# TOTEM TIMES

A BEDFORD BOFFIN IS NOT A SMALL ENGLISH CAR

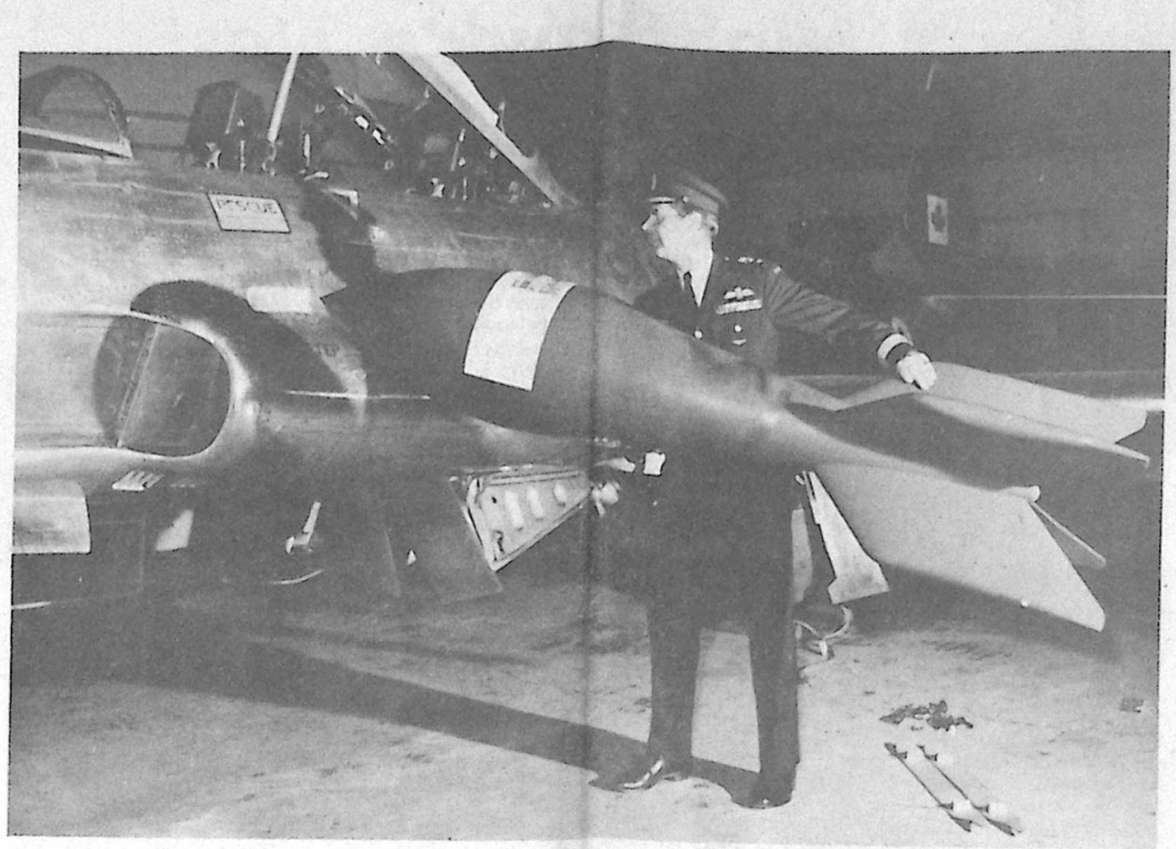
VOL. 17 – NO. 6 CFB COMOX TOTEM TIMES THURSDAY, MAR. 20, 1975


## RIMPAC '75

For approximately thirteen days, three crews from VP407 Squadron are enjoying the Sun and Surf of the Hawaiian Islands. Crew 5 (VPCC-LCDR Gerry Watson, TACCO Capt. Newt Worden), Crew 3 (VPCC-Capt. Fred Sander, TACCO - Capt. Paul Parent) and Crew 6 (VPCC-Maj. Gilles Bonenfant, TACCO - Capt. Bruce Cumberland) packed their swim trunks, took two Arguses, and a Hercules, and left for Hawaii around the 8th of March.

Exercise RI, PAC'75 is a four nation exercise, involving 31 ships, 200 aircraft and 17,000 men, conducted in the Hawaiian Islands. "RIMPAC", which stands for "Rim of the Pacific", refers to the four participating countries: Australia, Canada, New Zealand and the United States. RIMPAC'75 is the fourth major exercise in the series which began back in 1971. The 11-day exercise will test all phases of Allied Naval Operations, including essential readiness training in anti-submarine and anti-aircraft defences.

All three crews will be working hard while in Hawaii and I can guarantee they will be playing hard. When the crews arrive back sunburned and weary they will be ready to get back to work in the hot sun of Comox. Maj. Garnett, the Detachment Commander, informed the Sqn. that VP 407 is doing quite well in the exercise.



**"THERE'S ONLY ONE** way to get rid of the T- Bird" remarks General Garton as he demonstrates Canada's latest 'heavy' weapon.

## That was the week that was, or, "I never promised you a rose, (General) Garton."



**A SMARTLY TURNED** out Quarter Guard showed their stuff during last week's visit by M. Gen. Garton ADC Commander.

Base Photo



**"TRUST TOTEM TIMES** to print a bedroom shot of the General and I" says Lt. Marg Patte, Servicewomen's Advisor during last weeks inspection of Base accommodations.



**"AND HERE IS** where I keep my wedgie."



**WHEN THIS BRITISH** VC-10 arrived last Saturday, word quickly spread that it was carrying a film crew looking for a new cast for "On the Buses". Rumour has it that the Base Transport Officer has been selected to play the "Inspector".

Photo Begin



"HURRY UP, Sir, or I'll miss my ferry" says M. Sgt. Laired Donaldson as he receives the U.S.A.F. Long Service Medal. Sgt. Donaldson recently retired from the U.S.A.F., and has taken up residence on Denman Island.

Manson Photo

# Gliding Club News

The annual general meeting of the CFB Comox Gliding Club was held in the Social Centre, 13 March. We had a good turn out. The meeting began with a movie, you guessed it, about gliding. Thank you Danny Webber! There were many new faces in the crowd, hopefully all new members eager to try our beautiful sport.

A new executive has been elected. The new club president is Capt. Val Cretney, the secretary treasurer is Fran Barkley, the CFI is Gilles Boulay and technical member Jack Begin. The new executive will take over in the near future.

The first session of the ground school took place last Tuesday evening. If there are other members or potential members interested in taking the course they should go to building 16 (Base Armament) 1900 hours Thursday evening 20 March. There is no charge. The course takes place each Tuesday and Thursday and lasts until Thursday 17 April.

The membership decided to keep the fee structure the same this year as it was last year. Fees are $36. $42. and $48 for first year memberships for regular, ordinary and associate memberships respectively. For subsequent years fees are $12., $18., and $24. respectively. There are discounts for additional family memberships. Car tow launch fee also remains at 75 cents.

As soon as weather permits and the gliders are reassembled we'll begin to fly again. Keep watching Totem Times for announcements.

# Nighthawk's Nest

Tony and Jeanie Nichols have just returned from a fact finding mission in the Caribbean. Tony was tasked to determine the feasibility of using Caribbean Cruise ships to replace the Voodoo as the new manned interceptor for the B.C. Flying and Air Defense Club. After an extensive study of St. Thomas, Martinique, Venezuela, Aruba and a few other ports of call, the Nichols determined that this possible replacement craft requires further study. It does show great promise but at least one more cruise will be necessary before a definite decision can be made.

Pete and Lil Ott wined and dined their way from Cologne to Lahr along the Rhine in Germany. Pete reported that although there were quite a few Americans driving tanks and Phantoms he and Lil never had any problems finding an old castle in which to spend the night.

Last week's Cudgel Caper divided the Squadron into two groups by age. Although most of the score keepers and planners just happened to be in the Grey Haired set, the flower power generation made a fine showing. Although the younger flyers won the day, an official foul has been lodged with the umpires. The team Captain for the grey beards claims it was unfair that the younger team hid his Geritol. Oh well, it just goes to show you, skill and cunning are no match for Ignorance and Superstition. The Umpires threw out the complaint that Ed Campbell's moustache was illegal equipment.

Duffy's Tavern was the scene of green punch and pizza over the weekend. This may sound like an unusual combination for an Irish holiday celebrated in Canada by an American serving Italian food, but you had to be there. Quite a few people used the new Squadron policy of waiting for dawn to RTB to avoid driving at night.

Vern Barker and Rick St. Germain joined the Douglas Racer Pitch-up Club on Tuesday morning. No serious damage was done to either the aircraft or to our intrepid aviators that a new drag chute and a few beers won't cure,

# Devils Brigade

Pace quickens in Base Supply on recent word that "K'Day" has advanced by three weeks to 12 May 75! It seems all have rallied to the cause as projects were tightened up by a couple of notches. Volunteers worked overtime and last week a total of 2570 demands were submitted via SDA devices. This represents a normal month's demands. The "moonlight crew" prepared 1300 of these and nobody has reported sick yet.

Congratulations to all (total 19) who so successfully completed the first two courses of DEVIL training (3 weeks). Maj. Jones and course instructors were impressed with the efforts displayed and the results of your concentration. (Next two courses began 17 Mar.) We have not forgotten our valued customers. Customer briefings are scheduled to begin on 20 Mar. 75.

Fun and games dept. is under new management after the finest railroad job of all time. And why not? The old Committee of tired blood reigned supreme for two long years - but always responded to the occasion and often at 5 minutes notice. Thanks gang for many excellent parties and sports events. (Can't promise any gay parties though!)

Sgt. Morro spent a quiet week in the capable hands of our local medical staff at the base "krankenhaus". Visitors found Pete reclining in horizontal position with plans for a week's sick leave on a Pacific Island! Thanks to our medics, the usual heavy cloud of black smoke and nasty pipe were missing from the scene.

Meanwhile, dedicated efforts prevail as all sections are coping with half staff to allow personnel for training. We shall overcome! The DEVIL?

# 407 Tech Ramblings

**REPAIR**

To sell or buy, move or stay are the questions foremost in the minds of many now that the decision to perform all Argus second-line maintenance functions at Greenwood has been announced. For some this will undoubtedly mean the uprooting of families, bidding adieu to old friends and charging off to new duties in some far away location while for others it will spell the end of careers that have been subjected to many changes in recent years. Although most of us have had moves before (many), they have always presented such problems as *selling a house, getting rid of the family cat, looking for new accommodations and the likes. So,* as the drama unfolds we wait with baited breath to see what the future has in store for us as individuals, and, collectively, to witness the extinction of an Argus maintenance organization that is second to none. However, since we have survived many upheavals in the past, we will no doubt continue to survive in the future as we repeat that perennial question, what next?

Once again it's that time of year when our long-time residents begin to show evidence of that annual malady known as the posting blues. Sgt. Larry Bourgeois tells us that he is almost afraid to check the mail or answer the phone and, with a name like his, one can hardly blame him. Cpl. Woody Woodburn says that he would be content with a posting to Greenwood while MCpl Graham Wilson indicates any location east of the rocks would be to his satisfaction. You had best be careful, Graham, since a statement like that could spell disaster.

Short-term movements have included the return of Pte. Fred Put from the absorption of 3350 knowledge at Greenwood and Cpl. Davey Jones who transitted to Esquimalt for the Pac Region badminton playoffs.

Pte. Dave Fleming has just become a proud father for the first time. Congratulations, Dave, and now that you know how it's done, can we look forward to a repeat performance?

**ASW LAB**

Due to the absence of your regular correspondent, a volunteer was needed to write a note for our favorite fish wrapper and, being the smallest of four guys, my qualifications forced me to volunteer.

Pte Don Schneider is back from beautiful downtown VP 449 with his head crammed full of all sorts of new gen including the fact that Greenwood also suffers from white rain that is not of the self-shovelling variety. Brian Burke has also returned from TD of a sort – taking lessons in advanced obfuscation downstairs. The students at Francophone U. have changed again as evidenced by new pairs of glazed eyes showing up at work. One of them was heard to ask, "If French isn't a nasal language, how come my nose is tired after every lesson?" On the *other side of the fence, a certain private says that he hasn't had any trouble* speaking French since he was knee high to a —! His first name is Germaine!

Since everyone else is talking and writing about PER's, why should I be any different? Besides, the topic is timely. The forms are printed in attractive pale blue hues on what appears to be metric-sized paper that is specially treated to resist salt-water stains from the tears shed as the assessed, he or she, signs same. Despite vicious rumors to the contrary, forms provided to air bases are not designed to resist any mark placed more than five columns to the right of "Not Observed".

A certain artistic Corporal who sculpts, specializing in rabbits rampant, has volunteered for the couth course. He wants to find out just how the JLC infanteer course will make him a leader of men and a trained killer. The gratitude for his noble self-sacrifice is tempered only by the realization that, "they're going to git us".

**AVIONICS REPAIR**

CFB Greenwood has released Jim Stanzell and Cliff Andre from the Comm Course but has retained Norm Smith for indulgence in IS supervision, Dave Sladen for IE clarification and Mark Jacobs for airborne TV enlightenment. Cliff returned just in time to participate in the Pacific Region badminton championships at Esquimalt so, to him and his team mates, our best wishes for success and don't forget to wear your white gloves for the event. *Jim also returned just in time* for a different sort of occurrence – he has joined Jim Draper and Wally Brown on a temporary assignment to Servicing during these troubled times.

It appears as though Bill McArthur has moved his office to the Auto Club where it seems that he is carrying out some final repairs to his boat before placing same in mothballs for the next four years.

The Comm Techs in this section have learned the hard way that it doesn't pay to disagree with Greenwood: they were tasked with a prototype modification with all the attendant paper work that stemmed from their UCR. ZX was too busy to undertake this project and they are slated to do our maintenance!!

Just remember, guys, that in June, when you advance, it is fifteen paces or two squares, whichever occurs first.

There's nothing further to report from here as we await the air test on 711.

P.S. Len Teskey is back in the driver's seat again.

**SERVICING SNICKERS**

The latest highlight from three crew is the winning of the Base Intersection Broomball championship by Jack Dupont and his 407 team who came away with a hard-fought 1 to 0 win over the MPs. Well done, chaps.

Recent changes affecting the crew include the temporary move of Al Cameron who graciously consented to replace Army Armstrong in GSE while the latter is accompanying our leader, WO Ed Lozanski, and MCpl Hank Rossiter on a spot of TD. Word has it that Al is already an expert at stripping aero stands and that his new employers have offered him the job on a permanent basis.

One of our well-known fitters, Sted, will soon be heading for the down-island charm school where he is enrolled for the JLC caper. He can now be observed jogging between the hangar and the annex after each shift in an effort to get into shape and he claims the training is working – his arm is getting stronger by the day. Also soon departing on course in the east are Larry Ward and Brian Young who are convinced that they will be able to give their instructors a few pointers relative to the great grey bird.

With PER time fast fading into oblivion, all hands are returning to a state of nor-

(Continued on page 5)


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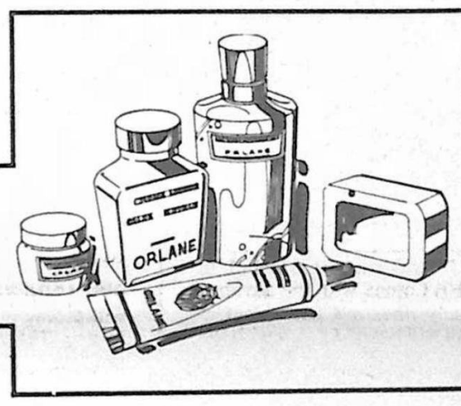
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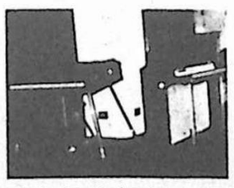


Orlane's Special Consultant Diane Bruce is now in the store until Saturday, 22 Mar. You are invited to a demo and personal analysis of your skin. Entirely complimentary of course.
*Drop in at your leisure*
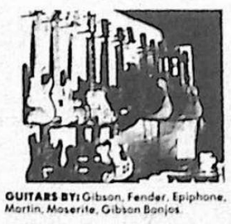
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# Mushroom Mutterings

The mile and a half fever has hit the Squadron and the joggers association has started up again. For those who would like to become members of this elite training plan the qualifications are easily met. All that is required is a need to pass the semi-annual physical fitness test. It is very enjoyable; and if you make the return trip without medical assistance you can join the party in the middle of the hangar floor and between gasping for breath you can recount your adventures with the other panting participants.

F Troop's resident Newfie is leaving the service. Sam Edwards will be pulling the plug on 8 April, and will be working over in the Sea Island area in the aviation field. Another F Trooper leaving the group is Garry Shackleton, who will be relocating at the motorcycle shop on the Dyke Rd. Good luck in your new professions. There's also been some new blood added to Rotary Wing. Pte. Jaques Pouliot arrived at the Mushroom Farm on 3 Feb. He comes from Quebec City, PQ. Welcome to the Sqn., Jaques.

Cpl Overspray MK I is rapidly approaching his transfer date. Yes, Overspray Mk I is going to Cyprus to paint brown things all over the island. Have fun, Charlie.

Fearless Radar is on leave and guess what – the hot dogs actually had wieners in them for a change.

If you are wondering why old Fuzzy Face McLaren is wandering around the hangar muttering to himself and locking his office door during working hours, it's because PER time is upon us and poor old Jock has a heap of typing ahead of him for the next few weeks, so take it easy on him.

I see Red (Road Runner) Borne is still jogging, and he tells me he has passed the 700 mile mark. That's a lot of huffing and puffing. If he breaks the 1000 mile mark there should be some sort of award for him. Like maybe a weekend of Duty NCO.

Congratulations go out to the 407 "A" League hockey team. They defeated the mighty 442 Sqn. mushroomers two straight. Game scores were 10 - 1 and 3 - 0. It is interesting to note that the only goal scored on our behalf was scored by none other than Cpl. Jock McLaren. Another person in that series deserves mention and a good show for a job well done. Dan Osmond refereed the game single handed and believe it or not both teams felt he did such a good job that something should be said about it. So Dan gets a pat on the back for a job well done from 442 "A" League hockey team.

Ex mushroomers seen passing through the hangar lately were the old wood tick, Al Hendry and one of the original Overspray Twins, Dale Niedermoser, complete with handlebar moustache.

Grey Jackson is trying to create a golf ball bouncing competition. He seems to think this sport could become part of the Olympic competitions if enough interest can be generated. Anyone interested can report to the Avionics section with balls in hand.

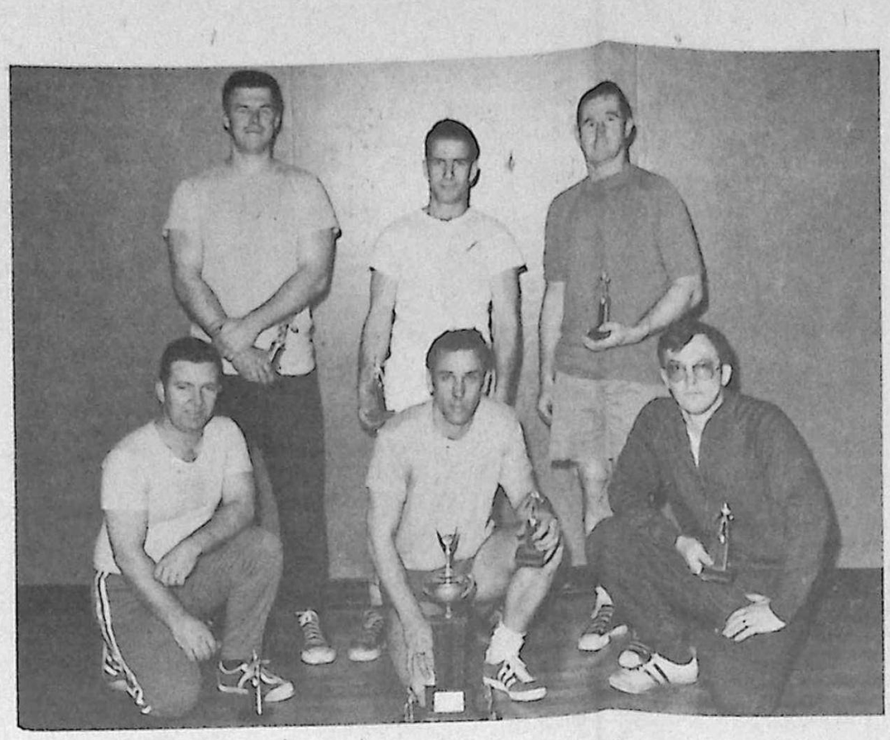
There will be a wee bash for departing Mushroomers from No. 1 and No. 2 Servicing Crews in the Totem Annex on the 14th of March. Leaving the Mushroom Farm to spread the gospel as preached by the Peekin' Deacon are MCpl Pete Kury and Cpls Ken McRory, Jean Menard and Oscar Grubwieser. Happy hangovers!

Gavin MacLean was seen sneaking into the Rotary Wing section with the "A" League Volley Ball Trophy. It seems that 442 actually won it. That trophy is going to be hard for the other sections to win back. I thought the Fire Hall would have given a little more competition though. But with super stars such as Gary Johnston, Oscar Grubwieser, Jete Prasad etc., it is easy to see how the trophy was won.

Wednesday (last week) at 1600 saw the Fungus turn to a beer bash laid on for the MRP mod crew from CAE.

In closing I think some mention should be made of Cpl Bill Andrews. Bill holds the record of being the longest serving Mushroom on the Squadron. He was transferred to 121 KU Sea Island from 435 Sqn. Edmonton on 25 June, 1962 and was transferred to CFB Comox with the advance party when Sea Island folded. Bill will have 13 years with the Sqn. when he retires from the Canadian Forces on 30 April. During his eleven years at Comox he and his wife were involved in the Comox Valley Scout movement for 10 years and he was also Sunday School Superintendent for 6 years on the base, in addition to spending 4 years as Ecumenical Youth Group Co-ordinator. Bill met and married his wife, Betty, in Ottawa in 1956 and is now the proud pappy of six children. For those of you who can't place Bill and family, just think back to Airforce Beach and the trailer at the top of the hill. Bill was the Beach Supervisor for 2 years that I know of.

On retirement Bill and his wife will settle into the business they have set up for his retirement. The name of that business is Andymead Enterprises. We wish you all the best in the future.



442 SQN. SUPER-SPIKERS, with the Intersection Volley ball trophy. Front row L to R: Doug Sears, Gavin MacLean, Oscar Grubweiser. Back row L to R: Ted Miller, Len MacCormack, Ivan Grant.

Base Photo

# Gravel pit news

We made it back, after a few weeks of rest and a gathering of news to tell Air Traffic is here.

To start with a visit was made by our Career Mangler's from Ottawa with all sorts of good stories to warm our hearts and boost our incentives.

That covers the fiction, now for facts. A farewell party was held for Lt. (now Mr.) Jerry Kuan who retired early and is now working for our plain-clothes counterparts, the MoT. Also good-bye was said to Sgt. Alec McClennan now working in Victoria at the RCC after completing a career total of 25,000 radar runs and better, the last few thousand at CFB Comox.

Preparations are being made for a spring opening of the "Pit", including some painting and adding water to the freeze-dried goldfish. As with previous years an arrival and departure party will be held (dates to be announced) and some mutterings are being heard on proposed transfers out and in, but we won't say who or when until it is official.

Pilots using Comox Radar facilities can expect better runs in the future since we obtained sponsors for prime time slots but anticipate new R.T. procedures such as ... "You are now on final approach, this approach brought to you by the Acme Foogle Makers - best Foogle Makers in Western Canada."

A few slots are still available for reservation for a personal touch – such as ... "409 Squadron is pleased to present this PAR" followed by a "Free Low-Fuel Square." Time slots can be obtained by applying in person to: Room 512, Control Tower, Fifth Floor, right next to our Complaint Department.

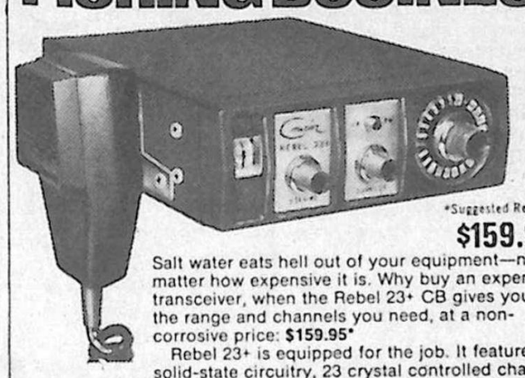
In closing, a salesman came home and accused his wife of having an affair with an Air Traffic Controller ... she said negative ... over.

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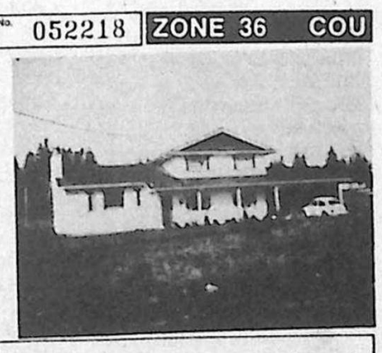
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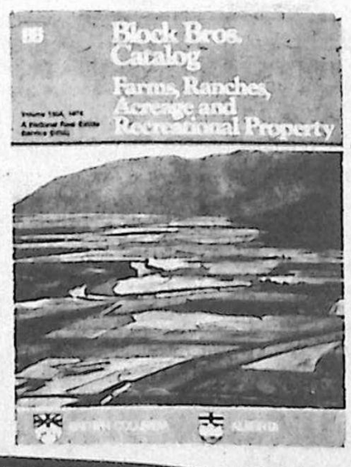
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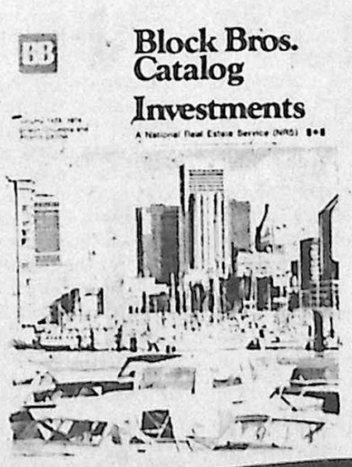


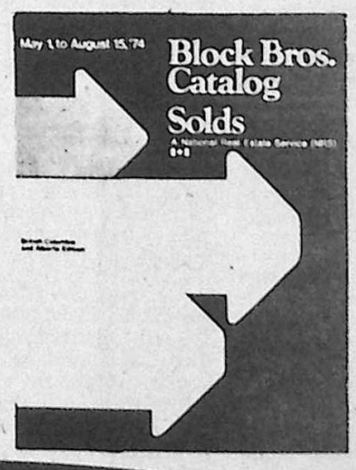
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# Guest Editorials

## From the furlined fox hole

For this issue a potpourri.

I believe another deadline has come and gone. Wasn't Cabinet going to decide on the LRPA contract in February? Somehow I think they are concentrating now on keeping it together until The Man gets back from his skiing trip.

There is no truth to the rumor that military enlistments by Native people have dropped off since publication of a certain MacLeans inferview.

Latest figures from the Valley. We now have 109 Generals. That's one general for every 715.6 men. Comox doesn't have one. . .however we have the pieces to start with.

If you put all the tanks in the CF end to end you fail basic armour tactics. First everyone knows you form a circle. Second, you point the guns out. Third, how did you know the war was going to be there, and fourth, how did you move them? They want to know in Ottawa.

How can a country like Sweden with less than half our population produce a third generation fighter aircraft like the Viggeu all by itself? Betcha Viggeu doesn't mean Arrow in Swedish.

Did you know that when a car is twenty-five years old it qualifies as an antique. It's a good thing that doesn't apply to aircraft. Otherwise we'd be flying antiques at Comox. Hang in you Argus. You've only got six years to go!

The first prototype T-33 flew on January 8, 1944, thirty-one years ago!

Our local MP got himself on a Defence Committee. This is the same guy that wanted to expand the Coast Guard to patrol the proposed 200 mile limit.

What if we had a war and the unions decided to strike and designated workers walked out? We'd take them to court and fine them, right? Before or after the war?

Did you know the social experiment is working. The disintegration of the Armed Forces into two working language groups is progressing nicely. At the rate we are going there will be one guy left in the outfit in 1984. He'll be a Francophone land element major based in Summerside. There'll still be 109 generals.

Remember when Nixon took the oath of office in 1968? The FBI reported it is still missing.

They've got a new position open in supply. An exorcist. It offers good working conditions, lots of action and the weekends are free for moonlighting.

I wonder if when the Public Servants get a raise will our "blue collar" workers get a comparable one?

Thanks for the card and the letter. It was sweet of you to send both!

## The flight of apathy-x

(Courtesy Gulf Wings, CFB Summerside)

(A CANADIAN SPACE ODYSSEY)

Circa: 1984. Canada's tenth and final probe into the hostile environment of outer space was climaxed on Monday when Apathy X descended safely to Earth completing this phase of the Canadian Space program. From all reports the flight was a tremendous success and well worth the $2,976.52 spent (that total equals the approximate cost of one week's supply of box lunches for an Argus crew).

It's unfortunate that just when things were proceeding so well, the Canadian Government cancelled the program due to the lack of funds. The experiment was extremely gratifying for the 9200 men of the fully integrated Canadian Armed Forces who, despite rumours of personnel cutbacks kept up their morale and contributed immensely to the success of the flight. However the space flight was not without its problems.

The crew of Apathy X was a hand picked trio of single, over thirty-five Armed Forces officers. Apparently bachelors were selected because it has always been less expensive to move them over long distances than their married counterparts.

For example, the government wouldn't be required to shell out quantities of separated family allowance needed to send married astronauts to the moon.

Originally, Apathy X was to have carried a crew of two chimpanzees. This was scrubbed due to rising costs in purchasing, training and feeding chimps so a switch from apes to aircrew was made, much to the satisfaction of the chimps.

Also, the aircrew were happy with this arrangement as they've been doing without flying pay since they made-in the Forces General List.

The rocket itself was an all Canadian contrived contraption with no other country claiming anything to do with it. Blast off thrust came from four stages of extremely well checked out BOMARC missiles with a command module from a reconfigured Tutor simulator. Present day theorists figure the government's actions over the last 30 years indicate that they must have had this space spectacular in mind for quite some time.

For fuel, the rocket was filled with a top secret blend of liquid hydrogen and bar rye. Crown Royal rye was to have been used but the cost had become prohibitive over the last few years.

On the morning of the launch, the astronauts arrived at North Point rocket site in high spirits if a trifle late. The vehicle which was to have picked them up at the barracks was delayed because the driver had to take some of the civilian workers home because a readiness state Charlie had been declared. (Just because it was CAVOK there might be a storm pending – somewhere!)

The courageous astronauts climbed into the simulator command module and ran through their roller check list. Hatches - Ferme, Switches - Allumage - All systems - Hokay. (Note: Bilingual roller check lists came out in the middle seventies. They are designed to tear on first use). Then the count down began – Dix - nine - huit - seven, six, five, quatre, three, deux, one - ignition - zero - Blast Off.

The mighty quadraped Bomarc rocket with the tiny command perched on top lifted majestically from Cape North Point slicing its way through the clogged atmosphere streaking towards the moon.

Unfortunately, it was quickly lost to the viewers on the ground because someone forgot to check with the met section, or was it because there was no longer any Met section. No matter. The astronauts riding Apathy X reported all stages fired properly and separated as planned. Apathy X was on its way to the moon.

The first problem arose when the crew began opening their flight lunches. For some obscure reason the Combined Mess (a combination of officers, Sr. NCO's, and Jr. NCO's, other ranks and civilians) wasn't informed by Ops of the change from apes to aircrew so the crew wound up with a 14 day supply of pilot's box lunches consisting of six bananas and a carton of coconut milk.

The Canadian Broadcorping Castration Co. (known as CBC) coverage of the event was excellent even though most transmissions were a bit blurry. The problem was remedied when that shrewd communications company promoted the cameraman whose hair kept flopping over the lens.

The CBC's mandatory split screen image presentation was a bit useless for these telecasts. Even though the English on the right and the French on the left of the TV screen has been the only way of receiving Canadian TV for several years now still confuses people.

Another interesting sidelite of the trip was watching the astronauts shave. While on the ground they were given the option of growing beards (in very old navy tradition) or keeping their sanity and air background and shave every day.

As expected they elected to remain in their air elements so it should be interesting to see what becomes of their careers.

The most critical point of Apathy X's flight came when the craft was halfway to the moon. A controlling ground station ordered the crew to remain in space an extra five days while the Forces had a mess dinner and retired the 22 radar operators and technicians. The CDS had unfortunately slipped up in not hiring the personnel for the jobs they were committed to. (Only satisfaction was he was 28 per cent right).

At the same time, another controlling ground agency (several agencies controlled by one agency - a situation commonly accepted by the Forces since '67) decided to save fuel (the crew's manually leaning or feathering the outboards wasn't satisfactory) and ordered Apathy X back to Earth.

This situation quickly developed into a crisis, so the astronauts turned off their nicad battery radios and took charge of the mission and continued to complete their originally assigned task. Rumor has it that they are to be court martialled, however this seems unlikely as the last legal officer left the Forces in '78.

When the space craft reached the moon an LME (Low Monetary Expenditure) was detached at a height of 60 miles from the lunar surface. The LME swept to within 50,000 ft. of the surface, snapping pictures with its highly modified Polaroid Swinger purchased from Canex for $29.95. A similar version of the same camera could have been purchased from any retail merchant but a spokesman for the Dept. of Defence Procurement stated that a space shot was no place to save money.

After completing its photo runs the LME returned to the command module which fired its SATO bottles sending the craft hurtling back to Earth.

Returning from the moon was quite uneventful until MoT radar operators went out on strike. An American exchange tracking station on the Plains of Abraham picked up the craft's trajectory and alerted all recovery vessels to prepare for splash down in the Northumberland Straits instead of the Atlantic Ocean.

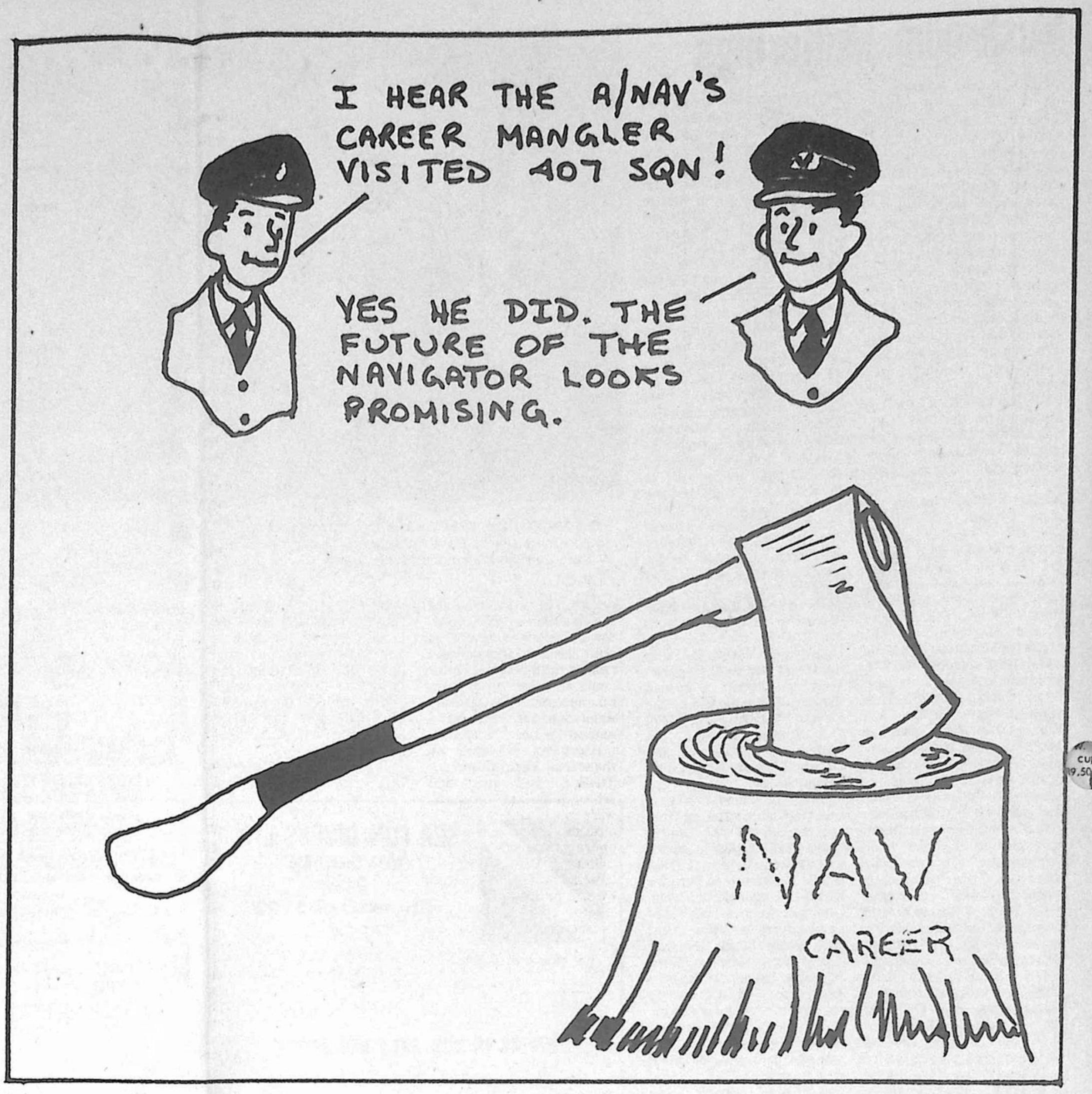
It became apparent that Apathy X was going to touch down somewhere near Tormontine. The John Hamilton Gray, that had been taken over by the Forces for the event was the prime recovery vessel tried to gain time and drop off a ferry load of cars but was unsuccessful.

A proud moment for all Canadians came when Apathy X successfully splashed down only 200 yards off of Tormentine shoreline.

First in the recovery area was a Canadian Customs official who rowed out to the capsule in an Army-Navy rubber raft. "Have you anything to declare?" Next came Lt. Cdr. Pierre LePhew and his crack crew of CF frogmen in a chartered "Halifax News Report" helicopter. Lt. Cdr. LePhew hopped into his happiest environment from the chopper to attach the flotation gear to the module but he wound up to his ears in red mud 'cause the tide was out. A noble effort.

The astronauts of Apathy X waded to shore and made their way to the beer parlor at the Hotel. There they debriefed themselves and conducted a press interview in which they unanimously agreed on one point. They were immediately going to desert the Canadian Forces and join Air Canada.

The Honourable Jim Richardson, Jr., the second generation Minister of National Defence was unavailable for comment on the whole episode. At the moment he was at NATO headquarters in Brussels negotiating for a 25 per cent reduction in our twelve man secretarial contingent. In a word he was Apathetic.




## The staff man and the policy statement

(Extract from Corporate Capers Management News - CF ADC Feb 75.)

Once upon a pragmatic time there was a young but quick-minded staff man who was assigned to draft an important and delicate policy statement.

He laboured long, well, and exceeding hard, with much study, concentration, and inter-staff and intra-staff communication, and produced a policy statement polished and burnished almost beyond recognition, and submitted it, with much false humility, to his immediate superior.

His superior read it and said, "Yes, well, and lackaday, and this is most well done, except for some minor working which won't meet with the approval of the Second Most High." And he proceeded to rewrite the treatise complete to chapter and verse, comma and semicolon, and finally presented it, with many a bow and scrape, to the next echelon.

The Second Most High said, "What-ho, but this is well-nigh perfect, and requires but the most modest adjustment by my well-tempered wits, to please the Most High Himself." And he proceeded to rewrite the entry phrase by phrase and clause by clause, and finally presented it, with many a genuflection, to the Almighty High One Himself.

The Almighty High One read, pondered, reflected on his own great ability and past knowledge and experience, and then at great length rewrote the pronouncement from cellar to penthouse, and only then issued it upon the corporate winds in great volume, for the edification of all employees near and far, who proceeded to heed it or heed it not, as their whim directed.

And the next time the young staff man was assigned to draft a policy issuance he resolved to bypass the intermediate steps and proceed at once to the finale. So he quickly compiled a moderate volume of obviously unacceptable garbage, forged the approvals of the intermediate Associate Gods, and submitted the result directly to the Most High Himself.

And the Most High Himself, with even more happiness and pious self-satisfaction than usual, rewrote the pronouncement from cellar to penthouse, and issued it upon the corporate winds in great volume, etc.

MORAL: If the top dog is going to rewrite it anyway, you might as well let him write it in the first place. THE LITTLE OL WINE DRINKER ME

## Home Care is here

Beginning April 1, 1975, the Home Care Project sponsored by Public Health in conjunction with St. Joseph's Hospital will commence in the area.

Home Care provides for early discharge of selected patients from acute care hospitals by their family physician.

Home Care provides, to the patient, all the services in his home that he would receive in hospital. These services include nursing, and physiotherapy on a regular basis as well as Homemakers and Meals on Wheels on a priority criteria basis,

The family physician will discuss with the patient the possibility of being discharged and contact the Home Care Co-ordinator. The patient and his family must be willing -- no one will be discharged early on Home Care if he is not willing or suitable.

Home Care provides a link between hospital and community services.

At present staff includes a qualified Public Health Nurse as co-ordinator, a clerk, and two full time and four part time active Registered Nurses to do nursing care.

This program is effectively utilized in other areas of the province. For more information, ask your doctor, or contact the Public Health Department at 334-3141.

**NEXT TOTEM TIMES DEADLINE 31 MARCH '75**

## TOTEM TALK

THE INTERVIEW

No. 1: Good morning, Corporal Jones. How are you today?

No. 2: Morning Sir. You wanted to see me?

No. 1: Yes, Corporal Jones. We have just completed your PER and I would just like to tell you that we are extremely pleased with the progress you are making. You have made an excellent impression on your co-workers and supervisors alike. Your standards of excellence are second to none. I feel confident that a man of your calibre has unlimited possibilities for promotion. By the way Jones, how many years do you have in the service?

No. 2: Twenty four, Sir.

It's comforting to hear that former Senators and MP's may get time in the House of Commons recognized as pensionable service for the purposes of the CFSA. "Then that has, gets".

**Join the Canadian minority group. The Fit.**

## Flammable liquids

Would you permit a few sticks of dynamite to lie around your home? Ridiculous? Many of us by the careless use and storage of flammable liquids, expose ourselves to a similar situation.

Flammable liquids are very dangerous, but with a little knowledge of their proper care and handling, the danger can be controlled. Know the names of most common flammable liquids: gasoline, naptha, kerosene, paint thinners, turpentine and varsol.

DON'T PLAY WITH DYNAMITE

1. Use non flammable cleaners. Liquids labelled non-flammable by a nationally recognized testing laboratory such as the Underwriters Laboratories will not burn.
2. Never store flammable liquids in glass or plastic containers. If you were to drop the glass container on the basement floor a source of ignition may end your life. Store them in metal cans painted red and prominently identified as to contents. Standard safety cans with tight covers that shut automatically are preferred.
3. Never use flammable liquids to start a camp fire. Take extreme care when lighting charcoal briquettes in outside barbecues and use only approved type fuels.
4. Do not keep large quantities of flammable liquids on hand. (Flammable liquids in MQs shall not exceed one gallon and shall be stored in an approved portable container.)
5. Use only non-flammable cleaners to remove spots from clothes.
6. Paints and varnishes are also flammable liquids capable of quickly turning a tiny flame into a roaring fire. Partly used cans of paint should be stored carefully with the lid on firmly so that vapours will not escape.
7. The contents of spray type cans such as hair sprays are frequently highly flammable. In use, the cans could become a "blow torch" if ignited by a cigarette or other similar source of ignition. Never throw a used container in a fire – it could act like a bomb.

## The Readers Write

Dear Editor:

Having just read the latest 'Personnel Newsletter (1-1975)', I couldn't help but notice the call for assistance with recruiting on page 5. I would like to suggest that perhaps as an incentive for present serving members a financial bonus system could be introduced to encourage recruiting.

For example, for each new recruit that a Forces member signs up, a bonus of $100 could be awarded (perhaps an extra $50 if the recruit is female, and another $50 for Francophones, since they are in greater demand.) A new space could be added to the enrolment form for the signature of the member and a witness to sign.

To make the system fair, course, we would have exclude staff personnel recruiting units from being eligible. If the new system became too popular and proved to be a financial burden to the Forces, then we could stipulate, as do many civilian contest rules, that company employees, their dependants and any advertising agencies be ineligible for payment.

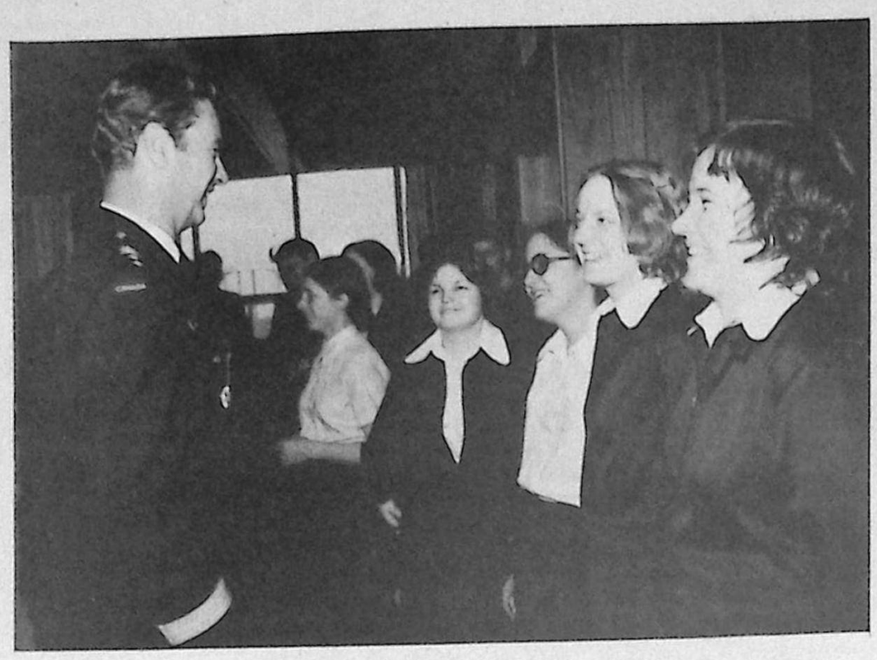
After all we gave bonuses in the past, so why not try again. If it doesn't work we can always incorporate it in our monthly pay and everyone will be happy.

A concerned employee

**TOTEM TIMES**

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**Advertising:** Ron Irving, Michel Naud and Marc Legault.
**Cartoons:** Al Wilson

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AND DID YOU HEAR the one about the bandit...

## Rescue Bits

Greetings once again from the Air Command Embassy in that hot spot of Maritime Command, Victoria. Yes, folks, unbeknownst to the powers that be, Air Command (better known as RCAF) has infiltrated that staid old Navy establishment known as Dockyard. For years we waited, lurking in the shadows, for the official word. All the time skulking thru the dockyard implanting RCAF roundels on H.M.C. boats. Now the time has come, recognition has been granted, "Air Power" has come to the forefront. The M.N.D. has let it be known that the Canadian Forces cannot function without an Air Force. Something we have known all along but, not being insurrectionist by nature, we have had to bide our time. Notwithstanding the fact that we have lent credence to the organization known as Canadian Forces, now we can come out of the shadows and truly once again there will be a brighter star in the skies, "Per Ardua ad Astra".

Search and Rescue is bustling along at an ever-increasing yearly rate of around 25 per cent. Mercy flights are showing a dramatic increase this year and both contributing agencies that carry them out (Canadian Forces and Provincial Government) are taxed to the limit. We have had one major search this year, that for the ill-fated tug RIVTOW ROGUE. We were advised one afternoon that a barge was stationary off Triple Island near Prince Rupert. The towing bridles were straight down and the towing cable was taut. An aircraft was dispatched from Prince Rupert but had to turn back due to the weather. The first vessel on scene was also seriously hampered by the snow storms and high winds. Early next day however the storm subsided and a full scale air and surface search was carried out. Participants were Canforce aircraft from Comox, U.S. helos from Annette, Alaska, Can Coast Guard helo from Prince Rupert and up to four civil aircraft from the local area. As well four surface vessels participated all under the control of the captain of the Canadian Coast Guard ship Alexander MacKenzie.

The search area was small and the area was saturated to no avail. Three bodies and associated debris were found by the suspension of search and speculation is the other three bodies will be found in the tug which has been pinpointed at the other end of the towing cable, on the bottom. It will never be known what really happened but the educated guessing is that they encountered weather conditions beyond their control and had no time to tell anyone.

Heard a gem the other day, the source of the abbreviation TGIF. Seems it came from a school in the east where they were training pilots and naval officers. It had to do with operating instructions for military boots. The instruction read "Toes Go In First". Thanks Paul.

Life is something you cannot erase, why duplicate it.

That others may live.

Are you still letting them kick sand in your face?

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## DEMON DOIN'S



407 Sqn. seems to be plagued the last few weeks by VP Crews from Greenwood. Pat Murphy (an ex-Demon) and his pirates were out here for a few days and left on Sunday. At least our BAR profits seem to be increasing. There's a bad rumor around that Pat is addicted to salmon.

Taking a look at the Crews, Crew One seems to be busy doing other things besides patrols and crew trainers. They've acquired a new member on the crew: TAFFY, Dave Gibson's recently acquired St. Bernard. Better order extra rations for your trips, guys!

The crew would like to welcome back Sgt. Ron Mastin back from French Language Training. Parlez-vous francais? Some people will do anything to get out of flying. Now that he's back we can expect the crew's rations to attain their previous high standard. (Who eats asparagus tips anyway)?

By the report received, when the crew isn't flying, they're landscaping, gardening or fishing.

The crew can look forward to their next trip away – the OFTT in Greenwood.

Crew 4 is back from their jam trip to the mystic East, namely Trenton and Ottawa.

While in Trenton Sgt. Boyle, MCpl. Hjalmarson and Cpl. Smith were outfitted with their wee kilts and the other paraphernalia that pipers wear.

In Ottawa the C.O. of 407 Sqn., LCol Montgomery, acquired 407's new Squadron Standard which is to be officially presented in June. Congratulations to Crew 4 for arriving back with it in one piece.

A maintenance problem kept them in Trenton but thanks to Sgt. Ruthven and his crew the aircraft was soon serviceable and heading for the warmer West.

No need to mention anymore about Crews 3, 5 and 6. We hope they all have sunburns and suffer.

Maj. Erv Rose and Maj. Don Little looked relieved that Wintex was over with on Friday, at least that was the comments overheard at the washup.

VP 407 Squadron wishes John Stevens a speedy recovery while he recuperates in CFH Esquimalt. Ed Goski is still at staff school, maybe he likes it there. Art Arsenault and MCpl. Nixon are still brushing up on their mother tongue in ELFC St. Jean, Quebec. Murray Field and Ken Ujimoto are heading for Deadwood N.S. to begin their long range navigation training. Capt. May and Capt. Schael just returned from the MOAT and to make it official, welcome to 407 Sqn., Harvey and Sylvia May and Jans and Jocelyn Schael. See you at the mess. MCpl. Anderson headed to the far East, no - not Egypt but Shearwater to VS Observer Course. The squadron will be saying goodbye to Sgt. Joe Reardigan and his family. Joe is posted to VP449 in Greenwood. Good luck?

A bit of triviality: Several years ago, an overseas airline carried out an experiment which proved that a month without washing an aeroplane caused a 3 per cent drag increase. A clean B-707 uses 3 tons less fuel on a transatlantic flight than a dirty one. 407 operations has now included a bottle of cleaning liquid and fifteen rags for each crew's trip.

### Water

Adults require about three ounces of water for every 100 calories consumed. Much of the water we need comes from food itself. Fruits and vegetables are 85 percent water. Meat is usually half water. The average loaf of bread contains approximately a third of a pound of water.

## Totem Little Theatre

Rehearsals for "The White Sheep of the Family" are in full swing with the cast of nine tossing aside day-to-day worries and woes and plunging themselves deeply into their roles.

Although a novice to directing, Al Haan has studied his task well and will surely guide his cast to a worthy presentation of this most entertaining comedy.

Presentation dates have not yet been announced, but their release will be in good time to allow for a full scale publicity program and advance ticket sales.

## 407 Tech Ramblings

(Continued from page 2)

malcy and are even able to find time to listen to Sgt. Ike as he recounts the recent adventure that led to an extended eastern holiday.

Spring must be just around the corner what with the local Izaak Waltons preparing their boats for the annual assault on the blue backs and the golfers lining up to purchase their season memberships from Sgt. Bob Sleigh.

Remember, time is running out for the purchase of your tickets for the 407 Reunion in June. Until next time, remember, "If there's a bird to repair, 3 crew is always there."

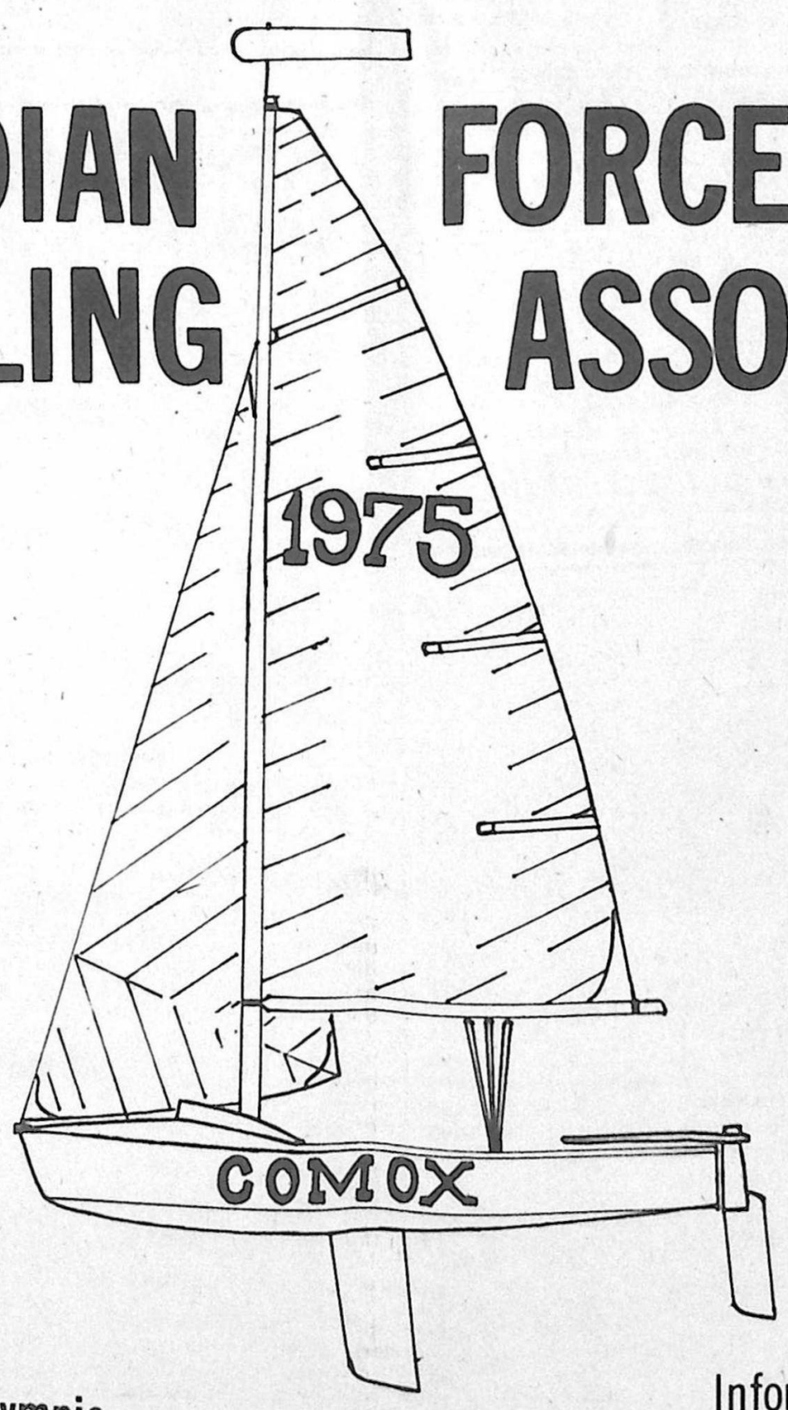
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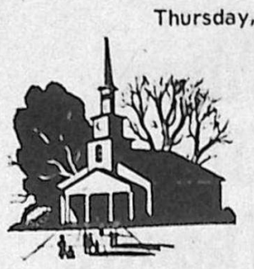
CFSA INFORMATION
LOCAL - 390

Film: Keil Olympic Regatta

"REFRESHMENTS"

Information available on:
•Membership
•Learning To Sail
•Racing ® Cruising

# Chapel Chimes



## RC Chapel

RC CHAPEL - Father Francis E. Swoboda, Base Chaplain (RC)

PALM SUNDAY - Sunday, March 30th

The Palm Sunday Liturgy will be celebrated at both the 9:30 a.m. and the 11:00 a.m. Masses. It will consist of the Reading of the Passion of Our Lord according to St. Matthew, the Blessing and Procession of the Palms and the Liturgy of the Eucharist.

HOLY THURSDAY SERVICE: Thursday, March 27th

The Evening Mass of the Lord's Supper will be held at 16:00 hours. The Lord's Supper on the original Holy Thursday was prefigured by the offering in Exodus of the sacrificial lamb. From now on until time be no more the true lamb of God, which is Jesus Himself, is offered daily on our altars at every Eucharistic Celebration. Children who are prepared to make their First Holy Communion may receive the Lord's Body and Blood for their first time with their parents at this Eucharistic Celebration.

GOOD FRIDAY SERVICE - Friday, March 28th

The Celebration of the Lord's Passion will be held at 3:00 p.m. The Service includes the Reading of the Passion of Our Lord according to John, the General Intercession Prayers, the Veneration of the Cross and the Holy Communion Service.

EASTER VIGIL SERVICE: Saturday, March 29th

The Easter Vigil Service will begin at 7:00 p.m. The Holy Saturday Liturgy consists of the Service of Light during which the Easter Candle is blessed; the Procession and Easter Proclamation; the Liturgy of the Word; the Liturgy of Baptism during which the Easter Water is blessed and the Baptismal Promises are renewed. The Easter Vigil Service concludes with the Liturgy of the Eucharist.

EASTER SUNDAY: Sunday, March 30th

The Easter Sunday Masses will be at 9:30 a.m. and 11:00 a.m. May the peace and joy of the Risen Christ fill your hearts with love not only on Easter Morn but throughout the entire Easter Season. This is the day the Lord has made, let us rejoice and be glad. The Lord has indeed risen, alleluia. Glory and Kingship be his for ever and ever. Alleluia!

## Protestant Chapel

SUNDAYS:
Sunday School - 9:30 - 10:30 a.m. in the Chapel
Divine Service - 11:00 a.m.

TUESDAY:
7:30 p.m. - Teen Group every Tuesday in Chapel Annex.

THURSDAY:
6:00 p.m. - Junior Choir
8:00 p.m. - Senior Choir

Telephone: 339-2211 Local 273 D. L. Martin, Maj. (Base Chap (P)

EASTER SUNDAY - 30th March
1100 Hours - The Easter Family Service.

*Easter Sunday will be celebrated in The Protestant Chapel with a special Easter and Family Service. This is a most sacred day of the Christian year. Christ's Resurrection on the first day of the week made Sunday the Holy Day for all Christendom and gave special meaning to every Sunday as "a little Easter", and the occasion for the remembrance of the resurrection life. The Easter Service will close with the Holy Communion Service which is open to communicants of all Christian faiths. May we assemble in the House of God to celebrate the glorious Resurrection.*

# CWL Tea and Bazaar

The ladies of the CFB Comox Catholic Women's League would like to thank their friends from the Comox Valley area for making their St. Patrick's Day Tea and Bazaar such a great success. Doors opened promptly at two o'clock and within a half an hour, Mrs. Ann Redmond reported the Bake Table completely sold out. Mrs. Mary Goski and Mrs. Pat Anderson were favorites with the children with their popcorn, Kool Aid and candy tables. There were many beautiful items on the Handicraft table which was convened by Mrs. Helene Taillon and Mrs. Therese Gagnon.

The White Elephant Table was stacked with bargains and Mrs. C. Bedard, Mrs. J. Worteley, Mrs. B. Milan and Mrs. D. Payne were kept very busy. The Tea Terrace was "tastefully" decorated in a spring theme and conveners Mrs. Joyce Geneau, Mrs. Betty Cumminger, Mrs. Dawn Cape and Mrs. Ellen Parent put in a busy afternoon.

Special thanks to their helpers Debbie Geneau and some of the Guides from First Company Komux who did such a good job serving tea.

Special guest, Miss CFB Comox, Mary Jacobi picked the winning tickets on the four draws. Mr. Les Reynolds won a needlepoint picture donated by Capt. Helen Gerrard. Miss Sherry Rossiter won the food hamper. Mrs. Harriet Campbell won the beautifully decorated cake which was donated by Mrs. Pat Ferdette. The lucky winner of the Hundred Dollar Money Doll was Mrs. M.A. Ross.

Once again many thanks for helping us to help others.

# Easter Message

## Padre Martin

We are in the Lenten Season and the whole world is waiting to celebrate the glorious experience of Easter morn. This is understandable because ... the heart of Christianity, its innermost sanctuary, its most dazzling glory, and the chief source of its power is not even the Cross. It is the open grave.

To me, indeed, the Cross must always be a very central thing. Whenever I wander far from Calvary I, for one, begin to lose sight of the Master, and have to get back. And yet is there not real point in Michelangelo's indignant protest, when he turned in his stormy way upon his fellow-painters and demanded: "Why do you keep filling gallery after gallery with endless pictures of the one ever-reiterated theme, of Christ in weakness, Christ upon the cross, Christ dying, most of all Christ hanging dead? Why do you concentrate upon that passing episode, as if that were the last word and the final scene, as if the curtain dropped upon that horror of disaster and defeat?

"At worst all that lasted for only a few hours. But to the end of unending eternity Christ is alive, Christ rules and reigns and triumphs."

And, if we would help people to be valiant in their Christian living, it is that we should be ringing out over the world that Christ has won, that evil is toppling, that the end is sure, that nothing can for long resist our mighty and victorious Lord. That is the tonic we need to keep us healthy, the trumpet blast to fire our blood, and send us crowding in behind the Master, swinging happily upon our way, ready and eager to face anything, laughing and singing and recklessly unafraid because the feel of victory is in the air, and our hearts thrill to it.

During the period of Holy Week 24 to the 30 March we shall celebrate the glories of the Easter experiences. A special Easter Service will be conducted and each family in our community is invited to share in this religious program.



# Diving Club News

The CFB Comox Sub Aqua SCUBA Club had its first dive of the season the beginning of March off Denman Island.

It was a windy day with intermittant rain showers but it didn't in any way hamper the divers.

The cod season was open and some real beauties were shot. Of course the largest one got away! The way Mark Weir explained it, he probably wouldn't have been able to fit it in his car trunk anyway. Gray Waters gets the rubber dart for coming up with the smallest. I have to admit Gray is a good shot to hit such a small target! Some divers got some rock scallops and others had to settle with fish and chips from the local restaurant.

Some of the other divers present were Gary Emery, Jim Simpson, Don Buchner, Bob Hayes, George Sansom and Norm Crawley. The SCUBA Club is going to be one of the best ever this year. Some of the most experienced divers in Canada are part of the club. One of these divers, Warren Buck, is going to give a short dive talk and pending the mail strike, show two films at our next general meeting. The first film "Underwater Warrior" was taken upon discovery of a sunken submarine. The second "Twilight Reef" was taken in the Bahamas. These are excellent films and well worth while viewing for anyone who can make it to the meeting starting at 1930 on 27 Mar.



**THIS DOLL DRESSED IN** one hundred $1 bills was won by Mrs. Ross at the Catholic Women's League Bazaar on March 15. The doll was presented by Mary Jacobi to Ronnie and Debbie Ross.

# Ling Cod

Brightly hued lingcod change colors with lightning speed. West Coast trawl fishermen, subduing three-footers with a rap of the gaff hook, may see dark brown sides flash light yellow, orange spots turn to brown.

Pacific lingcod share the family Hexagrammidae with kelp greenlings. The valuable food fish are misleadingly called "cultus" – Indian for worthless. Malled cheeks and flaring pectoral fins mark them as close kin of the bony-headed sculpins.

Lingcod favor reefs and kelp beds that feel strong tidal movements. They often rest on the bottom on pectoral and pelvic fins. Their canine teeth snap up herring, flounders, cod, whiting, squids and little lingcod.

The fish spawn in winter, nesting in sheltered rocky areas. Eggs number up to half a million, laid in adhesive pinkish-white masses. Males, less than half the size of females, fan oxygen-rich water over the nest and drive off intruders with vicious rushes.

The intense green flesh of tasty young lingcod often dismays the uninitiated, though the coloring vanishes with cooking. Livers are rich in vitamins A and D.

# Protestant Chapel Guild

The Ladies of the Protestant Chapel Guild will be holding their monthly meeting on Tuesday, 25th March at 8 p.m. in the Chapel Annex. A warm welcome is extended to all who wish to attend. A work party will follow the meeting to make items for the Guilds bazaar table at the Comox Valley Day Care "Flea Market". This is to be held on Saturday 12th April from 10 a.m. to 4 p.m. in the Courtenay Junior Secondary School gymnasium. Anyone wishing to donate items such as knitting, sewing, toys, books etc., please phone Pearl Kingyens at 339-2552. Your support will be greatly appreciated.

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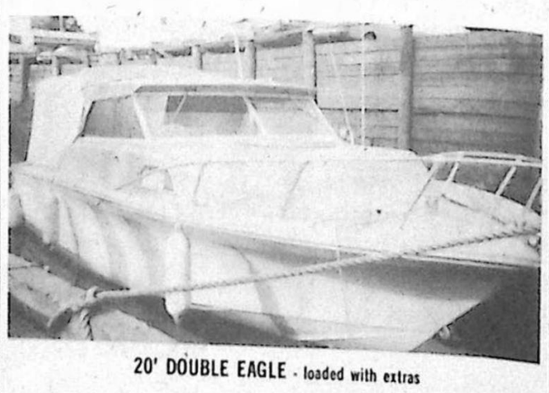
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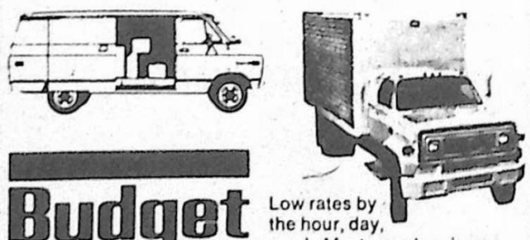


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FEET, DO YOUR stuff! Photo Begin

# Hospital Anesthesia

Wedding bells and associated thrashes seem to be the news items for the week around the hospital and dental clinic. Now, who ever heard of a hospital marrying a dental clinic, eh? We wonder if this wedding will produce a sergeant-major? Or perhaps a major-sergeant? Only time will tell.

Anyway, the shower held for Sgt. Norma Boles last week was nothing short of fabulous. And it was sure great to have something other than corned beef sandwiches for a change, Aunt Harriet! All kidding aside, it was a great bash with a fantastic spread of food. Wine wasn't bad either, methinks. Even "Hummel" managed to navigate his way home safely, despite valiant efforts on behalf of the RCMP.

Not too much has been heard as to the goings-on at Maj. Bob Barnes' stag – maybe it's just as well, considering all the virgin ears around this place. Apparently the guest-of-honor found a suitable place to repose himself – in the corner on the floor – while learning how to tie his shoes. We understand pictures are forthcoming, and hopefully will be available by next printing. The photographer, M Cpl. Bob Arsenault, has departed the fix temporarily to spend three glorious weeks in beautiful downtown Holberg. Maybe he'll find a disreputable firm to print the pictures while he's there.

This place resembles Grand Central Station - more and more every day: we welcome back from leave Sgt. Vic Hope, M Cpl Al Balfour, Lt. Bev Shoemaker (minus a few teeth), and Lt. John Maddison. Regarding the latter, sometimes it's very difficult to tell if he's really back or not! M Cpl. Dennis Boutet returned from his course in Borden, only to leave almost immediately for another course in Esquimalt. One of these days we'll get to keep you, Dennis. (So also says his wife, no doubt!)

The Base Surgeon acquired a new photo gallery to decorate his examining room wall; however the artistic arrangement was short-lived -- something to do with not being according to the owner's taste. Such a shame – we thought it was lovely!

Two Volkswagons have left the establishment since last writing. Dr. Dave Doty has kissed his Porsche good-bye (probably did, too!) as it has gone to search for greener pastures in Vancouver -- that's if it made it that far. Capt. Anne Doran has relinquished hold on the little yellow bug, and taken on a rotary-wing, rice-burner or something of the like.

Rumour has it that there are a few parties coming up (not that that's news around here), so until I can report the gory details of those, that's it for now. Ta, Ta.

# More Hospital Mischief

Apparently, there has been great difficulty in coordinating dispatch and pickup of referral personnel to CFH Esquimalt, creating much confusion both here and there. This problem has resulted in the submission of an original suggestion, involving the use of Crazy Glue. The only reluctance to the scheme appears to be the fear that inefficient handling may well result in the inadvertent transport of innocent bystanders who would find the seating arrangement on the bus most contorted and uncomfortable.

Recently, one of our nurses had an enthusiastic reaction while attempting mouth to mouth resuscitation, wherein there was such a swift and unexpected response from the patient, that it became almost an impossibility to disentangle the nurse. As the anticipated second cardiac seizure was not forthcoming and the patient continues to maintain a Mona Lisa smile even while under sedation, an extension of similar type therapy for all male cardiac patients is now under consideration.

Our young hygiene tech has recently been posted to a Field Ambulance Unit under escort of one of our senior medical assistants. This joint posting was undertaken in an effort to carry out the unsurmountable task of ensuring that no discredit would be brought to this unit after his departure. Happy diggins Booby!!

A smart man is the guy who hasn't let a woman pin anything on him since he was a baby.



SERGEANT, HOW LONG has that man been hanging there? Base Photo

# Curling Survey Results

The results of the survey recently conducted to determine what degree of interest personnel have in forming a curling club at CFB Comox are as follows:

Question 1: Would you be interested in a club being formed on the Base?

Answers: Yes - 336; No - 25; neutral - 1; 172 contained comments; 202 no comments. Some of the comments are recorded in Annex A.

Question 2: Have you curled previously?

Answers: Yes - 328; no - 49; 6 - some.

Question 3: Would you, or your dependants, be interested in learning to curl?

Answer: Yes - 281.

Question 4: Are you curling at present?

Answers: Yes - 57; No - 274; no comment 43.

Questions 5, 6 and 7: Information is not available to the newspaper at the present time.

Question 8: Would you help in any construction work that might be required?

Answer: There were 260 personnel who indicated interest in contributing towards construction work.

Question 9: Would you serve on a committee?

Answer: There were 183 personnel who indicated willingness to serve on a committee or committees.

Question 10: Would your wife curl?

Answer: There were 215 forms indicating a desire on the wife's part to participate in curling.

Question 11: Would your dependants curl and if so how many?

Answer: There were 126 yes answers with an indication of 256 dependants interested. It is felt that a figure of 150 would be a safe indication of dependants other than wives as some people might have added wives to question 11 as well as 10.

Question 12: Would you be interested in an Intersection League?

Answer: there was a total of 285 personnel answering with a yes.


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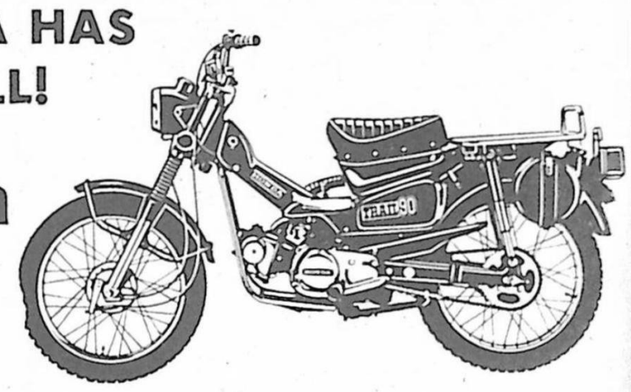
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# Entertainment

## WO's & SGT's MESS ENTERTAINMENT

**FRIDAY, MARCH 21** - TGIF.

**SATURDAY, MARCH 22** - Easter Dance. Ham & Bottle Draw. Time - 2100 - 0200. Band - Alley Cats. Dress - Semi-Formal. Admission - $3.00 Reg. & Assoc. - $6.00 Honorary and Guests.

**SUNDAY, MARCH 23** - Bingo - Cash prizes - Jackpot. Time - 2000.

**MONDAY, MARCH 24** - Movie - Day of the Jackel - Eric Porter. Time - 2000.

**THURSDAY, MARCH 27** - General Mess Meeting - 1300.

**MONDAY, MARCH 31** - Movie, Theatre Of Blood - Vincent Price.

***COMING IN APRIL*** -
Sportsman's Bingo - Candle Light Dinner - Wine & Cheese Party.

*This is the last week for Ham & Bottle Tickets.*
The more tickets sold the more draws held.


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Ad. $2.25, St. $2.00, Ch. $1.00
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Two Shows Fri. & Sat. - 7 & 9 p.m.
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Fri., Sat., Sun., March 28, 29, 30
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"Violence & coarse language"-B.C. Dir.


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# Entertainment

## OFFICERS' MESS
### MARCH ENTERTAINMENT

**SATURDAY, MARCH 22** - Mongolian Night. Mongolian Menu - Price "by the ounce". 2200 - 2330 hours. Dress Informal. Dance to Tidesmen. 2100 - 0100 hours. Reservations for Food by 1600 hours., Wed., March 19.

• • •

**SUNDAY, MARCH 30** - Easter Sunday Family Smorgasbord. 1630 - 1830 hours. Dress Informal.


BASE THEATRE SCHEDULE

Theatre Information - Call 339-2433 anytime
RESTRICTED SHOWS: 18 years and above - Under 18 years of age must be accompanied by a person over 18.
ADULT SHOWS: 16 years of age and above - Under 16 years must be accompanied by a person over 16.

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Fri 21 Mar, Sat 22 Mar, Sun 23 Mar — THE SEVEN UPS — Roy Scheider, Tony Bianca, Cops & Robbers
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Sat 19 Apr, Sun 20 Apr — THE OUTFIT

SATURDAY MATINEES
8 Mar — TINDER BOX — 1400 hrs to 1550 hrs
15 Mar — CLOWN & THE KIDS — 1400 hrs to 1545 hrs
22 Mar — SEVEN DWARFS TO THE RESCUE — 1400 hrs to 1545 hrs
29 Mar — WONDERFUL LAND OF OZ — 1400 hrs to 1545 hrs

# Ladies Golf News

Our new executive for the 1975-76 year has been elected and the members are listed as follows: President - Millie Legg, Vice President, Nettie Bonenfant, Club Captain, Barbara Carter, Vice Captain, Kay Freeman, Secretary-Treasurer, Irene Harker, Prizes, Anne Lang, Housekeeping, Marilyn Stroud, Food Convener, Gen Beehler and Anne Cote, Publicity, Pearl Kingyens.

With the Spring weather fast approaching the committee extends a warm welcome to all members - (both new and old) to participate in the Clubs' activities which will start on Wednesday 2nd April with the Ladies Day Opening. Starting at 9 a.m. nine holes will be played, afterwards refreshments will be served and a chance for members to meet and get to know one another. With good participation from our 60 or so members we can look forward to a year of good times, good friends, good golfing and hopefully – good weather!

Some Club House spring-cleaning was done last week by members - both male and female. The material for the new drapes has been ordered and when hung will add to the appearance of the lounge.

The programmed activities for April are: Wednesday 2nd April: Ladies Day Opening. Start 9 a.m. 9 holes. Sunday 6th April: Mixed 4 Ball. Start 12:30 p.m. 9 holes. Wednesday 9th April: Ladies Day. HDCP. Start 9 a.m. 18 holes. Wednesday 16th April: Ladies Day. 2 Ball. Start 9 a.m. 9 holes. Sunday 20th April: Early Bird. Start 10 a.m. 18 holes. Wednesday 23rd April: Ladies Day. N.H.A. Tourney 1st Round. HDCP. Start 9 a.m. 18 holes. Wednesday 30th April: C.L.G.A. Pin Day. 18 holes. Start of Ringer Board. Start 9 a.m.

The ladies committee is pleased to announce that Mr. Gary McWilliams, a golf pro, will be available to give golf lessons starting approximately 14th April. Anyone interested please phone Barbara Carter at 338-5589 or Nettie Bonenfant at 339-5136 for further details.

Thanks Kay for the clam chowder served after Sundays Mixed 4 Ball. Just delicious!



**LORNE KINGYENS,** out of bounds, chipping onto the Green. (Looks like accuracy is a family thing!)

Straighten out a crooked smile. Give to EASTER SEAL. Last year the British Columbia Lions Society for Crippled Children donated $10,400 to the Cleft Lip Palate Group. The Lions are its sole means of support. Please straighten out a crooked smile. Donate to EASTER SEAL.

NORTHGATE MOTORS LTD.

# Glacier Greens

BY GLEN CASLAKE

Glacier Greens hosted their first event of the 1975-76 season, which was a Mixed 4 Ball tournament held on Sun. the 16th of March. We had a good turn out for this event, all told we had 52 people participate in this 9 hole event.

First place was captured by the team of Ivan Grant, Eileen Fee, Red Schnider and Jack Adams with a score of 32. Second place went to the team of the Sweeneys, Duke Snyder and Reg Blois with a score of 32. Third place was won by the team of Jim and Kay Freeman, Gerry Power, and Wayne Lawrence with a score of 34. Prizes for the winning teams were bottles of wine and golf balls.

Food consisting of Clam Chowder and the trimming was served at the completion of play, the Chowder was enjoyed by all who partook in this event.

Although the weather was a bit on the chilly side, we had a very enjoyable day. So lets see you all out at our next event at Glacier Greens, which is a Mixed 4 Ball tourney to be held on the 6th of April.

GLACIER GREENS
Calendar of Events
Month of April, 1975

**SUNDAY, APR 6:** Mixed 4 Ball Tournment - 9 holes. Tee Off Time - 1230 hours; Shot Gun start

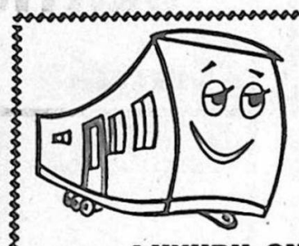
**SUNDAY, APR. 20:** Early Bird Tournament - 18 holes. Men- Ladies & Juniors. Tee Off Time - 1000 hours.

**ATTENTION ALL JUNIOR GOLFERS**
**GLACIER GREENS**

On Easter Monday the 31st of March 75, at 1500 hours the Golf Pro Mr. Gary McWilliam will be at the Club House.

He will give an "Introduction to Golf" address which will be followed by a 3 hole tournament.

Mr. McWilliam along with Mr. Pete Burns (Junior Representative) will be available for golf lessons this year, so this will be an excellent opportunity to meet them, get acquainted and get some good tips on golf at the same time. So don't forget Easter Monday at 1500 hours.



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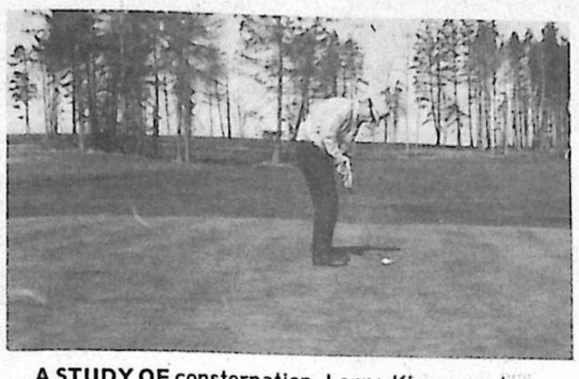
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# My mother wears army boots

If you've seen our girls walking around with bruises and scrapes -- don't be alarmed. They've started up a floor hockey team and are really enjoying it. They played their first game Sunday at the CRA. The score was 5 - 11 for Courtenay.

A group of interested people are gathering in front of the mess hall this Saturday at noon hour to clean up the broken glass etc. on the lawn. Everyone is welcome to join us.

There will be a jam session Monday 17th at 8 p.m. in the Totem Lounge for all interested people – come listen, sing or bring an instrument.

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## DINING-IN NIGHT
**SUNDAY, MARCH 30**

*Floor Show*
*and*
*Dance*

***Hip-Of-Beef*** ***and Trimmings***
*Dinner Served from 2000 Hrs. to 2130 Hrs.*

## WIG AND DICKIE
ADVANCE TICKETS
AT THE PMC'S OFFICE
UNTIL 27 MARCH

*$3.00 each: Members and Dates • $4.00 each: Guests*

# PMQ Preamble

Due to the fact that our column did not appear in the last issue, we have a wealth of information to pass along this week. First we welcome back our Mayor, Major Tony Nichols and his wife, from their three week holiday. A two-week Caribbean cruise must be nice at this time of year, and the council was certainly relieved to find that it wasn't a political exchange visit paid for by absconding our funds.

Secondly, spring has sprung, the grass has riz, I wonder where the flowers is; well they're available at the CE section, but please don't go rushing over on your own to pick them up. For those residents who wish to beautify their gardens under the new CE "self-help" program, you are asked to contact your ward councillor, so that requests can be channeled through the Mayor's office. There will be a limited stock available of ornamental shrubs and bedding plants, that will most certainly beautify your gardens, as well as improve the overall appearance of PMQs. Also while on the subject of the new "self-help" improvements program, we would remind all those who wish to create cupboards, divider walls, paint or wallpaper walls, or any other projects, that your ideas and designs must FIRST be approved by the BCEO, and must be submitted through the mayor's office. So again, please contact the council before you begin!

Speaking of beautification, it's time once again to refresh the appearance of our PMQ council. That's right – it's election time once again! Time to cast your vote for a member in your ward that you think will best serve your interests as a representative on the council. Ballots will be delivered and collected during the week of March 23 to 27, and we stress as we have in the past, that you please give some serious thought as to whom you are voting for on the ballot. This should not be a time to "stick thy neighbour" for what his kids did to your garden last year, or what his dog did to your sidewalk. We need strong representation by people who are responsible enough to do a good job for you during the next 12 months. Also a reminder that dependants 18 yrs. and older are also elegible to be elected and the present council would like very much to have representation from the wives and teens on the council; to receive their ideas on community matters. So please be sure to cast your vote next week.

In support of your PMQ council recreation program, many of the ward councillors and boys of the baseball program are selling tickets for the B.C. Amateur Sports Holiday Draw. These tickets are selling for $1.00 each, with 50 per cent of the monies collected returned to our council to support our summer sports and playground activities. The prizes consist of a first prize trip for two anywhere in C.P. Airlines world (or $5000 cash), three 2nd prizes of $1,000 each and two 3rd prizes of $500 each. It would be nice to be a winner, so if you haven't bought your ticket yet or don't know who to contact, call 339-3746 for information.

"On the sports scene" the BASKETBALL season is rapidly drawing to a close. The results of the March 8 games were: Supersonics 30 - Go-getters 40, Globetrotters 37 - Hustlin' Bucks 38 on a last second foul shot. Last Saturday's semi-finals saw the hard driving Supersonics defeat the Go-getters 37 to 29, and the Globetrotters were unfortunately trounced by the Hustlin' Bucks 57 to 13. This Saturday afternoon are the Final playoffs, with the Go-getters and Globetrotters in a consolation game starting at 2 p.m. and the Finals between the Supersonics and the Hustlin' Bucks starting around 3 p.m. So for some exciting basketball be sure to attend these games this Saturday afternoon at the PMQ School Gym.

BASEBALL season is just around the corner now and we need HELP from parents and interested adults to make the season a success. There will be a meeting this evening, March 20th, in the Grade seven classroom at the PMQ School for all those who wish to help as coaches, umpires, scorekeepers, etc. We need the support of a great many parents and without it there won't be any registration or ball season this summer. Anyone wishing to help but unable to attend the meeting please call and leave your name with Dave Godfrey, 339-3746.

Babe Ruth registration for boys 13 to 18 years was so poor in turn out that a second registration is being held THIS Saturday March 22 in the PMQ school from 12 until 2 p.m. This will be the last chance for boys wishing to play Babe Ruth this summer, so be sure not to miss out and don't forget to bring along your Birth Certificate. The fees this year are $8 for Prep League (13 years) and $10 for Juniors and Seniors (14 to 18 yrs.)

The registration day for all other leagues, boys and girls, will be April 5th, from 10 a.m. to 2 p.m. at the PMQ School. The registration fees for these house leagues are $2.50 each and a parent must accompany the boy or girl to sign the registration form. REMEMBER parents, if we don't get enough support we won't even have a registration day, so please be willing to help your kids.

The Mayor and council have been asked to submit to the Fire Hall a list of names and addresses of any invalid dependants living in PMQs. This information along with any information on sleeping location, special requirements etc., will be kept in confidence and will aid the Fire Fighters in the event that a fire should break out in your home. Please submit this information to your ward councillor or to the Mayor as soon as possible. Thank you.

In closing, we would like to mention that serious consideration is being given to the perpetual 'Dog and Cat' problem in PMQs. We have no definite solution to this problem as yet, but other Forces communities across Canada are being contacted for information on how they handle them.


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## URGENTLY NEEDED

For the newly opened Comox Preschool — a used rug, plus toys, books, blocks, etc. Anyone wishing to do some early spring cleaning, please phone M. ELIEFF at 339-3281.

# Sports Spotlight

**COMOX SWEEP INDIVIDUAL BADMINTON HONOURS**

Capt. Tom Krayden and Pte. Cliff Andre captured the veterans single and open singles respectively at the Pac.-Reg. Badminton Championship. Tom then teams with Sgt. Wayne Green to win the veterans doubles while Cliff teamed with Cpl. Mike Dandurant to win the open doubles.

It was unfortunate, because of the scoring system used, the team won all individual events but lost the team trophy. It was unfortunate that Capt. Rick Proulx was unable to attend because of duty commitments.

**SECOND PLACE FOR BASE VOLLEYBALL TEAM**

The CFB Comox team finished second behind a strong Esquimalt team at the Pac.-Reg. Volleyball Championship held at CFB Esquimalt 6-7 Mar. 75. The Base team finished strong winning one game of the final set against the championship team from Esquimalt.

The Comox team was reduced to six players prior to leaving when Maj. Don Little was unable to attend because of duty commitments, WO Harvey Gates was down with the flu and had to stick to coaching duties.

**BASE HIKING CLUB**

The Base Hiking Club held their first activity in the form of a slide showing and a camping, hiking equipment display. The slide showing was by Dr. J. N. Fletcher on the Nahanni (Headless) Valley. If you are an outdoor enthusiast and you missed Dr. Fletcher's showing, you missed some of the beautiful country in this great land. A most informative and interesting narration was given by Dr. Fletcher with the slide showing.

The next activity planned by the club will be a day hike for families to Hornby Island. Information on this hike will be provided later in flyer form.

The equipment display was by the "Outdoorsman" Sport Shop of Comox. Mr. Fred Howard pointed out characteristics of the equipment and provided a most interesting display.

**INTERSECTION VOLLEYBALL**

The Torpedo Shop finished second to 442 Sqn. in the Intersection Volleyball playoffs 17 Mar. 75.

A strong 442 team coached by Cpl. Gavin MacLean was just too strong for the small rep team from the Torpedo Shop. Cpl. Jerry Cook, coach of the Torpedo Shop team must be commended for his efforts with his team. At times he was hard pressed to field a team from the small number of personnel available to him at the shop. His team finished the league in second place just behind 442 and managed to take one game in the finals against 442 after knocking off a strong team from the Firehall.

Congratulations must go to the annual winners 442 Sqn.



THE WINNERS! Missing: Prakash Gill, winner of Category 4. Category 1 was a two-entry tie.


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