



# TOTEM TIMES



Bernard de Fontenilli said: "It is a great obstacle to happiness to expect too much!" He must have been awaiting a pay raise!

VOL 21 -- NO. 18

CFB COMOX TOTEM TIMES

THURSDAY, SEPT. 27, 1979

NO CHARGE

## Task force set

OTTAWA (CFP) — Defence Minister Allan McKinnon introduced the five member task force on unification at an Ottawa news conference on September 6 and emphasized that he had an "open mind" on the subject.

The group is headed by retired businessman and 25-year naval veteran George Fyffe of Ottawa and includes Dr. W. Harriet Critchley, a member of the Institute of International Relations at the University of British Columbia; Dr. Albert Legault, Director General of the Quebec Centre of International Relations at Laval University; Major General P.A. Neatby, who will retire from the Canadian Forces in December, and LCol. (Ret'd) Earl Olmsted of Ottawa.

The task force is to complete its study by the end of the year and have its report to Mr. McKinnon by January 31, 1980. The report will comment on the merits and disadvantages of unification and recommend what changes, if any, should be made.

"The report will recommend whether we should move back to three services, remain the way we are or someplace between those two poles," said Mr. McKinnon.

Unification of the Royal Canadian Navy, the Canadian Army and the Royal Canadian Air Force commenced on February 1, 1968.

Today, out of approximately 79,000 members in the Regular Forces, 43,000 or 54 per cent have joined since unification.



## Alive and well

WALTER YATES, of Austin, Texas, survived 12 days in the dense brush after his helicopter crashed enroute from Fort Nelson to Red Deer. Mr. Yates, with perfect timing, jumped from the helicopter just before it crashed and burned. To aid his

searchers, Mr. Yates hacked off the tail section of the helicopter and dragged it to a nearby cutline. Mr. Yates was found by a joint effort of CFB Comox and CFB Edmonton.

## 442 Sqn. helps find lost pilot

A Texas man is alive and well, after having spent 12 days in the northern B.C. bush, thanks to a combination of his own ingenuity and the search and rescue capabilities of aircraft from CFB-Comox and Edmonton.

Walter Yates, 55, of Austin, Texas, was rescued 72 kilometres south of Ft. Nelson, B.C. Sunday after living for 12 days on wild cranberries and chocolate following the crash of his private helicopter.

Yates was in a flight from Fort Nelson to Red Deer, Alta., on Sept. 4, part of a longer flight from Alaska,

where he had been prospecting, to his Texas home when the tail rotor of his craft snapped, sending the helicopter crashing into the dense brush.

A total of 13 Armed Forces aircraft from Comox and Edmonton were involved in the search, with CFB-Comox sending two Buffalo aircraft and two search and rescue helicopters. The Comox craft were in the area for the entire 12 days.

Assistant searchmaster, Capt. Garry Clifford, from Victoria said that the crew of a Buffalo first spotted Yates as he waved to them from the

wreckage of the burnt-out helicopter. Clifford said that search planes had flown over the crash site before while doing one-mile wide sweeps but were unable to see the wreckage because of the dense brush and heavy rain that hampered the first five days of the search.

Capt. Dave Oliphant, of 442 Squadron, Comox, said last week that the weather in the area was improving, becoming bright and clear, and that they felt they stood a better chance of finding the aircraft because of the improved conditions.

## Kernel Potlatch II

VICTORIA — Planning and operations continue for a major west coast exercise, Kernel Potlatch II, scheduled for the end of September. The exercise will combine approximately 40,000 Canadian and U.S. personnel from naval, land and air forces plus 45 ships and 150 aircraft. It is designed to test and evaluate continental defence procedures, at the same time practicing sea control and amphibious landings.

Canadian Forces naval participation totals nine ships of Maritime Command (Pacific). These ships include the destroyers HMCS Terra Nova, HMCS Kootenay, HMCS Catinay and HMCS Restigouche; two patrol vessels, HMCS Chignecto and HMCS Chaleur; the

operational support ship HMCS Provider; the gate vessel HMCS Porte Dauphine, manned by the Naval Reserve; and the Canadian Forces Auxiliary Vessel, Endeavour.

Canadian land forces include army units from 1 Canadian Brigade Group, CFB Calgary; 3rd Battalion, Princess Patricia's Canadian Light Infantry, CFB Esquimalt; 3 Royal Canadian Horse Artillery, CFB Shilo; 1 Combat Engineering Regiment, CFB Chilliwack; and 1 Service Battalion, CFB Calgary.

Air forces of transport aircraft, maritime patrol aircraft, helicopters and fighters come from Squadrons

across Canada: 409 All Weather Fighter Squadron, CFB Comox; 407 Maritime Patrol Squadron, CFB Comox; VU 33 Utility Squadron, CFB Comox; 408 Tactical Helicopter Squadron, CFB Edmonton; 435 Transport Squadron, CFB Edmonton; 447 Tactical Helicopter Squadron, CFB Edmonton; 434 Tactical Fighter Squadron, CFB Cold Lake; and 436 Transport Squadron, CFB Trenton.

Following the exercise, U.S. Navy fighting ships will pay good-will visits to the Canadian ports of Victoria, Esquimalt, Nanaimo, Vancouver, New Westminster and Port Alberni over the Thanksgiving weekend.

## Comox Valley United Way campaign

### Sharing is caring the United Way

The annual campaign for funds to assist the less fortunate in our community will start the 1st October. It is a time to reflect, to look beyond our own needs and realize ourselves fortunate to be able to contribute towards those in real need for assistance in our valley.

Through difficulty in obtaining volunteer canvassers for the district, a mail out method of collection will be used; however, Base personnel will be approached individually by canvassers as in past years.

The Base goal this year is \$9,000. There are eleven organizations participating in the Comox District. These agencies have been screened by the United Way Comox District Board of Directors to their demonstrated needs. It is important to note that less than 3 per cent of monies collected is used for administrative purposes, chiefly printing and advertising. No one is paid — all workers and directors in the Comox District are volunteers.

The many volunteer member agencies are again counting on the generosity of the military and civilian base personnel to help them provide vital services to the community. The Base campaign co-ordinator is Capt. Arkesteijn, local 239, or 9-5895 and assistant co-ordinator is Capt. Buchanan, local 409.

Please give your donation to the canvasser in your squadron-section:

VP 407	Flt. Comd.	Lt. Kennedy	308	Admin.	Pte.	Haddad	370
		Sgt. Landry	308	BWO	MR.	Ross Orr	325
	S Stand O	Sgt. Denny	308	BTS. BAMSO	Sgt.	Cavers	495
	Ops-Admin.	MCpl. Rogers	308		Sgt.	Doble	345
	SAMO	WO Forget	302	BCE	Cpl.	Majden	336
		WO Walton	275		Mwo	Belliveau	224
		WO Giles	417		Sgt.	Franks	297
409	Aircrew	Capt. Buchanan	409		Sgt.	Mathieu	374
	SNAGS	WO Stewart	480	BTN	2Lt	Paone	263
		Sgt. Smith	480		WO	Dickie	493
	Servicing	Sgt. Kerr	481		Pte. (W)	Wilsher	9-2641
	Repair	Cpl. Hamilton	292		MCpl.	Quadros	373
	OFTT-WLS	Cpl. Lowe	445			Clark	349
442	Aircrew-Admin.	Capt. Blair	294	BSUP	Cpl.	Grace	253
		Lt. Day	419		Mrs. Clark		358
	Tech.	Sgt. Beck	419	BTCL	Sgt.	Kraft	244
VU33	BSECUR	MCpl. Simmons	500		MCpl.	Charbonneau	406
BOPS	BATCO	WO Klein	282	BCompt.	Sgt.	Horton	272
	BMET	Lt. Nichols	423				
	BND	WO Mohler	225	740 Comm.	MCpl.	St. Pierre	296
		Sgt. Nelson	508	Sqn. Det.			
B. Admin.	BITO	WO Foote	348				
	BFOODS	Mwo Stipkala	320				
	BX	Sgt. Chahley	372				
	BSURG	Capt. Creamer	267				



## High Flight

FOREVER REMEMBERED — Mrs. Virginia de Jong, along with her children Jeffery, 10 and Clifford, 8, solemnly read the poem "High Flight" engraved on the memorial plaque dedicated to their husband and father, Captain Gordon de Jong. Captain de Jong was killed while performing with the Canadian Forces "Snowbirds" aerial demonstration team last year at Grande Prairie, Alberta. The unveiling of the plaque was part of the official opening of the new air passenger terminal facility at Grande Prairie. (CF Photo by Sgt. Daye Searling).

## Features

Section News. . . . . pg. 2, 3

Bx Anniversary sale. . . pg. 6-9

Check out our first  
in a series on how  
to make your own  
wine. . . . . pg. 12

It's fire prevention  
week, try the  
crossword contest. . . pg. 10

Boz has a few  
suggestions for fun  
hockey league . . . . . pg. 11

Next deadline

**Tues. Oct. 8**  
1200 NOON

**Fire Prevention Week — Oct. 7-13**



## Demon Doins

First of all my apologies because there was no Demon Doins in the last Totem Times, both PIO were away and the trip to come back was delayed some 48 hours.

The Squadron is finally complete again with all the crew ready for action. Talking about action, 407 was involved in an exercise at the end of September and 5 crews participated one way or the other.

Crew 2 is in Shearwater defending the Canadian colors in the annual ASW competition VS England, New Zealand and Australia. We are standing by for results. Crew 1 was recently in Greenwood to sharpen their reflexes and Crew 3 will follow them soon. This last crew managed to stay 48 hours more than planned in Hawaii so everybody should be well rested.

The last I heard from Crew

4 was that they were getting in shape for the coming hockey season. The 407 team in B league sure was in trouble when crew 1/2 could not make it to a game: half the team was missing. I hope there will be some changes this year. Crew 6 went to Yellowknife not too long ago. They managed to fly one surveillance mission (out of 2) despite very poor weather. I did not hear much about Crew 5 lately but one of their navigators, who would have rather flown Voo Doo I guess, bought himself something that can go just as fast...for details see Jonsey.

My congratulations to Capt. Frank "H.H." Burke for his recent promotion to his present rank with seniority retroactive to the beginning of the year.

Reminder: don't forget to read the 407 Routine Orders weekly...it's full of good stuff!

## 409 Sqn. tops in maintenance

Last week members of 409 All Weather Fighter Squadron returned from CFB Bagotville Que. where they participated in a competition named Call Shot. The competition involved all active Air Defence Fighter Squadrons in Canada. Each squadron was represented by four aircraft one of which was designated a spare. Extra points were received for not using the spare aircraft.

A total of six sorties were flown by each crew against challenging and varied targets.

Awards were given in five categories, 409 Squadron aircrew came in second, weapons second, maintenance first, and total overall of second place.

The members of the maintenance section who took first place were led by Lt. Duncan MacLeod. Space precludes listing the 27 technician's names who contributed to this great achievement.

All who participated in this competitive event found it to be an excellent learning experience.

All 409 personnel wish to congratulate them on their success.

## Nighthawks nest

The Call shot boys are back with a lot of good stories and memories. As well the highly coveted McClusky trophy namesake was escorted back to Comox. Too bad we blew the starter change competition. Nonetheless, congratulations to the 409 Maintenance Team who placed first in the Callshot competition.

Major Ron Egli has returned from Winnipeg and the ECM course and is ready to take control back from Terry Day.

Brian Taylor will be attending the Flight Safety Course in a few weeks where he will learn to deal with such problems as Bill's cable breaking and Buckles attack on the A.G.T. man during bubble checks. Many thanks to the boys who brought sunshine back from McChord and put her in the Q.

Don Thornton is nearing completion of Combat Ready Training filling his X board with parades, recats, and PMQ move.

## The outside world

### Looking at retirement

thoughts. Anxiety builds up and too often retirement becomes a fearful event rather than a new and exciting challenge.

Common sense tells us that this is the wrong approach. Obviously, along with the administrative preparations required for retirement after twenty-five or twenty-eight years, the problem of anxiety must be faced.

The best tonic for the emotion let-down of retirement is early planning and preparation. Early

planning involves setting work goals, thinking of training and experience in civilian, rather than military terms, settling the question of location, considering the employment market and finally, adding up all the pluses and minuses. Once the problems are out of the way the job campaign can start with real interest and vigour. Here is a recent example:

An accounts-trained senior NCO stationed at a large base was close to retirement. He investigated the employment

market in the nearest town very carefully. The Manpower Centre told him about a new industry moving into the town and arranged an interview. The job, however, was not available for six months but he was tentatively selected. Finally, he followed the advice of his firm and enrolled in a night school course to up-date his knowledge of civilian accounting procedures.

This senior NCO was looking forward to his retirement.

## Job hunting

Information is one of the main features of any planning. For example:

- Get facts and information on the employment market, before you move into the outside world.

- Build up a file of firm names, telephone numbers, names of contacts.

- Read newspaper careers and want ad sections with great care and attention.

- Keep interesting ads for

future references.

- Learn job description language and relate military skills and experience to the needs of the civilian market.

- Study yourself; look at yourself as a civilian employer would.

- Draft your job inventory and add this to your file.

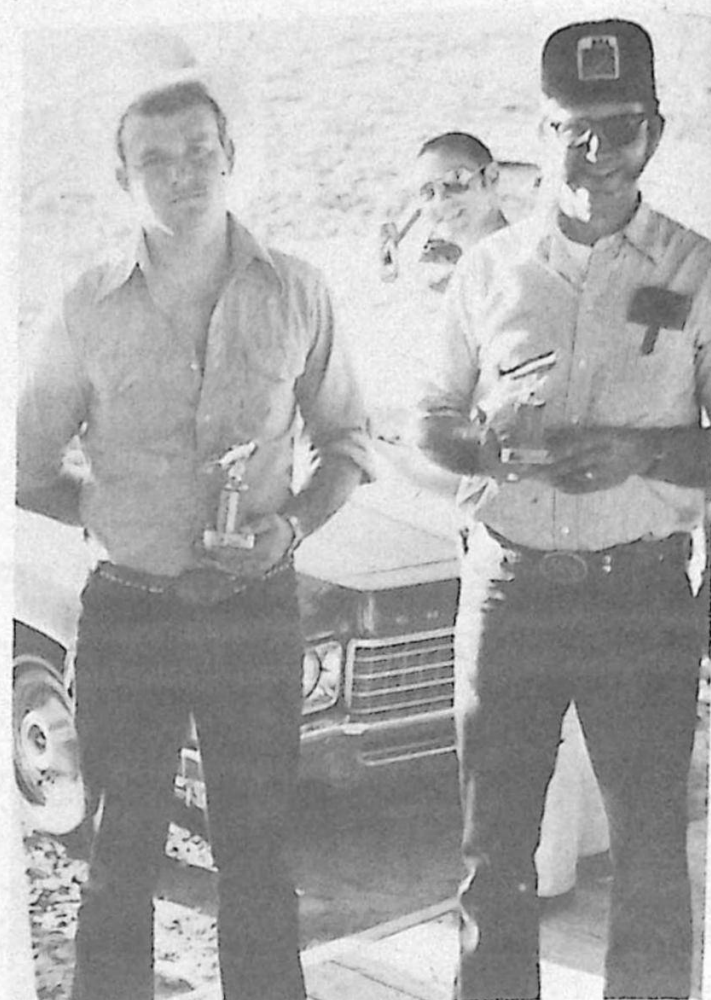
- Settle the question of where you intend to locate.

- Collect information on

cities by writing to chambers of commerce and other organizations.

- Learn what jobs are available in the city of your choice.

Your second career is much too important to you and your family to leave to chance. If you start your job planning early enough, however, your files start to bulge and your chances of success will grow.



## Det-5 Derby

THE RECENT Det-5 Salmon Derby saw David Tucker and Russ Alexander win awards for largest spring (9.15 oz.) and largest coho (9.5 oz.). Tsgt. Keller and Msgt. King split the hidden weight at 7.7. Congratulations.

## BASE THEATRE SCHEDULE

SEPT. 13 TO SEPT. 23

The new schedule was unavailable at press time.

Please check the BX Bulletin Board or October shows.



AL ROBB

CF/RCAF RETIRED. WILL WORK FOR YOU AND ENLIST Block Bros. resources on your behalf.

Homes, Lots, Acreages, Farms, Businesses, Home Trade Plan - in short - A Total Real Estate Service!

**TRANSFERRED IN** - or had enough of rent payments, call or write Al for professional service.

**TRANSFERRED OUT** - call Al for Block Bros catalogue N.R.S. and/or M.L.S. listing to maximize your selling potential. Also BBTV at no charge.

**ALAN ROBB**  
**BLOCK BROS. LTD.**  
449 - 5th St., Courtenay, B.C.  
OFFICE 334-3111 RESIDENCE 339-3307

**EW**  
Cortney

Mon. to Thurs. - 8:15 p.m.  
Two Shows Fri. & Sat. - 7:00 and 9:00 p.m.  
No Matinee This Saturday

Thurs. to Wed. - Sept. 27, 28, 29, Oct. 1, 2, 3.  
**PETER FALK**  
**ALAN ARKIN**

**THE IN LAWS**  
"Some swearing" - B.C. Director

Thurs. to Wed. - October 4, 5, 6, 8, 9, 10.  
**PAUL LE MAT, CINDY WILLIAMS**

**"MORE AMERICAN GRAFFITI"**  
"Some violence & coarse language" - B.C. Director

**Stardust**  
Drive-In Theatre

Now open Thurs. to Sun.  
Sept. 27, 28, 29, 30  
"BUCK ROGERS" - Plus -  
"JAWS" - Some frightening & gory scenes - B.C. Dir.

Island Hwy. & Williams Beach Rd.  
Phone 337-5033

General Admission \$3.25.  
All Niter \$3.50  
Gates open 7:30, Show 8:00

Thurs., Fri., Sat. - Oct. 4, 5, 6.  
**"FORCE OF ONE"** - Plus -  
**"AGAINST A CROOKED SKY"**  
Sun. Oct. 7 - SPECIAL ALL-NITER  
"MIDNIGHT EXPRESS" - "HARDWARE"  
"FAST BREAK" - "NIGHTWIND"  
"SOMEONE KILLED HER HUSBAND"

**MIRACLE DRIVE-IN**  
Black Creek, B.C. Phone 337-5007

Admission - 12 & over: \$3.25. All Niter: \$3.50  
Thursday to Sunday Sept. 27 to 30  
THE LINE BETWEEN LOVE AND DEATH IS THE BLOODLINE

SIDNEY SHELDON'S BLOODLINE

PLUS -  
A private dick. A classy chick. An old guy named Al. As detectives they were second to none.

Sunday, October 7  
**ALL NITER**  
5 GREAT SHOWS!

1) KING FRAT  
2) SENIORS  
3) TEXAS DETOUR  
4) RUBY  
5) BRUCE LEE - SUPER DRAGON

**KING FRAT**  
Would you want to graduate from this?

PLUS -  
Would you want to graduate from this?

PLUS -  
Would you want to graduate from this?

PLUS -  
Would you want to graduate from this?

PLUS -  
Would you want to graduate from this?

PLUS -  
Would you want to graduate from this?

PLUS -  
Would you want to graduate from this?

PLUS -  
Would you want to graduate from this?

## OFFICER'S MESS ENTERTAINMENT

**Oktoberfest Sat. Oct. 13.**

Band: Edelweiss Echo  
Cost: \$15 couple/\$20 per guest couple  
Mug at Door - \$2.  
FREE BEER WITH MUG  
GERMAN FOOD ALL EVENING  
Dress: German or casual.

**Hallowe'en Party Sat. Oct. 27**

D.J. Music.  
Cost: \$6 couple/\$8 guest couple.  
LIGHT MEAL  
Dress: Costume or casual.  
PRIZES FOR BEST COSTUMES.

SEE CALENDAR FOR DETAILS

## WO'S & SGT'S MESS

Oct. 5th - TGIF - FOOD.  
Oct. 6th - Merchandise BINGO & DISCO.  
Start time 2000 hrs. Cost \$2.50 per person.  
Oct. 7th - Movie.  
Oct. 12th - MCPL OJT NIGHT.  
Food - Games.  
Oct. 14th - Movie.  
Oct. 19th - TGIF - Food.  
Oct. 20th - DOWNHOMERS NIGHT  
Dress: Casual (Jeans etc.)  
Food - Seafood & Hip of Beef. (Served at 2000 hrs.)  
Band - "Country Express" (Starting 2130 hrs.)  
Cost - \$20 per Couple, Guests \$30.  
Tickets from Mess Manager (seating plan).  
DOWNHOMER BEER AVAILABLE.  
Oct. 21st - Movie  
Oct. 26th - TGIF - Food  
Oct. 28th - Movie.

Be Partners in  
**FIRE PREVENTION WEEK (7-13 Oct.)**  
Make Your Home FIRE SAFE.

## Jr. Ranks Club

Oct. 2 - "Blood Brothers" - Tony LaBianco (R)  
Oct. 9 - "Who Is Killing The Great Chefs Of Europe" - George Segal  
Oct. 16 - "Starship Invasion" - Robert Vaughn  
Oct. 23 - "Capricorn One" - Elliott Gould  
Oct. 6 - "Disco" by Peter May. Admission: Members \$1.00, Guests \$2.00.  
Dancing: 2100 hrs. - 0100 hrs.  
Oct. 13-14 - Sat 13th. "Tropical Night" Music by LaTropicale. Dress: Tropical or Semi-Formal. Dancing: 2100 hrs. - 0100 hrs. Smorgasbord Couple, Guests. Drink out of your own pineapple or coconut shell. Hips of beef & ham, shrimp & assorted salads & cole slaw.  
Sun. 14th - Dance to La Tropicale from 2100 hrs. - 0100 hrs. Dress: Semi-Formal. Admission: \$5.00 Couple, Members - \$7.00 Couple, Guests.  
Oct. 20 - "Disco" by Peter May. Admission: Members \$1.00, Guests \$2.00. Dancing: 2100 hrs. - 0100 hrs.  
Oct. 27 - Dance to "Country Express" which is back by popular demand. Dancing 2100 hrs. - 0100 hrs. Admission: Costumes - Free, Members - \$2.00, Guests - \$3.00. Prizes for Costumes.  
"Kids" Hallowe'en Party Costumes & Prizes. Treats for Kiddies. Starting at 1200 hrs. - 1500 hrs.  
T.G.I.F. on Fridays. Food at 1800 hrs. - Games at 1900 hrs.  
BINGO every Wed. in the Lounge commencing at 2000 hrs.  
Totem Sing Along - Every Sunday. Starting at 1930 hrs. Enjoy the new relaxing atmosphere in the Totem Annex. Live Entertainment. Table Service. Free admission. Bring the Wife, Girlfriend, and/or Boyfriend.

## CFB COMOX RESTAURANT GUIDE



EAT IN • TAKE OUT  
HAMBURGERS • SANDWICHES  
FISH & CHIPS • PRAWNS & OYSTERS  
SOFT DRINKS • COFFEE & TEA  
DESSERTS

**BROWNIES**  
fried chicken  
1743 COMOX AVE., COMOX 339-5322



**COME AND GET A REAL MEAL**  
Open Mon. - Thurs. 11 a.m. - 8 p.m.  
Fri., Sat. 11 a.m. - 9 p.m.  
Sun. Noon - 8 p.m.



**FAMILY RESTAURANT**

Full Service Menu • Open All Year Round  
AT THE DRIFTWOOD MALL 8 A.M. - 8 P.M.  
7 DAYS A WEEK.



**"EVERYBODY'S FAVOURITE"**  
OPEN 7 a.m. till 8 p.m. - 7 Days a Week  
BREAKFAST - LUNCH - DINNER  
1747 COMOX AVE., COMOX • 339-3911

FULL DINING FACILITIES



EAT-IN • TAKE-OUT  
Ice Cream • Burgers • fries • Sundaes • Party Ice  
OPEN 11 a.m. - 11 p.m. - 7 Days a Week  
2002 Comox Avenue, Comox

**THE RAFTERS**  
PIZZAS OUR SPECIALTY

OPEN Mon. - Thurs. 4 p.m. - 3 a.m. • Fri., Sat. 4 p.m. - 4 a.m. • Sun. 4 - 12 Midnight

FREE DELIVERY  
Call 338-7771  
1320 Cliffe Avenue

**Mexicana Inn**

DINING LOUNGE

Open Daily 6 p.m. till 10 p.m. - Except Sunday  
CALL 338-5441 For Reservations



**"EVERYBODY'S FAVOURITE"**

1080 Cliffe Ave., Courtenay  
338-5132

FULL DINING FACILITIES





## The terrible seven

Addition to the "Chiefs" Midst and welcome to new members. Pictured above L to R, bottom Row, CWO's Bob Frenette, Keith Wyman, Jim Craig, Back Row, CWO's Jim McCaffery, Jim Maybin and Jim McManus.

On the 6th Sept. the Chief Warrant Officers of CFB Comox held a luncheon at the Sgts. & WO's Mess to congratulate CWO Wyman on his promotion. The occasion

was also used to welcome CWO's McCaffery and McManus to the Base. Both Mr.'s Wyman and McCaffery are members of 407 Squadron. Jim McManus is the WO i c ATC. Unfortunately, CWO Lorne Blythe, who is on leave, was not available for the gathering and group photo.

There is no doubt a lot of people will gasp and say "Seven Chiefs" at CFB Comox. The reply of course is,

"Yes, and everyone of them old and crotchety". It is suggested if you are within view or shouting range of the terrible seven, conduct a quick appraisal of your dress and deportment that might decide whether you are suitably attired to be in his presence. The "Chiefs", as some of you may be painfully aware, still believe that discipline is something that must be enforced in today's Armed Forces.



## Wood and coal stoves

If you are considering the installation of a wood or coal stove, a fireplace, or a solid-fuel furnace you should give careful consideration to the safety aspects of the equipment and the installation. Expert advice is often required.

Here are some guidelines: **THE CHIMNEY**

The chimney is the most critical component of your heating system from a fire safety point of view. If it is to be used with solid fuels it must have been designed for that purpose, have a proper lining and be in a good state of repair. A chimney designed solely for use with oil and gas heating systems cannot be used for wood or coal as it could set fire to your home.

The chimney must also be cleaned regularly. Creosote build-up associated with the burning of some grades of wood and coal presents a fire hazard.

Ideally a stove should be connected to its own chimney with nothing else connected to it. Otherwise there is a danger that flue gases will be drawn into the house through a second opening under certain weather conditions. **THE STOVE**

The stove, including the grates, should be in good condition. Doors, dampers, etc., should be tight enough so that very little air is taken in thereby allowing you to control the rate of combustion. **STOVE LOCATION**

The stove (or metal fireplace) must be kept well clear of walls and partitions. If the wall or partition is not protected, the stove should be at least 36 inches away. If a metal and asbestos shield is used, with at least one inch clearance between the shield and the wall, the stove can be located as close as 18 inches. Anything less is unsafe. Similarly, combustible furniture and other flammables should be kept at least 36 inches away from a stove or fireplace.

**STOVE PIPES**  
Make sure that your stove pipes are in good condition and are cleaned regularly. Here again creosote build-up can present a fire hazard. To minimize build-up, pipes should be as short as possible.

Every effort should be made to avoid having stove pipes pass through walls, partitions or ceilings. If a pipe must pass through a wall or ceiling a heat-dispersing "thimble" should be used. Since most walls have 2 x 4 uprights 16 inches apart, reconstruction is necessary before a pipe is passed through. Otherwise there is danger that the uprights will ignite with heat from the pipe. **VENTILATION**

Some coal and wood units

consume a great deal of oxygen from the interior of the house. If your house is tightly sealed it may be necessary to have an outside duct providing air to the stove or furnace. Because they are tightly sealed, mobile homes are a particular hazard.

If you do not have a proper air supply it is possible that your family will be asphyxiated. **CONVERSION OF HEATING SYSTEMS**

If you originally have a coal or wood burning furnace in your home and subsequently converted to gas or oil, restoration of your original system should be relatively simple. It should be done by an expert, however. Your chimney and ductwork should be reinspected to ensure that they are adequate to handle the higher heat levels involved. **DUAL UNITS**

Dual units that allow both wood and oil to be burned in the same system are on the market. They consist of two separate furnaces with separate controls but using common ductwork for circulating heat. Standards for these units are still under development by the Underwriters Laboratories of

Canada and by the Canadian Standards Association. Be sure and discuss this with your dealer. **ADD-ON UNITS**

Great care should be exercised in selecting such units and in modifying existing furnaces. There are as yet no standards established by U.L.C. or C.S.A. for these add-on units. Thermostats on oil and gas units turn on electric fans which disperse heat when the furnace becomes too hot. These same controls also cut off the injection of fuel. A power failure also results in a halt in the injection of fuel in a gas or oil furnace thereby stopping combustion and eliminating fire hazard. This is not the case with wood or coal burning appliances. If wood or coal is burned without using a fan in a furnace, not originally designed for this purpose, it can become hot enough to ignite the ceiling or walls.

**YOUR INSURANCE**  
If you intend to change your heating system you should discuss this with your insurance agent or company. Your proposed action may be considered an additional risk for which an appropriate premium would be required.

## Professional safe performance

We really are interested in your hunting story and experiences, because it's an evaluation of our General Safety Program.

What does hunting have to do with General Safety? Well in the first place, our objective is to promote safety on and off the job, so whatever training, awareness and attitude you take with you on your hunting trip is likely to reflect how well we are doing at your normal place of work. Make sense?

If you come back without injury we know that our efforts to promote safe driving, fire prevention, explosives and ammunition safety, proper lifting habits, accident prevention, safe boating and wilderness survival are not in vain.

If you come back with a minor injury which has been successfully treated while you were on your hunting trip, we have some assurance that teaching first aid has increased both your awareness of hazards and your ability to cope with minor injury and to apply effective first aid.

If you hunt by boat and safely return, we know that

our publicity on hypothermia has led you to taking the precautions necessary to ensure that your body core temperature is not critically lowered. It means that safe boating habits and the provision of a personal flotation device for each person in the boat was a part of your planning.

If you avoid sudden death from fire or asphyxiation, we know that you have paid heed to our warnings about the use of portable heating devices, careful smoking habits and

the risk of falling victim to "the silent killer" carbon monoxide.

If you become lost but are found because you had taken time to tell your family or a friend your travel plan, used the survival techniques or the signalling instructions in our booklet "Wilderness Survival", or found your directions back to camp with the booklet tips, then the book has done its job.

If you safely handle your firearms and ammunition and avoid injury from explosives

of any kind, including those abandoned by mining or logging companies, it means you are able to recognize fuses, blasting caps, dynamite and also recognize the precautions for safe gun handling. The EOD specialists have done their job. If you properly maintain your hunting vehicle, trailer and boat, and exercise defensive driving, then Base efforts at POMV Safety, vehicle inspection, motorcycle safety and defensive driving training are being successful.

There is much more to hunting than a primeval instinct. It was once regarded as a proving ground for young tribal members and now for general safety. If you are fortunate enough to "bring back the bacon" as well as yourself, that's an added bonus. If you do run into problems we want to hear about it! Maybe your experiences can help guide the safety program and make hunting trips for others all they hoped it would be. Safe Hunting. SAFETY SAM

**Nanaimo Realty**

576 ENGLAND AVE.,  
Ph: 334-3124  
TELEX 00462541



**SPECTACULAR VIEW** from this home located in Union Bay. 1440 sq. ft. of pure living enjoyment with a full basement, 4 bedrooms and much, much more. \$56,900. **DOUG BEATTY** RES: 339-4966.



**THREE BEDROOM SPLIT LEVEL** on 90'x137' city lot. An excellent buy on today's market. Surface unit and wall oven included. 2nd bathroom down. Only \$42,500. **GORDON BLACKHALL** RES: 338-8076.

**RED & WHITE**  
FOOD STORES

**GOOD'S GROCETERIA**

Ruth, Gary and Jim Bourque  
Ryan Road, Comox, B.C.

Sept. 26 - 29.

<b>BONELESS CHUCK STEAK</b> Canada Grade A.....	lb.	<b>\$1.89</b>
<b>CROSS RIB ROAST</b> Canada Grade A.....	lb.	<b>\$1.89</b>
<b>MAPLE LEAF READY TO SERVE COTTAGE ROLLS</b> 3 lb. average.....	lb.	<b>\$1.69</b>
<b>MAPLE LEAF READY TO SERVE HAM STEAKS</b> 6 oz. pkg.....	ea.	<b>\$1.29</b>
<b>MAPLE LEAF SLICED COOKED HAM</b> 6 oz. pkg.....	ea.	<b>\$1.29</b>
<b>MAPLE LEAF WIENERS</b>	lb.	<b>\$1.49</b>
<b>CALIFORNIA RED GRAPES</b> Canada No. 1.....	lb.	<b>59<sup>c</sup></b>
<b>B.C. GREEN CABBAGE</b> Canada No. 1.....	lb.	<b>14<sup>c</sup></b>
<b>B.C. TURNIPS</b> Canada No. 1.....	lb.	<b>19<sup>c</sup></b>



## Editorials

## What's the difference

"Work fascinates me. I can sit and look at it for hours" — Well, that's a definition some of us might endorse. It's certainly more provocative than saying that work is what we HAVE to do while play is what we LIKE to do.

There are hundreds of ways to describe work some of which may make it more palatable, some will not. Work is something which most of us have to face. It is something we do, and that fact makes us workers.

The whole question of what constitutes a worker has become clouded. In any newspaper, a headline referring to workers invariably proceeds to report or discuss those individuals who belong to a trade union or, at least, are hourly-paid. At a recent dinner meeting when members introduced themselves, there was a majority of accounting and sales people. Finally a member rose to give his name and occupation and after saying he was an electrician added lightly "I guess I am the only worker here!"

Perhaps the time has come for all of us to consider and re-examine our attitudes to work. How DO we regard it? WHOM do we consider a worker? Is financial reward the only means by which to measure job satisfaction?

Much is heard about the size of the work force and about productivity and the great need to increase both. There is, too, a new "work ethic" which those born since the end of World War II are supposed to embrace. The

idea is that work for its own sake is not necessarily commendable, that work is only a means to an end, cash, and not an end in itself. Furthermore if work isn't enjoyable, it shouldn't be performed at all!

Could it be that the adversary relationship existing between union and employer stems from the basic differences in attitude to work? The feeling that only those involved in manual or industrial tasks actually work is absurd. Resentment is too easily fostered against those whose collars are not blue, who have no manual sweat on the brow.

If we are not all "WORKERS" what do you call the non-union, non-hourly paid? It cannot be said that employers, managers, professionals, volunteers and housewives are immune from worry and concern about people, about budgets and about job satisfaction or that what they do doesn't constitute work.

This is our city, our province and our country. It needs hard work by all of us if we are to combat inflation and improve productivity. We are all in the same boat. We all belong to the same work force. A recognition of this, and a greater awareness and appreciation of the contribution made by other sectors of the work force besides our own, could lead to a more concentrated and more effective effort. Isn't Canada worth it?

Courtesy Vancouver Board of Trade.

## Must things be so gloomy

Recent headlines in the United States tell us that there is a recession there, but that it is expected to disappear in the middle of next year — just in time for the Presidential election. One financial newspaper comments that, since this is the view of both professional and amateur economists, it will be a miracle if it comes about!

In Canada, we hear recognized economists saying that we are entering a long period of low growth and that we, too, are sliding into a recession that will last into 1980.

Why? There are many reasons given. In one instance, because of the Auto Pact, the reduced automobile demand in the United States will lower the sales of our auto and auto parts manufacturers. In another instance, incomes will barely be able to keep up with the rate of inflation in the near term. Additionally, housing supply is high and housing starts are slow — which is not good for construction or the lumber industry. We would hope government spending is going to decline and, while critical of government spending, we must admit that it DID pump money into the economy and create jobs. The higher interest rates will dampen demand for both consumers and business. Finally, since the United States is our biggest export market, any lessening of demand from there, will tend to reduce Canadian production.

Economists can probably find even more reasons for a recession in Canada but many of the reasons given are open to more than one interpretation. Indeed, there are other factors which suggest optimism and make a recession less likely. Perhaps even the definition of a recession is open to question. The current so-called recession in the

United States has some very uncharacteristic factors: incomes are rising, employment is rising, social security benefits have increased sharply and the financial institutions have plenty of capital for investment. In industrial production, some key indicators are favorable. Business and capital investment remain strong and to top it all, export trade is rolling ahead. If this is what constitutes a recession, we cannot think Canada will enter a recession.

We are, perhaps, a little better insulated from U.S. events than we usually allow. (Recent examples would be the gasoline shortage and the work stoppages by truckers not experienced here). On our side of the border, there is no slackening in domestic or world demand for significant components of our manufacturing industries, e.g. pulp and paper, steel and textiles. At the same time, the level of mineral and energy exploration activity is good and continues to be encouraged by high prices. Even lumber production, threatened with lower housing starts in the U.S., has held up well and the futures market in lumber still rises.

But ALL cannot be rosy. Productivity gains have been low. We still have a small population in a vast country with all the transportation and other problems that that can cause but there is clearly room for optimism. Canada is resource-rich, we have a cheap dollar and one of the most reasonable energy prices among the industrial nations. If we cannot do better than just squeak through a recession in the months ahead, then, the underlying problems are having more effect than we care to admit.

Courtesy Vancouver Board of Trade.

FRENCH LANGUAGE CLASSES  
RESUME

I DON'T UNDERSTAND IT. FIFI AT THE CHICOUTIMI BAR THOUGHT IT WAS FUNNY.



## Greensheet editor tops in journalism contest

RICHMOND, B.C. — Editor George LeMasurier of the Comox District Free Press took top honors Friday night at the presentation of Macmillan Bloedel's 17th annual journalism awards for writers

on British Columbia community newspapers. LeMasurier received the \$750 first prize for a two-part series examining the problems of handicapped children and community

efforts to assist them and their parents. It was his third MB award in four years, following a second-place finish last year and a first in 1976.

This year's \$373 runner-up award went to Chris Lloyd of the North Shore News for an interview-based story about a West Vancouver police detective who suffered almost fatal wounds in a bank robbery shootout and later returned to his job.

The presentations at the annual convention of the B.C. and Yukon Community Newspapers Association also included honorable mentions

of \$150 each to: — Sydney Jones, "Interchange" section editor of the Kamloops News, for her four-part study of child abuse;

— Dave Todd, for three articles about health care problems resulting from financial restrictions on hospitals, published in Monday Magazine of Victoria;

— Peter Grant, for another Monday Magazine series, which studied the causes, symptoms and treatment of juvenile delinquency;

— Pat Turkki, for a feature article on the relationship between a mentally retarded

boy and his volunteer tutor, published in the Lakes District News-Houston Today (of Burns Lake). It was her third MB award in as many years, after taking the top award last year and an honorable mention in 1977.

Winners were selected by a panel of independent judges: John Farrington, publisher and general manager of the daily Nanaimo Free Press; Ted Fairfax, an assistant managing editor of the Vancouver Province, and George MacFarlane, a partner in the public relations firm of MacFarlane Morris Ltd.

## Abuse of credit

Abuse of consumer credit is a serious problem in B.C. "and it's not getting any better," Consumer and Corporate Affairs Minister Jim Nielsen told the Credit Grantors of Vancouver yesterday.

Nielsen said in a speech to the group that British Columbians owe approximately \$3½ billion in consumer loans, making them second only to Albertans in average consumer debt. British Columbians owe approximately \$1541 per capita, a figure that is rising at a rate of 15 per cent a year.

Nielsen said that among the contributing factors to the debt problem is the claim by many advertisers that credit is "easy to obtain" and "easy to repay". He also singled out inadequately-trained credit granting personnel; incomplete credit records that fail to indicate when a consumer is already over-extended; excessively liberal credit policies in department stores; and failure of many applicants to disclose all their debts when applying for

additional credit.

"People don't seem to have any difficulty getting credit, even though many have obvious difficulty making their payments," he said. Nielsen said his Ministry's debtor assistance counsellors have had good success in helping debtors get back on their feet. Last year they assisted 3,500 debtors repay almost two million dollars to their creditors, by working out budgets and negotiating manageable pay back plans. Most debtors who approach Ministry counsellors have what Nielsen described as "unmanageable" debts totalling more than half their annual income, not including mortgage payments, rent, or other living expenses.

The Minister pointed out that the credit granting industry is the tenth largest in the province, earning more than \$500 million annually.

"It's your problem. You are part of the problem," he said, challenging the group to help improve the debt situation.



School Bus Safety Week  
September 23-30

We are still  
short of staff.

**WANTED**

Advertising Manager  
Proofreader  
Editorial writers

It involves a lot less  
time than you imagine.

CALL BRIAN PUTTOCK  
339-2211 loc 238  
Home 339-5370

**CNA TOTEM TIMES**

Published every second Thursday, with the kind permission of Colonel B.T. Burgess, Base Commander, CFB Comox. Second Class mail registration is 4098.

EDITOR: Brian Puttock (238) or (339-5370)  
EDITORIAL STAFF: Gord Kruger, Ole Johansen, Pete Whitter, Ken Lahaie, Doug Baker, Janie Baker  
SPORTS EDITOR: Rick Boswell (423) or (338-7337)  
PHOTOGRAPHER: Joanne Stoeckl, Maurice Robert, Rob Turesdale  
CARTOONIST: Willie Haras  
PROOFREADER: Jean Copeland  
CIRCULATION: The Juneau Family (338-6215)

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical errors, no goods may be sold and difference charged to this newspaper item. "Advertising is an offer to sell and may be withdrawn at any time." VOR 2K0.

Printed in Courtenay, B.C., by the Comox District Free Press



# Promotions and awards



## Awards/Promotion/Certificates



## New WO Lloyd Billings



## New Sgt. Joe Ziemiński



## New Sgt. Ed Murphy

All photos by Base Photo



## Opey Dopey Grads

RECENT GRADUATES of the OPDP program were presented with their scrolls by the B. Comd. Back row L to R. Capt. Day, Clelland, Redden and

Brown. Front row L to R. B.Comd. Col. B.T. Burgess, Capt. Henderson.

## Tech of the month

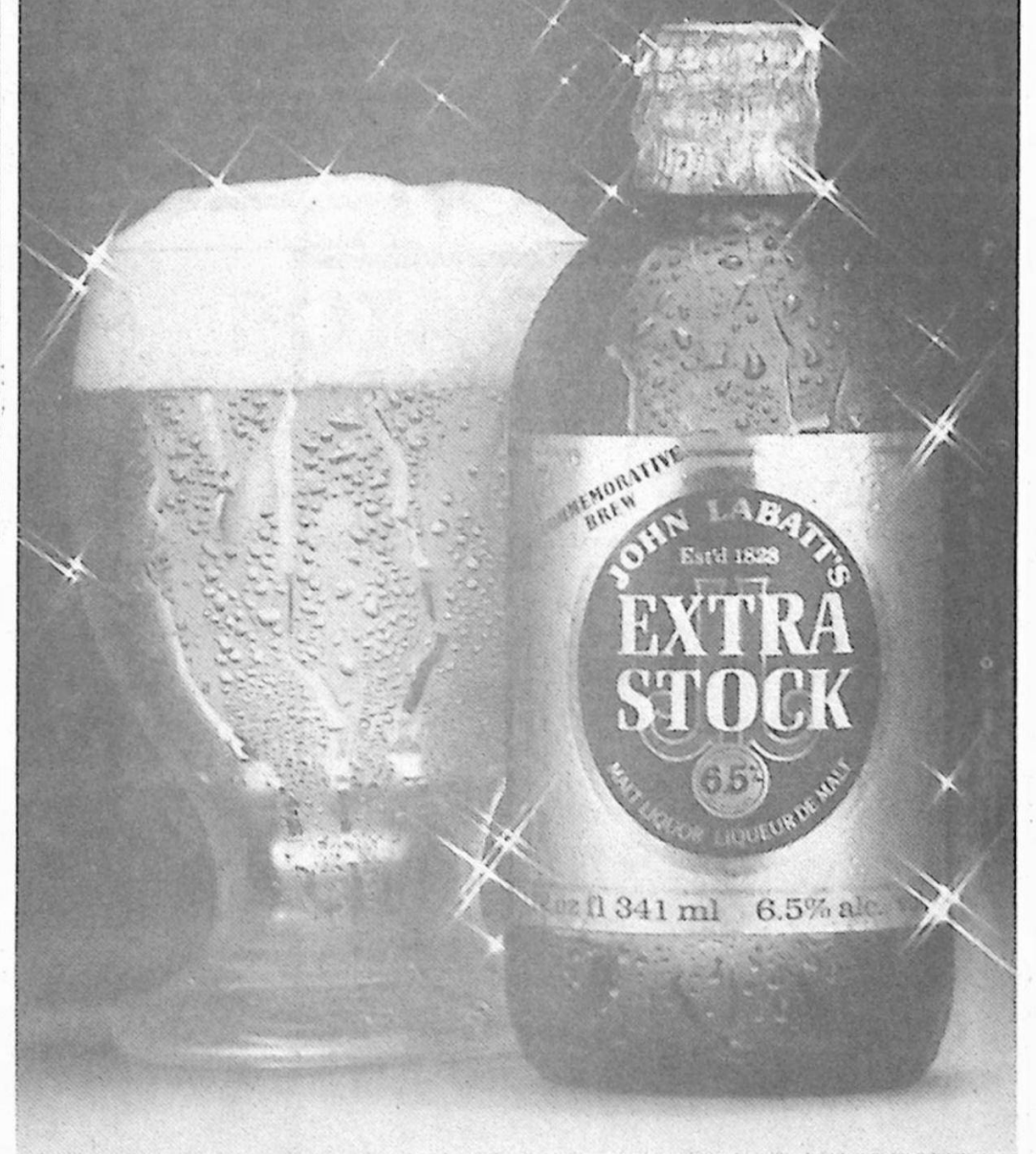
409 Squadron Safety Technician of The Month Award goes out to MCpl. Sandberg for the month of September.

MCpl. Sandberg was selected because he is a dedicated believer in safety, and he practices safety both on and off the job.

He has been in CFB Comox for 6½ of his 22 years in the service.

Jim resides in Comox with his wife Thelma and two daughters, Joan, 10 and Janet, 7.

Brewed for those who demand a little extra.



Brewed for extra flavour, extra smoothness and extra taste satisfaction, John Labatt's Extra Stock is our newest premium quality product. You'll find it smooth and mellow going down.

Founded by John Labatt in 1828, and still owned by Canadians, Labatt's is proud to introduce John Labatt's Extra Stock. It commemorates our 150 years of brewing fine, quality beer in Canada. It's truly something extra... for our friends.

## MARINER APARTMENTS & SEASCAPE APARTMENTS

COMOX AVENUE, COMOX  
(Next to the Hospital)

- OCEAN AND MOUNTAIN VIEW
- W.W. CARPETING
- DRAPES
- STOVE AND FRIDGE
- FREE CABLEVISION
- INDIVIDUAL SUNDECKS
- LAUNDRY ROOM EACH FLOOR
- LOCKER ROOM EACH FLOOR
- CONTROLLED ENTRANCE
- AMPLE PARKING
- ELEVATOR
- RESIDENT MANAGERS

For Appointment To View

PHONE 339-5417 or 339-5309



The record height for a kite is over four miles. Ten kites were put together for the record-breaking flight.

AT THE TOP OF MISSION HILL  
North Island Highway, Courtenay, B.C.

## CHRYSLERS - PLYMOUTH - DODGE TRUCKS

VANS - MOTOR HOME VANS - PICK-UPS - 4-WHEEL DRIVES

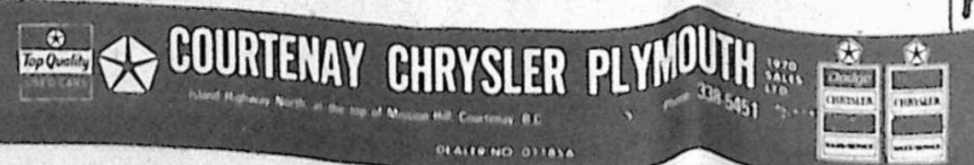
OMNI  
HORIZON

CARS

FRONT  
WHEEL DRIVE

CORDOBA - MAGNUM - LeBARON

"SERVICE AFTER THE SALE"





S  
U  
P  
P  
O  
R  
T


# 11<sup>th</sup> birthday Sale!

27 Sep - 6 Oct

Y  
O  
U  
R  
E.  
X.

## BASE EXCHANGE SNACK BAR

### HOURS OF OPERATION

Effective Oct. 1, 1979

Mon. - 8 a.m. - 6:00 p.m.  
 Tues. - 8 a.m. - 6:00 p.m.  
 Wed. - 8 a.m. - 6:00 p.m.  
 Thurs. - 8 a.m. - 8:30 p.m.  
 Fri. - 8 a.m. - 6:00 p.m.  
 Sat. - 10 a.m. - 5:00 p.m.  
 Sun. - 12:00 - 5:00 p.m.  
 Holidays - 12:00 - 5:00 p.m.

### DAILY SPECIALS

FOR ANNIVERSARY SALE

### WEEKLY SPECIALS

Thurs. - Cabbage Rolls & Fries ..... \$1.60  
 Fri. - Clubhouse Sandwich & Fries ..... \$2.50  
 Sat. - Hot Dog & Fries ..... .75  
 Sun. - Roast Beef Dinner \$2.75 CHILDREN \$2.00  
 Mon. - Hot Hamburger Sand., Fries & Veg. \$1.50  
 Tues. - Chili & Toast ..... \$1.15  
 Wed. - Cabbage Rolls & Fries ..... \$1.60  
 Thurs. - Hot Beef Sandwich, Fries & Veg. \$2.50  
 Fri. - Seafood Platter - Shrimp, Scallop, Cod, Fries \$2.75  
 Sat. - Bacon & Tomato Sandwich & Fries \$1.50

### FRENCH FRIES

30<sup>c</sup> an order

### 16 oz. COKE & HAMBURGER

\$1.35

(Keep the Glass).

(While Quantities Last)

COFFEE ..... 15<sup>c</sup> Cup  
 MILKSHAKES .67

## Base Exchange Service Station

### HOURS OF OPERATION

Mon. - 8 a.m. - 6 p.m.  
 Tues. - 8 a.m. - 6 p.m.  
 Wed. - 8 a.m. - 6 p.m.  
 Thurs. - 8 a.m. - 6 p.m.  
 Fri. - 8 a.m. - 6 p.m.  
 Sat. - 9 a.m. - 5 p.m.  
 Sun. - 10 a.m. - 5 p.m.  
 Holidays 10 a.m. - 5 p.m.

### DISCOUNT DAYS

27 Sept. & 4 Oct.  
GAS - Save .03<sup>c</sup> gal. (.07<sup>c</sup> Litre)

### ANTIFREEZE

Full Gallon

Reg. 6.79. SALE

6<sup>27</sup>

### BOSCH LIGHTS

For Most Cars. SPECIAL OFFER

SAVE!

5<sup>00</sup>

SAVE!

### B.B.Q. FLUID

Reg. 79<sup>c</sup>. SPECIAL

(While Stock Lasts)

47<sup>c</sup>

### CAMPER FUEL

2<sup>27</sup>

### BIRTHDAY SPECIAL

### SHELL OIL FILTERS

SALE PRICE

1<sup>79</sup>

### SPECIAL!! AUTO PLASTIC POLISH

(While Stock Lasts)

Reg. 1.00

SALE

77<sup>c</sup>



# SUNDAY - 12:00 - 17:00 - FAMILY DAY



BRING  
THE FAMILY OUT.  
HELP US TO  
CELEBRATE THE  
11th E.X. ANNIVERSARY.



JOIN US FOR FREE  
CAKE & COFFEE

STAY FOR A  
ROAST BEEF DINNER

AT THE  
SNACK BAR

Served from 12:00 - 19:00

ADULTS - 2.75

CHILDREN - 2.00

\*\*\*\*\*

FREE SUCKERS  
FOR CHILDREN

\*\*\*\*\*

"SMILE"

OUR CAMERA  
WILL BE WATCHING  
YOU!!

**!! SPECIAL DRAW !!**  
FOR CASHING FAMILY ALLOWANCE CHEQUES  
**50<sup>00</sup>**  
GIFT CERTIFICATE  
(DRAW TO BE HELD MONTHLY FOR 25.00)

**Cigarettes**

Reg. & King Size

**\$6<sup>97</sup>**

**APPLE  
DRINK**

48 oz.

**67<sup>c</sup>**

Face  
Cloths .... **27<sup>c</sup>**

Hand  
Towels .... **87<sup>c</sup>**

Bath  
Towels ..... **1<sup>87</sup>**

*Clearance  
Specials*

**ASSORTED  
HOCKEY  
EQUIPMENT**

KAISER  
"Sheer Indulgence"

**PANTIES & HOSE**

"ALL IN ONE"

Suggested Retail 2.50

SPECIAL .... **1<sup>47</sup>**

**LONG  
SKIRTS**

**1/2 PRICE**

## !!! DAILY DOOR OPENING SPECIALS !!!

(WHILE QUANTITIES LAST)

• THURSDAY •

**E.X. Garbage Bags**

**67<sup>c</sup>**

• FRIDAY •

**LIGHT BULBS**

2's **2/97<sup>c</sup>**

• SATURDAY •

**HAND SOAP**

Zest and Camay

**3/1<sup>17</sup>**

• SUNDAY •

**CIGARETTES**

Regular & King Size

**6<sup>97</sup>** ctn.

• SUNDAY •

**COTT CANNED POP**

**4/97<sup>c</sup>** 10 oz.  
(Plus Deposit)

• SUNDAY •

**OLD DUTCH  
POTATO CHIPS**

**3/1<sup>97</sup>**

• MONDAY •

**Tang Crystals**

**97<sup>c</sup>**

• TUESDAY •

**HEAD & SHOULDERS  
SHAMPOO**

**1<sup>87</sup>**

• WEDNESDAY •

**KLEENEX**  
100/2 Ply

**3/97<sup>c</sup>**

(Limit 6 Per Customer)

• THURSDAY •

**TIDE**  
LAUNDRY DETERGENT

6 Litre **2<sup>97</sup>**

• FRIDAY •

**KLEENEX  
PAPER TOWELS**

**97<sup>c</sup>**

(Limit 5 Per Customer)

• SATURDAY •

**DELSEY  
TOILET TISSUE**

4's **97<sup>c</sup>**

(Limit 5 Per Customer)



# SUNDAY - 12:00 - 17:00 - FAMILY DAY



BRING  
THE FAMILY OUT.  
HELP US TO  
CELEBRATE THE  
11th E.X. ANNIVERSARY.



JOIN US FOR FREE  
CAKE & COFFEE

STAY FOR A  
ROAST BEEF DINNER

AT THE  
SNACK BAR

Served from 12:00 - 19:00

ADULTS - 2.75

CHILDREN - 2.00

\*\*\*\*\*

FREE SUCKERS  
FOR CHILDREN

\*\*\*\*\*

"SMILE"

OUR CAMERA  
WILL BE WATCHING  
YOU!!

**!! SPECIAL DRAW !!**  
FOR CASHING FAMILY ALLOWANCE CHEQUES  
**50<sup>00</sup>**  
GIFT CERTIFICATE  
(DRAW TO BE HELD MONTHLY FOR 25.00)

**Cigarettes**

Reg. & King Size

**\$6<sup>97</sup>**

**APPLE  
DRINK**

48 oz.

**67<sup>c</sup>**

Face  
Cloths .... **27<sup>c</sup>**

Hand  
Towels ... **87<sup>c</sup>**

Bath  
Towels ..... **1<sup>87</sup>**

*Clearance  
Specials*

**ASSORTED  
HOCKEY  
EQUIPMENT**

KAISER  
"Sheer Indulgence"

**PANTIES & HOSE**

"ALL IN ONE"

Suggested Retail 2.50

SPECIAL .... **1<sup>47</sup>**

**LONG  
SKIRTS**

**1/2 PRICE**

## !!! DAILY DOOR OPENING SPECIALS !!!

(WHILE QUANTITIES LAST)

• THURSDAY •

**E.X. Garbage Bags**

**67<sup>c</sup>**

• FRIDAY •

**LIGHT BULBS**

2's **2/97<sup>c</sup>**

• SATURDAY •

**HAND SOAP**

Zest and Camay

**3/1<sup>17</sup>**

• SUNDAY •

**CIGARETTES**

Regular & King Size

**6<sup>97</sup>** ctn.

• SUNDAY •

**COTT CANNED POP**

**4/97<sup>c</sup>** 10 oz.  
(Plus Deposit)

• SUNDAY •

**OLD DUTCH  
POTATO CHIPS**

**3/1<sup>97</sup>**

• MONDAY •

**Tang Crystals**

**97<sup>c</sup>**

• TUESDAY •

**HEAD & SHOULDERS  
SHAMPOO**

**1<sup>87</sup>**

• WEDNESDAY •

**KLEENEX**

100/2 Ply

**3/97<sup>c</sup>**

(Limit 6 Per Customer)

• THURSDAY •

**TIDE  
LAUNDRY DETERGENT**

6 Litre **2<sup>97</sup>**

• FRIDAY •

**KLEENEX  
PAPER TOWELS**

**97<sup>c</sup>**

(Limit 5 Per Customer)

• SATURDAY •

**DELSEY  
TOILET TISSUE**

4's **97<sup>c</sup>**

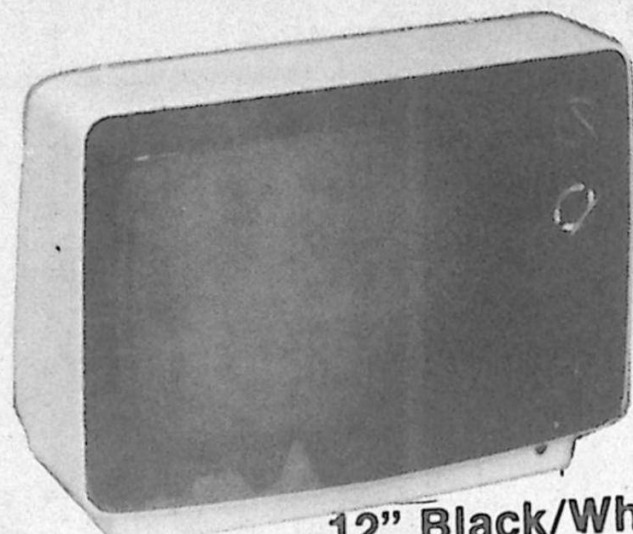
(Limit 5 Per Customer)



SUPPORT

SAVINGS FOR ALL **BIRTHDAY** GIFTS FOR ALL  
**SELL-A-BRATION**

YOUR  
E.X.



**12" Black/White  
Portable Television**  
by Magnasonic

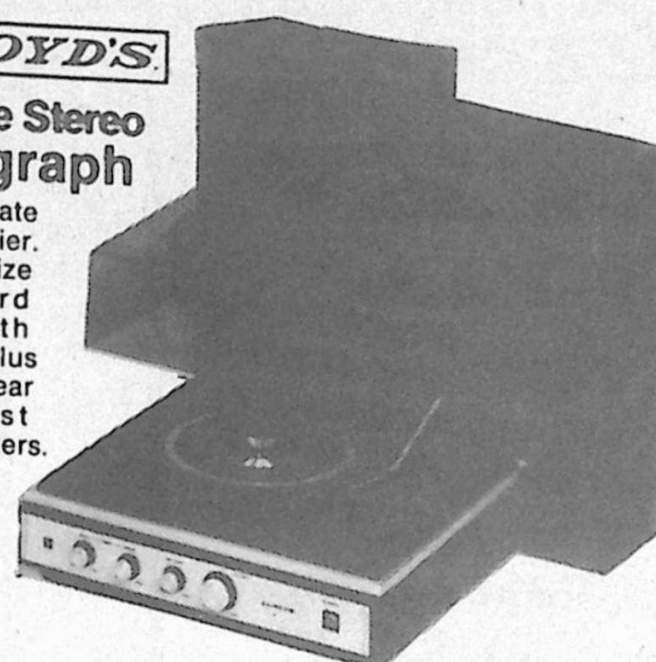
AC/DC with adaptor, UHF-VHF  
channel selector, earphone jack.

**89<sup>97</sup>**

**LLOYD'S**

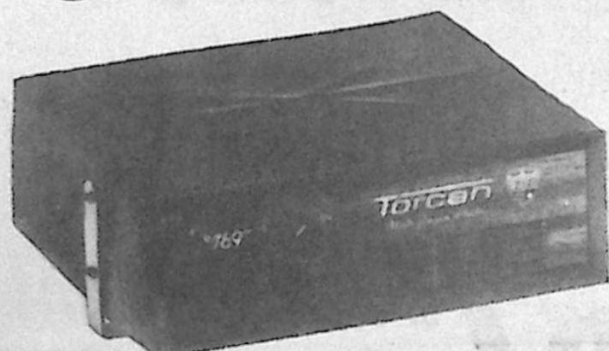
**Solid State Stereo  
Phonograph**

100% solid-state  
stereo amplifier.  
BSR full-size  
auto. record  
changer with  
adjustable stylus  
pressure. Clear  
acrylic dust  
cover. 2 speakers.



**79<sup>97</sup>**

**TORCAN  
CAR HEATER**



*Birthday  
Special*

**17<sup>97</sup>**

**LLOYD'S**

**Portable 8-Track  
Player with  
AM/FM Radio**

Two-position hi/lo tone  
control. Telescoping FM  
antenna. Built-in 8-track  
tape player with auto-  
starting mechanism. Play  
starts as soon as tape is  
inserted. 4" round perma-  
nent magnet dynamic  
speaker. Adjustable  
shoulder strap.



**44<sup>97</sup>**

**PRO/4AAA  
STEREOPHONE**

Headband of exclusive  
Koss Pneumalite dual  
suspension; fully adjustable;  
glove-soft vinyl cover. One  
year warranty.



**69<sup>97</sup>**

**ADIDAS "MARK II"  
Running Shoes**

Cangoran lightweight uppers  
with blue stripes and heel  
patch. Men's sizes 6-12,13.



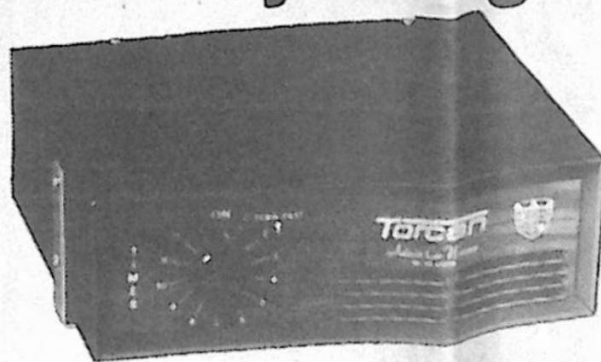
**12<sup>97</sup>**

**"GEMINI" Running Shoes**

Green velour uppers with  
citron stripes and heel patch.  
Men's sizes 6-12,13.

**11<sup>97</sup>**

**TORCAN  
Battery Charger**



*Birthday  
Special*

**17<sup>97</sup>**

**ADIDAS Athletic  
Travel Bag**

*Birthday Special*

**8<sup>97</sup>**



**Jug and Utensils**

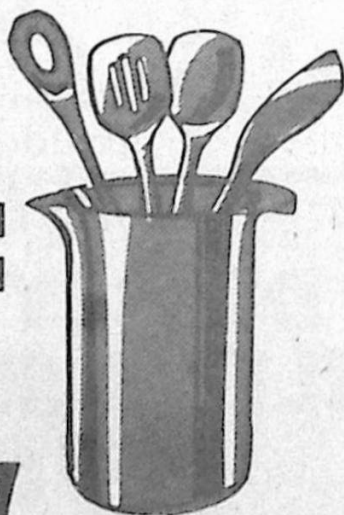
Break resistant, dishwasher proof,  
bright colours.

**9<sup>97</sup>**

**3 Pce Lipped  
Mixing Bowl  
Sets**

Dishwasher  
proof, bright  
colours.

**13<sup>97</sup>**



**Cheese Bell**

Perfect little cheese bell with base  
made of natural pine.

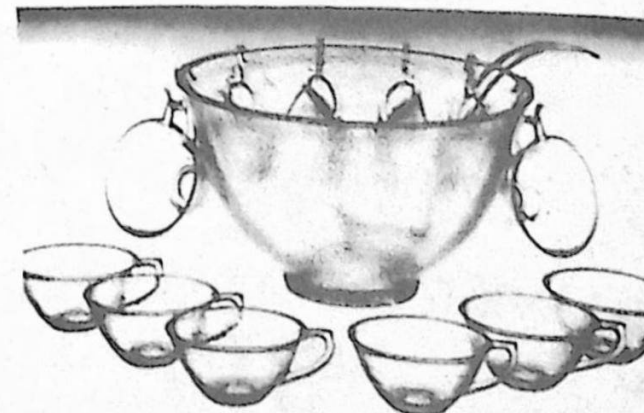
**6<sup>97</sup>**



**25 Pce Heavy Glass  
Punch Bowl Set**

Set consists of 6 1/2 qt  
bowl, 12 handled cups, 12  
hooks, 1 clear plastic  
ladle.

**14<sup>97</sup>**





S  
U  
P  
P  
O  
R  
T

# 11<sup>th</sup> Birthday Sale!

27 Sep - 6 Oct

Y  
O  
U  
R  
E.  
X.SCOTTY DEPTH KING  
& DOWNRIGGERS**79<sup>97</sup>**DAIWA  
4000 REELS**37<sup>97</sup>**BLACK & DECKER  
DELUXE  
WORKMATES**59<sup>97</sup>**

SPOON SET

With  
Rack**7<sup>97</sup>**

GRUEN WATCHES

E.X. Price .... **50% OFF**

BULOVA WATCHES

E.X. Price .... **30% OFF**

Mens

\*SUITS

\*BLAZERS

\*SHIRTS

**1/2 PRICE****REDUCED TO  
CLEAR**BASEBALL - GLOVES  
& - BATS  
SOFTBALL - BALLSBLACK & DECKER  
7<sup>1</sup>/<sub>4</sub>" CIRCULAR  
SAW**29<sup>97</sup>**

POLE LAMPS

Save  
Up To**50%****KODAK**

Colorburst "100"

Colorburst "200"

**25% OFF**

CHILDRENS CLOTHING

Jeans

8-14. Reg. 4.99. Sale

**2.97**Turtle Neck  
T-Shirts**2.97**Girls  
Sweaters**3.97**TENNIS BAG  
SETS**12<sup>97</sup> & 6<sup>47</sup>**TABLE TENNIS  
SETS**2<sup>77</sup>****BIKES**Boys or Girls  
Standard**87<sup>00</sup>**BLACK & DECKER  
3/8" Variable Speed  
Reversing Drill Kit**39<sup>97</sup>**LE CREUSET  
POTS & PANS**20% OFF****3 PIECE  
LUGGAGE**

Reg. 88.97

Now .....

**44<sup>97</sup>**

(3 Only)



# Fire Prevention Week

# Oct 7-13

## Muscular Dystrophy

The muscular dystrophy drive, held by the Base Fire Department will be on the 28th of September at the Main and PMQ Gate.

14 Facts about M.D.:

1. Muscular dystrophy is a disease that permanently paralyzes its victims.
2. The paralysis results from the gradual destruction of the leg, arm and shoulder muscles.
3. Sometimes the muscles of the face are affected.
4. Muscular dystrophy is not caused by a germ.
5. It is not infectious.
6. It is genetic, and can be inherited from the father or mother or both.

7. It can strike children or adults of either sex.
8. Many types of MD exist; only a handful are common.
9. The most prevalent type, Duchenne MD, affects boys only.
10. Boys with Duchenne MD cannot expect to live beyond their teens.
11. Duchenne is passed on from mother to son.
12. It is now possible to test women to find out if they are carriers of Duchenne.
13. Medical science does not yet possess a cure for MD.
14. The Muscular Dystrophy Association of Canada is trying to find a cure.

## Firing away

Fire Prevention Week is fast approaching. It is a busy week for our Fire Department as we try to inform all personnel of the need for fire safety. Not that we don't do this in the other 51 weeks but because this is the week that fire prevention was born in. It commemorates the great Chicago fire that occurred the 8th and 9th of October 1871. This fire destroyed 17,450 buildings and caused property damages estimated at 168 million dollars and approximately 300 persons perished.

At CFB Comox during the period October 1978 to September 1979, we were fortunate to have only 3 fires with a total dollar loss of \$3535.00. More important than that, we had no fatalities from these three fires. But they could have been prevented. This is the reason for fire prevention education. People cause most fires and people can prevent most fires.

To kick off fire prevention week, a schedule of events to

take place is advertised for you. Don't forget the parade that will take place Sunday, October 7th at 1230 hours. Have your children decorate their bikes and meet us at the Base Exchange parking lot at 1230 hours. Prizes will be given for the best decorated bikes. Then the parade will travel through MQs and terminate at the Canex parking lot. After the parade, come over to the Fire Department where an Open House is planned from 1400-1600 hours. Fire Department personnel will be there to greet you and will be more than happy to show and explain our display of fire fighting equipment. We also have films for the kids and to top off all that, we have some surprises for everybody.

There is a fire safety crossword puzzle contest located elsewhere in the newspaper and the first correctly completed puzzle drawn will be the winner of a prize. So fill it out and deliver it to the fire department.

## Week program

### PROGRAM FOR THE WEEK OF 7-13 OCTOBER

SUNDAY 07 OCT. 79

- Opening day parade and Bike contest 1230 - 1400 hrs.
- Open House at Base Firehall 1400 - 1600 hrs.
- Firehall films 1430 hrs.

MONDAY 08 OCT. 79

- Unannounced fire drill.

TUESDAY 09 OCT. 79

- Unannounced fire drill.
- Talk and demonstration to Auto Club personnel 0900 hrs.

WEDNESDAY 10 OCT. 79

- Unannounced fire drill.

- Lecture and demonstration to R.T. Garage 1000 hrs.

THURSDAY 11 OCT. 79

- Unannounced fire drill.
- Lecture and demonstration to some personnel of 409 section 0900 hrs.

FRIDAY 12 OCT. 79

- Unannounced fire drill.
- Lecture and demonstration to ARAAF personnel 0900 hrs.

SATURDAY 13 OCT. 79

- Presentation of prizes at Airport School.

## Crossword contest

1. This contest is open to all military and civilians employed at CFB Comox and their dependents, excluding members of the Fire Dept. or their dependents.
2. All entries must be brought to the Fire Dept. and placed in the entry box.
3. All entries must be placed in the entry box prior to 1800 hrs., 8 October 1979.

4. The first correct crossword puzzle done will be the winner. If no crossword puzzle is totally correct the one with the least number of mistakes will be the winner.
5. Draw for the winner of the prize will take place Tuesday night, 8 October 1979. The name of the winner will be published in the next edition of the Totem Times.

## ints For Homeowners

Home Improvement, Safety And Economy

If you're like most Americans, you are really beginning to "think economy." There's a new and increasing awareness among all that we won't be able to enjoy forever the fruits of the world's highest standard of living, unless we do.

Fortunately, economizing has become not only popular but a proud achievement. Husbands and wives are doing their own home repair and improvement work, cutting outside-help costs and practicing economy in the purchase of quality, lifetime tools with famous names like Crescent, Nicholson and Wiss. Home-sewing is on the rise, too.

With gasoline both short and expensive, Americans are driving less by planning their car use—car pooling to

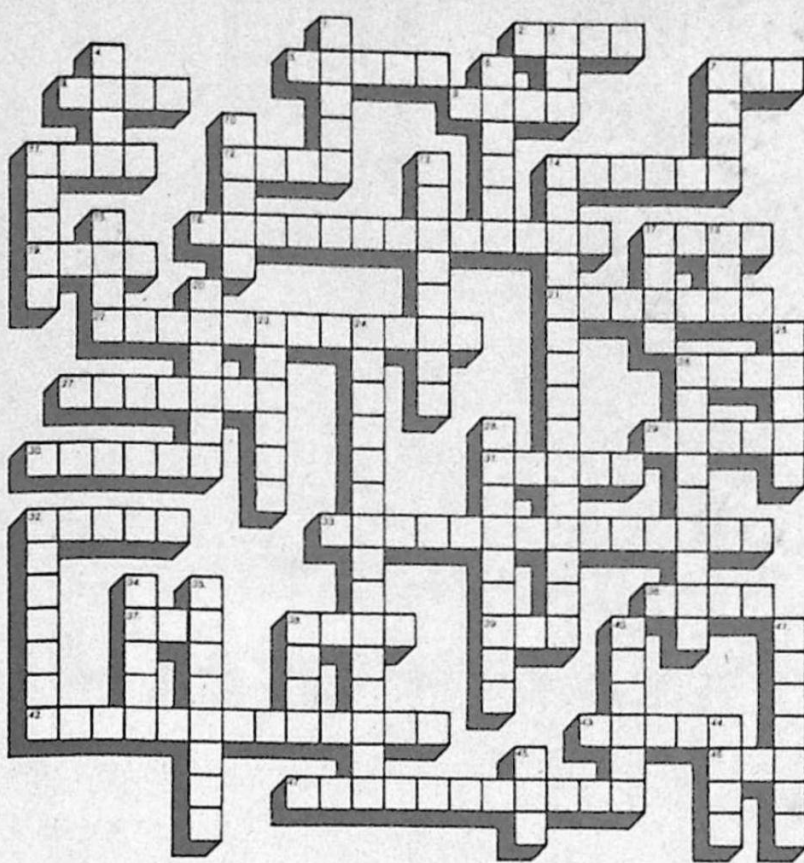


Saving money by doing-it-yourself is becoming increasingly popular.

school and work, making one "downtown" trip accomplish the results of two, using public transportation more. We've readjusted our home heating and cooling levels, insulated attics and are using home appliances sparingly, with forethought, to economize and conserve.

There is hope. Inflation and shortages can be controlled if we're wise and economize!

## Firesafety Crossword



### Across

2. If clothes catch on fire, \_\_\_\_\_ to the floor and roll.
5. If trapped in smoke, \_\_\_\_\_ out of the room.
7. Used to break down locked doors.
8. Used to get the water from here to there.
9. Learn Not to \_\_\_\_\_.
11. Don't run one of these under a rug.
12. Stop, Drop, and \_\_\_\_\_.
14. NFPA's firesafety dog.
16. A huge fire that destroys many buildings.
17. \_\_\_\_\_ the fire department.
19. Way out of a public building.
21. Improperly stored gasoline can \_\_\_\_\_.
22. If you have a fire \_\_\_\_\_, do you know how to use it?
26. Used to support combustion.
27. Short \_\_\_\_\_ (electrical).
29. Invisible gas that can explode or catch fire \_\_\_\_\_ (rhymes with paper).
30. Sleep with bedroom doors \_\_\_\_\_.
31. Lightweight cotton burns fast. Polyester \_\_\_\_\_.
32. Most fatal fires occur in people's \_\_\_\_\_.
33. Look for this label in children's clothes.
37. If you smell smoke, don't open the door. Feel it to see if it's warm or \_\_\_\_\_.
38. Every home needs an evacuation \_\_\_\_\_.
39. Disconnects overloaded electrical circuits.
39. "isn't"
42. Can alert you to a fire, before you might smell, hear, or see it.
43. In an emergency, whatever you do, don't \_\_\_\_\_.
46. Appliances can become hazardous when they are \_\_\_\_\_.
47. Will burn.

### Down

1. A regularly scheduled fire \_\_\_\_\_ could save your life someday.
3. Walk, don't \_\_\_\_\_.
4. Feel, before opening it, if you suspect fire.
6. Electrical \_\_\_\_\_ covers protect youngsters.
7. Keep matches \_\_\_\_\_ from children.
10. Deliberately set fire.
11. Hydrant contents.
13. Flammable substance needing special container.
14. Overcome not by fire, but \_\_\_\_\_.
15. \_\_\_\_\_ escapes save lives.
17. \_\_\_\_\_ H<sub>2</sub>O soothes scalds.
18. Put out a pan fire with the \_\_\_\_\_.
20. A flammable \_\_\_\_\_ should never be stored in a glass jar.
23. Your prime goal in a fire is to \_\_\_\_\_.
24. Most factories are required to have a \_\_\_\_\_ for fire protection.
25. A false one is pretty foolhardy.
26. Trucks must be labeled if they contain \_\_\_\_\_ liquid.
28. If you even think you smell smoke, act like it is an \_\_\_\_\_.
32. Many of these lurk in the basement.
34. Frayed or broken wires may \_\_\_\_\_ you.
35. Electrical appliances should comply to a safety \_\_\_\_\_.
38. Noxious gas, rhymes with room.
40. Houdini did. You better know how.
41. A mattress may \_\_\_\_\_ for hours before burning.
44. \_\_\_\_\_ a burn with water.
45. Memorize your fire department phone number so you'll know it if you need emergency \_\_\_\_\_.

## SERVICE DIRECTORY

Use your local businesses to save time and money

REQUIRE WASHER AND DRYER, DISHWASHER DISCONNECTED FOR MOVE OR CONNECTED FOR POST MOVE?

CONTACT:

**SALTER & NEWELL**  
APPLIANCE REPAIRS LTD.

THREE QUALIFIED TECHNICIANS FOR SAME-DAY SERVICE. REPAIRS TO ALL MAKES OF APPLIANCES & REFRIGERATORS.

PHONE  
334-4553

2677 COUSINS ROAD  
COURTENAY

## COMOX BUILDERS CENTRE LTD.

554 Anderton Road, Comox, B.C.

We offer a good, general selection of lumber, building supplies and hardware.

BUT Our Specialty is Service

Saws Sharpened

Hours — 7:30 a.m. - 5:30 p.m.

Drop in and see us or PHONE 339-2207

## CATHAY RESORT

KYE BAY

R. R. 1, COMOX

Phone 339-2921

New fully equipped large 2-bedroom family units  
Daily, Weekly and Monthly Rates

Owners: BETTE & DOUG HANDEL



## QUALITY BICYCLES

PARTS AND ACCESSORIES  
COST LESS AT THE

## PEDAL PUSHER

168 Fifth St.  
CHARGEX

334-4845  
MASTER CHARGE TRADES

## KING'S PIANOS & ORGANS

Factory To You

★ HEINTZMAN PIANOS  
★ HAMMOND ORGANS

PRICES THE SAME CANADA WIDE  
USED PIANOS AND ORGANS  
LARGE SELECTION OF MUSIC

DRIFTWOOD MALL, Courtenay

338-5662

## G & N MOTORS CO. LTD.

LAWNMOWERS • ROTOTILLERS • CHAIN SAWS

• SMALL MOTORS

BOUGHT, SOLD AND REPAIRED  
CHAIN SAW SHARPENING  
NEW AND USED

339-4518

CARL ACKLAND  
409 Pritchard Road  
Comox

## TAYCO PAVING CO. LTD.

867 FIFTH ST., COURTENAY, B.C.

PAVING CONTRACTORS

- INDUSTRIAL
- COMMERCIAL
- RESIDENTIAL
- MUNICIPAL

Phone 338-7251

## \*Alternators

\*Voltage Regulators

\*Starters

\*Rewind Electric Motors

\*Tune-Ups

\*Fast Service

**COMOX VALLEY AUTO ELECTRIC**  
(Foot of Ryan Road Hill)

338-5073

## BAYVIEW COLOR CENTRE

3080 Comox Rd.  
Courtenay B.C.

339-3711

(Next to Animal Hospital)

SERVING THE COMOX VALLEY WITH SHERWIN-WILLIAMS,  
BAPCO PAINTS AND OLYMPIC STAINS.

Come in and see our large selection of  
Wallpaper Books

SERVICEMEN AND FAMILIES WELCOME AT

## CHELtenham COURT MOTEL



COURTESY • CLEANLINESS • COLOR T.V.

994 Gorge Rd. West Phone (604) 385-9559

Corner of Gorge & Admirals Rds.  
CLOSE TO C.F.B. ESQUWALT

Victoria, B.C.

## CAMELOT ENTERPRISES

(1975) LTD.

CONSTRUCTION - BUILDING MAINTENANCE  
CONCRETE WORK - BUILDING RENOVATIONS  
JANITORIAL SERVICE

R.R. 1, Comox

339-3596

TELEPHONE 338-8200



**OK TIRE STORES**

OUR TIRES GO AROUND WITH THE NICEST PEOPLE

971 CUMBERLAND ROAD  
COURTENAY, B.C.

WAYNE ANDERSON

## House of Dogs

BOARDING KENNEL

DOGS & CATS

PROFESSIONAL GROOMING - ALL BREEDS

Heated Kennels — Under-Floor Heated Bedding Area  
Large, New 18-ft. Individual Runs

SANITARY CONCRETE BLOCK CONSTRUCTION  
VISITORS' INSPECTION WELCOME

Don & Joyce Thomas RR1 Anderton Rd., Comox  
Phone 339-2955

## JJ's Fashion Flair Ltd.

LADIES' WEAR  
YOUR PERSONAL SERVICE STORE

"LINDA DRESSES"

Sizes 7 thru 24

OPEN MONDAY TO SATURDAY

ALTERATIONS DONE ON PREMISES

1832 Comox Ave., Comox

PANT SUITS By

"THIRD DIMENSION"

Sizes 7 thru 20

Phone 339-4445

## GOODS GROCETERIA

P.P. BOX 190, LAZO, B.C.

339-2376

VOR 2K0

**MEAT SHOP**  
339-3800

**RED & WHITE**  
FOOD STORES

**RED & WHITE**  
FOOD STORES

## DICK'S QUALITY MEATS

For better quality meat —  
better meet Dick.

TWO LOCATIONS TO SERVE YOU BETTER

1832 COMOX AVE., COMOX

339-3100

FARMER'S MARKET, COURTENAY

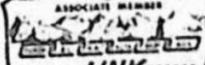
339-3200

10% DISCOUNT EVERY WEDNESDAY.

## COMOX HARDWARE LTD.

A COMPLETE LINE OF  
HARDWARE, PAINT,  
APPLIANCES AND  
FISHING TACKLE

IN THE  
SHOPPING CENTRE



339-2911



Two Locations To Serve You:

238 - 5th St. and Driftwood Mall

PHONE  
338-6736



## Fun league meeting

The annual Fun League organizational meeting is scheduled for the ninth of Oct. and it is anticipated there will be several major changes to the rules proposed at that time. Since it is the players themselves who eventually determine the rules, it is hoped a good cross-section of the teams turn out to air their feelings.

One of the major changes being considered is the adoption of a "two line rule", where a player is not allowed to carry the puck over more than two lines before either passing it or shooting it. This may frustrate several of the better players in the league, who probably belong in "A" league anyway, but it will almost definitely cut down on unintentional body checks and slashes from non skating defencemen who have watched the player dippy and doodle his way thru the rest of the team. Most of the body contact comes about because defencemen feel they must give a last ditch effort to stop the star who can score almost at will. What starts as a well intended poke check turns into a sprawling hook or trip. Enough said on that.

Another change I would like to see has to do with serving penalties. The basic concept behind "C" league hockey is fun. We're not out there to win or lose but to skate pass the puck and maybe score a goal or two. Therefore I do not appreciate losing ice time because a teammate can't keep his cool and likes to get penalties. The way it usually works out on our team is that the penalized player sits in the box, then it's his turn out on the ice after his term has expired. The guy who is penalized is the player whose turn it is during the penalty. It may sound like a personal problem but when a team has three or four lines and no coach it gets a little complicated trying to reorganize lines every few minutes.

Since winning games is not the point, and ice time is obviously at a premium for fun leaguers this year, why punish the innocent by making a team play shorthanded? If a team has only two lines or less then they won't mind missing a shift but for the sections with three to four lines it could mean the difference between getting on the ice five or six times a game instead of three or four.

These are only two of several topics to be discussed, so if you have an interest in Fun League hockey be sure to attend the meeting.

## Sports calendar

### VOLLEYBALL

Same nights as last year (Tues. and Thurs.). First meeting to be on the 1 Oct., 1630 hrs. for men and 2 Oct., 1630 hrs. for women. Gear is optional as the meeting is on the gym floor.

### INTERSECTION HOCKEY

9 Oct., 1400 hrs., all section reps and officials urged to attend. This year we're looking at two dependents per team, so if you want to play attend meeting or phone in your name, first come, first play.

### BROOMBALL

First meeting was on the 24 Sept. at 1900 hrs. 24 interested broomball players attended, representing 4 sections, Bamso, 407, 442, 409 and HQ. Next meeting will be on the 1 Oct. 1900 hrs. and we hope that some other sections will also get involved. Any sections that do not get involved will be considered as open agents subject to draft. We want as many people involved as possible.

### 1.5 MILE AIR COM. CHALLENGE

This event will take place on the 4 Oct. at 1100 hrs. Everyone who wants to get involved meet at the rec. centre at 1050 hrs. on the 4 Oct. and we will get things a rollin. Last year we missed by 3 minutes. That's not much considering 40 people running, that's 4 seconds faster per person and we would have won, I'm sure. So this year everyone will hopefully run in high gear.

### FLAG FOOTBALL

Things are looking real good in the league except for one team dropping out making it a 5 team league. Any section not involved will be considered as open agent material, meaning that if your section does not want to get involved, you still can.



Throw the ball Willie!!



Uoh, that smarts



## Regional champs

The Comox ladies Softball team recently won the PAC region championships by defeating Nanaimo in two

straight games.

Comox trounced their opposition 12-1 and 14-2 and a top performance was put in by all

the players.

Congratulations girls, you did a fine job!

### Intersection Flag Football

	1	2	3	4	5	6	Wins	Losses	Tie	Points For	Pts. Aga.	Place
1. Telcom				12-26 L	0-1 L	32-20 W	1	2	2	44	47	4
2. M.P.			0-30 L		0-26 L	1-0 L	0	0	3	0	62	6
3. Det 5			0-30 W		12-13 L	6-16 W	2	4	1	64	19	2
4. 442	12-26 W		12-13 W			0-20 W	3	6	0	59	24	1
5. 409	0-1 W	0-26 W	0-16 L				2	4	1	33	16	3
6. BAMSO	32-20 L	1-0 W		0-20 L			1	2	2	21	52	5

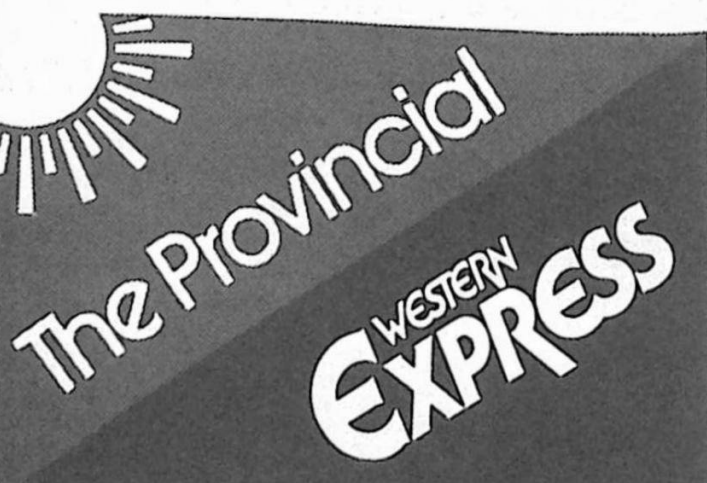
### GLACIER GARDENS ARENA SCHEDULE FOR THE SEASON 1979-80

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ICE MAINTENANCE	OPEN	OPEN	OPEN	OPEN	MINOR HOCKEY 0845-1345	MINOR HOCKEY 0845-1345
BASE - OLDTIMERS 1200-1300 (Optional)	OPEN	OPEN	OPEN	BASE BROOMBALL 1100-1300		
OPEN	BASE - OLDTIMERS HOCKEY 1400-1530	OPEN	BASE - OLDTIMERS HOCKEY 1415-1545	OPEN	FIGURE SKATING 1400-1800	BASE - OLDTIMERS HOCKEY 1400-1630
MINOR HOCKEY 1600-1800	FIGURE SKATING 1600-1800	MINOR HOCKEY 1600-1800	MINOR HOCKEY 1600-1800		FAMILY SKATING 1815-1915	BASE BROOMBALL 1645-1745
INTER-SECTION HOCKEY AND BROOMBALL 1815-2230	PUBLIC SKATING 1815-1915	INTER-SECTION HOCKEY AND BROOMBALL 1815-2230	INTER-SECTION HOCKEY 1815-2015	MINOR HOCKEY 1600-2300	BASE TEAM HOCKEY REP. OLDTIMERS OR BROOMBALL 1930-2300 MAY BE RENTED IF NOT REQUESTED BY ABOVE ORGANIZATIONS	COMMERCIAL HOCKEY 1915-2315
	COMMERCIAL HOCKEY 1930-2330		COMMERCIAL HOCKEY 2030-2230			

NOTE - Flood times to be co-ordinated with Arena manager by the respective organizations. Inter-Section flood times will be dictated by the number of teams, games, etc. Effective 14 Oct. 79.



A dollar bill wears out in about a year and a half.



### YOUR CHANCES AT GOOD FORTUNE

For winning numbers ask your lottery retailer, your nearest branch of Canadian Imperial Bank of Commerce or write to:

WESTERN CANADA LOTTERY FOUNDATION  
1 Lakeview Square  
Winnipeg, Manitoba R3C 3H8

### THE HOME FRONT



Home-Ownership isn't for Everyone - But in this series of articles I would like, as an experienced Real Estate saleslady to aid and guide those who are considering entering the real estate market and also those who now have "Pride of Ownership."

(paid advertisement)

### WHAT CAN WE DO FOR YOU?

WHAT can a real estate firm do for you?

Searching for a lot, a home or a business venture is a complex business, we know this territory. Knowing the territory, the homes and people in it is one asset a competent real estate firm offers.

WE provide maps of the area, bylaws of Comox and Courtenay, building schemes and information for those who

are considering building or renovations.

Several qualified builders are available to construction your new home on a lot chosen by you, if you decide to custom build.

We have a Land Developer and land banks, they are yours for the future, as "LAND IS NOT A COMMODITY BUT A COMMUNITY WE LIVE IN", so we're taking care of your future.

WE are members of VIREB which is the Vancouver Island Real Estate Board. Wider scope servicing the seller's home from Victoria to Campbell River can be obtained from this Multiple Listing Service. MLS provides the buyer instant information as to how many 3 or 4 bedroom houses are in the area, at a certain price. Market update is constant with VIREB, as computers feed us data on price ranges, lot sales, waterfront properties and acreages that have just been sold, or are available for sale.

Our office carries pamphlets on bus, ferry and airline schedules, municipal services, shopping centres plus schools, churches in the area, to aid new people to our community.

A property management is available for any rental needs or if you are considering renting your personal dwelling, call upon us.

An appraisal is such an important element of home buying or selling; also if you are refinancing your property, we can help you here too. We have a certified

appraiser for commercial or residential appraisals to help you, the public.

Our Insurance Department has it all! They are important people to us, as they provide insurance coverage for all your needs. Inflation has increased your property value, also the cost of rebuilding in case of loss; therefore, have a talk with one of them. Outside your house, the insurance department will insure boats, cars, trailers and motor bikes. SO ONE STEP TO NANAIMO REALTY CAN DO IT ALL! We are the Vancouver Island Specialists with nine Nanaimo Realty offices to serve you from Campbell River to Duncan.

Three representatives from Canada Life Insurance are with our firm to aid those wishing estate planning, life insurance or mortgage insurance, plus RRSP investment.

On the move, off or on the Island? We can refer you to a competent real estate firm anywhere in Canada or USA. A telephone call is all it takes to aid your move, then a relocation kit will be mailed to you with prices, homes available and all amenities of your new community.

A Guaranteed Trade Plan is one of our special services. Moving to a larger or smaller house will not be so traumatic, as we will endeavor to buy and sell your present home to your satisfaction. Have a talk with any of our sales staff.

Our sales force numbers 26 from every past walk of life, service personnel, Bell Telephone, school teachers, banks, nurses, insurance business and grocery stores. From all this experience you can FOCUS ON US AND SEE WHAT WE CAN AND WILL DO FOR YOU, buyer or seller and any inquiries.

Maureen Arthur is an experienced Real Estate Saleslady with Nanaimo Realty (North) Ltd., 576 England Avenue, Courtenay, B.C. Telephone 334-3124. (Paid Advertisement)

### SAVE 50% ON YOUR HOTEL BILLS

With and INTERNATIONAL TRAVEL CARD you pay for the first night and get the second night FREE, in Seattle, Vancouver, Victoria. At over 600 hotels and motor lodges across the U.S.A., in Canada, and abroad. For our brochure write:

INTERNATIONAL TRAVEL CARD  
Box 397, 444 Robson St.  
Vancouver, B.C. V6B 2B5  
Phone 683-7825

### BOB'S TOWING and BOB'S VALLEY SERVICE



24 HR. SERVICE  
CALL 334-4124  
After Hours 334-4907

SERVING THE COMOX VALLEY  
ANYWHERE - ANYTIME - ANY SIZE  
260 Island Hwy. N., Courtenay

### Comox Valley Ford RENTAL

Cars and Trucks  
Mavericks, Comets, Pintos  
1-Ton Furniture Van  
¾-Ton Pick-up  
Club Wagon

SALES SERVICE & RENTALS  
OPEN 8 a.m. - 9 p.m. Mon. to Sat.

For Daily Rental  
Call 334-3733

COMOX VALLEY FORD  
SALES LTD.

Your Local Ford and Mercury Dealer

360 N. Island Highway, Courtenay, B.C.

Phone 334-3161

MOTOR DEALER LICENCE NO. 5028





## Gillwell reunion

Attending the World Scout Jamboree in July of this year was a thrill of a life time. One unforgettable event during the jamboree was a Gillwell Reunion. Your "Invitation" was your Gillwell scarf and beads. The Woodbadge Part II training did not prepare anyone for what we were about to experience.

We gathered at the designated time and place (8:00 p.m. at the Red Canoe Area) all excited and ready for our short trip across the lake. In the semi-darkness and drizzling rain we pushed off shore in our canoe heading for the lantern that some kind soul had put out for us to find our way. That light seemed to get farther and farther away as we paddled into the wind, the rain in our faces and dripping down our necks to the inside of our raincoats. In the canoe bottom the water sloshed around our feet. Halfway across the lake and already needing a rest I glanced back at the others. I thought our group looked like a bunch of Indians on the attack. (What else would I imagine before the evening was over?)

I knew we would find our way to the other side because we had an experienced Sea Scouter at the bow. Les had gotten Dave and I lost on land the day before but I was sure he could navigate on the water. After all, he kept telling us he could find his way by the stars, but didn't he realize there were no stars that night.

We all arrived safely at the other side, pulled our canoes up a four foot embankment, and headed off through the woods eventually to be greeted by a Scotsman in a kilt and a blazing campfire. The fire and rousing songs lifted our dampened spirits and then it was time for a candle light walk. This is supposed to be a time of quiet meditation for Scouters but all you could really think about was your footing. The "walk" seemed like a goat path up the mountain, the candles blinded you from anything beyond that spot and it was still raining. When we approached the summit we saw that the Swedish Scouts had arranged candles, flowers and national flags to make an altar. As we looked upward the Scouters standing above us had candle light glowing on their faces and the campfire chief appeared in a long flowing campfire blanket which enhanced the eerie effect. This was not at all what I had in mind as a place for quiet meditation.

## Test yourself... on your motoring manners

From any vantage point, if we simply observe traffic, it is easy to see that many drivers leave their good manners (if any) at home when they get behind the wheel of a car.

To be sure, unless they live entirely alone, they would be banished if they tried to impose driving-type bad manners in the family living room, kitchen, or bedroom.

Males are generally worse than females, it seems. The male driver is often much more aggressive and less courteous, and psychologists can have a field day trying to tell us why this is so.

A courteous driver is a safe driver! A courteous driver is also, usually, a defensive driver. One who considers others. One who stays out of accidents.

How are your driving manners, these days? Check yourself in the bracket - (A) for "Always", (B) for "Sometimes", and, be honest now, (C) for "Not very often".

1. When someone overtakes, do we back off further from the vehicle in front to allow the overtaking car to get back into line safely? ( )

2. When a car in front, in a line of heavy traffic, slows down, do we give the driver credit for showing intelligence because he plans to turn or has seen a hazard, rather than blast the horn to make him move? ( )

3. When someone wishes to enter the traffic stream from a driveway near a traffic light, while cars are waiting for the light to change, do we

Now it was time to make our way back down the mountain. We were about to find out that going up had been a cinch. On the descent there was no goat path to follow but those damned candles still "lit" the way and we walked in foot high undergrowth almost all the way to the bottom. If our feet weren't already wet they were soon going to be.

Almost at the bottom now and we came to another Swedish Scouter standing beside a tripod with a black cauldron hanging from it. I'd come to the conclusion that these Swedish Scouts could be found just about anywhere. To my delight, out of that black pot came a small silver bead that I was to wear with my Gillwell beads already around my neck. Clutching this small treasure, our descent almost completed, I couldn't believe it - I smelled food. (Those Swedes had thought of everything.) We ate by the fire, drank good hot coffee and warmed ourselves before making our way back across the lake.

Our canoe slipped quietly into the water - so did Les but with a little more gusto. The wind at our backs made the return trip a little easier and I thought "This is going to be easy!" a little too soon. Halfway across, out of the darkness, we could hear voices saying, "Paddle this way" and someone else saying, "No! You paddle this way and I'll paddle the other way." Les said, "Aho! There. Do you need assistance?" The reply came, "No thanks, but this canoe keeps going in circles." My God! Had they been out here all evening I wondered, going 'round and 'round. (Perhaps they're still there.)

It was close to midnight by now and we still hadn't reached shore. Before we departed, our friend with the lantern had told us there would be another lantern on the opposite shore and as we drew nearer we could see it - along with half a dozen others spread out over a mile of shoreline. Which one was ours? We rested for a few minutes, argued "which one" and decided the second one on the right was where we had come from. Sure enough there was another Scout swinging a lantern calling, "Over here." After all the pleasantries of "Thanks a lot - I had a lot of fun - We'll have to do it again sometime" (and thinking - but not too soon I hope) I headed for my little bit of heaven on earth for what I was sure would be a good night's sleep.



OTTAWA -- Defence Minister Allan McKinnon donates the first contribution of this year's United Way Campaign to the DND co-ordinator, Colonel R.F. Johnson

## 1st Lazo Beavers Blue Colony

The Beaver program is well under way for the year 79-80. The Blue Colony meets Thursday night from 6 p.m. till 7:30 p.m. at Airport School gym. There are 19 Eager Beavers and Kits registered.

September is get acquainted month. The "Kits" are busy learning their promise and law and motto, which they must know before they are invested as Eager Beavers.

The Beavers have all received their lodge patches. There are four lodges red, blue, green and brown. Beavers wear their lodge patches which identifies them as members of a particular lodge.

Fall tails have been given out now, this is a special event in the life of a Beaver. He can look back at what has happened in the past few months and also look forward to the next few months. The first tail level is Yellow and that of course is "DISCOVERY". The tail level for a 6-year-old

boy is the Blue tail. This is a period of "BUILDING". The older boy gets a white tail which indicates to us that he is indeed a "BUSY BEAVER". In the Spring the boys again have another tail change.

A reminder to parents to encourage the boys to wear and respect their uniforms at all times. If your son arrives home from the pond one night minus part or all of his uniform, please don't be alarmed. We have a "MONSTER" bag that holds uniforms that have been misused. The "MONSTER" returns them the following week. We try to starve the "monster" though as he's not a nice thing to know.

The 20th Sept. saw Beavers split into tail levels and they each went their separate ways (with a leader) to gather "goodies" of nature. These "goodies" should be returned in their Beaver Bucket next week for a special project.

A reminder to Beavers who

have not brought in their scrap books to please do so before they are behind on their memories. Also Gym Shoes are required at the pond. Hard shoes, boots etc. are not to be worn and bare feet may get chilly.

Blue Colony has two phoning mothers this year, Alisha Bullard and Jean Ainsley. They will be calling you about once a month to remind you of any Special events, our programming and for collectables throughout the year. This is a big job so SPECIAL THANKS from all the leaders for this task they are doing for us.

Any questions please don't hesitate to call any of the leaders. We still have room for new boys if anyone is interested in joining. For further info. please call Marg Horton 339-2607 or Jane Parker 339-5273. Till next time, Busy Beaver.

Rainbow

## 1st Lazo Ladies Auxillary

The L.A. of First Lazo Cub, Scout and Beavers held their first meeting Sept. 12th in the Cub Hall. There were 18 members present.

Our President Donna-Lee Kuntz introduced the new Executive and the committee members. We then held the business meeting. Each member introduced herself, so everyone knew each others' name (we're a very friendly group).

We will be having some great guest speakers at our future meetings which were outlined in brief by our Pres.

We have a lot of work to do and money to raise for our boys, so if you have a boy in one of these groups please come out and HELP us in any way you can.

Our meetings are held once a month. The new meeting place is Prost. Chapel Hall. Next meeting is Oct. 17th at 7:30 p.m.

Our Mystery gift, which is a little gift not exceeding a dollar is drawn for every week. Each member present donates 25 cents, writes their name on a piece of paper and then at the end of the meeting the draw is made, and the person winning this gift brings the gift for the following meeting. The money made

from this goes to buy our coffee. Just think in this day and age you're getting cake and coffee for a quarter.

Our Mystery gift was drawn by Maureen Taylor, a former Pres. of the L.A. now from Holberg. The winner was Jane Parker.

The meeting was adjourned at 9:01 p.m. Coffee and goodies were then had.

See you all Oct. 17th at 7:30 p.m. at the Prost. Chapel Hall. Come out and meet your sons' friends' mothers.

## Officers' Wives Club

The opening meeting of the 1979-80 season of the Officers' Wives Club was held September 19, in the lounge of the Officers' Mess.

Members new to the base were introduced by Diane Beech and presented with corsages by Helen Clements who then welcomed them to the club.

Following adjournment, members enjoyed a lovely evening of wine and cheese, renewing old acquaintances and forming new ones.

The next meeting of the Officers' Wives Club will be held Wednesday, October 17 for a Halloween Party and Penny Auction. A \$1.00 penalty will be assessed for those not in costume. All wives of retired officers are welcome!

## Ladies!

ATTENTION

The ladies bowling league at night are in desperate need for more women who would like to start bowling. If you are interested, please contact Lois Ballard at 339-5646 or Kit Spillsbury at 339-2308 immediately.

For publications in the Preamble Column, contact Joyce Freeman at 339-6087.

## "WE HAVE EVERYTHING FOR THE BUILDER"



**CENTRAL BUILDERS' SUPPLY LTD.**

Foot of Sixth Street  
COURTENAY, B.C.

PHONE 334-4416



MAKE YOUR OWN WINES AT HOME

## Wonderful wine you can call your own

The first thing anyone needs to know about making good wine at home is that it's simpler than broiling a steak or baking a cake. With wine it just takes a little longer.

You need some basic equipment; you need quality ingredients; and you need a recipe which puts all the operations in the right sequence. A cake takes a few hours; wine - a pleasant, presentable wine - takes a few months.

So let's dive right in and make a batch, right in your home, apartment, cottage - anywhere you can devote a few square feet of space to the equipment. A good sized cupboard or the lower section of a closet is all you really need to get started.

There's absolutely nothing overwhelming about the basic equipment. You'll need a primary fermentation container of well over five gallons capacity; a secondary fermentation vessel or fermenter of five gallons with a neck that can be stoppered; a small sheet of plastic that will amply cover the primary fermenter; and a length of plastic tubing.

But before you start looking around the house - or worse still, the garage - for odds and ends "that will do" as winemaking equipment, keep these points in mind. Wine must never be made in a metal container (or even chipped enamelware) because the acids in the wine react with the metal and give the wine a bad taste. All wine-making equipment must be kept scrupulously clean (a future article will deal with sterilization), which means you have to get it clean in the first place, often difficult with old stuff. And experience shows that there's bound to be some short-coming with a piece of "make do" equipment (it isn't the right size, shape, etc.).

Rather than running the big risk with their first effort at winemaking, most home winemakers sensibly go out and get the special gear from a winemaker's supply store. The primary fermenter is a white plastic tub (usually 8-10 gallon); the secondary fermenter is a glassjug (carboy) with a

narrow neck. At the same time you can pick up a fermentation lock for the "secondary" jar, clear plastic tubing for the "racking" operation, a "J" tube to make racking easier, and sheet of plastic to cover the "primary" tub. And a hydrometer set puts you in control of the action!

That's it for the basic items. Probable cost is less than \$40.

But before you can make wine you have to assemble the ingredients. Top priority here is the grape juice, of course, and in keeping with our simplified approach to winemaking, it is recommended you buy juice in concentrated form (most of the water removed, similar to concentrated frozen orange juice except that the grape juice isn't frozen). Many varieties of grape juice concentrate are available in most winemaker's stores, each one with special characteristics. For your first batch it is suggested you select a white wine from one of the fine Australian concentrates which will mature in a few months.

The recipe on the concentrate container will spell out all the other ingredients available from the same shop. They will include: sugar (ordinary cane sugar is okay, but most winemakers prefer corn sugar); some acid and tannin; proper yeast and yeast nutrient. You will also need some metabisulfite which, when dissolved in water, will be your sterilizing agent for all equipment.

With this organized, you are ready to start the winemaking process. Mix together in the primary fermenter grape concentrate with the proper amount of warm tap water, adding in the sugar, acid, tannin and yeast nutrient, as directed in the recipe. Allow the mixture ("must") to cool. Now you can add the yeast and stir for good distribution with a non-metallic spoon. Then cover the primary fermenter with a plastic sheet to keep out all the unwanted "wild" yeasts that float about in the air, fasten it on with a piece of cord, and wait about five to seven days while the bubbling, frothing

mixture settles back into slower activity.

When primary fermentation subsides, you transfer (or "rack") the wine to the "secondary" jar by siphoning with plastic tubing. A useful gadget here is the "J" tube which has a crook in one end; this helps you to leave behind the sediment (or lees) which settles to the bottom of the primary fermenter tub. When the secondary jar is full (you should leave 1 1/2 inches of air space at the neck) top up with boiled water, if necessary. Stopper it securely with the fermentation lock, and put the required amount of sulphite solution in the lock.

Now it's simply a matter of watching the developing wine during the next couple of weeks and noting the reduced rate of bubbling (carbon dioxide gas) through the stem of the lock. Further racking of the wine at roughly two week intervals will be necessary to get rid of the lees according to instructions in the recipe another secondary fermentation jar would be useful at this point for racking purposes.

After a total of, say, ten weeks in the secondary, you'll have five gallons of wine ready for bottling; another three months in bottles and it will be ready for drinking. Delicious!! Interesting!! A pleasure to serve to friends!! Every bit the equal of wines selling for \$4 a bottle, and yours' cost under a dollar!!

Later columns in this series will tell about several wines and the details of the winemaking process, but if you want to get involved right away, buy the book, *The Art of Making Wine*.

**NEXT: WHITE WINES TO WIN FRIENDS AND PRAISE**

If you would like to receive further winemaking recipes and information simply send your name and address to: Wine Recipe "A", P.O. Box 4035, Station "A", Toronto, Ontario, M5W 2E5. Each name received will be eligible for a draw, the winner to receive a free trip to Australia via CP Air, and a tour of the vineyards of Southern Australia.

## Ladies fitness

Jill Smith is conducting classes with excellent results. Nine forty-five Monday morning and everything is set, the kids are in school, husband at work and now the only thing between me and fitness class is two-year-old portable Johnny diaper wetter. What will I do??? Mrs. Reeves to the rescue.

She will babysit that beautiful little problem while I make myself slim, trim, agile and flexible enough to handle the trials of the modern woman. Oh I can't thank her enough, now I've got no excuse at all to miss my fitness class. Just think in two or three months I'll be slim, why I'll have to buy new clothes, great, I'll go.

Rec. Centre,  
Armen Vartanyan.

**BETTERSELLERS**  
Nanaimo Realty  
RES.: 339-2668  
OFF.: 334-3124

DAVE PROCTER  
RES.: 335-0271  
OFF.: 334-3124

**FAIRFIELD** - Better than new 4 bedroom home with 2 fireplaces, 2 bathrooms, finished family room, formal and family dining area, sundeck, panoramic view, fenced yard, convenient distance from CFB.

**NEW 1800 sq. ft. home** on 1 acre lot. All cedar, large kitchen and dining areas, extras include 2 bay windows, atrium plant room, combination oil/wood furnace, new guest cottage, priced right.

**3 BEDROOM** basement home on corner lot in the old orchard area of Courtenay. Roomy kitchen and living area. Priced to sell.

**3 BEDROOM DOUBLEWIDE** with full basement ready for finishing, located at Greenwood Crescent, close to C.F.B. A steal at only \$37,500. Immediate possession possible.

— JUST listed 4 acres in Balmoral Park, good trees, priced to sell at \$29,500.  
— PLATEAU Road, 2.5 acres with 3 bedroom doublewide, \$36,500.  
— COMOX 3 bedroom alpine style all cedar home on Dogwood, 2 bathrooms, fireplace, fenced yard close to school, only \$55,900.  
— BLACK Creek 3 bedroom bungalow on .42 acre, detached garage, only \$37,500.  
— DUPLEX UNIT IN COMOX for only \$45,000, \$473 monthly revenue.  
— DUPLEX UNIT IN COURTENAY, 1 x 3 bedroom, 1 x 2 bedroom unit.  
— 3 ACRES MOUNTAIN VIEW on Hardy Road, view today.  
— 7 ACRES with 2 houses, on Cossford Road. Only \$44,900.

**QUALITY HOMES AT REASONABLE PRICES**  
"Unquestionably, the first investment anyone should make in times of inflation is a house. It should be the most expensive home you can afford with the biggest mortgage on which you can meet the payments" — from HOW TO INVEST YOUR MONEY & PROFIT FROM INFLATION by Dr. Morton Shulman.

CALL TOM 339-2668 DAVE 335-0271 RADIO 071-099

**Century 21**  
**GLACIER REALTY**  
SERVING THE COMOX VALLEY

1380 CLIFFE AVE.  
COURTENAY, B.C.  
V9N 2K4

PHONE  
**338-7431**

**FOR HOMES LOTS ACREAGES OR INVESTMENT PROPERTIES**

**CALL SAM SKINNER**  
OFF. 338-7431  
OR 339-2543



# Strangest game in town

People of all ages, shapes and sizes mill around talking animatedly to friends and former strangers. The men are dressed in string ties and western shirts. Each has a hand towel dangling from his belt. The women look like they were outfitted in the early fifties with their colorful, wide-skirted dresses matched by bright crinolines and shoes. Everyone wears formal name tags and smiles and laughs a lot.

The loud speaker brings the room alive with hand-

clapping, foot-tapping music and immediately people start bunching into teams of eight. They stand neatly in the form of a square color-co-ordinated pair facing in. All told, there are about ten teams on the floor. Some people are left on the sidelines to referee.

Next a man starts to talk through the music and tells everyone to honor their corners and partners. This is followed by much bowing and curtsying by the players. After this genial preliminary, the Man starts giving orders

in a sort of sing-song voice (kind of a cross between an auctioneer and a weather recording) and everyone starts moving in different directions at once so that what was ten visually distant teams has now merged into one mass of perpetual motion. I don't envy the referees!

Seen from above, the scene on the floor resembles a child's kaleidoscope; a quickly changing array of brightly colored geometric patterns. While I can't tell the players without a scorecard, they all seem to know who is on their team and who's on first. It sounds like the "heads" against the "sides", but it is hard to tell which group is winning. Obviously, one doesn't stand still in this sport. Is that because a moving target is harder to hit?

They must have a huge game plan book that everyone

has memorized because what the Man is telling them to do is not plain ol' English! Relay the deucey! (What the deuce is a deucey?) Load the boat! (What boat? I don't see any boats). Pass and roll your neighbor! (Here? in front of God and everybody?)

Usually everyone is smiling and laughing and kicking up their heels and clapping their hands for more. But there sure is a lot of arguing when the Man tells them to slip, slide, swing, slip and slither. (For once the referees aren't much help either - they're all bent double laughing). On the other hand, you'd think it was V-Day the way everyone gets all cozy whenever he mentions yellow rock.

Now and then the Man throws in some good sounding defensive moves; zig zag, scoot and dodge, explode the line, scoot and ramble. I suspect though, this contest

would end a lot quicker if they didn't keep getting sidetracked in all those stars and tops and diamonds and circles.

The game is broken up into several periods of activity called "tips" which last, near as I can tell, until the Man runs out of ideas. Then everyone takes a five-to-ten minute break while he gets his wind back. As soon as the needle hits the platter again though, those color-crazy idiots are back on the floor waving to everyone that they're ready to play again and forming up new teams. Strangest game I ever saw! Guess I shouldn't knock it - everyone laughs a lot. Sometimes a whole team will stop playing for a while and giggle like a bunch of kids at recess. Every now and then the whole floor will boo-hiss the Man good naturedly and he will take it in stride and tell

them not to be mean. Other than a common knowledge of the game, the only traits these people seem to share is that they can all put one foot in front of the other with a high degree of accuracy and they are quite adept at telling their lefts from their rights with only a second's hesitation. (Well, nine times out of ten, anyway.) I never did see any rule book, but I found someone carrying around a set of Ten Commandments that said, in effect, "Thou shalt have fun and not fight." "Roughness is the mark of ignorance", according to another paper entitled, "Manners" (True enough, this game appears to be a most graceful and gentlemanly pastime which all ages enjoy). But when I saw the game plan book with its 2500 moves, I got to thinking maybe I ought to take up something easier. Anyone for bridge or chess?

The "Ocean Waves" are the Comox Valley Square Dance Club. They dance every Wednesday 7:30 to 10:00 p.m. at Glacier View Elementary School (off Ryan Road in Courtenay) and the second Saturday of the month 8:00 to 10:30 p.m. at CRA (small hall) in Courtenay.

Anyone interested in joining the club, including beginners, those who require refresher sessions, and current dancers are WELCOME. For more details contact George and Jackie Rawson at 338-8002 or Dave and Sharon Reed at 338-6268.

We are the friendliest club in town!

## FOR RESULTS Call Collect or Write For Information On



TOM PROCTER  
CAF/RCF  
Retd.

FOR COURTESY, SERVICE  
AND PROMPT RESULTS  
CALL  
**TOM PROCTER**  
Nanaimo Realty (North) Ltd.  
Off: 334-3124 Res: 339-2688

- Homes
- Lots
- Acreages
- A.E. LePage

Nation & Worldwide  
Find A Home  
Service

## I/D soccer

Monday night indoor soccer for youths 5-12 years old. This year's league will hopefully start 15 Oct. 79. Please register at the Rec. Centre as soon as possible, by phone or in person. Thank you.

Rec. Centre,  
Armen Vartanyan.

## TRANSFERRED TO CFB TRENTON?

FOR INFORMATION ON HOUSING AVAILABLE  
IN THE TRENTON AND BELLEVILLE AREA WRITE  
TO: FRASER & O'NEIL LTD. REALTOR.

**BELLEVILLE**  
275 N. Front Street  
P.O. Box 914 K8N 5B6  
1-613-962-3418

**TRENTON**  
115 Dundas Street East  
P.O. Box 427 K8V 5R6  
1-613-392-9224

## Port Augusta Motel



- 1 & 2 Bedroom Suites

WATER BEDS BY SLEEP EZE, COMOX

- Kitchens • Coloured T.V.
- Dining Room
- Heated Indoor Pool

CATERS TO SERVICE PERSONNEL

RESERVE NOW AT 339-2277



## Potlatch II

VICTORIA - In a scene reminiscent of past conflicts, infantry of the 3rd Battalion, Princess Patricia's Canadian Light Infantry boarded the operational support ship HMCS Provider today at CFB Esquimalt for a three week Canada U.S. joint operation, Exercise Kernel Potlatch II.

Kernel Potlatch II involves 40,000 Canadian and U.S. military personnel in an exercise designed to test and evaluate continental defence procedures. They are supported by a fleet of 45 warships and air forces of 150 tactical and transport aircraft. The exercise will climax October 1st with a combined amphibious assault on the northern tip of Vancouver Island by units of the Canadian Army in partnership with the 11th U.S. Marine Amphibious Unit.

(CANADIAN FORCES PHOTO BY MCPL M.D. JOHNSON)

R.A. Arnett Realty Ltd.

835 Cliffe Ave.  
Courtenay, B.C.

## "FEATURE OF THE WEEK"



## "10 PER CENT MONEY"

Yes, it is available to you when you purchase this excellent home on Bolt Avenue, Comox. 3 bedroom, 1640 sq. ft. bungalow with fireplace, sauna, atrium, and huge landscaped lot. Price just reduced to \$59,500.00

LEN EVERETT RES. 339-5956  
OFFICE: 339-5501

## "CAREER OPPORTUNITY"

Former military personnel or personnel on release are required by rapidly expanding national company with long standing record of service to the Canadian Armed Forces to provide service to our clients in the Comox Valley area.

This position requires applicant to be in good health, wish to reside in the Comox Valley area and have a genuine desire to succeed in a second career. Only applicants prepared to devote the time and effort to develop a second career should apply for this position as this is not a part-time job.

Applicants can expect to earn in direct proportion to their effort and their income should range between \$15,000 and \$20,000 the first year. We offer generous group benefits and a pension plan. For those who apply themselves there is an excellent opportunity for rapid advancement.

If you think you can meet the Challenge of a second career please forward details of your personal and employment history as well as your desire for future employment to:

**MR. W. SAWYER**  
GENERAL MANAGER  
WESTERN CANADA  
1316 ESQUIMALT ROAD  
VICTORIA, B.C. V9A 3P6

## Prize winning wines

(This is the eighth in the 1979 series of wine appreciation columns prepared by independent wine connoisseur, John Schreiner).

ANDRES WINES of Port Moody has been entering international competitions since 1971 and has nearly always brought home some awards.

It was particularly successful this summer at the International Wine and Spirit Competition, which is held each year in Bristol under the sponsorship of a leading British wine-tasting society, the Club Oenologique. The Port Moody winery came home with two gold medals, two silver and one bronze.

While Andres has been aggressive at entering international competitions, it has begun to find other British Columbia wineries there as well. Indeed, Ste. Michelle Wines came back from the 1978 Bristol competition with three gold, two silver and four bronze.

Wineries enter competitions both to confirm their own quality standards and to build reputations. "It's another measurement on our own wine-making standards," says Jim Berry, Andres' general manager. "We become subjective, looking just at ourselves."

Equally important, winning awards builds credibility in the markets at home and abroad. This objective is especially important for relatively young wineries, such as those in British Columbia. But wine-makers in such ancient wine-making nations as Germany also are constant competitors. And when a wine wins a prize, it is common for the German wine-maker to signal his triumph with an extra banner printed across the bottle's label.

There's every reason for winners to be proud, for the competition usually is demanding. The one at Bristol, for instance, attracts exhibitors from about 40 nations. And wine-judging is rather a formal affair. Wines are entered in various classes and each entry is judged for attributes ranging from color and aroma to balance and taste.

An award is recognition that a wine is soundly made. Wine tastings are often a good deal more subjective than judgments, with tasters looking for wines which please their particular palates. And

sometimes a grape grown in one part of the world can yield a wine startling to a palate in another country. An example is the paradox of California wines winning competitions in France and yet, on occasion, be criticized at tastings there. The highly individual flavor of the Zinfandel grape often shocks the French palate.

Over the years, Andres has won a number of gold and silver medals at European competitions for its Richelleu Riesling. That wine is made from the Okanagan Riesling, the most widely grown white wine grape in British Columbia and a grape whose ancestry is a matter of debate. It is safe to say there are no wines made elsewhere in the world which taste just like the Okanagan Riesling wines. Which is fine with most wine-lovers, for the world of wine is one of never-ending taste discovery.

This year, Andres won its gold medals at Bristol with a Cabernet Sauvignon (red) and a Johannisberg Riesling (white). Both are made with grapes grown in the state of Washington. This fall, however, Andrew will be crushing about 30 tons of vinifera grapes which will include the Johannisberg Riesling from young vineyard acreage in British Columbia.

The silver medal was won by a Chelois, a light red wine made from British Columbia-grown grapes. The bronze was for a Zinfandel, a red made from California-grown grapes.

More recently, Ste. Michelle general manager Robert Holt has received word that his winery this summer won four silver medals and a gold (the latter for Zinfandel) at the international competition at Ljubljana in Yugoslavia.

So far, Casabello has not entered international competitions, simply because sales growth in Canada has often resulted in products being out of stock. With the white wine boom and last summer's beer strike, it has been difficult for wineries to keep popular products in stock. Casabello would prefer not to be in the position of winning awards and then having inadequate supplies of those wines for the domestic market.

By next year, however, the winery expects to be ready to join the competition circuit. "We'll be there, with bells on," vows board chairman Evans Lougheed.



## PRIVATE SALE

Two year old Bavarian Chalet style home, attractively situated on a treed lot, in the Courtenay area. Three large bedrooms, two bathrooms, family room, living room with fireplace, dining room, kitchen, sauna, and carport. Extremely convenient location, 100 feet from Elementary School, one mile from High School and Downtown shopping area, at the foot of Ryan Hill. Price: \$59,900.

To view please call 334-3666.

## Classifieds

### Mobile Homes

**Transferred to Comox?**  
Contact F.L. Bob MacKelvie (Ret'd) of Cypress Homes. We have the largest selection of new and pre-owned manufactured homes in the Comox Valley. Beautiful new CMHC approved double and single wides; some located near the base.

Cypress Homes  
Box 3237  
Courtenay, B.C.  
V9N 5N4  
Phone 604-338-6716 (Days),  
604-338-6387 (Evenings).

The Burl Store: clocks, tables, bowls, spoon racks, knife holders, many gift items. 823 Sandpines Cres., off Lazo Road, near Pt. Holmes. 339-5704.

### Services Offered

Western Canada School of Auctioneering Ltd.  
Canada's first, and the only completely Canadian course offered anywhere. Licensed under the Trade Schools Licensing Act, R.S.A. 1970 C. 366. For particulars of the next course write: Box 687, Lacombe, Alberta or Phone 722-6215

### DOLLY'S CRAFTS AND JOKES NEED YOUR HANDICRAFTS

Making handicrafts for a hobby? Why not let us sell the surplus for you. Drop in and talk it over with Dolly, or call 339-6311. All kinds of crafts are needed. We are located in Goods Groceteria, Ryan Road. Closed Thursday and Sunday.

Coastal Sand Blasting and repair, spray painting, equipment and structures, Comox, B.C. Phone 339-3551. Rust or corrosion problems with your:

- boat trailer
- automobile
- machinery

See the rust removing and refinishing people.

### Real Estate

### CANADA MORTGAGE AND HOUSING CORPORATION

The Corporation's Inspection Office in Courtenay will be moving from its present premises at the Mexicana Inn, 1001 Ryan Road, Courtenay to 536-4th Street, Courtenay, on July 16, 1979. The present mailing address: P.O. Box 3337, Courtenay B.C., V9N 5N5 and telephone number 338-8611 will not change.

### Coming to Victoria?

Posted or retiring to sunny Victoria? For help with all your housing needs write or call collect to:

Baz Pharaoh  
Ex 407 SQN retired  
of J.H. Whitmore  
& Co. Ltd.  
4520 West Saanich Road,  
Victoria, B.C. Office 604-479-1667 (24 hrs.). Home 658-8449.

### Personal

Do you have a drinking problem? Maybe Alcoholics Anonymous can help. Meetings at the CFB Protestant Chapel Annex, Mondays at 8:30 p.m.

Send **SHORT STORIES ABOUT SASK.** for Christmas to ex-prairie people to remind them of our 75th Anniversary next summer. 1500 sold. 23 stories. 160 pp. \$3 from Les Dybvig, 3405-25th Avenue, Regina, S4S 1L7. (also book stores Saskatoon, Regina and Moose Jaw).



The Editor



**BB BLOCK BROS. REALTY**

# The bestsellers

## 1 MOD-MOD-MOD-U-LAR

Su-Su-Super Value! Yes indeed Folks, you'll stutter when you see the value in this clean, neatly set up home. Located on a naturally landscaped half acre lot, this 3 bedroom home includes two four piece bathrooms, two large sun decks, and a 14x29 carport.

**SMOKEY WAGNER 339-4239**



## 2 LET THE SUN SHINE IN

On this beautiful 8 acre ranch located on the way to Forbidden Plateau Ski area and boasting such fine features, a well built 3 bedroom home, excellent soil and loads of privacy. For more information call

**MAX WEEGAR 334-4568**



## 3 RETIREMENT HOME

2 bedroom, full basement home located just a short walk from Driftwood Shopping Mall. Priced in the low 40's so shop now while you can still afford it. Call

**MAX WEEGAR 334-4568**

## 4 HOMESITE SHIP'S POINT

Lot 39, Tozer Rd. 1/2 area sloping land facing Island Mountain Range. Well treed, water, hydro, telephone available. Asking \$9,900.

**DOUG COOK 334-2015**

## 5 MODERN HOME

Located on Windemere Extension near school. Two bdrms., up, possible third down plus family room. Cement driveway, large yard & view of the mountains. Only \$1,900. down payment.

**DOUG COOK 334-2015**

## 6 HOMESITE

Lot 6, Mabley Rd. Large lot in quiet cul-de-sac. Only \$9,500. Water, hydro & telephone available.

**DOUG COOK 334-2015**

## 7 OCEAN VIEW

Over 1 1/2 acres of sloping ocean view property, 2 small cabins, piped water system & hydro available. Located on East Rd. near Thomas Rd. Asking only \$19,900.

**DOUG COOK 334-2015**



## 8 COZY COTTAGE ON A LARGE LOT

Newly renovated 3 bedroom cottage with ensuite, fireplace and large 120' x 153' lot. Loads of room for garden and play area and located on the end of a quiet closed road. All this and still priced in the low 40's. Call

**MAX WEEGAR 334-4568**

## 9 HOBBY FARM

Impressive 3375 sq. ft. of luxurious living in Black Creek. Ensuite plumbing from 2 of the 4 bdrms. Plenty of room for pool table. Includes barn, chicken coop and fruit trees at below replacement cost of \$79,500.

**RAY PAGE 338-6267**



## 10 SUPER DUPER

1386 sq. ft. home with full basement near Millard Creek. 3 bdrms., 3 fireplaces, 3 bathrooms, formal dining room, double carport, excellent garden, plus, plus, plus. Only \$62,500.

**RAY PAGE 338-6267**

## 11 FOR A SWINGING COUPLE!

Private 2 acre site on Ryan Rd. near Airbase. This 3 level home features double faced glassed in fireplace separating luxurious living room from formal dining room. Spacious 21 1/2 x 12 1/2 ft. master bdrms. with ensuite has toe tingling heatilator fireplace. Built-in vacuum system. Custom built only a few years ago.

**RAY PAGE 338-6267**



## 12 HOME OF THE SKI FAMILY

Located a short drive from either Forbidden Plateau or Mt. Washington ski areas this fine cedar, 4 bdrm. home boasts large family room with natural rock fireplace & warm sun deck. All this located on well treed 2 acre lot with loads of privacy.

**MAX WEEGAR 334-4568**



## 13 FABULOUS OPPORTUNITY

New listing will sell quickly at \$46,800. 3 bdrm. bungalow type home in a prime Comox area. Split level allows for part basement, full concrete crawl space plus garage. The large lot is landscaped, featuring mature trees and has mountain view.

**AL ROBB 339-3307**

## 14 NEAT ONE ACRE FARM

With 3 bdrms. Bungalow, garage, barn and root cellar. The great soil is producing vegetable, fruit and berry crops. Good water with enough for garden watering. Furniture and appliances available. A great buy at \$43,000.

**AL ROBB 339-3307**



## 15 TWO DENMAN ISLAND LOTS

1.02 acres each, just above ferry on Lacon Rd. One with a view of Beaufort mountains. Priced at \$14,500. and \$12,500.

**AL ROBB 339-3307**

## 16 A LITTLE BIT OF THE COUNTRY

... will be yours for only \$39,900. A nice little babbling creek, 2 bdrm. home landscaping being developed, no neighbours nearby, only the sight of cows and horses. For an appointment to view

**CALL ROD MALTBY 338-5029 or SMOKEY WAGNER 339-4239**

## 17 FULL SEA VIEW: \$27,900.

180 degree spread from on top of this terrace overlooking one of the most glorious views around. Flanked by two creeks with nice smaller trees on the property. Close to the highway for your convenience. Very nice homes in vicinity. Come on in and take a look at this fine property.

**ROD MALTBY 338-5029 or SMOKEY WAGNER 339-4239**

## 18 FIREWOOD & FARMLAND

55 acres of alder bottom midway between Courtenay and Campbell River. A fortune in firewood at just \$59,500.

**BILL MORRISON 339-4063**

## 19 SMALL ACREAGE NEAR CITY

2 acres of beautifully treed property near Courtenay on Lake Trail Rd. A best buy at just \$18,900.

**BILL MORRISON 339-4063**

## 20 RIVERFRONT ACREAGE

5 acres of riverfrontage on the meandering Tsolum River. The last of its kind at just \$33,500.

**BILL MORRISON 339-4063**

## 21 IMMEDIATE ATTENTION!

An older Cumberland home on three quarters of an acre bounded by two streets and located in an area of newly renovated houses. A "fixit bargain" for sure at only \$24,000.

**ANN CHEVRIER 339-3048**

## 22 A BETTER WAY OF LIFE

Instant home and mammoth garage, both in super condition. Yes, it's a neat tidy mobile home with all the labour saving pluses which make so much sense to the time-conscious couple. Move in today and spend your time enjoying life in the country.

**ANN CHEVRIER 339-3048**



**MAX WEEGAR**



**AL ROBB**



**WAYNE GRAFTON**



**DICK GARDINER**



**DUKE SCHILLER**



**BILL MORRISON**



**JOHN FORIN**



**LLOYD WORK**



**ERNIE ANDERSON**



**JIM GORDON**



**ROD MALTBY**



**CLAY GRANT**



**DOUG COOK**



**ANN CHEVRIER**



**HARRY SQUIRE**



**STU LIVING**



**VIC RUSHTON**



**ED FOURNIER**



**RAY PAGE**



**GAYE WORK**



**MICHAEL EMERSON**

**BB BLOCK BROS.**

BLOCK BROS. REALTY  
449 - 5th Ave.  
Courtenay, B.C.  
334-3111

Rely on the bestsellers! Last year our sales specialists put SOLD signs on homes for more than 20,000 Canadians just like you.