



No Man's Credit Is As Good As His Money

VOL. 19 - NO. 19.

CFB COMOX TOTEM TIMES

THURSDAY, OCT. 6, 1977

IT'S OVER TO YOU, NOW MAJOR!



MAYORS CHANGE IN WALLACE GARDENS... Major Ken Howard hands over the reigns of office to the new boss man, Major John Bossons. The ceremony was simple ... A handshake and a toothy

grin. Rumor has it that Mayor John is the object of a Royal Commission inquiry into his over expenditure of campaign funds. What some people won't do to get elected!

Past Mayor Speaks Out

An Open Letter

"Time waits for no man" is to your attention two ladies an apt axiom for the subject of this letter for the last year certainly has slipped by. In that time frame a great many things happened to me and I would like to share some of the most important or eventful ones with your readers, especially those who live in the Wallace Gardens PMQ patch. I have had the privilege to be the Mayor of PMQ's for the past year and now that my term is finished, your media became my selection as the most suitable method of telling the citizens a committees (as chairwomen), few reasons why they should feel proud of the past committees, at least as proud as I. Elections in our military community are conducted twice a year, Sept-76 gave us two unique events. The first took over the difficult task of lady elected and the first volunteer councillor arrived for the monthly meetings. Next election in April saw more volunteers added to the council.

Ah ha you say, now one can finally see where the old Maj. is leading us. Just another Easter Egg Hunt, Halloween. lecture on getting more people and the Community Picnic. I in Wallace Gardens to become know you think the latter involved. Not so, readers, so never got off the ground and please stay with me. My point that is true but it was comis to say thank you to all who pletely planned and prepared cooperated with the Community Council during my Zruna's committees and you, term. Also, I would like to call the community, should see to the attention of all who read . their results in late spring. I this letter the fact that the am proud to be associated large success of the entire with two very fine ladies. A year was due to you the simple thank you seems so citizens of Wallace Gardens empty but yet most apbecause in most all instances propriate. Thank you. your support got our projects completed usually without acknowledge the support we hassle or delay. To the 127 received from the Base on all people in the community who our projects; those comattended our Meeting", tributions are still items on concluded in the very near the agenda of our meetings, future (teens note). Without my sincere thanks. To the better than 90 households who

us a basis to see our priorities more clearly. Finally, I would like to call

the information supplied gave

Mrs. Rhona Windish and Mrs. Elizabeth Dick. Usually the mayor can write a letter to the superior officer when a service member does a very good job on the council. I could have simply written these two ladies a letter of thanks but no, their contribution to our community life was such that the readers should know the value received from the value given. From the start they were thrust into difficult their terms of reference were vague but nonetheless there was no hesitation and the name of the game was "full speed ahead" with them. Later in her term, Elizabeth publicity, thus becoming double-hatted. Rhona was the head of the "Special Activities Committee". Every time she got a helper, he was transferred. You will find her hand in such projects as the Miss Wallace Gardens, for by Rhona and Frank

who left the council at the end

of Sept. Their terms expired,

Lastly, I would like to "Open pleted, those in completion. whose con- and the ones which will be the active help of so many base experts, the past year took the time to answer our would have been an exercise questionnaire, my thanks, for in futility.

Very sincerely, Ken Howard ex Mayor Wallace Gardens PMQ's

NEXT TOTEM TIMES DEADLINE OCTOBER 17

CFB Comox was honored recently when 407 Sqn was to host the Annual BAMEO conference. Once a year LCol Phillips, MAGHQ SSO AEM, makes it a point to assemble as many of the Maritime Air Engineering Officers as possible so that they can discuss mutual problems, and update themselves on the

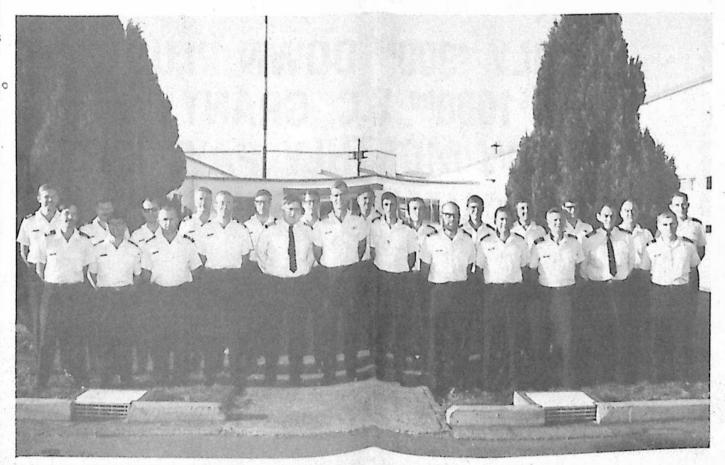
Maritime Air world. In past, these meetings have always been held on an east coast unit as that is where most of the Maritime Air Squadrons are based. This year we were chosen so that our counterparts on the east coast and in Ottawa could familiarize themselves with operations on this coast and to help them understand problems that are unique to us because of our location.

other AERE officers on the base enjoyed a conference where Col. speaker. Many of you old Thacker when, as a major, he was BAMEO on this base.

good show.

chosen by MAGHQ in Halifax attendees and most of the emergencies. Thacker was the guest timers will remember Col.

and technical officer of 407 Squadron would like to take the opportunity to thank all of those on the base who helped make this conference a memorable one. Particular thanks must be given to Capt. Tom Krayden, the BFoodsO, and his staff and to Capt. Harry Chapin, the BHousO, who all really bent over backward to help Comox put on a



BAMEOS MET RECENTLY AT C.F.B. COMOX ... from left to right back row... Maj. G.A. Cooper, 407 SAMO; Capt. M.J. Ricketts, NDHQ-DAFR 5-4; maj. A. Hann, NDHQ-DAFR-5; Maj. J.G. Good-man, MAGHQ-AEM 3; Maj. B. Hough, CFB Shearwater-R WAM O; Maj. C.E. Seibel, CFS Greenwood-ARO; Maj. J.B. Gray, MAGHQ-AEM 6; Capt. F.E. Gunn, MAGHQ-AEM 5-2; Lt. R.W. Castel, CFB Greenwood-AMCRO; Capt. R.R. DeLong, MAGHQ-AEM 2-3; Maj. G.L. Untereiner MAGHQ-AEM 4; Maj. C.R. Zwicker, MAGHQ-AEM 2; Capt. R.C. Williams, 407 AMCRO: Front Row: Capt. F. Manuel, CFB Comox-A-BAMSO,

Capt. J.L. Burke, NDHQ-DAEM 3-4-3; Maj. L.W.E. Murphy, CFB Shearwater-AMCRO; LCOL. G.G. White, CFB Greenwood-BAMEO; Col. R. Thacker, AIRCOMHQ-DCOS MAINT.; Col. B. Burgess, CFB Comox-BCOMD; LCOL. M.F. Phillips, MAGHQ-SSOAEM, LCOL. M.F. Phillips, MAGHQ-SSOAEM, LCOL. M.F. CFB Shearwater-SSOAEM; LCOL. G. Moyer; CFB Shearwater-BAMEO; Maj. T.J. Brideau, CFB Summerside-BAMEO; Capt. D.A. New, NDHQ-DAEM 3-4-2; Maj. T.E. Irving, AIRCOMHQ-SOAMT 3; Capt. D.C. Scott CFD 3 D.C. Scott, CFB Summerside-AMCRO. Rumor has it that this high level conference has decided that the aging argus should be replaced.

Campaign Underway At C.F.B. Comox

The 1977 United Way Campaign has now been in full for the United Ways' sake and watch your dollars push swing in many areas of Canada for several weeks with the thermometer over the top. television, radio and newspaper ads. The United Way Campaign at CFB Comox officially got under way on Monday October 3rd, in cooperation with the Comox \$8,000.00. Canvassers from all Base Squadrons and Sections are now canvassing the Base to give YOU the opportunity to HELP the United Way with the many dollars which are needed to help those who need help and assist in research programs.

Some facts you should know about the Comox District United Way - all work is by volunteers, there are NO salaried employees. - donations are obtained by door to door canvassers payroll deductions, pledges. - all donations are tax deductible. - funds are held in trust until disbursement to member organizations. - statement of audit will be available on request. - adminstration costs are minimal (1 per cent for 1976).

There are 12 member organizations of the Comox District United Way. They are the Canadian Red Cross Society and Cumberland Red Cross - providing free blood transfusion service, water safety programs, youth work, sickroom supplies, disaster relief; Canadian Arthritis and Rheumatism Society - providing diagnostic facilities and out-patient physiotherapy, research and education programs; Canadian Institute for the Blind - providing a full service program for the rehabilitation, education and help of visually impaired; Comox Valley Mental Health Society - providing help to mental patients and assist them to re-enter community life after release, by assistance to Cross Roads House plus education and family services; Children's Hospital - providing complete hospital facilities for children requiring medical attention; Special Opportunity Centre - providing training and educational services for mentally, physically, emotionally handicapped; B.C. Heart Foundation - conducting research and treatment of heart disease; Homemakers - providing aid to families in times of crisis due to mental health breakdown, fractures, geriatrics, etc.; Multiple Sclerosis Society providing physiotherapy and occupational therapy, wheelchairs, sickroom supplies and research; Salvation One of the highlights of the meeting was when all of the

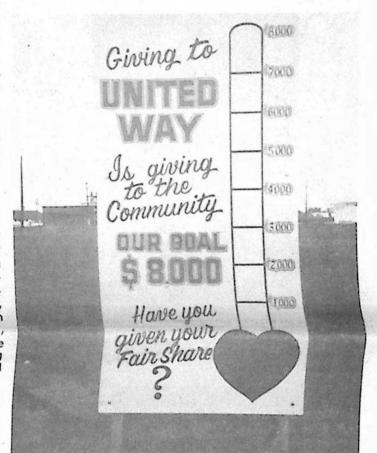
Most of the funds raised will remain in the Comox Valley with the exception of the Children's Hospital and the Canadian Red Cross. Money is given to these organizations because their facilities are used by many people from the Valley. Each agency receives a specific percentage of the money raised based on need, use and other factors.

This is your opportunity to assist the member organizations of the Comox District United Way to The Commanding Officer provide their services in the Comox Valley. If you have not been contacted, please get in touch with your section representative and give your fair share. Every little bit adds up. Be a participating member of our community

> FIRE PREVENTION WEEK OCT. 9 - 15

BE AWARE — BE ALIVE

Canvassers for the CFB Comox United Way Campaign are: Base Coord, Capt. G. Prichard; 407 Aircrew-Lt. Shurson, Sgt. McPherson 407 OR-Sgt. Lyons; 407 District United Way. The goal for the Comox District is \$56,000.00 of which CFB Comox hopes to contribute WO Sovey; 407 Avionics-Sgt. Mercer; 409 Aircrew-Capt. Day; 409 SAMO-Capt. Boland; 409 ASO-WO Foulem; 409 Snags-WO Baird, WO Cameron; 409 WLS-Sgt. Rippin; 409 ARO-MWO Harvey; 442 Aircrew-Lt. Davidson; 442 SAMO-Sgt. Bainbridge; VU 33-Cpl. Anderson; BHosp-Capt Anderson; BAdmO-MCpl. Chappin; BNDO-Sgt. Bryon; BXO-Sgt. Klassen; Fire Hall-WO Johson; BFoods-WO Blais; BSecurO-MCpl. Criss, MCpl. Mac-Donald; BTNO-Sgt. Lahey; CE-MCpl. Finnie; 740 Comm-Capt. Johnson; BTelO-WO Korpanay; BCompt-Capt Robertson; BSupO-Sqt. Green. If you are unable to contact your representative or your section is not represented please contact Capt. Prichard at Loc. 308 or



Help Us Reach The Top

Every Bit Helps

creases for the Canadian Armed Forces were announced today by Defence Minister, Barney Danson.

Effective October 1st, the increases will average approximately seven per cent for servicemen and women and officers up to and including the rank of Lieutenant-Colonel. Colonels will also receive their increase, back-dated to last April 1st - one year after their last increase.

Individual increases vary with trade skills and classifications. For example, a Private after one year will receive \$675. monthly, up \$50. A Sergeant Mobile Equipment Operator with six years in rank gets an \$89. monthly raise - from \$1293, to \$1382.

A Logistics Captain with six years service will now earn

Ottawa, 23 Sept: Pay in- \$1980. monthly, up \$130. per month from \$1850, and Colonels, after two years in rank receive an increase of \$160. per month.

The Minister also said that rates of pay for members of the Reserve Force have been adjusted to correspond with the increases approved for their Regular Force counterparts. The increases are within the limits set by the Anti-Inflation Board and are comparable to those granted related groups in the Public Service of Canada. Since 1971, pay for the Forces has been linked to that paid similar occupational groups in the Public Service.

Like employees in the senior executive category of the Public Service, pay for Brigadier-Generals and above was increased effective April 1st of this year, after being frozen since December 1975.

Learn Not To Burn

Fire Prevention Week is OBSERVED - not celebrated - by the United States and Canada each October, during the Sunday-through-Saturday

period that includes Oct. 9-77. This date is the anniversary of "The Great Chicago Fire" of 1871 which marks the real start of community effort to prevent fires, instead of concentrating only on putting

them out. Toll of the Chicago Fire was monumental in terms of the young Frontier city and of the economy of those days: 250 lives lost, 17,430 buildings destroyed, estimated cost 168 million dollars in property lost.

When everyone pays attention to "Learn Not To Burn" ... when the cost of fires decreases greatly in terms of human suffering and death ... when fire no longer destroys

vast numbers of homes, schools, churches, commercial and industrial properties ... only then will Fire Prevention move from being an observance to being a time of real celebration.

The annual Fire Prevention Parade will be held on Oct. 10-77. The parade will leave the Canex parking lot at 1230 hrs., travel through M.Q. area and back to the Canex parking lot. Part of the parade is made up of decorated bicycles and "Little Toot" for the younger kids. The decorations will be judged in the Canex parking lot at 1230 hrs., Oct. 10-77. The Fire Hall has donated cash prizes for the most decorative bicycles.

Come out, enter your decorated bicycle and win a prize. Whether you win or not you get to ride in the bicycle in the parade.

Schut, Szczypiorkowski (just call him "Ski"), Trudel, and

it known to all that Chuck Clements is well on the mend be neat about it. Our resident Speaking of Pararescue, be and should be back cracking the whip before too long. With you. Chuck and Bill Wacey being "hors de combat" for SAREX 77, the 442 team wasn't quite up to its usual excellence. They did manage to nail down FOURTH place overall, beating the likes of Trenton, Summerside, and our southern neighbors, the USAF

Our Buffalo suffered a couple of sloppy "zaps" at the hands of 440 while in Edmonton. Gentlemen, if you artist will be glad to instruct

The trip to Edmonton wasn't a complete bust, however. Doug Sears was given the "Toy Award" (whatever that was), and Rod Verchere was presented with a small momento for completing all his jumps without once landing on his feet.

Bob "the Scrounge" Hawes

As well as saying hello to a Aerospace Rescue squadrons. great number of bodies, 442 The host 440 Squadron won top must say goodbye to a couple; McMillan, Mercer, Monhonors, with the Newfy troops deville, Page, Rolland, Ross,



FROM C.F.B, COMOX, Cpl. Doug Wheeler, Cpl. Gary Emery and MCpl. Rod Verchere represented 442 Squadron at Edmonton in the annual Rescue Specialist Competition, that included six American and six Canadian Rescue Units. The highest standing for parajumps, free fall bundle drops and para bundle drops, was the host unit, 440 Sqn., winner of both the Armstrong Proficiency Trophy, and the International Allison Cup. The top five teams being Canadian with 442 Sqn. placing fourth. The Para-Rescue Memorial Trophy for team marks in para-jumping was won by 103 Rescue Unit Gander Nfld., just recently formed, with experts gleaned from other Canadian units. Canadian units taking five of the top six positions, 442 Sqn. placing fifth. In the individual standings out of 36 personnel MCpl. Rod Verchere was seventh, Cpl. Doug Wheeler was thirteenth, and Cpl. Gary Emery was eighteenth. Congratulations and happy landings to our stalwart few.

has called it a day and departed for a job in the interior. Meanwhile the interior. Meanwhile the interior warm bodies that are us are waiting for Norm Keyes and Kenny Durst to hurry up and leave for the desert. Things will be a lot quieter with them gone. Poor Yvonne will have to find someone else to tease her,

Buffalo Flight has had its share of problems over the past week. Ron Edwards had all sorts of fun on Friday, mending broken bits in various airports around B.C. Before the "fit hit the Shan" however, the Buffalo-boys gloried to three serviceable aircraft...so where's the gratis keg?

with Ken away.

A small anecdote about our favorite Boss. After he and several others enjoyed lunch at Mary's in Pat Bay the other day, a friendly little old lady was puzzled by the gold ribbons scattered about the various uniforms. When told that they designated rank and the more stripes the higher the rank, she said that was impossible...he looked too young to be a Colonel. He didn't say much on the return trip, just grinned a lot.

The Squadron Entertainment Committee got together last week and laid down some dates for various doings. Details will be advertised as the dates approach. The Squadron Christmas Stag will be in the Totem Lounge on Thursday, November 24th. The Squadron Christmas Party will be held in the same place on December 17th, with cocktails at 1900, dinner at 2000, and dancing will start at 2100. Gentlemen, make your arrangements now!

For the sportsmen in the crowd, there are plans underway for a combination Golf Tournament and Fishing Derby. Ready your gear and that golf AND fish, you're in a bit of a bind, aren't you!!

A strange sight at Comox a Herman-Nelson in use. On Monday morning it was so cold that the USAF had to borrow one of 442's units to thaw out their C-130. Well, it was an "A" model and just a little long in the tooth. Life many old things, it does tale a

in the mornings. (We have terior. Meanwhile, the rest of some warm bodies that are much the same way).

In case anyone is wondering why that white government bird kept parking at strange angles, it's not that the pilot was drunk or smoking funny cigarettes. The Convair was loaded with expensive electronic gear and high-paid "Boffins" ... both have to be handled with extreme care.

One last thing!! Has anyone seen anything of the 442 pet MUSKRAT?? He got out a few days ago and we'd like to have Swede and Charlie. Our new him back. He's small, brown, and loves to travel.

Nighthawk's Nest Welcome to 409 country, every week except for the Terry Day, from the shores of

Lake Nippissing. Terry's new job on the Squadron will be to find some way to unite us. The pay raise averaged between ten and twenty-six cents an hour. As soon as Terry figures out the actual average, we'll be on our way to being really

That we need to be united cannot be denied. We have just gone through the traumatic experience of new Cudgel numbers which range, in A flight, from 15 to 28 for schedule, which would have given everyone eight days off

crews in the Queer Relaxation Area lasted from the 0830 Groundschool which was held at 0856 until the cocktail hour. Bruce Arnold is absent from

the nest for the next week getting checked out in the Charlie Tango One Three Three at Yankee Bravo. Bruce must be one of the USAF streamers. From the 106 to the T-Bird in five easy months. They never did let. Jon Alexander captain the T-Bird, but then, he was a

major. Over the past two weeks we picked up two more Combat ready navs. Jerry McCluer who did it the right way (Future Candidates take note) and Dave Taylor who is only Limited C-R. It appears that Dave failed part of his Alternate check with Doug Evans. His reride will be in about three months.

Squadron Survival has come and gone and all participants can relax for another year. The camp was not without its high and low moments. The first camp forgot to take some of their supplies but the Training Officer, who needed a swim anyway, did a resupply run. The second camp had similar troubles but had less trouble getting resupplied. The second camp had all kinds of visitors from Retired WW2 airmen to Off-duty Mounties.

Wesley Allen was the Camp Commandant, and the Guest Speaker at the Mess Dinner was Lt-Col Halliwell who filled us in and also recounted the highlights of twenty-eight years in the RCAF and CAF. Twenty-three Mess members sat on the edges of their seats and listened with baited breath as the guest speaker unrolled exciting adventure upon exciting adventure.

Actually it is thanks to the BOpsO that there was any Mess Dinner. Upon arrival at camp it was realized that the meat consisted of about fifty pounds of Beef Liver (and Camp 1 burned all the knotty pine). Never one to be stuck. Colonel Bob jumped into his truck and cranked up the emergency CB radio. Then he drove to Qualicum and phoned in his request for a resupply. What would we have done

without an emergency radio? Now enter the

squadron. Before you could bat an eyelid, a red and blue eggbeater appeared over the horizon. They thought the camp was on fire because they tried to beat it out with the downdraft of their rotors before completing a hazardous landing.

The next day 442 appear again to complete a hazar resupply drop by the light the rising moons. Flour had been forgotten for the liver and they delivered this flour just three feet short of the frying pan containing the liver. After demonstrating their fire fighting and supply dropping expertise, they closed the performance with some psychological warfare.

409 salutes our little brothers down the line and we will hold our 'Q' with a lot more confidence, if that is possible, knowing full well that in times of tension 442 is there to rescue the country (AND US WE HOPE).

· See 442's Psychological warfare leaflet elsewhere in this publication.



BRAKING PROCEDURES - USE THE FRONT BRAKE IN
COMBINATION WITH THE REAR BRAKE
EVERY TIME YOU STOP, REMEMBER,
ALMOST 70 % OF A MOTORCYCLE'S
STOPPING POWER IS IN THE FEOUT
BRAKE. ONE ONGOING STUDY
SHOWS THAT IN MANY INTERSECTION
ACCIDENTS THE MOTORCYCLIST ON ACCIDENTS THE MOTORCYCLIST DID NOT KNOW HOW TO USE THE FRONT BRAKE!



SPACE CUSHION - AVOID RIDING THE GAP OR SLOT BETWEEN LINES OF TRAFFIC SINCE A SUDDEN MANEUVER OF ANOTHER VEHICLE MAY SUDDENLY BLOCK YOUR PATH THE MOTDRCYCLE SAFETY
FOUNDATION ALSO POINTS OUT THAT
YOU SHOULD LEAVE ROOM WHEN
PASSING PARKED CARS. A DOOR
THAT IS OPENED SUPPENLY MAY
BECOME A HAZARD IN YOUR PATH!

Demon Doin's

A great sigh of relief could be heard from Crew Four's captain as the three Demon crews returned from Moffett. Fleetex was a tremendous success - especially on the operational side. No one experienced any problems with the drought in California - there was plenty to drink - water, that is. Crew One returned a day early because they supposedly ran out of dishwasher detergent. All in all, everyone returned to the Demon den looking fit and healthy. This may be attributed to the fitness test in which everyone on the detachment participated (it certainly wasn't a "dry" run) and also to the sick parades held every day at the Infirmary to cure all ailments.

Fincastle is currently underway with our very own Crew Six representing Canada. No word yet from Gale except that they arrived safely "down under".

Last week, two days were set aside for ground training. The highlight of Friday was the pre-lunch movie, "Mechanized Death," compliments of the squadron drug education officer. Of course a squadron get-together was held in the WOs' and Sgts.' Mess to fiscuss what we had learned.

On Thursday night the Demon officers bid farewell to Major Garnett who is retiring from Her Majesty's Canadian Armed Forces. Reg is staying in the area and is associated with North

A few people are conspicuous by their absence from our hallowed halls; Capt. Noseworthy is on JSC in Toronto, Capt. Thomas, hopefully, is learning something on SANC in Winnipeg, WO Ramsdale, Sgt. MacLean and Sgt. Maniak are in good old ZX attending the Lead Observer's course.

A new Demon is Lt. Mike Bourduas who is waiting to go on the MOAT course. Welcome, Mike!

From the sports shop, the latest word is that intersection hockey begins on 17 Oct. 77 with practices commencing as soon be prepared. For those of you as possible. If you wish to play in either "A" or "B" league, read the memos posted or contact Capt. Haines for further information.



The Battle of Bunker Hill actually took place on nearby

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The Nice People

Mr. Walter (Moe) Mowbray

WALTER (MOE) MOWBRAY, the congenial host at

joined the Canadian Army in 1942 as an Infanteer. After

four years of mud sluggin' he left the service and worked

at industry in Sackville for eight years. He rejoined in '54'

and became a supply tech. Moe retired in 1973 at CFB

Comox and immediately became involved with the

No. 3 Supply Group and finally ended up as the Boss-man

Comox. Their son, Doug, is also a serviceman and

stationed right here in good old Comox. Doug is a Photo

Tech and he and family reside in Tyee Park.

Moe loves this country and unlike most "down

homers", is not likely going back. He is content to sit

back and enjoy the luxuries of the Valley. In his spare

a loan

DAPPER DAN SAYS: Shopping for a Car? The grass is green, the sky is blue, and sitting in the back

yard is oh so lovely. To make life perfect, all you have to do is turn on the radio and listen to the antics of your favourite

But - if your radio is anything like mine, it has a bad habit of

interrupting the game to suggest that now is a good time to turn in the family car for a super duper 1978 model complete

Unfortunately, most Canadians still have a love affair with their automobile. It is also sad, that most still buy the large

dinosaur that guzzles gas like it is going out of style, which, of

some automobile dealers. One of them said that Canadians like the speed and comfort of large cars and really don't mind

paying for them. What an idiotic statement when you consider that most Provinces have reduced their speed limits to 60 mph. Another dealer said that Canadians just aren't gas conscious. I wonder what they'll think when gas hits \$1.50 per

The fact is, the average car owning family spends almost as much for the car and feeding it as it does for housing -

Take a good look at your own case. I would suggest that at least 30% of your budget is earmarked for shelter (nousing

and utilities), another 20 per cent for food so what do you have left? Only 30 per cent for taxes, insurance, clothing.

So don't you think it's time to forget our old romance and

seriously consider a new love affair. I submit that we have the

technology in North America to produce small engined

I really don't think we have any other choice, until we find an

alternative to petroleum. It makes great sense to encourage the automobile manufacturers to build a small safe car.

vehicles that are mechanically simple and safe to drive.

health, recreation, savings and miscellaneous.

Recently, I had the opportunity of listening to

team — the Lions or the Canucks.

with built-in obsolesence.

gallon in the very near future.

about 20 per cent of income.

course, it is.?

Cooking for aloan?

time, he dabbles in photography and music.

customers and is truly a pleasing character.

Moe, we salute you; you are truly one of the NICE PEOPLE!

Base Publications Stores.

civilian side of service life.

over in Pubs and Stationary.

Back to the civvie side of life this time to introduce

Born and raised in Moncton, New Brunswick, Moe

He worked at Quadra for a short time, moved over to

Moe is married and he and wife Ruth reside in

Sgt. Pfeiffer TA, Med A 711. CFB Summerwater, single, are 37, has lived with Mrs. rsula Vogle, divorced, two children, for over four years. They have a meaningful relationship and a wellestablished household but due to previous disappointments have hesitated to marry. With minor exceptions, they live little differently from a asking for a posting to Germarried couple.

of their relationship. What can bring disaster and heartbreak common-law wife is in-

about a posting to Canadian Forces Europe?

An unwitting fellow in NDHQ, a much maligned arise when a serviceman career manager, is making up his plot to fill Sgt. Med A good serviceman, single, no apparent dependents, no debts, no problems - posting recommended. A few weeks later the posting instruction is received. Sgt. Pfeiffer is a bit surprised since he hadn't been The many but on reflection he Canadian Forces is not aware likes the idea; he goes home and breaks the news; his

the next few days they discuss the various possibilities. They decide that the opportunity should not be missed but feel that marriage will not be part

the Base Orderly Room to law wife to CFE. The start clearances and make Canadian Forces do not travel arrangements. He recognize common-law casually mentions that he wants his common-law wife and two children to travel with him to Germany; a certain benefits to the review of regulations and the dependents of Canadian posting message show that posting message show that there is no entitlement to travel at DND expense. More discussion follows at home and they decide to have Mrs. Vogel and the children travel to Germany by commercial

Airfield."

But his information is of no use, because, as Mrs. Vogel becomes painfully aware, she has no status as a dependent wife in CFE. Under the terms of the NATO Status of Forces Agreement, since Mrs. Vogel is not the spouse of Sgt. Pfeiffer, she has no entitlement to use the normal facilities in CFE; this meansthat she cannot shop at CANEX outlets, she cannot get a CFE driver's permit, treatment at the CF hospital is limited and very expensive and possible civilian employment in CFE is restricted. She begins to have serious doubts about the wisdom of their decision but the most

serious blow is yet to come. Mrs. Vogel takes them to be

"I'm sorry ma'am, there's Moe always has a smile and friendly greeting for his'

"Two thousand dollars per child per year.'

As you can see, the Pfeiffer Vogel affair has been dealt some crushing blows. These are not avoidable if a ser-Sgt. Pfeiffer goes down to viceman brings his common unions, nor do the terms of the NATO Status of Forces Agreement which allow servicemen in Germany. A common-law wife and children can expect to have problems in the following areas if they join a serviceman in CFE: Medical Care; Schooling; Access to CANEX and other facilities; Vehicle registration and driver's licence; Accommodation; Service flights; Employment in the CFE

> Solutions? Apart from marriage, no solutions will be forthcoming. Career managers in concert with Commanding Officers, have been asked to avoid posting such servicemen to CFE when the existence of a commonlaw relationship is known. Frequently though, the service is not aware of the situation, so, for those of you who still manage to get posted to CFE and want the lady with you, "Don't say you haven't been warned." CFPN 7-1977

civilian labor force.



A good dentist does a lot more than just filling cavities and keeping your teeth clean. He also keeps track of the condition of your gums and on the amount of wear and tear on the bones in your mouth.



Editors at almost two million newspapers across America work long hours selecting items that will both inform and interest their readers. Your daily paper is more than a way of keeping abreast of current events. It's also a forum of opinion, for stories of human interest and for ways to save you money, through shopping tips and advertising.

vacancies in CFE. After the of their plans. initial two or three cuts he comes up with some names, among them Sgt. Pfeiffer. A screening message goes off to his unit; his commanding officer reviews his file - a

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air, which they do.

It is now late August, Sgt. Pfeiffer has to go on the field exercise for six weeks. They have only been in CFE for a few days and are not settled in yet but Sgt. Pfeiffer knows that duty calls and that Mrs. Vogel can cope. But can she?

It starts when she tries to shop at the CANEX grocery store.

"I'm sorry ma'am, I can't allow you into the store without proper iden-tification." "But there's my Canadian passport." "That's not good enough, I'm afraid. You must have a dependent's identification card." "How do I get one of those?" "They're issued by Pass Control at the

The children are of school age, and after some difficulty getting signed onto the base, registered.

no entitlement for your children to attend the school here at public expense." "But these are Canadian children and this is a Canadian school. If I didn't bring my children to school in Canada, I would be taken to court." "Yes, but this school has been established only for the education of dependents of members of the Canadian Forces. You can have your children enrolled for a fee on a non-entitled

Savings Bonds 77/78

You are no doubt already aware that this year's Canada

Savings Bonds will be offered in two new forms starting this Fall. There will be a new Compound Interest Bond and a new Regular Interest Bond. The Compound Interest Bond will replace the familiar coupon bond and will be offered on the Payroll Savings Plan. This new bond will be particularly attractive for employees who will now be using this simple and convenient savings plan to purchase a bond that offers them interest on their interest at a guaranteed re-investment

more easily. Canada Savings Bonds are always Canada's most popular personal investment. This new series offers a yield of 7.0 per cent for the first year and 8.25 per cent for the remaining years to maturity in 1986. Give consideration to this excellent method of augmenting your personal savings and investment

rate - allowing them to meet

their individual savings goals

programme. Canvassers are

BAdo: Capt Severs, Loc 347; WO Blais, Loc 320; MCpl Garrison, Loc 315. BOpsO: Sgt Davis, Loc 471. BTSO: WO Walsh, Loc 516; WO Stepleton, Loc 484; WO Yamamura, Loc 413; WO Drummond, Loc 435; Sgt Kelly, Loc 363; Sgt Michon, Loc 374. BCompt: Capt Langlais, Loc 383. 407 SQN: Sgt Mercer, Loc 341; Sgt Leger, Loc 354; WO Forget, Loc 302; MWO Soucey, Loc 390; MCpl Hume, Loc 318. 409 SQN: Lt Dobson, Loc 409. 442 SQN: Lt Davidson, Loc 284; Sgt Bainbridge, Loc 285. VU 33: Sgt Landry, Loc 503. 740 COMM SQN: MCpl Williams,

Thursday, Oct. 6, 1977

been fairly quiet with 407 Sqn

buying Don) and as a result

Tower now has enough con-

trollers to handle leave,

sickness, etc. Capt. Fred

Kempe is in Ratcon this week

Pte. Jo-Anne Parker is in

Trenton this week, on crew

duties of a stewardess (flight

attendant). If she finds that

she likes that line of work she

starting his IFR checkout.

Good luck Jo-Anne. The last two weeks have Four of the section fishermen headed by Cpl. on exercise and 409 Sqn on survival training (if you can Brian Swallow proclaimed steelhead expert) live on liver and beer for 2 days you pass). Flying should journeyed to the White River last weekend for a fairly pick up with 409 starting their evening launches this week. successful trip. Four salmon Capt. Don Graham has were caught (Blake Muloin the largest 11 lbs.) and hunchecked out in the Tower and dreds of fish stories were told is now on shift (when are you

of beer consumed. Section parties this fall will include a Wine and Cheese party on 4 Nov 77 and a Xmas party on 10 Dec. By press time we should have had a successful Monday night arrivals with a Boeing 707, for party to say hello to the new familiarization training on the members and give the wives a chance to meet the section.

plus about the same number

Finally, I would like to may apply for a remuster. congratulate M-Cpl Eric

Munroe for receiving a Good Show Award for saving a human life and an airplane. A civilian pilot with no IFR training became lost in cloud, disoriented, had a U-S compass and had no forward visibility because of a U-S window defogger. Eric assessed the situation and got the A-C headed toward the base and climbed him to a safe altitude. Enroute to Comox, Eric explained to the pilot how to fly a no-compass PAR approach in terms that he could understand. Eventually the A-C landed safely at the base and the pilot remarked that the only thing that he saw was some green lights as he flew over the end the Congratulations, once again

for a well-deserved award.

CFB Comox Totem Times 3



A "GOOD SHOW" FOR ERIC. . MCpl. E.B. "Eric" Munroe is presented with a Good Show Award by Col. Burgess. The award was presented to Eric for his outstanding performance in successfully talking down a civilian pilot and probably saving the man's life. The pilot, in a light aircraft, had encountered bad weather and had become involved in a very serious situation when Eric stepped in to save the day.

Base Photo



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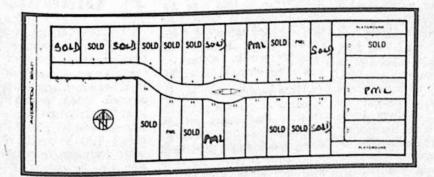
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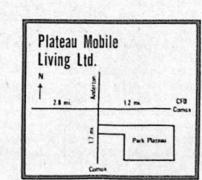
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Editorials

A View From Stu

Army Cadets Brutal

The CBC Radio program "Concern" recently presented a documentary on the Army Cadets. While CBC is normally responsible for a high standard of journalism, anyone hoping to hear an objective report on the activities and objectives of the Cadet organization would have been sadly disappointed. Rather than simply presenting the facts and allowing the listeners to draw their own conclusions, all information was blatantly filtered through the preconceived notions and prejudices of the person who prepared the program, and a de facto conclusion provided for the listeners.

The person responsible for preparing a program has the latitude to present the information in any light they should happen to wish, be it pro or con. The people they choose to interview, the portions of interviews they choose to present, the questions they ask and the points they dwell on, are all tools which can be used to create a good or bad

Mary Moore apparently decided to discredit the Army Cadet organization.

She chose to interview children with a poor command of English. While this short-coming is more a product of an inadequate school system, Mary Moore by implication associated it with Army Cadets. She humiliated one young man who was making a valiant effort to speak intelligently by correcting an obvious mistake in his choice of words, and then choosing to broadcast the incident.

Mary Moore accompanied the Cadets to range practice where they were using the old style target with a man's profile. When they were finished, she went out of her way to ask the cadets

to describe where they had hit the targets, so the listening audience could year young boys and girls saying they
"hit him in the arm" or "hit him in the
stomach." She could have mentioned that the Cadets were using up stocks of targets printed during the last war, but this would have detracted from the image she was apparently trying to

She asked of one of the officers, generate. "how do you justify such a brutal organization?" Whether or not Mary Moore realized she was consciously guilty of begging the question, it was both absurd and unnecessary. She framed her question so as to conclude for the audience that the organization is in fact "brutal" - whatever she means by that.

If Mary Moore's objective was to discredit the Cadet orgniazation, she has good reason to be confident in her success. Her program may be the only information some parents have on the Cadet organization, and basing their decision on the distasteful image she presented, it is unlikely they would allow their son or daughter to join the Organization.

Armed with the resources of the CBC and a pseudo-humanitarian spirit which condemns anything military, Mary Moore easily maligned the efforts of tens of thousands of enthusiastic Canadian youth and dedicated adults. If the CBC could not find something good to say about the Cadets, the least they could have done, in all fairness to the Canadian people, is find someone who could present an honest and objective

Letter From Hugh

Dear Mr. Editor:

Some time ago I wrote a column on the indexation of pensions in the Civil Service and I believe that column states my views to the best of my ability. I do not recall having seen this column printed in the Totem Times, however, in view of the large number of letters received from Servicemen regarding indexing of pensions I thought it may be worthwhile to enclose this column to you again in the hopes that you will reprint it in the Totem Times in

response to these letters. It is obvious from the column I wrote that I am in favour of the indexation of pensions, however, you will note that I have some difficulty with the concept of indexation of pensions at early retirement, namely at

age fifty-five. Yours truly, Hugh Anderson, M.P. Comox-Alberni The following are Mr.

Anderson's views..... There has been a great dealof discussion regarding the indexing of pensions and more specifically, the indexation of pensions for Civil Servants. Providing for retirement is planning for a future world in which the basic structure of the economy and society and the personal circumstances of the individual are unknown.

It is the unknown aspect of the world fifty or sixty years away, even twenty or thirty years, that makes the task of retirement planning so difficult for any individual on his

It is the uncertainty of the future that is the essential issue in retirement planning. With uncertainty, there is by definition risk, and if the risk is too great to be borne by any single individual, who is to bear it? That is what is at the heart of the pension issue today. The debate about indexing is largely a debate about risk. Indexing involves risks and the only grounds that I can think of to resist indexing is because society is somehow unable to agree upon how the risk is to be shared. Or, alternatively, having agreed in principle on how it might be shared, we find that the risk-sharing formula has additional consequences or by-products that for some reason make it

impractical. Assume that Canadians are able to reach a decision about what is an appropriate retirement income for an individual. Let us also suppose that the retirement income, whatever it may be, is unindexed. If there is no inflation, that retiree will be able to enjoy throughout his post-retirement years a fair, reasonable retirement income - an income for which he has either saved by paying taxes, or contributed to an employer's pension fund, or alternatively through a

personal savings. In the real world we do not have zero inflation. Inflation

on fixed incomes. For cannot do; example, if a person retires at age 65 and is subjected to an inflation rate of 8 per cent over a ten year period, the

purchasing power of one dollar will have diminished after the ten year period to forty-six cents. Inflation also discriminates between different categories of pensions and also widens the gulf between those in the work force and those who are retired.

sixty-five year old person year old held a decade earlier, if both were members of pension plans with identical unindexed final pay benefits formula, the pension income of the older man would be far lower than that of the younger - by an amount closely related to the amount of inflation plus the amount of real

per capita growth over intervening ten years. In summary, those on fixed incomes are badly hurt by inflation and amongst those that are hit the worst are the elderly, and for the most part they can do little about it. They are out of the labour force, they exercise little market power. It would be fair to say that they are not the cause of inflationary pressures, but surely are its

victims and as such, society

has an obligation to them. It is not surprising, therefore, that governments have acted as they have. The Old Age Security, Guaranteed Income Supplement, Spouse's Allowance, and Canada and Quebec Pension Plans are all indexed fully to the Consumer Price Index on a quarterly. basis and have been for the last four years. The first \$1,000 in pension income is now also tax exempt, as is the first \$1,000 of investment income. Other technical but important decisions have been made via the tax system to assist the elderly. The effect of all these measures has been to help our senior citizens as their retirement years pass, to adjust to the

rising cost of living. At the same time the federal government decided to index its Social Security payments for the aged, it did the same for its former employees - those that were retired on a federal pension. In this regard the federal government is not alone, most provincial governments and some other public employers do much the same. Many foreign governments also follow this pattern. Criticism that has been levied against the federal government in

1. the private sector cannot afford automatic indexing and that public sector indexing is hence unfair in that it puts pressure on private business

particular is:

confiscates the wealth of those to do something that business

2. moreover, indexation of pensions of public employees is going to impose a dreadful burden on the taxpayers of the future as the proportion of elderly grows relative to the percentage of those in the labour force.

On the second point about the unfair burden on future generations, the critics in my opinion are totally wrong. Indexing to the consumer price index does not increase If you compare the the claim of the elderly to a situation of a seventy-five growing amount of real goods year old pensioner who has and services, but merely been out of the labour force allows them to remain confor ten years, with that of a stant. If the inflation rate is 5 per cent a year and the inretiring from a job identical to dexation of pensions allows the one that the seventy-five for a 5 per cent increase of the pension, the elderly are not obtaining greater benefits but merely maintaining a constant position. If pensions are at a fair and adequate level to start with, how can indexing be a burden?

> If an employer decides to index in the private sector, the immediate result is likely to be higher cost since increases will have to be made if there is inflation. Factors specific to each company - the number of retirees, the average age of workers, the amount of employee turnover - as well as the economic assumptions and actuarial valuation method will determine the added cost. If the employer costs are demonstrably increased due to indexing, and employees want indexing, their compensation will and should decline elsewhere. In principle I can see no obection to indexing, provided the initial pension itself is fair. In this context, I mean fair in two senses. The first is that the cost of the pension to the employer - in this case the government - is recognized fully in the setting of total compensation. Secondly, it must be fair in relation to what other employers can do.

This returns then to the indexing of private plans. A view is that many private employers can and should be doing much more than they are. When they do so, they should receive appropriate credit in collective bargaining. Pension institutions and arrangements are society's way of pooling risks so that the elderly can live in dignity, without fear of the future. Indexing is logically an integral part of such arrangements. All of us at some time will reach the magic age of sixty-five and will face the stark reality of living on a reduced income.

EDITOR'S NOTE

The editorial "The Good Life?", published in our 22 Sept. issue was courtesy of The Pembroke Observer, July 27, 1977. We thank them.



Who Needs Santa Claus?

by JIM SMITH

Impressions caused by government spending notwithstanding, there is no Santa Claus. That's the bad news. The good news is that it

is possible to fight unemployment without causing inflation at the same time. Compared to that, Santa's a piker, anyway.

How can unemployment be cured? The answer is more obvious if we think of labour as soap. As every soap manufacturer knows, the best way to sell more soap is to reduce the price of soap. So the best way to increase the use of labour is to cut the price of labour, too.

We touched on this issue (ETCs). Basically, an HC program would reduce tixes for any firm which increased its work force. The reduced taxes would be equivalent to cutting the price of labour.

In the past few months, the Canadian Federation of Independent Business, the national organization that speaks for small business, has undertaken an extensive study of ETCs. In the latter part of September, the Federation proposed an ETC program to the federal government and called for a fall budget.

The ETC program proposed by the Federation provides for a tax rebate of 25% of the salary for every new employee up to a maximum rebate of about \$2900 per worker. The rebate would be deducted from the firm's an- thing.

nual corporation income tax payments or personal income tax payments in the case of a proprietor.

The benefits of the ETC program are so amazing that it's hard to imagine how Ottawa can avoid adopting the plan. Not only would it decrease unemployment, but the program in most cases would be better than free!

Better than free? Yes. It works like this. The firm receives, for example, \$2500 for hiring an extra worker at \$10,000 a year. The cost to the government is \$2500. But the government collects income taxes, unemployment insurance premiums, and Canada Pension Plan (or OPP) a couple of months ago when contributions which would we first raised the question amount to about a quarter of Employment Tax Credts of that \$2500 amount. In addition, the unemployed worker might have been collecting unemployment or welfare benefits; these would

stop once the worker is hired. Moreover, the newly employed worker increases the output of the firm. This additional output is taxed by the government. And, when the worker spends his wages, part of every dollar is collected in some manner of sales

Add all of the savings and additional revenues together and the sum is much greater than the small amount that the government pays out in the ETC. There's not another method of job creation which can come close to fighting unemployment this cheaply.

No, there's no Santa Claus. But an ETC is the next best

The Canadian Federation of Independent Business O

U.I. Benefits -A Change

UI benefits are now paid in three phases. A claimant with the required weeks of in- cent. surable earnings could get up to 50 weeks of benefit in any 52-week benefit period. This benefit structure is more flexible and equitable than before. Time on benefit varies with changes in regional economic conditions. People in higher unemployment regions now have a right to more weeks of benefit. Time on benefit is also more closely tied to the weeks of insured work a person accumulates. THREE PHASES

People are paid benefits in three states. They start with the initial phase, graduate to the labour extended phase and end with the regional extended phase.

In the first phase, people can get one week of benefit for each week of work. The most one can get at this stage is 25 weeks of benefit. In the second phase, there is one week for every two weeks of work. This phase starts when a person has at least 27 weeks of work. Up to 13 weeks of benefit are available here. In the last phase, there are two weeks of benefit for each half per cent

the regional rate of unemployment is above four per

The higher the regional unemployment rate, the more benefit weeks people can get. For example, a person can get eight extra weeks of benefit if the rate is six per cent.

Three phases are used up in Quebec, so the people of sequence. People who do not have enough weeks of work (27 or more) cannot qualify for benefit in the second phase. But they can still get benefits in the third phase.

BETTER

COMMUNICATION Unemployment Insurance officials believe the new system is the fairest yet. "The new benefit structure better matches the ease or difficulty of getting and keeping work in the claimant's area," com-

mented one UI official. The UI program is placing renewed emphasis on communicating with the public. The new structure and other of the new streamlined UI system will be explained in the fall. UI officials are telling the public to watch for news coming from Unemployment Insurance.

Right On Brother Jean

Now that the sound and the Quebec feel that our province and unemployment will fury have died down, perhaps is part of their Canada. It is it is time to take an objective the recognition, on all sides in look at the new Federal Canada, that all parts have Cabinet and in particular, built and shared, too much Jean Chretien in his new role as Minister of Finance.

Cartoon Nostalgia . . . But It Lingers On

GET THIS PIG IN THE BARN,

TEN MINUTES !!

THE ADMIRAL IS DUE HERE

Much has been said cynically, critically and predictably - about this appointment. The general opinion seems to be that it was an appointment that was obvious and inevitable given the choice of available candidates. But just who is Jean Chretien -- and why the inevitability?

Jean Chretien was born in Shawinigan, Quebec, a town in the constituency of St. Maurice which he now represents. The regional population is 65,000 and in a radius of 20 miles there are less than 200,000 people. It is an area which receives financial assistance from upper level governments (subsidies or loans) for installation of permanent facilities such as roads, waterworks and sewers. It cannot be said to be one of the 'have" areas of Canada, as these facts, and its high reject fear based on suspicion, unemployment figures testify. to rise above pettiness and to Viewing Mr. Chretien with this background, we feel sure that he will appreciate and understand the economic problems facing the nation as

a whole. It is significant also that 15 years ago, the Minister served as a Director of the Shawinigan Senior Chamber Commerce. parliamentary career began as a Parliamentary Secretary to the Prime Minister and then to the Minister of Finance. Later he became Minister of State attached to the Minister of Finance, from there to the Ministry of National Revenue; all fairly logical stepping stones to his present post as Minister of

Finance. His experience as Minister of Indian Affairs and Northern Development augurs well for a Finance Minister. He gained an appreciation of the north. Its problems and its development are of great importance in economic planning for the whole

country. From the President of the Treasury Board to the Minister of Finance with a wealth of practical knowledge and experience - we can look forward with optimism.

But what of Chretien the man? In February of this year, he came to this city to address The Vancouver Board of Trade - with a carefully prepared text. He spoke of the growing recognition that, just as B.C. does not want to lose and too well, to let any one part slip away. He emphasized that it was the recognition in Canada that, after the bitching and complaining is done, the pluses of a united Canada outweigh the minuses of a divided nation a thousand times to one.

Later in his speech, he threw away the prepared text and delivered a passionate appeal for Canadian Unity, for the promotion of goodwill and understanding across the country - outlining the role that business and the media could play. He was accorded a Dear Sir: tremendous standing ovation from the entire audience.

Oh, yes, he is a Francophone and that makes another one very close to the Prime Minister. We would like to suggest that for a dedicated federalist like Jean Chretien, the word Francophone has no meaning or importance to those of us in the west. This is a time to look at the Canadian scene through clearer eyes.

Our support and hopes for Jean Chretien as Minister of Finance are based on something more than emotion - his or ours. His performance in Industry, Trade and Commerce has brought a new dimension to the role.

In B.C., his department has had a presence hitherto undreamt. Business and industry, trade and commerce have received invaluable assistance in development and expansion and - not incidentally, the provision of jobs - at a time when there is little incentive for business to expand.

Chretien's firm stand on Government spending while he was President of the Treasury Board was recognized and appreciated. His attitude to the Foreign Investment Review Agency promises well for business and, therefore, for the community as a whole.

In the Yukon the stature of Jean Chretien stands tall, both for his handling of the Northern Development portfolio and recently for his Industry, Trade and Com-merce, "Enterprise '77"

programme. These times are not expansionary for business. To create the incentive for expansion - and, again, provision of much needed jobs - is not an easy role. His past performance makes us very hopeful, even confident, that the twin problems of inflation

receive some immediate attention and, perhaps, remedial action.

Our economy needs a massive injection of confidence. We would like to help it along by showing confidence in our new Minister of Finance and giving him support in his demanding role. Vancouver Board of

Letters We Get

May I use a portion of your valuable space to bring to the attention of members of the RCAF Pilots Club who are also readers of your fine paper, that the Pilots Club now has two locations. Mail will be handled at the current

address: Secretary, RCAF pilots

Box 1020 Station B Ottawa, Canada KIP 5A0

The Club Secretary will be serving in London as Senior Liaison Officer (Air) for the next two years and therefore an alternate address will be: Colonel A.J. Bauer

Secretary, RCAF Pilots Club

Canadian Defence Liaison Staff London CFPO 5051

Belleville, Ont. Canada KOK 3RO Thank you for your

> Yours truly, A.J. Bauer Colonel

Dear Sir:

space.

I would like to take this opportunity to thank you for the first class article in the last edition on the Marine Section or Big Jim's Navy, whichever one prefers to call

One small "gremlin" made it's way into print. It was stated that PO Selsair was in command of a crew. It should have read PO Wilsher.

PO Cec Wilsher joined us this summer from HMCS Provider, the fleet tanker. Quite a change from a ship 555' long to a 40' crash boat. Cec seems to have made the transition with no problems.

> J.M. Maybin CPO

i-c Marine Section

CNA

BLUE

AWARD

1977



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Promotions And Presentations



PRESENTATIONS TO 442 SQN. PERSONNEL. Left to right. Capt. A.T. Malcolm, CD., MCPL., J.M.A. Lamoureux promotion to that rank, MCPL. W.R. Wacey, ATG. Certificate of Military Achievement for completing 1000 Parachute descents, Cpl. G.M. Emery ATG Certificate of

Military Achievement for 250 Parachute descents and one operational descent, MCPL, R.H. Edwards, C.D., and Capt. M.J. McDonnell 1000 hour Buffalo Certificate and Pin. At right LCOL M.J. Demers, CO of 442 Sqn.



DEMON PROMOTIONS 407 Sqn. executive officer Maj. McMillan congratulates Sqn. members

wearing their new rank. Left to right: MCPL Holt, MCPL Milne, Sgt. Turcotte and WO Dyer. base Photo

Just For Today

live through this day only, and not tackle my whole life talk low, act courteously, problem at once. I can do something for twelve hours that would appall me if I felt try to improve or regulate that I had to keep it up for a lifetime.

Just for today I will be true what Abraham Lincoln said, that "Most folks are as happy as they make up their minds to be.'

Just for today I will adjust myself to what is, and not adjust everything to my desires. I will take my "luck" as it comes and fit myself to it. Just for today I will try to strengthen my mind. I will study. I will learn something useful. I will not be a mental loafer. I will read something that requires effort, thought,

and concentration.

Just for today I will exercise my soul in three ways: I will do somebody a good turn and not get found out; if anyone knows of it, it will not count. I will do at least two things I don't want to do - just for exercise. I will not show anyone that my feelings are hurt; they may be hurt, but today I will not show it. Just for today I will be

Just for today I will try to agreeable. I will look as well will save myself from two be afraid to enjoy what is as I can, dress becomingly, criticise not one bit, not find fault with anything, and not anybody but myself.

Just for today I will have a happy. This assumes to be program. I may not follow it exactly, but I will have it. I

pests; hurry and indecision.

Just for today I will have a quiet half hour all by myself, and relax. During this half hour, sometime, I will try to get a better perspective of my

Just for today I will be unafraid. Especially I will not beautiful, and to believe that as I give to the world, so the world will give to me.

God grant me the serenity to accept the things I cannot change; the courage to change the things I can; and the wisdom to know the dif-



MASTERS MADE AT 409. Master Corporals Hooper, Suttle and Blair are pictured with Major

MacDonald on their recent promotion. Good work guys, and congrats from the Totem Times staff. Base Photo

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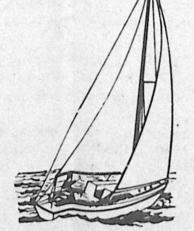
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Through September as metric speed limits are posted in areas of the province, all drivers will be responsible for driving at the posted speed in kilometres per hour (km/h).











20 km/h



EXIT

km/h

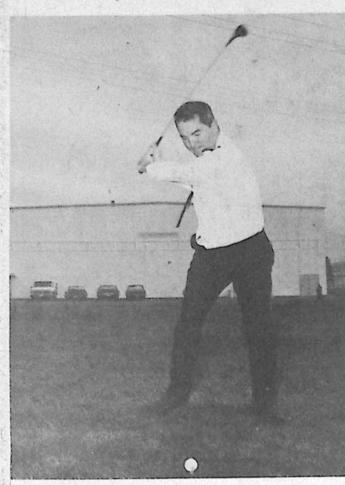
One kilometre is approximately 5/8 of a mile. Conversion tables and information folders are available through automobile clubs, chambers of commerce, provincial government offices and other outlets throughout the province. Please observe the new metric speed limits.



Province of **British Columbia**

Ministry of Highways and

Sports Beat Comox Golf Windup



CHAMPIONSHIP FORM THAT WON IT ALL FOR HIM... Capt. Frank Creamer of CFB Comox won the 1977 Canadian Forces National Golf Championships over a rain swept course at CFB Trenton, recently. A competitor in 5 national championships and former winner of the 1972 national championships Capt. Creamer managed scores of 75, 78, 78 to end in a tie for 1st place with Sgt. Fred King in regulation play. The championships was decided in the first overtime hole when Capt. Creamer birdied the 230 yd. par 3 hole. This win in extra holes was a repeat of the 1972 championships when Sgt. King fell victim to Capt. Creamer in extra holes. Congratulations to Capt. Creamer on an excellent

Rec. Gen.

The CFB Totem's managed his ball players a job well a fourth place finish in the Canadian Armed Forces Championships at CFB Winnipeg. The Totem's 3 wins and 2 losses did not indicate their all out efforts. The local boys got off to a shaky start with a 7-0 loss on 14 hits to Downsview. The locals with four hits, 2 by Ken Bell just never got the range. The pitching duties were shared by Gailley and Coleman. Comox lost 2-1 and 2-0 to Shilo and Greenwood, in close

Bill Hill and Ron Coleman demonstrated excellent pitching with games in doubt till the late innings

Comox came back with 7-3 and 2-0 wins over Europe and Quebec with Hill and Coleman in winning performances. In the batting dept., Coleman and Rochon finished in the top ten category. The playing fields and high calibre of officiating made the tournament very enjoyable for all.

As a viewer of many of Totems games I can say the coaching and team discipline of our ball club made them good ambassadors both at home and as our representatives at the nationals.

To Coach Kip McClean and

FLAG FOOTBALL The CFB Flag Football

season got under way successfully Tues. 13 Sept. 77, with five teams entered in the

Teams are to play a single Round Robin Tournament, with the top four teams playing off for the base championship.

Team standings as of 22 Sept 77 are as follows: 407 Sqn 442 Sqn 409 Sqn

VOLLEYBALL

USAF

There will be a general meeting for all servicewomen who are interested for the Base Volleyball team on the 12 Oct. 77. For further information contact Apollo at the Rec. Center Loc 315.

LADIES FITNESS

Ladies exercise classes will begin at the base recreation center on the 12 Oct. 77. Classes will be conducted by Mrs. Marcia Cudmore at 10 to 11 a.m. Mon. Wed. and Fri. Interested ladies are to report directly to Rec. Center on the 12 Oct. 77.

WO's & SGT'S. MESS

9 Oct. - Wine and Cheese - 1400-1800. \$1.00 per person. 14 Oct. - Mess Dinner - Assemble in Mess at 1815. Dinner 1900 hrs. Transportation to Comox and Courtenay at 2300 and 0200 hrs.

15 Oct. - Monte Carlo Nite - Music by Contraband.

- MOVIES -

10 Oct. - The Reincarnation of Peter Proud 17 Oct. - Sunday in the country.

LOCAL GOLFER MAKES HOLE IN ONE

Congratulations to Yvon (Shorty) Geneau who made a hole in one on the 4th hole at Glacier Greens. Shorty used a 4 iron on the 187 yard par 3.

Our Championships are over for this year. Both ladies and men played their final 18 holes on Sunday, the weather wasn't too good but some very good scores were recorded. Ladies results were:- Club Champion, Joan Stevens, Runner up and 2 low gross, Mary Shaw, 3 low gross Irene Perry. 1 low net Mary Game, 2 low net Trudine Berger, 3 low net Kay Freeman. B Flight:- 1 low gross Evelyn Hetherington, 2 low gross Jackie Wilkie, 3 low gross Evelyn Hetherington, 2 low gross Jackie Wilkie, 3 low gross Rose McCleish, 1 low net Agnes Moreland, 2 low net Audrey Haughn, 3 low net Clare Rathbun.

Comox Credit Union Rick Kellow Manager, presented the Championship trophy to Joan and the Beginner's Trophy to Jackie Wilkie. Both these trophies were donated by the Comox CFB Credit Union.

The men's Championship and the Tyee Cartage and Storage Trophy was won by Larry Cote with a gross score of 151 for 36 holes of play. Low net for the field was Ron Carter with 137, 2 low gross Stan Prime with 160, 2 low net Harry Lewis with 139, 3 low gross Jim Perry with 160, 3 low net Russ Roux with 143, 4 162, 4 low net Bob Butchin and DND personnel, male. with 145. B Flight:-1 low gross Gerry McClaughlin with 171, 1 low net Jack Andrews with 127, 2 low gross George Game 172, 22 low net Tom Earl 131, 3 low gross Rolly Cramer 179, 3 low net Rick Siddons 137, 4 low gross Kelly Bohemia 179, 4 low net Ron Ledgard 138, 5 low gross Trevor Jones 179, 5 low

men participating. The Match Play Shield was presented to Jim Perry, the runner up being Larry Berry.

net Rick Olynyk 139. Larry

Cote then presented a new ball

with appropriate comments

on the play to each of the other

Two special prizes were awarded to George Game and Roux 81, 7 low net Lionel Gerry McClaughlin as this Churchill 70, 7 low gross Fred was the first time each one had broken 80, those sand bags will surely come in useful for something. Ron Ledgard also came in for a lot of ribbing after he sank a 200

(approx) 3 ironshot from the rough on number 2 to claim a

The ladies, with the leader of the Alley Cat band at the piano, put on a skit for our entertainment. Mary Shaw as MC introduced Miss Jane Russell (Irene Perry), Miss Alaska Squaw (June Berry), Miss BC Lions (Wynn Naven), Miss Sleepy Time Gal (Jackie Miss Sleepy Time Gal (Jacki Miss Sleepy Time Gal (Jackie Wilkie), Miss Tornado Tessy (Clare Rathbun), Miss your intention to participate. Prehistoric (Audrey Haughn), Lady Ping Powell (Barbara Carter) and Miss Glacier Greens (Rose McCleigh). It was generally agreed by those present that we should have more entertainment like this in the future. Rumour has it that our revered club captain will be bringing the men on the scene next time, guess they can't be outdone by the ladies.

This year each player, male and female, was asked to bring some dish for a cold plate smorgasboard. All was really impressive and very much enjoyed by all those there.

After supper Tom Shaw entertained with his guitar to bring to a close this very pleasant day.

The Colonel Lett low net tournament was played on Saturday, October 1st. This tournament was limited to low gross John O'Brien with servicemen, ex servicemen On completion of play Club

Preisdent, Ron Bailey, introduced the Base Commander, Colonel Bruce Burgess, who presented and congratulated those who won, with their prizes.

Results were:- 1st low net and winner of the handsome Colonel Lett Trophy was Jack Andrews with 62, 1 low gross George Albric 74, 2 low net Pat Patrick 66, 2 low gross Frank Creamer 78, 3 low net John Webber 69, 3 low gross Bob Dutchin 79, 4 low net Ray Carter 69, 4 low gross Lary Cote 79, 5 low net Warren Missen 70, 6 low gross Russ Zaruk 83, and 8 low net Nick

Stolarchuk with 71. Colonel Burgess welcomed all those present and said that perhaps in future this trophy would have its name changed

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LARGE SELECTION OF ALL

TYPES OF GREEN PLANTS

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877 - 5th Street - Driftwood Mall

Phone 338-6736

since Colonel Lett is now General Lett.

The tournament was con-

October 9th, tee off time 10:30 a.m. 18 holes of play. Please advise the Pro Shop early of



The age of blimps may be dawning again. Both the miliwives, or husbands, were tary and businessmen are invited to attend for supper looking into the use of the after play finished and the slow-moving, lighter-than-air Committee wishes to extend craft to cut costs in transportspecial thanks to all those non ing expensive fruits and vegeplaying wives, the food table tables, small cars, mail, and even passengers not in a



Doctors may have found the reason that men are more prone to heart attacks in early middle age. Researchers have revealed that many coronary victims suffer from a hormone imbalance.



CLUB CHAMP... Tyee Moving and Storage Trophy, emblematic of the club championship at Glacier Greens is presented to Larry Cote by an old friend,



COL. LETT TROPHY... Base Commander Col. Burgess presents the trophy to winner Jack Andrews. Well done Jack.

Stud News

B.C. drivers planning to use studded tires this winter can install them on their vehicles as of October 1, advises the B.C. Automobile Association.

In Alberta and Saskatchewan there are no time restrictions on the use of studs, however down the U.S. west coast the deadlines are: Washington, Nov. 1 - April 1; Oregon, Nov. 1 - April 30; and California, Oct. 1 - May 1

Throughout the rest Canada studs are permit for the following periods Manitoba, Oct. 1 - April 30; Quebec, Oct. 15 - May 1; Nova Scotia, Oct. 15 - April 15; New Brunswick, Oct. 15 - April 15; Prince Edward Island, Oct. 1 -May 31; and Newfoundland, Nov. 1 - April 30.

In Ontario alone the BCAA warns travellers that there is a total ban on the use of studded tires at any time of the year.

Studded tires are being restricted or banned in many jurisdictions in Canada and the United States because of evidence of damage to highways. American studies have shown, says the auto club, that studded tires driven over dry pavement for lengthy periods can cut deep ruts into road surfaces. In addition to obliterating painted lane and other highway markings, such grooves increase the chance of water build-up which can dangerous to hydroplaning.

Only tires with the proper hole location and size molded into the tread during manufacturing should have studs installed in them. This operation should be undertaken only by a tire dealer or service station, advises the BCAA.

The country with the most dentists in the world is the U.S. with about 118,000!

VIRACLE

BLACK CREEK, B.C.

October Program

OCTOBER 7 & 8

FRI. & SAT.

PLUS Hot Times

Restricted

OCTOBER 9 — SUNDAY SPECIAL HOLIDAY ALL-NITER

Lipstick (Margeaux Hemingway) The Lifeguard (San Elliot) Three Days of the Condor

The Naughty Victorians

OCT. 21, 22, 23

Fri. - Sun.

Bad News Bears in Breaking Training - Original Cast

- PLUS -

Citizens Band Paul LeMat

DRIVE IN 337-5097

Gates 7:30; Shows Dusk

The Naughty Victorians

Sex Comedies

Robert Redford

Survive!

Jr. Ranks Club

October 8th - 9th - Dance

Dance to the music of the local rock group "PUNCH". 50c per member - \$1.00 guest.

October 15th — Monte Carlo Night

In conjunction with the WO & Sgt. Mess. Why travel to Las Vegas to have a winning time, travel to the top floor of the Combined Mess for fine winning and dancing (no cover charge).

October 16th — Dance

If you are still in the mood, come out and dance to the music of the ever loving "Contraband" (Small cover charge)

MOVIES EVERY TUESDAY EVENING - 2000 HRS.

11th Oct. — Reincarnation of Peter Proud (Restricted) - Michael Sarrazin

18th Oct. - Sunday in the Country Mature - Ernest Borgnine.

OFFICER'S **MESS** ENTERTAINMENT

TGIF's — October 7th, 14th '— Regular TGIF's — 1630 hrs.
- 1730 hrs. Subsidized drinks 1630 hrs. Food 1700 - 1800 hrs. Jackpot and Bottle Draw. Dress - Casual.

Saturday, October 15th — Beef and Burgundy. Dinner 1930 - 2130 hrs. — "Some Wine Included." Dance 2100 - 0100 hrs. — "Music Factory". Reservation by 1500 hrs., Thurs., Oct. 13, \$10.00 hrs., Press Informal Oct. 13, \$10.00 a couple. Dress - Informal.

Wednesday, October 19th — OWC MEETING - 2000 hrs. Talk by June Webber on Curios.

COMING EVENTS - Nov. 4th - "OKTOBERFEST".

* NOTICE During regular TGIFs — When Muggings are scheduled, food hours will be extended 1600 - 1730 hrs. Adults \$2.50 O.A.P. \$1.00 Child. \$1.00

Two Shows Fri. & Sat. -7:00 & 9:00 p.m. No Matinee This Saturday

"STAR WARS"

Thurs., Fri., Sat., Oct. 6, 7, 8

- Plus - Red Foxx "NORMAN ... IS THAT YOU?"

THE WHITE BUFFALO"

SUN., OCT. 9 - SPECIAL ALL-NITER "5 BIG HITS"

Charles Bronson

Mon. to Thurs. - 8:15 p.m.

MATINEE SAT. - 2:00 P.M. WALT DISNEY PRODUCTIONS

STARTS OCT. 20 FOR 11 DAYS INCL. SUNDAYS

Stardust Drive in Theatre

Williams Beach Rd. & Island Hwy. All Admissions \$2.75 All-Niter Admissions \$3.25

GATES OPEN 7:30 P.M.

Fri., Sat., Sun., Oct. 14, 15, 16 "THE LAST HARD MEN" SHOW TIME 8:00 P.M. "FIGHTING MAD"

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SPECIALISTS



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FIGHTING FIRE FIGHTERS. A-BFC MWO Belliveau and Fire Fighter Cpl. Marschall, helped to collect \$653.61 in donations for the Muscular Dystrophy Campaign.

Comox Weather

September 1977

TEMPERATURE

Mean maximum for the month 16.8 oC normal 18.6 oC. Mean minimum for the month 8.8 oC normal 8.7 oC.

Mean temperature for the month 12.8, oC, normal, 13.7, oC. Highest termperature for month 21.8, 0C day, highest recorded 30.6 year, 1949.

Lowest temperature for month 4.7, oC day, lowest recorded, -1.7, year 1972. PRECIPITATION.

Total monthly rainfall 63.6 mm. heaviest on record 120.9 mm. lightest, 2.8 mm.

Total monthly precipitation 63.6mm., normal 45.9 mm. Heaviest daily rainfall for month 19.8 mm. on 15th.

Number of days with precipitation of .2 mm or more 15, normal 9.3 SUMMARY.

September was a cool and wet month, a continuation of the damp, weather experienced in late August. Almost one-third of the rainfall fell on one day, the 15th. September was only the second month in over a year with above normal rainfall.

October 1945-1976

TEMPERATURES

Maximum temperature on record 22.2 C (2nd 1952) Minimum temperature on record -3.3 C (19th 1949, 28th 1971) Mean temperature for month 8.9c Mean maximum temperature for month 12.7 C

Mean minimum temperature for month 5.2 C RAINFALL

Average monthly total 130.0 mm. Greatest monthly total 270.8 mm. (1950).

Lowest monthly total 18.8 mm (1952). Heaviest rainfall in one day 59.4 mm. (19th 1956).

Average number of days with rain (0.2 mm or more) 16.0

SNOWFALL 3.3 CM. of snow was recorded once in 1975. THUNDERSTORMS reported 6 times in 6 of the past 32

HAIL reported 3 times in 3 of the past 32 years. FOG with visibilities 1/2 mile or less, reported 193 times in 30

of the past 32 years. The 32 year average is 6.0 reports. WINDS for the ten year period 1954 to 1963, wind speeds of

more than 16 knots averaged 67.6 hours (9.1 per cent) out of a monthly total of 744 hours. Of this total, 66.4 hours (8.9 per cent) join us!! were from the se quadrant.



Modern Square Dancing is a recreation and is a fun way of getting exercise, both physically and mentally. It is part of our Canadian heritage and so part of our way of life. You don't have to be a ballroom dancer to be able to square dance, as thousands of avid dancers have proven to themselves.

Modern Square Dancing today is standardized all over the world, a good step toward an International dance. Foreign square dance associations keep in touch with the USA and Canada through very efficient square dance magazines. All teach the same dance basics through the local square dance Caller-Teachers.

The old-style music has just about disappeared and the halls are filled with the sounds of modern toe-tapping tunes, played on the Callers highly specialised equipment.

Square dancers come from all walks of life, with one purpose in mind, to get out and have fun. It takes eight people to form a square of dancers and each one relies on the other seven to make it a good dance. Each one in the square is equally important, responding to the commands of the Caller.

The "OCEAN WAVES" is the local square dance club, and each September sponsor a course for people who wish to learn Modern Square Dancing, and so be able to then join the club. Square dancing gets underway from lesson one and progresses week by week under the guidance of a qualified Square Dance Association Caller-Teacher.

This year the course commences on Tuesday, September 27th at the Royston Elementary School at 8 p.m. For further information, call: 338-8780.

The "OCEAN WAVES" club commence the 1977-78 season of dancing on Wednesday, September 28th, 8 p.m., at the Glacier View School, Courtenay. All square dancers are welcome. Please



HI-I'M FATHER STACK! A "Meet and Greet" held on Sept. 25th, provided the opportunity for the parishoners to meet one another. Sponsored by the Parish Council and the C.W.L. it was also an informal way to welcome our new Chaplain, Father Stack. Just a reminder that the C.W.L. monthly meeting will be held Tuesday, October 11th, with Mass at 7 p.m. (for this date only). The ladies of the Protestant Guild have accepted our invitation to join with us a 8:30 p.m. to hear Sister Mary Brown of the Nanalmo Resource Centre. All ladies are welcome.

Is Your Child Frustrated?

A common expression of parents who have known the experience of hard time, and often work hard with a limited income that had to be skillfully maniuplated to make ends meet, is "My child will never have to go through what I went through if I can help it." Many parents sacrifice, and do without, in order to save their youngsters from the hard knocks that made better men and women

T. Taby in the Sunday Register, tells of a young man who complains to his father with whom he has lost all communication, "when I was growing up you gave me a tricycle before I could walk, a bicycle before I tired of the tricycle, a scooter when I passed Grade 8, and now a V-8 engine sports car to go to college." The father nodded his approval and added, "Yes, I said no son of mine would ever do without the things I did."

Junior cried through his beard and his long hair shook. "But don't you see. You had to rough it and make your own way as a lad. But I never had to do anything. You speak with pride of all the things you did and got along without, and I've had everything pushed on me. Father, you've denied me the challenge of doing things on my own, the thrill of invention, the pride of conquering obstacles, the hunger of desire and the hope of better things."

When the father suggested that he would take away the keys to the car and stop his allowance, the young student cried, "It is too late! I need your help. You have spoiled me."

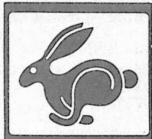
The question is: Do we respect and love our children when we give them everything that they want and see that they get everything they ask for? Are we denying them something that is very important to their growth and development, something that supplies the fibres of character and the gems of personality. Just as a tree will not grow without wind, so character will not develop without obstacles and challenges that life normally offers to all people at all ages. To take away these challenges is to deprive one of the essentials of development.

How often the things that are so desperately wanted today, once possessed, won't cause even a flicker of interest next week. .1 14

We have to distinguish between the things that are wanted and the things that are needed because often there is little connection between the two. The things that are needed are the essentials of life and comfort. The things that are wanted are the desires and fancy of the moment.

Respect for our children means concern for their needs and understanding and appreciation of their wants. Among their greatest need is the need to make their contribution to the family, and to society, according to their ability and opportunity. To give a child everything he wants is to train him to be a parasite and not anhonored citizen of the community.

MOTORS



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WEEK

PROGRAM FOR THE WEEK OF 9 - 15 OCTOBER

FIRE PREVENTION

Monday 10 Oct. 77

Opening day parade and bike contest, 1230

Open House, Base Fire Hall 1400 - 1600 Fire Hall films 1430

Tuesday 11 Oct. 77

Unannounced Fire Drill Talk and Demo to Officers Mess 1300 - 1400

Wednesday 12 Oct. 77

Unannounced Fire Drill Talk and Demo to Combined Mess 1000 - 1100 Talk and Demo to C.E. Section 1300 - 1400

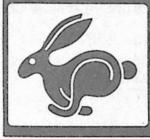
Thursday 13 Oct. 77

Unannounced Fire Drill Talk and Demo to Auto Club 0800 - 0900 Talk and Demo to C.E. Section 1300 - 1400 Judging of contest. Closing date 1300 this date

Friday 14 Oct. 77 Unannounced Fire Drill

Talk and Demo to R.T. Garage 0900 - 1000 Presentation of prizes at Airport School 1300

NORTHGATE CATCH A RABBIT



Advertising: a showcase

PUBLIC

FRIDAY - 7-11 P.M. SATURDAY - 3-5 P.M. 7-11 P.M. SUNDAY - 1-5 P.M. TUESDAY - 9-11 P.M.

A BOWLING PARTY? **USE OUR FACILITIES** FREE!

For Further Info Call 334-4051 Still some openings for

Fall - Winter Leagues COURTENAY LANES

C to C

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fireplace, etc. HAROLD DIXON Res.: 334-3468 Off.: 334-3124



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TOM PROCTOR Res.: 339-2668 Off.: 334-3124

CURLERS MIXED LEAGUES

Still Some Openings in Sunday, Monday, Wednesday Mixed Leagues

Seniors League Monday & Wednesday 1-3 p.m. Phone FRANK WORTMAN 334-4647

or ARNOLD RENNISON 334-4574

Junior Curling League Sunday Afternoon 1 - 3 p.m.

Contact CHERYL RAHN 338-5854

League Action Starts Oct. 11th

ALL CURLING SUPPLIES AVAILABLE AT THE CLUB

CURLING INFORMATION

338-8324 334-4712

PMQ Preamble

looking for volunteers for Controllers and committee members. One of the big concerns is to have a solid member for the Base Teen Organization (BTO). Mayor Bossons pointed out to the new council that his thoughts on people for committees is to have people who are genuinely interested in certain areas. Some of the new council have already volunteered; they are Art Brooks - Deputy Mayor, Gord Stallard - Town Clerk, Fred Bishop - Controller publicity and until a suitable replacement is found, Rusty Rutherford has volunteered to hold the reins for the BTO. We should have a full slate of controllers and committee members by the time the next TOTEM TIMES reaches your doorstep.

This is also an opportune time to thank two of our stalwart ladies who have provided the council and community with outstanding and steady contributions during the past year. A very sincere and appreciative "thank you" to Rhona Windish and Elizabeth Dick. We

The new mayor is still would like to see more ladies on the council - as our only remaining lady counciller -Grace Hill will attest. Come on girls - REMEMBER VOLUNTEERS ARE ALSO ACCEPTED.

The Cubs, Scouts, Girl Guides, are really in need of volunteer help again this year. Anyone interested please contact Graham Wilson, PMQ D-1, telephone

On Thursday, 29 September your new council took office and with it brought their new



DAN MAJOR. PMQ CONSTABLE

Participaction -

boss - your mayor - Major John Bossons. I'm sure that everyone wishes the outgoing mayor Major Ken Howard all the best and from us all, Ken, thanks for all your hard work projects here in the PMQ area and without his drive and

fallen through. family in 2A.

TOTEM TIMES will keep you advised on ideas such as Neighborhood Watch, RCMP briefings and what he finds disturbing or pleasing as he does his thing in the PMQ

Well what do you think of the VENTURE playground so far? At the council meeting on September 29th we invited Mr. Shields, the Principal of the Airport School and Mr. Talbot who was the coordinator for the project. They presented a short history of the playground and what their concerns are for last council meeting.: (a) least for as long as the

the future.

Of course, paramount in everyone's mind is the safety of your children when they use the facility. To this end, we invite you to take your kids thanks for all your hard work and leadership in community over to the playground and and leadership in community
affairs. As some of you may
already know, Major Howard
was behind several new
was behind several new
poles etc. you think is poles etc. you think is safe for him to climb and what areas and without his drive and he is to avoid. During school projects would definitely have hours there is no problem since Mr. Shields or one of his All of us in Wallace Gardens staff is there to supervise, but would like to congratulate the would like to congratulate the september winners of the every kid of himself. SO PMQ Beautification PLEASE THINK OF YOUR Programme. They are: For Speaking of Safety, just about family - PMQ 116A; For row every council member stated housing - The award is shared his concern about the way by the DICK family in No. 2 some kids are skateboarding and the BETTERIDGE along the streets and in other people's driveways. We, your Some of you will be pleased council, of course appreciate to know that again this year, that 'boarding' is here to stay after almost one year without, for quite a while and with good we have ourselves a Town parent supervision and Cop. He is Dan Major, a concern, can be enjoyable and member of the Base MP safe. We have also requested Squad. Dan probably has the that your new recreation greatest responsibility of committee attempt to come anyone, outside the mayor, to up with a solution to find a the town council. Dan has safe haven for the kids to do some great ideas in mind and their thing. But for the through the medium of the present, think safety, and have a little consideration for others...

One council member excern on the overcrowded recreation program; buses that take the kids to school. The mayor pointed out that this is more an individual a responsibility of the PMQ directly to the District 71 summer?); School Board office by letter or telephone.

otherwise surfaced during the school as a joint project, at

PMQ WARD COUNCILLORS

1 OCT. 1977

MAYOR Major John Bossons (73) 339-5900 (308)

D/MAYOR Capt Art Brooks (87) 339-4765 (209) WARD 1

Apts A and B PMQ'S 1-11, 101 and 119-122 Cpl Harvey Herauf (B-5) 339-3770 (329) Sgt Fred Acton (B-8) 339-3288 (445) WARD 2

MARD 2 Apts C, D, E, F MCpl Mark Simpson (F-5) 339-3573 (431) MCpl J.M. Fournier (C-6) 339-5955 (431)

WARD 3 PMQ's 12 - 25 and 34 - 48

Sgt Gordon Stallard (37) 339-5707 (251)

MCpl Jim Cassibo (47A) 339-5936

S/Sgt G. Scholer (19)

WARD 4 PMQ's 49 - 65 CWO Frank Zruna (65A) 339-3004 (308) Sgt. Earl Pennington (49) 339-4863 (236)

WARD '

PMQ's 66 - 83 Capt Fred Bishop (76) 339-4631 (308) Capt Gerry Moray (80) 339-5752 (308) WARD 6

PMQ's 84 - 100 Capt Art Brooks (87) 339-4765 (209) Capt Murray Haines (93) 339-5762 (308)

WARD 7 Apts 102, 103, 105 - 108 MCpl John Jorgensen (105B) 339-4686 (275) MCpl Rene Ladouceur (102A) 339-4162 (229)

WARD 8 Apts 104, 109, 113, 115, 117, 118 Mrs. Grace Hill (118G) 339-2804 Cpl Pat McInnis (1180) 339-5981 (218)

WARD 9 Apts 110, 111, 112, 114, 116

Cpl Jim Messer (111E) 339-2610 (262)

MCpl George Penney (111F) 339-2035 (267)

Reflective armbands for kids who ride their bikes around the MQ area after dark;

(b) Planning has already pressed some parents' con- started for next summer's

(c) The community family day will likely be held annually in June vice September to school board area than it is as was planned for this year. (Should give you a chance to Council and urged parents to enjoy it before you get tired of make their complaints having them around all

(d) The Venture playground will be repaired and main-Here are some ideas that tained by the council and the

finances hold. (e) Next town meeting is

tentatively planned for November 29, 1977. Finally, if you have things

on your mind that have been bugging you about the way things are going in the PMQ area, please let your councillor know so he can speak on your behalf. During the coming months we will be publishing photos of your local councillor and also indicate what he is responsible for as far as committees are concerned. Here is how the slate of new councillors looks at the

Femme Gen

"Back Fence Chatter"

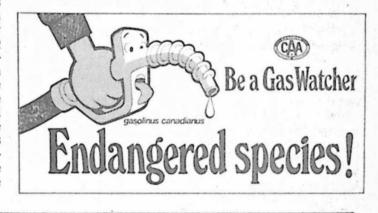
I really had no idea of the else is wrong with me. true state of my poor health until August 30 when I discovered that I have been living on borrowed time for years. That was the day I received a free bonus gift from my book club, 'The Complete Encyclopedia Of Diseases and Dreadful Symptoms.' - abridged

There, on the very first page - under 'Abdomen' was the horrendous proof that for years I have been suffering from a variety of diseases that will eventually prove fatal - if I live long enough. Imagine my shock to learn (still under the 'A's) that it is a well known fact among my friends. that I am occasionally subject to fits of Astimatism, a dreaded blurring of the vision. No wonder the dears have been so concerned and supportive whenever I leave a

To be absolutely truthful I haven't yet made a determined study of the book, but I did read far enough to learn that I have suffered for years from such things as: Blackwater Fever, Bubonic Plague, Cholera, Diptheria, Dyspepsia, and Elephantiasis all in their most virulent forms. As soon as I'm feeling better. I'm going to try and discover where my husband hid the book and find out what

For someone who spends as much time as I do looking up words (it's not easy when you can't spell) it sure took me a long time to discover that a dictionary can be fun. Cursing my ignorance one day loplowed through my diction and was brought up short/ the page heading PAHEADED PILOT. What's this, I thought - anything to get me away from the business at hand. Curious, I riffled through the pages and discovered other gems that had escaped me through my years of riffling. BLOCKADE BLOOMER, what visions of a story that heading gave me. Or, how about DOUBLE-BARRELED DOVECOTE, DRAGGLE-DRAWERS. or FEROCIOUS FETISH. We all know one who can be called a HARDNOSED HARPY, and one can almost hear the weekend fisherman blaming his lack of catch on LACKADAISICAL LAKE-TROUT, no doubt due to a LUKEWARM LURE.

I never did get the original piece written. I had so much fun looking at the headings, I forgot what I was doing. I have discovered that Medical Dictionaries are just as much fun, but I can't do anything about it right now - not until I find out where my husband hid ours.



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Mrs. Jean Webber, the Free

Press Food Columnist will

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Accent Safety

Accent On Unsafe Acts

Stop It Or You'll Go Blind

A recurring problem is ordinarily alert and careful cerity when they speak about faced by some supervisors every day: WHAT SHOULD THEY DO ABOUT UNSAFE ACTS THEY SEE?

For instance, personnel working beneath an elevated work platform, not wearing head protection; personnel using air-impact and masonry drill tools without head, ear, foot or eye protection; personnel using an obviously faulty and unsafe ladder.

In each of these cases, the supervisor could walk by, note the unsafe act and ignore it. Most of the time, the jobs would probably go on and the work would get done without accident.

How often have YOU walked by someone who was doing a job in a way that violated safety rules? How often have YOU ignored an unsafe act and said nothing? Supervisors know that an unsafe act could cause an injury, particularly if the

A new ration policy,

designed to remove some of

the inequities that exist

between living-in and living-

out members, came into ef-

Under the old regs, a living-

in type was charged for

rations under operational

conditions, when on TD or

when hospitalized while a

living-out type got free rations

cumstances. Naturally

enough, the living-in mem-

bers thought they were get-ting the shaft. That has

The new policy has its main

effect on those of you who

have ration charges deducted

from your pay. When operational periods extend

beyond 24 hours, you aren't

same cir-

fect on 1 June, 1977.

under the

changed.

person is tired, does not feel well or is distracted.

One fact that lulls supervisors into complacency about unsafe practices is that an unsafe act may be repeated hundreds, even thousands of times without an accident happening. The sobering fact is that when unsafe acts are performed, accidents are possible and sooner or later they WILL happen.

Supervisors who are complacent create additional problems in enforcement and credibility. If the supervisor ignores some unsafe acts, he or she then has to decide which unsafe practices will be permitted and which will not. Once begun, it becomes more and more difficult to face the issue squarely...SAFETY RULES LOSE THEIR MEANING, as does the whole

safety effort. Employees under such supervisors doubt their sin-

New Policy On Rations

safety, especially when they review a safety rule with a worker and both persons know (but don't acknowledge) that some of the safe job procedures are not being followed.

What is the solution to this problem? Each supervisor and inspector must exercise safety responsibility. Start by reading over DNDP 40, Chapter 2. Make sure that each person knows the safety rules and safe job procedures and that visitors or contractor's employees do not undercut safety efforts in your area. Protect your credibility.

If you do not do so, your safety program will be weak. Sooner or later the price will be paid in accidental injuries and damage. If you have not been exercising your safety responsibility, NOW is the time to start.

Watch Your Bird!



USING A LADDER in this condition is an unsafe act. Allowing it to be used ignores a supervisor's safety responsibility.

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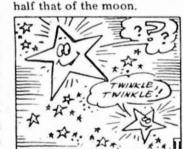
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MARRIAGES: Please come in months before your marriage. CATECHISM CLASSES: Each Wednesday night at the PMQ

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C.V. Patey, Capt. (Chap (P). CHAPEL SERVICES

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HOLY COMMUNION: Holy Communion (ACC) 1200 hours first

Sunday of the month. BAPTISM: By appointment. Consultation with parents expected 2-3 weeks in advance of Baptism.

WOMEN'S GUILD: All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2000 hours on the second Wednesday of each month.

CHAPEL CHOIR: Our Choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain.

Junior Choir: 1830 Hrs. Thursday at the Chapel. Senior Choir: 2000 Hrs. Thursday at the Chapel.

SUNDAY SCHOOL: The Sunday School operates from September to June. Ages 6-15 meet in the Chapel at 0930 hours each Sunday, and the ages 3-5 hold their sessions during the Church period at 1100 hours. All children are invited to attend. OFFICE HOURS: 0800 - 1630 hours. Phone 339-2211, Loc. 273.

HOSPITAL VISITATION: The Chaplain would appreciate the co-operation of the members of the congregation and would request that they phone the Secretary's office (339-2211 Loc. 273) to report the names of any members of the congregation who may be in the hospital.

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charged for rations for the entire period of operational have an obvious effect on conditions in the field, in ships ships personnel. Sailors who away from port, and on air live aboard continue to have ration charges deducted from their pay. But, when for periods of more than 24 hours the ship is out of home port, in home port at four-hour notice or less, or when leave is denied then they won't be charged for rations. The living-out sailor, when his ship is alongside at home port will be required to pay for meals taken in the ship except when the ship is at four-hour notice, For the living-out types, in or when he's on duty and can't leave the ship (e.g. over the provision of free meals under lunch hour on a normal working day). The new CFAO 36-14 conmilitary duty exceeds 12 tains detailed examples which hours of continuous work should clarify the intent of this (Orderly Officer, Orderly new policy and assist in ap-

operations. And if you're away for more than 24 hours on TD, travelling on posting or in the hospital, your ration charge for the entire period is zilch...no money!! You don't get remission when you're on Annual Leave because the montly ration deductions already incorporate an automatic 69 day remission period to cover absence periods.

addition to the continued operational conditions, you now get free meals when

Times, etc.) or when you're the single serviceperson on a required to work over a meal established working hours, or for a period of more than four continuous hours between 1900 and 0700. Anyone who has to under any cir-

member, who can't leave his place of work during normal working hours, doesn't

you get free growlies. The new ration policy will

more equal footing with his beyond normal married counterpart when it comes to rations and should result in more money jingling in the jeans of the single types. CAF Personnel Newsletter 7

square miles.

meal. In other words, not

cumstances just mentioned who can't be provided with a meal from DND food services may claim a meal (with receipts) for actual expenses not in excess of the prescribed However, a living-out

become elegible for a free being able to go home to the MQ's for lunch doesn't mean

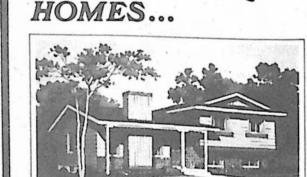


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