



TOTEM TIMES

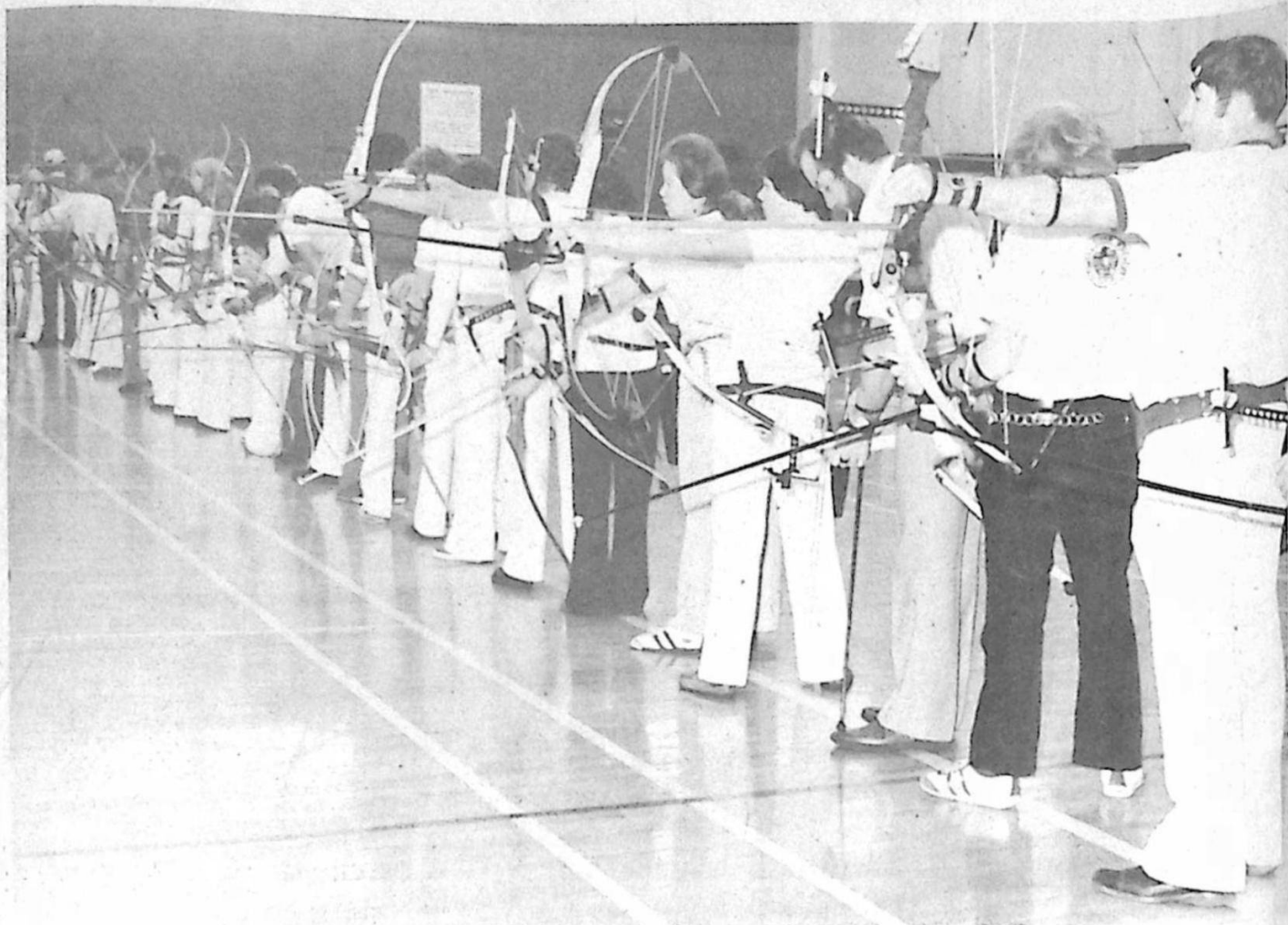


Grumbling Requires No Talent, No Self-Denial, No Brains And No Character

VOL. 20 - NO. 7

CFB COMOX TOTEM TIMES

THURSDAY, APRIL 6, 1978



ON THE FIRING LINE....Competitors take aim during the recent British Columbia Archery Association's Indoor Championships hosted by CFB Comox. A couple of days of good shooting and good

fun were enjoyed by all and a big congratulations goes out to Don Buchner and his local enthusiasts for hosting a fine tournament. Base Photo

A Metered Charge

OTTAWA - Occupants of most of the Canadian Forces' 20,000 married quarters in Canada will start paying for electricity April 1, 1978 on a metered basis and not by a flat rate, National Defence headquarters has announced.

It's part of the government's energy conservation policy, stemming from a 1975 Treasury Board directive which said that wherever practicable, utilities in self-contained accommodations provided by Federal Departments would be individually metered and occupants would pay for electricity actually consumed.

Studies by independent consultants showed that the average user of utilities who pays on a flat rate tends to have a higher consumption than the user who pays for actual consumption. In some cases this was 38 per cent higher.

DND officials estimate that 83 million kilowatt hours of electricity can be saved annually with DND housing reverted to Statistics Canada's national average of less than 1000 kilowatt hours.

Most military bases and some stations and detachments in Canada have had individual electrical meters installed and installation is continuing at other locations. But in some remote locations where metering is not feasible, payment by flat rate will continue.

Under the new system, in most cases the married quarters occupant will be billed direct by the utility company. Where the electrical distribution system is owned by DND, charges will be deducted from the members' pay.

Metering of fuel also is programmed but will not be instituted until the standard of insulation in married quarters is upgraded. In some locations where insulating to the best standard is impracticable, the fuel would be metered and paid by the occupant, but the charges will be reduced according to an insulation factor formula.

For the remaining utilities, water and sewage, it is proposed that a flat rate will be set and the charges added to the shelter charge.

Awards To MSE

OTTAWA - Four Canadian Forces bases, a station and a flying squadron have been awarded the Chief of the Defence Staff's Mobile Support Equipment Safety plaques for 1977.

CFB Moncton, N.B. is the Maritime Command winner. CFB London, Ont. led all bases in Mobile Command while Air Command produced a base and station winner - CFB Shearwater, N.S. and CFS Holberg, B.C.

CFB Chilliwack, B.C. took top vehicle safety honors in Canadian Forces Training System.

In Canadian Forces Europe, 444 Tactical Helicopter Squadron at Laehr, West Germany won the safety plaque for achieving the lowest accident rate in the operation of all types of vehicles for the previous year.

In Canada the plaque is presented annually to the base or station in Maritime, Mobile, Air Command and Training System which attains the lowest accident rate

Distinguished Veteran Passes On

OTTAWA - Brigadier (ret'd) the Hon. Milton F. Gregg, VC, OC, CBE, MC, one of Canada's most distinguished soldiers, died March 13 at Fredericton, N.B. He was 65.

His first military association was with the 8th Canadian Hussars, then designated the 8th (Princess Louise's) New Brunswick Hussars, just before the First World War.

In 1934, Brig. Gregg was

appointed sergeant-at-arms of the House of Commons, and during the Second World War served overseas with the Royal Canadian Regiment and commanded the West Nova Scotia Regiment. He later commanded the Officers' Training Corps at Brockville, Ont., and the Canadian School of Infantry at Vernon, B.C.

He is a former president of the University of New Brunswick and in 1947 moved into federal politics where, until 1957, he was successively Minister of Fisheries, Minister of Veterans Affairs and Minister of Labour.

He later accepted United Nations duties abroad, and in 1963 was Canada's delegate to the U.N. General Assembly. In 1968, after other External Affairs' appointments abroad, he retired in New Brunswick.

TOTEM VISDOM

"Airmen have always considered an accident or an incident as an opportunity to learn. Some call this tombstone safety. The antithesis of tombstone safety is 'system safety', which may be defined loosely as putting your hindsight where your foresight should be."

CYMC Dance

A spring ball with a French-Canadian theme "La Soiree Canadienne" will be held in Union Bay Hall, April 15 to celebrate the twelfth annual program offered by Courtenay Youth Music Camp.

Organized by volunteers as a fund-raising event, the dance will feature music by members of Dave Robbins Vancouver dance band, French-Canadian food (tourtiere, salads, pea soup) served buffet style and valuable prizes. These include a Wayne Ngan pottery vase, a watercolour by Comox painter Dr. Alan Burr, the Larousse Encyclopedia of Music.

Dance tickets are \$8 each (including buffet) and may be obtained from Courtenay Drugs, Kelly's, Comox United Pharmacy and The Rolling Pin.

HELP!

WE STILL NEED VOLUNTEERS

ADVERTISING REPORTING LAYOUT

"CALL THE EDITOR"

Meet The New Mayor



OFFICIAL HANDOVER.... "Fearless" Freddie Bishop accepts the reins of Mayor's Office from Maj. John "The Icelfarer" Bossons. Ex Mayor John is headed for Keflavik, Iceland on an exchange posting. Just think of all those sunny beaches, John! Base Photo

Aircom

WINNIPEG - Plans for the construction of a new building to house the Canadian Forces' Air Command Headquarters were announced by the Honorable Joseph Guay on behalf of Defence Minister Barney Danson.

The new facilities, which will cost approximately \$12 million in today's dollars, will replace barrack-type buildings in which Air Command's headquarters were located since the command's formation in September, 1975. The barrack blocks were built in 1941, on the east side of the airfield. The new building will be located on the west side and designed to allow easy expansion should there be a need to relocate other DND staffs in Winnipeg.

Mr. Guay also said that National Defence has abandoned plans to locate a Defence Research Establishment in Winnipeg and negotiations with the City of Winnipeg for the acquisition of property will be discontinued. He added that Mr. Danson and Mayor Robert Steen of Winnipeg had recently reached mutual agreement in this matter. Plans for the construction of a DRE laboratory in Winnipeg had been announced in 1975 but further study of the Department's total research requirements now makes these plans unnecessary.

Regular Force military personnel in Winnipeg number about 2,400 of which 450 form Air Command's operation, training, technical and support staffs. Annual military expenditures in the Winnipeg area are in the order of \$105.5 million.

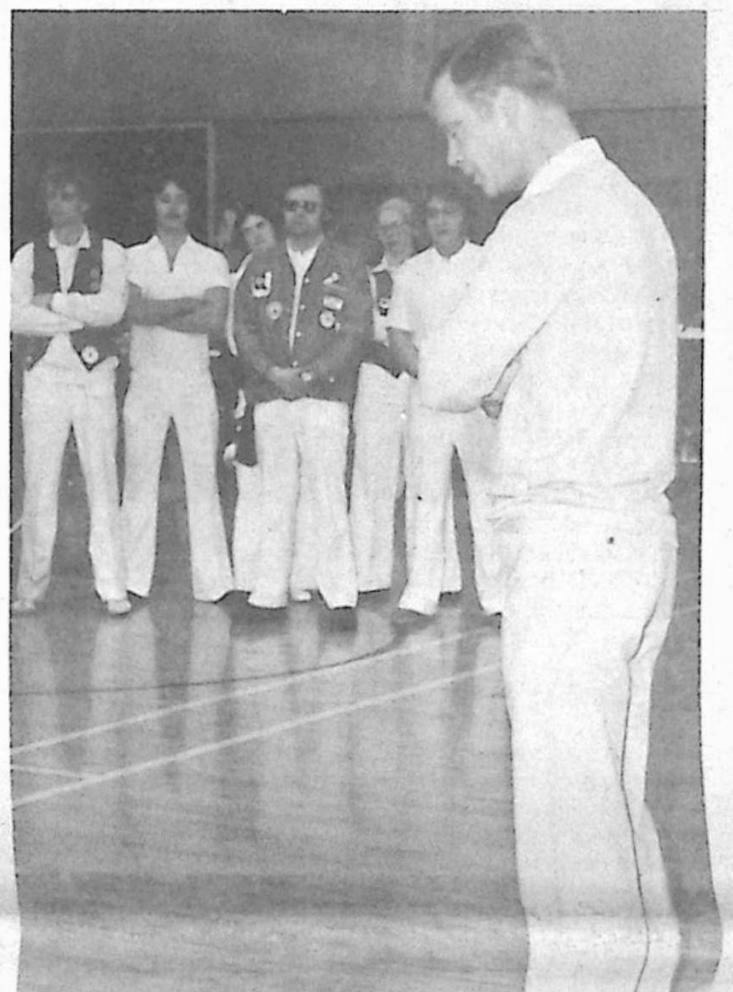
With the formation of Air Command at Winnipeg in September, 1975, overall responsibility was vested in one senior Air Commander to provide operationally-ready Regular and Reserve air forces to meet Canada's national, continental and international commitments.

Air Command, with a complement of approximately

A New Home On The Range

22,500 military and 7,500 civilians, has control of air forces in Canada and overseas, and its aircraft are engaged in such widely diversified roles as maritime patrol, close air support of ground forces, air transport, search and rescue, continental air defence, NATO support in West Germany and Air Reserve activities. Air training of pilots and navigators at various prairie bases also is an important Air Command responsibility.

The commander of Air Command also is commander of Prairie Region, one of the six geographical areas organized to provide liaison with and assistance to civil authorities. In this capacity he has emergency access to all military resources throughout the Prairies.



Base Photo

AND MAY YOUR STRINGS STAY TAUT, AND YOUR ARROWS STRAIGHT....Col. Burgess leads archers in pre-tournament meditation, as they prepare for competition during the recent B.C.A.A. Indoor Championships hosted by CFB Comox. (More pictures and articles on Page 5.)

**NEXT
TOTEM TIMES DEADLINE
MON., APRIL 17**

"NOON"

**PLEASE MEET OUR
DEADLINE**

Beautiful Downtown Camp Garland



C.F. Photo

BEAUTIFUL DOWNTOWN CAMP GARLAND: Nestled in the snow nine miles northeast of Warden's Grove N.W.T. is the luxurious Canadian Forces "Tent City" called Camp Garland after CFB Edmonton Base Commander and Operation Morning Light commander Colonel David F. Garland.

Rates are reasonable, food is excellent and there are lots of outdoor activities (in temperatures occasionally in the chill factor range of minus 85 celsius) for the ardent outdoor winter enthusiast. Unfortunately, it does not boast a swimming pool but it does have modern indoor facilities (an Alco trailer) for

the convenience of the guests. Camp Garland is the home of 85 happy, contented, outdoorsy type people including Canadian scientists and CF military support personnel. Many take the opportunity for a dog-sled ride (courtesy of the six adventurers at Warden's Grove) around the picturesque site.

Camp Garland also features a convenient airport nearby where daily connecting flights by Hercules aircraft to Edmonton can be arranged provided service people there are on good terms with the camp sergeant major.

The airport on nearby Cosmos Lake features the latest in runway construction.

It's 5,000 snow-driven runway affords excellent facilities for in-coming pilots provided the wind is not blowing causing a white-out making landings exciting (especially for the pilots).

Also featured is a heliport - with an inflatable hangar that works well provided the air pump to keep it up does not pack it in in the cold temperatures. When this occurs, of course, the inflatable hangar floats gracefully to the ground usually enveloping the Twin Hueys sitting inside.

The Camp itself, besides supplying excellent amenities is a base for scientific research. Scientists hunting for possible radioactive

satellite pieces venture out daily in areas east and west of the camp in Twin Huey helicopters to locate radioactive areas.

Soldiers, airmen and sailors interested in visiting Camp Garland should apply to their commanding officer with a convincing reason why they should get two fun-filled weeks in Canada's newest city.

They had better hurry, however, since the camp will probably be dismantled by mid-April. In early April the ice runway at Cosmos Lake will no longer be able to sustain the thump of 65-ton Hercules landing on its surface.

SECTION NEWS

who, what, where, and why



NO, WE DON'T GIVE SAMPLES!! After presenting their new rank badges to Warrant Officer Lee Boyle and Cpl. Nicole Lafevre, Major Dave Stroud got the sad news that even though the Financial Management Control Section handled over 8 million dollars through the last year, there wasn't any for him. Base Photo

Mushroom Mutterings

We start this issue of MM with a special award. It is awarded monthly to the person or persons that do their best to get snickered at by the rest of us. We call it the "OOOPS" award for momentary forgetfulness. This month the award is handed out to the Flight Engineers and techs tasked with the job of an engine change on Labrador 303.

Next time, chaps, it might be wise to take along a copy of the Tide Table. It turned out to be the fastest engine change in the history of the squadron, however. The last time the FE's moved that fast was just prior to the bar opening at the last Stag.

We have a new theme song for the Operations staff. It goes: "Double your pleasure Double your fun Have two searches going instead of just one!!"

That "whirling wing wonder," Gary Flath was noted boarding the search

Buffalo the other day. Could it be that he was trying to find out "how the other half lived"??

Capt. Caudrey has been spotted skulking around the hangar. He's keeping a low profile hoping that nobody realizes he's back from the "sandbox", and sends him off on search before his friends and neighbors have learned to recognize him when he walks by.

Colin Murray has decided that enough is enough. The "old man" of the maintenance floor has handed in his papers, and will be working here in the valley...or living on the local "pogie"...whichever is easier on his backbone.

The 442 hockey team dazzled one and all with their brilliant skating and shooting (then bribed the referees), to win the trophy in the "A" Hockey League. Actually, it was quite a struggle to win...the coach had to fight each and every player to get

him off of the bench and onto the ice.

Our gal in the Supply Section, Judy Brown, finally got her Corporal stripes, and as an added prize, gets to spend the next few years at the biggest Disco in Kay-beck, "Ssssha-boogaloo". All of us will be sorry not to have your smiling face around anymore, "Wheels".

The "Pillsbury Doughboy" is off to Summerside to teach them all about Labrador...and how to sleep on the job. He's just left and already he's scheming to get back here early...like, next week!!

Last but not at all least is an announcement!! After too long a period, it has been decided to hold another "Bull" session...Stag to the uninitiated. The first of the 1978 Squadron Stags will be held on Friday, April 14th in the Totem Lounge at 14:00 hours.

Nighthawks Nest

As the flying year came to a close last Friday the Nighthawks finished flying their YFR. Actually it was the BOpsO that flew the final trip in a T-bird to use up the last hours.

There were times that it didn't seem possible to catch up on the hours that we had fallen behind due to weather, however everyone put forth a maximum effort which resulted in the last week being quite relaxed. It was not too relaxed since we had ground school, the semi-annual 1 1/2 mile run and Tom Watt's tour of the SAS to keep everyone busy.

The Squadron Formation Team has commenced practising for the summer airshows and the squadron has already received a few phone calls commenting on the teams' performance, especially that of Doug's and Ray's.

Harry the House and Suds flew up to Elmendorf, Alaska in a T-bird to deliver a part to

an Argus that surprised everyone by breaking down there. On their way, this illustrious crew stopped in Prince Rupert to have their picture taken with one of their many fans.

Major Koski would like to congratulate both Frank Martin and Doug Evans on their promotion to Major. The squadron also welcomes Frank back to flying.

Major Koski is busy arranging whatever is necessary for the squadron's participation in Maple Flag which is being held at Cold Lake during the latter part of April and the early weeks in May. The squadron will be sending crews to Cold Lake on a weekly basis to allow maximum participation in the exercise.

Last Wednesday the squadron held a wine luncheon to say farewell to Jim Reith and Pete Wittich, both of whom are headed for Moose Jaw to fulfill a tour with Training Command.

ATC News

The usual reporter of ATC News has been away for the last two weeks enjoying the sun and surf of Hawaii. I guess he figured that he'd better travel now while he still only needs two tickets and not three.

Two of our captains, Art Brooks and Fred Kempe have just returned from the supervisors course in Borden, all ready to demonstrate their new found talents in personnel management.

It seems that the season for vacations is upon us and Fred Kempe, after returning from Borden, is now off and touring California. We only hope he doesn't intimidate Mickey Mouse too much. Also leaving for a couple of weeks is Brian Puttock, heading for Winnipeg to attend the BICP course.

Our section was beginning to feel that the promotion boards had forgotten the

was any ATC personnel out here in Comox but as they say, all things come to those who wait and in this case it may be true. Our entire section would like to offer congratulations to two of our people, Woody Fillier, recently promoted to Master Corporal and Dave Bews, promoted to Acting Warrant, two well deserved promotions.

Two ATC vets, Sgts. Pat Hudson and Jim Patterson received the clasp to their CD's. Now that is a true example of an undetected crime.

We also received notification that we're losing another of our controllers. Dave Barney is on his way to the home of aspiring young pilots known as CFB Moose Jaw.

With as many as six officers and two or three NCOs leaving, our section will have an entirely new look by autumn.



MAN, I WORKED FOR THIS!! Such were the thoughts of "Cas" Casewell, as LCol. Bob Hallowell climbed out of the cockpit long enough to present him with his new MCpl. hooks. Base Photo

Gun plumbers Win Cash

OTTAWA - Two air weapons technicians have pocketed an extra \$500 each because they suggested improvements to a portable workstand for aircraft-mounted machine guns.

Warrant Officer H.A. Smith, 40, of Riverside, N.B., and Master Corporal Douglas Jefferson, 36, of Gold River, N.S., combined their talents to design modifications to the commercially-produced item while stationed with 1

Canadian Air Group, Baden-Soellingen, West Germany. The changes were incorporated, resulting in considerable cost saving.

Warrant Officer Smith is currently stationed at CFB Greenwood, N.S. and Master

Corporal Jefferson is serving at CFB Shearwater, N.S.

The Suggestion Award Program, which accepted the duo's submission, is a part of the four-program Incentive Award Board, controlled by Treasury Board.

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<p>Comox on beautiful Linden Drive. 1288 sq. ft., 3 bedrooms with a ensuite bathroom, 2 fireplaces, finished family room downstairs, sundeck with mountain view.</p>	<p>3 bedroom bungalow with 1 1/2 bathrooms, thermopane windows throughout fenced rear yard. Fully landscaped and paved drive.</p>

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Nudity & Sex
Throughout

—B.C. Director

EW

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ALL-JUVE ADMISSIONS \$3.25

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—B.C. Director

April 14, 15, 16

"A PIECE OF THE ACTION" plus Peter Fonda

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"Some violence" - B.C. Dir.

MATURE

Jr. Ranks Club

APRIL 9th & 10th - DISCO

APRIL 15th & 16th - "ENTRANCE"
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1230 Hrs. Prizes - Refreshments.

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- MOVIES -

April 11th - "SWASHBUCKLER" - Robert Shaw

APRIL 18th - "THE SPY WHO LOVED ME"
James Bond Thriller starring Roger Moore.

OFFICER'S MESS ENTERTAINMENT

April 7th - TGIF. Subsidized food and drinks. 1700 - 1800. jackpot and bottle draw at 1800. Dress: Casual.

April 12th - SPECIAL TGIW. Welcome Snowbirds and American Aircrew. Subsidized drinks. 1700 - 1800. Beef on a Bun. 1700 - 1830. Jackpot and bottle draw at 1800. Dress: Casual.

April 16th - FAMILY BRUNCH - Lunch Menu, 1200 - 1300. Dress: Casual. Please advise Mess Manager if you are planning to attend. Cost: \$1.40 adults. \$1.00 Children.

April 19th - O.W.C. MEETING - Interior Decorating by Maryann Lockhart. Time: 8:00 p.m.

WO's & SGT'S MESS

APRIL 7th - Mess Dinner
APRIL 14th - T.G.I.F. - Bosses night, Games, Hip of Beef.
APRIL 21st - T.G.I.F. - Games, Fish & Chips

APRIL 29th - SPORTSMANS BINGO
Dance to the "ALLEY CATS"
Seafood.

- MOVIES -

APRIL 10th - "SWASHBUCKLER"
Robert Shaw
APRIL 17th - "THE SPY WHO LOVED ME"
Roger Moore



407 Squadron

Base photo



409 Squadron

Base photo



442 Sqn. - VU33

Base photo

THE QUEEN'S SILVER JUBILEE MEDAL

442 SQN.
 LCOL J.H. DEMERS
 CAPT N.B. GESNER
 CWO H.T. SALKUS
 WO H.E. COPELAND
 SGT K.V. CHRISTENSEN

407 SQN.
 MAJ P. HAMILTON
 MAJ R.B. MCMILLAN
 MAJ J. BOSSONS
 CAPT J. BISHOP
 CAPT J. KEECH
 MWO W.A. BEREZA
 MWO J. RAMESBOTTOM
 WO G.G. GILES
 WO R.F. PERRY
 SGT W. DOMINIE
 SGT P. COX

VU 33 SQN.
 MAJ E.H. GIBBON

409 SQN.
 LCOL G.H. HERBERT
 MAJ W.B. ALLEN
 MAJ J.T. GOODALL
 MAJ C.G. HARVEYCLARK
 CAPT R.D. COLEMAN
 CAPT C.F. MARTIN
 LT D.G. ARMSTRONG
 LT W.L. DANN
 CWO T.F. ELVINS

BASE PERSONNEL
 CIV HELEN M. FODEN
 CIV FRED J. VARNEY
 LCOL S.E. BURROWS
 LCOL J.E.X. FIELDING
 MAJ R.W. BARNES
 MAJ L.R. COLEMAN
 MAJ B.K. DOYLE
 CAPT A.E. WILSON
 CWO L.R. BLYTHE
 MWO L.O. CALDWELL
 MWO G. COLLIE
 MWO A.C. KRAUS
 MWO B.W. LEWIS
 MWO G.T. MYERS
 MWO R. OHL
 WO K.R.N. BROWN
 WO L.L. CHAPMAN
 WO G.S. CLARKE
 WO E.R. HARTLEY
 WO K.H. OSIE
 WO J.R. RICHARD
 WO L.L. WALSH

407 SQN. (continued)
 MCPL D.S. GLEDHILL
 MCPL H.A. HERAUF
 MCPL J.H. MCMILLAN
 CPL V.D. OPPERMAN

407 SQN. (continued)
 SGT J.P. JOCKSCH
 SGT G.M. PARROTT
 SGT T.A. WALKER
 MCPL D.K. CHRISTENSEN
 MCPL H.H. HILLABY
 MCPL G.W. HOLT
 MCPL B.M. JONES
 CPL D. JONES
 CPL D. MCMASTER
 CPL W. MOWBRAY

409 SQN. (continued)
 SGT G.A. WILLIAMSON
 MCPL J.C. BLAIR
 MCPL B. MACINNIS
 MCPL D.A. MCNIVEN
 MCPL J.N. SUTTIE
 MCPL T.G. STEELE
 CPL E. FOURNIER
 CPL K.G. HALL
 CPL H.F. PRICE

BASE PERSONNEL (continued)
 SGT W. POKOL
 SGT G.B. BOUDREAU
 SGT D.R. COOK
 SGT L.P. HALEY
 SGT W.J. HOLMES
 SGT J.S. WILSON
 SGT I. TURCOTTE
 MCPL J.G. BOURDON
 MCPL L.J. HARVEY
 MCPL W.G. HUPMAN
 MCPL D.H. INCH
 MCPL R.E. LEWIS
 MCPL K.S. METKE
 MCPL R.L. SIDDONS
 MCPL J.B. THERRIAULT
 CPL M.S. MORRISSEY
 CPL P. CALLAREC
 CPL C. CUTHBERT
 CPL J.T. JONES
 CPL W.O. THOW
 CPL J.C. MARSEILLE



Base Personnel

Base photo

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The Provincial MAR. 27 DRAW
\$1 MILLION WINNING NUMBERS
 5 1 1 3 8 8 3
 4 1 3 6 3 4 1
 1 6 0 5 4 5 0

\$100,000 WINNING NUMBERS
 4 6 7 4 8 5 7
 2 7 8 4 5 9 0

last 6 digits win **\$10,000**
 last 5 digits win **\$1,000**
 last 4 digits win **\$250**
 last 3 digits win **\$50**

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\$100,000 WINNING NUMBERS
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 1 3 8 1 1 6 5
 1 7 4 0 8 8 2
 2 1 4 8 2 5 0
 0 5 1 6 6 8 6

MARCH 22 DRAW
\$100,000 WINNING NUMBERS
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 0 6 2 4 0 0 0
 1 5 2 1 6 9 7
 1 5 6 0 0 0 6
 2 5 8 1 1 8 7

last 5 digits win **\$1,000**
 last 4 digits win **\$100**
 last 3 digits win **\$25**

Western Canada Lottery Foundation
 In the event of discrepancy between the above list and the official winning numbers list, the latter shall prevail.

Operation LifeStyle

Parents, place your matches, medicines, household chemical products, antifreeze, barbecue fluids and other dangerous products away from the reach of children.

Rainbow Reunion

VICTORIA (CFP) - It's their 60th anniversary this year and the Royal Canadian Sea Cadets' Rainbow Corps in Victoria, B.C. is planning a homecoming reunion June 3-4.

The Victoria Branch of the Navy League of Canada is sponsoring the event in conjunction with the corps' annual inspection, and preliminary arrangements include a reception and dance on the evening of June 3 and an open house the next afternoon.

Former cadets from Rainbow, Wrennettes from the Patricia Dufour Corps, of-

ficers and instructors from these corps and former Navy League members from Victoria are invited. Further information and registration forms may be obtained from Eileen Rutherford, 938 Selkirk Ave., Victoria, B.C. V9A 2V1. Phone (604) 382-4472.

Rainbow is searching for photos and other memorabilia from its early years for permanent display and would appreciate any contribution.

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Fuel Air Lift

Canadian Forces' Air Command aircraft will be airlifting a lot of fuel - about 378,500 gallons of it - in a 15-day Arctic operation beginning March 31.

In the round-the-clock operation code-named Bostop 178, C-130 Hercules from 435 Squadron at Edmonton and 436 Squadron at Trenton, Ont. will carry 370,000 imperial gallons of diesel fuel from storage facilities at Thule, Greenland to Canadian Forces Station Alert, N.W.T., 800 kilometres from the North Pole.

About 8,500 imperial gallons of aviation fuel also will be moved from Sondrestrom in Greenland to Thule.

A CC-137 (Boeing 707) from 437 Squadron at Trenton will transport ground support personnel to Thule and a 436 Squadron C-130 will carry the radar landing facility and operators from Trenton to Alert.

Frozen waterways prevent re-supply of Alert by sea.

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Editorials

Stu's View

A Soviet Win?

There may be good cause for celebration in Moscow.

After years of probing and testing the American will to resist aggression, the Soviets have crossed a major milestone.

When in 1962 they tested the Americans by establishing missile bases in Cuba, President Kennedy countered with such a clear demonstration of force that they hastily withdrew.

They probed again during the Nixon administration by starting construction of a submarine base. Nixon responded with a strongly worded protest and again the Soviets backed off.

Today they are building a submarine base at Cienfuegos and there are reports of missiles being moved back onto the island. However this time there has been complete silence from Washington.

Whatever might be President Carter's reason for inaction, to Moscow the incident is a great moral victory. It means their humiliating withdrawal during the Cuban Missile Crisis has been reversed. It could mean to them that they have gained such military strength that the Americans are frightened today to raise a voice of protest over an issue they were prepared to risk war over fifteen years ago. It means that their massive arms production has paid off.

But the greatest significance of the event is its measure of the American will to resist, which has seemingly melted away since 1962.

Lenin, hero of the Soviet state, directed that "the soundest strategy in war is to postpone operations until the moral disintegration of the enemy renders the delivery of the mortal blow both possible and easy." If the Soviets have this in mind, then their latest actions in Cuba would give them good reason to believe the strategy is working.

Whether or not American will to resist aggression is faltering, it may be a disastrous mistake to let the Soviets believe it is.

Almost without exception analysts of events leading to the Second World War contend that had the democratic nations demonstrated firmly the will to resist totalitarian oppression, war could have been avoided.

In order to avoid confrontation, the democratic states caved in to totalitarian aggression almost every turn. Eventually the Nazis became so confident of Allied inaction that they could leave their western front undefended while they invaded Poland.

What if the Soviets likewise became so convinced of American inaction that they believed they could launch a conventional attack in Europe without fear of the Americans resorting to nuclear weapons?

While the lack of American reaction to the Cienfuegos submarine base will certainly avoid confrontation now, it may, unfortunately, only add fuel to the fire of Soviet aggression in the future.



Sky High

The search for Canada's new fighter aircraft is narrowing, with a final decision to be made later this year. To be replaced are the aging CF101 and CF104 aircraft. Many observers feel that the ground rules laid down by the Canadian government make it extremely difficult for any one design to carry out all the required tasks. Defence Minister Barney Danson has stated that regardless of this opinion, his staff are working toward the purchase of a single aircraft type.

Still in the minds of those involved on the project are the monetary fiascos of the 60's; the purchases of the CF104 and CF5. The Super Starfighter proved expensive to man and operate, outdated when purchased in 1962. In excess of 90 have crashed in Canadian service, killing more than 30 pilots. The CF5 Freedom Fighter was a bargain-basement purchase that backfired. The original cost was only \$700,000 per aircraft, but after expensive lawsuits by Northrop and Canadair, this cost had risen to better than 2 million dollars per CF5. The aircraft was also purchased with no real task to carry out and about one third of the total number are presently in storage in southern Ontario.

There are five main contenders for the Canadian contract: the F14 Tomcat, F15 Eagle, F16, F18 Cobra, from United States builders, and the Tornado from a German-English-French consortium. The unofficial favourite seems to be the F15, but even it is not without fault.

The Eagle is presently flown by the U.S. Air Force and is suffering from high cost over-runs. Two years ago, the F15 was worth about 13 million dollars per aircraft. Today, each is priced at about 18 million. There is also talk of superiority by other U.S. designs in the same flight envelope.

The F14 Tomcat has jumped in cost from under 10 million dollars each to over 28 million, but Grumman Aircraft is arguing that for aircraft, spares and ground-handling gear, the price should run 23 to 24 million per unit. Grumman states that much of this should be regenerated back into the Canadian

economy with up to 15,000 new jobs in the Canadian aerospace industries. The Tomcat is also not without problems, with 25 of the aircraft having crashed. The U.S. Navy is looking into replacing the present problem-riddled engines while the Canadian contract would call for the original engine.

General Dynamics has many contracts with Canadian firms for aircraft parts and would expand this subcontracting if their entry, the F16 is selected. This aircraft too has had its detracting points. Its price has almost doubled in two years as well as technical problems cropping up in the fuel system and the engine. It also suffers in having only one engine while the government guide-lines favour two.

The most advanced of the United States designs is the F18 Cobra. This aircraft is just starting to reach full flight status with only five flying in test programs at present. The cobra is priced at just over 18 million dollars per aircraft, and the U.S. Navy has orders already in for hundreds.

The European entry in the race is the German-English-French Tornado. This aircraft has been produced in two models, high-altitude interceptor and ground-attack fighter, both selling for about 14 million dollars each. Canada was originally a member of the design consortium but dropped out. The European builders want the Canadian aerospace industry to be a full partner in the production of the aircraft, but many claim that the Tornado is too complicated.

The question is, which? All have pluses and minuses, and each manufacturer promises large contracts to Canadian industry as part of the deal. The giant cost increases in each design will be a major stumbling block for those tasked with the job of picking the New Fighter Aircraft. The contract could reach over 3 1/2 BILLION dollars for about one hundred aircraft. When questioned, every Canadian military pilot seems to have his own pet design -- what's yours?

An Outstanding Feature

"Who's Confused"

With an air of resignation, Mrs. Jones, dragging along four year old Tommy, approached the doors of her local supermarket. This weekly shopping was a chore she did not appreciate. She felt that, from the first struggle to unlatch a buggy from the impacted row facing her to the very last moment when she finally detached Tommy from the caddy display at the checkout, it was one long battle.

Why was this so, he wondered bitterly, everybody has to eat, everybody is a shopper sometime, even he diabolical genius who was responsible for all the things she hated most about shopping. Somewhere there were people behind this shopping system; people who did not care how difficult it was for the shopper and who made big fat profits. They had a captive market, the biggest in the world and they obviously felt that they had a divine right to exploit it.

"But wait," whispered a small still voice. "Be reasonable. That's not the way it is. You pay good money to come in here, it can't be all that bad."

"It can't?" questioned Mrs. Jones aloud, bumping into the

manager, "Well, let me tell you" -- and off she started. "First, there is your full page advertisement offering me 5 lb. of whatever for 59 cents less than the usual price. If you can sell them for that this week, you have been making a pretty big profit all the other weeks."

It was useless for the retailer to try to explain the purpose and function of what he called a "loss leader", Mrs. Jones did not understand, she only knew what she saw and she was still convinced that grocery products made huge profits for someone. Once again, when the store manager tried to explain the profit motive -- how it was an incentive for those who put up money and used their time and experience to operate stores providing goods and jobs -- he was getting nowhere. Maybe what was wrong was the public attitude to business and profits, an attitude best described as illinformed and not understanding.

Far from satisfied about the whole thing, Mrs. Jones shook her head and, after a brief look at her shopping list, started gingerly down the first aisle. Arriving at the shelves of coffee, she remembered the coupon that had arrived the day before. It offered a 25 cent reduction on one brand. She had better look to see how its regular price compared with Fred's favourite brand. Maybe he wouldn't mind the switch this time if she explained how much she had saved. She could go back to his usual brand next time. Picking up brand "X" Mrs. Jones moved on, unaware that as far as the manufacturers were concerned, her motives were all wrong. Could it be that, this time, the food industry did not understand its consumers? That retailing and marketing practices were not designed for the consumer's benefit and convenience?

Stopping to compare soap prices, Mrs. Jones found to her surprise that the bar marked "special" actually cost more per ounce than the regular priced, but bigger bar. For the first time, she felt a small glow of warmth towards the retailer and to the people who developed the unit pricing system.

Suddenly, an angry frown crossed her face -- there was that wretched product code business again. All those little black bars which one day, not too far off, would mean the end of an individual price on

each article. This was a system she regarded with great suspicion. When she reached home, she would not be able to remember the costs of her individual purchases. She was far from sure that she trusted these new computer things. She was sure, however, that there would be some mistakes at the checkout and that she would never know about them.

It seemed useless to tell the retailer about her fears but Mrs. Jones, undaunted, tackled the poor man again. Patiently he explained that the checkouts would be faster, yes, and more accurate. There would be savings in labour costs, which he hoped customers would share. He asked Mrs. Jones whether she realized that her checkout tape would carry a brief description of each item beside its price.

Somewhat reassured, Mrs. Jones plodded on, narrowly missing a mountain of soup cans with her buggy wheels and, at the same time, extricating Tommy from the cookie counter.

The reason for this sad little tale? All across the country there are shoppers who have a poor image of the food industry. They do not understand the marketing techniques being used. Whether the methods are too sophisticated, or are misunderstood because of lack of explanation, is open to question. We think it is a pity. The food industry is an essential one. It has a captive market. Deep down, we think that it DOES care about its customers. We see signs of concern on the part of the industry and an attempt to explain today's marketing methods.

There is a lot more to be done. We hope that the industry will accept the challenge and continue to explain to, and communicate with its customers, improving both its operation and its reputation.

Friend Or Foe

That other arm of credit is that convenient little plastic card that buys socks, snowshoes and takes you around the world. Full payment of the balance will mean no interest charges; that's using someone else's money for a month at no charge, and it makes sense. But the crunch comes at the end of the month. Not paying off the balance costs from 1.5 to 2 per cent monthly, or from 18 to 24 per cent annually. In many cases payments made during the month will still be subject to interest if less than 50 per cent of the balance is paid. After this point the consumer is paying interest on the interest and the balance.

Shopping for credit? There are organizations such as the credit Counselling Bureau who will be glad to help. Ask questions...how much will it cost; how is the interest calculated; can the balance be paid off at any time; and for larger amounts, is it life insured? Ask yourself whether you really need the item now.

Credit is a great invention if you use it wisely. Don't let it use you.

"Silence is the mother of truth." Benjamin Disraeli

Some Letters

Dear Sir,
I have just relinquished the reign of office as Mayor of Wallace Gardens and wish to use your media to express my appreciation for the assistance provided me during my term. It has been my privilege to have served as Mayor for the past six months and the experience has been most enlightening and enjoyable.

To the residents of Wallace Gardens, I wish to thank you for your support of the PMQ council activities. I urge you all to participate as much as possible in the community affairs as the success of the council in improving the lifestyle of the community is directly dependent on the support that you provide.

I was disappointed that there was not one woman serving on the council during my term of office. I know that we have many very capable women in our community that would do an outstanding job as a councillor. May I suggest that during the next election period that you give the women a thought and a vote.

To the councillors that served on the council, thank you seems to be a very inadequate word to express my appreciation for your co-operation. Your enthusiasm and dedication was exceptional. Thank you.

Finally I would like to acknowledge the outstanding support provided by the Base, without their assistance and advice our accomplishments would have been few.

Very sincerely,
John Bossons
ex Mayor
Wallace Gardens

Dear Captain Kruger:

Thank you for your note of mid March 1978. I appreciate your sending to me a copy of the "Totem Times" and I am pleased to see that the Times is using the "Super, Natural British Columbia" theme.

Thank you for carrying the "Travel in British Columbia" article and may I take this opportunity to wish you and the staff at the "Totem Times" a successful bicentennial year.

With kind regards,
Sincerely,
Grace M. McCarthy,
Minister of Provincial
Secretary and Travel
Industry

Dear Sir:

We are trying to communicate with all former students of our community. Would you please print this letter in your paper?

This year, the Town of New Liskeard, Ontario is planning its 75th Birthday, and in conjunction with these festivities, a School Homecoming event is programmed.

All former students and staff who attended any school in New Liskeard, at any time, are invited to participate. It is anticipated that the New Liskeard Secondary School will be open for hosting visitations on Saturday, July 1st. A mammoth dance and reunion is planned in the town arena that evening.

To assist the Planning Committee in finalizing arrangements and to have your name put on our attendance list, please contact the

New Liskeard School

Homecoming,

P.O. Box 730,

NEW LISKEARD, Ontario

P0J 1P0

Would you please forward the names and addresses of other former New Liskeard students and staff of which you are aware, who will want to take part in this event?

Moscows Forgotten Missile

WASHINGTON - Every once in a while something happens here, usually by accident, to startle the nations of the world out of their narrow differences and remind them of their common dangers.

The latest example was that unguided or disobedient Soviet satellite that crashed with its deadly radioactive fumes and wastes into the lonely Northwest Territories of Canada.

It could have come down anywhere in the terrestrial world. All the atomic nations that monitor satellite traffic in outer space were not sure that it would land in lonely or densely populated areas. In fact, with all their fancy modern gear, they couldn't even predict the continent where it would come down.

"Early on the morning of the 24th (of January)," President Carter said at his news conference of Jan. 30, "I was notified that the satellite would enter the atmosphere quite early. We did not know whether it would hit between Hawaii, or on a very high

curve up to the northern part of Canada, or the western coast of Africa, because sometimes satellites can skip from one place to another as they enter the atmosphere."

His use of the word "skip" tells us something about the atomic world of space where our children may live.

It is clearly going to be a quite different world, requiring wholly new rules. "One-two-three-O-Lerry, skip here, skip there, guess where?" And down it comes, maybe in Africa, who knows? The untold story is what was going on in Washington, Moscow, London and the other atomic capitals at that time.

The first point is that in a world of nation states, anybody can shoot anything on any orbit into space, and while everybody can be threatened, nobody is directing traffic.

The second point is that the Soviets were really not very helpful. On the 12th of January President Carter personally decided to notify the Soviet Union that

Washington was aware that the satellite was getting out of control.

This was done in a private conversation with Anatoly Dobrynin, the Soviet ambassador in Washington. Dobrynin replied, according to the highest officials here, that there was nothing to worry about, that Cosmos 954 was "designed" to "disintegrate" as it came back into the earth's atmosphere and that there was no "possibility" of an explosion.

Carter and the task force he set up in the White House as early as the 19th of last December were not satisfied with Dobrynin's assurances, and asked for details about the fuel aboard Cosmos 954 -- was it U-235 or what? All this was highly secret, but I have the impression that Dobrynin, on instructions from his government, was defensive, and until pressed by the White House reluctant to make clear the critical facts.

Meanwhile, there was the hard question in Washington of whether to announce to the

world what was going on. If nobody knew where Cosmos 954 might land, shouldn't all nations in potential target areas be advised?

The decision was made here, and in retrospect it was probably wise, that every precaution should be taken, but that no public announcement should be made that might arouse unnecessary anxiety all over the world.

Cosmos 954 was a one- or two-day wonder in the press and on television, but there is reason for saying here that it had a profound effect on President Carter personally.

He had been worrying about the Panama Canal, President Sadat of Egypt, Prime Minister Begin of Israel, tax reform, welfare reform, Social Security reform and many other things until this crazy wrong-way Soviet satellite brought him back to the larger questions of the universe.

By James Reston
N.Y. Times Service

TOTEM TIMES

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Top Mans Professional



RORY GRENNIR WINS -- Top Man's Professional with a round of 1185 1200 with Dave Webb, Pres., B.C.A.A.

Photos by Graham Barkley



KEEN COMPETITORS -- Walter Thomson of Victoria and Harry Moore of Vancouver, who appeared on the 1975 Canadian 10-cent stamp.

Local Winners



HUSBAND AND WIFE TROPHY -- Don and Thanna Buchner of the CFB Comox Archery Club.

TWANG

CFB Comox hosted the British Columbia Archery Association Indoor Championships on March 24, 25, and 26.

The tournament started Friday with a modified Flint Round for fun and games. Local archer, Cpl. Don Buchner scored 290/300 to lead the field in that round, but since he didn't wish to be known as the "Great Canadian Turkey", he withdrew. MCpl. Macaulay was disqualified on a sex test -- with his wife expecting at any time, it was fair to assume that he hadn't any. (at least, recently)

The Base Commander, Col. Bruce Burgess, officially let fly with the first arrow at 0900 hours on Saturday, 25th of March. He not only managed to hit the target, but was dubbed "William Tell" when he stuck the arrow in the gold. (Sir, if only you were right-handed, the photographer

would have been on your more photogenic side.)

A total of 113 shooters including some International marksmen from Seattle partook in the meet. When the dust had settled, Comox had won 4 Gold, 5 Silver, and 1 Bronze medal.

Individual efforts included: Don Buchner, Silver (Men's Unlimited); Thanna Buchner, Silver (Ladies Unlimited); Kelly Balfe, Gold (Cadet Girls Bare Bow); Susan Waddell, Bronze (Cadet Girls Bare Bow); Todd Balfe, Silver (Cadet Boys Bare Bow).

A special thanks goes to the Combined Mess staff for an excellent showing and very fine meals.

Hopefully, our next effort will be even bigger and better, although the people who attended this one don't believe it possible.

See you at the Club.



LADIES TEAM WINNERS -- L-R Karen Meyer, Sandy Christoffersen, Dave Webb B.C.A.A. Pres., Mandy Crump, Rosilin Burgess of Lower Mainland Archery Assoc.

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SPORTS BEAT!

Jock Talk At C.F.B. Comox

Up Earl's Alley

By golly, things are happening. Spring has arrived and the sounds of golf clubs striking the balls, occasionally, are being heard from the far reaches of the course. The membership drive has slowed down a little but now that the warm weather has arrived, things should pick up.

The course is in very good shape and with a few days of warm winds the fairways will be in excellent shape. The girls have the Pro Shop well stocked up and sales are beginning to move rather well.

The Minor Hockey teams are finished for another year and looking back we have had a very successful one. The Pee Wee Reps did very well and advanced to the Island finals as did the Bantam Reps. The Midget "Credit Union Checkers" had just an excellent year as they won the North Island, Island and, most important of all, the Pacific Coast Championship. Things were not too good at the B.C. Championships. We were knocked out of the Tournament which consisted of four teams and the Flu bug certainly took its toll. Oh well, wait until next year...

The Base Softball team are looking for players and all interested guys are to contact the Rec Centre and leave your name or, better still, give good old honest "Kip" McLean a call over at 409 Armament...

Touch Football fever has hit the Valley. It is hoped that there will be enough interest to form a fair size league. It certainly is a great pastime and is a fast growing sport. We hope to get three or four teams from the Base to participate in the new Valley League. The League hopes to get underway as soon as possible. For more info, give Dave Vrange a call at Vanier

High or on the Base, call Appollo at local 315.

The NHL Playoffs are just around the corner and there will be a few new teams in the hunt this year for the coveted mug. The Colorado Rockies are on the verge and it looks like the Detroit Red Wings are going to make it along with, possibly, the Rangers.

Of course, my Leafs are in, again, and if the League were to finish now, or maybe there will be no change, they would be playing the Red Wings. They should do very well this year if their lesser players can put it together. The problem with the Leafs is that they really have only the one line.

The loss of Errol Thompson will not help them at all. Maloney may be tough guy buy, fights do not win hockey games, goal scoring does. Of course, Sittler and Macdonald could play with anyone on their wing, even the Tiger, and if Maloney plays on the second line with Ferguson and Ellis it may help.

The lesser players such as Weir, Boutette, Boudreau, Valiquette, Butler and Jones are not enough to put the Leafs into the finals, and, certainly their Defence is suspect unless Salming can play every game for 60 minutes. I do not expect them to go beyond the second round.

Unless Mr. Palmateer comes up big and the Defence really play much better than average.... Of course, I have been wrong before and will be again, and, besides, as someone said, "Who does he think he is, writing a newspaper column". Well, "I am nobody, but then again, who is a somebody"????? If he is around I could, or I should say the paper could, use his or her help....enough said.



Hosford Photo

442 Sqn. Inter-Section Hockey Champs

Rec Gen

GEORGE DID IT

Well, TSgt. George "The original Green Hornet" Scholar amidst the flash of cameras, tape smashing and the rest of the good stuff, didst finish his 1200 miles. To our knowledge here at CFB Comox, George is the first USAF in Canada to do it. He thus becomes eligible for the Canadian Armed Forces Performance in Aerobic Excellence Performance Scroll and Red Seal.

TSgt. Scholar commenced his run (jogging) last year and set a target of 1 April to complete his required 1200 miles. Well, almost to the day

he finished. From the PERI Staff and all CFB Comox, "Well done, George". We are also looking forward to seeing you complete your next 1200...

CFB COMOX TOTEMS SOFTBALL TEAM

With the approach of the fine weather it is now time for all you Softball players to oil up the old glove and consider getting into shape for the season.

M Cpl Kip McLean is once again looking after the team and with his knowledge we know that come National time his team will be there.

The team will be competing in the newly formed Comox

Valley Fastball League (six teams, one more than last year) and the League will soon be getting underway. Kip would like to have all players new and old try out for the team and if you have any questions to ask do not hesitate to give him a call at local 445.

The greater competition for the team, the better the team will be and, seeing as we are hosting the Nationals here in September it would be nice if CFB Comox could once again be representing the Pac Region at this fall's classic. So come you athletes, put your ball glove where your mouth is and get on with it....

Midget Hockey Wrap-up

The Comox Valley Midget Rep "Credit Union" Checkers had an extremely successful year, season. They participated in the North Island Midget Hockey League against teams Port McNeill, Powell River, Campbell River, Port Alberni and Nanaimo.

The team came second in the League and did so by winning all but two of their games in the second half of the season. The Port Alberni team came first over the regular season play. In the playoffs Comox came first and Nanaimo came second.

These two teams then advanced on to play in the Island Tournament which was hosted by Comox and consisted of the two South Island winners, Saanich and Juan De Fuca. Comox won the Island Championship and Saanich finished second with Nanaimo third and Juan De Fuca fourth.

Comox then advanced on to the Pacific Coast Cham-

pionship which once again was hosted by Comox and played a two out of three series against the Lower Mainland Champions, North Surrey, and after a hectic series, the Comox team prevailed and won the playoff two games to one.

This qualified the local boys, The Checkers, to advance on to the B.C. Championships which had four teams representing their respective divisions. From the North there was Prince George, who hosted the Championship, Kelowna, the Okanagan Champs, Cranbrook, the Western Champs and Comox, the Pacific Coast Champs.

Well the Comox team lost their first two games of the Double elimination series and bowed out. Prince George won and did have a strong well balanced team.

Our team, or I should say, seven of them, has the Flu and this really took its toll on the team as a whole. We did not

have a great deal of depth and our success was built around a team effort with every boy giving 100 per cent. But it is very difficult to give your best when you are not healthy and this was the case of the Comox lads.

As the coach, I am not making any excuses or "Sour Grapes" reasons but, I do feel that we could have at least advanced to the finals and would have given Prince George a handful of problems. Our two losses with the team as sick as they were, were very close. We lost 6-3 to Kelowna and 10-8 to Cranbrook. Both games were played the same day and this didn't help either.

From me, the Coach, Earl Thompson, Manager Al Tuck and Assistant Coach Hugh "Chief" Knockwood, we salute the boys that are graduating from the Midget division and to you lads that have another year left, "Look out, next season is not far away."



Hosford Photo

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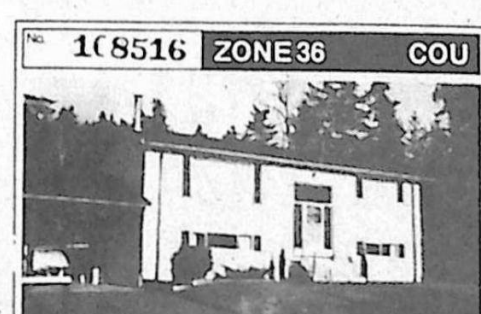
1-5962 ZONE36 COU
ISLAND ELEGANCE!
Island seclusion amongst the evergreen. Ideal retirement or executive recreational home with beach close by. Custom quality 2,000 sq.ft. plus home features rustic brick fireplace and separate dining rm. with hardwood flooring for a breath of fresh air. come to beautiful Hornby Island.
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BLOCK BROS. COURTENAY/334-3111

\$72,500



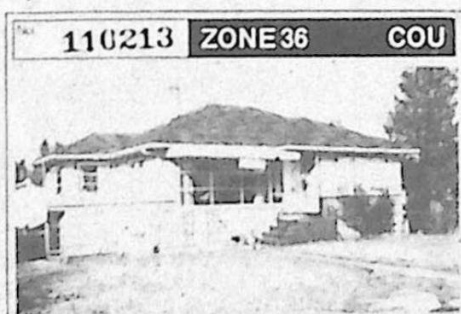
1-6619 ZONE36 COU
COMOXVIEW PROPERTY
Lge. 5 bdrm. home, 3 baths, warm fireplace in 16 x 20 ft. living rm. & extra rooms for workshop, family rm. & storage. Kitchen includes built-in range, eye-level oven, dishwasher & fridge. All this with the most fantastic view of the Comox Harbour and Island mountains from living rm., dining rm. and large sundeck.
MAX WEEGAR/334-4568
BLOCK BROS. COURTENAY/334-3111

\$54,900



1-8516 ZONE36 COU
SUNNY LOCATION IN COMOX
Three bedroom, full basement home in an excellent residential area of Comox. Features include heatilator fireplace, built-in dishwasher, two baths, and a finished rec room. Fully landscaped lot with paved drive, garden area, perimeter fencing, and a park in the rear. A pleasure to show.
BILL MORRISON/339-4063
BLOCK BROS. COURTENAY/334-3111

\$47,500



110213 ZONE36 COU
HOME WITH CHARACTER IN COURTENAY
Older 3 bdrm. home in a quiet residential area of Courtenay. Big homey kitchen, full basement 22 x 17 ft. garage & a convenient lane at the rear. A good family home within easy walking distance of shopping and schools.
BILL MORRISON/339-4063
BLOCK BROS. COURTENAY/334-3111

\$44,000



1-9601 ZONE36 COU
EXCELLENT FAMILY HOME
A beautiful home for the growing family. 2 bdrms. up plus one bdrm. down with a family rm. Sundeck off living rm. Beautiful fireplace with just the right amount of feature panelling in use. Large concrete patio 20 x 24 with an Alcan utility shed. Property backs onto town park use land.
GAYE & LLOYD WICK/334-2220
BLOCK BROS. COURTENAY/334-3111

\$43,900



112554 ZONE36 COU
A NICE CRISP LOOKING 3 BDRM. HOME
Very attractive alum. siding & soffits mean no paint, outside - ever. The yard is landscaped & there are rock retaining walls bordering the paved driveway. Inside there is a nice brick fireplace - lends itself to finishing a big family rm. & room for a workshop, etc. Full price is a low \$42,000.00.
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\$42,000

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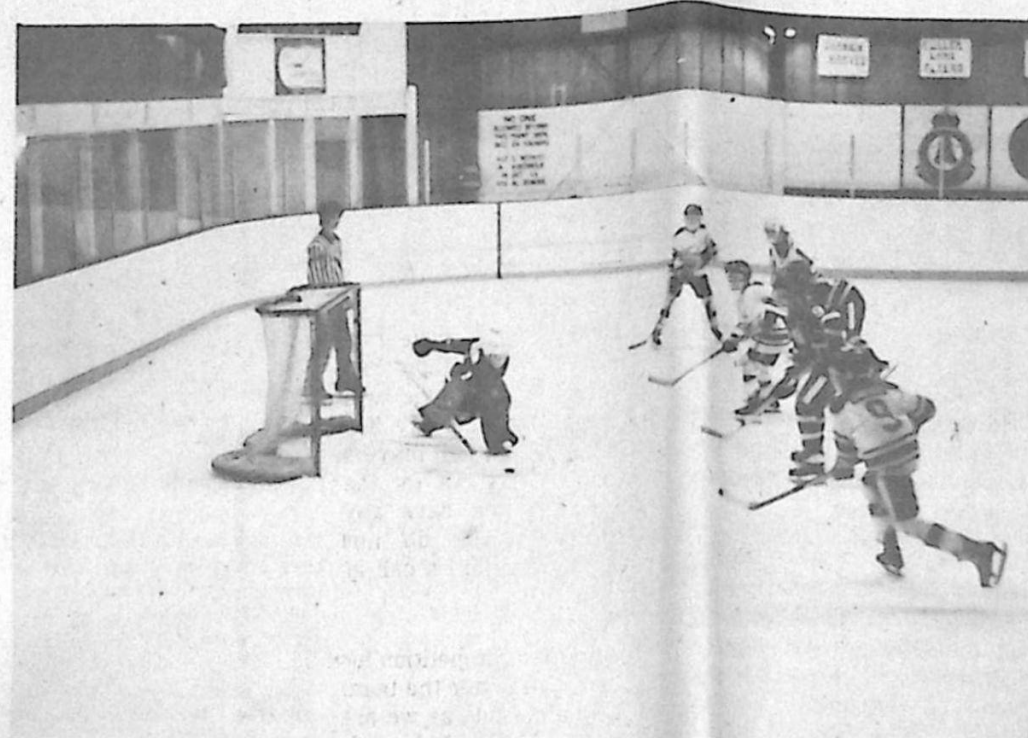
Photos By Chris Hosford



FIRST PLACE WINNER -- Ed Kingston, Tournament Chairman, presents Ken Houghton, Capt. of the Burnaby Minor Hockey Club with the first place trophy. Burnaby won with a win-loss record of 5 wins, no losses, no ties, for a clean sweep. (Hosford Photo)



Close Call On Comox



Comox Dakota's vs Saanich Braves



Scramble For The Net



CANADIANS

Triple "A" Threat

Molson Brewery B.C. Ltd. has purchased promotional and marketing rights for Vancouver's new Pacific Coast League baseball team, it was announced today.

Hal Moran, regional Vice-President and General Manager in charge of Molson B.C. operations, said an agreement has been concluded with the Vancouver team ownership under which Molson's will actively support the team -- recently named the Canadians.

"Our company will be visibly active in assisting the club throughout the 1978 season, and has an option on the next two years," said Moran.

"We are delighted that professional baseball has returned to Vancouver and extremely pleased to be a part of it. Our company shares the belief that Vancouver is a great sports city, and with the proper facility could not only obtain but support a major league baseball franchise. We endorse the idea of a domed stadium as the long-term solution to Vancouver

becoming a full major league city."

"However, our first objective is to help make the return of professional baseball to Vancouver a success," he said.

Terms of the agreement were not disclosed.

Molson has a long history of baseball involvement, particularly in British Columbia.

In 1954 Molson's donated Capilano Stadium and the adjacent park to the City.

"We're certainly no strangers to baseball, and we plan to make the most of this experience in our association with the Canadians."

TOURNAMENT RESULTS

1st Place
Burnaby Minor
2nd Place
North Surrey
3rd Place
Comox Valley

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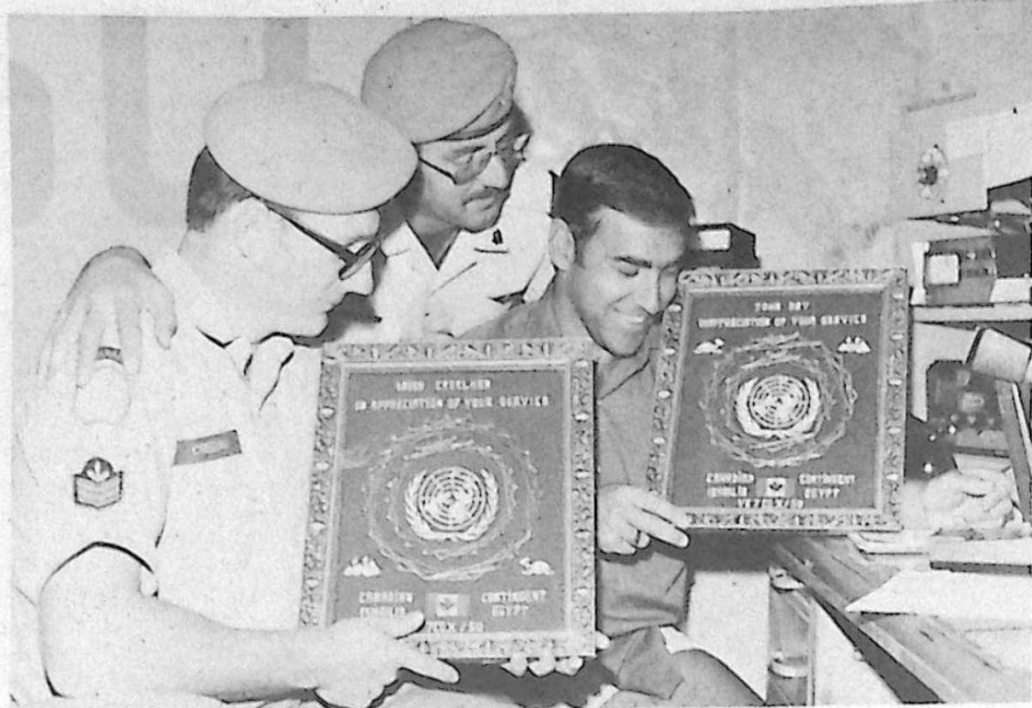
Every few weeks you'll receive this bonus on what we're calling "Discount Days" at your Service Station. On Discount Days our pump prices will be lowered 3¢ below our normal low price of gasoline.

The more you fill up at your station the more Discount Days we'll be able to offer you.

Let's get the snowball rolling! You can't go wrong! Watch for our future announcements for Discount Days!

C.A.F. Focus

Happenings In Other Places



THANKS GUYS! -- Sergeant Irish Creelman of 740 Communications Squadron, Nanaimo, and Sergeant John Day of CFB Moncton, N.B., admire the plaques they have just received from Sergeant Doug Freeman, (centre) NCO i c of the ham radio station at the Canadian camp in Ismailia, Egypt. The two men received the plaques in recognition of the many off-duty hours they spent as volunteer operators in the station during their six month tour in Egypt. While in Ismailia, Sgt. Creelman was a member of 73 Canadian Service Battalion and Sgt. Day was in the CE section. More than one thousand members of the Canadian Forces, men and women from the regular and reserve forces, are serving with the United Nations in Egypt, Israel, Syria and Lebanon. (Canadian Forces Photo)

Cadet Summer Fun

OTTAWA (CFP) -- Exchange visits, summer camps and flying training are only three of eight excellent opportunities for Air Cadets this summer. Air Cadet League headquarters has announced.

The opportunities are summarized as:

Exchange Visits
Want to travel abroad as a goodwill ambassador for Canada? It is the top Air Cadet award, open only to well-qualified senior cadets. Requirements: an outstanding Air Cadet and school record, excellent personal characteristics and 17-18 years as of Sept. 1. One applicant per squadron.

Summer Camps
Two weeks of air force training, orienteering, leadership, specialized courses, glider and powered aircraft flights, plus a full program of sports. Transportation, clothing, meals and medical care provided. Selections are on the basis of regular attendance and service with the squadron.

Scholarship Flying Training
Earn your private pilot licence and Air Cadet wings! Requirements: 17 or 18 years old as of Sept. 1, medically fit and can pass the qualifying exam. A training bonus is paid. Two to four applicants per squadron.

Glider Pilot Course
Qualify for a glider pilot licence and Air Cadet wings! Requirements: 16 to 18 years old as of Sept. 1, medically fit and can pass the qualifying exam. A training bonus is paid. Two to four applicants per squadron.

Ground Search and Survival Course
Two weeks of survival training and outdoor life in the Canadian Rockies. Requirements: top physical condition, interest in the outdoors, 15½ years old as of July 1 and completion of Junior Level training. One applicant per squadron.

Senior Leaders Course
Six weeks of instruction in effective speaking, management procedures, instruction techniques, drill, etc. Requirements: 15½ years as of July 1, completion of Junior Level training and physically fit. A training bonus is paid. Two applicants per squadron.

Technical Training Course
Six week courses in vehicle maintenance, photo techniques, aircraft safety systems and communications. Requirements: 15½ years as of July 1, completion of Junior Level training and physically fit. A training bonus is paid. One applicant per squadron.

Athletic Leadership Course
A six week course to train sports and athletic directors. Requirements: 15½ years as of July 1, completion of Junior Level training and can pass the basic fitness test. A training bonus is paid. One applicant per squadron.

Cadets may obtain additional information from their squadron commander.

C.E. Quips

1. Manual CE Procedures including Work Control, Production Scheduling, Accounting and Timekeeping will be automated under the Construction Engineering Management Information System (CEMIS MK II) in May 78.

2. All requests and trouble calls except emergencies and high priority items should not, therefore, be submitted or requested during the period mid-April to mid-May 78. This should help reduce the volume of data that must be coded immediately prior to conversion and should reduce the volume of data that must be entered and thereby hasten the conversion process.

Borden Citizen Celebrates

As this issue of the Totem Times lands on your doorstep a sister publication, The CFB Borden Citizen is now 30 years old. That paper has been in continuous operation for that period and its Editor believes that the Citizen is now the oldest continuously published Base newspaper in the Canadian Forces.

The Editor and Staff of the Totem Times congratulate the Borden Citizen and send best wishes for many more years of First Class support to your Base and the Military Community.

Games Update

EDMONTON -- When the Athlete's Village for the Montreal Olympics was in its embryonic stage, the greatest concern at the time was security. Nobody wanted a repeat of the Munich massacre.

Those proposing the Commonwealth Games for Edmonton did not have that security-type problem. There was an "instant Athlete's Village" already in existence in the Edmonton area.

As a matter of fact, some say the University of Alberta's student residential complex was one of the keys that unlocked a number of delegate votes and brought the Xth Commonwealth Games to Edmonton Aug. 3-12, 1978.

The U of A's residential complex, called Lister Hall consists of three ten-storey bedroom towers all linked by underground passage-way to a two-floor hall housing food and general services.

As for the type of security anticipated for the Games (low-key at best) an extension of an existing fence on one side to enclose the entire area, including a general purpose playing field, should more than adequately meet Games officials' requirements.

Lister Hall was built in the '60's with the Henday and Kelsey Hall towers opening in 1964, and 1967 respectively. The two-storey food and general services building from which the complex derives its name, went into operation in 1967.

Each tower consists of three wings. Each wing has a lounge, showers, and washroom on every floor, and two elevators to serve each tower. As well, each tower has laundry and dry cleaning facilities. In addition, each room has its own telephone.

The entire complex boasts 1,034 rooms, including suites. Normal capacity is rated at 1,866 guests.

Canadian Military Aircraft

The Canadian Army had been using the Auster AOP aircraft for artillery spotting since 1948 and through the Korean war. By the end of that period, it was evident that they would have to be replaced by something of more modern design and construction. After much study, the chosen replacement aircraft was the Cessna L-19 Bird Dog.

The L-19 was much more powerful than its predecessor, giving better performance. It was roomier and more comfortable for its crew. It could also carry more in the way of communications gear and underwing stores.

The first of the new aircraft was received in September of 1954, with a second batch being ordered in 1957. The total number of L-19's in the Canadian Army reached 25, with six being written off in crashes.

By late 1972, the age of the helicopter had come to Army aviation, the L-19 being replaced with the Bell LOH-58A "Kiowa" helicopter.

Powered by a 200 h.p. Continental engine, the remaining Bird Dogs were considered to be too powerful for the average civilian pilot.



L-19 Bird Dog

Safety Tips For Push Mowers

1. It's essential to read the owner's manual carefully before using the mower.
 2. Keep children and pets away from the mower area.
 3. Wear sturdy shoes and close-fitting slacks. Never operate the mower in bare feet or sandals.
 4. Never adjust or leave the machine without stopping the mower and disconnecting the spark plug.
 5. Don't mow wet grass. It can cause you to slip and lose control and blades and discharge chute to clog.
 6. Steer the push mower across slopes, never up and down. Always watch your footing, especially on slopes.
 7. Follow proper mowing patterns to avoid cutting the cord with an electric mower.
 8. Make sure to keep the mower flat on the ground to protect legs and feet. Never lift, tilt or pull it toward you.
- Follow these tips and you'll be mowing yourself to safety.

Defence:

Walk, jog, run, skate, ski, swim, paddle, pedal... don't let life catch you with your head down.

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73 MAZDA P.U. & Canopy	\$1895
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74 FORD F-100 Heavy duty, v/8, 4 spd. trans.	\$3495
76 COURIER P.U. Canopy, auto. Only 16,000 mi.	\$4495
73 COURIER P.U. 4 Speed	\$1695
72 G.M.C. P.U. V-8. Auto. P.S., P.B. Air Cond.	\$2495
71 DATSUN 1600 c.c. Pick-up	\$895
72 G.M.C. ½ TON P.U. New paint	\$2195
72 FARGO ½ TON P.U. V-8. Auto.	\$1095



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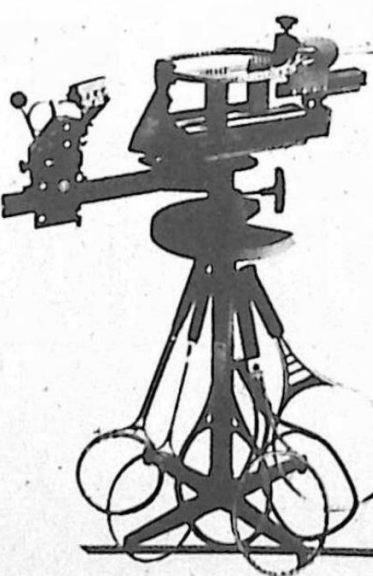


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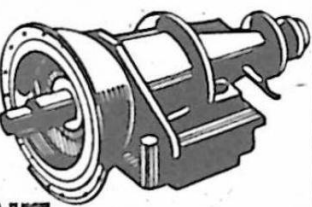
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- Discomfort to the child with decayed or abscessed teeth.
- Development of poor chewing habits if teeth are sore or have been extracted.
- The beginning of gum disease.
- Certain teeth may have to be extracted too early, the new permanent teeth may not be guided into the proper position, or may drift out of their normal location, resulting in crowded, crooked permanent teeth.

To avoid these serious problems

- Brush and floss your child's teeth starting as soon as they come into the mouth.
- See your dentist regularly starting at about 3 years old.
- Don't feed your children high-sugar foods.
- Give your child fluoride supplements (from birth to twelve years) if the drinking water in your area is not fluoridated.
- Start good oral care early so your children can have strong, healthy, attractive teeth and gums all their lives — IT'S UP TO YOU!!

A MESSAGE FROM THE DENTAL PROFESSIONS OF CANADA

KEEP YOUR TEETH FOR A LIFETIME

Suffield To Stay

EDMONTON — Plans to phase out the Defence Research Establishment facilities at Suffield (DRES) have now been abandoned, it was announced here today by the Honourable Jack Horner on behalf of his colleague, Defence Minister Barney Danson.

Further study of DND's total research requirement now makes the phase-out plans — announced in 1975 — unnecessary and the Suffield establishment will continue its applied research program in chemical defence, military engineering and microbiology. Research in microbiology includes work on diseases which members of the Canadian Forces might

encounter in their world-wide assistance and peacekeeping operations, as well as defence against biological warfare.

DRE Suffield has 180 scientists, engineers and technicians on strength, and all but two are civilians. Research is carried out in four main laboratory buildings and on a field test range covering an area of about 250 square miles. This area, complete with access roads, communications systems and distributed power supplies is part of the 1000 square miles for which CFB Suffield is responsible.

Continued operation of the research facilities will have no effect on gas exploration work now taking place at

Suffield nor on military training carried out by the British Army under an agreement with the Canadian government.

Mr. Horner said Defence Minister Danson had informed him that plans for the construction of Defence Research laboratories in Winnipeg also had been abandoned, and that the six existing Defence Research Establishments in Canada would meet DND's future research needs. The other facilities are DRE Atlantic in Halifax, DRE Valcartier near Quebec City, DRE Ottawa, the Defence and Civil Institute of Environmental Medicine in Toronto and DRE Pacific in Victoria.



FIRST FEMALE GCA CONTROLLER

Corporal M.H. (Helen) Bowman, 25, of Bath, Ont. became the first Canadian Forces service woman to qualify as a ground control approach air traffic controller in Edmonton last week.

Cpl. Bowman joined the Canadian Forces in 1970 as a teletype operator. In 1975 she transferred to the air traffic control trade and attended courses at CFB Borden.

To achieve her present status as the first Canadian Forces service woman qualified in GCA, Cpl. Bowman completed a three-month course on radar control which emphasizes the alignment of surveillance and precision scopes, and aircraft control procedures.

Following formal training, Cpl. Bowman returned to CFB Edmonton for three-months field training on precision aircraft approaches. She completed her field training March 21, 1978 thereby becoming the first female qualified GCA air traffic controller in the Canadian Forces.

Cpl. Bowman is married to former CF Sergeant Gary Bowman. She is the daughter of Warrant Officer and Mrs. Walter MacDonald, P.O. Box 416, Purdy Road, Village Meadows, Bath, Ont. (CF Photo)

Ice Radar

Installation of a new radar unit in reconnaissance aircraft, announced today by Environment Minister Len Marchand, will make possible all-weather flights by day or night.

"This will contribute substantially to the safety of shipping in ice-bound seas as ice surveillance can now be carried out during the frequent fogs which impede shipping along Canada's east coast, through cloud cover, and in arctic waters during the long arctic night from October to March," Mr. Marchand explained.

Previously ice reconnaissance was possible by visual observation only, and flights over arctic waters were suspended during the darkness of the winter months, at night, and during unfavourable weather.

"With year-round shipping along the east coast and through arctic waters likely to

become a reality within the next five years, the installation of the SLAR unit in our ice reconnaissance aircraft means a greatly improved service to the shipping industry," comments W. E. Markham, a director of the Ice Branch of Environment Canada's Atmospheric Environment Service.

The SLAR unit is now installed in a four-engine Lockheed Electra aircraft, chartered from Nordair, Montreal by the Atmospheric Environment Service. Observers aboard the aircraft are in direct contact with Canadian Coast Guard ships, relaying the ice information provided by the radar unit. The SLAR unit is on permanent loan from the Department of National Defence, and is equipped with a dry silver processor producing a nine-inch negative filmstrip within minutes of overflying a point.

Totem On The Road Variety 78

BY REVIEWER

Enticed by the sound of the ever popular Can Can coming from the Base Theatre I decided to take up Paul Kozak's offer and drop in on the Totem Little Theatre's rehearsal of their latest production "VARIETY 78".

I was greeted by a swirl of color and flashing legs as the chorus line practised the Can Can.

This year's show "Totem On The Road Variety 78" is a two part variety show with entertainment for every taste and for every member of the family. The twenty or so member cast will perform

skits, songs, and dances including — "believe it or not" — knife throwing and precision archery.

The first half of the show will feature current songs and dances very similar to those coming from the BTO next door, and some excellent take-offs including Idi Amin at the Commonwealth Games.

The second half will feature the nostalgic trials and tribulations of a military entertainment group during a tour of England and France during the Second World War...the songs of Vera Lynn, the famous Chelsea Pensioners, and many other

well remembered acts, will be most certainly enjoyed.

"Totem on the Road" is a most appropriate name for this excellent variety show as it will go on stage; in Masset 29 Apr.; Holberg 30 Apr.; Chilliwack 2 May and finally the tour performs here at CFB Comox Base Theatre 4 & 5 May.

Keep an eye out for an in-depth look at the performers and acts of "Variety 78" in the next issue of the Totem Times. I am sure you will want to join the Totem Little Theatre group for an evening of fun and enjoyment during next month's performances.

Car Rental Tips

A rental vehicle can be ideal transportation for a holiday of no set destination, unless of course an unexpected bill for mileage arrives in its wake.

Many motorists who rent vehicles for business or pleasure bring trouble on themselves because they don't check into all the terms of the agreement ahead of time, says the B.C. Automobile Association, and are not very clear on either their rights or liabilities.

Price is not the only factor to be considered in selecting the best car rental deal. Though most major companies claim they inspect their vehicles thoroughly before allowing them on the road, the motor club advises consumers to make a quick safety check themselves before driving off. When it comes to personal safety, assume nothing.

Be sure that horn, lights, turn signals, back-up and brake lights, wipers, wind-

shield washer and rear-window defogger are working properly. Also check the tire condition and be sure the car is equipped with a properly inflated, quality spare and jack equipment. For personal comfort, check the operation of the heater or air conditioning system. If the vehicle has not already received an under-the-hood inspection, ask the attendant to perform one.

The BCAA suggests that you drive around the lot for a moment or two to get the feel of the car, to test that the brakes and steering are functioning properly and to see that the seat belt adjusts to your personal comfort.

Have you been given all the necessary keys — ignition, trunk and glove box? If possible, get an extra set in case of lock-outs or misplacement.

C.E. Quips

LET THERE BE LIGHT.

Don't call the CE Section to replace your incandescent light bulbs, fluorescent tubes, or fuses — they are your responsibility! How do you know whether a fluorescent tube has failed? — the ends of the tubes become blackened. If you replace the tube (s) and the light still doesn't work, THEN call local 234, CE Work Reception.



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Library News

The following new titles are now available at the Base Library:
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Emily's Quest by L. M. Montgomery
Emily of New Moon by L. M. Montgomery
Emily Climbs by L. M. Montgomery

FICTION
Jean Pauline an Indian Tragedy by Maud Emery
The Hollow Hills by Mary Stewart

NON-FICTION
Mister God, This Is Anna by Fynn
Early War Photographs
Guinness Book of Records 1978 Edition
Sailing Illustrated by Patrick Royce
How to Catch Salmon by C. White
Freshwater Fishing by Ray Ovington
Backpacking: One Step at a Time by Harvey Manning
Backpacking Equipment: A Consumers Guide
Canadian CB Radio by Len Buckwater
The Joy of CB Radio by R. Perkowski
Basic Photography by M. J. Langford
Advanced Photography by M. J. Langford
The Organic Gardener by Catherine O. Foster
The Canadian Consumers Survival Book
Tax Savings Plans in Canada
Its Your Money by Scott Anderson
Europe on \$10 a Day 76-77 Edition by Arthur Frommer
Skiing Cross Country by Ned Baldwin
Design For a Limited Planet by Skurka
The Herbalist by Jos. Meyer
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Hypothermia ... Keep Warm

Yes, we know...it's not your favorite drink! But anyone who works or plays near B.C.'s open ocean waters and interior lakes should know all about cold water, especially cold water that can kill!

Water temperature in the Strait of Georgia is low enough to pose a year round risk of hypothermia...the loss of body core heat...and during the winter months immersion without an anti-exposure suit can be fatal after approximately two hours or less. Prolonged exposure can lower the deep body (core) temperature and result in unconsciousness at about 90 degrees F. (32 degrees C) — and death (usually from heart failure) at about 85 degrees F. (30 degrees C).

The key to staying alive longer is to conserve body core heat. That means remain as inactive as possible and protect the body's high-heat-loss areas: The head, neck, sides and groin area. Increased activity causes the blood to circulate more quickly which means more heat loss to the water. Two commonly-recognized "anti-drowning" techniques —

treading water and drown-proofing revealed faster cooling rates than holding still in a life jacket.

A life jacket or personal flotation device that is a loose fitting vest-type makes no significant contribution to preserving body heat in cold water. Foam vests that form a close fit to the chest, and garment-type floatation jackets with buoyant, insulative foam offer a 50-75 per cent increase in survival time. But real success in this area can be achieved with a full survival suit and the "UVic Thermofloat", a convertible jacket developed by Dr. John Hayward and Associates, of the University of Victoria.

Predicted survival time with all of the heat saving features deployed is estimated at a four-fold increase...approximately 8 hours in the Georgia Straits winter water.

Boaters particularly should take advantage of this combination of practical jacket which doubles as an effective cold water personal flotation device.

Safety Sam



PTE. JOANNE STOECKL kindly posed for these "before and after" pictures of the UVic Thermofloat. When the head cover is pulled on, it is readily seen by its blaze orange color and reflective tape markings.

Every day, thousands of Canadians decide to quit smoking. Two days later, 85 per cent of them are back in the unhappy world of smokers who want to quit but can't. Over the years, smokers have tried just about every conceivable way to quit smoking including hypnosis, acupuncture, graduating filter systems, pills, sensory deprivation, shock treatment, group therapy and the most common of all techniques, "cold turkey". Each technique has met with success in some people, dismal failure in others.

Martin Thompson, Coordinator of the B.C. Tuberculosis-Christmas Seal Society's Operation Kick It program, says the frustration felt by most smokers who have been unsuccessful in several attempts to quit smoking often causes them to give up trying to quit. Thompson says each time a smoker announces to his spouse or friends that he is quitting his cigarette smoking habit, then fails to do so, he feels embarrassed and is hesitant to try again for fear he will be held up for ridicule by his peers. For this reason, says Thompson, thousands of

Operation KICK IT



smokers are resolved to live out their remaining days as smokers, hiding behind flimsy excuses such as "I only smoke a few a day," or "I can quit anytime I want," or "I only smoke so I won't gain weight". These excuses, says Thompson, will shortly catch up with those who live with them when diseases such as emphysema and chronic bronchitis develop, as they so often do in heavy smokers. Then, says Thompson, the individuals will be giving up smoking on their doctor's orders, not through any wish of their own, and the physical damage done by their years of smoking will be irreversibly done.

In the past three years, several thousand British Columbians have been helped to give up their cigarette smoking habit through the Christmas Seal Society's Operation Kick It program. Using a group therapy technique which shows smokers how they learned their habit, how to unlearn it, and how to live as successful former smokers, Operation Kick It has spread from one location in January, 1975, to 75 locations in many parts of the province in early 1978. The programs are free, and are run by volunteer counsellors, all graduates of Operation Kick It, who have been trained by the Christmas Seal Society to act as counsellors for Operation Kick It classes held in community centres, schools, hospitals and offices in their own communities. All materials are provided by the B.C. Tuberculosis-Christmas Seal Society.

Chapel Chimes



RC CHAPEL

Father M. Allan Stack - Base Chaplain (RC) - Telephone 339-2211 Loc. 274; Residence 339-2102.

MASSES FOR SUNDAY:

Saturday - 7:00 p.m.
Sunday - 9:30 a.m. and 11:00 a.m.

WEEKDAY MASSES: 9:00 a.m.

SACRAMENT OF RECONCILIATION: Confessions are heard before all Masses and any time upon request.

BAPTISM: By appointment. Please phone ahead in plenty of time.

MARRIAGES: Please come in months before your marriage. CATECHISM CLASSES: Each Wednesday night at the PMQ School, 6:30 - 7:30 p.m.

THE PROTESTANT CHAPEL

Telephone: 339-2211 Loc. 273.

L.R. Coleman, Maj. (Base Chap (P))

C.V. Patey, Capt. (Chap (P)).

CHAPEL SERVICES

The Protestant Chapel is located in Wallace Gardens (PMQ area) and Divine Service is held every Sunday at 11:00 hours. This is the Base Chapel and everyone is warmly invited to share in the Service.

HOLY COMMUNION: Holy Communion (ACC) 1200 hours first Sunday of the month.

BAPTISM: By appointment. Consultation with parents expected 2-3 weeks in advance of Baptism.

WOMEN'S GUILD: All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2000 hours on the second Wednesday of each month.

CHAPEL CHOIR: Our Choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain.

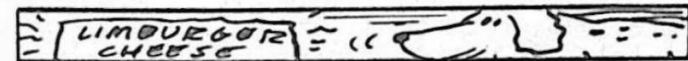
Junior Choir: 1830 Hrs. Thursday at the Chapel.

Senior Choir: 2000 Hrs. Thursday at the Chapel.

SUNDAY SCHOOL: The Sunday School operates from September to June. Ages 6-15 meet in the Chapel at 0930 hours each Sunday, and the ages 3-5 hold their sessions during the Church period at 1100 hours. All children are invited to attend.

OFFICE HOURS: 0800 - 1630 hours. Phone 339-2211, Loc. 273.

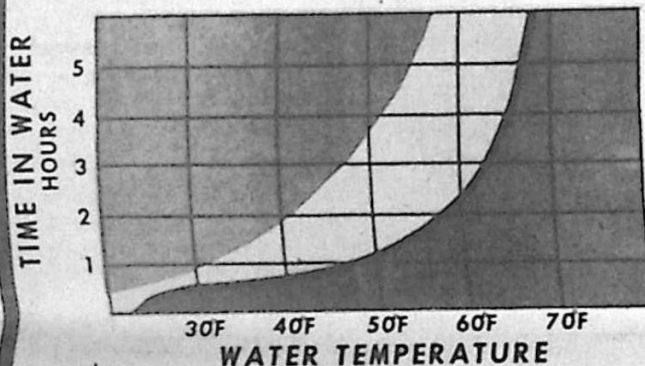
HOSPITAL VISITATION: The Chaplain would appreciate the co-operation of the members of the congregation and would request that they phone the Secretary's office (339-2211 Loc. 273) to report the names of any members of the congregation who may be in the hospital.



Bloodhounds can detect a scent up to 10 days old.

TAKE WARNING

TIME OF LIFE EXPECTANCY IN WATER WITHOUT ANTI EXPOSURE SUIT



100% EXPECTANCY OF DEATH LETHAL
50% EXPECTANCY OF UNCONSCIOUSNESS WHICH WILL PROBABLY RESULT IN DROWNING MARGINAL
SAFE ZONE

STRAIT OF GEORGIA AVERAGE WATER TEMPERATURES:

DEC. 40° F., JAN. 44° F., FEB. 44° F., MAR. 45° F., APR. 45° F., MAY 51° F., JUN. 55° F., JUL. 55° F., AUG. 55° F., SEP. 55° F., OCT. 52° F., NOV. 45° F.

INFORMATION SUPPLIED BY FLIGHT COMMENT AND BMMO

COMING HOME TO GAGETOWN

OTTAWA — The 2nd Battalion of The Royal Canadian Regiment is coming home to Gagetown, N.B. April 3-6 after six months of United Nations peacekeeping duty in Cyprus.

Replacing them are elements of 1st Battalion Princess Patricia's Canadian Light Infantry based in Calgary, Alta., augmented by troops from other Mobile Command units.

The two-way rotation involves 860 officers and men, and will be done with Air

Command CC-137 (Boeing 707) jet transports from 437 Squadron at Trenton, Ont., landing at Akrotiri, Cyprus. Lieutenant-Colonel J. R. MacPherson, 40, of Sydney, N.S. commands 2 RCR and Lieutenant-Colonel L. W. MacKenzie, 37, of Truro, N.S. is commander of 1 PPCLI.

Facts on Food Additives

Nothing gets people hotter under the collar than what additives are and if they are necessary.

To try and set things right, Health and Welfare Canada has published a "Guide to Food Additives". It uses easily understood language to define a food additive and describe how additives are controlled and the Canadian policy on them.

It also describes each group of additives from anti-caking agents to carriers or extraction solvents, describing what each does and the chemicals used and their specific purposes.

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PADS FOR RENT

Falcon Trailer Park. ¼ mile west of Base. Children welcome. Sorry, no dogs. First month - rent free. 339-3125 or 339-2576.

For Sale

AVIATION BOOKS: Send for free catalogue from "The Hangar Bookshelf," Box 1513, Belleville, Ont., K8N 5J2 - Canadian distributor for Kookaburra Technical Publications, Canada's Wings and Valkyrie Publications.

Wanted

WANTED 125 cc motorbike, no later than 1976. Phone 338-8747, ask for Dave.

Boat with trailer and motor wanted, preferably with 35 HP plus low engine time and canvas. Write to Maj. Shorey, 15020 - 101 Street, Edmonton, Alta. T5E 4H4 (include photo).



Neglecting certain fundamentals such as regular visits to your dentist, brushing your teeth after meals and using dental floss daily, can lead to cavities, infection or inflammation of the gums and the early loss of teeth, as well as unnecessary surgical cost.

PMQ Preamble

There will be a family picnic for all PMQ families at the end of May to coincide with family month. At this time PMQ's ideal family will be announced. What we are looking for is a family who participates in community affairs, and does things as a family, church, picnics, camping, etc. that we at CFB Comox will be proud to be identified with.

Please fill in the coupon, and your Ward Councillors will pick them up in the coming week. In filling out the coupon please be specific in the reason for your choice, as to why you feel the family you chose will be CFB Comox ideal family. As mentioned previously the family you choose will be treated to dinner at the "Old House". The date of the family picnic in May will be announced at a later date.

BTO car wash was cancelled on 1 April, and has been rescheduled for Saturday 8 Apr. from 10-4, with Sunday being the alternate date if it rains on Saturday.

Do you know, that only 40 per cent of the PMQ's dogs are registered at the housing office? It is the responsibility of the families who own dogs to register them at the housing office. It could help for identification if your dog is one that happens to be picked up by the dog catcher.

Registrations for PMQ Baseball and softball were held on Saturday, March 18th. Approximately 120 players were registered in all age groups. For anyone who missed the registration day — don't worry — you can pick up registration forms from Captain Murray Haines at PMQ 93. Phone 339-5762. The cost is four dollars per player or ten dollars per family. The age groups for PMQ Baseball are as follows: Squirts (Boys & Girls) Softball: 6-9 years, Midget Girls Softball: 10-12 years, Bantam Girls Softball: 13-15 years, and PeeWee Boys Baseball: 10-12 years.

We desperately need coaches for Bantam Girls softball. Anyone interested please contact Captain Haines.

Registration forms for Babe Ruth baseball are also available through Captain Haines. The cost for this activity is fifteen dollars per player. The age groups for Babe Ruth are: Prep: 13 years old as of 1 Aug. 78, Junior: 14-15 years, and Senior 16-18 years.

In closing, baseball season is almost upon us, and from experience coaching last

**WATCH FOR OUR
GRAND
OPENING
APRIL 27th
DRIFTWOOD MALL**

year, there was a very poor participation with the parents to watch their children play ball. I have seen a child play 150 per cent ball when he knows one if not both his parents are watching him. It doesn't take much time, so how about it parents come out and watch your kids play, who knows, you might enjoy it as much as he does having you there.

**PARENTS DO YOU KNOW
WHERE YOUR CHILDREN
ARE TONIGHT?**

**CHILDREN DO YOU
KNOW WHERE YOUR
PARENTS ARE TONIGHT?**

The minimum inside finished depth of a clothes closet should be 24 inches.

PMQ's IDEAL FAMILY

NAME:

HOUSE NUMBER:

REASON FOR CHOICE:

.....

.....

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FIRING AWAY

"GO TO BLAZES CONTEST"

1st Prize: An eternity of peace and quiet under a warm velvet blanket of grass, in the location of your choice.

2nd Prize: An all expense paid visit to the hospital of your choice for various "degrees" of duration.

3rd Prize: Every "body" wins, your choice of creams, salves, ointments and bandages in decorator colours and assorted flavours.

TO QUALIFY

Ignore as "garbage" all fire prevention advice and warnings. Maintain an "It couldn't happen to me" attitude. Moan and groan at the mere idea of a fire warden's job or a fire fighting lecture.

Leave all those dull and dreary fire precautions at work, where you must obey them. After all, why bother with them at home with only the wife and kids around.

There are many ways to qualify, if you feel you are qualified call the Fire Hall for verification or advice.

C.W.L. Bazaar

Charity Benefit

It was no joke on 1 April when the CFB Comox Catholic Women's League held a bazaar in the Airport School to raise funds needed to support charities such as the Glacier View Home and Foreign Missions.

The afternoon was a complete success as over \$1,000 was raised from the sale of such items as candies, cakes, pies, toys, household

items, flower arrangements etc. etc.

There were many raffles won during the afternoon. Janet Bourque of Lazo won a beautiful Afghan and Francine McCleod won a monkey doll. For the Tea Room Door Prizes: Juanita Coleman got a plaque, Vera Lynn Simpson took away a dried flower arrangement, and Cecile Boulanger received a plant.



WHITE ELEPHANT -- Holding tightly onto her "purchase", Jennifer Wach is extremely happy with her new, lifelike doll.

PHOTOS BY
HOSFORD



TERRY HOOPER -- Our beautiful Miss Wallace Gardens draws the winning ticket. The winner of a \$100 cheque is Maggie Storing of Courtenay.



TEA FOR TWO? Dawn Cope pours the tea as Don Pierce and Sue Muise get prepared to launch into their strawberry cakes.

SAUSAGE SORCERY

It's the time Canadians take to vacation trails and become outdoor adventurers, living in tents and trailers. Meals on the go need not be fancy, but they can be fun by taking along nutritious, ready-to-eat luncheon meats and other sausage products.

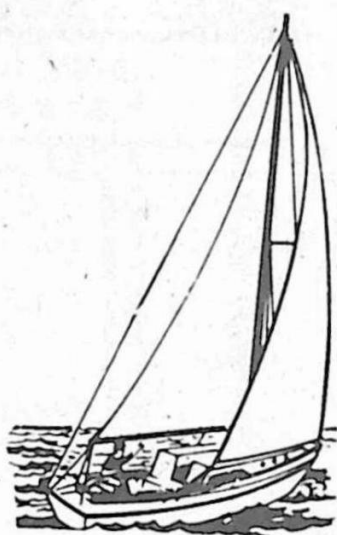
Since open camp fires for cook outs and barbecues are all part of holiday fun, the home economists for Union Carbide offer these safety tips. The fire should be well clear of brush or buildings. Lighter fluid must not be added to a fire after lighting. Loose, inflammable clothing should not be worn when one is cooking with an open fire. The fire should not be left unattended when accessible to children or pets. Barbecue grills should be firmly mounted to prevent tipping. The fire should be completely extinguished after using. Burning charcoal should be soaked with water and may be reused after drying.

Keep your food budget within limits by taking advantage of the low price tag items. For example, macaroni and wieners prove a real budget pleaser. Prepare packaged macaroni and cheese according to package directions. When the cheese goes into the cooked macaroni, add 1/2 lb. diced wieners to the mixture. Bake at 350 degrees for 10 minutes to 15 minutes, or until the wieners are heated through. Families camping out should take special care with food. Keep hot foods hot and cold foods cold so that spoilage won't be an unwelcome passenger on your trip.

Some people believe that the best way you can get good luck out of a four-leaf clover is to wear it in your shoe.

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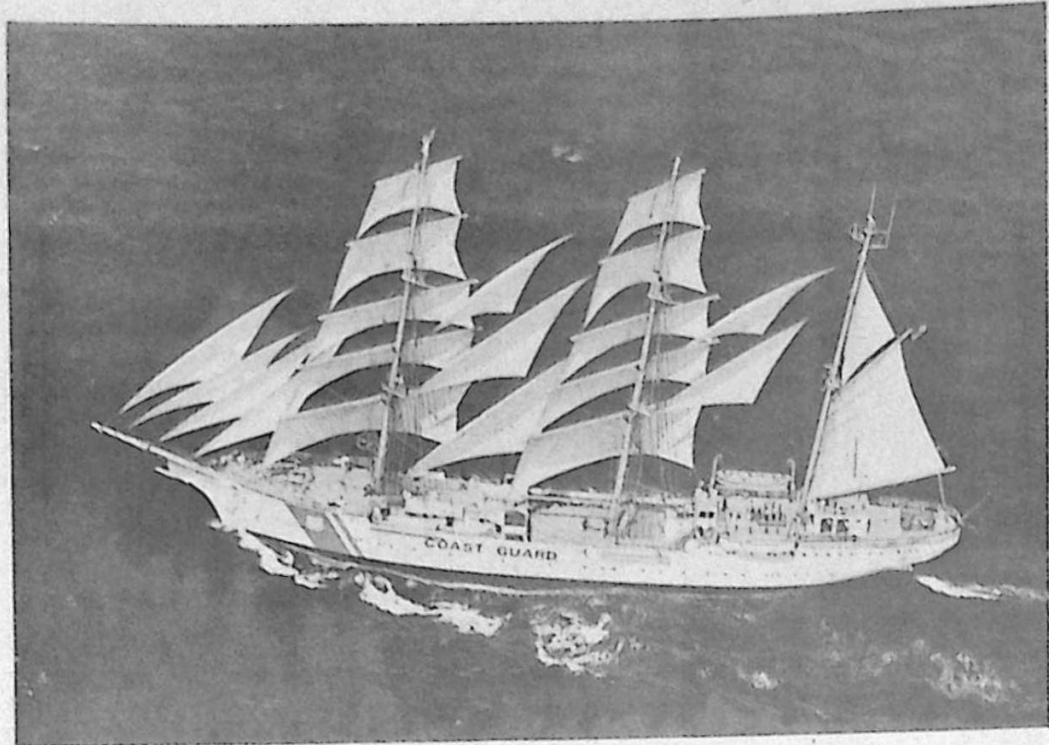
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Sail Ho!!

The famed United States Coast Guard training ship "Eagle" will join the other tall ships when they sail from Honolulu on June 25 for Victoria as part of the British Columbia Captain Cook Bi-Centennial celebrations, Honourable Grace McCarthy, Minister of Tourism and Chairman of the 1978 British Columbia Captain Cook Bi-Centennial Committee announced today.

"The entry of the famous tall ship in the race will certainly draw the interests of many smaller Class B vessels. Its entry into our Captain Cook Bi-Centennial celebrations is welcomed," Mrs. McCarthy said. "The 'Eagle' is one of the most famous tall ships, and we are very pleased to have the active participation of our friend and neighbour, the United States of America."

With the Eagle now confirmed to visit Victoria and Vancouver, the number of training ships officially in the race is three. The others are the privately-owned Japanese steel barquentine Osprey and Uruguayan schooner Capitan Miranda.

The waters of Juan de Fuca and Georgia Strait will also be visited by the four-masted barks, Nippon Maru and Kaiwo Maru from Japan starting June 16.

The Eagle, a veteran training ship, was built in Hamburg for the German Navy and launched in 1936 under the name "Horst Wessel".

During World War II she was used extensively to transport men and supplies in the Baltic. The ship was turned over to the Americans at Bremerhaven in 1946 and re-named "Eagle".

The "Eagle" is built of steel, is 295 feet long and her

tonnage is 1816 tons displacement fully loaded. The vessel's diesels give her a speed of 10 knots, but she can achieve 17 knots under sail.

The sail area on the "Eagle" covers 21,350.8 square feet. The rig consists of 22 sails and the mainmast and the foremast over the waterline cover 150.3 feet.

The complement of the "Eagle" consists of 19 officers, approximately 46 crew and 180 cadets.

The "Eagle" and other ships involved in the spectacular nautical display will be in Victoria and Vancouver harbours July 25.

Falcons Stay Free

The Honourable Sam Bawlf, Minister of Recreation and Conservation announced today that there would be no capture of Peregrine Falcons from the Queen Charlotte Islands in 1978.

Mr. Bawlf stated he had reviewed the history of harvests on the Queen Charlotte Islands, examined

the studies and recommendations of the Fish and Wildlife Branch and read submissions from other groups and individuals. "I am not allowing a harvest. There are many people who do not want to have those birds molested and until I am convinced that a harvest is necessary I will not allow it."

The Dewdney Trail

One of B.C.'s "fun-to-travel" roads is Trans-Canada Highway 3 — that broad, smooth belt of blacktop that winds eastward over the Cascade, Monashee and Selkirk mountain ranges to the Purcells, the Rockies and the Alberta border.

For much of this length, Highway 3 follows the route of the Dewdney Trail, a mule track, built for the eager gold-seekers of the 1860's.

The Similkameen and Rock Creek gold strikes were made soon after the historic discoveries along the Fraser River.

Though gold finds on the Similkameen were modest, the Rock Creek diggings, 160 kilometres further east, were reported to pay "from \$20 to \$100 per day to the hand".

Such optimistic reports brought prospectors from the U.S. — many of them rowdy California-Gold Rush veterans — surging north into "British" territory.

The new diggings were virtually "on" the international boundary.

Access, via river-valley routes north, was easy for the U.S. residents, who got their supplies by mule trains from Oregon and Seattle.

As a result, "British" gold was leaving the country in the pockets of U.S. merchants — a situation much deplored by businessmen in New Westminster and Victoria.

In addition, there was a very real danger that the strong U.S. population and commercial interests would overwhelm "British" claims to the territory.

It was, therefore, imperative that a "British" route be cut through the mountains to the gold fields.

Governor James Douglas acted quickly: Young Edgar Dewdney was commissioned to build a 1.2 metre-wide pack trail to the diggings.

In a move to force U.S. miners to recognize "British" sovereignty of the region,

Governor Douglas despatched a gold commissioner to Rock Creek.

But the surly U.S. citizens refused to take out mining licences or to file their claims. Instead, they stoned the Queen's representative and drove him out of town.

This rebellion brought Governor Douglas out in person. He was "impressive" in his full, official uniform.

He quelled the "Rock Creek War" with his usual blend of common sense and firmness. He promised, first, a road from Hope; second, a visit from 500 "British" marines if the miners failed to obey Her Majesty's laws.

The trail's first section was soon completed to Vermillion Forks — the present Princeton.

The following year work began on the second section, which passed through Keremeos and Osoyoos to Rock Creek.

In 1864, another gold strike was made at Wild Horse Creek in the East Kootenays. Dewdney was called again to extend his trail.

It would east, often "within pistol shot" of the U.S. border, and followed the valley below Red Mountain and the yet-to-be discovered Rossland gold mines, to Fort Steele and the diggings at Wild Horse.

By the time Dewdney's Trail was completed in 1865, miners were already moving out of Wild Horse, following the golden will-o-the-wisp to fresh strikes farther north.

But the course of Trans Canada Highway 3 was laid — laid so well that much of the 704-kilometre trail has vanished beneath the sweep of today's blacktop.

But here and there along the way you can still find segments of the track.

Two of the best sections are to be found a few kilometres inside the Manning Park boundary east of Hope.



Welcome Back, Captain

Michael Tynan, Shire President of Sutherland (the southern limits of metropolitan Sydney, Australia), welcomes Kelvin Andrew, the British Columbia Captain Cook Bi-Centennial version of the famous navigator to Botany Bay. Andrew presented the Shire with a copy of the Tall Ships Sail the Pacific magazine when the two met on the spot where the real Captain Cook landed as a Royal Naval lieutenant almost 208 years ago.

Cook sailed the 30-metre bark Endeavour beneath the forbidding cliffs of the Kurnell

peninsula on Saturday, April 29, 1770, watched with suspicion and no doubt wonder, by the local Aborigines.

Cook's log book entry on that day was brief and perfunctory: "At daybreak we discovered a Bay, and anchored under the south shore, about two miles within the entrance, in six fathoms of water, the south point bearing south east and the north point east. Latitude 34 degrees south. Longitude 208 degrees, 37 minutes west." Longboats were lowered and a landing party of some forty men rowed for shore. Midshipman

Isaac Smith was the first to leap ashore and enter history. He was followed by Cook and the rest of the small party.

Pictured behind Shire Tynan and British Columbia's Captain Cook is a small tablet marking the spot where Isaac Smith set the first British foot on the shores of Botany Bay. Andrew "sailed" in to Australia aboard a Qantas 747 jet to visit some historical spots. He was accompanied by Canadian Broadcasting Corporation producer Keith Christie who was filming for the television series "Seagull Sam".

Forests Or Forestry??

Minister of Recreation and Conservation, Sam Bawlf, today reacted with concern to public comments attributed to Chief Provincial Forester, Ted Young, to the effect that no more forest lands should be alienated for Provincial Park purposes. The remark was reported in connection with a speech given by Mr. Young in Montreal Tuesday evening.

Bawlf, said, "I am dismayed and concerned by such a blanket expression as this. It is not my view of the future — short or long term — nor is it the view of my Ministry or the Government. I can only assume that the remark was taken out of context by reporters."

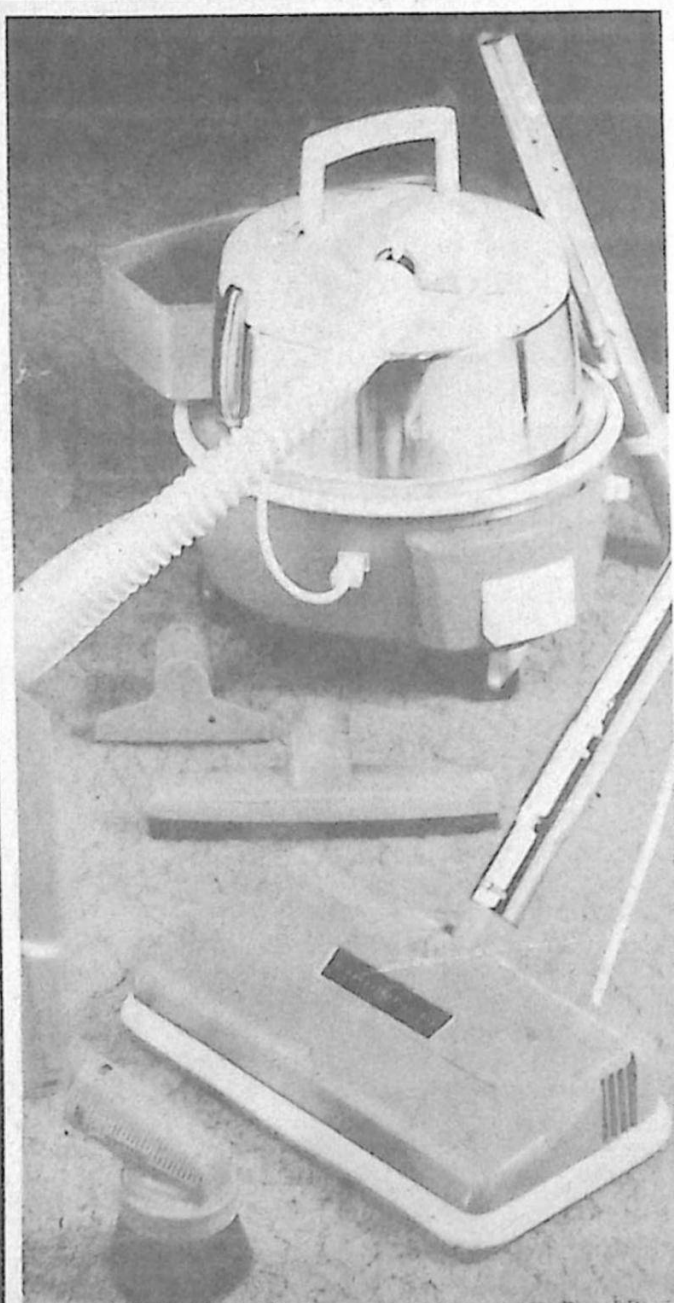
"We are, of course, aware that forestry is by far our

most vital source of employment and opportunity in this province," Bawlf said. "It is true that there are millions of acres of wild lands in British Columbia which will never be required for forestry. But a very large portion of these are mountainous or alpine areas which are inaccessible and often sparsely populated."



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