine, common air policy matters, training standards and flight safety in the Canadian Armed Forces.

The commander of Air Command also has an additional role, as commander of Prairie Region, involving regular and reserve elements of the armed forces and cadets in the three Prairie provinces and northwest Ontario.

In this capacity, the command provides aid to civil powers and assistance to civil authorities.

National Defence

Hon. Gilles Lamontagne MND

The principal basis of our defence is and will continue to be collective defence and deterrence, in the North Atlantic alliance. The defence estimates before this committee reflect the government's response to changed and changing conditions, not a chance in policy.

As I have said, Canada, together with all other NATO allies, agreed at the Washington summit meeting in 1978, to accept as a goal a real annual increase in defence spending in the region of 3% for the period 1979 to 1984. The aim is to achieve the goal on average over the specified period. The year-to-year comparison of the 1980/81 estimates shows an increase in DND of \$611.7 million or 13.8% over 1979/80. This increase is made up of a combination of price increase, projected for the



fiscal year in accordance with the DND economic model, and real growth. When the price increase is excluded the year-to-year increase is \$250 million or 5.8%. However, when the 1979/80 estimates are updated to include the final supplementary funding of \$50 million, the year-to-

year change is reduced to identify the correct real growth of 4.1% between 1979/80 and 1980/81. The average rate of growth in real terms for the period 1975/76 to 1980/81 inclusive is 3%.

I hope that you have found this broad overview helpful. The department and the Canadian Forces continue to operate under very tight financial constraints. I believe that a sound management system and the quality of the people in the department and the forces will permit us to make ends meet.

Though circumstances in the world are such that, from a defence and security viewpoint, a greater and more urgent defence effort on Canada's part is merited, I believe that our forces make a contribution that is valued, and significant beyond their numbers.

Canadian Forces

Day

Canadian Forces Day is a happy tradition celebrated to arouse our awareness of the contribution made by the members of the Canadian Forces.

Our allies and friends also entrust our military with the safeguard of peace and justice in countries where such is not yet firmly established and respected.

In our country, our leaders exercise a democratic power so that from sea to sea, security and peace, freedom and prosperity are strengthened.

The members of the Canadian Forces in solidarity to their leaders' aim, form a loyal and disciplined force to secure such blessings.

On this day, which is especially an acknowledgment of gratitude towards members of our Armed Forces, I pray God to bring to perfection, day by day, through his inspiration and grace at work within the heart of our militaries, the achievement of peace and happiness upon all our citizens.

Council Churches

The Churches of Canada maintain a significant presence in the armed forces of Canada through the two chaplaincy branches, both Roman Catholic and Protestant, which work closely together among members of the forces and their dependents.

On the Protestant side, 91 full-time chaplains representing the Anglican, Baptist, Lutheran, Presbyterian and United denominations minister in an interdenominational setting to the military community in Canada, in West Germany and in the Middle East. At times they also serve temporarily with units on field exercises and other special duties overseas. For the most part their daily work is in many ways similar to that of civilian pastors in their

congregations and parishes.

In the Forces there are 57 Protestant chapels in which regular services of worship are conducted. Throughout the past year, congregations have once again contributed generously to the wider Christian mission as well as to the mission funds of the participating denominations.

Besides the universal Christian observances throughout the year, Chaplains make special mention of anniversaries which possibly have greater meaning to the military. On the third Sunday in June, Chaplains will call attention to Canada's upcoming National Armed Forces Day and ask God's blessing of the military who are dedicated to protecting the freedoms of all Canadians.



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Editorials

New gear for the boys

I take over as editor of the Times at an opportune period. One of the prime topics of interest around a base concerns the arrival of new equipment, and in the next little while CFB Comox will be seeing its fair share of some of the high-priced military hardware on the market.

Normally, the acquisition of new gear for the military is a lot like attending church - you do a lot of praying, but the answer is usually no, but with the arrival of the Aurora in Canada (407 takes first delivery in April), the associated equipment and hardware backing the aircraft up on the ground (witness the feverish activity around No. 7 hangar), the announcement of a new fighter aircraft to be purchased from the U.S., and of course, the devilishly brilliant paint job on the 409 Sqn. servicing van, the base is and will be modernizing its weapons at about the pace we can realistically hope for given today's political climate.

This is not to belabour the point that we could use more of this equipment, and could have used it at an earlier point in time. We all know this. Rather, it is a brief attempt to bring out the idea of just how difficult it is for the politicians in Ottawa to bring about a major change in policy when it involves such an enormous outlay of cash.

People in the military seem to forget that politicians are elected representatives, and that they are

responsible to the members of their riding. When the base is deluged by phone calls from citizens irate over a Voodoo formation practice or an Argus flying circuits at 2:00 A.M. from an area filled with people who knew full well they were moving into an active military area, it is not difficult to extrapolate and determine that the Canadian public is not a martial-minded body of people.

No matter an MP's convictions, there are times when he has to go against his personal beliefs and do what the people of his riding want him to do. Granted, there are anti-military politicians who, although they should know better, insist on voting down defence department proposals time and again, but there are also a great number who have their hands tied. In an economically unstable environment, it is preposterous to expect a majority of the peoples' elected delegates to blatantly ignore the wishes of their supporters and advocate spending billions on something of which the Canadian public is generally unaware, uninformed and uninterested in learning about.

Perhaps I'm just playing the devil's advocate here, for Friday after work finds me elbow-to-elbow at the bar decrying political interference with the best of them, but perhaps a little more vitriol should be saved for the general populace and a little less for the politicians themselves. B.G.J.K.



Gadzooks! letters...

What's the going price for men's lives?

Columnist out of action yesterday. One small daughter wounded. Right arm broken in two places. Misadventure in the performance of cartwheels before the hoped-for admiring eyes of next door boy. One of the rites of passage.

Accidents happen. Which is a subject that has commanded the attention for more than a year now of one of British Columbia's ablest members of Parliament, Ray Skelly (NDP - Comox-Powell River).

Mr. Skelly is of the determined belief that a search and rescue operation for marine and aviation accidents is not much good if it cannot respond adequately and swiftly to distress calls outside the more settled parts of the West Coast.

The theory is straightforward enough. If small daughter cries out that she has hurt her arm, she is not left unattended for four hours sitting on the front lawn. If Panamanian ore carrier Lee Wang Zin sends out distress signal from Dixon Entrance, she is not left for four hours to roll over and sink with loss of all hands before the first rescuers arrive.

In a modern society where everyone is told to be his brother's keeper, inadequate parenthood is as socially intolerable as inadequate government emergency services.

This week Mr. Skelly made public the second study he has done (the first was released last October) on the inadequacies of West Coast search and rescue operations - the joint federal responsibility of the

ministries of transport (the coast guard), national defence (the navy), fisheries and oceans (fisheries patrol vessels), and the solicitor-general (RCMP patrol craft).

"We concentrate all our primary air resources at one point," he says in his report, "and expect them to serve effectively a coastline 500 miles long."

It is illogical. Moreover, the one-hour range of the CFB Comox helicopters considerably overlaps (to the south) the one-hour flying range of United States Coast Guard helicopters stationed at Port Angeles, Wash.

To be sure, the area of Juan de Fuca Strait, southern Georgia Strait, and the southern west coast of Vancouver Island probably have some of the heaviest marine traffic in

the world. But it also has a lot of rescue services, too: Vancouver crashboats, Bamfield and Tofino lifeboats, coast guard cutters, navy destroyers from Esquimalt, fisheries and RCMP patrol vessels.

It is off the central and north coast where men die alone.

The most graphic illustration of the point he is trying to make is set down on a map of the British Columbia coast on page 13 of his report.

The map shows what parts of the coast can be reached in one hour's flying time by what Mr. Skelly calls the primary resource search and rescue craft, the CH-113 Labrador helicopters of the Canadian Armed Forces.

When freighters are foundering in Dixon Entrance, when fishboats are going down in Hecate Strait, when men are dumped in the open water in Queen Charlotte Sound, one hour is the maximum time it should take for help to arrive.

Yet Mr. Skelly's map shows that the whole area of the B.C. coast from the south end of the Alaska panhandle to the north tip of Vancouver Island is beyond the one-hour flying range. Why? Because all the primary resource rescue craft - and what Mr. Skelly really means here are the proper men and machines to do the job - are stationed at one place: Canadian Forces Base Comox at mid-Vancouver Island.

Mr. Skelly makes simple recommendations - not for large expenditures of money but for better use of the resources in existence now:

- * The Canadian Coast Guard has a Sikorsky S-6 helicopter sitting at Prince Rupert. It is used primarily for supplying and maintaining lighthouses and other navigational aids. It is the same type of craft used by the U.S. Coast Guard for its search and rescue operations. Mr. Skelly says it should be turned over to the armed forces, manned by a flight crew from CFB Comox, and equipped with search and rescue gear (at an estimated conversion cost of less than \$100,000).

- * There are Canadian Forces installations at Holberg, on the north tip of Vancouver Island, and at Massett in the Queen Charlottes. Basically, the installations are space vehicle tracking stations. Mr. Skelly says they should be expanded to become search and rescue stations, each with a helicopter hangar, flight crew (assigned on rotation from CFB Comox) and maintenance equipment. Cost: about \$5 million.

- * There are two coast guard hovercraft sitting in storage unassembled at Sea Island. They are not doing much good there. Mr. Skelly says they should be assembled and stationed at Prince Rupert and Bella Bella. Cost: about \$1 million. In addition there is a need for a refit of all existing CFB search and rescue helicopters. Estimated cost: \$4.5 million.

Total cost: \$10.6 million. For that price, 90 percent of the B.C. coastline would be within an hours time of help. What is the going price these days for men's lives? Courtesy Vancouver Sun

Breaking up

The Editor,

Recently, I read about a couple who got divorced and that it was 'nasty'. It takes one to make it nasty, two to make it nastier and you end up with nasty-nasty.

Reader's Digest, in a divorce article, stated that one must go through three distinct periods: the survival period, the healing period and the reconstruction period. There was mention of the 'Butterfly Effect'. Perhaps he (she) sheds 30 pounds, adopts a chic hairstyle, wears flattering clothes, pursues new interests....that it takes the average separated man 18 months to function as an independent person; the average woman about two years.

Well I got news for you! I disagree with that! It seems to be that a couple separates and a month goes by - maybe not even that - and she is living with another man he's Don Juan all of a sudden (her husband) or vice versa if that's possible.

As I told this chap awhile back - "For God's sake - your wife just left you. You

mean to say she met a guy a week later and within two weeks he's moved in with her? I just don't believe it!!!!" His friend who also split with his wife fell in love within three weeks after his walk out the door. Not with his friend, but with a woman.

I'm telling you - nobody wastes any time getting acquainted. Survival-healing-reconstruction periods, my foot!!! No maladjustment problems here.

Now getting back to nasty-nasty. Why can't couples communicate sensibly? If they're incompatible and it's hopeless then she may as well say "Look, honey, I'm leaving you. No-no, don't talk me out of it! All I need is a few things. I'll have that old grubby couch downstairs - I'll sleep well on that; I'll take my sewing machine and you can have the knitting machine; I'll need a couple of pots and maybe that big black frying pan; I repaired all the sheets for you so there's no more holes in them; I've left you most of the towels; you can

have the carving knives and the car because where I'm going, I won't need them."

Why not leave a guy with some comforts, eh? It doesn't matter if it's a 50-50 split or a woman's demands are much more reasonable than that, some guys think it's nasty just the same. And the woman may even think he's a cheapskate and a \$%&*.

Sometimes, I think it's less confusing, un-nasty and better to stay married!

- Mrs. L. Knutsson

Ed. note - Hear that gals? Not being Ann Landers, I can't comment on whether or not to follow Mrs. Knutsson's advice, but I'd like to thank her for her regular contributions to the Totem Times editorial page. Perhaps next issue Mrs. Knutsson, you can let us know your recipe for marriage break-ups in the gay communities of San Francisco. I'd be interested to see who gets the big black frying pan.

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Ed. note - We'll get a man on it.

-Anonymous 409 Pilot

Posted soon to 'Bama

The Editor,

As most people probably know, I'm being posted soon for a year in Montgomery, Alabama. Having been in the Forces for quite a while, and having done a reasonable good job, I thought it appropriate to

take a page from the civilian companies' book and request a momento of my long service due to the fact that I'm sort of retiring 'cause I'm going to the States out of this country (excuse the grammar - it's the Irish Coffees talking). Anyhow, I thought something nice like a gold watch or something would

go nice with my eyes, so how about it? I figured seeings as your paper has its fingers on the pulse of the base, maybe you'd know if a watch was in the works, and if so, why not?

-Anonymous 409 Pilot

Ed. note - We'll get a man on it.

CNA TOTEM TIMES

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Cycle Safety

MOTORCYCLES

While mopeds and other motorcycles are small targets, and in that sense a good thing, they are also difficult objects to see from the driver's seat of many types of vehicles.

Many motorists are still not acclimated to the hordes of new, small cycles on the roads today.

A moped or other motorcycle rider must be ALERT AND ATTENTIVE to survive on our crowded streets and highways and the expert rider ANTICIPATES in order to take APPROPRIATE ACTION at all times. If your attitude is mature, responsible and courteous, motorists will welcome you to the road.

Safety Rules for Motorcycles -

- Ride near the center of your lane, never more than two abreast.
- Pass cars on the left, after making sure the driver ahead sees you coming.
- Signal all turns and stops well in advance.
- Maintain adequate stopping space between you and the car ahead.
- Always wear approved helmets and wear goggles or other eye protection.
- Carry passengers only if your motorcycle is properly equipped.
- Be conspicuous - wear bright colours, i.e., jackets, helmets.
- Give motorcyclists their fair share of the highway - don't crowd them from behind or the side.
- Signal all turns and lane changes well in advance.
- Be especially careful not to cut off motorcyclists when making turns.
- Check before opening car doors.
- Use headlights on low beam.

MOPEDS

By 1984, based on a U.S. study, it is estimated 28 moped operators will be killed in traffic accidents annually in British Columbia.

The study indicates that approximately 4% of fatal accidents involve mopeds and that the number of mopeds on the road will increase five fold over the next four years.

It is interesting to note that for every 100 mopeds in use each year there will be 1.5 to 4 accidents, about the same number as for motorcycles. Although 2.3% of all motorcycle accidents result in death the study estimates that only 1.2% of all moped accidents will result in a fatality. The report estimates 11% of all moped accidents will result in serious injury.

Bicycles, mopeds and motorcycles have a visibility problem because of their size. The study found moped operators to be at fault in their accidents slightly more frequently than other drivers. Failure to yield the right of way and other improper driving were the most frequently reported contributing factors. In fact, over 50% of all motorcycle accidents, involving a motor vehicle, are the fault of the motor vehicle operator. More than 50% of motorcycle accidents are angle or turning accidents.

Fitness:
What it does
for your body
it does
for your mind.

PARTICIPATION

Foot safety

POUNING PAVEMENT

Do your feet ache after jogging? Does it ever seem you won't have the strength to pedal your bike over the next hill? Do your legs feel wobbly after an extra set of tennis?

Don't decide too quickly that your feet and legs will get used to the beating they take pounding the pavements at exercise time, says Maurita Robarge, kinesologist and fitness consultant to Scholl (Canada) Inc., a company that has been taking care of Canadian feet since 1908.

"They need a little extra care and attention as well as some thought about exactly what happens to them when you walk, run and jog," she notes.

Your feet were designed to last a lifetime, walking on grass, soft ground or sand. But walking on hard surfaces, running or jogging on cinder tracks or sidewalks, or playing tennis on concrete courts, for example, gives them a shock treatment with each step.

DELICATE MARVEL

Long described as one of the greatest engineering wonders of the world, the foot is actually quite delicate. It is made up of just 26 small bones, 56 ligaments and 38 muscles, but it supports and carries weights up to and over 300 pounds and heights up to and beyond seven feet.

We ask our feet to do a lot for us, and usually they respond. But there is much we can do to ease their task.

When starting a new exercise or sport, go slowly until feet find the pace. Sudden repeated pressure on any body part can create stress and eventual injury.

WEAR INSOLES

To help prevent problems, buy good quality running shoes and give feet an added break by adding sports cushions. Such insoles are valuable for tennis and other racquet sport players as well as golfers.

Made of resilient polyurethane foam which does not flatten out, sports insoles absorb "foot-impact" shock and also transfer moisture away from the foot.

To bolster weak arches and protect against sprains and shin splints in a running program, you may need an arch support, such as Dr. Scholl's Athletic No. 610.

"WEDGE" HELPS

Another common problem amongst runners in "over-pronation": where the foot tends to roll sideways when it strikes the ground, resulting in knee strain and pain. Scholl's newly developed "runner's wedge" helps protect against this and other overuse injuries.

Before running or engaging in other forms of kinetic exercise, use foot powder liberally on feet, between toes, in shoes and socks. Anti-perspirant sprays, foot deodorants and foot refresher sprays also help keep feet cool and dry.

Athletes can be saved from embarrassing foot odour by using foot deodorant insoles and shoe deodorizers.

Be careful that athlete's foot does not become a problem. Once contracted, the use of an anti-fungal preparation for athlete's foot is necessary to stop its advancement.

AFTER CARE

Take care of your feet after sports by relaxing them in a foot bath for 10 minutes or more and removing the accumulated sweat and dirt with a foot scrubber or brush. Towel dry, then massage in a rich foot lotion.

It is worthwhile to inspect your feet for reddened spots on toes, heels or the ball of the foot area, which indicate extra pressure is being applied from the "shock" of the sporting activity. They should be cushioned with moleskin, a soft, adhesive-backed felt that will protect the skin against further irritation.

SOFTEN SKIN

Remember too, that exercise needn't harden the skin on your feet permanently. Rough skin removing creams, foot beauty stones, hard skin reducers, files and foot softening lotions are available to help keep feet in good shape.

Every sport places different stress on feet and legs, says Professor Robarge. Starting slowly and carefully means that legs and feet will strengthen and shape up without problems.

Unlike a machine, the body appreciates with movement, says the kinesologist. So, if you want to tone up, trim down and tune into new energy, keep moving!

Swim Lessons

CFB Comox Summer Swim Program will commence on the 7th of July.

Registration for swimming lessons is being held at the Base Rec Centre from 0900 - 1000 Mon - Fri.

RED CROSS

Pre-beginners

Beginners

Juniors

Intermediate

Senior

ROYAL LIFE

Lifesavers I, II, III

Bronze medallion

The classes are beginning to fill so don't delay!

Open swimming starts the 7th July. Times:

1:00 - 3:00 Open

6:00 - 7:00 Open

7:00 - 8:00 Adult

There is a fee of

50¢/child/swim and

75¢/adult/swim or a family

pass of \$15.00 for the

season or \$8.00 per month.

Beginning the 1st of July

the Base Rec Centre will be

holding a Bronze Medallion

course. Candidates must be

14 years of age at the time

of the examination. The

cost will be approximately

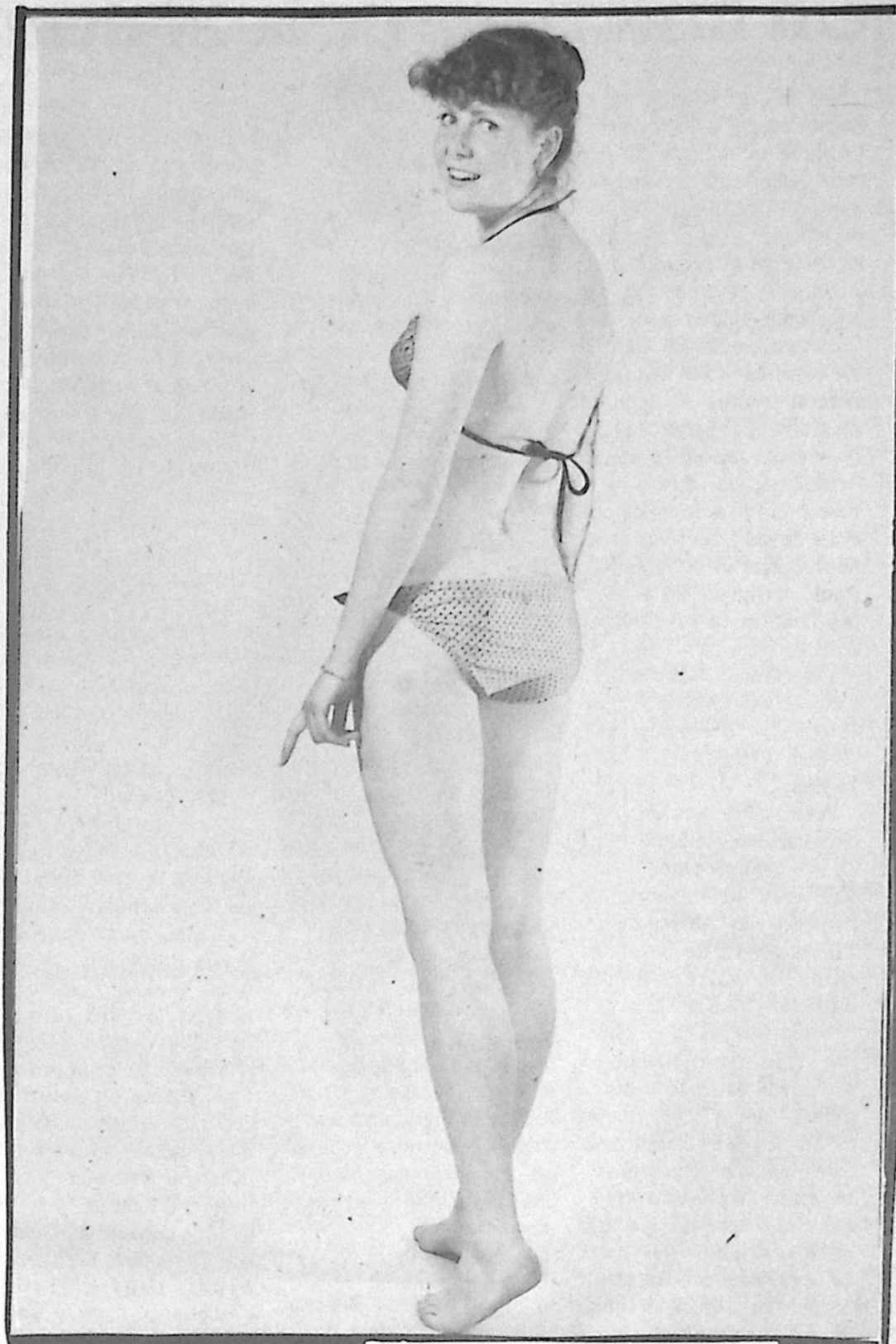
\$18.00, but subject to

change due to the number

that register.

Contact Cpl Karen

Kowalski, Local 315



Fountain of Youth

Where? Right here, almost in your backyard.

The place is the CFB Comox swimming pool and the activity, swimming for fun, friendship and fitness.

The name of the game is Masters Swimming, a swimming fitness program for men and women 20 and over.

With Masters Swimming, as you get older you only get better as with wine.

Tests have shown that Master Swimmers who swim at least three non consecutive days per week soon showed a slower resting heart rate, lower blood pressure, decreased amounts of cholesterol, greater aerobic and anaerobic capacity and a general feeling of well being.

Swimming does not jar the body or pound at your joints as it does in running. Thus, this program can help to delay the deleterious affects of aging. Hence, our fountain of youth.

If you like to swim and can swim 2 lengths of the pool front crawl with proper breathing, this program could be for you. In order to gain greater fitness

through a swim workout, the idea is to swim kick and pull lengths some fast or hand, some easy, using a variety of stroke. Of course, you can have short breaks for rests. The rests are an important part of interval training rather than just straight swimming non stop. It can be a lot of fun.

If you are interested, come to the pool and try it. Please contact Karen Kowalski or the person on pool duty and indicate your interest. We will try to give you some help with your strokes as well as suggest a program for you.

Workouts, for when you are ready, will also be posted on a blackboard.

Hopefully, we will find enough military DND employees and their dependants to form a Masters Club. That means a few social activities too!

So, put down that pen or pencil, leave that housework (it won't go away) and head for the pool rain or shine. The water is always warm and pleasant.

Hours: Mon - Fri 1130 - 1230

BASE PHOTO'S very own Joanne Stoekli recorded the best women's time in the Air Command Challenge Run with a time of 8:39. "I tried Adidas, Nike, Puma, and other top running shoes, vitamins, protein supplements and carb-loading, twelve types of linament, six types of shorts, eight t-shirts and a 1965 Dodge, but finally came to the conclusion I run better scared than what any product can produce, so thought I'd try this garb on the boys," Joanne was quoted as saying.

Ocean Waves

Square Dance News

"The Ocean Waves Square Dance Club have not put away their dancing shoes for the summer. Ken & Pat Smith, Alex & Mildred Mitchell and Tom & Verna Macklin have all hosted square dance parties at their homes recently and more are planned throughout the summer. The Ocean Waves were again privileged to dance for the seniors at the Cumberland Intermediate Care Unit and are scheduled to dance at Courtenay's Market Days on July 25th

and at the Comox Mall on Aug. 15th, between 7 & 9 P.M.; for those interested in seeing how it's done! In the fall, Wolf Clar will call to the Beginner square dance class. Mike Groenendyk from Parksville will be calling at our Wednesday club workshops and Doug Anderson from Nanimo will be calling at our 1st and 3rd Saturday Socials. For more information, call Dave & Sharon Reed 338-6268 or Wolf & Anne Clar 334-4661.

EW
Courtney

Mon. to Thurs. - 8:15 p.m.
Two Shows Fri. & Sat. - 7 and 9 p.m.
No Matinee This Saturday

Adults \$3.25, O.A.P. \$1.50, Child \$1.50

Effective July 1 - New admission prices as above

Thurs. to Wed. - July 3, 4, 5, 7, 8, 9 - MeatLoaf, Alice Cooper "ROADIE" "Some swearing & suggestive dialogue" - B.C. Dir. **MATURE**

Thurs. to Wed. - July 10, 11, 12, 14, 15, 16
Academy Award Winner - Special Award - Sound Editing Mickey Rooney, Terri Garr "THE BLACK STALLION" **GENERAL**

Thurs. to Wed. - July 17 to 23 - Winner 4 Academy Awards Best Film Editing, Art Direction, Costumes, Adaptation Score "ALL THAT JAZZ" Roy Scheider "Some nude & suggestive scenes - scenes of surgery" - B.C. Dir. **RESTRICED**

Stardust
Drive-In Theatre

July 1 to 4
"WHERE THE BUFFALO ROAM" - PLUS "SAME TIME NEXT YEAR"
July 5 to 9 - Redford & Fonda "THE ELECTRIC HORSEMAN" - PLUS "THE CHEAP DETECTIVE"

July 10 to 16 Steve McQueen "TOM HORN" - PLUS "HOOPEE"
July 17 to 23 "KRAMER VS. KRAMER" & "JUST YOU & ME KID"

Island Hwy. & Williams Beach Rd. Phone 337-6033

ALL ADMISSIONS \$3.50 ALL APTER \$2.75
Gates open 9:15 p.m.
Show at dusk
Open 7 days a week

ATTENTION RETIRED PERSONNEL

DISTRIBUTION Company expanding nationwide requires Associate for Comox and area.

Products offered periodically to the public are unique and first-of-a-kind in the area. Renumeration limited only by efforts expended.

This is a legitimate offer, not a pyramid sales scheme or inventory loading promotion. All personnel associated with our company are retired military.

Those genuinely interested may obtain complete details of company proposal by forwarding a brief career summary and present status and address to:

LEEWHITE DISTRIBUTORS, P.O. BOX 47, LION'S HEAD, ONTARIO NOH IWO

Cars - Trucks

1973 Toyota pickup. Valves done, new exhaust, all new paint, immaculate condition, only 60,000 mi. \$2000.00. 339-5370.

FOUND: 28" wheel bicycle, between Ryan Road and P.M.Q. area. For information phone 339-4114.

"CAR FOR SALE"

1965 Pontiac, V-8, 283 cub. in. P-St., P-B, auto., 2 tone, blue. Good tires, like new condition, new paint, looks \$925.00. Phone 338-7165 or 339-3613.

Trailers and Mobile Homes

FOR SALE- TENT TRAILER Very good condition - new tent trailer comes with camp stove, table and chairs plus misc. utensils. Asking \$450.00 or best offer. Contact Cpl. Phinney L-358 or 339-3979.

For Sale

16' Aristocrat travel trailer. Sleeps 6, contains ice box, stove, sink, 20 gal. water tank, 20 lb. propane tank, electric hook-up, asking price \$2000.00. Phone 339-4269 after 1630 hrs.

Model Railroad equipment. N-scale craftsman kits and buildings. Some European and U.S. prototype rolling stock - All Kadee equipped. Detail arts, etc. Call 339-4963

DOLLY'S CRAFTS AND JOKES NEED YOUR HANDICRAFTS

Making handicrafts for a hobby? Why not let us sell the surplus for you. Drop in and talk it over with Dolly, or call 339-6311. All kinds of crafts are needed. We are located in Goods Groceteria, Ryan Road. Closed Thursday and Sunday.

TOTEM TIMES IS YOUR WAY TO MAKE YOU KNOWN.

For Rent

RETIRED Couple required to reside in, maintain and supervise the Filberg Lodge and grounds in Comox, supported by professional assistance as and when required. Qualifications will include congenial personality, physical ability and related experience in the operation of a facility for public use. Please apply in writing to the Filberg Lodge and Park Association, c/o 451 Quinn Ave., Courtenay, B.C. with relevant particulars and salary expectation.

FOR RENT

1100 Sq. Ft. Bungalow, 3 br - 1 full bath & ensuite, fridge and stove included, Heritage Park, Comox, avail 29 Aug 80, \$400/mo. 339-5398

Storage facilities for people who have everything except space to store it! 2641 Kilpatrick Avenue, Courtenay, B.C. Call: 338-1052. Driftwood Mini-Storage.

Announcements

WE ARE open again!
9 holes \$2.50
18 holes \$4.00.
10 round punch card \$20.00.
Season green fees \$120.00.
See you soon, at Longland Park 3.
1145 Anderton Road, Comox.

Real Estate

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6.7 acres of nicely treed land off Waveland, near Huband Road. Power available. Good underground water. Price \$30,000. Discount for cash. Private sale. Phone: 338-8012, (evenings) or 334-3413 (days).

G.E. Forechuk and Associates Inc. REALTOR

Trenton office: 82 Division St., K8V 4W5, 394-4877, Betty Mills Sales Representative. Res.: 962-5558.

PRIVATE SALE

2 1/2 yr. old home, 3 bed up., 1 down, 3/4 basement, 1,115 ft. upstairs, 2 bathrooms and ensuite, fully finished downstairs, 10 1/4 % assumable. Must see all the extras! Please call 334-4524 after 5 p.m.

FOR SALE

Corner Lot 75 x 250 Idiens Way. 1/2 mile from Comox towards CFB Comox. Sub-division 25% developed with executive homes. Municipal water. Excellent for building or resale. Owner must sell. Don Harrington 339-2211 Local 289 8 - 3 p.m.

Are you moving to Ottawa? House for sale: 3 bedroom townhouse, eat-in kitchen, dining room, large living room, 1 1/2 baths, finished rec. room. 5 min. drive from CFB Uplands, close to shopping centre. Asking \$39,000. Write to P. Krayer, 255-2270 Cotters Cr., Ottawa, K1V 8Y6 or phone 613-521-9780.

no matter where you're moving ... we'll help you find a new home before you arrive!

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576 England Ave., Courtenay, B.C. 334-3124

Un historique de la St-Jean-Baptiste

On relève deux grandes hypothèses concernant l'origine de la fête du 24 juin. Certains l'associent aux célébrations païennes du solstice d'été, d'autres au cycle des fêtes agraires.

Dans le premier cas, la constante dépendance de l'homme envers la nature est exprimée dans un culte spécial rendu au soleil, élément régulateur du rythme des saisons. Dans le deuxième, la Saint-Jean prend place à la suite du cycle de mai, des fêtes de la Saint-Pierre et de la Saint-Paul, marquant un rite de purification du sol producteur.

Les Gaulois, saluaient le soleil en allumant de grands feux à l'occasion du solstice d'été, c'est à dire le 21 juin.

Avec l'avènement du christianisme, la Saint-Jean s'est transformée, atteignant une importance marquée au Moyen-âge. Elle a revêtu un caractère rituel et sacré sous le patronat de Saint-Jean.

Nous savons que chez-nous, la Saint-Joseph a précédé la Saint-Jean dès le début de la colonie et qu'elle se célébrait déjà avec solennité au moment où cette dernière a pris naissance. Les deux fêtes ont persisté simultanément et deux siècles se sont écoulés avant que la Saint-Jean, devenue Saint-Jean-Baptiste, supplantât la Saint-Joseph. Ce passage de la Saint-Jean à la Saint-Jean-Baptiste demeure cependant obscur. (mais le 25 février 1907, le Pape Pie X proclame Saint-Jean-Baptiste, patron des Canadiens-Français.)

On retrouve la coutume française des feux du 24 juin dès 1636 selon les RELATIONS DES JESUITES. Mais ce n'est qu'en 1694 que la Saint-Jean est déclarée fête

chômée par Mgr De Saint-Vallier jusqu'à ce qu'en 1744, Mgr de Pont-briand reporte l'office et la messe de certaines fêtes au dimanche, dont celle de la Saint-Jean. En 1768, la célébration de l'événement est ramenée au 24 juin par Mgr Briand, mais la fête ne redevient pas chômée.

La fête nationale des Canadiens français, telle que nous la connaissons, ne s'officialise qu'avec l'avènement des Sociétés Saint-Jean-Baptiste (SSJB). Si le 24 juin entraînait déjà des manifestations chez nos ancêtres aux XVIIe et XVIIIe siècles, on assiste pour la première fois à un banquet patriotique en juin 1834, grâce à l'initiative de Ludger Duvernay, lui-même patriote. Cette manifestation se répète durant trois ans, jusqu'à ce que Duvernay soit obligé de s'expatrier avec ses semblables aux Etats-Unis. A son retour, en 1842, il met sur pied une véritable association dont la première assemblée générale officielle a lieu le 9 juin 1843.

A cette occasion, Denis Benjamin Viger, maire de la ville de Montréal, est nommé président et Georges-Etienne Cartier, secrétaire. D'autres villes ont vu naître leur société à la même époque. A Trois-Rivières, on rapporte la date du 26 juin 1837; à Québec, le 19 juin 1842 avec Napoléon Aubin, journaliste, et Pierre-Martial Barty; et à Ottawa en 1852, avec Isidore Champagne.

On adopte la devise qu'Etienne Parent, homme politique de l'époque, a popularisée lors de la relance du journal LE CANADIEN: "Nos institutions, notre langue et nos lois".

La Saint-Jean-Baptiste a

d'abord été une célébration religieuse, puis avec les Sociétés, une fête urbaine qui, depuis 1842-43, suit ce schéma connu dont parle Benjamin Sulte. "Le service religieux du matin, avec sermon, ensuite la marche en procession (...) et cet ensemble de cérémonial se répandit par toute la province sans négliger le pain bénit, les drapeaux, les discours, les banquets, les pique-niques, les jeux sur la pelouse, les promenades sur l'eau, la musique en plein air, les feux de joie, les concerts, etc. "En somme, elle comporte deux grandes parties: une, officielle, comprenant les banquets; l'autre, populaire, avec les discours, le défilé, les activités de participation, etc.

Dans les années 1860-70-80, la fête de la Saint-Jean-Baptiste se répand chez tous les Canadiens Français d'origine, jusqu'en Acadie et aux Etats-Unis. A Montréal, puis à Québec, on assiste à des congrès nationaux, réunissant des représentants d'un peu partout. Par ces rencontres, les SSJB atteignent un de leurs buts: réunir les Canadiens de langue française.

Actuellement, on en compte dix-sept au Québec, soit une société par diocèse, avec sous-divisions régionales et unités paroissiales. Certaines ont maintenant pris le nom de Société Nationale des Québécois (SNQ).

Ouvrons la parenthèse sur nos emblèmes nationaux: le castor et la feuille d'érable, ainsi que sur le sobriquet populaire des Canadiens-Français, "Jean-Baptiste".

La première mention connue du castor remonte à 1673, alors que le gouverneur Frontenac conseilla au

ministre du roi de placer un castor dans les armes de la ville de Québec. Depuis, on a retrouvé cet insigne à plusieurs occasions, en 1690 sur la médaille commémorant la défense de Québec, vers 1792 sur l'un des billets de la Banque du Canada, et avant 1830, sous l'instigation du commandeur Viger dans les armes de la ville de Montréal. Au fond, le castor ne résume-t-il pas tout le passé de la traite des fourrures?

Au sujet de l'érable, LE CANADIEN du 20 novembre 1806 en parle déjà. Mais ce n'est qu'en 1836 qu'on propose officiellement à la SSJB, sous l'auspice de M. Viger, d'adopter la feuille d'érable comme emblème national, ce qui est confirmé la même année par Etienne Parent.

Quant à "Jean-Baptiste", un officier Anglais, lors de la guerre de 1812, ayant remarqué, à l'appel, la fréquence avec laquelle ce prénom revenait chez les nôtres, s'écria: "Damned, they are all Jean-Baptist". Depuis lors, il semble que ce fut la façon d'appeler tous les Canadiens-Français parmi les militaires, puis parmi la population en général.

(1) "Guide ethnographique des fêtes de la Saint-Jean" pages 5 et 6, publié par la revue *Loisir Plus* en 1976
(2) Document Pédagogique: avril 1977

QUELQUES POINTS SAILLANTS

LES FRANCOPHONES DE POWELL RIVER NOUS VISITENT.

Le 12 juin dernier 20 élèves de Powell River ont visité la base militaire de Comox. Une visite en "français" des différentes escadrilles fut organisée de même qu'un diner aux "hot-dogs". L'expérience fut excellente et nous espérons accueillir encore d'autres groupes francophones sur l'île (Port Hardy, Campbell River, Port Alberni et Nanaimo) afin de créer d'avantage de liens avec les gens de l'île.

Merci à Doug Swanson (409), Bernard Leblanc(407), Luc Maurice (442) ainsi que Louise Tessier et Nicolle Cantin nos cuisinières pour l'occision.

LA ST-JEAN A KIN BEACH

Près de 70 personnes ont fêté la St-Jean le vendredi 20 juin dernier. Des jeux ont été organisés pour les enfants alors que les moins jeunes se sont amusés à en tomber tous sur le "cul" (souque à la corde).

La fête s'est terminée aux petites heures du matin (4:30 hres) mais le feu brûlait toujours.

Sylvie et Remi Antil, de même que Gilles Brousseau, Jacky Wong et Susanne Maurice ont fait un excellent travail. Un gros merci à chacun.

L'Association Francophone "Gens du pays"

TU VEUX EN ETRE MEMBRE?

- Pour avoir du plaisir ensemble: souper, aux "beans", épluchette de blé d'Inde (bientôt), rallye danse, film, St. Jean-Baptist, réveillon de Noël, spectacles "en français" par des chanteurs et musiciens francophones et ce, quatre fois par année...

- Pour que tu puisses regarder et écouter la télévision et la radio en français (été 81).

- Pour une plus grande accessibilité à des cours d'anglais pour toi-même ou les membres de ta famille.

- Pour que tes enfants puissent aller à l'école fran-

çaise, si tu le veux, dès septembre 81 (3 classes).
- Pour avoir un local où on peut lire en français, discuter, écouter de la musique, ou simplement se réunir et même prendre un café ensemble (juillet 80).
- En somme, pour se sentir encore mieux en B.C.

Présentement, un comité bien structure est déjà en place; nous aurons même un local le mois prochain. A ce jour nous comptons 30 membres à notre actif. L'objectif désiré pour cette année, est d'augmenter la participation de nos membres qui sont actuellement de 30 à 100 pour l'année qui vient.

Les cartes de membres sont disponibles au prix de \$3.00 pour les célibataires et de \$5.00 pour les familles. Ce n'est pas très cher pour se sentir bien et chez nous en B.C.

Envoyez votre cotisation avec votre nom, adresse et numéro de téléphone à;

L'association "gens du pays" BOX 213 LAZO, B.C. VOR 2KO

Vous recevrez alors dans la semaine qui suit votre carte de membre et une foule d'information sur l'association.

Merci. Luc Maurice,

Votre Conseil de direction

Luc Maurice pres. (tel: 9-6506, loc. 294)		Rachel Affleck vice-pres. (8-7560)
Serge Wong vice-pres. (9-4379) (516)	Information Suzanne Maurice (9-6506)	Accueil J.M. Bosse (9-4446)
Secrétaire Suzanne Racine (9-6598)	Tresorière Louise Andrews (8-5851)	Sport Gilles Brousseau (489)
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	Culturel J.C. Tessier (9-5371) (226)	

POUR UN FRANCAISE CORRECT

ne pas dire	dire plutot
la belle temperature	le beau temps
cannage	mise en conserve
dame	digue, barrage
travailler sur la base	travailler à la base
licencie	autorise par la regie des alcools
arena	stade, centre sportif
deconnecter	debrancher
chambreur	locataire
prendre une chance	prendre un risque
operer	exploiter un commerce
	manoeuvrer une grue
	conduire un camion
	actionner une pompe

MERCI

L'ASSOCIATION FRANCOPHONE TIENT A REMERCIER CHALEUREUSEMENT SON PRESIDENT FONDATEUR, MONSIEUR BERNARD LEBLANC DE MEME QUE SON EQUIPE, DE L'HEUREUSE INITIATIVE PRISE ET DU TRAVAIL PERSONNEL ACCOMPLI POUR LE GROUPEMENT FRANCOPHONE A COMOX.

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Akela says:

Awards Night

Grey Pack awards night, in honour of Akela Paul Leger, was held 10 June 80 at Gilwell Hall. District Chairman Gord Smilie presented third beads (Woodbadge Trainer II) to John Bardsley and Sue MacKenzie. The Islands Outdoor Award was presented to Grey Pack by Akela, congratulating each Cub individually for the superb job they had done in improving our environment. The following stars and badges were presented: Mike Synnuck - Handyman, Pet Keeper, Toymaker and Observer; Jamie Gray - Black Star, Blue Star and Collectors; Paul Bardsley - World Conservation and Black Star; Danny Halloway - World Conservation; and Danny Baron - Black Star.

Prizes were in for a surprise when each Six presented skits. There was a hitch, Akela blubbed, and Black Six was without a skit. Showing how ingenuitive Cubs can be, they huddled in a corner for a few minutes, then presented "We Don't Have a Skit". All the skits were well done and very entertaining.

Akela said his thanks to all Grey Pack Leaders (by telling humorous stories about us) for their assistance throughout his stay at Comox. Rumor had it that Akela was quitting but he admitted he really wasn't going to and would continue Cubbing in Gagetown - but then we'd all heard that line so often before no one had taken it to heart anyway.

Comox Valley District Trainer Betty Yerex, an unexpected but most welcomed visitor, expressed her appreciation and that of

the district to Akela and John Bardsley for their dedicated service to the boys and the Scouting community. "We'll miss you both."

The Ladies Auxiliary served cookies and a beverage to everyone. These ladies have been thanked many times for their services however, I would like to take this opportunity to thank them again for the support they have given the Lazo Group throughout the year. Bouquets to you all.

Camp Hai-Etluk

Camp Hai-etluk has been postponed until 26 - 28 September. All registered Scouters in the Islands Region and their Scouting friends are invited to participate in this "under canvas" camp. Activities will include canoeing, wilderness survival, no trace camping, knots and lashings, ham radio, etc. Scouters who had received application forms for previous dates may still use these forms. New forms will be distributed throughout the district and the Islands Region. Scouters wishing to participate as trainers, etc. or those wishing more information please call Sue MacKenzie (339-3518) or Bob Gray (339-5257).

Registration

Registration for 1980/81 year is scheduled for Thursday, 4 September 80, 7:00 PM, at Airport School. If the same interest and enthusiasm is shown next year as this, it will be another great year.

Happy Cubbing,
Raksha (1st Lazo Grey Pack)

Annual Islands Region Cuboree

The Annual Islands Region Cuboree was held Sunday, 1 June, at Rathrevor Provincial Park, with approximately 650 Cubs taking part in the Grand Howl and an afternoon of physical activity. Three complete sets of thirteen stations were kept busy all afternoon. The stations consisted of snow shoe races, lawn plus many more. This was a family day and I was very pleased to see so many families enjoying the activities.

Cubs from Grey Pack, who will be going up to Scouts this year, spend the weekend at the park with two leaders, learned how to pitch a tent properly and make it waterproof, and assisted the leaders in placing a rain tarp over the dining and cooking area. Hopefully they will remember the importance of keeping dry in order to stay warm. Saturday night they enjoyed roasting marshmallows at the beach and later a campfire (complete with songs and skits) with Cubs and Leaders from the Port Alberni District.

Cub Camp

By the time this column is in print the Red and Grey Packs will be right in the middle of Cub Camp (2 - 6 July). Approximately 25 Cubs will be enjoying the great outdoors and a full camp program of crafts, swimming, soccer tournament, hikes, camp fires, cooking a tin foil dinner (and hopefully eating it) and the good things like washing their own dishes and sweeping out their cabins for morning inspection. Watch future editions for publication of the Camp Log.



SAREX '80 - Base Commander of CFB Summerside, Colonel S.L. Kincaid welcomes SAREX '80 winners back home. From left to right: CO 413 Sqn. LCol E.A. Lowery, MCpl Paul Beattie, MCpl. Bob Verret, Cpl. Chris Healey and Col. S.L. Kincaid.

Photo by Pte. Garry Reid

RCAF ASSN.

Nearly 140 members and guests of the Comox Valley's new 888 Wing of the RCAF Association gathered in the Comox Upper Legion Hall on Saturday, June 7th to hold its first anniversary dinner dance and to install the new executive for the upcoming year.

Wing membership has been steadily increasing throughout the formative year and presently stands at 168 regular plus two associate members, including a contingent from Campbell River.

One of the aims of the RCAF Association is to participate in the local civic and community programs, especially those designed to develop physical, mental and moral well-being of the nations youth, particularly Air Cadets. In keeping with this concept, 888 Wing is assuming full sponsorship of 386 Royal Canadian Air Cadet Squadron as of the end of the 1979-80 training year. The squadron's previous sponsor, the Comox Lions Club, carried out its duties in this regard with enthusiasm and good leadership, and now hands over the responsibility for a squadron in good shape and ready to move into a new training year.

The Guest-of-honour for the evening was Lieutenant Colonel Ted Cooper, the C.O. of CFS Holberg. In his address, LCol. Cooper outlined the Canadian Forces responsibilities in its partnership with the Air Cadet League and emphasized continued support and dedication to the aims of the movement. Also present for the occasion were other friends of the Wing, including Col. Bruce Burgess, Base Commander of CFB Comox, and Mrs. Burgess. The new executive, headed by President-elect Al Scott was sworn-in by John Marshall, President of the Pacific Group RCAF, who resides in Victoria. Also in attendance, representing 806 Wing Richmond, were John and Joan King, and from 800 Wing in Victoria, Bud and Heidi Hall.

A busy executive slate for the initial year, led by E.G. "Irish" Ireland, handed over its duties to the new executive for the 1980-81 season. The new executive comprised President Al Scott, First Vice President Stu Crites, Second Vice President Al Adams, Treasurer Bob Hallowell, Secretary Rex Regin, Recording Secretary Marty Cunningham, Membership Gerry McNutt and Marg Robinson, Resources and Projects Jim Simpson and Pauline Waycott, Publicity Gord Fisher, Housing Stu Living, Welfare and Regalia Ted Seal, Air Cadet Chairman Frank Hewitt and the Regular Force Liaison Officer Capt. Doug McKean.

Accent on vacations

Have you ever known someone to leave on their vacation full of great expectations, only to return fatigued, much poorer and with jittery nerves?

One of my most memorable sights in France was a young couple arriving back at No. 2 (F) Wing wearing goggles, with an empty car-top rack and scary, starey eyes. They had been to Spain for a total of five days and during that time had some of their holiday money stolen, had their complete camping gear destroyed by fire and lost their automobile windshield when it "crazed" and collapsed onto their laps. Their major accident happened while enjoying the normally safe pastime of a game of bridge. When the lantern ran out of fuel, a new canister of fuel was being screwed onto the lamp base. As the container was pierced, a stream of fuel burst from the canister, ignited on the hot lamp and did an impressive imitation of a flame thrower! The lantern was held in a more or less horizontal position and the flaming fuel struck the couple's tent. In ten to fifteen seconds they were without accommodations,

sleeping bags, most of their clothes and food!

If you are planning a camping trip, there are a number of points you need to remember. In fact, the number is so large, we can only aim at the more critical areas where loss of life is at stake.

Fire

When we relocate to the great outdoors, we leave a comfortable and familiar environment and enter one where portability is the keynote. Portable stoves, lanterns, campfires, ovens, heaters, Bar-B-Q, etc. bring into use firewood, white gas, propane, gasoline, alcohol and charcoal fuels. The fact that they are portable often leads to the temptation to cook inside a tent, camper, boat or station wagon if the weather is bad. Remember our opening story. Tents can burn fast, especially older ones. Build a campfire or use a portable stove well away from tent walls and canopy. Use battery lights inside tents - candles are too dangerous and so are mantle lanterns if they leak, operate inefficiently or are placed too close to combustibles. Keep in mind the forest fire hazard

when laying out a campfire.

The ideal site is on mineral soil or solid rock. If you're boating or hiking, a gravel bar or beach location is ideal.

Asphyxiation

The technical meaning of asphyxiation is to deprive the body and mind of oxygen. Carbon monoxide is usually the culprit and a little goes a long way. It's dangerous even in small concentrations because its absorbed into the blood more readily than oxygen. The hemoglobin in the blood grabs onto the carbon monoxide and ignores the oxygen. Without oxygen, you're dead. Any type of fuel burning device poses a potential threat, including the exhaust system of your recreational vehicle and all of those portable equipment items mentioned earlier including Hibachis. Most include a printed warning "use only with adequate ventilation", but that may be impossible to get in a small camper or boat and there's no way you can be sure until it's too late. Get warm sleeping bags and blankets. It's not worth the risk to use a portable heating device while you sleep.

Drowning & Hypothermia

The best we can do in this category is point out some awareness and precautionary tips. You must do the rest.

1. Teach kids a healthy respect for water. Enroll them in the Base water safety program.
 2. Learn the steps in giving mouth-to-mouth resuscitation; it may save a life.
 3. Don't dive into cold water or try to swim long distances.
 4. Swim parallel to the shore - never too far out and don't swim alone.
 5. Learn the symptoms, dangers and treatment for hypothermia. Ask at the Base Rec Centre for the free booklet "Wilderness Survival".
 6. Avoid known danger areas such as the "Medicine Bowl", fast flowing rivers and waterfalls.
- If you think the whole vacation thing is too risky - ask me about the couple whose mother-in-law died in Spain.

SAFETY SAM

Aurora arrives

Cont'd from p.1

acoustic information to the acoustic operators. The acoustic system will process active, passive and directional sonobuoys and can be readily modified to process information from new generation sonobuoys. Our studies have indicated that the ADP will be significantly more effective than that used on the Argus. Additional software processing in the central computer will provide enhanced detection and classification capabilities.

PHOTOGRAPHY

The main photographic sensor on the CP-140 is a Zeiss high resolution vertical panoramic camera capable of day or night photography. The use of Infra red film and an infra

red illuminator give the Aurar a passive night photographic capability. Two additional hand held cameras are located at the aft observer positions. These cameras are used for photographing targets from an oblique aspect or concentrating on target features of special interest.

ARMAMENT/ORDANCE

The Aurora carries a normal complement of 97 sonobuoys, 36 in external sonobuoy launch tubes located in the aft under fuselage area and 61 internally which are launched from internal pressurized launch tubes. Weapons are carried in the bomb bay and on wing pylons and include the full gambit of torpedoes, mines and

rockets. The aircraft can also be readily modified to carry the Harpoon anti-ship missile.

COMPUTER

The central computer is the very heart of the entire weapons system. It correlates all navigation and sensor data as well as providing post-processing signal enhancement for the acoustic and ESM equipment. The computer interfaces with virtually every system in the aircraft and allows the crew to spend most of their time addressing the tactical problems; little time must be devoted to equipment manipulation. The computer is a very reliable device but is capable of operating in several degraded modes. Ad-

ditionally it has the capability to be expanded to accommodate new sensors as they are developed.

AURORA STATISTICS

—crew 10: 2 pilots, 4 navigators, 1 flight engineer, 3 observers
Length: 116 ft.10 in.
Span: 99 ft. 8 in.
Height: 33 ft. 9 in.
Weight empty - 66,000 lbs
Typical Take off Weight - 136,000 lbs
Maximum Take off Weight - 142,000 lbs
Engines (4) Allison Turboprop T-56-14A-LFE
Balanced Field Length - 8,000 ft.
Landing distance (104,000 lbs) 2,900 ft.
Deployment Range - 4,315 nm.
Patrol time - 1,000 nm from base 8.2 hours



NEW BIRD. The Honourable Gilles Lamontagne signs a commemorative scroll as he accepts the first Canadian Forces Aurora aircraft at Greenwood, N.S. At left is Mr. Roy Anderson, President of Lockheed Aircraft Corporation and at right is Admiral R.H. Falls, then Chief of the Canadian Defence Staff and now Chairman of NATO's Military Committee.

DND Photo by Cpl. Mike Bonin



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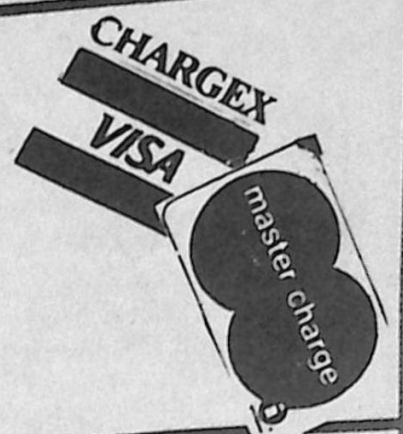
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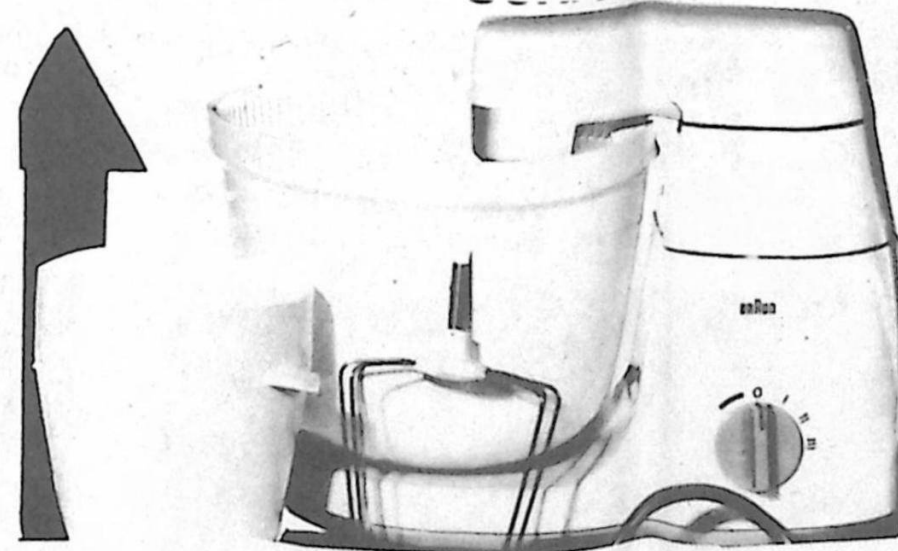
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Promotions and ...



CWO HODGES being presented his CWO scroll from MGen. Senior.

CF Photo by Pte. Stoeckl



MAJ. R.K. MORRISS congratulates MWO Robert on his promotion.



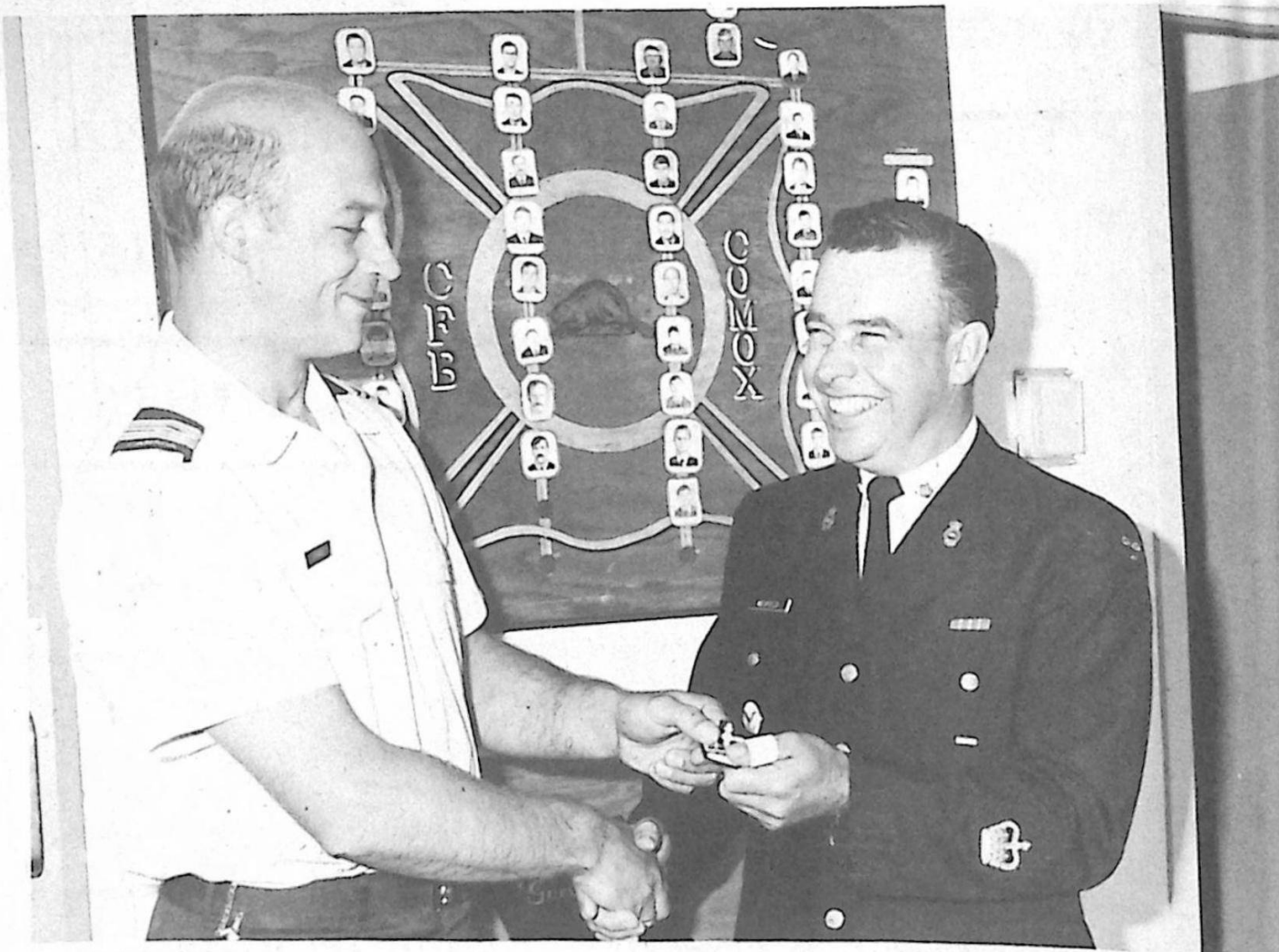
W.O. BROOKS is congratulated on his promotion by Maj. Dunsdon.

CF Photo by Pte. Stoeckl



MAJ. DUNSDON presents W.O. Patrick with his crown.

CF Photo by Pte. Stoeckl



MAJ. THOMAS presents W.O. Neufeld with his crown.



LCOL. McAFFER presents Sgt. McLaughlin with his stripes as the Sarge neatly lifts the C.O.'s watch.



CPL. I.H. JORDAAN receives her hooks from Maj. Morriss. (What did I tell you, Irene?)



CWO FRENETTE congratulates Pte. Martin on his accelerated promotion to Corporal.

CF Photo by Cpl. D. Bowman



PTE. L.M. BOYES receives her hooks from Maj. Creamer, ARAF C.O.

CF Photo by Cpl. D. Bowman

... Promotions and ...



407 PROMOTIONS. l-r. Capt. R. Kilburn, MCpl. JRR Racine, W/O Lyle, LCol. B. Cameron, MCpl. Monteith, Sgt. Arthur, Capt. R. Bialachowski and MC pl. Nanson pose for a group photo after LCol. Cameron had offered his congratulations on their recent promotions.



LCol. DIAMOND (center) poses with Cpl. Adameczyk, Cpl. McFarlane, W/O Olenick and Cpl. Davidson after their promotions this past month.



LCol. BURROWS awards Cpl. MacInnis with his MCpl. rank.

CF Photo by Pte. Stoeckl



LCol. McAFFER congratulates MCpl. Maddex on his promotion.

CF Photo by Pte. Stoeckl



SGT. ALLISON receives his third hook from Maj. Dunsdon.

CF Photo by Pte. Stoeckl



MAJ. GORD BEECH congratulating W.O. Dave Kitching, calibration coordinator for CFB Comox, and Sgt. Jimmy Judge, RS Tech in the MG-13 Lab on their recent promotions.



MCPL. HOOEY receives his promotion from LCol. McAffer.

CF Photo by Pte. Stoeckl

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... and awards ...



CFJLS GRADUATION. Cpl. S.J. Stanley of Base Maint (L) being presented the CFB Penhold shield for winning the drill competition on the recent JLC course.



CF Photo by Pte. Stoeckl

409 SQN. XO, Maj. Dunsdon presents Certificate of Service to MCpl. Schaeffer.



Photo by Capt. D. Harrington

SNAPSHOT WIZARDS. Base Photo section was recently presented with a Base Commander's Commendation for the excellent work they have done. l-r. Sgt. G. Arnold, W.O. W. Bate, Col. Burgess, Pte. J. Stoeckl, Cpl. D. Bowman, MCpl L. Belzac, Missing - MCpl. A. Sponselee and Cpl. L. Hofmann.



CPL. CLOUTHIER receiving the Red Flight top student award from Col. D. Munro, BComd of CFB Edmonton, for outstanding work on his JLS course.



Until the late nineteenth century, psychology was not considered a science!

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... and awards



CPL. J.L. BARON receives Certificate of Achievement from Col. Burgess for identifying and resolving a recurring malfunction of the Buffalo auto-pilot engage circuits.



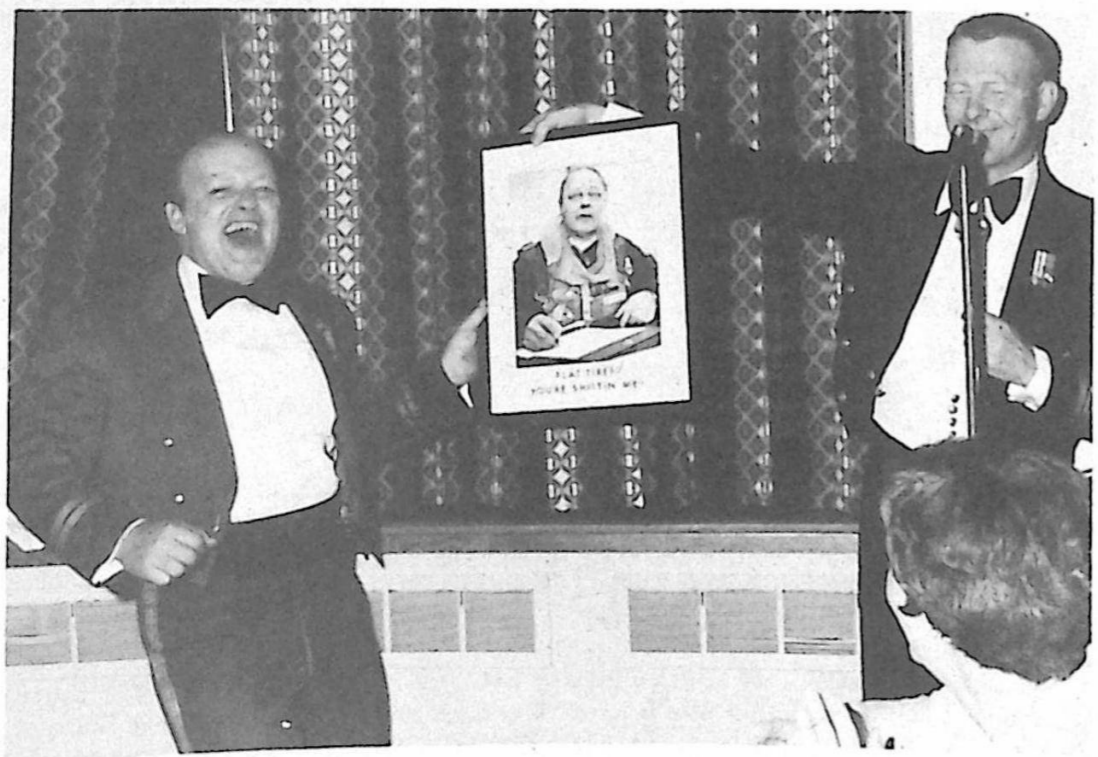
CD Presentation to Sgt. Keith Degruchy by Maj. Bardsley, Base Flight Surgeon.



BASE COMMANDER, Col. Burgess says farewell to LCol. A.C. Kilpatrick at the dinner marking his retirement.



LCol. BURROWS presents Capt. D. Graham with a silver tray to mark his retirement 6 June 1980.



S'LONG to Capt. J. Parkinson, as he bows out from the Armed Forces 6 June 1980.

FIRING AWAY

COOKING OUTDOORS

When cooking outdoors, flammable liquids near live coals can cause explosions and burns. In addition, the following precautions should be taken.

- the safest starters are chemicals in cake form or a charcoal electric starter (approved by the nationally recognized testing agency); never use gasoline, naphtha or other such flammable

materials.

- never add fire starter after you have started your barbeque; to speed a slow fire or rekindle a dying one, tuck dry kindling under the coal.
- keep small children away from the barbeque.
- make sure the barbeque is level and steady and keep a container of water handy.
- after cooking soak the coals that seem "dead" can re-ignite a day later.

- the use of barbecues on apartment balconies is a most dangerous practice due to the confined space and the hazards involved in the use of starting fluids. They can also produce poisonous carbon monoxide gas in the apartment as well as a smoke nuisance to your neighbours and to your self.
- also charcoal-burning barbecues should never be brought inside the house or

a tent or a recreational vehicle because of the danger of carbon monoxide poisoning in sealed or confined areas.

- never keep damp or wet charcoals in an unventilated area due to the dangers of spontaneous combustion which can result from the drying process.
- a minimum clearance of 5 feet shall be maintained from buildings, walls, and combustibles.

Fire Tips

Canadian Forestry Association of B.C. asks you to act quickly if you spot smoke or flame in a forest area this summer. Note the location and get to the nearest phone. Then dial "0" and ask for ZENITH 5555. This is a direct 24 hour line to the forest service and immediate action will be taken on your call.

Here are some rules for smokers from the Canadian Forestry Association of B.C. Please use your ashtray in the car at all times. Don't flick that ash and never toss a butt.

Remember one spark can start a forest fire. Please "THINK FORESTS" and take care.

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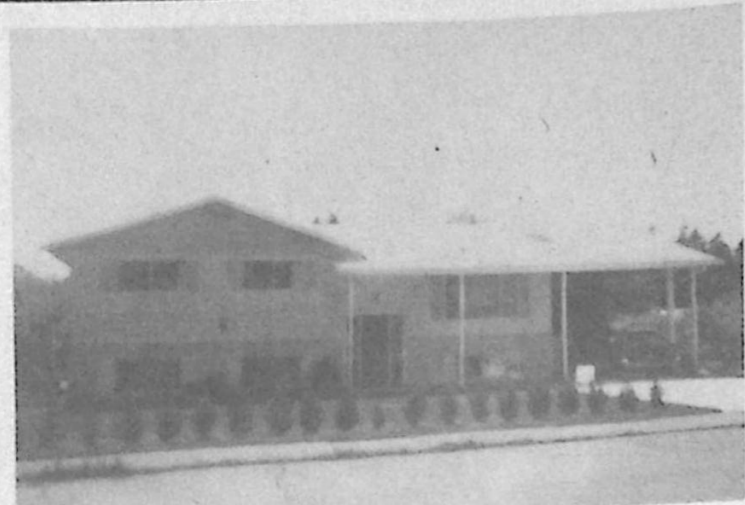
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Located in a quiet area of Comox with a view. The home features excellent construction detail with 1150 sq. ft. on main floor over a 3/4 bsmt. & f'place. Large bright kitchen has access to the 44 ft. sundeck overlooking the landscaped yard. \$62,600 with 11 1/2% mtge. **AL ROBB 339-3307**



3. COMFORT PLUS
This is a very nice home in a quiet area of Comox. Features 5 bdrms., ensuite & f'place. Sit back & enjoy the openness of the spacious dining & living room with a view. Priced to sell at \$66,500. **GEORGIA MCLELLAN 339-4642**



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For this fine home with lots of workshop and garage area. The home has one or 2 bedrooms, Franklin, double windows and screens. There is a large attached garage and workshop plus a separate 36 x 20 garage & workshop. \$65,800. **AL ROBB 339-3307**



5. EXTRAORDINAIRE!
This cosy, 3 bdrm., cedar-clad rancher is uniquely heated by indirect hot water heat throughout the floor area. Attached to the house is a super large garage & separate from the house, there's a wee guest cottage with 3 piece bath. Property has been newly landscaped & holds a spring fed duck pond. For complete details call **ANN CHEVRIER 339-3048**

6. WANT THE MOST FOR YOUR MONEY?
Then let us build you a home on Torrence Rd. in Comox with a f'place, carport, & a fantastic mountain view. Priced in the low fifties. This is definitely a terrific buy in today's market. Call **GEORGIA MCLELLAN 339-4642**



7. FRESH NEW LISTING
In a prime location on McKenzie in Comox. This 3 bdrm., full basement home just won't linger. Features 2 baths, f'place, Franklin in basement & a beautiful yard with fencing, garden & towering trees. An excellent investment at \$56,500. **BILL MORRISON 339-4063**

8. BIG RANCHER - BUBBLING STREAM
1800 sq. ft. rancher with 6 bdrms., 3 baths, f'place, workshop & spacious living room. Situated near Courtenay in the Arden area with 3/4 of an acre, a bubbling stream & lots of trees. Far below replacement at \$68,500. **BILL MORRISON 339-4063**



9. BIG HOME - SMALL PRICE
1380 sq. ft. full basement home in central Comox with 5 bedrooms, rec room, huge kitchen & a sunny location. One of the best buys of its type in Comox at \$58,500. **BILL MORRISON 339-4063**

10. YOUR LAST CHANCE;
to own this spectacular 5 bdrm. home. Other features include complete rec room with wet bar, shuffleboard, separate games room, f'place, sauna & many, many other extras. Call **DUKE SCHILLER 334-2203**

11. MIDSUMMER SPECIAL
4 acres on the outskirts of Courtenay. A 1200 sq. ft., 3 bdrm. home with 600 ft. of the Tsolum River at your doorstep, a double garage, an orchard & a garden area with the richest soil in the valley. Let Duke Schiller show it to you. **DUKE SCHILLER 334-2203**

19. BUILD YOUR DREAM HOME
In this area of fine homes. Lots slopes slightly to the rear & is naturally wooded. Property is serviced with piped water & is located within easy walking distance to schools. \$14,000. **ANN CHEVRIER 339-3048**

20. HOT SUMMER! COOL POOL!
Jump right into the 18' x 36' heated & filtered pool on almost a half an acre of landscaped property located on corner of Anderton & Noel, Comox. 3 bdrm. full basement home with f'place & sunny kitchen. Please phone for an appointment. **ROD MALTBY 338-5029**

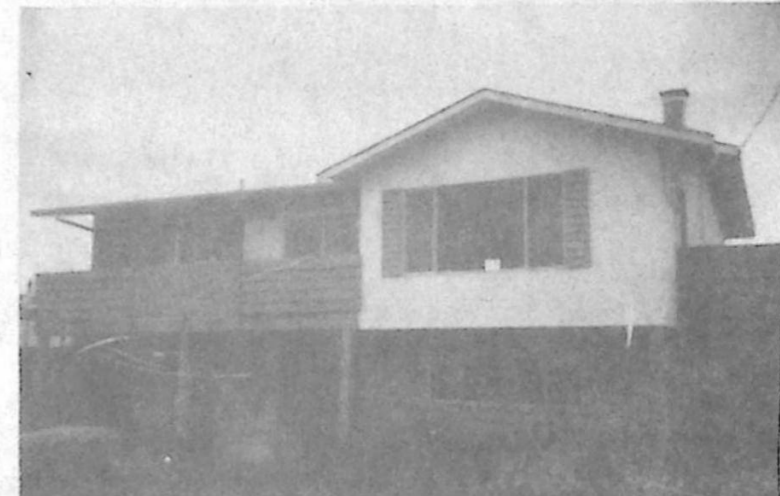


12. ANOTHER WINNER BY FINNEY
1056 sq. ft. of superbly built C/S home featuring f'place, carport, storage & 3 bdrms. Ideal for a starter or retirement home. Large lot on piped water. Great value at \$47,500. **SMOKEY WAGNER 339-4239**

13. SNAP IT UP! \$28,900.
Cute 2 bdrm. home on England Ave. in Courtenay. Great starter or retirement home. Best home in area at this low price. Better than renting. **DICK GARDINER 339-5345**

14. CATTLE RANCH - 29.8 ACRES
Close to Courtenay. Almost 30 acres of excellent soil. Good domestic water supply. Creek frontage. Large dug-out. Old, comfortable farm house, large barns & several outbuildings. Fenced & cross-fenced for selective pasturing. Cleared. **DICK GARDINER 339-5345**

15. PICK FROM THREE - \$12,500 EACH
Excellent homesites in Comox on Cortez. One will meet rancher requirements. All serviced. **DICK GARDINER 339-5345**



16. COMOX - STUCCO & CEDAR
Beautiful 4 bdrm. family home set on a well manicured fenced lot. Fruit trees, garden, outdoor workshop. Home features 2 baths, f'place, & quality carpeting. Assume the mortgage. **VIC RUSHTON 339-3484**



17. "REVENUE PLUS"
Comfort & ease are yours in this three bdrm. home in the downtown area of Courtenay. F'place up & down, 2 full baths plus ensuite plus many more features too numerous to mention. Legal suite for added revenue. **ED FOURNIER 338-6093**

18. PRICE REDUCED
This is a beautiful split level with bay window & f'place. private sun deck off master bdrm. Double garage plus triple paved drive. Now only. \$67,000. **GAYE OR LLOYD WORK 334-2220**



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