



TOTEM TIMES



LEVESQUE IN - QUEBEC OUT??

VOL. 18 - NO. 21

CFB COMOX TOTEM TIMES THURSDAY, NOV. 18, 1976

Pints Of Life

Ernie Gives 100

Lazo resident Ernie W. Waycott (CE Roads and Grounds) has given a lot of himself over the years -- more than 100 pints of blood in fact. So a few days ago Mr. Waycott and a handful of others from around B.C. were honored by Lieut. Gov. Walter S. Owen at the Red Cross Centre in Vancouver. After a tour of all the latest technology in the labs of the Red Cross Blood Transfusion Service, the 'century' donors received from Mr. Owen framed certificates signed by the Governor General of Canada.



To attain the Red Cross' highest blood award, Mr. Waycott had to donate religiously at almost the maximum allowable rate of four times a year over the three decades since the Red Cross Blood Transfusion Service was first instituted -- Vancouver in early 1947. Actually, counting war-time

and occasions abroad during long service with the armed forces, Mr. Waycott counts a total of 143 blood donations. Until recent health problems interfered, his wife was a dedicated donor as well. Mr. Waycott, who now is a civilian worker at Comox, says he actually feels more vigorous following a blood

donation. For him and others at the Red Cross ceremony, giving blood is a real 'high'. A mobile blood clinic will be held in Comox at Canadian Forces Base, Recreation Centre on Friday, December 3, from 10 a.m. to 12 noon.

As Mr. Waycott would say: "Come ... and bring a friend!"

Saturday Is The Day

The stage of the gymnasium in the Courtenay Junior Secondary School will blossom forth with service regalia this Saturday, November 20, when the Courtenay and District Historical Society holds its Eighth Annual Arts and Crafts Fair. This annual event in the Comox Valley not only gives an opportunity for local craftsmen to sell their wares but also features a display with an historical theme. An organization which has contributed much to the local community is selected to be featured.

Profits derived from this function will be used to defray costs of operating the museum.

The members of the Historical Society have been particularly pleased with the support given to that organization by servicemen and their families. In appreciation for the effort expended by military personnel and their dependents the Society offers a SALUTE TO OUR ARMED FORCES this year.

The Base Commander Colonel R.L. Mortimer is to open the event during a ceremony at 1300 hours.

Although the Historical Society is featuring the Armed Forces, CFB Comox personnel are setting up the display on the stage. Corporal Kevin Cosby will be on hand with his fine collection of Air Force regalia; the Canadian Forces Recruiting Unit (Victoria) will be represented; and, numerous other units on the air base will have items on display.

Willy Tell '76 Goes Down To The Wire

William Tell '76 Competition being held in Tyndall AFB, Florida goes down to the wire this week in the F-101 Voodoo category as a tight race develops between the 123rd Fighter Interceptor Squadron from Portland, Oregon and the Canadian Forces Air Defence Group team. Results from Tyndall after three out of four profiles have been completed, show the Portland Air National Guard (ANG) team ahead with a total of 14,500 pts and the Canadian team close behind with 14,115 pts. The Texas ANG team trails in the Voodoo category with their total of 12,180 pts., however, with 3900 pts. possible in the Profile III missions to be flown this week, no team can be considered out of it yet.

Whatever the results from the competition, the Canadian team got full marks for its arrival sequence on Halloween day. Each team was allowed one flypast and was then required to return for a landing. As team after team missed their timing in their successive pitches the Canadians impressed all present with a straight-in approach to the runway!

After a very nice five-plane vic formation pass they split the formation into two elements, one of three aircraft and the other of two aircraft and received clearance to

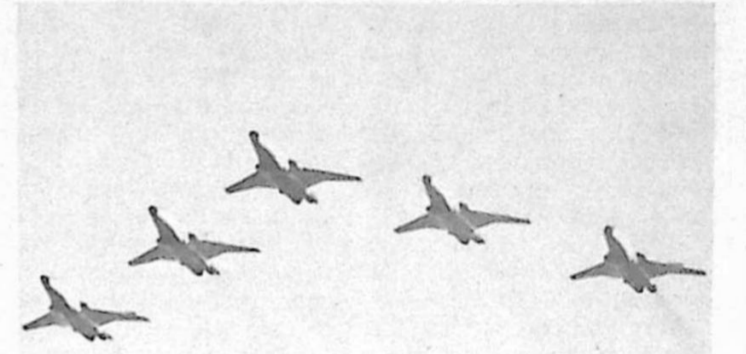
land on both the inner and outer runways at Tyndall. Demonstrating perfect timing, they carried out synchronized formation landings simultaneously on the two runways. As ten main wheels touched down, all five aircraft popped their drag chutes together and rolled out with the noses of the aircraft high in the air to the cheers and admiration of Canadians and Americans alike.

Team leader, LCol Al Sundvall was officially welcomed to the meet by Maj Gen Peterson who congratulated the team on their arrival sequence and wished them luck throughout the succeeding days of competition.

The technicians have been hard at work since that moment ensuring that each of the team's four aircraft is in peak condition for each mission so that no "gremlins" can interfere with a perfect run and cost the team penalty points. Although the aircrew members get most of the attention like the quarterbacks and running backs in pro football, it is the hard work, skill and dedication of these maintenance and weapons load crews on the ground and the weapons controllers directing the attack at their radar consoles

which make team success or failure possible. As the William Tell competition enters its final days and the competitive pressure

is built to its maximum it will be the esprit and team effort of all these individuals which will enable the Canadians to bring it all home next week.



SHOWING OUTSTANDING FORM the Canadians impressed all with this first pass in VIC formation.

Results from the competition so far, broken down by mission profile are as follows: (Total pts. possible in brackets)

	Profile I (5900)	Profile II (3900)	Profile IV (7600)	Total
CF - ADG	4350	2665	7100	14,115
Portland ANG	4725	2875	6900	14,500
Texas ANG	4620	2635	4925	12,180

Miss CFB Comox

Who Will It Be?

The Wallace Gardens Community Council is again sponsoring the annual selection of Miss CFB Comox. The winner will represent the Base during the Comox Valley Snow Queen Carnival.

Due to a rather short time frame imposed by the downtown organizers, this year's selection will be slightly different in that contestants are expected from each of the three Messes, the USAF detachment and the Base Teen Organization. The judges, who remain anonymous within a large group of invited guests, represent the whole spectrum of the Base and the Community. Each contestant will introduce herself and then compete amongst the guests before giving a 5 - 7 minute talk on a topic of her choice.

Since the purpose of the contest is to select a Base Representative, judging will encompass much more than appearance. Emphasis will be on poise, sociability, speech content and presentation.

The contest is open to

servicemen and dependants, 16 - 21 years of age and unmarried. The entrant need not have any connection with her sponsoring agency so any girl may represent any sponsor.

A fine array of gifts and

prizes will be awarded at the judging and crowning ceremonies on 22 November, 1976 in the Totem Lounge. The next issue of the Totem Times will carry complete coverage and pictures of the entire affair.

COJO Service

OTTAWA - Four thousand members of the Canadian Forces who worked for COJO, the Olympic Organizing Committee, during the XXI Olympiad this summer, have been honored by the president of the organizing committee and commissioner-general of the Games, Roger Rousseau. Each member was presented with either a bronze medallion or a scroll.

Medallions went to 450 who spent more than three months with COJO, while scrolls were given to 3,600 who were there for a shorter period.

Over 18,000 Forces personnel contributed to the Games, but only those who worked under direct assignment from COJO were eligible for the awards.

The recipients included those who worked in protocol, operations, transport, games results, telecommunications, supply and other support services.

The medallions were presented "as a gesture of appreciation for the excellent services rendered during the Games."

They bear the Olympic symbol on one side, and an engraving of the Olympic stadium, with the inscription "XXI. Olympiade Montreal 1976," on the other.



"Don't Lose Your Cool!"

ALERT, N.W.T. Loneliness is a single posting 450 miles south of the North Pole at Canadian Forces Station Alert.

Teams armed with jet immunization guns, and capable of immunizing 500 people an hour, will be sent to the larger bases. Smaller bases rely on individual syringe and needle injections.

Although antibodies set up by the vaccine remain for approximately three years, a new vaccine is required each year, because of annual variations in the 'flu, not necessarily the swine influenza type.

It is interesting to note that models of most of the Soviet fighter aircraft have been flown into the hands of free-world experts by defecting Iron Curtain country pilots within a short time of being put into squadron service.

Jet Guns Are Coming

OTTAWA - Results of a "swine 'flu' inoculation test program at CFB Trenton, Ont., in mid-August, indicate that smaller doses of the vaccine are effective, say Canadian Forces medical authorities.

Doses of 200 cca (chick cell agglutinating) as compared to 400 cca or greater, were found to be adequate.

"The lesser quantity of the vaccine provided protection for 85 to 90 per cent of those

Mig Sent Home

By EWING After 71 days and much-deep probing, the MiG 23 Foxbat flown to Japan by Soviet defector Lt. Viktor Belenko, is being returned. One of the biggest intelligence events of the 1970s, it was the cause of much diplomatic wrangling between Japan and Russia.

At the time of the defection, U.S. aeronautical experts were anxious to fly the MiG 23 in comparison tests with the latest American fighters. It was felt by diplomatic sources that allowing the aircraft to be test-flown by free-world pilots might cause an increase in tension with the Soviet Union. Instead, the highly classified jet was microscopically examined by Japanese and U.S. aeronautical engineers. The aircraft, packed into 25 crates, was loaded aboard the Soviet freighter, Taigonos, for the return journey to Vladivostok.



'Howdy, Stranger'

By EWING

CFB Comox had an unexpected visitor drop in (literally) Thursday at supper time. A C-141 Starlifter of the 15th Military Airlift Wing, USAF, was enroute to its home base at Norton AFB, California. An in-flight emergency occurred just north of Port Hardy which resulted in a precautionary landing here at Comox. A rapid descent caused some airframe damage but the crew of eight escaped with nothing more than some sore ears.

Our heartiest congratulations and utmost admiration go out to Capt. Scott Hawkins and his crew for their successful handling of the situation. Their adventure brings back the old adage: "Flying is made up of many hours of routine boredom, sparked occasionally by those brief instances of STARK TERROR!!" The Starlifter is presently undergoing repairs by technicians of the USAF for its return to sunny California.

Hosford Photo

Polar Radio Reaches Out To All

And for the 200 or so men of the Forces serving a six-month stint in the world's most northerly permanent settlement, the greatest morale booster is the ham radio shack.

It provides direct personal contact with wives and lovers at home through regularly-scheduled phone-patches to most of the major cities in Canada.

Master Warrant Officer Jack Whittingham, 42, of Kingston, the station warrant officer (SWO) and chief ham operator, says that the station - VE 8 RCS - makes an average 300 phone-patch calls a month.

"But on special days we handle many more. I handled 177 phone-patches on Christmas Day, 1969, on a previous posting," he said.

Sgt. Glen Ritchie, 34, also of Kingston, is station sponsor and president of the Polar Amateur Radio Club, which operates the station.

Twenty operators man the equipment and place calls at regularly-scheduled times to cities from Vancouver to Gander, Nfld.

In order to place a call, a man puts his name on the "sked-sheet", indicating the phone number and the first name of the person to be called.

At the appointed hour he shows up at the radio shack and the operator calls a ham operator in his home town, who then tries to contact his party through the Bell Canada system.

If the patch is successful, the man and his family can chatter back and forth for a

maximum of 10 minutes.

Sgt. Ritchie says that mail day, usually a much-awaited event, can also cause heart-break for anyone who is missed.

"When that happens, the man figures there must be trouble at home, and he rushes to us to try to get a phone-patch," the sergeant says.

"Because of the mix-up in the mails, one man was here for two months without any mail, and he was a regular caller home to find out what was wrong.

"After two months he got a pile of delayed mail, but was so pleased with the success of the phone-patches that he continued to make them on a weekly basis until his tour was over."

Generally, the phone-

patches are joyous long-distance reunions, but they can be sad as well.

One young lad learned his grandmother had died, and his call home to Winnipeg was anything but happy.

MWO Whittingham and Sgt. Ritchie are proud of their station, which they claim is one of the best equipped ham shacks in the country.

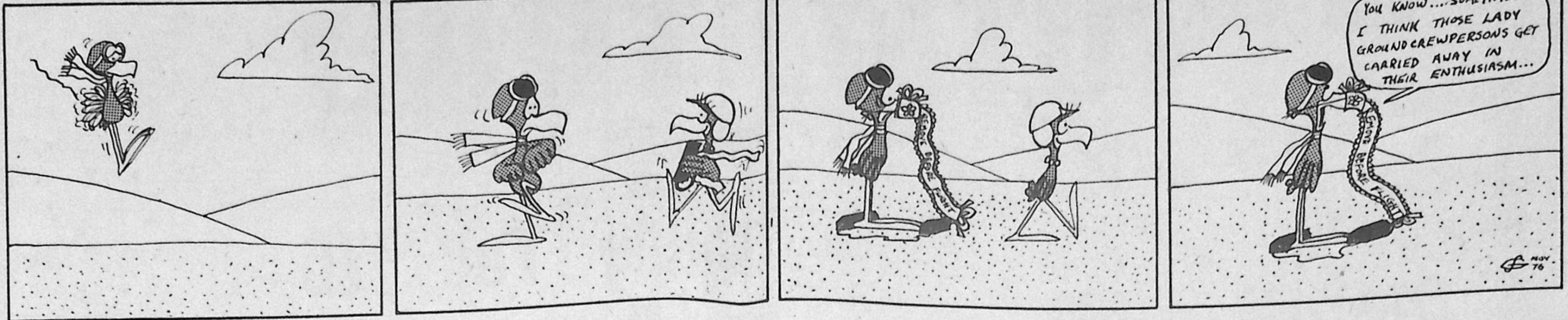
The equipment is valued at about \$10,000, and really includes two complete stations.

One is a complete Collins S-line 2000 watts PEP (Peak Envelope Power). The other is a Heathkit SF series of 1200 watts PEP.

The station operates in the 20-metre band at 14,165 KHz. Over the years the station

(Continued on page 8)

GUDGEL STEW by Rick St. Germain



Nighthawks Nest

Seldom a single event holds such an ominous meaning for the Squadron as witnessed at Tyndall AFB on a pre-William Tell social meet. Master of the art, our champion Bill Gladders let the troops down, let the wine go to his head and let his adversary, a Texan at that, beat him in the game. I hope there is a rematch. In the meantime, I keep my fingers crossed not only on this but also on the outcome of the meet itself.

LCol Greer and his fighting 318th hordes are invading the nest on Friday, 19 November. With Paul in the "Q" and Bill down east it should not be too difficult to make the event a respectable gathering of gentlemen and friends. A warm welcome to the friends from down south and let us keep it up.

Capt. Don Ferguson is on his way to Weapons Controller's Course in North Bay. Don't go by the farewell given by the Mess, Don. Nighthawks will do the proper thing at the appropriate time and that is for sure. As for the Mess, if they cannot do it right they should refrain from doing it.

Trev and Hazen timed their courses right and will not have the honor of keeping the vigil during the holiday season. Good beginning for staff work ahead.

Ron Breeden has moved his Headquarters to the PMQs. Hope you and the family have an enjoyable stay there. Moreover, Ron, the money saved on transportation costs will be better utilized on entertaining.

Maj Dave Koski has just returned off leave and is trying to balance his books. But how can one achieve it when you spend the money you never had. Even then just imagine, he has hardly done a day's work and already planning another spree. It is as well that the Chief Night Hawk took a few days leave in between Dave's various plans.

Maj Tom Goodall is sightseeing in Europe and in all probability picking the slopes where he will be skiing later. He promised that he will be back before Christmas but I am not convinced. Seeing is believing.

Maj Tony Nichols and "Bite my ankle" Russ are off consulting higher Headquarters on next year's squadron colours and allied matters and they plan to attend "Canada Night" at the end of William Tell Meet. Just the right sort of people to represent the Squadron - and win some friends. Bob Lamb and Rick Zyvitski who just returned from Tyndall, via Tinker safely, report of the high morale of the troops there.

Peter Ott is a man of many talents. One of the things he had not done in his long and eventful life was make large mortgage payments. Finally he took the decisive leap and signed his life and soul away. Peter, those "house warming parties" are just beautiful. Just keep it up.

Rumor is rife that our Ex-Chief Nighthawk Ev McKay is looking for his long missing

squadron farewell gift. I will not be surprised if LCol "Herbie" Sutherland keeps smiling in his Ottawa office. Only he knows for sure. Chuck W'Chuck is the first Squadron aircrew officer to have won the last squadron draw. Please pass the secret to the rest of us poor folks!

William Tell Stamps

A special envelope cachet for stamp collectors is being prepared to commemorate the USAF Bicentennial Project William Tell, the worldwide Fighter Interceptor Weapons Meet, and will be available at the end of the competition scheduled Oct. 31 through Nov. 21.

The envelope will feature the 1976 William Tell insignia, a brief history of the meet and will honor the three winners.

Project William Tell is being held at Tyndall AFB, Fla., home of the Air Defence Weapons Centre, and includes 11 fighter-interceptor teams from the Aerospace Defence Command, Tactical Air Command, Air National Guard, United States Air Forces in Europe and the Canadian Forces.

Collectors desiring copies of the special cachet may obtain them for \$1.00 each, which includes cost of printing and handling, by writing to: KevCo, P.O. Box 2423, Panama City, Fla. 32401.

From Under The Nighthawks Nest

After missing the last two editions, the 409 Sqn. groundcrew article is back in the rag. There is a very great amount of support for this article from one certain Major and one exceedingly keen "grunt" Lieutenant.

The Major provides for much of the Lieutenants activity by keeping one heel planted firmly on said Lieutenant's throat. It would be much appreciated if personnel would contact their section representative when they wish to make an input.

Certain people in the snags organization have suggested that an even swap be made with New Quebec-Anglophone servicemen for all CAF aircraft. Unfortunately we couldn't ascertain who was getting what.

Cpl. Bill Tames is in St. Joseph's hospital for surgery, so get well soon and get back to work. The JLC Course is seemingly more worthwhile than the peanut gallery originally thought. Cpl. Jim Lowden absorbed too much in too short a time and ended up fracturing his skull at Penhold. Some people said he didn't have it in him.

Snags-Servicing Foul Ball was considered to be a rousing success. A good time was had by all including all aircrew present. In support of this function a certain Captain got his haircut for the thirty second time in as many days.

A tentative posing message was received by 5 AE Techs on 409 strength. Ottawa's getting cute in the wording of their messages.



CPL. G. R. N. WARD, RS Tech is shown being presented with a cheque for \$41.60 and Suggestion Award Certificate by the CFB Summerside BAMEO, Major T. J. Bideau. This award was presented for Cpl. Ward's suggested modification to the Argus AN-ASV 21 Search Radar System. CF Photo

The Nice People



ROBERT HOLMES

This issue's "nice guy" is the hard working Head Gardener from CFB Comox. Many of us have probably passed by the small greenhouse complex behind the auto club and really not given it much thought. However, there is a fine gentleman there by the name of ROBERT HOLMES who goes about his business of making our base "look good".

Robert hails from Cumberland and for twenty-eight years was a coal miner in the underground mines of that area. Some eleven years ago he sadly watched the era of coal mining come to a halt in the Cumberland mines. It was at that time that Robert was forced to seek other employment and joined the Grounds Maintenance staff at CFB Comox.

His ardent love of flowers eventually led him to the "Flower Power" section and for the past three years, he has led the section as Head Gardener. As is quite often the case, the individual who provides the very noticeable function, himself goes unnoticed and many of us never get the opportunity to meet him.

Robert and his staff are responsible for all the beautiful flowers and shrubbery that adorn our grounds during the long Comox growing season. It takes long arduous hours of love and dedication to keep things looking "ship shape" and Robert and staff certainly do an excellent job. As well, there are many other little things that he does to keep so many people happy. He provides flowers to the Base churches, messes, offices, quarters, and even to individuals in the PMQ area. Certainly a job above and beyond the call.

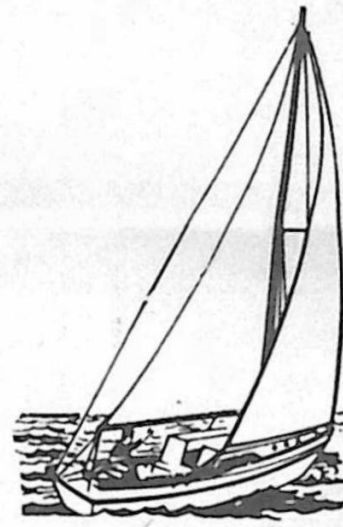
Robert started out back in Coleman, Alberta, but like so many other valley residents, he thinks that this area is the greatest and has a particularly strong affection for his town of Cumberland. Robert and wife Helen carry on flower gardening as one of their main pastimes at their home there.

Robert is also a serious river fisherman and has travelled over many of the area's fresh-water streams in search of the wary trout. He loves the Base, its people, and particularly his job. His one regret is that he will have to retire in a few years and give it all up.

To a truly fine and dedicated gentleman, we at the Totem Times salute ROBERT HOLMES -- you are one of the "NICE PEOPLE". C.M.K.

PORT AUGUSTA MOTEL

- Deluxe Units
- Cable Television
- Heated Swimming Pool
- 1 & 2 Bedroom Housekeeping Units
- Dining Room



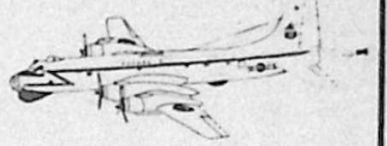
A MOTEL BUILT BY AIR FORCE ENCOURAGEMENT AND EFFORTS TO CATER TO THE SPECIAL NEEDS OF OUR SERVICEMEN.

Centrally Located in Comox overlooking beautiful Comox Bay.

RESERVE NOW AT THE PORT AUGUSTA

PHONE 339-2277

SERVICES WE OFFER



HAVING A PARTY, WEDDING, ETC.?

We make up trays of Mixed European Sausage. Just call, give the party size and the amount you want to spend. We do the rest. For Christmas Parties book your order early.

We make Smoked Sausage from Game, Beef Trim, etc. We offer a variety of Four Salami, Summer Sausage, Pepperoni and Garlic Sausage. Also Fresh Frying Sausage.

WE CURE AND SMOKE YOUR BACON AND HAMS

WE DO CUSTOM CUTTING CENTRAL MEATS OPERATES AS A COMPLETE MEAT MARKET

CENTRAL MEATS LTD. LTD.

491 - 5th Street

Courtenay, B.C.

PHONE 334-4921

"WHAT'S NEW?"

SEIKO QUARTZ WATCHES - The most revolutionary development in time pieces of the decade. Accuracy within 5 seconds a month. We also stock "up to the minute" styling in Orient, Waltham, Voltaire and Candino watches.

DIAMONDS - Traditional or modern settings for that very important occasion.

BIRTHSTONE, FAMILY AND COCKTAIL RINGS - A large stock of selective styles. Choose yours today.

CHARMS & BRACELETS - Sterling or 10K Gold. A "fun" gift to permanently record the "happenings" in your life.

ALL MERCHANDISE GUARANTEED

Geo. Hamm

CPR Watch Inspector
WATCHMAKER & JEWELLER LTD.
332 - 5th St., Courtenay, B.C. 334-3911

C to C

COAST TO COAST REAL ESTATE SERVICE

As an Associate Broker of the A. E. LePage Coast to Coast Real Estate Service, our Company can obtain information concerning your housing needs from more than 160 highly reputable realtors across Canada. An advance referral can have an agency waiting to greet you with your specific requirement having been researched ahead of time.

To assist your advanced planning, we have comparative catalogues available in our office and experienced salesmen to advise you.

Start now to plan your next move. We're able to make it easier at both ends. Drop in to see us soon.

P. LEO ANDERTON & CO. LTD.

526 Cliffe Avenue, Courtenay, B.C.
PHONE 338-5321

NORM HOWARTH
DAVE AYENT
JOHN CALDER

334-4576
338-8333
339-3839

CHARLES DOVE
MERT FLETCHER
TONY HAGY

339-3016
339-2404
337-5030

LIVE ONE MONTH "RENT FREE"

Yes! All tenants signing a 6 month lease will receive one month rent free in Comox Valley's newest, most beautiful and luxurious apartment building —

THE SEASCAPE APARTMENTS

2187 Comox Ave., Comox, B.C.

74 ONE AND TWO BEDROOM SUITES

(40 with Ocean and Mountain View)

Plan to be really prepared for Xmas — we will be ready for occupancy December 1st.

RENTALS START AT \$175.00 for 1 BEDROOM and \$235.00 for 2 BEDROOM SUITES

CHECK THESE FEATURES —

- Elevator
- Ocean and Mountain View
- Wall to Wall Carpeting
- Electric Heat
- Colored Appliances

- Sliding Glass Doors to Individual Patios
- Drapes Supplied
- Controlled Entrance
- Laundry Room Each Floor
- Locker Room Each Floor
- Resident Manager

CHILDREN ACCEPTED 1st FLOOR ONLY

For Appointment to View Phone 339-5417



Denny Hillier - Low Gross

Mushroom Mutterings



Greetings again, y'all!! More words of wisdom from the Mushroom Farm. This time, we'd like to announce a NOTAM for all west coast pilots. There will be NO crashes, AirEvals, searches, transport runs, training flights or any other kind of flying by 442 (T&R) Squadron on Thursday 9th Dec.

This is the date of the 117th Annual 442 Squadron Christmas Stag, Broomball Conflict, and Frog-Poppin' Contest!! In order that all squadron personnel may attend, the above NOTAM will be in effect until 12:00 hrs. on Saturday, 10th. of Dec. - the extra time to allow the aircrew hangovers to subside. As part of the CSBC & FPC, the aircrew will again play their dirtiest in their annual attempt to better the Mushroom Men at broomball. This confrontation will take place in the Glacier Gardens at 12:00 hrs. - survivors will be toasted at the Totem Lounge immediately thereafter. During the festivities, a final send-off will be given to Clarence B. "Man Mountain" Osborne (or, "SIR", to you). This will be the last chance to defeat him for the West Coast Leg-Wrestling Championships. A special attraction will be a Weight Guessing Contest by the ParaRescue types. All present or ex-442 (T&R) Sqdn. members are invited-urged-begged-threatened (pick one) to attend.

For those already with the Christmas spirit, or buddies too far away to shout to, 442 Squadron Christmas Cards are available through Capt. Ellis at \$3.00 a dozen.

For the edification of all members and ex-members, the 442 festive season schedule is: Sat. 4 Dec. - Sqdn. Officer's Mixed Xmas Party; Thurs. 9 Dec. - Sqdn. Stag; Sat. 18 Dec. - Sqdn. All-Ranks Xmas Party; Mon. 20 Dec. Sqdn. Hand-Over Reception (in Totem Lounge).

The Mushroom Farm has some strange types wandering around this week. Their odd dress and weird language may be a puzzle to you, but the Martians have not landed. These are "boffins" from DeHavilland of Canada. It seems that after eight years in service, someone discovered that the book (AOI) on the Buffalo single engine performance was in error and picked 442 Sqdn. as the place to try everything all over again. Could it be because our weather is so sunny (?) and warm while Toronto is buried under all that strange white stuff? Or merely because 442 questioned the error in the first place? Only the Shadow knows!!

In the Personnel News, No. 2 Crew will be without half its badly needed leadership, and the Base Hockey Team will be able to relax somewhat, as Sgt. "Paddy" O'Rourke starts his clearances Monday. He plans to return to Kentville, Nova Scotia, to collect his Pension cheques, and all the unemployment dollars he can steal... as if Nova Scotia didn't have enough idle civilians!! Cpl. and Mrs. Stan Doubleday are pleased to announce the arrival of a bouncing baby boy. Our token "Pongo" is beaming about it all since the kid took one look at him and yelled, "Suck in that gut!" Who said Brown-jobs weren't born.

To the Fixed-Wing pilots: Don't worry. That unusual aircraft stored in the hangar is a Twin Otter - not a Buffalo that got caught in the rain!!

The photos were missing from last issue of the Totem Times, that show the Award-winning "Swingers" during the 442 Golf Tournament.

Karen's Kolumn

FOR those of you who didn't notice, my column was absent from the last issue of the Totem Times. To those who did miss it, I apologize. Unfortunately, I could dig up nothing worth writing about. Congratulations are extended to Olive White who will become Mrs. Tim Murphy on the 19th of this month. Three new girls have arrived on base. They are Lise Gauvreau, Linda Gouliquer and Jean Bird. Welcome to CFB Comox!



Wally Berger - Low Net

HELP

A Column With No Name

It has recently been brought to my attention that the administrative clerks on this base are one of the few groups without their own representation in the paper. So here it is; a new column to let the rest of the base know what we are up to.

Obviously the column needs a name, and that's where you come in. If you have any ideas please submit them before the next deadline to Pte (W) Letson in R&D (Rm 1 Headquarters) at Loc. 370. The postings clerk, MCpl. Beyea, has kindly offered an all expense paid trip to Egypt for the winning name.

This month has seen a shift in job positions for two of the adm. Ptes. Donna Grice moved from CR to the 409 OR. Olive White left there to go to R&D where she is now coping with rations and TD. Pte (W) Marj Douglas is a new arrival from Esquimalt, she is a postal clerk and is working in CR. We hope she enjoys being in Comox. Sgt. Eddy, formerly in charge of R&D is now NCO ic URS. Rumor has it that the New York Cosmos were looking at Chuck to replace Pele, but due to a devastating ankle injury they have backed out of contract talks. Sgt. Holmes is arriving from Ottawa to take over the position of NCO R&D, welcome to the land of milk and honey.

Capt. Wally Muzychka has recently broken his shackles and is now a free man. Good luck on civy street, base housing will never be the same again. Since MCpl Wayne Nester's return from his global cruise ("deserving serviceman") war stories abound in the BOR. Pte Dave Pilon, on loan from 407 Sqn to the BOR in mornings for his OJT, is noted for saying th his coffee break is now only from 1300 to 1630. All joking aside, we really would like suggestions from you for content, and a name for this column, so for next issue let's have your help.

Classifieds

FOR RENT:
One bedroom suites in new apt. bldg., w/w carpeting, fridge, stove, drapes. Rents from \$185. Ph. 339-5417.

FOR RENT:
Two bedroom suite in new apt. bldg. Over 800 sq. ft., w/w carpeting - drapes - stove - fridge. Children and small dogs welcome. NO CATS. Ph. 339-5417 to view.

FOR SALE:
26 in. black and white T.V. Excellent condition. Phone Peggy Clark, Local 358.

RETIRING?
You only live once so why not enjoy your retirement in Sunny Victoria? For information on homes, lots, etc., in the Victoria area, write or call collect to

BAZ PHAROAH - RCAF - CAF RTD
NEWSTEAD REALTY LTD. 1637 Fort Street, Victoria, B.C. OFFICE: 598-5166 HOME: 658-8449.

**DON'T BE SHY
GIVE IT A TRY
ENTER
MISS CFB
COMOX
CONTEST NOW**

Tailgating And You

We think of tailgating as deliberately and annoyingly riding the tail of the car ahead in an attempt to push it faster or make it move over. While this is the most vicious form of tailgating it is by no means only one or the most common. You can be a conscientious driver moving along with three or four car lengths between you and the vehicle ahead and still be tailgating if you cannot stop when you have to. The trick is knowing how much distance is a safe distance.

The daylight hours are shorter now and visibility is limited. Frequently drivers are travelling at speeds where stopping distance exceeds the distance they can see. Any traffic condition that causes a sudden slowdown can trigger that most spectacular and massive of highway disasters - the chain-reaction pileup.

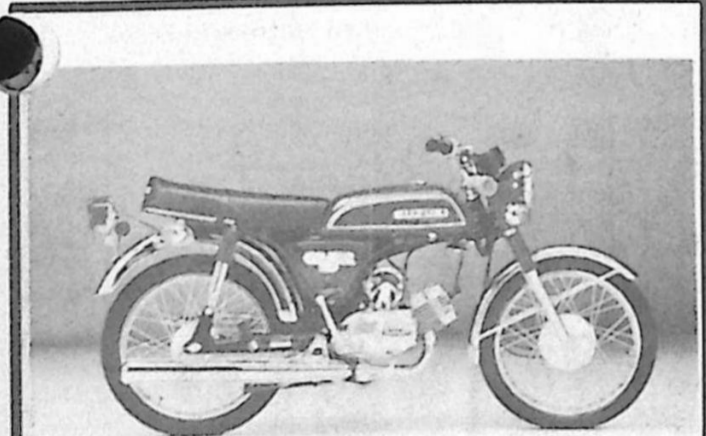
As you drive along, a danger zone moves with you. This danger zone includes the distance in front in which you cannot stop and the distance in back in which the following driver cannot stop. This multiple chain-reaction collision almost invariably involves two separate and potentially devastating crashes - you pile into the car ahead and someone behind piles into you. If the first does not kill you the second may.

At 55 mph with good brakes and tires on a dry, level, paved surface it takes 230 feet - about 13 average car lengths to stop and that is after you have applied the brakes. The period it takes your mind to react to danger and your foot to get on the brake increases the distance. At 55 mph a car covers about 80 feet every second. Worn tires, poor brakes, slippery road surfaces multiply your stopping problems. Many drivers feel that two or three car lengths are an adequate space cushion and gamble their lives - and yours - on that assumption.

The generally accepted safety rule now is to maintain at least two car lengths between following vehicles for every 10 mph of speed. A separation of ten car lengths at 50 mph in today's heavy highway traffic is not always possible, practical or even safe. You drop back to what is supposedly a "safe" distance and someone else cuts in front to fill the gap. You drop back again and another car cuts in and so on. This increases the possibility of lane-changing mishaps as well as rear-end collisions. However, the latest system advocated is to allow at least two seconds of time between you and the car ahead.

Two Second Rule - Use a road sign, light post or any fixed object near the road as a reference point. As the rear of the car ahead passes the check point start counting slowly "one and, two and." Each count approximates a one-second interval, so the front of your vehicle should not pass the same check point before you have finished counting. This will give you a two-second separation, which at 55 mph provides a reasonable stopping distance of about 160 feet. Under especially hazardous conditions involving rain, snow, ice or uneven pavement, you should increase your count, allowing more separation. It simply does not pay to tailgate or to get upset if someone steals your safety cushion. Avoid the temptation to compete with, or retaliate against, the driver who wants to get ahead of you. Let him go - you will get there almost as fast, and more likely in one piece.

Safe Driving Week - December 1st to 7th has been designated SAFE DRIVING WEEK by the Canada Safety Council. Traffic accidents continue to be one of our greatest social problems. The average daily traffic figures indicate one death approximately every 80 minutes, one injury every minute and one traffic accident every 25 seconds. LIVE AND LET LIVE - DRIVE DEFENSIVELY.



SUZUKI A100

Go To Work - Go To School -
Go-Fer Almost ☆ Anything

THE 1977 A100 GO-FER is a real motorcycle with a hundred and one uses (and that's the miles per gallon you can get too!). The tough thrifty 98 c.c. engine has easy-to-use Primary Kick Starting.

GO-FER fits most people, most ages,
most pocket books

HOLIDAY MOTORCYCLE CENTRE

3080B Comox Road, Courtenay, B.C.
Next to Animal Hospital Phone 339-5574
Dealer No. D.00153

HARSEEKA KENNELS

C.K.C. REGISTERED
FOX TERRIER (WIRE)
SHOW AND PET STOCK
BOARDING

Jack and Lillian Kingston

R.R. 3
COURTENAY, B.C.

ISLAND HIGHWAY AT ROYSTON
PH. 338-8891

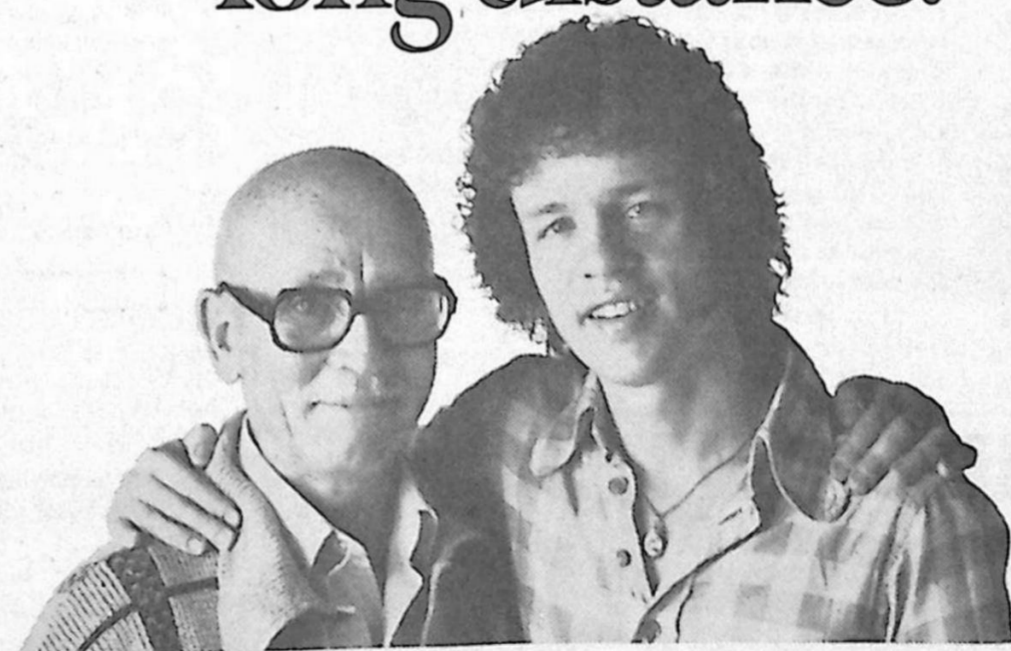
McConochie's FURNITURE AND APPLIANCES (1974) LTD. Your Home Furnishings Headquarters

- ☆ WESTINGHOUSE
- ☆ RCA TV & APPLIANCES
- ☆ QUASAR
- ☆ FLEXSTEEL
- ☆ GIBSON
- ☆ SIMMONS
- ☆ SPEED QUEEN
- ☆ GRANGE
- ☆ LLOYDS
- ☆ COMFORT
- ☆ PRINCEVILLE

Complete ALL MAKE Appliance Service
including Domestic Refrigeration
Where Service Follows
the sale

430 Fifth St.
Courtenay, B.C. Phone 338-8114

It's never too late to save on long distance.



Long distance discounts within B.C. on most station-to-station calls you dial yourself (112). Minimum charge 20¢ per call.

Monday - Friday 5:00 p.m. - 11:00 p.m.	Every night 11:00 p.m. - 8:00 a.m.
Saturday - Sunday 8:00 a.m. - 11:00 p.m.	
35% off regular day rate.	60% off regular day rate.

Call someone who's far away.

And get away with our best discount. 60% off the regular day rate between 11 p.m. and 8 a.m. to most places in B.C.

It's never too late to get together. Or too early.

B.C. TEL

Ground Pondering

In the past, Canadians have felt both a duty and a moral obligation to fight for and defend their country in times of crisis.

For example, when, on 10 September 1939, Canada declared war on Nazi Germany, volunteers to join the Forces were in abundance. Would-be recruits queued outside recruiting depots three hours before opening time. Many had to be turned away, and yet, within a single month the Forces had grown by 60,000 men. Although it was eventually implemented, the number of volunteers rendered conscription almost unnecessary. (People responded similarly in August 1914, the beginning of the First World War.)

Notwithstanding the fact that Canadians are an unmilitary people, they have, in periods of war, always enthusiastically rallied to fight, even when the enemy was half a world away. Those who shirked their responsibility were shunned and condemned by society, for everyone was expected to do his duty.

But our society has been subject to dramatic change since 1939, particularly concerning the attitudes of the young. If Canada were to go to war tomorrow, there is some cause to wonder if the people's response would be at all similar to that of the past. Would the recruiting

offices be overwhelmed or remain idle? Would Canadians rally to defend Canada as they did in years gone by?

Hopefully, most would, but there is a growing number who probably would not. The "tune in, turn on, drop out" attitude, combined with the obsessive preoccupation with "freedom" and the "rights" of the individual, have done much to prejudice any sense of patriotism amongst many young people.

It is hard to imagine anyone who manifests himself with abnormally long hair, unorthodox dress, unusual mannerisms, and an aversion for anything which suggests the status quo, submitted to military discipline, much less risking his life for the country.

It is equally hard to imagine someone who considers it his "right" not to work if he is so inclined, and yet still receive support from the state, to turn about and make personal sacrifice for the state. There is no feeling of moral obligation to help the country, since, it is their "right" to do whatever they please.

Thus, the sense of duty that used to be felt towards the country is now lost to many people. It is disconcerting to realize that those who take the most, often unfair, advantage of that which our country provides would also be those least likely to defend us.

"A Healthy Sign"

So many of our headlines and news items today are indicative of problems, trouble, complexity and confrontation, that it is refreshing to come across some good news.

It became popular several years ago to talk about the growth of metropolitan areas transformation of large cities into megalopolis. We visualized huge urban areas spreading for miles and miles and miles containing a horrendous concentration and highly developed of people. And certainly there appeared to be just cause for many of the assumptions, forecasts and concerns about such developments.

It is refreshing to note that in Canada it is not quite working out that way. Certainly Montreal, Toronto and Vancouver have been growing apace, but a study undertaken by Queen's University School of Urban Regional Planning, tells a very interesting and encouraging story.

The small town in Canada is not only continuing to exist, but on average it is thriving. Here are some of the facts reported publicly. The nation-wide study of small towns reveals that Canada's eight thousand communities, with populations of less than ten thousand, are, for the most part, showing great vitality.

Over the last ten years they have attracted people and investment money. Today about four million Canadians live in towns and villages and this is an increase of nearly half a million in the last ten years. In percentage terms many of these smaller centers are growing at a much faster rate than large cities.

The average population growth in small centers has been 13 per cent, not a bad figure when one considers that the total Canadian population growth has been 17 per cent. Another interesting thing is that no Province in Canada has registered an actual overall decrease in small town population. It is certainly true that there are

some Provinces where the increase has been only minimal. The researchers figures estimate that in the last ten years about one hundred and fifty thousand new dwelling units have been built in small centers. This in itself is a two billion dollar investment.

At the same time industrial, commercial and government investment in such centers totalled about seven billion dollars and researchers says this is about 13 per cent of all physical investment in Canada for that ten years period.

Another interesting fact is that these small towns and villages are increasingly becoming far more like cities in character than they are like the typical rural town we thought of some years ago.

In terms of income, education, labour force composition and housing conditions, these small towns showing, more and more, a marked similarity to the larger city areas.

This vitality of the small center in Canada is good news indeed. It means a real dispersal of not only population, but jobs, industry and commercial ventures. It can, and often does, offer a form of "city life" without the pressures sometimes engendered by a huge metropolitan complex.

Canada grew out of the towns and villages of years ago. For many long years it was a pretty healthy growth. The small towns and the villages contributed a great deal to the Canadian way of life. It is comforting to know that they are still playing a very large, if somewhat different role.

It is also comforting to know that as they thrive they may well be able to avoid the planning mistakes and errors which were the natural outcome of rapid growth in the big cities.

It appears that the small town is here to stay and many Canadians will be glad of that fact.

Vancouver Board of Trade



Will We Never Learn?

Normally at this time of year, Search and Rescue activities have settled down from the hectic summer pace to a normal winter routine. However, since the beginning of November, 6 B.C. residents have been killed in 2 aircraft crashes.

In the first incident Mr. Heiman Hansen of Smithers and his passenger from Fort St. James were killed in the crash of a Howard on Fraser Lake. Mr. Hansen had delivered 2 fishermen to Inzana Lake about 75 miles West of Prince George and was to return to Fort St. James to drop the remaining passenger. He never arrived. Because Hansen had not filed a flight plan it was 4 days before RCC was advised.

The wreckage of Hansen's plane was reported to RCMP by Fraser Lake residents. It was not known how or why Hansen came to be at Fraser Lake, which is about 30 miles south of Fort St. James.

On the day Hansen's wreckage was found, Jozef Marton of Victoria, 2 sons, Ian and Robert, and friend Mr. Wilson, flew from Victoria to Kelowna and were to return that evening. Marton reported 5 miles north of Abbotsford at 1700 local, heading for Victoria. The weather was bad. The wreckage of Mr. Marton's C172 was found 5 days later near the north end of Stave Lake, 30 miles north of Abbotsford. Again it is not known just how the aircraft got diverted north. The result - 4 more dead.

Search activities in B.C. are increasing each year as more and more pilots take to the skies. 442 Sqn. has had a good amount of success in locating downed aircraft. But our job would be a lot easier if pilots adopted some defensive flying habits. Actions such as filing flight plans and staying out of bad weather are easy to take and indeed, if they had been followed, 6 more citizens of B.C. would be alive today.

Frustrations

Dear Sir: What's the matter with the serviceman today?

He isn't willing to accept a posting, course or other tasking without coming up with a lot of reasons why he shouldn't go.

I always thought that we had signed a contract to serve in Canada's military force. By signing said contract I was under the impression that we were obliged to serve where we were needed. If I were not willing to take the assignment, I would not weep and moan. It is quite apparent that over the years the serviceman has become too civilized - the service has lost its flexibility.

Maybe it's because the average age of the military man is older than is normally expected in an armed force. Too many people have over twenty years of service and could get out with an annuity on one month's notice.

Maybe it's been the "belt tightening" by the Federal Government in the past which has resulted in fewer postings. If you leave a man in an area too long he doesn't want to move when the time comes.

It's a crying shame - the service just isn't what it used to be.

The Old Corporal Devil's Platoon

AHOP Discussed

By HUGH ANDERSON, MP Comox-Alberni

Due to many enquiries I have received regarding the Federal Government's Assisted Home Ownership Program, this column will be largely devoted to the description of the Federal Government's involvement in this area. In addition to the Federal Government's assistance, there are grants provided by the Provincial Government that aid the first-time purchasers of homes and also can provide second mortgages. This column refers only to the Federal Government Program and is not to be confused with the Provincial.

Aid under the Assisted Home Ownership Program is available to any household of two or more persons purchasing a new home priced within AHOP limits. The applicant must have an NHA-insured or privately-insured loan on a moderately-priced unit that carries a price tag which does not exceed the

maximum set for the area by the CMHC. This amount for the Comox-Alberni area is set at \$38,000 including both house and lot, and may not exceed this amount.

AHOP arrangements provide two types of financial support. All purchasers, regardless of income, are eligible for loan assistance to reduce their mortgage interest rate to 8 per cent. For those who have children and needing additional help to reduce their monthly payments to 25 per cent of income, outright subsidies of up to \$750 per year are also available for year one.

The interest reduction loan is paid by CMHC to the borrower by monthly cheque. Its effect is to reduce the payments on the first mortgage, during the first year, to the level they would be if the mortgage interest rate was 8 per cent.

This assistance is available in decreasing amounts each year during the first five

years of ownership. For that entire period, the loan is interest-free. During this time, if the house is sold or refinanced upwards, the loan must be repaid. At the end of five years, if the principal of the interest reduction loan has not been paid off, interest starts to accumulate. The borrower is not actually required to begin repayment of this loan, plus interest, until the beginning of the seventh year.

The non-payable assistance for home buyers is available if the purchasers meet three conditions:

the purchaser must have taken the maximum interest loan;

this person must have at least one dependent child;

the buyer's income is such that the interest reduction loan is not sufficient to bring the monthly payment on the first mortgage and taxes down to 25 per cent of income. (The income is defined as income from all sources of the principal wage earner and spouse.)

The maximum grant is \$750 the first year (or \$62.50 a month), but the subsidy actually paid will be the amount necessary to bring the purchaser's annual first mortgage and tax payments down to 25 per cent of family income. The subsidy is paid out in decreasing amounts over a five-year period.

The amounts of money loaned and paid out in subsidies are scaled down each year during a five-year period on the assumption that the homeowner's income will rise during that time, gradually reducing the need for assistance. At the end of the five-year period, the financial arrangements may be reviewed and, if warranted, the assistance may be continued.

Further information can be obtained from the local offices of Central Mortgage and Housing Corporation, Chartered banks, Credit Unions, or local Real Estate agencies. The important part of the program to remember is that it applies only to new housing and secondly at housing priced at \$38,000 or less. The aim of the program of course, is to stimulate construction of new housing and also to provide housing that the average working people can afford in a price range that can fit into their budget.

'Bear' Asks

How Fast Were You Going?

By JOHN WINDISH I pride myself on being a very good driver and in some twenty years of driving I have never had an accident and the

only ticket I ever had was for a noisy muffler. I have had several defensive driving courses and sincerely believe in that philosophy.

You can imagine my shock and surprise on a recent evening when, after dropping my son off at the Rec. Centre and proceeding out the gate, the flashing red light and siren of an MP patrol car signalled me to the side of the road and a young MP informed me I had been doing 30 in a 20 MPH zone.

While he collected my licence, ownership and insurance certificate and wrote up a ticket, I sat in my car and fumed. How unfair! This had to be a mistake. I am a good driver. I know the speed limit on Base and in PMQ's is 20 MPH. I wasn't in a hurry, had not been drinking, had watched the road carefully, had come to a complete stop at the intersection. They had to be wrong. I informed the MP that I intended to fight the ticket in the Base Traffic court.

I arrived home still very angry at the injustice of the whole thing and proceeded to plan my defence. I would describe my long record of excellent driving. I would explain that there was no reason for me to exceed the speed limit, I would ...

Then it hit me. I didn't know how fast I was going! I had not looked at my speedometer once before I was stopped. I had depended on my experience to make me aware of my approximate speed. Now, 30 MPH is not fast, but pedestrian and vehicle traffic on the Base, combined with the physical layout of the roads makes 30 MPH too fast for safe driving. That is why a 20 MPH speed limit is necessary and must be maintained.

There is no moral to this little tale unless it's this: On Base and in the PMQ's, keep an eye on your speedometer and don't depend on the seat of your pants to tell you how fast you're going.

How Western Aid Is Wasted

By KENNETH McDONALD

The most urgent problem facing less developed countries is rural unemployment and mass migration to the cities. Yet Canada and other Western countries export to these regions their own highly sophisticated labour-saving methods and equipment which demand considerable amounts of capital, create few jobs and waste scarce capital resources. But the techniques most likely to be appropriate to such regions are those which save capital and emphasize labour, which employ local materials

and which are simple enough to be used and maintained by the people themselves.

This is the philosophy of Dr. Ernst Schumacher's Intermediate Technology Development Group (ITDG) in England, which was visited recently by the President of the Canadian Federation of Independent Business. The aim of the group is "to demonstrate and emphasize that aid must be designed to help the poor to help themselves."

Here is one example from the ITDG. Kenya needs

about 100,000 new jobs every year. But the type of foreign aid it gets works against self-dependence. Take, as a simple example, the cookbook imported from Britain for use in domestic science training. Everything in the book presupposes the use of electric stoves, refrigerators, mixing machines, etc., by well-educated cooks. Instead of catering to Kenya's conditions - tropical fruits and the effects of its high altitude on cooking - the teaching system has created a demand for imported food and cooking equipment.

The cookbook example typifies a process of technology transfer which takes no account of local conditions. To put it in terms of an agricultural implement scale from 1 to 100, many Third World countries are at the stage of the plow (1) while U.S. and Canadian Prairie farmers are at the stage of the combine harvester (100).

The appropriate technology for Kenya might be a simple, geared machine, more productive than the plow but using little or no fuel - say at the scale of 30; something that could be built and maintained locally from the resources that are already there.

By the same token, many areas of Canada have no use for technology at the scale of 100. What they need is something around the 70 mark, that is economical in fuel, relatively cheap, which lends itself to local manufacture and maintenance within the skill capacity of regions themselves and is appropriate to the size of the local market.

Canada's regional and rural communities don't need technology transfer from central Canada. They need access to information on mini-plants that would be suitable to their area and could be made available to local enterprises.

OPEN LETTER

'Sic Transit Gloria Mundi'

I'm mad!! I was on the Courtenay Remembrance Day parade, and I'm mad!! Not at having to go on the parade, that comes with the uniform - but at all the people who not only didn't bother to observe the ceremony, but didn't have the common courtesy to halt their vehicles for the two minutes of silence. A lousy two minutes in honour of the dead of two World Wars, a "police action", and a growing list of United Nations actions.

I realize that the Highway is the only road link on this island, but surely stopping traffic for a fifteen minute ceremony is not too much to ask. The ceremony at the

Courtenay Cenotaph was attended seemingly by only the very young, the military, and the very old. When I was in school, Remembrance Day was a two minute silence signalled by sirens, then work continued. Then the unions got strong enough to demand the entire day off for their memberships. Now, almost everyone shuts down for the day, yet they can't be bothered to stop for the two minutes. Remembrance Day has even regressed so far in some people's minds, that they willingly worked so they could have a long weekend.

The people of the Comox Valley and the rest of

Canada might do well to observe the people of Holland. You won't find a single weed in any of the Canadian Military Cemeteries there and the graves are never without flowers. The people of Holland don't remember the military dead of Canada for two minutes a year - they remember them every day of the year.

I wonder if the sacrifice of those who's names are engraved on memorial plaques across Canada was worth it.

(THUS PASSES AWAY THE GLORY OF THE WORLD!!)

W.L.E.

Where's Our Gate Guard

CFB Comox is unusual! Unusual in that it is one of the few air bases anywhere that does not have a gate guardian. Aircraft have been flown off the Comox runways since 1944, yet not one of all the different types to operate here has been preserved. Why not? Cold Lake has a CF-100, Moose Jaw has a Harvard, Portage la Prairie has a Tutor, and Winnipeg has three - an Expeditor, a Dakota, and a Mitchell. Our base personnel are as talented technically and as keen as any. Why not select an aircraft as a gate guardian and allow volunteer workers to restore it and mount it at the front gate. There is a large empty field just inside the gate that would provide enough room to mount an Argus.

In Nanton, Alberta, battered by weather and vandals, stands a Lancaster B.X. It is incorrectly painted and marked, but carries the colors of 407 (Demon) Squadron, CFB Comox. Should it be allowed to be battered into scrap at some wide spot in a prairie highway while Comox has no memorial of any sort? W.L.E.

Who's Nuts? We Are!



NEXT TOTEM TIMES DEADLINE NOV. 29

CNA TOTEM TIMES

Published every second Thursday, with the kind permission of Col. R. L. Mortimer, Commanding Officer, CFB Comox. Editor: Al Wilson (371) Assistant Editor: Gord Kruger (404) Editorial Staff: Chris Hosford, Norma Mortimer, Bill Ewing, John Windish

Photographers: Chris Hosford Sports & Recreation: Gord Kruger (404) Proofreaders: Blanche Campbell, Cecile Begin, Joyce Taylor and Rhona Windish Circulation: The Geneau Family 338-8215; in PMQs As community service by Teen Town. Business Manager: Jock Campbell (409) Advertising: Ken MacLean (275)

The TOTEM TIMES is an unofficial publication of CFB Comox. The Editor reserves the right to edit copy and reject advertisements to suit the needs of the publication. Views expressed are those of the contributor unless expressly attributed to DND, CF or other agencies. In case of typographical error, no space charge for the erroneous item. Advertising is an offer to sell and may be withdrawn at any time. Address correspondence to The Editor, Totem Times, CFB Comox, Lazo, B.C. Printed in Courtenay, B.C., by Comox District Free Press



Photo Pot Pourri



Colonel R. L. Mortimer Takes Salute From Pipers During November 11 Ceremonies



PHOTOGENIC GROUP - (L-R) MCpl. "Sam" Dunn, PMC Junior Ranks Club; Mr. Bryson Parham, President of Cumberland Legion Branch No. 28; MWO "Vic" Jordan, Vice PMC Sergeant and Warrant Officers' Mess; Mr. Pierre Lahaye, 1st Vice President Comox Legion Branch No. 160; Capt

"Mike" Gibbs, Chairman Officers' Mess Entertainment Committee; Mr. Roy Brooks, President Courtenay Legion Branch No. 17. Gentlemen were taking part in a social gathering at CFB Comox after the Remembrance Day ceremonies last week. (Base Photos)



Three Generations Represented

A gathering of veterans and serving members of the Canadian Forces in the Junior Ranks Club after the Remembrance Day ceremonies included (L-R) Private Jacques Mercier, a 19-year-old AF Tech on 409 Squadron; Mr. Edwin Tillotson, an 84-year-old veteran of WW I; Colonel R.L. Mortimer (44), Base Commander; Mr. Mark Fetherstonhaugh, an 80-year-old veteran of WW I and WW II; and Private Daniel Duchesne, a 19-year-old AE Tech on 409 Squadron.

Pte. Mercier from Palmarolle, Quebec, joined the Canadian Forces on 11 Dec. 1974. Pte. Duchesne from Lafuque, Quebec, will have 2½ years on 19 Nov. 1976.

Mr. Tillotson served in the 1st Canadian Machine Gun Battalion over in Europe between

1915 and 1918. He was employed in the Burrard Drydock during WW II. Mr. Tillotson has a grandson who is currently with 442 Squadron. His son, George, has recently retired from the CF after 30 years of service. Mr. Tillotson lives in Comox.

Mr. Fetherstonhaugh joined the army on August 14, 1915. He was commissioned in the Territorial Army - Yeomanry. He served in France where he was attached to KLSLI (Infantry); in India in 1917 - Poona Horse 1918 - 22; in the B.C. Provincial Police in 1930; in the Provost Corps of the Army 1944; and then back to the B.C. Police in 1948. He currently lives in Comox. He has two daughters, eight grandchildren, and two great grandchildren.

(Base Photo)



ANOTHER FIRST for Air Command. Two pilots from 434 (Tac F) Sqdn. flew their CF-5A fighters non-stop from CFB Comox to CFB Shearwater on November 7th. L.Col. Scott Clements, CO of 434 Sqdn. and Capt. Rod Sword touched down at Shearwater after 4 hours and 29 minutes of uninterrupted flight. The trip, to demonstrate the deployment capability of the CF-5s, was the first coast-to-coast non-stop flight for Canadian Forces fighter aircraft. 437 (Transport) Sqdn. CFB Trenton, provided the CC-137 Tanker for the inflight refuelling that has become a regular occurrence for 434 and it's sister squadron in CFB Bagotville, 33 ETAC.

(Base photo)



HORSEMEN IN LINE FOR A CODE 10-16? - Mrs. Horochuk's dark blue suit contrasts with the scarlet tunics of Constable Barry McKenzie and Sergeant George Phillips. The trio were enjoying the hospitality of CFB Comox in the Junior Ranks' Club after Remembrance Day ceremonies last week.

(Base Photo)

\$1,000 Prize

A grand prize of \$1000 is being offered in a new poetry competition sponsored by the World of Poetry, a monthly newsletter for poets. In addition, there are 49 cash and merchandise awards.

Says Poetry Editor Eddie-Lou Cole, "We hope to encourage new poets - even poets who have written only one poem."

For rules and official entry forms write to: World of Poetry, 801 Portola Dr., Dept. 211, San Francisco, California 94127.

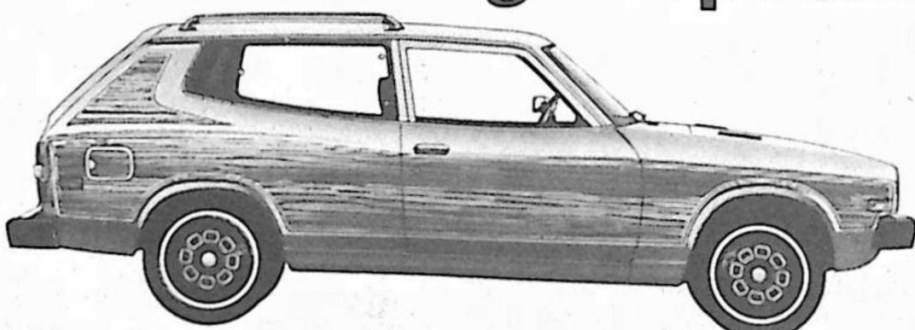
DID YOU KNOW

that some children think the Family Allowance is for them? Some even demand it.

Well, you're not required to turn the Family Allowance over to a child.

Family Allowances are paid to supplement the income of Canadian families, to be used by the parent for the benefit of the child and home.

The Datsun F-10 "Estate" Wagon Special.



The fun starts with front-wheel drive!

The Datsun F-10 Estate Wagon Special has a lot more going for it than just the fun of front-wheel drive. The F-10 has a whole lot of other features that make it a driving pleasure: 4 on the floor • Rack and pinion steering • Power-assisted front disc brakes • Tinted glass - all round • Reclining front bucket seats • Over 52 cu. ft. of luggage space available • Chrome roof rack • Special simulated Woodgrain panelling - fun with a touch of class!

Great gas mileage - up to 49 miles per gallon on the highway!

Test-drive a Datsun F-10 Estate Wagon Special today. Find out how much fun you can get out of driving now!

*Based on U.S. E.P.A. tests; your mileage will vary according to the kind of driving you do. **Local freight, pre-delivery inspection and Provincial taxes extra.



\$4320.00

COURTENAY DATSUN LTD.

640 Cliffe Avenue Courtenay

Dealer Lic. 1449A

338-5335

WEEK-END SPECIAL

2 Nights For 2 For Only \$32

Relax and enjoy 2 great nights at

BEST WESTERN THE INTOWN INN
653 Dunedin Street, Victoria, B.C. 388-8667

GOOD FOR ANY 2 NIGHTS -
FRIDAY, SATURDAY, SUNDAY

INCLUDES:

- ☆ LUXURIOUS BED SITTING ROOM
 - ☆ COLOR TV
 - ☆ FREE CONTINENTAL BREAKFASTS
- Just off Douglas at Burnside Road
(Turn right at the big orange 76 ball and you're home)

**At the Top of the Hill
COURTENAY CHRYSLER PLYMOUTH
(1970) SALES LTD.**

Dealer Lic. 10004

TOP QUALITY

TOP QUALITY

☆ **- VOLARE - ASPEN -** ☆
"CAR OF THE YEAR" AWARD WINNER

DODGE TRUCKS - PICK-UPS - VANS -
wagons

**CHECK AUTO-CLUB PRICES
AND THEN SEE US**

Bank Financing
available on
approved credit.



WALTER YEOMANS
W02 (Retired)

CHALET MOTORS

TRUCKS

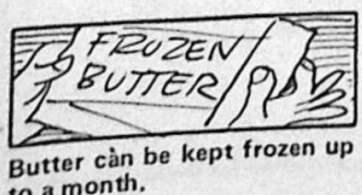
67 INTERNATIONAL VAN 4-Dr. 4 x 4	\$1695
68 LAND ROVER 6 cyl., 4-Dr. Station Wagon	\$3895
71 FORD E-300 WINDOW VAN V-8, A.T. New Paint	\$3195
67 FORD F-100 EXPLORER 6 cyl. Standard	\$895
76 COURIER P.U. A.T. 8,000 miles	\$3995
74 GMC ¾-TON P.U. V-8, A.T. P.S. P.B.	\$3895
74 FORD F-250 P.U. V-8, A.T. P.S. P.B.	\$3295
73 MAZDA P.U. 4-Speed Transmission	\$1995
CAMPERETTE For Small Pick-Up	\$695

CARS

73 MAZDA RX3 Station Wagon, A.T.	\$2695
66 MUSTANG V-8, A.T. Radio	\$1695
74 MAZDA RX4 Station Wagon, 11,000 miles	\$3995
72 DATSUN 510 2-Door, Blue	\$1695
71 DATSUN 510 Sedan	\$1295
71 MAZDA 1800 Station Wagon, New Paint	\$1295
72 MAZDA 616 Hardtop, 4 speed	\$1895
73 AUSTIN MARINA Coupe, A.T.	\$2495
74 DODGE COLT Hardtop	\$2295
66 MERCEDES 4-Door, Sunroof	\$1695
73 MAZDA RX3 Station Wagon, Radio, 4 Speed	\$2495
73 TOYOTA 1600 COROLLA New Paint	\$1995
72 DATSUN 1200 Coupe, Green	\$1695
75 MAZDA 808 Coupe, 4-speed trans. 8,000 miles	\$3295
67 FORD FAIRLANE V-8, A.T. 302, P.B.	\$1195
76 HONDA HATCHBACK 17,000 miles	\$3295
70 MAZDA 1500 Sedan	\$1295

CHALET MOTORS

Dealer No. 06035 Courtenay
148 Island Hwy. Phone: 338-5478



Butter can be kept frozen up to a month.

Sports Beat Comox

News From The Jock Shop

The ladies are having a ball! We have a total of 27 ladies attending classes doing a little jogging, a few exercises and playing the odd game. We have Monday, Wednesday and Friday mornings from 1000 to 1100 hours. There is a babysitter to look after the little ones so come out and enjoy yourself.

PAC REGION SQUASH TOURNAMENT

The Pac Region Squash tournament will be held in CFB Esquimalt 10 - 12 December 76.

Entries will be unlimited per Base Station and Unit, but the aforementioned must designate five (5) players who will compete for team championship.

The official ball for the tournament will be the English yellow dot (softball). All CFB Comox personnel interested in entering this championship are to contact the Rec Centre, local 315 by the 1st December 76.

ATTENTION CFB COMOX SERVICEWOMEN

The Area One Servicewomen's Badminton, Bowling and Curling Championships will be held in CFB Shilo the 24 - 27 January 77.

This is a chance for the CFB Comox girls to group together and represent the Base. For those that are interested and or would like some more information on the Championships you are

requested to contact the Rec Centre as soon as possible. The deadline for entries will be no later than the 7 Jan. 77.

ATTENTION SKIERS

A Ski Clinic will be held in the Social Centre at the Rec Centre commencing at 1930 on Tuesday the 23 Nov 76.

This certainly will be a well worthwhile venture for all of you skiers to attend. Mr. Mike Fournier of Telemark Sporting Goods (Driftwood Mall) will be the conductor.

PAC REGION BOWLING TRIALS

The Pac Region Bowling Championships will be held in CFB Chilliwack from the 10 - 14 January 1977.

The "Roll-offs" for this year's Station team will take place at the CFB Comox Alleys from the 22 - 25 November between the hours of 1300 to 1630.

The Alley Manager, Sgt Russ Englemeyer and his Staff will be conducting the trials to determine team selection and it is certainly hoped that a large number of Bowlers do their stuff.

Regional Championships are a great thing for the

deserving people of Base, Station and Units as it not only gives the competitors a chance to compete and represent their respective Units, but also the most important of all is to renew old acquaintances and catch up on the latest techniques.

There are a number of good bowlers on this station, and it is hoped that the team formed from these "Roll-offs" will do well enough to win the Pac Region Championship and

place members on the Nationals team. **PAC REGION FLOOR HOCKEY CHAMPIONSHIPS**

Yes we do have a team for the upcoming Championships which will be held here at CFB Comox in the Rec Centre from the 2 - 4 Dec. 76.

The response or interest has been terrific and the player turnout has been phenomenal. The team has a Coach and Manager, and practices are being held daily in

preparation for the tournament. The basic rules are taken from the old YMCA Handbook and are practically the same as they were for the old game called "Deck Hockey" (rather nautical) and is played with a Stoker and a Seaman, whoops wrong lineup ... The players use a round stick, no blade, (broomhandle) and a round puck (grommet) made of leather and felt.

The Totems Soccer Club entered the 4 team Pac Region Tournament 5 - 7 Nov hosted by Esquimalt. In the first game the Totems defeated Chilliwack 3 - 1 with 2 goals from Barry Whillans and 1 from Al Ettinger. Our second game saw the Totems dominate everything except the scoring - a 1-1 tie with a goal from Al Ettinger. Our last game against Esquimalt was to decide the winners of the HARDWARE. The half time score was 1 - 0 for Esquimalt scored from a 10 yard indirect free kick. Shortly after the half Esquimalt scored on a penalty shot. The Totems were then forced to go all offensive which produced a goal from Ray Herrington. We missed many good scoring chances and with 10 minutes to go Esquimalt scored their first honest goal. Esquimalt rounded off their scoring by charging the goalie, Jake Duret from behind, pushing him into the goal - final score 4 - 1.

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

preparation for the tournament. The basic rules are taken from the old YMCA Handbook and are practically the same as they were for the old game called "Deck Hockey" (rather nautical) and is played with a Stoker and a Seaman, whoops wrong lineup ... The players use a round stick, no blade, (broomhandle) and a round puck (grommet) made of leather and felt.

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

Bowling With Stan

On Sunday, we held our YBC Master-Junior tournament and the first place winner with 169 points Over Average was the team of Joe Surette, Janet Jones, and Blake Bourgeois. Second place was taken by Sue Epler, Thersa Pokol, and Richard Gunstone with 112 over.

In the Bantams, the Cheetahs have narrowed the Osmonds lead to one point with 51 to their 52. Patricia Stallard is still holding onto High Average with 118 for the girls, and Stace Blackmore has the boys with 141. The High Singles were taken by Natalie Gagnon's 137, and Chris Everill's 174. The - doubles for the week were by Natalie Gagnon (259) and Glenn Belliveau (306).

In the Juniors, the Attackers are holding a slim one point lead at 16 points, over the Bozos and the Strikers. Janet Jones has moved into the lead for girls High Average with 161, and Ronnie Shaw kept his lead with 156. The High Singles were taken by Molly Sharpe's

194 and Ronnie Shaw's 214 (a new High Single). The High Doubles were taken by a 341 by Janet Jones and Theresa Pokol, and Ronnie Shaw set a new High Double of 371.

In the Seniors the Hustlers and Head Pins tied at 19 points each. The High Averages have been taken over by two new leaders, Karin Naso heads the girls with 188, and Donald Acton the boys with 186. The High Singles are held by Karin Naso's 274, and Rene Weel's 260. The High Triples were taken by Karin Naso's new high of 682, and Donald Acton's 641.

In the Men's League, the Geenplumkers have the lead with 23 points. Stan Prime has taken over High Average with 222, and Russ Engelmeyer and Dusty Miller right behind him with 221. J. Cassiko has taken the season High Single with 311 and Russ Engelmeyer took the weekly High Triple with 704.

The Ladies League is still being led by the Half and Halves with 22 points. D. Dickins is holding the lead

with a 202 Average. The weekly Single and Triple were taken by F. Mark's 279 and R. Brice's 646.

In the Wednesday Ladies League, the Whitecaps maintain their lead with 14 points. Edie Prime's 200 Average is being pushed by Marilyn Stroud's 199. Marilyn Stroud also takes the High Single and Triple with 240 and 665.

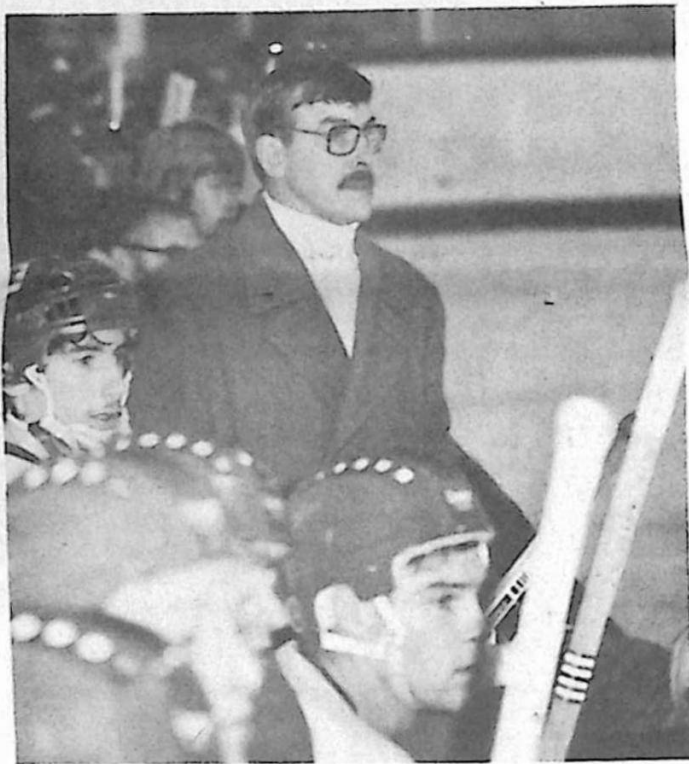
In the Wednesday Mixed League, the Old Timers are leading with 23 points with Stan Prime and Gail Engelmeyer holding the High Averages of 233 and 198. The Singles were taken by Ron Mitchell's 269 and J. Fischer's 261. The High Triples were Stan Prime's 673 and J. Fischer's 633.

In the Sunday Mixed League, the Beer Frames and Camels are tied with 21 each. Jim Brown's 214 and L. Filler's 201 are good for High Averages. Merv Ireland's 270 and G. Perry's 251 were the High Singles for the week. M. Ireland's 712 and L. Filler's 671 were good for the High Triples.

In the Men's League, the Geenplumkers have the lead with 23 points. Stan Prime has taken over High Average with 222, and Russ Engelmeyer and Dusty Miller right behind him with 221. J. Cassiko has taken the season High Single with 311 and Russ Engelmeyer took the weekly High Triple with 704.

The Ladies League is still being led by the Half and Halves with 22 points. D. Dickins is holding the lead

Totem Hockey



Hosford Photo

Paddy O'Rourke, coach of the CFB Comox Totem Hockey team is seen anticipating a scoring threat by his teammates in last Sunday's encounter against the Campbell River Stylers. Not the case as the Totems came up with a disappointing display of hockey in both meetings with the Stylers, losing 15-2 in Campbell River on Saturday and again to the Stylers 9 - 2 on Totem home ice on Sunday.

Paddy has two more chances this coming weekend, Saturday at the Comox Valley Arena, and on Sunday at the Glacier Gardens, to get his team into a winning mood against the Courtenay Elks before packing his bags and heading East. No - Paddy is not being fired or sent to the minors as generally happens in the "big time" for a teams poor showing, but Paddy has seen greener fields on civvy street which will take him back to the Kentville Nova Scotia area on the 24th of this month.

Paddy is terminating 25 years of military service as an instrument electrical technician and has served on such bases as, Borden, Summerside, 2 Wing France, Dartmouth, Uplands, North Bay, Greenwood, Charlottetown and Comox.

On most of these bases Paddy has been associated with hockey either as a player, coach, or official in the Mens Senior League or Minor Hockey Division.

The Totems are sorry to see Paddy leave and they want to wish him well in his new endeavours and environment. Good luck - Farewell, Paddy O'Rourke.

Next week the Totems will obtain a new coach in one, WO Earl Thompson of the recreation specialist staff of CFB Comox. We'll have more to say about Earl in the next issue of the Totem Times.



Hosford Photo

OLAN RICHARD LETS drive with a mighty slapshot, missing the net by a narrow margin and bouncing harmlessly around the backboard. It was a hard fought game, ending in 9-2 loss.

Arena Activities



Schedule

Public-Family Skating
Tuesday 1815 - 1945
Wednesday 1815 - 1945
Ladies Broomball
Every Thursday morning
1000 - 1130
Moms and Tots
Every Tuesday morning
1000 - 1130

MSE Wheels Deflated

On 3 Nov at approx. 1230 hrs, coach (Bubbles) Clancy of the MSE Wheels led his hockey team (?) into Glacier Gardens, for the first game of the season, then he handed over the reins to Captain (Duke) Snider. The power line for the Wheels was Slippery Snider, Sagebrush Pate and Kid Johnson. This line managed to pop in the first goal (into the Wheels net). That was the turning point for the Wheels as the goalie Sieve Carter never did recover from the shock. At the press interview afterwards, a spokesman for the power line stated that they didn't realize the game had started, and that they were warming up to the goalie. (Nice try guys).

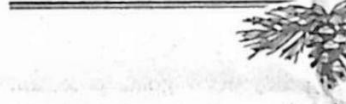
Honorable mention has to be given to the following personnel: Clutch (Speedy) Clouthier, and Dipsy Doodle Clark. These two stars shone throughout the whole game. The Pumpers realized early in the game that it was heads-up hockey once these two Wheels were on the ice.

Coach (Bubbles) Clancy couldn't be found for an interview after the game but he was overheard saying to his team, "better luck next game, fellows, we only have to iron out a few points ... like skating, shooting, passing, a little work on our defence, on our forward lines and goalie."

A good time was had by all and refreshments were served in the dressing room afterwards (Freshie and 7-up).

Oh, by the way, the final score was Wheels 3 - Pumpers 7 (bah).

ASK ABOUT THE FOREST



A Victoria reader, Mr. N. Galitzine, receives our book prize for his question about Yellow Cedar:

YELLOW CEDAR IS STRONG AND DURABLE. WHY IS IT NOT MORE GENERALLY USED?

Your statement is correct. This tree produces a fine, uniformly textured wood that is both strong and durable. In the last analysis, the answer to your question boils down to a matter of cost. Yellow cedar is expensive.

Why? Firstly, the species is relatively scarce. Secondly, the mature yellow cedar tree normally contains a fair number of splits or fractures (wind shake), also considerable rot, which means that only a small part of each tree can be used for lumber.

These flaws are largely due to the conditions under which yellow cedar grows. This tree is a "sub alpine" species and is usually found at high elevations in wet, acid, heavily organic soils, often near bogs and in places exposed to wind. In such areas, the growing season is short - trees put on very little growth each year and will take 300 to 400 years to reach log size.

Throughout this period, they are constantly exposed to frost and winds that wrench and break open their stems, making splits and creating openings for rot to enter.

As if to assure the survival of the yellow cedar tree, nature's processes develop a built-in preservative in the "heartwood" (inner and darker portion of stem). However, the "sapwood" (light coloured outer portion or layer around "heartwood") lacks natural preservative and has no defence against fungi in a humid unprotected environment.

Rot and fractures are unacceptable in boards. Therefore, normally, much of a yellow cedar log will have to be rejected at the sawmill. It

follows that the small amount of good lumber left must be sold at a price that is high enough to pay for all the defective wood that has had to be removed.

Ironically, some of the very conditions that contribute to defects in this species also help create the desirable properties of its wood. In part, for instance, it is slow growth that produces the fine uniform texture. Also, there is little difference in the hardness of "springwood" (the softer, lighter portion of the annual ring) and "summer wood" (the harder, darker portion of the annual ring). This accounts for the durability of yellow cedar which wears evenly without splintering.

In view of these properties, it is understandable that yellow cedar should be in great demand for wooden ship construction (experienced builders use only the "heartwood"), also for decking for floats or wharves. Early loggers, too, favoured its wood for the springboards on which they stood to fell a tree.

The foregoing may be clearer if you make an occasion to look closely at the growth rings in a stump or cross section of a tree. If you would like a free chart with diagrams that illustrate the tree growth, write the Canadian Forestry Association, address given below.

Send your questions about the forest or forestry to Ask About The Forest, c/o Canadian Forestry Association of B.C. No. 410-1200 West Pender Street, Vancouver, V6E 2S9. A professional forester will reply to each person submitting a question that is published. This column is a joint project of the Canadian Forestry Association and the Association of B.C. Professional Foresters.

What Are The Odds?
The odds for any particular woman to give birth to twins at any particular time are 1 in 87.
The odds against a bridge player being dealt a hand containing six cards of one suit, four of another, two of a third and one of a fourth are about 20 to 1.
Among 10 people the probability is 1 to 10 that two of them will have the same

PAC Soccer Championship

The Totems Soccer Club entered the 4 team Pac Region Tournament 5 - 7 Nov hosted by Esquimalt. In the first game the Totems defeated Chilliwack 3 - 1 with 2 goals from Barry Whillans and 1 from Al Ettinger. Our second game saw the Totems dominate everything except the scoring - a 1-1 tie with a goal from Al Ettinger. Our last game against Esquimalt was to decide the winners of the HARDWARE. The half time score was 1 - 0 for Esquimalt scored from a 10 yard indirect free kick. Shortly after the half Esquimalt scored on a penalty shot. The Totems were then forced to go all offensive which produced a goal from Ray Herrington. We missed many good scoring chances and with 10 minutes to go Esquimalt scored their first honest goal. Esquimalt rounded off their scoring by charging the goalie, Jake Duret from behind, pushing him into the goal - final score 4 - 1.

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster) Littlewood, Doug (Suicide) Obermeyer, Dave (Right Foot) Galloway, Chuck (Stanley Mathews - by age) Eddy, Jake (High Ball) Duret, Ray (Road Runner) Herrington and Al (The Boot) Ettinger all played well and gave everything in an all out attempt to bring the trophy home. Well maybe next year!!

The entire team: Pete (Slap Stick) Roy, Jet (Pala) Prasad, Dave (Grandpa) Jones, Barry (Frustration) Whillans, Grant (Toes) Willis, Al (Rabble Rouser) Campbell, George (Gunner) Aird, Garry (Speedster)

Volleyball Tournament Winners



GIRLS VOLLEYBALL TOURNAMENT - CFB Comox was the scene of the Annual Comox Secondary Schools Girls Volleyball Tournament held on Nov. 5th and 6th. Eight teams took part in this tournament - some from as far away as Victoria, B.C. The local girls team did very well, placing second to the winning team from Victoria (pictured).

Hosford photo

Indoor



Soccer

On 8 November the Lions downed the Bears by a score of 2 - 1. The Bears lone goal came on a penalty shot by Michael Eddy in the first half. But the Lions came fighting back with two quick goals by Todd Redmond assisted by Terry Eddy and Mike Herrington with the second coming from Terry Eddy from Jim Reader.

The other game saw the Falcons beat the Wolves 1 - 0. It was the first loss of the season for the first place Wolves. Shawn Gailey from Michael Redmond and Mark Surette in the first half was the only scoring play of the game.

On 15 November wins and losses were non-existent as



both games ended in ties. The opening contest ended scoreless with Bruce Mortimer of the Bears and Clay Verchere of the Falcons providing game-saving goalkeeping at both ends of the floor. Two second half goals provided a 1 - 1 result between the Wolves and the Lions.

Kevin Mann gave the Wolves a brief 1 - 0 lead late in

the second half until Mike Herrington converted a pass from Terry Eddy with only two minutes remaining in the game. Pictured are the wolves.

STANDINGS

	P	W	L	T	Pts
Wolves	6	4	1	1	9
Falcons	6	3	2	1	7
Bears	6	1	3	2	4
Lions	6	1	3	2	4

I am convinced that Canadian Coaches, parents and even kids have put so much importance on the glory of winning that the necessities of fundamental training have been shoved into the bleachers. Just watch many parents and coaches at minor league games and you'll see what I mean. Mom and Dad hollering for goals while their eight year old youngster tries desperately not to fall on his keester when carrying or shooting the puck. The poor little tyke isn't ready for a shot on goal yet. He's not near ready to take part in a passing play. He should still be out in a mad scramble with kids of his own size and ability scrimmaging for the puck and having a ball, unhindered by rules and whistles.

There is no better way to get the feel of those rigs on his feet and that piece of wood in his hands. He will get pushed, kicked, punched and maybe cut and he'll love every minute of it.

There is lots of time to teach a boy game tactics when he reaches his teens. But, our priorities are topsy-turvy and it's time we straightened them out. To me hockey is still the greatest game in the world. But it requires more skill, co-ordination and dedication than many young men are prepared to give.

It's no wonder a boy gets discouraged when he finds himself in a game that demands something he doesn't have - solid physical and mental preparation.

The whole country was on the brink of despair during the 1972 Canada Russia Series, but we managed to pull that one out of the fire. Since then, we have learned that the Swedes and Czechs on any given night can be as good as we are. Still, I don't think we have learned that big lesson. So far there has been little more than lip service paid to good basic training.

This series will take a boy only as far as skating, using the stick properly and thinking (knowing what to do with the body when he gets the puck). While this to me is the most important part of his training, it is still just the beginning. There's a wonderful game ahead.

We have no choice now but to turn back to the fun-

damentals of the game. After we do, there will be thousands of kids lined up for their crack at a trip to Moscow.

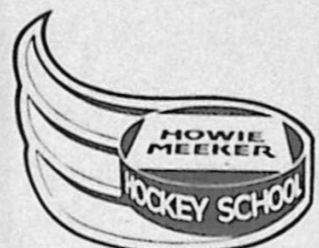
SKATES - The most important basic

There's not much point in any of us going further with this game, unless we get one thing straight right now. Unless the boy has a good pair of skates he is wasting his time and yours. "Good" doesn't necessarily mean expensive. If you notice that I keep coming back to this point, there is a good reason. You had better get the message - Quick.

Skates provide support, mobility and protection. At this stage of a boy's development, support is of prime importance. It may surprise you, but it's my opinion that there are no such things as weak ankles. If your boy's ankles are bent at a 45 degree angle when he first goes on the ice, it's your fault, not his. Consider that all his life he has worn shoes with soles 3 to 4 inches wide to support his weight. Now you are putting him on 2 strips of steel, one eighth inch wide, and when he goes over on his ankles you cluck sadly and mutter "too bad, weak ankles". What else can you expect? You are asking him to balance just as well on one-eighth inch of steel as he does on those big clod hoppers he has worn all his life.

In my experience, maybe one boy in 150 has defective ankles that may need some special attention. The other 149 have defective parents who should have some special attention in the form of a well aimed boot in the keester for putting their kids into two pieces of junk and expecting them to perform. You would understand why I feel so strongly about this if you could share with me an almost daily experience.

A boy with good potential has been struggling with the balance and skating drills but just can't seem to get the hang



quite frankly, I'd say that there is less than 1 in 10 salesmen who can fit a skate properly. So if you find one count your blessings. The best way to go about it is to tell the clerk you want a pair of skates for the little kid with you. Ones that have a boot that holds his ankles as firmly as a vice, blades that will hold an edge for six hours of skating and a price tag that will not break the piggy bank. Even if that's all you know, the guy has the message. If he is conscientious, he can fill your order for around \$19.95, give or take a dollar.

You told the clerk you wanted support. The only place Tommy needs support is

in the counter and around his ankles, not around his toes or arches. To illustrate, go get the skates your youngster is wearing, now grasp the counter area from behind and pinch the two sides together, twist them from side to side. If they are soft, limp or pliable, I'll bet you thought your young skater had weak ankles. His ankles bend when skating or turning. Right? If the counter feels stiff and requires considerable force to bend from side to side, the skate, if the correct size should be providing good support.

Remember, there are no weak ankles, only weak skates or poorly fitted skates.

26" PANACOLOR

TV



Panasonic \$829⁹⁵

just slightly ahead of our time

"The Amherst"

26" Contemporary Style Console features a 100% Solid State IC Chassis. Ultra Panamatrix picture tube. Q-Lock one button control for color, tint, contrast and brightness. Video Sensor. Panalock AFT (Automatic Fine Tuning) electronically locks in the best possible signal. Sharpness Control. Popular full to floor console in walnut grain finish.



SERVICES

319 - 4th St., Courtenay Box 3430 Phone 334-4114
(Across from the Civic Parking Lot)

Ministry of Municipal Affairs and Housing Mortgages and Grants

One act is ending

The existing Provincial Home Acquisition Act terminates November 30, 1976. If you wish to take advantage of the assistance offered under this program, your application must be received before this date.



The other's just begun

The Home Purchase Assistance Act is in effect now and will continue to provide assistance in the purchase of a home. Information is available through all Provincial Government Agents and the Regional Housing Offices listed below.

The affordable home... we're helping it happen.

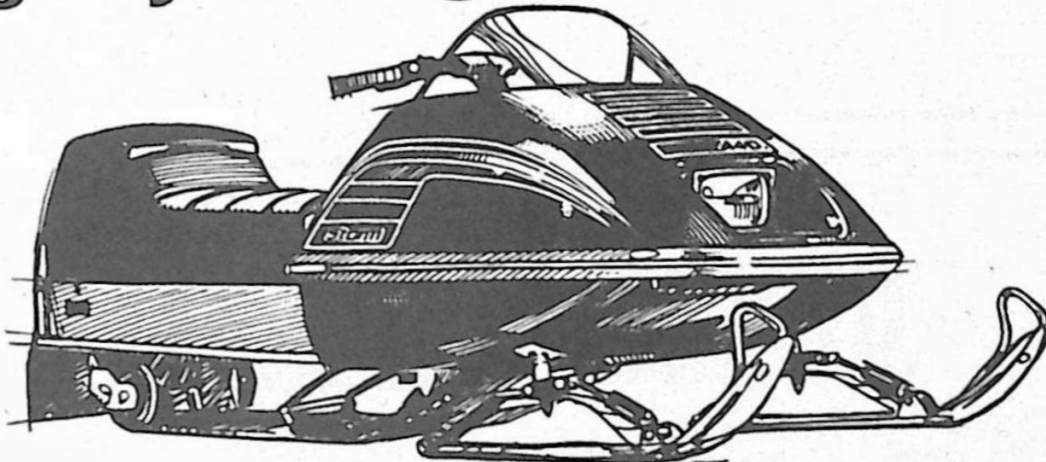
No. 204-1525 West 8th Avenue, Vancouver
810 Blanshard Street, Victoria
135-10th Avenue South, Cranbrook
280 Victoria Street, Prince George
260 Harvey Avenue, Kelowna



British Columbia
Ministry of
Municipal Affairs and Housing
Hon. Hugh A. Curtis, Minister.

Massey Storm

-it gets you a large piece of the action.



Here's more action pound-for-pound and inch-for-inch than any stock 440 trail sled you've ever been on.

The all-new Storm is a performance-oriented, trail-taming sports machine with one of the best power-to-weight ratios in the competitive trail class. Plus a Power Thrust II* clutch that backshifts in less than half the time

of most snowmobile clutches. And a specially matched exhaust system that boosts horsepower dramatically.

See it, and snowmobile up a Storm this year!

ALL-NEW MASSEY STORM
Pre-season priced at only

\$2260⁰⁰

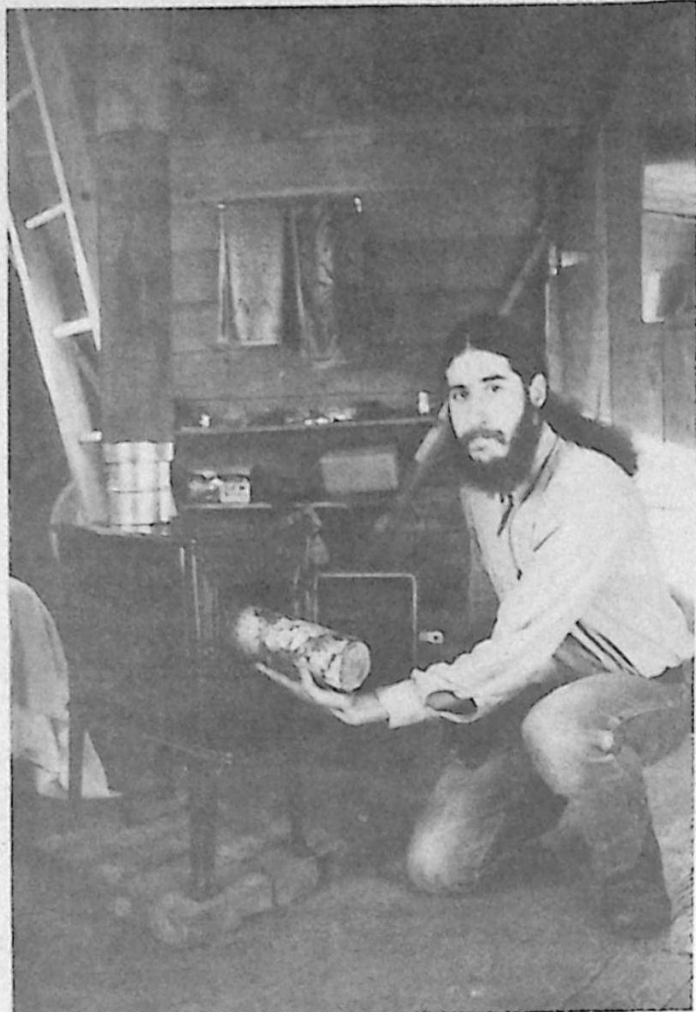
OBBIES SALES & SERVICE

R.R. 1 - LAKE TRAIL ROAD Courtenay B.C.

(604) 334-3016

When it comes to tractor deals, deal with a tractor man. **MF** Massey Ferguson

Hither And Yon



The Heat To Beat

Tom Lang of Wood Stoves Unlimited on Denman Island said in a recent interview that wood heat can't be beat, and that using wood slashes rising fuel costs. He stated that this isn't just nostalgia for the "good old days" when folks gathered around the pot-belly stove. It is a serious business which wrestles rising fuel costs to the ground by responsibly utilizing the world's one renewable resource, WOOD.



A storage battery does not store electricity, but chemicals which can create electricity.



Through The Artists' Eyes

Ottawa artist Anne Campbell shows some of her Vietnamese art work to Vice Admiral Robert W. Falls, vice chief of the defence staff, at the official opening Thursday night (Oct. 28) of the "Through Artists' Eyes" exhibition at the Canadian War Museum. A total of 45 works by 22 Canadian artists are on exhibit at the museum until Jan. 28. Mrs. Campbell, who signs her work "Elizanne," visited Canadians on the International Commission of Control and Supervision in Vietnam in mid-1973, under the Canadian Armed Forces Civilian Artists Program (CAFCAAP). Begun in 1968, CAFCAAP involves the selection each year of a small number of Canadian artists who contract to paint armed forces activities in various parts of the world. The best are chosen for the war art collection at the war museum. Artists are provided with military transportation and accommodation, but do not receive payment for their work. Next year, the "Through Artists' Eyes" exhibit will be on display in a number of museums across Canada. (CANADIAN FORCES PHOTO).

Polar Radio Reaches Out

(Continued from page 1)

has built up numerous contacts across the country, but its most faithful has been "Shorty" MacDonald of Vancouver, who has been running phone-patches daily for the last 15 years from his station VE7AZ. Another faithful southern contact is Dr. Morris Haycock of Ottawa, who operates station VE3LC. Another is Ron Belleville, Maxine St., Ottawa (VE3AUM), and many more too numerous to mention. The ham station is a

medical backup for Alert as well. Through its operation it put the medical aid NCOs at Alert in touch with a medical doctor in Kingston, who advised the aids how to treat a special problem case. It's also an entertainment feature for the operators, who enjoy DX-ing with foreign station (DX stands for long distance contacts). Sgt. Ritchie had one of the longest DX contacts when he reached KCHUSN by long-patch communication. Those call letters are for the Admiral Byrd Station, just

1000 yards from the South Pole, and is the longest possible communication in the world.

It also has aided Italian explorer Guido Monzino in his trek to the North Pole in 1971. The Alert station was his back-up, and handled all his communications.

No radio station would be complete without its antennae, and VE8RCS has three. They comprise one TH-

6 Tribander, one Wilson five element mono-lander, and an inverted-V antenna. This antenna is for 75 and 40 metres, and the beams can handle all bands in the amateur radio HF frequency spectrum.

Mold which may develop on natural cheeses is not harmful, and is easily scraped or cut from the surface.

FREE SKI CLINIC
AT SOCIAL CENTER
 (CFB Comox Rec. Center)
TUESDAY, NOV. 23rd 7:30 to 9:00 p.m.

SUBJECTS:
 SKIS - BINDINGS - BOOTS - HOT WAXING -
 BASE FILING AND REPAIR - EDGE SHARPENING,
 Etc.

BINDINGS 1/2 PRICE
LOOK GT
SALOMON 444 202 101
TYROLIA MINI 120 190
 With Package Purchase of This Year's
 Boots and Skis

Presented By
TELEMARK SKI & SPORTS
 Driftwood Mall 338-6333

SERVICEMEN'S AUTOMOBILE CLUB

1977 Basic Price List on Most American Models Now Available

See W.O. KEN BANKS
 Bldg. 18 - 339-2211 Loc. 474

BOB'S TOWING and BOB'S VALLEY SERVICE

Radio Controlled

24 HR. SERVICE
 CALL 334-4124
 After Hours 334-4967
 SERVING THE COMOX VALLEY ANYWHERE - ANYTIME - ANY SIZE
 260 Island Hwy. N., Courtenay

EW Mon. to Thurs. - 8:15 p.m.
 Two Shows Fri. & Sat. - 7 and 9 p.m.
 NO MATINEE THIS SATURDAY.

Adults \$2.25 OAP \$1 Child \$1

5 Days Only - Thurs. to Tues. - Nov. 18, 19, 20, 22, 23
 Peter Fonda - Arthur Hill
"FUTUREWORLD" General

Wed. to Sat. - Nov. 24, 25, 26, 27
 Special Presentation **"THE ADVENTURES OF THE WILDERNESS FAMILY"** General
 Two shows each evening at 7:00 and 9:00 p.m.
 Matinee Saturday - 2:00 p.m.

Mon., Tues., Wed., Nov. 29, 30, Dec. 1 Lee Marvin
"THE GREAT SCOUT & CATHOUSE THURSDAY" Mature
 "Frequent coarse & suggestive language." - B.C. Dir.

Starts Dec. 2 Charlton Heston **"MIDWAY"** Mature

Stardust
 The Stardust is now closed for the season
 We look forward to serving you in early 1977 with a line-up of fine entertainment

Corner of Williams Beach Road and Island Highway

WO's & Sgt's Mess
NOVEMBER

NOVEMBER 19 — Retirement Mess Dinner (Mixed). Cocktails: 1900 hrs. Dinner 1930 hrs. Dancing 2100 - 0100 hrs. "Powerhouse." Dress: Member SI - Spouse - Formal. Reservations through Mess Manager. Cost TBA.

NOVEMBER 28 — Grey Cup Bingo and Dance — Prizes: Merchandise. Time: Bingo 2000 to 2200 hrs. Dancing: 2200 to 0200 hrs. "The Buddies." Cost \$2.00, includes one card. Extra cards on sale 25c each or 5 for \$1.00. Dress: "C".

NOVEMBER 28 — Grey Cup Day. Come out and cheer your team on. Food: Hot Dogs and Hamburgers. Time: Approx. one hour prior to kick-off. TV Sets courtesy of McConochie's. Check your TV Guide (No charge).

Nov. 22 — NIGHT MOVIES - Gene Hackman
 Nov. 29 — MAHOGANY - Dianna Ross

OFFICER'S MESS ENTERTAINMENT
NOVEMBER

Fri., 19 Nov. — TGIF

Fri., 26 Nov. — TGIF

Sat., 20 Nov. — Beef and Burgundy 2000 hours
 "Ripple Rock"
 Reservations Required

Wed., 24 Nov. — O.W.C. Bridge

Sun., 28 Nov. — Grey Cup Party - 13:30 hrs.
 Moose Milk and Hamburgers

JUNIOR RANKS CLUB

NOVEMBER

Thurs., Fri., 18, 19 Nov. — CLOSED

Sat., Sun., 20, 21 Nov. — Midnight City

Thurs., 25 Nov. — Disco Dance

Fri., Sat., Sun., 26, 27, 28 Nov. — Ballentine, also Magic Circle Country Rock and Magic Floor Show.

MOVIES

Tues., 23 Nov. — Night Movies, Susan Clark, Gene Hackman

Tues., 30 Nov. — Mahogany, Dianna Ross.

COMOX BASE THEATRE SCHEDULE

The Exorcist returns!

WILLIAM PETER BLATTY'S **THE EXORCIST**
 WILLIAM FREDON

WARNING - CERTAIN SCENES AND LANGUAGE IN THIS FILM MAY OFFEND SOME.
 -The Manager

ELLEN BURSTYN - MAX VON SYDOW - LEE J. COBB - KITTY WINN
 JACK MCGOWAN - JASON MILLER - LINDA BLAIR
 Produced by WILLIAM PETER BLATTY - Directed by NOEL MARSHALL
 Screenplay by WILLIAM PETER BLATTY - Based on the Novel by William Peter Blatty

Fri., 19 Nov. - Sat. 20 Nov. - Sun. 21 Nov.

MATINEE - SAT., 20 NOVEMBER

CAPT. NEMO'S UNDERWATER CITY

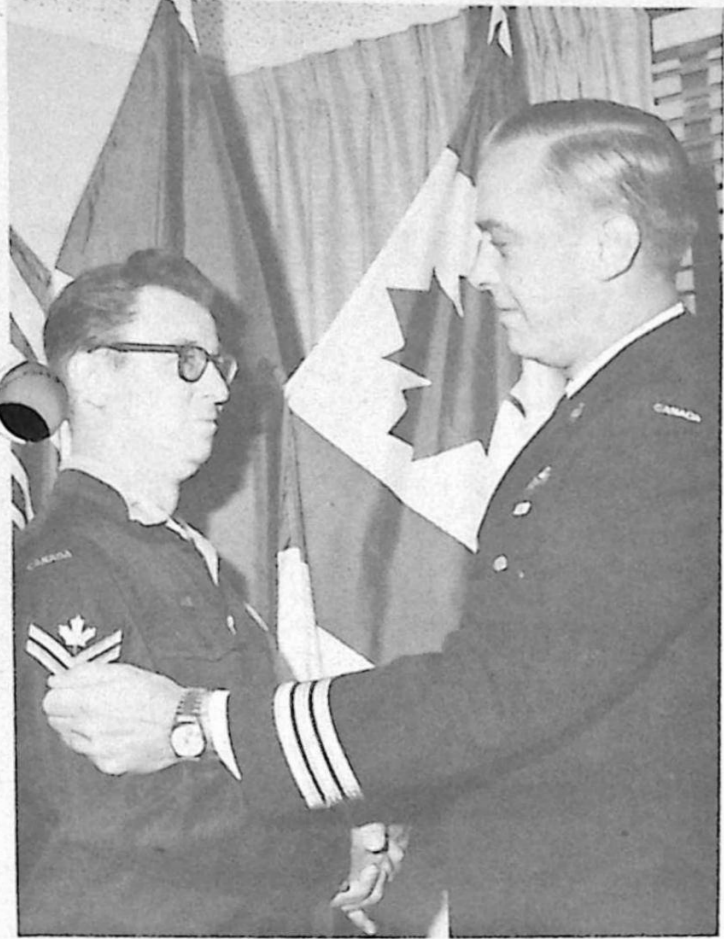
Promotions Announced



MCPL. P. TELLIER congratulated by LCol. Carney.
Base photo



MCPL. J. BOUDREAU congratulated by LCol. Fielding.
Base photo

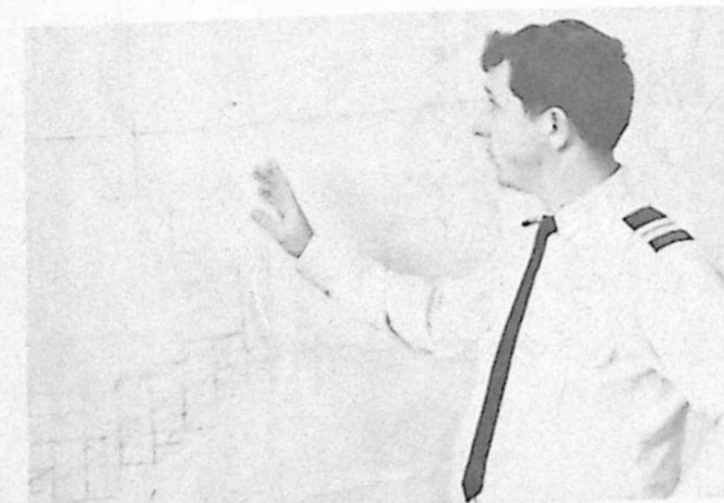


MCPL. W.D. LAMB. congratulated by LCol. Read.
Base photo



MASTER CORPORAL BILL WACEY, 41, a Canadian Forces rescue specialist with 442 Search and Rescue Squadron, CFB Comox, adjusts his parachute in preparation for another jump during SAREX 76, the annual Canadian-American competition for military rescue specialists held recently at Eglin U.S. Air Force Base, Fla. MCpl. Wacey (who completed his 2,400th parachute jump during his week at Eglin) was third in the individual phase of the parachute competition. Canadian Forces search and Rescue teams dominated the competition and took the first two positions in the final standings. MCpl. Wacey is the son of Mrs. Sylvia Wacey (250 Donald St.), Ottawa, Ont.

Canadian Forces Photo



CAPTAIN MIKE WILLIAMS, a pilot with 442 Transport and Rescue Squadron marks up search grid during searchmaster course at the Rescue Coordination Centre, Canadian Forces Base Trenton, Ontario. The course is designed to train selected Canadian forces air operations officers in search and rescue duties.

Canadian Forces Photo

Memorial Cross Awarded On Remembrance Day



OTTAWA - Mothers and widows of Newfoundland service members killed while serving with Canadian or allied forces now are eligible to receive the Memorial Cross, it has been announced jointly by defence minister Barney Danson and veterans affairs minister Daniel J. MacDonald.

The Memorial Cross is a memento of personal loss and sacrifice awarded to mothers and widows of Canadians who lost their lives while serving in the navy, army, air force, merchant marine or the Corps of Canadian Firefighters. Defence minister Barney Danson will present the first

medals in his office following Remembrance Day ceremonies, Nov. 11. Three mothers and three widows from Newfoundland will be flown to Ottawa for the occasion by Canadian Forces aircraft.

Previously, Newfoundland mothers and widows were not eligible to receive the medal, because the province did not join Confederation until 1949. A new order-in-council now makes them eligible.

The Memorial Cross is awarded by the Canadian government for both world wars, U.N. operations in Korea and other U.N. peacekeeping duties.

The design of the award comprises a one-and-a-half inch silver cross; its upper arm is a replica of a crown, and the other three are maple leaves. In the centre is a royal cipher of the reigning monarch at the time, surrounded by a wreath.

Mothers and widows of Newfoundlanders killed in the service of Canada and its allies now may receive the Memorial Cross by applying to the medals and awards section of the department of veterans affairs in Ottawa.

Egg protein is so near perfection that scientists often use it as a standard to measure the value of protein in other foods.

Junior Forest Warden Club

A forest is more than a collection of trees, it's like a pulsating city in constant change and motion. This is only one of the things Junior Forest Wardens discover in the fun of hiking, camping and learning woods survival. Guided by adult volunteers, these youngsters spend weekends and spare time exploring the wildlife, trees, rocks and plants that make up the wilderness. Then once a week, after school, they gather to search out answers for the new experiences discovered. Many of the answers are found in course manuals. These manuals cover the areas of:

Forestry -- nature's balance, pollution, tree-growth, forest management, logging methods, forest products, etc.

Woodstravel -- hiking, camping, equipment knowledge, etc.

Tree Identification
Fire Fighting -- cause and prevention

Woods Safety -- swimming and boating, muskeg, quicksand, insects, poisonous plants and climbing.

In a fun atmosphere they learn more about their environment and gain a greater appreciation of the outdoors. They also learn a lot about themselves.

The kids aren't the only ones to have fun. Many parents volunteer as leaders when they find that no special skills are required, as much of the subject material and suggestion ideas are supplied. In fact, the only requirements for leadership are a love of the outdoors and an interest in young people. The leaders are assisted by other parents and interested adults who form into an adult council.

David Anderson has recently been appointed as a field officer to assist in the formation of new clubs and to help existing groups to attract new members. He is available to answer any queries and to assist in any way. He can be contacted by phoning (604) 688-6684 or by writing the Canadian Forestry Association of B.C., No. 410-1200 West Pender Street, Vancouver, B.C. V6E 2S9.

HAVE YOUR MOTOR VEHICLE INSPECTION CAR CHECKED 23 to 25 NOV., 76 DRIVE OVER TO THE MSE SAFETY SECTION At CFB Comox For Your Check

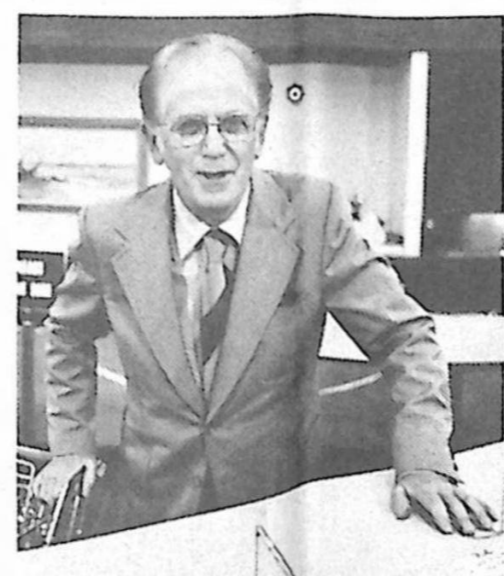
Comox Valley Ford RENTAL Cars and Trucks
Mavericks, Comets, Pintos
1-Ton Furniture Van
¾-Ton Pick-up
Club Wagon
SALES, SERVICE & RENTALS
OPEN 8 a.m. - 9 p.m. Mon. to Sat.
For Daily Rental Call 334-3733
COMOX VALLEY FORD SALES LTD.
Your Local Ford and Mercury Dealer
360 N. Island Highway, Courtenay, B.C.
Phone 334-3161
MOTOR DEALER LICENCE NO. 5028

THE Courtenay Florist
To ensure Xmas delivery place your wire orders early to avoid the rush
TWO LOCATIONS TO SERVE YOU
877 - 5th St., Courtenay
PHONE 334-3441
Driftwood Mall
PHONE 338-6736

SEAFUN DIVERS LTD.
540 Comox Rd. (Beside George's)
334-4643
AIR RENTALS SERVICE EQUIPMENT INSTRUCTION
FOR ALL YOUR DIVING NEEDS
Scuba Certification Classes Monthly
NANAIMO 754-4813 CAMPBELL RIVER 287-3622 PORT ALBERNI 723-5511

BB BLOCK BROS. REALTORS
449 - 5th Street, Courtenay Phone 334-3111
YOUR **A.H.O.P. CENTRE** IN THE **COMOX VALLEY LOOK!**
Your chance to own your home at unbelievably low monthly payments
For as little as \$900 down and \$169 per month, you can own your own lot and still retain your own identity.
• THREE STYLES TO CHOOSE FROM.
• CMHC STANDARDS
• YOUR CHOICE OF INTERIOR FINISHING.
Hurry and call Block Bros. today - 334-3111
449 Fifth Street

PLATEAU GLASS
241 Puntledge Road Courtenay, B.C.
MIRRORS
OPEN 6 DAYS A WEEK
PHONE FOR ESTIMATES - 338-5308



Shop around... these financial services are just not available everywhere.

Savings deposits, term deposits, chequing services, loans and mortgages...sure, all financial institutions offer them.

But what about a chequing service that pays interest? Or insurance service? Or income tax service? Travel agent service, consumer advice, debt counselling?

How about Saturday hours or longer hours during the week?

A good number of Credit Unions offer these services under one roof. The reason for Credit Unions' better service is the story behind the Credit Unions themselves.

Autonomy

Of all the places you can go to save or borrow money, only the Credit Unions are democratically run and controlled by the members, customers just like you.

The members elect the board of directors, and help determine the Union policies. Each individual Credit Union also determines what services it wants.

Democratic control gives Credit Unions another important advantage. Because they are so close to the grassroots of their communities, Credit Unions are responsive to community needs.

sensitive to local economic changes. They'll likely keep your money working right there in your community, where it does you the most good. They're likely to help you when you need it too.

Security

Although democratically run, Credit Unions operate within the confines of strict provincial legislation. They also operate under the watchful eye of the superintendent of Credit Unions, an arm of the Attorney General's department.

All Credit Union shares and deposits are guaranteed without limit by a Provincial Credit Union Share and Deposit Guarantee Fund especially designated for the purpose.

In 40 years of Credit Union operation, no member has ever lost a cent of deposits. Over 500,000 British Columbians are already members of one Credit Union or another. If you're not one of them, ask a friend about a nearby Credit Union you can join. He'll be glad to help.

How to join a credit union

Everyone in British Columbia is eligible. You can choose from: a community

Credit Union where you live, an industrial, commercial or professional Credit Union where you work; or an associational or parochial Credit Union that's part of an organization or church you belong to.

Simply come into the appropriate Credit Union, fill out an application, make a set deposit of \$1 to \$25 in a membership share account, and you're in.

tell me more
about Credit Unions, free and without obligation, because I never join anything without a thorough investigation.
Name
Address
City
Prov. Code
Mail to: B.C. Central Credit Union
P.O. Box 2038
Vancouver, B.C. V6B 3R9



CREDIT UNIONS
Better in so many ways. Prove it to yourself.

Light Hearted Reading

The Adventures Of Supertech

By A.C. EINE

PART 5

Supertech had had a busy week. First he had, in the guise of "Ink" Blotter, taken the photo of Lt. Claude Klumsie in the role of a mechanic. Then he had written the article to go with it, and it had been published in the local newspaper, the Boatun Bi-Weekly Scandierag. No sooner had the paper hit the streets when the upper echelon of the base had gone into a flap. The Flight Leader in the hangar, Major Boldguy had picked him to help search for the guilty party. Then the Base Security Officer, Major Snoope, had almost spotted him working at the newspaper office. Now this!!

Oh boy!! Identification Parade!! The mere thought of it caused Supertech to pale. It was one thing to talk with someone who could identify you when he was flustered and off-balance. It was quite another to have to stand at attention while the guy eagle-eyed you after he had a chance to think things over. Suddenly his little caper with the camera lost most of its humor. The write-up itself wasn't bad, but with this new tightening of security, who could tell how far they'd take it.

Pte. Hunie had noticed how quiet Supertech had become at hearing of the parade. "What's up, Supe? That's the quietest you've been tonight."

"Hum... Oh... Yah... Well, it's going to throw my plans for tomorrow off a bit. I was figuring how to re-arrange things."

Someone in the crew-room piped up, "If you re-arrange 'Bumps', can I have the leftover parts?"

"I'll re-arrange you, motor-mouth. Now belt up!"

MCP. Whizzer cut things off. "Supertech, I want you and Pte. Hunie to handle the start on Six-one-seven when they leave. After that, you can pack it in for the night. Don't forget the Parade tomorrow. Best bib and tucker and on the tarmac at 1400."

He had no sooner sat down with his coffee, when Anne asked, "Who's this 'Bumps' I keep hearing about?"

The round of groans, wolf-whistles, and cat-calls that swept the crew-room was almost obscene. Supertech just shrugged, but Whizzer answered.

"Miss LaHanche is a female that is rumoured to have just about double of whatever-it-is that Raquel Welch has. She is also Supertech's private property. The last guy that tried to cut in got floored... by her. Very choice!!"

Anne snorted. "Huh!! It figures!! Just more proof of his male chauvinism!!"

That did it!! He slammed his coffee-cup down... which resulted in hot coffee slopped all over his hand. He grabbed up his coat. "I have to get away from this female before I throttle her!! If you're looking for me, I'll be in the cockpit of One-seven!!" He made a fist in Anne's direction

"If you were only a guy..." When the aircraft had departed and he got changed, it was too late to call either of his girls. Besides, there was his uniform and shoes to get in shape for the parade.

By one-o'clock, Supertech still hadn't come up with a good reason for getting off the parade, but he hadn't given up. He donned his best uniform, adjusted his hat, and drove to the hangar.

As he pulled into the parking lot, he spotted Major Boldguy coming out of the hangar. An idea flashed!! He got out of the car and gave the officer a sharp salute.

"Sir. Can I talk with you for a moment?"

"Certainly, Corporal. What's up? Have you found anything out for me?"

"I'm not sure, sir, but I do have one lead I'd like to follow through on. The problem is that the best time to check it would be during the parade, and I'm stuck on it. If there was some way to get off, I might be able to get you some concrete evidence."

The Major mused. "I have an idea. Come with me."

The two of them marched over to the Base Warrant Officer's office. The BWO stood to attention as Major Boldguy entered, but glared at Supertech who tagged along behind.

"Chief, I want Cpl. Supertech off that parade this afternoon. I need him to do some special work for me."

"Sir, the Base Commander said everybody and no exceptions. You'll have to get his okay."

"Cpl. Supertech, you stay here. I'll be right back."

As soon as Major Boldguy had left the office, the BWO turned to Supertech. "What have you been doing this time? You're usually up to something."

Between Sky And Splinters

The logging poetry of B.C. writer Peter Trower will be the basis of a film to be shown on CBTU's "Pacific Prime Time" series at 7:30 p.m., Monday, November 29th.

Titled, "Between the Sky and the Splinters" after one of Trower's three books, the film combines Trower's reading of his own poems with filmed portrayals of his experiences in 15 years as a logger.

Trower, who now lives at Gibsons, B.C., went to work in the woods in 1949, just in time to see the end of the storied days of B.C. logging. He witnessed the passing of the last handfallers, the A-frames, the steam donkeys, the wooden spar trees and the hay-wire gyppos.

To make the film, CBC producer Mike Poole took Trower back to many of the up-coast camps where he had worked. They found Minstrel Island, where loggers from nearly 30 gypgo camps once gathered to drink and brawl, now nearly deserted and the beer parlour locked.

Supertech's look was positively angelic. "Who?? Me??"

The Chief was about to say more when the Major reentered the office.

"Okay, Supertech, you're off. Now get out of here and do whatever it is you wanted to do."

"Yes sir," and he waved a salute at the Major and left... rapidly.

"Thank you, Chief. Carry on."

The BWO made a helpless gesture towards the ceiling with the silent plea, "Why me?" Then he reached into a drawer and found a list. The heading read, "Duty NCO". With a grin, he stroked off one name and entered Supertech's. Revenge was sweet!!

Meanwhile, Supertech slipped into the locker room. From the window, he watched the parade form up. He leaned back and lit up a smoke. This was the only way to be on a parade!!

As he watched the parade fall in, an idea began to ferment in his head. Why not, he thought. It would be another chance to get things stirred up!

He turned to his locker and took out the brown paper bag which contained his disguise as "Ink" Blotter. He donned the old trenchcoat and battered snap-brim hat, then picked up the mini-camera. He turned to the window and lined up the shot. He could just see the headline, "Manhours Wasted During Search". That would really get things going! He tripped the shutter, then turned... to look straight into the eyes of Pte. Anne Hunie!

Well, readers, that does put the icing on the cake, doesn't it??!! What will Supertech do now?? What will Anne do now?? Will their mutual antagonism come to a head?? Will Supertech bop her one?? Will she yell for the MPs?? I guess you'll just have to get the next issue for Part Six of: The Adventures of SUPERTECH!!!

Apparently this had been previously used as a house of ill fame. I am afraid it was still thus regarded after we moved in.

Some of our single fellows, including myself, found it difficult, in a small town, to find spare time activities. So, when any unusual event occurred, such as a fire, we would turn out as soon as the fire bell in the town hall rang and assist the volunteer fire brigade. I and a friend of mine always undertook to go tearing to the scene of the fire dragging the hose cart. On one occasion we galloped to the other end of town with our hose reel cart but, alas, when we prepared to unroll the hose we discovered there was no hose on the cart. The fire hose was still hanging in the fire hall, drying out from the previous fire. However, the firemen found that the blaze was confined to a mattress in an upstairs bedroom and they simply grabbed it and threw it out of the nearest window.

On another occasion the blacksmith shop in town caught fire and, by the time we arrived on the scene with the hose reel cart, the building was a mass of flames. In the midst of all the excitement someone in the crowd yelled "Get that anvil out!" and that is exactly what happened. One member of our volunteer crew dashed into the fiery inferno and carried out the anvil. The next issue of the local newspaper, in writing about this fire, asked "Who the heroic young man was that saved the blacksmith's anvil from the fire."

During my service at High River I was advised that I would have to join the Canadian Air Force if I wished to continue service with the Civil Government Air Operations Branch. So, much against my wish, I joined the Canadian Air Force and was allotted number 1313, a very ominous start, I thought at the time and I avoided passing under ladders and kept my

RCAF At The Beginning

From a manuscript written by Squadron Leader (retired) Edgar Aldersley. He was not only an original member of the RCAF but is also a veteran of WW I. At 80 years old, he is still hale and hearty. He lives with his daughter and son-in-law, CWO and Mrs. Rus Bush in Courtenay.

Whilst employed on one of these assignments (The Soldiers Settlement Board found jobs for the returning veterans) at the Calgary Post Office I was approached by a pilot from the Civil Government Air Operations Station at Morley, Alberta, to accept the position of secretary to the Station Superintendent, which I decided to do and left the Post Office in Calgary.

The Air Station at Morley, Alberta, was located on the Stoney Indian Reserve and a number of the Indians were employed in clearing the runway for aircraft take off and landing.

An old Indian school house on the Reserve was used as a living and sleeping facility for the staff from Monday to Friday, also as a dining room and kitchen for preparing meals. Two additional small rooms in this building were used for office space.

Our cook was a retired soldier from the British Army and he used to tell us stories of the years he had served in India. His stories were about as wild as some of the meals he served us.

Our Station personnel had their homes in Calgary and spent each weekend in that city.

The Morley Air Station was closed down early in April 1921, and all aircraft, equipment and personnel were moved to a new location close to the town of High River, Alberta.

In order to provide living quarters for our personnel the Air Board took over a large house on the outskirts of High River, known in the neighbourhood as the love nest.

Accounting Section. The Equipment Officer left the Air Service shortly after my arrival and was not replaced. I remained in this position until the end of March 1927, at which time I was posted to No. 1 Equipment Depot, Ottawa, Ont.

Per Ardua Ad Astra Through hardship to the stars Was their motto they informed us And to be sure we made it ours.

So we buckled our trouser belts Took a deep breath and set off On the double round the parade ground Till the Sergeant Major yelled "Halt!"

Editor's Note: Mr. Aldersley served at RCAF Station Vancouver during the period April 1924 to the end of March 1927.

Chika's FUN SQUARE by NORM DREW

CHIKA, CHOPPY AND CHIPS ARE VISITING THE FARM IN SASKATCHEWAN. CAN YOU HELP THEM UNSCRAMBLE THESE NAMES OF TOWNS AND CITIES?

ANSWERS: 1. URSINIUM CITY, 2. MEADOW LAKE, 3. PRINCE ALBERT, 4. NORTH BATTLEFORD, 5. SASKATOON, 6. MAPLE CREEK, 7. SWIFT CURRENT, 8. EBERROW, 9. MOOSE JAW, 10. GRAVELBOND, 11. REGINA, 12. YORKTON.

Scrambled names: 1. NUMRIAU, 2. TIYC, 3. WDEM OA, 4. KLA E, 5. NIPCRE TEBLAR, 6. TORHN, 7. TALEBDROT F, 8. ATKANO OSS, 9. PELAM RKECE, 10. RENUCTR, 11. BREEWYO, 12. OSEMO AWJ, 13. RLGVAEGOUR, 14. GIREAN, 15. KOTNROY.

The Misadventures Of Oscar McFoisy

Conservation Officer Lawson battles his arch enemy Oscar McFoisy in this series of articles affecting outdoorsmen. Conservationist Doug Adolph sheds a humorous light on the sometimes unknown risks taken by those not familiar with the law.

THE STATUTE
Section 3(a) of the Game Export Act states that: "No person shall knowingly take, carry, send, ship or have in possession for the purpose of taking, carrying, sending or shipping or receive for shipment or transmission beyond the limits of the province within which such game was killed any game except under the authority of an export permit duly issued under the laws of such province."

THE INCIDENT
It may have been the result of all the visits to the courtroom, but Oscar McFoisy purchased hunting licences and tags for the coming season. He felt that he might try hunting legally for a change, just to be on the safe side. So he did, and sure enough he bagged a big elk.

He had a friend across the border who liked game meat so he headed south with the elk and his pet bullfrog in the back of his pickup. "Jacob the Frog," had been trained for guard duty. Oscar would have preferred a dog, but things were kind of tight in the money department so he settled for the croaker.

"Jake" loved to accompany Oscar on his meat transporting trips 'cause there was always a fine assortment of flies and mosquitoes buzzing around and he could usually scare up a meal, sometimes just by yawning. Oscar's feeling of legality was soon shattered when the customs officer asked him for his "export permit". Although Oscar explained that he had all the other licences, the customs man was firm about

holding the meat. McFoisy became so furious that he almost broke a bone in his foot when he kicked one of the hubcaps off the truck.

The customs man advised Oscar that G.W. Lawson, the local Conservation Officer would be notified of the violation; and did a double take when he thought he heard Oscar burp at him. The belch as it turned out came from "Jake the Bullfrog," who was so upset on overhearing the news that he knocked a dragonfly off the kill, stomped on it twice, and gulped it down. It made him feel a lot better.

G.W. arrived, seized the meat and laid a charge against Oscar for attempting to illegally transport the elk. (He almost laid a charge against "Jake" for assaulting a peace officer, but he decided that a finger bandage would ease the pain.)

THE ADJUDICATION
His Honor explained to Oscar that all provinces and states have very strict regulations concerning the transport of wildlife.

Permits (usually free) are necessary to document the number of furs, carcasses and trophies leaving the province. The Judge suggested to Oscar that transporting wildlife or parts thereof is not exactly like transporting a billiard cue across the border so it should have occurred to him that some sort of permit was necessary.

In the event of disease breakout in some animal population, it is necessary to restrict the inter-transport of wildlife.

Non-resident hunters have traditionally had to pay more for the privilege of hunting and the permit is part of that privilege.

Illegal trafficking of wildlife occurs from time to time, so the permit information helps in the enforcement of that activity.

RIVER HEIGHTS MOTEL
1820 Cliffe 338-8932 Courtenay

CLEAN AND QUIET
1 AND 2 BEDROOM KITCHENETTES
Home of Courtesy and Rest

COLOUR TV
Welcome All

CHARGE X AND MASTERCHARGE ACCEPTED

PREVENTIVE MEDICINE

Is a good idea for your car too! Especially with Fall here.

YOUR AUTOMATIC TRANSMISSION WILL LOOK AFTER YOU... IF YOU LOOK AFTER IT NOW.

CALL US ANYTIME

DAVE'S AUTOMATIC TRANSMISSION REPAIR

370 Puntledge Rd., Courtenay
Phone 334-2917 Nights calls 339-2078

Nanaimo Realty

576 England Ave. Courtenay. Phone 334-3124
Driftwood Mall, South Courtenay

Comox Shopping Centre Phone 339-2228
338-6701

ROOM TO BREATHE. Great for kids and a horse. This efficient 4-year-old 3-bedroom home is attractively sited among the evergreens on 2.1 selectively cleared acre less than five miles by paved road from Courtenay. \$44,900.

BEAUTIFUL WELL BUILT HOME — 388 Douglas Street. Double carport, 2 bathrooms, 2 fireplaces, includes built-in dishwasher, 12 x 24' workshop. \$55,000.

BETTY McQUINN, RES. 339-3786
OFFICE, 339-2228

NANAIMO REALTY (COURTENAY) LTD.

COURTENAY OFFICE 334-3124
COMOX OFFICE 339-2228
DRIFTWOOD MALL 338-6701

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16				17		
18				19				20		21
22				23				24		
25	26	27		28				29		30
31				32				33		
34				35				36		
37				38				39		
40				41				42		
43	44	45		46				47		
48				49				50		
51				52				53		
54				55				56		
57				58				59		
60				61				62		

- ACROSS**
- 1—Turner
 - 5—Waste cloth
 - 8—Insect
 - 12—Above
 - 13—Twilight
 - 14—Region
 - 15—Spanish painter
 - 16—Deface
 - 17—Charge against property
 - 18—Russian team of three horses
 - 20—Female title
 - 22—Classify
 - 24—Pronoun
 - 25—American inventor
 - 28—Poem by Shelley
 - 33—Exist
 - 34—Vase
 - 35—Undivided
 - 36—Clergyman's title
 - 39—Vacate
 - 40—Perform
- DOWN**
- 1—Mistake
 - 2—Affirm
 - 3—Roman emperor
 - 4—Painter
 - 5—Erich Maria
 - 6—Girl's name
 - 7—Seed
 - 8—Town in New York
 - 9—Operatic melody
 - 10—Appear
 - 11—Window glass
 - 19—Boxing term
 - 21—Overwhelm
 - 23—Revolves
 - 25—Vehicle
 - 26—Native metal
 - 27—Bulgarian coin
 - 29—Selene loved him
 - 30—Rural sound
 - 31—Blackbird
 - 32—Household need
 - 37—Redactor
 - 38—Decay
 - 39—Fabric
 - 42—101 (Rom. num.)
 - 43—Tibetan priest
 - 44—Scent
 - 45—Italian coin
 - 46—Barren
 - 48—Bathe
 - 49—God of love
 - 50—Gypsy gentlemen
 - 53—Greek letter S.O.P.

Accent Safety

By Safety Sam

How Is Your General Safety Program?

Entering The Home Stretch
Any good planning begins with the questions: "Where are we now?" and "Where do we want to go?". Those were the keys to deciding that "Accent" at CFB Comox would be aimed at increased acceptance of safety responsibility, improving the organization for safety, and further reducing the Injury Frequency Rate (IRF) in the Food Services and Construction and Engineering sections.

Only four and one-half months remain in the Accent Safety campaign. Since they are critical to the success of one of the objectives, it's a good time to let everyone know what is required by 31 March 77.

Where are we Now?
Thirteen months into the

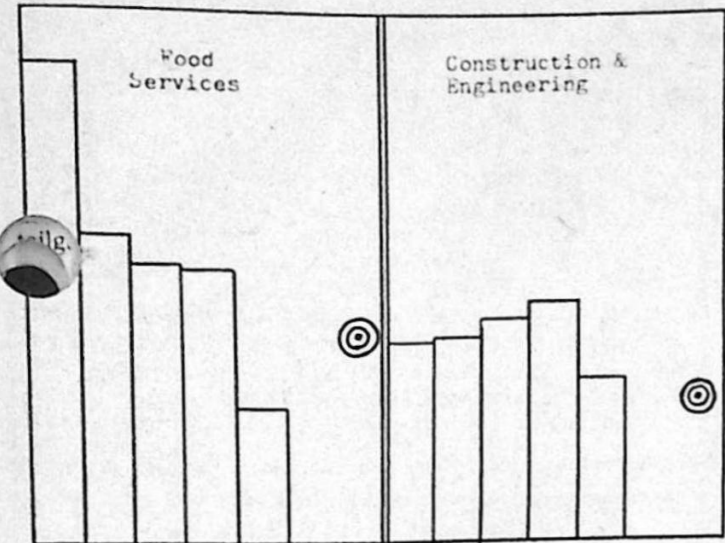
campaign, we have basically accomplished our first two objectives: the publication of guidelines for safety responsibility leave no doubt as to who does what, where, when and why. Part of this acceptance meant the base becoming active in indoctrination briefings for new personnel. Each Squadron, Branch and Section have the responsibility to continue this training. Responsibility reaches right down to the supervisors and to each individual. Every level of the organization can make a significant contribution to the Base General Safety Program.

What about improving the organization for safety? This aspect was the first one emphasized at the beginning of the campaign. Essentially,

it means a team approach to safety. The most visible part of the team is the Base Safety Council, chaired by the Base Commander. Once each quarter, this group reviews the individual concerns for Flight Safety, Nuclear Safety and General Safety in a single session.

Teamwork extends to the full-time specialists involved in fire prevention, MSE safety, explosive safety, occupational health, accident prevention, flight and nuclear safety. Another important element of the safety team are the Squadron and Section General Safety Officers who co-ordinate safety efforts within their own organizations.

Where do we want to go? A glance at the performance targets and the actual injury experience shows that the most dramatic improvement has been made in the more controlled environments of Food Services, while CE has had a difficult time "turning the corner". We can reach our Accent Safety goals - if we all do our part.
Watch your Bird!
SAFETY SAM



COLUMNS REFLECT injury frequency rates Oct. 75 to date.

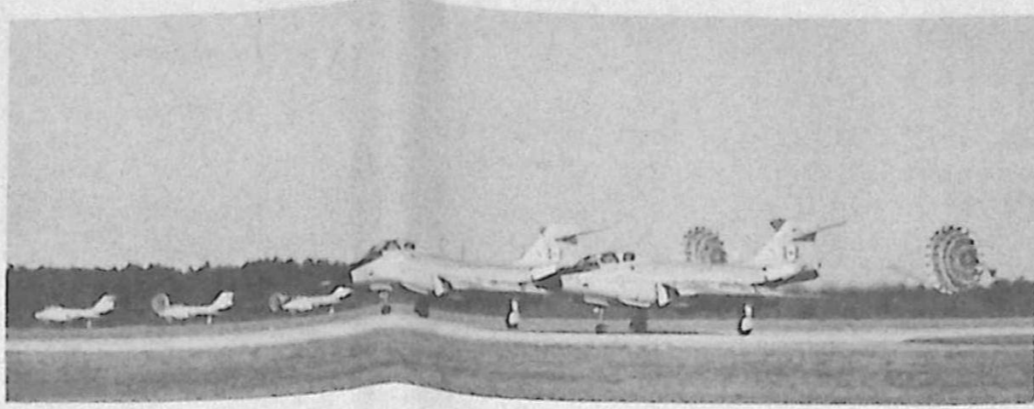
Advertising...

keeps you posted.

CANADIAN ADVERTISING ADVISORY BOARD

Canucks Arrive

William Tell 76



STOLE THE SHOW Synchronized formation landing using both runways and simultaneously deploying drag chutes.



OFFICIAL WELCOME Maj. Gen. Peterson welcomes L.Col. Sundvall as Canucks arrive at Tyndall AFB for William Tell '76.

Chapel Chimes



Father Francis Swoboda-Base Chaplain (RC) Telephone 339-2211 Loc 274 or Residence 339-2102.

SUNDAY MASSES:

Saturday - 7:00 p.m. (Sunday Vigil)
Sunday - 9:30 a.m. and 11:00 a.m.

WEEKDAY MASSES: Mass will be celebrated in the Chapel on weekdays at 9:00 a.m.

SACRAMENT OF RECONCILIATION: Confessions are heard before and after all Masses and at other times upon request.

CATECHISM CLASSES: Catechism Classes for Grades 1 to 8 are held regularly each Wednesday evening from 6:30 p.m. to 7:30 p.m. at the Airport School in PMQs.

BAPTISM: By appointment. Instructions for parents required prior to baptism.

MARRIAGES: Minimum of three months advance notice. Marriage counselling and preparation courses are required prior to marriage.

CHAPEL SERVICES

D.L. Martin, Major (Base Chaplain (P))

The Protestant Chapel is located in Wallace Gardens (PMQ area) and Divine Service is held every Sunday at 1100 hours. This is the Base Chapel and everyone is warmly invited to share in the Service.

HOLY COMMUNION: Holy Communion 1200 hours last Sunday of each month.

BAPTISM: Services of Holy Baptism are held every month.

WOMEN'S GUILD: All women are encouraged to support this group which is very active in missionary efforts. Meets in the Chapel Lounge at 2000 hours on the third Tuesday of the month.

CHAPEL CHOIR: Our Senior Choir extends a warm welcome to all new arrivals. New voices are always needed. Please speak to the Choir Director, Organist or Chaplain. Senior Choir Practice - 2000 hours, Thursday; Junior Choir Practice - 1800 hours, Thursday.

Sunday School-The Sunday School operates from September to June. Ages 6-15 meet in the Chapel at 0930 hours each Sunday, and the ages 3-5 hold their sessions during the Church period at 1100 hours. All children are invited to attend.

Office Hours-0800 to 1630 hours. Phone 339-2211 local 273.

SERVICE DIRECTORY

Use your local businesses to save time and money

KING'S PIANOS & ORGANS
Factory To You
★ HEINTZMAN PIANOS
★ HAMMOND ORGANS
PRICES THE SAME CANADA WIDE
USED PIANOS AND ORGANS
LARGE SELECTION OF MUSIC
DRIFTWOOD MALL, Courtenay 338-5662
DISCOVERY MALL, Campbell River 287-2414

BUYING? SELLING? TRADING?
Totem Times classified ads will get results
\$1.50 per insertion up to 50 words
Phone Capt. Jack Campbell, Local 409 or 339-5796
Sgt. Ken MacLean, Local 275 or 338-5188

SPECIALISTS IN:
CARPETS * LINO * TILE * CERAMICS
PAINTS * STAINS * WALLPAPERS
PROFESSIONAL INSTALLATIONS
Phone 338-5314
Comox Paint & Floor Coverings
1475 Dyke Rd. Courtenay

COURTENAY-COMOX TRAVEL SERVICE LTD.
REGISTER NOW FOR ALL CHARTER FLIGHTS TO
BRITAIN EUROPE ASTA HAWAII MEXICO
For the First Time ALL YEAR CHARTERS TO BRITAIN AVAILABLE
338-5421 Accommodation and Flights
441 Cliffe Ave. Courtenay, B.C. P.O. Box 3190

Alpha Electrical Appliance Repair Co. Ltd.
REPAIRS FOR ALL MAJOR APPLIANCES
"Factory Authorized Service For"
JOHN HAUGHTON - Owner
339-4443
SPEED QUEEN 2135 Robb, Comox

MOHAWK COURTENAY SERVICE
2350 Cliffe Avenue
★ Quality Tires
★ Quality Service
★ Qualified Mechanic on duty 8-5
OPEN 24 HOURS

COMOX SHOES LTD.
Complete Family Footwear
in
COMOX SHOPPING CENTRE
OPEN 6 DAYS A WEEK

BAYVIEW COLOR CENTRE
3080 Comox Rd. Courtenay, B.C. 339-3711
(Next to Animal Hospital)
SERVING THE COMOX VALLEY WITH SHERWIN-WILLIAMS, BAPCO PAINTS AND OLYMPIC STAINS.
Come in and see our large selection of Wallpaper Books.

CAMELOT ENTERPRISES (1975) LTD.
CONSTRUCTION - BUILDING MAINTENANCE
CONCRETE WORK - BUILDING RENOVATIONS
JANITORIAL SERVICE
R.R. 1, Comox 339-3596

SERVING UPPER VANCOUVER ISLAND
TAYCO PAVING CO. LTD.
867 FIFTH ST., COURTENAY, B.C.
PAVING CONTRACTORS
• INDUSTRIAL • COMMERCIAL • RESIDENTIAL • MUNICIPAL
Phone 334-3136

TELEPHONE 338-8200
OK TIRE STORES
OUR TIRES GO AROUND WITH THE NICEST PEOPLE
971 CUMBERLAND ROAD COURTENAY, B.C. WAYNE ANDERSON

UNDER NEW MANAGEMENT
MALL TOYS AND HOBBIES
YOUR CENTRE FOR ALL HOBBY CRAFT NEEDS
R. LAND Phone 334-3663
317 - 4th St. Courtenay

Danish Teakwood Center Ltd.
DRAPES - GIFTS
KITCHEN CABINETS
445 - 10th Street Courtenay, B.C.
KAREN HALLUM President Phone 338-5053

QUALITY BICYCLES
PARTS AND ACCESSORIES
COST LESS AT THE
PEDAL PUSHER
168 Fifth St. 334-4548
CHARGE * MASTER CHARGE * TRADES

COURTENAY BAKERY
FANCY CAKES
BREADS - BUNS - PASTRIES
"IN THE HEART OF THE VAST METROPOLIS OF COURTENAY"
Phone: 334-4234 P.O. Bread Box 3218

COMOX HARDWARE LTD.
A COMPLETE LINE OF HARDWARE, PAINT, APPLIANCES AND FISHING TACKLE
IN THE SHOPPING CENTRE **LINK STORES** 339-2911

SERVICEMEN AND FAMILIES WELCOME AT
CHELtenham COURT MOTEL
COURTESY * CLEANLINESS * COLOR T.V.
994 Gorge Rd. West Phone (604) 385-9559
Corner of Gorge & Admirals Rds. Victoria, B.C.
CLOSE TO C.F.B. ESQUIMALT

CATHAY RESORT
KYE BAY R. R. 1, COMOX
Phone 339-2921
New fully equipped large 2 bedroom family units
Daily, Weekly and Monthly Rates
Owners: BETTE & DOUG HANDEL

COMOX BUILDERS CENTRE LTD.
554 Anderton Road, Comox, B.C.
We offer a good, general selection of lumber, building supplies and hardware.
BUT Our Specialty is Service
Saws Sharpened Coffee
Summer Hours - 7:30 a.m. - 5:30 p.m.
Drop in and see us or PHONE 339-2207

PETER'S SPORT SHOP LTD.
ALL SEASONS SPORT SHOP
HIKING AND CAMPING SPECIALISTS
505 Duncan Ave. Courtenay

SANYO - ADMIRAL COLOR TELEVISION
J.V.C. - KENWOOD - HI-FI Equipment
SALES AND SERVICE
E. PAPP ELECTRONICS
"Where Every Day Is Value Day"
ERNE PAPP 339-3877 1803 COMOX AVENUE COMOX, B.C. V9N 4A1

CUSTOM SCREENS
Custom Made Aluminum Window Screens and Sliding Patio Screen Doors
Free Estimates - Free Installation - All Work Guaranteed
Phone 339-4033 or see us at
MEL'S HOBBY CENTER
1771B Comox Avenue Comox, B.C.
Across from the Lorne Hotel
HOURS: Mon. thru Thurs. 10 a.m. - 5:30 p.m. Fridays Till 9 p.m.

THE COURTENAY FLORIST
Phone 334-3441
Day or Night
FLOWERS FOR EVERY OCCASION
The Driftwood Mall
See Bev and Tom McNea for personal service

THE FRAME HOUSE
Specializing In
READY-MADE FRAMES
• NEEDLE POINT • ART SUPPLIES
• PETIT POINT • ART GALLERY
• PHOTOS
We Frame To Please
1801 Comox Avenue 339-5341 Helen Wray Lucette Little Eleanor Williams
Comox, B.C.

Neighbourly News

"Backfence Gossip"

PMQ Preamble

The Wallace Gardens Community Council was addressed at its first meeting by a delightful lady by the name of Teresa Schellinck. Mrs. Schellinck is the coordinator of the "Friendly Visitor Services".

It is not unusual if you have not heard of the Friendly Visitor Service. It is a non-sectarian, local service organized by Mrs. Schellinck in 1970 to aid the needy of the Comox Valley. The service was originally founded to provide concerned, understanding visitors to the shut-ins, elderly, and hospitalized persons with few or no close friends or relatives.

The service originally had about 100 Visitors. It is easy to understand why such a large group of dedicated persons soon expanded their services to other areas. The Visitors have many people who regularly drive those having no transportation. This has included arthritic persons taken regularly to clinics, taking mental health patients to Vancouver and Victoria, taking patients to dental and doctor appointments, driving children to speech therapy and delivering "Meals on Wheels".

The Friendly Visitors offer activities have included assistance to numerous groups and individuals who need help that is not available from other sources. The Visitors have provided library service to Glacier View Home, and even daily laundry service to a family with a seriously ill member has been provided. The Friendly Visitor Service provides immediate assistance in terms of clothing and furniture to deserving families. Such need may arise in the case of fire or other disaster.

Referrals for assistance come from Public Health nurses, doctors, ministers, and concerned friends and neighbours. Unusual requests are frequent. The Visitors have responded to everything from finding boarding homes for students from isolated areas, to providing clothing for released prisoners, to locating volunteers to assist physically handicapped children.

The Friendly Visitors also provide Christmas Hampers. The hampers go only to very needy persons and families, and are not a duplication of efforts by other agencies which provide hampers. The Friendly Visitors not only provide food, but a needed gift for each member of the family. In the terms of statistics, in 1975, the Friendly Visitors distributed 133 hampers, serving 373 individuals. 53 plants were sent to shut-ins. Expenditures on hampers just in terms of actual cash amounted to nearly \$3,000.00.

We have certainly not told all about the Friendly Visitors. They daily provide assistance and friendliness to people really in need, including members of the military community. Requests for their help come from every direction. The Friendly Visitors do not solicit. They depend on donations of funds, clothing, food, furniture, and needless to say, rely on volunteer help. The Friendly Visitors are a dedicated, worthwhile group, serving a real need. Certainly the many in our community aided so often by the Friendly Visitors would offer testimonial to their kindness and generosity.

The Visitors can use useful articles of clothing, furniture, bedding, and food. If you have

items to donate or would care to know more about the Friendly Visitors, call 334-4701. Mrs. Schellinck, who because of her ceaseless volunteer work is the Courtenay Citizen of the Year, would be glad to accept your donations or to talk to you about the Friendly Visitors. Perhaps your organization might wish to be of assistance during the forthcoming Holiday Season.

Gossip Column

By ELIZABETH DICK
Housecleaning time again! Time to sort out clothes, clean closets, etc. Now the problem is: What to do with those things you no longer need or want. My suggestion is Mrs. Teresa Schellinck at 334-4701.

Mrs. Schellinck heads a completely volunteer organization called the Comox Valley Friendly Visitor Service.

She needs, used clothing, used furniture, volunteer help, and assistance with her Christmas Hampers.

The Service helps needy families in the Valley who are not receiving assistance through welfare or other means. This assistance may include providing transportation, phoning an elderly person each day, or providing clothing, or cash if that is required.

So any individual or group who can offer any assistance in any way, please call Mrs. Schellinck at 334-4701.

It is my job on the PMQ Council to act as a liaison officer between First Lazo Cub and Scout Group Committee; the local association of Brownies and Guide groups; the Catholic Women's League; the Protestant Chapel Guild; Teen Towns; anyone who is interested in starting a community social club and the PMQ Council.

People from any of these groups, please contact me at 339-5325.

It has been brought to my attention that the First Lazo Cub and Scout Group Committee will be holding a Christmas tea and bazaar on the 20th of Nov. from two to four p.m. at the Airport School Auditorium. Any donation would be thankfully accepted. Your support is requested.

A helpful hint to pass your way—uses of vinegar. Wipe your car windows off with vinegar; this is suppose to prevent the formation of that thin sheet of ice that is so difficult to scrape off in the morning.

Ladies, let us try and keep articles in this paper. Anything goes - recipes, hints, controversial articles, anything you wish to write. So come on, let's do our share!

There is just one stipulation. To protect the beautiful floor, everyone is asked to bring a change of soft-soled shoes or slippers that are not worn outside. Socks are too slippery to dance in comfort.

Give it a try each Wednesday starting Nov. 10th from 8:00 to 10:00 p.m. Where else can you have such a great time at \$1.00 per person. We look forward to dancing with you all. Come out and make it a success.

For information, call Lois Wright at 334-3569.

Catholic Women's League

A very enjoyable meeting and social was attended by 15 members and our director, Father E.F. Swoboda. Members took this opportunity to wish the president, Bev Pierce and the director, Father Swoboda, a happy birthday and present both with gifts of appreciation for their services. Bernie Erickson provided the birthday cake, and like the wedding at Cana, coffee was changed to wine at the appropriate time.

At this meeting of November 9th, dates were set and plans were made for most of the activities taking place before the end of December. The following activities have either taken place or will take place in the community.

The Sunday after our monthly meeting is CWL Sunday. Four members took active parts in assisting Father Swoboda at the 11 a.m. mass on November 14.

November 15th is Bingo night at the Glacier View Manor, and December 6th is the Christmas party at the Manor. Members really look forward to these evenings and June Bourrie, telephone 339-4349, convener of these events, would welcome all persons who would like to join us.

Members will assist at the Blood Donor Clinic on the Base on December 3. Have you ever thought of donating blood? Maybe this could be your first time.

Support the Cubs and Scouts Bake Sale, November 20th. Members will attend the Parish Council meeting on November 17th and assist with the Parish Christmas Concert for the children in December.

The Catholic Women's League is a National Organization with its Head Office in Winnipeg. There are 108,000 active members across Canada. One of the 1976 National projects is to study the Canadian Bishops' Labour Day message and activate some proposals. Each parish council is asked to do the same and set a course of action appropriate for their group. With this in mind, Dawn Cope has invited the members to her home one afternoon to read and study the brief entitled "From Words to Action." We will be discussing such statements as (a) Modifying our more affluent life styles, (b) Speaking out against the injustices in our community, (c) Providing assistance to poor and oppressed groups. We are hoping to do our share and start by modifying our own life style.

Here is a recipe for a quick tasty cake that requires no icing.

FRUIT COCKTAIL CAKE
1 can fruit cocktail with juice
2 eggs
1 1/2 cups sugar
2 cups all-purpose flour
2 teaspoons baking powder
2 teaspoons baking soda
1 teaspoon salt.

Mix all ingredients together, place in oblong pan and bake at 350 degrees F. until done.

This time we would like to wish Doreen Johansen a speedy recovery after a bout in the hospital.

We are all anxious for our next monthly meeting on December 14. The Protestant Ladies Guild at CFB Comox will hold their meeting on the same night, and after short meetings, the two organizations will meet for a Pot Luck Supper.

For more information on the CWL, or if you are interested in any of the above mentioned activities, call the membership and organization convener, Bernie Erickson at 339-4735.

Plateau REALTY LIMITED

1415 CLIFFE AVENUE
COURTENAY, B.C. V9N 2K6
338-5366

3 Bedroom older home on 2.3 acres, approx. 1 acre cleared, 18' diam. above ground swimming pool. \$33,900.00.
SEMI-WATERFRONT HOME: Craigdarroch Beach. 3 bedroom, full basement. \$69,800.00.
CALL HARRY SQUIRE - 334-3427
SMALL ACREAGES - Piped water, nicely treed, one with riverfrontage. From \$18,000, easy terms.
LOTS OF LOTS - sea view, piped water, close to town, easy terms, from \$8,900.00.
CALL CHARLOTTE WILLIS - 338-8962.
COMPARE! COMPARISON PROVES!!
W-F means waterfront property. This one is unique, unbelievable, and it can be yours!
ON A WOODED WONDROUS LOT sits a comfy, cozy house. Quiet, beautiful setting, one country block from Bates Beach, 3 bedroom modular style.
CALL ED RILEY - 339-2887
WATERFRONT-SHIP'S POINT.
Unique post and beam home. Extra solid construction and large rooms. Ideal retirement home. Large private lot and level beach.
ELEGANCE PLUS in this 4 bdrm., sparkling new home. Large lot and glorious view.
CALL JO ROBINSON 338-5758.
MOVE IN NOW!!! Quality Construction.
4 BEDROOMS AND APPROX. 2.5 ACRES: some appliances included. NOT in A.L.R.
CALL DAVE PATERSON - 334-4581.

Charlotte Willis	338-8962	Jo Robinson	338-5758
Stan McMullin	338-8823	Ed Riley	339-2887
Dave Paterson	334-4581	Office	338-5366

Some people believe that a fern growing in a tree can cure stomachache.

THE \$2.50 UNICEF CHRISTMAS.

You get 10 greeting cards, thirty-three children get polio vaccine.

The sale of UNICEF cards directly supports all UNICEF programs in child health, education and welfare in 109 developing countries.

The proceeds are used to train teachers and nurses; to purchase high protein foods and vaccines. Let us send you our free UNICEF colour catalogue of attractive greeting cards. Then, when you make your selection you'll know we all benefit. You and the children. And that's not bad, is it? Just write or call:

British Columbia UNICEF Committee, Box 602, Station A, Vancouver, B.C. V6C 2N5 Telephone: (604) 687-9095

Not bad for \$2.50

AS A COMMUNITY SERVICE BY TOTEM TIMES

WANTED



For ALDERMAN & REGIONAL BOARD
By The Town of Comox
A MAN YOU CAN TALK TO
NOV. 20 VOTE

TILLOTSON, George R. E.

Square Dance News

A new church which couldn't be ready for its congregation by the end of October as originally anticipated set off a sudden repercussion. The Merry Mixer group who were to start a series of Beginner dances were suddenly without a hall to hold them in. It was with relief and joy that they found available space in the Comox Airport School gym. Their upcoming Wednesday Night Hoedowns will be held in the gym as part of the PMQ Community recreation activities.

Callers Stan McMullin and Ted Wright are both ex-Air Force personnel who have called to dancers on several other Canadian and U.S. Air Force Bases. They work as a team to bring the fun of western square dancing to its primary peak spot. The fact that people are learning to dance at the same time is seemingly incidental.

Merry Mixers need people. Square dancing is a pleasure that can't survive without them. It takes four couples to make a square. Although the people of one square can have a great deal of fun together, it's universally remarked how extraordinarily that fun multiplies with each extra couple that joins in.

We are hoping that there are many persons in Wallace Gardens who will, these next Wednesdays, walk the short distance to the school to join in the fun, the laughter, the frolic and the enthusiasm of a western hoedown night. The invitation is extended to everyone from sixteen to well-past retirement. Square dancers love to boast about the great-grandmas and grandpas still dancing.

Seven years ago Stan and Evie McMullin had a marvellous club of teen dancers here about whom they still love to talk. So, PMQ teens, come with your friends and-or parents. Come alone if need be. It's a fantastic way for all age groups to mix and match.

There is just one stipulation. To protect the beautiful floor, everyone is asked to bring a change of soft-soled shoes or slippers that are not worn outside. Socks are too slippery to dance in comfort.

Give it a try each Wednesday starting Nov. 10th from 8:00 to 10:00 p.m. Where else can you have such a great time at \$1.00 per person. We look forward to dancing with you all. Come out and make it a success.

For information, call Lois Wright at 334-3569.



MASTER CORPORAL BERNICE HOLLINGSHEAD, OF Sault St. Marie, Ont., serving at CFB Trenton, Ont. is inoculated against swine flu during the test program held at CFB Trenton. She is the daughter of Mr. and Mrs. Joseph Kehoe of 112 Weldon Avenue, Sault St. Marie. Administering the vaccine is W. K. Ing of the Connaught Laboratory staff from Toronto. Canadian Forces photo

**Elect For Alderman
E. W. Tait**

City Of Courtenay
on
November 20, 1976

Born in Wadena, Sask. Employed as secretary-manager of Br. 17 Legion, Courtenay, since 1972. Transferred to Courtenay in 1967, 442 Sqn. Twenty-two years military-air force and 1st Bn. P.P.C.L.I. Served in Korea, Europe and Canada. Past executive and inspector local S.P.C.A.

Father of three children living in Courtenay and area. Interested and sincere in people and in the City of Courtenay and asking for your support on November 20th.

TAIT, Earl Wilson

IF YOU NEED A RIDE TO THE POLLS...
Please Phone 334-4322

Keystone Construction Ltd.

68 - 5th Street
COURTENAY
338-6644

ACCEPTABLE TRADES CONSIDERED

Why Settle for an Older House with the same old troubles?

INVEST IN A MODERN HOME
BUY DIRECT FROM KEYSTONE AND SAVE!
WORK SAVING, TIME SAVING, MONEY SAVING

24 NEW HOMES

No Two Exactly Alike

- Beautiful Cedar or Stucco Exteriors - Low Maintenance
- Double Thermal Glass Windows and Patio Doors - Save on Heating Bills
- Insulated Steel Exterior Doors - Never warp, rarely need painting
- Stone walls, Exterior Planters, Fireplaces - Look after themselves
- Clean Electric Heating, Separate Thermostat Control in Each room - Saves heat-keeps walls, furniture and drapes clean
- Heavy Insulation - Reduces heating costs
- Woodburning fireplace Heater type - Maximum saving of heat
- All Homes with Top-of-the-Line Citation Kitchen Cabinets, Ensuite Bathrooms
- Color Co-ordinated Carpets and Decoration
- Fine Kitchen Range provided in every home

PRICES \$41,400 GRADUATING TO \$60,500

Three Types of Split Level Homes - 5 One Level Types
Full Basement Homes: If you like a one level plan, but with a full basement- we will build it for you.

UNDERGROUND SERVICES • MORTGAGING ARRANGED

THREE CHOICE TREED LOTS - 80' x 130' - \$12,500
or will build to suit
ACROSS ROAD FROM PROPOSED PARK

ENDING NOVEMBER 30, 1976

8 3/4% Second Mortgages (B.C. Gov't)
DO YOU QUALIFY? - FIND OUT
ONLY 32 MORE DAYS TO 8 3/4% MONEY

FOR FURTHER INFORMATION
OR APPOINTMENT TO VIEW CALL

Bruce Mowatt 339-5911 or 339-3137
(evenings)