



TOTEM TIMES



Yes, Virginia, There Is A Snowman - Somewhere

VOL. 19 - NO. 4

CFB COMOX TOTEM TIMES

THURSDAY, FEB. 17, 1977



Windish photo

'77 Comox Valley Winter Carnival

Contestants joined as one to congratulate Kelly Parker on being crowned Snow Queen, Saturday evening in the Cumber-

land Recreation Hall. For more pictures see Page 5.

Attention Former Nighthawks

A book is being prepared on the past activities of 409 Squadron. We are looking for war-stories, anecdotes, or tales of woe from anyone who served with the squadron during its fledgling days up to 1945. We are especially after such material from ex-groundcrew, plus photos of the early activity. All tales will be, "No names, no packdrill", and all photographs will be returned after publication. If you are an old Nighthawk and have something which might be of interest or bring back memories to others, please contact:

Nighthawk,
c/o Totem Times,
or phone,
Bill at 338-8564
or Rick at 339-5098



Commendation Recipient

Mr. James Albrecht, a carpenter in the Base Supply organization at CFB Comox, was the recent recipient of the Base Commander's Commendation. Mr. Albrecht was awarded this recognition after 25 years of exemplary service. The commendation read in part: "He has displayed the highest devotion and dedication to his duties while producing work of consistently high quality. Moreover, his pleasant manner and positive attitude toward assisting others has contributed significantly to the effectiveness of the Receipts and Issues function over this long period of time." His friends, both military and civilian, on this airbase wish him all the best in his future endeavors.

Base Photo

Decorated Airman Dies

Group Captain Robert Steele Turnbull, one of the most decorated Canadians in the Second World War, died on Tuesday February 8 in Victoria General Hospital. He was 58.

Turnbull was born and raised on the Prairies.

He joined the RCAF in 1940, trained as a pilot and graduated as a sergeant pilot in 1941.

He went overseas and after a short training period, was posted to 78 RAF Squadron where he flew Whitley bombers. After completing 20 operational missions, he joined 76 RAF bomber squadron where he flew the four-engine Halifax to finish his first tour of operations.

After a period of instructing Bomber crews, he took over command of 427 Squadron in 1943 and after completing a second tour of operations he became Commanding Officer of a Canadian Base at Croft, England.

As a Wing Commander he had flown a total of 78 missions over Europe.

After the war, Turnbull held a number of staff positions at Command level in Training and Transport. He returned to Europe in 1953 as Commanding Officer of the newly opened 4 Fighter Wing at Baden Sollingen, Germany. Later, he was transferred to Metz, France as Senior Air Staff Officer in No. 1 Air Division.

Returning to Canada he



R.S. TURNBULL

served at AFHQ as Director Air Defence Operations, then as Deputy Commander in the NORAD Seattle Air Defence Sector and later as Base Commander at CFB Comox. He moved to Victoria in 1966, and retired there in November 1969 after being Chief of Staff Maritime Pacific.

During the war, Turnbull was awarded the Distinguished Flying Cross and Bar, the Airforce Cross, the Distinguished Flying Medal and the French Croix de Guerre with Silver Star. Mrs. Helen Foden, Base Commander's Secretary at CFB Comox, says: "Group Captain Turnbull was one of the most unassuming persons I've ever known."

"He was a real nice guy," she added.

Comox Wins

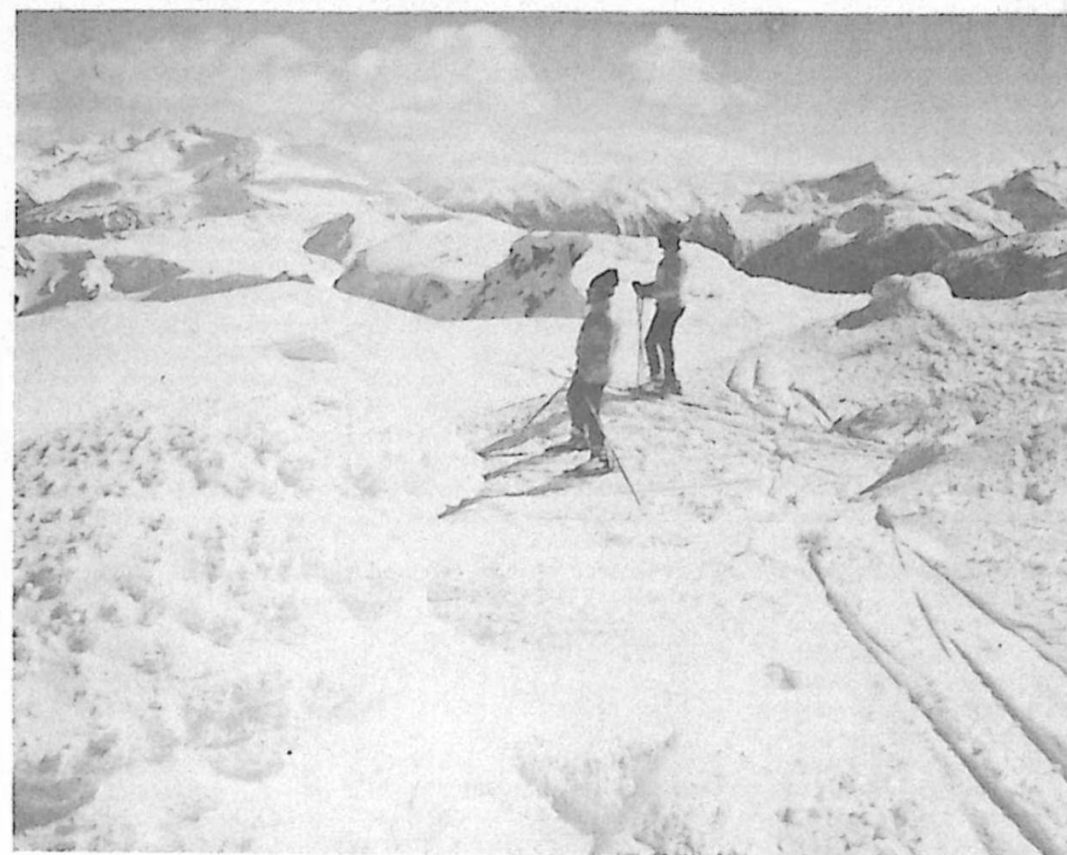
... and Loses

CFB Comox teams recorded both, "The Thrill Of Victory And The Agony Of Defeat", over this last couple of weeks.

For the FIFTH straight year, the Base Broomball team charged through all opposition to take the Pac Region Championship. In the middle of March, the victorious group will travel to Shearwater to take on the best teams from the other five respective regions.

On the debit side, the CFB Comox Totems hockey team got nosed out in the final game by CFB Chilliwack by a score of 5-3. It is now up to Chilliwack to represent the Pacific Region in the National championships to be held between the 20th and 25th of March at CFB Shilo.

A hearty congratulations to the Broomball team. May you continue your winning ways in Shearwater. To the Totems, nice try, better luck next year.



Dreams Are Made Of This

It's Tac Eval Time

The CFB Comox Spa and Holiday Camp is readying itself for another Spring of fun and games as time for the Annual Tactical Evaluation nears again.

With the Annual Tac Eval comes a massive influx of visitors...both Eval team and observers. The 1977 show brings out more than the usual

with approximately 70 lost souls to get underfoot.

This year's Tactical Evaluation will take place 21st to 25th of February for Base and 409 Squadron, with back-up participation from 407, 442 and VU-33 Squadrons.

All Military and Civilian personnel are reminded to

carry their ID cards and Restricted Area passes with them at all times during the Eval period.

The aim during Tac Eval 77 is to demonstrate, within the constraints of simulation, the effectiveness of the Base in performing its operational and support tasks.

PER And Promotion - Men Get The Message

"If he walks on water and if he changes the water to wine and if he makes it a good wine, he deserves a rating of seven," said Captain Maurice Verette. "On the other hand, if he keeps pushing the door when the sign reads pull, give him a rating of one."

Captain Verette was speaking to a full house in the Base Theatre on Tuesday last week. He and Sgt. Bob Hubbard, both from the DGPCOR-SO 2 area at NDHQ, were visiting this west coast airbase to spread the word about the PER and Promotion systems to the men and women of the non-commissioned ranks.

Pointing out on a graph, Captain Verette said that in 1974 there were not many individuals rated in the middle group; e.g., in the three-four numerical scoring area of the PER. The majority were in the above average to superior range; i.e. increased to four-five and over. This called for a change in monitoring procedures.

PER USES
"The PER is not used primarily as a promotion document," Captain Verette said. "The Career Managers use the information contained for career courses, remusters, and posting selection; the CMRB use them in medical reviews."

"Blame yourself, because you're the ones writing the PER", he said. He was

referring to individuals failing to give their message to the Career Manager in section seven. "...and don't forget to put those courses that you have attended within the reporting period down in the applicable block. Don't rely on the course reports reaching NDHQ in time to be considered by the Promotion Board," he said.

"If you wish to remain in your current unit-Base, ensure you place the name of same in the first posting preference block," he said. "Personnel have had this opportunity since 1974." (At one time, individuals were not authorized to put their current unit down in the posting preference blocks; however, they were permitted to place their desire to remain in the

"Other Factors" area.) One enterprising individual actually made out his own PERs and sent them off to NDHQ. It was only after a promotion message was issued to the individual's Commanding Officer that the fraud was brought to light.

PER MONITORING
Captain Verette indicated the purpose of the monitoring organization at NDHQ. He said the monitors checked the quality, signatures, agreement (scores to narratives to promotion recommendation), extreme scoring and to see if the reports were balanced. Some units rate too high, some too low (this info is fed to Promotion Boards.)

He said: "Every PER (over

(Continued on page 2)

'Energy Rates To Go Up?'

"Conservation, the Science Council of Canada tells us, can pay off. Practiced consistently it can trim our provincial energy demands by 20 per cent in 1990. I'm not suggesting that we should go as far as some countries have done. Sweden, for example, has cut its energy growth rate in half. It has used Draconian measures; measures which I for one wouldn't advocate here in B.C. But they have been effective and I'd like to list some of them for you this afternoon."

The Honorable Jack Davis, MLA, Minister of Energy, Transport and Communications was ADDRESSING THE Provincial Legislature on February 3, 1977. A portion of his speech is published here for the benefit of Totem Times.

"Oil-less, gas-less, coal-less, Sweden uses both the carrot and the stick approach. The carrot takes the form of grants to homeowners, commercial establishments and industries. They get 35 per cent of the cost of installing more insulation in their buildings, replacing old machines with energy saving equipment and introducing new processes which cut down on their use of fuel and power. Loans are also available up to 65 per cent of total cost on a ten year pay-back low interest basis. Total budget this year \$375 million.

"The stick approach shows up in price hikes and a host of regulations, most of them effective July 1, 1977. First as to the price hikes: the size and number of windows in new homes are limited, especially

those with a northern exposure. Oil burners have to be inspected twice a year. Storm windows must be triple rather than double. Insulation must be retro-fitted in old homes, laid on a foot deep in new ones.

Temperature limits indoors. Maximum speeds on the highways. Lighting requirements lowered. Wasteful appliances banned. Car sizes reduced. Summer cottages cut off entirely....

"As to prices; another 35 cents on gasoline. In Sweden it already costs motorists \$2.00 a gallon! Electricity for home use a flat 5 cents per kilowatt hour, double what our people pay here in B.C.

"This is rough treatment. I don't see us moving this far or doing things as harshly as they have done in Sweden. But

we have to move. We have to conserve energy, use our heads, persuade rather than compel. Draw up guidelines for the design of new buildings. Build them right. Take advantage of solar heating where we can. Switch to lower grade fuels wherever possible. Insulate our homes and save a third of our residential fuel in the process. Drive smaller cars. Use transit, buses, light rail cars wherever possible.

"Everything we do should be screened from an energy saving point of view. We should charge cars more and people less on our ferries. We should adopt utility rate structures which discourage waste and limit consumption. Old rate structures which saw the price of electricity and

"Part of my responsibility deal with looking after the best interest of the military and the supporters of the military. It's a big constituency. Perhaps one of the biggest in the country. "...over 78,000 regular troops, 20,000 reservists and 61,000 cadets. Then there are some 40,000 civilians employed by National Defence. In addition, there are about one million veterans and servicemen and women and that doesn't take into account their families or the families of men, and women now serving."

The Honorable Barney Danson was making his first major speaking engagement as Minister of National Defence. He was addressing the 40th Annual Meeting of the Conference of Defence

Minister Speaks About Defence

Associations at the Chateau Laurier Hotel in Ottawa on January 13.

"...the job I hold now represents the highest aspirations of a soldier, as it would a sailor or airman...my only ambition is to be the very best Minister of National Defence I can be.

"When I accepted the post though, I did it with the conviction that this government is firmly committed to giving the forces the support and equipment they need.

PROFESSIONALS
"Our troops filled me with enormous pride and their professionalism reinforced my confidence in my ability to carry out this job. Everywhere I went (over in Europe) I was congratulated on that professionalism of our servicemen.

"They had a sense of professionalism, he (General Alexander Haig) said, that stood out among NATO troops.

"...after twelve years of intensive peacekeeping we can rightly ask for more intensive peace making.

"General Dextraze who is one of the most outstanding military men Canada has ever produced and I have ever had the privilege of working with. "With his help and the support of his officers and men, I know we can provide exactly what the military in this country needs to perform its role effectively.

FIRST STEP
"One of my first steps as Minister will be to temper unification a little. We need to encourage greater service identification and greater unit

identification within that service. Mind you, I am still a supporter of unification. It is by far the best policy for a nation such as ours - it is not to be reversed. But I think we have sometimes been overzealous in its application.

"There is room in a contemporary armed force for special distinguishing badges. After all, if a man joins up to be a sailor, he wants to be identified as a sailor. The same applies to soldiers and airmen. An esprit de corps, a sense of belonging to a particular unit, is a cornerstone of pride and the devotion that pride in unit, pride in regiment brings.

THE RESERVES
"This is vital to the reserve forces too. Canada has been a nation that has maintained a tradition of citizen soldiers for

well over 100 years. "...here are young men and women who serve because they believe in it. They don't do it for the money. They could earn more working part-time at McDonalds. They do it for the satisfaction it gives them. For the camaraderie and the service to their country.

"They are not poor cousins to the regular troops or 'Saturday night soldiers'. I would like to see all of them, including cadets, outfitted in the distinctive green that is the symbol of all our servicemen. Frankly I like those uniforms and look forward to the day when all our military forces - from the youngest cadet to the most senior general - wear them with pride.

(Continued on page 2)

Men Get The Message

(Continued from page 1)
60,000 goes through the computer. Of these, 29,000 are Corporal and Master Corporal PERs."

PROBLEM AREAS

"196 Senior NCO PERs from 1976 did not reach the latest promotion board," Captain Verette said.

"10 per cent of Canadian Forces personnel don't know their names or SIN", he said. He used WQQD as an example. Although an individual named WOOD signed his PER, he apparently didn't check the spelling of his name in Section 1.

"6,000 PERs were coded wrong last year and were kicked out of the computer," he said.

"PLEASE CHECK THE SPELLING OF YOUR NAME AND THE CORRECTNESS OF YOUR S.I.N."

FOR SUPERVISORS

"Yes, your SIN can be traced by the computer. Someone can actually check your scoring rate out over the period that the latest PER has been in use."

Have they been making use of this information? Not as yet, according to Captain Verette.

"Performance Requirements 8 and 9, Job Knowledge and Application, must be observed upon," he said.

"If an individual is actually performing as a supervisor, he must be marked in all 17 Performance Requirements."

On the other hand, if a Corporal is not working as a supervisor, or his supervisory PRs (total of six) are lower

than his other eleven, it is to his advantage not to be assessed in Section Four of the PER in the supervisory PRs. This is because the computer averages out the overall scoring on each PER.

If an individual is posted four months after the annual submission (to NDHQ) date, a PER will be required. This would be after February 1 for a Senior NCO.

Captain Verette said: "You can not request an accelerated promotion for an individual who already has the time in rank for said promotion."

Letters of commendation should be submitted to NDHQ via a special PER if an individual displays the outstanding performance worthy of recognition, and he has the required time in rank for promotion.

The assessment period must be at least three months to a maximum of 12 months.

There should be enough space in Section 4 for the supervisor to give a description of just what the individual's performance was during the reporting period. If the person being assessed is rated higher than normal, an attachment may be required he said.

The person being assessed gets to sign the PER only after it has been fully completed.

The Reviewing Officer's narrative should complement the supervisor's remarks. Additional information can be applied, if warranted. The use

of "Concur" should be eliminated, if possible.

YOUR MESSAGE TO CM

The individual being assessed should make sure that Section 7 is completed accurately. On his posting preferences, he should try to be consistent from year to year. If he wishes to stay at Comox, he should place that name in the first preference block. The Other Factor area can be used to add weight to his desires.

"Help yourself by completing his portion," Captain Verette said.

PERs RETURNED

Three of the major reasons that the PERs are returned from the monitoring organization are lack of substantiation for superior scores; lack of substantiation of "7"; and rationale for superior scores not apparent.

PROMOTION

Capt. Verette briefly described the promotion system. He explained how the Promotion Board operated and how the merit list was compiled. In particular he said: "All eligible candidates will be seen by the Promotion board."

One Captain queried this statement. He said that he was under the impression that there was a MORT formula which eliminated the lower 50 per cent of the eligible Cpls from being seen by the board.

Captain Verette replied in words to the effect: Yes, there is such a formula. Based on a three year assessment average, the eligible Corporals and Master Corporals are each in fact divided into

two lists which are reviewed by the Career Managers to ensure that a deserving individual who has a reasonable chance for promotion is not missed by the Board. It would be foolhardy to look at the files of 1,000 people if there were only 10 promotions forecast at that rank level for that trade during the ensuing promotion year, he said.

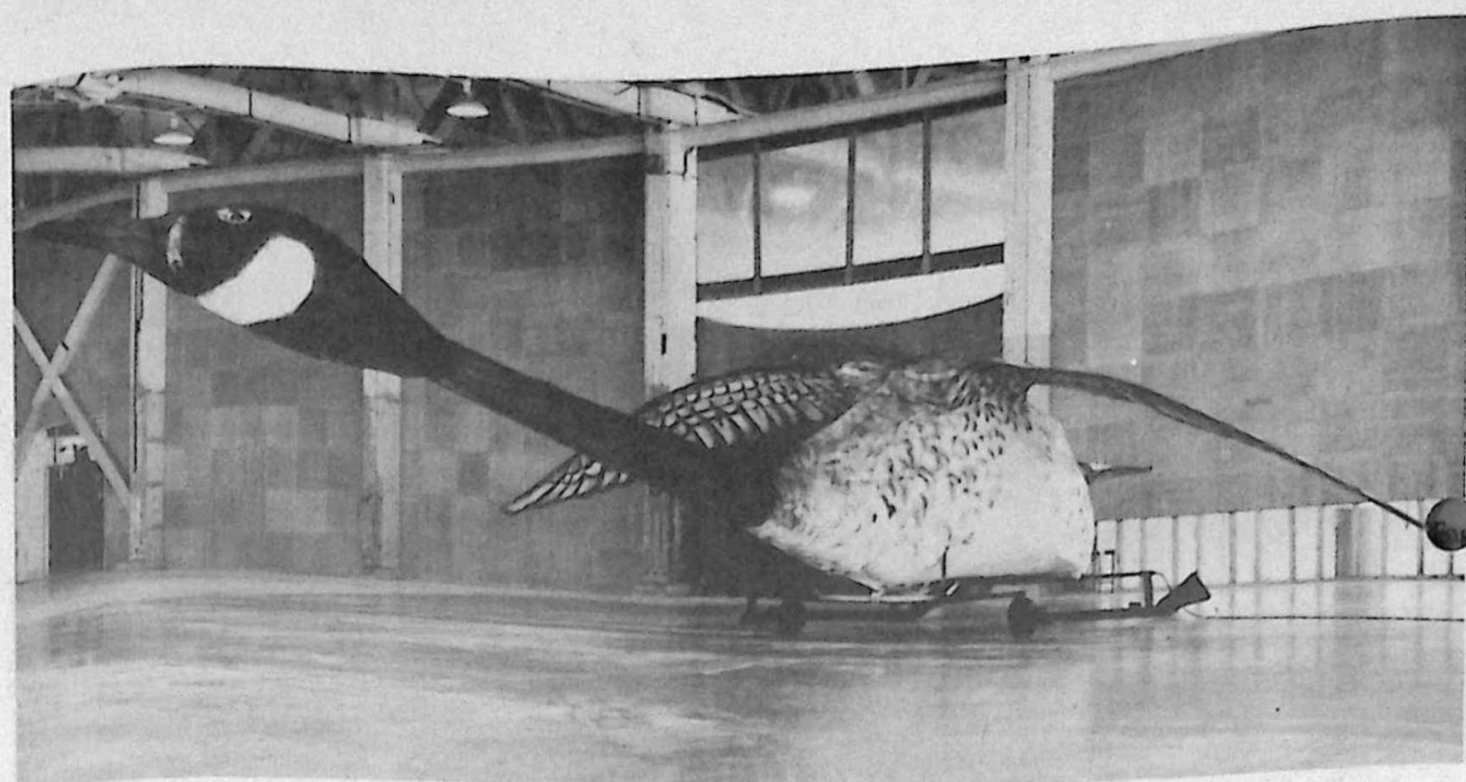
"BROWNIE POINTS"

Using information contained on the PER file at NDHQ, the Promotion Board allots 0-8 points per member for performance and 0-2 points for potential. The potential is broken down into linguistic ability in both of the two official languages, experience, qualification, age (only if a trade imbalance exists), physical fitness and personality. The total of the scores for each board member is then compiled in order of merit by the computer.

BRIEFING WELL RECEIVED

Capt. Verette's slide presentation and words of wisdom (and jokes), tinted by a strong New Brunswick twang, were apparently well received. On the whole a very subdued audience listened to his briefing. There was not one question asked about the National Representative Group (NRG) or of how the Francophone can by-pass his highly rated Anglophone buddy on the merit list for promotion.

"Maybe everyone has heard the story before?" remarked one individual as he left the theatre.



GOOSE TO THE RESCUE — During the herring roe fishing season, two large geese from the cool climate of Edmonton, will winter in the 442 nest at the edge of this 'saltchuck' shore. A replica of one of these giant Canada geese is shown nestled in the warm comfort of a 408 Squadron maintenance nest

at CFB Rivers, Manitoba, circa 1970. (The Honkers' Happening exhibit was the result of the artistic remodelling of a CH112 helicopter by members of BAMEU and of Basic Helicopter Training Unit aircrew in recognition of the 408 Squadron disbandment in 1970).

408 Photo

'Energy Rates Should Go Up'

(Continued from page 1)

natural gas fall as consumption increased are out of keeping with our times. More doesn't cost less anymore. It costs more. And so our rate schedules should go up, not down. They should favour the careful users of energy, the small customers, the consumer and the cost conscious consumer alike.

"Marginal pricing (which recognizes the fact that new dams cost more than old dams, new gas costs more than old gas, imported oil is more expensive than

yesterday's oil from Alberta) is on its way. B.C. Hydro's rates are moving in the right direction. And it's about time. We've been hiding the true cost of new supplies of energy from the public for years.

"Our users need to be reminded, constantly, of our energy deficiencies in this province, of the fact that Canada is a 'have not' nation insofar as fuel is concerned; reminded that, unless we're careful we're going to be exposed to outside pressures, foreign currency pressures, foreign boycott pressures,

external influences of a type and a severity which Canadians have never experienced before.

"Energy, even today, is a bargain. It's a bargain any way you want to measure it. You can do incredible things with electricity, with natural gas, with oil. You can do the work of armies for a few cents an hour. You can lift great weights, travel at the speed of sound. You can do things which were inconceivable a few years ago in the twinkling of an eye.

"But cut our supply lines

and you are helpless. Your house is cold, your office closed, your industry shut down. This is why the Scandinavian countries, for example, are building up year long inventories of oil, filling empty mine shafts and building tank farms so as to reduce their dependence, their immediate dependence, on the rest of the world.

"We in Canada, with our great land mass, with our vast sedimentary basins, with our wide Continental Shelf literally have resources to burn.

Minister Speaks

(Continued from page 1)

"There is nothing wrong, however, with retaining distinctive mess kits and ceremonial dress uniforms which units may wish to provide for themselves."

EQUIPMENT FOR MILITIA

"About one-third of the new operational armored vehicle general purpose, the AVGP, on order will go to the militia.

"I think purchases like the AVGP's will prevent that loss of strength (high turnover in militia troops). It will also provide realistic back-up for the regular forces."

RESERVE FOR PEACEKEEPING

"...to see expanded is making greater use of reserve forces in our peacekeeping contingents and our international commitments. Reserve troops already serve in Cyprus and the Middle East and I'm sure that with a high level of skill and training, these roles can be expanded in other areas."

FORCES FOR UNITY

"The Canadian Armed Forces are and will continue to be a force for unity...never, I hope, to force unity."

CONTRIBUTION TO CANADIAN LIFE

"...search and rescue. How many downed pilots, drifting fishermen, lost hunters or sick children continue to be saved each week by our airmen and sailors? Our search and rescue role has recently been increased by being given control command over all elements involved. And then there are the instances of assistance to civilian authorities. With the Olympics, I am firmly convinced that our troops helped act as a deterrent to terrorism."

COMMUNICATION

"...lack of communication is a key problem. Another is apathy. It's not that people are anti-military. It's just that there is a clear and present danger most people pay only lip service to the military.

"How do you talk of the very real Warsaw Pact threat and not attract the support of the lunatic fringe, which would immediately destroy your credibility? I am neither a hawk nor dove. I like to consider myself a pragmatic idealist.

"How do you discuss things rationally in a non-military democratic society without creating hysteria or a feeling of futility. And it is imperative that this discussion take place because the threat is very real and growing."

OUR PRIORITIES

"...the success of NATO is crucial to our own national defence. We have our defence priorities: protection and surveillance of our national sovereignty; North American defence; the fulfilment of our NATO commitments; peacekeeping and others in that order. I believe that the first three sovereignty, North

American defence and NATO are almost inseparable. We can't have a free North America without a free Western Europe, and Western Europe cannot be free without a free North America.

"NATO is a key element."

"Our budget of close to \$3.4 billion, about 9 per cent of our total federal budget, represents an increase of approximately \$400 million or 13 per cent over the last fiscal year.

"...the government is committed to increasing capital spending on new equipment by 12 per cent a year in real terms after providing for inflation, which should lift capital spending in real terms to about 20 per cent of our budget, the percentage necessary to maintain modern fighting forces.

"...we have placed orders for the new Aurora long range patrol aircraft to replace the Argus that our airmen have kept in operational shape for so many years with dedication and tender care. We have ordered new Leopard tanks for our armoured units, which will strengthen our NATO position. The purchase of the AVGP's which I have mentioned earlier is imminent and I am currently addressing the decision on new fighter aircraft and will follow this with our major ship replacement program."

"DOLLAR ACCOUNTING
"...we must go through the difficult process of rationalizing our current spending to make sure that the Canadian taxpayer is getting the most effective, most efficient armed force for his money. Part of this plan involves base consolidations...
"...we must increase our tooth to tail ratio. We must have a better relationship between the strike force troops, support troops, and base facilities. Secondly, we must get better value for our defence dollar."

IN CONCLUSION

"Our young men and women in the forces are too precious to us to give them anything but the best and most effective support and equipment we possibly can. I don't want to see another Hong Kong or another Dieppe. I will not sacrifice one life to poor planning or unpreparedness on our part.

"The world is a much smaller place today than it was when I was a young soldier. And as it continues to shrink, personal and national obligations to the world community grow.

"To defend Canada we must defend Europe in concert with our allies. But that is part of the price to pay for security and our type of open society. It is a responsibility and an obligation that Canada has never turned its back on and we will not turn our back on it now.

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Here And There

Transferred To Europe

A non-credit course in Conversational German is proposed beginning end of Feb.

Course will run 1 night a week for 10 weeks. Cost will be \$22.00.

Dependents welcome. Personnel interested in attending are asked to contact the BITO local 469.

TB Seals

Total contributions to the 1976 British Columbia Christmas Seal Campaign from the Comox Valley area total \$6,349. This compares to \$5,264 in 1975. Contributions from throughout the Province total \$595,560, considerably up from the 1975 Christmas Seal Campaign which reached \$509,000.

The Christmas Seal Committee Chairman for this area is Mrs. Janet Dodds of the Ladies Auxiliary, Fraternal Order of Eagles No. 3099.



"CLICKETY CLICK - 66, UNDER THE O" - June Bourrie, member of the Comox base CWL and co-ordinator of the monthly bingos at Glacier View Manor, speaks to residents of the Manor who are anxiously waiting for the game to start. In order to support this project and other CWL projects it is necessary to raise funds. A yearly fund raising project is the bazaar which will be held March 19, from 2 p.m. to 4 p.m. at the Airport school. If you are not a member but would like to help, donations of handcrafts, baking and thus can be made by calling the bazaar convener, Aline Bossons 339-5900.

Photo Amirault

CB'ers, Eat Your Heart Out!

OTTAWA — Canadian-designed, portable field radios, described as "the most advanced in the world," have been bought for the Canadian Armed Forces to augment long-range communications needs, particularly in hilly or built-up areas.

The radios were designed to Canadian Forces specifications by Collins Radio of Canada with head offices in Toronto. The contract including spare parts is for \$6.7 million.

Called the Army-Navy Portable Radio Communications 515, it has a range of 15 miles when operating on field antenna, and an unlimited range when connected to a more sophisticated antenna system. It can operate on 280,000 different channels, including those used by ships and aircraft.

The radio - including field pack, frame and 25-volt nickel cadmium battery - weighs 12.6 kilograms (27.8 pounds). The battery may be recharged by a hand-crank attachment while operating in the field.

The set will supplement one known as the AN/PRC 25. Its greater range will extend the patrol radius of land combat units, and also provide a more effective means of communication between ships and shore.

Project officer for the new set, Lt. Robert Lavigne of National Defence headquarters here, says "it's



Described as "the most advanced in the world," 641 AN/PRC 515 radios have been bought at a cost of \$6.7 million. Major-General Louis H. Wylie, chief of engineering and maintenance at National Defence headquarters, prepares to operate the first set presented by George Bury, vice-president and director of Collins Radio of Canada.

Canadian Forces photo

been three years in development, and some very recent electronics were incorporated, making it the most advanced field radio in the world."

Lt. Lavigne also said that a number of countries are interested in the radio, including Germany,

Yugoslavia, Turkey, Indonesia, Malaysia and Iran. Chief of engineering and maintenance for the Canadian Forces, Major-General Louis H. Wylie, accepted the first production model in mid-January from the Ottawa vice-president and director of Collins Radio of Canada, George Bury.

Project Extended

Project Dogwood has been given the gift of life for another year.

The program offers a 2 year Business Administration diploma course condensed into 1 year.

Start date is 4 July 77. Applications are being accepted now.

POSTED

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Air Traffic Control News

Due to the length of time since the last column, many personnel changes have occurred. Since January, Capt. Neilson retired to MOT Marine Radar and WO Harrington retired to civilian life.

Upcoming postings include Sgt. Art MacIntosh to Greenwood, Cpl. Dennis Pettigrew to Portage and Pte. Jack Fisher to Ottawa.

Like the rest of the Base, the Section is preparing for Tac-Eval, but in most cases, our Section is just doing our normal jobs of providing air traffic services to aircraft. Regular day to day flying of all the Squadrons plus scheduled civilian flights, a real "mixed bag" keeps us on

our toes year round.

The Section Hockey Team recently lost a close 3-2 decision to the Vancouver Air Traffic Control Hockey team in VR, but the rumor is that the only reason they won was because of their ringer who once played with the Edmonton Oil Kings.

Section B hockey is continuing but recent serious injuries ie. a broken leg, have left a bad taste as to the fun, no contact hockey league we were supposed to have. I realize some of our players aren't "angels" but the point is that a good look should be taken at the B league rules and enforcement of them by officials and teams.

Karen's Kolumn

A lot of people have been coming and going since the last time the column came out.

Early in January, Robin Smith left to try her hand at being a civilian again.

Also in January we had a few arrivals. New to the base are Cindy Wilson, Jane Remmerswaal, Chris Crosby and Jayne Poplar, who is here until the middle of March on T.D.

Sue Lawson and Judy Dewlin have returned to Borden. Sue has been posted there and Judy will be on course.

Bev House has also "departed". She got her release in the middle of February.

Debbie Edwards was promoted recently and is now

a Corporal. Also, Jo-Anne Parker received her first hook. Congratulations!

Sportswise - Esquimalt will be up at the end of the month to play a series of volleyball games against Comox. Several girls have been coming out regularly to practice, so it should be a good match. Remember girls, it will take place on the 26 and 27 of February. Also, volleyball practices are still held on Tuesdays at six and Thursdays at 6:30.

The Regionals for Volleyball are being held in Moose Jaw from the 9th to the 12th of March this year. Comox is planning to enter, and hopefully we will have a team going.

That's all for now, see you next issue.

Scribe's Scribbings

It has been a couple of issues since this article last made its appearance, but here again is news of what we have been up to, or not up to as the case may be.

R & D's Sgt. Bill Holmes leaves for Esquimalt for charm school - otherwise known as Senior Leaders Crse this month. We hope you have a good time Bill and return at least as charming as you are now, if not even more so. This course is after all your licence to become a practising gentleman.

Other news from R & D is that Cpl. Jim Cassibo is up to his ears in releases. Due to the high demand for his services, Jim is considering raising the price - his way of coping with release inflation. So people start thinking twice about getting out - you are driving the man to distraction.

During the past few weeks a number of new faces have arrived in our midst. Cpl. John Blanchard is the new clerk in the Hospital OR. Sgt. Ed Lyons is newly arrived from CFB London and has replaced Cye in the 407 Sqn. OR. Sgt. Pshytoky left us for a posting in Edmonton. Pte(w) Cindy Wilson is a recent arrival from Borden and she is getting into the swing of things in the BOR. We extend a big welcome to you all and hope you enjoy being in Comox.

On the departures list, a little (very little) bit of humor is leaving the BOR - in the form of a horn blowing musician. A/Cpl. Jackson is the fellow and he has recently remustered from clerk to musician and thus received a promotion and a posting to Kingston. If there are any other comings and goings I have missed - my apologies.

Remember, I need help from you all for news to write about.

We Scribes are supposed to be the wise guys when it comes to administration and recently there has been a move on to remove wisdom teeth from as many people as possible. As so aptly put by Jim Cassibo - "The Administrative Staff would like to bequeath all of their knowledge from their wisdom teeth." Donna Grice, Olive Murphy, Dave Pilon and Simone Cadieux have all suffered from this mass exodus of teeth but they all seem to have had no lasting ill effects. Simone for one is still carrying on as a Sergeant-Major in Housing and hasn't lost any of her biting wit at all (Groan).

Further on the subject of teeth is a "poem".

TO...THE SORE OF MOUTH

Olive Murphy and Simone Cadieux
Donna Grice and Dave Pilon too
Have a bit of wisdom to impart
To all those who are faint of heart
When you are looking for a way
To have yourselves a holiday
Olive Murphy and Simone Cadieux
Donna Grice and Dave Pilon too
Will tell you all to this very day
That the removal of teeth is not the way.

From...The Unknown Admirer

That's it for this issue. I repeat that if any of you have anything at all, you'd like to see in this article let me (Pte. Kim Letson) know by calling Local 217.

YOUR OWN HOME IN THE FUTURE? WANT TO SAVE ON INCOME TAX?

LET'S TALK ABOUT

R.H.O.S.P./R.R.S.P.

(1976 DEADLINE - 1 MARCH, 1977)

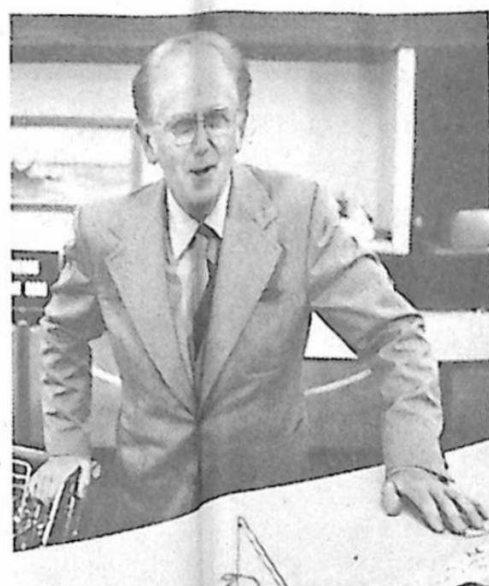


The First Canadian Bank

Bank of Montreal

585 England Avenue, Courtenay, B.C. 334-3181

DON MORRIS,
Manager



Shop around... these financial services are just not available everywhere.

Savings deposits, term deposits, chequing services, loans and mortgages... sure, all financial institutions offer them.

But what about chequing service that pays interest? Or insurance service? Or income tax service? Travel agent service, consumer advice, debt counselling?

How about Saturday hours or longer hours during the week?

A good number of Credit Unions offer these services under one roof. The reason for Credit Unions' better service is the story behind the Credit Unions themselves.

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Of all the places you can go to save or borrow money, only the Credit Unions are democratically run and controlled by the members, customers just like you.

The members elect the board of directors, and individual Credit Union policies. Each Credit Union also determines what services it wants.

Democratic control gives Credit Unions another important advantage. Because they are so close to the grassroots of their communities, Credit Unions are responsive to community needs.

sensitive to local economic changes. They'll likely keep your money working right there in your community, where it does you the most good. They're likely to help you when you need it too.

Security

Although democratically run, Credit Unions operate within the confines of strict provincial legislation. They also operate under the watchful eye of the Superintendent of Credit Unions, an arm of the Attorney General's department.

All Credit Union shares and deposits are guaranteed without limit by a Provincial Credit Union Share and Deposit Guarantee Fund especially designated for the purpose.

In 40 years of Credit Union operation, no member has ever lost a cent of deposits. Over 500,000 British Columbians are already members of one Credit Union or another. If you're not one of them, ask a friend about a nearby Credit Union you can join. He'll be glad to help.

How to join a credit union

Everyone in British Columbia is eligible. You can choose from: a community

Credit Union where you live; an industrial, commercial or professional Credit Union where you work; or an associational or parochial Credit Union that's part of an organization or church you belong to.

Simply come into the appropriate Credit Union, fill out an application, make a set deposit of \$1 to \$25 in a membership share account, and you're in.

tell me more

about Credit Unions, free and without obligation, because I never join anything without a thorough investigation.

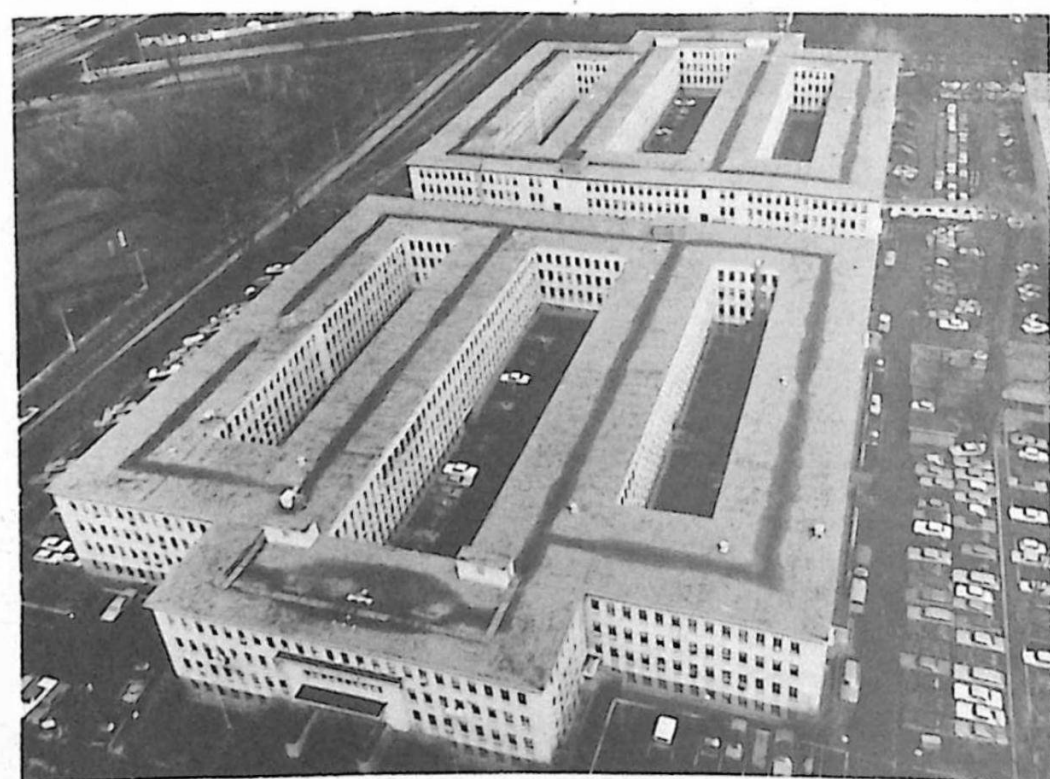
Name

Address

City

Prov. Code

Mail to: B.C. Central Credit Union
P.O. Box 2038
Vancouver, B.C. V6B 3R9



Ol' Headshed Passes Away

End of an era. After 37 years in the "temporary buildings" on Cartier Square, Canadian Forces headquarters completed their move to the new 20 storey twin-tower complex on Colonel By Drive. "A" building was finally vacated by the military on Jan. 26, but the buildings will remain and be occupied by other government departments. (CANADIAN FORCES PHOTO).

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it to yourself.

Ground Pondering

MIG 25 Verdict

Since Lt. Victor Belenko landed his MIG 25 at Hakodate in Japan last September, considerable impetus has been given to the argument that the Soviet Military threat is not as serious as some would have us believe.

This resulted from a close examination of the aircraft which proved it to be considerably less impressive than propaganda had billed it. By the time the "Foxbat A" had been ignominiously packed into thirteen crates and shipped back to the USSR, western military experts were singularly unimpressed. They had discovered that by western standards its construction was crude and its electronics primitive.

While the MIG 25 may not be as sophisticated as either the F14 or F15, there is no evidence to suggest that we should relax our guard.

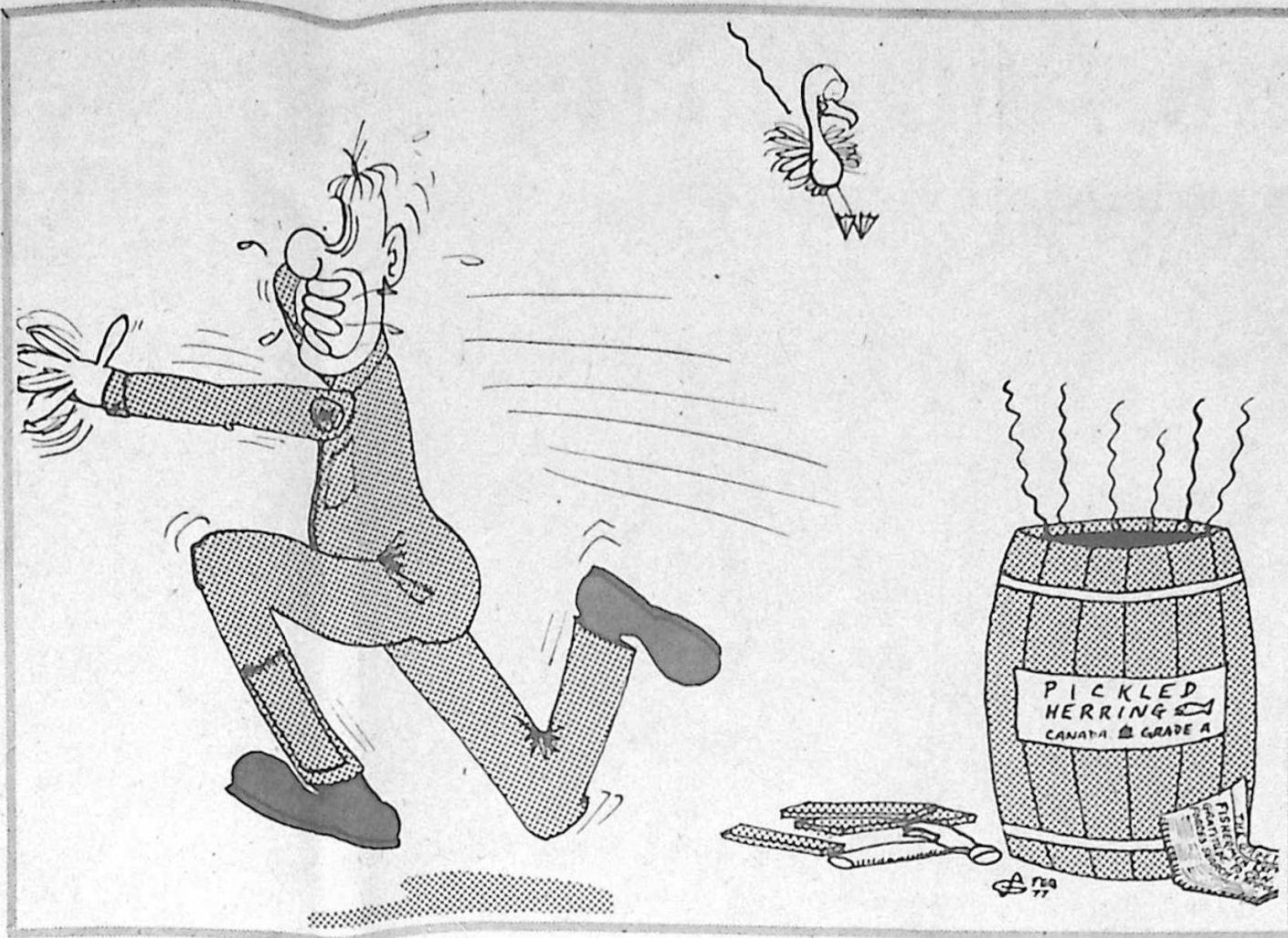
It is hardly surprising that the Foxbat appears crude to us now; it first flew about fourteen years ago and was largely a product of 1950's technology. Notwithstanding this, since 1965 it has established a number of FAI recognized records including an absolute altitude record of 118,897 feet. The reconnaissance version of the aircraft has flown with complete impunity over Israel and even though the Japanese

have an air defence complex with a capability comparable to our SAGE system, and scrambled two F4J's while the MIG 25 was still 200 miles off their coast, they were unable to make a successful interception. As crude as it may be, the aircraft has an impressive record.

We must also not overlook the fact that the Russians have a tradition of constructing relatively unsophisticated but easily produced and maintained equipment. They are not particularly concerned with crew safety, and rationalize that what they might lack in sophistication, they more than compensate for in numbers.

Finally, we would be naive to imagine that the Russians have not produced a generation of aircraft concurrent with our F14 and F15. Before we place too much faith in our "technological superiority", we should be comparing our new aircraft to modern Soviet fighters, not one that is over a decade old.

The Russians would probably like nothing better than for us to think that we are overestimating their strength. For us to develop a false sense of security on the basis of an examination of this single aircraft would be extremely prejudicial to our defence.



'Hello There!'

To: Former Pupils, Teachers and Members of the School Board of Paul Davoud School.

The Anniversary Committee of Paul Davoud School cordially invite you to attend our 25th Anniversary Celebration to be held Friday, September 23rd and Saturday, September 24th, 1977 at C.F.B. North Bay.

Since many of our former students, staff and school board members live beyond the circulation of this newspaper, we request your help in locating them.

Please send names and addresses to the 25th Anniversary Committee.

Yours truly,
Elena Naughton
Chairman of Anniversary Committee

Paul Davoud School
C.F.B. North Bay

Box 1540
Hornell Heights, Ontario
P0H1P0

Heritage Week Declared

The Honourable Grace McCarthy, Provincial Secretary, has declared February 21st to 27th Heritage Week in the province of British Columbia.

Heritage Canada, the national charitable organization dedicated to preserving the best of Canada's man-made and natural heritage, annually invites provincial authorities to declare the third Monday in February Heritage Day in their province. In her reply to the invitation sent by Pierre Berton, one of Heritage Canada's Governors, the Minister stated:

"The Provincial Government is anxious that British Columbians be reminded of the proud heritage of their country."

- Boom To Bust -

by JIM SMITH

The forces dominating Canada in 1977 actually date back to 1939 with war in Europe and Asia. Domestic life ground to a halt; the men went overseas, the women into munitions factories. Few couples had the inclination or opportunity to raise families.

The war ended. Suddenly, men and women were free to do things that come naturally to couples. They married. They had children. They tried to cram six lost years into a handful of months. And the post-war baby boom was born.

The baby boom rolled through the next few decades like a tidal wave. Public schools, secondary schools, universities, housing, and the labour market fought consecutive losing battles against the new demands on their facilities.

Courtesy Voxair

'Ex-Serviceman - You're Okay'

"You're Okay"
By Dick Ginter (Master Corporal retired).
So! You're going to retire? No, bad opening - try again!
"CIVVY STREET, HERE I COME!"

Yes, much better.
Why does a man retiring from military service present a picture in his mind of a beggar with hat in hand saying: "Please, Mister, have you got a place for me, a spot where you can fit me in? BULL - the serviceman retiring today has so much to offer that he is completely misinformed if he believes people are going out of their way to hire him.

NO ONE, least of all the skintflint owner of a business, or his representative, is going to hire anyone unless he expects to make a dollar out of him; and, boy, can they make money out of a man who is skilled in his field, trained to accept discipline, and orientated to self supervision -

- as any good military man is! I'm not knocking the philosophy of life in Canada's society - I haven't the training or the background knowledge to judge in an unprejudiced manner. All I can do is give my opinion and here it is.

A man TRAINED by the Armed Forces in the '50s is not the same type of person who is nowadays "educated to achieve" or "brought to self awareness".

I retired from the Armed Forces in 1974 and was LOST! "What can I prove in civvy street?" I asked myself. "What do I know that they don't know better than I do?" was another question. Christ, I couldn't even make mini-warrant. Hell, I didn't even make sergeant. To make myself believe I was worthwhile, I earned a federal government ticket in my trade. WOWEE!!!

But, you know what? That was simply an opener. My military experience is what

has made me Plant Superintendent of Aero Tech Corporation.

No, my ticket doesn't hurt, but it wasn't what got me promoted to my present level. I was promoted because of my experience, then a willingness to take the responsibility to make a decision, and above all, a willingness to work without supervision.

As a result of my good military training, my boss trusts me because I am used to putting my name and signature to any work I do.

I have a thorough knowledge of my job. That's something I picked up while going on various courses in the Armed Forces and by being placed in such a great variety of jobs while "doing my time" in the military service. As a matter of fact, it is because I had so many versions of my job already behind me that I can now supervise with more ability than the poor civvy who worked his way into a similar

position through tact, hard work, and a nice personality! The serviceman is well trained at great expense to the taxpayer - okay, stop jeering. I don't have the figures to prove it, but I do know from two years experience as Plant Superintendent when I hire an untrained man off the street, as compared to a kid with even only one year of technical school, I'm being foolish. I am now in a position where I do hiring and firing, and I have to be able to justify my decisions to the boss - and to the Labour Board.

I have to closely supervise every man who is not previously trained. This costs money since close supervision keeps me away from other work which also has to be done. Then by the time I have taught him to do a reasonably passable job I find that others have not been as diligent as they might have been, and I must go over their work to ensure it will be passed by quality control.

LETTER TO THE EDITOR:

For the last several years there has been a continuing controversy regarding Search and Rescue activities on the West Coast of British Columbia. Recently it was announced that the Federal Government will be spending 40 million dollars to upgrade Search and Rescue facilities in Canada and I am sure that most Canadians will applaud this decision.

I am also gratified that three Federal Government Departments will combine resources to provide Search and Rescue support to West Coast fishermen during the annual herring roe season from late February until the end of March. During this period, ships, aircraft and personnel from the Transport, National Defence and Fisheries and Environment

Departments will be used for Search and Rescue activities on our coastline.

During the last two years I have received numerous suggestions by Island residents that 442 Search and Rescue Squadron based at Comox should deploy helicopters from other coastal airfields and not be restricted only to Comox. It is the intent of 442 during the herring season to follow the fishing fleet as it moves north, and helicopters will not be restricted to Comox. It is also interesting to note that 442 fixed-wing aircraft will fly Search and Rescue Patrols over fishing areas in the course of their routine training.

As far as support the Coast Guard ships Ready, Racer and Rider, plus a chartered vessel, will provide surface

Search and Rescue coverage and accompany the herring roe fleet as it moves from the southern part of Vancouver Island to the Central and Northern areas.

In addition training exercises for destroyers and Argus and Tracker aircraft have been scheduled off the west coast during the herring period. Two military tugs will also be available for Search and Research assistance off Vancouver Island if necessary. The 22 Federal Fisheries patrol boats that are to accompany the fleet and

manage the fishery will also be tasked to perform Search and Rescue missions as required.

It is the hope of the Federal Government that the Search and Rescue programs that have been specifically designed for the herring fishermen will result in a safe season and there will be no repetitions of the loss of ships and lives that have occurred in the last two herring seasons.

Yours truly
Hugh Anderson, MP,
Comox-Alberni

Commons Debates

Search And Rescue

ALLEGATION A PORTION OF ALLOTTED FUNDS USED FOR NEW OFFICE FACILITIES - GOVERNMENT POSITION.

Mr. Hugh A. Anderson (Comox-Alberni): Mr. Speaker, I have a question for the Minister of Transport. The government of Canada recently announced an additional \$40 million to be allocated for increased search and rescue facilities in Canada for the period 1977-78. Doctor Robert Somerville, a coast-guard voluntary rescue agent from Campbell River, B.C., stated in a press release of January 1, 1977:

The first \$1 million of the \$40 million allocated for search and rescue has gone to a new office, a sauna, and a gymnasium in Ottawa.

Will the minister advise the House whether these allegations are correct and if in fact any of these funds have been allocated to Ottawa for recreational purposes?

Hon. Otto E. Lang (Minister of Transport): Mr. Speaker, the allegations are totally incorrect. No money has been identified in the new money for any accommodation in connection with search and rescue offices, and at no time has there been any mention of such things as a sauna and a gymnasium. I hope that in the future such people will obtain facts instead of making these accusations.

National Defence

PROPOSED INCREASE IN RENT OF MARRIED QUARTERS - SUGGESTION INCREASE BE LIMITED TO AMOUNT ALLOWED UNDER RENT CONTROL.

Mr. Allan B. McKinnon (Victoria): Mr. Speaker, I wish to direct a question to the Minister of National Defence. Could the minister confirm or deny reports that there is to be a rent raise of between 20 per cent and 40 per cent for occupants of married quarters. Bearing in mind the age of the houses which indicates the amortization or near-amortization of most of them, can the minister explain the new-found role of the government as a rapacious landlord?

Hon. Barney Danson (Minister of National Defence): Mr. Speaker, no firm decision has been made on this question yet. Rentals of married quarters generally reflect the rents in the local community as the forces are put on to special pay rather than special privileges. Some 52 per cent of personnel live outside married quarters and are paying a much higher rent than those living in married quarters. There is a need to bring some measure of equity into this situation but no final figures have yet been determined.

Mr. McKinnon: The minister says he intends to hold the rent rises to their equivalent in the local communities. Can he therefore assure the House that in the provinces where provincial governments have instituted rent controls there will be no raise exceeding the amount permissible under such controls?

Mr. Danson: While the Crown is not subject to those controls, that is my intention.



TOTEM TIMES



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On The Local Scene

Proud Pops And Poised Participants



SNOW QUEEN '77 — Miss Forbidden Plateau, Kelley Parker was chosen from among eleven contestants as this years Comox Valley Snow Queen.

Windish Photo



MISS VANIER — Gail Robb and recently retired dad, Al. Gail represented GP Vanier High school in the recent Comox Valley Snow Queen contest.

Windish Photo



MISS WALLACE GARDENS — Bonnie Campbell, PMQ Councils choice and her father Rod. 'Soup' Campbell is a member of the 442 Para Rescue Section.

Windish Photo



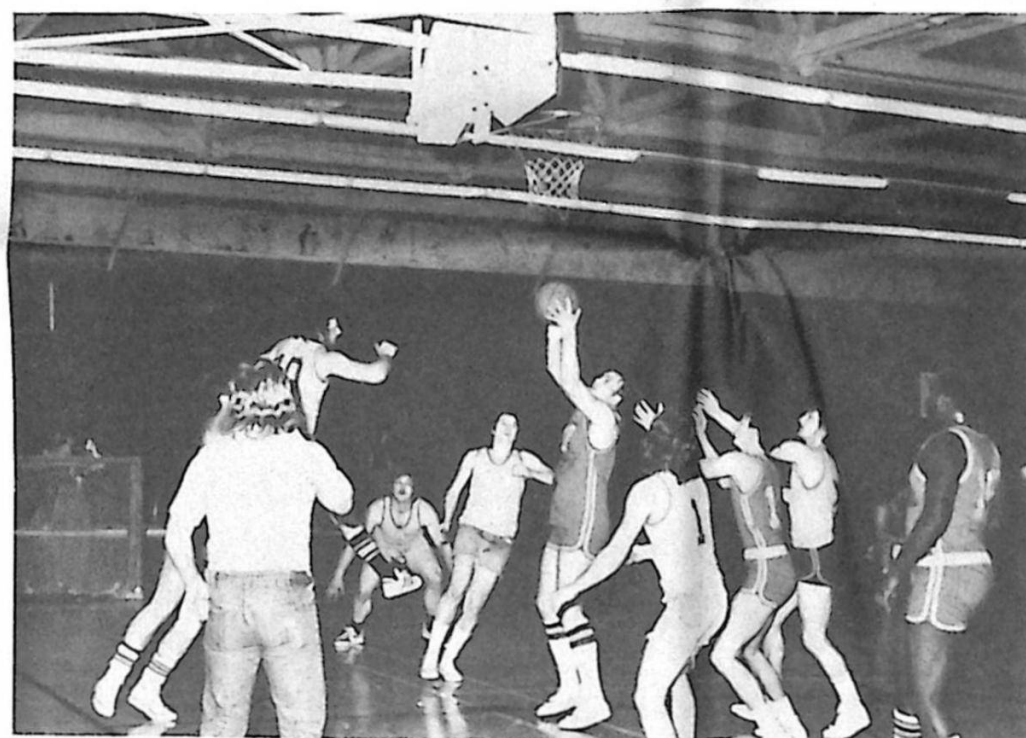
MISS FANNY DUNKER — Laurie Goldie carried the banner of the Fanny Dunkers and her dad, Bob of 442 Sqn. couldn't have been more pleased.

Windish Photo



ROLL OVER ROBIN — Base Archery Club members display modern version of long bow. Modern improvements may help but Greg Macaulay shows that a steady hand and sharp eye are still the main requirements.

Hosford Photo



UP AND AWAY — Base basketball team practice is full of fast action and strenuous activity as members sharpen their skills in preparation for their next game.

Hosford photo



MAN OF THE YEAR — Meki Mouse, alias Sid Williams receives award as Courtenay-Comox Chamber of Commerce "Man of the Year" as Mrs. Read, Alex Linton and Shelley Edwards, look on.

Windish photo



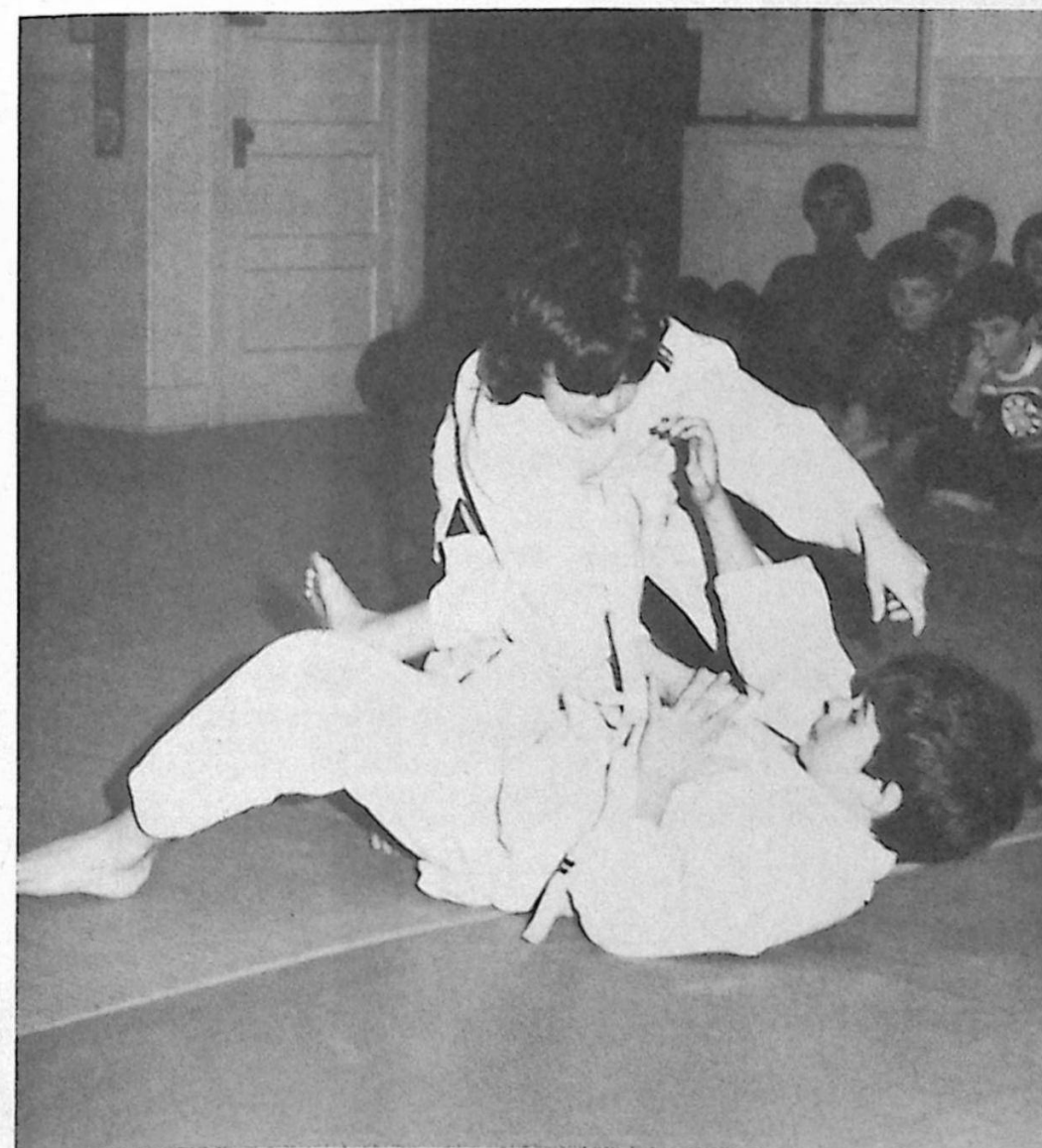
SURFING COMOX STYLE — Winter Carnival motorcycle competition off Knight Road provided many challenges to riders including a big splash. Luckily Keith Taplay doesn't seem to find it too cold.

Hosford Photo



WHO LOST THEIR SPARE? - It might seem simpler to go around but Horst Kirmaler conquers another obstacle in the bikers competition.

Hosford photo



TAKE THAT - Two of the seasoned veterans (since Sept. 3) show how it's done to new members of the beginners Judo Club.

Hosford photo

'Be Prepared'

B.C. Reg. 584/76

Filed November 8, 1976

[L.S.]

W. S. OWEN
Lieutenant-GovernorCANADA:
PROVINCE OF BRITISH COLUMBIA

ELIZABETH THE SECOND, by the Grace of God, of the United Kingdom, Canada and Her Other Realms and Territories, QUEEN, Head of the Commonwealth, Defender of the Faith

To all to whom these presents shall come—GREETING

A PROCLAMATION

G. GARDOM, Attorney-General Whereas the aim of the Boy Scouts and Girl Guides of Canada is to help youths develop their character as resourceful and responsible members of the community by providing opportunities and guidance for their mental, physical, social, and spiritual development:

And whereas these aims embody the qualities of good citizenship: And that the 71,000 members in this Province share a common bond with over 500,000 other Scouts and Guides in Canada and over 21 million throughout the world, exemplifying the ideals of friendship and service manifested by the founder of the Boy Scouts and Girl Guides, Lord Robert Baden-Powell:

And whereas the youth of the Province is our most precious heritage: And whereas as a tribute to the high esteem in which Boy Scouts and Girl Guides and their leaders are held, it is deemed appropriate to issue a Proclamation appointing the week of February 20 to 27, 1977, inclusive, as Scout-Guide Week in the Province of British Columbia:

And whereas Our Lieutenant-Governor, by and with the advice and consent of the Executive Council, has been pleased to direct, by Order in Council in that behalf, that a Proclamation be issued appointing the week of February 20 to 27, 1977, inclusive, as Scout-Guide Week in the Province of British Columbia: Now KNOW YE that We do by these presents proclaim and declare that the week of February 20 to 27, 1977, inclusive, as Scout-Guide Week in the Province of British Columbia.

IN TESTIMONY WHEREOF, We have caused these Our Letters to be made Patent and the Great Seal of Our Province to be hereunto affixed.

WITNESS, Colonel the Honourable WALTER S. OWEN, Q.C., LL.D., Lieutenant-Governor of Our Province of British Columbia, in Our City of Victoria, in Our Province, this fourth day of November in the year of our Lord one thousand nine hundred and seventy-six, and in the twenty-fifth year of Our Reign.

By Command.

GRACE MCCARTHY
Provincial Secretary
and Minister of Travel Industry

Reprinted from THE BRITISH COLUMBIA GAZETTE — PART II, dated November 23, 1976.



Scouting Recognized At CFB Comox

The week of 20-27 February is the week set aside this year to promote and to recognize the world wide Scouting Movement. Lord Baden-Powell of Gilwell started the Scouting movement soon after the turn of the Twentieth Century in England.

Born on 22 February 1857, Baden-Powell had a distinguished military career culminating in his heroic defence of Mafeking in South Africa. He was asked to write a book for boys based on his army training manual, "Aids to Scouting". After testing his theories with boys at an experimental camp on Brownsea Island, off the South coast of England, he wrote "Scouting For Boys" in 1908. It was an instant success and British boys, and subsequently boys throughout the world responded by forming patrols and organizing themselves as scouts. It soon became evident that this was a vital job and Baden-Powell (now a Lieutenant-General) was asked by King Edward VII to devote his full time to this growing youth movement. Scouting came to Canada in 1908 and was incorporated by an act of parliament on 12 June, 1914. Lord Baden-Powell

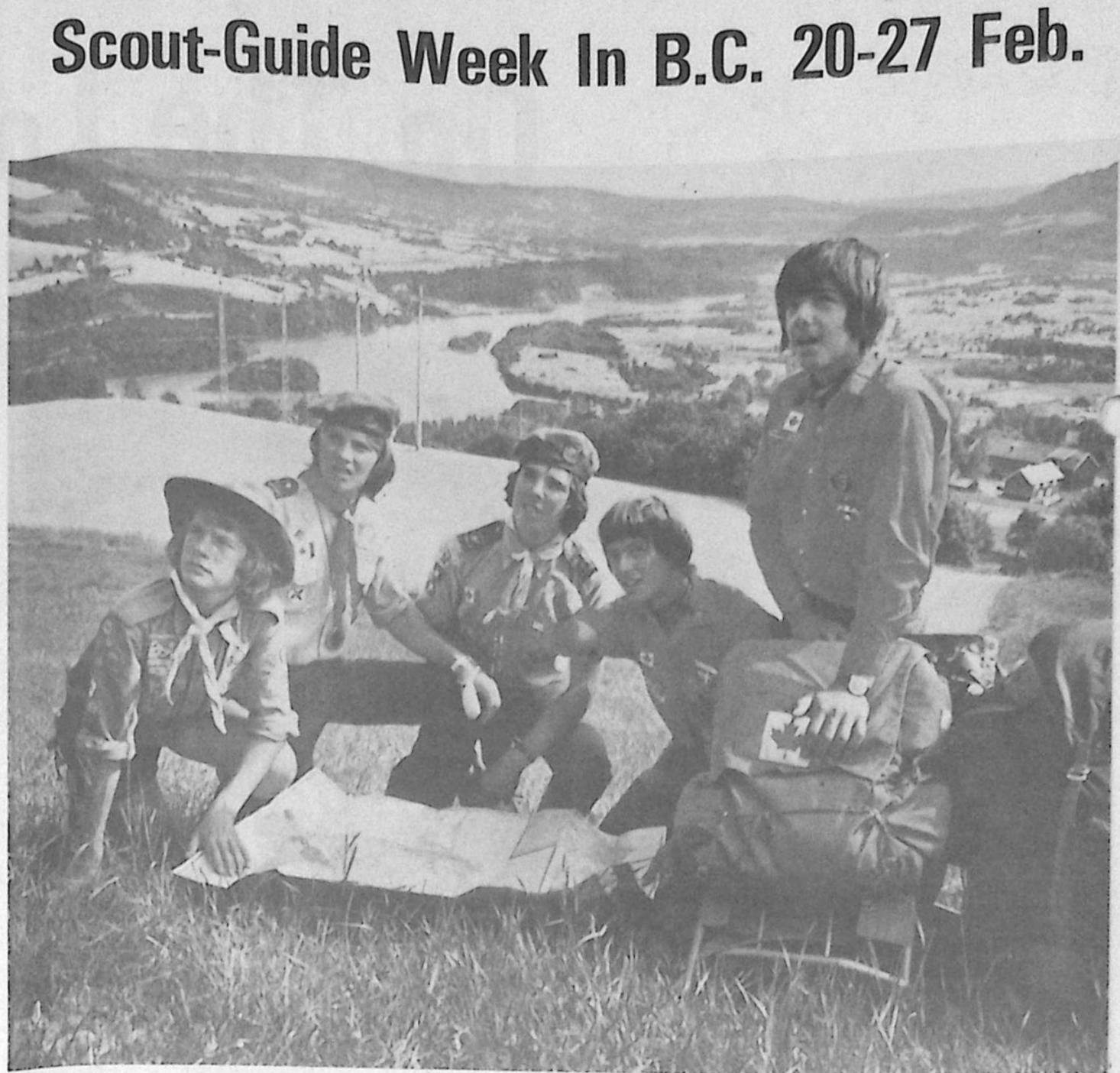
died in January 1941 in Kenya, Africa at the age of 83.

His ideas and ideals have continued to grow, and along with the Girl Guide movement headed by his wife, Lady Olave Baden-Powell, hundreds of thousands of young people all over the world now receive invaluable training and fellowship that helps mould them in their formative years into solid and well rounded citizens.

The scouting movement encompasses boys from ages five to 18 in Beavers, Cubs, Scouts, Venturers and Rovers plus the thousands of volunteer leaders who make the whole program possible. Your support and interest in our organization is solicited not only during Scout Week, but throughout the year.

The First Lazo Group is sponsored by the Wallace Gardens Community Council and has 107 boys registered in two Beaver colonies, three Cub packs and a Scout Troop. On Sunday 27 February, we will join the PMQ based Brownies and Guides in Church Parades at the R.C. Chapel at 0930 hrs and the Protestant Chapel at 1100 hrs. The boys should

be in uniform and we hope that each will be accompanied by their families. Our annual Parent and Son Banquet will be held in the combined mess at 1830 hrs. We have an interesting evening lined up and we hope all boys can attend with a parent as this is the most important function for the boys all year except for summer camp.



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EW
CourtneyMon. to Thurs. - 8:15 p.m.
Two Shows Fri. & Sat. -
7 and 9 p.m.

No Matinee This Saturday

THURS., FRI., SAT., FEBRUARY 17, 18, 19
Top Comedy

Chevy Chase

"TUNNEL VISION"

Mature

MON., TUES., WED., FEBRUARY 21, 22, 23

WHERE
THERE'S SCORCHY
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THURS., FRI., SAT., FEBRUARY 24, 25, 26

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SAT. - 2 P.M.WALT DISNEY
PRODUCTIONS
THE SHAGGY D.A.

General

Coming Soon . . . Clint Eastwood
"THE ENFORCER"

WO's & Sgt's Mess

ENTERTAINMENT

FEBRUARY 18th — MIXED TGIF

Time 2000 hrs. — Dress - Members & Wives - Casual.
Sub Sds. Food - Sweet & Sour Ribs
Games - Shuffleboard
Members & Wives Free — Honorary & Guests \$3.00 per couple

FEBRUARY 25th — TGIF NITE.

FEBRUARY 26th — BINGO & DANCE

"Powerhouse Gang" — 10 to 0200 hrs.
Food will be served.
Members - 2.00 per couple.
Guests - 4.00 per couple.

OFFICER'S MESS ENTERTAINMENT

Thursday, February 24th -

Monster T.G.I.T.
TAC EVAL Wind-up
1700 - 1800 — Subsidized Drinks
Hip of Beef — 1730 hrs.
1800 hrs. — Jackpot & Bottle Draw

Saturday, February 26 -

WINE & CHEESE PARTY

Dine — 2000 - 2200 hrs. Large selection of wines and cheeses.
Dance — 2100 hrs. "Punch"
Reservations by 1500 hrs. Thursday, February 24th.
Informal Dress — \$6.00 a couple. \$8.00 per guest couple.

Jr. Ranks Club

February 19, 20

ALLEY CATS — Versatile Band.

February 25, 26, 27

SLIP STREAM — Down the Middle of the Road Band.
Featuring a female vocalist with a voice that can sweep you off your feet. There will be a \$1.00 charge for this weekend.

BINGO — Every Wednesday Evening

Doors open 1900 hrs. Bar open for refreshments 1900 - 2300

DISCO — Every Thursday Night

Doors open 1900 hrs. Music starts at 2100 hrs.

MOVIES

Feb. 15 — Thunderbolt & Lightfoot — Clint Eastwood

MOVIES ARE HELD EVERY TUESDAY EVENING

Doors open 1900 hrs. Movie starts at 2000 hrs.
Bar open for refreshments from 1900 - 2300

For further information call Entertainment Answering Service — 339-5212

ARE YOU PLANNING A TRIP THIS SUMMER

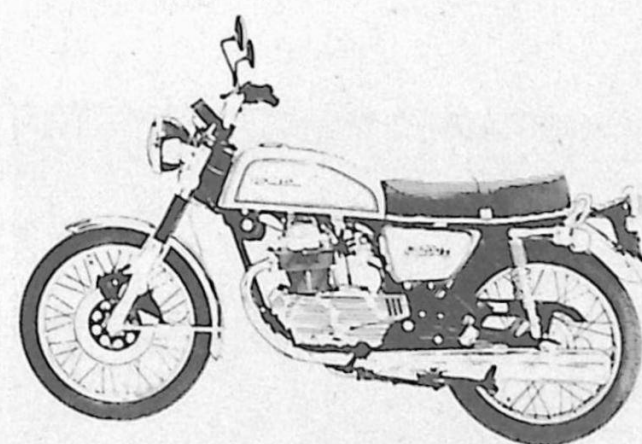
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\$995⁰⁰

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Dealer No. D.00153



REPRESENTATIVE HOMES FROM BLOCK BROS. REALTY

RESIDENTIAL CATALOGUE — Printed Weekly



Address: 2756 WINDERMERE AVE.
District: CUMBERLAND
Cash Payment: 7,900
Floor Area: 22,900
Zone: R1
Age: OLDER
RES: 860

GOOD, COMFORTABLE OLDER HOME
Close to all amenities. Financing proposed: assume 1st - \$15,000, B.C. 2nd - \$5,000.00, cash \$2,900.00. No concrete foundation.

\$20,000 — \$30,000



Address: 2380 WILLEMAR AVE.
District: COURTENAY
Cash Payment: CASH
Floor Area: 35,000
Zone: R2
Age: OLDER
RES: 666

THREE BEDROOMS
Excellent do-it-yourself special. Can be easily rented. Good holding property. Needs some minor repair. Large kitchen 12 x 12 has nook. Large lot 75 x 128 ft.

\$40 — \$50,000



Address: 1260 - 14TH ST.
District: COURTENAY
Cash Payment: PAOF
Floor Area: 41,500
Zone: R1
Age: REN
RES: 1334

LARGE 4 BEDROOM HOME
Attractive home with ranch style cut stone heater fireplace. Large fenced yard with apple, plum and pear trees. Good vegetable garden. Located in nice area in Courtenay. Dining room features goes with owners. Living room 23 x 12.6; dining room 11 x 11.6.

\$30 — \$40,000



Address: 648 NOOTKA
District: COMOX
Cash Payment: 26,760
Floor Area: 49,500
Zone: R1
Age: RES
RES: 4 1092

WELL APPOINTED FAMILY HOME
On the end of a quiet street. Ground level larger foyer, large sundeck off dining room. Fully fenced yard, closed in carport. Family room 22 x 13.6 and 13.4 x 12 utility room. Roughed in plumbing for 2nd bath.

\$45 — \$50,000



Address: 2684 MEADOWBROOK
District: COURTENAY
Cash Payment: C.T.M.
Floor Area: 56,000
Zone: R1
Age: 1
RES: 1140

COUNTRY LIVING CLOSE TO TOWN
White brick f/place in spacious top quality carpeted living rm. Separate dining area with min. view. Note king sized master bdrm. with his & her closets. Ceiling high red brick heater/fplace in rec. rm. Thermopane windows throughout to save fuel costs. Lot size: 146 x 95 x 167 x 120. A fantastic buy in the mid fifties.

\$50 — \$65,000



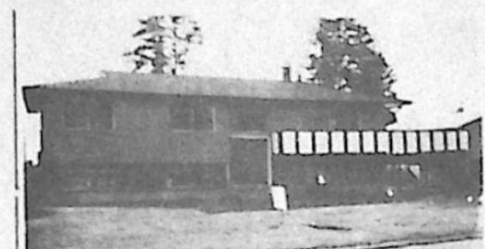
Address: 1690 BEAUFORT AVE.
District: COMOX
Cash Payment: PAOF
Floor Area: 69,500
Zone: R1
Age: 3
RES: 1460AP2

YOUR OWN STREAM
Picturesque executive split level home on a beaut. landscaped lot, complete with a stream, fruit trees and a warm southern exposure with a view. Features incl. built in oven and dishwasher, auto. elect. thermostat, solar bronze dble. glazed windows on living rm. bay window and a complete burglar alarm. Small 2 bdrm. home at rear of prop. also available.

OVER \$65,000

THIS DISPLAY IS REPRESENTATIVE OF MOST HOMES IN THE COMOX VALLEY AND HAVE BEEN CHOSEN AT RANDOM. WE ALSO HAVE A WIDE SELECTION OF GOOD COUNTRY HOMES WITH ACREAGE PRICED FROM \$25,000.

NEW CONSTRUCTION IS ALSO AVAILABLE



Address: 1956 COUGAR CRES.
District: COMOX
Cash Payment: 16,500
Floor Area: 54,500
Zone: R1
Age: NEW
RES: 1227

NEW HOME ON LARGE LOT
Full basement. All aluminum siding and soffits. Landscaped in front. Paved double driveway. Rock fireplace. Basement all drywalled and filled; ready for your ideas.



Address: 85 ROD & GUN ROAD
District: COURTENAY
Cash Payment: PAOF
Floor Area: 42,900
Zone: R2
Age: NEW
RES: 1056

QUALITY FINISHED
Quality finished home in good residential area. Close to Funtledge Park. Rear sun-deck off dining area. Cable T.V. available in area. Laundry tub included. Dryer hook-up. Feature wall in the living room.



Address: 1092 - 18TH STREET
District: COURTENAY
Cash Payment: 8,100
Floor Area: 48,500
Zone: R1
Age: NEW
RES: 1180

LAWN & SHRUBS ALREADY IN
Very formal foyer. Private patio off master bedroom. Unique open designed living/dining area. Built above CMHC standards. Lawn and shrubs already in. Sundek off kitchen area.



Address: 4655 MCLAUGHLIN DR.
District: COURTENAY
Cash Payment: PAOF
Floor Area: 48,500
Zone: R1
Age: NEW
RES: 1110

NEW HOME
With above overage. Finishing, fixtures and carpeting. Located among prestige homes in a quiet well treed area. Plumbed for a 4 pce. bath in bsm. Wrap around sundeck. Post and beam construction.



Address: 1880 FIRST ST.
District: COURTENAY
Cash Payment: 22,219
Floor Area: 41,200
Zone: R1
Age: NEW
RES: 1160

CEDAR HOME
Attractive cedar batten exterior. 2 x 8 storage off carport. Washer and dryer hook-up enclosed in kitchen. Dark walnut feature wall and brick fireplace.



Address: ROYAL VIEW CRES.
District: COMOX
Cash Payment: SEVEN
Floor Area: 41,500
Zone: R1
Age: NEW
RES: 1300

QUALITY BUILT HOME
This is another quality built home by Farrell Builders Ltd., a name synonymous with excellent workmanship. This 1300 sq. ft. home contains three bedrooms, 11 x 13 family room and wall to wall throughout. This is an easy to landscape lot.

BLOCK BROS. REALTY HAVE SERVICED AND UNSERVICED LOTS AVAILABLE WITH PRICES RANGING FROM \$6,000 WITH TERMS. WE PROVIDE A COMPLETE NEW HOME OR COMMERCIAL CONSTRUCTION SERVICE WITH 5 YEAR WARRANTIES AT COMPETITIVE PRICES.

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ONE CALL will bring a Block Bros. representative who can guarantee the sale of your present home under our **GUARANTEED HOME TRADE PLAN**.

ONE CALL will allow you to select the land, home or business of your choice in British Columbia, Alberta, Saskatchewan and Manitoba through the magic of the N.R.S. catalogs.

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- 3) Investment and Business Opportunities

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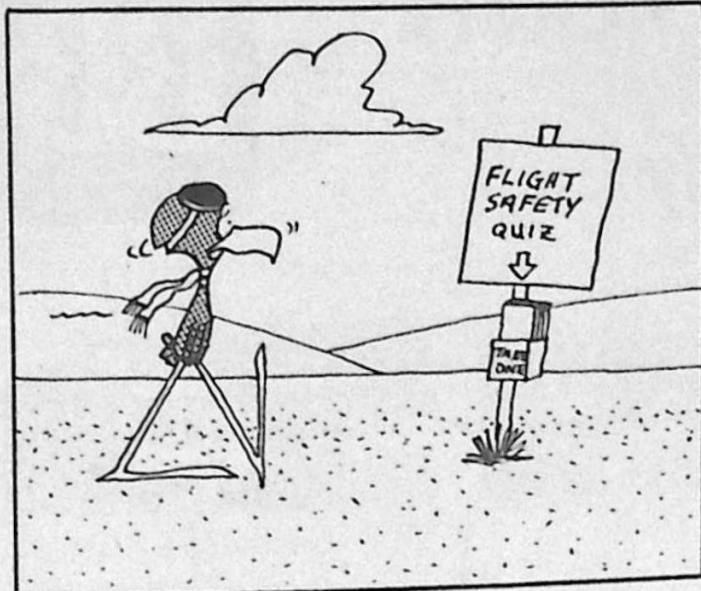


There is no extra charge, beyond normal commission, for this service.
If your property does not sell in the open market, Block Bros. will buy it.
You, on the other hand, have the satisfaction of knowing that you received fair market value.
Drop into any of our offices, and we'll explain our Trade Plan in greater detail for you.
And we promise to dispel all your willies.



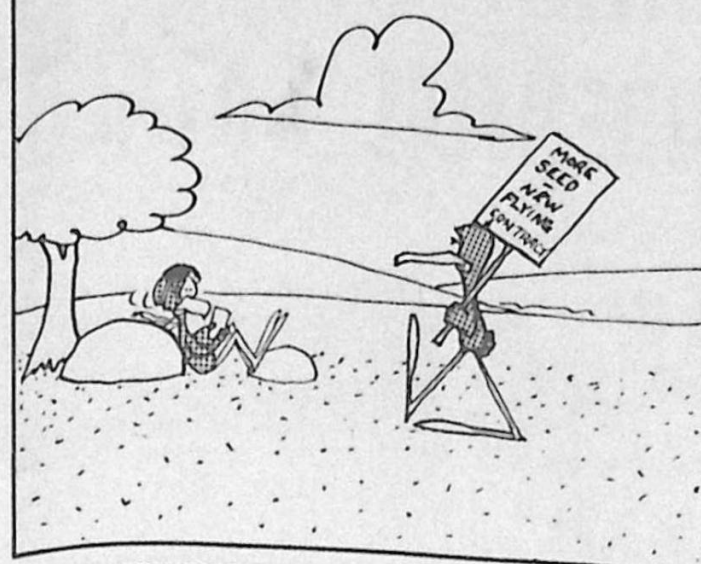
CUDGEL STEW

by Rick St. Germain



Bird strikes occur most often during:

- ☐ sunny weather
- ☐ rainy weather
- ☐ night-time
- ☐ no flying



Bird strikes occur most often during:

- ☐ sunny weather
- ☐ rainy weather
- ☐ night-time
- ☒ no flying

IT'S OBVIOUS!



Nighthawks Nest

Four Comox Fashion Plates spent a few idyllic days at McChord AFB during the first few days of February thanks to the local representative of Environment Canada. Tom Watt, 1.8 542m 86.991k, RMC class of 73, experienced his first two Voodoo diversions during that trip and all four had the chance to prove that all they say about Dove is true - they didn't take the chance. All four were dressed in the latest Comox fashion but unfortunately our friends to the south were not prepared for this eyecatcher.

The Piece de Resistance was a Midnight Blue Winter weight pant suit with removable jacket with imitation 'Lapin Noir' collar and cross over suspenders on the pants worn over a white long-sleeved reversible Turtle neck sweater. This eyestopping ensemble was accented by a pair of blue nylon ankle length Eskimo Hushpuppies, alas, no hat, makeup or jewellery. Two other members wore removable brown rubberized one piece recreational suits over Goggle Green one piece synthetic jump suits, brown gloves and the same type Hushpuppies topped off this ensemble.

The fourth member, whose experience and good taste stood him in good stead, wore a similar Goggle Green Jump Suit with the removable jacket worn by the number one model. However he chose to wear brown gloves and black calf length male Gogo boots by Greb. Under his Jump Suit he wore the ever popular reversible Turtle neck sweater and brown stretch Crimpelene slacks from Marks and Spencers (14.00). All were braless.

Having spent time with Ron Breeden trying to survive in Prince George Jim Reith has decided to travel further afield to put some of Ron's theories to the test. Jim was offered the choice of Western or Northern Canada to demonstrate his survival abilities. He wisely chose the North. If the worst comes to the worst Marg can fly in and

rescue him in a big white Rescue Voodoo.

Last weekend Frank Martin and the Fonz spearheaded a contingent down to participate in the Portland Olympics and to welcome the Macahans to Oregon. They were on the losing side as good triumphed over Evil once again. This was the Fonz' one hundred and twelfth consecutive defeat having lost another one during the cudgelled Capon of 10 Feb. During that epic game Evil triumphed over Good, as has to happen occasionally, when 'B' Flight eked out a narrow victory in the Inter Squad contest. This game went right down to the wire with 'A' Flight leading convincingly till the start of the fourth quarter when Tony Nichols pulled one of the referees from the game to put him back in as a player (on the 'A' Flight side). The next game will be run by Jon Alexander who will either a) leave the referee in as ref, or b) put him in on the 'B' side.

Jon, by the way has not resigned for next year. He'll be leaving in August some time to take up a new position on the scouting staff of the white, five sided puzzle palace. Evidently someone-thing down there has gone astray again and Jon has to go on a Research for him-her-it then take him to Kodak for Development. He has already had a replacement named to keep the squad up to its import quota.

Richard Lorne Borys and Yash Paul Gill were not expected to re-sign either but the League Commissioner has ruled that they will remain till at least August 31 till he figures out this mess. (It was missed out of the Blue Book). They will at least be here for summer training camp because the cub listens to the old wolf.

The Nighthawks lost a young stalwart last week when Ed Campbell (1.778m, 72.575k, RMC class of 71) played out his option and defected to La Machoire de L'Original. Ed has always

wanted to play a different position and Le Grand Deux offered him a chance he couldn't refuse. It wasn't all one sided as Ed has a lot to give. By defecting he has increased the I.Q. of two trades.

I've just returned from the trainer at Greenwood and would like to report that for those of you who stayed behind, you didn't miss a thing. Holy smokes, was it ever cold down there! They

had real snow, a fact that all the skiers on the crew kept bemoaning. As far as I'm concerned, that's a good place for it, but I'm hedging my bets by keeping my snow tires on for a while yet.

We have had a bit of action around the squadron recently with Crew 5 just back from Pineapple Island and Crew 6 surviving another Norpat in Cold Lake. MWO Rollie Paradis logged this 10,000th hour and was greeted by "the boss" and his gang of hired champagne drinkers upon his return.

The next month or so should prove interesting with lots of flying planned for the troops and several exercises proposed. The aging Argus seems to be holding up pretty well at present, so we may be able to achieve our aim and get all current and well trained. We'll let you know how the exercises go if I can pry a column out of the crew scribes.

Capt. Terry Spencer has forwarded a column which was written by a met man who was a passenger on board one of our Norpats. It makes good reading, so look for it in this issue or the next.



FLIGHT ENGINEER MWO ROLLIE PARADIS receives congratulations from LCol Konings, 407 Sqn. CO, upon reaching that magic 10,000 hours of flying time. MWO Paradis, born in Montreal, joined the RCAF in 1949. He became a flight engineer while serving on 405 Sqn. in Greenwood and has logged time on Lancs, Neptunes and Argus. He has had two tours on each of 404, 405 and 407 Sqn and hopes to wind up his career while serving with us here at Comox. Congratulations, Rollie.

From Under The Nighthawks Nest

409 ARM'T CHECKLIST

If you should have occasion to drop over to the Load Section in the near future you will notice an absence of furniture. Contrary to popular belief we are not moving out!! This is part of an extensive renovating program designed to increase the looks of any section that is part of the Nighthawk Squadron, naturally, since the Weapons Section is the backbone we are out to set the example. It all started with the design of our new sign that now hangs proudly over our main door for all to see. The Arm't Load Section Rep for the squadron MCPL Bob Marshall indicates a 100 per cent support from the Weapons Techs towards the Squadron Fund. He feels that the main reason for so high a support is that most all the members are asking the question "What can I do for the Squadron?" instead of repeating the most frequently heard phrase "What can the Squadron do for me?"

It would seem there are still

some people around who believe that you get out of something exactly what you put into it. The 8th of February marked the first game in which LT Drummond played for the Thundersticks. Rumor has it that he played so well he was promoted to Captain. The Thundersticks and the Load Section welcome you to 409 Sir, may your stay with us be the start of a good career in the Armed Forces. It's too bad the first game had to be a loss, one of the very few handed out to the Thundersticks. It was in the family however with 409 Sqn. taking the victory 6 to 3. The Thundersticks goals were all scored by those fabulous. Defencemen, Legs Hayes, Jabber Jaws Lyle and of course the old Kipper himself Kip McLean. The 10th of February was a different story however, and the Thundersticks were back in their regular winning form to hand out a 7 to 3 defeat to 407 Sqn.

One significant happening

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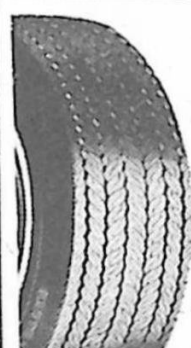
To assist your advanced planning, we have comparative catalogues available in our office and experienced salesmen to advise you.

Start now to plan your next move. We're able to make it easier at both ends. Drop in to see us soon.

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Old Age Pensioners

Guaranteed Income Supplement
Application forms.



Fill them out!
Send them in!

Guaranteed Income Supplement application forms were mailed recently to all pensioners now receiving the Supplement. To make sure that your Supplement to the Pension continues beyond March 31st you must reapply. So make sure you fill in your form and return it in the addressed envelope enclosed with the form, as soon as you possibly can.



Health and Welfare
Canada
Marc Lalonde,
Minister

Santé et
Bien-être social
Canada

442 Squadron



**442 Lab Crew Defies All Odds
Three At One Time**

Mushroom Mutterings

This might not be the usual lengthy column this week as the Chief Scribe has been away on course in the Frozen East. Why is it when "they" send you on a course, it's always in the dead of winter, and at one of those Bases where everyone (used to) wear BROWN!!

For those of you who were of the opinion of that popular bumper sticker, quote, "Let Those Eastern B—S Freeze In the Dark!"... they are. As a part of the energy conservation program at CFB Petawawa, they turn off all the street lights at 0200. This is great unless you are stumbling your way back to a barely-known barrack block after the Club closes!! Last weekend in the snow, they lost five "Grunts", four "Herbies", three "Zipperheads", two "Cherrytops", and a partridge in a pear tree.

Maintenance and Servicing

troops scared the h— out of everyone by keeping all six aircraft serviceable for an entire week. As is laid down in Search and Rescue Maintenance Orders, the Lab pilots laid on a "Keg O' The Malt" for the boys. However, to the Buff pilots, "tch, tch, tch!"

We have been joined by two CH-135 Twin-Hueys for the Herring season. This will allow the familiar Red-White-and-Blue Labradors to work out of such exotic places as Massett and Tofino during the time of the year when all good fishermen try to sink their boats with overloads of slippery, stinking, boney, Herring. The Hueys are from 408 (Tac Hel) Squadron, Edmonton, and it makes you wonder just how serious they are about all this when the first things unloaded off the copters were golf clubs and fishing rods. Gentlemen, this is not your usual, run-of-the-mill, Land Element exer-

cise....this is WAR!! (us verses the fish).

We wish to retract last issue's remark about Bob, his Dickie and his hickey....it has been learned that he wears it to hide a scrawny neck!!

One of the Lab crews have got their holiday in Tofino all set up already. Guys, Capt. Ellis is never going to sign your claims when he finds out you plan to sleep under canvas on Long Beach and live off the Herring that you can scrounge off the fishermen.

You know when someone tells you to take a walk?
Maybe they've got the right idea.

Advertisement: Walk a Walk Today.

Rescuebits

Long ago and far away it was decided that a certain breed of men would be above all, light blue would be the colour of their cloth and perfection would be personified by all who donned the combatant colour. Naturally this has come to pass although Paul's Paper on Pacification Pre-empted Prior Prerequisites for Perfection. Notwithstanding the adversities however "Air Command", better known as RCAF, lives.

Not too much doing of a major (S/L) consequence in SAR these days but Jan. 77's workload was up 50 per cent over Jan. '76. Nine people survived two separate plane crashes yesterday so we didn't get any there. However we're priming for herring season. Had a good case 't'other day of how, if you're bound to press on regardless, you can get up to your rear-end in alligators without really trying.

Guy went fishing off Vancouver in fog, just had to go. Had a small outboard and good wishes for auxiliary power. Broke down, still in fog, just had to fish. His son called us about 6 p.m. "Dad's missing" he said, "just had to go fishing in the fog" would we help?

Two cutters were dispatched and searched throughout the night. No Dad. Along about 11 a.m. the next day, when it looked like Dad's cookie (little pun) had crumbled, we got word that someone had been found on Sucia Island (in Uncle Sam's land). 'Twas Dad, some 15 to 20 miles away from whence he

commenced to fish in the fog. Dad was OK, didn't even have a coating, but there was 48 to 50 hours expended by the ships (aircraft couldn't fly in the fog that Dad had to fish in) in a search that could have been prevented. Dad drifted or was loose on the water for 24 hours and was lucky he didn't die of exposure.

Heard one the other day about the pilot who was bequeathed one hundred female pigs and three dollars. Immediately he put in for his release, thought he was rich, had a hundred sows and dollars.

The auction and cash sale that Crown Assets administered in Victoria the

other day was hilarious on the surface. Two thousand people lined up to get cast-offs from us. Wonder how many realized that, when something is too old for us, it's old. Underlying the whole effort though was the realization that, if anything was ever in short supply and queues were needed, the violence that would ensue would make the October Crisis of 1970 look like child's play.

Once again here is another question in the career aptitude progression test. Where does rain come from - (1) supermarkets, (2) Eatons, (3) the USA, (4) the sky? Per Ardua ad Rescutatem - That others may live.

Strange Sight In Comox Skies



THE JESSE WINCHESTER BAND

in concert at
COURTENAY CIVIC THEATRE
Monday, Feb. 28 - 7:30

Tickets available at Arts Alliance, Kellys, ARV, Laughing Oyster.

Prices: \$4.00 ADVANCE, \$5.00 AT DOOR

NEWS OF HEALTH

The treatment of cancer with ascorbic acid (vitamin C) was discussed in a recent lecture at the University of Pennsylvania by Dr. Linus Pauling, winner of two Nobel Prizes. He talked about a study in which 100 patients with advanced cancer who received vitamin C were compared with 1,000 control patients who did not receive vitamin C. The average survival time of the patients treated with the vitamin was over four times that of the con-



trols, and a fraction of these patients have had very long survival times, with no signs of malignant disease.



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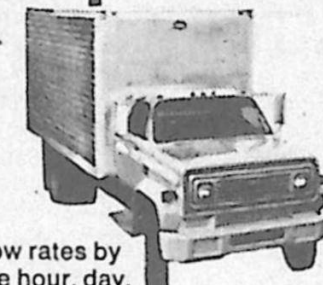
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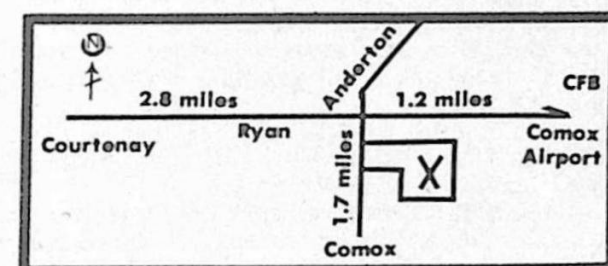
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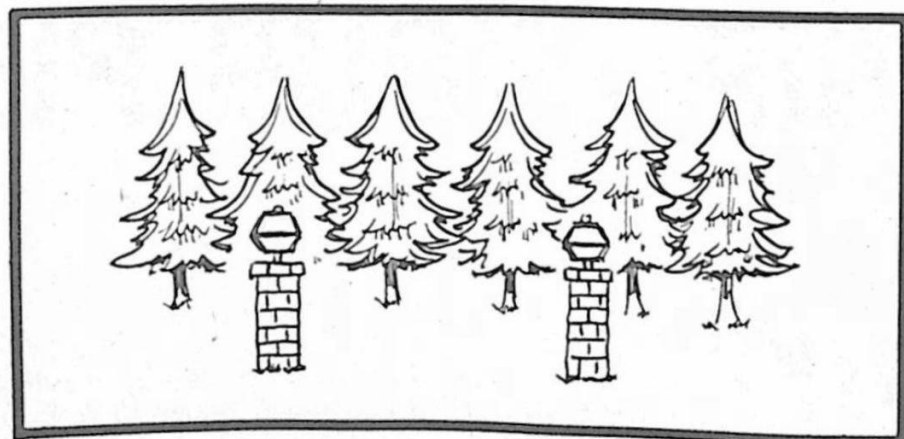
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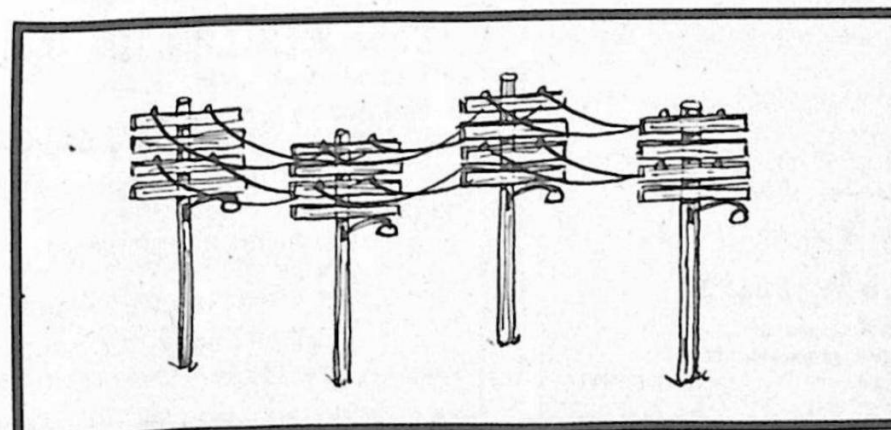


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11 - 5 On Weekends

The Adventures Of Superteck

PART II BY A.C. EINE

Our hero is sure tempting his luck, isn't he. The place is still shaking from the last blast he caught, and now it looks like he's out to break the most important of the Commandments, "Thou shall not drink while on Duty".

The USAF had descended on the Base in hordes, and Superteck had Duty NCO. He was supposed to get them all bedded down, but had been waylaid by an old Tech Sergeant, and the two of them had ended up in the back-room of the Club. They had even invited the bar tender to join them, thus ensuring a steady flow of "joy-juice".

Our conspirators had no sooner got sat down, when the bartender stuck his head through the doorway. "Superteck! There's a phone call for you. Take it on that phone."

"Ah nuts!!" He picked up the receiver. "Duty NCO here. Yes sir. I'll come right over, sir."

He dropped the receiver back on its cradle. "Wouldn't you know it. I don't even get a chance for a cool one, and some drunk decides he needs a ride home." He grabbed his cap and ducked out.

When he pulled up in front of the Officer's Mess, the Duty Officer was waiting for him. "Sorry to trouble you, Corporal, but you seem to be the only driver available on the Base tonight. One of our guests is slightly the worse for wear, and he's in no shape to drive. The Military Police are busy, and the Cab company in town won't have a car free for at least an hour."

Superteck thought a few unkind thoughts about Officer's Mess parties, guests, Military Police, and Cab companies, but said nothing. "Can you provide an escort

for him, sir. It's tough to drive and keep some of these partiers under control."

"I think I should be able to find someone to help. We'll bring the civilian out and once you get him home, report back here to me."

"Did you say civilian, sir? I'm sorry, sir, I'm not allowed to transport civilians in a military vehicle without the permission of the Pass Commander."

"Are you snowing me, Corporal?"

"Oh no, sir. Would I lie to you, sir?"

"Only once, Corporal. Only once. Now this is a direct order. You WILL transport our guest to his home. Then you WILL report back to me. Now wait here while we get your passenger out."

Superteck slumped in the seat. He could see all this was going to cut into his "happy-time" with the Yanks.

The over-indulgent guest was brought out to the van, and along with the escorting officer, Superteck was able to get the man to his home without incident. Then he reported back to the Duty Officer as ordered.

"Corporal, I want your name, number and section. I'm going to look into your statement and I may want to discuss it with you further."

Superteck was giving the required information when a steward stuck his head out of the doorway. "Duty NCO? Phone call here for you."

Another one!! He was never going to get any fraternizing done with the visitors.

He had no sooner announced himself when a loud voice almost broke his eardrum. "Superteck! This is your loving Chief. Hand your Duty NCO gear over to the Military Police, pick up some handcuffs and an arm-band, then go home and pack your bag. You're off to pick up a prisoner. Report to the Transport Office and they'll give you the warrants and claim. You're booked on civvie airline at 2200 hrs., so you're going to have to move it."

"Best uniform, sir?"

"Of course, best uniform! Where do you think you're going, on a holiday? Now get moving! If you're late, you'll be the one needing the escort!"

What a way to make a living!

It did take some doing, but by the appointed hour, Superteck was strapped into the airliner's seat, and he was mentally appreciating the steward's choice! Choice! But then the airlines always did attract the cream of the crop. He didn't even try to strike up a conversation with them

though. One; it was late and they looked tired enough to be miserable about it. And two; usually they wouldn't even talk to a Corporal in uniform, nothing less than a Captain, and a pilot to boot. Besides, it had been a hard day, so he'd might as well get some shut-eye.

It was an ungodly hour when the aircraft finally landed, so he decided just to get a hotel room and then check in the Military Police after he was rested.

He phoned the local Base Military Police once he'd had his rest and some breakfast. After hearing his story, he was passed to the B. Secur. O. and he repeated it.

"I'm sorry, Corporal. We don't have anyone here for you. In fact, our cells have been empty for so long, we're thinking of opening them up as a Motel. Have you checked with the local RCMP?"

Superteck phoned the RCMP. They knew even less about it than did the MPs.

He called the City Police. Another blank. What was going on!

In desperation, he used long distance, and called back to the Chief. "Something's wrong. I've contacted the MPs, the RCMPs, and the local cops, and nobody knows anything about a prisoner for us."

"That's crazy! I have the message right here stating that the guy's in custody and to come and get him. Did you check with the Military Police at Halifax AND Shearwater?"

"Chief! I'm in Winnipeg."

"WINNIPEG! WHAT THE

HELL ARE YOU DOING IN WINNIPEG?"

"That's what my claim was made out for, and that's where my airline ticket brought me."

"You lamebrain! You're supposed to be in Halifax!"

"It's no use yelling at me, Chief. I'm where the Transport Office sent me."

"That's the dumbest thing I've ever heard. You get your ass up to the Base Warrant Officer at the Air Base there. I'll get on the phone and make arrangements to get you to the right place. Why didn't you read the warrant?"

"I didn't get a copy. I was to pick a copy up at this end."

"You report to the Chief out there and you do it fast. Hang onto all your paperwork 'cause I want to see it when you get back. Now hang up!"

"Yes, sir. Goodbye.....ouch!"

The Chief hadn't dropped the receiver, it sounded like he threw it. Hoboy, someone was going to get it, and Superteck was glad that this time it wasn't going to be him. He threw his gear into his bag and headed for the lobby. As they used to say on television, "And awaaaaay we go.... again!"

And with that, our hero exits, stage left. He might have some fun this time, don't you think? I guess you're just going to have to pick up the next issue of Totem Times to find out what happens in future:

Adventures of SUPER-TECK!!!!

Adventures of SUPER-TECK!!!!



Canadian Military Aircraft

Part V - North American P-51D, Mustang IV

BY EWING
Part Five - North American P-51D Mustang IV.

At the end of the World War II, there was a massive scrapping of equipment. As a result, the RCAF found itself with having to find new aircraft for its remaining squadrons.

In 1947, the Canadian government purchased 130 Mustangs from USAF surplus stocks. These were used to outfit six Auxiliary and two Permanent Force squadrons. The Mustang was an excellent design and fun to fly, however, it was not a forgiving aircraft. The Parkard Merlin and large propeller combined to make the P-51D a handful for even the most professional of pilots. By the time the Mustang was removed from the RCP service, almost one-third of the total number purchased had suffered "A" category crashes.

By the fall of 1961, most of the Canadian Mustangs had been resold to the United States, all to civilian purchasers. Seven of them went to Trans Florida Aviation for conversion to the Cavalier 2000 high-speed executive aircraft.

One one ex-RCAF Mustang remains in Canada on display. 9298 is maintained at the Canadian National Aeronautical Collection, although in an incorrect colour and marking scheme. A second, 9246, served with 402, then 420 Squadron, until grounded in May of 1951 after

an accident. It is perhaps the best known to members of the old RCAF as it was a Gate Guardian at RCAF Station, St. John, Quebec, for many years. In 1971, it was donated to the Imperial War Museum in England as a gift of the Canadian people and has been restored.

CANADA'S WINGS NO. 2

THE LIBERATOR AND FORTRESS

Book Review

by CWO Parker (Ex-407)

The Liberator Story.

Canada's Wings No. 2 - "The Liberator and Fortress". Written and published by Carl Vincent. Published by Canada's Wings, P.O. Box 393, Stittsville, Ontario. KOA-3G0, 246 pages completely illustrated. Price: \$17.95.

This book is the second in a series written by Ottawa aviation record specialist, Carl Vincent. The volume is beautifully bound with many heretofore unpublished photos of the Liberator and Fortress in their many phases of R.C.A.F. service.

Like its predecessor "The Shark Story" the author covers procurement, production, the different marks and the varied squadrons, these aircraft served during the World War II years. To personnel of the R.C.A.F. wartime units this book will bring back many memories of old friends and past events that only could occur to Liberator and Fortress flight and ground crews.

The author has managed to research all available records and has contacted many ex Lib. and Fortress personnel to compile an accurate and wonderfully illustrated volume. Appendices carry complete insignia and marking information with exceptional and most accurate drawings by George Hopp. Included in the appendices are listings of squadrons, commanding officers and a numerical listing of all Lib. and Fortress aircraft used by the R.C.A.F.

It is considered that this book, like its predecessor will become a treasured item and will provide a historical reference of one more of Canada's wartime aircraft.

The author in addition to Books 1 and 2 of "Canada's Wings" has volume 3 on Curtiss "Hawks", volume 4 on Bristol "Bollingbroke", volume 5 on North American "Mustang", volume 6 on Supermarine "Stranraer" and volume 7 on Consolidated "Canso" in preparation.

Retirement Seminar

A seminar into the trials and tribulations or retirement from Military life will be held Monday, 28 February and Tuesday, 1 March, at the BITO Classroom, starting at 0800 each day.

Speakers will be present from Canada Manpower, the Civilian Personnel Office (the Regional Social Office, along with the Base Padre, Base Comptroller, and Base Surgeon. As well, it is expected that there will be a speaker representing the Federal Business Development Bank.

Additional information is available in the Weekly Routine Orders.

For personnel contemplating retirement in the near future, this seminar is a must. The subjects covered will provide you with information having a direct bearing on what is happening, "on the outside".

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Neighbourly News

PMQ Preamble

SCOUTING
Scout Week is 20-27 February. On Sunday 27th a Church Parade will be held at the Catholic Chapel in conjunction with the 0930 Mass. The Church Parade at the Protestant Chapel will be held with the 1100 hours Services. The First Lazo Beaver, Cub, and Scouts will have a Parent-Son Banquet Monday, 28 February at 1830 at the Combined Mess.

FISHING
The PMQs may be a ghost town by Autumn. Seems as though most of the folks we talk to either have a posting or are retiring. With several expert dogfishermen leaving the dogfish population may get completely out of control by July. But with Russ Alexander leaving salmon stocks should improve. He doesn't even give them a chance - just wait till they yawn and drops a buzz bomb down their throat.

ACCOMMODATION
During the last PMQ Council meeting Major Johansen, BCEO, was again present to discuss matters of interest to the council members and, for that matter, all PMQ residents. His interest and concern are appreciated. Several items from the discussion are worth passing along.

Funds normally available to the BCE section are for replacement or repair of unserviceable items. Modifications to MQs may not be made at random or from funds allocated for maintenance and repair. Modifications have to be approved, funded and normally all similar type quarters have to be modified. Primarily, in response to a 1974 survey on MQ improvements, several ongoing projects exist. They are to be handled as funds become available. Included are exhaust fans in bathrooms and kitchens, kitchen cabinets and upgrading of existing wiring. Just to throw a few figures around - the wiring improvement alone is costing \$80,000 for 156 MQs. As you have likely noticed, one ongoing, in progress project is painting, particularly in the row housing. The exteriors of apartments 102 through 118 are scheduled for painting this summer.

There is no funded project to install aluminum storm

windows. BCE may attempt to replace some unserviceable windows with aluminum windows on a trial basis. A benefit will result from this program, in that, if in the future, funds for replacing windows become available experience will have shown which windows are most suitable. It should be noted that only unserviceable windows will be replaced.

YOUR RESPONSIBILITY
We need to point out that the replacement of incandescent bulbs and fluorescent tubes is occupant responsibility. BCE should only be called if both fluorescent tubes go out at the same time. This condition probably indicates trouble other than tube failure.

CONSERVATION
We might pass along a couple ideas on utility conservation. Airing out a house is OK, but we've noticed some storm windows that have been open since early winter. Please check your windows to see they're closed. Consider turning down the thermostat a couple degrees. Turn off unused lights, including outside lights, during both the day and at night if they do not serve a real purpose. Use stoves and hot water without extravagance. These are big users of electricity.

SIDEWALKS
Several residents have suggested installing more sidewalks, such as from the MQs to the post office. This suggestion is worthwhile, but the route is vague. If you would like to see walkways installed in a specific location that would serve a fair amount of people, let your councillor know. Ask him to pass your proposal to the works committee. BCE will consider valid suggestions.

TROUBLE CALLS
Reminder - if you have a repair that is needed in the house the number to call at BCE is 234.

ELECTIONS COMING
Semiannual PMQ elections will soon be held. Several recent vacancies were filled by volunteers so not all wards will be electing representatives. Ward representatives may be around to find out who is leaving soon. There's no use electing representatives to the council who have only a few months retainability.

All Dog Owners, Look Out!

A spokesman for the Vancouver Island Region office of the Fish and Wildlife Branch stated today that drastic action may be taken in cases where dogs running at large molest or harass wildlife.

Four dog owners who were recently convicted of permitting dogs to harass wildlife, paid fines of \$100 each.

The public is reminded that provisions of the Wildlife Act authorize wildlife officers to destroy dogs molesting or harassing wildlife and that under the Domestic Animals Act, the owners of farm animals may destroy dogs molesting their stock.

Both deer and domestic sheep are now in their reproductive cycle and even minor harassment is likely to result in either abortion or death of the unborn fawn or lamb and, on occasion, the mother too.

Waterfowl, upland game birds and numerous other species of ground nesting birds also become susceptible to roaming domestic dogs and cats as the nesting season approaches and the public is reminded that these birds too are protected by the Wildlife Act.

The public is requested to comply to both municipal regulations and provincial acts.

Despite modern knowledge, dental disease continues to afflict nearly everyone. It has been estimated that in Canada about 97 per cent of the population suffers from dental decay or diseases of the gums and other supporting tissues of the teeth. Yet dentists tell us that most tooth loss can be prevented and that most dental disease can be stopped before it starts. So that you may act to improve your oral health, Totem Times in cooperation with the Dental Detachment, today begins a series of articles entitled "Your Dental Health."

In primitive societies, the loss of all a man's teeth doomed him to an early death from malnutrition. As civilization progressed and man learned how to grow his food in the earth, he became less dependent upon hunting and meat for diet. It was now possible for him to survive without his teeth. In fact, man began to look upon the early loss of his teeth as desirable because of the pain and sickness he so often suffered with them. It has been only in recent times that man considered his teeth to be of any real importance. Until the major killing diseases were brought under some measure of control, man had too many other things to worry about. Why should he have been concerned about keeping his teeth when his life expectancy was only 35 or 40 years? Now, the average man will live until 72 years of age, and in his seventies he will continue to need his natural teeth.

Still, we find many people today who would rather have their teeth removed and replaced by dentures. "Why put up with all those dental problems when false teeth work just as well?" they ask. They don't realize that the best replacement teeth in the world are poor substitutes for those Nature gave us. It makes just about as much sense to have a foot am-

putated and replaced with an artificial one because one suffers with corns. Nevertheless, about 1 Canadian in 8 has lost all his teeth, which means that about 2.8 million people in this country are dental cripples. This is not to mention the millions more who have lost some of their teeth from tooth decay and gum disease and will soon lose more from the same cause.

The tragedy of it all is that such a loss of teeth is unnecessary. Dental science now knows enough about tooth decay and gum disease to prevent most of it from starting in the first place. If the disease has already started, early detection and treatment will, in almost all cases, save the afflicted teeth. There is no valid reason for any man, woman, or child in the 1970's to endure the pain and unsightliness of teeth afflicted with decay and gum disease or become a dental cripple with artificial teeth.

This series of articles will explain the nature of some of the more common dental diseases and how they can be treated or prevented. Some preventive measures are carried out by the dentist, but the most important ones are in the hands of you, the reader.

(Next article: Tooth Decay - What Causes It?)

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Chapel Services

Protestant

D.L. Martin, Major (Base Chaplain (P))

The Protestant Chapel is located in Wallace Gardens (PMQ area) and Divine Service is held every Sunday at 1100 hours. This is the Base Chapel and everyone is warmly invited to share in the Service.

HOLY COMMUNION: Holy Communion 1200 hours last Sunday of each month.

BAPTISM: Services of Holy Baptism are held every month.

WOMEN'S GUILD: All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2000 hours on the third Tuesday of the month.

CHAPEL CHOIR: Our Senior Choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain. Senior Choir Practice - 2000 hours, Thursday: Junior Choir Practice - 1800 hours, Thursday.

Sunday School: The Sunday School operates from September to June. Ages 6-15 meet in the Chapel at 0930 hours each Sunday, and the ages 3-5 hold their sessions during the church period at 1100 hours. All children are invited to attend.

Office Hours - 0800 to 1630 hours. Phone 339-2211 local 273.



'R. C. SWINGERS' - Father Francis Swoboda with his accordion and members of his parish choir entertain the residents at Glacier View Manor. The CWL of CFB Comox holds monthly bingos at the Manor and while the members serve a lunch after the bingo, the residents are treated to a good old time sing-along. Support the CWL bazaar coming up soon, on March 19, and you are supporting the Glacier View Monthly project. Money goes to buy bingo gifts and refreshments. Photo Amirault

Photo Amirault

- RC Chapel -

Father Francis Swoboda-Base Chaplain (RC) Telephone 339-2211 Loc 274 or Residence 339-2102.

SUNDAY MASSES:

Saturday - 7:00 p.m. (Sunday Vigil)

Sunday - 9:30 a.m. and 11:00 a.m.

WEEKDAY MASSES: Mass will be celebrated in the Chapel on weekdays at 9:00 a.m.

SACRAMENT OF RECONCILIATION: Confessions are heard before and after all Masses and at other times upon request.

CATECHISM CLASSES: Catechism Classes for Grades 1 to 8 are held regularly each Wednesday evening from 6:30 p.m. to 7:30 p.m. at the Airport School in PMQs.

BAPTISM: By appointment. Instructions for parents required prior to Baptism.

MARRIAGES: Minimum of three months advance notice. Marriage counselling and preparation courses are required prior to marriage.

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EXAMINATIONS: To be written at Shawnigan Lake School on:

SATURDAY, MARCH 12, 1977 (for boys entering Grade 8).

SATURDAY, APRIL 16, 1977 (for boys entering Grade 9).

For further information, Write to:

The DIRECTOR OF ADMISSIONS, SHAWNIGAN LAKE SCHOOL, Shawnigan Lake, B.C.

VOR 2W0 Tel: 743-5516

Value: Worth up to Half the Full Boarding Fees.

Qualifications: Applicants should be of sound character, above average academic ability, involved in a sports programme, have other worthwhile interests and hobbies.

EXAMINATIONS: To be written at Shawnigan Lake School on:

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Sports Beat Comox

CF NATIONAL MARATHON CHAMPIONSHIP

The second CF National Marathon will be held in conjunction with the city of Ottawa's Annual Capital Marathon (NCM) on 15 May 77, starting at 0900 hours on the Carleton University Campus.

Guidelines for the competition are as follows:

- Individual competition in Open and Master category.
- Unlimited entries by Regions subject to meeting standards as outlined in Sub para C.

Competitors must meet the following standards:

- 1) Open category - under 40 years of age - 3 hrs. and 2 min. for 26 miles or an average of 7 min. per mile.
- 2) Masters category - over 40 yrs. of age - 3 hrs. and 28 minutes for 26 miles averaging 8 min. per mile.
- 3) Open women - 3 hrs. and 30 minutes for 26 miles.

Entries are to be submitted to NDHQ, DPERA 3-2 through the Regional Sports Directors by 20 April 77 along with four dollars entry fee per competitor. Canadian Armed Forces personnel are eligible for both the NCM and the CF Awards. Accommodation is available at Carleton University and the rates are as follows:

Single room - Fifteen dollars and forty cents per day including breakfast.
Double Room - Twelve dollars per day including breakfast.

Personnel wishing to lodge at the University must indicate to DPERA 3-2 by 22 Apr. 77. Cost to be met by competitors or home bases. A Banquet is scheduled for the night of 15 May, Price of which is included in the entry fee. The Marathon course will be through traffic free parkways around the city of Ottawa. SF bookings will be arranged by the Regional Sports Director through the BPERO and entry fees are to be forwarded along with the entries.

If there are any CFB Comox personnel interested in preparing for this grueling sporting event they are asked to contact the Rec Centre at local 315 as soon as possible.

Training for this event MUST be started immediately. A 7 min. a mile is not too bad but...

NATIONAL CF SPORTS CHAMPIONSHIPS 1977

The CF National Sports calendar has been set up for the 1977 season. Most of the rules for the various sports have been unchanged. However, there are a few minor changes and briefly they are as follows:

- a. Bowling - no change.
- b. Curling - no change.
- c. Broomball - Referees shall wear approved helmets.
- d. Hockey - no change.
- e. Volleyball - Recommended that the official ball for the Nationals be the TACHIKARA ball.
- f. Softball - no change.
- g. Golf - recommend team composition - 5 men team 4 to score. 54 holes same as 1974 rules RCGA.

Soccer - Recommended team composition - 2 for total of 16 players. THE SCHEDULE FOR THE CF NATIONALS IS AS FOLLOWS:

SPORT SITE DATES

Servicepersons Competition, CFB Borden, 13-18 Feb. 77; Bowling, CFB Gagetown, 27 Feb. - 4 Mar. 77; Curling, CFB Winnipeg, 27 Feb. - 4 Mar. 77; Broomball, CFB Shearwater, 6 - 11 Mar. 77; Hockey, CFB Shilo, 20-25 Mar. 77; Volleyball, CFB Europe, 3-8 April 77; Badminton, CFB Esquimalt, 17-22 Apr. 77; Golf, TBA, 4 - 9 Sept. 77; Softball, CFB Winnipeg, 18-23 Sept. 77; Soccer, CFB Montreal, 9-14 Sept. 77; Marathon, TBA, TBA.; Photo, CFB Summerside, 8-13 May 77.

NOTE: The sites and dates are subject to change.

PAC REGION BADMINTON QUALIFYING TOURNAMENT

The Pac Region Badminton Championships will be held in CFB Esquimalt the 14-16 March 1977.

CFB Comox will be holding their qualification tournament at the Rec Centre commencing on the 28 Feb. and continuing on until the 4th of March.

There will be two categories of play for the qualifying round as there will also be for the Regions. The "Over 40" category will be for all those with forty thousand miles and over.... The "open" category will be for all players under forty years of age.

Badminton is just a super pastime and conditioner and we here at Comox have a large number of Recreational players and also a very successful Badminton Club headed by Capt. Tom Krayden.

Registration for this - qualifying tournament must take place by the 24th of Feb. 77. All interested personnel may register by contacting the Rec Centre at local 315.

INTER-SECTION HOCKEY. The Inter-Section Hockey Leagues were interrupted the past week in order that the Pac Region Championships might be carried out here at CFB Comox. The 407 team in the "A" League are on a winning streak and have been playing very well of late. Due to the Squadron moving out to the sunny climes for about a month so I am sure that this will put a damper on their winning streak. The scoring and points standings will be published in the next "Totem Times" so keep posted.

GOLF MEMBERSHIPS

With the advent of the "beautiful" weather there must be a quickening of the pulses for all you fellow golfers to grab your clubs and head for the links. The Glacier Greens course is in excellent shape for this time of year and the staff are hard at work in preparation for the 1 March opening.

Memberships are now on sale and may be obtained from Earl Thompson at the Rec centre - local 315 or get in touch with Don at the Greens Pro Shop. As the saying goes, "The price is right" and all service members may use the "Payroll deduction plan" which may be spread over a maximum of six months.

The regular prices are: Men: \$85.00; Ladies \$70.00; Juniors \$25.00; Man and Wife \$135.00; Family with one \$145.00; Family with two or more \$155.00; Locker coat (rental) will be \$8.00 for the season. Civilian personnel: Men \$100.00; Ladies \$100.00; Man and Wife \$175.00; Juniors \$25.00.

Those who have lockers now may retain them at the same

cost (\$8.00) providing they are re-booked before February 28th. Don will provide bulk club rental on a first come first served basis. This will run March 15 - November 1st at a cost of \$15.00.

There will also be a few extra lockers for the ladies. Last year's office is now in the process of alteration and the extra room will allow (hopefully) for at least an extra dozen. Again see Earl or Don.

Mentioned in the last issue was a note that we hope to have extra help - guess who from - our very own members! A work party will be held on Sunday, February 27th at 10 a.m. Tom Finney will welcome you with open arms. Come in your 'grubs' and bring if possible, a rake or shovel. Tees 6 and 9 badly need attention. Please don't wait to be asked, JUST BE THERE!

A note to those early golfers. Don't forget that our Course has reverted to its previous layout. I.e. Last year's number 4 tee off is now number 1 tee off again.

BOWLING WITH STAN

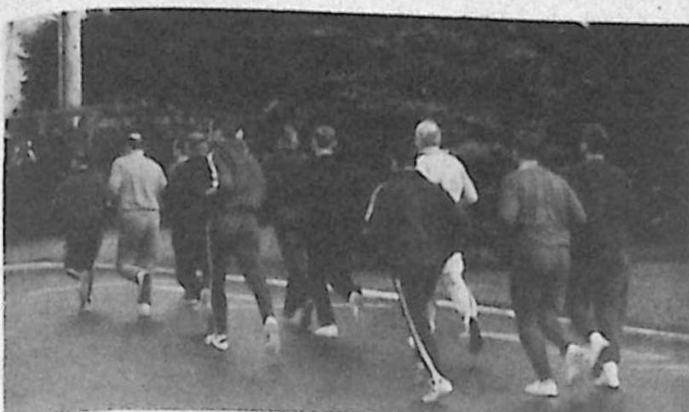
The Third Annual Port Augusta tournament is being held at CFB Comox 10-13 March. The registration forms are at the bowling alley and all bowlers are invited to enter. Any 4-person team can enter (men, women, mixed or any combination). The cost is \$6.00 per person and \$2.00 each for lineage.

In the Thomas Adams tournament, the ladies teams are as follows: No. 1 - Gail Engelmeyer, Renate Stallard, Gail Giles, Janet Shaw, and Sharon Kuhn. No. 2 - Dorothy Dickins, Joyce West, Joanne Lester, Anna McIntosh, and Dot Wiffen. These teams will be bowling on the 19th or 20th of March at a place to be determined in the future. The complete mens teams are yet to be decided.

The mens league has tightened up with the Red Devils now leading with 48 points. At 47 points, are the Gun Plumbers and 409 Rebels. Russ Engelmeyer and Stan Prime are tied for high average at 226 with Bill Hill at 225. Russ Engelmeyer is holding the season high single (348) and triple (865).

The Green Bonnets have taken the lead in the Ladies afternoon with 39 points and the Whitebows second at 36 points. Dot Kern is holding high average (202). Sue Eppel took the weekly single (271) and triple (703).

The Phantoms have the lead in the ladies league with 45½ points, the Happy Hookers have 45 and the Half & Half at



ARE YOU READY? Mild winter weather provides an opportunity for early outdoor training for semi-annual fun run.

Staff Photo

Bowling With Stan

44½ points. D. Dickens has the high average (215). Renate Stallard had the weekly single (301) and triple (740).

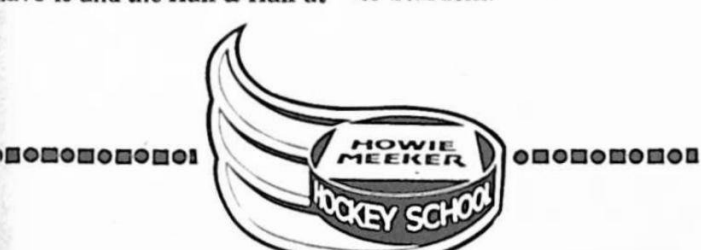
The mixed leagues have not been included as they are not up to date.

In the Bantams, the Osmonds are leading with 103 points with the Jetts at 102. Patricia Stallard's 122 and Stace Blackmore's 143 are the high averages. For the girls, Michelle Grosvenor had the high single (173) and double (345) which is a new season double. Last week, Richard Van Der Pyrt set a new season single (207) and double (378).

The Bad News are leading the Juniors with 35 points with the Attackers at 34 and the Strike Outs at 33. Janet Jones and Ronnie Shaw have the high averages at 170 and 166. For the girls, Francine Hebert had the single (215) and Debbie Lunde, the double (356). For the boys it was Richard Gunstone with the single (242) and Wade Nestor the double (358).

In the Seniors, the Gutter Dusters are leading with 42½ points over the Hustlers 42. Kerry Salmon (191) and Donald Acton (183) have the high averages. Kerry Salmon is holding the girls' season single (327) and triple (749). For the boys, the weekly single (284) and triple (618) were taken by Donald Acton.

This week sees the Bantam teams going to Nanaimo for the second step in the 4 Steps to Stardom.



STICK LENGTH

The hockey stick which is the next most important piece of equipment after the skate, is subject to one major mistake by parents and boys. It is also the one instance where the youngsters fail in most cases to copy the Professional. The kids sticks are way too long. Years ago some well meaning character came up with a formula for determining stick length, with skates on, stand the stick on its end in front of you and cut it off at chin level. The stick will be from 2 to 4 inches too long. Next time you watch a Professional hockey game from Montreal, Vancouver or Toronto, watch for the players who during the playing of the National Anthem, stand their sticks in front of them. See where the top of the sticks are? Their chest high, not chin high.

Some time during their careers, they learned that the shorter stick is obviously better. Yet thousands of kids are starting out with the old nose or chin measurement. We sure don't make things easy for them, do we?

Here is what happens with a chin-mouth or nose measured stick or one that is several inches too long. Stand the player with his feet 18 inches apart on the ice. With his hands on the stick in the normal position (the top hand have him place the blade on the ice. In order for him to get the full length of the blade on the ice, it will be necessary to draw his top hand back against his hip. In extreme cases, his top hand could be 4 to 8 inches behind the front of the hip and as high as the waist or lower chest area. Standing still, it will be almost impossible for him to shoot or receive the puck or stick handle without moving that top hand out in front of the body. In order to carry out those functions, the top hand will have to be well in front of

Indoor Soccer

Monday 7 Feb. 77 at the local "Temple of Health" saw the young lads booting the proverbial ball about the Rec Centre as the Indoor Soccer league for the Youths of our Community continued league play.

In the first which saw the Wolves gnawing on the main of the Lions and it proved to be a doozy of a matchup. Greg Folliott and Steve Redmond each scored once to provide all the scoring required as the Wolves nipped the Lions 2 to 0.

The second game of the evening had the Falcons swooping down on the Bears and, this also proved to be a real thriller. The Bears got the sweet taste of Honey when Lee Jepson laced one in early in the contest. The Falcons then came to life and sharpened their Talons which resulted in three unanswered goals. Mike Redmond, Clay Vercherre and Chuck King

scored in that order. The final score was Falcons 3 - Bears 1.

On Monday the 14 Feb. 77 (Valentines Day) there were very few Hearts exchanged as the lads continued play in the Rec. Centre. Yep, that's right Lee Jepson laced one in as he once again booted one in as the Bears mauled the Wolves 1 - 0. In the second game play was the same exciting type of effort as the Falcons tangled with the Lions. Chuck King made a super play for Shawn Galle and Shaw reciprocated by putting the icing on the cake as he ripped one into the net from close in. This was the only goal needed as the Falcons dug in and hung on for a narrow 1 - 0 victory.

	P	W	L	T	Pts.
Wolves	14	8	6	1	17
Falcons	14	7	5	2	16
Lions	14	6	6	3	15
Bears	14	5	8	2	12

Pacific Region Broomball



TOTEM POWER — Doug Obermeyer shows the form that overpowered all opposition in PAC Region Broomball.

Hosford Photo

The Rampaging CFB Comox Broomball team won yet another Pac Region Championship by going undefeated through the Tournament held here in Comox earlier in the month.

The calibre of play was extremely high and all teams displayed impeccable sportsmanship. The referees for this event have to be commended for an outstanding job as they had all games well under control. Also it might be noted that there were only three men to handle the ten games played.

The Comox team will be travelling to Shearwater about the middle of March for the "Nationals" which will see the six best broomball teams in the Forces representing their respective regions. Last year Quebec won the Nationals with the Pac Region (Comox) coming a very close third. This year the team is expected to do very well as it has more depth and a lot more speed plus the "old equalizer", experience.

Coach Jack Dupont is holding daily workouts in preparation for the big one.

The game results were: Kamloops 0 vs Fleet 4. Beaverlodge 0 vs Comox 10. Kamloops 2 vs Chilliwack 2. Chilliwack 10 vs Fleet 1. Kamloops 1 vs Comox 6. Beaverlodge 3 vs Kamloops 5. Chilliwack 3 vs Comox 8. Beaverlodge 2 vs Chilliwack 6. Fleet 1 vs Beaverlodge 1. Fleet 0 vs Comox 5.

STANDINGS IN ORDER

	GP	W	L	T	Pts.
CFB Comox	4	4	0	0	8
CFB Chilliwack	4	2	1	1	5
CFS Kamloops	4	2	1	1	5
The Fleet	4	0	3	1	1
CFS Beaverlodge	4	0	3	1	1
CFB Comox scoring summary:					
Jim Whelan	11	pts.	-T.T.S.		
Al Ettinger	8	pts.	-2 T.T.S.		
Russ Roux	8	pts.	-3 T.T.S.		
Denis Rochon	6	pts.			
Bill Criss	5	pts.			
Gary Anderson	4	pts.			

Note: T.T.S. - Top Tournament Scorer.



CLOSE CALL — Totems scramble around Esquimalt net in their first game of PAC Region

Championships.

Hosford Photo

"Up Earl's Alley"

The Pac Region Broomball Championships have been completed for another year and to no ones surprise, except, the other competing teams, CFB Comox won rather handily. For the most part all games were rather close between Chilliwack, Beaverlodge, Ships and Kamloops, but, the host team were the class of all with a whoppin' 28 goals for and a meager 4 against.

The Totems are a lot stronger than last year and have a well balanced attack led by a stonewall defence anchored by the "Dirty Harry" himself Capt. Gary Anderson and a host of forwards that could give the proverbial "Roadrunner" nightmares.

Actually the game that was supposed to be the thriller turned out to be a bit of a runaway as Comox defeated the Chilliwack team 8 to 3. Of course, according to the Chilliwack lads, the Officials scored all the goals against them and were homers, but, this was not the case as the score did indicate the play pretty well. Having seen the eventual Nationals Champions, Quebec, last year in action I would say that we have a great chance of winning the Nationals this year, which, will be held in Shearwater around the middle of March.

Golf Memberships are STILL on sale at the Rec Centre, and, contrary to some beliefs there are still a FEW left, so hurry.

Our Station Volleyball Team is preparing themselves for the Pac Region Championships which are to be hosted by CFB Esquimalt 4 - 5 March. The team will be going to Victoria to enter a civilian tournament as a tuneup for the Regions.

The Arena Staff are cutting their icemaking teeth on the new Zamboni machine. And, as usual we are still getting the best ice on the Island. I have had the opportunity to have seen a number of arenas from here to Victoria and our ice takes a back seat to none.

The Semi-Annual fitness testing time is fast approaching again. Remember folks a little preparation now will make the effort a lot easier on the "Ol Body".

Classifieds

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MOPED (Solex model) small motor bike. \$140.00 firm. Phone: 339-5228 after 5:00.

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YOU only live once so why not enjoy your retirement in Sunny Victoria? For information on homes, lots, etc. in the Victoria area, write or call collect to BAZ PHAROAH RCAF-CAF RTD NEWSTEAD REALTY LTD. 1637 Fort Street, VICTORIA, B.C. OFFICE: 598-5166 HOME: 658-8449

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GOTCHA — Weiner Lavigne readies a poke check to stifle the opposition again.

Hosford Photo

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Pac. Region Hockey Finals

Chilliwack Takes Pac. Region Hockey



Hosford Photo

Canadian Forces Base Chilliwack



Hosford Photo

Comox Totems



Hosford Photo

Canadian Forces Base Esquimalt



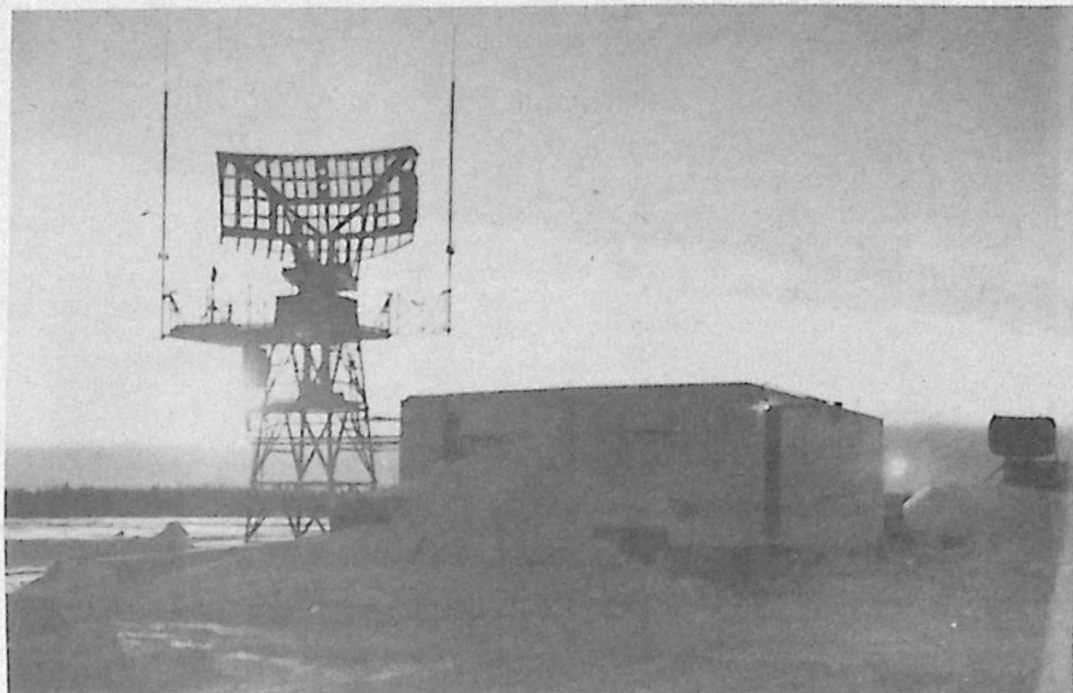
Hosford Photo

Canadian Forces Ships

Thursday, Feb. 17, 1977

CFB Comox Totem Times 13

New Radar At 'Bagtown'



CF Photo

OTTAWA — Air traffic controllers at Canadian Forces Base Bagotville, Que., will be the first beneficiaries of the military's terminal aids replacement program (TARP) when a newly-installed radar system goes into operation there in mid-February.

The approximate cost of the total four-year replacement program, announced by defence minister Barney Danson, is \$50 million.

At Bagotville, a primary airport surveillance radar (ASR) coupled with a secondary surveillance radar (SSR), capable of identifying aircraft in flight, will replace equipment in service there since the early 1950s.

Bagotville's aging and

ailing radar system is being retired ahead of schedule, out of fears that its deteriorating performance might lead to serious flight safety hazards. As part of TARP, other Forces airbases in Canada and Germany will receive new navigation and radar equipment over the next four years.

The U.S. built ASR-8K, chosen for installation at Bagotville, incorporates the most modern techniques for eliminating both ground and weather clutter. Among them is a dual beam antenna, and a digital moving target indicator (MTI) which identifies aircraft, screening out slower moving and stationary objects.

Unlike the single-channel

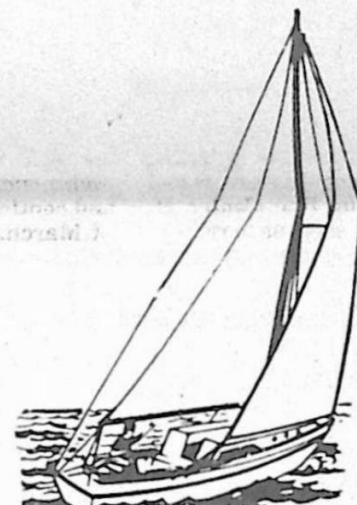
radar which preceded it, the solid state ASR-8K provides controllers and airborne pilots with a back-up channel in the event of equipment failure. The new system's greater reliability also means more operational time for pilots, and less time on airport approaches — an important consideration for short-range combat aircraft and fuel conservation.

Widely used by the U.S. Federal Aviation Agency, which is responsible for air traffic control services at all American civil airports, the ASR-8K was bought "off the shelf" from Texas Instruments of Dallas, Texas.

Bagotville's new SSR, a UPX-27N, was purchased from Cardion Electronics.

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- No withdrawal charges
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- No lock-in clause

Both the B.C. Central Credit Union Registered Retirement Savings Plan and Registered Home Ownership Savings Plan are great ways to save for your future. But act now. The deadline for contributions is Tuesday, March 1st."

B.C. Central CREDIT UNION RETIREMENT SAVINGS PLAN

Now available to members at all participating credit unions.

(B.C. Central Credit Union, trustee of B.C. Central Retirement Savings Plan)



The Nice People



Mrs. Vera Lewis

This issue returns us to the civilian side of military life. We would like to introduce to you, Mrs. Vera Lewis, the Work Reception Clerk at the Base Construction Engineering Section.

Her cheerful manner and positive attitude makes her a real asset to her job, which by the way, she handles in a very thorough manner.

Vera is the wife of WO Barney Lewis, the Chief Technical Inspector at CFB Comox. She and Barney, along with their son, 13 year old, Billy, reside in Comox. Two older children, a daughter Terry, and son Richard, have departed the home fires to make their own way in the big world.

Vera has been "married" to the Service for 25 years and has spent time in such exotic places as Penhold, North Bay, Cold Lake, and Europe. Comox is great, she says, but she still has a soft spot in her heart for Cold Lake.

When asked about hobbies and outside interests, Vera confessed that her granddaughter was her most cherished interest outside of her home and family. She also enjoys her garden and spends her leisure time amongst the flowers.

To all who know her, she is a great gal, and now that you all know her as well, I'm sure you will agree. We at the Totem Times give a tip of the hat to you, Vera Lewis -- you are truly one of the, "Nice People"!

How Is Your Safety Program?

Flammable Liquids • The Importance Of Safety Footwear

Would you permit a few sticks of dynamite to be around your home? Ridiculous? Many of us by the careless use and storage of flammable liquids, expose ourselves to a similar situation.

Flammable liquids are very dangerous, but with a little knowledge of their proper care and handling, the danger can be controlled. Know the names of the most common flammable liquids: gasoline, naphtha, kerosene, paint thinners, turpentine and varnish.

Don't Play With Dynamite

Use non-flammable cleaners. Liquids labelled non-flammable by a nationally recognized testing laboratory, such as Underwriters Laboratories, will not burn.

Never store flammable liquids in glass or plastic containers. If you were to drop the glass container on the basement floor, a source of ignition may end your life. Store such liquids in metal cans, painted red and prominently identified as to contents. Standard safety cans with tight fitting lids that shut automatically are preferred.

Never use flammable liquids to start a camp fire. Take extreme care when lighting charcoal briquettes in outside barbecues and use only approved type fuels.

Do not keep large quantities of flammable liquids on hand. Flammable liquids in MQs shall not exceed one gallon and shall be stored in an approved container.

Use only non-flammable cleaners to remove spots from clothes.

Paints and varnishes are also flammable liquids capable of quickly turning a tiny flame into a roaring fire. Partly used cans of these types of liquids should be stored carefully with the lid on firmly so that vapours will not escape.

The contents of spray type cans such as hair sprays are frequently highly flammable. In use, the cans could become a "blow torch" if ignited by a cigarette or other similar source of ignition. Never throw a used container in a fire -- it could act like a bomb.

To finish our article for this issue, we would like to say something about emergency phone numbers:

a. The fire prevention personnel have just completed 150 MQ visitations and an alarmingly large number of residents did not know the emergency telephone numbers for fire, police or hospital. In the event of an emergency, these numbers should be readily available by your telephone; and

b. listed below are the numbers most important to you:

FIRE - 339-3333 (off Base)
POLICE - 339-2211, local 280.
HOSPITAL - 339-2211, local 444.

When anyone mentions safety footwear, most people immediately think of bulky, steel-toed boots designed to protect the toes from impact damage. There is, in fact, much more to the design, purpose and appearance to the safety footwear now available to military and civilian members of DND.

First of all - let's look at appearance. In view of the requirement for military personnel to be uniformly dressed, the outward appearance of the new shoe, service, safety is identical to the standard service shoe except that it incorporates a steel safety toe piece.

Besides the need to look uniform, personnel in certain fields of employment require safety footwear that incorporates toe protection and a slip resistant sole. Special requirements are recognized for the trades of lineman and electrician, and for people in these trades, special designs are provided in their scale of issue. For all other applications, the safety toe service shoe is designed to give toe protection, ankle support, a slip-resistant and oil resistant sole and heel and conventional ankle height lacing.

This new boot, identified as NSN 8430-21-868-7447 contains a steel toe cap which meets 2,500 pounds compression and 75 foot-pounds impact as specified in Canadian Stan-

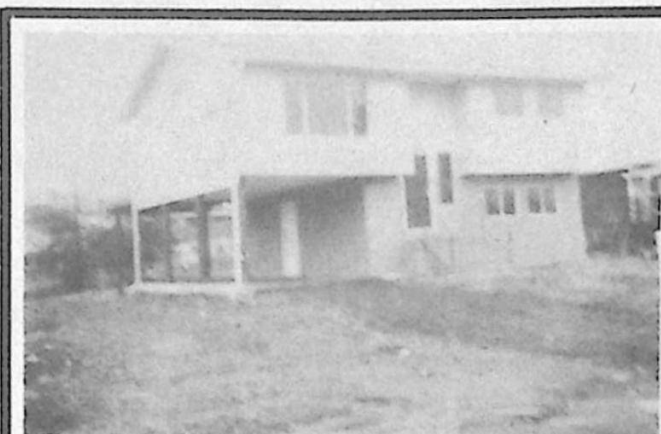
dards Association standard for heavy duty class (CSA Z 195). The actual test requirements are written into DND procurement contracts. They do not have steel sole inserts or steel insoles. This type of protection might be required for high risk areas, but was not recognized as a general DND requirement.

A quick review of our accident records shows some of the foot hazards that we encounter: "struck by falling sharpener"; "slipped and fell on wet floor"; "right toe struck by container"; "struck on foot by airline coupling"; "struck on toe by towbar"; "slipped and injured back alighting from pickup truck"; "struck by falling extinguisher". Safety footwear

can help protect against the two most consistent factors in this type of accident by providing good traction on most surfaces (when accompanied by good housekeeping) and by providing toe protection.

You won't be faced with the problem of choosing, if you shop for your safety footwear at the clothing stores section. In addition, you are sure of good quality material, design, and toe protection that meets the CSA standard. All of this at the lowest possible price. Can you afford not to wear safety footwear? As Eddie Shack would say: "It's a bargain!"

These boots are available to military personnel and civilian employees of DND.



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Layer Sliced Bacon 99¢ lb.

FRESH LIFE SIDE
Spareribs Sweet and Sour or Regular Cut \$1.29 lb.

"FREEZER SPECIALS"

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A1 and A2 Alberta Red Brand 87¢ lb.

Fronts of Beef

A1 and A2 Alberta Red Brand 79¢ lb.

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