



TOTEM TIMES

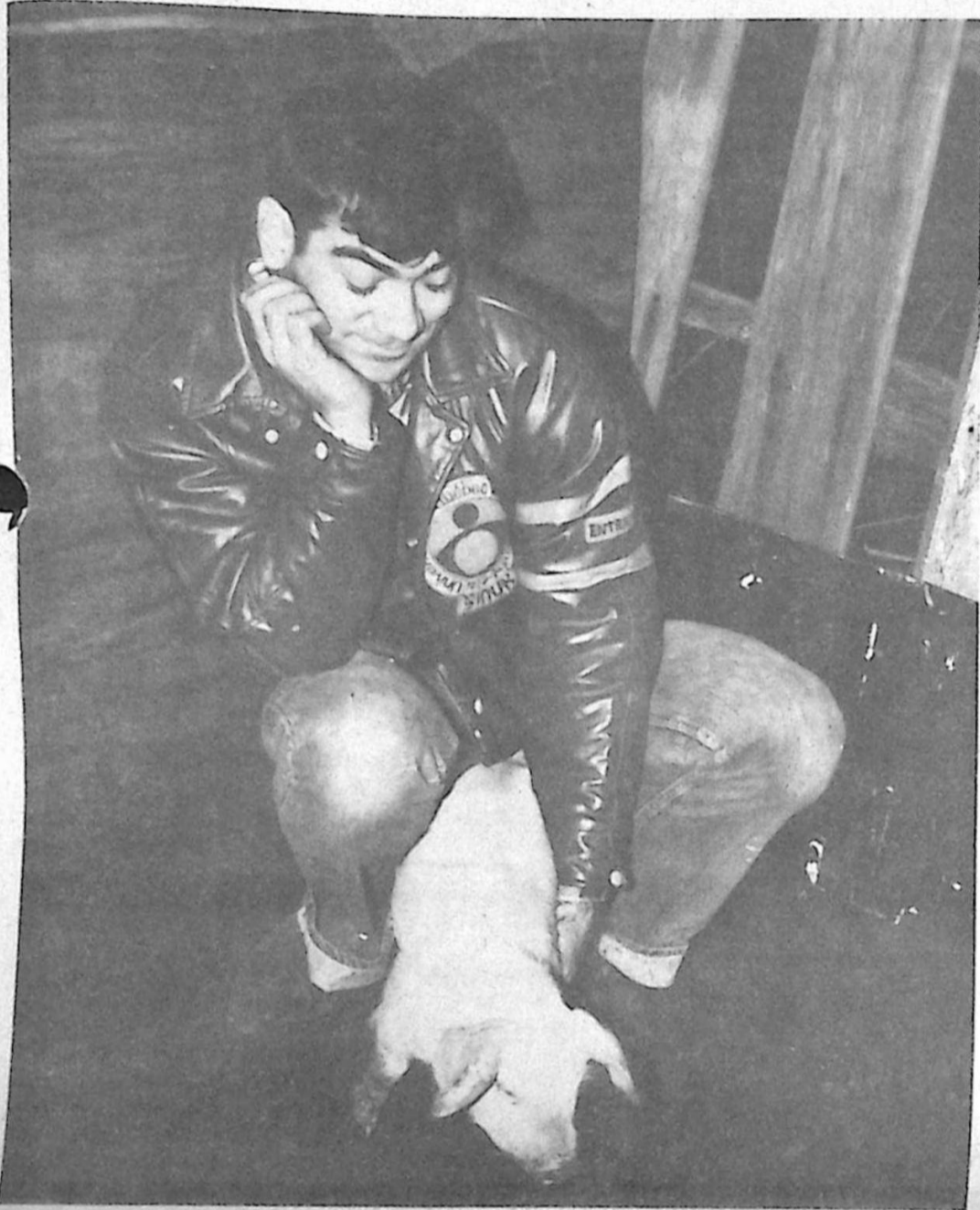


Symptom Of Swine Flu - An Urge To Roll In The Mud

VOL. 18 - NO. 22

CFB COMOX TOTEM TIMES THURSDAY, DECEMBER 2, 1976

Swine Flu Vaccine For Servicemen



LT. JAD POIRIER must have known in advance that the team of "spear-chuckers" would be descending upon CFB Comox this week. Determined to put his Swine Flu shot to good use, he used some of his time on Saturday to come in direct contact with the source...something to do with first prize in the Crazy Kar Rally. The rest of us may still have to bare our arms in teeth-gritting anticipation of the "Shot In The Arm" (not quite like the "Shot In The Dark"), but Jad is laughing. He does however, have one problem that the rest of us don't. It seems that his house is in a residential area, and not zoned for livestock. Now he has to find a new home for his "Arnold". Several of his friends have all ready made overtures towards the eventual starring of "Arnold" at a giant barbecue, but Jad says (and I quote), "To know him is to love him" and will entertain no thoughts of "Roast Pork A La Comox".

New Fighters Needed

Urgent "off-the-shelf" purchase of a new multi-role fighter aircraft is needed to replace aging fighters now being flown by Canadian Forces pilots in Canada and overseas, according to W.A. Gryba, president of the 10,000 member RCAF Association. Speaking at the 29th annual national convention of the airmen's association in Hamilton, Ont., Mr. Gryba said that Canadian-made component and equipment packages should be considered for the new fighter. The retiring president also urged strengthening of the Air Reserve through a closer working relationship with regular force flying units. He recommended greater DND liaison with civilian employers to allow reservists more military involvement without penalty to their primary jobs.

Maj-Gen. G.A. MacKenzie, chief of air doctrine and operations at National Defence HQ, gave an update of Canadian Forces operations and equipment purchases.

And General Robert J. Dixon, commander of the USAF Tactical Air Command, outlined "the incredible growth of Soviet military might," and warned that the Western World may be falling behind.

The 56-year-old U.S. General also reminisced about his early pilot training with the RCAF and his experience as an RAF Spitfire pilot before transferring to the USAF in late 1943. He also flew in Korea and Vietnam. Among his many gallantry awards is the Commonwealth Distinguished Flying Cross.

Guests of honor at the Oct. 6-9 convention were the top female and male air cadets from the 1976 flying training scholarship programs in glider and powered flight. They were cadet Sgt. Scott McMaster of Capetown, Ont., and Cadette LAW Anne Pedskalny of Iroquois Falls, Ont.

Appointed honorary national president was Maj-Gen. W.M. Garton.

442 Squadron - Soon To Be A Mellow Yellow

Bright yellow, visible in all seasons and in all weather, is the new dress for all Canadian Forces aircraft whose primary job is search and rescue (SAR).

The new yellow birds are designed to be more readily spotted in the various colors and weather conditions of Canada's four seasons. The colors were selected by experts in color dynamics, after studies in human engineering at DCIEM, (Defence and Civil Institute of Environmental Medicine) in Toronto.

Aircraft to be repainted include eight Twin Otters and six Buffalo fixed wing aircraft, and six Labrador and three Voyageur helicopters.

The repainting will be done during the normal schedule of

repair and overhaul, which includes a paint upkeep program, and will be completed over the next 2½ years.

At present, a variety of color schemes are used on search and rescue aircraft, including red, white and blue for some, and wartime camouflage designs for others.

Although the predominant color of the SAR aircraft will be yellow, the solid color is broken by a wide red band amidships, and black trim with the words RESCUE AND SAUVETAGE in large black letters on each side.

In addition to new paint, the helicopters are also being equipped with an ejectable ELT (electronic locator transmitter) and a powerful light called Nite Sun. The light, which has both a searchlight and floodlight capability, will give the helicopters the ability to

search at night, a facility not now available.

The light has remote con-

trols and may be rotated fore and aft, as well as sideways, to give maximum visibility.



EVER SEE A YELLOW BUFFALO? - Well you will soon as the familiar red and white bird is to get a yellow jacket - something about keeping warm in the wilds of Northern Canada. Base photo

Miss CFB Comox Contest Cancelled

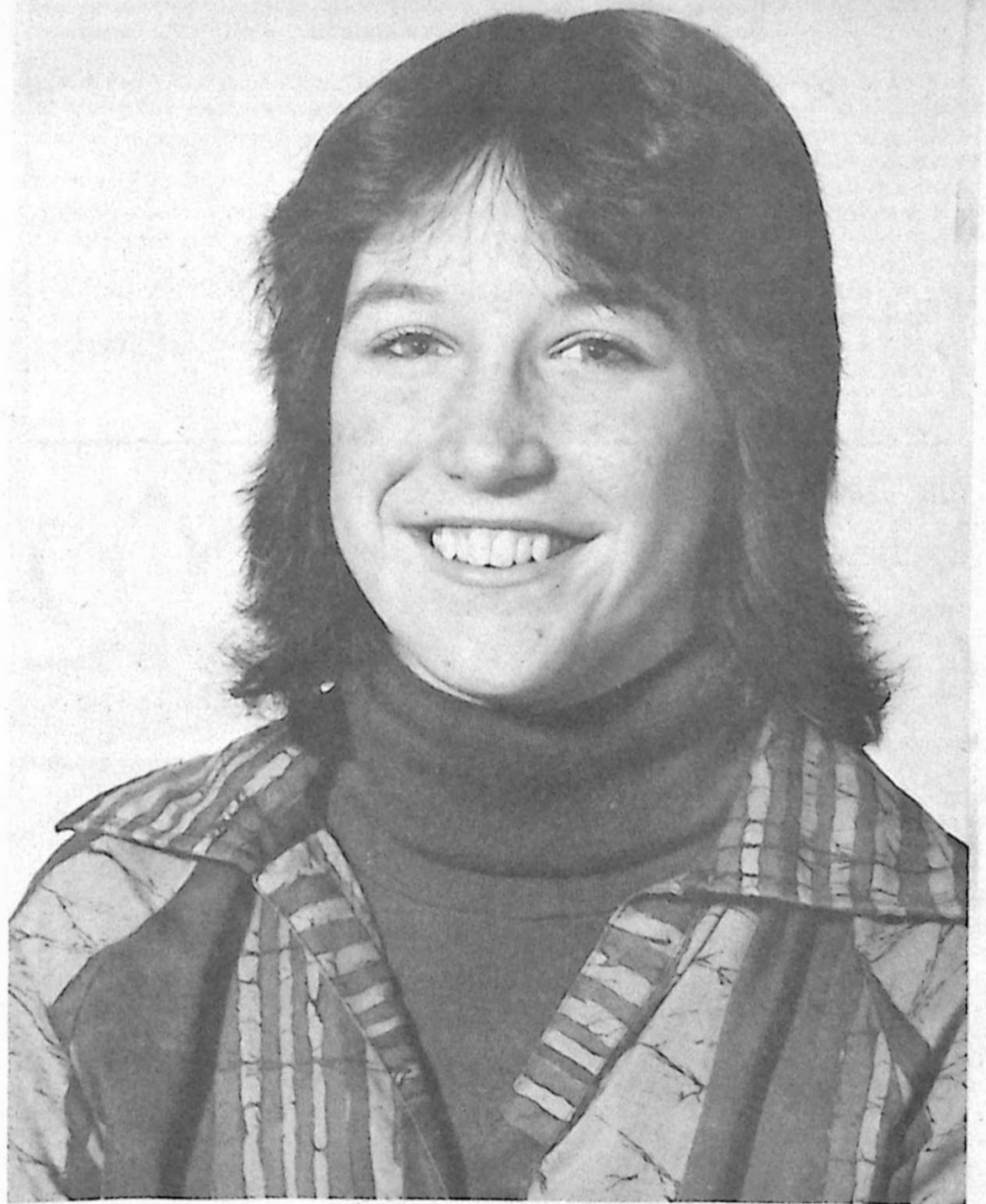
A lack of interested participants has led to the cancellation of the Miss C.F.B. Comox Contest for 1976. When the call went out to the traditional sponsors of entrants, only the Base Teen Organization and the Officers Mess were able to come up with a suitable and interested candidate in time for the proposed event.

One reason given for the lack of interest on the part of Servicewomen was age. Apparently almost all of the entrants in the Comox Valley Snow Queen Contest are between 16 and 18. Although the rules say that anyone between 16 and 21 may enter, it seems that dependants fit more easily into the peer age group than do Servicewomen.

Consequently, the Base will be represented from now on by Miss Wallace Gardens, chosen from the dependant population of the Base. The Base Teen Organization will co-ordinate selection of the contestants and assist Council in staging the event.

With this year's entrant, Bonnie Campbell, the Base can be sure of continuing excellent representation in the Comox Valley Snow Queen Contest.

Miss Wallace Gardens Meet Bonnie Campbell



BONNIE CAMPBELL, a 16 year old hazel eyed brunette was chosen Miss Wallace Gardens and will represent the Base in the Comox Valley Winter Carnival. Bonnie, a grade 11 student at Vanier High is the daughter of MCpl and Mrs. R. Campbell of Wallace Gardens. She is active in school activities and plans a future at U.B.C. after Vanier. She looks forward to the excitement of Carnival week and the big finale of Snow Queen selection. The formal crowning of Miss Wallace Gardens takes place during the B.T.O. Christmas dance December 20th in the Totem Lounge. Base photo

Conventional Forces Still Important

The importance of maintaining strong conventional military forces in a nuclear age was emphasized by Defence Minister Barney Danson at a meeting of NATO's Nuclear Planning Group in London, Nov. 17-18. The group's discussion focused on the need to maintain an adequate defence and deterrent capability in the light of recent developments and deployments over the full spectrum of Soviet forces.

Also stressed was the importance of maintaining the essential linkage between the three elements of the NATO Triad - Strategic Nuclear, Theatre Nuclear and strong

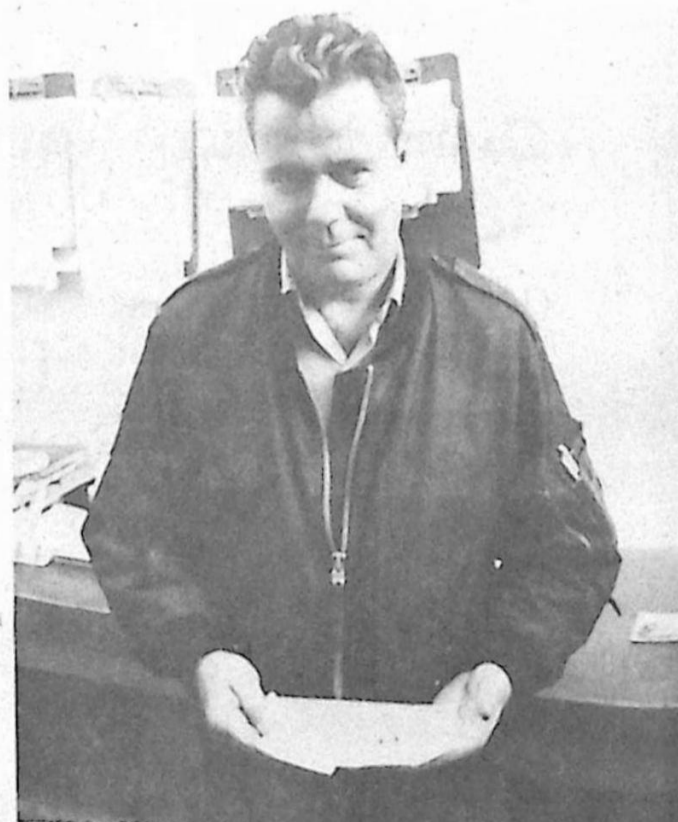
Conventional Forces. They drew attention to interdependencies between developments in the threat, new weapon technologies, and arms control measures. Also discussed were new technologies, which could contribute towards sustaining a defence posture capable of maintaining deterrence and safeguarding the integrity of NATO territory.

Eight defence ministers - Britain, Canada, Greece, Italy, The Netherlands, Norway, United States and West Germany - met to review NATO nuclear strategy. It was their twentieth half-yearly conference.

Hey Aurora

CFB Comox and 407 (VP) Squadron will be having visitors December 2nd to 4th. Here to familiarize themselves with the facilities available will be a team made up of personnel from the Aurora Project Office in Ottawa and engineers from the Lockheed Aircraft Company.

Nuts To Esquimalt



THE COMPUTER CALLS - Sgt. Norm Girard holds evidence of the efficiency of the computer age. Apparently the big machine called for an issue of two (count 'em, two) 5-16ths nuts to be issued to CFB Esquimalt; cost of same - two cents each! It seems that CFB Esquimalt is allowed to hold only two of these valuable nuts on inventory, and so after much paperwork, time, and cost it is reasonable to assume that Esquimalt will get their nuts -- in time for Christmas. DND Photo

Fuel Saver For Alert

-Thousands of gallons of diesel fuel, aviation gas and aircraft flying hours will be saved by new construction and installations at Canadian Forces Station Alert, the most northerly permanently inhabited spot in the world, 450 miles South of the North Pole.

Designed under the supervision of A.F. MacRury, of Trenton, project manager for Trelar (Alert Reconstruction), and built by the Canadian Forces Construction Engineering Unit, Winnipeg, it includes new barrack blocks and installation of a new building for the transmitter site at the station.

A new heating-cooling system in the transmitter building will save 18,730

gallons of diesel fuel annually. Gordon MacDonald, base utilities officer at CFB Trenton, who designed the system, said that it will save many Hercules flights toting fuel, as well as a great saving in aviation fuel, because it takes one gallon of "avgas" to transport two gallons of fuel to Alert.

Mr. MacDonald, a civilian employee of the Department of National Defence, is overseeing the final installation of his self-contained heating and cooling system, utilizing the environment and the heat generated by the transmitters installed at Alert.

The system is relatively simple, and is designed to use environmental conditions to the fullest extent.

Merit Awards Given

OTTAWA - Two Canadian Forces members at National Defence headquarters here have received Public Service merit awards totalling \$2,000.

Master Warrant Officer Earl I. Hodgson, 42, of Trenton, Ont., of the directorate of land armament and electronic engineering and maintenance, has received \$1,250 for "expert contribution to the completion of a sniper rifle testing and selection program," according to the citation.

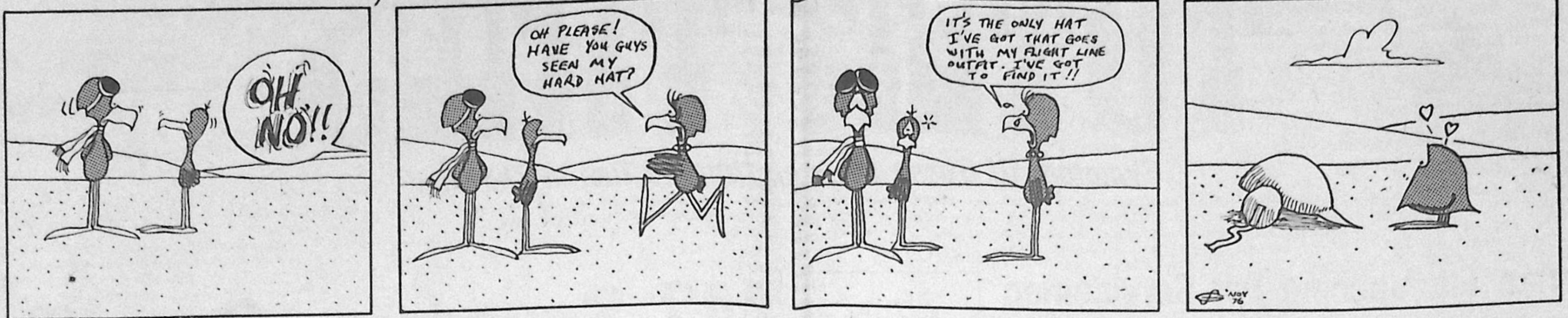
A \$750 award has gone to Sergeant William L. Nadorozny, 47, of Taber, Alta., a technical specialist in the directorate of procurement and supply services.

TO THE BLEEDERS

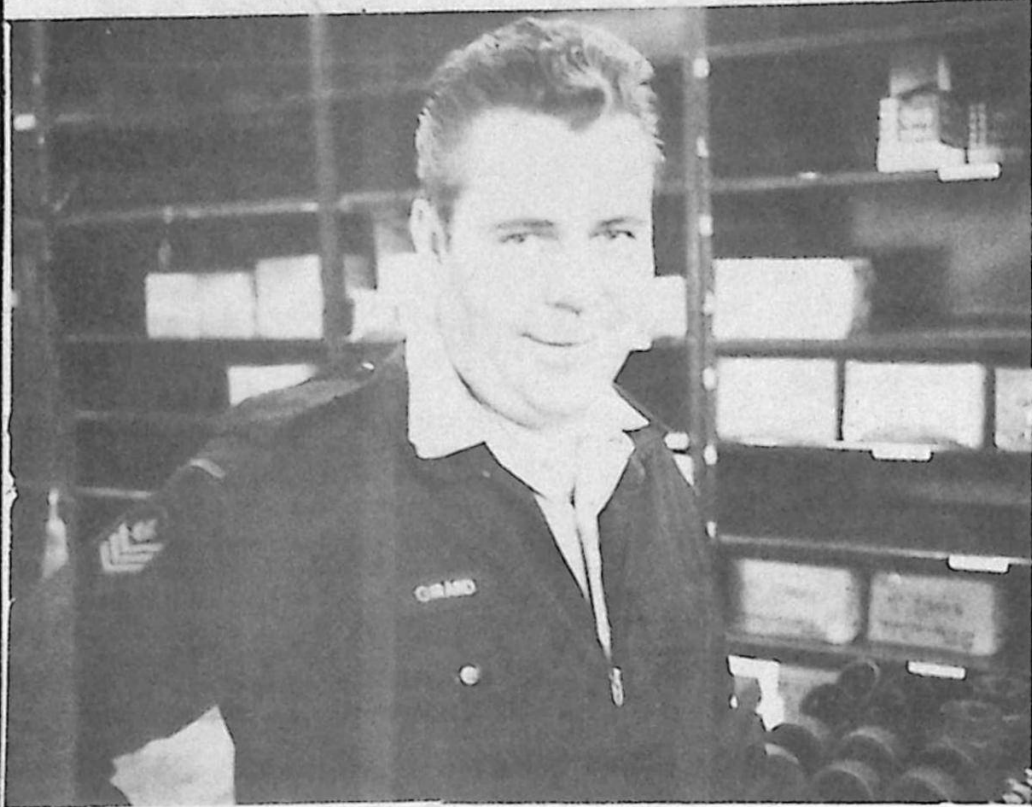
The Blood Donor Clinic scheduled for Friday, December 3 has been cancelled and will be rescheduled at a later date.

NEXT TOTEM TIMES DEADLINE DECEMBER 13

CUDGEL STEW by Rick St. Germain



The Nice People



Times photo

Sergeant Norm Girard

The Base personality we introduce this issue is a smiling gentleman from the Construction Engineering Section. Actually, Sgt. Norm Girard is not exactly a CE type, but hangs his hat in the CE Stores and by trade is a Supply Tech. Norm is the man in CE that handles the Government Store and does it in a most pleasant and friendly manner.

Norm has been in the Supply business for some twenty-five years, and has seen many interesting jobs in his tenure. Such exotic locations as Pagwa, Senneterre and St. Sylvestre are on his repertoire with tours at Winnipeg and Langar (UK) thrown in for interest.

Norm and wife Midge, along with children Susan and Sandy reside in the Valley. Norm's two other children, a daughter, Claudette, and son, Garry, have left home to make their own way in the big world... Garry by the way, following in his Dad's footsteps and is himself a Supply Tech in the Forces.

Norm has been at Comox for six years and likes the area a lot but says he is itching for a change. He wants to stay in the west however, and would dearly love a posting to the mainland. Who knows, Norm, if you are really lucky, maybe a nice tour in Northern B.C. at one of those beautiful RADAR sites!

Norm's hobbies are mainly golf and curling, and when he can find the time, likes the competition of both.

We at the Totem Times wish Sgt. Norm Girard the best, and tip the hat to another fine guy... Norm Girard, you are one of the NICE PEOPLE!

They returned from the front line otherwise called William Tell Meet. There were no wild scenes of jubilation. The very air was subdued. Was it because of absence of the coveted battle honors? The battles were fought, won and lost, on the firing range. All the expertise, professionalism or spirit could not change that. The Canadians have always been known to work harder, play harder and maybe that is why they were number two in this year of the spirit of Seventy Six. Now that the crews are back with the Squadron, and their families, it is great to enjoy and share the company and association of our long absent comrades.

Ron Coleman is back from Flight Safety course and is already planning for another course. With Peter Ott leaving I only hope he starts grooming one of the hopefuls as his new deputy. I wonder if it is going to be a Nav or a pilot.

Nighthawks went through the ritual of their long delayed, long awaited luncheon on Friday, 19 Nov. More Hawks were noted for their absence and if it was not for the "Fighting 318th Hordes" and other guests the event would have been christened by some other name. Dutifully Hawks bade farewell to Don Ferguson. Hope there were no problems in uttering a few simple words of Goodbye. As the Hawks were thus at-

tempting to be good hosts, good conversationalists and friends, Tom Potter and company were impressing one and all How-not-to-do-it in Vancouver and Gerry Takach and company were attempting to locate the Mess from a position of vantage in the "Q" for a fly by. Too bad lady notoriety was allusive indeed!

Peter Ott is laying aside his parachute and is seen practicing reading Dosage meter with his gas mask on. Seeing he has problems in that field, don't be over critical of his performance. He is proceeding on an exchange duty with Norad Division at Duluth as NBC officer. Incidentally as his move will not bring any business to his Real Estate friends you don't have to buy him a beer at the Mess. He intends to keep his house.

The nest had their first ever encounter with Bravo Charlie. But with Chief Nighthawk and rest of his overpaid help walking out and not being there to lend much needed support it was a timid affair at best. Hawks! The rules governing haircuts, dress and department are here to stay. Get in line and have a spare uniform in your locker!

Ron Breeden is off to Pace Shop Conference at 25 Norad. With no navigator to look after his interest I hope he does not get lost in the process.

Bill Cleland and his newly organized Hawks' Christmas Committee held their first meeting last week and from the looks of things they had a field day deciphering last year's Committee Reports. The date set is Saturday, 11th December in the Base Rec Centre.

The Navigator Career Counsellors are once again going to convince the faithful during their promotional tour of the Base. Those of you with

Careers behind you don't be too cynical. There is some good in all of us. Therefore, give these gentlemen of the Ivory Tower an attentive ear. Maybe convince Dick Borys of the same.

George Abric was the lucky winner of last week's

squadron draw. Keep them coming Frank.

LCol and Mrs. Herbert are entertaining the squadron members and their wives during a Cocktail Party on Tuesday, 7 Dec., 1900 - 2100 hrs in the Mess.

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Nighthawk's Nest

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Mushroom Mutterings

On Page

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From Under The Nighthawk's Nest

Attention is to be drawn to the article in the November issue of Skywatch which is dedicated to those personnel in 409 Squadron and Base Support Shops who pulled us through the engine mount crisis in March. Metal repairs were effected under the supervision of MCpls Keath, Wells and Hawkins after the broken mounts were detected by Sgt. Oslie and his crew of MCpl Rick Warren and Cpl Bob Marseilles.

It is rumoured that the F-14 is going to be our next fighter. The author is starting this rumour as he personally saw a picture of a scale model of an F-14 with CAF markings on, which is on display at Tyndall AFB. The people who don't consider that good grounds for starting a rumour are probably the same people who think we will be flying the CF-101s in the eighties.

Plans for Christmas parties are well underway. Names are now being taken for those attending the 409 All Ranks Party December 11. If someone hasn't contacted you and you want to go, see your section representative.

For those new people on the Squadron: 409 Squadron is not known as the Fighting 409th because everybody is fighting to get out.

That the French Nieuport 17 became one of the most popular fighters in WWII. It was so successful that the German Air Force had it literally copied by the Siemens-Schuckert Company.



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407 Tech Ramblings

FROM THE HEAD SHED:
It has been some weeks since the last input was made to our beloved fish wrapper from the Operational Squadron here in Beautiful British Columbia, so we'll attempt to bring everyone up to date.

The most exciting Grey Cup game ever has come and gone and the East did it! Big winners of the Maintenance Orderly Room Pool were Cpl. Lorne Lake who took the third-quarter plus final scores for a grand total of \$60.00. Capt. Hawley \$20.00 for first-quarter and Cpl. Bill Harlow \$20.00 for half time score. Lorne Lake, the clerk in the MOR doesn't realize he's won as he is slugging it out at Penhold on the JLC.

We received a long letter from Our Gal Sally Robinson. She is now a civilian, presently residing in Hearst, Ontario.

The Headshed bowling team suffered a slight relapse last week, but under the guiding hands of Harry Fee, Larry Bourgeois, Rick Payne and Marc Legault we expect better results in the future.

Russ Engelmyer was absent from his place of duty every afternoon last week (not unusual) trying to win a spot on the Base Bowling Team. He did it - for the fourth year in a row. I wonder if the note from the XO which threatened that he would have to work overtime if he didn't to make up for the lost manhours, added any incentive. Nice going Russ! Your golf is no hell but then bowling balls are bigger.

The StTech's staff (MOR, Log Control & AMCRO) are all on diets this week in anticipation for our annual Christmas dinner and frolic to be held on the 3rd Dec. After a gourmet's delight at the "gourmets" followed by a wing-ding at Maj. Don Poole's Rec. Room, we will be in fine shape for the Christmas festivities to come.

As most Squadron members already know, 407 sponsors a minor hockey team each year, namely the 407 Demons of the Tom League. The moneys for this purpose are derived from the sale of our minor Hockey Draw tickets. So everyone - dig out that extra buck! It is planned to hold this draw on the 17th of Dec. at 1500 hrs in the Servicing Section. Our CO LCol Konings and XO Maj. Garnett are expected to be on hand to pull the winning tickets. Lots of liquid assets should be available.

We'll be involved very soon, ie 6-10 Dec. when the annual AMIT visit arrives. All sections will, I repeat WILL be ready. Remember - they're here to help us - not to hinder.

Get your tickets early for the Squadron Christmas Party to be held in the Rec. Centre on Dec. 18. See your Section Representative. Plan to leave your car at home - TAKE THE BUS.

ARMT ANTICS
It sure is nice to be back in good old CFB Comox. Not much has changed here except for a brand new coat of green paint on the lockers (and on my combination lock). Several persons were away on course in Greenwood when I arrived back and it looks like a few more of us will be going sometime in the not-to-distant future. The latest personnel to go were Ptes Davies and Montminy to Greenwood and Pte Cunningham to Shearwater. Pte McLean is expected back

from Shearwater shortly - like this week for instance. Capt. Williams is expected back from Greenwood, where he is attending the Argus superintendent's course, on 3 December. 407 Arm't is eagerly looking forward to our Christmas party on 3 December. Big Dave Glover is feverishly selling tickets for the occasion. Oily Lohnes was apparently giving him a hand (hint?) this morning. The "do" will be held in the Totem Lounge and tickets will be available from Dave Glover for any interested armament personnel.

That's all for now. Be talkin' to you later.

AVIONICS SERVICING

Not too much in the way of personnel movement to report. Tom McNeer pulled the plug in order to become a full time "flower child" and I'm sure all of Avionics joins me in wishing Tom every success - "Keep on planting them Tom!" MCpl. McNeer's place on 3 crew is being capably filled by MCpl. Jorgenson. Cpl. Walker is being moved to the IE-IS Lab with an added feature of a six-month tour in Ismailia. How can anyone be so lucky? A coincidence happened one day last week when Steve Prokop was in Winnipeg on the 20th Anniversary of his joining the RCAF, coincidence? Guess where he enlisted; that's right, Winnipeg. Dave Pond says his chickens aren't laying anymore. Of course Dave lays enough eggs around the section to make up for the chickens.

Lots of activity around the section with TD, pay level 5 courses etc. Makes one realize how extremely unsettled a service person's life really is. Steve McNamee has returned from his six-month tour in Ismailia. He's not back to work yet, but welcome home and we have kept your old job open for you. No sand either. Our congratulations to recently promoted Cpl. Forget. If Doug Semple reads this column, sorry we couldn't give you a proper send-off, but we all wish you well. Send us your business card - maybe we can put some business your way. Do you realize that this section is going to make the Guinness Book of Records for the longest "inventory hand-over" in the history of the Armed Forces! Not only that but one of the participants is leaving our empire, so back to square one. PS - Don't spend all your raise at once - Christmas is coming.

ASW LABS

Having not taken pen in hand since the closing of Maintenance, I shall attempt to bring our fans up to date as to what we have been accomplishing (?) up here in the Lab.

New faces include Jim Freeman, who will attempt to fill Sam Dunn's shoes while Sam is fulfilling his duties as PMC of the Junior Ranks and Pte Michael Roy (Comm Tech) who comes here via S'side and civvy street (7 months) in that order. Cpl Del Christenson returns to the RTT Lab after a tour in Europe. The boys from RTT gave Del a house warming - why weren't we invited guys? "Blacky" Blackmore returned from 2 weeks leave none the worse for wear. Welcome to the Lab boys.

Bob Durrance was last seen wandering around with "28 VDC" decals in his hand,

uttering something about ???X199) AMIT again.

Three RS Techs are potential civilian candidates. Al Tomlinson and Jerry Cook aren't definite yet, but Fred Lang received his parting diploma this morning. Good Luck Fred! As for Al and Jerry, we hope things work out for you. We should know more by next issue.

Jim Haggart and Gord Keenam had no luck on their last hunting trips, but Al Tomlinson and Bob Durrance captured one deer on their trip to Holberg.

After a week's sick leave, as a result of an auto accident, Fred Neild returns to the RRT Lab muttering "What Happened?" Of course he used to say "What's going on", so maybe things are improving. Welcome back Fred, we are happy that you weren't seriously hurt.

Away from our happy den are J.P. Lavoie, in G'wood, and Guy Lebreque who is learning all about the Tracker in Shearwater. Andy Fontaine joins Guy this week in Shearwater. Speaking of Andy, what with French classes and broomball it's no wonder it's taking him twice as long as anyone else to complete his OJT.

Jim Freeman and Buck (There are no Comm Techs in the Navy) Buchanan recently returned from the Jezz course in G'wood. By the way, anyone leaving G'wood after course to catch the 707 in Shearwater please note - the 9 a.m. bus departs from the rec centre at 8:15 a.m. Right, Buck?

What's going on in the Head Shed? One thing only is certain - Pte Paul Carreau replaced Pte Dave Pilon at the typewriter. Paul comes to us from Borden, while Dave finds a new job at the B.O.R.

We hear that a promotion is just around the corner for our noble leader. Yes indeed, come the 12th of Dec., we may call him "Captain", or by his nickname - "Sir". Congratulations, almost Captain, Sir!

WO Adams and MWO Schwindt are alive and well in the inner office trying to find their respective desks under all the paper.

Our question for the week - why didn't Sask concede a safety on third down, and then kick off from their own 35 yard line?

That's all for this issue from the ASW.
P.S. Just in case any of you see someone running around with a funny looking gun - roll up your sleeve and take a shot - Swine flu serum is in town!!

Scribes Scribblings

There it is people! A name for the column. I found the choice an easy one seeing as this was the one and only name submitted. My thanks goes to Sgt. Eddy whose idea it was. He is however regretfully unable to take advantage of that prize trip to Egypt due to the work load here in Comox.

The name is about all the column has going for it this issue. We clerks seem to be a very secretive breed, unwilling to come forth with ways to bring life and interest to our contribution in the paper. Either that or we are a boring lot with no great things happening to the fighters of the paper war.

North of 60

By Crew Two

Having perfected the necessary skills to both navigate the trackless ocean and detect submarines Crew Two was prepared to challenge the vast Canadian Arctic.

Monday morning while the majority of the valley's residents were preparing for work, Crew Two had finished the pre-flight and were preparing to board their trusty Argus. The coffee pot had been checked, B25 kits loaded on board, this valiant crew prepared to leave the sunny Comox Valley for the frigid weather of Cold Lake. The sound of the mighty Argus over Cold Lake created the normal amount of excitement. The supply section prepared their stocks of peanut butter and bananas, mess managers revised their monthly sales estimates and the military police formed the welcoming committee.

Tuesday morning at the hour of three a.m. this fearless crew once again boarded the mighty Argus prepared for their first flight into the high Arctic. Their normal keen look was somewhat tempered by tired eyes caused by a long night of studying charts and publications of Northern Canada. Their anticipation of this flight was dashed however as the Argus was unequal to the task. With disappointment written all over their faces this mighty crew slowly filed on board the bus for the long trip back to their quarters.

The next morning showing more determination than ever Crew Two once again prepared for their Northern patrol. The rations, which included steak had been placed on board, coffee pot

checked and plugged in and once again the mighty Argus was prepared to go. The engineers demonstrated to one and all their amazing ability to coax life into the cold silent engines. This amazing ability not only impressed the crew, but judging from comments in the mess later on that night thrilled the local residents to a high degree.

Quickly the pre-flight checks were carried out and soon Cold Lake echoed to the gentle roar of an Argus taking off. Once airborne the Navs with their great skill, and a little help from Omega soon had us on course and heading for the great barren North. The crew settled down into their normal flight routine, the engineers changed and soon rations were being stored away. Then disaster, when checking the rations Tom Banyard discovered that there was only one jar of peanut butter, no bananas and only one steak.

This called for cool rational thinking on his part, quickly making a decision Tom offered the peanut butter to our pilot and hid the steak. The steak was hidden because of the wild animals that inhabit the Arctic and might have attacked us at the sight of this poor lonely steak.

With this matter concluded the crew settled down to watch the barren Arctic below them. Their minds were filled with thoughts of this vast Northern region and the smell of hamburgers cooking in the galley. The hours passed swiftly, the vast wilderness occasionally broken by small Arctic villages flowed beneath them. All too soon the Northern sun dipped toward the horizon and soon the mighty



SMILES LIGHT THE WAY. The strain of a Northern Patrol is shown on the faces of MWO Gardiner and Sgt. Van Dusen, upon their return to Cold Lake. Pte. Cunningham a guest of crew two for this flight, appears to be some what disappointed with the end of her flight.

Times photo

Argus pointed her nose toward Cold Lake. Once again this tireless crew had completed the task assigned and with happy hearts the crew headed towards their home away from home.

The remainder of the week passed quickly; another patrol on Friday, studies to be carried out on their off time and occasionally time to relax and visit the various local attractions.

The day had finally arrived when Crew Two could no longer remain in Cold Lake. This had a sobering effect on both crew and local residents who, like the valley residents developed strong feelings and an ear for the mighty Argus. The engineers showing a depth of understanding at this moment demonstrated a somewhat banging start as though to say goodbye to the Cold Lake residents. With a

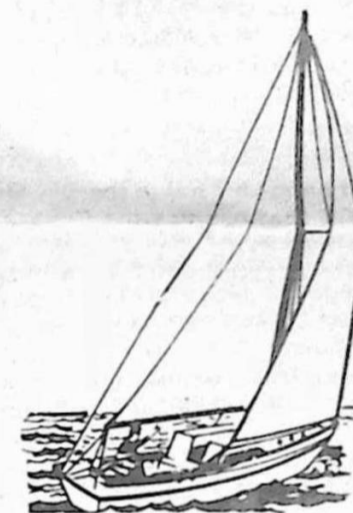
final roar the Argus lifted off and headed for the Comox Valley and a well earned rest.



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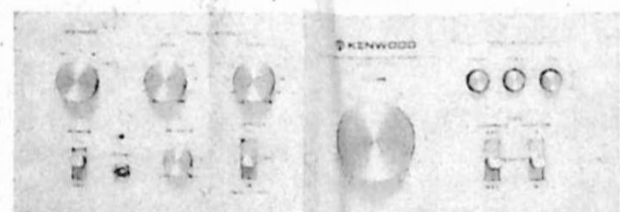
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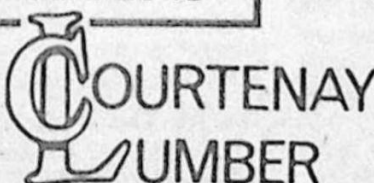
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Ground Pondering

The November election in Quebec is of double interest to us, both as Canadian Citizens and as members of the armed forces.

With the election of a party dedicated to separation, the possibility of Quebec seceding from the Dominion becomes more than speculation. Prime Minister Trudeau observed that the "crisis is real, the crisis is now, and the challenge is immediate"; and must be settled in this generation. Should sovereign statehood be the verdict for Quebec, Canada will be faced with a dramatic readjustment.

As Canadians, we are concerned with the effect this would have upon our country at large. But as members of the Armed Forces, we should be particularly concerned with the military implications of the possible separation of Quebec, for the disposition of the Armed Forces may become one of the potentially most difficult issues to settle in such an event.

The sovereign state of Quebec may well wish to establish its own armed forces in lieu of maintaining a mutual force with Canada. Should this be the case, Quebec would have some claim to part of the existing forces, and an agreement would have to be made on their allocation.

How would Quebec's share be determined? Would she wish to receive 27 per

cent, or a percentage equal to Quebec's relative share of the existing defence budget? If an arbitrary percentage was decided upon, would it then be a straight split of all resources, Quebec receiving a percentage of all guns, tanks, ships and aircraft? Or would Quebec simply receive all the units and equipment which are now operated primarily by French Canadians: 433 Squadron, HMCS Ottawa, and the Royal 22nd Regiment, for example? Would the Forces be divided against a criterion of national requirement? Quebec may not be interested in destroyers, or long range patrol aircraft, but may place emphasis on ground forces and ground support.

Once the problem of disposition of the Armed Forces is settled, there would remain the question of military allegiance. Would Quebec wish to maintain strong military ties with Canada or establish their own defence priorities, and become completely autonomous? Would Quebec remain in NORAD or NATO? Would she accept arms from foreign military powers or admit foreign "military advisors" within her borders? What would then be the reaction of the United States?

The problems of a military nature involved in a separation of Quebec are complicated and the implications frightening. Hopefully, and with any luck, we will never have to face them.

A Moment Of Truth

By HUGH ANDERSON, MP
Comox-Alberni

The recent Parti Quebecois victory in the Quebec Provincial Election has brought Canada to the moment of truth. It was not unexpected that at some time in the history of Quebec a party would be elected that stood not for greater powers for the Province of Quebec, but for the separation of La Belle Province from the rest of Canada.

On November 15th Rene Levesque and the Parti Quebecois achieved the endorsement of 40 per cent of the voters of Quebec and formed a majority government. This Party was conceived and born with one single objective, and that objective was and continues to be the formation of a francophone state in North America, independent and separate from the rest of Canada. Regardless of what is written and said in the ensuing months, the Federal Government is faced with the proposition that Rene Levesque will attempt to separate the Province of Quebec from the rest of Canada and the Federal Government's response to this stimulus will determine whether Canada will be balkanized or will remain one nation from coast to coast able to deal with all the diverse regions under one central government.

Mr. Levesque, in his public utterances to date and in the future, will seek to mollify the voters of Quebec and indeed the voters of Canada with the concept that he is a rational individual who will at some future date seek a referendum in the Province of Quebec on the question of separation and that, if the referendum is defeated, then the Parti Quebecois will accept the voice of the voter. The new Premier of Quebec will attempt to show himself as a man of moderation and will make very special efforts to

soothe the business community in Quebec, as well as the Anglophone voter in Quebec, knowing full well that he and his party can only achieve separation with the rest of Canada if he can convince Quebec and the other nine Provinces that it is in their best interest to have Quebec go its separate way.

Demands are going to be made by the new Premier upon the Federal Government, to allow more autonomy to the Province of Quebec in areas of communication, immigration, taxation, and those demands will be made in a most moderate and rational manner. The Federal Government, and especially the Prime Minister, will have to almost immediately make the decision as to whether it is in the best interest of Canada to accede to the demands of Mr. Levesque, thus giving Quebec special status, or to treat the Province of Quebec as one province out of ten with no special rights or privileges.

You may recall that the Progressive Conservative Party approximately eleven years ago agonized over the question of special status for the Province of Quebec. There are proponents in Canada today who will in the coming months philosophize that better to give Quebec certain concessions than to face the spectre of separatism.

The Prime Minister is in the unenviable position of being damned by the English-speaking part of Canada if concessions were made, and being damned by the Parti Quebecois if concessions are not made.

The Prime Minister has been given the mandate by the Canadian Electorate to lead all the country, including the Province of Quebec. Regardless of the difficulties that will arise, the Prime Minister in all honesty cannot consider separation of Quebec nor a reduction of federal

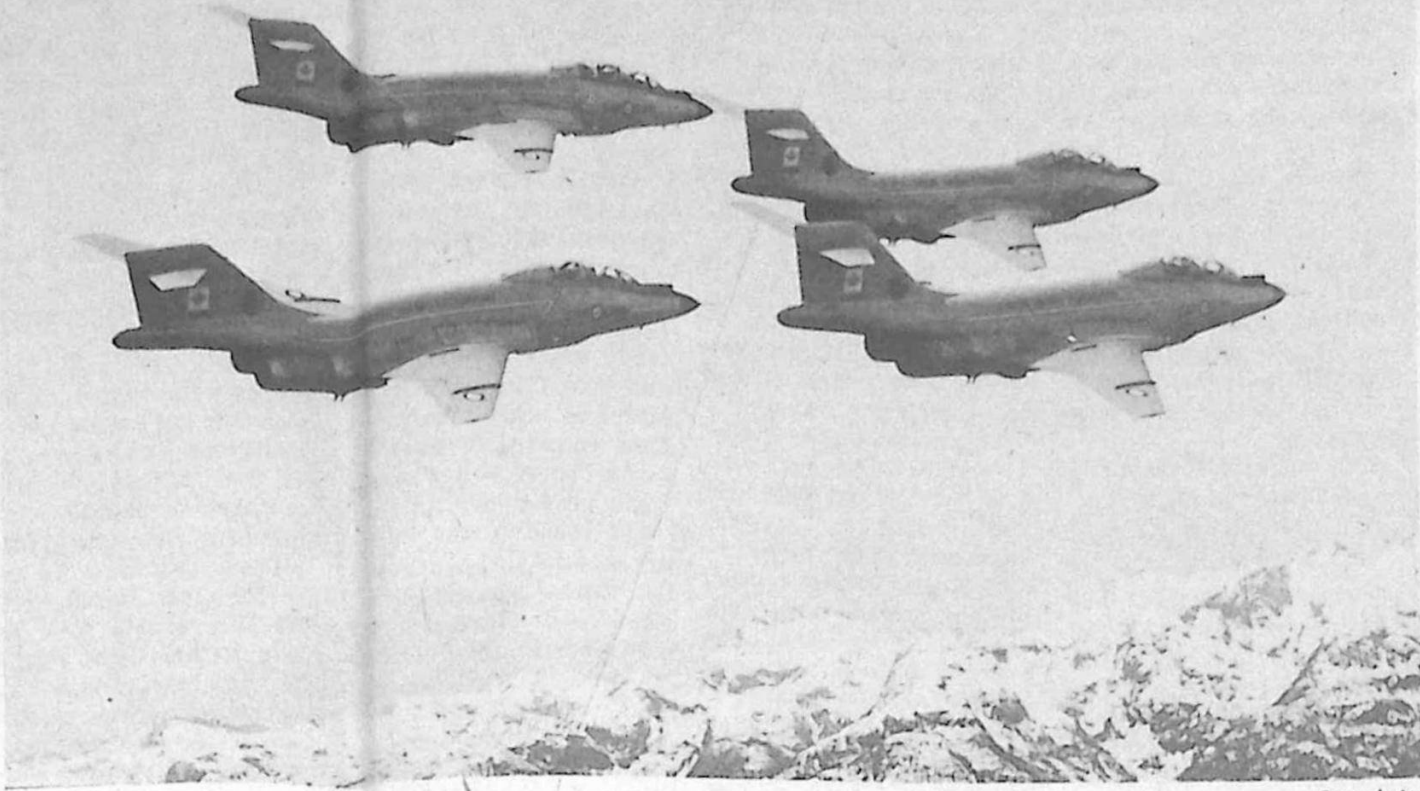
powers within that Province. By the same token Canadians, whether they be Maritimers or British Columbians, also have the responsibility of speaking with one voice against the separatist movement.

Canada is fortunate in one respect. The Honourable Pierre Elliott Trudeau is perhaps the one federalist who has the intelligence and the courage to meet the issue square on. The Prime Minister must immediately make Mr. Levesque aware that no special status will be given to Quebec and this must be made in a manner that is perceived by one and all to be fair and equitable. Mr. Levesque cannot be allowed the advantage of being able to go before the Quebec Electorate on the issue that he has been dealt unfairly and unjustly and that there is no justice for the Province of Quebec in Confederation.

This Government will take any steps necessary to prevent the balkanization of Canada. We are, at this time in history, at a Constitutional crossroad. How successful we are in diffusing the separatist movement will determine the future course of Canadian history. The Government of Canada is faced with a problem of gigantic proportions. You as Canadians are faced with the same problem and only with your support we the elected representatives go forward knowing that you stand behind us, not in discord but in union.

If ever there was a time to be non-partisan politically, that time is upon us. Regardless of what political motivations are held by you dear reader, surely now is the time to stand together against separatism and for a federal government that is meaningful to all the ethnic groups in our country, including anglophones and francophones.

In Fighting Trim



Base photo

A What?

Sometimes the simple things hurt the most. A good example is a subungual hematoma - the medical name for the blood-clot that forms under a finger or thumb nail after you have hit it with a hammer.

Toes are not immune either, and I will always remember visiting an uncle's farm when I was nine years old. I was priming the wellhead pump with one hand on the handle when the burly farmhand pumped a full vigorous stroke, squashing my finger against the pump. The excruciating pain was just beginning to subside three days later when my great toe nail was stepped on by a horse.

There is probably no need to describe the pain caused by a subungual hematoma - most of us have experienced it. It has a quality like a severe toothache. You know that it is not going to kill you but sometimes you almost wish it would.

Fingers are made for feeling, and are endowed with a generous nerve supply. Pressure on the nerve endings causes pain. When the fingernail is struck, bleeding occurs beneath it. Blood is pumped into the area at a pressure approximating the person's blood pressure. Because the fingernail is rigid and the underlying bone is also hard, there is no place for the clot to expand, and the pressure is maintained.

Left alone, the pain will gradually subside over a few days as the clot retracts and shrinks. Later, if the base of the nail or the whole nail has been affected, the nail will be lost. A new nail will grow, but it may be years before it returns to a normal appearance.

The patient's first concern is for pain relief. Since it is the

pressure exerted by the blood that causes the pain, it is logical that an attempt to release the pressure should be made.

The best way of draining the blood is by making a hole in the nail. This must be done before the blood clots. Unfortunately, most methods of cutting or drilling a hole in the nail require the use of pressure, and this increases the pain.

Probably the best way to penetrate the nail is by using a red-hot wire - often a paperclip - to burn a hole. Some emergency departments have an instrument similar to a soldering iron that will do the same thing more efficiently.

Grant To Comox

Honorable Sam Bawlf, Minister of Recreation and Conservation, has announced a grant of \$10,500.61 to the Town of Comox.

"This grant raises the provincial contribution to a total of one-third of the construction costs for the Town's Senior Citizens recreation centre. The project had previously been awarded \$54,774.05," stated Mr. Bawlf. "The dual purpose building located in D'Esterre Park, is used as a Senior Citizen's centre during the day and as a community centre at night," according to Mr. Bawlf. "Programs range from carpet bowling and bridge to ceramics, concerts and dances."

"I am pleased to note the cooperation evident in the development of this centre," said Mr. Bawlf. "The enthusiasm and work contributed by the Comox Senior Citizens and Rotary Club have helped to make this facility a reality. I would also like to emphasize that the entire project was designed so that the physically handicapped can use it."

Feeling tired?
Rundown?
Take a walk.



Vancouver Board of Trade.

OTTAWA and Small Business



Centralism breeds division

By KENNETH McDONALD

Politicians coin slogans to win votes. "Canadian Unity" is a current favorite. "Canadian Disunity" would be more accurate.

By its centralizing policies, Ottawa has succeeded in dividing Canada as never before. Trying to force uniformity upon different and widely separated regions, it has set business against labour, labour against business, and government against both.

Canada's labour movement recognizes that tripartite planning is inappropriate for Canada but it is being driven in that direction in reaction to Ottawa's centralist policies.

By conceding to absurd wage demands from militant civil service unions, Ottawa has set a pattern which has made it impossible for Canadian industry to maintain a competitive cost structure.

Through the abuse of its taxing powers, Ottawa has seriously damaged resource development in Alberta and British Columbia. By subsidizing transportation costs, by income transfers and by locking Atlantic Canada and other regions into Central Canada's economy, Ottawa has forced those regions into dependence.

Ottawa has used its taxing power to grab control of provincial matters and force provinces into extravagant schemes against their will. This year's federal health and welfare spending is \$10.93

billion, 25 per cent higher than Ottawa's total budget of just 10 years ago.

Of all the world's industrialized countries, Canada is the least suited to collectivist doctrines. Small packets of people stretched over 3,000 miles simply cannot be jumbled into one big container.

Of all the world's industrialized countries, Canada is the one best suited to a political philosophy based on decentralization of power.

Yet politicians and bureaucrats ape the policies of close-knit, homogeneous countries such as Sweden and Germany which are as different from Canada as chalk from cheese.

Natural forces are reversing the centralization process. The economic and social pressures created by costly energy and slow economic growth will encourage the development of small-scale technology and small-scale industry more widely dispersed throughout Canada.

Speaking this month at an international symposium, Canadian Federation of Independent Business President John Bulloch warned that if Western countries fail to reinforce these natural pressures toward decentralization they "will become increasingly difficult to govern by democratic means; and our democracies will be replaced by various forms of bureaucratic authoritarianism and central planning".

A Letter

Dear Editor,
Prior to our departure in August, we bought a subscription to the Totem Times to keep in touch with the local news of the base and the area we enjoyed so much during our three year tour. We look forward to each issue's arrival in the mail and enjoying reading each from front page to back.

As former residents of PMQ's, the PMQ Preamble is always read with interest. However, in the past few months there is a definite lack of section news columns from the small sections around the base. These articles are usually concerned with people and events of a personal nature, and were the primary reason for our subscription. In particular, news and "names in the news" around our former section at ATC.

If at all possible, could you try once again to light a few fires to encourage more participation from "The Gravel Pit Gang". Surely there must be something happening across on the other side of the field, or is it all work and no play?

Looking forward, as always, to your future issues.
Yours truly,
Dave Godfrey and family,
CFB Chatham, N.B.

One Million Strong

Consumer and Corporate Affairs Minister, Tony Abbott, announces that the Canadian Patent Office, a division of his department, is granting its one millionth patent today. Mr. Abbott is marking the occasion by presenting four commemorative gold medallions - one to each of the two recipients of the patent; one to the patent agent and one to the patent examiner involved.

Professor James E. Guill, Toronto chemistry professor, and inventor and Dr. Harvey G. Troth, British researcher are being jointly granted the one millionth Canadian patent for their discovery of a new plastic which turns to dust when continually exposed outdoors to sunlight. With this invention, throw-away cups, plates, trays, bottles and the like, which are strewn about both city streets and the countryside, gradually disappear instead of remaining to ruin the environment. After turning to dust, the new plastic becomes a natural part of the earth and is therefore, as other elements of nature, dispersed in volume and environmental importance by rain or by wind.

Presentation of the one millionth patent certificate and commemorative medallions takes place today at the National Museum of Science and Technology, which, for the next six months, will be hosting an exhibition of Canadian patented inventions - featuring the one millionth patent.

The Royal Canadian Mint struck the special commemorative medallions, one side of which carries a design combining a hand presenting to another hand a certificate of invention, a bolt of electricity, a beaker and a pair of gears; the last three symbols representing respectively the electrical, chemical and mechanical division of the Canadian Patent Office.

"In celebrating the granting of the one millionth patent, we are not only praising the work of the Canadian inventor.

Trial By Opinion

Vancouver has just had the privilege of hosting a United Nations conference. Any such conference must be impressive because it gathers together in one place representatives of many nations. Unfortunately, United Nations conferences have one basic fault, the voting representatives at the major conference are all government people. These people are from a variety of countries in different stages of development, many without real experience in the 20th Century.

Too often they discuss problems and produce resolutions and declarations of principle purporting to have a universal application when there is no probability, because of differences in ideology, development and background, that the so-called principles enunciated can, or even should, apply.

Much of the discussions on housing at the recent Vancouver conference attacked profits, speculation, private ownership of land and the

private developer. Much of the language was obscure and high sounding.

For example: "A human settlement policy cannot be guided by the logic of profit and determined by the play of market forces, but must reflect a certain optimum benefit to be based on solidarity." It sounds great, but what does it say?

And then a representative from one of the Scandinavian countries said: "Housing is a social right and not a commercial commodity. It is only through public action we can guarantee reasonable housing costs. This can be achieved if we prevent speculation, if we prevent prices from rising far above the actual cost of production".

It sounds great, but the particular country which that man represented has been one of the foremost socialist countries in the world, with a continuous housing shortage ever since it began to apply socialist principles.

And because representatives of government were

those who did all the talking at the official Habitat Conference, very little attention was paid to the role played by the private sector.

Without evidence, land speculation and private ownership of land was berated. But nobody really looked at situations in which government controlled the land and government controlled housing development. No one discussed who owned most of the land in most countries. The record will prove that government does, and yet what has government done about it?

Russia is a prime example. Russia has done a very poor job of providing adequate housing for its people. Yet there is no country in the world which has a more intensive system of government control of everything.

It was very difficult in the discussions of so-called "high sounding principles" to find any recognition of costs and profits, or more important,

taxation, if everything were left to government.

In the Western World, public housing provided by government has not had a very pretty or successful record. Yet the theme played on. Nasty pictures were painted of "speculators" and "profiteers". Yet in this country, Canada has done a pretty good job of housing, most of which was provided by private people, private developers and capital risk takers.

In countries where this has not been permitted, or where private speculators have had no chance to compete, the record was never examined.

The United Nations declarations notwithstanding, the fact still remains that what is good for Uganda is not necessarily good for Italy. What is good for Russia won't necessarily work in the United States nor will what's good for the Caribbean necessarily apply to our own North West Territories.

Lalonde Speaks

Through its annual sponsorship of Safe Driving Week, from December 1 to 7 this year, the Canada Safety Council offers an appropriate reminder, as winter driving conditions approach, of the need for constant care. It is vital for both the driver of a vehicle, and the pedestrian, dimly seen through a storm-battered windshield, to make every possible effort to avoid mishaps.

Daily, accidents of all kinds - and traffic accidents in particular - take their toll in lives, depriving society and affecting Canadian families, communities, and our national life and productivity. We can ill afford the losses, in terms of life and activity, that so often result from human carelessness.

Careful attention given to current safety measures and regulations will enable many thousands of Canadians to stay alive - and enjoy life. I hope that the people of Canada will heed the message of Safe Driving Week and drive safely throughout the year.

English Tests In

Students who want to attend university or college will write an English Placement Test, Education Minister Pat McGeer announced last week.

He said the test results will have no bearing on whether students are admitted to post-secondary institutions. The purpose of the test is to measure English language skills so that any weaknesses can be corrected by remedial courses.

In addition, he said the test will provide dependable evidence of whether English education has deteriorated and, if so, how.

The first test will be given in April or May, 1977, to secondary students; another in August or September for mature students or late entries; and a third in December, 1977 or January, 1978, for students graduating from high school.

CNA TOTEM TIMES

Published every second Thursday, with the kind permission of Col. R. L. Mortimer, Commanding Officer, CFB Comox.
Editor: Al Wilson (371)
Assistant Editor: Gord Kruger (404)
Editorial Staff: Chris Hosford, Norma Mortimer, Bill Ewing, John Windish

Photographers: Chris Hosford
Sports & Recreation: Gord Kruger (404)
Proofreaders: Blanche Campbell, Cecile Begin, Joyce Taylor and Rhona Windish
Circulation: The Geneau Family 338 4215; in PMQs as community service by Teen Town.
Business Manager: Jack Campbell (409)
Advertising: Ken MacLean (275)

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributors unless expressly attributed to DND, CF or other agencies. In case of typographical error, no space charge for the erroneous item. "Advertising is an offer to sell and may be withdrawn at any time." Address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C.
Printed in Courtenay, B.C., by Comox District Free Press



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Like This!

Cpl Dave Cope And Family



DRINKING WHEN YOU'VE BEEN TAKING MEDICINE ALSO CAN BE DANGEROUS WHEN TAKEN IN COMBINATION THE EFFECTS OF BOTH CAN BE AMPLIFIED GREATLY!



THE SAFE DRIVER HAS HIS CAR SAFETY-CHECKED REGULARLY, EVEN IF HIS STATE REQUIRES MOTOR VEHICLE INSPECTION ONCE OR TWICE A YEAR!

Not Like This!

SAFETY BELTS

Forty percent of automobile accident deaths can be prevented if all drivers and passengers are wearing lap safety belts. Fifty-three percent of such deaths can be prevented by the universal use of combination lap and shoulder safety belts. The two leading

causes of death in motor vehicle crashes are ejection from the vehicle and the crash within the crash -- the secondary collision of a free-floating occupant with interior parts of the vehicle. In both cases, safety belts keep you in your seat. So buckle up.

Drugs And You

Under Canadian law it is an offence to operate a motor vehicle while intoxicated by any drugs and the penalties are the same as those for drunken driving. The various classes of drugs produce different effects on the human body and all impair to some degree the individual's ability in operating a motor vehicle. The degree of impairment is dependent upon the individual, the drug and the quantity consumed and may prove as costly or fatal as an alcohol related incident. Be "Drug Wise" observe and comply with all instructions on patent and prescribed drugs and recognize their effects and your responsibility when operating a motor vehicle.

A Second To Eternity

Here is what happens in that first fatal second after a car travelling at 55 mph hits a solid object. In the first tenth of a second, the front bumper and the grill collapse. The second tenth finds the hood crumpling, rising and striking the windshield as the spinning rear wheels lift from the ground. At the same time, fenders begin wrapping themselves around the solid object; and, although the car's frame has been halted, the driver is still going 55 mph. Instinct causes the driver to stiffen his legs against the crash, and they snap at the knee joint.

During the third tenth of a second, the steering wheel starts to disintegrate, and the steering column aims for the driver's chest. The fourth tenth of a second finds two feet of the car's front end wrecked, while the rear

end moves at a reduced 35 mph... and the driver is still travelling at 55. In the fifth tenth, the driver is impaled on the steering column, and blood rushes from his torn lungs. The sixth finds the impact built up to the extent that feet are ripped out of tightly laced shoes. The brake pedal snaps off. The car frame buckles in the middle, and the driver's

head bangs into the windshield as the rear wheels, still spinning, fall back to earth. In the seventh tenth, hinges rip loose, doors open, and the seat breaks free, striking the driver from behind. But he does not mind. He is already dead, and the last three tenths of a second mean nothing to him.

HOW ABOUT YOU?

Equal Impairment

People who don't want to believe that a few drinks can seriously impair driving ability tend to suggest they can "hold their liquor" better than others, according to the Ontario Safety League.

Because of body weight, fatigue, emotional condition or a number of other reasons, individuals may show differing effects from drinking the same amount of alcohol, but may be equally impaired.

The OSL also suggests that the person least able to operate a car safely is the one who is most convinced that he is in brilliant shape for driving.

Panic Preventers

What To Do In An Emergency

- YOUR BRAKES FAIL**
Pump brakes. Coast in low gear, then use parking brake. On a hill - sideswipe the bank or head for a shallow ditch if available.
- YOU GO INTO A SKID**
Take foot off gas. Never hit brakes, but pump them rapidly. Turn wheels into - not away from - the direction of a rear-end skid.
- YOUR ACCELERATOR STICKS**
Try to pull the pedal up with your toe - not your hand. If unsuccessful, turn off ignition and apply brakes. But remember, with power off, steering and braking will be hard work in models with power steering and braking.
- YOUR HEADLIGHTS GO OUT**
Hold a straight steering course and brake hard. Ease off road. Use flashlight to warn oncoming traffic.
- YOU HAVE A BLOWOUT**
Keep a firm and steady grip on steering wheel since car will pull to one side (front tire out) or weave (back tire out). Don't slam brakes - brake smoothly.
- YOUR HOOD FLIES UP**
Brake smoothly, ease off road. Use side windows for steering reference.
- YOUR POWER STEERING QUILTS**
Learn what to expect by switching off ignition at slow speeds in a deserted area. It's work - like driving a truck with flat tires.

Safe Driving Week

The only thing one can say about traffic accidents in the Comox Valley is that statistically, we do not have

the worst record in Canada. Unfortunately this is cold comfort because statistics cannot measure the pain of injury, the depression of economic losses and the anguish of bereavement.

Alcohol & Accident Statistics—Courtenay

Accidents - liquor involved
Breathalyzer charges from MVA's
Charges - Sec. 234 C.C. (Impaired)
Charges - Sec. 236 C.C. (over .08 per cent)
TOTAL
Charges - Refuse Breathalyzer - Sec. 235 C.C.
Number of Persons Tested
Average Breathalyzer Reading
24 Hr. Suspensions
Fatal Accidents
No. killed
Injury Accidents
No. Injured
Property damage accidents
Total Accidents for area
Pedestrians killed
Bicyclists killed

Oct. 1975	1976
124	123
58	62
199	182
224	183
433	375
19	19
507	426
141	160
44	29
9	10
10	12
204	152
315	218
878	585
1,081	747
2	0
0	1

Drive like you'd like everyone else to drive.

PLEASE DRIVE DEFENSIVELY

Ski Time

It's getting colder so it won't be long now before we can make tracks! You should all be aware by now that there are ski conditioning classes held in the rec center from 6 to 7 p.m. on Wednesday evenings. The first night we had a massive turnout of 4 people but the second session was much more promising. MCpl. Strocel has been conducting the classes, which are strenuous and therefore serving the purpose of getting us ready for a good long day on the slopes. If you aren't in good condition and plan to do any skiing at all this winter please come out Wednesday and see what you can do now to save a broken leg later!

Whether you are a beginner or an expert you'll find it much easier to learn and improve if you are in good shape, and there's more to that than just strong legs. It takes more than 1 hour once a week but that hour serves as moral

support, encouragement, and as a time to see improvement. So, if you are interested, it's not too late; come on out and let's try to get a good club going for the entire ski season.

Of special interest to women nordic skiers, Sioux Lookout is hosting servicewomen's cross country championships on the 24th to 26th February. We are looking for representatives from Comox. Call Pte Letson at Loc. 370 or WO Thompson at Loc. 315 for further information.

We wish to thank the Telemark Ski and Sports store for the free ski clinic they presented at the rec center. It was excellent and it's too bad that there were so few people because the information was pertinent for all types of skiers.

If skiing is your sport why not get involved with the ski activities on base - the more the merrier; remember, even if you don't ski now it's never too late to learn.



MORE? She must be kidding. Fillion photo

Bowling With Stan

On the 22nd - 25th Nov., we saw 20 games rolled by 19 personnel to qualify the top 6 to represent CFB Comox at Chilliwack, January 10 to 12th. The top six are: Stan Prime (253.8), Jack Ball (251.65), Russ Engelmyer (245), Dave Sleeman (234.25), Ron Burt (228.9), and Bob Dickins (223.2).

On the 16th, we had a small turnout for bowling instruction with a full two hours on proper procedure and individual problems. If we have enough interest in this line, we will try to provide a more streamlined course to people interested.

For those interested in upcoming tournaments, we will have full information out sometime during the first week of December.

Men's League: Gunplumbers lead with 27 points, 409 and Red Devils trail at 25. Stan Prime takes High Average with 220, with Miller and Engelmyer in close pursuit with 219. D. McNiven was High Triple with 697, and Joe Surette, High Single with 309. **Ladies Wednesday Afternoon League:** The Whitebows are in first place with 19 points. Marilyn Stroud keeps High Average with 201. High Single is Edie Prime with 256, and High Triple is Nettie Bonenfant with 617. **Ladies League:** The Half & Halves are ahead with 28 points. D. Dickins is maintaining her High Average with a 202. Kit Spillsbury has a High Single of 296, and M. Maniak's 679 was good for Weekly and Season High Triple. **Wednesday Night Mixed League:** The Old Timers have taken a comfortable lead. Stan Prime is holding High Average with 223. Alice Allison took High Single and Triple with 269 and 698. For the men, it was Jim McQueen taking High Single (290), and Larry Cotes, High Triple (715). Gail Engelmyer has the women's High Average with a 203. **Sunday Mixed League:** Hot Stuff leads with 26 points with three other teams a single

point behind. L. Fillion is good for High Average with 199. The women's High Single and Triple goes to Lynn Hansen (281 and 662). The men's High Single went to A. Kaland's 317, and the High Triple to G. Fisher's 726.

On Sunday, we held our Senior-Master Tournament and the team of Stan Prime, Karen Gillis and Daryle Engelmyer with 146 pins over their average were the first place winners. Al Gagnon, Kerry Salmon, and Grant Faulkner placed second with 90 pins over average. The first place team advances to the Zone on the 12th of December.

We have sold two-thirds of our YBC chocolates and will be making the final drive sometime in December. Entry forms for the Family Twosome will be handed out this week.

Bantams: The Osmonds lead this week with 67 points with the Cheetas one point behind. Patricia Stollard's 121 and Glenn Belliveau's 142 are High Averages this week. For the girls, Betty Belliveau took both High Single and Double with 183 and 286. We had a family sweep this week as Glenn Belliveau had 175 and 323 to take the boy's High Single and Double. **Juniors:** There is a three-way tie for first with Bad News, Slow Pokes and Strikers all have 17 points. Cheryl Kerns (197) and Ronnie Shaw (186) grabbed off the High Singles, and the High Doubles went to Sharie Woodburn (341) and Ronnie Shaw (158). High Averages went to Janet Jones (159) and Ronnie Shaw (158). **Seniors:** The Hustlers have a slight lead with 25 points. Karin Naso's 191 and Danny Bryson's 183 Averages are tops this week. Karin Naso's 221 and Richard Eppler's 241 were High Singles. Karin Naso's 590 and Danny Bryson's 568 took home the High Triples. **The Girl's Season High Triple** was taken last week by Kerry Salmon when she bowled a 691.

Comox Rec Centre News

The Comox Recreation Centre is sponsoring "Comox Swim Night" at the Comox Valley Sports Centre from 7-9 p.m. on Sunday, 5 December 1976. Everyone is welcome. Parents - bring your kids. Teens - bring your friends.

The success of this event will decide whether or not it becomes a permanent feature, so come on out and give it your support.

TRAVEL TIPS AND TRICKS

Don't change your fashion habits for a trip. It will make you uncomfortable and self-conscious. If, for example, you don't like wearing a raincoat in Philadelphia, don't buy one for Amsterdam. Rely instead on an umbrella.

When traveling with children in an automobile, be especially careful not to put any sharp, heavy or hard-edged objects on the rear window ledge.

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Indoor Soccer



On the 22 November the two bottom teams came up with wins to tighten up the league standings. In the first game the Lions downed the Falcons 2-0 with both goals coming from Terry Eddy on two nice efforts. Jim Reader assisted on the second goal. In the second game Lee Jespen scored twice and assisted on Michael Eddy's goal as the Bears thrashed the Wolves 3-1.

Kevin Mann scored the lone goal for the Wolves. On the 29 November Terry Eddy again did all his team's scoring as the Lions edged the Bears 2-1. Lee Jespen scored the Bear's goal on a pass from Michael Eddy. The second game was a Barnburner as the Wolves and Falcons appeared to be headed for a scoreless tie until Kevin Mann's hard shot got by Clay Verchere late in the second half to give the Wolves a 1-0 decision. Colin Blair assisted on the winner.

Friendly Museum

Cap's Bicycles and Free Museum Centre in New Westminster, British Columbia is a paradise for nostalgia enthusiasts.

The wide variety of exhibits includes two dozen cars out of the twenties and thirties; a Hudson Super Six, a 1925 Nash sedan, a 1919 Model T, a McLaughlin, an Essex sedan, a Chevrolet touring car, a Model A pickup, running boards and rumble seats.

ASK ABOUT THE FOREST



A Victoria reader, F. McLaughlin, receives our book prize. His question has been answered by a Registered Professional Forester. While he asks specifically about trees in Cathedral Park, the discussion below applies to old stands of trees in general.

ARE THE TREES IN CATHEDRAL PARK HARMED BY THE HUNDREDS OF HIKERS WHO TRAMP DOWN THE EARTH ON THE TRAILS?

Roots of the trees in Cathedral Park get their water from gravel layers six to ten feet below the ground surface. The soil above these layers is well drained. This means the trees are deeply rooted and it is unlikely that tramping would harm them.

However, your question is well founded. Tramping could be damaging under certain conditions. For instance, in some areas where the water table is high, the entire rooting of a stand of trees will be within 6" to 1' of the surface. Such stands would indeed be vulnerable to heavy hiking traffic.

CAN ANYTHING BE DONE TO EXTEND THE LIFE OF THE TREES IN CATHEDRAL PARK?

Probably not much more than could be done to extend the life of a given group of human beings, much as we hold them in love and respect. In human society we do what we can to deal with problems of age and deterioration. In nature too, we are looking at communities of living organisms subject to different combinations of soil, water, climate and disease conditions - and to old age.

Cathedral grove is a relatively old stand with many trees aged 700 years or older. Unfortunately natural death must be expected from a variety of causes - age, disease, insect infestation or other.

For instance, you may have noticed an area with many dead trees to the South of the Grove area. These trees were killed by a combination of root rot fungi and flooding caused by natural log jams (later removed) in the Cameron River. The flooding drowned the roots of the trees, cutting off their oxygen supply for a period in the Spring when root growth is rapid. This is the kind of thing that occurs in nature. It is tragic that it had to happen in a noticeable part of this beautiful stand. (Incidentally trees that die are salvaged and used).

In conclusion, there is little that can be done to extend the life of individual trees. The only consolation we can have is that it takes a long period of time to kill each tree and there is a good stocking in the grove.

If you have any questions about trees and the forest please send them in. A book will be sent to each person submitting a question that is published. Write "Ask About the Forest", c/o Canadian Forestry Association of B.C., No. 410-1200 West Pender Street, Vancouver, B.C., V6E 2S9.

NEWS OF SPORTS

Platform Tennis: A New Rage
The hottest new racket game around is platform tennis. Played on a court one fourth the size of a regulation tennis court, platform tennis owes part of its popularity to the fact that it can be played year round. Platform tennis should not be confused with paddle ball, as each has a specific racket. In platform tennis, the oval paddle is made of wood or metal, with many round holes in the surface to lessen air resistance when you swing.



PLATFORM TENNIS - Hottest racket game around.

Part of the fun of playing platform tennis is that you wear whatever is comfortable. Shoes are the most important gear. Sneakers get constant wear on the grainy court surface so shoes such as the "Royal Edge" model by PRO-Keds with polyurethane soles are worn for extra durability. This shoe has been endorsed by the American Platform Tennis Association. The cushioned insoles help absorb the shock on your feet and legs as you move around the court.



MINI OLYMPICS - enthusiastic contestants can hardly wait to show their athletic ability. Fillion photo

Idlewild Park

By GINNIE BEARDSLEY
When a city outgrows its old reservoir, all too often the water is drained away, the land filled and a potential for recreation is lost forever. Cranbrook youngsters, oldsters and everyone in between can thank their fire fighters' association for that not opening in this pleasant Kootenay city.

Instead, the 12-million gallon (54-million litre) one-time water supply has become the centre of 45-acre (18-hectare) Idle Wild Park, whose name accurately reflects the nature of the surroundings. Located only three-quarters of a mile (a kilometre) from downtown Cranbrook, with paved access roads and parking lots, the park is still a natural place, with the hand of man used sparingly in harmony with nature.

Focal point of Idle Wild Park is the reservoir, which, together with its spillway and dam, has been reinforced with cribbing for safety and enhanced with pathways, foot bridges, and fishing wharves with safety rails. The wharves are strictly for children under 15 and senior citizens, for whose angling pleasure the water has been stocked with sh.

One of the delights of Idle Wild Park is a wilderness playground where a cabin,

treehouse, lookout tower - and even a train - have been constructed of natural logs. These constructions evoke the pioneer days of Sam Steele, in whose honor an annual celebration is held.

No noisy motor boats compete with birds' songs here - in fact, the only boating allowed is in supervised boating safety courses. Similarly, the depth of the water and the area it covers rule out swimming.

The recreational and creature comforts of the park have been built in keeping with the natural surroundings. These include picnic and barbecue area, an outdoor amphitheatre and bandshell, rain shelters and restrooms. Future development of about 11 acres (four hectares) is planned by local scouting groups.

The park includes a horseshoe pitch, a gymkhana practice field, a mini ski hill and toboggan run, together with trails suitable for cross-country skiing.

The park is truly a community effort. The city of Cranbrook donated the land, the provincial government gave a grant, a federal LIP grant helped out and many citizens worked on the park; the Cranbrook Fire Fighters Association spearheaded the efforts.



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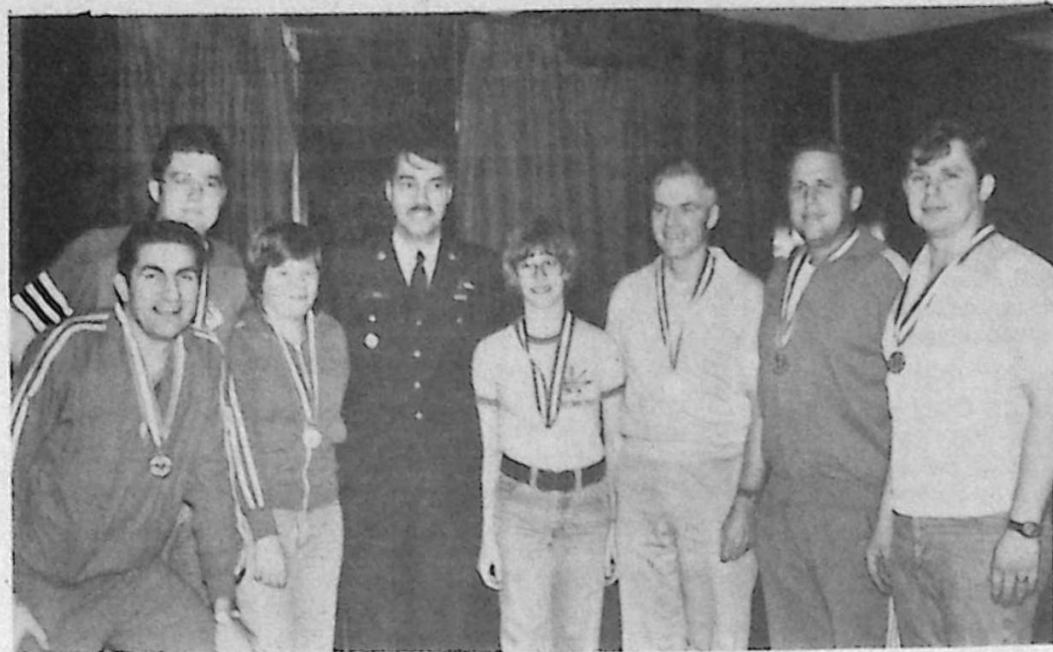
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The "Inter-logistic Olympics" Are Born!



"Top Team" Shown Here With BTSO, L.Col. Fielding

November 18, 1976, marked the first Annual "Inter-Logistic Olympic Games". A multitude of keen, young hearts, sharp minds, and bodies of varying degrees of fitness blew, bounced, dribbled, threw, balanced, (and fell) around a tabloid of fifteen events specially designed by the Base PERI staff. Ten teams, each made up of a mixture of hearty souls from Base Transport, Supply and Finance sections, competed for awards in several categories. Awards went to the Section with the highest point total, the Team with the highest point total, the Team displaying the most spirit, and even the Team with the lowest point total. Individual trophies were awarded to the highest totals for male and female. A thank you to Abel Moving and Storage Ltd., Loomis Courier Service, CP Transport, and Johnston's Terminals Ltd., for their kind assistance.

Since subjecting the unwary logistician to such trials as blowing a ping-pong ball into a hole, and throwing a medicine ball from a prostrate position can be physically taxing, the organizers, in their wisdom, saw fit to provide body-building food and drink in the Totem Lounge afterwards. During the evening, the presentations were made.

The Base Commander, Col. Mortimer, the BTSO, L.Col. Fielding, and Section Heads, Maj. Richardson (Transportation) Maj. Lugg (Supply), and Maj. Stroud (Finance) were all on hand to congratulate the victors...Section Trophy: Team 6: WO Senger (Fin.), Pte. (W) Merkle (Fin.), Cpl. Flowers (Trans.), Pte.

Remand (Trans.), Maj. Lugg (Supply), Pte. Girard (Supply), Pte. Armstrong (Supply), Cpl. Brown (Trans.), Pte. Gauthier (Supply) and Cpl. Messer (Trans.).
Top Individual Male: Lt. Langlais (Fin.).
Top Individual Female: Mrs. Dee Crawford (Supply).

"Most-Spirited" Team Award - Team 8: Sgt. Duchin (Fin.), Mrs. Legid (Fin.), Lt. Poirier (Supply), Sgt. Stevens (Supply), Sgt. Ratcliffe (Trans.), Pte. Perron (Supply), Mrs. St. Michael (Fin.), Cpl. Steine (Trans.), and Cpl. Fitzpatrick (Trans.).

"Duffer" Awards: Team 7: Mr. B. Taylor (Fin.), Cpl. (W) Campagnat (Fin.), Pte. Halfield (Supply), Maj. Richardson (Trans.), Pte. Brown (Supply), Pte. Paquin (Trans.), Cpl. Pelletier (Trans.), and Cpl. Morrison (Supply).

The success of this Olympiad was brought about through the fine efforts of many individuals. A most sincere thank you is extended to the people who volunteered as officials for the events and to the PERI staff who helped in briefing the officials, setting up the events, and convening the tabloid itself. The Food Services people outdid themselves once again in providing an excellent buffet dinner for all.

A good time was had by all. At the presentation ceremonies, the Olympic "Torch" (due to budget constraints, a lit match) was passed on to the BTSO, L.Col. Fielding with the hopes that the "Inter-Logistic Olympic Games" will continue in the years to come. There is ever assurance that they will.



DeHavilland Vampire Canadian Military Aircraft By Ewing

In 1946, the rumor started around that the RCAF was to be equipped with jet aircraft. After much testing, the order was placed with DeHavilland of England for the DH-100 Vampire. When delivered, the Vampire went on the strength of four RCAF Day Interceptor squadrons - 410 (Cougar), 413 (Tusker), 421 (Red Indian), and 441 (Silver Fox), and six Auxiliary - 400

(City of Toronto), 401 (City of Westmount), 402 (City of Winnipeg), 411 (County of York), 438 (City of Montreal), and 442 (City of Vancouver). Initially, the aircraft were Mark 1s, but later were modified to Mark 3 standards with underwing tanks. The Vampire was powered by a DeHavilland Goblin turbine of 3100 lbs. Static Thrust, giving it a maximum speed of 535

mph with a range of 1200 miles. It was a real pilot's aircraft and received the nickname "Kiddy Car" due to its size and handling. This was in part due to its lightweight composite construction of metal and balsa-plywood.

Being the first jet of the RCAF inventory, pilots had to be carefully schooled in the proper use of the throttle. Too-rapid movement resulted in engine surge, flame-out, or more dangerous, compressor explosion.

Its extreme maneuverability allowed pilots to perform aerobatics such as hammerhead and stall turns, and wingovers. It was this maneuverability that led to the Vampire being used by a recognized RCAF Aerobatic Formation team during the late 1940s. In turn, they were superceded by the Canadair Sabre and in 1957, the last of the RCAF Vampires were removed from storage at Station Downsview, Toronto. After some minor work at Malton, Ontario, they were flown into the United States. One of these, serial 17072, was eventually bought by Pete Regina of Van Nuys, California and fully restored. It now wears the colors and markings of 502 Sqdn. RAF, and flies regularly at Airshows in Canada and the USA.

Why Have Insurance Rates Gone Up?

Last year, the more business the general insurance companies wrote, the more money they lost.

The Anti-Inflation Board faces the problem of reducing increases in insurance premiums while taking into consideration alarming increases in the cost to companies.

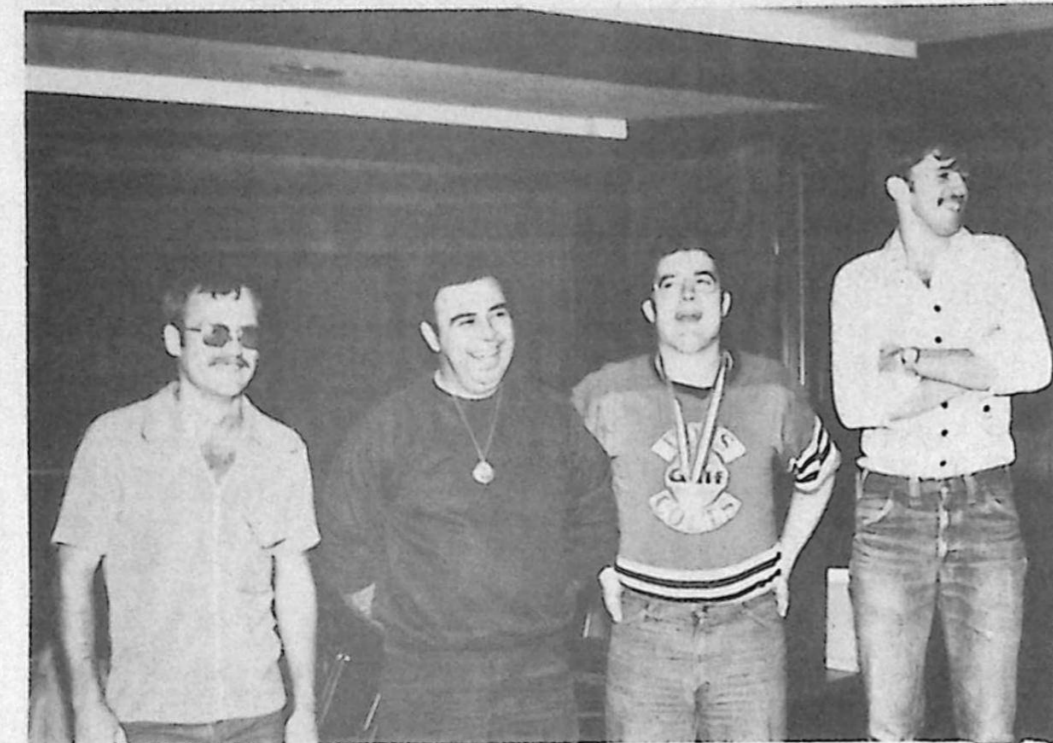
A house which cost \$30,000 to build in 1971, cost \$46,000 to rebuild during the summer of 1975. The industry as a whole - including automobile in-

surance companies - lost hundreds of millions of dollars underwriting high-risk ventures during 1974 and 1975.

The property and casualty insurance industry carried \$330 millions worth of losses in 1974 and about \$263 millions worth in 1975. These losses included the repair bills for cars damaged in accidents, and all of us know that the prices of automobile parts has skyrocketed. One survey shows that between January 1974 and July 1975, the cost of

auto parts increased by 32 per cent while labor increased by 30 per cent.

So the insurance companies raised their rates to recoup their losses - auto insurance rates went up last year by an average of 30 per cent. This year the larger automobile insurance companies are generally holding their increases to less than 16 per cent, which means that although your insurance premiums are up, the rate at which they have risen is down.



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WO's & Sgt's Mess

DECEMBER ENTERTAINMENT

DECEMBER 3, 10 - TGIF
DECEMBER 12 - Wine and Cheese. 1400 - 1600 hrs. Music: Playboys. Dress: "C" Winter. Admission - Members \$2.00 per couple. Honorary and Guests \$4.00 per couple.

DECEMBER 16 - Officers and Sr. NCO's Levee. WO's and Sgt's. Mess Hosting. Time: 1500 hrs. Dress - S-3. Refreshments and Food will be served.

DECEMBER 17 - Mixed Christmas Decorating Party 2000 - 2400 hrs. Dress: "C" Winter. Subsidized Drinks and Pick Trays. All Members Welcome.

MOVIES FOR MONTH OF DECEMBER

6th - Confessions of a Pop Performer
13th - Dog Day Afternoon
20th - High Plains Drifter
27th - Airport '75

OFFICER'S MESS ENTERTAINMENT

December

Fri., Dec. 3 - Mixed Happy Hour - 1800 hrs. Christmas Bingo and decorating Party. Bingo - 1900-2000 hrs. Decorating - 2000 hrs.

Sat., Dec. 4 - 442 Christmas Party. 1900 hrs. Cocktails 2000 hrs. Dinner 2200 hrs. Dance.

Wed., Dec. 8 - O.W.C. Bridge.

Fri., Dec. 10 - Base Officers and Associates Christmas Party. 1930 Cocktails, 2000 Dinner 2200 Dance. Associates wishing to join this Christmas party make reservations with Mess Manager.

Sat., Dec. 11 - 407 Christmas Party. 1930 cocktails. 2000 Dinner. 2200 Dance.

Thurs., Dec. 16 - Sr. NCO's At Home To Officers. Assemble officers' Mess 1440. Officers will march to Sr. NCO's Mess. All officers will depart at 1700 hours.

JUNIOR RANKS CLUB

DECEMBER ENTERTAINMENT

Dec. 3, 10, 17 - TGIF
Dec. 13 - **TURKEY BINGO**

MOVIES

Dec. 7 - Confessions of a Pop Performer - Anthony Booth
Dec. 14 - Dog Day Afternoon - Al Pacino

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Krazy Kar Rally



"SURPRISE!" No rocks here. The old fake can play took in many people. Daniel Rainville included in their search for the elusive red rocks in Mrs. Begin's garden.

Hosford Photo



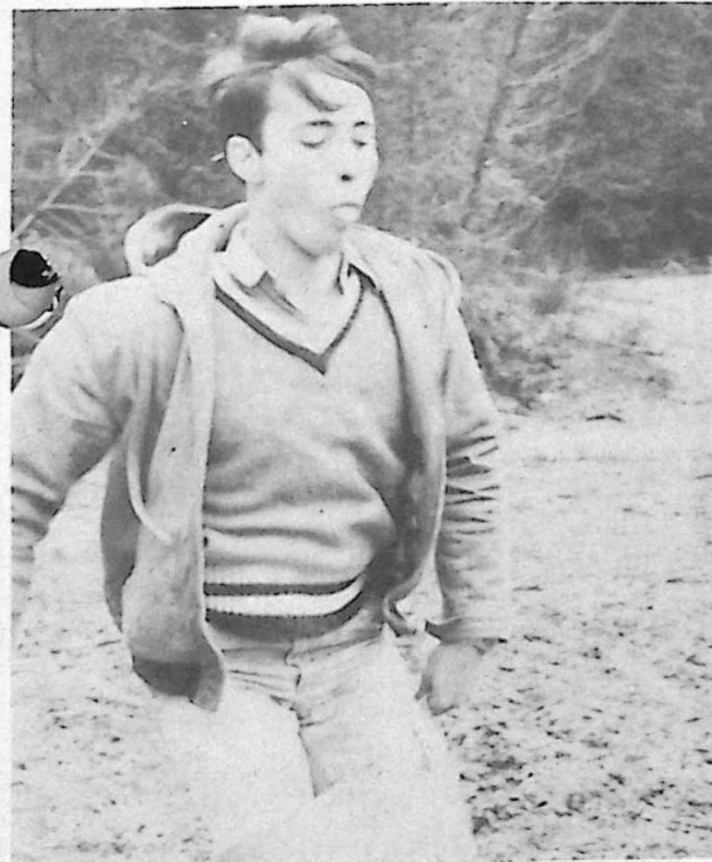
HERE'S THE CULPRITS. With one successful rally under their belts, you wonder what Denis Darveau and Leslie Bieber are going to come up with next. Only time and the Times will tell.

Hosford Photo



MAYBE HE'S LEFT-Francine Bernatchez searches amongst the stones looking for a date to help complete a clue on her score card.

Hosford Photo



DON'T SQUEEZE THE EGGS. Claude Filltraut rushes to get his unbroken eggs across the finish line within the time limit.

Hosford Photo

By CHRIS HOSFORD
It was Saturday, the 20th of Nov., and while some people slept in, dwelling on events of the night before, 47 teams of ralliests were out making final preparations for the Krazy Kar Rally, an event concocted by that dubious duo, Denis Darveau and Leslie Bieber. With a course laid out over 50 miles of local countryside, and a number of events to be completed during the Rally, whoever would have thought when they got up that morning to pack a ruler to measure track, or to take along a flashlight to help search a boat.

The day wore on, with people making left turns instead of right, missing cut-off points, and failing to complete assigned tasks along the way. As the sun began its slow descent over the western slopes, our ralliests headed back to the Base, shaking their heads and wondering how to get the taste of raw eggs out of their mouths and the mashed potatoes from under their fingernails.

Only all was not over yet!! Upon their arrival at the Annex, they were confronted



IN THE 16th and 17th CENTURIES, INFANTRYMEN, ARMED FOR THE FIRST TIME WITH EXPLOSIVE WEAPONS LIKE MUSKETS, REPLACED CAVALRY SOLDIERS AS THE HEART OF THE GREAT ARMIES OF THE WORLD!



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by a small, wiry, pink-skinned beast with a mysterious name, let loose in the back patio. The final event of the Rally was to capture the wee monster long enough to learn its name. That done, all that remained was to stumble into the lounge and wait for the final tally of the points.

In the back room, the action was fast and furious, with smoke rising off the adding machine, and six pocket calculators scrapped from

exhaustion. This complex task was handled by Nicole Lefebvre and Denise Campagnat, and the final results of their labors were as follows: First place - Germain Dube and Diane Lapalme; Second Place: Byron Stanley and Elaine Marston; Third Place - Daniel Sanscartier and Luce Hote. Congratulations to all!! The evening wound up with a dance and presentation of trophies and awards. A good time was bragged of by all,

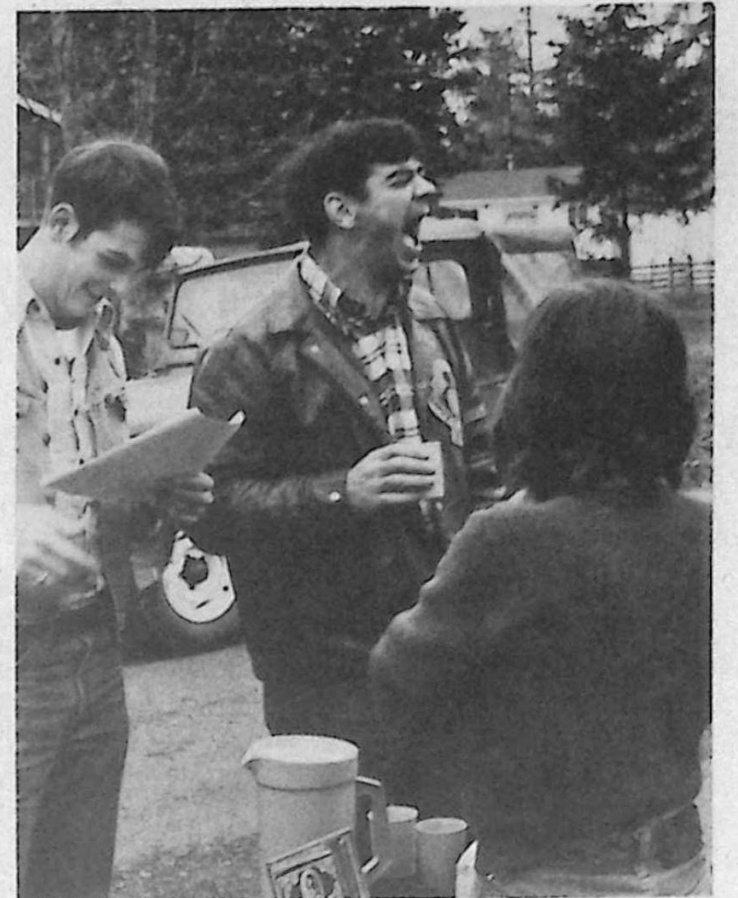
even if they didn't win. Excuses were many, reasons few, but everyone seems to be ready and willing to try it again.

To help make it through the rainy season ahead, rumor has it that there should be another Rally early in the Spring, this time with emphasis on the elapsed time between check-points. If it comes off as well as this last one, it should be something to look forward to.



KRAZY KAR WINNERS First place went to Diane Lapalme and Germain Dube, front. Rear L to R second place winners Byron Stanley and Elaine Marston. Third place was Daniel Sanscartier and Luce Hote.

Hosford Photo



I'VE BEEN POISONED! Jad Poirier gets a taste of Manon Begin's world famous grape juice. Only Manon, thinking of how cold the day might become, added a little tabasco sauce. Hummmm...could have a new drink here.

Hosford Photo



WHY ME LORD? John Begin winces as another handful of compressed mashed potatoes comes in when asked what he thought of this as a job, he said simply, it's best to keep your mouth shut.

Hosford

UNICEF

While you read this sentence, six children will be born in the developing countries. One will soon die. All will know hunger and disease. And yet one may become a teacher, a scientist,

or a leader who could make a difference to the future. Every dollar raised in Canada, through Government Grants and Host Country support, becomes \$14 by the time it reaches a child in need.



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74 RX4 stn. wagon, 11,000 miles, Radio	\$3995
72 DATSUN 510 2-Dr. Blue	\$1695
71 DATSUN 510 Sedan	\$1295
71 MAZDA 1800 stn. wagon, New paint	\$1295
72 MAZDA 616 H.T. 4 speed	\$1895
73 AUSTIN MARINA coupe, A.T.	\$2495
74 DODGE COLT H.T.	\$2295
66 MERCEDES 4 door, Sunroof, New paint	\$1695
73 MAZDA RX3 stn. wagon, Radio, 4 speed	\$2495
73 TOYOTA 1600 COROLLA New paint	\$1995
72 DATSUN 1200 coupe, Green	\$1695
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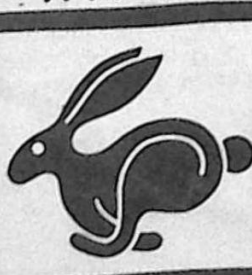
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Light Hearted Reading

The Adventures Of Supertech

By A.C. EINE

PART 6

Our hero, Supertech, had pulled a swifty and had conned himself off the Identification Parade, which you may remember, was being held almost in his honor. The Base brass were out to get the person responsible for the slightly slanted story and photograph which had appeared in the local newspaper. The Ident. Parade would hopefully give Lt. Claude Klumsie a chance to spot the guilty party. It was Supertech's motto, out of sight, out of mind. Besides, Claude had missed twice already, why give him the third chance.

As Supertech watched everyone else... except the sick, the lame, and the extremely crafty... form up on the parade, he had gotten a brainwave for another poke at the brass. Why not a photo of all the people on the parade with a caption along the lines of "Manhours Wasted In Search For Mystery Writer". That would really turn them on.

So, decking himself out in his disguise as "Ink" Blotter he photographed the parade from the locker-room window. He turned to find himself staring straight into the face of Pte. Anne Huney, a diminutive, but antagonistic (to him) female.

"Supertech! What are you doing dressed like that?"

He stopped short. His eyes bugged out like organ stops, and his jaw dropped to the general area of his belt line.

"Wha... hoo... ha... ha..." When he wanted to, he could be a brilliant conversationalist. He forced his heart back where it was supposed to be, reeled in his jaw, and started breathing again.

"Wha... what are you doing here? Why aren't you on the parade?"

"All the girls are excused! But what are you doing off it?"

"Never mind. What are you doing in our locker-room? Is there no privacy anymore?" By now, Anne was breaking up with giggles. "That hat! It's priceless! Where did you get it?"

Before he could reply, an official-sounding voice broke in. "What's going on in here?"

The two of them stopped short. Supertech began looking frantically for someplace to hide. Alas, his luck had run out. Into the locker-room strode Major Boldguy. "I repeat, what's going on in here?"

That tore it!! Not only was he tagged by this little female, but now the Major was in on his secret. Hobby!!

"Supertech, that rig is not exactly what is laid down in

Dress Regs for the well-dressed Airman. I have to go flying right now, but I want you in my office at 1630, and you had better be there. Private! That goes for you too!"

With that, he turned and walked away from the crestfallen Supertech and puzzled Pte. Huney. She shook her head, "What does he want me for?"

"I don't know, but he probably figures that you're in on everything. Well, see you at 1630."

Anne Huney let out a cry of anguish. She had started out by getting the goods on Supertech and now she was in trouble. It just wasn't fair.

The appointed hour arrived, and the two of them stood outside the Flight Commander's office.

"Cpl. Supertech! Are you out there?" came the voice from within. "Get your butt in here. And bring Miss-Chief with you."

The two of them entered. Supe figured he was for the axe, but what the heck, it had been fun while it had lasted. Pte. Huney, on the other hand, was almost in tears. She hadn't done anything, yet here she was, on the carpet.

"Corporal, you're senior, so you go first. And no sob-stories!"

"Yes sir First off, sir, Pte Huney isn't involved in this at all. She just happened to walk in on me. As for the rest of it, do I have to go through it all?"

The Major didn't say anything, just glared at me.

"Yes sir. Well, I figured that getting the photo would be a pretty good gag. Then a buddy of mine talked me into letting him run it in the paper. He dreamed up the article that was with it, and I was as surprised by it as anyone. By then, though, it was too late to do anything about it."

"You say that Pte. Huney is just an innocent bystander in all this. Okay. I'll believe you in this instance because I doubt if you've had time to corrupt her yet. As for the rest of it, I'll buy parts, the rest is just plain bull. Pte. Huney, you scream now, but keep quiet about all this, or I might have second thoughts about letting you go."

She didn't pause to answer or even salute, she just fled.

"Okay, she's gone. Now let's have all of it... the right way up this time."

"But that is the right way up. I took the photo. It's my fault. What happens now?"

"Sit down and let me think about that. If everything else fails, there's always good old Section 118. I have to admit that it was a pretty good gag though. Klumsie will never live it down, so you had better keep clear of him in the future. What to do with you, though? If I let this go outside

of this office, I'll probably hang with you for letting it happen. I'm going to have to think this out for awhile. I'd get you moved into the Mod. Section, but you'd probably sell the kits. You be in here at 1100 tomorrow. Now get out of here. And for heaven's sake, stay out of trouble 'till then!"

Supertech stood up to leave. He knew it was time to leave well enough alone, so he said nothing. Besides, he'd better save his words for the Court Marshall. Right now, he had to get a hold of Huney. If she started talking, it would really cook his goose.

Supertech ran over to the Blister. "Where's Hunie?" he hollered as he burst through the door.

McPl. Whizzer almost went through the ceiling at this. "Hey! Take it easy! She's out in Oil Stores... Supertech, get back here, there's a snag waiting."

But Whizzer was talking to the door... Supertech was gone.

He ducked into the Oil Stores and grabbed Anne by the shoulder. It proved to be a bad move as she had pretty good reflexes. It was a bit of a shock to her and she planted a quart of hydraulic fluid on top of his belt-buckle as she spun around. The breath coming out of him sounded like a punctured tire. He grabbed his middle and staggered back against an oil drum.

"Supertech," she cried now that she had realized who it was.

Our hero was slow to answer. In fact, he was slow to breathe. But at last he managed to get enough air into his lungs.

"Wha... what are you, crazy? Remind me next time to poke you with a long pole first."

"You're just lucky I didn't use my knee. What do you mean by running in here and grabbing me?"

"Don't worry. It won't happen again on a bet. Now will you agree to a truce for a minute?"

She hefted a second quart can. "Okay, but just keep your distance."

"Look. I have to talk to you about this whole deal. There's too many ears around here, so will you come down to the Drive-In after shift and I'll buy you a burger while we get it all straight?"

Our boy is pushing his luck a bit, isn't he? Already he's got two girls on the string, and now he wants to take another one out. Then too, what will Major Boldguy do to him? And if you think back, E. Bertrum Bignickel still wants to talk to him. Stick with us, folks. There's more fun next issue with

THE ADVENTURES OF SUPERTECH.

Arts And Crafts Fair A success

Mrs. Mary Slemin of the Courtenay and District Historical Society says, "The Arts and Crafts Fair was a tremendous success. Approximately 1,000 people paid admission to see, and buy, wares produced by local craftsmen."

promoting Arts and Crafts in the Comox Valley. In fact, numerous people have phoned members of the Historical Society to get more information regarding some of the craftsmen.

Mrs. Slemin also complimented the Officers and Men of CFB Comox for presenting such a fine Armed Forces display.

"The flags, uniforms, service regalia certainly

added a colorful backdrop to the Arts and Crafts Fair", she said.

Young Randy Marv was so overjoyed when he won a spot prize of a painting of two Voodoos in flight, he phoned the artist, Mr. Ron Egan (CE Electrician) to thank him for donating such a beautiful work of art. Randy's name was drawn out of the "barrel" by Colonel R.L. Mortimer, Base Commander.



KNIGHT OF THE AIRWAYS, Buz Maniquin and Cpl. Kevin Cosby on stage in the Courtenay Junior Secondary School on Saturday, November 20. Kevin's display of service regalia was a major attraction at the Fair. base photo

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If The Price ISN'T Right - Fight

The price of every product - whether it is a tube of toothpaste or a bran muffin or a snowplow - includes the cost of producing it plus a margin of profit. The Anti-Inflation Board has been attempting to regulate both costs and profit margins so that the pace of price increases will slowdown. This system of price regulation has begun to work, but it will be awhile before its effects are obvious to the average shopper.

Some price increases take longer to affect the consumer than others. For instance, cloth that is being sold to manufacturers now will not be made in clothes until next spring and won't appear in the stores until a year from now. So if the price of cloth goes up this year we won't notice it in the cost of clothes until next fall.

On the other hand, if clothing seems to be priced higher now it is probably because of the increase in workers' salaries and the cost of raw materials that occurred last fall. But if the cost of producing something like toothpaste goes up today, we will likely notice a change in the price on the grocery store shelf this month.

The Anti-Inflation Board can usually determine if a price increase is justified by examining the reason, perhaps labor costs have risen, perhaps import prices are up, but the Board cannot establish what a fair price is.

This is where the consumer comes in. You can help keep prices down by refusing to buy products that are over-packaged. If you buy goods that turn out to be damaged or are otherwise unsatisfactory, return them to the store. If the store won't accept them, send them back to the manufacturer with a letter describing your complaint.

The address of the manufacturer is carried on every product and naturally firms are anxious, for competitive reasons, to please their customers. If you are dissatisfied you should tell the firm that made the product. In this way consumers can all make sure that the quality does not go down with the price.

The purpose of the anti-inflation fight is to restore the value of the dollar. It's to your benefit to join the fight; be a discriminating shopper, a sharp shopper.



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Mushroom Mutterings

A northern training flight for the "rotary-winged-thing" was cancelled (temporarily) on Wednesday last when most of the crew decided that the weather in NEWFY was nicer. So they sky-jacked a Buffalo to the Vancouver civvie terminal. It is rumored that Messers Rudy Freuc, Doug McQueen, Bob Ardelian, Andre Gloutnez, and Rod Verchere flew out to TORBAY, 4000 feet higher than the airliner they took off in. Not to worry though, it's only temporary, and they'll all be back in time for the Squadron Christmas Stag on Dec. 8th. Actually, only Ardelian was ordered to go...it took the other four to drag him aboard the Buffalo. Once they got to Vancouver, the Buff crew closed the ramp and wouldn't let them back on, so they decided to just carry right on. Bob got even though: he took along the key to the "goody" locker. One funny thing - the sun started to shine just as they left.

Meanwhile back in the hangar. Labrador 303 is sporting a new and bigger rescue hoist. The longer cable will allow the crews to stay ABOVE the treetops during hoist pick-ups, and let the ParaRescue types dangle that much longer.

No. 2 Crew welcomes Sgt. Al Walsh into their little hot-bed of intrigue. If he can figure out what they are supposed to be doing, would he please tell someone!

Our resident C-141 Starlifter is still cluttering up the flight-line, but they're working on it. You may have noticed that it has been turned around. That was done so that all those Yanks could hide behind it and not put a local (but un-named) squadron to shame by working so hard. With all the available bobs, it was easy to just pick it up and walk it around.

The visiting DeHavilland engineers have left after proving that a Buffalo will fly at 25,000 feet. It is suspected that they departed immediately after landing and before the flight crew could thaw out. Someone should have told them that the groundcrew would have shown them how to turn on the heater.

The newspapers tell us that 442 (T & R) Squadron is to get two new (?) CH-113A Voyagers out of Trenton storage. They do not tell however, when the birds are to arrive, where they will be hangared, or where the extra flight and ground crews are to come from. So, all you techs who have gotten used to foolishly looking forward to weekends off and sleeping eight hours a night - forget it!! You better have a large personal photo made up - that's about all your kids will have to remind you what your Daddy looks like. The new theme-song for Mushroom Men will become, "Mule Skinner Blues".

The Saga of the Mushroom Men

In the misty days of yore, there were men, residing in the place that was known as the Island of the Sea, which was on the mouth of the Valley of the River of the Fraser.

And these men were honorable, for they were searchers and rescuers, and men of maintenance, and their deeds were known throughout the land of British Columbia.

And lo, it came to pass, that the word went out from the Castle of the East, that those honorable men would take up their kits of survival and of tools, their kith and their kin, and would mount their aluminum steeds and get themselves hence to that Island in the West, unto a place that was known as the Valley of Comox.

And throughout the multitude there was a weeping and a gnashing of teeth, for great clouds of uncertainty were cast upon them. Not all would journey to the Valley of Comox, and their fate lay heavily upon them.

And when the migration was complete, fear and loathing continued to reign supreme, for the future of this hardy band of souls was still shrouded in mystery.

Amidst the huddled mass there arose a man, who was long of tooth and grey of hair, and he did in his anguish, thus proclaim: "Woe is us, for alas, we are but Mushrooms!"

And the leader of the tribe rose to retort: "How liken you us to the lowly Mushroom?", to which the old one replied: "Because, Sire, like the Mushroom, we are kept in the dark and fed...!" And there was a rumbling in the multitude assembled, which rose to a crescendo, as their voices cried as one: "Amen!"

Thus, in the years that have passed and in the ages to come, those brave souls, who ply their honored professions in the West, shall be known as Ye Mushroom Men.

Firing Away

The article this issue will reflect on two recent fires that have occurred at Canadian Forces Bases. One fire was a chimney fire and the other was suspected arson.

At a Canadian Forces Base a 12 year old child has been implicated in starting a fire in the back porch of a PMQ. The resulting fire completely destroyed the PMQ causing about \$25,000 damages. The arsonist had apparently used an accelerant to help the fire along. The fire was lit at approximately 2030 hrs, the occupants of the dwelling were not home at the time, therefore no loss of life resulted.

Arson is a serious crime involving wilful and malicious intent. The number of arson fires in North America has increased 285 per cent in the last ten year period. The following graph is an example of arson fires from 1966 to 1975:

What are the consequences of arson? Stop and think - if there was an accidental fire in your home tomorrow, the fire department could be fighting a maliciously set fire somewhere else. Each year 1000 people, including fire fighters will die in these fires. Arson also results in serious injuries, loss of jobs and property. Because of arson, our insurance rates are up.

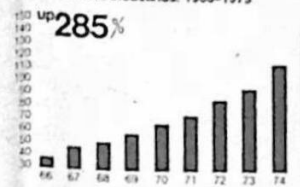
What can you do to help prevent arson? Report suspicious actions related to fires. Every detail will help the fire department support the investigating team.

The second fire to be discussed is a chimney fire. This fire was caused by a heavy soot accumulation. No fire loss resulted and there were no injuries. The chimney in question was one that served a fireplace.

Some actual case histories from records of the National Fire Protection Association illustrate some of the ways that 14,000 home fires began in fireplaces last year.

Too hot a fire in the fireplace is a common cause, especially if the fireplace or flue is made of metal. Enough heat may be radiated to set a wall, roof or any nearby combustible material on fire. If a flue or fireplace is defective or improperly constructed the risk is multiplied. Broken bricks and crumbling mortar are common causes of home fires. Flying sparks are also a common cause of fire. A properly installed spark screen is essential to prevent fires from starting in this way.

Number of incendiary or suspicious building fires, shown in thousands, 1966-1975



Leaving a fireplace unattended or leaving children unattended near a burning fireplace, are both highly unsafe.

Many people defy both physical laws and common sense by attempting to relight a fire with flammable liquids. Merely to open a container of flammable liquids near a fireplace is extremely hazardous.

Artificial logs can produce tremendous heat. Read the instructions and follow them. Burn only one log at a time.

To safely enjoy the comfort and pleasure of your fireplace, here are a few simple rules to follow:

- Don't burn trash and wrappings for they can become flying embers that settle on the roof, also don't burn plastics and plastic foam, they can produce dangerous gases.
- Never burn home-rolled newspaper logs soaked in flammable liquids.
- Soot deposits will be minimized if proper fuels are used and the fireplace is operated correctly. Do not burn green firewood.

Chapel Chimes



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BAPTISM: Services of Holy Baptism are held every month.

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CHAPEL CHOIR: Our Senior Choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain. Senior Choir Practice - 2000 hours, Thursday; Junior Choir Practice - 1800 hours, Thursday.

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Neighbourly News

Square and Round Dance News

BY LOIS WRIGHT
When Wayne Cudmore received a six-month's posting to Egypt, the sad thought of the long parting to be endured, spread out past Wayne, Marcia, and the family to all the couples of the Merry-Go-Rounders who have been dancing together for over a year. The November 15th party was held to express our appreciation of this couple's enthusiasm and the fun-loving spirit with which they attack each new dance.

aired by members of the group in hope of explaining his present behaviour. It was "Good bye, Courtenay" and "Hello, Egypt" as the Merry-Go-Rounders plied him with gifts designed to make desert living more comfortable. There were flypaper and ant-traps to protect him from the insects, a huge dart to arm him against the larger enemies, the biggest of sunglasses for the desert glare, and a Foreign Legion Kapi made by Mildred Mitchell. Nothing but the best for Wayne! and to wile away his idle hours, he was given a scroll of Arabic which should

take him the entire six months to decipher.

Marcia, too, must be kept busy here; for her, a pair of knitting needles and wool with a pattern written by Evie McMullin, artfully combining knitting terms with round dance language. Here's a sample quote: "Part A: Balance apart, together, point, and progress in line of direction - knit four forward. Wool over and cross in back to start the grapevine pattern, cross in front. Progress across line of dance pattern for four rows." The resulting garment will be one-of-a-kind and will surely take a half year to produce.

Pot luck dinner, all our favorite dances, games, and cut-ups made a totally entertaining evening.

From Fashions To Flowers

Christmas arrived early on Wednesday, Nov. 17th at the Officer's Wives Club meeting.

About one hundred women enjoyed a sumptuous Chinese dinner served in the dining room of the Officer's Mess while Robert A. Boutique presented a variety of fashions. Bobby Denton, of Robert A., did the commentary and presented her models who demonstrated the latest styles in sleep and loungewear; casual and sports clothes; and street and evening wear. Still smiling after many quick changes are the models; Cheri Seymour, Connie Boraston, Helen Buck, Joanne Gustafson, Gail Checuti and Marjorie Marquette.

A Christmas food hamper was made up from donations brought in by members and guests and presented to Teresa Schellink of the Comox Valley Friendly Visitors Service. The service helps needy families in the Valley who are not receiving assistance through welfare or other means.

The after-dinner entertainment was a most interesting Christmas floral arranging demonstration by Bev McNee of Courtenay

Florist. Bev and her assistant created lovely centerpieces using evergreen, holly sprigs, some cut flowers, and miniature Christmas ornaments. The centerpieces, a rose bowl and three corsages were given away as door prizes. The evening was a great success and an exciting beginning to the Christmas season.

Because of the festive activities through December, the Officer's Wives Club will not hold a meeting until January. A Penny Auction is scheduled at that time and it is requested that all those who have items which may be worth donating for auction, please contact any member of the executive.

Many thanks and appreciation are extended to Bobby Denton of Robert A. Boutique for her fashion presentation and to Bev McNee of Courtenay Florist for demonstrating the technique and beautiful results of floral arranging.

That the largest bomber in WWI was the German Zeppelin R.VI with a span of 138 feet, length of 72½ feet, and with a maximum speed of 80.8 mph.

French Language Courses

Students are urgently needed to participate in the French language program currently offered at CFB Comox.

The DND bilingual program has a high priority rating with both NDHQ Ottawa and with Training Command HQ in Trenton. Do you know that a bilingual rating can affect, beneficially, your standing on promotion lists? Do you know that there are points given on per's for bilingual proficiency? Do you know that the DND French language course, if successfully completed, will count as a course credit at the University of Manitoba?

If you are interested in joining one of our classes, we

can offer you six different courses on varying dates, depending on your french level - everything from basic knowledge to advanced second level. There is a basic french course that has just started. The classes are from 0800 hrs to 1200 hrs. 5 days per week during the following dates: 29 Nov. - 17 Dec.; 14 Feb. - 04 Mar.; 18 Apr. - 06 May.

Applications may be picked up from the French teachers in the classrooms on the second floor of the Rec Centre, at the BITO's office, or from the language co-ordinator rm. 35 Headquarters Building. Telephone Loc 507 for further information.

French Language Training Centre

The French Language Training Centre presents its first Quebecois film, J'AI MON Voyage, featuring Dominique Michel. Follow the adventures of two Quebecois on a trip out West who encounter the most droll situations because they can't speak English.

DATE: December 14
TIME: 8:00 p.m.
PLACE: Base Theatre
COST: FREE! compliments of the French Language Training Centre and the BPServO.

Come join us! Everyone welcome and a special invitation to former students.

Bazaar Successful

The Beaver, Cub and Scout Ladies Auxiliary wish to report that their recent bazaar held at the Airport School was a success. We would like to thank all those involved for a job well done, and also everyone who made donations or contributed in any way.

Library Hours

The Base Recreational Library will be closed on Friday afternoon, 10 December; Wednesday night, 15 December and Thursday night 16 December. There is a slot in the door for your returns when the Base Library is closed.

"Backfence Gossip"

Outreach

Are You Missing Something?

By Dave Peterman

Have you ever found yourself in the position where you are surrounded by people, but really feel alone? I think that anyone who can say that he hasn't been faced with that problem is a very lucky person.

Sure, I've had many friends since I joined the Service, but there's also been many a time where I've been so lonely that it seemed like there wasn't a true friend left in the world. That is, until three weeks ago.

As the saying goes, "It all started when..." As can be expected, I would meet all of the people that live on my floor at one time or another. One in particular I had labelled as a "Religious Fanatic". It seemed that every time I talked with him, he always brought Religion and Christianity into our conversation. I can tell you, he scared me. I didn't quite know why, but I always felt very uneasy in his presence.

Whenever I discussed the subject with him, I found myself looking for excuses to get away. His openness about Christianity made me feel afraid. I realize now that I was afraid because he was too close to what my life stood for... for comfort. Anyway, this went on for about two months. I'd find myself drawn to talk with him and yet afraid to spend any time listening to what he had to say.

Now, I'd been feeling pretty down and out lately, and I was sure lonely for some good company and someone I could relate to. That is, someone who could share my ideas and problems, but mostly someone just to be there and willing to listen when I needed friendship and company. I'm sure that you all have known that feeling, as well as the realization that there was no one around who could fill that gap.

Occasionally, I would find someone I could relate to, but that would only last for a day or two.

Well, once again I found myself talking with this Christian and wondering how I could break away without insulting him. I wanted to leave, but compelled to listen to him out of what I thought was common courtesy. He was saying that Christianity was based on a complete, accurate and logical history. With my curiosity piqued, I asked him to explain how he arrived at that conclusion. He started to tell me about world-famous scholars who, upon trying to discredit the Bible through logical study, found that they were unable to do so, and, through continuing examination, eventually dedicated their lives to Christ. While he talked, I slowly felt the fear dissolve and interest take its place. I found myself asking more and more questions, and for every one, he gave a logical and simple answer.

That night, while reading some pamphlets that he had loaned me, I learned that Christianity meant accepting Christ, and through that acceptance, gaining a fuller, more rewarding life.

Later, after a great deal of thought and soul searching, I accepted Christ into my life. Since then, I've experienced a fantastic change. I find that I don't feel lonely anymore. All the things that worried me before, I find that I can now take in stride. My life is much fuller and more interesting. And I'm a lot happier. Christ has changed my life completely.

I think the point that I'm trying to get across is that if He can make such a difference in my life, I'm willing to bet that he can do the same

for you. In the Bible, the book of Revelations, (Chap. 3, Verse 20) Christ says, "Look! I have been standing at the door and I'm constantly knocking. If anyone hears me calling him and opens the door, I will come in and fellowship with him and he with me."

On Friday nights at 7 p.m., there is a Bible Study geared for both you and me. Please come and join in. We can't answer all your questions, but we have a FRIEND we want to introduce to you who can answer ALL questions. Come and find YOUR answers. We meet upstairs at the Rec. Centre. I hope I'll see you there.

HOMEMAKING



WHEN UNBLOCKING A DRAIN WAS ONCE A JOB FOR THE "PLUMBER'S SNAKE" THE SNAKE WAS POKED THROUGH THE PIPE AND ROTATED TO DISLodge THE CLOG!



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HEY KIDS

I'LL BE AT THE BX SUN., DEC. 12th FROM 1:00 - 3:00 P.M. FREE PICTURES TAKEN WITH ME



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BASE EXCHANGE DECEMBER HOURS

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WED., THURS., AND FRI., 10:00 A.M. - 8:00 P.M.

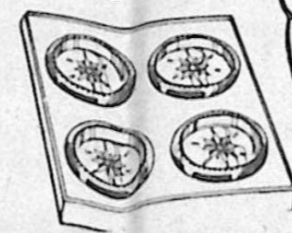
SATURDAY 10:00 A.M. - 4:00 P.M.

SUNDAY 5th, 12th & 19th DECEMBER 12 NOON - 4:00 P.M.

WE'RE KEEPING LATE HOURS 'til Christmas



'Tis the season to be jolly. Dance and sing...laugh, make merry. Christmas is a time for fun!



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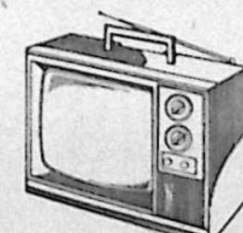
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