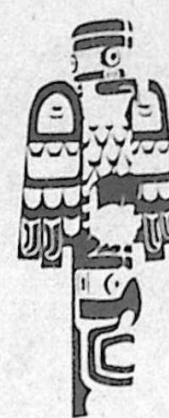




# TOTEM TIMES



Things Improving In Lotus Land — Only The Salmon Are Striking

VOL. 19 — NO. 17.

CFB COMOX TOTEM TIMES

THURSDAY, SEPT. 1, 1977

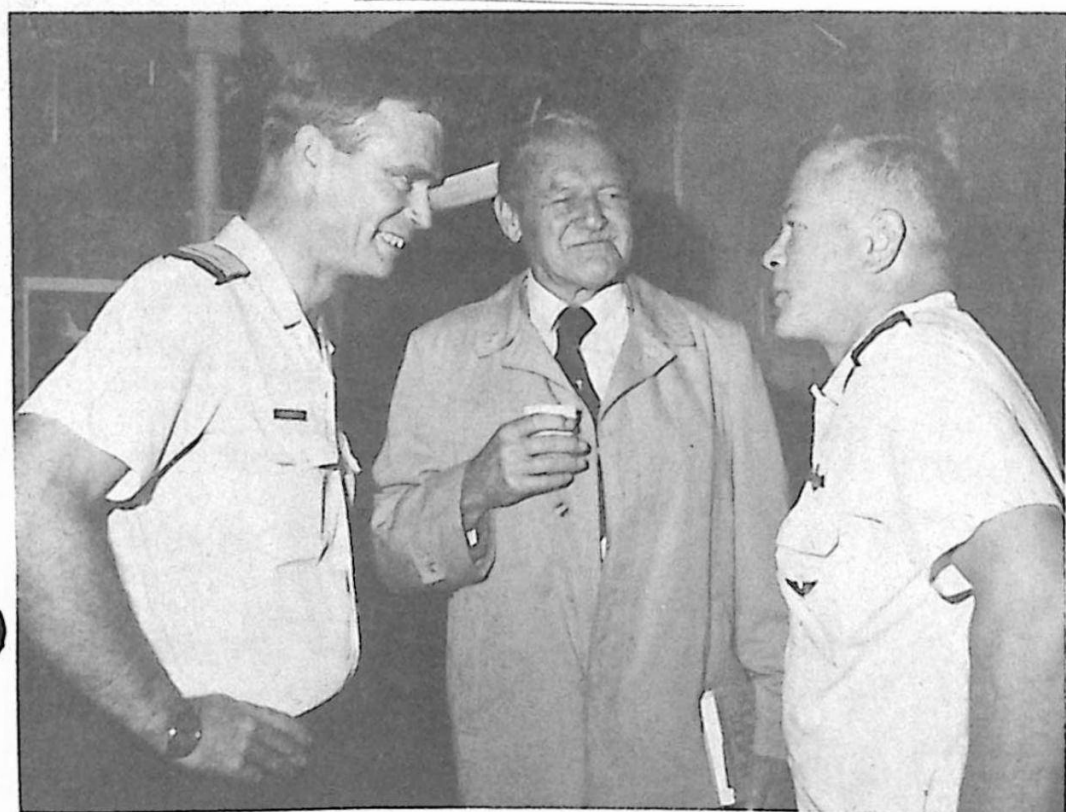
## THE TOTEMS - PAC REGION CHAMPS



**CFB COMOX TOTEMS-CF NATIONALS BOUND...** Lead by the excellent leadership of Kip "The Whip" MacLean the CFB Comox Totems are off to the CF Nationals which will be held in CFB Winnipeg, 18-23 Sept. '77. The Totems were victorious in the Pacific Regional Championship which was held here in Comox recently. Behind the strong pitching of Bill Hill and John Gailey and a solid performance from the entire team they had little difficulty in defeating, Chilliwack 9-1, HMCS Provider (Small

Base Champions) 26-4 and Esquimalt 7-1 in the Single Round Robin Tournament for the Championship. Left to right, rear row: Ed Kingston, Kip MacLean, (coach), John Gailey, Ken Bell, Sly Wilburn, Doug Obermeyer, Earl Brownfield, Rick Button, Ray White, Phil Lester. Left to right, front row: Danny Lamouche, Garry Farthing, Norm Brown, Steve McNamee (Batboy), Bill Hill, Glen Barret, Denis Rochon, Harvey Herauf ... and now it's off to the Nationals ... Good luck, guys!!

## Just Passing Through



**OLD FRIENDS MEET ...** Col. Burgess and Doug Hardy welcome an old friend to Comox ... MGen J.M. Rockingham (ret'd) was in Comox last week as he passed through on his way to Gagetown.

## Rockingham Visits Comox

Editor's Note: On a bright August the 24th morning, a distinguished veteran passed through CFB Comox on his way to the Korean War Veterans Reunion. Major General J.M. "Rocky" Rockingham (ret'd), was on his way to Gagetown to mingle with old friends and allies. He is an extremely interesting man who has a thousand stories to tell. The following is just a brief touch on some of his past. The information was supplied by Doug Hardy, an old friend and personal acquaintance of the General....

MGen Rockingham was, prior to the Second World War, serving in the Militia with the Canadian Scottish Regiment. The Can Scot were mobilized at the outbreak of war and J.M. Rockingham started his active military career as a Lt in Sep 39. By 1944 it was BGen Rockingham, Commander 9 Inf Bde. He was, when

promoted to Bgen, the youngest Bgen in the Canadian Army. When the war in Europe ended Bgen Rockingham was picked as one of the Bde Comd to go to the Pacific.

The war in the Pacific ended before the Canadian Division left Canada and BGen Rockingham returned to civilian life. When the Korean war started in 1950, BGen Rockingham was again recalled to active service. He trained and commanded the famed 25 Cdn Inf Bde, Canada's first fighting formation in Korea (one of his LCol's was J.A. Dex). He was promoted to MGen in 1954 and commanded Canada's only peacetime division until it was disbanded.

His sixteen medals include three Canadian and two foreign decorations for gallantry. His luck was phenomenal. He once ran out under fire, picked up a wounded officer, threw him

over his back and brought him back to Canadian lines. Once back to safety, it was discovered that the wounded officer had been hit by a burst of machine gun fire and killed when Gen Rockingham was carrying him. Another time he and a major were looking at a position over a hedge row.

The major stopped talking in mid sentence. Gen Rockingham looked to see what was wrong and found the major had his head shot off.

In all the action he saw Gen Rockingham received two minor wounds. He had a rather prominent hook in his nose which a German sniper shot off. He claims it was the quickest job of plastic surgery ever done. His second wound was a small piece of shrapnel in his hand in Korea.

Gen Rockingham is active in veterans activities, an Honorary President of the Korean Veterans Association.

## Drug Abuse Training

**OTTAWA (CFP)** - Over 300 Forces members and DND civilian employees will receive training in drug abuse and alcohol addiction counselling this year.

Officials of the DND Drug and Alcohol Program announced at the recent annual Command Drug Education Co-ordinator Conference that attendance at out-service courses will number 178, with 145 attending either the basic in-service course on Drug and Alcohol Education, or the advanced course at the Addiction Research Foundation of Ontario in Toronto.

Purpose of the training is to ensure that personnel in the field of drug and alcohol education have sufficient up-to-date information to do their job effectively at the local level.

From The Base Commander

## Initial Impressions

I would like to share with you my first impressions as the new Base Commander of CFB Comox. I have now been a little over two weeks here and I have had an opportunity to visit most, if not all, sections and squadrons. My first impressions are very good.

Beginning with the Handover Parade, I was impressed with the dress, haircuts, and deportment during the ceremony. Almost without exception the entire parade was extremely well turned out.

Since then, in my visits to Base units and squadrons, I have found that my initial good impression was not in error. On the flying units both the serviceability and activity rates are high, reflecting well on both the squadron personnel and those Base units directly in support of the squadrons.

I was delighted to see the wholehearted support given by the Base sections to the flying units on the Base, because that is why we are here. I found the grounds, buildings, and physical plant generally to be in excellent repair indicating unremitting maintenance practices.

Throughout my visiting I have appreciated the willingness and cheerful approach taken to their work by all personnel. I think CFB Comox is a first class base manned by professionals, and I would like to see that continue.

## Colours For 436

The long awaited squadron color has arrived and will be presented to 436 (Transport) Squadron on the afternoon of 10 Sept. '77 at CFB Trenton, Ontario. Several dignitaries have been invited to attend the celebrations. Confirmation of Lord Louis Mountbatten's presence is expected shortly.

The accompanying festivities are planned to span the period of 9 to 11 September, with an opening welcoming social on Friday the 9th. On Saturday, the color presentation will take place at 1400, immediately followed by a reception from 1500 to 1630. That same evening, cocktails, dinner and dance will start at 1900 hrs. Finally, a champagne brunch will take place on Sunday that 11th between the hours of 0900-1300.

Any ex-436 Squadron member wishing to attend is asked to register as soon as possible repeat as soon as possible by calling locals 3442, 3626 or 3590 in Trenton (392-2811). Volunteer workers are standing by at these numbers to register your applications and answer any queries you may have.

The total cost for the social activities has been set at 25 dollars per person. Accommodation costs will average 14 dollars (single) and 26 dollars (double) in the local Belleville-Trenton area.

**NEXT TOTEM TIMES DEADLINE SEPT. 19**



**COL. BRUCE BURGESS**



**TALKING THINGS OVER...** Air Chief Marshall Sir David Evans talks it up with LCol. Herbert and Col. Burgess during his recent visit to CFB Comox. Sir David and Lady Evans enjoyed a day of Comox hospitality.

**Air Chief Marshall Sir David Evans**

## V.I.P. Visits Comox

Editor's Note: The personnel at Canadian Forces Base, Comox, had the pleasure of hosting Air Chief Marshall, Sir David Evans and Lady Evans on August 15th. Sir David was treated to a tour of the Base facilities and even managed a little flight-time with "Stretch" Arnold of VU-33. Lady Evans was entertained with a tour of the local area and a highlight trip to the craft shops on Denman Island. Sir David and Lady Evans even had occasion to do a "splash down" at the Base pool under the watchful eye of Sgt. Dave Malloy. All in all, the Evans had an enjoyable stay at Comox and we at the Base had the pleasure of meeting two very fine people. Air Chief Marshall Evans was in Canada to officially open the Abbotsford International Airshow and while here, he toured some of Canada's military facilities. The only ones that didn't co-operate at Comox were the Salmon - Sir David and Lady Evans; we at Comox would like to say thanks for giving us the pleasure of your company. We wish you well!

The following is a resume of the career of Air Chief Marshall, Sir David Evans ... Air Chief Marshall Evans was born and educated in

Canada and was commissioned into the Royal Air Force in April 1944. Following pilot training in Canada, he served as a Fighter-Ground Attack Pilot in Europe until the cessation of hostilities. He then served in Germany until 1946 flying the Typhoon and the Tempest.

On return to the United Kingdom, he became Tactics Officer at The Royal Air Force Central Fighter Establishment at West Raynham before being appointed Staff Officer to the Inspector General of the Royal Air Force in September 1948. After attending the Central Flying School, he was appointed Flight Commander at No. 7 Flying Training School, Cottesmore, in 1951 before becoming a Squadron Commander at the Central Flying School.

Air Chief Marshall Evans attended the Royal Air Force Staff College in 1955 after which he was appointed Commanding Officer of No. 11 Squadron (Venom FB4s) in Germany. From there he was appointed Personal Staff Officer to the Commander-in-Chief, 2nd Allied Tactical Air Force at Rheindahlen in Germany. Between 1959 and 1961, Air Chief Marshall Evans was Wing Commander Flying at Royal Air Force Coltishall

in Norfolk, flying the Hunter, Javelin and Lightning; he then attended the Royal Air Force College of Air Warfare at RAF Manby.

In 1962, he was appointed to the Planning Staff at the Ministry of Defence where he was responsible for plans in the NATO area. In 1964, he was promoted to Group Captain and appointed Commanding Officer of Royal Air Force Gutersloh in Germany after which he attended the Imperial Defence College. In January 1968, he was promoted to Air Commodore and appointed Air Officer in charge of the newly formed Central Tactics and Trials Organization and in 1971 he was promoted to Air Vice-Marshal and became Assistant Chief of the Air Staff (Operations).

From March 1973 until November 1975 he commanded No 1 Group with its Headquarters at Royal Air Force Bawtry and on 29th November 1975 he was promoted to Air Marshal and appointed Vice-Chief of the Air Staff with effect from 14th February 1976.

On 26th March 1977 he was appointed Air Officer Commanding-in-Chief Strike Command, and Commander-in-Chief United Kingdom Air Forces.

## And At Quadra



**"13-GUN SALUTE"** - Rear-Admiral A.M. Martin takes the salute upon his arrival on the HMCS Quadra float, Friday of last week. The Admiral came aboard to witness the Final Ceremonial Divisions which included the renowned Ceremony of Flags. He was hosted by Commander G.F. Amundsen, Commanding Officer, and the officers and men of HMCS Quadra Sea Cadet Camp. In a fitting Naval departure, Rear-Admiral Martin was smartly rowed by 24 members of the Sea Cadet company, from the Quadra float to the Government Wharf, in a 32-foot cutter.

(Hosford photo).





**STILL NO SHAKES.** Even after 6000 hrs. flying time, Maj. Tom Goodall demonstrates that there's still no shakes in the hand. Over 4000 hr. of his time has been logged on jets, with 500 on the CF101. On hand after the landing were Capt. Paul Gill, who decided to stay and get his picture taken, Col. Burgess and 409's Co. LCol. Herbert.

## ATC News

BY DAVE BARNEY

Last weeks foul weather caught both our section and the air crew off guard after weeks of ideal VFR conditions. In a way it helped us, because new controllers on checkout had a small but important taste of just what winter controlling conditions are like. It also gave both us and the pilots a chance to bone up on IFR procedures.

Cool thinking was the order of the day when Maj. Arnold and Capt. Hummel "greased" tracker 2178 onto the runway in a near perfect wheels up landing, two weeks ago. An incident like that makes us all realize the reason for all those recalls and drills and the importance of keeping on top of emergency response procedures.

Recent checkouts include Capt. Jim Hue as a tower controller, WO Art Kirschner as a radar controller, Cpls. John Gauvin and Chris Coughlin as Ratcon and Tower B stands, respectively. By press time Capts Brian Puttock and Ted Norrie should also have checked out and joined the ranks of shift worker.

Lt's Terry Wallace and Pete Holicza are off to wonderful (yuk) Borden this week for the ATC IFR course and luck should be back for Xmas to start their Ratcon checkout. Other recent departures include Ian Wade to VR tower as a civilian B stand, Phil Lester to Ontario and John Flanagan to pilot training.

Cpl. Debbie Edwards our lady in the Flight Planning Center has done a fine job of

providing pre-course OJT training to three new B stands, keep up the good work Debbie. Finally, I would like to thank Pte Eric Howk a Tower B stand plus part time guitar picker and writer for the following short poem.

(Best appreciated after 4 hours in the Gravel Pit) Mayday, Mayday, this is November 317, I really hate to bother you guys, But I'm lost up here in the heavens, I heard you guys are pro's at finding our positions So please proceed to do so. 'Cause I'm stuck in IFR conditions!

November 317, Comox Terminal on Guard, If you read this transmission, Your cleared to our front yard, We see your blip on our Radar Scope,

And, we're raffling off tickets; you don't have a hope Son, your really stuck in IFR conditions.

November 317, Comox, turn to a heading of 038, That should put you somewhere between here and Comox Lake

My steak is burning of the grill 317, I'll give you another call around quarter to eleven,

All of us down here understand your situation, But you're in a terrible state of IFR conditions,

Comox, November 317, Check I have the airport in sight, Thanks alot for your kind words,

I should be able to land alright, I'll spread the word around with all dedication,

That Comox Terminal helps you get down, When you're stuck in IFR conditions.

## Wally's Back

A poem:  
"WALLY'S BACK!!",  
The cry went out.  
And folks began to cheer.  
"He owes me cash!!",  
"He's got my tools!!",  
"The bum owes me a beer!!".  
But Brownie groaned  
And shook her head.  
"It's golfing season now.  
When things get tough  
And I need help -  
THE GUY IS NEVER  
HERE!"

**PROMOTED AND POSTED.** Just before his departure from the sunny Comox Valley for the wind-blown streets of Toronto, Sgt. Sonny Erickson gets the word on his promotion to the rank of W.O. Congratulations on the promotion and best of luck with the posting.

## Nighthawks Nest

As the long hot summer draws to a close replacements for the first team departures start to arrive allowing the hangers of the first team to take a break and put up their feet and relax. The Fonz didn't win the B.C. Open, but he came very close. Except for a bad break on the tenth hole he would have taken the apples (Old man talk for the marbles). He only got one apple and that wasn't of the golden variety so he threw it away. The Fonz final score was something unbelievable but it appears that he was disqualified for hitching a ride for the last eight holes. Not being a golfer, most of that doesn't make sense to me but then I haven't stolen apples for the last twenty years and then never along the edge of a Golf Course.

Nighthawks landed at Abbotsford to allow 409's answer to Evil Knievel, Madders Gladders, to close the show. As the world famous Thunderbirds (by special permission of General Dixon for his friend) wheeled overhead in salute Madders put on a solo show featuring back wheelies, front wheelies and the old Indian jump over, last performed by Jack Pallance when he was Torriano in some Indian movie....Thanks to St. Johns Ambulance for sewing Madders together again - and he isn't even Catholic.

The Wart has left for mothers to learn all about Easy women and all ankles should be healed by the time he returns in January. Rich Smaller is also at mothers but he will, or should, have an easier time than the Wart because he took his own woman. Frank Martin visited the Wart on his second weekend away from home when Richard Lorne made his third Farewell Trip prior to retiring.

409 bid a tearful farewell to the aforesaid Richard Lorne Borys in May 76, December 76, and August 31 1977. He never did get the Mess load done to the satisfaction of those that care and so will be probably on the first recall in the fall. Dick started out in this business before some of us were born and is one of the

few aircrew who have been around longer than the Voodoo. He will be sadly missed by those of us younger troops who were taken under his wing and taught the finer points of this here Intception game.

Also departing is Yash Paul Gill, 409's answer to Paul Josef Goebbels. Paul, both of them, has been around longer than Dick and his departure is viewed with some trepidation in the navigator world. One of them has to sleep on his bed of nails in the Queers Relaxation Arena. Paul spent most of his final six weeks with the squadron away on a top secret mission to the homeland of Paul Josef. His last mission was to the land of the big BX meeting with negotiators on the Panama Canal Treaty.

Both of these gentlemen, and a few others will be replaced by Major Bob Applewater. Bob really has very little to learn about our operation - he has failed it twice, once in the old days of the CF100 and more recently on the Voodoo.

Dick and Paul have departed the Fix but they could have remained behind to show Bob the finer points. Bob comes to us by way of Comox, Cold Lake, Ottawa, Comox, Syracuse, Bagotville and Ottawa. A round about route but then you don't know Bob.

## Mushroom Mutterings

Yes, brothers and sisters, Wally has returned to us from the frozen tundra. Now each morning we can stare across the 6 Supply Group counter at two bleary eyeballs and hear how tough that Nineteenth Hole is.

Search-wise, things have picked up in the past couple of weeks. Heavier-than-air flying machines going missing all over the place. Word has come down from the Labrador pilots that they are starting a movement to ban all fixed-wing flight in Canada. Gentlemen, please! You must be kind to the less fortunate that get confused with more than one stick in their hands at any one time. In your next life, you could be a bus driver on the Boeings!!

Last week, there was a frantic call back to 442 Ops by the Labrador crew in Kamloops requesting a new blade. It took some time to

convince the young Lieutenant in Ops that the pilot meant for the helicopter, not his razor.

Pararescue Section received a new aluminum boat and told they had a year to carry out User Trials. If Wheeler and Brown get their hot little hands on it, the trials can be finished in two weeks ... and so will the boat.

All sorts of good things have been happening at that end of the Mushroom Farm this week. Word was received that as of September, the Pararescue Section will be increased to 22 bodies from the present 10. Good!! Now maybe you can supply some

help for parades, etc. A special bow goes to Cpl. Gaudreault who is now Master Corporal Gaudreault. Just think, the new Leaf and twenty cents will get you a coffee in the Canteen.

The Labrador Flight Engineers are urged to securely lock away EVERYTHING!! "Shark-bait" Brown is on the warpath after last Friday night. He had to go flying Monday in a borrowed flying suit. In his case, it doesn't pay to advertise!!

Those of 442 still vertical at last weekend's Biergarten waved a sad farewell to Bob Goldie as his wife floated him

homeward. He finished up his final clearances and now is off to take up residence in Prince George. It must have taken a Chinook to lift his head off the pillow on Saturday. To Bob, all the very best on your new career as an Executive Pilot.

May all your flights in future be CAVU ... that way you won't get lost and 442 won't have to come and find you!

There are several new bodies wandering around 442 lately, and once again is heard the dreaded call, "BUT SIR I'M A RESERVE!!" (Chiefly is still cringing from the time he heard that from me.) Servicing has now started the new shift.

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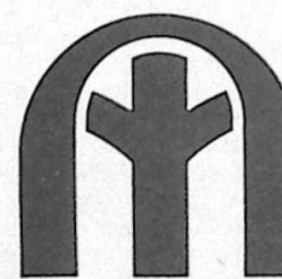
- Watercolors by Roxanna Hoffman, Cortez Island

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- Oil painting and drawing lessons by Elsie Griffiths. There are still a few openings left in some of the classes
- Lessons in watercolors and acrylics by Mary Ann Arnold begins Wed., Sept. 14, 10 - 12 noon - \$1.25 per hour

Call Elsie 338-7855 for further information on above classes

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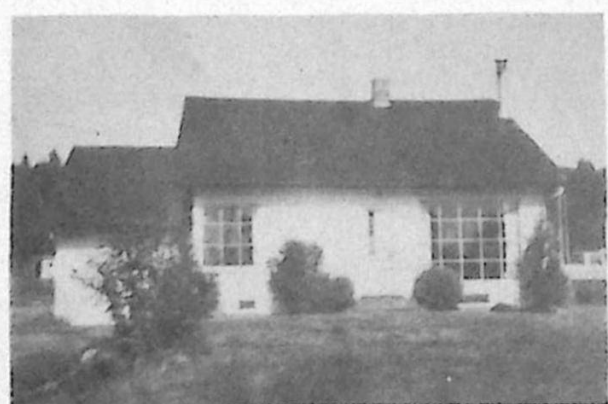


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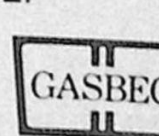
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## The Nice People



**M/Cpl. "Rusty" Rutherford**

This issue we'd like to introduce to you the smiling and amicable "Rusty" Rutherford.

M. Cpl. G.H. "Rusty" Rutherford is a Safety Systems Tech here at CFB Comox and hangs his hat over at the Safety Systems Section in Hangar 7.

Rusty was born in Newcastle, England, and emigrated to Canada in 1947. Eleven years later he joined the good old RCAF in Victoria, B.C., as a Safety Systems type. Rusty has spent tours in Winnipeg, Cold Lake, 4 Wing, Moose Jaw, and finally in Comox.

According to Rusty, the highlight of his career thus far was his tour in Moose Jaw -- yes, he had a super time right in the middle of sunny Saskatchewan. The pleasure there was his involvement with the Snowbirds Aerobatic Team. Rusty spent a couple of years with the Team as the Safety Systems specialist, and during that time spent many wonderful hours travelling with them. The travel, working conditions, and the people were all contributing factors to making the job great, but according to Rusty, the unique opportunity provided whereby he was totally in charge of Safety Systems for the team was the most pleasing. It provided a total involvement with the men and aircraft.

Rusty with wife, Win, and sons, Georgie and Jim, reside in PMQ's. He has a personal interest in the community and takes an active part in community activities. Rusty serves as deputy teen co-ordinator between the Community Council and the Base teen organization. As well as these activities, Rusty enjoys hunting and fishing, and is an active taxidermist. He is an ardent modeller and is a commercial artist of great talent. It is in this area that Rusty perhaps contributes most greatly to the Base. Many of the awards and displays that we are familiar with at CFB Comox are products of his talent. He, in fact, still does much of the art layout work for the Snowbirds.

Rusty and family hope to settle in Lloydminster, Saskatchewan someday (or Comox, he says with a small grin).

To Rusty, we at the Totem Times dip our hats -- Rusty Rutherford, you are truly one of the

NICE PEOPLE!!

## Demon Doin's

Summer is almost over and the kids will be going back to school and all Demons are returning from leave - or are the kids returning from leave and .. whatever!

Crew Six returned from their Norpat despite technical difficulties. Gale said that they had to fly to Edmonton because there were no aircraft jacks in Yellowknife. That's funny - we thought it was because Yellowknife ran out of wine.

A good time was had by all present at the Crew Three bash. Gord Greer introduced his new best seller "All I Know About Navigation" to rave reviews. Rumor has it that John Stevens spent the whole of the next day reading this unique book. Wonder if his mind was a "blank" afterwards?

A mug party was held for Fred Sander on Friday night. He's packing his "Argus sheets" for Trenton to fly in the Hercules and ATG.

In intersection softball, the Demons lost to Base 442 Sqn. in the semi-finals. Many thanks to the guys who came out and played. And to those people who didn't, you sure missed a lot of fun!



**FAREWELL GET-TOGETHER.** VP407 technical staff wished our departing SAMO Maj. Don Poole and welcomed Maj. Gary Cooper SAMO, all the best at an impromptu get together 11 Aug.

Group photo depicts participants as following: front kneeling L-R. WO Forget (D-ARMO) Maj. McMillan (XO), Lt. Harvie (ARMO), Maj. Poole.

Lt. Dyer (AVSO), Maj. Cooper, CWO Bush (TechAdj.), Capt. Williams (AMCRO). Rear standing - MWO Soucy (D-ASO), MWO Jefford (D-AVSO), Sgt. Leger (Log Control), Mr. Mitchell (Log Control), Cpl. Bayley (MOR), Sgt. Engelmyer (TTO), WO Hetherington (D-AMCRO), Mr. Gooding (Log Control), CWO (retired) Fee.

## 409 Arm't Check List

The competition Load Team has returned from the North American Air Defence Command Load Competition with a very acceptable third place finish. The competition was held at Tyndall AFB Florida, from the 2nd to the 12th of August, with a total of six CF 101 Voodoo Load Teams competing. Canada took the first three places with CFB Bagotville placing first and CFB Chatham taking second place. The team consisting of MCpl. Ian Black, MCpl. Dave Allison, Cpl. Hal Fuhr and Cpl. Danny Laviolette would like to extend their appreciation to all who helped during the training period here at CFB Comox, in particular, MWO Ken Greer, Sgt. Paul Dobson, MCpl. Bob Marshall, Sgt. Alex Ingram, MSgt. John Wood and MSgt. Richard Epler.

The load section would like to welcome Cpl. Mike Lowe to 409 Sqn. Mike just arrived from Bagville with his wife Carole. His interests are hunting, scuba and fishing. Welcome Mike!

Pte. Ace Bailey has just successfully returned from his POET Course in Kingston and will be with us again for a short while prior to his posting to Europe. Welcome back, Ace.

With autumn, men's thoughts turn to flag football. And now that Gerry is back from leave, practices will begin shortly.

**WEIGHT OF OFFICE.** Maj. Poole is posted to Ottawa where he will be taking up duties in the DGAEM-DAPM. dept. We've finally realized why he has been so round shouldered and stooped in appearance lately. Don has been carrying a large ball and chain depicted here with various trials and tribulations experienced over the past three years. i.e.; Aircrew, Flt. Safety, Ground Safety, and the Technical Organization. It should be noted that they are shown in alphabetical order; not necessarily in the order of priority.



**BB**

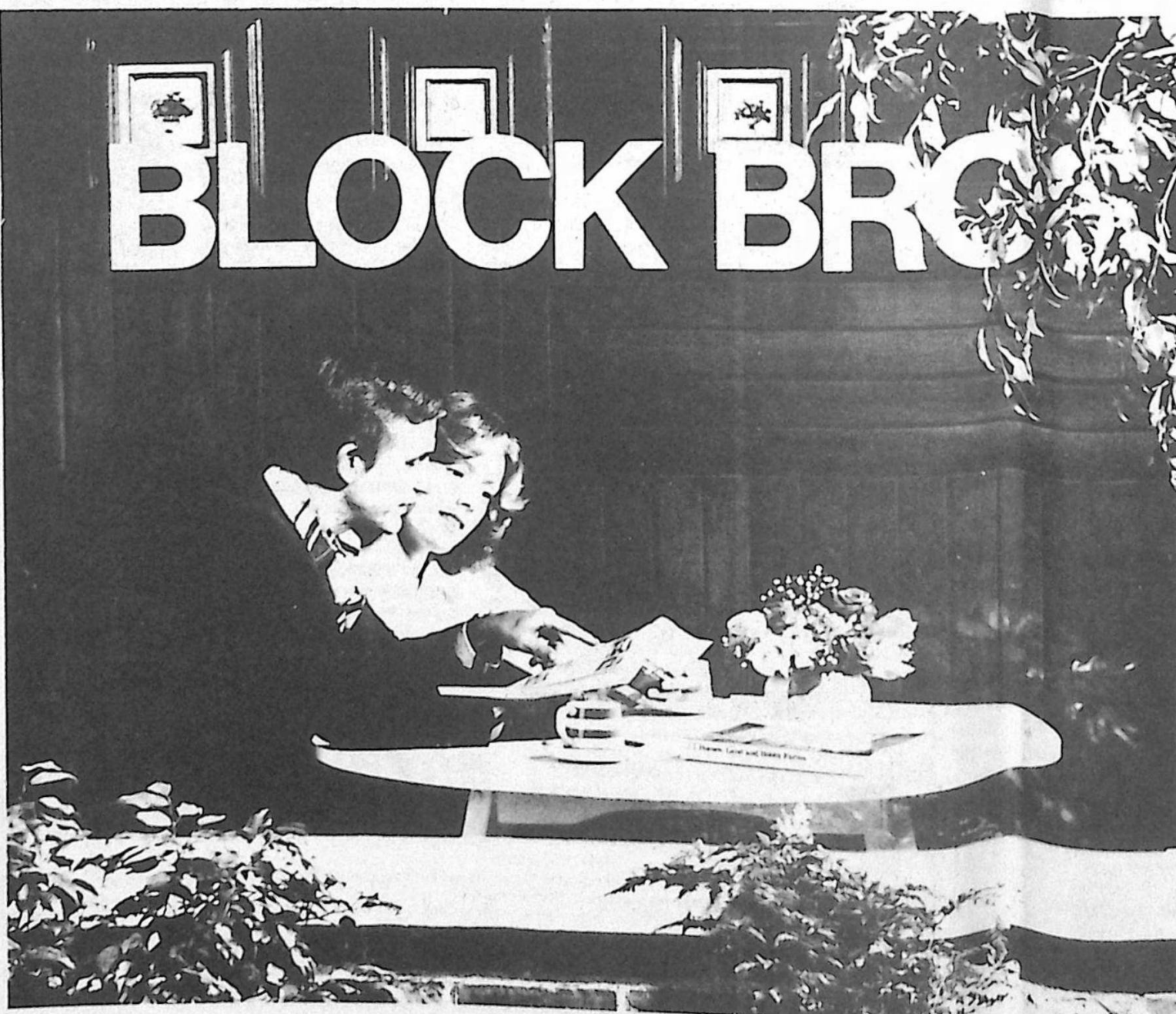
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# EDITORIALS

## In Defence Of A Multitude Of Generals

When the Canadian Forces were fighting the Korean War and had just started out NATO commitment, our land field forces in Korea and Europe totalled between 13 to 14,000. At this time we had a Lt. Gen. running each of the three services.

Now with the strength of the forces in the now 70,000s with approximately eleven thousand dedicated to land field forces, we have a full general and a multitude of military and civilians with LGen to BGen rank or status.

The top heavy rank structure has been subject to question and criticism. If

we search military history we can usually find the answer or a good reason for military actions. I believe I have found the answer for so many senior positions. The Battle of Borodino fought between France and Russia in 1812, was a French victory but it cost 25,000 casualties and 30 generals.

It is disquieting to realize that we would have to increase our field forces by 150 per cent to sustain these casualties but very reassuring to know that we could lose that many generals without impairing the efficiency of the Canadian Forces.

D.W. Hardy

## It's Your Money

What should you know before signing any contract? You have probably heard most of these details before, but if you haven't or if you have forgotten them, please consider these items. You should only deal with a reliable firm. Ensure that the company can and will likely keep their end of the transaction before you sign the contract. If in doubt check the firm's reputation. Do not get taken by a "fly-by-night" outfit. If there is a Better Business Bureau in your community, ask them!

Read the contract very carefully before you sign it and have any dubious items explained to you. Beware if the agent tells you that "this clause does not apply to you". If it does not apply to you, have him scratch it out and initial the change.

Keep in mind that any oral agreements between yourself and the seller that are not written into the contract are usually not binding.

Do not sign contracts with blank spaces. All spaces should be filled in or stroked out before you sign. To be sure there are no alterations, keep a copy of the contract.

Once you have signed the contract you are committed. The only way a change or cancellation of the contract can occur is if both the buyer and seller agree to it. There is however a BC provincial law which provides for a 72 hour cooling-off period. This means that within 72 hours after signing the contract you can cancel it provided you return all goods. This law only applies to door-to-door sales, as to apply this law, the contract must have been signed in your home and the goods must have been purchased on credit.

If you were to purchase goods on

credit by signing a contract rather than credit cards you would most likely be signing a conditional sales contract. This type of contract is most common for buying cars, furniture and other expensive items. With conditional sales contracts, you have possession of the article but you do not own it. The seller owns it until you have made all payments according to the contract.

Some contracts use the term "as is", meaning that you assume responsibility for determining and accepting that condition. So if you buy a car "as is" and find there are needed repairs, you must pay for them.

Guarantees in contracts are often mysterious. It is seldom clear exactly what repairs or replacements are covered by the company or which ones you must pay for. Ensure that the guarantee is specific and lists the terms of that guarantee. It is interesting to note that "guaranteed for life" does not mean your lifetime, but rather the lifetime of the article you have purchased.

By law, minors are treated differently than adults when contracts are the issue. The difference is in the case of contracts which are made for non-necessities of life (i.e. articles other than food, clothing, lodging, medical services, etc.) Therefore, if a minor signs a contract for non-necessities, he has the legal right to cancel the contract providing he can return the goods.

If you have any questions concerning contracts, see a lawyer. He has the expertise and his fee will probably be less than your loss on a bad contract. Or better still, if you want free advice call Mr. Frank Steggle who is in charge of the Department of Consumers Services branch in Nanaimo at 753-7151.

## CF Social Work Services

"I didn't know the CF employs social workers. Is that the same as the PSO Chaplain Psychiatrist?"

These and similar reactions are common when one is introduced as a military social worker. It is with this in mind that the following is presented.

**HISTORY**  
Professional social workers have been recruited and employed in Canada's Armed Forces in a variety of ways from WWII to the present. During the war, social workers, as commissioned officers (SWOs) worked in all three services. Disbanded after the war, recruitment did not take place again until 1952. In the intervening years however DND commissioned a study to look at the need for recruiting social workers. The resulting "Hendry Report" recommended that the service should in fact do so and this advice was followed by the RCAF and later by the RCN. The Canadian Army continued for a time to rely on regimental officers and chaplains to deal with social work problems.

With the decision in 1966 to integrate the forces, social work services were expanded to all three elements and an establishment of 24 positions was created. From then until now recruitment to the social work "branch" has been through a combination of direct entry recruiting and post-graduate training for in-service officers.

**RATIONALE**  
Why is such a service provided for by the CF? Simply put, membership in the CF does not free an individual from the normal range of personal, family and social problems which are common to most people. In fact, the unique pressures of service life may highlight situations which would otherwise go unnoticed. Frequent moves, extended separation from one's family, remote postings, the requirements of a relatively disciplined lifestyle can, at times present problems for the individual and his family.

Since it is within the military system that problems and stresses appear, the military has provided a number of outlets. The Divisional and Regimental

Systems for example exist in part to provide for the resolution of the day-to-day crisis which invariably occur.

There are times however when a measure of assistance and referral or consultation is required which is beyond the ordinary capacity of supervisory and administrative staffs. In such cases, the military makes available to both members and dependents social work resources similar to those which are open to the general public.

**AREAS OF COMPETENCE**  
The job of the military social worker is outlined in broad brush terms by certain administrative orders, especially CFAO 56-15. Although at least eight specific areas of competence are listed there (for example, compassionate problems, marital problems, misuse of alcohol, cases of serious personal adjustment), each SWO has both specific demands placed on him and certain avenues open to him by reason of the special circumstances of a given command, base or unit.

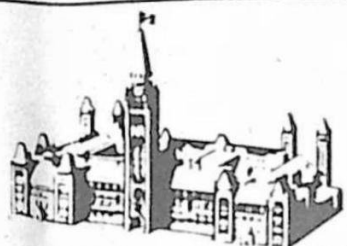
Since for example the Pacific Region has within its boundaries an extended alcohol treatment program for CF personnel, it makes sense for the SWO to plug into such a useful resource. This in fact has happened: for the past four years the SWOs have been part of both the referral and the treatment aspects of the BARS program at CFB Esquimalt.

**MAKING USE OF THIS SERVICE**  
The CF Social Work Service is available to all service personnel and their dependents. Service members may request an appointment with a social work officer through section heads or personnel administration officers without disclosing the nature of the problem vide CFAO 56-15. Here at Comox the Regional SWO makes a monthly visit and appointments can be made by calling the BOR at local 279. If there is a degree of urgency the BPAdO can make arrangements for the individual to either talk to the SWO by telephone or arrange for him to travel to Victoria and as a last alternative, subject to the degree of urgency, arrange for the SWO to travel to Comox.



Maintenance Major Adds Colour To International Air Show

## OTTAWA and Small Business



### A Trophy Case

by JIM SMITH

There are days — many of them — when one believes, passionately, that the federal government offers prizes to selected departments. The winning departments are those which come up with the most bizarre and least sensible programs.

Obviously, competition for these prizes must be fierce. Nonetheless, the Unemployment Insurance Commission deserves to hold a substantial share of the awards.

The U.I.C.'s intention is admirable: to ease the pain caused by involuntary lack of work. The effect, however, is different from the intent; often, it seems the U.I.C. is responsible for creating unemployment. Certainly, this has been a frequent complaint voiced by members of the small business community.

The Commission's treatment of Canadian auto workers provides an interesting example of the U.I.C. at work.

Every summer, the auto manufacturers shut down to retool their factories for the new models. The shut-down can carry on for 6 weeks or more. During this period, workers are laid off.

Normally, any worker who is seeking unemployment insurance benefits is required to register first with Canada Manpower. Any worker who is not available for work — or refuses work arranged by Manpower — loses all unemployment insurance benefits.

Auto workers are differ-

ent, though. They are not required to register with Manpower. For the first two weeks of the annual layoff, they collect holiday pay. The next two weeks constitute the statutory waiting period. Then they become available for regular U.I.C. benefits plus a special supplementary benefit organized by the auto companies. Taken together, these benefits equal 95 per cent of a worker's regular pay.

Other laid-off workers employed by big firms get similar treatment. The U.I.C. has a special provision for mass layoffs of less than seven weeks' duration; under these conditions, the Commission is allowed to waive the requirement of registration for employment.

This arrangement has serious implications for all Canadians, not the least being the gift of paid holidays to employees of the Canadian taxpayer for certain classes of workers. The Canadian Federation of Independent Business points out, quite rightly, that workers who are laid-off for any period by a small employer must register immediately for their unemployment benefits. When the small employer is in a position to recall the worker, that worker may have been forced to accept other employment; then the employer must go to the expense of training a new worker. The auto companies don't face this problem.

Yes, the trophy shelves at the U.I.C. must be crowded with coveted government awards.

## Sticky Fingers And Project Save

Many stores today can fairly be described as a shoplifter's idea of heaven. Row upon row, tier beside tier, stack in front of stack — all the goodies laid out ready for touching and taking. Do the storekeepers mean to tempt us? Of course they do, but there is temptation and there is temptation. What the enticing array is meant to do is tempt us into putting our hands into our pockets to purchase the items displayed.

But why should we pay? The shopkeepers have plenty more — they won't miss just one of these, a few of those or a bundle of that. The answer is obvious — shoplifting is not just a fun thing — it is dishonest and it is stealing. Those who are caught and convicted acquire a criminal record and, rather than adding to one's macho or status with the gang, a criminal record is a decided impediment to securing many types of work. Whether the publicity of the court proceedings and sentence is a sufficient deterrent, we do not know, but it would have more effect on those who steal (yes, let's use the word steal not shoplift) for kicks than on those who steal from hunger or real need.

But you don't steal do you? Why does all this concern you? Plainly and simply because you — the purchasing public — pay for the goods stolen by the sticky-fingered fraternity. In many cases, the retailer starts by bearing the cost of stolen goods as overhead, but, when his losses become too heavy, it must be recovered by increased prices on the remaining goods. You and I pay for the goods stolen; and if we are to pay the piper, we should be allowed to call the tune.

Who is concerned? Why this commentary in a business editorial? The first and obvious group showing concern is the retail industry. It is concerned about the theft of merchandise for which it has paid. It is getting tougher and tougher with offenders,

particularly the juveniles who were formerly let off with a lecture and turned loose to roam the neighbourhood looking for another mark.

The other major group showing concern is the police and it would seem that their objective is two fold — to stop the thefts and to change the attitude of juvenile offenders who regard shoplifting as a prank, something to do on a dare or just fun. The identity of a juvenile who commits a crime is not made public, but a juvenile who is arrested and convicted still gets a police record and that record can ruin its owners chances in life, chances in higher education and in employment. And parents — do they sometimes turn a blind eye? Do they always know where their children obtain the things they bring into the house? Do they set a good example?

Many of us are not retailers, we are not members of a police force and we are not parents. This does not mean that we can shrug off the problem of shoplifting as something that affects the other guy — the "I'm all right Jack" sentiment. We ARE involved — we help pay the cost, and we are subjected to the lowering of moral standards, a lowering that will be accelerated if this trend is not reversed.

There is a way to help: there is a campaign being waged against shoplifting. In May, 1974 Project SAVE was launched. SAVE derives its name from the words — SHOPLIFTING AFFECTS VIRTUALLY EVERYONE. Retail organizations, large and small, in co-operation with the Vancouver Police Department and The Vancouver Board of Trade started an advertising promotional campaign to discourage the casual or amateur shoplifter from further activity.

The two principle objectives were the education of all Vancouver residents about

Dear Sir:  
Re: CFB Comox Special - Saturday, July 23, 1977.

It was with much interest that I read the special edition of the Totem Times that was published to honor "Armed Forces Day 77". However, I noticed that one vital section of the base had been omitted. Thinking that I must have overlooked it, I searched and searched, but to my great dismay — nothing! All other areas of the base were covered, from squadrons to meteorological, from Base Comptroller to switchboard. All were there, each one proud of the party they play in the operation of CFB Comox. All but one, that is.

Where oh where was M.S.W.E.? M.S.E. maintenance shop was mentioned, but what about the M.S.E. Heavy Equipment, M.S.E. drivers, and M.S.E. refuelling sections? The M.S.E. is responsible for the delivery of daily rations of the "A", the weekly hospital run to Victoria, the manning of ambulances, and the refuelling of all base aircraft, just to mention a few of their daily obligations.

It must be disappointing to feel that you are a part of a team and then have your own base paper overlook the fact that you even exist.

I am sure that the fellow take great pride in their work and don't expect any special praise for a "job well done", but I am also sure that any of us that contribute to a team effort appreciate being recognized for the part we play on that team.

Sincerely,  
Mrs. Donna Messer.

## Did You Know?

That in 1940, the Blackburn Company of England designed built, and tested a medium-range flying boat which had a retractable hull.

That the last remaining Supermarine Stranraer flying boat has been refurbished and is on display at the RAF Museum at Hendon, England.

That the Short Sunderland flying boat was nicknamed "Stachelschwein" or "Porcupine" by the German Luftwaffe.

That the most formidable flying boat operated during WWII was the Kawanishi H8K "Emily" of the Imperial Japanese Navy. One example remains, in storage at the U.S. Norfolk Naval Air Station, Virginia.

That the largest twin-engined flying boat built and flown by an combatant during WWII was the Boeing XPBB-1 "Sea Ranger". It had the capability of remaining airborne for seventy-two hours.

## CNA TOTEM TIMES

Published every second Thursday, with the kind permission of Colonel B. T. Burgess, Base Commander, CFB Comox. Second Class mail registration is 2098.

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The largest car ever built was the Bugatti "Royale" of which only six were made. It measured over 22 feet in length and the hood alone was over 7 feet!



# Change Of Command At C.F.B. Comox



Base photo

## 409 Squadron Salute

## Official Signover



COL. R.L. MORTIMER, and Col. B.T. Burgess sign the change of command papers, putting Col. Burgess in command of C.F.B. Comox. Col. Mortimer has now left for Kingston and we wish him continued success with his new assignment there.

Base photo

## Farewell Address

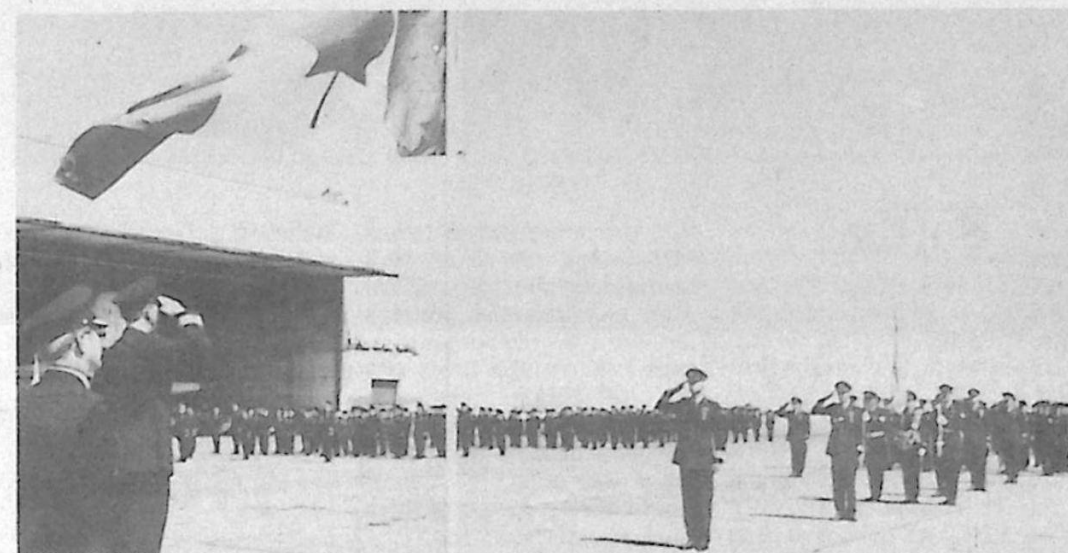


Base photo



Base photo

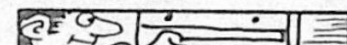
## March Past The Colors



Base photo



Base photo



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x7384	F78-14	54.55	24	\$40.10
x7385	G78-14	59.95	26	\$44.05
x2749	H78-14	64.60	27	\$47.50
x7364	F78-15	55.30	25	\$40.60
x7365	G78-15	60.65	27	\$44.00
x7386	H78-15	65.25	28	\$47.50
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# Sports Beat Comox

## Intersection Softball Champs



### Softball

The 1977 Inter-Section Softball came to an end on the 23 of Aug. After a hectic season which saw, for the first time in the League's history, NO postponed games due to rain.

The five team league was a race right down to the finish. The MP-USAF team wound up in first place, 409 was second

and the other three teams 442, 407 and the Fire Hall teams were all tied for third. After an elimination between these three, the semi-finals were held and the finals saw the MP-USAF team go against the 442 squad.

What proved to be the final game was played on the 23 Aug. and the 442 team were worthy challengers but to no avail. They scored 5 runs

### Glacier Greens

Sunday, August 21, saw a full field out for the popular Mr. Mike's Annual 2 Ball Pick Your Partner tournament. As usual on completion of play Ross served a very nice lunch.

Before announcing the winners, Ross told those present that next year would be an extra special event, a 5th anniversary. A handsome silver trophy donated by Ross went to the grand winners Jim Fielding and Michael Berger (Jr.), who were closely followed by Rick Cote and

Clint Perry (Jr.). Several prizes of free dinners at Mr. Mike's were also presented. Ross concluded by saying that a putting trophy will be up for competition in future, named after some member of the Glacier Greens Club.

Larry Cote (Team Captain) thanked Ross for his generosity and then announced plans for the Club Championship which will be held September 17 and 18th for both ladies and men.

including a Grand Slam but ended up on the losing side of an 11-9 count.

Thank you to all the officials who helped make this a most enjoyable season for all.

Our congratulations to the winners and our condolences to the losers.

Remember you really didn't lose you just postponed winning until next year...

## 116 ATU REUNION

All members and associate members are invited to CFB Trenton for our Second Annual Reunion.

HELD FROM 30 SEPT. 77 TO 2 OCT. 77

Please come and we'll have Fun and Food, with Friends and then Farewells.

Send all replies to: MCpl Northey  
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COME OUT AND HELP REUNITE 116 ATU



Although water freezes at 32 degrees F., salt water freezes at 28 degrees F.

### Jog Jog

Another Chap from CFB Comox has reached a milestone in the Physical Fitness Award for Aerobic Excellence.

Capt. M.J. Haines has just completed his 1200 units (1 unit per mile) in 12 months, plus, having achieved level 5 in his last three Semi-Annual PT tests. This accomplishment now qualifies him to receive his first Aerobic Excellence Award, which, is a scroll, from NDHQ-DPERA.

At present there are approximately 60 personnel doing their daily jog and are building up their points towards either their first or higher awards.

The requirements for this AWARD can be found in CFAO 50-1 ANNEX E. For further information contact the Rec Centre at local 315.

### And Run

OTTAWA (CFP) - Members of the Canadian Forces at National Defence headquarters are physically fit.

At least that's the result of the latest testing held at CFB Ottawa South late this spring and early summer.

984 men and women were tested and 323 scored an excellent rating.

The survey, carried out by Captain Bill Buck, base physical education and recreational officer from CFB London, Ont., and his staff, involved running a mile and a one-half in 13 minutes, 30 seconds for men over 40 years or walking two miles in 26 minutes. The times change according to age and are also slightly more in each category for women.

In previous years testing has been carried out using the 5-BX system for men and the 10-BX for women.

The program will be completed this Fall when the remainder of the 2,200 NDHQ military personnel will be evaluated.



Operation Life/Style

Lifestyle is seeking out balanced nutrition and avoiding miracle diets.

## Up Earl's Alley

A special "Salute" to Kip "The Whip" MacLean and his Totems. They certainly were the class of the Pacific Region Softball Championships. It just goes to show you that there is no replacement for sweat and hard work. At times the players would get a bit grumpy at the "Whip" but, it certainly paid off. (Training that is). The team made very few mental errors and played excellent ball throughout the Tournament. Kip and the boys are now off to the Nationals which will be held at CFB Winnipeg the 18 - 23 Sept. Under the guidance of the "Whip", whose experience dates back to Noah, they should make a good account of themselves.

This could be a bumper year

for us (CFB Comox) this year in the sporting world. The Soccer team should win the Pac Region Championship and the Golf team are a sure bet to win their tournament at Chilliwack. The Soccer Nationals will be held in Montreal in October and the Golf hold their fling in Trenton in late September.

Dave Molloy and Anastasios Athanasopoulos, that is spelled correctly now try and pronounce it, sure did a bang up job on the Ball diamonds for both the Small Base and the Large Base Softball Tournaments. Dave and Apollo are new arrivals here at CFB. Dave comes from Alaska and Apollo from St. Jean. Ty Carrison as Tournament Organizer did a great

job and Ev Swann certainly took care of the publicity and statistics. Ty and Ev are also new additions to the Rec Staff and Ty hails from Dana and Ev from Kingston. Chub "STEADY EDDY" Lenz really did a bang up job on the Banquet and Accommodations as always.

The North Island Hockey League has expanded for this coming season so fans should be in for some exciting hockey. Port Alberni and Powell River have joined Courtenay, Campbell River and Parksville to form the five team league.

Capt Earl Morris sure did a great job in covering the PERI's involvement at the Olympics in the latest edition of the Sentinel. Earl is presently in Training Command and works in the PERI head shed there.

Well the Golf team did it, again? Not only did the team of Bob "Old Rye" Marshall, Frank "Nierstein" Creamer, Dennis "The Menace" Hillier, Wally "Golden Glove" Berger and Earl "The Pearl" Thompson win the team laurels but, George "Old Smoothie" Abrie won the overall low gross championship for the Pac Region. Other than a bit of the proverbial dew at times, the tournament was well hosted by Chilliwack.

### CFB Comox Totems

## A Win And A Share

Well the Totems have won again and, again. Over the past weekend they not only won the "A" League of the BEER LEAGUE, I prefer to call the Courtenay and District League, but, are also co-holders of the league play-off championship.

On completion of the regular schedule the Totems and Gulf Coast Construction were tied at the top. This set the stage for a playoff game on Saturday 27 Aug. Behind the superb pitching of John "The Man" Gailey and a clutch two run homer by Gary "Buggy Whip" Farthing the Totems eked out a narrow 3-2 victory and were declared the league winners.

A League tournament was held and once again John "The Bionic Man" Gailey pitched and pitched and pitched (34 innings over the weekend) and this performance combined with the heavy slugging of Doug Obermeyer (3 run homer in a

5-2 win) and a timely homer by Ray White in the final game in the seventh inning with the Totems losing 5-3 with two out, which, forced extra innings and eventually the co-championship, combined for "Totem Power". This game was called after ten innings and with the score still tied both teams were declared winners...

The League All Star team was named and the Totems not to be denied placed three players on this elite squad. They were, Bill Hill League MVP and top pitcher, Harvey Herauf - All Star Left Field and Sly "Long Ball" Wilburn won the All Star Centre Field position. In my books there is still another All Star and that is in the position of Coach and, if they had of picked one, it would have been none other than Kip "The Whip" MacLean of the Totems. Well done all and good luck at the Nationals.

### NOTICE

The Monthly Meeting of the Catholic Women's League of C.F.B. Comox will be held Tues. Sept. 13 at 8 p.m. in the Parish Hall. Mass will be celebrated at 7:30 p.m. in the chapel. All ladies are welcome.

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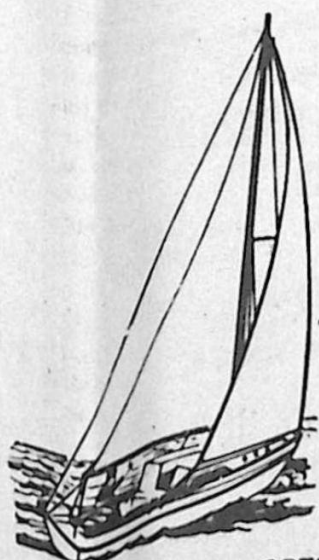
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# Rec Gen . . .

## Hockey

**MINOR HOCKEY HELP REQUIRED IMMEDIATELY**  
Notice to Parents of children wishing to play Minor Hockey for the 1977-78 season:

Due to the lack of interest of the Parent's, the Comox Valley Minor Hockey Association is approaching the "Fold Up" stage.

We need interested Parent's for the following positions:

1. Coaches.
2. Assistant Coaches
3. Team Managers
4. Timekeepers
5. Referees
6. Help with Equipment and Services.

We will have approximately 500 boys registered for the season but, if no volunteer help comes forward we will have to close the doors.

We offered a Level 1 and 2 Coaches Clinic, at no expense to the individual, for the last week in August. The result was NO RESPONSE.

This is a volunteer organization. If there are no volunteer's, NO organization and NO hockey for your boys and girls.

Any volunteers or questions all the CVMHA President, Mr. Bob Lynch after 6 p.m. at 334-4698.

The next player registration will take place at the Comox Valley Sports Centre, Sat. 10 Sept. from 10 - 3 p.m.

Thank you to the people that did show interest in the Clinic.

### PLAYERS WANTED

The CFB Comox Totems Hockey Club will not be operating in the N.I.H.L. this coming season.

The Totems will be put together sometime in the late fall in preparation for the Pac Region Championships which will be held here in Comox at a date to be announced.

In the meantime if there are any of you that would like to participate in the aforementioned League with the Courtenay Elks, give Gary Martin a call at the Credit Union in Courtenay. They are looking for players of a high calibre and I know there are some of you around.

The legality of playing for a civilian team will be explained to those interested by contacting me, Earl Thompson at the Rec Centre local 315.

I will be holding a Totem tryout camp at a later date and one thing we would appreciate is the fact that those of you that do play downtown would come out and support our Regional team. Dates, times etc. will be promulgated at a later date. In the meantime; keep in shape...

## Flag Football

CFB Comox will be hosting the Pac Region Flag Football Officials Clinic in preparation, not only for the local Inter-Section League, but also the Regionals which will be held in the Fall.

The Clinic will be held the 12-15 Sept. 77 and will be conducted by M-Cpl. Jack Blair, ex CFL Official. We here at CFB Comox are very lucky to have a talented man like Jack around to handle this event.

If you are interested in becoming an official and at the same time assist us in running the Inter-Section League please call the Rec Centre and pass along the good news to M-CPL. Ev Swann at local 315.

## Golf

The Pac Region Golf Championship for 1977 is now history, and, M-Cpl. George Abrie from CFB Comox is the new Champion.

The twenty seven hole event, had to be shortened due to RAIN, was hosted by CFB Chilliwack and was played on the Meadowslands Course and the plush Chilliwack Golf and Country Club.

Comox placed 3 golfers on the team that will represent this Region at the Nationals which will be held in Trenton the 18-25 Sept. '77.

The three men were, M-CPL. George Abrie, Capt. Frank Creamer and M-CPL. Bob Marshall. The Comox team of Wally Berger, Frank Creamer, Dennis Hillier, Bob Marshall and Earl Thompson won the team Championship for Comox.

M-CPL. Wally Berger had a bit of tough luck as he lost out in a playoff for the right to represent the Region at the Nationals.

## Basketball

If there should be enough interest there will be or I should say, could be, a girls basketball at CFB Comox.

This team could compete in a League in Courtenay and if there are not sufficient numbers for a team the individuals could join up with other local teams.

For those that are interested give Norman Rowland at CE Elect. a call at local 232.

## Tennis

The 1977 Pac Region Tennis Championships will be held at CFS Kamloops 19, 20, 21 SEPT. '77.

There will be an open competition in Singles and

## From The Jock Shop

Doubles. If entries dictate a team competition will be included. Team will consist of four players competing in both singles and doubles.

All personnel interested in trying out for the team to represent CFB Comox in this competition are to phone the Rec. Centre immediately. If there are sufficient entries a playoff for team selection will be conducted.

## Bowling

**BOWLING ALLEY OPENS**  
The Base Bowling Alley will be open for casual Bowling from the 12 through 16 Sept.

commencing at 1800 hrs. each evening.

League Play will commence with the Sunday mixed League on Sunday, 18 Sept. '77.

Starting dates for the other leagues will be:

- Mens' League - Mon. 19 Sept. '77.
- Mixed League - Wed. 21 Sept. '77.
- Ladies League - Thurs. 22 Sept. '77.

The YBC dates will be announced very shortly - so all you youngsters keep posted. The New Alley Manager is Sgt. Lerry Cote, call at local 424.

## Scouts Show Appreciation

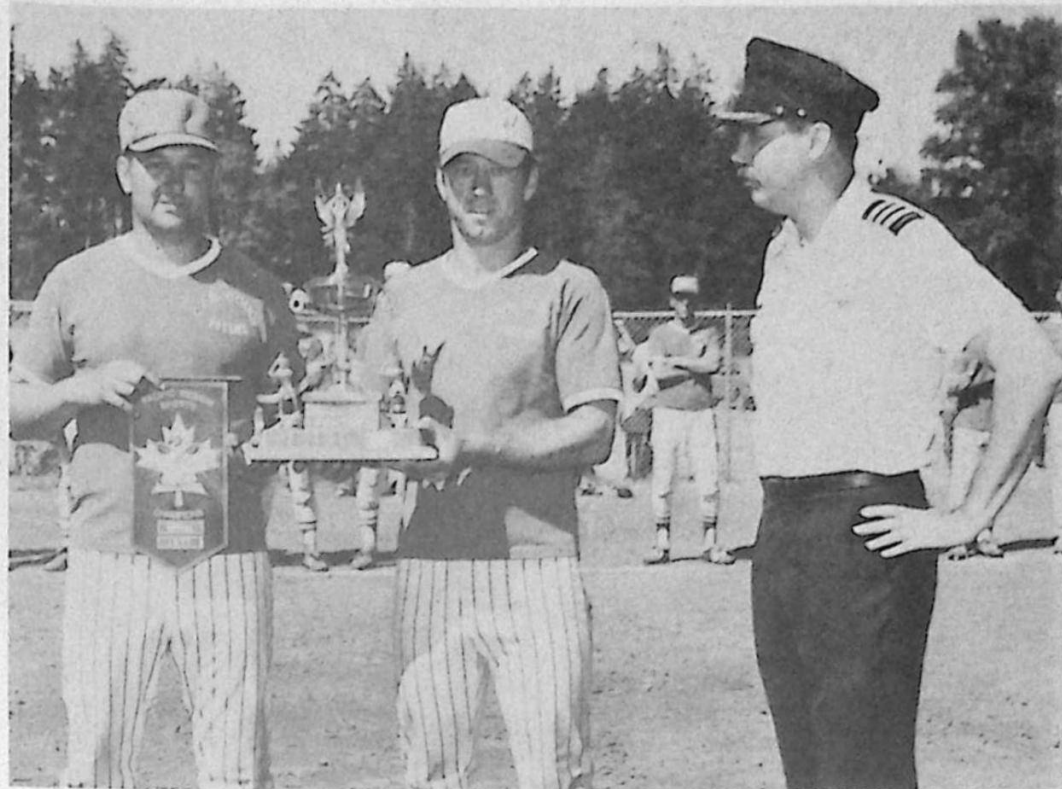
Recently the Canadian Armed Forces received good news in the form of an accolade.

It was a "certificate of appreciation" from the Boy Scouts of Canada in recognition of 68 years of service to Canadian youth as a partner of scouting.

The award states that the Forces have been a sponsor of Boy Scouts for a much longer period of time than any other Canadian agency. The record dates back to July 18, 1909

when a warrant signed by Baden-Powell was issued to permit Fort Osborne Barracks, Winnipeg, to sponsor a Scout troop.

The certificate was accepted by Lieutenant-Colonel C.E. MacCra, Director of Pastoral Activities, Protestant, National Defence Headquarters, from Reginald K. Groome, National President of Scouts, Canada, of Montreal, at the National Partners conference held recently in Ottawa.



**SOFTBALL CHAMPS** Harvey Herauf and Dennis Rachon hold the Pacific Region Softball Trophy presented by Lt. Col. Joe Fielding.

(Base Photo)

## Bowling Results

**THIRD ANNUAL 12 GAME SINGLES MARATHON**

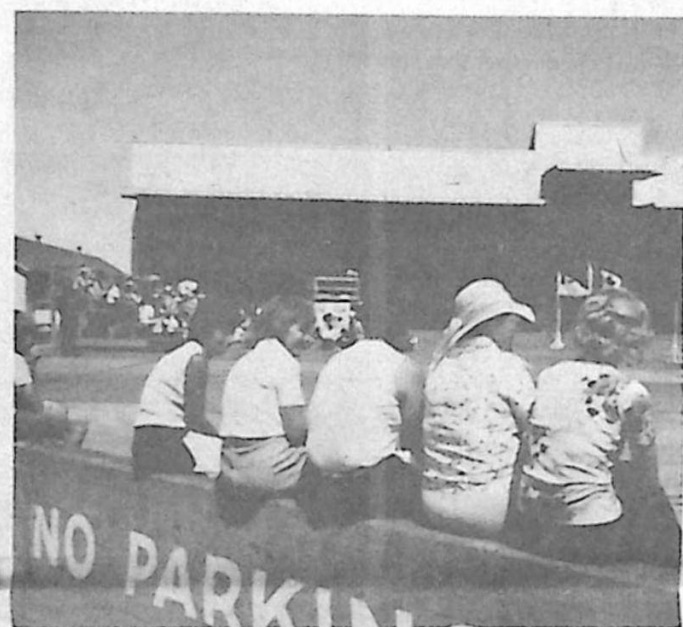
Sunday, August 28, 1977, at Courtenay Lanes.

1. Lucky Rattini - Parksville 3215 - \$100.00.
2. Roy Hill - Courtenay - 3197 - \$75.00.
3. Bob Adams - Parksville - 3096 - \$60.00.
4. Gary McLeod - Pt.

Alberni - 3070 \$50.00.  
5. Ken Vollmin - Parksville - 3039 \$40.00.

6. Larry Elford - Parksville 3037 - \$30.00.  
7. Vern Hurley - Courtenay - 3018 - \$23.00.

High Single - Leo Kossey - Chemainus - 333. \$30.00.  
Runner-up Single - George Youson - Victoria - 322 \$18.00.



**THE CPO STAFF** had their own bleacher section during the recent Hang Over Parade. (Photo by Ford)

## CLASSIFIEDS

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1975 Cordoba. Must sell. Excellent condition. Air conditioned, P.S., P.B., P.W., Cruises control, A.M., F.M., 8 track stereo, radials, rear window def., leather interior, low mileage. Many other extras. Call Dr. Hillier 339-2211 Local 415.  
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55 x 12 General mobile home. Partially furnished. Located on Large treed lot. Pad rental \$40.00 month. \$750.00. Make an offer. Call 339-3035 or 339-2211 local 214.  
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### HELP WANTED

Experienced Speech Therapist required on a permanent part-time basis to work with handicapped children. Must be capable of working without supervision. Position available September 1. Write giving training and experience to Child Development Centre, Box 280, Cumberland, B.C.

### RETIRED?

You only live once so why not enjoy your retirement in Sunny Victoria? For information on homes, lots, etc. in the Victoria area, write or call collect to:

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- The Editor

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# Through September 1977 British Columbia road signs go metric!

From the beginning of September all provincial highways and most municipal signing will be converted to the metric system as quickly as possible. Signs designating distances in miles will be changed to kilometres (km). Speed zones in miles-per-hour will be changed to kilometres-per-hour (km/h). New metric speed signs will become legal when they are posted. Overpass and bridge clearances will be signed in both feet and metres.



### WHY THE RUSH?

This is an important part of Canada's nationwide metric programme to convert all standard measurements to the decimal system - the simple arithmetic method used by most countries in the world.

We have already become accustomed to the change in heat measurement from fahrenheit to Celsius. Weights will change from ounces to grams; pounds to kilograms. Fluid measurements are already changing from pints, quarts and gallons to standardized litres. Distances will be measured in millimetres (1/1000 metre); centimetres (1/100 metre); metres and kilometres (1000 metres).

It has been found in other countries that phases of metric conversion introduced "cold turkey" gain the quickest acceptance. Those of us who laboured as schoolchildren to convert feet to yards to miles may have a little trouble at first, but metric is being taught in our schools; it is the universal language of scientists and engineers; and, in the near future, will see full useage in the United States. Let's do it now!

### DISTANCE

One kilometre (km) is .621 of a mile. One mile is 1.609 kilometres (km). However, the easiest way to visualize a kilometre is as  $\frac{5}{8}$  of a mile. Here's a simple example of conversion:

$$\frac{100 \text{ km} \times 5}{8} = \frac{500}{8} = 62.5 \text{ miles}$$

$$\text{or } \frac{100 \text{ miles} \times 8}{5} = \frac{800}{5} = 160 \text{ km}$$

### HERE'S HOW DISTANCE SIGNS WILL BE CHANGED:

NEW	km	OLD
PARKSVILLE	37	PARKSVILLE 23
CAMPBELL RIVER	154	CAMPBELL RIVER 96

### SPEED

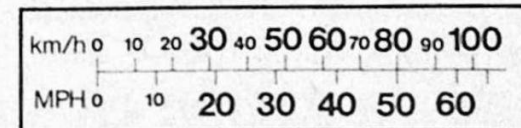
Remember, that as they are posted, new speed zones in kilometres-per-hour (km/h) automatically become legal, even though they may not be a precise conversion from the previous speed limit in mph. Here are some you should become familiar with as soon as possible.

NEW	MAXIMUM	MAXIMUM
	50	80
	km/h	km/h
OLD	MAXIMUM	MAXIMUM
	30	50
	mph	mph
NEW	20	50
	km/h	km/h
OLD	20	50
	mph	mph
NEW	EXIT 50	EXIT 30
	km/h	km/h
OLD	EXIT 20	EXIT 30
	mph	mph

On winding highways we urge extra caution in approaching curves with advisory speed signs converted to km/h. These signs warn you what speed the curve or corner may be safely negotiated at. Take it slowly until you become thoroughly familiar with the metric system.

### SPEEDOMETERS

Most 1977 and all 1978 model cars have speedometers and odometers calibrated in km/h and km. Some earlier model cars have speedometers with dual calibrations. If your speedometer indicates only mph, you may find this conversion scale handy. Familiar speeds are in large type.



Always drive at the posted speed. You'll be surprised at how little time you really save when you exceed speed limits.

## Thinkmetric

### Here are some tips:

1. Think (and talk) kilometre. Make it family fun while driving together.
2. When taking short, familiar trips mentally convert your mileage to kilometres. Remember the 5:8 formula.
3. On longer trips, make sure you have a current "Beautiful British Columbia" road map (published by Tourism British Columbia, Ministry of the Provincial Secretary and Travel Industry) available at tourist information centres. It has conversion tables for most destinations in the province and nearby.
4. Keep our metric folder in your vehicle.

**Overhead clearances.** Both advance and fascia signs for limited clearance overpasses will be in metres. For a reasonable period of time, a sign in feet will appear for a short distance in advance of the metric signs.

**Fuel consumption.** Gasoline will continue to be sold by the gallon until January, 1979 when they will commence conversion to litres. Kilometres per gallon will be used to measure fuel consumption until that time.



**Province of British Columbia**  
Ministry of Highways and Public Works



## Big Jim's Navy



ANOTHER PATROL COMPLETED - The Flamingo swings alongside the float as LS Pete Dodwell takes up the slack; PO Jim Mackie (at the helm) slams the engines astern; LS Mike King looks on.

(Hosford photo)

"On patrol the boats go where the activity is. Out at sunset, in after dark ... just to see if anyone is in difficulty," Chief Petty Officer James (Jim) Maybin was talking about the crashboats of his Marine Section.

The "Chief", as he is respectfully called by his men, is a new arrival in the Comox Valley. He is a big man with a grin to match. Although he claims to be a West Coast sailor, his records show he joined the RCN in Saskatoon, Saskatchewan in 1949. He has spent much of his career on board ship. His last sea faring job was as Coxswain on HMCS Terra Nova.

CPO (CWO) Maybin now is at the helm of the CFB Comox Marine Section.

Back in the days of the RCAF crashboats were manned by members of the now obsolete Motor Boat Crewman (MBC) trade. When one views the names of the current civilian members of

the marine section he would conclude that the MBC trade may be gone but not forgotten. Names like McGrath, Macfarlane, Thurber, Swinamer, Bohozuk and Waugh would suggest years of experience and love of the job. Mr. Tribe, although not a former MBC, certainly can appreciate the love of the sea being a former RCN member. Mr. Varney, a shipwright from the Esquimalt Dockyard, shares this love and extends it to his off-duty hours, building and sailing is his hobby.

Chief Maybin, along with 16 personnel, military and civilian, operate and maintain three 40 ft. Class A. Tenders (Crashboats), and one 31 ft power boat. They also maintain a large number of other craft for HMCS Quadra. Included are three YFPs plus a large number of whalers and sailing craft.

The primary mission of the Marine Crash-Rescue Section is to provide a 24 hour 7 day per week 30 minute sea-rescue response capability in support of flying operations at CFB Comox. Several secondary tasks are also accomplished on an as-required basis. These tasks include the support of the Canadian Forces Sea Survival Training School; the support of the Rescue Co-ordination Centre in Victoria; and, the maintenance of the HMCS Quadra marine vessels.

The BOSN 181 trade now fills the military slots on the crashboat establishment. MAR ENG tradesmen are responsible along with their civilian counterparts for engine maintenance. PO Selsair, LS Gagnon and LS Bonde form one of the military crashboat crews. MCpl. Eatmon and Cpl. Palle work in the engine maintenance shop.

"This employment is different," Petty Officer Jim Mackie said. Mackie joined the Comox Marine Section in January of this year after completing a tour on HMCS

Provider. He is now a Master of one of the crashboats. He and his crew of two men along with one other military and two civilian crews man the Black Duck, Flamingo, Heron and the Genie on shifts in support of flying, search and rescue and sea survival training.

In answer to the question "Why do prairie people join the navy while the west coast lot join the airforce?" PO Mackie grinned and replied: "We didn't know what we were gettin' into." (Jim Mackie is from Saskatoon). Jim Mackie has spent the majority of the 25 years of service on the "Sunshine Coast". He and his family live in PMQs on the airbase.

"It's a good shore posting ... interesting and it's a good break from being in the fleet," Leading Seaman Mike King said as he readied the Flamingo for another patrol. Mike has been in the service for 4½ years and, except for boot camp at Cornwallis, has spent all of his sea time on the West Coast. He's been with the Marine Section since April of this year. He joined the navy in the Montreal area (Verdun) after picking up some experience as a sea and navy cadet.

Mike King likes it here in the Comox Valley and regrets his current draft is for only two years. This 22 year old single seaman loves the sailor's life and hopes to return to the sea on board one of the ships of the training squadron based at Esquimalt when his tour at Comox ends.

"Leading Seaman ... No, Corporal, I'm in the Airforce now," Pete Dodwell was speaking while carrying out his duties on a crashboat as it churned its way out of the Comox Harbor. "I like this life ... going to sea doesn't bother me ... I like it and I enjoy returning home after a lengthy trip." This 28 year old single corporal joined the navy in his home town of Vancouver in 1968. He has

undergone the rigors of a seaman's life on board HMCS Chaudiere and HMCS Saskatchewan before being posted to Comox in August 1976.

Pete Dodwell has some strong convictions: "I'd like to see compulsory courses for anyone who purchases a boat ... even row boats. The course should include how to read a chart, boat's capacity, general weather information and knowledge, where to get weather reports, safety, and how to recognize signals such as diving flags. "A lot of people think we sit around and that SAR is our primary job. Our primary job is saving lives, and rescuing equipment if possible."

"Private vessels in trouble are almost 100 per cent of our work ... minor and major ...

summer time is the period of the highest activity." "Bo has seen us!" The interview ended.

The ensign on a shore-based mast dips in salute to the passing craft. MWO (ret'd) "Bo" Bohozuk pays his respects. "Bo" used to be at the helm of the Marine Section ... he remembers the esprit de corps, the fun, the anguish and the hardship sometimes encountered by the men who man and maintain the marine rescue craft at CFB Comox. The RCAF roundel and pennant may be missing from the sturdy crashboats as they churn the waters of Georgia Strait, but the same thought is on the crewman's mind:

"Airman, we're down here on the saltchuck ... ready if you need us."



"BREAKER, BREAKER, RUBBER DUCK" - Leading Seaman Mike King, a BOSN 181, gains much small boat experience while employed as a member of a CFB Comox Crashboat crew.

(Hosford photo)



One of the largest fish in North America is called the alligator gar and grows up to 10 feet long. It has a long snout and sharp teeth.

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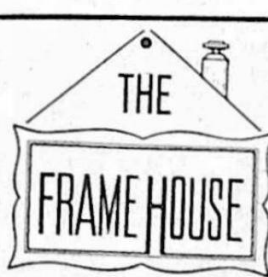
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# Is Good Health Really Worth It?

## Alcoholism

The following quote is from a Serviceman who received treatment for alcohol misuse.

"When I was sent to the Base Alcohol Rehabilitation Service - BARS - I was afraid; more frightened than at any other time in my life. I figured first of all that some do-gooders were going to play around with my head, tell me I was sick and what I was going to do about getting well, and if I didn't do exactly what they told me to do, I'd be labelled a 'drunk' and chucked out of the service. The first person I talked to when I arrived at BARS asked me to remember when anybody last said they cared anything about me, or trusted me. I couldn't remember the last time, it had been just that long ago.

Well, I've been here four weeks, and now I'm going back to my ship with the same people who knew me as a drunk, and I'm not afraid. I'm not afraid of anything. My entire life - everything and everybody from creditors to wife and children, my supervisor, Commanding Officer, the law, you name it - it's all shaped up. Or at least I've put it into good enough shape that I can work it out. I guess you could say that I know, from here on out, that I have the freedom to choose how I live and that I need no longer be controlled by the drug - alcohol - I really believe I'm a winner."

His problem is not unique nor is his self-assurance. Most of those who receive treatment for one of our most serious health problems - Alcoholism - do return to duty but more importantly, become healthier, happier, and feel good about themselves once again.

### PREVENTABLE AND TREATABLE

Since the program went into operation, personnel of all ranks have worked their way back from the despair of alcohol addiction to renewed pride in themselves, the respect of their comrades, and to rekindled love of their families.

Alcoholism, says the Canadian Forces, is a preventable and treatable illness - one that should carry no stigma. That word comes from the top, the CDS. There are no guarantees. There are none in life. But experience shows the odds for success are very high. About 70 per cent of all members treated at BARS are being returned to duty as productive, better motivated individuals.

**HELP FOR DEPENDENTS**  
Help is available for spouses and friends of problem drinkers and in fact, spouses are required to attend certain segments of the treatment programme. In addition, help is also available for any dependent who themselves have an alcohol problem. All calls and contacts are treated with absolute confidentiality and this is our pledge.

Captain C.H. Shaw, Base

Commander, states "Alcoholism is a family disease. Alcohol affects not only the person misusing it but his or her loved ones as well. It is vitally important that the wives, husbands, boy and girl friends and children of problem drinkers - whether they themselves use alcohol or not - become acutely aware of the nature of the disease of alcoholism." He believes that we must make as many resources as possible available to those in need of assistance.

### KNOWLEDGE ESSENTIAL

The Base Commander pointed out that only by becoming thoroughly familiar with the drug 'alcohol' can a person be of assistance to those close to him or her who may have a drinking problem. This knowledge is essential for proper understanding of their relationship with the problem, for encouragement during rehabilitation, and for participation in the long-range recovery process. For this reason, special sessions are held for dependents and a staff of highly trained and

skilled counsellors are available for private appointments with those who have a drinking problem themselves or in their families.

### BARS TREATMENT MODEL

The BARS program can best be described as a multi-discipline approach in which all Base and community resources are brought together to help those with a drinking problem to help themselves recover. In addition to the trained counsellors, our social workers, padres, medical staff, recreation staff, financial counsellor, plus resources people from the treatment centers in the community, all form part of the team dedicated to the treatment of problem drinkers, and their return to a more meaningful lifestyle. Our telephone number is 388-2294 and a counsellor is available to talk with you.

Next month this series will continue with the topic being "The Rebuilding Process." Reprinted from The Lookout.



In ancient times, mirrors were polished pieces of brass, gold and silver.

## IS YOUR CHILD INTO DRUGS OR ALCOHOL?

There will be an interesting and informative presentation about drugs and alcohol in the family made at the Base Theatre, Sept. 13 at 1930 hours. Mr. Ian McConnell, a B.C. Health Education Consultant, and Mr. Scott Smith of the Provincial Treatment Centre at Campbell River, will be providing valuable information regarding drug and alcohol use and abuse.

It is of great importance that CAF families know about drugs and alcohol, therefore the whole family is welcome. Come and learn why people are into marijuana, LSD and other drugs you have heard about. Find out why there are 17-year-old alcoholics. There will be ample opportunity to ask questions following the presentations. The information you receive may be of major significance to you and your family, so please plan to attend.

## COMOX VALLEY CHILD DEVELOPMENT CENTRE

Box 280, Dunsmuir Avenue Cumberland  
PHONE 336-2724

### REGISTRATIONS

will be accepted  
Monday, August 29 - Thursday, September 1  
9:00 a.m. to 3:00 p.m.

### PROGRAMS OFFERED:

1. Therapeutic and educational services for children with physical developmental and/or neurological handicaps. Qualified treatment staff. Children already registered need not re-apply.
2. Nursery school program for children 3.5 years. Limited number of vacancies. Tuesday & Thursday, 1:00 to 3:15 p.m. Fee: \$20.00 per month.
3. Children 18 months to 3 years. Monday & Wednesday, 9:00 to 11:15 a.m. Fee: \$20.00 per month.

## Info/Health

BY DR. BOB YOUNG

Every job has its share of minor annoyances and irritations, and the practice of medicine is no exception. Because the average physician deals with so many people (patients, nurses, lab staff, pharmacists and other physicians, to name a few), he learns to ignore minor irritations, as he realizes that they are unavoidable. Osler called this ability "Aequanimitas".

Some things that patients do, probably unthinkingly, tend to strain the doctor-patient relationship a bit. This list is not complete, and I am sure that every doctor has his or her own list of pet peeves. The patient who, having agreed to meet his physician at the emergency department in 10 minutes (or whatever the driving time is), appears 40 minutes later.

The patient who appears unannounced at the emergency department at the dinner hour, or 11 p.m., or even at 2 a.m., for examination of an injury sustained several days, or even a week or two earlier.

The concerned relations who do not communicate between themselves. Each one phones the doctor every day to inquire about the patient's progress. It helps a lot if the family appoints one person to do this, and that

person can report to other interested parties.

The missing house number. Finding a house at night in a strange part of town can be a real problem. Leaving the porch light on seldom helps as invariably everyone else in the block has his light on, too!

Lack of time sense (when giving a medical history). "I've had the pain since Sally's wedding," or "My hand has been numb since Marty graduated," are the types of answers that frustrate the questioner.

The consistent appointment misser. This person is inconsiderate of the doctor, but, more importantly, is inconsiderate of other patients who could be seen during the gap they leave.

All these are minor irritations (and there are many more examples). They probably do not rate a column but I feel better having written it! I am aware of course that patients are at times annoyed and disturbed by such things as long waits in doctors' offices and unanswered telephone calls. Maybe we can call it a draw!

Jack Dempsey's 8-10 inch punches traveled an estimated 135 mph.

## CF Vaccination Policy

A large number of service personnel proceeding overseas on posting or on vacation wonder if their dependants required or not the Smallpox Vaccination. To answer this, I publish an article extract from "An Ounce of Prevention" a directorate of preventive medicine publication July 77.

"The official World Health Organization (WHO) policy is that smallpox vaccination should be given to individuals who are travelling to smallpox infected regions. At this time, this refers to the 'Horn' of Africa, a region embracing south west Ethiopia, northern Kenya, and Somali. Some 62 countries insist that persons arriving from a country of which any part has been declared infected must show evidence of vaccination before being permitted to enter. This means, then, an individual

who has spent a few days in Nairobi will be denied entry to nearly half the countries in the world unless he has been vaccinated. And 73 countries or territories (including Egypt) require a valid vaccination certificate from all persons entering, regardless of where they have come. There is no reason to suppose that countries will change their requirements until the 'two year freedom from smallpox' requirement has elapsed, at which time the WHO certifies a region 'smallpox eradicated'.

In the light of these facts, it is clear that the Canadian Forces must continue to vaccinate all servicemen in accordance with CFMO 37-01. And when the countries relax their stringent requirements in this case, then so will the Canadian Forces. Remember the mortality from a primary smallpox vaccination, albeit

extremely small, is greater than with re-vaccination. HOWEVER, it is recommended that dependants and children in DND schools no longer be routinely vaccinated unless they are proceeding to and from country mentioned above. To assist with this, it should be noted that no country in western Europe demands a vaccination certificate from travellers arriving from Canada. And, therefore, the International Certificate of Vaccination (Yellow Book) is not required to be in an individual's possession whether travelling commercially or on a service flight, to and from western Europe. With respect to the Caribbean, only Grenada and the Cayman Isles require travellers from Canada to have a valid vaccination.

## Jr. Ranks Club

Sept. 2nd — TGIF  
Sept. 3rd, 4th — DISCO — Totem Lounge  
Sept. 5th — Sunday routine

NOTE — Annex will be closed for renovations effective Tuesday 6 Sept. until further notice.

Sept. 9th — TGIF in Totem Lounge.  
Sept. 10th, 11th — Dance to "WHIPLASH"  
Sept. 15th — DISCO — Totem Lounge.  
Sept. 16th — TGIF — Place T.B.A.  
Sept. 17th, 18th — DANCE — Band T.B.A.  
COMING — 29th Sept., 1st, 2nd Oct. The Marty Davis Show.

### MOVIES

Sept. 6th — TOO LATE THE HERO — Michael Cain.  
Sept. 13th — FRENCH CONNECTION II.  
Sept. 20th — BOBBY JOE THE OUTLAW.  
Sept. 27th — JOE BONNER — Steve McQueen.

## OFFICER'S MESS ENTERTAINMENT

TGIFs — September 2nd, 9th, 16th, 30th  
Regular TGIFs — 1600-1700 hrs. Subsidized drinks. 1600 hrs. Food 1630-1730 hrs. Jackpot and Bottle Draw. Dress — casual.

**SATURDAY — September 10th**  
"MEET AND GREET" Bar-B-Q & Dance. B.B.Q. 2000-2200 hrs. Dance to "PUNCH" 2130-0130 hrs. Dress casual. \$8.00 couple — \$10.00 guest couple. Reservations to Mess Mgr. by 1300 hrs, Sept. 8th. Come out and greet the new Mess members.

**SATURDAY — Sept. 17th, 442 Sqn. Mixed Party**

**SUNDAY — Sept. 18th — Family Brunch**

1200 - 1300 hrs. Lunch Menu. Casual dress. Phone Mess Mgr. by 1500 hrs., Thursday 17th, if planning to attend. \$1.40 adults - \$1.00 children under 12.

**WEDNESDAY — Sept. 21st — OWC.**

Wine and cheese.

\* NOTICE - During regular TGIFs - TGITs when Muggings are scheduled, food hours will be extended 1600 - 1730 hrs.

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DON MORRIS,  
Manager

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Corporation of Canada  
COURTENAY

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## W.O.'s & SGTS MESS

### SEPTEMBER ENTERTAINMENT

\*TGIF — 2, 9, 23, 30.

\*MIXED TGIF 16th Sept. 1900 — Food, Games.

\*MARTY DAVIS SHOW — 30 SEPT.  
Admission \$8.00 couple Regular & Associate.  
\$16.00 couple Honorary and Guests.  
Food — Extended Buffet.

### MOVIES

Sept. 5th — TOO LATE THE HERO — Michael Cain.

Sept. 12 — FRENCH CONNECTION

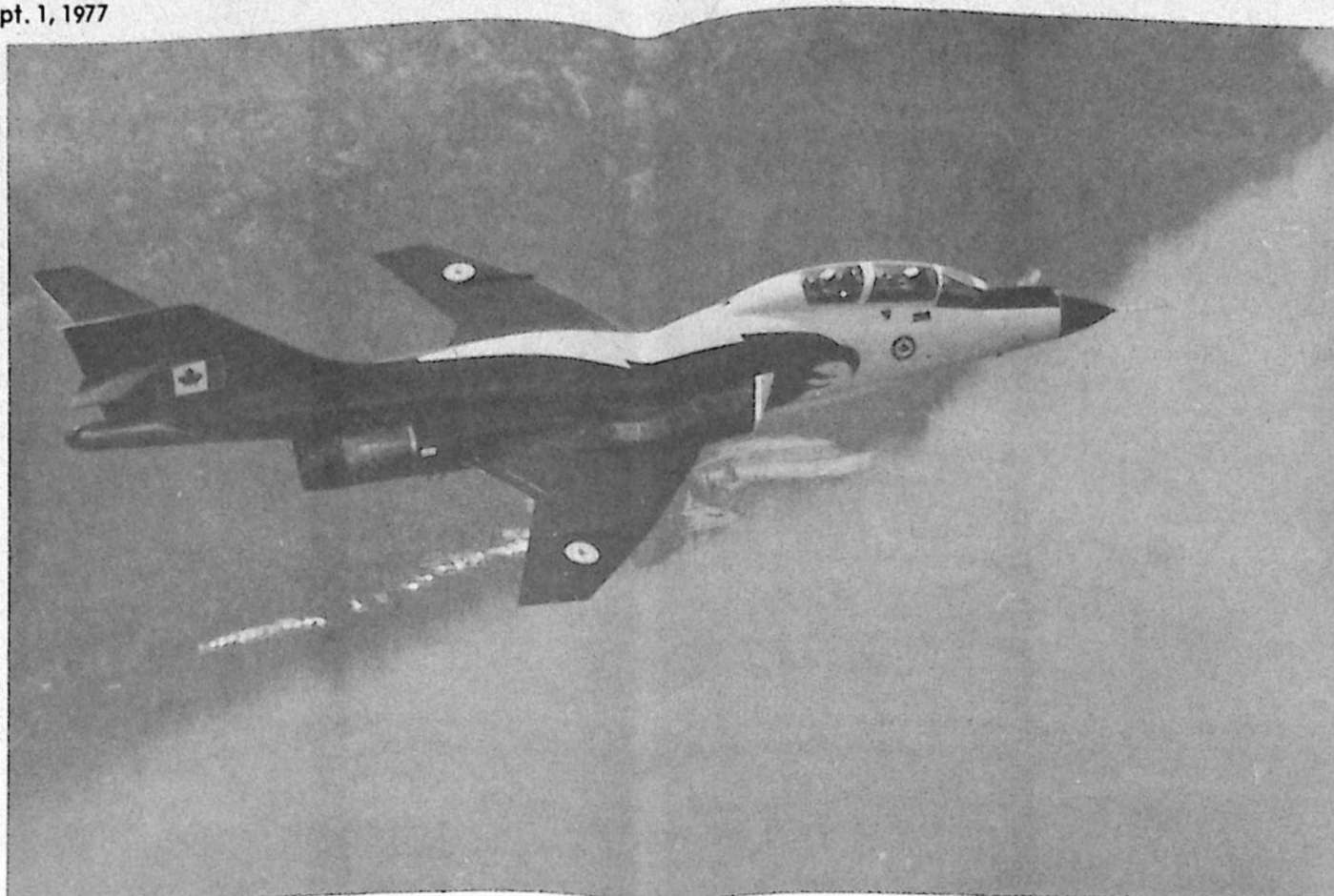
Sept. 19th — BOBBY JOE THE OUTLAW

Sept. 26th — JOE BONNER — Steve McQueen





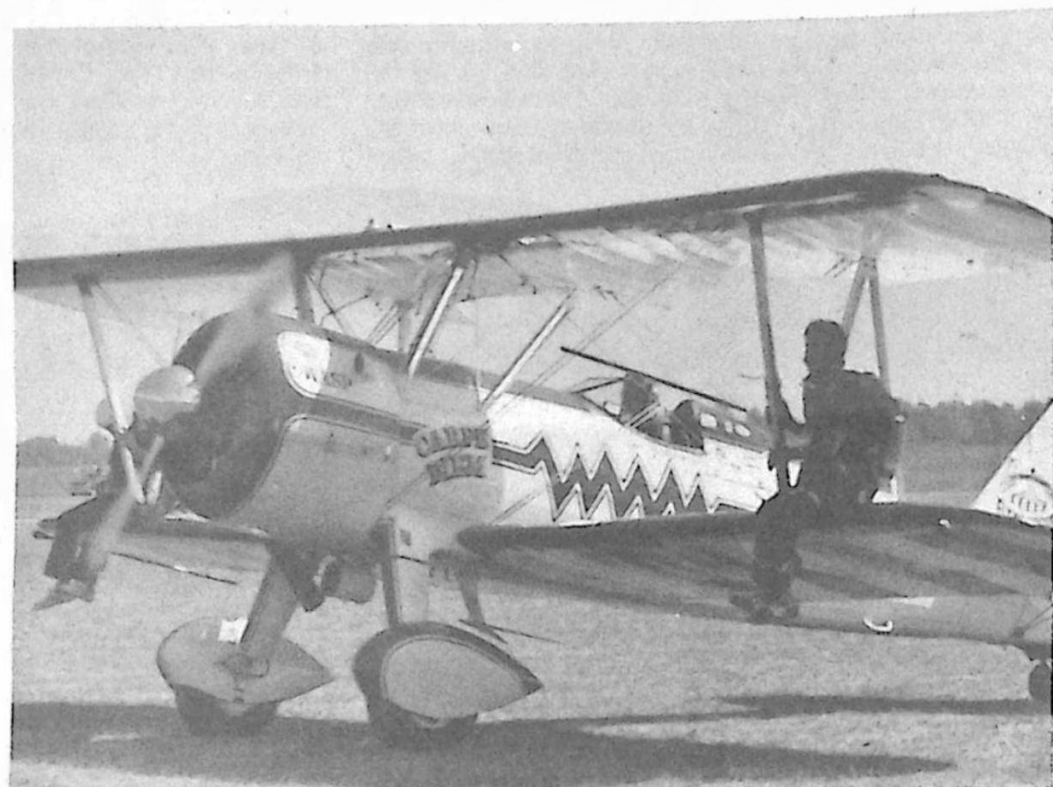
Up And Away - the USAF Thunderbirds



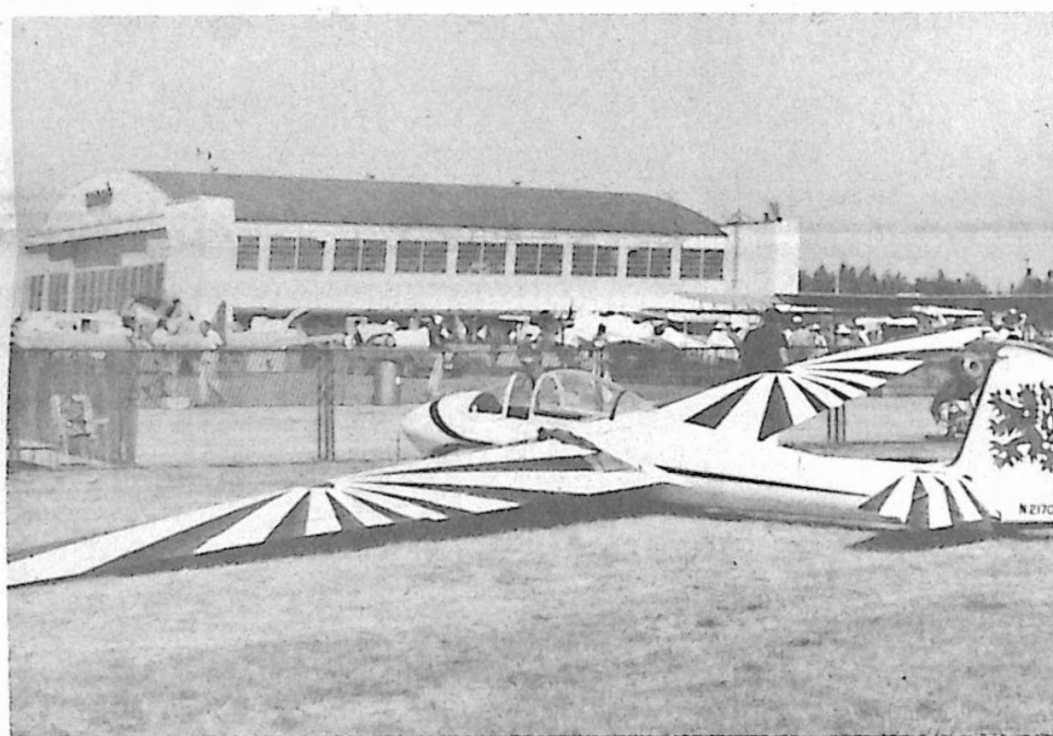
We Opened - the Voodoos of 409 opened the airshow



Keep It Close - a perfect pass by the "Alberta Arrows"



B.C.'s New Airline? - skydivers hitch a ride on an aerobatic Stearman



An Eagle At Rest - the aerobatic sailplane of Mira Slovak



The French Connection - Rallye sportplanes on display



"Iron Triangle" - the RAF Vulcan overshadows the Snowbirds

## Abbotsford '77

by Ewing

### "The Year Of The Harvard"

They were more colorful, there were more of them, and they seemed noisier than any other aircraft there. For many serving and ex-Service types present however, of all the aircraft boring holes in the sky of Abbotsford this year, the "Hazards" made the show. Including the red one flown in a smooth aerobatic display by ex-RCAF instructor Bud Granley, there were ten Harvards flown in the show. Three even brought back memories of the famed "Goldilocks" with a crazy formation.

This year's show was in salute of the RAF and they sent over two Strike Command Vulcans (alias the "Iron Triangle"). The airshow was officially opened by Air Chief Marshall, Sir David Evans, KCB, CBE, RAF, Commander-in-Chief of both Strike Command and the United Kingdom Air Forces of the RAF. Not a bad job for a transplanted Canadian.

Headliners for Abbotsford were the CAF Snowbirds and the USAF Thunderbirds; both teams showing absolute perfection in formation.

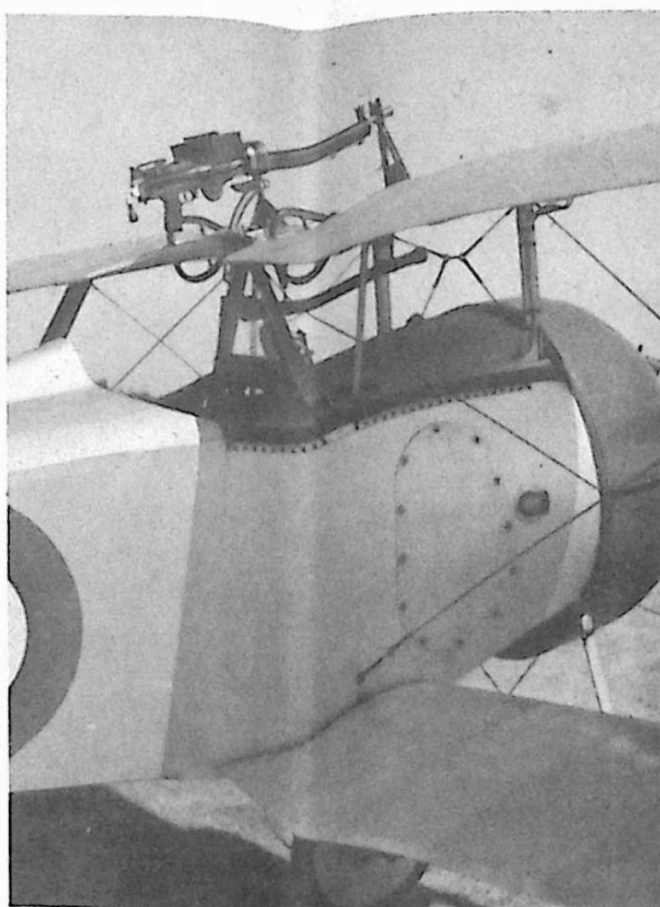
Canadian military participation included CF-101, CF-5, and CF-104 formations, with Argus, Tracker, Hercules, Buffalo, and Labrador solo demonstrations. The United States sent along a large group of static display aircraft plus the US Army Golden Eagles parachute team and the US Army Reserve's 92nd Aviation Co., (The Hookers) with their CH-47 Chinooks.

Missing this year were the old crowd favorites, Bob Hoover, Art Scholl, and Joe Hughes, but they were replaced by the likes of Debbie Gary (Pitts Special), Joe Ralkowski (450 HP Stearman), and Bud Granley (Harvard). The Canadian Reds - Rod Ellis and Bill Cowan - were back this year in their twin Pitts Specials, and Mira Slovak made it all look so easy in his White, Black and Gold sailplane. Mark Sorrell took up his homebuilt Hyperbiplane and spent most of his flight time in attitudes other than right-way-up.

The manufacturers were out in strength both on the ground and in the air. The French showed their colors with three Rallye STOL sportplanes, one of which was wrung out for the crowd each day by the pilot. At times the Rallye literally flew sideways and the slow-speed handling had many of the aerobatic participants shaking their heads in awe. Although appearances were planned by the F-15 and F-16, as well as the new STOL Jet Transport from McDonnell-Douglas, the YC-15, only the US Navy F-14 Tomcat arrived to strut its stuff. It had been hoped that the three main contenders for the Canadian "New Fighter Aircraft" contract might put on an unofficial fly-off at Abbotsford.

The antique aircraft and warbirds were evident again in 1977 but not as many as in previous years. Waco, Stearman, Piper, Taylorcraft, Ryan and DeHavilland graced the static display area and the skies. The ancient warriors of WWI were represented by an Avro 504K and Nieuport 17 of the Canadian National Aeronautical Collection, and privately-owned Fokker Triplane and SE5a replicas. The 1939-1945 period of aviation by an Me-108, a P-51D Mustang, and an F4U-7 Corsair, as well as the ten AT-6 SNJ Harvards.

The official guests at the 1977 Abbotsford Airshow were Sir David Evans and US Astronaut, Col. James Irwin. On the Sunday there was an unofficial guest who is as well-known or even better. Although offered rides in several aircraft, Douglas Bader, the WWI RAF fighter ace, was content to sit back in the hot sun, enjoy a cool one and watch the others do the flying. He and his wife were in Canada on a holiday and had come in to see the show.



An Early Cutting Edge - the Nieuport 17 of the Canadian Aeronautical Collection



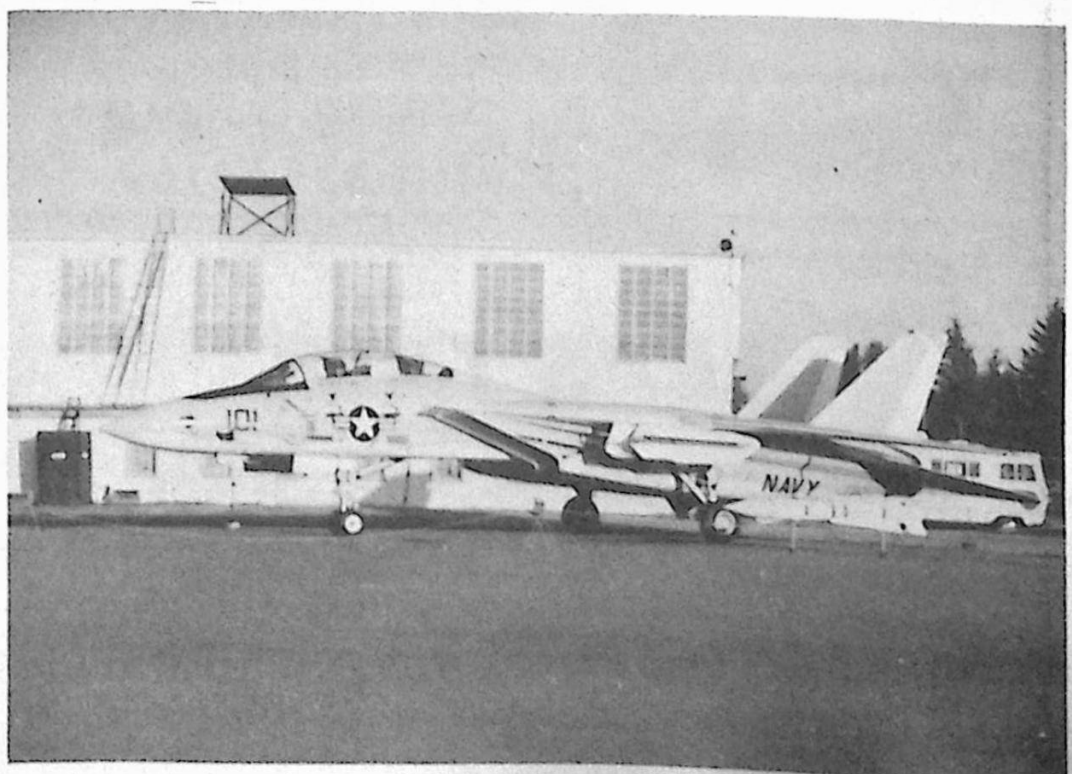
The Roundel Still Flies - but over a line of privately owned Harvards



Two-six - muscle power moves a restored ex-French Navy Corsair



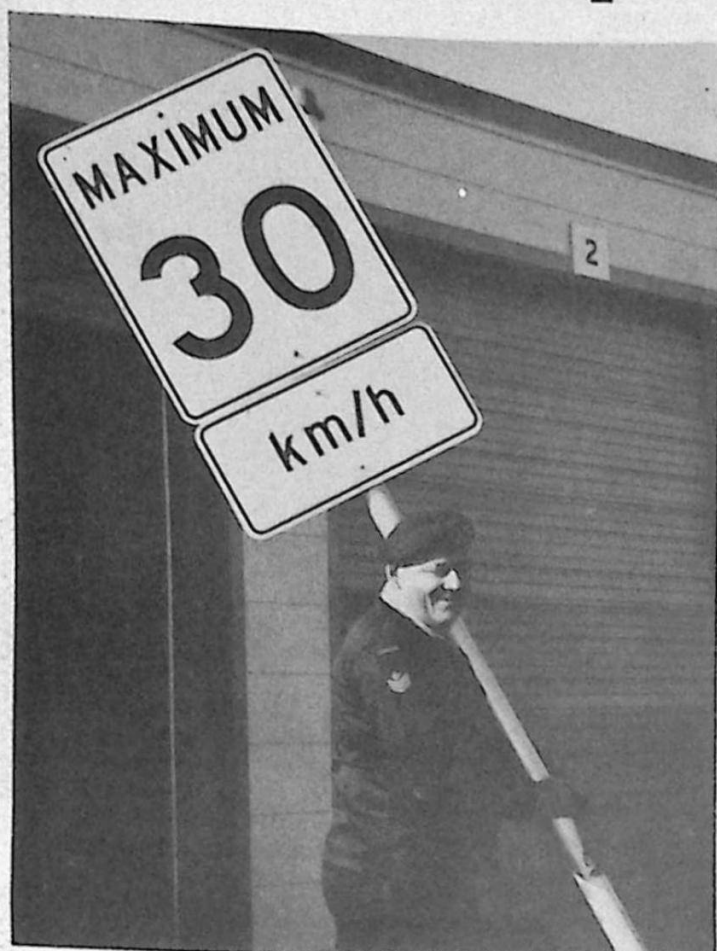
They Stopped The Show! - everything came to halt as the waterbombers of Conair were scrambled



The "New Fighter Aircraft"? - a U.S. Navy F-14 Tomcat



# People And Things



**METRIC MARCHES ON** - Sgt. Ed Kingston and the first of many new speed limit signs to be installed during September.

## Accent On Metric

Do we really need this change?

Perhaps the most telling argument in favor of the metric system over our own (if such arguments are necessary any longer) is the basis upon which we set our own standards.

The yard is legally defined in Canada as "nine thousand, one hundred and forty-four ten-thousandths of the international meter". Similarly, the pound is "forty-five million, three hundred and fifty-nine thousand two hundred and thirty-seven one-hundred-millionths of the international kilogram".

Based on tradition, we have used standard units based on such things as "three barleycorns round and dry" for the inch, and the amount of land a man and a yoke of oxen could plow in one day as an acre.

Another example, which suggests by its extremity the illogical bases for our own standards, is taken from the legend of a German woodcut made in 1536 to define the length of a rod: "take sixteen men, short ones and tall ones as they leave church and let each of them put one shoe after the other and the length thus obtained shall be a just and common measuring rod to survey the land with".

In George Washington's first address to the Congress of the United States, he urged conversion to the metric system. The House of Representatives asked Thomas Jefferson, Secretary of State, to investigate the matter and "prepare a proper plan". Jefferson had lived in France and was aware of the system. Instead, however, he

was taken with an unusual new system of measurement advocated by James Watt, and recommended it. Watt's system was never accepted, there or elsewhere.

This time metric conversion is inevitable. Advancing technology has made minor size discrepancies unacceptable. World trade, especially as Europe gradually gets a larger share, is no place for confusing and pointless standards. The Canadian economy is dependent on foreign trade to a greater extent than almost any nation on earth.

### HERE AND NOW

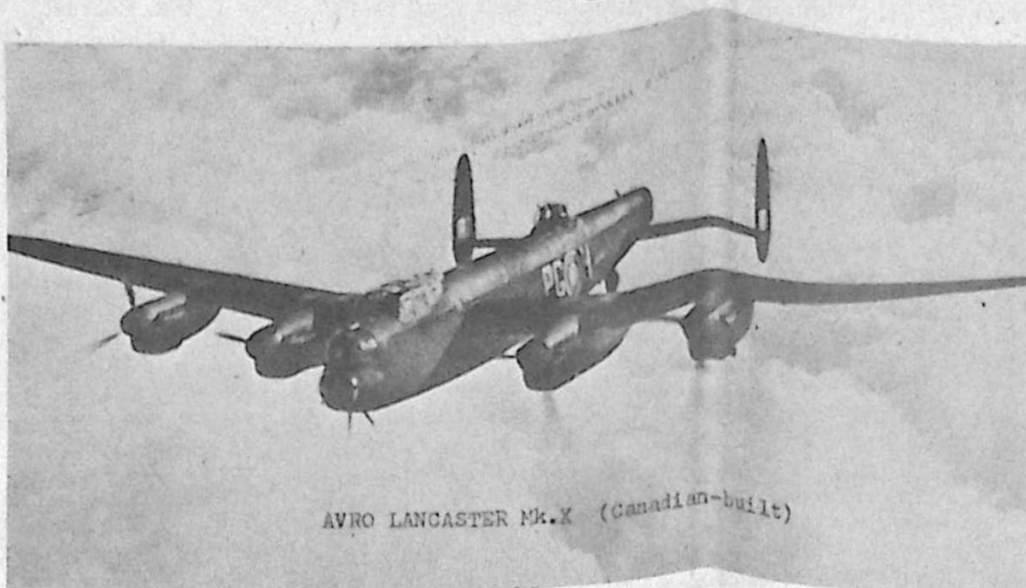
During the month of September, speed limits at CFB Comox will be converted to the metric system. When the new signs are installed, a smaller sign below will remind drivers that the limit is in kilometers per hour. The most frequently used signs will read 30 and 20 which equate to 18 and 12 miles per hour. How does all this help Canada's economy? Well, for one thing, it's really helping the sign companies.

Watch your bird!

**SAFETY SAM**



By suspending a swinging pendulum from the dome of a church, Leon Foucault, 19th century physicist, found that the pendulum twisted around in a clockwise direction, proving that the Earth must turn in the opposite direction.



AVRO LANCASTER Mk. X (Canadian-built)

## Canadian Lanc To Fly Again

BY EWING

The skies of Canada should soon again echo to the sound of Merlins in sync as the keen members of the Canadian Warplane Heritage work to get their airborne. After much searching and long hours of meetings, the CWH have acquired the Canadian Lancaster Mk. X which had been mounted on a pylon at Goderich, Ontario, for the past ten years. The Lanc had been mounted there by Branch 109 of the Royal Canadian Legion after its years of service with the RCAF.

The Lancaster and its log books were presented to CWH President, Dennis Bradley, by Bruce Sully of Goderich, head of the organization which had purchased it from the Legion. The logs show approximately 4,300 hours of flying with the aircraft ending its career with RCAF Search & Rescue. It is

believed that this Lanc was the second last built by the Victory Aircraft Co. of Malton, Ontario.

Work is underway to get the aircraft ready for the ferry flight from Goderich to the Heritage's home base at Mount Hope, Ontario. It is planned to make the flight with the undercarriage locked in the down position to reduce the amount of work to be carried out away from the maintenance base. Once at Mount Hope, the Lancaster will be stripped, overhauled, then refurbished in authentic colours and markings. It will not be flown again however, until it is fully serviceable and licenced by Canada's Ministry of Transport. The Lanc will then join the rest of the CWH collection of vintage warbirds doing airshows in Canada and the U.S.

Only two airworthy Lan-

casters remain in the world today; one maintained and flown by the RAF Battle of Britain Flight, and one recently purchased in Canada and flown back to the Strathallan Aircraft Collection in Scotland.

## Twofors At The Hobby Shop

With fall and winter coming and the kids starting school, it gives Mom and Dad a chance to catch up on all those chores that were put away for the warmer weather.

The Wood Hobby Shop, as an introduction to the shop facilities, and to say hello to all the new people on base, is having "Twofors" all of September. What this means is, that if two people working on individual jobs or projects come to the shop together, they pay only the rental rate for one person; or, two for one. So if you have a friend, why not show him where the Hobby Shop is? The Wood Hobby Shop is located in building 13, between the CANEX Service Station and the Pump house, on the main road but entering from the

service station entrance. Commencing in September the shop will be open on Tuesdays and Thursdays from 1800 hrs. to 2200 hrs. and on Saturdays from 1000 hrs. until 1600 hrs.



The graduate's four-cornered hat is believed to come from the four-cornered curriculum studied by 13th century students at the University of Paris. They learned arithmetic, geometry, astronomy and music for a liberal arts degree.

## BLTP Strikes Again!!!

Language Training fever has hit once again at CFB Comox, if not among the rank and file, then among the organizers of the BLTP for 77-78. We are offering a choice of three different options this year in the French Language program - something to suit everyone, even those with the most demanding jobs (and bosses!). But we need students. A program with challenging material, and teachers who put a lot of effort into making the classes interesting, is not much of a success without students.

We are looking for military personnel who are interested in learning French as a second language, or who wish to improve their present skills.

For those who are working toward a University degree, this course is a credit at the University of Manitoba - and it is free, as all costs are paid by NDHQ! The course can give you a sense of accomplishment and personal achievement. It can have a positive effect on your career development and progression. Ability in a second language

can give you extra points on your PER, and thus on your merit standing.

The three options that we are offering this year are designed to make classes available for the majority of personnel at Comox. Briefly, the options are described as follows:

### A) REGULAR COURSE (FRENCH)

Classes 1 morning (4 hrs.) per week. Duration of the course is 40 weeks from Sept. to June. Sessions begin the week of 12 Sept.

### B) INTENSIVE COURSE (FRENCH)

Four-hour classes for 5 mornings per week, 1 week per month from Sept. to May.

Tentative schedule starts 19 Sept.

### C) INTENSIVE CYCLICAL COURSE (FRENCH)

Four hour sessions for 5 mornings per week, for four 2-week sessions held between Oct. and April. The proposed schedule for the first group starts 03-14 Oct.

If a sufficient number of students enroll in these language courses, we will form more than one group under each option.

Only YOU can make this program a success.

We hope to see you in our classes. Application forms may be obtained from the Base Language Training Co-ordinator.

## MIRACLE DRIVE IN

BLACK CREEK, B.C.

337-5097

GATES 8:30 P.M.

SHOW AT DUSK

Sept. 1, 2, 3, 5 Thurs., Fri., Sat., Mon.

## ISLANDS IN THE STREAM

AND

## RACE FOR YOUR LIFE CHARLIE BROWN

Sept. 4th Holiday All-Niter 5 Shows

- ☆ ALOHA BOBBY AND ROSE
- ☆ LAW AND DISORDER
- ☆ DRIVE IN
- ☆ CONFESSIONS OF A WINDOW CLEANER (Restricted)
- ☆ WHITE LINE FEVER (Restricted)

Sept. 8, 9, 10, 11 Thurs. - Sun.

## A STAR IS BORN AND ALICE DOESN'T LIVE HERE ANY MORE

CLOSED TUESDAY & WEDNESDAY

**EW**  
Courtney

Mon. to Thurs. - 8:15 p.m.  
Two Shows Fri. & Sat. - 7 and 9 p.m.  
No Matinee This Saturday

Thurs. till Wed. - Sept. 1, 2, 3, 5, 6, 7  
Robert Shaw  
Jacqueline Bisset  
MATURE

Thurs. till Wed. - Sept. 8, 9, 10, 12, 13, 14  
Robert Redford, Sean Connery (Fri. & Sat. - 1 show 7:30)  
"A BRIDGE TOO FAR" Mature  
"Frequent gory battle scenes" - B.C. Director

Thurs. till Wed. - Sept. 15, 16, 17, 19, 20, 21  
George Segal, Henry Fonda  
"ROLLERCOASTER" Mature

**Stardust**  
Drive-In Theatre

Williams Beach Rd. & Island Hwy.  
All Admissions \$2.75  
All-Niter Admissions \$3.25  
Gates Open 8:00 p.m.  
Show starts at Dusk

Thurs., Fri., Sat. - Sept. 1, 2, 3  
"EXORCIST II - THE HERETIC"  
Plus Elvis Presley  
"CHARRO"

ALL-NITER SUN., SEPT. 4  
5 BIG HITS Mature

Thurs. to Sun. - Sept. 8, 9, 10, 11  
"THE FARMER"  
Plus "CONFESSIONS OF A DRIVING INSTRUCTOR"  
Sept. 15 to 18 - Walt Disney Features

**CHALET MOTORS**

75 PINTO STN. WGN. automatic	\$3495
72 MAZDA 808 Coupe 4 spd.	\$1895
65 TR 4 ROADSTER (conv. top, tonneau cover)	\$1495
71 MAZDA 1200 cc tudor, new paint	\$1195
74 710 DATSUN H.T.	\$2695
74 MUSTANG V/6, a/t, p/s, p/b, 27,000 mi.	\$3295
67 FIAT 1500 sedan, real dean	\$595
74 RX4 cpe., a/t, p/s	\$3895
71 MAZDA 1500 sedan, good running car	\$895
73 TOYOTA COROLLA 1600 cc, low mileage	\$1895
71 MAVERICK 6 cyl. a/t, p/s, p/b	\$1495
73 MAZDA RX 3 stn. wgn., new motor	\$2295
73 COUGAR XR7 fully equipped including power windows, air conditioning	\$3295
76 COSMO a.m., f.m. radio, 5 spd. trans.	\$5895
72 VOLKS FASTBACK auto. trans., new paint	\$1895
72 MAZDA 616 cpe., new paint	\$1895
72 CORTINA 4 dr., sed. only 30,000 mi.	\$1695
75 TOYOTA CELICA h/t 5 speed, new paint	\$3495
74 DATSUN 260 Z	\$4895
73 MAZDA 808 stn. wgn.	\$1995
74 FORD Gran Torino h/t	\$2495
75 TOYOTA LAND CRUISER 4x4 only 17,000 mi.	\$4995
65 MERCURY P/U 6 cyl. standard trans.	\$695
72 COURIER P/U	\$1495
74 FORD F-250 4x4 Crew Cab	\$4495
75 Fibre Glass Canopy for long box	\$395
OGOPO CAMPER for small p/u with 4 corner jacks	\$1295
STOCK RACK for import p/u	\$495

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- APPROXIMATELY 1/4 ACRE LOTS

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EASY TERMS AVAILABLE

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D. 01746A

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# Neighbourly News

## Femme Gen

BY ELIZABETH GRAHAM

The other day I received a postcard from my cousin Evelyn who is visiting our relatives in Scotland. She says that she would have written a letter, except that it is much more economical to send a postcard. (Especially when it's an old one of Victoria, B.C.!) She says that the weather is awful, the economy in ruins, the country filthy, the people vulgar, and wishes I were there.

According to her reports, our relatives are having an awful lot of arguments among themselves lately, but now that she's there, she's doing her best to patch things up between them. She says that she is having a dreadful time getting anyone to speak to my favorite cousin Fred - for some reason, no-one will even go near him.

She also mentions that she has a lot of sad news to tell me, especially about a tragic accident she had - with two fatalities - and that I just won't believe what happened to Fred, who is recovering slowly, and has been given an extended sick leave from work. Apparently, it's too horrible to write about, and anyway, there's not enough space on a postcard. She did find space to tell me that dear old Aunt Harriet has somehow embarrassed the entire family, "At her age too!" And

that I shouldn't worry about what the family is saying about me - because I never visit them, and that whenever anyone does ask how I'm doing, I need have no worries of any of my private affairs getting past her lips - she knows exactly what I would want her to tell them.

I expect you think that Evelyn's postcard is enough to have me galloping off to the nearest airport for a flight back home. Not so. Y'see, I've had postcards from Evelyn before, and I know that she is inclined to stretch the truth a mite. (Or 2,000 miles, as my husband says.) And anyway, the day before her postcard arrived, I received an airmail letter from my cousin Fred.

It is true that the family have had a lot of arguments lately, but apparently, that's because everyone keeps trying to foist Evelyn off onto someone else. Fred says that everyone is avoiding him like the plague now that she is staying with him. He says that Evelyn said that she was an expert on tropical fish, and insisted on feeding his, while he was laid up. One sword-tail, and a red-tailed shark died before it was discovered that Evelyn had accidentally fed them with dried chili, instead of fish food. He says that his foot is feeling much better now, after Evelyn

dropped his typewriter on it, but that he is finding it very hard to forgive her for the hemorrhoid operation that he had to have, due to his inactivity while his foot healed. As for Aunt Harriet, it seems that when she saw Evelyn standing on her doorstep, with suitcases in hand, she flew into a panic, and in her flustered condition, introduced her eighteen year old boarder as her boyfriend. He says Aunt Harriet is delighted with the results of her mistake as she is now crossed off Evelyn's 'who to stay with' list.

Fred ends his letter by saying that I am not to worry about what tall tales Evelyn is telling everyone about me. He says that they all take them with a pound of salt. But, in the unlikely event that she is telling the truth, I am more than welcome to go back home and stay with anyone - except Aunt Harriet. It seems she has taken in two more teenage boarders!



MOVIES OF YOUR CHILDREN can be easier to get than you might think.

## MO Mini Olympics

BY LAURIE ADAMS

Park Co-ordinator P.M.Q. children participated in the Mini Olympics held here at the Airforce School on Friday, July 22nd.

In all age groups the children did quite well and had a lot of fun doing it. In the 9 & under, Melissa Bouchard and Bob Morin were triple winners with Renna Bruce not far behind. Bob Morin earned himself 3 first place finishes in the softball-throw, javelin, and the 3 legged race, giving him a total of 27 pts.

The running events in this age group belonged solely to Melissa Bouchard who registered victories in the 30 and 50 metres.

Renna Bruce was a double winner in the log jump and the wheelbarrow race along with Tina Vinish.

In the 7 & under Owen McMillan did an outstanding performance by out running, out throwing, and out jumping his opponents by taking 6 firsts in the 30 & 50 metres, softball throw, potato sack race, and the wheelbarrow along with Kevin Warren.

Shon Hornby and Sheryl Morin also did quite well in this age group by finishing 2nd and 3rd in their events.

Dwayne Smith was the only double in the 5 & under.

Results  
9 & under  
30 metres - 1. Melissa Bouchard 2. Bob Morin 3. Renna Bruce 4. Edward Bouchard  
50 metres - 1. Melissa Bouchard 2. Bob Morin 3.

Renna Bruce 4. Nicol Desnoyers  
Softball Throw - 1. Bob Morin 2. Lorne Hornby 3. Edward Bouchard 4. Melissa Bouchard  
Long Jump - 1. Renna Bruce 2. Bob Morin 3. Edward Bouchard 4. Melissa Bouchard  
Javelin - 1. Bob Morin 2. Lorne Hornby 3. Melissa Bouchard 4. Renna Bruce  
3 Legged - 1. Bob Morin & Melissa Bouchard 2. Ed Bouchard & Lorne Hornby 3. Renna Bruce & Tina Vinish 4. Bob Rowell & Ron Staples  
Wheelbarrow - 1. Renna Bruce & Tina Vinish 2. Bob Morin & Melissa Bouchard 3. Nicole Desnoyers & Debbie Stallard  
7 & UNDER  
30 metres - 1. Owen McMillan 2. Sheryl Morin 3. Shon Hornby 4. Jamie Gray  
50 metres - 1. Owen McMillan 2. Kevin Warren 3. Sheryl Morin 4. Shon Hornby  
Softball Throw - 1. Owen McMillan 2. Shon Hornby 3. Rob Jorgenson 4. Kevin Warren  
Long Jump - 1. Owen McMillan 2. Shon Hornby 3. Sheryl Morin 4. Rob Jorgenson  
Potato Sack - 1. Owen McMillan 2. Sheryl Morin 3. Shon Hornby 4. Joey Michaud  
Wheelbarrow - 1. Owen McMillan & Kevin Warren 2. Joey Michaud & Randy Bruce 3. Legged - 1. Joey Michaud & Randy Bruce

## PMQ Preamble

IT'S YOUR DAY, COME OUT AND ENJOY IT!! FUN, GAMES, MUSIC FOR TEENS, FOOD, FRIENDLY PEOPLE!! IT'S THE WALLACE GARDENS FAMILY DAY, SATURDAY, 17 SEPTEMBER.

The Family Day has been organized for all ages including the parents and will be held 1 to 4 p.m. at the Airport School Grounds. The BTO will supply sound equipment and music for the afternoon.

Enrolment for the Girl Guides and Brownies will take place 15 September between 7 and 8:30 p.m. Registration is tentatively arranged to be in the Airport School auditorium. It is anticipated that registration fees will be the same as last year. Watch for notices on the radio, Channel 3 TV, and in Canex.

A special thanks goes to our USAF neighbours, who, under the direction of Charley King, provided a most successful basketball clinic as part of the Summer Program.

## BOWLING MEETING

TIME: 1930 hours  
PLACE: Social Centre

Team registrations for Mixed and Men's Leagues will take place, followed by a general meeting.

No pre-registrations will be accepted.

Any singles or couples that wish to bowl please attend and you will be placed on a team.

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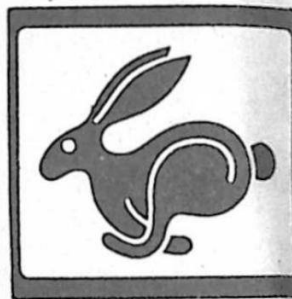
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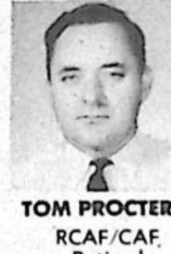


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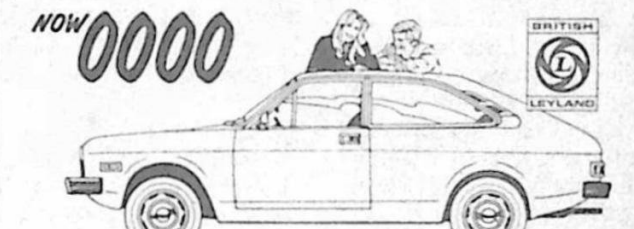
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