



# TOTEM TIMES

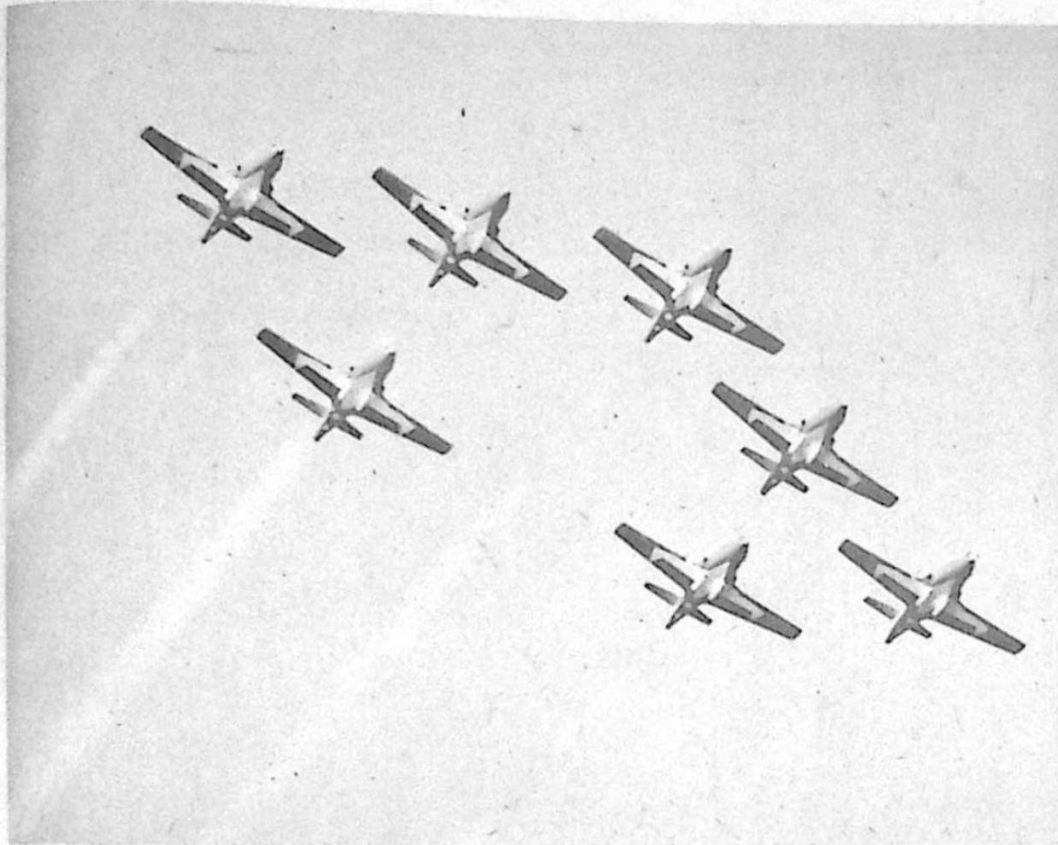


A Selfish Person Is Like An Icicle: Cold, Easy To See Through And Eventually A Drip

VOL. 20 - NO. 8

CFB COMOX TOTEM TIMES THURSDAY, APRIL 20, 1978

## Spring Migration Is On



**SPRING IS SPRUNG** ... The grass is riz and this is where the boidies is! ... Ducks head north, but snowbirds head west as they come to the lush side of the Granite Barrier for their spring encounter! They have been seen performing in the skies of the Comox Valley the past week. Now it's back to their winter wonderland.

## Maritimers Recognized

Two Maritimers have been commended by Chief of the Defence Staff Admiral Robert H. Falls for acts beyond the call of duty.

Captain Steven M. Irwin, 27, of Sackville, N.B., serving with 3 Field Engineer Squadron, CFB Chilliwack, B.C., was recognized for his outstanding leadership while commander of the Eagle River bridge construction project in the Yukon Territory from July, 1976, to July, 1977.

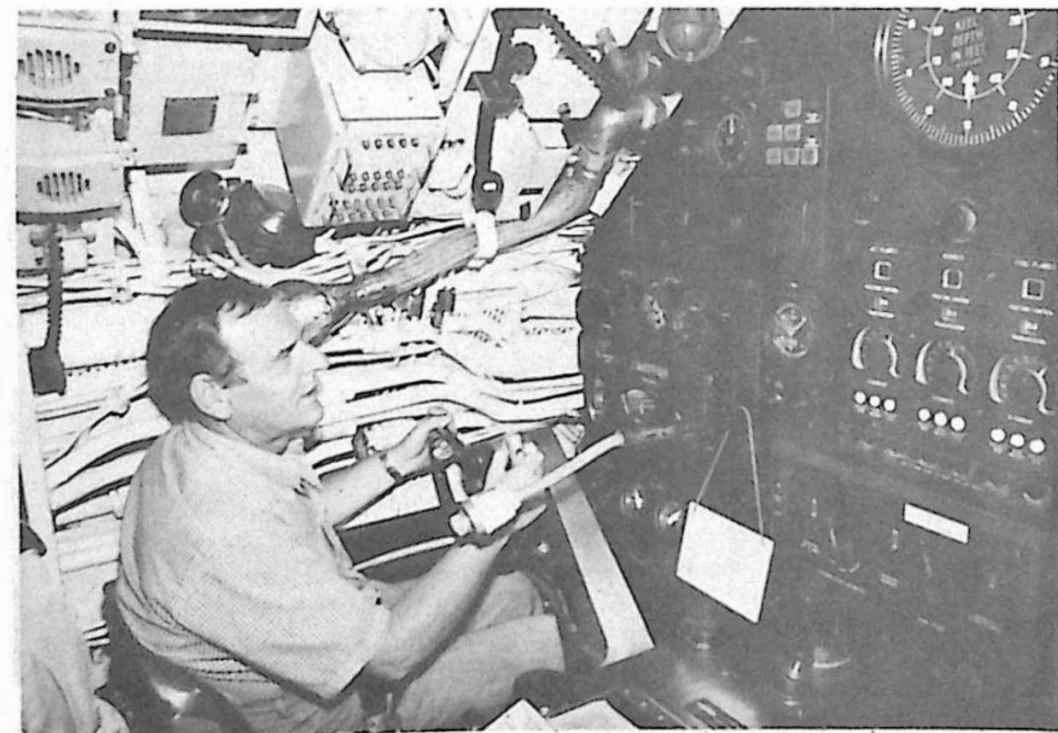
The citation states that Capt. Irwin's planning, organization, and determination contributed a great deal to the completion of the difficult project.

Sergeant Roger E. Scully, 33, of Harbour, N.S., serves at the Canadian Airborne

Centre, CFB Edmonton, Alta., as a parachute instructor. He was commended for his prompt, decisive actions and self-control under stress during a parachute jump on Dec. 13, 1976.

The helicopter was flying at 1,500 feet over the drop zone when a parachutist's harness caught in the land skid when he jumped from the aircraft. The parachutist, suspended face down, was unable to free himself, adding danger to the helicopter and its occupants.

The citation states that without hesitation or concern for his personal safety, Sgt. Scully leaned far out of the aircraft and freed the parachutist who descended without further incident.



## Barney Goes Below

**DIVE, DIVE, DIVE** -- Defence Minister Barney Danson levels off the Canadian Forces submarine Onondaga 475 feet below the surface of the Caribbean Sea. Mr. Danson visited units of the Canadian fleet in NATO exercises off Puerto Rico.

## Year End Ceremonies

Royal Roads Military College will hold their end-of-year ceremonies over a two day period at the end of this month.

graduates will commence at noon Friday, 28 April, followed by a Sunset Ceremony in the early evening. The Graduation Parade is scheduled for 2 p.m., Saturday, 29 April. These events are open to all military and civilian personnel and those interested are cordially invited to attend.

## KIWANIS SPADES

—A youth club in action — Working with the handicapped  
Will Be Holding A Garage Sale With No Garage!

ON THE FRONT LAWN OF ROBB RD. SCHOOL  
SATURDAY, APRIL 22 — 9 TO 12

COME OUT AND HELP THE SPADES HELP THE HANDICAPPED

## Veteran Retires

OTTAWA—A military pilot with 12,400 flying hours — more than 17 months in the air — is retiring in July after 30 years with the Royal Canadian Air Force and the Canadian Forces.

Lieutenant-Colonel T.M. (Max) Hall, 50, of Riverhurst, Sask. and Ottawa, has been head of the Air Transport and Tactical Airlift section at National Defence HQ in Ottawa since July, 1975.

He enrolled in the RCAF in March, 1948 and after training as a pilot, joined 412 Transport Squadron in Ottawa where he flew the Dakota, North Star, Canadair C-5 and De Havilland Comet jet transport aircraft.

Later, Lt.-Col. Hall was Chief North Star pilot-instructor at 4 Transport Operational Training Unit, Trenton, Ont., a staff officer at RCAF Headquarters in Ottawa and an exchange officer with the Royal Air Force in London, England.

He has flown with 408 Transport Squadron at Rivers, Man., and was deputy commanding officer of 435 Transport Squadron at Edmonton before being appointed Senior Staff Officer, Joint Operations, at Air Transport Command HQ in Trenton.

In August, 1972, Lt.-Col. Hall became commanding officer of 437 Transport Squadron at Trenton, flying CC-137 Boeing 707s, and three years later was appointed to the position he now holds in Ottawa.

Other aircraft he has flown include the Harvard, C-45 Expeditor and C-130 Hercules.

## C.E. Quips

**PLEASE PAINT.**  
Wonder why you have to clean the walls and ceilings before leaving a beautiful Comox married quarter on posting? It is so the new occupant will be pleased to find a sparkling new paint job throughout — and paint that will not flake off the walls during his stay.

**SUSPICIONS CONFIRMED.**  
Have you often wondered why some people seem to get instant response while others seem to wait weeks for a CE tradesman to appear? The answer is circumstances, people — just circumstances. CE must respond to the operational needs of this base first and any other is secondary. When CE has a sudden rash of high priority requests it always seems it's the same time that you need the tradesman most. Again — circumstances!

## No Room Up There

OTTAWA — The disintegration of the Soviet Cosmos 954 satellite in Northern Canada in January has focused attention on just how crowded the outer atmosphere is with man-made material.

Twenty-one years after the launch of the satellite which inaugurated the space age, NORAD headquarters in Colorado Springs reported this week that there are 4,578 objects in space.

The first man-made satellite, a 23-inch aluminum sphere called Sputnik 1, was rocketed into orbit by the Soviets Oct. 4, 1957. It came down three months later.

Since then 10,744 space objects — instrumented payloads, rocket motors and debris fragments — have been detected and catalogued.

As of this week there were still 4,578 "things" floating around in space, most of them bits and pieces of decayed satellites and space probes. But there are 948 earth satellite vehicles and 56 space probes still functioning. The USSR has the most with 450, followed by the United States with 400. Canada has eight. Since the space age began, 6,165 satellite and space probe pieces of debris have decayed, the great majority completely disintegrating due to friction as they entered the earth's dense atmosphere.

Radar, optical and radio-energy sensors at various locations around the globe are used in the space detection and tracking system. They send some 20,000 observations daily to NORAD's control facility. Two optical sensors — Baker-Nunn cameras — are in Canada at CFB Cold Lake, Alta., and at 21 Radar Squadron, St. Margaret's, near Chatham, N.B. Others are in Korea, New Zealand, Italy and the United States.

## Demons And Nighthawks Deploy

# It's Exercise Time! 'Rimpac 78' 'Maple Flag'

A four-nation Maritime exercise involving 47 destroyers, 225 aircraft and about 22,000 men is presently underway in the mid-Pacific Ocean.

Maritime Forces from the United States, Canada, Australia and New Zealand are participating in the exercise, called "Rimpac 78". This is the sixth in a series of major fleet exercises involving the "Rim of the Pacific" nations.

Canadian Forces units participating are the destroyers HMCS Restigouche, Kootenay, Terra Nova of the Esquimalt-based Second Canadian Destroyer Squadron, the operational support ship HMCS Provider and Argus aircraft from 407 Maritime Patrol Squadron at Canadian Forces Base Comox.

Rimpac 78, which is under the overall direction of Vice-Admiral Samuel L. Gravely, Jr., USN, Commander Third Fleet, is designed to test all phases of naval operations with emphasis on sea control and selected warfare areas. Operations to be conducted include surface, air and anti-submarine warfare; at-sea re-arming and replenishment, carrier operations, opposed transits and missile firings at the Pacific Missile Range Facility at Barking Sands, Hawaii.

A major feature of the exercise will be the operation of the multi-national fleet in an open ocean environment.

The mid-Pacific exercise began with the departure of participating units from several west coast ports, Hawaii, Australia, Canada and New Zealand and will end with a rendezvous of fleet units in Hawaii.

Flying units of the Canadian Forces' Air Command, the United States Air Force and the U.S. Marine Corps will conduct a month-long training program beginning April 22 at Canadian Forces Base Cold Lake, Alta., 240 kilometres northeast of Edmonton.

The Air Force training program, named "Exercise Maple Flag", will provide tactical fighter forces with the most realistic experience possible short of actual battle.

Patterned after the USAF's "Red Flag" aircrew combat training program at Nellis Air Force Base, Nevada, "Maple Flag" will cover the full spectrum of roles which aircrews might expect in combat. Scenarios covering close air support, armed reconnaissance, defence suppression, interdiction and air superiority will be flown.

The Canadian Forces' 40 by 100-mile air training ranges at Cold Lake are densely wooded, providing terrain features not available to U.S. aircrews at their training areas in the Nevada desert.

The Americans will bring to Cold Lake a selection of sophisticated equipment to simulate ground-based weapons such as anti-aircraft artillery rocket and surface-to-air missiles. These threat simulators will add a new dimension to training for the Canadian fliers.

The Canadian Forces and American fighters will practice air defence manoeuvres against the B-52s over the Cold Lake ranges.



## The Totem Trippers

CAN CAN '78 ... "The Totem on the Road". Can girls display their style for the Totem Times camera. Under the direction of Nonie Ireland the girls from left to right are Lorna Borys, Glynis

Borys, Linda Witter, Bev Burrows, Jan McCluer, Lori Demers, Leslie Blazicka and Shirley Robb. Missing from the picture is Lori Smith and Colleen Ireland. See page 10 for more coverage.

## Chief In Egypt

Canada's Chief of the Defence Staff, Admiral Robert H. Falls, left Ottawa April 6 to observe operations of Canadian troops assigned to U.N. peacekeeping duties in the Middle East and Cyprus.

While there he will also meet with senior military and diplomatic officials in Cairo, Ismailia, Damascus, Tel Aviv, Jerusalem, Nicosia and Rome. He returns to Ottawa April 24.

More than 1,000 Canadian troops, including 100 members of the Reserve and 50 servicewomen, are assigned

to the United Nations Emergency Force in Egypt and the U.N. Disengagement Observer Force on the Golan Heights.

Roles assigned to the Canadians involve communications, air transport and logistic support for the U.N.

About 500 members of the Canadian Forces, most of them with the 1st Battalion Princess Patricia's Canadian Light Infantry from CFB Calgary, Alta. are performing peacekeeping duties in Cyprus.

## Honors For Two

OTTAWA — Honorary appointments for two retired Canadian Forces generals were announced today (March 30) by Admiral Robert H. Falls, Chief of the Defence Staff.

Lieutenant-General Jacques Chouinard, of Montreal, has been named Colonel Commandant of the Infantry Branch effective June 1, 1978. He succeeds Major-General George Kitching of Toronto, who is retiring from the three-year appointment.

Gen. Chouinard retired as commander of Mobile

Command in December, 1977. Brigadier-General Patrick V.B. Grieve of Toronto is the new Colonel of the Regiment of the Royal Canadian Dragoons, effective July 20, 1978. He replaces Colonel Merritt H. Bateman, of Quyon, Que., who has held the position for three years.

Brig.-Gen. Grieve was commandant of the Canadian Land Forces Command and Staff College in Kingston, Ont. when he retired in October, 1976. He now resides in Ottawa.

## THANK YOU

During the period 28 Mar. to 15 April, 442 Squadron had all their resources committed to SAR AMMO. To adequately man the fixed wing, we utilized from 7 to 14 spotters every day of the search. The response of Base personnel to the squadron's needs was outstanding. We wish to thank each and every one of those that participated for their efforts.

N.A. Hartley Major  
442 Searchmaster  
SAR AMMO

## Next Totem Times

DEADLINE

MON. MAY 11

NOON

Please Meet Our Deadline.

# Section News

*you and your base*

## Nighthawks Nest

Last week 409 Squadron hosted NIGHTHAWK NOCTURNE, which was an informal competition between several attending Voodoo Squadrons.

The visiting squadrons were from Bagotville, Que., Chatham N.B., and Portland, Oregon. Each Canadian Squadron entered 2 crews while the Portland squadron entered 4.

Also, the SOOT team from North Bay had 2 crews participating even though they had to use 3 pilots and 1 navigator as well as borrow aircraft. The crews arrived at the beginning of the week and with all the visiting aircraft combined with those of 409, the flight line was an impressive sight.

Although the flying exercise was not held until Wednesday, the exercise at the Officers' Mess started almost immediately upon the arrival of the aircrew. The bar officers were understandably pleased at the amount of business conducted at the mess during what is normally slow evenings.

During the competition, the competitive spirit which the squadrons displayed resulted in an interesting and enjoyable day. The target force consisted of Falcons from North Bay and F-4's from Boise, Idaho, and they did their best to outwit and out manoeuvre the Voodoos. They were successful in some instances, however, the skill and cunning of the good guys prevailed more often than not.

Also the controllers from McChord did a fine job of ensuring that the interceptor air crew were in a position to use their skill and cunning to the greatest extent possible. With all the Voodoos, Falcons and F-4's to service and maintain the ground crew put forth a maximum effort to

keep everything operating smoothly at their end.

The competition came to a close Wednesday night with a TGIW at the Mess. During the evening the interceptor and target crews, as well as the controllers were able to get together to hash over some of the days activities.

Thanks to 414 Squadron who supplied the transportation, the McChord controller were able to attend. After being welcomed by the BComd and hearing from Colonel Doohier, the winning team which were from Portland, was presented with the Doohier trophy. The winning team was crewed by Majors' Mike Ranslom and Len Pegg and Captains' Mike Thomas and Bill DeJager.

The galvanized victory mug was filled with victory punch which made the round of the Portland air crew. The F-4 lads from Boise also took several pieces of hardware home, unfortunately most of these came from 409 awards cabinet.

Charlie Gladders was the person who organized Nighthawk Nocturne and it was due to his effort that the competition turned out to be the success it was.

Also, during the exercise Gen. Hill, the Commander in Chief of NORAD stopped at Comox on his way to Alaska and briefly toured the Squadron while his aircraft was being refuelled.

Weapon Load Crews from Comox, Bagotville, and Chatham were practicing here last week for the Air Command Competition to be held on 18 April. The competition is in preparation for the NORAD Weapons Load Competition which will be held at Tyndall AFB in Florida from the 01-12 May.

Tom Goodall and Lance Dann were down east for a few days to see if they could discover what the future held

for them. On his way back, Maj. Goodall dropped Lance off in Winnipeg where he is attending the Flight Safety Course.

Frank Martin and Tom Watt spent most of last week in McChord attending a trusted agents' conference. Both appeared furtive and secretive when they returned and no information could be obtained from them.

Last Friday Kent Smerdon and Bob Lamb left for Bagotville to do some house hunting. Both Kent and Bob will be leaving this summer to take up residence in the Saguenay Valley.

## W303620 AW1 MacConnel Retires

BY AL WILSON

"The kids now-a-days appear to resent any form of discipline. I was brought up in a military family. The discipline handed out by the NCOs in boot camp was nothing compared to what my Imperial Officer father used to mete out."

Mrs. Jean Orr was recalling her experiences as a serving airwoman during the Second World War ... a few passing thoughts as her latest career as a civil servant draws to an end.

"Prior to 1939, my father was a Major in the Saskatchewan Light Horse. He was too old for active duty so he volunteered to serve as a Barrack Officer and was

stationed at No. 7 Instructional Training School at Saskatoon."

"Brother Donald joined the RCAF in 1937. He worked his way up through the ranks and retired as a Squadron Leader Supply Officer in 1964, from Centralia."

"I joined the air force in Saskatoon on April 2, 1942, as a Motor Transport driver. While at the Manning Depot in Toronto, someone found out that I was studying all about wireless during my off duty

hours. I didn't get much driving done before I was off to No. 1 Wireless School in Montreal.

It was DIT, DAH, DIT, DIT for airwoman Jean MacConnel through a number of units, including Saskatoon and Rivers, until the end of the war. Jean was rehabilitated as were thousands of others in October 1945.

Ross Orr changed Jean's name in 1949, then promptly joined the RCAF as an air-

frame technician. The Orr team received transfers to many stations across the country. Comox, however, has been the major location over the years for this couple - 1953 to 1957 and 1961 to present.

Jean Orr worked as the Base Commander's secretary from 1964 to 1969, when she switched allegiance to the Base Technical Services Officer.

Asked about the different officers she worked for, Jean replied, "Each has been entirely different from the others. I'd like to pass on some humorous comments about one or two, but I certainly would not like to hurt anyone's feelings".

Well, Jean, maybe some time when there is nobody around you can safely spill the beans ... we wouldn't tell a soul.

On plans for the future ... "I'll retire as a housewife in my back forty, to look after my husband. I even might take a few trips in my Riceburner-camper combination."

Jean and her husband live in the town of Comox. Her two children Donald and Ramona (Kim) are grown up now and are on their own.

WE IN THIS MILITARY COMMUNITY WISH JEAN A HAPPY AND HEALTHY FUTURE IN THE COMOX VALLEY.

## ATC News

Spring has sprung, the grass has riz, I wonder where the SNOWBIRD's is. The Canadian Forces Air Display Team has come and gone and received a taste of about 4 days of B.C. sunshine. The shows that they managed to fly looked good and hopefully the team will have a safe and successful year.

"Nighthawk Nocturne" was a good day, flying wise and the event was won by a group of "weekend warriors" from the Portland Air National Guard. What happened Canada?

The section has had new UHF main and back-up radios installed in the last week and we should, in the near future, have a "no-break" power supply to Ratcon in operation. By fall a new PAR should be in operation also.

Capt. Art Brooks has been posted to the ATC school in Borden in July. Eventually that school will be combined with the MOT and will move to Cornwall to teach both civilian and military controllers the basics of ATC.

Lt. Pete Holicza has decided to go to the "Goose" and will be leaving in May, but not without much loud protest and gnashing of teeth. If anyone needs a house, car, or various odds and ends, call Pete at Ratcon.

Congratulations to Lt. Terry Wallace who has checked out at Ratcon and is now on shift.

Capt. Tom Evers is back in the Tower getting in some practice before going to Moose Jaw. It will be like old home week there with all the ex-Comox controllers. Additional personnel changes include Cpl. Debbie Edwards to Ratcon and Pte. Eric Howk back to the Tower.

There will be a Departure Party for all our people on the 11 May at the Totem Lounge, so come and say goodbye to all your section workers.

If anyone has seen a dark form skulking down the sides of the Tower lately, it's not Spiderman, but just Dale Webb trying out his new rock climbing ropes.



AW1 MacCONNEL OFF TO MONTREAL ... "Pack up your troubles in an old kit bag and smile, smile, smile ..." It was at the Bellville railroad station in September 1942, when Jean MacConnel (later, Mrs. Orr) complete with tooth brush and curling iron, started off for No. 1 Wireless School, Montreal. From Motor Transport Driver to Wireless Operator, Jean spent a busy time in the RCAF during World War 2.



Mrs. Jean Orr

### FOR RENT

1 Aug 78. Furnished or Unfurn. 1972 12x60 2 Br. Villager Mobile Home situated on 2 acre private evergreen estate. Deep Well. No children, Security Deposit, Heat, Light, and Cable TV Extra. \$100.00/mo. 2 year lease. 4 miles from CFB Greenwood N.S. Contact G. Neilly, Box 22 Kingston, Kings Co. N.S. BOP 1R0. 902-765-3752 after 1900.

### FOR SALE

Established Electronics business near CFB Greenwood N.S., specializing in stereo equipment, tape and records. Bench work and Communications Equip. Sales. For more info, Contact G. Neilly, Box 22 Kingston, Kings Co. N.S. BOP 1R0. 902-765-3752 after 1900.

### WEEK-END SPECIAL

2 Nights For 2 For Only \$32  
Relax and enjoy 2 great nights at

**BEST WESTERN THE INTOWN INN**  
653 Dunedin Street, Victoria, B.C. 338-6667

GOOD FOR ANY 2 NIGHTS — FRIDAY, SATURDAY, SUNDAY

#### INCLUDES:

- \* LUXURIOUS BED SITING ROOM
  - \* COLOR TV
  - \* FREE CONTINENTAL BREAKFASTS
- Just off Douglas at Burnside Road  
Doug & Rita Van Wieren - Managers  
Phone (604) 338-6667

### ON SALE

**VARIOUS WRIST WATCHES** — Ladies and Gents - Seiko, Orient, Voltaire, Candido, Rodanio and some Wittenaur — Also some Wall Type Clocks.

All items on sale carry the same coverage as our new stock, including 1 year guarantee.

**ALSO ON SALE** — All Mexican Leather Purses - All sizes and patterns.

### Geo. Hamm

CPR Watch Inspector  
WATCHMAKER & JEWELLER LTD.  
332 - 5th St., Courtenay, B.C. 334-3911

### EW

Courtenay  
Mon. to Thurs. - 8:15 p.m.  
Two Shows Fri. & Sat. - 7 and 9 p.m.  
No Matinee This Saturday

**Thurs., Fri., Sat. — April 20, 21, 22**  
Family Fun. Starring PATRICK WAYNE, TARYN POWER  
**'SINBAD AND THE EYE OF THE TIGER'**

**Mon., Tues., Wed., Thurs. - April 24, 25, 26, 27**  
A Wild Fairy Tale  
**"CINDERELLA"**

"Warning — Sex version of a fairy tale" — B.C. Director  
**Fri. to Wed. — April 28, 29, May 1, 2, 3**  
**"SEA GYPSIES"**

**Stardust**  
Drive-In Theatre  
Fri., Sat., Sun. - April 21, 22, 23  
George Burns **"OH, GOD!"**  
- Plus - **"STARSHIP INVASIONS"** MATURE

Fri., Sat., Sun. - April 28, 29, 30  
Academy Award Winner - Best Song  
**"YOU LIGHT UP MY LIFE"**  
- Plus - Al Pacino **"BOBBY"** MATURE  
**DEERFIELD"**

Island Hwy. & Williams Beach Rd.  
ALL ADMISSIONS \$3.00  
ALL-KITTER ADMISSIONS \$3.25  
Gates 7:30 p.m. Show 8:00 p.m.

## MIRACLE DRIVE-IN

BLACK CREEK, B.C. 337-5097  
GATES 7:15 P.M. SHOWS 8:00 P.M.

Fri. - Sun., April 21, 22 & 23

**RICHARD HARRIS**

**"THE RETURN OF A MAN CALLED HORSE"**

ALSO

IN THE  
**NOT TOO DISTANT FUTURE, WARS WILL NO LONGER EXIST. BUT THERE WILL BE ROLLERBALL**

JAMES CAAN in  
A NORMAN JEWISON Film **"ROLLERBALL"**  
JOHN HOUSEMAN - MAUD ADAMS - JOHN BECK - MOSES GUNN  
PAMELA HENSLEY - DARRA TRENTHAM - RALPH RICHARDSON  
Screenplay by WILLIAM HARRISON  
Associate Producer PATRICK PALMER - Produced and Directed by NORMAN JEWISON  
United Artists  
TECHNICOLOR  
WARNING — Very Violent — B.C. Director

## Jr. Ranks Club

**APRIL 21st** — J.R.C. Golf Tournament - 1230 Hrs.  
Prizes - Refreshments.

**APRIL 22nd & 23rd** — "RAVENS" — Popular local group.

**APRIL 28th** — **BOSSSES' NIGHT** — 1600-1900.

**APRIL 29th & 30th** — "STASH" — Six piece group of top entertainers from Victoria.

— BINGO EVERY WEDNESDAY AT 2000 HRS. —

### - MOVIES -

**APRIL 25th - "VIVA KNIEVEL"**  
— Starring Evel Knievel

## WO's & SGT'S MESS

**April 21st** — T.G.I.F.  
FISH & CHIPS

**April 28th** — T.G.I.F.  
CHICKEN & CHIPS

**April 29th** — SPORTSMAN'S BINGO  
Dance to the "ALLEY CATS"

NOTE: Food will be Chicken & Chips, not Seafood as previously advertised.

### MOVIES

**April 24th** —  
**"VIVA KNIEVEL"**  
Starring Evel Knievel

## OFFICER'S MESS ENTERTAINMENT

**APRIL 21st** — TGIF

**APRIL 22nd** — **COMOX GRAFFITI NIGHT**  
Were you a greaser in '58 or were you straight — football hero or pom-pom girl? Dance 2030-0030 hrs. Food 2130-2230 hrs. Dress — dress up to the 50's - 60's. No charge.

**APRIL 26th** — **O.W.C. BRIDGE**

**COMING EVENTS** — Monster Mixed Mothers Day TGIF and Dance.  
Further details T.B.A.

# Promotions

Base Photo

# Mushroom Mutterings



Barney Beirnes From L/Col Herbert

Yes, I know! The planned Squadron Stag scheduled for last Friday was conspicuous by (a) its absence, and (b) the bright eyes and busy tails on the Saturday Day Shirt crew. Not to worry however, everyone will get a second chance to disgrace themselves on Friday, April 21st - further info at the Canteen. All we have to do now is to convince RCC that the stag is essential to squadron morale and not to find any searches, air evacs, training exercises, or anything else which might force a further delay in our fun and games.

Poor "Wee Jamie" got a "zinger" the other day.

Instead of being able to fly his beloved Labradors, for the next while he will be down at Chilliwack teaching grunt cadet officers their right foot from their left ... or whatever it is they have to get taught. Anyway, Jamie, don't worry. It has been arranged that a Lab will fly over every once in a while so that you don't forget what they look like.

The Squadron Mushroom Keeper has been going slightly crazy lately ... and driving the manufacturer the same way. With all the upcoming transfers, come September, the CO will be wondering who all those

strangers are everywhere he looks. There are too many names to mention everyone individually, but bodies are off to Shearwater, Winnipeg, Portage La Prairie, CAG Europe, Cold Lake ... not to mention the "World's Largest Sandbox"! The list goes on and on!

I don't know how he does it, but I know he does it!!! "Fast Eddie" Kostyk told everyone that he'd be back from Summerside before his month was up, and he will be. Paul Saunders got the word to pack, and he's away this weekend. Now what has Eddie been up to since he got there, I wonder??

Even though the official stag was called off last week, that didn't stop the Pararescue types from taking Judy Brown over to the Mess and celebrating her transfer. Of course, Wally B. had his hand in it all. You just wait until it's your turn, Wally!!!

Contrary to what it looked like last week, the Mushroom Farm is not a Buffalo Overhaul Depot ... it just seems that way. Trenton will be getting a bill for all the work that we did on their technicolour monster, and rest assured that the bird was well and truly "ZAPPED" before it left. If it keeps up, we're going to have to retile

the squadron, 442 Repair and Overhaul.

Attention fishermen!! There is a Fishing Derby slated for early next month, so you had all better get your gear out and oiled up. The Derby will cover Friday, Saturday, and Sunday May 5, 6 and 7 to enable everybody to get a line into the water ... notice that there is no mention of fish ... that's up to you. The next issue of Mushroom Mutterings will contain more details of the Derby, so watch for it!!

The biggest difference between an alcoholic and a drunk is that us drunks don't get to go to all those danged of meetings!!!

## Firing Away

More articles have been written on careless smoking and the potential and actual fires caused by this problem than any other fire hazard. Fire Prevention Programs constantly impress this upon us but the casualties and losses keep rising.

Financial losses are increasing, injuries and death still occur but we can't seem to shake that carelessness. Most people seem to take the attitude that these things only happen to someone else only to have a rude awakening when it happens to them.

Now is the time to face reality and fact that fire prevention is everyone's responsibility. Safe smoking can become a habit very easily. All that is required is thought and common sense. Enjoy your smoke, then make sure all your smoking material is safely and completely extinguished.

Some of the common incidents of careless smokers are:

- (a) falling asleep while smoking.
- (b) careless disposal of smoking material.
- (c) matches and lighters left within the grasp of children.
- (d) disregard for "No Smoking" signs and areas.

The careless smoker is a menace to themselves and everyone near and dear to them may easily become a fire casualty. Anyone who smokes should endeavour to improve their smoking habits for their own safety and that of others.

Hopefully this article will make you stop and think and you will be more fire conscious and improve your smoking habits for the benefit of everyone.

With the fishing season starting to wind up the fire hall again this year is an official weigh-in station for the 24th annual King Fisherman Contest sponsored by the Daily Colonist. The contest runs from 29 April to 29 Oct. and prizes will be awarded to winners of the seven different categories of competition. Details are available at the fire hall.

The month of May once again this year is when our Spring Clean Up Campaign will be taking place. More details on this will be in the next issue of the Totem Times.



Jake Cummins From Major McMillan



Don MacGillivray From Maj Faubert



VEHICLE COMPANY GRADUATION. MCpl. A. Doiron, a recent remuster under the LOTRP from the Second Battalion Royal Canadian Regiment was the top student on TQ3 Vehicle Technician Training Course 7717. He is shown receiving his certificate and an engraved mug from Capt. Reade, the Training Co-ordinating Officer, Vehicle Training Company. MCpl. Doiron is posted to CFB Comox.

**Youth Chance**  
**SPRING FASHION SHOW**  
**MAY 4th - CIVIC THEATRE**  
**8:00 p.m.**

Sponsors: HOUSE OF BRITCHES  
COPPS SHOES  
SCISSORS EDGE  
SHOPPERS DRUG MART

Tickets: Advance \$1.00      At The Door \$1.50  
**COFFEE AVAILABLE DURING INTERMISSION**

## PORT AUGUSTA MOTEL

- Deluxe Units
- Cable Television
- Heated Swimming Pool
- 1 & 2 Bedroom Housekeeping Units
- Dining Room

**A MOTEL BUILT BY AIR FORCE ENCOURAGEMENT AND EFFORTS TO CATER TO THE SPECIAL NEEDS OF OUR SERVICEMEN.**

Centrally Located in Comox overlooking beautiful Comox Bay.

RESERVE NOW AT THE PORT AUGUSTA      PHONE 339-2277

## CHALET MOTORS

76 MAZDA MISER Sedan, 27,000 mi.	\$2695
73 DATSUN 510 Sedan	\$1495
71 COMET 2 dr., 6 cy., a/t	\$1895
74 TOYOTA COROLLA Cpe., 43,000 mi.	\$2295
73 MONTE CARLO Landeau H/T	\$3695
77 MAZDA G.L.C. SPORTS 5 spd. 9000 mi. Radio	\$3995
77 G.L.C. SPORTS Hatchback. Sun roof. 5000 mi.	\$4295
76 HONDA H/B. Radio, automatic	\$3295
73 PONTIAC VENTURA h/b, v/8, a/t	\$2295
72 MAZDA 808 CPE. 4 spd. trans.	\$1495
76 COSMO AM/FM Radio. 5 Spd.	\$4995
72 DATSUN 1200 2 dr. sedan	\$1495
74 TOYOTA COROLLA 2 dr. automatic	\$2295
70 TOYOTA CORONA Sedan	\$1095
71 MAZDA - 1800 Stn. Wgn.	\$1295
72 CRICKET Sedan	\$1195

### TRUCKS

72 TOYOTA P.U. Mag wheels, radials	\$1895
76 COURIER P.U. 24,000 mi.	\$3495
71 CHEV 1/2 Ton P/U & camper	\$4495
76 COURIER P.U. Canopy. auto. Only 16,000 mi.	\$4495
73 COURIER P.U. 4 Speed	\$1695
72 G.M.C. P.U. V-8. Auto. P.S., P.B. Air Cond.	\$2495
71 DATSUN 1600 c.c. Pick-up	\$895
72 G.M.C. 1/2 TON P.U. New paint	\$2195
72 FARGO 1/2 TON P.U. V-8. Auto.	\$1095
73 MAZDA FLAT DECK TRUCK with sides	\$1895

**CHALET MOTORS**  
Dealer No. D6555  
148 Island Hwy., Courtenay  
Phone 338-5478

## Century 21

**GLACIER REALTY**  
SERVING THE COMOX VALLEY  
625 England Ave., COURTENAY V9N 2N5

### EXPECTING A POSTING?

Use Century 21's Free VIP Referral Service

When you know your next base give me a call and I will arrange for a Century 21 office or co-operating firm to start the search for your home with features you want and in the right price range. This service is available across Canada and the USA. You might also want to own a little piece of Vancouver Island before you leave. We have a wide selection of good holding lots.

**CALL: SAM SKINNER**  
Off. 334-2473 or 339-2543

## TRANSMISSION SPECIALISTS

- ADJUSTMENT
- REPLACEMENT
- CHECK-UP
- LARGE STOCK OF PARTS, CONVERTERS AND RC TRANSMISSIONS

NOW ... ALSO SPECIALIZING IN

## ENGINE TUNE-UP SERVICE

DIAGNOSIS BY THE LATEST ELECTRONIC ANALYZERS.

### DAVE'S TRANSMISSION REPAIR

370 Puntledge, Courtenay Phone 334-2917

## SHUSWAP LAKE PROPERTIES

TALLINGTON DEVELOPMENT LTD IS OFFERING LOTS FOR SALE AT MEADOW CREEK

SHUSWAP LAKE'S most spectacular location, nestled along the Colista shores on the sunny side of the lake.

Priced from \$14,900 with FINANCING AVAILABLE from 9 3/4 per cent (payments as low as \$95 per month).

WE OFFER A SOUND INVESTMENT AS A HEDGE ON INFLATION WITH NO REQUIREMENT TO BUILD.

BE IT FOR INVESTMENT RETIREMENT OR RECREATION MEADOW CREEK IS A FINE PLACE TO LIVE TODAY OR TOMORROW.

I would like, without obligation, some more information on the above properties.

**Tallington Developments Ltd., Box 1330, Merritt, B.C., V0K 2B0**

Name .....  
Address .....  
Phone .....

# Editorials

## Stu's View

### Neutron Bomb Protest

Why are the Soviets so desperate to have the neutron bomb shelved?

Even as they deploy their new SS20 which is 2000 times as destructive as the neutron bomb, and as they re-equip their vastly superior forces in Europe for offensive and not defensive warfare, the Soviets denounce the neutron bomb as inhuman and are more concerned with it than any other NATO weapon. Why?

The neutron bomb is a defensive weapon and was designed to solve the NATO dilemma in Europe. Because of the Soviet superiority in numbers, the only way to prevent Europe from being overrun in the event of a Soviet attack would be the use of nuclear arms.

This is an unacceptable solution since Europe would be destroyed and general nuclear war risked in the process. The Soviets undoubtedly realize that the Americans are unlikely to destroy Europe simply to prevent the Soviets from overrunning it.

But the neutron bomb would provide a viable alternative. It could be used to effectively stop a Soviet advance without the destruction of property and lives caused by conventional nuclear arms.

Perhaps this is what the Soviets find objectionable in the neutron bomb.

When President Carter announced that he would defer production of the weapon pending the outcome of the arms limitation talks, the Soviets did not

commend his action as would a nation genuinely concerned with improving defence and securing world peace. Instead they stayed on the attack, warned people not to be misled by Carter's "transparent propaganda" and charged that Carter had been forced to succumb to world opinion against this 'inhuman' weapon. But not everyone is duped by Soviet propaganda.

The West Germans, in whose country the neutron bomb would be used, recognize Soviet intentions and realize the neutron bomb is their only safeguard. They are now upset with President Carter's decision.

Nor are the Chinese about to be taken in. They claim that Carter mistook Soviet propaganda for public opinion and warn that "postponement of the neutron bomb is a very serious mistake".

It is in China's best interest to see that the Soviets do not overrun Europe, since that would release Soviet troops now in Europe to join the million strong army which already threatens China's border. The Chinese realize that the neutron bomb is the only weapon capable of keeping the Soviets out of Western Europe.

It appears the Soviets object to the neutron bomb not because it is onerous or a threat to world peace, but simply because it confounds their plans in Europe.

### Are More Reserves Next In D.N.D. Plans

During the early post-Second World War years our defence planners placed great emphasis on "forces in-being" -- forces able to react with great speed and effect for survival in all-out nuclear war. In consequence, the reserve forces were accorded very little priority. For anyone to criticize the reserve forces policy as being ill-advised and grossly inadequate, wasn't the best way to win friends at National Defence Headquarters.

About 1963 however, total-war thinkers were losing ground to those worrying about conventional war scenarios. With such contingencies, and personnel costs mounting to around 65 per cent of the defence budget, the usefulness of reserves should have been clearly apparent. Nevertheless, not until the early 70s did their potential win grudging recognition.

As most Canadians should now know, our reserves have a new lease on life. They are doing splendid work with regular forces at several different overseas locations. Unit equipment is being steadily upgraded and training enormously improved. Still, after many years of neglect, there is much to be gained by "progressive" thinking on reserve forces policies.

Against this background, two developments are of importance.

Number 1: the appointment for the first time of a reserve airman -- M General Richard Rhomer -- as Chief of Reserves.

Since militia forces have long accounted for the largest number of reserves, this important post heretofore has been filled with a reserve army officer. Because of this, reserve forces policies have been heavily influenced by regular army officers -- all with great pride in their professionalism, some with vested interest in it and many with unhappy experiences trying to produce good reservists on a shoestring.

It is thus conceivable that Rhomer, as an airman, may be able to sustain current momentum and also come up with some useful new proposals. Moreover, owing to his professional qualifications, chances are good that he may sell some of them to the "establishment".

Number 2: there is promise for our reserve forces of the possibility of an increase in numbers.

As we know, an increase of 4,000 has recently been approved for the regular force. But now there is talk of translating a proportion of this hike into reserves, thus netting a combined increment of perhaps 6,000 for the same price tag. Such an addition is still no big deal in relation to the mounting Warsaw Pact conventional threat. Still, expanding the reserves is surely the way to go.

What we have at the moment is a force structure of first-class professional units with expertise in all aspects of modern warfare, suitable for immediate action of relatively short duration. However, what we need, according to all indications, are extra reserves to provide greater staying power and thus enhance both our deterrent image and fighting capability.

In making a case for increased reserves, one can compromise with the all-talking, singing, dancing capability of our regulars. Multiple tasking and cross-training should be held to the absolute minimum in the interest of expertise.

Moreover, a decision to expand the reserves, with the concomitant wisdom of maximum specialization, would make

an ideal occasion to review our whole panoply of defence commitments. Dumping those that make little strategic sense would not only simplify all training but it would take a considerable load off the regulars and could lessen opposition to sharing the 4,000 hike with reserves.

One obvious item for the chop is the CAST Combat Group, of brigade strength with air support and aimed principally at Norway. Every defence and external affairs minister appointed since the Norway deal was negotiated apparently has registered amazement on exposure to details of this nonsense. But as yet there has been no move to re-concentrate our forces in Central Europe.

It is also time to take a hard look at justification for training our forces to operate in all climatic conditions from the rugged Arctic to tropical jungles. Then, in this context, a good question we might ask ourselves is this: Are we not helping defeat the object of providing a peace keeping force for Cyprus in 1964 by remaining there as long as we have?

Apart from adjusting defence commitments to simplify the problem of producing highly trained reserves, three related projects that would seem to rate attention are: a) a separate reserve forces budget with control by reserve personnel; b) a better orchestrated effort to win industrial support for reservist training; and c) still greater use of reserves in NATO Europe.

At the moment, regular forces have the principal voice in what money is allocated for reserves and how it is spent. Battling to give reserve personnel a separate budget and control of spending it may seem like nit-picking. However, anyone who has ever given a child its own budget, rather than doling out dimes, quarters, or dollars on request, will recognize at once the enormous benefit that such a change might entail for the reserve program.

When complaining about inefficiency of reserves in the past, one argument invariably offered was that industry wouldn't co-operate with time off for adequate training. However, every industrial executive I've questioned has categorically denied the allegation. Although many DND officials now tacitly admit there hasn't really been an imaginative effort in the past to get industrial co-operation, and seem set to do something about it, the need for a push by DND still needs emphasizing.

DND agreement that reserves can fill a useful role in Europe is not of longstanding. Shortly after the idea finally took root on a trial basis, I enquired about progress.

"Great," said one of our more able commanders. "I've 100 with me now and they're first-class". To which I countered: "Why not 1,000?"

"No reason at all," he replied, "as long as they know their job."

Many people believe that even 2,000 reservists who "know their job" could be provided for part-time employment in Europe without straining resources. In any event, even with 1,000, a recently announced "agreement in principle" for reserves to go on duty as a unit, whenever possible, could become a reality and thus satisfy one of the reserve forces' long standing goals. Probably not at company size in peacetime, but certainly as a platoon if -- as now seems possible -- some reserve units are increased in size.

Robert Cameron, Victoria Colonist

"GET 'EM WHILE THEY'RE HOT! EVERYONE SHOULD HAVE ONE!"



### Guaranteed To Scare "THE BEAR"

#### Are Cold War Conditions Back

Strain between Moscow and Washington, both of new and old varieties, continues to be the main feature of the world scene.

At the top of the causes of strain at the moment is Moscow's failure to pay any attention whatever to Washington's repeated request that it take its own soldiers and its proxy Cubans out of Ethiopia now that Somalia has broken off its invasion of Ethiopian territory. The signs of the moment seem to indicate that rather than pulling out of Ethiopia, the Soviets now will support an Ethiopian, offensive against the Eritreans.

Another evidence of strain is the propaganda offensive Moscow is waging against deployment of a neutron bomb by the United States. By fixing public attention on the possible use of that particular bomb by NATO forces, Moscow has diverted attention from its own deployment, of recent date, in Eastern Europe of intermediate range, mobile SS-20 missiles.

These weapons, have three warheads each, independently targetable and a range of 3,000 miles. Washington was thrown into a sudden tempest by a report that President Carter had decided to cancel production of the neutron bomb. Were he to do so without obtaining a balancing concession from the Soviets, they would have scored a decided bargaining advantage. The tempest was a symptom of the strain felt in both Moscow and Washington in the final stages of negotiation aimed at a SALT II agreement.

The president, who announced April 8 that he is delaying any decision on production of the neutron bomb, has declared that he will refuse to sign a SALT II agreement unless it leaves the United States better off than it would be without one. The Soviets have said that failure to conclude SALT II will mean a new era of arms competition that "will shake even the relative stability that exists today."

In effect, Moscow is trying to scare the NATO allies into giving up the two new weapons most of them think desirable -- the neutron bomb and the unmanned cruise missile. Washington probably would be willing to hold off on these at least tentatively if Moscow in return would put curbs on its Backfire bomber,

take the SS-20 out of range of NATO targets and call off development of mobile intercontinental range missiles.

In his announcement about the neutron bomb, Mr. Carter said any future decision on whether to produce the weapon "will be influenced by the degree to which the Soviet Union shows restraint in its conventional and nuclear arms programs and force deployments affecting the security of the United States and Western Europe."

Meanwhile, conclusion of the SALT II agreement becomes increasingly doubtful, particularly if Moscow continues to expand its current power offensive in Africa. Latest evidence indicates an increase in the number of Cuban troops in Ethiopia and signs that a unit of these forces is being prepared for possible commitment to Rhodesia's neighbor, Mozambique.

American diplomacy is trying to head off the possibility of Soviet expansion into Mozambique by sending Secretary of the State Cyrus Vance off to Africa to talk things over with the two "outside" Rhodesian black leaders, Joshua Nkomo and Robert Mugabe.

If he can persuade them to join the new coalition black-white regime inside Rhodesia, the Soviets no longer will have an instrument for causing trouble in that part of Africa and no occasion to send their Cubans into Mozambique.

The world, in other words, is looking at the possibility of a Soviet-American relationship which would no longer have the framework of the SALT agreement. It would be an unstructured relationship in which each superpower would be free to do what it liked,

anywhere, as was the case during the "cold war."

It probably would mean the prompt deployment by both superpowers of all their latest new weapons. But whether it would make the world less stable is a matter of speculation.

NATO experts tend to think that the government in Moscow is likely to continue to be led by cautious men and a

generally cautious inclination -- certainly while Leonid Brezhnev still is calling the signals and probably well beyond that time. But if they want Washington to sign a SALT II agreement, they probably will have to offer better terms than have yet been presented and show some restraint in Africa.

Joseph Harsch, Christian Science Monitor

#### Hypocrisy

Probably the most verbal complaint one hears about people in the church is "hypocrisy". It is an almost universal reaction in our society to be offended by two-faced people who trot out their Sunday-go-to-meeting manners along with their good suits and fancy hats.

The most effective complainant against these things was, of course, that young rebel with a cause named Jesus who lived in Nazareth. His attacks on hypocrisy and insincerity have given comfort and support to generations of antagonists of the status quo. One must respect a man like that for he laid it on the line knowing the dangers involved. It eventually cost him his life.

In our mini-society of the Forces, we see a fair amount of hypocrisy, or what looks like hypocrisy. Anywhere you get armed Forces and religion together there will be the tendency to make use of a mock form of religion for purposes that are less than Christian. It is painful to any sensitive soul to have to watch the shame of a person who obviously doesn't give a hoot

about religion while he prays loudly in a mandatory church parade.

Having said that, however, we must remember to be fair. There is no more noticeable sin than hypocrisy; and there is no better place for sinners than in the church; and no one who more needs help. Any one who sets himself above the hypocrite is himself guilty of hypocrisy. As has been correctly observed, the church is at its best when it is a "hospital for sinners" and not a "museum of saints".

Further, one cannot in fairness blame the whole church for the errors of individual people. Much less can you blame God and stop giving him his due respect just because a lot of other people allow you the luxury of feeling superior by comparison. That's as foolish as blaming God for your dirty ears, when you know darn well he has provided enough water to keep you clean.

But it is good fun to be down on hypocrisy -- it's an easy target that gives one a rationalization for being lazy in one's devotion. My own pet

## A Letter

Dear Editor:  
On July 1st weekend of this year, Iroquois Falls High School will welcome back to its halls all former students, teachers and friends. The program will include a large picnic, a dance, a banquet, tours and a parade. The school began in 1921 and has become a very large and modern institution of 1100 students. Many changes have taken place and former students are welcome to share in the school's complete story.

The Welcome Back Committee would appreciate your printing this letter to let former staff and students know about our plans.

Any former staff member or student who wishes to receive further information should write to us in care of the Iroquois Falls Welcome Back Committee, Box 455, Iroquois Falls, Ontario, P0K 1E0, to be placed on this mailing list.

Yours sincerely,  
Nancy Festarini  
Co-Chairman

## Speaking Of Money

Mark Twain once said: "Where I was brought up we never talked about money. There was never enough to furnish a topic of conversation."

Vive la difference!

In 1685, French colonial officials in Quebec ran into a small cash-flow problem. Funds to cover the cost of running the colony weren't approved by Paris until January and would not arrive until September. In June, the Intendant, desperate for money, took packs of playing cards, cut them into different shapes for different denominations, stamped them with a fleur-de-lis and ordered everyone to use it as real money until the boat came in. Money talk a no-no.

Many of us look at money today in the same way our Victorian predecessors regarded sex. We don't like to talk about it or confess that we enjoy it. That stranger you've just met may want to reveal all the intimate details of his personal life, but don't ask him how much he earned last year. You're likely to get cut off.

## A Chaplains Comment

peeves in this area are ones I enjoy; ones like: -hypocrisy is when a biblical illiterate tells you how the Bible just can't be useful. -hypocrisy is when someone who quit church at age 12 tells you all about how bad it is, just as if he knew what he was talking about; -hypocrisy is a lazy agnostic; -hypocrisy is selective morality based only on self-interest; -hypocrisy is sowing your wild oats each Saturday night and on Sunday morning praying for a crop failure.

The worst hypocrite of all, my friends, is the one who demands freedom for himself, freedom to be free of religious restraints, while at the same time by his manner and persuasion he limits the freedom of one who wishes to exercise his faith.

\* So all of this is a plea for fairness. It is an urging that we all try to see the other side of the story, remembering that people are far more important than our pet peeves or our spiritual laziness.

W.L. Howie, LCdr  
Esquimalt Lookout



Parsons tables are named after the Parsons School of Design in New York, where they were developed in the early 1930s.

**CNA TOTEM TIMES**

Published every second Thursday, with the kind permission of Colonel B.T. Burgess, Base Commander, CFB Comox. Second Class mail registration is 4098.

Editor: Gord Kruger (289)  
Assistant Editor: Brian Pultock, Loc 421  
Editorial Staff: Chris Hoyford, Bill Ewing, John Windish, Ole Johansen, Laurie Haines.  
Feature Writer & Cartoonist: Al Wilson (371)  
Advertising/Distribution Manager: Ken MacLean (275) or (338 5188)  
Photographers: Chris Hoster, John Windish  
Sports and Recreation: Earl Thompson (315)  
Proofreaders: Blanche Campbell, Joyce Taylor, Rhona Windish and Linda Whelen.  
Circulation: The Geneau Family 338 6215. In PMOs: by Rod Campbell (339 2045) & Scott Wallace (339 4491).  
Advertising: Nancy Lyons, 339-6092; Ken MacLean, 338-5188; Jo Sinclair, 339-3374.

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor and not necessarily those of the publication. In case of typographical error, no space charge for the erroneous item. "Advertising is an offer to sell and may be withdrawn at any time".  
Address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C. V0R 2K0.  
Printed in Courtenay, B.C. by Comox District Free Press



Did you know that even baby teeth require constant supervision? It is these first 20 teeth, which usually have appeared by 3 years of age, that are essential to jaw development and positioning of the permanent teeth.



**NANAIMO REALTY**  
576 England Ave.  
Courtenay, B.C.  
**334-3124**

**TELEX**  
**044-62541**

**MOVING YOUR FAMILY**  
A.E.L.PAGE  
C.C.  
Coast to Coast Real Estate Service

**Insurance Dept. For**  
**Life, Home-Owner,**  
**Rental, Marine & Auto -**  
**Your Interests**



1. **AN APPEALING 3 BEDROOM BUNGALOW** only 3 years old, 1144 sq. ft., fully fenced yard. Close to schools. \$35,900.  
ELIZABETH JOHNSTON RES: 335-0330



10. **COZY AND ATMOSPHERE OF SPACE** in this 2 bedroom home on 1/2 acre in Comox. Fireplace, fenced, and 10' x 12' shed for \$39,500.  
MAUREEN ARTHUR RES: 339-3674



15. **BEAUTIFULLY APPOINTED** three bedroom home in quiet residential area of Comox. Large landscaped lot.  
CHARLES ROBERTS RES: 339-4500



20. **COURTENAY** -- Maintenance free aluminum exterior, quality carpeting throughout are some of the features of this full basement 3 bedroom home. June 30th possession would be perfect. \$41,900. ALEX WIERELEYCHUK RES: 339-2872



2. **RELAX THIS SUMMER IN THIS SPECIAL HOME** -- 3 bedrooms up, ensuite, teak feature wall in living room. Large family room with franklin fireplace. Double paved driveway. Nicely landscaped price. \$51,500.  
LOIS MOEN RES: 338-6969



11. **FINE CRAFTSMANSHIP** and charming decor enhance this 3 bedroom executive home. 2 heatilator fireplaces, thermopane and 2 1/2 baths.  
ELIZABETH JOHNSTON RES: 335-0330



16. **EXECUTIVE HOME** -- 5 bedrooms, 2 baths, central Comox. 1248 sq. ft.  
BRUCE TRAINOR RES: 334-2785



21. **EXECUTIVE ACREAGE** -- 1526 sq. ft. plus garage. 2.3 acres in the trees. Two miles to downtown Courtenay.  
BRUCE TRAINOR RES: 334-2785



3. **DREAM HOME!!** You will love the spacious 4 bedroom home, 2 bathrooms, 2 fireplaces. Fully finished, 2 floors, large deck, double carport, also garage & storage. 80' x 380' landscaped freed lot. Semi-waterfront, air conditioned, need I go on!  
GORDON BLACKHALL RES: 338-8076



12. **ATTRACTIVE 3 bedroom basement home.** Top residential area of Comox. View lot. Garage. Paved driveway. \$52,900.  
JOHN CAMERON RES: 339-4353



17. **COMOX -- TRI-LEVEL 3 bedroom executive** type home overlooking Comox Bay and Glacier mountains. Dishwasher, garburator, built-in stove and oven. Low maintenance gardens. \$74,900.  
ARCHIE DICK RES: 339-3440



22. **LINDEN DRIVE, COMOX** -- Area of distinct homes this 3 bedroom home with 1 1/2 bathrooms and large kitchen is ideal for you. 2 fireplaces and finished family room with lots of development space available in the basement.  
TOM PROCTER RES: 339-2668



4. **ONLY \$42,900** -- In Courtenay, 1050 sq. ft. 3 bedroom upstairs home with superb finishing throughout. Also finished rec room, extra bedroom and second bathroom downstairs.  
TOM PROCTER RES: 339-2668



13. **COMOX** -- New three bedroom home. Choice location. 2 fireplaces, family room, 2 bathrooms. Luxurious carpeting.  
ARCHIE DICK RES: 339-3440  
CHARLES ROBERTS RES: 339-4500



18. **COMOX FAMILY HOME** over 1200 sq. ft. and full basement, 3 bedrooms up, 1 down, 2 baths, 2 fireplaces, rec room and games room. Excellent location. \$50,900.  
HARRY HOLLAND RES: 334-4875



23. **IMMACULATE COURTENAY HOME**, 2 bedrooms up, 2 down, (partially finished), 2 baths, large shade trees and full cement driveway. Only \$40,000.  
HARRY HOLLAND RES: 334-4875



5. **FOUR YEAR OLD 3 bedroom ranch style home.** Shake roof. Brick feature wall. Fireplace. Cleared 1/2 acre lot. \$39,500.  
JOHN CAMERON RES: 339-4353



14. **A LITTLE HOME FOR A LITTLE MONEY** but a lot of lot, 85' x 250'; 1 bedroom and additional accommodation in trailer with services. \$24,900.  
CY PECKNOLD RES: 334-3768



19. **BIG ENOUGH TO HOLD ALL LIFE'S TREASURES** -- small enough to fit your purse! Neat 3/4 basement, 4 bedroom home in city. \$42,500.  
CY PECKNOLD RES: 334-3768



24. **YOU CAN'T MASK QUALITY!** Quality construction and decor throughout in this 3 bedroom, fireplace, non basement home. Carport and storage attached. \$39,500.  
CY PECKNOLD RES: 334-3768



6. **MAKE MINE COUNTRY STYLE** -- \$33,900. COMFORTABLE 4 bedroom home on 1/2 acre lot. Adjacent lot freed in cedars also available for additional \$11,000. Financing available.  
CY PECKNOLD RES: 334-3768



**KNOWING WHO TO CONTACT IS HALF YOUR MOVE!**

**OUR BUSINESS BEGINS WITH YOU . . .**

**SIX GOOD REASONS TO BUY A HOME NOW.**

1. Selection is the best we have ever had - New Homes, Existing Homes, Farms and Acreages.
2. Mortgage money is readily available at the lowest interest rates in 2 years.
3. Construction costs are rising.
4. If you are trading or moving up or down, price difference is an important consideration.
5. Rents are on the rise.
6. At Nanaimo Realty - you get something more valuable than your money's worth - You get your time's worth.

**OUR TIME IS YOUR TIME -- CALL US!**



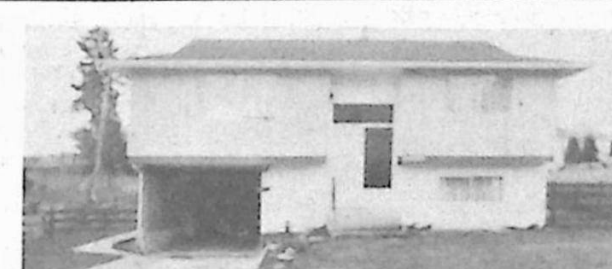
7. **BEAUTIFULLY MAINTAINED 3 bedroom home** in Comox. Fireplace and sliding patio doors off cozy family room. Parking for 2 cars plus boat, for \$48,000.  
MAUREEN ARTHUR RES: 339-3674



8. **SET AMIDST TREES AND SHRUBS** this 3 bedroom home is designed for the homemaker who likes a spacious kitchen and formal dining area. Many extras.  
TOM PROCTER RES: 339-2668



9. **BUNGALOW WITH NO STEPS** -- 3 bedrooms, 1 1/2 bathrooms and L-shaped living and dining room. Excellent location and heavily insulated to economize on fuel.  
TOM PROCTER RES: 339-2668



25. **COMOX** -- 4 bedroom basement home on a quiet street. Asking price \$39,500.  
MAVIS BONNELL RES: 339-3968



26. **IMMACULATE AND TASTEFULLY DECORATED** -- Full basement, 3 bedrooms. On a country size lot, 74' x 224'. Asking \$44,900.  
MAVIS BONNELL RES: 339-3968



27. **VERY ATTRACTIVE HOME** with a view of the ocean. Balcony, outdoor barbecue, storage shed, and sauna.  
JUDY STEIDL RES: 338-7390



28. **COURTENAY** -- Older home, 4 bedrooms up, living room, formal dining room, den, 1/2 basement, detached garage and storage. Large lot. Trees, gardens, lawns. \$46,500.  
ARCHIE DICK RES: 339-3440

# Sports Beat Comox . . .

## YBC Bowling

### Sailing Corner

BY JOHN MCKEE

It has been a few issues since the last article appeared in this corner, but with the arrival of better sailing weather and an increase in Club activity, items of interest to the sailing and boating enthusiast will appear more regularly.

The first keel boat cruising course of the year is now over and our compliments to the nine members and instructors who braved the bright brisk mornings of early February. By way of a graduation exercise, the CFSA was represented in the Comox Bay Champagne Cup race by the Tally-Ho and her crew of Frank Van Der Pryt, Chris Tuck, Al Butler and yours truly. It was a challenging 15-mile race around the Comox bar cone buoy, to Denman Point and Union Bay and a drive against wind and tide back into Comox harbour. An exciting race all the way on a very windy day!

Although our crew did not take the honours, they made a commendable showing and had a most enjoyable day. The day's activities culminated with a dance at D'Estere House where Sid Hall of the Comox Bay Yacht Club presented the winner John Fairley, skipper of the Lazy Duck, with the champagne.

Club activities are really picking up. The dinghies have been painted and the float refurbished for the start of dinghy sailing. The CF Sailing Association's Open House will be held on HMCS Quadra this Sunday, 23 April, starting at 1 p.m. The program will feature keelboat and dinghy sailing rides for the visitors, a boat show of members' boats and at the Club house there will be movies, slides and refreshments.

Beginning on 29 April, the Club will be holding dinghy sailing classes for members and their dependants who are

twelve years old or more. At five dollars the cost is very reasonable, so if you are interested in sailing or think your children may be, come on out to the Open House and let the members take you out sailing and tell you all about the Canadian Forces Sailing Association here in Comox. If you are interested in building your own sail boat, many of our members are experienced and are always willing to share their information on plans and techniques.

Hint: On cleaning and refinishing the bright work (teak and other hardwoods). After using a teak cleaner and a bronze or brass scrub pad to bring out the natural grain, the wood may be rubbed with teak oil or a 50 per cent mixture of boiled linseed oil and turpentine. The wood will be slightly darker, but will be well protected. Interior wood can be treated with lemon oil.

### PAC REGION SPORTS SCHEDULE FOR 1978-79

THE SCHEDULE FOR THE PAC REGION SPORTS HOSTING IS OUT FOR THE 1978-79 SPORTS YEAR.

AFTER HAVING HOSTED AN ABUNDANCE OF SPORTS LAST YEAR COMOX WILL HAVE A RELATIVELY EASY YEAR AS THEY ARE ONLY INVOLVED WITH HOSTING THREE.

GOLF	KAMLOOPS	24-26 July 78
TENNIS	CHILLIWACK	1-3 Aug 78
SOFTBALL (SB)	KAMLOOPS	9-11 Aug 78
SOFTBALL (LB)	KAMLOOPS	23-25 Aug 78
SOCCER	ESQUIMALT	29 Sept - 1 Oct 78
FLAGFOOTBALL	COMOX	26-27 Oct 78
BROOMBALL	COMOX	24-26 Jan 79
CURLING	CHILLIWACK	6-9 Feb 79
HOCKEY	CHILLIWACK	13-16 Feb 79
BADMINTON	ESQUIMALT	5-8 Mar 78
VOLLEYBALL	ESQUIMALT	22-23 Mar 79
BOWLING	COMOX	11-13 Dec 78
BASKETBALL	TBA	TBA
ATHLETIC INJURIES CLINIC	ESQUIMALT	2-3 Jun 78

### Up Earls Alley

Well, here we are in the thick of the Stanley Cup playoffs. The second round of the Annual Spring "Classic" has gotten underway and the teams to beat will be the Bruins, Canadians, Islanders and the Buffalo Sabres. Our poor old Leafs have had a fair season but they are not ready to be contenders yet. They steamrolled right over the L.A. Kings, but, their next rivals will not be so easy.

The Canadians are just playing along to help the other teams fill their respective rinks. They will win the Stanley Cup, again and again and again.... Their toughest competition should rest in the N.Y. Islanders, or perhaps the Boston Bruins. You fellow Leaf fans will just have to wait a while longer. We have waited 11 years, so what's another couple, eh?

The CFB Chatham hockey team are the new CF Forces Hockey Champions. They went through the entire round robin tournament, which was

held in Shearwater, unbeaten and then beat the host team CFB Shearwater 6-2 in the playoff. CFB Chilliwack ran into some tough times and ended up in third place.

The Comox Valley Minor Hockey Association are holding their Annual Meeting the 25th of April commencing at 1930 at the CFB Comox Base Theatre. It is from this Annual General Meeting that the 1978-79 executive will be selected or, I should say, voted in. These positions are very important and we hope that all you parents and supporters get out and attend.

According to a survey, the entire executive are stepping down after their one year stint and they will all be missed. They have all done a very commendable job and they will be hard to replace, but, as they say, "There is always someone else waiting to do the job," I hope....

The Base Softball team urgently require players, or, so I hear via the grape vine anyway. According to one of the local experts, the team is so bad that Earl the Pearl could make it. Let's face it, Kip, it can't be that bad, you've got Big honest Dave managing and you are getting new LACES....and the odd new ball and if you win a couple, some new Sou-Westerners.

With all this rain your uniforms could be designed in the form of an Oil Slicker. For you Westerners, that's a rain coat.

In all fairness to the team and their coaching staff, I am sure that Kip the Whip will have them really rolling along and they will be there when the Nationals roll around representing the Pac Region. Good luck Totems, and have a good season in the local Comox Valley Fastball League.

Friday the 14th of April was the awards night for the Bantams and Juniors divisions. The following awards were presented to the Bantam division:

High single: - Bonnie Dominie 228 and Peter Bourgeois 230; high double: - Susan Pokol 315 and Chris Everill 350; and high average: - Michele Maniak 131 and Michael Eddy 140.

League champions: Team No. 11 the Purples (Chris Everill, Heather Johnston, Chantal Lind and Andrea).

League Runner Up: Team No. 9 the Silvers (Michael Eddy, Donna Purcell, Lorill Hill and Bobby Purcell).

Play off Champions: Team No. 2 the Blues (Paul Windish, Cindy Hand, Brian Gunstone and Heather Turk).

The following awards were presented to the Junior division:

High single: - Helen Murray 285 and Ron McMahon 256; high double: - Shelley Dickins 490 and Pat Hudson 469; and high average: - Janet Jones 163 and Roc Lefort 156 and Albert Steele 156.

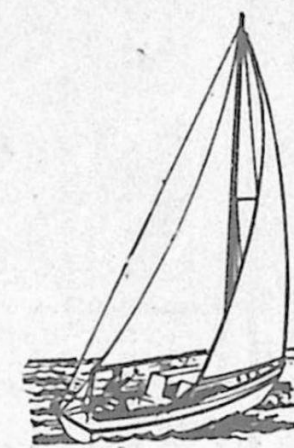
League Champion: Team No. 3 (Mark Surrette, Leanne Houston, Albert Steele, Debbie Ramsdale and Jody MacLennan).

League Runner Up: Team No. 1 (Linda Gunstone, Earl Scott, Patricia Stallard, Brian Turk and Pat Hudson).

Play off Champion: Team No. 9 (Janet Jones, Darren Lavigne, Gail Wiffen, Pam Long and Wally LeBlanc).



YANKEE GETS 1200 ... George "The Green" Hornet Scholer crosses the line to finish the first 1200 miles. The accomplishment makes him eligible for the C.A.F. Aerobic Excellence award ... The first yank to do this while on exchange in Canada. The "Lootenunt" and "Apollo the Greek" hold the tape.



### CANADIAN FORCES SAILING ASSOCIATION OPEN HOUSE HMCS QUADRA

23rd April - 1 p.m.  
Yawl Come - Take a Trip on a Sailing Ship with CFSA  
FAMILY - CLUB SAILING FOR EVERYONE

Information On:

- MEMBERSHIP
  - LEARNING TO SAIL
  - RACING
  - SAILING
- FILMS - REFRESHMENTS  
AN IN-THE-WATER SAILBOAT SHOW

**Misconduct:**

- No running.
- No walking.
- No exercise.
- No effort.
- Penalty — a shorter life.
- No argument.

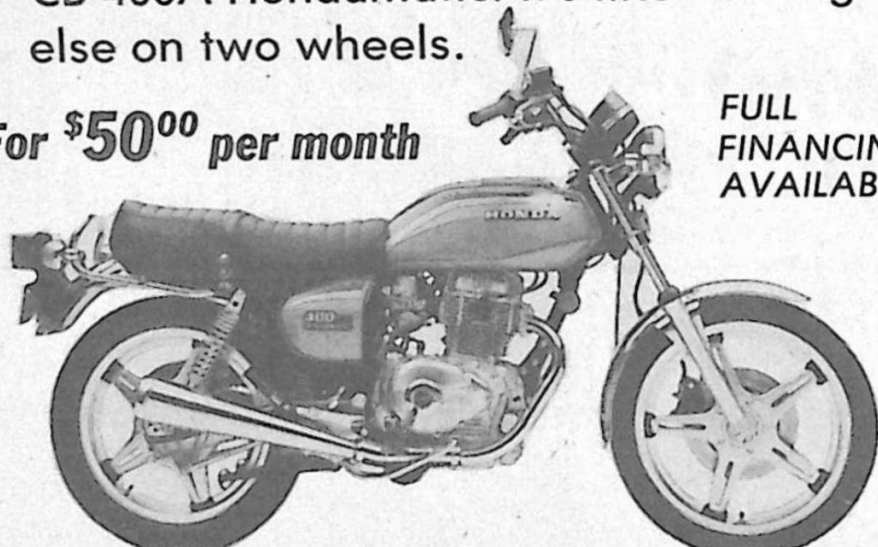
Fitness is fun. Try some.

## CB-400A

Motorcycling is easier than ever! The CB-400A Hondamatic. It's like nothing else on two wheels.

For \$50<sup>00</sup> per month

FULL FINANCING AVAILABLE



### HOLIDAY MOTORCYCLE CENTRE

3080B Comox Road, Courtenay, B.C.  
D.00153 PHONE 339-5574



### Listing Service

#### WE WILL SELL YOUR HOME

- We are constantly in contact with ready buyers.
- Our qualified personnel can fairly value your home.
- Your home is included in our advertising program.
- We arrange financing
- We display your home at our sales centre if you wish, at no additional fee
- We are registered and licensed with the B.C. Ministry of Consumer and Corporate Affairs.
- Famous Cypress service available
- All this at no cost until your home is sold

BUYING OR SELLING

GIVE US A CALL TO DISCUSS YOUR HOUSING NEEDS



Cypress HOMES

2 Miles South of Courtenay  
On The Island Highway  
Box 3396 - Phone 338-6716  
D.01069A

# Discount days at the service station

3¢ per gallon off our regular low price

discount days

APRIL 17-27-28

In spite of today's escalating price of gasoline, your Base Service Station is offering you a chance to save. For every gallon of gasoline we sell over and above what we sold last year we'll pass on a 3¢ per gallon savings to you.

Every few weeks you'll receive this bonus on what we're calling "Discount Days" at your Service Station. On Discount Days our pump prices will be lowered 3¢ below our normal low price of gasoline. The more you fill up at your station the more Discount Days we'll be able to offer you.

Let's get the snowball rolling! You can't go wrong! Watch for our future announcements for Discount Days!

# Prairie/Pac Region Skeet Championships



## Skeet Round-Up

CFB Comox hosted three Prairie Region Teams to an Invitational Skeet Championship at the Cumberland Skeet Rod & Gun Club the 14-15-16 April 78. Bases Cold Lake, Edmonton, and Penhold, plus shooters from Comox enjoyed the rain and wind to compete in three events. The home team managed a two target win in the 12 gauge 5-man team event with a total of 476 out of 500.

Major Gerry Kennedy of CFB Cold Lake was the straight shooter winning all three events to take the high overall plaque. The rain and wind tamed the Prairie shooters on Saturday but they managed some excellent scores on Sunday in the 410 and 28 gauge events.

The competition had a total of 63 entries, the largest number of competitors to compete in Skeet at the Cumberland Range.

The title of best "Sandbagger" of the tournament resulted in a tie so Capt. K.W. Ludlow of CFB Cold Lake and Ken Farrar of CFB Edmonton were declared co-winners.

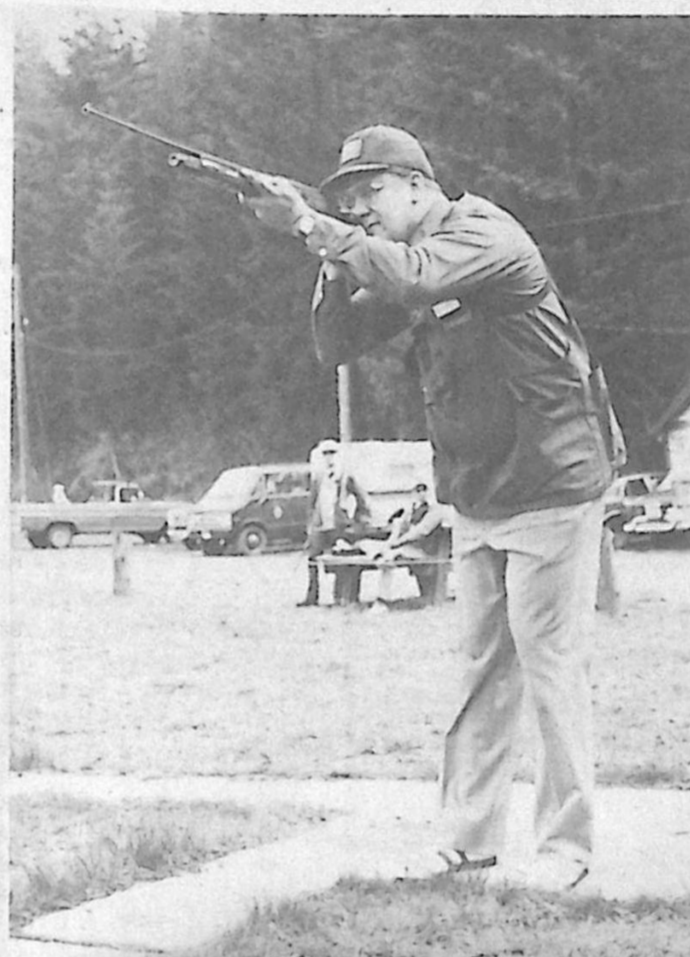
Awards for the various classes were presented at a sea food dinner by Lt. A.V. Ettinger, the BPERO of CFB Comox. The winners and their classes were:

TEAM CHAMPIONS were CUMBERLAND with Tom Thomsen 96, Chuck Cronmiller 93, Dave Coyne 97, Mike Pimley 96, Ed Eng 93.

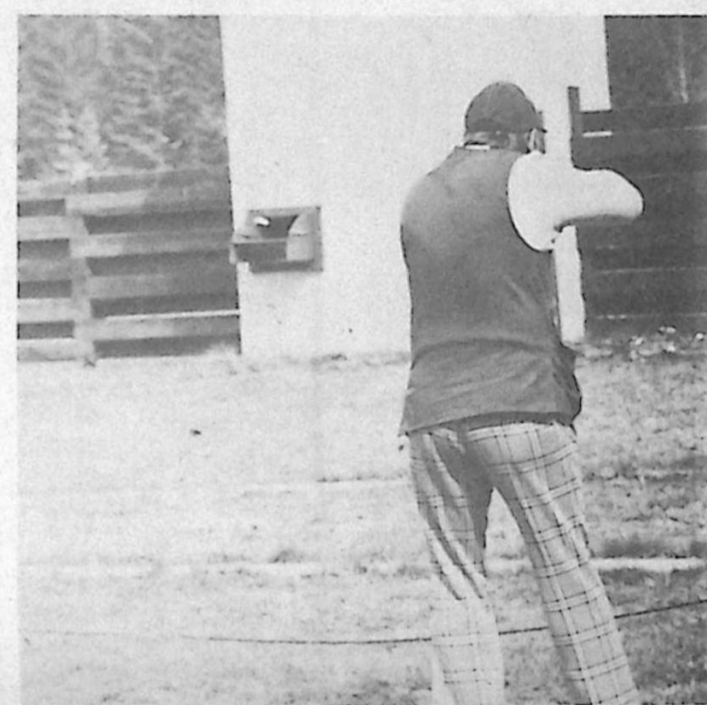
Hosford Photos

## 410 GAUGE

EVENT CHAMPION	Major Gerry Kennedy	Cold Lake	91
AA WINNER	Les Taylor	Edmonton	89
AA RUNNER-UP	Tom Thomsen	Cumberland	88
A WINNER	Dave Coyne	Comox	88
B WINNER	Ken Farrar	Edmonton	90
B RUNNER-UP	Dave Molloy	Comox	89
C WINNER	Bob Reid	Cold Lake	90
C RUNNER-UP	Loyd Lohnes	Comox	79



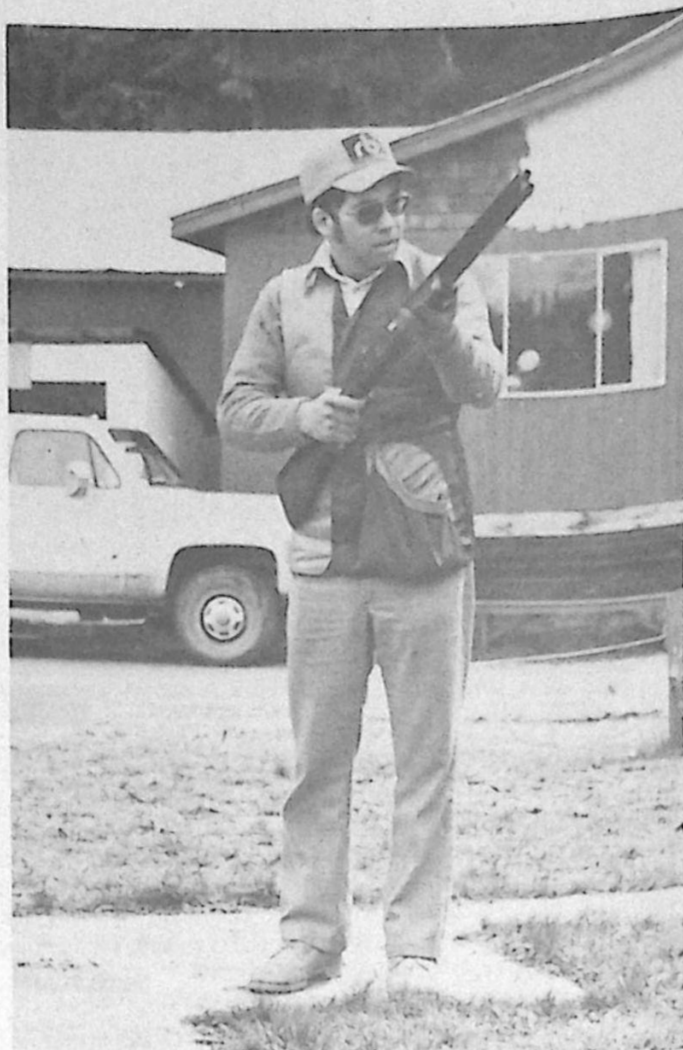
Ken Farrar



"Let us take men as they are, not as they ought to be." Franz Schubert

## 12 GAUGE

EVENT CHAMPION	MAJOR Gerry Kennedy	Cold Lake	99
A RUNNER-UP	John Barkmeyer	Penhold	96
A WINNER	Tom Thomsen	Cumberland	96
B WINNER	Bob Reid	Cold Lake	98
B RUNNER-UP	Ken Farrar	Edmonton	92
C WINNER	Dave Molloy	Comox	98
C RUNNER-UP	Capt. KW Ludlow	Cold Lake	96
D WINNER	Al Sinclair	Edmonton	90
D RUNNER-UP	Capt. M. Williams	Comox	87
E WINNER	Jim Tougas	Penhold	86



Ed Eng

## 28 GAUGE

EVENT CHAMPION	Major Gerry Kennedy	Cold Lake	91
AA WINNER	Dave Molloy	Comox	95
AA RUNNER-UP	Tom Thomsen	Cumberland	95
A WINNER	Ed Leblanc	Cold Lake	94
A RUNNER-UP	Bob Reid	Cold Lake	92
B WINNER	Capt. KW Ludlow	Cold Lake	95
B RUNNER-UP	Capt. K. Farrar	Edmonton	91
C WINNER	Bob Dallin	Edmonton	96
C RUNNER-UP	Bill Pimley	Victoria	85



Jerry Kennedy

**BOOGIEMAN'S**  
LICENCED  
**DISCO**

Phone 334-3354  
No. 90-5th St., Courtenay  
NEXT TO THE BRIDGE!  
Open Nightly 7 p.m. - 2 a.m.  
Appropriate Dress  
No Jeans Fri. & Sat.  
CLOSED SUNDAYS

### BOOGIEMAN'S DANCE CONTEST MONDAY, APRIL 24th

Prizes 1st, 2nd, 3rd  
COME OUT AND TRY YOUR  
BOOGIE SHOES

BOOGIEMAN NOW FEATURES A WIDE VARIETY OF DANCE MUSIC

## SERENDIPITY

Georgette Sinclair and Noel Smith are pleased to announce the opening of their New Store on Thursday, April 27th, at 5 p.m. in the Driftwood Mall

### LINGERIE and UNDERFASHIONS by

- WONDERBRA
- LINDA
- WARNERS
- CAROLYN
- DAISY FRESH
- BARDS
- GRENIER
- DARLING
- EXQUISITE FORM
- C & G
- HANES
- CAHILL
- CAMEO
- A.P.A.
- KAYSER
- MARJORIE HAMILTON
- VAN RAALTE
- LUTFY
- PERRI-ANN
- FAB-IND
- MONTELLE

10% OFF ON ALL STOCK  
27, 28, 29 APRIL

"Joan" from Vancouver will be with us on Saturday, 29th April to help you  
"Discover your own dimensions"

DRIFTWOOD MALL, COURTENAY, B.C.

PHONE 338-9311

# 431 Demo Sqn.



Marc Oulette  
Inner Rt. Wing



Gord Wallis  
Sqn. Cmdr.



Wayne Thompson  
Inner Left



Terry Hunt  
1st Line Astern

431 Air Demonstration Squadron "The Snowbirds" are now established as one of the world's foremost formation aerobatic display teams. They are renowned for loops and rolls performed in precise, overlapped formations, tightly choreographed with heart-stopping head-on crosses and twinkle rolls of the solos.



Joe Molnar  
2nd Line Astern

The show opens with nine jet aircraft weaving white smoke trails in their tiny red, white and blue Canadian Tutor jet aircrafts. For a change of pace, the Snowbirds break into elements of a seven plane formation and two solo aircrafts. The 28 minute performance is concluded as the team rejoins for a nine plane closing maneuver.



Keith Coulter  
Outer Right

The Snowbirds have been tasked with the performance of a formation aerobatic display to demonstrate to the Canadian public, the skills and proficiency of the Canadian Armed Forces. Many long and dedicated hours of practice were required for the polished performance, however, all team members demonstrate the basic skills which have become the hallmark of the Canadian Forces Training System. Whether representing sea, land or air elements, Canadian Forces men and women exhibit the same high degree of professionalism and expertise that the Snowbirds seek to exemplify.



John McNamara  
Outer Left

The Snowbirds were formed in 1971 at Canadian Forces Base Moose Jaw, Saskatchewan; to continue the tradition of aerial perfection established by such eminent predecessors as the Golden Hawks of the 1950's and the Golden Centennaires of 1967.



Gord DeJong  
Lead Solo

Since inception, the team has performed an average



Ray Hansford  
Opposing Solo



Stuart Morgan  
Coordinator



Yves Bosse  
Coordinator



of 75 demonstrations each season across North America including annual visits to Canada's north. In 1974 the Snowbirds became the first display team to perform within the Arctic Circle and in 1975 performed a unique midnight show in "The Land of the Midnight Sun."



**YOUTH CHANCE.** The wives of Det. 5 have found additional time on their hands and have decided to put it to use. Throughout the valley there are numerous volunteer agencies looking for help. One of which is the "Youth Chance Society" of Courtenay. Recently, they hosted a bake sale at Comox Mall to raise money to help support their group functions. The wives supported this effort by making cakes, cookies, and candies. Coleen Mayo, Joyce Keys, and Linda Witter were three of the ladies that were able to come out and help make the bake sale a complete success. If anyone is interested in learning more about "Youth Chance", call 338-9221. Left to Right: Coleen Mayo, Linda Witter, Joyce Keys.

## Lady Skyhawk

**FIRST FEMALE SKYHAWK:** Private G.E. (Gaye) Toupin, 21, of Gores Landing, Ont., will become



Gaye Toupin



Whenever your doctor prescribes a drug for you, tell him what other medication you are currently taking. When different drugs are taken at the same time, the interaction may alter the intended effects. Avoid the dangerous equation.

the first servicewoman in the Canadian Forces Skyhawks parachute jump team when they set off in May for the first of over 70 performances across Canada this year.

An administrative clerk in the base maintenance section at CFB Trenton, Ont., Private Toupin applied to be a member of this year's jump team and was accepted. She learned her parachute jumping skill as a civilian when she logged 360 jumps with the Gananogue, Ont. sky diving club.

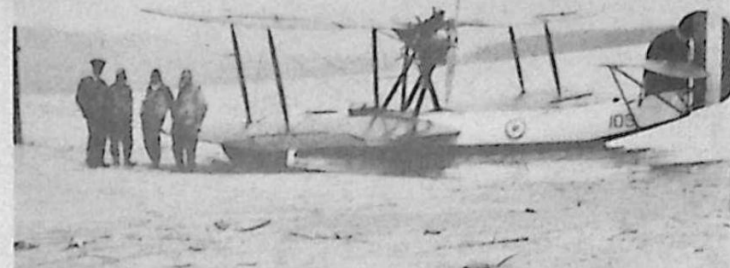
Currently Private Toupin, along with other members of the Skyhawks, is jumping daily at CFB Edmonton, to hone their routine before their

first appearance in Yellowknife, N.W.T. in mid-May. The team will rehearse about six weeks before their first show.

When asked what she thought about being the first female member of the team she said, "The Skyhawks are a very professional, well-trained group; the training standards are tough, and I'm expected to meet the same standards as the men."

Daughter of Mr. and Mrs. Phil Toupin of Gores Landing, Ont., Private Toupin joined the Canadian Forces in April, 1974. For the statistically minded, she is 21 years old, single, is 5 ft. 1 in. tall and weighs 110 lbs.

## Canadian Military Aircraft



The Vedette wore the alias of the "Flying Canoe" and was a workhorse of the early Royal Canadian Air Force.

It was the first aircraft designed and built by a Canadian company to meet Canadian specifications for Canadian conditions. It was an extremely graceful biplane flying-boat powered by an Armstrong-Siddeley 200 h.p. "Lynx" engine. Later versions were amphibious, equipped with wing slats for efficiency, and a Wright Whirlwind engine. The Vedette could carry a pilot and two passengers, one of whom was normally the aircraft mechanic.

The one failing of the Vedette was in the Lynx engine. It was prone to breaking a small spring-clip on the valves which would invariably strike the propeller. The spinning prop would fire the bit of broken metal outward at great force, usually causing damage to the wings or struts. Many a Vedette returned to home base with odd-looking patches as a result.

After RCAF use, those surviving the rugged duties and limited maintenance available, were sold to civilian bush-flying firms and laboured on.



**DRIFTWOOD MALL  
COURTENAY  
Ph. 338-7241**

**DAILY SPECIALS**

MONDAY  
TO  
SATURDAY

**OPEN FOR  
BREAKFAST**

Reg. Hours: Mon., Tues., Wed., Sat., 7 a.m. - 7:30 p.m.  
Thurs. and Fri., 7 a.m. - 9 p.m.  
Sunday, 8 a.m. - 2:30 p.m.

# 10 YEARS AGO THE TROOPS WENT SHOPPING

The troops went shopping in 1968 for a group insurance plan. They got the best deal going. NDHQ introduced it in 1969 and have made many improvements since that time to provide an even better deal for service personnel. The Servicemen's Income Security Insurance Plan offers excellent value regardless of AGE, RANK OR YEARS OF SERVICE.

### COVERAGE WHILE SERVING

#### DISABILITY BENEFITS

- Ensures a monthly income of at least 75% of your pay.
- Continued life insurance coverage on you and your dependents at no cost (for married members).
- Major Medical Benefits if not eligible for GSMIP.

#### DEATH BENEFITS

- A monthly income of 50% to 20% of your pay in addition to CFSA and CPP Benefits.
- Paid-up Life Insurance Certificates, \$10,000 for spouse, \$1000 each dependent child.
- Major Medical Benefits for dependents if not eligible for GSMIP.

#### DEPENDENT LIFE INSURANCE

- \$10,000 spouse.
- \$1000 each dependent child.

#### OPTIONAL INSURANCE WHEN RELEASED

- Post Retirement Continuation Plan (Term insurance at group premium rates).
- Conversion to individual policies (for members and dependents) - substantial amounts of life insurance without evidence of insurability.

Single members are eligible only for Long Term Disability coverage.

### LOW COST

<b>SINGLE COVERAGE</b> — 0.125% of pay.	
<b>MARRIED COVERAGE</b> —	
under age 25	0.975% of pay
25 to 29	1.025% of pay
30 to 34	1.125% of pay
35 to 39	1.225% of pay
40 to 44	1.525% of pay
45 to 49	1.825% of pay
50 and over	2.075% of pay

### EXAMPLES

(\$1.25 per \$1000 pay)
(\$ 9.75 per \$1000 pay)
(\$10.25 per \$1000 pay)
(\$11.25 per \$1000 pay)
(\$12.25 per \$1000 pay)
(\$15.25 per \$1000 pay)
(\$18.25 per \$1000 pay)
(\$20.75 per \$1000 pay)

In addition the government contributes 0.125% for each member.

### MEMBERSHIP IS VOLUNTARY

NOW THERE ARE OVER 40,000 PARTICIPANTS AND THE NUMBERS ARE GROWING DAILY.

For further information on SISIP or details on how to join contact your Pensions and Insurance Co-Ordinator . . .

**CAPT. LANGLAIS at LOC. 353**

**BOB'S TOWING**  
and  
**BOB'S VALLEY SERVICE**

Chevron Dealer Radio Controlled

**24 HR. SERVICE**  
CALL 334-4124  
After Hours 334-4967  
SERVING THE COMOX VALLEY  
ANYWHERE - ANYTIME - ANY SIZE  
260 Island Hwy. N., Courtenay

**ANTONIO'S AUTO CENTRE LTD.**  
With everyday low tire prices.

**BARGAIN**  
**BRAKES - 20% DISCOUNT ON PARTS & LABOUR**

**BARGAIN**  
**MUFFLERS**  
"Carline" installed FREE with purchase Lifetime Warranty

**ANTONIOS AUTO CENTRE**  
Uniroyal and Bridgestone Tires  
Carline Mufflers & Pipe  
780 Cumberland Rd., Courtenay  
Phone 334-2414

UNIROYAL CHARGE VISA

**THE "MARINER" and "SEASCAPE" APARTMENTS**  
Comox Avenue, Comox  
(Next to the Hospital)

**PLUS** - Free transportation to shopping centre and return for senior citizens and tenants without auto.

**1 BEDROOM SUITES** . . . . . from \$150<sup>00</sup>  
**2 BEDROOM SUITES** . . . . . from \$210<sup>00</sup>

- OCEAN & MOUNTAIN VIEW
- W.W. CARPETING
- DRAPES
- STOVE & FRIDGE
- FREE CABLEVISION
- INDIVIDUAL SUNDECKS
- LAUNDRY ROOM EA. FLOOR
- LOCKER ROOM EA. FLOOR
- CONTROLLED ENTRANCE
- AMPLE PARKING
- ELEVATOR
- RESIDENT MANAGERS

For Appointment To View —  
Phone 339-5417 or 339-5309

**At the Top of the Hill**  
**COURTENAY CHRYSLER PLYMOUTH**  
**(1970) SALES LTD.**

TOP QUALITY Dealer Lic. 10884 TOP QUALITY

★ — VOLARE — ASPEN — ★  
"GAR OF THE YEAR" AWARD WINNER

**DODGE TRUCKS - PICK-UPS**  
**- VANS - WAGONS**

**CHECK AUTO-CLUB PRICES AND THEN SEE US**

Bank Financing available on approved credit.

Top Quality USED CARS

# Games Update — To Save A Life — Accent on Motorcycle Safety

EDMONTON — Everybody who watched the Olympic events in Montreal on the "boob tube" was probably impressed with the amount of, and quality of television coverage notwithstanding ABC's Howard Cosell.

Well, coverage for the Commonwealth Games slated for Edmonton August 3-12, 1978 will not be quite as exotic (U.S. television networks will be involved this time around) but will nevertheless be extensive.

CBC was the Games' choice for Host Broadcaster. Its job will be to provide full color electronic facilities for 20 television countries and

services for 35 radio countries throughout the Commonwealth representing a potential audience of 500 million people.

During the Commonwealth Games held in Jamaica (1966), CBC sent down over 200 broadcast people to cover the event prompting one wag to suggest that the Games should have been billed as "Commonwealth countries versus the CBC".

In response to this unkind cut, CBC officials were quick to point out that they need a lot of people because they have the responsibility for coverage of Canada in

English and French for both radio and television.

This time more than 350 CBC employees from stations across Canada will join the special project team next July. And according to CBC vice president Don McPherson, Games coverage will be "our second biggest job, next to the Montreal Olympics. At Montreal we did use some equipment and manpower from outside the industry. Edmonton will be our largest exclusively CBC task to date."

For the 1978 Games, all ten official sports and the demonstration sport (lacrosse) will be covered electronically (as opposed to film) for television. This will require ten mobile units, 45 color cameras and 35 videotape recorders. For radio and television commentators, more than 100 mini-consoles with microphones will be provided at the venues.

All mobile units will transmit to a Broadcast Centre, with six television and ten radio studios located in downtown Edmonton. In the centre, each of the rights-holding broadcasters will be able to produce or "package"

its own program for its own country. A 60-minute video taped summary of each day's highlights will also be available to rights-holders. Broadcast organizations without rights will be permitted to extract three, three-minute news items from each CBC daily summary.

As Host Broadcaster, CBC is obliged to broadcast live over its French and English television networks a minimum of eight hours each day of the Games. Radio coverage will also be provided throughout the day on both French and English networks.

Outside the country, Radio Canada International will report the Games to the world in eleven languages. Total financing allotted to the CBC by the federal government for Games' coverage is \$8 million.

So, next summer, if you want to watch television coverage of Commonwealth Games track and field events, uninterrupted by the dulcet tones of Howard Cosell, tune in to your friendly CBC-TV station, sit back, relax and enjoy.



THE SLALOM COURSE demands balance, manoeuverability and control. The emphasis is on becoming a trained specialist in recognizing and avoiding collisions.



"UNDER THE WATCHFUL EYES OF BRIAN LOWES AND DORIS NYBERG of the professional driving centre, members of the base motorcycle club qualify as instructors for the CSC Motorcycle Safety course."

It's Spring again and safety accent shifts to summertime pursuits. The Base Motorcycle Club, under the direction of MCpl. Mike Anderson, has been busy arranging for the first Motorcycle Safety Training Course of the season.

The format for Motorcycle Safety Training in Canada was developed by the Canada Safety Council. It features a combination of classroom instruction and practical rider training on the bikes. The instructors are monitored by the Professional Driving Centre in Vancouver, who ensure that the course content and the quality of instruction is consistent with the Canada Safety Council Standards.

The local club now has trained instructors, pylons, ramps and the blessing of the Base Commander. In the future, this course is expected to be made a compulsory requirement to drive your motorcycle on the Base, similar to the DDC programme.

The first course is scheduled for Wednesday and Thursday, 26 and 27 April, from 0800-1630 hours. There is no cost for military or civilian Base employees and the only requirements are a helmet, gloves, eye protection, a motorcycle and a desire to learn how to save your life!

Mike offers his personal guarantee that no matter how many years you have been riding, you can and will learn something invaluable.

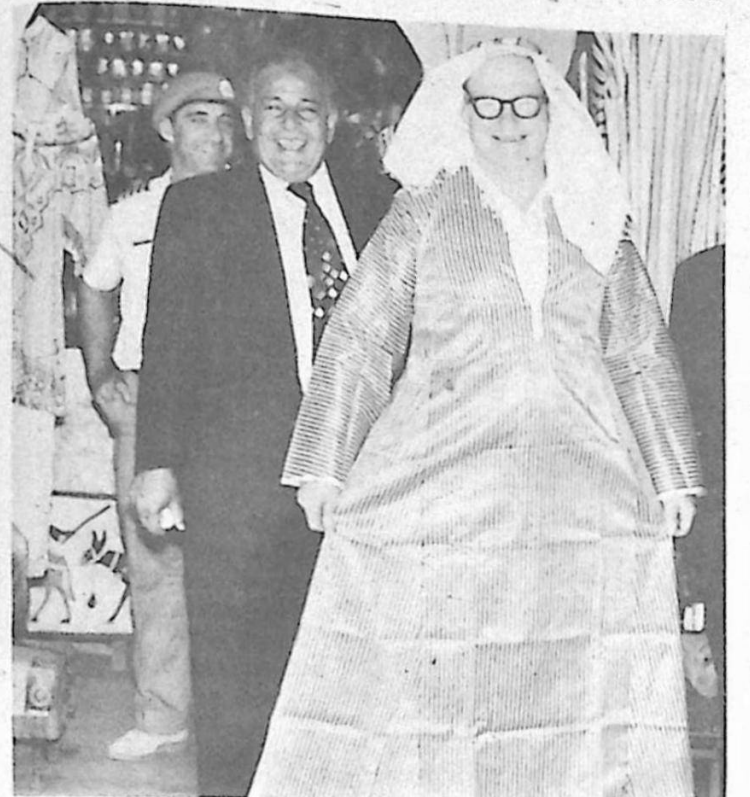
For further information, contact MCpl. Mike Anderson or MCpl. Gary Stegman at VU33 Squadron - Local 240 or 500. They will arrange with your section to ensure your attendance.

Safety Sam.

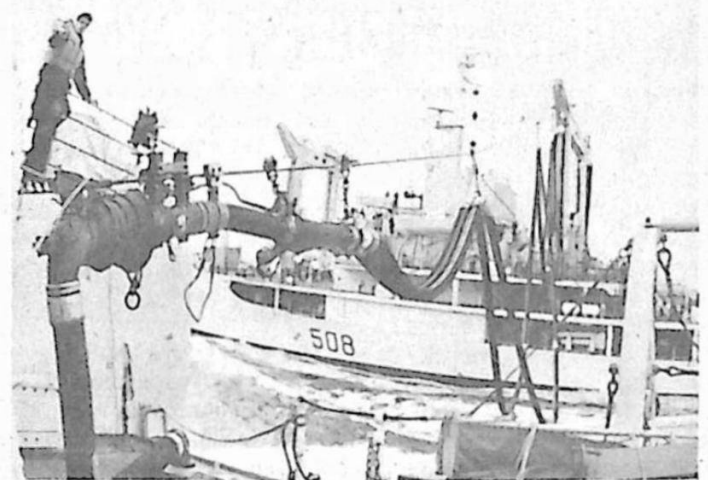


Did you know that you must ride your bicycle for 45 minutes to burn the calories contained in a simple piece of apple pie?

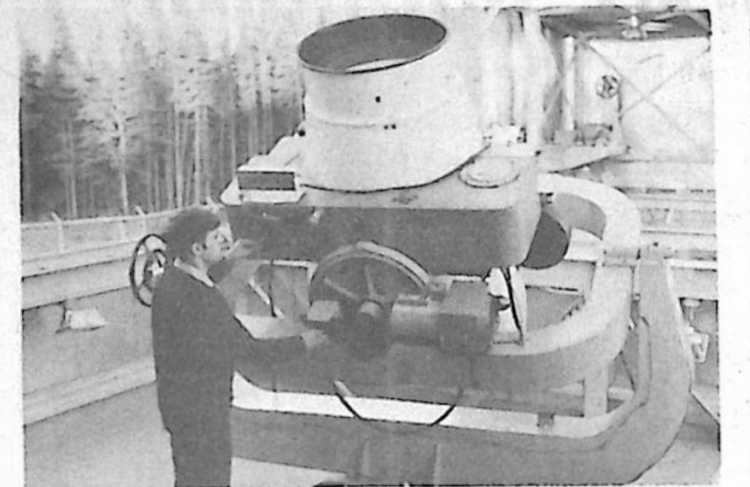
## New Summer Uniform?



REAR ADMIRAL JOHN ALLAN, associate assistant deputy minister, materiel, tries on an Arab-style outfit during his visit with the Canadian Contingent, United Nations Middle East, in Ismailia, Egypt. During his visit to the Middle East, March 8 to 15, RAdm Allan visited members of the contingent in Ismailia, El Tasa in the Sinai Desert and the Canadian logistics company on the Golan Heights on the border between Syria and Israel. The admiral also spent one day with the Canadian Contingent, United Nations Force in Cyprus. Assisting the admiral are: Mr. Latiff, an Egyptian entrepreneur who owns a number of concessions near the Canadian camp, and Colonel R.H. Annis, deputy commander of the contingent.



REPLENISHMENT AT SEA through a fish-eye lens. HMCS Restigouche of the Esquimalt-based 2nd Canadian Destroyer Squadron receives a refueling in mid-Pacific from Maritime Forces Pacific support ship HMCS Provider. The fuel oil is carried in a hose suspended from a span wire from the top of Provider's "goal post" and served in-board in the destroyer. The two warships and a second squadron destroyer (background) HMCS Kootenay are currently on a lengthy operational deployment in the Southwest Pacific. They return home May 5th.



PRIVATE JAMES THOMAS, 19, of Windsor, Ont., carries out a system check of the Baker-Nunn spacewatch camera at St. Margaret's, near Chatham, N.B. Part of NORAD's Satellite Detection and Tracking system, this powerful optical sensor can spot a basketball-sized object out to 20,000 miles. (CANADIAN FORCES PHOTO).



NERVE CENTRE - The National Defence Operations Centre (NDOC) co-ordinates military operations such as "Morning Light", the recovery of debris from the Soviet Cosmos 954 satellite.

**POSTED**  
Call Collect or write for information on:

- Homes
- Lots
- Acreages
- CANADA WIDE FIND A HOME SERVICE

**TOM PROCTER**  
RCAF/CAF Retired  
• Your Listings Solicited for courtesy and prompt action call

**TOM PROCTER**  
NANAIMO REALTY (Courtenay) Office 334-3124 Residence 339-2668

**DO YOU NEED A PERSONAL LOAN?**

SEE US .....

The First Canadian Bank  
**Bank of Montreal**

585 ENGLAND AVENUE  
COURTENAY, B.C.  
334-3181

**Screen shot**  
The illness you'll never see coming. Get in shape — and don't give the enemy a big target.

Fitness is fun. Try some.

**SCREEN SHOT PARTICIPATION**

**MORTGAGE FUNDS AVAILABLE**

RE-MORTGAGE OR PURCHASE FROM 9% - 90% OF VALUE

**N. H. DAINARD**  
LAKEVIEW MANAGEMENT

No. 1 - 215 Sixth St., Courtenay, B.C. 338-5379

**VALLEY HOME IMPROVEMENTS**  
SERVING NORTHERN VANCOUVER ISLAND

- REMODELLING CONSULTANTS
- CUSTOM STUCCOING

301 Puntledge Rd., Courtenay, B.C.  
**338-8821**

**"WE HAVE EVERYTHING FOR THE BUILDER"**

**CENTRAL BUILDERS' SUPPLY LTD.**

Foot of Sixth Street  
COURTENAY, B.C.  
PHONE 334-4416

**NO WORK REQUESTS**

Accepted By GE Except For: Emergencies on Priority Items

**GEMIS COMPUTER INSTALLATION**

**DON'T CALL US WE'LL CALL YOU?**

**the co-operators**

CO-OPERATIVE LIFE INSURANCE CO.  
CO-OPERATIVE FIRE & CASUALTY CO.

As your local representative for "The Co-operators", I will be pleased to assist you with your insurance needs. ....

**FIRE & CASUALTY TRAVEL INSURANCE TRAVEL TRAILER BOAT INSURANCE LIFE INSURANCE and MORTGAGE PROTECTION**

FOR INFORMATION CONTACT **ALAN PASMORE**  
Bus. 338-5912 Res. 339-5978

OFFICES LOCATED AT:  
551-6th St., Courtenay, B.C.

**Comox Valley Ford RENTAL Cars and Trucks**

Mavericks, Comets, Pintos  
1-Ton Furniture Van  
¾-Ton Pick-up  
Club Wagon

SALES, SERVICE & RENTALS  
OPEN 8 a.m. - 9 p.m. Mon. to Sat.

**For Daily Rental Call 334-3733**

**COMOX VALLEY FORD SALES LTD.**

Your Local Ford and Mercury Dealer  
360 N. Island Highway, Courtenay, B.C.  
Phone 334-3161  
MOTOR DEALER LICENCE NO. 5028

**CNI MORTGAGE INSURANCE**

ARRANGE A SINGLE OR JOINT LIFE PLAN WITH THE INSURANCE CONSULTANTS

**DICK MERRICK**  
B. COMM

**JIM THOMSON**  
C.L.U.

AT  
**COMOX VALLEY INSURANCE SERVICE LTD.**  
467 Cumberland Rd., Courtenay Phone 334-3195

# Totem On The Road . . . . .

## Variety '78

The stages are set and the curtain is about to go up on the Totem Little Theatre's production of "Totem on the Road - Variety 78".

This year's show, under producer-director Paul Kozak, is truly a variety troop with almost everyone in the company both performing, and in addition, taking care of all those many back stage and front office chores.

"Variety 78" is a fast moving kaleidoscope of comedy, music and fun with laughs and song for everybody. The show, of course, being a road show, is completely transportable including sets. Most of the writing has been done by members of the company with Paul Kozak and Dick Borys as the main writers. Their approach to all facets of the production is refreshing and enjoyable.

I promised an in-depth look at "Variety 78" in the last issue of the Totem Times. The show is in two halves and the best place to start, of course, is Act One, Scene One. This year's show opens on a contemporary theme with Instrumental Selections by the Reichl Trio who have performed in different centres throughout B.C. Chris Crosby, an accomplished balladeer with a smooth style and excellent repertoire, is back again this year.

To put a smile on your face, Pete Witter and Paul Kozak will give a view of Big DADA Amin at the Commonwealth Games. Then to chill and thrill you, the Unknown Knife Thrower will try not to make a pin cushion out of his lovely assistant, Lorna Borys. To provide a bit of a family songfest, Paul Kozak and Chris Crosby will be joined by eight-year-old Kim Kozak. Pete Witter, Comox's answer to Richard Pryor, will bring laughter with his impersonations.

To end the first half, Lori Smith gives a truly sensational rendition of the theme from A Star is Born, "Evergreen". Brent Hart's piano accompaniment throughout the show is great. Brent has played to many full houses in Vancouver. Doug McQueen is your MC for this first half full of fun and all around good entertainment.

The rest of the Road Runners, as the show's company have named themselves, join the cast for the second half. The Road Runners not already named include Dick Borys, Gary Flath, Kip

Caudry, Jackie James, Doug McQueen, Dave Oliphant and Glenn Rowe.

Act Two is a Flashback and recalls many memories, for those of you who were there, and make the rest of us wish we had been part of the military entertainment troop (used to be a trade) during the Second Great War. This part of the show, shows the trials, tribulations and experiences they had. The ever popular Can Can introduces this half and is performed by the show's chorus line, the Totem Trippers.

The Trippers' choreography is under the direction of Nonie Ireland. We meet some of the famous stars of the time also, including the famous Mae (Jackie James) West who is given quite a sales pitch by a slightly confused insurance salesman.

The Totem Trippers will then charleston on down to the Montmart in Paris where the wily Pete (the Arab) Witter bargains his wares to Nonie Ireland. Members of the cast then meet some of the more famous troopers of the era including Bob Hope and Vera Lynn. The chorus line then shows their versatility with "The Mexican Hat Dance". Finally the Repatriation Parade inspected by none others than the world famous "Whistlers". The Totem Trippers, as is fitting a road show, close the production with the "Can Can".

The company has been rehearsing and working numerous hours to get the show ready to go on the "Road" to Holberg on 30 April, on to Chilliwack 2 May and then back to Comox on 4 and 5 May.

The Totem Little Theatre is made up of military personnel and their dependents, both Canadian Forces and United States Air Force and although amateurs they may be, their performance is anything but. As far as the group knows this is the first time a military troop has been gathered and actually gone on the road in Canada since World War II.

Their hard work and excellent performance certainly deserves the support we can give it. Tickets are available at Canex, any one of the messes or from a member of the cast. (Dependents under 12 accompanying their parents will be admitted free). The show is sure to be a sellout so don't wait to pick up your tickets - "Best of luck, Totem on the Road - Variety 78".



LORNA BORYS braves the skills (?) of the unknown knife thrower!



BIG DADDY - Peter (Idi Amin) Witter is interviewed by local reporter (Paul Kozak) from his favorite position.

## SERVICE DIRECTORY

Use your local businesses to save time and money

### CENTRAL MEATS LTD. (1975)

491 Fifth Street, Courtenay, B.C.  
Phone 334-4921

GUARANTEED HIGH QUALITY AND PROMPT SERVICE

*Low Prices*

### MOHAWK COURTENAY SERVICE

2350 Cliffe Avenue



- ★ Quality Tires
- ★ Quality Service
- ★ Qualified Mechanic on duty 8 - 5

OPEN 24 HOURS

*Courtenay Florist*



Two Locations To Serve You:  
238 - 5th St. and Driftwood Mall PHONE 338-6736

### TAYCO PAVING CO. LTD.

867 FIFTH ST., COURTENAY, B.C.

PAVING CONTRACTORS

- INDUSTRIAL
- COMMERCIAL
- RESIDENTIAL
- MUNICIPAL

Phone 338-7251

### CATHAY RESORT

KYE BAY R. R. 1, COMOX

Phone 339-2921

New fully equipped large 2-bedroom family units Daily, Weekly and Monthly Rates

Owners: BETTE & DOUG HANDEL

### QUALITY BICYCLES

PARTS AND ACCESSORIES COST LESS AT THE

### PEDAL PUSHER

168 Fifth St. 334-4548  
CHANGE • MASTER CHARGE • TRADES

### CAMELOT ENTERPRISES (1975) LTD.

CONSTRUCTION - BUILDING MAINTENANCE  
CONCRETE WORK - BUILDING RENOVATIONS  
JANITORIAL SERVICE

R.R. 1, Comox 339-3596

### KING'S PIANOS & ORGANS

Factory To You

- ★ HEINTZMAN PIANOS
- ★ HAMMOND ORGANS
- PRICES THE SAME CANADA WIDE
- USED PIANOS AND ORGANS
- LARGE SELECTION OF MUSIC

DRIFTWOOD MALL, Courtenay 338-5662

### Westwood Homes

Build Your Own Home and Get FREE ADVICE from a Professional Builder. Or we build for you if required.

ART COLLINS CONSTRUCTION  
1601 Oak Place, Courtenay, B.C. 334-2307

### BAYVIEW COLOR CENTRE

3080 Comox Rd. Courtenay B.C. 339-3711

(Next to Animal Hospital)

SERVING THE COMOX VALLEY WITH SHERWIN-WILLIAMS, BAPCO PAINTS AND OLYMPIC STAINS. Come in and see our large selection of Wallpaper Books

SERVICEMEN AND FAMILIES WELCOME AT

### CHELTENHAM COURT MOTEL

COURTESY • CLEANLINESS • COLOR T.V.  
994 Gorge Rd. West Phone (604) 385-9559  
Corner of Gorge & Admirals Rds. Victoria, B.C.  
CLOSE TO C.F.B. ESQUIMALT

TELEPHONE 338-8200

### OK TIRE STORES

OUR TIRES GO AROUND WITH THE NICEST PEOPLE

971 CUMBERLAND ROAD COURTENAY, B.C.

WAYNE ANDERSON

COURTENAY-COMOX TRAVEL SERVICE LTD.

WE MOVED ON MARCH 31st TO 495-C SIXTH ST.

Beside B.C. Hydro DROP IN AND SEE US

338-5421 334-4522

### JJ's Fashion Flair Ltd.

LADIES' WEAR YOUR PERSONAL SERVICE STORE

"LINDA DRESSES" Sizes 7 thru 24 "PANT SUITS By THIRD DIMENSION" Sizes 7 thru 20

ALTERATIONS DONE ON PREMISES  
1832 Comox Ave., Comox Phone 339-4445

### COMOX HARDWARE LTD.

A COMPLETE LINE OF HARDWARE, PAINT, APPLIANCES AND FISHING TACKLE

IN THE SHOPPING CENTRE 339-2911

### MEL'S HOBBY CENTRE

COMOX SHOPPING MALL PHONE 339-4033

### COMOX BUILDERS CENTRE LTD.

554 Anderton Road, Comox, B.C. We offer a good, general selection of lumber, building supplies and hardware. BUT Our Specialty is Service

Saws Sharpened Hours - 7:30 a.m. - 5:30 p.m. Drop in and see us or PHONE 339-2207

### A COMPLETE LINE OF KITCHEN & DINING WARE



Driftwood Mall, Courtenay, B.C.

COFFEE TEA SPICES

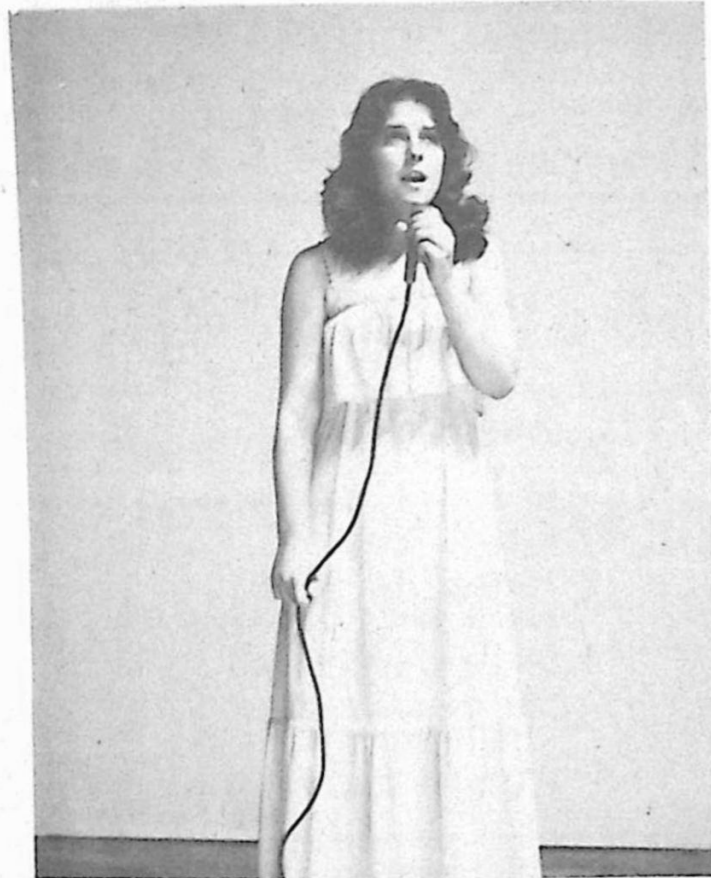
338-7111

### House of Dogs BOARDING KENNEL

DOGS & CATS PROFESSIONAL GROOMING - ALL BREEDS

Heated Kennels - Under-Floor Heated Bedding Area Large, New 18-ft. Individual Runs SANITARY CONCRETE BLOCK CONSTRUCTION VISITORS' INSPECTION WELCOME

Don & Joyce Thomas RR1 Anderton Rd., Comox Phone 339-2955



TOTEM ON THE ROAD - Lori Smith is featured in "Evergreen", and brings back memories of Vera Lynn.

Photos

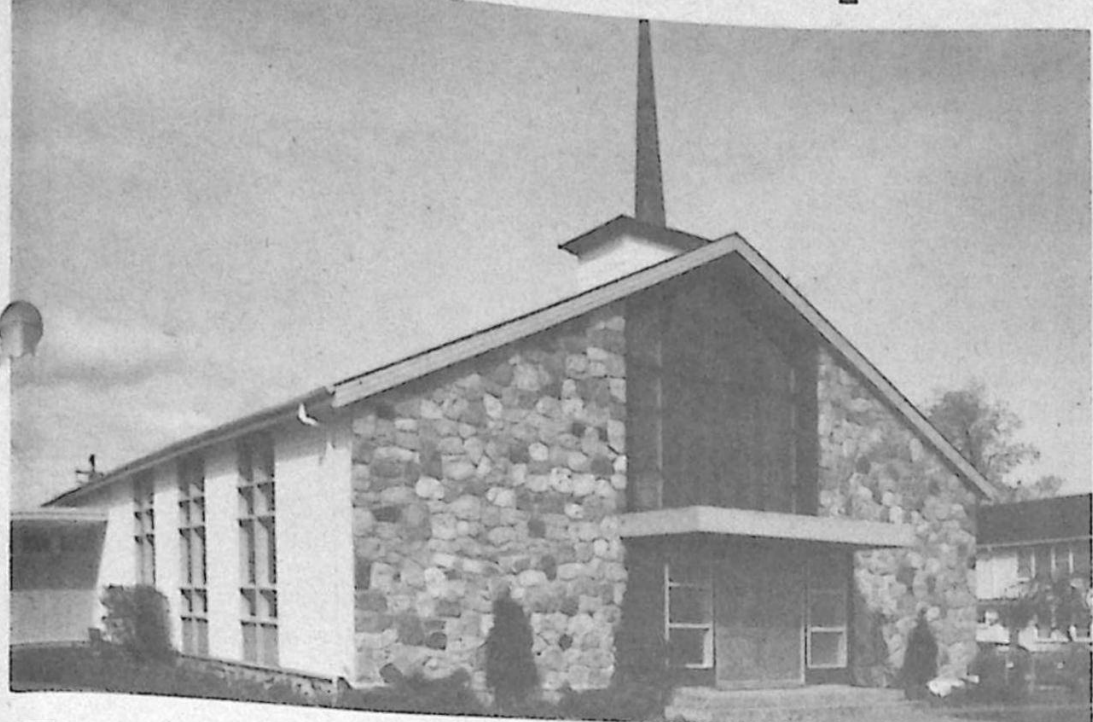
by

Peter Witter



A medical journal recently described fathers-to-be who experience morning sickness, dizziness, craving for exotic food - and even labor pains.

# Protestant Chapel



## Family Month Starts With Naming Day

It is always a great event in the life of a family when a name is given.

On April 30 at 11:00 hours, the Protestant Chapel at CFB Comox (Wallace Gardens) will be officially named St. Michael and All Angels Chapel.

The ceremony will be marked with the unveiling of a new exterior sign adorned with a wood carving of St. Michael and angels. The sign is the work of Padre Frank Henderson, the first chaplain to serve at RCAF Station, Comox in 1944.

Other officiating clergy include Brigadier General

Colin Nickerson MC, CD, the Chaplain General of the Canadian Forces and Colonel S.M. Parkhouse, CD, the Command Chaplain of Air Command. Major D.L. Martin, CD, who retired as Base Chaplain last year, has been invited to assist the present Base Chaplain, Major L.R. Coleman, CD, and Captain C.D. Patey.

A Fly Past salute will be followed by a service which will include the dedication of the new organ in the Chapel.

Immediately following the service, a garden party luncheon is planned for the

congregation on the Chapel grounds.

Former members of the Chapel family who reside in the area are cordially invited to attend on this occasion to meet old friends and share a time of fellowship with the present Chapel congregation. As May has been designated as Family Month, the Naming Day ceremonies present an ideal opportunity for families to start the month in an atmosphere of family.

Former choir members are being sought by the director, Walter Yeomans (339-4039) to rejoin the choir for this special occasion.

## PMQ Preamble

Many of you know Rusty Rutherford, the one who was mainly responsible for getting the BTO their present building, and the one involved in numerous community activities. Well, Rusty needs help. The Cub Scouts and Beavers need volunteers for their group committees, no experience needed. Also they are in desperate need of a treasurer and secretary,

again, no experience needed; it would take only a few hours a month. This would be an ideal time for some of us to repay Rusty for the hard work he has done for us and our community. Please call him at 339-5106 or local 311. Any help at all would be appreciated.

BTO - The BTO car wash was very successful. The BTO

would like to thank all those people who had their cars washed and waxed by them.

The BTO is still looking for tables and all kinds of furniture. So if you have some furniture that you would like to donate, the BTO would sure like to have it. Mr. K. Jacques from C.E. Section won the clock radio that was raffled off by the BTO.

# Serviceman's Wife

A serviceman's wife is mostly girl. But there are times, such as when her husband is away and she is mowing the lawn or fixing a flat tire on a youngster's bike, that she begins to suspect she is also a boy.

She usually comes in three sizes: petite, plump and pregnant. During the early years of her marriage it is often hard to determine which size is her normal one.

She has babies all over the world and measures time in terms of places as other women do in years.

"It was at Whitehorse that we all had the mumps...in Germany Dan was promoted..."

At least one of her babies was born or a move was accomplished while she was alone. This causes her to suspect a secret pact between her husband and the army providing for a man to be overseas or on temporary duty at times such as these. A serviceman's wife is

international. She may be a Prairie girl, a French mademoiselle, an Indian princess or a Maritime nurse. When discussing service problems, they all speak the same language.

She can be a great actress. To heartbroken children at posting time, she gives an Academy Award performance! "Wainwright is going to be such fun. I heard they have Indian Reservations...and gophers and more gophers." But her heart is breaking with theirs. She wonders if this Service life is worth the sacrifice.

An ideal serviceman's wife has the patience of an angel, the flexibility of putty, the wisdom of a scholar and the stamina of a horse. If she dislikes money, it helps. She is sentimental, carrying her memories with her in an old barrack box.

She often cries at parades without knowing why. She is a dreamer when she

vows: "We'll never move again".

An optimist: "The next place will be better."

A realist: "Oh well, as long as we are together." One might say she is a bigamist sharing her husband with a demanding entity called "duty". When duty calls, she becomes No. 2 wife. Until she accepts this fact, her life can be miserable.

She is, above all, a woman who married a soldier who offered her the permanency of a gypsy, the miseries of loneliness, the frustration of conformity and the security of love.

Sitting among her packing boxes with squabbling children nearby, she is sometimes willing to chuck it all...until she hears the firm step and cheerful voice of that lug who gave her all this.

Then she is happy to be...his serviceman's wife.

Mrs. Jo Barker  
From Bagotville Phare Beacon.

# Chapel Chimes



RC CHAPEL

Father M. Allan Stack - Base Chaplain (RC) - Telephone 339-2211 Loc. 274; Residence-339-2102.

MASSSES FOR SUNDAY:

Saturday - 7:00 p.m.  
Sunday - 9:30 a.m. and 11:00 a.m.

WEEKDAY MASSES: 9:00 a.m.

SACRAMENT OF RECONCILIATION: Confessions are heard before all Masses and any time upon request.

BAPTISM: By appointment. Please phone ahead in plenty of time.

MARRIAGES: Please come in months before your marriage. CATECHISM CLASSES: Each Wednesday night at the PMQ School, 6:30 - 7:30 p.m.

THE PROTESTANT CHAPEL

Telephone: 339-2211 Loc. 273.  
L.R. Coleman, Maj. (Base Chap (P))  
C.V. Patey, Capt. (Chap (P)).

CHAPEL SERVICES

The Protestant Chapel is located in Wallace Gardens (PMQ area) and Divine Service is held every Sunday at 11:00 hours. This is the Base Chapel and everyone is warmly invited to share in the Service.

HOLY COMMUNION: Holy Communion (ACC) 12:00 hours first Sunday of the month.

BAPTISM: By appointment. Consultation with parents expected 2-3 weeks in advance of Baptism.

WOMEN'S GUILD: All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2:00 hours on the second Wednesday of each month.

CHAPEL CHOIR: Our Choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain.

Junior Choir: 1830 Hrs. Thursday at the Chapel.

Senior Choir: 2000 Hrs. Thursday at the Chapel.

SUNDAY SCHOOL: The Sunday School operates from September to June. Ages 6-15 meet in the Chapel at 0930 hours each Sunday, and the ages 3-5 hold their sessions during the Church period at 11:00 hours. All children are invited to attend.

OFFICE HOURS: 0800 - 1630 hours. Phone 339-2211, Loc. 273.

HOSPITAL VISITATION: The Chaplain would appreciate the co-operation of the members of the congregation and would request that they phone the Secretary's office (339-2211 Loc. 273) to report the names of any members of the congregation who may be in the hospital.

# Alcoholism The Family Disease

Most people know that problem drinkers have big troubles. Fewer of us know that alcoholics directly affect the lives of at least four other people, and that these friends, families, and co-workers are in trouble too.

"Everything was going wrong; there was never enough money; the kids were ashamed to bring home friends; I was beginning to hope he wouldn't come home at all," says one wife to another at an Al-Anon meeting.

"I know how you felt." A near-by male agrees. "When I couldn't read a paper, never mind pull a report together at work because I was always torn by the thoughts of the house burning down or the kids coming home from school to a drunken mother, I figured it was time to admit I needed help for myself."

Several people speak about their change in attitude after they joined the programs of

Al-Anon or Alateen. There is an air of understanding and friendship.

People use first names and are asked by the chairman not to gossip or divulge what they hear inside the meeting room. There is a noticeable lack of tension. People who might even admit to having been close to a nervous breakdown are relieved when they learn that there is a place to go if their situation becomes intolerable.

Some members are referred by a doctor who is treating the drinker, some come after looking up the number in a telephone book,

some are advised to go by a member of AA, some come with the impression that it would guarantee sobriety.

Al-Anon/Alateen is a worldwide fellowship of men, women and teenagers who have friends or family members with a drinking problem. Members of this unusual program meet locally to help themselves and others in their group to deal with the frustrations and feelings of helplessness caused by living with the disease of alcoholism.

Information regarding Al-Anon may be obtained at 338-8042.

Esquimalt Lookout.



Most birds use their nests only one season. The eagle, however, comes back to the same nest year after year.

## COMOX VALLEY MINOR HOCKEY ASSOCIATION ANNUAL MEETING

1930 hrs.  
Tuesday, 25 April 1978  
BASE THEATRE, CFB COMOX

BB

### BLOCK BROS. REALTORS — COURTENAY OFFICE ON THE MOVE WITH ANOTHER E-X-P-A-N-S-I-O-N

AT 449 - 5th STREET, COURTENAY — PHONE 334-3111

BB

Block Bros. new and improved service centre located at 449 - 5th Street.

Art Meyers, Manager

HARRY SQUIRE  
Ph. 334-3427

ROD MALTBY  
Ph. 335-2608

We have expanded our operation to meet the ever increasing demand for our Modern Real Estate Marketing Services.

- \*NRS CATALOGUES  
Published weekly. Thousands of Western Canadian Properties for sale, showing complete details and pictures of Residential, Farms, Commercial and Recreational Properties.
- \*VIDEO LISTINGS  
The most innovative marketing method in the Real Estate Industry today.
- \*T.V. LISTINGS  
Individual properties advertised to thousands of people through Commercial Television.
- \*TRADE PLAN  
Block Bros. Original Home Trade Plan . . . Across town or across the country at no extra cost.
- \*INTER OFFICE REFERRALS  
Buyers and sellers professionally referred by over 2000 Block Bros. sales people in 73 offices.

- NEW HOMES DEPT.
- INTERIM FINANCING
- MORTGAGE LENDING
- BUILDERS' LOANS
- LAND DEVELOPMENT DEPT.
- MARKET VALUE APPRAISAL
- MLS LISTINGS
- COMMERCIAL LEASING

Attractive interior of new modern reception area.

Public viewing centre.

The most innovative idea in real estate marketing in recent times. The public is invited to drop down and view numerous Western Canadian properties attractively displayed in our weekly catalogues or to view selected properties on video tape. Truly the most modern marketing of real estate available anywhere.

**WHEN BUYING OR SELLING REAL ESTATE ... CALL THE LEADER — CALL BLOCK BROS. — 334-3111**

RAY PAGE  
338-6267

DOUG COOK  
334-2816

VIC RUSHTON  
339-3494

JOHN FORIN  
334-2728

STU LIVING  
339-3541

LLOYD WORK  
334-2220

GAYE WORK  
334-2220

DICK GARDINER  
337-5327

MICHAEL EMERSON  
339-3809

GARY GRANT  
339-3845

ERNIE ANDERSON  
339-5018

AL DIXON  
334-2682

DUKE SCHILLER  
334-2203

MAX WEEGAR  
334-4568

BILL MORRISON  
339-4063

AL ROBB  
339-3307

ART MEYERS  
MGR. 339-2431

JIM GORDON  
339-4815

WAYNE GRAFTON  
334-2584

# BASE EXCHANGE

**STORE HOURS**  
 Mon. - Tues. - Wed. - Fri. - Sat.  
 10:00 a.m. to 0500 p.m.  
 Thursday - 10:00 a.m. to 0800 p.m.



A. 80" Sofa & Chair \$699.00\*  
 Love Seat \$399.00\*  
 Tables from \$89.00\*  
 and up.

Scotchgard

## SAVE 50%

on the following

### FISHING LURES

- KOHO KING
- KOKANEE
- HELL DIVERS
- METRIC
- WOBBLER
- TEE SPOON
- NORSEMAN
- KNIGHT
- PEARLY
- AND MANY MORE

**KROEHLER 80" SOFA AND CHAIR IN 100% NYLON FLORAL PRINT**  
 KROEHLER ADVERTISED PRICE ..... \$699<sup>00</sup>  
**CANEX SALE PRICE..... \$599<sup>00</sup>**

SALE ENDS SAT., 29 APRIL



## Spring Specials for a growing group



A. Girls spring Jeans at a Special Price.  
 Girls sprang up like weeds over the winter and now their jeans are too short. Here's a buy that will please them, and at a price to please your budget too! 10 1/2 oz cotton denim, western style, riser back, 2 scoop front pockets, 2 back patch pockets. Sizes 7-14. Blue only.

**SPECIAL \$3.97**

B. Weather Wise Unisex Squall Jackets.  
 Hit the trail to school every morning in a sturdy nylon cre jacket with soft kasha lining to keep out Spring's winds and showers. Styled with the fashion touches kids will love, kangaroo pouch pockets, drawstring waist, and a lined hood. Unisex. 7-14. Colours red, navy, gold.

**SPECIAL \$5.97**

D. A Baseball Special for a Young Sportsman.  
 First day out to watch the Team in a snappy club jacket of two tone nylon cre with protective acrylic coating to guard against tearing. Lined in cosy flannel. 6 Baseball crests on front. Colours Red/Royal, Royal/White. Sizes 4-6X.

**\$7.97**



C. Spring Jogging for an Energetic Age.  
 A jogging suit for the growing group just like the grown-ups. 100% nylon with zip front jacket. Trousers have elastic waistband and zip legs. Racer stripe trim. Sizes 4-6X 7-14.  
 7-14 ..... **SPECIAL \$9.97**  
 4-6X ..... **SPECIAL \$7.97**



E. Budget Priced Stretch Denim slacks for Little Busy Bodies...

Soft yet sturdy nylon/acrylic stretch denim knit slacks are great for busy toddlers who are into everything. Machine wash & dry.  
 4-6X - Western style with fly front & belt loops, 1/2 elastic back.  
 2-3X - Easy care pull-on style. Colours: Navy, Red, Brown, Blue.

**\$3.47** **\$2.47**

4-6X

2-3X

F. Toddlers want a Squall too!

Sturdy nylon cre shell just like the older kids with soft kasha lining. Two pockets to stuff your fists into, drawstring waist, and a lined hood for when the winds blow. Colours: 4-6X Navy, Red, Gold. 2-3X Red, Blue, Navy, Yellow.



**4-6X \$4.97**  
**2-3X \$3.97**

**- SAVE -**  
 See Our "Clearance" Specials

## OVER 25% OFF MFG. SUGG. RETAIL G.E. VACUUM

Powerhead vacuum cleaner, rated best by consumers report. This vacuum combines the rug cleaning ability of an upright cleaner's power driven beater brush and the powerful, general-cleaning suction of a canister cleaner. Powered head adjusts for shallow or deep pile rugs and removes easily so canister can be used with accessory tools. This vacuum has single speed motor, tool caddy, automatic cord reel, airflow regulator, and full kit of accessories.

MFG. SUGG RETAIL \$194<sup>98</sup>

**SPECIAL \$135<sup>95</sup>**



**RIMMEL**  
 An International Tradition  
 You'll see RIMMEL at more and more leading cosmetic departments everywhere.

**NOW IN STOCK**  
**CHECK OUR LOW "CANEX" PRICES**