



TOTEM TIMES

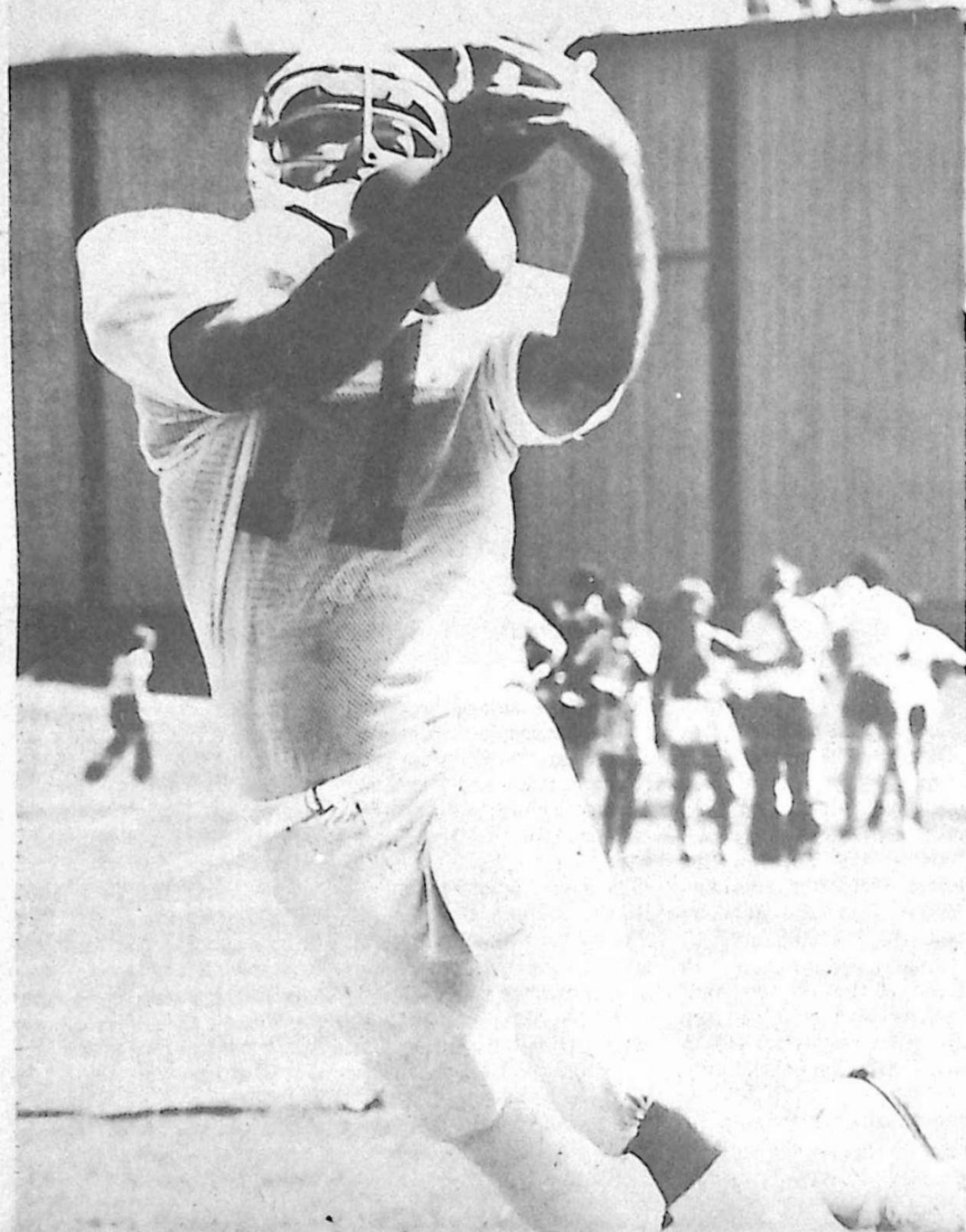


The Best Place To Find A Helping Hand Is At The End Of Your Arm

VOL. 20 - NO. 12

CFB COMOX TOTEM TIMES

THURSDAY, JUNE 15, 1978



SHOWING THEIR FORM -- There have been Lions in the Valley the last couple of weeks -- the football variety. Training camp concluded on Monday and now it's on to bigger and better things. We watched them and they looked real good -- so take heart Lion fans everywhere! ... A Grey Cup maybe? ... More Lion coverage on page 5.

Hosford Photo

Tall Ships On The Way

The four-masted barks "Nippon Maru" and "Kaiwo Maru" are now halfway between Tokyo and Victoria as they journey over the Pacific Ocean to participate in the British Columbia Captain Cook Bi-Centennial.

The sister ships left Japan on the afternoon of May 10 and are due to sail down Juan de Fuca Strait and into Victoria Harbour the morning of June 16.

The arrival of the Japanese sailing vessels starts off the summer activity surrounding the Bi-Centennial. "I am delighted that these two beautiful ships are being sent here by our Pacific neighbour, Japan," says the Honorable Grace McCarthy, Minister of Tourism and Chairman of the British Columbia Captain Cook Bi-Centennial Committee.

The visit will be the third for "Nippon Maru" and the second for "Kaiwo Maru" to British Columbia. Both four-masted ships visited this province in 1967 during the Canadian Confederation celebrations and in 1971 the "Nippon Maru" returned as British Columbia celebrated its confederation with Canada.

"Nippon Maru" is commanded by Captain Hiroshi Nakazawa. He has with him 19 other officers, 46 crewmen and 76 cadets for a total complement of 144.

"Kaiwo Maru" is coming over under Captain Yoshizo Ichihara who has with him 19 other officers, 46 crewmen and 76 cadets for a total complement of 142.

The two ships will berth at Pier B at Ogden Point at 9 a.m. on June 16 and remain in Victoria until 9 a.m. on June 20 when they will depart for Vancouver via Harrow Strait, Boundary Passage, East Point to Sandheads and Point Grey to Prospect Point.

When the Marus enter Burrard Inlet on the morning of June 21 for their visit to

Vancouver they expect to sail in with full sails from the outer harbour.

The two ships will be open to the public both in Victoria and Vancouver. The cadets will also perform sail drill in each city.

On Monday, June 26 the "Nippon Maru" will depart at 6 a.m. for a visit to Seattle. "Kaiwo Maru" leaves for Tokyo at 10 a.m. on June 27.

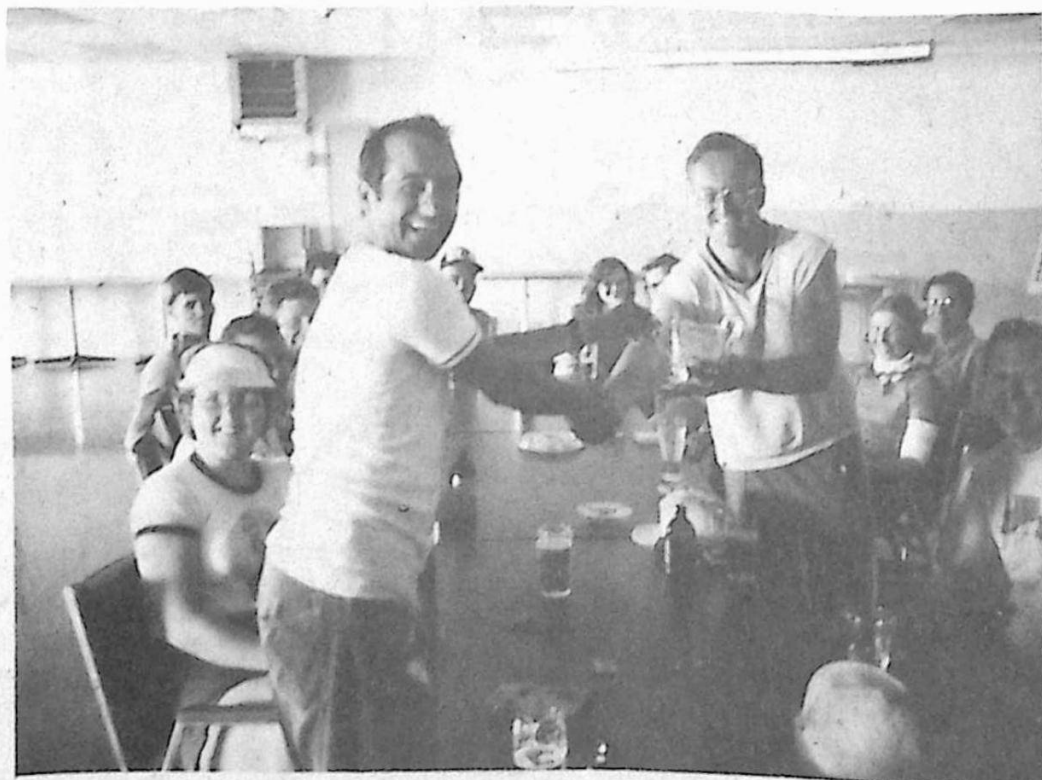
The two barks were built for the Nautical Institute of the Japanese Ministry of Education. "Nippon Maru" was completed in 1930 and "Kaiwo Maru" the following year. They were constructed to provide training for future officers in the Merchant Navy, and with their special design features they resemble large, sleek, square-rigged passenger liners.

The ships are 318 feet in length, have a gross tonnage of 2258 tons, a sail area of 25,800 square feet, a mainmast of 145 feet and are supported by 2600 horsepower diesel engines.

Another ship, The United States Coast Guard training ship "Eagle" arrived in Panama on Tuesday, May 30, completing the second leg of its journey to join in the British Columbia Captain Cook Bi-Centennial activities in Victoria and Vancouver starting July 20.

The 295 foot bark left New London, Connecticut on May 12 arriving at Guantanamo on Wednesday, May 24 covering a distance of 1350 miles. The ship then sailed 730 miles after four days at sea on the leg to Panama.

Foil Cup Changes Hands



TO THE WINNERS GO THE SPOILS ... And the big winners here are the Logs! ... disheartened Chuck Eddy after the Logs eked out a narrow victory over the Paper Pushers ... Rumor has it that Nick's crew blew the game in their rush for the suds. In case you were wondering -- the Foil Cup is symbolic of absolutely nothing!

Members Cited

Initiative and professionalism displayed under hazardous conditions have earned two Quebec members of the Canadian Armed Forces a commendation from Chief of the Defence Staff Admiral Robert H. Falls.

Corporal Fernand J.R. Lafreniere, 36, of Maskinonge and Private Marie F. Guindon, 21, of Hudson, members of the military police stationed in Ottawa, were commended for their action at the scene of a fire.

They were on a mobile patrol in Ottawa in the early morning of August 16, 1977 and despite considerable risk, entered a blazing rooming house, awoke the occupants and directed them from the building.

The citation states that serious injury or loss of life might have occurred if the Corporal and Private had not reacted as they did.

Chief of the Defence Staff Commendations are awarded to members of the Canadian Forces for performance above and beyond the call of duty.

The 25th At Senneterre

CFB Senneterre, Que., 80 kilometres northeast of Val d'Or, has begun celebrating its 25th anniversary.

The program for a gala round of celebrations began May 6 with a mess dinner honoring former commanding officers. During the June 1-4 period, spectators will watch the free-falling Skyhawks parachute team from CFB Edmonton and a search and rescue demonstration by 424 Transport and Rescue Squadron from CFB Trenton, Ont.

Senneterre will host a 10 and five-mile run with about 70 competitors from the Quebec region entering, and an open-house will be held with tours for the public. The Royal Canadian Artillery Band from Montreal will give concerts and provide dance music during evening festivities.

Senneterre, established in 1953, serves as a radar station. It is part of the North American Air Defence Command (NORAD), the joint Canadian United States defence force charged with the air defence of North America. The station is part of the 22nd NORAD Region with headquarters at North Bay, Ont.

Major Programs Planned

Cadets!

A Busy Summer Ahead

Sixty-three senior Royal Canadian Air Cadets from across Canada, including seven girls, will be sent on exchange visits to other countries this summer as a reward for excellent performance.

Twenty-five will visit Britain, 10 the United States and others will tour either France, Austria, Norway,

Sweden, Switzerland, Belgium, Israel, West Germany, The Netherlands, Portugal, Spain or Turkey.

A like number of cadets from these countries will be hosted in Canada by the Air Cadet League of Canada and the Canadian Armed Forces.

Now in its 32nd year, the International Air Cadet Exchange Visits Program is

aimed at stimulating cadet interests in other values and cultures away from home.

The program began in 1947 when 46 Air Cadets flew overseas for a three-week tour of Britain. At the same time, their British counterparts visited Canada as guests of the Air Cadet League and the RCAF. In 1948, the United States joined the scheme, and

many European countries have since joined the program.

More than 1800 Air Cadets have taken part in exchange visits, contributing to better understanding between younger citizens of the Western world.

There's also lots of activity slated for 2,200 male and 800 female Sea Cadets this summer.

Sea cadet camps and courses are programmed for Canadian Forces bases ranging from Esquimalt, B.C., to Whitehorse, Y.T., and CFB Cornwallis, N.S.

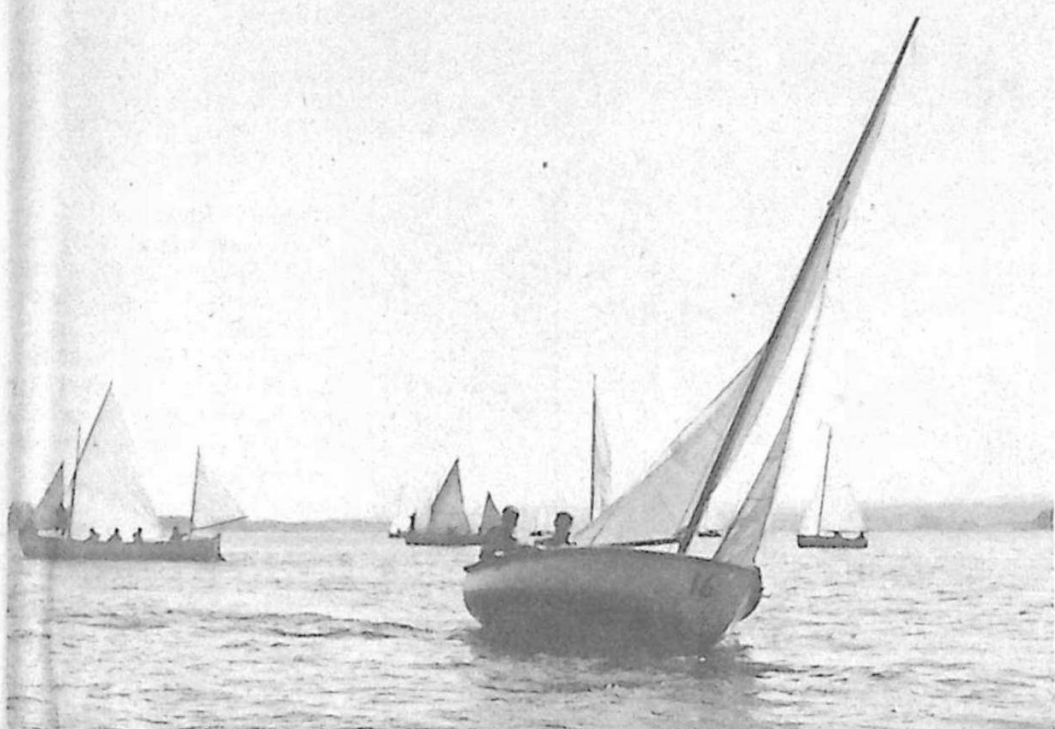
In between the cadets will gather at Comox, Chilliwack and Vernon, B.C., Edmonton, Winnipeg, Toronto and Camp Borden, Ont., Bagotville, Valcartier, Montreal and Quebec City, Que., Gagetown, N.B. and Halifax.

They will take general training and courses in seamanship, engineering, cooking, administration, hospital attendant, bandman, communications and scuba diving.

Selected cadets will attend athletic leadership courses so that he or she can set up and run similar athletic programs at the home corps.

Other sea cadets will be offered coaching courses this summer as well as sailmaking.

(Continued on page 12)



A SIGN OF THINGS TO COMOX - The summer Cadet program is quickly approaching and this will soon be the scene in Comox Bay. Quadra is readying for their annual influx as are the many other cadet facilities across the country.

DND Photo

Energy Saving

If the energy conservation program at the Department of National Defence could be summed up in three words; those words would probably be: comprehensive, organized and cooperative.

Shortly after the Arab oil embargo in 1973, the DND made a commitment to pare their energy consumption by at least 10 per cent. Using 1973 as a base year, since 1974, they have saved 3 million gallons of land vehicle fuel, 25 million gallons of heating oil, 31 million gallons of aviation fuel, 10 million gallons of marine fuel and 3 billion cubic feet of natural gas. Their only increase in energy consumption came in electric power but despite this small increase in electric use the energy conserved resulted in a cost avoidance of \$38 million.

What was the key to this success? Organization! Mr. Killick, Chief of Supply actively campaigned for top level commitment, realizing that to give power to a belt-tightening program required involvement and authority from the top. In this vein, a senior energy management committee was created. This committee was headed by Mr. Killick himself as chairman, and the other members consist of the Deputy Chief of Defence Staff; the Chief of

Construction and Properties; the Chief of Engineering and Maintenance; the Chief of Research and Development; the Chief of Financial Services; the Director-General of Information; and an Executive-Secretary. The only member involved fulltime with energy conservation is the Executive-Secretary, Mr. E.R. Forster who is responsible for the implementation of the program.

The organization does not stop here but continues right down the line. There is an energy conservation officer in each command and he has energy conservation officers within the command reporting to him. These officers execute their energy conservation functions as a concomitant duty. They also have liaison officers in the NDHQ, sea, land and air operational organization.

The modus operandi of the Senior Energy management committee is to establish a climate in each command that will encourage and nurture the desired results. A set of policy guidelines has been published and the genesis of an energy management program for the commands is contained in the action and policy directives issued in

(Continued on page 10)

Veteran Passes



MGEN Carpenter

OTTAWA (CFP) - Major-General (ret'd) Frederick S. Carpenter, AFC, CD, one of Canada's most distinguished retired air force officers, died May 10 in Kingston, Ont. He was 63.

A former commandant of the National Defence College at Kingston and Air Officer Commanding Air Transport Command and Maritime Air Command, he retired in 1969 after more than 30 years service. He was living at Seeley's Bay, near Kingston.

Born in Toronto Sept. 19, 1914, he joined the Royal Canadian Air Force in 1937 after graduation from Royal Military College, Kingston and trained as a pilot.

During the early years of the Second World War he served with bomber reconnaissance squadrons during the Battle of Atlantic, later

(Continued on page 12)

Commendations

Master Warrant Officer Francis S. Wilkins, 40, of Thunder Bay, a vehicle technician based in Lahr, West Germany, commanded the inspection and acceptance team on the project to obtain the Leopard battle tanks on loan from West Germany. The citation states his competence and efforts did much to ensure high quality workmanship and on-time delivery.

Sergeant Raymond N. Pringle, 36, of Belleville, a radar air traffic controller at CFB Trenton, Ont., was cited for the assistance he gave to a civilian pilot lost in the Trenton area on March 20, 1977. The report states that he displayed outstanding ability in controlling the aircraft and

directed the relatively inexperienced pilot and his three passengers to a safe landing at Trenton under very adverse weather conditions.

Private Harry G. Brand, 22, of Brockville, was awarded the commendation for his prompt and selfless action when a servicewoman was swept over a waterfall at Courtenay, B.C., on August 29, 1976. Disregarding his own safety, Pte. Brand dived 30 feet into a pool, located the unconscious victim and applied mouth-to-mouth resuscitation to revive her.

Chief of the Defence Staff Commendations are awarded for performance above and beyond the call of duty.

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Section News

what's happenin'

Commander's Commendations



Base photo



Base photo

A PAIR OF 442'S FINEST have been awarded the Air Command Commander's Commendations. Being congratulated by Base Commander, Col. B.T. Burgess are MWO H.K. Alstad and Sgt. K.V. Christensen.

Nighthawk's Nest

As mentioned on the last installment of the continuing Cudgel Saga the Nighthawks are not participating in exercise Combat Pike at Tyndall, AFB, Panama City, Florida. This is a live firing exercise in which the aircraft from all three operational Voodoo Squadrons (409, 416 and 425) fire both infrared seeking missiles and ballistic rockets against target drones.

This is actually a year round exercise in which all ADC Squadrons (USAF and Canadian) participate once a year.

Through considerable skill and cunning the Canadian Squadrons (the good guys) managed to secure the much sought after June time slot when Florida temperature and humidity are both in the balmy upper 90's. I am sure all of us at Comox, Chatham and particularly those from Bagotville will have a good chuckle next January thinking about the poor American Squadrons that happen to have been stuck with that time slot.

The exercise got off to a good start the first week with all ten 101's (including four from 409) firing the first day with only minor problems. The Wiggin-Rawson and Housworth-Hellberg teams both had trouble arming up properly the first mission (not through lack of trying) but assure us that all problems can be blamed squarely on the weapon and should not reflect on their considerable skill and proficiency.

At the end of the first week the 409 Sqn. crew to beat appeared to be that deadly combination of Rick Zvitski and Dave Armstrong - our William Tell hopefuls.

The second group from

Comox is now encamped and from all reports everything is proceeding smoothly with one minor exception. We haven't heard their version of the story yet but it appears that the Koski-Gladders crew either misunderstood what they were supposed to be firing or perhaps the balmy weather inside the cockpit under the Florida sun got to be a little too balmy, anyway they returned from the range with a full load of armament but no canopy.

Closer to the homefront (but still deployed) we had several squadron members - Officers Dobson, Evans, Felts, Gladders, Hellberg and Housworth journey to Bagotville for the weekend of 27-28 May for 425 Colors Presentation. By all accounts the presentation and accompanying festivities were a resounding success (in case you're wondering how the same guys can be in Tyndall, Florida and Bagotville, Quebec at the same time, some were coming and some going-ops normal).

Finally from back at the Nest all seems fairly quiet after a minor flare up just before the Tyndall deployment when all 101's were grounded with an engine problem but that is all fixed now (with second thoughts about it only once when they were almost regrounded last weekend).

Congratulations to Major-but-soon-to-be LCol Tom Goodall. Along with the promotion he is posted to Omaha, Nebraska as SAC Liaison Officer. We are not sure if SAC will give an ADC weenie a big red telephone, but best of luck anyway, Sir.

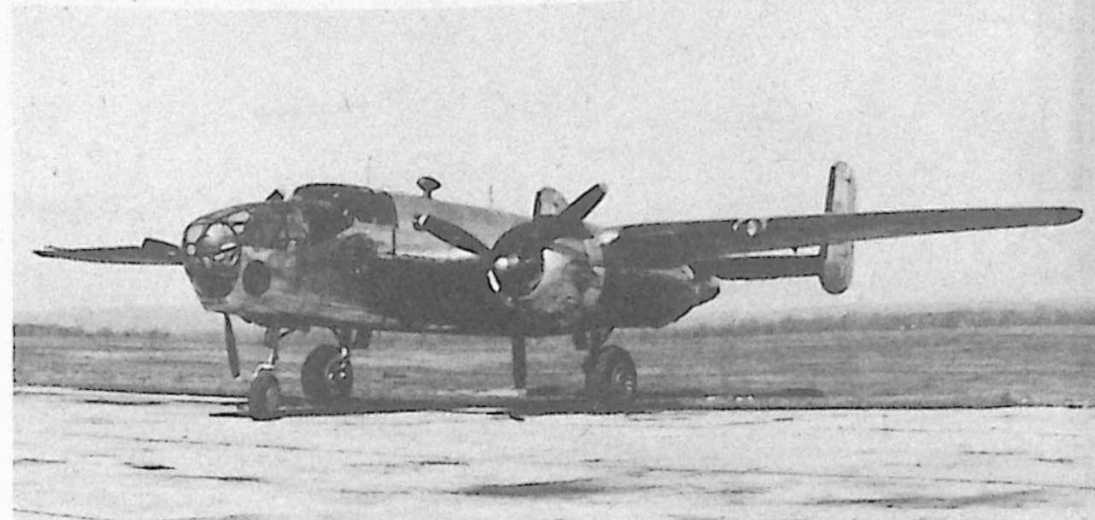
That's all for now - Norman.

THERE YOU GO, SIR! OUR 1.0 SECOND BURST TO MACH 3.4 - AND BY THE WAY, WE JUST PASSED OUR A.I.M.'S!!



LARRY CRAWFORD
WINNIPEG

Canadian Military Aircraft By Ewing



Part Twenty-Two - North American B-25 Mitchell.

The RCAF operated the B-25 at two separate times during its career, and in a multitude of tasks.

During the days of the Second World War, Canadian aircrew flew the medium bomber as part of the RAC Tactical Air Force. In Canada, the Operational Training Unit at Boundary Bay, B.C., used the B-25 to train Mitchell aircrews.

In the post-war RCAF, the Mitchell saw service with 406

"City of Saskatoon" and 418 "City of Edmonton" Auxiliary Squadrons, flying in support of Army units and Auxiliary fighter squadrons. A few converted to VIP transports were operated by 412 (Transport) Squadron out of RCAF Station Uplands in Ottawa. As well, 413 Squadron used the aircraft in a photo-reconnaissance role.

To train radar operators for the RCAF all-weather Interceptor squadrons, the Mitchells were used at the Air Navigation School at Win-

nipeg after conversion to AI trainers. More than thirty of the bombers ended their military career as flying classrooms.

A total of 164 B-25 Mitchells served with the RCAF in Canada with the final few being retired in early 1962. One operated by the National Research Board in Ottawa was presented to the Aeronautical Collection. It has been repainted to represent an aircraft of 2 Tactical Air Force during WWII.

Mushroom Mutterings

Well, summer WAS with us again!! Just long enough for the "prairie dogs" among us to start recalling the constant heat of the summers. Thanks, but I'd rather be fishin'.

Speaking of fishing...here is a notice to all squadron mariners: watch it if you invite "Fast Eddie" to go out with you. He was out on the chuck the other morning with Big Al and wasn't doing very well, so he broke the net. Now I ask you, is that a very nice way to act??

One of the "Rotary Wing" crews decided to try a training trip last week while things were quiet. The following is courtesy of one of the other crews.

Heard a PRETTY good story from a PRETTY reliable source, that a PRETTY good Captain was on a PRETTY up-grading ride in a PRETTY red, white, and blue helicopter, which developed a PRETTY bad smell. They were over a PRETTY meadow, close to a PRETTY emergency strip, so they made a PRETTY emergency landing. The PRETTY part of this PRETTY story is that they were bailed out by a PRETTY crew in another PRETTY red, white, and blue helicopter.

The second PRETTY crew would like to thank the first PRETTY crew for the chance to see all that PRETTY scenery in PRETTY-near six hours of PRETTY flying.

And Gary, that's PRETTY near the end of it!!

With all the 442-types that are departing the Comox Valley this coming summer, there has been a plan put forward to enable the squadron to keep operating with a lesser number of bodies...the aircrew will be trained to tow aircraft, fuel them, and in general, look after the birds. The only

problem seems to be...now, let's see...what's that old saying about sharp tools, children, and pilots??

Our esteemed Commanding Officer, Marc Demers, has decided to get in on some of that oil money bulging the banks in Calgary. He will be handing over the reins to LCol. S. Burrows on Wednesday, June 21st, and will be shining the seat of his britches in an executive biz-jet immediately thereafter. All the very best, Boss!! May you never spill a drink!! (being held by one of your passengers, natch!!)

The first of the 442 Fishing Derbies was held over the past two weeks, and Big Al Stephenson managed to luck his way into the winner's circle by procuring (and we won't tell how) the largest salmon. Bob Neal was even luckier...he won the "Hidden Weight". One member of the squadron bragged that he had THE winner...unfortunately for his fish story, he forgot that the Derby was in and had it cleaned and into the freezer before remembering. (Oh

well, I can always eat it!! Sob!!)

After some hesitation it has been decided to let the duffers of the squadron do their thing this coming Friday, June 16th. So, you can all get busy now and polish up your balls and clubs for a day on the fairways. Just watch for the trap on the 10th; it's a real killer!!

To the crew of Buffalo 456: some farmer up on the mainland wants to know if you intend to come back and collect the pail of nuts and

bolts that you scattered across his acreage last Sunday! (They won't fit his tractor).

And now it's time for me to say goodbye to all my loyal readers. It's been fun acting as the Squadron Scribe for the

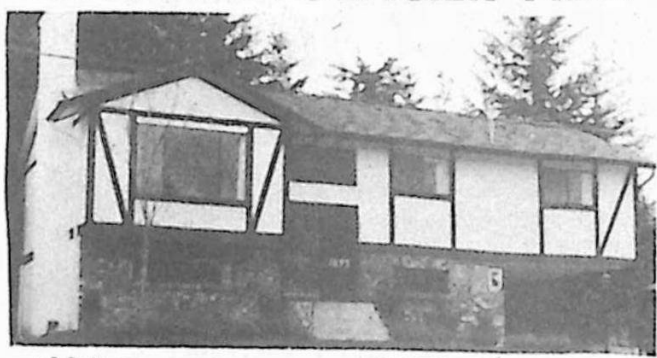
past bunch of months, and being able to stick pins in people without fear (well, almost) of getting a punch in the mouth or going on charge. To Pillsbury Doughboy, Sharkbait, Captain Mike, Big Al, Willy the Gimp, Da Maj,

Hustler, Chucker-baby, and all the rest of the guys (and the few gals): it's been fun knowing and working with you all. Now all you have to do is to figure out which of you can spell well enough to take over as the new Scribe!!



Parsons tables are named after the Parsons School of Design in New York, where they were developed in the early 1930s.

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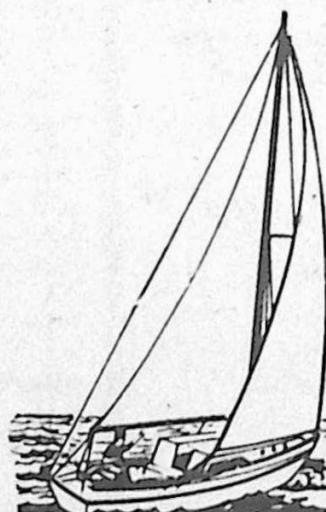
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Even More Section News.....

Good Show Award



Base photo

PTE. J.L.J.B. LAPIERRE of 407 Sqdn. started his military career on the right foot. Soon after arriving at CFB Comox, his alertness earned him a Good Show award, being presented here by Base Commander, Col. B.T. Burgess.

Into The AirPrivately

Sharing the tarmac with PWA's Boeing 737's, are three light aircraft belonging to the Comox Flying Club.

The Comox Flying Club is a non-profit organization which allows the membership the advantage of flying training and recreational flying at rates that are far below most civilian clubs. Flying hours may be purchased on a pay-as-you-go basis or on a monthly account.

The Club is authorized by the Air Transport Board and the Ministry of Transport to conduct the Private Pilot course, the Commercial Pilot course, and recreational flying for members. It is accredited as an educational institution and as such, fees paid to obtain these licences or an Instructor's Endorsement are deductible for income tax purposes.

The Comox Flying Club is authorized by the Base Commander to conduct both day and night flying, provided that such flying does not constitute a hazard or interruption to military flying commitments. The Base Air Traffic Control Officer has authority to temporarily

suspend flying by the Club should the circumstances, in his opinion, require such suspension.

With full Ground School and the Mo T required number of flying hours, along with Club membership, medical, flight testing and licensing fee, the approximate total cost of a Private Pilot's licence through the Comox Flying Club is under \$1400.

The Comox Flying Club presently has 1 Cessna 172 (4-place) and two Cessna 150 (2-place) aircraft for the use of its members. The Club recently hired a full-time Manager, Norm Fulcher, and he may be contacted at 339-2211, Local 293, from 9:30 to

Noon, Monday through Friday. There is also a Chief Ground Instructor, Jim Slater, who is in charge of all Ground School instruction. Tom Haughn is the Club's Chief Flying Instructor and is qualified to carry out the Mo.T. tests for Private Pilot licensing.

Canadian Cancer Society volunteers are a vital part of the fight against cancer. Most communities have a unit of the Society which sponsors film showings, distributes literature and is prepared to answer questions about cancer. Cancer can be beaten by learning the facts.

ATC News

It's getting harder to dig up information these days with people either packing up to leave or just arriving at Comox. 409 Sqdn just finished up at Cold Lake and are off to Florida for a few weeks. 442 has been busy with a couple of searches and dumping para rescue types out in various spots around the area from the back of servicable A.C.

Military IFR and VFR flying is down and it seems that at times civil traffic keeps us in business. Last weekend the sky was full of American civil pilots looking for fishing spots in the wilds of Canada. All Base pilots and controllers Keep Alert because many of these people either don't call in at all or if they do it is usually in the middle of the circuit.

M/Cpl Don Dieno has his own private French Army following him around the Section. They include Pte's Christianne Levesque, Andre Lemieux and Jaques Gagnon. Don has the trio working for him in the Flight Planning Center and also busy in the books learning the basics of ATC.

Sgt Dave Bews and new Lt Mario Tremblay have both passed and are back off the

VFR course. Dave will be leaving for Downsview and Mario staying here as a Tower Controller.

Pte Eric Hawk will be staying at Comox this summer as a tower B stand. He was supposed to be spending the summer at Shilo with the Air Cadet Gliding School but because of shortage was recalled to Comox. Actually we didn't want to lose the Valley's best guitar picker. M/Cpl Woody Fillier has left the section and the area for Portage and will be missed by all. Woody was active in section hockey and both he and his wife Linda were in a section bowling team.

Friday June 1 was the official opening of the Gravel Pit and for the first time in years the weather was perfect. The evening was a success and thanks to all the bodies who helped in their spare time, with all the painting, cleaning and various repairs. Cpl. Brian Swallow has taken over as the Gravel Pit boss from Sgt Jim Patterson. Thanks for all the good work over the last year Jim. WE in the section appreciated your contribution in keeping the Gravel Pit running smoothly.

New Mess

Construction of a new mess hall for CFB Cornwallis, N.S., has been announced by Defence Minister Barney Danson.

The facility, designed to accommodate 1,900 recruits and staff in two sittings in one hour, will replace the existing two separate mess halls which together can efficiently handle only about 1,000.

Cost of the project is estimated at \$3.5 million in today's dollars. Construction is scheduled to commence in 1979 and should be completed in late 1980.

The existing mess halls were built during the Second World War and despite improvements, are poorly configured, greatly overcrowded, and require high maintenance and operating expenditures.

The new facility will be constructed near the living quarters adjacent to one of the existing mess facilities. When construction is complete the old messes will be disposed of but the crockery, utensils, and some of the kitchen equipment will be used in the new building.

George's Corner



USAF BGEN WAINWRIGHT is presented with a memento of 409 Nighthawk Squadron.



NEW LIGHT COLONEL TOM GOODALL of 409 Sqdn. gets his "heavy gold" from Top Hawk LCol. George H.

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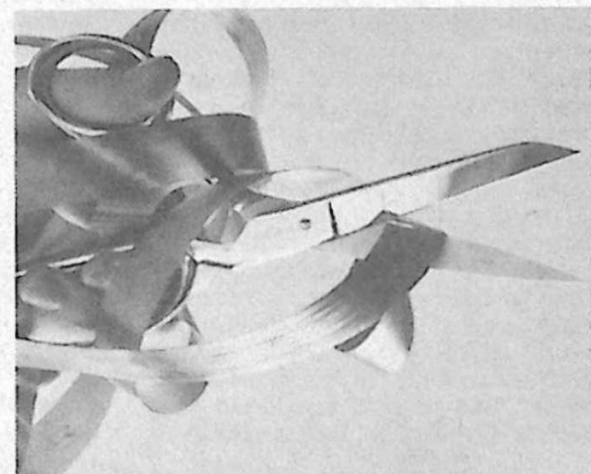
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WINNING NUMBERS FOR MAY 1978



The Provincial MAY 28 DRAW

\$1 MILLION WINNING NUMBERS
1 3 6 7 5 9 4
4 7 3 6 9 4 2
4 1 3 2 5 0 7

\$100,000 WINNING NUMBERS
2 8 8 6 9 3 5
2 0 0 7 7 2 3

last 6 digits win	\$10,000
last 5 digits win	\$1,000
last 4 digits win	\$250
last 3 digits win	\$50

KEEP YOUR MAY/JUNE TICKET, IT'S ALSO ELIGIBLE FOR THE JUNE 25th DRAW.



Western Canada Lottery Foundation

In the event of discrepancy between this list and the official winning numbers list, the latter shall prevail.



MAY 3 DRAW

\$100,000 WINNING NUMBERS
0 5 7 2 9 0 3
0 8 5 7 0 7 5
0 3 8 6 0 1 0
1 6 8 9 1 2 9
1 1 3 5 2 0 1

MAY 17 DRAW

\$100,000 WINNING NUMBERS
3 5 6 3 3 6 5
3 7 3 0 1 7 5
0 4 5 1 7 1 0
4 4 2 4 7 3 2
3 2 6 4 1 8 8

MAY 31 DRAW

\$100,000 WINNING NUMBERS
0 9 9 6 3 5 2
1 1 5 6 8 4 6
1 0 8 5 6 7 8
0 2 9 1 5 1 5
1 5 8 7 9 5 0

last 5 digits win	\$1,000
last 4 digits win	\$100
last 3 digits win	\$25

For a list of the bonus numbers on the May 17th Express Draw write to Western Canada Lottery Foundation, One Lakeview Square, Winnipeg, Manitoba R3C 3H6

Editorials

A View From Stu

Women In Combat

Since one girl wants to become a fighter pilot, the Canadian Forces has come under attack to open combat roles to women.

A relatively small group of people buttressed by the equal employment provisions of the Human Rights Act has made issue of the fact that combat roles are open only to men. To end Forces' discrimination they demand that women be free to choose any military career they wish.

While equal opportunity for the sexes is necessary, blind application of such policy in the Armed Forces would be ill advised. The people involved in the pursuit of this goal appear only concerned with scoring a victory and not with the effects that might have on defence. Arguments over equal rights become emotional and can override the most important consideration, the ability of the Armed Forces to defend Canada.

The question which must be debated is not whether women should have equal employment opportunities, but whether or not the introduction of women in combat roles would enhance or detract from the defence of our country.

On this point, evidence is lacking to prove that women perform as well as men in combat roles.

Women and men are different physiologically and to a degree psychologically. No one can deny this. Although a woman may have equal or more stamina or drive, it is her physical stature which prevents her from performing as well as men in combat roles. This is a concrete immutable fact which no passionate argument, wishful thinking or Human Rights Legislation can change.

The Russians experimented with women in combat roles during the last war but decided to abandon the practice. Although Russia today faces a manpower shortage, and though Russian women are in every other field including aerospace, they are restricted from combat. Even the Israelis do not have women in their front line combat roles. The lesson is there for Canada to learn.

To allow women into combat roles simply to satisfy a human rights concept carried to its extreme would downgrade defence and make the Armed Forces into just another expensive government equal opportunity employment agency.

There are necessary exceptions to every rule, and the exclusion of women from combat is the necessary exception to the Human Rights Act.

Finding Help In The U.K.

The Soviet Worker

Courtesy
London
Observer

LONDON -- The cause of oppressed Soviet workers is now finding champions among the leaders of Britain's trade union movement.

Over recent years the British Trades Union Congress has remained silent on the suppression of human rights in the Soviet Union and Eastern Europe, while at the same time displaying public concern at the tyrannical regimes in countries such as Chile, Bolivia, Argentina and South Africa.

But now, under considerable moral pressure from Amnesty International, individual union bosses like Moss Evans of the two million-strong Transport and General Workers' Union, Joe Gormley of the National Union of Mineworkers, and Geoffrey Drain, leader of the biggest white-collar trade union in the world -- the National and Local Government Officers' Association (NALGO) -- are expressing their disquiet at what is happening to manual workers in the Soviet Union.

The executive council of Britain's second largest union, the Engineering Workers, has actually written a strong letter of protest to President Leonid Brezhnev, the Soviet leader.

The dossier compiled by Amnesty International has shocked British union leaders and there is now a strong possibility that they will drop their old double standards and take a more sceptical view of the Soviet bloc.

The main reason for the British union concern stems from the undeniable fact that the latest "dissidents" are not middle class intellectuals but manual workers. Moreover, they claim that they are not seeking to overthrow the Soviet system, but merely acting as "loyal Soviet citizens" who wish their government to recognize the basic rights of freedom of association enshrined in Soviet law and accepted by the Soviet Union in international human rights agreements.

There is a sense of undeniable genuine shock in the British union responses to the catalogue of individual worker cases sent clandestinely to Amnesty International from the organization that calls itself the "Association of Free Trade Unions of Workers in the Soviet Union."

Take the case of Vladimir Klebanov. He used to work in the Bazhanov mine in the industrial complex of Makeyevogul as a shift leader and mining foreman. In September 1968 he was consigned to a psychiatric hospital in Dnepropetrovsk

for speaking up for workers abused by the administration.

Although released in 1973, he has been deprived of the right to work and has the words: "Dismissed in connection with arrest" written into his labor record card. On February 10, 1977, Klebanov was picked up again by KGB agents in Moscow who tried to incriminate him in an explosion on the Moscow Metro. At the moment he is being held in a psychiatric hospital in Donetsk.

Then there is Varvara Ivanovna Kucherenko, a worker in a curing and pickling plant in Makhachkala in Dagestan. She was dismissed in December 1972 by the "administration and trade union committee" at the plant for exposing them for stealing goods. She protested about her treatment to the Procurator's office, but there she was taken by force by the police, who forced her to promise in writing that she would leave Moscow. She was released from a psychiatric hospital at the end of March.

Fyodor Dvoretzky from Dzhetsisu, Alma Alta, is still being held in a psychiatric hospital. His "crime" as a compressor operator, and later a worker in a shoe factory, was to make statements about thefts and fraudulent wage payments. Despite his wife's pleas, he was ruled "mentally non-accountable and socially dangerous" and put in isolation.

At the end of January the Association of Free Trade Unions wrote to the International Labor Organization raising these and other cases of oppression. It wants the ILO to recognize it as a union and investigate its complaints, but the ILO says its rules forbid it to take up such direct pleas from workers.

Any complaint to the ILO must come from a recognized international body. This is why pressure is now building for the Soviet workers' case to be taken up by the International Confederation of Free Trade Unions in Brussels, to which the British TUC is affiliated.

There is a long way to go before British trade union leaders as a body can be expected to take an unequivocally hostile attitude to what is happening in the Soviet Union under the name of Socialism.

Many fear being accused of cold war antics. Others do not want to offend Soviet susceptibilities, particularly those who enjoy the lavish junkets that the Soviet authorities provide.

Unity And You

Editors Note: The following article was done by an Anglophone, Floyd Rodman and a Francophone, Hubert Lemieux. Both are Canadians employed as foreign correspondents. Mr. Rodman in the Dominican Republic and Mr. Lemieux in Spain. Their viewpoint on Canadian unity is to say the least, interesting.

Your two correspondents are each representative of our French and English founding cultures. They have spent some 25 years in as many foreign countries with those excruciating problems arising from politics, poverty and social adjustments which only too often result in revolution.

When presenting our observations on our distant and beloved country, we know that we reflect the feelings of thousands of our compatriots who, like us, are engaged in diverse professional activities abroad.

We are also fully conscious

of the many regional, economic and cultural problems which tend to divide our nation, but we firmly believe that in reality Canada is not by any means a dying country. To the contrary, we are convinced that Canada is on the way to its own Renaissance. As distance does not allow us to participate directly in this awakening, we have wanted to make our contribution by sending this letter to the 950 English and French language newspapers in Canada.

We simply refuse to believe that Canadians are less intelligent than other people. Surely Canadians realize that a united Canada is a strong Canada and that a divided Canada can only be a weak country which projects among its foreign friends and customers a feeling of skepticism, uncertainty and confusion. The disunity of a country, of any country, only invites lack of respect abroad

for that country. A divided Canada clearly risks being absorbed and disappearing completely in the big American melting pot. It is axiomatic that the unity of a country is intimately linked to its identity and image abroad.

The common experience of your two correspondents demonstrates clearly and abundantly that acts of goodwill and joint efforts by the conflicting parties can only lead to a better mutual understanding and respect, even to friendship, with all the advantages this implies. How else could one explain the durable and numerous friendships that we ourselves have developed in so many countries speaking such different languages?

It seems to us that the starting point towards unity is a real and drastic change of attitude towards languages and a simple appreciation and recognition of the advantages which the knowledge of

languages carries in Canada or anywhere else. A second language is a recognized necessity for an educated and cultured person, most particularly when such languages are as universally used as are English and French. If the Chinese, the Russians, the Germans, the Americans to be sure, and many other nations had that same "linguistic" opportunity as have Canadians, you would see how quickly and efficiently they would exploit it to their very best advantage. It is a matter of meeting the challenge. Here are a few of the small and simple means within the reach of all of us:

1. Post notices at appropriate places reading: "On parle francais" or "English spoken".

2. Write individually or collectively to your Editor, Member of Parliament, School Board (or all three) requesting that both English and French be effectively

taught and used in the first grades of schools. Our famous Dr. Penfield has demonstrated that the ability to learn languages is greatest in young pupils.

3. Organize and or support interprovincial visits.
4. Promote the interchange of language teachers.
5. Increase communication by organizing pen-pal clubs through newspapers or schools.

We who live overseas have made a first gesture by writing this letter. It is up to you to ensure its success through your individual or collective efforts. When the stake is the survival of the country, nobody can refuse to answer the call or to make an effort. Long live Canada!

M.F. Rodman
Santiago de los Caballeros
Dominican Republic

H.E. Lemieux
Madrid, Spain



A Letter

Dear Editor,

On the recent article "Smoke Detectors" which appeared in your June 1 issue. I feel there should be a few things brought up to the person who wrote this article. I am one of the families who had to have his smoke detector either replaced or have C.E. come out to look at it no fewer than five times, since getting it installed.

In the article it was stated and I quote "If you lived downtown and had a smoke detector that was acting up, would you rush to phone a repairman for a service charge of \$25.00? No, I guess not! Instead you would try to determine what was activating the unit and rectify the situation yourself." Well for the person who wrote the article, all I can say is he is

right, I wouldn't call a repairman, instead, I would return it. In our case in PMQ's it would be C.E.

Another point, the person is saying to rectify the smoke detector problem, which in many cases involve electricity, I was to understand that all maintenance work especially electrical must be done by C.E. for safety reasons.

It was brought up in the article that one way to prevent the smoke detector from going off would be to close the kitchen door, and leave the windows open. Apparently the writer doesn't do much cooking in the kitchen, or they would know how hot it gets in PMQ's small kitchens even with the win-

(Continued on page 7)

A Dual View

Exercise Break Program

Four additional Canadian provinces are now participating in the Exercise Break Program, which means that more than 100,000 Canadians in eight provinces have now been exposed to the exercise break. It has become one of the most popular fitness-through-relaxation programs ever introduced by the Fitness and Amateur Sport Branch, Health and Welfare Canada.

The four provinces which have joined the program are Alberta, Manitoba, Nova Scotia, and Prince Edward Island. Moreover, the Exercise Break Program has been stepped-up in British Columbia, Ontario, New Brunswick and Newfoundland, where the program has been in operation since February 1978.

A six to seven-minute series of light exercises performed to music, the exercise break provides a short interlude of active relaxation designed to stimulate circulation, improve posture, relax tense muscles and counteract boredom and fatigue.

In recent weeks, regional

coordinators, hired through the Federal Labour Intensive Program (FLIP), have introduced the exercise break in Fredericton, N.B.; Sault Ste. Marie, Kitchener, Windsor and Oshawa, Ont.; Prince George, B.C.; Halifax, N.S.; Winnipeg, Man.; Charlott-

tetown, P.E.I. and in Edmonton and Calgary, Alberta.

In the eight provinces, there are now 23 regional coordinators on staff who in turn have trained 228 exercise break leaders.

Movin On

In keeping with the Totem Times policy of printing all the news that's fit to print ... but probably boring even to the fish it ends up wrapped around, a notice of questionable importance to the readers.

In keeping with the Canadian Forces policy of putting the right man in the right job at the right time, Cpl. W.L. "Bill" Ewing, (alias: A.C. Eine, writer of SUPERTECK and other unsigned drivel), will be leaving the staff of the Totem Times to take up a position of little or no importance with the Base Maintenance Organization of CFB Winnipeg. (Well, it was what I asked for). He wishes at this time to thank all his loyal readers ... especially the TWO that took the time to write to the Editor and complain over the ending of the Superteck series.

Thanks to Al Wilson, past-editor of TT for badgering me until I turned out the Superteck stories on time; Gord Kruger, present editor, for letting me do my own thing; and to all the other staffers of the "Fishwrapper" who ended up carrying the load on Tuesday evenings because I couldn't make-up a page anywhere near as fast as the rest of you.

CNA TOTEM TIMES

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CNA
BLUE
RIBBON
AWARD
1977

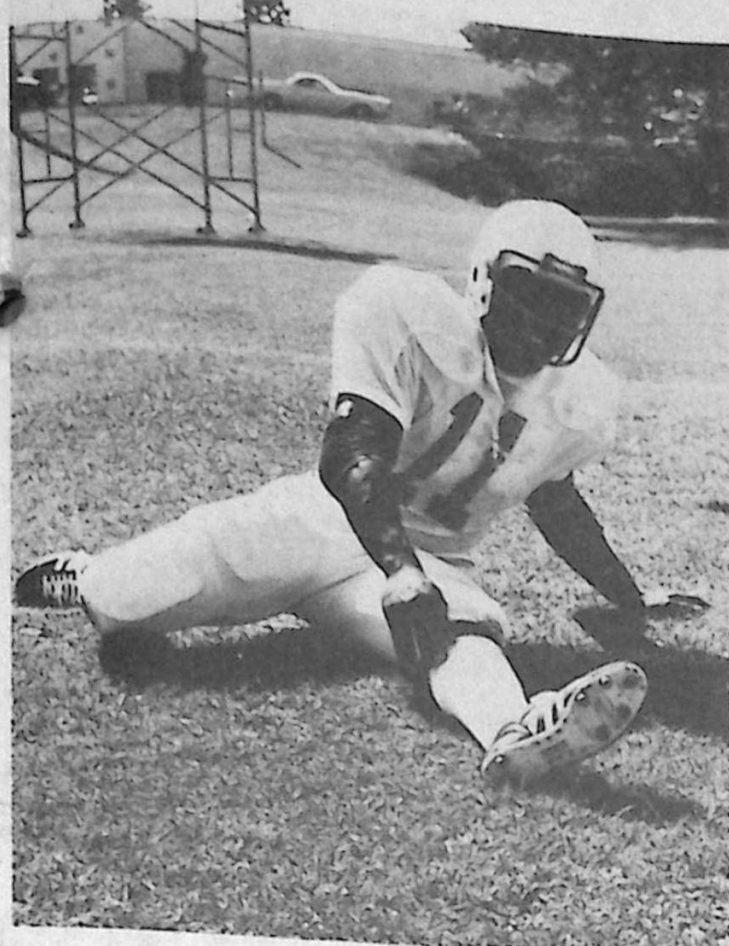
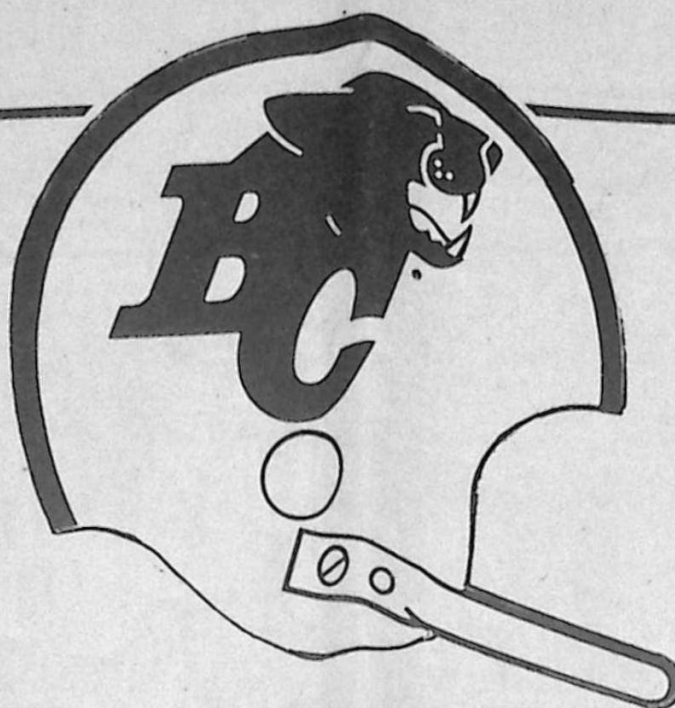
Training Camp 78

Thursday, June 15, 1978

CFB Comox Totem Times 5

Photos By Chris Hosford

Lions Roar In The Comox Valley



A 'Key' Aquisition



**The G.M.
Bob Ackles**



**The Arm
Jerry Tagge**

1977 TEAM STATISTICS

B.C. Lions	Opposition
259	Total First Downs 295
4,460	Total Offence 5,039
1,391	Net Yards Rushing 1,859
3,333	Net Yards Passing 3,462
1,148	Plays from Scrimmage 1,150
370	Number of Rushes 435
3.8	Average Rush 4.3
491	Passes Attempted 474
273	Passes Completed 282
12.2	Percent Completed 12.3
17	Intercepted By 19
136/44.3	Punts/Average 144/43.6

**The Coach
Vic Rapp**



Leroy Gets A Rub

**The Toe
Lui Passaglia**

1977 INDIVIDUAL STATISTICS

Rushing	No.	Yards	Avg.	TD
Mike Strickland	201	751	3.7	6
Jim Harrison	81	345	4.3	3
Terry Bailey	12	54	4.5	0
Jerry Tagge	46	48	1.0	1
Rudy Florio	4	14	3.5	0
Gary Keithley	9	92	10.2	0
Rocky Long	1	10	10.0	1
Leon Bright	6	34	7.2	0
LeRoy Moss	10		3.4	1

Passing	Att.	Comp.	Pct.	Yards	TD	Int.
Jerry Tagge	405	232	57.3	2787	14	13
Gary Keithley	81	39	48.1	478	3	6
Mike Strickland	2	1	500	57	1	0
Lui Passaglia	2	1	500	11	0	0
Rocky Long	1	0	0.000	0	0	0

Pass Receiving	No.	Yards	Avg.	TD
Jim Young	37	537	14.5	3
Mike Strickland	44	382	8.7	0
Richard Appleby	12	225	18.8	1
Terry Bailey	50	558	11.1	3
John Sciarra	5	53	10.6	0
Al Charuk	26	211	8.1	1
Jim Harrison	27	317	11.7	3
Leon Bright	45	816	18.1	7
Tyrone Walls	18	153	8.5	0
Rudy Florio	1	11	11.0	0
LeRoy Moss	8	70	8.8	0

Scoring	TD	Con.	FG	Sing.	Total
Lui Passaglia	0	30	40	7	157
Mike Strickland	6	0	0	0	36
Richard Appleby	1	0	0	0	6
Jim Harrison	4	0	0	0	24
Doug Carlson	1	0	0	0	6
Jim Young	3	0	0	0	20
Al Charuk	3	0	0	0	18
Leon Bright	9	0	0	0	54
Rocky Long	1	0	0	0	6
Terry Bailey	3	0	0	0	20
Ken Hinton	1	0	0	0	6
Jerry Tagge	1	0	0	0	6
LeRoy Moss	1	0	0	0	6
Team Points					4

Punting	No.	Yards	Avg.	Sing.
Lui Passaglia	124	5491	44.3	4
Lui Passaglia (PK)	12	532	44.3	2

Kickoff Returns	No.	Yards	Avg.	TD
Rocky Long	27	690	25.6	0
Leon Bright	19	606	31.9	1
Rudy Florio	4	54	13.5	0
John Sciarra	1	21	21.0	0
Layne McDowell	1	0	—	0
Paul Girard	1	0	—	0
Ken Hinton	6	160	26.7	0
Rob McLaren	1	0	—	0
Larry Heck	3	52	17.3	0
Doug Seymour	2	21	10.5	0
Terry Bailey	1	0	—	0
LeRoy Moss	2	38	19.0	0

Punt Returns	No.	Yards	Avg.
Rocky Long	81	774	9.6
Leon Bright	29	419	14.4
Al Charuk	1	1	-1.0
Doug Carlson	1	4	4.0
Ken Hinton	4	144	36.0

LIONS '78 SCHEDULE

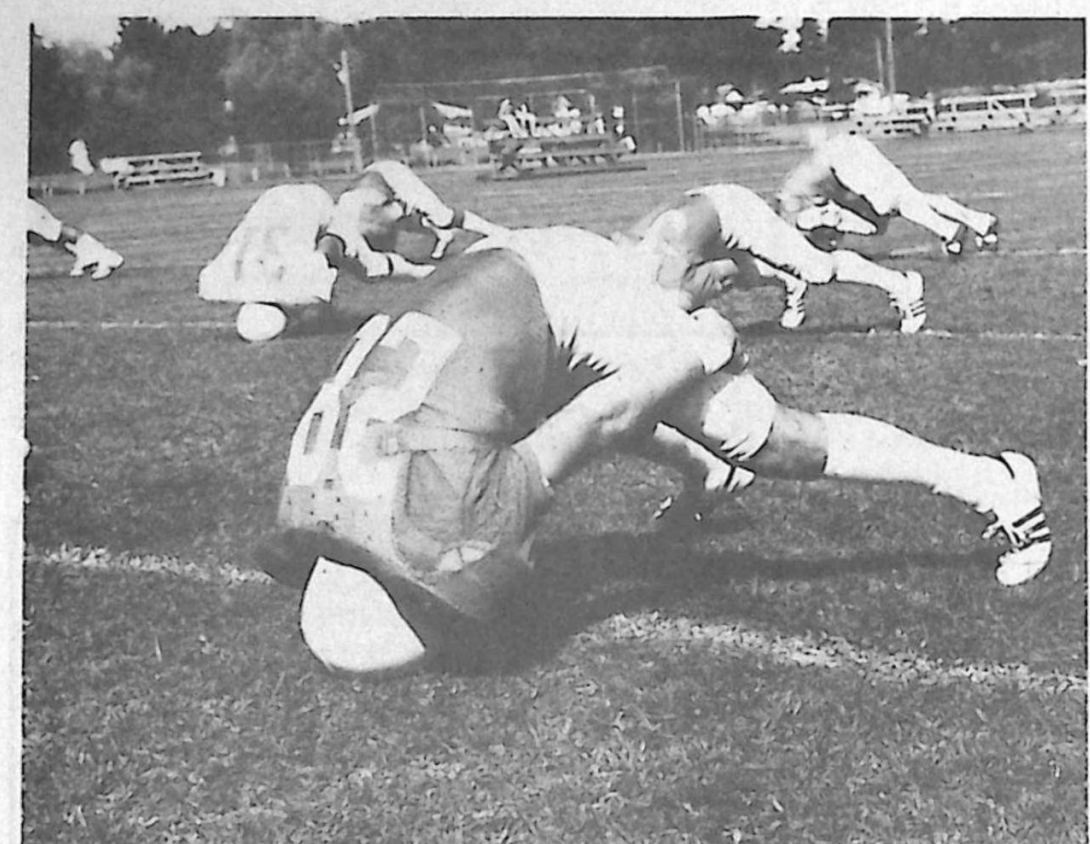
June	PRE-SEASON	TV
13	Tue MONTREAL	
21	Wed at OTTAWA	
29	Thu SASKATCHEWAN	
July		
4	Tue at EDMONTON	
REGULAR SEASON		
July		
11	Tue WINNIPEG	CTV West
19	Wed at CALGARY	
25	Tue CALGARY	
August		
1	Tue HAMILTON	
8	Tue at SASKATCHEWAN	CTV West
15	Tue SASKATCHEWAN	
22	Tue at MONTREAL	CBC Full
30	Wed at EDMONTON	
September		
9	Sat SASKATCHEWAN	
17	Sun at CALGARY	CTV Full
24	Sun at WINNIPEG	
30	Sat WINNIPEG	CTV West
October		
9	Mon at EDMONTON	CTV Full
21	Sat OTTAWA	CTV Full
29	Sun at TORONTO	CBC Full
November		
4	Sat EDMONTON	CTV West



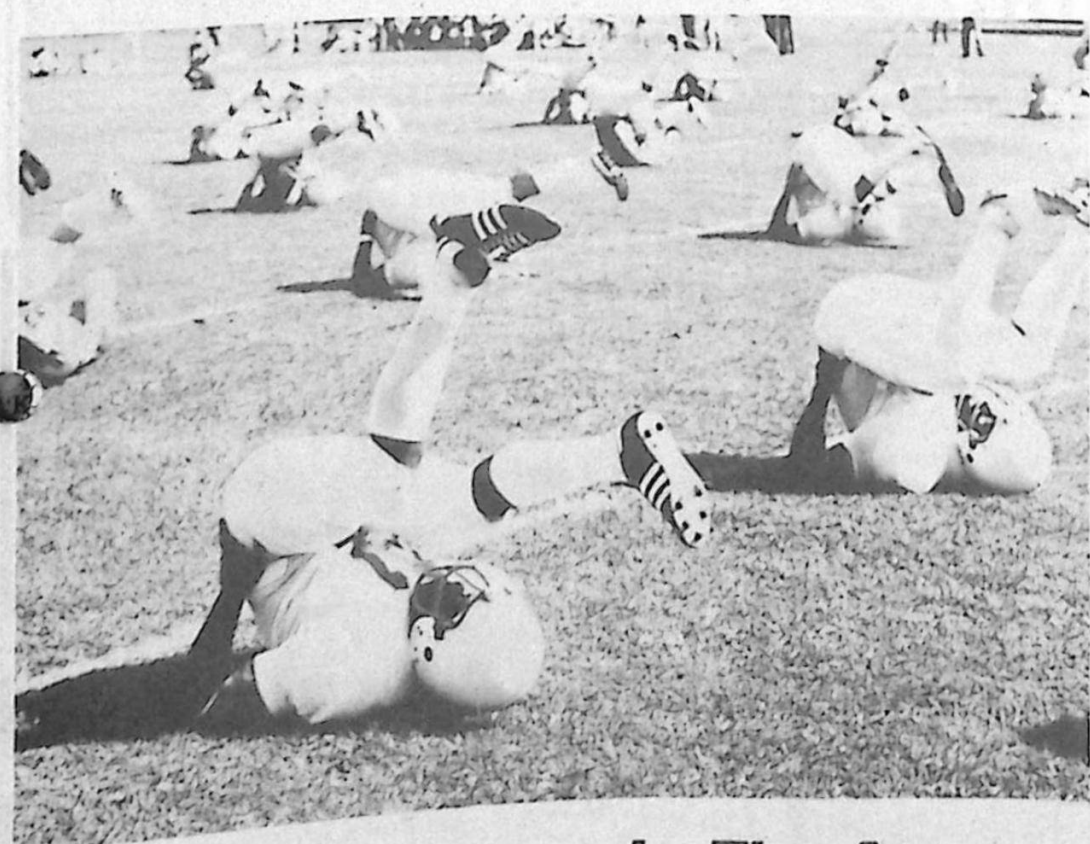
**Moving In For The Kill
Tom Schultz...Linebacker**



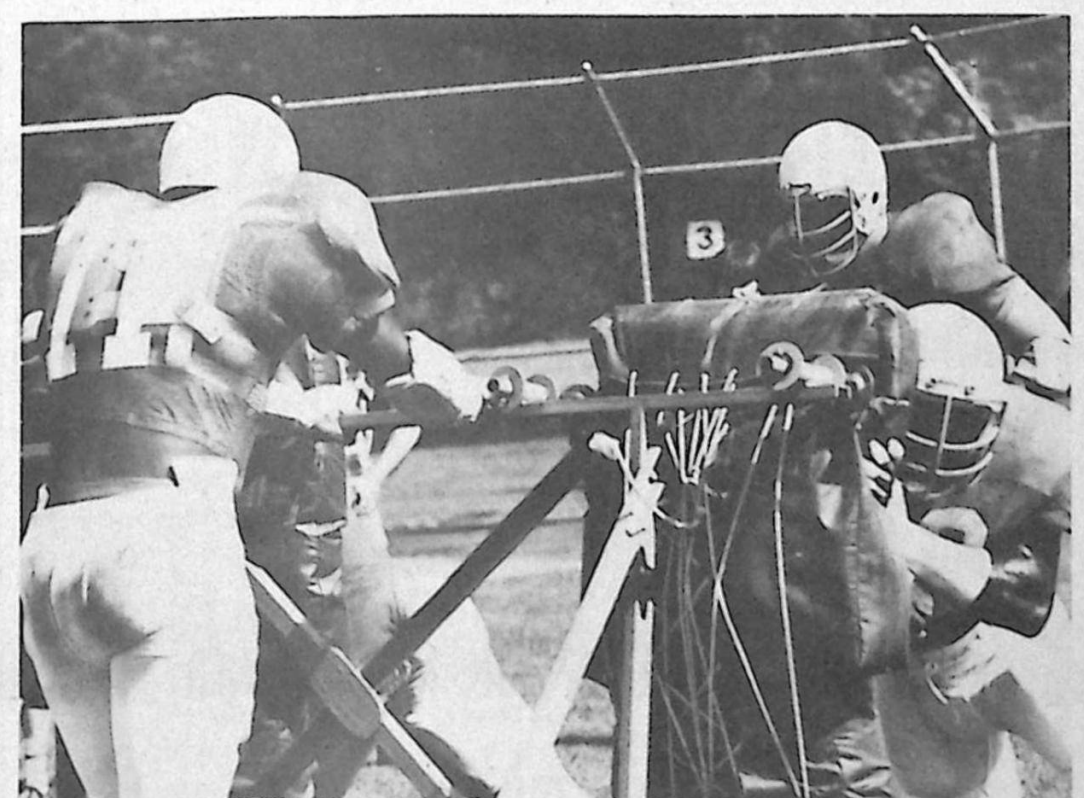
**My God!.....I Can't See
Plight Of The Unknown Lineman**



**A Headline Performance
On The Turf Of Lewis Park**



A Little Rump In The Act



Come On You Turkeys.....Push

Sports Beat

Glacier Greens Open June 3 & 4



TOURNAMENT WINNERS -- Standing L to R: Mike Montieth, Phil Chown, Alex Forward, Trev Jones, Jerry Koster, Bob Marshall, Russ Wreggitt, Tom Earl, Gerry Burt, Sandy Harper, John Gailley, Dick Provost, Ian Harper, kneeling L to R: Wally Berger, Tony Pisto, Al Trainor, Stu Win-

chester. Tony Pisto came away as Low Gross winner while Al Trainor finished with Low Net. It was a super tournament and congratulations goes out to Chairman Jim Perry and all his able helpers...Well done buys! **Base photo**

Up Earls Alley

Well, how about this for "Hypocrisy". "Punch" MacLean has suspended two Tier Two Jr. coaches for: 1. Rowdy play and, 2. Pulling a team out of the play-offs. Have you ever heard of anything so ridiculous? In the first place a man who cannot discipline himself and to make matters worse he has the authority to discipline someone else. These suspensions came about as a result of Penticton pulling out of the provincial play-offs in Nanaimo, against Nanaimo in the spring.

Mr. Martin of Penticton has been suspended for 30 games and Mr. McNabb of Nanaimo

has been given a 15 game rest. I suppose by the time the season starts the suspensions will be lifted... The same as MacLean's was (apparently) when he punched the referee in Portland. Oh well, that's SPORTS.

Wayne Gretsky is the newest millionaire. He signed a multi-year pact with the Indy Racers of the WHL. It makes one ponder to imagine what might be left for one to achieve after you are wealthy at the age of 17. It would take me, getting a WO's pay, paying no rent, food etc...just under a hundred more years to make the same amount...of course there could be no

deductions...gross pay...I don't think I'll make it...They are still talking merger and the NHL would be crazy to do so after the WHA has been stealing the top Jrs., under age at that.

Rex Pitcher stole the show at the Inter-Section ball game Monday night. He had trouble getting out of the way of "pitched" balls. He got hit on the foot as well as between the shoulders but, did manage to make it to first both

times...free pass...Between getting hit he managed to play excellent ball for the Hospital team as he made a brilliant over the shoulder catch of a long, long fly hit by "Sparky" Lyle of the 409 crew.

Look out fellas...the Totems are on a winning streak...they have won their last two outings. Jake "Glass Arm" Jacobson stopped John Cliffe 2-0 and, Bill "Iron Arm" Hill stopped Gulf Coast 4-2. You may have trouble recognizing

the players as of late. You see they have donned their camel masks in defence against the dust...of course when it takes an act of parliament, and then some, to get the necessary equipment to maintain the diamonds one cannot expect an excellent playing surface.

It sure would be nice if the field maintenance crew could have a vehicle at their disposal. They are getting tired of using their own private cars as tractors...It

never ceases to amaze me when the most popular pastime in the Service, exposure-wise, softball gets the least amount of support. Not only does playing on a well groomed field induce good play, but, certainly adds a great deal of safety to the game. A bad bounce, a poor slide can certainly cause very serious injury and a great deal of manhours lost on the job.

jock talk at cfb comox

Grass Happenings



HARDLY ABLE TO CARRY IT ALL HOMELow Gross Winner and Tournament Champ Tony Pisto gets his rewards from Col. Burgess. Rumor has it that a truck was needed to haul home the loot. **Base photo**



LOW NET WINNER -- Al Trainor is all smiles as he gets the goodies from Col Burgess. Meanwhile Tournament Chairman Jim Perry decides that it's time for him to show his ivory as well. **Base photo**

Rec Gen

Around And About

Regional Golf

All golfers taking part so far in the Regional qualifying rounds are recording very good scores. As a reminder all potential team members are to make sure they get their required two rounds in prior to the 13 July 78. There are only two dates remaining for these rounds, and they are the 22 June commencing at 0900 and the 6 July also commencing at 0900.

More will be published on the third and final round which will be played on the 13 July. The low eight "Low Gross" golfers will journey to CFB Chilliwack and participate in the Regional Championships which will be held at the Chilliwack Golf and Country Club the latter part of July. The dates as promulgated at present will be 24, 25 and 26 July 78.

Campsites & Beach

With the advent of this nice balmy B.C. weather the campsite and beach areas are in full operation. All personnel using these facilities are reminded that the supervisor, Mr. Glynn Gillis, is responsible for their safe and courteous operation. In all fairness to everyone, it would be appreciated if dog owners

who walk their dogs on the beach would show some respect for others and keep their pets under control and on a leash. Once again the Base-owned portion of the beach does come under Mr. Gillis, so therefore it is his responsibility to enforce the rules. Thank you and have a good summer.

Base Rec. Clubs

All CFB Comox Recreation Clubs must come under the direction of the Base Physical Education and Recreation Officer. Club organizers are reminded that before forming a club, a committee is to be

formed and, an up to date constitution is to be drawn up which in turn is to be approved by the BPERO and the Base Commander. For further information, contact Capt. Al Ettinger at local 315.



In the 47 nations where bowling is popular there are an estimated 60 million bowlers!

FOR RENT

1 Aug 78. Furnished or Unfurn. 1972 12x60 2 Br. Villager Mobile Home situated on 2 acre private evergreen estate. Deep Well. No children. Security Deposit, Heat, Light, and Cable TV Extra. \$100.00/mo. 2 year lease. 4 miles from CFB Greenwood N.S. Contact G. Neilly, Box 22 Kingston, Kings Co. N.S. BOP 1R0. 902-765-3752 after 1900.

FOR SALE

Established Electronics business near CFB Greenwood N.S., specializing in stereo equipment, tape and records. Bench work and Communications Equip. Sales. For more info, Contact G. Neilly, Box 22 Kingston, Kings Co. N.S. BOP 1R0. 902-765-3752 after 1900.

LEASE BY AUCTION

Notice is hereby given that the right to acquire by leasehold for residential purposes thirty-eight (38) Crown lots situated on Knight and Anderson Road, 1 mile north of Comox, will be determined by way of

PUBLIC AUCTION

to be held at 12:00 noon on Thursday, July 13th, 1978 in the Comox Legion Hall, 1825 Comox Street, Comox, B.C. The lots are serviced by road and water. Power and telephone are in the area and all hook up fees are payable by the Lessee. The lots range in size from 0.38 hectares (0.94 acres) to 0.88 hectares (2.17 acres).

A habitable dwelling must be built within the first three years. The leasehold cannot be purchased until the dwelling is constructed and is being used as the Lessee's permanent place of residence.

For further information contact the Land Commissioner (Government Agent), Court House, Nanaimo, B.C. V9R 5J1 or Mr. J. Perry, Regional Land Manager, 3rd Floor, 190 Wallace Street, Nanaimo, B.C. or the Land Management Branch (Lower Coast Division), Ministry of the Environment, Room 112, Harbour Towers, 345 Quebec Street (Oswego Street ramp entrance), Victoria, B.C. V8V 1X5.

W. R. REDEL, Associate Deputy Minister of the Environment, Land and Water Management.

VICTORIA, B.C.
June 1st, 1978.
FILE: 0199066.



Province of British Columbia Ministry of the Environment

WO's & SGT'S MESS

June 23rd — TGIF; Fish and Chips.
June 30th — TGIF: Spaghetti.

— COMING EVENTS —

July 14 — Golf Tournament with Junior Ranks Club. Details TBA.
July 22 — Family Picnic. Details TBA.

MOVIES 2100

June 18 — "Midway" - Charlton Heston.
June 25 — "Shadow of the Hawk"

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SUNDAY, JUNE 18th -
FATHER'S DAY FAMILY BAR-B-Q

1730 - 1930 hrs. Barbeque your own steaks - Advise Mess Manager if you plan to attend by 1400 hrs. Friday, June 16th. Dress - casual.

THURSDAY, JUNE 22nd - MIXED DINNER

FRIDAY, JUNE 23rd - 407 SQN. MIXED DINNER

THURSDAY, JUNE 29th - TGIT FOR C.I. TEAM

Jr. Ranks Club

JUNE 16th and 17th—

You can wear your jeans over this weekend and come out and enjoy some good Country & Western music by "TRUE COUNTRY."

JUNE 21st—

Last BINGO of the season—Watch for flyers on this one.

JUNE 24th—

We saved our last dance of the season for our French friends St. Jean Baptiste Day Dance featuring "Gerry Layton" and his band (you can wear jeans for this one too).

— MOVIES —

June 20th - "MIDWAY" - Charlton Heston

June 27th - "SHADOW OF THE HAWK"

— ENTERTAINMENT ANSWERING SERVICE —
PHONE 339-5212

MIRACLE DRIVE-IN

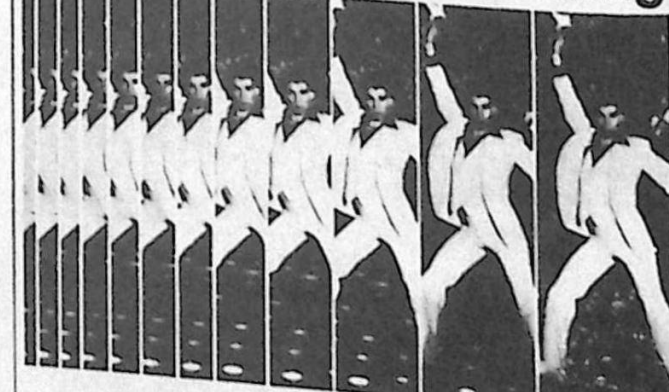
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ADM. - 13 & Over - \$3.00 GATES 8:30 P.M. SHOW AT DUSK

June 15, 16, 17, 18 & 19 - Thurs. to Mon.

The Fever is Spreading



SATURDAY NIGHT FEVER
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ALSO

"THIEVES"

Starring Charles Grodin

Indoor Soccer Windup



THE TWO PERSONNEL RESPONSIBLE for the success of this league are Sgt Chuck Eddy and MCpl Ev Swann. They are seen here with the Purple Panthers, Play-off runner-ups. Rear row L to R: Sgt Eddy, Richard Grosvenor, Mary Muise, Sherry Plume and MCpl Swann. Front row L to R: Gary "Killer" Jennings, Stephen Muise, Stephen Lovell.



THE LEAGUE WINNERS, with the big smiles, were the Green Hornets pictured above with the "Comox Credit Union Trophy". Rear row L to R: Sgt Eddy, Steve Farthing, Karen Alstead, Eric Wright, Dennis McLaughlin, MCpl Swann. Front row L to R: Nicol Desnoyer, Mike Redmond, and Charles Eddy.



THE YELLOW JACKETS, League Runner-ups are pictured above. Rear row R to L are: Chuck King, Michel Grosvenor, Darren "Weiner" Levigne, Shawn Rutherford, Bruce Page and MCpl Swann. Front row L to R: Dennis Ettinger, David Ettinger, Tina Burt, Steve McNamee.



PLAY-OFF CHAMPIONS the Red Barons with the winning smile and their trophies are Rear Row from L to R are: Scott Woodburn, Dave Chamberlain, Debby "Never say Die" Steele. Front Row L to R: Gary Page, Todd "Crease Hanger" Redmond (Tenf, Campstove and all) and, Ken "Lamplighter" Jennings.



WO BILL TILLACK the Lazo Credit Union representative, who are a great supporter of the indoor soccer league is pictured above presenting an individual award to "Tiger" Todd Redmond who was a standout for the Red Barons in the play-offs.



Pitch-In
And Smile



Intersection Softball

INTER-SECTION SOFTBALL

The Inter-Section Softball League is in full swing and the pennant race is on. 16 games have been played to date and with the exception of the 407 Sqn. team, who got off to a slow start, all teams are well balanced.

The 442 team is ripping things apart and currently have a 5 and 0 record. Behind the strong chucking of Pat Armstrong and his battery mate Doug "Moonshine" Wheeler the team is going to be hard to beat.

The standings to date are:

TEAM	GAMES PLAYED	WON	LOST	POINTS
442 Sqn.	5	5	0	10
USAF-MPs	5	3	2	6
409 Sqn	5	3	2	6
Hospital	6	3	3	6
Firehall-CE	5	2	3	4
407 Sqn.	6	1	5	2

The winning team representatives are reminded to phone the results in to the League Co-ordinator at the Rec Centre local 315. Thank you. The above standings are as of and including all games played up to Monday 12, June '78.

Kingston Wins

CFB Kingston won this year's Canadian Forces National Volleyball Championship in April at CFB Winnipeg.

In hard fought competition, Kingston defeated Valcartier in the final in four games. A

strong challenge by the host team, Winnipeg, in the semi-finals put Kingston to the test in a gruelling two-and-one-half-hour game.

Other teams from Greenwood, Esquimalt and Europe were entered.

It was a dark day on 31 May for the "Red Racers" when Team No. 1 beat them by a score of 18-1. It seemed like Team No. 1 could do no wrong, and the "Red Racers" could do nothing right. It seemed as if the loss however, woke up a sleeping lion, cause on the next two games that Team No. 1 and "Red Racers" were to have, it would be the "Red Racers" who would dominate, and show that they are in fact still a winning team.

On 5 June, the first rematch, the "Red Racers" came out to avenge their loss by beating Team No. 1 by a score of 11-4. As usual, Earl "The Pearl" Scott pitched an outstanding game, and to go along with his pitching, his hitting was nothing less than superb, by hitting two well placed home runs.

Eric "Albuquerque Turkey" Wright just keeps getting better with each game, and to prove that point hit one of the longest home runs of the season, by just missing the left field fence by inches. It was a perfect

combination, "The Albuquerque Turkey" and "The Pearl" just like bread and butter. Then, of course, there was Steve "Stretch" Payne, the smallest boy, in height only, but the biggest ballplayer in determination that as usual gave his 150 per cent.

On 10 June, with the win of 11-4 over Team No. 1, the "Red Racers" still felt they had not adequately avenged that game that was played on 31 May. The "Red Racers" wanted to play ball and play they did. It was the hitting of all 11 players, especially a homer by none other than Earl "The Pearl" Scott, his fifth of the season, a homer by Darren "The Crane" Lavigne, his second of the season and by the way it's the same Darren that is probably one of the best and aggressive catchers in Pee Wee Ball this season.

Paul "Flipper" Windish came out of his batting slump and went two for two, Steve "Scoop" Cook, Eric "Albuquerque Turkey" Wright, Steve "Stretch"

Payne it seemed were all over the field, providing the good fielding that was needed, Phil "The Condor" Codner went four for four, it was his last game of the season as his family is being posted to Germany and will be missed dearly in the play-offs, but what a way to finish his last game. The final score was "Red Racers 28, Team No. 1,

10. The "Red Racers" had their revenge. The Standings are as follows:

WON	LOST
"Green Machine" 7	2
"Red Racers" 4	5
"Team No. 1" 3	7
Steve "Stretch" Payne won a Gold Medal in Judo, the same day he played an outstanding game against Team No. 1.	

Letter con't

(Continued from page 4)

dows open. Now for the point about leaving the bathroom door closed, with windows open. We were informed by C.E., when they replaced the molding around our bathtub, to leave the door half open to let as much steam out as possible to prevent the molding from falling apart again in a few short months.

The smoke detectors for PMQ's duplex houses are too sensitive for the size of the house. It is no fun for a smoke detector to go off in the middle of the night, when you are

cooking, and wakes up an infant child who is sleeping upstairs. I do honestly believe smoke detectors are very necessary, but get the right one for the size of house, or fix them so they are not as sensitive.

George Scholer



A Hawaiian will normally pronounce "Merry Christmas" as "Mele Kalikimaka."

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Coffee

PMQ COUNCIL



MAYOR



CAPT. FRED BISHOP

D/MAYOR



CAPT. DENNIS McMAHON



WARD 1
APTS. A&B, HOUSE NOS. 1-11



CPL. DAVE NIXON



SGT. FRED ACTON

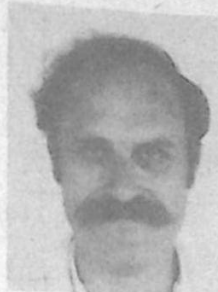
WARD 2
APTS. C, D, E and F



CPL. DAVE FIDDY



MCPL. JOHN FOURNIER



MCPL. MARK SIMPSON

WARD 3
HOUSE NOS. 12-25 and 34-48



TSGT. GEORGE SCHOLER



SGT. PAUL LEGER

SGT.
GORD STALLARD

WARD 4
HOUSE NOS. 26-33 and 49-65



MWO CLARE BELLIVEAU



WO GORD SYNNUCK

WARD 5
HOUSE NOS. 66-83



MWO PAUL SOUCY



CAPT. GERRY MOREY

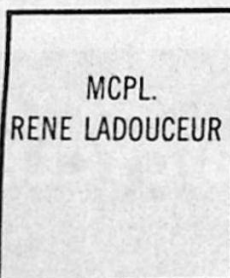
WARD 6
HOUSE NOS. 84-100

D/MAYOR ALSO
DENNIS McMAHON



CAPT. MURRAY HAINES

WARD 7
APTS. 102, 103, 105-108

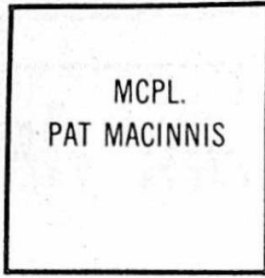


MCPL. RENE LADOUCEUR

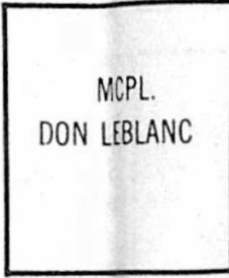


MCPL. JOHN GAILEY

WARD 8
APTS. 104, 109, 113, 115, 117, 118



MCPL. PAT MACINNIS

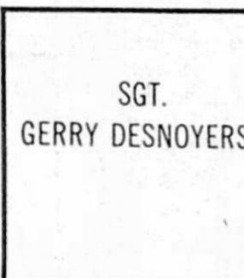


MCPL. DON LEBLANC



CPL. DALE SMITH

WARD 9
APTS. 110-112, 114, 116



SGT. GERRY DESNOYERS



SSGT. DAVE TUCKER

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Let's get the snowball rolling! You can't go wrong!
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FATHER'S DAY SPECIAL

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JAN BE NIMBLE. Every now and then we all find hobbies of interest in our leisure time. Jan McCluer has one unique hobby, she collects candle stick holders. Her husband Jerry McCluer has been stationed here at CFB Comox for about one year. Prior to this, they were stationed in Europe where Jan took full advantage of her hobby. How did she get interested in collecting candle stick holders? Well, her elder sister had brought her a candle stick holder as a gift from Hawaii and she suggested that she start a collection. It's now been nine years and she now has forty various candle stick holders, none of which are pairs. Her favorite holders are her crystal stars. She bought them as a gift for a friend but liked them so much she decided to keep them herself. Her array of holders range from wood, brass and crystal to pottery, wrought iron and sterling silver. Jan has managed to collect holders from all over the world, she has candle stick holders from France, Germany, Spain, Denmark, Thailand, Hawaii, San Francisco, England, Mexico and Canada. She plans to keep her hobby as long as they keep making candle stick holders.

Energy savings con't

(Continued from page 1)

1975, long before the national internal program was in full swing.

The program represents DND's effort to reduce Canada's dependence on foreign fuel supplies and help prevent the repetition of some of the problems that rose from the 1973 oil crisis.

By the end of the fiscal year 1976-1977 the DND energy conservation program under the control of the Senior Energy and Environment Management Committee went a long way towards making the governments "Save 10" program a success. Using, as it does, sixty per cent of the Federal Government's consumption of liquid fuels and 47 per cent of its total in house energy, the success of the DND program is vital to the success of the overall internal energy conservation program. The fact that DND achieved the target enabled the internal program to

almost achieve a government wide ten per cent reduction in spite of the very marginal improvements and, in some cases, negative results in some departments.

In spite of increased operational requirements; surveillance of the enlarged Canadian area of fishing jurisdiction involving a greater expenditure of operational fuel during 1977; the department managed to hold the total consumption of energy at the ten per cent reduction level achieved during the 1974-1975 and 1975-1976 years. The Senior Energy and Environment Management committee emphasizes that this achievement is due to the dedication of the field commanders and their E.C. officers to the implementation of the DND E.C. program.

The status quo has been maintained by a continued reduction in the consumption of gas and oil for domestic

heating and serves to prove that the conservation effort in utility fuel is established on a firm and continuing basis. In the future every effort will continue to be made, short of limiting the operational effectiveness of the forces, to hold the operational consumption of fuel in check and to ensure the maximum operational and training value of every gallon consumed.

It has, however, been disappointing that efforts to obtain funds to improve the energy conservation potential in DND buildings and base plant, that would have culminated in even greater utility energy conservation, have not to date met with a more positive response.

ACCOUNTS SMALL

The Canadian Bankers' Association says 67 per cent of personal savings accounts at the chartered banks contain less than \$1,000 and 37 per cent less than \$100.

The BTO will be holding a dance 17 June 78 at the Recreation Center from 7:30 p.m. - 12:00 a.m. It will be a greaser dance, so come dressed as if you were in the 50's. I have been told that the BTO killed 442 Sqn. 7-6 in softball. So far the BTO are undefeated. Dano Rayan, the BTO president, stated that they wish they could get some good competition in softball, so far they haven't had any. Anyone who thinks they can beat the BTO, please get hold of Dano Rayan. Some great news BTO! Your washrooms have been contracted out, which means work will start within the next two weeks.

For all you boat owners who park your boat in your driveway, or the parking lot in row housing, please, for safety reasons, keep your motor down instead of tilted. We have lots of little ones playing in the area and it wouldn't be much fun for them to run into the propeller, so please think safety.

Cat Owners! There is a new directive coming out shortly concerning cats. It seems they are no longer a protected species, and they now have to be controlled just the same as dogs.

Rusty Rutherford wishes to thank all the Cubs, Beavers, and Scout leaders who helped him this past year. Scouts will be needing volunteers come September, and the number of volunteers they get will determine how many boys can be involved in the scout program.

Next issue of Totem Times will have an outline of the proposed recreation program for the PMQ children during the summer months.

Secretary of State John Roberts announced today that Citizenship Week would be observed at the same time as Canada Week June 25 to July 1 in order to focus public attention on the importance of Canadian citizenship during the celebration of Canada's 111th birthday.

For the past 25 years, both Citizenship Day and Citizenship Week had been held in May. Last year,

CUB SCOUTS

This has been a very good year for cubs of the 1st Lazo Pack. We have had a bottle drive, a skating party, a bazaar, a Valley Cuboree, an exchange visit with Port Alberni Pack, an Island Cuboree at Rathrevor Provincial Park, and an RCMP bicycle safety program prior to a bike trip to Kin Beach.

Later this week we will be having a first aid demonstration and films in preparation for 3 days at cub camp. The boys have gone home with Christmas centerpieces, bird houses, Easter crosses, letter holders and jerseys covered in glue.

The cubs have worked very hard on their projects and all activities they do gains an achievement towards star or badge work. They can be rightfully proud of themselves for their efforts.

All the outings and activities would not have been possible had it not been for the leaders, ladies auxiliary, volunteers and our sponsor. The leaders have spent many hours planning meetings and taking courses. This pack has five Gilwell Scouters (not all packs are this fortunate).

The ladies auxiliary have been the backbone of fund raising events and have always been there to serve cookies and hot chocolate. Parents have helped prepare their boy for star and badge work, dug into their cupboards for craft project articles, helped with the skating party and provided transportation when required.

One father gave of his time and talents so the boys could learn proper care and han-

dling of tools and make a bird house. This project earned the Carpenters Badge. Our sponsor, CFB Comox, has provided a great deal of support by providing the hall, heat and electricity and building alterations. We were able to take the Port Alberni Pack for a tour of a Voodoo in 409 Sqn., an Argus in 407 Sqn. and a Tracker in VU33, RATCON and the Tower. This was very exciting for the Port Alberni cubs.

Our own pack has had an explosive demonstration from EOD and a survival equipment demo in Safety Systems. The cubs were asked to write a paragraph on what they saw in these sections. I'm sure the pilots and crew would be surprised to hear what some of the survival equipment is used for (lots of giggles at the red toilet paper).

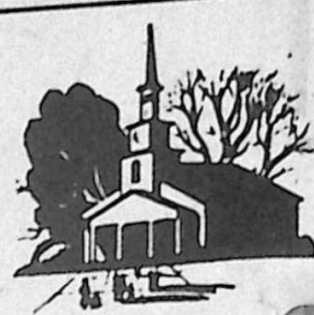
Our most exciting outing so far was when 23 boys piled into the green pickle and we went to the Island Cuboree at Rathrevor Provincial Park where approximately 700 boys participated in outdoor activities proving their agility and stamina.

To round the year out we will be spending 3 days and nights at Browns River Cub Camp learning to be good woodsmen. For some boys this will be their first time in the woods so it will be quite an exciting experience for everyone.

Plans for next year are already in preparation stages. Suggestions for activities are most welcome so activities can be fresh and interesting. There is nothing like repetition to turn a boys mind to other things.

PMQ Preamble

Chapel Chimes



RC CHAPEL

Father M. Allan Stack - Base Chaplain (RC) - Telephone 339-2211 Loc. 274; Residence-339-2102.

MASSES FOR SUNDAY:

Saturday - 7:00 p.m.
Sunday - 9:30 a.m. and 11:00 a.m.

WEEKDAY MASSES: 9:00 a.m.
SACRAMENT OF RECONCILIATION: Confessions are heard before all Masses and any time upon request.

BAPTISM: By appointment. Please phone ahead in plenty of time.

MARRIAGES: Please come in months before your marriage.
CATECHISM CLASSES: Each Wednesday night at the PMQ School, 6:30 - 7:30 p.m.

THE PROTESTANT CHAPEL

Telephone: 339-2211 Loc. 273.

L.R. Coleman, Maj. (Base Chap (P))

C.V. Patey, Capt. (Chap (P)).

CHAPEL SERVICES

The Protestant Chapel is located in Wallace Gardens (PMQ area) and Divine Service is held every Sunday at 11:00 hours. This is the Base Chapel and everyone is warmly invited to share in the Service.

HOLY COMMUNION: Holy Communion (ACC) 12:00 hours first Sunday of the month.

BAPTISM: By appointment. Consultation with parents expected 2-3 weeks in advance of Baptism.

WOMEN'S GUILD: All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2:00 hours on the second Wednesday of each month.

CHAPEL CHOIR: Our Choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain.

Junior Choir: 1830 Hrs. Thursday at the Chapel.

Senior Choir: 2000 Hrs. Thursday at the Chapel.

SUNDAY SCHOOL: The Sunday School operates from September to June. Ages 6-15 meet in the Chapel at 9:30 hours each Sunday, and the ages 3-5 hold their sessions during the Church period at 11:00 hours. All children are invited to attend.

OFFICE HOURS: 0800 - 1630 hours. Phone 339-2211, Loc. 273.

HOSPITAL VISITATION: The Chaplain would appreciate the co-operation of the members of the congregation and would request that they phone the Secretary's office (339-2211 Loc. 273) to report the names of any members of the congregation who may be in the hospital.

Summer Program

For those of you who anticipate the final school bell with some anxiety, Wallace Garden's Council is endeavouring again this year to make available some form of diversion for the children.

The programme details have not been finalized as yet as this year's budget will be required to cover the salary of the programme coordinator - a nicety that the government took care of last year. Thus, you will find an ad in the local newspaper to that effect. If any dependant is interested in the job, please contact councillor Morey at 339-5752. Be advised that interviews will be required. The same number can be used for those interested in the playground supervisor jobs. There will be at least four of these positions open to some of the older teens in the PMQs. Final details of the programme will be promulgated at a later date but parents can expect to register their youngsters near the end of the month.

Canada Week

however, several large citizenship ceremonies were held across Canada on July 1st and the public enthusiasm they generated led to the decision to hold Citizenship Day on July 1st.

"I am extending an open invitation to all Canadians to join with new citizens in their communities in celebrating Canada's birthday and welcoming them as full participants in Canadian

society," Mr. Roberts said. Festival Canada activities begin across Canada on June 25 and culminate in a national celebration on Parliament Hill July 1st. This year Citizenship Courts across the country will coordinate special Citizenship Day activities with regional Canada Week Committees in association with provincial Folk Arts Councils.

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When should you Shop Canadian?

Whenever you're satisfied that the product or service you need is (A) made or grown in Canada and (B) of equal or better value and quality. That's not just good advice...it's good sense.

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Just about everything you need to help you live the life you want. As the saying goes, we have no bananas, but we do have Apples, Bandages, Cranes, Drills, Elevators, Furniture, Glassware, Holiday resorts, Insulation, Jewellery, Kitchen appliances, Lumber, Machinery, Newspapers, Office equipment, Potatoes, Quilts, Rope, Steel, Tires, Umbrellas, Vaccines, Wines, X-Ray equipment, Yarns, and Zippers. Everything, in other words, from A to Z.

Who should Shop Canadian?

Every day, most of us have the choice. Whether we're buying groceries for the home or supplies for business, farm or industry. If each of us added only \$10 a week to Canadian made purchases, Canada would be over 10 billion dollars better off in just one year.

Who should Shop Canadian? You should.

Where does it say Made in Canada?

Sometimes it doesn't. Sometimes a sign says "Produce of E.C." Or "B.C. Apples" or "Fabrique au Quebec" or "Made in Manitoba" or "New Brunswick Sardines" or "Grown by Saskatchewan Farmers" or "A product of Alberta" or "Fresh from Newfoundland" or "Manufactured in Ontario" or "Nova Scotia Lobster". The point is, if you take the trouble to find out, you can usually tell. And, if it's made anywhere in the ten Provinces or the Territories, it's made in Canada.

This ad was made in Canada. Making this ad employed (for a period of time) a writer, an art director, an account executive, a media buyer, a media planner, a typesetter, an engraver, a platemaker, a traffic manager, several switchboard operators, various reps, publication make-up people, not to mention all their various suppliers. Everyone of these people lives and works in Canada.

Government of Canada
Industrie, Trade and Commerce
Jack Horner, Minister

Gouvernement du Canada
Industrie et Commerce
Jack Horner, ministre

Shop Canadian
Magasins à la canadienne

At the Top of the Hill COURTENAY CHRYSLER PLYMOUTH (1970) SALES LTD.

Dealer Lic. 10004

TOP QUALITY

TOP QUALITY

— VOLARE — ASPEN —
"CAR OF THE YEAR" AWARD WINNER

DODGE TRUCKS - PICK-UPS
- VANS - WAGONS

CHECK AUTO-CLUB PRICES
AND THEN SEE US



Bank Financing
available on
approved credit.

R.A. ARNETT REALTY Ltd.

208 Port Augusta, Comox, B.C. V9N 5H5

835 Cliffe Ave., Courtenay, B.C. V9N 2J8

"CARTHEW SUBDIVISION"

"BUDGET BEATER"



Over 1700 sq. ft. of family home in Comox. 4 bedrooms, 2 baths, 3 sun decks and many other fine features. Superb view of Comox Harbour and mountains. \$61,900.00.

Len Everett

Res. 339-5956
Office 339-5501



3 bedroom bungalow in Comox, fireplace, nicely landscaped - close to schools and shopping. \$34,900.00.

Danny Fremont

Res. 339-2714
Office 339-5501



Nanaimo Realty

Thursday, June 15, 1978

CFB Comox Totem Times 11

MOVING YOUR FAMILY
A.E.L.P.A.G.E.
C.M.A.C.
Coast to Coast Real Estate Service

**Insurance Dept. For
Life, Home-Owner,
Rental, Marine & Auto -
Your Interests**



1 ANY WAY YOU MEASURE IT - it's great! A comfortable 3 bedroom home with fireplace for \$37,900 in Comox.
MAUREEN ARTHUR RES: 339-3674



10 A 'GEM' - GRACIOUS AND SPACIOUS FAMILY NEIGHBORHOOD. 4 bedrooms, 2½ baths, immediate possession. \$59,500.
CY PECKNOLD RES: 334-3768



19 SECLUDED IN TREES. Semi waterfront home on 0.44 acre across from beach access at Miracle Beach. Shake roof, cedar siding.
ELIZABETH JOHNSTON RES: 335-0330



2 BARBEQUE in the beautiful big back yard this summer. 960 sq. ft. home with completed basement. Price \$41,500.
LOIS MOEN RES: 338-6969



11 TWO STYLISH NEW HOMES NEARING COMPLETION on view lots in Courtenay. Both over 1200 sq. ft. Basement, fireplace, ensuite, thermopane windows, sundeck, quality construction. From \$61,900.
JOHN CAMERON RES: 339-4353



20 EXTRA LARGE STRATA DUPLEX. High basement, front deck, 3 bedrooms. Only 3 years old. Low down payment. Assume existing mortgage \$33,000.
ELIZABETH JOHNSTON RES: 335-0330



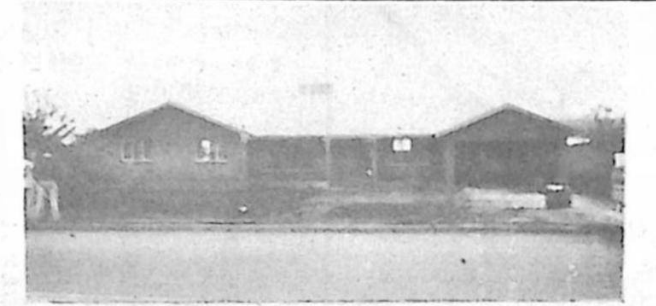
3 COMOX 4 BEDROOM SPLIT LEVEL with basement newly redecorated throughout. Large garage and orchard. Only \$49,500.
TOM PROCTER RES: 339-2668



12 SUPER VIEW, QUIET LOCATION, completely fenced yard enhances this lovely 3 bedroom split. A perfect family home. \$43,900.
WALLY HACKING 338-8378



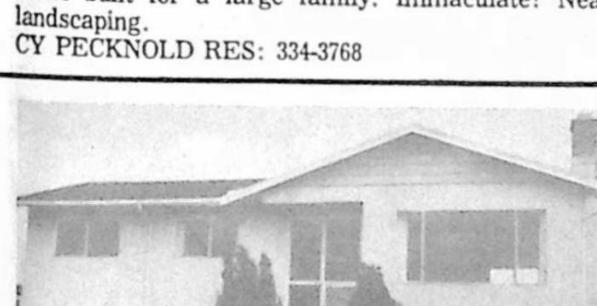
21 ROOMY, READY & REASONABLE. A 5 bedroom home built for a large family. Immaculate! Neat landscaping.
CY PECKNOLD RES: 334-3768



4 BRICK AND CEDAR COMBINE in an exquisite display of superior craftsmanship in this executive home on Comox Ave. Built for the discriminating buyer.
JUDY STEIDL RES: 338-7390



13 BEAUTIFUL NEW PRESTIGE HOME in Comox. 3 bedrooms, 2 fireplaces, 2 bathrooms, luxurious carpeting. Backyard partly fenced. Garden - shed.
ARCHIE DICK RES: 339-3440
CHARLES ROBERTS RES: 339-4500



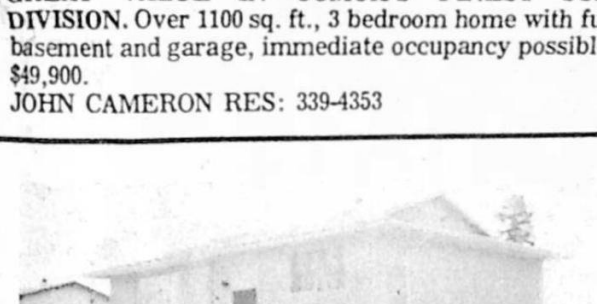
22 GREAT VALUE IN COMOX'S FINEST SUBDIVISION. Over 1100 sq. ft., 3 bedroom home with full basement and garage, immediate occupancy possible. \$49,900.
JOHN CAMERON RES: 339-4353



5 COMOX - 5 BEDROOM, full basement home, 2 baths, 2 fireplaces, family room. Nicely landscaped. \$53,900.
MAVIS BONNELL RES: 339-3968



14 TRIM & NEAT - 3 bedrooms, heatilator fireplace, landscaped, fenced rear yard, close to shops and schools. Nice area. \$36,750.
GORDON BLACKHALL RES: 338-8076



23 THIS THREE BEDROOM HOME only four years old in excellent residential area with large landscaped lot, carport, ¾ basement is only \$39,500.
CHARLES ROBERTS RES: 339-4500



6 DRIVE BY! 1586 NOEL AVE., COMOX, then give me a call to view. 2 bedrooms up and 1 down. Nicely landscaped. Garden shed.
MAVIS BONNELL RES: 339-3968



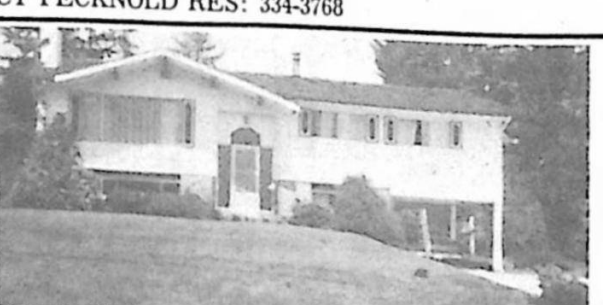
15 A WORKING MAN'S HOME AT A THINKING MAN'S PRICE! The space you need at the price you want. \$33,900.
CY PECKNOLD RES: 334-3768



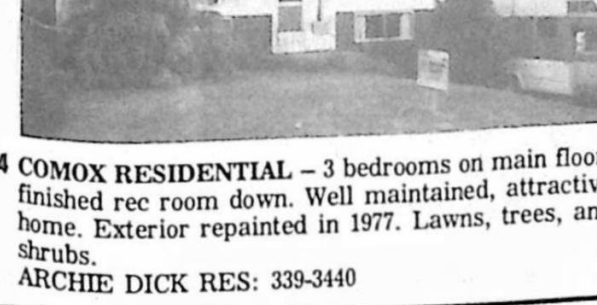
24 COMOX RESIDENTIAL - 3 bedrooms on main floor, finished rec room down. Well maintained, attractive home. Exterior repainted in 1977. Lawns, trees, and shrubs.
ARCHIE DICK RES: 339-3440



7 COURTENAY - Immaculate 3 bedroom full basement home situated on a ½ acre lot. Attractive corner fireplace. \$44,900.
MAVIS BONNELL RES: 339-3968



16 IMMACULATE 4 bedrooms, 1½ baths, 2 fireplaces, finished rec room, large lot, greenhouse, garden area. \$59,500.
GORDON BLACKHALL RES: 338-8076



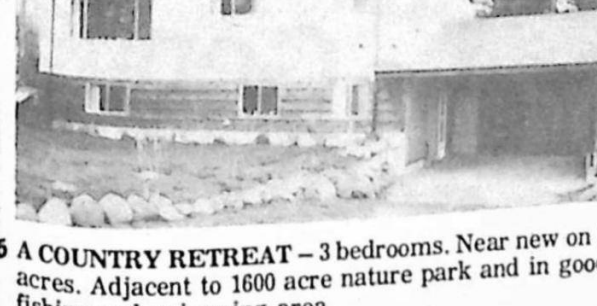
25 A COUNTRY RETREAT - 3 bedrooms. Near new on 5 acres. Adjacent to 1600 acre nature park and in good fishing and swimming area.
CY PECKNOLD RES: 334-3768



8 COURTENAY 1100 SQ. FT. 4 bedroom home on corner lot only 3 years old. Located amongst similar homes.
TOM PROCTER RES: 339-2668



17 A KITCHEN THAT'S BRIGHT AND plenty of cupboards, plus 3 bedrooms with ensuite. Fenced lot in Comox for \$43,500.
MAUREEN ARTHUR RES: 339-3674



18 COMFORTABLE FAMILY HOME with large covered deck overlooking secluded back yard. Well landscaped, shake roof, full basement.
ELIZABETH JOHNSTON RES: 335-0330



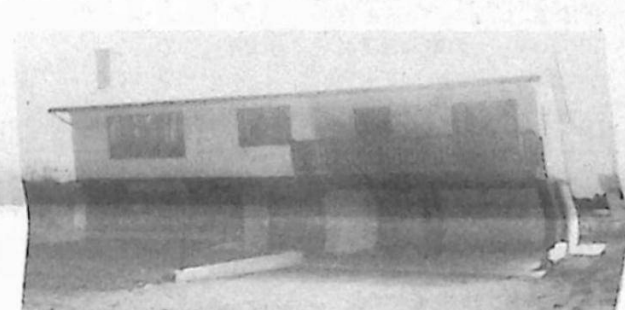
9 JUST A SUPER BUY in a full basement 4 bedroom home situated on Dogwood Drive in Courtenay. Close to school and shopping.
WALLY HACKING 338-8378



**OUR SIGN
IS
YOUR SIGN
18**

PROFESSIONAL SALESPeOPLE

- Browse through our Coast to Coast Catalogue.
- We can assist you with your financing.
- Excellent selection of fine homes.
- Investment and Business Properties, Farms.
- Waterfront & Recreation Land.
- Serviced Building Lots.
- Smiles & Service go together at Nanaimo Realty.



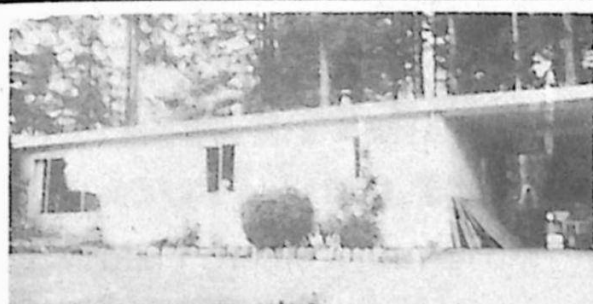
27 BEAUTIFULLY APPOINTED NEW THREE bedroom home in Comox. Two fireplaces, three bathrooms, double carport, thermopane windows throughout, facing park.
CHARLES ROBERTS RES: 339-4500



28 COUNTRY LIVING - Brand new 2 bedroom with fireplace in recreational area. Near 1600 acre nature park. Good fishing. \$41,900.
CY PECKNOLD RES: 334-3768



29 IMMACULATE 3 BEDROOM COMOX HOME. Wall to wall carpet throughout, 2 baths, and finished rec room. Beautiful landscaping and paved driveway. \$42,500.
HARRY HOLLAND RES: 334-4875



30 THREE BEDROOM HOME in quiet cul-de-sac in Courtenay.
HARRY HOLLAND RES: 334-4875



31 PRICE REDUCED - MUST BE SOLD! 4 bedrooms, 2 baths, 2 fireplaces, hobbyroom, rec room, plus separate workshop, and developed yard. Central Comox location. Excellent value at \$49,900.
HARRY HOLLAND RES: 334-4875



Accent Safety Vacation Time

Vacation planning can help make your holiday fun-filled and accident-free.

Road maps and a check-up of the family budget are good places to begin. They often decide how far you can go and how long you can be away. Good planners will avoid a route and schedule that is too demanding. Don't try to squeeze the last drop of fun out of each day, plan for time to relax.

Turn your attention to your car and recreational equipment next. You'll get nowhere fast unless your car is in A-1 shape. Plan now to have tires, lights, wipers and brakes checked and don't forget the steering, cooling and exhaust systems. Now - carry on to the boat or travel trailer and the outboard motor. You can afford to have these items laid up at any other time, but not on your vacation.

OXFAM

STANDING UP
TO INJUSTICE

GIVE US A HAND

SEND YOUR
CONTRIBUTION TO
P.O. BOX 12,000
WINNIPEG CALGARY
REGINA VANCOUVER

WEEK-END SPECIAL

2 Nights For 2 For Only \$32
Relax and enjoy 2 great nights at

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GOOD FOR ANY 2 NIGHTS —
FRIDAY, SATURDAY, SUNDAY

INCLUDES:

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- * COLOR TV
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Doug & Rita Van Wieren - Managers
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and BOB'S VALLEY SERVICE



24 HR. SERVICE
CALL 334-4124

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ANYWHERE - ANYTIME - ANY SIZE

260 Island Hwy. N., Courtenay

Comox Valley Ford

RENTAL Cars and Trucks

Mavericks, Comets, Pintos
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COMOX VALLEY FORD

SALES LTD.

Your Local Ford and Mercury Dealer

360 N. Island Highway, Courtenay, B.C.

Phone 334-3161

MOTOR DEALER LICENCE NO. 5028

Cadets con't

(Continued from page 1)

and practical leadership. Highlight of the summer for some cadets will be visits to foreign countries on an exchange basis. Two groups of 25 sea cadets will exchange with two similar groups of United States naval cadets on the East and West Coasts.

The European exchange will see groups of five Canadian cadets going to Britain, West Germany, The Netherlands, Belgium and Sweden, with similar numbers from each of those countries coming to Canada.

The National Sailing Regatta, sponsored each summer by the Navy League of Canada, will be hosted by Edmonton. Competing are 20 two-man crews from five regions across the country.

The summer also will be an opportunity for certain cadets to get their sea legs. They will serve in Ministry of Transport, Department of the Environment and Canadian Forces Maritime Command ships on both coasts.

And not to be outdone of course the grunts will offer inter-provincial exchanges, parachute training and competitive shooting this summer.

Exchange training for the boys and girls, ranging in age from 12½ to 18, is an important and popular part of the Cadet training program. More than 80 army cadets will be involved in the inter-provincial exchanges.

In addition, 60 army cadets will visit Britain and West Germany, and youths from

those countries will train in Canada.

This year, army cadets will train at Whitehorse, Y.T.; Comox, Victoria, and Vernon, B.C.; Banff and Edmonton, Alta.; Winnipeg, Man.; Ipperwash, Borden, Petawawa, and Ottawa, Ont.; Valcartier and Bagotville, Que. and Gagetown, N.B.

The program includes leadership training at Banff, parachute training at Edmonton, selection of the cadet team for the Bisley shooting competition in England, and driver training and communications at Valcartier and Borden.

The inter-provincial exchange is a cultural activity designed to foster a better understanding and appreciation of geographic, historical, and cultural aspects of parts of Canada to which they would not normally be exposed.

The aim of the cadet movement is to develop in youth the attributes of good citizenship and leadership, promote physical fitness and stimulate their interest in the sea, land, and air elements of the Canadian Forces.

There are about 24,000 Army Cadets, including 6,000 girls, enrolled in 400 Cadet Corps across Canada. Approximately 7,000 will be engaged in summer training this year.



Foods which provide protein of high nutritional value are fish, poultry, eggs, milk and cheese.

Firing Away

The thrill of holding the string and guiding the swooping and soaring of kites has been a popular sport around the world for many centuries. But today some complications having to do with safety are part of the sport and these words of caution from your Fire Dept. can prevent grief or even tragedy.

Telephone poles, wires carrying electric power to homes or factories, television aerials and the like seem to have a magnetic attraction for kites. Your Fire Dept. and other safety specialists suggest the site for flying kites should be a level, open space away from these overhead obstructions or even airports and trees. If the kite should become tangled, leave it and notify proper authorities. It is better to lose

a kite than risk injury or worse. Wet weather can increase the potential danger. A wet string may conduct electricity down to the flyer. Kite strings should not contain any metallic fibres, tinsel, or wire. These also conduct electricity. Be especially careful if the wind is freakish or changeable. It is difficult to control a kite under these conditions.

If you are using an electric lawn mower, your Fire Dept. advises you to be sure that it is CSA certified and that it is double-insulated or grounded. Wait for a dry day before cutting lawns as water might mean a nasty shock for you. Store under cover. Cords can be made unsafe by both rain and sun. Water may cause a short, and heat and ultraviolet rays from the sun cause

deterioration of insulation. When camping out or in the back yard, your Fire Dept. advises you to watch out with flammable liquids and open flame near tents. When camping out, take the following steps: buy a tent of flame-retardant fabric. A paraffin-coated cotton tent can burn up in a few minutes with someone trapped inside.

Never use candles or matches in or near a tent, use flashlights. Build your fire downwind, far away from your tent. Make sure it's out before you go to sleep. Never use gasoline. Don't freshen a fire with liquid starter. Explosions can result. Keep liquid fuels away from your tent and children.

POSTED

Call Collect or write:
for information on:

- Homes
- Lots
- Acreages
- CANADA WIDE FIND A HOME SERVICE



• Your Listings Solicited
For courtesy and prompt action call

TOM PROCTER

NANAIMO REALTY (Courtenay)
Office Residence
334-3124 339-2668

Classifieds

Real Estate

Coming to Victoria?
Posted or retiring to sunny Victoria? For help with all your housing needs write or call collect to:

Baz Pharaoh
EX407 SQN retired
of J.H. Whittome
& Co. Ltd.
4520 West Saanich Road,
Victoria, B.C. Office 604-479-
1667 (24 hrs.) Home 658-8449.

For Rent

One and two bedroom modern apts. Good location - near new. Includes heat and hot water, w.w. carpet, drapes, stove, fridge and cable. Coin laundry. Adults, no pets. Cedar Apts., 1009 - 10th St., Courtenay, B.C. V9N 1R5. Ph. 338-8578.

PADS FOR RENT

Falcon Trailer Park. ¾ mile west of Base. Children welcome. Sorry, no dogs. First month - rent free. 339-3125 or 339-2576.

For Sale

FOR SALE - BY OWNER
4 BR home - LR, DR, large kitchen, fam. rm., HW floors, 2 baths, 2 fireplaces, carpet, deck, large lot, apple trees, Elm Ave., Comox, \$54,900. 339-5152.

for sale

"Posted to Ottawa? Available July 1, attractive, spacious 3-bedroom condominium, end unit next to large field. Close to schools, shopping centre, buses. Carpeting, refrigerator, stove, dishwasher included. \$38,200. Phone 1-613-745-0487 or write Maj. S. Hill, 2166 Loyola Ave., Unit 138, Ottawa, Ont. K1J 8H5."

2 chests of drawers, 1 green 40" x 26" x 16", 5 drawer, 1 grey 46" x 28" x 16", 5 drawer. 1 dressing table, 2 pedestal, 6 drawer with 34" round mirror. Walnut finish. Phone 339-3264.

Deluxe Glendale mobile home. Fridge, stove, drapes. Cabana and aluminum roll-up awnings. Set up in park close to Courtenay. Phone 334-4603 evenings.



Experts have also found that too much regimentation may cause children to rebel. For instance, schools that take candy machines out of their lunchrooms to cut students' intake of sweets may find the youngsters boy-cotting the lunchrooms and going outside for what they want.

HOW TO PLEASE

"Dad"

Slip into
one of our
EXQUISITE
NIGHTIES
or LOUNGING
FASHIONS



SERENDIPITY
BOUTIQUE

Lingerie & Underfashions

DRIFTWOOD MALL

338-9311

We also have everything you need
in underfashions to please you!

"WE HAVE EVERYTHING FOR THE BUILDER"



CENTRAL BUILDERS' SUPPLY LTD.

Foot of Sixth Street
COURTENAY, B.C.

PHONE 334-4416

Call the Gentlemen. northAmerican

VAN LINES / AGENT

For free estimates • packing • storage • Full Value Protection •
world-wide moving • local moving • bulky articles handling

COMOX MOVING & STORAGE TRANSFERRED OVERSEAS?

Don't take chances with your valued possessions. Leave them in the care of the GENTLEMEN of the moving industry - COMOX MOVING & STORAGE, agent for north-American Van Lines.

Our storage facilities, located just outside CFB Comox on Ryan Rd., are unsurpassed in the local area.

Come in and see for yourself. No obligation!

Drop into our office any time during regular business hours, or call us at 339-2281, 2282, or 2283.

COMOX
339-2281
Ryan Rd.

PORT HARDY
949-7033
Market St.

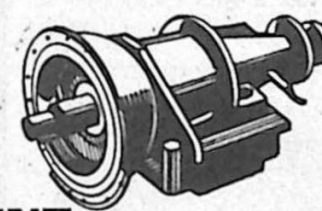
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PARTS, CONVERTERS
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TRANSMISSIONS

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370 Puntledge, Courtenay

Phone 334-2917



ART MEYERS
MGR.
339-2431



DOUG COOK
334-2015



WAYNE GRAFTON
334-2984



MICHAEL EMERSON
339-5809



STU LIVING
339-3541



VIC RUSHTON
339-3484



CLAY GRANT
339-3945



LLOYD WORK
334-2220



GAYE WORK
334-2220



HARRY SQUIRE
334-3427



BILL MORRISON
339-4063



WANTED



HOME BUYERS/HOME SELLERS

JUST DROP IN, HAVE A COFFEE AND VIEW THE HOMES VIDEO LISTED WITH BLOCK BROS.

EXPOSURE

FULL COLOUR

BE AN ARMCHAIR
HOME HUNTER
AT BLOCK BROS.

THE LATEST!

TIME SAVER!



Viewing
Centre
449 - 5th St.

PHONE:
334-3111

Be an Armchair Homehunter

A Block Bros. Exclusive

Come right in, settle down in front of the TV, have a cup of coffee, and get ready for a preview of your next home.

Full-colour images fill the screen: homes for sale in any city, town, or neighbourhood of your choice, anywhere in the four western provinces of Canada.

Suddenly, there it is, the home you've been looking for! All charm, with the right number of bedrooms, sunny kitchen, plenty of work and storage space in the basement, nicely finished... even the price is right.



You'll want to inspect it personally before you make a commitment. We'll be happy to arrange an appointment for you.

But the important thing is, you already know that it meets your requirements, because you've just seen it, inside and out. Thanks to Block Bros. TV you are still in your armchair.

This is Block Bros. TV — the finest innovation in homehunting since Block Bros. introduced the Catalog seven years ago.

No more tripping around from one disappointing house to another. Just a nice relaxed tour of everything Block Bros. TV has in the neighbourhood of your choice.

There's no charge. Even the coffee is free. For home buyers and sellers alike, Block Bros. TV, an exclusive with Block Bros., is the beginning of a new era in real estate.

Be sure to tune in soon, at your nearest Block Bros. office.*



This service is now available in British Columbia and will be coming soon to Alberta, Saskatchewan and Manitoba.

IF INTERESTED PLEASE CONTACT ONE OF OUR SALESMAN



AL ROBB
339-3307



JOHN FORIN
334-2728



DICK GARDINER
337-5327



ERNIE ANDERSON
338-5018



MAX WEEGAR
334-4568



RAY PAGE
338-6267



ROD MALTBY
335-2608



DUKE SCHILLER
334-2203



AL DIXON
334-2682



JIM GORDON
339-4615

REMEMBER... MORE THAN 100 VIDEO TAPES AVAILABLE!



CLEARANCE SALE

3 DAYS ONLY
THURS. - FRI. - SAT.
15 - 16 - 17 JUNE

Ex BREAD

24 OZ.
 Reg. 2/1.29

SPECIAL 2/1¹⁹

CIGARETTES

6⁹⁷

PER CTN.
 2 PER CUSTOMER

TOILET TISSUE

4-Roll Pack

CLEARANCE 99^c

SCOT TOWELS

Twin Pack

CLEARANCE 97^c

KADANA COFFEE

10 oz. Size

CLEARANCE 4¹⁹

M T D ^{SAVE \$40.03} LAWN MOWERS

- 20 INCH
- 3.5 H.P.
- 8 ONLY

REG. 129.00

CLEARANCE 88⁹⁷

WHEELBARROWS

Size 5½ cu. ft.

Reg. Price 79.99

CLEARANCE 59⁹⁷

STRIP TEASERS

Super Size

CLEARANCE 99^c

SAVE \$100.00
 KROEHLER

2-PC. CHESTERFIELD SUITES

Canex Low Reg. Price \$699.00

CLEARANCE 599⁰⁰

SAVE \$135.02
 ONE ONLY

STEREO SET

Reg. Price \$334.99

CLEARANCE 199⁹⁷

SAVE \$20.02
 FOUR ONLY

SANYO RADIOS

Reg. Price \$89.99

CLEARANCE 69⁹⁷

SAVE 50% MEN'S SLACKS

Sizes 32-44
 Reg. Price \$19.99
 Quantities Limited

CHILDREN'S CLOTHING

- SIZES 2-3X
- 4-6X
- 7-14

UP TO 60% OFF

UP TO 60% OFF LADIES' SWEATERS

- Sizes S.M.L.
- Assorted Styles

DISCONTINUED JEANS

Sizes 27-36

60% OFF

LADIES' JUMPSUITS AND PANTSUITS

60% OFF

RECORDS

REGULAR PRICE
 \$6.29 TO \$6.98

CLEARANCE 4⁸⁷

FANON C.B. RADIOS

40 Channel
 Reg. Price \$124.99

CLEARANCE 88⁹⁷

SANYO PORTABLE CASSETTE TAPE RECORDER

Reg. \$32.99

CLEARANCE 26⁹⁷

**MANY MORE
 ITEMS ON SALE
 AT SPECIAL
 CLEARANCE
 PRICES**

ITEM	REG. PRICE	SALE
1 - 10' CHESTERFIELD	499.00	399 ⁰⁰
2 - LOVE SEATS	249.00	199 ⁰⁰
2 SEWING MACHINES	109.00	84 ⁰⁰
1 - SEWING MACHINE	199.99	149 ⁰⁰
19 - BIRD HOUSE	4.49	1 ⁴⁹
4 - SPRINKLERS	5.79	2 ⁴⁹
9 - PRUNING SAW	4.69	2 ⁶⁹
10 - Waders	34.99	24 ⁹⁷
10 - CAMP STOVES	24.99	15 ⁹⁹
10 - LANTERN	15.99	10 ⁹⁹
12 - DIAWA REELS	20.99	15 ⁹⁹
4 - DIAWA REELS	12.97	7 ⁹⁷
36 - SMOKE CHIPS	1.69	.99
15 - BASEBALL SPIKES	34.99	24 ⁹⁷
1 - CLOCK	58.99	47 ²⁷
48 - CHILD'S RING	1.47	.97
2 - COFFEE POTS	15.49	11 ⁶⁷
6 - DISH SETS	99.97	72 ⁹⁷
3 - DUTCH OVEN	31.99	25 ⁵⁷
3 - PERCOLATORS	24.95	19 ⁹⁷
3 - FRY PANS	21.99	17 ⁵⁷
4 - MASSAGE KITS	21.99	17 ³⁷
13 - GLASSES	.75	.57
4 - SPICE RACKS	11.69	9 ⁴⁷
6 - WOOD BOWLS	9.89	7 ⁹⁷
1 - ELECTRIC PERC.	42.95	34 ⁹⁷
5 - MATS	8.49	4 ²⁷
1 - BEDSPREAD	43.45	21 ²⁷
2 - NESTS OF CUSHIONS	29.88	9 ⁸⁸
2 - ICE BUCKET	7.47	4 ⁵⁷
20 - HATS	3.00	.97

**SUMMER
 SUNSHINE**

SALE

**STARTS
 TODAY
 SEE FLYER ENCLOSED**