



TOTEM TIMES



VOL. 20 — NO. 16.

CFB COMOX TOTEM TIMES

THURSDAY, AUG. 31, 1978



"Big bird" drops in

Heads turned last week when a U.S.A.F. C5 Galaxy payed us a visit. The aircraft was so large that it could not use our taxi ways and had to be backtracked down the runway and into the ramp. Parked on the line it dwarfed not only the voodoos but also the hangers!

Base photo



Not without a fight!

Junior ranks members seem unwilling to give up the Totem Annex without a fight. Members above demonstrate their willingness to save the Annex.

Seriously, the Annex will soon become the "new" Supply Depot.

NEW FEATURES

The old "Fish Wrapper" wishes to welcome our new cartoonist, Willie Haras. Willie recently arrived from Cold Lake where he contributed to the Courier. See page 4.

The first in a series of articles on wine appears on page 7. These articles will deal with types of wines, tasting and entertaining with wine.

NEXT TOTEM TIMES DEADLINE

MONDAY, SEPTEMBER 11

L Gen Carr bids farewell

1. As I hand over command to my successor and proceed on retirement leave I do so with confidence in the future of this great command, the Canadian Forces and, indeed, with confidence and optimism about the future of Canada.
2. The part that each individual in this command has played in generating this confidence is far more than perhaps he or she know. I have loved my service and have enjoyed it, too, and in the whole of the nearly forty years I have worn the Queen's uniform the highlight has got to be the last three years. We have made much progress — but much remains yet to be done.
3. It has been an honor and a privilege to have been your first commander. To have worked with you and to have been so superbly supported. As I leave I ask only that you give your new commander the same loyalty and support you have given me.
4. Thank you, everyone, for capping off my career on such a high note. Sincerest best wishes to you and yours. Sic Itur Ad Astra. Signed WK Carr LGen.

Totem win PAC Region Ball see page 6.

EOD-the unsung heroes of most bombings

War souvenirs are great keepsakes for people who maintain an interest in militaria, but these souvenirs and other explosive devices cause a lot of work for the Canadian Forces Explosive Ordnance Disposal (EOD) people.

Police agencies are responsible for the disposal of non-military explosives and other hazardous material, but in many instances they are assisted by military EOD teams.

In 1977 alone, 479 disposal operations were performed by EOD teams across the country, and several were of a non-military nature. They accounted for 51 per cent of the total national EOD incidents, and recognition of this service to Canada appeared in a recent Energy, Mines and Resources report of the Explosive Branch.

The report says "the unsung hero at most attempted bombings is the highly trained EOD technician of the Canadian Armed Forces who has voluntarily responded to the appeal of the police for assistance...the expertise and ingenuity of the military in bomb disposal is unsurpassed."

According to the report, from 1970-1976, the Forces destroyed approximately 56,000 pounds of dynamite, 53,000 electric and non-electric blasting caps, 2,000 feet of detonating cord and 16,000 feet of safety fuse.

In 1974 the Forces initiated training programs for federal, provincial and municipal forces concerned with the disposal of explosives, and this training and its exchange of explosives information continues.



Easy does it!

A Canadian Forces explosive ordnance disposal (EOD) technician, behind a protective shield, examines a package left on a jetty where a Canadian naval vessel is alongside. With a stethoscope the EOD expert will examine the package externally to determine whether or not it is lethal, and then dispose of it. Military EOD teams handled 479 disposal operations during 1977. (CANADIAN FORCES PHOTO).

OTTAWA (CFP) — Being involved with Explosives Safety at NDHQ, we are automatically attracted to such newspaper headlines as "Souvenir shell explodes,

injures three students" or "Device explodes in hand, Ottawa man loses finger". Both appeared in the local papers recently. As the first incident was

from a wire service story, it probably appeared in your local newspaper as well. In case you missed it, the bare facts are that a teacher brought back two items of ammunition from a stay in Africa. The teacher is quoted as saying that he obviously thought that they were defused and one of them went off when it was dropped by a student.

Unfortunately, these types of accidents are not as rare as one might think. Take the case of the projectile that for years served as a door stop. That is, until a gust of wind blew the door against it and it exploded. Or how about the projectiles that served as mantel decorations until one of them fell off?

Over the years souvenirs lose their meaning, especially if they've been passed from person to person. During the same time the potential hazard of any explosive inside does not wear off; in fact, in some cases the explosive becomes more sensitive to shock or static electricity.

We appeal to you for your own sake, to turn in any ammunition or explosive souvenirs to your local EOD centre. If you don't have a centre, call the MPs, they'll know what to do. Because any explosive inside may be sensitive, the EOD guys won't guarantee they can make it safe for you. If there is any doubt they'll blow it up. Only if they are absolutely sure that the item is inert or harmless will they return it to you. This is for their protection as well as yours. So, do it now, before you forget!

Fishwrapper getting desperate

The last few issues the Totem Times has been advertising for volunteers to replenish our depleted ranks. Response has been fairly good but fallen below the hoped for level.

As this issue hits the streets the moving truck is pulling away from Ken McLean's door. Ken graciously contributed his time until the day before moving. We now find ourselves with no ad man whatsoever.

We remaining few will do what we can until our bosses (and or our wives!) put their feet down. If you would like to help out give a call today. No experience is necessary. We

have an urgent need for an advertising manager and are also looking for an assistant editor, editorial writers and proof readers. Call today, Brian Puttock local 238 or 339-5370.



Totem's Ad man commended

SGT. KEN McLEAN receives a well deserved commendation from the Base Commander, Col Burgess. Ken devoted many of his off duty hours to

the newspaper and kept us at a "break-even" level. Ken and family are off to Hogtown and eventually to Greenwood. Thanks Ken and good luck.

Nighthawks nest

During the past couple of weeks the Night Hawks have been kept pretty busy performing flypasts for various places and events. On the long weekend the 'Q' crews were relieved somewhat from their boredom since there were flypasts on each of the three days. On the Saturday, a flypast at Tahsis was carried out and although it was fairly early in the morning there were some people out to see it, maybe. Sunday's 'Q' crews flew across the straits to Chilliwack to show people there that Canada's finest were still on the job. A flypast at Comox was performed on the Monday for the opening celebration of Comox Days celebrations.

409's softball team won the inter-section softball championship by defeating 442 squadron in three straight games. Congratulations go to them.

Although LCol McAffer has been CO of the Squadron for three weeks now the Nighthawk's Nest officially welcomes him to the squadron. As well, the squadron welcomes Mel Ferraby and Don Orr into the nest. At present, the Colonel and Mel are undergoing Combat Ready Training but should be in the 'Q' shortly. Don is taking over the T-33 shop in 409.

A NORAD wide exercise on the evening of 9th of August saw the Nighthawks launch into the skies above Comox as they defended against the targets entering their area. John Wiggin and Trev Wallace flew a 101 down to Abbotsford on Thursday 10 August for a static display for the airshow. Dave Taylor and Andy Dobson drove over to help with the static. As well, John was the commentator for all military displays. We hear he's been offered a job in a newsroom.

The formation team did not fly Friday due to weather but were able to fly both Saturday and Sunday. They landed at Abbotsford Sunday and were able to see part of the airshow. At a get-together at the end of the airshow the Abbotsford organizer presented each display team with a memento. Even though Jake was sober, he almost fell flat on his face when he walked up the steps to receive his. Everyone enjoyed the flying as well as the scenery surrounding the airshow.

On the weekend LCol McAffer was down in

Colorado Springs attending a Commanders Conference.

A Stag for Andy was held at Trev Wallace's place on Thursday nite.

Last weekend saw a lot of Nighthawks depart the Comox Valley for a few weeks. Doug Evans and Tom Watt are off to Bagotville on the AWIC Course. The course is not all hard work since they are programmed to go to England for a week. Rich Zvyvitski and Dave Armstrong are in Chatham for the work-up for Willy Tell. John Wiggin who is the back-up has also left for Chatham. And George Wissler is taking John Wiggin's slot at Staff School in Downsview for ten weeks. George will be 409's volleyball team captain upon course graduation and return.

The Voodoos have been back flying for 3 weeks now with no problem occurring here at Comox. The ground crews are working extra hard carrying out the increased inspections relieving the likelihood of any problems that may occur.

The United States Navy staged out of Comox for a Navy exercise last week with eight dual sticker A-4's. On the Wed the Q crews, Terry Day and Dave Armstrong and Lance Dann and George Kulk along with three VC-13 A-4's formed a five plane formation with LCol Hollowell and the photographer in the T-bird chase. Once the photographs were taken a five plane Vic and a T-bird that sneaked in did a low approach down runway 11.

Two crews, Maj's Koski and Hellberg and Dale Erhart and Mel Felts, flew down to McChord to hold Q for the 318th. Another two crews flew down to form a ten plane flyby for the 318th change of command parade. Due to the rain, the parade went inside, and the 2000 foot restriction, the two people who saw and the rest that heard the flyby said it was a great success. The two flyby crews, Bruce Arnold and Trev Wallace and Lance Dann and George, Kulk attended the "Dining out" that evening. The "grog bowl", which one would expect to be somewhat like "Witches Brew" and turned out to be fruit punch, was attended by all four stalwart warriors on the "point of order" that 409 promised four Voodoos for the flyby and only produced two.

The wine luncheon was a good time. However, with so

many people away the number of past members almost out-numbered air-crew.

A team of vibration experts will be arriving this week to check out engine vibration on the afterburner fuel sensing line.

Congratulations to Andy and Carolyn Dobson who were married last Saturday at the St. Michael and All the Saints Chapel. Andy and Carolyn would like to thank those who attended and especially those involved in the flyby.

ATC news

The usual rash of summer departures is trickling to a halt with only two left to go: Capt. Dave Barney to Moose Jaw and Pte. Eric Hawk to Germany. That depends on the irregular service flights, strike bound Air Canada and a little help from above. Service flight to Edmonton and covered wagon to Moose Jaw "ain't great."

M Cpls. Rice from Greenwood and White from Shearwater will be arriving shortly to bolster our Radar Controller end of the shop.

Pte. Rick Watcher has arrived and is checking out as a Tower B-stand and Pte. Stewart and Baker are working both Tower and Flight Planning before they go on the B-stand course.

Intersection moves include Capt. Dale Webb and Pte. Val Venne to Ratcon and Cpl. Chris Couglin back to Tower after a short stay at Ratcon. Chris has put in his release from the CAF and will probably stay in Tower till his departure.

People selected for various courses include WO Art Kirschner and O Cdt. Bob (HOG) Gorman to the VFR Controller course and our 28 percent Cpl. Serge Roy to the PAR course. All three will be going to Borden in October.

With QUAD Radar conversion and the new PAR installation slowly occurring, it looks like our Radar controllers will be working a little overtime. The good news is that you will finally get free meals from the mess, the bad news is you might only get home once a week.

Well that's it - thanks for everything and I hope ATC News will continue.

P.S. To Supply - Where are our slide projectors for our Overhead Data System? (8 months is poor).

To CE - What about our No Break Power System?

To Day workers - I hope we have some Base recalls on weekends so you can lose a few days off.

To Mess Hall - Why don't we have free meals in the evenings?

To Various Small Sections - How about the odd article for the Totem Times?

To Clothing Stores - Why are you either closed for stocktaking or don't have the right size when I go over?

To All - I really have enjoyed the Base over the last 3 1/2 years.

DJB

CELEBRATION!

21 Radar Sqn. St. Margarets, N.B. will celebrate their silver jubilee, 3-5 Nov. 78. Accommodation in the area is limited and former members wishing to attend must make their own arrangements. Personnel having pictures they can contribute to this event, or wishing further information may contact the Unit Information Officer, 21 Radar Sqn. St. Margarets, James Park, N.B. EOC 1Jo. Local 213.

Remerciement et Bravo a la Discipline Militaire

I wish to use this opportunity to express my personal feelings.

I wish to express my deepest thanks to the C.A.F., for all the tact and attention which they bestowed on myself, as well as my family after the disappearance of my son, Cpl. Jean-Clement Lemay.

I was greatly impressed by the devotion and endless availability of personal who arranged a trip which without them, would have been very difficult.

My thanks again to the C.A.F. for sparing no expense during these most difficult times.

From the bottom of my heart, thank you!

Mme. Lemay, on behalf of the family.

Je voudrais profiter de l'occasion que m'offre votre journal pour transmettre mes

peneses personnelles.

Je voudrais etre capable d'exprimer le plus gros des Merci aux Forces Armees Canadiennes pour les delicatesses et toute l'attention qui-ils m'ont manifestes, ainsi qu'a ma famille, lors de la disparition de mon fils, le Caporal Jean-Clement Lemay.

J'ai ete reellement impressionnee par leur devouement et leur disponibilite sans limite afin de faciliter un voyage qui de par sa tristesse aurait ete tres difficile sans leur support et leur appui constants.

Merci encore mille fois aux Forces Armees Canadiennes, pour n'avoir rien menage durant cette periode difficile, et ce par tous les moyens dont ils disposaient.

Du fond du coeur, Merci!

Mme Lemay,

Au nom de la famille.



Robert Peary is credited with being the first person to reach the North Pole, arriving there in April, 1909.

Demon doin's

Welcome back from summer leave for crews two, six and half of crew three. It took two more weeks for the other part of crew three to show again. They were only missing a TACCO, another navigator, an engineer and an observer. Capt. Johnson sure picked a good time to become VPCC of crew three.

There are some new personnel joining the ranks of the Derfons. Welcome to Major Macey and Capt. Mellisen. So we now have a real Flight Commander. Perhaps Major Macey can solve the mystery of the missing days off. Capt. Mellisen has yet to attend MOAT so he will be departing in mid-September.

Crews four and five have returned from the deployment in Moffett. But they haven't been back long enough for all the stories to filter out. However, midway through it Capt. Mascotto had to make a supply run, so it must have been ops normal.

Crew one has finally got their summer leave. Between competition crew, a Norpat and then being the only crew for one week, they deserve a rest.

Crew one's Norpat was a good one but after all the work was done, the airplane didn't want to come home. But Col. Hamilton saved the day for half the people by flying them out. And at least one good meal was had by all when Mel Barrie organized a fifty pound fish barbecue.

We Colonials were paid a visit by the British when they came for the airshow. Crew one attempted a fishing expedition for them but between three boats, only three fish were caught. And as a finishing touch, Moe invited the crash boat crew to come aboard his vessel.

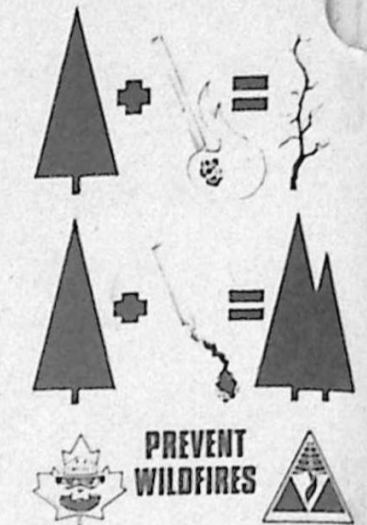
Major Van Der Pryt has changed jobs and is now occupying the office of XO.

Our hangar has a new roof now, but not before a storm

came up while an engine change was going on, outside. Crew two navs have attempted a compass swing a few days ago, but someone forgot the rope. Once they sorted out the B-6 the job was completed in a mere three hours.

And last but not least 712 moved out of the hangar for a couple of days.

Capt. Shurson



THE SUMMER OF '78

In the summer of 78, A year remembered well, Old-timers of the Valley, Have a sad, sad tale to tell.

Now listen to this story, It's enough to make you cry, Between the heat and the beer strike, The Valley was BONE DRY!

To pursue this sad tale further, I'd have to tell you true, That the Annual CE Picnic, Would be held without one brew!

This news flew around the Section, It spread both far and near, It nearly caused a panic, For what's a picnic without beer?

They wrestled with the problem, Ted, Bill, the major too, The picnic date was nearing, And no sign of a "Blue".

Then up spoke Corporal Michaud, Knowing time was drawing near, Told all CE assembled, "I will get your bierre."

They thought he'd be a hero, They thought their thirst he'd slake, He came back empty handed, Bugged down in some red tape.

Although at first discouraged, They bounced right back with hope, There must be a solution, What good to sit and mope?

So in the CE spirit, Undaunted to the last, Ed Kingstone was selected, To break the sullen fast.

He swore it all was legal, Even swore by all that's holy, But who would dare to question, When he came back with the "Oly".

The picnic was a huge success, Kids raced and came in first, And in between the sports events, The grown-ups quenched their thirst.

And so a sad, sad story, Turned out to be some fun, And the moral of the story is — "CE GETS THINGS DONE!"

MET man out of job

MOWCOW (UPI) - The Russians may not believe in the Easter bunny, but they report they do have a hare that forecasts the weather in grateful appreciation to the peasants who fed him over a hard winter.

The official Soviet news agency Tass reported in a dispatch from Minsk Tuesday that a friendly hare in the Byelorussian village of Novyazki warns the local peasants of impending rainfall by beating a roadside stump with his paws.

"This living barometer proved to be very dependable," Tass said.

"The hare never makes a mistake, and what is most valuable, he warns about rain

several hours in advance, which is enough for the peasants to prepare for it."

This Bugs Bunny barometer appeared in the village several years ago.

Moving from farm to farm, he would solicit carrots by drumming on their window panes with his paws.

"But the meaning of the hare's drumbeat remained obscure to the peasants for some time," Tass said. "Then they began to notice that every time after such a performance by the long-eared drummer, it rains."

Tass said Byelorussian zoologists regard this example of a hare communicating with human beings as very rare.

BOB'S TOWING and BOB'S VALLEY SERVICE

Chevron Dealer Radio Controlled

24 HR. SERVICE
CALL 334-4124
After Hours 334-4967
SERVING THE COMOX VALLEY ANYWHERE - ANYTIME - ANY SIZE
260 Island Hwy. N., Courtenay

EW

Courtenay
Adults \$2.75, D.A.P. \$1.00, Child \$1.00

Mon. to Thurs. - 8:15 p.m.
Two Shows Fri. & Sat. - 7:00 & 9:00 p.m.
Matinee This Saturday - 2:00 p.m.

Thurs. to Wed. - Aug. 31, Sept. 1, 2, 4, 5, 6
MATINEE SATURDAY - 2:00 P.M.

WALT DISNEY'S **The Jungle Book**
GENERAL Phil Harris

Thurs. to Wed. - Sept. 7, 8, 9, 11, 12, 13
"JOKES MY FOLKS NEVER TOLD ME"
"Warning - A sex comedy" - B.C. Director

Starts Thurs., Sept. 14 - Burt Reynolds "HOOPER"

Stardust
Drive-In Theatre

Island Hwy. & Williams Beach Rd.
ALL ADMISSIONS \$3.00
ALL-NITER ADMISSIONS \$3.25
SHOW TIME: DUSK

Aug. 31 to Sept. 6 - 6 Days
"HOOPER" Plus "ODE TO BILLY JOE" MATURE
"Occasional nudity, coarse language"

Special All Niter - Sun., Sept. 3
BIG 5 HITS
Sept. 7 to 13 - 7 Days
"JAWS 2" Plus "HEROES" MATURE

MIRACLE DRIVE-IN

BLACK CREEK, B.C. 337-5097
ADMISSION: \$3.00 PER PERSON 13 & OVER GATES 8:45, SHOWS AT DUSK

AUGUST 10 - 16
SATURDAY NIGHT FEVER
Plus
THE ONE AND ONLY (MATURE)

AUGUST 17 - 20
THE BAD NEWS BEARS GO TO JAPAN
Plus
THE DOVE (GENERAL)

AUGUST 21 - 23
KENTUCKY FRIED MOVIE
Plus
GAPONE (RESTRICTED)

AUGUST 24 - SEPTEMBER 2
GREASE
Plus
AMERICAN HOT WAX (MATURE)

WATCH FOR THE ALL-NITER SEPTEMBER 3

WO'S & SGT'S MESS

Sept. 1, 8, 15 - TGIF. Food will be served at TGIF's commencing Sept. 15. Sweet and Sour Spareribs with Fried Rice.

Sept. 16 - Mixed Mess Dinner

— MOVIES —
Sept. 3, 10, 17, 24

CHIPPED BEEFSTEAK for BBQing, available at the bar, \$1.00.

MESS ENTERTAINMENT - DIAL 339-4113

OFFICER'S MESS ENTERTAINMENT

★ FRIDAY, AUGUST 11, 18, 25 - Regular T.G.I.F.'s. Subsidized drinks & food 1630-1730. Bottle & Jackpot draws at 1730. Dress casual.

★ SATURDAY, AUGUST 12 - Barbecue and Disco. Subsidized steaks. (Barbecue your own) 1830-2030. Disco Dance 2030-0030. Steaks \$2.50 per person. Beer, if available, \$2.00 per jug. Dress casual.

NOTE:
Reservation cancellations for any function will be accepted up to one working day before the function at no charge to the member concerned.

Jr. Ranks Club

- 9 Sept. - Candlelight Dinner - Dance - Floor Show. Cocktails - Prime Rib - Wine. Dress: Semi-Formal. Tickets \$20.00 couple. \$10.00 single - PMC office.

- 15-16 Sept. - Disco. Lounge.

- 22-23 Sept. - Good versatile group from Vancouver. "Good Times".

- 29-30 Sept. - T.B.A.

WATCH FOR OKTOBERFEST INFORMATION NEXT ISSUE

- MOVIES -

- Aug. 15 - DOMINO PRINCIPAL (Restricted)

- Aug. 22 - OUTLAW BLUES

- Aug. 29 - BINGO LONG AND TRAVELLING ALL STARS

— ENTERTAINMENT ANSWERING SERVICE —
PHONE 339-5212

5000 aircraft at MASDC

world's third largest airforce!



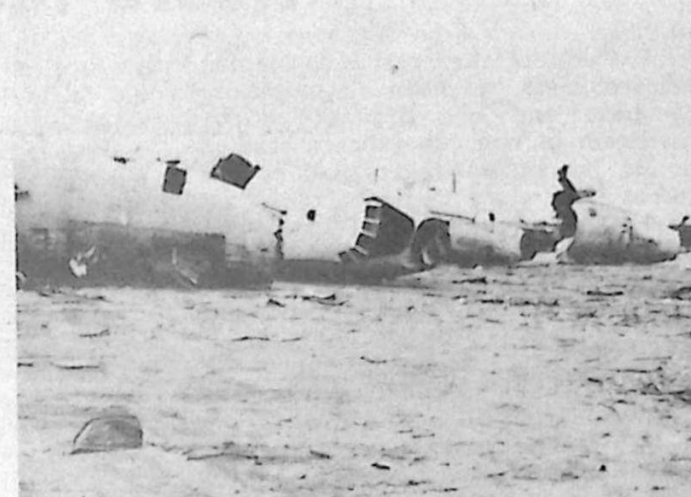
Aerial view of MASDC



RF-101B (Former CF-101B)



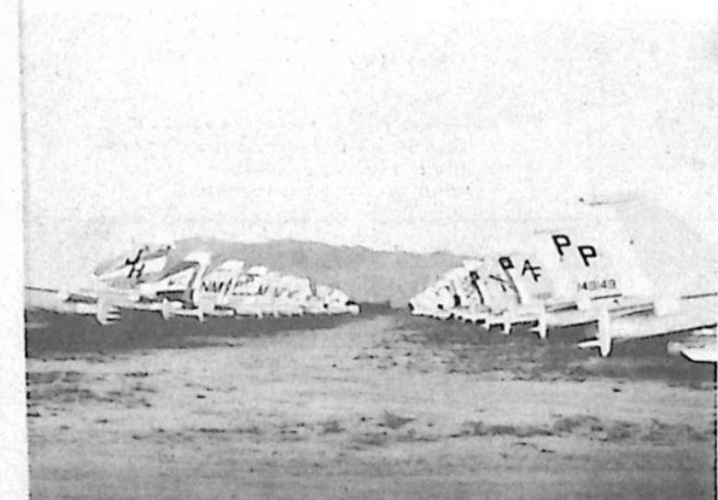
F-111 covered with Spraylat



Super Connies being scrapped



One section of B-52's



Two of many rows of F-8 Crusaders

The world's third largest airforce sits under the hot desert sun at the Military Aircraft Storage and Disposal Center (MASDC) near Tucson, Arizona.

The number of aircraft is awe inspiring. Row upon row of combat, training, and transport aircraft reach off to the horizon in every direction. Most of the aircraft date from 1950 or later, and an abbreviated list of types includes B52, F100, F101, F102, F4, F8, A4, T33, T38, P2U, and KC97. There are also one of a kind aircraft such as the prototype Boeing 707, two prototype F15's, and the B52 launch bed for the X15. More than 4700 aircraft presently cover the storage site at Davis Monthan AFB.

MASDC is a 3000 acre warehouse of aircraft and aircraft parts. Half of the aircraft now in storage are expected to be returned to active service either with the U.S. Military or through sale to foreign governments.

Many of the aircraft used in the Viet Nam conflict were drawn from MASDC, as were the CF101's presently flown in CF Air Defense Group. Aircraft can be recovered from storage and flown out of Davis

Monthan in one week on a routine basis, or as little as two days to meet an urgent requirement.

The remainder of the aircraft at MASDC are used as a source of parts for aircraft types still in service. Parts availability is catalogued by computer. For example the 154 B52's at MASDC now provide the only source of many parts for that aircraft type, which was scheduled to remain in service for only ten years.

The climate and soil conditions at MASDC are ideally suited for long term aircraft storage. Deterioration and corrosion is minimal because of the low rainfall, 10-20 per cent humidity and alkaline desert soil. The ground is sufficiently hard that aircraft can be safely parked anywhere.

Upon arrival at MASDC, an aircraft is prepared for storage first by removal of its armament and classified equipment. Its fuel tanks are purged and its fuel system coated with a light film of oil. The engine intakes and exhausts are covered with paper, and all cracks in the upper aircraft surfaces are taped.

Finally a plastic compound called "Spraylat" is sprayed over canopies and radomes in addition to the taped and papered surfaces. While the Spraylat does help protect aircraft interiors from dust and moisture, its principal function is temperature control. Aircraft interiors which otherwise can reach 100 degrees C causing damage to rubber parts and sensitive components, with Spraylat will remain only 3 degrees C higher than the surrounding air.

When the U.S. Military can forecast no future employment for an aircraft or when there are no useable parts left, the aircraft are sold as scrap. Combat aircraft must be destroyed but others may be sold relatively intact. Allied Aircraft Sales Inc., which is located adjacent to Davis Monthan is one of the major buyers of MASDC aircraft.

Aircraft selected for scrap are sliced up by a five-ton blade and then melted down into 1200 lb. aluminum ingots. Much of this aluminum is then sold to Detroit for use in new cars. Allied Aircraft also repair for sale some

helicopters and transports. A refurbished C54 sells for around \$80,000.

Fortunately for aircraft enthusiasts, not all aircraft are destroyed. The Pima Air Museum, located within sight of Davis Monthan, has received many aircraft types from MASDC. Even Allied Aircraft has preserved from destruction one of the three remaining B58 Hustlers.

When MASDC officials were asked what aircraft they are expecting in the near future, the surprising reply was F14's and AV8's.

Capt. S.M. Robertson
Capt. W.R. Cleland

Our thanks go to the following:

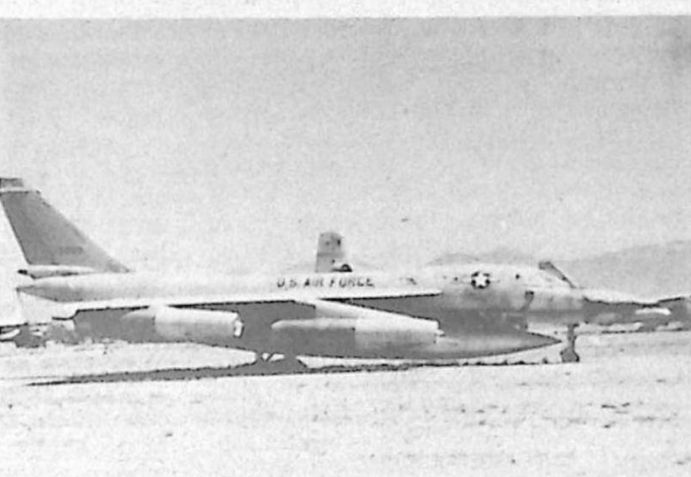
Lt. Triplett, Public Information Officer MASDC.

ADAN Jack Harding, for an absolutely great tour

Robert Hoover of Allied Aircraft Sales.

409 SQN., for providing a T33 for the trip to Davis Monthan.

This article was made possible only due to the co-operation and hospitality of those listed above, and others too numerous to mention.



One of last 3 remaining B-58 Hustlers



F-15 Eagle prototype

Comox Valley Harvest of Music festival

On Sept. 9-10, 1978 Courtenay will host its first annual "COMOX VALLEY HARVEST OF MUSIC FESTIVAL," sponsored by the Central Island Arts Alliance.

There will be an hour's break from amplified sound each day. During this break you will be treated to the pleasures of Circus Minimus and Manfrog Theatre. For

everyone's added enjoyment you will be royally entertained by the roaming clowns and jugglers that will be visiting us for our two day event.

Food booths will provide a variety of food for the hungry. In keeping with the feeling Nature is the perfect setting for such a wonderful event we have set up a re-cycling depot to prevent litter.

The "COMOX VALLEY HARVEST OF MUSIC FESTIVAL," will be held Sept. 9-10, 1978 from 11 a.m. to 11 p.m., both days.

LOCATION: Old Fairgrounds on Headquarters Road, across from Vanier High School.
PRICE: \$8.00-Advance for the weekend. \$6.00-Per day at the gate. \$10.00-Per weekend at the gate.
ADVANCE TICKETS: Advance tickets maybe obtained at the following outlets,

POSTED

Call Collect or write for information on:

- Homes
- Lots
- Acreages
- CANADA WIDE FIND A HOME SERVICE



* Your Listings Solicited For courtesy and prompt action call
TOM PROCTER
NANAIMO REALTY (Courtenay) Office 334-3124 Residence 339-2668

SATURDAY-Sept. 9th tentative lineup.

- 11:00 Larry Robins-Local Yokel.
- 11:30 Andy and Desmond-Local fold duet.
- 12:00 Straight Ahead-Local jazz quartet.
- 1:00 Jim and Melissa-New Orleans jazz.
- 1:45 Judy Norbury and friends - Folk artist with original material
- 2:20 Bruce Sexaur-Funky folk musician and Luthier with wide spectrum of musical influences and sources.
- 3:00 Waves-Interesting combination of Jazz-Classics-to Rock and Funk.
- 4:00 Kim Calloway and Jon Van Arsdell-Old time ballads and original songs about the working lifestyles of this coast.
- 4:40 Casablanca-Hale Gerow's songs with former Comox Valley artisans Mikal Deese and Micheal Dunn.
- 5:40 Mime-No amplified music.
- 6:00 Circus Minimus.
- 7:00 Denise Larson-Prairie upbringing reflected in songs of work life and love.
- 7:40 Pied Pear-Original duet which defies description.
- 8:40 Sabor-Authentic 8 piece hot Latin Band with 4 brothers from Peru.
- 9:40 Surprise Spot
- 10:30 Dove Christopher-Contemporary minstrel who uses a popular jazz medium to launch free flowing messages in song.

SUNDAY-Sept. 10th tentative lineup.

- 11:00 East Indian Folk-Jazz-Vocal ocudition and devotion, soft drones and crisp tables.
- 12:00 Benedict-Energetic Vancouver folk writer, singer and stylist.
- 12:40 Powder Blues-Chicago blues in the 70's. Hot players!
- 1:40 Betty Chaba and Friends-A trio of hot folk-jazz originals.
- 2:40 Mulberry Street Jazz Band-Rare local band of New Orleans swing jazz style.
- 3:30 Syn-phonie-Mellow melodic approach to electronic music with synthesizers.
- 4:20 Surprise Spot.
- 4:20 Maple Sugar-Pure driving Bluegrass
- 5:00 Theatre Hour-No amplified music.
- 6:00 Huckle and Real Fantasy Band-Well known Perth Country-West folk balladeer in a great new folk jazz blend.
- 7:00 Allen Keirstead-Strong delicate songs with an unusual rippling guitar style.
- 8:00 Sneaker-Colin Lazzairini and some of the hottest jazz musicians in B.C. with jazz tunes and re-vamped ballads.
- 8:30 Street Hearts-Original gospel, country, light jazz-rock.
- 9:40 Island-Electrifying folk rock.
- 10:50 PLEASE NO PETS OR INTOXICANTS.

Island highway improvements

A six kilometre paving job on three sections of the Island Highway between Parksville and Courtenay, has been called for tender, it was announced today by Highways Minister Alex V. Fraser.

First section, the Dashwood section, is located about 17 kilometres north of Parksville, and proceeds northwest along the highway for 1.5 kilometres, where

spray primer coat, asphalt surfacing and gravel shoulders will be installed.

Second section is at Bowser, 30 kilometres north of Parksville, and begins at Crossley Road, then north for 2.2 kilometres. Similar work will be done to that in the Dashwood section.

Third and final section is located about 16 kilometres south of Courtenay beginning

at the north abutment of the Washer Creek bridge, then north for a distance of two kilometres.

The work is the same as at the other sections but includes construction of asphalt levelling course to level existing pavement and a 330-metre frontage road 140 metres north of Washer Creek.

VALLEY HOME IMPROVEMENTS

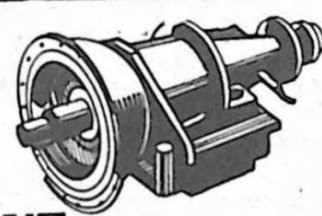
SERVING NORTHERN VANCOUVER ISLAND

- REMODELLING CONSULTANTS
- CUSTOM STUCCOING

301 Puntledge Rd.,
Courtenay, B.C.
338-8821

TRANSMISSION

SPECIALISTS



- ADJUSTMENT
- REPLACEMENT
- CHECK-UP
- LARGE STOCK OF PARTS, CONVERTERS AND RC TRANSMISSIONS

NOW... ALSO SPECIALIZING IN

ENGINE TUNE-UP SERVICE

DIAGNOSIS BY THE LATEST ELECTRONIC ANALYZERS.

DAVE'S TRANSMISSION REPAIR

370 Puntledge, Courtenay Phone 334-2917



CHALET MOTORS

69 M.G.B. ROADSTER Wire wheels, Two tops	\$1995
76 MAZDA 808 Coupe, Only 9,000 miles	\$3295
74 DODGE DART Sedan, Automatic	\$1995
71 TOYOTA COROLLA 2 dr.	\$1295
76 MAZDA MISER Station Wagon	\$2995
70 MAZDA 1500 Sedan, New paint.	\$1095
73 MAZDA 808 Cpe. Automatic trans.	\$1895
72 DATSUN 1200 2 dr. sedan	\$1495
71 MAZDA 1200 2 dr. sedan	\$1095
75 PINTO Hatchback, 4 Speed Trans.	\$2495
73 DATSUN 510 Sedan New Paint	\$1695
69 AUSTIN 1100 Mk II	\$695
74 MAVERICK Automatic	\$2495
73 DATSUN 1800 Sedan, Automatic	\$2295
72 MAZDA 808 Coupe, Rebuilt motor	\$1695
74 TOYOTA CELICA Low mileage, Very clean	\$3495
74 MAZDA 808 Station Wagon	\$2495

TRUCKS

74 MAZDA P/U 1800 c.c. Only 27,000 miles	\$2695
72 G.M.C. 1 Ton, Flatdeck	\$3295
76 TOYOTA P/U and Camper, Just loaded with extra equipment	\$5495
76 COURIER P/U, 24,000 miles	\$3495
71 CHEV 3/4 TON P/U & CAMPER	\$4495
71 FORD F-100 PICK-UP V-8, New paint, automatic	\$2295
73 COURIER PICK-UP 4 Speed, New paint	\$1995



CHALET MOTORS

Dealer No. D6555
148 Island Hwy., Courtenay
Phone 338-5478

AT THE TOP OF MISSION HILL
COURTENAY CHRYSLER PLYMOUTH (1970) SALES LTD.
Dealer Lic. 10864
HORIZON and OMNI
- Front Wheel Drive
CAMPER VANS - CUSTOMIZED VANS
DODGE TRUCKS - PICK-UPS - VANS
Full Line Display on Hand At All Times

GORDIE BERNARD
Ex C.A.F. Vehiolo Tech
Top Quality USED CARS

THE "MARINER" and "SEASCAPE" APARTMENTS
Comox Avenue, Comox (Next to the Hospital)
1 BEDROOM SUITES from \$150⁰⁰
2 BEDROOM SUITES from \$210⁰⁰
• OCEAN & MOUNTAIN VIEW
• W.W. CARPETING
• DRAPES
• STOVE & FRIDGE
• FREE CABLEVISION
• INDIVIDUAL SUNDECKS
• LAUNDRY ROOM EA. FLOOR
• LOCKER ROOM EA. FLOOR
• CONTROLLED ENTRANCE
• AMPLE PARKING
• ELEVATOR
• RESIDENT MANAGERS
For Appointment To View -
Phone 339-5417 or 339-5309

Study sees troubled times

The officers mess

A study of the institution of the Officers' Mess has been circulated on the base and has provoked much discussion among the officers who've seen it. The study, titled 'The Canadian Forces Officers' Mess in Troubled Times', was written by Maj. A.H. Brett, a student at CF Command and Staff College, '77-'78. The paper was compiled from a study of over a thousand questionnaires returned to Brett from many bases and stations throughout the forces; Cold Lake was among the bases involved.

Brett traced the history of Canadian messes, and how they developed from the British model. Canadian messes are still pretty much in the same British tradition today.

There are stated official reasons for the maintenance of messes: "To provide a home for the living-in officers; and, to provide a social centre for serving officers and their families". The latter role becomes of significance in semi-isolated bases such as Cold Lake, and even more on isolated stations. The mess also serves to train junior officers, being the only locale where they would have contact with senior officers socially.

Brett's study doesn't address the Warrant Officers and Sergeants mess nor the junior ranks clubs, their functions would be essentially the same.

Major Brett's contention is that mess usage is the best method of judging whether or not the mess is doing its job. Brett also contends there is a definite correlation between mess usage and the esprit de corps and the comradeship of officers in a base or unit.

Based on the statistics gathered in his survey, Brett sees troubled times ahead for the officers' mess. Only 63 per cent use the mess for any reason weekly; fewer than half use the mess socially in any one month; and, nearly 31 per cent of officers 'hardly ever' go to the mess at all.

Some of the statistics found in the survey for staying away from the mess are: 21 per cent prefer to use civilian facilities; 57 per cent disagree with the dress regulations, 42 per cent believing

they are too restrictive; and, one third said 'behavioral regulations' were too restrictive or too relaxed.

Nearly half of the officers surveyed said the activities and entertainment scheduled in the mess were 'only slightly entertaining', 'boring', 'dull and repetative'. Fully half of the officers said there was too much reliance on booze and a quarter said the food was 'barely adequate or poor'.

There was no real consensus on costs (except that everybody always thinks everything costs too much), although very few officers said they would be willing to pay more even if the messes did satisfy their wants.

Some not very surprising statistics showed a much lower incidence of mess attendance after work as distance increased from the mess to home. The affect of distance was less pronounced when social events were considered, such as dances and other mixed functions.

Army officers, although unhappy with the 'base concept' of messes (most would have preferred the old system of unit messes) were the most used and that army officers were generally the happiest with the status quo. Air force messes were the next most used, and the navy officers were the most indifferent to messes ashore.

The greatest support for a 'club-type' mess system came from the air force contingent. Army officers were mostly against such a move.

Major Brett, in his conclusions based on the replies he garnered during his study, sees troubled times ahead for the mess system. He found use is low and becoming lower, members are becoming even more indifferent to the mess and are generally unwilling to pay more to maintain the messes. He said some of the suggested fixes, such as the 'fostering and continuation of tradition' (a favorite army suggestion) and the re-establishment of unit messes (also favored by the grunts) would be very difficult to achieve.

Courtesy Cold Lake Courier.

Club or mess

Major AH Brett's staff college paper on the mess system in the CF has raised some comment here, and no doubt, elsewhere.

One of the interesting findings in the paper was that there was considerable support (army officers excepted) for a change to a club system to replace the mess.

The essential difference between a club and a mess is the responsibility for running them. The mess, as we have it, is run by the members with 'volunteered', appointed and elected (read railroaded) members of a committee responsible to the members. If the mess goes in the hole, the membership is obliged to dig deeper and fish it out. The members vote and decide on virtually every facet of the mess operation, (subject to the approval of the BComd). Full membership (voting) is limited normally to serving officers; this proviso is the key to many of the expressed dissatisfactions with the mess.

The club, on the other hand, is run under contract. As long as the eligible members are happy with the operation, they spend their money in the joint and the manager keeps his job. The most important point, perhaps, is that there are no second class members.

Once a person satisfies the initial requirements for membership, and continues to pay dues, that person has full use of the club.

Many have a knee-jerk reaction of horror to the suggestion of changing to a club type of operation. There isn't a Canadian officer who doesn't have a terrifying tale of O clubs in the US of A. 'Run by the wives club', full of anklebiters and other undesirable...and so on. It isn't profound, but it is true to say the truth lies somewhere this side of those patronizing stories.

Consider, male chauvinists, for a moment the benefits of a club system for a dependant wife who is stranded in Winnipeg's AMU when the sked has been delayed for yet another 'two' hours. If we had a club, she could go there, have a meal, have a drink, and seeth in comfort over the vagaries of travelling White Knuckle Airlines. We would prefer that to the present system whereby the husband may do so but the wife may not.

Those of you who are worried that she might be sought out by a good-looking, smooth-talking navigator are insecure; go see a shrink.

Or, is 1995 here forever?

Courtesy Cold Lake Courier

"Butt out"

It may not be a red fire engine ready to put out a blaze, but the red and white Action B.C. van with the large Kiwanis Crest will be a sure sign that help is on the way for teenagers who want to stop smoking.

"Butt Out" is a smoking cessation program designed for teenagers. "Butt Out" will be delivered throughout the province during the next nine months.

"We are really excited about this program," said Marie Tracy, the Project Director, "we know that teenagers are looking at the smoking adult population and questioning their rational for continuing to smoke, when there are so many reasons to stop. Teenagers are choosing to quit smoking rather than end up becoming dependent, life long, cigarette users." Teenagers see the clouds of cigarette smoke for what it really is - air pollution. They watch the phoney world of smoking and the cigarette advertisers

promise of "the good life", which is really just an expensive way to get bad breath and lose ones personal freedom.

Over half of all smoking teenagers want to quit smoking according to questionnaires issued in Vancouver schools. The questionnaires, which were issued to 10,000 students in grades 10, 11 and 12, also show that fewer boys are smoking: 18.5 per cent of boys smoke compared to 27.1 per cent of girls in the same grades.

Today's focus is on maintaining good health in order to enjoy life to the fullest. "Butt Out" and the other Action B.C. projects have the most up to date information on, How to Stay Healthy! How to Feel Great! How to Get in Shape! and How to Quit Smoking!

The red and white van will be arriving in Comox-Courtenay Area September 13 and 14, 1978.



Nitrates in cured meat

OTTAWA - Health and Welfare Minister Monique Begin today announced that additional restrictions on the use of nitrite in the curing of meats in Canada are not warranted at this time. The decision was reached following thorough evaluation of available information on the benefits and risks associated with nitrite.

Miss Begin noted that it has been a long-term policy of her department to limit the use of nitrite and nitrate, a related chemical, to levels necessary to prevent formation of botulinus toxin in cured meat products.

The department's long-term goal is to phase out the use of nitrite and nitrate if safe and effective substitutes become available. Thus, use of nitrite in curing fish products was prohibited in 1959. In 1975, almost all permitted uses of nitrate in curing of meats were stopped, the remaining uses of nitrate were restricted to a level of 200 parts per million, and the level of nitrite added in the curing of bacon

was reduced to 150 parts per million and 200 parts per million in preparing other cured meat products. Regulations prohibiting the pre-mixing of nitrates and nitrate with other components of dry cures also were promulgated in 1975.

Until recently, concern about nitrite focused on the possibility that it could combine with other chemicals in foods and in the body to produce substances called nitrosamines, which are potent cancer-producing agents. A recent U.S. study by Professor Paul Newberne of the Massachusetts Institute of Technology has suggested that nitrite itself may produce cancer when fed in high doses to rats. Officials of the Health Protection Branch (HPB) are fully aware of the Newberne study and have been in close consultation with Dr. Newberne and with health officials in the United States and United Kingdom. A detailed examination of the Newberne study and of all other published information

bearing on the safety of nitrite is being undertaken by HPB scientists.

HPB has had active programs of investigation on the safety of nitrites underway for several years. In a recently-concluded long-term study conducted under contract for the Branch, rats were given diets that included 25 per cent cooked bacon made with or without nitrite throughout their lifespan.

The incidence of cancer was unchanged in animals given the nitrite-cured bacon as compared to those receiving bacon without added nitrite. The results of this study provide added assurance on the safety of nitrite under practical conditions of use.

In considering appropriate action on nitrite, it must be kept in mind that its use is required to prevent growth in cured meats of Clostridium botulinum, a microorganism which causes botulism, a serious and often deadly disease. Nitrite also retards the growth of spoilage microorganisms and imparts

a characteristic flavor and color to cured meats. To date, no suitable substitute for nitrite has been found.

Thus, it is necessary to balance the essential value of nitrite in preventing botulism against the theoretical possibility that it may produce cancer, either directly or through the formation of nitrosamines.

At present, if nitrite were not used, bacon, ham, and other cured meat products as we know them would not be available to the public. The cooking times and temperatures necessary to ensure bacterial safety of canned meat products such as luncheon meats made without nitrite would render these products esthetically undesirable. All remaining smoked meat products would require storage at refrigeration temperatures.

Since no safe and effective substitute for nitrite is available, elimination of its use at this time would expose consumers of processed

meats to the very real risk of botulism and would deprive consumers of the characteristic flavor and color of cured meats such as bacon and ham. "On the basis of a benefit to risk assessment, I have concluded that the elimination of nitrite would not be warranted," Miss Begin reiterated.

In carrying forward its long-term policy to reduce unnecessary use of nitrite, the HPB will continue to work closely with scientists in the Canadian meat industry and to closely monitor world experience with this substance. First priority will be given to investigations to determine whether the level of nitrite added in the curing of bacon can further be reduced without endangering the safety and esthetic desirability of the product. Additional investigations on the safety of nitrite and of possible substitutes are being planned jointly with health officials of the United States and the United Kingdom.

Back to School - Motorists beware

School's back in on Tuesday, September 5th, motorists, and you'll have to share the morning roads once again, advises the B.C. Automobile Association.

Remember there will be many small children on the streets and crossing at intersections - many of whom have never been to school before.

They will be excited and may not pay full attention to their feet so be extra cautious.

Leave for work a little earlier than usual and carefully observe school zone speed limits of 30 km/h. The BCAA advises parents not to drive their children to or from school.

The reason, BCAA says, is that each driving parent adds to traffic congestion around school buildings, and presents an unnecessary hazard to the little ones. This advice applies especially to inclement days. Automobiles manoeuvring to drop young passengers create confusing traffic patterns in school areas, sometimes contributing to serious accidents. Children running haphazardly across traffic lanes to enter and leave the family car are exposed to great danger.

Instead teach them safe walking - and for rainy days supply them with good-fitting, light-colored raincoats and rain hats.

Parents should walk with their children the first few

days of school, and meet them afterwards. Leave in plenty of time, so they don't have to hurry, but can learn to walk safely, advises the auto club.

If there is a school bus available, walk with them to the bus stop and for a few days meet them at the stop as they arrive home. Shortly they will want to walk to school or to the bus "alone" - which may mean with friends, but without an adult.

Point out to the youngsters also why the chosen route is best, and why alternate routes are less desirable, though they might be shorter. Wherever possible choose controlled intersections for the child to cross.

At crossings with traffic signals, explain the meaning of the red-yellow-green sequence, and teach children to start across only at the beginning of the green signal. Teach them to watch carefully for turning cars and explain that the signal is only an aid to safe crossing. Children should still look in all directions before and during crossing.

In the same way children must learn to watch for the green light, they should learn to watch for the "go" signal given by a traffic officer, an aid to safe crossing. Adult crossing guard or school safety patrol and to stay at the curb until the signal is given. Explain to your child that the older youngster is a friend who is there to help watch for

a safe time to cross. The parent should himself demonstrate respect by observing directions of the patrol member.

Some streets children must cross may be unguarded. Teach them to look in all directions before stepping off the curb and to proceed only when there is a good break in

traffic. Ask them to walk, never run, across the street. On two-way streets, they should check carefully to the left until reaching centre, and to the right as they complete the crossing.

Finally, point out that the walk to school is no time for play. Playing tag, or any

diverting game while walking, creates hazards where none existed.

Remember that children are imitative. A parent's own actions in traffic will influence the child's development of traffic habits.

If parents walk safely, children very likely will, too.

Reduce Speed - Conserve fuel

OTTAWA (CFP) - Highway speeding can kill. And it can also waste a lot of energy. That's why Canadian Forces vehicles now observe a maximum speed limit of 55 miles or 90 kilometers per hour.

The rationale is two-fold - the speed is considered a safe driving limit and gasoline consumption is considerably less than at high speeds.

The Canadian Forces' fuel-saving program is in full swing for its 11,000 cars and trucks. Big cars are also being replaced by compacts, sub-compacts and intermediate-size vehicles.

Authorities point out that driving at 90 km/h instead of 112 km/h can reduce gasoline consumption by 20 to 40 per cent depending on the type and size of vehicle.

Reducing speed is not the only energy conserver, either. Smooth driving, with gentle starts and stops, contribute to

reduced fuel consumption. Pressing the accelerator down only as far as necessary to reach normal driving speeds is another way.

Also avoid pumping the accelerator or racing the engine when the car is not in motion.

Prolonged idling wastes gasoline. If the engine idles for more than a minute it uses more gas than it would take to restart it.

Mechanical problems can cause wastage. Maintenance, such as engine tuning, use of proper lubricant grades, correct tire pressure, a block heater in winter, can increase mileage and lower fuel consumption.

Committed to paring its energy consumption by at least 10 per cent, since 1974 DND has saved three million gallons of aviation fuel, 10 million gallons of marine fuel, and three billion cubic feet of natural gas.

A spokesman for the senior energy and environment management committee reports that considerable embarrassment can be caused by Canadian Forces drivers who disregard the speed limits. It is the duty of both civilian and military professional drivers and drivers of U-drive vehicles to observe both the CF and local speed limits under all circumstances. Passengers should not encourage drivers to disregard these limits.

NEXT DEADLINE SEPTEMBER

TOTEM TIMES

Published every second Thursday, with the kind permission of Colonel B.T. Burgess, Base Commander, CFB Comox. Second Class mail registration is 4098.

Editor: Brian Puttock (238) or (339-5370)
Assistant Editor: Gord Krueger (308) or (339-4389).
Editorial Staff: Chris Hosford, John Windish, Ole Johansen, Laurie Haines, Joanne Stocki
Cartoonist: Willie Haras.

Photographers: Chris Hosford, John Windish, Joanne Stocki, Pete Whitter,
Sports and Recreation: Earl Thompson (315)
Proofreaders: Joyce Taylor, Rhona Windish, Joy Wallace, Claire Rathban.
Circulation: The Genau Family 338-6215. In PMQs by: Rod Campbell (339-2045)
Chris Everill, 339-4416.

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical error, no goods may be sold and difference charged to this newspaper whose liability is limited to a refund of the space charge for the erroneous item. Advertising is an offer to sell and may be withdrawn at any time. Address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C. V0R 2K0.
Printed in Courtenay, B.C., by the Comox District Free Press

Promotions and awards

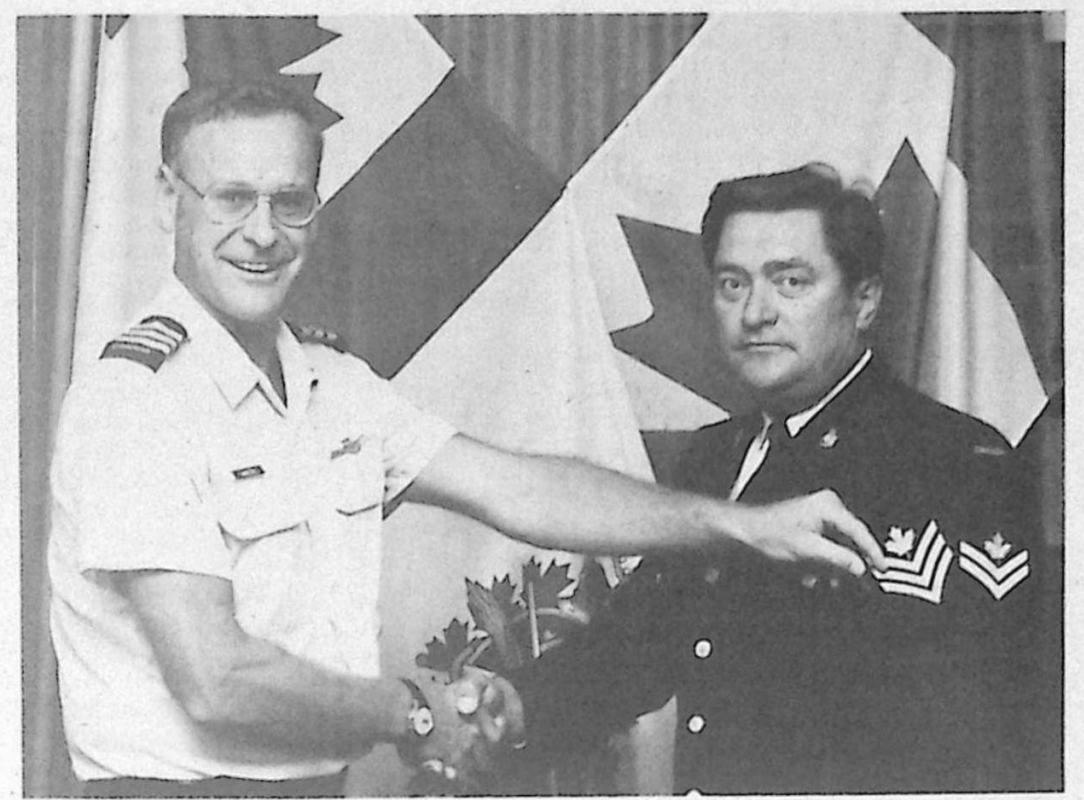
who got them and why



LCOL. George Herbert presents Cpl. W. (Pat) Patri with a 409 plaque in appreciation for his time and effort in painting, for the Squadron Colors Presentation in July 77, the aircraft flown by 409 during its 25 year history. Cpl. Patri is part of the BAMSO organization and works in the brake and wheel shop.



CORPORAL Kari Cunningham is the first female Weapons Tech (AIR) in the Canadian Forces, to be promoted to corporal.



MCPL. Bruce Horochude from 407 Sqn. was recently promoted to sergeant.



THE CHIEF OF DEFENCE staff commends Corporal Dan Bollong of 442 Rescue Sqn. In recognition of his courage and selfless actions as leader of an underwater search for an infant believed to be inside an overturned fishing vessel in the Seymour Narrows of British Columbia on 28 November 1977. Despite stormy conditions, a vicious rip tide and the possibility of being trapped inside the vessel, Corporal Bollong continued the search until his air supply was exhausted. By completing the hazardous mission, he set a personal example in the best traditions of the Canadian Forces.



CORPORAL Ray Trudel of 442 Reserve Sqn. receives the Chief of Defence Staff's commendation. En reconnaissance du courage et de l'abnégation dont a fait preuve, le 28 novembre 1977, le caporal Trudel lors de recherches entreprises sous la mer pour sauver un jeune enfant que l'on croyait être à l'intérieur d'un bateau de pêche qui avait chaviré dans le détroit de Seymour, en Colombie-Britannique. Malgré la tempête et de violents contre-courants, et au risque de rester pris dans le bateau, le caporal Trudel a poursuivi ses recherches jusqu'à épuisement de ses réserves d'air. Dans l'accomplissement de sa dangereuse mission, le caporal Trudel a illustré de façon exemplaire les plus belles traditions militaires canadiennes.



WO JOHNSON (RET) receives Flight Safety from Col. Burgess. WO Johnson, a fire fighter was watching over a CF101 hot brakes situation when he noted unusual metal wear on the landing gear mechanism. He immediately reported his find to the appropriate personnel and in doing so, allowed the maintenance personnel to rectify a situation before it had become an incident.

SERVICE DIRECTORY

Use your local businesses to save time and money

CENTRAL MEATS LTD. (1975)
491 Fifth Street, Courtenay, B.C.
Phone 334-4921
GUARANTEED HIGH QUALITY AND PROMPT SERVICE
Low Prices

MOHAWK COURTENAY SERVICE
2350 Cliffe Avenue
Quality Tires
Quality Service
Qualified Mechanic on duty 8-5
OPEN 24 HOURS

Courtenay Florist
Two Locations To Serve You:
238 - 5th St. and Driftwood Mall
PHONE 338-6736

SERVING UPPER VANCOUVER ISLAND
TAYCO PAVING CO. LTD.
867 FIFTH ST., COURTENAY, B.C.
PAVING CONTRACTORS
• INDUSTRIAL • COMMERCIAL • RESIDENTIAL • MUNICIPAL
Phone 338-7251

CATHAY RESORT
KYE BAY R.R. 1, COMOX
Phone 339-2921
New fully equipped large 2-bedroom family units
Daily, Weekly and Monthly Rates
Owners: BETTE & DOUG HANDEL

QUALITY BICYCLES
PARTS AND ACCESSORIES COST LESS AT THE
PEDAL PUSHER
168 Fifth St. 334-4548
CHARGEX • MASTER CHARGE • TRADES

CAMELOT ENTERPRISES (1975) LTD.
CONSTRUCTION - BUILDING MAINTENANCE
CONCRETE WORK - BUILDING RENOVATIONS
JANITORIAL SERVICE
R.R. 1, Comox 339-3596

KING'S PIANOS & ORGANS
Factory To You
HEINTZMAN PIANOS
HAMMOND ORGANS
PRICES THE SAME CANADA WIDE
USED PIANOS AND ORGANS
LARGE SELECTION OF MUSIC
DRIFTWOOD MALL, Courtenay 338-5662

Westwood Homes
Build Your Own Home and Get FREE ADVICE from a Professional Builder. Or we build for you if required.
ART COLLINS CONSTRUCTION
1601 Oak Place, Courtenay, B.C. 334-2307

*Alternators *Starters
*Voltage Regulators *Rewind Electric Motors
*Tune-Ups *Fast Service
COMOX VALLEY AUTO ELECTRIC
(Foot of Ryan Road Hill) 338-5073

BAYVIEW COLOR CENTRE
3080 Comox Rd. Courtenay B.C. 339-3711
(Next to Animal Hospital)
SERVING THE COMOX VALLEY WITH SHERWIN-WILLIAMS, BAPCO PAINTS AND OLYMPIC STAINS.
Come in and see our large selection of Wallpaper Books

SERVICEMEN AND FAMILIES WELCOME AT
CHELTENHAM COURT MOTEL
COURTESY • CLEANLINESS • COLOR T.V.
994 Gorge Rd. West Phone (604) 385-9559
Corner of Gorge & Admirals Rds. Victoria, B.C.
CLOSE TO C.F.B. ESQUIMALT

TELEPHONE 338-8200
OK TIRE STORES
OUR TIRES GO AROUND WITH THE NICEST PEOPLE
971 CUMBERLAND ROAD COURTENAY, B.C. WAYNE ANDERSON

COURTENAY-COMOX TRAVEL SERVICE LTD.
WE MOVED ON MARCH 31st TO 495-C SIXTH ST.
Beside B.C. Hydro
DROP IN AND SEE US
338-5421 334-4522

JJ's Fashion Flair Ltd.
LADIES' WEAR YOUR PERSONAL SERVICE STORE
"LINDA DRESSES" Sizes 7 thru 24
"PANT SUITS By THIRD DIMENSION" Sizes 7 thru 20
OPEN MONDAY TO SATURDAY ALTERATIONS DONE ON PREMISES
1832 Comox Ave., Comox Phone 339-4445

White Sail Boats
"Sailboat Specialists"
POWER & SAILBOAT BROKERAGE
MARINE ACCESSORIES
R. A. M. (Dick) KERR
LITTLE RIVER ROAD R.R. 1, COMOX, B.C. V9M 5M1 PHONE 339-3955

COMOX HARDWARE LTD.
A COMPLETE LINE OF HARDWARE, PAINT, APPLIANCES AND FISHING TACKLE
IN THE SHOPPING CENTRE 339-2911

MEL'S HOBBY CENTRE
COMOX SHOPPING MALL
PHONE 339-4033

COMOX BUILDERS CENTRE LTD.
554 Anderton Road, Comox, B.C.
We offer a good, general selection of lumber, building supplies and hardware.
BUT Our Specialty is Service
Saws Sharpened Coffee
Hours — 7:30 a.m. - 5:30 p.m.
Drop in and see us or PHONE 339-2207

SUPPORT OUR ADVERTISERS THEY SUPPORT TOTEM TIMES

House of Dogs BOARDING KENNEL
DOGS & CATS
PROFESSIONAL GROOMING - ALL BREEDS
Heated Kennels — Under-Floor Heated Bedding Area
Large, New 18-ft. Individual Runs
SANITARY CONCRETE BLOCK CONSTRUCTION
VISITORS' INSPECTION WELCOME
Don & Joyce Thomas RR1 Anderton Rd., Comox
Phone 339-2955

Totems tops in PAC Region ball

The Pacific Region's Annual softball championship was held in CFS Kamloops over the past week and under threatening skies a very successful tournament was conducted with teams from Chilliwack, Esquimalt, Beaverlodge and Comox doing battle for the right to represent the Zone at the Nationals which will be held here in Comox on 18-23 Sept. '78.

A Round Robin type of competition was held with a double elimination playoff between the top two teams.

The first game of the tournament was a challenge for the Comox team as they managed to eke out a 5-4 win over the "never say die" crew from Chilliwack. The next contest matched Beaverlodge against the surprising Esquimalt team which won this contest 9-4. The next game was between Esquimalt and Chilliwack and in this one lady luck was smiling upon Esquimalt.

In the bottom of the 7th with two out and Chilliwack leading by a score of 4-3, a soft fly ball was hit to right field. The cry was heard I've got it, but, wait the wind caught the ball and after a gallant effort the ball was bobbled and dropped by the fielder and the two runners on base, who were off at the crack of the bat, scored. Game over Esquimalt 5 Chilliwack 4.

As there was no beer available the right fielder drowned his sorrows by consuming MANY CAESARS ... Doubles. In the evening game behind the strong arm of Jake Jacobson the Totems had little difficulty in defeating the plucky Beaverlodge team 9-0. After the first day of play Esquimalt and Comox were tied with two wins each.

In the morning of the final day of play Beaverlodge and Chilliwack tangled horns and the Beaverlodge boys were not to be denied and came up with a 3-2 decision to close out

the tournament with a 1 win and 2 loss record while Chilliwack, who by the way lost all three games by 1 run were zip and 0. The stage was now set for Esquimalt and the Totems to do battle and, battle they did.

Behind the heavy bat of Al Stewart, who clubbed two homers and drove in a run, the Base boys ended up on the short end of the score by a 4-2 count. Other than the two gopher balls served up by Ron Coleman, who pitched a great game, the Comox team did not play sharp ball. In the bottom of the 7th they had the bases loaded with none out and failed to push a run over.

With the Esquimalt team going through the Round undefeated and the Base ending up in second place, the fans dug in for the playoff. Behind the great pitching of "Iron Arm" Bill Hill the Base played to a well deserved 3-0 shutout. After a half hour delay the third and final game between the two clubs was

started and it turned out to be a dandy.

Now the tournament boiled down to a sudden-death game as each team had defeated the other once. Old "Iron Arm" Hill started off for the Base and Al Stewart was on the mound for Esquimalt. With the score 0-0 in the bottom of the fifth, the game was halted on account of rain.

After a ½ hour break play was resumed and in the bottom of the fifth, with the score still at zero and one out, Al "Long Ball" Stewart of Esquimalt was at the plate. Kip after a short trip to the mound was ensured that Hill could get him to pop up. Well he did, 400 feet and over the fence to put the Sailors in the lead 2-0.

NOW the Totems were backed against the wall. In the top of the seventh, the lead off batter was retired and the Esquimalt team were two outs away from the Nationals.

The next Totem batter was walked and the third batter was put out easily. Two out and one to go ... but, a routine ground ball was hit to the second baseman and ... it got through, leaving runners at 1st and 3rd for the Totems with two out.

Then ... Coach McLean lifted Bill Hill for a pinch hitter who was Harvey "Big Bat" Herauf and W H A C K ... a double off the fence and the game is tied. Up comes Earl "Mr. Hustle" Brownfield and WHAM the Base is leading 3-2. A couple of more timely hits and the Totems are up 5-2, and, the trip to the Nationals is becoming a reality... After the third out the Esquimalt team came to bat and the Comox relief chucker Ron Coleman retired the Sailors in the bottom of the seventh in order and preserve the victory for the CFB Comox Totems.

It was a tough one for the Esquimalt team to lose but, it certainly was well deserved for the Totems. It was the happy ending to a season that started in April by an excellent group of players along with a terrific Coach and Manager, when he is in the game, and with this combination it is little wonder that the team has advanced to the Nationals and, deservingly so...

With the experience and expertise that Kip McLean has and, it might be said, who is better qualified after having been to the Nationals 9 times, the Base has a great chance of winning the Nationals and we here at Comox are proud of this team and their contribution to ball, not only in the Region, but, locally as well. On behalf of all of us here on the Base, GOOD LUCK.

National Softball Pre-tournament report

Well the count down has started and the 1978 edition of the Canadian Armed Forces National Softball Championship is just a short three weeks away.

There will be six teams from or, it should be said, representing the various regions. All playoffs have been completed and the teams that will travel to CFB Comox for this great event are: Atlantic - CFB Gagetown, Pacific - CFB Comox, who are the hosts, CF Europe - CFB Baden, Quebec - CFS Senneterre, Ontario - CFB Kingston, and Prairie - CFB Shilo.

The dates for the tournament have been set and all

we need is the co-operation of the weatherman and things should run rather smoothly....

Games will be played on Tuesday, Wednesday, Thursday, Friday and Saturday the 19 - 23 Sept. '78. Game times will be 0900 - 1400 and 1800. There will be activities laid on at the Jr. Ranks Club and it is hoped that competitors and supporters will enjoy the sports and their stay at CFB Comox.

We are still looking for a couple of team hosts so, if you feel you can afford a week of your time to look after the needs of a ball team or to assist the tournament and staff in any way, give the Rec. Centre a call at 315.

Attention bowlers

1978 REGISTRATION.

There will be a Bowling Meeting or, it should be said meetings, to organize the fall Bowling activities. In order that teams may be formed and a new executive elected for all leagues it is imperative that all bowlers do attend their respective meetings. All meetings will take place at the CFB Comox Social Centre.

These meeting times and dates will be as follows:

LADIES LEAGUE - 31 Aug., 7 p.m.
MIXED LEAGUE - 5 Sept., 7 p.m.

MEN'S LEAGUE - 6 Sept., 7 p.m.

VOLLEYBALL CAMP.

Have you ever considered playing the game of Volleyball and then decided that you didn't know enough about the sport to participate? Well, lament no more.

There will be a Volleyball Clinic for men and women on Saturday, 23 Sept. from 1300 to 1700 at the CFB Comox Rec Centre. All Service Personnel and, especially potential Base team players are urged to contact CPL Appolo (Athanasopoulos) at the Rec Centre local 315.

Ladies softball

The Comox Service Ladies Softball team travelled to Chilliwack last week and participated in the Annual Chilliwack Invitational.

The team Coached Pte Kevin "Casey" Phinney, did very well and the Base was well represented. In their first game they were leading last years Champs 8-0 and after being overtaken they lost the game 10-8. However it was felt that if the time limit rule had not come into effect they would have won as they were at bat when time ran out.

They did however beat a strong team from Esquimalt with an awesome array of power and, after the smoke, sand and air had cleared our girls had severely whopped the gals from the South 25-3.

Marilyn "Fleet Foot" Bell was chosen as the Most Valuable Player of the tournament and the girls are presently preparing for the Ladies Pac Region Championship which will be held at Chilliwack the 22 Sept. '78. Good luck gals and bring back the trophy we'll be rooting for you.

Up Earls Alley

Well, I have just returned from Kamloops and the Pac Region Softball Championships. Things went along pretty well as expected but, there was some concern when Esquimalt defeated CFB Comox in the final game of the Round Robin event. Thank goodness there was a playoff as a second place finish, otherwise would have the Base from further competition and the Nationals.

It certainly seems ironic that a team such as the Totems, who started their season in April, would have such trouble with a bunch of "Sailors", that were formed just prior to the Regionals, could give our lads from Comox such a tussel. However, I feel that because of all the preparation that Kip "The Whip" McLean and, in his absence, Harvey "Sluggo" Herauf and Mike "Tinkle Tinkle" Jacobson, went through it certainly paid off in great dividends.

It would have been morally wrong, if for instance Esquimalt of, any other team at the Regionals, rather than Comox, had of won, as all the teams sort of got their thing together just before the Regionals.

I was certainly proud of the team and their professionalism and good sportsmanship they displayed at the Tournament and it certainly was a credit to the Base to have such a great bunch of lads to represent all of us. The team as a group went to Kamloops and, even though things looked pretty bad at times, they never gave up and showed great con-

fidence in themselves and their coach. It was a great effort by a great team. I am sure they will do us proud in the Nationals.

There was one thing that happened in the final game that was rather amusing. With the score 0-0 in the bottom of the sixth and one out, Kip went out to the mound and had a chat with Bill Hill, the chucker. Bill questioned as to what he thought he could do with the batter, who actually had won the morning contest by hitting two homers and accounting for three runs in Esquimalt's 4-2 win. Bill's reply was, "I'm okay, I'll get him to pop up". Well, pop up he did. Wham and the score was 2-0 for Esquimalt. Talking to Kip later he said, "That was the longest pop up I have ever seen, 400' feet".

Kamloops did a great job at hosting the event and deserves a lot of credit for doing the thing up in such a great way. The station is very small manpower wise but, it certainly makes up for it in the hosting department. Gordie Orr, the PERI there, was here there and everywhere from marking the diamond to bartending.

The Comox Valley Minor Hockey Training Camp will get under way on Monday 4th Sept. The enrolment has been good to date and it is expected that some four-hundred children ranging in age from 6-18 will participate in the camp.

The accent will be on teaching team and individual skills as well as the balancing of the house-league teams.

Minor hockey camp

The PROS do it so why not us? The first ever Comox Valley Minor Hockey Camp is about to get underway. There are currently some 375 boys registered for this years activity and by the time the first session starts an additional 25 should have registered. Sessions will commence at 1600 Monday through Friday and some Saturday sessions commencing at 0900 or 1700 depending on the situation. All divisions from Novice on through and including Midget will be involved.

From this Training Camp players will be either assigned to House League teams or

invited to Rep Tryouts as the skill level dictates.

The Training Staff will consist of Earl Thompson the CVMH Head Coach assisted by all Rep Team Coaches, Division Managers and House League Coaches as required. The House League Coaches will certainly have a say in their team selections and it is also hoped that the balancing of those teams will develop as well.

Schedules have been issued to all children that have been registered with the CVMHA for this year and if you have not registered yet, give Mrs. Fran Harvey a call at 338-7367 today.

1st annual Jr./Sr. tourney

The first annual Junior Senior Tournament was held at Glacier Greens Golf Course Sunday, August 27th.

Colonel Burgess, Base Commander, sponsored the tourney and was present both as host and participant. At conclusion of play he welcomed everyone, adding that he hoped future years would be as enjoyable and as well supported. He then presented the trophy and keepers to Pamela (Jr.) and Ron Ledgard who headed the field with a net of 59½.

Wally Berger, Junior Chairman and organizer of the event then took over to announce the rest of the winners: All low net.

Stolarchuk (Jr) and Stolarchuk. Berger (Jr) Burgess, McClaughlin (Jr) Caslake, Berry (Jr) Perry, Perry (Jr) Bailey, Crawford (Jr) Jones, Wood (Jr) Perry, Smith (Jr) Armstrong, Passant (Jr) Roux, Clark (Jr) Clark and Robertson (Jr) MacFarlane.

Longest drive junior went to Susan Oliphant, senior to Irene Perry. Closest to pin junior was Brian Birnie with B. Oliphant the senior.

A big surprise for Wally was the presentation from Junior Members of a sand wedge which they hope will be of help with his game at the Nationals.

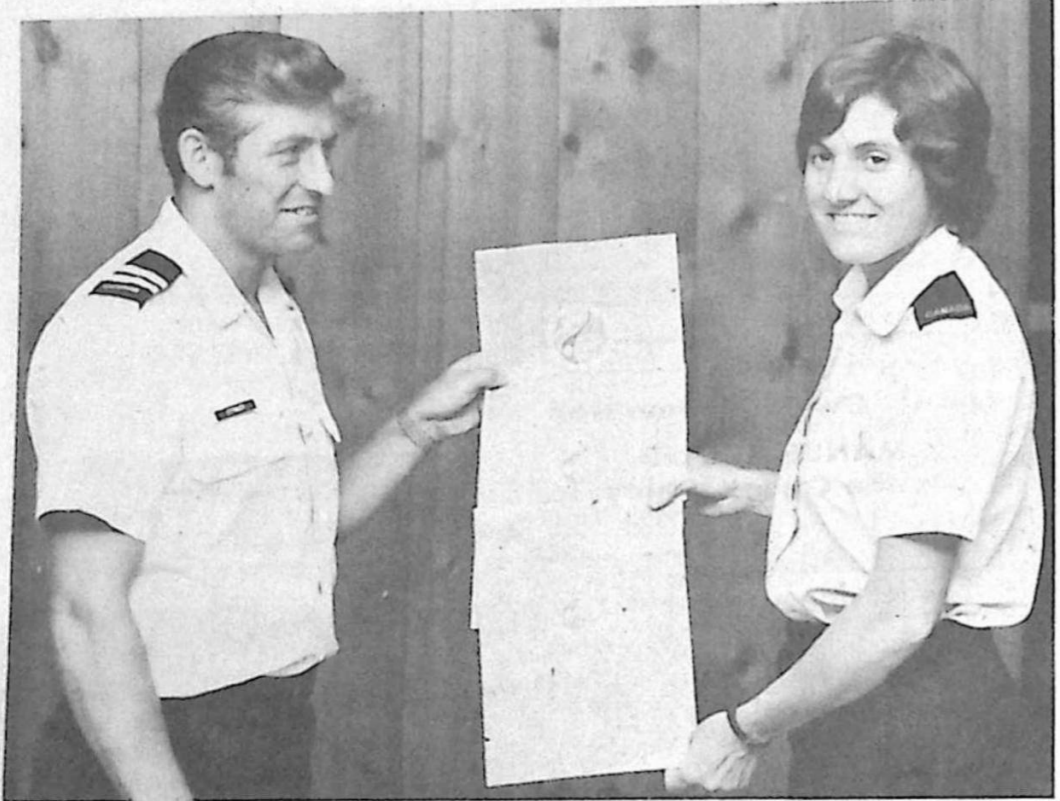
Hamburgers and sweet corn

were served to end a good day.

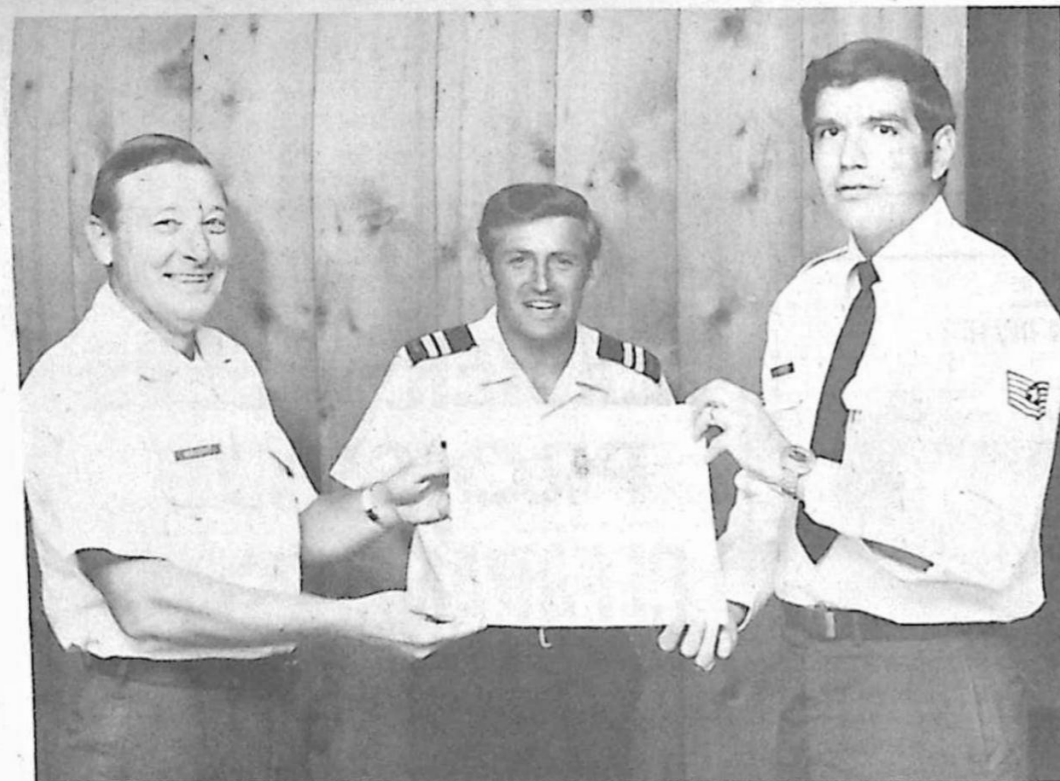
The Junior Championships were also held recently. Michael Berger was the boy's winner with an excellent round of 74. Tony Pistola was runner up and Pamela Ledgard took honors for the girls.



In 1925 it was possible to buy an automobile for as little as \$260!



ONLY THREE??? Pte. Marilyn Bell has accomplished a feat that is the envy of most gals. She has won three British Columbia Physical Fitness and Amateur Sport's Awards. Marilyn, pictured above receiving the Awards from the BPERO, Capt. Ettinger achieved the required number of miles in Cycling, Skating and Jogging. She ran 100 miles, cycled 500 and skated 500, no not up the St. Lawrence, in the arena. Keep up the good work Marilyn and good luck in your next progressions.



GEORGE DID IT ... WITH EASE??? To our knowledge here at CFB Comox T-SGT. George Scholer has become the first USAF to qualify for the Canadian Forces Physical Fitness Award for Aerobic Performance. George has accomplished this feat by running 1200 miles during the past year and has met all requirements for such an Award as laid down in CFAO's. Pictured above is the USAF Det. Commander, Major Wright and the Base PERO Capt. Ettinger making the presentation to a most fit looking Sgt. Scholer.

Comox Valley Ford RENTAL Cars and Trucks

Mavericks, Comets, Pintos
1-Ton Furniture Van
¾-Ton Pick-up
Club Wagon

SALES, SERVICE & RENTALS
OPEN 8 a.m. - 9 p.m. Mon. to Sat.

For Daily Rental Call 334-3733

COMOX VALLEY FORD SALES LTD.

Your Local Ford and Mercury Dealer
360 N. Island Highway, Courtenay, B.C.
Phone 334-3161
MOTOR DEALER LICENCE NO. 5028



More than 200 operations are performed in making a pair of shoes.

"WE HAVE EVERYTHING FOR THE BUILDER"

CENTRAL BUILDERS' SUPPLY LTD.

Foot of Sixth Street
COURTENAY, B.C.

PHONE 334-4416

COMOX SHOES LTD.
IN THE COMOX SHOPPING CENTRE

BACK-TO-SCHOOL Specials

NORTH STARS

BOYS' Sizes 1 to 6
Reg. to \$19.95
SALE **\$13.95**

MEN'S Sizes 6½ to 12
Reg. to \$21.00
SALE **\$15.95**

ALSO Various Styles and Colours in Girls' AND Boys'

SAVAGE SHOES Reg. to \$19.95
\$9.88

Most Children's Sizes Available Collectively

Community news

PMQ preamble

BEAUTIFUL WALLACE GARDENS! We are proud to announce the winners of the PMQ Beautification Program. Our winners of rowing are the Campbells' of [unclear] and of single duplex [unclear] using the Heatheringtons' of PMQ 52. Congratulations! What a difficult job it was this year for the judges to choose the MOST beautiful PMQ residence. There were so many that were outstanding! General appearance, beauty, organization, and neatness were all considered in choosing the most attractive. An important factor in selecting the winners was the primary effort and maintenance work necessary. The Summer Playground Program ended its activities on Wednesday, 23 August with an all day celebration. There were games such as relay, three legged, balloon and cartwheel races. The children enjoyed hot dogs, cake, ice cream, watermelon and drinks. Special gifts were awarded to the most well behaved students in each of

the three age groups. Recent activities have included treasure and scavenger hunts, a trip to the Dairy Farm with the children writing thank you notes afterward, and a lecture and discussion on "Stealing" by our Town Policeman, Cpl. Dan Major. Miss Wendy Johnson, the co-ordinator of the program, is pleased with the support and co-operation that the parents have shown during the summer. She feels that the children have learned discipline during the course of the program and valuable lessons on truth, trust, friendship and getting along with others.

Remember, the deadline for dog and cat registration and tagging without penalty is 31 August. Licence tags for animals may be purchased at the BHowO at the following rates: Dogs: Male \$10, Spayed female \$10, Unspayed female \$20. Cats: \$5 for both sexes. We regret that both Councilman Stallard and McMahon have illness in the family. Our thoughts and

prayers will certainly be with them.

PMQ Council replacements are coming up in September. Councilors will be distributing and collecting ballots to all residents during the first part of the month. Please try to vote for that person in your ward that you think would do a good job of representing you on council.

Information concerning Scout (Brownie, Beaver, Cub) registration will hopefully be included in the next Preamble issue. Anything interesting happening in your ward? Why not call 339-2623 and report it?

Registration for dog obedience classes happens on Wednesday, Sept. 6 at 7:30 at the CRA in Courtenay. No dogs on this first night and proven inoculation is required. For further information call 339-2124.

Registration for Highland Secondary School will take place at Comox Jr. Secondary School 28 August-1 September, not at Highland School as previously announced.

REGISTER NOW!
The COMOX VALLEY FIGURE SKATING CLUB will hold its annual registration at the Sports Centre:
SATURDAY, SEPT. 9th - 10:00 A.M. - 12:00 P.M., and
SATURDAY, SEPT. 16 - 10:00 A.M. - 12:00 P.M.
The Club will be offering a complete programme for those interested in learning to skate. Season goes from October 1978 to March 1979.
NATIONAL TESTS: BEGINNERS and BADGE PROGRAMME
A. Tuesday, 5:15 - 6:00 P.M. - Base Arona
B. Wednesday, 5:15 - 6:00 P.M. - Sports Centre
C. Thursday, 5:15 - 6:00 P.M. - Sports Centre
D. Friday, 5:15 - 6:00 P.M. - Sports Centre
E. Saturday, 5:15 - 6:00 P.M. - Base Arona
F. Sunday, 11:30 - 12:15 P.M. - Sports Centre
ADULTS: Beginners and those wishing to improve their skating skills. Thursday 7:45 - 8:45 P.M. at the Sports Centre.
FOR FURTHER INFORMATION, PHONE MRS. FAYE RACHUK, 339-4453 OR MRS. RUTH KINES, 338-8163 or 338-5681.
APPLICATION FOR MEMBERSHIP
National Test Programme (Beginners) or Adult.

Name of Skater _____
Age _____
Address _____
Telephone _____
PRICE: NATIONAL TEST PROGRAMME (Beginners)
One 1/2 hour session per week \$32.50
Two 1/2 hour sessions per week \$58.00
I would like to register for _____ session(s).
I would prefer session(s) A B C D E F
ADULT - One session per week \$32.50
Cut out application and mail to:
COMOX VALLEY FIGURE SKATING CLUB
Box 330;2, Courtenay, B.C.
Applications may also be picked up at: Lidia's Fabrics, 224 - 6th Street, Courtenay or Lidia's Fabrics, Comox Shopping Mall.



BOTTOMS UP! It's Capsize Drill for Sea Cadets on the Bos'n Course at HMCS QUADRA, a National Sea Cadet Training Establishment located at Comox, B.C. on Goose Spit. Over 1200 cadets pass through QUADRA during July and August. Many courses are available including Hospital Attendant, Cookery, and Sailmaker, to name a few. HMCS QUADRA's Flotilla, consisting this year of two YFP's and a YFS, has frequently assisted small vessels in distress through the Rescue Co-ordination Centre in Victoria. HMCS QUADRA is probably best known for its colorful Ceremony of the Flags which has been presented twice this summer on the lawns of the Legislative Buildings and at Royal Roads before the Governor General and Madame Leger during the International Naval Review in Victoria.

Wine wisdom

To truly appreciate wine, one must be able to evaluate it on its merits, rather than on its cost and label. For there are times when an inexpensive wine will become a classic and other times when a costly wine will be a disappointment.

Very few poor wines are produced today. By the same token, very few great wines are produced, and the great wines that are there to grace our tables on very special occasions are usually sold at prices that would be prohibitive to most for everyday consumption.

This leaves us, for every day consumption, with wines of good sound commercial value. In this category are the wines of British Columbia and most wines from France, Germany, Italy and California.

The taste and quality of wines will vary for a number of reasons. Wines are produced from a wide range of grape varieties, each contributing its own particular flavor to the finished product. The same grape varieties grown in different soils will produce different flavors. Other variations will be caused by climatic differences or the grower's methods of pruning, cultivating and harvesting. Then, after the grapes are harvested, the wine makers can influence further

variations in flavors by different methods of fermenting, aging (in both cask and bottle) through storage.

Finally, when the wine leaves the cellars and enters the trade channels, it is subject to innumerable possibilities of variation due to handling, until it reaches the consumer - where again it is subject to various methods of storage and handling. All these factors have a definite effect on this sensitive beverage, for wine is a living product containing natural vitamins, minerals, sugars, acids and enzymes, which continue to change in response to their handling and environment.

There should be no mystique in the selection of wine. Wine is meant to be enjoyed, to complete the pleasures of food, to encourage relaxation and to aid digestion. Each of us has the tools necessary to judge wines: sight, smell, taste and touch.

Still, one's enjoyment can be enhanced by knowledge of grape growing (viticulture) and wine making (vinification). And, one's taste can become more sensitive (the famous "educated palate") if one attends wine tastings conducted by a knowledgeable host.

A good avenue of education

is the winery tour, and many wineries offer conducted tours to groups.

The Wine Council of British Columbia - an educational body formed by Andres, Ste. Michelle and Casabello Wineries - is dedicated to the development of a greater understanding of the wine culture of our province. This is an exciting time in its development.

As these columns continue, I will touch on a number of facets of wine lore - how to organize your own wine tasting club, ways to entertain with wine, names of wine appreciation courses and wine societies.

And, if you have any queries regarding wine, please address them to me in care of this paper.

Good luck and good tasting!

Valley dancers

The Ocean Waves Square Dance Club, who draw their members from all the valley communities, close for the summer like most clubs. For those most keen and able the fun continues in low key during June, July and August.

A lawn party at the home of one of the members, a camporee on Vancouver Island at Cameron Lake, the site of many re-unions between friends as dancers gather from far away. A little work, putting together a square dance float for the Dominion Day parade, (for which the club won a prize this year). A visit with the Star-dusters of Powell River to help celebrate their Sea Festival, and one big event this year, the 1st Canadian National Square and Round

Dance Convention that followed the very exciting Commonwealth Games.

We are looking forward to getting together again with the few Ocean Waves members who made it to Edmonton. September will be back to school for young and not so young as the workshops commence September 20th. The Ocean Waves Club is hosting an open social at the C.R.A. Hall in Courtenay on September 9th at 8 p.m. and members will welcome those new to the valley, and those just new to square dancing, who would like to meet us and consider modern square dancing for exercise and fun as well.

The beginners classes are due to start on Tuesday, September 19th at Puntledge Park Elementary School. For more information, please call Bob or Joy Jeglum at 338-8780 or Jack Goosen 334-2860. Brenda Ashby.



When you or neighbors are using mowers, children and pets are safer indoors!

BAHA'IS BELIEVE

In man there are two natures: his spiritual or higher nature and his material or lower nature. In one he approaches God, and his material he lives for the world alone. In his material in the other he expresses untruth, cruelty and injustice; the aspect of his divine nature are shown in love, mercy, kindness, truth and justice. If a man's Divine nature dominates his human nature, we have a saint.

Regular discussions held weekly... Call 339-5118 or write P.O. Box 1212, Comox, B.C.

TRANSFERRED TO CFB TRENTON?

FOR INFORMATION ON HOUSING AVAILABLE IN THE TRENTON AND BELLEVILLE AREA WRITE TO: FRASER & O'NEIL LTD. REALTOR.

BELLEVILLE
257 N. Front Street
P.O. Box 914 K8N 5B6
1-613-962-3418

TRENTON
115 Dundas Street East
P.O. Box 427 K8V 5R6
1-613-392-9224

Instead of a Vancouver hotel stay in a Vancouver resort from \$27.

- Special government rates for delightful guest rooms in the Terrace Garden/poolside Wing - \$27 single or double. Tower rooms from \$29, single or double.
- No charge for children under 18 years when sharing same room with parents.
- Fine dining, Suehiro Japanese Steakhouse.
- Three tennis courts, two pools, saunas, landscaped gardens.
- Free transportation to Vancouver International Airport.
- Free parking.
- 5 minutes to 140 shops at Lansdowne Mall.

Delta's Airport Inn

10251 St. Edwards Drive
Richmond, B.C. V6X 2M9 Phone (604) 278-9611
For reservations call toll free 112-800-663-3397

We Sell Sailing!



SUMMER SALE ON!

- SAILBOATS
- DINGHIES
- ROWBOATS
- CANOEES
- MARINE ACCESSORIES
- Dealer for **Micro Craft ALUMINUM**
- INFLATABLE BOATS
- EZ LOADER TRAILERS
- OUTBOARD MOTORS

White Sail Boats

Little River Road, R.R. 1, Comox, B.C. Phone 339-3955

FOR SALE 1660 McLAUCHLIN DRIVE



- 3 Bedrooms Up
- Rec Room w/Fireplace
- Landscaped/Fenced
- Near Elem. School
- 4th B.R. in Basement
- W/W Throughout
- 5 Fruit Trees
- McLauchlin Dr., Courtenay

\$44,900
PHONE 338-7826

IMMACULATE FAMILY HOME



Well kept and comfortable 3-bedroom home in Courtenay. Ideal starter for the young couple. Close to shopping centre. Nicely landscaped with paved driveway.

BRUNO SEGUIN RES.: 339-4257
OFFICE: 338-7781

R.A. Arnett Realty Ltd.

R. A. ARNETT, NOTARY PUBLIC
835 CLIFFE AVE., COURTENAY 338-7781
MEMBER OF THE V.I. REAL ESTATE BOARD
MEMBER OF THE B.C. REAL ESTATE BOARD
MEMBER OF THE C.O.B.E. REAL ESTATE BOARD
MEMBER OF THE C.O.B.E. REAL ESTATE BOARD
MEMBER OF THE C.O.B.E. REAL ESTATE BOARD

GLACIER GREENS PRO SHOP CLEARANCE SALE

10-50% OFF

- CLUBS 10%
- GOLF BAGS 20%
- GOLF CARTS 20%
- SHOES 20%
- MEN'S SOCKS 20%
- SWEATERS AND SHIRTS 30%
- GLOVES 10%
- HATS 1/2 PRICE
- UMBRELLAS 20%
- GOLF HEAD COVERS 50%

ALL SALES FINAL

Accent on safety

Grinding wheels are found in almost every major workshop at CFB Comox, and every worker is likely to use them. They range in age from W.W. II to brand spanking new; from small, fast and quiet; to large, loud and slow. Unfortunately, grinders are often maintained and used improperly.

Most of the time there are no accidents, but when they do happen the injuries are painful and can be serious. The regrets flow like a torrent and you should hear the good advice given after the fact!

Actually, this good advice and much more technical info is available to you before the accident. CFTO C-49-010-004 MFOOD discusses the whole wide world of grinding wheels from storage to mounting to use and maintenance. Safety precautions are listed for your protection in CFTO C-49-040-001 TSOOD.

If you think you know all about grinders you should know what type of bonding agent holds the wheel together; how and why you protect the wheel from water damage; what conditions can cause the wheel to become unbalanced and break apart in operation; and what is the correct RPM range for the unit you are going to use! It's in the book!

The more common improper use of grinding wheels includes:

a. Incorrect adjustment of the work rest (make sure it's securely clamped no more than 1/8 inch away from the wheel).

b. Using the side of a wheel not designed for side grinding (warn against the removal of the side guards).

c. Using the wrong equipment. (Tell employees how different jobs may require different wheel speeds and



JOHN KNOX, a metal fabricator at Brittain Steel, New Westminster, wears the glasses and face shield that saved his eye when a shard of metal flew at him. The metal shard penetrated the face shield but was stopped by his safety glasses. WCB PHOTO

how aluminum clogs the wheel).
d. Failure to wear eye and face protection.
e. Grinder not securely fastened to the work bench, pedestal or floor.

The most obvious and most

serious risk is to the eyes and for that reason, DND Safety Standards call for the provision by the employer of personal protective equipment in the form of safety glasses, goggles and face shields.

The best way for you to make sure that grinders are properly installed, used and maintained is to put all grinders in your area on your safety inspection list.

Why not do it now? SAFETY SAM

Firing away - kitchen fire hazards

Whenever high heat, flames and red hot coils are present, any act of neglect, carelessness or misjudgment will likely lead to a fire. The way to avoid this is to make the kitchen arrangements safer.

1. Are there curtains or paper towel dispensers located near or over the stove?

2. Do not allow venthoods, in particular filters and fans to accumulate grease and dirt deposits.

3. Do not over fill containers used for deep frying food.

Electric deep fryers are safer than stove heated fryers, but enclosed coils are still no guarantee that a fire won't erupt should one of these nits overflow.

4. Do not allow electrical appliances to become overheated. Bread accidentally left in a toaster which fails to pop up may eventually burst into flames, setting curtains aflame. Forgotten electric kettles eventually run dry, overheat, and set adjacent items on the countertop aflame.

5. Use flammable spray or

liquid cleaners cautiously. Keep pressurized containers secured in a cool area.

6. If yours is a gas range, be sure the burner you selected is lit before you continue on with other things. An extinguished pilot light can go undetected resulting in a room filling with gas. This gas could then be ignited by simply switching on a light.

7. Educate small children on the hazards of playing with stove controls. There is danger of burns from an electric stove, but when a child plays with gas-burner cocks he's playing with lethal gas and a high possibility of explosion as well as of fire and serious burns. A child playing with oil-burner controls may cause overflow of oil accompanied by a sudden massive, spreading fire.

Protection For The Kitchen. Water can be dangerous to use on some kitchen fires, most of which involve flammable liquid fires or electrical

equipment.

However, there are commercial portable extinguishers suitable for flammable liquid fires; carbon dioxide extinguisher; dry-chemical extinguishers, regular type; and dry-chemical multipurpose. The latter is also suitable for fires in paper, wood and cloth. A cheap fire extinguisher for the kitchen which everyone can afford, is a box of baking soda.

Cut the top off and substitute a piece of aluminum foil folded in place. Keep the box where it is readily accessible. A large handful of the soda thrown on a small grease fire can be very effective. Reserve this little supply of soda for fire use only. Replace it every two years.

WARNING! Be sure it is a box of baking soda and NOT a can of baking powder. Baking powder contains flour or starch and can blaze up explosively if flung over a fire.



Avoid buying cabbages that have had the butt end excessively trimmed because this causes dehydration.

Legal Secretary Wanted

Conveyancing Experience Preferred
PHONE 334-3108

no matter where you're moving ...

we'll help you find a new home before you arrive!

Nanaimo Realty

576 England Ave., Courtenay, B.C. 334-3124

Fall programs

St. Michael and All Angels Protestant Chapel invites you to participate in the many Chapel activities which are presently being planned. Listed below are a variety of organizations which are or soon will be functioning.

Regular Chapel services are held every Sunday morning at eleven o'clock. On the first Sunday of the month a service of Holy Communion will be scheduled. The occasional services of baptism and marriage may be arranged in advance with the Chaplain. Weddings require at least one month's notice in order that pre-marital counselling sessions may be arranged.

The Chapel Sunday School will hold registration for classes on 10 and 17 September at the Chapel. Confirmation classes will start early in the fall for young persons wishing to become full communicant members of their respective denomination. Classes will commence in mid October for youth and special reading sessions will be available for

adults. Anglican candidates will be presented to Archbishop Frederic Jackson, Bishop Ordinary to the Armed Forces on Sunday 10 December '78.

The Ladies Guild of the Chapel will begin their fall meetings in early October with the precise date to be announced in the Chapel bulletin.

Both the Junior and Senior Choirs will be looking for new songsters to swell the ranks. Practices are held on Thursdays evenings under the direction of Walter Yeomans (339-4039).

Since summer postings have taken their usual heavy toll on families attending the Chapel, the Base Chaplain (P), Major Lyman Coleman is looking forward to meeting many new people as the fall services and programs get underway. For further information on Chapel life and ministry call Padre Coleman's office at 339-2211 loc 273. Your support is needed and you will be warmly welcome at the chapel of St. Michael and All Angels.

Chapel Chimes



RC CHAPEL
Father M. Allan Stack - Base Chaplain (RC) - Telephone 339-2211
Loc. 274; Residence-339-2102.

MASSSES FOR SUNDAY:
Saturday - 7:00 p.m.
Sunday - 9:30 a.m. and 11:00 a.m.

WEEKDAY MASSES: 9:00 a.m.

SACRAMENT OF RECONCILIATION: Confessions are heard before all Masses and any time upon request.
BAPTISM: By appointment. Please phone ahead in plenty time.
MARRIAGES: Please come in months before your marriage.
CATECHISM CLASSES: Each Wednesday night at the PMQ School, 6:30 - 7:30 p.m.

THE PROTESTANT CHAPEL
Telephone: 339-2211 Loc. 273.
L.R. Coleman, Maj. (Base Chap P)

CHAPEL SERVICES

The Protestant Chapel is located in Wallace Gardens (PMQ area) and Divine Service is held every Sunday at 1100 hours. This is the Base Chapel and everyone is warmly invited to share in the Service.

HOLY COMMUNION: Holy Communion (ACC) 1200 hours first Sunday of the month.

BAPTISM: By appointment. Consultation with parents expected 2-3 weeks in advance of Baptism.

WOMEN'S GUILD: All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2000 hours on the second Wednesday of each month.

CHAPEL CHOIR: Our Choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain.

Junior Choir: 1830 Hrs. Thursday at the Chapel.
Senior Choir: 2000 Hrs. Thursday at the Chapel.

SUNDAY SCHOOL: The Sunday School operates from September to June. Ages 6-15 meet in the Chapel at 0930 hours each Sunday, and the ages 3-5 hold their sessions during the Church period at 1100 hours. All children are invited to attend.

OFFICE HOURS: 0800 - 1630 hours. Phone 339-2211, Loc. 273.

HOSPITAL VISITATION: The Chaplain would appreciate the co-operation of the members of the congregation and would request that they phone the Secretary's office (339-2211 Loc. 273) to report the names of any members of the congregation who may be in the hospital.

BASE RECREATIONAL LIBRARY

HOURS: Mon. & Wed. 1200 - 1500 Hrs.
Tues. & Thurs. 1800 - 2030 Hrs.

Inquiries, suggestions and comments can be made to:

LIBRARIAN - MRS. MARSH - Loc. 340
BASE LIBRARY OFFICER - LT. HUGHES, Local 464.

REMINDER: Books can be returned after hours through the 'slot' to the right of the library doors.

COME AND BROWSE THROUGH THE NEW CANADIANA SECTION



When buying a coconut, shake a few. Get the one with the most liquid.

Clean Beaches

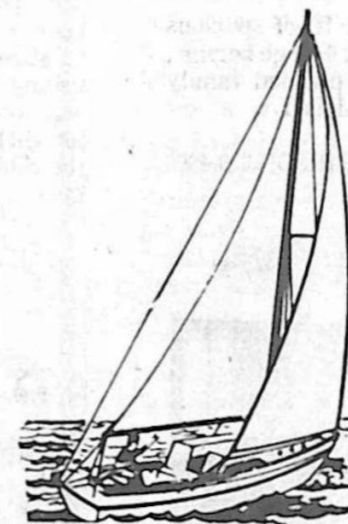
As has been the case for several years, the health unit has been sampling the beaches on a weekly basis in this area. These are the ones used for recreational purposes and extend from Union Bay up to those above Campbell River.

In spite of recent adverse reports on the water quality,

the samples taken showed, with few exceptions, that as far as these recreational areas were concerned there was no evidence of any deterioration in quality and that the results were well within acceptable limits. In comparison with previous years there were no appreciable changes.

PORT AUGUSTA MOTEL

- Deluxe Units
- Cable Television
- Heated Swimming Pool
- 1 & 2 Bedroom Housekeeping Units
- Dining Room



A MOTEL BUILT BY AIR FORCE ENCOURAGEMENT AND EFFORTS TO CATER TO THE SPECIAL NEEDS OF OUR SERVICEMEN.

Centrally Located in Comox overlooking beautiful Comox Bay.

RESERVE NOW AT THE PORT AUGUSTA

PHONE 339-2277

PUT A ROOF OVER YOUR SAVINGS



COMOX - Spacious and bright 4-bedrm. home with 2 fireplaces and 2 bathrooms. All living areas on south side. Garage, fenced yard and garden shed.



NEW 3-BEDROOM Cedar split level. Semi-waterfront in the country, 2 bedrooms, family room with sundeck. Fireplace in living room. Immediate possession.



RIVERFRONT Log Cabin style home in Courtenay. Only \$24,900. Included fridge, range and deep freeze. Full bsmt. and a garage.



ONLY \$33,500. This 3-bedrm. bungalow located only 1/2 block from Comox Bay. New Heatilator fireplace and garden shed which could be easily converted to a guest cottage. makes this a recommended buy.

FOR FURTHER INFORMATION CALL
TOM PROCTER
RES.: 339-2668
OR
DAVE PROCTER
RES.: 339-4016
OFFICE: 334-3124

LOTS:
- 2 acres with view, Courtenay North, Reduced to \$19,500.
- Spectacular view lots overlooking Courtenay and the mountains. From \$14,000 with \$2800 down.

NANAIMO REALTY (NORTH) LTD.

Classifieds

Real Estate

Coming to Victoria? Posted or retiring to sunny Victoria? For help with all your housing needs write or call collect to:

Baz Pharaoh
EX407 SQN retired of J.H. Whittoome & Co. Ltd.
4520 West Saanich Road, Victoria, B.C. Office 604-479-1667 (24 hrs.) Home 658-8449.

For Rent

One and two bedroom modern apts. Good location - near new. Includes heat and hot water, w.w. carpet, drapes, stove, fridge and cable. Coin laundry. Adults, no pets. Cedar Apts., 1009 - 10th St., Courtenay, B.C. V9N 1R5. Ph. 338-8578.

PADS FOR RENT

Falcon Trailer Park, 3 1/2 mile west of Base. Children welcome. Sorry, no dogs. First month - rent free. 339-3125 or 339-2576.

2 and 3 bedroom townhouses. Rent includes heat, hot water, cable, stove and fridge. No leases or dogs. References required. 10-15 minutes from base. Phone 338-8346.

Wanted

WE ARE NOT LOOKING FOR ANTIQUES!! Any items manufactured before the '50's, in quantity, that might be in a factory, warehouse or barn, can be of interest to us for cash. Pinball; dolls; clothing; records; furniture; carnival items. We bought them all! If you think you have anything of interest to us, call or write immediately to: ZOLTZZ, 366 Adelaide East, Courtyard, Toronto, Canada, M5A 3X9. Telephone: (416) 368-0668.



A gun store is guarded by an African lion, who stalks the building at night.

COMOX VALLEY CHILD DEVELOPMENT CENTRE

Box 280, Dunsmuir Ave., Cumberland

Phone 336-2724

REGISTRATIONS

Will Be Accepted

Monday, Aug. 28 - Thursday, Aug. 31

9:00 A.M. TO 3:00 P.M.

PROGRAMS OFFERED:

1. Therapeutic and educational services for children with physical, development and/or neurological handicaps. Qualified treatment staff. Program offered 5 days a week. Transportation available. Children already registered need not re-apply.

2. Nursery School program for children to 5 years. Limited number of vacancies.

Monday, Wednesday and Friday - 9:00 A.M. to 11:30 A.M.

FEE: \$30.00 per month for 3 days/week
\$20.00 per month for 2 days/week

LEARN TO DRIVE BEFORE CHRISTMAS

- Individual lessons at your convenience
- 25-hour I.C.B.C. approved theory course, twice weekly, evenings, PLUS 8 hours in-car training, will result in a rebate on your costs, self-assurance and competence.
- Full attention to individual needs by professional instructors.
- Pick-up and drop-off at your home.
- Next theory course begins September 11.

PHONE 339-4021 For Information

UPPER ISLAND DRIVING SCHOOL



BLOCK BROS. REALTORS

449-5th. STREET, COURTENAY

PHONE 334-3111



B
B
T
V

B
B
T
V

B
B
T
V

B
B
T
V

B
B
T
V

B
B
T
V

B
B
T
V

B
B
T
V

1 SQUIRREL'S DELIGHT
Large 3 bdrm. family home on quiet street in Courtenay. Ensuite off master bdrm., separate family room, loads of outside storage and completely fenced rear yard, double paved driveway with fully landscaped front yard framed by large nut trees.
STU LIVING 339-3541



2 SCHOOL DAYS
Large 3 bdrm. family home in prime residential area of Comox. Close to all schools. Partly finished basement which includes extra bdrm., family room and roughed in bath. Fully fenced yard with 32 x 8 cement patio for your BBQ's.
STU LIVING 339-3541

3 TRADE FOR A TRI-PLEX
Two Tri-plexes and owner will take land or houses in trade. Priced at \$55,000. and \$52,500. Call for further information.
WAYNE GRAFTON 334-2984

4 WANTED: UNHAPPY RENTERS
Easily accessible to schools, churches and shopping. Two bdrm. well kept older home. In the low 20's.
ED FOURNIER 338-6093

5 PLEASURE YOU'LL TREASURE
From every angle you'll find this home a fascinating one. On a quiet street, this 3 bdrm. has many extras including privacy.
ED FOURNIER A7% 338-6093

6 PLEASANT NEIGHBORHOOD
Attractive 3 bdrm. home featuring fireplace, den, new carpeting throughout. Excellent garden and beautifully landscaped. New listing \$40,000.
WAYNE GRAFTON 334-2984

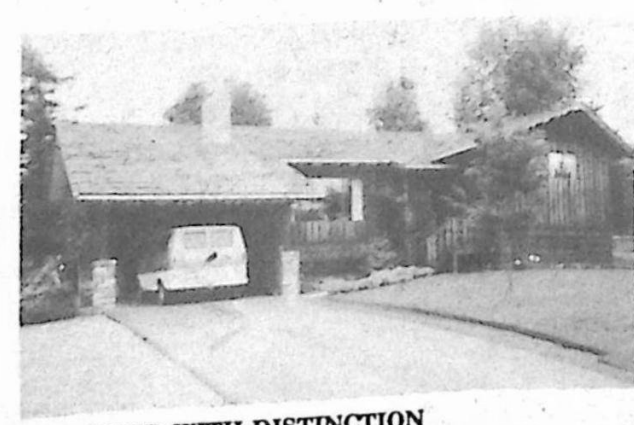
7 BEAUTIFUL WHITE CALIFORNIA STUCCO
Attractive 3 bdrm. home on large lot. Country-like setting between Royston and Cumberland. Well groomed, piped water, garden area. Two fireplaces, ensuite, all double glazing. Double paved driveway, CCTV.
VIC RUSHTON 339-3484



8 "JUST GOT TO BE"...
The best value in Courtenay. 1232 sq. ft. of spacious living featuring 2 fireplaces, rec. room, 4 large bdrms., and a large homey kitchen. A well planned family home close to all amenities and reduced to a low \$44,900.
BILL MORRISON 339-4063



9 COZY NEW BUNGALOW
Best of materials went into this one level home, with fireplace, thermo windows and large deck with ocean view.
GAYE WORK 334-2220



10 DESIGNED WITH DISTINCTION
This discriminating home was designed with accent on details and quality. Some of the features incl. in this 4 bdrm. home, sunken living room with brick fireplace, formal dining area, large kitchen with built-in dishwasher, den, family room with fireplace, full basement. Quality carpet throughout. Cedar exterior. Home situated on 2 landscaped lots.
DOUG COOK 334-2015



11 DON'T DREAM - BUY ONE
Large 14 x 18 living room. Designed to show off your furniture. 1250 sq. ft. on main floor, fully developed basement with 36 x 13 rec. room. Move now!
WAYNE GRAFTON 334-2984



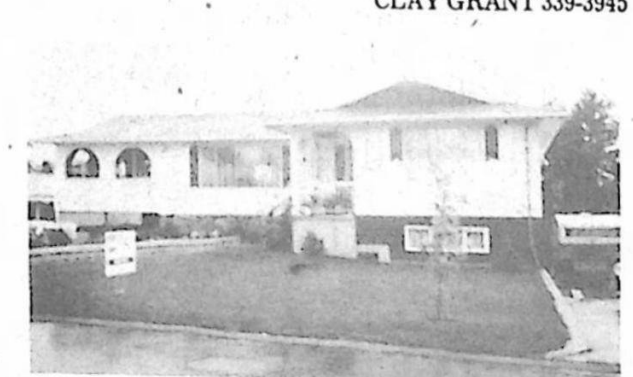
12 RARE FIND
Super view home on approx. 0.84 acres of exceptionally treed property. Plus 2 revenue homes rented at \$300 per month. For appointment to view call
DICK GARDINER 337-5327



13 DARN HARD TO BEAT
Real good older renovated 2 bdrm. home with large open living, dining and kitchen area. Basement. Mountain view. Quiet area. \$23,900. For appointment to view call
DICK GARDINER 337-5327



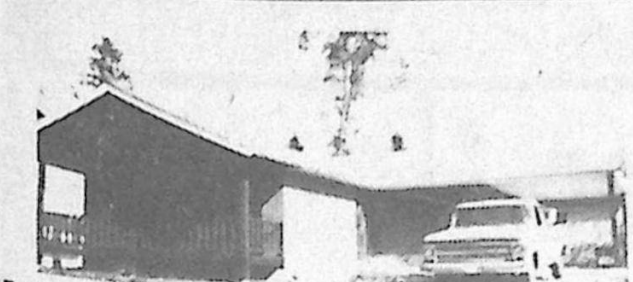
14 CAN'T SEE THE HOME FOR THE TREES!!
This 1200 sq. ft. new home is absolutely of superior construction. All exterior walls are 2 x 6 with R20 insulation and thermopane windows. The vaulted cedar ceiling in the living room and all ceilings are R28 insulation. The lot is 200 ft. deep and is a real forest. The lot will be cleared if you like but every tree was left and the choice is yours. Would you believe this home is in central Courtenay.
CLAY GRANT 339-3945



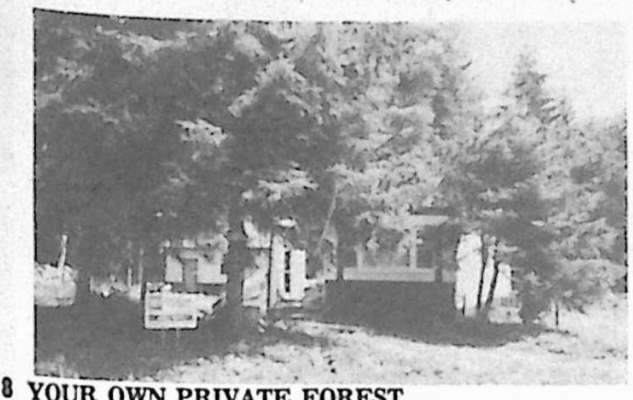
15 5 BEDROOM COMOX HOME
Large 1694 sq. ft. home on McKenzie Ave. Large 80 x 110 lot all landscaped and garden. Two paved driveways with a sundeck and patio. The home has 2 fireplaces, one stone in the lovely rec. room. In addition to the family room there is a separate pool room in the basement. The sunken living room adds a touch of elegance on the main floor area. There is a 13 x 25 solarium for plants right off the kitchen.
CLAY GRANT 339-3945



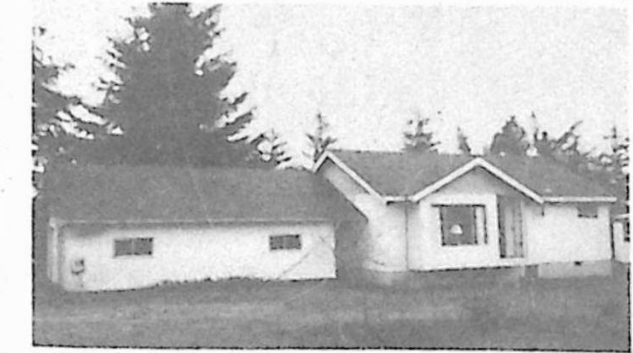
16 ONLY 2 BLOCKS TO SAFEWAY
Treat as clear title. Very comfortable home in good repair. Zoned R4 "A", suitable for apartments, motels, etc. Garage and fenced garden area at rear.
DUKE SCHILLER 334-2203



17 QUALITY WORKMANSHIP
New home in quiet, exclusive neighborhood built with quality materials and superior workmanship. Built-in dishwasher space, two TV outlets, two telephone outlets, wide hallway, insulated toilet tank, three foot crawlspace cemented.
DUKE SCHILLER 334-2203



18 YOUR OWN PRIVATE FOREST
Just 3 miles from town on the Puntledge River. This 2 bdrm. 12 x 68 mobile is sitting on 0.68 acres of rich soil. Other features include a large 17 x 24 garage and workshop and a boat shelter.
DUKE SCHILLER 334-2203



19 A SMALL KINGDOM
Located just 8 miles from town. This homey 3 bdrm. house has W W carpeting, 1/2 basement, good water supply and is sitting on 52 acres of fertile soil, 40 acres of which is cleared and in crop, the balance in a park-like setting of fir, maple and alder. Barn, 2 car garage, implement shed and other outbuildings included.
DUKE SCHILLER 334-2203



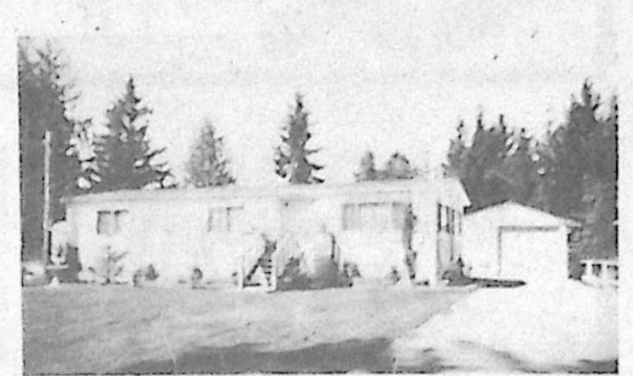
20 A WIFE PLEASER
This 3 bdrm., full basement home can be found on Fitzgerald Ave. in Courtenay and features W W carpet, 2 baths, spacious kitchen with fridge and stove included and a large rec. or playroom in the basement. Large rear yard for parking a trailer or camping unit.
DUKE SCHILLER 334-2203



21 DOUBLE HEADER
2 small houses for the price of one. These 2 bdrm. homes are on a large 81 x 181 ft. lot in Comox and are rented continuously. Check these as an investment.
DUKE SCHILLER 334-2203



22 CUTE AND TIDY
Spanish style 3 bdrm. bungalow on almost an acre of land featuring skylites, heatilator fireplace, built-in lunch counter, fruit trees. Also included is older home which could be renovated for revenue or guest cottage. Two houses for the price of one.
RAY PAGE 338-6267



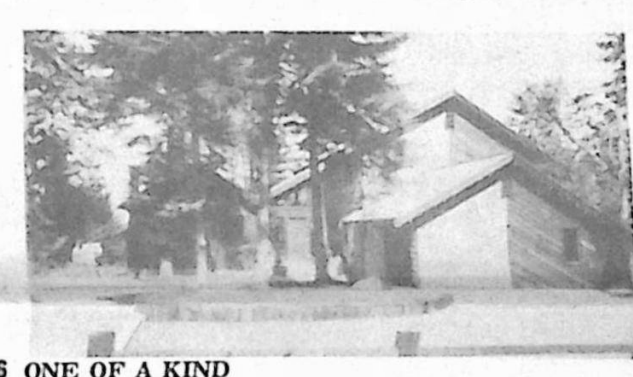
23 REALLY NEAT
Gracious living in this beautiful 2 bdrm. home. Master bdrm. has ensuite, luxurious carpeting throughout. Wet bar and den. Stove and fridge included. Large garage. Good garden. Entire property all well landscaped.
VIC RUSHTON 339-3484



24 IDEAL STARTER HOME
On large corner lot in Comox. Close to shopping and across the street from the golf course.
HARRY SQUIRE 334-3427



25 OLDER 4 BEDROOM HOME
Located close to downtown Courtenay. This home is on 2 lots with large rear yard with many producing fruit trees.
HARRY SQUIRE 334-3427



26 ONE OF A KIND
Rustic charm on treed lot overlooking Royston and Comox Bay. Truly individual floor plan featuring spacious kitchen dining area, family room, open stairwell leading to 3 upstairs bdrms. Plus sewing room or den. Character plus at \$83,900.
JIM GORDON 339-4615
HARRY SQUIRE 334-3427

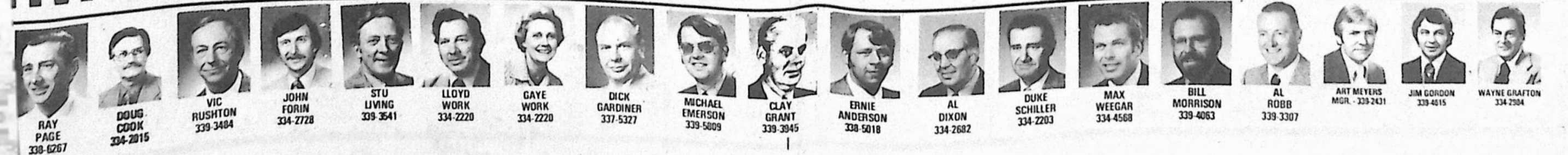


27 "JUST FOR STARTERS"
Buy this 2 bdrm. bungalow on a huge lot for as little as \$1,400. down. Wall to wall carpeting, gorgeous back yard and an enclosed garage or workshop. Fantastic value at \$28,500.
BILL MORRISON 339-4063



28 SELF STARTER
Ideal for the young couple just getting started. This cute 2 bdrm. bungalow has W W carpeting throughout and features red brick fireplace to snuggle up to on those rainy evenings. On Dundas Rd. only 5 minutes from downtown Courtenay. \$37,400.
JIM GORDON 339-4615
HARRY SQUIRE 334-3427

WE HAVE THE FIGURES TO PROVE IT. BLOCK BROS. VIDEO T.V. WILL SELL YOUR HOME. MEMBER OF M.L.S. AND V.I.R.E.B.





END-OF-MONTH SPECIALS

GARDEN SHOP SPECIALS

MTD LAWN MOWER

- Size 20"
- Regular \$124.00

\$99⁹⁷

SPECIAL

LAWN CHAIRS

- Reg. Price \$12.69

\$9⁹⁷

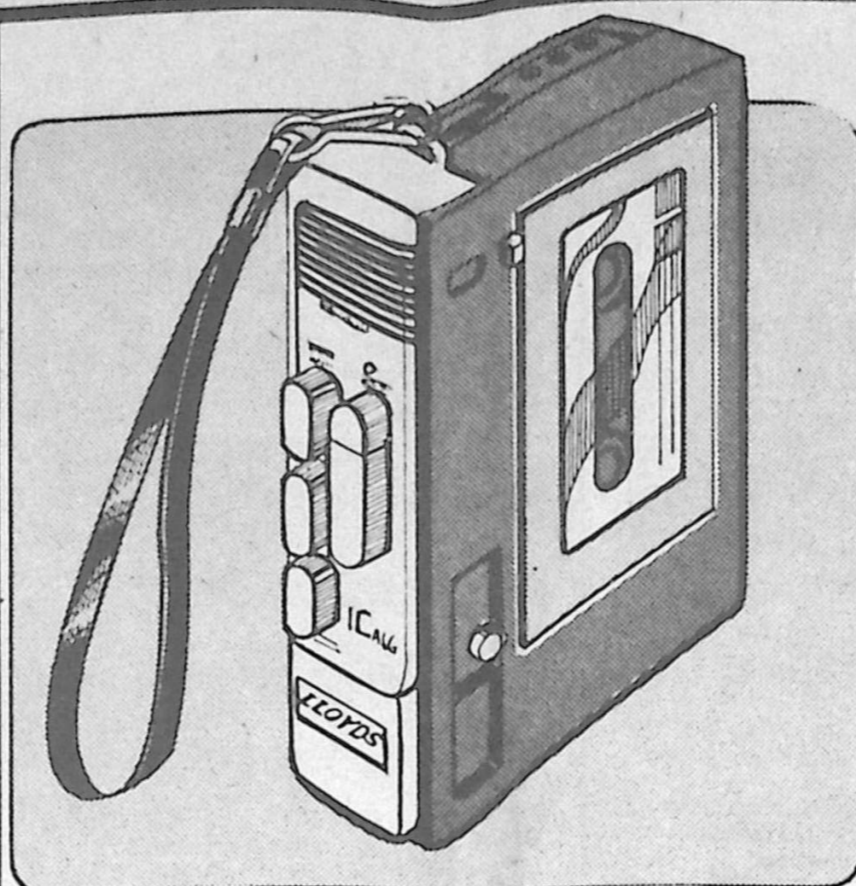
SPECIAL

DANDELION RACK

- Regular Price \$3.99

\$1⁴⁷

SPECIAL



Over 35% off Mfg. Sugg. Ret. A Lloyd's Mini Memo Recorder

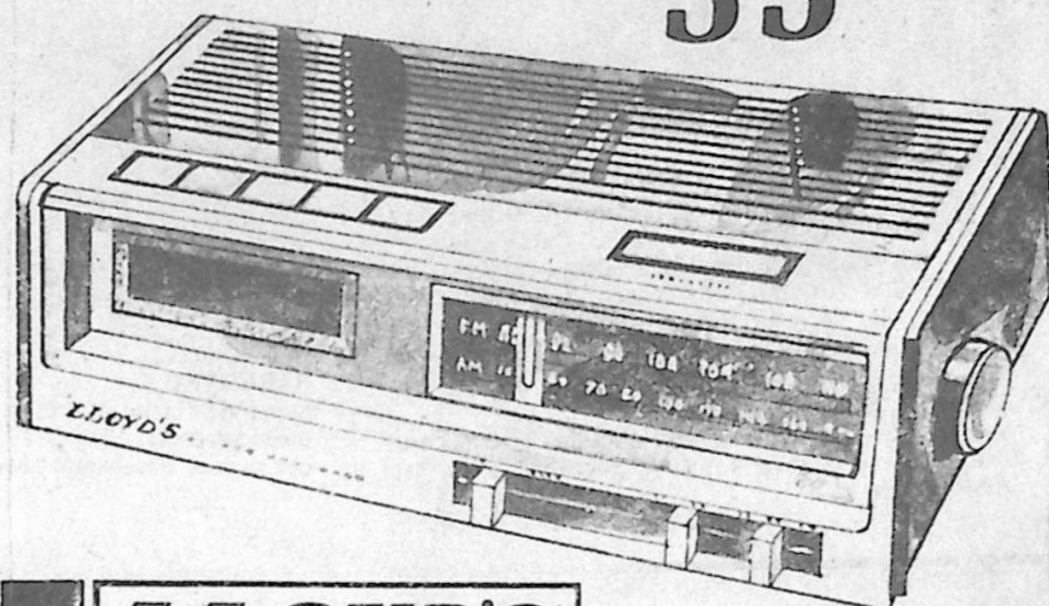
Built in mic. Comes complete with batteries, case, earphone, 30 minute cassette, and AC adaptor. Ideal for recording those important lectures! Mfg. sugg. ret. \$69.95

44⁹⁷

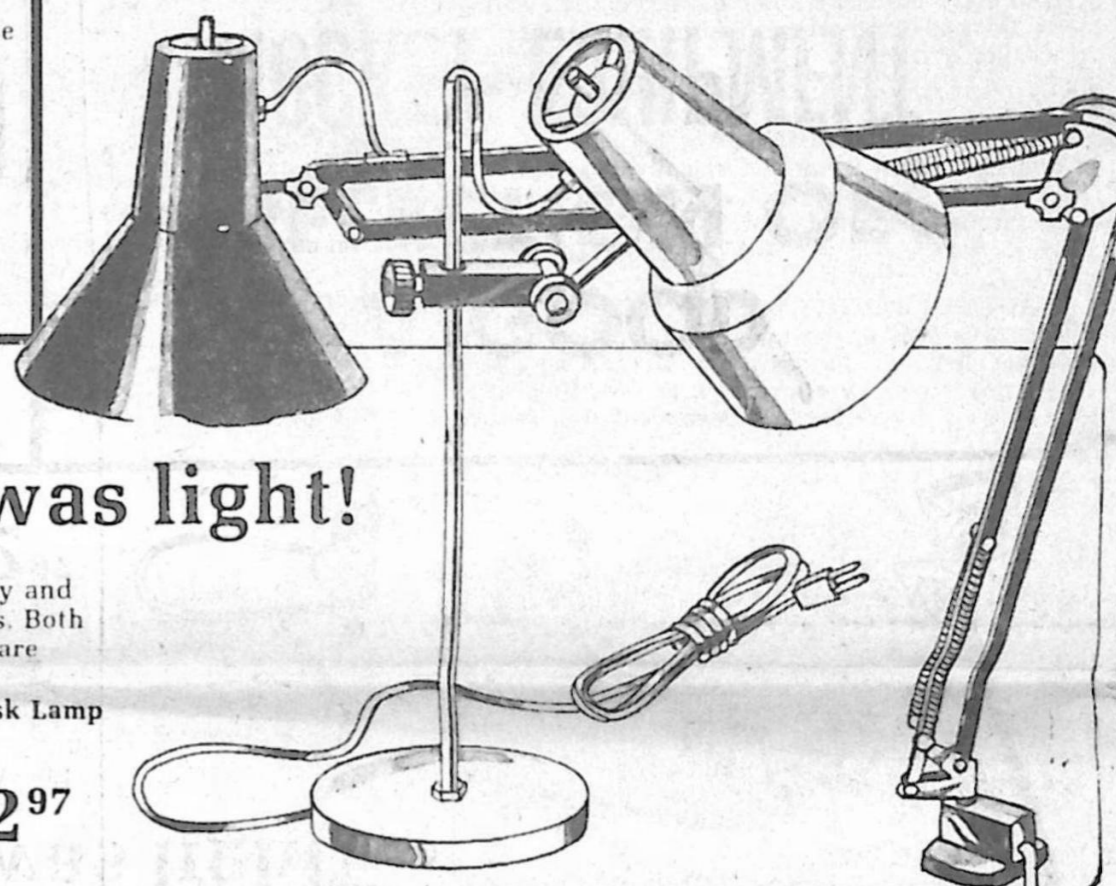
40% off Mfg. Sugg. Ret. Lloyd's AM/FM Electronic Digital Clock Radio

100% solid state. Bright blue/green readout with AM/PM display indicator. Displays wake up time and sleep time at the touch of a button. Catch a few extra winks with the snooze bar. Sleep-to-music timer. Wake to radio or buzzer. You'll never be late for class with this value. Mfg. sugg. ret. \$59.95

35⁹⁷



LLOYD'S



And then there was light!

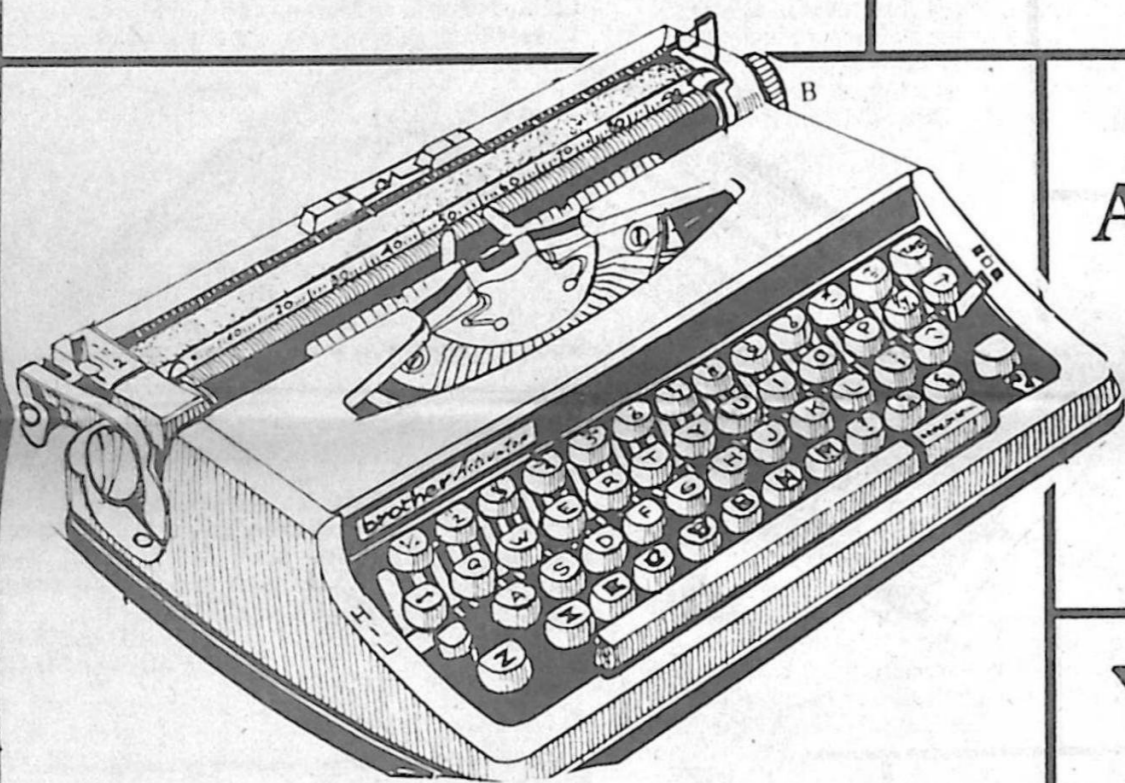
Every student needs a good lamp to study by and we're offering a choice of two superb models. Both styles are available in assorted colours and are capable of handling 100 watt bulbs.

Clamp-on Elbow Lamp

Desk Lamp

Special **14⁹⁷**

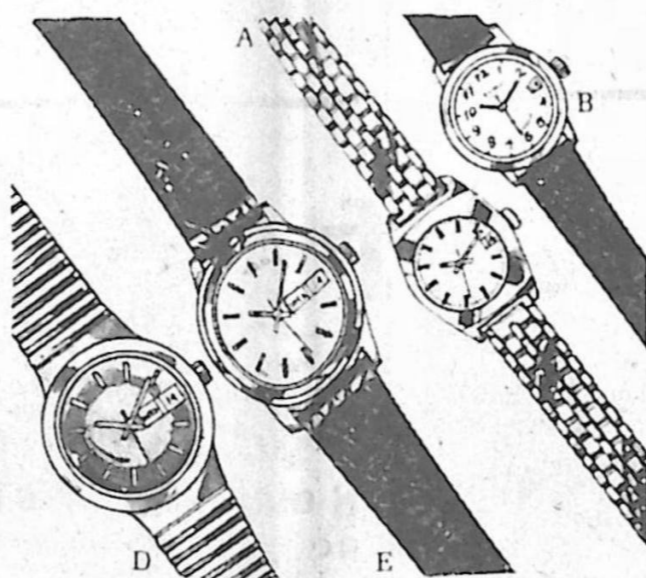
Special **12⁹⁷**



B Brother Portable Typewriter

Model 850TR full featured, heavy duty model. Features full 88 character keyboard, automatic repeat spacer key, convenient touch control line finder. Attractive lid cover carrying case.

Special **99⁹⁷**



Over 30% off Mfg. Sugg. Ret. Complete your back-to-school wardrobe with a new Timex watch!

- A. Ladies' Chrome Plated with calendar. Water resistant casing. Mfg. sugg. ret. \$21.95 **14⁹⁷**
- B. Ladies' Chrome Plated with calendar Brown strap. Mfg. sugg. ret. \$18.95 **12⁹⁷**
- C. Ladies' Gold Colour with expansion bracelet. (not illustrated). Mfg. sugg. ret. 22.95 **15⁹⁷**
- D. Men's Gold Colour Day/Date. Expansion band. Water resistant. Mfg. sugg. ret. \$25.95 **17⁹⁷**
- E. Men's Automatic Calendar. Chrome plated with band. Water resistant. Mfg. sugg. ret. \$28.95 **19⁹⁷**
- F. Men's Automatic Day/Date. Gold colour with strap (not illustrated). Water resistant. Mfg. sugg. ret. \$29.95 **19⁹⁷**

A GOOD SELECTION OF HOCKEY EQUIPMENT NOW IN STOCK

LADIES' WEAR CLEARANCE RACK

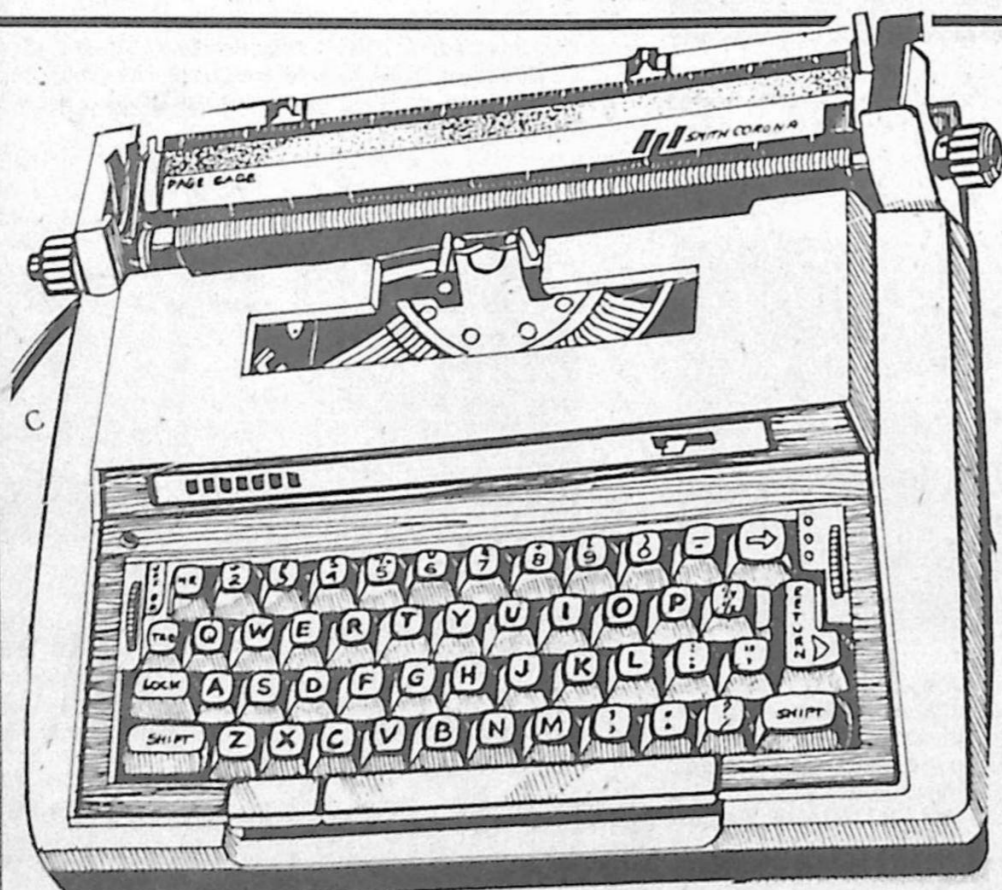
30% OFF

STORE HOURS:

Mon., Tues., Wed., Fri., Sat.,

10:00 A.M. to 5:00 P.M.

Thurs., 10:00 A.M. to 8:00 P.M.



25% off Mfg. Sugg. Ret. Smith Corona "Electra" Automatic Portable Typewriter

Automatic carriage return. 84 character keyboard. 9 position pre-set tabulator. Touch selector. Type style pica and elite. Sandalwood in colour. Includes durable carrying bag. Type your school essays and earn higher marks! Mfg. sugg. ret. \$219.95

164⁹⁷

Over 40% off Mfg. Sugg. Ret. Have time will travel!

Economy travel alarm. 30 hour movement. Mfg. sugg. ret. \$14.95

Special **6⁷⁷**