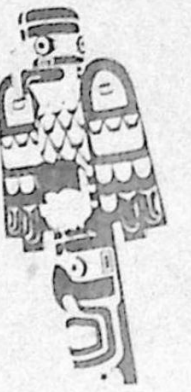




# TOTEM TIMES



Who Says It Doesn't Snow Out Here?

VOL. 11 - NO. 21

CFB COMOX TOTEM TIMES Thursday, Nov. 21, 1974

## Canadians Lauded for U.N. Role

### Defence Minister Reports to House

OTTAWA (CFP) - Defence Minister James Richardson had some glowing praise for Canadians serving in Cyprus and the Middle East in reporting to the House of Commons Nov. 13, following an 11-day trip to Cyprus, Egypt, Syria and Israel.

Following is the text of part of his report to the Commons: "In numerous conversations with members of the Canadian Armed Forces in these four countries, I found that, generally speaking, morale is high, and it is clearly evident that our personnel are convinced that they are engaged in useful and worthwhile work."

"They are willing to undergo some of the difficult living conditions and the sacrifice of being separated from their families in order to perform the important task of peacekeeping."

"In the United Nations Bolivar Camp on the Golan Heights, where living and working conditions are the most difficult, I was encouraged to find that substantial progress is being made in the construction of new buildings and in the improvement of sanitation and living conditions."

"Throughout the trip I found that, without exception, the political and military leaders in all four countries praised the work being done by the Canadian contingents of the United Nations forces."

"I do not want to overstate the matter, but I believe that all members of the house would have been pleased, and as proud, as I was to have heard some of the ways in which our Canadian personnel described. The adjectives most frequently used were, that in carrying out their duties, the Canadians are

known to be impartial, competent and resourceful.

"In conversations with President Clerides and Vice-President Kenkash in Cyprus, with the Deputy Premier and the Minister of War of Egypt, Field Marshal Ismail, as well as with the Defence Minister of Syria, Gen. Tlass, and the Defence Minister of Israel, Shimon Peres, I was left with no doubt whatsoever that the contribution Canada is making to peacekeeping is welcomed and is well received in each of these countries."

"There is no doubt at all in my mind that the presence of our forces is helping provide the stability, and the relatively peaceful conditions, in which meaningful negotiations can take place."

"I would also like to report to the house that in our peacekeeping operations we have been particularly fortunate in the quality of leadership that we have had in the Canadian contingents of the United Nations Forces."

"Brigadier-Gen. Clay Beattie in Cyprus, and Brig.-Gen. Don Holmes in Egypt, each in his own way, have brought credit to themselves and to Canada by the resourceful and competent leadership that they are providing."

"As is the case with almost every Canadian who travels overseas, I found that there is a great reservoir of goodwill for Canada and for Canadians, and I have come home convinced that this measure of goodwill is being enlarged by the members of the Canadian Armed Forces who are serving Canada, and the world community, on peacekeeping duty."



PERSONNEL OF HMCS PRESERVER help load one of 26 new one-ton trucks destined for the Canadian UN contingent in Cyprus. Preserver left

Halifax Nov. 10 to resupply Canadian servicemen with the UN forces in the Middle East and Cyprus with 400 tons of equipment and stores.

Canadian Forces photo

## Cutback Talks Slow Recruiting

By STEPHEN SCOTT  
The Defence Department last Thursday broadened the scope of female involvement in the Armed Forces, in effect opening the doors for women in all but a few classifications. Defence Minister James Richardson announced that the ceiling on the number of women in the forces will be removed and they will be eligible for 82 of the total of 121 job positions.

They will be restricted only from combat trades, sea-going duties and isolated postings.

And such is a new and unexpected recruiting crisis, some officers are saying with only some exaggeration it is hoped that female recruits bring their brothers along with them.

Officials say recent publicity about reduction in the size of the forces has drastically hit recruiting.

The effect of the publicity has been such that officials are worried about even keeping up with the reduced size of the forces.

Mr. Richardson's announcement means that women will be accepted into 18 officer classifications and 64 non-commissioned trades. Previously 48 trades and classifications were open to women.

### COMPETE WITH MALES

Mr. Richardson said the new policy means that most openings will be filled by selecting the best candidate available, male or female. "We will be recruiting people, not males or females," said Col. Herve Legace, in charge of recruiting.

The new edict means that the target of 8,000 women in the forces and recruitment of 800 a year is gone and that it's first-come, first-served for all but the restricted areas.

Women now represent about 3.2 per cent of the total strength of between 78,000 and 79,000 in the forces. Of the 2,659 women now in uniform, 2,098 are in non-commissioned ranks and 597 are officers. It was announced last week that

50 will be joining the Canadian contingent in the United Nations Emergency Force in the new year. The new roles up for women include such things as land ordnance engineers, Protestant chaplains, truck drivers, firefighters and electricians.

A random sampling of trades now open to females would include Air Traffic Controller, Weapons Technician Land, Machinist, Plumber-Gas Fitter, Stationary Engineer, Military "Policeman", and Transportation Controller.

The forces, however, made sure they had flexibility. In most trades a certain portion of personnel must be males so that there are people who can be moved into areas forbidden to women.

### MORE THAN ENOUGH

Col. LaGace said that there have been "thousands" of well qualified female applicants to join the forces, far more than could be handled. But at the moment the forces are having trouble attracting any recruit, male or female. This is the result of publicity following Mr. Richardson's remarks about having a smaller but better equipped armed forces. Because of that publicity a new, enlarged, more efficient and more effective recruiting system has men sitting around twiddling their thumbs.

Mr. Richardson has announced that the forces can become smaller through attrition and that has been taken in some areas to mean that recruitment has stopped.

But the minister has also said the forces will remain at a reduced level of about 79,000 for this fiscal year and that those already in the forces will not suffer from any reduction in size. The size now is about 78,300 and forces officials want to get back up to the new authorized level.

### BUSINESS AS USUAL

"It's business as usual, only more so," said Col. LaGace. His reports from across the country show that prospec-

(Continued on page 6)



THE SMILING RECIPIENT of an award and cheque for \$1,000 is Sgt. C.R. (Chuck) Slemin shown here with the B.Comd. Col. R.L. Mortimer. Sgt. Slemin, a Weapons Tech. (Air), received his award from the Public Service of Canada for his participation and dedication in conducting the Explosives Safety Education Program with Cadets, Scouts, Cubs and schools throughout Northern Vancouver Island, Powell River and Sechart Peninsula.

Base photo



SHOWN PRESENTING A Public Service of Canada Merit Award and cheque for \$500 to MWO R.L. (Bob) Senger is the B.Comd. Col. R.L. Mortimer. MWO Senger, a finance clerk was given the award for implementing a total logistics and administrative support plan to assist 442 Sqn. searchmasters during search and rescue operations.

## What The M.P.s Ask

OTTAWA (CFP) - The following is an extract from Hansard, October 21-31, 1974.

### NATIONAL DEFENCE

Basis On Which Forces Participate in Searches for Lost Persons - Financial Responsibility for Cost of Search

Mr. Bill Jarvis (Perth-Wilmot): Mr. Speaker, my question is for the Minister of National Defence to whom I gave notice yesterday. My question arises out of the unfortunate circumstance that two of my constituents have become lost while hunting in wilderness areas of northern Ontario. May I ask the minister whether a request to his department in the case of lost hunters, fishermen or hikers from an authority, be it provincial, municipal or possibly from members of the family, is necessary before his department will participate in

search operations; and is the requesting authority responsible for the financial burden incurred by the department in carrying out the operation? Perhaps the minister might also indicate whether his department in such cases ever initiates search operations without a request from some other authority.

Hon. James Richardson (Minister of National Defence): Mr. Speaker, in the case of missing persons we do require a request from the provincial police or the RCM. P. This is distinct from our search and rescue operations in which we can initiate a search ourselves or at the request of transport. In the case of missing persons we do not charge the authority that makes the request; we carry that expense in national defence.

### Crash of Armed Forces Plane in Middle East - Request for Report

Mr. R. Gordon L. Fairweather (Fundy Royal): Mr. Speaker, I have a question for the Minister of National Defence. The hon. gentleman's parliamentary secretary provided me with some information about the unfortunate crash of a Buffalo aircraft assigned to UNEF and I wish to follow up on this matter. Do both the Canadian and the United Nations reports on the incident disclose that there was a gap of some two and a half minutes in the communications tape between the Damascus control tower and the aircraft? When may one expect the United Nations' report to be made public so that the families of the men who were killed might have

some reassurance about this tragedy?  
Hon. James Richardson (Minister of National Defence): The reports to which the hon. member refers are in the process of being studied. However, the United Nations' Report has not reached us and I cannot name a date for its arrival.

### Crash of Helicopter - Preflight Inspections and Safety Precautions - Request for Public Inquiry

Mr. Elmer M. MacKay (Central Nova): Mr. Speaker, in the aftermath of this tragic crash of a newly acquired helicopter in which five of our servicemen were killed, and I know this deeply concerns the minister and all hon. members, I should like to ask the Minister of National Defence what preflight safety

precautions and inspections were carried out regarding this newly acquired aircraft to insure that our men had adequate time to familiarize themselves with this aircraft? Would he also, hopefully, assure us that whatever inquiries he is contemplating will be open so as not to result in the department investigating itself, as was the case in respect of the DOT investigation at Frobisher Bay?

Hon. James Richardson (Minister of National Defence): Mr. Speaker, of course I share hon. members' regret regarding this tragic accident. There is a full investigation taking place, not only of the circumstances surrounding the crash, but also other matters to which the hon. member has referred, including the extent of training and familiarization of our crew. As soon as that

report is received I will be in a position to comment more fully upon it.

### EXTERNAL AFFAIRS

#### Cyprus - Possible Removal of Canadian Contingent

Mr. J.M. Forrestall (Dartmouth-Halifax East): Mr. Speaker, may I put a question to the Secretary of State for External Affairs in the absence of the Minister of National Defence and ask whether the government has any intention of using the HMCS Preserver when it goes to Egypt to resupply, in a sense, the Canadian forces there for the purpose of removing the Canadian contingent in Cyprus?

Hon. Allan J. MacEachen (Secretary of State for External Affairs): Mr. Speaker, I have no information on that.



IN AN EFFORT to entice "One-O-Wonder-types" away from local conflicts with Livingston Seagull, S.A.R. crews presented 409 Squadron with a high spirited (and priced) fighting hen during a special ceremony in the Officers' Mess last week. A reliable source indicates that the hen showed its disdain for the jet jockey guys by relieving itself right in front of the C.O.

## Mushroom Mutterings

I understand someone from the flying end volunteered to write this column. Now come on fella what kind of a fly-by-night guy are you? There really isn't much to this, and Uncle Bob from the Safety Systems shop is quite helpful. I'm leaving soon and am already writing a column. So if somebody else feels ambitious and is looking for gainful employment talk to Bob.

I see we have three new arrivals from Camp Boredom in the way of Ptes. Lavalliere, Blakey and Kleeman. Welcome to the land of the fungus chaps. Speaking of welcomes, it's good to see the return of some of our Canadian ambassadors to Egypt. It's such a long time since this column has been written I've probably missed a few guys. So if you haven't

seen your name in the scandal sheet I apologize.

While I'm on the subject of people, I ran into some retired mushrooms recently. They seem to be doing pretty good although if you get one of them inebriated enough, he'll still tell you how the farm should be or should have been run. Sock it to em Dick.

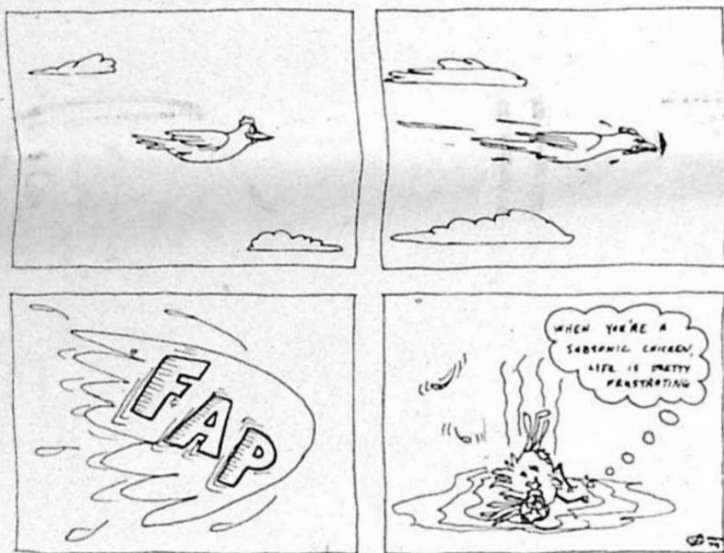
Intersection volleyball starts this week. For more information call Sgt. Robinson at 329.

In understand hunting's been pretty unsuccessful for the boys. Even the outdoorsman Gas Bedand got skunked on his northern tour. Two young fitters went on hunting excursions to the north end of the island. No deer, but they tried to turn a Pontiac into a terrain vehicle. The terrain won. Who knows, maybe Bill Andrews has some new customers.

From the F Troop comes the news that Big Red says he won't get mad at paper work anymore. Four of us went panning for gold the other day. We only had two pans but they're so big it takes four to operate. So far this mining consortium is still operating in the red. A government takeover is feared at this time.

I had a pleasant voyage to 100 Mile House recently, courtesy of Maj. Veale and his men. But Sir, those para rescue types don't seem to have faith in your landings. Everytime we wanted to land they jumped out of the airplane. It's all right Maj., I had faith, of course no parachute was available to me.

I'd like to see this column continue guys, so somebody please pick up a pen.



## Recreation Highlights

**VOLLEYBALL:** Mixed adults volleyball Tuesdays 8 p.m.

Noon hour volleyball for all interested participants to commence Wednesday, 27 November and continue each Wednesday if there is enough participation.

Intersection volleyball Thursday afternoons beginning November 21 at 1330 hours.

**FLAG FOOTBALL:** The Base Team recently returned from Penhold with two victories under their belt: 50-18, 37-8 against the Prairie region winner.

Congratulations to the team that are definitely undisputed champions with an unblemished 6-0 record.

**PHYSICAL FITNESS:** Remember the November-May semi-annual fitness period has already begun.

Why not complete your evaluation before the winter sets in, and you are still in shape from training for the last one!

**BADMINTON:** Congratulations to Capt. Rick Proulx who recently won the men's singles title in the North Island Badminton Tournament, held recently in Powell River. Pte. Cliff Andre also showed well under stiff competition.

## Voodoo Nuts Bolts and Volts

It has been quite some time since the BAMEO Organization has been represented in the Totem Times by a column. I happened to be in the boss' office the other day and he mentioned this fact and that he was looking for a "volunteer". About this time I felt like a young bride because I knew what was about to happen to me. It happened, so here goes.

Since the last column appeared on these pages there have been many changes within the organization and many new faces have appeared from one end of the BAMEO's empire to the other. There are too many newcomers for me to name individually, so I'll say welcome "new faces" one and all. I hope your stay is a happy one and is as long as you want it to be.

There have been a few promotions within the Organization this past summer. Too few in fact! To those of you that were promoted - congratulations. To those that weren't - learn French and volunteer for sea duty.

Roast beef, cold drinks, door prizes and dancing will be the order of the day come 21 Dec. at 8 p.m. when once again the annual BAMEO Xmas Party will take place in the Rec Centre. Tickets are on sale now and can be obtained from your entertainment committee member. They are \$8 per couple with a \$1 discount if purchased before 14 Dec. Guests are welcome at \$10 per couple and they are going fast. Despite all rumors, the food will be roast beef and not the bird that was presented to us by the aircrew of 409 Squadron. The event sounds

like a good one, so don't miss it.

At this time of year most sections, squadrons and messes are running raffles. Your hard working entertainment committee are not to be outdone by anyone as they are running multi draws. They tell me that as long as the interest is there they will continue to run them. If you don't know already, the tickets are 10 cents apiece with prizes of Xmas cheer for the lucky winners. The proceeds of these draws are going to help defray the cost of the Xmas party and not pay our silver haired CWO's postal bill.

Flash - The seven hangar midnite skulker strikes again! No, Chief Brown's sink plugs are still safe, this time he struck Art's Coffee and Doughnut Factory in Servicing and relieved him of 25 pounds of sugar. Grand Larceny?

WO Shimla and his band of merry men arrived back from the first fall outing at the bivouac on Butte Lake. It certainly sounds like it was a great experience, an exhilarating drive down picturesque country roads surrounded by majestic mountain peaks, to a comfortable rustic clearing where they pitched their tents amid the chattering of squirrels and the callings of loons and bluejays.

Just imagine being lulled to sleep by the lapping of waves on the lake, warm and snug, knowing that the next morning you will be awakened to greet the new day, by the gentle voice of the Warrant Officer inviting you to a hot breakfast of hot coffee, bacon and eggs.

After breakfast you can

tempt the wily trout amid the glories of the mountains bathed in sunlight, your breath making downy puffs in the fresh morning air.

Now I know that I'm not always told the truth but I'm sure that they didn't exaggerate. In fact the fellow that told me this said he couldn't find words to express his feelings about the trip.

To end on a note of considerable joy and happiness, the new Air Operations Branch hat badges have arrived and are on issue.

They have been received with overwhelming enthusiasm by 99 per cent of the personnel, the other 1 per cent are unhappy. Perhaps they feel unworthy of the honor.

However, it is a striking badge and ensures air element personnel that there will always be an Air Force.

## Hockey

On the 12th of November, the Station Team hosted CFB Esquimalt at the arena, and really put up a good showing against a team that has been on the ice for nearly two months. The score was blank at the end of the first period, but it wasn't because the local guys weren't trying.

Graham Walker scored, but the goal was disallowed. Ernie Strocel rang a shot off the cross bar that could be heard around the arena. A steady performance was turned in by big Bob Main on defence, and the same can be said for Larry Harker who was only on the ice for a second time this season. Kim Mathison and his line-mates of Jim Whelen and Ray Herrington let the Esquimalt team know they came to play. Jack McGarry playing with a bad shoulder was also in the game all night.

It is too bad that more people weren't out to watch the game, as I'm sure before long CFB Comox is going to have a hockey team that will win a lot of games, and also provide good entertaining hockey. So, watch your bulletin boards for up-coming games.

By the way, the final score was 6 - 3 for Esquimalt.

## Gravel Pit News

This past week has been a very happy one around the section. First of all we welcome back Cpl. Dennis Pettigrew, after successful completion of the JLC at Penhold. New he's ready to take on all the juniors of the section and lead them, somewhere? Also Capt. Larry Harker returned this past week from Staff College in Toronto, all ready to step into his newly appointed position of CC Ratcon. Watch out for all the changes about to take place!

Congratulations go out to Lt. Joe Pacowski on his recent successful check-out as Ratcon Controller, and to Pte (W) Harris and Pts Wade after completing the "B" Stand course at CFB Borden; welcome to Comox. Most Radar controllers are

overjoyed this week, with the start of a new schedule, they are now able to enjoy some well earned time off. How long it will last is not too certain, Sgt. Alex McLennan has already been notified of his posting to RCC Victoria. December 12th is the date, so we would like to take this opportunity to wish Alex the best of luck that he is able to make a return trip to join us all at the Christmas Party, Dec. 23rd.

Speaking of the party, we'd like to remind all those wishing to attend to purchase their tickets as soon as possible. They're available from Lt. Dave Godfrey (Ratcon), Lt. Mike Laliberte (Tower), Sgt. John Wynn (Telecom), WO Al Hampshire (Nav Aids), and Capt. Taylor (Nuclear Defence).

## Hospital Anaesthesia

As time marches on, Christmas and all associated festivities fast approach. Hospital staff managed the first of several warm-ups for the Christmas party on December 12 in the form of a luncheon last Friday. The real purpose of the get-together (but who needs an excuse?) was to say a temporary goodbye to one cute little X-ray tech., Mrs. Linda Fournier, and to welcome another, Mrs. Sharon Folkard. Must be a civie-exchange week! Linda, may we say that your performance on the occasion was quite in keeping with hospital standard! A vote of thanks is also extended to Mrs. Harriet Campbell for those scrumptious corned beef sandwiches and other goodies.

The puzzle of a sudden increase in patients requesting to see one specific doctor was solved when it was discovered that said doctor had adorned his office wall with painting of a well-endowed young lass who seems to have lost all her clothes.

No one has seen much of Dr. Bev Shoemaker in the past few days. It has been rumored that she locked herself up to mope over her loss in the Olympic Lottery draw. With 132 chances, how can you lose? Maybe next time, Bev. Better take that table back.

The cats on base have a temporary respite with the absence of Cpl. Bob Reed, our hygiene tech. who is in Esquimalt on his 6A cat-catching course. But look out, felines, when he gets back! He is learning all the latest techniques on how to imitate a mouse and lure all unsuspecting little pussies into his traps.

On a more serious note, things have been fairly active around the hospital. Air-evacs are almost on a one-a-day basis (whenever it rains, it seems) and two exercises have added a little flurry and scurry to a couple of otherwise normal days. (Is there such a thing as a normal day around the hospital?)



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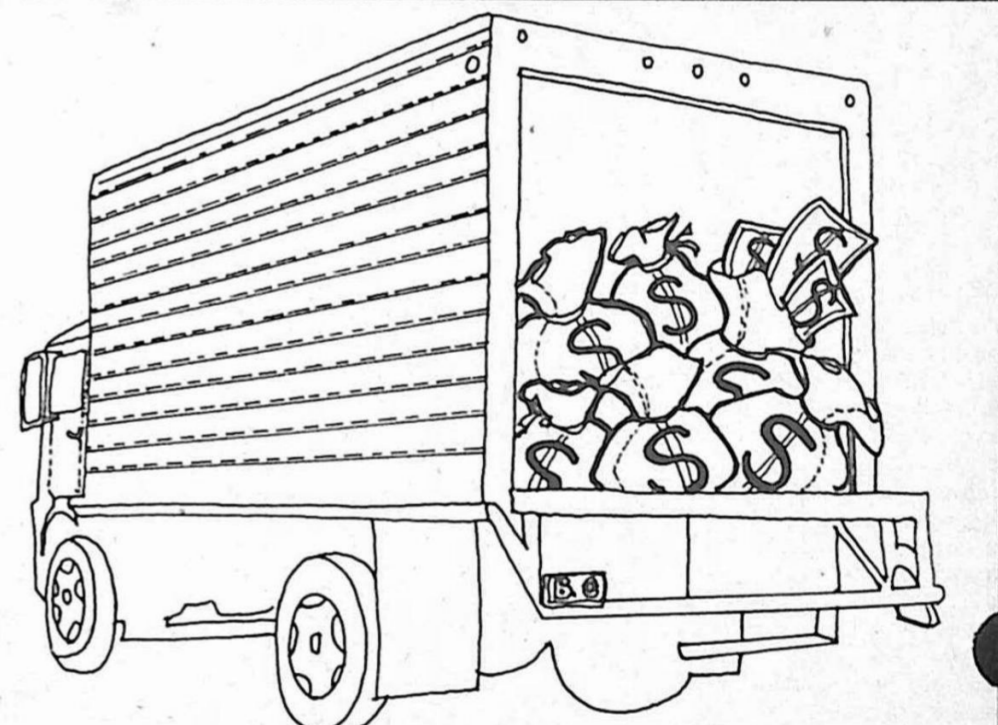
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# 407 Tech Ramblings

Hear ye! Hear ye! Hear ye! It's that time of year again and the inference is not Canada Savings Bonds, UGN or yellow fever shots but rather the sponsorship of the 407 Sqn Owls Mosquito League hockey team. Our genial O has again organized a project (raffle) whereby our embryo major league hopefuls will be assured of the necessary financial support and numerous squadron members will get an early buildup of their holiday cheer stock. Last time around, the Owls received their \$100 sponsorship fee (\$125 due to inflation this year) and 42 lucky winners were the recipients of assorted snake bite remedies dispensed in both multiple and single doses. So, when your section super salesman approaches you, be sure to allocate a little of your pay raise to the support of these two worthwhile causes.

Friday, 20 December is THE date to remember and it isn't too early to mark your favorite calendar accordingly. The VP 407 annual All Ranks Fund Christmas Party is the function and there'll be more info in the Dec. 5th issue of your favorite newspaper.

To the casual passerby, it would appear that the boys in repair have all gone athletic; however, this illusion is of a highly classified nature and only under extreme pressure could we be made to divulge our secret. Rumors have it, though, that Sgt Don Sterling is the man to watch since it was under his guidance that a volleyball court suddenly appeared on the hangar floor. Then of course we refer back to the Oxford dictionary for the definition of athletic and it reads quote "physically powerful" unquote.

Our Tuesday afternoon sports are beginning to show up some potential bowlers and volleyball players. We are not issuing any challenges as yet but from all reports we should soon be in shape. Cpl Fergie Ferguson is the bowler to be aware of, and he has only two lessons. All in all, our sports program is enjoyed by everyone and is something that has been long awaited and I, for one, would like to see it continue.

Our new ARO, Lt Legault, has finally arrived and officially taken over the reins of Repair. May his stay be both pleasant and profitable. The pool of knowledge gathered here is second to none and from this gathering he will undoubtedly obtain the tutoring to push him on to great heights.

Sgt. Larry Bourgeois is off on a hunting safari, or at least that is what he calls it. However, what he didn't realize was that the AMIT team visit had been rescheduled. MCpl Graham Wilson and Cpls Chuck Murray and Chris Gourley are out of hospital and currently enjoying sick leave. Pte Dave Salmons is back from the course and is ready to tackle the world single-handedly. Steady, Dave, it could be a long winter.

For those of us who work in the hallowed halls of repair, time marches on, and as the Wise Old Owls say, a rolling stone gathers no moss.

**TORP TOPICS**  
Due to our absence from these pages for a few issues, we can only now get around to publicly offering our belated but sincere congratulations to

our new Warrant Officer, Ted Forget. Since coming here from Summerside, Ted has managed to catch quite a few of the local trout and salmon in addition to his crown. Of course everybody knows about fishermen and their stories. When he isn't up to his armpits in the water, Ted can often be found down at the gym chasing a little white plastic bird around. Maybe the Warrant's interest in sports has been the factor which has kept most of the guys continuing with their jogging programs despite the amnesty granted by Command on the semi-annual physical fitness test. Most of the guys are looking forward to the upcoming volleyball season with interest as it is one of the few sports we can participate in as a section. I'm afraid old age and diminishing numbers are starting to tell. On the topic of physical fitness, Mario Daniel has become quite keen of late as he will be going to Chilliwack on the Basic Officers Course in the new year. Congratulations on your selection, Dan.

As of this writing, our perennial nimrods, Paul Fisk and Ray St. Michael, are somewhere north of Campbell River chasing Bambis through the slash. I hope they have good luck. My own experience over the last few weekends was that there were far more so-called hunters than there was game.

My selection for gloomiest reading of the year goes to the Avionics Trade Promotion Study which has passed through here recently. What it boiled down to is that there are going to be an awful lot of well-trained, well-educated, overaged, Anglophone ex-RCAF corporals around in these trades. On a more optimistic note though, at least someone has intelligently presented the situation as it is.

**AVIONICS**  
The Avionics Repair welcome mat is out for a pair of Daves, Sladen and Townshend, who came to us by way of the battery shop and CFSAOE respectively.

Another new face in our midst belongs to Mark Jacobs who has just joined us on OJT after a stint in Labs and a course at Greenwood. Presently missing from our midst whilst engaged in the absorption of knowledge at the Argii College in the Land of Evangeline are Norm Smith and Bill Hand while Russ Engelmeyer, Al Tomlinson and yours truly have only recently returned from the same hallowed halls of learning. Prior to his departure, Bill was successful in laying in the winter's meat supply in the form of a 600-pound moose while the firm of McArthur and Cummins are presently engaged in a hunt for dear(s). Fred Timoffee has departed our midst with his remaster to civy street and is currently all wrapped up in an appliance repair course over in the smog belt. John (Gimpy) Barzilay is learning to walk again after recent knee surgery while Ron Kempton is recovering from the loss of a nail from one of his pedal digits.

**SERVICING SNICKERS**  
Time again for a note from the 2 crew resident rookie who notes that the tribe is once again hard at it redoing the cleanup for the AMIT visit let's hope that they arrive this time. Cheer up, fellows, the season has only begun.

The annual pipe day was a real flop since only one strange cesspool showed up; however, that one was a beautiful hand carved Black Forest model owned by Chief Tex. Now you are safe for another year, John.

Judging by some of the comments made during the past week or so, some tribe members seem a little perturbed by the ramblings of the resident rookie whose rebuttal is that there is no intention to offend, only to amuse and inform. Without a few amusing anecdotes and gripes, the ramblings would be an awful bore and, like an old saying, a culture has come of age when people start joking about it and maturated when it can laugh at those jokes. Possibly the same can be said for individuals. So much for that, now on to the news.

Although your scribe has yet to meet them, the tribe welcome mat is out for MCpls Dallaire and Peardon who represent the IS and RS Tech trades respectively.

Guy Lafortune is presently laid up in the down island drydock where he is giving up a section of surplus cartilage. Hurry back, Guy, the place is too quiet without you.

We note that the latest decree from the Head Shed has a few of the boys worried in that they are unaccustomed to wearing coveralls. We are curious to see how coveralls go with a long moustache.

Before signing off, yours truly solicits the indulgence of all 2 crew members in passing on to him any noteworthy items or tidbits concerning any of the tribe and, if you have any trouble locating me, just follow your nose til you reach the other end of my stinking pipe. Your resident rookie leaves you to ponder the question, did you know that the Polish Air Force is the best one they have?

### ARMANENT ANTICS

Members of our section have recently been blessed with three brand new additions. A boy for the Burdons, a girl for the Andersons, and a Knip-ka-Knop game for us old guys who have long retired from the baby bit. Congratulations to the proud parents, hope you enjoy your little members of the wet set.

We continue to shrink in size, manpower wise, as the trek to "der krankenhaus" continues. This time it's "Oily" Lohnes, away for an extensive internal face lift. Wonder if they can ever make him smile again. Don't worry about the work you have missed, Oily, we saved it for you.

With the various body parts that the armourers in this shop have had modified and/or contributed to hospitals lately, they could darned near manufacture a new man to help our manpower shortage. (Sort of a two-bit version of the six million dollar man). Although he would lack a brain, which could pose a problem for them specialists but isn't considered really necessary for "B class" citizenry, our gun-plumbing "Frank-and-Sten" (a little play on words there) would contain the following parts; WO Ken Greer's two legs (complete with MK II kneecaps), the complete set of Oily's old pearls, both of the smooth operating elbows of the silver walrus, Sandy Sanberg, and of course the heart of a "radar Zielke". Sounds like Frank could be a

better working model than what we have now, doesn't it?

It's just about time to be thinking Christmas again so bear in mind the date of the Demons' annual Xmas soiree - "Friday the 20th of December." This year's party promises to be great as Chief Fee has already agreed to uncork one of his vintage (pre-sherry-shandy) recipes for some real bathtub booze - that should get things started early in the evening.

This week's "Question of the Week", is directed to our resident Mafia member, Jack "the Collector", Huffman, but if anyone knows the answer I'm sure that Jack would appreciate some help with it. The head-scratcher goes like this - "If an orange and a half costs a penny and a half, how many would you get for a quarter?"

No Jack, the size of the oranges doesn't matter a darn, and you may find it easier if you substituted "cups of coffee" for oranges when you're figuring it out.

These may be the last lines submitted from the Demon's backbones as by the time this is in print our syndicate's members plan to be happily retired and cheerfully dividing up our Olympic Lottery winnings. Goodbye CFB Comox, we'll always remember our association with you and the working class that we used to know.

## Among the Moguls

Hi skiers, notice all the snow on the mountains, I think it's time to get the boards out. I really don't know how I can wait that long.

Locally the capacity of the chair has been increased and a new run has been cut. Lift rates haven't changed here. I'm told Mt. Arrowsmith is expected to be fully operational this year. It ought to be pretty good, a little smaller but the altitude should make for superb snow conditions.

I think our ski fair was a success. We had a nice turnout and good co-operation from the participants. The C.R.A. ski fair was also successful and between the two of them I think we got the best. Here's to the new season.

In 1973, world demand for newsprint reached 24.15 million tons.

## Nighthawk's Nest

There are two very happy wives in the Nest since Jon Pew returned from the ICP course and Pete Ott returned from Staff School. The two happy wives wish to remain anonymous.

Last Friday's party at the Mess was an unqualified success. We still haven't gotten the final report in from the flight surgeon on what exactly the entree might have been, but the wine was, according to Black Mac, of interesting parentage though somewhat amusing in its pretentiousness. Black Mac always has been a straight shooter, as a matter of fact he scored two splashes and a TKO when his first primary forced the Mystery Major into an inadvertent pitch up.

There were several presentations made at the luncheon. LCol C.B. (chicken bestower) Lang of 442 Sq transferred his second in command to 409 Sq because the young flyer was a bit too aggressive for the staid freight haulers. Although LCol Lang is not yet a full chicken Colonel, LCol McKay said he would make allowances and accept the best flyer that 442 had to offer and would try to bring the young aviator up to 409 standards. Val Cretney drank his parting glass to 409 and was presented with a desk set in keeping with his new position at Base Headquarters. Al Schulte will be staying pretty close to the Nest with his move. Al is on his way to the Rescue Control Centre in Victoria and would probably be willing to share a glass or two of his justly famous homemade wine with any Nighthawk making the pilgrimage down to little England. I'm sure that as long as there is snow on the ski hill Al will not be a stranger to the Nest. Ave Atque Vale.

Following dinner, the two Squadrons adjourned to the front bar for an after dinner drink. Unfortunately 442 was called home early to rest up for the weekend. We who fly the Voodoo cannot imagine the incredible demands that a high performance reciprocating engine aircraft cruising at 0.2 mach can make on a body. One of the intrepid Buffalo drivers told the hair raising tale of the day he pulled 1.7Gs with out blacking completely out. Quelle Hombrel!

All in all it was a very successful luncheon. Stu pulled the plug about 1800 and almost everybody called it a night. Well, almost everybody. It seems that Mrs. Cine Nighthawk was having a party and even the bravest of men cannot keep up with the ladies auxiliary.

Ed Campbell has returned from his hunting expedition without having much luck and is getting a little behind. In his wood cutting for the winter. To help solve his problems he would like to trade all his hunting and fishing gear to any one for a Thompson Submachine gun in good working order.

Len Bates has taken over the Squadron Fund from Paul Gill, now that Paul's house is finished. Len figures his house should be finished a lot quicker now that winter is setting in.

Ma Bell does it again! The Q had four or five aborted scrambles last Thursday. Seems that some wires got crossed and everytime Rapcon attempted to get on Autovon a very familiar sound on the PA launched our four defenders of the faith out of their armchairs and halfway down the hall before they realized the scramble horn was now playing a busy signal.

## Rescue Bits

There is a rule that says we have to go but there is no rule that says we have to come back.

Worthy of mention at this time are our compatriots in Search and Rescue in Uncle Sam's Coast Guard. "That others may live" may never be the credo of Search and Rescue but it's nice to know that in time of human need borders and boundaries disappear. It has been my experience when dealing with the United States Coast Guard that my request for assistance is usually answered by two counter questions, "Where do you want it?" and "When do you need it?" Of course the reciprocal is true but it's like stacking a nickel against a quarter. Case in point, one night we had occasion for a man to get from Victoria to Vancouver for an emergency operation or one of man's prized possessions would be cut off. Comox was too far and trying to charter an aircraft for a mercy flight late at night from this cosmopolitan city was like trying to pin down an election promise. After a series of "Well", "Gee", "It's kinda late", I called Port Angeles, Washington. "Be there in 20 minutes" was the reply. I'm not trying to build up the USCG, just wanted to make the point that they too are part of Victoria's Search

and Rescue scene, as we know that we, in return, are part of their SAR scheme. We have a common cause and a common approach "That others may live."

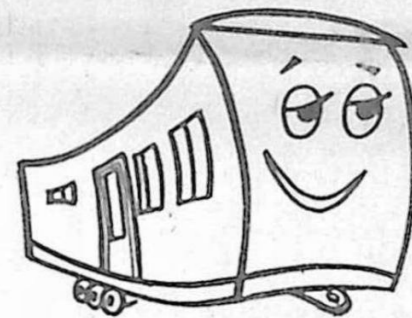
Have a grand use for a couple of those surplus destroyers here at the dockyard. Give them to the Coast Guard for conversion to Search and Rescue ships. One to patrol the west coast of Vancouver Island from Victoria north and the other to patrol from Prince Rupert south. Too logical? Sure! Give us much needed high speed coverage on the west coast, saves the Coast Guard money for ships and, when they replace the present cutters, consideration can be given to smaller more specialized vessels for the inside passage between Victoria and Port Hardy. The Navy also gets rid of two ships which, regardless of what is done with them, still costs money to maintain. Believe it babe, we've got the toughest coast in the world to patrol.

Now to get on the the aptitude questions. Do you have the facility to be a naval officer, a pilot or a navigator? Here is question number two: Where is the basement located in a three story building? Someone up there believes in the United Way. They gave till we hurt.

**442 SQUADRON**  
**Christmas Dinner Dance**  
Monday, 16 December  
(Totem Lounge)  
Tickets at the 442 Canteen

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Now available the all new MR50 Minibike, the 1975 XR75, and returning after an absence of a couple of years the dual purpose XL250 Dirt and Road Bike. We will soon be taking delivery of the all new CB400 Four and CB500 Twin. Some excellent buys are available in the 1974 models we now have in stock. Terms available. Winter storage available. Trades wanted.

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Next to Animal Hospital

# EDITORIALS

## One Man, One Boy

With the annual United Good Neighbor campaign almost concluded, it would be quite easy for most of us to sit back, smile and say, "I've done my bit for the community for another year," and let it go at that. Too often, charity is regarded strictly as a monetary obligation, one that a few bucks will take care of.

How simple life would be if this was the case, but sadly it's not. To the child of a broken home, particularly a boy, there may be a void that all the money in the world cannot fill. Thankfully, an organization exists just to fill that void. It's called Big Brothers of Canada.

The Big Brothers Movement, since its inception in 1904, has adhered to its concept of "one man - one boy", in offering a stable masculine influence to boys from homes where such an influence no longer exists. There can be any number of reasons: divorce; death of the boy's father; or perhaps just a

complete lack of parental responsibility -- whatever the reason, the need for Big Brothers exists here and now, and this is where you may come in.

The potential Big Brother is a mature, stable man, single or married, from any walk of life. He's a man willing to devote a few hours of his time towards understanding the needs of a lonely boy. The relationship is a casual one, based on mutual interests, such as sports, hiking, or just chumming around together. The Little Brother may have a problem he needs to solve, or a secret he'd like to share. All the time, he's looking up to his Big Brother for guidance, approval or maybe even disapproval, and above all, friendship.

The philosophy of Big Brothers is a simple one of one man helping one fatherless boy through a life that seems to be getting more complex as the years go by. Think about being a Big Brother. You may be a better man for it.

## From the Fur Lined Foxhole

The drums say Canex is going to accept ChargeX, Mastercharge and other charge plates. So what, you say. Everyone does, why not Canex.

Economics is not one of my strong suits, however after some diligent ground work, something us foxhole fabricators are known for, I've come up with the following. When a store accepts a charge account, they send the invoice to the charge company who reimburse the store the face value less four to six per cent. In money terms on a 100 dollar purchase the store gets 94 dollars from the charge company which then sends you the bill for 100 dollars.

You then have up to 50 days to pay (depending when in the month you made your purchase relative to your billing date). If you miss your total payment or cannot make it all you pay 18 per cent per annum interest on the outstanding balance.

Now we get back to Canex. Since Canex has established certain profit margins it feels are reasonable to its government employee patrons, and also must pay 4 - 6 per cent to the charge companies, it must increase retail prices 4 - 6 per cent to pay for its charge card service. Get it? You and I who pay cash for our goods at Canex are paying an additional 4 - 6 per cent for a service we do not use.

Before the charge card people get steamed up, I do not have it in for charge cards. They have their place. However, I think Canex should offer at least a 4 - 6 per cent discount for cash sales. Let the charge card people pay for their own service. In fact, if it were up to me I'd offer a 10 per cent discount for cash sales. The additional discount would encourage people to budget and manage their money so that credit would not be so attractive.

## From Parliament

Choose seven people at random from all over the world. Bring them in to your living room. Take a close look at them all; one of the seven is starving.

The most cautious estimate of world hunger shows that close to half a billion people in the world today suffer from malnutrition. Half a billion is too large a number for the individual human mind to encompass. So think of seven people in your living room, one of them dying of hunger.

The world is now in the worst food crisis in several generations. Put simply, it amounts to this: there is too little food being produced to fill all the stomachs in the world. The shortage of food is sending prices skyrocketing. The poor countries, those where the hungry people live, cannot afford the high prices. The situation worsens to a disaster.

In the past few weeks, I have been receiving an increasing volume of mail asking what Canada is doing to counter the global food crisis. Obviously, Canada must play a significant part in any struggle against hunger, because Canada is one of the largest food producers in the world.

At the world food conference last week in Rome, Canada pledged a minimum of one million tons of grain per year for the next three years. That is a full tenth of the estimated 10 million tons of grain needed in aid to food-short countries. The pledged million tons is nearly double the grain Canada has set aside for aid this year, and some 200,000 tons above the average allotment over the past five years.

By giving so much, Canada is hoping other countries will follow our lead and

increase their aid shipments.

We will also substantially increase our aid in other kinds of food: in oilseeds, fish, and dairy products. But most important, Canada will give more help in assisting the developing countries increase their own food production. Food production in the developing countries has in fact been increasing over the years, but not fast enough to keep up with the increase in population.

So Canada will put a high priority on helping to develop agricultural and fisheries in countries which want to build up their food production.

In the end, it will be the assistance Canada and the other developed nations gives to improving food production which will solve the world's food crisis. As the old saying goes: give a man a handful of grain and you have fed him for today. Help him plant a field of wheat and you have provided him with bread for a lifetime.

Another issue I've been hearing about from people in the riding is the question of women's rights. Any rational man has to be for equality of women in this society.

Women make up more than 50 per cent of the population, but I am told that the percentage of the labor force that is female and earning more than 15,000 a year is so low it doesn't even make one per cent. Apart from the question of right or wrong in denying women access to better jobs, it is evident that Canada is neglecting a lot of talent and ability that just happens to be contained in female bodies.

Pragmatically, that doesn't make much business sense.

By Hugh Anderson, M.P.



WARNING -- "ANCHOR CLANKER SECURITY" operates on spider web principle; i.e., it is easy to get in but difficult to get out.

## Letters To The Editor

### Hold the Phone

Canadian Forces Communications Command (CFCC) via its regional control, 74 Communications Group at Vancouver, is soliciting through financial restraints, a recovery of 10 per cent costs of leased facilities.

Present financial budgetary controls are such that all CF personnel must give a little to make our system viable. From now until Jan. 75 no new leased facilities will be installed or no moves approved unless they are dictated as an operational requirement.

With a 10 per cent saving in mind, all addressees are to review their present leased telephone facilities, giving every consideration to effecting the goal. Following guidelines may be useful in your contemplations:

- a. is this telephone really necessary?
- b. could a local be replaced by an extension of another local?
- c. if key button phone, would normal dial phone suffice?
- d. are intercom and telephone systems duplicating efforts?

Any information required to assist you in your decision may be obtained through BTE10 organization at local 219 or 248.

H.M. Sutherland  
LCol  
BTSSO

### Motorist Thanked

Dear Sir:  
This is a thank you letter to the Serviceman who took time to get out of his car at the signal lights by the Courtenay House on Wednesday 13th of November to warn me that my back wheels of my car were wobbling quite badly.

This gesture of consideration of his fellow driver prevented

## 1974 Safe Driving Week

"Safe Driving Week", Canada's longest running and best known safety campaign, will again be observed from December 1st - 7th, 1974.

According to Canada Safety Council Executive Director Philip J. Farmer, the 1974 campaign will, for the first time, feature input from a major advertising agency, Vickers and Benson Limited in Toronto, who created the theme poster carrying the message: "Drive like you'd like everyone else to drive."

December was originally selected for safe driving week because it was the worst month for traffic fatalities and injuries. "This is one reason why we feel these campaigns are effective" says Mr. Farmer "since now more than half the months of the year have worse records than December. The message does get through, at least for a time."

The Council spokesman added that the poster is a key feature of the campaign, becoming an integral part of a place mat design used in many restaurants and cafeterias, as well as being widely displayed on counters, bulletin boards and in store windows.

The message is also translated into French for distribution in Quebec, Northern Ontario and other areas where substantial French is spoken. Council translator Jude Des Chenes came up with a number of close equivalents before it was decided to settle on "Au volant: Comportez-vous comme vous voudriez que les autres se comportent."

Philip Farmer added "The Council is most appreciative of the help received from Bryan Vaughan at Vickers and Benson, and we also value the advice received from Mr. Robert Oliver, President of the Canadian Advertising Advisory Board."

what could of been an accident and of serious damage to my car. The problem has now been rectified and the car handles much better as well.

Thanks Again,  
W.R. Mitchell M Cpl  
Accounts.

### Boob Tubes

Editor-Totem Times:  
It was with great interest that I learned our BX is providing yet another (non) service to the military community.

On my recommendation, someone went to the BX to purchase tubes for his TV set, only to be told that they are no longer being supplied.

Since the BX was able to sell at 30 per cent or more off list price, the saving to our people was considerable particularly on tubes retailing for \$14.94.

Could we hear from our powers why this service is being discontinued.  
E.W. Standish  
W.O.

### Medals Parade

Dear Sir:  
The article in Nov. 7th, 74 issue SAND DUNE GONG APPROVED is most timely. We have three personnel on the Base that have served a tour in the Middle East and have received the award.

We are going to have a gala parade in Number 7 hangar at 1330 hrs on Dec. 4, 74 and present these well deserved, and from the sounds of the articles in Totem Times, not all fun-and-games to earn, gongs.

Guests will be more than welcome. We might reflect on the parade that some of our troops did not make it back to attend a parade to receive

their award. They will be the first such medals awarded on a parade on this Base.

May they wear them with pride.  
J.W. Brown  
CWO

### Two Hour Hat Badge

Dear Sir:  
I would like to expound on my feelings about hat badge thieves. Hat badge thieves you say? Sad to say but true.

Now look, these little items are free issue after you sign your life away. If you're not entitled to a new one I would have given you mine upon my release.

So please return my hat badge. I figure it should have a life expectancy of longer than two hours.  
M. Kumli,  
Cpl (A)

## Mind and Body

By MARTIN COLLIS, PhD  
UNIVERSITY OF VICTORIA  
Carpeted luxury, drapes made of velvet,  
The chink of ice in a cocktail glass.

Articulate ladies talk of inflation,  
Men in tuxedos smoking cigars.

The in-crowd, the jet set  
The not made yet set.  
Who wants to be one of them?  
Pity the in-crowd,  
The dabble in sin crowd,  
The vodka and gin crowd,  
The fat double chin crowd.  
Does what they own, or where they've flown,

Or who they've known,  
Comfort their souls when they're alone?  
They're trying to buy what's not for sale

Happiness and satisfaction  
Happiness from the decanters,

Happiness from packs of twenty,

Happiness in costly packets  
Happiness in dinner jackets,  
Six-pack happiness.

Overeating, drinking,  
smoking,  
And bodily misuse,  
And just not exercising is a form

Of physical abuse  
The body and mind are  
But a single entity  
Mistreat the one and hear and see

How repercussions endlessly  
Reflect the basic unity  
Of body and of mind.

Courtesy Bert Linder,  
Comox Recreation  
Director.

## A Timely Topic

ESCAPE - is your family prepared?  
Most home fires occur at night ... when families are least prepared ... when fire can spread unnoticed.

Fire spreads upward. Deadly heated gases and smoke quickly fill halls and stairways ... blocking your usual escape. Spreading fire can trap you unless you plan a second escape from each bedroom. (Rule: Sleep with bedroom doors closed - always!)

WINDOWS are often your best emergency exit to rooftop or escape ladder. Check if windows are low enough and if screens or storm windows open easily.

IF YOU SUSPECT A FIRE  
Remember to feel door first. If HOT ... don't open. Smoke and searing hot gases can strike you down! Use your emergency exit.

But if your door feels OK, open it cautiously. Be braced, slam it shut if you discover fire. Then use your emergency exit. If ever trapped, don't jump. Keep door closed to delay fire. Then open window a little for air. Hang out a sheet to signal for rescue.

Show children escape plans or they may hide under beds or closets ... tragically. Also plan escape help for infants and invalids in case fire blocks your hall access.

## Totem Talk

Note: for wives and dependants mailing letters and parcels to personnel in Cyprus and Egypt. To speed up delivery and prevent en-route delays, our "little bird" in Ottawa advises you to use the following addresses when sending personal mail to Egypt and Cyprus.

EGYPT  
SIN, Rank, Name, Initials  
Unit  
CFPO 5002  
Belleville, Ontario  
KOK 3R0.

CYPRUS  
SIN, Rank, Name, Initials  
Canadian Contingent, UN Cyprus,  
CFPO 5001  
Belleville, Ontario  
KOK 3R0

It seems that some postal workers don't believe in the new postal codes, and therefore you should include Belleville, Ontario in the address if you want your mail to be handled fast.

## From the Prime Minister

There was a time in Canada's recent history when the month of December was the worst in the year for fatal traffic accidents. That is one reason why December 1st - 7th is Safe Driving Week.

Now, more than half the months of the year have records worse than December. This suggests to me that the campaign does have an appreciable effect in saving lives and in helping to prevent injury. It also shows that there is still a long, long way to go.

As responsible Canadians, each driver must accept his duty to drive safely on our roads, so the awareness and practice of that obligation will extend great benefits to all drivers, their families and to Canada.

I am pleased to encourage and to ask the support of all Canadians for "Safe Driving Week" which is sponsored by the Canada Safety Council, and I hope that this concern may be extended throughout the whole year.

# TOTEM TIMES

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Girl Friday: Karen Rusnak  
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(Continued on page 6)

# Chapel Chimes



## Protestant Chapel

Telephone: 339-2211 Loc 273 D.L. Martin, Maj (Base Chap P)

**SUNDAYS:**  
 Sunday School: 09:30 - 10:30 a.m. in the Chapel  
 Divine Worship: 11:00 a.m.  
**TUESDAY:**  
 7:30 p.m. - Teen Group every Tuesday evening in Chapel Annex.  
**THURSDAY:**  
 6:00 p.m. Junior Choir  
 8:00 p.m. Senior Choir

## RC Chapel

Father Francis Swoboda - Base Chaplain (RC) Telephone No. 339-2211 Loc 274

**MASSES:**  
 Saturday 7:00 p.m. Sunday Vigil Mass  
 Sunday 9:30 and 11:00 a.m.  
**WEEKDAYS:**  
 The Chaplain will celebrate Mass in the Chapel or in private homes on request.  
**SACRAMENT OF PENANCE:**  
 Before Mass on Saturday from 6:30 to 7:00 p.m. and before other Masses.  
**BAPTISM:**  
 By appointment.  
**CATECHISM CLASSES:**  
 Every Wednesday in the PMQ School from 6:30 to 7:30 p.m.  
**PARISH COUNCIL CHAPEL COMMITTEE MEETING:** There will be a meeting of the Parish Council Chapel Committee on Wednesday, November 27th at 1:30 p.m. in the Parish Hall. All members of the Parish Council are reminded to be present and any parishioners who wish are also welcome to attend these meetings and may have a say in Parish activities.

# Four Seas

## The Sunday School Project 74-75

The Sunday School Project 1974-75 Christian Council Communicare Centre

Before the Nigerian civil war Port Harcourt was a thriving oil city. As recovery from the war began, the city found itself the capital of a newly-created state, the Rivers State, the pride of the Rivers people. The government took over the schools, once the responsibility of the churches, and has plans to take over the administration of hospitals too, not to mention programs for youth.

During the war there was concern both in Port Harcourt and in England that a Christian project to meet the changing needs of Port Harcourt be established.

In 1971 a Dean was appointed to advise concerning the setting up of the new Project. As soon as the dean arrived voluntary work was organized both in the prison and the orphanage. Early in 1972 work began to re-establish the former community centre. It was renamed the Four Seas - Christian Council Communicare Centre.

The centre is located in the midst of the most populated community in Port Harcourt - Diobu, where as many as twenty families live in one yard, sharing kitchen and bathrooms, and there are only

open drains. The garbage remains piled high at the side of the road. The water supply is often irregular and the streets, most of which are impassable for cars, are poorly lit. Because of the confusion of the war many of the people are new to the community, having come from the villages to earn a livelihood. Their main concern is to get a good job for themselves and their relatives; no one is particularly concerned about the place where they live as it is in their minds a temporary arrangement.

It is a dormitory community, one which serves for a while and then is cast off. The other areas of Port Harcourt get preference in facilities and treatment while Diobu is neglected. There are no meeting places for young people other than the many hotels, bars and brothels scattered everywhere. There are many churches, most of whom want to expand their own work, but are at odds with each other on how to tackle the total job.

It is at this point that the Four Seas has the opportunity to witness to the common concern of the churches and the compassion of Christ for the needy. But where to begin and what to do?

A play centre or toddlers club was opened so that as the parents went to work there would be a safe place to leave their children. There is pressure to expand this program or to have a nursery school established in the area. To help mothers to care better for the families, a club for cookery and sewing meets every week. It is also hoped to do a program in basic hygiene and health education. A child care advice centre has been started. At the outset it was found necessary to teach people to read and write, and so for both women and men, literacy classes are run. The project administers a direct assistance program for those in most need. However, the emphasis at the community centre is on self-help.

The Four Seas has also a youth hall. All that was necessary to begin the work was to open the doors and buy some table tennis sets and other games.

The process of teaching the young people to run their own program is a little more difficult. But it has begun.

There is also the beginning of a community awareness.

Already drama, choral, debating, social evenings and sports have been organized by the young adults. Plans are in the making to publish a paper so that there can be an outlet for all talents. To assist in the critical shortage of accommodation, a small hostel is run for students. Plans are under way, as books are available, to augment the study room with a library.

The Four Seas is a dynamic practical example of the overall work of the total Port Harcourt Christian Council Project. It is a practical way in which the church expresses the gospel to the community. It is a way in which ecumenical co-operation becomes more than words and meetings, but a fact.

Here Anglicans, Baptists, Methodists, Salvation Army, Presbyterians and Roman Catholics work together with a common loyalty to Christ. Here the preaching is in deeds and actions of concern. Here the word becomes flesh every time a deed of love is performed.

# The Badger's Hole

BY COSBY

In recent years a great deal of interest has been shown in the collecting of just about anything that's over two minutes old. Badges and medals of the military have not escaped this mania, so I feel that being a keen badge and medal collector myself I should pass on a little information to the budding badge hunter. "old soldiers may fade away but one sure thing is their badges will be around for a long time."

Like any field of collecting, fakes appear on the market in direct proportion to the rise in value of the item.

German militaria has been swamped with reproductions for some years now, such items as uniforms, hats, daggers, swords, helmets, medals, and other items, so if you intend to collect militaria beware and do some homework first and invest in some good reference books.

Three very good books are: Military Badge Collecting by John Gaylor. Price 3.25 pound from Seeley Services London, England.

Collecting Militaria by Derek E. Johnson. Price 2.00 pound from Arthur Barker Ltd. 5 Winsley St. London W1.

Wings Of The Canadian Armed Forces, 1913-1972. Major Roy Thompson C.F.B. Shearwater.

My first item in this column will be the Air Crew Europe r. This star is the rarest of eight stars awarded in W.W. II. To be awarded this medal one had to do two months operational flying

from the U.K. over Europe. Service in operations at sea did not count, two bars were issued "Atlantic" or "France and Germany". The ribbon is pale blue with narrow yellow stripes and black edges,

symbolizing the day and night flying of the R.A.F. This star has copies on the market. There are a number of differences, but the most striking is the fact that in the Royal Cypher, the top of the

"V" and "I" are joined in the original, but separated in the copy.

If you have any questions about collecting please feel free to phone me at Local 413 or 339-2559.



M CPL FRANK DAVIS and Cpl. Kevin Cosby display the awards they won for their military collections at the Empress Hotel in Victoria last month.

Ellis photo

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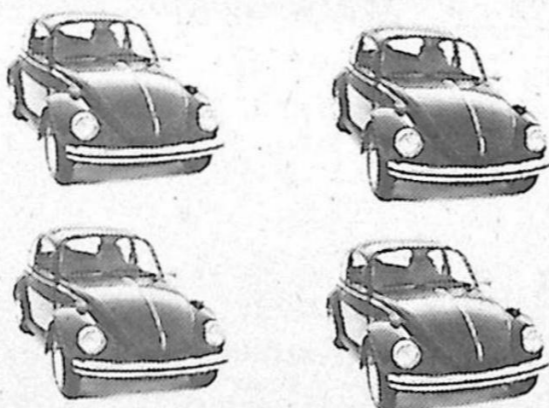
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The 1974 UNICEF Greeting Card Campaign is now underway. Cards and calendars are now on sale at - Super-Value, 194 Augusta Ave., Comox Plaza.

For a quarter of a century, artists, volunteers and you, have helped UNICEF card sales increase a thousandfold, giving hope and a future to millions of children in the developing world.

In the current selection, comprising designs donated by some of the world's leading artists - two Canadian designs are featured - Emily Carr's Forest Landscape II, courtesy of the Vancouver Art Gallery; and M. Dumas' "The Pee Wee" inspired by the Pee Wee Hockey Tournament for children, which takes place annually at Quebec's famous Winter Carnival.

# PMQ Preamble

Most of the activity this week centers around the community Bingo being held this Saturday, November 23, in the Recreation Centre.

The Jackpot of \$100.00 must go. Admission is \$1.00 with cards at 25 cents each or 5 for \$1.00. First eyes down will be at 2000 hrs. Come on out and have fun and at the same time help your community programs.

Your participation helps to cover the costs of programs which cannot be covered by assessments alone. Winter and Summer sports programs and equipment for dependants as well as special entertainment days for the children such as Easter, Halloween and Christmas are a few examples of where the money goes.

One of the aims of the PMQ council is to provide married

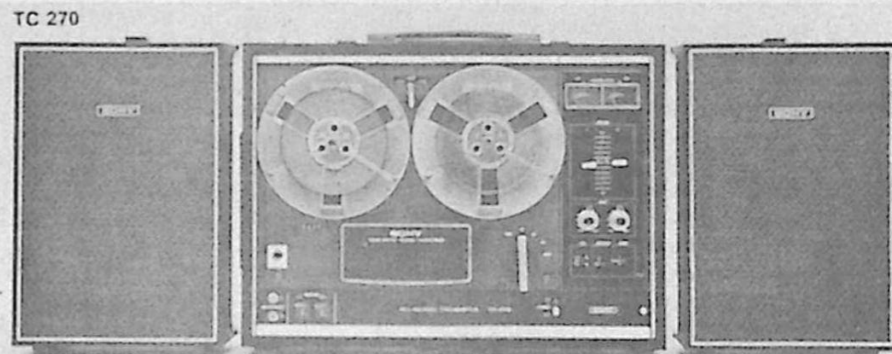
quarters with a facility for organizing and promoting projects, services, and activities of interest, through the co-operative efforts of the residents and organizations to enhance the life of the community. The key to that mouthful is knowing in what you, the residents are interested. If you are dissatisfied or particularly pleased with the way community programs are being run, a short note to the Mayor or a call to your local councillor would be greatly appreciated. Knowing what you as residents would like to see happening in your community will make the work of the council easier. The council needs your interest to succeed in providing what you want.

Why not start with the Community Bingo, Saturday night?

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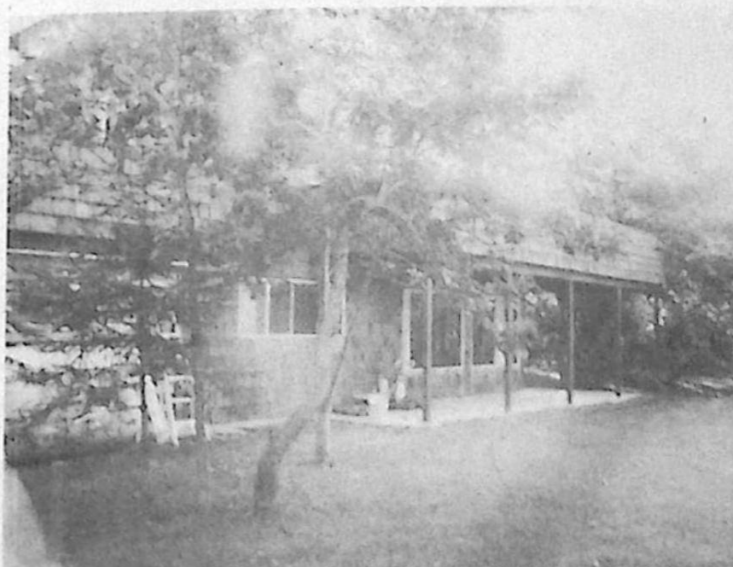
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# Catholic Women's League

The monthly meeting of the CWL, Our Lady of the Airways Chapter, was held in the Parish Hall on November 12th. The President, Mrs. Barbara Arsenault, was in the chair, and eleven members were present. In place of the monthly meeting in October, some of the members attended the Mission held at Canadian Martyrs' Church in Courtenay. A Mass Card was sent to Father Swoboda, our Spiritual Director, on the recent death of his mother. Mrs. Arsenault gave a brief report on the last meeting of the Parish Council. Catechism classes are now progressing well. A church choir is to be organized for Christmas, and anyone interested is invited to join. The annual church cleaning will take place early

in December. Members will be called upon to help out. The ladies are already planning a Gala Christmas Party with Santa and his helpers for Monday, December 16th at Glacier View Home. Everyone enjoyed a very informative talk by our guest speaker, Mrs. Pat Schroeder, on the Charismatic Renewal within the church, which through prayer gives a new awareness to Christianity.

A pot-luck supper is being planned for our December meeting. Ladies, come and join in the festivities. The CWL needs a few new members, so come out to our next meeting and get acquainted. Watch the church bulletin for date and time.

# Tax Tips

(Continued from page 4) income earned from it is considered income of the child. When the allowance is deposited in a parent's personal bank account or in a joint bank account of the parents, any interest income resulting will be included in the income of the parent or parents. An exception to this rule is if the parents can subsequently establish that the source of the funds on which the interest was earned is solely the family allowance payments and it is clearly intended to use the funds for the benefit of the child or children in the future in which case the interest is income of the child. Because family allowance payments are considered income, unless you want to pay more at the end of the taxation year than your employer has deducted from your regular pay cheques, you should ask him to let you fill out a Form TD1. This way he'll deduct more to account for the increase in income and that way you'll be in a better humor.

# Cutbacks Slow Recruiting

(Continued from page 1) tive applicants are staying away. Recruiters get calls asking if they are still in business.

In Quebec, where French-speaking newspapers did not give as big coverage to the proposed reductions as did English language newspapers elsewhere, recruiting has held up fairly well, Col. LaGace said.

The forces lose about 10,000 persons a year. Even if Mr. Richardson allows the size to drop below 79,000 there will be a need to replace most of that number. And in some areas recruitment is not easy — most notably in the combat arms trade. The young people want trades that assist them in civilian life.

For the forces the unexpected drop in recruiting hurts most where they hurt all the time — combat arms.

# You...and the law

By LCOL ARTHUR K. SWAINSON  
Assistant Judge Advocate General, Headquarters - Air Defence Command.

**CO-SIGNING NOTES**  
About three times a month, a serviceman comes to the office and tells me he is being hounded by a finance company because he co-signed a loan for a friend. The serviceman cannot understand why they are not chasing the borrower, and why they are trying to make him pay the whole balance.

Finance companies are in the business of making money and are not overly interested in loaning to people they do not think will pay them back; thus, they often want a co-signer. Co-signers might be barrack block buddies, neighbors, boyfriends, recruit camp acquaintances, or drinking buddies, and they are usually soft touches.

If you are asked to co-sign, regardless of what the borrower or the finance company says, you can be sure that the finance company doubts the ability of the borrower to repay them. If the finance company expert feels this way, why do our servicemen ignore this opinion and blithely sign away thousands of dollars every month.

Remember, if you co-sign,

you are responsible — not for half the loan plus interest, but the whole thing if they cannot collect from the borrower. Often, the borrower makes three or four payments and then leaves the service, or you or the borrower are posted. From a practical point of view, the finance company will chase the man they think they can collect from and if they cannot find the borrower, or do not try too hard, they will go after you.

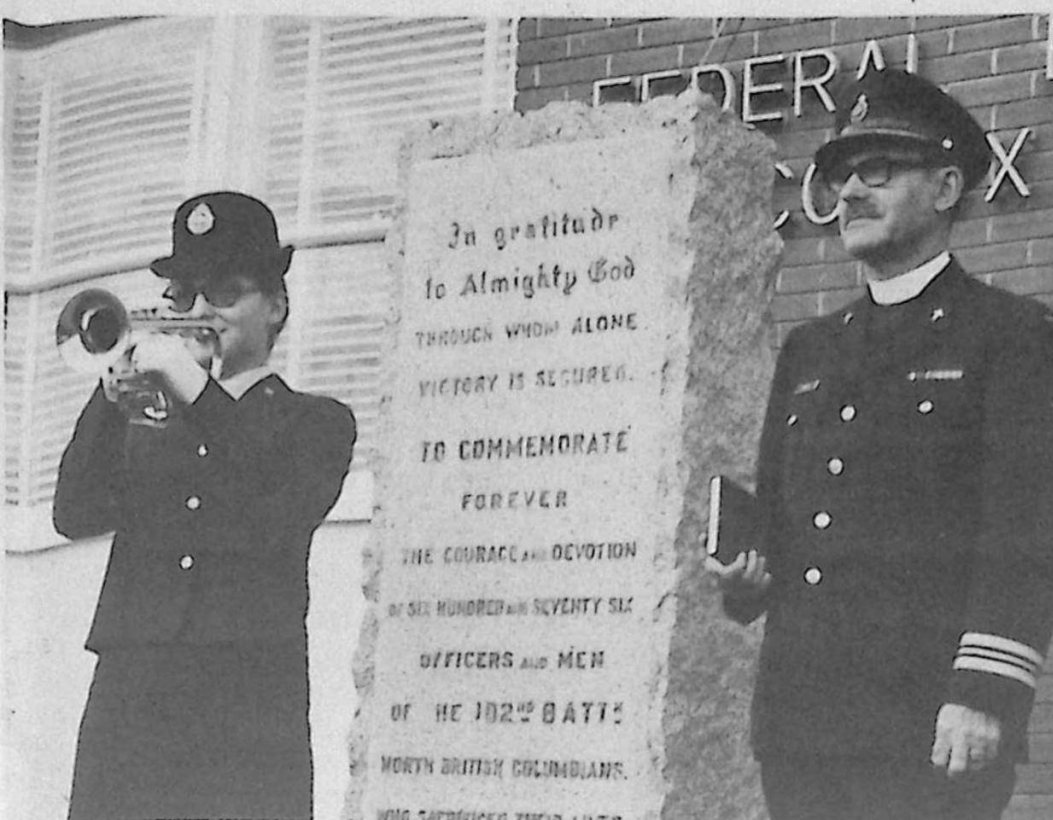
This is not an attack on finance companies, as they operate quite within the law. Also, I am not suggesting that servicemen should never co-sign notes. I do suggest, however, that if you are considering co-signing a note:

- a. examine the borrower's income and debts,
  - b. determine, if you can, if he is planning to leave the Forces or may be released,
  - c. find out what the loan is for,
  - d. get a detailed explanation from the finance company as to your liability and their reason for insisting on a co-signer, and
  - e. be certain you can afford to make the payments.
- Finally, be extremely careful about co-signing for anyone under 18, as the borrower probably has no legal liability at all to repay the loan.

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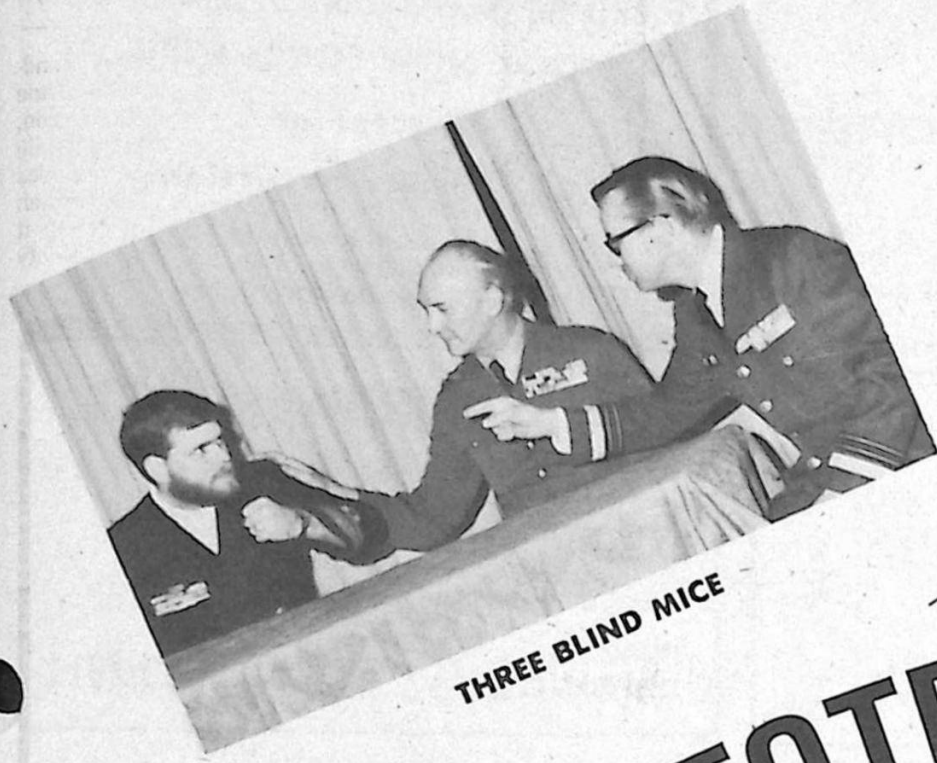
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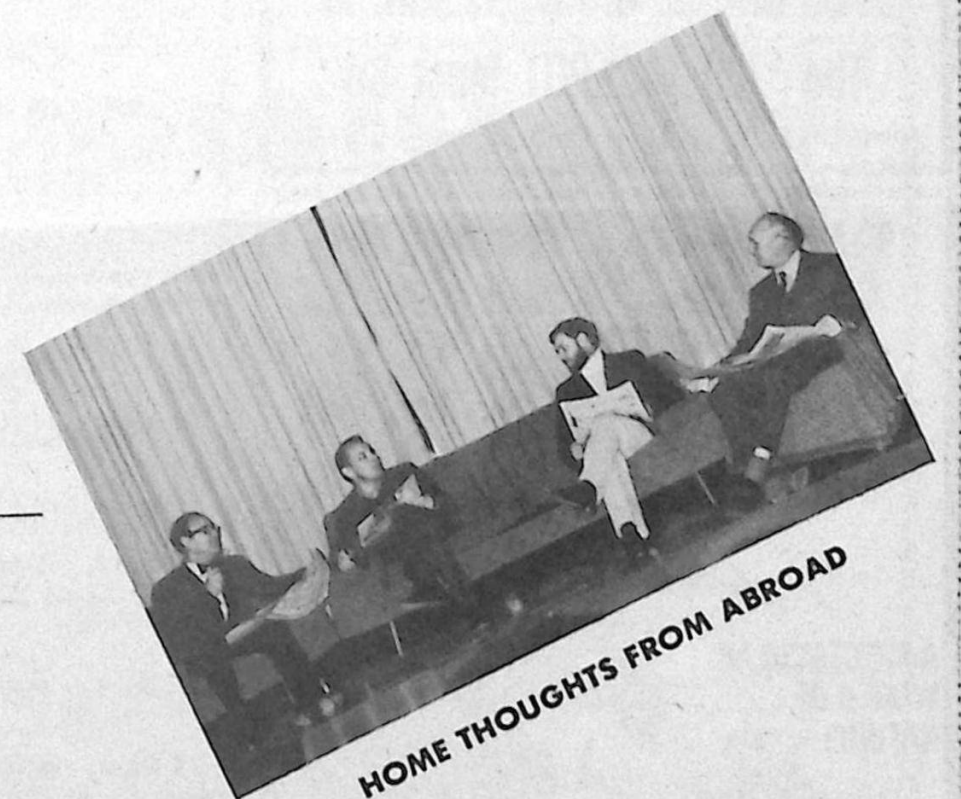


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**ASH WEDNESDAY** Showtime 2000 hrs to 2155 hrs Elizabeth Taylor Helmut Berger Open Surgical Wound

**PAUL NEWMAN**  
IN THE LIFE AND TIMES OF  
**JUDGE ROY BEAN**  
If this story ain't true... it shoulda been.  
PAUL NEWMAN in a FIRST ARTISTS Production A JOHN HUSTON Film "THE LIFE AND TIMES OF JUDGE ROY BEAN" - Guest Stars JACQUELINE BISSET TAB HUNTER - JOHN HUSTON - STACY KEACH - RODDY McDOWALL ANTHONY PERKINS - VICTORIA PRINCIPAL - ANTHONY ZERBE and AVA GARDNER as Lily Langtry - Music Composed and Conducted by MAURICE JARRE - Song "Marmalade, Molasses and Honey" Lyrics by MARILYN and ALAN BERGMAN - Sung by ANDY WILLIAMS - An Original Screenplay by JOHN MILIUS - Produced by JOHN FOREMAN - Directed by JOHN HUSTON PANAVISION® TECHNICOLOUR® A National General Pictures Release  
Fri 29 Nov Sat 30 Nov Sun 1 Dec Showtime 2000 hrs to 2210 hrs Paul Newman The Life and Times of Judge Roy Bean

**THE OTHER** Showtime: 2000 hrs to 2155 hrs  
Wed 4 Dec Thur 5 Dec Fri 6 Dec  
Sat 7 Dec Sun 8 Dec **CHINESE PROFESSIONALS** Restricted Kung Fu WARNING: Brutally Violent Picture  
**SATURDAY MATINEES**  
Sat. Mat., 23 Nov. **WIZARD OF BAGHDAD** Showtime: 1400 hrs to 1550 hrs  
Sat. Mat., 30 Nov. **HIGH WIND IN JAMAICA** Showtime: 1400 hrs to 1555 hrs  
Sat. Mat., 7 Dec. **SMILEY GETS A GUN** Showtime: 1400 hrs to 1550 hrs

# Defensive Skiing

In the 1973-74 season there were 361 skiing accidents at Forbidden Plateau. 90 per cent of all these accidents could have been prevented by any of the following tips:

The most important part of your skiing equipment is your body, so take care of it and get in shape before the snow comes. Run, walk, swim, cycle or better, join a ski fit class. It could save you a lot of pain, time and money.

Your boots become part of your leg once tightly buckled. Make sure you have a good fit. A loose boot could help sprain or break your ankle. A medium high boot gives your leg maximum braking point as your tibia gets stronger higher up your leg. Some forward flex of the boot is also desirable for a non-expert skier.

Bindings are the most neglected and abused part of most skiers' equipment. A ski binding is like an electric circuit breaker, protecting you in case of an overload by disconnecting the circuit. The same thing applies for a binding, releasing the boot from the skis which act as a lever on your foot. Bindings should be calibrated to the

skier's tibia size or weight and ability, something only a qualified ski mechanic can perform. The test is not expensive and some shops even offer this service free of charge. They could also detect malfunctions unnoticeable to the untrained eye.

Anti-friction pads are also very important as without them your bindings' efficiency in a forward fall could be reduced by 90 per cent. Bindings should be kept free of dirt and salt and regularly sprayed with silicone. Your skis also play a role in preventing accidents as most injuries occur during or after a fall. The fewer times you fall, the less chance of injuries. A concave base, rough edges and too long a ski for your ability could produce unnecessary falls.

Also taking a few ski lessons will help a great deal.

Just spend a few minutes checking your equipment over and have it tested before the snow comes. If you put all these tips in practice you will be safe and happy and also will not need us on the slopes.

Mike Fournier,  
Ski Patrol Supervisor



"ON SNOWY SLOPES or injured in bed ... your choice!"  
Barkley photo

## Master Bowler YBC Jr. Tourney

On Sunday, Nov. 3 a Master Bowler-Junior Tournament was held at the CFB Comox bowling lanes. Nine Master Bowlers participated bowling with 18 girls and boys from the Y.B.C. Junior League. After each Master Bowler had bowled six games, and every girl and boy three, the winners were:

1st - Art Zielke, Master Bowler. Margaret Jones, Junior; Raymond Limber, Junior +412

2nd - Ron McRae, Master Bowler; Diane Earl, Junior; Brent Harson, Junior +349

3rd - Joan Dolg, Master Bowler; Karen Tucker, Junior; Daryle Engelmeyer, Junior +301

**C F B B O W L I N G H I G H L I G H T S**

**LADIES LEAGUE**  
Standings: Ookpik 21½; Misfits, 17; Happy Hookers, 16; Meladies, 15; Half & Half, 14; B.O.P.S., 14; Mixettes, 13½; Ding-a-lings, 13; Larks, 12; Thunderbirds, 11; Rorettes, 10½; Cheerios, 10½

**Team High Three: Season Meladies +406; Weekly Meladies +239**

**Team High Single: Season, Mixettes +252; Weekly, Meladies +135**

**Ladies High Three: Season F. Brooks, 736; Weekly E. Prime 649**

**Ladies High Single: Season, E. Prime 317; Weekly, E. Prime 251.**

**SUNDAY MIXED LEAGUE**  
Standings: Korner Pins, 13; Bolts & Nuts, 12; Misfits, 11; Kibitzers, 10; Beer Frames, 8; Camels, 7; Dry Gulchers, 7; Cabbage Rolls, 6; Halliday's Wrecks, 6; Boozing Bowlers, 6; Thunder & Lightning, 5; Alley Cats, 5

**Team High Three: Season, Bolts & Nuts 3675; Weekly, Bolts & Nuts, 3675.**

**Team High Single: Season,**

**Bolts & Nuts 1311; Weekly, Bolts & Nuts 1311.**

**Men's High Three: Season Cliff Perry, 802; Weekly, Cliff Perry, 802**

**Men's High Single: Season D. Tucker 308; Weekly H. Justus 306.**

**Ladies High Three: Season M. Carr-Hilton, 754; Weekly Lila Tucker 726.**

**Ladies High Single: Season Lila Tucker, 316; Weekly Lila Tucker, 316.**

**WEDNESDAY MIXED LEAGUE**  
Standings: Nanaimo Realty 10; B.C.'s, 9; 4 Plus 4's, 9;

**Slow Pokes, 7; Mixers, 7; Harris Hero's, 7; Odd Couples, 6; Gerital, 5.**

**Team High Three: Season B.C.'s 3719; Weekly, Harris Hero's, 3431.**



RECENT GRADUATES OF the Base Defence Force course, Privates Elaine Marston, Barb

Benoit and Kathy Dykman, present arms and score another first for Base Supply  
Manson photo

**Team High Single: Season B.C.'s 1317; Weekly, Harris Hero's 1240.**

**Men's High Three: Season J. Ball 800; Weekly, P. Semon 773.**

**Men's High Single: Season C. Taylor 336; Weekly L. McCormack 304.**

**Ladies High Three: Season B. Carter, 715; Weekly, D. Meider, 653.**

**Ladies High Single: Season C.**

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"WOOD Y'ALL BEELEAVE der are 632 folks lost in deez here hills??"

## The Investigators

By DAVID FOLSTER (11 years)

One day when David Zielke JJ were racing his cars, we heard a shriek. As fast as we could we went to where it came from. When we got there, there were two little girls having a shrieking contest.

After that, David and I went to an auction. We came as the last thing was being auctioned. It was a chest with old gypsy clothes in it. I bid one dollar. An old lady bid fifty dollars but the man had already said "Gone". David and I carried the chest off the stage and started on the way home. The old lady came up to us and offered us the fifty

dollars that she had bid. We thought it over and we agreed to sell the chest for fifty dollars. We each got twenty five dollars.

When David and I got home we showed the money to David's Dad. He took it to the police. They told us that the money was phoney. We went and found the old lady's house to investigate the crime. We jumped in through a window and she ran up to the front door where the police were waiting for her. They arrested her for counterfeiting but she said they had no evidence. David and I came out carrying the chest and said "Oh yes we have! A whole chest full."

## Curling Capers

The C.V.L.C.C. Club Bonspiel was held on the weekend November 15 and 16. There were a total of 18 rinks entered playing for prizes and in 3 events. On behalf of the Ladies Club I would like to thank our Sponsors "A" Event - Bonnie's Ladies Wear, "B" Event - Graham's Jewellers and "C" Event - Laver's Department Store for donating the prizes for the first place winners. Engraved pins were presented to the runner-up rinks from the Ladies Club.

Results of the Bonspiel were as follows:

1st "A" Event - Bonnie's Ladies Wear: Skip, Mary Davie; Third, Collette Creamer; Second, Nancy Gerber; Lead, Dorothy Radcliffe.

2nd "A" Event - Skip, Muriel Fielding; Third, Rose-Ellen Hoffman; Second, Olive Cretney; Lead, Vicki Laboe

1st "B" Event - Graham's Jewellers - Skip, Sharon Hastings; Third, Chris Erickson; Second, Nan McConochie; Lead, Charlotte Galik.

2nd "B" Event - Skip, Dot Thompson; Third, Ann Marshall; Second, Irene McMurtrie; Lead, Freda Sewell

1st "C" Event Laver's Dept. Store - Skip, Ev Staples; Third, Alice Rahn; Second, Mary Black; Lead, Judy Cameron.

2nd "C" Event - Skip, Lee Lindsay; Third, Evelyn Robinson; Second, Roberta Morris; Lead, Irene Taylor.

These finals were all close and very exciting games. There were many outstanding curlers and I would like to congratulate Dorothy Radcliffe on curling such a terrific

game as Lead for Mary and Collette and Nancy on their fantastic sweeping. Mary as usual curled superbly.

Sharon Hastings in her first year as Skip did a superb job and her team had their draw weight just perfect. Mother Nan was pretty proud of her and so was I.

Dot Thompson and her girls all curled well, Irene as second did a terrific job.

Ev and Lee had a great game with good curling by all the girls. Lee's team had to take the prize for stamina as they had 5 games Saturday back to back with only a break for supper.

Congratulations to Marlene Petersen and her committee for the lovely supper.

To those who won my congratulations, to those who did not, better luck next year.

-----

This seems to be the year for 7 enders. On Tuesday November 12 in the Ladies Night League Kay Dick's rink scored a 7 ender. Curling with Kay were Linda Grant, third; Dot Thompson, second and Nellie Taylor, lead. Congratulations girls.

-----

There will be 6 teams from the Qualicum Ladies Curling Club travelling to Courtenay to compete for the Challenge trophy on December 6 at 11:00 a.m. This trophy was put up by the C.V.L.C.C. several years ago to promote good will and social curling amongst the clubs on the North of the Island. The Ladies will be serving a luncheon with curling following.

-----

Congratulations to Chuck Perry being elected as president of the Vancouver Island Curling Association. I am sure Chuck will do an

outstanding job in this position.

-----

**Ladies Playdown Dates:**  
The Senior Ladies District Playdowns will be held at Qualicum January 20th. Deadline for entries is November 26.

The North Island Ladies Playdowns will be held at Campbell River January 10, 11 and 12 and the District Playdowns at Esquimalt January 24, 25 and 26. Deadline for entries is November 26.

Start thinking about these playdowns Ladies and get your entries in.

The Ladies Open Bonspiel March 7th, 8th and 9th is filling up fast so if you want to put in a rink get your entry and deposit in to ensure your position. Get in touch with Heather Hayward or put your entry on the form at the rink.

I would also like to remind you of the Open Mixed Bonspiel at the C.V.C.C. to be held January 31st, February 1st and 2nd. These bonspiels are popular and fill up fast so if you are interested get your entry in early to avoid disappointment.

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**SHOCK ABSORBERS INSTALLED**

THIS WEEK ONLY

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**\$10.95** Most Cars  
INSTALLATION EXTRA Lifetime Guarantee

**WINTER PATROL**

Four plies of smooth riding polyester. Deep tread with sturdy traction lugs give go-power in deepest slush or snow.

**UNIROYAL CENTRES**

**YEAR END SALE**

**YES!** We are clearing our stock of 1974 Mobile Homes up to Nov. 30th.

**YES!** They are all brand name homes - Safeways - Fleetwoods - Chancellors - Frontiers.

**YES!** We have locations available to set these homes on.

**YES!** You can choose from Spanish, Colonial or Contemporary decors.

**YES!** We have an NHA approved 3 bdrm. 1152 sq. ft. modular home, and a 3 bdrm. 2 bath doublewide.

**YES!** There are two and three bdrm., large and small homes to choose from. 12 x 48 to 12 x 68 sizes.

**YES!** They are all guaranteed and have a one year service warranty.

**YES!** The price you pay includes delivery, set-up and sales tax.

**YES!** You are your own salesman! Make your offer on any home and if it's over our cost, you've got yourself a deal.

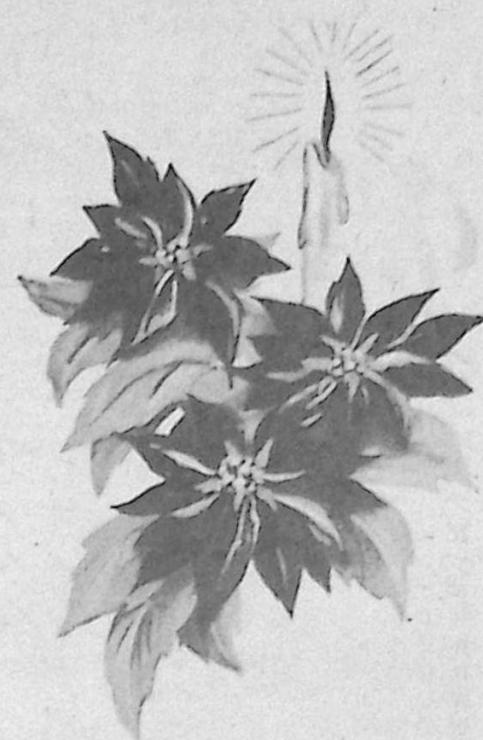
**NO! THIS SALE DOES NOT EXTEND PAST NOV. 30.**

**BARRS MOBILE HOME CENTRE**



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Base Exchange Staff  
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Christmas Shopping*



**NOW  
FOR CHRISTMAS**

**"BULOVA" — WATCHES and CLOCKS**

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**"GOOD SELECTION OF" -**

ARTIFICIAL CHRISTMAS TREES  
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ALSO XMAS CANDY AND CHOCOLATES

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JUST ARRIVED - NEW SHIPMENT OF: PLYWOOD - ARBORITE - STAINS

"BAYS FOR RENT - RESERVE NOW"

**OPEN:** MON TO FRI 1800 - 1900 Hrs  
SATURDAYS 0900 - 1600 Hrs  
Sundays CLOSED

## SERVICE STATION

EFF. 1 DEC 74 - PARTIAL MECHANICAL SERVICES WILL AGAIN BE AVAILABLE.

Now is the time for:

WINTER TIRES - WINTER TUNE-UPS -  
NEW BATTERIES - CHECK YOUR ANTI FREEZE.

## Gift Certificates available

Redeemable for Merchandise  
only at Base Exchange, CFB Comox,  
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Specimen  
Only

Available in \$5.00 and \$10.00  
Certificates at the Base Exchange  
Retail Store Special Order Office

"AN EXCELLENT GIFT"



### FESTIVE SEASON HOURS OF OPERATION

#### BASE EXCHANGE — RETAIL STORE & SNACK BAR

<b>10 NOV - 14 DEC 74</b> SUN CLOSED *MON 1200 - 1700 hrs TUE 1200 - 1700 hrs WED 1200 - 2030 hrs THU 1200 - 2030 hrs FRI 1200 - 1700 hrs SAT 1000 - 1600 hrs	<b>15 DEC - 21 DEC</b> 15 - 1200 - 1600 hrs 16 - 1200 - 2030 hrs 17 - 1200 - 2030 hrs 18 - 1200 - 2030 hrs 19 - 1200 - 2030 hrs 20 - 1200 - 1700 hrs 21 - 1000 - 1600 hrs	<b>22-28 DEC 74</b> 22 - 1200 - 1600 hrs 23 - 1200 - 2030 hrs 24 - 1200 - 1600 hrs 25 - CLOSED 26 - CLOSED 27 - 1000 - 1600 hrs 28 - 1000 - 1600 hrs
--	--	---

\* CLOSED: 11 NOV 74      25 and 26 DEC 74      1 and 2 JAN 75

Snack Bar opens for Coffee at 0900 hrs daily when Retail Store is operating.  
**NOTE:** Retail Store & Snack Bar open on Wednesday evenings from 13 Nov and see  
15 Dec thru 24 Dec. for extra hours for your shopping convenience.  
Open regular hours again Fri 3 Jan 75.  
CLOSED for Stock Check 26-27-28 Jan 75.

#### BASE EXCHANGE - SERVICE STATION

<b>1 NOV - 21 DEC 74</b> Sun - 1200 - 1600 hrs Mon - 0800 - 2100 hrs Tue - 0800 - 2100 hrs Wed - 0800 - 2100 hrs Thu - 0800 - 2100 hrs Fri - 0800 - 2100 hrs Sat - 0900 - 1700 hrs	<b>22 DEC 74 - 5 JAN 75</b> 1200 - 1600 hrs 22 & 29 DEC 0800 - 1700 hrs 24 & 31 DEC CLOSED 25 DEC & 1 JAN CLOSED 26 DEC - Open 2 Jan 75 0800 - 2100 hrs 27 DEC & 3 JAN 0900 - 2100 hrs 28 DEC & 4 JAN 1200 - 1600 hrs 29 DEC & 5 JAN
---	---

REGULAR HOURS OF OPERATION AGAIN 2 JAN 75.

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accepted until 31 Dec 74 with normal  
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**MASTERCARD AND CHARGEX AVAILABLE NOW!**



## Driving

We have a special reason for asking. This is the time of year when your personal safety program needs attention and the items that need it most are you and your motor vehicle. Why? Because motor vehicles are the leading causes of deaths and disabling injuries and because at this season of the year, driving conditions change drastically, placing more demands on you and your vehicle.

Consider our local area for the hazards of winter. Our temperature range almost guarantees some "wet" ice conditions when the road surface will be twice as slippery as at colder temperatures; our visibility is usually restricted during the winter months by mist, fog, rain, sleet or snow.

So you've just-a-come from Portage la Prairie and you know all about winter driving? You've come a long way baby! But you've still got a lot to learn! Wait 'til you try our local brand of black ice,

deep slush, super heavy snow, narrow roads and (let's hear it - prairie dogs!) HILLS! And if you like these, be sure to try our weekend special - logging roads and ski hills.

There are five main areas to remember for safe winter driving - visibility, steering, speed, stopping and the danger of carbon monoxide from engine exhausts.

**VISIBILITY**  
See and be seen. Take time to scrape the frost or snow from all windows and your head and tail lights before you start off, and don't forget the air intake, so your heater and wipers can work efficiently. Have your windshield wipers and washer system checked so you can clear the windshield quickly of road splatter, rain or snow.

**STEERING**  
Keep tires up to normal pressure and avoid sudden turns or oversteering. Watch road conditions ahead and anticipate skids or "hydroplaning". Signal your in-

terventions in advance and make lane changes gradually. Should a skid occur, don't jam on the brakes, which makes steering impossible, take your foot off the gas and steer in the direction that the rear of your car is sliding. Straighten your wheels when you "feel" recovery.

**SPEED**  
Keep your speed down. Avoid spinning the wheels or rapid acceleration. Keep well back of the car ahead and anticipate the distance required to stop.

**STOPPING**  
Slow gradually - never jam your brakes on. Use a gentle pumping action, alternately applying and releasing the brakes to keep steering control.

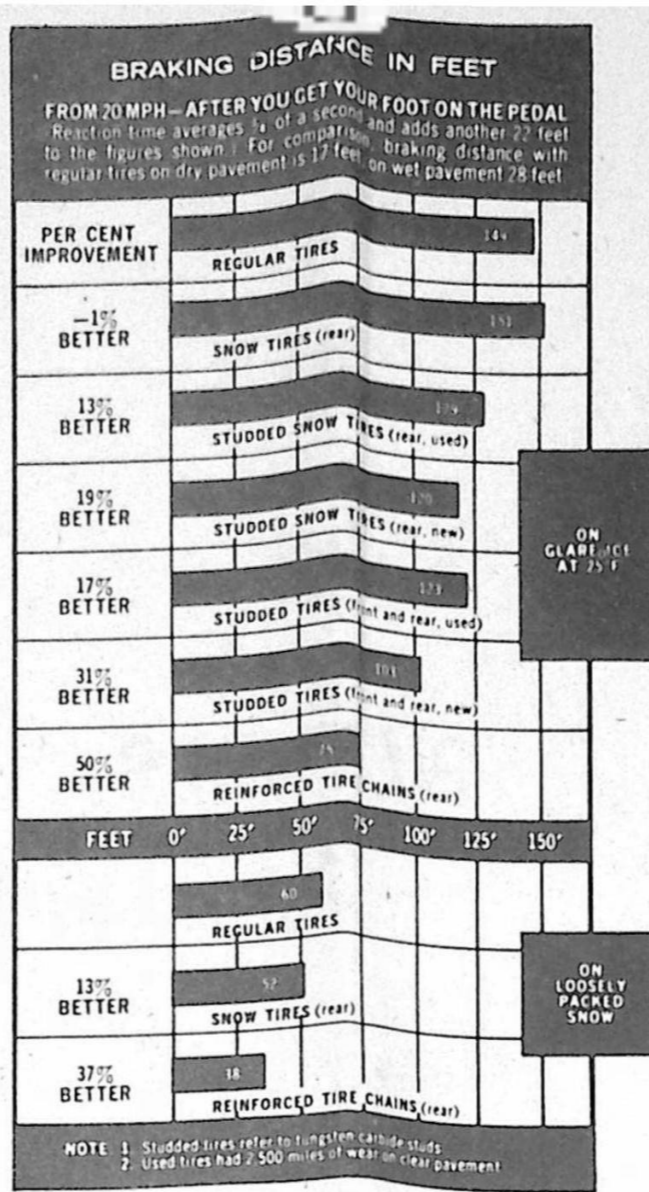
**CO**  
Have the entire exhaust system checked for leaks and never run a car in a closed garage. Carbon monoxide is called "the Silent Killer".

You don't need to be a genius to remember how to drive safely in winter. Just exercise common sense and these rules:

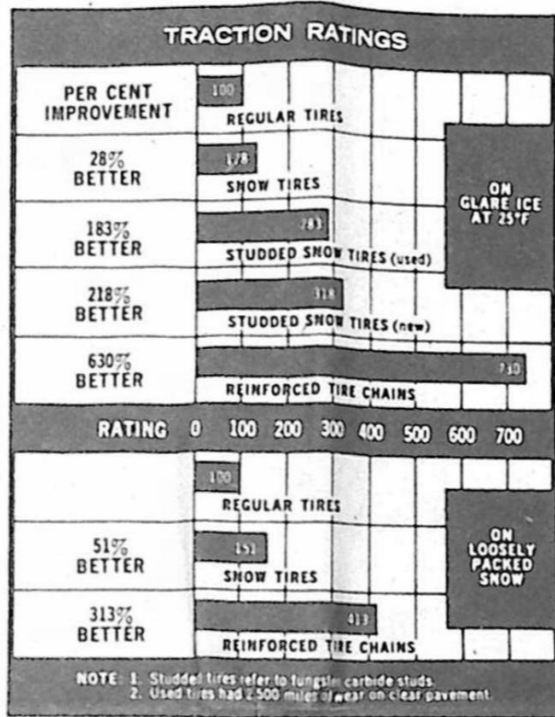
1. Get your car ready
2. Be able to see danger.
3. Know how to go ... and keep it slow
4. Steer steady, anticipate stops

Diagrams and charts courtesy of National Safety Council

During winter weather conditions, railroad crossings can be extremely hazardous to the driver. Icy roads make it difficult to stop in time if a train is approaching, and car windows closed to keep out the cold can muffle the sound of a train's whistle. The B.C. Automobile Association advises all motorists to approach railroad crossings with extreme caution.



• Traction-action is the key to winter "go." The advantages of snow tires, studded tires and tire chains are shown by this chart on starting ability.



• Most states limit the use of studded tires to certain winter months and they are prohibited in some states and in at least one Canadian province. Check the law where you drive.

• If you have studded or regular snow tires, keep speed down on dry roads to prevent excessive heat build-up which could lead to a blowout.

To retain battery efficiency when starting your car on cold mornings, the B.C. Automobile Association recommends the following procedure: Push the gas pedal all the way to the floor and release it halfway. Do not grind the starter for more than 30 seconds. If necessary make repeated attempts

every 30 to 45 seconds. If the engine floods, shut off the ignition, push the pedal to the floor again, and hold it there a full minute. Then with the pedal still on the floor, turn the starter. Any excess gasoline will then drain through the manifold, leaving enough fuel remaining to give the car a proper start.

CALL TOTEM TIMES  
AT LOCAL 461 OR 469  
DURING NORMAL  
WORKING HOURS.



FOR HIS PROPOSAL that an aluminum foil tray be used when disposing of explosives by burning, MCpl R.G. Haggerty has received a cash award from the DND Incentive Award Plan. Major Al Haan is shown presenting a cheque along with a Certificate of Award to MCpl. Haggerty on behalf of the Board.

## Bolts, Rivets and Machines

The following is a product of forced labor. You know the old saying about a shot gun wedding? Well, now you are witnessing a shot gun column-writing. It's hard to think of brilliant ideas with a gun in your back, but here goes.

John is away on his vacation in Quebec. Poor Al was left alone to tend with Nancy and Brenda.

Since inflation has risen so greatly, Scotty suggested that the price of gifts should also. He is hoping we all remember this comment when he leaves next spring.

Everyone from workshops (whether they realize it or not) wants to congratulate Sgt. Rennie on completing his Warrant Officer course.

Someone was looking for Lou the other day. When he was told about it, he said, "Ah, forget about it; people are only after my body anyway!"

The work flow has built up greatly since Bill the carpenter was away for the last two weeks. You can hear, "The tension is getting to me" streaming out of his section.

Motorists should beware of icy conditions on bridges and overpasses during the winter and spring months, according to the B.C. Automobile Association.

Roadways on these structures may be iced over, even though highways are generally bone dry, because winds blowing beneath bridges quickly cool the steel and concrete while the soil beneath adjacent roadways acts as a "heat pad", the BCAA explains.

Maybe he needs an assistant; it would be good OJT for Mary. If you find this column is uninformative, unamusing, and just plain dull, please send all your complaints to: Sgt. Williams care of Workshops Local 283.

Shop till 9 P.M.

MONDAY - FRIDAY

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## FINLAYSON'S

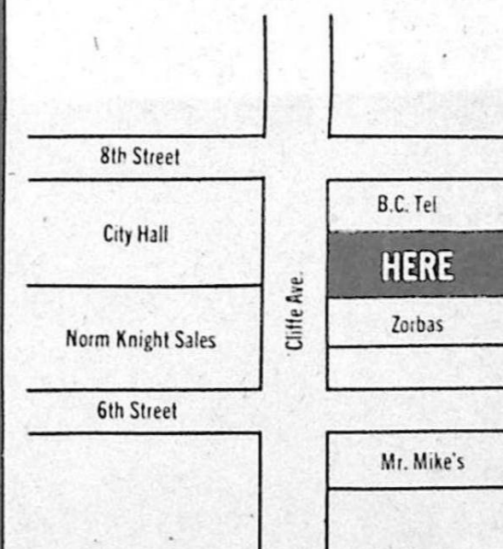
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\$70,000 STOCK  
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IS NOW IN  
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In one location only  
- Our New  
Temporary Warehouse.

SALE CONTINUES UNTIL  
\$70,000 STOCK HAS  
BEEN CLEARED.



DOOR PRIZE: DINNER AND TRIMMINGS  
FOR 2 AT THE OLD HOUSE RESTAURANT

We have to have a Sale. Our space problem has been caused by early delivery of merchandise which should be arriving in January, February, March and April 1975. We have run out of storage space and must move \$70,000 in stock - The bargains are "Genuine Bargains". So shop early and save.

\$100 DOOR PRIZE GIFT CERTIFICATE  
TO BE DRAWN AT END OF SALE

## Arena News

The records may not be too accurate, but if score sheets are not turned in to the arena office, this is what happens. Let's be sure the score sheets are turned in.

The broomball league is finally getting some good turnouts. Remember starting time is 1200 hours sharp, guys.

In the intersection "A" league, the local police squad could really use some help. They are really taking a wiping at the hands of every team. Maybe they should stop writing tickets, and take some time off to practice hockey. The recreation league is off

to a tremendous start with participation around the fifty mark for the four teams.

The league officials have decided not to keep statistics, as the main objectives are participation and enjoyment. In fact, the involvement has been so strong, a meeting is to be set up for expansion within the league.

### MOUTHGUARDS

Remember, they are essential for lal leagues, and the Base Dental Clinic will provide a form fitting mouthguard for all participants. It's a fine service; take advantage of it!

### BROOMBALL STANDINGS:

407A  
MP's  
FIREHALL - HQ  
442-409 - USAF  
407B

	W	L	T
407A	3	1	1
MP's	2	1	1
FIREHALL - HQ	1	3	1
442-409 - USAF	1	2	1
407B	1	3	0

### HOCKEY: INTERSECTION "A" LEAGUE

409  
407  
442  
MP's

	W	L	T
409	4	1	0
407	3	2	0
442	2	1	0
MP's	0	5	0

## DINERS ISLAND

(BY THE COURTENAY BRIDGE) COURTENAY, B.C.

TOP BAND

"THE ROGUES" - Nov. 22 & 23

"TIDESMEN" - Nov. 29 & 30



YOUR ALL  
PURPOSE  
RESTAURANT

"AIR  
CONDITIONED"

CHINESE FOOD  
TAKEOUT

Chinese & Canadian Foods  
Charcoal Broiled Steaks  
Fresh Local Sea Foods

DINE AND DANCE NIGHTLY  
Starting 10:00 p.m.

LIVE MUSIC FRIDAY AND SATURDAY  
Starting 10:00 p.m.



BRUCE SINCLAIR ACCEPTS his silver citizenship badge from Mayor Nichols.

# AKELA SAYS IN PICTURES



"AND YOUR change sir"



DANNY BRYSON RECEIVES his silver citizenship badge from Mayor Nichols while the scout master looks on with approval.



MEL HORSEMAN EXPLAINS the importance of the award Paul Faulkner received for the Scout Troop



TERRY WRAY receiving his scout pin from Mel Horseman, District Rep.



"PRACTICING MORSE CODE" on amateur radio day



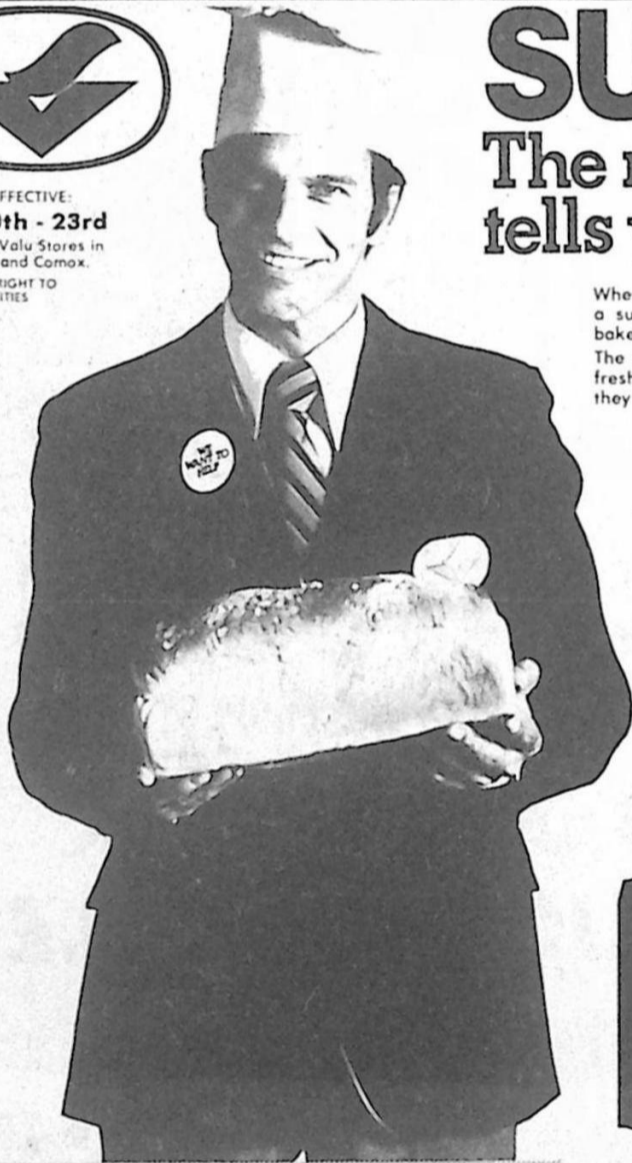
"TALKING TO faraway places"



SCOUT MASTER Graham Wilson welcomes Mayor Nichols in the campfire circle.



PRICES EFFECTIVE:  
NOV. 20th - 23rd  
At all Super-Valu Stores in  
Courtenay and Comox.  
WE RESERVE THE RIGHT TO  
LIMIT QUANTITIES



## SUPER-VALU BAKERY is SUPER!

The man in the Red Jacket tells you why...

When you get quality, variety and freshness without paying any more it adds up to a super buy... especially when you enjoy friendly service from experienced bakers who are anxious to give you every satisfaction. The moment you enter a SUPER-VALU store you get that first appetizing whiff of fresh baking, you are sure that the bakery selections are fresh... so fresh that they are being baked while you wait.

Buns, cakes, biscuits, specialty selections and over 30 varieties of bread are baked by our own master bakers right in the bakery department using the very finest ingredients... and every one is as delicious as it looks... we guarantee.

"OVEN FRESH" • FAMILY SIZE  
**SLICED BREAD**  
2 95¢  
24 oz. Loaves

OVEN FRESH PRODUCTS AVAILABLE ONLY AT SUPER-VALU STORES WITH IN-STORE BAKERIES. BAKE OFFS OR BAKERY SERVICE COUNTERS.

<b>Potato Chips</b> 8 1/2 oz. Pkg. 55¢	<b>Assorted Peas</b> 3 1/4 oz. Tins 95¢
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OVEN FRESH  
**APPLE PIES**  
8" Each 99¢

OVEN FRESH  
**Hamburger or Hot Dog BUNS**  
Doz. 69¢

OVEN FRESH  
**JELLY DOUGHNUTS**  
6 for 85¢

OVEN FRESH  
**Mini Danish ROLLS**  
6 for 99¢

MARTHA LAINE  
**FRUIT CAKES**  
3 lb. pkg. 2.99

OVEN FRESH  
**ASSORTED COOKIES**  
1 1/2 Doz. 99¢

**Bathroom Tissue**  
4 Roll Pkg. 89¢

**Large Eggs**  
Gr. A Doz. 79¢

**Bread Dough**  
White or Brown PKL. OF 5 LOAVES 1.19

**Pork Butt ROAST** 89¢  
**PORK SIDE SPARE RIBS** 99¢  
**PORK LOIN into CHOPS** 1.29

**FRYING CHICKEN BREASTS** 99¢  
**Blade or Short Rib Roast** 1.19  
**Dinner Sausage** 89¢

**BACON** 1.39  
**Sliced Bologna** 89¢  
**Wieners** 89¢

<b>Dill Pickles</b> 87¢	<b>Strawberry Jam</b> 1.15	<b>Coffee</b> 1.99
<b>Cling Peaches</b> 63¢	<b>Cookies</b> 1.75	<b>Margarine</b> 2.19
<b>Tea Bags</b> 65¢	<b>Sockeye Salmon</b> 1.09	<b>Mixed Nuts</b> 77¢
<b>Egg Nog</b> 89¢	<b>Ice Cream</b> 3 for 1.09	<b>Tomato Juice</b> 55¢

**SUPER-VALU GIFT CERTIFICATES**  
SAVE TIME AND MONEY  
2.50 ☆ 5.00  
7.50 ☆ 10.00

**N.H.L. ACTION PLAYER PICTURE PACKS**  
Free at SUPER-VALU "Action Player Packs". Every time you visit SUPER-VALU you get a pack of eight free player pictures to save in your album. You also get a free money-saving coupon... so many saves money, while dad and the kids save Action Players. Check your NHL Players Picture Packs for Money Saving Coupons; good on all featured Standard Brands Products. One pack free per family, per day, to any member over 16 years of age.

**N.H.L. ACTION PLAYERS SPONSORING PRODUCTS**

Champion Dog Food 4.15	Chickens 89¢
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Instant Dog Food 1.00	Salmon 1.00

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**LO BOK** A tasty Chinese vegetable... lb. 29¢  
Christmas Cactus Now available

**SUPER-VALU**  
More than the value is super and we're proving it every day