



# TOTEM TIMES

The Only Way To Entertain Some Folks Is To Listen To Them

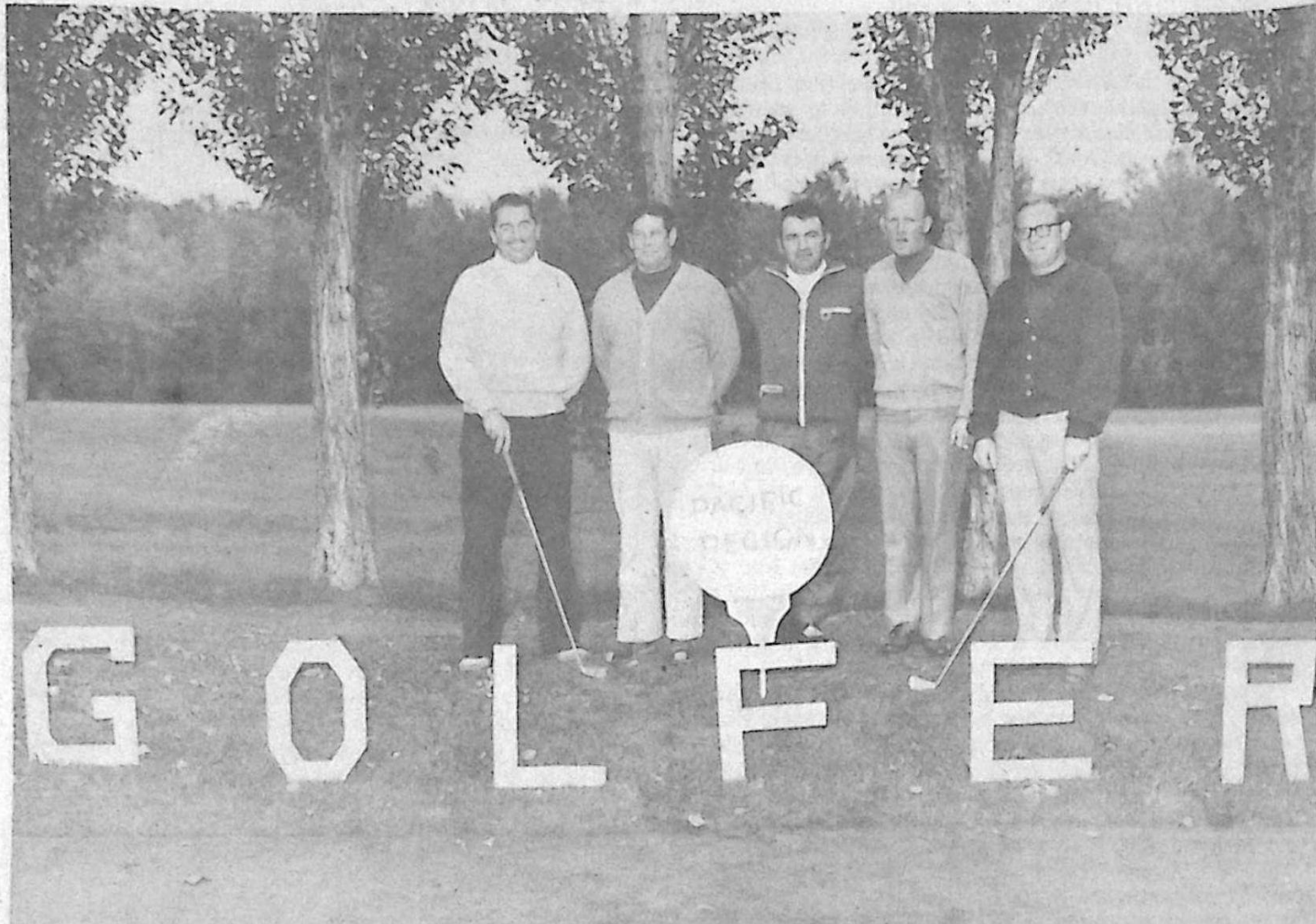


VOL. 19 - NO. 20

CFB COMOX TOTEM TIMES

THURSDAY, OCT. 20, 1977

## The Pac Region Golf Gang



C.F. photo

**THE PAC REGION TEAM...** Not quite first in the recent nationals but darn close. Four of Comox's finest plus an import from the mainland put on an excellent display in Trenton recently to finish as

runners-up in the National tournament. Left to right Frank Creamer, Bob Marshall, Wally Berger, and George Abric all of Comox along with Ivan Thibert of the Big Country. Well done guys!

## More Dope On OPDP

In April, some 2700 young officers who registered in the Officer Professional Development Program turned in 5071 confirmatory exam answer sheets for marking. (The results should start trickling out about the time you read this issue of the NL.) This puts the program just below the mile and a half test in popularity. The fact that both programs are mandatory helps, of course!

The program staff are busy assessing the mountains of feedback accumulated from visits to bases and from questionnaires included with the examinations. This assessment will decide long term changes that will be made. Program Participants, past and future, should look for their copy of the Report to Participants which will be distributed shortly as the report will discuss the pros and cons of several options for change and improvement while giving you the highlights (and lowlights) of the exam results.

Some changes already decided upon include a re-definition of the requirements for the Distinguished Pass award. Provided you haven't recorded a failure, you'll get the award if you achieve honours standing (that means high marks) in at least four subjects actually written. This puts everybody on a more equal footing since some officers have credits in one and occasionally two subjects.

A few CFR's, 19 in fact, will have been notified that they are exempted from further participation in the program. All 530 affected CFR's were examined and it was found that 511 of them had sufficient

time remaining in the service to reap the program benefits. You'll have noted that some classifications lost subject credits originally granted. A full review of the credit system is ongoing to ensure that the criterion of 60 per cent duplication of OPDP subject material by classification courses is honestly met. As classification courses are modified in recognition of OPDP content, other credits could be eliminated.

Still on the subject of credits, but of a different kind, you should note that five out of six OPDP subjects have been recognized for full or partial credit by the University of Manitoba.

Don't forget to hound your coordinator for your copy of the report.

CAF Personnel Newsletter 6-77

## Another Gong

Defence Minister Barney Danson has announced that the Canadian Armed Forces will receive 7,000 of the Queen's Jubilee Medals to be awarded to Canadians, commemorating the 25 years of reign of Her Majesty, Queen Elizabeth II.

Mr. Danson said that the Regular Force, totalling approximately 80,000, has been allotted 5,500 medals, while 1,500 will go to the Reserve Force, now approximately 20,000 strong. The awards will be made primarily on the basis of merit.

In addition, 205 civilian employees of the Department of National Defence will receive the medal from a special allotment. In the Regular Force, the Silver

Jubilee Medal will be awarded to 4,000 other Regular and 1,500 Officers. The Reserve Force awards will be on a proportional basis to Sea, Land, and Air components, the Cadet Instructors list, the Canadian Rangers, and to those holding Honorary appointments.

The 1 1/4 inch Sterling Silver medal portrays the Queen on one side and a Maple Leaf, with the dates 1952 - 1977 on the reverse. The ribbon is predominately white with red and blue vertical stripes.

## Xmas Goodies

Maple syrup, English plum pudding, cranberry sauce, cheddar cheese, peanut butter and a six-inch Canadian flag may not seem like your typical Christmas gift, but for some Canadian Forces people - the attaches and their staff serving in foreign locations - nothing could be more welcome.

Every year at this time the Department of National Defence arranges the packing and shipping of about 120 food packages to places like Cairo, Tel Aviv, Peking, Tehran, Ankara, Islamabad, Rawalpindi, Dar-Es-Salaam and New Delhi - where such goodies just aren't available. Each package also contains about 28 other food items, and a special Yuletide greeting from the Chief of the Defence Staff is included with each gift.

The complex job of delivering the packages is the responsibility of 2 Air Movements Unit, CFB Trenton, and the C-130 Hercules squadrons from Trenton and Edmonton which fly global training and resupply missions regularly.

**NEXT TOTEM TIMES DEADLINE OCT. 31**

Base Photo

**A RARE CATCH ...** Nelson Brown of 407 Armament recently captured this unique "two mouthed" salmon. Nelson apparently used a "double" hook rigged to a stinkyhilda to accomplish his incredible feat ... You saw it first in the Totem Times.

## Units renamed

Re-organization and re-naming of combat engineer regiments within the Canadian Armed Forces has been announced by Admiral Robert H. Falls, Chief of the Defence Staff.

3 Field Engineer Squadron at Chilliwack, B.C. now is 1 Combat Engineer Regiment; 1 Field Engineer Squadron at Petawawa, Ont., is 2 Combat Engineer Regiment; 5e Escadron du genie de campagne at Valcartier, Que. has become 5e Regiment du genie de combat; 2 Field Engineer Squadron at Gagetown, N.B.

(Continued on page 3)

## S.A.R. Squadrons Compete

## SAREX '77. The Bear Facts

Despite an assist by Private B. Bear, the Canadian Forces Survival School team ended up second in the international search and rescue competition held at CFB Edmonton the past few days. 440 Squadron, CFB Edmonton came first.

Six Canadian Forces and six U.S. Air Force para rescue specialists teams completed their four-day meet called SAREX '77 with a mass jump.

During the competition teams competed in the equipment resupply and medical bundle drop phase, the medical phase and the parachute accuracy phase.

When the totals were all in Canadian Forces teams were declared winners in the resupply and parachute accuracy competition while U.S. Air Force teams walked away with most of the top positions in the medical phase.

Canadian Forces teams took five of the first six spots in the resupply category. First was 440 Squadron, CFB Edmonton; followed by Canadian Forces Survival Training School, Edmonton; third was 1550 ATTW Kirtland AFB, New Mexico; fourth 442 Squadron, Comox B.C.; fifth 103 Rescue Unit Gander Nfld.; and sixth 424 Squadron Trenton, Ont. Placing eighth was 413 Squadron Summerside, P.E.I.

In the medical phase where contestants were required to diagnose several simulated aircraft crash casualties and treat them in order of priority U.S. Air Force teams came out ahead. First was 1550 ATTW Kirtland AFB, New Mexico; second Canadian Forces Survival Training School, Edmonton; third 55 Sqn.

Eglin AFB; sixth 440 Squadron, CFB Edmonton. Placing tenth was 103 Rescue Unit, Gander Nfld.; eleventh 413 Squadron Summerside, P.E.I.; and twelfth 442 Squadron CFB Comox, B.C.

When totalling up all scores in all events including the parachute phase Canadian Forces teams took six of the first seven spots. So the official overall standings of

(Continued on page 3)

## Our Own Town Cop

His name is Dan Major and he is a Military Policeman who has been appointed the PMQ POLICEMAN, for Wallace Gardens at CFB Comox. He was born and raised in Ontario and joined the Canadian Armed Forces on 20 Nov. '73. After finishing Basic Training at CFB Cornwallis, he attended the Canadian Forces School of Intelligence and Security at CFB Borden where he received his Military Police trades training.

After graduating Dan was posted to CFB Comox where he has spent the past three years. In these three years Dan has completed his Pay Level 5 Military Police Course, taken a course on Radar, given by the RCMP, and attended the Canadian Airborne School and earned his Parachutist Wings, hoping to eventually serve with the Regiment as a Military Policeman.

Here in CFB Comox he has been employed at both the Nuclear Site and Law Enforcement duties at the Military Police Station and now Dan has been assigned to

the task of PMQ POLICEMAN. Police-Community relations play an increasingly important role in police responsibilities. Police Officers cannot function properly and effectively in preserving law and order without the full support and co-operation of an informed and responsive Community.

In Dan's words: "One area of concern by the Police in today's society is the apparent restlessness of the youth. Young people have strong needs for recognition and status, for respect and self-esteem, and at times for a sympathetic ear outside of that provided by the family. When these very real needs are not attained, the result could be a feeling of frustration which is released through acts that are not recognized as acceptable behaviour by society. The main objective of the PMQ Policeman is to become familiar with the youth of PMQs and to provide an avenue by which they can express their desires, problems and the causes of

(Continued on page 2)



C.F. photo

**HE BEAR(LY) MADE IT ...** While he didn't take any prizes for parachute accuracy at the U.S.-Canadian Forces rescue specialist competition being held at CFB Edmonton the past few days, Canadian Forces Survival Training School jumper, Private B. (Blackie) Bear, did cause quite a stir when he hit the ground. Private Bear, a training aid at the Survival School here when he is not jumping, was a late entry of the Survival School team who were trying to gain extra points in the parachute accuracy phase of this international search and rescue competition called SAREX '77. (Canadian Forces Photo).



C.F. photo

**HOW'S YOUR JAW MAC ...** Corporal Douglas Wheller, 25, of Thunder Bay, Ont., gives medical aid to simulated aircraft crash casualty during the SAREX '77 competition held at CFB Edmonton recently. Son of Mr. and Mrs. Doug Wheeler, 253 East Fredricka St., Thunder Bay, he is a member of 442 Squadron Comox, B.C.

Pvt. Dan Major

## Legion Book Depot Delivers

Chances are, if you haven't served at an isolated location, with a peacekeeping force or at sea, you haven't heard of the Royal Canadian Legion Book Depot.

It's an off-shoot of the Legion's Educational Services which operated during the Second World War, and

now is part of the Physical Education, Recreation and Amenities branch at NDHQ.

Gordon Morse, chief librarian, and his part-time staff of one, handle about 35,000 books a year that pass through the depot on their way to Canadian Forces people around the world. Books are donated by publishing houses

and members of the Legion, and the depot receives, catalogues and sends them out to eager readers.

Some of the depot's satisfied customers are troops in the Middle East and Cyprus, the "Single Men's Club" in Lahr, our ships at sea and those manning DEW-line sites and

northern stations. Also, at Christmas the depot plays Santa Claus to the Canadian Forces' military attaches around the world.

If you would like to help, send your hard and soft cover books to: The Royal Canadian Legion Book Depot, 245 Cooper Street, Ottawa, Ont., K2P 0G2.



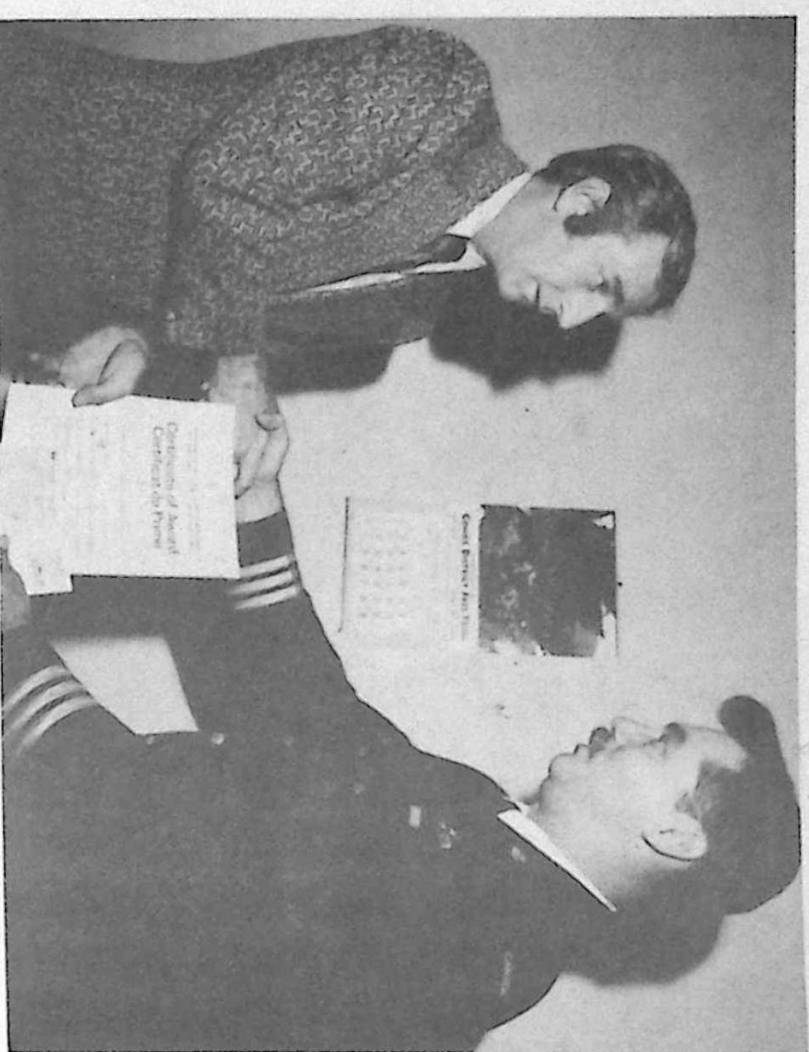
# Nighthawks Nest

The Nighthawks annual pilgrimage to follow the sun commenced on 15 October. It was originally scheduled to start on the day before but Ziffer couldn't see the sun. Ziffer proved that old saying

about Portage and Main. He stood there long enough and sure enough who should walk past but Ralston Corner.

Another Nighthawk who travelled was Captain

Kanada. The Captain has always wanted to be a Buffalo Herder and he was too young for Nam so he took a few days off and took off for the bright lights of Reno. Then he took a few more days off and flew back. Now he doesn't want to be a Buffalo Herder anymore.



"WELL, THANK YOU..." Mr. C.F. "Chuck" Webster, a former Radar Systems Technician at CFB Comox, receives recognition for a suggestion he submitted while in the Canadian Forces. The cheque (\$557.44) and the Certificate of Award were presented to Chuck by the BTSSO, Lt. Col. J. "Joe" Fielding on October 4th. Chuck's suggested modification to the Weapons System Evaluation Missile was adopted for use on F.F. Bases.

## A.T.C. News

Last Thursday and Friday nights extensive jet flying was in aid of Amalgam Mite, a large scale exercise, designed to test the effectiveness of North American Air Defence.

Capt. Bertie Murphy was in Vancouver last week. "Bird-watching" with Major Doyle the BTSSO. Actually the two were visiting VR airport investigating methods of bird control. Bird strikes can be fatal and costly so proper methods of bird control are a very important part of Flight Safety.

Cpl. Brian Swallow has been accepted for the January PAR course in Borden. He is presently employed as NCO I/c Tower and should be coming to Ratton for some pre-course OJT. Candidates are en-

tailed to start his IFR check-out. Capt. Keith Wagner and Ted Norrie will be coming to Ratton in November to start his IFR check-out.

Cpl. Debbie Edwards, our lady in FLIGHT Planning once again has her hands full with 3 B-stand OJT's. They are Pres. Leigh Ford and Dick Mills from B.C. and Pre. Brad Shuttleworth from Ont. All will be attending course in January and hopefully will leave here a little wiser.

Nov. 77.

## Canada and NATO

Canadian Armed Forces are continuing their participation in major NATO exercises in Europe this fall, as part of the annual series conducted by Allied Command Europe.

In Denmark, 10 Tactical Air Group's 433 Escadrille Tactical de Combat from Bagelville, Que., and 434 Tactical Fighter Squadron from Cold Lake, Alta., flew in support of the 16,000 allied ground troops involved in Exercise Arrow Express. Helicopters from 44 Tactical Helicopter Squadron at Lahr, West Germany also took part in the three-week exercise which ended Sept. 30.

Exercise Ocean Safari, Oct. 17 - 29, will see Maritime Command's helicopter-equipped destroyer Algonquin sailing with the Standing Naval Force Atlantic in a series of multi-national manoeuvres in the eastern Atlantic. Also involved are the helicopter-equipped destroyers Huron, Annapolis and Saguenay, the submarine support ship Preserver.

In Exercise Carbon Edge from Sept. 10-22, troops from Canada, Germany, The Netherlands, Belgium, the United States and the United Kingdom operated in a 10-day simulated wartime scenario at training centres at

Hohenfels and Grafenwahr, West Germany. Canada's 4th Canadian Mechanized Brigade Group, commanded by Brigadier General Jack Vance, of units of the 7th U.S. Corps of the U.S. Army in Europe, joint logistical support, communications and equipment were evaluated.

In their Cold Fire exercise, 1 Canadian Air Group, commanded by Brigadier-General W.G. Paisley, of Nipawin, Sask., assigned to NATO's 4th Allied Tactical Air Force, flew close air support for the land forces involved in Carbon Edge.

Our newest fledgling is Mark Shaddock. From Macholre d'Original. Mark stands a better chance of getting good flying weather while he is here, he brought his own Meteorological person with him. Mark has lots of time in Minnie's and as soon as we build him up he can fly the big mother.

We would like to welcome Kernel Batterie to our select ranks. The new Kernel intends to huddle skyward on twin pillars of flame one of these fine days. (We really do hope it is time). All those navigators who crawl out of the woodwork when the Cudgel Stew comes on are not trying to back into the same holes from whence they came. We now know how Peter Pan rose to his present exalted position. When Bruce Boy showed up for his first attempt to huddle to his natural environment, Peter arranged for a Base Recal, not so they could watch the Kernel - not a bad idea - but so the flying would be controlled.

Our new Pubs bags have arrived. This rush order was placed last year or was it the year before. While 407 can carry a years subscription to Penthouse and Playboy in their bags ours were made a little too small for that, but they carry the essentials. The current Penthouse Centrefold, if you are quick enough to beat the cleaner, and page 26 of the High Altitude Let Down book to cover up any cracks - wide or other.

The MN in Michaels name stands for March No Dummy. Silent ally of Mercury and frequently Plastic was held the second week of October. This is the two dozen plus ones version of the Battle of Britain and as usual the least inept team won. The other team would have won but our secret neutral weapon was up there to protect the Poppa Delta Xrays.

The exercise ran out of time before we ran out of aircraft. But not early enough for most of us. To celebrate this victorious held a Cow and Clet party where the adoring populace turned out to gaze in awe at these six intrepid aviators.

## Turn Youth Corps Idea Into a Fad, Man

BY BEN MALIKIN

From Victoria Columnist.

Defence Minister Barney Danson's strategic retreat from the notion of peace-time conscription resembles a similar manoeuvre by Gerard Pelletier when he was secretary of state a few years ago.

Pelletier had mused aloud about the value of peace-time conscription as a means of bringing the country's young people together, getting to know one another, getting to serve in regions they might otherwise never visit. When the military conscription idea proved indefensible, Pelletier started to dig in on another position: a conscripted civilian service corps of young people, mingling and working in various parts of the country on tasks of social significance.

No one even bothered to attack and the position finally eroded through disuse. Pelletier moved on to other glories - minister of communications and, finally, ambassador to France.

Danson revived the idea on a modest, voluntary scale last summer with his "army" of 1,000. The results are still to be assessed.

The problem both men addressed was political rather than military. Canada doesn't need conscription to maintain its armed forces. It didn't even need conscription for that purpose during the Second World War. There were always plenty of volunteers. But they were trained for the wrong duties, or not trained at all. Too many were trained as gunners or tankmen when infantry reinforcements were needed. Not until the late winter of 1944-45 did a retraining program start.

It moved rapidly and when conscripts who had been trained as infantry reinforcements finally did arrive in Europe in the spring of 1945, they were no longer really needed.

At the height of the reinforcement crisis in 1944-45, there were almost 150,000 active service men in training camps in Canada, undoubtedly the result of bureaucratic miscalculation and torpor. The reinforcement problem began to solve itself when some of these men were retrained and moved to Europe.

The conscription crisis remained, because it was largely political and emotional, rather than strictly military. Conscription remains a political rather than a military tool. But instead of being divisive, as it was during the war, it can conceivably now be seen as a unifying force. No doubt that is the reason men like Pelletier and Danson must avoid about conscription. It could become a means of bringing together the scattered youth of the Canadian family.

That seems to be the thinking. But whether for service in the military or for work at civilian jobs, any suggestion of coercion has to be divisive. It has to create resentment. If freedom of choice is a sound principle in education, it is equally sound when applied to the kind of work to be performed by young people. The country's youth can't be dragged into a sense of unity. It can only be persuaded.

For years, the federal and some provincial governments have tried to do that. We've had student exchanges between Quebec and other provinces. We've had on family exchanges, by which an Ontario student would live with a Quebec family

for a few weeks, and a Quebec student with an Ontario family. Such programs are all to the good. But they can't accomplish much unless carried out on a very large scale.

That is true, also, of the "army" of 1,000 project undertaken by Danson. Instead of 1,000 people as the goal, perhaps 25,000 or 30,000 volunteers should be sought. That would make an impact. Those selected should comprise a large enough number to cover all regions and all significant minority groups, including the native people.

### Marsh World



**WINTER WATERFOWL FOODS** — While freeze-up generally sends waterfowl south for the winter, some fall migrations are lateral in nature. In coastal Canada the hardy species such as the black duck and goldeneye migrate from the interior to the salt water. The inter-tidal zone is the winter feeding ground, providing eelgrass (Zostera maritima) for grazers such as geese and brant and the marine snails Hydrobia and Littorina as well as small fish for the more carnivorous black duck, merganser and goldeneye.

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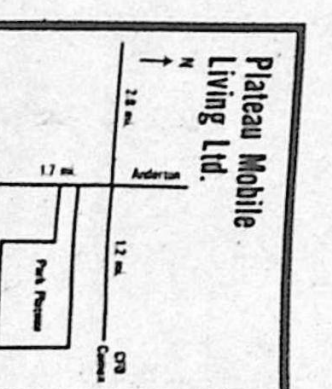
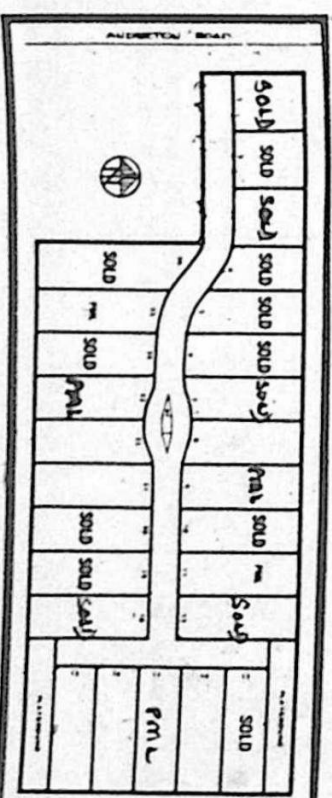


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from 1:30 - 4:30 p.m. Bond Road, Courtenay, follow the  
signs off Lake Trail from Hwy. 335, 500, Hwy 3 bedroom home,  
fireplace, 205 x 80 lot, Choice of 2 floor plans, from 100  
ter in attendance. Res: 339-2646 Off: 334-3124





**IT'S LONELY IN EGYPT** ... A new kind of good-luck charm was presented to Sgt. Bob Horton by his staff in the Accounts Section. Sgt. Horton will be eat and Dune.

# Demon Doin's

Crew Six is back from the P'ncastle Competition. In spite of all their hard work, time was found for some hard playing also. It seems that the climate agreed with them - there are not many "palefaces" left on the crew. 407 Squadron has also regained a commanding officer. LCol Konings is busy these days getting back into the job.

Crew One recently returned from across the waves. However, the waves claimed at least one victim, "daredevil Dave." Want to know something about body surfing? Don't ask Dave.

The people from MAST have visited again. They're easy to spot for they are creatures of habit: one fat notebook full of scribbles, a pen with the nib smoking and a special stance of peering over your left shoulder. They deserve credit though for the important, and not always easy, job that they perform.

October is the month for the United Way. For the flight line officers of 407, Lt. Shurson will be looking you up for a contribution.

Crew Three is away "norpatting" again. May good weather and good parts be with you.

John Stevens is hard at work trying to train the navigators to operate those two smelly machines. He's almost tired though of remarks like, "Is this going to be interesting or jezebel?"

Our favourite winter pastime, hockey, is starting again. 407 is trying to man both an A and a B team. If you're interested, talk to Capt. Haines.

Crew Two has been busy working on the weekends again. They gathered together at that exclusive dining place, "The Galley", for Thanksgiving Day. The first course of cold turkey was followed by the second and third courses of cold turkey.

Two mess dinners were held, one at the Officers' Mess and the other at the WO's and Sgts' Mess. How many pickles were you hit by?

Do you have slow ears? Then don't apply to Rick Gallant for a job as an observer with Crew Two. The big Z's lightning fast verbal

ability will just be too much, if filling out a tape log is your job.

And in talking to Crew Four about what they've done in the past two weeks, it follows.....

## Units

(Continued from page 1)

now is 22 Field Squadron of 2 Combat Engineer Regiment, and 4 Field Engineer Squadron in Lahr is 4 Combat Engineer Regiment.

They are assigned to 1 Canadian Brigade Group, Calgary, Special Service Force, Petawawa, 5 Canadian Brigade Group, Valcartier, the Combat Training Centre at Gagetown and 4 Canadian Mechanized Brigade Group in Lahr, West Germany respectively.

The re-organization will provide a better framework to train officers and men in their combat engineer roles.

The Greeks were the first people to pursue mathematics as an art for its own sake.

# Mushroom Mutterings

Now that everyone is back from the SAR alert in the B.C. interior, it is time to reflect back on it.

Fun and games were had by all, but mainly by the small but select group that managed to pull a swifty and stay back in Kamloops for a couple of extra days....com'on guys, you can't keep blaming the weather forever!! It was lovely here on the coast.

The "Award of the Bleary Eyeball" goes out this time to Gary Johnson for the initial spotting of the wreckage. You must have been looking right at it, Gary, as the photos hardly show anything worth spotting. Dan Bollong was awarded Honorable Mention for being the first to sight the wandering pilot (all neatly dressed in brown jacket and brown slacks) amongst the trees of the hillside. "Da Maj" gave our favorite Colonel a lesson in helicopter handling (and a severe fright) when he snuggled the Lab down into the pines to retrieve the injured girl. And, "Soup", you look darling in those lovely white boots!!

The 442 Flag Football team goes up against the USAF Detachment in their next game, and they are hoping to be able to remain undefeated for another season. The 442 Offensive Line is REALLY offensive this time....none of them have had a shower since

the last game, and all of them are too cheap to spring for deodorant. Bob "the Basher" Pearce leads that group of stinkers. On the Offensive, Doug "Fumble Fingers" Wheeler will try to better his last year's record by catching more than one ball per game. And Larry Ward and Pat

Armstrong (the all-American boy) are going to fight it out for the Quarterback position....loser gets to play. One last news item: Marcus "the Mouth" Decurtins has jumped his contract and is leaving for Switzerland....where he has a numbered bank account.

## A Thought To Share

A Boy! A Man!

BY EVELYN DYER

There's a boy, a little boy  
Playing in the sand  
His happiness, his sorrow  
His future in your hand.

He awaits the day opportunity knocks  
For now he builds castles of colored blocks  
Someday he'll strive to conquer his dream  
You'll give him a hand, so it should seem.

There's a boy, a little boy  
Growing up so fast  
His colored blocks and castles  
Are things long gone and past.

Teach kindness for him to be gentle yet strong  
To capture the things which to him could belong  
Teach him so, good, in you he'd recall  
But teach him belief in himself most of all.

There's a man, a handsome man  
The wisdom in his hands  
The steps he'll take ahead, alone  
His future he commands.

He'll teach us the things, he's learned through his life  
Of confidence, prudence, victory and strife  
That we may all know the challenge, and dare  
To conquer our dream, whenever it's there.

# Search--Diary of a Rescue

BY EWING

Midnight!! Who the heck is calling me at midnight. Hello! What's that? There's a search on and briefing's at 0615. Oh, whoopee!

442 briefing and everyone's there - at least, everyone slated for the first lift. Deployment, crewing, weather, blah, blah, blah, but mostly, yawn! Buffalos 454 and 458 to depart as soon as Labradors 302 and 303 are airborne and away. Buffalo 456 and Labrador 304 will follow later. The search is for a Piper PA28 Comanche 140, red and white, with two on board. The pilot is a male, 23, with 70 hours flying experience and six hours on type. His passenger is his 18 year-old girlfriend. He last radioed his positions and plans to Kamloops Radio from the Three Valley Gap area about 1300 on Saturday, then all contact was lost.

A final cup of extremely lousy coffee (who makes this stuff anyway?), and it's everyone into the aircraft....or is it. Everything has to get loaded first; tool boxes, spares, fly-away kits, ground-handling gear, personal gear, and finally, the warm bodies. Bodies, 'shun!! Bodies, here to here, left turn and onto 458. Those remaining, right turn, onto 454. Panic - pandemonium - confusion - well, it seems so, but is it?

One Labrador departs into the early morning light, then the second. Then the first Buffalo. But wait, the second is turning back....must be a snag. Unload and fix it. By now the third Buff is on the line. Load it with everything from the snagged one and it leaves. Now it's the turn of the last Labrador, but by now it has a snag and the Buffalo is

fixed. Rush, rush, rush, and the last Buffalo departs, leaving the lone Labrador to catch up when and if it can.

During the daylight hours, even though the weather has not been good in the search area, the five aircraft of 442 plus an additional Twin-Otter from 440 Squadron, Edmonton, have carried out an extensive, though futile, ELT search and track crawl.

Finally Labrador 304 goes aviating towards the Kamloops area via Vancouver and the Fraser Canyon carrying the crew, two techs, and assorted required boxes of bits. Do they make it? Is Lake Ontario salty? No way, Jose!! More problems and everything comes to a grinding halt at Abbotsford while the friendly delivery boys of VU-33 fly in the needed parts.

With the weather in the search area closing in and the helicopter crew getting

hungry and tired, the Aircraft Commander calls a halt. So! One day into the search, after the initial phase of the search, three Buffalos sit in Kamloops, two Labradors wait in Revelstoke, and the third has been mended and waits for dawn in Abbotsford.

Daybreak!! The Buffalos start their work over the forests and crags of the Canadian Rockies. The delayed Labrador is airborne and on its way to Kamloops, and the two helicopters in Revelstoke are grounded due to thick fog over the airport.

The two techs aboard 304 are thrown off when it arrives in Kamloops. They are on the ground just long enough to get their gear aboard Buffalo 458 for a rapid flight into Revelstoke and the fogged-in Labradors. As it arrives, the fog breaks, and as soon as the techs and spares are on the ground, the Buff and both

Labs are away on the search. The Labs are in and out of Revelstoke so much, it's hard to keep track of the numbers. Even the usual "ramp-rats" that hang around the airport are confused.

Then one lands long enough to disembark the civilian spotters. Even before they get close it's evident that something has happened! The Lab is airborne again and disappears before the grounded spotters are close enough to pass the word.

The word is electric on the waiting group - "They've been spotted!!" The wreckage is scattered on a hillside inside a narrow canyon. Labrador 302 has eased in close enough to lower the two Pararescue types into the scene. They have found the passenger alive but badly injured beside the remains of the Piper. The pilot is mobile and has started to walk out for help. While the girl is carefully hoisted into 302, the second Labrador on the scene begins a slow search for the missing pilot.

The first helicopter is flown "flat-out" to Revelstoke to ensure that patient the fastest available professional aid. After two days and two nights in the open, with night temperatures at freezing, the injured girl is in no shape for a leisurely sight-seeing trip through the mountains. After a trip at as close to the speed of sound as a Labrador can fly, she is unloaded at the Revelstoke Hospital.

In the meantime, Labrador 303 has located the missing pilot wandering down the canyon from the crash site. He too is picked up and transported to the Revelstoke Hospital. While all this excitement is going on, Buffalo 458 has flown in to Revelstoke and is standing by in case the injured girl should require transportation to a larger medical unit. After primary

examination and treatment, the waiting Buff is put to good use and the two survivors are flown to Kamloops.

The pressure is off - the search has been quick and successful, and the missing people found alive. The small civilian search aircraft that have been flying up and down the smaller mountain passes are called off and return to their home airfields. The Labradors are secured for the night in Kamloops. All will return to Comox tomorrow, serviceability and weather permitting, for the wait until the next search. It will come - it always does.

## DON'T



Be sure the equipment you use is safe. Inspect that ladder before you climb it. Use the proper tools. Don't nail through electrical wires when hanging holiday lights.

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last 5 digits win \$1,000  
last 4 digits win \$250  
last 3 digits win \$50

NOTE: Fifty dollar winners (\$50) may claim their winnings by presenting their ticket to any branch of Canadian Imperial Bank of Commerce only in British Columbia, Yukon, Alberta, Saskatchewan and Manitoba.

TICKETS FOR:

OCTOBER 30, 1977

NOVEMBER 27, 1977

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Western Canada Lottery Foundation

## S.A.R. Sqds Compete

(Continued from page 1)

this search and rescue meet are as follows: First 440 Squadron, CFB Edmonton; second Canadian Forces Survival Training School, Edmonton; third 103 Rescue Unit Gander Nfld.; fourth 442 Squadron CFB Comox B.C.; fifth 424 Squadron Trenton, Ont.; sixth 41st Squadron McLenan AFB Calif.; seventh 413 Squadron Summerside P.E.I.; eighth 1550 ATTW Kirtland AFB New Mexico; ninth 303 Squadron, March AFB, Calif.; tenth 55th Squadron Eglin AFB Florida; eleventh 129 Squadron Hayward, Mich.; and twelfth 71st Squadron Elmendorf AFB Alaska.

Individual winners were for the best four jumps, Canadian Forces Sergeant John Clark of 103 Rescue Unit Gander Nfld., for the best jump of the meet Master Corporal Fred Ritchie 440 Squadron CFB Edmonton and for the best parachuting team 103 Rescue Unit Gander Nfld.

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# EDITORIALS

A View From Stu

## Homesick Terrorists

After trying to live in Castro's socialist Utopia and terrorist haven and later in Paris, the kidnapers of James Cross have asked to return to Canada. As if deliberately timed, the request arrives almost seven years to the day that they sparked the 'October Crisis' by abducting the British Trade Commissioner.

It is odd that they should want to return. They never would have committed their terrorist acts in the first place had they not found life in Canada to be intolerable. So distasteful was it to them that they believed it worth threatening an innocent man's life to get themselves, their families and 23 of their criminal friends shipped to Cuba -- along with \$500,000 in gold.

While they did not get out the 23 so-called 'political prisoners' or the gold, they did hold Mr. Cross prisoner for 53 days, badly disrupted Canadian life, brought the FLQ more publicity than money could buy, and, most important, bartered Mr. Cross's life for their safe passage to Havana. Since they did get out of Canada as they sodesparately wanted, they must have found life in

their socialist utopia quite a letdown if they now want to return.

While they may want to live again in Canada, it is dumbfounding that they should have the audacity to actually make the request. They could hardly be so simple as to believe that the passage of seven years excuses them for their crimes or makes them any less treacherous or offensive. They are free now only because they bartered with a human life, and because France and Cuba were sympathetic enough with the FLQ cause to give them refuge.

In committing their criminal acts they forfeited all rights they had to live in our country and to enjoy the benefits Canada has to offer. If they sincerely wish to return, then they must be prepared to own up to their crimes, for to permit them back without penalty would be to officially condone every criminal act they committed in 1970 and encourage similar acts in the future.

Homesick terrorists or not, they are common criminals, have threatened human life, attempted to destroy the country, and now have no right to our sympathy. -- S.M.R.

## Please Say Yes

How's business? Let's talk business - yes, we usually do, but today we are going to depart from custom and talk about another topic. We want to explain why an organization like the Board of Trade, generally more concerned with promoting the economic health of the province, is now asking your support for a charitable project - THE UNITED WAY.

You may have seen the banners on the streets with their red feathers telling us all the campaign has started. You have probably read the newspaper stories, listened to radio reports and watched the television appeals. They have told of the need for funds and described the many agencies and people who have received help from last year's campaign. Now, we make another appeal.

"The United Way needs your help - Please, say YES." To help you say YES, we would like to explain a little about this appeal. Donations made help one hundred and thirty-three agencies in the Lower Mainland. For many of them, the United Way is a major source of funding.

Those who have been helped include the deaf, the elderly, the mentally retarded, the orphaned, the blind, the sick and the handicapped - to name but a few. It is a sobering thought that most of those needing help do so through no fault of their own. Whoever first said, "There but for the grace of God go I" will surely forgive us for applying it to this appeal. The question we could ask ourselves is "What if I needed help?"

Already in the Lower Mainland there are several hundred volunteers giving their time to help the United Way campaign. They assist in the collection of funds and are willing to explain to any audience why the United Way needs help and why their listeners should Please, say YES.

It is volunteer help that reviews all budget requests and tries to ensure that the best use is made of available dollars. Funds are not donated to agencies until their other sources of income have been taken into consideration.

The target for the fund this year is \$5 million, a figure which reduces to a very modest sum when averaged over the

number of eligible donors. But, by this one modest donation, it is possible to help so many agencies - a bargain indeed in terms of good will. Working through the United Appeal makes it possible for the agencies to reduce their costs by not mounting individual campaigns and spending their own time and money on collection.

Sometimes, we admit, there is critical response to this appeal from those who have been asked to give. YES, the government could or should do more, but it won't foot the entire bill for basic human care services nor could it afford to pay for the hundreds of people now giving freely of their time and efforts.

NO, the United Way does not support any particular religious group - it may help a church organization but in return the church makes its services available to all on a non-sectarian basis.

YES, the organizers are working towards helping all voluntary agencies supplying human care services but not every such agency is presently included in its appeal. The United Way organizers consider it a goal still to be realised.

AND NO, the United Way does not have exorbitant overhead costs. 90.5 per cent of every dollar collected is given to the agencies. The remaining 9.5 per cent is used for campaign costs and the supervision of the use of funds donated and the collection of pledges.

Lastly, YES, your contribution is considered deductible for income tax purposes.

In 1976, the United Way campaign raised \$4½ million. We all know that the cost of everything has increased over the past twelve months. Do you think YOU could find a way to make your donation just a little bit bigger for 1977? Five million dollars is really a modest target - let's reach it.

Please sign your pledge form and return it to the office address shown on it - sign your payroll deduction pledge and send it to your company office or mail your cheque to the campaign collector. A lot of people are depending on you and me. Let's all help the United Way. Please, say yes. -- Vancouver Board of Trade.

Please, say yes..

## Were You Ripped Off?

While the great majority of service stations are honest, there are a few who may occasionally try to take advantage of unsuspecting, out-of-province drivers, warns the B.C. Automobile Association. And with summer driving season just around the corner, the club is offering some advice to travelling motorists. "First of all, make sure the family car is in top mechanical condition before setting out on any trip," says Bill McKinley, President of the BCAA. "Not only is this good general advice, but you're far less likely to need unexpected, expensive repair work when you're in unfamiliar territory. And you can be suspicious when you're told the car needs repairing if it has been properly serviced before departure."

The BCAA also advises you to safety check the brakes, tail lights, wipers, fluid levels, fan belts, hoses and tires both before and during the trip.

But stops for gas and under-the-hood checks at unfamiliar stations are frequent and necessary during motoring vacations. For the most part, such stops will be uneventful. BCAA members should check their list of approved automotive repair stations in B.C. and plan their stops accordingly. Then some recourse is available in the event of a dispute over any repair. The Alberta club is also launching a similar program and a list of their approved garages can be obtained from club offices in Edmonton or Calgary.

However, at unfamiliar stations the Association warns, upon spotting out-of-province vehicles, some less-than-honest station personnel may immediately try to sell drivers unnecessary extras. "For instance," said Mr. McKinley, "by slicing a perfectly good fan belt with a concealed razor blade between his fingers, an attendant can force the driver to purchase a new one."

Razor blades and ice picks can also cut radiator hoses and damage tires, he continued, without the car owner ever suspecting foul play. Another trick involves selling oil, transmission or power steering fluid the car doesn't really require. By not placing the dipstick fully down into the reservoir, it will naturally read "low" or "add". The attendant may even appear to be putting oil or other fluid into the engine when, in reality, the can is empty. The attendant simply inserts a funnel into the unopened end while covering the opened, top side of the can with a cloth as he "pours" its contents into the reservoir.

The best advice, the club says, is for motorists to get out of the car and watch the attendant perform any under-the-hood checks.

"Often, your mere presence will discourage any trickery," Mr. McKinley explained.

Never leave the car unattended while it's being serviced, he added. Many a car owner has returned to find a flat tire, an overheated engine or a dead battery. Tires can

be cut and battery terminals loosened, making a perfectly good battery appear to be dead. And if the car is hot, loosening the radiator cap can produce enough steam to give the appearance of an overheated engine to the unsuspecting owner. Falling victim to these tricks can cost drivers a new tire, a new battery or major engine repair work.

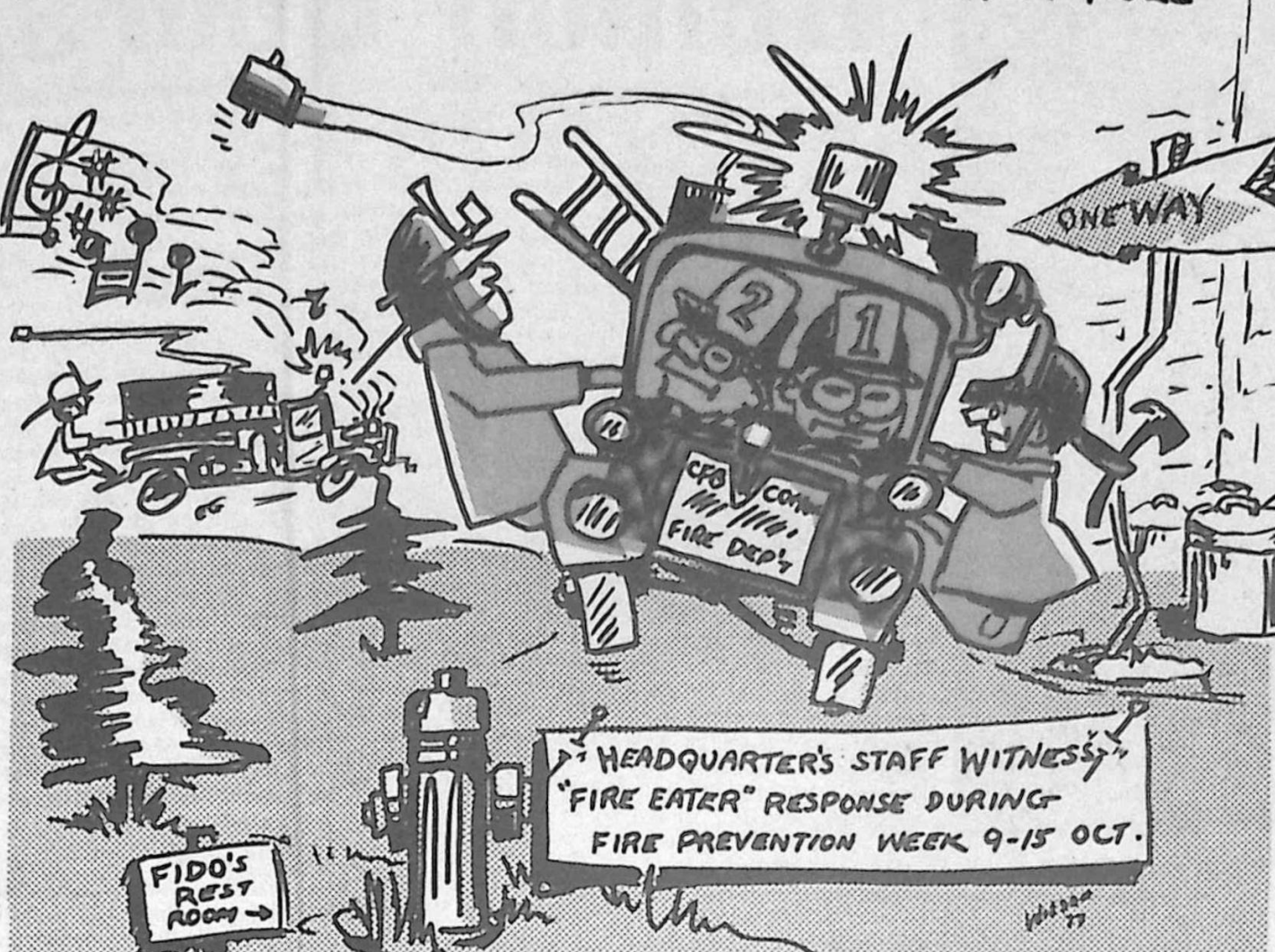
Of course, if the attendant has succeeded in cutting a tire, fan belt or hose, the motorist really has no choice but to purchase a replacement then and there. If trickery is suspected, however, the club advises notifying the local Better Business Bureau or equivalent as soon as possible.

The BCAA also suggests that, when costly engine repairs are recommended and trickery is suspected, car owners should get another opinion from a second station - providing the car can be driven safely.

When purchasing gasoline, even at familiar service stations, check that the pump is turned back to zero, both the dollar and gallon indicators. Whether intentional or accidental, it may cost drivers a few extra dollars for gasoline they didn't receive.

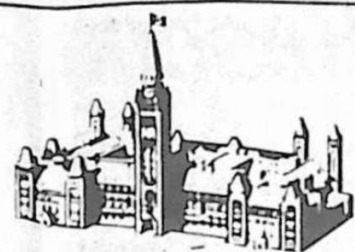
The club further advises credit card holders to keep an eye on their cards when paying for gas. Many motorists report that they have been billed for miscellaneous items purchased at stations where only gasoline was signed for.

## ALARM PULL REACTION: A RUSH TO WATER HOLE



A KEYSTONE KOP EPIC? "NOT SO," SAYS B.F.C.

## OTTAWA and Small Business



### A Bureaucrat's Wink

by JIM SMITH

Q: How does a bureaucrat wink?

A: He opens one eye.

Q: Why doesn't a bureaucrat look out his office window in the morning?

A: Because he needs something to do in the afternoon.

And on. And on. You've heard your fill of bureaucrat jokes by now. Perhaps - after all, it's hard to resist the temptation - you've made up a few of your own. At the very least, you keep a supply of bureaucratic horror stories on hand to amuse your friends.

No one really likes a bureaucrat. For that matter, even the bureaucrats themselves don't like one another. But stop and think for a minute: where would society be without some career civil servants to make the tough decisions?

You see, for all its attractive features, democracy has one major flaw: it doesn't work.

That is, democracy doesn't work without the civil service. The politicians - who, it says on paper, should be running the country - are more concerned with getting elected and re-elected than with making the tough decisions that will have profound impact on the shape of society a decade or more from now. So the civil servants are left with the thankless job of ensuring that there will be a country held over for the next generation.

Consider, for a moment, the politicians' approach to the twin problems of unemployment and inflation. The politicians want to hand out more subsidies to firms which will buy more machinery and buildings (which, incidentally, would tie those firms to more consumption of energy). That's the way these problems have always been solved in the past and that's the way big business and big labour would like to see them solved today. Sure, this sort of policy will blow up in our faces in a few years' time but six or eight months is a long time to a politician.

They call this kind of piece-meal approach to planning "band-aiding". And it works - when the problems aren't very serious. But, as the Canadian Federation of Independent Business points out, when the wound is deep, band-aids alone won't do the job; only major surgery can provide a cure.

The bureaucrats - who aren't nearly as dumb as their popular image suggests - understand the limitations of band-aiding only too well; they know that they'll be around when the economy collapses in a few years' time. But, even though the bureaucrats are scrubbed and ready for surgery, they can't go in to action without the politicians ready to wield the economic scalpel.

So much for the jokes about bureaucrats.

## Belts Anyone?

Not one person has been killed in a motor vehicle accident in the Greater Vancouver area during the past 18 months while wearing a lap shoulder seat belt.

According to the Traffic Accident Research Unit, a department with the B.C. Research Council, not one person has been killed, and injury severity among traffic accident victims who have worn seat belts has been significantly reduced.

Supported by the Road Safety Branch of Transport Canada, a federal agency responsible for investigation, writing and enforcing Canadian motor vehicle safety standards, the seat belt study began in February 1976, and will continue through the Spring of 1978.

Marion Oversby, local program co-ordinator said the project is designed to obtain systematic data in order to better evaluate the limits of protection provided by wearing lap shoulder seat belts.

"Although much of the data is still in the processing stage, it does show that seat belts offer motorists the maximum

protection now available in motor vehicles," Oversby said.

The Traffic Accident Research Unit works in conjunction with medical consultants, emergency room staff of several Lower Mainland hospitals, RCMP, municipal and city police departments. The research unit receives reports from these sources on traffic accident victims wearing a lap shoulder seat belt.

Oversby said research and investigation follow-up with these accident victims has shown a significant absence of head injuries.

"Head injuries are often the most common serious injury incurred in a motor vehicle crash," Oversby said.

Research shows the majority of belted accident victims sustain minor injuries ranging from bumps and bruises to minor pain. But, Oversby said, serious car injuries occur when the occupant compartment of the vehicle is extensively crushed in the accident.

Oversby said research data

(Continued on page 5).

## Letters We Get

Dear Sir,  
May I express to you appreciation of the good content of your October 6th issue.

I really enjoyed the two articles, "Just For Today", and, "Is Your Child Frustrated". There is no by-line on either piece, so I'm sure if it is original work by someone on your staff or "borrowed". In any case, please carry on with more in the same vein. How about getting one of the new Padres' to write a column? The Free Press's Lifestreams or, "Of The Spirit" pages are widely read and they use material from many sources.

Keep up the good work.  
Sincerely,  
(Mrs.) M.L. Clarke

## Operation Kick It

Statistics released by Health and Welfare Canada in the early part of this year showed that British Columbia has the highest per capita nonsmoking population in Canada, with less than 40 per cent of the adult population in the province still smoking cigarettes regularly. This compares to 50 per cent in the province of Quebec.

For several years, the B.C. Tuberculosis-Christmas Seal Society has been actively involved in a massive education program aimed at elementary and high school students throughout British Columbia which employs films, lectures and class projects to teach the students the health hazards of cigarette smoking.

Another Christmas Seal Society undertaking, which began in January 1975, is Operation Kick It, a smoking cessation program designed to systematically help smokers give up their cigarette smoking habit. In the two and a half years since the program began, an estimated 3,000 individuals have participated in Operation Kick It classes in schools, community centres, hospitals, health units and places of business. An army of volunteer counsellors, numbering more than 100, lead the 11 weekly sessions which make up the program, and it is these counsellors who are helping the 1000 people who are registered for the Fall Operation Kick It programs around British Columbia.

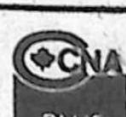
Operation Kick It employs methods drawn from many sources, but is generally based on a group therapy principle. Smokers who register for the program are taught why they smoke, and how to successfully become nonsmokers with the proper attitudinal changes.

Groups of ten to fifteen individuals meet once weekly for two hours to discuss their experiences for the past week, and to compare notes. The participants do not quit "cold turkey" on the first or even the fifth session. They are encouraged to keep track of the number of cigarettes they smoke, when they smoke them, and to rate their desire for each cigarette on a scale of one to six. A card wrapped around their cigarette package reminds them to keep an accurate record. Definite patterns in smoking habits are easy to see in only a few days, so the smoker can begin to understand the habit and be better prepared to successfully give it up.

(Continued on page 5)



# TOTEM TIMES



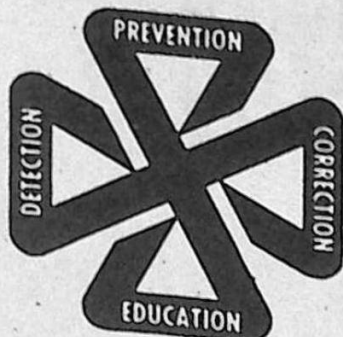
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1977

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# Accent Safety

Chimney fires are becoming a dangerous consequence of the energy crisis. With more fireplaces in regular use during this past winter, fire chiefs throughout the country report more chimney fires than they have seen in the last quarter century.

All safety experts agree that chimney fires can be practically eliminated with a few simple precautions on the part of the homeowner. With the heating season ahead, there is no better time than this moment to put your fireplace in a safe operating condition for the next season — and resolve to keep it in shape.

Chimney fires are usually the result of soot buildup in the flue. Whenever you have a fire, carbon particles rise — especially when green wood is burned — and coat the inside walls of the chimney. Old brick or stone fireplaces with their rough surfaces are particularly vulnerable, but even modern homes with their smooth tile flue liners are not

immune. Soot buildups — some are two or three inches thick — burn like charcoal once they are ignited. While there is little danger that such a fire will get past a tile liner in good condition, there is plenty of danger that it can work its way through the decaying mortar joints of old brick or stone chimneys. By the time such a smoldering fire is discovered, it may have a head start that cannot be over-taken.

The easiest — and most expensive — way to take care of your fireplace is to hire a professional chimney cleaner ("sweep") and give him the responsibility for maintaining a safe and efficient fireplace. If you want to take on the job yourself, you won't find it too demanding or difficult.

Once and for all, you can put aside most worries about chimney fires with this three-part maintenance program:

(1) Inspect your fireplace now to see if it is clean.  
(2) If it needs cleaning, follow the steps discussed later in this article.  
(3) In the future, stop burning soot-producing materials.

**Inspecting the Fireplace**  
At your fireplace opening, open your damper as wide as possible and look up the chimney. (If your back is not up to the contortions involved in this maneuver, hold a mirror in the chimney opening for your inspection). Check out the flue lining. Does there appear to be any appreciable soot buildup on tile or brick surface?

Up on the roof, use a flashlight to examine the interior of your chimney from the top. While soot accumulation will be heaviest in the lower part of the flue, roof inspection will help you gauge the extent of your soot problem. While you are up there, check the mortar joints in your chimney. Poke at the mortar with a screwdriver to test the decay. Any leaks in these joints can interfere with the chimney's draft, as well as present a fire hazard. The joints suffer the most damage and deterioration in the winter when fires are hottest and drafts are strongest.

If your inspection reveals a significant soot buildup, or mortar decay, plan on a chimney sweep or repair as soon as possible. In the meantime, build no fires. Cleaning the Chimney  
A chimney sweep is the process of dislodging whatever is blocking your chimney flue or clinging to its walls. Don't be too surprised at what may drop out of your chimney. Sea gulls, squirrels, bird nests, pigeons, baby raccoons, even snakes — all have been found in chimney flues.

More Work  
(Continued from page 4)  
spend more, to earn more — and so on in a vicious circle of ever increasing size?  
Do we want to do away with leisure? Of course not. All work and no play makes Jack a dreadfully dull boy. Abolishing leisure would be to agree that it is wicked. We would just like to recommend a little change in the proportion of work and leisure in our priorities. You never know, it might do wonders for our productivity... Vancouver Board of Trade.

**More Work**  
(Continued from page 4)  
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Do we want to do away with leisure? Of course not. All work and no play makes Jack a dreadfully dull boy. Abolishing leisure would be to agree that it is wicked. We would just like to recommend a little change in the proportion of work and leisure in our priorities. You never know, it might do wonders for our productivity... Vancouver Board of Trade.

immune. Soot buildups — some are two or three inches thick — burn like charcoal once they are ignited. While there is little danger that such a fire will get past a tile liner in good condition, there is plenty of danger that it can work its way through the decaying mortar joints of old brick or stone chimneys. By the time such a smoldering fire is discovered, it may have a head start that cannot be over-taken.

The pros use wire brushes to sweep chimneys and high-powered vacuum cleaners to collect the soot. Old-timers used to cut a small fir tree, tie a rope to each end, and pull it up and down the chimney. A piece of heavy chain — six feet of it, looped and tied to the end of a rope — is widely used when the buildup is heavy. Our choice is a burlap bag filled with straw or rags, weighted with stones, which is dragged up and down the flue.

Although it's easier to clean a chimney after a rain when the soot is damp, a wet roof or any roof poses a hazard in itself.  
Before you climb up on the roof, cover your fireplace opening with an old sheet, wrung out in water and hung on a wooden frame made of scrap lumber.

Fill a burlap bag (still available at some grain and garden stores) with straw, rags or sawdust and add a couple of large stones or bricks. Up on the roof, tie a long rope to the bag and lower it into your chimney. Pull it up and lower it until the flue walls are clean. Use your flashlight to check at both ends.

Once the flue is clean, remove the wet sheet, and if the soot is dry, use a garden sprayer filled with water to moisten the soot that has been dislodged. Scoop it up into paper bags.

Inside the fireplace opening, check the damper. Close it and see if it fits the opening tightly on all sides. If it doesn't, you are losing room heat whenever the fireplace is not in use. Repairing a damper is usually a job for the pros.

Open the damper wider (or if it is removable, take it off) and clean the soot from the wind or smoke shelf at the bottom of the flue just above and behind the damper. Use a flat piece of metal or cardboard as a scraper scoop. The wind shelf stops the down-currents of air that would drive smoke into the room.

If your fireplace has an ash-pit, clean it out. Use a vacuum cleaner in the fireplace opening. Check the firebricks by poking at the mortar with a screwdriver. Loose bricks are a fire hazard. Remove them and scrape the mortar out. Thin some furnace cement with water until it spreads easily, butter it on the bricks and tap the bricks into place with a mallet. Let the cement dry completely before building a fire.

If your earlier inspection of mortar joints at the top of the chimney revealed some decay, take care of it now. Scrape out the old mortar, wet the crack and tuckpoint with mortar mix, which is commercially available in small pre-mixed sacks. You just add water. Chimney cracks below the roof line should be repaired only by an expert mason.

Long-Range Fireplace Care  
Most chimney problems are man-made. All too often people ask for trouble when they use their fireplaces to burn waste paper, old milk cartons or heavily sapped wood (like cedar) and get a carbon buildup.

The first rule for sale fireplaces is never to burn plastic-coated materials or quick-starters, resins, leaves, plywood or giftwrappings (which can fly up the chimney while still burning).

Green wood — the top soot producer — is a prime cause of chimney fires. It is the slow, smoldering fire which releases the running sap in green logs and causes it to build a glaze in the flue. It's all right to burn green wood if you have a good bed of coals. But ordinarily avoid the green stuff. How to tell? Look and lift. Green wood looks darker and feels heavier than dry woods.

If you call a professional to have repairs made, consider installing a hardware-cloth mesh screen on top of your chimney. It will prevent burning material from being sucked out of the chimney, and keep squirrels and birds out.

## An Open Note To Drug Users In The Canadian Forces

This morning I had an anguished phone call from a young serviceman who was to be released from the Forces in a short time. His release has been authorized under item 5 (f) — "Unsuitable for Further Service ... because of factors within his control..." To put it shortly, he's being released primarily because of his involvement in bringing a large quantity of hashish onto one of the bigger Bases in CFTS. He has also been tried, convicted, and sentenced by a Court Martial for the same involvement.

This young man put forward to me all of the same arguments I've heard so often, both here and in the ADM (Per) Group at NDHQ, about how unfair it is that he's to be released, how badly he's being treated in comparison with other offenders, how his release represents double punishment for the same offence, etc., etc. I have a lot of sympathy for him; he faces an abrupt re-entry into a hard, hard world, and his arrival won't be made any easier by the confiscation of his last pay and his pension contributions to help pay off the large fine he was awarded by his Court Martial. In short, I recognize that his anguish was as real and heartfelt as it could be, and, with a part of my consciousness, I share it.

BUT! There's also a part of me that says, "Wait a minute, here — there's a whole other side to this story, dammit!"

So, a little too late for you, Private Anonymous, but maybe in time to influence one of two of your peer group, here's an Open Note To The Drug Users In The Canadian Forces.

Where did you first hear that you're not supposed to use dope if you're in the Forces? When did you first learn that in this organization, more so than in any other, compliance with Regulations and Orders isn't the only thing, it's everything? When did you first suffer the ugly consequences (25 push-ups, extra work and drill, 10 days CB, or a fine) for failing to observe rules?

When did it first occur to you that in the unusual things we do in our line of work, disobeying orders can cost somebody else a bad scare, or a finger, or his life? Did it take until the first time someone wrote a PER on you for you to realize that one of the features you're being assessed on is your ability to observe the rules?

Have I made my point? You don't have to work here but by God, if you do, you'd better know that this organization is a creature of regulations and orders, and if you can't go along with them, you're going to be in trouble. Now let me ask you once again, how long have you known that it's against the rules to be involved with dope in the Canadian Forces?

So don't come snivelling in after you've been caught and ask me to debate the relative merits of hashish and alcohol. Don't cry to me that you were only doing your buddy a favor by going downtown and bringing back a couple of ounces to split with him, and besides, you didn't make any profit on the deal. And please, please, don't waste my time with a lot of bleating about how Roy McMurty wants to decriminalize grass, and all your civilian friends are being given absolute discharges for growing their own.

Gentlemen (and ladies, too, I'm sorry to say!) I don't personally care if you smoke up with your friends in the barrack block every night and twice on Sundays. Fill your boots. I don't think the Canadian Forces, as an entity, gives a damn whether pot impairs your ability to drive

or work worse than beer, or gives you less of a hangover. But there are rules against dope, for reasons that you don't even have to think about, and if you're not mature enough to observe those rules, however, you feel about them, you just don't belong in the outfit. If you don't care enough about your job to have the little bit of self-control needed to stay away from drugs, then I think it's pretty hypocritical of you to cry like babies when your own conduct comes back to haunt you.

The rules are there. You know them and you know the consequences of breaking them. If you're too dumb to govern yourselves accordingly, you're too dumb to work here.

By CF Blair, Maj.  
DJA  
CFB Esquimalt Lookout  
Sept. 29, 1977

## Emergency?

CE guarantees that within 48 hours of a call for emergency repairs that the situation will be rectified. For example, if a window has been "busted" and the rain is pouring in, then CE will most likely cover the window with plywood to stop the rain and the emergency will thus be rectified. Subsequently, the window will be replaced as soon as replacement materials become available. Is a plugged toilet an emergency? If you have two bathrooms — No — the matter will be treated routinely. Each MQ occupant is responsible for ensuring "that foreign matter is not deposited in drainage systems and shall keep drains clear by the use of commercial products and household plungers provided by himself" (CFAO 28-3 para 38). If the obstruction has not been cleared, then call CE for assistance.



The first successful, manned, heavier-than-air flight was made in a glider in 1853.

## Arctic Airstrip

OTTAWA (CFP) — A high Arctic airstrip built by the Canadian Forces at Eskimo Point, 120 miles north of Churchill, Man., was turned over to Transport Canada Sept. 14.

Other airstrips built by No. 1 Construction Engineering Unit of CFB Winnipeg have been completed at Whale Cove, Pangnirtung and Cape Dorset in the Northwest Territories. A fifth airstrip at Pond Inlet will be completed next year.

On hand for the ceremony at Eskimo Point were Brigadier-

General N.S. Freeman, director general quartering at National Defence Headquarters, Ottawa and Mr. G. Neil, regional manager of construction services with Transport Canada, Winnipeg. The packed gravel airstrip, 4,400 feet long and 300 feet wide, is capable of handling the four-engined C-130 Hercules freighter used by commercial and military air carriers.

All the airfields are operated by the NWT government.

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OCTOBER 29 - Hallowe'en Dance, 2100 hrs.  
Chinese food. Band: "ALLEY CATS". Admission free if in costume. \$1.00 per person not in costume.

### MOVIES

OCTOBER 24 - LAW & DISORDER  
Carroll O'Connor, Ernest Borgnine (Mature)  
OCTOBER 31 - CHOSEN SURVIVALS Jackie Cooper (Mature)

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OCTOBER 21st, 28th — TGIF - 1630 - 1730 hrs. Subsidized drinks 1630 hrs. Food 1700 - 1800 hrs. Jackpot, and Bottle draw. Casual dress.

OCTOBER 23rd — Family Bruinch 1200 - 1300 hrs. Lunch menu. Phone Mess Manager if you plan to attend. \$1.40 adults, \$1.00 children under 12. Dress - Casual.

### COMING EVENTS

NOVEMBER 4th — "Oktoberfest"

☆ NOTICE — During regular TGIFs — When Muggings are scheduled, food hours will be extended 1600 - 1730 hrs.

## Jr. Ranks Club

OCTOBER 21-22-23 — A complete entertainment program for all ages. "FANCY DAN" a versatile group from Seattle. Admission: 50c members, \$1.00 guests.

OCTOBER 28-29-30 — "THE WIZARDS" — A return engagement of the popular entertaining force from Victoria.

NOVEMBER 2 — Bingo — Time: TBA.

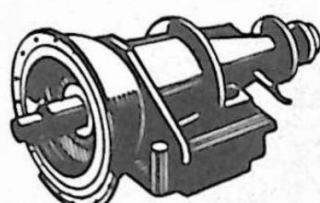
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NOVEMBER 1st — CHOSEN SURVIVALS Jackie Cooper (Mature)

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# Sports Beat Comox



## Service Women's Softball Wrap-up

BY LORNE LAKE

The Service Women capped off the Softball season with a trip down to Esquimalt for the Zone One Softball Finals. Ten teams from Winnipeg to Comox participated in the week long event, under ideal conditions (well almost ideal). Our girls did us proud by reaching the finals against Cold Lake. They made a valiant effort, losing in the last couple innings when Cold Lake pulled ahead for the victory.

I would like to extend my thanks to the girls who represented this base. A special word goes to Nora Obermeyer for her all round great playing and superb sportsmanship on and off the field. Also to Diane Vincent who won a trophy for being the fastest base runner of the tournament.

The Pitching Staff of the Comox team consisted of Marilyn Bell, Jane Remmerswaal, and Joyce Jack who did an A-1 job. Our Infielder's Debbie Edwards, Cathy (Slugger) Todd, Diane Bell and Sylvie Montambault were always on their toes, knees, etc. The "ACE" Outfielder's Nora Obermeyer, Jeannie Bird, Jane Remmerswaal, Chris Crosby and Diane Vincent, who never needed a basket (well hardly ever). Lynne Gouliquer, our catcher, who directed the team with outstanding knowledge of the game.

Jackie James and Valerie Venne, who were not able to attend the tournament, were sorely missed.

Last but not least, I'd like to thank my partner in crime, for the tournament that is, Lise Gauvreau. Her moral support and great coaching were a real asset to the team.

At this time the team and I would like to pass on a very special thank-you to Wayne King. Without his patience and knowledge of the game, this team would never have done so well.

All I can say is, your team spirit and zest for these games proves that you can do well in any sport you try. Thank you for a fantastic season of Softball.

## Top Forces Runner



gruelling 15,000 event.

A native Edmontonian, Lt. Menard started running in 1972 when he attended O'Leary High School here and turned out for their track team. He continued running for the University of Alberta track team until his graduation in 1976.

Son of Mr. and Mrs. Lionel Menard 13412-83rd St., Edmonton, Alta., he joined the Canadian Forces in 1974 while attending U of A under the ROTP program. Upon graduation with an honors physical education degree he was assigned to CFB Edmonton as a Finance Officer.

Lt. Menard is now flirting with world times in some of his events. For instance his best time in the 1,500 meter event is 3:49.6, a couple of seconds off world competitive times. Also, he placed fourth in a Canadian national track meet held in 1976.

Right now he has his eyes set on representing Canada in the upcoming Commonwealth Games next summer. He is busy training hard in preparation for the Canadian pre-Commonwealth Games trials to be held next May. If successful, he will be one of Canada's runners in the long distance events.

C.F. photo

Canadian Forces Lieutenant Darrell C. Menard, 22, of Edmonton ran away with all the awards in the Forces Prairie Region distance races held here last week.

A total of 36 runners from Canadian Forces bases and stations in Western Canada competed in the two-day event. When the results were tabulated Lt. Menard was declared the winner in the 5,000, 10,000 and 15,000 meter events. He clocked times of 14:12 in the first race, 29:40, in the second and 47:58 in the



It is estimated that the earth weighs 6 sextillion, 570 quintillion tons.

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## Local Ham



A TOKEN OF APPRECIATION was presented Oct. 6th to Mr. Syd Lashley of Little River Road, Comox. Mr. Lashley is a ham radio operator who works Ismailia and Alert to phone patch lonely servicemen home to their families. He has performed this voluntary service for more than two years and has made hundreds of servicemen and their families very happy. Mr. Lashley was in the Canadian Army Signal Corps in WW II and retired in 1973 as Quality Control Manager of CAE in Winnipeg. The plaque was brought from Ismailia by LCol. Burrows (BAO) and Capt. Bob Sexton (442 Sqn) for presentation to Mr. Lashley. Base photo

## Curling Season Is Here

The Central Executive has been working hard to get activities rolling for a super season. The rocks have been sharpened and the parking lot paved so you don't get your feet wet and muddy. Which reminds us, not to wear our curling shoes to the rink so we can lessen the cleaning job on the ice.

The Ladies Pot Luck supper and meeting chaired by Pres. Lucy Grant was well attended, with plenty of food for all. Supplied by the ladies under the direction of Angie Howell and her committee.

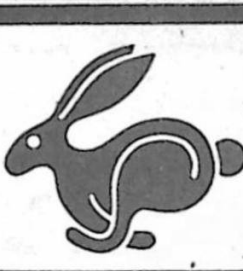
The Ladies Evening was overflowing this year, but Skips are needed for the afternoons. Men's League may have a few openings, check and see. Instructors, both men and ladies are needed for the students from Nov. 1st to 24th. The Ladies Club Spiel is set for October 28, 29th which will be a lot of fun for everyone as it winds up with a dress-up Hallowe'en Party. Get out your best costume, whether you are curling or supporting the curlers.

There are many events coming up so keep in touch, but one in particular is the

Shorty Spiel to be held on November 12th. The B.C. Ladies Curling Association Year Book is available and it is wise to read and refresh, for both "old" or "new" curlers, this booklet to get into the Spirit of the game and to remind us of the Etiquette or "Common Sense" of playing a game of skill and tradition. Good Curling!

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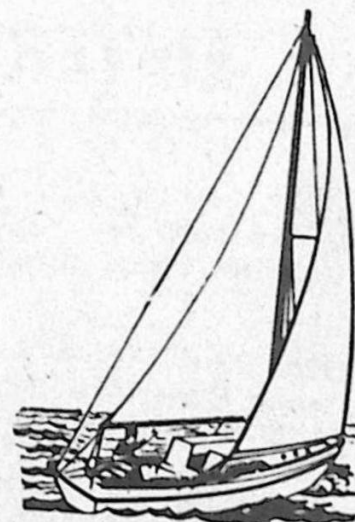
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# Neighbourly News

## PMQ Preamble

In the past few weeks some of your council members have received a fair number of complaints from MQ residents regarding dogs running loose in the Wallace Gardens area. It seems there are still a few people who show little concern for other residents' privacy. Remember your dog must be tied or chained if left outside or on a leash if you are taking him for a walk or run. If you can't abide by the by-law, then for your sake and that of the animal, maybe a new home is the answer.

On the lighter side - it seems like Mayor Bossons is setting the pace in getting his storm windows up. Of course, some of you beat John by a whole bunch by leaving them up all summer. I really thought I had a few weeks left but if the Mayor has his "storms" up already, guess I'd better get with it.

The Mayor mentioned the other day that it also looks as though we have a volunteer to co-ordinate the efforts of the Base Teen Organization (BTO). Of course, the establishment of a home for the BTO is a primary undertaking for council at the present time. We have a site selected and as soon as we can get another base facility moved out, the BTO will move in, albeit with a paint brush and strong back.

Some of the happenings in Wallace Gardens: The Beavers have already held their first three meetings - thanks ladies!

The Glacier Gardens winter program is pretty well underway - public skating, youngster and oldster hockey, etc.

Boy Scouts are busier than beavers?

The United Way Campaign is upon us once again - let's all get together and once more push our contributions over the top.

People are busy getting their flower pots inside and getting the areas around their MQ ready for the Western winter onslaught.

Some kids are enjoying playing on the Venture Playground while other kids seem to enjoy defacing the whole area.

Did you know - Very soon now MQ residents will be required to pay their own utilities individually? A mile is approximately sixty per cent of a kilometre? Jack Connors does not wear a toupee - that's actually a fur cap - he borrowed it from Bob Hammersley? There are two families in MQs from Heart's Delight, Newfoundland? Each PMQ lot is slightly larger than the average city lot? The CE section will provide you with top soil (within reason) if you give them a call (keep it in mind for next May)? There really is an Art Betteridge - his wife told me so. We really got a seven per cent pay raise effective 1 October? My storm windows are still waiting in the basement? We have a meet your council meeting coming up on.....at the base theatre?

The BOY SCOUTS AND CUBS GROUP COMMITTEE ARE LOOKING FOR TWO VOLUNTEERS - 1) A CHAIRMAN AND 2) A PUBLIC RELATIONS OFFICER - so please, if you can, pass your name to Rusty Rutherford at 339-5106.

## DON'T PROTECT THE ALCOHOLIC

Too many wives, kids and bosses are covering up for the problem drinker. This practice is a poor one no matter how good the intent. Come to the Base Theatre at 1930 hours, 25 Oct. 77, and see the facts surrounding this problem in the excellent film "I'll Quit Tomorrow." Learn how to deal with the problem drinker or alcoholic. See you there!

## Prev Med News

### HOME, HEAT, HUMIDITY AND HEALTH

Winter is a season when we are "forced" to spend a lot of our time indoors. It seems logical then, that we should prepare our homes so that the home environment is maintained as comfortable and healthful as possible, in as economical a fashion as feasible. The following are a few tips on how to do so.

Let's start with heat. The ideal indoor temperatures range from 15 - 20 degrees C. (60 - 68 degrees F). This range maximizes comfort and health and is economical on fuel. It is more healthful to have your thermostat set at 20 degrees C. and wear a sweater than to go around short-sleeved at 22 degrees C. In addition, lower your thermostat at night to about 17 - 18 degrees C (63-65 degrees F). This will reduce fuel consumption dramatically while at the same time enabling more comfortable and healthful sleeping conditions. Finally, if your fan has a low setting, try leaving it on continuously. Such a state will prevent wide temperature swings and keep the room air temperature fairly uniform.

When speaking of comfort, humidity plays a large role. A very dry house, not only is literally shocking, but is responsible for the rash of bleeding noses, colds and other infections seen each fall. And the situation is worse if the house is hot as well. The relative humidity (RH) in your house should be geared to the outside temperature - the lower the outdoor temperature, the lower the indoor humidity. The following table will give you an idea of desirable settings:

Outside Temperature (Degrees C.)	Indoor Relative Humidity (per cent)
minus 20	35
plus 10	30
0	25
minus 10	20
minus 20	15

Never should your RH go above 70 per cent, and really not above 40 per cent, since high humidity and cold outside temperatures will cause ice formation in your outside walls and ceilings. Not only that, high humidity (especially when hot) is conducive to the survival of airborne disease organisms (eg. those responsible for colds). Unfortunately, the plate humidifiers found on most furnaces are inadequate, especially if they are not maintained properly, a job entailing replacement or cleaning of the plates and valves. If your humidifier is inadequate, buy a portable one (or install a central one on your furnace), the 60-80 dollars will be well spent. Another good investment is a humidity indicator which you can pick up for a few dollars. However, desirable humidity can be estimated by looking at your inside windows. A slight condensation at the base of the inside panes indicates a good level. Finally, too high water vapor levels in the air can freeze your windows shut, preventing ventilation.

Ventilating your house periodically not only freshens the air and thus makes it more

comfortable, but also washes out the stale air laden with germs. Ideally, rooms, especially bedrooms, should be ventilated once daily, but weather sometimes precludes this.

A good method of ventilating is to shut off the room, turn down the thermostat, and open the windows for about 30 minutes. Of course, there are sources of ventilation that we don't want, and these are commonly called drafts. The latter not only are unhealthy and uncomfortable, but also are source of loss of both heat and humidity from your house.

A directorate of preventive medicine publication - Sept. 77.

The word sabotage comes from a French railway strike in 1912 when the workers sabotaged the railway line by cutting the shoes (sabots in French) holding the railway lines.

## Femme Gen

BY LIZ GRAHAM

My cousin, Evelyn, dropped in for one of her visits the other day. She is in the midst of having her house completely redecorated, so the main topic of conversation that day was about 'style' and 'good taste'. She told me that decorating a home is a challenge and very educational, and that I should try it sometime. She says she knows that my side of the family never did have much taste when it came to interior decorating, and that I have obviously inherited that deficiency, but that she is sure I can - with her guidance - overcome this handicap.

Although she says she is an expert on interior decorating, she has hired a very expensive French interior decorator to do her house. She says that he has been in business for over thirty years, and comes very highly recommended, but that it is quite obvious to her that he still has room for improvement, so she is kept very busy giving him the benefit of her advice, which, she tells him, will be useful in his business. She did say that he has an absolutely uncanny ability for choosing colours that reflect the character of individuals, and that at the end of their very first meeting he told her that with her natural flair for interior decorating, and her business acumen, she was a perfect 'puce' and asked if she thought it would be all right to use that colour as the dominant theme throughout the house so that it would reflect her true character. She was delighted, so puce it is.

She is also buying a lot of new furniture in the artificial 'distressed wood' style. I did offer her some of my natural distressed wood stuff, but she pointed out that it was quite obvious that I didn't know that every piece of furniture has to be chosen very carefully, in order to blend in with the 'whole', and must be able to tell a tale about the inhabitants of the home. She suggested that I accompany her on some of her shopping excursions because she's sure, that even at my advanced age (I was born 11 days, 25 minutes, and 6.2

seconds before her), it's not too late for me to learn how to furnish a home properly.

By the time she left, I was beginning to think that for once she was right, that I did not have a flair for decorating, because to be truthful, I hardly knew what she was talking about the whole time. But after looking at my furniture, I realized that even if I did have a flair for style, and chose my furniture carefully, after all my C.A.F. moves, it would only eventually end up reflecting an 'Early Canadian Moving Van' character, and as for having every piece telling a tale about the inhabitants, mine can sure tell some tales about my battles with moving companies over their policy of accidentally refinishing everything in a natural distressed wood style.

I don't know if my colour scheme reflects my character or not, but I do suspect that Evelyn's 'puce' really reflects the true character of her French interior decorator, who appears to have quite a sense of humour. Don't tell Evelyn, but the word 'puce' is of French origin, and - literally translated - means...FLEA!

## Entertaining Ideas

Your next party may have more appeal if you spice it up with a slice of Danish life and serve a new twist on a classic cocktail:



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### THE DANISH MARY

3 ounces of tomato juice  
Juice of 1/2 lime  
Dash celery salt  
1 1/2 ounces Aalborg Akvavit  
Stir with ice until cold and pour into 6 ounce glasses.

Gourmets say the breath-taking flavor of the Danish akvavit tastes terrific with tomato juice. This could be the seed from which your reputation as a very with-it host or hostess can grow.

## Chapel Chimes



### RC CHAPEL

Father M. Allan Stack - Base Chaplain (RC) - Telephone 339-2211 Loc. 274; Residence 339-2102.

### MASS FOR SUNDAY:

Saturday - 7:00 p.m.  
Sunday - 9:30 a.m. and 11:00 a.m.

WEEKDAY MASSES: 9:00 a.m.  
SACRAMENT OF RECONCILIATION: Confessions are heard before all Masses and any time upon request.  
BAPTISM: By appointment. Please phone ahead in plenty of time.

MARRIAGES: Please come in months before your marriage.  
CATECHISM CLASSES: Each Wednesday night at the PMQ School, 6:30 - 7:30 p.m.

### THE PROTESTANT CHAPEL

Telephone: 339-2211 Loc. 273.  
L.R. Coleman, Maj. (Base Chap (P))  
C.V. Patey, Capt. (Chap (P)).

### CHAPEL SERVICES

The Protestant Chapel is located in Wallace Gardens (PMQ area) and Divine Service is held every Sunday at 11:00 hours. This is the Base Chapel and everyone is warmly invited to share in the Service.

HOLY COMMUNION: Holy Communion (ACC) 1200 hours first Sunday of the month.

BAPTISM: By appointment. Consultation with parents expected 2-3 weeks in advance of Baptism.

WOMEN'S GUILD: All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2000 hours on the second Wednesday of each month.

CHAPEL CHOIR: Our Choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain.

Junior Choir: 1830 Hrs. Thursday at the Chapel.

Senior Choir: 2000 Hrs. Thursday at the Chapel.

SUNDAY SCHOOL: The Sunday School operates from September to June. Ages 6-15 meet in the Chapel at 0930 hours each Sunday, and the ages 3-5 hold their sessions during the Church period at 1100 hours. All children are invited to attend.

OFFICE HOURS: 0800 - 1630 hours. Phone 339-2211, Loc. 273.  
HOSPITAL VISITATION: The Chaplain would appreciate the co-operation of the members of the congregation and would request that they phone the Secretary's office (339-2211 Loc. 273) to report the names of any members of the congregation who may be in the hospital.

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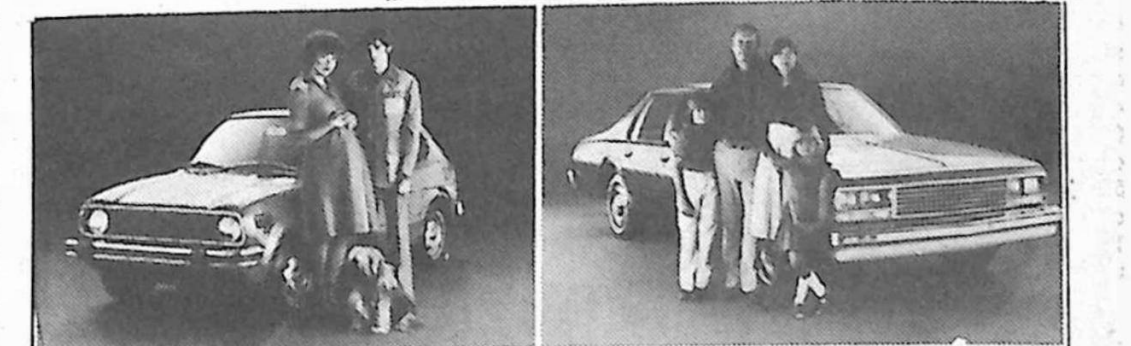
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## Dental Health

The following article is one of a series being presented by Totem Times in co-operation with the Dental Detachment.

Teeth are not likely to chew well if they do not come together (occlude) properly when the jaws close. Malocclusion, as this condition is called, may cause problems in eating. It may also put a strain on the entire chewing mechanism. This strain can damage the teeth and the structures that support them. It may also injure the joints that allow the lower jaw to move. Besides, teeth that are irregular and do not occlude properly detract from a person's appearance.

Malocclusion most often develops when the first teeth are being shed and the permanent teeth are erupting, but it may occur at any age. Sometimes, malocclusion is the result of inherited factors, such as the size of the jaws and the teeth. Sometimes, harmful habits such as thumbsucking, or early loss of teeth through decay, are the major reasons. Sometimes, there is a combination of causes.

Whatever the cause, prompt treatment by a dental specialist known as an orthodontist is required if crowded, widely spaced, or rotated teeth are not to spoil a child's appearance or damage his dental health in later life.

Teeth that are too prominent or that meet improperly may interfere with chewing and put an extra burden on the stomach. Food particles lodge readily between teeth that are not in proper position, making them prey to tooth decay and gum disease.

When you consider the fact that jaw muscles can apply 200 or more pounds of force with each chewing bite, it's easy to see how malpositioned teeth could cause severe strain and damage.

A dentist can often prevent conditions leading to malocclusion, if he is consulted early. That's why he

should see your child between 2 and 3 years of age, as soon as all the first teeth have erupted.

Baby teeth are needed to maintain the shape of the dental arch and save the space that will be needed if the permanent teeth are to come in properly. Your dentist can help keep the first teeth healthy. He can place a space maintainer if the first teeth are lost too soon, or he can remove those teeth if they stay too long. He can provide advice on improper habits that may be causing faulty tooth position.

As the permanent teeth come in, the dentist can refer your child to an orthodontist if such treatment is needed. The critical age for correcting malpositioned teeth is when your child is 11 or 12 years old, for then the orthodontist can take advantage of the normal growth of the mouth and face to aid in making corrections.

Does it weaken teeth to have them straightened? No. Teeth can be moved or rotated in the mouth without damage and without loss of bony support. In fact, many persons have had complete orthodontic correction with excellent results after they were grown. Teeth are moved slowly by light pressure applied by means of bands and wires attached to them. The bone structure against which such a force is applied is slowly rearranged, making room for a tooth to move. At the same time, new bone is building up on the opposite side. It fills in the space from which the tooth has moved and provides continued support.

Malocclusion can usually be entirely eliminated. Function and appearance are almost always improved, and the result is a long step toward keeping that smile for a lifetime.

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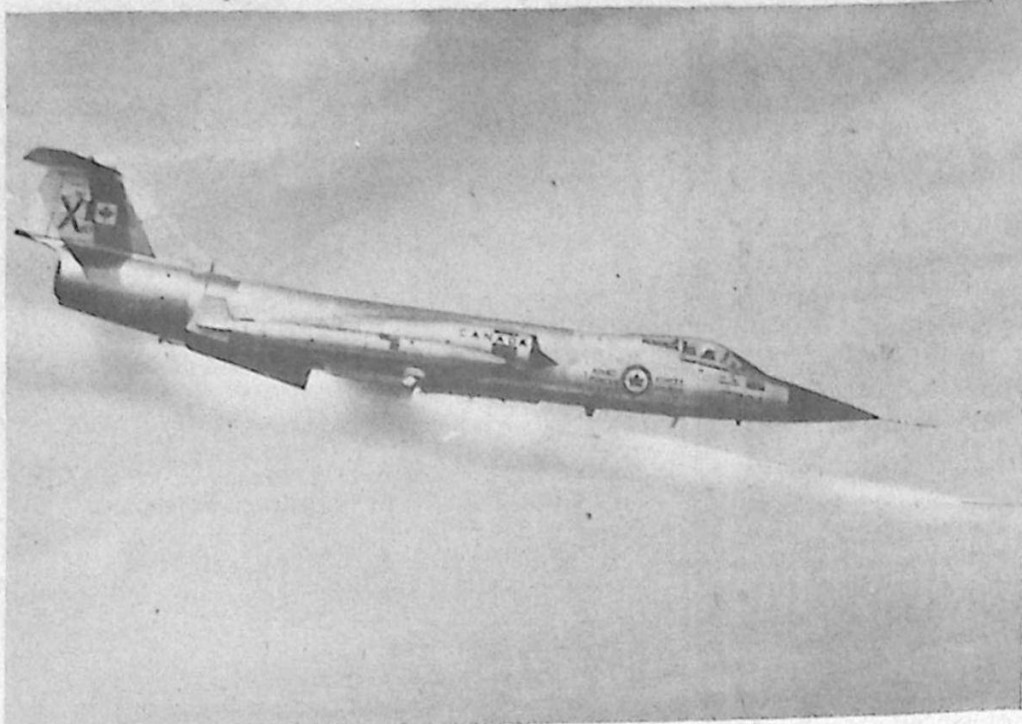
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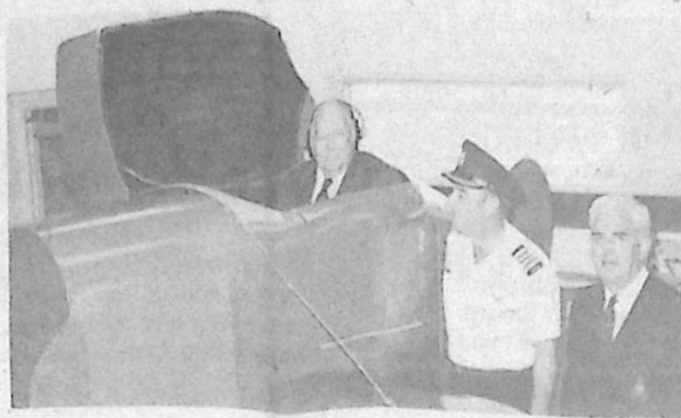
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# Other People Doing Their Thing ...



**AIR STRIKE** - The CRV-7 air-to-ground rocket, developed by the Department of National Defence's Research and Development Branch and manufactured by Bristol Aerospace of Winnipeg, Man., is fired from a Canadian Forces CF-104 "Starfighter." (CANADIAN FORCES PHOTO).



**LINK TRAINER GETS NEW HOME** - Stan, McMillan, director of Canada's Aviation Hall of Fame checks out the inner workings of the Link trainer while Colonel David F. Garland, CFB Edmonton's commander, and Brig. Gen. W.F.M. Newman (ret.), executive vice president of the Aviation Hall of Fame wait their turn to get at the controls.

The Link simulator, rebuilt by base personnel, was presented to Mr. McMillan by Col. Garland recently. It is the last operating trainer in Canada and will eventually find its way into the soon-to-be built Hall on the top level of Edmonton's new Convention Centre.

Canada's Aviation Hall of Fame, when completed, will contain aviation memorabilia such as the Link, photos and stories of Canada's famous aviators including Wop May, Punch Dickens, Billy Bishop and the like. Edmonton was chosen as the location for the Aviation Hall of Fame because of its past links with flying in Canada. Edmonton, for instance, was the hub, or stepping off place for northern Canada flying activity during aviation's fledgling years.

(Canadian Forces Photo)

## Forces First

OTTAWA - Colonel James A. Fox, of Bedford, N.S. is the first Canadian Forces officer to attend the U.S. Army War College, Carlisle Barracks, Pa., under the International Fellows Program.

He is one of six foreign officers attending the U.S. Army's senior school this year. The others are from Australia, Germany, Mexico, Japan and Korea, who, with 246 U.S. classmates, will complete a course of study to qualify them for top-level command and staff positions in the armed forces throughout the world. The 10-

month course concludes in June, 1978.

A graduate of Dalhousie University, Halifax, and the Royal Military College, Kingston, Ont., Col. Fox is an armored corps officer who formerly served with the 8th Canadian Hussars in Europe and Lord Strathcona's Horse (Royal Canadians), commanding the latter regiment when it was an element of 1 Combat Group, Calgary.

Before attending the U.S. Army course, Col. Fox served in Ottawa at National Defence headquarters. He also served in Germany, Britain and Cyprus.



C.F. photo

## Running For Blind Youth

OTTAWA (CFP) - Two Canadian Forces Security Branch members did a lot of running Sept. 14 to raise money for the military police fund for blind youth, and obtained approximately \$800.00 in the form of pledges.

Sgt. Michel Gingras, 32, of Quebec City, completed 50 miles around a quarter-mile track at Confederation Park in Ottawa, and his running mate, Maj. John Wright, 40, of Arnprior, Ont., completed 35 miles before withdrawing with leg cramps.

They began circuiting the track at 8:30 a.m., in the rain and with TV crews and reporters on the scene. Maj. Wright had to stop at 1:50 p.m., but Sgt. Gingras carried on and completed the marathon at 3:49 p.m. He ran seven hours and 19 minutes, averaging just under seven mph.

The pledges were all from Forces members - mostly Security personnel - and DND

civilians. The public was not solicited.

Twenty years ago the Army provost marshal, Colonel J.R. Stone, DSO, MC, appealed to the Army's military police to establish a fund to provide a few extras in life for youngsters in Canada's schools for blind children.

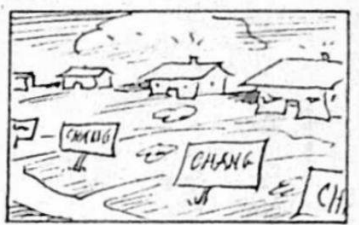
The response was instantaneous from the military's policemen, and has been so successful over the years that a trust fund of \$100,000 is now being created in perpetuity, "to aid blind children who lack funds and other necessities of life by providing funds to blind schools and organizations associated with blind children."

Marathon running is not new to Maj. Wright and Sgt. Gingras. In fact, it was their idea of another way to increase the pot to aid blind children.

Maj. Wright has entered six marathons, including the 26-

mile Boston in 1974. He currently averages 50 miles per week jogging. Sgt. Gingras started marathon running about three years ago. He has been in four long distance runs, two in Ottawa, one in Montreal and one in Quebec City. He also averages 50 miles per week jogging.

Contributions to this fund may be made at the CFB Comox Guardhouse.



The most common surname in China is Chang, which accounts for about 10 percent of the entire population of China. This would mean there are about 75 million Changs in the world!



TOW anti-tank missile at CFB Shilo. (CANADIAN FORCES PHOTO)

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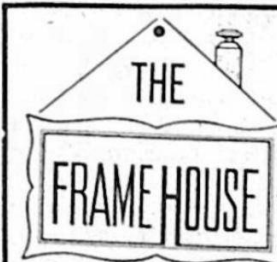
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# ... In Many Other Places



**UP NORTH** - G.H. Hodgson, centre, commissioner of the Northwest Territories and Brigadier-General K.J. Thorneycroft, right, of Swift Current, Sask., commander Northern Region, take a breather from a busy tour schedule aboard HMCS Preserver, conducted by the ship's commanding officer, Captain (N) Thomas, S. Murphy, left, of Ladner, B.C. Mr. Hodgson and General Thorneycroft recently visited the Preserver by Sea King helicopter while the ship was steaming in Barrow Strait, 150 miles east of Resolute, N.W.T. The 22,000 ton Maritime Command supply ship was recently on a six-week scientific research and sovereignty deployment in the Canadian High Arctic. Could the Captain's fur cumberbund be a clue as to the whereabouts of 442 Sqn's pet muskrat? (CANADIAN FORCES PHOTO)



**ROYAL REVIEW** - King Baudouin of Belgium inspected a 100-man royal guard of honor from 1 Commando of the Special Service Force at Petawawa, Ont. during his visit, with Queen Fabiola, to Ottawa, Sept. 19-20. On King Baudouin's right is guard commander Maj. J.R. Gagnon. Col. J.B. Pearl, base commander of CFB Ottawa accompanies the King's aide-de-camp, Col. B.E.M. Jean de Mild. (CANADIAN FORCES PHOTO)



**CDS ZÉROS IN** - The chief of the defence staff, Admiral Robert H. Falls, adjusts the sight of a TOW (Tube-launched, Optically-tracked, Wire-guided) weapon system during his visit to 4 Canadian Mechanized Brigade Group (4 CMBG) in late September. Sergeant Bill Hexter (background) of Kingsville, Ont., a member of the 3rd Battalion The Royal Canadian Regiment, stands ready to answer the CDS's questions. At the time of the visit, 4 CMBG was participating in the NATO multinational field training exercise Carbon Edge. (CANADIAN FORCES PHOTO)

## Exercises

4 Canadian Mechanized Brigade Group (4 CMBG) and 1 Canadian Air Group (1 CAG), Canada's contribution to defence and deterrence in Central Europe, are taking part in a series of national and international training exercises during the latter part of August and the month of September.

More than 4,000 Canadian soldiers, airmen, militiamen and air reservists are involved in these exercises.

The army formation, 4 CMBG, assigned to NATO's Central Army Group, is involved in a three-phased training programme. The brigade group's ten units left their home bases, Lahr and Baden-Soellingen, in the Black Forest region of the Federal Republic of Germany, in late August. The initial phase of training, at the unit and sub-unit level, took place at the U.S. 7th Army Corps training centres at Hohenfels and Grafenwohr.

A brigade group field training exercise under the direction of Brigadier-General Jack Vance of Tweed, Ont., commander 4 CMBG, took place September 6, 7 and 8. Units of 4 Jaeger Division (German Army) also participated in this exercise. During these two phases of the programme, training was carried out at the section, platoon, company, battalion and brigade group levels.

The final phase of the fall concentration is a NATO multinational field training exercise called Exercise Carbon Edge. It began on September 12 and continues for 10 days. Units from six NATO countries, Canada, Germany, The Netherlands, Belgium, United States and United Kingdom, are participating in this exercise sponsored by the U.S. 7th Corps. An armour unit of the Belgium Army will be assigned to operational control of 4 CMBG during this exercise.



**1 CAG** - Major-General Charles H. Belzile, commander Canadian Forces Europe, Brigadier-General W.G. Paisley, commander 1 Canadian Air Group, Colonel A.B. Bosman, deputy commander 1 Canadian Air Group, and General F.J. Schulze, commander-in-chief Allied Forces Central Europe, are briefed by a 421 Tactical Fighter Squadron pilot at Baden-Soellingen, Federal Republic of Germany. General Schulze visited the Canadian air group at Baden-Soellingen on September 16 during NATO's air exercise, Cold Fire. 1 Canadian Air Group is Canada's air force formation committed to the NATO forces in Central Europe. (CANADIAN FORCES PHOTO)

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# A Legend In His Time



**COLONEL R.D. (JOE) SCHULTZ**, wartime night-fighter ace retiring after more than 36 years service, commanded 413 and 432 All-Weather Fighter Squadrons (CF-100 Canucks) at Bagotville, Que., from August, 1959 to July, 1962. (CANADIAN FORCES PHOTO).

OTTAWA — Colonel R.D. (Joe) Schultz, DFC and Bar, OMM, CD, of Bashaw, Alta. known internationally as a top military pilot and authority on flight safety, is retiring from the Canadian Forces in December, chief of the defence staff Admiral Robert H. Falls has announced.

He has over 36 years continuous service in the Royal Canadian Air Force and Canadian Forces, and for the last 10 years has been director of flight safety at National Defence headquarters. Col. J. Robert Chisholm of Kentville, N.S. has been named his successor.

Col. Schultz enrolled in the RCAF in July, 1941, when he was 18, and trained as a pilot on Tiger Moths and Ansons. By June, 1942, he was flying Beaufighters, and later Mosquito night-fighter

operations against the enemy as a sergeant with the RCAF's 410 "Cougar" Squadron in England. Flying defensive patrols over England and night intrusions into enemy territory, his victories rose to five destroyed aircraft, earning him "ace" status, and climbed to a total of eight before the war ended.

An excerpt from Air Historian records of Dec. 10, 1943 describes one of his operational sorties: "Schultz swung the Mosquito around, drew in to 50 yards astern, and after identifying the raider as a Dornier 217, opened fire. A second burst made the starboard engine break into flames and a third, delivered as the enemy pilot tried to twist away, caused a large flash and an explosion on the Dornier. After a final burst

from the Mosquito's cannons, it crashed into the sea. Schultz then climbed to 15,000 feet, where the observer picked up a contact which led to a visual sighting of another Dornier 217. One burst from 300 yards was enough. The Dornier blew up."

Col. Schultz destroyed another enemy aircraft during this one flight, less than two hours long, before returning to base in his severely-damaged Mosquito. Air historians record it as the most outstanding night fighter exploit in the Second World War.

Later in the war, after instructing at a night-fighter operational training unit, he returned to 410 Squadron, then operating from Lille and Amiens, France, for a second tour of operations. He was one of the first night-fighter pilots to patrol the Berlin area, and on the night of April 21-22, 1945 destroyed two more enemy aircraft.

For his outstanding wartime service, Col. Schultz was awarded the Distinguished Flying Cross and Bar.

After repatriation in September, 1945, he was a ferry pilot with 124 Squadron at St. Hubert, Que.; a test pilot at Ottawa and Trenton, Ont., and re-joined 410 Squadron for the third time, flying Vampire jet fighters from St. Hubert.

In 1950 he began a two-year exchange posting in England, flying with the Royal Air Force. He then flew CF-100 Canuck all-weather fighters at North Bay, Ont., and in 1954 was appointed staff officer, operations at Air Defence Command headquarters in Montreal.

Col. Schultz has commanded 413 and 432 All-

Weather Fighter Squadrons both at Bagotville, Que. and equipped with CF-100s, and 425 AW(F) Squadron at Edmonton — the first Canadian squadron to fly CF-101 Voodoo jet interceptors.

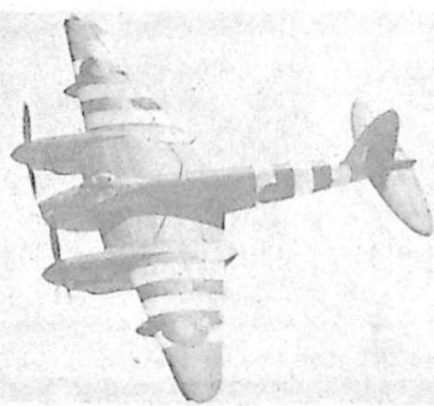
He was named chief operations officer at 4 Fighter Wing in Germany in August, 1962, and in August, 1966, became a section head in the directorate of flight safety in Ottawa. One year later he was appointed director of flight safety for the Canadian Forces.

Col. Schultz was qualified on 32 types of military aircraft. Other than the Beaufighter and Mosquito, some were the Oxford, Blenheim, Beaufort, Spitfire, Lancaster, Meteor, Venom, T-33, Tutor and CF-104 Starfighter.

Col. Schultz developed aircraft accident prevention programs such as the crash position indicator, flight data recorder and measures against bird hazards to the point where Canada has become a world leader in these fields. He is highly respected in the flight safety world, and has often represented Canada at international aircraft accident prevention seminars.

In recognition of his conspicuous merit and exceptional service, he was awarded Canada's Order of Military Merit in December, 1974.

On Sept. 21, he was presented a special award by Dr. Herold Sherman, president of the International Flight Safety Foundation, for his motivation and leadership in aviation safety and accident prevention programs.



## Law Talk

BY GORDON HARDY

The divorce rate in British Columbia is up a hefty 7.4 per cent over 1974. Thousands of separated husbands and wives are going through the messy business of dividing up their lives, loved ones and family nest. Family law covers most of these complications yet many young lawyers avoid it, claiming it is frustrating, petty or just too painful. After all, who wants to spend years arguing cases involving custody of children, child-abuse, wife-beating and maintenance (called alimony in the United States)?

As the Toronto Globe and Mail said in a recent issue, Family Court disputes are rarely civil. "Most often, judges find they are battlegrounds of destructive animosity, when couples cloak their emotional turmoils in heated and petty arguments over who gets what in the marriage breakdown."

In the past, the passions that flared in family disputes were fanned by the traditional adversary system of Canadian court-rooms in which both parties, armed with lawyers, confronted each other in a formal setting and fought it out to the bitter end.

In recent years, however, here in British Columbia and in other Canadian provinces, a new approach, stressing conciliation, counselling and informality has been offered as an alternative to the Supreme Court in dealing with

these messy and often wrenching problems. The division of property between spouses remains in the jurisdiction of the Supreme Court but other important matters like child custody and family assaults can be handled effectively by the Provincial Court Family Division. Family Court can also handle common law relationships, not touched by Supreme Court.

Unlike the Supreme Court where lawyers are a must, the informality of the Family Court often dispenses with this costly necessity, placing the emphasis instead on the intervention of a team of family counsellors, probation officers and other support staff. It's cheaper, too, in other ways. Just to start an action (a lawsuit) in the Supreme Court costs thirty dollars. In Family Court it costs nothing.

Family Court is open to the public but at the discretion of the judge.

Unfortunately, many Family Courts suffer from lack of essential support staff. This means that the counsellors have a very heavy case load and can't spend as much time as necessary with individual cases.

As mentioned, too, the Family Court has certain limits on its jurisdiction. It cannot deal with matters directly related to divorce. This, complains family lawyer Sefton Levine, means that "you end up fighting half

your cases in one court and half in another. It's very expensive and cumbersome."

The foremost example of the new approach is the Unified Family Court in Richmond, B.C., a pilot project suggested by Justice Tom Berger back in 1974. It streamlines court business by putting Family Court and Supreme Court under the same roof, thus eliminating one of the big drawbacks of the normal Family Courts.

At the Unified Family Court, people are encouraged to work their problems out with the help of the family counsellors attached to the court before they get to the courtroom. Supervising Counsellor Gordon Birrell says "We try to get people together and work out contentious issues, with as many counselling sessions as necessary, and keep them out of court entirely if possible."

Birrell claims that this method enjoys a higher success rate than more traditional courts because people tend to be more conscientious about obligations they have agreed to rather than to those imposed upon them by judges.

In Vancouver, too, approval has been given to the construction of a Unified Family Court because the old facilities have become obsolete. However, senior Family Court judge in Vancouver, Winnifred Murphy, says that her Court has already adopted most of the

improvements in use in Richmond. Sooner or later the Unified Family Court idea will probably be extended to include the entire province.

Whatever its current drawbacks, though, many British Columbians welcome Family Court as an alternative to the adversary system because of its inexpensiveness, informality and flexibility. Family lawyer Levine remarks "It functions quite well with the impossible job it's got to do."

And despite its limitations, it can still deal with a big chunk of legal problems, namely marital difficulties, protection of neglected or abandoned children, family assaults and juvenile delinquents, all of which will be examined in this series of columns.

Next: Family breakdown, separation agreements, family assault.

For more information about family law, please contact the Vancouver People's Law School for a Family Court booklet. The booklets cost fifty cents each, plus postage. Write to 2110-C West Twelfth Avenue, Vancouver or phone 734-1126.



When driving in the rain, choose the driest lane. The right lane gets more traffic than the others and is generally the driest.

## Aircom C.O.'s Meeting

More than 50 squadron commanders from the regular and reserve forces met at Air Command headquarters, CFB Winnipeg Oct. 3-4 for briefings and a seminar to discuss subjects of mutual concern.

Since the formation of Air

Command in 1975 many changes have taken place and it was felt necessary to have all squadron commanders attend the annual meeting for a discussion of policy and programs. In the past, only those who were newly appointed attended. It also

provided an opportunity for intimate discussion of common areas of interest with senior Air Command staff officers.

Briefings included the status of programs such as the new fighter aircraft and concepts of operations and

activities. There was also discussion concerning flight safety, personnel policy, training, medical aspects and maintenance.

The seminar concluded with an address by Lt-Gen. W.K. Carr and a question and answer session.

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