



TOTEM TIMES

Right, Left, Right - MLAs on the move



VOL. 17 - NO. 24

CFB COMOX TOTEM TIMES

THURSDAY, DEC. 18, 1975



Civic Centre Christmas

Photo Ellis

Canucks Salute U.S. 200th

Off to the 'Roses'

OTTAWA - Everything will be "coming up roses" during the Christmas and New Year's season for about 230 military and civilian bandmen from across the country.

They're off to California to take part in the New Year's Day Tournament of Roses parade and other events, Dec. 27 - Jan. 4, marking the official beginning of U.S. Bicentennial celebrations.

The Pasadena parade, televised to an audience of more than 140 million, will include 60 floral floats, 32 bands and several equestrian units.

Heading the "All-Canada Salute to the U.S. Bicentennial" feature will be the RCMP Musical Ride. Included in the Canadian portion will be two military bands and a massed pipes and drums band financed by the external affairs department.

From the regular force will come the 45-member bands of Calgary's Princess Patricia's Canadian Light Infantry, and Quebec City's Royal 22e Regiment ('Van-Doo's'). The reserves will contribute varying numbers from the Cameron Highlanders of

Ottawa, Vancouver's Seaford Highlanders of Canada, and Victoria's Canadian Scottish Regiment, forming a 140-member all-Canada pipe band, the first such massed band organized for the tournament's parade. Other pipers and drummers will be drawn from a variety of civilian organizations across the country, notably the

Winnipeg Massed Pipes and Drums.

The city of Calgary and provinces of Quebec and Nova Scotia again will sponsor individual floats, while Montreal will enter one for the first time. In previous years, the Calgary and Nova Scotia floats have won major parade awards.



Miss CFB Comox Contestants

- Base Photos



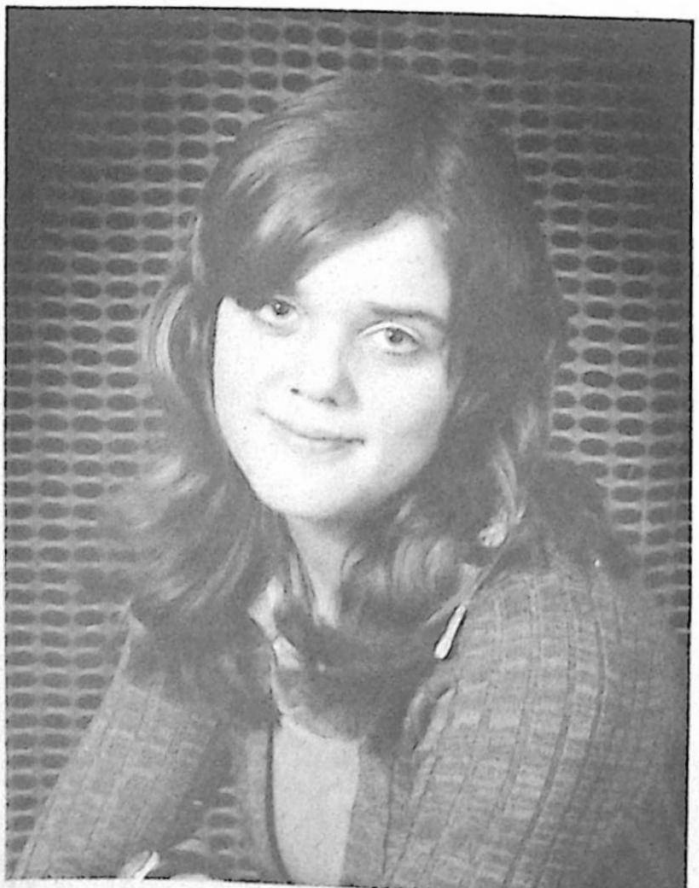
Debbie Cote



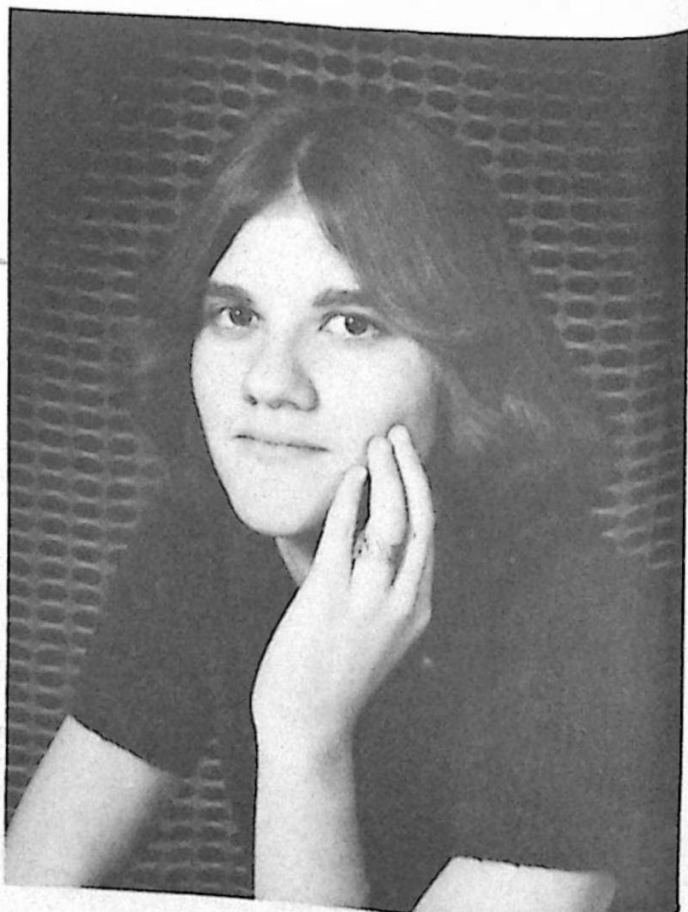
Sheila Ennis



Karen Merkle



Debbie Ross



Judy Tabler



Janis Voth

"O-o-o, That's Beautiful"



Miss CFB Comox '76

Debbie Ross, a 16-year-old student who thinks of Calgary as her home, was declared winner of the contest finalized Tuesday evening in the Totem Lounge. Debbie participated as Miss Base Transport.

The six contestants representing units on the Base, - were judged on personality, poise, speech and beauty. The judges represented all ranks and included a female representative.

Debbie Cote, a 16-year-old claiming Trenton as her home town, was runner-up.

Begin photo



SANTA BREAKS FOR COFFEE with his little "elves" at 407 Armament. Demon photo

407 Tech Ramblings

ARM'T ANTICS

Monday morning the 407 Arm't Section was paid an early visit by "Sandy Claus" alias "Scourge of Nimpo Lake" alias Sandy Sandberg (Cpl. ret.).

Sandy walked in kind of sheepishly and obviously avoiding Jack Huffman (our "Canteen Keeper of the Coin"). Seems there was a matter of a coffee not being paid for in Sept. '74. Jack, being the man he is, let it slide for the moment.

"Sandy", as can be seen in the accompanying photographs, has retired to the position most of us only dream about. No pressure about how we look or dress; time schedule a thing of the past. The only worry is what to do with the extra fish and game. Sandy is not living the life of Riley but he is not a hermit either. For all our most pointed questions all we got was a beard-opening smile, a twinkling of an eye and a big HO! HO! HO!

Well our big bash for the year will be upon us soon. We tried out the bath tub and it fits "Kari" to a tee! Gloria had a bit of a hangover. There wasn't room for "Zeek" and Jack but then again the song goes "three men in a tub".

Our boss (we have four), the one called Sgt. Clarke, got his fingers hurt playing with a ping-pong table - that's his story. He says his wife believes him so who are we to say it wasn't so. He and Ziekle can be seen comparing old battle scars.

It's about time to close, Sandy's burros are double parked and need to get going. A few more lies about how good it is up in the wilds of B.C. and you may be looking for a new correspondent.

To all our readers a very Merry Christmas and a happy and Prosperous New Year. SERVICING SNICKERS

It's that time again for Totem Times. Everything is getting back to normal as we have all our world travellers back from warm countries - all tanned and happy to be back home.

Sent W.O. Boutaught on a southern run. On the fourth try he finally made it without it being cancelled. He had a little problem refuelling. The Old Bird takes a lot of juice particularly when it's by overwing refuelling.

Things will never be the same on No. 2 crew now that Tex is back with all those foreign ideas from the technical branch from down under. As he says it's all very well to visit but when one sits down to think about it - there is no place like home! Speaking about home, Tex no sooner got back than he was advised on good authority that he would be leaving beautiful B.C. and moving to the Ottawa area. Just think - he'll be right there where all those weird and wonderful decisions are made! He is now anxiously awaiting confirmation. Maybe there really is a Santa Claus!

Sgt. Marks was on a little trip to the Cool Pool deep freeze. A nice time was had but -34 degrees F. was something else. The old bird doesn't take too well to those temperatures either and it was decided - home JAMES and don't spare the horses! Had a card from one of our retired Warrant Officers, i.e. Ed Lozanski. As a farmer during the summer, he had a good crop. But as a fruit inspector during the winter, time will tell. Also received word from our former ASV, Capt. Irving. He is down in "Mory Beck" and wishes he was back in beautiful B.C. It's rather cool already in that part of the country.

Well, it's that time of the year again. Xmas is upon us; everyone has sent their letter to dear ol' Santa in the hopes he will fulfill their orders. It's also that time for section parties, etc. The roads will be icy so let's everyone take a little more caution while driving and have a safe and happy time.

We would like at this time to wish everyone a Very Merry Christmas and a Happy New Year from all of 407 Servicing.

ASW LABS

Greetings and salutations to all and sundry from your newest correspondent. It seems that the usual purveyor of delightful ditties is absent this week and so it falls on me to attempt to fill his (admittedly) large boots. For the first time in my memory the coffee table was full this morning as it seems all have returned (albeit shortly) from their various voyages.

Sgt. Andy Croiter and Cpl. Jim Hagar have returned from Down Under, Cpl. Sam Dunn from the Cool Pool, and Sgt. Ken Maclean from somewhere back east. Australia must be lovely this time of year because every time that Jim Hagar sees our white rain we hear a muttered "Humbbug."

J.P. has come down from his perch on the A.P.S. 20 and is now learning the ins and outs of the Doppler. Wonder why MCpl. Durrance now walks around in a daze muttering about "giant green frogs".

The way MCpl. Sandy Sams is pushing those 407 Sqn. Party and Raffle tickets we think he must be getting a cut. What did they offer you Sandy, first go at the 407 Bathub? A big welcome goes out this week to Pte. Harry Brand, a fresh face from Borden. They must teach them better in Borden nowadays since it only took him 10 minutes to begin studying out EO Library (i.e. Playboy, Penthouse, etc.). Seriously Harry, it's good to have another Anglophone Pte. up here as I was tired of trying to speak French.

MCpl. Durrance is suffering from a lighter wallet this week as it seems the Service Flight he had arranged for his wife was cancelled and he had to pay her train fare back from Edmonton. Too bad Bob.

Well, that about wraps it up for this week except for this final word to the wise: the police benevolent fund needs money at Xmas too, so if you are going to the 407 Bash, TAKE THE BUS.

Twelve Days of Christmas

By "GRAVEL PIT GANG"

On the first day of Christmas my true love gave to me
A headset on a trainee.

On the second day of Christmas my true love gave to me
Too many Majors, and a headset on a trainee.

On the third day of Christmas my true love gave to me
Three Frenchmen, too many Majors, and a headset on a trainee.

On the fourth day of Christmas my true love gave to me
Four old Sergeants, three Frenchmen, too many Majors, and a headset on a trainee.

On the fifth day of Christmas my true love gave to me
Five OJT's, four old Sergeants, three Frenchmen, too many Majors, and a headset on a trainee.

On the sixth day of Christmas my true love gave to me
Six captains creeping, five OJT's, four old Sergeants, three Frenchmen, too many Majors, and a headset on a trainee.

On the seventh day of Christmas my true love gave to me
Seven B stands boozing, six Captains creeping, five OJT's, four old Sergeants, three Frenchmen, too many Majors, and a headset on a trainee.

On the eighth day of Christmas my true love gave to me
Eight hours slaving, seven B stands boozing, six Captains creeping, five OJT's, four old Sergeants, three Frenchmen, too many Majors, and a headset on a trainee.

On the ninth day of Christmas my true love gave to me
Nine Louie's leering, eight hours slaving, seven B stands boozing, six Captains creeping, five OJT's, four old Sergeants, three Frenchmen, too many Majors, and a headset on a trainee.

On the tenth day of Christmas my true love gave to me
Ten techs tink'ring, nine Louie's leering, eight hours slaving, seven B stands boozing, six Captains creeping, five OJT's, four old Sergeants, three Frenchmen, too many Majors, and a headset on a trainee.

On the eleventh day of Christmas my true love gave to me
Eleven pilots playing, ten techs tink'ring, nine Louie's leering, eight hours slaving, seven B stands boozing, six Captains creeping, five OJT's, four old Sergeants, three Frenchmen, too many Majors, and a headset on a trainee.

On the twelfth day of Christmas my true love gave to me
Twelve Corp'als cussing, eleven pilots playing, ten techs tink'ring, nine Louie's leering, eight hours slaving, seven B stands boozing, six Captains creeping, five OJT's, four old Sergeants, three Frenchmen, too many Majors, and a headset on a trainee.

Merry Christmas and a Happy New Year



TALLMAN SAYS: This season, make that "one for the road" milk.

Staff photo

Book Report

By AL WILSON
LOGGING - British Columbia's Logging History by Ed Gould.

- Published by Hancock House, Saanichton, B.C.
- Hard cover and 224 pages: \$14.95.

It has finally arrived: a book about logging in British Columbia. No more will Canadian readers have to turn to American publications written about the Great Northwest to find out about this Province's number one industry.

Ed Gould and Hancock House have put it all together in 224 pages of humor, facts and pictures. From the early days when proud Haida warriors fashioned huge cedar logs into canoes to the current days when the chattering power chain saws break the cathedral silence, the story briefly touches all aspects of B.C. logging. Colorful tales of Gypsies and Giants, of pioneers who hated the big trees because they

were in the way of future crops, are recounted by the author.

Gypo, Saltchuck, Bull of the Woods, Catskinner, Guthammer, Gin Pole, High Lead, Spar Tree, are just a few of the many colorful

(Continued on page 12)

Former Fighter Jock Promoted

OTTAWA - Defence Minister James Richardson today announced the promotion of 51-year-old Colonel Harry F. Wenz of Brantford, Ont., to the rank of brigadier-general and his appointment as director-general manpower utilization at National Defence headquarters, Ottawa. The appointment and promotion are retroactive to Nov. 1.

Gen. Wenz had been director of military manpower distribution since July, 1973. In his new post he succeeds Commodore Ernest Baker of Ottawa and Essex, Ont., who retires Dec. 30.

Gen. Wenz was born in New York City and moved to Brantford when he was five. He joined the Royal Canadian Air Force in Toronto in September, 1942. He graduated as a pilot in 1943 and spent his wartime years with 129 Squadron, Gander, 1 Bombing and Gunnery School, Jarvis, Ont., and with the Advanced Flying Unit, Elmdon Warwick, near Birmingham, England.

He returned to civilian life in September, 1945, and spent a brief period as an A & P store manager before re-enrolling in the RCAF in Nov. 1948. In 1952, in the rank of flight lieutenant, he returned to England for a tour of duty with the Royal Air Forces' 439 Squadron, flying Canadian-built Mark II Sabre aircraft out of North Luffenham, near Peterborough.

As a squadron leader, he served as a staff officer at Air Defence Command headquarters, North Bay, Ont., before his third tour overseas as commanding officer of 434 (Bluenose) squadron in Zweibrücken, Germany.

Other appointments have included commanding officer of RCAF Station Holberg, Vancouver Island, in 1963; CO of Canadian Forces Base St. Hubert, P.Q., 1968; deputy commander of CFB Montreal, 1969; and deputy chief of staff (personnel services) at Air Transport Command headquarters, Trenton, in 1970.



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"DECK THE HALLS WITH E.O. BINDERS" sings Ron Mitchell as he sits among some rather makeshift Christmas decorations at 407 Log Control.

Base photo

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AL WILSON,
Editor.

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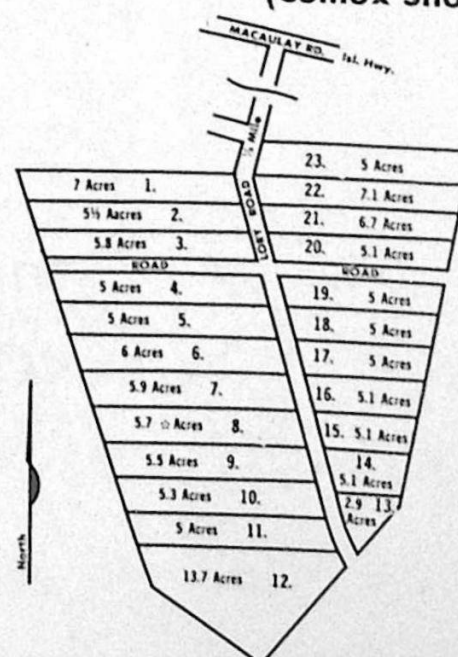
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QUEEN STREET by Russ St. Germain



"WOULD YOU LIKE A SHAVE while you're waiting?" says the Red Cross nurse to MCol Jim Redmond of 442 Sqn., during the recent blood donor clinic.

Photo Begin

Mushroom mutterings

That's it for now, have a good Christmas and do yourself a favour - take a taxi home - good help is hard to find.

Having trouble with your mother-in-law's gift? Mine likes electrical things - I bought her an electric chair.

TECHNICAL GEN

For the last time this year this poison pen shall be put to paper to bring you the bad news, then the good news.

First the bad news: your scribble recently survived a controlled crash, thinly disguised as a S.T.O.L. landing, in a Buffalo. And now the good news.

442 Squadron servicing techs recently came in for some praise after what could be considered a frustrating week. And it goes like this: Two Buffalo aircraft from C.F.B. Trenton arrived at Comox on Sunday 6 Dec., as part of a U.S.-Canada long range training flight. Having steadily realized more and more snags as the flights progressed, they were indeed happy to get next to some

Buffalo-experienced technicians at this unit.

The aircraft appeared to like this area of Canada and were loath to perform in an acceptable manner. Long enough to be launched in an eastward direction. After some six days the last aircraft gave up under pressure from the excellent technicians of 442 and departed, much to the relief of all.

The captain of aircraft 465 was indeed wise in the ways of the Buff, and realizing the excellent support he received, penned the following words to express his sentiments: (quote)

While my F.E. has already submitted the form for our visit to this base, I feel I must add my personal comments, and this (form) seems like the quickest way to get my observations into the hands of the appropriate supervisors.

I have flown aircraft from and through many bases but never before have I encountered such an enthusiastic and co-operative group of personnel in Ser-

vicing as I've encountered on this unit. We arrived in the middle of a weekend as if trying to launch.

Through a seemingly never ending series of major unservicibilities, all the personnel in servicing have been courteous, helpful and very efficient.

In short, your people have worked their butts off for us and we appreciate it very much.

R.I. Sibbald,
Capt. 465 Sqn.
Trenton

(end of quote)

Just two "back forms" so far for this issue. Back from a tour in the Middle East is Gord Theobald, and back from J.L.C. in Esquimalt is Dave Dixon, who can now practice his new found leadership skills on his

In closing, may I take this opportunity to wish all my readers, if I have any left, a very happy holiday season and the very best of everything in the new year.

The problem in gathering useful information becomes insurmountable when one sits listening to the cheers and yell while sitting in the G.R.A.

The alternate method of utilizing secondhand information becomes impossible when I am forced to rely on people who still can't tie their shoelaces the next morning and are covered with battle scars from the night before. I would like to emphasize to you the problems in dealing in secondhand information. After all, how reliable are your friends?

All these problems aside, the last two weeks have been quite eventful. The 409 Christmas party on Dec. 6 was an outstanding success. From what I have heard, everyone had a very good evening with a meal that was just outstanding. My compliments to the kitchen staff at the Officers Mess.

Paul, as usual, was our impromptu speaker of the evening and rendered a crowd-pleasing rendition which was the topic of conversation for quite some time. I found it quite interesting to note that without exception, it was very easy to separate the oldtimers on the Squadron from the new arrivals just by taking a quick tally of the blank faces in the dining hall. Of course we couldn't count the ones on the floor. Sorry about that, Charlie.

The party on Dec. 13 at the Rec Center with all of 409 Squadron present was again a tribute to the organizational skills of all those concerned. I wasn't surprised to see our local stalwarts stake a claim to the bar as they set up their indisputable territorial areas.

However, everybody was exceedingly friendly as even Ron Halstrom would let some of us in for a drink every now and then. He kept mumbling something about "Doesn't seem to be enough glasses over there" and shaking his head back and forth. Was Allen, affectionately known as "The Hawk", supervised the operation of the mix machines and did a very good job of it. I might add, as they operated without a hitch for the whole night.

Well I've got some good news and some bad news for you. The good news is that we will soon have a new major on the Squadron. The bad news is that he is a gringo. Jon Alexander broke the news to us last week and we even got him to the bar on Friday night to buy a few rounds.

Apparently however, with the USAF system, he won't officially be promoted till next spring. He doesn't believe us yet, but us Canadians have a standing tradition of buying rounds at every beer call till it is official. You wouldn't want to damage diplomatic relations would you Jon?

Well by far the highlight since the last Nighthawk's formation led by the CO last week. Overcome by the fact that 12 Voodoos were available and the weather was suitable, the Kernel descended to let 4 whimpering T-33's sneak into the box position also. A glorious sight to send the blood pounding through one's veins. The whole mass of aircraft flew over the station twice without a hitch even though the Kernel

Nighthawk's Nest

for got to call entering the zone twice.

Runout of the Week

The Voodoo soon will have a microwave receiver added to its tail section. This will allow us to watch Johnny Carson while on those long CAP patrols.

Ed. Staff Note: How about some thanks to the 409 ground crew? Merry Christmas "ligers".



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May, Osborne has been busy wearing two hats (except after the stag when one of them disappeared and was located in a restricted area - if you'll pardon the pun!). Besides being acting CO he is also building an Ope Empire while C.B. is away; there are so many in there now they are requesting a separate orderly room and a staff car.

I had hoped to provide an interesting backround to the U.S. training trip, but there must have been a sworn secrecy pact. Questions remain unanswered, the only reply being sheepish grins and an official "no comment". It was established that Maj. Durrant and Bob Kozak left Vegas as winners, but what about boysown? Where did Marg and Joy go? Why is Marg still wearing sunglasses? Well, I'm sorry, the matter will be investigated further and you can depend on a good rumour by next issue.

The "smooth talker of the night" award has to go to the Section who took a week's leave to go to Hawaii via Argus - alone. No doubt Bob convinced Sandy it was a training trip essential for checking out the BRIV and practice for a little contour flying enroute! Come to think about it Doug McGill went to Edmonton for two days as well - alone! I'll look into this.

The vetrol side has been quiet recently, the only noteworthy item being the addition of an exceptional (should I say outstanding?) mural which has been pinned over their blackboard - probably Nels Gesner acquired this during his recent leave.

Buff pilot's section is noisy these days - Gerry Stark and Ery Cross are a great duo - we first O's sit in the Ops room with ear plugs to listen at a reasonable level. Nothing like a friendly discussion.

Nimrod Gets Bucks

"It was the dirtiest, most miserable day of my life," said Jerry Marks. "It was pouring rain and I was soaked to my skin, the day I got my one-spike buck just off of the Plateau Road." Jerry was recalling that day in October when his trusty of \$10.00 Lee Enfield rifle came through with a 200 yard head-shot to help him win the \$50.00 cheque and the Bill Taylor Memorial Trophy.

Bill Whelen, current owner of Central Meats, states that the trophy which is awarded annually for the cleanest shot and the best field dressed wild game, is in memory of "Smilin' Bill" Taylor who passed away last year. Mr.



CHRISTMAS SEALS # FIGHT # LUNG DISEASE PLEASE USE CHRISTMAS SEALS

Taylor was well known in the Comox Valley and operated his meat cutting store on its 5th Avenue location for seventeen years.

From the eyes of a professional meat cutter, "Jerry's was the best dressed of the 120 entries which included bear, moose, elk, and deer," said Mr. Whelen, as he presented the trophy and cheque to Jerry on Tuesday. (Alwil Photo)

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EDITORIAL

The Other 33 1/3% of Bill C-52

Considerable information has been promulgated on Bill C-52. This bill, when passed, will have a far-reaching effect on the Canadian Forces career system for generations to come.

The Bill's full title is to amend the Public Service Superannuation Act, the Canadian Forces Superannuation Act, the Defence Service Pension Continuation Act, the Royal Canadian Mounted Police Pension Continuation Act, the Royal Canadian Mounted Police Superannuation Act, the Diplomatic Service (Special) Superannuation Act, the Members of Parliament Retiring Allowances Act (MPRAA), the Governor General's Retiring Annuity Act, the Judges Act, the Tax Review Board Act and the Supplementary Benefits Act (SRBA). WHEW!

The bill received a very brief second reading on the 6th and 7th of November and has been passed to the Special Joint Committee on Employer-Employee Relations in the Public Service.

As can be seen by the above list, Bill C-52 is an omnibus bill. An omnibus bill, from the tone of debates in Hansard, is a bill that contains several pieces of legislation lumped together. Some items are desirable and much touted by the government and some are items that would raise the ire of the populace if introduced separately. The latter items are loudly harangued by the opposition.

Bill C-194 Mar. 1970 was such a bill. It introduced the Supplementary Retirement Benefits Act (SRBA) at age 60 or the magic 85 and the Canada Pension Plan (CPP) reduction offset in our CFSA at age 65. It also contained a wholesale revision of the MPRAA. It reduced the Members time to qualify for a pension to a mere six years from three Parliaments; increased their pension benefits by about 100 per cent and apparently allows them to receive SRBA increases immediately that they retire sans age 60 or the 85 bit.

So in order to push through the SRBA for the veterans on pension, the MPRAA's pension provisions had to be accepted. In order to keep the baby the bath water had to be swallowed also.

Many beneficial changes are being introduced by Bill C-52 besides the much publicized Officers Career Development Program (OCDP). It will provide for our servicemen to have survivor benefits (annuity deduction to increase to 6.5 per cent); a long desired amendment to the CFSA. A four per cent interest rate will be paid on return of CFSA and SRBA contributions.

It will make a deferred annuity option available besides return of contribution for less than 20 years

service on completion of a short engagement. It will transfer the responsibility for immediate reduced annuities from the Treasury Board to the Minister. When there are more than four surviving children allowances will be more equitably apportioned and the time reduced to five years from 10 years for entitlements to widows and for children's annual allowances. This plus other desirable survivor benefit clarification changes are some of many things in the bill.

You will note that none of the changes increase the 70 year old one-fiftieth of pay and allowances in our CFSA; or our meagre 50 per cent widows benefit; or the magic 85 bit attached to the SRBA; the six year averaging that started with Part 5 that actually decreased our annuities.

This is an ironic paradox. The debate on Bill C-52 for Nov. 7, 75 reveals that the bill contains some amendments to the MPRAA that will INCREASE our Honorable Members' pensions by 33 1/3 per cent! The increase is being accomplished by deleting the fixed amount that MPs contributed towards their pension and tying the contributions to their sessional indemnity. The indemnity, you are aware, was increased by 33 1/3 per cent this year and is scheduled to increase next year.

We have, I'm sure, all received from our MP the booklet Report From Parliament Hill and read the weekly offerings in the local newspapers. Several bills and topics; e.g., Bill 61 Maritime Code, the 200 mile fishing limit, tax on pleasure boats, etc. have received their share of support and criticism. How profound his silence on Bill C-52 during second reading.

This constituency must enjoy one of the largest numbers of ex-servicemen and serving members of the various forces than many other constituencies. But we have not yet had a word from our MP on CFSA, SRBA, CPP offset, and the 50 per cent widows benefit. One Member taking part in the debate and commenting on widows benefits said: "However if the breadwinner husband should die, the wife is left with only 50 per cent. She is in a more difficult position when she has her income reduced in this manner. I suggest this is not a sincere effort to provide equality of status as between the two sexes."

Perhaps we should ask "how come" should we bump into our MP during the Xmas Holiday.

"Merry Christmas to All and a Happy 33 1/3 per cent to others!"
Editors Note: See Hansard of Friday, 7 Nov., 1975 or the Silver Haired Chief.

Tallman Talks

That Was the Year That Was...

That was the year that was...

As the year end rapidly approaches, it is perhaps appropriate to briefly look back over the past twelve months. 1975 was an eventful year for all personnel here at CFB Comox; there were many remarkable achievements, the usual ever-present frustrations, and a considerable number of significant changes. For some, the year marked progress and advancement through increasing responsibilities, promotion, or both. For some, it was a year of recognition through individual achievement. For some, it was the year they were posted to Comox, while for others it was the year they were posted away. For some, this year marked the close of a career through either retirement or release from the Service. For some, it was a year of loneliness as 35 personnel of all ranks served with the United Nations Forces in the Middle East. For some, it was a year of tragedy during which seven Service personnel from this Base died. For all military personnel, it was a year in which the pay raise was on time, reasonable, and realistic.

During 1975 units and individuals demonstrated their excellence by winning top honors in competitions, tests and evaluations. For example, 407 Squadron won the national Anti-Submarine Warfare Competition, while 442 Squadron won the Rescue Specialist Competition. A tremendous variety of other significant achievements were also realized in areas such as Staff Inspections, Operational Evaluations, career courses, sports, and Club activities.

The presentation of Squadron Standards to 407 Squadron in June and 442 Squadron in September were perhaps the highlights of the year. Both these presentations

and the associated activities were conducted in exemplary fashion by the units concerned, and their standards were received with the pride and polish expected on such auspicious occasions.

A continuing frustration during the past year, as in previous years, has been the criticism of the Canadian Forces that appears from time to time in newspapers and on television. Much of this criticism has been slanted and ill-informed; many of the statements of opinion reflect no balance or objectivity. Because of the role of the military in our democratic society, however, we of course are unable to directly answer such criticism. Nevertheless, we have at the same time enjoyed much publicity that was positive and complimentary.

The organizational change which placed 409 Squadron on Squadron maintenance, in parallel with the other two Squadrons, provided confirmation of the interdependence between aircrew and groundcrew, a relationship that has been long known and recognized, but which has not been as fully developed as it now can be with the removal of organizational barriers.

The number of Servicewomen at Comox grew during the year by fifty per cent to a total of 65 at the present time, and they fill positions in five more trades this year than last. They have performed very well, even in those previously exclusively male activities such as the Base Defence Force and Guards of Honor. They clearly demonstrated that they serve in the Canadian Forces on the same basis as men, and no special conditions were either required or desired.

The major Canadian Forces organizational change which resulted in the formation of Air Command on 1 Sep. 75 had a significant impact at

Comox. Former lodger units became integral to the Base, and personnel here now have a common higher headquarters at the Command level. Despite the inevitable growing pains, Air Command has already gone a long way towards meeting its goal of being a single Command with which all airmen could identify.

The biggest, most positive, and best all-round news of the year occurred close to the end. The announcement by the Minister that the Government had decided to purchase a new long range patrol aircraft, as well as to take other steps to provide more new equipment, at long last, was the action needed to convince Servicemen and Servicewomen that the Canadian Forces does indeed have a future. The Canadian Forces are to be kept up to date and adequately equipped to meet the roles and tasks that have been assigned, while greater stability and peace continue to be sought through international diplomatic action. Our responsibility to remain fully trained and operationally capable is a most vital one for this country, even though at times it may seem that we alone recognize it as such.

As this festive season develops, those of us who are able to enjoy the holidays with our families should remember that 18 personnel from CFB Comox will be celebrating their Christmas and New Years on United Nations duty in the Middle East. To their families, I want to send a special greeting and wish that they recognize the service for peace that their husbands or fathers are giving. To all personnel at CFB Comox and their dependants, to our friends and neighbours of the Comox Valley, and to all readers of this newspaper, my very best wishes for a Merry Christmas and a most Happy New Year.

Season's Greetings

From
**TOTEM TIMES
STAFF**



Moira Montgomery

Ed Ellis

Marc Legault

Cecile Begin

Harvey Gates

Chris Hosford

Blanche Campbell

Norma Mortimer

Jim Brown

Michel Naud

Al Wilson

Bob Shawcross

Jack Begin

Bernie Boutaught

Pearl Kingens

Sally Robinson

Norma Simms

Yvon Geneau and Family

Letters to the Editor

NIHL is Game of Skill

Dear Sir:

I am writing this letter to advise you and your readers that are interested in hockey of the formation of the North Island Intermediate Hockey League and what it is attempting to do.

We are all aware of the talk and writing of violence in hockey and how it is filtering down from the "pros" to minor hockey. Well, right in your own backyard the NIHL is trying to show the people of Comox, Courtenay and Parksville that hockey can be played without violence, yet played with lots of hard hitting (body checking) and fast skating. If you don't believe me, come out to a game or two to convince yourself. I think after seeing a couple of games you just might become a regular fan.

To indicate some of the rules, in addition to those of the CAHA, that have been instituted for the league, I will list them for you.

a) A major fighting penalty carries an automatic game misconduct plus a one-game suspension for the following scheduled league or playoff game.

b) All game misconducts during the last 12 minutes

carry automatic suspension for one game.

c) If a player receives 2 major penalties in any one game he receives an automatic game misconduct.

d) Any player involved in more than 2 game misconducts during the season is suspended up to and including 5 games at the discretion of the League Governors.

e) If a fight occurs, all players not involved are to proceed immediately to their players bench. Failure to do so may result in a minor penalty being assessed.

f) All players assessed a match penalty are automatically suspended from all team activities (this includes practices or even being in the vicinity of the players bench during a game).

g) All match penalties assessed for deliberate intent to injure carry an automatic \$100 fine against the player's team. This means that it could possibly come right out of the player's pocket, as all players were required to post a bond prior to playing.

We are trying to show people that hockey can be played without the dirty tactics of fighting, but ending, spearing, high sticking, abuse of officials, etc., and, as you can see by the above additional rules, the League intends to be tough. In addition, we are trying to set an example for our Minor Hockey League players.

To date, the League has been successful and it is anticipated that it will continue.

This is the first year for this League and already we have been approached by a couple of other cities that are in-

terested in gaining entry into the League. It is anticipated that next year we will have at least 4 and possibly a 5-team league.

I say to you Mr. Editor, and all your readers, come on out to a game or two. I feel fairly certain that you'll enjoy the hockey games and probably become a regular attendee.

G.A. Anderson
President,
CFB Comox Totems

Leo T Lion Sqn

Dear Sir:

I would appreciate it if the following could be included in the "Letters to the Editor" section of the forthcoming issue of your publication.

"The 427 Golden Lion Squadron will have its Colour Presentation and Squadron Reunion in May of 1976. The date will be finalized shortly. Planning for the presentation has commenced and all aircrew and ground crew who have served with 427

AIR COMMAND Commander's Christmas Message

At this time of the year our thoughts turn to the miracle of Christmas. It is the time when the spirit of peace and goodwill takes on added meaning. It is also a good time to reflect on the events that have affected us during the year and on how they will affect us in the future.

This Christmas we in Air Command have much to reflect upon. With the formation of our new organization there have been many changes and, as we continue to evolve, progress will very likely require other changes. We will adapt to these changes and I am certain that we will do so with confidence and pride that has traditionally been part of our daily lives in the military. Our country deserves the best that its Armed Forces can provide. Indeed, in 1976, much of our success as a nation might well rest on how well we perform our assigned tasks. Accordingly, our job requires the efforts of sincere and dedicated men and women in order to complete successfully. I am confident that our forces, and especially air command, have the kind of men and women required to make 1976 the success that all Canadians are hoping for.

I have already visited various bases and units in the field and I shall continue these visits in the New Year. Your enthusiasm and support of Air Command since its formation have been outstanding and it is my hope and expectation that each and everyone throughout the command will look to the future with renewed strength and pride.

On behalf of my wife, my children, and myself sincere best wishes for Christmas and the New Year.

Yours truly
D.E. Munro L-Col
Commanding Officer
427 Tac Hel. Sqn.
CFB Petawawa
Petawawa, Ont.
K8H 2X3

Military Artifacts Wanted

Dear Sir:

The National Museum of Canada seeks to strengthen its collection of military artifacts and at this time especially wishes to acquire uniforms, weapons, medals, military books, insignia and photographs concerning the military history of North America from 1604 to the present. Artifacts relating to the allied and enemy forces from the First and Second

World Wars are also of interest.

These are for display, future reference and research in the Canadian War Museum (National Museum of Man) in the national capital. The Canadian War Museum would be pleased to hear from any of your readers who may be able to assist in this requirement.

Yours sincerely
L.F. Murray
Chief Curator

TOTEM TIMES

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Next
Totem Times
deadline
5 Jan. 76

W. G. McEwen,
Wing Commander
Chief of the
Air Staff, RCBAF

Sailing Club

Registration for the Sailing Club's Winter Training program will be held on Monday, January 12, at 7:30 p.m. at our Clubhouse at HMCS Quadra. New members are welcome.

The program will consist of courses conducted to the standards of the Canadian Yachting Association White Sail and Cruising Levels.

Lectures will be given on Mondays and Wednesdays at 7:30 p.m. and are open to all members of the Comox Squadron in good standing.

The course outline includes: the boat and its gear, practical rope work, safety afloat, manoeuvring under sail, heavy weather techniques, avoiding collision, weather, tides, flag etiquette, chart reading, sailing directions, tactics, practical navigation and passage making.

The Winter Training program is primarily designed for people with previous sailing experience and prospective keelboat members, although such lectures as avoiding collision and chart reading are applicable to beginners.

A complete Spring Training program for Beginners consisting of lectures and practical sailing will start on Saturday, 24 April.

Family membership is \$30 for the year and would make a jolly Christmas gift.

Further details are available from the Secretary, Nan Fox 339-4216.

Merry Christmas and a beam reach into 1976.



The most recent issue of the National Safety Council's "Accident Facts" for 1974 contains some very welcome news. It records a 17 per cent reduction in the number of U.S. motor vehicle deaths in 1974 compared to 1973. There are smaller reductions for accidents at work (- 6 per cent); at home (- 4 per cent) and in public areas (- 2 per cent).

No doubt the reduced speed limits and increased gasoline costs have had a large part in these reductions. Regardless of the source or causes of the reductions, they honestly reflect today's concern for human life and a changing set of values in our society. These are the real "Christmas Gifts" behind the statistics.

Some of the other published statistics are not as welcome. Accidents are still the leading cause of death among persons aged 1 to 38. Motor vehicle fatalities were the largest single accident classification in Canada (1973) contributing almost half of all accidental deaths!

Of the 6,429 traffic fatalities in 1973, 41 per cent involved collision with another vehicle, 23.5 per cent involved loss of control, and 20 per cent involved collision with pedestrians. The overall motor vehicle traffic fatality rate per 100,000 population increased in Canada from 26.6 in 1972 to 29.2 in 1973. Seven hundred and seventy-three of these fatalities happened in the province of B.C.

If you want to give yourself and your fellow Canadians a Christmas gift that they want and need, give them the awareness of the enormous violence of the real world of roads and motor vehicles; the ability to assess what that violence is doing to our society, and the maturity to do something about it.

Merry Christmas
SAFETY SAM



OLD-FASHIONED
HOLIDAY
CHEER

Here's hoping that you and yours will know every happiness of this season.



COMOX (CANADIAN FORCES)
CREDIT UNION

CFB COMOX, BOX 400, LAZO, B.C. V0R 2K0 (604) 339-2344

Curling Capers

By BEV MUSKETT

The Seniors North Island Playdowns will be hosted by the Comox Valley Curling Club Dec. 19, 20 and 21. There are a total of 10 rinks entered: O. Carlson, C.V.C.C.; G. Kurblis, C.V.C.C.; F. Coates, C.V.C.C.; G. Bayford, Campbell River; L. Howie, Alberni Valley; C. Grislasen, Nanaimo; G. Phillips, Nanaimo; B. Wilton, Nanaimo; B. Long, Powell River.

This will be a double knock-out draw with 4 winners coming out. These four winners will travel to Cowichan Jan. 9, 10 and 11 for the Zone 1 playdowns where winners will emerge. These two winners will then go to

Vancouver to compete for the P.C.C.A. Jan. 30, 31 and Feb. 1 where one rink will come out to compete for the B.C. Championship Feb. 2 and 3.

The Elk's Corby Cup Island Playdowns were held at the Alberni Valley Curling Club this past weekend. Two rinks from the local Elk's Club were entered. Jim Jenkins, skip; Allan Thompson, third; Bill Thompson, second and Roy Brooks, lead. Sandy Sandberg's rink of Art Meyers, third; Zeke McDonald, second, and Ken Muskett, lead, were defeated in the finals by the Gary Libel rink from Victoria.

LEAGUE STANDINGS:

Ladies Twice-a-week Afternoon League: Dick 13 wins, Parker 12 wins. Ladies Evening League: Fielding 7 wins. Sunday Mixed A League: Acorn 6 wins and 1 tie. Sunday Mixed B League: Noel 7 wins. Monday Mixed A League: Russell 6 wins. Monday Mixed B League: Talson 6 wins. Wednesday Mixed A League: Fitzgerald 6 wins and 1 tie. Wednesday Mixed B League: Marshall 6

wins. Comox Junior Secondary School: Manson. Comox Valley Curling Club - Junior Boys B. Lewis. Comox Valley Curling Club - Junior Girls

Fielding Senior Monday and Wednesday Afternoon League: Stephenson 7 wins. Hangover League (Sunday Morning): Blackcats 8 wins.



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Ping Pong

The Base Ping Pong Championship was on the 16 Dec. 75. The competition was spirited and enjoyable.

Singles winner was "Rip" Drummond and the runner up spot went to John Barkemeyer. In the couples competition it was Rip Drummond and Pat Patrick; runners up were John Barkemeyer and Don Hines.

MOTOR-VEHICLE INSPECTION

IS YOUR CAR SAFE?

You can be sure if you take advantage of the FREE service offered by the Mobile Motor-vehicle Inspection Unit provided by the Motor-vehicle Branch of the Department of the Attorney-General.

Tests will be conducted at

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WINTER SERVICE SPECIAL

Free Pick-up and Delivery in Comox-Courtenay area

10 per cent off all parts and labour to motorcycles worked on in our shop to January 31, 1976.

HOLIDAY MOTORCYCLE CENTRE

3080B Comox Road, Courtenay, B.C.

Phone 339-5112

Firing Away

Christmas is a time of joy and happiness but every year it becomes a time of sadness for many people in Canada and the USA because of fire. We all have a tendency to be a little less cautious during the festive season and when we add this to the fact that we have more things in our homes that could cause or contribute to a fire at this time of year, it is easy to understand why we have so many fires during the holiday season. So we ask you to please be extra careful and make sure that all members of your family understand how quickly the festive season can become one of tragedy and heartbreak. Just one careless act such as matches or lighters left within reach of little children can start a fire that can make your Christmas a nightmare instead of a time of joy and happiness.

The following is a list of some precautions you should take to ensure that your Christmas is a time of joy.

1. Buy a fresh tree.
2. Before setting it up, saw off diagonally at least one inch of the trunk and place the base in a holder containing water.
3. Keep the water reservoir filled. Be sure the tree is firm and secure.
4. Locate tree away from exit doorways, and all sources of heat, such as radiators, television sets, spotlights, etc.
5. If the needles turn brown, take the tree down and dispose of it in a safe manner - not in furnaces, stoves or fireplaces. Christmas trees burn with explosive violence.
6. Use only fire retardant or non-combustible decorations for trimming the tree.
7. Use only approved lighting sets and be sure all connectors are in good condition and connections tightly made.
8. Don't use flammable materials such as fabrics, paper and other fast burning materials for display decorating, acoustic or scenic purposes in places of public or private assembly unless these materials have been made flame retardant.

NOTE: The Fire Hall will be clearing the PMQ area of all discarded Christmas trees at 2 p.m., Saturday, January 3. All trees placed by PMQ road at this time will be picked up. You are urged to discard your tree at this time.

All members of the Base Fire Department wish you and yours a happy and fire free Christmas!

FIGHT THE LUNG CRIPPLERS

Emphysema Asthma Tuberculosis Chronic Bronchitis Air Pollution

USE CHRISTMAS SEALS



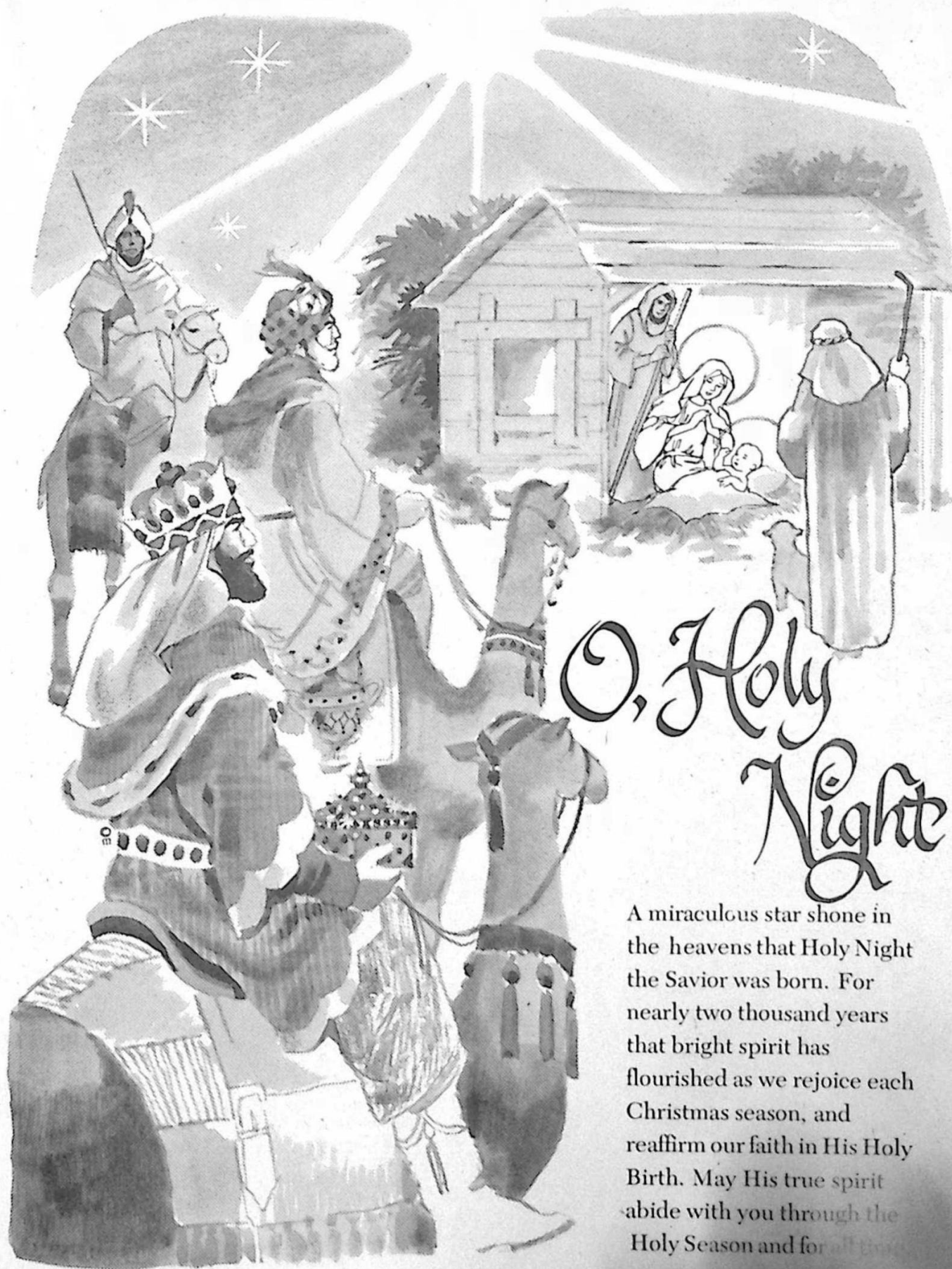
Fred Bossom, F.I.I.C.

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O, Holy Night

A miraculous star shone in the heavens that Holy Night the Savior was born. For nearly two thousand years that bright spirit has flourished as we rejoice each Christmas season, and reaffirm our faith in His Holy Birth. May His true spirit abide with you through the Holy Season and for all time.



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Demons Down Under

Two VP 407 crews, with a ground crew support detachment, sixty persons in all, departed Comox Saturday evening Nov. 8 for RAAF Base Richmond, New South Wales, Australia. The purpose of this long flight was to participate in Exercise Tasmanex, a large multinational ASW exercise. Naval and air forces from the USA, Great Britain, Australia, New Zealand and Canada were involved.

The CO 407 Sqn., LCol Montgomery, was the detachment commander, Maj. Don Poole headed the technical support group, and Maj. Erv Rose carried out the duties of deputy detachment commander. Maj. Nick Winchester, Crew 4, and Capt. Dave Wrenn, Crew 2, were the lucky aircrew. WO Tex Peters and Sgt. Norm Smith headed up the two servicing crews.

The staging route to Australia was via Hickam AFB, Hawaii; Nandi, Fiji; Richmond, NSW. King Neptune visited each aircraft on crossing the equator and initiated those first time crossers into his society. On arrival at Richmond our RAAF hosts immediately took us in hand and saw to it that all our requirements were met.

Exercise flying began two days after arrival and was maintained at a high level for five days at which time a three-day break occurred. The final five days of the exercise saw another period of intense activity. In all, nine long sorties were flown by the two crews. It was a most successful exercise from the squadron's point of view, since the crews were able to positively "zap" the submarine on three occasions and had high probability of kills on two other occasions.

Due to the dedicated and hardworking ground crew, serviceability was maintained at a high level throughout the exercise.

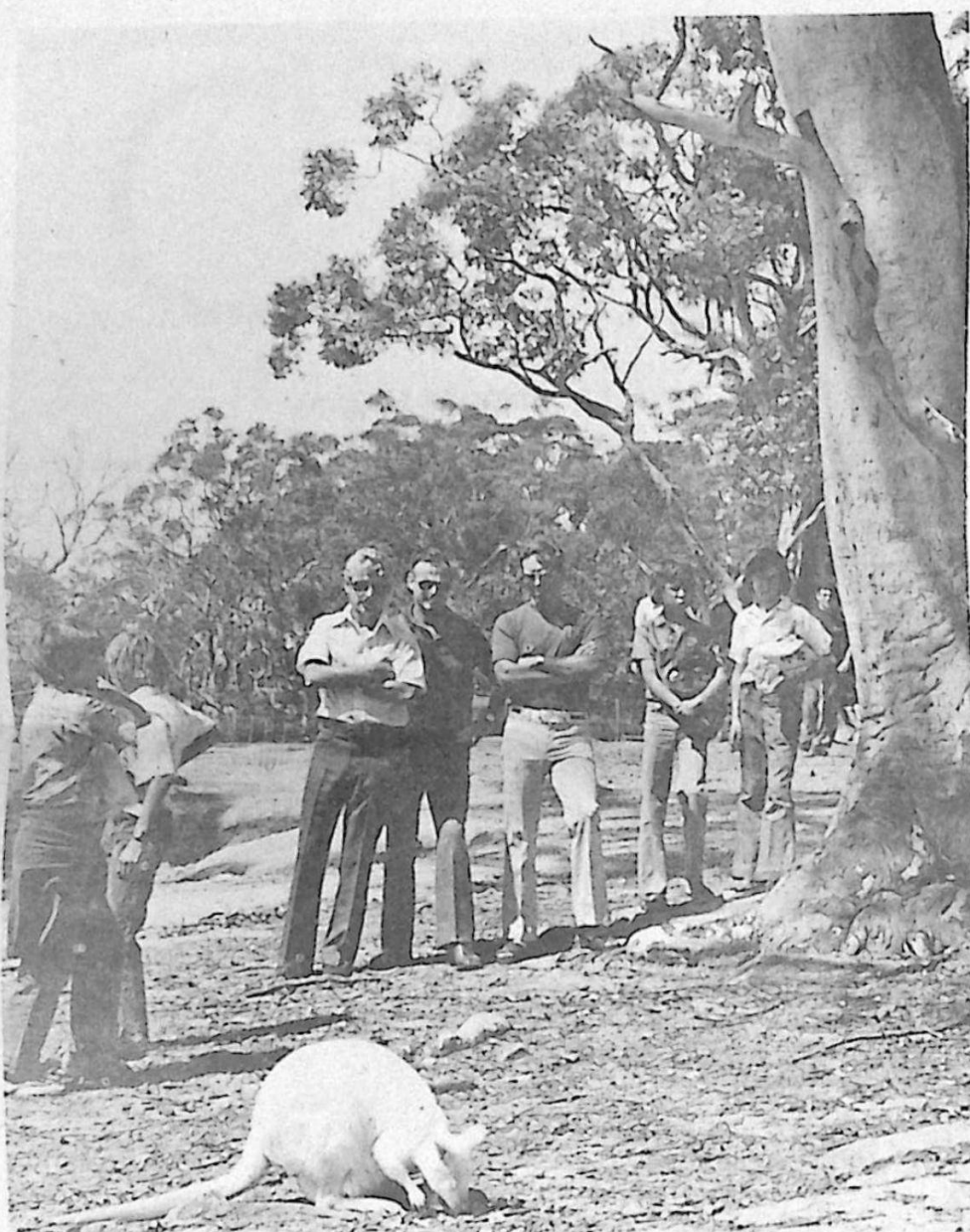
Our Australian hosts were, in a word, "wonderful". Sightseeing trips by air and bus were laid on, and all detachment admin or logistic problems received prompt attention. The weather was extremely hot throughout the operation, reaching 34 deg. C in the afternoons.

On completion of the exercise we departed Australia Dec. 1 for Whenuapai, an RNZAF maritime base near Auckland on the New Zealand North Island. The stop-over was originally scheduled for two days, but a major aircraft unserviceability delayed the detachment two extra days. Needless to say, our RNZAF hosts made us most welcome and organized many sightseeing tours. The detachment left New Zealand on Dec. 4 and staged through Nandi, Fiji, without incident and on to Hickam. Crew 4 departed Hickam on Dec. 7, but a further major unserviceability delayed Crew 2 an extra day.

All in all, a completely successful deployment and exercise. VP 407 members renewed many old acquaintances and made many new friends. The CO reported that he had no trouble parachuting in Australia or New Zealand in spite of being upside down relative to Comox. The navigators were all gratified to confirm that the world is indeed round and the pilots lost their two dollar bet on that subject.



"Battle Flag Up... Crew Ready!"



Large White Rodent - "Cats Look Out!"

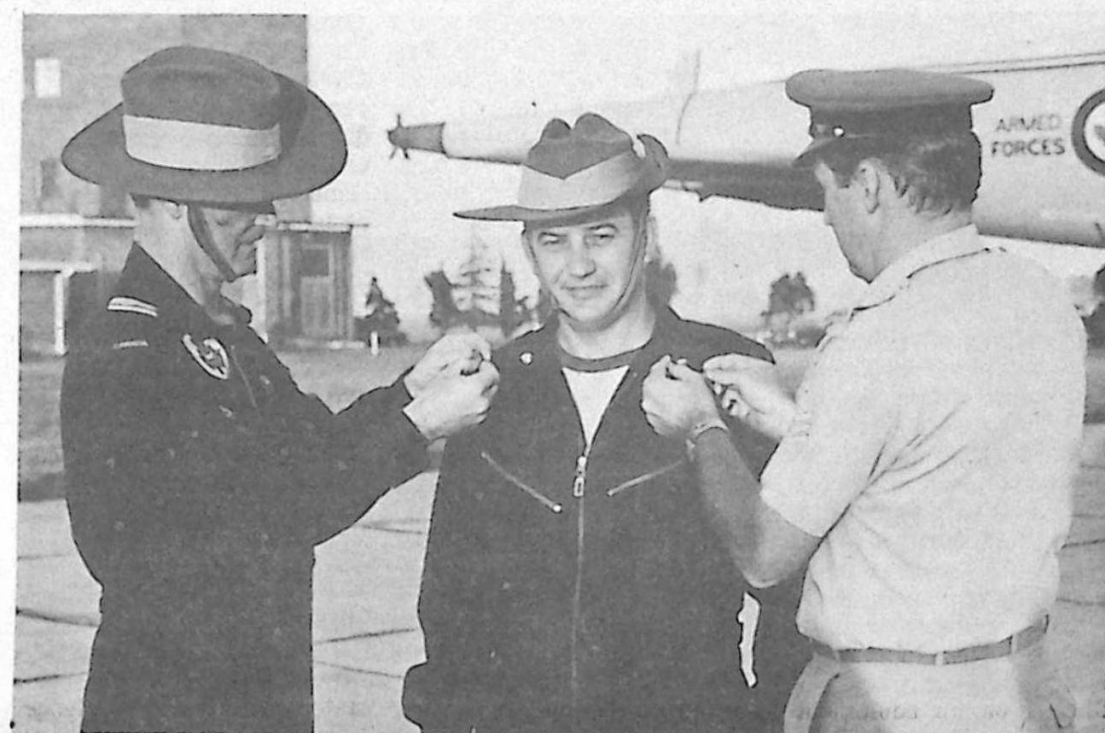
- Photos by 407 Sqn -



BIG FAN MADE READY - MCpl Rusty Clark working in over 100 degrees F in Richmond, smiles at news that his son has just won the Vancouver Island regional figure skating championship. MCpl Taillon relates the news.



"We Don't Hate Qantas!"



"Battle Field" Promotion?



"Aussie Cobbers,"



"Wee Geordy" Cooled Over Equator



"Waltzing Matilda..."



"What's the matter? Aren't 3 engines better than 2?"



"Water comes from queer places"

New Defence Budget Welcomed

By Commander Maritime Forces Pacific

I am considerably encouraged by the announcement made by the Minister of National Defence on 27 November; not only has the welcomed announcement been made that we are to have a modern maritime surveillance aircraft to replace the Argus, but we see positive indications to re-equip all segments of the Canadian Forces with a return to a meaningful percentage of the Department of National Defence Budget to be devoted to Capital expenditure.

Maritime Command for the past 6 - 7 years has consistently placed the requirement for a new Long Range Patrol Aircraft as number 1 on its equipment priority list. Moreover, the announcement in February, and the formation in September, of Air Command did nothing to alter this priority. The aircraft selected to replace the Argus is an excellent choice, the Lockheed P3LRPA. I wish to dispell any thoughts that we are buying the same aircraft as used in the United States Navy, namely, the P3C. It is true both aircraft will have the same outward appearance, as they are both derivatives of the Lockheed Electra, but in the designation "LRPA" vs "C" there is a world of difference.

In the past 5 years Defence Officials have engineered and guided the LRPA program. It began with laying down standards of performance and capabilities, with emphasis on flight control, safety, automation and a variety of sensing equipment, to meet the peculiar Canadian maritime surveillance requirements.

Industry was then asked to make initial program proposals. During 1973-74 the five proposals received were narrowed down to those tendered by Lockheed and Boeing and work began in earnest to define their proposals into specific parameters culminating in the decision announced by the Minister on 27 November.

The P3LRPA which Canada is buying is a completely brand new systems integrated aircraft using the very latest in sophisticated equipment right from the Pilot's cockpit up front to the MAD gear in the tail, designed to meet our specifications and built to do the job we require to be done. In laymen's terms you might say that the P3LRPA will be as far ahead of the P3C as the P3C is ahead of the Argus. It is a quantum jump in performance for Maritime Air.

The decision to purchase the Lockheed P3LRPA rather than the Boeing 707 LRPA was

a difficult choice as there are certain advantages and disadvantages to each aircraft but it must be remembered they both were designed to meet the same specifications and could therefore, perform the same tasks. Both proposals contained industrial benefits for Canada but the Boeing proposal would have meant spending another \$300 - \$400 million to produce an equivalent capability to that of the Lockheed. We are fortunate that we will have an excellent aircraft designed and built to meet our peculiar maritime surveillance tasks.

The second encouraging aspect of the Minister's statement is that the Defence Structure Review is resulting in a positive re-equipment program for all segments of the Forces. I am sure that those of you in the land element are pleased to note that a decision has been made to retain an armoured capability, especially with regard to our NATO contribution. This program is receiving top priority in NDHQ. In Maritime Command we can now bring to the front burner a ship replacement program to meet our marine surveillance requirements into the next century. It takes several years of concentrated effort to

design and produce ships but our record in the past has been outstanding. We have been leaders in Hull design with the St. Laurent Class, AOR concept, VDS, DDH concepts and the big leap forward into the computer age and all other aspects of the DDH280.

Therefore, if precedent is any indication, it augurs well for the future.

I remind you again that we are responsible for our maritime approaches which constitute Canada's first line of defence, we must add to this fact the new awareness and world involvement in control of the seas and the rich resources therein. I welcome the positive indication that we will continue to have the tools we need to do our job.

To commence a re-equipment program will require financing. The cost of the LRPA aircraft is \$642 million in 1975 dollars. Other related costs including spare parts, a Ground Data Centre, Federal Sales Tax, contingencies and an allowance for inflation during the life of the program bring it to a total of about \$950 million. This will have an impact on the Defence Budget almost immediately.

The DND Budget is basically divided into two (Continued on page 12)

Base Gives to UGN

Canadian Forces Base Comox handed over a cheque for \$2,303.55 to the 1975-76 United Good Neighbour campaign last week, putting them close to their goal of \$7,000. The money was from cash donations, with the balance coming from a payroll deduction plan. UGN President, Judge Alfred Scow, said that if everyone was as generous as CFB Comox, UGN would be a lot closer to their goal of \$40,000. So far they have collected close to \$20,000, but have a long way to go to meet their goals. UGN supports 12 organizations. The UGN fund raising campaign continues till next September. The campaign chairman on the base is Capt. L. Glussich.

No Dumping Allowed

OTTAWA - The Ocean Dumping Control Act and regulations went into effect across Canada Saturday, December 13, 1975. As of that date, all ocean dumping as defined in the Act, from either ships or aircraft, will be controlled through a federal permit system.



"We can't show that!"

Entertainment and Events

W.O. AND SGT'S. MESS

DECEMBER 20th

PMC Christmas Bingo, Dance and Draw at 2000 hrs. Dance to "THE TIDESMAN". Admission: \$3.00 regular and associate, \$6.00 Honorary and Guests. Cost includes meal and one Free Bingo Card. Prizes — Turkeys, PMC's Draw Turkeys and Festive Cheer.

DECEMBER 31st

NEW YEAR'S EVE DANCE

2100 hrs. Dress: Semi formal. Admission: \$20.00 Per Couple, Regular and Associates; \$40.00 Per Couple, Honorary and Guests. Hot Buffet Supper. Free Bottle of Cheer. Free Corsages. Free Transportation.

JANUARY 1, 1976

NEW YEAR'S LEVEE — Time: 1000 - 1400 hrs. Moose milk plus \$50.00 subsidized drinks. Buffett lunch.

JANUARY 10

POOR MAN'S NITE — Time: 2100 hrs. Dress casual. Music: "Powerhouse". Food: Pot luck. \$50.00 subsidized drinks. Free admission.

JANUARY 11

SUNDAY BINGO will continue during January. Admission will remain at \$1.00 per card at door. Extra cards 5 for \$1.00. Cash prizes.

JANUARY 17

HARDTIMES DANCE — Time: 2100 hrs. Free admission. Food \$2.50 per plate.

BASE LIBRARY

Your Base Library is located upstairs, in the south-west corner of the Rec Hall (Bldg. No. 28). If you come into the building from the parking area, it's upstairs and the first door on your left.

On Tuesday, Wednesday and Thursday our hours are from 12:30 - 14:00 and 19:00 - 20:30; on Friday 12:00 - 14:00.

All books taken out this week will be stamped for return 6 January, 1976. We'll be closed for Christmas Holidays after working hours on 19 December until 6 January. Please use the slot in the door if you wish to return your books before then.

HAVE A MERRY CHRISTMAS AND A HAPPY HOLIDAY!

USE CHRISTMAS SEALS

EW
Courtenay
Adults \$2.25 O.A.P. \$1.00; Child \$1.00

Mon. to Thurs. - 8:15 p.m.
Two Shows Fri. & Sat.,
7:00 & 9:00 p.m.
Matinee Sat. - 2:30 p.m.
No Matinee Sat., Dec. 27

THURS., FRI., SAT., DEC. 18, 19, 20
Paul Newman
Mature
"THE DROWNING POOL"
"Warning - coarse lang. & violence." - B.C. Dir.

SPECIAL MATINEE - SAT., DEC. 20 at 2:30 p.m.
Program of Walt Disney Cartoons & Featurettes
Free Tickets to Parents at Guys & Dolls, Courtenay
Proceeds to Free Press Christmas Stoking Fund

MON., TUES., WED., DEC. 22, 23, 24
Gene Hackman
Mature
"NIGHT MOVES"
"Some coarse language, sex & violence." - B.C. Dir.

CLOSED DECEMBER 25
Merry Christmas!

SHOWING 6 DAYS - THURS. - WED.
DECEMBER 26, 27, 28, 29, 30, 31
Bill Cosby
Mature
"LET'S DO IT AGAIN"

THURS., TO WED., JAN. 1 to 7 Charles Bronson
James Coburn
Mature
"HARD TIMES"

STARTS JAN. 8 "JAWS" Mature

CFB COMOX BASE THEATRE SCHEDULE

ALBERT R. BROCCOLI and HARRY SALTZMAN
ROGER MOORE
JAMES BOND
007



IAN FLEMING'S
"THE MAN WITH THE GOLDEN GUN"
Screenplay by GUY HAMILTON
Directed by RICHARD MAIBAUM
COLOR United Artists
Fri. 19 Dec. - Sat. 20 Dec. - Sun. 21 Dec.
MAN WITH THE GOLDEN GUN
Roger Moore - James Bond



Fri. 26 Dec. - Sat. 27 Dec. - Sun. 28 Dec.

MATINEES
Sat., Dec. 20 - Last of the Buccaneers
Sat., Dec. 27 - Have Rocket Will Travel

"MERRY CHRISTMAS" From Theatre Staff

Alan James
Arkin Caan
Freebie
and the Bean



Fri. 2 Jan. - Sat. 3 Jan. - Sun. 4 Jan.
FREEBIE AND THE BEAN
James Caan - Allan Arkin

"HAPPY NEW YEAR" From Theatre Staff

GEORGE C. SCOTT
"BANK SHOT"

Wed. 7 Jan. - Thu. 8 Jan. - Fri. 9 Jan.
BANK SHOT
George C. Scott

Theatre Information - Call 339-2433 anytime
RESTRICTED SHOWS: 18 years and above - Under 18 years of age must be accompanied by a person over 18.
ADULT SHOWS: 16 years of age and above - Under 16 years must be accompanied by a person over 16.

Chapel Chimes

The Christmas season is a time for rejoicing and fellowship. It is nice for the family to have Christmas joy in the home and to also have it associated with the Christian Church. It is for this reason that the Protestant Chapel has set three special Family Services to enrich the Christmas Season. On Christmas Sunday, which is celebrated on the 21st December, the Family Christmas Worship Service is being held at 11:00 a.m. The Choir Director, Mr. Walter Yeomans, has been training the Senior and Junior Choirs to have special Christmas music for this occasion. The sermon will be centred on the Christmas theme. This Christmas Service will close with a special Holy Communion Service to celebrate the Christmas experience.

On the same Sunday at 7:30 in the evening, the Sunday School will present its Christmas Pageant. The Nursery and Kindergarten classes will participate in special words of welcome and the Junior Department will present the Christmas Story in pageant form. The Sunday School Department will be ably assisted with special music by the Junior Choir. This evening's service will reach its climax as white gift presentations are made by each pupil in the Sunday School department. These special white gifts will be used to make hampers for some needy families so that we in the Sunday School might enrich their Christmas pleasures.

On Christmas Eve at 7:30 all families of the community are asked to attend a candlelight and carol service in the Protestant Chapel. Many

people from the community will be taking part in this service. There will be special readings and special music. There is no better way to celebrate Christmas Eve than to gather as a family in this Family Carol Service.

May each one in our com-

munity truly celebrate the spirit of Christmas as they worship the birth of the Christchild. The New Year Sunday Service will be held at 11:00 a.m. on December 28. Start the New Year right by attending the church of your choice.

RC CHAPEL

Father Francis Swoboda - Base Chaplain (RC)
Telephone: 339-211 Local 274 or 339-2102

SCHEDULE of CATHOLIC SERVICES for the HOLIDAY

SEASONAL SERVICE: There will be a combined Penitential Service for C.F.B. Comox, Courtenay, Comox and Penitential Service for the Canadian Martyrs Church in Courtenay on Tuesday, December 23rd at 7:30 p.m.

CONFESSIONS: Confessions will be heard in Our Lady of the Sacred Heart Chapel on Wednesday December 24th from 6:00 p.m. to 7:00 p.m.

CHRISTMAS EVE MASS: A special Mass will be celebrated in Our Lady of the Sacred Heart Chapel on Wednesday, December 24th at 7:00 p.m.

CONFESSIONS: Confessions will be heard in Our Lady of the Sacred Heart Chapel on Wednesday December 24th from 8:00 p.m. to 8:30 p.m.

CHRISTMAS CAROLS: Christmas Carols will be sung in the P.M.Q. Protestant Chapel on Wednesday, December 24th from 11:30 p.m. till 12:00 midnight.

MIDNIGHT MASS: Midnight mass will be celebrated in the P.M.Q. Protestant Chapel on Wednesday December 24th at 12:01 a.m. Captain Begin will conduct the choir. The Reichl family from Courtenay will be accompanying the choir and violinists, John violinist and Elizabeth organist.

CHRISTMAS MASSES: Two Masses will be celebrated on Christmas morning in Our Lady of the Sacred Heart Chapel at 9:30 a.m. and 11:00 a.m.

SUNDAY VIGIL MASS: The Sunday Liturgy will be celebrated in Our Lady of the Sacred Heart Chapel on Saturday, December 27th at 7:00 p.m.

SUNDAY MASSES: The regular Sunday Masses will be celebrated in Our Lady of the Sacred Heart Chapel on Sunday December 28th at 9:30 a.m. and 11:00 a.m.

NEW YEARS EVE MASS: A special New Years Eve Mass will be celebrated in Our Lady of the Sacred Heart Chapel on Wednesday December 31st at 7:00 p.m.

NEW YEARS DAY MASSES: Two Masses will be celebrated on New Years Day in Our Lady of the Sacred Heart Chapel on Thursday January 1st at 9:30 a.m. and 11:00 a.m.

The Base Chaplain, Father Francis Swoboda, and Parishioners of Our Lady of the Sacred Heart Parish, wish a joyful and blessed Christmas and a healthful and Happy New Year to all!



The Home Front

By MAUREEN ARTHUR
(Paid advertisement)

new address, we can assist and smooth that move. Please give us a telephone call or drop in at our offices in Comox or Courtenay.

We will contact a Realtor at your new destination by telephone or on an Equity Traders Referral form. A relocation kit will be mailed to you with information on schooling, churches and area maps of that city or town, from the contact we had made for your house-hunting.

On the referral form we shall obtain all the pertinent data you are searching for: such as price range, number of bedrooms and bathrooms required, square footage plus school systems for your children.

A realtor in your new location will telephone or contact you for any more information required. You may request listings of current homes on the market in that area, this will enable you to have insight into the real estate market place.

Arrangements will be made to pick you up at the Airport and appointments made on

your selection of homes chosen, once you have decided that date to go house hunting.

We have a list of the contacts to be made thru Equity Traders to every Province in Canada, with all major cities and towns being well covered. Doesn't this make us service personnel on the move feel more secure, knowing we can have some concept of our destination and future home for our families.

My foot-note today is: Sign

in front yard - "Anyone is welcome to use our lawn mower, providing they don't take it out of the yard."

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during the time of
our Saviour's birth.

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and checking it
twice. We're sure
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up first because
you're so nice! Our
best to you all
through this Christ-
mas season.



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"Pats" On Parade

PATS ON PARADE The 2nd Battalion Princess Patricia's Canadian Light Infantry of Winnipeg troop the Colours annually on the anniversary of the Battle of Kapyong fought during the Korean War. Next year's activities from March 25th to March 27th will include a military tattoo, all ranks ball and memorial service. The Battalion was raised in 1950 for service in the Korean War and in 1951 was awarded the United States Presidential Citation for holding-the-line at Kapyong when the defences in front of Seoul were collapsing. They are the only Canadian unit to ever receive this honour. Kapyong veterans wishing to attend can contact Major K.D. Lidgren, 2 PPCLI, Letter Carrier Depot 'M', Winnipeg, Man. R3N 1V9.

CF photo



NATO Support

More Guns in Europe

Brussels—Defence Minister James Richardson told his NATO colleagues at a Defence Planning Committee Meeting here that recent Canadian Government decision on defence matters, "constitute a strong reaffirmation of Canada's commitment to collective security."

Along with reviewing moves he announced in Canada, November 27th, Mr. Richardson also said: "In addition, we will be providing sufficient modern tanks to enable us to increase the tank strength of the armoured regiment from two squadrons to three, with a total of 57 gun tanks and eight specialist tanks, thus giving us the equipment in Europe to field a full Brigade Group."

Later, the Defence Minister told a news conference that the decision on tanks will be made: "in a matter of months, certainly before the summer." He also said that the combat capability of the Brigade group would be enhanced still further: "by increasing the strength of the Artillery Regiment by six self-propelled guns, thereby raising its total artillery strength from 18 to 24 guns."

SAF ALERT

When handling Super Binder Adhesives, goggles or safety glasses should always be worn.

Polyethylene gloves should be used to protect the hands. CAUTION: Do not use rubber or cloth gloves. Rubber gloves will bond when brought in contact with the adhesive, and porous cotton gloves will absorb the adhesive and bond the gloves to the skin.

Automatic application with Loctite applicators is the safest method of applying Super Bonder Adhesives.

When large quantities of cyanoacrylate adhesives are accidentally spilled, the area should be flooded with water which will cause the liquid cyanoacrylate to cure. The cured material can then be scraped easily from the surface.

Liquid adhesive should not be wiped up with rags or tissue. The fabric will cause polymerization and large quantities of adhesive will generate heat in cure causing smoke and strong irritating vapors.

In the event of eye contact, the eyes should be copiously flushed with water, and medical aid sought immediately.

Bonded adjacent skin surfaces may be separated relatively easily by soaking the bonded area in warm soapy water for several minutes, and then gently peeling the bond.

Alternatively, a dull instrument such as a thin wire or a table knife can be forced through the bond.

said, "we will be implementing an approved program to improve these guns, in accordance with one of SACEURS (Supreme Allied Command, Europe) proposals, by the installation of longer barrels to provide increased range, and consequently, improve our artillery support."

The Minister also said "not only will we be maintaining

our stationed manpower at its current level, but we will also be increasing the strength of the reinforcements which will be flown over from Canada, to ensure that our Brigade and its equipment is fully manned to war strength in time of crisis."

Mr. Richardson also told his NATO colleagues that the budget estimates for the Canadian Defence Depart-

ment for the fiscal year 1975-76 "have already been increased substantially by supplementary funding to a total of almost 3 billion dollars, representing an increase of 18.7 per cent over the fiscal year 1974-75."

He added "our estimates for 1976-77 will rise by a further 12.4 per cent to 3.345 billion dollars." He said that in terms of the Nation definition: "our Defence expenditures will have risen from 2.834 billion dollars to 3.350 billion dollars in 1975-76, and are tentatively estimated to rise to more than 3.4 billion dollars in 1976-77."

Referring to capital expenditures for equipment, Mr. Richardson said they will rise in 1976-77 to approximately 460 million dollars from the currently forecast figure of 334 million dollars in 1975-76.

The Canadian Defence Minister added: "we will, of course, be providing full details of our revised Force plans to the major NATO Commanders and the International Staff in the course of the normal consultations in the coming year."



CENTURION TANK

The Centurion tank is powered by a 650 hp Rolls Royce V-12 engine. The same type of engine was used in the famous Battle of Britain Spitfire aircraft during the Second World War. The tank can move and fight in total darkness because of its navigational aids and infra-red night fighting equipment.

Characteristics

Crew

Range

Weight

Speed

Armament

Average capital cost

Manufacturer

Airportability

59 miles (cross country)

115 miles (road)

55 tons

58 tons (stowed)

21.5 miles per hour (road)

20 pounder or 105MM gun

.50 ranging machine gun

.50 commander's machine gun

7.62mm C1 (flex) coax machine gun

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British (War Office)

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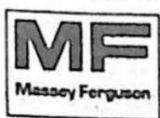
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SEASONS GREETINGS

and a

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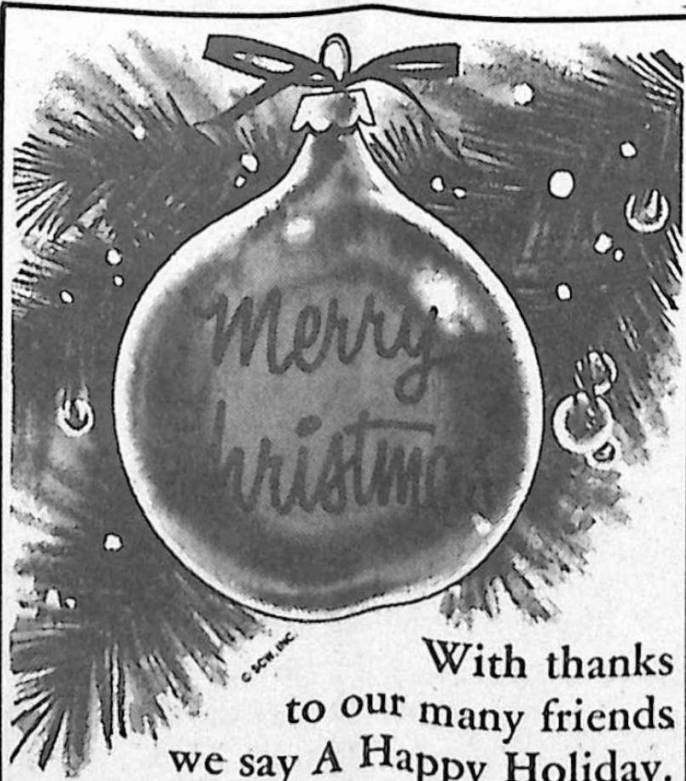


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Many Thanks

The WO's and Sgt.'s mess would like to convey their gratitude and thanks to the firm of Marshall Wells Courtenay Hardware Ltd., for their generous donation toward prizes for the gigantic bingo held on the 6th Dec. 1975.



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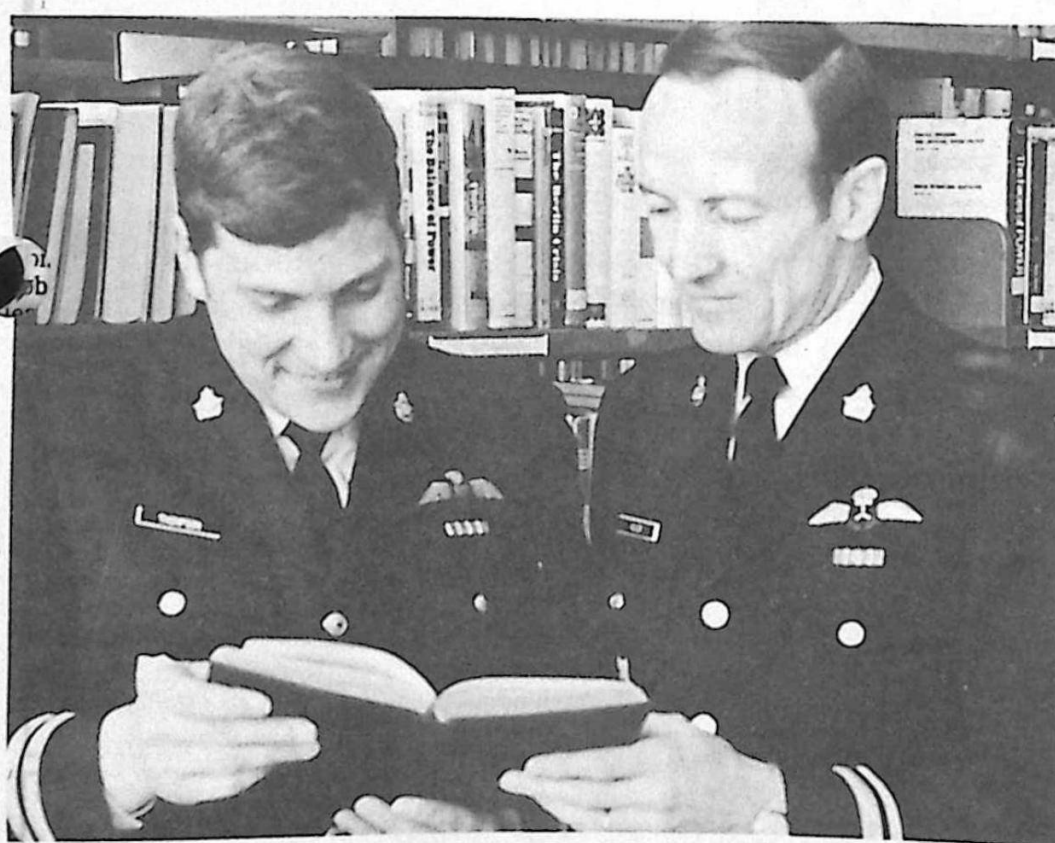
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"BUT IT SAYS HERE" - Captain Dave Thompson, Navigator and Lieutenant Fred Goldie, Flight Engineer with VP 407 Comox, B.C., are attending the 10 week junior staff course conducted by the Canadian Forces Staff School in Toronto. They are among 96 officers undergoing the training designed to develop their management skills and to broaden their military knowledge.

CF photo

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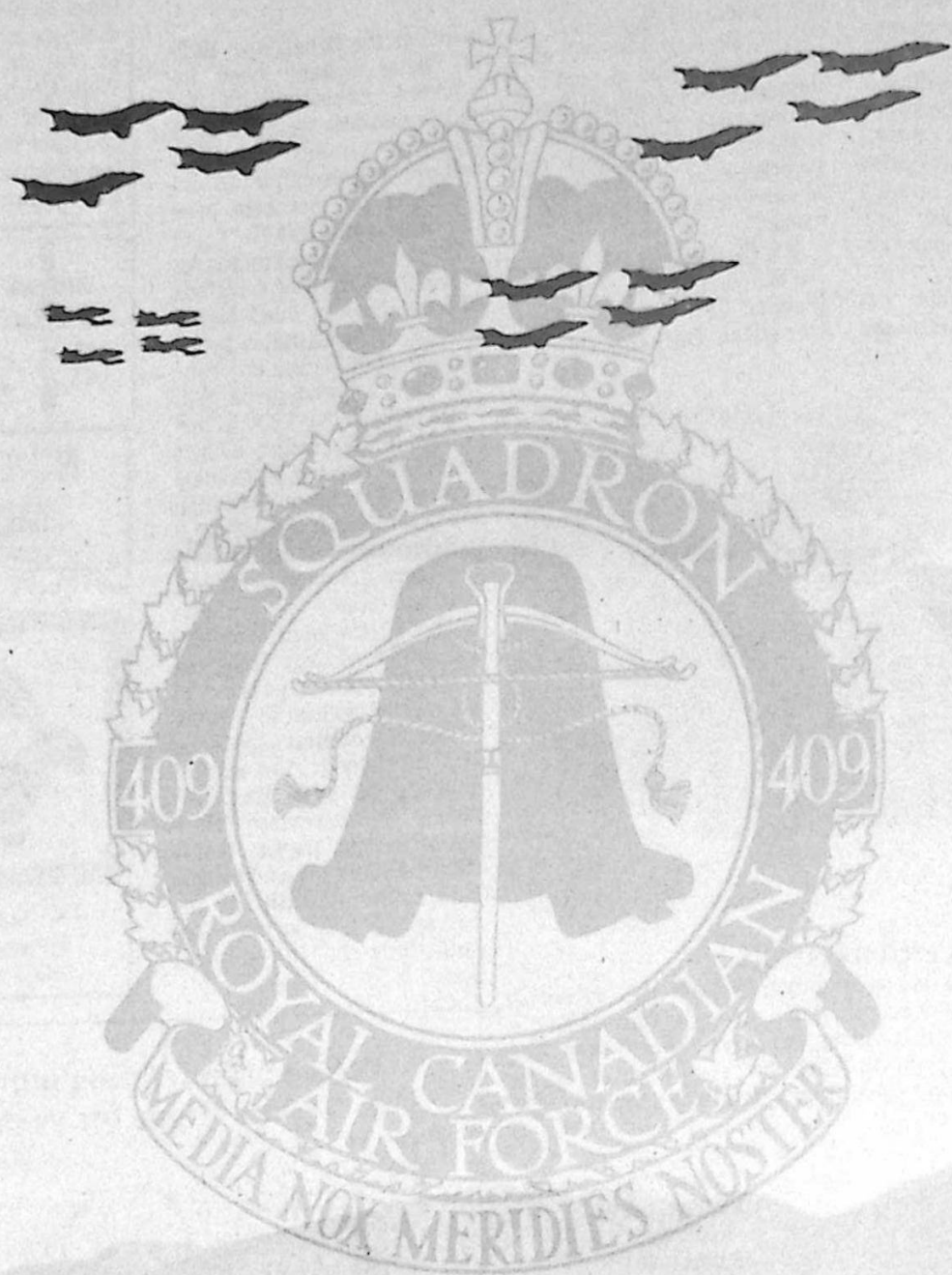
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Congratulations are in order for the ground crew who managed to chase away the whole flock of "cumbersome birds of prey" at one time.

Base photo

You Think You Had It Bad

The following item originally appeared in STARS and STRIPES:

So you've been crying about how much work you're doing. Never get any time off, eh? Well, let's look at it this way.

There are 365 days in a year. You are entitled to 30 days leave and have the privilege of a three-day pass about every six weeks. That's a total of 56 days, leaving 309 days.

There are approximately 16 National holidays and 104 Saturdays and Sundays. That narrows the balance to 189 days. You sleep approximately eight hours a day and spend another eight off duty. That takes up another 125 days of your year and leaves Uncle Sammy with 63 days.

If you take an hour a day for coffee, cokes, and incidentals, that's 15 days a year. Only 48 left, 52 half work days a year are set aside for physical training and information and education lectures. The balance is now 22 days.

Of these 22 days, 12 are pay days, and you know how much you get done then. That leaves 10 days.

Statistics show that the average person spends 2 days a year in the dental clinics and 7 days undergoing medical treatment. That narrows it down to one day. And brother, if you can't figure how to goof off for one day a year, you're hurting.

Still Moving On



aircraft navigation and radio receivers can be seriously degraded by interference from incompatible equipment.

Dakotas first came into service with the RCAF in 1943, and No. 924 arrived in July, 1946. When she again takes to the air, her original weight of 9 tons will have been shaved down to less than eight tons, well within the Chinook's lift capability of 28,000 pounds.

With its 95-foot wingspan, Dak 924 is 35 feet longer than the rotor span of the Chinook, and its fuselage length is almost double that of the Chinook.

Dangling over the Ottawa skyline on her last flight from Uplands to Shirley's Bay should make quite a hit with camera and aviation buffs.

OTTAWA — Ol' number 12924 flew her last trip under her own power Nov. 25, from Winnipeg to Ottawa.

But the 29-year-old Canadian Armed Forces' Dakota (DC-3), oldest type of aircraft on the Forces' inventory, will make at least one more flight tomorrow, dangling ignominiously from a powerful Chinook helicopter, the Forces' newest type of aircraft.

The old vet, one of six left in the Forces, now is being stripped of engines and other removable fixtures at CFB Ottawa's Uplands installation, in preparation for the airlift to Ottawa's Defence Research Establishment at Shirley's Bay.

There, old 924 will end her days with her airframe being used to test something called the "ele ro-magnetic compatibility" of Canadian Forces' aircraft.

DREO scientists have a computerized prediction

program of how the electromagnetic fields of various Dakota equipments interact, and what interference might occur. The tests on Dak 924 will determine whether actual readings validate the forecast model.

The effectiveness of the

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SEASON'S GREETINGS

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to all of you!

TOTEM ANNEX

HOURS OF OPERATION:

19 Dec. - 23 Dec. incl. 1200 hrs. - 2400 hrs.
24 Dec. - 25 Dec. 1200 hrs. - 1800 hrs.
26 Dec. - 30 Dec. incl. 1200 hrs. - 2400 hrs.
31 Dec. 1200 hrs. - 0400 hrs.

1 JAN. CLOSED

Normal hours 2 Jan., 1976 onward

TOTEM LOUNGE

19 Dec. - 25 Dec. inclusive — CLOSED
26 Dec. — Wives Cocktail Party, 1900 hrs. to 2100 hrs. Ladies only (Free cocktails). Gentlemen join the ladies at 2100 hrs. for dancing to "Contraband."
27 Dec. — Bar open, 1900 hrs. - 0200 hrs.
30 Dec. — CLOSED.
30 Dec. — NEW YEAR'S BALL. Dance to "JANIS," 2200 hrs. - ??? Hot and cold buffet, corsages for ladies. Bottle of wine per couple. Tickets \$20.00 per member couple; \$30.00 non members. Tickets will go on sale to non-members and guests on 22 Dec., 1975, if any left. Dress formal or semi formal. Tickets going fast so go and get yours early. Bar hours — 2000 hrs. - 0400 hrs.

1 Jan., 1976 — levee will be held in the Lounge commencing at 1000 hrs. Free Moose Milk, food and subsidized drinks (Dress casual). Bar hours — 1000 hrs. - 2400 hrs.

2 Jan. to 6 Jan. — BAR CLOSED.

REMEMBER TO TAKE THE FREE BUS ON NEW YEAR'S EVE. SEE PLACES OF PICK-UP AT YOUR CLUB AND CANES.

MERRY CHRISTMAS AND HAPPY NEW YEAR
FROM YOUR FRIENDLY COMMITTEE



MESSAGE FROM PMC JR. RANKS CLUB

As Christmas draws closer and the year 1975 falls into history, I would like to take this opportunity to wish all personnel both Service and Civilian a joyous festive season and a safe journey through 1976. May the hinges of friendship never grow rusty.

G. (NEWF) FAULKNER

A MESSAGE FROM THE HONORARY PMC

On the occasion of this festive season, it seems fitting for me, as Honorary President of the Junior Ranks' Club, to address the whole membership with a few words of gratitude.

I wish to thank the present and past committees, and all the members for the warm hospitality extended to both my wife and I on numerous occasions, and we wish each and everyone a Merry Christmas and safe New Year.

LT. JACK BEGIN



UN MESSAGE DU PRESIDENT

Comme la saison des fêtes approche, et que l'année 1975 passe à l'histoire, je désire souhaiter un joyeux Noël et une Heureuse Nouvelle Année 1976, à tout le personnel civil et militaire. Espérant que l'amitié continue à régner.

G. (TERRENEUVE) FAULKNER

Special Little People

By BOB SHAWCROSS
Photos: JACK BEGIN

It was just a year ago this month that a vital new service commenced operations in the Comox Valley, to provide treatment and training to a group of special individuals in the community: handicapped children.

Formed in December 1974 under the auspices of the Comox Valley Cerebral Palsy and Neurological Association, the Child Development Centre opened in Cumberland with five children with varying degrees and types of physical disabilities. By June 1975, seventeen children were, or had been receiving treatment and the Centre had become recognized as a viable and essential community service. Children from Union Bay to Campbell River were attending for regular treatment, and referrals were being made from doctors, teachers, Public Health and children's facilities in Vancouver and Victoria.

The Centre is housed within the annex of the old Cumberland Elementary School, and according to the Executive Director, Mrs. June James, the support from the Village, plus service organizations and individuals in the area has been tremendous. The patience, understanding and dedication of both the professional and volunteer staff is quite evident as the children are brought to the Centre for the day-care program. The rooms are bright and cheerful, with tot-sized furniture giving all the aspects of a home environment.

Just as in any other school, the children bring their lunches in colorful lunch boxes, and mealtime takes on all the aspects of a family affair. Parents are encouraged to, and do participate in both training and therapy.

One has only to consider the afflictions of some of the children to realize what a blessing the Child Development Centre is to these special little people and to their parents, who might otherwise be forced to place them in institutions far away from the home and family.

Take a couple of cases in point: a little five year old boy suffers from a number of problems because he was born to a drug-addicted mother, yet thanks to an excellent foster home, plus the Centre's professional help, he is bright, outgoing and loves to listen to music. Another little five year old has been blind since birth, yet has developed an uncanny sense of touch and direction. The other children suffer from a variety of neurological and physical afflictions, and all of them receive the kind of help that will prepare them for later years.

The Village of Cumberland has made the C.V.C.P. and N.A. a very generous offer, in order that the Association may purchase the Centre outright. Through continued community involvement, the Child Development Centre hopes to realize this goal, so that those special little people get the special help they so rightly deserve.



Shelley, Colleen and Myrna help as the children are busy making Christmas decorations etc.



JOHNNY (in helmet) supervises sandbox construction workers Benny and Martha.



Lunchtime is always a popular activity at the C.D.C.



PHYSIOTHERAPIST CHRISTINE BLACK helps Michael to demonstrate his own version of Rollerball while Executive Director June M. James looks on.



(L to R) Benny, John and Craig listen to pre-school teacher Myrna McLaughlin's story.



Child Development Centre Staff and volunteers (L to R) Back Row: June M. James, Diane Webster, Norma Parker, Christine Black, Glenda Lake, Shelley Fraser. (L to R) Front Row: Myrna McLaughlin, Colleen Poole, Ruth Hamilton (and Karle-Anne)

One Better Than Two?

Children who speak just one language do better in school than those who are bilingual, a recent scientific study shows.

In testing 132 bilingual and 265 monolingual students in the third, fourth and fifth

grades at an American military base near Tokyo, researchers discovered that the children speaking only one language scored higher in vocabulary, reading and language usage than children speaking more than one language.

The study was conducted by William T. Tsushima of the Straub Clinic in Honolulu Hawaii, and Thomas P. Hogan of the University of Wisconsin.

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PMQ Preamble

Driving in winter not only involves the problems of ice and snow, but also the added problem of seeing and avoiding those individuals who insist on operating their bicycles after dark without lights or reflectors. To help correct this problem, councillors will be distributing reflective tape to each PMQ. This tape is to be fastened to the back fender, seat or pedals of the bike.

In conjunction with the tape distribution, there will be a questionnaire concerning the

reception and serviceability of cable TV. Once the survey is complete, steps will be taken to have the service improved.

During the last council meeting, formal approval was given to council's sponsorship of the local teen organization. This group of self-supporting, self-motivating parents and teens should be given all the support and assistance possible. Each parent has a responsibility in this regard.

There have been a number of complaints about dogs

running loose. Please remember the recent amendments to PMQ Orders which covers pet regulations and states that a notice will be sent for the first offence, a \$25.00 fine for the second offence and removal of the dog from PMQ's as the result of a third offence. Please keep

your pets under control.

At the present time there is a decrease in the number of problems associated with delinquency. Whether this is due to the season or an enlightenment of the part of more parents and youth is difficult to say. Parents are reminded that they are

responsible for the activities of their dependants.

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TELL ME, HOW CAN YOU TELL WHICH ARE THE RETIRED ARMOURERS?

New Budget Welcomed

(Continued from page 7) areas - "Pay, Operations and Maintenance" (PO & M), which is the money required to keep the present Forces operating, and "Capital" which includes money for new building and new equipment programs. In recent years the money devoted to Capital has been lower than the desired level required to maintain a re-equipment program, therefore, the Minister has also announced a plan to increase the Capital allotment

at a real growth rate of 12 per cent per year (i.e., 12 per cent after adding inflation) until the amount equals 20 per cent of the total Defence Budget.

In order to start this plan immediately DND will find the first \$50 million (i.e., the 12 per cent growth for 1976-77) from our present allocation of funds for 1976-77. We have had some belt tightening in the past two years, some aspect of which has affected each one of us, and this will continue next year, therefore, we must take

every opportunity to avoid waste and strive to maintain and improve our operational efficiency. 1976 will not be an easy year because of the considerable Olympic commitments which must be met.

To me these new developments and re-equipment programs herald a new vitality to the Canadian Forces and indicate that we have settled down into our basic force structure on which we can now build to improve

the efficiency and effectiveness of our operations.

Fight the lung cripplers

Use Christmas Seals



Book Report

(Continued from page 2) terms decoded for the benefit of the Greenhorn.

"The Lumberjack's Prayer" expresses the mood of the loggers during the early days when unions were just making an appearance in the forest and mills.

This very informative book has one major fault in that in an effort to cover as much "ground" as possible, many

of the photographs are reduced to a size where many of the details are lost to the reader's eyes. Better use of the space available could have improved these scenes of logging history. Notwithstanding, LOGGING appears to be an excellent history of the B.C. logging industry and should be well appreciated by anyone interested in Canadiana.

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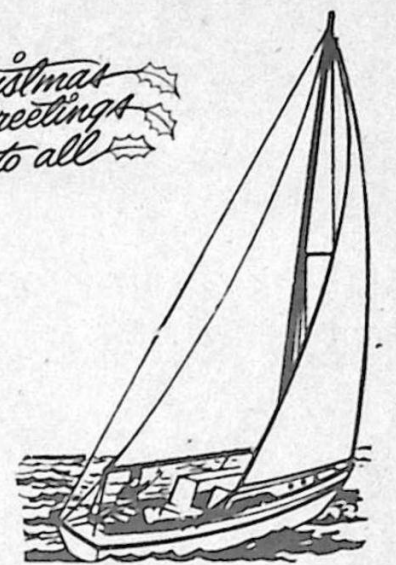
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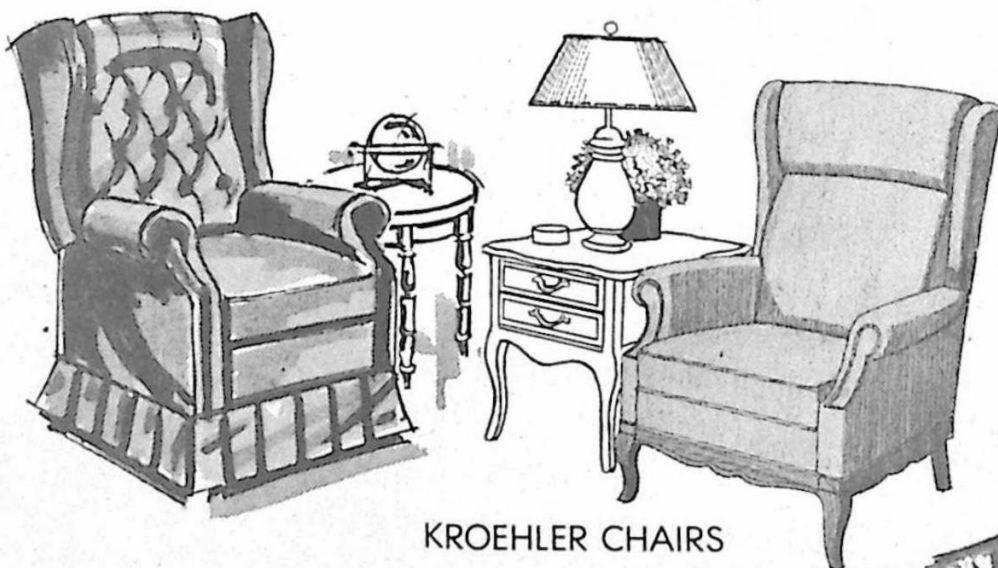
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